#### MERRY E. WIESNER-HANKS

## GENDER IN HISTORY Global Perspectives Second Edition

**WILEY-BLACKWELL** 

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> Jerry H. Bentley, University of Hawaii

For my premodern/postmodern women's reading group

# Gender in History

## Global Perspectives

Second Edition

MERRY E. WIESNER-HANKS



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## Chronological Table of Contents

The division of time into historical eras, a process termed "periodization," is highly contested in world history: many period labels contain implicit or explicit value judgments; developments that historians have seen as marking a division between one period and the next occurred at widely varying times around the world; and important aspects of life often continued across many periods with relatively little change. Thus every system of periodization is problematic, but it is difficult to give them up entirely, so this chronological table of contents uses the large divisions of time that are most common in world history courses. It does not include references to chapter 4, which is organized topically, nor does it include every brief comment. I have included this table to make it easier to read this book in conjunction with courses that are organized chronologically.

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## CHAPTER ONE Introduction

The title of this book would have made little sense to me when I chose to be a history major nearly four decades ago. I might perhaps have thought it an analysis of linguistic developments, as gender was something I considered (and bemoaned) largely when learning German nouns. The women's movement changed that, as it changed so much else. Advocates of women's rights in the present, myself included, looked at what we had been taught about the past – as well as what we had been taught about literature, psychology, religion, biology, and most other disciplines - and realized we were only hearing half the story. Most of the studies we read or heard described the male experience - "man the artist," "man the hunter," "man and his environment" - though they often portraved it as universal. We began to investigate the lives of women in the past, first fitting them into the categories with which we were already comfortable - nations, historical periods, social classes, religious allegiance - and then realizing that this approach, sarcastically labeled "add women and stir," was unsatisfying. Focusing on women often disrupted the familiar categories, forcing us to rethink the way that history was organized and structured. The European Renaissance and Enlightenment lost some of their luster once women were included, as did the democracy of ancient Athens or Jacksonian America. Even newer historical approaches, such as the emphasis on class analysis using social science techniques termed the New Social History which had developed during the 1960s, were found to be wanting in their consideration of differences between women's and men's experiences.

This disruption of well-known categories and paradigms ultimately included the topic that had long been considered the proper focus of all history – man. Viewing the male experience as universal had not only hidden women's history, but it had also prevented analysis of men's experiences as those of men. The very words we used to describe individuals – "artist" and "woman artist," for example, or "scientist" and "woman scientist" – kept us from thinking about how the experiences of Michelangelo or Picasso or Isaac Newton were shaped by the fact that they were male, while it forced us to think about how being female affected Georgia O'Keefe or Marie Curie. Historians familiar with studying women increasingly began to discuss the ways in which systems of sexual differentiation affected both women and men, and by the early 1980s to use the word "gender" to describe these systems. At that point, they differentiated primarily between "sex," by which they meant physical, morphological, and anatomical differences (what are often called "biological differences") and "gender," by which they meant a culturally constructed, historically changing, and often unstable system of differences.

Most of the studies with "gender" in the title still focused on women - and women's history continued as its own field - but a few looked equally at both sexes or concentrated on the male experience, calling their work "men's history" or the "new men's studies." Several university presses started book series with "gender" in their titles - "gender and culture," "gender and American law" - and scholars in many fields increasingly switched from "sex" to "gender" as the acceptable terminology: "sex roles" became "gender roles," "sex distinctions" became "gender distinctions" and so on. Historians interested in this new perspective asserted that gender was an appropriate category of analvsis when looking at *all* historical developments, not simply those involving women or the family. Every political, intellectual, religious, economic, social, and even military change had an impact on the actions and roles of men and women, and, conversely, a culture's gender structures influenced every other structure or development. People's notions of gender shaped not only the way they thought about men and women, but the way they thought about their society in general. As the historian Joan Scott put it: "Gender is a constitutive element of social relationships based on perceived differences between the sexes, and gender is a primary way of signifying relationships of power." Thus hierarchies in other realms of life were often expressed in terms of gender, with dominant individuals or groups described in masculine terms and dependent ones in feminine. These ideas in turn affected the way people acted, though explicit and symbolic ideas of gender could also conflict with the way men and women chose or were forced to operate in the world.

#### Sex and Gender

Just at the point when historians and their students were gradually beginning to see the distinction between sex and gender (with an increasing number accepting the importance of gender as a category of analysis) that distinction became contested. Not only were there great debates about where the line should be drawn – were women "biologically" more peaceful and men "biologically" more skillful at math, or were such tendencies the result solely of their upbringing? – but some scholars wondered whether social gender and biological sex are so interrelated that any distinction between the two is meaningless. Their doubts came from four principal directions.

One of these was from biological scientists attempting to draw an absolute line between male and female. Though most people are born with external genitalia through which they are categorized "male" or "female" at birth, some are not. Their external genitalia may be ambiguous, a condition now generally termed "intersex," though earlier termed "hermaphroditism." Closer physical examination may reveal that their internal sexual and reproductive anatomy may also not match those usually defined as "male" or "female." In earlier times most intersex people were simply assigned to the sex they most closely resembled, with their condition only becoming a matter of historical record if they came to the attention of religious, medical, or legal authorities. Since the nineteenth century this gender assignment was sometimes reinforced by surgical procedures modifying or removing the body parts that did not fit with the chosen gender. Thus in these cases "gender" determined "sex" rather than the other way around.

Because the physical body could be ambiguous, scientists began to stress the importance of other indicators of sex difference. By the 1970s chromosomes were the favored marker, and quickly became part of popular as well as scientific understandings. In 1972, for example, the International Olympic Committee determined that simply "looking like" a woman was not enough, but that athletes would have to prove their "femaleness" through a chromosome test; an individual with certain types of chromosomal abnormalities would be judged "male" even if that person had been regarded as "female" since birth, and had breasts and a vagina but no penis. The problem with chromosomes is that they are also not perfectly dichotomous, but may involve ambiguous intermediate categories, so that more recently the source of sex differences has also been sought in prenatal hormones, including androgen and testosterone. Tests came to evaluate all of these factors: in 2009, the International Association of Athletics Federations required South African middle-distance runner Caster Semenya to undergo an examination of her external genitals, internal reproductive organs (through ultrasound), chromosomes, and hormones.

Given the uncertainties in most "biological" markers, the intensity of the search for an infallible marker of sex difference suggests that cultural norms about gender (that everyone *should* be a man or a woman) are influencing science. Preexisting ideas about gender shape many other scientific fields as well; the uniting of sperm and egg, for example, was long described as the "vigorous, powerful" sperm "defeating all others" and attaching itself to a "passive, receptive" egg. (The egg is now know to be active in this process.)

#### 4 Introduction

A second source of doubts about the distinction between sex and gender is anthropology and ethnography. Though most of the world's cultures have a dichotomous view of gender, occasionally cultures develop a third or even a fourth gender. In some cultures, gender is determined by one's relationship to reproduction, so that adults are gendered male and female, but children and old people are regarded as different genders; in such cultures there are thus four genders, with linguistic, clothing, and behavioral distinctions for each one. In a number of areas throughout the world, including Alaska, the Amazon region, North America, Australia, Siberia, Central and South Asia, Oceania, and the Sudan, individuals who were originally viewed as male or female assume (or assumed, for in many areas such practices have ended) the gender identity of the other sex or combine the tasks, behavior, and clothing of men and women. Some of these individuals are intersexed and occasionally they are eunuchs (castrated males), but more commonly they are morphologically male or female. The best known of these are found among several Native American peoples, and the Europeans who first encountered them regarded them as homosexuals and called them "berdaches," from an Arabic word for male prostitute. Now most scholars choose to use the term "two-spirit people," and note that they are distinguished from other men more by their work or religious roles than by their sexual activities; they are usually thought of as a third gender rather than effeminate males or masculine women. (Third genders will be discussed in more detail in chapter 8.)

Comparative ethnography thus indicates that in some of the world's cultures, gender attribution is not based on genitals, and may, in fact, change throughout a person's life. In fact, day-to-day gender attribution is based everywhere on cultural norms rather than biology; not only are chromosomes and hormones not visible, but in most of the world's cultures clothing hides external genitalia. (Of course the clothing of men and women may be very different, but that is a culturally imposed gender distinction.) Children are taught these gender norms from a very young age – long before they learn anything about hormones and chromosomes – and even blind children share their culture's ideas about typical gender differences, so that these lessons are not based on external physical appearance alone, any more than they are based on internal body chemistry.

The arbitrary and culturally produced nature of gender has also been challenged by transsexual and transgender individuals, a third source of doubts about the distinction between sex and gender. Individuals whose sexual and reproductive organs and even chromosomal and hormonal patterns mark them as male or female may mentally regard themselves as the other, and choose to live and dress as the other, a condition known medically as "gender dysphoria" or "gender identity disorder." In the 1950s, sex reassignment operations became available for gender-dysphoric people who could afford them. Sex reassignment surgery could make the body fit more closely with the mind, but it also led to challenging questions: At what point in this process does a "man" become a "woman," or vice versa? With the loss or acquisition of a penis? Breasts? From the beginning? What does the answer to this imply about notions of gender difference? In the 1990s such questions began to be made even more complex by individuals who described themselves as "transgendered," that is, as neither male nor female or both male and female. Should such individuals be allowed in spaces designated "women only" or "men only"? Should they have to choose between them, or should there be more than two choices? As had been true with the women's and gay-rights movement, people involved in the transgendered movement also began historical study of people they identified as sharing their experiences.

The relationship between sex and gender is further complicated by sexuality, for persons of either sex (or transgendered persons) may be sexually attracted to persons of the other sex(es), persons of their own, or everyone. The transgendered movement is politically often associated with gay, lesbian, and bisexual groups (reflected in the LGBT acronym), though some adherents dispute this link, noting that the issue for them is gender, not sexual orientation. (The boundaries between the physical body and cultural forces in the issue of sexual orientation are just as contested as those in the issue of gender, of course, as some scientists attempt to find a "gay gene" and others view all such research as efforts to legitimize an immoral "lifestyle choice" or a futile search for something that is completely socially constructed.)

A fourth source of doubts about the distinction between sex and gender came from historians of women. They put increasing emphasis on differences among women, noting that women's experiences differed because of class, race, nationality, ethnicity, religion, and other factors, and they varied over time. Because of these differences, some wondered, did it make sense to talk about "women" at all? If, for example, women were thought to be delicate guardians of the home, as was true in the nineteenth-century United States, then were black women, who worked in fields alongside men, really "women"? If women were thought to be inferior and irrational, then were intelligent queens such as Elizabeth I of England really "women"? Was "woman" a valid category whose meaning is self-evident and unchanging over time, or is arguing for any biological base for gender difference (or sexual orientation) naive "essentialism"? These historians noted that not only in the present is gender "performative," that is, a role that can be taken on or changed at will, but it was so at many points in the past, as individuals "did gender" and conformed to or challenged gender roles. Thus it is misguided to think that we are studying women (or men, for that matter) as a sex, they argued, for the only thing that is in the historical record is gender; "women" and "men" are thus conceptual categories, not enduring objects.

#### Gender History and Theory

All of these doubts came together at a time when many historians were changing their basic understanding of the methods and function of history. Historians have long recognized that documents and other types of evidence are produced by particular individuals with particular interests and biases that consciously and unconsciously shape their content. Most historians thus attempted to keep the limitations of their sources in mind as they reconstructed events and tried to determine causation, though sometimes these got lost in the narrative. During the 1980s, some historians began to assert that because historical sources always present a biased and partial picture, we can never fully determine what happened or why; to try to do so is foolish or misguided. What historians should do instead is to analyze the written and visuals materials of the past - what is often termed "discourse" - to determine the way various things are "represented" in them and their possible meanings. Historians should not be preoccupied with searching for "reality," in this viewpoint, because to do so demonstrates a naive "positivism," a school of thought whose proponents regarded the chief aim of knowledge as the description of phenomena. (Both advocates and critics of positivism often quote the words of the nineteenth-century German historian Leopold von Ranke, who regarded the best history as that which retold events "as they actually happened.")

This heightened interest in discourse among historians, usually labeled the "linguistic turn" or the "cultural turn," drew on the ideas of literary and linguistic theory - often loosely termed "deconstruction" or "poststructuralism" - about the power of language. Language is so powerful, argued some theorists, that it determines, rather than simply describes, our understanding of the world; knowledge is passed down through language, and knowledge is power. This emphasis on the relationship of knowledge to power, and on the power of language, made post-structuralism attractive to feminist scholars in many disciplines, who themselves already emphasized the ways language and other structures of knowledge excluded women. The insight of the French philosopher Michel Foucault that power comes from everywhere fit with feminist recognition that misogyny and other forces that limited women's lives could be found in many places: in fashion magazines, fairy tales, and jokes told at work as well overt job discrimination and domestic violence. Historians of gender were thus prominent exponents of the linguistic turn, and many analyzed representations of women, men, the body, sexual actions, and related topics within different types of discourses.

The linguistic/cultural turn – which happened in other fields along with history – elicited harsh responses from other historians, however, including

many who focused on women and gender. They asserted that it denied women the ability to shape their world – what is usually termed "agency" – in both past and present by positing unchangeable linguistic structures. Wasn't it ironic, they noted, that just as women were learning they *had* a history and asserting they were *part* of history, "history" became just a text? They wondered whether the idea that gender – and perhaps even "women" – were simply historical constructs denied the very real oppression that many women in the past (and present) experienced. For a period it looked as if this disagreement would lead proponents of discourse analysis to lay claim to "gender" and those who opposed it to avoid "gender" and stick with "women." Because women's history was clearly rooted in the women's rights movement of the 1970s, it also appeared more political than gender analysis, and programs and research projects sometimes opted to use "gender" to downplay this connection with feminism.

As we enter the twenty-first century, however, it appears that the division is less sharp. Historians using gender as a category of analysis do not all focus solely on discourse; many treat their sources as referring to something beyond the sources themselves – an author, an event, a physical body. Historians who were initially suspicious of the linguistic turn use its insights about the importance of meaning to include a wider range of literary and artistic sources as they investigate "traditional" topics in women's history, such as organizations, work patterns, legal systems, and political movements. Scholars may not agree on the distinction between sex and gender, or between women as a group and "women" as a conceptual category, but they now describe the field as "women's and gender history" – occasionally even using the acronym WGH – thus highlighting the link between them rather than the differences.

New theoretical perspectives are adding additional complexity and bringing in still more questions. One of these is queer theory, which was developed in the early 1990s, a period of intense AIDS activism, and combined elements of gay and lesbian studies with other concepts originating in literary and feminist analysis. Queer theorists argued that sexual notions were central to all aspects of culture, and called for greater attention to sexuality that was at odds with whatever was defined as "normal." They asserted that the line between "normal" and "abnormal" was always socially constructed, however, and that, in fact, all gender and sexual categories were artificial and changing. Some theorists celebrated all efforts at blurring or bending categories, viewing any sort of identity as both false and oppressive and celebrating hybridity and performance. Others had doubts about this, wondering whether one can work to end discrimination against homosexuals, women, African-Americans, or any other group, if one denies that the group has an essential identity, something that makes its members clearly homosexual or women or African-American. (A similar debate can be found within the contemporary trans movement, with some people arguing that gender and sexual orientation are fundamental aspects of identity and others that they are not or should not be.) In the last decade, queer theory has been widely applied, as scholars have "queered" – that is, called into question the categories used to describe and analyze – the nation, race, religion, and other topics along with gender and sexuality. This broadening has led some – including a few of the founders of the field – to wonder whether queer theory loses its punch when everything is queer, but it continues to be an influential theoretical perspective.

Related questions about identity, subjectivity, and the cultural construction of difference have also emerged from postcolonial theory and critical race theory. Postcolonial history and theory was initially associated with South Asian scholars and the book series Subaltern Studies, and focused on people who have been subordinated (the meaning of subaltern) by virtue of their race, class, culture, or language as part of the process of colonization and imperialism in the modern world. Critical race theory developed in the 1980s as an outgrowth (and critique) of the civil rights movement combined with ideas derived from critical legal studies, a radical group of legal scholars who argued that supposedly neutral legal concepts such as the individual or meritocracy actually masked power relationships. Historians of Europe and the United States are increasingly applying insights from both of these theoretical schools to their own work, particularly as they investigate subaltern groups such as racial and ethnic minorities. World historians also now often use ideas developed by postcolonial theorists to analyze relationships of power in all chronological periods.

An important concept in much postcolonial and critical race theory has been the notion of hegemony, initially developed by the Italian political theorist Antonio Gramsci. Hegemony differs from domination because it involves convincing dominated groups to acquiesce to the desires and systems of the dominators through cultural as well as military and political means. Generally this was accomplished by granting special powers and privileges to some individuals and groups from among the subordinated population, or by convincing them through education or other forms of socialization that the new system was beneficial or preferable. The notion of hegemony explains why small groups of people have been able to maintain control over much larger populations without constant rebellion and protest, though some scholars have argued that the emphasis on hegemony downplays the ability of subjugated peoples to recognize the power realities in which they are enmeshed and to shape their own history. Many historians have used the concept of hegemony to examine the role of high-status women, who gained power over subordinate men and women through their relationships with high-status men. The Australian sociologist R. W. Connell has also applied the idea of hegemony to studies of masculinity, noting that in every culture one form of masculinity is hegemonic, but men who are excluded from that particular form still benefit from male privilege.

Both postcolonial and critical race theory point out that racial, ethnic, and other hierarchies are deeply rooted social and cultural principles, not simply aberrations that can be remedied by legal or political change. They note that along with disenfranchising certain groups, such hierarchies privilege certain groups, a phenomenon that is beginning to be analyzed under the rubric of critical white studies. (This is a pattern similar to the growth of men's studies out of women's studies, and there is a parallel development in the historical study of heterosexuality, which has grown out of gay and lesbian history.)

Queer theory, postcolonial studies, and critical race theory have all been criticized from both inside and outside for falling into the pattern set by traditional history, that is, regarding the male experience as normative and paying insufficient attention to gender differences. Scholars who have pointed this out have also noted that much feminist scholarship suffered from the opposite problem, taking the experiences of heterosexual white women as normative and paying too little attention to differences of race, class, nationality, ethnicity, or sexual orientation. They argue that the experiences of women of color must be recognized as distinctive, and that no one axis of difference (men/women, black/white, rich/poor, gay/straight) should be viewed as sufficient. These criticisms led, in the 1990s, to theoretical perspectives that attempted to recognize multiple lines of difference, such as postcolonial feminism. Such scholarship has begun to influence many areas of gender studies, even those that do not deal explicitly with race or ethnicity. It appears this cross-fertilization will continue, as issues of difference and identity are clearly key topics for historians in the ever more connected twenty-first century world.

This discussion of scholarly trends may make it appear as if focusing on women or using gender as a category of analysis has swept the discipline of history, with scholars simply choosing the approach or topic they prefer. This is far from the actual situation. Though investigating gender may seem self-evident to students in some graduate programs, there are also many historians who continue to view this as a passing fad, despite the fact that such judgments become more difficult to maintain as the decades pass. Until very recently, books that explicitly take a world, global, or transnational history perspective have focused largely on economic and political developments without examining their gendered nature. Other historians invoke "gender" without really thinking through its implications for their interpretations of the past. Though titles like "man the artist" have largely disappeared, as most authors – or their editors – have recognized their false universality, books still divide their subjects into "artists" and "women artists" or "rulers" and "women rulers."

#### 10 Introduction

Studies of women and gender are also very unevenly distributed geographically and chronologically. Books on women's experience or that use gender as a category of analysis in the twentieth-century United States or early modern England, for example, number in the hundreds, while those that focus on Kiribati or Kazakhstan may be counted on one hand. This unevenness is related, not surprisingly, to uneven growth in women's studies programs, which is in turn related to the structure of higher education around the world and the ability or willingness of institutions of higher education to include new perspectives and programs. By the late 1970s, hundreds of colleges and universities in the United States and Canada offered courses in women's history, and many had separate programs in women's history or women's studies. Universities in Britain, Israel, and Australia were somewhat slower to include lectures and seminars on women, and universities in western and eastern Europe slower still. In Japan and elsewhere, much of the research on women has been done by people outside the universities involved with local history societies or women's groups, so has not been regarded as scholarly. Women in some countries in the early twenty-first century still report that investigating the history of women can get them pegged as less than serious and be detrimental to their future careers as historians.

The history done in any country is shaped by regional and world politics, and issues other than gender have often seemed more pressing to historians in Latin America, eastern Europe, and other parts of the world where political and economic struggles have been intense. Universities and researchers in developing countries also have far fewer resources, which has hampered all historical research and limited opportunities for any new direction. Thus an inordinate amount of the work in women's history and gender studies, including that which focuses on the continent of Europe and many other parts of the world, has been done by English-speaking historians, and the amount of research on English-speaking areas far outweighs that on the rest of the world. There is also imbalance within English-speaking areas, for studies of the United States vastly outnumber those of anywhere else; as one measure of this imbalance, more than two-thirds of the proposals to present papers at the Berkshire Conferences on Women's History during the 1980s and 1990s, the largest women's history conferences in the world, were on US topics.

There are signs that this imbalance is changing somewhat, as organizations to promote women's and gender history and academic women's or gender studies programs are gradually being established in more countries. Yet the head-start of English-language scholarship, combined with the ability of many students and scholars throughout the world to read English – and the inability of many English-speaking students and scholars to read anything but English – have meant that the exchange of theoretical insights and research results has to this point been largely a one-way street.

#### Structure of the Book

The dominance of English-language scholarship is both a blessing and a curse for the purposes of this book. Because of the sheer amount of materials available and the book's intended audience of students as well as scholars, I decided to include only English-language materials in the suggestion for further reading that follow each chapter and that appear on the accompanying website. You can trust that these works contain much of the newest and best research available, and they point to materials in other languages, but even these also represent only a small fraction of what is there. To explore any topic fully, you will need to go far beyond them, and in many cases, as with any historical topic, to read source materials, analyses, and theoretical discussions in other languages as well.

Organizing a brief book on a subject this huge was a challenge, made even greater by the fact that a key theme in women's and gender history has been the arbitrary and artificial nature of all boundaries - chronological, national, methodological, sexual. One of the central concepts in feminist history is that of intersection - most commonly used in the phrase "the intersection of race, class, and gender" - which highlights connections rather than boundaries. I thus decided to organize the book topically rather than geographically or chronologically, in order to highlight the specific connections between gender and other structures and institutions. Each topical chapter investigates the ways in which what it meant to be male and female was shaped by such aspects of society as economic or religious structures, and also explores the reverse - how gender in turn shaped work, for example, or religious institutions. This organization risks presenting gender as monolithic and ahistorical, however, and to lessen that tone most chapters are arranged chronologically to stress the ways in which gender structures have varied over time. (The Chronological Table of Contents at the start allows you to follow this organization.)

A key insight in world history presented another challenge: that human history begins not with writing, but with the earliest evolution of hominids, or perhaps even earlier. The world historian David Christian, for example, begins his consideration of world history with the Big Bang. This book does not start that early, but it does include material on the Paleolithic (2,000,000–9500 BCE) – the longest phase of human history – and the Neolithic (9500 BCE–3000 BCE) eras. It thus relies on the work of archaeologists, anthropologists, and others who study the physical remains of the past as well as historians, reflecting the view that the line between "prehistory" and "history" is no longer very sharp. Each chapter includes material from many of the world's cultures, notes both distinctions among them and links between them, and suggests possible reasons for variations among cultures and

among different social, ethnic, and racial groups within one culture. I certainly could not cover every topic in every culture, so I have chosen to highlight specific developments and issues within certain cultures that have proven to be especially significant. World historians emphasize that variations in both chronological and geographic scale are important tools of understanding, and I have used this insight here.

The order of the chapters is in some ways arbitrary, though it seemed appropriate to begin with the family, the smallest, oldest, and arguably most powerful shaper of gender. Thus chapter 2 explores the ways in which experiences within the family group differed for boys and girls, men and women. Taking insights from anthropology and demography, it notes changes in family structure and function over time, and discusses marriage patterns, family size, links between the family and other institutions, and norms and traditions of family life. Chapter 3 focuses on the economy, tracing the ways in which changes in economic structures - such as the means of production, patterns of work and consumption, and ownership practices - and in the meaning of those structures, shaped and were shaped by gender. Chapter 4 looks at ideals, norms, and laws, observing the ways in which groups defined what it meant to be a man or woman, linked these meanings with other cultural categories, and developed formal and informal means both of heightening and lessening distinctions based on gender. Chapter 5 investigates one type of particularly powerful institution, religion, and looks at the ways in which traditional religions and the major world religions have simultaneously strengthened and questioned existing gender patterns through their basic doctrines and the structures established to enforce those doctrines. Chapter 6 considers another type of institution, politics, and explores how different forms of government have both shaped and been shaped by gender, from the earliest evidence of state formation to the contemporary political scene. It takes a broad view of political life, discussing civic and voluntary organizations along with local, national, and international political bodies, and it traces the movement for women's rights. Chapter 7 focuses on how gender figures in what is normally described as "culture," such as literature, art, architecture, and music, investigating the differing opportunities for men and women to be involved in education, training, and cultural production. Chapter 8 switches from a focus on institutions to a more individualized topic, sexuality, and traces the ways in which sexual attraction and sexual activity have been viewed and shaped, noting also how these interact with gender to create a historicized body.

The main themes and questions within each chapter often link with many of the other chapters, as one would expect for an issue as complex and pervasive as gender. This is particularly true as one goes further back in history, for most of the records we have refer to institutions that had multiple functions: Buddhist or Christian monasteries that owned land, supported cultural endeavors, and ruled territories, for example, or noble families who supported particular religious groups, organized work on their land, and used their children's marriages to increase family power. This interconnection is especially strong when looking at what many people regard as the key question in all of gender history, the origins of a gender hierarchy in which men are dominant and women are subordinate, what is normally called patriarchy. In every culture that has left written records, men have more power and access to resources than women, and this imbalance permeates every topic that will be a focus of subsequent chapters in this book – legal sanctions, intellectual structures, religious systems, economic privileges, social institutions, and cultural norms. Thus before we look at the ways these have separately interacted with gender, it will be helpful to explore various explanations that have been proposed as to the source of male dominance.

#### The Origins of Patriarchy

Searching for the origins of patriarchy first involves forgetting what biology, anthropology, psychology, and history have all revealed about the instability and ambiguity of dichotomous gender categories. Despite the presence of third and fourth genders, intersexed people, and transgendered individuals, most of the world's cultures have a system of two main genders in which there are enormous differences between what it means to be a man and what it means to be a woman. This dualistic gender system has often been associated with other dichotomies, such as body/spirit, public/private, nature/ culture, light/dark, up/down, outside/inside, yin/yang, right/left, sun/moon, a process we will examine more closely in chapter 4. Some of these dichotomies, such as sun/moon and light/dark, are naturally occurring and in many cultures viewed as divinely created, which has enabled people to view the male/female dichotomy also as natural or divinely ordained. This dichotomy, along with others with which it was associated, has generally been viewed as a hierarchy, with the male linked with the stronger and more positive element in other pairs (public, culture, light, right, sun, etc.) and the female with the weaker and more negative one (private, nature, dark, left, moon, etc.).

This gender hierarchy is highly variable in its intensity and manifestations, but it has survived every change: every revolution, whether French, Haitian, Scientific or Industrial, every war, religious transformation, technological development, and cultural encounter. Twentieth-century Russia is a good example of this; whether under the czars or the Communists or the post-Soviet government, women still did the shopping and the housekeeping and most of the child care, adding an unpaid "second shift" to their jobs in the paid workforce; these tasks were necessary to keep society functioning, but left women no time for the things that were valued and rewarded, such as further education or political activities. How did this incredibly powerful system originate?

Answers to this question have varied, with many scientists seeing the roots of patriarchy in the prehuman past. Compared to other animals, female mammals have to invest a great deal of time and energy in carrying and then nursing offspring if they are to reproduce successfully. Males simply fertilize a female. Thus, to many scientists, female reproductive success (defined as the transmission of one's genes to the next generation) is - to put it succinctly – a matter of quality, and male a matter of quantity. Females are more careful than males about choosing a partner that will provide protection, food, or help in rearing the young. This creates a conflict, and that conflict is often resolved by male sexual coercion: males force females to have sex, usually through physical violence, sometimes preceded by infanticide of a female's existing infant. Females sometimes give in - after all, a male able to drive other males away might also provide her with the protection she needs during birth and lactation - but they also resist. Effective resistance generally involves the female making alliances with other females or with a few males, or with certain females playing a "king-making" role, that is, with providing support to males who are trying to achieve and maintain high status in the group.

The success of male sexual coercion varies among primates, including among the great apes. It is greatest among those primates, such as orangutans, where females are usually on their own and not with a kin group that can help protect them. It is least among bonobos, who live in large groups of related males and females. The tendency for solitary or group living, and for females to depend on kin to protect them from male aggression, is dependent on the environment, and in some primates this differs from group to group. Among baboons, for example, in some groups female kin live together and support one another while in others females separate from their kin and males successfully dominate females. Such behavior is learned, however, and not "natural." When scientists released a female baboon from a group in which female kin live together into another group in which they did not, she quickly learned to follow the strongest male, that is, the one who was threatening and biting her.

Male sexual coercion among most animals is an individual matter, and males interact with one another primarily by fighting over females. Among the "higher" animal species, however, including chimpanzees and dolphins as well as humans, males form alliances, generally with the kin with whom they live, to gain status against other males and to gain greater access to females. Male–male alliances allow for cooperative attacks on females, which makes female resistance difficult. In the animal world, male–male alliances are often short-lived, as there is much fighting for status among the group. Among humans, sometime during the Paleolithic Era males developed the ability to control male–male competition within the group so that the group could be more successful in its hunt for prey and in its competition with other humans. They did this by talking with one another, and they developed what we call "rules," "rituals," or "cultural norms." As the primatologist Barbara Smuts has commented, "If male chimpanzees could talk, they would probably develop rudimentary myths and rituals that increased male political solidarity and control over females and that decreased female tendencies toward autonomy and rebellion."

To some evolutionary psychologists, male-male cooperation in organized violence was the origin of human as well as primate society. This argument builds on the work of sociobiologists the 1960s and 1970s, who asserted that, as in all mammals, because men produce millions of sperm and women relatively few mature eggs, reproductive success for men means impregnating as many women as possible while keeping other men from doing so, while for women it means caring for their offspring. Evolutionary psychologists added to this line of reasoning, asserting that physical and psychological differences enhanced these reproductive differences: pregnancy and lactation kept women dependent on others for food and protection, and men's greater upper-body strength allowed them to dominate once humans walked upright and used hand-held weapons for hunting and against each other. This created, some asserted, a propensity for violence in men and nurturing in women that was passed down genetically and thus became "natural." Male violence in humans was gradually controlled by rules that created a hierarchy among males, set patterns through which resources especially meat - would be distributed, and allowed males to control female sexuality through something other than force. The rules were, of course, backed up by the possibility of violence if they were broken, but lessened day-to-day occurrence of that violence, and they slowly grew into political structures, economic systems, and laws. They also created all aspects of what we now term patriarchy: male dominance over females, dominance of some males over others, and inequality in the distribution of resources. Women had difficulty resisting male violence because they left their initial kin groups to mate, joining the kin group of their male mate in what the anthropologist Claude Lévi-Strauss long ago termed "the exchange of women." (The blander term for this is "patrilocation.")

Very recently, some evolutionary scientists and anthropologists have challenged every aspect of this story about human evolution. They assert that promiscuity may actually be reproductively advantageous for females as well as males as it assures a greater likelihood of pregnancy. Food that came from gathering was more important than meat to survival in the long Paleolithic Era, and in any case much hunting may have been net or communal in which

women and children as well as men participated. Yes, humans are born more helpless than practically any other animal, so the investment of time and energy in caring, bearing, and nursing offspring is particularly great. But women had help. Although fathers could not provide breast-milk – the only food available to gatherer-hunters that infants can easily digest - they assisted in other ways. (Once humans began to domesticate sheep and goats, and to raise grain crops, animal milk and cereal mush were added as possibilities for infant food, although not until rubber was vulcanized in the twentieth century, making it soft enough to be made into an artificial nipple, was there a way to get these foods easily into the mouth of a very young infant.) More importantly, patrilocation was not the practice everywhere, and in many groups women relied on their female relatives, including their own mothers, in what the anthropologist Kristen Hawkes has termed the "grandmother hypothesis." Hawkes and others note that communal care of offspring in humans far exceeds that of any other primates. Cooperative child-rearing, and the development of social skills and adaptability it encouraged, may have been a more important source of the development of human culture than organized group violence. Humans share organized violence with other species, but are unique in the duration and complexity of their care for children, so that studies of other primates may not apply well to early humans. Scholars warn about viewing primate behavior through the lens of human gender norms, as "jealous" male chimpanzees guard their "harems" or "beguiling" female bonobos "entice" food from the hands of "smitten" males.

This more egalitarian evolutionary biology is based on very new research, but in some ways it reinforces an old idea, that hunter-gatherers (or, more accurately, gatherer-hunters) were less hierarchical and that agriculture created patriarchy. This idea was first proposed by German social theorists of the nineteenth century, most prominently the scholar J. J. Bachofen. Bachofen asserted that human society had originally been a matriarchy in which mothers were all-powerful; the mother-child bond was the original source of culture, religion, and community, but gradually father-child links came to be regarded as more important, and superior (to Bachofen's eyes) patriarchal structures developed. Bachofen's ideas about primitive matriarchy were accepted by the socialist Friedrich Engels, who postulated a two-stage process from matriarchy to patriarchy. In matriarchal cultures, goods were owned in common, but with the expansion of agriculture and animal husbandry men began to claim ownership of crops, animals, and land, thus developing the notion of private property. Once men had private property, in most cultures they established patrilineal inheritance systems in which property was passed down through the male line. They became very concerned about passing it on to their own heirs and attempted to control women's sexual lives to assure that offspring were legitimate. This led to the development of the nuclear family, which was followed by the development of the state, in which men's rights over women were legitimized through a variety of means, a process Engels describes as the "world historical defeat of the female sex."

The idea that human society was originally a matriarchy with female deities and female leaders was taken up by a few archaeologists studying prehistoric cultures, for Europe most prominently Marija Gimbutus. Gimbutus argues that during the Paleolithic and Neolithic period, people living in Europe and the Mediterranean area were egalitarian, peaceful, and womancentered, honoring the earth as a mother goddess. This "Old Europe" was gradually overtaken through conquest and migration after 4000 BCE by Indo-European speaking people who originated in the steppes of Russia. These new people were militaristic, seminomadic, and patriarchal, and they worshipped a single male god and often followed a single male military leader. Though most archaeologists dispute Gimbutus's ideas, they have been very influential among popular writers such as Merlin Stone and Riane Eisler, and among groups seeking alternative forms of spirituality; the Goddess now has a number of organizations and websites devoted to her worship, and her followers are developing new rituals and symbols that link to those of the prehistoric past.

Some scholars of Africa, most prominently Cheikh Anta Diop and Ifi Amadiume, agree with Gimbutus's critics that there is little evidence of matriarchy in Europe, but find evidence of matriarchy in ancient Africa. Diop points particularly to queenship among the ancient Egyptians, and Amadiume to matricentric household units and women's market networks. The notion that human society was originally a matriarchy has also been accepted by some historians from the People's Republic of China, who point to the development of certain characters in the Chinese writing system, ancient folk tales, and some archaeological evidence. Most Chinese historians do not agree with this interpretation, however, noting that the evidence for a subordination of women is much stronger and includes some of the earliest written sources; they attribute the desire to see a matriarchy more to the acceptance of Engels' theories for ideological reasons among Marxist leaders than to strong evidence. Archaeologists and historians of the early Americas have also debated the extent to which some groups may have been matriarchal and matrilocal (that is, couples lived with the wife's kin after marriage), or at least egalitarian in terms of gender, though here, again, the evidence is ambiguous.

The key problem in discussions of primitive matriarchy is the lack of written sources. Even those who argue that there was an original matriarchy agree that writing brought patriarchy, whether this was in Mesopotamia in the third millennium BCE or in North America in the eighteenth century CE. This means that earlier evidence – archaeological remains, oral tradition, discussions of older traditions in later written records, literary sources such as creation stories or mythology – is fragmentary and difficult to interpret. Because of these problems, most historians avoid discussing matriarchy entirely, and many have chosen to stay away from all consideration of the origins of patriarchy, viewing the issue as too politicized and at any rate outside the time period in which they are interested. Anthropologists as well have pointed out the problems in focusing on the "origins" of anything, which tends to overlook multiple causation and divergent lines of development.

One historian who has not shied away from this debate is Gerda Lerner, who has tipped Engels' line of causation on its head; women, she argues, were the first property, exchanged for their procreative power by men with other men through marriage, prostitution, and slavery. Thus patriarchy preceded other forms of hierarchy and domination such as social classes, and women became primarily defined by their relation to men. Like Engels, Lerner links patriarchy with property ownership and political structures, but she also stresses the importance of nonmaterial issues such as the creation of symbols and meaning through religion and philosophy. Women were excluded from direct links to the divine in Mesopotamian religion and Judaism, and defined as categorically inferior to men in Greek philosophy; thus both of the traditions generally regarded as the sources of Western culture - the Bible and Greek (particularly Aristotelian) thought - affirmed women's secondary position. Because other hierarchies such as those of hereditary aristocracy, class, or race privileged the women connected to powerful or wealthy men, women did not see themselves as part of a coherent group and often supported the institutions and intellectual structures that subordinated them, a good example of Gramsci's idea of hegemony.

Lerner's ideas have been challenged from a number of perspectives. Materialist historians have objected to her emphasis on ideas and symbols, and to the notion that gender hierarchies preceded those based on property ownership, while some classicists have argued that she misread ancient prostitution and other aspects of early cultures. Despite these objections, however, some of her - and Engels' - points are now widely accepted, and have been supported by subsequent research. Though the lines of causation are not clear, the development of agriculture was accompanied by increasing subordination of women in many parts of the world. Among gatherer-hunters, male control of meat resources was countered by female gathering, which placed some limits on male control of women. Seminomadic horticulture also requires women's mobility, making it difficult for men to control women's daily activities. Intensive agriculture, however, particularly agriculture using a plow, made it easier for men to control women's movements and resources. Women's work was more concentrated in a small area, so men could more easily monitor them. Plow agriculture increased the food supply, but also increased the resources needed to produce that food. As men plowed (literally) more resources into their land, they set up inheritance systems to pass land and other goods on to the next generation. In patrilineal systems, property went to their own children, so men were motivated to increase their surveillance of women's sexual activities. (How much of men's desire to control women's sexuality in a patrilineal system is "biological" and how much is cultural is hotly disputed. In the less common matrilineal systems a man's heirs are his sister's children, not his wife's, so such surveillance was clearly based more on cultural norms about family honor than on a "biological" imperative to reproduce.) Men generally carried out the plowing and care for animals, which led to boys being favored over girls for the work they could do for their parents while young and the support they could provide in their parents' old age; boys became the normal inheritors of family land and the rights to work communally held land. Thus over generations, women's access to resources decreased, and it became increasingly difficult for them to survive without male support.

The states that developed in the ancient Middle East after 3000 BCE, and then in the Mediterranean, India, China, and Central and South America, further heightened gender distinctions. They depended on taxes and tribute as well as slave labor for their support, and so their rulers were very interested in maintaining population levels. All of these states were dominated by hereditary aristocracies, who became concerned with maintaining the distinction between themselves and the majority of the population. This concern led to attempts to control reproduction through laws governing sexual relations and, more importantly, through marriage norms and practices that set up a very unequal relationship between spouses. These laws built on existing rules already in place to enhance male-male alliances and lessen male-male aggression. In most states, laws were passed mandating that women be virgins on marriage and imposing strict punishment for a married woman's adultery; sexual relations outside of marriage on the part of husbands were not considered adultery. Concern with family honor thus became linked to women's sexuality in a way that it was not for men; men's honor revolved around their work activities and, for more prominent families, around their performance of public duties in the expanding government bureaucracies, including keeping written records.

These economic and political developments were accompanied and supported by cultural norms and religious concepts that heightened gender distinctions. In some places heavenly hierarchies came to reflect those on earth, with the gods arranged in a hierarchy dominated by a single male god, who was viewed as the primary creator of life. In others the cosmos itself was gendered, with order and harmony depending on a balance between male and female, but a balance in which male forces were the more powerful. The original human is often understood to be male, until something bad happens that results in females.

Most scholars thus see the development of patriarchy as a complicated process, involving everything that is normally considered part of "civilization": property ownership, plow agriculture, the bureaucratic state, writing, hereditary aristocracies, and the development of organized religion and philosophy. Many point out that cultures in which most of these did not develop, such as the !Kung (Jul'hoansi) of South Africa, Mbuti of Zaire, or Innu (Montagnais-Naskapi) of Labrador, appear to be (or have been) quite egalitarian, with the tasks of men and women differentiated, but equally valued. Cultures in which several of these were lacking, such as some in North America that did not have bureaucratic states or plow agriculture, were also less patriarchal than the norm. This is not universally the case, however, for there are also gathering and hunting cultures in which male dominance is extreme. There are also differences in the level of male dominance in civilizations that grew up quite near to each other, such as ancient Mesopotamia, in which systematic repression of women was severe, and ancient Egypt, in which women were treated with more respect and were more active in politics and religion.

The gender structures that developed in the ancient world or in cultures that were largely isolated were thus variable and complex, and this complexity only increased as cultures came into contact with one another. The remainder of this book is an attempt to sort through some of this complexity, to view some of the ways in which gender has interacted with other types of structures and institutions that people have created and that subsequently shaped their lives. It is based on my own research and that of many people who examine what the (incomplete) written and material record reveals about the past. Much of that record is the story of women's subordination, which may make you, as the reader, feel angry, depressed, or defensive. If you do, please remember that this is not a book about what might have been, what should be, or what could happen in the future; that I leave to philosophers, ethicists, theologians, and you.

#### Further Reading

The best place to begin in considering the socially constructed nature of gender is still Suzanne J. Kessler and Wendy McKenna, *Gender: An Ethnomethodological Approach* (New York: Wiley, 1978). Judith Butler's works, especially *Gender Trouble: Feminism and the Subversion of Identity* (2nd edn., New York: Routledge, 2000), are central to thinking about sex and gender, though they can be challenging to read. Anne Fausto-Sterling's *Sexing the Body: Gender Politics and the Construction of Sexuality* (New York: Basic Books, 2000) is equally significant. An important study of the relationship between gender hierarchies and other systems of power is R. W. Connell, *Gender and Power: Society, the Person and Sexual Politics* (Cambridge: Polity, 1987).

Much thinking about gender is undertaken by feminist scholars in many disciplines. An excellent overview of feminist thought is Rosemarie Tong,

*Feminist Thought: A More Comprehensive Introduction* (3rd edn., Boulder: Westview Press, 2008). A collection with materials from an international and multiracial group of authors is Carole McCann and Sueng-Kyung Kim, eds., *Feminist Theory Reader: Local and Global Perspectives* (2nd edn., New York: Routledge, 2009). For feminist scholarship in many fields, see the series Oxford Readings in Feminism.

There are several major collections of articles on gender history around the world, including Teresa A. Meade and Merry E. Wiesner-Hanks, eds., *A Companion to Gender History* (Malden, MA: Blackwell, 2004) and Bonnie G. Smith, ed., *Women's History in Global Perspective* (3 vols., Urbana: University of Illinois Press, 2004). For a collection of the writings of feminist historians, organized chronologically, see Sue Morgan, ed., *The Feminist History Reader* (New York: Routledge, 2006).

Joan Scott's widely reprinted article, "Gender: A Useful Category of Historical Analysis," American Historical Review 91:5 (1986), 1053-75 remains essential reading, as evidenced by the recent AHR Forum: "Revisiting 'Gender: A Useful Category of Historical Analysis,'" American Historical Review, 113:5 (2008), 1344-1430, which has articles by six historians about gender history around the world and a response by Scott. The development of women's and gender history as a field has been examined in Judith Zinsser, History and Feminism: A Glass Half Full (New York: Twayne, 1992); Johanna Alberti, Gender and the Historian (New York: Longman, 2002); Laura Lee Downs, Writing Gender History (London: Hodder/Arnold, 2004); special issue of Journal of Women's History "History Practice: Gendering Trans/ National Historiographies," 19:1 (Spring 2007). Judith M. Bennett, History Matters: Patriarchy and the Challenge of Feminism (Philadelphia: University of Pennsylvania Press, 2006) examines trends in women's and gender history over the last several decades and calls for historicizing the study of patriarchy. Kathleen Canning, Gender History in Practice: Historical Perspectives on Bodies, Class, and Citizenship (Ithaca, NY: Cornell University Press, 2006) looks at the impact of gender history. For excellent surveys of trends in women's and gender history around the world, see Karen Offen, Ruth Roach Pierson, and Jane Rendell, eds., Writing Women's History: International Perspectives (Bloomington: Indiana University Press, 1990) and Leonore Davidoff, Keith McClelland, and Eleni Varikas, eds., Gender and History: Retrospect and Prospect (Malden, MA: Blackwell, 2000).

#### Sex and gender

For very thorough discussions that include the latest biological research on sex differences, see Natalie Angier, *Woman: An Intimate Geography* (New York: Anchor, 1999) and David C. Geary, *Male, Female: The Evolution of Human Sex Differences* (2nd edn., New York: American Psychological

Association, 2009). A succinct review of anthropological approaches is Frances E. Mascia-Lees and Nancy Johnson Black, *Gender and Anthropology* (Long Grove, IL: Waveland Press, 1999). Gilbert Herdt, ed., *Third Sex, Third Gender: Beyond Sexual Dimorphism in Culture and History* (New York: Zone Books, 1994) and Sabrina Petra Ramet, ed., *Gender Reversals and Gender Cultures: Anthropological and Historical Perspectives* (London: Routledge, 1996) contain essays about gender crossing, blending, inverting and transcending in past and present, and Joanne Meyerowitz, *How Sex Changed: A History of Transsexuality in the United States* (Cambridge, MA: Harvard University Press, 2004) investigates the ways in which transsexual people have challenged ideas about sex, gender, and sexuality over the last 50 years.

#### *Gender history and theory*

Doubts about the value of "women" as an analytical category were conveyed most forcefully in Denise Riley, "Am I That Name?" Feminism and the Category of "Women" in History (Minneapolis: University of Minnesota Press, 1988), though they have primarily been associated with the work of Joan Scott, such as Gender and the Politics of History (New York: Columbia University Press, 1988). Elizabeth A. Clark, History, Theory, Text: Historians and the Linguistic Turn (Cambridge MA: Harvard University Press, 2004) offers a broad survey of debates about history and theory.

For queer theory, good places to begin are Riki Wilchens, *Queer Theory, Gender Theory: An Instant Primer* (New York: Alyson Books, 2004), which incorporates the author's experiences as an activist, or the more scholarly Annamarie Jagose, *Queer Theory: An Introduction* (New York: New York University Press, 1996). For essays linking feminist and queer theory, see Elizabeth Weed and Naomi Schor, eds., *Feminism Meets Queer Theory* (Bloomington: Indiana University Press, 1997) and for a work that focuses on history, see Scott Bravman, *Queer Fictions of the Past: History, Culture and Difference* (New York: Cambridge University Press, 1997). For analyses of the current state of queer theory, see Thomas Piontek, *Queering Gay and Lesbian Studies* (Urbana: University of Illinois Press, 2006), and a special issue of *The GLQ Forum*, "Thinking Sex/Thinking Gender," 10:2 (2004), 211–313.

On critical race theory, see Kimberlé Crenshaw et al., eds., Critical Race Theory: The Key Writings That Formed the Movement (New York: New Press, 1995). For the field of critical white studies, see Ruth Frankenberg, White Women, Race Matters: The Social Construction of Whiteness (Minneapolis: University of Minnesota Press, 1993). Robert J. C. Young, Postcolonialism: An Historical Introduction (Oxford: Blackwell, 2001) and Ania Loomba, Colonialism/Postcolonialism (2nd edn., London: Routledge, 2005) both provide good introductory surveys of the main ideas in postcolonial theory. A solid introduction to Antonio Gramsci's notion of hegemony is Joseph V. Femia, *Gramsci's Political Thought: Hegemony, Consciousness and the Revolutionary Process* (Oxford: Clarendon Press, 1981).

Two articles are especially helpful for understanding links between gender and race in history, and have been widely reprinted in various collections: Tessie Liu, "Teaching the Differences among Women from a Historical Perspective: Rethinking Race and Gender as Social Categories," Women's Studies International Forum 14 (1991), 265-76 and Evelyn Brooks Higginbotham, "African-American Women's History and the Metalanguage of Race," Signs 17 (1992), 251-74. The best introduction to Critical Race Feminism is provided in two books edited by Adrien Katherine Wing, Critical Race Feminism: A Reader (New York: New York University Press, 1997) and Global Critical Race Feminism: An International Reader (New York: New York University Press, 2000). Several works that bring together gender and postcolonial theory are Trin T. Minh-ha. Woman. Native, Other: Writing Postcoloniality and Feminism (Bloomington: Indiana University Press, 1989); Anne McClintock, Aamir Mufti, and Ella Shoalt, eds., Dangerous Liaisons: Gender, Nation and Post-colonial Perspectives (Minneapolis: University of Minnesota Press, 1997); John C. Hawley, ed., Postcolonial and Oueer Theories: Intersections and Essays (Westport, CT: Greenwood, 2001); Chandra Talpade Mohanty, Feminism without Borders: Decolonizing Theory, Practicing Solidarity (Durham, NC: Duke University Press, 2003).

#### The origins of patriarchy

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For the earliest writers who discussed primitive matriarchy, see Johann J. Bachofen, *Myth*, *Religion and Mother Right: Selected Writings of J. J. Bachofen*, trans. Ralph Mannheim (Princeton, NJ: Princeton University

Press, 1967) and Frederick Engels, *The Origin of the Family, Private Property* and the State, ed. Eleanor Leacock (New York: International Publishers, 1972). Marija Gimbutus has written over 20 books, most of which include her ideas about matriarchy and the goddess; her definitive work is *The Civilization of the Goddess: The World of Old Europe* (San Francisco: Harper San Francisco, 1991). Her work has been the inspiration for Merlin Stone, *When God Was a Woman* (New York: Dial Press, 1976) and Riane Eisler, *The Chalice and the Blade: Our History, Our Future* (San Francisco: Harper and Row, 1988). It has been criticized in Lucy Goodison and Christine Morris, eds., *Ancient Goddesses* (Madison: University of Wisconsin Press, 1999). For matriarchy in Africa, see the many works of Chiekh Anta Diop, especially *The Cultural Unity of Black Africa: The Domains of Matriarchy and Patriarchy in Classical Antiquity* (London: Karnak House, 1989), and of Ifi Amadiume, especially *Re-inventing Africa: Matriarchy, Religion, and Culture* (London: Zed Books, 1997).

