Shakeel Ahmed Editor

Bio-based Materials for Food Packaging

Green and Sustainable Advanced Packaging Materials



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Editor Shakeel Ahmed Department of Chemistry Government Degree College Mendhar Mendhar, Jammu and Kashmir India

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Objective

The objective of this book, *Bio-based Materials for Food Packaging*, is to provide an overview of new developments on biobased materials and their applications in food packaging. This book includes chapters from experts in their respective research domain. This book comprises of 13 chapters which discuss and give review of fundamental knowledge to in-depth knowledge of biobased materials. Overall, this book is planned to be a reference book for researchers, students, research scholars, academicians, and scientists who are searching for biobased materials for their applications in food packaging.

Preface

Plastic waste produced in the world reached above 323 million metric tons; of this waste, approximately 16% contains packaging materials and plastic containers. To overcome this environmental issue, biobased materials have been widely studied in recent years. Replacing the synthetic petroleum-based packaging materials with biobased packaging materials and containers might not give only a competitive advantage due to more sustainable and green image but also due to improved technical properties. Biopolymers are most widely used materials for this purpose. Various issues need to be explored such as tensile strength, flexibility, barrier properties, increase in shelf life of packaged food, and safety aspects of packaging materials of these biobased materials. The interest in biobased materials for packaging increases day by day by both brand owner and consumers. Consumers are interested in healthier and functional food in the quest for longer healthier life. To gain marketing edge, brand owners are interested to lead the market by providing these biodegradable, sustainable, and compostable materials and to fulfill the demand of users.

The objective of this book is to provide an overview of new developments on biobased materials and their applications in food packaging. Every effort has been made to include detailed account of biobased materials in this book.

This book includes chapters from experts in their research domain. This book comprises of 13 chapters which discuss and give review of fundamental knowledge to in-depth knowledge of biobased materials.

Overall, this book is planned to be a reference book for researchers, students, research scholars, academicians, and scientists who are searching for biobased materials for their applications in food packaging. I am very thankful to authors of all chapters for their enthusiastic efforts in making of this book. In the end, all thanks to Springer Nature for publishing this book.

Mendhar, India

Shakeel Ahmed

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About the Editor

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Bio-based Materials: Past to Future



Tanvir Arfin and Kamini Sonawane

Abstract The research related to biomaterial is just in its early step, but yet promising and enhanced chemical branch and methods are continuously being innovated along with the different publication in its fields in the upcoming years. The nanomaterial possessing low-dimensional and 3D structure competes with the challenges with the other biomaterials and enhances its application in different areas. In the present chapter, various methods for producing the biomaterial and constructing its derivatives needed for the food packaging are forwarded. In this context, the future aspect and the limitation to overcome the situation are briefly explained. It is believed that an extensive study related to the biomaterials will still explore in the upcoming years.

Keywords Biopackaging · Renewable based materials · Starch · Cellulose · Pectin

1 Introduction

Food packaging approach is evolved mainly for food products to inculcate their quality, inform or provide knowledge to the consumer related to the features available in the products. The primary function enclosed for packaging includes restraint, shield and communication.

The various food-borne disease or illness provides awareness regarding the safety of food by the government in the different corners of the world. The bacterial pathogen is the agent contributing towards the concerns awareness, and a varied number of food producing organism are the critical source to be noted which results in the safeguard of the diseases or their treatment.

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2 Active Biopackaging

The most innovative aspect of the active biopackaging is the ability to control the delivery of the active agents from the packaging materials. Hence it is found that a combination of active agents directly to the packaging materials would undoubtedly prove to be beneficial and it could be reliable as well. But it is quite essential to note that only the needful quantity of active agent should be used as shown in Fig. 1.

The two steps are mainly followed to generate antioxidant or antimicrobial biopackaging utilised in food preservation are shown in Fig. 2.



Fig. 1 Various assimilation methods of additives in food products



Controlled release of bioactive agent in foods

Fig. 2 The various processes to produce biopackaging

3 Smart/Intelligent Packaging

Smart/intelligent packaging are categorised by the engineered functionality of the package. Such categories are responsive, ergonomic, active and informative as shown in Fig. 3.

Ergonomics is the method where the respective task is performed with least physical efforts and discomfort but yields maximum efficiency. The responsive,



Fig. 3 Classification of smart packaging



Fig. 4 Issues with packaging materials

informative and active packaging enhances the protection as well as communication of products.

4 Issues with Packaging Materials

As such different practices related to packaging are put under effective use but yet the various problem are needed to be overcome. It includes the types of material used and the interaction of the material with food primarily plastic that are reused again and again. The disposal method of plastic and the low recycling policies have led to environmental damage. It is on the way to increasing rapidly, so it needs a solution to overcome the situation. The problems faced by packaging materials are shown in Fig. 4.

5 Renewable-Based Materials

The renewable based materials are eco-friendly, and it is considered as the effective substance to be applied for different application in the varied areas of science. The biomaterials have changed its motive from interaction to the body of the host through enhanced processes. They are originated from material employed in studies of research accumulating the regular and convenient mechanical features. Such materials are generated in dense and porous type as powders, coatings or granules (Arfin and Fatima 2014). Due to the characteristics of renewability, and degradability the starch, Cellulose, PLA, gelatin etc. are recognised as innovative one (Athar and Arfin 2017).



Fig. 5 Source of starch

6 Starch

Starch is the abundant polysaccharide after cellulose and composed of glucose molecules joined together by glycosidic bonds as exhibited in Fig. 5. It is available as granules (Mogarkar and Arfin 2017; Arfin and Tarannum 2017) and consists of two macromolecules, namely, amylopectin and amylose, as shown in Fig. 6, and the overall structure of starch is shown in Fig. 7.

6.1 Physiochemical Properties

The starch has three structural arrangements, namely, α -glucose units, linear and branched form. The properties of such agreement are shown in Fig. 8.

6.2 Characteristics of Starch Granules

The feature of crystallinity is mainly because of the presence of branched and linear structural arrangement with the amylose and amylopectin. The structure of different sources is given in Fig. 9.

6.3 Processing of Starch

The processing starch is done in three steps in the form of a flow chart given below in Fig. 10.



Fig. 6 Structure of amylopectin and amylose

6.4 Resistant Starch

The resistant starch is of five different types depending on nature and behaviour. The class is shown in Fig. 11.



Fig. 8 Nature of various physiochemical properties





6.5 Ionic Liquid

The desired requirement for same chemically modified starch for ionic liquid has opened a way to enhance its application. The reaction of the ionic liquid is demonstrated and represented in Fig. 12.

Shen et al. (2010) had developed antimicrobial biodegradable films from the starch of sweet potato by integrating potassium sorbate greater than 15% to the effect of anti-*Escherichia coli*.



Fig. 12 Synthesis process of ionic liquid interaction

7 Cellulose

Cellulose is the peculiar and inherent polymer found in abundance on the surface of the earth relating the structure including β -1,4-glucosidic linkage in the middle of the repeating units of anhydroglucose. It is certified in the form of cellobiose polymer as shown in Fig. 13.

The mechanical resistance of the cellulose clashes with each other by the length of the fibre. The crystalline structure of it is mainly due to helix formation preserved by connection of hydrogen. The cellulose is typically thermostable possessing a degradation temperature more than that of 230 °C. The porous structure is because of the organisation of the fibre of cellulose.

The cellulose-based films have the ability to be hygroscopic, and its features are dependent on the relative humidity. The hygroscopic charm also effects on the temperature and the quality of substituents.



Fig. 13 Diagram of cellulose



Fig. 14 Structure of hemicellulose

Films developed from the derivatives of cellulose do not have innate inhibitory or the antioxidant features. Most of the studies on the investigation are based on enrichment of biocomposite systems where the cellulose-based matrix is connected with the antioxidant.

Gemilli et al. (2010) invigilated film of cellulose acetate possessing different morphological properties for controlling the release rates of naturally occurring antioxidants such as L-tyrosine and L-ascorbic acid. But it was observed that greatest antioxidant activity for the release of test solution was achieved by a film of porous L-tyrosine.

7.1 Hemicellulose

Hemicellulose serves as the active alternative for petrochemical and is the topic of interest nowadays. It has attained different advantages when used from agricultural crop residues or by low-value wastewater. It is primarily used for polysaccharides occurring in the plant tissue along with cellulose, resulting in the isolation either through extraction with water or aqueous alkali. The structure of hemicellulose cannot be easily stated as some are linear and others are highly branched as given in Fig. 14. The branched chain of the structure is mostly short.



Fig. 15 Structure of pectin

The investigation related to permeability rectifies that oxygen permeability of hemicellulose film was compared with the value of the other biopolymer films, namely, amylose and amylopectin (Hansen and Plackett 2008).

8 Pectins

Pectin is acidic and is the water-soluble hygroscopic polysaccharide occurring in different natural byproducts. In most of the higher plants, it is present in the intercellular region of the primary cell wall. The primary sources of pectin include lime peel or lemon.

The essential structural feature of pectin includes the availability of linear chain regions made up of α -1,4-linked D-galactopyranosyluronic acid units given in Fig. 15.

Pavlat et al. (1999) suggested about the condition that aqueous solution of pectin can be casted in the transparent film in the state of low strength and resistance towards the water. But yet it is also confirmed that recasted film, when immersed in the aqueous solution of multivalent cations, tends to be insoluble in water. Since it is dependent on ions, it becomes stronger in the tension. When the tensile strength of pectin is compared to calcium, copper or zinc, it is found to have increased to a higher level and even higher than few wrapping materials as well.

9 Carrageenans

It is the material formed from the complex mixture made from various polysaccharides. The chemical structure of carrageenans includes α -1,4-linked D-galactopyranose given below in Fig. 16.

Choi et al. (2005) reported about the bioactive biopackaging done by incorporation of potassium sorbate in the K-carrageenan film. They examined the diffusivity investigated about the behaviour of temperature and pH on the diffusivity of such agent.



Fig. 17 Structure of alginate

10 Alginate

Alginate is obtained from seaweed. It has practical features to form film enabling them to be favourable for application in terms of food packaging. When we go through the structure, it is the linearly unbranched polymer with β -(1->4)-linked D-mannuronic acid and α -(1->4)-linked L-guluronic acid residue exhibited in Fig. 17.

Marcos et al. (2007) have shown the working of bio-based alginate materials along with the antimicrobial action. They have investigated the capability of enterocin, liberated from *Enterococcus faecium* and posing to control the growth of *L. monocytogenes* in the cooked ham. Bacteriocin was involved in the alginate-based biopackaging. The most influensive processing at 6 °C storage could be done by vacuum packaging along with the alginate films comprised of 2000 AU/cm² of enterocins.

11 Glycogen

It is the reserved polysaccharide of animals. The structure is the same as that of amylopectin, but it contains a large number of branches as shown in Fig. 18.

Till date, very less report has been presented about the use of glycogen in the form of base matrix for the material of biopackaging. Izawa et al. (2009) have worked on



α-1,4-glycosidic linkage

Fig. 18 Structure of glycogen

the making of glycogen-based polysaccharide gel by employing the phosphorylasecatalysed chain glycogen abridgment. The resulting solution obtained as a result twins as hydrogel form attributed to the development of linking zones dependent on the double helical structure of abridgment chain of amylose within the glycogen molecules.

12 Chitin

It is a widespread fact that chitin is the biopolymer holding the second position in nature where the cellulose is the first one. It was discovered firstly by Prof. H. Braconnot, a French scientist, in the year 1811 within the source named mush-room. Later Odier investigated the presence of chitin is insects cuticle in the year 1823. He gave the term "chitin" that originated from a Greek word which means tunic, envelope.

It shows various features the same as that of chitosan such as biocompatibility, biodegradability, non-toxic nature and so on (Arfin 2017).

12.1 Chitosan

C. Rouge in 1859 suggested that modified form of chitin is primarily prepared by the treatment of chitin with the boiled and concentrated solution of KOH within the

Fig. 19 Process of chitosan



water. During the experimentation, he observed that chitin was operated with the help of chemical and temperature dependent treatment. In 1894, Hoppe-Seiler renamed the chitin as chitosan with a pronunciation of "kite-O-san". By the end of 1920, chitosan was mainly studied as a subject by the research personnels gathering interest as a significant compound in the various fields and ways to extract materials. Rammelberg, in around 1930, derived chitosan from the source of chitin-containing substances, namely, the crabs, shrimp cells, etc., and the overview is shown in Fig. 19 (Arfin and Mohammad 2016).

12.2 Stability

The property of stable nature indicates that reaction is performed in the absence of radical since their consequences were almost same as that of another scientist as shown in Fig. 20.



carboxymethyl chitosan



12.3 Carboxymethyl Chitosan (CMC)

Carboxymethyl chitosan (CMC) is the modified chitosan produced by the method of esterification. The products formed by esterification are then used in cosmetics and healthcare application as shown in Fig. 21.

12.4 Various Forms

The different forms of chitosan are applied reflecting that the polymer is versatile. Multiple types of chitosan and its subdivision along with its application are represented in Fig. 22.





Fig. 23 Complete modification of chitosan

12.5 Modified Chitosan

To attain the suitable chitosan and to meet the challenges, different approaches were carried out with the hydrophobic and hydrophilic modifications. The complete scheme of the modified chitosan is represented in Fig. 23.

12.6 Michael Reaction

The Michael reaction of chitosan with the different reagents passing through the water was performed. The reaction is shown in Fig. 24. It can serve as a better step in modifying water-soluble derivatives.



Fig. 24 Michael reaction of chitosan



Fig. 25 Binding purpose

12.7 Bonding Purposes

For studying the binding features, the state of cross-linking of various polysaccharides with the molecules of chitosan was put under calculation. The nature of binding elements and their means are represented in Fig. 25.

The antibacterial features show the presence of protonated amino groups revealing that chitosan dissolved in solution has antioxidative characteristics (Yen et al. 2008).

13 Bacterial Cellulose

As we know cellulose is an essential component of the cell wall in plants, yet there are certain bacteria that produce cellulose such as bacteria producing acetic acid known as *Acetobacter xylinum*. The chemical structures of plant and bacterial cellulose are the same, whereas they differ in physical and chemical features as shown in Fig. 26.

Nruyen et al. (2008) synthesised the cellulose-film produced from bacteria composed of Nisin and the *L. monocytogenes* in the food materials. *Gluconacetobacter xylinus* K3 was responsible for producing bacterial cellulose. The nisin was inserted in the matrix of cellulose. The film then generated enabled in the reduction of *L. monocytogenes* from the frankfurters of 2 log CFU.g⁻¹ after the storage process of 14 days.



14 Bacterial Alginates

The alginates are explained similarly as that of cellulose through the strains of bacteria, namely, *Pseudomonas aeruginosa*. Its applications are the same as that of the plant-derived polymers.

15 Others Exopolysaccharides

Other researcher reported about the bacterial polysaccharides to be a complex polymer posing for the exclusive benefits in the environment. Since they are present in abundance, there are specific polysaccharides representing the particular features that permit the growth of industrial utility.

16 Hydrogels

Hydrogels are hydrophilic polymers made from high adsorbent containing around 90% to 99% of water as shown in Fig. 27. They are comprised of various macromolecular building blocks with the cross-linked polymers and colloidal gatherings on other substances as well. It experiences the macroscopic shrinking and light enabling it to be a unique one. The bio-based hydrogels determine by the xanthan gum, or the other material is used for the supportable and ecological packaging films.

17 Protein

Owing to the various features such as low cost, enhanced film forming ability, biodegradable aspect, the protein-based films have gain lots of interest in the field of research. Such films are made from gelatin, soy protein, etc. In comparison to the other source of the film, the soy protein is considered to be the best material for bio-based packaging due to its efficient ability to make the film. The structure of a protein is shown in Fig. 28.



The soy protein-based material is not capable enough to meet the requirement of the cost-effective film as it has mechanical and barrier features the same as that of the plastics.

17.1 Type of Protein

Proteins have various types, and their function is shown in Table 1.

18 Gelatin

Gelatin is a biodegradable polymer primarily derived from the fish skin. The studies are carried out on the fish and its skin due to the spiritual, fitness, and social issue, but yet it is found that it is the significant waste product available quickly for the various purposes. The structure of gelatin is shown in Fig. 29.

The gelatin faces the lack of barrier features required for the food packaging materials.

Types of protein	Function
Motility	Cells and their organelle movement
Structural	Provides protection and strength
Enzymes	Enhances biochemical reactions
Transport	Transfer molecules from one place to another

Table 1 Types of protein and their function



Fig. 29 Structure of gelatin

19 Galactomannans

Galactomannans are a type of heterogeneous polysaccharides. It is comprising up of a β -(1-4)-D-mannan spine with a single α -(1-6) substitution of D-galactose as shown in Fig. 30. These polysaccharides are produced from the endosperm of dicotyledonous seeds of various plants in the family of *Leguminosae*. The chief merits for using galactomannan are its capability of forming a viscous solution at the relatively low concentration, and it has a very slight change in pH. Hence, as a result, difficult prospect regarding the features and the use of edible films from galactomannan is presented in the literature (Cerqueira et al. 2011).

20 Nanotechnology

The study of nanotechnology and the use of material within the range of 1-10 nm are included in the research of food nanotechnology. It has emerged the interest and provided the new approach to the world for the food industry. It imposes the facts related to the features of material being varied at a nanometre scale in comparison to



Fig. 30 Structure of galactomannan

the macro level. In the recent years, it is observed that a novel type of bio-nanocomposites has proved to be the best alternative for enhancing the mechanical as well as barrier features.

20.1 Bio-based Nanocomposites

The biopolymers are recognised as a capable alternative for the plastic packaging materials because of the attention gathered in the field of sustainable growth. Such biopolymers are animal and microbial products, plant-based materials and polymers synthesised from the monomer. The schematic representation of such biopolymers is shown in Fig. 31.

21 Gelatin-Starch OSA

The assessment of propolis was done by scientist's team of da Silva and co-worker (2013). The production properties and their storage and stability were studied by them. The purpose of the study is to prepare the powdered form of propolis which should be stable and alcohol and water dispersed. OSA (octenyl succinic anhydride) and gum Arabic are required for the spray drying of propolis. By this, around $15-24 \mu m$ size of propolis was prepared in powdered form with the antioxidant property. This modification and preparation of propolis increase its opportunities in the industries. Characterisation was done by applying the techniques such as scanning electron microscopy and moisture analyser, whereas the size was measured by using the instrument of laser light diffraction.



Fig. 31 Overview of biopolymers

22 Starch Clay

Avella and co-worker (2005) discovered that the starch-clay nanocomposite could be used in the food packaging purpose. The application of the nanoparticle in the different starch-based clays was used to produce the starch-based film for packaging. The method of such materials for preparing films increases the features of the packaging films and also the tensile strength and modulus. The central aspect of this product is that it is a novel biodegradable material specially used for food packaging purpose. The characterisation was done by NMR technique, generally used for nanocomposites or nanomaterials.

23 PLA-Starch

Muller and co-worker (2017) proposed the use of PLA-starch for making biodegradable food packaging plastics. The replacement of pollution-creating plastics was done by using the plastic made from polylactic acid and starch. Starch is the watersensitive material with less mechanical resistance. This starch is the best substitute for making plastics. The properties of PLA and starch match each other. By the combination of both PLA and starch, a new product is formed with more efficiency and without creating any issue related to economic or pollution problem. PLA is hydrophobic, whereas starch is hydrophilic enabling the processing of material to be difficult. Still, the product obtained from PLA and starch is used in the food packaging industries. Instead of making plastic only from starch or PLA, blending the combination of both increases the properties and efficiency of film. By varying the ratios of starch and PLA, the blend can be made. It serves as the best alternative for reducing pollution caused due to plastics. The obtained plastic will exhibit the properties of antioxidant and antimicrobial. The plastic or film has excellent flexibility and mechanical properties.

24 PLA

Sheth and co-worker in 1995 (1997) suggested the use of PLA (polylactic acid) and PEG (polyethylene glycol) for making the plastic. By varying the concentrations of both materials, the composite was prepared. Depending on the levels, the mixture becomes partially miscible and miscible. If PLA is more than 50% of a mixture, then PEG crystallinity increases, and if PEG is more than 30%, then the weight loss occurs which is mainly due to PEG getting dissolved. The tensile strength also decreases if the concentration of PEG is high.

It is a thermoplastic polymer. PLA can be made from the natural source including sugar stock, rice and corn. By fermentation of these plant sources, PLA can be prepared. It can also be developed by chemical conversion of the references to dextrose and then to lactic acid using polycondensation. The suitable liquids for PLA in which it is soluble are acetonitrile, chloroform, benzene, ethyl acetate, acetone, etc. They are not soluble in ethanol, methanol and water. PLA is approved when it comes into contact with the biological fluids that are entirely biocompatible, biodegradable, environmentally friendly and renewable. Most of the food packaging industries require PLA for making biodegradable plastics. It possesses hydrophobic nature. Thus before using PLA, the drying of these pallets should be done at about 60 °C–100 °C.

This process is modified physically (Lim et al. 2008). It has application in the tissue engineering field for wound healing (Armentano et al. 2013). It is resistant to elasticity, which is the reason for making rigid and brittle plastic.

25 Chitosan and Gelatin

Rui and co-worker (2017) have shown the preparation of composite from chitosan and gelatin. The composite development from chitosan and gelatin requires the process of an emulsion of oil in water. Again, for the synthesis and storage, freezing and lyophilisation were carried out. Linear polysaccharide chitosan and a product of collagen hydrolysis, i.e. gelatin, bind together by the hydrogen bonding. The composite is made to increase the properties of chitosan and gelatin. The composite materials are used to prepare nanoparticles, film, micro-carriers, etc. The analysis of the composite can be done by using SEM, IR and X-ray.

It is used for the animal cell culture on a large scale (Taravel and Domard 1993). Due to the use of plastics and their derivatives, the environment becomes polluted, and this is happening in most of the food packaging industries (Zhou et al. 2013). Thus there is a need to create such an option which should be eco-friendly, economical, biocompatible, active to oxygen transfer and suitable to use. The characterisation of chitosan-gelatin composite was done by using a technique such as UV spectrophotometer and SEM.

26 PHA (Polyhydroxy Alkaloids)

Molyneus (1993) gave their review of the isolation, characterisation and application of polyhydroxy alkaloids. It is the class of phytochemicals. It is the newly discovered class, and therefore the analysis and detection are developed entirely. Polyhydroxy are the compounds which have the high inhibitory property of glycosidase. The activities depend on the stereochemistry and the hydroxyl groups. For the processing of glycoproteins in organisms, PHA is needed so that the biological mechanisms are regulated. It is proved that glycoproteins are indirectly the enhancer of the immune response. The source of PHA is a ground plant material. It can be extracted by using ethanol or methanol or water by just varying the proportion of solvent. As a few compounds are isolated each time, hence chemical determination is limited. Mass spectroscopy, UV spectroscopy, X-ray crystallography and NMR are the characterised techniques for PHA.

27 PET (Polyethylene Terephthalate)

The scientist Siracusa and co-workers have shown the review on the use of PET as a biodegradable polymer (Siracusa et al. 2008). They have demonstrated the complete study in the use of plastics. It is not possible to replace the plastic, but to a certain extent, it is possible. The consumption of plastics is more than about 200 million, and hence it is an important issue. The substitute for the petrochemical based plastics is the critical point.

The chemist Du Pont developed the polymer polyethylene terephthalate when he was trying to make textile fibres. It is a thermoplastic polymer. The main components of monomers required for the synthesis of PET are ethylene glycol and terephthalic acid. The esterification process converts the two monomers alcohol and an organic acid into ester and water. As PET is a polymer, hence it can also be called as "polyester". It is resistant to moisture so it can be used in the packaging. It is widely used in the textile industries. It is used for preparing fibre for clothes. It does not have colour and is transparent in nature and semicrystalline. For increasing

its strength and properties, it can be used by combining with the other materials like carbon nanotubes and glass. It is straightforward to accept PET as it is not costly when compared to others and a non-breakable substance like glass, and the best thing is that recycling is possible for PET. It is a lightweight material but very strong. As it is light weighted, hence less amount of compound is required, and transportation also becomes comfortable with less consumption of fuel. Since it has the property that does not affect the food and water when it comes into contact with it, so it is used in the food packaging industries.

28 TPS-Chitosan

Jantanaskulwong and co-worker (2016) have introduced the blending of TPS with chitosan and rubber for making of plastic by using cassava starch, glycerol and chitosan. The thermoplastic plastic can be prepared by using glycerol, cassava starch and chitosan. Chitosan was used to improve the properties of the plastic. For making the plastic, a plasticiser is required, and in this case, glycerol was used. Due to the NH₂ group, the reaction of chitosan with any other team becomes easy and fast. In this study, the observation during the blend making was done. The improvement or decrease in the properties was observed. Mechanical strength, tensile strength, mechanism of reaction and morphology, etc. were found. Finally, it was clear from the observation that mechanical features and tensile strength tend to increase with the low weight to form a small weight composite. The characterisation of the TPS-chitosan composite was done by SEM, rheological measurement and Fourier transform infrared spectroscopy.

29 TPS, Chitin and Chitosan

Lopez and co-worker (2014) used chitin, chitosan and thermoplastic corn starch for making the biodegradable film by the process of thermo-compression. The modifications were done in the film by the addition of chitosan. Increase in the crystallinity was obtained. The obtained film was of very efficient quality, i.e. with a smooth surface and similar nature. There were no cracks or pore in the film. The properties of UV absorption capacity and their colour were increased. The film was biodegradable, antibacterial and ecological with excellent appearance and enough thickness. DSC and SEM were carried out for the characterisation of the film. The materials chitin and chitosan increase the elastic modulus and strength. The applications on the industrial level were enhanced by the use of such material.

30 Chitin and Starch

Chang and co-worker (2010) prepared the new nanocomposite by using chitin and starch. He developed the bio-nanocomposite. Chitin nanoparticles were used because they possess low crystallinity. Starch was used from glycerol-plasticised potato starch. Casting and then evaporation were the processes for making starch-chitin nanoparticles. The characterisation techniques such as X-ray diffraction, electron microscopy and mechanical, thermal analysis were used. Properties including tensile strength, water vapour baring and glass transition temperature were increased. This was the novel product made from starch and chitin. As they are biodegradable, they are useful in different fields like pharmaceutical, industrial, biomedical and agricultural. For food packaging industries, they are mostly used.

31 PCL

Lo and co-worker (2010) studied the morphology and properties of the composites made from polycaprolactone-starch and polycaprolactone-pine composite. It was biodegradable and non-toxic and thus used for food packaging. For their testing, the universal machine was used. This device was used to investigate the morphology of the composite so that the conclusion can be made by the observation. Silane was used as a coupling agent in the making of the composite.

This agent is helpful in the identification of a material and their properties and also for the PCL matrix and filter interfacial adhesion. Characterisation was done by SEM technique.

32 Cellulose Fibre

Wan and co-worker (2009) used the biodegradable reinforcement in the form of bacterial cellulose nanofibers. He discussed all the phenomenon occurring during the formation of nanocomposite. The method used was the solution impregnation. The comparison was made between the nanocomposite of cellulose and starch and the unreinforced starch. Sorption diffusion process was used for the kinetic analysis, and then the different parameters were also determined. The study about tensile strength and microbe attack was performed. The use of bacterial cellulose in making of nanocomposites increases the power and ability to resist the invasion of microbes. It had broad application in the protection of the environment.
33 PCL Fibre

Azimi and co-worker (2014) studied the polycaprolactone fibre. The PCL fibres are made in different forms, and according to their content, they were used in the various areas of the biomedical field. The PLC was used because it was the biodegradable aliphatic polyester and the fibre prepared from this was environmentally friendly. It is compatible and had good processibility which makes fabrication easy. The scientist shows their application in the medical and biological fields. They had explained about the different methods for making of PCL fibres and also their applications. Tissue engineering and drug delivery are the best fit process for PCL fibres.

34 Starch Clay

Park and co-worker (2002) introduced the preparation of hybrid composite of starch clay. The process used for the development was melt intercalation. Natural starch and the clays organically modified were only used for hybrid preparation. The storage modulus of this hybrid was higher than any other composites. Characterisation was done by XRD and TEM techniques.

35 TPS, PLA and Clay

Ayana and co-worker (2014) prepared the composite from TPS, PLA and dispersed nano clay. Potato starch was in situ gelatinised. The thermo-mechanical properties and tensile strength were increased due to the use of PLA and clay. The synthesis of novel material was done on the environmental level. It can be used as a packaging material also. SEM, XRD and TEM were used for the composite characterisation. The use of starch is the best part from the economic point of view as it is available in large amount naturally.

36 PHB-HV Maize

Reis and co-worker (2008) studied the characterisation of PHB-HV (polyhydroxybutyrate-hydroxyvalerate) maize starch blend film. The use of maize makes the blend more economical as compared to the original PHB-HV blend. The mix they prepared includes the variation in the concentration of starch. The process of casting was used for the preparation. Morphological properties and their molecular structure were identified. The characterisation techniques such as FTIR, SEM

and optical microscopy were used. As the concentration of starch varies, the properties vary including the parameters like Young's modulus and tensile strength.

37 Gelatin-Starch OSA

Li and co-worker (2013) introduced the use of gelatin-starch OSA for the study of stability and properties of oil in water emulsion. The corn starch was modified by using octenyl succinic anhydride, and then it was used with the gelatin. The size of particles and rheological behaviour were studied. This starch OSA absorbs the interface of oil and water and acts as a stabiliser. FTIR, substitution degree measurement and optical microscopy were used for the characterisation of gelatin-starch OSA.

38 Glass

For a generation of power and thermoelectric refrigeration, many new materials were developed and still developing. Nolas and co-worker developed the new material for the energy conversion with the help of photon glass electron crystal; this material was called skutterudites (Nolas et al. 1999). These materials have the best thermoelectric properties. It can also be used as low-temperature semiconductors as it has the specific features required for semiconductors. Glass is the transparent material and used in the full range. In early days glass was just used for decoration purpose, but nowadays glass has very much importance in the technical fields. Glass is used in making of instruments, electrical transmission, domestic appliance, bioactive glasses, biomedical devices, laboratories, etc. Glass is the non-crystalline solids, disordered and amorphous material. The use of glass in different fields is due to the isotopic property. Glass can be prepared from any material like organic or inorganic which can cool faster without crystallisation.

39 Plastics

Lorcks and co-worker in 1997 proposed the properties and applications of plastics (Lörcks 1998). Biodegradable plastics were the invention as a substitute for the pollution creating plastics. They were biodegradable and can be disposed or degraded in the environmental friendly manner. Plastics are the polymers made up of monomers through chemicals reactions. Condensation, polymerisation and polyaddition (chain and step reaction) are the necessary processes for the making of plastic.

- In polyaddition, the chemical reactions occur which form polymers from monomers. For this process, energy and catalyst are required. Monomers combine, but there is no movement of hydrogen bond, and also byproduct separation is not done; this is the case in a chain reaction of polyaddition.
- In the case of polyaddition step reaction, there is a movement of hydrogen bonds. There are no double-bond activities taking place.
- And lastly, there is polycondensation in which actual plastic formation takes place. It is also a step reaction.

According to the properties and structure, they are classified into different classes. They may be thermoplastics, thermosets, polymer blends, elastomers, semiconductor thermoplastics, etc.

40 Conclusion

Packaging is the most crucial and significant activity for the preservation and marketing of the food products. Since last few decades, petroleum-based food packaging materials are put into practice due to their non-biodegradable ability posing severe harmful results as well. Therefore, to overcome such problem, continuous efforts are undertaken to synthesise biodegradable material generated from the renewable sources. Biomaterial had served the prospective to change the food packaging sector to a large extent. It was observed that bioactive packaging material releasing bioactive compound was highly efficient in comparison to the active system without liberating any agents. The biopolymer-based biodegradable food packaging materials can serve to be an efficient alternative for the non-biodegradable plastics. Hence, it is expected that advancement in this field will undoubtedly fulfil their goal and provide excellent results.

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Interaction Phenomena Between Packaging and Product



S. K. Vimala Bharathi, J. A. Moses, and C. Anandharamakrishnan

Abstract Food packaging plays a vital role in food processing and preservation. The growing concern of consumers in food safety and quality has imparted a great deal of attention in understanding the interaction of food and packaging materials, particularly polymers. This chapter presents a detailed note on the prospective health effects of polymeric materials and their interaction phenomena including migration (from package to product), permeation (from environment through package) and sorption (from product to package), highlighting appropriate illustrations from recent research works to provide an in-depth understanding of the subject. Factors such as physicochemical characteristics of the food, package and additives used in the package, as well as environmental and storage factors like temperature and duration, and their implications are presented. The chapter also describes the mechanism and mathematical models involved in interaction phenomena. Finally, food simulants for testing and testing methods, along with legislations to be adopted, are also discussed.

Keywords Food packaging · Migration · Permeation · Sorption · Food simulants

1 Introduction

Packaging forms an integral part of food processing and handling sector. According to Coles (2003), 'Packaging is defined as a means of safely and cost effectively delivering products to the consumer in accordance with the marketing strategy of the organisation'. The basic functions of packaging are containment, protection, presentation, market promotion, preservation, communication and so on (Coles 2003). In general, the packaging material used can be primary, secondary, tertiary and quaternary based on the nearness level to the packaged product (Robertson 2013).

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Primary packaging is of prime concern as it is in direct contact with the food material. Paper, glass, metals and natural substances are used as primary packaging material since long time. Polymerization of monomers like ethylene, propylene, vinyl alcohol, etc. has made the packaging sector versatile and flexible. Addition of some external agents like additives, plasticizers and colouring agents is done to improve the property of polymers, and polymers with those external agents are called plastics. However, these external agents on contact with the food material can have negative impact on the food as well as the health of the consumer.

The packaging sector is focussed more as the processed food market is growing tremendously. Also, the need and design of packaging material change with change in consumer behaviour. Packaging materials like nanocomposite, bio-based polymers are being explored mainly because of the negative impact of polymer-based packaging material on the environment. Biopolymers are biodegradable polymeric materials that consist of covalently bonded monomeric units. Under suitable conditions, these polymers are degraded by the action of naturally occurring microorganisms leaving no toxic residues into the environment. Biopolymers can be obtained from renewable sources or petroleum products (Vieira et al. 2011; Othman 2014). And, polymer composites are composed of a continuous phase (polymer matrix) and a dispersed phase (reinforced material) (Youssef 2013). Polymer nanocomposite is a composite material in which at least one dimension of the material (usually reinforcements/ fillers) is of nanoscale size, but the final composite material can be either of micro- or macro-scale (Azeredo et al. 2011). Despite nanocomposites being able to protect the packaged food and extend its shelf life, the possibility of migration of nanosized materials into food possesses a serious threat (Song et al. 2011). Thus, the knowledge on interaction and the factors affecting these phenomena are very essential.

2 Interaction

Interaction is a major concern mainly in polymer-based packaging materials. Nearly 42% of the polymers produced are used as packaging materials, and about half of them are used for food packaging applications (Silvestre et al. 2011; Rhim et al. 2013). Polymers are preferred for food packaging applications due to their flexibility, strength, stability, low density, ease of processing, reduced cost and controlled hydrophobicity. But packing of food product in polymers can induce undesirable quality changes in packed food. For instance, degree of browning and ascorbic acid degradation of orange and grapefruit juice was found to be high when packed in polyethylene-laminated cartons than in glass (Mannheim et al. 1987). Interaction is the mass transfer phenomena involving migration (from packaging material to product), permeation (from the outside environment to food contact environment through packaging material) and sorption (adsorption/absorption of food components on the packaging material), either in combination or individually. Interaction of packaging material with the food and the environment plays a major role on

quality of the product as well as integrity of the package. These effects have impact on market value, goodwill of the manufacturer, sensory attributes of products and health effect of consumers. Moreover, strict legislations are set for 'zero tolerance' of carcinogenic migrants (Gilbert et al. 1980), and also the compounds that migrate into food are considered as indirect food additive by FDA. Hence, knowledge on factors affecting interaction phenomena and its effect are of high importance. In this section, interaction phenomena like migration, permeation and sorption are discussed in detail.

2.1 Migration

Migration mainly denotes diffusion of chemical compounds or polymer residues from the food contact material to the product. The process of migration can be described in four steps: diffusion of substances through polymers, desorption from the surface of polymers, sorption at polymer-food interface and desorption into the food material (Ferrara et al. 2001). According to European and American regulations, migration can be global or specific. The former denotes the overall migrants migrated from the packaging material into the food, whereas the latter denotes the specific substance migrated (Abbes et al. 2015). In general, migration not only happens during packaging but also has the possibility of occurrence during other operations like handling, processing, storage, transportation, preparation and consumption, where the food comes in direct contact with various materials (Castle 2007). Goodson et al. (2004) studied the migration of bisphenol A from the can coating by considering various parameters like type of food (soup, minced beef, evaporated milk, carrot and a food simulant (10% ethanol)), can damage, storage conditions (5 °C (chilled) and 20 °C (ambient) for 9 months and also 40 °C (accelerated) for 3 months). The study concluded that maximum amount (80-100%) of BPA migrated during processing from can coating. And, further migration did not occur in all the kinds of foods stored for the study period. However, migration of BPA (68.3 \pm 9 µg kg⁻¹) into food simulant was comparatively higher than that of other foods tested (soup, $45.7 \pm 5 \ \mu g$ kg⁻¹; minced beef, 53.8 \pm 7.6 µg kg⁻¹; evaporated milk, 49.8 \pm 10.9 µg kg⁻¹; carrot, $47.2 \pm 5.1 \ \mu g \ kg^{-1}$). Moreover, damage to the can showed little/no effect on migration of BPA (Goodson et al. 2004).

Migration of compounds from packaging material in small quantities possesses effect on sensory properties of the food, whereas migration in large scale can impose health effects (Risch and Hotchkiss 1991). Effects on sensory properties include mainly colour, taints and off flavours. This can be detected by trained panellist or by the use of instruments like gas chromatography-mass spectrometry (GC-MS) and electronic nose (Tice 1996). Compounds like vinyl polymer monomer used in polyvinyl chloride (PVC) synthesis, monomers of styrene and isocyanates in polyurethane have toxic effects. The level of migration is influenced by many factors such as amount as well as type of additives and residual monomers present, nature of

the food, surrounding environment and so on. Table 1 explains some of the potential migrants and their migration at given condition. Several researchers have identified the presence of migrated compounds in food product. For instance, a European survey on the migration of epoxidized soybean oil (ESBO) from PVC gaskets into baby food found that out of 248 samples, 95 samples contained ESBO in the range of 1.5–135.2 mg kg⁻¹. Among these, 14.9% contained ESBO above 31.5 mg kg⁻¹ of food, the level calculated on the basis of 1 mg kg⁻¹ of body weight (tolerable daily intake recommended by Scientific Committee on Food) (Hammarling et al. 1998; Fantoni and Simoneau 2003). Similarly, Simoneau et al. (2012) conducted a study on migration of chemicals from plastic baby bottles and found that under hot-fill conditions of 2 h at 70 °C, diisobutyl phthalate and dibutyl phthalate migration levels were from 50 to 150 μ g kg⁻¹ (Simoneau et al. 2012).

Migration can be advantageous in case of active and intelligent packaging (Brown and Williams 2003). For instance, migration of antioxidants, like carvacrol, thymol, astaxanthin, etc., from polymers was reported to enhance the shelf life of packed food products (Colín-Chávez et al. 2013; Ramos et al. 2014). Similarly, migration of antimicrobial agents from polymers was able to protect the food products from microbial contamination and deterioration (Duran et al. 2016).

In general, migration occurs due to difference in concentration of the compounds present in the polymer. Due to high concentration difference, diffusion of compounds from the polymers occurs. Fick's law of diffusion governs the mass diffusion. It is analogous to Fourier's law of heat transfer by conduction. Fick's first law of diffusion states that at steady state, rate of movement of the diffusing compound through a unit cross-sectional area is proportional to the concentration gradient normal to the surface.

Mathematically,

Steady state flux along *x*:

$$N_A = -D.\frac{\partial C_p}{\partial x} \tag{1}$$

where:

 C_p is the concentration of migrating compound present in the polymer. D is diffusion coefficient.

Negative sign indicates that the diffusion process occurs in the direction opposite to that of concentration gradient (Bhunia et al. 2013; Abbes et al. 2015). Practically, diffusion coefficient is considered to be constant, and in polymers, diffusion coefficient depends on concentration of the compounds, temperature, glass transition temperature, polymer morphology, melting temperature and molecular mass of the migrant (Ferrara et al. 2001).

In general, the food and package interaction occurs in unsteady state condition (Bhunia et al. 2013). Fick's second law is based on unsteady state of diffusion. Mathematically, change in concentration C_p with respect to time can be written as:

	0	a			
Migrants	Polymer	End-use material	Amount migrated	Condition	References
Dibutyl phthalate	Textile packaging	Meat products	11.11 mg kg^{-1}	28 days of storage at $4 ^{\circ}$ C	Bogdanovičová
Di-(2-ethylhexyl) phthalate			28.20 mg kg^{-1}		and Jarošová (2015)
Diisobutyl phthalate and Dibutyl phthalate	Silicone	Baby bottles	50–150 µg kg ⁻¹	Hot-fill condition (70 $^{\circ}$ C for 2 h)	Simoneau et al. (2012)
Diethylhexyl phthalate			25–50 μg kg ⁻¹		
Bisphenol A	Polyamide		$0.5{-}100 \ \mu g \ kg^{-1}$		
Toluene	Polyethylene tere- phthalate (PET)	Soft drinks and juices	26.8–146.7 μg kg _1	Spiked bottle with initial concentration of $297.5 \pm 1.2 \text{ mg kg}^{-1}$ at 30 days of storage	Franz and Welle (2008)
Chlorobenzene	bottle		57–183 µg kg ⁻¹	Spiked bottle with initial concentration of $357.8 \pm 1.5 \text{ mg kg}^{-1}$ at 30 days of storage	
Dibuty1 phthalate	PET	Soft drinks preserved with orthophosphoric acid	12.89 µg L ⁻¹	30 days of storage at 22 $^\circ C$	Bosnir et al. (2007)
		Soft drinks preserved with Na-benzoate	21.29 μg L^{-1}		
		Soft drinks preserved with K-sorbate	9 μg L ⁻¹		
		Soft drinks preserved with	$26.75~\mu g~L^{-1}$		
		R-sorbate			
		Mineral water	$11.33 \ \mu g \ L^{-1}$		
Diethylhexyl phthalate		Soft drinks preserved with orthophosphoric acid	17.11 µg L ⁻¹		
		Soft drinks preserved with Na-benzoate	15.93 µg L ⁻¹		
					(continued)

Table 1 Potential migrants and their migration at the given condition

Table 1 (continued)					
Migrants	Polymer	End-use material	Amount migrated	Condition	References
		Soft drinks preserved with K-sorbate	36. 60 μg L ⁻¹		
		Soft drinks preserved with	$15 \ \mu g \ L^{-1}$		
		Na-benzoate and K-sorbate			
		Mineral water	8. 78 μg L ⁻¹		
Di- (2-ethylhexylexyl)	PVC	Kefalotyri cheese	$216.6 \pm 11.3 \text{ mg}$ kg ⁻¹	1 day of storage at 5 $^{\circ}$ C	Goulas et al. (2000)
adipate			$rac{345.4\pm13.5~{ m mg}}{ m kg^{-1}}$	10 days of storage at 5 $^{\circ}$ C	
		Edam cheese	${172.4 \pm 10.3 \text{ mg}}{\mathrm{kg}^{-1}}$	1 day of storage at 5 $^{\circ}$ C	
			$222.5 \pm 6.9 \text{ mg} \text{kg}^{-1}$	10 days of storage at 5 $^\circ C$	
		Feta cheese	$49.2 \pm 1.8 \text{ mg kg} -1$	1 day of storage at 5 $^{\circ}$ C	
			$133.9 \pm 6.1 \text{ mg}$ kg ⁻¹	10 days of storage at 5 $^{\circ}$ C	
PET oligomers	PET tray	Lasagne	0.78–1.47 mg kg	Cooking for 80 min at 204 °C	Castle et al. (1989)
			0.07–0.18 mg kg	Microwave cooking for 3 min at a power level of 600 W	
		French fries	0.27–0.35 mg kg	Cooking for 40 min at 204 °C	
	PET roasting bag	Roast beef	0.79–0.82 mg kg	Cooking for 90 min at 204 °C	
	Susceptor carton	French fries	1.47–2.73 mg kg	Microwave cooking for 3 min at a power level of 600 W	
	Susceptor pad	Pizza	0.43–0.96 mg kg -1	Microwave cooking for 1. 5 min at a power level of 600 W	

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$$\frac{\partial C_p}{\partial t} = \frac{\partial}{\partial x} \left(D \frac{\partial C_p}{\partial x} \right) \tag{2}$$

Considering diffusion coefficient to be constant, (2) becomes:

$$\frac{\partial C_p}{\partial t} = D \frac{\partial^2 C_p}{\partial x^2} \tag{3}$$

Similar to diffusion coefficient, partition coefficient (k_p) plays a vital role in polymer-food interface:

$$k_p = \frac{C_s}{C_p} \tag{4}$$

where:

 C_S denotes the concentration of migrating compound present in the food.

Partition coefficient values vary with the polarity of the food material that is in contact with the polymer. For fatty foods, k_p is very low (≤ 1), whereas for pure water, k_p is very high ($\gg 1000$) (Piringer 2007). For practical applications, similar to diffusion coefficient, partition coefficient is also considered to be constant. Partition coefficient also depends on the temperature of the food and polymer. Further, temperature also influences diffusion process. Arrhenius-type equation governs the systems that are influenced by temperature (Ferrara et al. 2001). It gives the relationship between temperature and migrant. The equation is as follows (Hernandez and Giacin 1998):

$$D = D_0 \exp\left(-\frac{E_d}{\mathrm{RT}}\right) \tag{5}$$

where:

 D_0 is a constant (pre-exponential factor). E_d represents activation energy for diffusion. R represents universal gas constant. T represents absolute temperature.

2.2 Permeation

Permeation involves movement of volatile and aroma components, gases, moisture and other low molecular weight substances from the outside environment into food through the packaging material or vice versa. In general, permeation involves three steps: adsorption of the permeant on the polymer surface, diffusion through the polymer and desorption of the permeant from the polymer surface. It mainly causes unbalanced flavour profile, leading to change in sensory properties of the food product. Further, packing of food products with packaging material of effective barrier properties can extend the shelf life of the product stored. For instance, aluminium foil has better barrier properties that can protect the foods packed in them for longer time than other polymers (Lamberti and Escher 2007). Willige et al. (2002) studied the relationship between flavour absorption and oxygen permeability of low-density polyethylene (LDPE), polypropylene (PP), polycarbonate (PC) and polyethylene terephthalate (PET). The study found that flavour absorption had linear positive effect on oxygen permeability of LDPE and PP. It was because of change in network of polymeric material due to swelling after flavour absorption. In case of PC, flavour absorption had linear negative effect on oxygen permeability, due to blockage of microcavities. Moreover, PET did not have any significant effect on oxygen permeability due to flavour absorption (Van Willige et al. 2002).

Similarly, moisture and gas permeation also plays a major role in selection of packaging material for a particular food product. For instance, carbonated beverage packaging requires an efficient gas barrier packaging material. Further, gas permeation is of high importance in modified and controlled atmospheric packaging. In case of fresh fruits and vegetables packing, due to product's respiration and metabolism, the oxygen percentage present inside the pack decreases, leading to anaerobic decomposition. This can be prevented by using permeable membrane. The permeability rate varies with gas composition, temperature and relative humidity. For polymers, oxygen permeates four times slower than that of carbon dioxide (Del-Valle et al. 2003). Also, the permeability of gases increases with increase in temperature. Galić and Ciković (2001) reported the permeability of gases at temperatures from 20 to 60 °C. Further, to investigate the effect of gas permeability with respect to relative humidity of ambient and water activity of polymer, the polymers were subjected to simulants (15% (v/v) ethanol and 3% (v/v) acetic acid solution) prior to analysis. The results found that the permeability of polymers treated with simulants showed higher permeability than that of dry polymers. Zhang et al. (2001) investigated the effect of oxygen and water vapour permeability of ethylene vinyl alcohol (EVOH) copolymers with respect to relative humidity and found that beyond 75% RH, the permeabilities of the film increased.

Permeability of a substance is a quantitative representation of permeant passing through a polymer, and it depends on two main factors: diffusion factors and permeant solubility (Siracusa 2012; Abbes et al. 2015). Mathematically,

Permeability coefficient,

$$P = D.S \tag{6}$$

where D and S represent the diffusion coefficient and solubility coefficient, respectively.

Similar to diffusion process, permeation is also influenced by temperature. Hence, Arrhenius-type equation can be used to represent the relationship (Siracusa 2012). Mathematically:

Interaction Phenomena Between Packaging and Product

$$P = P_0 \exp\left(-\frac{E_p}{RT}\right) \tag{7}$$

Here, P_0 represents a constant (pre-exponential factor), and E_p represents activation energy for permeation.

2.3 Sorption

Sorption can be adsorption and absorption. Adsorption involves transfer of mass from the food to the surface of the packaging material, resulting in increased concentration of components at the interface (Arvanitoyannis and Kotsanopoulos 2014). In absorption, initially, adsorption takes place, followed by permeation of components into the polymer matrix. In general, sorption of fat and flavour is a major area of concern. As sorption of fat has the possibility to enhance the migration of food components into package as well as chemical compounds from package into food (Lebossé et al. 1997).

Sorption of aromatic components present in food by polymers can result in degradation of quality. This phenomenon of loss in quality of food product by absorption of flavour from food by polymer or vice versa is known as 'scalping' (Sajilata et al. 2007). Scalping of flavour is a major problem to be addressed in beverage industry. Nevertheless, the mere presence of volatile flavours does not lead to scalping. For scalping to occur, a thermodynamically favourable condition must exist (Gnanasekharan and Floros 1997). But the major concern of flavour sorption is that loss in very small amount of flavour has significant effect on quality of the stored food product depending on the component sorbed (Gnanasekharan and Floros 1997). A study on packing of orange juice in glass bottles and polyethylene-laminated cardboard packages found that after 24 weeks of storage at 4 °C, up to 50% of d-limonene and little aldehydes and alcohols were absorbed into polyethylene-laminated cardboard packages. But, this had little/no effect on the sensory properties of the orange juice (Pieper et al. 1992).

At times, sorption can result in swelling of the packaging material, leading to increased migration and permeation. Further, it can reduce the mechanical properties of the polymer (Helmroth et al. 2002; Piringer 2007). For instance, the absorption of limonene on LDPE increased the oxygen permeability of the polymer and that was proportional to the concentration of limonene (Sadler and Braddock 1990; Lebossé et al. 1997).

Flavour absorption depends on characteristics of polymer (polarity, crystallinity, chain stiffness), flavour compounds (concentration, chemical composition, polarity) and environmental and external factors like temperature, relative humidity, duration of storage and composition of food matrix (Caner 2011). For liquid foods, the sorption is mainly affected by partition coefficient of flavour components, whereas for solid foods, the sorption is affected by solubility and vapour pressure of components in the polymer (Kwapong and Hotchkiss 1987; Lebossé et al. 1997).

Similar to migration, sorption is also a diffusion process. Hence, Fick's law governs sorption as well (Gnanasekharan and Floros 1997). Further, sorption process is also influenced by temperature. In general, sorption and temperature are positively related. Exceptionally, sorption and temperature are negatively correlated in few cases. For instance, sorption of vinyl chloride by dry casein particles was found to reduce with increasing temperature (Biran et al. 1979). In sorption process, the quantity of volatile component sorbed by the polymer can be measured by the parameter 'solubility'. Solubility 'S' can be given by the following equation (Siracusa, 2012):

$$S = S_0 \exp\left(-\frac{H_s}{\mathrm{RT}}\right) \tag{8}$$

Here,

 $S_{\rm o}$ denotes pre-exponential factor. H_s represents the heat of sorption.

In other words, solubility coefficient is the amount of volatile component sorbed by a polymer of unit mass under unit partial pressure (Caner 2011).

Mathematically:

$$S = \frac{M}{v.p} \tag{9}$$

where *M* is the total amount of vapour absorbed; p and v are pressure and volume of the polymer, respectively.

3 Factors Affecting Interaction Phenomena

The extent of the abovementioned interaction phenomena and their impact on the quality of the food material as well as the integrity of the package depends on various factors like characteristics of food material, nature of the packaging material and the additive used, as well as on the storage and handling environment of the package.

3.1 Nature of the Food Material

The effect of interaction varies with the nature of food material, and hence, in most of the studies involving migration and permeation, various food-simulating agents like water, oil, acetic acid, ethanol and hexane (Arvanitoyannis and Kotsanopoulos 2014) are used. A study on migration of nanosilver into various food simulants for a period of 15 days at 50 °C revealed that highest migration of nanosilver was found in

hexane, followed by 4% acetic acid (v/v) and ultrapure water. The migration into 95% ethanol (v/v) was found to be the least (Huang et al. 2011). The composition of food matrix also shows significant effect on the absorption of volatiles into packaging material. For instance, Van Willige et al. (2000) studied the effect of various food matrices on the absorption of flavour compounds like limonene, decanal, linalool and ethyl 2-methyl butyrate into linear low-density polyethylene (LLDPE) and proved that composition of food matrix influences the absorption of volatiles. The composition containing fat/oil had major effect on flavour interaction, followed by proteins and polysaccharides and then by disaccharides (van Willige et al. 2000). The interaction of packaging and product also depends on the pH of the food. A study on effect of pH on the migration of toxic metals like lead, cobalt, nickel and zinc from ceramic food packaging materials showed that the migration rate increased with decrease in pH value (Dong et al. 2014)

Further, the nature and concentration of volatile materials present in food also has considerable impact on the interaction. The higher the concentration of the migrating/penetrating/diffusing material, the higher will be the rate of interaction. Also, the presence of similar flavour compounds also influences the interaction (especially sorption) of particular compound because of reduced availability of free site in the polymer. For instance, the degree at which limonene is sorbed into the polymer has comparatively reduced when it is present in the blend of flavoured compounds than individual presence (Halek and Luttmann 1991; Caner 2011). At times, the compatibility of the food material with the polymer also plays a significant role on interaction. For example, when acidic foods come in contact with metal containers, the erosion and, hence, leaching of metals from the container into the food material are accelerated (Castle 2007). Thus, the selection of the packaging material used for packing a product should be based on the nature of the food material. Apart from the factors discussed above, factors like molecular weight of the interacting molecule, its carbon chain length, structure, functional group and polarity also play important roles in determining the rate and extent of interaction (Caner 2011).

3.2 Nature of the Packaging Material

Similar to the characteristics of food packed, the nature of the packaging material also has considerable impact on the interaction. The packaging material used can be impermeable, permeable or porous. In case of impermeable materials like glass and metals, the migration occurs only at the surface of the material, whereas in case of permeable materials like plastics and rubbers, the migration occurs both on surface and from the inner side of the material. But these materials offer some amount of resistance. Porous materials including paper and boards facilitate rapid migration (Castle 2007). The rate of interaction between polymers and the food material depends on factors like molecular weight, density, additive present, crystallinity, glass transition temperature and so on. An experiment on migration of carbon black found that the migration rates in LDPE and polystyrene (PS) decreased by a factor of

10 (approx.), when the molecular weights were doubled (Bott et al. 2014). In case of PP, the migration rate increases with decrease in degree of crystallinity (Alin and Hakkarainen 2010). And highly crystalline polymers like HDPE and PP show comparatively lesser absorptivity than that of other polymers like LDPE and surlyn (Charara et al. 1992). Besides, the polymers with lower glass transition temperatures show higher permeability as well as high diffusion coefficients. The affinity of the polymer toward the interacting molecule also influences interaction. For instance, packing of non-polar materials like oils and fats in polyolefins is not advisable because of its lipophilic nature (Caner 2011). Similarly, the rate of sorption also decreases with increase in density of the polymer.

Other than the polymer itself, the nature of additives like colourants, plasticizers, stabilizers, fillers, blowing agents, antioxidants, antimicrobials, slip compounds and printing ink also migrates into the food material, and their characteristics impact the rate of migration (Guart et al. 2011).

3.3 Environmental and Storage Factors

The environment in which the product along with the package is placed has a major impact on the interaction phenomena. As discussed in previous sections, the interaction is influenced due to temperature, and thus according to Arrhenius-type equations with increase in temperature, the rate of interaction increases. Owing to increase in temperature, free volume, mobility of the interacting material present in the food as well as the polymer, degree of swelling of the polymer increases, whereas degree of crystallinity decreases, and also relaxation of polymer chain occurs (Caner 2011). A study was conducted on the effect of temperature during processing and temperature and time of storage on bisphenol A migration from can containing organosol and epoxy coatings to a fatty food simulant (sunflower oil) and tuna in oil. The study found that maximum migration level of BPA from organosol can coating into fatty food simulant (403.6 \pm 52.9 µg/kg) and tuna in oil $(27.4 \pm 11.3 \ \mu\text{g/kg})$ occurred at heat processed cans stored 25 °C for a period of 160 days. The rate of migration gradually decreased with increase in storage time for heat processed cans. Also, non-heat processed cans (186.1 \pm 32.2 µg/kg) showed slower migration rate than that of heat processed cans (403.6 \pm 52.9 µg/kg) stored at same temperature (25 °C) and time (160 days) (Munguia-Lopez et al. 2005). Similarly, a study on migration of nanosilver into different food-simulating solutions (water, hexane, 95% ethanol (v/v) and 4% acetic acid (v/v)) found that irrespective of the simulating solution adopted, the amount of nanosilver migration increased gradually with time and temperature (Huang et al. 2011).

Another important factor to be considered is relative humidity. The effect of humidity on the interaction varies with the polymer used. For instance, absorption of water in polymers like EVOH increases the permeability, whereas in case of polymers like PET and nylon, it decreases oxygen permeability. However, in a few cases like polyolefins, humidity has no significant effect on the permeability of the polymer (Linssen et al. 2003). A study on the effect of relative humidity on the release of antimicrobial agent (carvacrol) from EVOH coating on PP films found that diffusion coefficient increased with increase in humidity (Cerisuelo et al. 2012).

