

Diagnosis of ENT Disorders: You Make the Call

A127 Audience Response Case Discussion

Ellen S. Deutsch, MD, FACS, FAAP

Al duPont Hospital for Children, Wilmington, DE

Bruce R. Maddern, MD, FACS, FAAP

Jacksonville, FL

Faculty Disclosure Information

- In the past 12 months, we have not had significant financial interests or other relationships with the manufacturers of products that will be discussed in our presentation.
- This presentation will include discussion of pharmaceuticals which are not approved by the FDA or “off-label” uses
 - Medications to inhibit or treat
 - Scar formation
 - Recurrent respiratory papillomas
 - Otorrhea
 - Lymphangioma

EARS





Family reports acute otitis media a couple of weeks ago, which seemed to have resolved. Otherwise she was well until this morning.

On examination, there is no tragal tenderness, canal edema or otorrhea.

Acute Coalescent Mastoiditis



Notice:

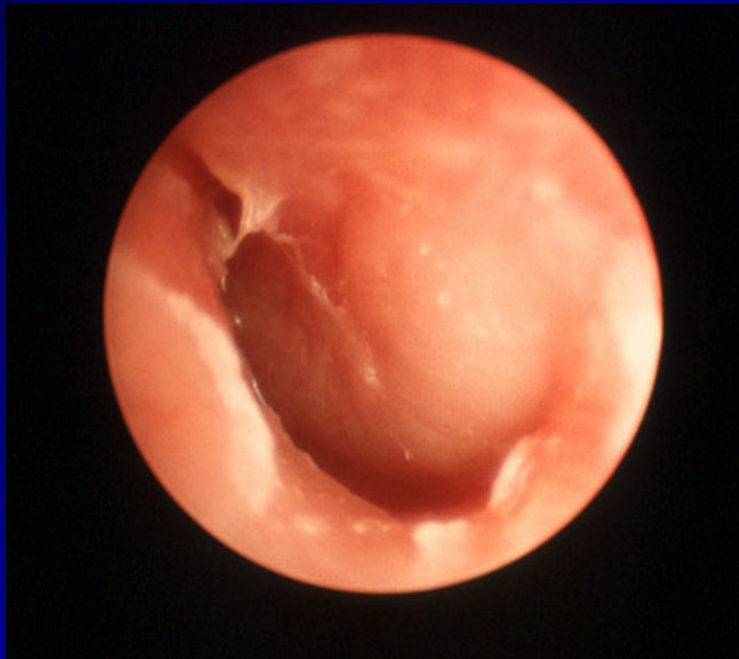
Pinna is “down and out”

Effacement of post-auricular sulcus

Epicenter is over the mastoid antrum



Acute Coalescent Mastoiditis



Acute Coalescent Mastoiditis

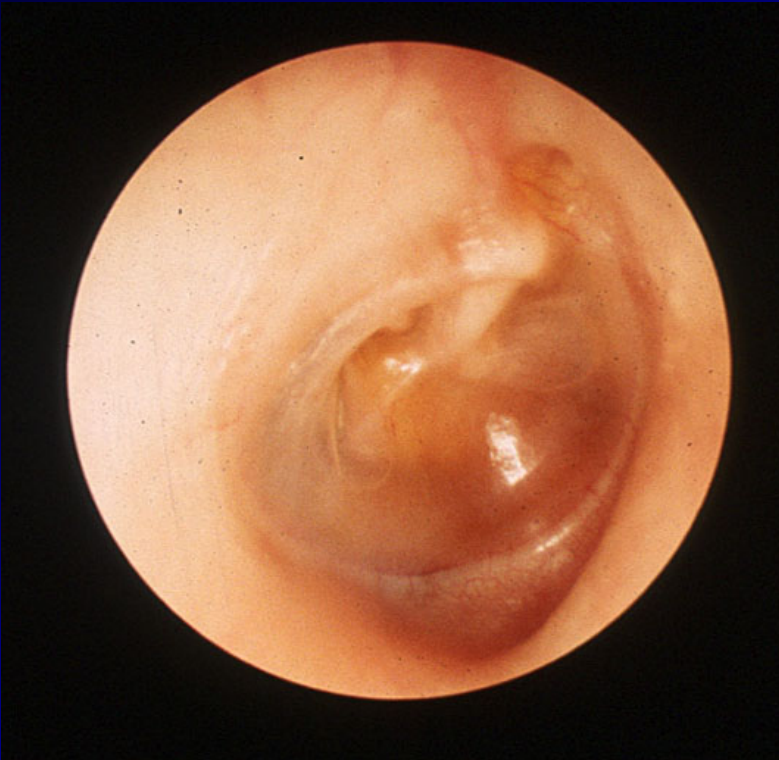
Diagnosis: exam, CT scan

Treatment:

- intravenous antibiotics
- myringotomy +/- tube
 - or laser fenestration +/- tube
- +/- I&D of subperiosteal abscess
- +/- mastoidectomy
- ? steroids if facial nerve paralysis
- MRI if suspicious of intracranial complication



Otitis Media with Effusion

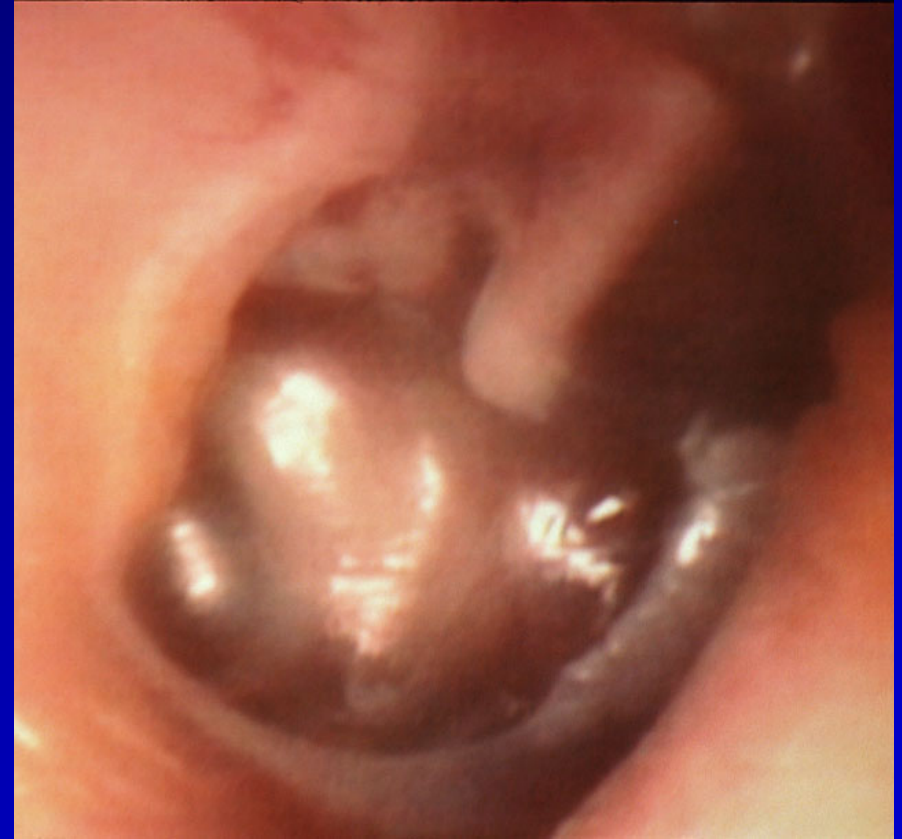


Can be symptomatic (pain or hearing loss) or can be a “Silent Effusion”

May cause hearing loss and, if severe, destruction of ossicles, without other symptoms.

What condition is this?

1. Acute otitis media
2. Cholesteatoma
3. Chronic eustachian tube dysfunction
4. Tympanic membrane perforation



Otitis Media with Effusion: “Glue Ear”

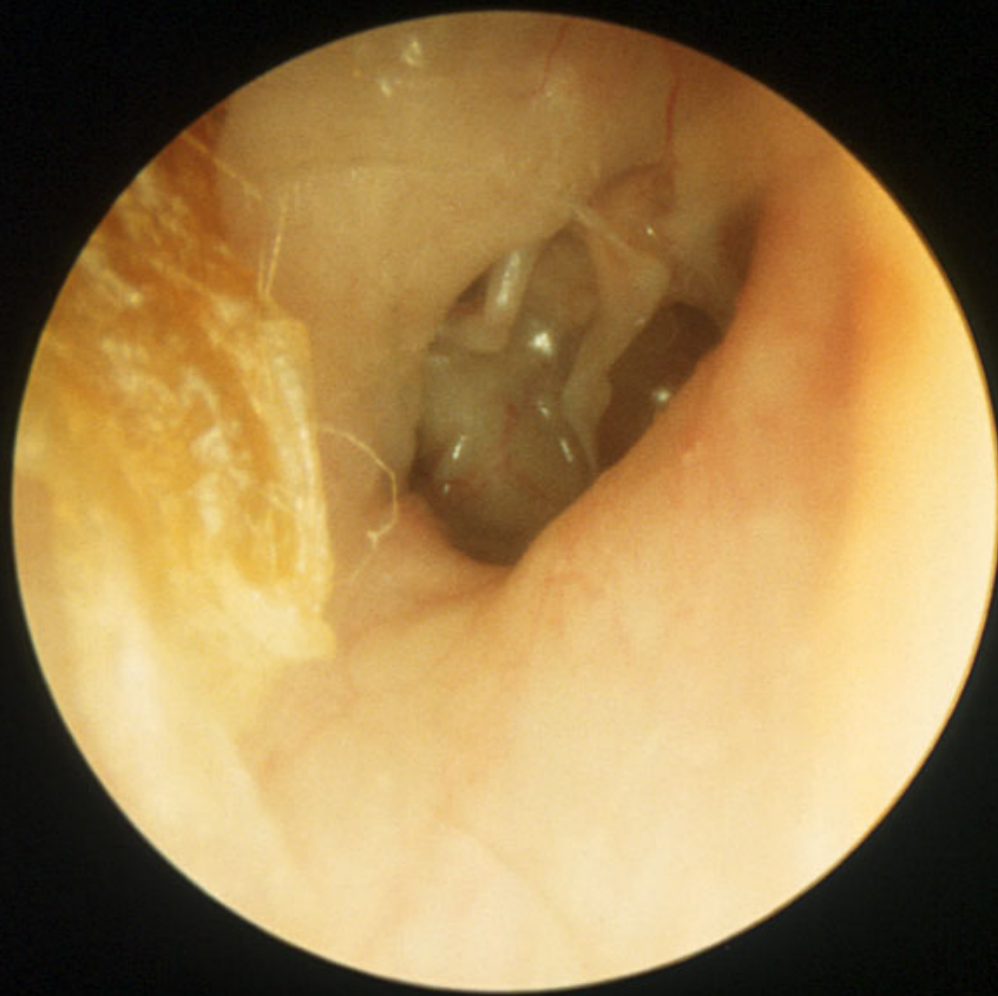


Despite tympanic membrane retraction,
a thick middle ear effusion may be present.

Eustachian tube dysfunction

- Treatment considerations for this patient may include all of the following EXCEPT:
 1. Treat nasal or nasopharyngeal obstruction
 2. Remove adenoids
 3. Place tympanostomy tube
 4. Tympanoplasty
 5. Watchful waiting





What is the best diagnosis?

1. Tympanosclerosis
2. Tympanic membrane perforation
3. Cholesteatoma
4. Otitis media with effusion
5. Other

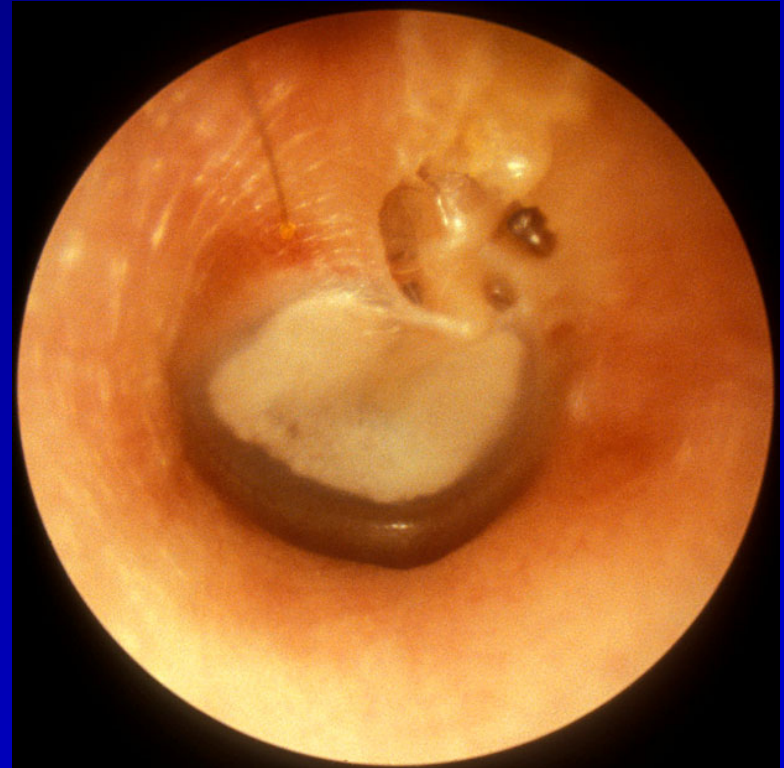
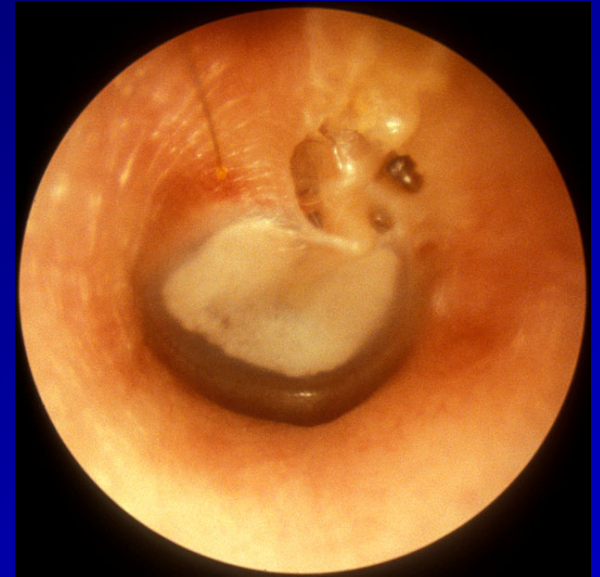


Image courtesy of Glenn Isaacson, MD

What causes tympanosclerosis? (aka myringosclerosis)

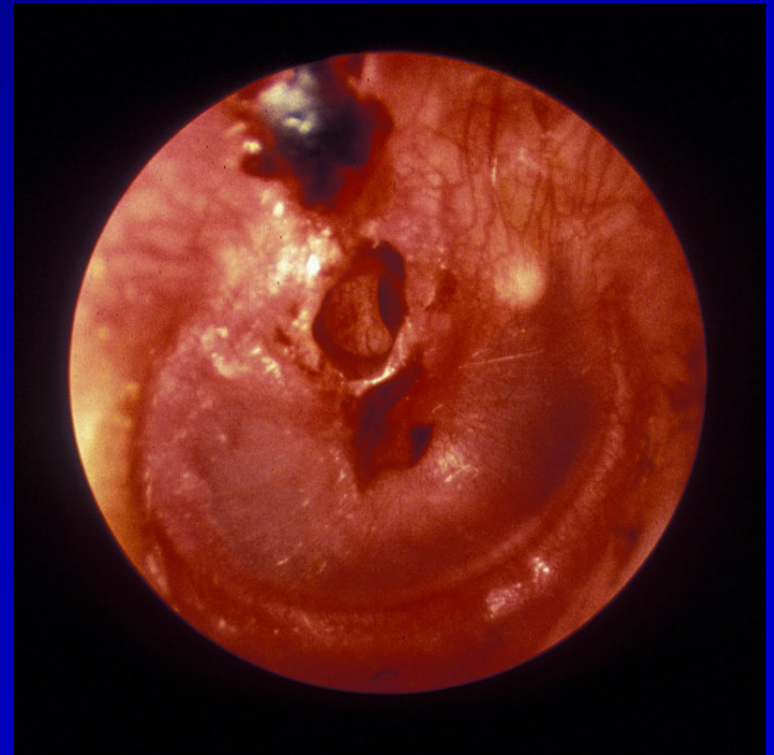
1. Tympanostomy tube
2. Chronic ear disease
3. Tympanic membrane perforation
4. Other



A 5 yo boy accidentally injured his right ear with a wooden matchstick. He had bloody otorrhea, otalgia, vertigo, nausea and an unsteady gait.

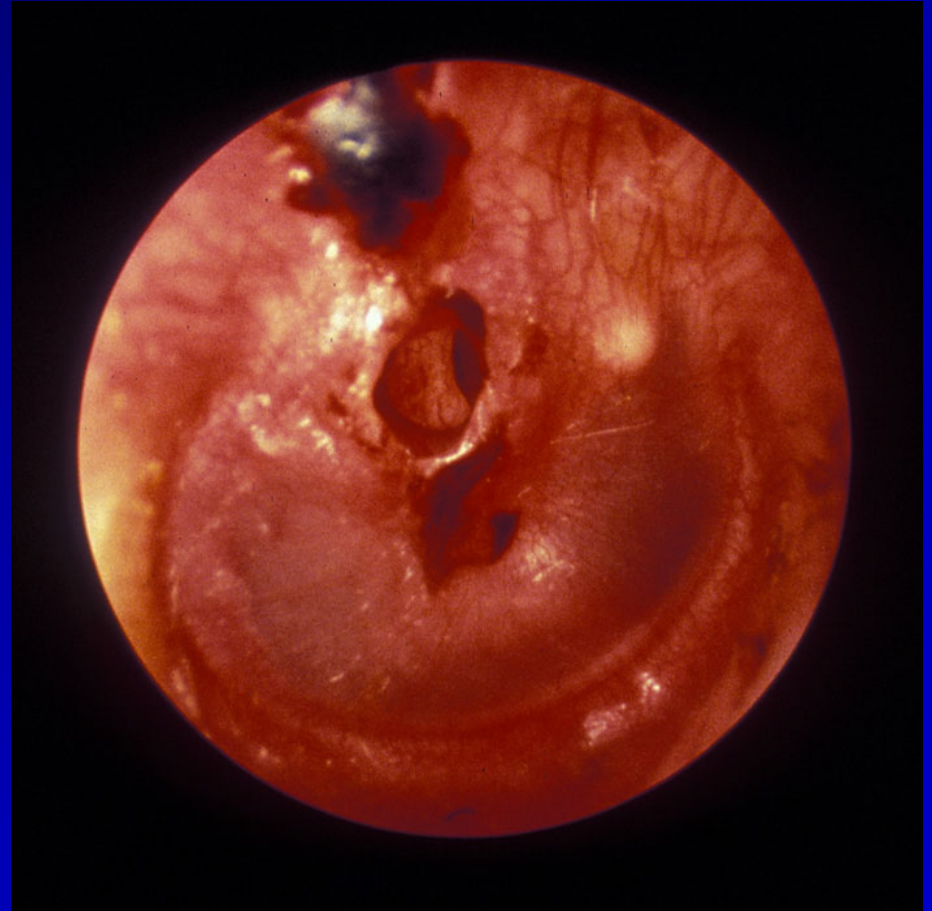
The best management is:

1. Ear drops, refer to ENT
2. Oral antibiotics, refer to ENT
3. Ear drops, oral antibiotics and refer to ENT
4. Urgent referral to ENT

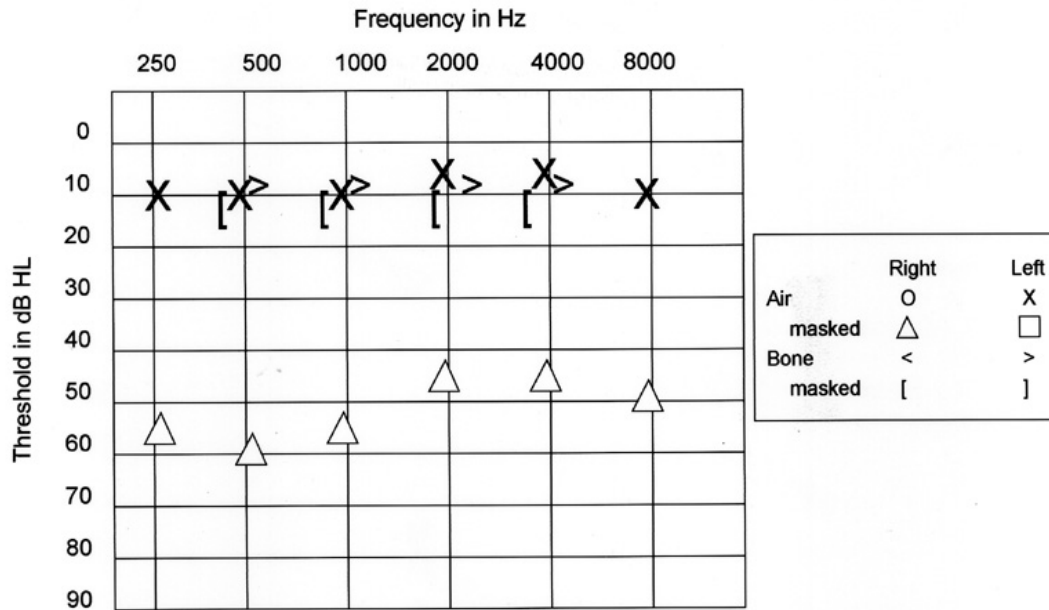


Posterosuperior Tympanic Membrane Perforation

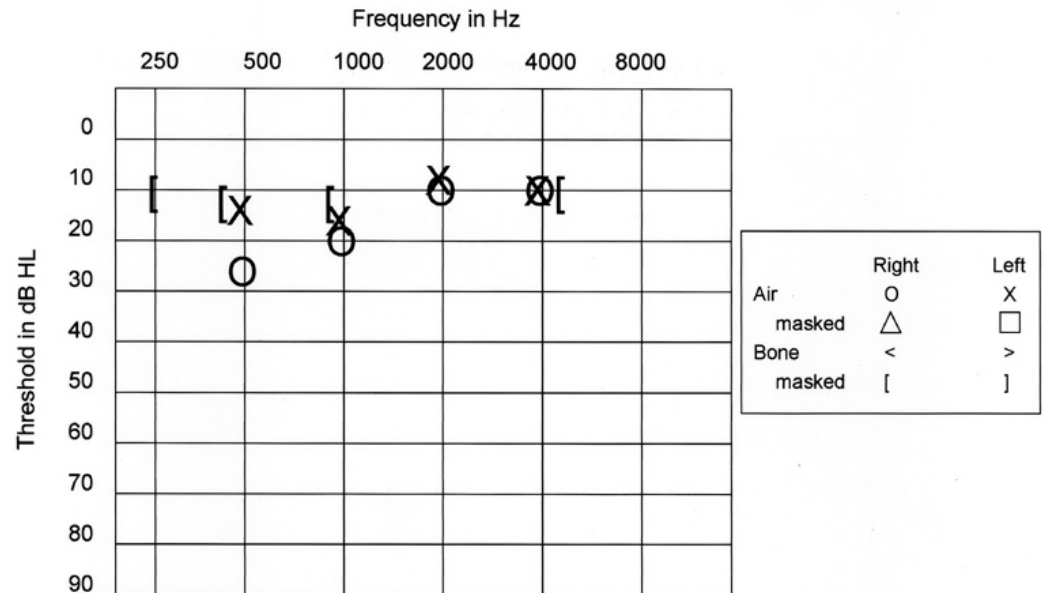
- Emergency if
 - Posterosuperior quadrant
 - Vertigo
 - Emesis
 - Ataxia
- Risk of
 - Inner ear damage
 - Sensorineural hearing loss



Pre-operative audiogram



Post-operative audiogram



Otorrhea

The family of a 2 year old calls because he has thick white drainage in his ear canal.