Gerda Lerner, *The Creation of Patriarchy* (New York: Oxford University Press, 1986) remains the most important discussion of the origins of patriarchy by a historian. Many studies by anthropologists and archaeologists have contributed to our understanding of this issue; these are discussed in Joan M. Gero and Margaret W. Conkey, *Engendering Archaeology* (Oxford: Blackwell, 1991) and Sarah Milledge Nelson, *Gender in Archaeology: Analyzing Power and Prestige* (2nd edn., Walnut Creek, CA: AltaMira, 2004).

There is a much longer list of suggested readings, along with links to original sources, on the website associated with this book: www.wiley.com/go/ wiesnerhanks.

# Снартек Two The Family

As anthropologists and historians have made clear, the structure, function, and even the definition of "the family" have varied tremendously from culture to culture, and for different social groups within each culture. In some places there is (or was) no exact equivalent for the modern English word "family"; the more important unit was instead the "household," people who lived and often worked together, whether or not they were related. In other places "family" included those nonrelated individuals, so that slaves or servants were considered part of the family. For some groups, the most important unit was the nuclear family of a man, a woman, and their children, while for others the extended kin network was most important. In some groups, the family was primarily a unit of reproduction, while in others it was primarily a unit of production. Some groups practiced polygamy and others monogamy. Among some groups, married couples lived with the husband's family (patrilocality), in others they lived with the wife's (matrilocality or uxorilocality), and in others they set up their own household (neolocality). Adoption or godparentage created significant kinship-like ties (termed fictive or spiritual kinship) in some places while in others only blood and marriage mattered. Marital partners in some cultures were chosen by parents or the family as a whole and in others by the individuals themselves. In some groups a woman brought goods or money to her husband or husband's family on marriage (a dowry) and in others a man gave goods or money to his wife's family (bridewealth). Marriage was forbidden to certain segments of the population among some groups while among others nearly everyone married. In some groups divorce was easy and in others impossible. In some groups premarital sexuality was acceptable or even expected and in others it was harshly punished. The oldest son inherited everything in some cultures (primogeniture) and in others all children or at least all sons shared in inheritance (partible inheritance). In some groups marriage was early and in others it was late. People in some places married within their

group (endogamy) and in others outside of their group (exogamy). In some groups spouses were about the same age while in others they were very different ages. Contraception, abortion, and even infanticide were acceptable practices for limiting the number of children in some cultures, while in others these were strictly prohibited. Death was a rupture in family life among some groups, while in others deceased ancestors were part of the household, venerated and honored. All of these variables interacted, and often changed over time because of internal developments or contacts with other cultures.

Despite all of this variety, there are certain generalizations we can make about the family in history. Though patterns and structures differed tremendously, every group had ideas about the proper relations among spouses, parents and children, and other kin that were reinforced through law codes, religious prescriptions, taboos, education, or other means. Most individuals followed these expectations, which is why we can make generalizations about issues such as those noted in the paragraph above. This tendency for people to follow certain patterns means that family history can often be portrayed in charts and graphs of quantitative measures such as average age at marriage, average number and frequency of children, rates of remarriage for widows and widowers, inheritance patterns, rates of divorce, and so on.

Quantitative sources make clear that the experience of family life was gendered. Age at first marriage was often very different for men and women, as was life expectancy, rate of remarriage after widowhood or divorce, and amount of inheritance; plural marriage (polygamy) was much more likely to involve men with multiple wives (polygyny) than women with multiple husbands (polyandry); kin networks involving the father's family (agnatic kin) were generally more important than those involving the mother's (morganatic kin); inheritance may have been divided among children, but if one child inherited, it was almost always a son; in some cultures, such as the Bedouin of the Middle East, only the birth of a son created a true family that was counted separately. Nonquantitative sources about family life, including diaries, letters, and court records, also indicate that the experiences within the family group differed for boys and girls, men and women. Children learned (and continue to learn) what it means to be male or female first from the older people in their families, and their first experiences with gender differences were usually within the family. Gender also shaped the consequences of breaking with the accepted pattern of family life, consequences that might include social ostracism, outlawry, psychiatric counseling, imprisonment, or death.

These gender differences within the family have been augmented by gender differences in other areas that will be explored later in this book, and all of these together have operated to link women's experience more closely than men's to family life in most cultures. Because of this, stories of men's actions and accomplishments often neglect to mention even whether they were married or had children, while those of women usually discuss their family situation; for example, few biographies of the French thinker Jean Jacques Rousseau mention that he had several children out of wedlock and put them all up for adoption, while no biography of Queen Elizabeth I of England or the American suffragist Susan B. Anthony neglects to mention that they were unmarried and childless. Family structures and relationships, marital customs and patterns, norms and traditions of family life also had a tremendous impact on men, however, and ignoring these provides an incomplete history. Because the family was the earliest form of social organization, and the first social organization children encountered, the lessons learned about gender within the family have been the most difficult for both sexes to change.

#### Ancient Egypt and Mesopotamia (4000 BCE–600 BCE)

The discussion of explanations for the origins of patriarchy in chapter 1 notes some of the ways in which gender distinctions first emerged in prehistoric family life, before the development of writing. The earliest written law codes, such as that of the Babylonian king Hammurabi (1792–1750 BCE), included many provisions regarding marriage and family life, setting out what the Babylonian elite regarded as the proper relationship between the sexes and the proper running of a household; according to its provisions, a husband could divorce his wife without returning her dowry if she "made up her mind to leave in order that she may engage in business, thus neglecting her house and humiliating her husband," and could drown her if she "has been caught lying with another man." (The code does not mention punishment for a married man who had sex with a woman not his wife.)

In both ancient Mesopotamia and ancient Egypt, marriage was generally monogamous, though men could and did have more than one wife if their economic status was high enough, especially if their first wife had not had children. Rulers of Egypt in the New Kingdom (1570 BCE–1075 CE) and rulers in Mesopotamia at roughly the same time are often described as having harems of many wives and concubines, though historians are not sure when this practice began or even if it was as extensive as later commentators thought; were the many women buried in royal tombs the king's concubines, or might they have been the queen's servants? Whatever the situation for rulers and the very wealthy, most marriages were monogamous, with the prime emphasis on procreation and maintaining the economic and social well-being of the household. Divorce was possible, but difficult.

Marriage in the ancient world not only linked two individuals but also two families, so that the choice of a spouse was much too important a matter to be left to young people to decide. Marriages were most often arranged by one's parents, who assessed the possible marriage partners and chose someone appropriate. Arranged marriage did not preclude the possibility of spousal affection and romantic love, however. Among the tax lists, funerary inscriptions and legal codes that are the most common records left from early civilizations, there is also some erotic love poetry. Though we have no way of knowing whether this was written as a prelude to marriage or to someone outside of marriage, we do know that husbands in New Kingdom Egypt often referred affectionately to their wives on their tomb inscriptions and that couples were portrayed arm in arm.

Portrayal of spouses side by side may seem odd given the unequal status of men and women in marriage, but it also can serve as a visual demonstration of two aspects of ancient marriage. One is that in actual practice, women may have made more family decisions and controlled more of what went on in the household than the laws would indicate. Laws always depict an ideal situation, one the lawmakers hope to create, rather than reality. We know from more recent societies in which women are far more restricted than they were in ancient Mesopotamia that they actually oppose, subvert, and ignore restrictions in ways that reading the laws alone would never indicate were possible. A second aspect of ancient marriage which these statutes hint at is the fact that though in some later societies of the Middle East concern about women's honor would mean their total seclusion, this was not true in ancient Mesopotamia or Egypt. Despite the preference for male heirs, high death rates often left women sole heirs, and the good of the family and preservation of the lineage required that they have some legal rights. Thus though they were always a tiny minority of those appearing in legal records, women did control their own property to some degree, act as independent legal persons bringing cases to court, serve as guarantors for the loans of others, and work in public. Husbands did not assume total control of their wives' property in all cases - probably when the wife had come from a more prominent or wealthier family, and had powerful brothers or other male relatives - so that women independently bequeathed property to their sons and acted on their behalf. Women were most independent in Egypt; the Assyrians, on the other hand (one of the many empires that conquered Mesopotamia), required respectable women to wear a veil in public and forbade them to own property.

Because a woman's identity was more closely tied to her husband's than a man's to his wife's, a husband's death often brought great changes in a woman's situation. She became a widow, a word for which there is no male equivalent in many ancient languages and one of the few words in English and other modern languages in which the male, widower, is derived from the female instead of the other way around. At that point she often become more active legally, buying and selling land, making loans, and making donations to religious establishments. A widow's actions were acceptable because she was often the guardian for her children and in control of the family finances, but she was also somewhat suspect because she was not under direct male control.

# The Classical Cultures of China, India, and the Mediterranean (600 BCE–500 CE)

Many of the gender patterns in family life that developed in the world's earliest civilizations carried over into the classical cultures of Eurasia, though they were often made more rigid because of the expansion of written law codes and the development of religious and philosophical systems which posited clear gender distinctions. (These will be discussed in chapters 4 and 5.) The family was generally regarded as the basis of society, and rights to political positions were often limited to men who were the heads of families. As in Mesopotamia and Egypt, most people married, though in some places certain marriages, such as those between slaves, between a slave and a free person, or between persons of different social classes, were prohibited. In these cases other legal forms were often established to legitimate sexual relations. such as concubinage or the Roman slave "marriage" called contubernia. These forms were gender specific, for they never included one which allowed a higher status woman to have legitimate sexual relations with a lower status man: such relations were instead often punishable by death. Size of the household was often dependent on social status, with wealthier households containing more relatives, servants, and slaves; in some areas extended families lived in a large family compound, while in others most households were nuclear. Whatever a household's size or composition, everyone living within it, including adult children and servants, was under the authority of the male head of household. When he died, his widow often came under the authority of her eldest son or her husband's brother rather than acting independently. In some cultures she was expected to marry the brother of her dead husband – a practice called levirate marriage – particularly if her husband had not had a son; her sons by her new husband were legally regarded as belonging to her deceased first husband.

Weddings were central occasions in a family's life, with spouses chosen carefully by parents, other family members, or marriage brokers, and much of a family's resources often going to pay for the ceremony and setting up the new household. Marital agreements, especially among the well-to-do, were stipulated with contracts between the families involved, a practice that continued for centuries throughout the world, and in many areas continues today. Opportunities for divorce varied in the classical world, but in many cultures it was nearly impossible, so the choice of a spouse was undertaken very carefully after much consultation with relatives and often astrologers or other types of people who predicted the future. Weddings themselves were held on days determined to be lucky or auspicious, a determination arrived at independently for each couple.

Rituals surrounding marriage became more complex in the classical period, particularly for the wealthy. In China during the Han dynasty (202 BCE-220 CE), for example, marriages included a number of prescribed steps, of which the most important was the presentation of betrothal gifts from the groom and the groom's family to the bride and the bride's family, an occasion of conspicuous consumption for the rich and sometimes nearbankruptcy for the poor. The bride's family then often countered with a dowry, sometimes of goods purchased with the money in the betrothal gift; using a betrothal gift for family financial needs rather than reserving it for the bride was viewed as dishonorable because it made it appear that the bride had been sold. A marriage with no betrothal gift or dowry was also dishonorable, with the woman often considered a concubine rather than a wife. Once all these goods had been exchanged, the bride was taken to the ancestral home of the groom, where she was expected to obey her husband and his living relatives, and to honor his ancestors. Confucian teachings required upper-class men to carry out specific rituals honoring their ancestors and clan throughout their lives, and to have sons so that these rituals could continue. Their names were inscribed on the official family list, and women's on the list of their marital families once they had a son; women who had no sons disappeared from family memory, unless they could arrange to adopt one, perhaps from a concubine or slave of their husband. Women continued to belong to their marital families even if they were widowed; if a widow's birth family wanted her to marry again, it often had to ransom her back from her deceased husband's family, and her children by her first husband stayed with his family.

In India, religious ideas about the importance of family life and many children meant that all men and women were expected to marry, and that women in particular married very young; widows and women who had not had sons were excluded from wedding festivities. Parents, other relatives, or professional matchmakers chose one's spouse, and anything that interfered with procreation, including exclusively homosexual attachments, was frowned upon. The domestic fire had great symbolic importance; husband and wife made regular offerings in front of it. Children, particularly boys, were shown great affection and developed close attachments to their parents, especially their mothers. These mothers often continued to live in the house of their eldest son upon widowhood, creating stresses between mothers-in-law and daughters-in-law; cruel and angry mothers-in-law were standard figures in the stories of classical India, reflecting what was often harsh treatment of young women in real life. (In the Mediterranean and the rest of Europe, widowed mothers generally did not live with their married sons, so the spiteful old woman in stories is generally a stepmother rather than a mother-in-law.)

In the classical Mediterranean, family life was shaped more by practical and secular aims than it was in China or India, which led occasionally to marital practices and family forms that differed dramatically from the more common patriarchal and patrilocal. The most dramatic example of this is the Greek city-state of Sparta, in which all activity was directed toward military ends. Citizen boys left their homes at 7 years old in Sparta and lived in military camps until they were 30, eating and training with boys and men their own age; they married at about 18 to women of roughly the same age, but saw their wives only when they sneaked out of camp. Military discipline was harsh – this is the origin of the word "spartan" – but severity was viewed as necessary to prepare men both to fight external enemies such as Athens and to control the Spartan slave and unfree farmer population, which vastly outnumbered the citizens.

In this militaristic atmosphere, citizen women were remarkably free. As in all classical cultures, there was an emphasis on childbearing, but the Spartan leadership viewed maternal health as important for the bearing of healthy, strong children, and so encouraged women to participate in athletics and to eat well. With men in military service most of their lives, citizen women owned property and ran the household, and were not physically restricted or secluded. Marriage often began with a trial marriage period to make sure the couple could have children, with divorce and remarriage the normal course if they were unsuccessful. In contrast to India, despite the emphasis on procreation, homosexuality was widely accepted, with male same-sex relationships in particular viewed as militarily expedient, leading men to fight more fiercely in defense of their lovers and comrades.

The unusual gender structures of Sparta did not leave much of a legacy, however, for the dominant city-state in classical Greece culturally, politically, and intellectually was Athens, in which the lives of citizen women were more like those of women in China or India than like those of their neighbors in Sparta. Athenian democracy made a sharp distinction between citizen and noncitizen, with citizenship handed down from father to son, symbolized by a ceremony held on the tenth day after a child was born in which the father laid his son on the floor of the house and gave him a name; this ceremony marked a boy's legal birth. It was thus very important to Athenian citizen men that their sons be their own, so that women were increasingly secluded in special parts of the house and allowed out in public only for religious festivals, funerals, and perhaps the theater (there is a debate about this among historians). As in India, husbands were often a decade or more older than their wives, and clearly better educated, for the formal and informal institutions for learning that developed in Athens were for men only. Most men married, but being unmarried did not bar a man from political life, which was viewed as the center of human existence by many Athenians. In contrast to most classical societies, Athenians regarded the individual man, rather than the family, as the basis of the social order, and the central relationship one between a younger man and an older man who trained him in cultural and political adulthood. (Such relationships will be discussed in more detail in chapter 8.)

Classical Rome had very different norms of family life than either Sparta or Athens. The word "family" (famiglia) in ancient Rome actually meant all those under the authority of a male head of household, including nonrelated slaves and servants. Thus just as slave-owners held power over their slaves, fathers held great power over their children and husbands over their wives. Somewhat contradictorily, the Romans viewed the model marriage as one in which husbands and wives were loval to one another and shared interests, activities, and property. These notions were often expressed on family tombstones, such as the following from the first century CE: "Pythion son of Hicesius set up this common memorial to himself and to his wife Eicydilla daughter of Epicudes. He was married at 18 and she at 15 and for 50 years of life together they shared agreement unbroken, happy among the living and blessed among the dead." If the marriage was less than ideal, by the late Republic (first century BCE), divorce was possible at the instigation of either the husband or wife. Romans also idealized the role of the mother, viewing women as important in their children's education and thus worthy of an education themselves.

In all classical cultures, philosophical and religious ideals of family life had a much greater impact on elites than on ordinary people, a situation that continued into the postclassical period when elite women were increasingly secluded within their households in China, India, and much of the Islamic world. In both the classical and postclassical periods, and, indeed, in most of the world's cultures in all periods, the vast majority of people were peasants who spent their days raising food. Almost all of them married, not because of Confucian principles or Hindu teachings or Islamic injunctions, but because marital couples and their children were the basic unit of agricultural production; procreation was an economic necessity and not simply a religious duty. Some historians speculate that peasant women were less restricted than upper-class women, or at least that their lives were more like those of the male members of their family - made equally miserable by poverty and hard work - than was the case for wealthier women. Whether any woman would have regarded this as positive, and not traded her life for the more comfortable, though more restricted, one of an aristocratic woman, is difficult to say, for we have almost no sources that give us the opinions of peasant women or men about their families until the nineteenth century.

The family patterns sketched here for classical cultures were thus class related, and certain small groups within the huge populations of China and India also followed very different models. Among the Khasi people in northwestern India and the Musuo in southwestern China, for example, women headed the households, owned businesses, and handed down property and the family name to their daughters. These matrifocal practices have continued to today, although there is pressure to make these groups conform more closely with the rest of India and China. The irony of this is not lost on Lakyntieth Lyndoh, a Khasi businesswoman, who commented in 1996: "Why should we be in such a hurry to give up our long-fought-for rights as independent women when most other women in the world are clamoring to increase theirs?"

# Africa, the Americas, and Southeast Asia in the Premodern Era (600 BCE–1600 CE)

The scarcity of written sources that limits our access to peasant family life also affects our understanding of all families in Africa, the Americas, and much of Southeast Asia and the Pacific before the modern period. Historians and anthropologists use a variety of means to study kinship organizations, marital patterns, living arrangements, and other aspects of family structure: oral history and traditions, later written records, reports of outsiders, such as Muslim traders in Africa or Christian missionaries in America and the Pacific islands, direct interviews with living individuals, archaeological remains, linguistic analysis of words denoting family and kin. All of these provide evidence about families in the past, but scholars also warn about their limitations; outsiders brought their own biases, archaeological remains are difficult to interpret, and oral history (like all history) represents a specific perspective. What is described as "traditional" may often be quite new, for family patterns are not static. They may also be quite different in groups which are fairly close to one another geographically; if the Khasi and the Musuo were able to survive in China and India, it is no surprise that groups in areas without strong written traditions developed very diverse family forms and arrangements.

There are a few patterns found in most cultures over these huge areas, however. The "family" was often defined as a fairly wide group of relatives, and this kin group had a voice in domestic and other matters, such as who would marry and when they would do so, who would be sent to school and how long they would attend, who would have access to land or other economic resources, whose conduct was unacceptable and worthy of censure or punishment. These decisions were arrived at through a process of negotiation and discussion within the family, with the influence of each member dependent on the situation. The opinions of older family members generally carried more weight than those of younger, the opinions of first born more than later born, and the opinions of men more than women. These two hierarchies – age and gender – interacted in complex ways dependent on the issue at hand, with older women sometimes having control of younger men on certain matters. In some cultures, older women served as matchmakers, suggesting or arranging marriages.

Wealth was another hierarchy that shaped family life in these areas, as in the rest of the world. In some areas most marriages were monogamous, and in some polygyny was quite common, but even in areas where monogamy was the rule, wealthy and powerful men married more than one wife or had several secondary wives or concubines along with a principal wife, a pattern often termed "resource polygyny." Rulers of states and villages had the most wives, concubines, slaves, and other types of female dependents as a sign of status. The expansion of Islam in Africa and Southeast Asia supported this pattern. Under Islamic law, the legal status of children followed that of their father, not their mother, so all the children born in the household of a free man would be free, and recognized as his children. Those born to free or slave concubines had a lesser status than those born to wives, but they were free. Later the Atlantic slave trade also reinforced polygyny in Africa, because two-thirds of the millions taken to the New World were men.

Powerful men also used marriage as a way to make or cement alliances, or as a symbol of conquest. The leaders of both the Incas and the Aztecs, for example, married the daughters of rulers of the tribes they had conquered, and in seventeenth-century Virginia, the Algonkian-speaking chief Powhatan reinforced his domination of other groups by marrying women from their villages and then sending them back once they had borne him a child.

Living arrangements varied in polygynous marriages. In much of Africa, families lived in house-compounds in which each wife had her own house; each wife also had her own cattle, fields, and property, for the notion that a wife's property actually belonged to her husband that became standard in Europe was not accepted in most of Africa. In parts of the world in which women were secluded, all wives lived within the same household, often in a special part of the house constructed for them, termed the *harim* (which means "forbidden area") or *zenana*. (See chapters 4 and 5 for longer discussions of the seclusion of women.)

Many cultures in Africa, the Americas, and the Pacific were matrilineal, in which membership in a kin group is traced through the female line and a man's heirs were his sister's children. This did not necessarily mean that women were economically or legally autonomous, but that they depended on their brothers rather than their husbands. Their brothers also depended on them, however, for many of these cultures also had systems of marriage

in which husband brought a bridewealth to his wife's family. A man often used the money, land, or goods that the family had received as the bridewealth at the marriage of his sister as his own bridewealth, so that his marriage was dependent on his sister marrying well. A prospective groom also frequently performed brideservice for the family of his future wife, working for his future father-in-law either before the wedding or in a period of trial marriage. Matrilineal inheritance systems encouraged close lifelong relations among siblings, with women relying on their birth families for support if they came into conflict with their husbands. This was particularly true in groups that were also matrilocal, such as those in eastern North America, in which husbands came to live with their wives' clans and related women lived together. Relations with one's mother's kin were thus more important than those with one's father's kin or even one's spouse, and children often regarded their mother's brothers with particular respect. Matrilineal, matrilocal systems allowed for the relatively easy in-marriage of men from other groups, because they could not claim immediate control over their wives' property.

Matrilineal inheritance systems and bridewealth made some family relationships stronger, but they also created tensions. Brideservice could lead to resentment. Men objected to the influence of their wives' families, and, in areas where wives moved to their husband's households, intentionally chose wives who came from far away, which also lessened the degree to which their sons could rely on their maternal uncles. Conflict between fathers and sons was exacerbated by resource polygyny and bridewealth, as families had to decide whether their resources would best be spent acquiring a first wife for a son or another wife for the father. Some scholars have seen this generational conflict as a source for harsh initiation rituals which unmarried young men often had to undergo; only those who had gone through such rituals would be allowed to marry and join the ranks of fully adult men.

Some groups in Africa and the Americas had bilateral inheritance. Among many peoples living in the Andean region, for example, lines of descent were reckoned through both sexes, with girls inheriting access to resources such as land, water, and animals through their mothers, and boys through their fathers. In other groups with bilateral inheritance, such as the Yako of Nigeria, only men inherited, but they did so from both their fathers and their mothers' brothers.

Some form of divorce or marital separation was available in most of these cultures, and in some it was quite easy for either spouse to initiate. Among matrilocal groups in North America, for example, a man who wished to divorce simply left his wife's house, while a woman put her husband's belongings outside her family's house, indicating she wished him to leave; the children in both cases stayed with the mother and her family. Among some groups divorce was frowned upon after children had been born, however, or because it would involve complicated financial transactions, such as the return of bridewealth.

Relatively easy divorce was an essential part of systems of temporary marriage that developed in some parts of Southeast Asia and the Pacific. These were cultures in which people were taught to have a strong sense of debt and obligation to their parents and family for having been given life, termed  $\partial n$  in Vietnamese and *hiva* in Tagalog, the language of part of the Philippines. This concept of debt extended beyond the family to the larger political and economic realm, so that people were often enmeshed in a complex system of dependency, sometimes placing themselves or family members into slavery to another in return for support – what is often termed "debt-slavery" - or otherwise promising loyalty or service. One also gave gifts in order to have others in one's debt; gift-giving was an important way to make alliances, pacify possible enemies, and create links and networks of obligations among strangers. Often these gifts included women, for exchanging women was considered the best way to transform strangers into relatives. These unions were often accompanied by a marriage ceremony and the expectation of spousal fidelity, but they were also understood to be temporary. If the spouses disagreed with one another or the man was from elsewhere and returned to his home country, the marriage ended, just as marriages between local spouses ended if there was conflict or one spouse disappeared for a year or more. Both sides gained from such temporary marriages; the man gained a sexual and domestic partner, and the woman and her family gained prestige through their contact with an outsider and their repayment of a debt. Concepts of debt also structured marriage patterns in other ways; prospective grooms frequently carried out brideservice for their future fathers-in-law, understood as paying off their obligations.

### Medieval and Early Modern Europe and the Mediterranean (500 ce–1600 ce)

Family life in most of Europe during the period from the Roman Empire to Columbus was shaped to a large degree by the Christian Church. Early Christian thinkers were often hostile to the family, viewing virginity as the preferred form of existence; alternatives to family life, in which men and women lived in single-sex communities dedicated to service to God, developed in most parts of Europe. In some areas, these communities took in widows as well as never-married people, providing a safe and honorable place for women who chose not to marry or not to remarry, or whose families made this decision for them.

Though there were certainly many people whose families decided when and whom and if they would marry, officially the Christian Church declared that consent of the spouses was the basis of marriage; indeed, until the sixteenth century, consent of the spouses was all that was required to have a valid marriage, though by the twelfth century many church leaders also regarded marriage as a sacrament, a ceremony that provided visible evidence of God's grace, like baptism. Because of its sacramental nature, marriage was increasingly held to be indissoluble, and sexual relations outside of marriage were viewed as illicit. Thus Christian Europe banned polygamy and divorce, and attempted to prohibit any form of sexual relationship that was not marriage, such as concubinage or premarital sex, termed fornication. Women were generally expected to bring a dowry when they married, which ranged from a few household goods to a whole province in the case of the high nobility. Remarriage after the death of a spouse was acceptable for both men and women and very common, though men remarried faster than women and rural people faster than urban residents. Most issues regarding marriage and many other aspects of family life came under the jurisdiction of church courts and were regulated by an increasingly elaborate legal system termed canon law. The ideals for marriage were not followed in many instances: powerful individuals could often persuade church courts to grant annulments of marriages they needed to end (an annulment is a ruling that there never was a valid marriage in the first place, in contrast to divorce, which ends an existing marriage); men, including priests and other church leaders, had concubines and mistresses; young people had sex before marriage and were forced into marriages they did not want. Nevertheless, these ideals and the institutions established to enforce them remained important shapers of men's and women's understanding of and place within the family.

Christianity provided the basic skeleton of family structure in medieval Europe, but there were also regional differences. In eastern Europe, the Orthodox Christian churches gradually came to allow divorce for adultery, abuse, abandonment, impotence, and barrenness, with both spouses allowed (somewhat grudgingly) to remarry. Consent of the parents as well as the spouses was required for first marriages, especially because age of marriage was often very early – 12 to 13 for girls, 16 to 18 for boys. The couple generally lived with the parents of one spouse, usually the husband, and the strongest emotional bonds were often, as in India and China, those between mothers and sons rather than spouses.

After the Ottoman Turks defeated the Byzantine Empire in the fifteenth century, a large part of eastern Europe came under Muslim rule as part of the vast Ottoman Empire, which stretched from North Africa to the Black Sea to the Persian Gulf. Open intermarriage between Christians and Muslims was not permitted, though marriage after one party (usually the wife) converted was accepted. Both Muslims and Christians used Muslim courts for cases involving marriage or other family matters, which responded to and shaped social changes occurring around them. Jews in Muslim areas also used Muslim family courts, though in general Jewish family life was regulated by Jewish laws and traditions. Jewish marriages in most parts of Europe and the Mediterranean were similar to Christian marriages in eastern Europe, with parents playing an important role and spouses both young. Jewish writers emphasized companionship and affection between spouses, however, and described the ideal marriage as one predestined in heaven. Judaism did allow divorce, which was then sometimes justified on the grounds that the spouses had obviously not been predestined for each other.

Among Christians in western Europe, two rather distinct family patterns developed in the Middle Ages. In the south – as in eastern Europe and much of the rest of the world – marriage was between teenagers who lived with one set of parents for a long time, or between a man in his late twenties or thirties and a much younger woman, with households again containing several generations. (Demographers term this a "complex" household structure.) In northwestern Europe, historians have identified a marriage pattern unique in the world in the premodern period, with couples waiting until their mid or late twenties to marry, long beyond the age of sexual maturity, and then immediately setting up an independent household. (Demographers term this a "nuclear, neolocal" household structure.) Husbands were likely to be only two or three years older than their wives at first marriage, and although households often contained servants, they rarely contained more than one family member who was not a part of the nuclear family.

Historians are not exactly sure why northwestern Europe developed such a distinctive marriage pattern, and its consequences are easier to trace than its causes: fewer total pregnancies per woman, although not necessarily fewer total children; a greater level of economic independence for newlyweds, who had often spent long periods as servants or workers in other households saving money and learning skills; more people who never married at all. The most unusual features of this pattern were the late age of marriage for women – which meant that they entered marriage as adults and took charge of running a household immediately – and the fact that a significant number of people never married at all. Demographers estimate that between 10 and 15 percent of the northwestern European population never married in the fifteenth through the eighteenth centuries, and that in some places this figure may have been as high as 25 percent. Both late marriage for women and the large unmarried population were important checks on population growth, though they also worried contemporary religious and political leaders, who continued to view marital households as the basis of society. Particularly in the sixteenth century, religious reformers urged everyone to marry (Catholic reformers excepted those who lived in religious communities, but advocated marriage for everyone else) and political leaders passed laws forbidding unmarried people to live on their own.

### The Colonial World (1500–1900)

In many parts of the world, the family forms that had developed before 1500 were radically altered by European exploration and colonization. Europeans brought with them not only their own religious, political, and economic structures, but also their own ideas of proper family life and the institutions designed to enforce those ideas. As in Europe, Christianity provided the official structure for family life in much of the colonial world; polygyny was abolished, divorce made more difficult, premarital sexual activity prohibited, church courts established to handle family issues. The lives of actual families and the roles of men and women in them were often shaped more by two other factors, however. The first was the germs that Europeans brought with them, which often advanced ahead of actual colonial forces. In some cases disease wiped out entire indigenous groups, and everywhere it disrupted patterns of marriage and family life. The second was the expansion of existing ways of understanding kinship to include huge categories of people, distinguished from one another by skin tone and facial features in what later came to be understood as "race."

Notions of race were rooted in earlier ideas about difference, particularly ideas about "blood." In many cultures, "blood" was a common way of conceptualizing family, clan, and social differences, with those of "noble blood" prohibited from marrying commoners and taught to be concerned about their blood lines. This has been studied most extensively in Europe, but high-status people in other parts of the world were also thought to have superior blood; in parts of Indonesia, for example, nobles were referred to as "white-blooded" and their marriages limited to others with similar blood. Blood also came to be used to describe national boundaries, with those having "French blood" distinguished from those having "German blood," "English blood," or "Spanish blood." Religious beliefs were also conceptualized as blood, with people regarded as having Jewish, Muslim, or Christian blood, and after the Reformation Protestant or Catholic blood. The most dramatic expression of this was in early modern Spain, where "purity of blood" - having no Jewish or Muslim ancestors - became an obsession, but it was also true elsewhere. European fathers choosing a wetnurse for their children took care to make sure she was of the same denomination, lest, if he was a Catholic, her Protestant blood turn into Protestant milk and thus infect the child with heretical ideas. Children born of religiously mixed marriages were often slightly mistrusted, for one never knew which blood would ultimately triumph. In some cases, such as Jews or Jewish converts in Spain and the Spanish empire, or Catholic Gaelic Irish in Ireland, religious and ethnic differences were linked, with religious traditions being viewed as signs of barbarity and inferiority.

Describing differences as blood naturalized them, making them appear as if they were created by God in nature, but people often held contradictory ideas about this. Thus the same religious reformers who warned against choosing the wrong wetnurse also worked for conversions, and did not think about whether adopting a new religion would also change a woman's milk. Rulers who supported nobles' privileges because of their distinction from commoners regularly ennobled able commoners who had served as generals and officials. French royal officials with authority over colonies spoke about the superiority of "French blood" but also advocated assimilation, through which indigenous peoples would "become French." Catholic authorities in colonial areas limited entrance to certain convents to "pureblooded" white or native women, thus excluding mixed-race people, but were more willing to allow a light-skinned mixed-race person than a "fullblooded" native marry a white person. Such contradictions did not generally lessen people's convictions about racial, social, or religious hierarchies, however.

Religion was also initially a marker of difference in colonial areas outside Europe, where the spread of Christianity was used as a justification for conquest and enslavement. As indigenous peoples converted, however, religion became less useful as a means of differentiation, and skin color became more important. Virginia laws regarding sexual relations, for example, distinguished between "christian" and "negroe" in 1662, but by 1691 between "white" men and women and those who were "negroe, mulatto, or Indian." In its use of "white" Virginia picked up language first used in a 1661 census in the British West Indies, and later this language spread throughout the British colonies. Other color designations came later, and in the eighteenth century, European natural scientists seeking to develop one single system that would explain human differences settled on the concept of "race" to describe these. They first differentiated "races" by continent of origin -Americanus, Europaeus, Asiaticus, and Africanus – and then by somewhat different geographic areas. (The word "Caucasian" was first used by the German anatomist and naturalist Johann Friedrich Blumenbach (1752-1840) to describe light-skinned people of Europe and western Asia because he thought that the Caucasus mountains on the border between Russia and Georgia were most likely their original home. He thought that they were the first humans, and the most attractive, a judgment he made through studying a large collection of skulls, not by looking at live people.)

The impact of notions about blood and race, and of the spread of germs, can be seen very clearly in the Spanish and Portuguese colonies of the New World. Historians estimate that the indigenous population decreased dramatically – by about 90 percent in the sixteenth century in Central America, for example – at the same time that there was large-scale immigration from Europe and the importation of huge numbers of slaves from Africa. Originally

the Spanish and Portuguese Crowns hoped to keep all these groups apart, but the shortage of European and African women made this impossible, and there were sexual relationships across many lines. As sexual relations produced children that did not fit into the existing categories of Indian and Spaniard, the response of colonial authorities was to create an ever more complex system of categories, called *castas*, for persons of mixed ancestry. About one-quarter of the population of Latin America was of mixed ancestry by the end of the eighteenth century, and in urban areas the number was much higher.

The Catholic Church and Spanish and Portuguese officials defined as many as 40 different castas that were in theory based on place of birth, assumed geographic origin, and status of one's father and mother, with a specific name for each one. The various castas and the relationships among them were clearly delineated in treatises and by the eighteenth century in paintings that showed scenes of parents of different castas and the children such parents produced: India + Spaniard = Mestizo; India + Negro = Lobo; Chamiza + Cambuza = Chino, and so on. (The illustration on the cover of this book is one of these casta paintings.) Some of these castas had fanciful names, or ones derived from animals, such as covote or lobo (wolf). The casta system built on earlier Iberian notions of "purity of blood," in which descendants of Muslim and Jewish converts to Christianity were viewed as tainted, because their religious allegiance was carried in their blood. In the Latin American colonies, people of indigenous and African ancestry both had lower rank than did Europeans, with blood that was viewed as less pure. New laws passed after 1763 in the French Caribbean colonies set out a similar system, with various categories based on the supposed origin of one's ancestors.

Determining the proper casta in which to place actual people was not as easy as setting these out in theory, however, for the treatises and paintings were attempts to impose order on a confused and fluid system, not a description of reality. In practice, the category in which one was placed was to a large extent determined by how one looked, with lighter-skinned mixedancestry persons often accorded a higher rank than darker, even if they were siblings. Many historians have thus termed the social structure that developed in colonial Spanish and Portuguese America, including the Caribbean (and later in the French Caribbean), a "pigmentocracy" based largely on skin color, but also on facial features and hair texture. Contemporaries always claimed that color was linked to honor, virtue, and family, however, so that one's social status – termed *calidad* – involved a moral as well as physical judgment, but in reality, as intermarriage increased, people passed quite easily from one casta to another.

The precarious balance of moral, physical, and class judgments used in determining status also frequently shifted over time. Since one's ability to

marry or inherit, enter a convent or the priesthood, or attend university relied on official determination of ancestral purity, individuals not only passed as members of a higher group, but also sought to officially "whiten" their social status in order to obtain privileges in society. In many areas families of property and status bought licenses to be considered descendants of Europeans, regardless of their particular ethnic appearance and ancestry. In frontier areas of Spanish America, or during times of political and social transitions, family members classified their children as "Spanish" or "Castellano (Castilian)" on baptismal records, often in open defiance of the presiding priest's observations about the actual appearance of the child. In addition, individuals might define themselves, or be defined, as belonging to different categories at different points in their life, in what scholars have called a "racial drift" toward whiteness. Thus the hierarchy became increasingly confused and arbitrary over generations.

The granting of honorary whiteness and the difficulty of assigning people to castas points out just how subjective this entire system was, but it was the essential determinant of family life and gender norms in Latin America. For members of the white European elite, the concern about bloodlines and color created a pattern of intermarriage within the extended family, with older women identifying the distant cousins that were favored as spouses. Following the southern European pattern, these marriages were often between an older man and vounger woman, which limited the number of potential spouses for women, and many never married; in the Portuguese colony of Bahia, for example, only 14 percent of the daughters of leading families married in the seventeenth century. Rural native people also married most often within their own group, with the extended family exerting control over choice of spouses just as it did for elite whites. For slaves, many persons of mixed race, and poor people of all types, family and property considerations did not enter into marital considerations, and in most cases people simply did not get married at all, though in many cases they did establish long-term unions regarded by their neighbors and friends as stable.

The number of births out of wedlock in Latin America remained startlingly high by comparison with most of Europe (although Spain did have the highest rate of out-of-wedlock births in Europe). During the period from 1640 to 1700 in Central Mexico, one-third of the births to white women were out of wedlock, along with two-thirds of those of mixed-race individuals. Both Spanish and Portuguese law made distinctions among varieties of illegitimacy, according children of parents who could have been married but were not more inheritance rights than those of parents who could not have married, such as priests' children or those born in adulterous relationships. Thus, despite Christian norms, families in Latin America were extremely diverse: elite men married, but they often had children by slaves or servants who were also part of their household; poor free people did not marry, but might live in stable nuclear households; slave unions were often temporary, and the children stayed with their mothers or became the property of their mother's owners.

This diversity was also found elsewhere in the colonial world, with racial hierarchies and notions of gender intersecting in complex ways to shape family life. In some areas, such as the French and British colonies of North America, Africa, and Asia, marriages or other long-term unions between Europeans and indigenous peoples were much rarer than they were in Latin America, and in many places legally prohibited; the 1691 law in Virginia forbade marriage between an "English or other white man or woman" and a "negroe, mulatto, or Indian man or woman." Though such laws were usually gender-neutral, what lawmakers were most worried about was, as the preamble to the Virginia law states: "negroes, mulattoes, and Indians intermarrying with English, or other white women" and the resultant "abominable mixture and spurious issue." Such laws were passed in all of the southern states and also Pennsylvania and Massachusetts between 1700 and 1750; they were struck down by the US Supreme Court in 1967, but remained on the books in some states for decades after that. The last of such "miscegenation" laws was rescinded by Alabama voters in a statewide referendum in 2000. In contrast to a hierarchy of castas, the British North American colonies and later the United States developed a dichotomous racial system, in which one drop of "black blood" made one black.

Whether hierarchical or dichotomous, racial systems were not simply a matter of ideas or discourse. Unmarried white women who bore mixed-race children were more harshly treated than those who bore white children, while pregnancy out of wedlock was often ignored or even encouraged among nonwhite women, particularly if they were slaves or other types of dependents whose children would become workers; men's fathering mixedrace children with nonwhite women was tolerated or even expected. In the British North American colonies and later the United States, rape of a white woman by a black man could lead to castration. European women who married indigenous men lost their legal status as "European" in many colonies, while men who married indigenous women did not. (A similar disparity became part of the citizenship laws of many countries well into the twentieth century; even today in some countries a woman automatically loses her citizenship on marrying a foreign national, while a man does not.) It may be easy for us to see the socially constructed nature of certain categories, particularly those that are readily changeable - Does one's blood become Protestant if one converts? Or one's skin tone change if one gets a license of whiteness? - and most scholars who study the human species as a whole, such as biologists and anthropologists, view "race" as completely socially constructed as well. They avoid using it, as it has no scientific meaning.

People in the colonial world, however, regarded racial, national, and to some degree class and religious boundaries as real despite their malleability, and as undergirded by even more fundamental boundaries, such as those between "godly" and "ungodly" or between "natural" and "unnatural."

Until the middle of the nineteenth century, of course, most people of African descent in North America were slaves, and only in New England were marriages between slaves legally recognized. In contrast to Islamic law, laws in the North American colonies declared that the children of slave women would be slaves, reversing the normal English practice, in which legal status followed the father. White men's fathering of mixed-race children was not recognized legally and rarely spoken about publicly in polite society, though men occasionally made private arrangements for their children by slave women, just as men occasionally did in European households when they fathered children by servants or slaves. More often they did not, though sexual relations between masters and and slaves were so common over generations that by the nineteenth century a large part of the North American slave population was mixed-race.

As in Latin America, the family structures that developed in North America in the eighteenth and nineteenth centuries were thus class- and race-related. White families, especially in the north, tended to follow the northwestern European model, with late marriage and a high proportion of people who never married, while black families were more fluid, and often matrifocal. Government policy toward Native Americans, which removed them from their original homelands and ordered them to live on reservations, disrupted family life along with every other aspect of indigenous society, though extended kin groups retained some voice wherever they could.

The European colonies in Africa and Asia generally developed later than those in the Americas, and in many places European rule did not disrupt existing family patterns to a great extent, and they continued to be shaped by religious ideals and existing traditions. European men engaged in sexual relations with indigenous women, but did not regard these as marriage (though they might be viewed by local cultures as temporary marriages). Once more white women moved to the colonies, long-term interracial relationships became less common as the European communities worried about mixed-race children and what they termed "racial survival."

The growth in mining and commercial agriculture for export in colonial areas during the nineteenth and early twentieth centuries led many men to leave their families for years at a time in search of wage labor, with women at home in the villages engaged in subsistence agriculture and caring for children and the elderly. Thus, like slavery, wage labor in areas that produced raw materials led to matrifocal family patterns, with closer relationships between mothers and children than between spouses. In some areas, such as parts of Africa, migratory wage labor occurred in areas in which inheritance patterns had been matrilineal or bilateral, but European colonial authorities did not understand these systems. They imposed their own patrilineal system when deciding about rights to property, and the fact that men were away made European expropriation of land easier, as did conflicts between matrilineal and patrilineal inheritance systems. This often led to a sharp contradiction between theory and practice regarding family structure and power relationships, with men the official and legal heads of families but women actually responsible for the family's day-to-day well-being. Women thus experienced what some scholars have termed a "dual patriarchy" of colonial officials and the men of their families, and some resisted. Many women in colonial Gusiiland in Kenya, for example, left their rural homes for the city or defended traditional marriage patterns, with bridewealth and matrilineal inheritance, in local courts.

# The Industrial and Postindustrial World (1800–2010)

A contradiction between theory and practice in terms of the family was found not only in the colonies during the nineteenth century, but in the colonizing countries – often termed the "metropole" – and in other European and European-background countries as well. As we will discuss in greater detail in chapter 3, the growth of industrialism brought new forms of work organization that had a significant effect on family life. Young women were often the first to be hired as factories opened, for they were viewed as more compliant, willing to take lower wages, and better able to carry out the repetitive tasks of tending machines. Factory work removed young women from their parental households, however, and could lead to a lessening of paternal authority once the women had their own wages. Politicians and social commentators debated the merits of this, and suggested that factory owners establish dormitories for their workers and act as substitute fathers, restricting women's leisure-time activities and socializing habits. They further recommended that, whenever possible, women work in sex-segregated workshops or at home, so that their (and their family's) honor was not threatened by contact with men who were not their relatives, and that women's wages stay low, so that they did not become too independent. Young women were encouraged to give most or all of their wages to their families, and married women encouraged to avoid work outside the household and to make their homes a "haven in the heartless world" of industrialism and business. (This advice was bolstered by the fact that until the mid-nineteenth century, the wages of married women in European countries belonged legally to their husbands.)

Social reformers and the labor organizations that developed in the nineteenth century had a different goal for men's wages, but one that was also related to family life; they increasingly advocated a "family wage," that is, wages high enough to allow married male workers to support their families so that their wives could concentrate on domestic tasks. Both middle- and working-class male leaders emphasized the propriety of a distinction between the "private" world of home and family and the "public" world of work and politics. Europeans and Americans often criticized the societies they were colonizing for requiring women to be secluded in the home, but at the same time they created a stronger ideal of domesticity for women at home. This ideal included an intense emphasis on the importance of children and the mother–child bond, another family trait often found in the very cultures Europeans regarded as backward and barbaric. (We will look more closely at such ideals in chapter 4.)

The economic realities of industrialism created further ironies. At the same time that European and European-background societies were putting greater emphasis on children (some historians have dubbed this the "discovery of childhood"), white children were hired in factories and mines in increasing numbers at very young ages, and black children in areas with plantation slavery worked in the fields or household as soon as they were able. Men's wages were rarely enough to support a family, but women's wages were so low in the jobs available to them that the labor of children was needed to allow working-class families to survive.

Children were also a burden on those families, however, requiring food long before they could work, and the demand for contraception grew. The same leaders who described the family as a private haven viewed birth control as a highly public issue, however, passing laws such as the Comstock Laws in the United States that prohibited the distribution of birth control devices, and arresting those, such as Marie Stopes in England and Margaret Sanger in the United States, who disseminated birth control information, especially when this was to working- or lower-class women. Religious authorities also made pronouncements on this issue; Pope Pius IX, for example, declared in 1869 that the fetus acquires a soul at conception rather than at quickening, which had been the standard opinion before that point. (Quickening is the point when a mother feels movement, usually about the third or fourth month; the word "quick" is an old word for alive, as in the phrase "the quick and the dead.") Any postconception methods of contraception would thus be considered abortion, whereas until this point they had been viewed as contraception, a lesser sin.

Governments intervened in family life in the twentieth century far more than they had earlier, with the most extreme examples in totalitarian regimes. In Germany, Italy, and Japan in the 1930s, birth control was prohibited and large families were rewarded among groups judged to be desirable; those judged undesirable were sterilized or executed. (Sterilization of "undesirables" also occurred in the United States from the 1930s to at least the 1970s.) All three of these countries mounted propaganda campaigns setting out their view of the ideal family, which was one in which fathers ruled and wives and children obeyed. In the Soviet Union right after World War II, the government encouraged population growth by limiting access to all contraception; even after the desire for more people abated, birth control pills never became widely available, so that abortion became the standard means of birth control for most women, a practice that has continued in post-Soviet Russia.

Most governments in the twentieth century sought to limit population growth rather than encourage it, in response to explosive population growth that began in the late nineteenth century. (World population in 1850 was about 1.2 billion, and in 2008 6.7 billion.) This growth was largely the result of medical advances such as vaccinations that lowered the death rate among children dramatically; in the Arab world, for example, only one out of four children survived to age 50 in 1900, but by 2000 three out of four survived. In India, Puerto Rico, and elsewhere the government encouraged or condoned widespread sterilization, while in China families who had more than one child were penalized by fines and the loss of access to opportunities. Though governments which introduced strict population policies tried to minimize gender differences in their effects, the value put on male children was still higher than that on female, which led in some countries to selective female infanticide, abortion of female fetuses, and better care and nutrition for infant boys. Government campaigns at the end of the twentieth century in China tried to end such practices, and observers noted that girls may become more desirable in the future because selective abortion has made them scarcer than boys.

By the early twenty-first century, the one-child policy had been so effective in China that officials, worried about the graying of the population, granted exemptions in some areas to rural people, ethnic minorities, and parents who had no siblings. Because of the one-child policy, the latter group is now quite large, but the expenses of a second child and continued official support for the one-child policy mean that few couples choose to have a second.

Other than in China, government campaigns to curtail family size in the twentieth century were uneven in their effects. Cultural and political changes were more important. Birth control became culturally acceptable, more reliable, and more widely available in Europe, North America, Japan, and Australia by the 1960s, and families grew smaller. By the 1980s disputes about reproductive control in these areas revolved largely around moral issues relating to abortion and medically assisted reproductive techniques such as in-vitro fertilization, surrogate motherhood, and genetic testing, not about birth control itself. The expansion of government systems of social

support also led to smaller families because people did not have to rely on their children for support in old age.

Coercive government measures provoked strong resistance in many parts of the developing world from both religious and women's organizations, and toward the end of the century aid agencies recognized that a more effective means of decreasing the birth rate was to increase the level of basic and technical education for girls and women, while providing small loans for sewing machines, farm flocks, or even cellular phones so that women could gain economic independence. Both lower birth rates and education for girls were opposed in some parts of the world for much of the twentieth century by traditional and colonial authorities, for they regarded women's proper role as tied to the household. By the the end of the century, however, worldwide fertility had been lowered, from 4.97 births per woman in 1950 to 2.80 in 2000, with sterilization the most common form of birth control.

Fertility rates have continued to decline in the early twenty-first century. In 2008, the worldwide fertility rate was 2.61, with Singapore having the lowest birth rate (1.08) and Mali the highest (7.4). Most countries in western and eastern Europe, Russia, Japan, South Korea, and many other countries now have fertility rates below replacement levels, although only in a few of these has the population actually begun to decline. (Immigration and population momentum – the fact that a large share of the population is in childbearing years – balance out fertility decline in most countries.) France and some other countries have adopted policies to encourage couples to have more children, such as payments for working parents and better childcare provisions. There are some signs that these are having a small effect, but the increased cost of living, especially in cities where most of the world's population now lives, women's participation in the paid labor force, and the social acceptability of small families mean that low fertility rates will no doubt continue.

