Chapter 5: Carrier & Symbol Synchronization



Graduate Program School of Electrical and Computer Engineering

Overview

- Signal parameter estimation
 - Likelihood function
 - Carrier recovery & symbol synchronization
- Carrier phase estimation
- Symbol timing estimation



- Propagation *delay* from the transmitter is generally unknown at the receiver
- How to synchronously *sample* the output of the demodulator?
- Symbol timing must be derived or extracted from the received signal
- Moreover, *frequency offset* must be estimated at the receiver for *phase-coherent* detection, which results from
 - Propagation delay
 - Frequency drift at the local oscillator
- What are methods for carrier and symbol synchronization?



- Assume the channel delays the transmitted signal and also adds noise to it
- Thus the received signal will be

$$r(t) = s(t-\tau) + n(t)$$
 where

$$s(t) = Re\left(s_l(t)e^{j2\pi f_c t}\right)$$

- Where τ is propagation delay and s_l(t) is the equivalent low pass signal
- We can also express *r*(*t*) as

$$r(t) = Re\left[\left(s_{l}(t-\tau)e^{j\phi} + z(t)\right]e^{j2\pi f_{c}t}\right]$$

• Where $\phi = -2\pi f_c \tau$ is the phase shift due to delay τ



- Note that ϕ is a function of f_c and τ
 - I.e., we need to estimate both f_c and τ to know ϕ
- The carrier signal generated at the receiver may in general *not be* in *synchronous* with the transmitter
 - Over time the two oscillators may be drifting slowly in opposite directions
- Furthermore, the precision with which one may synchronize in time depends on signal interval T
- Estimation error in τ must be a small fraction of T
 - Usually 1% of T
- But this level of precision may not be adequate in the estimation of \$\phi\$ since \$f_c\$ is generally large and small estimation error results in significant phase error



- We have to estimate both ϕ and τ to demodulate and detect the signal
- Express the received signal as

 $r(t) = s(t; \phi, \tau) + n(t)$

- And denote the parameter vector {φ,τ} by ψ such that s(t; φ, τ) = s(t; ψ)
- Two criteria widely used in signal parameter estimation
 - 1. Maximum Likelihood (ML) criterion: ψ is treated as deterministic but unknown
 - 2. Maximum a posteriori probability (MAP) criterion: ψ is modeled as random & characterized by a priori probability density function $p(\psi)$



- Orthonormal expansion of r(t): Using *N* orthogonal functions $\{f_n(t)\}$ we may represent r(t) by vector of coefficients $\mathbf{r} \equiv [r_1, r_2, r_3, \dots, r_N]$
 - In ML, the estimate of ψ is the value that maximizes $p(\mathbf{r} \mid \psi)$
 - In MAP the value of ψ that maximizes the a posteriori probability density function is sought

$$p(\psi/\mathbf{r}) = \frac{p(\mathbf{r}|\psi)p(\psi)}{p(\mathbf{r})}$$

- In the absence of any prior knowledge of the properties of ψ, we can assume *p*(ψ) is *uniform* over a range of values
 of the parameter
- In such a case, the value of ψ that maximizes $p(\mathbf{r} \mid \psi)$ also maximizes $p(\psi \mid \mathbf{r})$, *i.e.*, *MAP and ML are identical*

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Likelihood Function

- In what follows, we view the parameters ϕ and τ unknown but deterministic
 - Hence, adopt the ML criterion in estimating them
- Also the observation interval T₀ ≥ T, also called *one-shot observation*, is used as a basis for continuously updating the estimate (tracking)
- Since the additive noise n(t) is WG with zero mean

$$p(\mathbf{r}|\psi) = \left(\frac{1}{\sqrt{2\pi\sigma}}\right)^{N} exp\left(-\sum_{n=1}^{N} \frac{[r_{n} - s_{n}(\psi)]^{2}}{2\sigma^{2}}\right)$$

• Where

$$r_n = \int_{T_0} r(t) f_n(t) dt \quad \text{and} \quad s_n(\psi) = \int_{T_0} s(t; \psi) f_n(t) dt$$



9

$$\lim_{N \to \infty} \frac{1}{2\sigma^2} \sum_{n=1}^{N} [r_n - s_n(t; \psi)]^2 = \frac{1}{N_0} \int_{T_0} [r(t) - s(t; \psi)]^2 dt$$
(Show this?)