He underwent placement of middle ear ventilation tubes about 6 months ago.

He is otherwise well, has not been swimming, and his family denies trauma.

Does otorrhea mean that the middle ear ventilation tube is working?

1. YES
2. NO



Otorrhea

For uncomplicated tube otorrhea,
I recommend EAR DROPS:

1. Never
2. Rarely
3. Occasionally
4. Usually
5. Always

Treatment of Tube Otorrhea

- **EAR DROPS!**
 - Antibiotic with steroid
- Aural toilet, remove granulation tissue; consider placing a wick
- Consider culture
- Consider oral antibiotic if other URI symptoms or treatment failure



Acute Perichondritis



- Often Pseudomonas, can be Staph., etc.
- Treatment:
 - IV Antibiotics
 - Cefepime (4th gen) active against Staph. and Pseudomonas
 - Ceftazidime, Imipenim (3rd gen) active against Pseudomonas, poor against Staph
 - Debridement

Acute Perichondritis



Before
treatment



After
treatment



Relapsing Polychondritis



- Differential Diagnosis:
 - acute perichondritis
- Diagnosis: ≥ 3 of McAdam's criteria

Relapsing Polychondritis

McAdam's criteria*: ≥ 3 of the following:

- recurrent bilateral auricular chondritis
- non-erosive inflammatory polyarthritis
- nasal cartilage chondritis
- ocular inflammation
- laryngotracheal chondritis
- vestibulocochlear inflammation

Tx: corticosteroids, cyclosporin
(dapsonsone in adults)

*McAdam LP, O'Hanlan MA, Bluestone R, Pearson CM.
Medicine 1976;55:193-215

Hearing Assessment

Given a skilled audiologist and a cooperative child, the best hearing test is

1. ABR / BEAR / AEBR
(auditory evoked brainstem response)
2. OAE (otoacoustic emissions)
3. Behavioral audiogram

Behavioral Hearing Assessment: Behavioral Observation Audiometry

Ages • Birth - 4 months

Response • eye widening, wakening, startle, quieting, head-turn



Photos courtesy of Aly Lent

Behavioral Hearing Assessment: Visual Reinforcement Audiometry

Ages • 6 months - 2 years

Response • head-turn



Photo courtesy of Aly Lent

Behavioral Hearing Assessment: Conditioned Play Audiometry

Ages • 2 to 5 years

Response • perform task

Yield • full audiogram



Photos courtesy of Aly Lent

ABR

(ABER, BEAR, etc.)

Auditory evoked brainstem response

Test for:

Threshold

Site of lesion

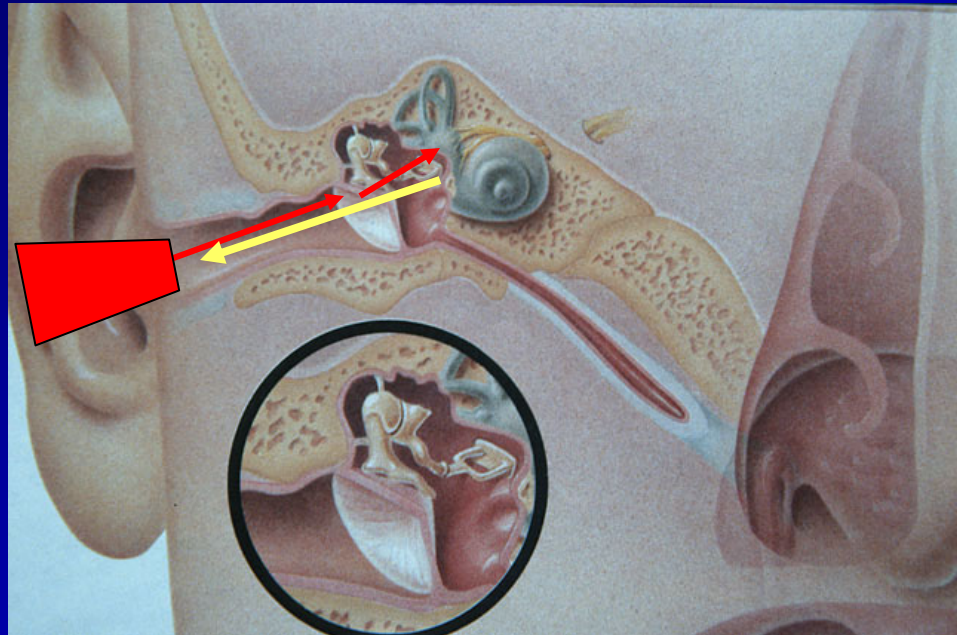


Photo courtesy of Aly Lent

Otoacoustic Emissions

“OAEs”

- sounds generated in the cochlea, recorded by microphones in EAC
- “present” is normal



1st Branchial Cleft Cyst

Notice:

- location: inferior post-auricular sulcus
- evidence of recurrence

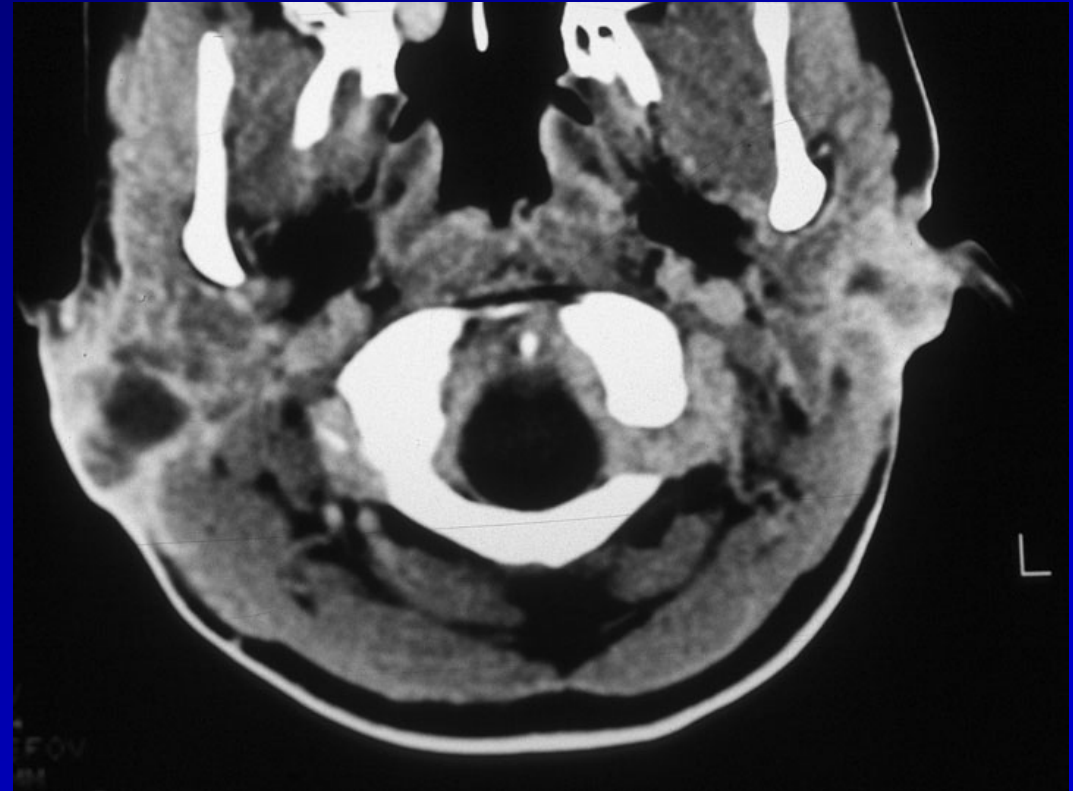


1st Branchial Cleft Cyst



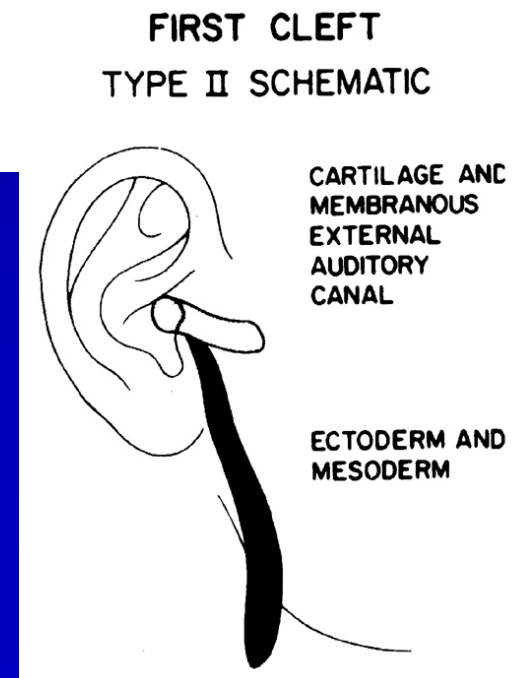
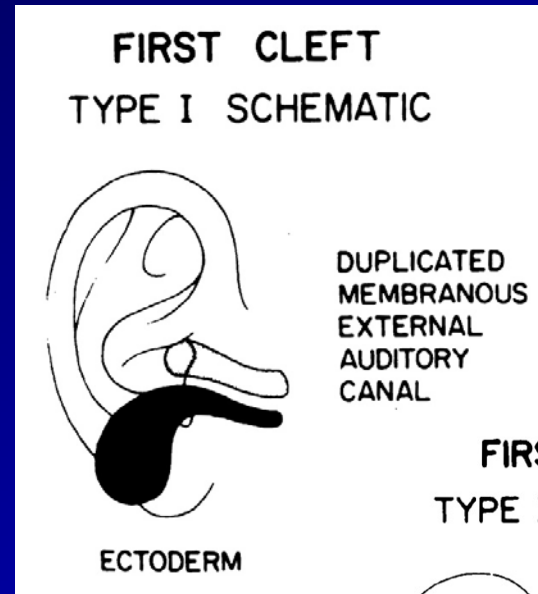
Diagnosis:

- clinical
- CT
- ?U/S, ?MRI



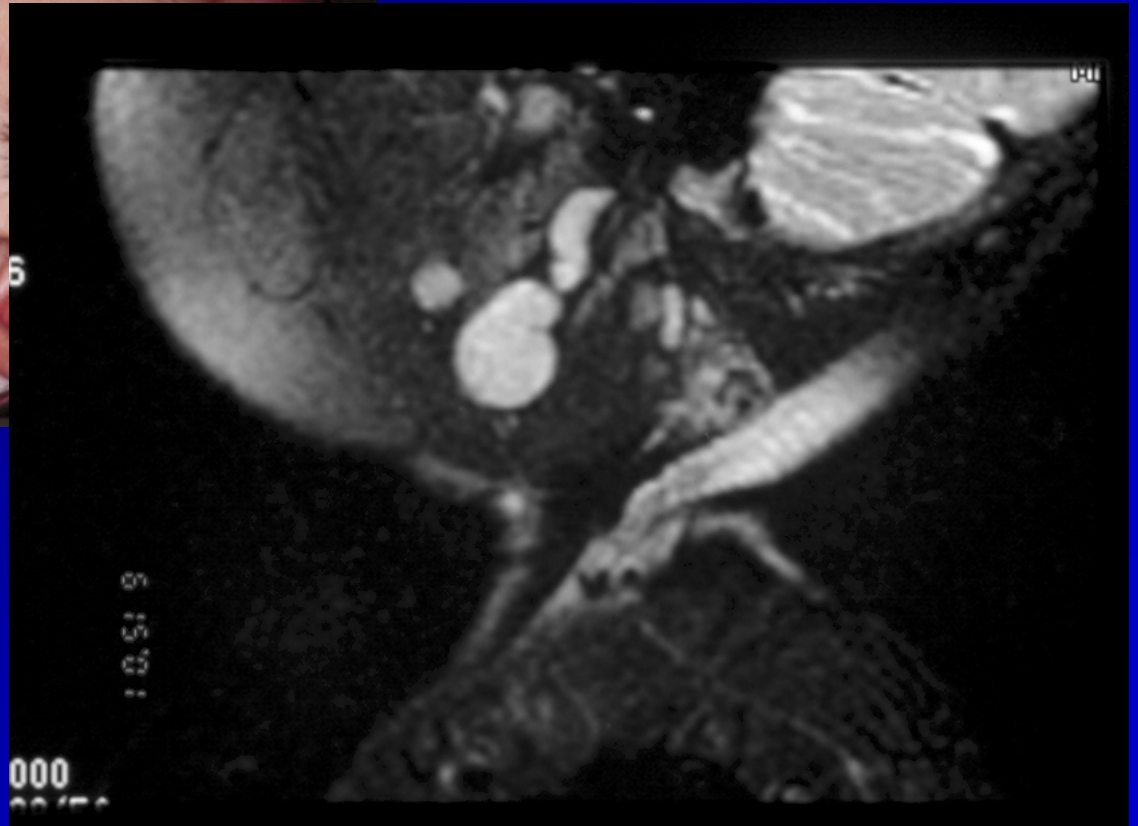
1st Branchial Cleft Cyst

- Type I cyst is medial to the concha, often in post-auricular crease
- Type II may be found below the angle of the mandible, along the anterior border of SCM, superior to hyoid bone
- can cause otorrhea



Diagnosis & Management of Congenital
Head & Neck Masses SIPAC 1981 AAO-HNS

1st Branchial Cleft Cyst



1st Branchial Cleft Cyst

Treatment:

Acute:

- antibiotics
- avoid I&D

Definitive

- excision after inflammation subsides but before involution occurs



Temporal Bone Fracture

Notice: ecchymosis
over mastoid tip

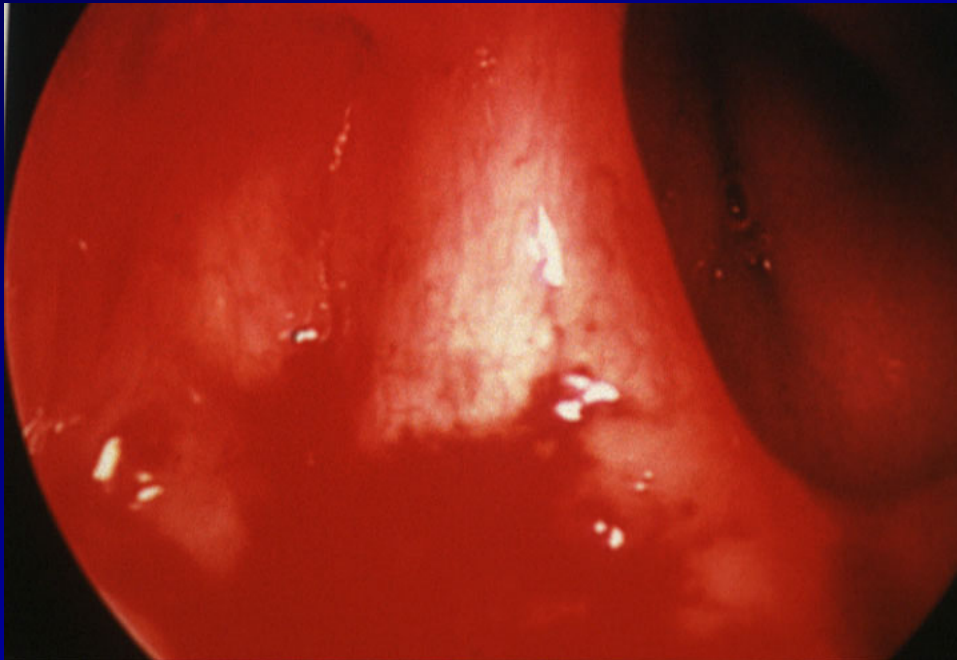
- Evaluate
 - Ear canal and tympanic membrane
 - Facial Nerve
 - Hearing
- Consider CT Scan



NOSE

Choanal Atresia

View of unilateral choanal atresia from nasopharynx

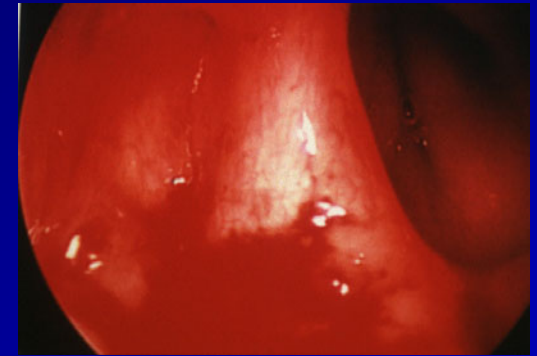


CT scan of bilateral choanal atresia

Choanal Atresia

I assess for nasal patency by:

1. Passing a catheter through the nose
2. Listening for airflow at the nares
3. Using a cotton wisp to visualize airflow
4. Other



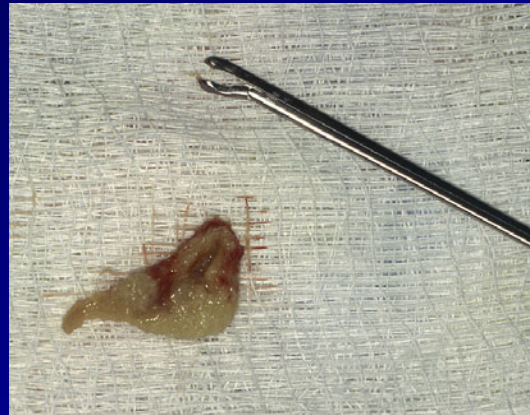
Choanal Atresia

- If bilateral, in a neonate:
medical emergency
- Open the mouth
- Intubate



Intranasal Foreign Body

Notice:
unilateral
excoriation
odor





Most likely diagnosis?

1. Glioma
2. Dermoid
3. Encephalocele
4. Insect bite
5. Foreign body
6. Other



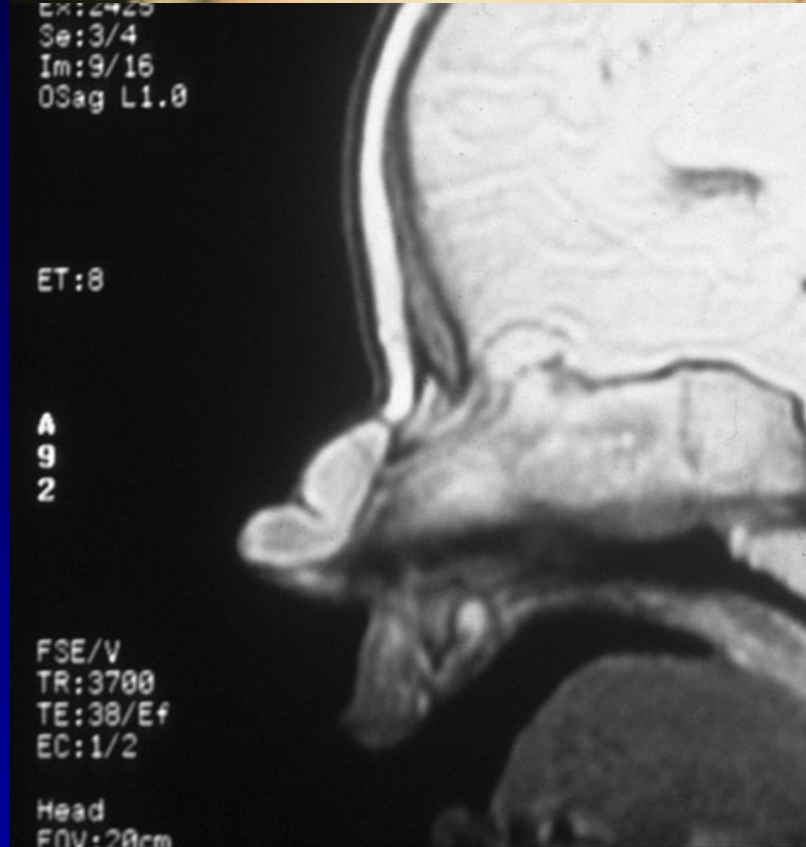
Nasal Dermoid



Notice:
midline
nasal pit
often with
hair,
sometimes
has
drainage



CT and/or MRI to
evaluate
possibility of
intracranial
extension for
midline or near
midline nasal
lesions

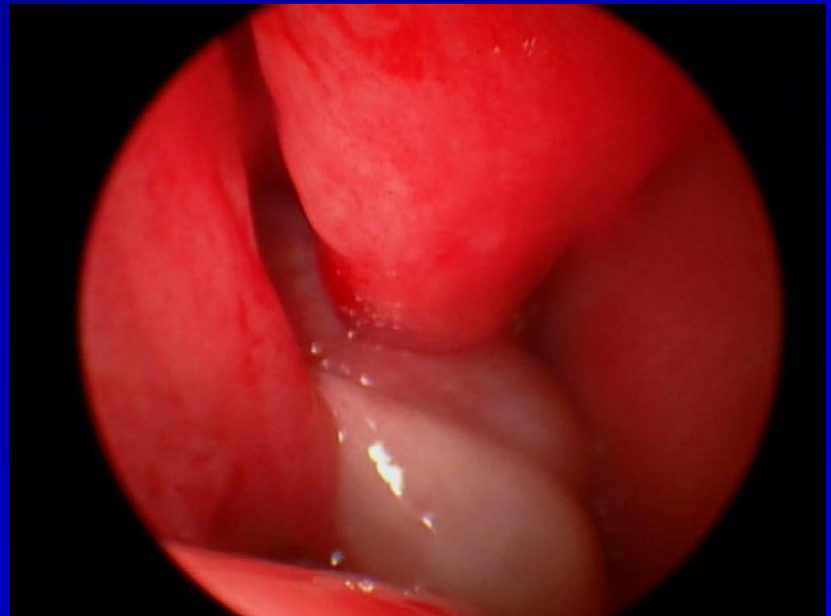
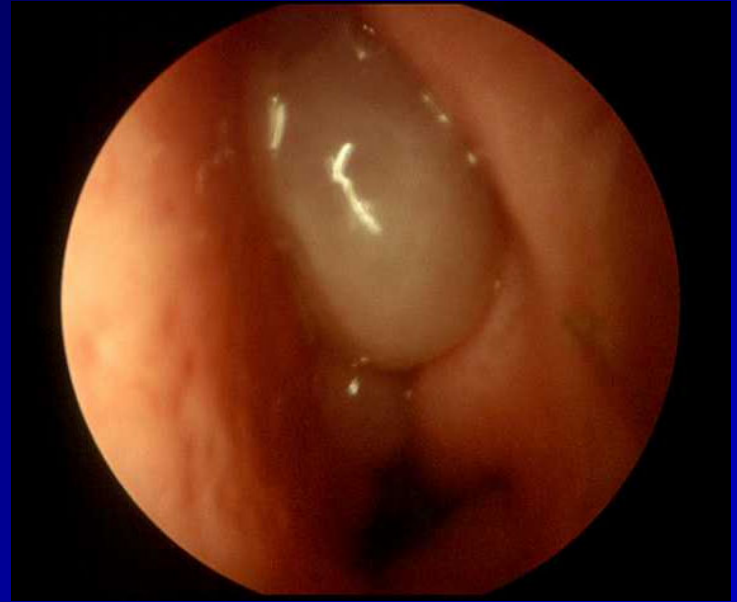


