TOPICS IN MEDICINAL CHEMISTRY 06

Volume Editor Celia Dominguez

# Neurodegenerative Diseases



6

## **Topics in Medicinal Chemistry**

Editorial Board: P. R. Bernstein · A. Buschauer · G. J. Georg · J. A. Lowe · H. U. Stilz

## **Neurodegenerative Diseases**

Volume Editor: Celia Dominguez

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## Aims and Scope

Drug research requires interdisciplinary team-work at the interface between chemistry, biology and medicine. Therefore, the new topic-related series *Topics in Medicinal Chemistry* will cover all relevant aspects of drug research, e.g. pathobiochemistry of diseases, identification and validation of (emerging) drug targets, structural biology, drugability of targets, drug design approaches, chemogenomics, synthetic chemistry including combinatorial methods, bioorganic chemistry, natural compounds, high-throughput screening, pharmacological in vitro and in vivo investigations, drug-receptor interactions on the molecular level, structure-activity relationships, drug absorption, distribution, metabolism, elimination, toxicology and pharmacogenomics.

In general, special volumes are edited by well known guest editors.

In references *Topics in Medicinal Chemistry* is abbreviated *Top Med Chem* and is cited as a journal.

## **Preface to the Series**

Medicinal chemistry is both science and art. The science of medicinal chemistry offers mankind one of its best hopes for improving the quality of life. The art of medicinal chemistry continues to challenge its practitioners with the need for both intuition and experience to discover new drugs. Hence sharing the experience of drug discovery is uniquely beneficial to the field of medicinal chemistry.

The series Topics in Medicinal Chemistry is designed to help both novice and experienced medicinal chemists share insights from the drug discovery process. For the novice, the introductory chapter to each volume provides background and valuable perspective on a field of medicinal chemistry not available elsewhere. Succeeding chapters then provide examples of successful drug discovery efforts that describe the most up-to-date work from this field.

The editors have chosen topics from both important therapeutic areas and from work that advances the discipline of medicinal chemistry. For example, cancer, metabolic syndrome and Alzheimer's disease are fields in which academia and industry are heavily invested to discover new drugs because of their considerable unmet medical need. The editors have therefore prioritized covering new developments in medicinal chemistry in these fields. In addition, important advances in the discipline, such as fragment-based drug design and other aspects of new lead-seeking approaches, are also planned for early volumes in this series. Each volume thus offers a unique opportunity to capture the most up-to-date perspective in an area of medicinal chemistry.

> Dr. Peter R. Bernstein Prof. Dr. Armin Buschauer Prof. Dr. Gunda J. Georg Dr. John Lowe Dr. Hans Ulrich Stilz

## Foreword to Volume 6

The attrition rate in the clinical development of new chemical entities (NCEs) has increased over time, in spite of escalating funds allocated to research and development. Less than 10% of all NCEs succeed in effectively treating some clinical symptom. NCEs develop to treat central nervous system (CNS) disorders, together with oncology, exhibit the greatest attrition of all. One can argue that the major explanation for this lack of success is the complexity of the biological mechanisms underlying CNS indications and our lack of understanding of the aetiology of these disorders. Therefore, it is essential that an early assessment of compound efficacy in Phase II is sought. Most marketed CNS drugs modulate G-protein-coupled receptors (GPCRs) or protein transporters associated with the major neurotransmitters in the brain. It is only recently that molecular research led to the identification of novel targets implicated in neurodegenerative conditions. Many of these targets are intracellular and require specific approaches to assess drug efficacy, since many of these mechanisms cannot be directly monitored through non-invasive means in human subjects. The CNS drug development process is most likely to be successful, the more similar the human and animal models are to one another. For this reason, focusing on specific genetic conditions (for which the aetiology is known) as a way to assess drug efficacy and safety might lead to a more rapid evaluation of specific mechanisms.

The *major challenge* for CNS drug discovery is the lack of understanding of the human biological mechanisms underlying the various stages of these diseases. Considerable more effort needs to be placed on investigating whether the human biology supports specific target hypotheses underlying novel drug discovery campaigns. Non for-profit Foundation and Government researchers are much more likely to work with early symptomatic patient populations, and it is essential that specific hypotheses are investigated before clinical development. In addition, to expedite the development of clinical lead molecules for early human studies, a few critical domains are worth highlighting as having a major impact in the evaluation of novel chemical series. These are: advances in ADMET (absorption, distribution, metabolism, excretion, and toxicity), and specifically in understanding interactions with the major drug efflux mechanisms present at the blood-brain barrier, computer modelling of drug-target interactions and crystal structure aided drug design and the development of on-target occupancy endpoints to understand the pharmacokinetic/pharmacodynamic (PK/PD) relationship for a given molecule: the necessary occupancy to determine a suitable therapeutic window between efficacy in a given biological mechanism and potential side effects.

It is likely that drugs developed to treat one condition might be beneficial for other indications. This evokes a sense of hope that the efforts in developing new treatments will have broad impact from a medical and societal standpoint. This book highlights different approaches to mitigate the cellular processes thought to be affected regardless of which animal model (typically disease-specific) is first used to identify lead clinical candidates. In essence, it is my belief that disease animal models should be selected for any given target based on the molecular similarities to the human condition. In the context of lead evaluation, argue that an animal disease-specific model might not be necessary. Rather, a *mechanism* model, based on a proximal and specific readout for a specific target, allows researchers to quickly screen through potential leads and establish a PK/PD correlation as rapidly as possible. Once a suitable lead is identified, costly and lengthy experiments can be conducted with the disease model. In some instances, the most faithful disease models in terms of pathology or molecular changes require many months of drug administration. Therefore, the utilization of mechanism models to identify clinical leads is essential.

Neurodegenerative disorders have been typically grouped based on pathological findings and neurological symptoms. They are generally characterized by a slow symptom progression, adult or juvenile onset, specific neuronal vulnerability, and the presence of aggregated proteins identified as inclusion bodies after histological analysis. They all share age as the major risk factor, and in most cases (a notable exception being Huntington's disease, HD) have a mixed aetiology from a molecular perspective. While in all cases, familial forms of these disorders have been documented, and these account for a small percentage of all reported cases. For example, in spite of the broad incidence of Alzheimer's disease (AD) and Parkinson's disease (PD), only between 1% and 5% of all cases display a Mendelian inheritance pattern.

The existence of familial cases prompted a strong emphasis in the research community to identify the molecular basis for these disorders. These efforts have largely been successful in identifying the genes causative for the various conditions. For instance, mutations in amyloid precursor protein (APP) were identified in the case of AD; Huntingtin in the case of HD;  $\alpha$ -synuclein, DJ-1, LRRK2, and Pink1, among others, for PD; TDP-43 and SOD1, among others, for amyotropic lateral sclerosis (ALS); and SMN-1 for spinal muscular atrophy (SMA). Because of this, clinical development strategies have shifted from the application of drugs developed to treat the symptoms of the disease (traditionally investigated through a re-purposing of existing psychotropic molecules developed for psychiatric conditions), to strategies aimed at modulating the main biochemical mechanisms thought to be affected by these proteins. This, thus far, has also proven unsuccessful from a clinical

standpoint, as no effective new treatments have yet been identified. However, many are in clinical development.

In spite of their broad prevalence in the general population, neurodegenerative diseases are very inefficiently treated. Some of the challenges in drug discovery can be ascribed to the fact that most causative genes for neurodegenerative disorders cannot be targeted through traditional pharmacological means. In spite of more recent efforts to develop molecular therapies to eliminate expression of the mutated proteins, the majority of current clinical development strategies are aimed at "restoring" normal neuronal or glial function based on the cellular mechanisms now thought to underlie the toxic effects that arise from the mutant proteins.

There are some important commonalities in the molecular mechanisms thought to underlie these disorders. Many of the genes identified through positional cloning as causative of these set of disorders encode proteins that were shown to aggregate in in vitro and in vivo models and form the pathological inclusions traditionally used to diagnose these diseases. This was unexpected and argued that perhaps the propensity of these proteins to aggregate or form multimeric species had direct relevance to their toxic properties. In addition, many of the cellular mechanisms identified as being affected in rodent models for these diseases (generated through genetic means by introducing a mutant gene) show perplexing similarities. Among the mechanisms identified, mitochondrial disturbances, deficits in axonal transport and synaptogenic mechanisms, autophagy, protein folding, and transcriptional dysregulation are affected in all these diseases. Therefore, there is typically a convergence of strategies being developed to treat these disorders. A caveat in all of these approaches is the fact that, with the sole exception of HD and SMA, the aetiology of these disorders is mixed, and the majority of cases originate without much evidence for mutations or deregulation of the pathways linked to the mutant proteins which cause the familial (typically of earlier onset and faster progression) cases.

The converging field of synaptic dysregulation and transcriptional adaptations to changes in neurotransmitter tone is exemplified by the alterations known to exist in terms of key transcriptional effector molecules, such as histone acetylation and cAMP response element-binding protein (CREB) signalling. In this regard, two chapters are dedicated to the development of isotype selective modulation of phospodiesterase (PDE) inhibitors to modulate neurotransmission (through effects on cAMP signalling) and transcriptional modulation (Chap. 2), and to the identification of subtype-specific inhibition of histone deacetylases (HDACs; Chap. 1). The large repertoire of various enzyme subtypes found in mammalian neurons is a key factor in the development of effective treatments, without significant side effects already identified for non-subtype selective small molecule modulators of these classes of key enzymes needed for normal brain function. The main challenge here is twofold: to identify which enzymes need to be specifically targeted for each indication (as signalling in neurons is localized to specific domains coupled to selective signal transduction mechanisms); and to develop early measures of target engagement and efficacy in clinical trials through imaging studies or other measures to monitor changes in brain activity in response to a drug effect, such as quantitative electro-encephalogram (EEG). The initial findings for potential efficacy in neurodegeneration for the HDAC inhibitors originated from studies using non-selective molecules, which had significant toxicities associated with them after prolonged administration in animals. The effects of these molecules in various cognitive rodent models and in pathological analysis encouraged neuroscientists to try to identify classselective molecules with good brain exposure, of increased potency and with fewer peripheral side effects. Similarly, the early clinical data surrounding rolipram (PDE4 inhibitor) in treating depression and displaying a procognitive effect, together with many converging aspects of cAMP cascade deficits in various disease models, prompted the development of very specific active site inhibitors for this broad family of signalling molecules. Some of the recent advances in the development of selective brain penetrant PDE inhibitors are highlighted in Chap. 2, with an emphasis on cognitive enhancement for AD. However, many of these molecules are likely to exhibit activities beneficial to other neurodegenerative conditions, and are currently being tested for other indications in animal models.

In terms of synaptic biology, a key finding is the vulnerability of specific neuronal populations that die selectively in the various disorders. Presumably, this vulnerability will eventually be found to originate from the specific role of each mutated protein within these cells, or to the properties of the neuronal and glial cells found in the circuitry affected in each disorder. In essence, the spectrum of clinical symptoms used to define these diseases can be largely explained by the pathological findings of neuronal death and gliosis affecting the relevant circuitry. A key approach for treating these disorders is therefore based on improving the function of the circuits affected in each disease, and specific neurotransmitter modulators are being developed based on the cells most affected by each condition.

Within synaptic modulation, one of the predominant hypothesis common to all neurodegenerative conditions is the specific vulnerability of neurons to deregulated calcium signalling, and specifically calcium signalling mediated by glutamate receptors. This theory, termed *excitotoxicity*, is far from proven, but appears common to many of these disorders. Excessive or extrasynaptic calcium entry has become one of the major strategies for the treatment of neurodegenerative diseases. In the case of ALS, riluzole, the only approved drug for this disease, is a sodium channel blocker thought to modulate excessive calcium entry. Chapter 3 specifically reviews the theory of excitotoxicity and abnormal glutamate signalling mostly in the context of Alzheimer's disease, although similar principles (and drugs) are relevant to other indications. Indeed, many of these are currently in clinical development for various CNS disorders. For instance, both memantine (an NMDA receptor antagonist) and mGluR5 antagonists are in clinical development for PD and HD. However, the essential role for glutamate signalling in brain function makes this a difficult mechanism to modulate with an acceptable therapeutic window. The complexities in glutamate signalling in various circuits affected in these disorders require a deeper investigation of the changes during disease progression in human subjects, to better predict whether a specific drug might lead to clinical improvement.

Other strategies aimed at the indirect modulation of glutamate, acetylcholine and other major neurotransmitter systems that are being prosecuted, which might be associated with more tolerable adverse effects. For instance, the role for metabolites of the kynurenine pathway (a product of tryptophan degradation), shown to be neuroactive and specifically altered in human subjects and animal models for some diseases, is described in Chap. 4. This novel approach to modulate synaptic transmission through a specific modulation in key metabolic enzymes (such as kynurenine mono-oxygenase or KMO; kynurenine amino transferase or KAT) highlights some of the new avenues taken by industry experts to uncover novel methods for treating these difficult diseases. Chapter 4 focuses on the development of KMO inhibitors specifically for HD. However, changes in kynurenine metabolites have been reported in many neurodegenerative indications. In addition to the role of kynurenine pathway metabolites in synaptic transmission, this pathway has been implicated in the modulation of the immune response, a biological area of active investigation to decrease neuronal cell death.

Finally, Chap. 5 highlights recent developments in the treatment of SMA. The genetic cause of this disease is well understood (lack of expression of the gene SMN1 due to a missense mutation), and current efforts are aimed at enhancing expression of a gene, SMN2, which can act to compensate for the loss of the SMN1 gene. This chapter illustrates the strength of focused efforts on overcoming the cause of the disease, through various means. All share in common the utilization of cellular and animal models focused on understanding the effects of novel molecules in increasing expression of SMN1. Similarly, in HD and familial models of AD and PD, a specific emphasis on demonstrated genetic contributions to the disease is key to develop novel drugs with a wellvalidated biological principle. In the case of other, genetically heterogeneous disorders (AD, ALS and PD), the applicability of such strategies rests perilously on the assumption that similar biological principles will apply in idiopathic cases where the cause of the pathology is unknown. Overall, the various approaches highlighted here serve to illustrate new directions in CNS drug discovery, and leads to an emphasis in a deeper understanding of the molecular causes for these disorders as a more efficient way to overcome the inherent difficulties in treating, or preventing, neurodegeneration.

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Ignacio Muñoz-Sanjuan

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## The Role of Histone Deacetylases in Neurodegenerative Diseases and Small-Molecule Inhibitors as a **Potential Therapeutic Approach**

## Roland W. Bürli, Elizabeth Thomas, and Vahri Beaumont

**Abstract** Neurodegenerative disorders are devastating for patients and their social environment. Their etiology is poorly understood and complex. As a result, there is clearly an urgent need for therapeutic agents that slow down disease progress and alleviate symptoms. In this respect, interference with expression and function of multiple gene products at the epigenetic level has offered much promise, and histone deacetylases play a crucial role in these processes. This review presents an overview of the biological pathways in which these enzymes are involved and illustrates the complex network of proteins that governs their activity. An overview of small molecules that interfere with histone deacetylase function is provided.

Keywords Epigenetics, Metallo enzyme, Polyglutamine, Sirtuin, Transcriptional regulation

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## Abbreviations

AD	Alzheimer's disease
ADME	Absorption, distribution, metabolism, excretion
ALS	Amyotrophic lateral sclerosis
BDNF	Brain-derived neurotrophic factor
CBP	CREB-binding protein
CNS	Central nervous system
DNA	Deoxyribonucleic acid
DRPLA	Dentatorubral pallidoluysian atrophy
FDA	Food and Drug Administration
FRDA	Friedreich's ataxia
FXN	Frataxin
GDNF	Glial cell-derived neurotrophic factor
HAT	Histone acetylase
HD	Huntington's disease
HDAC	Histone deacetylase
Htt	Huntingtin
MBG	Metal-binding group
MEF2	Myocyte-enhancing factor 2
PD	Parkinson's disease
PolyQ	Polyglutamine
RTS	Rubenstein-Taybi syndrome
SBMA	Spinal bulbar muscular atrophy
SCA	Spinocerebellar ataxia
SUMO	Small ubiquitin-like modifier
TBP	TATA-binding protein
UPS	Ubiquitin-proteosome system

## **1** Neurodegeneration

"Neurodegeneration" is the umbrella term for the progressive loss of structure or function of neurons, leading to their eventual death and brain atrophy. Many neurodegenerative diseases arise as a result of genetic mutations in seemingly unrelated genes. For instance, a collection of neurodegenerative diseases fall into the category of "polyglutamine (polyQ) diseases," where expansions in polyQencoding CAG tracts in discrete genes have been identified as the primary insult leading to neurodegeneration. The lengths of CAG repeats in genes susceptible to expansion are polymorphic in the unaffected population. At some point though, expansions of CAG repeats cross a pathogenic threshold, acquiring a propensity for further expansion, and encoding proteins with neurotoxic activity and a proclivity for self aggregation. These include Huntington's disease (HD; expansion >37 CAG in the Htt gene encoding Huntingtin), dentatorubral pallidoluysian atrophy (DRPLA; expansion in the atrophin-1 protein), spinal bulbar muscular atrophy (SBMA or "Kennedy's disease"; CAG expansion in the androgen receptor) and a subset of the spinocerebellar ataxias (SCA); where SCA1-3 and 7 are caused by expansion in ataxin proteins, SCA-6 is caused by expansion in the calcium channel subunit CACNA1A, SCA-12 is caused by expansion in the PP2R2B protein, and SCA-17 is caused by expansion in the TATA-binding protein (TBP). Other neurodegenerative diseases are not caused by CAG tract expansion, but nevertheless, abnormal accumulation of protein is implicated. In Parkinson's disease (PD), accumulation of the protein  $\alpha$ -synuclein into Lewy bodies is a hallmark of the disease. In Alzheimer's disease (AD), the abnormal accumulation of  $\beta$ -amyloid into plaques and hyper-phosphorylated tau proteins into tangles appears to be the causal insult.

While the central nervous system (CNS) region-specific expression of the aberrant protein or the differential susceptibility of neuronal subsets to the primary insult varies, key themes start to emerge for these seemingly disparate neurodegenerative diseases, which are collected under the catch-all title of "CNS proteopathies." Among these themes, irregular protein folding, interference of intracellular vesicle trafficking, disruption of proteosomal degradation pathways, altered subcellular localization (especially neuronal inclusions), and abnormal protein interactions have been repeatedly implicated. This, coupled with the potential gain or loss of function of mutated protein compared to "wild-type" protein, appears to contribute to the neurodegenerative pathological cascade.

Ultimately, there is surprising congruence in the downstream pathophysiological cascades, which precede neuronal apoptosis and brain atrophy. Synaptic dysfunction, mitochondrial energy metabolism defects, and transcriptional dysregulation are common to many of these diseases. The resultant symptoms are manifested as disturbances in motor, psychiatric, and cognitive impairment, which progress in severity as the diseases progress. Manifestation of any of these symptoms is a consequence of the neuronal subsets primarily affected. For instance, if neurodegeneration is prevalent in basal ganglia, midbrain, or cerebellar structures, key regions involved in the planning, execution, and control of fine movements, motor control is clearly impacted (in SCA diseases, HD and PD). In the case of amyotrophic lateral sclerosis (ALS) and SBMA, it is the lower motor neurons that are targeted and degenerate. Cognitive impairment and dementia are also major components of many of the neurodegenerative diseases, when cortical and subcortical nuclei are compromised (particularly so in AD, PD, and HD). Comorbidity with psychiatric disturbances such as anxiety and depression are also common in these latter diseases, but these symptoms are often overlooked or undertreated.

The ultimate outcome of all of the neurodegenerative diseases described above is enormous pressure on the social environment of patients and premature death. Our pharmacological arsenal for treatment remains poor, despite years of intensive research in these areas. The disease burden of neurodegenerative disorders to the worldwide healthcare industry is very high [3.4% of all deaths in high-income countries were attributed to AD and other dementias (WHO Global Burden of Disease 2004)]. As the average survival age increases, this statistic is likely to rise.

While a "magic bullet" for the treatment of neurodegenerative disorders is highly unlikely, histone deacetylase inhibition is a promising avenue of investigation for multiple neurodegenerative disorders. This review focuses on the potential amelioration of symptoms common to many of these diseases, by assessing the role that HDAC inhibition may have in the treatment of key aspects of disease pathophysiology common to the CNS proteopathies, with specific examples taken from each disease. Current and future directions in the development of brain-penetrant subtype selective HDAC inhibition are discussed.

## **2** Overview of Histone Deacetylases

## 2.1 Classification

HDACs are a complex superfamily of proteins, sharing a common deacetylase activity of acetylated  $\varepsilon$ -amino groups of lysine side chains. Originally, histones were found to be their substrates, but more recently it has been shown that they act on a large set of diverse proteins. To date, 3,600 lysine acetylation sites across 1,750 proteins are known. This collection has been dubbed the "lysine acetylome," with particular prevalence in large macromolecular complexes [1]. Hence, from a functional point of view, it would be more appropriate to refer to HDACs as lysine deacetylases (or KDACs) [1]. Moreover, it is clear that the role of HDACs extends significantly beyond their catalytic activity and forms part of an intricate regulation process, much of which is not fully understood. While HDACs do not display classical DNA binding domains, they are incorporated into large multicomponent

complexes that govern transcriptional processes. As a result, the activity of HDACs is determined by their environment and the variety, quantity, and identity of partner proteins present in any given location. These complex interactions are involved in a diverse array of pathways from activation of cell death through caspase-mediated cleavage [2] to muscle differentiation in concert with the transcription factor MEF2 (myocyte-enhancing factor 2) [3]. Subcellular distribution also plays a key role in HDAC function and is varied temporally and spatially both by cell type and intracellular targeting. Although HDACs are classically viewed as repressors of transcription, their inhibition is reported to give rise to as much gene upregulation as downregulation [4]. This is due to their complex network of interactions, and as a result HDAC transcriptional effects should be viewed as modulation rather than solely repression or inhibition.

The HDAC superfamily consists of 18 members originating from two different evolutionary starting points which exhibit a common lysine deacetylase activity. The classical HDAC family is characterized by a well-conserved  $Zn^{2+}$  catalytic domain (Table 1 classes I, IIa, IIb, and IV). The sirtuins (class III HDACs) comprise a distinct subfamily of HDACs, which use NAD<sup>+</sup> as cofactor.

*Class I* HDACs (1, 2, 3, and 8) are defined by their similarity to the yeast RPD3 transcriptional factor. They are expressed ubiquitously across cell types and have an average length of 443 amino acids [5, 6]. HDACs 1, 3, and 8 possess a nuclear localization signal motif. While HDAC1 and 2 proteins lack a nuclear export signal and thus are exclusively nuclear in location, HDAC3 has both nuclear import and export signals and can shuttle between the nucleus and the cytoplasm. Class I deacetylases contain an N-terminal catalytic domain which constitutes most of their length. They demonstrate high enzymatic activity to histone substrates. HDACs 1, 2, and 3 form part of large multi-protein regulatory complexes with partner proteins such as Sin3, NURD, CoREST, and PRC2 [7, 8]. No protein complexes for HDAC8 have yet been identified.

Class IIa HDACs (4, 5, 7, and 9) are characterized by their homology to yeast HDA1. They are considerably larger than class I proteins at an average of 1,069 amino acids (reviewed in [9]). The class IIa C-terminal catalytic deacetylase domain exhibits approximately 1,000-fold lower activity toward histone substrates than the class I subtypes [7]. Thus, regulation of transcription by histone deacetylation has been called into question for this class of enzymes. Indeed, to date there is no endogenous substrate identified for which class IIa enzymes are bona fide deacetylases. In HDAC4 preparations purified from mammalian cells, co-associated HDAC3 was proposed to confer all of the observable deacetylase activity [10]. In addition to the carboxy terminal "catalytic domain", however, class IIa enzymes express a conserved N-terminal extension of roughly 600 additional residues [11]. The N-terminus adopts various regulatory functions and is involved in protein-protein interactions, and notably transcription factor binding. For instance, binding sites for the family of MEF2 transcription factors are located within this domain. MEF2 transcription factors are important for muscle differentiation, synaptogenesis, and apoptosis, and there is good evidence

Table 1 Characteristics of individual HDAC isoforms: domains, lengths, cellular location, selected binding partners, and substrates. Catalytic domain ,

to suggest that HDAC4 and 5 are critical repressors of MEF2 function in vivo. The role, if any, of the catalytic domain of class IIa enzymes on control of MEF2controlled transcriptional repression is currently unclear. The MEF2-interaction transcription repressor (MITR) shares homology with the NH-terminal extensions of class IIa HDACs but lacks a deacetylase catalytic domain [12]. However, the repressive actions of MITR are mediated in part by its formation into macromolecular complexes with other class I and II enzymes, which may supply a necessary deacetylase function [13]. While there is no evidence for MEF2 deacetylation by HDAC4 [14], there are reports that blocking the catalytic site with HDAC inhibitors can influence MEF2-regulated transcription, possibly by interfering with the recruitment of transcriptional co-repressor complexes [15–17]. Of interest, mice harboring a viral insertion mutation that deletes the putative deacetylase domain of HDAC4, while preserving the N-terminal portion of the protein, are viable, have normal bone and muscle development and only subtle phenotypes [18]. This is in striking contrast to mice in which the complete gene is knocked out, which results in premature ossification and associated defects resulting in postnatal lethality [19].

All class IIa enzymes can shuttle between the cytoplasm and nucleus in a phosphorylation state-dependent manner. Phosphorylation by kinases such as calcium/calmodulin-dependent protein kinase and protein kinase D results in binding of chaperone protein 14-3-3 at the N-terminal domains and retention within the cytoplasm [20]. This regulated phosphorylation provides a mechanism whereby extracellular signal transduction can influence transcriptional modulation mediated by complexes containing class IIa enzymes by inducing relocation to nuclear compartments [3, 21]. Class IIa enzyme expression is more restricted according to cell type; HDAC4 is predominantly expressed in brain [22] and skeletal growth plates, HDAC5 and 9 are highly expressed in heart, muscle, and brain, and HDAC7 is enriched in endothelial cells and thymocytes [6, 22].

Class IIb HDACs (6 and 10) are also characterized by homology to yeast HDA1, but possess two deacetylase-like domains. However, only in HDAC6 are both functional. The C-terminal "catalytic" domain of HDAC10 is only partially present and does not retain activity [23, 24]. HDAC6 is ubiquitously expressed and cytoplasmic in location. It is promiscuous in its substrates which include chaperones, transmembrane proteins,  $\alpha$ -tubulin, and cortactin [25–27]. HDAC10 has been identified as multiple splice variants. It is broadly expressed across cell types and has both a nuclear and cytosolic intracellular distribution. The C-terminal region contains putative retinoblastoma protein-binding domains [5].

*Class IV* HDAC11 is most closely related to the class I family but also displays common characteristics with class II HDACs. The low overall homology to either of these classes has resulted in a separate classification. HDAC11 is highly expressed in heart, brain, testis, muscle, and kidney cells and is predominantly located in the nucleus [28]. This deacetylase has short N- and C-terminal extensions; little is known about its function.

## 2.2 Structural Aspects of Zinc-Dependent Histone Deacetylases

The key to understanding the function of histone deacetylases lies in their three dimensional architecture. As outlined above, the class I, II, and IV enzymes are all metal ion dependent; in most cases, a zinc ion is essential for activation and hydrolysis of the amide group, which is located within the active site of the enzyme. However, it has been shown that other metal ions can efficiently adopt the role of the catalytic ion. For instance, the nature of the ion bound to the catalytic site influences the specific activity of HDAC8 in the following order:  $\text{Co}^{2+} > \text{Fe}^{2+} > \text{Zn}^{2+} > \text{Ni}^{2+}$ . These data suggest that Fe<sup>2+</sup> rather than Zn<sup>2+</sup> may be responsible for the *in vivo* activity of HDAC8 [33].

Several crystal structures of different HDAC subtypes and HDAC-like proteins have been published over the past decade. Related to the zinc-dependent enzymes, structural information is available for the class I enzymes HDAC2 [34] and HDAC8 [35, 36]. The recent HDAC2 structure revealed a foot pocket in proximity of the zinc ion, which can be accessed by small molecules [34]. This pocket contains multiple water molecules, which can be replaced by an inhibitor.

The catalytic domains of HDAC4 [37] and HDAC7 [38], members of the class IIa family, have also been solved. In addition, the structures of bacterial HDAC homologs HDLP [39] and HDAH [40, 41] have been elucidated. Of particular significance is the investigation of the HDAC4 catalytic domain as inhibitorfree and inhibitor-bound structures and a gain-of-function mutant protein (GOF HDAC4cd). This study revealed a likely structural explanation for the intrinsically low enzymatic activity of the class IIa enzymes toward acetylated lysines compared to the class I subtypes. In essence, the OH group of Tyr<sup>306</sup>, which is conserved in all class I and class IIb subtypes, has been proposed to form a hydrogen bond to the tetrahedral anionic intermediate during the amide hydrolysis, thus accelerating the hydrolytic process. In all class IIa subtypes, the amino acid residue 306 is mutated to a histidine (His<sup>976</sup>), which is rotated away from the active site. As a result, the amide hydrolysis is much less efficient. Supporting this finding is the fact that mutating the His<sup>976</sup> of HDAC4cd to a tyrosine residue results in a gain of deacetylase function by roughly a 1,000-fold to levels similar to those of the class I enzymes [7]. In addition, the structural study of HDAC4cd has uncovered a second zinc ion besides the one that is critical for the catalytic process, at the bottom of the active site. This zinc ion is bound to a conformationally flexible domain that is present in all class IIa enzymes and appears to adopt a structural function. Structural information is also available for a glutamine-rich segment of the N-terminus of HDAC4 containing 19 Gln out of 68 residues [42]. The precise physiological function of this glutamine-rich stretch is not known; it has been proposed that it may be involved in protein-protein interactions, which is discussed later in relation to the CNS proteopathies.

## 2.3 General Overview of Known Class I, II, and IV HDAC Inhibitors

#### 2.3.1 Introduction

In principle, lysine deacetylase inhibitors may be classified according to their structure or properties. The latter may be analyzed from several aspects, which may include parameters such as selectivity and pharmacokinetic and pharmacodynamic (potentially therapeutic) properties. Itoh et al. have published a review article, in which the inhibitors are classified based on their isoform selectivity [43]. A classification of lysine deacetylase inhibitors according to their pharmacokinetic properties would be interesting to better assess their drug-like properties; however, information about in vitro and in vivo metabolic stability and brain permeability is lacking for a lot of compounds, especially for structures that are in early development. Access to the CNS is of particular relevance to the topic of this article. Many methods and guidelines for the prediction of passive CNS permeability of small molecules have been described, which involve a combination of lipophilicity, topological polar surface area, molecular weight, and number of hydrogen bond donors. Besides, it is well known that active transport in both directions (uptake and efflux) is common for small molecules. Nevertheless, an accurate in silico prediction of CNS exposure of specific molecules remains challenging (for reviews, see, e.g. [44, 45]). Understanding the brain permeability of small molecules is further complicated by the finding that the blood-brain barrier, which adopts a neuroprotective role, may be compromised in patients with neurodegenerative diseases [46].

This section is intended to give an overview of the known structural chemotypes of  $Zn^{2+}$ -dependent  $N^{\varepsilon}$ -acetyl lysine deactylase inhibitors and will not be restricted to compounds with known brain-permeability and/or potential as a therapeutic agent for a neurodegenerative disease. Molecules with known activity related to neurodegenerative diseases will be discussed in the context of the specific neuro-logical disorders further below. Complementary to this review, Wang and Dymock have recently published an extensive survey of the recent patent literature covering histone deacetylase inhibitors [47].

Most inhibitors of the class I, II, and IV enzymes known to date interact with the metal ion within the catalytic site preventing deacetylation of  $N^{e}$ -acetyl Lys residues. Even though the molecules with such inhibitory property appear structurally very diverse, most of them share three common structural features, namely, a metalbinding group (also referred to as the molecular "warhead"), a linker region, and a surface recognition or capping domain as recognized by Schreiber and Grozinger [48]. In the following section, selected examples will be highlighted with the intention to illustrate the nature of the major groups of HDAC class I, II, and IV inhibitors. Sirtuin (class III) inhibitors will be discussed separately.

#### 2.3.2 Hydroxamic Acids

The hydroxamic acids, also referred to as hydroxamates or hydroxy amides, are perhaps the most intensely investigated class of  $N^{e}$ -acetyl lysine deacetylase inhibitors. From other areas of investigation, for instance the matrix metallo-proteases [49], it is well known that the hydroxamate function exhibits a strong affinity to Zn<sup>2+</sup> and other metal ions and hence contributes significantly to the affinity of the ligands to their biological targets. Within the HDAC field, a large variety of hydroxamic acids have been studied aiming at therapeutic agents for oncology and other disease areas. These efforts culminated in the FDA approval of Zolinza (also suberoylanilide hydroxamic acid = SAHA or vorinostat, Fig. 1) for the treatment of cutaneous T-cell lymphoma. This breakthrough spurred a lot of efforts to develop therapeutic agents interfering with HDAC function that show improved efficacy and safety profiles [50].

The hydroxamic acid-based HDAC inhibitors can be further divided according to the nature of their linker and surface recognition elements. It is apparent from the literature that the linker region may be conformationally flexible and linear (e.g., Zolinza) or conformationally rigid as exemplified by the olefin TSA (2) and the cinnamide-type pyrrole 3[51] shown below. Compounds in which the hydroxamate war head is directly attached to an aryl or heteroaryl group have been investigated as well.

Importantly, the structural differences within the linker and surface recognition portion will have profound effects on subtype selectivity and physicochemical/ ADME properties of the compounds. Structural changes within these areas will hence allow for optimization and fine-tuning of the drug-like parameters that are required for a successful therapy.

Dual inhibitors have been reported, in which structural features essential for HDAC inhibition are combined with elements that are known to interact with other target classes. The recently reported multi-acting HDAC and EGFR/HER2 inhibitor **4** (Fig. 2) serves as an example to demonstrate this concept [52].



Fig. 1 Selected examples of hydroxamic acid-based HDAC inhibitors





#### 2.3.3 Ortho-N-Acyl-Phenylene Diamines

The common feature of ortho-N-acyl-phenylene diamines, also referred to as benzamides, is an acylated ortho-phenylene diamine unit, which is thought to interact with the zinc ion of HDACs. Bressi et al. have recently published a crystal structure of compound 7 bound to HDAC2 (Fig. 3), in which the carbonyl oxygen and the amino group chelate the zinc ion in a bidentate fashion [34]. By analogy to the hydroxamic acids, there are family members comprised of a flexible linker and others that are conformationally rigid. Again, the linker and surface recognition portions provide excellent handles for fine-tuning the overall properties of the molecules. There is evidence that this class of molecules has the potential for subtype selectivity and drug-like properties. This is demonstrated by MS275 (compound 5), which originally has been reported to selectively inhibit HDAC1 with an IC<sub>50</sub> value of 181 nM [43, 54]. A subsequent publication suggested that this compound is essentially equipotent against HDAC1 and HDAC3 [36], but the compound did not show inhibitory activity for HDAC4, 6, 7, and 8 (>10  $\mu$ M). MS-275 has progressed into phase II clinical trials for the treatment of cancer, demonstrating an acceptable PK profile following oral administration [55].

Notably, for some benzamides a time-dependent increase in affinity has been observed [34, 56, 57]. Bressi *et al.* proposed that disruption of an intramolecular hydrogen bond of the NH<sub>2</sub> group to the carbonyl oxygen is required for tight binding and may cause the slow binding kinetics [34].

#### 2.3.4 Ortho-N-Acyl-Phenolamines

The *ortho-N*-acyl-phenolamines may be regarded as a structural variant of the above-mentioned benzamides. In this case, an *N*-acylated phenolamine function acts as the warhead chelating the zinc ion. The *ortho-N*-acyl-phenolamine **8** (MC1863; Fig. 4) serves as an example and exhibits inhibitory activity for HDAC1 and selectivity over HDAC4 that is similar to that of its corresponding benzamide or MS275 (Fig. 3).



Fig. 3 Structures of selected benzamides (MS275, 6-amino-nicotinamide 6 [53], and HDAC2 inhibitor 7)





## 2.3.5 Macrocyclic Natural Products

A variety of macrocyclic natural products, either peptides or peptide-mimetic structures with HDAC inhibitory activity and promising pharmacological effects, have been reported. Some of them are shown in Fig. 5 for illustration; for instance, romidepsin 9 (FK228) exhibits excellent class I inhibitory activity and has recently been approved by the FDA for the treatment of cutaneous T-cell lymphoma patients [58, 59]. Similarly, the marine natural product largazole 10 that demonstrates potent antiproliferative activity [60] and HC-toxin 11, a fungal metabolite with immunosuppressant activity, have been investigated as cytostatic agents [61, 62].

At first glance, the structure of these macrocycles may appear very different from classical HDAC inhibitors. However, they share the same common features: the macrocyclic structure comprises the surface recognition element, which is connected to the metal-binding group via a relatively flexible linker moiety. Notably, reductive cleavage of the disulfide bond in romidepsin is required to liberate a mercapto group that can bind the zinc ion within the catalytic site.

The antiprotozoal agent apicidin **12** [63] and FR235222 **13** [64] share a keto group as the metal-binding group, which will be discussed in more detail below.



Fig. 5 Macrocyclic natural products with HDAC inhibitory activity

The creation of drug-like molecules capable of CNS penetration from these starting points would be a challenging task. This will be made harder as room for maneuver is limited by the likely demands for isoform selectivity. For a comprehensive review of delivery of peptide and protein drugs across the blood-brain barrier, see [65]. Notably, Ghadiri and co-workers exploited this structural class and have developed an efficient synthetic access to one-bead-one-compound combinatorial libraries of cyclic tetrapeptide analogs with promising subtype selectivity [66, 67].

#### 2.3.6 Ketones and Trifluoromethyl Ketones

The natural product apicidin **12** bears an ethyl ketone as the metal-binding group and has inspired further work using a ketone function to engage with the zinc ion of HDACs. Examples of more selective class I inhibitors with improved drug-like properties are illustrated in Fig. 6. While the bisamide **14** [68] was metabolically not stable, the mono-amides **15** and **16** demonstrated efficacy in a colon cancer xenograft model [69, 70].

Trifluoromethyl ketones are more electrophilic than the alkyl ketones described above and typically exist in equilibrium with their hydrate forms. Potent inhibitory activity of trifluoromethyl ketones toward metal-dependent proteases has been well documented, which sparked the investigation of compounds bearing this war head in the context of inhibition of HDAC function [71]. Indeed, the alkyl-linked trifluoroketone **17** (Fig. 7) demonstrated submicromolar HDAC inhibitory activity and antiproliferative effects in HT1080 and MDA 435 cell lines. Molecules within



Fig. 6 HDAC inhibitors bearing a ketone MBG with improved drug-like properties



Fig. 7 Examples of trifluoromethyl ketones

this chemotype have been studied in more detail: selectivity of this class ranges from nonselective to compounds demonstrating good intra- and interclass selectivity. For instance, compound **19** has an IC<sub>50</sub> against the class II HDAC4 (wt) of 7 nM with >100-fold selectivity over HDAC6 and >1,000-fold over the class I HDAC1 and 3 [72]. They have demonstrated cell permeability, but their promise as drug-like molecules has been compromised by high metabolic turnover. This is at least in part due to keto-reductase activity giving rise to the inactive alcohol form [69, 73]. Further optimization of this structural subclass has led to metabolically more stable compounds [74]. Although additional improvements will be required to achieve molecules with pharmacokinetic profiles that are suitable for further development, this effort yielded the disubstituted thiophene **18**. This molecule has been crystallized in combination with HDAC4cd [37], which confirmed the proposed chelation of Zn<sup>2+</sup> by the hydrate form thus forming a fourmembered ring.

#### 2.3.7 Carboxylic Acids

The antiproliferative activity of sodium butyrate (Na<sup>+</sup> salt of **20**, Fig. 8) toward several types of carcinogenic cells has long been known, but it was not until much later that its anticancer activity was linked to HDAC inhibition [75, 76]. Pivanex **23** is a prodrug, which is metabolized *in vivo* to release butyric acid [77]. Other short-chain fatty acids such as valproic acid **21** and phenyl butyrate **22** have been investigated in the same context [78, 79]. These alkyl carboxylates show HDAC inhibitory activity typically in the low millimolar range and are much weaker than the strong chelators described above.

Interestingly methotrexate **24**, a well-known dihydrofolate reductase inhibitor that is clinically used for a number of indications such as leukemia and severe psoriasis, has recently been shown to interfere with HDAC activity [80]. Structurally, it may be regarded as a butyric acid derivative.



#### 2.3.8 Selectivity Determination

Determination of the selectivity of HDAC inhibitors toward isolated HDAC isoforms has been challenging. As a result, many publications describe inhibitory activity using cell lysates. Understanding in this area has been dogged by difficulties in the purification of individual isoforms, leading at times to contradictory results. This problem has subsequently been overcome by the isolation of protein from transfected *Escherichia coli*, which contain no endogenous HDACs [7].

Little is known about the natural substrate specificities of the HDAC isoforms, indeed, as stated earlier, it may be that class IIa HDACs have no meaningful catalytic deacetylation activity *in vivo* [7]; rather, they may act as  $N^e$ -acetyl lysine recognition domains [81]. Various assays used to measure the inhibition of HDACs have been developed. These range from high resolution mass spectrometry profiling of whole cell systems [1] to isolated enzyme assays using a synthetic acetyl lysine substrate [82]. The low intrinsic catalytic activity of class IIa HDACs has been used [7]. These results have the caveat that they rely on modification of the active site and may not give an accurate reflection of the true binding event. Indeed, for some inhibitors, a marked difference is observed between gain-of-function mutant and wild-type HDAC4 [74].