Families in many parts of the world not only saw first more and then fewer births in the twentieth century than they had earlier, but they also changed shape and became more varied. In many parts of the world, such as Africa and the Caribbean, male mobility and the lack of good jobs for either women or men meant that many people did not marry until quite late in life or never married at all. The pattern of matrifocal households that had developed during the nineteenth century continued, a pattern that could also be found among many African-American households in the United States. A similar living pattern, though under much different economic circumstances, developed in post–World War II Japan, tied in some ways to earlier Japanese traditions. Japanese companies favored male workers, expecting them to work very long hours and socialize together after work, sometimes in the company of geishas; women were expected to work only until they had children and then devote themselves to their children. Thus, like many men in colonial mining or agricultural areas, men in Japan rarely saw their wives and had little role in the upbringing of their children, though almost all of them continued to marry, for marriage remained a central part of Japanese culture and was expected by Japanese companies.

Marital patterns in many parts of Africa remained polygynous, with over half the women in western Africa in the 1980s having at least one co-spouse. Urban marriages were increasingly likely to be monogamous, however, both because of cultural influences such as Christianity and because of economic change. Increased mobility brought a weakening of kinship and lineage ties, with older men having less power over both younger men and women than they did earlier. This allowed for greater independence in such matters as choice of spouse or job, but also left individuals, especially older people and women of all ages, more vulnerable because they did not have a lineage to support them economically or emotionally. Such vulnerability emerged particularly during times of drought and other environmental crises, and during civil and ethnic wars, all of which contributed to frequent famines and difficult decisions about how to allocate scarce resources among family members.

In Japan, China, and the Arab world, more than 95 percent of people continued to marry at some point in their lives, but in other parts of the world, the twentieth century saw a dramatic decline in marriage rates. In both western Europe and the United States couples lived together but did not marry; in 1995 there were 10 times as many couples living together without marrying in Germany than there had been in 1972. Divorce rates increased significantly in developed countries – in the United States the divorce rate in the 2000s was three times what it had been in the 1920s, with one out of every two marriages ending in divorce – and were also more common elsewhere, such as the Arabic world, where one out of every four marriage ended in divorce in the 2000s.

The social acceptability of remarriage after divorce in many parts of the world meant that many families included the children from several different relationships, thus returning to an earlier pattern when spousal death and remarriage had created such "blended" families. To this variety were added households in which children were raised by their grandparents, by gay, lesbian, and transsexual couples, by adoptive parents, by single parents, and by unmarried individuals who had no intention of marrying. In some parts of the world, marriage between individuals of different races and religions became increasingly common, challenging centuries-old boundaries and definitions of who was family and who was kin. This diversity of family forms was (and is) perceived by some observers as a social problem, but it is only becoming more extensive in the early twenty-first century.

As we have seen in this chapter, family structure and function have always been diverse, but, given greater immigration and better communications, that diversity is more widely and more intimately known and experienced now than in the past. Family and kinship are not simply matters of genetic connections, but are culturally determined and given meaning by individuals and groups. It is clear from this chapter that gender differences have been a key part of family life throughout history, which has made them more resistant to change than gender differences in other realms of life, such as the workplace or the voting booth. Thus they often survived, and continue to survive, dramatic economic or political upheavals. In Russia, for example, women did almost all the domestic work before, during, and after Communism; in much of Africa, kin structures were the primary shapers of marriage during the precolonial, colonial, and postcolonial eras. Gender patterns involving the family are not as unchanging as they sometimes seem to be, but we all learned these at a very early age, and they are very difficult to shake.

#### Further Reading

The family is a topic of great interest in sociology, anthropology, and psychology as well as history, so that there are countless studies of all aspects of contemporary family life, many of which pay specific attention to gender issues. An excellent place to begin for historical studies of the family is the two-volume collection, André Burguière et al., eds., A History of the Family, vol. 1: Distant Worlds, Ancient Worlds and A History of the Family, vol. 2: The Impact of Modernity (Cambridge, MA: Harvard University Press, 1996). For overviews with a historical focus, see James Casey, The History of the Family (London: Blackwell, 1989); Roderick Phillips, Putting Asunder: A History of Divorce in Western Society (Cambridge: Cambridge University Press, 1988); G. Robina Quale, Families in Context: A World History of Population (New York: Greenwood, 1992) and A History of Marriage Systems (New York: Greenwood, 1988); Rosemary Radford Ruether, Christianity and the Making of the Modern Family (Boston: Beacon Press, 2001); Miriam Koktvedgaard Zeitzen, Polygamy: A Cross-Cultural Analysis (New York: Berg, 2008); Robert Jütte, Contraception: A History, trans. Vicky Russell (Malden, MA: Polity, 2008). The newest research may always be found in the the Journal of Family History, which began publication in 1976.

There are many collections that bring together issues of family life from a number of different cultures and time periods, including Mary Jo Maynes et al., eds., *Gender, Kinship, Power: A Comparative and Interdisciplinary History* (New York: Routledge, 1996); special issue of the *Journal of Family History*, 24:3 (1999) on the history of fatherhood; special issue of *Women's History Review*, 8:2 (1999) on "Revisiting Motherhood: New

Histories of the Public and Private"; Richard Wall, Tamara K. Hareven, and Josef Ehmer, eds. *Family History Revisited: Comparative Perspectives* (Newark: University of Delaware Press, 2001).

For analyses of family and gender in ancient Greece, see Nancy Demand, *Birth, Death, and Motherhood in Classical Greece* (Baltimore, MD: Johns Hopkins University Press, 1994); Sarah Pomeroy, *Families in Classical and Hellenistic Greece: Representations and Realities* (Oxford: Clarendon Press, 1997). Beryl Rawson has edited three books about families in ancient Rome, the most recent of which is *The Roman Family in Italy: Status, Sentiment, Space* (Oxford: Clarendon Press, 1997).

The European family has received far more attention in English-language scholarship than those in other parts of the world. These include general essay collections and surveys, such as Richard Wall, Jean Robin, and Peter Laslett, eds., Family Forms in Historic Europe (Cambridge: Cambridge University Press, 1983); Linda Pollock, Forgotten Children: Parent-Child Relations from 1500 to 1900 (Cambridge: Cambridge University Press, 1983); Michael Mitterauer and Reinhold Sieder, The European Family: Patriarchy to Partnership from the Middle Ages to the Present (Chicago: University of Chicago Press, 1983); Richard M. Smith, ed., Land, Kinship, and Life-Cycle (Cambridge: Cambridge University Press, 1984); Hans Medick and David Sabean, eds., Interest and Emotion: Essays on the Study of Family and Kinship (Cambridge: Cambridge University Press, 1984); Wally Seccombe, A Millennium of Family Change: Feudalism to Capitalism in Northwestern Europe (London: Verso, 1992); David Herlihy, Women, Family and Society in Medieval Europe (Providence, RI: Berghahn Books, 1995); Jack Goody, The European Family: An Historico-Anthropological Essay (Oxford: Blackwell, 2000); David Warren Sabean, Simon Teuscher, and Jon Mathieu, eds., Kinship in Europe: Approaches to Long-Term Development (1300–1900) (New York: Berghahn Books, 2007). Important studies that focus on one country include Christiane Klapisch-Zuber, Women, Family, and Ritual in Renaissance Italy (Chicago: University of Chicago Press, 1985); Sherrin Marshall, The Dutch Gentry, 1500-1650: Family, Faith and Fortune (New York: Greenwood, 1987); Joel Harrington, Reordering Marriage and Society in Reformation Germany (Cambridge: Cambridge University Press, 1995); Margaret Hunt, The Middling Sort: Commerce, Gender, and the Family in England, 1680-1780 (Berkeley: University of California Press, 1996); Martha C. Howell, The Marriage Exchange: Property, Social Place, and Gender in the Cities of the Low Countries, 1300-1500 (Chicago: University of Chicago Press, 1998); Joshua Cole, The Power of Large Numbers: Population, Politics, and Gender in Nineteenth-Century France (Ithaca, NY: Cornell University Press, 2000); Helen Berry and Elizabeth Foyster, eds., The Family in Early Modern England (New York: Cambridge University Press, 2007). Two of the few studies that focus on eastern Europe are Eve Levin, *Sex and Society in the World of the Orthodox Slavs*, 900–1700 (Ithaca, NY: Cornell University Press, 1989) and Christine Worobec, *Peasant Russia: Family and Community in the Post-Emancipation Period* (Princeton, NJ: Princeton University Press, 1991).

Two solid introductions to changing ideas about race are Ivan Hannaford, Race: The History of an Idea in the West (Baltimore, MD: Johns Hopkins University Press, 1996) and Brian Niro, Race (New York: Palgrave Macmillan, 2003). Studies that look at the ways in which race was constructed in European colonies include Magnus Mörner, Race Mixture in the History of Latin America (Boston: Little, Brown, 1967); Anne McClintock, Imperial Leather: Race, Gender and Sexuality in the Colonial Contest (London: Routledge, 1995); Elise Lemire, "Miscegenation": Making Race in America (Philadelphia: University of Pennsylvania Press, 2002); Nancy Shoemaker, A Strange Likeness: Becoming Red and White in Eighteenth-Century North America (Oxford: Oxford University Press, 2004); María Elena Martínez, Genealogical Fictions: Limpieza de Sangre, Religion, and Gender in Colonial Mexico (Stanford, CA: Stanford University Press, 2008).

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For marriage and family life in China, see Kay Ann Johnson, Women, the Family, and Peasant Revolution in China (Chicago: University of Chicago Press, 1983); Lloyd Eastman, Family, Fields, and Ancestors: Constancy and Change in China's Social and Economic History, 1550–1949 (New York: Oxford University Press, 1988); Rubie S. Watson and Patricia Buckley Ebrey, Marriage and Inequality in Chinese Society (Berkeley: University of California Press, 1991); Patricia Buckley Ebrey, The Inner Quarters: Marriage and the Lives of Chinese Women in the Sung Period (Berkeley: University of California Press, 1993). For other parts of Asia and the Pacific, see Margaret Jolly and Martha Macintyre, Family and Gender in the Pacific: Domestic Contradictions and the Colonial Impact (Cambridge: Cambridge University Press, 1989); Gloria Goodwin Raheja and Ann Grodzins Gold, Listen to the Heron's Words: Reimagining Gender and Kinship in North India (Berkeley: University of California Press, 1994); Laurel Kendall, Getting Married in Korea: Of Gender, Morality, and Modernity (Berkeley:

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For Africa, see Sarah Le Vine, Mothers and Wives: Gusii Women of East Africa (Chicago: University of Chicago Press, 1979); Caroline Bledsoe, Women and Marriage in Kpelle Society (Stanford, CA: Stanford University Press, 1980); Kristin Mann, Marrying Well: Marriage, Status and Social Change among the Educated Elite in Colonial Lagos (Cambridge: Cambridge University Press, 1995); Ifi Amadiume, Male Daughters, Female Husbands: Gender and Sex in an African Society (London: Zed Books, 1987); Barbara M. Cooper, Marriage in Maradi: Gender and Culture in a Hausa Society in Niger, 1900–1989 (Portsmouth, NH: Heinemann, 1997); Jean Davison, Gender, Lineage, and Ethnicity in Southern Africa (Boulder, CO: Westview Press, 1997); Lisa Cliggett, Grains from Grass: Aging, Gender, and Famine in Rural Africa (Ithaca, NY: Cornell University Press, 2005); Brett Lindsay Shadle, "Girl Cases": Marriage and Colonialism in Gusiiland, Kenya, 1890–1970 (Portsmouth, NH: Heinemann, 2006).

For the Middle East and the Ottoman Empire, see Elizabeth Warneck Fernea, ed., Women and the Family in the Middle East: New Voices of Change (Austin: University of Texas Press, 1985); Alan Duben and Cem Behar, Istanbul Households: Marriage, Family, and Fertility, 1880–1940 (Cambridge: Cambridge University Press, 1991); Margaret Meriwether, The Kin Who Count: Family and Society in Ottoman Aleppo (Austin: University of Texas Press, 1999); Margaret Meriwether and Judith Tucker, eds., A Social History of Women and the Family in the Middle East (Boulder, CO: Westview Press, 1999); Beshara Doumani, ed., Family History in the Middle East: Household, Property, and Gender (Albany: State University of New York Press, 2003); Iris Agmon, Family and Court: Legal Culture and Modernity in Late Ottoman Palestine (Syracuse, NY: Syracuse University Press, 2006).

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For studies that focus on twentieth and twenty-first century issues around the world, see Rae Lesser Blumberg, ed., *Gender, Family and Economy: The Triple Overlap* (Newbury Park, CA: Sage, 1991); Esther Chow and Catherine

Berheide, Women, the Family and Policy: A Global Perspective (Albany: State University of New York Press, 1994); Jennifer Cole and Deborah Lynn Durham, eds., Generations and Globalization: Youth, Age, and Family in the New World Economy (Bloomington: Indiana University Press, 2007). Daniel Bertaux and Paul Thompson, Between Generations: Family Models, Myths, and Memories (Oxford: Oxford University Press, 1993) and John R. Gillis, A World of Their Own Making: Myth, Ritual and the Quest for Family Values (New York: Basic Books, 1996) make excellent use of interviews and oral history along with other sources to explore contemporary notions (often mythological) about family history. Studies that specifically examine reproduction and contraception in the twentieth and twenty-first centuries include Janet Smith, Humanae Vitae: A Generation Later (Washington: Catholic University Press, 1991); Faye Ginsburg and Rayna Rapp, eds., Conceiving the New World Order: The Global Politics of Reproduction (Berkeley: University of California Press, 1995); Gita Sen, Adrienne Germain, and Lincoln Chan, eds., Population Policies Reconsidered: Health, Empowerment and Rights (Cambridge, MA: Harvard University Press, 1994); Gabe T. Wang, China's Population: Problems, Thoughts and Policies (Aldershot: Ashgate, 1999); Matthew James Connelly, Fatal Misconception: The Struggle to Control World Population (Cambridge, MA: Belknap Press, 2008).

There is a much longer list of suggested readings, along with links to original sources, on the website associated with this book: www.wiley.com/go/ wiesnerhanks.

### Chapter Three Economic Life

Drawing boundaries between economic issues and other realms of life may be difficult and in some cases artificial. As we saw in chapter 2, in many of the world's cultures the family or household group was (and is) the primary unit of production and trade, growing crops or making different types of items together and then using and selling them; ownership and control of land and other forms of wealth was also a family venture. In even more of the world's cultures, families have been the primary units of consumption, with the majority of goods and services purchased for the use of the whole household rather than a single individual. Economic life was also tied to religious, political, and educational institutions, which we will be examining in later chapters: religious institutions often owned large amounts of land and consumed significant amounts of goods and services; a person's or family's economic status was often more dependent on access to royal or noble favors than on anything we would recognize as labor; schooling in most - though not all - cultures was designed to improve one's and one's family's economic well-being.

Recent scholarship on economic matters has stressed these links to other areas of life, and has also drawn attention to how "economic" is defined. Traditional studies of the economy focused primarily on production, and even the broadest usually viewed four activities – work, trade, ownership, and consumption – as the defining aspects of economic life; they are, after all, what governments tax, through income taxes, tariffs, property taxes, and sales taxes. Newer research suggests that even this broad view misses activities that have a tremendous economic life in any period should include reproductive as well as productive activities; reproduction means not simply childbearing, but the care and nurturing of all household members, activities that allowed them to take part in production or trade. This is especially true for preindustrial or nonindustrial societies in which labor for sustenance or for the market often went on in the household itself, with all family members taking part in both productive and reproductive labor.

Some of this broadening of the definition of "economic" has come from feminist analysis, which has made it clear that economic concepts are highly gendered. In many cultures, men's tasks have been defined as "work" while women's have been defined as "assisting," "helping out," or "housework." Some tasks generally done by women, such as the care and nurturing of household members, have not been regarded as "work" at all, though they would be considered "work" if they were done for pay by individuals who came from outside the domestic group. Because of this, women's activities were (and are) not counted in various statistical measurements such as the gross national product, and women were viewed as not contributing to economic development. Even when women's activities were regarded as work, they were generally not valued as highly as the tasks normally done by men, though they might have taken the same amount of time, skill, and effort. Thus economic life was profoundly shaped by notions of gender, and in most of the world's cultures sharp distinctions were drawn between men's work (which might be thought of simply as "work") and women's work. In some societies these distinctions were so strong that individuals who were morphologically male but who did tasks normally assigned to females were regarded as members of a third gender, an issue we will analyze more fully in chapter 8. These gender distinctions in work were accompanied by and related to gender distinctions in other segments of the economy, for women rarely had the same access to land, cash, or other types of wealth as did the men of their family or social group. Together with their lower wages, this lessened their ability to purchase goods or services.

Gender hierarchies in the division of labor and other aspects of economic life were present in many of the world's earliest civilizations, and they have survived massive changes. New occupations have tended to be valued – and paid – according to whether they were done primarily by men or women. This has begun to change within the last several decades in some parts of the world, but, precisely because the economy is so linked to other realms, it is clear that changes in economic structures – and in the meaning of those structures – will continue to shape and be shaped by gender.

### Foraging, Horticultural, and Herding Societies (20,000 BCE–1800 CE)

Early human cultures are often labeled "hunting and gathering" cultures, but recent archaeological and anthropological research indicates that both historical and contemporary hunter-gatherers actually depend much more on gathered foods than hunted meat. (This is not true for Arctic cultures where the opportunities for gathering are very limited.) This can be assessed for contemporary hunter-gatherers by observation, and for historical ones by analysis of the wear patterns on stone tools (termed microwear analysis), chemical analysis of hominid and human bones which reveals the relative amounts of animal and plant foods eaten (termed stable isotopic analysis), analysis of the food remains in fossilized human feces, and analysis of cooked and uncooked food remains, primarily bones. Such analysis indicates that the majority of hunter-gatherers' diet comes from plants, and that much of the animal protein in their diet comes from foods gathered or scavenged rather than hunted directly, for it consists of insects, shellfish, small animals caught in traps, and animals killed by other predators. Thus early human societies might be more accurately termed "gatherer-hunters" or "foragers," a term now favored by scholars.

This reanalysis of the importance of hunting has been accompanied by a refinement in the timetable of early human development. The need for hunting meat was earlier described as an impetus for bipedalism and tool manufacture - man the hunter stood up on two feet to look over the savanna in search of large game animals and then crafted stone points to kill those animals. It is now recognized that bipedalism predated tool manufacture by about two million years, and that along with pointed flaked stones early tools included spheroid pieces probably for grinding, cracking, or other types of plant processing. Those pointed flaked stones themselves were also not necessarily spear points, but may have been used for a wide variety of tasks such as chopping vegetables, peeling fruits, cracking open shells, or working leather. Evidence of animal killing and consumption - stones and bones – survives better than that of plant consumption, and was responsible for the earlier emphasis on hunting, but more sophisticated analysis has now given a more balanced picture. The most important element of early human success was flexibility and adaptability, with gathering and hunting probably varying in their importance from year to year depending on environmental factors and the decisions of the group.

This emphasis on adaptability has led a number of archaeologists and prehistorians to speculate whether women might have been more influential in developing early human culture than the "man the hunter" model suggests. If hunting was not the impetus for bipedalism, what was? Could it possibly have been food-sharing, and the need for hominid and early human mothers to carry their babies, a task made more difficult as humans lost the body fur characteristic of other primates that allows infants to grasp their mothers? Might the first "tool" have been a sling of some sort – found in all of the world's cultures – for carrying an infant? Might early human females have developed the first tools for harvesting and processing food because they were more adept at this than human males, in the same way that female chimpanzees are more adept at fishing termites out of nests and cracking nuts? Questions such as these have also led to a broader questioning of the entire "man the hunter/woman the gatherer" dichotomy; in some of the world's cultures, such as the Agta of the Philippines, women hunt large game, and in numerous others, women are involved in some types of hunting, such as driving herds of animals toward a cliff or compound or throwing nets over them. Most foraging societies have some type of division of labor by sex – and also by age, with children and older people responsible for different tasks than adult men or women – but this is not universal, and the stone tools that remain from the Paleolithic period give no clear evidence of who used them. In the cultures in which women hunt, they either carry their children in slings or leave them with other family members, so that cultural norms, rather than biological necessity, must be seen as the basis for male hunting.

Answering questions about early tool use and the prehistoric division of labor is difficult because the sources on which to base an answer are scarce, and open to widely varying interpretations. Because direct evidence is so limited and difficult to interpret, scholars use a number of other types of sources when asking questions about the gender division of labor in prehistory: comparisons with other primates; observation of the few foraging societies left in the world; reports from ethnographers and missionaries of foraging societies in the last several centuries; written sources from cultures that existed centuries later in the same area.

Although the division of labor by sex in foraging cultures is not strict or uniform, in most of them women appear to have been primarily responsible for gathering plant products, so that they may also have been the first to plant seeds in the ground rather than simply harvesting wild grains. Early crop planters began to select the seeds they planted in order to get more productive crops, and, by observation, learned the optimum times and places for planting. This early crop planting was done by individuals using hoes and digging sticks, and is often termed horticulture to distinguish it from the later agriculture using plows. In some places, digging sticks were weighted with stones to make them more effective, although earlier archaeologists thought these stones were the killing parts of war-clubs. Intentional crop-planting developed first in the Near East (about 8500 BCE) and slightly later in China (about 7500 BCE); it developed significantly later in central America (3500 BCE), the Andes region (3500 BCE), and eastern North America (2500 BCE). Domesticated crops spread from these areas to much of the rest of the world, though there may also have been independent domestication in west Africa, east Africa, and New Guinea. At roughly the same time, certain animals were domesticated in parts of the world where they occurred naturally, and then, like crops, taken elsewhere. Dogs were the first, then sheep and goats, and somewhat after this cattle, water buffalo, horses, llamas, and poultry.

Horticulture can be combined quite easily with gathering and hunting as plots of land are usually small; many cultures, including some of those in North America, remained mixed forager/horticulturist for thousands of years, with base camps returned to regularly during the growing season. In these cultures, and also in many horticultural groups in Africa, women appear to have retained control of the crops they planted, sharing them with group members or giving them as gifts. They developed means of storing and transporting the harvested seeds, including skin bags, carved wooden vessels, baskets, and pottery.

In some parts of the world, horticulture and animal domestication produced enough food to allow groups to settle more or less permanently in one area. Women no longer had to carry their small children with them all the time, and horticulture provided food that was soft enough for babies to eat primarily cereals - which allowed women to wean their children at a younger age. (The primary foods of many foragers are hard for small children to eat or digest, and women in such cultures nurse their children until they are three or four. If nursing is a child's sole source of nutrition, lactation tends to suppress ovulation in the mother, so that births are more widely spaced even without other methods of birth control.) Children may have been born at more frequent intervals and infant mortality may have decreased slightly, leading to a growth in population. Though we cannot be sure about the exact mechanism for this – whether an increase in the birth rate or a decrease in the death rate was the most important factor – we do know that cropraising villages, beginning in the Near East, began to grow quite rapidly. The division of labor by gender is just as difficult to ascertain in early horticultural societies as it is in foraging cultures, however, and most scholars stress diversity and adaptability over one single pattern.

Where terrain or climate made crop-planting difficult, animal domestication became the primary means of obtaining food; people raised flocks of domesticated sheep, goats, cattle, reindeer or other grazing animals, a system termed pastoralism. In some areas pastoralism can be relatively sedentary, and so easily combined with horticulture, while in others flocks need to travel long distances from season to season to obtain enough food, so pastoralists became nomadic. In eastern and southern Africa, many groups were pastoralists, with the men typically caring for cattle, the higher-status animals, and the women caring for smaller ones such as goats. Cattle often formed the bridewealth that husbands presented to their wives' families on marriage, with fathers and male elders retaining control over young men's marriages through their control of the cattle. (The introduction of wage labor would later upset this control as then the young men could buy cattle for bridewealth or present this in some other form.)

In areas of the world without large domesticable animals (or with animals such as the llama that could not be trained to pull a plow) crops continued to be planted with hoes and digging sticks for millennia, and crop-raising remained primarily a women's task. Women in West Africa and South America grew and processed roots and tubers, and in North America and Mesoamerica they grew corn, beans, and squash. Because of this, women in these areas occasionally inherited land or the rights to farm certain pieces of land directly, or boys inherited land through their mother's brothers, both of which are termed matrilineal systems of inheritance. This division of labor and these systems of inheritance were often misunderstood by cultures that came into contact or conquered horticulturalists and then tried to enforce their own division of labor. In North America and Africa, for example, Europeans assumed men were the primary agricultural producers, and developed various plans to make indigenous men better farmers; they often introduced patrilineal inheritance laws at the same time. Such schemes generally failed to convince men that they should farm, though in some places male elites welcomed patrilineal inheritance.

### Agricultural Societies (7000 BCE-1800 CE)

The division of labor by gender in foraging and horticultural societies around the world was linked in complex ways with other sources of gender distinctions, such as family structure, religion, and cultural practices, so the level of female subordination in such societies varied widely. Some of the world's most egalitarian cultures were foragers or horticulturalists, as were some in which female subordination was the most extreme. This diversity was less in cultures that adopted plow agriculture, which was developed first in the Middle East beginning around 4000 BCE. As noted briefly in chapter 1, plowing was almost universally a male task, with women handling plows only in emergencies or in cultures in which men were gone for much of the growing season, such as coastal areas of Spain, Portugal, or Norway in which men left on long fishing voyages. The earliest depictions of plowing are on Mesopotamian cylinder seals, and they invariably show men with the cattle and plows. At the same time that cattle began to be raised for pulling plows and carts rather than for meat, sheep began to be raised primarily for wool. Spinning thread and weaving cloth became primarily women's work; the Egyptian Old Kingdom hieroglyph for weaving is, in fact, a seated woman with a shuttle, and a Confucian moral saying asserts that "men plow and women weave."

Though in some ways this arrangement seems complementary, with each sex doing some of the necessary tasks, in fact plow agriculture was one of the factors that increased gender hierarchy. Men's responsibility for plowing led to their being favored as inheritors of family land and the rights to farm communally held land. Plow agriculture increased the amount of food available, but also increased the amount of goods needed to produce and store that food, including animals, storage bins and containers, and wood or metal equipment. This economic gap between families that owned lands and plows and those that did not widened, and social differentiation increased. Ownership and control of property (and often of the persons who worked it) became the basis of power for political and religious elites, who developed more complex legal and normative structures to determine how resources would be owned, managed, and distributed. These elites generally became hereditary aristocracies, who sought to maintain their control of land by highlighting what made them distinctive – connections with a deity, military prowess, "natural" superiority – and to maintain the distinction between themselves and everyone else by regulating sexual relations.

We will trace the control of sexuality in more detail in chapter 8, but in terms of economic life, the laws and norms regulating social differentiation in agricultural societies often required elite women to work at tasks that would not take them beyond the household or outside of male supervision. Nonelite women also tended toward work that could be done within or close by the household, such as cooking, cloth production, and the care for children, the elderly, and small animals; men's work, such as clearing new fields and plowing, took them further away. A special program set up under the Indian emperor Ashoka in the third century BCE, for example, supported poor women by paying them to spin and weave in their own homes; the most honorable among them were to bring their work into the palace at dawn so they would not be seen, with royal officials forbidden to look at their faces. Ideals of seclusion even shaped attitudes toward women whose primary work was sexual; high-status courtesans lived in special women's quarters where they might receive training in music or other skills, while low-status women sold sex publicly in the streets.

Women's tasks were generally not valued as highly as those of men and provided little access to resources; this in turn shaped the work women could do, as they were not able to purchase more expensive tools or supplies. Spinning was thus the perfect women's occupation, for the tools required were simple and inexpensive, and it could be easily taken up or put down, and so combined with other tasks such as minding children or preparing meals. In England, the female branch of a family was termed the "distaff" side, after the staff used to hold flax or wool in spinning before the invention of the spinning wheel. Among the Aztecs, women spun feathers as well as cotton and maguey fiber; girls were given spindles and shuttles at their birth ceremony while boys were given a shield and four arrows, all of these symbols of the activities they would perform as adults in service to the Aztec state.

Along with gender distinctions in production, there were also distinctions in trade in agricultural societies. Trade requires access to trade goods and the ability to move about, both of which were more available to men. Male heads of household generally had control over the products of their household, including those made or harvested by female family members as well as slaves and servants of both genders. Because of this, and because women's ability to travel was often limited by cultural norms about propriety and respectability, men became the primary traders in most agricultural societies. This was particularly true for long-distance traders, who sent or took items of great value such as precious metals, spices, perfumes, amber, and gems, and for those who handled large quantities of less valuable goods, such as grain, timber, and metals. In some cultures women did trade locally, handling small retail sales of foodstuffs and other basic commodities, though in others men handled this small-scale distribution of goods as well.

These developments were not the same in all areas of the world, however. In West Africa and Southeast Asia, women were important traders at the regional and even international level for many centuries, handling both basic commodities such as cloth and luxuries such as pepper, betel, gold, and ivory. In the seventeenth-century Senegambia region of West Africa, for example, female traders – termed *nharas* in the local Crioulo and *signares* in French – had large households, extensive networks of trade, and many servants and slaves. They often married male European traders, who paid bridewealth to their new in-laws instead of receiving a dowry as was the custom in Europe. Attitudes toward trade and traders also varied widely in agricultural societies, with some cultures holding individuals who made their living this way in high esteem, and others regarding them as at best a necessary evil.

Even in cultures in which there was a significant amount of trade, the most important form of wealth was possession of land and the people who worked it; this remained the case from the earliest development of agriculture until the nineteenth century in most parts of the world and until today in many areas. As we have seen, systems of inheritance in plow-using cultures tended to favor sons over daughters, so that men generally predominated in this aspect of economic life as well. Sons were not always available, however, and many inheritance schema turned next to brothers, nephews, grandfathers, or any other male relative. In other cultures, close relatives were favored over those more distant, even if this meant allowing daughters to inherit. Thus the drive to keep property within the family - however "family" was defined - resulted in women inheriting, owning, and in some cases managing significant amounts of wealth. (This continues to today, of course; lists of the "hundred most wealthy people" generally include some women, most of them rulers or heiresses.) In many instances women were simply conduits of wealth from one generation to another or from one family to another on marriage, but in others they were able to be more active, buying and selling property. The gender hierarchy thus intersected with the wealth hierarchy in complex ways, and in many cultures age and marital status also played a role. In many European and African cultures, for example, widows were largely able to control their own property, while unmarried sons were often under their father's control even if they were adults.

Because in agricultural societies wealth was based primarily on the earning power of the land and people under one's control and not on one's own labor, leisure rather than work was a mark of status. In some cases, such as France in the sixteenth and seventeenth centuries, members of the hereditary aristocracy might actually be prohibited from engaging directly in business activities: nobles in France were required to live off the rents and income of their lands or lose the exemption from taxation that nobles enjoyed. In other cultures, economically productive work was viewed as less important than certain types of intellectual work, such as studying sacred texts. Among Jews in Europe or upper-caste Hindus in India, for example, men were praised for devoting themselves to prayer and the study of religious writings. Even scholars have to eat, of course, which was not a problem for upper-caste Hindu men whose families were wealthy enough to support them; this was also the case with many Jewish men, and in other instances their wives worked to support them and the family. This meant that Jewish women were often more economically independent than their Christian neighbors in premodern Europe, but their activities were still not valued as highly as those of their scholarly husbands.

Foraging, horticulture, pastoralism, and agriculture remained the primary economic activities for most people throughout the entire history of the world; not until 2008 did half of the earth's population live in cities. There are only a few foraging groups in very isolated areas and slightly more horticulturalists and pastoralists left in the world today, but just 100 years ago their numbers were much greater, and at that point the vast majority of the world's people still made their living directly through plow agriculture. The social patterns set in early agricultural societies – with most of the population dependent farmers, a small group of merchants, skilled artisans, and religious leaders, and rule by a hereditary aristocracy – lasted for millennia, as did the agricultural gender division of labor. It is important to keep these continuities in mind as we look at later economic changes, for it is easy to forget how slowly economic developments altered the lives of most people. It is also important to remember that later dramatic economic changes built on a base of gender divisions that had been in place for a very long time.

### Slavery (7000 BCE-1900 CE)

Slavery predates written records, and was a standard aspect of many world cultures throughout most of their history; in many societies slaves made up a significant share or even the majority of the population. Slaves included captives of war, raids, and abductions, as well as people enslaved for debt,

sold by their families, or who sold themselves into slavery because of extreme poverty. In some places slaves were largely from nearby areas, while in others organized slave trading existed across huge distances. The labor that slaves did was highly variable; in some places, as on the sugar and cotton plantations of Americas, slaves primarily worked in producing cash crops on a large scale, but more often they did every kind of work that free people did, and often alongside them: farmed small plots of land, carried out domestic work, produced goods for sale, worked for wages, cared for children, and so on. In some societies, including the Byzantine and Ottoman empires, male slaves had positions of power and influence, such as army generals, estate managers, or government officials. Slaves functioned as items of conspicuous consumption as well. Large numbers of slaves marked one as a person of wealth, particularly in status-conscious cities, whether this was first-century Rome, seventeenth-century Batavia (in modern Java), or nineteenth-century Mombasa, while slaves from far away indicated that one was able to afford exotic luxury goods. Wealthy households in Renaissance Italy, for example, frequently included a slave or two from eastern Europe or Africa, who were sometimes included in portraits of their male or female owners along with imported carpets, pearls, and jewelry.

Gendered norms of behavior often did not apply to slaves. In parts of the world where women were secluded, for example, slave women often worked out in public; their labor at such tasks as getting water from wells allowed nonslave women to remain indoors. In the plantation slavery of the American south, female slaves worked alongside male slaves in the fields, clearly not included in conceptualizations that understood "women" to be frail and delicate. Slave women's agricultural labor did not always mark a break from gender norms, however. In sub-Saharan Africa, women produced the bulk of food, making women slaves often too valuable to sell; thus two-thirds of the slaves exported to the New World were men, while women were instead retained as farm workers (and wives) in Africa. The transatlantic slave trade further enhanced women's share of food production, and also increased the trade in slaves within many parts of Africa. Free men and women, ex-slaves, and occasionally even people who were still slaves acted as slave-traders in Africa and Latin America, responding to the changing demands for labor as the extraction and production for various commodities shifted.

Slavery is not simply a method of organizing labor, of course, but also a method through which a labor force can be reproduced. In some slave systems, reproduction was not of great concern to slave-owners, who simply bought new slaves as others died. In Brazil, for example, less than one-third of the African slaves were women and conditions on sugar plantations were especially brutal; thus many more slaves died than were born, and importation continued at a high rate. In North America, "natural increase" came to be more important than continued importation in increasing the slave population;

of the millions of people who were taken from Africa to be slaves in the New World, only 5 percent went to North America. In Africa, the Muslim world, and Southeast Asia, enslaved women were often part of households, as secondary wives, concubines, or servants. They thus increased the wealth and power of their owner/husbands through their work and their children, although under Islamic law those children would be legally free, as the legal status of children followed that of their father. This was not the case, as we have seen, in the slave societies of the Americas, where children inherited their "condition of servitude," as the law described it, from their mothers. Ignoring the father increased the likelihood that childbearing, along with agricultural labor, would be a central part of slave women's lives, though the number of children who survived to adulthood varied greatly. Evidence from the Caribbean, North America, and Africa suggests that enslaved women sometimes took steps to control their fertility, limiting childbirth through plants and other products that lessened fertility or caused miscarriages.

Slavery was officially prohibited in many parts of the world in the nineteenth century, and in most of the rest in the twentieth, although very often it was replaced by other systems of economic and legal dependence, such as sharecropping, indentured servitude, and debt peonage, which mired poor individuals and families in exploitative systems. With the prohibition of slavery, female slaves became theoretically free secondary wives, concubines, or servants, but they were still unable to move freely or escape dreadful conditions. Human rights organizations also note that actual slavery continued long after it was officially banned, and may be still be found today. They estimate that there are more than 20 million children and adults held in various forms of bondage, working in homes, factories, sugar-cane fields, military units, and elsewhere. The largest category are women and girls trafficked for sex slavery, estimated at over half a million per year, an enterprise that is second only to drug trafficking in terms of global criminal activities. Modern technology and business procedures, such as the web, cell-phones, and money laundering, facilitate these transactions, just as "modern" rifles and shipping companies facilitated the slavery of plantation economies.

# Capitalism and Industrialism (1500–2000)

Plantation economies were one part of the capitalist economic system that developed in the early modern era. Economic historians often joke about the phrase "the rise of capitalism," as it is invoked to describe and explain quite varied developments over a long period of time; no matter where you look,

capitalism always seems to be rising, seemingly independent of human agents, sort of like bread dough. Some of this expansionism comes from the elastic meaning of capitalism, which generally includes private ownership of property and the materials used to make or provide goods and services (what economists call the "means of production"), wage labor, well-developed financial institutions such as banks, and large and complex forms of economic organization. All of these were present to some degree in many agricultural societies, but they became increasingly important in Europe during the fifteenth through the eighteenth centuries, with income derived from capitalist business ventures eventually displacing landholding as the primary form of wealth. Capitalism developed first in long-distance trade this is often termed "mercantile capitalism" - then in production. Capitalist production was initially carried out in households, but gradually workers were brought together into larger units eventually termed factories, and by the eighteenth century these factories began to use machines and new sources of power such as coal or water for their work, in what is termed "industrial capitalism" or industrialism.

At the same time that capitalism and industrialism were developing in Europe, Europeans were also traveling to the Americas, Asia, Australia, and Africa to settle and conquer. These phenomena – first capitalism and colonization, and then industrialism and imperialism – were intimately related. (Many other factors also played a role in European colonialism and imperialism, of course, such as religion and politics; we will discuss these in more detail in chapters 5 and 6.) Capitalist merchants often provided the impetus and the equipment for colonization, and many colonies were established to be both sources of raw materials and markets for trade goods. Consumer goods such as sugar and coffee produced in colonial areas were handled by international traders, who also bought, transported and sold large numbers of slaves primarily from Africa to produce these goods. Sugar and coffee plantations were like factories, producing one specific item to be sold as widely as possible. Capitalist production began first in cloth, using wool and linen from Europe, but by the nineteenth century cotton grown in colonial areas (or former colonial areas, such as the United States) was the most important material. European cotton cloth was shipped throughout the world, clothing slaves and agricultural workers on tropical plantations, and allowing those who profited from trade to buy consumer items from around the world.

European capitalism, including its gender patterns, grew out of the agricultural system that had developed in medieval Europe. During the Middle Ages, the household became the basic unit of production in most parts of Europe, a process some social historians label the "familialization of labor." The central work unit was the marital couple, joined by their children when they became old enough to work. Though in some parts of southern and eastern Europe extended families lived together, in central and northern Europe couples generally set up independent households upon marrying, making the production unit also a residential unit. Urban households often included individuals who were not family members – servants, apprentices, journeymen – but at their core in most parts of Europe was a single marital couple and their children.

During the thirteenth and fourteenth centuries, urban producers of certain products began to form craft guilds in many cities to organize and regulate production; guilds set the rules by which most items were manufactured, including training requirements, quality and price levels, hours of operation, and size of shops. There were a few all-female guilds in cities with highly specialized economies such as Cologne, Paris, and Rouen, but in general the guilds were male organizations and followed the male life-cycle. One became an apprentice at puberty, became a journeyman four to ten years later, traveled around learning from a number of masters, then settled down, married, opened one's own shop and worked at the same craft full-time until one died or got too old to work any longer. This process presupposed that one would be free to travel (something that was more difficult for women than men), that on marriage one would acquire a wife as an assistant, and that pregnancy, childbirth, or child-rearing would never interfere with one's labor. Transitions between these stages were marked by ceremonies, and master craftsmen were formally inscribed in guild registers and took part in governing the guild. Work continued to be carried out by a household unit, but only the male head of that unit was recognized officially. By the late fifteenth century, journeymen began to resent the power of the masters and to form their own guilds with elaborate rituals reinforcing group identity and loyalty. Because women fit into guilds primarily through their relation with a master craftsman - as his wife, daughters, or servants - and their work was not recognized formally, they did not organize separately. By the sixteenth century journeymen resented even this informal participation, and increasingly asserted that the most honorable workplace was the one in which only men worked.

All of these factors shaped the development of capitalism. Though women occasionally invested in the new joint-stock companies and other capitalist enterprises, most of the merchants and traders in the first era of mercantile capitalism were men, as were those who began to invest in capitalist forms of production. Urban investors often hired whole households, but paid wages only to the male head of household; in mining, for example, men were paid per basket for ore, but it was expected that this ore would be broken apart and washed, jobs that their wives, sisters, and children did, though they did not receive separate wages for their work. In households hired to produce cloth, women and children often spun while men wove, with the investor paying for the finished pieces. When wages were paid to individuals, ideas about the value of men's and women's labor and about the household as the proper economic unit shaped both wages and hiring practices; women's wages for manufacturing tasks were generally about one-half to two-thirds those of men for the same or similar tasks, which sometimes meant that employers preferred them. Married women's wages were also less than those of widows for the same task, a wage structure based on the idea that married women needed less because they had a husband to support them, not on an evaluation of the quality of their work.

Capitalist production challenged the monopoly of many guilds, and slowly more and more of the goods produced in Europe were made outside of guilds, but the ideas about work developed by the guilds carried over into capitalism. The most honorable trades were those in which few or no women worked, and the tasks that women did in their homes, which could be very labor intensive and time-consuming, were not considered work. Not working for wages became a mark of middle-class status, so that women often hid the work they did, such as taking in boarders, or defined it as "housekeeping." Housekeeping itself became more elaborate, as international trade and then industrial production provided a steadily increasing amount of consumer goods to households in Europe and European households in the colonies. People purchased much more clothing, table linen, and bedding than they had earlier, and wealthier households now contained a vast array of new products: watches, snuff boxes, umbrellas, fans, paintings, silks and fine cottons from Asia, feathered hats, window curtains, tea tables, walland hand-mirrors, and writing desks. Most strikingly, Europeans ate very different foods - coffee, tea, and hot chocolate (prepared in public coffeehouses or their own homes), rum, and new types of fruits and vegetables. Their sugar consumption increased astronomically, from about 2 pounds a year in England in 1650 to almost 25 pounds in 1800. This new consumer culture provided opportunities for men and women to socialize in new ways, with men gathering in coffeehouses and women in the homes of their friends or relatives around a teapot. The increase in consumer goods also shaped the types of work available, as more shops were opened even in very small towns – an opportunity not limited to men the way work in guilds was – and wealthier households hired more - mostly female - servants to polish all that brass and wash all those windows. Domestic service became the most common form of paid work for women in western Europe in the nineteenth century and in Latin America in the twentieth.

Mercantile capitalism and the demand for consumer goods also influenced the gender division of labor in indigenous societies outside of Europe. For example, by the early seventeenth century in the eastern part of North America, native trading networks also involved Europeans, almost all of them men, who brought in goods of interest to both men and women – guns, rum, cloth, kettles, flour, needles, and tea. The Europeans were primarily interested in furs for beaver hats and other articles of clothing, which came from animals hunted and trapped by men. This meant that men's activities often came to be more highly regarded as a source of imported goods, in contrast to earlier periods in which men's hunting and women's horticulture had been valued more equally. In the Middle East, women's central role in spinning and weaving for their own families was disrupted by the large-scale importation of cheap European cloth; European demands for specialized textiles such as fine silks and carpets provided some factory jobs for women, but also for men. In colonial areas, indigenous women were often hired as domestic servants in white households, which brought them into intimate contact with colonizing families; sometimes this was done forcibly, as in Australia where Aboriginal girls were seized by the government and placed in white homes as domestic servants.

The growth of industrialism has traditionally been regarded as one of the great breaks in economic history - it is one of the few economic developments that is termed a "revolution" - but in terms of gender arrangements, the industrial economies of Europe and North America built on earlier patterns. The separation of workplace from home made it difficult for married women to combine factory work with their family responsibilities, and factory work became the province of men, younger unmarried women, and children. Young women were often the first to be hired as factories opened, particularly in cloth production, because their work was seen as less valuable and they could be hired more cheaply. Older daughters - and, less often, sons - often gave part of their wages to their parents even when they lived apart from them, so that vestiges of the household economy remained. Supervisory positions were reserved for older men, who were often expected to oversee the morals and leisure-time activities of their workers as fathers has been expected to earlier. In some heavy industries, such as steel and machine production, almost all of the workers were male; work was thus segmented by gender both within factories and across industries. In some areas segmentation by race or national origin was added to that of gender; by the 1880s in the tobacco industry of North Carolina, for example, black men handled the bales of tobacco, black women stemmed tobacco leaves, white women operated cigarette-making machines, and white men repaired machinery and supervised the entire operation.

Industrial development in the rest of the world occurred later than in Europe and North America: in the nineteenth and early twentieth centuries in much of Latin America and parts of Asia, and in other areas not until after World War II. In some ways industrialism elsewhere followed the European pattern, with women and children paid lower wages and supervisory positions going to men, but it was also shaped by local conditions and traditions. In Japan, for example, though both labor organizations and political leaders opposed women working in factories and urged them to stav home to become "good wives, wise mothers," their lower wages made them attractive to factory owners; in 1909, 62 percent of the factory labor force was female, working primarily in silk production. Some of these women had been sold by their families to factory owners, and the cloth and clothing they made earned the foreign exchange that made possible the later development of heavy industry in Japan, such as the manufacture of steel and automobiles. In Medellín, Colombia, young women were the initial workforce in the city's booming textile mills in the early twentieth century, but factory owners increasingly favored men. They enforced strict codes of discipline on their female workers and manipulated public perceptions about women's chaste and unchaste behavior, so that factory labor came to be seen as "improper" for women. By the 1960s, almost all factory workers were men, and the factory owners claimed credit for transforming Colombia into a bastion of Catholic piety and high moral standards. A similar decline in women's industrial work occurred at the same time in urban Chile, also linked to anxieties about morality and modernity; here women often kept working in their homes, but for much lower wages.

Wherever and whenever it occurred, industrialism often led to the deskilling of certain occupations, in which jobs that had traditionally been done by men were made more monotonous with the addition of machinery and so were redefined and given to women, with a dramatic drop in status and pay; secretarial work, weaving, and shoemaking are prominent examples of this. Like the definition of "work," the definition of "skill" is often gendered, and women were excluded from certain jobs, such as glass-cutting, because they were judged clumsy or "unskilled," yet those same women made lace, a job that required an even higher level of dexterity and concentration than glass-cutting.

This link between gender and "skill" had actually begun in the preindustrial period, though in these cases the addition of machinery often made jobs "male" instead of "female." Both brewing and stocking knitting, for example, were transformed during the fifteenth and sixteenth centuries into maledominated occupations in some parts of Europe. When knitting frames and new brewing methods were introduced, men began to argue that they were so complicated women could never use them; in reality they made brewing and knitting faster and increased the opportunities for profit. Women were limited to small-scale brewing and knitting primarily for their own family's use. Links between gender and "skill" have continued in the postindustrial economy as well. Using a typewriter was gendered female in the early twentieth century, but working with computers has been gendered male and accompanied by an increase in pay and status. This regendering of work on a keyboard has been accomplished by associating computers with mathematics and machinery, fields viewed as masculine that girls have been discouraged from studying; advertisements in computer magazines often portray women at the keyboard only if they are emphasizing how easy a computer system is to use.

The conditions of work under early industrialism were often horrendous, with 12 hour days and dangerous machinery and chemicals very common. Such conditions led workers to develop labor organizations that sought shorter hours and better wages and working conditions. These labor organizations varied in their gender politics. In some countries, such as Great Britain and the United States, labor unions organized primarily along craft lines. and, like the earlier craft guilds, often opposed women's labor as dishonoring or cheapening their craft. They argued in favor of a "family wage," that is, wages high enough to allow married male workers to support their families so that their wives could concentrate on domestic tasks and not work outside the home. This family wage was only an ideal, however, and most workingclass women had to work at whatever was available to keep families supported, which after the invention of the sewing machine in the late nineteenth century was often piecework for very low wages, what is often termed "sweated" labor. They worked in their own homes or in crowded "sweatshops" under ghastly conditions.

In continental Europe and Latin America, labor unions generally organized along industrial lines and had closer connections with socialist and other leftwing political parties. This made them slightly more open to including women members, particularly as some socialist parties, such as those in Germany and Argentina, began to advocate for women's greater political and legal rights. In general, however, labor organizations continued to be ambivalent toward women, at times encouraging their inclusion or separate women's unions, but more often opposing women's work and trivializing women's issues. Women were harder to organize than men, as their wages were often too low to pay union dues, their family responsibilities prevented them from attending union meetings, and they had been socialized to view their work as temporary and not to challenge male authorities. Women made up a much smaller share of union membership than they did of the workforce, though they often participated with men in strikes, demonstrations, and protests for better conditions, even if they were not members. Separate women's unions were formed in some countries, however; by 1900, for example, women's unions in the tobacco, coffee, and textile industries in Mexico and Puerto Rico were demanding recognition and the right to bargain collectively. Demands by unions combined with paternalistic ideas about women's health on the part of political authorities led to laws limiting the hours of work by women in factories and other protective measures. Because men's hours were not similarly limited, these laws lessened women's desirability as workers, but they ultimately became the basis for more generalized protective legislation.

Industrialization was a very uneven process. In some parts of the world subsistence agriculture remained the primary economic activity until well into the twentieth century, although the gender structures in many nonindustrial areas were also shaped by industry and international trade. For example, international commercial networks began to shape some east African societies in the eighteenth century, with goods acquired by male hunters such as ivory and horns often allowing them to acquire still more wives, slaves, and cattle. There seem to have been fewer women traders in these areas than in western Africa, although women's lives were also influenced by trade in that they were the major agricultural producers, and trade with the New World brought in new crops such as maize, cassava, and groundnuts. Some of these crops, especially cassava (also called manioc, and the source of tapioca), increased women's work load, as the roots needed to be cooked and pounded in order to make edible starch, a process that often took days. Cassava was also introduced into western Africa during this period, providing an incentive for the maintenance of polygynous, slave-owning households that included many women who could share the work. In the nineteenth century, commercial agriculture for export and mining began in many parts of Africa, both of them employing many more men than women. Men left their villages for years at a time to grow cocoa, mine diamonds, or build railroads, leaving women to continue subsistence horticulture or agriculture. This same pattern developed in many parts of Latin America, with men migrating to large plantations, cities, or other countries in search of paid labor, and women remaining to care for children and the elderly and to engage in unpaid agricultural work. Movements of agrarian reform in twentiethcentury Latin America sought to broaden land ownership, but, as had earlier unions, they emphasized the male-headed household as the basis of this more equitable economy; men were urged to have respect for their wives, but women's independent ownership of land was not a key aim.