Sometimes, effects of interaction phenomena are inter-dependent. For instance, LDPE and PP showed increased oxygen permeability by 21% and 130%, respectively, after 8 h of exposure to flavours, whereas in the case of PC, the oxygen permeability decreased by 11% after 21 days of exposure. In case of PET, no significant effect was observed. Thus, the study proved that flavour absorption had effect on oxygen permeability of some polymers (Van Willige et al. 2002).

4 Effects of Interaction

In general, interaction phenomena result in mass transfer of any of the component either from the packaging material to food or vice versa. It also occurs between the outside environment and food through packaging material. Hence, there occurs a change in composition of the food material, the packaging material and the environment. However, change in environment is negligible, and it is not considered. This section deals about the effects of interaction phenomena with the packaging material as well as the product and the health effects due to consumption of interacted food.

4.1 On Polymers

The main effect of interaction on the polymeric material leads to change in structure and nature of the polymeric material. This may occur in one or many of the following ways:

- · Migration of residual monomers or oligomers into the food material
- Migration of additives into the food material
- · Swelling of polymeric material due to absorption of components
- · Alteration in polymeric network due to absorption of components
- · Change in permeability behaviour of polymeric material
- Development of voids due to migration
- · Filling of microcavities or void spaces in the polymer by the sorbed components
- Relaxation of polymer linkages
- Change in crystallinity of the polymeric material due to migration
- Shift in glass transition temperature of the polymeric material due to migration

4.2 On Product

Change in sensory properties of the food material is one of the main problems associated with the interaction. Sensory changes may occur due to direct absorption of volatile compounds into the polymeric material or through indirect changes which occurred due to chemical reactions like oxidation and hydrolysis that has occurred because of increased permeability and so on (Duncan and Webster 2009). Flavour scalping in small amount has significant effect on the organoleptic properties of food. However, the nature of flavour absorbed plays a major role in alteration of sensory properties. For instance, d-limonene does not have much effect on the flavour of orange juice. Hence, the absorption of d-limonene to a level of 40% did not significantly affect the orange juice quality. Additionally, d-limonene absorption leads to prevent the formation of off-flavour compounds like α -terpineol (Durr et al. 1981). Another study conducted on absorption of aroma compounds like lemon and orange into LDPE found that sensory panellists were able to identify the significant difference in intensity of aroma (Kwapong and Hotchkiss 1987). To balance the lost favour due to scalping, manufacturers often add additional flavour, so that the end product reaching consumers is acceptable in terms of flavour (Lebossé et al. 1997).

Apart from organoleptic changes, the interaction of food components with packaging material and environment may lead to detrimental effect on the quality of the food. For instance, enhanced permeation may result in oxidation of food, thus reducing the shelf life of the packed food. Mannheim and his team found that citrus juices packed in laminated cartons had limited shelf life than those packed in glass jars (Mannheim et al. 1987).

In cases like packaging material containing antimicrobial or antioxidant agents, interaction can be beneficial. A study on migration of antioxidant (α -tocopherol) from a multilayer packaging material containing high-density polyethylene (HDPE), EVOH, LDPE layers and α -tocopherol into whole milk powder found that antioxidant delivery reduced the rate of lipid oxidation and, hence, extended the shelf life of whole milk powder (Granda-Restrepo et al. 2009).

4.3 Health Effects

Though packaging effectively maintains the safety and nutrition of the food, the use of polymers can lead to negative impact on the health of the consumers. This may be because of migration of undesirable and hazardous components from the polymers into the food material. The effects can be due to exposure for a longer period of time or shorter time period, depending on the component. Hence, the toxicity of the migrating substance is to be considered. Based on the extent of harmfulness, several legislations have set the permissible limit for the migrating substances to be present. Some compounds migrated into food are extremely toxic to consumers. For instance, long-term exposure to BPA (Fig. 1) is dangerous as it mimics female hormone



oestrogens (Fig. 2) and it is a potential endocrine disrupter (Thomson and Grounds 2005). Also, fluorinated organic chemicals like perfluorooctanesulfonate (PFOS) and perfluorocarboxylates (PFCs) were found to cause toxicological effect on monkeys and rodents (Kumar 2005).

5 Testing Methods

Testing the quality as well as the quantity of the interacting substance is very important for the manufacturer to ensure that the material meets the standard and also to make sure that packaging material has negligible effect on the final product reaching the consumer and it does not cause any negative impact on health after consumption of the packed food material. To detect and analyse the amount of components present, simulants, mathematical and predictive models and chromatographic techniques are used.

5.1 Simulants

In general, foods are classified into aqueous, acidic, alcoholic, fat-based and dry foods (Castle 2007). Hence, based on the nature of the food material, various simulants are used to mimic the environment. The simulants recommended by US Food and Drug Administration (US FDA) and European Union (EU) for different types of food are illustrated in Table 2 (Castle 2007; Bhunia et al. 2013). These simulants are selected accordingly, and then overall migration or specific migration is calculated by exposing the packaging material to the simulants for the recommended time and temperature (Table 3) (FDA 2007). Overall migration is calculated by evaporating the simulants and then calculating the weight of the

	Simulant	
Type of		Recommended by
food	Recommended by US FDA	EU
Aqueous	10% ethanol (v/v)	10% ethanol (v/v)
Acidic		3% acetic acid
		(w/v)
Low		20% ethanol (v/v)
alcohol		
High	50% ethanol (v/v)	
alcohol		
Fat-	Food oil, HB307 (a product containing mixture of synthetic	50% ethanol and
based	triglycerides), Miglyol 812 (coconut oil derivative)	vegetable oil
Dry	Tenax (modified polyphenylene oxide)	Tenax

Table 2 Types of food and food simulants recommended by FDA and EU

Table 3 Migration protocols for short-term accelerated testing as recommended by FDA

Intended end-use condition	Simulated condition
High temperature, heat ster- ilized or retorted	121 °C for 2 h, followed by 40 °C for 238 h
Boiling water sterilized	100 °C for 2 h, followed by 40 °C for 238 h
Hot-filled or pasteurized above 66 °C	100 °C for 30 min, followed by 40 °C for 10 days (or) 66 °C for 2 h, followed by 40 °C for 238 h
Hot-filled or pasteurized below 66 °C	66 °C for 30 min, followed by 40 °C for 10 days (240 days)
Room temperature filled and stored	40 °C for 10 days
Refrigerated storage	20 °C for 10 days
Frozen storage	20 °C for 5 days

remaining residues. This method is limited in case of fatty simulants, because of difficulty in vaporization of simulant. Hence, the loss in weight of the packaging material, followed by subtracting with the amount of fat sorbed gives the overall migration. Specific migration is calculated by mathematical models or analytical techniques. In case, if overall migration value or the total amount of the particular component present in the polymer is less than the maximum permissible limit, then the need for specific migration test is neglectable (Veraart and Coulier 2007).

Unlike other components, the interaction of a flavour with polymers cannot be studied by food simulants. In general, diluted aqueous solution of particular flavour is used to simulate the environment. For instance, to mimic the flavour of citrus products, d-limonene is used (Gnanasekharan and Floros 1997). To test the transfer of odour and taste from packaging materials, ASTM (American Society for Testing and Materials) standard test methods are adopted. According to the ASTM standard, 0.9 m² of test material is placed in a required environment for a minimum of 20 h (Tice 1996).

5.2 Analytical Instruments

The quantification of interacted compounds can be done through mathematical models as well as chromatographic techniques. Application of chromatographic techniques on interaction phenomena directly involving food stuffs is limited than that related to simulants and packaging material. Though some studies have been carried out on the detection of interacted components, there are no standard methods available for analysis of the most of the migrating substances. Also, some migrants like perfluorochemicals cannot be detected by conventional techniques like GC-MS or LC-UV. Begley et al. (2005) adopted LC-MS technique to characterize perfluorochemicals. Table 4 describes some of the commonly found interacting components and the method of detection adopted.

5.3 Mathematical Models

As the experiments are time-consuming and laborious and involve high cost, several mathematical models have been developed to determine diffusion coefficients as well as partition coefficients and also to predict interacting substance concentration (Lau and Wong 1997; Mousavi et al. 1998; Helmroth et al. 2002; Samsudin et al. 2018). A model was developed for the design optimization of the package containing antimicrobial agents. The objective of the model was to make sure the presence of the optimum concentration of the antimicrobial agent on the headspace, so as to prevent the growth of selected microorganisms. The study also claimed that the same model can be used to similar packaging systems also (Cerisuelo et al. 2012). Moreover, Price and Chaudhry (2014) developed a computational model to estimate the toxicity of compounds migrated from the polymer into food material (Price and Chaudhry 2014).

Apart from the testing methods described above, permeation of a particular packaging material can be calculated in terms of gas and moisture transmission rate. The permeability properties of the material depend on film characteristics like thickness, as well as on the surrounding environment. Gas transmission rate is tested by placing the packaging material in between a low-pressure and high-pressure environment, followed by measurement of pressure difference in case of manometric method and volume difference in case of volumetric method. Gas transmission rate is expressed in cc of specific gas permeated per unit area per unit time. Similarly, moisture transmission rate of a packaging material is tested by placing the material in between an environment of two different humidities. Due to vapour pressure difference, permeation of water vapour takes place, and this is calculated in g of moisture permeated $m^{-2} day^{-1}$ (Huang and Qian 2008).

Interacting component	Polymer	Technique adopted	References
Erucamide, Irgafos 168, Oxidized Irgafos 168, Irganox 1076 and Irganox 1010	Multilayered packaging	UHPLC- VWD-(TOF) MS	Moreta and Tena (2015)
Irganox 1330, 1010, 3114 and 1076, Tinuvin 326, 327 and 328, Erucamide	Polypropylene, poly- cycloolefin, copolyester	UHPLC-MS/ MS	(Pouech et al. (2014)
Antioxidants agents (carvacrol and thymol)	Polypropylene	GC-MS, HPLC-UV	Ramos et al. (2014)
Adhesives (hot melt, vinyl acetate, starch, polyvinyl acetate and acrylic)	Multilayered laminates	GC-O-MS	Vera et al. (2014)
Perfluorinated compounds	Paper, paperboard, alu- minium foil	LC-MS/MS	Zafeiraki et al. (2014)
Perfluorochemicals	Polytetrafluoroethylene	LC-MS	Begley et al. (2005)
Phenol, Bisphenol A, 2,4-di-tert- butylphenol, Cyasorb UV511, bis (2-ethylhexylphthalate), Irganox 1076, Irgafos 168	Polycarbonate containers	HPLC-UV- fluorescence	Nerín et al. (2003)
Irganox 245, Irganox 1035, Chimmasorb 81, Uvitex OB	Blends of food contact polymers like polysty- renes, polyolefins	HPLC-UV- Fluorescence	Quinto- Fernández et al. (2003)
Anthracene, Benzophenone, Methyl stearate, Pentachlorophenol	From recycled paper- board through polypropylene	GC-FID	Song et al. (2003)
Caprolactam and its cyclic oligomers	Food grade nylon 6	HPLC-UV (Normal and reverse phase)	Barkby and Lawson (1993)
Irganox 1010	Polypropylene	H-NMR ^a	Ehret- Henry et al. (1992)
ε-Caprolactam and its dimer- monomer separation	-	HPLC-RI	Bonifaci et al. (1991)

 Table 4 Techniques adopted for the detection of selected interacting components

^aH-NMR Proton nuclear magnetic resonance; *GC-FID* gas chromatography with flame ionization detector, *GC-MS* gas chromatography-mass spectrometry, *GC-O-MS* gas chromatography-olfactometry-mass spectrometry, *HPLC-RI* high-performance liquid chromatography with refractive index detectors, *HPLC-UV* high-performance liquid chromatography with ultraviolet detectors, *HPLC-UV-Fluorescence* high-performance liquid chromatography with both ultraviolet and fluorescence detectors, *LC-MS* liquid chromatography-mass spectrometry, *LC-MS/MS* liquid chromatography-tandem mass spectrometry, *UHPLC-MS/MS* ultra-high-performance liquid chromatography coupled to a tandem mass spectrometer, *UHPLC-VWD-(TOF) MS* ultra-high-performance liquid chromatography coupled to variable wavelength and time of flight mass spectrometry

6 Regulations

The selection of packaging material for a food should be in such a way that the migration is limited and within the limits set by the legislative bodies. In general, FDA and European Commission (EC) bodies implement threshold policy as well as EC directives, respectively, to set the limits in a way that the compounds on consumption do not create any harm to the consumer (Arvanitoyannis and Kotsanopoulos 2014). The threshold level is set considering the dietary concentration as well as the toxic potency of the harmful component. Regulations are set for labelling as well to mention the possibility of migration of allergens like latex from cold seal adhesives. This is because these allergens may cause serious health hazards in certain individuals (Castle 2007). In case of FDA, the food contact materials should be GRAS (generally recognized as safe) approved. If not, the material and/or the additive migrated from the material should prove to be safe. The level of migration limit varies with the nature of the additive. For instance, according to FDA, carcinogenic compounds if present less than 0.5 μ g kg⁻¹a possess a risk of less than one in a million lives (Arvanitoyannis and Kotsanopoulos 2014). Thus, the migration of the compounds from the packaging material at their intended use condition should be less than the maximum permissible limit set by these governing bodies, for the safety of the consumers.

7 Conclusion

In summary, as different kinds of packaging materials have evolved for food applications, interaction of the package and the product is one of the most important properties to be considered. The knowledge on these interaction phenomena is of significant importance in all the stages involving food and the packaging material, as it can lead to unsafe and below standard food product to the consumer. Further, clear understanding on the role of the storage and handling environment as well as the nature of the food and packaging material on the interaction enables to ensure the safety of the product. Besides, the testing of the materials in the intended environment gives the level of interaction, and the manufacturers and handlers should ensure that the level does not exceed the maximum permissible limit set by the legislative bodies. Currently, the legislative bodies like FDA and EC are exploring more on the toxicity and harmfulness of the unintentional additives in the packaging material.

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Testing Methods for Packaging Materials



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Abstract An extensive knowledge about the packaging material is crucial in designing of packaging material for particular products. Properties of packaging materials such as mechanical strength, gas permeability, and sealing ability determine the suitability of packaging material for intended purpose. Thus, it is necessary to determine the properties of packaging material to select the suitable material for any product. Testing of packaging materials generally involves determination of physical properties. But it is also important to study the chemical stability of a packaging material, particularly when it would be used for food-based applications, so as to ensure the safety of the product. There are several standard testing protocols for packaging materials, and this chapter provides detailed information about testing methods that are in use to evaluate various properties of packaging materials. Further, some methods are specific to the type of packaging material, and these are also covered in this chapter.

Keywords Properties of packaging material \cdot Testing methods \cdot Food packaging \cdot Testing standard

1 Introduction

Food packaging is a major business sector, and numerous innovations in packaging of food products are launched in the market every day. Owing to the constantly changing behavior of consumers, innovative packaging technologies have been developed recently. Developed material should meet the standards to be successful in the market. Packaging material provides several functions including protection, containment, convenience, and communication to the product (Robertson 2016). Wide range of materials are available for packaging of food products including

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materials made of paper, glass, plastics, biodegradable material, metals, ceramics, and wood. The packaging material should be cost effective or both consumers and manufacturers. It should also protect the food material inside during storage, transportation, and distribution.

Each packaging material is different in terms of physical, chemical, and functional properties. The various properties offer different aspects as the packaging of food material is concerned. The properties of packaging material serve as a basis for selection of material for packing of food products. The basic material properties of packaging material that influence the quality and safety are (Kim et al. 2014)

- · Barrier properties
- · Mechanical properties
- · Chemical reactivity
- · Migration properties

A broad knowledge about the properties of packaging material is crucial in designing of packaging material for particular products. Properties of packaging materials such as mechanical strength, gas permeability, and sealing ability determine the suitability of packaging material for intended purpose (Marsh and Bugusu 2007). It is necessary to determine the properties of packaging material to select the suitable material so that it will maintain the safety and quality of packaging material.

Testing of packaging materials generally involves determination of physical properties such as mechanical strength and permeability. But it is also important to study the chemical stability of a packaging material, particularly when it would be used for food-based applications. Determination of properties also helps to predict the performance of packaging material when the packages are in the real environmental conditions (Arvanitoyannis and Bosnea 2004). A series of testing methods are required to confirm the packaging material possesses required properties. There are many crucial factors to be considered while determining properties of packaging material. The material should be tested in the same environment as that of the product is intended to perform, because almost all the properties changes as the environment around the package changes. Also, the performance of the packaging material deviates from the predicted performance. So it is important to study the property and the behavior of packaging materials in different environmental conditions.

There are several standard testing protocols for packaging materials, and this chapter provides detailed information about testing methods that are in use to evaluate various properties of packaging materials.

2 Regulation in Testing Methods

When packaging materials are used for particular food product, it should meet certain standards. These standards are provided by various governmental and nongovernmental organizers. The standards are set for each testing method, to determine the properties of packaging material. Several packaging materials are available in the market which are intended for packaging of food products; they should meet the requirements of the packaging materials that are provided by the various organizers to ensure the safety and quality. There are various agencies that provide standards or testing methods of packaging materials.

2.1 ASTM International

ASTM International is a globally recognized organizer which was established in 1989 for the development and delivery of voluntary standards. Globally, over 12,000 ASTM standards are used to improve product quality, strengthen market trade, consumer confidence, and enhance health and safety. ASTM International has 140 standard writing committees which revises each method annually and publish book for all the developed standards. ASTM committee D10 develops standards and testing procedures regarding packaging materials (ASTM 2017). ASTM standards are more flexible for simulation of the various distribution environment compared to other standards. It also considers the economical value of the product that is going to be packed in the packaging material, and the testing methods can be altered accordingly.

2.2 International Organization for Standardization (ISO)

ISO is a nongovernmental international organization which was established in 1947. ISO is the world's largest organization that develops voluntary standards. The organization has 162 members all around the world, and the technical committee will work on development of new standard and updating existing standards. ISO published 21980 International Standards covering almost every industry, including food safety, agriculture, and healthcare. ISO standards respond to a need in the market based on global expert opinion. TC-122 provides standards for terminology and definitions, packaging dimensions, performance requirements, and tests (ISO 2017).

2.3 International Safe Transit Association (ISTA)

ISTA established in 1948 which will provide standard for testing of packaging materials. ISTA packaging standards are used to assess the safety of product during transport with the help of vibration, impact, drop, and temperature testing. All tests simulate the transportation conditions in which the product will experience during transit. ISTA gives five series of standards including (ISTA 2017):

- 1 Series: Non-Simulation Integrity Performance Tests
- 2 Series: Partial Simulation Performance Tests
- 3 Series: General Simulation Performance Tests
- 4 Series: Enhanced Simulation Performance Tests
- 5 Series: Focused Simulation Guides

2.4 Technical Association of the Pulp and Paper Industry (TAPPI)

TAPPI is international nongovernmental organizations which consist of 14,000 members which work in the area of pulp and paper. TAPPI provides standards and technical information about paper to measure and evaluate paper and paper products. They also provide standards for such as corrugated fiberboard, flexible packaging, lamination, adhesives, coatings, and extrusion packaging. All the TAPPI standards are ANSI (American National Standards) certified. T 400–500 Series gives standards for testing of paper and paperboard.

3 Testing Methods for Packaging Materials

3.1 Analysis of Mechanical Properties

3.1.1 Compression Test

Compression testing of packaging materials is done to determine the compression strength of materials such as corrugated box, paper boards, and cans. Compression strength is usually measured to study the characteristics of packaging while stacking. During stacking of containers, the container at bottom experience more force than at the top. The container should withstand the force during transportation, distribution, and handling in bulk (Horvath et al. 2017). So it is important to study the compression strength of packaging material. The compression tester consists of a fixed head, where the container to be tested is placed, and a movable head which help to apply a fixed amount of force to the container as shown in Fig. 1. The test generally gives the deformation characteristics of material under compressive force. Compressive properties of rigid boxes or cans include modulus of elasticity, yield stress, deformation beyond yield point, and compressive strength (Frank 2014). During compression testing, some plastic containers or cans continue to deform until a flat disk is obtained. As a result the compressive strength will be steadily increasing without any fracture point, which indicates that there is no meaning for compression test.

There are several test methods according to ASTM for testing the compressive strength. The procedure can be selected according to the need of the study and packaging material. The type of force transfer differs in each method. In the test





method, ASTM D6641/D6641M compressive force is transmitted by combined shear and end loading, D5467/D5467M compressive force is transmitted by subjecting a honeycomb core sandwich beam with thin skins to four-point bending, and D695 compressive force is transmitted into the specimen by end loading.

Bucci et al. (2005) conducted dynamic compression test on PHB containers produced by injection molding. Resistance to dynamic compression test was carried out in accordance with ASTM 2659-95 (Standard Test Method for Column Crush Properties of Blown Thermoplastic Containers). The properties include crushing yield load, deflection at crushing yield load, crushing yield load at failure, and apparent crushing stiffness. PHB jar was more elastic than PP jar in terms of deformation value. They also stated that upper compression plate used was not as the same dimension as that of jar, so the compression applied was concentrated on the center, and the result was not valid for determining the stacking strength of prepared PHB jar. The following are the standard methods adopted for testing of compression strength of packaging materials:

- ASTM D695 15 Standard Test Method for Compressive Properties of Rigid Plastics
- ASTM D3410/D3410M 16 Standard Test Method for Compressive Properties of Polymer Matrix Composite Materials with Unsupported Gage Section by Shear Loading
- ASTM D6641/D6641M 16e1 Standard Test Method for Compressive Properties of Polymer Matrix Composite Materials Using a Combined Loading Compression (CLC) Test Fixture
- ISO 604:2002 Plastics Determination of compressive properties

3.1.2 Tensile Test

Tensile test measures the tensile properties of packaging material by applying controlled tension until failure. Tensile test is carried out to determine maximum load that can be applied to a material before it ruptures. Tensile properties may vary with specimen thickness, method of preparation, speed of testing, type of grips used, and manner of measuring extension. The properties measured during tensile test include (ASTM 2014):

- Ultimate tensile strength
- Ultimate tensile strain
- Modulus of elasticity
- Poisson's ratio
- Transition strain

The following are the standard methods adopted for testing of tensile properties of packaging materials:

- ASTM D638 14 Standard Test Method for Tensile Properties of Plastics
- ASTM D882 Tensile Properties of Thin Plastic Sheeting
- ASTM D3039 Standard Test Method for Tensile Properties of Polymer Matrix Composite Materials
- ASTM D1708 13 Standard Test Method for Tensile Properties of Plastics by Use of Microtensile Specimens
- ISO 527-1:2012 Plastics Determination of tensile properties Part 1: General principles

Generally, the tensile strength is measured in universal testing machines (Zhang et al. 2015). The film is place between two jaws which are drawn apart at a constant rate. The upper jaw is movable and the jaws are supported by a frame. The load which is applied on the material can be varied according to the nature and indented application of material. The materials are drawn and a load vs. deformation curve is drawn as shown in figure (dgjhdg). The graph can be used to identify the tensile properties of the material. The tensile properties of the material decide how the material behaves under various forces. The stress-strain characteristics of packaging material depend upon rate of application of stress, temperature, and condition of the specimen. The tensile strength obtained for packaging material by above test methods cannot be considered valid for packaging material for application under different environments.

Auras et al. (2005) used universal testing machine to compare the tensile properties of oriented Poly (lactide) polymers with existing PET and oriented PS. Conditioning of packaging films prior to the test is important to avoid variability.



Fig. 2 Schematic representation of vibration tester

3.1.3 Vibration Test

A product may get damaged during transportation when the vibration frequency is not within the resonant frequency of the product. This kind of damage is common in fruit packaging where the skin of the fruit get damaged due to vibration which eventually leads to spoilage. So it is important to determine the resonant frequency of the package so that adequate protection can be given to save the product from getting spoiled. It will also provide information about complex interactions between the components inside the product as they are subjected to vibration when they are kept inside the package (Twede and Harte 2003) (Fig. 2).

According to ASTM the vibration test can be done in two different methods.

- Sinusoidal vibration
- Random vibration

Sinusoidal test also known as sweep-dwell test. It includes a sweep test that determines the natural resonant frequency and a dwell test in which the product will be vibrated at its natural resonant frequency. The test offers the same vibration frequency and time or all kinds of products regardless of the transportation conditions and product characteristics.

Random vibration test will simulate the condition the product experiences while it is being transported through land, air, or sea. During the test the product experiences predefined vibration intensity or fixed time duration (ASTM 2015). The following are the standard methods adopted for vibration testing of packaging materials:

- ASTM D3580 95(2015) Standard Test Methods for Vibration (Vertical Linear Motion) Test of Products
- ASTM D999 08(2015) Standard Test Methods for Vibration Testing of Shipping Containers
- ISO 8318:2000 Packaging Complete, filled transport packages and unit loads – Sinusoidal vibration tests using a variable frequency
ISO 2247:2000 – Packaging – Complete, filled transport packages and unit loads – Vibration tests at fixed low frequency

3.1.4 Drop Test

The materials get damaged when the package is dropped on the ground during storage or transportation. This kind of failure happens in packages which are handled manually. The packages are tested for its drop resistance before selection of packaging material, and the test conditions are simulated by drop tester. The test assesses the ability of the container to withstand the drop that occurred during the test and also to measure the ability of container to protect the product during all the conditions that occur during transportation. This test allows selecting suitable packaging material for particular packaging (Paine and Paine 2012). Drop test is generally carried out for loaded boxes, cylindrical containers, and flexible packages. The drop tester consists of an adjustable plane surface on which the containers to be tested are placed. The surface possesses a special release mechanism which can be controlled by a lever. The conditioned packages are filled with indented products or dummy products which have the same dimension and characteristics, and packages are dropped from a predetermined height on a rigid surface (ASTM D5276 -98 2017). The following are the standard methods adopted for drop testing of packaging materials:

- ASTM D5276 98(2017) Standard Test Method for Drop Test of Loaded Containers by Free Fall
- ISO 2248:1985 Packaging Complete, filled transport packages Vertical impact test by dropping

ASTM standard protocol allows only testing of free falling on flat surface, but generally the dropping or free falling does not happen on flat surface during handling. ISO 2248:1985 allows conducting of drop test over different orientations of packaging materials.

- Edge drop: the maximum angle between impacting edge and horizontal surface should be 2°
- Corner drop: the angle between surface of the package and the horizontal surface should be $\pm~5^\circ$

The exact drop heights, drop orientations, and acceleration values are published in ASTM D4169 and also in various ISTA standards. Both the methods possess free falling of product under gravity. Much sophisticated instruments can be used to produce different shock or impact on the packaging material to study shock or impact strength of packaging material.

3.1.5 Impact Test

Large packages experience high amount of horizontal shock when the materials are being transported in trucks or carried through rails. The package should be selected in such a way that it should protect the product without causing any damage or spoilage. The impact strength of packaging material for different packaging material can be studied under various conditions of impact force and orientation with the help of impact testers. Impact testers are complicated instrument with programming device to produce different impact force and impact angle.

The equipment consist of an inclined path containing a carriage on which the packages are placed and a wall where the package collides at the end of the path. The inclination of the surface and the speed at which the package hit on the wall can be adjusted according to the product and packaging material (Natarajan et al. 2014). The following are the standard methods adopted for impact testing of packaging materials:

- ASTM D880, Standard Test Method for Incline Impact Testing for Shipping Containers and Systems
- ASTM D4003, Standard Test Methods for Programmable Horizontal Impact Testing for Shipping Containers and Systems
- ASTM D5277, Standard Test Method for Performing Programmed Horizontal Impacts Using an Inclined Impact Tester
- ISO 2244:2000 Packaging Complete, Filled Transport Packages and Unit Loads – Horizontal Impact Tests
- ISO 2248:1985 Packaging Complete, filled transport packages Vertical impact test by dropping
- ISO 13355:2016 Packaging Complete, filled transport packages and unit loads Vertical random vibration test

There are two methods followed in ASTM D880 – 92 (2015), procedure A to test the ability of container to withstand the impact force and procedure B to test the ability of package to protect the product inside.

3.1.6 Heat Seal Integrity

The strength and efficiency of sealing in the packaged goods affect the predicted shelf life of food product. The sealing should be proper and it should hold the material inside without any leakage. The sealing of the packaged goods depends upon the conditions maintained for sealing, type of equipment used, material selected for packaging, and the environment in which the material is being stored. At a regular interval, the heat seal integrity is visually inspected in industries. Improper sealing and sealing integrity can be identified by analysis seal characteristics and defect. Process variation in sealing machine can be indicated by visual seal defects. ASTM F1886 provides standard method for determination of integrity of

seals by visual method. This method allows the determination of channels in the package seal down to a width of 75 μ m, but it can only be used for package with one transparent side so that the seal area may be completely visible. ASTM F1921/ F1921M – 12e1 describes standards or testing seal strength of packaging material while they are still hot. During form fill sealing the packed material, the contents are dropped immediately after the horizontal bars have been opened. So the package experiences a force before actual time required for cooling is completed to obtain a strong seal. The test requires equipment which will seal and check the strength of the seal simultaneously. The following are the standard methods adopted for testing of heat seal integrity of packaging materials:

- ASTM F1886/F1886M 16 Standard Test Method for Determining Integrity of Seals for Flexible Packaging by Visual Inspection
- ASTM F1921/F1921M 12e1 Standard Test Methods for Hot Seal Strength (Hot Tack) of Thermoplastic Polymers and Blends Comprising the Sealing Surfaces of Flexible Webs
- ASTM F88/F88M 15 Standard Test Method for Seal Strength of Flexible Barrier Materials
- ASTM F2391 05 (2016) Standard Test Method for Measuring Package and Seal Integrity Using Helium as the Tracer Gas

3.2 Testing Methods for Physical Properties

3.2.1 Thickness Measurement

The accurate measurement of thickness is crucial for characterization to check whether the film meet certain specifications for storing particular product. Film thickness changes as the process parameter changes. The thickness affects the permeability and mechanical strength of films, and it also affects the product shelf life. So it is important to measure the thickness. Thickness of packaging film is usually measured using a micrometer. Screw gauge or vernier calipers can be employed but the error will be more. Nowadays digital micrometers are used which can give extremely accurate measurement up to 0.001 mm. The film to be measured is placed between anvil and spindle (ASTM F2251-13 2013).

3.2.2 Gloss Detection

Gloss is associated with the appearance or surface shininess of packaging material. The measurement of gloss is important to predict consumer acceptance. Gloss is measured using a gloss meter by projecting a fixed intensity of light at a particular angle ($60, 20, or 85^\circ$) onto the surface of the specimen and measuring the amount of reflected light at the opposite angle. Gloss ratings are obtained by comparing the

reflectance from the surface of the specimen to that from a black glass standard which gloss value is assumed to be 100. The gloss of a particular film increases as the incident angle increases. Also the gloss value depends upon the refractive index of the specimen. The gloss value of film changes with the molding process parameters and aberrations on the surface of film. So the gloss of the film should be measured to study the consumer acceptance (Singh et al. 2017). The following are the standard methods adopted for testing of gloss value of packaging materials:

- ASTM D523 covers the measurement of the specular gloss of nonmetallic specimens for gloss meter geometries of 20, 60, and 85°.
- ASTM D2457 describes procedures for the measurement of gloss of plastic films and solid plastics, both opaque and transparent at 20, 45, 60, and 75°.

3.2.3 Leak Testing

Leaks in packages occur due to imperfections in the packaging material or improper sealing. Leakage will lead to spoilage of food product inside the packages by the entry of unwanted gases, harmful microorganisms, or other contaminants. So the detection of leaks in packed food product is important. There are several methods for detection of leak in food packages given by ASTM standards, and they can be selected according to the material being tested and the intended use of the packaging material. Heat seal strength along with leak testing provides information about integrity of packaging material (ASTM D3580-95 2015). The following are the standard methods adopted for testing of leakage of packaging materials:

- ASTM F2096 11 Standard Test Method for Detecting Gross Leaks in Packaging by Internal Pressurization (Bubble Test)
- ASTM D3078 02 (2013) Standard Test Method for Determination of Leaks in Flexible Packaging by Bubble Emission
- ASTM F2338 09 (2013) Standard Test Method for Nondestructive Detection of Leaks in Packages by Vacuum Decay Method
- ASTM F3169 16 Standard Test Method for Leak Detection in Blister Packaging by Vacuum Deflection Method by Laser Measurement
- ASTM F3039 15 Standard Test Method for Detecting Leaks in Nonporous Packaging or Flexible Barrier Materials by Dye Penetration
- ASTM D4991 07 (2015) Standard Test Method for Leakage Testing of Empty Rigid Containers by Vacuum Method

3.2.4 Water Vapor Transmission Rate

Water vapor transmission rate is the amount of water transferred trough packaging material per unit time trough unit area. The main function of packaging material is to protect the product from outer environment to reduce wastage due to spoilage. The package should not allow water vapor to transmit and enter into product. Suitable packaging material should be selected according to the characteristics of the product. The selected material should maintain the quality of the packaged foods, so it is important to know the water vapor transmission rate of packaging material before selecting the material for packaging. According to ASTM the WVTR is expressed in g/m^2 day. Both ASTM methods determine water vapor transmission rate and permeance of the film to water vapor. Additionally, ASTM F1249 determines water vapor permeability coefficient for homogeneous materials.

Gravimetric Method

In this method a known amount of desiccant is placed in an impermeable jar, and the mouth of the jar is covered with material to be tested. The mouth should be completely covered in such a way that the moisture transfer only happens through the membrane. The sample is placed in a controlled environment $(25 \pm 0.5 \,^{\circ}\text{C}$ and $75 \pm 2 \,\text{RH}$ for temperate region; $38 \pm 0.5 \,^{\circ}\text{C}$ and $90 \pm 2 \,\text{RH}$ for tropic region), and the weight gained by the desiccant is measured for 2–14 days. Graph should be plotted as weight gain VS. time, which follows a straight line. The water vapor transmission rate can be found using the following formula (ASTM E96 1995):

WVTR
$$(g H_2 O/day m^2) = \frac{Q}{At} = \frac{slope}{area.}$$

The following are the standard methods adopted for testing of water vapor transmission rate of packaging materials:

- ISO 2528 Sheet materials Determination of water vapour transmission rate Gravimetric (dish) method
- ASTM E96 Standard Test Methods for Water Vapor Transmission of Materials
- ASTM D1653 Standard Test Methods for Water Vapor Transmission of Organic Coating Films

Modulated Infrared Sensor

Since the gravimetric methods have several disadvantages including time consumption, low accuracy, and low detection limit, an alternative method using infrared sensor has been suggested by ASTM F1249. In this method the film is kept between a dry and wet chamber. The wet chamber is saturated with water vapor using a sponge containing HPLC grade water, and nitrogen gas is continuously circulated through dry chamber. The vapor transferred through the membrane from wet to dry chamber is carried by the nitrogen gas. The amount of water vapor in nitrogen gas is measured by passing infrared light at 6.3 μ m, which is the critical wavelength at which moisture absorbs infrared light. Recently, ASTM starts to develop new test method for water vapor transmission rate through plastic film and sheeting using an electrolytic detection sensor. The sensor is based on coulometric P₂O₅. The following are the standard methods adopted for testing of water vapor transmission rate of packaging materials:

- ISO 15106-2 Plastics Film and sheeting Determination of water vapour transmission rate Part 2: Infrared detection sensor method
- ASTM F1249 Standard Test Method for Water Vapor Transmission Rate Through Plastic Film and Sheeting Using a Modulated Infrared Sensor
- ASTM F372 99 Standard Test Method for Water Vapor Transmission Rate of Flexible Barrier Materials Using an Infrared Detection Technique
- ASTM F1249 13 Standard Test Method for Water Vapor Transmission Rate Through Plastic Film and Sheeting Using a Modulated Infrared Sensor

Relative Humidity Sensor

In this method the wet and dry chambers are maintained at high and low relative humidity, respectively. Both chambers are isolated by the material being tested. The moisture migration happens only through the film. The amount of moisture transferred is measured using a relative humidity sensor fixed in the dry chamber (Fig. 3). The performance of both infrared and relative humidity sensor are similar, but in later method nitrogen gas is not flushed through the dry chamber to remove moisture. This allows us to study the transfer of moisture from a package into the environment also.

The following are the standard methods adopted for testing of water vapor transmission rate of packaging materials:

- ISO 15106-1 Plastics Film and sheeting Determination of water vapor transmission rate Part 1: Humidity detection sensor method
- ASTM E398 Standard Test Method for Water Vapor Transmission Rate of Sheet Materials Using Dynamic Relative Humidity Measurement



Fig 3 Schematic representation of relative humidity sensor (ASTM 2013)

3.2.5 Gas Permeability Testing

Most of the food materials are sensitive to oxygen, and the shelf life of certain foods depends on the gas permeability of packaging material. Gas permeability is an important property of a packaging material which determines its suitability for the application. It depends upon the solubility of gas in the polymer material and diffusivity of gas through the material. ASTM D1434 provides two procedures which determine gas transmission rate (GTR), permeance, and permeability (only for homogeneous material) for polymer material.

In this method the sample is sealed between two chambers in such a way that it acts as a semipermeable membrane. One chamber is filled with the gas being tested and kept at high pressure. The other chamber is kept at low pressure. The gases pass through the membrane and get accumulated in evacuated chamber. Based on the way in which the amount of gas is measured, the method varies. In manometric method, the lower pressure chamber is evacuated first, and the gas concentration is measured by increase in pressure. In volumetric method, the lower pressure chamber is maintained near atmospheric pressure, and the gas concentration is specified by increase in volume.

However, ASTM (F1307, D3985, F1927) also gives a coulometric sensor-based method for determination of transmission of oxygen through the packaging film. Other conventional method allows testing various gases, where coulometric sensor only detects oxygen transmission through the membranes. This test has the same setup as that of water vapor transmission rate (ASTM F1249). In this method one chamber is filled with oxygen and the other is flushed with nitrogen gas. The oxygen transferred through the membrane is carried by nitrogen gas to the coulometric sensor. The oxygen produces an electric current proportional to the concentration of oxygen present at the sensor per unit time. As time increases, the current generated also increases and the value is noted down when the value becomes constant. The oxygen transmission rate can be determined by the following formula (Singh et al. 2017):

Oxygen transmission rate =
$$\frac{(E_e - E_o) * Q}{A * R_L}$$

where E_e = steady-state voltage level; E_o = zero voltage level; A = specimen area; Q = calibration constant; and R_L = value of load resistance.

The following are the standard methods adopted for testing of gas permeability of packaging materials:

- ASTM F1927 14 Standard Test Method for Determination of Oxygen Gas Transmission Rate, Permeability and Permeance at Controlled Relative Humidity Through Barrier Materials Using a Coulometric Detector
- ASTM D3985 05(2010)e1 Standard Test Method for Oxygen Gas Transmission Rate Through Plastic Film and Sheeting Using a Coulometric Sensor

• ASTM F1307 – 14 – Standard Test Method for Oxygen Transmission Rate Through Dry Packages Using a coulometric Sensor

3.3 Biodegradability Testing

Because of negative impact of synthetic polymer material in the environment, researches are focused on developing packaging material which can be degraded naturally. Biodegradable plastics are derived from plant- and animal-based materials or from other renewable resources. It is more important to prove the extent of biodegradability of prepared biodegradable film than determining the mechanical and barrier properties (Siracusa et al. 2008). If a material is claimed to be biodegradable which can be made into a film for packaging of food products, the material should be tested for its biodegradability to all under the legislative framework. A number of national, European, and international standards have been developed to determine the compostability of developed packaging material. The following are the standard methods adopted for testing of biodegradability of packaging materials:

- ASTM D6868 17 Standard Specification for Labeling of End Items that Incorporate Plastics and Polymers as Coatings or Additives with Paper and Other Substrates Designed to be Aerobically Composted in Municipal or Industrial Facilities
- ASTM G21 15 Standard Practice for Determining Resistance of Synthetic Polymeric Materials to Fungi
- ISO 14851:1999 Determination of the ultimate aerobic biodegradability of plastic materials in an aqueous medium – Method by measuring the oxygen demand in a closed respirometer
- ISO 14853 Plastics Determination of the ultimate anaerobic biodegradation of plastic materials in an aqueous system – Method by measurement of biogas production

Several methods have been developed or testing of compostability, but the selection of appropriate test is crucial to get a reliable results. The method should be chosen according to the chemical nature of film and condition of the environment in which the package indented to use. Biodegradation or compostability can be indicated by loss of weight, carbon dioxide production, change in tensile strength, dimensions, and chemical and physical properties (Singh and Sharma 2008).

All the test method can be categorized into field tests, simulation tests, and laboratory tests. In field test the biodegradable test material is buried in soil, lake, and river allowing it to undergo composting process. But in such methods, the environmental conditions such as temperature, pH, or humidity can't be controlled. Further, the analysis of residues after the degradation process is complicated because the environment itself is complicated for any further retrieval. In order to avoid all these limitations, various simulation techniques have been developed. The test is conducted in a reactor which will maintain required temperature, pH, and humidity.

The environment as similar to that of soil, compost, or seawater can be created using a simulation model in laboratory. This method is commonly employed or analysis of residue, intermediates, and CO_2 produced during degradation process. Some of the simulation test involves soil burial test (Kaur et al. 2009; Sharma et al. 2014), composting test (Yang et al. 2005), simulating landfills (Müller 2005; Shin et al. 1997), and aqueous aquarium tests (Puechner et al. 1995; Tosin et al. 2012). The laboratory test includes usage of special synthetic media for growth of microbes and inoculation culture. The inoculums can be mixed population which is taken from waste water or individual microbial strains. Among all the other methods, laboratory method produces reproducible result. The microbial strain can be selected according to the nature of polymer to be tested, and the degradation rate will be higher when compared to test conducted in natural environment.

3.3.1 Soil Burial Method

It is the most commonly employed method for determination of biodegradability which can be performed under laboratory conditions. The film to be tested is buried in soil at a specific depth after cutting the film into required dimension. Twenty to 40% humidity should be maintained by sprinkling water on the soil at regular interval. Care should be taken to avoid any stagnation of water, because it affects the natural degradation process. After a specified time usually 15 days once, the film is taken out, rinsed with distilled water, and then dried in a vacuum oven until constant weight is obtained. Degradation rate of the film is calculated by taking weight loss of the sample with time (Thakore et al. 2001).

3.3.2 Microbiological Degradation Test

In soil burial method, the degradation happens due to the combined effect of all kinds of microorganisms, but in pure culture method, the action of specific bacteria or fungi can be studied. The film to be tested is disinfected to ensure the action of degradation is only due to targeted microbes. The disinfected film is placed inside sterile culture medium and incubated for 24 h to ensure asepsis. The culture of specific microbes is inoculated into medium containing the film, and the sample is incubated at required temperature and time optimal for the selected microorganism. The weight of sample is taken after washing with ethanol and drying at lower temperature. The weight of the film is compared with the film which is incubated in uncultured medium (Lee et al. 1991). The surface morphologies of the film, before and after microorganism treatment, can be studied with the help of a microscope.

3.3.3 Compost Method

In this method, the pre-weighed biopolymers are subjected to a mixture of a mature compost and then incubated at optimum temperature and relative humidity. After the required incubation time, the amount of material carbon converted to carbon dioxide is measured. The test can be conducted at various temperature including -20 °C, 4 °C, and 20 °C. It was expected that the viable cell count in compost stored at -20 °C will be less compared to 4 °C and 20 °C because of the act that the microorganisms will be under stress at subzero temperature. But in contrary to the expectation, mesophilic bacteria were fewer in compost stored at 4 °C and 20 °C when compared with compost stored at -20 °C (Singh et al. 2017).

3.3.4 Enzymatic Degradation Test

Enzymes accelerate the reaction rate of cellular metabolism of living microorganisms. So it is important to study the contribution of enzymes in degradation of biomaterials. The research conducted on degradation of polyurethanes shows that the degree of degradation was increased by ten times in the presence of cholesterol esterase enzyme.

The enzymatic test involves the addition of dried and weighed samples into enzymatic reaction mixture containing alpha and beta amylase (1 ml of α -amylase and 4 ml of β -amylase). The sample should be completely immersed in the reaction mixture, and they are incubated in shaker at required condition. After the period of incubation, the samples were taken out and rinsed with distilled water to remove enzymes. The samples are then dried under vacuum to remove water absorbed and weighed. The degree of enzymatic degradation (DED) was calculated as (Guohua et al. 2006)

DED (%) =
$$((W_I - W_H)/W_I)$$
 100

where W_H is the dry weight of the specimen after enzymatic treatment and W_I is the initial dry weight of the specimen.

3.4 Thermal Analysis Techniques

Determination of thermal properties of packaging material is widely employed in polymer industry, and it consists of series of analytical techniques. The properties of polymer such as energy uptake, differential temperature, dielectric constant, mechanical modulus, and evolved gases are measured as a measure of temperature. Since biodegradable and conventional packaging films exhibit the same physical and chemical nature, the well-established relationship between heat resistance and melting temperature as well as between glass transition and melting temperature in conventional plastics can be transferred to biopolymer also (Sencadas et al. 2004). The determination of thermal properties of biopolymer allows comparing the suitability of packaging material with conventional plastics. Existing biopolymer is inferior compared to conventional polymer in terms of heat resistance. Efforts are going on to improve the heat resistance of biopolymer by addition of various filler materials like nanoparticle (Rhim 2007). Thermal analysis consists of three different techniques.

3.4.1 Differential Scanning Calorimetry

When a material is heated or cooled, heat flow in or out of the system; also every material possesses a characteristic heat capacity. DSC measures the heat flow rate into the sample with reference to a sample of known heat capacity (ASTM D3418 2015). Different types of DSC are available according to the need of the study. The following are the standard methods adopted for testing of thermal properties of packaging materials:

- ASTM D3418 15 Standard Test Method for Transition Temperatures and Enthalpies of Fusion and Crystallization of Polymers by Differential Scanning Calorimetry
- ASTM D6604 00 (2013) Standard Practice for Glass Transition Temperatures of Hydrocarbon Resins by Differential Scanning Calorimetry
- ASTM E1356 08 (2014) Standard Test Method for Assignment of the Glass Transition Temperatures by Differential Scanning Calorimetry
- ASTM E2602 09 (2015) Standard Test Methods for the Assignment of the Glass Transition Temperature by Modulated Temperature Differential Scanning Calorimetry
- ISO 11357-2 Plastics Differential Scanning Calorimetry (DSC) Part 2: Determination of Glass Transition Temperature
- ISO 11357-3 Plastics Differential Scanning Calorimetry (DSC) Part 3: Determination of Temperature and Enthalpy of Melting and Crystallization

3.4.2 Thermogravimetric Analysis

TGA is generally done to study the thermal stability of the material. Thermogravimetric curve that is obtained from the test is an effective tool for monitoring the thermal degradation of polymers under inert and oxidative environment (Barneto et al. 2009). The method involves the measure of weight loss of samples while it was progressively heated. The temperature is increased at constant rate or through a series of steps, and the weight loss versus temperature curves are obtained. Negligible change in weight loss and slope in curves indicate the thermal stability of the material in desired temperature range (Singh et al. 2017).

3.4.3 Thermomechanical Analysis

In thermomechanical analysis the change in dimension of the packaging material under stress is measured while temperature of the sample is kept at desired temperature. In this method, the behavior of sample with change in stress, temperature, or both can be studied. The force exerted can be compression, tension, or torsion, and the temperature is maintained with the help of a furnace (Karagiannidis et al. 2008). The sample deforms because of thermal expansion and stress reorientation. The equipment (Fig. 4) consist of:

- 1. Furnace maintain the required temperature
- 2. Force generator apply required amount of force to the material
- 3. Probe- transfer the force from generator to sample
- 4. Length detector measure the deformation of the sample
- 5. Thermocouple measure the temperature of the sample

3.5 Chemical Testing of Packaging Material

3.5.1 Testing of Migration from Packaging Material

The packaging material was prepared by the addition of chemical compounds into various polymeric materials. These chemical compounds are added to improve the functional properties of the packaging material. During the storage and



Fig 4 Schematic representation of thermomechanical analyzer

transportation of product, some of these chemicals may migrate from the packaging material to food products. If the migrated compounds in the food products exceeds specified limits serious safety and quality issues arises. The migration of chemical compound occurs through diffusion which depends on several parameters including nature of food, amount of chemical compounds in film, contact time, and environmental condition (Castle 2007). The quantification of migrants in the food material is important to ensure safety to the consumers. The migration can be studied by:

- 1. Determination using stimulants
- 2. Chromatographic methods
- 3. Mathematical modeling

In determination of migration using food stimulants, migration of compounds into various simulating liquids is studied instead of placing complex food product. The stimulant should be selected in such a way that it should resemble the food product in terms of interaction with good contact material. It will provide easy analysis of the migrants in the liquids. The stimulants should be carefully selected to obtain a reliable result. The stimulants such as water, ethanol, acetic acid, and oils are packed in the package to be tested and incubated at required temperature and time. The amount of migrant present in the stimulant is calculated by separating it from stimulant using various techniques. Various stimulants should be identified according to the nature of packaging material and food products. This limits the wide application of this technique in practical cases (Bhunia et al. 2013). Chromatographic technique involves the use of sophisticate equipments including GCMC and LCMS. The technique allows very low detection limit as low as ppb levels of migrants. But these techniques cannot be employed for determination of unknown compounds in the migrants. Both methods require sophisticated instrument and more time to determine migration. Mathematical modeling can be employed to avoid these disadvantages (Castle 2007).

4 Conclusion

Several standards are available for determining the property and performance of packaging material. The selection of particular technique or analyzing the material is crucial, because it affect the result. In order to compare properties of different packaging materials, the test material should be subjected to the same set of standard procedures. Various simulation tests are available to study the behavior of packaging material under various environmental conditions. The integrity of packaging material can be studied by keeping under accelerated environments, which will avoid extended and tedious studies. Each packaging material requires different sets of standard to analyze the property, so the standard needs to be extended for various types of packaging material.

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Functionality and Properties of Bio-based Materials



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Abstract This chapter reviews the impact of recent developments in bio-based sustainable materials with enhanced functionality and its properties related to moisture permeability, porosity and tunable gas permeability characteristics on storing and packing wet and dry foods and fresh produce. Bio-based polymers, plastics, biodegradable plastics and composites are gaining interest as reasonable substitutes for non-renewable petrochemical-based products. Natural fibres such as jute, hemp, flax, banana, wheat straw, etc. are significant sources for making biodegradable composites having commercial importance as food packaging materials. Combining plant-based fibrous materials and biopolymers/biomass-derived polymers gives environmentally friendly and biodegradable biocomposites with sufficient flexibility and mechanical strength comparable to petroleum-based polymers. Improved mechanical resistance, thermal insulation and enhanced physico-chemical properties which are key to the barrier and permeability features in bio-based packaging materials are achieved. Protein-based materials, which demonstrate good barrier properties, being impermeable to oxygen (in the absence of moisture) and aromatic compounds, have also been investigated as potential food packaging materials. This chapter presents a review of the literature available on such processes, techniques and methods applied to exploit these sustainable bio-based materials.

Keywords Bio-based polymers · Biodegradable · Physico-chemical properties · Food packaging

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1 Introduction

A green and sustainable economy requires that a revolution occurs in the utilization of raw materials; it needs to substitute the overwhelming consumption of fossil fuelbased materials with processes and products obtained from plant-based and other renewable resources. Solar and wind power could likely drive the change in the energy supply sector, while the change will be driven, within the manufacturing industry, by bio-based materials and their composites in different applications such as food packaging, textile fibrous materials, geotextile, plastics industry, etc. (Storz and Vorlop 2013).

Bio-based materials have gained attractiveness in the last decades due to both ecological and economic concerns. The increased burden of pollution and waste has motivated the scientific and industrial communities to look at bio-based substitutes for fossil fuel-based materials. Bio-based materials can be synthesized mainly by the production of polymers directly from naturally occurring compounds or the production of bio-based monomers and their subsequent (bio)chemical polymerization, through processes such as fermentation. Whatever the pathway for production of bio-based materials, the main problem is to control its composition and reproducibility. The regulation of the size of the biopolymers appears even more complicated. In any case, the major hurdle is in making the (micro) organism perform the targeted biosynthesis consistently and repeatedly. To overcome this problem, one can be tempted to make more controlled chemical polymerization with the bio-based monomers. However, the polymerization of bio-based monomers often demands further developmental steps, as in the case of a polylactic acid and of polybutylene succinate. The production of partially bio-based materials (Soronas) or the production of bio-monomers identical or enhanced compared to currently used petroleum-based molecular units has been demonstrated (Storz and Vorlop 2013; Razzaq et al. 2016).

A simple method for the simultaneous extraction of protein and β -glucan and polymers from barley was employed to prepare biodegradable films. Cereal grains are sustainable sources of polymers that could be used to make environmentally friendly bio-based materials. The procedure was customized in that the extraction was completed in alkaline medium instead of normal pH water. Likewise, the good macroscopic performances of the film and the assessed chemical stability could suggest its first-line applications as a newer, cheaper and biodegradable plastic material for food packaging (Razzaq et al. 2016). A lot of research has taken place on the methods to convert these sustainable options into films, fibres, textiles, papers, packaging or any other form which has a prospective application in the field of bio-based materials.

With the increased importance placed on self-service marketing, the role of bio-based packaging materials is becoming quite significant. Bio-based packaging materials serve numerous purposes like physical coverage, information transmission, marketing, convenience, barrier protection and security. Currently, several bio-based materials like polymers, paper (brick carton, cardboard), foam, film, etc. exist as options to synthetic plastic which is the most common packaging material but problematic and costly with respect to disposal. The features common with all plastics are that they are light, strong, cheap to manufacture and easy to mould. Paper gets preference in food and textile packaging. The cardboard variety of paper used in the form of boxes, sheets, etc. has served as a container for pizzas, bread and pies, popcorn, coffee, chocolates and other takeout order from the fast-food restaurants (Johanson and Vahlne 1977; Sullins et al. 2017; Yan et al. 2014). This chapter presents a critical review of the current literature available on such processes and techniques that modify the functionality and characteristics of bio-based materials to exploit and utilize them to their fullest.

2 Classification and Methods of Bio-based Materials

2.1 Classification of Bio-based Materials

Bioplastics are not simply a uniform single class of polymers but a diverse class of materials that can differ significantly from one another. The term bioplastics denotes materials that are bio-based, biodegradable or both (refer Fig. 1).

The use of bio-based materials, i.e. fibres, paper, plastic coatings and solid articles made from sugar, corn, starch and other renewable raw materials, has multiplied in recent times. Biopolymers find versatile applications in drug delivery systems, surgical implant devices, scaffolds for tissue engineering and packaging, food containers, agriculture film, waste bags and packaging material. Biopolymers often have a firm and definite internal structure, though this may not be the main feature (e.g. lignocellulose).



Fig. 1 Classification of bioplastics based on source and degradability



Fig. 2 Classification of bio-based materials

Among the biopolymers, polyethylene furanoate is observed to possess better mechanical properties. Cross-linking agents (e.g. glutaraldehyde, polycarboxylic acids) enhance the mechanical properties and aqueous stability of the biomaterials but may cause unfavourable modification to the functionality of the biopolymers or cause cytotoxicity (Türe et al. 2012; Petersen et al. 1999). All kinds of natural fibres like flax, bamboo and natural wool can be bonded together with synthetic and bio-based adhesives to form useful fibre-reinforced biocomposite composites (refer Fig. 2).

2.2 Methods for Manufacture of Bio-based Materials

Overall, there are three pathways to produce biopolymers as per the literature (Petersen et al. 1999; Weber et al. 2002).

- (a) Directly extracted or separated from biomass
- (b) Generated by microorganisms (fermentation) or genetically modified bacteria
- (c) Manufactured by classical chemical synthesis from biomaterials

The basic repeating chemical units of the bio-based materials are almost similar to those of conventional plastics. The main processing route of bio-based materials can also be possible by this method of technology:

- (a) Packaging film: extruded film, blown films, cast film
- (b) Thermoformed sheets: trays, cups
- (c) Injection moulding: drinking beakers, bottles, trays cutely, cups, plates, etc.

- (d) Fibres and non-woven: diapers, feminine hygiene products, agricultural products, certain medical plastics, clothing
- (e) Extrusion coating: laminated paper or films

3 Properties of Bio-based Materials

General attributes for enhanced properties and functionality of bio-based materials must be efficient, effective, clean and recyclable. The bio-based materials provide tremendous encouragement to green manufacturing by successfully enclosing and shielding products which are key properties for packaging. Also, the packaging system is intended to use materials and energy with minimal waste throughout the product life cycle. The properties that need to be reckoned with respect to food bio-based materials may include gas and water vapour permeability, sealing capability, thermoforming properties, transparency, antifogging capacity, printability, availability, UV resistance, water resistance, and resistance to acid, alkali, grease, etc. Cost is also one of the important properties for bio-based materials. Thus, bio-based materials in relation to end applications in food and other industries require favourable mechanical, thermal and gas barrier, water vapour permeability features and disposability of the materials. A product that contains 100% annually renewable raw materials may or may not be biodegradable/compostable. It is conditional on the molecular structure of the material itself, and if biodegradable, the products would pass when tested for biodegradability and compostability according to ASTM D6400 or ASTM D6868.

3.1 Gas Barrier, Moisture Resistance and Water Vapour Transmittance Properties

Many bio-based food packaging materials need the presence of specific atmospheric conditions to maintain the freshness and quality of food during storage. The packaging materials need to have certain gas barriers to retain a constant gas composition within the package. The gas mixture inside most of the package contains carbon dioxide, oxygen and nitrogen. Bio-based materials by using mineral oil-based polymer provide gas barrier property. Gas barrier properties of PA6 (polyamide) or EVOH (ethylene vinyl alcohol) which are vulnerable to moisture, when combined with LDPE, create a very restrictive water vapour barrier preventing the moisture from the foodstuffs interfering with the properties of PA6 or EVOH. Plasma technology was used for the deposition of glass like SiOx coatings on bio-based materials out of natural polymer and modified clay to enhance water vapour and gas properties (Fischer et al. 2000). Bio-based materials are mostly hydrophilic, and the gas barrier properties are influenced by the humidity conditions, such that the gas

permeability of hydrophobic bio-based materials may increase drastically when humidity increases. Gas barriers based on PLA and PHA are likely to be independent of humidity (Petersen and Nielsen 2000).