EXAMINATION

- anterior rhinoscopy
- nasal endoscopy



Nasal polyps

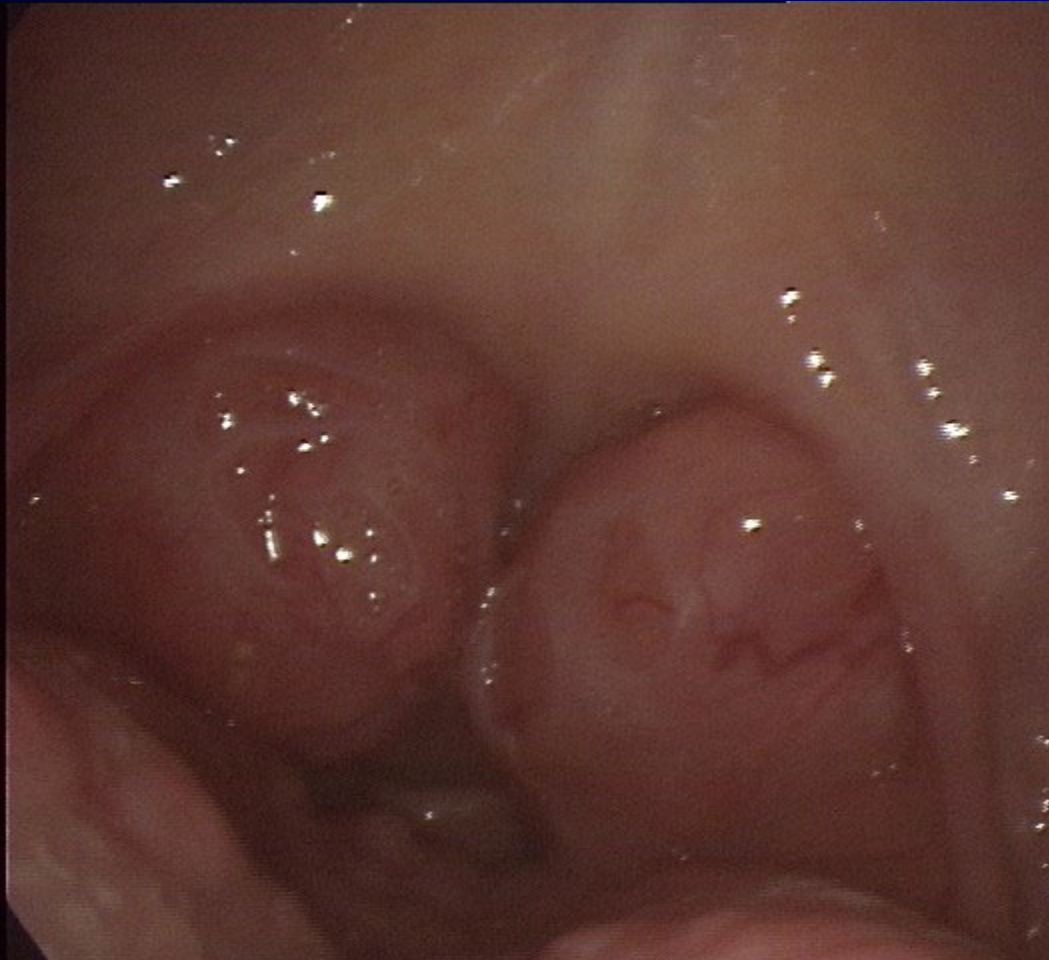


ORAL CAVITY

Epulis

Treatment:
excision

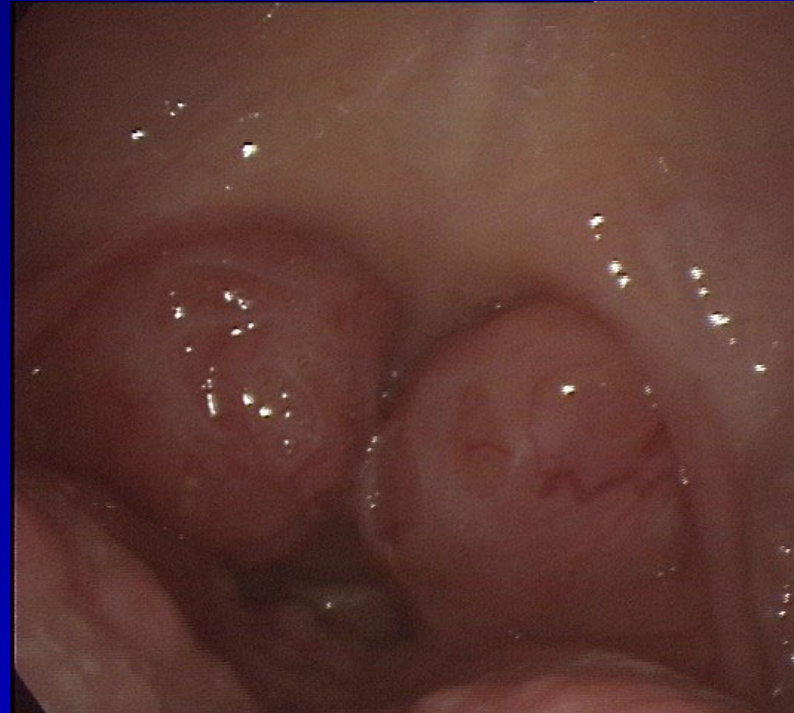




The family of a 7 year old girl complains of “swollen tonsils.” They report that she snores “a very little bit;” they deny apnea or increased work of breathing.

“Swollen tonsils”

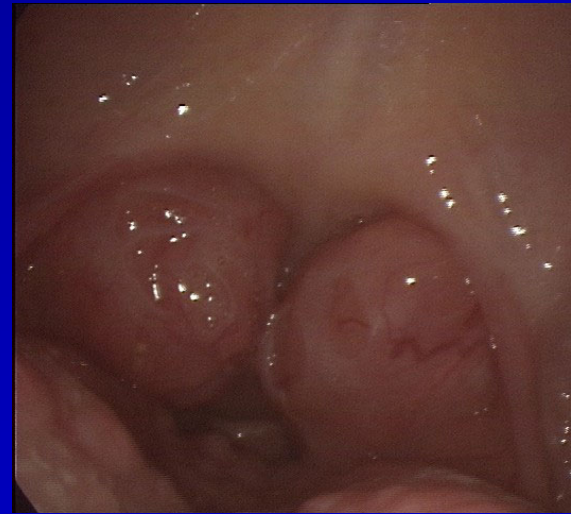
Sleep study demonstrated
an obstructive apnea
index of 2.6
(>1 is abnormal)
and mild hypoventilation



In a child with OSA
(obstructive sleep apnea)

I am concerned about adverse
neuro-cognitive or behavioral effects:

1. Always
2. Frequently
3. Occasionally
4. Rarely
5. Never



Which of the following is NOT true?

In selected patients,
adenotonsillectomy may alleviate / improve:

1. Enuresis
2. ADHD
3. Polyarteritis nodosa
4. PFAPA
5. Psoriasis (Palmoplantar pustolosis)
6. Reactive Airway diseases

Which of the following IS true?

Adenotonsillectomy can contribute to?

1. Immune Deficiency
2. Asthma
3. Weight gain
4. Increased number of infections

She complains of a sore throat;
won't swallow; and has trismus

Most likely diagnosis?

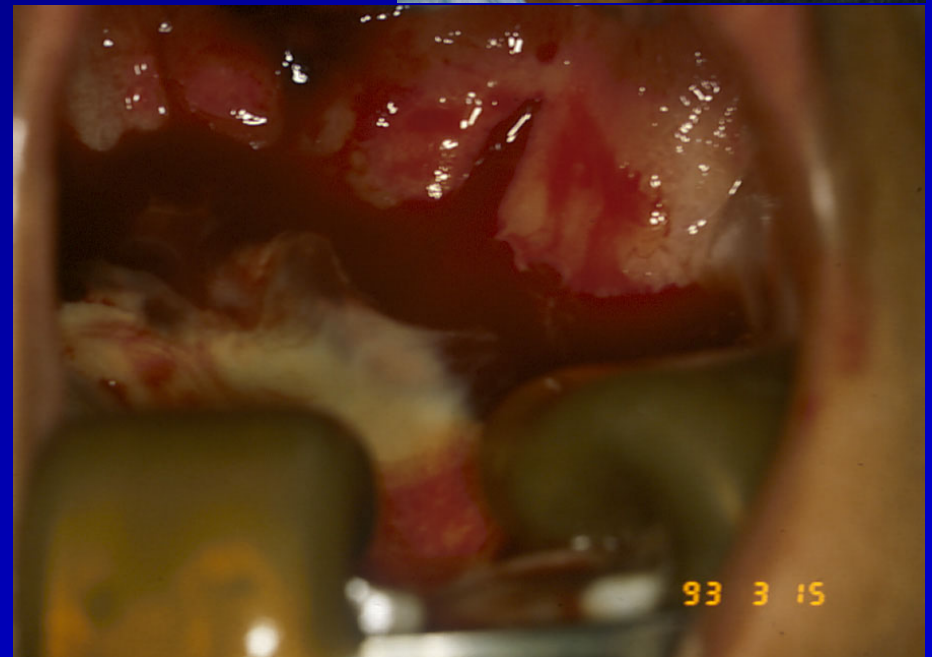
1. Acute tonsillitis
2. Peritonsillar abscess
3. Retropharyngeal abscess



Peri-Tonsillar Abscess

Treatment:

- antibiotics
- +/- I&D
- +/- tonsillectomy
("hot" or interval)

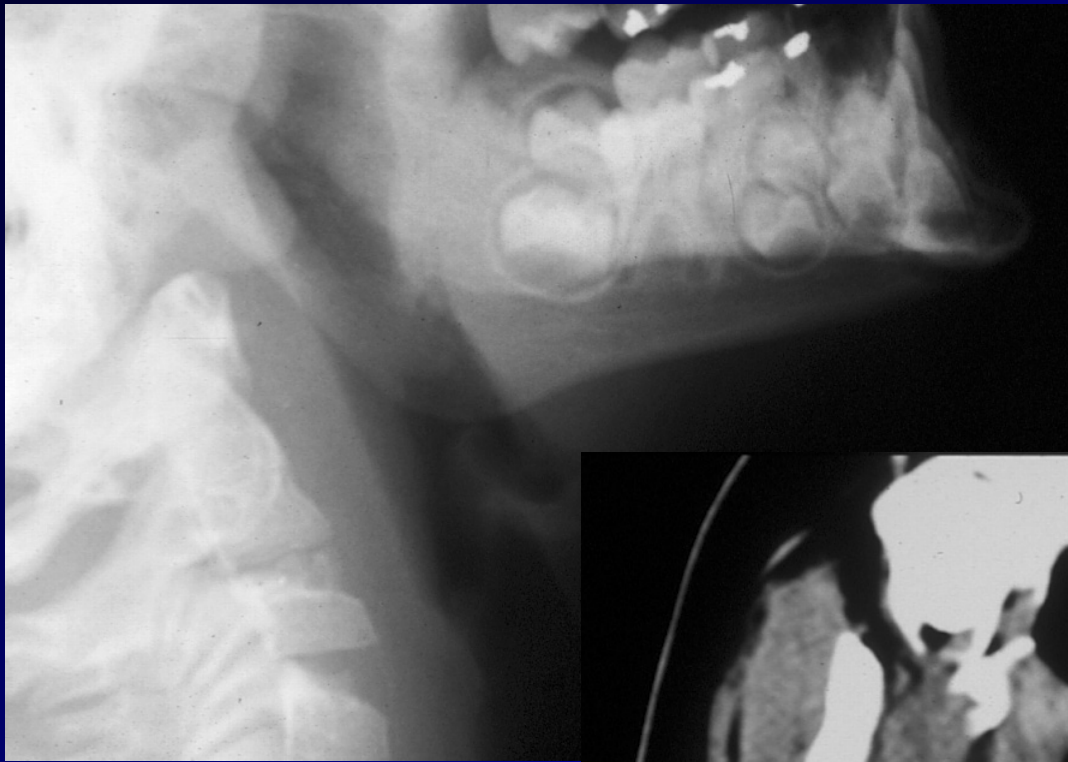


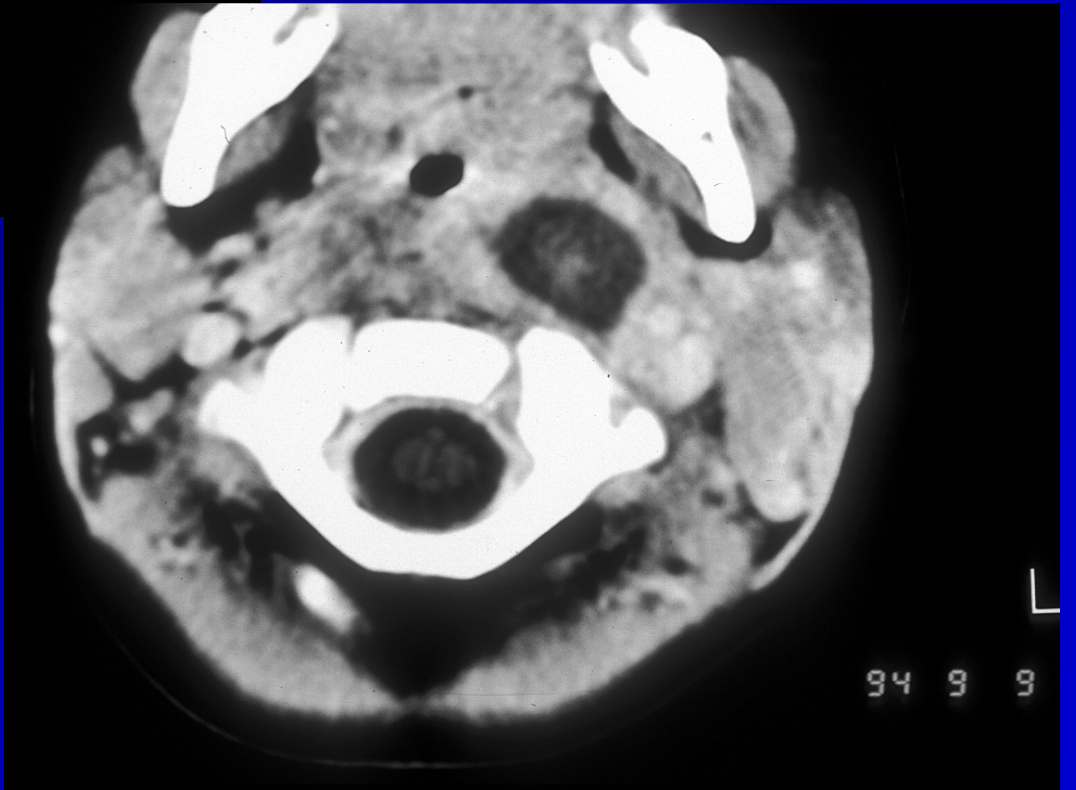
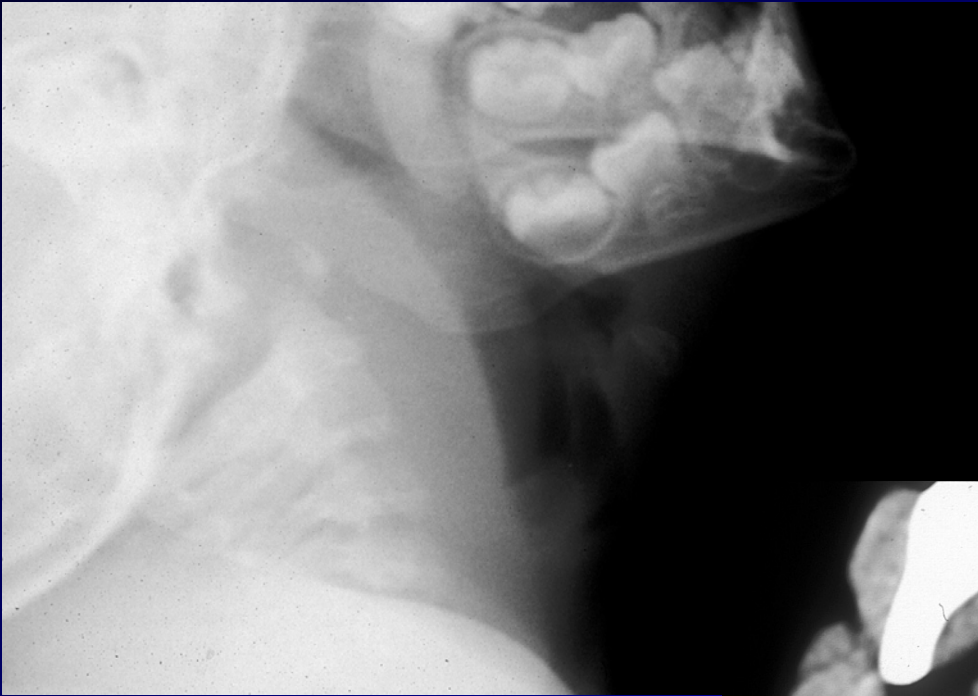
New onset of neck pain and torticollis;
poorly defined fullness in right neck;
recent URI

Most likely diagnosis?

1. Acute tonsillitis
2. Peritonsillar abscess
3. Retropharyngeal abscess







Retropharyngeal Abscess/ Parapharyngeal Abscess

Evaluation:

- Lateral neck radiograph
- Neck CT with contrast

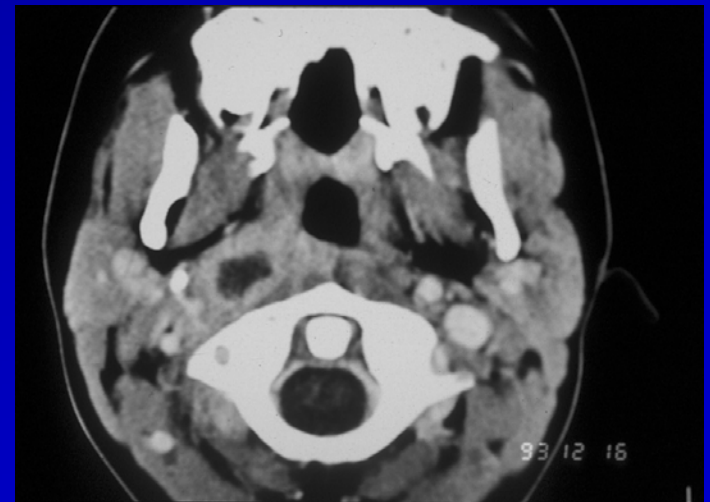
Group A strep, Staph

Treatment:

- intravenous antibiotics
- ?steroids
- +/- transoral I & D

Risks:

- Airway obstruction
- Mediastinal extension



FACE

Non-tuberculous Mycobacteria (atypical mycobacteria)

Diagnosis:

- Clinical, generally indolent
- PPD weakly (+)
- Microbiology can be difficult to confirm with stains or cultures
- Histology may be supportive



Non-tuberculous mycobacteria (Atypical Mycobacteria)

Notice:

- location: angle or body of mandible
- age: toddlers
- color: purple
- number: sometimes multiple

DDx:

- other adenopathy, including cat scratch



Non-TB Mycobacteria

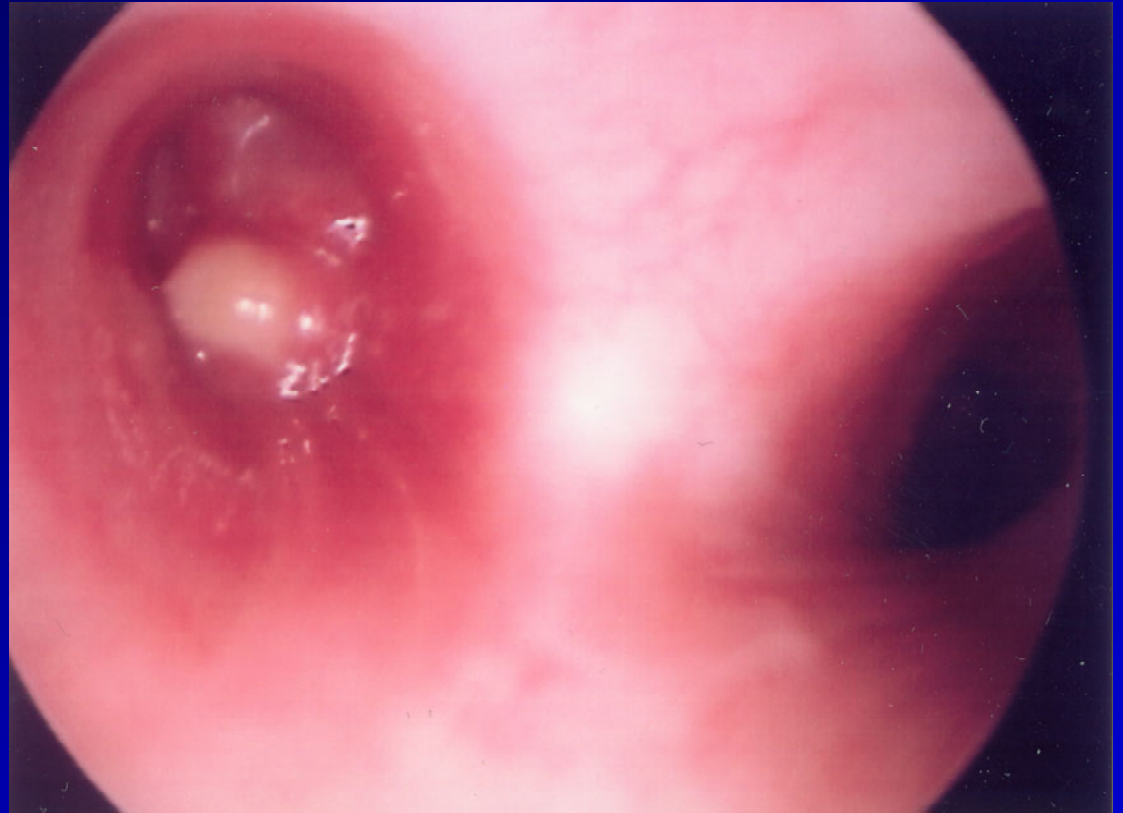
Treatment:

- Medical: usually at least 2:
 - Macrolides
 - Flouroquinolones
 - Rifamycins
 - Ethambutol
- Surgical
 - I&D contraindicated
 - Excision
 - Serial curettage
- Combined Medical/Surgical



Endobronchial Non-TB Mycobacteria

- 10 month old presented with new onset unilateral wheezing



SINUSES

Is it sinusitis?