# Corporations, the State, and the Service Economy (1900–2010)

The twentieth century saw dramatic changes in the gender division of labor in many parts of the world, though these changes were not the same everywhere. In contrast to areas of the world that industrialized first, such as England, the United States, and Japan – where young women were the first to be hired as factories opened – the introduction of wage labor in agriculture, mining, and industry in other parts of the world in the twentieth century provided jobs initially for boys and men. Men traveled to plantations, mines, and cities, leaving women responsible for producing food largely through subsistence agriculture. Cash crops for export took the best land, so women were left with increasingly infertile land on which to support burgeoning populations. This problem was most acute in Africa, exacerbated by the fact that, as noted above, colonial governments and international development agencies assumed – based on Western practices – that men were the primary agricultural producers; they thus often sought to "modernize" agriculture by teaching men new methods of farming or processing crops in cultures where these tasks had always been done by women. Only in the 1980s did the focus begin to shift somewhat to smaller-scale projects directed at women, such as small irrigation systems, improvements in stock-raising techniques, credit associations, and micro-loan programs.

In the last several decades, the composition of the industrial labor force in more recently industrialized countries has shifted. By the 1980s, the most profitable industries were those in electronics, clothing, chemicals, and textiles rather than heavier industries, and multinational corporations increasingly favored women – and in some areas children – as workers because they would work for lower wages and were viewed as less likely to protest. By the 1990s, perhaps as many as 80 percent of the workers in factories geared for world markets - often established in "free trade zones" or "export processing zones" that received special tax and other legal exemptions from governments - were young women. Particularly in East, Southeast, and South Asia, young women were as likely as young men to migrate to cities in search of work, though they were more likely to send the majority of their wages home to their families, even if this left them little to live on. In some cases, wages were so low that women also turned to prostitution, or were recruited directly into prostitution in their villages with the promise of a good job in the city. The international commercial sex trade grew dramatically in the late twentieth century - often in the "free trade zones" or other areas where prostitution was tolerated - providing high profits for those who organized it.

The movement of women into the paid labor force in the twentieth century was slowest in the Muslim countries of the Middle East, where at the end of the century women formed the smallest share of the paid labor force, generally between 2 and 10 percent. (Many of these were highly educated professionals such as teachers and health-care workers, trained to assist other women in sex-segregated settings.) Young women in Muslim countries outside the Middle East, such as Malaysia, were caught between these two systems; their labor in factories was essential to their families' survival, yet they were also criticized for flouting Muslim norms.

These shifts in the organization of production have largely resulted from the decisions of multinational corporations, but the links between gender and work in the twentieth century were shaped to a greater extent than earlier by state policies. During World Wars I and II, government propaganda campaigns in Europe and North America, combined with improved wages and facilities such as child-care centers, encouraged women to enter the paid labor force to replace men who were fighting; the granting of female suffrage in many countries right after World War I was in part thanks for women's work as nurses and munitions workers. Though the demobilization of men once the wars were over led to women being fired or encouraged to quit, the enormous losses among soldiers in the wars also made it impossible to return completely to prewar patterns. Wartime measures such as dining halls and child-care centers were generally ended, but the total percentage of women in the paid labor force in many European countries did not decline substantially.

In Japan and many countries of Europe, the 1920s and 1930s saw the development of authoritarian dictatorships, which transformed ideas about women's "natural" role as wives and mothers into government policies promoting maternity and limiting women's employment. Particularly during the depression of the 1930s, working women in both dictatorships and democracies were denounced as taking jobs away from men, and work was celebrated in vigorous propaganda campaigns as inherently masculine; in the United States, England, and elsewhere, women could get fired if they married. Despite this rhetoric, the expanding industrial sector required ever increasing numbers of workers, particularly as many countries mobilized for war in the late 1930s and 1940s. In Stalinist Russia and Fascist Italy, the number of single and married women in the labor force increased steadily, though the Nazi regime in Germany decided to solve its need for workers by drafting forced labor from occupied countries (most of it male) rather than encouraging women to work.

After World War II, most industrialized countries developed or expanded programs of social support for workers and families, including unemployment insurance, paid maternity leave, and government-supported health care, in what was termed the growth of the "welfare state." Some developing countries also began such public social programs, although in the 1980s and 1990s many of these were cut back as countries were required by the World Bank and other financial organizations to restructure their economies in order to lessen their foreign debt obligations and try to achieve higher rates of economic growth. (These measures, which tended to favor private enterprise and free trade and oppose government direction of the economy, are often described in economic terms as "neoliberal," although their most vocal proponents have included leaders generally thought of in political terms as conservative, such as Ronald Reagan and Margaret Thatcher.) Such measures generally provided more opportunities for men than for women, with economists and policy-makers around the world noting a "feminization of poverty," as social programs were cut back and women were more likely to be unemployed or underemployed.

Along with the policies of corporations, national governments, and international economic agencies, the gender division of labor in the twentieth century was shaped by changes in communications technology and business practices that began to create a new type of economy, often termed "postindustrial." In the postindustrial economy, service, sales, and information transfer played a

more important role than production, with the office rather than the factory becoming the primary place of work and more formal "white-collar" clothing replacing more easily cleaned "blue-collar" clothing. In the first half of the century, new types of jobs were created, such as secretaries, postal clerks, bank tellers, telegraph and telephone operators, and department store clerks, which required serving customers or assisting supervisors. These came to be viewed as especially appropriate for young women, who were hired for their appearance and pleasing demeanor as well as their abilities: in some areas women who held these positions were fired if they married or planned to marry - men in similar positions were not - or if they became too old. Open discrimination by age or marital status continued in some "female" service occupations until the 1970s in the United States and until today in some countries, with flight attendants being the best-known example. Male managers and salesmen were celebrated for both competition and teamwork, and regarded as the brains of corporate culture, while women were its heart; women who became managers often specialized in personnel or human relations.

The growth in women's paid employment in industrialized countries that began during the 1970s was also largely concentrated in lower-paying service jobs such as office work, retail sales, child care, hairdressing, and cleaning (dubbed the "pink collar ghetto"), so that women's average full-time earnings remained about two-thirds those of men. Sweden was the most egalitarian industrialized country in terms of wages in the late twentieth century, with female wages about 90 percent of male in 1985; Japan was the least, with female wages about 43 percent of male, a situation that has caused many highly educated young Japanese women to leave Japan. The growth of the service economy has also led many poorly educated women (and children) to migrate transnationally in search of work as nannies, maids, nursing home attendants, and cleaning ladies, especially from poorer states such as the Philippines or Sri Lanka to Europe, North America, or oil-rich Middle Eastern states.

The postindustrial workforce is much more decentralized than the industrial economy, for computer and communications technology allows many employees to work from their own homes or in small sweatshops rather than in large factories. Like the domestic production of much earlier centuries, such work is often paid by the piece rather than the hour, which allows for greater flexibility but also greater exploitation as there is no limitation of the workday and benefits such as health care are often not included. Because it can be combined with minding children and cooking, home production is often favored by women; in areas of the world where women are secluded, such work may be undertaken without disturbing religious or cultural norms. A few of those who work at home are highly educated and highly paid "tele-commuters" in the burgeoning information industry, but most home or sweatshop labor involves routine data processing and other forms of computerized office work or more traditional jobs such as making lace or gloves or shoes; along with the computer, the sewing machine continues to be an effective tool of decentralization.

Work at home, whether using a sewing machine or a computer, is sometimes included in official statistics, but often it is not, and it shades into what economists term the "informal," "underground," or "gray market" economy. Gray market transactions (called such to differentiate them from actually illegal black market transactions), such as the small-scale selling of commodities and services, often by street vendors, or small-scale loans, are intentionally unrecorded to avoid taxes and do not form part of official statistical measures, but are the only way people survive. Such work "off the books" is an important part of the economies of many developing countries and even some in Europe; estimates from Italy judge that the unrecorded exchange of goods and services has probably equaled that of the official economy since World War II. Women often predominate in the informal economy in many areas, selling commodities and services - including sex on a small scale as they have for centuries. In some areas such work provides women with a decent income, though in many it barely sustains them and their families. As we have seen, in some cases such work, particularly in the sex trade, is essentially slave labor; in 2000, for example, the Central Intelligence Agency estimated that perhaps 50,000 women and children were being brought into the United States each year under false pretenses from countries such as Thailand, Mexico, and Russia, and forced to work as prostitutes or servants with their work unrecorded. Labor never paid or counted - such as that on family landholdings - must be added to this intentionally unrecorded labor to get a true picture of the work situation; in the same Muslim countries where women formed less than 10 percent of the paid labor force in the 1990s, for example, they are estimated to have performed 50 to 75 percent of the unpaid agricultural labor.

Evaluating the gender division of labor in the twentieth and twenty-first centuries must also take unpaid work within the household into account. Even in areas in which women made up more than half of the full-time labor force outside the household, such as the Soviet Union, women continued to do almost all of the household tasks. In the Soviet Union and Communist eastern Europe, shortages in foodstuffs and household goods such as soap meant that women had to spend hours each day (after their paid workday was done) standing in lines. Because of this "second shift," women were not free to attend Communist Party meetings or do extra work on the job in order to be promoted; in the 1970s, though women made up over 50 percent of the paid workforce in the Soviet Union, only 0.5 percent of managers and directors were women. This situation did not change when Communism ended in eastern Europe in 1989, though more women had time to spend in lines because they were more likely than men to be unemployed. The time

needed to obtain basic consumer goods was much shorter in western Europe so that the second shift was less onerous, but it was no less gender specific; even in relatively egalitarian Sweden, women who worked full-time spent at least twice as long on household tasks as men, and even longer if there were children in the house. This situation led some European feminists in the 1970s to advocate "wages for housework," while others opposed this idea as reinforcing an unfair gender division of labor.

Despite the fact that we recognize economic life involves more than work, this chapter, like the vast majority of studies of gender and the economy, has focused primarily on work, perhaps because work is the most universal economic activity, or the one laden with the most meaning. As we have seen, though the gender division of labor is variable and changing, it has always been present; when English peasants in the fourteenth century wished to describe the lack of social differentiation based on wealth and class at the beginning of human history, they still envisioned gender differences, singing: "When Adam delved and Eve span, who was then the gentleman?" It is difficult to predict how current economic trends, such as the introduction of market economies in the former Soviet bloc and in China, government-directed restructuring in developing countries, and the globalization of production, services, and labor, will shape the gender division of labor and access to wealth in the future. Union membership has dropped significantly from mid-twentieth century highs, but women in some unions, such as those of banana workers in Latin America, have joined men as important labor organizers and made issues of gender equity part of union efforts. Poverty was increasingly feminized in the late twentieth century, but the numbers of women in traditionally male occupations, including highly paid professional and management positions, also increased, and women's average earnings relative to those of men have crept up. (In 2008 in the US, women earned 77 cents for every dollar men earned, up from 58 cents in 1972.) In addition, the increasingly global nature of business and dramatic cycles of boom and bust led men's work in many areas to become "feminized," that is, not bound by long-term contracts or providing much job security. Whether the interactions of these and other changes will eventually end the gender division of labor, or at least make it less significant for large numbers of people throughout the world, remains to be seen.

### Further Reading

Examinations of the role of gender in economic life were initially conceptualized primarily as studies of women's work, and this focus has continued in much research; until very recently, most studies of men's work did not recognize their subjects as men or use gender as a tool of analysis, so they have not been included here. In terms of theoretical underpinnings, the feminist critique of Marxist analysis, which began during the 1970s, is particularly important, especially in its explorations of the relations between gender and class hierarchies in economic matters. See, for example, Heide Hartmann, "The Unhappy Marriage of Marxism and Feminism: Towards a More Progressive Union," Capital and Class, 8 (1979), 1-33 and "The Family as the Locus of Gender, Class and Political Struggle: The Example of Housework," Signs, 6 (1981), 366-94; Joan Kelly, "The Doubled Vision of Feminist Theory" in her Women, History and Theory (Chicago: University of Chicago Press, 1984), pp. 51-64. More recent considerations of these issues include Leonore Davidoff, Worlds Between: Historical Perspectives on Gender and Class (New York: Routledge, 1995); Mary Murray, The Law of the Father: Patriarchy in the Transition from Feudalism to Capitalism (London: Routledge, 1995); Laura L. Frader and Sonya O. Rose, Gender and Class in Modern Europe (Ithaca, NY: Cornell University Press, 1996); Elizabeth Prügl, The Global Construction of Gender: Home-Based Work in the Political Economy of the Twentieth Century (New York: Columbia University Press, 1999); Marilyn Waring, Counting for Nothing: What Men Value and What Women Are Worth (2nd edn., Toronto: University of Toronto Press, 2000); Johanna Brenner, Women and the Politics of Class (New York: Monthly Review Press, 2000).

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As with so many of the issues in this book, the scholarship available in English on women's work in Europe and the United States outweighs that available for the rest of the world. Some general overviews of Europe include Barbara Hanawalt, ed., Women and Work in Preindustrial Europe (Bloomington: Indiana University Press, 1982); Louise A. Tilly and Joan W. Scott, Women, Work and Family (2nd edn., New York: Methuen, 1987); David Herlihy, Opera Muliebria: Women and Work in Medieval Europe (New York: McGraw Hill, 1990): Pat Hudson and W. R. Lee, eds., Women's Work and the Family Economy in Historical Perspective (Manchester: Manchester University Press, 1990); Daryl Hafter, ed., European Women and Preindustrial Craft (Bloomington: Indiana University Press, 1995); Deborah Valenze, The First Industrial Woman (New York: Oxford University Press, 1995); Deborah Simonton, A History of European Women's Work: 1700 to the Present (London: Routledge, 1998). On the Unites States, see Rosalyn Baxandall and Linda Gordon, eds., America's Working Women: A Documentary History, 1600 to the Present (2nd edn., New York: Norton, 1999); Sharlene Hesse-Biber and Gregg Carter, Working Women in America: Split Dreams (New York: Oxford University Press, 2000). The gender politics of the labor movement in Europe and the United States have been analyzed in Philip S. Foner, Women and the American Labor Movement: From Colonial Times to the Eve of World War I (New York: Free Press, 1979); Mary Davis, Comrade or Brother: A History of the British Labour Movement, 1789-1951 (London: Pluto Press, 1993); Ulla Wikander, Alice Kessler-Harris, and Jane Lewis, eds., Protecting Women: Labor Legislation in Europe, the United States and Australia (Urbana: University of Illinois Press, 1995); Kathleen Canning, Languages of Labor and Gender: Female Factory Work in Germany, 1850-1914 (Ithaca, NY: Cornell University Press, 1996); Anna Clark, The Struggle for the Breeches: Gender and the Making of the British Working Class (Berkeley: University of California Press, 1996); Ileen A. DeVault, United Apart: Gender and the Rise of Craft Unionism (Ithaca, NY: Cornell University Press, 2004); Alice Kessler-Harris, Gendering Labor History (Urbana: University of Illinois Press, 2007).

Issues surrounding gender and work have also been studied extensively in East Asia, particularly in the modern period. For China, see Emily Honig, *Sisters and Strangers: Women in the Shanghai Cotton Mills*, 1919–1949 (Stanford, CA: Stanford University Press, 1986); Tamara Jacke, *Women's Work in Rural China: Change and Continuity in an Era of Reform* (Cambridge: Cambridge University Press, 1997); Francesca Bray, *Technologies and Gender: Fabrics of Power in Late Imperial China* (Berkeley: University of California Press, 1997); Bryna Goodman and Wendy Larson, eds., *Gender in Motion: Divisions of Labor and Cultural Change in Late Imperial and Modern China* (Lanham, MD: Rowman and Littlefield, 2005). For Japan, see E. Patricia Tsurumi, *Factory Girls: Women in the Thread Mills of Meiji* 

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On South and Southeast Asia, see Ursula Sharma, Women, Work, and Property in North-West India (London: Tavistock, 1986); Aihwa Ong, Spirits of Resistance and Capitalist Discipline: Factory Women in Malaysia (Albany: State University of New York Press, 1987); E. U. Eviota, The Political Economy of Gender: Women and the Sexual Division of Labor in the Philippines (London: Zed Books, 1992); Diane L. Wolf, Factory Daughters: Gender, Household Dynamics, and Rural Industrialization in Java (Berkeley: University of California Press, 1992); Samita Sen, Women and Labour in Late Colonial India: The Bengal Jute Industry (Cambridge: Cambridge University Press, 1999).

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There has been far less research on aspects of economic life other than work, but there are beginning to be a few studies of how such issues as property ownership and credit intersect with gender. See Vanessa Maher, Women and Property in Morocco: Their Changing Relation to the Process of Stratification in the Middle East (Cambridge: Cambridge University Press, 1974); William C. Jordan, Women and Credit in Pre-industrial and Developing Societies (Philadelphia: University of Pennsylvania Press, 1993); Bina Agarwal, A Field of One's Own: Gender and Land Rights in South Asia (Cambridge: Cambridge University Press, 1994); Amy Louise Erickson, Women and Property in Early Modern England (London: Routledge, 1995); Jill Liddington, Female Fortune: Land, Gender and Authority (London: Pandora, 1996); Kathryn Bernhardt, Women and Property in China, 960-1949 (Stanford, CA: Stanford University Press, 1999); Marie Eileen Francois, A Culture of Everyday Credit: Housekeeping, Pawnbroking, and Governance in Mexico City, 1750-1920 (Lincoln: University of Nebraska, 2006); Anne Laurence, Josephine Maltby, and Janette Rutterford, eds., Women and their Money, 1700-1950: Essays on Women and Finance (New York: Taylor and Francis, 2008).

Many historians have recently turned their attention to consumption, and frequently offer gendered analyses. See Carole Shammas, *The Pre-industrial Consumer in England and America* (Oxford: Clarendon Press, 1990); John Brewer and Roy Porter, eds., *Consumption and the World of Goods* (London: Routledge, 1993); Timothy Burke, *Lifebuoy Men, Lux Women: Consumption, Commodification, and Cleanliness in Modern Zimbabwe* (Durham, NC: Duke University Press, 1996); Victoria de Grazia, ed., *The Sex of Things: Gender and Consumption in Historical Perspective* (Berkeley: University of California Press, 1996); Susan B. Hanley, *Everyday Things in*  Premodern Japan: The Hidden Legacy of Material Culture (Berkeley: University of California Press, 1997); Suzanne Brenner, The Domestication of Desire: Women, Wealth, and Modernity in Java (Princeton, NJ: Princeton University Press, 1998); Marcia Pointon, Strategies for Showing: Women, Possession, and Representation in English Visual Culture 1665–1800 (Oxford: Oxford University Press, 1998); Roger Horowitz and Arwen Mohun, eds., His and Hers: Gender, Consumption and Technology (Charlottesville: University Press of Virginia, 1998); Relli Shechter, ed., Transitions in Domestic Consumption and Family Life in the Modern Middle East: Houses in Motion (New York: Palgrave, 2003); Jennifer M. Jones, Sexing la Mode: Gender, Fashion and Commercial Culture in Old Regime France (New York: Berg, 2004).

Much of the scholarship on gender in the post-World War II economy has focused on issues surrounding women and development; for an extensive bibliography, see Parvin Ghorayshi, Women and Work in Developing Countries: An Annotated Bibliography (Westport, CT: Greenwood Press, 1994). Several good general studies and collections of articles are Joan Smith and Immanuel Wallerstein, Creating and Transforming Households in the World Economy (Cambridge: Cambridge University Press, 1992); Janet Momsen and Vivian Kinnaird, eds., Gender and Development in Africa, Asia, and Latin America (London: Routledge, 1993); Nahid Aslanbeigui et al., eds., Women in the Age of Economic Transformation: Gender Impact of Reforms in Post-Socialist and Developing Countries (London: Routledge, 1994); Gloria T. Emeagwali, ed., Women Pay the Price: Structural Adjustment in Africa and the Caribbean (Trenton, NJ: Africa World Press, 1994); Noeleen Hevzer et al., eds., The Trade in Domestic Workers: Causes, Mechanisms and Consequences of International Migration (London: Zed Books, 1994); special issue of Journal of Women's History, 11:4 (2000), "Marginalizing Economies: Work, Poverty, and Policy"; Esther Ngan-ling Chow, ed., Transforming Gender and Development in East Asia (New York: Routledge, 2002); Maxine Molvneux and Shahra Razavi, eds., Liberalism and Its Discontents: Gender Justice, Development, and Rights (New York: Oxford University Press, 2002); Marianne H. Marchand and Jane L. Parpart, eds., Feminism/Postmodernism/Development (New York: Routledge, 2003); Tine Davids and Francien Van Driel, eds., The Gender Question in Globalization: Changing Perspectives and Practices (Burlington, VT: Ashgate, 2005). Another key question has been gendered patterns of migration. See Grace Chang, Disposable Domestics: Immigrant Women Workers in the Global Economy (Cambridge, MA: South End Press, 2000); Pamela Sharpe, ed., Women, Gender, and Labour Migration: Historical and Global Perspectives (New York: Routledge, 2001).

There is a much longer list of selected readings, along with links to original sources, on the website associated with this book: www.wiley.com/go/ wiesnerhanks.

# CHAPTER FOUR Ideas, Ideals, Norms, and Laws

In many ways, the topics covered in this chapter are the easiest ones to research when looking at gender, at least for those cultures that had written records. Among the earliest of the world's written records, whether in Mesopotamia, Egypt, China, or elsewhere, were laws specifying how husbands and wives were to treat each other, religious literature setting out the proper conduct for men and women, or stories and myths that described relations between men and women, or gods and goddesses. Slightly later came more formal considerations of the nature of women and men, and speculations – couched in the language of religion, medicine, or philosophy – about the reasons for the differences between them. Early visual sources also provide extensive evidence about ideals and norms, as the individuals depicted often represented idealized heroes, gods, and goddesses rather than actual men and women. Because of the relative availability of materials, much of the earliest work in women's history focused on ideas about women or laws regarding women, and for some of the world's early cultures this is as far as the written historical record can take us. The code of the Babylonian king Hammurabi, for example, dating from roughly 1750 BCE, includes many laws that regulate marriage and divorce, but we have no way of knowing the extent to which these were enforced, or the degree to which, as is common with law codes, they were only selectively enforced.

Intellectual constructs regarding gender and the formal laws that resulted from them both underlay and grew out of everything else considered in this book – work, politics, education, religion, sexuality, even the family – for one of the key insights of gender history is how closely notions of gender are interwoven with other aspects of life. You have already traced this in regard to the family and work, and the later chapters will focus on other areas of life such as religion and politics. Thus to avoid too much overlap, this chapter will be organized differently. Instead of highlighting change over time and cultural differences, it will explore the ways in which certain key concepts emerged in a number of cultures, and then shaped the informal norms and more formalized laws regulating the lives of women and men. This is not to say that these concepts were the same everywhere or that they did not change over time, but that certain ideas have been particularly influential in many cultures, ideas that have come from a range of different sources.

It is important to keep in mind that though ideas, norms, and laws shaped many aspects of gender, they were not the same as lived experience; they represent the way people conceptualized their world, hoped things would be, or tried to make them. Sometimes historians have confused these realms, a problem that occurs not only in considerations of gender, but also in discussions of other historical issues; laws about tax collection have sometimes been read as if they described actual revenue streams, for example, or regulations about guilds or labor unions as if they described the actual workplace. Normative sources about gender are particularly easy to misread in this way, as writers often used phrases such as "women are . . ." or "marriage is ...." or "fathers are ...." and may have thought they were describing an objective reality rather than an idealized one. Particularly influential ideas and opinions were also often no longer recognized as such, but came to be regarded as religious truth or scientific fact. Ideals, particularly those for women, were often viewed as descriptions of historical individuals, and laws were developed that attempted to recreate this golden age. The character traits set out in the biographies of ideal women by the Chinese philosopher Liu Hsiang in the first century BCE, for example, later became the basis for social and legal restrictions.

It is also important to remember that normative and intellectual records contain the ideas of only a small share of any population, skewed in most cultures toward elite men. Their ideas were the most significant, because they led to the formal laws and institutions that structured societies, but not everyone necessarily agreed with the powerful and prominent. Some historians argue that women (and in some cases other subordinate groups) had a separate value system in many societies, a special women's culture and counterdiscourse shared among themselves and transmitted orally. Through this culture they communicated ideas about matters particularly important to them, such as methods of birth control or the treatment of illnesses common in women. This notion of a hidden women's culture is very attractive to many contemporary women, who may tie it to a search for nonpatriarchal religious traditions; its oral and secret nature makes it impossible either to verify or disprove its existence.

A few sources from women or nonelite men have survived from many of the world's cultures, but they may be even more unrepresentative than those from elite men because of their singular status. We can compare the thoughts of Plato and Aristotle on the nature of women, for example, and set them within the context of laws and norms in Athens drawn up by male political leaders, but for the ideas of ancient Greek women, we have only a few poems by Sappho and even fewer fragments from a handful of other Greek female poets. These come from areas outside Athens about which we know far less, so that along with being rare, they are much more difficult to contextualize than Athenian works; there are no works by Athenian women at all, however, so Sappho becomes representative for all Greek women over several centuries.

Another interpretive problem arises when we turn to works that are clearly fictional to learn about notions of gender in any culture. Most of what was recorded as "history" until the last several centuries were the stories of rulers and battles; information about gender was sometimes embedded in these accounts, but it was never very extensive. These same cultures have left fascinating sources that focus on the relations between men and women, but these are fictional stories which were often first told orally, then repeated with many variations, and eventually written down. They can tell us a great deal about the values of a culture, but their message can also be mixed or ambiguous, for they are designed both to teach a lesson and to entertain, and thus may both reinforce and subvert the values of the society in which they were produced. In the Arabic story collection The Thousand and One Nights, for example, the women are veiled and women who are not loyal to their husbands are always punished, but the main character, Shahrazad, is highly educated and saves herself from death by telling her royal husband enthralling stories with cliff-hanger endings for 1,001 nights and thus changing his negative opinion of women. Some scholars read this as demonstrating that Arabian women could really be powerful and independent despite limitations, while others stress that Shahrazad is a fictional character meant to amuse people with her boldness and not a model for real women. Such differences of opinion lead some historians to reject fiction completely as a historical source, but because the information it contains often cannot be found in official histories or anywhere else, most scholars particularly those of premodern societies in which all sources are scarce – use it carefully.

Ideas about women and men in any culture are not only expressed in works focusing specifically on gender issues, laws regulating marriage or other sorts of male/female interactions, or fictional descriptions of men and women, of course, but in nearly everything produced by that culture. Notions of gender are often so self-evident to people that they make little comment about them directly and do not recognize where they have gotten their ideas. The process through which ideas about gender became informal norms and conventions and then more formal rules and laws also differed widely around the world. In many cultures the development of writing made gender structures more rigid and the differences between men and women greater, but some oral traditions were also extremely harsh and inegalitarian. You will need to keep this diversity among groups, along with the diversity within groups that I have just highlighted, in the back of your mind as you read this chapter, for there will always be a counterexample from somewhere in the world to each of its generalizations.

There has been a strong emphasis on difference in women's studies and gender scholarship over the last several decades to counteract earlier totalizing narratives and stress the specific point of view, social background, and intellectual context of any author or thinker. This chapter thus goes against that trend somewhat, but comparison across space and time is a valuable tool in the field of world history, and it is important at times to highlight similarities, parallels, and continuities. The chapter looks at five areas where these have emerged: ideas about the nature and proper roles of men and women, what is often termed masculinity and femininity or manhood and womanhood; binaries related to male/female binaries, including nature/culture, public/private, inner/outer, order/disorder, rational/passionate; norms and laws regarding motherhood and fatherhood; ideas and laws prescribing male dominance and female subservience and dependence; ideas and laws promoting gender egalitarianism.

## The Nature and Roles of Men and Women

Until the development of women's history, the subjects of most historical studies were men, and the actions and thoughts of men were what made it into the historical record. One would think, then, that it would be easier to discover ideas about men as a group than women as a group, but the opposite is, in fact, the case. Educated men - the authors of most historical sources until very recently - saw women as an undifferentiated group about which they could easily make pronouncements and generalizations. They have thought and written about women since the beginning of recorded history, trying to determine what makes them different from men and creating ideals for female behavior and appearance. When they turned their attention to their own sex, however, they viewed men as too divided by differences of age, wealth, education, social standing, ability, and other factors to fall into a single category. As twentieth-century French feminist theorists put it, men saw women as a group as the Other, an object for their analyses, but saw themselves as the One, about whom generalizations which extended to the whole sex were either impossible or unnecessary.

The differences among men have often provided ways of conceptualizing societies and social or economic groups. In medieval Europe, for example, society was thought of as divided into three groups: those who fought (nobles), those who prayed (clergy), and those who worked (peasants).

Women were in some ways part of all of these groups, though they were not technically members of the clergy and they generally did not fight, so that they did not fit this conceptualization exactly and they were rarely included in the many discussions about this tripartite social order. Instead a different tripartite structure was used to think about women, based on their relationship to men: virgin, wife, widow. Women also did not fit later Marxist distinctions between working class and middle class very well either; married women in many European countries did not own any property independently, so had no direct control of the "means of production" so important in Marxist concepts of capitalism. Such differentiation among men was not limited to works of social or economic theory, but was often reflected (and reinforced) by activities, ceremonies, and practices. In early modern European cities, for example, residents might celebrate the visit by a ruler or a religious holiday with a procession, in which the men of the town marched in groups according to their political positions or occupation; women, if they marched at all, generally did so as an undifferentiated group at the end.

Those who sought to overcome social and status differences also spoke of bringing together different groups of men; Thomas Jefferson's words in the American Declaration of Independence expresses this as "all men are created equal," and seventeenth-century English writers wanting to encompass all of society described their audience as "all men and both sexes." (It is clear from Jefferson's own writings and from this latter phrase that "all men" did not mean women in seventeenth- and eighteenth-century political theory, just as it is clear from Jefferson's writings elsewhere as well as his actions that he did not really mean "all men" when he used that phrase.)

Although they were very attuned to other sorts of differences, until very recently most discussions of men ignored gender. In nineteenth-century Europe and North America, for example, women were often described as "the Sex," as if men did not have any. This sense that one group is an unmarked or default category (i.e., that in the case of gender one is always talking about a man unless noted otherwise, as in "woman doctor") has also been noted by scholars of other subordinate groups. In terms of race, whiteness is the unmarked category, appearing much less often in discussions of an individual or group than does blackness. (Thus there are "authors" and "black authors.") These tendencies, along with the tendency of labor history to focus on men, led scholars to quip: "Women have more gender, blacks have more race, but men have more class." Thus books with titles like Woman in Western Philosophy analyzed gender, while those with titles like Man in Western Philosophy generally did not, although as women's history developed authors who continued to use "man" tried to argue that this was somehow gender-neutral.

Within the last several decades this situation has changed dramatically, and the study of men as gendered beings has exploded in many academic

fields, including history, literature, psychology, sociology, religion, and many others. Because of the long tradition of viewing men as differentiated, and, because diversity of experience is such a strong emphasis in current gender scholarship, these studies generally use the plural "masculinities" rather than the singular "masculinity." They emphasize that all men construct their masculinity in relation not only to women, but also in relation to other men, and that groups of men also vary widely in their ability to shape their own masculinity depending on their position in racial, class, and other power structures. Men who were leaders in modern Ghana, for example, developed notions of masculinity shaped by local community standards, but also by the ideas of missionaries and colonial officials. The new scholarship on masculinity is thus innovative in its recognition that men have and do gender, but traditional in its emphasis on difference. Although it is the exact counterpart to masculinity, "femininity" has not caught on as a term of scholarly study, perhaps because it is still seen as more restrictive and less open to variation than masculinity. There are a few signs that this is changing, however, with scholarly conferences and publications organized around "masculinities and femininities."

Though studies of ideas about men have only recently been labeled as such - rather than as studies of a gender-neutral "man" or simply as "intellectual history" or "philosophy" - the fact that the male experience has been normative has also skewed the way that women have been viewed. This can be seen most dramatically in scientific and medical works, particularly those in the Western tradition that originated with ancient Greek thinkers and passed to Christian Europe and the Islamic world. Greek philosophers and scientists differed among themselves as to the reasons for gender differences and the role of each sex in conception and reproduction, differences that continued over the many centuries in which their ideas were viewed as authoritative. Aristotle and his followers generally held that women produce no semen or anything comparable, and so contribute nothing to the form, intellect, or spirit of a fetus; their menstrual blood simply produces the matter out of which the fetus is formed. Galen and his followers believed that women also produce semen that contributes to the form of the fetus, though they thought this was colder and less active than that of the male and that the father was still the more important parent. All agreed that men were superior, and that heat was the most powerful force in the body and a source of gender difference; women's lack of heat was seen as the reason they menstruated (men "burned up" unneeded blood internally) and did not go bald (men "burned up" their hair from the inside). Aristotelians tended to view human anatomy and physiology on a single scale, describing women as imperfect or misbegotten males, whose lack of body heat had kept their sex organs inside rather than pushing them out as they were in the more perfect male. The historian Thomas Laqueur has labeled this the "one-sex model" and noted that as late as the anatomies of Andreas Vesalius in the sixteenth century, female sex organs were depicted as the male turned inside out. In this view, females were born when something was less than perfect during conception and pregnancy, but could occasionally become male later in life through strenuous exercise or unusual heat; males never became female, however, for nature, according to Aristotle, always strives for perfection. Because both women and men were located along the same continuum, certain women could be more "manly" than some men, and exhibit the qualities that were expected of men such as authority or self-control. Similar ideas developed in India, though with a more religious cast. In later Vedic literature, the idea developed that all fetuses are male until malignant spirits turn some of them into females. Male-producing ceremonies were introduced (which are sometimes still performed), held during the third month of pregnancy.

For Galenists in Europe and the Islamic world, the idea that both men and women produce seed became part of what historians have labeled the "twosex" model, which held that men and women were equally perfect in their sex, distinct and complementary. In some parts of the world, such as several indigenous North American groups, a stress on the complementarity of the sexes led to fairly egalitarian economic and social arrangements. Similarly, at some points in pre-Columbian Mayan history, ideas about gender complementarity appear to have led to power and privileges being inherited bilaterally. As this Galenic model became more common in Europe after 1600, however, it led instead to the idea that gender differences pervaded every aspect of human experience, biological, intellectual and moral. This occurred at the same time that physicians and scientists began exploring the reasons for differences among humans, and, not surprisingly, shaped the results of their experiments and measurements. Male brains were discovered to be larger than female, male bones to be stronger. When it was pointed out that female brains were actually larger in proportion to body size, female brains were determined to be more child-like, for children's brains are proportionately larger still. In the nineteenth century, new fields of knowledge such as psychology and anthropology often gave professionals and officials new languages to describe and discuss gender distinctions. They located gender differences much more clearly in the body than had earlier thinkers, for whom the differences between men and women derived primarily from their social role or place in a divinely created order.

Ideas about gender differences based in the body were interwoven with those about racial differences as European countries developed colonial empires: white women were viewed as most likely to incorporate female qualities viewed as positive, such as piety and purity, while nonwhite (especially black) women were seen as incorporating negative female traits, such as disobedience and sensuality. White men, in this view, were more rational because of their sex *and* their race, while nonwhite men were more likely to demonstrate negative or ambiguous male qualities such as anger or physical prowess. The relations between gender and racial – and also class – hierarchies were worrisome, however. It was clear to most Europeans who stood at the top of the hierarchy – white men – and who at the bottom – nonwhite women – but the middle was more ambiguous. Were hierarchies of race easier to overcome than those based on gender, i.e., was it easier for a woman to be "manly" or for a nonwhite man? If social class could outweigh gender as a determinant of social role for a woman like Queen Elizabeth, could gender outweigh race for a man like Shakespeare's Othello?

To address such questions, by the eighteenth century medical and scientific measurements were applied to ethnic and racial differences as well as those of gender, and it was "proven" that various groups had smaller brains or other markers of inferiority. Émile Durkheim, often referred to as the "father of sociology," linked racial and gender measurements by noting that "although the average cranium of Parisian men ranks among the greatest known crania, the average of Parisian women ranks among the smallest observed, even below the crania of the Chinese, and hardly above those of the women of New Caledonia." Such dichotomous crania were, in Durkheim's view, a sign of French superiority, for they marked the greatest gender distinctions. Debates about gender, race, and class differences continued well into the twentieth century, with arguments for both inequality and equality couched in scientific language and the body used as evidence.

Science was used in many eras to make discussions of the nature of men and women appear objective and irrefutable, but it is clear that basic ideas about gender were influenced by political factors. For example, elite masculinity became more closely linked to war in Japan during the Tokugawa period (1603–1867) because of the civil wars that immediately preceded this era; those civil wars made a "code of the warrior" the ideal for upper-class men, in which dying for one's leader was highly praised. These links to politics may shape something as basic as the words one uses. In China, for example, the words used for female persons in the twentieth century had (and have) political implications and purposes. The most common word in imperial China was *funü*, which originally implied "female family member" and linked women with their kin groups. In the 1920s, Chinese middle-class intellectuals adopted the word nuxing to signify a more "modern" type of woman, more sexualized and commercial and less linked to her family. In their rejection of middle-class values, the Communists went back to funu, but reinterpreted it to link women with the state rather than the family. In the post-Mao period, some writers have gone back to *nuxing* to downplay the association between women and the state, and others have adopted nuren, a word influenced by social science terminology which downplays the link with both family and state. There is thus no word for female person in Chinese that does not have some political and social implications.

Many scholars have noted similar situations, though perhaps less dramatic, in other cultures and languages, noting that when people use the word "woman" or "women" categorically in descriptions and generalizations ("women are . . .") they are only rarely really thinking about all women. They often cite the words ascribed to the African-American exslave and abolitionist Sojourner Truth (ca. 1797–1883), who is reported to have responded at a women's rights convention to the notion that women were too weak to vote by pointing out the hard physical labor she had carried out throughout her life and asking "Ar'n't I a woman?" The historian Nell Irvin Painter has demonstrated that though Truth did make many speeches and published pamphlets in favor of women's rights and abolition, this phrase was added in a later account of her speech by the woman chairing the convention. The phrase is so effective at highlighting ways in which the category and even the word "woman" are socially constructed and linked to power relationships, however, that it is hard to stop using it.

"Man" and even "person" are similarly variable, particularly when used in formal legal documents. Jurists in sixteenth-century Europe debated whether the laws regarding homicide applied equally to men and women, leading one to remark "a woman, categorically speaking, is not a human being." Laws extending voting rights to broader groups of men in the nineteenth century began to add the word "male" for the first time because women had attempted to interpret the existing word "person" to include women and to vote as long as they had the required amount of property.

### Binaries

Though we can recognize the historical and social nature of the categories "woman" and "man," and increasingly view gender as a continuum, for most of the world's cultures woman/man is a fundamental binary and, as noted briefly in chapter 1, is often linked with other dichotomous conceptualizations. Some linguistic and sociological theorists argue, in fact, that gender opposition is the root of the very common tendency to divide things into binary oppositions, viewing this almost as "natural" because it is found in so many cultures. In some cases, these conceptualizations are complementary, with "male" and "female" categories regarded as equally important; in others, the categories are clearly hierarchical, with "male" categories always valued more highly than "female." In others, the categories may vary in their asymmetry, with certain "male" categories viewed as more important than "female" and certain categories as equal. Cultures vary in the sharpness of their dichotomies, with the categories sometimes sharply divided and sometimes interpenetrable. Some scholars see Western binaries as more dichotomous than those in non-Western cultures, though anthropologists point out that sharp social binaries based on kin group – which they term moieties – were also widely present in indigenous South America and Oceania. Cultures also vary in the degree to which differences are enforced; in some areas male/female distinctions are quite loose, while in others men or women risk severe punishment or death simply by being present in a space assigned to the other sex. People, especially women, may vary in their association with certain categories throughout the life-cycle: postmenopausal women sometimes come to be associated with conceptual categories and work or ritual activities usually viewed as "male," and very old people with qualities usually regarded as "female," such as dependence.

One of the dichotomies frequently associated with gender is that of the household and the world beyond the household. This is described in different ways in different places: in China as a split between inner and outer (*nei-wai*), in ancient Greece as a split between public and domestic, among the Bun people of Papua New Guinea as a split between internal and external. This division is most often described as one between public and private, and much of the earliest work in women's history explored the ways in which men in many cultures have been associated with the public world of work, politics, and culture and women the private world of home and family. These studies traced the differing degrees of separation between public and private, generally viewing points when the household and the political realm were less separated, such as the early Middle Ages in Europe or colonial North America, as times of greater gender egalitarianism, and those when they were more separated, such as Song China or the nineteenth-century US, as points of greater hierarchy.

Feminist political theory and activism often argued that the public and the private were never really separate (an idea captured in the slogan "the personal is political"), and historians have more recently explored the various ways these arenas have been linked. They have also pointed out that though men are usually associated with the public realm, with a common ideal for men being one of active participation in all aspects of public life, in some instances this was not the case. In classical India and in Judaism for much of its history, the ideal for men was one of renunciation of worldly things for a life that concentrated on study and piety. In Judaism, this ideal often meant that women were quite active in the "public" realm of work and trade to support the family, though this was not the case in classical India, where the work to support scholarly men was carried out by lower-caste men rather than the scholar's wife and daughters.

Another oppositional pair is that of nature/culture. In a very influential essay, the anthropologist Sherry Ortner asked "Is female to male as nature is to culture?" She gathered together examples from many geographic areas

of ways in which women's physiology, social role, and psyche are viewed as closer to nature than men's, and in which women are viewed as intermediaries between nature and culture, responsible for transforming natural products into food and clothing for their household, and for the early stages of transforming "uncivilized" children into members of society. The links between women and nature have also been explored by historians of science, who point out that nature is often described as female, and that exploring nature or carrying out scientific research is often described in terms of masculine sexual conquest or domination. Illustrations of nude women, sometimes explicitly labeled "Nature revealing her secrets," often appeared in the works of major European scientists, such as Isaac Newton.

As with the dichotomy between public and private, counterexamples to the woman/nature versus man/culture linkage exist, such as the mythical American West, where "cultured" women tamed "natural" men when they brought in schools and churches, or Nazi Germany, where women were praised as the bearers of culture and morality. There are also nature/culture divisions that are not especially gendered, such as the sharp contrast in many west African societies between a cultivated area associated with humans – in which all human activities, including sex and burial, had to take place – and the noncultivated bush. Ortner herself has modified her conceptualization somewhat, though she still asserts that the opposition between human agency (culture) and processes that proceed in the world apart from that agency (nature) is a central question for all societies, and in most of them gender provides a "powerful language" for talking about this opposition.

The nature/culture dichotomy is often related to one of order/disorder, though the way these correspond may be different, with nature sometimes representing order and sometimes disorder. This linkage is itself gendered: when nature is conceptualized as orderly, as in Confucian understandings of the cosmic order, it is usually linked to male superiority; when it is regarded as disorderly and capricious, it is linked to women. The order/disorder dichotomy is sometimes expressed in psychic terms, as an opposition between the rational and the emotional or passionate, with men generally representing the rational and women the emotional. As noted above, this gender dichotomy was often qualified by class and racial hierarchies which limited the capacity for reason to one type of man, however, with certain types of men, like women, seen as closer to nature and less rational.

Along with binaries that split men and women, there were also binary categorizations within each sex that shaped ideas about gender and the norms and laws that resulted from them. One of these was that of purity and impurity. Women in many cultures were regarded as impure or polluting during their menstrual periods and during or after childbirth, and many taboos or actual laws limited women's activities or contacts with others during these times. Women were sometimes secluded or sent to special places during menstruation and childbirth, and then went through rituals that reincorporated them back into the community once this period was over. Menstrual and childbirth taboos have generally been regarded as representing a negative view of women, judging them as unclean or dangerously powerful simply as the result of natural bodily processes. This may have been the opinion of educated or prominent men, but both historians and anthropologists have discovered that women often developed their own meanings for such rituals. They regarded menstrual huts as special women's communities, and demanded rituals of purification after childbirth (often termed "churching" in Christian areas), sometimes despite men's efforts to end such rituals. Contemporary women have, in fact, devised new rituals to celebrate certain bodily events such as menarche (first menstruation) and menopause, arguing that in earlier societies these were important and positive markers of life changes.

Men also went through periods of purity and impurity in many cultures which shaped their abilities to undertake certain activities, particularly religious ones. Very often this was related to a discharge of bodily fluids or sexual activity, but in some religious traditions any contact with women also made male religious personnel impure.

Purity and impurity are closely related to one of the most studied cultural dichotomies, that of honor and dishonor or honor and shame. Honor is a highly gendered quality, with male honor generally associated with action of some type, while female honor is associated with inaction. Men gained honor by protecting their families, demonstrating physical prowess, exercising authority, and showing courage, while women simply maintained honor by preserving their sexual purity. Women were thus divided into two categories on the basis of sexual honor, sometimes labeled "the virgin" and "the whore," while men's honor was more variable. Honor was very often shared among the members of one's family or clan group, so that the actions of any member reflected on the others. Loss of honor in some societies resulted in legal punishments, as did charging someone with being dishonorable if those charges proved to be untrue. Even more often, however, honor was affirmed or disputed through popular rituals - waving bloody sheets the morning after a wedding (which still continues in some areas) or throwing rotten food at husbands suspected of being cuckolds. Historians studying honor have emphasized that, as with all norms, care needs to be taken not to confuse ideals with reality. Even cultures that seem to be obsessed with female sexual honor sometimes offered ways for women to quietly regain their honor after it was lost; in early modern Spain, for example, women pregnant out of wedlock frequently sued the father of the child for damages, which then became a dowry and allowed them to marry.

Along with purity and honor, physical attractiveness is another dichotomous category that has been intimately shaped by, and in turn shapes, ideas and norms of gender. What characteristics make a woman or man attractive are, of course, highly variable both among cultures and among subgroups within a culture; some people would argue that beauty is so subjective that it is truly "in the eye of the beholder" and cannot be discussed at a more general level. This argument appears to be countered by the remarkable lengths to which people have gone throughout history to make themselves appear more desirable to themselves and others, or to conform to hegemonic standards of beauty. Cosmetics were common in many of the world's earliest societies, and products that were thought to increase beauty or sexual appeal were traded across vast distances because they could bring a high profit. Cosmetics have been enhanced more recently by cosmetic surgery, with both of these in the modern world more often associated with women than with men, though this is changing. Particularly for women, purity, honor, and beauty have been linked in various ways; the directors of women's protective shelters in early modern Italy, for example, explicitly limited the women they took in to those who were attractive, for, in their minds, ugly women did not need to fear a loss of honor and so did not merit protection.

## Motherhood and Fatherhood

Just as it is easier to find information about women as a conceptual and legal category than about men, it is easier to find information about mothers and motherhood than about fathers. Many psychological theorists view one's relation with one's mother as the central factor in early psychological development, with some arguing that this is not culturally specific but innate. (Psychology has been criticized as a field, of course, for just this type of assertion.) Whether one accepts this view or not, the fact that women can become mothers has certainly shaped many of the laws and norms regulating women's activities and behavior; what is usually referred to as the "sexual double standard" could more accurately be labeled the "parenthood double standard." (A phrase that might also be used to describe the realities of parenting in many households.)

Though the possibility of motherhood has led to restrictions on women, motherhood has also been a source of great power, a much stronger and more positive role for a woman than being a wife. Many of the world's religious traditions, including Hinduism, Confucianism, and Islam, view strong relations between mothers and sons as ideal, and interviews with contemporary people in societies as disparate as Jamaica, the Solomon Islands, and Japan have found that mothers are viewed as central to people's lives while fathers are perceived as indifferent or distant. The power associated with the role of mothers has also been disturbing, however. Legal sources often refer to "wife of so-and-so" rather than "mother of so-and-so" even in cases involving a woman's relations with her own children, thus emphasizing a clearly dependent relationship rather than the one in which the woman has power over others. Stories and myths from many areas revolve around bad mothers, though because criticizing mothers directly is often viewed as unacceptable, the evil character is generally a stepmother or mother-in-law. Sometimes these myths affect the way real women are treated; in the witch trials of early modern Europe, for example, witches were often portrayed as bad mothers, killing or injuring children instead of nurturing them.

Nazi Germany and other European fascist regimes in the twentieth century provide excellent examples of the ambiguities of motherhood, and also of the ways in which motherhood has been used and manipulated symbolically. Nazi Germany itself was extolled as the "fatherland," and Nazi leaders used hypermasculine imagery; their pronatalist movements were directed at fathers, not mothers, so as not to appear to grant women authority. "Motherhood" was celebrated in the abstract and medals awarded to women of the approved racial groups who had many children, but the power of husbands over their wives was also strengthened through various legal changes. Authoritarian regimes in Italy and Spain also passed pronatalist measures such as maternity or paternity bonuses and issued extensive propaganda seeking to make motherhood women's only calling. The actual impact of these measures on birth rates and women's employment rates was limited, however, and the regimes themselves toned them down by the 1940s when they needed women's labor to carry out the war effort.

Similar disjunctures between the rhetoric and reality of motherhood can be found in many other places. Nineteenth-century Britain is often viewed as a high point of emphasis on maternity and domesticity for women; on closer investigation this turns out to have been an ideal limited only to middle-class women. In a country with two million nannies, few upper-class women actually mothered (or were expected to mother) their own children, and few lower- or working-class women had the leisure to spend much time on child care. In colonial and more recent Latin America, women were encouraged to follow an ideal of seclusion, modesty, and devotion to their families termed *marianismo* after the Virgin Mary, the mother of Jesus, but poverty made this impossible for most women. Official propaganda in the Stalinist Soviet Union exalted motherhood as a patriotic duty and used motherhood as a metaphor for nationhood, but women were also expected to have full-time jobs and earlier institutions that had made their mothering easier such as communal kitchens were no longer supported by the state.

The rhetoric of motherhood itself has also been used in very different ways. Most often it has been used to urge women to stay out of the workplace and concentrate on family concerns, to become, as conservative Japanese authors recommended, "good wives, wise mothers." Nineteenthcentury reformers often used motherhood to argue for an expansion of women's public role, however, stressing that education would make women better mothers. They asserted that having the vote would allow mothers to assure the well-being of their families and children, and to clean up corrupt politics in the same way that they cleaned up their households. Since the 1960s women in Latin America have protested the abduction and murder of their sons and husbands by various military dictatorships through public protests; the most famous of these, the Mothers of the Plaza de Mayo in Argentina, gathered weekly, wearing white headscarves embroidered with the names of the "disappeared" and painting their silhouettes on walls.