Packaging for numerous food types requires materials that are impervious to moisture, which is a major challenge due to the contrary hydrophilic nature of most of the bio-based polymers. Inventive chemical modifications and treatments are being researched to solve this problem so that future bio-based materials must also be able to duplicate the water vapour barriers of the conventional materials. In many of the bio-based food packaging applications, water vapour barrier, along with gas barrier properties, is required.

3.2 Physical Blending and Chemical Processing

Current research in the properties of bio-based composite materials involves the development of technologies to innovate chemical and physical modifications for optimal composite properties related to air, water permeability, water resistance/ hydrophobicity, surface properties of adhesion and frictional resistance, mechanical strength, fracture resistance, fire retardance, sound barrier, thermal insulation and optical and conductive properties.

Composites of bio-based materials find their major use as structural components in textiles, packaging and disposables, which may be extended to greater strength bearing the use in construction and transportation sectors, for obtaining weight reduction to aid fuel efficiency and reduce cost, without compromising on loadbearing ability. This may be achieved if properties, processing and hence performance are improved by suitable chemical and physical modifications. In the addition of bio-based reinforcing fibres in composites, this implies control of reinforcement orientation/alignment and concentration, the addition of nanofibres and nanoparticles to optimize mechanical, thermal features and increase durability.

3.3 Improvement in Mechanical Properties

Most of the bio-based materials function in a similar manner to conventional polymers. Bio-based polymers similar to polystyrene-like polymers relatively stiff at moderate service temperature or polyethylene-like polymers relatively flexible at moderate service temperature are available. The mechanical properties in terms of modulus and stiffness are quite close to those of conventional polymers. Bacterial cellulose polymer could be used in materials requiring noteworthy mechanical properties (Iguchi et al. 2000).

In terms of use of plant fibre/lignocellulosic fibre-reinforced composites/plastics as engineering materials, the important structural properties of tensile strength relative to the density of the material lie in the upper left region of the Ashby's



Fig. 3 Lignocellulosic fibres in Ashby's σ vs. ρ chart. (Monteiro et al. 2011)

material property chart (Fig. 3) (Monteiro et al. 2011). Their highest strength values are comparable to metallic alloys and ceramics and are favourable choices suiting guidelines of minimum weight design ($\sigma^{2/3}/\rho$, indexing the performance of a material related to bending stresses) and efficient mode of loading ($\sigma^{1/2}/\rho$). The existence of structural defects and dimensional heterogeneity in the natural source of plant fibres are a disadvantage that may be overcome by genetic selection and bioprocessing, for final use as high-performance thin fibres in composites. It was observed that plant fibres function as superlative reinforcement for polymers when the orientation of the fibres is unidirectional to the loading direction and the fibres are long. Tensile moduli and strengths of up to 40 GPa and 450 MPa, respectively, were reported for unidirectional plant fibre composites containing between 40 and 60 weight % flax, hemp, jute or ramie fibres (Fortea-Verdejo et al. 2017).

The tensile strength of glass fibres is at least twice as high as the tensile strength of plant fibres. Glass fibres are however inherently heavier than plant fibres (the density of glass fibres is 2.5 g cm⁻³ versus ca. 1.5 g cm⁻³ for plant fibres). Despite this, some randomly oriented plant fibre-reinforced polymer composites have very similar mechanical properties compared to randomly oriented GFRP, especially at low wf (fibre loading fraction). At $w_f > 50$ wt-%, the tensile strengths of plant fibrereinforced polymers showed lower values for tensile modulus and strength compared to PLLA (the bio-based polymer with the best mechanical properties). This may be due to the random orientation of plant fibres within the polymers, causing greater plasticity and hence lower tensile properties of the resulting composites. This situation is exacerbated when very short fibres are used, which may also be generated during the processing, resulting in less effective stress transfer from the matrix to the fibres. Constructive fibre reinforcement is achieved when the length of the fibre exceeds the critical fibre length (which is affected by the fibre-matrix combination and method of manufacturing), the fibre tensile strength at the critical length and the fibre diameter. Plant fibres substitute as cheaper filler possessing competitive stiffness, strength and fatigue properties compared to conventional engineering (polymer, glass or carbon) fibres, replacing some portion of the costlier polymers, leading to reduced costs while increasing the renewable fraction of the end composites.

The fabrication of bio-based anisotropic hierarchical fibres, combining small amounts of functionalized recombinant spider silk proteins with the widely available structural constituent, cellulose nanofibrils (CNFs), resulted in, for the first time, highly desirable mechanical performance with a stiffness of ~55 GPa, strength at break of ~1015 MPa and toughness of ~55 M m⁻³ (Mittal et al. 2017). The addition of small amounts of silk fusion proteins to cellulose nanofibrils (CNF) produced materials with advanced functionalities, which cannot be derived from wood-based CNF alone. The silk/CNF fibre surfaces also exhibited bioactivity allowing chemical-free immobilization of antibodies and adhesion of fibroblasts promoting their growth and spread, compatible with tissue culture, ascribed solely to the proteinaceous component of the silk.

Poly (L-lactide) (PLLA), a bio-based polymer, based on L-lactic acid, exhibits high tensile strength and Young's modulus, while its impact strength and heat deformation temperature (T_d) are notably low. To improve upon the properties of PLLA, a stereocomplex-type PLA (sc-PLA), obtained in a mixture (50/50) of preformed PLLA and PDLA, was developed (Ikada et al. 1987). The improved thermal resistance of sc-PLA is the reason why sc-PLA-based woven and knitted clothes can be treated to dyeing and hot-pressing and a knit of sc-PLA withstands laundering above 160 °C. In contrast, PLLA fibres are heat-sensitive, and processing above 120 °C destroys the fibre structure (Fan et al. 2004). When polymer films made by solution casting were studied by Tsuji and Ikada, the mechanical strength of sc-PLA was observed to be almost 60% higher than that of PLLA (Tsuji and Ikada 1999). The melt spinning of an oriented fibre of sc-PLA gave a product with very specific tensile strength and Young's modulus of 400 MPa and 5 GPa, respectively, in comparison to ordinary melt-spun fibre of PLLA which exhibited a greater range

in tensile properties (Takasaki et al. 2003; Fukushima and Kimura 2006). Polymer films of sc-PLA may be used as heat-resistant insulators that are also optically transparent. The incombustible nature of PLA, having an oxygen index of 28, could be used in casing material for various electrical devices and automobile parts.

A polymer blend between PLA and natural rubber, which is a totally bio-based polymer, modulates the brittleness of PLA (strain at break ~5%), with NR as a toughening agent, to obtain a modulus of 300%. Ordinarily, thermoplastic elastomers are prepared from ductile polymers like polyethylene and nylon, rather than brittle plastic like PLA. Bio-based thermoplastic elastomers (TPE) made of natural rubber and poly(lactic acid), with a blend ratio of 60% of natural rubber and 40% of poly(lactic acid), were prepared by melt blending in an internal mixer (Tanrattanakul and Bunkaew 2014). The addition of plasticizers, such as tributyl acetyl citrate (TBAC), tributyl citrate (TBC), glycerol triacetate (GTA) and triethyl-2-acetyl citrate (TEAC), would increase the ductility of PLA by increasing the strain at break, on interaction with the continuous phase of plastic PLA, the solubility parameter of plasticizers being similar to PLA rather than NR. All plasticizers, except GTA, increased the tensile toughness of the TPE as indicated by the area under each stress-strain curve.

Blends with PE and starch displayed lower elongation values, tensile strength and tear strength but also that the mechanical strength parameter was dependent on the amount of plasticizer compared to synthetic polymers, LDPE and HDPE. The compression tests done on the cup forms indicated favourable results. PLA has values (around 280 N) similar to those of PS (polystyrene), while starch composites gave high values greater than 1000 N. In terms of water vapour permeability, increased starch content increased WVP, while PLA and PHB and cellophane showed lower values, favourable to prevent loss of moisture from fresh produce (Petersen et al. 2001).

3.4 Thermal Insulation Property

Rigid polyurethane (PU) and polyisocyanurate (PIR) foam materials are largely used as heat-insulating materials in the refrigeration industry and civil engineering due to its low thermal conductivity (λ), and other PU compositions are applied in coatings and adhesives. Renewable materials in the form of polyol, a hydroxyl derivative of vegetable and other natural oils, were incorporated into the PU polymer matrix, through condensation with isocyanates to give the PU product. Polyol sources which do not coincide with food sources, such as rapeseed oil, and nonagricultural mixtures, such as those of abietic acid and oleic acid, a by-product of cellulose production may be used, after transesterification with polyfunctional amine-based alcohol, like triethanolamine. Thermal insulation products with competitive fire retardance substituting halogenated fire retardants with nanosized expanded graphite and IF, a commercial product, based on mineral and glass fibres with inclusion of graphite particles, and co-introducing isocyanurate structures into PU matrix were approaches used for sustainable solutions (Kirpluks et al. 2016). The thermal conductivity of 22.0 mW/m·K, considered in the industry to be a standard for thermal insulation materials, is in the range of vegetable polyol-derived PU/PIR. Expanded graphite and EG in combination with polyphosphate-based conventional fire retardants, however, increase in thermal conductivity from the industry required standards, in comparison with IF alone. Increased isocyanurate content to an index of 200 increased the mechanical strength unlike the swelling and plasticization of PU foam microstructure introduced by EG. The use of adhesives was not required in the coating of IF on PU sandwich panels, achieving thermal insulation with decreased flammability. On flame exposure, they did not ignite but formed protective char layer on the surface with reduced smoke production. Isocyanurate cross-linking also favours fire retardance. Thus bio-based polyols, in combination with nanoparticles, may be used to develop sustainable flame retardants, in polyurethane-based materials, while substituting for petroleum-derived chemicals.

3.5 Improvement in Air Insulation Constructions

The use of bio-based insulation materials has expanded recently, typically within breathable wall constructions, despite the need to compensate for their poor hygrothermal characteristic, (exposure to moisture and heat lowering their mechanical properties), by chemical treatments and blending with a synthetic polymer. An air-permeable wall construction enables the insulation material to influence the indoor air quality. Volatile organic compounds (VOCs) with low range boiling points between 60 and 280 °C contaminate indoor air in buildings, and when they build up to sufficiently high concentrations, they can cause building-related illnesses. Bio-based insulation materials can afford satisfactory thermal conductivity at a smaller environmental footprint than conventional insulation materials. There is an increased chance for VOC emissions, when biomaterials with intrinsic carbon-based chemical structure are used. The purposeful use of bio-based insulation materials, including hemp-lime mixes, wood fibre board, cellulose flakes and sheep's wool, to reduce the total volatile organic compound (TVOC) emissions in components of toluene, and formaldehyde separately, was studied (Maskell et al. 2015).

Individual VOCs were largely unsaturated hydrocarbons, aldehydes, acetic acid and alcohols. Wood fibre sample emitted high concentrations of acetic acid and furfural. Hemp-lime mixes emitted but-1-ol. Wood-based materials, without adhesive resins, emitted formaldehyde due to oxidative, thermal, enzymatic and microbial degradation of the wood-based material (Mittal et al. 2017). Wood fibre-based insulation exhibited emission rates giving rise to concentrations in air of up to 607 μ g m⁻³ TVOC and 13 μ g m⁻³ formaldehyde. The VOC quenching by wool due to the reaction of amine groups of lysine and arginine and the amido groups of asparagine and glutamine with organic compounds such as formaldehyde is the reason for air purification, increasing indoor air quality (Baumann et al. 2000).

3.6 Sound Insulation Barrier Property

Noise reduction and noise control are essential considerations in modern urban construction, for fulfilling health and safety guidelines and reducing the impact on surroundings. The alternative, sustainable materials to replace asbestos-based and synthetic fibre-based sound-absorbing materials with the improved application is an area of widespread research, since the late 1990s. Natural fibres with lightweight, porous internal structure, containing a network of air cavities, in their hollow cell lumens, allow attenuation of sound energy by multiple mechanisms compared to the solid glass fibre. Sound absorption coefficient increases with a decrease in bamboo fibre diameter, as the number of fibres increases for the same cross-sectional area (Koizumi et al. 2002). When sound waves are incident on the natural fibre, the transmission into the fibre lumen with multiple pathways would cause loss of energy, along with conversion to heat, due to friction. The vibration of air in the lumen and bulk leads to fibre vibration. These pathways explain the excellent soundabsorbing coefficients of the fibre structure. Natural fibres are processed in a one-step cold/hot compacting with resinous fibre bonding agents to produce low-density and hot-pressed higher-density, one layered structured composites. With bamboo and kapok fibre, sound absorption coefficient increases with density, but an optimal sound-absorbing fibre mass density exists. Also, the higher the sound frequency, the shorter the wavelength, and the longer the propagation of sound waves in the network structure of the composites, causing greatest dissipation, producing best sound absorption performance at high frequencies. The different kinds of composites, which have been studied for sound absorption capability, are ramie, flax and jute composites with epoxy glue, corn particle board with wood glue, kapok fibre blended with polypropylene, hemp concrete, coconut fibre composite, tea-leaf fibres with polyurethane blend, rice straw-wood particle composite with formaldehyde resin, etc. (Zhu et al. 2013).

Activated carbon fibre composites, with the ACF non-woven structure blended along with fibres, allow greater air capacity to absorb sound. Addition of inorganic particles like precipitated calcium carbonate increased the stiffness of the composite while adding to the sound absorption. This was also seen in kenaf rubber composites containing calcium carbonate. Rigid, lightweight sound-absorbing materials can be generated from natural fibre sources, though their other properties such as fire retardancy may have to be improved. Multilayered structures such as sandwich structure and honeycomb structure have also been used to improve sound and vibration damping compared to synthetic fibre sandwich panels. Natural cork bundle as core covered with carbon fibre top sheets in sandwich form has exemplary sound absorption. Balsa, pinewood and synthetic foam as core with natural fibre composites as surface layers in the sandwich have low shear modulus cores matching structural damping values. Nano-fillers in composite mixes are another solution to achieve target properties of sound absorption with shading, insulation, moisture barrier and mechanical strength (Zhu et al. 2013).

3.7 Optical and Conductive Property

Biochar is produced from the thermal decomposition of biomass in the absence of atmospheric oxygen wherein fast pyrolysis process produces a solid residue (char), liquid condensate and gas products, while slow pyrolysis process produces carbonization to biochar/charcoal. They have been used as substitute electrode material as anode and cathode in microbial fuel cells, with comparable performance output, to activated carbon and graphitic granules (Huggins et al. 2014). Resistivity measurements showed that the biochar material, derived from high-temperature treatment of waste wood at 1000 °C, was highly conductive with a resistivity of $3.1 \pm 1 \ \Omega \cdot cm^{-1}$. Increased treatment temperature produces a graphitic structure, with volatilization of dross organic matter. Biochar particle-filled (8%, 10%, 12%) PVA films possess suitable electrical conductivity and piezoresistive response and would be likely materials for piezoresistive sensors. The voltage output of the biochar/PVA sensor was highest for the highest loading of biochar, and the piezoresistive response did not vary significantly with film thickness (0.4–0.5 mm). They also did not degrade in response with multiple pressing, i.e. they had good recovery capability, essential for a pressure sensitive sensor (Nan and De-Vallance 2014). The use of textile fibres and fabrics coated with conductive nanoparticles such as polypyrrole has been another pathway to bio-based conductive materials.

Biologically derived optically transparent materials can be transformed into optoelectronic materials (Nan and De-Vallance 2014). DNA films can be utilized to function as a combination of hole-transporting and electron-blocking layer in optical devices. The DNA composition and derived physical properties can be manipulated by sequence selection, chemical functionalization and physical manipulation, to obtain required films to produce multilayer white polymer organic light-emitting diode (LED). Further research in charge transport in biopolymers would extend applications to medical devices, sensors and flexible biodegradable electronics for timed usage in implants and healing.

4 Bio-based Materials for Functionality Packaging

Plastic has become the most-used packing material in food and textile for consumer durables. However, plastic is a huge problem precisely because of its durability, and it poses a huge threat to our ecosystem. Discarded plastic bags have been linked to major disasters. Reduce, reuse and recycle of plastics are not sufficient to minimize the environmental impact and health threats. There exist many numerous research findings that the chemical additives in plastics, such as bisphenol-A (BPA) and phthalates (which keep plastics soft and pliable), are causing harmful effects on human health. The processing of plastics not only releases a lot of heat but a huge amount of carbon dioxide (Muneer 2013). Paper as food packaging also has its limitations. Corrugated containerboard is used to ship and transport packages

ranging from electronics to fragile glassware to perishable goods; paperboard packages food, medicine and toiletries for handy storage and display. Paper bags give customers a sustainable choice to carry their purchases home. Brick carton's complex composition makes it difficult to decompose. Glass is considered to be pure and safe material for packaging. But if the glass is used to package products, one should be ready for its brittleness and high processing cost. Large amounts of energy are expended in the production of traditional packagings like plastics, corrugated boxes and plastic bags. Frequently, the energy is derived from burning fossil fuels that release large volumes of greenhouse gases like carbon dioxide and methane into the atmosphere, while disposed conventional packaging gets dumped in landfills or oceans causing soil, water and plant pollution. Hence in order to avoid all these harmful effects, we need to resort to sustainable means of packaging.

Biodegradable polymers and molecules which rely on feedstock sources—from annually grown crops like wheat (wheat gluten), soy (soy proteins), corn and potatoes (starch), cassava and its waste, green coconut shell extract, sugarcane and hemp—give a foundation for sustainable and eco-efficient products which can substitute and supersede plastics and composites made mainly from the petroleumbased feedstock. Bio-based materials maximize the use of recycled and renewable materials and low-impact production processes, thereby conserving raw materials. Conserving raw materials, in turn, preserves natural resources. Also, bio-based materials minimize exposure to potentially toxic and hazardous chemicals. Bio-based materials introducing eco-friendly and biodegradable product (cloth, paper and jute bags) are generally used in all shops for packaging and carrying items (refer Fig. 4).



4.1 Bio-based Materials from Starch

Different glycerol contents were used for plasticizing the starch films. Cassava starch has been comprehensively used to make biodegradable films which feature non-toxic, isotropic, odourless, bio-degradable and colourless characteristics. Tree cassava films possessed better water solubility and water vapour permeability relative to those of cassava films irrespective of glycerol content (Souza et al. 2012). Scientists presented a study in which the effect of glycerol content and its blending method on barrier and tensile properties of biodegradable films from cassava starch were investigated. The influence of nano-clay particles and glycerol on tensile, barrier properties and glass transition temperature of biodegradable films made from plasticized cassava starch reinforced with clay nanoparticles were appraised favourably as bio-based packaging material (Souza et al. 2012).

A review focused on properties of starch and sugar palm fibres and their products in green composites. The review also revealed the prospects of sugar palm fibres and biopolymer for industrial applications such as automotive, packaging, bioenergy and others (Sanyang et al. 2016).

Studies on the means and methods to prepare and characterize some polyvinyl alcohol and starch polymeric blends have been done. Polyvinyl alcohol (PVA) is positioned as the few biodegradable synthetic polymers that are easily and often modified owing to their properties. PVA dissolves easily in water as it contains multiple polar alcohol groups and may form hydrogen bonds with water. Starch, functioning as a storage polysaccharide in plants, is a frequently used biopolymer. It constitutes both linear and branched polysaccharides, like amylose and amylopectin. Starch is one of the most widely available and inexpensive polysaccharide sources which have the unique characteristic of "biodegradability", and it can be easily decomposed in water. It was seen that as content of the starch in PVA/starch blends increased, the melt processing characteristics reduce. It was observed that there was an increase in the melt viscosity of polyvinyl alcohol/starch blends with the increase of starch content which indicated a hard processability during mixing. Films containing starch showed lower UV transmittance compared with PVA/glycerol sample indicating that polyvinyl alcohol/starch films are a good defence against ultraviolet light. The moisture permeability of tested samples increased proportionally with the addition of starch. The results derived from experiments showed that the polymeric material made from polyvinyl alcohol and starch had favourable physical-mechanical characteristics, being suitable for packaging industry (Tănase et al. 2015).

The degree to which chemical structure of high-amylose maize starch films and its functional properties were influenced by temperature and time during the manufacturing process and the level of plasticizer content was examined. The films were prepared from a slurry of high-amylose maize starch and water (2.2 or 2.6 g/100 g water) that was heated in an autoclave and mixed thoroughly. The influence of variable film-forming conditions on its cohesiveness was compared. The

strongest film was the non-plasticized. But glycerol was required to obtain films that were cohesive. Tensile strength was most affected by glycerol content, one of the processing factors. Longer heating times and hotter processing temperatures made films that were not contiguous but fragmented. Such stressful processing conditions caused starch degradation and brittle film. The temperature was more significant than time in influencing the progress of starch degradation. High molecular weight amylopectin and amylose were more likely to undergo thermal degradation. The aggregation of starch molecules in a definite microstructure through different stages of film formation to a final macrostructure was unfavourably affected by degradation. However, there were no similar changes in the mechanical properties with longer processing time or increasing heating temperature (Koch et al. 2010).

4.2 Bio-based Materials from Coconut Shell Extract

The multifunctional effect can be obtained from green coconut shell extract (CSE) applied on jute (lingo-cellulosic), cotton (cellulosic) and wool (proteinous) which can be a good low-cost bio-based packaging material. Application of CSE at different pH on these materials enhanced the thermal stability of the jute, cotton and wool fabric. Flame retardancy in the CSE-treated jute, cotton and wool fabric might be ascribed to the presence of inorganic metal salts, phosphate compounds, phenolic groups, etc. which promoted the production of foaming char which acted as a protective barrier and decreased volatilization and the formation of combustible gases. On jute and cotton fabric, CSE application was carried out in acidic, neutral and alkaline pH where as in wool it was carried out only in acidic pH 4.5 (as is extracted). Moreover, the inherent strength of jute, cotton and wool fabric was preserved. Treated jute and cotton fabric exhibited superior antibacterial property and very good ultraviolet protection properties. Moreover, treated jute, cotton and wool fabric showed inherent natural colouration, and it was found to be more intense at higher concentration. Therefore, CSE acts as multifunctional bio-based sources for jute, cotton and wool materials which can be used for various sustainable packaging materials. The raw material of the green coconut shell is widely available as waste product, and this kind of application leads to good low-cost value addition for bio-based packaging materials (Teli et al. 2017a; Teli and Pandit 2017a, 2018). Similarly, other natural sources such as banana pseudostem sap, Sterculia foetida fruit shell extract, *Delonix regia* stem shell waste, peanut husk, herbal-synthesized particle, etc. have been used by our research group on natural fibres as bio-based packaging materials (Teli and Pandit 2017b, c; Teli et al. 2017b; Basak et al. 2016; Pandey et al. 2018).



Fig. 5 Different products made from sugarcane bagasse

4.3 Bio-based Materials from Sugarcane Bagasse

Sugarcane bagasse cellulose was subjected to a homogenous chemical modification of esterification using phthalic anhydride reagent providing the acidic groups for esterifying the hydroxyl groups. The successful transformation to sugarcane bagasse phthalate films (considered a bioplastic) was achieved as proven by the absence of cracks or collapse in films obtained on drying after solution casting using DMF solvent. The sugarcane bagasse phthalate films displayed a uniform and consistent three-dimensional structure of their component polymeric chains. Increasing esterification however reduced the tensile strength of sugarcane bagasse phthalate films, with increasing weight percentage gain. A satisfactory breakthrough would be to obtain increased film flexibility while retaining strength in a bioplastic equivalent or better than in a natural banana leaf (refer Fig. 5) (Chen and Shi 2015).

4.4 Bio-based Materials from Variety of Seaweed Species

An in-depth review of a variety of seaweed species and seaweed products was done with a focus on the use of bioresource in the pharmaceutical industry and mostly applied in the medical field. Marine algal seaweed species are a bioresource, which has not been utilized to its maximum potential. Seaweeds are notable for the natural polysaccharides that can be extracted from them which are widely used in the area of biotechnology, microbiology, food technology and medicine. Carrageenan, agar and alginate are some of these polysaccharides. Since they are renewable biomass resources and are polymers of carbon chains composed of sugars, bioplastics may be prepared from them (refer Fig. 6). Additionally, seaweed and products derived from it have been expansively employed as a crucial ingredient in numerous pharmaceutical preparations like tablets, as rate retardant in sustained and extended release dosage forms and as bioplastic in the packaging industry. Bioplastics from



Fig. 6 Bioplastics from seaweed species

seaweed might be costly, but they have gained attention of late, because of their advantages over other biological sources (Gade et al. 2013).

Inexpensive and semi-refined kappa carrageenan, that is used as a seaweed polysaccharide in the preparation for strong biodegradable films, exhibited improved performance over conventional films. The formulation required no gelling salt, and the only other required additions to the film are glycerol and water. The films could be reprocessed and recycled if required (Meena et al. 2011).

4.5 Bio-based Materials from Soymeal

An attempt was made to use low-priced soymeal (SM) in place of costlier purified soy protein isolate and soy protein concentrate, as the raw material for manufacturing biodegradable and bio-based sustainable film. This required study of some of the modified initial processing steps, such as fermentation of soybean meal, the starting material, to dismantle some of the carbohydrates components while retaining the value of plasticizing ingredients (protein and pectin). Simultaneous saccharification and fermentation (SSF), yeast fermentation (YF) and natural fermentation (NF) were some of the multiple modes of fermentation process involved. Such fermentation degraded soymeal that was then plasticized with glycerol and then further blended with poly (butylene adipate-co-terephthalate) (PBAT); optimization of the proper mixing of plasticized soymeal with poly (butylene adipate-co-terephthalate) was done to better the performance of the resulting composite. Simultaneous fermentation and saccharification were found to be of benefit in function. The disadvantageous performance of proteins was overcome by their blending with other biomaterials in a cheap, efficient manner. The cost-efficient films so developed could have applications where biodegradable films are usable such as in consumer bags, packaging films, silage wraps and agricultural mulch films (Mekonnen et al. 2016).

Soybean-based fibre is a regenerated protein fibre, which may be blended with PVA, PE, nylon, cellulose, PP, PLA, PHA, etc. It is nonallergic, biodegradable and micro-biocidal. Soybean fibre itself is made from soybean cake after oiling by a

bioengineering process. This involves, first, the distillation and refinement of spherical protein from soybean cake; the spatial structure of the spherical protein is then changed under the action of biological enzymes and auxiliary chemical treatment; after the liquid material is cooked, the 0.9–3.0 dtex fibre is generated by wet spinning, stabilized by acetalizing and lastly cut into short staples after curling and thermoforming. Fabrics produced from this have a good handle, draping property, moisture absorption and air permeability along with colour fastness, acid/alkali and light resistance, suitable for premium clothing. It may be blended with cotton, wool, polyester, etc. Chemical modification of soybean fibre during processing of the soybean protein meal could involve various routes to cross-linking, internal plasticization and compatibilization with hydrophobicity enhancers and/or blend with suitable resins to obtain favourable properties (Kumar et al. 2009; Guerrero et al. 2014; Vieira et al. 2011; Su et al. 2010).

4.6 Bio-based Materials from Pulp/Paper/Fibre

The production of paper was carried out wherein the main raw material for paper production that is pulp was obtained from the banana plant. This pulp could be blended with pulp obtained from bamboo which is less abundantly accessible to obtain oil-proof paper. The motivation behind the choice of banana as a raw material was that in banana plantations, after the fruits are harvested, the trunks or stems are discarded. Billion tons of stem and leaves are thrown away annually. In this project, pulp was produced from the banana waste stem by means of soda process and kraft process; also analysis of both processes based on their energy and raw material consumption yield was done, and a most efficient process was delivered (refer to Fig. 7) (Marella et al. n.d.).

The development of coatings and films, based on proteins, included suitable application in board or paper products, as well as prospective industrial potential. The signatory amide-based chemical structure of proteins gives rise to various properties but most significantly a high intermolecular binding potential such that protein-based films exhibit much improved mechanical properties than polysaccharide- and fat-based films. Two main types of generating protein coatings could be used: a wet process based on dispersion or solubilization of proteins, subsequently taken for drying, and a dry extrusion process based on the thermoplastic properties of proteins. Other processes using chemical transformation and cross-linking of proteins were also frequently utilized for modulating mechanical, barrier, surface and biodegradable properties (Coltelli et al. 2015).



Fig. 7 Bio-based materials from pulp/paper/fibres

4.7 Bio-based Materials from Sodium Alginate and Chitosan/ Chitin

L-Guluronic acid and D-mannuronic acid are the two component monomer units which form the polymeric macromolecule of sodium alginate. Alginate fibres are used in commercial wound dressings as they resorb wound exudate while being a barrier to external infective agents sustaining a favourable microenvironment for tissue regrowth. Calcium alginate is prepared by reacting aqueous sodium alginate with the added aqueous calcium chloride. Chitin and chitosan may be considered as cellulose-like polymers in that the C-2 hydroxyl group of the ß-glucose monomer component is substituted with an acetamido group in chitin, while it is substituted with an amino group in case of chitosan. Based on the understanding of this chemical structure, removal of the acetyl group in the substituent produces the chitosan. Chitosan, having large-volume industrial utility, has a chemical structure composed of glucosamine units linked by 1–4 glycosidic bonds to N-acetyl glucosamine units. Being biocompatible, biodegradable and non-toxic gave it huge applicability in different industrial products such as those from food, biomedical, cosmetics, agricultural, textiles, pharmaceutical industries (Raafat and Sahl 2009).

5 Functionality of Bio-based Materials from Biopolymers

The key qualities of healthcare products include antiviral, bacteriostatic, non-toxic, fungistatic, high absorbent, nonallergic, breathable, haemostatic, biocompatible and ability to incorporate medications while also possessing reasonably good mechanical properties. Rigid packaging, flexible packaging, textiles, agriculture and horticulture (soil retention sheeting, agriculture film), non-woven fabrics for agriculture, filtration, hygiene and protective clothing are some such products. The production of biopolymers is increasing continuously from 1.5 million tons in 2012 to likely reach 6.7 million metric tons by 2018 (Johanson and Vahlne 1977). A few important biopolymers are discussed.

5.1 Polylactic Acid (PLA) and Bio-polyethylene

PLA, discovered in 1845, is the only melt-processable fibre from annually renewable natural resources such as cornstarch, tapioca or sugarcane. The process of its manufacture involves the extraction of starch from the raw natural plant source. The starch is degraded to its monomer dextrose and taken for fermentation without prior purification. The fermentation products are the D- and L-isomers of lactic acid, which is taken as the base monomer for preparation of mesolactide and final PLA polymer production. PLA is subsequently modified, as required, and drawn into fibres, cast as films or moulded into plastic products like bottles. The favourable properties of the bioplastic, PLA fibres are strong and durable, and their fabric has good drape and UV resistance. The limiting oxygen index (25) is higher than that of PET. It has low water uptake (0.4–0.6%) but greater than that of PET and PP (Douka et al. 2017; Choudhury 2018). Bio-based polyethylene has identical physical, chemical and mechanical properties to petrochemical polyethylene. The biological method of production involves an initial fermentation of sugarcane or other plant starches to bioethanol, which is distilled at high temperature over a solid catalyst to reduce it to ethylene monomer. This is then polymerized by microbes or a green polymerization to polyethylene (Choudhury 2018).

5.2 Poly(Alkylenedicarboxylate) Polyesters and Bacterial Polyesters

Common dicarboxylic and diol monomers found in poly(alkylenedicarboxylate) polyesters include succinic acid, adipic acid, ethylene glycol and 1,4 butanediol. They are used along with polyurethanes in the making of coatings, adhesives, flexible packaging, agricultural films and compostable bags, with other bio-based polymers to improve properties (Douka et al. 2017). Polyhydroxyalkanoates are
biopolymers, which can also be produced biochemically by genetically modified microorganisms or plants. Polyhydroxyalkanoates can also be generated from glycerol, algae or aromatic sources likes plant lignins and tannins. Polyhydroxybutyrate copolymer named "Biopol" was developed by Zeneca Bioproducts (Choudhury 2018; Blackburn 2009).

6 Conclusions

Bio-based materials are significant because they decrease the ecological footprint at all the stages of the product's life cycle. Our exponentially increasing population and the global spread of economic development are both putting a demanding squeeze on the world's resources. The food, textile and plastic packaging industry have gained visibility in the forefront of the sustainability agenda, not because it is a major cause of environmental problems but because consumers are directly affected by their usage. Bio-based products became more attractive, and recycling of bio-based materials could be more sustainable than composting as a terminating procedure. Process development to tailor the physico-chemical properties of bio-based materials to their specific end application is an important tool, such as cross-linking matrix to increase mechanical strength. It is worth noticing that even if at the current stage of knowledge these materials look like a tiny compromise between sustainability and economic efficiency, the development of genetic tools allows hope in further full bio-based versions of these materials. Recent breakthroughs also concern the development of pure bio-based products identical to the petroleum-based materials.

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Potential Bio-Based Edible Films, Foams, and Hydrogels for Food Packaging



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Abstract To improve the usage of sustainable materials and to reduce environmental pollution, bio-based materials are being encouraged for use in food packaging. This review introduces the recent developments in various potential bio-based materials that are being used for the preparation of edible films, foams, and hydrogels in food packaging applications. It also summarizes hydrocolloids studied to develop biodegradable packaging films and improvement on their functional properties like water vapor permeability and superior gas barrier functions. Recently, researchers are interested in the modification of hydrocolloids by novel techniques to improve their functional properties in order to replace the synthetic polymers. The biodegradable foams have been replaced by EPS (expanded polystyrene) using various cheap biopolymers like cassava, cellulose fibers, and sunflower proteins. The recent development in the formulation of hydrogels using bio-based materials has also been discussed. Application of these recent techniques to create edible films, foams, and hydrogels helps in the development of potential novel biodegradable food packaging applications.

Keywords Edible films · Foams · Hydrogels · Hydrocolloids · Biodegradable food packaging

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1 Potential Bio-Based Edible Films for Food Packaging

1.1 Introduction

Edible film is a thin layer of material that can be used to wrap or cover various foods to prolong their shelf life. It can be eaten together with the food. It improves mechanical properties, sensory, convenience, and barriers to prevent the loss of moisture and selective movement of gases like oxygen, carbon dioxide, and ethylene (Janjarasskul and Krochta 2010). The biopolymer available from various sources has been shown in Fig. 1. Bio-based polymer components are in the main, extracted from renewable resources, for example, polysaccharides (cellulose, starch, etc.), proteins (casein, gluten, etc.), and lipids. Similarly, other biopolymers are synthesized from renewable bio-derived monomers. Even genetically modified microbes also synthesize biopolymer like polyhydroxybutyrates.

The classification of edible films prepared from various components is shown in Fig. 2. Edible films are prepared by various components which are divided into three categories: hydrocolloids (such as polysaccharides and proteins), lipids (such as fatty acids and waxes), and composites (Park et al. 2002). Edible packaging has potential applications in the food industry to enhance the food product's quality and shelf life by the addition of food additives such as flavor and aroma compounds, antimicrobial agents, antioxidants, pigments, and vitamins.



Fig. 1 Biopolymers available from different sources



Fig. 2 Classification of edible film based on the nature of their components

1.2 Preparation of Edible Films

Typically, edible films are manufactured by dispersing film materials in a solvent such as water and alcohol. Generally, plasticizers, colors or flavors, and antimicrobial agents can be added followed by adjustment of pH of the film solution. Few polymeric film solutions require heating to facilitate dispersion. The film solution is cast and dried at a desired temperature to obtain stand-alone thin films. Several methods such as brushing, dipping, and spraying can be performed on food application.

1.3 Barrier Properties

Barrier properties of edible films are important parameters which include water vapor permeability (WVP), gas permeabilities, volatile permeability, and solute permeability. The effectiveness of edible film as desired is determined by investigating the water vapor permeability and oxygen permeability. The oxygen and carbon dioxide permeabilities are very important parameters that determine the rate of oxidation and respiration of foods. Edible films made up of polar polymer tend to crack due to high sensitivity to change in humidity. Lipid materials show very low water vapor permeability and also act as excellent moisture barriers. The disadvantage of lipid materials is that they are less effective gas barriers (Krochta 1992). Lipid materials do not form a film without film-forming agents such as polysaccharides and proteins.

1.4 Polysaccharide

The main polysaccharides which are used for edible film formation are cellulose, starch (native and modified), pectin, gums (acacia, tragacanth, guar), seaweed extracts (alginates, carrageenan, agar), pullulan, and chitosan. Polysaccharide imparts crispness, compactness, hardness, thickening quality, adhesiveness, and gel-forming ability to a variety of films. In general, polysaccharides are hydrophilic in nature which result in poor water vapor, gas barrier properties, and low mechanical properties. These drawbacks restricted the industrial applications. In order to overcome these problems, combination of polysaccharides and fatty acids has been produced. Modification of polysaccharides such as methylcellulose or carboxymethylcellulose has been used to enhance the barrier properties of the edible films. The synthesis of films formulated with chitosan and lipids by micro-fluidization process resulted in reduced water vapor permeability (Bonilla et al. 2012).

1.5 Protein

Edible films can be made from proteins of both plant and animal origin sources. In order to form an extended structure of the films, the protein must be denatured by heat, acid, or solvent. Eventually, the resulting interactive force produces a cohesive protein film matrix. These interactions are stabilized through uniform distribution of hydrogen bonding, van der Waals forces, covalent bonding, and disulfide bridges (Mchugh et al. 1994). The diverse range of amino acid functional groups in proteins can be altered chemically or enzymatically to improve the stability of the edible film. Thus cross-linked protein films often possess stable and longer shelf life than polysaccharide-based films. Casein, corn zein, gelatin, mung bean protein, peanut proteins, soy protein, wheat gluten, and whey protein are different types of proteins that have been used for edible film formulations (Bourtoom 2008).

1.6 Lipid

The hydrophobic film-forming barrier materials are waxes, lacquers, fatty acids and alcohols, acetylated glycerides, cocoa-based compounds, and their derivatives. Lipid-based edible films are thicker and more brittle due to low mechanical strength, but it provides higher moisture barrier than hydrocolloid-based edible films. Lipid-based edible films are susceptible to lipid oxidation and rancidity which eventually change the appearance and taste of foods. Therefore, the pure lipid has to mix with polysaccharides and proteins to provide a composite film with both barrier and mechanical properties (Kamper and Fennema 1985). Various structure formations

are feasible to increase the mechanical strength of the composite film which includes the monolayer, multilayers, solid emulsion, and solid dispersion.

1.7 Plasticizer

Plasticizers are low molecular weight, nonvolatile substances with a high polarity that do not chemically bind to the polymeric chain and decrease intermolecular attractions between adjacent polymeric chains. Plasticizers improve the film elasticity, flexibility, stretchability, and toughness and reduce the brittleness and prevent cracking during handling and storage. Polysaccharide-based edible films require plasticizer, and it varies between 10% and 60% (w/w) of the hydrocolloid. Polyols, glycerol, sorbitol, polyethylene glycol, oligosaccharides, and water are the most commonly used plasticizers. The addition of plasticizer imparts free volume and molecular mobility which reduces film barrier properties (Sothornvit and Krochta 2005).

1.8 Other Additives

There is a wide range of food additives that have been used in edible films to achieve active packaging which includes antioxidants and antimicrobial compounds. Essential oils are the major antimicrobial compounds used in the formulation of edible film. Incorporation of nutraceutical inedible films is an approach to fortify the food. Other possible additives are vitamins, minerals, colorants, aromas, and prebiotics.

1.9 Applications

Active packaging is one of the most promising applications of edible films in foods. Instead of directly adding the active compounds or functional additives like antimicrobial compounds and antioxidant into the food, the sustainable release of these compounds is achieved by the active edible film. It can even act as a hurdle against spoilage of food. Various applications of edible films and their composition in food packaging are shown in Table 1.

1.10 Conclusion

The present chapter considers the recent literature concerning the classification of edible films and their application on food packaging. The edible films have been

Composition of films	Applications	References
Chitosan/thyme EO	Edible film on cured ham	Ruiz et al. (2015)
Argentine anchovy protein/sorbic/benzoic acids	Edible film for meat products	Rocha et al. (2014)
Chitosan/basil/thymus EOs	Edible film for pork	Bonilla et al. (2014)
Agar/green tea extract/probiotic strains	Edible fish for fish	De et al. (2014)
Gelatin/laurel leaf EO	Wrapping of trout	Alparslan et al. (2014)
Strawberry puree/carvacrol/methyl cinnamate	Shelf life extension of strawberry	Paeretto et al. (2014)
Apple, carrot, and hibiscus-based edible films	Shelf life improvement of green leafs	Zhu et al. (2014)
Cassava starch/mango pulp/yerba mate extract	Active films for palm oil	Reis et al. (2015)
Agar/nanocrystalline cellulose/savory essential oils	Active packaging	Atef et al. (2015)
k-Carrageenan/nanoclay/Zataria multiflora Boiss essential oil	Antimicrobial packaging	Shojaee et al. (2014)
Alginate/polycaprolactone/essential oils	Bioactive packaging	Salmieri et al. (2006)
Alginate/essential oils	Edible film on ham slices	Oussalah et al. (2007)
Starch/alginate	Edible films on beef patties	Wu et al. (2001)
Nanocrystalline cellulose/alginate	Biodegradable food packaging	Huq et al. (2012)
Carrageenan/grape fruit seed extract	Active packaging	Kanmani et al. (2014)
Agar/nanoclay	Biodegradable food packaging	Rhim et al. (2011)
Sodium caseinate/glycerol/maize germ oil bodies	Biodegradable food packaging	Matsakidou et al. (2013)
Starch/glycerol/xanthan gum/clove/ cinnamon	Edible wrap on shrimps	Meenatchisundaram et al. (2016)
Whey protein/cinnamon/cumin	Preservation of red meat	Dohhi et al. (2014)
Sunflower protein/clove EO	Wrapping of fish patties	Salgado et al. (2013)
Methyl cellulose/clove/oregano EOs	Wrapping of sliced bread	Otoni et al. (2014)

Table 1 Composition and application of edible films in food packaging

prepared with a wide range of properties that could help food industry to reduce many problems encountered with the extension of shelf life of foods. Extensive research is still required to enhance the biopolymer-based film properties comparable to the synthetic films. Indeed, the improved biopolymer-based films also possess the potential applications.

2 Potential Bio-Based Foams for Food Packaging

2.1 Introduction

Food packaging is very important in case of food processing industries as it not only preserves the quality of the food and increases its span of consumption, but also it protects the food products from biological, physical, or chemical damages (Dallyn and Shorten 1988). In the beginning of the twentieth century, most of the consumer products were produced from plant-, animal-, or microbial-derived resources. However, after the advent of oil drilling, petroleum-derived chemicals came into existence. Now, recent developments are bringing back naturally derived resources to the forefront, once again making them the raw material source for the production of industrial products. In recent times, research scientists have successfully introduced developments and technologies that reduce cost and tailor the performance of bio-based products to the application (Weber et al. 2002). Nowadays, the interest in green manufacturing and environmentally friendly products is focusing on renewable resources derived from agriculture or forest output as alternative foodstocks. The advent of bio-based products like foams, edible films, hydrogels, etc. caused the growth of food packaging industries which was further boosted by the inception of new markets and industries. As said earlier, food packaging materials should be of such quality that they ensure retaining of quality for a long period of time and safe against all environmental adversities. It is a highly competitive area with huge demands for performance and economy. Utilization of petroleum derivatives, metals, glass, paper, and board was the most effective solution in this context due to their efficient performance at a very economical price. However, except boards and papers, which are biodegradable in nature, all others are made out of nonrenewable resources. A need of the food packaging materials made out of renewable resources such as polysaccharides extracted from natural resources became the far better choice in order to reach sustainability.

The agricultural policy of the European Union encourages the use of these agricultural crops as alternative sources of biopolymers like polysaccharides, casein, gluten, etc.; along with that, renewable bio-monomer-based polymers made by classical polymerization processes are also used, e.g., polylactate. In fact, these packaging materials based on alternative biological resources are at the research and development level for more than a decade and only recently have biomaterial-based food packaging materials from renewable resources that have been made commercially available. They have wide applications in food industries. Noticeably, bio-based and biodegradability are not exchangeable terms. The bio-based materials may have biodegradability as one of their properties, whereas biodegradable materials need not be bio-based.

Plastics have a wide application in preparing building material, packaging hygienic products, etc. (Popa et al. 2009). However, carelessness and negligence in dumping the plastic wastes caused havoc environmental damage, and with the course of time, it has increased exponentially in geographical spread and in quantity,

with increased consumerism. Conventional plastic products made out of petroleum are non-biodegradable, thus considered as ecologically damaging waste. These polymers are very much persistent causing a significant environmental problem, intensified in urban places. Replacing the plastics with biodegradable foams can be a good solution. These new biopolymer-based products are biodegradable in nature, and their material cycle is similar to other natural products. The correspondence of properties between the food materials being packaged, and the bio-polymer foam based packaging materials, having potentially biodegradable, recyclable and disposable qualities, also attracts the sincere attention of consumers and manufacturing decision makers (Bucci et al. 2005; Lopez-Rubio et al. 2004).

2.2 Production of Biodegradable Foams

The biodegradable foams can be produced in three different ways as follows, baking or compression, extrusion, and microwave heating. The biodegradable foams are usually manufactured by the thermoforming process where copiously starch-based water mixtures are baked in closed molds. The renewable resources from agroindustrial residues like asparagus peel, cassava starch, cassava bagasse, coconut husk, kraft fiber, malt bagasse, sugarcane bagasse, and sunflower meal proteins have been explored for possible utilization of foams.

2.2.1 Baking

The process of production of biodegradable foams starts with a mixture of different compositions of raw materials followed by proper homogenization. A known quantity of homogenous solution is poured into a Teflon mold, and thermo-pressing is applied using the hydraulic press. The Teflon mold geometry totally depends on the requirement of the final foam's size and thickness. The compression mold is equipped with the programmable electric heating system to achieve the reproducible result. The evaporation of water at high temperature acts as a blowing agent to form a foam inside such mold. The temperature, hydraulic pressure, and holding time are crucial for the formation of foam. The viscosity of the initial solution before baking is the very important factor which also decides the end product quality. For example, the addition of starch and fibers leads to increase in viscosity which ultimately affects the expansion of the foam. In order to overcome limitations like poor mechanical properties, hydrophilicity, and low process yield, there is a need of various plasticizers and additives. Water and glycerol are the most preferred plasticizers, along with other additives like magnesium stearate. The magnesium stearate prevents the sticking of foams to the mold, and guar gum is used to avoid solid separation. Tween 80 and guar gum are also used for the foam production.

2.2.2 Extrusion

In general, the low-density foams have been conventionally manufactured from polystyrene, polypropylene, polyethylene, unplasticized PVC, and polylactic acids. Recently starch-based biodegradable foams have gained more importance for the production of biodegradable foam. Extrusion is one of the techniques to form foams in which water acts as both plasticizer and blowing agent in starch-based biodegradable foams. The expansion of steam occurs, and it exits through the die at high-pressure forming voids. The foam structure is majorly influenced by material compositions like starch-type, moisture content, and nucleating agent and extrusion conditions like screw speed, die diameter, and barrel temperature. The barrel temperature and screw speed usually fall in the range of 120–170 °C and 70–400 rpm, respectively, for the starch-based foams. The formation of the number of cells in the foams and expansion ratio increases with the increase in the barrel temperature and screw speed. The decrease in die size increases the expansion ratio and decreases the foam density.

Expansion ratio/Expansion index $(EI) = (D/d)^2$

- D = Diameter of expanded foam after cooling
- d = Diameter of die nozzle

The expansion of foam is significantly affected by moisture content. Typically, 15–18% water content is required to dispense the largest expansion to the foams. The low moisture content in feed gives low-density foam with highly expanded structure. Typically, talc is used as an inorganic nucleating agent and helps in the formation of uniform structure in the extruded foams. The type of starch especially the amylose content used in the feed composition plays a major role in the cell structure, density, compressibility, and resilience. The amylose content lesser than 25% resulted in brittle foams, while 70% amylose provides foam resembling the commercially available expanded polystyrene foams with low compressibility (Soykeabkaew et al. 2015).

2.2.3 Microwave Heating

The microwave is generally used to heat or cook the food but it can also be used to form foams. It is one of the cheap techniques to achieve baking through microwaves. The microwave treatment converts the moisture into steam bubbles and forms a cellular structure. The starch gets gelatinized and the steam is lost from the matrix which eventually forms a solid swollen foam. The microwave heating also depends on the moisture content of the initial starch composition. Generally, 10–13% moisture is recommended for microwave heat treatment to form the highly expandable foam. The types of starch, especially the percentage of amylose and amylopectin, also play a very important role in the foam formation because amylopectin-rich

starch can trap more water content that could possess good swelling and trap bubbles (Glenn and Orts 2001).

2.2.4 Other Methods

The foams can be prepared by freeze-drying process. The freezing of water present in the starch-based composition resulted in ice crystals and separation of solvent and solute. Typically, ice crystals are formed by nucleation and growth of crystals. These crystals are sublimated to form cellular structures at primary drying. Thus the cellular structure of the foams is highly influenced by the size and distribution of crystals during freezing. The secondary drying is carried out to remove the residual moisture content of the foam (Svagan et al. 2008).

2.3 Application

2.3.1 Polyurethane Foam

Polymer industries have advanced a lot since its inception. Polyurethane, which is made out of organic units linked together by urethane links, is a very effective product to prepare foams, fibers, elastomers, etc. Polyurethane shows excellent performance, stability, and durability in preparing protective materials. Polyurethanes are susceptible to microbial attack, and thus antimicrobial agents may be required for better stability.

Antimicrobial products can either be incorporated throughout the product by mixing with polymer, or it can be placed superficially by coating onto the product. The methods are not very durable in delivering long-lived antimicrobial function. Therefore natural products and/or stabilizers are required to be added into the formulation of polyurethane to sustain bacteriostatic properties.

It has been found in researches that tannin is very effective in preventing bacterial growth due to the presence of polymeric phenolic compounds. Its molecular weights generally range from 500 to 3000. Wood tannin can be effectively included into polyurethane foam formulation which enhances its resistance against microorganism and at the same time makes it more biodegradable (Popa et al. 2009).

Polystyrene possesses insulating properties, which favors its use as popular material for food packaging that is also cheap in cost. But substitutes for polystyrene are increasingly in demand, as regulatory compliance and consumer awareness are convincing manufacturers to opt for eco-friendly choices. Conventional polystyrene takes hundreds of years to decompose under natural conditions, though the process can be speeded up by employing chemicals, mechanical destruction, etc. But the forced degradation is not economical and would cause increased pollution in the environment. Since polystyrene is not naturally biodegradable, attempts have been made to make it so, by incorporating cellulose and starch, which is a substrate for decomposing by microbes or by addition of light-sensitive polymers that usually degrades on exposure to sunlight, producing free radicals that also attack the polystyrene bonds. These attempts have not been completely satisfactory in achieving biodegradation of polystyrene. Recently researchers have developed a solution-based system which can embed micro-sized hydrophilic resins all over the styrene prior to its polymerization and prepare a polystyrene-like material. This product swells in the water and also disintegrates to a biodegradable powder form. The scientists also claim that by modifying the ingredients ratio, the rate of disintegration may be controlled. Another important feature of theses materials is that they cost much less than conventional materials. It could be readily adopted by cost-conscious manufacturers who also need to be compliant with environmental regulations (Shen et al. 2010).

Another type of a new polystyrene foam for food packaging has been produced that undergoes accelerated degrading without any performance loss while in use. Canadian firm Cascades claims that BioxoTM oxo-degradable polystyrene foam containers decompose within 3 years and perform effectively when used as a food packaging material. After usage, the foam can be degraded into a fine powder. Further, it can be utilized by the bacteria and other microorganisms. The decomposition process releases carbon dioxide into the atmosphere, and the solution adds to the problems of greenhouse gas emissions, even though it may not use up landfill space for its disposal. Bioxo has been approved as a food contact material by both Canadian and US regulators.

2.3.2 Green Cell Foam

Green Cell[®] Foam (GCF) is a commercially available biodegradable foam packaging material in various ranges of lamination and constructions. It is produced from a cornstarch-based blend. Thermal resistance (R-value) and cushioning ability are the fundamental properties required to substitute the use of synthetic foams. Since GCF is biodegradable and starch-based, there existed doubts that the susceptibility to moisture would unfavorably influence its physical properties.

Typically, ice melt test was used to determine the R-value, and ASTM method D1596 was followed to measure the cushioning properties. The 2-inch GCF had G-values matching that of synthetic foam materials. The R-values at higher humidities were determined to be less than that of synthetic materials (Arif et al. 2007). These studies gave a good basis for the acceptable use of GCF material in packaging.

2.3.3 Cassava Starch Foam

Many research studies have been conducted to partially replace the cassava starch with the addition of 5-10% of malt bagasse; this resulted in the highest production

yield with proper distribution throughout the foam. The trays formed by utilizing malt bagasse were well shaped without any cracks and have good appearance and adequate expansion. The trays which were produced with 15% and 20% (w/w) malt bagasse showed fewer production yields (Mello and Mali 2014).

Another study involved the addition of cassava starch with the leaf sheath of betel nut palm, coconut husk, or kraft fibers, sunflower meal protein, and gluten protein forming a tray. The final formulation of 10% kraft fiber and 10% gluten protein composite trays showed a maximum flexural strength, better compressive strength, and water and oil absorptions at 25 °C with a relative humidity of 75% for 1 week. In both the studies, the density of the final trays was higher than the commercial EPS trays due to the incorporation of large amount of fibers (Kaisangsri et al. 2014). The commercial EPS trays can be replaced by these biodegradable trays for the packaging of perishable foods. The fiber and protein contents are optimized in cassava starch-based biodegradable trays by utilizing sunflower proteins and cellulose fibers. The addition of 10% protein isolate and 20% fiber showed the highest resistance and less water absorption capacity. It also exhibits composite and homogenous microstructure (Salgado et al. 2008).

2.3.4 Nano-cellulose Composite Foams

The microcrystalline cellulose (MCC) nanocomposite foams were formed by incorporating the surface-modified montmorillonite and Tween 80 along with cellulose. Thus thermal and mechanical properties and water vapor permeability of the nanocomposite foam were significantly improved than the pure cellulose foam. The dispersion of surface-modified montmorillonite was properly distributed and turned into a uniform and small cell size resulting in better properties. Thus, nanocomposite foam trays can be used to pack the low-moisture foods (Ahmadzadeh et al. 2015).

2.4 Conclusions

Food industry is one of the producers of maximum packaging waste, and this has driven the need for biodegradable food packages that have grown in importance due to reduced damage to the environment. The current applicability of bio-based foams for food packaging does not require completely ideal oxygen and/or water barrier properties, but it should satisfy the minimum criteria; this has promoted the commercial exploitation of different types of bio-based packaging materials. It is evident that bio-based packaging materials offer a variety of substrates to be modeled to the requirements of food packaging industries. To strictly determine the performance of the functionality of bio-based packaging forms, the testing with certain storage procedures is essential before such packaging foams can be freely marketed as suitable substitutes for conventional packaging materials.

3 Potential Bio-Based Hydrogel for Food Packaging

3.1 Introduction

Hydrogels are insoluble, three-dimensional (3D), water-swollen with hydrophilic polymeric network and cross-linked structures formulated by both natural and synthetic polymeric materials. Hydrogels have the ability to hold a large amount of water and biological fluids without dissolving in water. The hydrogen bonding and ionic interaction of the cross-linked structures make hydrogel insoluble in water. The interaction of water and polymeric chain networks happens through capillary, osmotic, and hydration forces which eventually expands the chain networks. The internal transport, diffusion characteristics, and mechanical strength are the inherent properties which determine the equilibrium state of the hydrogel. It can be made by both naturally occurring and synthetic polymers. Synthetic polymers like poly methacrylates), (hydroxyalkyl polyacrylate, polyacrylamide, and polymethacrylamide and its derivatives poly (N-vinyl-2-pyrolidone) are usually preferred. Synthetic hydrogels have a long service life, high capacity of water absorption, and high gel strength than hydrogel prepared from natural polymers (Laftah et al. 2011).

3.2 Technical Features of Hydrogel

The ideal hydrogel functional characteristics are mentioned below:

- Highest water absorption capacity
- Highest absorbency under load (AUL)
- Cheaper prize
- · Appropriate absorption rate depends on the application
- Highest durability and stability
- Nontoxic, odorless, and colorless
- · Highest biodegradability
- Good rewetting capability
- Photostability

It is impossible to obtain all ideal features of the hydrogel; despite this synthetic hydrogels are well known to achieve the maximum level of these features. The conventional hydrogels should have high absorption rate and lower residual monomer (Ahmed 2015).



Fig. 3 Classification of hydrogels based on different properties

3.3 Classification of Hydrogels

Hydrogels can be classified on the basis of the method of preparation, ionic charges, nature of swelling, physical properties, and rate of biodegradation. The classification of hydrogels is shown in Fig. 3. Based on physical structure and chemical composition, hydrogels can be classified as follows: amorphous, semicrystalline (noncrystalline), and crystalline. The physical process such as crystallization, chain aggregation, hydrophobic association, and hydrogen bonding can be used to prepare physical gels. These hydrogels are reversible because the cross-linking process is physical and that may change their configuration. Meanwhile, chemical hydrogels are prepared effectively by the chemical covalent cross-linking (Varaprasad et al. 2017). Since our major focus is on hydrogels in food packaging, the prominent hydrogels are briefly explained.

Based on sources, hydrogels are categorized into two main classes as artificial and natural. Further, it can be categorized into two main groups, polysaccharide hydrogel and protein hydrogel. Protein and polysaccharide pairs are capable of forming the most promising hydrogel from biopolymers, and it comes under poly-ion complex hydrogel in which ionic strength, biopolymer ratio, and pH are the major parameters for the formation of hydrogel (Turgeon et al. 2007). Generally, the natural-based hydrogels are prepared by a combination of some synthetic parts on the natural substrates, e.g., grafting of vinyl monomers on polysaccharides.