Recently, an activated substrate has been designed which is successfully turned over by class IIa isoforms. This trifluoroacetate derivative is much more labile than the corresponding acetate and as such does not require the stabilizing tyrosine residue found in class I, IIb, and IV HDACs for the enzymatic conversion [7]. This substrate is efficiently deacetylated by the class IIa HDACs and intriguingly seems to show selectivity over class I [81]. This observed selectivity is likely to be a result of the more sterically demanding  $CF_3$  group clashing with the more congested catalytic site of the class I isoforms.

The tools to de-convolute HDAC isoform activity have now been developed. Recent results highlighting the difficulty in purification of individual isoforms from mammalian systems suggest that a cautious interpretation of historical data is required.

In summary, the HDAC inhibitors known to date interact with the metal ion within the catalytic domain of the enzymes. However, besides recognition and deacetylation of substrates bearing  $N^e$ -acetylated lysine residues, HDACs clearly adopt other cellular functions such as recruitment of other HDAC family members or transcription factors via protein–protein interactions. Molecules that selectively interfere with such a non-catalytic function would serve as excellent tools to further understand and dissect the function of these enzymes [83]. As compared to the currently investigated HDAC inhibitors, such molecules would likely exhibit a different selectivity profile.

In addition, the cellular localization of certain HDAC subtypes is governed by chaperone proteins (e.g., 14-3-3) which, depending on the phosphorylation state, transport the enzyme from the nucleus to the cytoplasm. Hence, inhibition of interaction with phosphatases, kinases, or chaperone molecules may also provide yet another avenue for regulation of HDAC activity with small-molecule ligands.

## 2.4 The Sirtuins (Class III HDACs)

## 2.4.1 Structure, Mechanism, and Function of Sirtuins

The class III histone deacetylases are referred to as the sirtuins. Seven mammalian sirtuins (Sirt1-7) are known to date and are classified by similarity to the Sir2 family from yeast. Most of them catalyze the deacetylation of  $N^e$ -acetylated lysine side chains of histones as well as other protein substrates. Sirt1 alone is reported to have in excess of 30 substrates, which include p53, FOXO1, FOXO4, COUP-TF, NCOR, NF- $\kappa$ B-p65, and MEF2, respectively [84]. Sirt2 has been shown to be a tubulin deacetylase and an important regulator of cell division and myelinogenesis [85–87]. Sirt4 catalyzes ADP-ribosylation and Sirt6 accelerates both reaction types [88]. While sirtuins are expressed ubiquitously across tissue types [89], their intracellular localization varies: Sirt1, 6, and 7 are predominantly found in the nucleus, whereas Sirt1 and 2 are cytoplasmic, and isoforms 3, 4, and 5 are localized in mitochondria [90].

Various studies indicate that modulation of sirtuin activity (activation or inhibition) may lead to beneficial therapeutic effects, depending on the disease. There is ample evidence that overexpression of Sir2 (equivalent to the mammalian homolog Sirt1) leads to prolonged lifespan in various species, including yeast [91], fruit flies [92], and nematodes [93]. Furthermore, increased longevity due to a calorie restricted diet has been connected to upregulated sirtuin activity [92–94]. Enhancement of longevity and other health-promoting effects of sirtuins has frequently been attributed to regulation of metabolism. Since neuronal degeneration is a major pathophysiological aspect of aging, understanding the mechanisms of sirtuin-mediated neuroprotection promises novel strategies in clinical intervention of neurodegenerative diseases [95]. Inhibition of sirtuin function may also be beneficial in cancer therapy; for instance, prevention of Sirt1-mediated deacetylation of p53 might facilitate apoptosis in response to DNA damage and oxidative stress [96].

Compared to the zinc-dependent HDACs, the sirtuins act by a very different mechanism and require NAD<sup>+</sup> as a cofactor. Unsurprisingly, they show no sequence similarity with the other HDACs and are structurally very distinct [97]. The size of most sirtuins (Sirt2 to Sirt7) varies from 310 to 400 amino acid residues, while Sirt1 is larger (747 residues). Multiple crystal structures of eukaryotic and prokaryotic sirtuin proteins have been reported, which either are *apo*-forms or include ligands such as NAD<sup>+</sup> derivatives,  $N^{\varepsilon}$ -acetylated lysine substrates, and/or other small molecules [98–110]. These data have shed much light on the mode of action of this enzyme class.

As illustrated in Fig. 9, sirtuins convert one equivalent of NAD<sup>+</sup> to nicotinamide and 2'-O-acetyl-ADP-ribose (2'-OAADPr) to deacetylate an  $N^{\varepsilon}$ -acetyl lysine group [111]. This mechanism requires a conformational change of NAD<sup>+</sup> resulting in weakening of the C1'-N bond, which is induced upon binding of the substrate to the enzyme [109, 112]. A nucleophilic substitution at the anomeric



Fig. 9 Description of the catalytic cycle of sirtuins:  $N^{\varepsilon}$ -acetylated lysine substrate and NAD<sup>+</sup> are converted to free lysine, nicotinamide, and 2'-OAADPR

center of the ribosyl unit leads to release of nicotinamide and formation of an O-alkylimidate intermediate. Importantly, the enzyme protects this activated intermediate from hydrolysis [113], which otherwise would revert the process back to  $N^{e}$ -acetyl lysine. Instead, the invariant histidine functions as a general base assisting in a neighboring group participation of HO-C3' and HO-C2', which provides a bicyclic intermediate [114]. Hydrolysis of this intermediate, again supported by the invariant histidine, liberates the deacetylated substrate and 2'-O-acetylated ADP-ribose (2'-OAADPR).

All sirtuins share a catalytic NAD<sup>+</sup> binding domain, which is fairly well conserved across the family [115] and a substrate-binding pocket. Structural data also provided insights to the substrate selectivity of sirtuins [108].

#### 2.4.2 Sirtuin Inhibitors

Several structurally diverse sirtuin inhibitors have been reported, some of which are illustrated in Fig. 10. Nicotinamide is a product of NAD<sup>+</sup> degradation that occurs during sirtuin-mediated catalytic process. Its inhibitory function at high concentrations is a result of a reaction with the ribosyl oxycarbenium intermediate formed as part of the mechanism, thus reversing the catalytic process and preventing deacetylation. Sirtinol **26** and salermide **27** [116], cambinol **28** [117], the tenovins **29** [118], and splitomycin **30** all show moderate inhibitory activity in the micromolar range.

The pseudo-spiro compound 31, a moderately active Sirt2 inhibitor, has been identified by an *in silico* approach [119]. A crystal structure of the poly-sulfony-lated symmetric urea suramin 32 bound to the catalytic site of Sirt5 has been elucidated [110] and demonstrated that the poly-aromatic compound covers the


Fig. 10 Representative structures of known sirtuin inhibitors

NAD<sup>+</sup> binding site. Although suramin is unlikely to be brain permeable due to its size and highly negatively charged functionalities, the five last scaffolds display interesting characteristics: the diphenol **33**, the indanone **34**, and the tetrahydroisoquinoline **35** have been discovered by high throughput screening [120]. They exhibit moderate inhibitory activity for Sirt1 to Sirt3, and given their relatively low molecular weight, they may be suitable for further optimization for therapeutic purposes in neurological disorders. Indanone derivatives such as compound **36** with selective Sirt2 inhibitory activity have recently been published [121]. The fused indole EX-527 (**37**) and analogs remain the most potent sirtuin inhibitors described so far and show activity at well below micromolar levels in a fluorogenic assay with IC<sub>50</sub> values of 98 nM for Sirt1, 19.6  $\mu$ M for Sirt2, and 48.7  $\mu$ M for Sirt3 [122]. Furthermore, neuroprotective properties have been reported for EX-527 in a variety of *in vitro* systems.

In a *Drosophila* model of neurodegeneration which overexpressed polyQ-expanded Htt Exon 1 (Httex1p Q93), both Sir2 (the *Drosophila* ortholog of mammalian Sir1) and Sirt2 overexpression increased neuronal survival, as measured by the number of remaining photoreceptor neurons in the eye. However, none of these genetic mutations rescued the early lethality of the flies compared to wild-type lifespan [123]. Feeding Httex1p Q93-challenged flies on nicotinamide **25**- or sirtinol **26**-containing food also increased survival of photoreceptor neurons. Niacin, a vitamin supplement that is readily converted to nicotinamide, exhibited

a comparable rescue. Similar results with nicotinamide feeding have been reported for a *Drosophila* model of SCA3 [124].

#### 2.4.3 Sirtuin Activators

Several types of sirtuin activators have been reported. Resveratrol (**38**, Fig. 11), a triphenolic component of red wine, is one of the most intensely studied molecules; it has been used as a tool compound in several neurodegenerative models and there is ample data suggesting a positive impact in metabolic, neurodegenerative, and oncology models.

For instance, Parker *et al.* have demonstrated that resveratrol specifically rescued early neuronal dysfunction phenotypes induced by mutations of polyglutamines in transgenic *Caenorhabditis elegans*, indicating that activation of Sir2 (the *C. elegans* homolog of mammalian Sirt1) may result in a neuroprotective effect [125]. Separately, Kumar *et al.* studied resveratrol in a disease model in rodents, whereby i.p. administration of 3-nitropropionic acid (20 mg/kg for 4 days) caused significant loss of body weight, a decline in motor function, and poor retention of memory [126]. Repeated treatment with resveratrol significantly improved the motor and cognitive impairments.

However, these data have to be taken with caution as resveratrol is known to interfere with multiple pathways including Sirt1 activation, AMPK activation (which may have an indirect effect on sirtuins by changing the NAD<sup>+</sup>/NADH equilibrium), nonspecific anti-oxidative properties, mitochondrial membrane polarization, and even AKT signaling. It should be noted that while resveratrol was shown to rescue neuronal degeneration in the Htt-challenged flies described above, it has been shown that resveratrol was equally effective in Htt-challenged flies homozygous for a Sir2 null mutation, indicating that the ability of resveratrol to suppress neurodegeneration did not depend on Sir2 [123]. Most importantly, it has recently been shown that resveratrol and compounds SRT1720 (44), SRT2183 (45), and SRT1460 (46; Fig. 12a), which have been reported as sirtuin activators [127, 128], are in fact not direct activators of Sirt1 [129]. Instead, it has been



Fig. 11 Structure of resveratrol and other polyphenolic natural products with reported sirtuinactivating properties

unambiguously demonstrated that the Sirt1 activation observed by these agents is an artifact only observed when using a fluorescently labeled peptide substrate in the assay. All of these compounds have been shown to directly interact with the fluorophore moiety, thus resulting in a signal that is unrelated to Sirt1 activation.

A series of aza-benzimidazoles (Fig. 12b) with Sirt1-activating properties such as compound 47 have been described by the same research group who published the derivatives 44, 45, and 46 [130].

The pyrroloquinoxaline **48** (Fig. 13a [131]) and the dihydropyridines **49–51** (Fig. 13b [132]) are structurally diverse sirtuin activators.

Interestingly, the dihydropyridines have been discovered using a rational design approach starting from nicotinamide, and activators as well as inhibitors have been found within the same chemical series. In cell-based functional assays, compounds **49–51** have indeed induced a phenotype that could be a result of Sirt1 activation.



Fig. 12 (a) Structures of non-natural Sirt1 "activators" identified by a high throughput screen. (b) Reported aza-benzimidazole Sirt1 activator



Fig. 13 Structures of sirtuin activators: (a) pyrroloquinoxaline 48; (b) Structure and Sirt1 activation data for dihydropyridines 49–51

## **3** Potential Treatment of Neurodegenerative Disorders with HDAC Inhibitors

## 3.1 Introduction

The remaining sections are dedicated to the potential role that HDAC inhibition may play in the amelioration of various pathway dysfunctions common to neurodegenerative disorders. Key biological signatures common to neurodegenerative disorders and the influence of HDAC activity on such processes are discussed. The use of specific HDAC inhibitors in the treatment of the specific disease domains will be illustrated.

## 3.2 HDACs, Chromatin Remodeling, and Control of the Epigenome

Epigenetics can be defined as persistent phenotypic changes which occur without alteration of primary DNA sequence. Dynamic changes in chromatin architecture have evolved as a key factor in regulating the epigenome [133]. While the genetic code in each cell of the body contains identical information at the level of the primary DNA sequence, activation and repression of genes by different combinations of transcriptional activators and repressors are responsible for orchestrating the diversity in cell type specification and function that is required for any living organism. Chromatin is the complex of genomic DNA, histone, and non-histone proteins that condenses and organizes genomic DNA. The fundamental unit of chromatin is the nucleosome: 147 base pairs of DNA spooled twice around an octamer of histones; composed of two copies each of the "core" histones (H2A, H2B, H3, and H4), along with a linker histone H1. This lower order or open structure resembles beads on a string with the individual beads about 10 nm apart from each other. However, chromatin adopts many higher order structures, moving up in complexity whereby short range inter-nucleosomal interactions condense the chromatin further [133, 134]. This meta-structure of chromatin governs DNA access of the transcriptional co-repressors, activators, and enzyme complexes that will regulate gene expression in a given cell type. It is generally accepted that loosely packaged "euchromatin" enables transcriptional activation, while more compact "heterochromatin" is thought to be more transcriptionally inactive or silent.

There are a number of different ways by which chromatin remodeling can occur. Removal, destabilization, or mobilization of nucleosomes may regulate access of transcription factors to genomic DNA for transcriptional activation. Posttranslational modification of histone proteins can also affect chromatin structure, which occurs most usually at the N-terminal tails of the histones and occasionally in the globular domains. Such modifications include acetylation, methylation, phosphorylation, sumoylation, biotinylation, and ubiquitination, or a combination thereof. Each of these biochemical events affects the DNA-histone interactions and may result in specific functional consequences. For example, modifications of histones in gene promoter regions have the potential to activate or repress binding of transcription factors and thus regulate gene transcription. Of pertinence to this review, Histone acetyl transferases (HATs) acetylate the amino group of lysine residues in the histone N-terminal region, which renders their side chains nonbasic. Hence, salt-bridges between the histone proteins and the highly negatively charged DNA are perturbed, and as a result the histones favor an open and accessible euchromatin conformation. These stable acetamido groups can be converted back to the free  $N^{\varepsilon}$ -amino-lysine by HDACs. Consequently, the interactions between the histone proteins and DNA are stronger, and the chromatin adopts a more compact and transcriptionally silent heterochromatin state. Importantly, a fine balance of the HATs and HDACs activities is required to maintain the equilibrium between open (accessible) and closed (silent) chromatin structure. Of particular interest is the fact that altered histone acetylation states play a part in many of the CAG repeat and other disorders, discussed further below [135].

# 3.3 Control and Dysregulation of Gene Transcription in Neurodegeneration

Transcriptional regulation depends on a complex molecular machine consisting of more than 100 proteins, which function in a highly synchronized fashion. There is now a substantial body of evidence that dysfunction in transcriptional mechanisms plays a central role in neurodegenerative diseases. Analysis of brain tissue from postmortem AD [136, 137] and PD patients [138–141] as well as AD [142] and PD [143] animal models have implicated transcriptional dysregulation as a strong feature of these diseases [144]. The same holds true for the polyQ diseases: in HD, transcriptional profiling of human tissue derived from HD-affected individuals shows an aberrant expression of a large number of genes and proteins [145–147]. Characteristic gene expression changes have also been observed in various mouse models designed to replicate certain aspects of the disease [147–151]. Similarly, mice overexpressing polyQ-expanded atrophin (a model of DRPLA) [152], expanded ataxin-7 [152, 153], and the mutant androgen receptor [152] also show aberrant gene expression.

What underlies transcriptional dysregulation? In the case of PD, mutations in transcriptional factors themselves are an emerging theme. Two recent genetic association studies in a screening sample of large cohorts of individuals with idiopathic PD have revealed evidence for a novel association of PITX3 promoter

single nucleotide polymorphisms with PD, suggesting that an allele-dependent dysregulation of PITX3 expression might contribute to the susceptibility to PD [154, 155]. PITX3 is a homeodomain protein and transcription factor which is important for the differentiation and maintenance of midbrain dopaminergic neurons during development and the long-term survival of these neurons [156]. An isolated report of one individual with a mutation in the orphan nuclear receptor NURR1 has also been reported. This mutation markedly attenuated NURR1induced transcriptional activation when tested in vitro, suggesting a role for this mutation and subsequent transcriptional dysregulation in the predisposition to idiopathic PD [157]. In familial forms of PD, mutations in the DJ-1 gene cause a rare early-onset autosomal recessive PD. DJ-1 adopts a transcriptional coactivator function, and pathogenic mutations impair that function and render dopaminergic neurons vulnerable to apoptosis [158]. Similarly mutations of the ubiquitin ligase parkin account for most autosomal recessive forms of juvenile PD (AR-JP). Parkin has been shown to act as a transcriptional repressor of p53 independently of its ubiquitin ligase function and downregulates the p53 pathway both in vitro and *in vivo* [159]. A main cell survival molecular pathway involves phosphorylation of Akt/PKB mediated by phosphatidylinositol-3-kinase. Several studies have consistently documented a molecular cascade linking Akt and NFkB that ultimately leads to p53 inhibition and cell survival [160]. Parkin mutations associated with familial AR-JP abolish the parkin-mediated control of p53, enhancing p53 expression in human brains affected by juvenile PD [159, 161]. P53 upregulation has also been implicated as a factor contributing to neurodegeneration in HD brain and mouse models [162]. More recently, huntingtin protein itself has been shown to facilitate the activity of the multi-subunit epigenetic silencer polycomb repressive complex 2 (PRC2), a function that is augmented in a polyO tract length-dependent manner, providing another mechanism by which aberrant transcriptional repression could occur in this disease due to a pathogenic polyQ expansion [163].

# 3.4 Sequestration of HATs and Transcriptional Factors in Neurodegeneration

In terms of the underlying causes of transcriptional dysregulation, the polyQ diseases are possibly the best characterized pathologies. In these cases, epigenetic mechanisms and the sequestration of transcriptional cofactors have been clearly implicated. Along with the propensity for CAG expanded proteins to self aggregate, there are now multiple lines of evidence to suggest that proteins with expanded polyglutamine stretches are capable of forming abnormal interactions with other proteins containing short polyglutamine tracts (reviewed in [164, 165]). One of the strongest candidates to emerge thus far is the HAT CREB-binding protein (CBP), first identified as a coactivator for the transcription factor CREB

[166]. More recently, CBP has been shown to bind and modulate the activity of many different transcription factors [167–169]. Both CBP and the closely related P300 HAT/transcription factor contain a compactly folded 46 residue domain (named IBiD domain). Structural determination by NMR showed a helical framework containing a flexible polyglutamine loop that participates in ligand binding to multiple DNA-bound transcription factors [170]. It has been shown that poly-L-glutamine stretches aggregate into  $\beta$ -pleated sheets by forming hydrogen bonds between the side chain and the backbone amides, turning them into "polar zippers." This is also reflected in the propensity of Htt Exon 1 to self aggregate [171]. An interaction between short polyO stretches in nonpathogenic proteins with expanded polyQ proteins is thus suspected to sequester normally soluble proteins into pathogenic inclusions, which are a hallmark of polyQ diseases. However, other lines of evidence underplay the role of polyQ expansion, suggesting that this may be a more general response to the presence of misfolded proteins in the nucleus [172]. Nevertheless, sequestration of CBP into insoluble polyQ aggregates has been demonstrated with expanded forms of the androgen receptor (SBMA) [173], atrophin-1 (DRPLA) [174], huntingtin (HD) [174, 175], and ataxin-3 (SCA-3) [173, 176]. In fact in HD, polyQ-expanded Exon 1 Htt has been shown to inhibit the acetyltransferase activity of a least three HATs: CBP, P300, and the p300/CBP-associated factor (P/CAF) [177].

The consequence of a reduction in HAT-mediated gene transcription is exemplified by Rubenstein–Taybi syndrome (RTS). RTS is caused by mutations in the CBP gene, which leads to an insufficient amount of produced functional CBP. The disease is characterized by developmental abnormalities and mental retardation. A number of mouse models with CBP mutations have been developed. These mice exhibit histone hypo-acetylation due to impaired CBP function, transcriptional repression, and memory impairment, while homozygous knockouts are embryonic lethal (reviewed in [178]). Thus, sequestration of CBP into insoluble protein aggregates may well be expected to phenocopy some aspects of RTS pathology.

CBP and P300 are not the only HATs that have been shown to be compromised in neurodegenerative diseases. Unsurprisingly, early evidence also came from investigation into SCA-17, whereby the pathogenic polyQ expansion occurs in a transcription factor itself, the TBP. TBP is part of a larger multi-subunit complex [179], similar to the TFTC-type GCN5 HAT-containing complexes, of which ataxin-7 (both wild-type and expanded) is also a component [180]. SCA-17 is characterized by late-onset neurological symptoms that are very similar to those of Huntington's disease and is often referred to as Huntington's disease-like 4 (HDL4).

TBP is a key transcriptional factor required for transcriptional initiation by the three major RNA polymerases (RNAP I, II, and III) and is involved in gene expression of most eukaryotic genes. Expanding the polyQ stretch of TBP from 31Q into the pathogenic range of 71 Q reduced *in vitro* binding of TBP to the TATA box DNA [181]. In a SCA-17 mouse model, N-terminal TBP fragments are present, which harbor the expanded polyQ tract but lack an intact C-terminal

DNA-binding domain. This polyQ-expanded TBP, incapable of binding DNA, formed nuclear inclusions and caused a severe neurological phenotype in transgenic mice. Together, these results indicate that polyQ-expanded TBP is inhibitory to TATA-dependent transcription as it is unable to bind DNA productively [181, 182]. PolyQ-expanded Htt exon 1 protein has also been shown to bind and sequester TBP [183]. In the case of mutant ataxin-7, HAT activity of the STAGA complex is compromised, and this has been directly linked to the retinal degeneration common in this disease [184, 185]. Transcriptional abnormalities have also been detected in ALS patients and mouse models thereof [186–188].

#### 3.5 HDAC Inhibitors Ameliorate Transcriptional Dysregulation

Given the strong evidence for the sequestration of HAT complexes into insoluble nuclear aggregates in the polyQ diseases, it is not surprising that there are several lines of evidence to suggest that the acetylation status of histones are altered. In PC12 cells induced to express mutant huntingtin (Htt) Exon 1 protein with either 25Q or 103Q, a Q-length dose-dependent reduction in the level of the acetylated histones H3 and H4 was demonstrated, which could be reversed by treatment with SAHA (1, Fig. 1), TSA (2, Fig. 1), or sodium butyrate (20, Fig. 8) [177], a feature that was shared when polyO peptides alone were expressed in cells [189]. This also proved to be the case in other cell models of HD, using both immortalized striatal cell lines derived from transgenic mice overexpressing full-length human expanded Htt and neuronal progenitor cells containing Htt with polyO expansions in the pathological (but not wild-type) range [190]. Model organisms, such as Drosophila or C. elegans, which have been engineered to express either (Htt) Exon 1 protein or overexpressed polyQ-expanded peptides, exhibit histone hypoacetylation, neurodegeneration, and compromised survival [191, 192]. In Drosophila, overexpression of CBP or treatment with the HDAC inhibitors sodium butyrate (20, Fig. 8) and SAHA (1, Fig. 1) has been shown to reverse histone hypo-acetylation and resulted in ameliorated pathology and extended survival [177, 192].

In the R6/2 model of HD, mice carry a transgenic Htt exon 1 fragment with an expanded polyQ repeat and exhibit a very aggressive phenotype consisting of motor and cognitive impairment, dramatic weight loss, and premature death occurring at approximately 4 months of age. Modest global hypo-acetylation of both histone H3 and H4 has been reported in R6/2 mice as compared to wild-type littermates; interperitoneal injection of sodium butyrate (**20**, 0.2–1.2 g/kg/day) resulted in brain histone hyper-acetylation as well as partial amelioration of the symptoms [193]. In a later study, Sadri-Vakili *et al.* demonstrated by *in vivo* chromatin immunoprecipitation that histone H3 was hypo-acetylated. In this instance, they did not find convincing evidence of global histone hypo-acetylation, instead

showing significantly reduced AcH3 association within the promoter regions of known downregulated genes [190]. Furthermore, these investigators showed that treatment with sodium phenyl butyrate (**20**), either *in vivo* (0.4 g/kg/day for 7 days) or in HD cell models (10  $\mu$ M), rescued the hypo-acetylation and partially reversed the associated gene transcript downregulation.

The finding that broad spectrum HDAC inhibitors do not universally increase gene expression is not surprising; earlier studies have shown that treatment with HDAC inhibitors change the expression of only  $\sim 2-10\%$  of human genes significantly [194]. It should also be noted that following this treatment, almost equal numbers of genes are downregulated rather than upregulated, which underscores the complexity by which HDAC inhibitors affect gene expression [195, 196].

In "atro-118Q" transgenic mice, neuronal expression of the mutant human atrophin-1 protein containing an expanded stretch of 118 polyQ results in several neurodegenerative phenotypes that are commonly seen in DRPLA patients. Symptoms include ataxia, tremors, and other motor defects. Biochemical analysis of these mice also revealed histone H3 hypo-acetylation in brain tissue [197]. Furthermore, histone hypo-acetylation has also been demonstrated in transgenic ALS mice [198].

Friedreich's ataxia (FRDA) is the result of a GAA·TTC triplet hyper-expansion in an intron of the frataxin (FXN) gene that leads to transcriptional silencing. Frataxin is an essential mitochondrial protein and the resultant FXN insufficiency results in progressive spinocerebellar neurodegeneration and cardiomyopathy, leading to a progressive lack of motor coordination, incapacity, and death, usually in early adulthood. Interference with transcription due to the high GAA content of the mutated gene as well as the ability of expanded GAA·TTC regions to favor a heterochromatin assembly has been implicated as the reason for the observed transcriptional silencing [199]. Histones H3 and H4 of the FXN gene were noted to be hypo-acetylated in transformed lymphoid cell lines taken from an FRDA patient and a concomitant upregulation of trimethylated H3K9 has been observed. These findings imply a repressed heterochromatin state [200]. The effects on both H3 and H4 acetylation and FXN mRNA levels were assessed using valproic acid (21, Fig. 8), TSA (2, Fig. 1), SAHA (1, Fig. 1), and suberoyl bishydroxamic acid (52, Fig. 14) with variable results that were confounded by the cellular toxicity of these compounds. However, the benzamide derivative BML-210 (53, Fig. 14) did indeed increase FXN mRNA without showing cytotoxicity at the concentration tested. Furthermore, treatment with an analog of BML-210, pimelic



Fig. 14 Structure of SBHA (52), BML-210 (53), and analogs 54 and 55

diphenylamide **54**, resulted in a 2.5-fold enhancement of FXN mRNA (5  $\mu$ M), acetylation of H3K14, H4K5, and H4K12 in the chromatin region immediately upstream of the GAA repeats, and an approximate 3.5-fold increase in FXN protein levels (2.5  $\mu$ M) [200].

A subsequent short pharmacodynamic study showed that a very close analog of **54**, the tolyl derivative **55**, corrected the frataxin deficiency in a Friedreich's ataxia mouse model [201]. These mice carry a homozygous (GAA)<sub>230</sub> expansion in the first intron of the mouse FXN gene (KI/KI mice). Biochemical analysis revealed that these mice carry the same heterochromatin marks, close to the GAA repeat as those detected in patient cell lines and have mildly but significantly reduced frataxin mRNA and protein levels. However, they show no overt phenotype. Once a day treatment with compound **55** at 150 mg/kg subcutaneously for 3 days increased global brain tissue histone acetylation as well as histone acetylation close to the GAA repeat and restored frataxin levels in the nervous system and heart (determined by qPCR and semiquantitative western blot analysis). Reversion of other differentially expressed genes toward wild-type levels was also observed. The compound showed no apparent toxicity.

HDAC inhibitor 54 has also demonstrated a therapeutic effect in the R6/2 Huntington's disease model, which expressed the Exon 1 Htt protein with an expanded polyglutamine region of ~300 repeats, and shows a more delayed phenotype than the R6/2 model with shorter polyQ expansions [202]. Again, a short pharmacodynamic trial (once a day subcutaneous treatment with 150 mg/kg for 3 days) successfully ameliorated gene expression abnormalities as detected by microarray analysis in these mice and showed increased histone H3 acetylation in association with selected downregulated genes. For a chronic efficacy trial, the TFA salt of compound **54** was solubilized in 2-hydroxypropyl-β-cyclodextrin and dissolved in drinking water to an estimated dosage of 150 mg/kg/day and administered to mice from 4 months of age. While the expected differences in oral versus parenteral administration preclude a direct correlation between the pharmacodynamic and efficacy trial, these mice exhibited improved motor performance, improvement in overall appearance, and an amelioration of body weight loss, which are features of this mouse model. Brain weight and striatal atrophy were also improved.

The successful use of benzamide **54** in treating R6/2 mice loosely correlates with an earlier report, whereby SAHA (1) was administered in drinking water to R6/2 mice that harbor a smaller polyQ repeat (~250 Q) and exhibit a more aggressive phenotype [203]. In this study, the authors also showed significant improvement in the motor dysfunction in R6/2 as assessed by rotarod performance and grip strength, but this improvement was offset by the failure of both wild-type and R6/2 mice to gain weight at the maximum tolerated dose (0.67 g/L in drinking water), which is suggestive of a narrow therapeutic window. Increasing this dose further showed overt toxicity in R6/2. Toxicity of broad spectrum HDAC inhibitors in the clinic is a general concern, especially when considering neurodegenerative indications which requires long-term treatment. This underscores a necessity to narrow the therapeutic focus by targeting the specific HDAC isoforms that would

have most impact in ameliorating the pathophysiology and symptoms of the disease, while minimizing potential adverse effects resulting from redundant inhibition of other isoforms.

## 4 Effect of HDAC Inhibitors on Reversing Protein Accumulation in Neurodegeneration

## 4.1 The Role of the Ubiquitin–Proteosome System and Autophagy Pathways

The two main catabolic pathways responsible for degrading proteins are the ubiquitin-proteosome system (UPS) and the autophagy-lysosomal system. Ubiquitin is a small 8.5 kD protein composed of 76 amino acids and can be covalently attached to lysine moieties by a peptide bond. This is mediated by three types of enzymes known as E1, E2 (Ubc), and E3, which have the ability to activate, conjugate, and transfer the ubiquitin moiety to a target protein. The E3 ligases catalyze the formation of an isopeptide bond between a Lys residue of the target protein and the C-terminal Gly of ubiquitin. In many cases, additional ubiquitin monomers are added to the first ubiquitin by the subsequent action of E4 ligases to form poly-ubiquitin chains, consisting of four to seven ubiquitin monomers. The type of linkage conferred by E4 ligases affects the fate of the ubiquitinated protein. K48-linked poly-ubiquitinated proteins are ultimately degraded in the lysosome.

The aggregated protein inclusions, which are a hallmark of neurodegenerative proteopathies, are often heavily ubiquitinated. This finding may suggest that the cell is attempting to dispose of these abnormal proteins. Thus, a unifying concept has emerged regarding an underlying mechanism that contributes to these classes of diseases: certain proteins, which are vulnerable to misfolding to pathological conformations, assemble into aggregates as the capacity of the cell to dispose of them is exceeded. In other cases, mutation of UPS components may directly cause a pathological accumulation of proteins. For instance, a frame shift mutation of ubiquitin UBB+1, found in some sporadic and hereditary AD patients, leads to an inhibition of the UPS and an enhancement of toxic protein aggregation in a yeast model [204, 205]. As mentioned previously, in familial juvenile PD, there is a defect in the E3 ubiquitin ligase activity of parkin, and accumulation of which is found in the Lewy body aggregates along with its target substrates [206]. Either boosting the UPS proteosome pathway or increasing autophagy has been proposed as viable therapeutic approaches for the treatment of many neurodegenerative disorders. The contribution of impairment in the UPS system to neuropathological conditions has recently been reviewed in depth [207].

## 4.2 Regulation of Protein Turnover by HATS and HDACs

It is now clear that lysine acetylation by HATs and deacetylation by HDACs can also occur in non-histone proteins, implicating their involvement in a variety of cellular processes aside from transcription [208]. The regulation of protein stability is an important example (reviewed in [209]).

Three general mechanisms link lysine acetylation to protein stability. Lysine acetylation of proteins can create docking sites favoring protein-protein interactions, or conversely interfere with the binding of specific partners, and hence stabilize or destabilize particular protein complexes. A striking example of this is the control of the chaperone activity of HSP90 by acetylation, with HDAC6 emerging as a key regulator [27]. Proteosome dysfunction and accumulation of protein aggregates leads to the activation of the major heat shock transcription factor, HSF1, which in turn induces the accumulation of the cellular heat shock proteins (HSPs). Correct folding of proteins by these chaperones has a major impact on protein stability and in safeguarding stressed cells. In yeast, Hsp90 mutants that cannot be acetylated at K294 have reduced viability and chaperone function. Reduction in Hsp90 function has also been observed on knockdown of HDAC6 [210]. Importantly however, Hsp90 can be acetylated at multiple sites, and it has been shown that HDAC6 is not capable of deacetylating all sites, suggesting that other HDACs may play a role. Another example of the acetylation of a protein specifically influencing degradation came from Huntington's disease research. Jeong et al. showed that acetylation of mutant Htt at Lys9 and Lys444 can promote clearance of the mutant protein by autophagy in both primary neurons and in a C. elegans model of the disease, whereas a mutant version of huntingtin that cannot be acetylated accumulates leading to neurodegeneration [211]. The HDACs responsible for this activity have yet to be determined.

Second, in several reported cases, the lysine "locking" activity of an acetylation event hinders subsequent protein ubiquitination and leads to increased protein stabilization [212]. For instance, the stability of p53 can be regulated in this way: the activity of CBP/p300-mediated acetylation of p53 increases the stability of the protein, which is counterbalanced by the action of a HDAC1–MDM2 (E3-ligase) complex enhancing p53 degradation [213]. Sirt1 has also been implicated as a major p53 deacetylase in mammalian cells [96]. In a SCA-7 model, CBP-dependent acetylation at Lys257 of ataxin-7 prevents autophagy-mediated turnover of an N-terminal caspase-7 cleavage fragment, a process which can be replicated by selective HDAC7 knockdown [214].

Interestingly, four independent HATs, namely CBP, p300, PCAF, and TAF1, and one HDAC (HDAC6) have been shown to also possess intrinsic ubiquitinlinked functions in addition to their regular HAT/HDAC activities. P300 and CBP possess intrinsic E4 ligase activity by means of a specific domain distinct from their HAT activity [215], and p53 is a target for this activity. PCAF exhibits E3 ligase activity, which is only partially independent of its HAT activity [216, 217]. For HDAC6, the ubiquitin-binding activity has been shown to arise from a conserved zinc finger-containing domain named ZnF-UBP (PAZ domain). This ability for binding ubiquitinated proteins correlates with its dramatic relocalization into aggresomes on proteosome inhibition [29, 218, 219].

### 4.3 Effect of SUMO E3 Ligase Activity of Class IIa HDACs

More recently, a family of ubiquitin-like modifiers known as small ubiquitin-like modifier (SUMO) 1–4 has been described. These modifiers are small proteins similar in size to ubiquitin. Through a process analogous to ubiquitination known as sumoylation, SUMO monomers are conjugated to target proteins. In some cases mono-ubiquitination or sumoylation may act to protect proteins from ubiquitin-dependent degradation, and in other cases they appear to trigger poly-ubiquitination. Several studies indicate that lysine sumoylation negatively regulates transcription factors. Sumoylation can also alter the subcellular localization of a protein, as is the case for HDAC4. Sumoylation of HDAC4 at K559 by SUMO-1 is coupled to its nuclear import by nature of the interaction with RanBP2, a SUMO E3 ligase that comprises part of the nuclear pore complex [220]. MITR, HDAC1, and HDAC6 are similarly SUMO-modified [220], indicating that sumoylation may be an important regulatory mechanism for the control of transcriptional repression and protein stability by HDACs.

Of particular interest is the fact that HDAC4 and HDAC5 bind the universal E2 ligase Ubc9, by nature of the N-terminal coiled-coil domain of class IIa enzymes. Furthermore, both HDAC4 and HDAC5 appear to have intrinsic SUMO E3 ligase activity (regardless of their own sumoylation state), potently stimulating MEF2 sumoylation at Lys424 both *in vitro* and *in vivo*. In the case of MEF2, the HDAC4-induced SUMOylation does not appear to involve prior deacetylation of the Lys by HDAC4. Instead, this is performed by Sirt1, which forms a complex with HDAC4 and MEF2 [14].

The finding that HATs and HDACs are also associated directly with E3 ligases in multi-subunit complexes adds another layer of complexity to the regulation of protein degradation pathways. The implication of this emerging role of class IIa HDACs for neurodegenerative diseases is currently unclear, but it raises two important points. First, endogenous class IIa deacetylase activity has yet to be demonstrated against a native substrate and may in fact not be functionally relevant; transcriptional control and protein–protein interactions may be largely mediated through the MITR domain. The effect of catalytic site inhibition on the regulation of class IIa MITR-domain-derived activity is not known. Second, identification of Ubc9 binding and SUMO E3 ligase activity of HDAC4 and 5 may have important consequences for protein clearance and stability in the CNS proteopathies, especially given the fact that HDAC4 has been shown to segregate into poly-ubiquitinated inclusions in neurodegenerative mouse and cell models [221]. There is emerging interest in SUMO posttranslational modification in regulating the stability and clearance of the polyQ-expanded proteins, and this field is likely to expand in the coming years [222–224].

## 4.4 HDAC6: A Master Regulator of Cell Response to Cytotoxic Insults

In a *Drosophila* model of SBMA, flies express a polyQ-expanded human androgen receptor and exhibit a hormone-dependent degeneration of the eye. A genetic screen in this model identified HDAC6 depletion as an enhancer of neurodegeneration, which was confirmed by HDAC6 RNAi knockdown experiments [225, 226]. It was also shown that upregulation of HDAC6 suppressed the degeneration, which was absolutely dependent on its catalytic activity; a catalytically inactive mutant failed to suppress the degeneration. The neuroprotective properties of overexpressed HDAC6 and the enhanced neurodegeneration following HDAC6 knockout were not exclusive to the polyQ-expanded AR in this model: this was also demonstrated using expanded ataxin-3, a 127 polyQ fragment and the pathogenic A $\beta$ 1-42 fragment of APP, but interestingly no effect of HDAC6 was noted in flies expressing expanded ataxin-1.

The mechanism by which HDAC6 can affect misfolded protein stress arose from studying the aggresome pathway. Aggresomes are ubiquitinated inclusions that form when the proteosome is impaired or when misfolded proteins are overexpressed. In this pathway, a microtubule-organizing center (MTOC) transports misfolded proteins to lysosomes which are degraded through autophagy. Thus, it is suggested that aggresome formation is a protective response that provides an alternative route for the clearance of substrates that are resistant to proteosomal degradation. HDAC6 is a microtubule-associated HDAC and the main deacetylase of  $\alpha$ -tubulin, a component of the MTOC. The HDAC6 inhibitor tubacin (60, Fig. 16) prevents deacetylation of  $\alpha$ -tubulin, which resulted in the accumulation of poly-ubiquitinated proteins and apoptosis [227]. In addition, via its previously mentioned ubiquitin-linking domain and its direct interaction with microtubule motor complexes containing p150 (glued) [25], HDAC6 may function in part by providing a physical link between the poly-ubiquinated cargo and dynein motors, which permits the transport of the cargo to the lysosome [228]. Indeed, in the SBMA fly model, overexpression of HDAC6 accelerated the degradation of polyQ protein in an autophagy-dependent manner, which is consistent with earlier reports of HDAC6-dependent autophagic clearance [229, 230]. Analysis of brain microtubule protein from AD patients has also identified that α-tubulin levels decreased along with increased acetylation of  $\alpha$ -tubulin, mainly in neurons containing neurofibrillary tau pathology. In an *in vitro* study, tau was shown to bind HDAC6, which decreased its activity and resulted in increased tubulin acetylation and impaired the autophagic pathway [231].

The results described above indicate that HDAC6 inhibition would likely be detrimental and result in exacerbation of protein misfolding and cellular stress in

neurodegenerative proteopathies. However, despite the convincing literature suggesting that HDAC6 is a critical sensor of cellular stress via autophagic and proteosomal pathways, it was unexpected that HDAC6 (-/-) mice are viable and show no overt phenotype (discussed in [232]). Perhaps even more surprisingly, selective HDAC6 inhibition has been proposed as a viable treatment for HD, by nature of accelerating anterograde transport of kinesin-1 cargo on acetylated microtubules [233]. Htt associates with molecular motors and activates the microtubule-dependent transport of vesicles containing brain-derived neurotrophic factor (BDNF). Wild-type htt enhances the velocity of vesicle transport. With polyQ-expanded Htt, the intracellular transport of BDNF-containing vesicles is altered, resulting in reduced trophic support to neurons and their death. This effect can be overcome *in vitro* by HDAC6 inhibition [234, 235]. Others have also demonstrated that selective inhibition of HDAC6 by two HDAC6-selective inhibitors (MA-I and MA-II) can exert a neuroprotective function in response to oxidative stress *in vitro* [236].