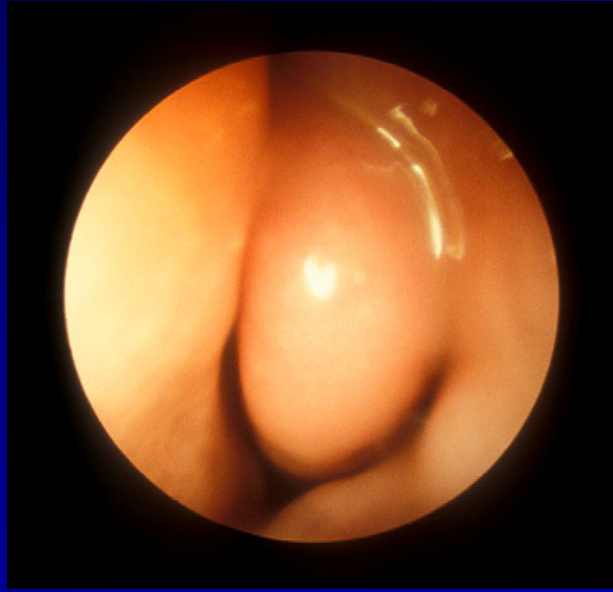
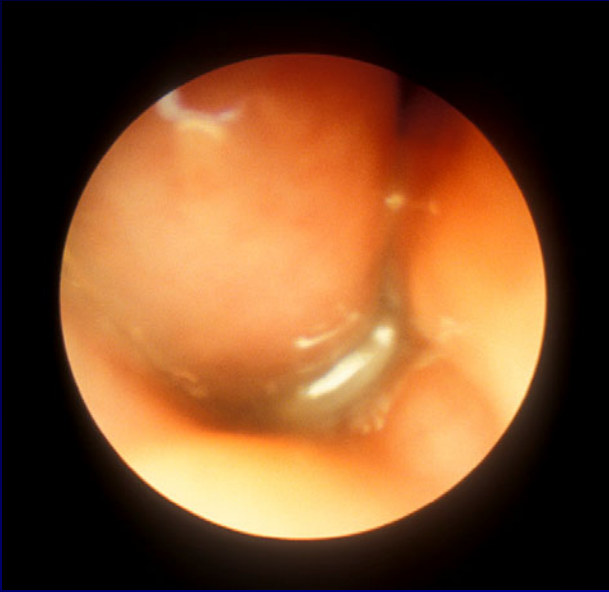
- A 7 year old boy has had purulent rhinorrhea for 10 days, not improving; with day and nighttime coughing. He has not taken an antibiotic.

Is it sinusitis?

1. Yes
2. Not sure
3. No

In the clinical context of URI,
the best indicator of sinusitis is?

1. Character of the rhinorrhea
2. Low-grade fever
3. Duration of symptoms
4. Headache
5. Purulent rhinorrhea in the middle meatus



SINUSITIS DEFINITIONS

- Sinusitis remains a difficult [clinical] diagnosis to confirm, even for experienced specialists.

Annals ORL Oct. 1995

- The diagnosis of acute bacterial sinusitis is based on clinical criteria in children who present with upper respiratory symptoms that are either persistent or severe (strong recommendation based on limited scientific evidence and strong consensus of the panel)

AAP Clinical Practice Guideline:
Management of Sinusitis 2001

At this point, the best radiologic study is?

1. Plain Xrays (“sinus series”)
2. CT scan
3. MRI
4. UltraSound
5. Other



RADIOGRAPHS

NOT USUALLY USEFUL:

- plain sinus radiography
- tomography
- ultrasonography
- MRI



RADIOGRAPHS

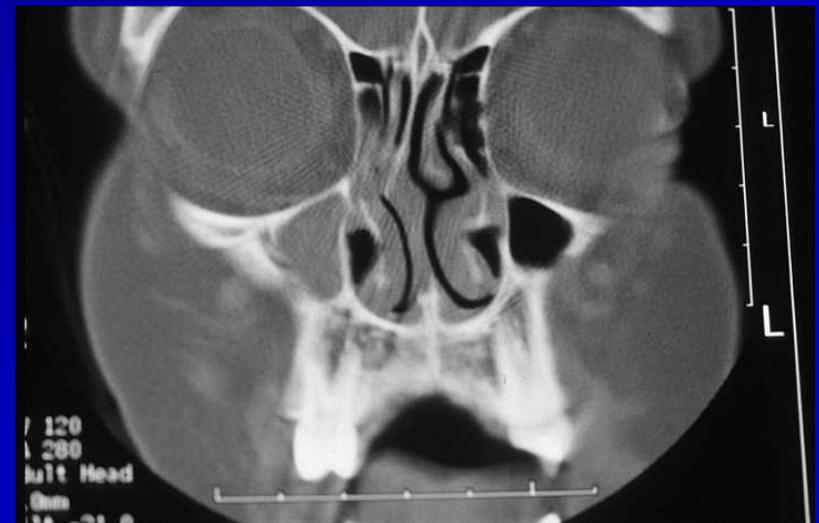
USEFUL: CT scans



Nasal polyps without sinusitis



(known allergic rhinitis)



Unilateral sinusitis with nasal septal deviation



Nasal congestion without sinusitis



Nasal polyps with cystic fibrosis



Chronic sinusitis

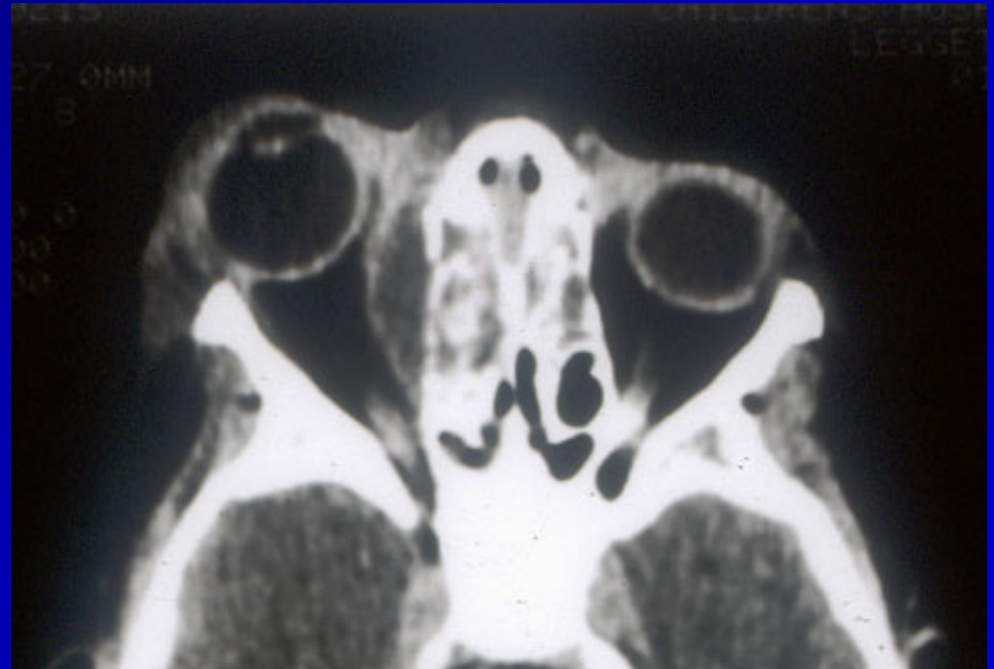
Orbital Complications of Acute Sinusitis

Consult ENT, Ophtho
CT Scan

- axial AND coronal
- WITH contrast
- ?format for image guided sinus surgery

Treatment

- IV antibiotics
- close observation
- +/- open or endoscopic drainage

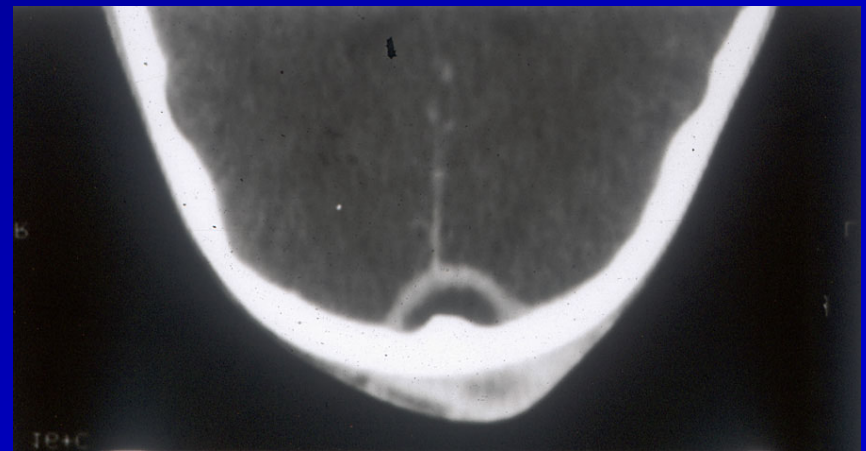
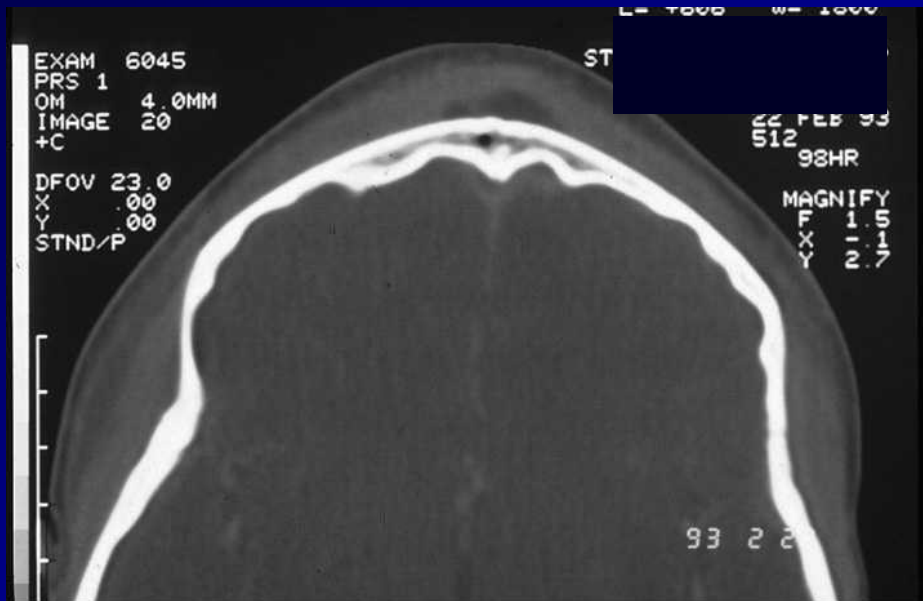


Intracranial Complications of Acute Sinusitis

- **Location:**
 - forehead a/o orbit, adjacent to frontal sinus
- **age: adolescent**
- **sex: male**
- **possible mental status changes, seizures, neurologic deficits**

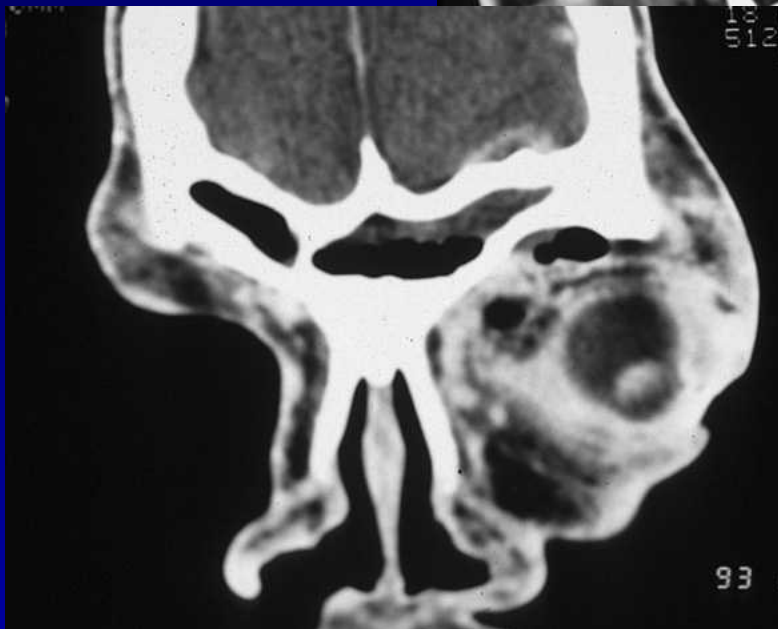
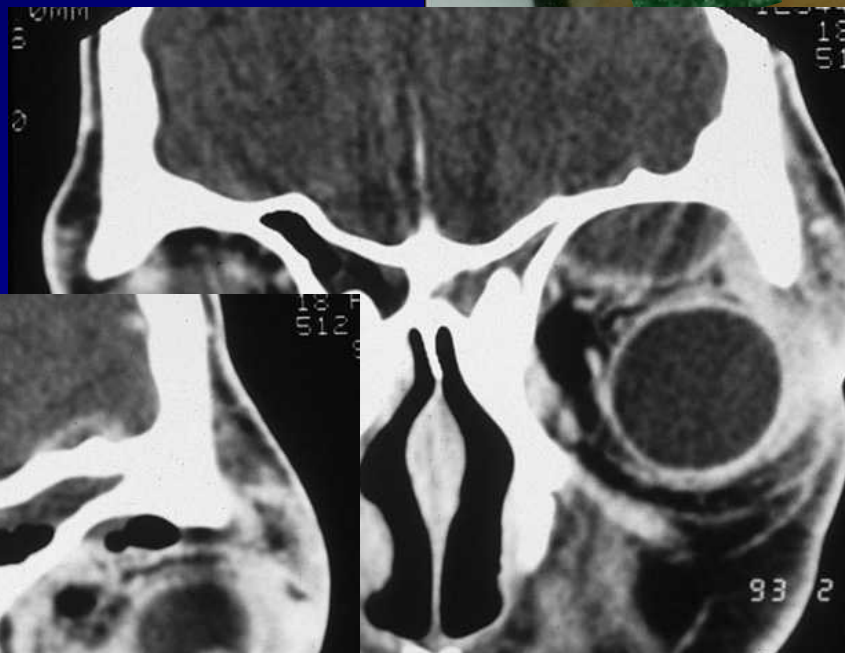
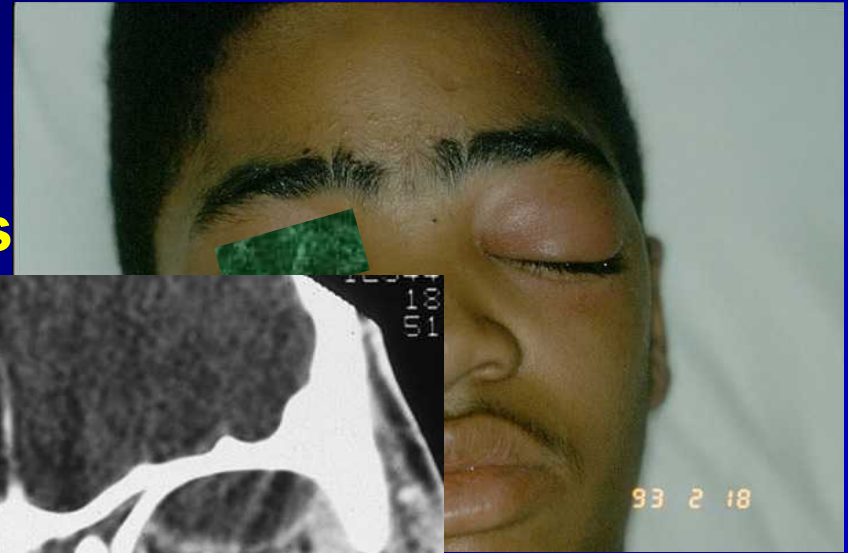


Intracranial Complications of Acute Sinusitis



Intracranial Complications of Acute Sinusitis

Orbital subperiosteal abscess



Epidural abscess

NECK

Hemangioma

Natural progression



Hemangioma

- Present within few weeks of birth
- Most common parotid neoplasm in children
- Superficial (red), deep (blue) or compound



Hemangioma

- Rapid growth for weeks to months
- Transition from proliferation to involution by age 1, complete by 5-6 years old
- Evaluation:
 - MRI, high flow lesion, bright T2, flow voids T1 and T2
 - CT scan with contrast



Hemangioma

- Complications: Ulceration, airway obstruction, high-output cardiac failure, ophthalmic, Kasabach-Merritt
- Treatment options: Steroids, interferon, laser
- Corrective surgery for residual disease , vital structures



Thyroglossal duct cyst

Notice:

- Midline upper neck
- Moves with tongue protrusion or swallowing

Evaluation:

- Ultrasound of neck to confirm normal thyroid anatomy
- +/- thyroid function tests or scan

Treatment:

- Excision



Congenital Torticollis

- aka
 - Sternocleidomastoid tumor of Infancy
 - Fibromatosis Colli
- Notice:
 - Within SCM
 - present at birth or within weeks
- Fibrosis of SCM muscle
- Evaluation: ultrasound
- Treatment:
 - Physical Therapy
 - Uncommonly, muscle release to avoid hemifacial asymmetry



Branchial Vestige

Notice:

- +/- skin tag
- Involving or anterior to SCM

May extend into SCM



Neck Masses

1. Midline Cervical Defect
2. Branchial Cleft Cyst
3. Lymphangioma
4. Retropharyngeal Abscess
5. Infectious Mono



Midline Cervical Defect

Notice:

- Midline
- 3 components:
 - skin tag
 - sinus with mucosal lining
 - Vertical, non-epithelialized strip
- Rarely, linear bands extend from mandible to sternum

Etiology unknown, F > M

Treatment:

- Excision



Neck Masses



1. Branchial Cleft Cyst
2. Lymphangioma
3. Retropharyngeal Abscess
4. Infectious Mono



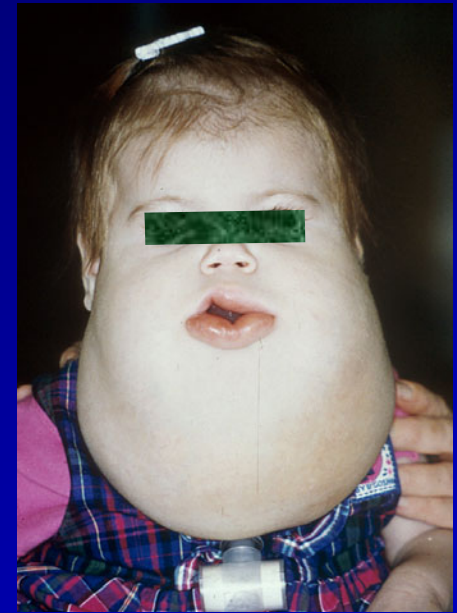
Infectious Mononucleosis

- Notice:
 - Mouth breathing, massive cervical adenopathy
 - Exudative tonsillitis, adenotonsillar hypertrophy
- Testing:
 - Mono spot, EBV titers, CBC: atypical lymphocytes
- Differential Diagnosis:
 - lymphoma, other viral illnesses
- Treatment:
 - supportive, steroids, maintain airway, antibiotics for superinfection



Lymphangioma

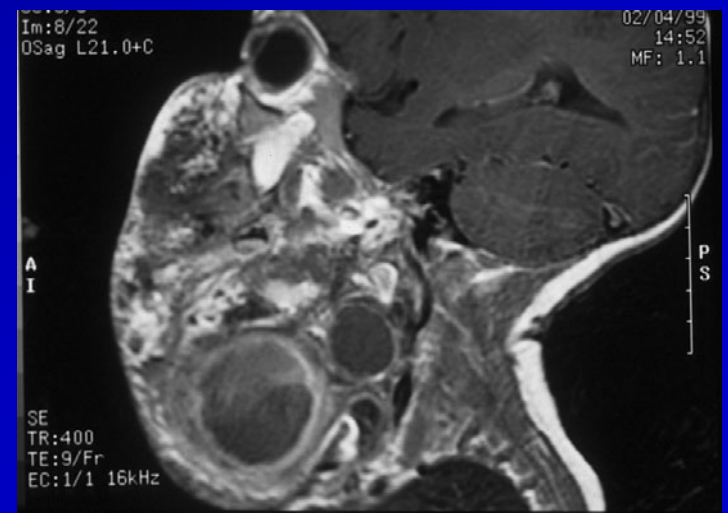
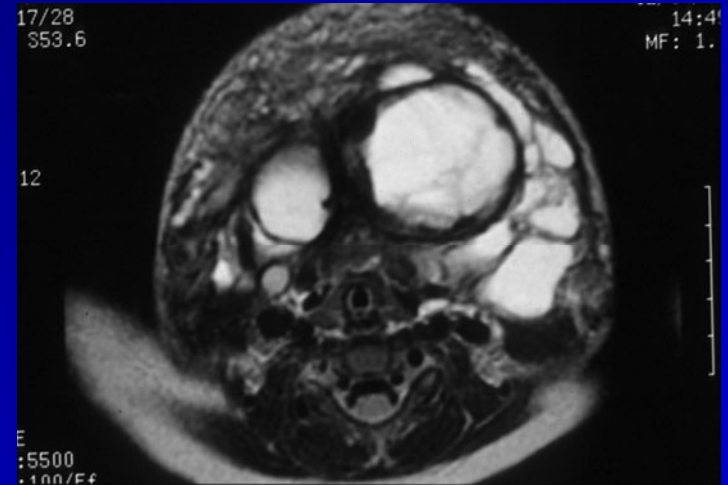
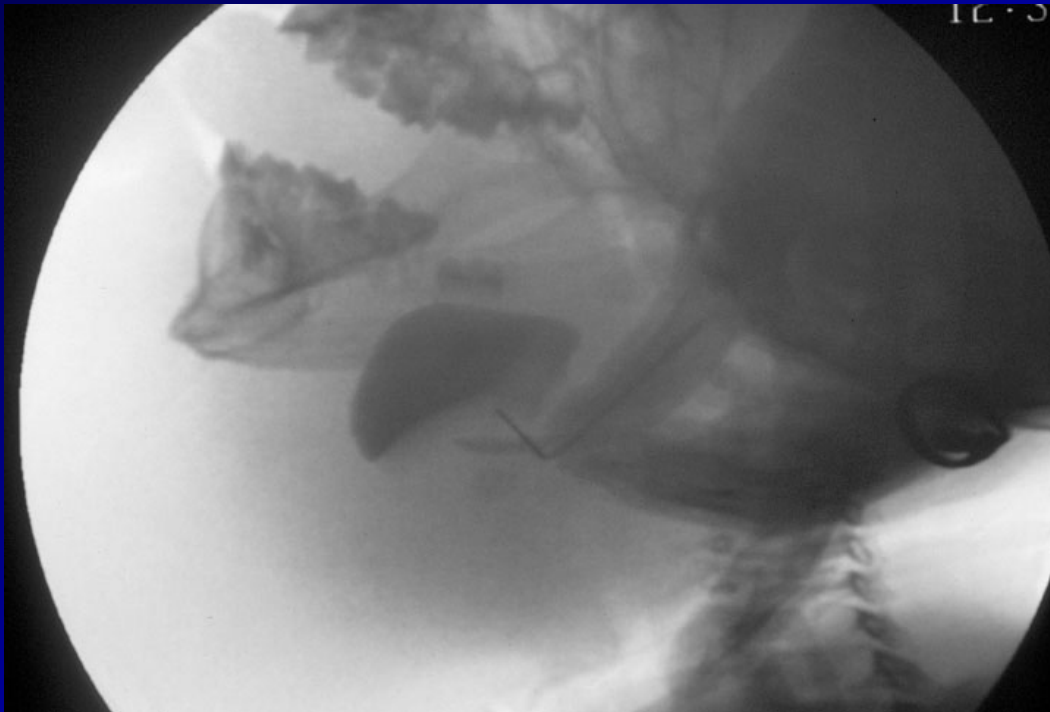
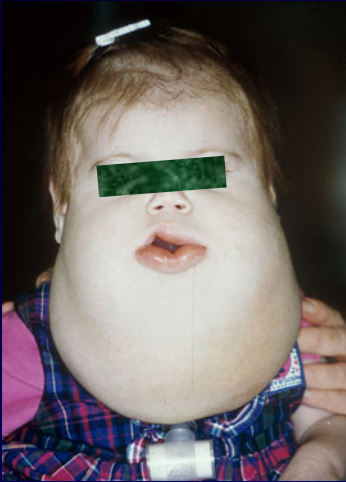
- aka Cystic hygroma
- Variable location
- Notice:
 - large, soft, non-discolored mass
 - “frogs eggs” on dorsal tongue
- Treatment
 - Excision
 - Sclerosis
 - None