3.4 Polysaccharide-Based Natural Hydrogels

Polysaccharides show excellent properties such as water solubility, high swelling capacity, nontoxicity, easy to modify chemically, and a wide variety of chemical structures. The following polysaccharides can be used for hydrogel preparation which include alginate, agarose, carrageenan, chitosan, cellulose, gellan gum, gelatin, guar gum, locust beam gum, starch, pectin, xanthan gum, etc. (Cui et al. 2015). The hydrogel properties can be regulated and modulated by altering polysaccharides, temperature treatment, the nature of soluble additives, and the number of refreezing cycles.

3.5 Protein-Based Hydrogels

The hydrogel can be fabricated by a wide range of protein source which includes actin, collagen, elastin, fibrinogen, gelatin, keratin, and myosin. Peptides and proteins provide structural integrity to form a hydrogel and exhibit advantageous characteristics. Gelatin is a remarkable protein particularly for forming hydrogel packaging because it is relatively cheap and biodegradable. It can be modified on its amino, carboxyl, and hydroxyl group. Hydrogels prepared from gelatin are majorly affected by nature of raw material and fabrication process. The hydrogel formulated by cross-linking of oxidized pectin and gelatin with the addition of glycerol as plasticizer showed 324% of swelling equilibrium and improves the flexibility and handling ability (Gupta et al. 2014).

3.6 Application

Recently, the poly(DMA-co-SDM) hydrogels with a pH-responsive ionizable sulfonamide group were synthesized through free radical polymerization. This hydrogel can be used as freshness indicators by changing in the transparency response to metabolites released which ultimately determines the quality of the food products like meat and fish (Baek et al. 2017). The hydrogel added pastries showed a lower tendency to moisture redistribution and a higher increase in firmness when stored at ambient temperature (Manzocco et al. 2012). Agar-based hydrogel incorporated with antimicrobial compounds improves the shelf life of cheese through active packaging without affecting the sensory parameters (Incoronato et al. 2011).

Active packaging of molecular imprinted hydrogels (MIHs) has a great potential in the food industry. The ferulic acid-loaded MIHs protected the butter from oxidation and increased the shelf life during cold storage (Benito-Peña et al. 2016). The vegetables and fruits that are easily susceptible to early spoilage can be preserved by hydrogel-based packaging. The hydrogel-based PVP-CMC food package is used to increase the shelf life of table grapes up to 3 weeks at room temperature (Saha et al. 2015). The polyunsaturated lipids are encapsulated and protected by casein hydrogel microspheres. The hydrogel is fabricated by electrostatic complexation of low-methoxy pectin and caseinate at pH 4.5. The transglutaminase enzyme is used to improve the stability of the casein-rich hydrogel matrices. The hydrogel rich in casein could protect the polyunsaturated lipids in foods (Zhang et al. 2014). The stability of B-complex vitamins is improved by protective hydrogels. Folic acid and thiamine are well-known B vitamins that easily undergo oxidative degradation. At accelerated conditions of oxidative stress, catechin-based cross-linked hydrogels protect the B-complex vitamins (Spizzirri et al. 2013).

4 Conclusion

The hydrogels, which exhibit extraordinary characteristics, have been employed as vital tools for applications in almost all the fields. The hydrogels are made out of bio-based materials, and their applications on the food package have been discussed in this chapter. To fulfill the demands of food packaging, extensive research is ongoing, to provide novel hydrogels with improved features, for the expanding future needs of food packaging.

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Nanotechnology and Edible Films for Food Packaging Applications



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Abstract Nanotechnology has been exploited in the last decade as an innovative approach that allows obtaining nanoscaled organic and inorganic compounds featuring unique properties due to their size. When nanomaterials are incorporated in polymers intended to act as film-forming matrices for food packaging, they are known to improve their physical-mechanical performances by acting as fillers. Other properties (e.g., biological activity against foodborne pathogens and/or spoilage microorganisms) may also be developed and used as key features in biopolymerbased materials for food preservation. Concerning food-grade biopolymers, edible films may be produced and denote alternative packaging materials that are promising due to the possibility of taking advantage of film-forming polysaccharides and polypeptides that would be wasted to produce edible packaging featuring biodegradability and nutritional and sensory values. These edible materials may also have boosted active roles (antimicrobial and antioxidant, in particular) when specific nanoscaled additives are used. Therefore, this chapter reviews the most recent advances on the development of edible films incorporated with nanoparticles or nanoencapsulated compounds to be used as packaging materials for food preservation purposes. Moreover, physical-mechanical characterization techniques (such as mechanical resistance, barrier properties, and microstructure) and antimicrobial properties are addressed. Finally, future trends are discussed considering potential effects on consumers. This contribution presents the state of the art on edible nanocomposite films for food packaging applications.

Keywords Active packaging · Nanocomposite · Antimicrobial activity · Antioxidant activity · Nanoemulsion · Nanocapsule · Nanocellulose · Nanoclay · Nanostarch · Nanochitosan · Peptide

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1 Introduction

Food packaging has always played a key role in food supply chain not only by unitizing items and attracting consumers with a marketing appeal but also by protecting the packaged product from external spoiling agents, leading to augmented food safety, quality, and shelf life. The environment denotes indeed an inexhaustible source of oxygen, moisture, light, heat, and microorganisms. When it comes to food, it is an overall consensus that these components are detrimental, requiring that packaging materials – the only obstacles between food and environment – act as efficient barriers to avoid food contamination and spoilage. In this sense, they should present suitable mechanical properties in order to withstand handling and shipping, as well as good thermal and barrier properties to prevent quality losses.

When neither glass nor metal is appropriate (e.g., due to cost, weight, or other technical limitations), the aforementioned requirements are often fulfilled by synthetic plastics. Their most common source (i.e., fossil fuels), however, is nonrenewable, and they are mostly nonbiodegradable, giving rise to concerns about raw material availability and waste accumulation as a result of extensive petroleum exploitation and disposal of petroleum-derived polymers in the environment (Otoni et al. 2017). Much attention has been given to polymers that are biodegradable and/or obtained from renewable sources so that to address these issues (Babu et al. 2013; Khan et al. 2017). Furthermore, various biopolymers (e.g., polysaccharides and polypeptides) are also edible, opening up a range of possibilities and potential applications, as extensively listed elsewhere (Otoni et al. 2017).

Nevertheless, the physical-mechanical properties of biopolymer-based packaging are generally inferior to those of conventional plastics, encouraging the development of strategies to overcome technical hurdles and make their practical application feasible. Among such strategies, nanotechnology emerges as the most promising approach of boosting packaging performance. It involves structures that range in size within the nanoscale and that are expected to feature unique characteristics in comparison to their micro- and macroscale analogues (Nitin et al. 2017).

Nanotechnology has been combined with edible films not only to improve their physical-mechanical properties but also to provide them with an additional protection against food contamination and spoilage. These nanocomposites are in line with the increasing trend of active packaging, i.e., packaging whose roles are no longer limited to physical protection but extended to antimicrobial and antioxidant actions, to mention a few (Otoni et al. 2016b). Food packaging, nanocomposites, and edible films have been widely reviewed elsewhere, though separately. Because the research activity on the intersection of these topics is increasing rapidly, as demonstrated by the significant change in the number of publications and citations during the past 10 years (Fig. 1), we identified a lack in the literature on nanotechnology and edible films for food packaging.

In this chapter, we review recent developments on nanostructured edible films for food packaging applications. Emphasis is given to the literature published during the last 5 years in order to hit the state of the art in the use of nanotechnology to provide



Fig. 1 Number of publications and citations on nanotechnology and edible films for food packaging applications [topic: nano* and (edible or eatable or digestible) and (film or sheet) and food and package*] retrieved from Web of Science[™] Core Collection

edible films with (i) ameliorated physical-mechanical performances to pave the route to commercial applications and/or (ii) active roles (antimicrobial and antioxidant activities, in particular) toward active food packaging. Finally, future trends are presented and discussed.

2 Nanostructured Antimicrobial Edible Films

The application of antimicrobial compounds – including antimicrobial nanostructures – into food packaging has been widely studied and reviewed elsewhere (de Azeredo 2013; Sung et al. 2013). The major health concerns are related to the potential migration of active compounds from food contact materials toward food matrix. Concerning edible packaging materials, all of their components must be considered as part of the food product itself, provided that the whole system may be eaten without posing health threats (de Azeredo 2013). Two main mechanisms of adding antimicrobial compounds into food-grade polymer matrices have been exploited to produce antimicrobial edible films: nanoemulsions containing essential oils and nanoencapsulated antimicrobial peptides. Recent advances on both strategies are compiled in Table 1, and further information are discussed below.

Matrin	Nano-sized active	Tested	Deferences
	compound		References
Alginate	tial oil	Escherichia coli	Acevedo-Fani et al. (2015)
	Sage essential oil		
	Thyme essential oil		
Basil seed gum	Zataria multiflora	Bacillus cereus	Hashemi Gahruie
	essential oil	E. coli	et al. (2017)
Casein	Nisin	Listeria	Boelter and
Gelatin		monocytogenes	Brandelli (2016)
		Staphylococcus	
		aureus	_
		Clostridium	
		perfringens	
Chitosan	Phage	<i>E. coli</i> O157:H7	Cui et al. (2017)
Hazelnut meal protein	Clove essential oil	Bacillus subtilis	Gul et al. (2018)
		E. coli	_
		L. monocytogenes	
		Pseudomonas	
		aeruginosa	_
		S. aureus	
Hydroxypropyl methylcel- lulose (HPMC)	Thymus daenensis	Acinetobacter baumannii	Moghimi et al.
lulose (III MC)	costinuar on	B subtilis	- (2017)
		D. subilits Candida albicans	-
		Enterococcus	-
		faecalis	
		Enterococcus	-
		faecium	
		E. coli	-
		Klebsiella	-
		pneumoniae	
		Salmonella typhi	
		Shigella dysenteriae	1
		Shigella flexneri	1
		S. aureus	1
		Staphylococcus	1
		epidermidis	
НРМС	Nisin		Imran et al. (2012)
HPMC/starch	Nisin	Listeria innocua	Basch et al. (2013)
	Potassium sorbate	Zygosaccharomyces bailii	
Isolated soy protein	Carvacrol		Otoni et al. (2016a)
	Cinnamaldehyde		

Table 1Antimicrobial edible films containing nanoemulsified, nanostructured, andnanoencapsulated active compounds developed during the past 5 years

(continued)

Matrix	Nano-sized active compound	Tested microorganisms	References
Methylcellulose	Clove bud essential oil	Aspergillus niger	Otoni et al. (2014b)
	Oregano essential oil	Penicillium sp.	
Mesquite seed gum	Palm fruit oil	-	Rodrigues et al. (2016)
Pectin	Cinnamon essential oil	-	Moura et al. (2014)
Pectin	Cinnamaldehyde	E. coli	Otoni et al. (2014a)
		L. monocytogenes	
		Salmonella enterica	
		S. aureus	
Pectin	Eugenol	E. coli	Sasaki et al. (2016)
		S. aureus	7
Pullulan	Rosemary essential oil	<i>E. coli</i> O157:H7	Morsy et al. (2014)
	Oregano essential	L. monocytogenes	
	oil	Salmonella	
		typhimurium	
		S. aureus	
Tara gum	Chitosan	E. coli	Antoniou et al.
		S. aureus	(2015)

Table 1 (continued)

Nanoemulsions are colloidal, kinetically stable systems comprising at least three components: an oil phase, an aqueous phase, and surfactants. They can be used to encapsulate and deliver a wide range or hydrophilic and lipophilic compounds, including drugs for treating cancer treatment (Sasikumar and Kamalasanan 2017) and several other medical applications (Singh et al. 2017). In food science, nanoemulsions have been extensively exploited to encapsulate plant essential oils and deliver antimicrobial activity to increase food safety and shelf life (Pathakoti et al. 2017). They can also be used to incorporate other bioactive compounds, including fatty acids, carotenoids, antioxidants, phytosterols, and quinones (Salvia-Trujillo et al. 2017), and have the potential to be incorporated in edible films to produce active food packaging systems (Fu et al. 2016).

Moghimi et al. (2017) reported the antimicrobial activity of hydroxypropyl methylcellulose (HPMC)-based edible films incorporated with *Thymus daenensis* essential oil against a range of Gram-positive and Gram-negative bacteria as well as a fungus. The authors demonstrated that depending on the essential oil origin (i.e., wild or cultivated *T. daenensis*), the resulting films were more antimicrobially efficient against a specific class of microorganisms as a result of their different compositions.



Fig. 2 Inhibition zones created by pectin/papaya puree-based edible films incorporated with cinnamaldehyde nanoemulsions comprising droplets of ca. 270 (b), 120 (c), and 40 nm (d) as well as control, i.e., nanoemulsion-free film (a). (Adapted from Otoni et al. (2014) with permission from Elsevier)

Otoni et al. (2014a) produced edible films based on low and high methylester pectins and papaya puree incorporated with cinnamaldehyde nanoemulsions of varying droplet sizes. Because of their increased surface areas and bioavailabilities, smaller droplets let to increased antimicrobial efficiencies against food spoilage and pathogenic bacteria. This is illustrated in Fig. 2, which demonstrates the greater inhibition zones created by smaller droplets for the same active compound concentration. In line with this observation, Otoni et al. (2014b) reported increased antimicrobial efficiency of MC-based edible films when these were added by nanoemulsions of clove bud and oregano essential oils in comparison with coarseemulsified films. Similar outcomes have been reported for other systems (Gul et al. 2018).

Although essential oil nanoemulsions have been extensively applied to edible matrices in order to provide films with antimicrobial properties against foodborne pathogens, they often affect the physical-mechanical properties of the materials. Thymus daenensis essential oil nanoemulsion has been shown to plasticize hydroxypropyl methylcellulose-based films (Moghimi et al. 2017). The same has been observed for clove bud and oregano essential oils in a methylcellulose matrix (Otoni et al. 2014b); nanoemulsions of thyme, lemongrass, and sage essential oils in alginate edible films (Acevedo-Fani et al. 2015); palm fruit oil nanoemulsion in mesquite seed gum films (Rodrigues et al. 2016); and carvacrol and cinnamaldehyde nanoemulsions in isolated soy protein films (Otoni et al. 2016a). On the other hand, anti-plasticizing effects of nanoemulsions in edible films have also been demonstrated (Hashemi Gahruie et al. 2017; Otoni et al. 2014a; Sasaki et al. 2016). Rutinloaded nanoemulsions, in particular, have been found to increase both tensile strength and elongation at break of gelatin-based films (Dammak et al. 2017). The authors attributed this behavior to the cross-linking of subjacent peptide molecules induced by rutin.

The barrier properties of edible films are also altered upon the incorporation of nanoemulsions. The barrier to moisture of pectin/papaya puree-based edible films has been increased by cinnamaldehyde nanoemulsions as a result of their hydrophobic nature (Otoni et al. 2014a). Similar outcomes have been reported for eugenol nanoemulsion in pectin films (Sasaki et al. 2016), oregano essential oil

nanoemulsion in isolated soy protein films (Bilbao-Sáinz et al. 2010), sage essential oil nanoemulsion in alginate films (Acevedo-Fani et al. 2015), and palm fruit oil nanoemulsion in mesquite seed gum films (Rodrigues et al. 2016). Rutin-loaded nanoemulsions showed the opposite behavior in pigskin gelatin-based films (Dammak et al. 2017).

Protein fragments called peptides denote another important class of antimicrobial compounds used for food preservation. A range of naturally occurring - i.e., produced by microorganisms, amphibians, and mammals - and synthetic antimicrobial peptides have been combined with film-forming materials to produce antimicrobial food packaging, as comprehensively reviewed elsewhere (Perez Espitia et al. 2012). In addition to having an antimicrobial packaging system, this strategy is interesting because it avoids biological activity losses of the active compounds as a result of their deactivation when directly added into complex food systems (Imran et al. 2012). It allows controlling the diffusion of the antimicrobial compound to food surface from packaging materials, some of which may be food-grade or edible. Pintado et al. (2009) were able to control the growth of L. monocytogenes strains isolated from cheeses by using whey protein isolate-based edible films enriched with nisin, a bacteriocin - i.e., peptide synthesized at bacterial ribosome - with widely reported antimicrobial activity against many spoilage and pathogenic microorganisms (Ahmad et al. 2017; Barbosa et al. 2017). L. monocytogenes has also been inhibited by HPMC-based edible films added by nanoencapsulated nisin (Imran et al. 2012). Nisin has been combined with potassium sorbate and added into HPMC/ starch blends to produce active edible films that were effective in inhibiting the growths of *Listeria innocua* and *Zygosaccharomyces bailii* (Basch et al. 2013). Boelter and Brandelli (2016) encapsulated nisin in liposomes, which were then combined with gelatin and casein to produce active edible films. These nanocomposites were effective in inhibiting the growths of L. monocytogenes, S. aureus, and Clostridium perfringens. These authors also added halloysite nanotubes, but were not able to achieve improved physical-mechanical properties. Finally, chitosan-based edible films have been produced and incorporated with zinc oxide nanoparticles (Bajpai et al. 2010). The produced films showed great antimicrobial activity against E. coli.

3 Edible Films Containing Nano-sized Fillers

Although edible films have numerous advantages over conventional plastics, their physical-mechanical properties are typically inferior than those of the latter and often limit their commercial applicability (Otoni et al. 2017). Concerning food packaging, the major drawbacks of edible films are their mechanical and water barrier properties. In order to fulfill the technical requirements for food packaging applications, edible films have been added by different nanostructured fillers. The recent developments on edible nanocomposite films are summarized in Table 2 and described in details in this section.

Matrix	Nano-sized filler	Target properties	References
Banana flour	Montmorillonite (MMT)	Barrier to moisture	Orsuwan and Sothornvit (2017)
	Starch	Mechanical	
	nanoparticles	properties	
Chitosan and cornstarch	Cellulose	Barriers to light,	Yu et al. (2017)
	nanofibrils	oxygen, and moisture	_
		Mechanical	
		properties	
Gelatin	Amino- functionalized	Barrier to light	Ge et al. (2017)
	MMT	properties	-
		Resistance to moisture	
Gelatin	Bacterial cellu-	Affinity to moisture	George and
	lose nanocrystals	Barrier to moisture	Siddaramaiah
		Mechanical	(2012)
		properties	-
	TT 1	Thermal properties	NV 1 (2017)
Gelatin	Hydroxyapatite	Mechanical	Wu et al. (2017)
		Thermal monortice	-
	Cl. to see	A fG site to use interes	T
lose (HPMC)/guava puree	nanoparticles	Aminity to moisture	(2012)
lose (III MC//guava paree	nanoparticles	Machanical	(2012)
		properties	
		Thermal properties	-
HPMC/papaya puree	Chitosan	Barrier to moisture	Lorevice et al
III Me/pupuyu pulee	nanoparticles	Mechanical	(2014)
	1	properties	
		Thermal properties	-
Mango puree	Cellulose	Barrier to moisture	Azeredo et al.
	nanofibrils	Mechanical	(2009)
		properties	
Pectin	Mg(OH) ₂	Mechanical	Moreira et al.
	nanoplates	properties	(2013)
		Thermal properties	
Pectin/banana puree	Chitosan	Barrier to moisture	Martelli et al.
	nanoparticles	Mechanical	(2013)
		properties	
Pectin/cocoa puree	Chitosan	Barrier to moisture	Melo et al. (2017)
	nanoparticles	Mechanical properties	
Pectin	Cellulose	Barrier to moisture	Chaichi et al.
	nanocrystals	Mechanical	(2017)
		properties	

 Table 2
 Edible films containing nano-sized fillers developed during the past 5 years

(continued)

Matrix	Nano-sized filler	Target properties	References
Pectin	Chitosan	Barrier to moisture	Lorevice et al.
	nanoparticles	Mechanical properties	(2016)
Pigskin gelatin	MMT	Affinity to moisture	Alexandre et al.
		Mechanical properties	(2016)
Potato starch	Starch	Barrier to moisture	Sessini et al.
	nanocrystals	Mechanical properties	(2016)
		Thermal properties	
Tara gum	Chitosan nanoparticles	Affinity to moisture	Antoniou et al. (2015)
		Mechanical properties	

 Table 2 (continued)



Fig. 3 Possible morphologies of nanoclays depending on their dispersion within polymer chains: aggregated (left), intercalated (center), and exfoliated (right). (Reproduced from Tan and Thomas (2016) with permission from Elsevier)

3.1 Nanoclays

Nanoclays are known to improve the mechanical resistance and barrier to moisture of polymeric films (Tan and Thomas 2016). These inorganic nanofillers are characterized by high aspect ratio and interfacial area. Nanoclays may be present in three main dispersion levels within polymer-based nanocomposites: aggregated, intercalated, and exfoliated (Fig. 3). Regardless of distribution within the nanocomposite matrix, clay tactoids may be aggregated (i.e., not delaminated), partially delaminated so polymer chains may be intercalated with them, and completely exfoliated into single-layered platelets (Tan and Thomas 2016). The last morphology is often the most desired since it has been shown to lead to the best thermal, barrier, and mechanical improvements even at low contents (Sinha Ray and Okamoto 2003), characteristics that are in line with technical requirements for efficient food packaging materials.

Montmorillonite is by far the most exploited nanoclay for reinforcement purposes in edible films. It has a negatively charged surface and a highly crystalline structure arising from a two-dimensional layer comprising a central octahedral sheet of aluminum oxide and magnesium oxide combined with two external silica tetrahedrons (Alexandre et al. 2016). Banana (Musa sapientum Linn) flour has been intercalated with MMT (Cloisite Na⁺) for producing mechanically reinforced films (Orsuwan and Sothornvit 2017). The addition of such natural nanoclay also improved the water barrier properties of the edible films. The authors pointed out the higher hydrophilicity of MMT-Na⁺ over organically modified nanoclays as an advantage because of the improved compatibility with food-grade biopolymers, which are mostly hydrophilic. The incorporation of MMT Cloisite Na⁺ and Cloisite 30B has improved the tensile properties and barrier to moisture of glycerol-, sorbitol-, sucrose-, fructose-, and polypropylene glycol-plasticized red algae-based edible films (Jang et al. 2011). Similar outcome was observed by Alexandre et al. (2016), who reported pigskin gelatin-based edible films featuring enhanced mechanical properties as well as lower affinity to water when added by MMT. Ge et al. (2017) produced amino-functionalized MMT to serve as reinforcement fillers in gelatinbased edible nanocomposites cross-linked by dialdehyde xanthan gum. In addition to displaying suitable physical-mechanical properties and tunable degradability in soil, these edible films were added by free nisin and showed antimicrobial effectiveness against S. aureus.

3.2 Nanocelluloses

Cellulosic nanomaterials – i.e., cellulose nanocrystals (CNC) and cellulose nanofibrils (CNF), illustrated in Fig. 4 – have been extensively combined with film-forming polymers to produce films featuring improved mechanical (Azeredo et al. 2017) and barrier (Ferrer et al. 2017) properties for food packaging applications.

The remarkable mechanical reinforcement capacity of cellulose nanomaterials arises from their extremely high stiffness (Azeredo et al. 2017), whereas improvements on barrier properties upon the use of CNC and CNF are a result of the dense networks that are formed by nanofibrils as well as small, uniform particles (Ferrer et al. 2017). Examples involving edible films, in particular, are not numerous, but



Fig. 4 Transmission electron microscopy images showing the different morphologies of cellulose nanocrystals (CNC; scale bar: 100 nm) and nanofibrils (CNF; scale bar: 200 nm). (Image reproduced from Yu et al. (2016))

considerable progress has been already made lately. Bilbao-Sainz et al. (2011) produced HPMC-based films reinforced with CNC. The authors were able to increase tensile strength and Young's modulus by 22% and 55%, respectively, whereas film was only slightly reduced – the films still allowed an 86-89% visible light transmission. Pectin has also been combined with CNC into edible nanocomposites featuring increased tensile strength and elongation at break as well as decreased water vapor permeability (Chaichi et al. 2017). The authors claimed that CNC is more promising than other strengthening strategies to develop renewable, strong, and completely biodegradable food packaging materials. CNC have been isolated through acid hydrolysis from bacterial cellulose produced by Gluconacetobacter xylinus and incorporated into a gelatin matrix to produce edible nanocomposites displaying improved thermal and mechanical properties, in addition to lessened affinity to moisture and water vapor permeability (George and Siddaramaiah 2012). CNF have also been exploited for the same purpose. These particles have reinforced edible films made up of cornstarch and chitosan (Yu et al. 2017) as well as mango puree (Azeredo et al. 2009).

3.3 Nanostarch

Starch is a naturally occurring, renewable, biodegradable, nontoxic, and biocompatible polymer that has been extensively investigated both as a matrix and as a ligand due to its outstanding film-forming properties (Li et al. 2015; Otoni et al. 2017). More recently, the scientific community has directed attention toward nanoparticles made up of starch (Le Corre et al. 2010), at first for drug-carrying purposes (Han et al. 2013) and then for reinforcing biopolymer-based films (Le Corre and Angellier-Coussy 2014; Zheng et al. 2009). Figure 5 present images of starch nanowhiskers or nanocrystals from different origins.

Regarding edible films, specifically, banana starch nanoparticles have been prepared by miniemulsion cross-linking and incorporated into banana flour-based edible films, which presented improved mechanical and water barrier properties upon the addition of such nanofiller (Orsuwan and Sothornvit 2017). Sessini et al.



Fig. 5 Micrographs of native starch granules, i.e., before hydrolysis (top), and their corresponding nanocrystals, i.e., after hydrolysis (bottom). (Image reproduced from LeCorre et al. (2012) with permission from Elsevier)



Fig. 6 Electron transmission microphotography of chitosan nanoparticles (CSNPs) synthesized through ionic gelation with sodium tripolyphosphate (left) and mechanical properties of hydroxypropyl methylcellulose (HPMC)-based edible films added by CSNPs of different diameters. (Images reproduced from de Moura et al. (2009) with permission from Elsevier)

(2016) extracted starch nanocrystals from waxy cornstarch granules through acid hydrolysis and used these particles to increase the mechanical attributes and thermal stability of glycerol-plasticized potato starch edible films. A similar approach was used by Kristo and Biliaderis (2007) to reinforce and control water adsorption of pullulan-based edible films upon the addition of starch nanocrystals.

3.4 Nanochitosan

Chitosan is a nontoxic, biocompatible, bioactive, biodegradable, and cationic polysaccharide obtained from chitin through chemical or enzymatic deacetylation reactions (de Moura et al. 2011; Ghormade et al. 2017; Muxika et al. 2017). The most common source of chitin – one of the most abundant naturally occurring polymers – is marine invertebrate shells, but in addition to crustaceans and mollusks, it can be extracted from the exoskeletons of insects and fungi (Ghormade et al. 2017; Muxika et al. 2017). Chitosan has been used to produce nanoparticles (Fig. 6) through the ionic gelation of its protonated amino groups with multivalent polyanions, among which sodium tripolyphosphate (STPP) and poly(methacrylic acid) are the most common due to their compatibility with biological systems (de Moura et al. 2008, 2009, 2011).

Antoniou et al. (2015) have combined tara gum as a film-forming matrix with bulk chitosan to produce edible blends as well as with chitosan nanoparticles to produce edible nanocomposites. The addition of nanostructured chitosan improved mechanical properties (tensile strength was increased in *ca*. 35 MPa) and affinity and barrier to moisture (water solubility and water vapor permeability were decreased by *ca*. 74% and 23%, respectively). Bulk chitosan did not show the same efficiency in



Fig. 7 Proposed model for the efficiency of bulk chitosan and chitosan nanoparticles in reducing the free volume among tara gum chains. (Illustration reproduced from Antoniou et al. (2015) with permission from Elsevier)

improving the physical-mechanical properties of tara gum-based edible films. The authors attributed this finding to the more compact structure of chitosan nanoparticles, which was more capable of reducing polymer free volume, therefore increasing the tortuosity of moisture diffusion pathway, as illustrated in Fig. 7.

de Moura et al. (2009) have successfully improved the mechanical and water barrier properties of HPMC-based edible films through the addition of chitosan/ STPP nanoparticles. Interestingly, the authors observed that the mechanical reinforcement efficiency of these nanostructures depended upon their sizes, as shown in Fig. 6. They attributed this observation to the increased surface area of smaller nanoparticles, area which is available for interaction with the matrix. Similar outcome was obtained in film's barrier to moisture, as smaller chitosan nanoparticles were found to decrease water vapor permeability values. Similarly to Antoniou et al. (2015), the authors stated that smaller nanoparticles can occupy the empty among HPMC chains, thereby preventing water diffusion. Different behaviors were observed for chitosan nanoparticles synthesized with poly(methacrylic acid) (De Moura et al. 2008, 2011).

Chitosan nanoparticles have been also demonstrated to successfully reinforce and decrease the permeability of moisture through pectin- (Lorevice et al. 2016), pectin/ cocoa puree- (Melo et al. 2017), pectin/banana puree- (Martelli et al. 2013), HPMC/ guava puree- (Lorevice et al. 2012), and HPMC/papaya puree-based edible films (Lorevice et al. 2014).

3.5 Other Food-Grade Nanostructured Fillers

Wu et al. (2017) used up to 20% (wt.) of nanoscale hydroxyapatite – the major inorganic component of bones and teeth – to improve the mechanical and thermal



Fig. 8 Scanning electron micrographs of the cross sections of neat poly(hydroxybutyrate-*co*-valerate) (PHBV) films (**a**) and multilayer (PHBV) films separated by an electrospun zein interlayer (**b**) as well as of the surface of electrospun zein nanofibers (**c**). (Images reproduced from Fabra et al. (2014) with permission from Elsevier)

properties of bovine skin-derived type A gelatin films. The water barrier of the edible nanocomposite was also improved.

Moreira et al. (2013) prepared magnesium hydroxide nanoplates and incorporated them into a pectin matrix to produce edible bionanocomposites featuring improved mechanical and thermal properties, in addition to serving as a dietary matrix. The authors carried out migration assays and demonstrated that these films were capable of delivering Mg(OH)₂ upon contact with arugula leaves. Because release did not take place in the absence of direct contact, using the bionanocomposite as an edible film would increase the efficiency of magnesium supplementation.

Another concept of increasing the barrier of edible films is through the use of interlayers comprised of food-grade nanofibers, such as those produced by electrospinning, and made up of zein, whey protein isolate, pullulan, and zein/whey protein isolate and zein/pullulan blends (Fabra et al. 2013, 2014). These materials have been demonstrated to improve the barrier properties of biopolymer-based films to water, oxygen, and limonene. Such nanostructures (Fig. 8) have been applied between layers of polyhydroxyalkanoates but could be also applied to separate edible layers, giving rise to edible multilayer, nanostructured films.

4 Nanostructured Antioxidant Edible Films

The direct addition of nutritional and antioxidant compounds into food systems may result in activity loss because of their interactions with food components, so bioactive compounds have been incorporated into edible films to produce antioxidant active packaging (Ganiari et al. 2017). Sekhon (2010) pointed out a twofold advantage of incorporating bioactive nanoparticles into food packaging materials: provide traditionally passive packaging with active roles and allow the continuous release of antioxidants and other bioactive molecules from packaging toward food surface. In the case of antioxidant packaging, this is of particular interest because food oxidation takes place more intensively in the surface of food items. Different nanostructured
		Nano-sized	
Matrix	Active compound	delivery system	References
Chitosan	Ouercetin	Poly(lactic acid)	Basu et al.
	C	nanonarticles	(2017)
Chitosan hydrochloride	Epigallocatechin gallate	Zein	Liang et al.
		nanocapsules	(2017)
Gelatin	Rutin	Nanoemulsions	Dammak et al.
			(2017)
Gelatin, gelatin-sodium	α-Tocopherol,	Nanoemulsions	Pérez Córdoba
caseinate, and gelatin-	cinnamaldehyde, and gar-		and Sobral
chitosan	lic essential oil		(2017)
Gelatin	Ginger essential oil	Nanoemulsions	Alexandre
			et al. (2016)
Hazelnut meal protein	Clove essential oil	Nanoemulsions	Gul et al.
-			(2018)
Hydroxypropyl	Green tea extract	Poly(lactic acid)	Wrona et al.
methylcellulose		nanoparticles	(2017)
Bastin	Bannarmint accontial ail	Hellowite	Diddaai at al
Feculi	reppennint essential on	Halloyshe	Biddeci et al.
		nanotubes	(2016)
-	Vitamin C and vitamin E	Chitosan	Aresta et al.
		nanoparticles	(2013)
Starch	Lycopene	Poly(-	Assis et al.
		ϵ -caprolactone)	(2017)
		nanocansules	
		mulocupsules	

Table 3 Nanostructured antioxidant edible films developed during the past 5 years

antioxidant compounds have been combined with food-grade polymer matrices to produce edible films featuring antioxidant activity, as summarized in Table 3.

The antioxidant, anti-inflammatory, and nutraceutical activities of quercetin, a flavonoid naturally found in plants (e.g., onion, broccoli, and grapes), have been broadly demonstrated in different food systems (Lesjak et al. 2018). However, such bioflavonoid is unstable to changes in pH and chemical environment as well as exposure to light. To enhance its bioactivity and stability, Basu et al. (2017) have synthesized poly(lactic acid) nanoparticles to serve as quercetin carriers and embedded these particles in a chitosan matrix to produce antioxidant edible films. These films also presented antimicrobial activity against *S. aureus*.

Chitosan-based films have also been provided with antioxidant capability through the incorporation of epigallocatechin gallate-loaded nanocapsules, as indicated by their greater DPPH radical scavenging activity when compared to neat chitosan films (Liang et al. 2017). Liang et al. (2017) have claimed that such nanoencapsulation is promising because the direct incorporation of this green tea polyphenol into food systems might result in interactions with food components, therefore leading to prompt oxidative degradation. In addition, the hydrophilic character of this active compound would restrict its direct addition into oily foods.

Poly(lactic acid) nanoparticles have been synthesized and loaded with green tea extract and combined with hydroxypropyl methylcellulose to produce antioxidant edible films (Wrona et al. 2017). Particle size was manipulated in order to control the release of the antioxidant compound from the films. Similar nanoparticles have been used to encapsulate and release other antioxidant compounds – including aureusidin, quercetin, and *Albizia chinensis*-isolated quercitrin – in a controlled fashion (Kumari et al. 2010, 2011; Roussaki et al. 2014).

Aresta et al. (2013) produced chitosan nanoparticles cross-linked by sulfobutylether- β -cyclodextrin and loaded with vitamins C and E. In this study, in vitro tests demonstrated that the antioxidant compounds were slowly and continuously released from chitosan nanoparticles throughout 7 days. The authors developed such system aiming at incorporating it into edible food packaging for increasing the shelf lives of both nanoencapsulated vitamins and packaged food.

Nanoclays have also been used to encapsulate active compounds and allow their sustained release to target systems. Halloysite clay nanotubes, for instance, have been demonstrated to encapsulate a range of drugs, biocides, cosmetics, and other functional compounds (Lvov and Abdullayev 2013; Lvov et al. 2016a, b). Concerning edible films, a pectin matrix has been incorporated with halloysite nanotubes loaded with peppermint essential oil (Biddeci et al. 2016). The authors of this interesting study first functionalized the nanotube surface with cucurbit[6]uril to improve its affinity to the essential oil. Indeed, modified halloysite nanotubes adsorbed *ca*. ten times more essential oil than their unmodified counterparts. DPPH assays indicated a remarkable antioxidant activity of these edible films, which also displayed antimicrobial effect against *E. coli* and *S. aureus*.

5 Concluding Remarks and Future Trends

As demonstrated in this contribution, much activity has been identified lately in topics related to nanotechnological approaches to provide edible films with improved physical-mechanical performances as well as unique active roles, out of which antimicrobial and antioxidant stand out as the most targeted functions for food packaging purposes.

Although we have divided this chapter into three main topic (i.e., nano-sized materials featuring antimicrobial, antioxidant, and reinforcement capabilities), we have identified the trend of developing nanostructures that are able to provide edible films with two or more roles at the same time. For instance, chitosan nanoparticles have been classified as fillers, but some authors have reported their antimicrobial activity against food spoilage and pathogenic microorganisms (Pilon et al. 2015). Indeed, this property of bulk chitosan-containing films has been extensively reported (Ji et al. 2017), but some authors have demonstrated that nanostructuring chitosan is expected to result in loss of antimicrobial efficiency (Antoniou et al. 2015). Such dual-action approach has also been applied to essential oil nanoemulsions, which have shown both antimicrobial and antioxidant activities, in addition to modifying edible film properties (particularly mechanical and barrier to moisture).

Finally, as new nano-sized materials are developed, however, questions related to their toxicity and biocompatibility gain evidence, making studies that address these issues of utmost importance. While legislation regarding the use of nanostructured edible packaging materials is lacking, it is recommended that these systems are considered as food products, being subjected to the same regulatory scenario.

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Bio-nanocomposites in Packaging: Business Model for Products' Commercialisation



Hezekiah Oladimeji and Shalini Singh

Abstract The business potential of nanotechnology is expected to alleviate global social challenges as this emerging technology is expected to serve as an important driving force in modernistic agriculture for sustainable food production. Nanotechnology has the prospect to transform the packaging system of the food industry through improved packaging methods for better food quality and customer satisfaction. However, the difficulty lies in commercialising these inventions to put them to use. Notwithstanding the potential risks associated with nanotechnology-based products, this chapter explores the essential elements for the successful commercialisation of engineered nanomaterials. It focuses on bridging the link between the innovation, development and markets in the commercialisation of food packaging products from bio-nanocomposites. Critical factors that could be considered in the management decision-making for the commercialisation of bio-nanocomposite applications were identified. It is expected that, within a global market, a thorough understanding and adoption of these identified factors for successful commercialisation of active packaging technologies will yield systembased solution.

Keywords Food packaging · Nanocomposite · Commercialisation

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1 Introduction

Nanotechnology is a peculiar facet creating much attention (Hosseini et al. 2011). It is an emerging field that is increasingly becoming a fact of life and business with major relevance in all human endeavours (Glenn 2006) including advancements in the incorporation of nanomaterials in other products (Mansoori and Soelaiman 2005) and in various industrial areas such as food safety and packaging (Soleimanpour et al. 2011), in global agricultural development (Rockefeller Foundation 2005) and in thermal and insulation materials in building industry (Gholami-Rostam et al. 2015). According to Aithal and Aithal (2016), the business potential of nanotechnology is expected to alleviate global social challenges. For example, nanotechnology is expected to serve as an important driving force in modernistic agriculture for sustainable food production (Alfadul et al. 2017).

Commercialisation of nanotechnology products is long and hard despite its commercial prospects (Mazzola 2003). Historically, the first nanotechnologybased product is perhaps carbon black and has been in commercial use for centuries (Romig et al. 2007). Nanotechnology, particularly engineered nanomaterials (ENMs), has expectantly impacted on the world's economy through the diversity of their applications (Nogueira et al. 2013). Lo et al. (2012) iterated that the commercialisation of nanotechnology is important as it ensures that this emerging technology achieves performance, reliability and economic requirements of the causal-effect assumption that the acceptance of consumers has a significant effect towards a successful commercialisation process. Nanotechnology is fast offering complete solutions to food matters from food production to its packaging (Singh et al. 2017). It has the prospect to transform the entire packaging system of food industry through improved packaging methods for better food quality and customer's satisfaction.

To this end, there are many nanostructures and their applications conceptualised, while their potential for commercialisation is yet to be explored (Garg et al. 2017; Bradley et al. 2011), a case being that the application of ENMs in the food industry is fast gaining attention with some promising prospects in the global market and economy (Honarvar et al. 2016). However, food packaging technologies have experienced limited breakthroughs despite the innovational potentials due to multiple commercialisation challenges (Werner et al. 2017). Hence, there is urgent need for an in-depth analysis of the commercialisation of nanotechnology as the potential 'next great commercial opportunity' (Uldrich and Newberry 2003). Of particular interest, business models for emerging technologies are evolving, and the expansion of the commercialisation of these technologies is reshaping the existing business system (Inigo et al. 2017).

While there is a range of recent reports and reviews on applications of nanotechnology and ENM in the food industry (e.g. Sekhon 2010; Bradley et al. 2011; Chaudhry and Castle 2011; Sekhon 2014; Bumbudsanpharoke and Ko 2015; Rossi et al. 2017; Singh et al. 2017), this chapter focuses on recent developments



Fig. 1 Typical nanotechnology commercialisation stages. (Hobson 2009)

in business modelling for commercialisation of engineered bio-nanocomposites for food packaging. The commercialisation of nanotechnology has potential applications in many product sectors, food packaging and medical applications inclusive (Hobson 2009; Sekhon 2010; Othman 2014) as depicted in Fig. 1.

Several outputs of nanotechnologies are increasingly being used for commercial purposes (Andreev et al. 2009). According to Lopez (2013), commercialisation of ENM is an opportunity for scientific and economic growth and development through further job expansions and business opportunities.

Ziamou (2002) argues that there is a link between the innovation, development and markets in the commercialisation of nanotechnology products. He contends that through innovation interfaces, products from emerging technologies are marketed to discover the consumer's interest and interaction with a developed product in order to determine the product's functionality. Therefore, this systematic flow or linkage depicts the interface between innovation, development and markets can progress applications of scientific knowledge in our daily life, thus allowing the market to aid in successful direction of scientific research (Lo et al. 2012).

Meanwhile, Aithal and Aithal (2016) highlighted some elements such as innovative materials, market share, market potential and the prevailing economic situation as essential for initiating the successful commercialisation of ENMs. Thus, this chapter now turns to the business perspective and forms a link by bridging the gap between technological invention (innovation) and technological adoption as depicted in Fig. 2. The invention stage of innovation is the act of generating new



scientific and technical advances in materials engineering, while the adoption stage is where the new advances are put into practice.

Equally significant to business development, Shapira et al. (2016) argue that mapping the technology invention and commercialisation for innovation of ENMs is important to business decision-makers for the purpose of business investment and policy. In support of Shapira et al. (2016) and Aithal and Aithal (2016) confirm that several organisations are initiating developments in nanotechnology to take monetary advantage of business opportunities in nanotechnology developments through successful product commercialisation. To this end, the business viewpoint of the nanotechnological innovations and the critical factors that are to be considered and their order of preference or priority towards successful commercialisation of the engineered nanomaterials are of primary importance.

Hansen et al. (2016) confirm that the present consumer market is characterised by approximately 2500 food packaging products which are nanotechnology-enabled as they contain ENMs. Many innovations of ENMs are being adopted into consumer products as a result of their biocidal effect as they can prevent any form of survival of organisms that could be hazardous to human health in nano-enabled products (Mackevica et al. 2016). Similarly, for improvements in food safety and cost-price-efficiency, these materials are being incorporated into biopolymers, hence proffering active properties to packaging systems (Azerendo et al. 2011).

2 Drivers of Engineered Nanomaterials for Food Packaging

Bradley et al. (2011) enumerated the main merits offered by ENMs in food packaging for optimal applications and commercialisation. As presented in Fig. 3, 'Innovation and new product development' is the primary driver of nanomaterials in food packaging applications. Light-weighting involves the use of less packaging materials while maintaining the same technical performance against the traditional packaging materials. Greater protection and preservation of the food helps in the maintenance of food quality and increases the shelf-life without the mixing of



Fig. 3 Drivers for applications of nanomaterials in food packaging materials. (Adapted from Bradley et al. (2011))

	Light-	Protection and	
Innovation	weighting	preservation	Improved performance
Gives greater con- sumer choice and convenience	Lower material usage Lower carbon footprint	Potential cheaper and more reliable food supply	Synthetic polymers are substituted by locally sourced bio-based materials
Supports social change and lifestyles	Lesser manufacturing handling	Better nutrition	
Opens new markets	Minimised	Lesser food	
Drives economic growth	transportation cost	wastage	
Creates employment			

Table 1 Benefits of the drivers for applications of nanomaterials in food packaging materials

preservatives into the packaging material which could introduce harmful chemicals into the body systems of potential consumers. The incorporation of nanomaterials and nanotechnology for improved production methods is the fourth driver of applications of nanomaterials in food packaging materials. The benefits of each of these drivers are as highlighted in Table 1.

These drivers are essential in the development and diffusion or commercialisation of the biocomposite applications for food packaging.

3 Current Applications of Biopolymers and Nanocomposites in Food Packaging

There has been increasing use of polymers in food packaging from renewable sources (Mensitieri et al. 2011). Biopolymers are derived from polymers with the prefix 'bio-' indicating biodegradable, which indicates the ability to be degraded into carbon dioxide (CO₂) and water (H₂O) (Othman 2014). The biodegradability property of biopolymers makes them preferable options for food packaging materials that are eco-friendly (Tang et al. 2012) by rapidly degrading (Jayaramudu et al. 2013) and totally mineralising in environment (Majeed et al. 2013).

Bio-nanocomposites have been established for food packaging applications as improvement of biopolymers has some drawbacks such as poor mechanical and barrier properties (Othman 2014). Attention was drawn to bio-nanocomposites with the addition of additives of nano-fillers in biodegradable polymers (Maurizio et al. 2005). Nanotubes, nanoparticles, nanorods and nano-fibrils are a few of the many types of nanosized fillers (<100 nm) that have been used for the enhancement of the performance of biopolymers as food packaging materials (Othman 2014).

Several studies (Rouhi et al. 2013; Kanmani and Rhim 2014; Rafieian et al. 2014) have been conducted to study the different properties of bio-nanocomposite materials produced from the incorporation of fillers into biopolymer. The various properties are identified in Fig. 4. A study of these properties is highly significant for the



Fig. 4 Properties of bio-nanocomposites for food packaging applications

enhancement of food packaging quality, safety and commercialisation after the postprocessing stages (Rhim et al. 2013).

4 Modelling-Based Commercialisation of Bionanocomposites in Food Packaging

Synonymously, technology commercialisation is often used with technology transfer and is referred to as the logical process of transforming scientific innovations, inventions and discoveries into products and services involving companies, organisations or even an entire state (Mohannak and Samtani 2014). As mentioned earlier, ENMs have increasingly been applied to a number of commercialised products especially those involving food packaging (Sonker et al. 2017). According to Reynolds (2007), one of every four food products in the market is packaged by the use of ENMs.

Hosseini et al. (2011) described a series of steps to achieve optimum market entry of nanotechnology materials. Figure 5 illustrates these as necessary and sufficient steps for effective commercialisation of innovations. This illustration contributed to the development of commercialisation theories of this chapter.

Nanotechnology has virtually adjourned as the new growth entrepreneurial innovator (Ludhiyani et al. 2011). Commercialisation of ENM has the potential to drive innovative and competitive industry to change by enabling key advances in many manufacturing sectors such as energy, automotive, aerospace, construction, electronics and biotechnology. Meanwhile, many challenges confronting nanotechnology research call for solutions from a multidisciplinary approach as Lu et al. (2009) opined. They further argued that statistical techniques used in the modelling process



Fig. 5 Commercialisation stages for optimum market entry. (Adapted by the researcher)

have made sizable impacts in many other technology fields in the past. Statistics is expected to address these challenges and boost the development of nanotechnology.

With the fast development of nanotechnology and the introduction of mass production of nano-devices, statistics is expected to play an increasingly important role in both academic and industrial fields (Lu et al. 2009). Complex processes can be better understood with the aid of statistical tools and methods which are primarily concerned with the study of variability that all natural process typically exhibit (Wikle and Royle 2004). Meanwhile, soon after the early days of the Scientific Revolution, pragmatic scientists and industrialists, by mutual inventiveness, got the novel idea that the scientific method of observation and experimentation could be used to discover the cause-and-effect relations administering the manufacturing of high-quality consumer products; however, this is time-consuming and required much complex problem-solving and trouble-shooting (Bisgaard 1997). Bisgaard (1997) further suggested that statistical concepts and tools could help in making the process of scientific investigation more efficient and increasing the probability of discovering new ways to enhance productivity and the quality of products for the satisfaction of customers.

Statistics plays a key central role in business and industry. Statistical models are used for the following purposes: products' quality designs and processes (Box and Bisgaard 1987), forecasting the market behaviour of a new brand to prepare its launch and managing existing brands (Zhigljavsky 2011), among others. These roles of statistical applications are being controlled by a series of factors, which include technologies designed purposely to generate functional and applicable data with high potentials, more and better computing power, new statistical and graphical methods and methodology and useful statistical software for data analysis using modern statistical methods (Keller-McNulty et al. 2005). Statistics is seen to play a major part in making technological advances and improving processes of all kinds (Keller-McNulty et al. 2005).

The challenges highlighted below provide opportunities for statistical applications in nanotechnology (Lu et al. 2009):

- Statistical procedures help us to learn more about the formation processes of nanocomposites.
- Statistical modelling helps to deal with special data types and processes.
- Statistics helps to improve low-quality and high-defect processes.
- Statistics helps to improve low and unpredictable product reliability.

Mazzola (2003) suggested that there should be greater attention in academic institutions through interdisciplinary working teams to accelerate the rate of innovation and commercialisation of nanotechnology. As shown earlier, nanotechnology has been adjourned to be a convergence of several technologies operating at the interface which required that different skills be taught at all levels of an educational process (Romig et al. 2007). Many challenges confronting nanotechnology research call for solutions from a multidisciplinary approach. Statistical and Operational Research (S&OR) techniques play an important role in addressing these challenges and boosting the development of nanotechnology, as a major similarity between

these disciplines is that both are multidisciplinary (Oladimeji and Singh 2013). Quality improvement activities are actually strongly based on the adoption of appropriate statistical models (Echeveste et al. 2007).

Critical assessment and evaluation of the product drivers are, however, important in the formulation, implementation and evaluation of effective innovation and efficient commercialisation policies.

5 Factors for Commercialisation of Engineered Bio-composites for Packaging

Several studies have been conducted proposing various critical factors that should be adopted for effective commercialisation process of emerging technologies. This section of the chapter reviews some of these critical factors. For technologists and business managers to implement successful technology commercialisation strategies, there is a need to identify the critical factors required. According to Luthra et al. (2015a, b), these critical factors are important enablers which are necessary for success. This section therefore seeks to broaden this empirical concept of critical factors and modelling for successful nanotechnology commercialisation. Several studies, as briefly outlined in Table 2, have been conducted on these concepts, critical factors and framework. The work of Kumar et al. (2015) on discourses of these concepts is being used as the departure point of this section.

Kumar et al. (2015) recognised the vital role of enablers or critical factors for the implementation of successful technology commercialisation by technologists and managers. Corroborating Luthra et al. (2015a, b), these enablers or critical factors are conceptualised as factors which are essential for the successful adoption of technology inventions. They identified and evaluated 5 critical dimensional factors and grouped them in 24 sub-factors.

Lee et al. (2013) identified four common categories and four relevant categorised critical factors of nanotechnology commercialisation:

- Field of nanotechnology this classification and further prediction for commercialisation period were first carried out by Roco (2004). The four fields that were identified were nanoequipment, nanomaterials, nano-devices and nanobios.
- Nanotechnology feature the three critical factors are convergence between nanotechnology and other emerging technologies like information and communication technology (ICT) or biotechnology (BT), toxicity and energy and environmental relevance.
- R&D strategy of nanotechnology organisations the four factors considered to ease commercialisation are high R&D intensity, explorative/exploitative optimal innovation strategies to develop new markets, government R&D support and research partnership with universities.
- Size and age of nanotechnology organisations.

Author(s) and year	Model type used	Factors considered
Kumar and Jain	Descriptive statistics, correlation and	Funds availability
(2003)	regression analyses	Support for technology supplier
		Product engineering to market needs
		Commitment of entrepreneur/ company
		Technical/market staff training
		Product and packaging aesthetics
		Pricing, product positioning and launch
		Longer and low interest rate loan repayment
Bandarian (2007)	Delphi and fuzzy logic	Technology area (process evalua- tion, technical evaluation)
		Market area (economic evaluation, market evaluation, perception evaluation)
		Legal area (regulatory/policy evaluation)
Mahboudi and Ananthan (2010)	АНР	Cultural factors (information development, diffusion of scientific attitude)
		Global factors (training in interna- tional companies, employment of expatriates in technological field)
		Recipient organisation factor (investment in R&D, technology development strategic planning, managerial and organising skills' development in the organisation)
		Structural factors (standard crea- tion, localisation of importing technology)
		Absorption and application factors (creating research and production relationship, absorption potential of importing technology, expertise training)
		Infrastructural factors (personnel infrastructure, informational and organisational infrastructure)
		Technological factors (commercialised technology price, technology's complicity and sim- plicity level, technology's devel- opment and improvement level)

 Table 2
 A brief overview of studies on technology commercialisation process

Author(s) and year	Model type used	Factors considered
Shen et al. (2010)	Delphi, AHP and patent co-citation approach (hybrid model)	Technological merit (advancement of technology, innovation of tech- nology, key of technology, propri- ety of technology)
		Generics of technology (techno- logical connections, technological extendibility)
		Business effect (potential return on investment, current market share effect, new market potential, mar- ket size potential, technology timing)
		Technology development potential (technical resources availability, equipment support, opportunity for technical success)
		Risk (technical risk, technical dif- ficulties, commercial risk)
Amadi-Echendu	Delphi	Finance-related issues
and Rosetlola		Marketing strategy issues
(2011)		Intellectual property issues
		Commercialisation environment issues
		Technology management issues
		Innovation development issues
Borzouei et al. (2011)	Kaiser-Meyer-Olkin (KMO) and Bartlett's test and Kaiser criterion for factor analysis	Infrastructural factors (government investment interest, support for researchers, motivation for pro- ducers, etc.)
		Economic factors (budget provi- sion, income security improve- ment, dynamic market existence, etc.)
		Cultural factors (creating consumer belief, nano-awareness creation, etc.)
		Informative factors (private sector investment in nanotechnology, media attention, social culture cre- ation), financial factors (research budget)
		Provision, research organisations' finance system
Lo et al. (2012)	Importance-performance analysis	Compatibility
· · · /		Complexity Relative advantage
		Relative auvaitage

Table 2 (continued)

Author(s) and year	Model type used	Factors considered
		Trialability
		Observability
		Brand
		Price
		Country-of-origin effects
		Quality
Lee et al. (2013)	Literature and logistic and Tobit	Field of technology
	regression models	(nanoequipment, nanomaterials,
		nano-devices and nano-bios)
		Feature of technology (conver-
		gence between nanotechnology
		and other emerging technologies
		like information and communica-
		toxicity and energy and environ-
		mental relevance)
		R&D strategy (R&D intensity.
		explorative/exploitative R&D,
		government R&D support and
		research partnership with
		universities)
		Feature of organisation (size, age)
Lan and Sheng	Delphi and fuzzy AHP	Personal factors (gender and age,
(2014)		education, income, level of con-
		sumption, awareness, stakenoiders
		Environment factors (cultural
		value, government environmental
		protection policy, government
		subsidy measures, economic
		circumstances)
Mohannak and	Delphi and mean, standard deviation	Technological readiness (technol-
Samtani (2014)	and inter-rater agreement (IRA)	ogy stage of development, possible
		replicability, technological nature
		and sophistication, proof of appli-
		other technologies, prototype
		availability, technical feasibility.
		uniqueness of technology, potential
		for further development)
		Economical and market factors
		(growth contribution, market
		needs, financial risk, market
		impact, time to market, level of
		competition, potential for attracting
		required resources)

Table 2 (continued)

Author(s) and year	Model type used	Factors considered
		Social benefits (employment provi- sion, knowledge spillover, social networks, environmental impact, brand creation, cost advantage to users)
		Legal and regulatory (exclusive patent, protection of IP rights, open innovation, new areas of applica- tion, need for complimentary technologies)
Hassanali and Zahra (2015)	Delphi and AHP	Environmental factors (govern- ment legislation, legal/regulatory, government support)
		Marketing factors (customer need, advert, pricing policy, competition strategy)
		Technology factors (R&D capabil- ities, market oriented, timely innovative)
		Management factors (management, management skill, management acceptance)
Kamolkittiwong and Phruksaphanrat (2015)	Delphi and AHP	External factors (suppliers, regula- tion, consumer/market, competi- tors, social/stakeholder)
		Internal/organisational factors (organisation strategy, top man- agement support, reverse logistics, economic benefits)
Koç and Burhan (2015)	АНР	Environmental factors (land mass and security, transportation, cli- mate, urbanisation rate)
		Cost of investment
		Sectoral factors (customer poten- tial, market proximity, warehouse proximity, regional commercial activity, possible competitors)
		Human resource potential
		Regional potential (facilities avail- able in the region, automobile insurance rate)
Kumar et al. (2015)	Delphi and AHP	Marketing benefits and forces (new areas' penetration, use of existing customers, end users' support, market demand, competition, timing judgement)

Table 2 (continued)

Author(s) and year	Model type used	Factors considered
		Technical features (scientific changes, suppliers' technical strength, local suitability of tech- nology, compatibility, functional- ity, reliability, trialability, observability)
		Regulatory concerns (government authorities, environmental con- cerns, international bodies)
		Management strategic issues (stra- tegic implications, training and development, human resources, commitment)

Table 2 (continued)

Adapted by the Researcher

Though this is a most rewarding form of new product development, successful commercialisation is risky as there exists a considerable uncertainty in characterising the type of consumer needs that can be satisfied by a new technology (Ziamou 2002). Kim et al. (2010) identified three issues serving as potential barriers to successful commercialisation of nano-products, and they are presented below:

- The need for extensive research on basic discipline. Hobson (2009) and Kim et al. (2010) argued that many fields and subareas of nanotechnology require more critical scientific investigations to be launched into the consuming markets which require more interdisciplinary collaboration disciplines.
- The challenge of large investments against start-ups and micro, small and medium enterprises who operate on limited financial resources. According to Kim et al. (2010), this may continue to be a big hurdle in developing countries.
- Public acceptance of nanotechnology products due to issues like toxic effects and safety. This vague concern is however based on limited knowledge and lack of sufficient and accurate information on the subject of toxicity and safety.