Fatherhood has also been linked to politics and the exercise of power in both real and metaphorical terms. The words for "father" and "leader" are etymologically related in many languages, and the male originators of institutions and structures were often labeled "fathers" - the Church Fathers, the Founding Fathers, Hereditary monarchs such as kings, emperors, and czars were praised as the fathers of their people and used paternal language in their attempts to build or maintain their own power. They employed ideologies of kinship to mask their control over others, and hoped such language would encourage respect and obedience. Paternal rhetoric was also used, however, to criticize leaders for not living up to what was expected of a good father and could, in fact, become part of the language of revolution. Criticism of the French kings in the period leading up to the French Revolution often described them as bad fathers, not caring properly for their people; in the case of Louis XVI, the last king, he was also seen as too influenced by his queen Marie Antoinette, the archetypal bad mother whose lack of concern for her subjects was expressed in her (probably invented) comment to hungry people clamoring for bread - "let them eat cake."

In most conceptualizations of the stages of life for a man, fatherhood did not mark a clear break the way motherhood did for a woman, but in many societies it did bring real differences. In some Muslim areas, a man gained (and continues to gain) a new name once his first son was born – usually beginning with "abu" meaning protector of or father of – and no longer uses his original first name. In some parts of the world, a husband restricted his ordinary activities while his wife was pregnant or giving birth, or even mimicked her pregnancy with special clothing or rituals, practices labeled "couvade." Certain positions of authority in groups and institutions in many cultures were limited to men who were fathers, for this was a sign both of their potency and their stake in the future. Fatherhood played a particularly strong role in areas where society was conceptualized as an amalgam of families or households rather than as individuals, for the adult male head of household was both in charge of the smallest political unit and the representative of that unit to the wider world.

### Ideologies, Norms, and Laws Prescribing Gender Inequity

As noted in chapter 1, and as you have seen or will see in every other chapter in this book, the historical record provides countless examples of calls for male dominance and female dependence or other types of gender inequity. Religious literature urged women to be subservient, and described the divine plan as one of gender inequality. Medical and philosophical works noted that women were physically, mentally, and morally weaker than men, clearly in need of male guidance and protection. Popular rituals and norms transmitted orally from generation to generation established sharp gender boundaries, generally limiting the ability of women to move or act and criticizing or punishing those who did. The gender inequity in most written norms and laws has been so striking, in fact, that much early women's history involved pointing out ways in which women transcended, subverted, or ignored such restrictions, and attempting to convince readers that the situation for women was not as dreadful as the laws made it seem.

Many of the customs and norms now perceived as the most extreme involved a restriction of women's mobility. Of these, the Chinese practice of footbinding has received the most attention, a practice that began in the period about 1000 among entertainers at the imperial court and was firmly entrenched among the elite and middle classes in northern China by about 1200. In order to bind a girl's feet, her toes are forced down and under her heel until the bones in the arch eventually break; this generally began when she was about six, though a woman's feet needed to remain bound all her life to maintain their desirable small size and pointed "golden lotus" shape. Explanations of footbinding have involved a wide range of factors: fantasies among male poets and literati that eroticized small feet and a swaying walk and linked these with nostalgia for the past; a change in the ideal of masculinity in Song China from warrior to scholar, which meant that the ideal woman had to be even more sedentary and refined; a desire to hide the actual importance of women's labor by families eager to prove they were rising socially and economically; Chinese sexual ideas that linked bound feet with improved reproductive capacity and stronger infants. Dorothy Ko has recently emphasized that no one explanation suffices, and that the reasons for footbinding changed over its thousand year history and were different for men and women. She notes that women were not simply its victims; they internalized Confucian notions of the importance of self-sacrifice and discipline, and the connections between bound feet, reputation, domesticity, beauty, and self-respect. Thus it was mothers who generally bound their daughters' feet in what became a female rite of passage, and women worked together to make the exquisite embroidered shoes that further represented their high status. Because of its centrality to core social values, footbinding was tenacious in northern China; some families were still binding their daughters' feet in the 1930s, despite efforts by government officials, missionaries, and eventually the Communist leadership under Mao Zedong to end the practice. Footbinding was not accepted by other East Asian societies, although the importation of Confucian ideas from China later restricted women's capacities to perform ceremonies of ancestor worship and to inherit family land in Korea and Vietnam.

Footbinding tied women physically to the household and thus kept them out of public view, as did other practices found in a great many cultures around the world. In many areas, women have been secluded by law or custom, either in particular parts of the house - the gyneceum in ancient Athens or the *harim* in the Ottoman Empire – or by veiling. The first records of veiling come from the ancient Near East in about 3000 BCE, where the links between this practice and household seclusion were already recognized, for the ancient Akkadian word for veiling is the same as that for shutting a door. However it was accomplished, secluding women generally involved or at least began with the elites in any society, for the vast majority of cultures could not afford to lose the labor power of half of their workers; slave and peasant women were generally not secluded, and their activities made the enclosure of elite women possible. Sometimes seclusion was more clearly an issue of status than gender. In the Ottoman Empire, for example, elite males rarely left their households, conducting their business through agents and obtaining their education through tutors; as the pinnacle of Ottoman society, the sultan never left his palace, but required all those who had business with him to meet him there. (This is another example of the complex interplay between "public" and "private.")

Other than very elite men in some cultures, however, and one or two groups around the world such as the Tuareg of northern Africa in which men were veiled, attempts to restrict visual and physical contact between men and women have led to the seclusion of women. As we will see in chapters 5 and 6, women in some areas have developed their own interpretation and understanding of the meaning of veiling, viewing it as empowerment rather than restriction and a means of asserting cultural or national identity. This is good example of the way in which practices originally based on one idea about the nature of men and women can be reinterpreted when the social or political context changes, or be understood differently by various individuals or groups.

Many cultures that did not practice seclusion or veiling developed norms of conduct for women that were demonstrations of their dependent status. Women in some parts of India were expected to adopt a deferential posture when speaking with men, and in Japan were expected to drop their eyes when in public to avoid making eye contact with men. Restrictive norms have often been justified with reference to "tradition," but may, in fact, have been recent innovations. In India, for example, the British government expanded upper-caste Brahmanic customs into Hindu law, which put greater limitations on the mobility and independence of lower-caste married women than they had experienced earlier. The 1898 Civil Code in Japan limited women's civil rights sharply, denying them existence as legal persons and requiring inheritance to pass through the male line, a break with earlier customs. Women in Japan today generally use a form of deferential and softer speech commonly called "women's language" claimed to be an ancient tradition but which may actually have been invented during the early twentieth century, the period in which this Civil Code was enacted.

Women's lack of legal status as persons was actually a common feature in many of the world's written law codes, which have sometimes regarded women as a form of property. In most cultures until the nineteenth or twentieth century (or until today), marriage explicitly established a relationship of husbandly authority and wifely obedience. This relationship was often enshrined or symbolized in wedding ceremonies in which the wife vowed to obey her husband, or put a body part such as a hand, foot, or head, under the husband's foot or within his hands. In European and North American law, the relationship of marriage was described as *coverture*, a permanent relationship in which the husband's authority was absolute and the wife was not a legal person. This relationship began to be modified in many countries in the nineteenth century with laws that, for example, allowed married women to have control over their own wages, but as late as 1981 in France, men were still the official "heads of family" and it was illegal for a married woman to sell any of her own property without her husband's permission.

## Ideologies of Egalitarianism

Norms and laws that restricted women's activities or placed them in a position subservient to men were numbingly common throughout the world, which can make studying women's or gender history often seem quite depressing. Along with individuals and groups that ignored or overcame these restrictions through their actions, however, there have also been many that developed ideas supporting greater gender egalitarianism or otherwise enhancing the situation of women; since the mid-nineteenth century, these ideas have slowly been translated into legal changes. Such ideas have generally been labeled "feminism," a word developed first in French in the 1890s, though there are great disagreements about the limits, meaning, and implications of this word.

Individuals and groups have questioned or rejected gender hierarchy for centuries, and much early research within women's history involved finding and celebrating "feminist foremothers." The works of women such as Christine de Pizan, a fifteenth-century French author who challenged misogyny and extolled the achievements of women, were reissued and translated, and the writings of other feminists – most, though not all of them women – were discovered and analyzed. These investigations generally focused first on white European or American women whose ideas led to the nineteenthcentury women's rights movements often termed the "first wave" of feminism (which will be discussed more fully in chapter 6), and they often stressed commonalities among feminists across time and cultures. This research was an integral part of the "second-wave" women's movement that began during the late 1960s, in which raising the consciousness of women about gender inequities frequently involved a study of the past.

Though early researchers argued that "sisterhood is global," by the early 1980s both the feminist movement and historians of women were criticized for concentrating too much on the experiences of white Western women and not recognizing racial and ethnic diversity or the power of colonialism in shaping women's lives. This led some advocates of women's rights to develop other words to describe themselves, such as "womanist," while others noted that feminism should always be used in the plural to emphasize its diversity. That diversity, they noted, was even present within white European feminism; English (and American) feminists emphasized equality of individual rights, while continental Europeans emphasized the equally important responsibilities of women and men. In both the past and the present, feminists have often been involved with other movements advocating social change, such as socialism, anticolonialism, or the civil rights movement, and have developed very diverse ideas about the intersection among their various aims. The variety within both historical and contemporary feminism makes it a difficult word to define to everyone's satisfaction, with the ideas of some types of feminists regarded by others as not especially positive for women. Some ecofeminists, for example, view women as more caring and environmentally conscious because they have the possibility of motherhood, while others see such ideas as dangerously close to the old notion that "biology is destiny," which has often been harmful to women. Some "third wave" feminists of the 1990s and 2000s have reclaimed derogatory words for women as part of their emphasis on women's power to shape their own lives and the culture around them. The editors of *Bitch* magazine, for example, provide feminist analysis of pop culture, and riot grrrl punk bands and Girlzines support women's music, art, and sexual expression. Other feminists wonder whether "bitch" and "girl" are not best left unreclaimed. The diversity within feminism has allowed its opponents to highlight the ideas and activities of more flamboyant groups, such as those women who allegedly burned their bras at a Miss America competition, in their criticisms. (This story was, in fact, invented by a reporter, but it has had a very long life.) Such characterizations have led some who oppose gender inequity to reject the label feminist while still advocating women's rights, a position expressed in the phrase "I'm not a feminist, but . . ."

However they have chosen to label their ideas, over the last century and a half many people have worked to transform ideals of greater gender equity into laws; these have allowed women to keep their wages and own property, vote and hold office, obtain divorce on an equal basis with men, and receive equal pay for equal work. Such laws sometimes resulted from social change or changes in widely held attitudes, but they more often anticipated widespread social change and were the result of changes in ideas among elites. Laws were passed against veiling in Turkey in the 1920s and Iran and Uzbekistan in the 1930s, for example, because the leadership of these countries came to view unveiled women as a symbol of modernity, not because of popular pressure. Sometimes laws were passed as a result of conquest or colonialism. The British in India, for example, passed various measures designed to end practices they saw as backward, and the Soviets forced through laws against veiling and polygamy when they took over Islamic areas in Central Asia.

When the impetus for legal change came from outside an area, laws were very difficult to enforce. The 1931 Civil Code in China, for example, outlawed arranged marriages and concubinage, but it was not followed in rural areas for decades. Though such lack of compliance comes in some instances from entrenched norms of gender hierarchy, in other places laws were (and are) ignored because women did not view them as beneficial. The 1956 Hindu Succession Act in India, for example, theoretically gave women equal rights to the inheritance of any property their parents themselves had acquired. Its provisions have been scarcely followed, and women have not taken cases to court to assert their rights to property. This is not because they do not know about the law, are too passive, or are too guided by older notions of propriety, but because they seek to optimize their own economic and emotional needs and promote family stability and affections. When they do seek their rights in the courts, the decisions follow the law, but are often expressed in terms of older customary provisions regarding the protection of women and not the newer language of rights.

Sometimes the introduction of new norms can have contradictory results. In post-Soviet Russia, increased interaction with the West has led to greater awareness of egalitarian ideals and practices, but also greater sexism, especially in terms of pornography and the exploitation of the female body in advertising and popular culture that had been forbidden in restrictive and puritanical Soviet culture.

In many parts of the world, the emphasis on the individual in Anglo-American feminism is seen as misguided or even destructive; advocates for women, such as the scholar Ifi Amadiume in Nigeria, point to high levels of poverty and isolation among Western women, especially after divorce. Activists for women's causes in these areas express their goals in terms of the needs of women and men rather than their rights, and stress the benefits gained by the family and community when women are given greater opportunities. Because of these differences in emphasis, international measures promoting greater gender equality are always worded very carefully. The 1979 United Nations Convention on the Elimination of All Forms of Discrimination against Women (CEDAW) did describe discrimination against women as a violation of "the principles of equality of rights and respect for human dignity," but it was also careful to stress the effects of such discrimination on families, society, women's countries, and all humanity, and not simply on the women as individuals. (As of 2009, CEDAW has been ratified by 186 countries, with 8 countries remaining to ratify, including Iran, Somalia, and the United States; some of those that have ratified have exempted customary, family, and religious law, however, which lessens its impact considerably.)

As we enter the new millennium, ideas, norms, and laws regarding gender appear by some measures to be very resistant to change: a majority of people in India approve parent-controlled marriages; a majority of people in South America have negative views of women taking jobs outside the home; a majority of people (and judges) in North America and Europe regard mothers as "naturally" better parents than fathers, and the list could go on and on. Laws that proclaim equality between men and women are supported in the abstract, but are often not enforced, and may even be counteracted by other laws - especially those regarding marriage, divorce, and inheritance - which have a much greater impact in terms of day-to-day opportunities than abstract statements. On some issues it is clearly easier to make laws than to change longstanding attitudes and ideas about the proper roles and nature of women and men. The desirability of change in something as basic to one's understanding of the world as gender is also not always clear; some studies of psychological and physical health indicate, for example, that people with firmer and more conservative notions of gender are healthier than those who are more open to change, for change brings uncertainty, which can lead to stress. Thus in times of rapid change, people may hang on to more traditional notions of gender as an anchor of stability.

If one takes a long view, however, even in areas where traditions are very strong, there are clear signs of change; though laws prohibiting gender discrimination are not always enforced, they are at least part of most constitutions and legal codes developed in the twentieth century, which would have been unthinkable (or regarded as laughable) several centuries earlier. In the industrialized world, though young women hesitate to call themselves feminists, many of the demands of the feminist movement are now accepted as self-evident, at least in theory: equal pay for equal work, access to education, legal equality for women and men. Grass-roots women's groups in many parts of the world are using local and village courts to curtail domestic violence, and exploring religious and cultural traditions for teachings that support greater opportunities for women. They have made it clear that many sources of ideas and norms are ambiguous, and that what really matters is how prescriptive statements play out in the real world.

#### Further Reading

It is hard to know where to begin with suggestions, for the amount of materials is vast. For general overviews of certain issues, see Katherine Rogers, *The Troublesome Helpmate: A History of Misogyny in Literature* (Seattle: University of Washington Press, 1966); Joan Landes, ed., *Feminism, the Public and the Private* (Oxford: Oxford University Press, 1998). Interesting comments on recent changes in gender norms are provided in Sylvia Chant and Cathy McIlwaine, *Three Generations, Two Genders, One World: Women and Men in a Changing Century* (London: Zed Books, 1998).

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On ideas in Europe, see Arlene Saxonhouse, Women in the History of Political Thought from the Greeks to Machiavelli (New York: Praeger, 1985); Constance Jordan, Renaissance Feminism: Literary Texts and Political Models (Ithaca, NY: Cornell University Press, 1990); Elaine Fantham et al., Women in the Classical World: Image and Text (New York: Oxford University Press, 1994); Helena Goscilo, Dehexing Sex: Russian Womanhood during and after Glasnost (Ann Arbor: University of Michigan Press, 1996); Victoria Lorée Enders and Pamela Beth Radcliff, eds., Constructing Spanish Womanhood: Female Identity in Modern Spain (Syracuse: State University of New York Press, 1999); Thelma S. Fenster and Clare A. Lees, eds., Gender in Debate from the Early Middle Ages to the Renaissance (New York: Palgrave, 2002); Ulrike Gleixner and Marion Gray, eds., Gender in Transition: Discourse and Practice in German-Speaking Europe, 1750–1830 (Ann Arbor: University of Michigan, 2006).

On Latin America, see Hilary McD. Beckles, Centering Woman: Gender Relations in Caribbean Slave Society (New York: Markus Weiner, 1998); Irene Silverblatt, Moon, Sun, and Witches: Gender Ideologies and Class in Inca and Colonial Peru (Princeton, NJ: Princeton University Press, 1987); Lowell S. Gustafson and Amelia M. Trevelyan, eds., Ancient Maya Gender Identity and Relations (Westport, CT: Bergin and Garvey, 2002). Discussions of the United States include Gail Bederman, Manliness and Civilization: A Cultural History of Gender and Race in the United States, 1880–1917 (Chicago: University of Chicago Press, 1995); Theda Purdue, Cherokee Women: Gender and Culture Change, 1700–1835 (Lincoln: University of Nebraska Press, 1998); Martha Hodes, ed., Sex, Love, Race: Crossing Boundaries in North American History (New York: New York University Press, 1999).

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Almost every book in this list, as well as most of those suggested in the other chapters, refers to ideologies prescribing difference or inequality. For twentieth-century examples of this carried to the extreme, see Claudia Koonz, *Mothers in the Fatherland: Women, the Family, and Nazi Politics* (New York: St Martin's Press, 1987); Victoria de Grazia, *How Fascism Ruled Women: Italy 1922–1945* (Berkeley: University of California Press, 1992); Kevin Passmore, ed., *Women, Gender and Fascism in Europe, 1919–1945* (Manchester: Manchester University Press, 2003).

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There is a much longer list of selected readings, along with links to original sources, on the website associated with this book: www.wiley.com/go/ wiesnerhanks.

# Chapter Five *Religion*

Every culture appears to have developed ideas about supernatural forces that controlled some aspects of the natural world and the place of humans in it. These supernatural forces often determined basic rules for human existence, which were revealed through human agents who were especially adept at or trained in knowing the will of the supernatural forces. Upsetting these rules could lead to chaos in society, so many cultures established structures to teach and enforce such rules, and to shape the relationship between people and the supernatural. These structures take a bewildering variety of forms: some of them focus on ancestors or spirits, while others have clear notions of a single or multiple gods; some of them have sacred texts, while others are passed down orally; some of them require exclusive allegiance, while others allow adherents to follow other belief systems as well; some of them are linked to political or kin structures, while others are voluntary groups which may set their members against existing political or kin structures. Though some scholars make distinctions and label some beliefs and practices "cults" or "magic," it is more useful to take a broader view and consider them all religious traditions. ("Religion" sometimes has a negative connotation for contemporary people, who describe themselves as "spiritual, but not religious" and do not belong to any formal religious institution; such spirituality often draws on many religious traditions, however, and so is included here.)

The world's religions may have been (and continue to be) extremely varied in their concepts of and approaches to the supernatural and divine, but all of them are gendered, that is, they have created and maintained differences between what it means to be male and female. Conversely, religious ideas are influenced by gender structures arising from other parts of the culture, such as the family or the state. Religious traditions have been used both to strengthen and to question existing gender structures, providing ideas about hierarchy as well as complementarity and equality. Though religious leaders have attempted to create and enforce uniformity through specific religious texts, patterns of worship, clerical personnel, court systems, and alliances with political leaders, individuals have often chosen to interpret supernatural instructions and divine will regarding gender differently, creating variety not only among religions but within them. Because ideas about gender and religious beliefs are very often at the heart of people's systems of values, such variety has created tremendous conflicts, and continues to do so in many parts of the world today.

# Animism, Shamanism, and Paganism (from 40,000 BCE)

Religious beliefs clearly predate writing, and both archaeological evidence and studies of more recent nonliterate cultures around the world indicate that concepts of the supernatural pervaded all aspects of life: hunting, planting, sexual intercourse, birth, death, and natural occurrences such as eclipses, comets, or rainbows, all had religious meaning. Special rituals attached to these events involved men and women, but generally not on an equal basis; some rituals excluded women, while others excluded men. In some cultures certain rituals appear to have been conducted by individuals of an indeterminate or mixed gender, such as two-spirit people in North America, the hijras in India, or the bissu in Indonesia. Along with rituals, certain objects came to have a religious function; they were worn, carried, or viewed, and often represented men or women, or male or female spirits and divinities, engaged in various activities.

Interpreting archaeological evidence about the earliest human belief systems is often very difficult. For example, small stone statues of women with enlarged breasts dating from the Paleolithic period (roughly 40,000-8,000 BCE) have been found in many parts of Europe. Such statues, dubbed "Venus figures," provoke more questions than answers: Are they aids to fertility, carried around by women hoping to have a child – or perhaps hoping not to have another – and then discarded in the household debris where they have been most commonly found? Are they fertility goddesses, evidence of people's beliefs in a powerful female deity? If they are, did this translate into power and authority for real women? (They are one of the sources used for the theory of primitive matriarchy discussed in chapter 1, though images of individual women or female deities are often found in cultures that deny women official religious or other types of authority; the Blessed Virgin Mary, for example, has been one of the most common images in Christianity since the fifth century, though women have until recently been excluded from the priesthood in all Christian denominations.) Or do such images represent the objectification and subordination of women, a conclusion drawn from the fact that many of them have no facial features, with some being little more than sticks with breasts, reminding one of the numerous images of large-breasted women in certain contemporary magazines? If they do, were they carried around by men? Might they have represented different things to different people? Like so much Paleolithic evidence, Venus figurines provide tantalizing evidence about early human cultures, but evidence that is not easy to interpret.

Understanding the gender implications of post-Paleolithic religions that have been transmitted largely through oral tradition may also be quite difficult. Such religions are often labeled shamanism, tribal religions, paganism, traditional religions, or animism, and underlying many of them was a conception of the universe as divided between a visible world of the living and an unseen world of spirits, the gods, and the dead. The unseen world regularly intervened in the visible world, for good and ill, and communicated through messages and revelations sent to spiritually adept individuals or to ordinary people through dreams and portents. Conversely, the actions of dead ancestors, spirits, and gods could be shaped by living people. The rituals and medicines through which shamans and healers operated were often a closely guarded secret, passed down orally from one individual to another, so that it is difficult to gain information about them. Much of our information comes from outsiders who were (and are) hostile to animistic religions, and whose own ideas about gender influenced what they saw and reported. Thus European missionaries and officials in nineteenth-century Africa, for example, paid more attention to traditional religious activities carried out by men and neglected those carried out by women because they assumed male activities were more important, just as they were in their own Christianity.

It may also be misleading to assume that religious activities carried out today or in the recent past are the same as those from centuries or even decades ago. Tradition is far less static than we often think, with new ideas or activities described as "traditional" in order to give them validity and authority. The *zar* cult in North Africa and the Middle East, for example, in which spirits known as *zar* make women ill and can only be tamed by female healers, developed first in the eighteenth century and continues to be very forceful over a wide area today; though it is often labeled "traditional," it grew as a form of religious practice for women only at about the same time that Islam began to provide more public worship opportunities for men, and some analysts see the two as clearly related.

Despite great variety, in terms of gender traditional religions often exhibit certain similarities, particularly in contrast to text-based religions. The power to communicate with and influence the spirits is generally regarded as a natural gift rather than something obtained through formal education or a position in a hierarchy, so that women as well as men in many cultures acted (and continue to act) as spirit mediums, shamans, healers, or other types of religious specialists. The Yoruba of West Africa, for example, understood certain women to have Àjé, strong spiritual power that connected with cosmic creativity and worked as a force for social justice; they brought this power with them when they were taken as slaves to the New World and used it in harming and healing rituals. Communication with the unseen world was sometimes done through group activities, which could serve as a source of power for participants. Among the Anlo of what is now Ghana, for example, young women joined the Nyigbla and later Yewe religious orders because these provided support for their own marital choices and rights to property after marriage.

People judged religious rituals by how well they worked to solve problems or maintain the normal order, and often consulted a number of religious specialists if they had special needs or requests, rather than staying with one individual or one sex. Sometimes spiritual power is even unwanted or opposed by the individual to whom it comes, with the spirits causing demonic possession, visions, or illness over which the shaman had little control. The connection with the spirit world usually gave shamans the ability to do good or evil, with their evil activities labeled black magic or witchcraft by those outside their tradition. Often their powers were related to genderspecific areas of life, such as menstruation, childbirth, coming of age in men and women, or certain work activities, but some shamans were so powerful that they transcended gender roles and could influence the entire spirit world. The more gender-egalitarian nature of animism has made it popular within the last several decades among people who view most text-based religions as hopelessly patriarchal. They have drawn eclectically from a number of sources - Native American and African religions, the pagan deities of Europe (especially the Great Goddess), nondiabolic witchcraft, psychological theory - to create new types of rituals and organizations, often labeled "neopagan" or "New Age." Some of these groups are explicitly feminist or Womanist (a movement which developed among black women), interpreting ambiguous feminine imagery from many traditions in ways that empower women, and many emphasize environmentalism or ongoing revelation or communication with the dead.

In some instances, the followers of shamans regarded their power as offering protection from material as well as spiritual dangers. In 1987, for example, Alice Lakwena, a religious leader called the Messiah by her followers, raised an army called the "Holy Spirit Mobile Forces" which opposed the National Resistance Army of Uganda armed mainly with charms of snake bone, beeswax, and shea nut oil provided by Lakwena. They believed these charms would turn into weapons or provide protection against bullets, following a long line of groups in many religious traditions that have regarded spiritual armor as more important than physical. Because her followers saw her as divinely inspired, the fact that Lakwena was a woman did not affect their loyalty to her, a situation that also shaped people's responses to the fifteenthcentury French mystic and military leader Joan of Arc. Spiritual or divine inspiration could be a source of power for women even in religions with strong formal patriarchal hierarchies, though this was often regarded with skepticism or hostility by those with official religious positions; both Alice Lakwena and Joan of Arc were charged with witchcraft by men who opposed their power.

# Written Religions in the Ancient Near East (from 3000 BCE)

Many of the earliest human records are religious in nature, providing accounts of how the world began, describing the exploits of the gods, and setting up rules for human society. The writing systems of Mesopotamia and Egypt, the first cultures to develop writing, were extremely complex and took many years to learn, so that the ability to write was limited to a very small group of individuals. These individuals often came to have religious authority, and writing was regarded as in some ways a religious activity, recording the deeds of the gods and setting down prayers and hymns. In the cities of Mesopotamia, the temple was also the economic authority, keeping tax records and organizing work along with developing religious institutions; one performed one's religious duties in Mesopotamia through labor as well as honoring the gods. The gods in Mesopotamia and Egypt included both male and female figures, as well as deities that were a combination of human and animal, but the religious personnel were predominantly male.

Some scholars interpret archaeological evidence from the Near East as suggesting that sometime before the development of writing, animistic beliefs in many spirits were replaced by a religion centering on a mother goddess who gave birth to the world. By the time religious documents were written down, however - beginning in the fourth millennium BCE - this account of creation had generally changed to one which emphasized the role of a male deity. In Babylon, this god was Marduk, who created the world by ripping open the body of Tiamat, a goddess with whom Marduk engaged in battle; Babylonian midwives were instructed to retell the story of Marduk to women in labor. For the ancient Israelites, this god was Yahweh - or in the anglicized version, Jehovah - who created the world out of nothing, simply by the power of his own will. This creator god was to be served by male priests who staffed temples and other religious institutions, with women's religious activities taking place predominantly at home and focused on rituals associated with family events, life passages such as birth and death, and healing.

Though the religion of the Israelites – Judaism – was similar to those of other Near Eastern groups in its male god and priests, in other ways it was very different. Yahweh is a single god, not surrounded by lesser gods and goddesses; there is thus no female divinity, though occasionally aspects of God are described in feminine terms, such as Sophia, the wisdom of God. Though Yahweh is conceptualized as masculine, he did not have sexual relations like Mesopotamian, Egyptian, or Greek male deities did, so that his masculinity was spiritualized, and human sexual relations were a source of ritual impurity. Despite this, sex itself was basically good because it was part of Yahweh's creation, and the bearing of children was seen in some ways as a religious function. In the codes of conduct written down in the Hebrew Bible or Tanakh - which Christians adopted and later termed the "Old Testament" to parallel specific Christian writings termed the "New Testament" - sex between a married woman and a man not her husband was termed an "abomination," as were incest, bestiality, and sex between men. Men were free to have sexual relations with concubines, servants, and slaves, along with their wives, though a woman's having many lovers - the usual word in English translations of Hebrew Scripture is "harlotry" – was often used as a metaphor for the Jewish people's turning away from their single god to worship numerous other deities (e.g., Leviticus 20.5-6; Jeremiah 3). The possibility of divorce was also genderspecific: a man could divorce his wife unilaterally (though community norms frowned on divorce for frivolous reasons) while a wife could not divorce her husband, even for desertion. In general Judaism frowned on celibacy - "chastity" is defined in Jewish law as refraining from illicit sexual activities, not from sex itself - and almost all major Jewish thinkers and rabbis were married.

Religious leaders were important in Judaism, but not as important as the written texts which they interpreted; these texts came to be regarded as the word of Yahweh and thus had a status other writings did not. The most important task for observant Jews was studying religious texts, an activity limited to men until the twentieth century. Women were obliged to provide for men's physical needs so that they could study, which often meant that Jewish women were more active economically than their contemporaries of other religions; their religious rituals tended to center on the home, while men's centered on the temple. This reverence for a particular text or group of texts was passed down from Judaism to the other Western monotheistic religions which grew from it, Christianity and Islam, which gave (and give) the statements about gender in these texts particular power. Those statements have been interpreted in various ways, however, and since the 1970s some branches of Judaism have accepted female rabbis and teachers, changed the language of services somewhat, and developed new rituals. Women are increasingly active as interpreters of religious texts in the more liberal branches of Judaism, and there is enormous variation within contemporary Judaism in terms of gender roles.

## Confucianism and Taoism (from 600 BCE)

China and India developed writing systems shortly after the ancient Near East, and ideas about the relationship between gender and the social order are also central in these. In China, the philosophical system known as Confucianism was theoretically begun by Confucius in the fifth century BCE, but built on earlier Chinese ideas and traditions and continued to develop and change for many centuries; it became the predominant intellectual force in China by the Han dynasty (ca. 200 BCE-ca. 200 CE) and continues to have strong influence today. Confucianism is often termed a "religion," but it does not include specific notions of the deity that adherents must accept; instead its core is a series of ideas about the cosmic order and the parallel human order. The cosmic order is based on the relationship between Heaven and earth, a hierarchical one in which Heaven (normally capitalized in Confucianism in the same way that God and Allah are capitalized in Christianity and Islam) is the superior, creative element and earth the inferior receptive one; both elements are necessary, however, and harmony and order depend on the balance between the two. This balance came to be expressed also as the balance between yin and yang, with vin representing that which was dark, moist, earthly, receptive, yielding, and female and yang that which was light, dry, active, strong, heavenly, and male.

Proper human relationships were those that were modeled on those of the Heaven and earth, hierarchical and orderly. One of these was the relationship between a man and a woman, especially one which created human life, which was viewed as fundamentally good in Confucianism. This relationship created the family, which was thus regarded as sacred; there were no priests or special houses of worship in Confucianism, so the most important religious rituals were domestic ones. All aspects of family relationships had proper etiquette and rituals attached, which became more elaborate over the centuries and were recorded in books forming the basis of Confucian teachings, the Five Classics (of which the oldest and best known is the I Ching, or Book of Changes); these teachings formed the basic moral precepts in which children and adults were socialized for centuries in China, and continued to be important even for those who accepted another religious system, such as Taoism, Buddhism, or even Christianity.

Women's position corresponded to that of earth in the cosmic order, and women were expected to be subordinate and deferent; these expectations were codified as the "three obediences" to which women were subject – to her father as a daughter, to her husband as a wife, and to her son as a widow. (A few contemporary Confucian intellectuals view the three obediences as originating outside Confucian teachings, but for millennia they have been generally regarded as a central part of Confucian ideology for women.) The Chinese character for "wife" showed a woman with a broom, and the ultimate goal for women was to be regarded as a "Treasure of the House"; the ultimate goal for men was to become a sage, a highly educated and wise individual who, in Confucius's words, "seeks also to enlarge others," that is to serve the broader political order.

The three obediences would seem to place women clearly under the authority of men, but Confucianism also stressed filial piety, which meant honoring one's mother as well as one's father, and a clear hierarchy of age; both of these mitigated the gender hierarchy somewhat. In addition, ancestor veneration, though carried out largely by men, honored female ancestors – at least those who had given birth to sons – along with male. The yin–yang relationship is hierarchical, but both parts are essential to cosmic order, and, as the symbol was elaborated, both parts contain the embryo of the other part within them.

The vin-yang symbol and its notions of male-female complementarity were also part of the other major philosophical-religious system of classical China, Taoism. Like Confucianism, Taoism is viewed as the creation of one man, Laozi, who may not be a historical person, but builds on earlier Chinese traditions, in this case widespread beliefs about spirits and magic; some Taoism is more philosophical and scholarly, and some more religious and spiritual. In Taoism, following nature is seen as the way to happiness, with passivity and motherly love often described as ideals; the way of nature, called the Tao, is often described as the womb of creation, and other feminine imagery occurs regularly in Taoist poetry, as does androgynous imagery that talks about balancing masculine and feminine qualities. Sexuality and the body are viewed positively, with no taboos attached to either menstrual blood or semen, and rituals developed that included sexual techniques as part of meditation for both men and women; sexual handbooks were frequently part of a bride's trousseau on marriage. Taoism encompassed a huge range of practices and beliefs and incorporated many rituals and ideas from Chinese folk religion, such as shamanism, divination, astrology, and exorcism, which caused it to be generally denigrated by official historians, who were mainly Confucian. There appear to have been a number of women among its leaders and those who attained the highest levels of meditation, which may also explain why it was frowned upon by court chroniclers.

It may be wrong to separate Confucianism and Taoism, for they shared many ideas and many people followed both of them; in terms of gender structures, it may be best to see them as two ends of a spectrum, with Confucianism emphasizing the hierarchy in male/female relationships, and Taoism the complementarity. Both of them viewed the family and children as central to human life, so that religions which viewed celibacy and chastity as positive were regarded with some suspicion.

## Hinduism and Buddhism (from 600 BCE)

In India as well as China, gender structures developed in the classical era that lasted for millennia, and which were shaped to a great degree by religious and intellectual systems. In the Brahminic system, which combined with older and local religious and spiritual ideas to form the complex religion later termed Hinduism, the four purposes of life are held to be piety (*dharma*), prosperity (*artha*), pleasure (*kama*), and liberation (*moksha*). The family was viewed as the central setting for the accomplishment of the first three of these goals, and the three purposes of marriage – religious duties, progeny, and sexual pleasure – derived directly from them. Marriage made one fully adult, and all men and women were expected to marry.

Because Hinduism is the synthesis of many traditions, it often contains conflicting ideas about gender hierarchy, with some structures and ideas clearly placing women in an inferior position, others stressing the complementarity of men and women, and others valorizing women and the feminine. The normal life-cycle of a person from one of the upper castes, particularly from the highest caste, the Brahmins, marked women as inferior. When a boy in one of the three upper castes reached the age of about 8 or 12, he went through a ceremony giving him the sacred thread to wear over his shoulders, marking him as one of the "twice born." (This ceremony is still of great significance for orthodox Hindus.) With this, especially if he was a Brahmin, he began a period of study during which he memorized sacred texts and learned rituals, often studying with an individual teacher, or guru, or at one of the brahmanic universities that were established during the classical period. At the end of this, generally when he was in his twenties, came another ceremony indicating his adult status. At this point he was expected to marry quickly, taking a wife chosen for him by his family or a matchmaker who was often much vounger than he was. They began having children as soon as possible - 10 was regarded as ideal - and he joined, or, if his father had died, led the religious rituals that linked him with past and future male members of his family. After his own children had reached adulthood, he might choose a life as a monk or ascetic, leaving his wife so that he could concentrate on spiritual concerns. On death, if he had lived his life according to proper moral precepts, he would be rewarded with a favorable rebirth, or perhaps achieve or attain *moksha*, the state of liberation, bliss and awareness that freed one from the cycle of birth and death.

By contrast, a girl in the upper castes did not receive a sacred thread, or go through a period of studying sacred texts. During the Vedic age, 1200– 600 BCE, women appear to have been able to study and a few highly educated women are mentioned in the sacred texts known as the Upanishads, such as the philosopher Gargi who engaged in a debate about the True Self. In later centuries service to her husband was to replace education for brahmin women, so that while her brothers were off studying, a brahmin girl learned housekeeping and domestic religious rituals. Her entry into adulthood was marked by marriage, not by a separate ceremony, which generally occurred at a much younger age than that of her brothers – in her teens or even earlier. She then went to live with her husband's family, and heard the names of his ancestors, not hers, recited in religious ceremonies; if she was a brahmin, she was instructed to worship her husband as if he were a god, making and serving him all of his food so that it was pure enough, entertaining him, and demonstrating her devotion.

At the end of her life she could expect a period of widowhood, which might be quite long given the disparity in normal ages at marriage for men and women, a dismal time during which she was considered inauspicious, i.e., unlucky, and so not welcome at family festivities or rituals. (During the course of her marriage, she probably performed special rituals designed to prolong the life of her husband, as well as those during the third month of each pregnancy to secure the birth of a son.) Becoming a monk or an ascetic was not an option, for such individuals lived and traveled alone, which was seen as inappropriate for women. Like the male members of her family, after death she could hope for a favorable rebirth, which might include being reborn as a man. As in China, women's life-cycle was described as a series of relationships of obedience. One of the articles of the Laws of Manu, compiled between 200 and 400 CE, states: "In childhood a female must be subject to her father, in youth to her husband, and when her lord is dead, to her sons; a woman must never be independent." Restrictions on widows became harsher in the period after about 1000 CE, and the bleak situation still faced by many widows is currently being criticized by women's rights advocates in India. Among some subcastes in particular regions of India, the practice of sati, a widow's self-immolation on her husband's funeral pyre, became a praiseworthy alternative to dismal widowhood. The origins of sati (which means "good wife") are unclear and hotly debated, and it was rarely a common practice, though occasional reports of voluntary and involuntary sati continue today. Reports of the killing of young wives because their families are slow or remiss in making dowry payments are more numerous, and dowry deaths, along with the status of widows, are a central concern of Indian feminists.

In many ways women clearly have a secondary status within Hinduism, but there are also traditions that stress the power of women. Many of the Hindu deities are goddesses, who range from beneficent life-givers like Devi or Ganga to faithful spouses like Parvati or Radha to fierce destroyers like Kali or Durga, and may have been viewed as empowering by women. Women also performed religious rituals either on their own or with their husbands, the latter particularly important during the Vedic period when the most important rituals required the participation of a married couple. Beginning in the eighth century CE, women were active in the bhakti movements, popular devotional movements which stressed intense mystical experiences focusing on a single god rather than asceticism or scholarship and which became the most widespread form of Hinduism because they were open to everyone, regardless of caste.

Buddhism rejected certain aspects of Hindu teachings about men and women, but it also accepted others; like Hinduism, it incorporated many ideas and traditions, some of them contradictory, and later split into different branches with different emphases. Buddhism originated in the teachings of the Indian prince Siddhartha Gautama (566–486 BCE), called the Buddha ("awakened one"), who taught that the best way of life is one of moderation and meditation, a rejection of worldly concerns and a search for enlightenment. In theory, the Buddhist path to enlightenment (nirvana or nibbana) is open to all regardless of sex or caste; one needs simply to rid oneself of all desires, which may be accomplished progressively through a series of deaths and rebirths. Gender differences are part of the world that keeps one from enlightenment and not part of the true nature of existence. Such egalitarianism conflicted with other teachings, however, for women were also viewed as a dangerous threat to men's achieving enlightenment and in some writings were regarded as not capable of achieving enlightenment unless they first became men. Many Buddhist texts view the feminine as horrific, encouraging those who would achieve enlightenment to meditate on images of women's diseased, dving, or dead bodies in order to cultivate detachment from desire.

The conflict between these two notions emerged during the Buddha's lifetime. The Buddha taught that renouncing the world in favor of the life of a monk or nun made one spiritually superior, and women wanted him to form an order of nuns to offer women the same opportunities for withdrawal from the world that his order of monks (the sangha) had for men. According to Buddhist tradition, the Buddha hesitated a long time, and finally established an order for nuns, but gave them special rules that stressed their subordinate status to monks and placed them clearly under male control. Despite these restrictions, women eagerly joined this new type of religious life, and during the first centuries of Buddhism nuns often sponsored large building projects and made donations for spiritual causes.

Buddhism spread in all directions from northern India, and split into a number of branches. In the first century CE, a series of movements centered around new scriptures arose, calling themselves the Mahayana ("Greater Vehicle"); these became predominant in Tibet, China, Korea, Vietnam, and Japan. (Buddhism disappeared in its homeland of India after about 1200 CE as people returned to Hinduism or adopted Islam.) In Mahayana Buddhism, the ultimate religious ideal is to become a buddha, and multiple buddhas can exist at one time. Those on the Buddhist path are termed *bodhisattvas*, who were also expected to help others on their own paths. In the other major division of Buddhism, Theravada ("Way of the Elders"), which centered in Sri Lanka and most of Southeast Asia, only one buddha could appear in a cosmic age, so the ultimate religious ideal is the *arhat*, an individual who achieves full enlightenment and is thus freed from material existence and reincarnation. Women and men could become both arhats and boddhisattvas, some of whom are regarded as celestial beings rather than historical persons and are themselves worshipped. Some Mahayana texts suggest, however, that women must be reborn as men before they can become buddhas, and Theravada Buddhists believe that one of the predictions of future buddhahood – a very rare event – is male sex.

Despite the popularity of some female bodhisattvas such as Kuan Yin in China, human women who chose a life of religious devotion as nuns were often regarded with suspicion. The ideal woman in Buddhism - both historically and in sacred texts - was more often a lav woman who supported a community of monks or who assisted men in their spiritual progress rather than a nun. By about the fifth century CE in India, nuns appear to have become much poorer and less popular, with the communities of monks who were regarded as spiritually superior receiving more support. In China, nuns were quite influential during the earliest centuries of the spread of Buddhism, before it was fully established, and Chinese women later established convents in Taiwan, Korea, Japan, and Vietnam. (In fact, convents that trace their history back to Chinese nuns, including several in the United States today, are the only orthodox lineage of fully ordained nuns left in Buddhism.) Convents later lost popularity, however, and the biographies written later about prominent early nuns - a collection called Lives of the Eminent Nuns was edited as early as 516 CE - also transformed them into women who fit better with Confucian ideals. Along with skills in meditation and teaching prized by Buddhists, the Chinese nuns were always portrayed as showing filial piety toward their parents, with their celibacy viewed as a special divine gift, not something that most women could or should emulate. Lives of the Eminent Nuns was written by a male monk, as were most of the other major Buddhist works of history and doctrine, and some scholars have noted that because of its authorship the written record has probably downplayed the role of women and lay people in the development and dissemination of Buddhist teachings. Some contemporary Buddhists are attempting to separate the more egalitarian teachings from their generally misogynist monastic overlay, both to develop a more accurate view of Buddhism in the past and to make their own spiritual lives in the present more satisfying.

Developing new emphases within Buddhism is a well-established pattern. The Chan school of Buddhist thought developed first in sixth-century China and later spread (as Zen) to Japan, while Vajrayana or Tantric Buddhism developed in fifth-century north India and later spread to Tibet. Chan (Zen) Buddhism – which has become increasingly popular in Western cultures since the 1960s – centers on intense meditation under the close guidance of a master teacher, of which a few have been or are currently women. Vajrayana Buddhism (of which the followers of the Dalai Lama are the best-known practitioners) also emphasizes meditation and a close teacher/pupil relationship, and it has elaborate esoteric rituals that are often filled with sexual imagery and practices. Both Zen and Tantra hold out the possibility of full enlightenment – described as achieving buddhahood – in this body and this life for both men and women, without the need for cycles of reincarnation. It has always been easier for men to reject the expected path of marriage and family in order to seek such enlightenment, however, and male teachers continue to predominate in both groups.

#### Christianity (from 30 CE)

The mixed messages about the relative value of men and women found in Buddhism may also be found in Christianity, which is based on the teachings of Jesus of Nazareth, called the Christ (a Greek translation of the Hebrew word Messiah meaning "anointed one"), who was apparently executed by the Romans about 30 CE and is believed by Christians to have been resurrected from the dead three days later. Jesus' teachings and life story are recorded in the first four books of the New Testament, called the Gospels, written several decades after his death. Women figure prominently in the Gospels, listening to and speaking with Jesus; in two of the Gospels (Mark and Matthew) they are the first to see Jesus after his resurrection and were told to give the good news (which is what the word "Gospel" means) to his other followers.

Women took an active role in the spread of Christianity, preaching, acting as missionaries, and being martyred alongside men. Early Christians expected Jesus to return to earth again very soon, and so taught that one should concentrate on this Second Coming. Because of this, marriage and normal family life should be abandoned, and Christians should depend on their new spiritual family of cobelievers; early Christians often met in people's homes and called each other brother and sister, a metaphorical use of family terms that was new to the Roman Empire in which Christianity developed. This made Christians seem dangerous to many Romans, especially when becoming Christian actually led some young people to avoid marriage, viewed by Romans as the foundation of society and the proper patriarchal order.

Not all Christian teachings about gender were radical, however. Many of Jesus' early followers, particularly the Apostle Paul whose letters make up a

major part of the New Testament, had ambivalent ideas about women's proper role in the church, and began in the first century CE to place restrictions on female believers. Paul and later writers forbade women to preach, and women were gradually excluded from holding official positions within Christianity. Both Jewish and classical Mediterranean culture viewed female subordination as natural and proper, so that in limiting the activities of female believers Christianity was following well-established patterns, in the same way that it patterned its official hierarchy after that of the Roman Empire.

Some of Christianity's most radical teachings about gender also came to have negative consequences for women. In its first centuries, some women embraced the ideal of virginity and either singly or in communities declared themselves "virgins in the service of Christ." Many church leaders were uncomfortable with such a clear rejection of Roman family models, particularly as they were attempting to make Christianity more socially acceptable. They asserted that women who chose a life of virginity were not to use this as a reason for escaping the normal restrictions on women. Some of these leaders also advocated a life of virginity for men, but this led to a strong streak of misogyny in their writings, for they saw women and female sexuality as the chief obstacles to this preferred existence; because they wrote far more than women and their writings were preserved, their opinions came to be much more influential than those of the women who chose virginity. The most important theologian in the western Christian Church, St Augustine, linked sexuality clearly with sin by viewing sexual desire as the result of disobedience to divine instructions by Adam and Eve, the first humans. The tendency to sin was passed down, in Augustine's opinion, through sexual intercourse, so that even infants were tainted with this Original Sin. Christian Scripture offered positive comments about marriage and procreation – Jesus himself had blessed a wedding with a miracle - so that Augustine could not reject them completely, but he and later Christian writers clearly regarded virginity as the preferred state of existence and particularly condemned any sexual activity which could not lead to children, such as homosexual acts or masturbation.

Christianity became the official religion of the Roman Empire in the fourth century, and gradually spread throughout all of Europe and the Mediterranean. As was the case with Buddhism, women were often active in spreading Christian ideas, especially within their own families, and women's monastic communities were under the leadership of female abbesses; Jesus' mother Mary became an important figure of devotion, as did female as well as male saints. Outside of women's monasteries, however, all Christian officials were men, who were increasingly expected to follow a distinctive lifepattern, though this differed slightly in the two branches of the Christian Church, the Orthodox Church of eastern Europe and the Roman (Catholic) Church of western Europe. In eastern Europe, married men could become priests, though a man who was unmarried when ordained as a priest was expected to remain unmarried and married priests could not move up the church hierarchy and become bishops. In the twelfth century, church councils in the Roman Church forbade all priests to marry and declared marriages which did exist invalid, driving priests' wives and children from their homes; at the same time it condemned homosexual activities more sharply. The policy of clerical celibacy proved difficult to enforce, and for centuries priests and higher officials simply took concubines. (Though in doing this they were technically "celibate," a word that actually means "not married" rather than "chaste.")

In the thirteenth century, church councils expanded the power of priests, decreeing that they had the power to absolve sins through confession and to change bread and wine into the body and blood of Christ to be consumed by believers during the Eucharist, the central ritual of Christianity (a transformation termed "transubstantiation"). Thus priests, who were all male, had powers that no woman (or nonordained man, including kings) had, a situation that continues to today within Roman Catholicism. The special powers of the priest make the conflict over the ordination of women especially heated within Roman Catholicism, with many observers predicting that the Catholic Church will admit married men as priests long before it accepts women. (Such admittance actually began in 2009, when the Catholic Church agreed to accept traditionalist Anglicans, including their married priests, who had left the Anglican Church because of its acceptance of women and openly gay men as priests.)

Clerical celibacy was rejected by the religious leaders in western Europe who broke with the Catholic Church in the sixteenth century and eventually formed their own churches, later labeled Protestant. Protestant denominations - Lutheran, Anglican, Calvinist, and later Methodist, Baptist, and many others – differed on many points of doctrine, but they agreed that the clergy should be married heads of household and that monastic life had no value. Thus there was no separate religious vocation open to women, who were urged to express their devotion within the family as "helpmeet" to their husband and guide to their children. Protestantism proclaimed family life as the ideal for all men and women, and unmarried people of both sexes were increasingly suspect. This ideal was communicated to people through sermons and printed books (the printing press was invented in Germany shortly before the Protestant Reformation), and the Catholic Church responded by promoting its own promarriage literature, some of which predated the Protestant Reformation. Scholars differ sharply about the impact of Protestantism; some see it as elevating the status of most women in its praise of marriage, others see it as limiting women by denying them the opportunity for education and independence in monasteries and stressing wifely obedience, and still others see it as having little impact, with its stress on marriage a response to economic and social changes that had already occurred, and not a cause of those changes.