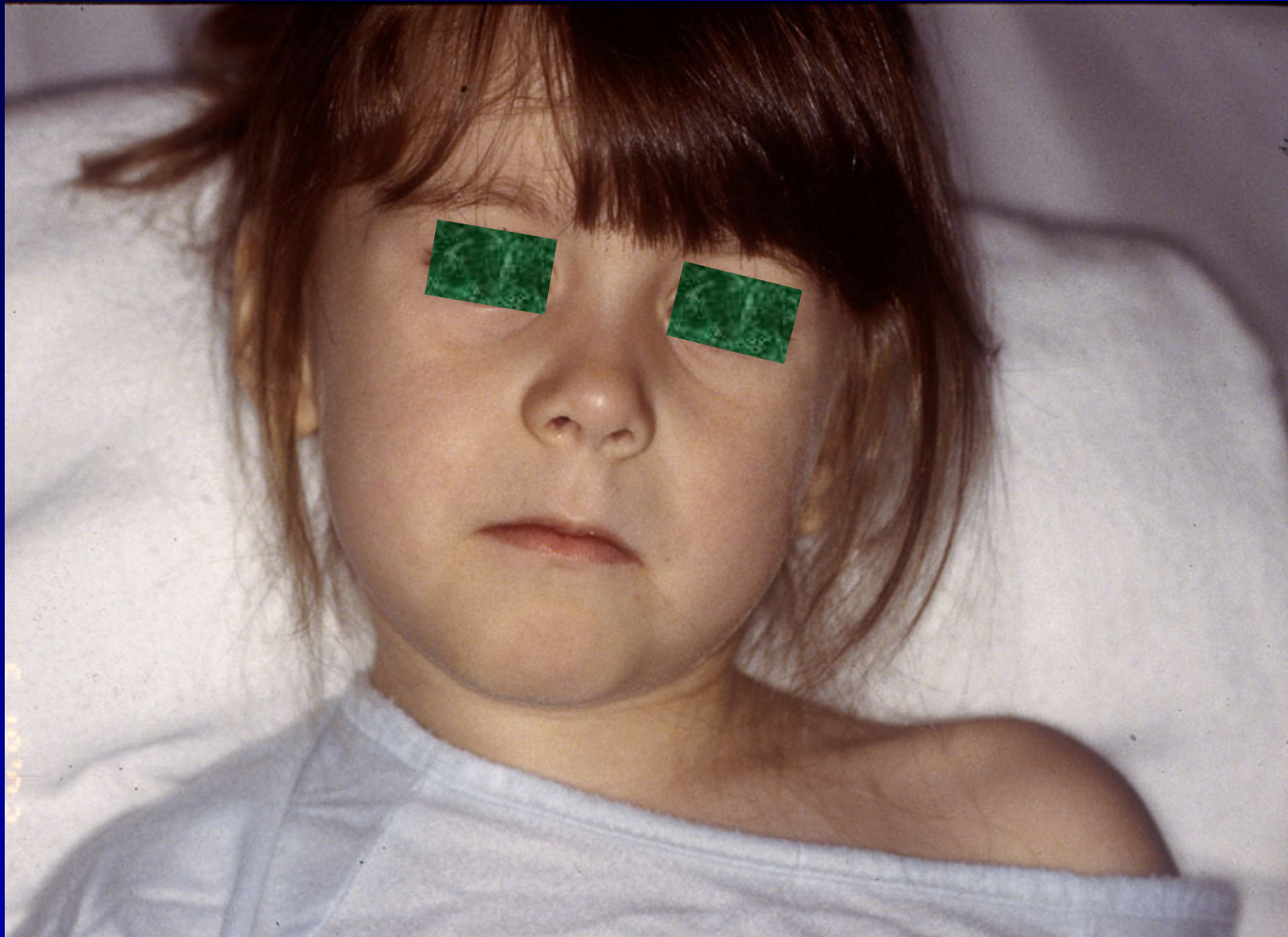
Lymphangioma

Sclerosis with OK-432 (Picibanil)

(not FDA approved)



Retropharyngeal Abscess

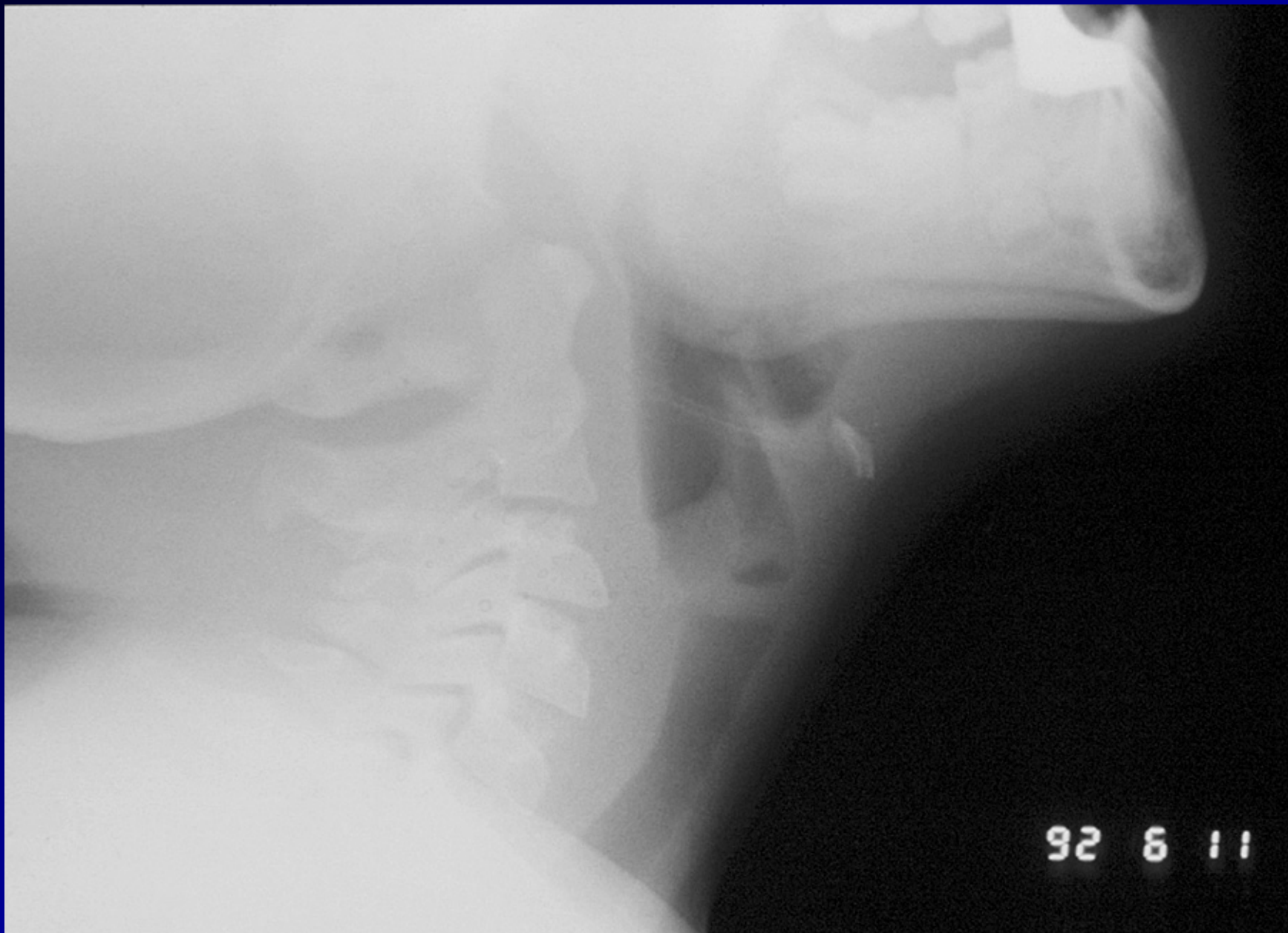


Branchial Cleft Cyst

- Anterior to SCM
- 2nd BCC most common;
4th rarest
- Differential diagnosis:
 - Other congenital mass
 - Infectious
 - Malignant
 - other

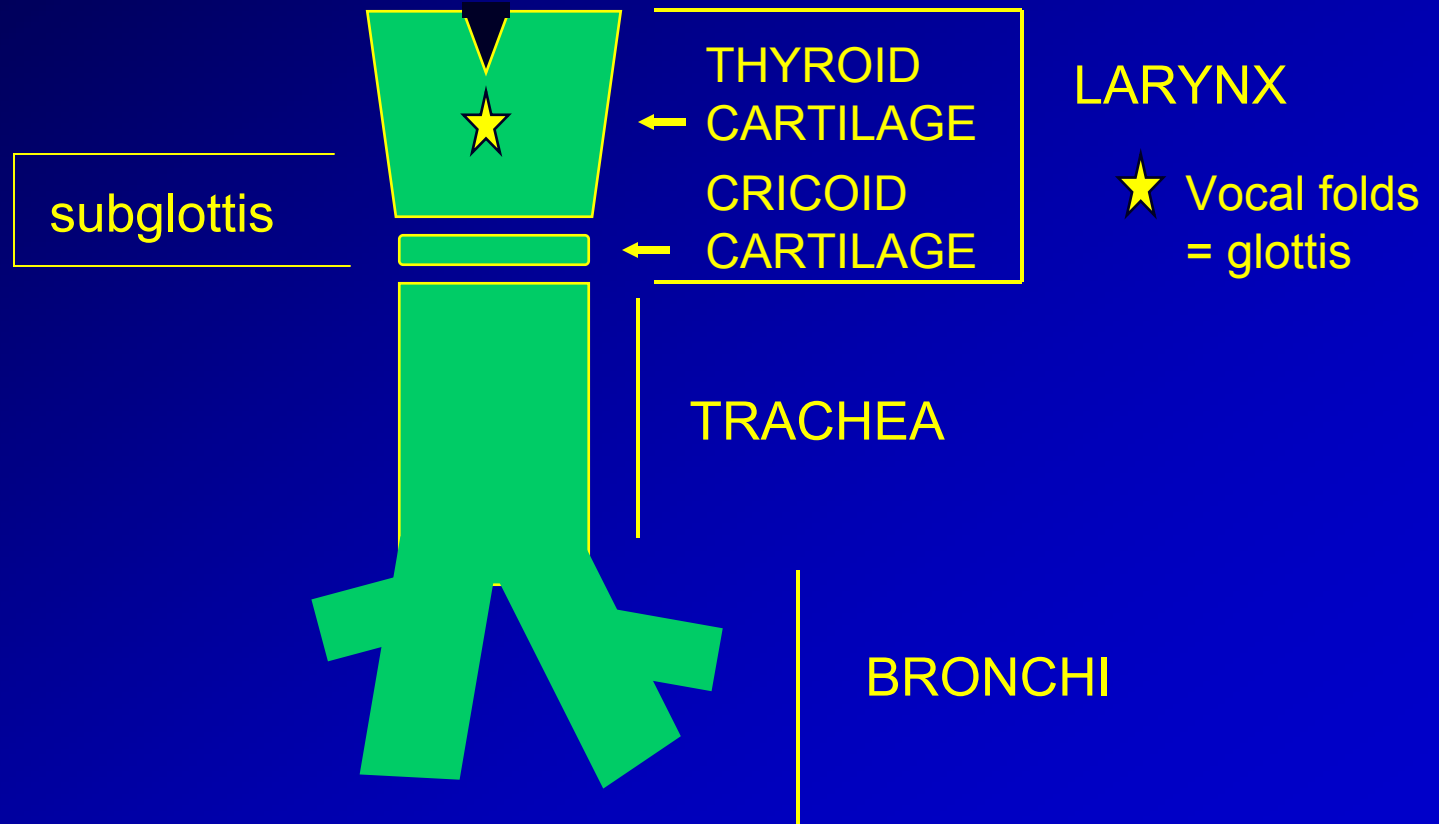


LARYNX,
TRACHEA, BRONCHI;
ESOPHAGUS

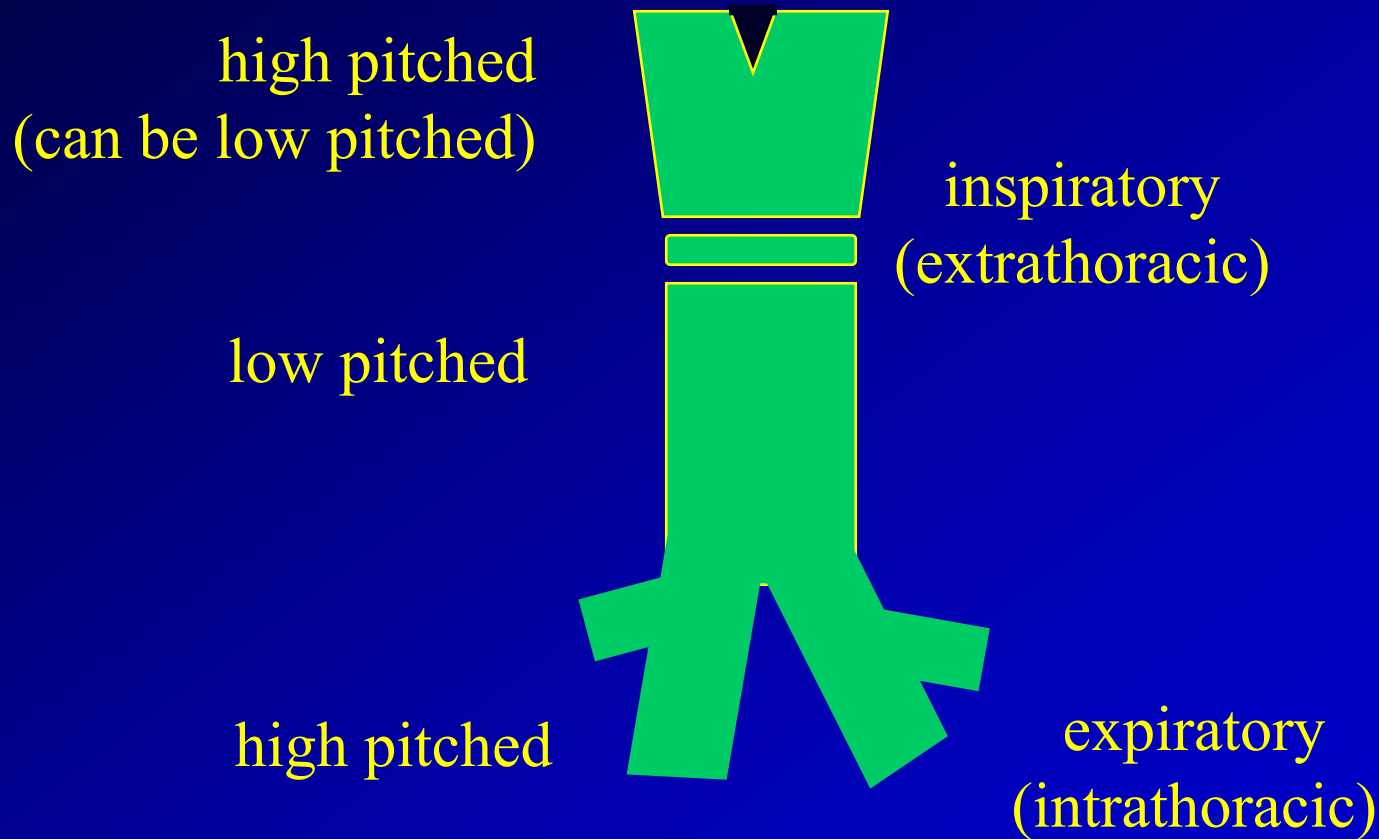


92 8 11

Diagram of airway anatomy



Stridor Qualities



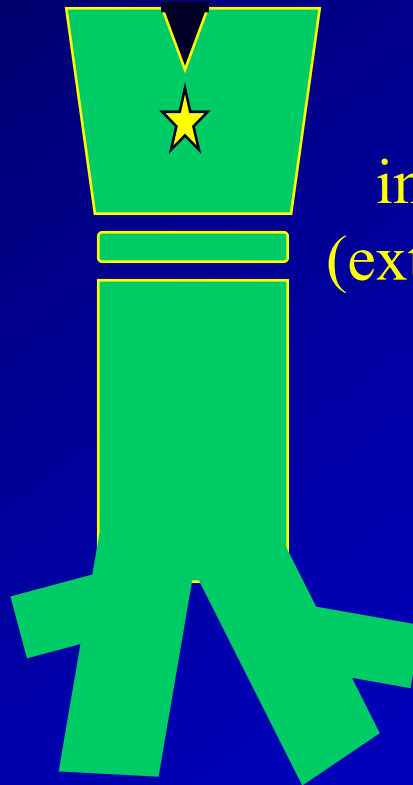
Stridor Qualities

★ hoarseness

high pitched
(can be low pitched)

low pitched

high pitched



inspiratory
(extrathoracic)

expiratory
(intrathoracic)

Otolaryngology Airway Evaluation

HISTORY



PHYSICAL EXAMINATION



PLAIN RADIOGRAPHS



ENDOSCOPY (FOL a/o DL,B)



SPECIALIZED RADIOGRAPHS

Organizing the Airway Evaluation: 3 Layers

Basic algorithm

How much is enough?

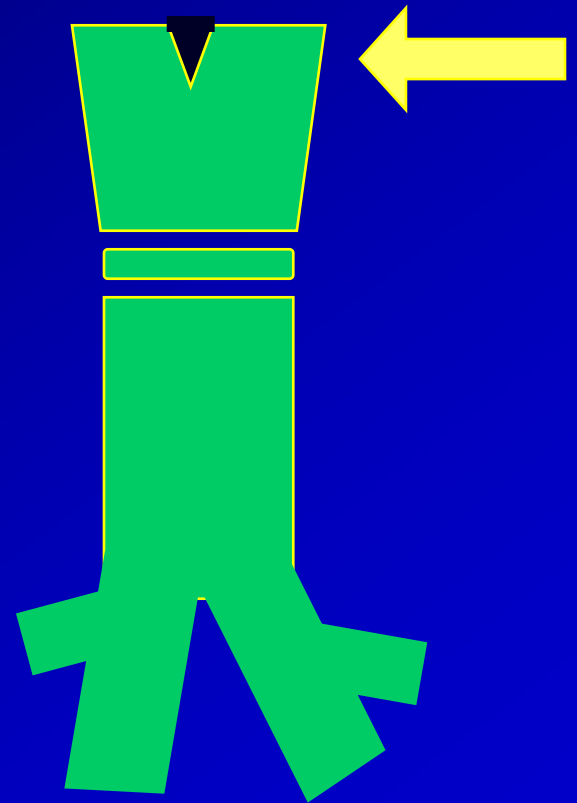
How urgently to proceed?

Most likely diagnosis is?

1. Croup
2. Vascular ring
3. Laryngomalacia
4. Subglottic stenosis
5. Aspirated foreign body
6. Other



Laryngomalacia



Laryngomalacia

Notice

- inspiratory stridor
 - high pitched in infants
 - “vibratory”

Most common congenital laryngeal anomaly

Management

- Usually expectant, treat GERD
- If severe: epiglottoplasty

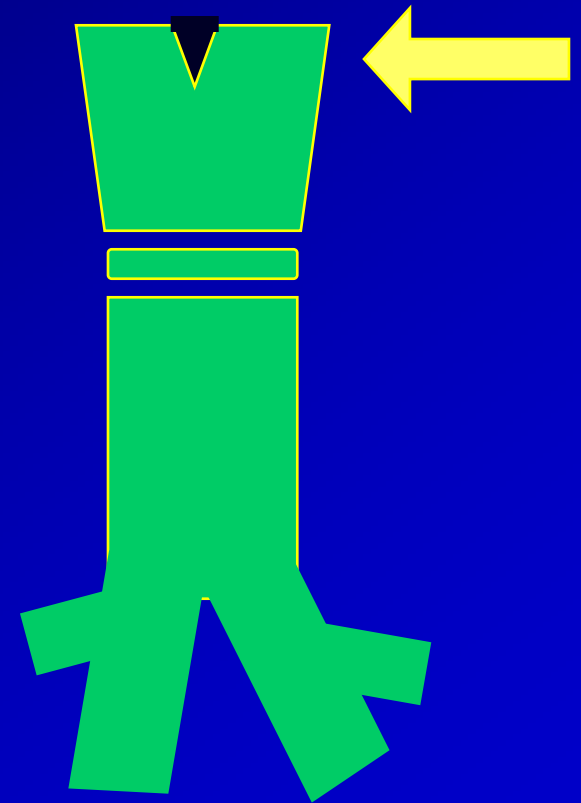


Most likely diagnosis is?