The structures of the mercaptoacetamides MA-I and MA-II are shown in Fig. 15. Other mercaptanes with selective impact on HDAC6 activity have been described. For instance, compound **58**, a thioester, is thought to be hydrolyzed to the corresponding mercaptan **59** within cells, thus acting as a prodrug [237]. Under cell-free conditions, thiol **59** demonstrated inhibitory activity for HDAC6 with an IC<sub>50</sub> value of 29 nM and 42- and 36-fold selectivity over HDAC1 and HDAC4, respectively. In agreement with this, the prodrug **58** led to increased  $\alpha$ -tubulin acetylation in a cellular context without affecting the acetylation state of histone H4.

Several selective hydroxamate-based HDAC6 inhibitors have been documented (examples shown in Fig. 16). Schreiber and coworkers discovered the first selective HDAC6 inhibitor by screening: the high molecular weight compound tubacin (**60**,  $M_w$  721) [238]. Tubacin binds one of the two catalytic domains of HDAC6 and blocks its function in  $\alpha$ -tubulin deacetylation. Jung *et al.* investigated hydro-xamates with variable spacer length (C<sub>6</sub> and C<sub>7</sub>) and various surface recognition elements [239, 240]. This study yielded compounds like bromophenyl alanine **61**, which showed HDAC6 inhibitory potency in the low micromolar range and modest selectivity over HDAC1.

Similarly, Kozikowski *et al.* used the hydroxamate metal-binding group and a flexible  $C_6$  alkyl linker and developed a [2+3] cycloaddition approach to optimize the surface recognition element [241]. This work culminated in the isoxazole **62**, for which an IC<sub>50</sub> value of 2 pM against HDAC6 and significant selectivity over several



Fig. 15 Structures of selective HDAC6 inhibitors MA-I, MA-II, and thiol 59 and its prodrug 58



Fig. 16 Examples of selective HDAC6 inhibitors

other isoforms has been reported. The same compound also demonstrated antiproliferative activity between 0.1 and 1  $\mu$ M in various pancreatic cancer cell lines.

Smil *et al.* studied hydroxamates bearing a phenylene linker and various chiral diketo-piperazine derivatives as the capping group. This work yielded compounds inhibitory activity for HDAC6 in the low nanomolar range, selectivity of up to 40-fold over other class I and IIa isoforms, and a remarkably low molecular weight (e.g., **63**,  $M_w$  359, [242]). All of these compounds may serve as chemical tools to investigate HDAC6 function. Given the disparate hypotheses of HDAC6 over-expression versus inhibition, genetic cross of the HDAC6 null mice with neurode-generative mouse models or *in vivo* interrogation with a selective brain-penetrant HDAC6 inhibitor will be important experiments to elucidate the role of HDAC6 in protein clearance pathways and neuroprotection.

#### 4.5 HDACs and Sirtuins Regulate Autophagy Pathways

HDAC1 inhibition has been shown to be an effective stimulator of the autophagic pathway in cell systems, using either class I inhibition by FK228 (**9**, Fig. 5) or RNAi of HDAC1 [243]. The NAD<sup>+</sup>-dependent deacetylase Sirt1 also appears to be an important regulator of autophagy. Sirt1 is capable of forming a molecular complex with several essential components of the autophagy machinery, including Atg5, Atg7, and Atg8, and can deacetylate these proteins. In contrast to HDAC1, a transient *increase* in expression of Sirt1 is sufficient to stimulate basal rates of autophagy under starved conditions, and Sirt1(-/-) mice demonstrate an accumulation of damaged organelles, disruption of energy homeostasis, and early perinatal mortality [244].

#### 5 Neuroprotection Through HDAC Inhibition

## 5.1 Introduction

Given that the earliest therapeutic effects of HDAC inhibitors in oncology arose from the propensity of these compounds to kill rapidly proliferating cells, it may seem somewhat incongruent that these compounds protect compromised neuronal cells. Indeed, it is well known that some HDAC inhibitors, such as TSA (2, Fig. 1), exhibit basal toxicity, and prolonged treatment often induce neuronal death. However, a number of studies indicate that HDAC inhibition can show direct neuroprotective properties to neuronal cells in vitro under particular insults [245]. TSA can rescue cortical neurons from oxidative stress when applied for a short period of time [246]. In cultured cortical neurons, Ryu and colleagues showed that treatment with TSA (2, Fig. 1), SAHA (1, Fig. 1), or sodium butyrate (20, Fig. 8) protected against glutathione depletion induced oxidative stress, which involved acetylation and activation of the DNA-binding activity of Sp1 [247]. As previously discussed, selective HDAC6 inhibitors have also demonstrated neuroprotective potential against oxidative stress in vitro [236]. Class I/II inhibitors can also block BAXdependent apoptosis of mouse cortical neurons by p53-dependent and -independent mechanisms [248] and protect against excessive glutamate challenge *in vitro* [249].

Emerging evidence also supports the notion that HDAC inhibition in microglia may play a significant role in mediating anti-inflammatory effects. HDAC inhibitors protect against dopaminergic neuronal death and neuroinflammation induced by exposure to lipopolysaccharide (LPS) [250, 251], in part through the induction of microglial apoptosis [252]. Partially contributing to their neuroprotective effect, HDAC inhibitors have been shown to increase the expression of pro-survival neurotrophins. Upregulation of BDNF was shown to underlie neuroprotection in rat cortical neurons [253]; GDNF and BDNF induction upon HDAC inhibition has been demonstrated in primary cultures of astrocytes [250, 254].

In vivo neuroprotection by HDAC inhibition has been linked to upregulation of transcription of antioxidant and growth factor proteins, stimulation of neurogenesis [255], and anti-inflammatory effects [256–258]. An anti-inflammatory effect has been achieved by suppression of microglial activation [259], inhibition of proinflammatory cytokine expression [260], or NF $\kappa$ B-mediated inflammatory responses. Treatment with HDAC inhibitors also markedly inhibited ischemiainduced p53 overexpression [261, 262]. In an animal model of multiple sclerosis (experimental autoimmune encephalomyelitis, EAE), treatment with TSA (2, Fig. 1) activated a transcriptional program that culminated in decreased caspase 3 activity [263]. In HD, treatment of *Drosophila* mutants expressing Htt with the HDAC inhibitors SAHA or TSA (1 or 2, Fig. 1) suppressed neuronal photoreceptor generation [177].

The precise HDAC isoforms involved in HDAC inhibitor-mediated neuroprotection are unclear. Extrapolating from the cardiac field, it is noteworthy that knockdown of HDAC4 reduced infarct size following myocardial ischemia-induced reperfusion injury [264]. Intracellular trafficking of HDAC4 from the cytoplasm to the nucleus was shown to be a critical component of low-potassium or excitotoxic glutamateinduced cell death in cerebellar granule cells [265]. Interestingly, Paroni and colleagues showed that during UV irradiation to cells (to trigger apoptosis), HDAC4 is cleaved by both caspase 2 and 3, which separates the carboxy terminal and N-terminal fragments; the C-terminus becomes localized in the cytoplasm, whereas the N-terminal fragment accumulates in the nucleus. They demonstrated that it was the N-terminal portion of HDAC4 that triggered cell death, which correlated with strong repressive MEF2 activity [2]. Similarly, inactivation of a MEF2D/HDAC5 complex by depolarization-mediated calcium influx promoted cerebellar granule cell survival, and overexpression of HDAC5 induced apoptosis [266]. An increase of nuclear HDAC4 in granule neurons is also observed in weaver mice, which harbor a mutation that promotes CGN apoptosis [265]. While these data collectively suggest that HDAC4 inhibition or its cytoplasmic retention may be neuroprotective, one study described the opposite scenario; here, HDAC4 overexpression protected cerebellar granule cells from oxidative stress, which is mediated by nuclear HDAC4 [267]. HDAC4 also appears to regulate neuronal survival in the retina, with a reduction in HDAC4 expression during retinal development leading to apoptosis of bipolar inter-neurons and rod photoreceptors. Conversely, HDAC4 overexpression in a mouse model of retinal degeneration prolonged photoreceptor survival [268]. In this instance, the survival effect was attributed to cytoplasmic HDAC4.

#### 5.2 Neuroprotection by Sirtuins

A growing body of evidence implicates Sirt1 and Sirt2 as important regulators of neurodegeneration [269, 270]. Overexpression of Sirt1 prevents neuronal death in tissue culture models of AD, amyotropic lateral sclerosis, and polyglutamine toxicity and reduces hippocampal degeneration in a mouse model of AD [271, 272]. It has been suggested that some of the neuroprotection stems from the regulation of the peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) coactivator-1 $\alpha$  (PGC-1 $\alpha$ ). PGC-1 $\alpha$  is a master orchestrator of mitochondrial function that integrates signals regulating mitochondrial biogenesis and respiration, detoxification of ROS, energy metabolism, and thermogenesis [273]. PGC-1 $\alpha$  interacts with a number of transcription factors including PPAR $\gamma$  of the PPAR family, which regulates adipogenesis and lipid metabolism, and the nuclear respiratory factor-1/2 (NRF-1/2), which play a pivotal role in mitochondrial respiration. Expression of PGC-1a has been shown to be repressed in both in vitro and in vivo models of HD, partially due to downregulation of the CREB/TAF4 signaling pathway which is a predominant regulator of PGC-1 $\alpha$  expression [274]. Primary striatal neurons are significantly protected from mHtt-induced toxicity by exogenous expression of PGC-1a, and lentiviral delivery of PGC-1a into the striatum of HD mice was shown to attenuate brain atrophy [274]. Sirt1 is known to deacetylate PGC-1a leading to activation [275–278], which may in part be responsible for its neuroprotective effect.



Fig. 17 Structures of Sirt2 inhibitors AGK-2 and AK-1

Paradoxically, Sirt2 inhibition has also been reported to exert neuroprotective effects in both cell and invertebrate models of neurodegeneration, which is in line with the early findings of Pallos *et al.* [123]. In particular, the use of the two Sirt2 inhibitors AGK2 and AK-1 (**64** and **65**, Fig. 17) has underlined this hypothesis. The furan AGK2 and the sulfonamide AK-1 have been reported as selective Sirt2 inhibitors with IC<sub>50</sub> values for Sirt2 of 3.5 and 12.5  $\mu$ M, respectively, and no inhibitory activity for Sirt1 up to at least 50  $\mu$ M [279]. The compounds are thought to block the NAD<sup>+</sup> site of Sirt2.

Outeiro et al. demonstrated that both inhibitors ameliorated  $\alpha$ -synucleinmediated dopaminergic cell death in vitro, with AGK-2 displaying more potency and dose-dependency in this response. Subsequently, the same authors showed that treatment of Drosophila with 0.5-1 mM AGK-2 for 20 days was neuroprotective in a model of neurodegeneration resulting from  $\alpha$ -synuclein overexpression. Although the molecular mechanism of action is not fully understood, the authors postulated that these compounds may function by promoting the formation of enlarged inclusion bodies, which were suggested to provide a cell survival advantage [280]. A recent study using these same inhibitors in cellular and invertebrate models of HD showed equivalent neuroprotection. In an in vitro primary striatal neuron model overexpressing polyQ-expanded Htt fragment, both AK-1 and AGK-2 rescued neuronal toxicity. In this instance, the authors reported a decrease in Htt inclusion number, but no effect on inclusion size or morphology. These inhibitors also rescued neuronal dysfunction associated with expression of N-terminal Htt in C. elegans touch receptor neurons, as well as in the HD flies previously described by Pallos et al. [123]. Interestingly, this study revealed a unique role for Sirt2 in the control of neuronal metabolism and in particular sterol biosynthesis. While Sirt2 inhibition did not alter the global transcriptional dysfunction associated with mHtt, it decreased sterol levels by decreasing the nuclear trafficking of the sterol response element binding protein 2 (SREBP-2). This regulation of SREBP-2 by Sirt2 was shown to happen via an extranuclear mechanism [281]. These data raise the intriguing possibility that negative regulation of sterol production might be the cellular neuroprotective mechanism of selective Sirt2 inhibition.

Further evaluation of the role of the sirtuin isoforms in a mammalian context will be necessary to dissect the apparent paradox of the neuroprotective properties of sirtuins and the necessity for isotype selective inhibition. In regard to this, Pfister and colleagues overexpressed each of the seven sirtuin proteins in healthy cerebellar granule neurons *in vitro* or in neurons that have been induced to die by low potassium (LK) treatment, which provided the first analysis of the role of sirtuin isoforms 3–7 in neuronal survival functions [282]. Lysine acetylation is a very abundant posttranslational modification in mitochondria [1]. As Sirt3, Sirt4, and Sirt5 localize in the mitochondria, they are thought to play a role in energy metabolism and responses to oxidative stress [90]. Although their role has not been well studied in neurodegeneration, manipulation of these enzymes may have important consequences, as alterations of mitochondrial function have been demonstrated in many neurodegenerative conditions (recently reviewed in [283–286]). In the study by Pfister et al., Sirt1 overexpression protected neurons from LK-induced cell death, while Sirt2, 3, and 6 overexpression induced apoptosis in otherwise healthy neurons. Ectopic Sirt5 overexpression showed differential effects based on its subcellular location: if localized to either nuclear or cytoplasmic compartments, Sirt5 was protective, but induced apoptosis when localized exclusively to mitochondria (as it is endogenously). Of importance, the rescue by Sirt1 overexpression was also observed on transfection of either of the two catalytically dead Sirt1 isoforms (H363Y and H355A), suggesting that the Sirt1 protective effect did not rely on the deacetylase activity of the enzyme. This has important consequences for any conceived therapy with potential Sirt1 activators. Indeed, addition of the Sirt inhibitors nicotinamide (25, Fig. 10), sirtinol (26, Fig. 10), or splitomycin (30, Fig. 10) failed to prevent the Sirt1 overexpression rescue of cell death, and resveratrol (38, Fig. 11) failed to mimic Sirt1 overexpression.

## 6 Treating Cognitive Impairment and Depression with HDAC Inhibitors

### 6.1 Introduction

Despite the plethora of causal insults and molecular mechanisms that underlie neurodegeneration in CNS proteopathies, the resultant symptoms are commonly manifested (with different severity depending on each disease) as disturbances in motor control, dementia, cognitive impairment, depression, and sleep disturbances. This last section briefly summarizes the data that support a therapeutically beneficial role for HDAC inhibition on these different "disease domains."

#### 6.2 Procognitive Effects of HDAC Inhibition

As an epigenetic mechanism of transcriptional control, chromatin modification has been shown to participate in maintaining cellular "memory" and may underlie the strengthening and maintenance of synaptic connections required for long-term

changes in behavior [287]. This was demonstrated elegantly in the CBP (+/-) HAT haplo-insufficiency model of the Rubenstein-Taybi syndrome, whereby long-term memory impairment was correlated both with chromatin hypo-acetylation and deficits in synaptic plasticity, known as long-term potentiation (LTP) [288]. LTP is a phenomenon whereby synaptic connections and hence synaptic transmission are strengthened in response to a brief increase in neural activity. This strengthening outlasts the original induction stimulus and has been suggested as one of many means in which neurons maintain a "memory" of their previous activity. Molecularly, the transcriptional and translational dependency of the late phase of this process on the generation of new synaptic proteins has been well established [289]. Synaptic "plasticity" is bidirectional and can be induced by different stimuli. Although the mechanism is extremely complex, there is ample evidence suggesting that experience-dependent alterations in synaptic plasticity underpin learning, memory, and cognition (reviewed in [290-292]). In CBP (+/-) mice, global histone H2B acetylation was reduced, the late phase of LTP measured in the hippocampal CA3-CA1 pathway was significantly impaired compared to wildtype mice, and the mice demonstrated reduced long-term memory for fear and object recognition [288]. Treatment of acutely prepared brain slices with the HDAC inhibitor SAHA (1, Fig. 1) rescued the deficit in late phase-LTP back to wild-type levels and increased H2B acetylation. Intraventricular infusion of SAHA also significantly improved the deficits in contextual fear conditioning in these mice.

Aside from motor impairment, reduced cognition is the major debilitating symptom of many neurodegenerative disorders [293–296]. There are few drugs approved to treat this disease aspect, which are at best only partially effective [297]. The finding that HDAC inhibition may positively impact cognition may thus be applied as a favorable therapeutic strategy. Indeed, subsequent to Alarcon's findings in RTS models, the positive impact of HDAC inhibition in improving memory and reversing synaptic dysfunction has been reported by many different investigators (reviewed in [178]). Sodium butyrate (20, Fig. 8) was used in conjunction with a cognitive training paradigm to improve memory performance in brain-injured mice [298] and in the enhancement of long-term memory in a novel object recognition test in wild-type mice [299]. While Alarcon's and Levenson's results suggested that HDAC inhibition may affect global gene expression to modulate memory and synaptic plasticity through epigenetic means [287, 288], other investigators have shown that HDAC inhibitors enhance memory processes by the activation of selected key genes. Bredy and Barad demonstrated that conditioned fear in mice, an experimental model used to assess therapeutics for human anxiety disorders, could be improved using valproic acid (21, Fig. 8). Valproic acid was shown to act through a mechanism that depended on the epigenetic regulation of BDNF expression by enhanced histone acetylation at BDNF promoter regions [300, 301]. Other groups have demonstrated the key dependence of HDAC inhibition (using TSA 2 and sodium butyrate 20) on the CREB:CBP transcriptional complex in mediating improvement in memory and enhancement in LTP [302, 303] or the association of NF-KB:p65:CBP complex in the amygdala by p65 acetylation in mediating enhancement of fear conditioning [304].

Deficits in both synaptic plasticity and memory formation have been reported for numerous mouse models of neurodegenerative diseases, especially for AD, PD, and HD models [305–314]. Despite this, there are few published reports directly assessing the role of HDAC inhibitors in treating this aspect of disease pathology. In the APP/PS1 double transgenic mouse model of AD, systemic injection of sodium butyrate (20, Fig. 8), valproate (21, Fig. 8), or SAHA (1, Fig. 1) completely reversed the contextual memory deficits in these mice, an action that was attributed to specifically blocking class I HDACs [315]. TSA (2, Fig. 1) and sodium butyrate (20) also rescued the cognitive deficits induced by Kainate administration and accelerated aging in SAMP-8 mice [316]. In an elegant study, Fischer and colleagues used the CK-p25 transgenic mouse model, which allows temporally and spatially restricted induction of neuronal loss through controlled p25 expression, to investigate the role of HDAC inhibition on cognitive impairment arising from neurodegeneration in this model. They demonstrated that long-term treatment with sodium butyrate (20) could reinstate learning and access to long-term memories in injured mice, a process which was accompanied by a concomitant increase in synaptic density [317]. The same group also showed that HDAC1 inactivation by p25 is part of the mechanism underlying the ability of p25 to elicit double-stranded DNA breaks that precede neurotoxicity [318].

To date, the published work in respect to the procognitive effects of HDAC inhibitors has relied on using sodium butyrate (20), valproate (21), SAHA (1), or TSA (2), which are not selective inhibitors; hence, there is little understanding of the specific HDAC isoforms that are the critical regulators of procognitive processes. Further exploration of this aspect will be critical for the rational design of compounds with maximum therapeutic benefit. EnVivo Pharmaceuticals reported the development of a small molecule, which is a CNS-penetrant and orally bio-available HDAC inhibitor (EVP-0334) for the treatment of the cognitive deficits associated with neurological disorders. Successful completion of a phase I clinical trial has been reported in spring of 2010. To the best of our knowledge, neither the structure nor a clinical trajectory for EVP-0334 has been disclosed so far.

In the absence of truly isoform selective HDAC compounds, it is likely that genetic experiments to either overexpress or knockout particular HDAC brain isoforms will provide much needed information about the impact of individual HDAC isoforms. The first report on this approach clearly implicated HDAC2, but not HDAC1, as a major regulator. Neuron-specific overexpression of HDAC2 decreased dendritic spine density, synapse number and synaptic plasticity in the hippocampus, and impaired memory formation. Conversely, HDAC2 conditional knockout mice showed increased synapse number and memory facilitation [319]. Notably, reduced synapse number and learning impairment of HDAC2-overexpressing mice were ameliorated by chronic treatment with SAHA (1), while treatment with SAHA failed to further facilitate memory formation in HDAC2-deficient mice. These observations suggest that HDAC2 may be the major, if not exclusive, target of SAHA in enhancing hippocampal memory formation. These data encourage the development of HDAC2-selective inhibitors for human diseases associated with memory impairment [319].

Isoform	SAHA (1)	TSA (2)	APHA ( <b>3</b> )	MS275 (5)	FK288 (9)	CF <sub>3</sub> CO (19)	VPA (21)
HDAC1	0.0013	0.0002	0.055	0.022	0.0000015	4.8	700
HDAC2	0.0016	0.00065	0.125	0.065	0.000038	_	800
HDAC3	0.005	0.0005	0.25	0.36	0.00015	>1	1,000
HDAC4	>10	1.4	17.5	>10	0.0205	0.07	1,500
HDAC5	3.6	0.26	11.5	>10	0.55	_	1,000
HDAC6	0.0016	0.001	0.03	>10	0.0095	0.76	_
HDAC7	>10	0.195	7	>10	1.25	_	1,300
HDAC8	0.48	0.045	0.6	>10	0.00015	_	_
HDAC9	>10	0.8	10	>10	1.1	-	-

Table 2 Isoform selectivity of representative HDAC inhibitors (µM)

Data from [43, 72, 81]

SAHA (1) is a class I/IIb selective HDAC inhibitor, with little observable activity against the class IIa enzymes (Table 2), and thus the role of the class IIa enzymes in synaptic plasticity and memory has yet to be investigated. There is reason to believe that these enzymes are well poised to potentially affect these processes. As previously described, class IIa enzymes can shuttle between the cytoplasm and nuclear compartments of neurons. This process is governed by the phosphorylation-dependent binding of class IIa HDACs to 14-3-3 scaffolding proteins, resulting in their cytoplasmic sequestration [20]. The calcium–calmodu-lin-dependent kinase is one of the enzymes responsible for this phosphorylation [20, 320]. As calcium signaling is a major signal transducer at the synapse, the calcium dependence of nucleo-cytoplasmic shuttling of the class IIa enzymes provides a means for the activation-state of a neuron to drive transcriptional programs [320, 321]. Although investigation of this hypothesis in the CNS is limited at present, the effect of nuclear-cytoplasmic redistribution of HDAC4 on neuronal activity has been demonstrated in cultures [322].

By immunohistochemistry of mouse brain, the CNS distribution of HDAC4 has been shown to demonstrate a mixed nuclear and cytoplasmic location, which has been postulated to be a result of the activity state of the neuron at the time of killing. In addition, HDAC4 accumulated at the postsynaptic density of some synapses, placing it at the right location to sense and respond to synaptic calcium transients [323]. Adding to this hypothesis, it has recently been reported that the activitydependent regulation of the transcription factor MEF2, a well-known target of HDAC4/5-mediated transcriptional repression, can influence synapse number, spine density, learning, and memory [324, 325]. Furthermore, regulation of transcriptional reprogramming by HDAC4 in response to activity at the neuromuscular junction has been demonstrated in detail [326-328], and it is plausible that similar parallels exist in the CNS. To this note, it has recently been documented that a skeletal, muscle-specific microRNA (miR-206) is dramatically induced in a mouse model of ALS; miR-206 induction delayed ALS progression and promoted the regeneration of neuromuscular synapses following acute nerve injury [329]. HDAC4 mRNA is among the strongest computationally predicted targets of miR-206 and was shown to repress HDAC4 translation. Thus, inhibition of peripheral (muscular) HDAC4 may offer an attractive strategy for the treatment of ALS.

#### 6.3 Antidepressant Effects of HDAC Inhibition

Depressive symptoms often accompany neurodegenerative disorders, especially in PD and HD. Although the "monoamine hypothesis" of depression has long been proposed, the pathologies and mechanisms for depressive disorders remain only partially understood. A number of proposed mechanisms for depression such as diminishing neurotrophic factors and neuroinflammation appear to be similar to those implicated in neurodegenerative diseases [330, 331]. Many patients suffering from these disorders are treated with conventional antidepressants.

In recent years, a role for chromatin remodeling in the treatment of depression has been proposed; chronic exposure to antidepressant drugs alters histone methylation and acetylation in specific brain regions [332, 333]. Interestingly, HDAC5 inhibition appears to impact antidepressant actions [332, 334]. Tsankova and colleagues showed that the antidepressant imipramine reversed BDNF downregulation and increased histone acetylation of BDNF promoters in a model of chronic social defeat stress. This action was correlated with a selective downregulation of hippocampal HDAC5. Conversely, virally mediated overexpression of HDAC5 blocked the antidepressive effect of imipramine. Furthermore, class I HDAC inhibitors have been shown to have antidepressant-like effects. Direct injection of either SAHA (1, Fig. 1) or MS275 (5, Fig. 3) into the nucleus accumbens of mice resulted in robust antidepressant-like effects in the same chronic social defeat stress paradigm. This was accompanied by increased histone acetylation and a change of global patterns of gene expression [335].

In peripheral leukocytes of patients with major depression, HDAC5 mRNA is elevated, which is decreased after an 8-week treatment with paroxetine, a selective serotonin uptake inhibitor [336]. In peripheral white blood cells from patients suffering from major depressive disorder (MDD), other groups have found an increase in both HDAC2 and HDAC5 mRNA, with HDAC4 elevated in bipolar disorder (BPD) [337]. In this study, a striking correlation of a reduction in the mRNA of HDAC2 and the class II HDACs (4,5, 7, and 9) was observed in MDD and BPD patients when in remission, although normalization of HDAC levels was not achieved upon treatment with standard antidepressants. These data suggest that aberrant transcriptional regulation caused by the altered expression of HDACs is associated with the pathology of mood disorders. Consequently, specific inhibitors of HDAC2 and/or class IIa enzymes may provide a new therapeutic avenue [337].

#### 7 Conclusion

The understanding of the biological function and role of individual HDAC isoforms in the context of CNS disorders is still in its infancy, but recent work has clearly shed light on the relevance of this protein class. A number of isoform and class selective inhibitors of HDACs/sirtuins are now available, which will serve as tools to interrogate the function of these enzymes in a chemo-genomic fashion. The development of potent, selective inhibitors with suitable CNS permeability and stability now appears an attainable goal. Another avenue of research may aim at developing molecules that interrupt protein–protein interactions, especially as it becomes more and more apparent that HDACs exhibit many functions such as recruiting other proteins and are highly regulated through the interaction with other partners (chaperones, kinases, phosphatases, ubiquitin ligases, etc.).

Clearly, the clinical toxicity and side effects of the first generation of HDAC inhibitors such as SAHA will need to be thoroughly evaluated before embarkation on a chronic long-term dosing strategy.

Nevertheless, HDAC inhibition is a propitious avenue to pursue the clinical treatment of neurodegenerative disorders: it is already apparent that their realm of influence in treating neurodegenerative disorders is far more reaching than the original conception of reversing transcriptional dysregulation.

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# Phosphodiesterase Inhibition to Target the Synaptic Dysfunction in Alzheimer's Disease

Kelly R. Bales, Niels Plath, Niels Svenstrup, and Frank S. Menniti

Abstract Alzheimer's Disease (AD) is a disease of synaptic dysfunction that ultimately proceeds to neuronal death. There is a wealth of evidence that indicates the final common mediator of this neurotoxic process is the formation and actions on synaptotoxic b-amyloid (A $\beta$ ). The premise in this review is that synaptic dysfunction may also be an initiating factor in for AD and promote synaptotoxic A $\beta$  formation. This latter hypothesis is consistent with the fact that the most common risk factors for AD, apolipoprotein E (ApoE) allele status, age, education, and fitness, encompass suboptimal synaptic function. Thus, the synaptic dysfunction in AD may be both *cause* and *effect*, and remediating synaptic dysfunction in AD may have acute effects on the symptoms present at the initiation of therapy and also slow disease progression. The cyclic nucleotide (cAMP and cGMP) signaling systems are intimately involved in the regulation of synaptic homeostasis. The phosphodiesterases (PDEs) are a superfamily of enzymes that critically regulate spatial and temporal aspects of cyclic nucleotide signaling through metabolic inactivation of cAMP and cGMP. Thus, targeting the PDEs to promote improved synaptic function, or 'synaptic resilience', may be an effective and facile approach to new symptomatic and disease modifying therapies for AD. There continues to be a significant drug discovery effort aimed at discovering PDE inhibitors to treat a variety of neuropsychiatric disorders. Here we review the current status of those efforts as they relate to potential new therapies for AD.

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## **1** Introduction

Alzheimer's disease (AD) is the most common form of chronic neurodegeneration, affecting as many as 5.3 million people in the USA alone. The major risk factor for AD is aging. Consequently, as the USA and most other countries continue to enjoy increased longevity, the prevalence of AD is projected to increase dramatically. AD is portended by deficits in short-term memory. Mild cognitive impairment (MCI), greater than expected cognitive deficiency in the elderly, is believed to be the earliest antecedent of this aspect of the disease, with those suffering from the amnesic variant of MCI having a high conversion to AD [1]. Progression of AD is accompanied by greater impairment in both declarative and nondeclarative memory domains, along with disruption of reasoning, abstraction, and language, and the emergence of disturbing behavioral problems including anxiety and excessive emotionality, aggression, and wandering [2]. These pervasive cognitive and behavioral symptoms are devastating to patients and place a tremendous burden on caregivers in the home and in care giving institutions. Thus, there is an aggressive effort to develop therapies that may alleviate the symptoms of AD. Two such therapies are currently available, the acetylcholinesterase inhibitors [3] and the NMDA receptor antagonist memantine [4]. These therapies offer symptomatic relief and slow down clinical progression;

however, they have little or no effect on disease modification and so have only a limited window of therapeutic benefit within the long-term course of the disease. Thus, the goal is discovery of new therapies that both alleviate symptoms and substantially slow or halt the progression of AD.

The symptoms of AD are the result of a progressive loss of neuronal function, beginning in the temporal lobes and then spreading to a widening network of interconnected cortical regions. The key to identifying approaches to slow disease progression is to understand the underlying cause of this neuronal dysfunction and the reason for the characteristic pattern of progressive pathology. A seminal finding was the discovery in 1991 that mutation in the gene encoding for the amyloid precursor protein (APP) results in autosomal dominant inheritance of AD [5, 6]. APP is metabolized to a family of small peptides, the  $\beta$ -amyloids  $(A\beta)$ , which form the core of one of the hall mark pathological markers in the AD brain, the amyloid plaque. These observations focused attention on the  $A\beta$ peptides as somehow being the key causal toxic agent in AD. However, the putative causal role of A $\beta$ , including the underlying toxic mechanism and primary target of toxicity, has yet to be definitively established. The hypotheses are many: compelling arguments have been made that  $A\beta$ , in either soluble form or as higher order aggregates, in various intra- and extracellular compartments, is directly toxic to neurons, is disruptive to the cerebral vasculature, and/or induces a deleterious inflammatory response. There are a myriad of corresponding therapeutic strategies currently under development that target these putative toxic mechanisms. Although it may seem chaotic, rigorous testing of these multiple hypotheses is precisely what is needed to reach a definitive understanding of the role of  $A\beta$  toxicity in AD.

A second seminal set of findings is that AD is a disease of synaptic failure [7]. A striking feature of the end stage AD brain is the tremendous loss of neurons. Consequently, there has been considerable focus on identifying therapies to prevent neuronal death in AD. However, it is becoming increasingly recognized that synaptic dysfunction is the more proximal pathological event. Synaptic pathology is responsible for the cognitive decline characteristic of the earliest phases of the disease. In addition, it is highly likely that the loss of synaptic interconnectivity contributes significantly or is directly responsible for the ultimate death of neurons in AD.

The novel premise from which we are working is that synaptic dysfunction may also be an initiating factor in AD in that it may promote synaptotoxic A $\beta$  formation [8]. This latter hypothesis is particularly intriguing in that it may account for the neuroanatomical progression of AD pathology as well as the most common risk factors: apolipoprotein E (apoE) allele status, age, education, and fitness. Thus, the synaptic dysfunction in AD may encompass both *cause* and *effect*. Given this premise, remediating synaptic dysfunction in AD may be predicted to have acute effects on the symptoms present at the initiation of therapy and, significantly, may also slow disease progression.

The mechanistic approach we are pursuing to remediate the synaptic pathology of AD is the use of cyclic nucleotide phosphodiesterase (PDE) inhibitors. The

cAMP and cGMP signaling systems are intimately involved in the regulation of synaptic homeostasis. The PDEs are the enzymes responsible for the metabolic inactivation of cAMP and cGMP and, as such, are critical regulators of cyclic nucleotide signaling [9]. Furthermore, among all of the classes of molecular targets in the cyclic nucleotide signaling cascades, the PDEs are the most highly amenable to pharmaceutical development. Thus, targeting the PDEs to promote "synaptic resilience" may be an effective and facile approach to new symptomatic and disease-modifying therapies for AD. We briefly provide additional context for this therapeutic approach and then present an analysis of the potential uses of inhibitors of PDE2A, PDE4A, B and D, PDE5A, PDE7A and B, PDE8B, and PDE9A to treat the synaptic dysfunction of AD.

### 2 AD as a Disease of Synaptic Dysfunction

#### 2.1 Synapse Loss in AD

Synapse loss has been established as the strongest correlate of cognitive dysfunction in MCI and early AD [10, 11] and is apparent as a decreased synapse density in ultrastructural studies as well as decreased expression of synaptic proteins [12]. The significant reduction in the number of presynaptic boutons precedes frank pyramidal neuron loss. An illuminating finding has been that many of these synaptic changes also precede development of the diagnostic pathologies of the disease, parenchymal amyloid deposition, and intraneuronal neurofibrillary tangles (NFT) [13].

In individuals exhibiting the behavioral symptoms of AD, the diagnosis is formally confirmed at autopsy by the presence of two neuropathological features: the presence within brain of parenchymal plaques containing aggregated A $\beta$ , and intraneuronal NFT arising from hyperphosphorylated fibrils of the microtubuleassociated protein tau [14]. Much of modern AD research has focused on divining the underlying cause of the disease from these pathological markers. Neurofibrillary tau pathology in AD begins in the entorhinal cortex and spreads in a hierarchical manner into the hippocampus proper and cortex. Tau pathology increases as memory impairments become more severe and other cognitive and behavioral symptoms develop [15, 16]. In fact, the hierarchical progression of tau pathology "maps" the progressive deterioration of cortical systems reflected in the progression of symptoms. Given the importance of microtubules in intraneuronal transport, axonal growth, and maintenance of dendritic architecture, it is reasonable to suspect a role for tau dysregulation in the synaptic dysfunction of AD. While tau pathology may be an effector for synaptic toxicity, there is no compelling evidence to suggest that tau hyperphosphorylation and aggregation is the principal *causative* factor in the disease. In contrast, there is strong genetic evidence to suggest such a causative role for  $A\beta$ .

### 2.2 $A\beta$ and Synapse Function

The term A $\beta$  encompasses a small family of 39–43 amino acid peptides derived from the intramembranous cleavage of the APP by the sequential action of  $\beta$ - and  $\gamma$ -secretases [17]. Inheritance of the rare autosomal dominant early onset forms of AD (EOAD) is caused by mutations within the APP or presenilin genes. The latter encode for proteins that, together with three other proteins, form the  $\gamma$ -secretase complex. Various mutations in these different genes all result in an increase in the ratio of formation of A\beta42:A\beta40 [18]. Thus, this genetic evidence strongly suggests that aberrant over-production and/or mis-metabolism of APP/AB causes EOAD. The much more common form of AD is late in onset (LOAD) and of idiopathic etiology. Significantly, the clinical presentation, disease course, and neuropathology are nearly identical between EOAD and LOAD. This suggests a common underlying pathological mechanism and, thus, implicates a causal role for A $\beta$  in LOAD as well [19]. Indeed, imaging studies using a ligand that binds to amyloid (thioflavin S  $\beta$ -pleated sheet material composed of deposited A $\beta$ ) have now documented an increase in brain amyloid burden in asymptomatic EOAD patients as well as patients diagnosed with "probable" LOAD [20]. Based on this compelling data, candidate compounds that inhibit the production or enhance clearance of  $A\beta$  are now entering late stages of clinical testing.

### 2.3 Synapse Loss as Both Cause and Effect in AD

The findings reviewed above beg a critical question - what causes aberrant overproduction and/or mis-metabolism of APP to AB in the common, idiopathic form of AD? A plausible explanation linking APP processing to the cause of AD was proposed in 1993 based on two considerations [8]. First, the entorhinal cortex, the area of brain that demonstrates the earliest neurofibrillary pathology [15, 16], also has the highest levels of APP in brain [8, 21]. Second, this region undergoes an adaptive upregulation of APP turnover late in life in response to a life-long progressive loss of synaptic connectivity [8]. In some individuals, this response is hypothesized to cross a threshold resulting in the formation of neuropathological toxic products [8]. Thus, instead of promoting compensatory synaptic connectivity, the increased APP turnover results in synaptic toxicity. This synaptic toxicity disconnects the entorhinal projection from its postsynaptic targets [22], decreasing excitatory drive on the targets and thereby setting up a recurrent cycle of synaptic disconnection/APP upregulation/toxicity [8]. This cycle cascades in a hierarchical progression that is marked by NFT formation within a neuronal circuitry that mediates normal learning and memory processes in the anatomical progression of hyperphosphorylated tangle pathology defined by Braak and Braak [15, 16]. The earliest enunciation of such an "amyloid cascade hypothesis" of AD pathogenesis posited that accumulation of A\beta-containing plaques was causative to disease

pathogenesis [19]. However, individuals who, in life, experienced no pathological memory impairment may be found, at post mortem, to have fulfilled the neuropathological criteria for amyloid plaque burden [23]. This implies that plaques per se are not directly causative in disease onset and/or progression. Instead, evidence is converging on soluble forms of A $\beta$  (i.e., A $\beta$  that is not sequestered in plaque) as the "synaptotoxic" agent [7].

Since the discovery that mutations in the gene encoding for APP result in autosomal dominant inheritance of AD, there has been considerable research into the physiological functions of APP and related proteins [24]. This research is consistent with the above hypothesis in indicating that APP is regulated by, and involved in the regulation of, synaptic activity at multiple levels. Evidence suggests a role for the APP holoprotein in axonal transport and extracellular cell/cell interactions and adhesion [24]. Furthermore, proteolytic fragments of APP are suggested to have distinct signaling functions. Processing by  $\alpha$ - or  $\beta$ -secretase releases soluble N-terminal fragments (the sAPP $\alpha$  or sAPP $\beta$ ) into the extracellular space, where these peptides appear to have neurotrophin-like signaling properties. The Cterminal fragment released following cleavage by  $\gamma$ -secretase is suggested to be transported to the nucleus, where it functions to regulate transcription. However, the most enigmatic aspect of APP processing is the minor (<10%) component comprising the sequential action of  $\beta$ - and  $\gamma$ -secretases to form A $\beta$ . Initially, the A $\beta$ peptides were considered as simple by-products of the formation of the other signaling fragments of APP. Instead, it is becoming increasingly clear that  $A\beta$ , too, has distinct roles in regulating synaptic function. A  $\beta$  formation is regulated by neuronal activity [25, 26]. In some studies, very low (pM) levels of soluble, cellderived A $\beta$  were found to reduce synaptic potentials and spine density when applied to primary neuronal cultures [27, 28]. When these same soluble A $\beta$  species were administered intrathecally to rats, cognition was impaired [29]. However, in other experimental systems, synthetic AB42 positively modulated synaptic plasticity and enhanced hippocampal-dependent memory [30], and AB monomers were found to be neuroprotective [31]. Recently, Tampellini et al. provide evidence to suggest that there are two pools of A $\beta$ , intra- and extracellular, that interact to impact synaptic function in different ways [25]. Taken together, these data suggest that A $\beta$  peptides are formed in response to synaptic activity to impact normal neurophysiological function.

The key point of understanding is exactly why, in some individuals, formation of  $A\beta$  at excitatory synapses crosses from physiological to pathological. Our premise is that this is related to properties intrinsic to the synaptic physiology of these at risk individuals. All of the major risk factors for idiopathic AD are associated with reduced synaptic function. In addition to age, the major environmental risk factors for idiopathic LOAD are lower native intelligence (operationally defined as education level) and reduced overall physical health. Each of these factors has a negative impact on synaptic function. Particularly illuminating may be the emerging data suggesting that synaptic function is also impacted by apolipoprotein E4 (apoE4) status, the most significant genetic risk factor for AD [32, 33]. The E4 allele of the apoE gene is a well-characterized risk factor for AD, with E4 carriers having an

increased probability of suffering AD, at an earlier age of onset [34]. In humans, E4 carriers exhibit reduced cognitive capacity, reductions in resting brain glucose metabolism, and a distinct pattern of brain activity that is observed well before onset of AD symptoms [35–37]. Furthermore, the apoE4 allele is positively linked to subclinical epileptiform activity, which is remarkable in light of the recent compelling evidence showing that aberrant excitatory neuronal activity is a primary upstream mechanism for cognitive decline in AD [38–41]. In mice that express human apoE4, dendritic architecture, spine number, and electrophysiological parameters are significantly reduced when compared to age- and background-matched mice expressing human apoE3 [42]. These findings suggest that the E4 allele may reduce overall synaptic function and that this occurs well before frank neurodegeneration.

Taking into account all of the factors discussed above, we hypothesize that reduced synaptic function is the key "initiating" factor in LOAD. This reduced synaptic function is hypothesized to be responsible for the susceptibility to a change in AB processing from physiological to pathological and/or an increase in susceptibility to A<sup>β</sup> toxicity. Reduced synaptic function is also hypothesized to be a key facilitatory factor in the progression of synaptic disconnection that initiates in entorhinal cortex and progresses throughout interconnected cortical networks. "Synaptic resilience" is the inverse of this reduced synaptic function. Thus, therapies that promote synaptic resilience may reduce the risk and/or slow AD progression; that is, such therapies may have a true disease-modifying effect.