At about the same time as the Protestant Reformation, European Christians - both Protestants and Catholics - became increasingly concerned about witches in their midst. They combined traditional ideas about witchcraft found in almost all cultures – that witches are individuals who use their connection with the spirit world to do harm – with specifically Christian ideas - that witches are individuals who make pacts with the Devil and do his bidding. Especially in central and northern Europe, this combination led to the interrogation and trial of many people, and the execution of perhaps 50,000 to 100,000 individuals. The gender balance varied in different parts of Europe, but in Europe as a whole about 80 percent of those questioned, tried, and executed for witchcraft after 1500 were women. The reasons for this are complex: women were viewed as weaker and so more likely to give in to the Devil's charms or use scolding and cursing to get what they wanted; they had more contact with areas of life in which bad things happened unexpectedly, such as preparing food or caring for new mothers, children, and animals; they were associated with nature, disorder, and the body, all of which were linked with the demonic. Europeans took their notions of witchcraft with them to the New World; a few people, most of them women, were executed for witchcraft in the European colonies in North America, and in the Andean region of South America, older native women who had fled to mountainous areas and refused to become Christians were charged with witchcraft and idolatry. Some European thinkers even blamed witchcraft on the explorations, asserting that demons had decided to return to Europe from the Americas once Christian missionaries were there, and so were possessing and seducing many more people than they had in the Middle Ages.

Since the sixteenth century, Protestantism has continued to splinter into more and more groups, with extremely diverse ideas about gender. Some of these, such as the Quakers, allowed women to preach as early as the seventeenth century, while others, such as the Amish, Southern Baptists, and Wisconsin synod Lutherans, continue to view patriarchal leadership as essential. Some Protestant groups developed radically different family forms and sexual patterns: Moravians determined marital partners by a lottery, Shakers saw complete chastity as a way to make men and women equal, Mormons (whose religion is based on the Bible along with other texts) practiced polygamy. In the twentieth century, many Protestants began to term themselves "fundamentalists," downplaying more complicated issues of doctrine and largely supporting a conservative social agenda. In the United States, this came to focus in the 1980s on the issues of abortion, gay rights, prayer in schools, and what were labeled "traditional family values." Fundamentalist groups often broke from the Protestant denominations that had developed in previous centuries to form nondenominational community churches, though some denominations, such as the Baptists, were also largely fundamentalist. At the same time, some Protestant denominations, or individual churches within them, became increasingly liberal on gender issues, allowing not only women but also actively practicing homosexuals as clergy. At the beginning of the twenty-first century, many seminaries in the United States were training more women than men to be pastors, and it is difficult to predict how this will affect Christianity in future.

The Protestant Reformation occurred concurrently with the beginning of European colonization, which took Christianity around the world. Indeed, the conversion of indigenous people was one of the primary justifications for conquering new territories. Christian officials tried to impose European gender patterns – monogamous marriage, male-headed households, limited (or no) divorce - but where these conflicted with existing patterns they were often modified and what emerged was a blend of indigenous and imported practices. Such syncretism typified other aspects of Christian beliefs and practices as well, for conversion was not a single event, but a process in which new beliefs and practices were selectively adopted, blended with existing ones, and openly, unknowingly, or surreptitiously rejected. In some areas, such as the Andes of South America and the Philippines, women had been important leaders in animistic religions, and they were stronger opponents of conversion than were men; this pattern was enhanced by male missionaries' focus on boys and young men in their initial conversion efforts. In other areas, women became fervent Christians, confessing and doing penance for their sins so intensively they harmed their health, and using priests and church courts to oppose their husbands or other male family members.

Most scholars of colonization and imperialism view the activities of Christian authorities and missionaries as leading to a sharpened gender hierarchy, for religious leaders paid little attention to women's activities and either misunderstood or opposed women's power. They were also complicit in the establishment and maintenance of the racial hierarchies we traced in chapter 2, regulating marriage and other types of sexual activities so as to maintain boundaries. In the immediate postcolonial period, Christianity was often rejected as a remnant of the colonial past, but this began to change in the late twentieth century, and the formerly colonial world now has the fastest growing Christian churches, many of them nondenominational and fundamentalist rather than more traditional Catholic or Protestant; in 2010, nearly two-thirds of the world's Christians live outside Europe and North America. These churches are appealing to people whose cultural values are shaped by animism, Hinduism, Buddhism, and various other religions, and the norms they are establishing in regard to gender also draw on many traditions, with churches often deciding individually how they will handle issues such as polygamy, child marriage, remarriage of widows, and other

issues in which local traditions conflict with traditional Christian teachings. Because Christianity is declining in importance in Western society – except for the United States – it is clear that what is regarded as "traditional" in Christianity may also change, and that because of migration, these debates will be played out not only in the former colonies, but in Europe and North America as well.

#### Islam (from 600 CE)

If the interplay between gender and religion is an issue in contemporary Christianity, it is even more of an issue in contemporary Islam, and all sides draw on history to buttress their position. The debates always go back to the very beginning of Islam, which was founded in Arabia by the religious reformer and visionary Muhammad (ca. 570-632 CE). Muhammad's revelations were written down by his followers during his lifetime, and shortly thereafter organized into an authoritative text, the Our'an, regarded by Muslims as the direct words of God to his Prophet Muhammad and therefore especially revered. (These revelations were in Arabic; if Muslims use translations in other languages, they do so alongside the original Arabic.) At the same time, other sayings and accounts of Muhammad, which gave advice on matters which went beyond the Our'an, were collected into books termed Hadith, which are second only to the Qur'an in authority. In these works, marriage is recommended for everyone, heterosexual sex is approved for both procreation and pleasure, and homosexual acts are condemned; the emphasis on marriage has meant that unmarried men are not accepted as teachers, judges, or religious leaders in traditional Muslim societies, and that men who are attracted to other men often marry and have children as well.

Many scholars note that the Qur'an holds men and women to be fully equal in God's eyes; both are capable of going to heaven and responsible for carrying out the duties of believers for themselves. They argue that restrictions on women under Islam came from pre-Muslim practices and are thus not essential to the faith; men veiled their wives on marriage, for example, as early as the third millennium BCE in the Tigris and Euphrates valleys (present-day Iraq). They note that Muhammad's first wife, Khadijah, convinced him to take his religious visions seriously; she was never veiled and the Prophet did not marry other wives until after her death. Other scholars point out that the Qur'an does make clear distinctions between men and women; it allows men to have up to four wives and to divorce a wife quite easily, sets a daughter's share of inheritance at half that of a son's, and orders that the Prophet's later wives be secluded.

Debates about how to interpret the Qur'an are extremely important in Islam because of the book's special stature, but gender structures also have other bases, including religious law - the shari'a - which is regarded as having divine authority. Though women played a major role in the early development of Islam – as they had in Christianity – and appear to have prayed and attended religious ceremonies in public, after the first generation the seclusion of women became an official part of the shari'a. Men are to fulfill their religious obligations publicly, at mosques and other communal gatherings, and women in the home, though they generally have access to a separate section of the mosque unless they are ritually unclean (because of menstruation or childbirth). The shari'a views marriage as a reciprocal relationship in which the husband provides support in exchange for the wife's obedience; this support is to continue - at least in theory - even if he divorces her. Along with the shari'a, the words of religious leaders - termed mullas or *imams* – carried (and continue to carry) great weight, particularly among the branch of Islam termed Shi'ite, which regards Muhammad's cousin and son-in-law Ali to have been designated by the Prophet as the first such divinely inspired imam. The statements of a mulla on such issues as proper clothing for women, the treatment of law-breakers, or the guardianship of children after divorce often shaped gender on a day-to-day basis more than the words of the Our'an or the shari'a on which they are based.

Islam spread quickly throughout northern Africa and the Near East in the century after Muhammad, and then more slowly to other parts of Asia, Africa, and Europe. Intermarriage between Arab traders and local women was often essential to its growth, with women providing access to economic and political power through their kin networks and serving as brokers between indigenous and imported cultures. Islamic law and practices mixed with existing traditions, creating a broad range of marital practices, rituals, and norms of behavior for men and women. A few cultures, such as the Tuareg in western Sudan, adopted Islam without veiling women, but in general by the fourteenth century, Muslim women were veiled. By this time as well the tradition developed that mentioning a woman's name dishonored her, so that men referred to their own wives simply as "my home" or "the weak one." In India, both Islam and a stricter Hinduism favored the seclusion of women - termed *purdah* - although the strictness and exact rules of this varied according to social status and location; wealthy urban women were generally the most secluded, while poor rural women - the vast majority of the population - worked alongside male family members.

Recent research has indicated, however, that even wealthy women may have been more active economically and legally than the rules of seclusion suggested, particularly in the large area controlled by the Ottoman Turks who conquered Arab lands and much of southeastern Europe in the early sixteenth century. Islamic law grants women less inheritance than their brothers, but this remains theirs and does not pass to their husbands upon marriage as it did in most Christian societies until the mid-nineteenth century. Thus wealthy Muslim women often used their money to establish schools, hospitals, or mosques, invested it in business activities, or passed it on to their female relatives. In addition, women of the lower classes often developed their own rituals within a Muslim framework centered on the home; Iranian Shi-ite women, for example, practiced a food ritual called *Sofreh* designed to establish connections with Muhammad's daughter Fatima and other female saints. (Saints in Islam do not go through a formal process of canonization as they do in Christianity, but are recognized because of miraculous deeds or post-mortem communications with the living; some saints are venerated over a wide area and others only locally.) Women in Saudi Arabia served as spiritual healers and developed their own religious rituals when they were excluded from the sacred precincts of the mosque with the spread of conservative Wahhabist Islam. In some areas, such as in China during the Qing dynasty (1644–1911), Muslim women even had their own mosques and female religious leaders.

Women often combined (and continue to combine) animistic and Muslim beliefs in rituals to ward off evil spirits and invoke the assistance of both good spirits and Muslim saints; religious officials denigrate such practices and periodically attempt to prohibit them, but both men and women who consider themselves good Muslims believe firmly in their efficacy. For many centuries women and men have also been attracted to Sufism, a mystical movement within Islam that emphasizes direct union with God.

During the nineteenth and twentieth centuries, the Muslim world was part of the process of colonialism and anticolonialism that will be discussed in more detail in chapter 5. Particularly in countries such as Egypt and Turkey intent on modernization, men and women debated the extent to which the shari'a could be reformed to allow greater gender equality in such issues as divorce and inheritance, or whether women's liberation inevitably meant a weakening of Islam. In some countries, reform-minded women, usually of the urban middle classes, adopted Western dress and began to attend universities in the early twentieth century; both women and men were active as demonstrators, organizers, and even fighters in the twentiethcentury nationalist movements in the Islamic world and a few legal reforms were enacted. During the 1970s and 1980s, many of these reforms were revoked as more conservative religious leaders gained power in many Muslim countries, most prominently Iran. This movement of fundamentalist activism within Islam has made a conservative view of gender a primary symbol of Islamic purity against Western cultural imperialism and commercialism; it has proven attractive not only to men, but to women who view it as providing them with greater security, and affirming their social, moral, and religious values. Muslim women in many parts of the world have adopted the veil or other types of covering dress as a way to work or travel outside the home without being subject to male harassment. They regard Muslim dress as a means of empowering themselves, while others – both Muslims and non-Muslims – have viewed it as an example of women's oppression. As with other types of religious symbols involving gender, the veil clearly has multiple meanings that vary with the individual and with the political setting.

In addition to the religious traditions discussed here, there have been and continue to be many others around the world: state religions that no longer exist such as those of the Aztecs, Incas, or Romans; state religions that continue to exist, such as Shinto in Japan; South Asian religions that developed concurrently with Hinduism, such as Jainism, or later, such as Sikhism; religions that seek to unite all world religions, such as the Bahá'í faith; religions that center on more recent charismatic leaders and their ideas, such as the Mormons, Christian Scientists, or Unification Church. Originally many of these religions were highly localized, but with steadily increasing migration of people throughout the world, adherents now often live next door to one another. Some of these other religions, and many groups within the major world religions discussed in this chapter, are also very successful in their conversion efforts. In contrast to native language, skin color, or ethnic background, religious adherence is to some degree changeable and chosen, with converts often the most vocal advocates for their new faith. Thus the contemporary religious picture is very complex, with variety and conflicts within groups and among them, some of which are the basis for civil wars and other types of violence.

Every religious tradition has ideas about proper gender relations and the relative value of the devotion and worship of male and female adherents; every one stipulates or suggests rules for the way men and women are to act. In many, however, these messages are contradictory and ambiguous, with adherents often able to find support for their own views within them. Thus within most religions there is a fundamentalist wing, advocating stronger gender distinctions and hierarchy, and a more liberal wing, advocating greater gender egalitarianism. At the end of the twentieth century, fundamentalism was more politically and socially powerful within Christianity, Hinduism, and Islam, with advocates of patriarchal gender relations sometimes uniting across faiths. Catholic and Muslim delegates at the Fourth United Nations Congress on Women in Beijing in 1995, for example, joined together in opposition to provisions on reproductive rights, sexuality, and women's health. The gender implications of this fundamentalism also evoked strong criticism, however, and more liberal adherents of many faiths searched their texts and traditions for less restrictive messages, finding in them ethical grounds for women's liberation. The ultimate outcome of these developments is, of course, uncertain, but it is clear that religion will continue to be one of the strongest shapers of gender structures in the future, as it has been in the past.

#### Further Reading

Collections of articles are a good place to begin, for they allow you both to look closely at one religious tradition and to make comparisons. Arvind Sharma has edited four excellent collections, Women in World Religions, Religion and Women, Today's Woman in World Religions, and Feminism and World Religions (Albany: State University of New York Press, 1987, 1993, 1994, 1999), which cover women's roles in many of the world's religions in both past and present; many of the essays are written by scholars from within the tradition they discuss. This is also true of Arlene Swidler, ed., Homosexuality and World Religions (Valley Forge, PA: Trinity Press International, 1993). Other useful collections include Yvonne Yazbeck Haddad and Ellison Banks Findly, eds., Women, Religion and Social Change (Albany: State University of New York Press, 1985); Clarissa W. Atkinson et al., eds., Immaculate and Powerful: The Female in Sacred Image and Social Reality (Boston: Beacon Press, 1985); Caroline Walker Bynum et al., eds., Gender and Religion: On the Complexity of Symbols (Boston: Beacon Press, 1986); Ursula King, ed., Feminist Theology from the Third World: A Reader (Maryknoll, NY: Orbis, 1994); Stephen B. Boyd et al., eds., Redeeming Men: Religion and Masculinities (Louisville, KY: Westminster/John Knox, 1996); Gary David Comstock and Susan E. Henking, eds., *Que(e)rying Religion: A Critical Anthology* (New York: Continuum, 1997); Nancy A. Falk and Rita M. Gross, Unspoken Worlds: Women's Religious Lives in Non-Western Cultures (2nd edn., San Francisco: Wadsworth, 1999); Stephen Ellingson and M. Christian Green, eds., Religion and Sexuality in Cross-Cultural Perspective (New York: Routledge, 2002); Inger Marie Okkenhaug and Ingvild Flaskerud, eds., Gender, Religion and Change in the Middle East: Two Hundred Years of History (New York: Berg, 2005). Susan Starr Sered, Priestess, Mother, Sacred Sister: Religions Dominated by Women (New York: Oxford University Press, 1994) is a fascinating study of 12 religions currently being practiced that are dominated by women, some of which are over a thousand years old. Serenity Young, ed., An Anthology of Sacred Texts by and about Women (New York: Crossroad, 1993) is a wonderful collection of sources, covering everything from ancient paganism to contemporary voudon, with long selections from the major textbased religions: another fine source book is Shawn Madigan, Mystics, Visionaries and Prophets: A Historical Anthology of Women's Spiritual Writings (Philadelphia: Fortress, 1998).

David Leeming and Jake Page, God: Myths of the Male Divine and Goddess: Myths of the Female Divine (Oxford: Oxford University Press, 1996) are two brief overviews of stories about divine figures from prehistory

to the present, while Rosemary Radford Ruether, *Goddesses and the Divine Feminine: A Western Religious History* (Berkeley: University of California Press, 2005) provides a deeper analysis.

The Journal of Feminist Studies in Religion, which began publication in 1984, always contains the most current research, as does the series Gender in World Religions published by the McGill University faculty of religious studies; there are also many websites that discuss gender and religion, though their focus is usually contemporary rather than historical.

#### Animism, shamanism and spiritual healing

Discussions of Paleolithic animism may be found in the works on the goddess noted in chapter 1. Studies of gender in more recent shamanistic religions include Diane Bell, Daughters of the Dreaming (Sydney: George Allen and Unwin, 1983); Laurel Kendall, Shamans, Housewives, and Other Restless Spirits: Women in Korean Ritual Life (Honolulu: University of Hawaii Press, 1985); I. M. Lewis, Ecstatic Religion: An Anthropological Study of Spirit Possession and Shamanism (2nd edn., Harmondsworth: Penguin Books, 1989); Carol Shepherd McClain, ed., Women as Healers: Cross-Cultural Perspectives (New Brunswick, NJ: Rutgers University Press, 1989); Janice Boddy, Wombs and Alien Spirits: Women, Men, and the Zar Cult in Northern Sudan (Madison: University of Wisconsin Press, 1989); Marla N. Powers, Oglala Women: Myth, Ritual, and Reality (Chicago: University of Chicago Press, 1996); Susan Starr Sered, Women of the Sacred Groves: Divine Priestesses of Okinawa (New York: Oxford University Press, 1999); Teresa N. Washington, Our Mothers, Our Powers, Our Texts: Manifestations of Ajé in Africana Literature (Bloomington: Indiana University Press, 2005). For an analysis of Alice Lakwena's movement, see: Heike Behrend, Alice Lakwena and the Holy Spirits: War in Northern Uganda, 1985–1996 (Athens, OH: Ohio University Press, 2000). Studies of the interaction between animism and Christianity include Ramón A. Gutiérrez, When Jesus Came, the Corn Mothers Went Away: Marriage, Sexuality, and Power in New Mexico, 1500-1846 (Stanford, CA: Stanford University Press, 1991) and Martha Few, Women Who Live Evil Lives: Gender, Religion, and the Politics of Power in Colonial Guatemala (Austin: University of Texas Press, 2002).

Contemporary animism and paganism have been explored in Margot Adler, Drawing Down the Moon: Witches, Druids, Goddess-Worshippers and Other Pagans in America Today (2nd edn., Boston: Beacon Press, 1986); Paula Gunn Allen, The Sacred Hoop: Recovering the Feminine in American Indian Traditions (Boston: Beacon Press, 1986); Carol P. Christ and Judith Plaskow, eds., Weaving the Vision: New Patterns in Feminist Spirituality (New York: Harper and Row, 1989) and Womanspirit Rising: A Feminist Reader in Religion (2nd edn., New York: Harper and Row, 1991).

#### Near Eastern religions

Studies of ancient Near Eastern and Mediterranean mythology all discuss stories of various gods, goddesses, and other mythical figures. For more focused studies, see Mary Lefkowitz, Women in Greek Myth (Baltimore, MD: Johns Hopkins University Press, 1986); Barbara S. Lesko, ed., Women's Earliest Records: From Ancient Egypt and Western Asia (Atlanta, GA: Scholars Press, 1989); Lynn Roller, In Search of God the Mother: The Cult of Anatolian Cybele (Berkeley: University of California Press, 1999); Jamsheed K. Choksy, Evil, Good, and Gender: Facets of the Feminine in Zoroastrian Religious History (New York: Peter Lang, 2002); Susan Guettel Cole, Landscapes, Gender, and Ritual Space: The Ancient Greek Experience (Berkeley: University of California Press, 2004); Maryline Parca and Angeliki Tzanetou, eds., Finding Persephone: Women's Rituals in the Ancient Mediterranean (Bloomington: Indiana University Press, 2007). A fine source collection about women and religion in the ancient world is Ross Kraemer, ed., Maenads, Martyrs, Matrons, Monastics: A Sourcebook on Women's Religions in the Greco-Roman World (Philadelphia: Fortress Press, 1988).

There are, of course, many more analyses of Judaism than of other ancient Near Eastern religions. For two thought-provoking discussions of sexuality in Judaism, see Phyllis Trible, God and the Rhetoric of Sexuality (Philadelphia: Fortress Press, 1978) and Howard Eilberg-Schwartz, God's Phallus (Boston: Beacon Press, 1994). For Jewish law see Jacob Neusner, A History of Mishnaic Law of Women (Leiden: Brill, 1980); Rachel Biale, Women in Jewish Law: An Exploration of Women's Issues in Halakhic Sources (New York: Schocken Books, 1984). For collections that range over a long time period, see Judith Baskin, ed., Jewish Women in Historical Perspective (Detroit: Wayne State University Press, 1991) and Ellen M. Umansky and Diane Ashton, eds., Four Centuries of Jewish Women's Spirituality (Boston: Beacon Press, 1992). Two good studies of gender in medieval Judaism are Tova Rosen, Unveiling Eve: Reading Gender in Medieval Hebrew Literature (Philadelphia: University of Pennsylvania Press, 2003) and Avraham Grossman, Pious and Rebellious: Jewish Women in Medieval Europe, trans. Jonathan Chipman (Lebanon, NH: University Press of New England, 2004). For more recent developments, see Susannah Heschel, On Being a Jewish Feminist: A Reader (New York: Schocken Books, 1983); Judith Plaskow, Standing Again at Sinai: Judaism from a Feminist Perspective (San Francisco: Harper and Row, 1990), and the magazine Lilith, which began publication in the 1970s.

#### Confucianism and Taoism

Discussion of gender in Chinese religions may be found in more general accounts of Chinese culture, such as Margery Wolf and Roxane Witker, Women in Chinese Society (Stanford, CA: Stanford University Press, 1975); Arthur P. Wolf, ed., Religion and Ritual in Chinese Society (Stanford, CA: Stanford University Press, 1974); George A. De Vos and Takao Sofue, Religion and the Family in East Asia (Berkeley: University of California Press, 1984). For more specialized studies, see Edward H. Schaefer, The Divine Woman: Dragon Ladies and Rain Maidens (San Francisco: North Point Press, 1980); Tomas Cleary, ed., Immortal Sisters: Secrets of Taoist Women (Boston: Shambhala, 1989); Chenyang Li, ed., The Sage and the Second Sex: Confucianism, Ethics, and Gender (Peru, IL: Open Court, 2000): Li-Hsiang Lisa Rosenlee, Confucianism and Women: A Philosophical Interpretation (Albany: State University of New York Press, 2006). A good collection of sources is Susan Mann and Yu-Yin Cheng, eds., Under Confucian Eyes: Writings on Gender in Chinese History (Berkeley: University of California Press, 2001).

### South Asian religions

There are several good studies of Hindu goddesses, including David Kinsley, Hindu Goddesses: Visions of the Divine Feminine in the Hindu Religious Tradition (Berkeley: University of California Press, 1986); Kathleen M. Erndl, Victory to the Mother: The Hindu Goddess of Northwest India in Myth, Ritual, and Symbol (Oxford: Oxford University Press, 1993); John S. Hawley and Donna M. Wulff, eds., Devi: Goddesses of India (Berkeley: University of California Press, 1996); Alf Hiltebeikel and Kathleen M. Erndl, eds., Is the Goddess a Feminist? The Politics of South Asian Goddesses (New York: New York University Press, 2000). For studies of actual people, see Lynn Bennett, Dangerous Wives and Sacred Sisters: Social and Symbolic Roles of High-Caste Women in Nepal (New York; Columbia University Press, 1983); William S. Sax, Mountain Goddess: Gender and Politics in a Himalayan Pilgrimage (Oxford: Oxford University Press, 1991); Lindsey Harlan and Paul Courtright, eds., From the Margins of Hindu Marriage: Essays on Gender, Religion, and Culture (Oxford: Oxford University Press, 1994); Stephanie Jamison, Sacrificed Wife/ Sacrificer's Wife: Women, Ritual and Hospitality in Ancient India (Oxford: Oxford University Press, 1996); Andrea Major, ed., Sati: A Historical Anthology (Oxford: Oxford University Press, 2007). For the complex relationship between gender and nationalism in India, see the entire issue of Bulletin of Concerned Asian Scholars, 25:4 (1993), "Women and Religious Nationalism in India."

For gender in historical and contemporary Buddhism, see Diana Paul, Women in Buddhism: Images of the Feminine in the Mahayana Tradition (Berkeley: Asian Humanities Press, 1979); José Ignacio Cabezón, ed., Buddhism, Sexuality and Gender (Albany: State University of New York Press, 1992); Rita Gross, Buddhism after Patriarchy: A Feminist History, Reconstruction, and Analysis of Buddhism (Albany: State University of New York Press, 1993); Miranda Shaw, Passionate Enlightenment: Women in Tantric Buddhism (Princeton, NJ: Princeton University Press, 1994); Liz Wilson, Charming Cadavers: Horrific Figurations of the Feminine in Indian Buddhist Hagiographic Literature (Chicago: University of Chicago Press, 1996); Bernard Faure, The Red Thread: Buddhist Approaches to Sexuality (Princeton, NJ: Princeton University Press, 1998); Karma Lekshe Tsomo, ed., Buddhist Women across Cultures: Realizations (New York: State University of New York Press, 1999); Ellison Banks Findly, ed., Women's Buddhism: Buddhism's Women: Tradition, Revision, Renewal (Boston: Wisdom Press, 2000); Charlene E. Makley, The Violence of Liberation: Gender and Tibetan Buddhist Revival in Post-Mao China (Berkeley: University of California Press, 2007). On gender in Sikhism, see Doris R. Jakobsh, Relocating Gender in Sikh History: Transformation, Meaning and Identity (New York: Oxford University Press, 2005).

#### Christianity

Good essay collections or overviews include Richard L. Greaves, ed., Triumph over Silence: Women in Protestant History (Westport, CT: Greenwood Press, 1985); Sherrin Marshall, ed., Women in Reformation and Counter-Reformation Europe: Public and Private Worlds (Bloomington, Indiana University Press, 1989); Lynda L. Coon et al., eds., That Gentle Strength: Historical Perspectives on Women in Christianity (Charlottesville: University of Virginia Press, 1990); JoAnn Kay McNamara, Sisters in Arms: Catholic Nuns through Two Millennia (Cambridge, MA: Harvard University Press, 1996); R. N. Swanson, Gender and Christian Religion (London: Boydell and Brewer, 1998); Beverly Maine Kienzle and Pamela J. Walker, eds., Women Preachers and Prophets through Two Millennia of Christianity (Berkeley: University of California Press, 1999). For the early church, see Elaine Pagels, Adam, Eve, and the Serpent (New York: Random House, 1988); Peter Brown, The Body and Society: Men, Women and Sexual Renunciation in Early Christianity (New York: Columbia University Press, 1988). For the Middle Ages, see James A. Brundage, Law, Sex, and Christian Society in Medieval Europe (Chicago: University of Chicago Press, 1987); Caroline Walker Bynum, Holy Feast and Holy Fast: The Religious Significance of Food for Medieval Women (Berkeley: University of California Press, 1987); Barbara Newman, From Virile Woman to WomanChrist

(Philadelphia: University of Pennsylvania Press, 1995); Mark D. Jordan, The Invention of Sodomy in Christian Theology (Chicago: University of Chicago Press, 1997); Jane Schulenberg, Forgetful of Their Sex: Female Sanctity and Society, ca. 500-1100 (Chicago: University of Chicago Press, 1998); Katherine L. French, The Good Women of the Parish: Gender and Religion after the Black Death (Philadelphia: University of Pennsylvania Press, 2007). For the early modern period, see Eve Levin, Sex and Society in the World of the Orthodox Slavs, 900-1700 (Ithaca, NY: Cornell University Press. 1989): Lyndal Roper. Oedipus and the Devil: Witchcraft, Sexuality, and Religion in Early Modern Europe (London: Routledge, 1994); Joel Harrington, Reordering Marriage and Society in Reformation Germany (Cambridge: Cambridge University Press, 1995); Leslie J. Lindenauer, Piety and Power: Gender and Religious Culture in the American Colonies, 1630-1700 (New York: Routledge, 2002); Nora E. Jaffary, ed., Gender, Race and Religion in the Colonization of the Americas (Burlington, VT: Ashgate, 2007); Merry E. Wiesner-Hanks, Christianity and Sexuality in the Early Modern World: Regulating Desire, Reforming Practice (2nd edn., London: Routledge, 2010). For the modern period, see Evelyn Brooks Higginbotham, Righteous Discontent: The Women's Movement in the Black Baptist Church, 1880–1920 (Cambridge, MA: Harvard University Press, 1993); Susan Juster and Lisa MacFarlane, eds., A Mighty Baptism: Race, Gender, and the Creation of American Protestantism (Ithaca, NY: Cornell University Press, 1996); Rosemary Radford Ruether, Christianity and the Making of the Modern Family (Boston: Beacon Press, 2000); Aurora G. Morcillo, True Catholic Womanhood: Gender Ideology in Franco's Spain (DeKalb: Northern Illinois University Press, 2000); Doris Buss and Didi Herman, Globalizing Family Values: The Christian Right in International Politics (Minneapolis: University of Minnesota Press, 2003); Eliza F. Kent, Converting Women: Gender and Protestant Christianity in Colonial South India (New York: Oxford University Press, 2004); Cordelia Moyse, A History of the Mothers' Union: Women, Anglicanism and Globalisation, 1876-2008 (London: Boydell and Brewer, 2009).

### Islam

An excellent very brief overview is Judith Tucker, *Gender and Islamic History* (Washington DC, American Historical Association, 1995). Two widely read analyses of the roots of Muslim ideas of gender are Leila Ahmed, *Women and Gender in Islam: Historical Roots of a Modern Debate* (New Haven, CT: Yale University Press, 1992) and Fatima Mernissi, *The Veil and the Male Elite: A Feminist Interpretation of Women's Rights in Islam*, trans. Mary Jo Lakeland (Reading, MA: Addison-Wesley, 1991). More detailed discussions of Islamic law and traditions are M. E. Combs-Schilling, *Sacred* 

Performances: Islam, Sexuality, and Sacrifice (New York: Columbia University Press, 1989); Amire El Azhary Sonbol, ed., Women, the Family and Divorce Laws in Islamic History (Syracuse, NY: Syracuse University Press, 1996); Eleanor Abdella Doumato, Getting God's Ear: Women, Islam, and Healing in Saudi Arabia and the Gulf (New York: Columbia University Press, 2000); Minoo Derayeh, Gender Equality in Iranian History: From Pre-Islamic Times to the Present. (Lewiston, NY: Edwin Mellen, 2006). For recent collections of articles, see Nikki R. Keddie and Beth Baron, eds., Women in Middle Eastern History: Shifting Boundaries in Sex and Gender (New Haven, CT: Yale University Press, 1991); Gavin R.G. Hambly, ed., Women in the Medieval Islamic World: Power, Patronage, and Piety (New York: St Martin's Press, 1998); Sarah Ansari and Vanessa Martin, eds., Women, Religion and Culture in Iran (Richmond, UK: Curzon, 2002); Amira El-Azhary Sonbol, ed., Beyond the Exotic: Women's Histories in Islamic Societies (Syracuse, NY: Syracuse University Press, 2005).

Collections that directly compare religions include Kari Elizabeth Borreson and Kari Vogt, eds., Women's Studies of the Christian and Islamic Traditions: Ancient, Medieval, and Renaissance Foremothers (Dordrecht: Kluwer, 1993); Kristen E. Kvam et al., eds., Eve and Adam: Jewish Christian and Muslim Readings on Genesis and Gender (Bloomington: Indiana University Press, 1999); Jane Bayesm and Nayereh Tohidi, eds., Globalization, Gender, and Religion: The Politics of Women's Rights in Catholic and Muslim Contexts (New York: Palgrave, 2001).

There is a much longer list of selected readings, along with links to original sources, on the website associated with this book: www.wiley.com/go/ wiesnerhanks.

# CHAPTER SIX Political Life

The first histories written anywhere in the world were political, describing the actions of rulers and other leaders, and the relations – often violent – among various political entities. Rulers supported writers who recorded their deeds, and the court chronicles they produced are sometimes the only historical record available for a particular culture. Defining history primarily in terms of political events did not end with the ancient world, of course, but continues to today. If you look at almost any history textbook, you will find the story punctuated and periodized by politics: Chinese and Egyptian history is divided according to dynasties; Roman history divided into Republic and Empire; French, American, and Russian history revolve around a revolution; African and South American history are divided into precolonial, colonial, and postcolonial eras. These long-range political developments are often further subdivided by civil or external wars and the rise and fall of various factions or political parties.

The story of politics and war has generally been told as one involving men only. In some ways this is understandable, for until the nineteenth (and in many areas until the twentieth) century, other than a few rulers and even fewer unusual cases, women did not have a formal political role. They did not hold office, sit in representative institutions, serve as judges, or in any other way participate in formal political institutions. Their absence from political life was matched by an absence from most works of political theory. Authors discussing political rights and obligations rarely mentioned women at all, setting up the male experience as universal and subsuming women's rights under those of the male heads of their household or family. If they did mention women, it was to exclude them. Aristotle's treatise *Politics* famously begins with the line "man is a political animal" and his brief consideration of women (along with slaves and children) as a group to be ruled rather than rule makes it clear he was not including women in this use of "man." This assumption that politics only involves men has recently changed somewhat because of three historiographical trends. The first was a search for women who have exercised power in male-dominated institutions, for women warriors, great queens, mighty empresses, and other "women worthies." This search has uncovered a surprising number of such extraordinary individuals, and also found examples of political systems in which women's power was built into the system.

The second was a broadening of the notion of "politics" to include groups and organizations other than formal institutions of government through which people expressed their opinions and shaped the world around them. Voluntary societies, clubs and associations, interest groups, religious organizations, self-help groups, and charitable foundations are now recognized as important actors in the political story, effecting political change on their own or through their influence on institutions of government. These organizations were also often themselves established and run in ways that are familiar to scholars of politics, with elections, presidents, committees, and so on. Both women and men were active in such groups, with women's participation or leadership a significant factor in their success long before women gained formal political rights.

The third, and most radical change, has been the recognition that anything in a society having to do with power relationships, not simply formal politics or organized groups, is political. Not only are the relationships between king and subject, monarch and parliament now viewed as political, but also those between master and servant, landlord and tenant, father and son, husband and wife. When this power is formally recognized and legitimated, it becomes authority, but even if it is not, it is still power. This newer scholarship has pointed out that considerations of power are always relational, that is, they involve power *over* someone or something, along with power *to* carry out a certain action; thus to be complete, any study of power must pay attention to both the dominant and subordinate individual or group, the hegemonic and the subaltern.

Within this broader notion of politics as power, women have figured on both the dominant and subordinate side. Women had formal authority much less often than men, but they clearly had power: Through the arrangement of marriages, they established ties between influential families; through letters or the spreading of rumors, they shaped networks of opinion; through patronage, they helped or hindered men's political careers; through giving advice and founding institutions, they shaped policy; through participation in riots and disturbances, they demonstrated the weakness of male authority structures. Women's power has also been an important metaphor, usually viewed negatively as a sign of chaos and weakness, but sometimes positively as a symbol of individuals going beyond their normal abilities for the good of the state. Women's actual political subordination is, of course, easy to trace, and the newer political history has begun to explore its metaphorical dimensions. As we discussed in chapter 1, even relationships that do not involve women often describe the dominant individual or group in masculine terms and the subordinate ones as feminized. Nations themselves are given gender characteristics, described as motherlands or fatherlands or female bodies in need of protection, and invasions or imperial conquests described as rapes.

This broader concept of the "political" means that all the chapters in this book have a clear political dimension, because all of them involve relations of power. As we have seen, families and organized religions were (and are) hierarchical structures of power, and for much of the world's history were intimately connected with, or were themselves, the formal institutions of government. As we saw in chapter 4, legitimate authority was often linked actually or metaphorically with fatherhood, and was thus clearly gendered. Similarly, work, education, and law all involved hierarchical power relationships, and in all of these realms gender was used as a way of representing positive and negative qualities. Consideration of the political dimensions of all of these areas would take another whole book, however, so this chapter will retreat somewhat from the broadest conceptualization of politics, and focus on local, territorial, and national structures of authority, and on groups organized to influence and shape those structures.

## Kin Groups, Tribes, and Villages (from 10,000 BCE)

The earliest power structures in human society were kin groups, in which decisions were made at the local level. Within these kin groups, individuals had a variety of identities - they were simultaneously fathers, sons, husbands and brothers, or mothers, daughters, wives and sisters. Each of these identities was relational (parent to child, sibling to sibling, spouse to spouse) and some of them, especially parent to child, gave one power over others. The interweaving of these relationships and their meaning varied from culture to culture, but one's status in one relationship affected one's status in the others, and often changed throughout one's life. A woman's situation as daughter or sister in a specific kin group, for example, shaped her relationship with her husband; her becoming a mother often further altered her status vis-à-vis her husband or other kin group members. A man's relationship with his father and his status in the kin group often changed when he married, and in some areas changed again if he became the father of a son. In many areas, kin groups remained very significant power structures for millennia, and in some areas they still have control over major aspects of life, such as one's choice of a spouse or share of inheritance.

As we discussed in chapter 2, patterns of inheritance, residence, and membership in families and kin groups varied widely around the world, determining whom one reckoned as kin and which specific individuals one had power over or owed obedience to. Kin groups themselves were conceptualized in many areas as parts of tribes or bands or peoples, and this larger unit also had power over its members – it might determine which kin group had claim to which area of land, or whether there would be war with another band. In some areas, membership in a group came to revolve around language and other cultural traditions, what we conceptualize as "ethnicity," and to be enforced by endogamy, that is, by requiring that people marry within the group. Allegiance to an ethnic group continues to be extremely strong in many parts of the world today, of course, and is the source of some of the world's bitterest conflicts, such as those in the former Yugoslavia. (In many formerly colonial areas, divisions and hostilities between ethnic groups were enhanced by European colonial powers, and are not something that has existed for centuries.) Such ethnic allegiances also fed into the construction of national identities in the modern world, with national loyalties described in kin-group terms, as having "French blood" or "German blood."

In areas with agriculture, members of one kin group often settled with members of other groups in villages, which also developed structures of power to make decisions over issues of concern to the village such as which crops would be planted or how disputes among villagers would be settled. These structures varied from autocratic, in which the leader of the most prominent family in the village made all decisions, to democratic, in which decisions were made by vote, to consensual, in which decisions were reached after a long discussion.

Kin, tribal, and village structures of power were almost always gender and age related, and in most parts of the world, adult men had the most power. The leader of a village was often termed the "big man" or some variant of this, and village or tribal councils or voting bodies were made up of adult male heads of household or heads of families. There are some cultures where this was not the case. Among some Native American groups, kin groups were organized matrilineally and residence was matrilocal, so that one's mother's kin were more important than one's father's kin and related women often lived together. Some groups had a tribal council of adult women along with that of adult men, which had power over certain aspects of life, such as marital partners or the fate of prisoners captured from another tribe during warfare. Among the Cherokee, for example, the senior women in the clans were designated Beloved Women or War Women, and had a significant voice in decisions to end warfare. Some African peoples, such as the Igbo of Nigeria, also had separate women's councils that organized aspects of life in which women predominated, such as agricultural production and local trading networks.

The more egalitarian or complementary decision-making structures found in some cultures at the local level have led at times to romanticization, either of village life in general – as a place where the type of power wielded by women mattered – or of those cultures in which women had a formal role in decision-making. This is akin (and sometimes linked) to the search for primitive matriarchy noted in chapter 1, and often involves a rejection of contemporary Western capitalist society and a search for a utopia elsewhere. Those who know village life well in the past and present warn against such romanticization, however, noting that even villages and groups that seem very isolated are usually enmeshed in larger political, economic, and ideological systems, which tend to privilege male power domains and limit women's ability to exert real power in local and family matters. Even in those cultures most often praised for political egalitarianism, such as the Iroquois of northeastern North America, women's decisions often had to be ratified by a group of men or were subject to male review.

Discussions about the history of local gender power relations are often enmeshed in debates about the influence of European colonialism and the sources of contemporary gender inequality, and can be very heated, with all sides creating stereotypes and inventing utopian (or dystopian) pasts. Many aspects of these debates will probably never be resolved, because they revolve around issues of informal power that by their very nature did not leave a written record. Oral traditions can be of some assistance, but these change over time and are themselves, of course, only the part of the story that people chose to remember. Uncertainties about these issues may be one reason that political historians have generally focused on larger-scale political structures, viewing village life as the province for social historians, anthropologists, and folklorists.

## Hereditary Aristocracies (from 3000 BCE)

In much of the world, kin, tribal and village structures of power remained the primary political forces until the nineteenth or twentieth centuries, which has meant these areas have remained outside the purview of most traditional political history. This history has instead explored the largerscale states that developed first in the ancient Middle East and North Africa, and then in India, China, the Mediterranean, Central and South America, and ultimately other parts of the world as well. All of these states developed hierarchies based on hereditary aristocracies. These aristocracies were kin groups themselves, of course, but they claimed authority over other kin groups based on ties with a divine or heroic figure, military prowess, economic dominance, or other distinguishing qualities. (In many areas, hereditary aristocracies predated the development of written records, so that exactly how their authority was first established is not clear; by the time we learn about them, they are already in power.) This authority gave them special rights, privileges, and powers that were handed down from generation to generation, most prominently access to the labor of others. States based on hereditary aristocracies developed at widely different times in different parts of the world, from before the third millennium BCE to the eighteenth century CE. Some are still around today, of course, though the power of their hereditary rulers has often been limited by democratic or constitutional institutions of government.

The growth of hereditary aristocracies and larger-scale state governments affected relations between power and gender in ambiguous and sometimes contradictory ways. In many cases it led to restrictions on women and greater gender differentiation. Because the right to rule was handed down through inheritance, it was extremely important to male elites that the children their wives bore were theirs. Elite women in many state societies were thus increasingly secluded, and strict laws were passed regarding adultery (defined as sex between a man and a married woman not his own wife), which in some cases affected nonelite women as well. Women's own kin connections often became less important than those of their husbands, which made their status more derivative and dependent than it had been in kin groups. These processes varied in their intensity, particularly in the rigidity of their control over female sexuality and their impact on ordinary women. Because they were dependent on the labor of others for their own power, however, hereditary aristocracies throughout the world intervened in the abilities of all kin groups, not simply their own, to make decisions regarding both production and reproduction. Thus both work and childbearing became matters of state and not simply family concern, and village authorities or government officials - almost always male - intervened in issues in which women had previously often had a voice as members of a kin group.

The development of hereditary aristocracies did not uniformly limit women's power and status, however, but increased those of a small group of women and occasionally gave them legitimately sanctioned authority. Among the aristocracy itself, men were generally regarded as having more rights and power by virtue of their gender, but women were not completely excluded, and they could and did rule from time to time, from ancient Egypt to contemporary Britain. In fact, membership in an elite family has continued to give women the opportunity for power in states that are officially democratic; Indira Gandhi in India and Benazir Bhutto in Pakistan, for example, followed in the footsteps of their fathers Jawaharlal Nehru and Zulfikar Bhutto and were elected as prime minister. (Indira's son Rajiv continued the family tradition after his mother was assassinated; after his own assassination, his wife, Sonya, who is actually Italian, and his daughter Priyanka, became significant political forces in India. Priyanka is described by her supporters as an avatar, or reincarnation and embodiment, of her grandmother Indira.)

The world's earliest recorded histories all mention a few powerful women among their long lists of male rulers, generals, and leaders. In Egypt, kingship linked with divinity, and the ruler - who was eventually called the pharaoh - was regarded as divine. This divine force was found in all members of the pharaoh's family, and rulers or rulers-to-be occasionally married their sisters or other close relatives in order to increase the amount of divinity in the royal household. Whether or not they were sisters of the pharaoh, some Egyptian queens, such as Nefertiti in the first half of the fourteenth century BCE, wielded real power, particularly over religious institutions. There were several female pharaohs in Egypt's long history, such as Nitokerty, Sobekneferu, and Hatshepsut, although they were regarded as exceptions to the rule; Hatshepsut, for example, is always shown wearing the ceremonial beard which was a symbol of office for Egyptian rulers. In Mesopotamia, Sargon of Akkad's daughter Enheduanna was appointed by her father to an important position in the temple hierarchy, and there were a few other women from prominent families who were temple administrators, though their numbers were always very small compared to the number of men involved in positions of government. Several women, including empresses Hamiko and Jingu, are mentioned among the early rulers of Japan, gaining power both through their family connections and their role as shamans or miko capable of hearing and transmitting the advice of the gods; accounts of their lives mix myth and history, but they became important parts of Japanese national traditions. In Mesoamerica, Lady Ahpo-Katun, Lady Ahpo-Hel, and the Lady of Dos Pilas all ruled Maya city-states on their own, and the wives of rulers participated along with their husbands in the blood-letting rituals that were a key symbol of royal power. Maya rulers played both male and female roles in public ceremonies, wearing blended costumes that suggested a range of gender possibilities.

Given the life expectancies in most premodern cultures, kings and emperors frequently began their reigns as children, with their mothers appointed as regents; particularly if these women came from powerful families or had family members controlling the army, religious institutions, or other important groups, they might hold actual power for many decades. The most famous of these from classical China was the Empress Dowager Lü, the wife of the first emperor of the Han dynasty and the mother of the second emperor. Her reign was apparently stable and popular, though later Confucian historians who wanted to legitimate their own ideas reported that she killed all her rivals and built up her own family's power through strategic appointments and marriages. The "Evil Empress Lü" became a prime example about what would happen when a woman ruled, and the positive aspects of her reign were forgotten. Even in periods in which there was not a mother serving as regent (termed an "empress dowager" in China), the women surrounding kings or emperors often served as a counterbalance to the power of the all-male official bureaucracy. Those male bureaucrats included historians and official record-keepers, so that such women are generally portrayed in court chronicles and other official histories as scheming and evil, with the stereotype of the weak ruler one who let himself be advised by women. By the later Ming period in China, high officials encouraged emperors to choose their spouses from among lower-ranking families so that they would not be as powerful, though this solution was not common elsewhere.

In western Africa, the role of queen mother was institutionalized among some of the city-states of the Hausa people. She was titled the *magajiya*, and could, with the permission of a senior council of male officeholders, depose the male ruler (sarki); she also acted as an intercessor with him in legal cases. The most famous magajiya was Queen Aminatu of Zazzau (later renamed Zaria after Aminatu's youngest daughter), who ruled from about 1536 to 1573 without a male coruler and expanded Zazzau's political boundaries and trading networks. Though her title meant queen mother, the magajiya was not necessarily the mother of the ruling sarki, but was actually chosen by the senior woman of the royal lineage, the iva, who acted in consultation with other female members of the royal family to pick the most capable woman; Aminatu, for example, was actually the daughter of the male ruler and was chosen as magajiya when she was 16. The iya was herself in charge of religious life in Zazzau before the introduction of Islam, a traditional religion termed bori centered on spirit possession through which the royal family was thought to safeguard the health of the state.

In the Ottoman Empire, the mother of the sultan was also often an important figure, even though she was physically secluded in the palace complex. Hadice Turhan Sultan, for example, the mother of Sultan Mehmet IV (ruled 1648–87), commissioned both a mosque in the center of Istanbul and two fortresses at the entrance to the Dardanelles to help the Ottoman Empire ward off Venetian naval attacks. Turhan Sultan was thus key in building up both the actual power of the Ottoman Empire and the public representation of that power. Similarly at the Mughal court in South Asia, queen mothers and other relatives of the male ruler played important roles in political affairs, sometimes including public appearances.

Along with their positions as queen mothers, women occasionally ruled territories on their own, contributing to the development of intellectual and cultural institutions, religious systems, and political structures. In Japan, the early empresses were joined by a number of women who ruled during the Asuka and Nara periods (552–784 CE), all of them relatives of the previous emperor chosen as compromise candidates when warring factions were unable to agree on a successor; they often stepped down when a male candidate

was finally chosen, but in two cases were recalled to rule when the male ruler proved incapable. The Muslim court of Aceh in northern Sumatra was governed by queens for nearly 60 years, from 1641 to 1699. The first of these, Taj al-Alam, used the feminized title of *sultanah*, and maintained a court astounding to Europeans for its pomp and magnificence. Similarly, in the Bugis kingdoms of south Sulawesi (now the Celebes), women who carried the "white blood" of royalty could become ruling queens with legitimated authority. The best-known female Muslim rulers are probably the Begums of Bhopal, who ruled over this second-largest Muslim state in India in the nineteenth century. The Begums offer one of the few examples where rule was handed down from mother to daughter over several generations.

In Europe, the states that slowly developed after the disintegration of the Roman Empire began to favor primogeniture, the automatic handing down of a territory to the eldest son; this avoided the worst of battles over succession, but also meant that the king could be totally incompetent. In some states, daughters could inherit if there were no sons, but in many they could not, a prohibition that was most extreme in France, where political theorists in the late Middle Ages invented a tradition termed the Salic Law. They claimed that earlier rulers had outlawed not only inheritance by a woman, but any inheritance through the female line, thus removing any sons of a princess from the succession. Other than in France, however, women ruled states and territories from time to time in Europe, and political theorists felt it necessary to consider the issue of female rulership, particularly at points where dynastic accidents left many women in charge.

One of these times was the sixteenth century, which saw Queen Isabella in Castile, Mary and Elizabeth Tudor in England, and Mary Stuart in Scotland as queens regnant, and Catherine de Medici and Anne of Austria in France as powerful queen mothers. The debate about female rulership was actually one about what we would term the social construction of gender, as writers vigorously and at times viciously debated whether a woman's being born into a royal family and educated to rule could (and should) allow her to overcome the limitations of her sex and become a successful ruler. Which was, they wondered, and which should be, the stronger determinant of character and social role, gender or rank?

The most extreme opponents of female rule were Protestants who opposed the Catholic rulers Mary Tudor and Mary Stuart and argued that female rule was unnatural, unlawful, and contrary to Christian Scripture. The Scottish reformer John Knox called rule by women "monstrous," echoing Aristotle's notion that the female sex in general is monstrous, and asserted that the subjects of female rulers needed no other justification for rebelling than their monarch's sex. Jean Bodin, a French jurist and political theorist, also based his opposition on Scripture and natural law, but added a family-based argument: the state was like a household, and just as in a household the husband/father has authority and power over all others, so in the state a male monarch should always rule. The English theorist Robert Filmer carried this even further, asserting that rulers derived all legal authority from the divinely sanctioned fatherly power of Adam, just as did all fathers. Male monarchs in this period used husbandly and paternal imagery to justify their assertion of power over their subjects, as in the statements to Parliament of the English and Scottish king James I: "I am the Husband, and the whole Isle is my lawfull Wife . . . By the law of nature the king becomes a natural father to all his lieges at his coronation . . . A King is trewly *Parens patriae*, the politique father of his people." Criticism of monarchs was also couched in paternal language; pamphlets directed against the Crown during the revolt known as the Fronde in seventeenth-century France, for example, justified their opposition by asserting that the king was not properly fulfilling his fatherly duties.