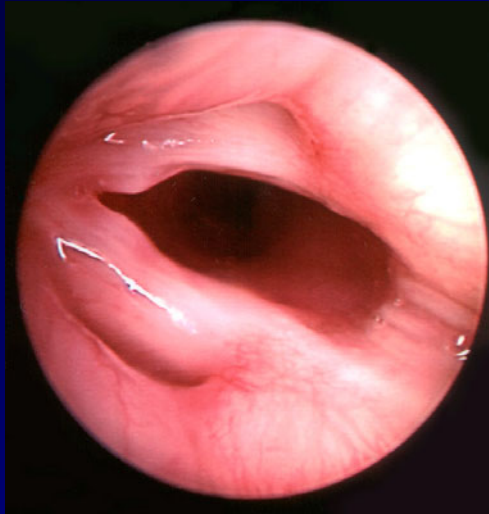
- Croup
- Vascular ring
- Laryngomalacia
- Subglottic stenosis
- Aspirated foreign body
- Other



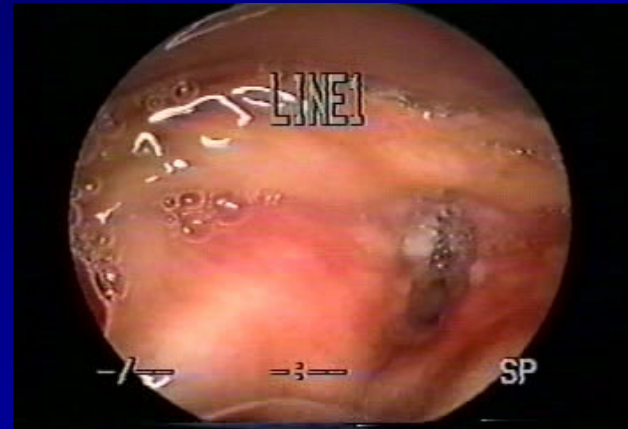
Laryngomalacia (acquired)



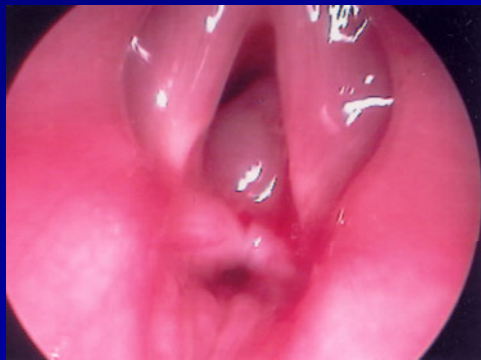
Selected causes of hoarseness



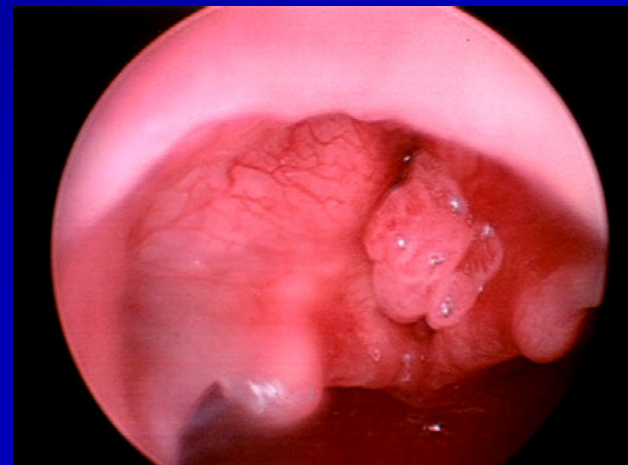
Vocal fold nodules



Exudative Laryngitis/Tracheitis



Post-intubation granulation tissue, synechiae



Recurrent respiratory papillomas

How quickly should this child's airway be visualized?

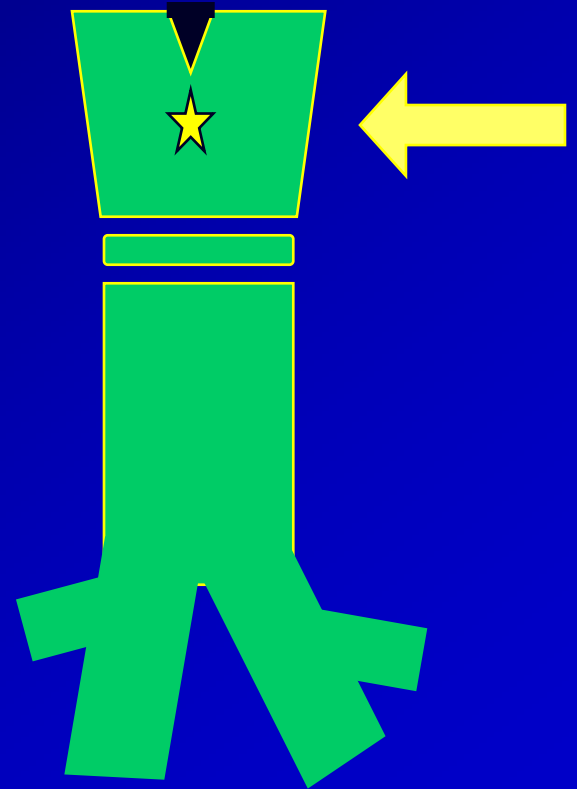
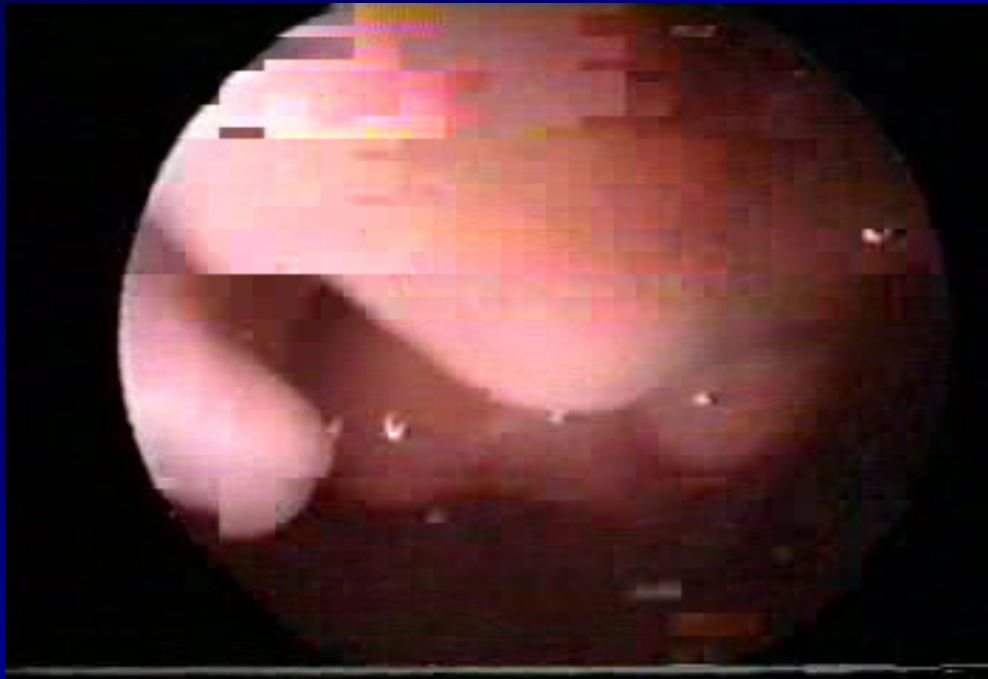
1. Today
2. Within 2 weeks
3. No rush



Proceed urgently if:

- Significant respiratory distress
 - increased supplemental oxygen requirement
 - child uncomfortable or becoming fatigued
 - not explained by other organ system problem
- Stridor of acute onset - risk of progression
 - foreign body
 - infection
 - Trauma
- Significant dysphonia - risk of complete obstruction
 - papillomas
 - exudative infections
 - foreign body

Recurrent respiratory papilloma



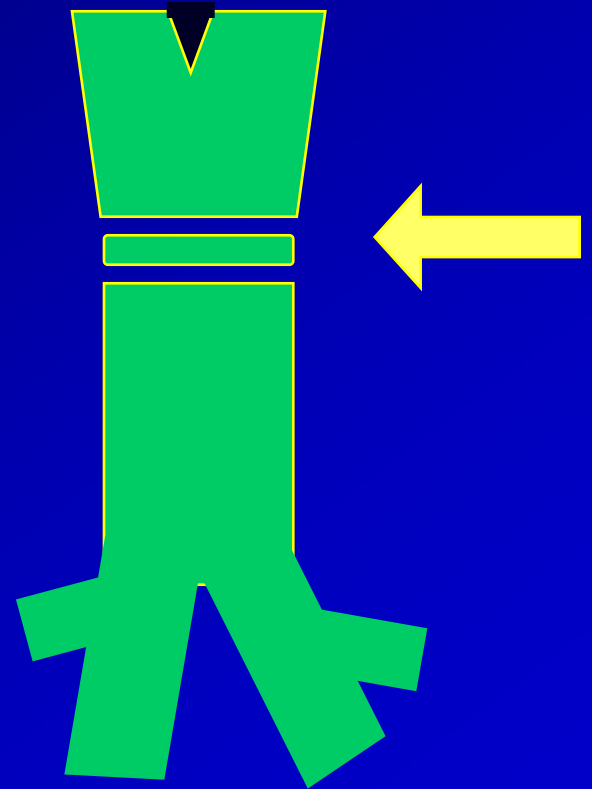
Recurrent respiratory papilloma

- Predilection for vocal folds
- If untreated, may progress to stridor and airway obstruction
- Excise with microdebrider, CO₂ laser or forceps
- Relentless recurrence
- ?cidofovir, cimetidine, interferon, other?
- ?tracheotomy

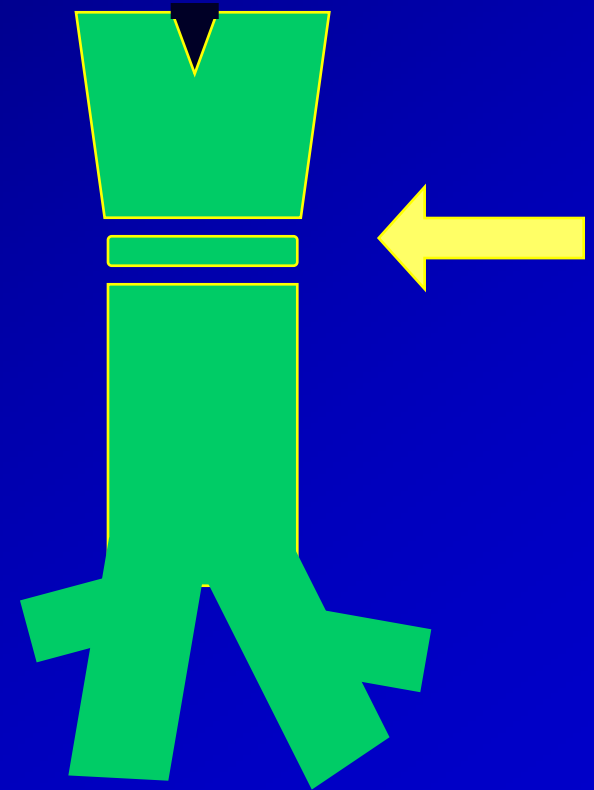
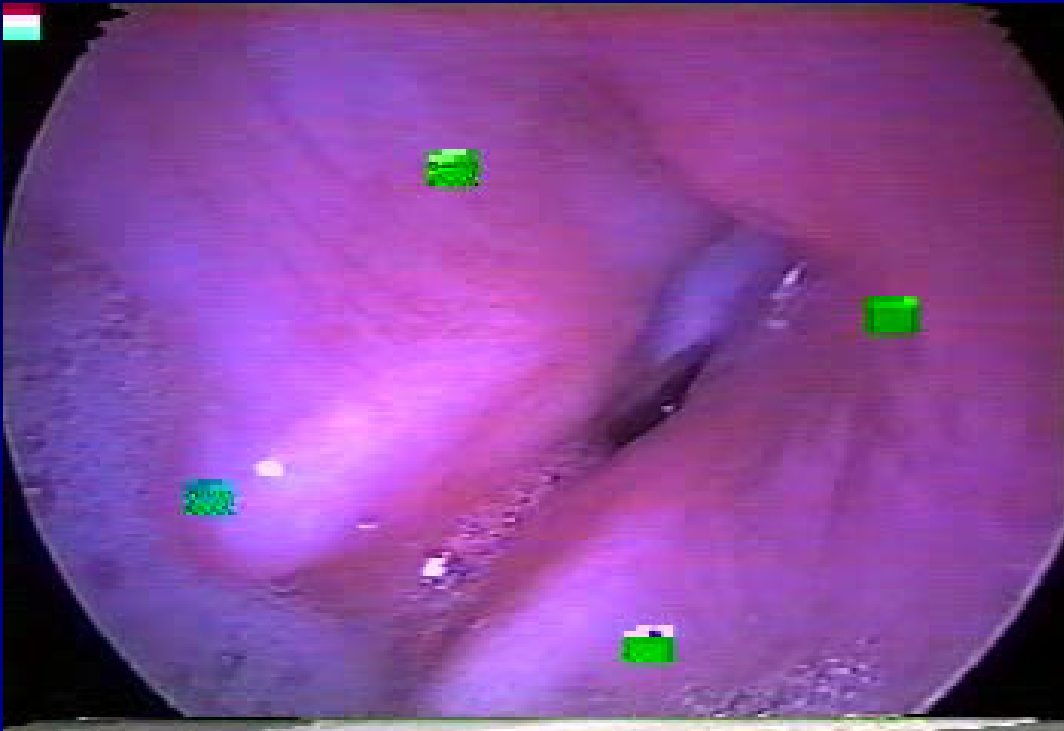




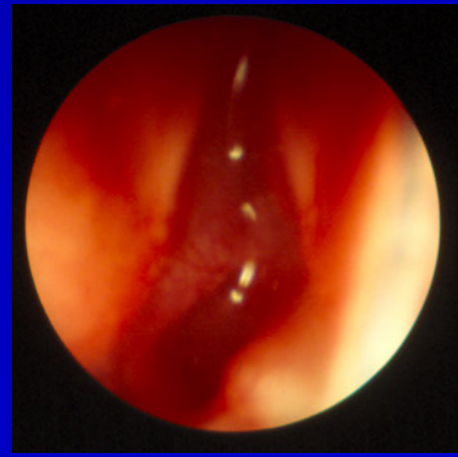
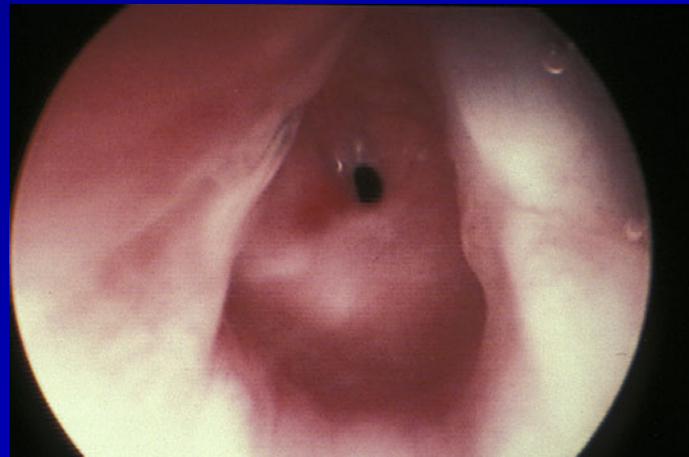
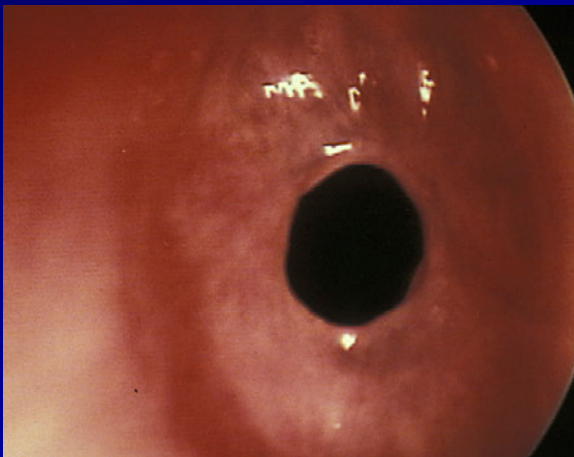
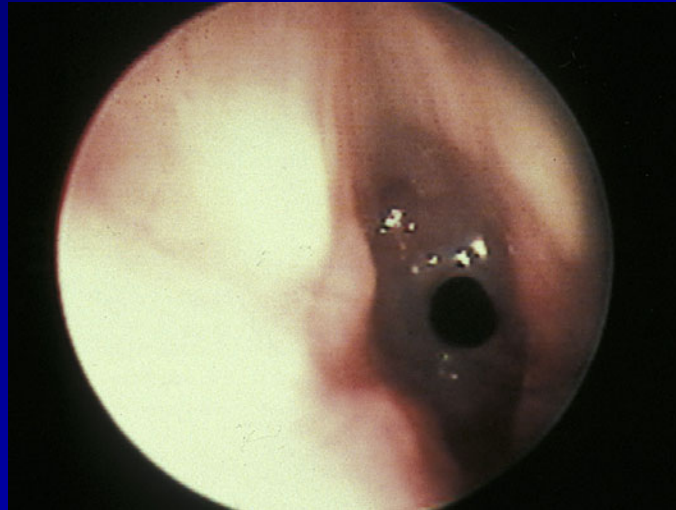
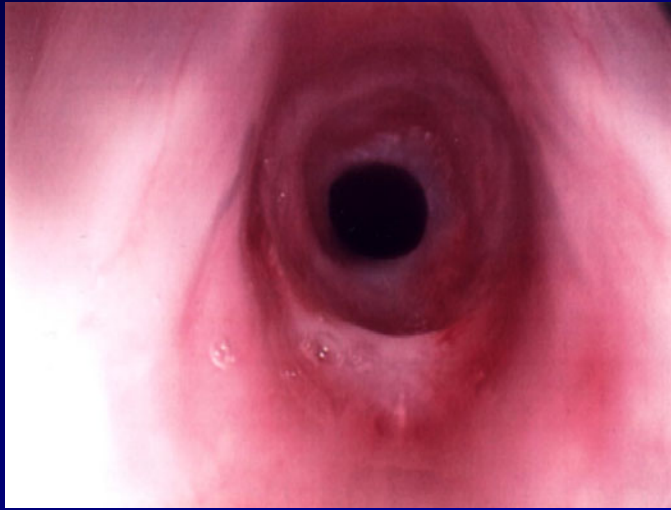
7 month old male, stridorous since 1 month of age, recently worse with upper respiratory tract infection; Full Term, never intubated, eats without difficulty, stridor worsens with agitation.



Subglottic Stenosis



Acquired Subglottic Stenosis

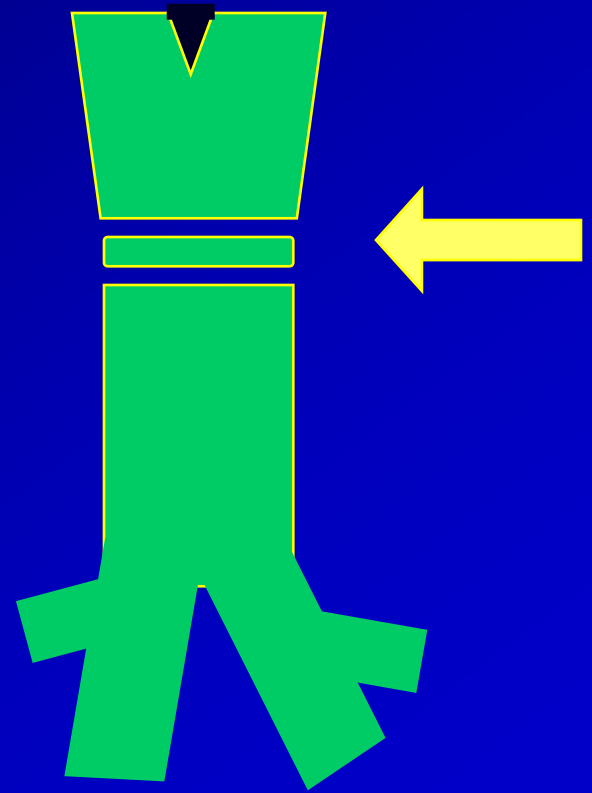


SUBGLOTTIC STENOSIS

- stridor, cough, persistent or recurrent “croup”
- Congenital or Acquired
 - Acquired is usually a result of intubation
- Diagnosis: endoscopy

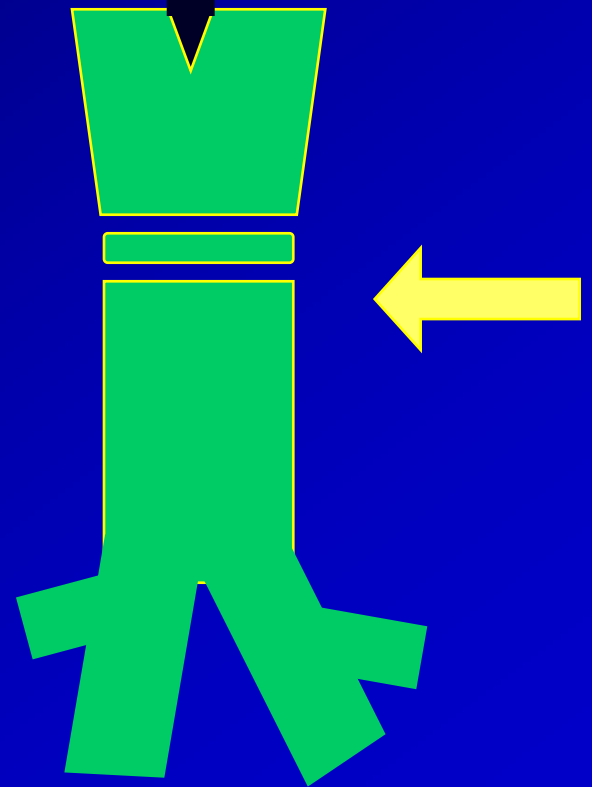
The subglottis is at risk because:

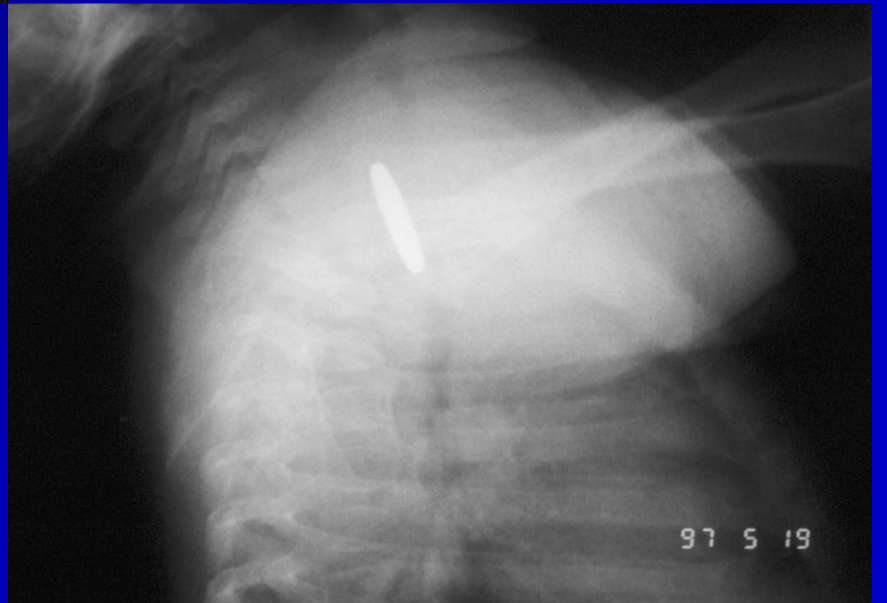
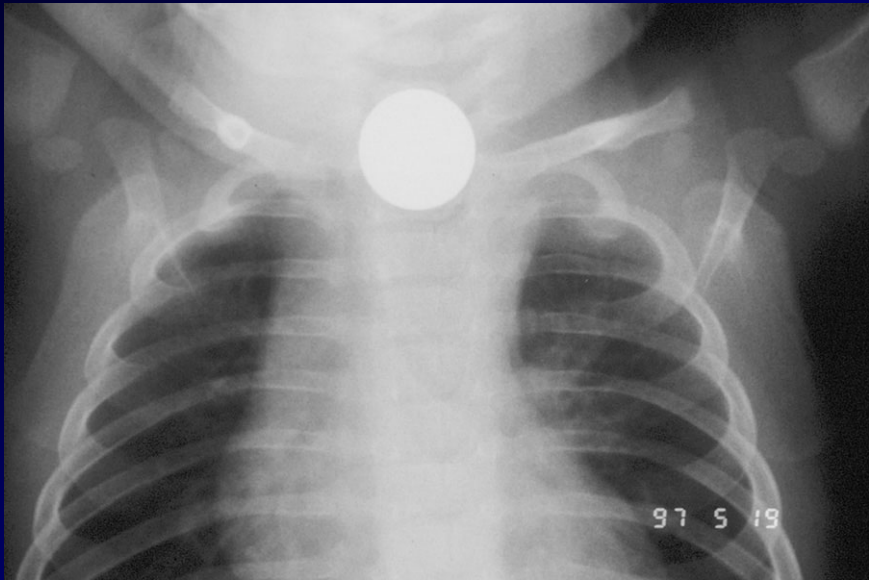
- It is the narrowest portion of the airway in infants
- The cricoid ring is the only complete ring and is non-distensible





5 month old male, stridorous for 2 days, Mom thought because of URI, but no other symptoms; FT, never intubated, stridor worsens with agitation.