Unfortunately, at present we do not have a complete understanding of the molecular underpinnings of the reduced synaptic function that is hypothesized to be causal to AD. There is, however, a tremendously expanding understanding of fundamental processes that mediate physiological synaptic function and plasticity. It seems reasonable to assume that we will want to manipulate some of these fundamental processes to get at the synaptic dysfunction of AD. Thus, this body of knowledge serves as the logical starting point to explore such therapies. The basis for our interest in the potential of PDE inhibitors in this regard is outlined below.

#### 3 **Cyclic Nucleotides and Synaptic Plasticity**

Synaptic plasticity is a term that encompasses a wide range of complex processes. At the level of the individual synapse, synaptic plasticity is the process by which the architecture and complement of signaling molecules are adjusted in response to recent activity, in preparation for future activity. In the simplest terms, the past predicts the future, and so recent activity increases synaptic strength, whereas lack of activity leads to synapse deconstruction. A critical modulator of this general rule is the coordination (i.e., timing) of events between the pre- and postsynaptic sides of individual synapses. At the level of the neuron and neuronal circuit, synaptic plasticity is the means of encoding information. That is, changes in individual

synaptic strengths are integrated and reflected in changes in the way a neuron interconnects with neuronal networks. It is the change in pattern of activities in large networks of neurons that read out as "behavior" and "cognition." Thus, when we seek to modulate synaptic plasticity to slow disease progression, we are concerned with modulating the biochemistry of individual synapses, whereas when we seek to modulate synaptic plasticity to improve cognition in AD, we are concerned with modulating network activity. It remains to be proved whether both of these goals can be accomplished through a single molecular mechanism. There are a myriad of such mechanisms that may be targeted to impact synaptic plasticity. To paraphrase an earlier statement, rigorous testing of multiple mechanism-based hypotheses is precisely what is needed to reach an understanding of the utility of targeting synaptic plasticity in AD. The cyclic nucleotide PDEs may be particularly advantageous to target in this regard. These enzymes are intimately involved in the regulation of cyclic nucleotide signaling, and these signaling cascades are intimately involved in the regulation of synaptic plasticity, as briefly described below.

cAMP and cGMP signaling is ubiquitous in mammals. A wide variety of intercellular communicative, hormonal, and metabolic events trigger the activation of adenylyl and/or guanylyl cyclases to catalyze the formation of cAMP and cGMP from ATP and GTP, respectively. cAMP and cGMP subsequently bind to a variety of effectors including their cognate protein kinases [43], ion channels [44], Epacs [45], and other PDEs [9], resulting in both acute- and long-term changes in cellular function. Both cAMP and cGMP signaling mechanisms are implicated in the regulation of synaptic plasticity at multiple levels [46, 47].

#### 3.1 cAMP

The canonical role of the cAMP/PKA signaling cascade is in the regulation of postsynaptic, protein synthesis-dependent long-term potentiation (L-LTP) [48], widely believed to be an in vitro model of learning and memory [49]. There are considerable data indicating that the cAMP/PKA signaling cascades are also involved in regulation of earlier stages of LTP in the postsynaptic compartment. This includes potentiation of Cam KII induction by PKA-mediated inactivation of protein phosphatases that are responsible for dephosphorylation of Cam KII [50], and PKA phosphorylation of the GluR1 subunit of AMPA receptors to drive insertion of this subunit into the postsynaptic active zone [51] and increase AMPA receptor open channel probability [52]. The cAMP/PKA signaling cascade is also implicated in the regulation of plasticity in the presynaptic compartment. The clearest example is the presynaptic form of LTP characterized at mossy fiber synapses in the dentate gyrus of the hippocampus [53]. Mossy fiber LTP is critically dependent on activation of a calcium/calmodulin-dependent adenylyl cyclase, leading to an increase in presynaptic cAMP and activation of PKA [54] and phosphorylation of the synaptic vesicle-associated protein Rim1a [55]. This form of PKA-dependent presynaptic plasticity is also observed in cerebellum and at corticothalamic and corticostriatal synapses [53]. Synaptic plasticity also involves adaptive decreases in synaptic strength [56]. Of these, the archetype is NMDA receptor-dependent long-term depression (LTD) in the hippocampus [57], which appears to be critically dependent on the dephosphorylation of PKA substrates. Of particular significance is the selective dephosphorylation of the PKA site Ser845 on GluR1 which decreases the probability of AMPA receptor channel opening and increases AMPA receptor endocytosis [58].

### 3.2 cGMP

Although less extensively studied, there is a body of evidence implicating cGMP signaling cascades as important pathways for many forms of synaptic plasticity [59]. The canonical role of cGMP in synaptic plasticity is as mediator of the retrograde messenger nitric oxide (NO) at glutamatergic synapses [60–63]. It is also now clear that cGMP signaling cascades participate at several additional levels of regulation that influence hippocampal LTP, including postsynaptic protein synthesis-dependent mechanisms [64]. These distinct presynaptic and postsynaptic functions are perhaps most clearly demonstrated in studies of LTP in visual cortex, where the two guanylyl cycles isoforms are differentially localized to pre- and postsynaptic compartments, and genetic deletions of either isoform have demonstrated separable effects on LTP [65]. Compartmentalization is further indicated by the finding that the source of NO is also an important determinant [66]. Finally, there is evidence indicating a role for cGMP signaling cascades in the depression of synaptic activity [67–69].

#### 4 The Phosphodiesterases

#### 4.1 Enzyme Structure and Function

The PDEs are the family of enzymes that terminate through metabolic inactivation signaling by cAMP and cGMP. Thus, these enzymes are intimately involved in the regulation of cyclic nucleotide signaling throughout the body, including those cyclic nucleotide pathways involved in the regulation of synaptic plasticity. The PDEs are encoded by 21 genes that are functionally separated into 11 families [9, 70]. Further physiological diversity stems from differential mRNA splicing and, to date, more than 60 PDE isoforms have been identified. There is a rapidly expanding body of knowledge about the physiology of these enzymes, from the atomic and structural level to the role in specific signaling processes. This

information has both garnered interest in and facilitated drug discovery efforts. Below, we first touch on the current knowledge of the structural features of these enzymes, particularly with regard to drug discovery. We then turn to biological functions and highlight a number of the enzyme families that may be particularly relevant to the treatment of AD.

The PDEs are modular enzymes in which the catalytic domain in the C-terminal portion of the protein is coupled to regulatory elements that reside in the N-terminal region. The 11 PDE families differ most significantly from one another within the unique N-terminal regulatory domains. On the other hand, the C-terminal catalytic domains are highly conserved with respect to specific invariant amino acids, three-dimensional structure, and catalytic mechanism [71]. Nonetheless, subtle differences within the catalytic core impart important family-specific characteristics [72]. To date, essentially all of the pharmaceutical developments around the PDEs have been toward the discovery of catalytic site inhibitors. Structural information from single crystal X-ray crystallography has played an important role in elucidating the important functional differentiating features within the catalytic domains of the 11 gene families that allow for the development of family-specific inhibitors. Indeed, current lead optimization projects without the use of some form of structure-based drug design are becoming practically unthinkable. This area of knowledge is summarized below.

Structures of the catalytic domains of all but two PDE families (PDE6 and PDE11) have been solved. Since the field was last reviewed in 2007 [73], two new PDE families have been added to the list of solved structures, namely PDE8 in its unliganded form as well as in complex with IBMX [74] and PDE10A with various ligands [75, 76]. Characteristics of all PDE structures solved so far are the following features which are also important for the design of new inhibitors:

- The active site contains a glutamine residue that contributes to the binding of the natural substrate cAMP or cGMP through a dual hydrogen bond. The "Glutamine Switch" mechanism [77] suggests that hydrogen-bonding residues surrounding the glutamine serve to either lock it in a fixed conformation (cAMP or cGMP selective PDEs) or allow it to change conformation (PDE1, 2, 3, 10 and 11). Although very elegant in its simplicity, the glutamine switch hypothesis remains somewhat controversial [78, 79]. The glutamine is also nearly invariably involved in hydrogen bonding to PDE inhibitors, although not necessarily through two hydrogen bonds (see [80] and references cited therein).
- A phenylalanine, situated just below the plane of the bound substrate/inhibitor, participates in the substrate binding by  $\pi$ - $\pi$  interactions. This hydrophobic region, usually referred to as the "Clamp" region, explains why many PDEs appear to have a preference for flat and  $\pi$ -electron-rich inhibitors of the sildenafil type [81].
- The metal ions in the active site may also be targeted for inhibitor binding; however, this approach is not usually addressed by design elements in PDE inhibitors intended for central nervous system (CNS) indications. Specifically,

a good ligand for the metal ion is by its very nature rather polar, thereby adding to the overall polar surface area of the inhibitor to such a degree that transport across the blood-brain barrier becomes exceedingly difficult.

### 4.2 Compartmentalization of PDE Signaling

The desire for inhibitors selective for different PDE families (and individual isozymes, see below) stems from the fact that cyclic nucleotide signaling is highly compartmentalized within individual cells [82, 83]. Thus, PDE isozymes have distinct signaling roles in individual cell types and there appears to be little or no overlap in function. Compartmentalization is the result of physical localization of signaling pathways to discreet areas of cells and, further, the physical association of the different components of a signal cascade mediated by adaptor and scaffolding proteins. Thus, a scaffold may bring a cyclase, an effector kinase, and a specific PDE isoform together with a cell surface receptor to affect a very localized signaling event. Compartmentalization of PDE-regulated signaling has been most clearly elucidated for the PDE4 family [84]. For example, physical compartmentalization allows only PDE4B to regulate Toll-like receptor signaling in mouse peritoneal macrophages despite the fact that these cells also express PDE4A and PDE4D [85].

The complexity and compartmentalization of PDE-regulated signaling are particularly evident in the CNS [86] and are crucial to the analysis of the different PDEs that may be targeted to impact synaptic plasticity. As noted above, cAMP and cGMP signaling cascades are implicated in the regulation of plasticity in numerous temporally and spatially distinct compartments. It is reasonable to conjecture that different PDE families and isoforms service these distinct signaling compartments, at the level of the individual synapse, neuronal subtype, and brain region. Thus, the challenge is twofold. The first is to determine the role of individual PDE isoforms in the regulation of different aspects of synaptic plasticity at the synaptic and sub-synaptic levels. The second is to relate the effects of manipulating the PDEs at the synaptic level to the impact that may have on neuronal circuits and networks. Fortunately, the localization of the different PDE isoforms throughout the brain continues to be investigated, and the pharmacological tools needed to accomplish these types of analyses are becoming available to allow investigation of function. With regard to AD, the potential targets include PDE2A, PDE4A, 4B, and 4D, PDE5A, PDE7A and 7B, PDE 8B, and PDE9A [86]. We review the current state of knowledge regarding these enzymes with regard to localization, the availability of pharmacological inhibitors and the knowledge to date on the effects of these inhibitors on behavior that may be relevant to AD therapy. We start with PDE4, the most highly pursued drug target among the PDEs, followed by PDE8B and PDE2A as additional cAMP signaling-specific targets. We then turn to PDE5, the most commercially successful PDE target, and finish with PDE2A and PDE9 as the new targets generating the most interest.

### 4.3 PDE4

PDE4 is the largest and most complex of the PDE gene families and is the major cAMP-regulating enzyme in the body [84]. The PDE4s are encoded by four genes, PDE4A–D, with PDE4A, B, and D expressed appreciably in the CNS. Furthermore, mRNA transcribed from each gene is subjected to alternative N-terminal splicing to yield three major variants. The long variants contain two conserved N-terminal domains, UCR1 and UCR2, with a conserved PKA phosphorylation site at the N-terminal end of UCR1. Phosphorylation at the PKA site stimulates activity and is a key element in the regulation of these variants. The short variants are truncated and lack UCR1 and the PKA site, whereas the supershort variant is further truncated to lack both UCR1 and the N-terminal portion of UCR2. Accounting for genes and splice variants, over 20 PDE4 isoforms have been identified. Thus, the PDE4s provide a rich repertoire for fine tuning cAMP signaling.

PDE4 has been heavily pursued as a therapeutic target. Initial interest in the 1980s was as a CNS target, stemmed from the finding that rolipram, the prototypical PDE4 inhibitor, had clinical antidepressant activity. However, it is the potential to treat inflammatory airway disease that has sustained the most interest. Recently, CNS interest has re-emerged in the potential for PDE4 inhibitors to treat cognitive dysfunction [87], particularly in AD. This latter interest derives from the seminal finding that PDE4 is a key element in the cAMP/PKA signaling cascade involved in protein synthesis-dependent L-LTP in hippocampus and that rolipram potentiates L-LTP in hippocampal slice preparations [88].

The hippocampus has a broad range of functions, but is particularly implicated in the formation of long-term memories. L-LTP putatively represents the molecular mechanism that supports this function [48]. Thus, the robust finding that PDE4 inhibition augments LTP in hippocampus implies that PDE4 inhibitors should facilitate long-term memory formation in vivo. There is ample experimental support for this hypothesis. Administration of rolipram robustly improves the performance of both rodents and nonhuman primates in various long-term memory tasks, under conditions where performance is disrupted by a variety of pharmacological or other manipulations [87, 89]. Rolipram is competitive at the cAMP-binding site of PDE4. The potency at the high affinity site that predominates in brain is approximately 2 nM. The dose of rolipram most often reported as efficacious in rodent cognition assays is 0.1 mg/kg, which yields an estimated free brain concentration of 2–3 nM (unpublished observation calculated from data in the literature).

Studies with rolipram also suggest that PDE4 inhibition may specifically reverse deficits in synaptic function caused by A $\beta$  [90]. Direct application of A $\beta$  to hippocampal slices or in vivo impairs LTP in some systems [91–93]. LTP deficits are also observed in slices prepared from transgenic mice that overexpress A $\beta$  [90]. Significantly, acute rolipram administration to transgenic mice reduced deficits in LTP in slices prepared from these mice, and this beneficial effect was maintained for at least 2 months beyond the end of treatment [90, 93].

Unfortunately, despite more than 30 years of pharmaceutical research, no PDE4 inhibitor has been approved for any indication. The primary obstacle has been severe side effects, notably emesis, nausea, and vasculitis, at exposures that are within the range where therapeutic benefit may begin to be realized. This obstacle led to abandonment of rolipram for the treatment of depression. These side effects of PDE4 inhibitors have also, to date, prevented a thorough exploration of the dose range for efficacy for inflammatory diseases such as asthma and chronic obstructive pulmonary disease (COPD) [94]. It remains to be determined whether there is a sufficient therapeutic index for PDE4 inhibition for the treatment of cognitive dysfunction in AD. The available preclinical data suggest that this may be a challenge. As stated above, the estimated level of PDE4 inhibition associated with improved cognition in rodent models, extracted from the data with rolipram mentioned above, indicates that a significant fractional inhibition may be required. However, it is not possible directly determine the TI in rodents, since rats and mice lack an emetic response. Furthermore, the ferret model of emesis has proved not to be predictive of the emetic potential of PDE4 inhibitors in humans [95]. There are limited data on the effects of rolipram on cognition in nonhuman primates, where it is possible to gage a therapeutic index. Rutten et al. reported positive effects of rolipram in an object retrieval paradigm in cynomolgus monkeys with maximal efficacy at 0.03 mg/kg; however, the next highest dose of 0.1 mg/kg was not tolerated due to emesis [96]. In an earlier study, Ramos et al. found no effect of rolipram in a delayed match to position paradigm in rhesus monkeys at doses up to the maximum tolerated dose of 0.01 mg/kg; a dose of 0.05 mg/kg was not tolerated [97]. Thus, if there is efficacy, the therapeutic index for the treatment of cognitive dysfunction may be similarly low as for the treatment of inflammatory airway disease. However, given the severity of the AD and the fact that the neurodegenerative process may have altered the sensitivity to potential therapeutic and/or adverse effects of PDE4 inhibitors, it is still of interest to investigate PDE4 as a target for the treatment of AD. In fact, Merck & Co. recently completed a Phase II proof of concept study in patients with AD with the PDE4 inhibitor, MK0925, although no results have been published and the compound is no longer listed in the company pipeline. Thus, alternative strategies are worth considering as we await this clinical feedback, as discussed

To date, the vast majority of research into the procognitive potential of PDE4 inhibition has relied on the use of inhibitors such as rolipram that are competitive at the catalytic site. These compounds inhibit each of the PDE4 gene families, consistent with the very high homology in the cAMP-binding pocket. There is also no evidence to suggest that such compounds distinguish among the major N-terminal splice variants. An approach for overcoming the narrow therapeutic index of such pan-PDE4 inhibitors may be the development of compounds that interact with specific PDE4 subtypes to capture therapeutic effects while avoiding those subtype(s) that mediate emesis and nausea. The question is, which subtype to target?

below.

Cherry and Davis [98] mapped by immunohistochemistry the distribution of PDE4A, B, and D in mouse brain to many regions relevant to higher order cognitive functions. All three isoforms are expressed in neocortex, albeit with distinctive laminar distributions. PDE4D is most highly expressed in the hippocampus proper, and genetic deletion of PDE4D also potentiates LTP to subthreshold stimuli in hippocampal slices [99], although this was accompanied by poorer performance of the animals in behavioral tasks that measured cognition. PDE4B is most highly expressed in the striatal complex and the dentate gyrus. Nonetheless, in hippocampus, PDE4B expression and subcellular localization respond to the induction of LTP, suggesting a specific role for the 4B isozymes in this form of plasticity [100]. This finding takes on added significance in light of the fact that PDE4B disruption [101] and genetic variation [102, 103] are associated with neuropsychiatric disease.

Targeting specific PDE4 isozymes must also take into consideration particular isozymes that may be involved in the side effects associated with pan-PDE4 inhibition. Based on studies with PDE4 knockout mice in an innovative behavioral approach, Robichard et al. have put forward the hypothesis that PDE4D is specifically involved in the emetic response [104]. Significantly, an inhibitor with ~100-fold selectivity for PDE4D over other family members has been identified and found to cause emesis in early clinical studies in humans [105]. Taken together, these data suggest that inhibitors selective for PDE4A/B over PDE4D may be of particular interest for the treatment of cognitive dysfunction while obviating tolerability issues. The challenge now is to identify compounds with sufficient PDE4B selectivity with which to test this hypothesis.

Compounds with significant PDE4D selectivity have been identified [105]; however, it is unclear how this selectivity is achieved and, therefore, how to utilize the structure–activity relationships around these selective compounds to generate compounds that are selective for other PDE4 isozymes. Recently, Asahi Kasei Pharma (1, Fig. 1) and GSK (2, Fig. 1) have independently reported on two series of compounds with selectivity for PDE4B over PDE4D [106, 107]. Importantly, the GSK group is beginning to determine the molecular requirements that accompany this selectivity.



Fig. 1 PDE4 inhibitiors selective for the PDE4B isoform

Another very interesting advance is the recent disclosure by deCODE Genetics in a series of patents of a new class PDE4 inhibitors that are noncompetitive with respect to the cAMP-binding site [US Patents 12275152, 12275164, and 12275165]. This suggests that deCODE has identified a binding site on PDE4 outside of the substrate-binding pocket through which PDE4 enzymatic activity can be modulated. Although the deCODE compounds are selective for PDE4D over PDE4B, it is possible that knowledge about the PDE4D selectivity mechanism may allow for the development of other classes of compounds selective for the other PDE4 isozymes.

Finally, an area of PDE4 medicinal chemistry that has not yet been explored is the possibility of developing compounds selective for long versus short splice variants. Such an undertaking would be greatly facilitated by crystal structures of PDE4 that include regions of the protein beyond the catalytic domain.

#### 4.4 PDE7 and PDE8B

While PDE4 is the major cAMP metabolizing enzyme, there are two other PDEs that are also selective for cAMP, PDE7, and PDE8. Thus, it is reasonable to investigate whether these PDE families may also play a role in regulating one or more of the many cAMP signaling pathways involved in synaptic plasticity. The physiology and pharmacology of these two enzymes are beginning to be investigated in depth, as reviewed below.

The PDE7 family is composed of two members, PDE7A and PDE7B, which demonstrate high affinity for cAMP but that are insensitive to rolipram [108, 109]. Unlike most other PDEs, PDE7 does not contain defined N-terminal regulatory domains although a consensus site for PKA phosphorylation does exist. While the protein expression profile of PDE7A and 7B is largely unknown, the mRNA levels for both isoforms reveal abundant expression in the CNS. PDE7A mRNA is expressed in the olfactory bulb and tubercle, hippocampus (dentate granule cells), and brain stem nuclei, while the highest level of PDE7B mRNA is localized to the cerebellum, striatum, dentate gyrus, and thalamic nuclei. Moreover, in humans there are three known splice variants for PDE7A that contain unique N- and C-terminal mRNA modifications that likely influence intracellular localization as well as interactions with other proteins. Promoter variants have also been reported for PDE7A, offering additional subtleties with respect to cAMP-responsiveness. PDE7A1 appears to encode a protein that contains peptide sequences in the N-terminal region that directly inhibit PKA catalytic activity [110]. Thus, this splice variant of PDE7A may regulate PKA activity in two ways, through regulation of cAMP levels and through a direct interaction with the PKA catalytic subunit.

The highest level of interest in PDE7 remains as a target to treat inflammatory disease, whereas interest in neurological diseases is just beginning to develop. There is a growing patent and medicinal chemistry literature developing around

inhibitors that will serve as useful tools to explore these areas [111]. Omeros Corporation has disclosed in a patent application that in the MPTP mouse model of Parkinson's disease, PDE7 inhibitors restore stride length to prelesioned level when administered alone and also potentiate the activity of L-DOPA [112]. Thus, these apparently potent, brain-penetrant PDE7 inhibitors can serve as much needed tools to investigate the role of PDE7 in brain.

The PDE8 family is encoded by two genes, PDE8A and PDE8B, located on chromosomes 15 and 5, respectively [113]. In vitro, the catalytic properties for both PDE8A and 8B isoforms have been assessed and demonstrate very high affinity (40-60 nM) and specificity for cAMP. Both of the PDE8 mRNAs code for putative N-terminal regulatory elements within their protein structure, although their exact function is still unknown. Each of the putative regulatory domains found in PDE8 (the "REC" domain and "PAS" domain) are unique to this particular PDE family and share homology with highly conserved regulatory domains found in bacteria and mammalian several proteins. In lower organisms, the REC domain has been characterized as a sequence responsible for receiving signals from a particular sensor protein. As yet, it is unclear whether the REC domain in PDE8 plays a similar role in mammals. The PAS domain has been identified in several proteins involved with regulation of circadian rhythms as well as to be a potential site for ligand binding that may influence protein interactions. Alternative splicing of PDE8A results in several isoforms that lack the PAS domain. In addition to alternative start sites within the PDE8 promoter, additional variants are produced from modifications of primary transcripts (for instance, PDE8A2 is a splice variant from PDE8A1).

PDE8A mRNA has been localized to several tissues in the periphery, while the expression of PDE8B is highest in brain, thyroid, and testes. In addition, the PDE8B1 variant appears to be expressed only in the brain, while an equivalent level of expression of the PDE8B3 variant has been reported to occur in brain and thyroid.

The understanding of the role of both PDE7 and PDE8 in the CNS has been hampered by the lack of selective pharmacological tools and the lack of neuronal phenotypes in knockout animals. Nonetheless, there is some information to suggest a specific interest in these two enzymes for the treatment of AD. Recently, the levels of PDE7A, PDE7B, PDE8A, and PDE8B were investigated using specific oligonucleotide probes and in situ hybridization to postmortem brain samples from control and AD patients. Both PDE7 isoforms and PDE8B mRNA were found to be widely distributed in human brain, while PDE8A was not detected. In AD brain samples, the level of PDE7A mRNA was positively correlated with disease stage such that PDE7A mRNA levels decreased in the dentate gyrus with advancing disease progression (Braak stage III-VI). The levels of PDE7B mRNA remained unchanged. PDE8B mRNA levels were the highest in the pyramidal cell layer with advanced AD (Braak stage III-VI) and were also positively correlated with increasing age. This suggests a compensatory relationship between age and cAMP signaling that is enhanced with AD progression.

## 4.5 PDE5A

PDE5 inhibitors, such as sildenafil **3**, Vardenafil **4**, and Tadalafil **5** (Fig. 2), for the treatment of male erectile dysfunction are the first commercially successful "blockbusters" to arise from pharmaceutical development around the PDE superfamily. This success has generated tremendous interest in PDE5 as a therapeutic target for other disorders [114] and has provided the excellent pharmacological tools that so greatly facilitate such investigation. PDE5 is cGMP-specific. Given the extensive literature on the role of NO/cGMP signaling in synaptic plasticity, there has been considerable interest in PDE5 inhibitors to treat cognitive disorders. However, the effect of PDE5A inhibitors in preclinical models of cognition is enigmatic.

PDE5A inhibitors are robustly active in rodent assays of novel object recognition ([115, 116] and unpublished observation). PDE5A inhibition also attenuates spatial learning impairment in the 14-unit T-maze induced by cholinergic blockade, inhibition of nitric oxide synthase, or in aged rats [117]. Rutten et al. have recently reported that the PDE5 inhibitor sildenafil (Viagra) improves object retrieval performance in nonhuman primates [96]. However, sildenafil failed to effect cognitive deficits in humans suffering from schizophrenia [118]. PDE5 inhibitors also robustly facilitate functional recovery of sensorimotor function after stroke in the rat [119-122]. In these studies, PDE5 inhibitors were administered days after the stroke and had no effect on the infarct volume. Thus, it is argued that the effect of the compounds on sensorimotor recovery is through facilitating the ability of the brain to reorganize after damage; that is, through an effect on plasticity. Recently, Puzzo et al. reported effects of PDE5 inhibition that may be directly relevant to AD. This group found dramatic improvements caused by the PDE5 inhibitor sildenafil on hippocampal LTP measured in vitro in slices and on performance in cognitive tasks in a mouse model of AD, the APP/PS1 mice [123]. These effects were accompanied by an upregulation of CREB phosphorylation and a reduction in the levels of  $A\beta$ .

The data reviewed above, from various laboratories and in various model systems, indicate a potentially significant beneficial effect of PDE5 inhibition on brain function in general and synaptic plasticity in particular. The enigma stems from the fact that the expression of PDE5A in forebrain neuronal populations relevant to these effects is very limited. In rat forebrain, PDE5A mRNA was found only in isolated, phenotypically unidentified neurons in one report [124]



Fig. 2 PDE5A inhibitors approved for clinical uses

and was found not at all in another [125]. In addition, PDE5 protein was not detected [125] or only rarely detected [119] in rat forebrain in studies in which two different antibodies were used. PDE5A mRNA was also not detected in postmortem samples of forebrain from patients suffering from AD [126]. In contrast, PDE5 message and protein are robustly expressed cerebellar Purkinje neurons, some brain stem neurons, and spinal cord [119, 125, 127], as well as the cerebrovasculature [119]. However, it is difficult to reconcile the distribution of the enzyme in these latter neuronal populations with the various effects of the PDE5A inhibitors on brain function that have been reported. Thus, although PDE5A inhibitors are clinically available and are very well tolerated, a better understanding of the mechanisms underlying the effects on brain is warranted to provide meaningful clinical context.

### 4.6 PDE9A

Of the newly emerging PDE targets, the most interest is being generated around PDE9A and PDE2A, both of which regulate cGMP signaling in the brain. These are reviewed in the final two sections.

PDE9A is a high affinity, cGMP-specific enzyme that is expressed widely throughout the brain, albeit at apparently low levels [124, 126, 128]. PDE9A is the only isoform of this family but exhibits a complex pattern of gene transcripts yielding a total of 20 human splice variants [129, 130]. All splice variants use the same transcriptional start, but generate unique changes in the 5' region of the mRNA, possibly allowing tissue-specific expression patterns [130, 131]. Functional changes mediated by these variations remain unclear as both the C-terminal catalytic domain and the main part of the N-terminal domain remain unaltered. The primary structure of PDE9A does not contain recognized regulatory domains, such as GAF domains, and the C-terminal homology compared to other PDEs is low, resulting in insensitivity of the enzyme to most known PDE inhibitors [132, 133]. Nonetheless, PDE9A is thought to be key player in regulating cGMP levels as it has the lowest  $K_m$  among the PDEs for this nucleotide [132, 133].

Only little is known about the protein expression and localization pattern of PDE9A. Two variants have been examined to date, PDE9A1, which was found in the nucleus, and PDE9A5, which is located in the cytoplasm [131]. A recent immunohistochemical analysis of PDE9A in the trigeminal ganglion confirmed neuronal localization of the protein in the cytoplasm [134]. Significantly more information is available on the expression of PDE9A mRNA, which has been detected in many tissues, reaching peak levels in kidney, brain, spleen, gastrointestinal tissues, and prostate [129, 130, 132]. In the brain, PDE9A mRNA is widely but very moderately expressed [124, 128]. It reaches peak levels in cerebellar Purkinje cells and is furthermore easily detectable in olfactory bulb, hippocampus, and cortical layer V [124]. Here, expression is considered primarily neuronal, but signals have been detected in astrocytes and Schwann cells as well [124, 134]. In human postmortem brain tissue of healthy elderly people and Alzheimer patients,

PDE9A mRNA was detected in cortex, hippocampus, and cerebellum in a pattern comparable to the rodent [126]. No differences in expression were observed in the Alzheimer patients.

Considerable interest in this enzyme was engendered following characterization of BAY 73-6691 (see 10, Fig. 5, below), the first PDE9A-specific inhibitor [135]. This compound selectively inhibits human PDE9A with an in vitro IC<sub>50</sub> of 55 nM and a minimum 25-fold window to other PDEs. In a broad pharmacological assessment, BAY 73-6691 enhanced early LTP after weak tetanic stimulation in hippocampal slices prepared from young adult Wistar rats and old, but not young, Fischer 344 X Brown Norway (FBNF1) rats [136]. Significantly, BAY 73-6691 enhanced acquisition, consolidation, and retention of long-term memory in a number of preclinical behavioral paradigms, including a social recognition task, a scopolamine-disrupted passive avoidance task, and a MK-801-induced short-term memory deficit in a T-maze alternation task [136]. Subsequently, it was reported that LTP is enhanced in hippocampal slices prepared from PDE9A knockout mice, and that this effect is mimicked by a PDE9A inhibitor in slices prepared from the rat hippocampus [137]. These latter inhibitors robustly facilitated object recognition memory in both mice and rats and increased baseline cGMP levels in hippocampus, cortex, and striatum [137, 138]. These observations further underline the central role of PDE9A in regulating cGMP levels in the CNS. Taken together, these data suggest that PDE9A inhibition may provide AD patients with some therapeutic benefit. Based on this data, Pfizer Inc. has advanced a PDE9A inhibitor into clinical development for AD. This compound enhanced cGMP levels in the CSF of healthy volunteers, providing proof-of-mechanism to the concept of PDE9A inhibition in humans [139].

In summary, initial doubt around the potential of PDE9A as an effective target for the symptomatic treatment of dementia predicated on the overall modest expression pattern of the gene in the CNS has been superseded by the positive data achieved with selective PDE9A inhibitors outlined above. Two central biological questions still remain to be answered: (1) the nature of a PDE9A sensitive cGMP pool and (2) the subcellular localization pattern of PDE9A in terms of temporal and spatial resolution. Nonetheless, the available data fuel several extensive medicinal chemistry efforts that are summarized below.

Sequence analysis and X-ray crystallographic evidence reveal a number of fundamental differences between PDE9A and other PDEs, but from a chemogenomic perspective the low affinity of PDE9A to IBMX is a clear indicator that PDE9A inhibitors must fulfill other structural requirements than inhibitors of most other PDE isoforms [140]. Full-length PDE9A is inhibited by IBMX with an IC<sub>50</sub> value of around 230  $\mu$ M which is significantly lower than for all other PDEs except PDE8 [141]. Nevertheless, a crystal structure of IBMX bound to the PDE9A2 catalytic domain has been obtained by crystallizing the protein with a large excess of IBMX. The X-ray crystal structure reveals a single hydrogen bond between the xanthine N-7 of IBMX and the glutamine 453 of PDE9A, rather than the double hydrogen bond usually observed in complexes of IBMX with other PDEs. A subsequent study of PDE9A crystallized with its natural ligand at low temperature has provided important information about the catalytic mechanism [78]. Although initially elusive, the search for selective PDE9A inhibitors has yielded a number of interesting compounds from various classes. It appears that PDE9A has a very pronounced preference for compounds displaying variations of the purinone scaffold, i.e., flat, aromatic heterobicyclic compounds capable of forming the characteristic double hydrogen bond to the active site glutamine as observed in structures of many other PDE inhibitors such as sildenafil and vardenafil [142]. These structural characteristics are also recognizable in the chemical classes that have resulted from the four major discovery efforts disclosed so far; these chemical classes are discussed below.

*Pfizer*. Pfizer appears to have been involved in at least two distinct discovery programs centered on PDE9A pharmacology, namely programs in the indications diabetes and cardiovascular disease, as well as neurology. While the peripheral and central indications may have differing requirements of the inhibitor in terms of selectivity profile, pharmacokinetics, and organ distribution, it is interesting to see both programs in comparison.

The starting point for Pfizer's first published PDE9A projects [US20040220186] was compound **6** (Fig. 3), which had been identified by screening a library of PDE inhibitors from previous projects on other PDE isoforms [143]. The compound **6** is a potent inhibitor of PDE9A ( $IC_{50} = 10$  nM) but essentially nonselective with activity on PDE1A-C and PDE5A in the same range and is notably similar to sildenafil. Structural optimization over several iterations led to selective compounds such as **7** (Fig. 3), a 41 nM PDE9 inhibitor with a selectivity factor of 30 or better toward PDE1A-C and PDE5A. The compound **7** is active in vivo in mice (glucose lowering) after oral dosing of 100 mg/kg and above. Other compounds with promising in vitro profiles had no in vivo effect, probably due to poor absorption as a result of relatively high polar surface areas.

Other compounds with carboxylic acid substituents were identified as very potent and reasonably selective, but such compounds almost certainly have very low CNS exposure. Thus, Pfizer's second and currently most advanced PDE9A program aimed at identifying a PDE9A inhibitor for the treatment of cognitive deficits in AD and other neuropsychiatric disorders, and so sought compounds with properties that improve brain penetration. Although relatively little has been disclosed about the in vitro and in vivo profile so far, it is clear that Pfizer's scientists have identified a very potent compound class: numerous compounds in the patent application have  $IC_{50}$  values in the single-digit nanomolar region or even below [WO2008139293]. Pfizer has completed Phase I with a PDE9A inhibitor from this



Fig. 3 Lead optimization of PDE9A inhibtors disclosed by Pfizer

series [139], but the structure of the compound has not been disclosed. A couple of examples from the patent application are shown below (8 and 9, Fig. 4). Some of the most potent compounds are characterized by a high polar surface, and so the clinical candidate likely to be a compound in which a good in vitro activity and good overall PK and pharmaceutical properties are unified in one molecule.

*Bayer*. Bayer, the first company to publish detailed pharmacological data for a selective PDE9A inhibitor [135], has also been involved in several compound classes and indications. BAY 736691 (**10**, Fig. 5) [WO2004099211, WO 2004099210, WO 2004018474] belongs to the class of pyrazolopyrimidinones, but several published patent applications describe a second chemical class, the cyanopyrimidinones [WO2004113306, WO2005068436, WO2006125554] exemplified by compound **11** (Fig. 5). Bayer has never disclosed the structure of a clinical candidate from this series, but it appears that there is a high degree of similarity between the SAR in the two series.

*ASKA*. ASKA Pharmaceutical Co. Ltd of Tokyo has been involved in PDE9A discovery projects for years; the first patent application was filed in 2006 and until now a total of four patent applications on PDE9A inhibitors have been made public [WO2006135080, WO2008018306, WO2008072778, and WO2008072779]. Two distinct compound classes have been disclosed: the first is represented by **12a** and **12b** (Fig. 6) and a class of heterotricyclic compounds (**13**, Fig. 6).



Fig. 4 Examples of PDE9A inhibitors optimized to improve brain penetration



Fig. 5 Pyrazolo- and cyano-pyrimidinone PDE9A inhibitors disclosed by Bayer



Fig. 6 PDE9A inhibitors disclosed by ASKA. The carboxylic acid group of 12a and 12b is replaced in 13 to improve brain penetration

Although various indications have been claimed for both classes (including CNS indications such as AD and general neuropathy), the carboxylic acid makes any high CNS exposure rather unlikely, and it would appear that these compounds are targeted for peripheral indications such as prostate disease, incontinence, or pulmonary hypertension, although no in vivo data have been published to support these claims. The tricyclic systems, on the other hand, seem more promising in that respect, but the general SAR appears to overlap with that of the Bayer and Pfizer programs, so there is reason to believe that the binding mode of this compound is essentially the same (as is the case for the other ASKA compounds). No structural data have been published so far though. It is unclear whether ASKA is still actively involved in PDE9A-related research and development: there is no mention of the project on the company homepage although the most recent patent application was published in 2008.

*Boehringer Ingelheim.* The most recent player to enter the increasingly competitive field of PDE9A research is Boehringer Ingelheim with a patent application detailing inhibitors of the pyrazolopyrimidinone type [WO2009068617]. Although no detailed biological data have been disclosed, this focused compound class seems to be quite selective vs. PDE1 and generally rather potent on PDE9A (14, Fig. 7, published with IC50 value as a range as shown).

The similarity to BAY736691 (10, Fig. 5) is noticeable, and interestingly one of the original Bayer inventors appears on the Boehringer Ingelheim patent application which seems to indicate that the Boehringer Ingelheim program is based on intellectual property acquired from Bayer. One would expect to see more patent applications from this source in the future.

### 4.7 PDE2A

PDE2A belongs to the dual substrate PDEs hydrolyzing both cAMP and cGMP [144]. PDE2A is a single gene family with three known splice variants (PDE2A1-3) that differ with respect to their N-terminus [145–147]. It is unclear whether all



IC<sub>50</sub> between 10-500 nM Selectivity vs PDE1: 271-fold

Fig. 7 PDE9A inhibitor disclosed by Boehringer Ingelheim

splice variants are shared across species. PDE2A2 and PDE2A3 are the predominant splice variants expressed in the brain where they are associated with membranes [148]. This localization is partially due to N-terminal palmitoylation [149], but was recently shown for PDE2A3 to be mainly mediated through N-terminal acetylation [148]. PDE2A1 is found in soluble fractions and lacks the most N-terminal region present in PDE2A2/3.

PDE2A is unique in that it is allosterically activated by physiological concentrations of cGMP binding to the N-terminal GAF domains, which triggers the degradation of cAMP [146]. This positive cooperativity constitutes a mechanism of crosstalk between distinct cAMP and cGMP-regulated signaling pathways. It also indicates that, although PDE2A remains silent under baseline conditions, it is selectively activated upon neuronal stimulation that causes an increase in cGMP. In primary cultures of forebrain neurons, PDE2A preferentially metabolized cGMP [150], suggesting that in the CNS this enzyme may also serve as an inhibitory feedback regulator of cGMP signaling. As for all other PDEs, it is of central interest to reveal the subcellular localization of PDE2A to understand the impact of this selective activation on cellular function. Several studies show PDE2A expression in various tissues reaching highest levels in the CNS and particularly the limbic system [145, 151, 152]. A recent immunoreactivity study by Stephenson and colleagues substantiates earlier findings on PDE2A expression in the neuronal dendrites and axons, suggesting compartmentalization of the enzyme directly at the input and output region of neurons. Interestingly, a fine punctuate pattern in neurites is pronounced in areas known to be involved in learning and memory formation and affected in AD pathology, like the hippocampus, striatum, and cortex. Here, neuropil localization is accompanied by a lack of PDE2A immunoreactivity in cell bodies. In further studies, PDE2A was detected in membrane rafts [149] and synaptosomal membranes [148], substantiating evidence for a localization at the immediate site of synaptic contacts and thus in a suitable position to hydrolyze the second messengers cAMP and cGMP immediately at the synapse. Inhibition of PDE2A therefore appears attractive as it might offer a selective prolongation of cAMP and cGMP levels directly related to synaptic activation. In fact, one of the highest levels of PDE2A expression in brain appears to be the mossy



Fig. 8 Prototype PDE2A inhibitors

fibers emanating from the hippocampal dentate granule cells and receiving input from the entorhinal cortex, one of the first brain regions showing morphological signs of pathology in AD [152]. This raises the intriguing possibility that PDE2A is involved in regulating presynaptic forms of synaptic plasticity. Perhaps, PDE2A is one of the mediators of retrograde NO signaling in the presynaptic terminal, either through regulating cGMP directly or by regulating cAMP levels in response to cGMP binding to the GAF domain. Interestingly, in a few brain regions like the medial habenula and neuronal subsets in the cortex, substantia nigra pars compacta or raphe nuclei show somatic staining. This heterogeneous localization pattern within different neuronal populations indicates divergent roles of PDE2A is greserved in mammals, including humans [126], and remains unaltered in postmortem brain of Alzheimer patients [117].