Those who supported rule by women generally avoided such paternal imagery, and also disputed Scriptural and natural law arguments against female rulership. They argued that Scriptural prohibitions of women teaching or speaking were only relevant for the particular groups to which they were addressed, and that a woman's sex did not automatically exclude her from rule just as a boy king's age or a handicapped king's infirmity did not exclude him. The English writer John Aylmer asserted that even a married queen could rule legitimately, for she could be subject to her husband in her private life, yet monarch to him and all other men in her public – a concept of a split identity that Aylmer and other political theorists described as the ruler's "two bodies" and what we might describe as a distinction between the queenship and the queen. A queen might be thus clearly female in her body and sexuality, but still exhibit the masculine qualities regarded as necessary in a ruler because of traits she had inherited or learned. In these arguments, the defenders of female rule were thus clearly separating sex from gender, and even approaching an idea of androgyny as a desirable state for the public persona of female monarchs.

It is perhaps not very surprising that the most ardent defenders of female rule were writing during the reign of Queen Elizabeth I (1533–1603), a monarch who astutely used both feminine and masculine gender stereotypes to her own advantage. She is one of the few female rulers who has left us at least a few comments about her own situation. Like her Hausa contemporary Aminatu, Elizabeth was an extremely effective ruler; she built up the national treasury, supported the navy and commerce, and encouraged the establishment of colonies and the disruption of Spanish trade with the New World. Most historians view her reign as one in which England first became a major world power, creating the basis for the later establishment of the British Empire. Though she had many suitors, Elizabeth never married, recognizing that if she did she would put herself in a very awkward position in a society that, despite Aylmer's arguments to the contrary, regarded husbandly and fatherly authority in the household as a model for good government in the larger political realm. Elizabeth used her unusual status as a virgin queen (immortalized in "Virginia," the name given originally by the English to all of North America not held by the Spanish or French) and as a person who combined masculine and feminine qualities skillfully in both her actions and words, noting: "I know I have the body but of a weak and feeble woman, but I have the heart and stomach of a king – and of a king of England too."

Though Elizabeth clearly recognized that her situation would have been very different had she been born a boy, she did nothing to change gender structures in England or to lessen the legal disabilities facing women. She clearly viewed her status as king as overriding her status as a woman, noting that "we Princes . . . [are] set on stages in the sight and view of all of world." In this she followed the pattern of most queens throughout the world, who viewed their status as monarchs as overriding their status as women, and were not advocates of greater gender egalitarianism.

## Warfare

Hereditary rulers, male and female, used war as a means of expanding and defending their territories, as have the various forms of government that have succeeded them; war has thus been a central part of political history since it was first written. From these earliest recorded histories, war has been profoundly gendered. Rape has long been a weapon of war and in some cases linked with nationalist and ethnic loyalties; when Pakistan occupied Bangladesh in 1971, for example, troops raped Bengali women to "improve the genes of the Bengali people," and during the 1990s Serbian soldiers raped Muslim women in Bosnia under a policy of "ethnic cleansing," shouting "death to all Turkish sperm." Conquests sometimes ended with the symbolic or actual rape of the defeated soldiers as well as women who were on the losing side.

Battle was often perceived as the ultimate test of both individual and collective manhood, and justified as defending those who could not defend themselves, especially children and women. Victors were portrayed as masculine and virile, and losers as unmanly or feminized. A tenth-century Chinese emperor, describing the troops of another dynasty, noted: "As to the Song, they are not really our match! They are weak and not martial, just like women." An English commentator attributed England's defeat in the American War of Independence to the "loss of our ancient manners [and our] effeminacy," and an Irish commentator writing in the early twentieth century noted, "Bloodshed is a cleansing and sanctifying rite and the nation which regards it as a final horror has lost its manhood."

Stories about women engaged in combat generally serve to highlight the serious nature of certain battles - the situation was so desperate that even women had to fight! - and to symbolize bravery beyond normal expectations. Many cultures have stories of androgynous warriors, who disguised themselves as men to join - or lead - armies and save their state or community. Some of these, such as Hua Mulan of third-century CE China, immortalized in the Disney cartoon feature, have become mythologized to a point where it is difficult to separate fact from fiction; she does appear in a number of early Chinese sources, however, serving in the imperial army with distinction for over a decade and thus appears to have been a real person. By contrast, Molly Pitcher, who supposedly took over an artillery position after her husband was killed in the battle of Monmouth during the American Revolution (and who has postage stamps, posters, and a stop on the New Jersey Turnpike named in her honor), was actually a creation of the centennial celebration of the American Revolution in 1876, though real women did help load and fire weapons in that war, and a few dressed as men to fight on a more regular basis.

Symbols such as Mulan and Molly Pitcher aside, the vast majority of those who have fought in organized warfare throughout history have been men (and boys), and professional military training has, until very recently, been closed to women. Contemporary historians have discovered that many more women have been involved in organized combat than wartime propaganda or traditional military history would lead one to expect, however, particularly in rearguard and guerrilla actions. In medieval Europe, women defended their castles and villages when their husbands were away, and in medieval Japan, wives of samurai were trained to fight with long curved swords and expected to defend their estates in their husband's absence. In eighteenth and nineteenth century Dahomey in West Africa, women were the core of the kingdom's standing army, fighting against the French when they colonized the area in the 1890s. During the twentieth century women fought in both Indochina and Algeria to end French colonialism and in a number of other national revolutions and civil wars. In Zimbabwe, for example, women underwent military training and fought side by side with men in the war for independence that ended in 1980; they held positions of authority in the military command structure and may have made up as many as one-quarter of the fighters of the Zimbabwe African National Liberation Army.

Women have also been important in providing supplies, for until the development of modern armies with their own supply services and support personnel, armies generally lived off the land, with many more people engaged in finding and preparing food and maintaining clothing and equipment than in actual combat. Thousands of women, later termed "camp followers," accompanied the armies of mercenary troops that fought and marauded across Europe between 1450 and 1650, for example. These armies depended on pillage, a task sometimes undertaken by soldiers themselves, but more often by women (and children), who raided farms and villages, taking what they needed, and often taking anything else they could find as well, pawning or selling it. Plunder was violent, and life in military camps involved hard physical labor for everyone, so that women performed tasks that were normally understood as masculine and armies became sites of gender transgression as well as hypermasculinity.

The services provided by camp women included sex – which varied from one-time arrangements for money or clothing, to more permanent but unofficial relations, to marriage – and the possibility of easy sex was one attraction of military service for young men. Other services were just as important, however, and sometimes camp women even included the mothers of soldiers. Camp women occasionally had official positions as laundresses, and military leaders from the Crusades through the American Civil War made provisions for their support. During the late nineteenth century many armies began to delegate provisioning, cooking, and cleaning to uniformed male personnel and to prohibit women from accompanying armies. They discouraged soldiers who were not officers from marrying, for as one British general put it (in a letter to his wife), a married soldier "is no longer wholehearted in his pursuit of glory."

The professional armies of the nineteenth and twentieth centuries frowned on marriage, but continued to make nonmarital sexual services available to soldiers through a variety of means. French and German armies regulated the sex trade in areas held by their troops, and during World War I mobile brothels drawn by horses accompanied the troops, often divided into those for officers and those for enlisted men. During World War II, the Japanese forcibly conscripted 200,000 to 400,000 women, mainly from Korea, to serve as "comfort women" for their troops. US officials during World War II turned a blind eye to women who provided sexual service to soldiers, dubbing them "patriotutes," and during the Vietnam War established authorized military brothels within the perimeter of the base camps, with the women checked regularly by army doctors for venereal disease.

Links between heterosexual prowess, warfare, and manhood in official literature and popular culture were very strong in the twentieth century, beginning with the period leading up to World War I. British authors, politicians, and journalists saw the outbreak of war in 1914 as a great moment, when "the flashing of the unsheathed sword" could lift men from their "wish for indulgence and wretched sensitiveness." Much of the official propaganda early in the war focused on the plight of "brave little Belgium" invaded by the Germans, with Belgium portrayed in a highly feminized manner and depictions of German atrocities against Belgian women appearing in newspapers and on recruiting posters.

The arms race of the Cold War was another period when manhood and warfare were explicitly connected through heavily gendered language and images. A number of commentators have noted that this linkage – which the Australian physician and antinuclear activist Helen Caldicott wryly dubbed "missile envy" to parallel Freudian "penis envy" - was particularly strident because it no longer had any validity; nuclear missiles can be fired as easily by women as by men, and the doctrine of mutually assured destruction adopted by both sides turned the expected relations between combatants and noncombatants on its head. The women and children on both sides who would be wiped out in a nuclear strike – made such action unthinkable, and so protected the men who were soldiers, rather than the other way around. In the last several decades warfare has been masculinized by stressing its technological nature, a circular process that also makes computer technology appear more male as it is linked to combat. In South Korea, for example, men were mobilized to oppose the Communist North through both military service and highly skilled work in the industrial economy, while women were expected to take lower-level factory jobs or concentrate on reproducing the fighting and labor force. Computer and online games of combat have played a significant role in this linking of warfare, masculinity, and technology. The US Army now offers its own series of online games, "America's Army," designed in part as recruiting tools; these have been hugely popular, but have also provoked criticism as "militainment" by those concerned with the growing militarization of popular culture.

In the twentieth century military valor was connected to heterosexuality; the United States military disqualified homosexuals from serving for the first time in World War II, and is currently embroiled in long debates about how best to handle "gays in the military." These debates would no doubt have surprised military leaders from earlier times, for the first epics from many parts of the world portray male comradeship, often tested in battle, as the highest form of human connection, and see any attachment to women as weakening. This idea continued in Western culture at least until the eighteenth century, for Shakespeare's history plays viewed extensive concern with heterosexual conquests – what today might be labeled being "macho" – as evidence of effeminacy, and Alexander Hamilton explained his departure for the army of the American Revolution to his new bride as an avoidance of "an unmanly surrender" to his love for her.

Not only were those with strong same-sex relations often regarded and portrayed as better soldiers, but so were those with no sexual relations at all, or at least no sexual relations that led to offspring. In several of the world's largest empires, including China and the Ottoman Empire, military leaders were often eunuchs, castrated at the order of their parents at an early age to increase their opportunities for advance in the imperial bureaucracy. Eunuchs did not simply serve as guards for royal women, but could be found in many official and military positions, favored precisely because they could not have descendants and so were regarded as more loyal to the ruling hereditary aristocracy than men who thought about their own families. Their sexual status – added to their own abilities – was thus the reason for their power, and they can be seen as in some ways parallel to cross-dressing women warriors or queens who did not marry; in all of these cases, the individual's somewhat ambivalent gender position contributed to his or her political power.

War often creates dramatic alterations in gender structures, for it breaks down traditional norms of conduct, turning women into booty but also creating emergency situations in which women carry out tasks normally done by men. This has been well documented in twentieth-century wars; women's "contribution on the home front" during World War I was one of the reasons British politicians claimed women were finally given the vote right after the war, and their even greater contributions in terms of factory work in many countries during World War II allowed for astounding increases in the production of weapons and military supplies crucial to the war effort. In the latter case, war was not followed by an expansion of women's political rights or opportunities, but, as we saw in chapter 3, by an end, particularly in the United States, to wartime measures such as child-care centers that had allowed married women to work. This situation followed the more common pattern throughout history, in which war was viewed as an extraordinary situation calling for great sacrifices and bravery from all, with the peace that followed a time for a return to previous gender roles.

## Citizenship (500 BCE-1800 CE)

Villages, tribes, and hereditary aristocracies were the primary political structures encountered by most people throughout most of the world's history, but in a few cases in earlier times, and in many more in the last few centuries, these have been joined by forms of government in which individuals are regarded as citizens rather than members or subjects. The form of citizenship most familiar to us is national citizenship, which accompanied the development of nation-states in the early modern period. This type of citizenship was based on earlier smaller-scale forms, in which some of the residents of cities and villages began to form institutions of government based on residence, wealth, and personal status, rather than on tribal membership.

The earliest example of this in Europe is the city of Athens during the fifth and fourth centuries BCE, when various leaders transformed Athens from a government ruled by a few individuals into a limited democracy, one in which adult free males who held a certain amount of property and who had lived for several generations in the city made political decisions by voting directly. The easiest way to become a citizen was to be the son of one, with the handing on of citizenship from father to son symbolized by a ceremony held on the tenth day after a boy was born. A citizen father laid his son on the floor of the house and gave him a name; this ceremony, rather than his actual physical birth, marked a boy's legal birth, and was not carried out for girls. Women were not citizens in Athens and played no political role, other than in the comedies of the playwright Aristophanes, in which he portrays women with power as examples of democracy run amok, or the utopian writings of Plato, in which he proposes that the best form of government might be one in which talented men and women who lived independently from their families made all decisions. In both Athenian reality and Plato's *Republic*, having a political voice was linked with financial and legal independence; slaves and people who worked for a living were certainly not free enough, nor were women who were married or could marry, for marriage placed them in a dependent relationship.

The notion of citizenship – membership in an abstract body of individuals – continued in the Mediterranean after hereditary monarchies again came to power, though in both the Hellenistic monarchies and the Roman Empire, citizenship primarily gave one legal privileges rather than a political voice. Women as well as men were officially described as citizens in legal cases, and in the Roman Empire even the children of former slaves could eventually become citizens. This more legal and economic form of citizenship emerged again in European towns and cities that developed in the Middle Ages. Being the citizen of a town gave one preferential legal treatment and certain privileges: one paid lower taxes than noncitizens, could live in the city and buy property there without seeking anyone's permission, and could claim certain services if one fell ill or became incapacitated, such as staying in a city hospital or receiving public support. (In short, urban citizenship brought many of the same benefits we associate with national citizenship today, particularly the ability to live and work undisturbed in a particular location.) Citizenship also brought obligations, such as the duty to pay taxes and to defend the city if it was attacked. As in the Roman Empire, both women and men were citizens, obligated, if they were heads of household, to swear oaths of loyalty and provide soldiers and arms for the city's defense. Some towns and villages had an annual oath-swearing, in which women did not participate, but the other obligations of citizenship were the same.

This rather offhand acceptance of women as citizens began to change in the sixteenth century. Towns often became worried about the number of citizens who might claim public support, and increased fees for new citizens. (Worries about people moving in and becoming a burden on welfare rolls are not simply a modern phenomenon.) Greek philosophy and Roman law became more widely known and accepted, and both emphasized the mental weakness of women as a reason to exclude them from politics and limit their legal privileges.

The middle-class men such as merchants or artisans who actually ran city governments increasingly regarded women having independent power not – as hereditary monarchs did – as a necessary expedient because there wasn't a son around, but as disruptive and disorderly; in their minds, women's authority was to be derivative only, coming from their status as wife or widow of the male household head. They began to put more emphasis on the annual oathswearing as a symbol of citizenship, and to regard women's citizenship as secondary and "passive" whereas men's was "active."

Concepts of national citizenship that developed in the seventeenth and eighteenth centuries built on this more gendered tradition. Women petitioned Parliament in England during the period of the Civil War after the monarchy was overthrown, claiming "a proportional share in the Freedoms of this Commonwealth," but even the most radical groups in the English Civil War never suggested that ending the power of the monarch over his subjects should be matched by ending the power of husbands over their wives. The former was unjust and against God's will, while the latter was "natural," as the words of the radical Parliamentarian Henry Parker make clear: "The wife is inferior in nature, and was created for the assistance of man, and servants are hired for their Lord's mere attendance; but it is otherwise in the State between man and man, for that civill difference . . . is for . . . the good of all, not that servility and drudgery may be imposed upon all for the pompe of one."

Eighteenth-century thinkers and political leaders began to add moral issues to women's inferior reason and wives' dependence in marriage as a grounds for denving women political rights. Thomas Jefferson noted: "Were our state a pure democracy, there would still be excluded from our deliberations women, who, to prevent deprivation of morals and ambiguity of issues, should not mix promiscuously in gatherings of men." Whether women ought to "partake in civil government dominions and sovereignty" was a topic of formal debate for the male students at Yale University in the 1770s, but there was little serious discussion of this in the founding of the new republic after the American Revolution. In a few cases in the early United States, voting was based solely on property ownership and unmarried female property owners were allowed to vote, but these anomalies did not last long because they were not an intentional extension of voting rights to women, but simply accidental. By the nineteenth century such anomalies disappeared when voting rights in elections were specifically limited to males, leaving women along with children, criminals, and the mentally ill among the disenfranchised. The political role accorded to women was one of "republican womanhood," responsible for urging their husbands and sons to civic virtue, morality, and public service from the safety and tranquility of their homes.

Most of the thinkers of the French Revolution agreed with Jefferson. There were a few exceptions – the Marquis de Condorcet, for example,

commented: "Why should individuals subject to pregnancies and to brief periods of indisposition not be able to exercise rights that no one ever thought of denving to people who suffer from gout every winter or who easily catch cold?" But for most of the revolutionaries, the possibility of getting pregnant created a type of distinction unlike any other. Whereas wealth, family background, social class, and status of birth were distinctions they increasingly took to be meaningless in terms of the limits of citizenship - the 1791 Constitution limited voting rights to those men who had some property, but by 1792 all men over 21 could vote - sex, remained, in their eyes, an unbridgeable chasm. Pierre-Gaspard Chaumette, a Parisian official, commented in 1792: "Since when is it permitted to give up one's sex? Since when is it decent to see women abandoning the pious cares of their households, the cribs of their children, to come to public places, to harangues in the galleries, at the bar of the Senate? Is it to men that nature has confided domestic cares? Has she given us breasts to feed our children?" (Parisian revolutionaries were obsessed with women's breasts - not only did they constantly use images of nursing mothers in their speeches and paintings, but in 1793 at the festival of Unity and Indivisibility honoring the new Republic, the deputies pledged their loyalty to the nation by drinking water spouting from the breasts of a large statue of an Egyptian goddess.)

Considerations - and rejections - of women's citizenship in 1792 did not simply arise out of abstract discussions of rights, but were in response to dramatic actions on the part of women, particularly in Paris, in the first years of the Revolution. Women drafted official grievance lists for elected deputies to take to the king, marched from Paris to Versailles, demanding that the king return to Paris, attended meetings and signed petitions concerning the future of the constitutional monarchy, participated in armed processions, and formed their own political society. Throughout all of these activities, they identified themselves as citizen - citovennes in the feminine in French – and as patriots. Women such as Olympe de Gouges wrote and spoke vigorously about the need for women to be part of political categories currently being discussed - "the nation," "the individual," "the people." Women and men debated how revolutionary ideals of liberty and equality should change the family: should fathers' rights be reduced, all children inherit equally, unhappy spouses be able to divorce, or illegitimate children have civil rights? This politicization of women shocked both conservatives and revolutionaries, and none of the various constitutions drafted during the Revolution allowed women to vote, though they did allow women some civil rights, such as divorce and property ownership. These were taken away again in Napoleon's Civil Code of 1804 – which became the basis of many law codes in Europe with the Napoleonic conquests - which left adult unmarried women relatively free to engage in business and legal affairs, but, following the principle of coverture that we discussed in chapter 4, made married women totally subservient to their husbands and decreed that a wife's nationality should follow her husband's.

In many countries of Latin America as well the United States and France, political and intellectual ferment led to political revolutions in the early nineteenth century. Educated people debated new ideas about justice, equality, and freedom, and discussed what qualities would be required for citizenship in states in which citizens had an actual voice in making political decisions. Women as well as men were involved in these discussions in cities ranging from San Juan in Puerto Rico to Caracas in Venezuela, hosting meetings in their homes where political grievances were aired and plans for reforms mapped out. Less elite women also worked for independence, serving as spies, carrying weapons and supplies, and caring for the wounded in field hospitals; a few dressed as men in order to engage in combat. Despite these efforts, the constitutions of the new Latin American states did not allow women to vote, hold political office, be a witness in court, or be a guardian over minors (including their own children). Civil law codes heightened gender distinctions, generally forbidding married women to sign contracts, buy or sell property, maintain bank accounts, or keep their own wages.

## Women's Rights Movements (1800–2010)

The exclusion of women from formal political rights in areas where political and nationalist revolutions established democratic governments sparked the movement for women's rights during the nineteenth century. This was one of many movements of reform and revolution that developed in response to the social problems created by industrialism and the rhetoric of political equality.

Because the movement for women's suffrage and political rights – what has since been termed the "first wave" of the women's movement – fit with traditional definitions of political history, it received attention from historians before many other issues involving gender and politics; indeed, it was often the only issue concerning women covered in college textbooks until several decades ago. The story that was told at that time focused primarily on the suffrage campaign in the United States and Great Britain, highlighting prominent individuals such as Susan B. Anthony and Sylvia Pankhurst, and organizations such as the National Women's Suffrage Association and the Women's Social and Political Union. Scholars noted that the tactics of women's rights groups varied from country to country; those in England ultimately turned to militant moves such as hunger strikes and other types of civil disobedience, while in most other countries they used more moderate moves such as petition drives (a political tool first developed by women's groups), lobbying, and letters of protest. More recent scholarship has made clear that the first wave of the women's movement was international, not simply something emanating from the Anglo-American world. The "woman question," which along with suffrage debated the merits of women's greater access to education, property rights, more equitable marriage and divorce laws, temperance, and protection for women workers, was an international issue, though with different emphases in different parts of the world. Reformers in India urged an end to sati, female infanticide, and the prohibition of widow remarriage; those in Europe worked for women's rights to own property and control their own wages; those in the United States worked for temperance and dress reform; those in Latin America sought improvements in working conditions, and a restructuring of the civil codes that limited women's land ownership and economic rights.

As we saw in chapter 4, in the United States and Britain, the key issue was women's access to individual rights, while elsewhere, including continental Europe, the emphasis was on women's duties and obligations. In most parts of the world, reformers did not dispute ideas about the centrality of marriage and motherhood in most women's lives, but used the notion of women's responsibility for home and family as the very reason that women should have an equal voice with men, often intertwining this with ideas about what would make their nation stronger. Women, they argued, needed the vote to assure the well-being of their families and children, and would clean up corrupt politics in the same way that they cleaned up their households. The Brazilian women's magazine Revista Feminina asserted in 1922 that "ours is a feminism that preserves religion and family . . . demanding the equality that is indispensible [but] always seeking the collective happiness and progress of the nation." A Japanese suffrage song from the same era similarly called on women to "Be wise mothers and sisters to our people, And spread women's love throughout the land. Let us scrub away the ageold corruption of politics run by men and for men."

Advocates of women's rights in many countries used the rhetoric of nationalism in their calls for greater democracy, but growing nationalism in the nineteenth century also contributed to heightened gender differences. Nations were very often portrayed as eroticized allegories of women's bodies, or as wives and mothers who both nurtured and needed protection; they were, for example, "Mother Ireland" or "Mother India." Nationalists used such images to justify restricting rather than widening women's sphere of action in the name of national survival. True patriots were those willing to fight and die for their nation, a deeply masculinized role.

Supporters of women's rights fought such new restrictions as well as traditional limitations, and by the middle of the nineteenth century, groups specifically devoted to women's political rights began to be established in many countries of the world. They communicated with each other in what became an international feminist movement; international meetings included ones in Washington, DC, in 1888 and in Buenos Aires in 1910. Suffragists were initially ridiculed and attacked physically, and in many countries antisuffrage groups were formed whose tactics paralleled those of the suffrage groups; such groups included women as well as men, for women have been the only group in history to mobilize both for and against their own enfranchisement. The efforts of suffragists, combined with international events such as World War I, were ultimately successful, however, and suffrage rights were gradually extended to women around the world. Women were allowed to vote in national elections first in New Zealand in 1893, Australia in 1902, and in Finland in 1906; suffrage rights were granted in the United States, Canada, and many European countries right after World War I.

Suffrage rights often excluded some groups of women. In several places, reformers used ideas about racial and class superiority to bolster their arguments, noting how much more worthy and responsible honorable white middle-class women were than working-class, immigrant, or nonwhite men. Such arguments are one of the reasons that white women were granted the vote relatively early in Australia and New Zealand, and that one of the first states in the US to allow woman suffrage was conservative Utah, where Mormon women argued their votes would outnumber those of non-Mormon men. Racist voting restrictions often lasted long after women's rights groups began to argue for their removal. Native Americans, female and male, were granted voting rights in Canada only in 1960 and Aboriginal peoples in Australia only in 1962. In many other places certain groups were excluded from voting by literacy tests and other discriminatory practices for decades after they had officially been granted the vote.

The expansion of women's suffrage continued throughout the twentieth century. Women were granted the vote on an equal basis with men in Latin America, the Philippines, India, China, Japan, and the rest of Europe (except Switzerland), in the 1930s and 1940s, and in most of the constitutions of African and Asian states set up after World War II. In 2005, Kuwait granted women the right to vote, and in 2006 the United Arab Emirates did as well. As of 2010, Saudi Arabia is the only country that specifically limits voting to men, although there have begun to be protests against this.

Both supporters and opponents of women's suffrage expected women's voting patterns to differ sharply from those of men, but in most elections they did not, and in some countries, such as Egypt, very few women actually voted. After gaining suffrage, many women's groups turned their attention to other types of issues, such as educational, health, and legal reforms, or world peace.

By the 1960s, women in many parts of the world were dissatisfied with the pace at which they were achieving political and legal equality, and a second-wave women's movement began, often termed the "women's liberation movement." Women's groups pressured for an end to sex discrimination in hiring practices, pay rates, inheritance rights, and the granting of credit; they opened shelters for battered women, day care centers, and rape crisis centers, and pushed for university courses on women, and laws against sexual harassment. In Western countries they pushed for abortion rights, and in India they mobilized against dowries and dowry-related deaths. By the early 1970s, advocates of rights for homosexuals had also mobilized in many countries, sponsoring demonstrations, political action campaigns, and various types of self-help organizations. The United Nations declared 1975–85 to be the International Decade for Women, and meetings discussing the status of women around the world were held under UN auspices in Mexico City (1975), Copenhagen (1980), Nairobi (1985), and Beijing (1995). These meetings were sometimes divisive, pointing out the great differences in women's concerns around the world, with sexual orientation and female genital cutting often the most explosive issues. The official Platform for Action of the Beijing Conference sought to avoid some of these divisions by calling for a general "empowerment of women," noting that this would mean different things in different areas of the world.

The reinvigorated feminist movement sparked conservative reactions in many countries, with arguments often couched in terms of "tradition." Women's rights, it was argued, stood against "traditional family values" and had caused an increase in the divorce rate, the number of children born out of wedlock, family violence, and juvenile delinquency; gay rights were even more dangerous. Such arguments were effective in stopping some legal changes – in the United States, for example, the Equal Rights Amendment was not ratified by enough states to become law, though Canada passed a similar measure in 1960 and Australia in 1984 – but the movement toward greater egalitarianism in political participation, education, and employment continued. In the United States, the number of women in state legislatures quadrupled during the period 1970–90, and the number of female lawyers and judges went up almost as much. Around the world in 2010, women held about 18 percent of the seats on national legislatures, though Rwanda was the only country to have more than 50 percent of its national legislators female.

# Colonialism, Anticolonialism, and Postcolonialism (1500–2010)

Questions about the relationship between gender and political life in the nineteenth and twentieth centuries – or even earlier – did not play themselves out independently in any country, but were tied to international politics and issues of imperialism and colonialism. The study of colonialism and its aftermath has recently received a great deal of attention from historians, who initially focused on formal political structures and international relations but

are increasingly investigating broader issues such as the development of national identities and the cultural construction of difference. This scholarship is often interdisciplinary in nature, combining artistic and literary evidence with more traditional historical documents, and because of its strong theoretical emphasis is labeled postcolonial theory. Historians of the United States and Europe are also now applying insights drawn from postcolonial theory as they investigate racial and ethnic minorities, viewing their relationships with dominant groups as a type of colonialism within one country.

Imperial power and ideas of the nation were explicitly and implicitly linked with gender and the cultural constructions of masculinity and femininity for both colonizers and colonized, beginning with the first European "colony" of the English in Ireland. For centuries English commentators described the Irish as both animal-like and feminized, the women showing "wild shamrock manners" because they did not wear corsets and the men both "brassy, cunning, and brutalized" and "easily subdued into docility." Even the mid-nineteenth century potato blight was their fault, in the eyes of the English writer Thomas Carlyle, for their "laziness" had led to their "sluttishly starving from age to age."

Such opinions about indigenous peoples were even more strongly held by European (and later American) officials, merchants, and missionaries who established colonies beyond Europe. They often viewed women's less restrictive dress in tropical areas as a sign of sexual looseness, men's lack of facial hair or trousers as a sign of effeminacy, and any marital pattern other than permanent monogamy as a sign of inferiority. The English official Thomas Macaulay, for example, compared Bengali men in the 1750s to "women . . . enervated by a soft climate and accustomed to peaceful employments." Colonial rulers often regarded customs that they viewed as harmful to women, such as child-marriage and sati in India or clitoridectomy in Kenya, as clear signs of the backwardness and barbarity of indigenous cultures and of their need for outside rule. They attempted to impose their own views of proper gender relations on their far-flung colonies, establishing schools to teach Western values and using taxes, permits, and registration documents to impose Western family structures.

Resistance to colonialism swept Africa and Asia after World War II, and both women and men were active in all types of opposition, though men usually emerged as the official voices of the nationalist movements and young men in particular formed the majority of all military units. (Even in the liberation war in Zimbabwe, for example, in which women formed a significant share of the fighting force, the majority were still men under the age of 24.) Women participated in military actions (both independently and as members of guerrilla units), demonstrated for the relief of political prisoners, made speeches, and engaged in civil disobedience, boycotts, protests, and riots. In India, both women and men were imprisoned for participation in boycotts and other types of nonviolent protests against British rule in the 1930s. In the Algerian War against French rule (1954–62), women smuggled information and bombs under their long clothing, and some were tortured or executed for their activities. In South Africa, both black and white women protested the imposition of apartheid and the forced relocation and dividing of African families.

The new nations established as a result of these anticolonial struggles all had to address what was described as the "woman question," that is, they had to determine what the legal and social status of women would be. Despite women's support of nationalist movements, and despite the support for women's issues expressed by some nationalist leaders such as Julius Nyerere of Tanzania, women's access to formal political power continued to be limited in most postcolonial states of Africa and Asia. Though women were granted equal political rights in the constitutions of most newly independent states, women's concerns like more equitable marriage laws were generally not a high priority, and the few women who had high political positions were generally related to men with political power, such as Indira Gandhi or Benazir Bhutto, mentioned above. Many of the histories written about the new nations focused only on nationalism, neglecting efforts to achieve women's rights and downplaying the actions of actual women. Carmen Pereira, an independence leader who fought the Portuguese in Guinea-Bissau in the 1970s, recognized this tendency, and noted that women were "fighting two colonialisms" - one of gender discrimination and one of nationalist struggle.

Pereira saw the struggle for women's rights and independence from Western political and cultural domination as linked, but in some areas these came to be seen instead as antithetical. Young male nationalists were often successful at changing traditions through which older men had held power over them, such as painful initiation rituals and unfavorable inheritance practices, but viewed traditions that involved women positively. Opposition to the West was often described as a return to "tradition" or "authenticity," which generally meant a greater emphasis on women's role within the household and restrictions on their education, dress, movements, and opportunities. Efforts to change marriage laws or to end practices such as female genital cutting were denounced as Western imperialism, and women's modesty and sexual honor was linked with social stability and family loyalty. This linkage appealed to many women, and women as well as men became exponents of "tradition." In Turkey, for example, one of the female legislators in the 1990s was refused her seat because she wished to wear a headscarf, a mark of conservative Islam, which in the opinion of most of her colleagues signified too great an intrusion of religion into the secular legislature.

Most Communist countries in the twentieth century saw a disjuncture between theory and practice in terms of gender similar to that of many postcolonial states. As in nationalist movements, women played a variety of roles in the Communist revolutions in Russia, China, Cuba, Vietnam, and elsewhere, and Marxist ideology proclaimed that men and women were equal. Mao Zedong, for example, asserted that women were bound by four ropes that should all be broken – political, clan, religious, and masculine authority. Educational opportunities for women were vastly improved in Communist countries, and women entered certain professions such as medicine in numbers far exceeding those in western Europe or the United States. Women had (or have) equal rights in terms of property holding, marriage, divorce, and authority over their children, and they can be party members and officials. On the other hand, once blatant forms of oppression such as footbinding in China were ended, issues perceived as "women's issues" such as access to birth control or programs to end family violence were not regarded as important. Almost all high political positions were held by men.

The end of Communism in the Soviet Union and eastern Europe and the loosening of economic controls in China provided opportunities for some individuals, but these were shaped by existing gender structures. Men were more able to gain capital with which to make investments and develop new business enterprises, and women were not hired because they were expected to want time off for pregnancy or the care of elderly relatives. For many women, especially in eastern Europe, the end of Communism meant food shortages, an end to paid maternity leave and government-supported day care centers, increased street violence, and a huge growth in prostitution. Ultraconservative nationalist leaders in formerly Communist countries often attributed social problems to women: working women are the cause of unemployment; complaining wives the cause of family violence, male alcoholism, and divorce; selfish mothers the cause of disaffected young people and gangs. As in postcolonial states, women's responses to eastern European nationalism were varied; in the former Yugoslavia, for example, some women were enthusiastic supporters of Serbian or Croatian nationalist leaders, while others formed groups such as the Women's Lobby, Women in Black against War, and the SOS Hotline for Women and Children Victims of Violence that campaigned against nationalist violence.

At the end of the twentieth century, the economic and technological changes discussed in chapter 3 led to an increasingly global economy, with many observers commenting that international business and financial institutions were more important than any government in shaping the lives of people around the world. This economic globalism was accompanied by a proliferation of international agencies and organizations, both governmental and non-governmental, which set policy and made decisions; indeed, at the UN World Conference on Women in Beijing in 1995, there were about 5,000 official delegates and 30,000 representatives of nongovernmental organizations, ranging from large international agencies to tiny local grass-roots groups. If we use the broader definition of politics and include all relationships of

power, it is clear that the situation at the beginning of the twenty-first century is extremely complex, with men and women often enmeshed in a huge number of power relationships, from kin and ethnic networks to interest groups formed on the World Wide Web. These relationships sometimes support one another in promoting greater gender egalitarianism or inequality, but they also often conflict, making any generalizations about the direction of trends around the world very difficult.

The power of government – the narrower definition of politics – in determining gender roles and structures is not completely irrelevant, however, although generalizations are also difficult. About 75 percent of the refugees fleeing political persecution and war around the world are female, and the citizenship policies of many countries are still gender-specific, making it more difficult for women than for men to become legal residents. Though most of the countries of the world have ratified the UN Convention on the Elimination of All Forms of Discrimination against Women (CEDAW), local and religious laws are often exempted, and it is difficult to enforce in any case. Almost all countries of the world allow women to vote, but they are discouraged from doing so, sometimes with violence or threats of violence, in Afghanistan, Kuwait, and other countries. A 2000 law in France requiring political parties to fill 50 percent of their candidacies with women termed *parité* – or lose their campaign funding has had an impact only on smaller parties; the percentage of women in the French National Assembly or serving as mayors has increased only slightly since it was passed. On the other hand, an amendment to the Indian constitution in 1992 that required a third of the positions as village heads and council members to be women is beginning to have more of an effect on both village life and gender relations than anyone predicted it would. Women are filling these positions, and many come from the country's lowest castes. In Uganda and Argentina, laws reserving a certain number of seats in representative bodies for women have increased their numbers significantly, and in Sweden, Germany, and South Africa, the decision by political parties to run more women has had the same effect. The nineteenth-century advocates of women's rights would certainly view such measures as welcome, though perhaps they would also wonder why such changes took so long. They might also caution against complacency given the major disparities between men's and women's political opportunities that still exist in many parts of the world.

### Further Reading

Because political issues have long been at the heart of history, most histories of women, particularly those that focus on one country in the modern period, include extensive discussion of politics and power; general political histories are much less likely to include considerations of gender than general social histories however. A good introduction to the more theoretical issues covered in this chapter is Anne Phillips, ed., *Feminism and Politics* (New York: Oxford University Press, 1998).

Examinations of the political roles of kin groups and tribes include Christine Gailey, *Kinship to Kingship: Gender Hierarchy and State Formation in the Tongan Islands* (Austin: University of Texas Press, 1987); Irene Silverblatt, Moon, Sun, and Witches: Gender Ideologies and Class in Inca and Colonial Peru (Princeton, NJ: Princeton University Press, 1987); Laura F. Klein and Lillian A. Ackerman, eds., Women and Power in Native North *America* (Norman: University of Oklahoma Press, 1995); Ifi Amadiume, Daughters of the Goddess, Daughters of Imperialism: African Women *Struggle for Culture, Power and Democracy* (New York: Zed Books, 2000); Rosemary A. Joyce, *Gender and Power in Prehispanic Mesoamerica* (Austin: University of Texas Press, 2001).

Studies of the interplay between gender and hereditary monarchy include Leslie P. Peirce, *The Imperial Harem:* Women and Sovereignty in the Ottoman Empire (New York: Oxford University Press, 1993); John Carmi Parsons, ed., *Medieval Queenship* (Manchester: Manchester University Press, 1998); Edna G. Bay, Wives of the Leopard: Gender, Politics, and Culture in the Kingdom of Dahomey (Charlottesville: University of Virginia Press, 1998); Sarah Milledge Nelson, ed., Ancient Queens: Archaeological Explorations (Walnut Creek, CA: AltaMira, 2003); Regina Schulte, ed., The Body of the Queen: Gender and Rule in the Courtly World, 1500–2000 (New York: Berghahn, 2006); Anne Walthall, ed., Servants of the Dynasty: Palace Women in History (Berkeley: University of California Press, 2008). For an excellent study of Elizabeth I, see Carole Levin, The Heart and Stomach of a King: Elizabeth I and the Politics of Sex and Gender (Philadelphia: University of Pennsylvania Press, 1994).

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There is a much longer list of selected readings, along with links to original sources, on the website associated with this book: www.wiley.com/go/ wiesnerhanks.

## CHAPTER SEVEN Education and Culture

Since Paleolithic times, human beings have expressed themselves through what we would now term the arts or culture, painting and decorating walls and objects, making music with their voices and a variety of instruments, imagining and telling stories, dancing alone or in groups. Many of these cultural creations had a larger purpose: they were created to honor and praise gods, spirits, or human leaders, to help people remember events and traditions, to promote good hunting. Some of these creations were easy to do, and everyone in a culture was expected to participate in some way: to dance in order to bring rain or give thanks for a good harvest, to listen when stories were told, to take part in processions on special feast days. Some of these creations required particular talents or training, and were undertaken only by specialists.

We cannot know for certain who made the art that has survived from the Paleolithic and Neolithic periods, or created the stories, songs, and dances from those eras that have long disappeared. In all cultures with written records and most of them without them, however, men and women had differing opportunities to create artistic and cultural products. In cultures without writing or formal schooling, these differences often related to the purpose of the creative product: certain dances were performed by men to bring luck in hunting, for example, while others were performed by women to assure safe childbirths; certain types of objects were made and decorated by men to be used in ceremonies and everyday work, while others were made by women; certain stories were told by women and were sometimes for women's ears only, while others were told and heard by men. In the same way that groups created widely varying family forms and kinship patterns and widely varying religious traditions, they also created a dizzying array of gender distinctions relating to cultural products and events.

Though the training required to make certain cultural products in any culture could be very extensive, the development of writing generally necessitated an even longer period of formal training. The earliest writing systems in the world were pictographic, and often used thousands of characters rather than the 20-30 letters of most modern alphabetic writing systems. Thus to learn these systems well, one had to spend years of study and practice, much of it rote memorization of symbols and phrases. Even after alphabetic systems became more common in some parts of the world, learning to read and write took a number of years (especially in areas such as Egypt where three or four different writing systems were used for different purposes, and a fully trained scribe had to know all of them). This meant that learning to read and write was generally limited to two sorts of people: members of the elite who did not have to engage in productive labor to support themselves, and those who could hope to support themselves by writing or for whom writing was required as part of their work. The first group was comprised of both women and men, for some elite women have been literate in almost all of the world's cultures. Initially the second group consisted of professional scribes, copiers, and record-keepers, and later it included people engaged in many other occupations. This second group was predominantly male, for until the last century or so, people who wrote professionally or who used writing in their work were almost all men. Though women could have attended schools that taught reading and writing, because they could not take positions as officials, administrators, or scribes, parents were unwilling to pay for training daughters who had no prospects of later employment and whose education would thus be wasted; as the Late Period Egyptian scribe Ankhsheshonq put it, "Instructing a woman is like holding a sack of sand whose sides have split open."

As reading became the basis for the transmission of information on more and more subjects, women were often excluded from formal schooling of all types, either specifically through regulations barring them from attending or because they had no way of acquiring the background skills needed to attend. This limitation of formal schooling to men was based partly on the ideas about gender differences in terms of reason and abilities discussed in chapter 4, and partly on the greater opportunities available for men in most cultures to use any education they received. Opportunities for women to receive an education were often linked to very specific purposes; nuns in both Christianity and Buddhism, for example, often learned to read and write in order to copy religious literature or perform other religious functions, and some women in areas where women were secluded were allowed to study medicine in order to care for female patients. These gender differences in terms of access to education also came to include artistic training; artistic academies and musical training programs were frequently open to men only and groups that promoted literary production were often limited to male members.

Because of these differences in access to training, men's cultural products, their paintings, sculpture, poetry, philosophy, and musical compositions,

have always vastly outnumbered those of women; of the 31,200 entries in the biographical dictionary of Chinese artists compiled in the 1980s by Yü Chien-hua, for example, only 1,046 are women. For some cultures, such as ancient Rome, no complete written works by a female author have survived at all, and very few appear to have been written by female authors in the first place. (We know there were a few from fragments that have survived or mention of these works in the works of male authors.) In addition, until very recently, works by men were almost always viewed as better than those by women, according to the standards of the culture in which they were produced; as the nineteenth-century Chinese editor Wu Hao commented, "the works of women should be judged by lower standards; we cannot be too picky." These assessments have made people angry, and some scholars have searched for "Old Mistresses," great women artists of the past to counterbalance the well-known Old Masters. The art historian Linda Nochlin and others have argued that such a search is futile, however: given gender differences in access to training, works by female artists (unsurprisingly) could not achieve the level of quality of those by male artists. The relationship between training and greatness has generally not been recognized openly, however; the smaller quantity and lesser quality of women's creative products have instead been used as further evidence of their inferior potential, and, with somewhat circular reasoning, as a reason to continue denving women access to training.

Value judgments such as "great" or even "good" in terms of art, literature, and music are, of course, highly subjective and change over time; your tastes in art and music are probably different from those of your parents, and even different from those of your peers. In the past (and perhaps even in the present) those value judgments have also been shaped by the gender of the artist, writer, or musician. Artistic and literary forms and styles generally produced by men have been judged superior to and more significant than those produced by women. In eleventh-century Heian Japan, for example, the most esteemed literature was poetry written in Chinese with Chinese characters; women did not learn this literary form or even how to write Chinese characters, so their works, written in prose and in kana, a script with Japanese syllabic characters, were viewed as clearly inferior. To take another example, in the nineteenth-century United States, the most highly regarded artistic form was the history painting, depicting a historical or classical scene by a male artist trained in Europe; women who wished to express themselves usually picked up a needle instead of a brush, making a quilt or sampler, both of which were not even considered "art." It is ironic that in both of these cases contemporary tastes have reversed the earlier value judgments: the Japanese prose works, such as Murasaki Shikibu's Tale of Genji or Sei Shonagon's The Pillow Book, are regularly read in translation and taught in courses, while the Chinese poetry of their male contemporaries interests no one; quilts and samplers are displayed prominently in major museums and can fetch very high prices, while history paintings are often regarded as boring. Some of this reevaluation may also be based on gender, of course, as many people now are particularly interested in works by women writers and artists.

Along with hierarchies based on gender, in many cultures there are additional artistic and literary hierarchies based on the style of a piece, the background of the artist, the market for which it is produced, and a number of other factors. These hierarchies are often described as a dichotomy between "learned" and "popular," or "high" and "low" forms of literature, art, and music. This division changes over time, particularly as forms that are considered popular or even vulgar in one century become "classical" in the next. In the twentieth century certain artists have also intentionally attempted to or accidentally managed successfully to blur the boundaries between popular and learned forms, and people have become more interested in the popular folk art of earlier centuries.

Along with artistic and literary hierarchies within one culture, there are also hierarchies among cultures. Cultures with a strong sense of their own traditions and superiority often regard the literature and art of other areas as inferior. For example, European colonists from the sixteenth through the nineteenth centuries dismissed the art and music of the Americas and Africa as "primitive," the work of poorly trained craftsmen. They regarded the art and music of China, India, and other parts of the world in which there were institutions of higher education and artistic training as "exotic." These assessments were communicated to people living in colonial areas, and many artists and writers began to imitate European styles or to blend local and imported traditions, creating new artistic forms. Such blended styles often became commercially successful in both Europe and the colonies; religious paintings in European styles from Mexico and Japan were sold widely, as was white and blue porcelain – called "china" because that is where it was made – with scenes that mixed European and Chinese elements.

In the twentieth century, people became more interested in indigenous styles in both the present and past. Western-trained artists were clearly influenced by art from around the world, and Europeanized or mixed forms from colonial areas went out of style in a search for what was judged to be "authentic." People's notions of what is authentic in, for example, Native American jewelry or west African carvings, may often be incorrect, but they shaped (and continue to shape) what was being produced (often in mass quantities) as this is what would sell.

These artistic hierarchies within and among cultures interweave with gender hierarchies. Because women were often excluded from formal training, their art and literature is by definition part of popular or folk culture; the names of those who created popular works are often unrecorded, leading one scholar to title a recent book *Anonymous Was a Woman*. In the colonial period, women often had less access to European cultural forms, and so did not produce works that blended styles. Thus the more recent search for "authentic" indigenous styles has often meant that work by women artists is particularly prized. The embroideries of Hmong women often support their immigrant families in North American cities, as do those of displaced Palestinian women now living in Lebanon or Jordan.

It is important to remember throughout this chapter that until very recently in most of the world's cultures artists did not sign their works, or musicians attach their names to compositions, or storytellers claim authorship of a particular myth or narrative, so we have no way of knowing the gender of the original creator. It is thus difficult to assess exactly how training in singing, dancing, or composing songs or poems was shaped by gender. As with many other aspects of life we have discussed in this book, historians often extrapolate backward from more recent times or make inferences based on indirect evidence. Because the earliest formal education and training programs around the world were generally limited to men, some historians conclude that a strong gender hierarchy in terms of access to culture was already present before the advent of writing. Others point to contemporary groups, such as the Inuit and Navaho peoples of North America, in which women's and men's artistic products are equally valued, and regard formal education as the *cause* of gender divisions. Historians in the first camp regard this as romanticizing the past, akin to the search for a primitive matriarchy, and note that there are also more recent groups without formal schooling in which art, music, storytelling, and other aspects of culture are sharply divided according to gender.

## Classical and Postclassical Cultures (600 BCE–1450 CE)

There is dispute about gender distinctions in learning and artistic production in cultures with little or no formal schooling, but there is no dispute about this in the world's classical and postclassical cultures. In all of these cultures, the vast majority of both men and women had no opportunity to learn to read or write, but among the elites who did, men's access to learning was much greater than women's. The philosophies and religions that developed in these cultures, particularly Confucianism and the Greek philosophy of Plato and Aristotle, clearly regarded women as both inferior in reason and dangerous to men's spiritual and intellectual development. Thus the schools, academies, and other institutions for training that developed were for men only. No woman attended Plato's academy, or spoke in any of the dialogues written by Plato. We know the names of a few female poets among the ancient Greeks, such as Sappho and Erinna, but the painters, sculptors, playwrights, and philosophers whose names we know are all men. In China, the imperial university established in the Han period to train scholars and bureaucrats in the Confucian classics had perhaps as many as 30,000 students, all of them male. In the Tang period, opportunities for positions as court officials or governors were determined by one's success in the imperial scholarly examinations; women could neither take the examination nor hold official positions. In India, men trained as professional philosophers composed the Upanishads, collections of texts dating from 700 to 500 BCE, which emphasized the importance of contemplation and personal selfcontrol; though women appear to have taken part in early discussions of these texts, they were later barred from studying them or other sacred works. In Muslim areas schools attached to mosques trained boys to read the Qur'an, and offered training to advanced scholars in science, medicine, Islamic law and theology; by the sixteenth century there were over 150 Quranic schools in the west African city of Timbuktu, open to male students only.

In all classical and postclassical cultures, however, there were always a few women who learned to read or write, or who even became highly learned. They generally followed one of three patterns: they were members of elite families whose fathers were open to women's education, nuns or members of religious groups that prized reading, or courtesans for whom training in music, dancing, or literature made them more attractive to powerful and wealthy men.

One of the most famous of the first type was Ban Zhao (ca. 50 CE-ca. 115 CE), who took over as court historian for the Han dynasty in China after her brother who had held that position died. She wrote poetry, essays, memorials, and Instructions for Women (Nü-chieh), which became her bestknown work. This short book of instructions for women was frequently recopied and elaborated on for hundreds of years, probably because it fully agreed with Confucian teachings about women; as late as the eighteenth century, it was one of the "Four Books for Women," seen as a counterpart to the Confucian "Four Books" studied by men in preparation for the imperial examinations. Ban Zhao writes: "Let a woman modestly yield to others; let her respect others; let her put others first, herself last. Should she do something good, let her not mention it; should she do something bad, let her not deny it. Let her bear disgrace, let her even endure when others speak or do evil to her. Always let her seem to tremble and to fear . . . If a husband does not control his wife, then the rules of conduct manifesting his authority are abandoned and broken. If a wife does not serve her husband, then the proper relationship [between men and women] and the natural order of things are neglected and destroyed." Not all learned women agreed with Ban Zhao, however, for her own sister-in-law apparently wrote a treatise disputing her ideas, which has been lost. Ban Zhao's own life also served as

a counterexample to her words, for she was widowed young and did not simply retire into seclusion but took a very public position as historian, tutor, and advisor to the imperial household.