The maximization of p(r | ψ) with respect to the signal parameter ψ is equivalent to the maximization of the *likelihood function*

$$\Lambda(\psi) = exp \left\{ -\frac{1}{N_0} \int_{T_0} [r(t) - s(t; \psi)]^2 \right\} dt$$



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Carrier Recovery & Symbol Synchronization

 Consider the binary PSK (or binary PAM) signal demodulator and detector block diagram shown below





- Carrier phase estimate is used in generating the phase reference signal $g(t)\cos(2\pi f_c t + \phi)$ for the correlator
- Symbol synchronizer controls the sampler and the output of the signal pulse generator
- If g(t) is rectangular the signal generator can be omitted
- The block diagram of an M-ary PSK demodulator is shown in the next slide
- Two correlators (or matched filters) are used to correlate the received signal with the two quadrature carrier signals
- Phase detector is used (compares the received signal phases with the possible transmitted signal phases)







• The same arrangement can be used for M-ary PAM by introducing an automatic gain control at the front end and making the detector an *"amplitude detector"*



Block diagram of an M-ary PAM receiver



• The block diagram of a QAM demodulator is shown below



Block diagram of a QAM receiver

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Carrier Phase Estimation

- Two methods for carrier phase estimation are:
- 1. Use of *pilot signal* that allows the receiver to extract the carrier frequency and phase of the received signal
 - Pilot signal is unmodulated carrier component that is tracked by a *Phase Locked Loop* (PLL) which is designed to be narrowband
- 2. Derive the carrier phase *estimate directly* from the modulated signal
 - Total transmitter power is used to transmit the information bearing signal only
 - This is *widely used* in practice and in our analysis we assume the signal is transmitted via suppressed carrier



Carrier Phase Estimation ...

• As an *illustration* of the effect of phase error, consider the demodulation of DSB/SC AM signal

 $s(t) = A(t)\cos(2\pi f_c t + \phi)$

• Demodulate the signal using a carrier reference signal

$$c(t) = \cos(2\pi f_c t + \hat{\phi}) \quad \text{such that}$$

$$c(t) s(t) = \frac{1}{2} A(t) \cos(\phi - \hat{\phi}) + \frac{1}{2} A(t) \cos(4\pi f_c t + \phi + \hat{\phi})$$

• The double frequency term is removed by the *low pass filter* (integrator) such that the output is

$$\mathbf{y}(t) = \frac{1}{2} A(t) \cos(\phi - \hat{\phi})$$



Carrier Phase Estimation ...

- Note that the effect of the error $(\phi \hat{\phi})$ is to reduce the amplitude by the factor $cos(\phi \hat{\phi})$ and power by the square of this factor
 - Note $10^{\circ} \text{ error} \rightarrow 0.13 \text{ dB}$ and $30^{\circ} \rightarrow 1.25 \text{ dB}$
- The effect of phase error is much more severe in QAM and multiphase PSK which are usually represented by

$$s(t) = A(t)\cos(2\pi f_c t + \phi) - B(t)\sin(2\pi f_c t + \phi)$$

• This is demodulated using two quadrature carriers

$$c_{c}(t) = cos(2\pi f_{c}t + \hat{\phi})$$
$$c_{s}(t) = -sin(2\pi f_{c}t + \hat{\phi})$$



Carrier Phase Estimation ...

 Multiplying s(t) by c_c(t) followed by low-pass filtering yields the phase component

$$\mathbf{y}_{I}(t) = \frac{1}{2} A(t) \cos(\phi - \hat{\phi}) + \frac{1}{2} B(t) \sin(\phi - \hat{\phi})$$

 And multiplying s(t) by c_s(t) and low pass filtering yields the quadrature component

$$\mathbf{y}_{Q}(t) = \frac{1}{2} B(t) \cos(\phi - \hat{\phi}) + \frac{1}{2} A(t) \sin(\phi - \hat{\phi})$$