Recently, a highly potent and selective PDE2A inhibitor, BAY 60-7550 (16, Fig. 8), with an  $IC_{50}$  for human recombinant PDE2A of 4.7 nM has been shown to enhance LTP at the CA3/CA1 synapse in hippocampal slices [153]. Systemic administration of BAY 60-7550 to rodents has also been shown to attenuate natural forgetting in young rats and improve age-related impairment on old rats in behavioral tasks addressing episodic short- and long-term memory in rats [116, 153, 154]. The compound also reverses working memory deficits in mice induced by a time decay or acute treatment with the NMDA receptor antagonist MK-801 [153]. The various temporal stages of memory consolidation, reaching from working to short-term and long-term memory, have been suggested to be differentially regulated by cAMP and cGMP in either pre- or postsynaptic terminals [89]. It was therefore speculated that interference with a dual substrate PDE that is localized both at the pre- and postsynaptic site should have a broad impact on different temporal stages of memory processing. The promnemonic effects achieved with BAY 60-7550 are in line with this hypothesis [89]. It should be noted that BAY 60-7550 penetrates into the CNS very poorly (authors' personal observations); thus, generalization regarding the effect of PDE2A inhibition on cognitive function awaits confirmatory studies with other compounds. Moreover, a PDE2A constitutive knockout mouse line are not available for behavioral studies as genetic deletion of PDE2A is reported to be embryonically lethal.

Based on the CNS expression pattern, positive cooperative kinetics between cAMP and cGMP, and synaptic association of PDE2A, the enzyme is believed to be a very attractive target to support signaling pathways involved in synaptic plasticity and learning and memory. However, to date a clear link from PDE2A to AD is missing. It should also be noted that PDE2A is widely expressed in peripheral tissues as well, including heart, liver, lung, and kidney, where PDE2A inhibitors have various functional effects [155]. With the identification of more brain-penetrating PDE2A inhibitors, it will therefore be important to identify pharmaco-logical windows between centrally mediated effects on cognition and those in the other organs. Toward this end, PDE2 inhibitors have been pursued by a number of research groups for various indications. So far, discovery of potent and selective PDE2 inhibitors with good CNS exposure has proven to be a real challenge; progress is reviewed below.

The main tool compounds available for mechanistic research at present are EHNA **15** (sub-micromolar inhibitor of PDE2A, the first selective inhibitor of PDE2A described in the literature [156]), BAY 607550 **16** (depending on the construct a nanomolar to sub-nanomolar inhibitor of PDE2A, structurally related to EHNA [153]), and the chemically distinct oxindole **17** (double-digit nanomolar inhibitor of PDE2A with good selectivity [105]) as shown in Fig. 8.

All three compounds are unlikely to advance beyond the tool compound level; EHNA is not potent enough to qualify as a development candidate, whereas BAY 607550 has rather poor pharmacokinetic properties and the oxindole has negligible CNS penetration. Still, all three have been immensely useful as mechanistic probes of the PDE2A enzyme and for studying non-CNS pharmacology models.

*Bayer*. Bayer has been pursuing the structural class around BAY 607550 as documented by various patent applications for CNS and cardiovascular indications [WO2008043461, WO02068423, WO00250078, WO00209713, WO00012504, and WO09840384] although apparently without identifying a clinical candidate.

*Pfizer*. Pfizer has pursued the oxindole class as well as a class of azaquinazolines [WO2005061497], but again the current development stage remains unclear if this project is uncertain.

*Altana Pharma*. Altana Pharma (now a part of Nycomed) has been addressing PDE2A through two distinct chemical classes: a BAY 607550-like class **18** [WO2005021037, WO-2004089953] using the EHNA-scaffold and another class of triazolophthalazines **19** [WO2006024640, WO2006072612, WO2006072615] (Fig. 9). No data have been disclosed for individual compounds, but some are reported to inhibit PDE2A in the low nanomolar region. It appears that COPD and inflammation have been the relevant indications for these compounds rather than CNS indications, although the general physicochemical profile might also be compatible with CNS exposure. It is unclear whether Nycomed is actively developing either of these classes of PDE2A inhibitors.

*Cell Pathways*. The PDE2A inhibitor research program at Cell Pathways has been largely based on substituted indenes (compound **20**) of the type shown in Fig. 10 [EP01749824, US06465494, WO02067936]. Information about pharmacological properties are scarce (the best example reported in the patent literature is a



Fig. 9 Representatives of two classes of PDE2A inhibitors disclosed by Altana (Nycomed)



Fig. 10 PDE2A inhibitors disclosed by Cell Pathways and Neuro3D

 $0.68 \mu$ M PDE2A inhibitor), but it seems clear that these compounds are meant for non-CNS indications such as inflammatory bowel disease.

*Neuro3D*. Finally, Neuro3D (now acquired by Evotec AG) have been involved in PDE2A research with a class of benzodiazepinones **21** (Fig. 10) [EP01548011, WO2004041258] that are reported to be selective although not especially potent inhibitors of PDE2A.

#### **5** Perspective

The suggestion that PDE inhibitors should be explored as a novel approach for the treatment of AD is based on several premises such as follows: (1) AD is principally a disease of synaptic dysfunction, and targeting this dysfunction is a means to impact both the symptoms and the progression of the disease; (2) the cyclic nucleotide signaling cascades offer a molecular entry point for such therapeutic approaches, given the significant roles played in the regulation of synaptic function; and (3) manipulation of PDE activity is a physiologically relevant and pharmaceutically facile way to manipulate cyclic nucleotide signaling. Indeed, these premises form the basis for the development and ongoing clinical trials with both PDE4 and PDE9A inhibitors for the treatment of AD.

While we await important feedback from these clinical trials, there are several points that bear further consideration and investigation. The most important of these is the nature of the synaptic defect that underlies the propensity of an individual to develop AD and that serves as a target for a PDE inhibitor therapy. The "ante" for many therapeutic approaches that target cognition/synaptic dysfunction has been potentiation of LTP at the CA3/CA1 synapse in the hippocampus. This is clearly the case for the PDE inhibitors. There is a wealth of data suggesting that this particular form of synaptic plasticity mediates the long-term memory function in the hippocampus. Given that a deficit in hippocampal-mediated memory function is a hallmark of AD, mechanisms that facilitate hippocampal LTP are certainly reasonable targets to consider for treating those memory deficits. However, even this simple premise must be qualified, given the observation with the PDE4D knockout mice, where increases in hippocampal LTP in slice preparations are associated with deficits in cognitive behavioral tasks. Furthermore, PDE2A, PDE4, PDE5A, and PDE9A inhibitors have all been shown to facilitate hippocampal LTP. As stated above, cAMP and cGMP signaling is intimately involved in the regulation of synaptic function along the entire spatial and temporal continuum of plasticity. Given that PDE function is highly compartmentalized, it is a near certainty that each step in this continuum involves a distinct PDE isozyme. Thus, PDE2A, PDE4, PDE5A, and PDE9A inhibitors may all potentiate hippocampal LTP, but which specifically targets a signaling defect relevant to the synaptic pathology in AD? As a next step to address this issue, it would be very informative to conduct a comparative analysis of the effects of the relevant PDE inhibitors on plasticity at the CA3/CA1 synapse to establish the role and position of each of the cognate enzymes in the complex cascade of events mediating this type of plasticity. These inhibitors then become tools to investigate these specific steps in relevant disease models to determine whether a particular step represents a therapeutically relevant end point. Such an iterative approach should yield interesting insights into the disease and a better focus on the best new therapeutic opportunities.

Finally, the PDEs may be considered more broadly as potential therapeutic targets to treat a range of neuropsychiatric diseases that have as a fundamental pathology synaptic dysfunction. The most obvious examples of these are schizophrenia and autism. However, synaptic dysfunction may also play a principal, though underappreciated, role in neurodegenerative conditions beyond AD. In Parkinson's disease, the loss of dopamine nerve terminals in the striatum appears to precede loss of dopamine neurons in the substantia nigra. The loss of dopamine terminals is also significantly greater than that of cell bodies as the disease progresses. This suggests that therapeutic strategies that preserve dopamine terminals may have a significant impact on both the symptoms of Parkinson's disease and, perhaps, on disease progression. Similar arguments can be made in the treatment of Huntington's disease, where disruption of corticostriatal synapses may be, at least in part, responsible for the loss of cortical BDNF delivery to the vulnerable striatal medium spiny neurons as well as the retrograde transport of BDNF from striatum back to the cortex. Thus, in these cases, maintenance or facilitation of synaptic function through PDE inhibition goes beyond the scope of "cognition enhancement" toward promoting more fundamental brain functions. This is clearly an area for further investigations.

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# **Glutamate and Neurodegenerative Disease**

Eric Schaeffer and Allen Duplantier

Abstract As the main excitatory neurotransmitter in the mammalian central nervous system, glutamate is critically involved in most aspects of CNS function. Given this critical role, it is not surprising that glutamatergic dysfunction is associated with many CNS disorders. In this chapter, we review the literature that links aberrant glutamate neurotransmission with CNS pathology, with a focus on neurodegenerative diseases. The biology and pharmacology of the various glutamate receptor families are discussed, along with data which links these receptors with neurodegenerative conditions. In addition, we review progress that has been made in developing small molecule modulators of glutamate receptors and transporters, and describe how these compounds have helped us understand the complex pharmacology of glutamate in normal CNS function, as well as their potential for the treatment of neurodegenerative diseases.

**Keywords** Alzheimer's disease, AMPA, Excitatory amino acid transporter, Glutamate, Huntington's disease, mGluR, Neurodegeneration, NMDA, Parkinson's disease

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## 1 Introduction

As the major excitatory neurotransmitter in the mammalian central nervous system, glutamate plays a critical role in virtually all aspects of behavior, perception, and cognition. Decades of research have elucidated the molecular mechanisms involved in glutamate synthesis, vesicular trafficking, and synaptic transmission. In addition to its role as a neurotransmitter, glutamate is also an essential amino acid required for protein synthesis, and as such is present at much higher levels in the brain, than are most other neurotransmitters. Glutamate is synthesized from glutamine in the synaptic nerve terminal, where it is translocated into synaptic vesicles through the action of vesicular glutamate transporters (VGLUTs) [1]. When an action potential is fired, glutamate is released into the synaptic cleft, where it binds to and activates a wide variety of different receptors. Following release glutamate is then cleared from the synapse by the action of a family of excitatory amino acid transporters (EAATs), expressed predominantly on astrocytes [2]. Once taken up into the astrocyte, the glutamate is converted to glutamine and is stored in this form until additional levels of glutamate are required by the neuron. This intimate relationship between neurons and astrocytes is unique to this excitatory neurotransmitter, and is thought to be an important mechanism for maintaining its potent excitatory activity in a quiescent state until required for synaptic function.

Glutamate signaling is mediated through several distinct classes of ligandgated ion channels (ionotropic glutamate receptors) [3, 4] as well as a family of Gprotein-coupled receptors (metabotropic glutamate receptors) [5]. There are three families of ionotropic glutamate receptors (1) *N*-methyl D-aspartate (NMDA) receptors, (2) 2-amino-3-(3-hydroxy-5-methylisoxazol-4-yl) propionic acid (AMPA) receptors, and (3) kainate (KA) receptors. Each of these receptor families was originally named for the ligand shown to selectively activate them. These pharmacological classifications are still used today, although with the molecular cloning of the protein subunits that make up these receptors we now have a better appreciation of the complexity and heterogeneity of each of these receptor families [4]. The metabotropic family of glutamate receptors (mGluRs) consists of eight receptor subtypes, and has been divided into three subfamilies or groups (see Sect. 1 for more detail). These receptors are found both pre- and postsynaptically, and are typically involved in modulating synaptic responses to glutamate. Unlike the ionotropic receptors which are generally involved in fast synaptic transmission, the metabotropic receptors tend to be involved in mediating slower responses to synaptic glutamate release, consistent with their G-protein-coupled signaling mechanism [5].

Under normal physiological conditions, glutamate signaling is a tightly regulated process. However, following acute neuronal injury as well as in chronic neurodegenerative conditions, these signaling systems can become dysfunctional due to either excessive or inadequate levels of extracellular glutamate. Prolonged exposure to elevated levels of glutamate may lead to overactivation of excitatory glutamate receptors, which in turn can result in an abnormally high influx of calcium into the cell [6]. This can occur most notably with the NMDA receptor, which as will be discussed below is preferentially permeable to calcium ions, but may also involve certain subtypes of AMPA receptors. Such prolonged increases in intracellular calcium can serve as a toxic trigger for activation of a number of calcium-sensitive intracellular processes including mitochondrial membrane depolarization, caspase activation, production of reactive oxygen species, and eventually cell death. This process by which elevated glutamate levels leads to prolonged receptor activation is referred to as excitotoxicity, and has been shown to play an important role in both acute neuronal injury and chronic neurodegenerative diseases [6]. Although the cause of elevated glutamatergic signaling can vary from increased release, to reduced uptake, to increased receptor number or activity, the resulting prolonged elevation in intracellular calcium and the downstream excitotoxic cascade appears to be a common mechanism involved in diverse CNS degenerative conditions.

Although excessive activation of glutamate receptors can be deleterious, reduced glutamatergic signaling is also associated with various pathological states. This has been particularly well established in schizophrenia, where reduced glutamatergic tone in prefrontal brain regions is thought to be a key underlying neurochemical deficit. Indeed, NMDA antagonists such as ketamine and phencyclidine give rise to psychotic-like symptoms and cognitive deficits in healthy subjects, and can exacerbate symptoms in schizophrenics. Current theories suggest that a prefrontal hypoglutamatergic state is particularly involved in the social withdrawal and cognitive deficits associated with schizophrenia, and treatments which enhance glutamatergic neurotransmission may be useful in treating these symptom domains [7]. Although these approaches are being explored extensively in the area of psychotic disorders, a more general role may exist for direct or indirect glutamate agonists as cognition enhancers, with potential relevance to neurodegenerative disease, where cognitive deficits are well known.

A wide variety of approaches for modulating glutamatergic transmission have been investigated as potential therapies for treating neurodegenerative as well as psychiatric conditions. These may involve modulating pre- or postsynaptic signaling through the use of selective receptor agonists and antagonists, as well as directly modulating the release or reuptake of the neurotransmitter. In this chapter, we have focused on some of the key evidence linking different glutamate receptors and other related targets with neurodegenerative diseases, and review examples of small molecule approaches that target different components of the glutamatergic synapse.

#### 2 NMDA Receptors

## 2.1 NMDA Receptor Biology

NMDA receptors are composed of four subunits derived from three subunit classes (NR1, NR2A-D, and NR3A and B). A typical NMDA receptor is a heterotetramer consisting of two NR1 and two NR2 subunits, with NR3 sometimes substituting for NR2 [8, 9]. These ligand-gated cation channels flux both  $Na^+$  and  $Ca^{2+}$  ions in response to glutamate stimulation with a greater permeability to  $Ca^{2+}$  than is seen for other ionotropic glutamate receptors [10, 11]. The degree of cation preference is influenced by the specific subunit composition, with NR2-containing receptors being highly permeable to  $Ca^{2+}$  ions [12]. In addition to the agonist glutamate, NMDA receptors also require binding of the coagonist glycine or D-serine in order for the channel to open [13, 14]. A unique property of the NMDA receptor is the fact that the channel pore is typically blocked by Mg<sup>2+</sup> at resting membrane potentials. When the neuronal cell membrane is depolarized in response to an excitatory stimulus, this  $Mg^{2+}$  block is removed, and in the presence of glutamate and glycine the channel will flux  $Ca^{2+}$  ions. The term "coincidence detector" has been used to describe the NMDA channel, since it will only open when two events postsynaptic cell depolarization and glutamate release – occur coincidentally [15]. This property is thought to make the NMDA receptor well suited to play a role in synaptic plasticity, learning and memory, and there is considerable evidence in support of these functions [16].

As described above, prolonged increases in extracellular glutamate, associated with a variety of acute and chronic neurodegenerative conditions, may lead to elevated intracellular calcium due to overstimulation of the NMDA receptor. The rationale for NMDA blockade as an approach for the treatment of stroke, mediated by reduced excitotoxic damage and enhanced cell survival has been well supported by animal model studies. However, despite the strong rationale for this mechanistic approach, clinical experience with NMDA antagonists has been largely negative, due to poor toleration and a general lack of efficacy [17, 18]. There tends to be a narrow window of opportunity after an ischemic event when excitotoxic damage occurs, and for practical reasons it has been difficult to treat stroke patients within this limited time window. Another important consideration is that, although blocking NMDA receptors proximal to a lesion may attenuate cell death associated with excitotoxicity, it will also interfere with the survival-promoting effects of NMDA activation that are a necessary part of the recovery process [17]. While the role of the NMDA receptor in excitotoxicity has been extensively studied, it has more recently been shown that NMDA activation also plays a critical role in normal cellular physiology and can be an important neuroprotective mechanism [19]. Blockade of NMDA receptors more distal to an ischemic lesion will interfere with a prosurvival function leading to apoptosis and further functional impairment [20]. Thus, the response of neurons to NMDA activation follows a bell-shaped curve, with too much, or too little stimulation being detrimental to neuronal health and survival [21]. The NMDA receptor is linked with a large intracellular protein complex via the C-terminal tails of the NR1 and NR2 subunits. This protein complex, which is localized to the intracellular side of the postsynaptic membrane, positions the proteins involved in transducing the NMDA receptor signal in close proximity to where  $Ca^{2+}$  enters the cell [22]. The signaling pathways downstream from the NMDA receptor that mediate the prosurvival functions involves activation of protein kinases such as the PI3K/Akt cascade, which may be activated via influx of calcium [23, 24]. NMDA receptor activation has also been shown to result in a calcium-dependant phosphorylation of the transcription factor CREB by multiple protein kinases [25], which has been linked with prosurvival effects both in vitro [26, 27] and in vivo [28]. The body of work linking NMDA activation with antiapoptotic activity and prosurvival signaling is now extensive, and would suggest that while NMDA antagonists may have utility in treating neurodegenerative disease, this will have to be balanced with maintaining normal function to promote endogenous recovery processes.

While modulation of NMDA function has been explored with regard to the treatment of acute neuronal injury, it has also received considerable attention with respect to the etiology and treatment of several chronic neurodegenerative conditions. As the etiologies of diseases such as Alzheimer's disease (AD), Parkinson's disease (PD), and Huntingon's disease (HD) have been studied, it has become apparent that normal excitatory neurotransmission and plasticity is compromised in various brain regions, and that dysregulation of neurotransmitter systems can occur early in the disease process, often before frank neuropathology is detectable.

Alzheimer's disease is classically characterized by two neuropathological hallmarks (1)  $\beta$ -amyloid plaques, containing the amyloid  $\beta$ -peptide (A $\beta$ ) and (2) neurofibrillary tangles, consisting mainly of hyperphosphorylated tau protein. While these proteinaceous deposits are clearly present late in the disease process, it is increasingly clear that synaptic pathology occurs before these protein aggregates are present, and it is the deterioration of synaptic function which correlates most directly with symptom progression [29, 30]. Studies looking at the effects of the AB peptide on cell function, as well as transgenic mouse models, which overexpress the human amyloid precursor protein (hAPP), have shed light on the relationship between AD pathology and glutamate receptors. In rodent studies, it has been shown that administration of A $\beta$  peptides (A $\beta$ 1-42 and A $\beta$ 25-35) promotes a cascade of events involving astroglial depolarization, increases in extracellular glutamate and activation of NMDA receptors. Consistent with a critical role for the NMDA receptor in mediating the toxic effects of  $A\beta$  is the fact that treatment of rats with the NMDA antagonist dizocilpine, reduced the toxicity observed [31]. Similar studies have shown that the toxic effects of direct injection of A<sub>β</sub>1-40 into the rat hippocampus can be blocked by the weak NMDA antagonist memantine (Compound 9, Fig. 2) [32]. Interestingly, it has also been shown that more modest activation of NMDA receptors can lead to increased production of A $\beta$ , through a shift from normal processing of hAPP via  $\alpha$ -secretase, to pathological processing via  $\beta$ -secretase. This leads to the plausible hypothesis of a positive

feed-forward loop, where NMDA activation enhances A $\beta$  production, which in turn leads to further, and potentially toxic NMDA activity [33].

Beyond the excitotoxic role of NMDA receptors, there is also evidence suggesting that earlier in the AD process, A $\beta$  may play a role in downregulation of NMDA receptors through increased endocytosis and decreased surface expression. This would have clear consequences for reduced glutamatergic transmission, which may occur early in the disease. A number of studies have supported this mechanism by showing that incubation of A $\beta$ 1-42 peptide with cultured neurons [34, 35] can result in reduced surface expression of NMDA receptors. In addition to reducing receptor expression, A $\beta$  has also been shown to have a direct or indirect modulating effect on NMDA function [35, 36], and NMDA-mediated plasticity [37]. Thus, by modulating NMDA receptor expression and/or function, A $\beta$  may have profound effects on glutamatergic signaling in AD. Based on the above findings, the directionality of NMDA modulation may need to differ depending on the stage of disease, with activators being useful in early disease and blockers being more appropriate later.

Reduced NMDA function in AD, as well as in psychiatric conditions such as schizophrenia, is thought to be associated with cognitive impairment. This has led to an interest in the identification of compounds which function as agonists at this receptor. While direct agonists that bind to the glutamate-binding site (including NMDA itself) are generally excitotoxic, a more subtle approach for NMDA activation has been proposed through activation of the glycine coagonist site [38]. Current approaches include drugs which bind directly to the glycine site, as well as inhibitors of the glycine transporter as a means of elevating the endogenous ligand. These agents have shown promise in animal studies [39], and preliminary clinical data suggest the potential for efficacy in treating the negative and cognitive symptoms of schizophrenia [40].

NMDA receptors are expressed throughout the basal ganglia, and prominently on the medium spiny neurons (MSNs) of the striatum, where they play important roles in regulating motor and cognitive functions. It is thus not surprising that the NMDA receptor has been explored as a therapeutic target in the treatment of conditions that involve degeneration of striatal neurons themselves, as well as populations of dopaminergic neurons that project to the striatum. In PD, the loss of dopaminergic innervation of the striatum results in overactivity of the indirect pathway, and a consequent hyperactivation of the subthalamic nucleus (STN) (the role of glutamatergic neurotransmission and PD has been recently reviewed by Johnson et al. [41]). The hyperactivity of the STN is thought to play a critical role in the etiology of PD motor symptoms, and may also lead to excitotoxicity, and further degeneration of the remaining substantia nigra compacta (SNc) neurons. Because NMDA receptors play an important role in regulating the excitatory transmission of the STN and striatum [42], it has been suggested that blockade of NMDA receptors may be a beneficial therapeutic strategy. Consistent with this idea, it has been demonstrated that treatment with NMDA antagonists can attenuate symptoms in both acute [43-45] and chronic [46-48] models of PD. Further work has shown that direct infusion of NMDA antagonists into various basal

ganglia regions provides antiparkinsonian effects in PD animal models, suggesting that reduction of NMDA activity in the indirect pathway and output nuclei of the basal ganglia may provide therapeutic benefit [43, 49]. The acute efficacy observed in these studies is consistent with a symptomatic benefit. However, longer term treatment with NMDA antagonists may have the potential to impact disease progression through attenuation of excitotoxic damage of dopaminergic neurons in the SNc. In addition, NMDA antagonists, through modulation of acetylcholine release from striatal interneurons, may have a beneficial effect on levodopa (L-DOPA)-induced dyskinesias, suggesting a benefit of using these drugs as adjunctive therapy [50–52].

Huntington's disease is an inherited neurodegenerative disorder, caused by an expansion of a poly-glutamine repeat region within the huntingtin (htt) gene [53, 54]. Although many brain regions are affected, the MSNs of the striatum have been a focus of research in this disease, since these neurons appear to be especially sensitive to degeneration and death [55]. While the gene responsible for this disease was identified more than 15 years ago, the mechanisms which link the mutant form of the htt protein (mHtt) with neuronal cell death remain obscure. With that said, there are a number of studies which have linked mHtt with dysregulation of glutamate neurotransmission [56–58]. As in other neurodegenerative diseases, excitotoxicity has been a leading hypothesis for cell death in HD, and mHtt has been suggested to enhance NMDA function and calcium signaling [59, 60]. A physical association has been shown between Htt and the NMDA receptor-PSD95 complex, suggesting a direct role for Htt in modulating NMDA signaling [61, 62]. Other studies have suggested that mHtt may modulate NMDA function through influencing gene expression of the receptor subunits NR1A and NR2B [63]. Studies in HD animal models have supported dysregulation of NMDA function as an etiological factor in the disease, and altered NMDA function has been observed in corticostriatal synapses as well as striatal neurons from HD models [64]. Finally, recent work has shown that extrasynaptic NMDA receptors, which are involved in mediating the neurotoxic effects of NMDA receptor activation, are selectively upregulated in HD mouse models. Interestingly, low doses of the weak NMDA antagonist memantine, shown to selectively block extrasynaptic (but not synaptic) NMDA receptors, are able to ameliorate some of the neuropathological and behavioral manifestations of the disease [65, 66].

Due to the widespread expression of NMDA receptors throughout the brain, and their involvement in a wide range of CNS functions, there continues to be concern about side effects from nonselective NMDA antagonists, ranging from cognitive and motor impairment, to psychotomimetic effects [67]. To partly address these concerns, there has been more recent interest in the potential of subtype selective NMDA antagonists as a path to obtaining some of the beneficial effects of these drugs, with less of the safety and side effect liabilities. The NR2B subunit is highly expressed throughout the basal ganglia, and the availability of NR2B selective antagonists has provided the opportunity to test the potential benefits of subtype selective agents.



Fig. 1 NR2B selective antagonists

## 2.2 NMDA Receptor Modulators

As previously stated, the NMDA receptor is composed of two NR1 subunits and two subunits from the group of NR2A-D and/or NR3A-B. The glutamate-binding site exists at the cleft between the NR1 and NR2/3 subunits and the allosteric glycine-binding site is located solely on the NR1 subunit. Compounds that discriminate how they bind among the multiple NMDA-binding sites can have varying effects on the pharmacology and functional outcomes of receptor activation. The concerns over excitotoxicity due to full agonism of the NMDA receptor have been lessened by targeting the allosteric glycine site that is believed to be unsaturated in vivo. The glycine site can also be modulated by increasing the extracellular levels of the endogenous ligands, glycine, and D-serine. This can be accomplished by blocking the reuptake of glycine via inhibition of the glyT-1 transporter or by inhibiting D-amino acid oxidase (DAAO), the enzyme responsible for the metabolic breakdown of D-serine. In addition, regulation of kynurenic acid, a degradation

product of tryptophan that is an endogenous competitive antagonist of the strychnine-insensitive glycine-binding site, is yet another avenue for modulating the NMDA receptor. Compounds that positively modulate the NMDA receptor through either direct agonism of the glycine site [68, 69], inhibition of the glycine transporter [68, 70, 71], inhibition of DAAO [72, 73], or reduction of the endogenous levels of kynurenic acid have been targeted for the treatment of schizophrenia and will not be further discussed here.

Regarding negative modulation of the NMDA receptor, high-affinity (noncompetitive) NMDA channel blockers (e.g., dizocilpine and phencyclidine) and competitive NMDA antagonists are known to have serious side effects at minimal effective clinical doses. However, there is an example of a low-affinity channel blocker, (memantine, compound 9, Fig. 2) that appears to block pathological, but not physiological activation of the NMDA receptor. Memantine is a prototype of a fast off-rate NMDA receptor antagonist that preferentially blocks NMDA receptors in their open state (only after channel opening) during the chronic, low level excitation that may be associated with AD. However, memantine dissociates from the receptor in response to the strong short-lived depolarizations that normally trigger NMDA receptor activity. It should be noted that memantine is not selective at concentrations above 10-50 µM where it can interact with other CNS targets (e.g., serotonin, dopamine uptake, nicotinic acetylcholine receptors) and potentially confound the mechanism of its therapeutic efficacy [74]. Interestingly,  $Mg^{2+}$ , an endogenous NMDA receptor channel blocker, may play a critical role in determining memantine's NMDA selectivity profile. At physiological concentrations of Mg<sup>2+</sup>, memantine is more selective for NR2C and NR2D subunits over NR2A and NR2B subunits [75]. The preclinical data, mechanism of action, and clinical efficacy of memantine have been thoroughly reviewed [74, 76–78]. Antagonists of the glycine site of the NMDA receptor have also been reported [79-81] with the goal of increasing the therapeutic window [82, 83], but this approach has largely been deprioritized in recent years as efforts have shifted towards the pursuit of selective noncompetitive antagonists. Thus far, it has been difficult to obtain selective NR2A, NR2C, or NR2D antagonists that are also bioavailable and brain penetrant [84-86] and most reports have centered on the NR2B subunit.

Medicinal chemistry efforts around the NR2B receptor have predominantly focused on the phenylethanolamine series of NR2B selective noncompetitive antagonists, and this series is represented by **1** (ifenprodil), **2** (eliprodil), **3** (traxoprodil or CP-101606), **4** (radiprodil or RGH-896), and **5** (besonprodil or CI-1041) (Fig. 1) [87, 88]. In preclinical studies, CI-1041, when coadministered with





L-DOPA, completely prevented the induction of dyskinesias in three out of four PD model monkeys, suggesting that antagonism of NR2B-containing NMDA receptor subtypes may prevent L-DOPA-induced dyskinesias in PD patients [89]. More recent monkey studies using CI-1041 showed that NR2B receptors play a greater role in L-DOPA-induced dyskinesias than NR2A receptors [90]. In contrast to nonselective NMDA antagonists, the NR2B selective antagonist 6 (propanolamine)  $(IC_{50} = 50 \text{ nM})$ , did not cause increased locomotion in rodents, suggesting potential for an improved therapeutic window [91]. In the absence of crystallographic information of the binding site, homology modeling of the NR2B modulatory domain with ifenprodil suggests that the closed conformation of the R1-R2 domain, rather than the open, constitutes the high-affinity binding site [92]. Subsequent computational efforts have led to a pharmacophore model that was used to generate alternative indole substitution off of the piperidine nitrogen of ifenprodil [93]. Analogs incorporating other heterocyclic groups, such as the 5-substituted benzimidazoles 7 ( $K_i = 0.99$  nM) and 8 ( $K_i = 0.68$  nM) were shown to inhibit NR2B receptors via direct binding to the amino-terminal domain of the NR2B subunit and to effectively protect rat primary cortical neurons against NMDA-induced excitotoxicity [94]. Compounds 7 and 8 significantly reversed neuronal death at concentrations 1.5 and 10-fold their  $K_i$ , respectively. Another class of noncompetitive NMDA receptor modulators are the ligands for imidazoline I<sub>2</sub> receptors, such as 10 (Idazoxan) and 11 (2-BFI) (Fig. 2) [95]. Compounds 10 and 11 reversibly blocked Ca<sup>2+</sup> influx in cortical neurons in a fashion similar to that of memantine. NMDA receptor selectivity was not reported. Nevertheless, these compounds suppressed NMDA receptor-mediated calpain activity as a result of blocking NMDA receptor function, rather than through direct inhibition of calpain.

### **3** AMPA Receptors

#### 3.1 AMPA and Kainate Receptor Biology

AMPA receptors are primarily responsible for mediating fast excitatory neurotransmission in the CNS. Within this section, we also discuss the kainate (KA) receptors, which although structurally and pharmacologically are closely related to AMPA receptors, are much less well understood with regard to their CNS function. In fact, although the agonists AMPA and KA do distinguish between these receptors, virtually all competitive antagonists that have been discovered show cross-reactivity between these two receptor classes, further supporting their close relationship. Given the difficulty in functionally differentiating the AMPA and KA receptors, more recent classification schemes have moved away from referring to them by their preferred agonist, and instead utilize a molecular nomenclature based on receptor subunit composition.

Molecular cloning led to the identification of four AMPA receptor subunits termed GluR1-4, as well as five KA subunits termed GluR5-7 and KA1-2 [96]. As with

NMDA receptors, the AMPA and KA receptor subunits assemble to form heterotetramers which function as ligand-gated ion channels, with permeability to Na<sup>+</sup>,  $K^+$ , and  $Ca^{2+}$  ions [97–99]. Although subunits will generally coassemble with other members from the same subfamily, there are still many possible combinations of heterotetramers, and this structural diversity can lead to important functional differences. An additional level of heterogeneity exists among the AMPA subunits which are alternatively spliced to yield either a "flip" or "flop" isoform. The presence of these different splice variants confers distinct desensitization properties on the channels [100]. In addition, the GluR2 subunit is particularly important for determining ion selectivity, in that channels containing this subunit show greater permeability to  $Ca^{2+}$  [101, 102]. AMPA receptors are broadly expressed throughout the CNS [103]. All subunits are expressed in many brain regions, and different heterotetrameric combinations may be expressed within a single cell. While AMPA receptors are predominantly expressed postsynaptically [104], more recent work has shown that at least in some cases these receptors may be found on presynaptic terminals, and regulate neurotransmitter release [105–107].

AMPA and KA receptors show fast-gating kinetics, desensitize rapidly and mediate rapid glutamatergic neurotransmission [97]. In contrast to the NMDA receptor which requires the coagonist glycine to be activated, AMPA and KA receptors only require the presence of glutamate to induce channel opening. Given the ability of AMPA receptors to flux  $Ca^{2+}$  ions, it is not surprising that in the presence of high levels of extracellular glutamate, hyperactivation of these channels may lead to neuronal injury and death. Thus, AMPA receptor antagonists have received attention for the treatment of a variety of both acute and chronic neurodegenerative conditions. Many studies have shown that in models of global and focal ischemia, high levels of synaptic glutamate are released, and AMPA receptors are overstimulated [108, 109]. AMPA antagonists have been demonstrated to have a positive impact on neuronal survival in these experimental paradigms [110, 111]. Epilepsy is another condition involving excessive glutamate release and AMPA receptor activation [112, 113], and AMPA antagonists have been used successfully both as anticonvulsants to control seizures [114], and as neuroprotectants to reduce post seizure neuronal damage [115, 116]. Indeed, some currently marketed anticonvulsant agents have AMPA antagonist activity, which may be in part responsible for their efficacy [114]. Traumatic brain injury is another example of acute CNS damage leading to excessive glutamate release. AMPA antagonists have been shown to be effective when administered either before or after the trauma in animal models of brain injury [111]. While AMPA receptor antagonists show a distinct efficacy profile from NMDA antagonists, these two classes of agents are also distinct in terms of their side effect burden. AMPA antagonists are generally not associated with the psychotomimetic and cognitive liabilities of the NMDA receptor blockers and as such may present fewer hurdles to clinical advancement. With that said, because of the widespread distribution of AMPA receptors, AMPA antagonists are likely to have side effects of their own, some of which may be mitigated by the use of subtype selective agents.

In addition to the involvement of AMPA receptors in mediating the effects of acute neuronal injury, there is also substantial evidence implicating this receptor family in more chronic neurodegenerative conditions. AMPA receptors have been shown to play an important role in well-known forms of synaptic plasticity termed long-term potentiation (LTP) and long-term depression (LTD) [117, 118]. Studies have shown that LTP is associated with increased insertion of AMPA receptors into the postsynaptic membrane, while LTD involves reduced surface expression of AMPA receptors [117-120]. Additional evidence has linked deficits in LTP and LTD with animal models of AD [121], thus supporting the possibility that aberrant AMPA receptor expression or function may play a role in this disease. Several studies have shown decreased AMPA binding sites early in AD, consistent with decreased AMPA receptor expression [122-124]. One mechanism that may link AD pathology with decreased AMPA receptor expression is the induction by the A $\beta$  peptide of the cysteine protease, caspase [125]. The induction of caspase by A $\beta$ , which has been seen in AD brain as well as cultured rat neurons treated with the A $\beta$  peptide, is a key step in A $\beta$ -mediated apoptotic cell death. Induction of this protease has been suggested to lead to AMPA cleavage, which is further supported by the presence of a caspase-3 cleavage site within AMPA subunits. This action of caspase shows some specificity in that levels of NMDA receptors are unaffected by the AB peptide, consistent with this receptor not being a caspase substrate. In addition to a putative effect on AMPA receptor degradation, the  $A\beta$  peptide may have a direct modulatory effect on these receptors. For example, treatment of cultured hippocampal neurons with A\beta1-42 peptide reduces AMPA-evoked current. Furthermore, this effect is selective, with the AB1-42 peptide enhancing, rather than decreasing activity of NMDA receptors [126]. In addition, different forms of the A $\beta$  peptide can have very different effects, with A\beta1-42 reducing AMPA function, while A\beta1-40 potentiates AMPA activity, arguing for a fairly specific interaction between the peptide and AMPA subunits [127]. In addition to a direct modulatory role on AMPA function, data suggest that the A $\beta$  peptide can also influence postsynaptic expression of the AMPA receptor through a variety of possible mechanisms. For example, treatment with A $\beta$ 1-42 peptide during the induction of LTP has been shown to reduce autophosphorylation of CamKII and the subsequent phosphorylation of the GluR1 subunit [128]. In addition, in cultured neurons expressing A $\beta$  endogenously (from APP transgenic mice) or when exogenously applied, a reduction in PSD95 can be observed, which in turn is associated with a reduction in AMPA receptor expression at the postsynaptic membrane [129].

The interaction between  $A\beta$  and AMPA receptors is complex and may vary with cell type and the specific form of the  $A\beta$  peptide. For instance  $A\beta$ 1-42 toxicity is attenuated in retinal neurons following blockade of AMPA receptors [130], while  $A\beta$ 25-35 toxicity in cerebellar granule cells is enhanced by AMPA antagonists [131]. While the reasons for these mechanistic differences are not entirely clear, the effects of  $A\beta$  on AMPA function may be mediated indirectly via increases in extracellular glutamate, rather than a direct modulatory effect of the peptide on the AMPA receptor itself. Additional support for a role of AMPA receptors in AD

comes from hAPP transgenic animals. In cultured neurons from these animals, there is a marked reduction in excitatory postsynaptic currents, and specifically those mediated by AMPA as opposed to NMDA receptors [132]. An additional mechanism by which A $\beta$  has also been suggested to mediate AMPA receptor down-regulation is through enhanced phosphorylation of the GluR2 subunit which stimulates endocytosis [133, 134]. The above evidence indicating reduced AMPA function in AD would suggest that AMPA activators will be beneficial in the treatment of this disease.

Given that a hyperglutamatergic state exists in PD, and the key role of AMPAmediated neurotransmission in the basal ganglia, AMPA antagonists might be predicted to provide therapeutic benefit in the treatment of this disorder. However, there have been a number of studies showing that AMPA antagonists, when administered alone, are not effective at reversing the motor symptoms in animal models of PD involving acute treatment with cataleptic agents (e.g., D2 receptor antagonists) [135, 136]. Similarly, AMPA blockade does not provide benefit in more chronic models of PD including 6-hydroxydopamine (6-OHDA)-lesioned rodents and 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP)-treated primates [137, 138]. Although AMPA antagonists have not generally shown efficacy on their own, when administered in conjunction with L-DOPA, they are effective in reversing motoric symptoms, suggesting therapeutic potential in patients as an adjunct to L-DOPA treatment [137–139]. Interestingly, AMPA antagonist efficacy has been most clearly shown in models involving toxin-induced degeneration of SNc neurons, which may be more relevant to the human disease than acute models involving D2 receptor antagonists. As discussed above for NMDA antagonists, AMPA blockade may have the potential to reduce degeneration of dopaminergic SNc neurons, but this is not likely to occur in the short-term studies described above. Beyond their potential utility as a symptomatic therapy in PD, AMPA antagonists may have greater utility in treating the motoric side effects associated with long-term treatment with L-DOPA. It has now been shown in both rodent and primate models of PD that L-DOPA-induced dyskinesias may be attenuated by AMPA receptor blockade [140-142]. In addition, an AMPA positive allosteric modulator, which increases AMPA function, was reported to exacerbate these dyskinesias, lending further support to the key role of AMPA receptors in mediating the deleterious side effects of L-DOPA treatment [140].

As described above for the NMDA receptor, reduced glutamatergic signaling through the AMPA receptor has also been associated with cognitive deficits, and thus the identification of agents capable of increasing AMPA activity is an area of active pharmaceutical research. Positive allosteric modulators of the AMPA receptor have shown efficacy in a variety of animal models of cognitive impairment, and early clinical studies have suggested that this class of agents is well tolerated in humans [143, 144]. Although clinical efficacy of these compounds remains to be established, a number of trials are underway to further explore the potential of these agents in a variety of diseases involving cognitive deficits, including AD, schizophrenia, mild cognitive impairment, depression, and fragile X syndrome [145].