A functional input-output model on technology commercialisation process was proposed by Luthra et al. 2015a, b and depicted in Fig. 6.

While the factors considered in Table 2 are relevant to new technologies, several are essentially critical for commercialisation of applications of ENMs. The critical factors were summarised and categorised into ten factors. Each of these factors was further classified into various corresponding sub-factors as depicted in Table 3. Meanwhile, even for the best managed business organisations, the effective transition of scientific and technological ideas from the research laboratory to the consumer through the operational and transformational processes of production, marketing and sales has over time proven to be an arduous task. Hence, there is essential and sufficient need to identify the critical factors and develop theories for effective and efficient commercialisation of products from ENMs' applications.



Fig. 6 Modified input-output model on technology commercialisation process. (Adapted by the Researcher from Luthra et al. 2015a, b)

These critical factors are referred to as key factors or facilitators necessary for any organisation to be successful. To this end, this chapter has been able to present main critical factors essential for effective and efficient commercialisation of ENMs' applications.

6 Business Model for NEMs' Application

Scholars of technology commercialisation and operational research experts (e.g. Hernandez and Bennison 2000; Kuo et al. 2002; Priya and Venkatesh 2012) proposed models that need to be considered for the effective commercialisation of ENMs. Two analytical techniques have been identified in extant literature to cover a large number and wide scope of organisational decision-making for quality control and commercialisation of technologically processed materials (Hernandez and Bennison 2000; Kuo et al. 2002; Priya and Venkatesh 2012). These are as illustrated in Fig. 7.

Conventional or analogue-based approaches only provide the algorithm for the commercialisation decision, but not the relationship between the critical factors for commercialisation decision-making. An example is the checklist methods. *Statistical approaches*, on the other hand, the Delphi method, are able to provide a step-by-step procedure for the commercialisation decision and likewise identify the

Factor 1: Technical and technological features of the nano-product
Intersection of nanotechnology with biotechnology
Convergence of nanotechnology with information and communication technology (ICT)
Scientific changes through high level of technological support and technology management effectiveness
Technical abilities of suppliers
Local suitability of nanotechnology based on the country's environmental and socio-economic
state
Technological functionality, trialability and reliability
Factor 2: Economic factors
Cost-effectiveness
Profit margins
Increase in sales turnover
Factor 3: Production factors
Production cost issues
Labour intensity
Factor 4: Informative factors
Publicity through press and media
Private-public partnership
Factor 5: Cultural factors
Researcher-investor constructive collaboration
Awareness and emphasis of national ministry of technology towards nanotechnology
Acculturation with respect to commercialisation of panotechnology
Eactor 6: Social banefite
Enhancement of social infrastructures/network
Employment creation
Product branding and brand recognition
Cost advantages to customers
Eactor 7: Regulatory policies
Patent and legal issues
Covernmental fiscal policy regulations
Grant support and climate control by international community
Easter 9: Markating potentiality and forces
Price suitability for sales' facilitation
Draduat eacthetic and makaging
Product acstitute and packaging
Market potential for and products
Narket potential for end products
Feater 0. Organisation's strategic igness and features
Organisation stratagic implications
Organisational suategic implications
Urganisation's business policies
Demonstration and development support for technical and marketing start
rensonmentesources with generic and specialised hanocommercialisation knowledge

Table 3 Identified critical factors for commercialisation of ENMs' applications

Factor 10: Health and safety	
Public opinion about toxic issue	
Safety issue	



relationship between the critical factors for commercialisation decision-making. The deficiency of these approaches is resolved by using the operational research techniques. An *operational research technique* is the analytical hierarchy process (AHP). This process effectively helps the organisation in commercialisation decision-making through the prioritisation of the available decision factors. As a result of this limitation of the conventional approaches, the modelling-based approaches could be adopted; while the Delphi method is used to identify the weight coefficients of the evaluation factors, the AHP is an optimal approach to identify the collection of the weights for priority scaling.

Meanwhile, the Delphi method (DM) and AHP have their strengths and weaknesses (Ho and Wang 2002). Identifying the strengths and weaknesses, Yousuf (2007) elucidated that DM is sufficient for gathering data for a wide and complex problem with a history of insufficient information. He further identified that the methods of summarising and presenting the responses are rather necessitous.

The AHP has the following strengths and weaknesses:

- *Strength 1:* The advantages of AHP over other multifactor methods are its flexibility, intuitive appeal to the decision-makers and its ability to check inconsistencies (Ramanathan 2001). Generally, users find the pairwise comparison form of data input straightforward and convenient.
- *Strength 2:* The AHP method has the distinct advantage that it decomposes a decision problem into its constituent parts and builds hierarchies of factors. Here, the importance of each element becomes clear (Macharis et al. 2004).
- Strength 3: AHP helps to capture both subjective and objective evaluation measures. While providing a useful mechanism for checking the consistency of the

evaluation measures and alternatives, AHP reduces bias in decision-making (Parcon 2006:98).

- *Strength 4:* The AHP method supports group decision-making through consensus by calculating the geometric mean of the individual pairwise comparisons (Zahir 1999).
- *Strength 5:* AHP is uniquely positioned to help model situations of uncertainty and risk since it is capable of deriving scales where measures ordinarily do not exist (Millet and Wedley 2002).
- *Weakness 1:* AHP can be considered as a complete aggregation method of the additive type. The problem with such aggregation is that compensation between good scores on some factors and bad scores on other factors can occur. Detailed, and often important, information can be lost by such aggregation (Levi-Jakšić and Rakoćevićm 2012).
- *Weakness 2:* With AHP the decision problem is decomposed into a number of subsystems, within which and between which a substantial number of pairwise comparisons need to be completed. This approach has the disadvantage of the number of pairwise comparisons to be made and thus becomes a lengthy task (Macharis et al. 2004).
- *Weakness 3:* Another important disadvantage of the AHP method is the artificial limitation of the use of the 9-point scale. Sometimes, the decision-maker might find it difficult to distinguish among them and which is more important than another (Levi-Jakšić and Rakoćevićm 2012).

Despite the several weaknesses of these methodologies, they have been popularly used in many applications of the public and private sectors. Meanwhile, triangular fuzzy numbers may be introduced into the Delphi method and analytical hierarchy process to address these limitations. Triangular fuzzy numbers are known to eliminate the bottlenecks of ambiguities and uncertainties associated with biasness in the judgements of the experts. The fuzzy Delphi method (FDM) combines the traditional Delphi method and the fuzzy theory and can be used to gather useful and relevant variables from opinions of experts for the purpose of being integrated in decisionmaking process (Detcharat et al. 2013). Kahraman (2008) posits that fuzzy logic is essential in approaching multifactor decision-making problems with often intrinsic vague, imprecise or fuzzy data in cases of real-life decision-making situations. Empirically providing an approach towards technology selection, Hsu et al. (2010) reported that the FDM was christened by Murray et al. (1985) by conceptualising the combination of the fuzzy set theory and the Delphi method in an attempt to resolve some linguistic ambiguity in opinions and judgements of the experts interviewed. These analytical methods applied in future study will seek to resolve all forms of inexactness encountered in the responses of experts in the process of data collection.

The FDM was proposed by Ishikawa, Amagasa et al. (1993). It is an analytical method based on the Delphi method and fuzzy theory. It is a type of collective decision-making method (Linstone and Turoff 2002), with several rounds of anonymous written questionnaire surveys conducted to ask for experts' opinion. The goal of FDM is to achieve a forecast without influence (Jeremy et al. 2003). It possesses the following properties: anonymity, feedback, statistical and convergence (Ho and Wang 2002). In order to integrate decision-makers' opinion with technology evaluation factors, the fuzzy Delphi method is an effective, economical tool (Ishikawa et al. 1993). Noorderhaben (1995) in Hsu et al. (2010) indicated that applying the fuzzy Delphi method to group decision can solve the fuzziness of common understanding of expert opinions. Future study could therefore apply the fuzzy Delphi method to the selection process of system variables to increase the confidence of the model.

Lan and Sheng (2014) identified the fuzzy analytic hierarchy process (FAHP) and adopted it in analysing the relative weight and ranking of the crucial factors influencing the consumers' purchase The authors aimed at making up for the insufficiency of former research which had scantly been researched by a few savants in a study that could be used as a reference for governmental policies for marketing strategy. Lan and Sheng (2014) gave consecutive accounts of the algorithms of the FAHP as variously reported by Van Laarhoven and Pedrycz (1983), Buckley (1985) and Csutora and Buckley (2001). Lan and Sheng (2014) reported as stating the concept of fuzzy in AHP to solve the values in the pairwise comparison matrix (Van Laarhoven and Pedrycz 1983); geometric mean is adopted to integrate the experts' opinions for precise and consistent factor judgement in the buildup of the fuzzy positive reciprocal matrix (Buckley 1985), and the λ_{max} method is applicable in calculating the fuzzy weights (Csutora and Buckley 2001). The FAHP is used to solve the values in the pairwise comparison matrix obtained which are essential for a large number and wide scope of organisational decision-making for quality control and commercialisation of technologically processed materials for food packaging.

7 Model Development for Nanotechnology Commercialisation

There is need for an improved understanding and applications of nanotechnology commercialisation models for successful transfer of NEMs. This is true for every emerging technology. Oriented towards solving real-life problems, modelling has been seen by Will et al. (2002) as the basis for most of the early researches in the management of operations. The word 'modelling' comes from the Latin word *modellus* (Schichl 2004). Through the process of modelling, scientists represent ideas about the real world to one another and then simultaneously make changes to these depictions over time in response to new evidence and understandings (Cummins 2007).

Schichl (2004) describes a model as a simplified version of something that is real with its functions illustrated to include explaining a phenomenon, making predictions, decision-making and communication. According to the USEPA (2009), models are used for the purpose of data analyses which are based on the scientific understanding of physical and chemical processes by providing a structure for



Fig. 8 A typical linear model. [Adapted by the Researcher from Mahdjoubi (1997)]



Fig. 9 TAPM/MPAT framework of the first- and second-generation linear models. [Adapted by the Researcher from Amadi-Echendu and Rosetlola (2011)]

understanding a task's behaviour and predicting the effects of actions taken. They are categorised into quantitative and qualitative models.

Being a non-irrational knowledge-generation approach, quantitative model-based research is structured so that the model developed is (partly) a function of the behaviour of real-life operational processes (Meredith et al. 1989). These are also structured to (partly) include decisional problems in real-life operational processes being faced by decision-makers (Will et al. 2002). Observably, quantitative model explains the nature of the causal relationship between the dependent variable and the independent variable. Hence, through this event, it is possible to make observational explanations and also forecast the future state of the modelled processes. This is supported by Will et al. (2002). These categories of models have their relevance and possible contributions in the statistical methods for the development, manipulation and commercialisation of carbon nanotubes. Meanwhile, the work of Amadi-Echendu and Rosetlola (2011) on these discourses provides the point of departure for this section.

Amadi-Echendu and Rosetlola (2011) confirmed that a number of commercialisation models were reported and critiqued in Rosa and Rose (2007). They gave a summary heuristically as linear models and functional models. The linear model, according to Mahdjoubi (1997), is a R&D model also referred to as the assembly-line model, bucket model, ladder model or pipeline model. Figure 8 presents the process from research to product sales as the innovation pipeline to commercialisation success. The linear model identifies development, production and marketing activities as intermediaries between research and product sales.

Stefanovska et al. (2016) categorised the linear model into the first generation of innovation models (technology push) and the second generation of innovation models (market pull). Amadi-Echendu and John (2008) hypothesised model frameworks for the two generations of innovation models, which are illustrated in Fig. 9.

Unfortunately the current days' reality for technology commercialisation does not support the linear models as both lack the feedback loops. Rothwell (1992) and Marinova and Phillimore (2003) presented six generations of innovation models. According to Stefanovska et al. (2016), the last four generations are the functionally integrated innovation models which are supplemented by several feedback loops. The functional models are non-linear models which are the current days' reality for emerging technology commercialisation process. Zuniga and Correa (2013) iterated that there are feedback loops at every stage throughout the process of emerging technology commercialisation which are necessary for quality control.

Corroborating Zuniga and Correa (2013) on the need for feedback loops for quality control in an invention-commercialisation process, Stefanovska et al. (2016) suggested that consumers' feedback is an essential element of any technology innovation. This discovery by Zuniga and Correa (2013) reveals that feedback is essential for the purpose of quality control of the commercialisation process engineered materials from nanotechnology.

Meanwhile, Aithal and Aithal (2016) remarked that commercialisation of nanotechnology from the research stage to profitable material and product is highly risky at the 'Valley of Death' point of commercialisation. Comparing nanotechnology with other emerging technologies, Craig et al. (2013) confirmed that the reasons for this high risk are related to the product focus, product development and market engagement. The 'Valley of Death' point of commercialisation, as indicated in Fig. 10, is a phrase that is used to illustrate the gap between academic-based innovations and their commercial applications within the marketplace.

The articulation of the identified critical factors is necessary for successful commercialisation of engineered nanomaterials in bridging this 'Valley of Death' for improved nanotechnology commercialisation process.

8 Conclusion

The chapter presented salient and critical factors that could be considered in the management decision-making of commercialisation of applications on emerging technology, particularly essential elements for the successful commercialisation of engineered nanomaterials. It focused on bridging the link between the innovation, development and the markets in the commercialisation of food packaging products from bio-nanocomposites. It is expected that, within a global market, a thorough understanding and adoption of these identified factors for successful commercialisation of active packaging technologies will yield system-based solution.



Source: World Coal Institude, "Coal Meeting the Climate Challenge", September 2007

Fig. 10 'Valley of Death' point of commercialisation. (Amadi-Echendu and Rosetlola 2011)

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Environment-Friendly Biopolymers for Food Packaging: Starch, Protein, and Poly-lactic Acid (PLA)



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Abstract Currently, petroleum-based plastics are widely used for food packaging in all over the world. Due to their environmental pollution problems, most of the researchers are interested to replace the petroleum-based plastics with environment-friendly biodegradable polymers for packaging materials, in which biodegradable packaging materials based on starch, protein, and poly-lactic acid (PLA) have been produced for packaging of food and medicine. However, these materials are weaker than petroleum-based plastics in using as packaging materials. In order to produce strong packaging materials, these bio-based materials are composed of biopolymers and synthetic polymers. They are already commercialized mainly for single-use disposal packaging applications such as bottles, cold drink cups, thermoformed trays and lid containers, blister packages, overwrap as well as flexible films. Therefore, this chapter focuses on production of starch, protein, and PLA; production and characterization of composite materials based on starch, protein, and/or PLA; preparation of packaging materials using composite materials based on starch, protein, and/or PLA; advantage and disadvantage of these packaging materials used in food packaging; commercial usage of packaging materials; and environmental impact of these packaging materials.

Keywords Food packing \cdot Starch packaging \cdot Protein packaging \cdot PLA packaging \cdot Composite

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1 Introduction

Today, petroleum-based polymers like polyethylene (PE), polypropylene (PP), polystyrene (PS), etc. have been widely used in many areas such as packaging, decoration, production of automobile parts, and others. These plastics have excellent long-life properties and take years to degrade under normal condition because they are highly resistant to natural process including microbial and enzymatic reactions and also chemical reactions. Currently these disposal plastics materials are destroyed using burning or landfilling process. Burning of these plastics releases toxic gases like dioxins, furans, mercury, and polychlorinated biphenyl in the atmosphere (Verma et al. 2016). Landfill is not also the suitable process for these problems. Therefore, plastic problems are now the hot issues in our world. As the population is increasing year by year, the food and its packaging materials become one of the environmental concerns. To maintain the environmental safety, the demand for the sustainability has increased. In order to solve these problems, packing for the food made from biopolymer (renewable and biodegradable source) has now been of interest (Fahma et al. 2017; Malathi et al. 2014; Ferreira et al. 2016). The general cycle of bio-based packaging is shown in Fig. 1.

Biopolymers such as protein, carbohydrate, etc. are the long-chain molecules derived from plants and animals. Biopolymers are ensuring biodegradability and biocompatibility and provide the opportunities to eco-friendly usage (Muller et al. 2017; Othman 2014; Hu 2014). Nowadays, biopolymers such as starch, protein, cellulose, chitosan, PLA, and their derivatives are used in food packaging. These biopolymers are used as edible film or coating on the food with the aim of reducing the loss of moisture, prevention of oxidation, decreasing the migration of lipids, and so on (Bourtoom 2009; Pawar and Purwar 2013).



Fig. 1 General cycle of bio-based packaging. (Idea got from Muller et al. 2017)

2 Biopolymers: Starch, Protein, and Poly-lactic Acid (PLA)

2.1 Starch

Starch is composed of D-glucose units linked with α -(1,4')-glycosidic bonds and branched α -(1,6')-glycosidic bonds. Depending on the sources, starch consists of 10–30% amylose (D-glucose units linked with α -(1,4')-glycosidic bonds) and 70–90% amylopectin (D-glucose units linked with α -(1,4')-glycosidic bonds and α -(1,6')-glycosidic bonds). Starch is one of the most abundant biopolymers, which can be naturally found in tuber like potato; cereal seed like corn, rice and wheat; and root like cassava (tapioca) (Murgić et al. 2015; Nwe 2015).

The production of starch powder is shown in the Fig. 2.

Starch has the film-forming properties and is commonly produced by casting or extrusion (Vartiainen et al. 2014). The film strength depends on amylose content and amylopectin generally contributes to film with low mechanical properties (Ezeoha and Ezenwanne 2013). The large amylose content provides the better mechanical properties when there is no plasticizer. However, when plasticizer is used, the high amylopectin is favorable since it is more reactive and has larger plasticity (Lourdin et al. 1990, and 1995 cited in Vilpoux and Avérous 2004). As starch is widely available and low cost, starch-based biomaterials have received great attention. However, starch-based biomaterial has poor moisture barrier and mechanical properties compared with synthetic polymer, so they become drawbacks in food packaging (Avella et al. 2005). In order to improve properties of starch film, bio-composite films have been investigated.

2.2 Protein

Protein is made up of linear repeating units called amino acids linked together by the peptide bonds. There are 22 amino acids (selenocysteine and pyrrolysine with 20 standard amino acids) that can be found in protein (Ambrogelly et al. 2007).



Fig. 2 The production of starch powder. (Nwe 2015)
Protein has been produced by the fermentation or chemical synthesis (Aung et al. 2017). Consequently, proteins obtained from different sources have different physicochemical properties. Proteins are naturally in globular form like wheat gluten and corn zein or fibrous form like casein and gelatin (Wittaya 2012; Lacroix and Vu 2014; Coltelli et al. 2015). Proteins for making film and coating can be obtained from both animals (like casein and whey from milk protein) and plants (like corn zein protein and soy protein) (Dangaran et al. 2009).

Protein films are generally better than polysaccharide film in mechanical and barrier properties and also provide higher nutritional value (Cuq et al. 1998; and Khwaldia et al. 2004 cited in Zink et al. 2016). There are still limitations in packaging with protein (film or coating) such as low water vapor barrier due to being hydrophilic in nature and poor mechanical properties compared with synthetic polymers (Bourtoom 2009; Wittaya 2012).

2.3 Poly-lactic Acid (PLA)

Lactic acid has a formula of $C_3H_6O_3$. Lactic acid can be obtained from the microbial fermentation of carbohydrate or chemical synthesis from the petrochemical. Lactic acid has stereoisomers of L(+) and D(-) lactic acid. The suitable microbe should be used to produce only one of isomers, L-lactic acid or D-lactic acid. Racemic mixture of lactic acid can be obtained from the chemical synthesis (Wee et al. 2006; Avinc and Khoddami 2009; Vuković-Kwiatkowska and Kaczmarek 2014).

PLA is aliphatic polyester of lactic acid (2-hydroxypropanoic). PLA is the synthetic polymer because it is not directly got from the nature but synthesized from the renewable monomer, lactic acid. There are many ways to obtain PLA from lactic acid. The three main methods are (1) direct condensation of D-lactic acid and/or L-lactic acid, (2) azeotropic dehydration polymerization, and (3) ring opening polymerization of lactide. PLA can have three different structures – (1) poly (D-lactide) (PDLA), (2) poly(L-lactide) (PLLA), and (3) poly(D, L-lactide) (PDLLA) – and have different properties (Byun and Kim 2014; Avérous 2008; Pawar and Purwar 2013; Hu 2014).

Production of PLA is shown in Fig. 3.

PLA has film-forming properties. Extrusion is the most common technique used for the casting of PLA film. PLA-based materials are usually brittle and rigid so that plasticizer is added in order to enhance their mechanical properties (Muller et al. 2017).

General structure and composition of starch, protein, and PLA are summarized in Table 1.



Fig. 3 The production of PLA. (From Avérous 2008; Avinc and Khoddami 2009)

3 Packaging Materials Using Starch, Protein, and Polylactic Acid (PLA) and Their Composites

Biopolymers have been produced from various natural sources and have been used as substitution of non-biodegradable plastics (petroleum-based plastics) in order to make more sustainable image which is renewable, rapidly degrades, and reduces the waste in environment (Vartiainen et al. 2014; Othman 2014; Borges et al. 2015). When used in food packaging, biopolymer films have some benefits to improve the quality and to extend the shelf life of the food products in food packaging. However, there are limitations of biopolymers because of their low mechanical properties and poor water vapor barrier properties. Therefore, many researches have been done to improve the mechanical, thermal, and physical properties of these biopolymers by combining with other materials and producing the composite (Rhim and Kim 2014).

Starch, protein, and PLA can themselves be used in production of food packaging material. However, due to their low properties, plasticizer is added to increase the elongation and elastic modulus as has plasticity effect (Said et al. 2016).

The packaging material formed from the starch, protein, PLA, and their composite is shown in Table 2.

4 Advantages and Disadvantages of Packaging Food Products with Packaging Materials Using Biopolymers

Packaging materials from starch, protein, and poly-lactic acid (PLA) and their composite have been used for packaging of fruits, vegetables, meats, and seafoods. They prevent the food products from oxidation, extend shelf life, and improve the quality of food. However, due to their low mechanical properties, there are some disadvantages in comparison with the packaging materials using synthetic polymers. Different properties are shown by the same packaging material when the packaging product is changed (Talens et al. 2010). Their advantages and disadvantages of packaging food products with materials using biopolymers are shown in Table 3.

Biopolymer	Source	Compositions	References	
Starch	Cassava	19–22% amylose	Cuq et al. (1997), Pérez et al.,	
		28-81% amylopectin	and Gutierrez et al. cited in	
			García et al. (2015)	
	Potato	17–24% amylose	Cuq et al. (1997) cited in	
		76–83% amylopectin	García et al. (2015)	
	Rice	15–35% amylose		
		65–85% amylopectin		
	Wheat	20–25% amylose		
		75-80% amylopectin		
	Corn	17–25% amylose	Cuq et al. (1997) and Sandhu	
		75–83% amylopectin	et al. (2007) cited in García et al. (2015)	
Protein	Milk protein	Compose of casein and whey proteins	Wittaya (2012) and Lacroix and Vu (2014)	
	Whey	Contain five main parts:	Nwe (2015) and Lacroix and	
	protein	α -lactalbumin, β -lactoglobulin,	Vu (2014)	
		bovine serum albumin (BSA), immu-		
		noglobulin, proteose peptone		
	Casein	Consist of three main components	Khwaldia et al. (2004)	
		form micelles which are stabilized by		
		calcium-phosphate bridging		
	Collagen	Fibrous and structural protein in ani-	Alizadeh and Behfar (2013)	
		mal tissue	and Hames and Hooper (2011)	
		Main amino acids: glycine, proline, hydroxyproline, and alanine		
		Collagen contains a repeating		
		which X is often Pro and X is often		
		Hvp		
	Gelatin	Partial hydrolysis of native collagen	Nwe et al. (2010)	
	Wheat	Compose of two water-insoluble pro-	Wittaya (2012). Lacroix and	
	gluten	teins: gliadins (low molecular weight)	Vu (2014) , and Šuput et al.	
	Ĩ	and glutenin (high molecular weight)	(2015)	
PLA		Polymers of lactic acid		

Table 1 Structure and composition of starch, protein, and PLA

5 Commercial Production of Biopolymer-Based Packaging Material Using Starch, Protein, and Poly-lactic Acid (PLA)

Packaging materials based on starch, protein, and PLA have been produced commercially. Some of the products and their trade names are shown in Table 4.

Table 2 Packaging materials us	sing starch, pro	otein, poly-lactic acid (PLA), and their	composites		
Biomaterials	Plasticizers	Processes	Packaging material	Properties	References
Cassava starch	Glycerol	1. Mix 12% moisture cassava	Film	Tensile strength is 24.87 N/mm ²	Ezeoha and
		starch, polyvinyl alcohol, talc			Ezenwanne (2013)
		2. Add glycerol			
		3. Stir to semi-dry powder			
		4. Extrude with blown film			
		extruder			
Cornstarch	Glycerol	1. Prepare 4% w/v starch solution	Film	Low WVP and O ₂ P	Aghazadeh et al.
		with distilled water		~0.89 MPa tensile strength,	(2017)
				~53.52% elongation at break	
Rice starch		2. Heat to 80 °C for 30 min by		Low WVP and O ₂ P	
		stirring		~0.278 MPa tensile strength,	
				\sim 141.16% elongation at break	
Wheat starch		3. Add glycerol to make 2% w/v		Low WVP and O ₂ P	
		during stirring		~0.84 MPa tensile strength,	
		4. Pour on plastic plate		~86.494% elongation at break	
		Dry in oven at 60 °C for 20 h			
Starch	Glycerol	1. Prepare 4% w/v starch solution	Coating		Aghazadeh et al.
		with distilled water	solution		(2017)
		2. Heat to $80 \degree C$ for 30 min by			
		stirring			
		Add glycerol to make 2% w/v			
		during stirring			
Starch-chitosan	Glycerol	1. Prepare 1% w/v chitosan	Coating		Aghazadeh et al.
		solution	solution		(2017)
					(continued)

Table 2 (continued)					
Biomaterials	Plasticizers	Processes	Packaging material	Properties	References
		2. Stir with a magnetic stirrer for 24 h			
		3. Add equal volume starch solution	1		
		Stir with a magnetic stirrer for 10 min			
Starch-chitosan	Glycerol (30%	1. Prepare 4% starch gelatinous solution at 90 °C for 10 min	Film	Decrease WVP, moisture absorp- tion, and solubility, and increase	Sayyahi et al. (2017)
	weight of	2. Cool to 50 °C		tensile strength with increasing	
	starch)	3. Add glycerol, chitosan solution, and rosemary oil		chitosan and rosemary oil contents' antimicrobial activity	
		4. Homogenize for 2 min at			
		120000 rpm			
		Cast and dry at 50 $^{\circ}$ C for 20 h			
LDPE-tapioca		1. Add LDPE to high-speed mixer at 30 rev/min	Film	Increasing tapioca, decreasing strength and stiffness, but increas-	Ali et al. (2013)
		2. Add glycerol, maleic		ing ductility	
		anhydrate, stearic acid, and wax,			
		and mux for 10 min for each material added			
		Inject into twin-screw extruder at			
What motain		1 Dramara 1006 (m/m) W/DI mith	DET 61m		Müllar at al
		deionized water	coating		(2017)
		2. Homogenize in electric stirrer			
		for 30 min at 200 rpm at room			
		temperature			
		3. Heat at 90 °C for 30 min at			
		200 rpm			

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7. Place in ultrasonic bath for 15 min 8. Coat on PET film (for nanosuspensions, rpm and time must be increased)	y gluten-methylcellulose25% wtCasting methodFilmWater vapor permeabilityZuo et al. (2009)ry blend filmglycerolPressile strength 1.7-44 MPacited in Gupta andrtin-chitosanBlendingFilmWater insolubleTanabe et al.	agen 80% 1. Prepare 10% collagen solution Film ~ 5.265 MPa tensile strength, Said et al. (2016) 2. Heat in water bath at 70 °C for $\sim 64.307\%$ elongation at break, water vapor transmission rate unit stirring 1.170 g.H ₂ O.m ⁻² .h ⁻¹	(continued)
ey gluten-methylcellulose 25% wt Casting method Film Water vapor permeability Zuo et al. (2009) ury blend film glycerol Tensile strength 1.7–44 MPa cited in Gupta and Nayak (2014)	trin-chitosan Blending Film Water insoluble Tanabe et al.	$\begin{array}{ c c c c c c c c c c c c c c c c c c c$	tin-PEO blendBlendingFilmStress at break 6 MPaTonin et al. (2007)agenGlycerol1. Pour aqueous solution of fishFilmStrain at break 46.3 MPaTonin et al. (2007)agenGlycerol1. Pour aqueous solution of fishFilmAirain at break 46.3 MPaTonin et al. (2014)agenGlycerol1. Pour aqueous solution of fishFilmAirain at break 46.3 MPaNayak (2014)agenGlycerol1. Pour aqueous solution of fishFilmAirain at break 46.3 MPaAiradeh andagenS0%1. Prepare 10% collagen solutionFilm ~ 5.265 MPa tensile strength,Said et al. (2013)agen80%1. Prepare 10% collagen solutionFilm ~ 5.265 MPa tensile strength,Said et al. (2016)agenglycerol2. Heat in water bath at 70 °C for glycerol $\sim 41.307\%$ elongation at break, water vapor transmission rateSaid et al. (2016)
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	(nanofiber)Strong and flexible(2002) cited in Gupta and NayakSoftness judgingCantanicrobial activity(2014)Tensile strength 27–34 MPa4–9% ultimate elongation		agen 80% 1. Prepare 10% collagen solutionFilm~5.265 MPa tensile strength,Said et al. (2016)glycerol2. Heat in water bath at 70 °C for 45 min with stirring $\sim 64.307\%$ elongation at break, water vapor transmission rateSaid et al. (2016)

Table 2 (continued)					
Biomaterials	Plasticizers	Processes	Packaging material	Properties	References
		3. Pour on the cast in hot condition			
	90%	1.Dry in oven at 55 $^\circ C$ for 18–20 h		\sim 2.586 MPa tensile strength,	
	glycerol			~69.619% elongation at break,	
				water vapor transmission rate 0.387 g.H ₂ O.m ⁻² .h ⁻¹	
	100%			\sim 2.277 MPa tensile strength,	
	glycerol			~75.037% elongation at break,	
				water vapor transmission rate $1.247 \text{ g.H}_2\text{O.m}^{-2}.\text{h}^{-1}$	
Collagen-alginate (glutaralde-		1. Prepare 6.25% of sodium CMC	Film	\sim 75 kPa tensile strength, 76%	Yang et al. (2014)
hyde as cross-linking agent,		transparent gel with water by		elongation at break (at 0.3 g	
glycerol as humectant)		stirring		alginate	
		2. Prepare 25% starch paste with			
		water by heat at $70 \circ C$ for 4 min			
		3. Prepare 4% collagen (with			
		water, glutaraldehyde, and			
		glycerol)			
		4. Mix with 6.25% sodium CMC			
		transparent gel and 25% starch			
		paste			
		5. Stir at 40 °C to homogenize			
		6. Add sodium alginate			
		7. Stir 15 min			
		8. Pour on a template			
		Freeze-dry for 24 h			
Gelatin		1. Prepare 50 wt% gelatin solution	Fiber	Soluble in water within 1 day	Chaochai et al.
		with water			(2016)

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		 Squeeze out the solution through nozzle under slight pressure Roll up fiber at constant speed by windum roller 			
		Retain fiber on windup roller for 24 h			
Gelatin (formaldehyde as reticulant agent)	4.5% w/w glycerol	1. Dissolve 10% w/w gelatin in distilled water at 50 °C 15 min with shaking bath	Film	Decrease WVP and solubility	Carvalho and Grosso (2006)
		2. Add reticulant agent		Increase in tensile strength	
Gelatin (glyoxal as reticulant		3. Shake at 50 °C 15 min		Decrease WVP and solubility	
agent)		4. Cast the obtained filmogenic solution			
		Dry at room temperature for 24-48 h			
Gelatin-chitosan	Sorbitol	Low-temperature process		Tensile strength 130 MPa	Lacroix and Vu
		High-temperature process		Tensile strength 34.4 MPa	(2014)
				44.7% elongation	
Lignin-gelatin	0.6% w/v	1. Dissolve 4% w/v gelatin powder	Film	Partially soluble in water after 24 h	Aadil et al. (2016)
	glycerol	in Millipore, deionize water at 60 °C for 30 min		at 25 °C	
		2. Stir at 60 $^{\circ}$ C for 1 h		Excellent UV light barrier at range of 280–350 nm	
		3. Cast the obtained filmogenic solution		Good antioxidant activity	
		Dry in oven at 60 °C for 2 h		Flexible, stable, and eco-friendly	
Peanut protein		1. Add D.W to make 3% protein content	Film		Jangchud and Chinnan (1999)
		2. Add 1N NaOH to adjust pH 9.0 during dissolution and stirring			
				•	(continued)

Table 2 (continued)					
Biomaterials	Plasticizers	Processes	Packaging material	Properties	References
		3. Add glycerine ratio 3:5			
		4. Heat to 90 $^{\circ}$ C with stirring			
		5. Filter the solution through			
		polyester screen			
		6. Cool for 10 min			
		Pour on nonstick plate and leave			
		for 16 h			
Soy protein-nanocellulose		1. Mix 10% soy protein gel and 9%	Aerogel		Arboleda et al.
		NFC suspension			(2013)
		2. Stir with spatula			
		3. Cast into plastic mold			
		4. Cool to 13 $^{\circ}$ C for 1 h			
		5. Freeze at -10 °C			
		6. Dry in Edwards Micro			
		Modulyo Freeze Dryer			
		Use cutter to remove protrusion			
Wheat gluten	30%	1. Prepare 7.5% gluten solution	Film	WVP – 2.43 gmm/m ² dkPa	Tanada-Palmu
	glycerol	2. Add glycerol		O ₂ P 2.14 cm ³ μm/m ² dkPa	et al. (2000)
		3. Heat at 75 °C with magnetic		Tensile strength decreased and %	
		stirrer about 10 min (pH adjust to		elongation at break increased with	
		10)		increased water activity	
		4. Centrifuge at 7000 rpm for			
		6 min			
		5. Pour on Teflon-covered granite			
		surface and dry for 20 h			

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Sodium caseinate	Glycerol	1. Dissolve sodium caseinate in distilled water	Coating solution		Shariatifar and Jafarpour (2013)
		2. Add glycerol	-		
		3. Heat and constantly stir at			
		60 °C			
		4. Degas under vacuum			
PLA		Extrusion or casting	Film	Low water vapor permeability but	Muller et al.
				шви охуден реннеаонну	(1107)
Untreated GSP-PLA		1.1. Dissolve GSP and PLA in	Fiber	Tensile strength -0.855 MPa at 5%	Adeosun et al.
		dichloromethane		wt filler	(2016)
				Absorption is high	
Treated GSP-PLA		2. Fiber spinning (rate of flow is		Best water resistance at 7% wt filler	
		1 mL/min)		Tensile strength -0.7 MPa at 3%	
				wt filler	
PLA-starch film		Blending	Film	Good barrier capacity for water	Muller et al.
		Combination (multilayer)		vapor and gases	(2017)
PLA-PHB blends		Blending	Fiber	Antioxidant and antimicrobial	Arrieta et al.
		Electrospinning technique		activity to extend a food product's shelf life	(2017)
PLA-PCL blend		Casting methods	Film	Antimicrobial activity	Muller et al.
					(2017)
CMC carboxymethylcellulose, G	SP groundnu	t shell particle, LDPE low-density pol-	lyethylene, NF	C nanofibrillar cellulose, O_2P oxyge	n permeability, PCL
polycaprolactone, PEO poly(eth) WVP water vapor permeability	ylene oxide), <i>l</i>	PET polyethylene terephthalate, PHB p	oly(hydroxybı	utyrate), SPI soy protein isolate, WPI	whey protein isolate,

Packaging				
materials	Food products	Advantages	Disadvantages	Reference
Potato starch	Guavas	Increase shelf life at least 3 days at 25 °C and 50–70% RH		Gallo et al. (2003)
		Increase preserva- tion of the sensorial characteristic (size, yellow, color, and aroma) for 15 days		
Cassava starch	Strawberries	No significant effect on soluble solid, titratable acidity, pH, and color of strawberries	Coating with potas- sium sorbate reduces shelf life because of micro- bial spoilage	Garcia et al. (2012)
		Reduce the respi- ration rate		
		Delay weight and firmness loss		
Yam starch	Cherry tomato	Promote stability for loss in mass, soluble solid, titrat- able acidity ratio, phenolic com- pounds, antioxidant activity, lycopene content		Reis et al. (2015)
Cornstarch- beeswax	Raspberry	Decrease respiration rate	Indicate hypoxic condition which can	Pérez- Gallardo
		Permit the preser- vation of color without affecting anthocyanin content	affect shelf life quality attributes in cold storage	et al. (2012)
Cornstarch- methylcellulose- soybean oil	Crackers, low water activity- type cereal food	Resistance to water vapor transmission, extend shelf life		Talens et al. (2010)
Starch-based	Strawberries	Reduce weight loss		García et al.
composite		Maintain surface color		(2001)
		Delay senescence of fruit		
		Show antimicro- bial activities		
		Extend shelf life (10–14 days)		
Yam starch- chitosan coating	Carrot slices	Reduce the growth of microbial		Durango et al. (2006)

Table 3 Advantages and disadvantages of packaging materials in products

(continued)

Packaging materials	Food products	Advantages	Disadvantages	Reference
Starch- <i>N. sativa</i> oil	Pomegranate	Reduced softening of arils, weight loss and % of browning index, loss of vitamin C, loss of anthocyanin and delayed microbial decay; maintain the quality of fruits		Oz and Ulukanli (2012)
Pea starch-whey protein isolate- carnauba wax	Walnuts and pine nuts	Prevent oxidative and hydrolytic ran- cidity at 25 °C storage Improved their smoothness and taste and improved sensory characteristics	Combined film reduced the tensile strength and elon- gation compared with single- component film Coatings imparted unacceptable yel- lowish color on walnuts	Mehyar et al. (2012)
Chitosan-whey protein	Ricotta cheese	Decrease microbial contaminants growth Extend shelf life Lower oxygen and carbon dioxide permeability Delayed titratable acidity development		Pierro et al. (2011)
Whey protein concentrate-rice bran oil	Kiwi fruit	Preserved the total soluble solid mate- rial, color, firmness, taste, and the overall acceptability of the fruits Higher sensory attributes Delay ripening of fruit Slow down the increase of acidity and weight loss		Hassani et al. (2012)
SPI	Cut apples	Show high sensory score	Do not keep appearance	Ghavidel et al. (2013)
Whey protein concentrate			after 2 weeks)	

Table 3 (continued)

(continued)

Packaging				
materials	Food products	Advantages	Disadvantages	Reference
		Show significant effect on keeping texture		
Zein film	Fresh fruits	Reduce moisture, oxygen, and carbon dioxide transmission Reduce loss of firmness and delay color change	Brittle, insoluble in water at pH 7	Wittaya (2012)
Corn zein film	Nuts, fruits, candies, and oxygen- sensitive food	Oxygen and mois- ture barrier		Gupta and Nayak (2014)
	Packaging for tomatoes, cooked tur- key, popcorn, and shell eggs	Resistance to grease and micro- bial grow		
Corn zein film	Tomatoes	Delayed color changes and ripening	Higher water vapor transmission rate than shrink wrap film	Park et al. (1994, 1994a)
		Reduced firmness loss and weight loss	Show alcohol fer- mentation due to	
		Lower oxygen and carbon dioxide transmission rate than shrink warp film at 0% RH	anaerobic fermentation	
		Extend the shelf life		
Collagen film	Edible sau- sage casing	Excellent oxygen barrier at 0% moisture		Lacroix and Vu (2014)
Collagen fiber film	Meat and fish, sausage casing	Good antioxidant property, maintain good taste and high transparency	Poor mechanical properties	Yang et al. (2014)
Galactomannans- collagen coating	Apple and mango	Reduce oxygen consumption rate and carbon dioxide releasing rate	Fruit surface shows low energy	Lima et al. (2010)
Gelatin film	Encapsulate low moisture or oil-phase food ingredients	Reduce oxygen and moisture and trans- port of oil		Wittaya (2012)

Table 3 (continued)

(continued)

Packaging materials	Food products	Advantages	Disadvantages	Reference
Casein film coating	Fruit and vegetable	Transparent and flexible	Poor moisture barrier	Wittaya (2012)
		Protect moisture absorption and oxidation		
Milk protein film	Slices of apple and potato	Transparent after complete drying Delay browning		Tien et al. (2001)
SPI film	Fresh ground beef	Natural microbials for food preservation		Lacroix and Vu (2014)
SPI-beeswax coating	Cut eggplants	Prevent softening of the tissues		Ghidelli et al. (2010)
		Reduce browning of the tissue		
Wheat gluten film	Fruit (straw- berries) and vegetable	Antimicrobial effects depend on plasticizers		Lacroix and Vu (2014)
Gluten film	Dry roasted peanuts and fried chicken pieces	Good barrier to oxygen and carbon dioxide	Highly permeable to water vapor	Gupta and Nayak (2014)
Sodium caseinate coating	Apples	Reduce weight loss and firmness loss		Shariatifar and
		Delay softening of fruit and ripening		Jafarpour (2013)
		Give better sensory characteristics (at 4 °C for 112 days)		
PLA/nisin film	Liquid foods (orange juice	Antimicrobial activity		Jin and Zhang
	and liquid egg white)	Significantly inhibited growth of <i>L. monocytogenes</i>		(2008)
Poly-lactic acid, lactic acid, nisin solution	Vacuum- packaged fresh beef	Extend the shelf life by antimicrobial effects		Ariyapitipun et al. (1999)

Table 3	(continued)
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RH relative humidity

Biopolymer	Brand (trade name)	Product	Reference	
Starch	Mater-Bi	Compostable and biodegrad- able bags, laminated paper,	http://www.novamont.com/eng/ mater-bi (20 Nov 17)	
		container cup, packaging paper	Byun and Kim (2014)	
	Bioplast	Compostable and biodegrad- able bags, films	http://en.biotec.de (20 Nov 17)	
	Renature (Storopack)	Compostable loose fill packaging	http://www.storopack.us/en/prod ucts-solutions/flexible-protective- packaging/loose-fill-flowable- packaging-peanuts.html (29 Nov 17)	
Protein	Opta Glaze	Coating to prevent microbial growth	Pavlath and Orts (2009)	
	Z*Coat	Coating to nut meats, pecan, and chocolate-covered peanut		
PLA	ecovio and EcoFlex	Compostable and biodegrad- able bags, films	http://product-finder.basf.com/ group/corporate/product-finder/ en/brand/ECOVIO (24 Nov 17)	
		Foam packaging, injection molding products		
	Biomax	Compostable container cups, films	http://www.dupont.com (20 Nov 17)	
	Ingeo	Bottles, cups, bags,	Byun and Kim (2014)	
	BioFoam	Trays, ice-cream containers,	www.synbratechnology.com/ biofoam/ (29 Nov 17)	

Table 4 Commercial food packaging products

6 Environmental Impacts of Packaging Materials Prepared Using Starch, Protein, and Poly-lactic Acid (PLA)

Starch-, protein-, and PLA-based packaging material can be degradable by microbial, enzymatic, or chemical process. Most of bio-based packaging materials are biodegradable and biocompatible (Ali et al. 2013; Marsh and Bugsu 2007). These make biodegradable food packaging reduce the plastic waste as well as plastic problem in the world (Muller et al. 2017). These can also save marine life (Marsh and Bugsu 2007). Biodegradable rate depends on environmental conditions and packaging material properties (Pikoń and Czop 2013). However, when the biopolymer is composited, depending on the additional materials, the biodegradable property can be changed, for example, grafting starch with PE (polyethylene). Starch itself is biodegradable and biocompatible; however, in the case of starch-PE film, only starch is biodegradable (Vilpoux and Averous 2004).

On the other hand, the sufficient quantities of biodegradable packaging required the sufficient renewable sources (plants and animals). Therefore, the wider use of biodegradable packaging will threaten our food production (Marsh and Bugsu 2007).

7 Conclusion

Replacement of biodegradable and renewable polymers in food packaging brings greener environment by reducing non-biodegradable petroleum-based polymers and waste disposal cost. However, the use of biopolymers in food packaging has some drawbacks in comparison with the non-biodegradable petroleum-based polymers like low mechanical property and low barrier property. Therefore, some researches have been done with nano-sized particles in order to improve the properties. On the other hand, the single-layer coating is not competitive to the synthetic polymers, and the multilayer coating processes have also been used and improved the properties of the packaging materials. The development of new technologies in biopolymers and food packaging leads to more suitable products for consumers' usage.

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Biodegradable Smart Biopolymers for Food Packaging: Sustainable Approach Toward Green Environment



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Abstract The advantage of biodegradable plastics over conventional synthetic plastics in respect to complete and safe disposal makes a way for its use in broad range of usage including agriculture, biomedical, and food packaging. In present scenario, biodegradable materials used for wrapping food products are mostly synthesized renewable raw materials like polylactide, starch-/cellulose-based polymers, polybutylene succinate, and polybutylene succinate-co-adipate. Spoiling of food by microbial contamination along with lipid and protein oxidation is a major concern in terms of food safety and quality, and it may occur in packaged foods even after using traditional food preservation techniques such as freezing, drying, heating, salting, and fermentation. All these problems can be overcome by using bio-based active and smart packaging that provides great opportunities for enhancing quality, tenderness, and freshness along with antimicrobial assets. Recently, antioxidant packaging is developed with bioactive molecules in encapsulated form that also improves aroma characteristics. This chapter gives an overview of different types of biodegradable polymers that are applied for covering of foodstuff and what consequences it confers on environment after biodegradation and composting.

Keywords Biodegradable polymers · Food packaging · Smart packaging · Biodegradation · Environmental impact

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1 Introduction

The basic application of packaging on food products is meant for safeguard from external environment and destruction and also to provide information to consumers regarding ingredient and nutrition (Coles et al. 2003). A few secondary purposes are also important such as flexibility, accessibility, and interference. Other advantages of packaging are that they delay the corrosion of the product, maintain the valuable impact of development, improve existence, and enhance the excellence of food. Food packaging also helps in transportation across long distances securely and can be stored for long periods of time. Airtight packaging must increase the food quality; it is essential for food to maintain its marketable properties. Ideally the material is recyclable and can be used again and again. Due to tampering of food and pharma products, special packaging is used to provide extra protection so that packages cannot be tampered with in stores. Tamper-evident features, which are usually comprised of additional packing materials, may involve special bottle liners or closures. A heat seal that changes color upon opening is an example of an additional packaging feature. It is important for manufacturer to maintain balance between safety issues and other factors such as cost and eco-friendly perspective. Many consumers are paying closer attention to environmental issues that are involved with packaging technology.

2 Types of Material Used for Packaging

As per the literature reports, 35% of the packaging materials used were paper and board (cartons) worldwide, while 30% accounts for plastics including polyethylene terephthalate (PET), polyvinyl chloride (PVC), and polystyrene (PS) (Tonjes and Greene 2012). Plastics have swiftly added share 10% more in the market in the early 1960s. The rest of the packaging material includes metals like aluminum, steel, and glass. Increased consumption in European countries results in increased amount of packaging used, which is much harmful to the environment. The area of landfills is increasing and waste filling them is not spontaneously disintegrated (Kale et al. 2006). Food packaging refuse accounts for major portion of municipal waste. Thus, for proper choice, it is necessary to remain updated with different packaging materials actually used for food packaging. Food and beverage packaging with regard to raw substance required in the production can be classified as follows: metal, glass, plastic, paper, and cardboard in addition to packaging from assorted material. All mentioned materials have their own advantages and disadvantages.

2.1 Glass

Glass can take different shapes and undergo recycling without changing its mechanical properties (but glass processing needs high temperature), has efficient barrier properties (lack of permeability of gasses and water vapor), but are disadvantageous in terms of ratio of mass to volume (glass packaging are heavy). Glass is also brittle, and is nondegradable (but it does not damage the environment); it is mainly used for manufacturing of bottles and jars.

2.2 Metals (Steel and Aluminum)

Metals possess very good barrier properties, are quite expensive, can be recycled, and are mainly used for canned food (food in cans are pasteurized) and in producing temperature-resistant metallic trays that are probably used for frozen and hot meals; thin aluminum foils are mostly used for wrapping of sweets, cheese, coffee, tea, etc.; bottle caps and jar lids are also metallic.

2.3 Paper and Cardboard

Paper and cardboard based packaging are usually cheap cellulose-based material (from wood); paper waste often involves recycling, incineration, and biodegradation while decaying in the environment. It is light; is easily printable; shows permeability for breezing, aqueous vapor, and oxygen; has reduced tearing resistance; is applied on different fields in the form of boxes and belongings; and is mainly employed for packing of dry stuffs like sugar, salt, and baked foods. Papers are also employed in labeling of packages made of different materials such as glass and plastics.

2.4 Synthetic Plastic

Synthetic polymers like PET, PS, and PVC are categorized by low production cost, good mechanical and barrier properties, and easy processability and modification for getting required properties; it is light, esthetic, unbreakable, elastic, transparent or colored, and nondegradable in nature and can be recycled.

2.5 Mixed Materials (Laminates)

Packaging composed from few thin layers, e.g., metallic, plastic, and paper films, has very good barrier properties; laminate packaging are sealed owing welding possibility; it is difficult for utilization because of problems with layer separation. Layering packaging are active and intelligent packaging, which contains substances extending shelf-life, that do not interact with food article; these substances are mainly oxygen and ethylene absorbers, compounds emitting or binding oxygen dioxide, are water regulators, and also have antioxidants and antibacterial substances.

2.6 Nanocomposites

New-generation packaging with specific properties, containing small amount of mineral fillers (such as glass or carbon fibers, calcium carbonate, or silicates) with very small size particles, which improve mechanical and barrier properties; can be used for manufacturing of bottles or films with very low permeability of oxygen and water vapor; though it is expensive, it has the potential to be recycled.

2.7 Non-biodegradable Materials

Non-biodegradable packaging materials are inorganic and man-made packaging material that will not decompose or break down into simpler forms of matter. PP and PVC packaging material generally belong to non-biodegradable packaging materials.

We cannot use non-biodegradable packaging material much because it remains in the environment as pollutants. The commercial packaging materials do not degrade naturally to the monomers, and so the conserved energy could not be regenerated in the environment. Dependence on synthetic polymers for food packaging is an indefensible and non-ecological practice toward earth pollution. The energy stored in these persistent polluting substances could not be reclaimed due to the nondegradable behavior of synthesized polymer. Recycling is thus an alternative toward the reuse of such nondegradable materials in order to make desired products. This approach is very economical to save the natural resources with the reduction in the gathered persistent pollutants. A sustainable development for recycling and reuse of packaging materials like glass, metals, and pulp has been achieved although the reduction in availability of toxic pollutant as a waste in landfill is not so successful (Northwood and Okaley-Hill 1999). Synthetic packaging materials are copolymerizing with different chemical substances to enhance the mechanical properties. Most of the chemical substances include different additives like plasticizers

and colorants. Thin layer coatings of food packaging films are an essential need to create a functional film, which act as a barrier toward the impermeability of oxygen, water, and moisture content of food. The process of recycling of plastic wastes involves several steps such as collection, identification, and transportation of plastic material from the dump site that frequently renders the recycling as non-economical, making incineration or landfill more convenient.

3 Biodegradable Materials

A distinction between biopolymer and biodegradable polymer is very important for its application in packaging industry. Biodegradable polymers are the materials that undergo degradation that result in inorganic substances with the generation of CO_2 , CH_4 , and H_2O in aerobic as well as anaerobic conditions by the enzymatic action of microorganisms, while biopolymer synthesis is based on renewable substrate. Based on the route of production, the degradable bio-derived polymers are characterized into the following groups (Valdés-García et al. 2014):

- (i) *Polymers derived from organic waste*: substances from agricultural waste as polysaccharides (chitin, corn, galactomannan) and protein (zein, casein, gluten, whey)
- (ii) Polymers synthesized by microorganisms naturally: such as polyhydroxybutyrate (PHB)
- (iii) Polymer produced by using agro-resource substances: such as polylactic acid (PLA)
- (iv) Polymers where monomers are produced by conventional method from fossil resources

Bioplastics synthesized naturally by utilizing the natural resources are the recent developments in new-generation packaging materials and very effective in reducing the greenhouse effect on the earth. The biodegradable plastic produced through the sustainable method follows the composting cycle of degradation by the action of microorganism. Biodegradable plastic is a choice of materials while recycling is neither convenient nor economical. Bioplastics are alternatives toward the reduction of hazardous effect on environment caused by conventional plastics comparatively. Biodegradable plastics are disposed of through composting along with food waste comprising 25–30% of total solid waste. Other methods of plastic disposal include sewage treatment plants (hydrolyzed biological plastics) or landfill (agricultural applications). A sustainable development toward the study on bioplastics is a subject of great interest the last 10 years. Biodegradable plastics produced from using natural resources accomplished the necessary needs in application sectors and is an innovative solution toward technical as well as environmental examination. The biodegradable plastics derived from renewable resources have a wide range of application in food packaging. One should always remember that bio-based and biodegradable are not equal terms. Biodegradability is the property that the bio-based material may possess, whereas bio-based is not essentially biologically derived.

The biodegradable polymer accounts a very low percentage of total material waste (e.g., 3% PLA). Since, conventional plastics are not meant to degrade during composting, to retard confusion, all plastic materials are barred out from composting of all polymer in sewage waste. Bioplastics required in food cuisine may assure flow of waste for composting, comprising only in small amount. Composting may come up with different problems. Standards are as follows in commercial composting condition at higher temperature: 58 °C is the standard degradation rate for biological degradation, while for domestic waste it is in the range of 20-30 °C, while in UK 20-25 °C is applied in custom mode of composting (Song et al. 2009). In spite of being degradable and eco-friendly, bioplastics such as PLA are still not contributing a major part in packaging industry. At present, the manufacturing of bioplastics at industrial scale is not so appropriate due to the insufficient facility of production. The polymer film demands some mechanical modifications required to be satisfied taken into account for packaging material. In comparison to the conventional packaging materials, the bioplastics should accomplish the required expectations to function as multilayer packaging film. The biodegradation does not account with the currently available packaging materials. The development of biodegradable packaging materials is an area of vigorous study (Robertson 2013).

4 Biodegradable vs. Non-biodegradable Biopolymers

- 1. The polymers that acquire decomposition by natural substitutes have been designated as biodegradable. Natural means naturally acquired microorganisms, water content, presence of oxygen and water vapors, etc., while non-biodegradable does not degrade or decompose under natural ecology.
- Organic materials generated from food waste such as fruit and vegetable inedible skin, deceased animals and plants, etc. are included in the category of biodegradable substances while the polymers synthesized through chemical methods such as polystyrene, polyethylene metal substances, and aluminum products come in non-biodegradable category.
- 3. A simple decomposed organic substance is assimilated in the soil by natural agents and consequently processed under atmospheric carbon cycle, while non-biodegradable polymers that opposed the degradation by natural ecology and do not break into small constituent consequently cause accumulation of solid waste.
- 4. Biodegradation usually occurs within a few weeks or months, whereas non-biodegradable substances require thousands of years or even do not decompose and stay in its forms the way it is.

5 The Advantages of Bio-Based Bioplastics

In the process of assimilation of biodegradable products, complex compounds are broken down into monomers. The use of biodegradable plastics is very beneficial to human beings, and they are eco-friendly to the environment as some of them are recyclable while few are synthesized from organic raw materials which are degradable in a particular period of time without the generation of any toxic substances. Bio-based bioplastics synthesized by microbes by utilizing natural organic carbon sources are biodegradable and thus reduce depletion of the natural resources required for synthesis of conventional plastics. Conventional synthetic materials are nondegradable, while print and paper products are degraded through biological process. Products such as goods' packaging and disposable plasticware made up of plant- and/or corn-derived degradable polymers have several ecological advantages over nondegradable products. The development in the production of packaging bio-derived material from live feedstocks is receiving an increasing concern (Mostafa et al. 2015).

A lesser amount of energy is required in the production of biodegradable plastic as compared to the conventional petroleum-derived plastics. One report provided by FoodServiceWarehouse (US) informs that ~65% less energy is required in biodegradable plastic production as compared to the synthetic plastics. Singh et al. (2014) in his review has summarized that cyanobacteria can synthesize the PHB as an intracellular bioplastics in the presence of sunlight that reduces greenhouse gas emission with no generation of CO₂ PLA, bioplastics developed by renewable resources such as cornstarch, has been addressed as a successful replacement of conventional plastics for packaging, produced on low energy requirement basis (Guo and Crittenden 2011). Moreover, cost of bioplastics has significantly dropped in recent years as reported by Khalil et al. (2016), where PLA amounted to be 3 dollars/pound in 1990 and dropped to 90 cents/pound in 2010. This feature signifies that the use of bioplastics is now up to the reach of common man. The price of bio-based plastics is made comparable to the conventional one due to increased oil price. Comparably less amount of energy is required in production of bioplastics than synthetic polymer as 2.20-pound production of PLA requires 27.2 MJ/kg energy based on fossil fuel while PP and HDPE requires 85.9 and 73.7 MJ/kg, respectively. Cellulose nano-fibers have emerged as the most renewable resource material for food packaging applications (Azeredo et al. 2017). Cellulosebased food packaging films will result in the reduction of production cost due to its low-cost availability on a wide range. The decomposition of biodegradable packaging materials is concerned with the impact on environment. The landfill of biodegradable plastics including food packaging material and restaurant and kitchen waste is affected by the generation of greenhouse gas, i.e., methane, much higher to CO₂ under anaerobic digestion, which can be captured as an energy source (Song et al. 2009).