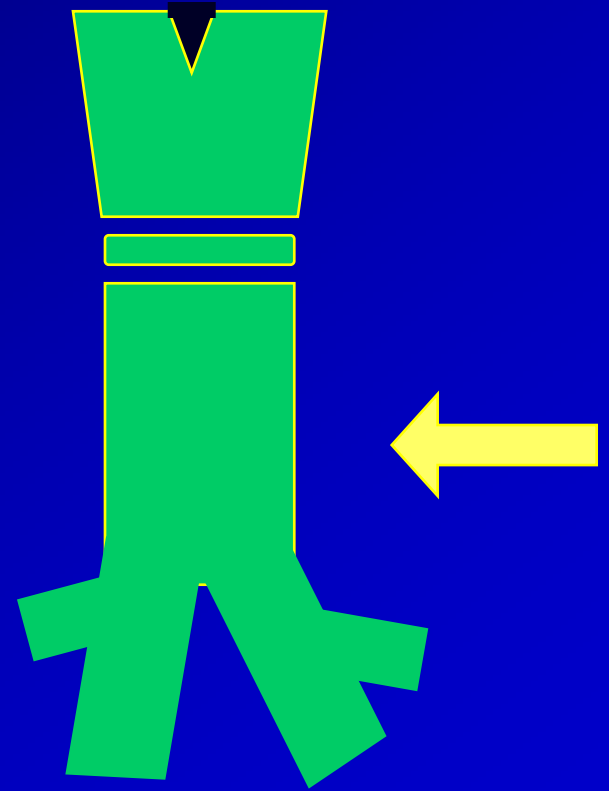


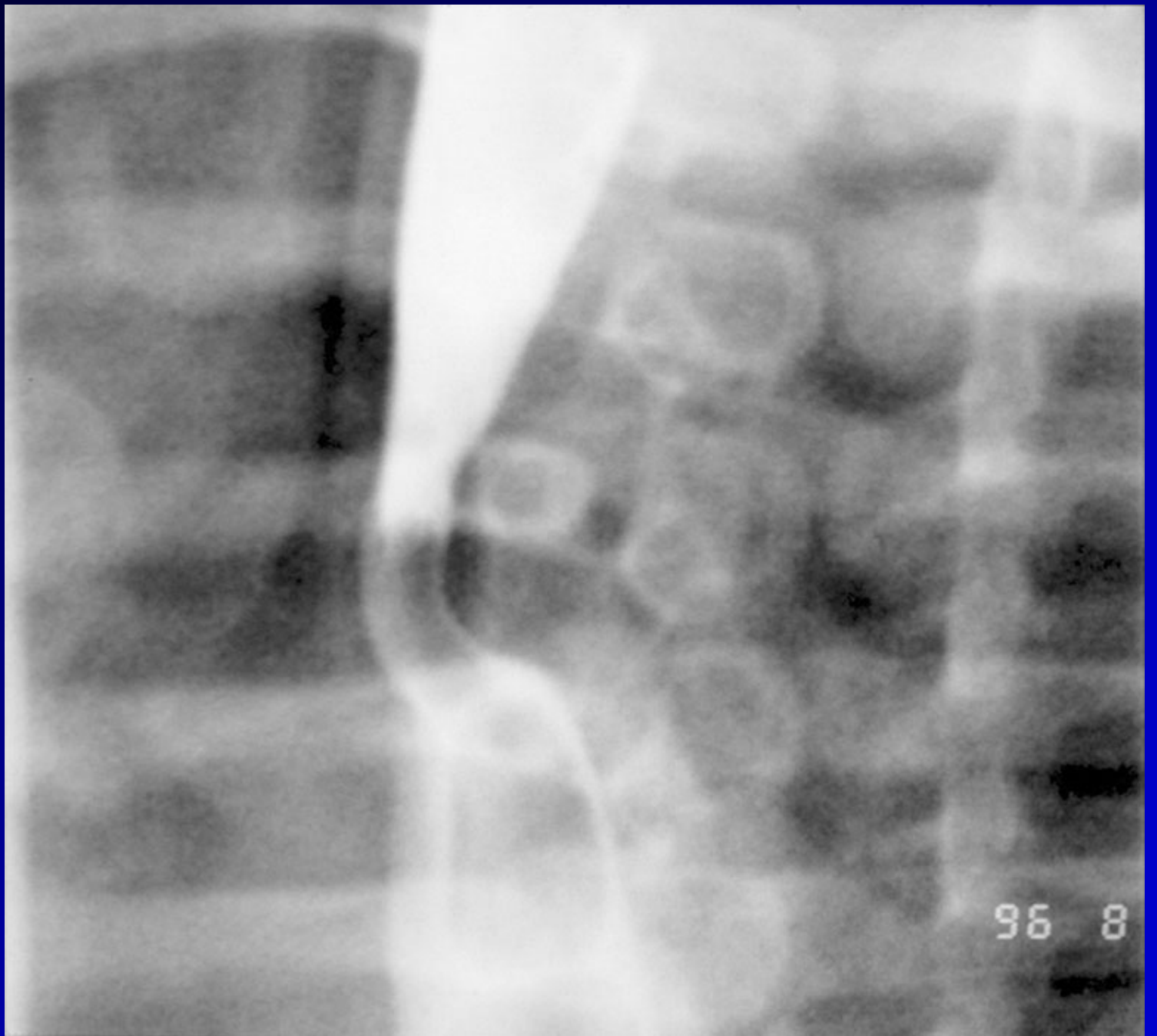
EXTRINSIC LARYNGEAL COMPRESSION

- post-cricoid foreign body
- deep neck infection



2 1/2 month old female, stridorous since birth, worsening.



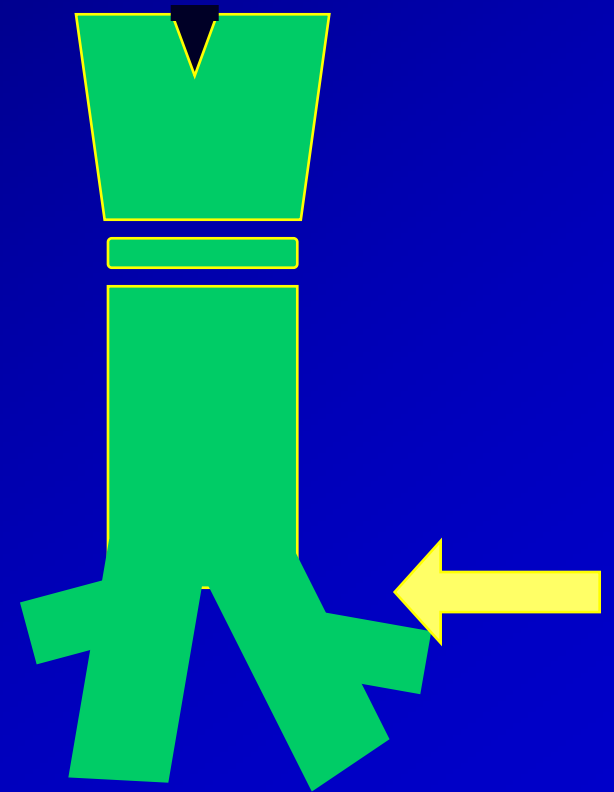


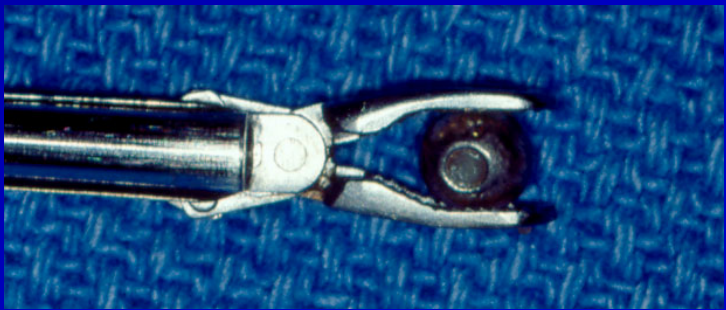
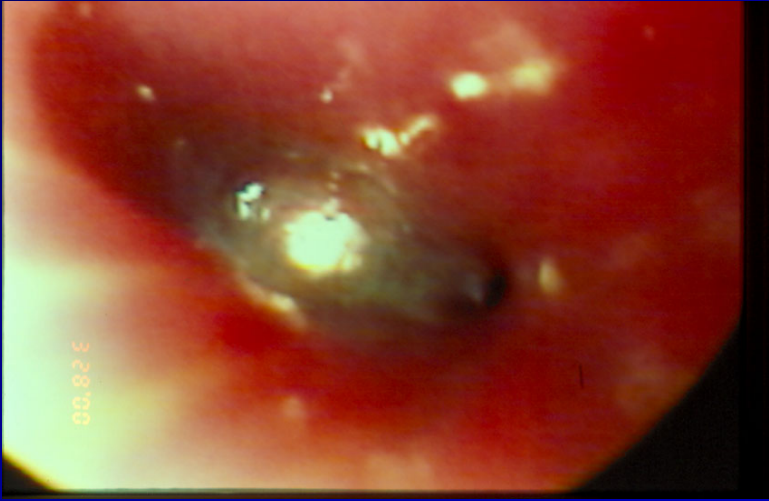
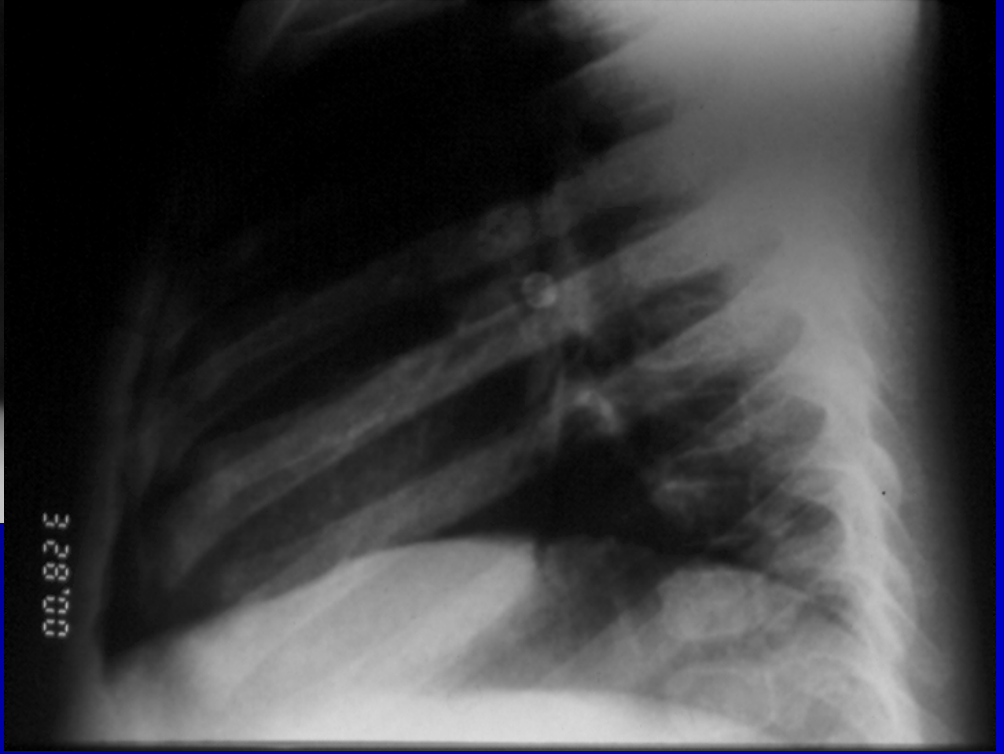
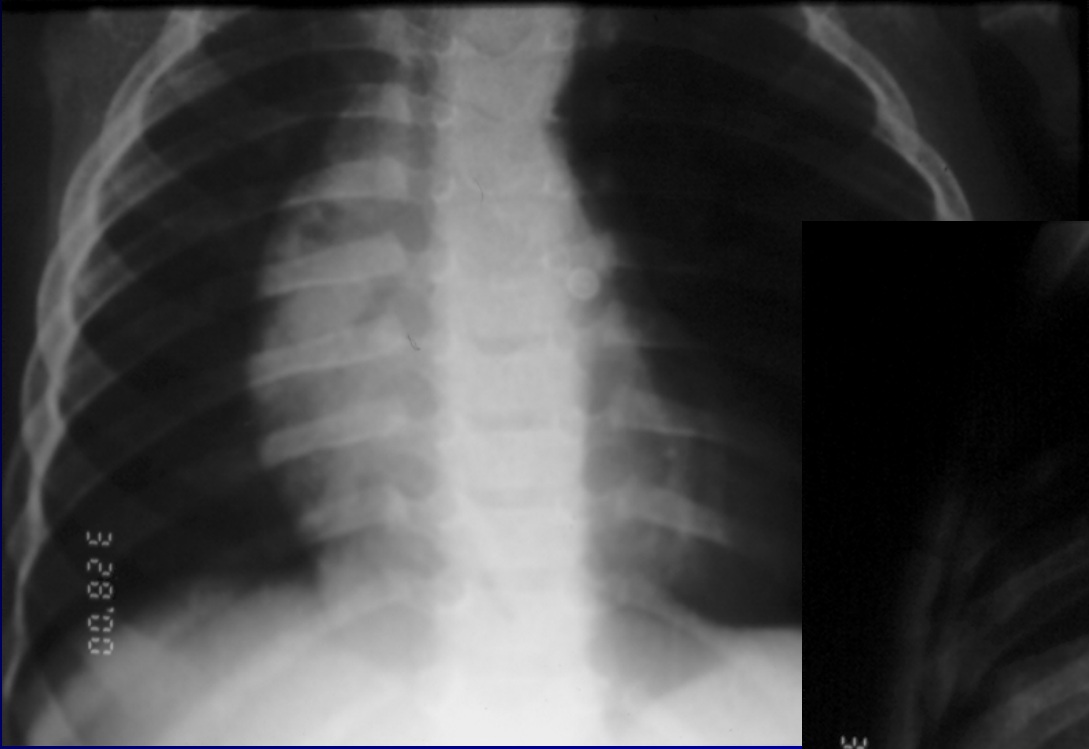
VASCULAR RING DOUBLE AORTIC ARCH

- recurrent “croup,” dysphagia
- reflex apnea
- stridor, staccato cough
- diagnosis: endoscopy and/or barium swallow
- diagnosis: ?CT ?MRI/MRA
- treatment: surgical



New onset stridor



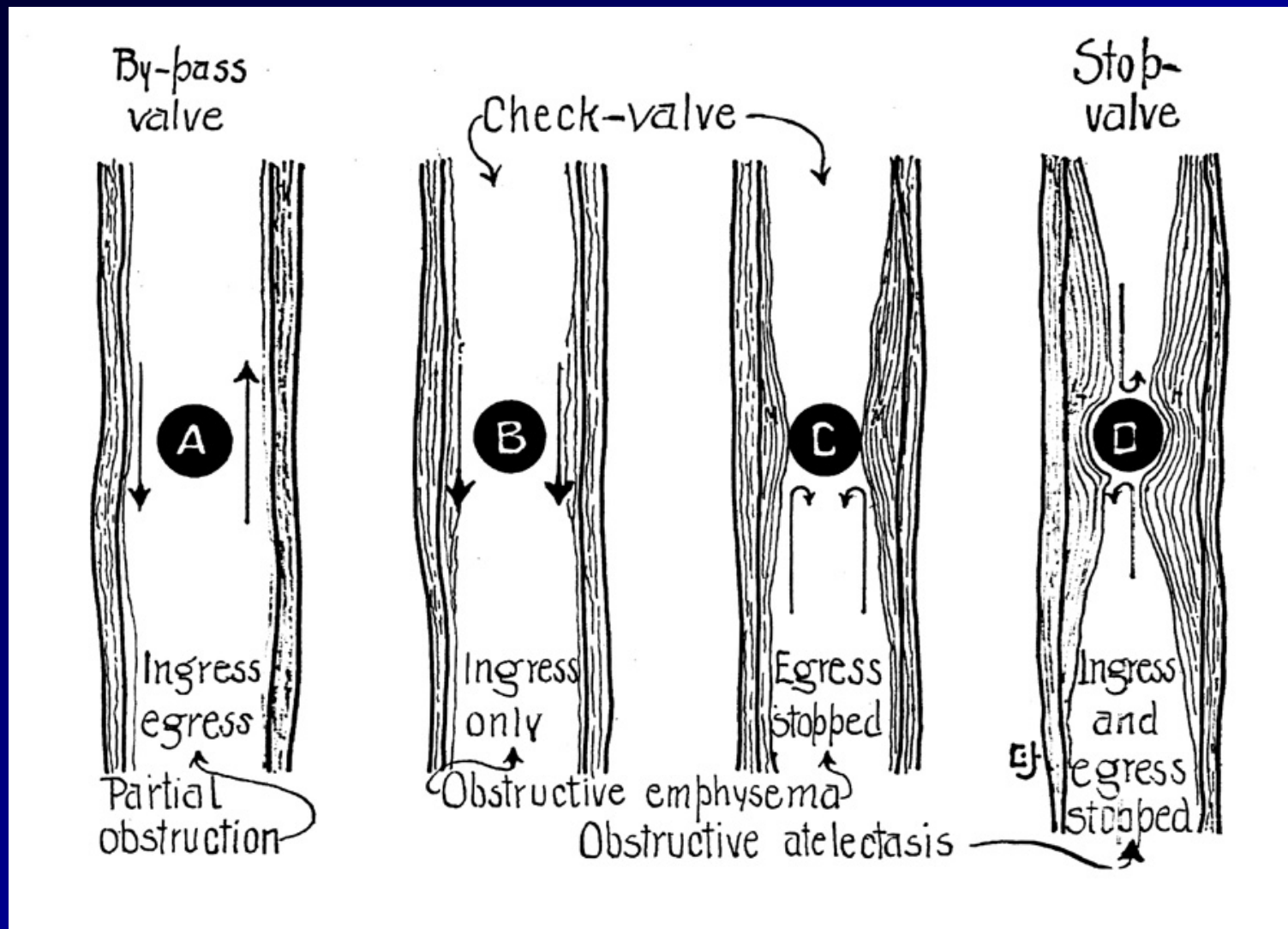


ASPIRATED FOREIGN BODY

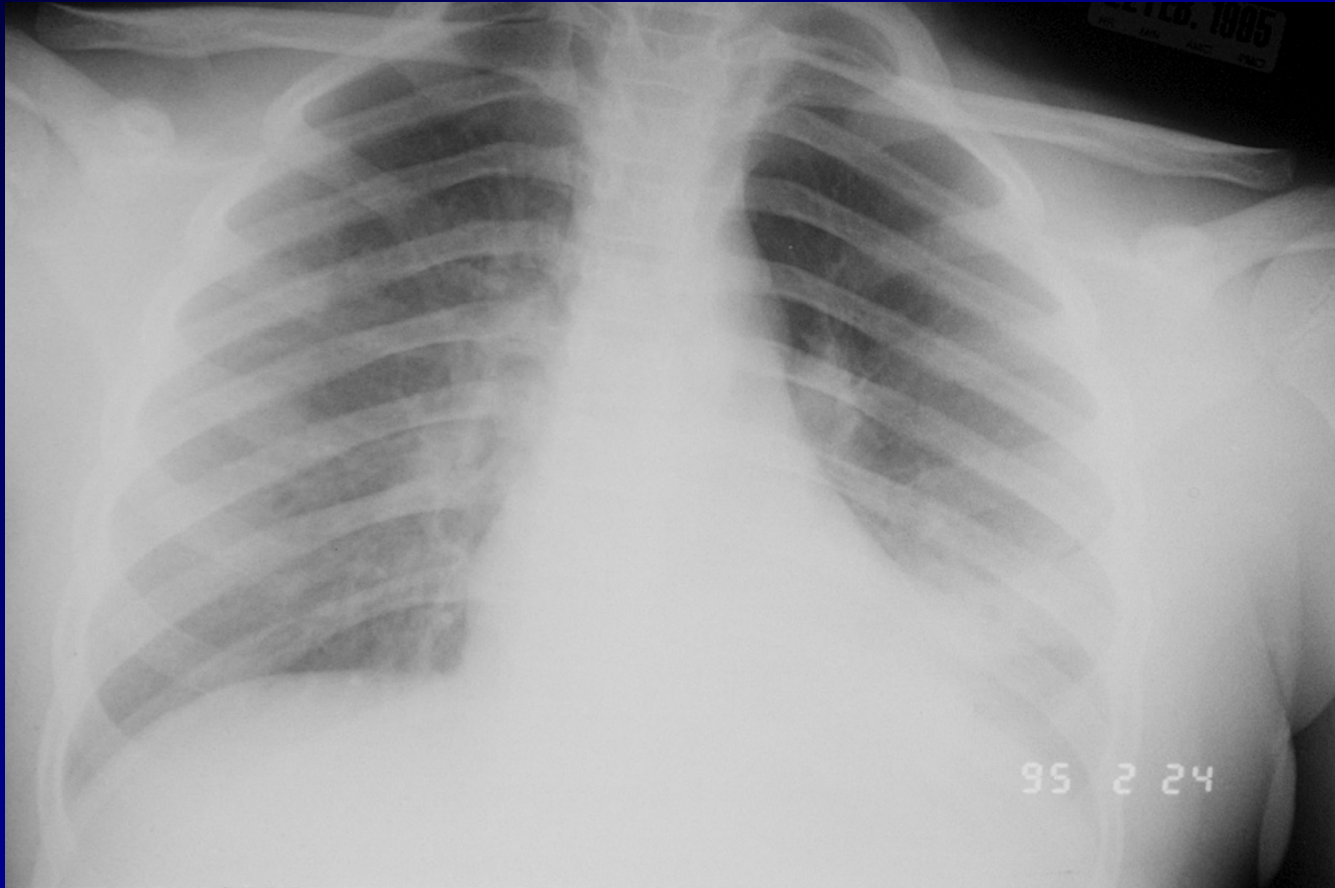


- Sometimes the foreign body can be seen in an XRay; but at other times only the consequences of the foreign body are seen