# 3.2 AMPA Receptor Modulators

Compounds that positively modulate the AMPA receptor have been reviewed [146, 147]. The first reports of AMPA receptor modulators, appearing over 20 years ago, were plant lectins (e.g., concanavalin A) that inhibited rapid non-NMDA receptor desensitization [148]. Shortly after, the nootropic drug **12** (aniracetam) (Fig. 3), which was reported to effect learning and memory, was found to selectively



Fig. 3 Structures of positive AMPA receptor modulators

potentiate the responses mediated by the guisgualate (later renamed AMPA) receptor channel and provided evidence for reversible non-NMDA allosteric potentiation [149]. Recently, the binding mode of aniracetam and other nootropic agents such as 13 (piracetam) at the AMPA allosteric binding site was reported [150]. A more potent AMPA modulator, 14 (cyclothiazide), caused glutamate to induce long bursts of channel openings and greatly increased the number of repeated openings at  $10 \mu M$  [151]. These early modulators were useful tools for evaluating the AMPA receptor in vitro, but were less useful in vivo due to poor pharmacokinetic (PK) properties and limited brain exposure (aniracetam is rapidly metabolized to anisoyl  $\gamma$ -aminobutyric acid and cyclothiazide does not cross the blood-brain barrier). Efforts to improve brain penetration and metabolic stability led to the discovery of 15 (1-BCP) [152] and 16 (BDP-12 or CX 516) [153], both of which were shown to improve performance in memory task experiments. The in vivo effects of these compounds in rodents as well as an initial human study with CX516 showing improved memory in aged individuals have been reviewed [143]. Recent updates to the clinical assessment of CX 516 reported that it failed to improve delayed verbal recall in a group of subjects with mild cognitive impairment, and did not improve cognition in schizophrenic patients when added to the antipsychotic drugs clozapine, olanzapine, or risperidone [154]. However, CX 516 is a low potency agent (EC<sub>50</sub> > 1 mM) with a short human half-life ( $T_{1/2} = 1$  h); hence, it is unlikely that even the selected high dose (900 mg, three times daily) provided adequate exposure. Low potency thiazides such as 17 (diazoxide) require 100-500 µM concentrations to stimulate AMPA receptors, which are levels also known to bind to potassium channels [155]. Saturation of the C=N bond of 17 led to a threefold increase in potency (compound 18, IDRA 21). Subsequent structure-activity relationships (SAR) developed around IDRA 21 led to the observation that ethyl substitution at the 5'-position gave a 30-fold improvement in affinity (EC<sub>50</sub> = 22  $\mu$ M), and the *N*-ethyl analog, **19**, gave a positive effect in an object recognition test in rats demonstrating cognition enhancing potential [156, 157]. In efforts to improve metabolic stability, fluorination of this ethyl group by a single fluorine atom did not affect potency, but led to unexpected toxicity [158], whereas addition of multiple fluorine atoms led to decreased potency. A pyridyl analog of 19 (20) was also active in the object recognition test as well as a rat social recognition test [0.3 mg/kg, intraperitoneally (i.p.)] [159]. Tying the N-ethyl group onto the thiadiazine ring (21, S 18986) selectively improved aged mouse performance in a test of long-term/declarative memory flexibility and exerted a beneficial effect in a short-term/working memory test [160]. In efforts to understand the binding mode of the thiazide series, a crystal structure of the allosteric binding site of GluR2 bound to a set of thiazide derivatives was recently reported and revealed that these compounds maintain a hydrogen bond with the Ser754 hydroxyl, supporting a partial selectivity for the flip variant of the AMPA receptor [161]. The interaction of the NH hydrogen bond donor in the 4-position of cyclothiazide appears to be a major determinant of the receptor desensitization kinetics [162].

Further SAR development around these early modulators led to novel sulfonamides with improved potency. Compound 22 (PEPA), a flop-preferring allosteric modulator of AMPA receptor desensitization, was reported to be greater than 100fold more potent than aniracetam [163]. Furthermore, the biaryl sulfonamide **23** was shown to be greater than 100-fold more potent than cyclothiazide [164]. A binding mode at the dimer interface of the GluR2/4 receptor for the biarylsulfonamide class of compounds has been proposed based on docking, analysis of hydrogen bonding patterns, and calculated energies [165]. The bis-sulfonamide **24** (LY451395) was evaluated in a phase II AD clinical trial, but unfortunately did not show a significant improvement on the AD Assessment Scale – Cognitive Subscale [166]. However, toxicological issues prevented clinical evaluation at the maximum tolerated dose, and it is unclear whether sufficient exposure was achieved to test the hypothesis. Alternative chemical lead matter unrelated to the thiazides and sulfonamides was discovered from a high-throughput screen (HTS) using human cloned homomeric AMPA receptors, and led to the discovery of thiophene **25** [167], and its pyrole analog **26** [168].

In 2001, Nikam and Kornberg reviewed the SAR and proposed pharmacophore models for AMPA receptor antagonists and negative allosteric modulators (NAMs) [169]. From a structural point of view, AMPA antagonists were divided into three classes. (a) The first class are closely related analogs of AMPA and kainic acid that are amino acids with generally poor physicochemical properties, making bioavailability and brain penetration difficult to achieve. (b) The decahydroisoquinolines (e. g., **27**; Fig. 4) are also amino acids with poor physical properties. For the interested reader, molecular modeling information is available that suggests where the carboxylic acid, amino group, and tetrazole bind at the receptor for this series [170]. (c) The quinoxaline-2,3-diones, represented by **28** (CNQX), **29** (NBQX) and **30** (PNQX), generally have selectivity issues versus the NMDA-associated glycine-binding site, but SAR exists to differentiate AMPA antagonism [169]. It is note-worthy that the pyrazoloquinazolone **31** has shown high AMPA affinity ( $K_i = 100$  nM) and is greater than 1,000-fold selective over the glycine site of the NMDA receptor [171].



Fig. 4 AMPA receptor antagonists

Noncompetitive AMPA receptor antagonists have the theoretical advantage of counteracting excitotoxicity even at high glutamate concentrations, and show less adverse side effects compared to competitive antagonists. Radioligand binding assays [172] have aided in the identification of allosteric modulators of the AMPA receptor. Reported NAMs have been derived from 2,3-benzodiazepines, starting from 32 (GYKI 52466;  $IC_{50} = 2.7 \mu M$ ; Fig. 5) [169]. Several closely related analogs such as 33 (CFM-2) and 34 had similar potency, and 34 noncompetitively inhibited AMPA receptor-mediated toxicity in primary mouse hippocampal cultures (IC<sub>50</sub> =  $1.6 \mu$ M) and blocked kainate-induced calcium influx in rat cerebellar granule cells (IC<sub>50</sub> = 6.4  $\mu$ M) [173]. Chiral analogs, **35** (LY300164, talampanel) and 36 (LY30370), were also active in vivo [174]. Moreover, talampanel significantly reduced seizures in humans [175], and the more potent LY30370 was shown to be a powerful neuroprotective agent in a model of AMPA receptor-mediated excitotoxicity [174]. Condensing the seven-membered fused ring of LY30370 to a 1,2-dihydrophthalazine ring system exemplified by 37 (SYM 2207) gave similar AMPA potency (IC<sub>50</sub> = 1.8  $\mu$ M) [176]. Replacement of the dioxolane moiety of



Fig. 5 AMPA receptor noncompetitive antagonists

SYM 2207 with methoxy **38** (SYM 2189) was also equipotent, but had the added benefit of reduced sedative side effects [177]. Other analogs such as the tetrahydroquinolines **39** and **40** had potencies comparable to that of talampanel [178, 179]. For the interested reader, the EC<sub>50</sub>s for anticonvulsant activity of a large set of 2,3benzodiazepines, annealated 2,3-benzodiazepines, 1,2-phthalazines, and tetrahydroisoquinolines were tabulated and subjected to a QSAR analysis [180]. Also, much has been learned in recent years about how compounds bind to the AMPA receptor binding domain. The structures of the binding domain (S1S2) of the GluR3 (flip) AMPA receptor subunit bound to glutamate and AMPA and the GluR2 (flop) subunit bound to glutamate were determined by X-ray crystallography [181].

## 4 Metabotropic Glutamate Receptors

## 4.1 Metabotropic Glutamate Receptor Biology

The metabotropic glutamate receptors (mGluRs) are a family of G-protein-coupled receptors, which modulate excitatory and inhibitory neurotransmission, both preand postsynaptically. This class of receptors consists of eight members, which are grouped based on sequence homology, ligand binding, and G-protein coupling specificity. The group I receptors (mGluR1 and mGluR5) signal through Gq and activate the phospholipase C pathway, leading to increases in intracellular calcium and activation of protein kinase C [182, 183]. These receptors are preferentially localized postsynaptically in neurons. They are also expressed in glial cells, although their function here is less well studied [184]. Group II receptors (mGluR2 and mGluR3) couple to Gi/Go, signal through the inhibition of adenylate cyclase, and are typically localized presynaptically [185]. Group III receptors (mGluR4, 6, 7, and 8) also couple with Gi/Go and signal through inhibition of adenylate cyclase. Like group II, these receptors are also generally located presynaptically, where they modulate ion channel activity and neurotransmitter release [186, 187].

Generally the mGluRs play a neuromodulatory role, serving to either reduce or potentiate synaptic transmission. For this reason, mGluRs have received a great deal of attention as drug targets in the treatment of neurodegenerative diseases. In AD, some of the key modulatory functions of mGluRs may be disrupted, potentially as a direct consequence of A $\beta$  peptide expression. In cultured prefrontal cortical neurons, activation of group II mGluRs will potentiate NMDA function, and mGluR5 agonists will increase GABA transmission. In both of these cases, mGluR signaling is known to occur via the enzyme PKC, and following application of the A $\beta$  peptide, the potentiating effects of these receptors is abolished. It has been suggested that this A $\beta$ -mediated inhibition is likely to occur through blockade of PKC activation [36]. These effects on mGluR signaling are potentially quite significant, since GABA and NMDA neurotransmission are both critically involved in the normal cognitive function of prefrontal neurons [188, 189], and this mechanism may partly explain how A $\beta$  can contribute to cognitive decline in AD. Additional evidence comes from studies showing that group I mGluR signaling is impaired in prefrontal brain regions in AD and deteriorates as the disease progresses [190]. Although postsynaptic signaling appears to be impaired in AD, other studies have shown that a presynaptic dysfunction also may exist. It has been shown that introduction of the A $\beta$  peptide into hippocampal slice preparations can lead to a strong downregulation of the synaptic vesicle protein synaptophysin [191]. Furthermore, in both animal models and postmortem AD brains, downregulation of key signaling enzymes like calcineurin [192] and decreased expression of synaptophysin are consistent with presynaptic dysfunction [126, 193, 194]. In addition, synaptic vesicle recycling and transmitter release appear to be negatively impacted by A $\beta$  produced by mouse neurons overexpressing hAPP [132]. Taken together, the above data suggest that in AD there are fundamental deficits in presynaptic structure and function, and that mGluR signaling may also be impaired. In light of these observations, approaches to enhance nerve terminal function through modulation of mGluRs may represent a viable therapeutic strategy.

In the case of the group I receptors, activation is generally associated with increased neuronal excitability, and antagonists of mGluR1 and mGluR5 will typically attenuate neuronal activity [195, 196]. Since group I agonists potentiate glutamatergic signaling, it is not surprising that they can enhance the potency of NMDA-induced cell toxicity [197, 198]. Conversely, as might be predicted, blockade of group I receptors tends to be neuroprotective, and antagonists of these receptors have been shown to reduce neuronal death in vitro in response to a variety of toxic stimuli [199, 200]. Antagonists of mGluR1 have also been shown to be neuroprotective in in vivo models of acute neuronal damage including traumatic brain injury and cerebral ischemia [199, 201, 202]. Treatment with an mGluR1 antagonist has been shown to improve recovery in a spinal cord injury model, although this was not seen with blockade of mGluR5, showing that in some cases the two group I receptors serve different functions [203]. In fact, in contrast to the neuroprotective role seen with mGluR1 antagonists, it is mGluR5 agonists that have been shown to protect cultured neurons from apoptotic stimuli [204, 205]. mGluR5 is also expressed in glial cells and seems to play key roles in regulating their activity. For instance, stimulation of mGluR5 results in PKC activation and an attenuation of microglial activation and inflammation [206]. In a similar fashion, mGluR5 agonists have been shown to reduce cell death in astrocyte-neuron cocultures [207], as well as excitotoxicity in oligodendrocytes [208].

Group I mGluRs are widely expressed throughout the basal ganglia, where they play a modulatory function by counteracting the effects of dopamine and potentiating NMDA activity in striatal neurons [209–211]. Thus, antagonists at these receptors would be expected to attenuate the hyperactivity characteristic of the PD striatum, and to have antiparkinsonian effects. Consistent with this, the mGluR5 NAM MPEP (compound 79, Fig. 10) has shown efficacy in treating the akinesia observed in PD animal models including haloperidol- and 6-OHDA-treated rats [212–214]. Interestingly, mGluR5 has been shown to work synergistically with other receptors with which it is coexpressed. For instance, at submaximal doses,

MPEP coadministered with an A2a antagonist will reverse the motor symptoms in a 6-OHDA-treated rat [215, 216]. It has been shown that mGluR5 and A2a are coexpressed in D2-containing MSNs, and it has more recently been demonstrated that they can physically associate, providing a mechanistic explanation for the interaction of drugs modulating these two targets [217-220]. In a similar fashion, negative modulation of mGluR5 by MPEP can potentiate the effects of NMDA receptor blockade. In the 6-OHDA model, motor function was improved by cotreatment with MPEP and a low dose of the nonselective NMDA antagonist MK801 [221]. By lowering the minimum effective dose of MK801, MPEP may allow for the beneficial effects of NMDA blockade, while avoiding some of the undesirable side effects. Additional studies have sought to further localize the sites at which mGluR5 receptors may modulate basal ganglia function. Direct infusion of mGluR5 agonists into the striatum causes activation of neurons in the indirect pathway and a reduction in motor function [222, 223]. Furthermore, antagonism of mGluR5 with MPEP reduces activity at the striatopallidal synapse [224], and group I agonists excite STN and SNr neurons in brain slices treated with haloperidol. These results are consistent with mGluR5 blockade reducing hyperactivity of neurons in the indirect pathway, and provide a rationale for their potential efficacy in treating motor symptoms in PD patients [225]. Interestingly, mGluR5 antagonists may also have beneficial effects in treating the nonmotor symptoms of PD, including cognitive and psychiatric symptoms. MPEP demonstrated efficacy in reversing a cognitive impairment in a 6-OHDA-lesioned mouse model [226, 227]. In addition, there have been a number of studies in which efficacy has been demonstrated for MPEP in animal models of depression and anxiety [227, 228]. These results indicate that mGluR5 antagonists may have the potential to treat a range of motor and nonmotor symptoms in this disease.

Studies have shown that mGluR5 receptors are upregulated in MPTP-treated primates following chronic treatment with L-DOPA, suggesting that activation of mGluR5 may also be involved in side effects associated with this treatment [229]. This suggests the exciting possibility that mGluR5 antagonism may also be used to treat L-DOPA-induced dyskinesias. In support of this, treatment of 6-OHDA-lesioned rats, following chronic L-DOPA, with an mGluR5 antagonist, attenuated the L-DOPA-induced side effects [230, 231]. These data suggest that in addition to the potential benefits of mGuR5 antagonists in treating PD symptoms, they may be an effective adjunct when coadministered with L-DOPA therapy.

MGluR5 receptors have also been investigated as potential therapeutic targets in HD. Given the hyperglutamatergic state believed to play a role in this disease, blockade of postsynaptic mGluR5 receptors may provide neuroprotection against excitotoxic injury. This was explicitly tested in the R6/2 model of HD, which expresses the N-terminal polyQ region of the Htt protein. This is an aggressive disease model, with motoric symptoms apparent by 2 months, and death typically occurring before 4 months of age. In R6/2 mice treated with MPEP, an improvement in motor coordination, as measured by rotorod performance, was evident. In addition, MPEP-treated animals survived approximately 2 weeks longer than vehicle-treated controls [232]. The group II and III receptors are predominantly presynaptic and serve to regulate the release of neurotransmitters at the synaptic terminal, and are particularly important for the regulation of glutamate release [233]. Agonists that stimulate group II and III mGluRs have been the focus of recent research, and such compounds have been demonstrated to be neuroprotective in a number of in vitro and in vivo paradigms.

The group II mGluRs have also been extensively studied in the context of basal ganglia function and appear to be involved in regulating some of the key circuits that are dysfunctional in PD. It has been shown that activation of presynaptic group II receptors reduces excitatory transmission at the STN-SNr synapse, suggesting that agonists at these receptors may provide symptomatic benefit [234, 235]. In support of this, mGluR2 agonists have been shown to improve motor function in haloperidol- [234] and reserpine-treated rats [236]. However, somewhat surprisingly, activation of mGluR2 receptors does not show a similar benefit in more chronic PD models [237]. This raises some questions about whether activation of mGluR2 receptors will be effective in the disease state, which is presumed to be more closely related to chronic, rather than acute models of dopamine depletion. However, although the responsiveness of mGluR2 receptors to activation at the STN-SNr synapse may be attenuated in the PD brain, these receptors are expressed in other basal ganglia circuits where their regulation may differ. Consistent with this possibility, the efficacy of an mGluR2 agonist at reducing transmission at the corticostriatal synapse is actually increased in rats treated with 6-OHDA, and this effect is lost following L-DOPA treatment [238]. This result argues that in contrast to the STN-SNr synapse, mGluR2 receptor responsiveness to agonism may actually be enhanced at cortical terminals within the dopamine-depleted striatum.

In a similar fashion to what has been described for group II receptors, treatment of rat brain slices with the group III selective agonist, L-AP4, is associated with reduced activity at both the striatopallidal and the STN–SNr synapse [239–241]. The ability of group III receptor activation to reduce indirect pathway activity is also observed in vivo, with L-AP4 treatment of both acute and chronic PD animal models, leading to an improvement in motor function [240, 242]. Further support for the site of action of group III agonists comes from studies showing that direct infusion of L-AP4 into the pallidum attenuates motor symptoms in reserpinetreated rodents [242]. The above effects of L-AP4 were lost in a mGluR4 KO mouse, strongly implicating this receptor subtype in mediating the effects of this drug [240].

## 4.2 Metabotropic Glutamate Receptor Modulators

Both agonists and antagonists of groups I, II, and III mGluRs were thoroughly reviewed by Schoepp et al. in 1999 [243], and in the same year Pin et al. reviewed the structural features of the mGluR-binding site along with pharmacophore models of the mGluRs [244]. Competitive mGluR ligands have historically been

amino acid analogs derived from glutamate, where either (a) the conformation was fixed through mono-or bicyclic ring structures, (b) the linker between the two acid moieties was varied, (c) substituents were inserted into the glutamic acid structure, or (d) one of the acid groups were replaced with a bioisostere. These analogs have generally displayed poor selectivity between the mGluRs and have shown poor CNS exposure. The poor selectivity can be attributed to the high degree of sequence homology in the agonist-binding site between mGluRs, and especially among those receptors within the same group. Amino di-acids (or acid isosteres), present in nearly all of the mGluR competitive agonists and antagonists, are generally poor substrates for penetration across the blood–brain barrier (unless transporter assisted, but designing this into a molecule is not very well understood).

Allosteric modulators bind to a site on the receptor other than the glutamatebinding site, which greatly increases the possibilities for identifying subtype selective agents. In addition, they are typically not capable of activating a receptor on their own and will only potentiate the effects of a direct agonist like glutamate. For this reason, they tend to potentiate normal or physiological receptor function, and thus might be expected to have a better safety profile. The discovery of allosteric modulators of the mGluRs has provided lead chemical structures without the amino di-acid functionality and with physicochemical properties suitable for brain penetration. This section will touch upon some of the recent advances of amino acid derivatives, but the main focus will be on negative and positive allosteric modulators of the mGluRs. It should be noted that much of the current literature on mGluR modulators has been focused on psychosis, anxiety, and pain. The inclusion of in vivo animal model data pertaining to these diseases is intended as a means for the medicinal chemist to ascertain compound exposure, brain penetration, and an in vivo pharmacological response from the corresponding mechanism.

#### 4.2.1 mGluR1

The early noncompetitive modulators of mGluR1 have been reviewed [245]. The first reported mGluR1 NAMs were the oxime ethyl ester **41** [(+/–)-CPCCOEt; hmGluR1b, IC<sub>50</sub> = 1.5  $\mu$ M] and its phenyl amide analog **42** (PHCCC) (Fig. 6), shown to inhibit receptor signaling without affecting glutamate binding [246]. The interaction site of **41** on mGluR1 was initially discovered, using chimeric human mGluR1 (hmGluR1) and hmGluR5 receptors and site-directed mutagenesis, to be located in the transmembrane (TM) domain of hmGluR1b. Subsequent studies with the more active (–)-CPCCOEt isomer used molecular modeling based on the  $\alpha$ -carbon template of the TM helices of bovine rhodopsin to suggest a more precise binding mode [247]. Compound **43** (BAY36-7620), structurally dissimilar to **41**, and a much more potent rat mGluR1 (rmGluR1) NAM (IC<sub>50</sub> = 160 nM), was shown to be neuroprotective in a rat acute subdural hematoma model [40–50% efficacy at 0.01 and 0.03 mg/kg/h, intravenously (i.v.)] and protected against pentylenetetrazole-induced convulsions in the mouse (MED = 10 mg/kg, i.v.) [248, 249]. Perhaps due to its high lipophilicity, generally leading to poor



Fig. 6 Noncompetitive antagonists of mGluR1

pharmacokinetics, BAY36-7620 displayed low receptor occupancy in the rat brain when dosed at 10 mg/kg, subcutaneously (s.c.) [250]. Noteworthy with respect to achieving adequate CNS exposure for the mGluR1 NAMs is the potential differences between the rat and human allosteric binding sites of the receptor. Compound 44 (EM-TBPC), yet another structurally unique mGluR1 NAM, was shown to be potent against rmGluR1 (EC<sub>50</sub> = 130 nM) but weak against hmGluR1. Sitedirected mutagenesis has located the key amino acid residues of mGluR1 that differentiate the allosteric binding sites between the two species [251].

In efforts to obtain novel chemical matter, Micheli et al. noted the 3-5 bond distance spacing between the two carboxylic acid groups within reported mGluR1 antagonists, and used this information to do a similarity search of their compound collection to provide pyrrole 45 (rmGluR1a,  $IC_{50} = 15.8 \text{ nM}$ ) [252]. Pyrrole 45 was orally active in both the early and late phases of the formalin test in mice  $[ED_{50} =$ 0.3 mg/kg, orally (p.o.)]. Other efforts to identify novel chemical matter led to quinoline **46** (JNJ16259685; rmGluR1 IC<sub>50</sub> = 3 nM, hmGluR1 IC<sub>50</sub> = 0.55 nM), which was shown to have high receptor occupancy in rat brain when dosed s.c., but low oral bioavailability (1%) in rats precluded oral administration [253]. The SAR of this quinoline series was further evaluated via a 3D-OSAR model from a comparative molecular field analysis of 45 analogs [254]. With the binding mode becoming better understood, many researchers have turned to in silico modeling to guide SAR development. For example, using a set of known mGluR1 NAMs, a pharmacophore hypothesis was proposed and subsequent virtual screening led to the adamantyl coumarine 47 (rmGluR1 IC<sub>50</sub> = 60 nM) [255] and the hydroquinolinone **48** (rmGluR1 IC<sub>50</sub> = 78 nM; rmGluR5 IC<sub>50</sub> = 49  $\mu$ M) [256].

Efforts to identify potent mGluR1 NAMs with desirable PK properties led to the discovery of pyrazolopyrimidinone 49 with moderate hmGluR1 activity (IC<sub>50</sub> = 127 nM), but with high oral bioavailability (100%) and a moderate half-life ( $T_{1/2}$  = 1.5 h) [257]. Brain exposure was not provided, but one may speculate that the sulfonamide NH<sub>2</sub> might prohibit 49 from crossing the blood-brain barrier. Pyrimidinone 50 (hmGluR1 IC<sub>50</sub> = 2.9 nM) was active in a rat pain model (ED<sub>50</sub> = 5.1 mg/kg, p.o.) [258], and a 3D-QSAR analysis of this triazofluorenone series has been reported [259]. Another compound derived from a HTS is the aryltriazole 51, which was considered to be a balanced lead based on potency (hmGluR1 IC<sub>50</sub> = 5.8 nM, mouse mGluR1 IC<sub>50</sub> = 3.1 nM), lipophilicity (log D = 2.1), solubility (>170 µM), and metabolic stability, and was active in a mouse pain model at 30 mg/kg, p.o. [260]. However, **51** had a short rat half-life, high clearance, and low oral bioavailability. Subsequent SAR development to improve the PK led to isoindolinone 52 (hmGluR1 IC<sub>50</sub> = 4.3 nM, rmGluR1 IC<sub>50</sub> = 3.6 nM) with improved rat oral bioavailability (46%), half-life ( $T_{1/2} = 0.7$  h), and clearance (CLp = 20 ml/ min/kg) [261]. Oral administration at 1 mg/kg provided total brain exposures of 0.45 nmol/g and resulted in an antipsychotic-like effect in a rat prepulse inhibition (PPI) assay. A series of aryl thiazoles was also derived from the above HTS effort, and SAR development led to compound 53 with a similar pharmacological and pharmacokinetic profile as  $52 - \text{active in a PPI disruption model (MED 1.0 mg/kg,$ p.o.) and a mouse hyperlocomotion model (MED = 0.3 mg/kg, p.o.) [262].

#### 4.2.2 mGluR2 and 3

The best characterized mGluR2/3 agonist is **54** (LY354740; hmGluR2  $K_i = 75$  nM, hmGluR3  $K_i = 93$  nM), a bicyclic conformationally constrained analog of glutamic acid (Fig. 7). Early reports of LY354740 showed similar efficacy to diazepam in multiple anxiety models, but without the undesirable side effects associated with



Fig. 7 mGluR2/3 agonists

diazepam (e.g., sedation, deficits in neuromuscular coordination, interaction with CNS depressants, memory impairment) [263, 264]. LY354740 and the closely related more potent analogs, 55 (LY379368; hmGluR2  $K_i = 14$  nM, hmGluR3  $K_i = 5.8 \text{ nM}$ ) and **56** (LY389795; hmGluR2  $K_i = 41 \text{ nM}$ , hmGluR3  $K_i = 5 \text{ nM}$ ), are believed to cross the blood-brain barrier and block seizures induced by group I mGluR activation in mice [265]. In addition, these analogs were shown to have analgesic effects in a variety of pain models in the rat, but the animals built up a tolerance to the effect after 4 days of once-daily dosing [266]. Oxidation of the sulfur atom in LY389795 to its corresponding sulfone led to 57 (LY404039) with potency similar to LY354740 (hmGluR2  $K_i = 149$  nM, hmGluR3  $K_i = 92$  nM) [267]. In vitro, LY404039 suppressed electrically evoked excitatory activity in rat striatal slices and serotonin-induced L-glutamate release in rat prefrontal cortex, suggesting that it modulates glutamatergic activity in the limbic and forebrain regions of the brain [268]. LY404039 was also active in vivo, blocking PCP-evoked ambulations in rat [267]. In humans, there is evidence that mGluR2/3 agonists might play a role in treating working memory impairment related to deficits in NMDA receptor function, as LY354740 (100 and 400 mg) produced a significant dose-related improvement in working memory (19 healthy subjects) during ketamine infusion [269]. Since LY354740 was shown to have low systemic availability due to poor intestinal permeability, an N-linked alanyl prodrug (LY544344) was developed that dramatically improved the bioavailability in rats and dogs [270]. Subsequently, LY2140023, a prodrug of LY404039, was reported to be active in a phase IIb clinical trial against the positive and negative symptoms of schizophrenia [271]. Other efforts to improve the bioavailability of LY354740 led to the closely related fluorinated analog, 58, which was shown to have similar mGluR2/3 binding potencies, but improved oral activity in PCP-induced hyperactivity (ED<sub>50</sub> = 5.1 mg/kg) and head-weaving behavioral (ED<sub>50</sub> =0.26 mg/kg) models [272]. Another fluorinated analog, 59, was shown to be a very potent mGluR2/3 agonist  $(K_i)$ 's = 0.57 and 2.1 nM, respectively). Dosed orally, **59** was extremely potent in the aforementioned PCP-induced hyperactivity (ED<sub>50</sub> =0.30 mg/kg) and

head-weaving (ED<sub>50</sub> = 0.090 mg/kg) models. Placement of a methyl group around the 3- and 4-positions of LY354740 reduced the mGluR2/3 binding affinities 2–13fold (compounds **60**, **61** and **62**), but interestingly, **60** was found to have mGluR2/3 antagonist properties, **61** was a full agonist at both receptors, and **62** was an mGluR2 agonist/mGluR3 antagonist [273]. Selectivity for only mGluR2 or mGluR3 agonist activity has been difficult to achieve, and this was the first report of an mGluR2 agonist devoid of mGluR3 agonist activity.

An alternative strategy for obtaining chemical lead matter selective for mGluR2 has been through targeting an mGluR2 allosteric binding site. Early chemistry efforts in this area were reviewed by Rudd and McCauley [274], and most recently by Fraley, who also included a review of the patent activity around mGluR2 modulators [275]. For a more detailed review of the chemistry in this area, the reader is directed to these reviews. The first reported example of a selective mGluR2 PAM was the sulfonamide 63 (LY487379), discovered through an HTS screen and found to potentiate glutamate agonism, shifting its potency by twofold  $(EC_{50} = 270 \text{ nM})$  (Fig. 8) [276]. Compound 63 did not potentiate a chimeric mGluR2/1 receptor (prepared by fusing the glutamate site containing the aminoterminal region of the mGluR2 receptor to the transmembrane domain of the mGlu1 receptor), demonstrating that it did not bind to the agonist-binding site, but rather to the transmembrane region of mGluR2. Compound 63 demonstrated activity in a rodent model of anxiety (3 mg/kg, i.p.), which could be blocked with an mGluR2/3 antagonist confirming the selectivity of this compound. A structurally distinct chemical lead, **64** (LY487379;  $EC_{50} = 1,700$  nM, 52% potentiation), was also derived from an HTS hit and was found to have improved potency compared to 63 in an hmGlu2 GTP $\gamma$ S functional assay (EC<sub>50</sub> = 93 nM, 128% potentiation) [277]. A similar analog, 65, although not brain penetrable, was shown to inhibit both ketamine-evoked norepinephrine release and hyperactivity in rats when dosed intracerebroventricularly (i.c.v.) [278]. The carboxylic acid analog 66 (EC<sub>50</sub> = 33 nM) showed activity at 32 mg/kg, i.p., in a variety of antipsychotic and anxiolytic models in the mouse [279]. In efforts to improve brain penetration, the acidic moiety within compounds 64–66 was removed to provide analogs such as pyridine 67 with modest potency (EC<sub>50</sub> = 340 nM, 33% potentiation). Pyridine 67 had low oral bioavailability (3%), but i.p. administration (20 mg/kg) provided a brain/ plasma ratio of 1.2 and total brain exposure equal to 330 nM [280]. Although the total brain concentrations were near the mGluR2 EC<sub>50</sub> value, the unbound brain concentration was not reported making it difficult to interpret the relevance of this exposure. Subsequent efforts around this series have been focused on improving potency and brain penetration [281–284].

High-throughput screening by other groups has led to the aza-benzimidazole **68** (rmGluR2, EC<sub>50</sub> = 64 nM) [285], benzimidazole **69** (mGluR2, pEC<sub>50</sub> = 6.9) [286], and the cyclic carbamate **70** (rmGluR2, EC<sub>50</sub> = 30 nM) [287]. In the rat, **68** had good oral bioavailability (79%) and low clearance (28 ml/min/kg); **69** had moderate bioavailability (22%) and moderate clearance (32 ml/min/kg), as well as a brainblood ratio of 1.3 with brain  $C_{\text{max}}$  of 32 ng/g; and **70** had good oral bioavailability (64%), but high clearance (102 ml/min/kg). Compound **70** attenuated



Fig. 8 mGluR2 positive allosteric modulators

methamphetamine-induced locomotor activity in mice (MED = 10 mg/kg, s.c.) with a free brain exposure of 34 nM, similar to its mGluR2  $EC_{50}$  value.

Although many of the examples of mGluR2 PAMs in the literature have been centered on anxiety and psychosis models, given that this target is intimately tied to the modulation of glutamate neurotransmission, we expect mGluR2 modulators to also have broad application in the treatment of neurodegenerative diseases.

#### 4.2.3 mGluR4

Positive allosteric modulators of mGluR4 and their role in PD have recently been reviewed [288, 289], but compared to the enormous efforts around mGluRs 1, 2, and 5, relatively little has been reported about modulators of mGluR4. The mGluR1 partial antagonist, **71** (PHCCC), was the first reported robust mGluR4 PAM (EC<sub>50</sub>



Fig. 9 mGluR4 positive allosteric modulators

= 4.1  $\mu$ M, 5.5-fold leftward shift of the glutamate dose–response curve) (Fig. 9) [289, 290]. SAR development around the structure of 71 led to the pyridyl analog 72 with improved mGluR4 potency [EC<sub>50</sub> = 380 nM, 121% of the maximal glutamate response (Glu max)] and selectivity versus other mGluRs [291]. A structurally diverse lead compound, 73 (EC<sub>50</sub> = 4.6  $\mu$ M, 12–27-fold shift), had the advantage of having no H-bond donors, providing a higher probability of getting across the blood-brain barrier [292]. Another mGluR4 PAM, cis-cyclohexane carboxylic acid 74 (EC<sub>50</sub> =  $0.74 \mu$ M, 127% Glu max), although not brain penetrable, was shown to decrease haloperidol-induced catalepsy and reserpine-induced akinesia in rats when administered i.c.v. [293, 294]. Continued efforts to improve brain availability led to the pyridine amides **75** (hmGluR4  $EC_{50} = 240$  nM, 182% Glu max) and **76** (hmGluR4  $EC_{50} = 340$  nM, 235% Glu max) [295]. Although **75** and 76 had poor in vitro PK parameters, when dosed 10 mg/kg, i.p. in the rat they provided  $\sim 6 \mu M$  total brain concentrations of drug (fraction unbound in brain was not reported). Future directions for mGluR4 modulators are focused on improving potency, selectivity, PK, and brain penetration.

#### 4.2.4 mGluR5

Since orthosteric antagonists of mGluR5 with desirable drug-like properties have been difficult to achieve, many researchers have turned to allosteric modulation of the receptor. Through the use of high-capacity functional assays based on recombinantly expressed mGluR subtypes, the first subtype selective mGluR5 antagonists (77, SIB-1757 and 78, SIB-1893) were identified (Fig. 10) [296]. Subsequent SAR development around these leads led to the discovery of the diaryl alkyne, 79



Fig. 10 Negative allosteric modulators of mGluR5

(MPEP), a potent (hmGluR5a IC<sub>50</sub> = 36 nM) subtype selective mGluR5 antagonist with good brain penetration [297]. As previously stated, MPEP has been a useful tool compound for exploration of the in vivo effects associated with mGluR5 blockade. Several mGluR5 NAMs have entered into clinical trials. Compound 80 (ADX-10059) is an analog of MPEP that has been in phase II trials for several indications. This compound was not effective in a 50-patient trial for reduction of moderately severe dental anxiety, but did show positive results in patients with gastroesophageal reflux disease and in patients with migraine. However, the efficacious CNS exposure of ADX-10059 used to treat these diseases was not determined and safety issues forced the discontinuation of the development of ADX-10059 for chronic indications [298]. A structurally distinct mGluR5 NAM, 81 (fenobam), was discovered in the 1970s as a non-benzodiazepine with in vivo anxiolytic activity [299], and is currently under clinical development for fragile X syndrome. Subsequent medicinal chemistry efforts around the structure of fenobam seeking to improve potency have not been successful [300]. Even subtle changes such as replacement of the phenyl group with 3-thienyl (82,  $IC_{50} = 434$  nM) led to a tenfold decrease in functional activity [301]. In efforts to relate CNS exposure with in vivo efficacy for mGluR5 NAMs, MPEP and some of its closely related analogs [e.g., 83 (MTEP)] were successfully radiolabeled (<sup>11</sup>C or <sup>18</sup>F) and used for PET imaging in monkeys [302]. More recently, the radio tracer <sup>11</sup>C-ABP-688 was evaluated in rats, mice, and humans and showed high levels of uptake in the hippocampus, striatum, and cortex [303-305]. <sup>11</sup>C-ABP-688 is suggested to be a suitable PET ligand for imaging mGluR5 distribution in humans. Future use of mGluR5 PET ligands in receptor occupancy studies will help to guide dose selection for clinical proof of concept studies.

The enormous amount of SAR development around the structure of MPEP, including rational drug design to replace the potentially toxic alkyne moiety, as well as the discovery of non-MPEP-based mGluR5 NAMs have been extensively reviewed [306–309]. Noteworthy are the findings that small changes to the structure of mGluR5 modulators can have significant effects on the pharmacology. For example, 84 5MPEP, the 5-methylpyridyl analog of MPEP, was shown to be a neutral allosteric ligand as it binds to the MPEP-binding site, but does not lead to a functional response [310]. Other closely related 5-methylpyridyl analogs (85 and 86) were reported to be partial antagonists of mGluR5. It was also discovered that small substituent changes around the phenyl group on the 5-phenylethynylpyrimidine scaffold yielded compounds with distinct profiles ranging from partial antagonists (87, R = H,  $IC_{50} = 480 \text{ nM}$ ), to full antagonists (88, R = 3-methyl,  $IC_{50} =$ 7 nM) to PAMs (89, EC<sub>50</sub> = 3.3  $\mu$ M) [311, 312]. Tool compounds with diverse mGluR5 pharmacology may prove to be useful as it is unclear whether full or partial mGluR5 antagonists are necessary to achieve clinical efficacy with an adequate therapeutic window.

New compounds derived from MPEP and MTEP are numerous, and the SAR directions can be generally divided into three strategies: (a) variation of the aryl groups and their substituents, (b) replacement of the alkyne linker, and (c) fusion of the alkyne linker to one of the two aryl groups. Much of this work has been reported

in medicinal chemistry communications, and highlights of those reports are summarized here. A significant advancement in SAR was realized when the 3-cyano analog of MTEP (90) was found to improve functional activity by 490-fold [313]. Substitution at the 3- or 4-position of the phenyl ring of MPEP with an additional aryl group did not offer potency advantages and substantially increased molecular weight. Replacement of the methylpyridine group of MPEP with methyltriazines  $(91, IC_{50} = 2.3 \text{ nM})$  [314] and methyl pyrolopyrazines  $(92, IC_{50} = 1.3 \text{ nM}; 93, IC_{50})$ = 0.40 nM) led to novel analogs with potent functional activity [315]. Replacement of the alkyne moiety of MPEP with tetrazole led to 94 (mGlu5  $Ca^{2+}$  flux  $IC_{50} =$ 4 nM) with good rat brain penetration (total brain conc. =  $2.4 \mu$ M, 3 mg/kg, i.p.) and excellent receptor occupancy (ED<sub>50</sub> = 1.3 mg/kg, i.p.) [316]. Elongating the alkyne linker of MPEP led to 1-butyne 95 (IC<sub>50</sub> = 5 nM) and 3-oxypropyne 96  $(IC_{50} = 15 \text{ nM})$  [317]. Replacement of the alkyne with an amide linker led to compounds 97 (IC<sub>50</sub> = 5.3  $\mu$ M), 98 (IC<sub>50</sub> = 160 nM), and 99 (IC<sub>50</sub> = 60 nM), the latter being designed with the assistance of structural overlays with fenobam [318, 319]. Compound 100 (IC<sub>50</sub> = 25 nM) with a unique aminothiazole amide linker replacement was reported to be active in a Vogel model (MED = 3 mg/kg, p.o.), but due to very high clearance it was speculated that the in vivo activity could be linked to a reactive metabolite [320]. Tying the linker into the pyridine ring was performed concomitantly by two different groups and led to quinolines  $101 (K_i = 110 \text{ nM})$  and **102** (IC<sub>50</sub> = 0.8 nM), benzothiazole **103** ( $K_i = 2,100$  nM), pyridopyrimidine **104**  $(IC_{50} = 1.2 \text{ nM})$ , and naphthyridine **105**  $(IC_{50} = 6.2 \text{ nM})$  [321–324]. Many of the above analogs of MPEP and MTEP were shown to have activity in animal models of anxiety, gastroesophageal reflux, and pain. Furthermore, the medicinal chemistry goals around the follow-up of MPEP and MTEP are being realized: potency has been improved, mGluR subtype selectivity retained, desirable PK and brain penetration achieved, and the potentially toxic alkynyl group (via metabolic activation) has been shown to be replaceable.

Structurally novel chemical leads have also been identified through the use of HTS screening. The tri-aryl analogs 106 and 107 were derived from an HTS hit and were found to be potent mGluR5 NAMs ( $Ca^{2+}$  flux IC<sub>50</sub> = 41 and 23 nM, respectively) (Fig. 11) [325]. These compounds had high oral bioavailability and showed good rat PK, but were not active in a rat model of anxiety, likely due to poor receptor occupancy (33–52%, 10 mg/kg, i.p.). Compounds 108 ( $K_i = 1$  nM) and 109 (FLIPR  $IC_{50} = 80$  nM), although derived from an HTS hit, have structural similarities to MPEP [326, 327]. Three structurally unique mGluR5 NAMs (110, 111, and 112) were recently discovered [328]. SAR development around 112 was interesting, in which small changes to the substituents around the fused bicycle changed the pharmacology from a full antagonist to an mGluR5 PAM (113,  $EC_{50} =$ 7.6  $\mu$ M, 73% Glu max). Finally, compound **114** (IC<sub>50</sub> = 32 nM) was derived from an HTS hit and was found to have a good PK profile in rats and to have robust anxiolytic-like effects in several animal models of fear and anxiety [329]. It will be interesting to see how these new chemical leads influence the direction of medicinal chemistry design in the mGluR5 area.