Eco-friendly packaging of food material is also known as green packaging as the materials have some unique properties such as they are biodegradable and can be recycled or reused. Some of these eco-friendly packaging can be reused in their native form while other can be decomposed in an eco-friendly environment. Studies based on environmental impact of cellulose-based packaging film have shown that a comparatively low toxicity as well as environmental risks is associated with it (Ni et al. 2012). Being originated from renewable feedstocks, the bio-based, bio-derived, or blended bioplastics have shown eco-friendly nature of degradation. Decomposition of biodegradable plastics in the soil improves the nutritional efficacy by releasing extracellular compounds and thus enhances the soil fertility. Mixing of biodegradable plastics along with the biodegradable products such as agricultural waste and paper products in composting generates humus material in the soil, which enhances the increase in crop-yield with low requirements of chemical fertilizers (Song et al. 2009). At present, bioplastics can only be decomposed in commercial composting site under the maintenance of high temperature, in contrast to the paper and textile products, which is composted in garden-bin. However, a rise in such composting facility has evolved.

6 Disadvantages of Non-biodegradable Polymers

Synthetic packaging material derived from inorganic resources is nondegradable as well as not decomposed into the smaller molecules or the simpler forms. Packaging materials made of polypropylene, polyethylene, and polyvinyl chloride are included into the non-biodegradable polymers' category, which on the other hand restricts their use as in packaging due to the long time accumulation in the environment. These gathered toxic non-biodegradable polymers are causing pollution to the environment as nature could not decompose it and no energy is thus generated. The production of non-biodegradable packaging materials traps lots of natural resources as well as energy, which cannot be reclaimed due to the long time persistence of these materials, leading to depletion in resources and gathering of polluting substances. The gathered plastic debris has several adverse effects. The accumulated nondegradable plastics enter into marine environment and affect adversely the marine organisms. The floating plastic debris on the seawater serves as mistaken food material and is ingested by seabird species. Moore (2008) has reported that plastic debris alone is affecting the marine organisms. Until now, 267 marine species have been affected by floating plastic debris due to the inevitable ingestion of non-biodegradable accumulates. Synthetic non-biodegradable food packaging materials accumulate in the ocean as well as in the land. In a report of Derraik (2002), 23,000 t of conventional packaging plastic polymers were dumped into the ocean every year. Accumulated food packaging materials made up of polystyrene and polyamides (nylons) have led to severe health hazards such as cancer, allergies, and system dysfunction. Li et al. (2016) has reported that 64.3% of macroplastic debris based on packaging materials was accumulated in marine environment and affected the franciscana dolphins (Pontoporia blainvillei).

In the manufacturing stage of conventional plastics, traces of chemical compounds are added in the form of plasticizer or softeners to enhance the softness. These chemical compounds such as bisphenol A (BPA), phthalates, and polybrominated di-phenyl ether (PBDE) remain intact or cause several inevitable effects on human beings and to the environment. In the previous studies, it is observed that BPA affects the animal reproductive system while the styrene monomer is found as the most emerging carcinogens. Sahu et al. (2016) has reported from a study based on exposure to BPA that an increased level of chemicals was observed in the urine, which leads to diabetes and heart diseases. The accumulated plastic wastes reach to ocean through many ways like in the form of leaches leaked from landfill sites of plastic debris. The persistent chemical present in the plastic debris releases toxic compound. In a report by Barnes et al. (2009), about 40-80% of mega plastic debris was from packaging material as most of them are single-use material and usually dumped into landfill sites. This accumulated debris will remain the same for long duration if no other solution is found as these are very durable due to non-biological degradation and will not fade away.

7 Biodegradable Polymers in Food Packaging Industry

The packaging material which remains in close contact with food material includes utensils, salad packs, wrappers, laminating films, dairy products, and meat items. These products thus come in contact with aqueous and nonaqueous condition of stored food at low to high temperature (Conn et al. 1995). Growing concern by the researchers in the last few years forces the industries for the production of recyclable and compostable biopolymers from renewable feedstocks. Modification in the properties (physical and mechanical) of biopolymer by planning and designing could in consequence produce biodegradable polymer as compared to other conventional packaging material like PS and PET.

8 Aliphatic: Aromatic Blending

Aliphatic polyesters comprise a higher fraction in biodegradable bioplastics as compared to the aromatic copolymers due to the favorable hydrolysis of di-carboxylic backbone present in polyesters. These food packaging materials are developed by the blending of conventional polymers with the biologically degradable polymer such as polyethylene terephthalate (PET) with other polyesters. In spite of its good mechanical property, PET has high melting point and is inactive over microbial attack which makes it unfavorable for polymer degradation. The blending of aliphatic polyesters results in the formation of weak points that helps in the hydrolysis. Although it is biologically degradable, produced by utilizing nonrenewable natural resources (oil and fossil fuels), its accumulation affects the total waste dumped worldwide. The degradation of PET thus depends on the way it is disposed off as it breaks down in about 8 weeks after disposal in a controlled way, while the degradation can account for 50 years of time period in an uncontrolled way of disposal. This polymer is generally used in kitchenware and plastic bottles but is very expensive (Siracusa et al. 2008).

9 Aliphatic Polyesters

Aliphatic polyesters have the analogous properties to the conventional polymer like polyethylene (PE) and polypropylene (PP). These biodegradable materials are synthesized by condensation reaction of high molecular weight monomers derived from natural resources. These odorless polymers are utilized in the packaging of beverages. The aliphatic polyesters are biodegradable and produces CO₂ and H₂O as end products. Nodax is the commercially available polymer developed by Procter & Gamble Company that is degradable in aerobic as well as in anaerobic environment.

10 Polycaprolactone (PCL)

Based on the category of biodegradable polymer, the PCL are polymerized from nonrenewable substances. PCL has thermo-softening property and shows resistance toward water and other chlorinated solvents with melting point of around 60 °C. Low-priced biodegradable plastic for food application (trash bags) could be achieved by mixing PCL with starch.

11 Polylactide Aliphatic Copolymer (CPLA)

This polymer is developed by blending D/L-lactide and aliphatic polyesters having hardness like polystyrene (PS) and is elastic like polypropylene (PP) depending upon the mixture ratio. The polymer is found to be stable at higher temperature range (200 °C). As compared to the synthetic polymer, low amount of carbon dioxide could be produced in combustion and no organic pollutants can be produced in burning. Biologically the degradation of CPLA occurs within 5–6 months of disposal, while with food waste the decomposition starts within 2 weeks of disposal.

12 Polylactic Acid (PLA)

PLA is the feasible biopolymer that can be synthesized from renewable feedstocks such as corn and sugarcane under fermentation (Sin 2012) conditions. PLA polymer is degradable, recyclable and translucent, has high average molecular weight, and is sensitive to water solubility. Polymerization of PLA is accomplished with the two existence forms of lactic acid (D/L). The characteristics of PLA depend and vary on the ratio of both the forms of lactide monomers. Various studies on the properties of PLA polymer have been carried out where D-lactide content was in varied concentrations (6–12%). Variation in properties was observed, i.e., from semicrystalline to amorphous state, respectively. However, the higher ratio (12%) of D-lactide is a favorable property for its application in food packaging (Saeidlou et al. 2012) (Table 1).

In a study of Kale et al. (2006), composting of biodegradable PLA materials (bottles, trays, and containers) was carried out under different atmospheric conditions. A different technique (gel permeation chromatography, thermal gravimetric analysis) was applied to study the breaking and visualization of these materials in composting conditions. In the composting, the soil was mixed with cow dung and wood flakes at higher temperature (60 °C). The composting was carried for different times (up to 4 weeks) at a relative humidity of 68%. The effect of temperature on

	-	
Characteristics	Unit	PLA
Glass transition tempera-	(°C)	62.1±0.7
ture (Tg)		
Melting temperature (Tm)	(°C)	195–245
Enthalpy	$(\Delta H^{c}_{m}) (J g^{-1})$	93–148
Percent crystallinity	%	
Density (p)	(g/cm ³)	1.36
Solubility	-	Dichloromethane, acetonitrile, chloroform
Degradation	-	Hydrolysis (random nonenzymatic, enzymatic by
		microbes)
Molecular weight (Mw)	(kDa)	66
Stereoisomer	-	L-lactic acid
O2 permeability	cm ³ mil/m ²	550
CO ₂ permeability	$cm^3 mil/m^2$	3000
Water vapor transmission	$\begin{array}{c} g \cdot \mu m \cdot k P a^{-1} \cdot \\ m^{-2} \cdot d^{-} \end{array}$	161–237
Tensile modulus (E)	(GPa)	3500
Tensile strength (σ)	(MPa	48–53
Elongation at break	(%)	7
Percent of elongation	(%)	12
Transmission	(230–250 nm)	95%
Thermal conductivity	(190 °C	0.195

 Table 1
 Characteristics of amorphous PLA



Fig. 1 PLA hydrolysis and molecular cleavage

PLA degradation was also studied as it was well known that PLA is susceptible to water hydrolysis and breaking of ester bonds. In a result, it was found that crystallinity affects the degradation of different PLA materials having different concentrations of D/L-lactide. Percentage of lactide monomers changes the rate of degradation as higher rate of degradation was observed with low content, making the polymer crystalline difficult to degrade. Hydrolysis was observed with decrease in thickness and thus resulting material becomes more fragile (Fig. 1). Measurement in the variation of material property and thickness was calculated. During the first 2 weeks of degradation, a small increase in molecular weight of PLA material was reported due to the cross-linking of subsequent monomer, produced under the effect of UV radiation. In view of the fact that hydrolysis is occurring arbitrarily, PLA chains with longer linear backbone are more susceptible than the shorter ones. The long tails of PLA is more acquire to cleave in comparison to short tails. Decomposition of PLA materials carried out in municipal as well as industrial amenities proceeds with the process of hydrolysis at higher temperature range. Further studies on decomposition techniques of food packaging materials under composting condition is required to be evaluated.

13 Polyhydroxyalkanoates (PHA)

Microorganisms synthesize PHA polymers naturally in rich availability of carbon sources. This class of biopolymer is biodegradable, biocompatible, and thermostable having melting temperature of about 180 °C. Similar to PLA, the crystallinity depends upon the type and number of monomer and hence indirectly affects the melting temperature. In the field of packaging, PHA has various ranges of food application. Amongst PHA, polyhydroxybutyrate (PHB) is the most studied and characterized polymer; polymers alone or in combination with the conventional polymers constitute an excellent source of food packaging films (Tharanathan 2003). PHB accumulates in the bacterial cell as a cell inclusion, which sometime may comprise about 80% of cell dry weight (Khosravi-Darani and Bucci 2015). PHB can be derived by polymerization of hydroxyl-butyrate monomer, showing the comparable properties of polypropylene but with more crystallinity. Besides being insoluble to water, PHB is optically active and has good barrier properties toward gas. Khosravi-Darani and Bucci (2015) has studied a comparison between PP and PHB as food packaging material. Author's reported that 50% lower deformation

value of PHB was observed as compared to PP. PHB performs in better way as compared to PP at freezing and higher temperature. The other copolymer named polyhydroxybutyrate-valerate (PHBV) is used as packaging material due to its good mechanical properties (less brittle). In spite of the fact that the production and availability of PHBV polymer are cost-effective but is showing a good rate of degradation of about 1 month in an active microbial environment. Yu et al. (1998) reported the synthesis of different PHA polymers by utilizing different food wastes as carbon sources. Different polymers show diverse mechanical characteristics such as tensile strength, viscosity, etc. Thus, digesting food waste as carbon source can help in the reduction of production price.

14 Polybutylene Succinate (PBS)

The recent development in the techniques of food packaging made from PBS includes retention of food quality, aroma emitters, antimicrobial activity, and gas scavenger/emitters (CO_2/O_2). Consistent change in the flavor of packaged foodstuffs is an important emerging issue toward its acceptance by the customer and hence needs to be resolved. The undesirable change in flavor of foodstuff is generally achieved by the removal of active aroma compounds present in the food items. This technique of aroma scalping could essentially be overcome by the use of biodegradable packaging materials. Cihal et al. (2015) reported that the aroma scalping properties, i.e., sorption and permeation of PBS-based packaging film, were evaluated by using different sets of aroma compounds such as ethyl acetate, ethyl butyrate, and ethyl hexanoate. Litreature results confirmed that biopolymer PBS has comparable permeable properties that are even lower than the nondegradable film and is found to be a replacement for conventional food packaging material due to its production from renewable resources.

15 Polysaccharide-Based Biodegradable Polymer

15.1 Starch

Polysaccharide-based packaging materials are the most renowned form of food packaging as they are the richest macromolecules present in the environment. Among different polysaccharides (chitosan, chitin, galactomannan), starch is the most studied material in food packaging applications derived from plant. Fundamentally, starch is the cheapest renewable carbon source, is completely biodegradable, and can show thermoplastic properties. Commercially the starch is obtained from the corn and potato. The blending of starch with conventional polymers improves its flexibility towards the packaging material and makes it comparable to the oil-based polymer. Different percentages of starch (up to 90%) were added into

the petrochemical-derived plastic which enhanced its susceptibility toward water (hot/cold). Decomposition of starch-based material accelerates with the action of microbial enzymes making the thermoplastic surface porous. The addition of starch into nondegradable material exceeds the disintegration up to 60%. Conversion of starch-based thermoplastic material into foam could also be achieved by using water steam in spite of PS as packaging substance. Deformation of thermoplastic into desirable packaging products such as tray and dishes is successful due to its consumption by microorganism within about 10 days of disposal.

16 Cellulose

The cellulose occurs in the earth as the most abundant form and is obtained by removing lignin from woody pulp. Cellophane film is produced by dissolving the degradable polysaccharides into sodium hydroxide solution with carbon disulfide in solvent casting process. Derivatization of cellulose is accomplished by removing hydroxyl groups in esterification. Now derivatization of cellulose is an issue of current study. Cellulose derivatives like cellulose (di-)acetate and cellulose (tri-) acetate involve some plasticizers to construct thermoplastics. Different derivatives have different solubilities toward water such as hydroxypropyl cellulose is water-soluble while ethyl-cellulose is not. Blending of plasticizer with ethyl-cellulose enhances its use in lamination and molding. Derivatization of cellulose increases its use as in food packaging; however, it is cost-effective (Cyras et al. 2007). Few other polysaccharide-based biodegradable polymer materials are listed in Table 2.

17 Bio-Based Packagings

Processing and designing of packaging materials are multifunctional treads which require watchfulness and a variety of considerable engineering processes to make it a proper material having the desired properties. Some characteristics to be taken into account for manufacturing of food packaging films that involves impermeable barrier towards gas and water vapor, waterproof ability, thermo-tolerance, UV light tolerance, transparency, printability, availability, antifogging capacity and costs. More than that, an important thing to think about is the course of degradation which is essential. Because of this, the disposal of used packaged should be taken into a careful consideration.

It is essential to understand that the possible market need and packaging could not be fulfilled by using a single bio-based material. Consequently, rising concerns are seen toward development of packaging material having multiple layers of bio-based polymer and conventional method to produce food packaging film having layers of polymer that act as a barrier and protects food. In conventional method, coating of food packaging materials is achieved with ethylene-vinyl alcohol or polyamides

Raw	Origin	Solubility	Adventeges	Disadvantagas	Deferences
materials	Origin	Solubility	Advantages	Disadvantages	References
Zein	Corn	Ethanol, acetone	Good film properties	Brittle	Ghanbarzadeh et al. (2006) and Sozer and Kokini (2009)
Soy pro- tein iso- late (SPI)	Soybean	Water, ethanol	Good gas barrier prop- erty, optically active	Water resistance	Zink et al. (2016)
Whey Cheese	Cheese	ese Water,	Mechanically good	Moderate bar-	Schmid et al.
protein		ethanol	Low O ₂ and CO ₂ permeability	rier to gas	(2012)
Wheat (gluten derived films)	Starch	Water	Moderate barrier to oxygen	Moisture resistance, brittle	Zink et al. (2016)
Chitosan	Chitin	Polar solvents	Desired tensile strength and barrier to gas and water, antimicrobial property	Good water retention	Rhim et al. (2007)

Table 2 Properties and applications of polysaccharide-based biodegradable polymer

blended with low-density polyethylene containing the barrier properties of polyamide as well as the water-resistant and mechanical properties of LDPE. Similar method can also be applied for the development of bio-based packaging material having necessary properties, and so bio-based coating could be developed by means of having gas barrier properties with chitosan, a protein or corn-derived material blended with PLA or PHA, which supports the mechanical strength (Weber et al. 2002).

18 Potential Food Packaging Applications

The packaging films comprise about 25% of usage among the 125 million tons of waste material generated per annum and is an apparent approach toward the possible market need for biologically derived packaging substances, which on the other hand could be enhanced by appropriate procedure at a comparable cost. Particularly the bioplastics will have to contend with conventional packaging materials, which are inexpensive, easy to produce, and have enhanced packaging properties such as lightweight, durable, disposable, and chemically inert to the food stuff. A rise in the production of bio-derived bioplastics would be achieved in the subsequent years. Food packaging comprises the highest growing sector among the plastic packaging field. In a report by Ferreira et al. (2016), plastic food packaging covers about 40% of the European conventional packaging required in the field of transportation,

preservation, and storing of food items. In reality, about 50% of European food items are usually packed in the plastic material, and this is very economical due to the good mechanical properties like infirmity, plasticity, strength, etc. These properties make them an excellent source of packaging as well as are very economical for the food packaging industry.

19 Fruits and Vegetables

It is very important to protect fruits and vegetable after harvesting. The presence of ethyl acetate leads to its ripening and affects respiration by changing the concentration of water and gas content in packing material. Choosing a packing material is very tough as different foodstuffs have different rate of transpiration and respiration. Impermeability toward gas and water leads to damage of the fruits as well as vegetable due to fermentation process inside packaging.

Different biopolymers have distinctive gas barrier property. A comparatively low transmittance between carbon dioxide and oxygen rate is obtained in bio-based packaging film with 1:4 by conventional while 1:30 from bio-derived material transmitting carbon dioxide in comparison to oxygen is an appealing demand of packaging material for fruits and vegetables (Sandhya 2010). However, in some cases, transmittance is not required all the time.

20 Cheese

Cheese is protein rich, high water content product that respires continuously, producing carbon dioxide, that makes the use of bio-based packaging material very interesting. Permeability of packaging material for carbon dioxide is very essential requirements to protect the seal from inflation (Auras et al. 2006). Both the biodegradable polymers (PHA and PLA) can be applied for such type of packaging; however, blended materials could also develop.

21 Chilled or Frozen Products

The low gas barrier property of PHA and PLA materials made them extensively a choice of application in food industry. As suggested by Weber et al. (2002), dairy items have very feasible packaging application with PLA. Aliphatic polyesters have wide range of application in packaging of beverages (bottle and cups) as well as non-beverage items. In addition to packing with cardboard, these materials can be applied in the form of thin coating as compared to the conventional one. Haugaard et al. (2001) has found positive assumption in packing of dairy products.
Applications	Biopolymers	References
Beverages	PLA-coated cups	Jager (2010)
Curdled milk	PLA jars	
Baked items	PLA packs	-
Chocolates	Cornstarch trays	Grumezescu (2017)
Organic crop	Cornstarch packs	
Potato chips	Cellulose sheet	_
Organic pasta	Cellulose packs	
Sweets	Cellulose films	
Salads	PLA dishes and packs	Haugaard et al. (2003)
Fizzy items	PLA bottles	Sudesh and Iwata (2008)
Kiwi	Cellulose-based trays	Kumar and Thakur (2017)
Fruits and vegetables	PLA packs	Koide and Shi (2007)
Organic bread	PLA bags	Weston (2010)
Chilled fries	PLA sheet	Nieburg (2010)

Table 3 Miscellaneous applications of bio-based packaging films in food sector

22 Single-Use Tableware

Application of degradable tableware manufactured from bio-based material opens up an era of disposable material for restaurants. If all the fast-food packing materials and tableware are developed from biodegradable process, then it will lead to an enormous way of waste disposal under the process of composting (Muhammadi et al. 2015). Some more current applications of bioplastics have been listed in Table 3.

23 Main Limitations of Biodegradable Films

Employment of bio-derived plastics as food packages is restricted due to different limitations. Besides high production cost as compared to petrochemical-derived plastics, the use and availability of land are also major limiting factors for its production, which prohibited the functionality of its production at industrial level. Although the properties of bioplastics fascinates its use, several disadvantages such as fragility, thermal volatility, low Tm, complex heat stability, and high accessibility toward water and oxygen restrict them to be a good food packaging material (Peelman et al. 2013).

24 Conclusion

Development of biodegradable packaging materials is one of the recent and innovative processes in the area of food packaging. To enhance biodegradable polymers, it is necessary that our surroundings should have more concern regarding environmental health. Such packaging needs more and more study so that the property, storage period, dietary standards, and biosafety may be improved. Besides these properties, the barrier properties also required improvement. Starch- and cellulosederived degradable bioplastics are mostly building its firm growth toward application in food packaging. Since starch is renewable, low-priced, and easily accessible biopolymer, blending with a few plasticizers additionally with water is required to make it accessible as a distortable thermoplastic called TPSs. Other nondegradable materials are also employed in packaging that exists as a waste in its original form for long duration and releases harmful effects to the environment. Landfilling and incineration are the methods usually applied to wipe out the packaging waste; however, it is not appropriate for plastics degradation.

Microbe-derived biopolymers found to be attarctive in several ways but they are not so economical. Presently biodegradable packages are in use for such foodstuffs that do not necessitate high impermeability for oxygen and water vapor and have short storage period such as fresh green groceries and fruits, or for long-storage products, like dumplings and fries, that do not require excessive oxygen- and/or water-impermeable properties. Yet, the armory of films depicts extensive diversity in properties that could design them to be used as packages meant for further food products with more strict conditions. Tests for preservation and other investigation on the industrialized packaging equipment should be done to confirm that these films could use commercially. Thus, it could be summarized that bio-derived materials have a wide variety of applications in the packaging industry. However, it is quite significant to understand that analysis and assessment of the operative assets of a bio-based polymer is very important prior to use as an alternative for conventional film materials.

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Biopolymers, Nanocomposites, and Environmental Protection: A Far-Reaching Review



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Abstract Environmental engineering science today is witnessing drastic challenges. The domains of engineering and science are moving from one visionary paradigm toward another. In the similar manner, biopolymers and nanocomposites are the ecomaterials of today's research and development forays. Mankind and the vast vision of human scientific endeavor need to be envisioned and readdressed as science and engineering surges forward. Today, climate change, ecological biodiversity, and frequent environmental catastrophes are challenging the vision of science and the vast scientific fabric. The future of human civilization lies in the hands of environmental engineers and scientists. Here comes the scientific truth of application of biopolymers and nanocomposites in environmental pollution control. Mankind's immense scientific grit, the vast technological profundity, and the need of environmental sustainability will lead a long and effective way in the true realization of environmental engineering today. In this chapter, the authors deeply address the importance of biopolymers and nanocomposites in ameliorating the burning issue of water contamination of heavy metals, environmental protection, and industrial wastewater treatment. In this chapter, the authors with cogent insight address the scientific research pursuit in the field of both biopolymers and nanocomposites with a clear objective toward effective proliferation of science and engineering. Human ingenuity, vast scientific ardor, and the vast world of scientific and technological validation are the hallmarks of research endeavor today. In this chapter, the authors deeply focus on the scientific success, the potential, and the technological motivation in the field of smart materials, material science, and environmental engineering. Polymer science and technology and its wide and vast research forays are the other pillars of this well-researched chapter. The challenge and the vision of biopolymers, composites, and nanotechnology are the other facets of this chapter. This chapter

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will open new windows in the domains of nano-science, nanotechnology, and the relevant fields of environmental engineering in decades to come.

Keywords Biopolymers · Nanocomposites · Environment · Protection · Vision · Remediation · Pollution

1 Introduction

Human scientific endeavor and human scientific paradigm today are in the midst of deep scientific introspection and vast innovation. Technology, engineering, and science are in the path of newer scientific regeneration and vast scientific rejuvenation. Environmental and energy sustainability are the cornerstones of research and development initiatives globally. In the similar vein, environmental engineering and chemical engineering are in the wide avenue of deep scientific emancipation. Technology and engineering are highly challenged today as human scientific endeavor surges forward toward a newer eon and a newer paradigm. Material science and polymer science need to be envisioned and readdressed as science and technology moves forward. The author in this chapter pointedly focuses on the need of polymer science and nanotechnology to human society. Modern science is a pillar with a vast vision of its own. This chapter is an eye-opener toward the world of scientific ardor and the scientific intricacies in scientific research endeavor in the field of biopolymers and nanocomposites. Water purification and industrial wastewater treatment are the other visionary areas of scientific research today. Arsenic and heavy metal drinking water contamination is challenging the vast scientific fabric and the deep scientific landscape in present-day human civilization. Modern science and human society thus stand in the critical juncture of scientific difficulties and scientific introspection. In this chapter, the author deeply comprehends the need of biopolymers, nanocomposites, and nanotechnology in tackling the immense scientific enigma of environmental pollution control. Human society and human civilization today stand in the vast abyss of introspection and scientific fortitude. This chapter unravels scientific innovation and scientific instinct in the field of nanotechnology, material science, and environmental engineering in years to come (Palit 2017b).

2 The Aim and the Objective of This Study

Human mankind and human civilization are today in the path of rejuvenation and deep scientific regeneration. Technology and engineering science have few answers to the scientific intricacies and the barriers to innovation and vision. The primary objective of this study is to target the latent areas of applications of biopolymers and nanocomposites in tackling the scientific enigma of environmental protection. Modern technology needs to be readdressed as global water shortage assumes immense importance in our present-day human mankind. Scientific barriers, scientific ingenuity, and vast scientific needs of the human society will lead an effective way in the true realization of environmental engineering. Environmental engineering and environmental sustainability are the true needs of human society and human civilization today. In this chapter the author with immense insight addresses the vast scientific farsightedness, the intense acuity, and the vast vision of science in the research pursuit in nanotechnology, polymer science, and the vast world of environmental engineering. The pivots of this chapter are biopolymers, nanocomposites, and environmental protection. Environmental engineering science and human scientific endeavor today stand in the midst of scientific introspection and scientific comprehension. The author in this chapter reiterates the scientific divination and the vision behind scientific validation in environmental pollution control today. The authors also delve deep into traditional and nontraditional environmental engineering techniques with the main purpose of furtherance of science and engineering. This chapter surpasses scientific imagination and deep scientific thoughts as science and technology of environmental protection moves forward. Sustainable development and holistic infrastructural development are the needs of human society and modern science today. These areas need to be more explored and envisioned as human scientific research pursuit moves forward. The primary aim and objective of this study are to unravel the hidden scientific and technological truth and the vast scientific profundity in nanotechnology and polymer science applications in tackling global environmental crisis (Palit 2017b).

3 The Vast Scope of This Study

Modern science and scientific research initiatives today stand tall in the midst of vision and scientific fortitude. Environmental protection and scientific revelation are in the path of deep rejuvenation. The scope of this study is vast and versatile. Material science, polymer science and technology, and nanotechnology are in the avenues of newer vision and widespread innovation. Today technology and engineering science have few answers to global water crisis and heavy metal groundwater and drinking water contamination. Human scientific progress and human scientific stature need to be readdressed and reenvisioned with the passage of scientific vision and time. The scope of this study goes beyond material science and environmental engineering toward heavy metal groundwater remediation. Today the human mankind and sustainable development are in the midst of deep anguish and vast vision. Scientific research pursuit is at a state of immense catastrophe and vast failures. Environmental protection and water purification are the frontiers of science today and are covered in this chapter. Thus, the emancipation of modern science is truly realized and human civilization surges into a new era. This chapter also addresses the burning issue of arsenic groundwater contamination of developed and developing economies in our planet (Palit 2017b). The author also poignantly ponders into traditional and nontraditional environmental engineering techniques (Palit 2017b). Technology and science of nanotechnology are surpassing vast and versatile scientific frontiers today. This hidden scientific truth of nanotechnology is deeply elaborated with similar vision in this chapter (Palit 2017b).

4 What Do You Mean by Biopolymers?

Biopolymers are polymers produced by living beings; in other words, they are polymeric macromolecules. Since they are polymers, biopolymers contain monomeric units that are bonded to form large molecules. There are three main classes of biopolymers, classified according to monomeric units used and the structure of the biopolymer formed: polynucleotides, which are long polymers composed of 13 or more nucleotide monomers; polypeptides, which are short polymers of amino acids; and polysaccharides which are often linear bonded polymeric carbohydrate structures. Biopolymer is a polymer that is obtained from human beings. It is a biodegradable chemical compound that is regarded as the most found organic compound in the ecosphere and the human ecosystem. The name "biopolymer" envisages that it is a biodegradable polymer (Palit 2017b). Today scientific ingenuity, scientific vision, and scientific divination are in the path of immense regeneration. Polymer science, nanomaterials, and material science are today facing immense scientific difficulties and scientific intricacies (Palit 2017b). Biopolymers and composites are smart materials which have immense applications in environmental protection and the holistic world of environmental engineering. In this treatise, the authors reiterate the scientific success, the needs of engineering science in human progress, and the futuristic vision of polymer science and material science (Palit 2017b).

5 What Do You Mean by Nanocomposites?

Nanocomposite or polymer composites are a multiphase solid material where one of the phases has one, two, or three dimensions of less than 100 nanometers (nm) (Palit 2017b). In the broadest sense, this definition and the vast description can include porous media, colloids, gels, and copolymers. Scientific vision, the vast scientific cognizance, and the scientific revelation in biopolymer applications are the pallbearers toward a new scientific knowledge in the field of nanotechnology. The technology, engineering, and science of nanotechnology and the science of composites are overcoming vast and versatile visionary frontiers (Palit 2017b). The authors in this paper deeply comprehend and thus restructure the need of composite science in the true emancipation and proliferation of science and engineering (Palit 2017b)

6 The Scientific Doctrine and the Scientific Vision of Environmental Protection

Human scientific research initiatives and human civilization are today in the avenue of new scientific rejuvenation and vast vision. Environmental protection today stands in the midst of vast scientific introspection and deep scientific articulation. Global climate change, the loss of biodiversity, and the frequent environmental disasters are the torchbearers toward a newer scientific order in environmental pollution control (Palit 2017b). Industrial wastewater treatment, drinking water and groundwater treatment paradigm, and water purification technologies are changing the face of environmental engineering science. In this paper, the author deeply focuses on the need of applied science such as polymer science and nanotechnology in the proliferation of science and engineering. Technology, engineering, and science are today in a state of distress with the growing concerns for global climate change and frequent environmental disasters. Human scientific candor, the engineering travails, and the vast scientific ardor will all lead an effective way in the true realization of environmental sustainability and sustainable development today (Palit 2017b). The scientific doctrine and the scientific vision of environmental protection are today in the midst of immense revival and regeneration (Palit 2017b). Global climate change is challenging the vast scientific firmament of human scientific ingenuity and scientific acuity (Palit 2017b). The future of environmental engineering and environmental protection is bright and pathbreaking as science and technology moves forward. The face of human scientific endeavor today is highly challenging and needs to be envisioned and restructured with the passage of scientific vision and time (Palit 2017b).

7 Environmental and Energy Sustainability and the Visionary World of Environmental Management

Environmental and energy sustainability are today the visionary arenas of scientific research initiatives. The status of global environment is absolutely dismal (Palit 2017b). Environmental engineering science and environmental sustainability are today linked to each other. Along with the advancement of technology, sustainability is an absolute necessity. In this chapter, the author deeply focuses on the human acuity and ingenuity in the application of sustainability in human society. Sustainable development as regards energy and environment is the immediate need of the hour. The state of global environment and water technology is absolutely dismal. In such a critical juncture of vast scientific vision and time, technology and innovations are the necessities of human scientific progress (Palit 2017b). Water science and technology also needs to be restructured as mankind steps into a new era of scientific rejuvenation. Frequent environmental catastrophes and lapses in environmental sustainability are challenging the scientific firmament today (Palit 2017b). Global

climate change and disastrous loss of ecological diversity are transforming the face of human civilization. In this chapter, the author comprehends the scientific success, the scientific regeneration, and the futuristic vision in the application of engineering tools such as polymer science and nanotechnology in tackling environmental pollution control. Today energy and environmental sustainability are linked to social and economic sustainability (Palit 2017b). Human society will be surely elevated and move toward a newer paradigm if provision of basic needs such as water, food, and energy is met. Thus, the need of also energy sustainability (Palit 2017b). Energy security is also a cornerstone of scientific endeavor today. Energy engineering and the application of renewable energy technology will all lead a visionary way in the true realization of energy sustainability today. In this chapter, the authors deeply elucidate the human success and the vast insight in the application of material science, polymer science, and nanotechnology to tackling environmental pollution control (Palit 2017b).

Scientific vision and the world of scientific validation are the repertoire of global environmental management today. Environmental management and sustainable development are two sides of the visionary coin. Environmental management today encompasses the scientific success and the vast scientific vision of environmental pollution control (Palit 2017b).

Barrow (2005) deeply elucidates on the vast domain of environment management and development. The science of sustainability whether it is energy or environment is today the utmost needs of mankind and human scientific progress. The author elucidates in this treatise theory and approaches in environmental management in developing countries, resource management issues by sector, and the vast domain of environmental tools and policies (Barrow 2005). Environmental management is evolving rapidly and is increasingly applied in developing as well as developed nations and to the wide world of transboundary and global issues. Human scientific progress in applied science and basic areas is witnessing immense challenges, and the scientific vision in environmental management is highly retrogressive (Barrow 2005). Environmental management is being applied by many sectors of human activity, and its practitioners are diverse (Barrow 2005). This area of scientific research initiative needs to be restructured and reorganized as science and engineering surges forward. This well-researched treatise explores and investigates environmental management with the focus on developing countries and the development processes throughout the world. The author (Barrow 2005) with immense scientific conscience and divination pronounces the need of environmental management as well as environmental sustainability toward progress of developing nations (Palit 2017b).

8 Significant Scientific Endeavor in the Field of Biopolymers

Polymer science, material science, and the world of nanomaterials are today in the path of newer scientific vision and deep fortitude. Bioengineering is a frontier science today. The world of validation in polymer science and biopolymers needs to be reframed and restructured with the passage of scientific history and time. Today polymer science is a huge scientific edifice with a purposeful vision of its own. In the similar vein, material science and nanotechnology are changing the face of scientific research pursuit (Palit 2017b).

Rao et al. (2014) deeply discussed with cogent insight biopolymers and its vision. The environmental impact of non-biodegradable plastic wastes is raising a widespread global and societal concern (Rao et al. 2014). This resulted in a scientific surge in the research and development forays in biopolymers (Palit 2017b). Human scientific advancements, the vision of polymer science, and the vast world of scientific validation will lead a visionary way in the true emancipation and true scientific truth of material science today (Palit 2017b). Nanotechnology is another area of visionary pursuit globally. This paper depicts poignantly the success of engineering science, the scientific validation in the application of biopolymers, and the vast scientific profundity in the application of nanocomposites and nanotechnology (Rao et al. 2014). Biopolymers (polysaccharides) have vast applications in medicine, food, and petroleum industries. Approximately, 140 million tones of synthetic and organic polymers are produced worldwide every year (Rao et al. 2014). Since polymers are highly stable, their degradation cycles in the environment and the biosphere are extremely limited (Palit 2017b). Environmental pollution by synthetic polymers has been widely recognized as a major global problem (Rao et al. 2014). Plastics and polymers are an integral part of our daily human life and scientific progress. Man's immense scientific grit and determination, mankind's vast scientific prowess, and the futuristic vision of polymer science and material science will all lead a visionary way in the true emancipation of biopolymer application today (Rao et al. 2014; Palit 2017b). Due to stability and resistance to degradation, these are accumulated in the environment (Rao et al. 2014). Mankind and human scientific genre are today in the midst of vast scientific farsightedness. Biopolymers are defined as polymers formed under natural conditions (Palit 2017b). Therefore, they are also defined as natural polymers (Rao et al. 2014; Palit 2017b). For material applications, cellulose and starch are highly interesting and immensely promising (Rao et al. 2014). In this review paper, the author deeply ponders on the functions and synthesis of biopolymers, production of biopolymers, intracellular versus extracellular production of biopolymers, genetic engineering and biopolymer technology, and genetically engineered biopolymer production system. The authors also discussed in minute details various types of biopolymers (Rao et al. 2014). The needs of scientific research pursuit in polymer science are vast and versatile. This paper is a veritable eye-opener to the scientific intricacies of biopolymer applications to human scientific progress (Rao et al. 2014; Palit 2017b).

Chauhan and Chauhan (2013) discussed with lucid and cogent insight the vast scientific world of natural fibers and biopolymers. In recent decades, there have been a tremendous increase in scientific interest, research, and development in the natural fibers, biopolymers, polymer materials, and engineered polymer materials for their extensive use in bio-composite, packaging, agriculture, medicine, etc. (Chauhan and Chauhan 2013). The challenges and the vision of polymer science and material science in today's world of science and engineering are vast and versatile (Palit 2017b). Ecological engineering and environmental engineering are two branches of engineering which need to be envisioned and reorganized with the passage of scientific vision and visionary timeframe (Chauhan and Chauhan 2013). Today is the world of bioengineering and nanotechnology (Chauhan and Chauhan 2013). The vast vision behind the scientific research forays is to promote the biodegradable polymer materials that would reduce the need for the synthetic polymer production while reducing the environmental pollution. The vast vision of material science, the futuristic vision of biopolymers, and the vast scientific ingenuity are all the torchbearers toward a newer era in the field of science and engineering (Chauhan and Chauhan 2013). This paper provides a deep and cogent insight to the progress in the utilization of natural fiber and biodegradable polymer (Palit 2017b). The authors with deep scientific conscience also discussed the usefulness of natural fibers and polymer for environmental protection applications (Chauhan and Chauhan 2013). There has been a tremendous increase in scientific attention, research, and development initiatives for the natural fiber, biopolymers, and polymer materials for their extensive and evergrowing use in bio-composite, packaging, agriculture, medicine, etc. (Chauhan and Chauhan 2013). Technology and engineering science of natural fibers and biopolymers are today surpassing vast and versatile visionary frontiers. Many research and development initiatives are today targeted toward modifying traditional natural fibers and polymers to more user-friendly and novel polymers, polymer composites, nanocomposites, and advanced materials (Chauhan and Chauhan 2013). Fiber-reinforced composites are the smart and ecomaterials of today. Today the other side of the visionary coin is the importance of environment friendliness of the natural fibers, biopolymers, nanocomposites, and fiber-reinforced composites (Chauhan and Chauhan 2013; Palit 2017b). This is the upshot of this entire scientific endeavor. The authors deeply focus and investigate the need of scientific and technological emancipation in material science and polymer science today (Chauhan and Chauhan 2013; Palit 2017b).

Gabor and Tita (2012) discussed with deep and cogent foresight in a review biopolymers used in food packaging. The vision of this review is to reveal with deep scientific conscience the most relevant biopolymers used in food packaging. Most research and development forays that are investigated are classified in three categories: biopolymers from renewable sources, chemically obtained biopolymers, and microbial obtained biopolymers. Biopolymers, polymer science, and material science are today in the midst of immense scientific regeneration and deep scientific ingenuity (Gabor and Tita 2012). The actual inclination in packaging research is to develop and promote the use of "bioplastics" which are useful in reducing waste disposal and environment friendly and are good alternative of petroleum, a

nonrenewable resource (Gabor and Tita 2012). Today the scientific world is widely challenged with the monstrous issue of depletion of fossil fuel resources and global climate change. In this paper, the authors deeply discussed biodegradable polymers in food packaging and the vast and definite vision behind it (Gabor and Tita 2012). The areas of biopolymers touched upon are polysaccharides, alginate, cellulose, chitin/chitosan, curdlan, gellan, pectin, starch, and xanthan. The other areas envisioned in this paper are proteins, collagen, gelatin, soy protein, whey protein, and aliphatic polyesters such as polylactic acid and polyhydroxybutyrate (Gabor and Tita 2012). Scientific research pursuit, the needs of biodegradable plastics, and the futuristic vision of polymer and material science will all lead an effective way in the true realization of science and engineering (Gabor and Tita 2012; Palit 2017b).

Valdes et al. (2014) investigated with deep insight natural additives in bioformulations for food packaging. The main research directions in food packaging are targeted toward improvements in food quality and food safety engineering (Valdes et al. 2014). For this purpose, food packaging with a deeper vision toward longer product shelf life as well as stringent environmental regulations is the immediate need (Valdes et al. 2014). Scientific vision, vast scientific repertoire, and the needs of scientific and technological validation are the necessities of research and development forays in polymer science and material science today. The innovations in new materials, and particularly innovative biopolymer formulations, can definitely help to deeply address these requirements and also the vast packaging applications (Valdes et al. 2014). Human scientific vision in biopolymer science is at its scientific helm today (Palit 2017b). The vastly innovative upshot of this paper is the use of natural extracts in biodegradable and eco-friendly polymers (Valdes et al. 2014). The other avenue of research endeavor of this paper is revalorization of agricultural residues as reinforcement in biopolymers. Legislative issues and environmental regulations in biopolymer packaging are the other salient features of this paper (Palit 2017b).

9 Recent Significant Research Pursuit in Application of Nanocomposites

Scientific vision, deep scientific discernment, and vast scientific motivation are the needs of modern science today. Nanotechnology, material science, and composite science are the areas of immense scientific regeneration today (Palit 2017b). Nanocomposite application and its vast scientific emancipation are the necessities of research endeavor today. In this section, the authors point out toward the vast scientific vision, the futuristic vision of technology, and the immense prowess behind nanocomposite application in modern society (Palit 2017b).

Modi et al. (2014) deeply elucidated with vast scientific conscience in a review on green polymer nanocomposites and their vast applications. Technological vision, scientific ingenuity, and deep scientific and engineering prowess are the cornerstones

of research endeavor in nanotechnology and composite science today (Modi et al. 2014). Nanocomposites and fiber science are the newer areas of scientific and engineering innovation today. This paper addresses the domain of green polymer nanocomposites. Through this research endeavor, the authors study bio-reinforced composites in automotive, construction, packaging, and medical applications (Palit 2017b). From the deep and investigative study of nanocomposites, the authors studied the unique properties of natural fillers and organic polymers (Modi et al. 2014). Man's immense scientific prowess, the vision of composite science, and the needs of environmental protection will all lead a visionary way in the true emancipation of material science, nanotechnology, and composite science today. This paper investigates techniques of production, trends, and prospects in the field of green polymer nanocomposites (Modi et al. 2014). Technological acuity and the vast world of scientific validation are the utmost need of the moment as science and engineering surges forward. Today, there are immense research and development initiatives for the development and application of environmentally friendly and sustainable bio-reinforced composites for wide use in automotive, construction, packaging, and medical fields (Modi et al. 2014; Palit 2017b). The authors discussed in minute details processing methods of nanocomposites, review of green polymers, thermoplastic starch-based composites, polylactic acid-based composites, cellulosebased composites, and other biopolymer-based composites. The progress of mankind and the utmost needs for green engineering are the veritable torchbearers toward a greater scientific emancipation of polymer science and material engineering today. The authors also poignantly depict the application of green polymer nanocomposites (Modi et al. 2014). The veritable needs of green technology and green engineering are the pallbearers toward a newer age in the field of material science today (Modi et al. 2014; Palit 2017b).

Camargo et al. (2009) discussed with lucid insight synthesis, structure, properties, and new application opportunities of polymer nanocomposites. Human scientific vision, the vast scientific fortitude, and the human scientific foresight are the pallbearers toward a greater scientific emancipation in the field of nanocomposites (Camargo et al. 2009; Palit 2017b). Nanocomposites, a high-performance material, exhibit unusual property combinations and unique design properties. In this comprehensive review, the three types of matrix nanocomposites are elucidated underpinning the vast need for these materials, their important processing methods, and some recent results on structure and potential applications. Scientific vision in the field of nanotechnology combined with polymer science is deeply investigated in this well-researched paper (Camargo et al. 2009; Palit 2017b). Nanocomposites can be classified into three broad categories: (1) ceramic matrix nanocomposites, (2) metal matrix nanocomposites, and (3) polymer matrix nanocomposites (Camargo et al. 2009). Conducting polymer nanocomposites are novel and smart materials of today's modern-day human civilization and scientific research pursuit. Potentials and opportunities in nanocomposites with deep scientific vision are the other salient features of this paper. The authors also touched upon processing of nanocomposites, structure and properties, and the vast future perspectives of composite science (Camargo et al. 2009).

Adeosun et al. (2012) discussed and investigated in minute details green polymer nanocomposites. Green technology and green engineering are the areas of scientific endeavor which are in the path scientific regeneration (Adeosun et al. 2012; Palit 2017b). Today is the need of environmental protection and green technology. Bio-reinforced composites have extensive applications in automotive, construction, packaging, and medical applications due to the evergrowing concerns for environmental sustainability. Sustainability science and sustainability engineering are today the needs of human scientific research pursuit. Green polymer nanocomposites show unique properties of combining the advantages of natural fillers and organic polymers. Science of polymer and material engineering are today linked with the vast world of environmental protection. This paper with vast scientific divination and vision investigates current research trends, the techniques of production, opportunities, challenges, and prospects in the field of green nanocomposites (Adeosun et al. 2012). Environmental engineering science and environmental protection are today in the state of immense scientific comprehension and scientific vision. The authors in this paper discussed with deep scientific conscience green polymer nanocomposites, fillers, and nanocomposite processing methods. This paper definitely opens a newer scientific paradigm in the field of polymer and material science (Adeosun et al. 2012; Palit 2017b).

Fawaz and Mittal (2015) with deep scientific insight and conscience reviewed various techniques in the synthesis of polymer nanocomposites (Fawaz and Mittal 2015). Technological validation, the vast scientific conscience, and profundity will definitely lead a visionary way in the true realization of composite science today. Polymer nanocomposites are hybrid organic-inorganic materials with at least one dimension of the filler phase less than 100 nm (Fawaz and Mittal 2015). Polymer nanocomposites are synthesized via various techniques that can be categorized into four major routes: melt intercalation, template synthesis, exfoliation adsorption, and in situ polymerization intercalation (Fawaz and Mittal 2015). The authors discussed in minute details synthesis methods of nanocomposites (Fawaz and Mittal 2015).

Huang et al. (2003) elucidated with vast scientific foresight polymer nanofibers by electrospinning and their vast applications in nanocomposites. Scientific validation and deep technological vision are the needs of human society and modern science today. Various polymers have been successfully electrospun into ultrafine fibers in recent times mostly in solvent solution and some in melt form. Technology needs to be envisioned and reorganized with the passage of scientific vision and the visionary timeframe (Palit 2017b). Information of these polymers together with their immensely visionary processing conditions for electrospinning of ultrafine fibers has been summarized in details in this well-researched paper (Huang et al. 2003).

10 Significant Research Endeavor in Environmental Protection and the Vision for the Future

Environmental protection and the vast domain of environmental engineering and chemical process engineering today stand in the midst of deep scientific vision and foresight. The success of science needs to be reenvisioned, reframed, and readdressed with the passage of scientific vision and visionary timeframe. The application of polymer science in environmental protection is a veritable challenge to scientific progress today. Human scientific research pursuit today stands in the midst of deep scientific divination and vast revelation (Palit 2017b). The author deeply invokes in this paper the need of environmental protection and environmental engineering tools with the sole objective of emancipation and proliferation of science and technology (Palit 2017b). Global water shortage, global climate change, and frequent environmental disasters are challenging the vast scientific firmament of modern civilization today. In this paper, the author reiterates with deep scientific conscience research endeavor in the field of material science, polymer science, and nanotechnology. Today nanotechnology is linked with every visionary avenues of scientific pursuit such as chemical engineering and polymer science (Palit 2017b). The world of environmental management needs to be envisioned with the passage of scientific history, scientific vision, and time. Environmental management is certainly evolving rapidly and is increasingly applied in developing countries and to transboundary and global issues (Palit 2017b).

Palit (2017a) discussed with lucid and cogent insight advanced environmental engineering separation processes, environmental analysis, and application of nanoscience and nanotechnology in a far-reaching review. The world of challenges and the vast vision behind environmental protection are moving steadfastly toward a newer vision (Palit 2017a). The vision of science, the scientific ingenuity, and the futuristic vision of conventional and nonconventional environmental methods will all lead a successful way toward environmental engineering realization today (Palit 2017b). The success of environmental engineering separation processes is delineated in details along with deliberation of advanced environmental analysis. The author with deep scientific conscience addresses membrane separation processes and nontraditional environmental engineering treatment techniques such as advanced oxidation processes and integrated advanced oxidation processes (Palit 2017b). The author in this chapter pointedly focuses on global ecological balance, provision of potable drinking water, and the scientific progress of human civilization. The authors also touched upon water process engineering, environmental separation processes, and the vast vision of tomorrow's scientific pursuit. A review of relevant technologies for wastewater treatment and oxidation technologies is deeply and lucidly pondered upon in this chapter. Novel separation processes are wonders of science today. This treatise opens up new windows of restructuring of science and vast scientific profundity in the field of environmental engineering techniques (Palit 2017a, b).

Hussain and Palit (2018) elucidated with deep and cogent foresight nanomaterials, ecomaterials, and the vast vision of material science and engineered nanomaterials. Human scientific regeneration and the vast scientific profundity are the torchbearers of scientific endeavor in material science today (Palit 2017b). The world of nanotechnology is moving toward one paradigm toward another. In the similar vein, environmental engineering science is treading a weary path toward a visionary scientific boundary. The main aim and objective of this treatise is the discussion of scientific regeneration, the field of nanomaterials, ecomaterials, and engineered nanomaterials and the vast domain of material science (Hussain and Palit 2018). Human scientific regeneration, the vast vision of material science, and the visionary aisles of environmental engineering will all lead a visionary way in the true realization of environmental applications. The authors discussed nanomaterials for environmental applications. The authors depicted with deep scientific conscience and profundity the significant scientific endeavor in the field of nanomaterials (Hussain and Palit 2018; Palit 2017b).

Palit (2018) discussed with vast scientific farsightedness nanomaterials for industrial wastewater treatment and water pollution control. Industrial wastewater treatment, drinking water treatment, and water purification are the needs of human society today (Palit 2017b). Application of nano-science and nanotechnology in water purification is the challenge and the vision of modern science today. In this chapter, the author depicts with profound conscience novel separation processes and the traditional and nontraditional environmental engineering techniques (Palit 2017b, 2018).

11 Scientific Doctrine of Traditional Environmental Engineering Tools

Traditional environmental engineering tools today are in the midst of scientific vision and deep scientific introspection. Activated sludge treatment, flocculation, and coagulation are traditional environmental engineering tools. Today there are few answers to the monstrous issue of global climate change and loss of ecological biodiversity. Man's immense scientific grit and determination, mankind's vast scientific knowledge, and the vision of human research pursuit will all lead a long way in the true emancipation of science of environmental sustainability. Traditional environmental engineering tools are today replaced by nontraditional tools such as membrane separation processes and advanced oxidation processes. Scientific research endeavor, vast scientific prowess, and immense scientific discernment are the backbones of research pursuit in traditional and nontraditional environmental engineering today. Man's immense futuristic vision, the vast world of scientific and technological validation, and the utmost needs of the basic needs such as energy and water will today truly lead a long way in the true realization of the

science of sustainability. Water purification and drinking water treatment are the absolute necessities of human scientific progress today (Palit 2017b). The science of membrane separation processes and desalination is widely expanding as global water shortage moves from one visionary frontier toward another (Palit 2017b).

12 Scientific Vision and Scientific Cognizance of Membrane Science

Membrane science and global water research and development initiatives are today linked by an umbilical cord. The vision and the challenge of novel separation processes are immense and pathbreaking and are replete with vast scientific grit and determination (Palit 2017b). Today membrane science and desalination are veritably linked with global water crisis and heavy metal groundwater remediation. The crisis is extremely severe in South Asian countries as well as developed world. Scientific vision and vast scientific cognizance are today in the crucial juxtaposition of comprehension, scientific might, and vast discernment. Technology, engineering, and science of membrane processes need to be reframed as human civilization and global research and development initiatives move forward (Palit 2017b). Stringent water quality regulations can be achieved efficiently with the help of membrane separation processes. The most important advantages of using membrane science are the ease of operation and little requirement of chemicals. Depending on pore size, the membrane processes can be classified into microfiltration (MF), ultrafiltration (UF), and nanofiltration (NF) (Palit 2017b). The membranes are also subdivided into organic, inorganic, and composite membranes. The primary disadvantage of using membranes is fouling. Global water research and development initiatives are today linked with membrane technology. The needs for scientific endeavor are immense as human scientific pursuit moves forward. In this chapter, the author reiterates the deep scientific understanding and the scientific vision behind membrane applications in tackling global water issues (Palit 2017b).

13 Advanced Oxidation Processes and the Scientific Barriers Behind It

Advanced oxidation processes (AOP) are alternatives to the incineration of wastes which have numerous disadvantages (Munter 2001). The AOPs have proceeded along one of the two routes:

- Chemical oxidation with oxygen in temperature ranges between ambient conditions and those found in incinerators (Palit 2017b).
- The use of oxidants such as ozone and hydrogen peroxide and/or photons that are able to generate highly reactive intermediates OH radicals (Munter 2001).

Advanced oxidation processes and integrated advanced oxidation techniques are the technologies of tomorrow (Palit 2017b). Nowadays there is a continuously evergrowing worldwide concern for development of water reuse and water treatment techniques mainly focused on agriculture and industry. Advanced oxidation processes (AOPs) are considered as visionary processes to treat industrial wastewater. These processes are used for the removal of those organic pollutants not treatable by conventional environmental engineering techniques due to their high chemical stability and/or high biodegradability (Palit 2017b). Chemical oxidation for complete mineralization is highly expensive today. The main and primary routes for destroying toxic compounds in natural water are biodegradation, bioremediation, and photodegradation (Palit 2017b). Today the scientific intricacies and the scientific barriers of advanced oxidation processes can be removed, and efficiency can be increased with the combination of biological treatment. Oller et al. (2011) discussed with immense lucidity wastewater treatment by combined AOPs (advanced oxidation processes)/biotreatment technology. Scientific perseverance, scientific grit, and vast scientific vision are the needs of scientific research pursuit in advanced oxidation processes (Oller et al. 2011; Palit 2017b). This challenge and the vast vision of science are elucidated in details in this paper (Oller et al. 2011; Palit 2017b). Industrial wastewater treatment and water purification today are in the midst of deep scientific introspection and the vast futuristic vision (Palit 2017b). Technology and engineering science has few answers to the evergrowing concerns for arsenic and heavy metal groundwater contamination and subsequent remediation (Palit 2017b). Nontraditional environmental engineering separation processes are vastly envisioned and need to be reorganized as regards zero-discharge norms and strict environmental regulations (Oller et al. 2011; Palit 2017b).

14 Arsenic and Heavy Metal Groundwater Remediation

Arsenic and heavy metal groundwater contamination and subsequent remediation are burning issues in modern science and today's human civilization (Palit 2017b). Technological vision, the vast futuristic vision of science, and the world of challenges in environmental engineering science will all lead an effective way in the true realization of environmental sustainability (Palit 2017b). Today, groundwater remediation is the need of the hour. In South Asia and developing and developed countries throughout the world, arsenic groundwater contamination has resulted in a devastating crisis. Human scientific ingenuity and vast scientific vision are the pallbearers toward a newer era in water purification (Hashim et al. 2011). Technology and engineering science has veritably no answers to this burning and enigmatic issue of groundwater contamination. In this paper the author points out toward the vast scientific success, the scientific profundity, and the challenges behind heavy metal remediation of groundwater (Palit 2017b). South Asia particularly Bangladesh and India is in the threshold of a devastating scenario (Hashim et al. 2011). Water shortage and the lack of pure drinking water are a scientific enigma in developing and developed countries around the world (Palit 2017b). In this paper, the authors also point out toward the arsenic groundwater remediation technologies which have interfaced with material science, material chemistry, and nanotechnology. Environmental engineering science today is a huge pillar with a definite and purposeful vision of its own. The imminent need of the hour is innovations and technologies in groundwater remediation. Hashim et al. (2011) with deep and cogent foresight delineated remediation techniques for heavy metal- and arsenic-contaminated groundwater. The world of science and engineering are today witnessing the environmental disaster of groundwater heavy metal contamination in India and Bangladesh (Palit 2017b). Scientific vision has few answers toward the monstrous issue of groundwater poisoning. Scientific enigma of arsenic groundwater remediation is deeply comprehended by scientists throughout the world (Hashim et al. 2011). The contamination of groundwater and drinking water by heavy metal, originating either from natural soil sources or from anthropogenic sources, is an enigma and a matter of immense concern to human progress (Palit 2017b). Keeping the issue of environmental sustainability in mind, the technologies encompassing bioremediation and biosorption are highly recommended and envisaged in many water treatment issues (Hashim et al. 2011; Palit 2017b).

Mandal and Suzuki (2002) reviewed the presence of arsenic in groundwater throughout the world. This comprehensive review delineates environmental origin, occurrence, and impact on health by arsenic-contaminated groundwater (Mandal and Suzuki 2002). Arsenic and its compounds are extremely mobile in the environment. Weathering of rocks converts arsenic sulfides to arsenic trioxide, which enters the arsenic cycle (Mandal and Suzuki 2002). The vast scientific vision of arsenic groundwater remediation technologies, the needs of human society, and the provision of basic human needs such as water will all lead an effective way in the true realization of environmental protection (Mandal and Suzuki 2002). The authors in this paper deeply investigate the scientific innovation and the vast scientific profundity in water purification science.

Ahmed et al. (2006) discussed with deep scientific conscience and with urgent concern an epidemiology report on the assurance of supplying clean drinking water in Bangladesh. Human civilization today stands in the midst of deep scientific introspection and vast scientific revival. In the early 1980s, Dr. K.C. Saha from the School of Tropical Medicine in Kolkata attributed skin lesions in the state of West Bengal in India, to exposure to arsenic in groundwater pumped from shallow tube wells on various districts (Ahmed et al. 2006). Scientific progress had virtually come to a standstill and vision stalled as the world's largest environmental disaster destroyed the scientific firmament. Despite these scientific findings, millions of tube wells have been installed in the Bengal basin. The vast popularity of tube wells in Bangladesh and the state of West Bengal in India reduced incidence of diarrheal disease. This ushered in another great disaster which is a permanent agony in India and Bangladesh. Human sufferings are immense and scientific vision stalled as science and engineering surged forward in many developing and developed nations around the world (Ahmed et al. 2006; Palit 2017b). Today, perhaps 100 million people in India, Bangladesh, Vietnam, Nepal, and Cambodia are drinking water with arsenic concentrations up to 100 times the World Health Organization guideline of 10 μ g per liter. Technological innovations and vast scientific validation are at a state of immense catastrophe as there are few answers to the evergrowing concern of groundwater contamination (Ahmed et al. 2006). The world's largest environmental disaster is at a state of immense scientific ingenuity as well as deep introspection (Ahmed et al. 2006; Palit 2017b).