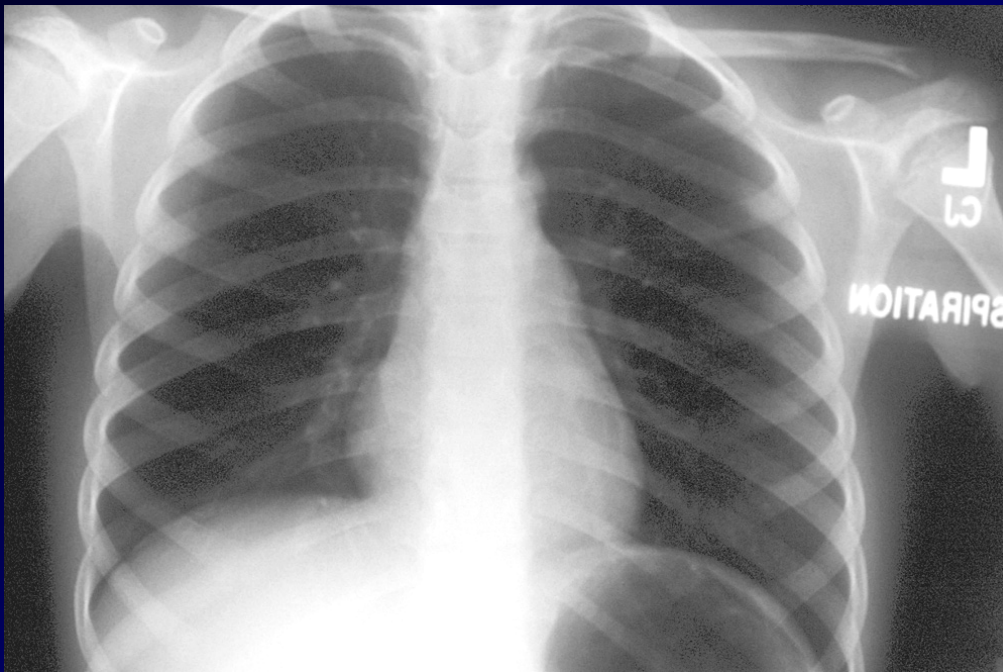




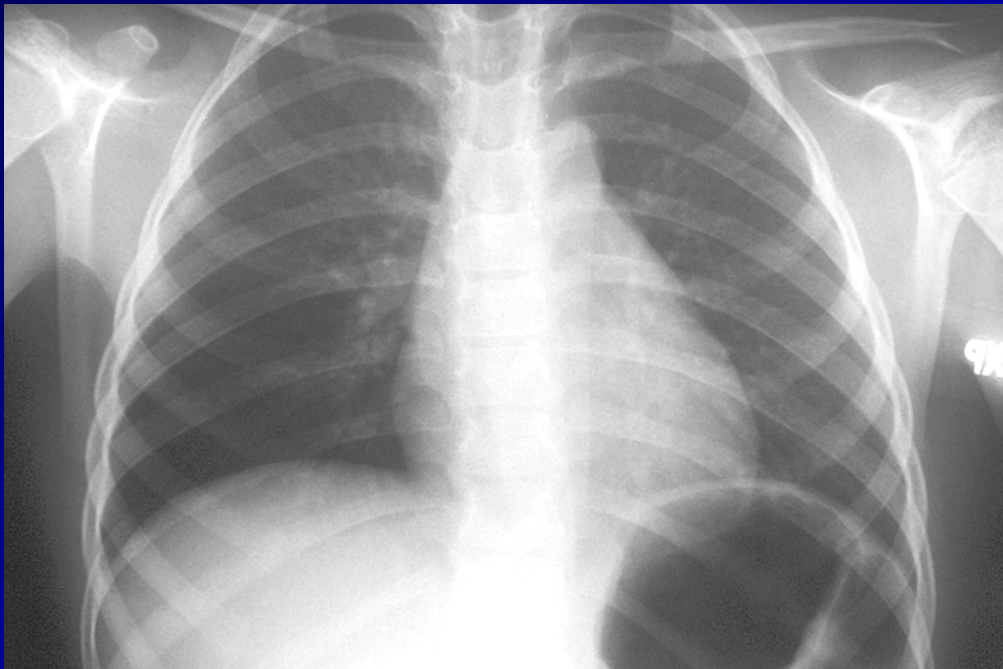
Chevalier Jackson. Bronchoscopy and Esophagoscopy. A Manual of Peroral Endoscopy and Laryngeal Surgery 2nd ed. 1927.

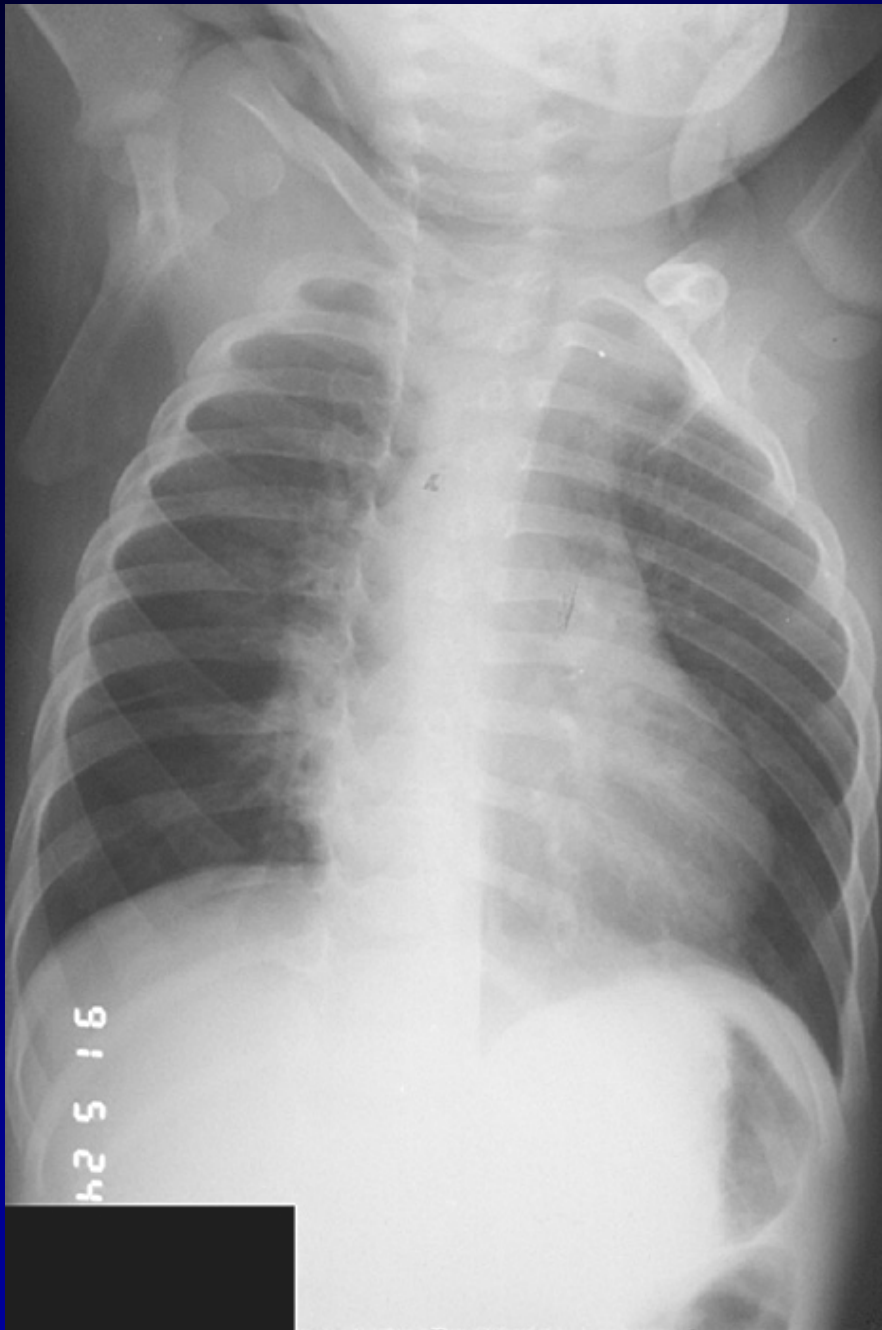


Atelectasis: stop valve effect

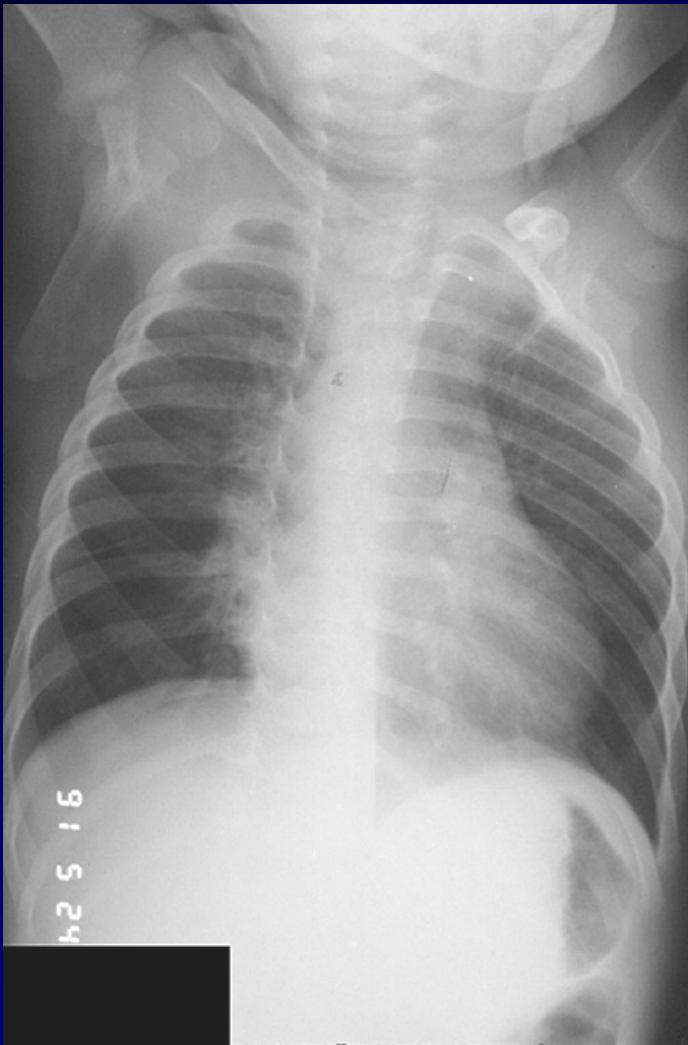


Hyperinflation:
check valve effect

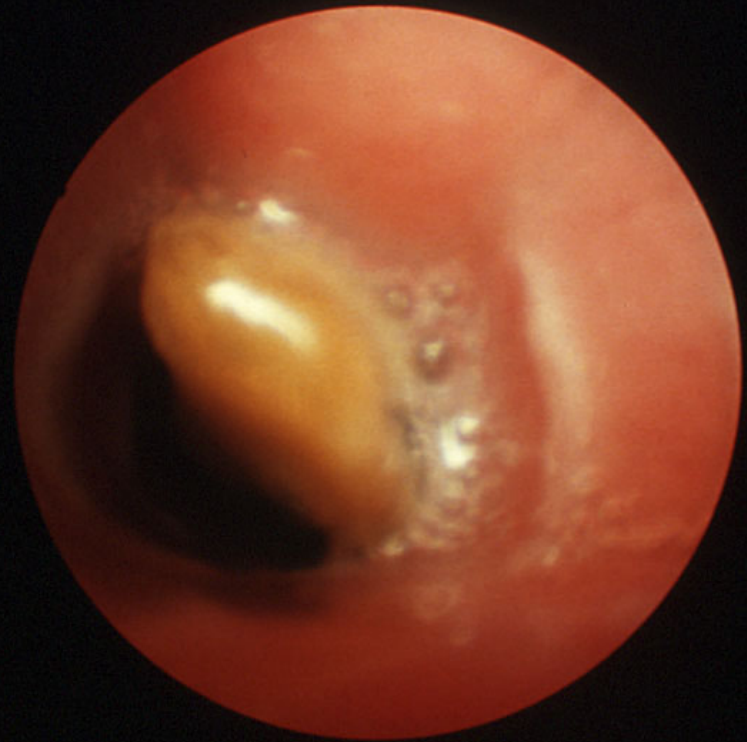


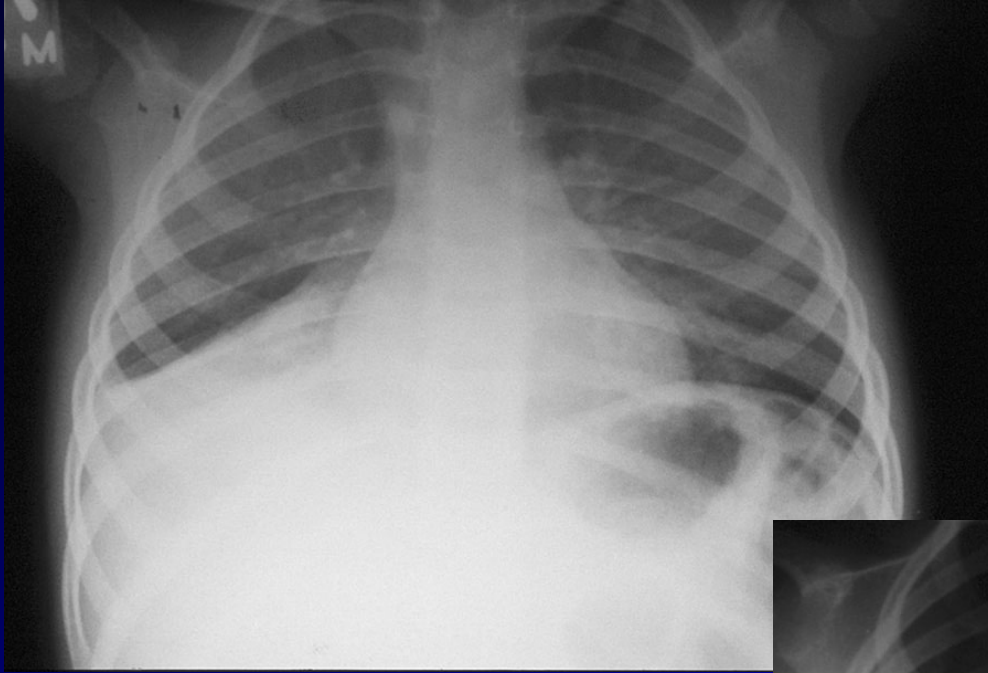


Decubitus XRay

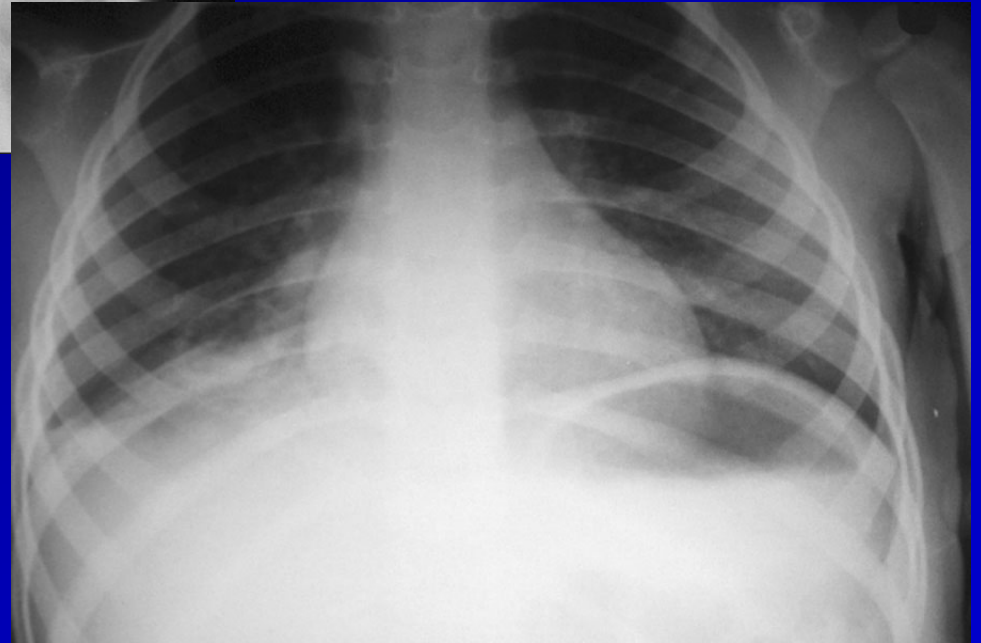


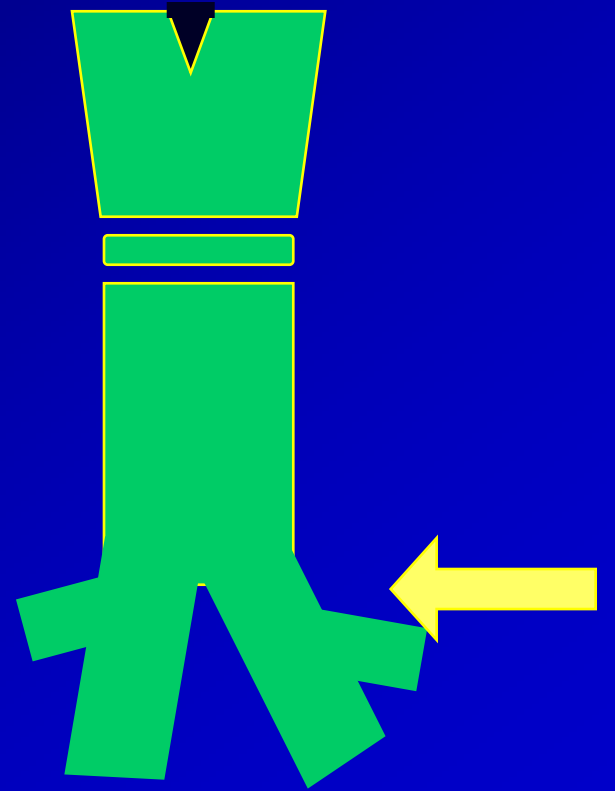
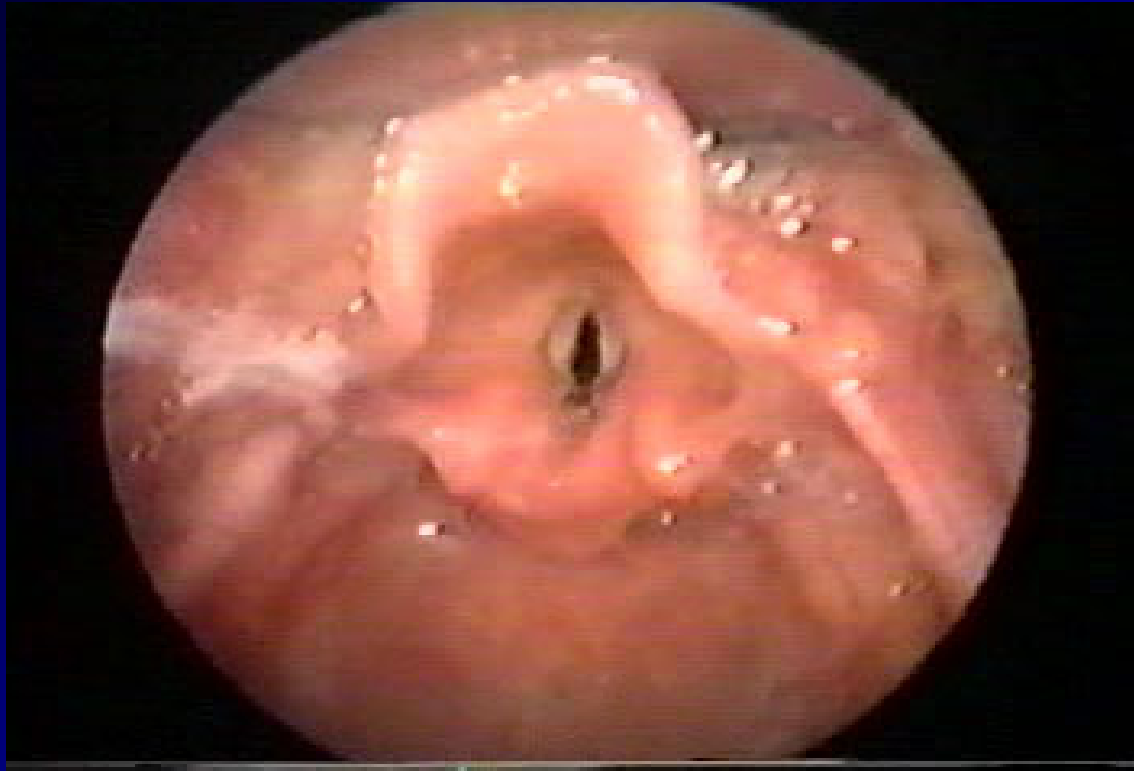
Sunflower seed,
right main bronchus





2 1/2 year old female with chronic cough, fever, and persistent right lower lobe atelectasis despite oral and intravenous antibiotics. XRay from February and March.





ENDOBRONCHIAL FOREIGN BODY

- gagging, coughing, choking
- symptoms may become quiescent
- endoscopy if
 - suggestive history
 - suggestive XRay
 - pulmonary disease with atypical course

Resources

- www.guideline.gov
- www.aap.org
 - <http://aappolicy.aappublications.org>
- www.entnet.org
- www.kidshealth.org

Tonsillectomy Myths, Facts and Special Considerations

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- Bicknell PG, Pediatr Infect Dis J, 1994
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1. Diagnosis and Management of Congenital Head & Neck Masses SIPAC 1981 *Amer. Acad. Oto.-Head & Neck Surgery*

Sinusitis:

1. *Annals Otorhinolaryngology* Oct. 1995
2. AAP Clinical Practice Guideline: Management of Sinusitis 2001
3. *Oto Head & Neck Surgery* vol 117 no. 3 part 2 Sept. 1997
4. Pediatric Sinusitis SIPAC, 2000 *Amer. Acad. Oto.-Head & Neck Surgery*