Fig. 11 Negative allosteric modulators (non-MPEP-based) of mGluR5

Less attention has been given to positive allosteric modulators of the mGluR5 receptor which have also been reviewed [330]. As discussed above, mGluR5 activators may enhance NMDA function. Thus, based on the NMDA hypofunction hypothesis of schizophrenia, mGluR5 PAMs may prove to play a role in treating cognitive deficits in this disorder. One of the first mGluR5 PAM leads was the benzaldazines, represented by 115 (Fig. 12). These compounds were found to have low micromolar mGluR5 PAM activity, and similar to the MPEP series of mGluR5 NAMs, it was discovered that small changes to the substituents around either of the phenyl rings could alter the allosteric modulator pharmacology from positive to negative to neutral. Noteworthy is the potential chemical reactivity (and potential toxicity) of the azine functionality rendering it less attractive as a lead structure. Efforts to find alternative lead matter has led to the discovery of the diphenyl pyrazole 116 (hmGluR5  $EC_{50} = 10$  nM, fourfold potentiation; rmGluR5  $EC_{50} =$ 20 nM, 4.3-fold potentiation) [331]. Compound 116 reversed amphetamineinduced disruption of PPI in a dose-responsive manner (3, 10, and 30 mg/kg, s.c.). However, when this compound was evaluated in a rat cognition model, an inverted U-shaped dose curve was observed, with lower doses improving recognition and higher doses having no effect [332]. Both 115 and 116 have been shown to bind at the same allosteric binding site as MPEP. Another mGluR5 PAM, 117



Fig. 12 Positive allosteric modulators of mGluR5

(hmGluR5  $EC_{50} = 250$  nM, 7.1-fold potentiation), was identified which does not bind at the MPEP site. However, SAR around **117** has thus far not led to improved activity [333]. Other efforts have led to the identification of **118** ( $EC_{50} = 168$  nM, 107% Glu max) and subsequent pyridyl analogs (e.g., **119**,  $EC_{50} = 348$  nM) with selective mGluR5 PAM activity [295]. Finally, di-aryl alkyne **120** ( $EC_{50} = 30$  nM) was found to be selective versus mGluR1 (not evaluated against other mGluRs) and to be brain penetrable in rodents [334].

#### 4.2.5 mGluR 6, 7, and 8

Agonists and antagonists for group III mGluRs have generally been derived from glutamic acid, where the conformation has been restricted, the linker between the two acid moieties has been varied, substituents inserted, and/or one of the carboxylic acids has been replaced with an acid bioisostere. These efforts have been reviewed and will not be discussed here [335]. Subtype selectivity has been challenging with direct agonists and antagonists, and so like the group I and II mGluRs, allosteric modulation of the group III mGluRs has been an area of active pursuit. For mGluR7, an allosteric modulator has been identified (121, Fig. 13) that directly activates receptor signaling through an allosteric site in the transmembrane domain [336]. Compound 121 was shown to be orally active and brain penetrable, elevating the plasma stress hormones corticosterone and corticotropin in an mGluR7-dependent fashion, based on a comparison of activity in mGluR7 +/+ versus -/- mice (1 and 6 mg/kg, p.o.). Compound 121 also reversed haloperidol-induced catalepsy in rats, reduced apomorphine-induced rotations in unilateral 6-



Fig. 13 mGluR7 modulators

OHDA-lesioned rats, and reversed the increased reaction time to respond to a cue in bilateral 6-OHDA-lesioned rats, suggesting mGluR7 agonism may be a useful approach in treating PD [337]. HTS screening efforts around mGluR7 have led to the identification of **122**, the first subtype selective mGluR7 NAM [338, 339]. SAR development around **122** seeking to lower logP and improve physicochemical properties led to **123** (mGluR7 IC50 = 26 nM) with good oral bioavailability, low clearance, and good total brain availability. These tools should prove useful in further defining the role that mGluR7 plays in the CNS.

#### **5** Glutamate Transporters

#### 5.1 Glutamate Transporter Biology and the Role of Astrocytes

Glutamate is synthesized from glutamine in the presynaptic nerve terminal by the enzyme glutaminase. Once formed, glutamate is loaded into synaptic vesicles by the action of the VGLUT. After glutamate is released from the neuron, its action is terminated by removal from the synapse by the action of another membrane protein known as the EAAT. These two families of transporters are critical for normal glutamatergic neurotransmission, but as is often the case, their dysfunction can be associated with significant CNS pathology.

Molecular characterization has revealed that the VGLUT family consists of three isoforms, VGLUT1, 2, and 3. VGLUT1 and 2 are found on synaptic vesicles within terminals of glutamatergic neurons, while VGLUT3 is expressed predominantly in neuronal soma and dendrites as well as in astrocytes. VGLUT3 is expressed on glutamatergic as well as nonglutamatergic neurons, indicating that this isoform functions in cells that release other transmitters in addition to glutamate [1, 340–342]. VGLUT1 is the most highly expressed isoform within this family, and is responsible for the majority of activities in the CNS. The transport of glutamate across the synaptic vesicle membrane is driven by an electrochemical gradient, which is created by a vesicular ATPase activity. This gradient in turn provides the energy to transport the neurotransmitter across the vesicle membrane.

VGLUT1 and 2 are specific markers of glutamatergic terminals, and as such are useful indicators of the status of these neurons in the healthy or diseased brain. Decreased expression of VGLUT1 has been described in the AD brain and correlated with decreased cognitive function [343]. In PD, alterations in VGLUT levels have also been described, with increases in some regions and decreases in others [344]. It remains unclear to what extent these changes in VGLUT expression are part of the underlying pathology of these diseases, as opposed to simply serving as a marker of glutamatergic neuronal degeneration and death, which may ultimately have a variety of underlying causes.

The second class of glutamate transporters is the EAATs. These transporters are responsible for removing glutamate from the synaptic cleft following release, and thus play a critical role in regulating the extent and duration of the excitatory signal. Indeed, it can be readily appreciated that reduced expression or function of these transporters will result in prolongation of elevated synaptic glutamate levels, with potentially deleterious consequences. Molecular cloning of this transporter has led to the identification of five family members (EAAT1-5), with EAAT1 and 2 expressed in astrocytes, and EAAT3 and 4 expressed in neurons [340, 345, 346]. EAAT5 appears to have a restricted expression and is found only in the retina [347]. EAATs are composed of three identical subunits, and the energy required for transport is generated by a  $Na^+/K^+$  ATPase that is physically associated with the transporter protein complex [348]. Interestingly, some of the EAATs (particularly EAAT4 and 5) can function as glutamate-gated chloride channels and are able to generate a chloride current in the absence of any glutamate transport [349]. The astrocytic EAATs, and especially EAAT2, are primarily responsible for removing synaptic glutamate following vesicular exocytosis from the nerve terminal [346]. EAAT2 is thus critically involved in regulating the duration of the glutamate signal, as well as limiting the excitotoxic potential of extracellular glutamate by rapid removal from the extracellular space. EAAT2 also supplies the astrocytes with glutamate that is converted into glutamine by the enzyme glutamine synthase. Glutamine is used by astrocytes for ammonia detoxification and is involved in signaling the metabolic needs of proximal neurons [340, 346]. EAAT1 and 2 are also expressed in the astrocytic processes that come into direct contact with brain capillaries, and as such play an important role in the transport of glutamate from the extracellular fluid into the blood [350]. EAAT3 and 4 are expressed in distinct neuronal subpopulations and have a more specialized function in limiting glutamate spillover to adjacent neurons [347]. These transporters are typically found in different population of cells, with EAAT3 enriched in the forebrain and EAAT4 in the cerebellum. Interestingly, EAATs that are expressed on inhibitory interneurons provide these cells with glutamate as an essential precursor to the synthesis of GABA, the main inhibitory neurotransmitter [351]. Given their critical role in the brain, it is not surprising that a variety of mechanisms exist for regulating EAAT expression and function. Short-term regulation of these transporters is achieved through posttranslational modifications, as well as through interaction with other membrane proteins, both of which can influence surface expression and intrinsic activity [352, 353]. Regulation on a longer time scale occurs through changes
in gene expression, mediated through transcriptional regulation [354] as well as through alternative splicing [352]. The EAAT2 promoter has been shown to be regulated by physical astrocyte–neuron interactions, as well as through various growth factor signals.

Given the central role played by the EAATs, it is not surprising that abnormalities in their expression or function are associated with neuronal injury and death in a variety of acute and chronic neurodegenerative conditions [352, 353]. The mechanisms underlying EAAT dysfunction may vary from defects in intracellular trafficking, to altered mRNA splicing, to abnormal posttranslational modifications, but the result is typically reduced function. Several studies have been carried out in mice harboring a gene deletion of the murine homologs of EAAT1, EAAT2, or both. It was shown that mice lacking the GLAST gene (homolog of EAAT1), had an increased likelihood of cerebellar Purkinje cell loss following an ischemic event [355]. This is likely a reflection of a decreased capacity to remove the elevated extracellular glutamate and a corresponding increase in excitotoxic damage. Also, in mice lacking GLT1 (the mouse homolog of EAAT2), an increased propensity for seizures was observed, with animals not generally surviving past a few weeks of age [356]. These animal model studies emphasize the critical role of the EAATs in normal CNS function. Additional work has supported the role of these proteins in human disease. There are several examples of abnormalities in RNA splicing, which result in a truncated transporter protein of reduced function. This has been described in tissue from amyotrophic lateral sclerosis (ALS) patients [357, 358], as well as in tissue from patients with epilepsy and AD [359, 360]. However, the fact that these abnormally spliced variants are also found in tissue from control subjects indicates that while they may play a role in mediating disease pathology, they are clearly not the only factor involved. A role of EAAT2 in AD is further supported by decreased expression in AD brain [361], as well as a reduction in EAAT function in cultured astrocytes following treatment with the A $\beta$  peptide [362].

Given the critical role of EAATs in regulating synaptic glutamate levels, increased expression or function of this protein may provide benefit in reducing excitotoxic damage. Interestingly, it was shown that EAAT1 and 2 are both upregulated in optic nerve from multiple sclerosis patients. In addition, glutamate uptake was shown to be increased in disease tissue, suggesting that glial cells upregulate expression of these transporters as a protective response to the excessive glutamate levels known to exist in this disease [363]. Other studies have shown that treatment of mice with the  $\beta$ -lactam antibiotic ceftriaxone leads to an increase in the expression of GLT1. Although the precise mechanism by which this increased expression occurs in unclear, it has been shown to increase glutamate uptake in functional assays, and to attenuate disease phenotypes in the R6/2 model of HD [364, 365]. Treatment with ceftriaxone also increases glutamate uptake and improves survival in a stroke model [366]. While the precise mechanism for these intriguing effects is unknown, it does suggest that upregulation of one or more of the EAATs may represent a promising therapeutic strategy for treating neurodegenerative diseases (Fig. 14).



Fig. 14 EAAT inhibitors

# 5.2 Glutamate Transporter Modulators

Progress toward the discovery of potent and selective VGLUT and EAAT modulators has been slow. The majority of the reported VGLUT inhibitors are either conformationally restricted amino di-acid analogs or azo-dyes containing an amino di-acid motif [367]. The structures of known VGLUT inhibitors are not yet positioned to provide adequate brain exposure for in vivo evaluation (with respect to potency, PK, and brain penetration). Likewise, EAAT inhibitors have also been largely derived from conformationally restricted analogs of glutamic acid and aspartic acid. The SAR around EAATs was reviewed in 2003 [368, 369], and selected findings since then are reported here. Substitution of small alkyl groups at the 4-position of glutamic acid had effects on the EAAT1 pharmacology. 4-Methyl substitution (124) was found to be an EAAT1 substrate and an EAAT2/3 inhibitor (EAAT1  $K_{\rm m} = 13 \ \mu\text{M}$ , EAAT2  $K_{\rm i} = 13 \ \mu\text{M}$ , and EAAT3  $K_{\rm i} = 6.6 \ \mu\text{M}$ ), whereas the 4-ethyl analog (125) was an inhibitor of EAAT1, 2, and 3 ( $K_i = 23, 14, 14$ ) and 39  $\mu$ M, respectively) (Fig. 14) [370]. Further SAR development at the 4position of glutamic acid led to 126, a weak but selective inhibitor of EAAT2 (EAAT1-3, IC<sub>50</sub> > 1,000, 89, and 1,000  $\mu$ M, respectively) [371]. Efforts toward improving the potency and selectivity of EAAT inhibitors by confining the conformation of glutamic acid has led to a tricyclic analog, 127, that was shown to be selective for EAAT2 (IC<sub>50</sub> = 2.2  $\mu$ M) compared to EAAT1 (50% at 100  $\mu$ M) and EAAT3 (24.5  $\mu$ M) [372]. Although not selective for any particular EAAT, benzyloxy analogs of aspartic acid such as 128 [373] showed improved potency for EAAT1-3 (IC<sub>50</sub> = 22, 17, and 300 nM, respectively). Compound **128** dosed i.c.v. induced severe convulsive behaviors in mice suggesting an accumulation of glutamate in the brain. Selectivity for EAAT2 was subsequently obtained through the

aryl ether aspartamide **129** (EAAT1–3 IC<sub>50</sub> = 5,000, 85, and 3,800 nM, respectively) [374]. Finally, a novel, potent and selective inhibitor of EAAT1 was discovered through HTS screening, and subsequent SAR development led to compound **130** (EAAT1–3, IC<sub>50</sub> = 0.66, >300, and >300  $\mu$ M, respectively) [375]. Compound **130** is unique in that it is not related to glutamic acid or aspartic acid, and efforts to ascertain whether the binding is at the orthosteric site or an allosteric site are ongoing. More relevant to the treatment of neurodegenerative diseases would be positive modulators of EAATs, which theoretically could enhance the uptake of glutamate. Should compound **130** prove to bind at an allosteric site, this may provide a starting point for the discovery of positive allosteric modulators of the EAATs.

#### 6 Conclusion

The central importance of glutamate signaling in both normal and pathological CNS function has prompted extensive research to better understand the biology and pharmacology of this neurotransmitter. In addition, the identification of drugs which modulate glutamate receptor function has been an area of focus for medicinal chemists working on diseases of the central nervous system. As a result of this work, significant progress has been made toward the identification of compounds that can serve as both research tools to better understand glutamate's role as a neurotransmitter, and potential therapeutic agents for the treatment of CNS diseases. Neurodegenerative diseases represent an especially challenging area for drug development. However, given the increasing prevalence of these diseases in an aging population, research to identify improved treatments for diseases such as Alzheimer's, Parkinson's, and Huntington's are likely to remain a priority for the pharmaceutical and biotech industries in the coming years. Identification of glutamatergic agents with improved potency, selectivity, and pharmaceutical properties will serve to advance our understanding of this complex area of CNS biology, and ultimately may open the door to safer and more efficacious therapies.

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# Modulation of the Kynurenine Pathway for the Potential Treatment of Neurodegenerative Diseases

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Abstract Modulation of tryptophan metabolism and in particular the kynurenine pathway is of considerable interest in the discovery of potential new treatments for neurodegenerative diseases. A number of small molecule inhibitors of the kynurenine metabolic pathway enzymes have been identified over recent years; a summary of these and their utility has been reviewed in this chapter. In particular, inhibitors of kynurenine monooxygenase represent an opportunity to develop a therapy for Huntington's disease; progress in the optimization of small molecule inhibitors of this enzyme is also described.

**Keywords** Enzyme inhibitors, Huntington's disease, Kynurenine monooxygenase (KMO), Kynuremine pathway, Neurodegenerative disease, Tryptophan Metabolism

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# 1 Introduction

The role of tryptophan metabolism in human biology has been studied for many years; more recently, the significance of the kynurenine pathway (KP), the major breakdown pathway of tryptophan, has been widely examined [1–5]. These studies specifically relate to the role of several kynurenine catabolic products in immunomodulation and CNS function. It is believed that modulation of the levels of the key metabolites of tryptophan catabolism represents a potential new approach to developing a treatment for neurodegenerative and inflammatory diseases [2]. A number of small molecule enzyme inhibitors have become available, which modulate different stages of the pathway and can be used to further study its role in disease. These compounds will initially serve as tools in the pursuit of developing a clearer understanding of the underlying mechanisms of a variety of diseases. In this review, we have focused on the KP and in particular on kynurenine monooxygenase (KMO) due to its potential as a new target for the treatment of Huntington's disease (HD).

# 2 Tryptophan Metabolism and the Kynurenine Pathway

L-tryptophan is an essential amino acid. In addition to being used for protein synthesis, it serves as a precursor for several biologically active substances. Non-proteinogenic tryptophan is used to produce bioactive substances such as serotonin, the hormone melatonin, and tryptamine. The majority of tryptophan, however, is catabolized through the so-called kynurenine pathway (KP), a cascade of enzymatic reactions that yields important cofactors such as NAD<sup>+</sup> and NADP<sup>+</sup> and a number of important kynurenine metabolites on the way [6]. Although the KP has been known for more than five decades, primarily from its function in peripheral tissues [7], it has attracted a particular interest in the last 15 years from a drug discovery perspective as a number of the KP metabolites have immunomodulatory and neuroactive properties and may thus be involved in normal brain function and might contribute to human disease. The link between KP metabolism, the immune system, and CNS diseases is increasingly appreciated, and many reports in the literature have recently focused on its role in brain physiology and pathology [1, 3].

# **3** Introduction of KP Enzymes and Key Metabolites

The first step of tryptophan catabolism is the oxidative cleavage of the indole ring of L-tryptophan, which is catalyzed by members of the family of pyrrole dioxygenases. A key member of this family, indoleamine-2,3-dioxygenase (IDO, see Fig. 1, EC 1.13.11.17), is expressed in all tissues except in the liver and produces the central metabolite kynurenine (KYN). Two different and competing branches of the pathway then further metabolize KYN: the first pathway includes a family of enzymes called kynurenine aminotransferases (KATs), which produce kynurenine acid (KYNA) in a terminal branch. In a second arm, KMO (or kynurenine



Fig. 1 Schematic diagram illustrating the breakdown of tryptophan via the kynurenine pathway

hydroxylase, EC 1.14.13.9) metabolizes KYN into 3-hydroxykynurenine (3-HK). In the third branch of the pathway, kynureninase transforms KYN to give anthranilic acid, which subsequently provides a further route to generate 3-HK. 3-HK, in turn, is a substrate for kynureninase, which produces 3-hydroxyanthranilic acid (3HANA). 3HANA is the substrate of 3-hydroxyanthanilic acid oxygenase that produces quinolinic acid (QUIN). After further enzymatic steps, the final product, NAD<sup>+</sup>, is formed (Fig. 1).

Recent pharmacological interest in KYN metabolites with respect to CNS diseases has mainly focused on three brain-active molecules: 3-HK and QUIN, two molecules with neurotoxic properties, and KYNA, a presumed neuroprotective metabolite. These will be discussed in more detail in the following sections.

All of the enzymes of the KP can be found in the periphery, especially in the liver and in immune system cells of the monocyte, macrophages lineage [8], where increased KP activity is believed to play an important role in immunomodulatory activities [9] (see Sect. 4). In addition, components of the KP have been shown to be expressed in endothelial cells and pericytes of the blood-brain barrier (BBB) [10]. In the central nervous system, all components of the KP pathway are also expressed although at much lower levels than in the periphery. Although KYN can be produced in the brain, it seems that the cerebral KP levels can be also driven by kynurenine uptake from the blood through the BBB [11]. Further processing of KYN in the brain is primarily carried out after uptake of KYN by glia cells which express the relevant downstream KP enzymes, whereas no or little expression has been found in neurons. Astrocytes are described to contain no or little KMO but express KAT and therefore favor the KYNA arm of the pathway [12]. In contrast, resident and reactive microglia (i.e., in situations of injury or inflammation) and also infiltrating macrophages harbor very little KAT activity but express KMO and are thus responsible for the QUIN-producing branch of the KP pathway [13].

Interestingly, no clear and specific physiological function of the KP metabolites has emerged in the brain. Several reports demonstrate the ability of KYNA and QA to modulate glutamate and acetylcholine receptor functions [1, 3], although the endogenous contributions to neurotransmission remain poorly understood in normal CNS physiology. In fact, the activity of kynurenine catabolizing enzymes may be harmful in the CNS since an increase of the KP pathway leads to the accumulation of potentially neurotoxic KP metabolites, which might contribute to neurodegeneration in a variety of chronic disorders.

# 4 Physiological and Pathological Features of KP Pathway

# 4.1 Physiological Role

The KP pathway has a number of different and important physiological roles, especially in immunomodulation in peripheral tissues. Metabolizing Trp via the

KP pathway is believed to reduce the growth of intracellular pathogens, to play a role in tumor escape mechanisms (immune surveillance) and to preserve immune tolerance at the fetal-maternal interface, by preventing rejection of the embryo [9]. The key enzyme in this process is IDO, whose expression is induced by IFN- $\gamma$  and other immune-active molecules [14]. The immunosuppressive effects of IDO-mediated tryptophan metabolism in this context were initially believed to be solely due to Trp depletion, which suppresses T cell proliferation. However, there is increasing evidence that various KP metabolites directly modulate T cell biology, by inhibiting proliferation of T cells undergoing activation and inducing T cell apoptosis [15]. Thus, the KP and its metabolites are believed to play a key role in tolerizing T cells, a process that is highly relevant for the maintenance of immune tolerance.

# 4.2 Kynurenines and CNS Dysfunction

Being at the center of a complex network linking immune response and inflammatory reactions, it is not surprising that imbalances in KP metabolites lead to pathophysiological consequences. In Drosophila (*Drosophila melanogaster*), genetic deletions of individual KP enzymes resulted in neuronal abnormalities [16]. Already two decades ago, it was found that QUIN promotes excitotoxicity *in vivo*, and it was later suggested that these excitotoxic effects are mediated by QUIN's weak agonistic activity on the NMDA receptor, with an IC<sub>50</sub> of 30–100  $\mu$ M [1]. The observed lesions, as mediated by intracerebral injection of QUIN, can be prevented through the application of NMDA receptor antagonists, so it is indeed likely that the observed effects are mediated through NMDA receptor activation [17]. Additionally, QUIN has also been shown to stimulate lipid peroxidation and to produce radical oxygen species (ROS) [18].

QUIN is present in the brain at basal levels that usually are in the range of 0.01 µM, rarely exceeding 1 µM [4, 19]. In the diseased brain, the QUIN concentration may increase considerably. It has been demonstrated that the cerebral KP seems to be stimulated in response to local injury and/or inflammation, by activating the KP pathway in microglial cells [14, 20]. Also, infiltrating macrophages following central inflammatory reactions are believed to produce 20- to 30-fold more QUIN than brain glial cells. In cell culture, reports have demonstrated that micromolar concentrations of QUIN are toxic after a few hours, and chronic exposure of as little as 100 nM concentrations of QUIN to organotypic cortico-striatal cultures produces damage after several weeks [21]. It is thus conceivable that QUIN levels after pathological activation of the KP may indeed reach local concentrations that are sufficient to substantially activate NMDA receptors, especially under chronic conditions, and thus cause neurotoxicity although this has not been adequately addressed in vivo. Interestingly, QUINinduced lesions are significantly attenuated by reagents that scavenge reactive oxygen species [22, 23]. Thus, the remarkable toxicity of QUIN may be explained

by its ability to activate NMDA receptors and cause oxidative damage at the same time.

In addition, QUIN is likely not to act on its own as a neurotoxic agent. 3-HK is known to produce reactive oxygen radicals which can cause oxidative cell damage and ultimately lead to apoptosis *in vitro* [24]. Its cytotoxic properties seem to be due to auto-oxidation which subsequently leads to the production of hydrogen peroxide and other reactive products. It has also been shown that 3-HK potentiates QUIN-mediated cell damage: co-injection of both substances in low doses into the rat brain, which alone would not cause any damage, results in substantial neuronal loss [25].

Despite the evidence mentioned above that QUIN may indeed exert its main neurotoxic properties *in vivo* through the NMDA receptor, and despite synergistic properties with 3-HK, there is still a controversial discussion within the field if the concentration of these metabolites reached *in vivo* is indeed sufficient to substantially stimulate the NMDA receptor and thus lead to a toxic calcium overload, or whether alternative pathophysiological mechanisms are at work [26].

In contrast, KYNA, which is formed from kynurenine by KAT, has shown to be a neuroprotective agent. It is a competitive blocker of the glycine site of the NMDA receptor, albeit with a low potency of  $\sim 7 \mu M$  [27]. However, the affinity of KYNA for this site is weaker than that of glycine; so it is unclear whether under normal physiological conditions the glycine site is occupied at all by KYNA. KYNA is also a blocker of the  $\alpha$ .7-nicotinic acetylcholine receptor with a similar potency [28] and has been shown to modulate dopamine and glutamate release presynaptically *in vivo* [29]. More recently, KYNA has also been shown to be an agonist of an orphan GPCR with unknown function, GPR35 [30], albeit at low potency (30-100 µM). Accordingly, high concentrations of KYNA are anticonvulsant and provide protection against excitotoxic lesions caused by QUIN and protect against various conditions such as ischemia and traumatic brain injury [2]. Perhaps not surprisingly, it has been shown that KYNA levels are altered in various CNS disorders. However, local concentrations of KYNA in the brain have consistently been found to be in the low nanomolar range (10-150 nM) [31], and it is questionable if the concentrations necessary to modulate NMDA and nicotinic receptors can actually be reached in vivo, even under pathological conditions. Some data imply inhibitory actions of KYNA on presynaptic glutamate release as a mechanism for its anti-excitotoxic activity, even at nanomolar concentrations [32]; however, these data need to be substantiated further. Application of KYNA itself has been considered for therapeutic intervention, but the poor ability to cross the BBB has limited its applicability. An additional finding relates to the ability of KYNA at lower (nM) concentrations to modulate synaptic glutamate release when infused directly into the brain through a dialysis probe [31, 33]. Therefore, it is likely that KYNA plays a synaptic role through unknown mechanisms under physiological conditions. This is an area that requires further investigation.

# 4.3 Kynurenine Pathway and Disease

Not surprisingly, disturbance in the KP has been implicated in a number of diseases, and pharmacological intervention has thus potential for treatment. The immunosuppressive effects of the KP metabolites in the periphery are used in the treatment of multiple sclerosis (MS), where synthetic kynurenines are undergoing clinical development. Furthermore, IDO inhibitors are in preclinical development to treat cancers, for example, ovarian and colorectal [34]. This has been reviewed extensively elsewhere [3, 35], and the focus of the discussion in this review will be on the role of KP metabolites in brain pathophysiology.

As illustrated above, changes in the KP have been implicated in a large number of diseases including neurodegenerative diseases (Huntington's, Parkinson's, Alzheimer's disease), psychiatric diseases (schizophrenia, depression), and AIDS dementia [2, 4].

It is unclear at this point if increased levels of neurotoxic metabolites (QUIN and 3-HK) and a reduction in KYNA, the neuroprotective metabolite, may be a direct cause for some of these diseases. Alternatively, kynurenines may simply play a secondary role in disease progression: after focal physical injury and in a state of neuroinflammation, the cerebral KP is stimulated, through activation of brain microglial cells or infiltration of macrophages. Under those conditions, KP metabolites can be increased substantially over a longer period and may thus prolong and exacerbate disease symptoms.

However, many conclusions are purely based on the imbalance of the KP metabolites as determined in animal models or patients [36]. Although this does point toward a link between the KP and nervous system diseases, it is difficult to distinguish disease-causing effects from secondary effects purely happening because of chronic inflammatory processes accompanying the primary disease progress. Indeed, clear-cut target validation studies using genetic animal models or small molecule enzyme modulators in relevant *in vivo* disease models, to validate enzymes within the KP pathway as suitable targets for therapeutic interventions, are scarce. It is thus not clear at this point which of these diseases may benefit from blocking the KP pathway in an *in vivo* situation.

# 5 Enzymes in the KP as Drug Targets and Their Inhibitors

As discussed above, inhibition of key enzymes of the KP (Fig. 1) may represent a viable opportunity to develop therapeutic agents for the treatment of a number of inflammatory, neurodegenerative, and psychiatric disorders. In this section, we will review the available chemical inhibitors of the different enzymes in the KP, with a broader focus on KMO; however, we will also briefly review the current status of inhibitors of IDO, kynurenine aminotransferase II (KAT II), kynureninase, and 3-hydroxyanthranilic acid oxygenase (HAO).

# 5.1 Indoleamine 2,3-Dioxygenase

IDO is a key enzyme in the degradation of tryptophan in extra-hepatic tissues [37], through the generation of *N*-formyl kynurenine which is further degraded to kynurenine (L-KYN) by formamidase. In addition to its potential role in neurode-generation, inhibition of IDO has been implicated as an important new therapeutic target for the treatment of cancer through tumor immunosuppression [3, 38].

One of the earliest inhibitors of IDO reported in the literature is the carboline (1) with a  $K_i$  of 120  $\mu$ M [39]; several other carboline-based inhibitors were subsequently reported with improved activity, for example, the 3-butyl derivative (2,  $K_i = 3.3 \mu$ M) [40]. In fact, until recently the most commonly available competitive inhibitors were tryptophan-based analogs, for example, *N*-methyl tryptophan (3,  $K_i = 34 \mu$ M) [41, 42]. In 2006, the natural product Brassinin (4) was identified as a weakly active inhibitor of IDO ( $K_i = 97.7 \mu$ M). Investigation of structure–activity relationships (SAR) of this series identified further analogs with improved potency (5,  $K_i = 11.5 \mu$ M), and examples that more importantly did not require the core indole ring (6,  $K_i = 42 \mu$ M), however, do retain the dithiocarbamate functionality [43].



The naphthoquinone natural product Annulin B (7), isolated from marine hydroid, has also been reported to have relatively potent IDO inhibitory activity ( $K_i = 0.12 \ \mu$ M); screening other natural product analogs and commercial compounds revealed Menadione as a potent inhibitor of IDO with *in vivo* efficacy in mouse tumor models. Further optimization was carried out with the quinone scaffold to reveal compounds with improved potency (**8**,  $K_i = 0.055 \ \mu$ M) [34]. Related quinone marine natural products have also been identified as potent IDO inhibitors (Exiguamine A; **9**,  $K_i = 41 \ n$ M); simplification of this natural product

has resulted in the analog (10,  $K_i = 200 \text{ nM}$ ) as a potential tool compound for further investigations [44]. The role of the quinone redox system and kinetic analysis for these classes of compounds remains to be explored. However, it is likely that the activity of these compounds involves the iron bound to the heme of IDO.



In 1989, 4-phenylimidazole (**11**) was reported as a weak inhibitor with an IC<sub>50</sub> of 48  $\mu$ M against IDO [45]. Recently, the reported crystal structure of IDO was used to design and optimize this structure to generate a new series of inhibitors [46], the most potent compound reported being (**12**, IC<sub>50</sub> = 7.6  $\mu$ M). Incyte corporation [47] have also identified through high-throughput screening a new, non-indole, non-quinone redox system with good competitive IDO inhibition (**13**,  $K_i = 1.5 \mu$ M) and tenfold selectivity over tryptophan 2,3-dioxygenase (TDO), a related enzyme predominantly present in the liver, responsible for maintaining the balance of dietary tryptophan. Simple substitution of the phenyl ring resulted in improvement in activity both in a biochemical IDO assay and in a HeLa cellular assay as exemplified with compound **14**, IC<sub>50</sub> (biochemical) = 67 nM, IC<sub>50</sub> (cellular) = 19 nM. Further *in vivo* studies were used to illustrate the effectiveness of this compound at decreasing kynurenine levels in plasma as well as inhibiting tumor growth.



The tryptophan and quinone classes of IDO inhibitors have been limited by their potency and poor physical properties and to date have not progressed into preclinical setting. However, the oxadiazoles identified by Incyte (above, **13–14**) represent a new class of competitive IDO inhibitor, which have progressed further toward preclinical development for the treatment of a variety of cancers.

# 5.2 KAT II Inhibitors

To date, four KAT isoenzymes (KAT I, II, III, and IV) have been identified as present in the mammalian brain [48, 49]; however, only KAT I and KAT II have been widely associated with the transamidation of KYN into KYNA. Indeed KAT II [a pyridoxal-5'-phosphate (PLP)-dependent enzyme] accounts for the majority of KYNA formation in the rat and human brain and as such represents a key transformation in the KP [50, 51].

Inhibition of KAT II would result in a decrease in the synthesis of KYNA and consequently enhanced NMDA receptor activity and glutamate release [52]. Therefore, KAT II blockade is thought to be useful in the treatment of disorders with implicated glutamatergic and cholinergic hypofunction (such as Alzheimer's disease and schizophrenia).

Reported inhibitors of KAT enzymes in the literature are very limited and until relatively recently centered around chlorinated substrates [53]. (S)-4-Ethylsulfonylbenzoylalanine (S-ESBA, **15**) was the first reported synthetic and selective inhibitor of KAT II with an IC<sub>50</sub> of 6.1  $\mu$ M and no inhibition of KAT I. Effects of (**15**) on the reduction of extracellular KYNA concentrations in the rat hippocampus *in vivo* using microdialysis were investigated [51]. In this study, the levels of KYNA were successfully decreased by approximately 30% from basal levels. Interestingly (**15**) does not inhibit the human enzyme as effectively. In a followup publication, Pellicciari illustrated a 10- to 20-fold reduction in potency against human KAT II; this was speculated to result from sequence variants in the enzyme catalytic sites [54]. S-ESBA continues to be a valuable tool compound in the *in vivo* investigations of the KP to investigate the significance of KYNA levels in neurodegenerative disease.



# 5.3 Kynureninase Inhibitors

Kynureninase catalyzes the hydrolytic cleavage of both kynurenine and 3-hydroxykynurenine to generate anthranilic acid and 3-hydroxyanthranilic acid, respectively [55]. The majority of inhibitors of kynureninase are substrate based and are designed based on the postulated transition state intermediate where water attacks the benzoyl group carbonyl through a PLP-dependant mechanism. The hydroxy (16;  $K_i = 0.3 \mu$ M) and sulfone (17;  $IC_{50} = 11 \mu$ M) derivatives have been reported as inhibitors of human kynureninase with moderate to good potency [56, 57]. The methoxy derivative (18;  $IC_{50} = 3 \mu$ M) was identified as a moderately potent and selective inhibitor of kynureninase [58]. *In vivo* studies were also carried out using this inhibitor to demonstrate that 3-hydroxylation is the preferred route of KYN metabolism in the brain. As expected, this study demonstrated that inhibition of kynureninase resulted in an increase in the levels of the neurotoxic 3-HK.



A series of novel bicyclic analogs of kynurenine were subsequently reported exhibiting moderate potency against human kynureninase; for example, the napthyl derivative (**19**) exhibits a  $K_i$  of 22 µM [59]. Further enhancements in the potency against human kynureninase were achieved through the synthesis of the di-hydroxy compound (**20**;  $K_i = 100$  nM) which demonstrated improved selectivity (1,000-fold) over the bacterial enzyme [60]. In 2009, the co-crystal structure of human kynureninase with 3-hydroxyhippurate (**21**;  $K_i = 60 \mu$ M) was solved [61]. Subsequently, a series of mutants were designed to establish the preliminary binding residues contributing to substrate specificity. Needless to say, selectivity against kynureninase is an essential prerequisite in the progression of a neurodegenerative disease treatment.



#### 5.4 3-Hydroxyanthranilic Acid Oxygenase Inhibitors

3-Hydroxyanthranilic acid oxygenase (HAO) catalyzes the final transformation of the pathway's conversion of tryptophan into QUIN [62]. To date, the only inhibitors of HAO reported are halogenated substrates, and these are represented by the compounds 22, 23, and 24, below. These compounds have been shown to be highly potent (IC<sub>50</sub>s of 22, 23, and 24 are 6, 0.3, and 5.8 nM, respectively), and their utility as potential therapeutic agents has been limited, possibly due to the oxidative instability of these compounds [63]. Compound 22 has, however, been shown to attenuate QUIN accumulation (following immune activation) in brain and blood following systemic administration to mice [64], thus illustrating that targeting HAO may have the ability to potentially provide a neuroprotective agent. Compound 24 have also shown the ability to inhibit cerebral HAO *in vivo* following intracerebroventricular administration to rats resulting in reduction of QUIN production, as measured by GC/MS [65].



# 5.5 KMO Inhibitors

KMO is a NADPH-dependant flavin monooxygenase which is localized to the outer membrane of mitochondria [66]. KMO is expressed at high levels in the liver, endothelial cells, and monocytic cells and to a lower extent in the brain. Here, its expression is mainly found in cells of glial nature, specifically in microglial cells and in infiltrating macrophages, whereas little or no expression has been found in astrocytes or in neurons [12, 67]. However, the lack of good antibodies to detect

endogeneous KMO has limited the verification of this expression pattern in the brain.

As described above, KMO catalyzes the hydroxylation at the third position of kynurenine. The KMO enzyme is thus at a key position of the pathway as its activity determines the level of flux through the two arms of the pathway. KMO inhibition is expected to be beneficial in neurodegenerative disease as this would increase the availability of KYN to KATII, and thus achieves a shift away from QUIN and 3-HK production to an increase in KYNA production. Thus, KMO has been considered the most relevant target for therapeutic intervention in the KP for CNS disease [1].

The first reported competitive inhibitor of KMO was nicotinoylalanine (NAL, 25). NAL is a simple analog of the natural substrate (KYN) where the amino ring substituent has been removed and a pyridyl ring nitrogen has been placed to block the hydroxylation position [68]. The potency of this analog is low (IC<sub>50</sub> = 900  $\mu$ M) and is equipotent against kynureninase; however, it has been shown to increase the concentration of KYNA in brain tissue and has anticonvulsant activity at high doses. Further optimization of this template was carried out by and resulted in the identification of (m-nitrobenzoyl)alanine (m-NBA, 26). NBA has a 100-fold selectivity over kynureninase with an IC<sub>50</sub> of 0.9 µM for KMO. In vivo NBA was shown to increase the concentration of KYN and KYNA in brain, blood, and liver of rats [69, 70]. Molecular modeling studies were also carried out [71] to rationalize the potency and selectivity obtained for NBA. A protein structure of KMO is currently not available; however, investigation of the mechanism of action of KMO and generation of a "pseudo active site" model was carried out. These studies are the first reported investigations of quantitative structure-activity relationships (QSAR) for KMO inhibitors.



Pharmacia and Upjohn subsequently carried out an SAR study of the phenyl ring of **26** and highlighted that 3,4-dichloro substitution was preferred [72] giving rise to PNU-156561 (**27**, IC<sub>50</sub> = 0.2  $\mu$ M). The same group [73] then explored the SAR around the benzoylalanine side chain of this series and highlighted that the carboxylic acid was essential for activity, whereas the amino group may be removed with limited effect on the activity (**28**, R = H; IC<sub>50</sub> = 0.9  $\mu$ M). This was an important discovery as this moved the inhibitor series away from the natural substrate and opened the door for exploration of side chain substitutions. Modification of the second position (i.e., replacement for the amino group) highlighted the hydroxy and benzyl analogs (**28**, R = OH, CH<sub>2</sub>Ph, respectively) as potent enzyme inhibitors, IC<sub>50</sub> = 0.3 and 0.18  $\mu$ M, respectively. Substitution with a methyl group gave slightly lower activity (28,  $R = CH_3$ ;  $IC_{50} = 2.2 \ \mu$ M). The stereochemistry of these inhibitors was also investigated through a stereoselective synthesis, as perhaps expected it was found that the S-(-) isomer was favored in all cases. In the same study, the 4-oxo-butenoic acid analogs were also reported (29, R = H, OH, CH<sub>3</sub>) with similar activity against KMO ( $IC_{50} = 0.9, 0.95, 2.2 \ \mu$ M, respectively) [73].



An identical template was also explored by Glaxo Wellcome [74] 2 years later, again showing a preference for the 3,4-dichloro substituents on the phenyl ring. The ability of these compounds to inhibit the production of QUIN was performed using macrophage cultures stimulated with interferon- $\gamma$  as a model for QUIN formation in inflammatory disease. Pharmacia and Upjohn continued to develop the benzovl carboxylic acid series of inhibitors, subsequently identifying that conformational restriction of the side chain through incorporation of a cyclopropyl ring (30, UPF-648) gave an improvement in potency to the nanomolar level [5, 75]. UPF-648 has become a valuable tool for academics and industry and is widely used as a benchmark compound for studies investigating the utility of KMO inhibitors. The strategy of rigidifying the side chain was further explored by the same industrial group [76]; through molecular overlays, they designed the quinoline-based inhibitor (31) which had moderate activity against KMO and good selectivity against kynureninase and KAT. Although the best reported IC<sub>50</sub> was only 24  $\mu$ M for (31), this illustrates the possibility of modification of the central core to generate new inhibitor series with the goal to improve the activity profile and CNS penetration.



In addition to the "ketoacids" described above, an interesting sulfonamide screening hit (**32**) was described by Roche [77]. The SAR around this compound was explored resulting in the identification of many compounds with improved potency against KMO; these are illustrated by compounds (**33**, Ro61-8048) and (**34**), with IC<sub>50</sub>s of 37 and 39 nM, respectively. As well as being highly potent inhibitors of KMO *in vitro*, these compounds were shown to inhibit KMO following oral dosing to gerbils. Compound **33** (100  $\mu$ mol/kg, p.o.) also increased KYNA concentrations (7.5-fold) in the extracellular hippocampal fluid of rats. Many
studies have been carried out with these compounds; however, there remains a question mark over the brain penetrability of this series.



Although there have been a number of potent and selective inhibitors of KMO reported in the literature, to date there have been no clinical trials initiated. The most likely explanation for this lack of progress is due to the fact that reported chemotypes have suffered from the same problem of limited penetration into the CNS.