15 Modern Science: Difficulties, Challenges, and Opportunities

Human civilization and human scientific research pursuit are today in the path of newer scientific rejuvenation. The world of science, technology, and engineering today is facing immense challenges and vast scientific vision. The state of modern science is immensely dismal in human planet. Nuclear science and engineering and space technology are today in the process of new regeneration (Shannon et al. 2008; Palit 2015, 2016a, b). Yet climate change, loss of biodiversity, and frequent environmental disasters are totally destroying the visionary scientific firmament (Palit 2017b). Science and engineering are today two huge colossus with a deep vision of its own (Palit 2017b). The difficulties and the challenges of modern science are immense, and the opportunities are groundbreaking. Science today has few answers to environmental disasters and the grave concerns for groundwater and drinking water contamination of heavy metals such as arsenic. In this paper, the authors repeatedly target the vast scientific vision, the scientific fortitude, and the needs of basic human resources such as water, food, shelter, and energy (Palit 2017b). The world of technology has few answers to the grave concerns for energy and environmental sustainability. Modern science and vast research endeavor are the answers to sustainable development today. Material science and polymer engineering are today the frontiers of science along with nanotechnology. Nanotechnology today is vastly encompassed with scientific vision and vast scientific profundity (Palit 2017b). Today material science and nanotechnology are two opposite sides of the coin. In this chapter, the author points toward the human scientific success and the vast scientific ingenuity in the field of biopolymers, nanocomposites, and environmental engineering science (Palit 2017b). This chapter opens new windows of scientific ardor and deep scientific understanding in the field of material science and environmental protection (Palit 2017b).

16 Future Recommendations and Future Flow of Scientific Thoughts

Future recommendations and future flow of scientific thoughts in the field of material science, polymer science, and environmental engineering are vast and versatile. Mankind's vast scientific intellect, man's vast ingenuity, and the futuristic vision of environmental engineering will all lead an effective way in the true emancipation of environmental sustainability and the vast area of sustainable development today (Palit 2017b). Future flow of scientific thoughts and research and development initiatives in polymer science, material science, and nanotechnology should be targeted toward energy and environmental sustainability (Palit 2017b). Scientific regeneration is today in the path of vision and scientific fortitude. Water science and technology and the vast domain of water purification also need to be readdressed and envisioned today with the progress of science and engineering. Industrial wastewater treatment, groundwater treatment, and desalination techniques are the visionary avenues of scientific endeavor today. Technological and scientific advancements are today in the crucial juncture of immense disaster with the growing concerns for climate change. Nuclear science and space technology are the cornerstones of research foray today. Yet, the challenges and targets of science and technology are immense, far-reaching, and evergrowing. The science of biopolymers and nanocomposites needs to be veritably overhauled as polymer science and nanotechnology witness immense and drastic changes. The application of biopolymers and nanocomposites in environmental pollution control is in a similar vein undergoing vast and versatile changes. In this treatise the author rigorously points toward the vast scientific success, the technological validation, and vast scientific motivation in the application of polymer science and nanotechnology in environmental engineering (Shannon et al. 2008; Palit 2015, 2016a, b. 2017b).

17 Conclusion and Scientific Perspectives

Human scientific vision and human scientific forays are today in the path of newer rejuvenation and newer scientific grit and determination (Palit 2017b). Human mankind stands in the midst of deep scientific introspection and vast acuity. The world today is highly challenged with the growing concerns for climate change and industrial pollution. Technology and engineering science has few answers to the scientific advancements in environmental protection (Palit 2017b). The whole gamut of scientific research in polymer science, the science of the composites, and nanoscience needs to be structured and envisioned as mankind tackles environmental issues. The state of global environment is immensely dismal today. Scientific perspectives in environmental protection and environmental engineering science should be targeted toward more innovations, scientific advancements, and the provision of basic human necessities such as water, food, shelter, and energy (Palit

2017b). Energy and environmental sustainability today are in the critical juncture of deep global crisis. The need for pure drinking water and energy security in the human planet will all lead a long way in the true realization of energy and environmental sustainability. Application of nanotechnology in environmental pollution control apart from deep comprehension in material science is the other pillar of this paper. The authors in this treatise focus on the boundless scientific potential and vision behind nanotechnology and material science. The need for renewable energy and energy sustainability is the other cornerstone of holistic scientific pursuit today. Global research and development advancements in water purification and environmental protection are the utmost need of the hour and gaining immense importance with the passage of history and visionary timeframe (Palit 2017b). Polymer science and nanotechnology are the other areas of interdisciplinary research which will have direct impact on environmental protection. In this paper, the authors deeply elucidate on the vast domain of biopolymers and its application to environmental protection. Polymer science and nanotechnology are in the path of newer scientific vision and vast candor. This paper unravels new ideas and new scientific innovations in both nanotechnology and material science.

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Chitosan-Based Edible Membranes for Food Packaging



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Abstract Chitosan edible membranes provide extra benefits including compatibility with living organism, barrier properties to gases, nontoxic to mammals, nonpolluting, and low cost compared to synthetic polymers. In addition, bioactive membranes and coatings act as food additive carriers, such as antibiotics and antioxidants, and have been specifically considered in preservation of food due to their ability to extend shelf life. This chapter focuses principally on chitosan membranes derived from the naturally occurring chitin. Moreover, the chapter provides modern technological applications and the prospects of chitosan-modified membranes in food preservation.

Keywords Chitosan \cdot Biopolymer \cdot Membranes \cdot Technological applications \cdot Food preservation

1 Introduction

The urgent need to develop environmentally friendly biologically active materials in food packing technology through enhanced barrier permeability characteristics (water, CO₂, O₂, and vapor odor), transparency, biodegradability, prevention and control of pollutants, mechanical and moisture resistance, and other intelligent characteristics leads to focusing on the new trend in biopolymer technologies (Rhim et al. 2013a; Appendini and Hotchkiss 2002; Brockgreitens and Abbas 2016). In particular, chitosan biopolymer is an incessant protocol of demanding investigation in packaging of food and preservation because of its biodegradability, nontoxicity, transparency, hydrophilicity and antimicrobial activity, as well as high

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cation and anion exchange capacity (Ferreira et al. 2016; Appendini and Hotchkiss 2002; Miller and Krochta 1997). Chitosan is a common linear polymer of β -(1-4)-Dglucosamine (GlcN) and N-acetyl-β-(1-4)-D-glucosamine (GlcNAc), gained by chitin deacetylation, the second abundant polysaccharide in nature (Fig. 1) (Muzzarelli 1983; Rabea et al. 2003). Chitosan plays increasingly significant role as edible coating membranes in food packing and preservation with substituting the nonbiodegradable and nonrenewable polymers (Baldwin 1994; Lin and Zhao 2007; No et al. 2007; Elsabee and Abdou 2013). High hydrophilicity of the chitosan molecule limits mechanical strength that can be associated with the deacetylation degree (DDA) (Clasen et al. 2006). The crystallization and density of chitosan are correlated to the functional characterization of films and membranes (Tsai et al. 2008). In the applications in food preservation, semielastic coatings of chitosan can change the interior atmosphere, delaying the maturing of vegetables and fruits (Elsabee and Abdou 2013; Kowalczyk et al. 2015; Badawy and Rabea 2009). The edible chitosan films can also use as carriers releasing of other antimicrobial agents like essential oils that are affected by vapor contact with pathogens (Avila-Sosa et al. 2012; Zivanovic et al. 2005; Acevedo-Fani et al. 2015). Other characteristics of chitosan edible films are the capacity to decrease the loss of the moisture and respiration rate of fruit, aroma, and solutes, thus increasing the shelf life (Zhang et al. 2011; Barbosa-Cánovas et al. 2000; Badawy et al. 2017).

Hydrophobicity control aids to regulate the rate of chitosan degradation that is of dominant importance in investigation of biomass-based and environmental polymers (Badawy et al. 2016; Clasen et al. 2006). Thus, it is usual to blend chitosan polymer with further biopolymers including gelatin, cellulose, and starch to develop the physicochemical characteristics of the prepared films. Furthermore, plasticizers are generally added to improve the dry flexibility and properties of the films (Badawy et al. 2016). This could develop the sustainability of the fabrication of novel intellectual packaging of food, in covenant with customer mandate for environmental transparency (Conte et al. 2015; Magnier and Schoormans 2015).

This chapter offers an indication of the application of chitosan biopolymer membranes in food packaging and preservation. In this context, this chapter chiefly deals with the recent approaches of preparation and characterizations of chitosan composite membranes with their safe application in food sectors.

2 Preparation and Characterizations of Chitosan Membranes

Several methods have been used to prepare membranes of chitosan and develop the separation efficacy including polymerization, mixing, surface modification, and grafting of selective types onto an inert films. Among them, the solution casting process is one of the best common techniques. Meanwhile the key purpose of the packaging of food and coating is regularly to reduce the moisture between the food and the surrounding atmosphere or between two components of a heterogeneous food product; the water vapor permeability (WVP) has to be as low as possible (Gontard et al. 1993; Salehi et al. 2016).

2.1 Pure Chitosan Membranes

A chitosan biopolymer has attracted considerable attention by potentially replacing traditional plastic packaging resources owing to improved awareness in sustainable progress. Chitosan has the capability to produce thin films due to its great hydrophilicity and good film-forming characters (Mi et al. 2001; Xu et al. 2005; Caner et al. 1998; Shu et al. 2001; Huei and Hwa 1996; Baldwin et al. 2011; van den Broek et al. 2015; Goosen 1996). The chitosan film membrane is stable structure, tough, durable, flexible, hard to tear, good permeable, and good water barrier. Some required possessions of chitosan are these form films without adding of additives, display good oxygen and permeability to carbon dioxide, as well as admirable mechanical characteristics (Suyatma et al. 2004). The chitosan film characteristics are contingent on its morphology that is influenced by molecular weight, DDA, solvent systems, solvent evaporation, and mechanism of free amine generation (Rathke and Hudson 1994; Elsabee and Abdou 2013). It has been revealed that the chitosan polymorphs are dictated by the preparative circumstances and play a significant role in the resulting properties of tensile. Clean or partly plasticized chitosan film may be prepared by casting from a solvent. In this procedure, chitosan is liquefied in acidified water, and a plasticizer is added. The solution is decanted onto a flat surface and the solvent is evaporated. Austin described chitosan films that were flocculated in a 5% (w/v) chitosan solution in aqueous 4% (v/v) acetic acid and solidified in aqueous bases. Stretching properties of 23.60 kg/mm² (23.60 MPa) were described after 1 day. The tensile properties reduced to 16.90 g/mrn² (16.90 MPa) after 16 days of aging the solution, and the viscosity was decreased from 4300 to 850 cPs. (Austin 1982). Auerbach described the casting of chitosan films from solution of 10% on plates and drying at 125 °C. The resulting films had a thickness of 0.002–0.015 inch and were transparent and flexible (Auerbach 1975). There were no reports on washing and drying methods, as well as on the concentrations of solutions and molecular weights. Nevertheless, Auerbach followed this report in 1977 with a topic that dealt with molecular weight and viscosity associations (Auerbach 1978).

In chitosan film forming, plasticizing agents such as glycerol, sorbitol, and fatty acids are important to overawe the weakness of the films. This weakness of the films refers to the weak intermolecular forces of the polymer structure. Plasticizers work to reduce the intermolecular forces that soften the stiffness of the film structure and increase the mobility of the biopolymer chains, thereby improving the mechanical properties (Gontard et al. 1993; Srinivasa et al. 2007; Arvanitoyannis et al. 1997; Boesel 2015; Meng et al. 2014). The key objective of the study was the WVP for the films achieved with mechanical characteristics. WVP is strongly overstated by DDA, acid types (formic, lactic, acetic, and propionic acid), and solvent pH. A greater WVP was measured for the highly disrupted chitosan than for the chitosan with a lesser DDA. The WVP values of the chitosan films were augmented with adding the plasticizers such as glycerol (Arvanitovannis et al. 1997, 1998). However, Srinivasa and co-authors reported that the addition of glycerol to chitosan film reduced the WVP (Srinivasa et al. 2007). Claasin and others described that the quantity of glycerol was equal to 16–100% of the amount of chitosan in the solution to prepare the flexible chitosan membrane. The solution was stirred for several min and applied to a flat surface of polycarbonate to produce a film of 2 mm after dried at 60 $^{\circ}$ C (Clasen et al. 2006). Chitosan membranes were also produced by evaporation of solvent and then immersing the membranes in NaOH solution (1 M) for 24 h to neutralize the excess of acid and were finally washed with distilled water (Mladenova et al. 2011).

2.2 Chitosan Blend Membranes

Furthermost of the reports on the formation and possessions of chitosan films focused on their application as edible membranes. For packaging applications, chitosan alone has moderately low barrier and mechanical properties, which presently limit its industrialized usage. Particularly problematic is the improvement of moisture barrier belongings owing to its hydrophilic nature. However, blending of chitosan with other biopolymers increases these characteristics (Puttipipatkhachorn et al. 2001; Blair et al. 1987; Zhang et al. 2002; Tual et al. 2000; Singh and Ray 1999; Suyatma et al. 2004). The composites are designed once two or more polymers are mixed physically in the soluble state of a suitable solvent. Polymer mixtures can be in different forms, including the separable phase, compatible, non-compatible, interpenetrating and semi-interpenetrating polymer networks, or molecular composites. Combinations are frequently used to develop the elastic properties of the prepared membranes. Mixtures regularly offer a stronger structural constituent in the separation media that supports the active polymer. Physical possessions of a polymer can also be changed by presenting a second polymer, which enhances the original polymer properties in certain sectors. Composite membranes of chitosan with polysaccharides (starch, gelatin, pectin, and methylcellulose) or proteins have



Fig. 2 Chemical structure of starch (amylose and amylopectin)

been widely considered to improve the properties of producing films (Valenzuela et al. 2013; Pereda et al. 2011; Arvanitoyannis et al. 1998; Debeaufort et al. 1998; Elsabee and Abdou 2013; Alishahi and Aïder 2012; Cha and Chinnan 2004).

2.2.1 Chitosan-Starch Membranes

Starch is one of the greatest abundant conventional polysaccharide raw ingredients (Robyt 2008). It consists of two core molecular constituents: amylose (an almost linear polymer of α -1,4-anhydroglucose) and amylopectin (a highly branched short-chain α -1,4 chains linked by α -1,6-glucosidic branching points occurring every 25–30 glucose units) (Fig. 2). The key alterations between chitosan and starch are the α (1,4) glucoside linkage for starch and β (1,4) for chitosan, and the hydroxyl group of the second carbon is substituted by the amine group which seems acetylated in the instance of chitin (Jiménez et al. 2012). Chitosan-starch membranes may be formed from emulsion or a film-forming dispersion, which comprises a high percentage of water. Furthermore, starch films can be obtained by using a drying method where the water content is lower as compared with the wet procedure.

The films formed from chitosan and starch in the existence of sorbitol as plasticizer showed low WVP values. This may be due to the cross-linking caused between chitosan amino groups and the hydroxyl groups of starch molecules by thermal mixing hydrophilic-hydrophilic form in a more hydrophobic material which has relatively low water barrier characteristics (Xu et al. 2005). According to Xu and co-authors, the highest mechanical strength of the films occurred at the starch to chitosan ratio of 1:1 (Xu et al. 2005). Regardless of the starch type, the tensile strength (TS) as well as the elongation (E) of the composite films increased in the first place and then declined with the addition of starch. Composite film made with normal thickness exhibited higher TS and E than waxy starch (Xu et al. 2005).

Starch/chitosan mixture membranes were prepared by the compression molding method in physical gel state (Zhai et al. 2004). The tensile flexibility and strength of starch membranes were significantly enhanced once the combination of 20% chitosan. Investigations by X-ray and scanning electron microscope (SEM) indicated that interaction and microphase separation occur between the molecules of chitosan and starch.

The properties of thermomechanical of starch-chitosan membranes were examined by dynamic mechanical thermal analysis (DMTA) and large deformation tensile testing. The data indicated that incorporation of sorbitol (10% and 30%) and/or moisture adsorption by chitosan-starch membranes resulted in a substantial decrease in the glassy transition (T_g) of the polysaccharide matrix due to plasticization (Lazaridou and Biliaderis 2002). The rice starch-chitosan films indicated an increase in the TS, WVP, lighter color, and yellowness and a decreasing elongation at the break (E) and solubility once combined with chitosan. The addition of chitosan amplified the crystal peak structure of the starch film; nevertheless, too high a concentration of chitosan has produced a phase separation between starch and chitosan (Bourtoom and Chinnan 2008). Blends of chitosan and corn starch were achieved by melt extrusion, and effect of polymer interaction on the thermal, morphology, and mechanical characteristics was examined (Mendes et al. 2016). SEM analyses exhibited a consistent break surface deprived of the existence of chitosan aggregates or starch particles. Though the combination of chitosan resulted in reduce in tensile strength and stiffness, films with enhanced stretch capability and thermal stability were formed.

The thermal mixing between chitosan and starch transformed the hydrophilichydrophilic mixture into a more hydrophobic mixture, which exhibited relatively low water barrier characteristics, as previously explained by Jagannath and his co-authors (Jagannath et al. 2003), who reported that the intensity of nonthermal mixing between chitosan and starch was lower than that achieved by intensive thermal mixing. In addition, FT-IR spectrum of chitosan/starch film showed that the peak of amino group of chitosan moved from 1578 to 1584 cm^{-1} by adding starch that confirmed the links between the hydroxyl groups of starch and the amino groups of chitosan occurred (Xu et al. 2005; Meenakshi et al. 2002). Arvanitoyannis and co-authors reported an increase in the WVP with the addition of glycerol (Arvanitoyannis et al. 1997, 1998), which is consistent with our result, where there was an increase in the WVP. However, Srinivasa and co-authors reported that the incorporation of glycerol to chitosan film reduced WVP (Srinivasa et al. 2007). This might be owing to the intrinsic chemical property of chitosan and similarly to the way in which the blend films are prepared. The results also indicated that the WVP correlated positively with the thickness of the films. This finding is consistent with numerous research studies on the WVP of chitosan films that have said that the correlation was an indication that the bulk diffusion may not be the ratecontrolling step in the WVP process through edible chitosan films. Instead, interfacial reactions, such as dissolution rate or evaporation rate, may be controlling (Butler et al. 1996; Srinivasa et al. 2007; Kim et al. 2006; Kołodziejska and Piotrowska 2007; Shen and Kamdem 2015; Jridi et al. 2014; van den Broek et al. 2015). Active



Fig. 3 Chemical structure of gelatin showing abundant amino acids such as glycine, proline, and hydroxyproline in sphere and cylindrical model (-Gly-Pro-Hyp-), glutathione, and catechin

composite chitosan-starch membranes were prepared using molding the composite polymers of 2% chitosan with starch (2% and 5%) through diverse concentrations of glycerol and sorbitol (1%, 2%, 5%, and 10%) as plasticizers (Badawy et al. 2016). The results mentioned that the mixture of starch in combination with plasticizer in chitosan films improves swelling, antioxidant activity, and WVP. Recently, the effect of active combinations such as essential oils and homogenization technology has been studied on the physical belongings of chitosan film-forming solutions and edible films consisting of large-scale chitosan-starch membranes. The data reported that the chitosan starch with such product mixtures displayed an enhanced mechanical response associated to pure chitosan or starch films while providing antimicrobial activity at low cost (Bonilla et al. 2012; Lozano-Navarro et al. 2017; Talón et al. 2017a, b; Siripatrawan and Vitchayakitti 2016).

2.2.2 Chitosan-Gelatin Membranes

Gelatin is transparent, bleak, weak (when dry), flavorless polymer, gained from collagen attained from various animal by-products. It has proline, hydroxyproline, and glycine in its polypeptide chain (Fig. 3). Glycine is responsible for close packing of the chains; however, the presence of proline restricts the conformation (Schrieber and Gareis 2007). Gelatin is very attractive biopolymers owing to its richness, biodegradability, inexpensive, and functional and exceptional film-forming characteristics (Pereda et al. 2011). However, they have low mechanical strength and dissolves relatively quickly in aqueous solution, thus limiting their practical applications. Gelatin is homogeneous due to its good miscibility with chitosan, leading to

the development of film properties compared to those obtained from monomer (Kowalczyk et al. 2015; Jridi et al. 2014; Hosseini et al. 2013; Alexandre et al. 2016). In addition, chitosan-gelatin films can carry biologically active compounds that transmit antimicrobial and/or antioxidant activities, for example, to the film. In this case, nanocomposite film can be formed (Ibarguren et al. 2015; Vanin et al. 2014).

Several studies reported that WVP of gelatin films decreased when chitosan was added by ~12%. These effects can be illustrated by the fact that chitosan can develop gelatin binding and decrease the free volume of the polymer matrix, thereby declining the rate of water molecules spreading through the films, resulting in lesser WVP than chitosan gelatin compared with chitosan or gelatin alone (Cao et al. 2007; Arvanitoyannis et al. 1997, 1998; Kowalczyk et al. 2015). Parallel data were also described by Pereda and co-authors in films constructed from bovine hide chitosan and gelatin; however, there was no statistical variance in WVP among chitosan-gelatin membrane and gelatin control one (Pereda et al. 2011).

A chitosan-gelatin membrane sequence was prepared by changing the ratio of the components, and the quantity of the diverse states of water was determined by differential scanning calorimetry. The interface among chitosan and gelatin was confirmed by IR and X-ray investigation and was found to be related with mechanical strength. The results specify that the water intake of a chitosan-gelatin mixture is diminished by sustainable interactions within the networks. Chitosan can increase the tensile strength of complex films, and even with high water content, they can maintain adequate tensile strength and improved elongation (Yin et al. 1999).

Rivero and others prepared composite, bilayer, and laminated biodegradable membranes from chitosan (7.5%) and gelatin (1%) in the presence of glycerol (0.75%) as plasticizer (Rivero et al. 2009). The membranes showed a compact structure and good mechanical properties, and the WVP was independent of the thickness. The gelatin composites with chitosan and chitosan gel to form wound healing constituents were also prepared and showed smooth and standardized surface as revealed by SEM and X-ray measurements.

The gelatin composites were prepared from chitosan and chitosan gel to form wound therapeutic components and showed a smooth and uniform surface as shown in SEM and X-ray measurements (Nagahama et al. 2009). Chitosan-gelatin membranes were prepared by casting the aqueous solutions of both polymers at pH 4.0 and evaporating at 22 or 60 °C. Thermal, mechanical, and permeable water/gas of these films, plasticized with water or polyols, has been investigated (Arvanitoyannis et al. 1998). The results showed that the increase in the plasticizer content resulted in a significant reduction in elasticity and tensile strength with an increase in the percentage of elongation.

The result of glycerol on the mechanical and water barrier possessions of gelatinchitosan membranes in addition to solubility of water was examined by Kolodziejska and Piotrowska (2007). The ultimate goal of their study was to plan biodegradable constituents with respectable mechanical properties, appropriate for filling several kinds of food through various acids and moisture content. Further study should be focused toward manipulating these mixtures with possible applications in food preservation.

Active composite chitosan-gelatin membranes were organized by molding the composite polymers of chitosan (2%) and gelatin (2% and 5%) with changed concentrations of glycerol and sorbitol (1%, 2%, 5%, and 10%, w/w) as plasticizers (Badawy et al. 2016). The results suggested that the incorporation of gelatin improved swelling, WVP, and the antioxidant action of the films. Films created from gelatin-sodium caseinate, and gelatin-chitosan mixtures, with addition of the active ingredients (ethereal garlic oil, cinnamaldehyde, and α -tocopherol), were prepared by casting technique and characterized subsequently (Córdoba and Sobral 2017). Membranes prepared from gelatin-chitosan mixture have the lowest solubility and swelling and the highest hydrophobicity. Analysis of the microscopic structure of membranes obtained from SEM and FTIR displayed a respectable correlation among gelatin-chitosan mixtures and showed that this matrix allowed uniform distribution of active agents through the complex.

2.2.3 Chitosan-Alginate Membranes

Alginate is a linear anionic copolymer composed of $(1 \rightarrow 4)$ -linked- β -D-mannuronate (Block M) and $(1\rightarrow 4)$ -linked- α -L-guluronate (Block G) units. The structure is obtained from the brown seaweeds known as Phaeophyceae containing Ascophyllum nodosum, Laminaria digitata, Laminaria hyperborea, Laminaria japonica, and Macrocystis pyrifera through conduct with alkaline water solutions (Clark and Green 1936; Lee and Mooney 2012). The chemical structure is composed of successive G residues (GGGGGG), M residues (MMMMMM), and alternating M and G residues (GMGMGM) (Fig. 4). The molecular weight of commercially available alginates ranges from 32,000 to 400,000 g/mol. The factors of the Mark-Houwink relationship $([\eta] = KM_v^a)$ for sodium alginate in 0.1 M NaCl solution at 25 °C are $K = 2 \times 10^{-3}$ and a = 0.97, where [η] is intrinsic viscosity (mL/g) and M_v is the viscosity-average molecular weight (g/mol) (Rinaudo 1992). The viscosity increases with decreasing pH and reaches a maximum at pH 3-3.5 once the carboxylate groups are protonated in the alginate molecule and form hydrogen bonds. Increasing of the molecular weight of alginate directed to increase the physical properties of the resultant gels. Conversely, high molecular weight alginate solution grows into very viscous, which is frequently unattractive in the treatment (LeRoux et al. 1999; Lee and Mooney 2012).

Alginate has established many applications in numerous fields due to its promising properties, such as low toxicity, biocompatibility, being inexpensive, and mild gelling by the addition of divalent cations such as chitosan (Lucinda-Silva et al. 2010; Mukhopadhyay et al. 2015; Rassu et al. 2016). Alginate is negatively charged while chitosan contains a positive charge equilibrium. Thus, the cationic chitosan molecules can form gels with the nontoxic polyvalent ions of the anionic alginate through ionic cross-linking mechanism. Related to alginate or chitosan gels alone, the polyelectrolyte complex has numerous improved physicochemical properties,



Fig. 4 Chemical structures of G-block, M-block, and irregular block in alginate

such as greater stability against pH changes and improved efficacy than controlled release systems (Khan and Ahmad 2013; Luo and Wang 2014; Bueno et al. 2016). Biologically active molecules can be released from the chitosan-alginate gels or membranes in a controlled manner, depending on the types of cross-linkers and cross-linking methods. Elastic, thin, translucent, new chitosan-alginate polyelectrolyte complex membranes cast from aqueous suspensions of chitosan-alginate coacervates with CaCl₂ were prepared and applied to the wound dressing (Wang et al. 2002). Chitosan-alginate blend possesses a worthy film-forming property and produces uniform, transparent, and water-soluble membranes. Membranes can serve as a sacrificial agent, where moisture is lost from the coating before the food dries dramatically. Coating with these membranes can also develop adhesion of the paste to the surface of food products (Yan et al. 2001; Yuan et al. 2007). Sodium alginate and chitosan put onto aminolyzed/charged polyethylene terephthalate to form a successively higher number of nanolayered film with a WVP of 0.85×10^{-11} g m $^{-1}$ s⁻¹ Pa⁻¹ and a rigidity increase of 0.245 GPa (Carneiro-da-Cunha et al. 2010).

Arzate-Vázquez and others have reported that microscopy techniques, including light scanning, environmental scanning, and atomic microscopies, are effective tools for quantitatively evaluating the exterior morphology of the membranes with chitosan alginate (Arzate-Vázquez et al. 2012). Fractal dimension and entropy were extra valuable for measuring the roughness and complexity of these films, and the higher values were for alginate-chitosan followed by alginate and chitosan films (Arzate-Vázquez et al. 2012). A strong complexation has been confirmed between the chitosan and alginate polymers in their films using titration calorimetry and viscosity studies, which affects the film swelling and the subsequent release of the active substances (Chandrasekar et al. 2016). The results showed that the films containing higher alginate fractions exhibited a significantly lower degree of swelling in the water.

2.3 Cross-Linked Chitosan Membranes

Cross-linking of chitosan has been performed by di-/polyfunctional reagents including ethylene glycol diglycidyl ether, epichlorohydrin, and glutaraldehyde (Fig. 5) (Baba et al. 1994; Shim and Ryu 1998; Varma et al. 2004; Tikhonov et al. 1996). Although cross-linking decreases the capacity of adsorption, it improves the chitosan resistance against alkali, acid, and chemicals (Inoue et al. 1993). The cross-linked chitosan is also very stable and retains its strength even in acidic and basic solutions.

Yisong et al. cast chitosan solutions inclosing glutaraldehyde, and the solvent was vaporized under IR light, where cross-linking happened. The membranes had a thickness of $45-50 \mu m$, and the swelling was found to be declined with an increase in the concentration of the cross-linking agent (Yisong et al. 1990). Partially crosslinked chitosan membranes were prepared by adding 20 g of a cooled solution of the relevant quantity of the cross-linker glutaraldehyde or glyoxal (0.6, 0.3, 0.15, and 0.05 g) to chitosan solution (0.75%). The mixed solutions were immediately homogenized and were applied to a flat polycarbonate surface and dried at 60 °C (Clasen et al. 2006). A network structure change was achieved by simple construction of the chitosan with polyanion-sulfoethyl cellulose by introducing artificial pores in the microscale to the center of chitosan with silica particles or polyethylene glycol. The resulting network assemblies and morphologies of these exceptional membranes were described in detail and associated with the molecular parameters of the chitosan as DDA, molecular mass, and charge density (Clasen et al. 2006). The natural chitosan films were cross-linked heterogeneously by dipping in glutaraldehyde solution (0.75%) at 25 °C for 2 h (Vieira and Beppu 2006; Beppu et al. 2007). The quantity of protonable amino groups was measured for each membrane using potentiometric titration. From FTIR spectroscopy, the lost hydroxyl groups, the acetal ring, and the ether bond were formed for interaction between hydroxyl groups of PVA and formaldehyde (Yang et al. 2004). Controlled pore size of macroporous membranes of chitosan and good mechanical properties were prepared and crosslinked with ethylene glycol diglycidyl ether to increase their chemical constancy



Fig. 5 Chemical structures of cross-linked chitosan-glutaraldehyde (a), chitosan-glyoxal (b), chitosan-epichlorohydrin (c), and chitosan-ethylene glycol diglycidyl ether (d)

(Zeng and Ruckenstein 1998). Chitosan cross-linking was approved using γ -glycidoxy propyl trimethoxysilane with in situ formation of chitosan-silica hybrid membranes. The hybrid resources of chitosan and silica formed had improved thermal stability and a low swelling degree in the water (Liu et al. 2004). For improving the physicochemical performance of chitosan-gelatin membranes, cross-linked films were prepared with increasing concentrations of glutaraldehyde. The effect of the concentration of the cross-linking agent on the physicochemical properties including water solubility, hydrophilicity, swelling, moisture content, and transparency was studied (Ahmed et al. 2016). The membranes were found to be thin, very translucent, uniform, and homogeneous and displayed a condensed structure indicating a good compatibility among constituents, which could cooperate by strong hydrogen bonding as was established by FTIR spectroscopy.
Recently, chitosan-graphene membranes have been shown to present excellent physical, thermal, and mechanical properties. These graphene properties, if incorporated in the chitosan-derived films, will potentially overcome the poor mechanical and thermal properties of the chitosan polymer (Han et al. 2011; Shao et al. 2013; Kamal et al. 2017). Furthermore, graphene-based nanomaterials have been established to existent very worthy antimicrobial properties. Chitosan-graphene oxide films will improve their properties as compared to pristine chitosan, because of the good dispersion of the nanofiller (Santos et al. 2012; Akhavan and Ghaderi 2010; Justin and Chen 2014; Ahmed et al. 2017).

Previous studies have combined graphene oxide nanosheets and chitosan at low concentrations to produce strong, biodegradable, and biocompatible chitosangraphene nanocomposites (Han et al. 2011; Yang et al. 2010). These studies have principally motivated on the mechanical properties of these nanocomposites. Other studies have focused only on the antimicrobial properties of chitosan-graphene oxide nanocomposites and have shown that the antimicrobial property may vary depending on the type of chitosan used (Yadav et al. 2013; Lim et al. 2012). Graphene oxide-chitosan nanocomposite films were recently synthesized by cross-linking graphene oxide with chitosan at high temperatures (120 °C), and their potential application in food packaging was investigated (Grande et al. 2017). The mechanical properties were improved, and the tensile strength at break increased from 22.7 to 6471.6 MPa when 0.1% graphene oxide was added. Thermal studies have shown an increase in endothermic peak values with the increase in graphene oxide content, which is also related to a proliferation in the degree of cross-linking of the films and interaction with water.

2.4 Chitosan Nanocomposite Membranes

Several studies have been used to improve chitosan products for naturally food packaging. The use of these biopolymers and similar was restricted owing to their generally poor mechanical and barrier characteristics, which are able to improve by adding enriched compounds (fillers). Greatest strengthened resources display weak matrix fillings, which tend to develop with reduced load sizes. The use of nano-dimensional fillings at least produces nanoparticles (Rhim et al. 2013a; Sorrentino et al. 2007; Arora and Padua 2010). The nanocomposites display good barrier properties and mechanical strength and developed heat resistance compared to pure polymers and conventional compounds (Sorrentino et al. 2007; Ray and Okamoto 2003; Ray et al. 2006; Okamoto 2003). When used in food packaging, nanocomposites must withstand the thermal storage, transport, and the stress of processing of food (Ray and Okamoto 2003; Thostenson et al. 2005). Besides, because of their developed mechanical properties, the nanocomposites can allow descending gauging, thus decreasing raw materials.

In recent years, biopolymer nanocomposite membranes based on chitosan have received substantial interest because of their greater mechanical and thermal properties, as compared with the polymer itself (Kumar et al. 2003; De Azeredo 2009; Rhim et al. 2013a). The greatest common methods used to explore nanocomposite structures of chitosan are both wide angle (WAXS) and small angle (SAXS), X-ray diffraction (XRD), transmission electron microscopy (TEM), SEM, IR, and atomic force microscopy (AFM) (Karger-Kocsis and Zhang 2005; Ray and Okamoto 2003). However, the TEM method is the desired technique to examine dispersions of nanoparticle in such formulations.

Chitosan-clay nanocomposite membranes are a class of mixed materials consisting of bio-matrices and fillers of nanoparticles of the nanoscale clays; montmorillonite (a hydrated aluminum silicate-layered clay) is of particular interest and has been broadly examined (Uyama et al. 2003; McGlashan and Halley 2003; Darder et al. 2003, 2005). Yamaguchi and others prepared a chitosan/hydroxyapatite nanocomposite membranes by coprecipitation method. According to the TEM interpretations, the chitosan/hydroxyapatite crystallites in the composites formed elliptic aggregations 230 nm in length and 50 nm in width (Yamaguchi et al. 2001). Xu and co-authors reported that incorporation of chitosan chains into interlayers of silicate, using solution intercalation, improved the mechanical properties of chitosan-layered silicate nanocomposite membranes (Xu et al. 2006). Nanocrystal-line cellulose (NCC)-reinforced chitosan-based biodegradable films were prepared using casting technique, and the structure was examined by SEM (Khan et al. 2012). It was found that the NCC incorporation similarly seriously enhanced the barrier properties and the WVP was reduced by 27% for the optimal content of 5% NCC.

The nanoparticles of chitosan can be gained by ionic gelling, where positively charged chitosan forms electrostatic connections with polyanions used as crosslinking agents such as tripolyphosphate (TPP) (López-León et al. 2005; Caro et al. 2016; Zhan et al. 2017; Aguirre-Chagala et al. 2017). de Moura et al. prepared chitosan-TPP nanoparticles and combined them into hydroxypropyl methylcellulose (HPMC) films that significantly developed barrier and mechanical properties of films (de Moura et al. 2009).

Chitosan silver nanocomposite (chitosan/AgNP) membranes are always looked for bioactive biomaterials (Vimala et al. 2010; Murugadoss and Chattopadhyay 2007; Hosseini et al. 2016). Principally, two different types of technique have been used for the preparation of composite films of chitosan/AgNP, that is to say, the direct use of silver nanoparticles (Rhim et al. 2006, 2013b; Djerahov et al. 2016; Hosseini et al. 2016) and the use of reduction of silver ion (Ag⁺) from AgNO₃ (Sanpui et al. 2008; Ahmad et al. 2009; Murugadoss and Chattopadhyay 2007). Most composites of chitosan/AgNP were prepared using the silver ion reduction method from AgNO₃. Silver nanoparticles are classically formed by reduction of silver salt precursors using chemical reducing agents (hydrazine, sodium borohydride, triethanolamine, and formamide); however, these chemicals pose hazards to mammals. However, physical techniques have been recommended for the reduction of silver salts by UV, γ -ray and microwave irradiation, heat treatment, photochemical process, and sonochemical process as green technologies (Yoksan and Chirachanchai 2010). Rhim and the co-authors prepared composite films of chitosan/AgNP by direct addition of Ag nanoparticles and chitosan/Ag (Ag-Ion) adsorbed zeolite in chitosan-forming solution and tested their antimicrobial activity (Rhim et al. 2006). The chitosan and silver nanocomposites inclosing 20% silver were produced by a simple chemical reduction technique and characterized by FTIR, X-ray diffraction, and SEM. The spherical morphology of the silver nanoparticles has been confirmed from the SEM image (Govindan et al. 2012). Regiel and co-authors prepared and characterized chitosan-silver nanocomposite films with evaluation of their antibacterial activity against *Staphylococcus aureus* (Regiel et al. 2012). The films were formed by solution casting using chitosan as a stabilizing and reducing agent for the in situ preparation of inserted silver nanoparticles. The authors described that the highest results were acquired with high-DDA chitosan, where fast decrease was preferred, leading to smaller nanoparticles, and a satisfactorily high viscosity of the polymer avoids nanoparticles resulting from unwanted agglomeration.

Youssef et al. effectively produced zinc oxide (ZnO) nanoparticle using hydrothermal technique in addition to silver (Ag) nanoparticle which was directly prepared through membranes of chitosan nanocomposite preparation (Youssef et al. 2015). The elasticity of the prepared films was enhanced through mixing hydroxyethyl cellulose with chitosan. The loading of the films with nanoparticles of silver and zinc oxide (Ag-NPs and ZnO) was carried out during the preparation of the films under optimal conditions. FT-IR, XRD, SEM, EDAX, TEM, SEM, XRD, and FT-IR examined the prepared nanocomposite film characterizations. Nanocomposite films of chitosan/ZnO and chitosan/Ag exhibited good antimicrobial activity against Bacillus cereus, Escherichia coli, Listeria monocyte, Salmonella typhimurium, and S. aureus, and the authors proposed that these films could be used in packaging applications. Olaniyan and colleagues synthesized and characterized chitosan-silver nanocomposite film for food packaging using air drying technique and co-mixing chemical technique (Olaniyan et al. 2016). The integrity of the nanohybrid morphology was established using X-ray diffraction, TEM, and UV-visible spectrophotometer. TEM analysis exposed spherical cap-shaped morphology without agglomeration, and nanoparticle identical size distribution was in the range of 20 nm.

The optimal preparation parameters of chitosan-silver nanoparticle composites through a simple method of green chemical reduction with different preparation factors and their antibacterial activity were studied (Sherif et al. 2017). Chitosan has been used to reduce silver nitrate and stabilize silver nanoparticles in the medium. For this reason, UV, FTIR, and transmission electron microscopy (TEM) techniques have been used in the study of the molecular and morphological properties of the resulting composites. In addition, a simple and effective method for producing highly fluorescent chitosan-silver films has recently been reported (Wang and Gao 2017). The reduction of silver was obtained by NaBH₄ and involves less time and particularly mild experimental conditions. The structure, surface, and fluorescence of nanoscale film properties were studied by SEM, FTIR, and differential scanning calorimetry.

3 Chitosan Membranes in Food Packaging and Preservation

Over the last few decades, it has become increasingly interesting to develop and use bioactive chitosan membranes and films in the food engineering owing to their biocompatibility, high biodegradability, and specific physicochemical properties. This is principally owing to the fact that chitosan displays high antimicrobial action toward pathogenic and deteriorating microorganisms and in order to develop food preservation and reduce the use of chemical preservatives (Sudarshan et al. 1992; No et al. 2002; Sagoo et al. 2002; Kong et al. 2010; Goy et al. 2009; Dutta et al. 2009; Gómez-Estaca et al. 2010). Furthermost foods are a combination of different composites, such as proteins, fats, carbohydrates, minerals, salts, vitamins, etc., and many of which can interact with the chitosan leading to loss or enhancement of antimicrobial activity.

In food applications, semipermeable chitosan films reduce absorption of water or the loss of moisture through the food matrix, loss of flavor, oxygen entry into food, and transport of solutes, thus prolonging the shelf life of products (Pereda et al. 2011; Zhang et al. 2011; Elsabee and Abdou 2013; El Ghaouth et al. 1991; No et al. 2007; Rojas-Graü et al. 2009; Dutta et al. 2009). Up to now, biodegradable and bio-edible membranes are not intended to completely substitute old-style packaging materials (Schou et al. 2005). Conversely, the usage of chitosan-based active membranes as a material of packaging is still one of the greatest hopeful ways to maintain effective food quality. Chitosan coatings are intended to slow the release of antimicrobial agents from the surface, which would require a smaller amount of antimicrobial agents (Badawy and Rabea 2009; Devlieghere et al. 2004; No et al. 2007; Ouattara et al. 2000; Coma et al. 2002; van den Broek et al. 2015). In addition, these films can also use as carriers releasing of essential oils that are affected by vapor contact with pathogens (Avila-Sosa et al. 2012; Zivanovic et al. 2005; Acevedo-Fani et al. 2015). One of the most observable active biofilms is the chitosan-based ones, which are linked to various substances such as animal and plant proteins, polysaccharides, and antimicrobial peptides, for example, divergicin (a new bacteriocin from Carnobacterium divergens) and nisin (Tahiri et al. 2004, 2009).

The antimicrobial action of chitosan diverges considerably with the nature of chitosan, target organism, and medium conditions (ionic strength, pH, and soluble substances), thus enhancing the reaction of active amine groups (Younes et al. 2014; Tan et al. 2013). However, although the information available in the literature on the antimicrobial potency of chitosan varies somewhat and sometimes has contradictory results, it is commonly agreed that molds and yeasts are the most sensitive to chitosan, followed by Gram-positive and Gram-negative bacteria. Because of its exceptional cationic nature, chitosan has the ability to hit to several food components like proteins, alginates, pectins, and polyelectrolytes such as polyphosphate and positively charged ionic species through donor/acceptor interaction. All of the above features might decrease the antimicrobial effect of chitosan (Kubota and Kikuchi 1998). Chitosan was compared with further biomolecule-based active films used as

packaging materials, and the described results exhibited that chitosan has more chelation owing to its divalent minerals and antibacterial activity (Chen et al. 2002; Zhang et al. 2017). Membranes having an antimicrobial action which were prepared by combining numerous essential oils and organic acids in a chitosan matrix and preventing the capacity of these bio-sourced membranes to prevent the growth of native bacteria (enterobacteria and lactic acid bacteria) or inoculated bacteria such as Serratia liquefaciens and Lactobacillus sakei on surfaces of vacuum-packed and cured meat products were examined. Propionic or acetic acid release was primarily rapid, when the ionic concentration gradient among the inner of the polymer matrix and the exterior environment was great and then diminished as acid release developed. Simultaneously, it was indicated that the antimicrobial action of the biological membranes studied did not affect the activity and growth of lactic acid bacteria, though the growth of Enterobacteriaceae and S. liquefaciens was delayed or totally inhibited afterward 21 days of storage at 4 °C. Strongest inhibition was perceived on surfaces with minor water activity values (bologna) with slower acid release, and films containing cinnamaldehyde, owing to its superior antimicrobial action in these circumstances (Ouintavalla and Vicini 2002). The chitosan/ nylon-6 mixed membranes with Ag⁺ had remarkable antibacterial action against Gram-negative and Gram-positive bacteria, and the antibacterial property of the mixed membranes was diminished with increasing nylon-6 content, which may be owing to the corresponding reduction in the content of chitosan and Ag⁺ in the mixture (Ma et al. 2008). In another study, the effects of low molecular weight chitosan coatings (94% DDA) to control Gram-negative bacteria were very sensitive to the applied chitosan, whereas the sensitivity of Gram-positive bacteria is greatly variable (Devlieghere et al. 2004). Membranes based on yam starch (4%), chitosan (1%, 3%, and 5%), and glycerol (2%) have been prepared with good elasticity and exhibited a bactericidal effect against S. enteritidis with the maximum efficiency of the films of 5% chitosan (Durango et al. 2006). Dissimilar collagen/chitosan weight ratios were used to immobilize numerous acrylic acid grafts on nonwoven polypropylene fabric, to study swelling and antibacterial properties. The increase of chitosan in the blend with immobilization at the same pH, the diffusion coefficients, and water uptake were diminished. Furthermore, the antibacterial activity considerably increased with increasing quantity of chitosan in the blend (Wang and Chen 2005). The starch/chitosan blend film was also prepared using the compression molding method in a physical gel state, and the antibacterial action was encouraged even when the chitosan was 5%, owing to the degradation of chitosan by radiation (Zhai et al. 2004). There is another review on chitosan-based antimicrobial films used for food packaging applications, which also summarizes formation and antimicrobial activity of chitosan-based films used in food preservation. There are additional reviews on the antimicrobial potency of chitosan films in food packaging applications (Tripathi et al. 2008). Chitosan films inclosing 0%, 2.5%, 5%, 10%, and 20% propolis extract were established as active food packaging and considerably inhibited P. aeruginosa, S. enteritidis, E. coli, and S. aureus on contact surface below the film discs. The tensile strength of the film, the total phenol content, the elongation, and the antioxidant activity improved even though oxygen permeability and the WVP reduced with increasing propolis concentration (Siripatrawan and Vitchayakitti 2016).

Chitosan nanocomposite film prepared with organic clay (Cloisite 30B) has a strong antimicrobial activity against food poisoning bacteria (Gram-positive bacteria), suggesting that the antimicrobial activity was attributable to the quaternary ammonium groups in the reformed films (Rhim et al. 2006, 2013a). Later, Hong and Rhim demonstrated that the same clay of Cloisite 30B has a strong antibacterial activity to Gram-negative and Gram-positive bacteria, produced by the quaternary ammonium groups (Hong and Rhim 2008). These authors decided that the delayed biodegradability of this nanocomposite which is earlier detected by Lee and coworkers (2002) was accountable to the antimicrobial activity as well as the quaternary ammonium groups. Consequently, the biodegradability of bio-nanocomposites is able to use for the extension of biodegradable nanocomposite packaging materials with controlled biodegradation purpose (Souza and Fernando 2016). However, the good constancy and durability of bio-nanocomposite packaging materials must be preserved during their valuable shelf life to fulfill their packaging purposes. It is interesting to discriminate that the nanoparticles have two contrary effects on polymeric nanocomposites, i.e., stabilization and degradation as a purpose of treatment and eco-friendly conditions (Kumar et al. 2009). Hybrid bio-nanocomposites, for example, layered silicates incorporated into a polymeric medium, increase stability, and their biodegradability can be refined via variable quantity of solvents or via combining different types of organoclay-modified surfaces with diverse kinds of surfactants (Sozer and Kokini 2009; Sorrentino et al. 2007; Azeredo et al. 2017). Such advanced criteria of nanoparticles are very interesting and significant in the area of packaging industry based on the finale practice. The progress of antimicrobial activity of nanocomposite films based on biopolymers such as chitosan with AgNPs has extensively been tried to investigate the promising activity of silver ions. The exact mechanism of antimicrobial potency of AgNPs is not obviously recognized and is the topic of discussion. There are, however, many principles about the mechanism of action of AgNPs. For example, silver ions can be predicted to stick to the negatively charged wall of the bacterial cell loaded with cytotoxicity, alter the permeability of the cell wall, and induce protein clotting, cell lysis, and death. There is a "pit" pattern on the cell surface, and there is an accumulation of nanoparticles on the cell surface (Sondi and Salopek-Sondi 2004). The creation of free radicals by AgNPs can be considered additional mechanism by which cells die. The action of the silver ion is also associated to its capability to alter DNA duplication mechanisms and to induce irregularities in cytoplasmic content, membrane, size, and outer layers of the microbial cells (Kim et al. 2007; Prabhu and Poulose 2012; Rai et al. 2009). In addition, it has also been suggested that nanoparticles are able to release silver ions, which can interact with thiol groups of many vital enzymes and deactivate them (Feng et al. 2000; Matsumura et al. 2003).

Most data of antimicrobial action indicated that chitosan loaded with AgNPs and others displayed excellent activity, which can be used as packaging materials in food industry. For example, Ag-adsorbed chitosan and chitosan/zeolite composites showed strong action against bacteria of Gram-negative and Gram-positive (Rhim et al. 2006). Yoksan and Chirachanchai found that silver-chitosan-starch membranes improved the inhibitory action against B. cereus, E. coli, and S. aureus, suggesting that AgNP-loaded films can be used as antimicrobial food packaging resources (Yoksan and Chirachanchai 2010; Sanpui et al. 2008). Three-component films of chitosan/Ag/ZnO were prepared by a single-phase conversion technique, in which the AgNPs were prepared and formed in a single phase (Li et al. 2010). AgNPs and ZnO were homogeneously dispersed in chitosan, and the composite film showed excellent antimicrobial activities against a wide range of bacteria, fungi, and yeast. Vimala and others have explored the in situ manufacture of chitosan-poly (lactic acid) (PLA)-silver nanocomposite films as antimicrobial packaging materials (Vimala et al. 2011). The films proved noteworthy properties against E. coli, Pseudomonas, Staphylococcus, Micrococcus, Candida albicans, and P. aeruginosa. In addition, the authors also improved their effectiveness by curcumin encapsulation in these nanocomposite films, and the results presented high inhibition of E. coli growth related to curcumin and chitosan-PVA-silver nanocomposite film only. Nanocomposite films consisted of poly(lactic acid) (PLA) incorporated with thymol (6% and 8%) and Ag-NPs (1%) were prepared and considered as degradable and promising active packaging materials with low influence on the environment (Ramos et al. 2014, 2016, 2017). The addition of thymol and AgNPs improved the thermal, optical, and barrier properties of PLA, especially WVP, keeping the oxygen transmission rate values unchanged.

Several workers have reported effectiveness of chitosan films or membranes on storage stability of meat and its products. For example, Youn et al. distinguished that the shelf life of spicy beef treated with chitosan was strangely enhanced by decreasing the bacterial cell counts and preventing lipid oxidation throughout storage (Youn et al. 2004). Wu and co-authors in the study noted that wrapping with film of chitosan, wheat gluten, or soy protein was not effective in controlling the fat oxidation of precooked beef patties (Wu et al. 2000). The authors explained that a higher oxygen permeability might contribute to the higher thiobarbituric acid-reactive ingredients. In another study, plasticizing action of water molecules may have altered the barrier properties of edible membranes, resulting in higher oxygen permeability or even loss of film integrity (Caner et al. 1998).

Abdallah and colleagues applied chitosan on the best widespread outdated dried meat foodstuffs (pastirma) in demand to increase its sensory, physicochemical, and microbiological features (Abdallah et al. 2017). The results showed improved sensory properties, reduced moisture loss, and an antioxidant effect with lower shear strength values in chitosan-coated samples. Cui and co-authors reported that the chitosan film incorporated with a liposome-encapsulated phage displayed high antibacterial action against *E. coli* O157: H7 without affecting the sensory properties of beef (Cui et al. 2017). The chitosan monomethyl fumaric acid derivative considerably reduced the total number of viable bacteria, enterobacteria, lactic bacteria, psychrotrophic bacteria, and mold yeasts on beef during refrigeration storage, extending the shelf life of beef of about 8 days (Khan et al. 2017).

Muscle foodstuffs have little oxidation stability and are highly susceptible to ripening throughout manufacture and storage. Several studies have shown that lipid oxidation in meat and meat products can be minimized using antioxidants (Gray et al. 1996; Nissen et al. 2004; Barden and Decker 2016; Ladikos and Lougovois 1990). However, chitosan does not have an antioxidant activity. Taste is a significant reflection that can limit the use of some antioxidants in meat and meat products. Spices and herbs have been used in numerous kitchens to provide food, flavor, and tastiness. Various studies have shown the potential of antimicrobials and oxidation of spices and herbs such as basil, garlic, cloves, thyme, rosemary, coriander, ginger, mustard, and pepper (Sebranek et al. 2005; Shahidi 2012; Tipsrisukond et al. 1998). Atarés and Chiralt investigated the applications of essential oils in biodegradable films and coatings for the wrapping of active foods and concluded that these products can impart antioxidant and/or antimicrobial possessions to the films and that the components of the oil and the exact interactions with the polymer (Atarés and Chiralt 2016).

A mixture of mint extract (*Mentha spicata*) and chitosan was used as new preservatives of meat and meat products. The mint extract has a good antioxidant action, but a weak antimicrobial effect, while chitosan alone shows an antioxidant activity and high antimicrobial action. Earlier studies showed that the mint extract had a very good antioxidation possible equivalent to that of the synthetic antioxidant such as butylated hydroxytoluene (Kanatt et al. 2007, 2008; Zheng and Wang 2001). Kanatt and co-authors indicated that a 0.05% mixture of chitosan and mint was the minimum inhibitory concentration and was further active against Gram-positive bacteria of meat and meat products (Kanatt et al. 2008).

The combination of essential oils into chitosan films has the possibility to increase the microbiological safety of different foods including meat. Chitosan edible membranes with and without essential oils of basil or thyme have effectively protected meat from oxidation and been very effective in controlling microbial growth in minced meat (Bonilla et al. 2014). Ready-to-eat meat samples were directly treated with solutions including chitosan, lauric arginate ester (LAE), and nisin and were evaluated against Listeria innocua (Guo et al. 2014). The authors reported that antimicrobial coatings containing 1.94 mg/cm² of chitosan and 0.388 mg/cm² of arginate ester reduced L. innocua by approximately 4.5 log CFU/cm². Edible films prepared from three molecular weight of chitosan containing carvacrol exhibited antimicrobial efficacy against bacteria Pseudomonas fragi, Shewanella putrefaciens, and Aeromonas hydrophila, common spoilers of fish and seafood products (Fernández-Pan et al. 2015). Thus, in order to slow down the release rate of carvacrol, chitosan was proposed with low molecular weight and technical applications targeted for low-fat low-content products. An active film-forming formulation containing essential oil of Origanum virens was applied to the surface of two outmoded Portuguese sausages (painhos and alheiras) throughout manufacturing with a positive overall acceptance of sensory analysis (Catarino et al. 2017). The coating caused slight variations in moisture content and texture profile with a strong inhibition of the overall microbial load, which extended the shelf life by about 20 and 15 days, respectively, for painhos and alheiras.

4 Concluding Remarks

The use of chitosan in packaging and preservation of food is confirmed by the increasing request for natural additives and harmless with functional properties and increasing environmental problems. Current and future applications of chitosan in the food industry are likely to come from the medical and pharmaceutical fields, where it is widely used due to its antioxidant and antimicrobial properties. Chitosan molecule can be incorporated as an antimicrobial/antioxidant agent in recycled ingredients such as multilayer plastic packaging materials in which each polymer layer has a specific function. In addition, membranes or films of chitosan can be used to reduce moisture loss or water absorption by food matrix, oxygen permeability in food, loss of flavor, and transfer of solvents. The information presented in this chapter has shown the positive effects of pure chitosan or in combination with other polymers, essential oils, and other active products. Studies have shown that during storage, chitosan membranes provide protection against contamination and microbial damage to various foods and can extend the shelf life of foods.

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Chitosan-Based Nanocomposites in Food Packaging



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Abstract Since the last decade, there has been a strong drive of reducing packaging waste by replacing plastic food packaging materials with eco-friendly materials from renewable sources. Chitosan is the most abundant biopolymer made up of glucosamine (2-amino-2-deoxy- β -D-glucose) units linked by β -1,4-linkage. Because of its exceptional properties such as effective antimicrobial activity, high biodegradability, and low toxicity, its use has been elevated in food industries. Its shielding wall can delay ripening and prevent water loss as well as increase the shelf life of food products. Its role in foods could be viewed in broad categories based on its functions such as color stabilization, emulsification, antioxidant activity, and dietary fiber-like property aiding water holding and fat entrapment, thereby imparting health benefit. The innovation of nanotechnology in improving the useful properties of chitosan and the development of the chitosan-based materials have been done by merging of nanoparticles, metal oxides, and organic substances like acetic acid, lauric acid, cinnamaldehyde, and propionic acid into chitosan matrix so that it has remarkable applications in food packaging industries. This chapter deals with general information on chitosan and its structure, chitosan nanoparticle preparation by different methods, their characterization and application, chitosan-based bio-nanocomposites, and their role in food packaging.