- Results:
 - Power reduction by a factor of $\cos^2(\phi \hat{\phi})$
 - *Cross-talk interference* from the in-phase and quadrature components causing a higher degradation in performance



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Maximum Likelihood Carrier Phase Estimation

- Assume the delay τ is constant
- The likelihood function will be a function of ϕ and not of ψ

$$\Lambda(\phi) = exp\left[-\frac{1}{N_0}\int_{T_0}^{T_0} (r(t) - s(t, \phi))^2\right] dt$$

= $C exp\left(-\frac{1}{N_0}\int_{T_0}^{T_0} r^2(t) dt + \frac{2}{N_0}\int_{T_0}^{T_0} r(t) s(t, \phi) dt - \frac{1}{N_0}\int_{T_0}^{T_0} s^2(t, \phi)\right)$

• 1st term is independent of ϕ and 3rd term is a *constant* and equal to the energy over the observation time T₀

• Hence,
$$\Lambda(\phi) = C \exp\left(\frac{2}{N_0} \int_{T_0} r(t) s(t, \phi) dt\right)$$



Maximum Likelihood Carrier Phase Estimation ...

- C is a constant independent of ϕ
- Equivalently, we can seek the value of ϕ that maximizes log $\Lambda(\phi)$ such that

$$\ln \Lambda(\phi) = \Lambda_L(\phi) = \frac{2}{N_0} \int_{T_0} r(t) s(t,\phi) dt + \ln C$$

• The ML estimate ϕ_{ML} is the value of ϕ that maximizes $\Lambda_L(\phi)$

$$\Lambda_L(\phi) = \frac{2}{N_0} \int_{T_0} r(t) s(t,\phi) dt + \ln C \approx \frac{2}{N_0} \int_{T_0} r(t) s(t,\phi) dt$$



Maximum Likelihood Carrier Phase Estimation ...

- Example: Consider the transmission of unmodulated signal $Acos2\pi f_c t$. The received signal is $r(t) = Acos(2\pi f_c t + \phi) + n(t)$
- Then, the log likelihood function will be

$$\Lambda_{L}(\phi) = \frac{2A}{N_{0}} \int_{T_{0}} r(t) \cos(2\pi f_{c}t + \phi) dt$$

• Differentiating $\Lambda_L(\phi)$ and equating to zero we can find the value of ϕ that maximizes the likelihood function

$$\frac{dA_{L}(\phi)}{d\phi} = \int_{T_{0}} r(t) \sin(2\pi f_{c}t + \hat{\phi}_{ML}) dt = 0; \text{ yields}$$

$$\hat{\phi}_{ML} = -\tan^{-I} \left(\frac{\int_{T_{0}} r(t) \sin 2\pi f_{c}t dt}{\int_{T_{0}} r(t) \cos 2\pi f_{c}t dt} \right)$$





A (one-shot) ML estimate of the phase of an unmodulated carrier



Maximum Likelihood Carrier Phase Estimation ...

- Note that: $\int_{T_0} r(t) \sin(2\pi f_c t + \hat{\phi}_{ML}) dt = 0$ implies the use of a loop to extract the estimate as illustrated below
- The loop filter is an integrator whose bandwidth is proportional to the reciprocal of the integration interval T_o



A PLL for obtaining the ML estimate of the phase of an unmodulated carrier



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Phase-locked Loop

- *Phase-locked loop* (PLL) consists of a multiplier, a loop filter, and a voltage-controlled oscillator (VCO)
- Assume that the input to the PLL is a $\cos(2\pi f_c t + \phi)$ and the output of the VCO $\sin(2\pi f_c t + \phi)$

Then
$$\begin{array}{l} e(t) = \cos(2\pi f_c t + \phi) \sin(2\pi f_c t + \hat{\phi}) \\ = \frac{1}{2} \sin(\hat{\phi} - \phi) + \frac{1}{2} \sin(4\pi f_c t + \phi + \hat{\phi}) \end{array}$$





Phase-locked Loop ...