## 5.6 KMO Inhibition and Stroke/Ischemia

Sustained upregulation of the KP enzyme system is observed after brain injury. After a cerebral insult, glia cells become activated and secrete cytokines and kynurenines [20]. It has been shown that in gerbils, after induced transient ischemia in the brain, kynurenine metabolite levels, especially QUIN, increase dramatically in the ischemic region of the brain for several days [20]. It is assumed this is a secondary, inflammatory response to brain damage due to induction of microglia cells and infiltrating macrophages, and may further prolong or enhance the damage. Application of a KMO inhibitor has been pursued as a strategy to reduce potentially neurotoxic metabolites such as 3-HK and QUIN, and to increase neuroprotective KYNA levels through an increase in kynurenine levels. Ro61-8048 (33, see above) was applied to hippocampal slice cultures exposed to oxygen and glucose deprivation, and to an *in vivo* model of stroke in gerbils [77, 78]. In these experiments, KYNA levels were shown to increase up to 7.5-fold after application of the KMO inhibitor, accompanied by a substantial reduction of cell death. In a model of rat cerebral ischemia, both Ro61-8048 and another KMO inhibitor, mNBA (26), substantially reduced the level of hippocampal cell death [79]. The administration of 3-HK or OUIN prevents the neuroprotective effects of these inhibitors,

suggesting that the neuroprotective mechanism may occur via 3-HK/QUIN [78]. Surprisingly, Ro61-8048 is claimed to be brain impermeable [1], which has been confirmed by our own studies (data not shown). The central effects achieved *in vivo* after oral administration can thus only be attributed to increases of kynurenine levels in the periphery and subsequent changes of KP metabolites in the brain. Taken together, these data suggest that modulating the KP pathway through KMO inhibition may help to modulate the outcome of neuronal cell damage after ischemic conditions; however, the mechanism underlying these pharmacological effects needs to be elucidated.

#### 5.7 KMO Inhibition and Huntington's Disease

HD is a fatal progressive neurodegenerative disorder that is characterized by a triad of motor, cognitive, and psychiatric dysfunctions, typically starting in midlife and progressing relentlessly to death. It is caused by a mutation in the Huntingtin gene, where a stretch of normally up to 35 CAG repeats are elongated from 35 to >100 CAG. The corresponding Huntingtin protein (*Htt*) is expressed ubiquitously in the body, but the elongated poly-glutamine stretch leads mainly to neuronal cell loss and brain dysfunction. Medium spiny neurons in the striatum most severely suffer from degeneration in HD; however, other brain regions are also affected, leading to brain dysfunction and eventually to death [80, 81].

In terms of the tryptophan pathway and HD, it is known that patients with HD display an activated immune system and, in particular, decreased Trp levels [82]. Furthermore, the KP has been shown to be activated in HD animal models and human patients, thus pointing at a potential link between dysregulated KP and disease [83]. One KP metabolite, in particular, QUIN, has been linked to HD. Intrastriatal injection of QUIN in rodents has been shown to cause lesions in the striatum reminiscent of HD striatum [84]. This system hence became an animal model to study HD in animals, before genetic models became available. In a genetic mouse model of HD, R6/2, 3-HK levels are elevated in certain brain regions such as the cortex and striatum at 1–4 months of age, and KMO activity is increased [85]. In other animal models that show a more modest phenotype such as YAC128 or knock-in mice, QUIN and 3-HK were also elevated in striatum and cortex, although at a later stage [86]. It has also been found that both 3-HK and QUIN levels are significantly increased - by three- to fourfold - in low-grade human HD brain, but remain unchanged in higher grade cases [87], leading to the hypothesis that these metabolites may participate in the early phases of neurodegeneration.

Additional evidence directly pointing at KMO as a potential target for the treatment of HD comes from functional genomics studies in yeast (*Saccharomyces cerevisiae*), where a large-scale genetic screen was designed to identify gene deletions that suppress the toxicity of mutant Huntingtin (mHtt). The most efficient rescue was achieved by deletion of the yeast homologue of the human KMO

protein. It was subsequently shown that further suppressor genes identified do not encode for KP enzymes but have indirect effects on KP metabolite levels [88].

Although final genetic validation of KMO as a target for HD is still outstanding, the evidence summarized above indicates KMO as a viable target. Inhibition of KMO activity is predicted not only to attenuate the flux through the QUIN branch of the pathway but also to shunt the KP metabolism toward enhanced KYNA levels and thus enhance neuroprotection.

#### 5.7.1 Optimization of KMO Inhibitors for the Potential Treatment of HD

To identify KMO inhibitors with the potential to treat Huntington's disease, CHDI, a not-for-profit research organisation, has embarked on a discovery program with drug discovery company Evotec. The initial goal of the program is to identify potent, selective BBB-permeable KMO inhibitors for proof of concept experiments in HD *in vivo* studies; however, the ultimate goal of the collaboration is to progress a clinical candidate for the treatment of HD. As a first step in this process, a full evaluation of compounds (**30**) and (**34**) was undertaken to establish a benchmark for both these series of inhibitors. This included an evaluation of the potency in both biochemical and cellular assays as well as profiling the adsorption, distribution, metabolism, excretion, and toxicity (ADMET) properties.

To evaluate the inhibitors, Evotec has developed a robust *in vitro* KMO inhibition assay based on monitoring the enzyme reaction by means of LC/MS/MS (Fig. 2), which enables a direct quantification of the substrate and product and has been successfully applied to both biochemical (mouse, rat, and human KMO enzymes) and cellular (using both a stable CHO cell line over-expressing human, mouse, or rat KMO enzymes, and a rat microglia cellular system) assays.

The profiles of compounds (**30**) and (**34**) are shown in Table 1. As can be seen in the above table, the potency (biochemical and cellular) of keto acid **30** is superior to the sulfonamide **34**. However, due to difficulties with solubility and detection of the compound in LC/MS, the full ADMET profile could not be gathered for compound **30**. Compound **34** although more readily profiled in the ADMET assays was shown to have several liabilities, including microsome instability, inhibition of



Fig. 2 KMO reaction monitored by LC/MS/MS

Assay	Compound 34	Compound 30
IC <sub>50</sub> mouse enzyme (µM)	0.205	0.001
$IC_{50}$ rat enzyme ( $\mu$ M)	ND	0.0022
$IC_{50}$ human enzyme ( $\mu$ M)	0.1705	0.08
IC <sub>50</sub> cellular CHO cells (human) (µM)	1.128	0.30
$IC_{50}$ cellular CHO cells (rat) ( $\mu$ M)	ND	0.035
$IC_{50}$ cellular microglia (rat) ( $\mu$ M)	0.349	0.22
Aqueous solubility (mg/ml)	0.1	< 0.01
Half-life human liver microsomes (min)	10.7	NS
Half-life mouse liver microsomes (min)	8.8	NS
Plasma protein binding (% unbound)	1%	NS
Caco-2 $(nM/s) [A-B]/[B-A]$	421/164	NS
CYP450 enzyme inhibition (µM) 1A2/2C9/2C19/2D6/3A4	23/>50/1.8/>50/>50	>50/>50/>50/>50/>50/>50
LogP	3.4 (pH 2)	2.62
Cytotoxicity (µM)	>50	>50
PK comment	No brain penetration	No brain penetration

Table 1 Profiling data for compounds 30 and 34

NS no signal; ND not determined

cytochrome P450s, and high plasma protein binding. The *in vivo* pharmacokinetics of both the above compounds was evaluated in mice (intravenous and oral dosing); unfortunately, neither compound showed any appreciable BBB penetration. It is clear that to fully evaluate KMO as a potential target for diseases such as HD, there must be an appreciable level of penetration of the inhibitor through the BBB into the CNS.

Further evaluation of compound **30** was also carried out in an *in vivo* microdialysis study of kynurenine metabolites (study carried out by Brains OnLine<sup>1</sup>). The extracellular levels of anthranilic acid, KYNA, and 3-hydroxykynurenine were determined through a microdialysis probe inserted into the medial prefrontal cortex (mPFC) of mouse brains after oral dosing (10 mg/kg) of compound **30**.

As can be seen in Fig. 3, the changes in metabolite level are consistent with inhibition of KMO *in vivo*, even with the caveat that compound **30** does not penetrate the brain to an appreciable level.

To overcome the liabilities outlined in Table 1 and to establish a new series of potent inhibitors of KMO with BBB penetration and selectivity against kynureninase and KAT II, optimization of the keto acid inhibitors (e.g., 30) was undertaken.

Initial analogs of **30** focused on replacement of the carbonyl (keto) group, one such analog was the oxime ether **35**. Unfortunately, this analog was less potent than the parent keto derivative **30** (Table 2); however, the compound did exhibit improved solubility and microsome stability. Interestingly the "parent" oxime analog where the cyclopropyl group has not been introduced (**36**) has a much improved potency while retaining the improved ADMET profile of **35** (Table 2). Encouraged by these results, we prepared a series of amide derivatives of **36** to remove the carboxylic acid functionality, one such example was compound **37**.

<sup>&</sup>lt;sup>1</sup> http://www.brainsonline.org



Fig. 3 Effects on extracellular levels of Anthranilic acid (*blue squares*), KYNA (*red squares*), and 3-HK (*green triangles*) in rat prefrontal cortex (PFC) (n = 1) after oral dosing (10 mg/kg) of compound **30** 

Table 2 Profile of selected oxime ethers

Assay	Compound			
	30	35	36	37
IC <sub>50</sub> mouse enzyme (µM)	0.001	4.5	0.014	0.3
$IC_{50}$ cellular CHO cells (human) ( $\mu$ M)	0.3	5.1	0.45	2.0
Aqueous solubility (mg/ml)	< 0.01	0.27	0.33	0.05
Half-life human liver microsomes (min)	NS	>60	>60	12
Half-life mouse liver microsomes (min)	NS	>60	>60	5
Cytotoxicity (µM)	>50	30	>50	>50



Although this particular amide was less potent in the KMO inhibition assays and a degree of microsomal instability was reintroduced, both **36** and **37** were submitted for pharmacokinetic evaluation in mice to investigate the potential improvement from removal of the carboxylic acid. It was found that both **36** and **37** have a good level of oral bioavailability (77 and 128%, respectively), and as expected **37** has a high clearance rate (59 l/h/kg) compared to **36** (0.3 l/h/kg). However, the major difference between these two compounds comes from the brain penetration. It was found that compound **36** had only a 5% penetration across the BBB, whereas **37** 

gave 49% brain penetration. To date, these KMO inhibitors have been shown to be selective for KMO over kynureninase and KAT II. Further optimization of this oxime scaffold to identify KMO inhibitors that meet the program goals is underway at CHDI and Evotec and will be reported in the near future.

To assist in the design of new inhibitors, CHDI and Evotec have also used a variety of both structure- and ligand-based computer-aided drug design (CADD) tools. For example, in terms of structure-based design, a number of homology models have been developed to investigate the possible binding modes of the inhibitors, to enable clear evaluation of SAR and to assist in the design of new inhibitor structures (through docking/scoring procedures). One such model is illustrated in Fig. 4. Here, the postulated key interactions of the keto acid template can be seen alongside the accommodation of the methyloxime derivative.

The above homology model (Fig. 4) has also been used to carry out a virtual screen of commercially available compounds. From catalog suppliers, 330,000 virtual compounds were selected using CNS drug-like property values [89] subsequently docked into the homology model and scored using a variety of scoring functions [90]. From these studies, a selection of 1,000 compounds was purchased



Fig. 4 Homology model of KMO with compound 30 docked

and screened for KMO inhibition. This successfully identified 27 hits with 17 having an  $IC_{50} < 10 \mu M$ . These compounds are currently under optimization as part of our ongoing KMO program.

A variety of QSAR models have also been investigated. Comparative molecular field analysis (CoMFA) and comparative molecular similarity indices analysis (CoMSIA) [91, 92] models have been used for the substrate-based and keto acid inhibitors (represented by compounds **27** and **30**). Molecular overlays were initially developed for each class, and by comparison of activity data with these overlays, a model can be developed to take into account both steric and electrostatic fields around the inhibitors; this is illustrated in Fig. 5 [91].

Using a set of 50 training molecules, the model was tested with 21 test compounds. In this example, the model correctly predicted 83% of compounds with  $IC_{50} < 1 \,\mu$ M, 81% of those molecules between 1 and 10  $\mu$ M, and 75% of those with  $IC_{50} > 10 \,\mu$ M. Figure 6 illustrates the correlation of this model (CoMFA correlation coefficient = 0.965, CoMSIA correlation coefficient = 0.704).

QSAR tools such as these are currently being used to rationalize SAR and to predict the potency of newly designed analogs currently undergoing evaluation before initiation of synthesis.

### 6 Perspective and Future Challenges

Manipulation of the tryptophan pathway continues to provide a range of potential therapeutic targets for disease intervention. Inhibition of the KP and the control of excitotoxic and neuroprotective metabolites are of particular interest in the treatment of HD. Although the discovery of a potent and selective inhibitor of the KP capable of efficacy *in vivo* in animals is challenging, the true hurdle for researchers is the translation of these lead compounds into viable therapies for the treatment and control of HD.



**Fig. 5** CoMFA overlays for KMO inhibitors, *Green* and *yellow* – Steric fields. *Green areas* show where bulk is favorable; *yellow areas* indicate (*green*) where bulk is unfavorable. *Blue* and *red* – electrostatic fields. *Red areas* show are favorable for negative charge, i.e., oxygens, whereas *blue* are areas unfavorable for negative charge



Fig. 6 Correlation plot for CoMFA and CoMSIA models with experimental enzyme inhibition data on human KMO enzyme

The need to discover an effective treatment for HD is paramount. Currently, the available therapies are limited to treatment of the most widely recognized symptoms of HD such as chorea, depression, irritability/aggression, sleep disturbance, and psychosis. Only one drug (tetrabenazine, a dopamine transport inhibitor) is currently available that has been licensed specifically for HD; this drug that has been licensed in Europe for the treatment of chorea for a number of years, however, was only recently approved in the USA due to its poor side effect profile. Through the targeted interception of key pharmacological mechanisms implicated in HD, the intention is that the onset and progression of HD may be delayed. To this end, the development of transgenic mouse models mimicking the disease has been extremely important milestones for HD studies. These models allow the role of new targets such as KMO to be evaluated in a relevant disease model to fully explore the significance of inhibition on the neurodegenerative effects of mHtt. Models such as the widely used R6/2 mice do, however, have some limitations in that they are expensive, time consuming, and of course have yet to be proven in terms of the predictability for progressive human HD.

One of the major challenges of inhibition of the KP is the presumed interplay between peripheral and central effects of KP metabolites. TRP, KYN, and 3-HK readily penetrate the BBB, whereas the acidic metabolites QUIN and KYNA cannot. Indeed, peripheral administration of TRP increases brain levels of KP metabolites. Considering the large capacity of the KP in the periphery, it is important but very challenging to determine by what extent changes in the levels of peripheral KP metabolites affect brain function and also dysfunction. Inhibition of KMO specifically has challenges. For example, the understanding of the pharmacological mechanism of KMO inhibitors (QUIN-mediated excitotoxicy, kynurenic acid-mediated neuroprotection versus anti-inflammatory effects) although not critical for the optimization of a lead series requires further clarification before progression of compounds to clinical development. In addition, the differences in glia cell biology between rodents and humans and the potential cognitive side effects due to increasing KYNA levels during chronic treatment are key challenges for any ongoing research program.

Progression of a KMO inhibitor into an HD clinical trial will require evidence that the inhibition of the enzyme *in vitro* safely translates to both the anticipated modulation of tryptophan metabolites *in vivo* in the brain as well as positive phenotypical responses within relevant transgenic mouse models.

HD clinical trials present many challenges by themselves, and to date these trials have been varied in their design and quality of data produced. One of the most apparent challenges is the assessment of disease progression. Currently, the most widely recognized system is the Unified Huntington's Disease Rating Scale (UHDRS). This scale encompasses six subscales, namely motor, cognitive, behavioral, total functional capacity, total functional assessment, and independence score, and was developed by the Huntington's Study Group (HSG). Although beneficial in terms of unification of a single scale, the UHDRS must still suffer from the problem of interpretation of a disease that is complex both in terms of onset point and the vast array of symptoms that may be presented. Thus, the identification of validated and measurable biomarkers and clinical endpoints will be vital for such costly trials. Further work is needed in this area to ensure that future clinical trials are as effective as possible. One key factor for future success is the effective recruitment of patients into clinical trials. CHDI are coordinating a new initiative that will increase awareness and capture valuable information relating to disease onset and symptomatic presentation, including early-stage cognitive impairment. This information will be extremely valuable for future clinical trial design and management and ultimately in the search for an effective treatment for HD.

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# **Spinal Muscular Atrophy: Current Therapeutic Strategies**

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Abstract Proximal spinal muscular atrophy (SMA) is an autosomal recessive disorder characterized by death of motor neurons in the spinal cord. SMA is caused by deletion and/or mutation of the survival motor neuron gene (*SMN1*) on chromosome *5q13*. There are variable numbers of copies of a second, related gene named *SMN2* located in the proximity to *SMN1*. Both genes encode the same protein (Smn). Loss of *SMN1* and incorrect splicing of *SMN2* affect cellular levels of Smn triggering death of motor neurons. The severity of SMA is directly related to the normal number of copies of *SMN2* carried by the patient. A considerable effort has been dedicated to identifying modalities including both biological and small molecule agents that increase SMN2 promoter activity to upregulate gene transcription and produce increased quantities of full-length Smn protein. This review summarizes recent progress in the area and suggests potential target product profile for an SMA therapeutic.

Keywords Spinal muscular atrophy, SMN2, mRNA stability, DcpS inhibitor, Structure-based design

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## 1 Introduction

Spinal muscular atrophy (SMA) is a group of juvenile autosomal recessive disorders. The general feature shared by all forms of SMA is progressive muscle weakness. It results from degeneration and eventual loss of the anterior horn cells in the spinal cord and the brain stem nuclei. Low muscle mass, inadequate weight gain, respiratory infections including pneumonia, scoliosis, and joint contractures are common complications. SMA is the second most common inherited disease in humans (after cystic fibrosis) affecting approximately 1 in every 6,000 newborns [1]. The carrier frequency for SMA is about 1 in 40 individuals. Internationally, the incidence of SMA is 7.8–10 cases per 100,000 live births [2].

## 2 SMA Genetics

The genetic cause underlying SMA is mutation of the survival motor neuron 1 (*SMN1*) gene, encoding the protein survival motor neuron (Smn). SMA is caused by mutation or homozygous deletion of the telomeric copy of the *SMN1* gene on chromosome 5q13 [3]. The majority (ca. 95%) of SMA patients carry homozygous deletions [4–9]. The region on chromosome 5 surrounding *SMN1* has an inverted duplication that includes variable numbers of copies of a second, related gene named *SMN2*. The clinical course of SMA varies from mild to severe depending upon the number of copies of *SMN2* carried by the patient [3]. The most common *SMN1* mutation is deletion, but other mutations, including gene conversion of *SMN1* to *SMN2*, may occur. Smn functions in the synthesis and trafficking of small nuclear ribonucleoproteins or snRNPs required for exon splicing to create mRNA. The protein heterodimerizes with multiple cellular targets including SIP1, GEMIN4, and others involved in the production of snRNPs, as exemplified by hnRNP U and the small nucleolar RNA-binding proteins.

*SMN2* differs from *SMN1* by eight nucleotides, one of which results in skipping of exon 7 in *SMN2* mRNA processing. The *SMN2* gene is transcribed, but a mutation in a splice enhancer causes missplicing such that most transcripts lack exon 7 and produce a truncated protein product that is rapidly destroyed [10]. Because the *SMN2* gene does produce a small percentage of correctly spliced transcripts, a small amount of Smn protein is produced. Copy number variation in *SMN2* modifies disease severity [11]. A majority of babies with b SMA are severely affected with survival only 1–2 years after birth. Such patients typically have one to two copies of the *SMN2* gene as some patients may have chromosome 5 deletions covering both *SMN1* and *SMN2*. SMA patients with milder disease may carry three to six copies of the *SMN2* gene [12].

## **3** SMA Diagnosis and Categorization

Diagnosis of SMA includes a blood test which looks for the presence or absence of the *SMN1* gene. The DNA diagnostic test is combined with both physical examination and assessment of family history [13]. A carrier is identified from the number of exon 7-containing *SMN1* gene copies present. Due to variability within this region of human chromosome 5q13, some carriers may appear normal by DNA test as they may have two copies of *SMN1* on one copy of chromosome 5 and deletion of *SMN1* on the other [14]. Although the number of *SMN2* copies is related to the severity of the disease, it does not reliably predict the outcome. Therefore, in addition to the genetic testing, clinical evaluation includes assessing extent of weakness and motor abilities. These include electromyography (EMG) and nerve conduction velocity (NCV).

Although genetic evidence suggests that mutation of SMN1 combined with variable SMN2 copy number places patients on a continuum, pediatricians and neurologists historically categorized the disease into types based on clinical evidence. This classification is currently in use for proper treatment regimen and prognosis. There are four different types of SMAs (Type I-IV) recognized by the medical community. An additional Type 0 disease has been proposed to categorize SMA diagnosed within 30-36 weeks of gestation. Newborns with Type I SMA (SMA1, acute infantile SMA, Werdnig-Hoffman disease) feature facial weakness, low muscle tone (flaccidity), have serious issues with breathing, rolling over, and sitting without support, and eventually succumb to the disease within the first 2 years [15]. Type II SMA (SMA2, chronic infantile SMA, Dubowitz disease) is normally diagnosed at 6–12 months. Although the affected children do not require breathing aid and can sit, they fail to stand or walk unaided. They do survive into adulthood, but with significant motor disability and are vulnerable to respiratory infections [16]. Patients affected by Type III SMA (SMA3, Kugelberg–Welander disease, chronic juvenile SMA) are diagnosed in childhood (>age 1) or adolescence but remain mobile into adulthood. For these patients, it is difficult to rise from a sitting position. Usual complaints include trembling fingers and weakness of proximal limbs. SMA2 and SMA3 are detected in 1 of 24,000 births [16]. Type IV SMA usually occurs after age 30–35. This is the mildest form of the disease manifesting itself in moderate muscle weakness, tremors, and twitching [17].

## **4** Current Treatments

## 4.1 Preclinical Evaluation

#### 4.1.1 In Vitro and Ex Vivo Assays

In this chapter, we will summarize several ex vivo and *in vivo* assay systems used to prioritize small molecules for preclinical development. Much work has focused on identifying compounds that increase *SMN2* promoter activity. Given that *SMN2* 

gene copy number modifies disease severity, a small molecule activator could mimic an increase in copy number. Histone deactylase inhibitors, for example, which elevate gene expression by modifying chromatin structure, have been shown to increase SMN2 gene expression in cellular assays. Moreover, multiple groups have used cellular systems to screen for additional compounds with potential therapeutic activity. For example, Jarecki et al. constructed a cell-based SMN2 gene reporter assay by transforming the NSC34 mouse neuroblastoma  $\times$  motor neuron hybrid cell line with a fragment of the human SMN2 gene promoter that is functionally linked to a bacterial β-lactamase gene. This assay is both robust and amenable to high-throughput screening (HTS) [18]. In a subsequent test, primary hits are confirmed by their ability to increase SMN mRNA, as measured by realtime PCR, in fibroblasts collected from SMA patients. A 1.3- to 2-fold increase in SMN mRNA at sub-micromolar to low micromolar concentration is generally observed for active compounds regardless of their molecular mechanism of action. A patient-derived skin cell assay is further used to assess the effect of an agent on Smn protein level and the number of nuclear organelles termed Gems or Cajal bodies (intranuclear concentrations of Smn found in most cells). The latter is a functional read-out of Smn protein levels [19].

#### 4.1.2 In Vivo Models

Efforts at generating mouse models of SMA have been encouraging but not entirely successful. The mouse SMN gene is present as a single copy and does not undergo alternative splicing. Therefore, there is no counterpart in mice to the SMN2 gene present in humans. SMN<sup>-/-</sup> mice are pre-implantation lethal and underscore the importance of the Smn protein for cellular and organismal survival. Since a milder phenotype allowing survival past birth is a desirable feature of an SMA model, several groups have introduced human SMN2 BAC transgenes or mutant forms of SMN into mice. The combination of an SMN2 BAC transgene on the mouse SMN<sup>-/-</sup> background results in neonatal lethality at low SMN2 copy number or complete rescue at high SMN2 copy number. Burghes and coworkers additionally introduced a transgene producing a truncated SMN1 transgene lacking exon 7 (often referred to as the SMN $\Delta$ 7 model) [20]. Lifespan of the SMN $\Delta$ 7 mice is generally about 15 days. The role of the truncated  $\Delta 7$  Smn protein in extending lifespan at least until 15 days is not well understood. More recently, DiDonato et al. has described a model in which the single nucleotide polymorphism causing missplicing of SMN2 mRNA lacking exon 7 was knocked into the mouse SMN locus (referred to as the 2B/- model) [21]. These mice live until about 25 days of age. To further our understanding of SMN in terms of structure/function relationships and disease pathogenesis, it would be ideal if a panel of animals with intermediate/mild phenotypes of SMA existed.

The Jackson Laboratory received support from the SMA Foundation to make available the first group of mouse models for SMA. Each of the models includes a targeted mutation of the endogenous mouse *SMN* gene, combined with transgenes involving various forms of human *SMN2* and/or *SMN1*. Mice that are both

homozygous for the targeted mutant Smn1 and carry the *SMN2* transgene exhibit symptoms and neuropathology similar to humans with type I proximal SMA. These mutants are either stillborn or survive for only 4–6 days. Homozygotes bearing the Smn-targeted mutation without a copy of the *SMN2* transgene die embryonically [22]. Mice homozygous for the Smn-targeted mutation and hemizygous for the *SMN2* transgene are viable, fertile, and have short thickened tails. There is a strong correlation between estimated copy number of the transgene and severity of the phenotype. These mice exhibit a molecular and progressive neurodegenerative phenotype similar to Type III SMA [23].

## 4.2 Supportive Treatments

SMA patients are regularly assessed for nutritional state, respiratory function, and orthopedic status. Currently available treatment is aimed at improvement of the patients' quality of life and addressing disability(ies). Examples of possible treatments, depending on type and severity of condition, include dietary assessment (i.e., recommendations for dealing with swallowing issues) and/or nutritional support via tube feeding; physical therapy to improve or maintain mobility and flexibility; wheelchair assistance for independent mobility; orthoses to prevent/minimize spinal curvature and/or to support walking; spinal fusion surgery; and respiratory therapies (e.g., supplementary oxygen, mechanical ventilation, and chest physiotherapy) [24].

## 4.3 Investigational Therapies

SMA is considered one of the better validated diseases for therapeutic intervention for a number of reasons. While SMA is manifested in a broad clinical spectrum, a single gene is responsible for all clinical forms of the disease (e.g., severe, intermediate, and mild). Loss of *SMN1* and *SMN2* is lethal, therefore essentially all SMA patients typically retain one or more copies of *SMN2*. *SMN2* encodes a fully functional Smn protein. Molecules that stimulate full-length Smn protein expression from the *SMN2* gene are of interest to a broad range of SMA patient populations. It has been suggested that SMA may be the first inherited disorder in which the activation/splicing correction of a copy of the gene may cure or ameliorate the disease. The level of Smn protein could be increased by either (1) enhancing *SMN2* gene transcription or (2) suppressing defective splicing of the *SMN2* mRNA, thereby increasing the number of full-length transcripts.

#### 4.3.1 Biological Strategies for the Treatment of SMA

Antisense nucleotides hybridizing to an exon 7 reportedly promoted its inclusion and increased full-length Smn protein levels. Notably, the treatment did not interfere with either mRNA export or translation [25]. A development of bifunctional RNAs that modulate *SMN2* pre-mRNA splicing and could be delivered via a gene therapy vector has been reported [26]. These agents feature two distinct domains: *SMN*-complimentary RNA sequence and RNA segment recognized by various cellular splicing factors, such as SR and SR-like proteins. Further developments of this approach have been published recently [27].

A trans-splicing strategy is based on combining mutant and therapeutic RNAs to restore parent RNA sequence. A recent report described a specific system that reduced the competition between the splice sites and hence enhanced the efficiency of the process. Trans-splicing RNAs were shown to redirect splicing from the *SMN2* mini-gene as well as from endogenous transcripts. In the next step, transsplicing RNAs were successfully delivered to SMA patient fibroblasts via recombinant adeno-associated viral vectors to yield increased levels of full-length SMN mRNA and total Smn protein levels. Notably, this treatment also restored snRNP assembly, a critical function of Smn. Authors concluded that the alternatively spliced *SMN2* exon 7 was a viable target for replacement by trans-splicing [28].

A series of vectors have been designed that express modified U7 snRNAs containing antisense sequences complementary to the 3V splice site of *SMN*. Over 20 anti-SMN U7 snRNAs were tested for their ability to promote inclusion of exon 7 in the *SMN2*. Transient expression of anti-SMN U7 snRNAs in HeLa cells enhanced *SMN2* splicing by ca. 70% yielding anticipated exon 7 inclusion in a sequence-specific and dose-dependent manner. The administration of anti-SMN U7 snRNPs also resulted in the increased concentrations of Smn protein [29]. Two novel recombinant splicing factors, namely hnRNP-G and its paralogue RBM, promoted inclusion of *SMN2* exon 7 via the specific protein–protein interaction involving hnRNP-G/RBM and Htra2-B1 [30].

Several symptomatic therapies aimed at muscle mass maintenance have been tested. For example, administration of follistatin to SMA mouse models resulted in increased muscle mass, gross motor function improvement, and a 30% increase in average lifespan. It has been suggested that follistatin targets the pathways that affect muscle maintenance and growth, specifically myostatin, a protein that limits muscle tissue growth. Skeletal muscle is a viable therapeutic target that may reduce the severity of some SMA symptoms. It is conceivable that the most effective treatment would combine strategies that directly address the genetic defect in SMA and SMN-independent strategies that enhance skeletal muscles. Similarly, thyrotropin-releasing hormone (TRH) has been recently shown to enhance peronal nerve conductancy in Type II–III SMA patients. The agent was delivered via percutaneous intravenous catheters at a dose of 0.1 mg/kg (in 50 ml of normal saline) for a total of 29 days. Improvements lasted 6–12 months [31].

#### 4.3.2 Small Molecule Agents

Small molecule activators of the *SMN2* gene promoter, which enhance Smn expression, represent a promising strategy for the treatment of SMA. A number

of mechanistically and chemically distinct agents were found to enhance the transcription, amend *SMN2* splicing, and stabilize or increase levels of Smn protein in patients. However, the unambiguous clinical proof-of-concept studies of these agents are still absent. The following are some agents under advanced investigation [32–34].

- 1. *Histone deacetylase* (HDAC) inhibitors can increase the level of fl-SMN [35]. Although *valproic acid* (VPA) has been discovered to affect a multitude of pathways, its activity in the SMA models was associated with HDAC inhibition. This molecule was shown to increase SMN protein in skin fibroblasts [36, 37]. A similar mechanistic hypothesis has been suggested for both *phenylbutyrate* and *hydroxyurea*. Phenylbutyrate is an approved agent for the treatment of urea acid cycle disorders. It was found to increase full-length SMN2 transcripts in skin fibroblasts [38]. Oral administration of phenylbutyrate increased SMN expression in white blood cells [39]. In a pilot trial, phenylbutyrate featured a short-term function improvement in ten SMA patients [40]. Hydroxyurea is an agent that enhances the expression of human fetal hemoglobin. Similar to VPA and phenylbutyrate, it increased SMN levels in skin fibroblasts from individuals with SMA [41, 42].
- 2. *Indoprofen*, a nonsteroidal anti-inflammatory drug (NSAID), increased SMN2 levels in fibroblasts of SMA patients [43].
- 3. A Phase I trial of *Rilutek* (*Riluzole*) in infants with SMA showed the molecule to be safe but not sufficiently beneficial for the treatment [44].
- 4. Studies of *gabapentin* in individuals with SMA II and III showed improvement in muscle strength but not in motor or respiratory function [45, 46].

A detailed discussion of these agents is summarized below.

#### HDAC Inhibitors

HDAC inhibitors were found to increase both the expression of *SMN2* and Smn protein in various cell types. The initial evidence regarding their potential therapeutic utility in SMA came from the studies of a weak, non-specific HDAC inhibitor phenylbutyrate [47]. Both this agent along and sodium butyrate showed promise in a mouse model and in an open-label pilot study, but was not effective in a human Phase II clinical trial [40, 48, 49].

Although an increase in the levels of full-length *SMN2* mRNA/protein production is generally regarded as beneficial for the treatment of SMA, there is no consensus regarding its desired magnitude. For example, butyrates and their derivatives featured improved survival of a mouse model of SMA but did not increase SMN levels in the spinal cord of these mice. On the other hand, fibroblast cultures derived from SMA patients were treated with therapeutic doses (0.5–500  $\mu$ M) of VPA to result in a 2- to 4-fold increase in the levels of full-length *SMN2* mRNA/protein. VPA was discovered to elevate Smn protein levels through transcription activation in organotypic hippocampal brain slices from rats. VPA-treated animals featured both higher body weights and significant increase in lifespan. They were able to reorient more quickly and showed improved limb strength and motor function [50]. Sodium valproate has induced motor function improvement in patients presumably via enhancing transcription and reversing *SMN2* splicing pattern [51].

Hydroxyurea was described to increase the number of gems encapsulating functional Smn protein in cells from Type I to Type IV SMA patients. This agent was proposed to act via the inclusion of the missing exon from already existing RNA or/and increase in the expression of other transcription factors. Authors further speculated that these events may allow cell to bypass the *SMN2* mutation, making it work as a surrogate *SMN1* [41, 42].

Suberoylanilide hydroxamic acid (SAHA) was introduced as both potent and safe molecule for the treatment of SMA. SAHA increased Smn protein levels at low micromolar concentrations in rat hippocampal brain slices, motoneurone-rich cell fractions, and in a human brain slice culture assay. This agent was more efficient than VPA in both activating *SMN2* and inhibiting HDACs. SAHA also features good oral bioavailability. It was well tolerated and reported to cross the blood–brain barrier [52]. A close analog of SAHA, M344 increased full-length *SMN2* mRNA, Smn protein level, and number of gems in fibroblast cultures derived from SMA patients. The molecule was noted to be cytotoxic at high concentration featuring therapeutic index of ca. 2 [53].



Trichostatin A, a more potent HDAC inhibitor compared to SAHA, increased SMN2 expression in cultured cells and *in vivo*. It ameliorated neuromuscular abnormalities and improved the clinical phenotype of an SMA mouse model [54]. Daily treatment of the 5-day-old SMA mice with trichostatin A enhanced the level of SMN2 expression and production of SMN2 mRNA. In addition, it facilitated the assembly of SMN/RNA complexes. Treatment with trichostatin A restored normal size to anterior horn cells and increased both total muscle area and myofiber diameter. Treated mice lived longer and had better motor function. The median increase in survival was 3 days (20%). In discussing the mode of action of trichostatin A, authors suggested that the inhibition of diverse HDACs makes SMN2 (and, perhaps other genes) more accessible to a frequent transcription. However, the main issue associated with HDAC inhibitors is their effect on

off-target genes, especially in the chronic setting. A potential solution may be identification of the key HDAC enzymes involved in the *SMN2* expression and their inhibition with highly specific small molecules.

Agent TRO19622 featuring steroid template is under development by Trophos. It has successfully completed phase I studies in healthy volunteers and phase Ib studies in SMA patients. The compound was well tolerated, featured good safety profile and PK suitable for once-daily oral dosing based on preclinical models. Unfortunately, very limited biochemical data are available on this molecule in the literature [55].



#### Antibiotics and Their Derivatives

Antibiotic *aclarubicin* was reported to facilitate the retention of exon 7 into the *SMN2* transcript. It promoted incorporation of exon 7 into the *SMN2* transcripts in Type I SMA fibroblasts, bringing the number of *SMN* gems to normal levels [56].

A synthetic derivative of antibiotic *PTK-SMA-01* has been developed by Paratek. Similar to aclarubicin, the compound increased exon 7 inclusion by greater than sixfold above background (19.2% vs. 3.1%) at 10  $\mu$ M concentration. Cellbased assays using patient fibroblasts revealed that the agent increased the expression of both Smn protein (40% increase at 10  $\mu$ M) and gems (2.8-fold increase at 2.5  $\mu$ M). Adult *SMN2* transgenic mice were treated with PTK-SMA-01 to determine whether the compound increases full-length *SMN2* mRNA levels in non-CNS tissues *in vivo*. Four daily administrations (i.v. or p.o.) of the compound at 25 and 50 mg/kg furnished increased expression of *SMN2* mRNA by 23% in the kidney and by 74% in the liver compared to mice dosed with vehicle. Unfortunately, the molecule displayed very limited blood–brain barrier permeability [57].



#### Agents that Inhibit the Decapping Scavenger Enzyme

A cell-based assay for *SMN2* promoter activation and the details of an uHTS screening campaign of 558,000 compounds was described by Jarecki et al. [18]. This effort led to the identification of several small molecule hits representing nine scaffolds. Derivatives of 2,4-diaminoquinazoline were prioritized as potent activators of the *SMN2* promoter. Structure–activity relationship studies culminated in a lead compound X featuring high potency (EC<sub>50</sub> = 4 nM) and 2.3-fold induction of the *SMN2* gene [58].



2,4-Diaminoquinazolines R = 2-F (D156844), 2-Cl, 3-Cl

The optimized molecules featuring a 5-C substituent also upregulated expression of the mouse SMN gene in a mouse motor neuron hybrid cell line NSC-34. In Type I SMA patient fibroblasts, these compounds induced SMN in a dosedependent manner and restored the number of intranuclear gems to levels corresponding to unaffected genetic carriers of SMA. Smn protein concentration has also been increased throughout the cell. In addition to favorable ex vivo functional activity, selected 2.4-diaminoquinazolines afforded high brain exposure levels and long brain half-life following oral dosing in mice. The decapping scavenger enzyme (DcpS) was recently reported as a potential molecular target of these compounds [59]. Specifically, screening of ~5,000 human proteins arrayed on a glass slide with an I-125 labeled C5-substituted quinazoline ligand identified DcpS as the sole interactor. DcpS binds and hydrolyzes the <sup>7</sup>methyl guanine cap structure of mRNA (<sup>7</sup>mGpppG) in a two-step reaction. There was a tight correlation between DcpS inhibition and SMN2 promoter induction [59]. D156844, for example, inhibited DcpS with an  $IC_{50} = 8$  nM and activated the SMN2 promoter at an  $EC_{50} = 4$  nM. Co-crystallization of D156844 and other C5-quinazolines with DcpS revealed that the compounds trapped the enzyme in a non-productive, open conformation. Structural data further suggested that the 2,4-diaminoquinazoline motif occupies the <sup>7</sup>mG-binding pocket of DcpS with the SAR around the quinazoline core [58].



#### Natural Polyphenols

A red wine component, (*E*)-resveratrol, was evaluated in SMA Type-1 fibroblasts. Treatment with the molecule (100  $\mu$ M) resulted in a 1.2- to 1.3-fold increase in the levels of full-length *SMN2* mRNA and Smn protein. However, variable results were obtained from other cell lines [60]. Similarly, other natural polyphenols including *curcumin* and *epigallocatechin galate* (EGCG) moderately increased exon 7 inclusion of *SMN2* transcripts, stimulated the production of fulllength *SMN2* mRNA, Smn protein, and enhanced the formation of Smn-containing nuclear Gems [61].



#### Other Chemical Agents

*Indoprofen*: In a high-throughput screen of ca. 47,000 compound library, authors [43] have converged on indoprofen as a molecule that enhanced production of an *SMN2*- vs. *SMN1*-luciferase reporter protein. Indoprofen, a NSAID and cyclooxygenase (COX) inhibitor, afforded a 13% enhancement of Smn protein and a fivefold increase in the number of nuclear gems in fibroblasts from SMA patients. Notably, other tested NSAIDs or COX inhibitors were inactive in the assay.

Salbutamol, a  $\beta$ 2-adrenoceptor agonist, was shown to promote both expeditious and significant increase in *SMN2* full-length mRNA and Smn protein in SMA fibroblasts [62].

*Amidine* [5-(*N*-ethyl-*N*-isopropyl)-amiloride, EIPA] has been introduced as potent and efficaceous Na<sup>+</sup>/H<sup>+</sup> exchanger inhibitor. This agent afforded comparable enhancement of *SMN2* exon 7 inclusion, Smn protein production, and a number of nuclear gems across six lymphoid cell lines derived from Type I–III SMA patients. Proposed mode of action involves EIPA-induced upregulation of the splicing factor SRp20 in the nucleus [63].



## 5 Target Product Profile for an SMA Therapeutic

Drug discovery teams in industry typically work toward a desired target product profile (TPP). The TPP states in simple terms the desired mechanism of action, therapeutic benefit, and how it will be used. A sample TPP for an SMA therapeutic might be the following:

Mechanism of action: Increase SMN2 gene expression and SMN protein.

*Clinical indication*: For treatment of SMA in children with autosomal recessive mutation of SMN1 and variable SMN2 gene copy number.

- *Dosing form*: Liquid and syrup dosage forms for oral dosing of neonates. Tablet dosage form for older children able to swallow and/or adults.
- *Clinical evaluation*: The compound will extend survival in early-onset, severe Type I SMA patients whose life expectancy is normally 1–2 years of age.

The TPP describes to the drug discovery team that the testing funnel will focus on cellular and animal assays that measure SMN2 gene expression and production of Smn protein, and that animal efficacy studies would need to demonstrate improvement in lifespan for a compound that would be advanced into clinical trials. The pharmaceutic properties of the drug would need to allow oral dosing and provide adequate solubility and stability to allow formulation for liquid or syrup dosage forms. Finally, clinical evaluation of efficacy would necessitate dosing in neonates for 6–12 months with enrollment genetically stratified by SMN2 gene copy number.

## 6 Conclusions

Genetic understanding of the pathogenesis of SMA has led to several encouraging therapeutic approaches. These are designed to increase *SMN2* promotor function, suppress missplicing of the *SMN2* gene transcript, or stabilize correctly spliced

*SMN2* mRNA such that there will be a higher yield of Smn protein produced. Therapeutic targets such as the HDACs and DcpS have emerged with some compounds showing promising benefit in cellular assays and mouse models. It is hoped that one or more compounds entering human clinical trials will show therapeutic advantages in patients.

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