Keywords Chitosan · Bionanocomposites · Food packaging

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1 Introduction

Food packaging is necessary for goods, safeguarding, freedom from contamination, and shelter and for ease in providing information concerning the manufactured goods and the brand statement. Plastic packaging is used for above 50% of all European commodities for handing out, stocking up, shipping, defending, and preserving goods (Ferreira et al. 2016; Plastics Europe n.d.). The commercial hit of plastic is due to a blend of properties such as strength, flimsiness, solidity, flexibility, impermeability, and relief of sterilization. These properties construct plastic perfect materials for approximately all marketable and trade consumer (Plackett 2011). Common plastic used in food packaging are polyethylene, polypropylene and polyethylene terephthalate, polyvinyl chloride (PVC), and polystyrene (PS) due to their brilliant water barrier property (American Chemistry Concil 2015). The major trouble of using plastics is the post-user waste of packaging; packaging is undoubtedly the biggest donor (63%) of plastic waste (Tumwesigye et al. 2016). The recyclable plastic packaging materials are less than 14%; additionally various plastics are hard to use again (Lee et al. 2014). As the majority of plastic used is nonrecvclable, they stay in the surroundings for extended period of time, therefore harmful to human and environment well-being. As per knowledge and facts, there is a rapid growth in man-made polymers production and utilization, and it is estimated that utilization possibly will increase by four near the year 2100 (Tumwesigye et al. 2016). To defeat this environmental dilemma, eco-friendly polymers should be used from renewable sources. One of the encouraging substitute materials for food packaging is biopolymers. Biopolymers are chain-like molecules, formed by covalent bond in monomeric units. It has been considered like an alternate for plastic material prepared from petroleum due to their advance properties like renewability and biodegradability (Muratore et al. 2005; Tang et al. 2012). They left carbon dioxide (CO_2) and water (H_2O) and organic by-product behind degradation (Rhim et al. 2013; Tang et al. 2012). Currently, synthetic biopolymers are flourishing which includes polyvinyl alcohol (PVA), polylactic acid (PLA), polyglycolic acid (PGA), polybutylene succinate (PBS), and polycaprolactone (PCL) (Abdollahi et al. 2012). The improved properties such as tensile strength, durability, high luster, elasticity, and transparency of synthetic biopolymers make them sustainable for industry. Formerly, innate biopolymers, for example, chitosan, cellulose, agar, and starch, are the most frequent types of biopolymers which are used in food packaging applications. There are some drawbacks of biopolymer utilization including mechanical weakness in food packaging, poor barrier, and thermal properties as evaluated against the nonrecyclable plastic materials prepared as petroleum. Due to these limitations, a lot of research was done to develop mechanical and barricade properties of the biopolymers by using the nanocomposite concept (Arfat et al. 2014; Di Maio et al. 2014; Kanmani and Rhim 2014; Nafchi et al. 2013; Reddy and Rhim 2014; Sanuja et al. 2014; Trovatti et al. 2012; Sorrentino et al. 2007). Nanocomposites show amplified barrier and mechanical and heat resistance properties with reference to their neat polymers and usual composites (Ray and Okamoto 2003; Ray et al. 2006; Giannelis 1996; Thakur and Thakur 2016). Bio-nanocomposites are formed by a biopolymer continuous phase, reinforced with nanoparticles discontinuous phase within the range of nanometer (1-100 nm). For better food packaging and to lessen environmental crisis, the improvement of bio-nanocomposite materials is important.

2 Chitin and Chitosan

Chitin is a natural polymer of N-acetyl-D-glucosamine coupled with N-glucosamine residues via β-1,4 glycosidic bonds. After cellulose, it is the most abundant biomaterial found on the earth. Chitin can be extracted from the exoskeleton of arthropods, crustacean and cephalopod internal shells, fungi and yeast's cell walls, and the mollusk's radula. Due to its less solubility in water, it is comparatively hard to process and become less available to biological laboratories. Chitin can be formed either via enzymatic hydrolysis or fermentation method, but these routes are not so efficiently practicable on business scale yet (Babu et al. 2013; Dutta et al. 2008). Chitosan is a repeating unit of D-glucosamine linked by β (1–4) glycosidic bond. It is a de-N-acetylation form of chitin. Chitosan due to the occurrence of amino groups is soluble in aqueous acidic medium. The physicochemical and biological properties of chitosan are influenced by different factors such as degree of N-acetylating, temperature, concentration of alkali, and incubation time period. Chitosan has a broad range of applications in various areas (e.g., waste management, food processing, drug and medicine, agriculture, cosmetics, and textiles). Due to its solubility, recyclability, companionability, non-hazardousness, and non-immunogenic properties, chitosan is measured as a multipurpose copolymer which can be transformed into many ways, such as nanoparticles, films, and gels (Tangpasuthadol et al. 2003; Zhang et al. 2010; Kumirska et al. 2010).

2.1 Structure of Chitin and Chitosan

There are three dissimilar polymeric arrangements of chitin, namely, α -chitin, β -chitin, and γ -chitin, which are generally extracted from the exoskeletons of crustaceans (Tolaimate et al. 2003; Campana-Filho et al. 2007), squid pens, and fungi and yeast, respectively (Sannan et al. 1976). β -Chitin is very reactive, whereas α -chitin shows an advanced affinity for solvents (Kurita et al. 1974) and is the most familiar type (Noishiki et al. 2003). An alkaline treatment can simply convert β -chitin to α -chitin (Fukuda 1980).

Each C_6 structural unit of chitosan has two open hydroxyl groups (-OH) and one primary amino (-NH₂) (Fig. 1). Chitosan conveys a positive charge because of its easy accessibility of free amino groups, and therefore it interacts with many

Fig. 1 Structure of chitosan



negatively charged polymers/surfaces and can show chelation with metal ions (Vargas and Gonzalez-Martinez 2010).

2.2 Chitosan in Foods

After the chitosan derivative has been acknowledged as generally recognized as safe (GRAS) by the US Food and Drug Administration (2011) for regular use in foods, there application is gaining attention. The function of chitosan derivative could be distinguishable in foods based on their role like (i) stabilizing property to facilitate color establishment, blending, and antioxidant action, (ii) nutritional fiber resembling assets helping water retention capacity and fat entrapment, and (iii) antimicrobial property, thus imparting health advantage. Recently numerals in patents have been passed on the dealing out of chitosan derivatives associated with application in food engineering (Agulló et al. 2003).

2.2.1 Stabilizing Property

Chitosan binds to the various categories of dyes (disperse, reactive, acid, and sulfur) with high affinity, because of their molecular configuration (Kumar 2000; Suman et al. 2010). The color stability of chitosan-made packaging of refrigerated ground beef has been considered earlier (Mokhtar et al. 2010). Chitosan when combined with rosemary extract in patties of fresh ground beef gives synergistic effect ensuing antioxidative defense and deep red color stabilization (Barreteau et al. 2006). Likewise, chitosan derived suitable for eating films and wrapping of fresh sliced vegetables and fruits have been concerned robustly in preservation and color stabilization (Mhurchu et al. 2004). In view of the broad diversity of functional characteristics of chitosan and its innate foundation, chitosan in different variety and permutation is one of the finest recognized food additives. Approximately three decades ago, Korea and Japan have permitted chitosan as a food additive (Kumar 2000). Generally in acidic food products, the low molecular weight chitosan and oligosaccharide chitosan have been used as food additive, enhancing their thickening and viscosity devoid of every allergic or toxic consequence (Mhurchu et al. 2004).

2.2.2 Nutritional Fiber and Health Advantage

One of the gifted applications of chitosan is its use as a dietary fiber in foods. Chitosan has dietary fiber-like properties like elevated water binding capacity and non-digestibility in upper intestinal tract. Oral administration efficacy of chitosan is determined by the chemical structure and the polymerization scale. Chitosan has been anticipated to have significant roles in fat entrapment and body weight management (Espinal-Ruiz et al. 2014), lowering lipid levels (Muzzarelli 1999) and glucose dialysis (Kumar 2000). Chitosan attaches to fatty acids and lipids in the acidic surroundings of the stomach, and such lipids associated with chitosan are tending to be excreted rather than digested (Yen et al. 2008). There are many formulations of chitosan-associated fibers that are patented and used as capsules and tablets like dietetic enhancement (Kerch 2015). The useful effect of chitosan and its derivatives in mature atherosclerosis, diabetes mellitus, cancer, hypercholesterolemia, cardiovascular diseases, and neurodegenerative diseases has been seen in advance (Liu et al. 2010). Liu et al. reveled to facilitate rats treated with streptozotocin and were also nurse by means of small and elevated molecular mass chitosan; as a result there was a considerable reduction in liver gluconeogenesis and the latent outcome of chitosan in reducing diabetic hyperglycemia signifying increased glucose uptake in skeletal muscle (Goy et al. 2009).

2.2.3 Antimicrobial Property

Chitosan exhibits antimicrobial activity against a broad range of bacteria (Gram negative, Gram positive), yeast, and mold, due to its capability to intermingle with cell membranes of these microorganisms (Rabea et al. 2003). The minimum inhibitory concentration (MIC) of chitosan against Gram-positive and Gram-negative bacteria has been found to be in the range of 100-2000 ppm. As acetylation is linked with antimicrobial outcomes, the difference in the results of MIC for the similar species was possibly due to difference in the acetylating of chitosan. Likewise, chitosan nanoparticles showed antifungal activities with MIC results in the range of 10-500 ppm against diversity of species. It was seen that higher efficacy of chitosan in inhibiting the escalation of microbes was depends on lesser the molecular mass and the higher the amount of acetylation. To elucidate the antimicrobial activity of chitosan, three possibilities have been known: (i) the chelating capability of chitosan, thus making an exterior obstacle resulting to suppression of necessary nutrients; (ii) piercing ability of chitosan into the nuclei resulting in suppression of mRNA and thereafter protein synthesis (Rabea et al. 2003; Qi et al. 2004); and (iii) increased membrane permeability due to the positively charged chitosan and the negatively charged microbial cell membrane (Jeon et al. 2014). Earlier information proposed to facilitate the antimicrobial capacity of chitosan is influenced by acidic environment decreased at pH 7; it possibly will be due to the hammering of positive charges on the amino group at neutral pH (Upadhyaya et al. 2014). In many juices

counting apple, pomegranate, orange, and others, chitosan has been used like a clarifying agent.

3 Chitosan-Based Nanocomposites

Chitosan nanocomposites are a combination of chitosan with organic/inorganic nanoparticles in nano dimension, gaining significant consideration nowadays. Chitosan applications have contributed an immense role in agriculture, material science, and the medicinal area (Sorrentino et al. 2007). It is considered that it has improved the present tissue engineering tools especially in the improvement of fibers and composite and also developed novel methods to improve tissue repair. It is accepted that nano-reinforcement is extra appropriate for chitosan for escalating their functional properties when compared to generally used petroleum consequent polymers. Nano-reinforcement is more advanced in managing the price besides humanizing the properties of chitosan biopolymers (Lu et al. 2004). When isolated soy protein thermoplastics are added to the chitin whiskers, there tensile potency and water resistance quality were found to be improved (Sriupayo et al. 2005). Likewise, when chitosan films were added to chitosan whiskers, then tensile potency and water resistance ability of the chitosan films were improved by the whiskers (López-León et al. 2005a). Chitosan nanoparticles can be formed by ionic gelation (De Moura et al. 2008), and it was established that the mechanical and obstruction functions of the films can be increased by adding chitosan-tripolyphosphate nanoparticles in hydroxy-propionyl methyl cellulose membrane (Gecol et al. 2005). By assimilation of nano-reinforcement with the chitosan biopolymer, the poor functions of chitosan can be enhanced. Chitosan-based nanocomposites have a lot of applications in a range of field in human well-being care management like food industry, medicine, paper manufacturing, etc. Chitosan when combined with montmorillonite (MMT) forms nanocomposites which signify outstanding objects (Caner and Cansiz 2007). These nanocomposites, films and coating based on chitosan, offer capable improvement in food packaging manufacturing because of chitosan's capability to hold up the life of food products (Shahidi et al. 1999). The useful characteristics of nanocomposites derived from chitosan mostly pivot on the physical characteristics of nanofillers like shape, size, etc. Different types of nanofillers have been formed and discussed till now, and a nanofiller has to be of nanoscale in the range of r100 (Radhakrishnan et al. 2015). Therefore, physical and chemical properties along with the types, size, and surface areas of nanofillers could significantly improve the useful characteristics of the nanocomposites derived from chitosan. The improved characteristics of chitosan-based nanocomposites pivot on the proportion of particle measurement lengthwise to width between particles, platelets, and fibers. It was experimental that clay-based nanocomposite films enhanced their oxygen barricade capacity than neat chitosan film. Therefore the integration of clay into the chitosan matrix enhances the transport and barrier characteristics; hence, these clay-chitosan nanocomposite films appear appropriate in favor of food packaging and shielding coatings (Radhakrishnan et al. 2015). For the substitute of plastic resources, Mura et al. proposed the outstanding development in the mechanical characteristics of a nanostructured film formed of chitosan and methylcellulose nanoparticles that might substitute the plastic in packaging foods thus decreasing the ecological contamination done by plastics (Mura et al. 2011).

4 Various Methods for Preparation of Chitosan Nanoparticles Are Available Which Are as Follows

4.1 Emulsion Cross-Linking

Different group of researchers (Ohya et al. 1994; Yokohama et al. 1998; Kataoka et al. 2000) synthesized an emulsion of chitosan by emulsifying the aqueous solution of chitosan in oil. Using suitable surfactant, aqueous droplets are stabilized (Fig. 2). Cross-linker like glutaraldehyde is used to solidify the droplets produced after emulsification. Common cross-linkers used are glutaraldehyde, p-phthaldehyde, ascorbyl palmitate, and dehydroascorbyl palmitate.

For the first time, Ohya et al. (1994) described the synthesis of chitosan-gel nanospheres (CNSs) containing 5-fluorouracil (5-FU) or its derivatives (aminopentyl-carbamoyl- 5-FU or aminopentyl-ester-methylene-5FU) by emulsion method, and then cross-linkage was formed between glutaraldehyde and chitosan's amino groups. 5-FU derivatives were cross-linked with glutaraldehyde and then, using Schiff's base, concurrently immobilized to CNSs. The revolutionary studies reported the possibility of formation of even and reproducible chitosan nanoparticles so as to combine and deliver drugs. Regrettably, the harmful effects of chitosan nanoparticles, when cross-linked with glutaraldehyde, on viability of cell and



Fig. 2 Schematic presentation for synthesis of chitosan nanoparticles by emulsion cross-linking method. (Chenguang et al. 2007)

macromolecular drug integrity moved from the broad interest to less ruthless methods of forming nanospheres.

4.2 Ionotropic Gelation Method

This method is based on the principle of ionic bonding between positively charged amine groups of chitosan and negatively charged groups of polyanion-like tripolyphosphate (TPP) (Bodmeier et al. 1989; Pan et al. 2002). By varying proportion of chitosan and stabilizer, their size and surface charge can be manipulated (Calvo et al. 1997; Tang and Shi 2007). To produce at large scale, the chitosan/TPP weight ratio should be guarded and was established within the range of 3:1–6:1 (Prabaharan and Mano 2005; Gan et al. 2005). With increasing temperature, the average size of nanoparticle decreases (Tsai et al. 2008). Structural variations can also be introduced by changing the ionic strength such as by adding KCl, effecting ionic interactions between chitosan and TPP (López-León et al. 2005b).

4.3 Emulsion-Droplet Coalescence

Instead of using the cross-linkers to stabilize chitosan droplets, these are allowed to precipitate to coalesce with NaOH droplets. Gadolinium-bound chitosan nanoparticles (Gd-nano-CPs) were synthesized using this method (Tokumitsu et al. 1999; Van der Lubben et al. 2001) that combines both emulsion cross-linking and precipitation. A stable emulsion of chitosan was prepared using aqueous solution of chitosan in liquid paraffin oil and drug. Concurrently, the emulsion of chitosan containing aqueous solution of NaOH was prepared similarly. These two emulsions were mixed under high-speed stir; droplets of each emulsion would collide at random, coalesce and finally precipitate as small size particles.

4.4 Reverse Micellar Method

Rather than emulsion-based methods, the reverse micellization is better in producing ultrafine nanoparticles of about 100 nm/or even less, in comparison with the larger nanocarriers (> 200 nm) produced by emulsification techniques. For the first time, Mitra et al. (2001) produced chitosan nanoparticles by reverse micelles method. In this method, W/O droplets are formed in W/O system (Pileni 2006), in contrast to usual micelles that form in O/W environment. A W/O microemulsion is prepared using a lipophilic surfactant that is dissolved in an appropriate organic solvent, like n-hexane. For this, surfactant sodium bis (ethyl hexyl) sulfosuccinate (AOT) was dissolved in n-hexane. In AOT solution, chitosan (0.1% in acetic acid), doxorubicin-



Fig. 3 Schematic representation of reverse micellar method. (Rajalakshmi et al. 2014)

dextran conjugate, liquid ammonia, and glutaraldehyde (0.01%) were added under continuous stirring. After that, nanoparticles were extracted following solvent evaporation (Fig. 3) (Mitra et al. 2001; Banerjee et al. 2002). An increase in the cross-linking rate leads to formation of larger particles (Banerjee et al. 2002).

Nevertheless, disadvantages, such as the difficult isolation of nanoparticles and the need for larger amounts of solvent, have been mentioned (Tang et al. 2007).

4.5 Polyelectrolyte Complex (PEC) Method

Polyelectrolyte complex method is based on ionic interactions between positively charged amine groups of chitosan and negatively charged carboxylic groups of Alg/sulfate groups of dextran sulfate leading to charge neutralization between cationic polymers and anionic group, which results in minimizing the hydrophilicity because of the self-assembly of the polyelectrolyte components (Tiyaboonchai 2003; Tiyaboonchai and Limpeanchob 2007; Erbacher et al. 1998; Sarmento et al. 2006). Their size may range from 50 to 700 nm.

4.6 Solvent Evaporation Method

In this method, in aqueous phase, polymer solution is emulsified followed by the evaporation of the polymer solvent which induces the precipitation of polymer as nanospheres are required. The formed nanospheres were filtered, washed using suitable solvent like petroleum ether, and finally dried. Drying is generally done by air or under vacuum. Metformin-loaded chitosan nanospheres were successfully produced by this method (Garud and Garud 2012).

4.7 Coprecipitation Method

By coprecipitation method, the broad degree of size evened chitosan-based nanoparticles was manufactured by fabrication of D,L-lactic acid on chitosan to exploit it as a drug transporter for extended drug release. For synthesizing the lactic acid-fabricated chitosan (LA-f-chitosan), the solvent was dehydrated and casted chitosan thin film possessing lactic acids. The LA-f-chitosan nanoparticles were formed by means of a coprecipitation route by LA-f-chitosan in ammonium hydroxide to make coacervate drops. Spherical and evenly distributed LA-f-chitosan nanoparticles having average diameter of 10 nm were prepared.

4.8 Complex Coacervation Method

The formation of chitosan–DNA nanoparticles was by means of coacervation among the amine groups (having positive charge) of chitosan and phosphate groups (having negative charge) of DNA (Bowman and Leong 2006; Chen et al. 2007; Leong et al. 1998). Various parameters such as surface charge, entrapment competence, particle size, and discharge features of the nanoparticles can be controlled by varying the weight percentage of the two polymers (Roy et al. 1999; Chen et al. 2003).

4.8.1 Method to Prepare Chemically Modified Chitosan Nanoparticles

Uchegbu et al. (1998) reported the production of chitosan nanovesicles of 300–600 nm by using palmitic acid-modified glycol chitosan with cholesterol. They exhibited better biocompatibility and hemocompatibility and stability in serum and bile salts. Furthermore, they were capable to stack bleomycin, a chemo-therapeutic peptide. The loading procedure was performed via an ammonium sulfate gradient that drove the peptide into the carriers. Lee et al. (2001) prepared hydrophobically modified chitosan microspheres using 5.1 deoxycholic acid groups per 100 anhydroglucoses with 1-ethyl-3-(3-dimethylamino-propyl)-carbodiimide (EDC)-mediated coupling reaction.

5 Characterization of Chitosan Nanoparticles

The prepared chitosan nanoparticles are characterized in terms of zeta potential, particle size, surface analysis, and morphological study. The major challenge in characterization of chitosan nanoparticles is study of their particle size. Testing of particle size is critical to the implementation of strategy involved during industrialization.

5.1 Zeta Potential

Zeta potential testing is used to determine the magnitude of the electrostatic charges of the particles using ZetaMeter (Staunton, VA, USA). The principle of zeta potential is based on the laser Doppler electrophoresis. The colloidal particles will move toward the oppositely charged electrode on applying an electric field having motion proportional to the zeta potential. The particle motion is determined by laser Doppler anemometer (Rodrigues et al. 2012). Notably, the value of zeta potential displays the degree of electrostatic repulsion within charged nanoparticles. In colloidal system, higher value of zeta potential indicates the aggregation resistance of nanoparticles.

5.2 Dynamic Light Scattering (DLS)

Dynamic light scattering (DLS) gives the information about size distribution of the nanoparticles. It records the optical motions, because the floating particles use lucid light supply and are illuminated (Dubin et al. 1967). The light spread by floating nanoparticles has shifts in frequency separated to it from the time-dependent location or speed of the floating particles. The reason of the intensity of spread light to oscillate as a function of time was arbitrary to Brownian motion, and it has been found that nanoparticles are in constant dispersion rate. In photon correlation spectroscopy (PCS) instrument, the correlator used forms the correlation function G (τ) of the spread intensity. With an early correlation coefficient decay curve, the range of chitosan nanoparticles size should be ~300 nm and polydispersity index (PDI) 0.245.

5.3 Transmission Electron Microscopy (TEM)

TEM is taken to assess the shape, size, and uniformity of the nanoparticles. TEM image of chitosan nanoparticles depicts particles of spherical shape and having diameter of 300 nm, which can be compared to the size obtained by DLS measurements.

5.4 Surface Characterization

The surface characterization of nanoparticles is important to know the surface morphology of particles according to the desired application. The surface characteristics of nanoparticles are done by a scanning electron microscope (SEM). SEM images provide information about the nanoparticles surface. In SEM, nanoparticles are scanned with a focused beam of electrons, which collide with the nanoparticle atoms and generate signals that are detected with the help of highly sensitive detector. Prior to SEM observation, pretreatment of nanoparticles is done using thin film gold coating and vacuum treatment.

The more specific surface analysis of nanoparticles is done by the techniques X-ray photoelectron spectroscopy (XPS) and time-of-flight secondary ion mass spectrometry (ToF-SIMS). They reveal the origin identity of nanoparticles, their chemical bonding and high sensitivity. The XPS determines the uniform distribution of nanoparticles according to their size and also provides the chemical state of nanoparticles, while the ToF-SIMS shows the detailed examination of surface and near-surface composition (Rodrigues et al. 2012; Casettari et al. 2011).

5.5 Fourier Transform Infrared Spectroscopy (FTIR)

Fourier transform infrared spectroscopy is an important characterization technique for nanoparticles, which offers the chemical investigation of nanoparticles. The technique is considered as promising compared to other analytical techniques as it tells us about not only the structure of molecules but also about chemical bonding present in molecules. It is based upon the fact that nanoparticles exhibit a selective absorption within infrared region. They show close-packed absorption spectrum within this region, which is known as an IR absorption spectrum that can be comprehensive over a broad range of wavelength. The diverse absorption band deceit in an IR spectrum depicts the characteristic functional groups and chemical bonds occurring in nanoparticles. FTIR spectra of chitosan exhibit the well-built and broad peak in the 3500–3300 region due to hydrogen-bonded (O-H) stretching vibration. There were overlapping of peaks of primary amine N-H stretching and type II amide in the identical area. The peak at around 1150 cm⁻¹ to C-O-C stretch asymmetric while the peak of C-N stretch type I amine was found at 1317 cm⁻¹ (Casettari et al. 2011).

6 Conclusion

In food packaging the recyclable source-based biopolymers (cellulosic plastics, corn-derived plastics like polyhydroxyalkanoates (PHAs) and PLA, chitosan, and starch) are widely used to manufacture nanocomposites. The bio-nanocomposite barrier properties are improved in opposition to water vapor, CO₂, O₂, and flavor chemicals that have a foremost impact on increasing the shelf life of many processed and fresh foods. The degradability of the bio-nanocomposites is increased via appropriate selection of polymer matrix, which is as well a driver for the utilization of bio-nanocomposites. For particular application like in food packaging, the

nanocomposites are used due to their much lighter weight than usual composite materials. The antimicrobial and antioxidative functions are added via formation of nanocomposites and a variety of types of nanoparticles like silver nanoparticles, nanoclays, silver zeolite, functional biopolymers like chitosan, and metal oxides. In spite of these advanced properties of bio-nanocomposites, there are a few security concerns regarding the utilization of nanocomposites like contact materials for food. A significant study is still necessary to assess the possible toxicity of nanocomposite materials, in addition to the environmental protection of their use. Bio-nanocomposite materials emerged to have an extremely brilliant future for a broad choice of applications in the food packaging and biomedical industries in addition to new active and smart food packaging by bio-functional properties.

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Nanocomposites in Packaging: A Groundbreaking Review and a Vision for the Future



Sukanchan Palit and Chaudhery Mustansar Hussain

Abstract The world of nanotechnology and nanomaterials are witnessing dramatic challenges and moving from one visionary paradigm toward another. In the similar manner, nanocomposite applications are surpassing vast and versatile scientific boundaries. Material science and nanotechnology are two opposite sides of the coin today. Human civilization's immense scientific prowess, scientific prudence, and scientific validation will all lead a visionary way in the true emancipation of science of nanotechnology. The authors in this paper deeply elucidate on the success, the vast potential, and the deep scientific and technological ingenuity in the applications of nanocomposites and composites in the packaging domain. Technology, engineering, and science are today in the path of newer scientific regeneration and deep vision. Chemical engineering, environmental engineering, and many diverse areas of engineering science are connected with the science of nanotechnology. In this well-researched chapter, the authors focus on the needs of nanotechnology, nanomaterials, and composites to human society. Composite science and material science are the needs of civilization and scientific progress today. In this review paper, the authors comprehend the vision of the application of nanocomposites and polymer science in packaging. Packaging technology is highly advanced today but still not fully explored. This well-researched treatise explores the hidden scientific truth of application of polymer science, composite science, and material science in packaging and the vast vision behind it.

Keywords Vision · Technology · Composites · Science · Polymers · Packaging

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1 Introduction

Human civilization and progress today stands in the midst of deep scientific vision and vast scientific ingenuity. Technology and engineering science in similar manner stands in the juncture of scientific farsightedness and vast profundity. Material science, nanotechnology, and composite science are witnessing immense challenges and vast scientific understanding (Palit 2017b). Sustainability whether it is energy, environmental, social, or economic are facing immense challenges and deep scientific revelation. Global research and development initiatives should be targeted toward newer vision, newer innovations, and newer scientific instinct. The state of global scientific order is immensely dismal. Global climate change, the climate crisis, depletion of fossil resources, and the frequent environmental catastrophes are challenging the vast scientific firmament (Palit 2017b). In this paper, the authors target on the scientific advancements and the vast scientific ingenuity in the applications of nanocomposites in packaging and other diverse areas of engineering and science. Composite science and "smart materials" are the next-generation scientific endeavor today. Scientific endeavor in the field of composite science and material science needs to be envisioned and addressed as science and technology surges forward toward a newer visionary paradigm. Today, the scientific world stands in the juncture of deep scientific prudence and vast scientific stewardship. Global concerns for energy and environmental sustainability have urged the vast scientific community to gear forward toward newer scientific innovation and newer scientific instinct. In this paper the authors focus on the needs of composite science in packaging, the vast scientific vision, and the ingenuity behind nanocomposite applications in packaging. Packaging is a vast area of science and technology today. The need of polymer technology, composite science, and material science to human scientific progress is immense and groundbreaking in modern civilization and modern science. Energy, water, food, and shelter are the pivotal parameters toward the growth of civilization and human scientific pursuit today. In the similar manner, nanoscience, nanotechnology, and the vast area of nanomaterials are moving toward newer scientific regeneration. This chapter uncovers the scientific success, the purposeful and definite scientific vision, and the needs of composite science toward the furtherance of science and technology globally (Palit 2014b).

2 The Vision of This Study

The world of difficulties in the field of nanocomposites, composite science, and material science are immense and pathbreaking. Human scientific research forays today stand in the midst of deep revelation and introspection. Packaging science is itself a huge pillar with a purposeful vision of its own. The application of nanocomposites and composites to packaging science is a major pillar of this entire scientific endeavor. Mankind scientific wisdom, the truth, and the needs for energy and environmental sustainability will all lead a visionary way in the true emancipation of science and technology today. The vision, aim, and objective of this study are toward research forays in the field of nanocomposites, material science, and the vast world of nanotechnology (Palit 2017b). The challenges and the vision of science in the research pursuit in nanocomposites are vast and surpassing vast and versatile scientific frontiers. In this chapter, the authors deeply comprehend the vast necessity, the truth, and the scientific judgment in the application of nanocomposites and composite science in packaging and diverse areas of science and engineering (Palit 2017b).

3 What Do You Mean by Nanocomposites?

Nanotechnology is a visionary and promising area of scientific endeavor in modern civilization. Technology, engineering, and science of nanoscience and nanotechnology are surpassing vast scientific boundaries. "Nano-" can be defined as nanometer (10^{-9} m) . The visionary and groundbreaking concept of nanotechnology was introduced by Richard Feynman, the noted physicist, in 1959 at a meeting of the American Physical Society (Palit 2017b). Since then the world witnessed immense scientific difficulties and vast scientific upheavals in the field of nanotechnology. Today the world of science and technology stands in the midst of revival and scientific vision. It has today become an interdisciplinary branch of applied science and technology. Technological challenges, foresight, and the deep scientific stewardship today are leading a visionary way in the true realization of nanotechnology science. Nanotechnology is the ability to work on a scale of about 1–100 nm. Human scientific vision and human scientific conscience are at its helm as nanotechnology surges forward. Because of their size, nanoparticles have proportionally larger surface area. The challenges and the vision of nanotechnology and nanocomposite applications are immense and path-reaching (Palit 2017b).

4 Scientific Doctrine and the Scientific Vision Behind Composite Science

Scientific vision in the field of composite science and nanocomposites is vast. Technology, engineering, and science of nanoscience and nanotechnology are surpassing vast scientific boundaries. Civilization's immense scientific truth, the scientific prowess of nanotechnology, and the vast scientific prudence will all lead an effective way in the true realization of nanocomposite science and composite science today. Today scientific doctrine in every branch of engineering science needs to be addressed and envisioned as science and technology surges forward toward a newer visionary era. Polymer technology, composite science, and the vast

domain of "smart materials" are witnessing immense challenges and vast foresight. The world of science and engineering today stands in the juncture of deep restructuring and immense technological profundity (Palit 2017b). Climate change, frequent environmental calamities, and the grave concerns for sustainability are the pallbearers toward a newer scientific order globally today. Nanotechnology and nano-vision are the coinwords of today's research pursuit in engineering science and technology. In this paper, the authors focus on the scientific success, the scientific needs to human society, and the world of difficulties in the field of nanocomposite science and packaging today. Scientific progress is today globally in a state of immense catastrophe. Global warming, global climate change, and ozone layer depletion are transforming the face of mankind today. This paper veritably opens up newer scientific innovation, scientific instinct, and the deeper cause of environmental sustainability (Palit 2017b). Thus the world of scientific challenges will surely see a new day and a newer age in the field of science, technology, and engineering (Palit 2017b).

5 The World of Challenges, the Scientific Profundity, and the Vision Behind Polymer Science and Material Science

The vision behind polymer science and material science is groundbreaking in today's scientific scenario. Technology and engineering science today stands amidst vast vision and immense ingenuity. The scientific profundity, the scientific discernment, and the scientific wisdom are the needs of research endeavor today (Palit 2017b). Composite science and nanocomposite technology are surging ahead in today's scientific landscape in technology and engineering science. Packaging is one such example of nanocomposite applications. The application domain of nanocomposites is vast and versatile. Material science, polymer science, and nanocomposites are the newer visionary domains in the field of technology and engineering science today (Palit 2017b). Human civilization's immense scientific ingenuity, scientific farsightedness, and the vision of nanoscience and nanotechnology will surely lead a long way in the true emancipation of science and engineering today. Challenges, difficulties, and barriers of scientific endeavor in material science are immense as well as groundbreaking (Palit 2017b). This paper unfolds the scientific intricacies of nanotechnology applications in packaging in today's scientific age. The challenges and the vision of nanotechnology and composites are deeply elucidated in this paper. In this paper, the authors also reiterate the technological validation and scientific vision of nanotechnology applications in human society.

6 Significant Scientific Endeavor in the Field of Nanotechnology and Nanocomposites

Human research endeavor in composite science and polymer science are witnessing vast challenges as science and engineering moves forward. Technology and engineering science of polymer engineering and polymer technology are today challenging the vast scientific firmament (Palit 2017b). Today is the scientific world of composite science, polymer science, nanomaterials, and engineered nanomaterials. In this entire article, the authors reiterate on the success of nanotechnology applications in human society and the needs of science in scientific advancements of human civilization. Technological and scientific validation is the need of proliferation of science and engineering today. This global vision of material science is elucidated in details in this article (Palit 2014b, 2017b).

Salehi (2013, 2014) deeply discussed with deep scientific ingenuity and conscience current and future research trends in nanofiltration technology in food processing. Nanotechnology in food technology is veritably changing the scientific genre in the domain of science and technology. Membrane processing is the new coinword of scientific research pursuit today. Nanofiltration technology is still in the latent scientific stage, finding more and more applications in food processing/ technology, and is seen as an alternative to conventional techniques (Salehi 2014; Palit 2017b). The goal of this well-researched treatise is to present the recent endeavor and the future research trends of nanofiltration processes in the food industry (Salehi 2014). Recent research pursuit has deeply highlighted the potential of nanofiltration use in diverse areas, including water softening, wastewater treatment, vegetable oil processing, and beverage, dairy, and sugar industry (Salehi 2014). Science is today a huge pillar with a purposeful vision of its own. Human scientific research pursuit in membrane processing are visionary and engulfed with deep scientific acuity and farsightedness. The authors discussed pressure-driven membrane processes, water softening techniques, applications in wastewater treatment, and applications in beverage and dairy industries. A deep review on applications in sugar industry and vegetable oil processing industry is the other salient feature of this research endeavor (Salehi 2014: Palit 2017b).

United Nations Global Sustainable Development Report (2016) deeply elucidates with deep and cogent insight sustainable development goals and the visionary targets of sustainability. The status and the challenges of environmental and energy sustainability in today's world are immense and far-reaching. The authors discussed deeply the 2030 sustainability agenda, the infrastructure-inequality-resilience issues, perspectives of scientists on engineering and the sustainable development goals, and prioritization of emerging issues for sustainable development (United Nations Global Sustainable Development Report 2016). Scientific vision and the vast domain of scientific ardor are in the process of newer scientific rejuvenation. The targets of this treatise are the adoption of 2030 Agenda for Sustainable Development. The report was prepared specifically to present the discussions at the highest level political discussions on sustainable development in 2016 (United Nations Global

Sustainable Development Report 2016). Human scientific progress, scientific provenance, and vast revelation are the cornerstones of this well-researched report. The first chapter of this report explores the vast implications of leaving no one behind for the operationalization of the visionary concepts of sustainable development goals from a science-policy perspective (United Nations Global Sustainable Development Report 2016). The vision and the challenges of sustainable development whether it is energy or environment are deeply discussed in this entire treatise (Palit 2017b). The content of this report is based on the knowledge and expertise of scientists, engineers, and technologists from more than 20 United Nations bodies (United Nations Global Sustainable Development Report 2016). Technological and scientific validation, the needs of science and engineering, and the future of sustainability science will surely be the forerunners toward a newer visionary eon of science. The ambition to endeavor to reach the extremes of research pursuit is an important aspect of the 2030 agenda (Palit 2017b). This report also exemplifies interlinkages between infrastructure, inequality, and resilience. Scientific vision, scientific acuity, and articulation are the cornerstones of this report. The vast effect of infrastructure on resilience is an area of grave concern that has received much attention by the scientific community (United Nations Global Sustainable Development Report 2016). The entire report deeply enumerates the scientific success, the scientific ingenuity, and the vast needs of human scientific endeavor in modern science and modern human civilization (United Nations Global Sustainable Development Report 2016).

Ali and Sinha (2014) discussed with cogent and lucid insight the challenges in nanotechnology innovation in India. Nanotechnology is one of the promising areas of scientific endeavor in the twenty-first century, and today it is a groundbreaking and far-reaching area of science. It is an interdisciplinary science domain with vast applications in biotechnology, applied mathematics, computer science, electronics, communication, medical and food, energy production, and new materials (Ali and Sinha 2014; Palit 2017b). Nanomaterials and engineered nanomaterials are the frontiers of scientific research endeavor today. Innovation has immense impact on the economic advancement of a nation. Nanotechnology has received much global interest, and many national governments are making large investments in nanotechnology research and development initiatives (Ali and Sinha 2014). Science and technology are the visionary domains of scientific endeavor today. This wellresearched paper is an attempt to explore the nanotechnology research and development initiatives in the area of energy, water, food, shelter, education, and agriculture sector in the Indian context (Ali and Sinha 2014). It also highlights the outcome of nanotechnology in the publications and patent numbers in the environmental, health, and safety issues in India. Nanotechnology is today a latent domain and encompasses disciplines such as applied physics, material science, physical chemistry, physics of condensed matter, biochemistry, molecular biology, composite science, biotechnology, and polymer engineering. Scientific revelation and scientific provenance are the pillars of research pursuit in this paper. India's research and development initiatives need to be envisioned with the passage of time (Ali and Sinha 2014). This entire report deeply enumerates on the opportunities and challenges in research and development forays in the field of nanotechnology and other branches of nanoscience in present-day India (Ali and Sinha 2014; Palit 2017b).

Yadav (2017) elucidated with lucid insight the potential of nanotechnology for agriculture and food engineering. In the current revolution in food sector, nanotechnology is one of the promising tools. Food technology is one of the ever-growing and revolutionary areas of scientific innovation today. It is also a promising tool for the agri-food and agriculture sector. The authors in this paper deeply discussed nanotechnology in agriculture, nanotechnology in the food sector, and safety concerns and regulatory laws. Human scientific research forays today are in the path of newer scientific regeneration. Nanotechnology, a recently developed field of science, is a branch of science and engineering which encompasses physics, chemistry, biology, and engineering sciences and now rapidly growing into electronics, automobiles, agriculture, food, and various other industrial and engineering systems. Scientific profundity and deep scientific vision stands as a major pillar of this entire research pursuit (Yadav 2017).

7 Significant Scientific Endeavor in the Field of Application of Nanocomposites in Packaging

Nanocomposites are the future generation smart materials and eco-materials. Nanotechnology is today integrated with diverse areas of science and technology. The world of difficulties and barriers, the vision of nanotechnology, and the needs of human society are all the torchbearers toward a new era in science and technology. Nanocomposites and its vast and versatile applications are today surpassing scientific boundaries. Material science and polymer science today are in the critical juncture of deep scientific regeneration and vast scientific rejuvenation. In this paper, the authors focus on the scientific potential, the scientific ingenuity, and the vision of the applications of nanocomposites in diverse areas of science and engineering (Palit 2017b).

de Azeredo (2009) discussed with deep insight and scientific conscience nanocomposites for food packaging uses and applications. Most materials used in packaging today are non-biodegradable resulting in immense environmental engineering problems (de Azeredo 2009). Environmental engineering science today stands in the crucial juncture of scientific comprehension and vast vision. Several biopolymers have been used to develop materials for eco-friendly food packaging and to do research in the area of eco-materials with a clear vision toward vast emancipation of environmental engineering science. Technological and scientific advancements in the field of nanocomposites are thus witnessing immense scientific vision and scientific fortitude. Most reinforced materials have poor matrix-filler interactions, which tend to enhance with decreasing filler dimensions. Thus the ingenuity and the scientific vision of nanocomposites and composite science. The use of fillers with at least one nanoscale dimension leads to the formation of

nanocomposites or composites (de Azeredo 2009). Nanoparticles have proportionally larger surface area than the microscale counterparts (de Azeredo 2009). These nanocomposites when added to polymers have other functions such as antimicrobial activity, enzyme immobilization, sensing, etc. The path toward scientific regeneration in the field of biopolymers and nanocomposites is immense and certainly groundbreaking. This paper vastly unfolds the scientific ingenuity in the field of nanocomposites and the wide world of polymer science. Technological profundity and ingenuity, the scientific needs of human society, and the futuristic vision of nanotechnology will definitely open a chapter in the field of science and technology today. By using nanotechnology techniques, it is definitely possible to reassemble molecules into objects, along several length scales as nature always does (Palit 2017b). Human scientific regeneration in the field of nanotechnology and nanocomposites is witnessing immense vision and forbearance as science and engineering surges forward. In present-day human civilization and human scientific progress, most materials used for packaging are non-biodegradable resulting in a serious environmental issue (Palit 2017b). New bio-based materials have been envisioned to develop edible and biodegradable films with a clear vision to reducing environmental and industrial waste. The challenges, vision, and the goals of science and technology are immense in modern science and modern civilization today (Palit 2017b). Scientific research pursuit in biopolymers and nanocomposites needs to be addressed and re-envisioned with the passage of time. This challenge is deeply enumerated in this paper. The authors in this paper discussed nanoreinforcements, structure, properties, and types of composites and clays and silicates (de Azeredo 2009; Palit 2017b). The other salient features of this treatise are the techniques to improve the compatibility of clays with polymers and the applications of clay nanocomposites (de Azeredo 2009). The other pillars are cellulose-based nanoreinforcements, their structure and obtainment and applications and effects on polymer matrices (Palit 2017b). Scientific vision, scientific ardor, and deep scientific foresight are the pillars of this well-researched paper (Palit 2014b, 2017b).

Bratovcic et al. (2015) discussed with immense lucidity and cogent insight application of nanocomposite materials in food packaging. The world of challenges in polymer technology, the futuristic vision of nanocomposite applications, and the wide world of composite science will all lead a long way in the true realization of modern science. The term "nano" can be defined as nanoparticle size from 1 to 100 nanometers. The terminology "nanotechnology" was first propounded by Norio Taniguchi in 1974. Human scientific vision and scientific forbearance were immensely important as science and engineering surged forward toward a newer eon. The primary function of packaging is to maintain quality and safety of products during transport and storage as well as to extend its viability by preventing unwanted agents such as microorganisms and chemical contaminants. The entire paper touched upon the application of polymers and biopolymers in the vast world of packaging. The barrier applications of polymer nanocomposites, nanocomposite formation, the domain of biopolymers, nanocoating, antimicrobial systems, and the innovative world of intelligent packaging are enumerated in lucid details in this paper (Bratovcic et al. 2015). Technological and scientific validation, the needs for polymers and nanocomposites (Palit 2017b).

polymer science in human society, and the deep scientific evolution of biopolymers are the salient features of this paper. Nano-polymers and nanosensors are the nextgeneration smart materials and have immense applications in packaging as biodegradability stands as a primordial scientific issue. The entire treatise unfolds the scientific intricacies, the scientific vision, and the deep scientific insight in bio-

Ray et al. (2006) discussed with vast scientific insight the vast and emerging use of polymer-clay nanocomposites in food packaging. Scientific research pursuit, the vast scientific vision, and scientific introspection will all lead a visionary way in the true realization of nanotechnology in human society. With today's advancement and research forays in nanoscience, polymer-clay nanocomposites have emerged as a promising and novel food packaging material due to its several benefits such as enhanced mechanical, thermal, and barrier properties (Ray et al. 2006). This paper discusses with immense lucidity and vision the potential use of these polymer composites as novel food packaging materials with emphasis on preparation, characterization, and future visionary prospects. Nanocomposite science is today in the avenue of newer scientific regeneration and is surpassing vast scientific boundaries (Ray et al. 2006). To meet the vast needs of customers, food must be safe, of consistently good quality and immense sensory issues, and inexpensive and should have good shelf life. Here comes the importance of polymer technology and composite science. These vast issues have led to extensive investigations and research and development forays in suitable packaging for food items (Ray et al. 2006; Palit 2017b). Technology and engineering science of polymers and smart materials are in the process of immense scientific vision today. In the recent age, a new and emerging class of polymer-clay composites has been developed. The march of composite science and nanocomposites are challenging diverse areas of engineering science today (Ray et al. 2006). In this paper, the authors touched upon preparation and characterization of nanocomposites, properties of nanocomposites, thermal stability, and flammability reduction (Ray et al. 2006). The authors also deeply delineated biodegradable polymer-clay nanocomposites and the vast future prospects attached to these nanocomposites (Ray et al. 2006).

Muller et al. (2017) with deep insight and scientific conscience reviewed the processing and properties of polymer nanocomposites and their vast and versatile applications in the packaging, automotive, solar energy, and renewable energy fields (Palit 2017b). Human scientific prowess, the vast scientific ingenuity, and the futuristic vision of technology are all the pallbearers toward a newer era in the field of nanotechnology and composite science. For the last few decades, nanocomposite materials have been extensively studied in the scientific papers as they provide immense property enhancements, even at low nanoparticle content (Muller et al. 2017; Palit 2017b). Their performance depends on a number of properties, but the nanoparticle dispersion and distribution state stands as a major challenge in order to obtain the full nanocomposites' potential in terms of flame retardance, mechanical and thermal properties, etc. (Muller et al. 2017). This review deeply reviewed more in-depth literature on the properties and materials of immense importance in three target sectors: packaging, solar energy, renewable energy, and

automotive (Muller et al. 2017). Technological profundity, scientific ardor, and vast scientific validation of nanocomposite applications are the pillars of this well-researched treatise. The authors also lucidly discussed processing techniques and application domain of nanocomposites (Palit 2017b). Today composite science and technological ingenuity are the two opposite sides of the coin. The challenge and the vision of scientific research pursuit in the field of polymer science and composite science need to be revamped and reorganized as science and engineering surges forward (Muller et al. 2017; Palit 2017b).

de Azeredo et al. (2011) discussed deeply in a comprehensive review nanocomposites in food packaging. A nanocomposite is a multiphase substance from the combination of two or more components including a matrix and a discontinuous nano-dimensional phase with at least one nano-sized dimension (i.e., with less than 100 nm) (de Azeredo et al. 2011). This entire treatise is a comprehensive reflection of the applications of nanocomposites. The authors in this paper discussed with deep scientific conscience nanoreinforcements in food packaging materials, nanoclays, cellulose nanoreinforcements, and nanocomposite active packaging. The salient features of this paper are a brief discussion on nanocomposite smart food packaging. Future trends in nanocomposite research, the vast technological vision, and the deep scientific intricacies are the other scientific pivots of this paper (de Azeredo et al. 2011).

Human scientific understanding and scientific acuity in the field of nanocomposites are today advancing as science and engineering gears forward toward newer and promising challenges. Challenges in research pursuit in composite science are immense and far-reaching. In this chapter, the authors vastly elucidate on the scientific needs, the scientific fortitude, and the vast vision in the field of packaging and polymer science (Palit 2017b, 2018).

8 Significant Research Endeavor in the Field of Polymer Science and Composite Science

Polymer science and composite science are today in the juncture of immense scientific rejuvenation. Vast scientific conscience, scientific insight, and scientific farsightedness are the needs of scientific research pursuit in modern civilization today. Human scientific advancement's immense prowess, the technological validation, and the vision of engineering science and technology will all today lead an effective way in the true emancipation of polymer science and composite science (Palit 2018).

Geise et al. (2010) deeply discussed with vast scientific conscience the role of polymer science in water treatment and industrial wastewater treatment by membranes. Two of the greatest challenges facing the twenty-first century involve providing clean water and energy, two highly interrelated resources, at cheaper costs. Science and engineering of polymer technology are huge pillars with a definite

vision of its own (Giese et al. 2010). The challenges of polymer science applications are immense and far-reaching. Membrane technology is expected to dominate the water purification and industrial wastewater treatment scenario owing its energy efficiency and cheaper costs (Palit 2017b). Mankind immense scientific girth and determination, the profundity of science and engineering, and the vision of membrane science will all lead a visionary way in the true realization of engineering and technology in the present century (Giese et al. 2010). Membrane science is veritably aligned with water purification and water treatment by an unsevered umbilical cord. There is a need for improved and effective membranes that have higher flux, are more selective, and are less prone to various types of fouling (Giese et al. 2010). Membrane separation processes is the need of chemical engineering science today. This article envisions and envisages the nature of the global water issue and reviews the state-of-the-art membrane science and technology. The vision and the goals of science, engineering, and technology will surely lead an effective way in the true emancipation of membrane separation processes (Palit 2017b). In this paper, extensive background research and development techniques are provided to help the scientists and engineers understand the fundamental problems and technologies involved in membrane separation processes (Giese et al. 2010; Palit 2017b).

Klemm et al. (2006) discussed with deep and cogent insight nanocelluloses as new polymers and smart materials in research and application. Nanocellulose is a fascinating, invigorating, and sustainable polymeric raw material characterized by interesting properties such as hydrophilicity, chirality, and biodegradability (Klemm et al. 2006). Technological and scientific profundity and vision are at its helm as regards advances in polymer science in today's human civilization. Scientific research pursuit today needs to be envisioned and reframed as science and technology surges forward. Technological advancements have transformed the scientific scenario in polymer science today. The authors pointedly focus on types of nanocelluloses, nanocellulose membranes and composites in technical applications, development of medical devices, and bacterial nanocellulose in veterinary medicine and in synthetic chemistry (Klemm et al. 2006; Palit 2017b). Human scientific and technological research forays, the needs of human science and society, and the world of challenges will all lead a successful way in the true emancipation of nanocellulose science today. This article pointedly focuses on the deep scientific success, the scientific discernment, and the vision in the field of polymer science and nanotechnology in decades to come (Klemm et al. 2006; Palit 2017b).

Prashanth et al. (2017) deeply discussed with immense lucidity and scientific conscience fiber-reinforced composites. Fiber-reinforced composites are basically axial particulates embedded on fitting matrices in polymers. Technological and engineering ingenuity, the vast world of scientific and technological validation, and the vision of polymer science will all lead a visionary way in the true emancipation of fiber-reinforced composites and its properties (Prashanth et al. 2017). The primary goal and the objective of fiber-reinforced composites is to obtain materials with high strength along with higher elastic modulus. The vast world of polymer science is highly advanced today (Prashanth et al. 2017). In this article, the authors deeply present a comparative account on various kinds of synthetic fibers with

special emphasis on carbon fibers. In this well-researched article, the authors focus on important types of fiber reinforcements, glass fibers, carbon fibers, Kevlar fibers, and their various synthetic properties. Human scientific ardor, the technological advancements in polymer science, and the vision of composite science are the veritable pillars toward a knowledge dimension in the field of advanced polymer science today (Prashanth et al. 2017).

Science and engineering are today in the crucial juncture of vision and scientific insight. Science of polymers and nanocomposites are overpowering vast and versatile scientific and engineering frontiers. The need of the human society of polymer science is immense and groundbreaking. This chapter opens up new vision and newer innovations in the field of composite science, polymer science, and polymer engineering in decades to come (Palit 2017b).

9 The Challenge and the Vision of Energy and Environmental Sustainability

Energy engineering and environmental engineering are the areas of scientific research which need to be envisioned with the passage of time. Global water shortage, climate change, and frequent environmental catastrophes are challenging the vast scientific firmament in today's modern human civilization. In such a crucial juncture of history and time, energy and environmental sustainability assumes vast importance (Palit 2014b, 2017b). Holistic sustainability is the immediate need of the hour for human civilization today. Global water shortage is an environmental crisis of immense proportions. Heavy metal and arsenic groundwater and drinking water contamination is a veritable curse to mankind and human progress (Palit 2014b, 2017b). In developing and developed countries around the world, the need for a comprehensive water research and development initiative is immense and challenging. Engineering science and technology has few answers to the growing concerns for global water crisis and global environmental sustainability. In this wellresearched chapter, the authors rigorously pronounce the success of composite science and materials technology toward a truer vision of science and technology. The march of science and engineering and the true vision of sustainable development are the two opposite sides of the coin today (Palit 2017b). Today nanocomposite science and composite technology are the scientific necessities of the future of human civilization and human progress. Environmental and energy sustainability are the visionary coinwords of the entire domain of industrial pollution control. Energy security, water science, and industrial wastewater pollution control are the veritable needs of human scientific progress today. This vision is enumerated with deep insight in this entire treatise. Human scientific challenges, the scientific prowess, and the vision of material and polymer science will all lead a long way in the true emancipation of energy engineering and electrical engineering today. Energy and environmental sustainability are the needs and vision of human society today. This vision is deeply enumerated in minute details and deep vision in this treatise. Technological validation of nanocomposite applications and the needs of scientific progress are the other pivots of this entire paper (Palit 2017b).

10 The Need for Polymer Science and Material Science to Human Society

Polymer science and material science are today in the process of newer rejuvenation and deep farsightedness. Nanomaterials and engineered nanomaterials are the smart materials of today's world of scientific research forays. Human civilization today is in the midst of deep scientific revival and vision. Material science and nanotechnology are the veritable needs of the society and human scientific regeneration. Material science and composite science need to be vehemently addressed and envisioned with the passage of time (Palit, 2014b, 2017b). Polymer science, polymer engineering, and material science also need to be envisaged and revamped with the march of modern science. The need for polymer science is immense and far-reaching today. Polymer science, composite science, and material science are today integrated with diverse branches of engineering and science. Nanotechnology and material science have today immense impact on human scientific progress (Palit 2017b). Environmental engineering, chemical process technology, and petroleum engineering today stand in the midst of vast rejuvenation and immense scientific vision with the grave concerns for global climate change. Mankind and its research endeavor need to be envisioned and reframed as science and engineering dives deep into the scientific realms of nanotechnology. Global research and development forays in nanotechnology are witnessing immense revamping in the last three decades. This research paper opens up new scientific innovations and instincts in the field of material science, composite materials, and nanotechnology. The authors repeatedly pronounce and proclaim the needs of scientific research endeavor in the field of nanotechnology and material science in decades to come. The world of science, technology, and engineering will surely witness a new dawn and a new beginning if global environmental engineering and petroleum engineering needs are met with vision and scientific forbearance (Cheryan 1998; Hashim et al. 2011; Shannon et al. 2008; Palit 2014b, 2017b).

11 Modern Science, Polymer Science, and the Vast Vision for the Future

Nanotechnology, nano-engineering, and material science are the visionary areas of modern scientific civilization today. Modern science is in the process of a new dawn in applications, vision, and scientific ingenuity. Polymer technology and

nanotechnology are two opposite sides of the coin. Modern science in this respect is in the midst of scientific introspection and deep adjudication. Today nanomaterials and engineered nanomaterials are the coinwords of scientific endeavor in modern science. Smart materials and eco-materials are the necessities of human society as human progress surges forward. The vision for modern science is vast and versatile (Shannon et al. 2008; Palit 2016a, b). Nanotechnology, nanomaterials, and composite science are the next-generation science and are challenging the vast scientific firmament of human scientific research forays. Environmental engineering and petroleum engineering are facing immense challenges as mankind gears forward toward a newer future of scientific genre and vision. Every branch of engineering science is challenged today as grave global concerns for energy, electricity, and environment assume immense importance. Modern science in such a crucial juncture of history and time needs to be envisioned and reframed as mankind witnesses scientific difficulties and scientific challenges. Human scientific ingenuity and deep scientific profundity in engineering science and technology are in a state of immense difficulties and in a dismal state of affairs. Modern science thus is in a state of immense conundrum. This chapter repeatedly points out toward the need of judgment and scientific truth toward the furtherance of polymer science, composite science, and nanotechnology. Nanocomposite applications are transforming the face of scientific research pursuit. Civilization's immense girth and determination, the futuristic vision of nanoscience, and the human needs of applied science and applied chemistry will all go an effective way in the true emancipation of engineering and science today. This chapter uncovers the scientific intricacies and the scientific needs of the science of nanotechnology with a deep vision toward regeneration and rejuvenation of composite science (Palit 2014a, b, 2015, 2017a, 2018).

12 Future Recommendations of this Study and the Future Flow of Scientific Thoughts

The future of material science, materials engineering, and nanotechnology are bright, inspiring, and groundbreaking. Human civilization's immense scientific girth and determination, the challenges in engineering pursuit, and the vision of nanotechnology will all lead an effective way in the realization of composite science, polymer science, and material science. Scientific endeavor also today is in the midst of deep scientific revelation and profundity. The world of science and technology today are in the midst of scientific truth, scientific wisdom, and deep scientific conscience. The future flow of scientific thoughts should be directed toward more applications of science and engineering of nanotechnology. Nanotechnology is today integrated toward diverse branches of science and engineering. Novel separation processes such as membrane science and nanofiltration are challenging the fabric of environmental engineering (Palit 2014a, b, 2017b, 2018). Global water crisis, climate

change, frequent environmental catastrophes, and depletion of fossil fuel resources are transforming the face of human scientific endeavor today (Palit 2017b). The area of environmental engineering integrated with nanotechnology needs to be thoroughly addressed and envisioned with the passage of history and the visionary timeframe. The future of global science, engineering, and technology are immensely bright and pathbreaking. Today is the age of nuclear science and space technology (Palit 2014a, b, 2017b, 2018). Every branch of science and technology needs to be integrated with nanotechnology. Mankind thus will witness a newer scientific revival and vision (Palit 2014a, b, 2017b, 2018).

13 Conclusion and Future Scientific Perspectives

Human civilization and scientific research initiatives today are in the crossroads of introspection, truth, and vision (Palit 2017b). Material science and nanotechnology are the two opposite sides of the coin. In this chapter, the authors reiterate the success of science, the vast scientific stewardship, and the scientific necessity of nanotechnology to the progress of scientific research today (Palit 2017b). Deep deliberation of energy and environmental sustainability are the other pillars of this well-researched treatise. The authors, with deep scientific conscience, tread a visionary path toward the scientific evolution of nanoscience, nano-engineering, and nanotechnology. Scientific perspectives in the field of nanotechnology are vast and versatile. Future scientific perspectives should be targeted toward newer innovations and successful realization of sustainable development and holistic sustainability. Holistic realization of sustainability is the necessity of the hour. Mankind vast scientific prowess, the world of scientific challenges in the domain of nanotechnology, and the vast vision of composite science will all lead a visionary way in the true emancipation of nanocomposite technology and the vast world of nanoscience today. Technological advancements are the necessities of scientific vision today. In this chapter, the authors deeply elucidate on the visionary world of composite science and material science with a clear mission toward furtherance of science and engineering.

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