• The *loop filter* is a low-pass filter with transfer function

$$G(s) = \frac{1 + \tau_2 s}{1 + \tau_1 s}$$

- τ_1 and τ_2 are design parameters ($\tau_1 >> \tau_2$) that control the bandwidth of the loop
- Output of the loop filter gives control voltage v(t) for VCO
- The VCO is basically a sinusoidal signal generator with an instantaneous phase given by

$$2\pi f_c t + \hat{\phi(t)} = 2\pi f_c t + k \int_{-\infty}^t v(\tau) d\tau$$

• where K is a gain constant in rad/V

Phase-locked Loop ...

- Neglecting the double-frequency term, the PLL may be implemented as shown below
 - It is a *non-linear* system unless $\sin(\hat{\phi} \phi) \approx \hat{\phi} \phi$
- The linearized PLL is characterized by the closed-loop transfer function (see pages 342-343 of the text)

$$H(s) = \frac{1 + \tau_2 s}{1 + (\tau_2 + 1/K) s + (\tau_1/K) s^2}$$

Where K is the gain parameter - -



31



Phase-locked Loop ...

• Frequency response of the closed-loop transfer function





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Effect of Additive Noise on Phase Estimate

• Assume narrowband noise at the input of the PLL and that the PLL is tracking a sinusoidal signal of the form

$$s(t) = A_c \cos(2\pi f_c t + \phi(t))$$

• That is corrupted by additive narrowband noise

 $n(t) = x(t)\cos 2\pi f_c t - y(t)\sin 2\pi f_c t$

- Where x(t) and y(t) are assumed to be statistically independent, stationary and Gaussian with power spectral density N₀/2 W/Hz
- Using trigonometric identities n(t) can be expressed as

 $n(t) = n_c(t)\cos(2\pi f_c t + \phi(t)) - n_s(t)\sin(2\pi f_c t + \phi(t))$



Effect of Additive Noise on Phase Estimate

• Where

$$n_{c}(t) = x(t)\cos\phi(t) + y(t)\sin\phi(t)$$
$$n_{s}(t) = -x(t)\sin\phi(t) + y(t)\cos\phi(t)$$

• Note that

$$n_{c}(t) + jn_{s}(t) = (x(t) + jY(t))e^{-j\phi(t)}$$

Such that n_c(t) and n_s(t) have the same statistical properties as x(t) and y(t)



Effect of Additive Noise on Phase Estimate ...

 If s(t)+n(t) is multiplied by the output of VCO and the double frequency terms are ignored, the input to the loop filter is a noise corrupted signal

$$e(t) = A_c \sin \Delta \phi + n_c(t) \sin \Delta \phi - n_s(t) \cos \Delta \phi$$
$$= A_c \sin \Delta \phi + n_I(t)$$

• Where $\Delta \phi = \phi - \phi$ is the *phase error*



Effect of Additive Noise on Phase Estimate ...

• If the power of the incoming signal $P_c = \frac{1}{2} A_c^2$ is larger than the noise power, the PLL may be linearized by making $sin \Delta \phi(t) \approx \Delta \phi(t)$



Linearized PLL model with additive noise



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- How to maximize Λ(φ) or Λ_L(φ) when the signal s(t; φ) carries the information sequence {I_n}?
- Carrier recovery when the signal is modulated uses *decision-directed* loops
- In such cases, one can use one of two approaches
 - 1. Assume $\{I_n\}$ is known or
 - 2. Treat $\{I_n\}$ as a random sequence and average it over its statistics
- In *decision-directed* parameter estimation, we assume the information sequence {*I*_n} over the observation interval has been *estimated*
 - In the absence of demodulation error $\mathbf{I}_n = \mathbf{I}_n$



- In this case s(t; φ) is completely known except for the carrier phase
- Consider *decision-directed* phase estimate for *linear modulation* technique for which the received equivalent low pass may be expressed as

$$r_l(t) = e^{-j\phi} \sum I_n g(t - nT) + z(t) = s_l(t)e^{-j\phi} + z(t)$$

 Where s_l(t) is a known signal if the sequence {I_n} is assumed known



• The *likelihood* and *log-likelihood* functions for the equivalent low pass signal are

$$\Lambda(\phi) = Cexp\left[Re\left(\frac{1}{N_0}\int_{T_0}r_l(t)s_l^*(t)e^{j\phi}dt\right)\right]$$
$$\Lambda_L(\phi) = Re\left[\left(\frac{1}{N_0}\int_{T_0}r_l(t)s_l^*(t)dt\right)e^{j\phi}\right]$$

• Substituting for $s_l(t)$ and observation interval of $T_0 = KT$

$$\begin{split} \Lambda_{L}(\phi) &= Re \Biggl(e^{j\phi} \frac{1}{N_{0}} \sum_{n=0}^{K-1} I_{n}^{*} \int_{nT}^{(n+1)T} r_{l}(t) g^{*}(t-nT) dt \Biggr) \\ &= Re \Biggl(e^{j\phi} \frac{1}{N_{0}} \sum_{n=0}^{K-1} I_{n}^{*} y_{n} \Biggr) \end{split}$$



• Where $y_n = \int_{nT}^{(n+1)T} r(t) g^*(t-nT) dt$ is the output of a matched

filter in the *n*th interval

• Then,
$$\Lambda_L(\phi) = Re\left(\frac{1}{N_0}\sum_{n=0}^{K-1}I_n^*y_n\right)\cos\phi - Im\left(\frac{1}{N_0}\sum_{n=0}^{K-1}I_n^*y_n\right)\sin\phi$$

 Differentiating Λ_L(φ) with respect to φ and equating to zero, we obtain the phase estimate as

$$\hat{\phi}_{ML} = -tan^{-l} \left[Im \left(\sum_{n=0}^{K-l} I_n^* y_n \right) \middle/ Re \left(\sum_{n=0}^{K-l} I_n^* y_n \right) \right]$$

• This is called *decision-directed* (or *decision feedback*) carrier phase estimate



- Here $E\{\phi_{ML}\} = \phi$ and the estimate is unbiased
- Block diagram of DSB *PAM* signal receiver with *decisiondirected* carrier phase estimation





- For a DSB PAM signal of $A(t)cos(2\pi f_c t + \phi)$, where $A(t) = A_m g(t)$ and g(t) is assumed rectangular pulse of duration T
- Carrier recovery with a decision-feedback PLL is shown below





• Output of the first multiplier and input to the integrator is given by

$$r(t)\cos(2\pi f_c t + \hat{\phi}) = \rho_s(t) = \frac{1}{2} [A(t) + n_c(t)] \cos \Delta \phi$$
$$-\frac{1}{2} n_s(t) \sin \Delta \phi + double \ frequency \ terms$$

- $\rho_s(t)$ is used to recover information carried by $A(t)=A_mg(t)$
- Detector makes decision on received symbols every T sec.
 - In the absence of error it reconstructs A(t) free of any noise
- Reconstructed signal multiplied by 2nd quadrature carrier

$$e(t) = \frac{1}{2}A(t)\{[A(t) + n_c(t)]\sin\Delta\phi - n_s(t)\cos\Delta\phi\} + Double \ frequency \ terms$$

• Then: $\frac{2}{1-\frac{1}{2}}A^2(t)\sin\Delta\phi + \frac{1}{2}A(t)[n_c(t)\sin\Delta\phi - n_s(t)\cos\Delta\phi] + \dots$



- The desired component A²(t)sin Δφ, which contains the phase error, drives the loop filter
- Carrier recovery system for M-ary PSK using decision feedback PLL (DFPLL) is shown in the next figure





• For the case of M-ary PSK using DFPLL, the received signal is demodulated to yield the phase estimate

$$\hat{\theta}_m = \frac{2\pi}{M}(m-1) \quad m = 1, 2, \dots, M$$

- Which, in the absence of decision error, is phase of the transmitted signal $\theta_{\rm m}$
- The two outputs of quadrature multipliers are delayed by symbol duration T & multiplied by $cos\theta_m$ and $sin\theta_m$ to yield

$$r(t)\cos(2\pi f_c t + \hat{\phi})\sin\theta_m = \frac{1}{2} [A\cos\theta_m + n_c(t)]\sin\theta_m \cos(\phi - \hat{\phi}) \\ - \frac{1}{2} [A\sin\theta_m + n_s(t)]\sin\theta_m \sin(\phi - \hat{\phi}) + double \ freq. \ terms$$



1.

2. $r(t)\sin(2\pi f_c t + \hat{\phi})\cos\theta_m = \frac{1}{2}[A\cos\theta_m + n_c(t)]\cos\theta_m\sin(\phi - \hat{\phi}) - \frac{1}{2}[A\sin\theta_m + n_s(t)]\cos\theta_m\cos(\phi - \hat{\phi}) + double \ freq. \ terms$

• The error signal is the sum of these two which reduces to

$$e(t) = -\frac{1}{2}Asin(\phi - \hat{\phi}) + \frac{1}{2}n_{c}(t)sin(\phi - \hat{\phi} - \theta_{m}) + \frac{1}{2}n_{s}(t)cos(\phi - \hat{\phi} - \theta_{m}) + Double frequency terms$$

- The error signal drives the loop filter that provides the control signal to the VCO
- Note that the two quadrature noise components are additive



- There are no product of the noise terms and thus no *additional power loss* associated with decision-feedback PLL



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 - ML timing estimation



Symbol Timing Estimation

- Modulator output must be sampled periodically at the symbol rate, i.e., at precise sampling time instants $t_m = mT + \tau$
 - Where T is the symbol interval and τ is the nominal delay
- Periodic sampling requires clock signal at the receiver
- Extraction of clock signal called *symbol synchronization or timing recovery*
 - Is critical for a synchronous digital communication system
- The receiver must know
 - The frequency 1/ T and
 - Where to take the samples within each symbol interval
- The choice of sampling instant within the symbol interval of duration T is called the *timing phase*



Symbol Timing Estimation ...

- Symbol synchronization can be accomplished in one of the following ways
- 1. Tx and Rx clocks are synchronized to a *master clock* which provides precise timing signal (VLF < 30 KHz)
- 2. Tx transmits the clock frequency (1/T) or (n/T) along with the information symbol
 - Rx employs narrowband filter to extract the clock signal for sampling (*simple but power inefficient*)
- 3. Clock signal is extracted from the received data symbol (*our focus is on this*)
 - Will cover a *decision-directed* method next



Symbol Timing Estimation - ML Timing Estimation

• Consider the problem of estimating the time delay τ for a baseband PAM waveform

$$r(t;\tau) = s(t;\tau) + n(t)$$

• where

$$s(t;\tau) = \sum I_n g(t - nT - \tau)$$

- Assume the information symbols from the output of the demodulator are *known transmitted* sequences
- Then the log-likelihood function has the form

$$\begin{split} \Lambda_{L}(\tau) &= C_{L} \int_{T_{0}} r(t) \, s(t;\tau) \, dt \\ &= C_{L} \sum_{n} I_{n} \int_{T_{0}} r(t) \, g(t - nT - \tau) \, dt = C_{L} \sum_{n} I_{n} \, y_{n}(\tau) \end{split}$$



Symbol Timing Estimation - ML Timing Estimation ...

 \wedge

• Where $y_n(t)$ is defined as

$$y_n(\tau) = \int_{T_0} r(t) g(t - nT - \tau) dt$$

• A necessary and sufficient condition for τ to be the ML estimate of τ is that

$$\frac{dA_{L}(\tau)}{d\tau} = \sum_{n} I_{n} \frac{d}{d\tau} \int_{T_{0}} r(t) g(t - nT - \tau) dt$$
$$= \sum_{n} I_{n} \frac{d}{d\tau} \Big[y_{n}(\tau) \Big] = 0$$

• The above result suggests the implementation of the tracking loop shown in next slide



Symbol Timing Estimation - ML Timing Estimation ...

- The summation in the loop serves as the loop filter whose bandwidth is controlled by the length of the sliding window in the summation
- Output of the loop filter drives the *voltage controlled clock* (VCC) or VCO which in turn controls the sampling times for the input to the loop



Decision-directed ML estimation of timing for baseband PAM

Symbol Timing Estimation - ML Timing Estimation ...

- Note that since the information sequence {*I_n*} is assumed known and used in the estimation of τ, the estimate is *decision-directed*
- This method can be extended to signal formats such as QAM and PSK by using the equivalent low pass form of these signals