Islam, Buddhism, and Christianity all provide many examples of women who learned to read and write for religious reasons. As we saw in chapter 5, the major religious works in all of the world's text-based religions were written by male authors, but women also wrote a variety of works for other women and the larger world. Reading the Our'an is a central religious practice in Islam, and during the thirteenth to the fifteenth century, a few women in the Muslim world became known for their learning, particularly in the interpretation of hadith (statements relating the Prophet's actions and sayings). Buddhist nuns from the first centuries of Buddhism composed poems describing the ways in which they used study and practice to achieve enlightenment, which were initially transmitted orally but were eventually written down and preserved as Therigatha (Psalms of the Nuns). Hildegard of Bingen (1098–1179) was the founder and abbess of two Christian monastic houses for women, a visionary, and a prolific author. She entered a monastery when she was 8 years old, and was the first woman encouraged by the pope to write works of theology, which she did along with plays, poetry, and scientific works. She was also a talented artist and composer of chants, liturgy, and other types of music. Many of her musical compositions have been recorded recently by various artists, and are available on compact disk and on several websites. Her writings have seen several recent editions and translations and are frequently studied not only for their historical interest but as a guide to developing personal spirituality, as are the writings of early Buddhist nuns.

Current interest in Hildegard of Bingen or Buddhist nuns celebrates their creativity, and makes it possible to overlook the constraints under which they lived and wrote. To keep their achievements in perspective, however, it might be helpful to compare Hildegard with her rough contemporary Thomas Aquinas (1225–1274). Like Hildegard, Aquinas came from an elite family, and received his early education in monastic houses. (Religious institutions were one of the most important places of learning for boys and men as well as women and girls, often providing the only avenue for a boy who was not a member of the elite to gain an education.) When he was 20, he went to the relatively new University of Paris, where - as with all European universities until the late nineteenth century - attendance was limited to men. Aquinas was a brilliant lecturer and thinker, and he began a steady climb up the academic ladder, eventually becoming a professor of theology and advisor at the papal court. He was the most important philosopher in the Middle Ages, particularly known for his attempts to demonstrate that reason and faith are not contradictory, but complement one another. He was canonized as a saint shortly after his death in 1323, and his philosophical system, termed Thomism, was declared the official philosophy of the Catholic Church in 1869. In the twentieth century philosophers such as Étienne Gilson applied his system of philosophy to more contemporary political and social issues in a movement usually called neo-Thomism. The respect and acclaim accorded Aquinas's ideas over the centuries would simply have been impossible for Hildegard, who was relatively unknown until the 1980s. This difference would not have been surprising to Aquinas, who noted in the *Summa Theologica*, his major work, "woman is naturally subject to man, because in man the discretion of reason predominates."

Despite the opinions of Aquinas and similar thinkers in many cultures, noblewomen with enlightened fathers and nuns were sometimes able to demonstrate their learning and creativity without censure. This was not the case, however, with the third type of woman able to gain an education, the cultured courtesan. In some classical and postclassical cultures, certain artistic forms and activities put one beyond the bounds of honor. Musicians, dancers, actors, and storytellers were often considered somewhat disreputable. particularly if they performed for common people or in public settings like marketplaces rather than before rulers at courts. This taint was particularly strong for women involved in these activities, who may (and were always thought to) have offered sexual services along with entertainment. Ironically, however, their already tarnished reputations often allowed such women access to more education and training than those whose reputations were guarded by families intent on a good marriage match. In Korea, for example, Neo-Confucian ideas about women's secondary status and seclusion were emphasized in the early Yi dynasty (1392-1910), but female entertainers termed kisang continued to learn and perform traditional songs, dances, and rituals at a time when men were adopting imported Chinese rituals; though the Korean state regarded kisang as the lowest social class, they still entertained at the royal court and could attend public events. In ancient Athens, while citizen women were secluded in their homes, courtesans termed *hetaerae* from outside Athens wrote and performed poetry and music as part of their services to the men who supported them. There is a story that the most famous of these, Aspasia, may have written the funeral speech spoken by her lover, the Athenian general Pericles, after a major battle in which many Athenians died during the Peloponnesian War. (If she did, her words to Athenian women are similar to those of Ban Zhao to Chinese women: "Greatest will be her [glory] who is least talked of among the men whether for good or for bad.")

The role of professional entertainer/hostess/courtesan continued for centuries in cultures like ancient Athens where husbands and wives did not socialize together, with the best-known example that of the geisha in Japan. Opinions about the origins of the geisha tradition are varied, but it is clear that by the Tokugawa period (1603–1867), certain parts of major cities, termed the *ukiyo* or Floating World, were set aside for entertainment. Here girls who were to become geisha – often sold or given by their parents or families into geisha houses – received many years of training in singing, storytelling, dancing, and playing musical instruments. Elite men socialized in geisha teahouses and paid large sums of money for their services, which might include sexual services but were often limited to conversation and entertainment; geisha sometimes performed customary dances and music in public as well. Connections with geisha were expected for Japanese political, military, and economic leaders until World War II, and are still found today among top executives or the very wealthy, as the enormous expense of geisha entertainment makes this a mark of status. Successful geisha who chose their patrons well could eventually become self-supporting and open their own houses, which offered a few women in Japan the chance for economic independence.

The link between dishonor and speaking or performing in public may have given some women greater opportunities, but in general it worked to restrict women's access to learning, and particularly their abilities to demonstrate their learning and talents. Women who spoke in public, or circulated their writings so that others could see them, were suspected of dishonor, particularly by men who were themselves educated. A fifteenth-century Italian humanist commented, "an eloquent woman is never chaste," a sentiment with which an eighteenth-century shogun in Japan agreed, noting, "To cultivate women's skills would be harmful." Such opinions were also shared more widely and reflected in popular sayings, such as one from China: "She who is unskilled in arts and literature is a virtuous woman." In both Europe and Asia there were also voices which argued the opposite, asserting that literacy would allow women to become *more* virtuous by reading instruction books and moral guides, but these were always in the minority.

#### The Renaissance (1400–1600)

All of the world's classical and postclassical cultures made gender distinctions in terms of access to education and artistic training, and these were further rigidified during the early modern period. The situation in Europe has been particularly well studied for this era, in part because there are so many sources, and in part because the institutions and value judgments developed in Europe shaped all later Western developments and influenced those in every colonial context. This is the period of the Renaissance, which began in Italy in the fourteenth century and is conventionally viewed as the beginning of the "modern" era in terms of culture. Though Christianity continued to be central to the lives of most Europeans, during the Renaissance art, music, and literature with secular subjects and themes also began to be appreciated by upper- and middle-class urban residents. A new attitude toward artists, writers, composers, and other creators of culture also developed. During the Middle Ages, such individuals had been viewed as artisans just like shoemakers or bakers, and their products the creation of a workshop, not an individual; this is the reason we know the names of so few medieval artists in Europe (and so few artists from elsewhere in the world). During the Renaissance, the notion of the artist or writer as creative genius began to develop: artists started to sign their works, and certain branches of art - in particular painting, sculpture, and architecture - were deemed more significant than other types of art, such as needlework, porcelain manufacture, goldsmithing, and furniture making. This division hardened in the sixteenth century, particularly through the influence of Giorgio Vasari, who is often described as the first art historian. Painting, sculpture, and architecture were termed the "major" arts and everything else the "minor" or "decorative" arts. A similar split occurred in literature, with certain types of writing. such as poetry, history, and epics, now defined as "literature" and other types of writing, such as letters and diaries, excluded from this category.

The line between art and music by professionals and that by amateurs grew increasingly sharp, as did that between forms of art considered high art or serious literature, and those forms considered crafts or nonliterary types of writing. This line between professional and amateur, art and craft, was one that was difficult for women to cross, for they were generally not accepted into programs for training artists or musicians, and were discouraged from publishing any written work that was not religious.

New institutions for the creation of culture also developed during the Renaissance in Europe. Many visual artists and musicians still trained through apprenticeships, but rulers also set up court-supported schools and hired large numbers of painters, sculptors, musicians, and composers. After the development of the printing press, journals that included and promoted the work of poets and other writers began to be published at regular intervals. Regional and national academies and societies that rewarded and supported creativity in science, literature, and the visual arts were established, usually with a very limited number of members. These journals, academies, and societies increasingly determined which artistic and literary genres and styles and which scientific theories would be judged praiseworthy, and thus which artists, writers, and scientists would get commissions or support from patrons.

All of these developments had dramatic effects on women's ability to participate in the creation of culture, particularly in those areas and genres judged most important. As in many cultures, women were often by regulation or practice excluded from schools and academies; their writings were also rarely accepted by literary journals. The self-promotion required by an artist, writer, composer, or thinker attempting to gain the support of a patron was judged unacceptable behavior when done by a woman. Europe's intellectuals debated whether women were capable of true creative genius, or had the rational capacity for scientific or philosophical insights, a debate that continued for centuries. The major arts, the most celebrated forms of music and literature, and the most noted philosophical ideas were all regarded as tied to characteristics deemed masculine - forcefulness, strength, power, logic, singularity of purpose. The work that women artists, writers, and scientists did produce was often judged to be the result not of genius, but of nimble fingers, diligence in observation, skill at following the example of a male teacher, or bee-like industriousness, in other words, "craft," not "art" or "science." If her work could not be dismissed in this way, the woman was said to have "overcome the limitations of her sex" and set herself apart from all other women, or she was judged a hermaphrodite, or the work was attributed to her male teacher or a male member of her family. These evaluations had a long life. Until 1986, the gigantic standard textbook in art history contained not one female artist, although it included 2,300 male artists; that year, 19 women were added.

The gender bias inherent in the Renaissance division of the visual arts into "art" and "craft," and "major" and "minor" meant that certain genres lost status. Prime among these was embroidery, which in the Middle Ages was practiced by both women and men often organized into male-directed craft guilds and paid on a scale equivalent to painting, but which throughout the Renaissance became increasingly identified as feminine. Middle- and upperclass girls were taught to embroider because embroidered clothing and household objects became signs of class status, and because embroidery was seen as the best way to inculcate the traits most admired in a woman – passivity, chastity, attention to detail, domesticity. As more embroidery was produced in the home for domestic consumption, it was increasingly considered an "accomplishment" rather than an art, and those who embroidered for pay received lower wages, except for the male designers of embroidery patterns and the few men employed as court embroiderers by Europe's monarchs.

Along with changes in cultural institutions and values, technological changes increased the gender disparity in literacy and creativity in Renaissance Europe, and perhaps in other areas that invented similar technology. The printing press with movable metal type was first developed in Korea in the thirteenth century, and independently in Germany in the fifteenth century. (Both of these inventions were inspired by Chinese printing made reading much easier, as printed texts were generally more legible than handwritten ones, and encouraged the growth of literacy. In Korea, printing combined with the new phonetic *han'gul* writing system in the fifteenth century to lay the foundation for a very high rate of literacy. In Germany, the Protestant Reformation, which began in the 1520s, encouraged Bible-reading, and religious reformers supported the establishment of schools. Formal schooling

opportunities for boys increased steadily in urban areas, though schools were much slower in coming to rural areas and the number of schools was never as many as reformers hoped.

The establishment of schools for girls in both cities and the countryside lagged far behind that of boys' schools in Germany and the rest of Europe. By 1580 in central Germany, for example, 50 percent of the parishes had licensed German-language schools for boys, and 10 percent for girls, while a survey of schools taken at the same time in Venice found about 4,600 male pupils, or about one-fourth of the school-age boys in the city, and only 30 girls. Opportunities for girls increased in the seventeenth century with the spread of the female teaching orders such as the Ursulines, but a count of school-age children in southern France in the late eighteenth century still found about two-thirds of boys receiving some schooling, compared to only 1 girl in 50. Reading and writing were taught separately, with girls who were taught to read often not taught to write because they attended school for a shorter time than their brothers. Writing was also more expensive to learn, as pupils had to have some material on which to write, which parents were often unwilling to provide for their daughters. Teaching women to read but not write was the result not only of an economic decision on the part of parents, but also of contemporary notions about the ideal woman. Learning to read would allow a woman to discover classical and Christian examples of proper female behavior and to absorb the ideas of great (male) authors. Learning to write, on the other hand, would enable her to express her own ideas, an ability which few thinkers regarded as important and some saw as threatening. Higher education was, of course, even more gender specific; like their medieval counterparts, the new universities established in the sixteenth century were for male students only, as were the humanist academies founded in some Italian cities. This also appears to have been true in Korea, where the rise of Neo-Confucianism in the Yi dynasty meant that women were generally excluded from formal schooling, even though learning to read was now easier.

The fact that reading and writing were taught separately makes measuring literacy very difficult, as there is no way to tell that someone could read if he or she could not write. Historians often measure literacy by noting how many people signed their names on documents such as marriage contracts or wills, but the poor writing on such signatures, particularly those of women, suggests that their name might have been the only thing these people ever wrote. There is also a distinction between basic literacy and habitual book-reading, with the latter better measurable by the sale of books or indications of their ownership in wills and inventories than by signatures. Taken together, these various measures suggest that by the eighteenth century in Europe, almost all upper-class men and women could read, and only a small minority of male or female peasants could. The gender gap was the greatest in the middle of the social scale, with about twice as many men as women able to write at least their name.

The gender patterns in education and culture established in the Renaissance accompanied Europeans wherever they set up colonies, with racial and ethnic hierarchies added to those of gender. Schools that were established for the children of colonists were often divided by gender, with higher education reserved for boys; in some areas, missionaries also ran schools for indigenous children, but those teaching more than basic reading and writing were limited to boys, whom the missionaries hoped would later serve as pastors to their own people. In Catholic colonies, convents offered a small number of indigenous girls the opportunity to gain literacy, though most local girls and women lived in convents as servants or lay-sisters, not as fully professed nuns, and so were not educated to the same level as Europeanbackground women.

In areas of the world that were not colonized in the early modern period, gender patterns in education developed in ways similar to those in Europe. By the eighteenth century in China, middle-class women in urban areas were more likely to be literate than they had been earlier; books of instructions for women, such as Ban Zhao's *Instructions for Women* and its many imitators, poured off the presses, and were discussed by women in literary discussion groups modeled after those of men. Women also read plays and other works of fiction, with the ardent female reader herself becoming a figure in literature and painting. Such readers sometimes wrote poetry themselves, although, as in Europe, the best poems were often ascribed to male ghostwriters. Doubts about the authenticity of various writings might even lead to doubts about the actual existence of a woman author; so many stories circulated about the most celebrated of these reader-poets, the doomed concubine Xiaoqing (1595–1612), that it is difficult to separate legend from life.

## Democracy, Modernity, and Literacy (1750–2010)

Beginning in the late eighteenth century, new ideas about the relations between education and the good of the state developed in many parts of the world, which eventually led to mass schooling and, by the nineteenth or twentieth century, to near total literacy in many countries. The expansion of schooling has often been viewed as part of the growth of democracy and industrialism, for the benefits of educating voters and workers are clear at the beginning of the twenty-first century. A problem with this explanation is that eighteenth and early nineteenth-century democracies did not extend voting rights to the vast majority of the populace, nor did early industrialism depend on formal schooling, but often on the labor of children whom mandatory schooling would eventually remove from the workplace. Mass schooling actually developed earliest in countries such as Prussia and Sweden that were authoritarian politically and backward economically; in these countries, schooling was explicitly linked to obedience to state authorities, religious orthodoxy, and the development of a modern army, in which soldiers would not only have the technical expertise to handle modern weapons but would also have learned from an early age to follow instructions and orders without question. In Sweden, for example, a royal decree from 1723 ordered parents to "diligently see that their children applied themselves to book reading and the study of the lessons in Catechism," and to teach farmhands and maidservants along with their own children. Parishes began to keep records of the reading ability of all inhabitants, with householders fined if their children could not read and those unable to read prohibited from marrying. By 1800, almost the entire population of Sweden was able to read at least simple religious texts, though it would take another 100 years before they could all write.

Both the democratic and the authoritarian model of the importance of education would seem to apply to boys and men only, for voters and soldiers (with the exception of a few women who dressed in men's clothing) were all male. Not surprisingly, there were more schools established for boys than for girls in countries that began to open publicly funded schools in the nineteenth century, but girls were not completely excluded. Educational reformers, whether democratic or authoritarian, regarded the schooling of girls as important, for these girls would eventually become mothers, and thus responsible for the early upbringing of future soldiers and voters. In country after country in the nineteenth century, women's education came to be linked with the good of the state, part of creating a nation in which people understood their proper roles. The Mexican legislator Justo Sierra, for example, noted that Mexican schools were "forming men and women for the home; this is our supreme goal. In doing it, we firmly believe that we are performing a service beyond comparison with any in the benefit of the Republic . . . The educated woman will be truly one for the home; she will be the companion and collaborator of man in the formation of the family." The United States physician and politician Benjamin Rush agreed, commenting, "The equal share that every citizen has in the liberty and the possible share he may have in the government of our country make it necessary that our ladies should be qualified to a certain degree, by a peculiar and suitable education, to concur in instructing their sons in the principles of liberty and government." In Japan, education was to prepare girls to become "good wives and wise mothers," an aim so strongly supported by the government that by 1910, 98 percent of school-age boys and girls were enrolled in elementary school.

Political authorities in the nineteenth century were aware that mass schooling could be very expensive, and sought ways to achieve their goals in the cheapest way possible. Sweden solved the problem by requiring parents to teach their children and dependents, a completely unpaid workforce, but this was not a workable solution for most countries. They turned instead to the next cheapest thing - women. Religious schools increasingly turned elementary education over to nuns, who were paid nothing, and secular schools hired young women for wages that were next to nothing. Schoolteaching, which had been a male profession in the eighteenth century, quickly came to be dominated by women; it has been estimated that about one out of every five white women in Massachusetts in the 1840s and 1850s was a teacher at some point in her life, and by the end of the century schoolteaching in Latin America as well was dominated by women. This re-gendering of schoolteaching followed the standard path of any type of cultural or economic activity: once women entered the field in great numbers, both salaries and prestige went down. Schoolteaching was seen primarily as an occupation for young women; though male schoolteachers could marry, female schoolteachers who married were fired, a practice that continued until the midtwentieth century in many areas. Defenders of this practice argued that a woman's teaching continued, of course, after marriage, with her most precious pupils - her own children. They provided books of instruction for mothers based on contemporary educational theories in what some historians have termed the "professionalization of motherhood."

Nineteenth-century schoolteachers were generally required to be little more than literate themselves, but reformers in the nineteenth century also pushed for the opening of secondary and advanced education to women. Those who opposed women's higher education did not link this with a loss of honor the way earlier writers had, but with a loss of something even more precious – reproductive capacity. They argued that using her brain too much would cause a woman to faint or her uterus to shrivel because it was deprived of blood. Reformers countered these arguments by continuing to stress that education would make women better mothers, enabling them to improve the lives of their families and children. Such arguments, combined with the practical need for female teachers and nurses and steady pressure by individual women, gradually led to more opportunities, with most European and many North and South American universities opening their doors to women in the late nineteenth or early twentieth centuries, though often with restrictions on what they could study and a quota sharply limiting their numbers; in 1913, there were about 4,000 female students at French universities compared to about 38,000 men. By the 1870s and 1880s, women were also attending some medical schools in North and South America and Europe, though male students often protested, throwing mud and stones, or, in one instance in Scotland, bringing a sheep into the classroom with the comment that they had learned "inferior animals" were no longer to be excluded.

Opportunities for education for indigenous boys and girls in colonial areas during the nineteenth and early twentieth centuries were provided primarily by missionaries and religious orders, and parents hesitated to send their children as they feared they would convert. Such fears were well founded, for nineteenth-century missionaries saw education as a way both to "civilize" and "Christianize" the people among whom they worked; the education they provided for girls thus included a heavy dose of domestic science, designed, in the words of Jules de Coppet, the governor-general of French West Africa, to "permit the evolution of the family . . . and permanently install our action within the indigenous society." In the United States, such schooling extended to Native Americans in an attempt to compel an "evolution of the family"; as various tribes were forced off their lands and settled on reservations, officials and missionaries often removed children from their homes and sent them to boarding schools, thus disrupting family life completely.

Advocates of education for women often used conservative rhetoric about motherhood to achieve their aims, but they also viewed women's education as a sign of modernity and progress. In India, for example, male and female reformers advocated the opening of girls' schools along with other changes to improve the status of women, and a few schools were opened in major cities, largely to provide appropriately educated wives for Western-educated Indian men. Graduates of these schools and other women who had received an education began to publish journals for women in Hindi, Urdu, and English. There were similar developments in Egypt, Turkey, Iran, and Tunisia, where women were actively recruited as teachers so that girls could learn in an all-female environment. In Egypt, a separate school was opened for female health officers as early as the 1830s, with women trained in immunization and obstetrics as well as general medical care.

It is important to recognize that the expansion of educational opportunities for women in many colonial and nonindustrialized areas was limited to a tiny portion of the urban elite, in the same way that schools in general reached very few people. In the Brazilian census of 1872, for example, out of a population of roughly 10 million, roughly 1 million free men and half a million free women could read and write, while only about 1,000 enslaved men and 500 slave women could. Numbers in India were even lower: the total number of women who were literate in any language according to the 1901 census was 0.7 percent, rising by the 1946 census to 6 percent, with male literacy about double that of female. Thus in most parts of the world until after World War II, social class and family background were more important than gender in determining access to education. Most postcolonial states in Africa and Asia provided more access to education than the colonial governments did, and literacy rates slowly began to rise during the 1960s. As elsewhere in the world, however, girls generally attended school less often and for a shorter period than boys, with the widest gap in the poorest countries. Schools often charged fees for attendance, uniforms, and books, and parents were more willing to pay school fees for their sons than their daughters, for the employment opportunities for educated young men are greater than those for educated young women. Statistics collected by UNESCO since the 1960s indicate, not surprisingly, that the gender disparity is smallest in elementary education, and greatest in postsecondary education. Latin America and East Asia broke with this pattern by the 1980s, however, with female attendance at universities almost equaling that of male; in these areas, the gender disparity in higher education was actually smaller than it was in Europe and the United States at the time.

In Muslim countries, cultural and economic factors limiting women's education have been counterbalanced by the need for female professionals and, in countries such as Kuwait and Saudi Arabia, by enormous oil revenues. In the 1970s and 1980s rates of higher education for middle- and upper-class women rose dramatically; by 1987 in Kuwait, for example, 21 percent of women and only 12 percent of men of university age were enrolled in school, a gender disparity almost the exact reverse of that of Japan, where 18 percent of the university age women and 28 percent of the university age men were enrolled. Women in Muslim areas have been most active in occupations where they cater to women and girls, such as teaching and health care, but also entered fields such as engineering and chemistry, in which they could often work in sex-segregated workplaces. The opportunities for educated women in the Muslim world declined somewhat in the 1980s and 1990s when an economic slowdown led to calls for them to return home to their "natural" vocations as wives and mothers, but only in Taliban-held Afghanistan were professional women completely forced to stop working.

Equality of educational opportunities was an explicit goal of the Communist governments established around the world in the twentieth century, and in all of them the literacy rates of men and women rose significantly and slowly became more equal; in 1978, for example, girls in China made up 45 percent of the primary school enrollment and 24 percent of college and university enrollment. Nadya Krupskaya, a leading Soviet thinker and Lenin's wife, was among many who linked women's education with the advance of socialism, arguing that women should study "agronomy, animal husbandry, sanitation, technology and so on. It is necessary for them to study those fields of production where a shortage of skilled workers threatens to have serious repercussions for the republic of workers and peasants." Many women in the Soviet Union followed her advice, for by 1968, women made up 72 percent of the medical doctors, 35 percent of the lawyers, and 30 percent of the engineers. (Comparable statistics in that year for the United States were 7 percent of the doctors, 3.5 percent of the lawyers and 1 percent of the engineers.) Such statistics were often cited as an indication of the superiority of Communism, but they overlooked the fact that medicine and law and to some degree engineering did not have the high status and high pay that they did in the Western world; as we saw in chapter 3, status and privileges came from Party leadership, in which there were very few women.

As Krupskava's words suggest, educated women in communist countries were expected to put the needs of "the republic of workers and peasants" first, above considerations of gender inequality; their writings, art, music, and other cultural products were to serve the goals of the state. This was also true to some degree in formerly colonial areas in the twentieth century, and most educated women joined educated men to focus on the themes of national liberation and the postcolonial condition in their poetry, plays, essays, novels, and songs. In both situations, however, some writers and artists explicitly criticized gender relations in political and family life. In 1979 in the Soviet Union, a group of women wrote, typed, and circulated an underground publication Woman and Russia: An Almanac to Women about Women which included articles on abortion, child care, alcoholism and rape, and maternity hospitals, along with poetry and fiction. The editors and contributors were investigated and interrogated by state security agents from the KGB and four of them were eventually exiled; Tatvana Mamonova, the chief editor, commented that they expected this, but did not expect the lack of support from male dissidents, who turned out to be "nonconformists only in their art; in their attitude toward women, they [were] absolutely conformist and sexist." In Double Yoke (1982), the Nigerian novelist Buchi Emecheta portrays a woman caught between traditional expectations of wifely obedience and contemporary values of achievement and independence. In Woman at Point Zero (1977), by the Egyptian physician and writer Nawal El-Sa'adawi, the main character is a woman forced to undergo a clitoridectomy and marry an abusive older husband: she later works as a prostitute and is ultimately deserted by the man she loves.

Writing by women in Western countries during the 1970s also began to consider issues of gender more explicitly, in large part because of the development of feminist consciousness with the women's liberation movement. This led some theorists to explore the question of women's relationship to language itself. Most Western languages are gender inflected to some degree, and in all of them until the 1970s, the male pronoun and other male words were used to stand for both men and women. Along with overt gender structures in language, the historical dominance of the male point of view in all types of literature left a feeling of "speechlessness" in some European and American women writers, and they speculated about whether they could create a separate "women's language." This speculation led to a search for such a language in the past, and to considerations of instances in which women seemed to have developed separate rituals or even a separate culture; women's learning patterns, moral development, body language and word choice were all described as distinct from those of men. This was accompanied by the creation of explicitly feminist music, art, sculpture, poetry, and other forms of creative expression. In some instances these new pieces were linked to historical examples of women's creativity; the visual artist Judy Chicago, for example, set up "The Dinner Party" with elaborate place settings of painted plates and embroidered table-runners for 39 educated and creative women, beginning with the Great Goddess and ending with the painter Georgia O'Keeffe.

This search for and creation of a separate women's literary and artistic language struck many – including some feminist writers and artists – as misguided, for it seemed to be returning to notions of gender differences in creativity that had always limited women's creative opportunities in the past. The notion of a "woman's language" or "women's art" appeared to them to be based on some sort of biological essentialism, linking the brain and the womb in ways that were acceptable to Aristotle or Aquinas or Wu Hao, but not to those advocating greater equality of opportunity. By the 1990s Western theorists had largely moved away from even a whiff of essentialism in favor of a social constructionist point of view; if gender differences are to be regarded as socially constructed, historically changing, and perhaps even performative and easily manipulable, they argued, it made little sense to talk about any type of "women's language."

Discussions about a separate women's culture in the contemporary world may be more appropriate in areas of the world in which men and women are generally segregated and in which gender is clearly understood as rooted in unchanging male and female natures. Although highly educated women and men from all over the world increasingly share an international literary and artistic culture, separate rituals for men and women continue in many parts of the world. Women in Tunisian villages, for example, compose and sing lullabies to their children, expressing their hopes and dreams for the child. Bedouin women in Egypt tell elaborate stories, embellishing plots they have learned from their mothers and grandmothers. It is difficult to say what the further expansion of education will do to this type of traditional culture, though it has certainly been confronted with outside influences in the past without disappearing.

As with so many other of the topics considered in this book, the relationship between gender and culture at the beginning of the twenty-first century is full of contradictory tendencies. As measured by publication figures, school enrollments, artistic and musical production, and various other statistics, women's and men's opportunities are becoming more equal. In many of the countries of Latin America and the Caribbean, the percentage of women in higher education exceeded that of men beginning in the 1980s, which also happened in the United States for the first time in 1998; in 2009, 57 percent of American college students were women. Only 5 percent of the art hanging in New York museums was by women in 1990, but nearly 20 percent of that in galleries (which feature contemporary artists) was by women. On the other hand, gender inequities still exist at all levels. Only 18 percent of the full professors in US doctoral-granting universities in 2003 was female, though more than 50 percent of the part-time workforce at those universities was female. Though women now have 20 percent of the art in galleries, more than half the artists and two-thirds of those earning bachelors' degrees in Fine Arts are women, so female artists continue to have proportionately greater difficulties in getting their work shown. At the most elite level, gender disparities are very clear. Many more of the highest paid movie stars in the world – those commanding over \$20 million a picture in 2000 – are men than women. Among the highest paid sports stars - certainly a significant part of contemporary cultural life – the disparities are even greater.

Some of these disparities are the result of accumulated years - or centuries of gender distinctions, and may eventually disappear. Prophets of the new information technologies also predict that older cultural forms - the university, the gallery, the musical recording - will disappear in the near future, replaced by computer or cell-phone based forms of training, display, and distribution. Advocates of these developments praise the possibilities, arguing that this will democratize culture, making it open to anyone with creative ideas and access to digital technology. Critics note that most of the world's population still does not have access to computers, and though more and more people each year have access to cell-phones, this is leading to commercial globalization and cultural homogenization rather than a flourishing of individual local cultures. Disagreements about how the new information technologies will shape gender are similarly sharp. Men and boys have made far greater use of digital technology so far than have women and girls, a disparity only partially attributable to the high percentage of web traffic devoted to pornography. Will this continue? Or will the internet and the web, in which one's identity can so easily be hidden, accomplish what centuries of women writing under male names could not, a valuation of creative productions based on the product alone and not the producer? If this happens, will it be a good thing, or will something be lost?

#### Further Reading

Feminist criticism has led the way in understanding how cultural concepts such as genius, originality, talent, reputation, and genre have been gendered. See, for example, Linda Nochlin, "Why Are There No Great Women

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Africa World Press, 1997); Mieke Bal, ed., *The Artemisia Files: Artemisia Gentileschi for Feminists and Other Thinking People* (Chicago: University of Chicago Press, 2000); Marion Arnold and Brenda Schmahmann, eds., *Between Union and Liberation: Women Artists of South Africa 1910–1994* (Burlington, VT: Ashgate, 2005). Rozsika Parker, *The Subversive Stitch: Embroidery and the Making of the Feminine* (London: Woman's Press, 1984) places women's embroidery over many centuries within its ideological and social context. For a really fun revisionist view of art history, see *The Guerrilla Girls' Bedside Companion to the History of Western Art* (New York: Penguin Books, 1998), put together by the Guerilla Girls, a group of women artists and art professionals who use posters and actions (in which they wear gorilla masks) to expose sexism and racism in the art world.

There are fewer studies of gender in music than in the visual arts, though more are appearing every year. Susan C. Cook and Judy S. Tsou, eds., Cecelia Reclaimed: Feminist Perspectives on Gender and Music (Urbana: University of Illinois Press, 1994) provides a solid introduction. Important collections include Mary Ann Smart, ed., Siren Songs: Representations of Gender and Sexuality in Opera (Princeton, NJ: Princeton University Press, 2000); Todd C. Borgerding, ed., Gender, Sexuality, and Early Music (New York: Routledge, 2002); Tullia Magrini, ed., Music and Gender: Perspectives from the Mediterranean (Chicago: University of Chicago Press, 2003). For overviews of women musicians, see Carol Neuls-Bates, Women in Music: An Anthology of Source Readings from the Middle Ages to the Present (New York: Harper and Row, 1982); Jane Bowers and Judith Tick, eds., Women Making Music: The Western Art Tradition, 1150-1950 (Urbana: University of Illinois Press, 1986); Ellen Koskoff, ed., Women and Music in Cross-Cultural Perspective (New York: Greenwood Press, 1987); Kimberly Marshall, ed., Rediscovering the Muses: Women's Musical Traditions (Boston: Northeastern University Press, 1993). For more specialized studies, see Lucy O'Brien, She Bop: The Definitive History of Women in Rock, Pop, and Soul (New York: Penguin Books, 1996); Ralph P. Locke and Cyrilla Barr, eds., Cultivating Music in America: Women Patrons and Activists since 1860 (Berkeley: University of California Press, 1997); Thomasin LaMay, ed., Musical Voices of Early Modern Women: Many Headed Melodies (Burlington, VT: Ashgate, 2005); Judith A. Peraino, Listening to the Sirens: Musical Technologies of Queer Identity from Homer to Hedwig (Berkeley: University of California Press, 2005); Marion Leonard, Gender in the Music Industry: Rock, Discourse and Girl Power (Burlington, VT: Ashgate, 2007).

Studies of gender in works of literature and of women writers include hundreds of books and thousands of articles. The best place to find these are printed or online bibliographies, such as Diane E. Marting, *Women Writers* of Spanish America: An Annotated Bio-bibliographical Guide (New York: Greenwood Press, 1987); Betty S. Travitsky and Josephine A. Roberts, English Women Writers, 1500–1640: A Reference Guide (1750–1996) (New York: G. K. Hall, 1997); Sharon Ouditt, Women Writers of the First World War: An Annotated Bibliography (London: Routledge, 2000). The Women's Studies Librarian's Office at the University of Wisconsin System hosts an excellent mega-site with links to many sources on women writers: http://womenst.library.wisc.edu/resources/research/women-writers.html.

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Analyses of the role of education in the construction of gendered concepts of modernity, nation, and race include Stephen J. Heathorn, For Home, Country, and Race: Constructing Gender, Class, and Englishness in the Elementary School, 1880–1914 (Toronto: University of Toronto, 2000); Nancy Lesko, ed., Masculinities at School (Thousand Oaks, CA: Sage, 2000); Joyce Goodman and Jane Martin, eds., Gender, Colonialism and Education: The Politics of Experience (Portland, OR: Woburn, 2002); Margaret W. Ferguson, Dido's Daughters: Literacy, Gender, and Empire in Early Modern England and France (Chicago: University of Chicago Press, 2003); Reina Lewis and Nancy Micklewright, eds., Gender, Modernity and Liberty: Middle Eastern and Western Women's Writings (New York: I. B. Tauris, 2006).

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and Sheila Bunwaree, eds., Gender, Education, and Development: Beyond Access to Empowerment (London: Zed Books, 1998); Sheena Erskine and Maggie Wilson, Gender Issues in International Education: Beyond Policy and Practice (New York: Falmer Press, 1999); Regina Cortina and Nelly P. Stromquist, eds., Distant Alliances: Promoting Education for Girls and Women in Latin America (New York: Routledge, 2000); Reitumetse Obakeng Mabokela, ed., Soaring beyond Boundaries: Women Breaking Educational Barriers in Traditional Societies (Rotterdam: Sense, 2007).

There is a much longer list of selected readings, along with links to original sources, on the website associated with this book: www.wiley.com/go/ wiesnerhanks.

# Chapter Eight Sexuality

Historians studied the subjects of most of the chapters of this book – politics, work, religion, education – long before they began to consider gender. Sexuality is different, in that it became a topic of extensive historical inquiry only after the development of women's history; the best marker for new fields is a specialized journal, and the *Journal of the History of Sexuality* began publication in 1990. Even though some of the most prominent theorists of historical sexuality, such as the French philosopher Michel Foucault, focused primarily on the male experience just as traditional history had, both because of the timing of their emergence as historical fields and the nature of their subject, gender and sexuality are often closely related. Indeed, sexuality may have the opposite problem from other areas of historical inquiry, in that scholars may need to be reminded of distinctions between gender and sexuality rather than convinced of the importance of gender as a category of analysis when exploring sexuality.

Such distinctions are themselves historically and culturally variable; in some cultures, for example, sexuality may be understood primarily as a gendered orientation – as desiring and having sexual relations with individuals who are regarded as one's own or the opposite sex – while in others it may be thought of primarily in terms of the number or age of one's sexual partners, or the role one takes in sexual intercourse. (These roles are generally described as "active," meaning the person who inserts something – usually a penis – in another's bodily orifice, and "passive," the person in whom something is inserted. Such terms are highly gendered, of course, and derived from the male experience.) Conversely, gender in some cultures is viewed as an outgrowth of sexuality – men are defined as those who have sex with women and father children, women as those who have sex with men and bear the children that result from this sex – though this is not always the case. As we discussed in chapter 1, some cultures assign individuals to a third gender category on the basis of their clothing and tasks, regardless of the identity of their sexual partners.

The sources, limits, and meanings of sexuality are just as contested as those of gender. The word "sexuality" - currently defined as "the constitution or life of the individual as related to sex" or "the possession or exercise of sexual functions, desires, etc." - is itself quite new, coming into English and most other Western languages in about 1800. At that point, new ideas about the body, changes in marriage patterns, new concepts of gender differences, and new methods of controlling people's lives converged in Western countries to create what scholars usually call "modern sexuality," which will be discussed in more detail below. Some historians argue that this shift in thinking did not simply create modern sexuality, but sexuality itself, for people in earlier centuries did not think of themselves as having a "sexuality" or classify as sexual things that to us seem obviously to be so. These scholars point out that ancient Greek and medieval Latin did not even have words for "sex" or "sexual," and advocate avoiding the word "sexuality" when discussing earlier periods. The same is true for "gender," of course, as we have used it in this book, but using modern categories to explore the past is not an unacceptable practice as long as we use them carefully, because investigations of the past are always informed by present understandings and concerns. Thus this chapter will use the term "sexuality" as it is commonly understood today, and investigate some of the intersections between sexuality and gender.

One of the ways that gender and sexuality have been linked is that both were trivialized and viewed as questionable or marginal areas of scholarly inquiry. Vern Bullough, one of the first investigators of European medieval sexuality, reports that throughout the 1960s – that decade of the "sexual revolution" – his research on such topics as homosexuality, prostitution, and transvestitism was rejected by historical journals as unsuitable, while books that avoided any discussion of sex, such as Edith Hamilton's *The Greek Way*, were bestsellers. This attitude began to change in the 1970s, with the advent of social history and women's studies. The history of women's bodies and sexual lives became a significant area of study within feminist scholarship, which often argued that sexual relationships – in the past or present – are power relationships, an idea captured in the slogan "the personal is political."

Within feminist scholarship, the study of sexuality has produced several areas of sharp controversy. One involves the degree to which the body, sexual desire, and the experience of motherhood can be sources of power for women. Should women celebrate their bodies, the mother – child bond, and their sexual feelings, or does this reinforce the nefarious notion that "biology is destiny"? A second debate concerns pornography and sexual practices such as sado-masochism. Are these necessarily harmful to women, or can there be "feminist" pornography or sado-masochism? Does pornography limit women's civil rights, or is censorship of pornography, like any censorship, ultimately more dangerous than the material it prohibits? A third area of controversy, one which more often draws on historical and religious examples from history and religion than the others, addresses the valuation of sexual activity: Can a life of chastity and celibacy be a freeing option, or is it always an example of repression? Does our contemporary emphasis on finding and expressing one's "sexual identity" lead scholars to misrepresent the lives of women in the past? And finally: How are sexuality and gender related: that is, how do cultural definitions of what it means to be a man or woman relate to such matters as sexual orientation, erotic desire, and sexual activities?

Much of the scholarship in the history of sexuality in the 1970s and 1980s was inspired by the gay rights movement and was part of the growth of gay and lesbian studies. It focused on same-sex relationships, about which there were also broad debates: To what extent was homosexuality socially constructed, and to what extent was it "biological"? Were same-sex relations in earlier societies primarily understood as actions in which people engaged, or did people have a sense of themselves as "being" homosexual? (This is often referred to as the "acts versus identities" debate.) In the same way that the development of women's history led scholars to start exploring men's experiences in history as men (rather than simply as "the history of man" without noticing that their subjects were men), gay and lesbian studies has led a few scholars to explore the historical construction of heterosexuality. Recognizing the constructed nature of heterosexuality has been just as difficult for many historians as recognizing that most history was actually "men's history," however. The cultural analyst Eve Sedgwick wryly notes that "making heterosexuality historically visible is difficult because, under its institutional pseudonyms such as Inheritance, Marriage, Dynasty, Domesticity, and Population, heterosexuality has been permitted to masquerade so fully as History itself."

Along with issues originating in feminism and gay and lesbian studies, the historical study of sexuality has been profoundly shaped by the ideas of Michel Foucault, who in 1976 began publication of a multivolume *History of Sexuality*, intended to cover the subject in the West from antiquity to the present. Though only three volumes were published before his death in 1984, the first book, along with Foucault's other works on prisons, insanity, and medicine, greatly influenced later historians.

Foucault argued that the history of sexuality in the West was not characterized by the increasing repression of a free biological drive, but instead by the "transformation of sex into discourse." This process began with the Christian practice of confessing one's sins to a priest, during which first acts and then thoughts and desires had to be described in language. This practice expanded after the Reformation as Catholics required more extensive and frequent confession and Protestants substituted the personal examination of

conscience for oral confession to a priest. During the late eighteenth century, Foucault argued, sexuality began to be a matter of concern for authorities outside religious institutions: political authorities tried to encourage steady population growth; educational authorities worried about masturbation and children's sexuality; and medical authorities both identified and pathologized sexual "deviance" and made fertility the most significant aspect of women's lives. Foucault traced this expansion of discourses about sex into the present, when, he noted, "we talk more about sex than about anything else," and it was this discourse that created modern "sexuality" as we now understand the term. Before people learned to talk about sex so thoroughly, there was sex, according to Foucault, but not sexuality. Modern sexuality is closely related to power, not simply the power of authorities to define and regulate it, but also the power inherent in every sexual relationship. This power - in fact, all power, in Foucault's opinion - is intimately related to knowledge and to "the will to know," the original subtitle of the first volume of his History of Sexuality.

Historians of sexuality after Foucault have often elaborated on his insights by defining what is specific to modern Western sexuality (many scholars now see the sharpest break with the past in the nineteenth rather than the eighteenth century, with the development of the notion of a "sexual identity"); exploring the mechanisms that define and regulate sexuality; and investigating the ways in which individuals and groups described and understood their sexual lives. Other scholars have pointed out gaps or weaknesses in Foucault's theories, and address issues that he largely ignored, among them women's sexuality, the relationship between race and European notions of sexuality, and the ways in which economic power structures shaped sexual ideas and practices.

The debates about the relationship between sex and gender traced in chapter 1 have also emerged in scholarship on sexuality, with biology, anthropology, psychology, and history all leading scholars to denaturalize sexuality, that is, to emphasize its social construction and historical variability. In some cases the body itself has been denaturalized, with historians asserting that because people in past times perceived and experienced their bodies differently, those bodies really *were* different. Much "body history" is thus part of the New Cultural History with its emphasis on discourse, though a few historians use the body to counteract that emphasis, arguing that people's lives included physical and emotional experiences that were not or could not always be expressed in words. These embodied experiences are difficult to recapture or study, but neglecting them, they argue, leads to a history that is sanitized and cerebral rather than one that takes pain or pleasure seriously.

The history of sexuality, and particularly its relationship with gender, is closely linked with many of the issues we have already discussed in this book: most families are, of course, founded with a sexual relationship; all of the world's religions take a stance on sexual conduct; political authorities regularly control sexual behavior. The maintenance of all types of hierarchies depends on those in power marrying people whom that society defines as "like themselves." If they do not, the distinction between elites and nonelites literally disappears, whether those elites are defined in racial, class, ethnic, or religious terms. Boundaries between social groups have been maintained by laws prohibiting intergroup marriage or sexual contacts, and even more effectively through the creation and maintenance of traditions and other types of internalized mechanisms of control. If children are taught very early who is unthinkable in terms of a marriage partner, and unattractive in terms of a sexual partner, the maintenance of boundaries will not depend on laws or force alone.

As with so many other aspects of gender, the vast majority of historical scholarship on sexuality has dealt with the Western experience, though there are large numbers of anthropological studies of non-Western cultures that include extensive discussions of sexuality. Such studies have often been used to criticize Western sexuality as repressed and unhealthy (or as obsessive and thus also unhealthy), though anthropologists warn against such simplistic dichotomies. They stress that the sexual norms and practices of all cultures, and not simply the West, change over time because of contacts with other cultures and internal developments. Historians are now beginning to explore sexuality in more of the world's cultures, using traces of information from a large range of sources in the same way that historians of women and gender have been doing.

## Classical Eurasia (600 все–600 се)

The sexual ideas and practices of classical Eurasia grew out of those of earlier agricultural societies, in which female sexuality and mobility were supervised, and the reproductive aspect of sex gained greater importance. Sexual norms in many areas were shaped primarily by religious systems such as Hinduism, Buddhism, and Christianity, which we have already discussed in chapter 5. Religious ideas played less of a role in ancient Athens, which has received extensive attention from historians because it has left so many sources in comparison to other ancient cultures and because it has traditionally been regarded as a foundation of Western culture.

The sources surviving from ancient Athens provide a great deal of information about attitudes toward sexuality among the educated male elite. Plato and Aristotle, the two most important philosophers of ancient Athens, were both suspicious of the power of sexual passion, warning that it distracted men from reason and the search for knowledge. Both men praised a love that was intellectualized and nonsexual, the type of attachment we still term "platonic." (Neither Plato nor Aristotle were concerned about what sex does to women except as this affects men.) Plato developed a dualistic view of both humans and the world, arguing that the unseen realm of ideas was far superior to the visible material world, and that the human mind or soul was trapped in a material body. This mind/body split was a gendered concept, with men associated more with the mind and women with the body. Women's bodies were also viewed as more influenced by their sexual and reproductive organs than men's; Plato described the womb as an "animal" that wandered freely around the body, causing physical and mental problems. (This is why the words "hysteria" and "hysterectomy" both have the same Greek root.)

The mind/body split did not originate with Plato, but his acceptance and elaboration of it helped to make this concept an important part of Western philosophy from that time on, and led some groups (though not Plato) to reject sexual activity completely. In Aristotle the mind/body split is reflected in the process of procreation (what he termed "generation"), with the male providing the "active principle" and the female simply the "material." (The Greek physician and medical writer Galen disagreed with this formulation, however, and regarded both parents as providing "active principles.") As we saw in chapter 4, the categories male and female were not completely dichotomous to Aristotle or Plato, however, but part of one hierarchical continuum, with men at the more positive end.

In classical Athens, part of an adolescent citizen's training in adulthood was supposed to entail a hierarchical sexual and tutorial relationship with an older man, who most likely was married and may have had other female sexual partners as well. The key sexual distinction was not the sex of one's partner, but one's own role in the sexual act; Athenians thus differentiated between active and passive, between penetrator and penetrated, with the latter positions appropriate only for slaves, women, and boys. (There is some dispute about whether penetration was involved in male/male sex involving free men, or whether sex was generally intercrural, that is, between the thighs.) These pederastic relations between adolescents and men were often celebrated in literature and art, in part because the Athenians regarded perfection as possible only in the male. The perfect body was that of the voung male, and perfect love that between an adolescent and an older man, not that between a man and an imperfect woman; this love was supposed to become intellectualized and "platonic" once the adolescent became an adult. How often actual sexual relations between men or between men and women approached the ideal in Athens is very difficult to say, as most of our sources are prescriptive, idealized, or fictional.

Whatever their impact on the real sexual lives of Athenians, Athenian ideas and practices were influential in the later Roman Republic and Empire.

Many Romans agreed with Plato that sexual passion was disruptive and saw sexual relationships as an important area of government concern; Roman lawmakers frequently enacted statutes dealing with sexual offenses. The most serious transgressions were those that might upset the social order: adultery (which was defined as sex with a married woman not one's wife); sexual relationships involving young upper-class unmarried women (particularly if the man was from a lower social group); marriages that crossed social boundaries: and rape or abduction of girls or boys. Roman law drew increasingly sharp lines between categories of women based on their sexual relationships with men: there were wives, whose children could inherit; concubines, who had some legal rights but usually could not marry their sexual partners because they were slaves or freed slaves, had a dishonorable occupation such as being an actress, or were over 50 (and thus beyond childbearing years); and prostitutes, defined as women who were sexually available to a large number of people, who might or might not charge for their services. (Women who were paid for sex were not a new category; one of the earliest written lists of occupations, from ancient Mesopotamia in the third millennium BCE, includes prostitute alongside priest, weaver, and many others.) The legal category of prostitute in Rome also included men, which is a good example of the ways in which gender and sexuality can intersect; male prostitutes were not viewed as women, but they were also not fully men, which in Rome meant being an adult married man whose children could be of service to the state. Any man who took the passive role in same-sex acts was also not fully a man and unworthy of being a Roman citizen.

In classical China as in Athens, the idea of a lifelong sexual identity based on the sex of one's sexual partners was not well established, though at certain times there were male homosexual subcultures in which men participated throughout their lives. The best studied of these is one that developed among imperial officials, intellectuals, and actors in the Song dynasty (960-1279), and male homosexuality was not prohibited until the beginning of the Oing dynasty in 1644. Sexual activity that could lead to children was a matter of more concern. During the Neo-Confucian movement of the Song dynasty, educated officials put great emphasis on the disruptive power of heterosexual attraction, viewing it as so strong that individuals alone could not control it; walls, laws, and strong social sanctions were needed to keep men and women apart and to preserve order within the family. In the imperial household, eunuchs guarded the emperor's many wives, concubines, and female servants. In many parts of China, women of the middle and upper classes were increasingly secluded, and even peasant houses were walled; boys and girls were cheap to hire as servants for tasks that needed to be done outside the walls.

Classical India developed quite different ideas about sexual passion and its expression than did Athens or China. Sexual pleasure was connected to spirituality, for all the Hindu deities were sexually active and generally very attractive. All men and women were expected to marry, and sexual pleasure was recognized as one of the three purposes of marriage, directly connected to the other two: fulfilling religious obligations and having children. Prostitution was common, and often regulated, but not illegal.

Confucian notions of hierarchy and order found strong resonance in Japan, but Japanese women were never as secluded as those in China, nor does virginity in brides seem to have been as great a preoccupation as it was elsewhere. Japan was religiously pluralistic, with traditional Japanese religion (termed Shinto) mixing with Buddhism and other imported religious beliefs. Many of these belief systems held ambivalent ideas about sexuality: women carried out important religious rituals, yet were also regarded as sources of pollution through menstruation and childbirth; Buddhist monks were encouraged to abstain from all sex, yet same-sex relationships between monks and acolytes were common and sometimes celebrated in Buddhist monasteries. As in China, male homosexuality in both Japan and Korea was largely tolerated among certain groups, such as officials, the military aristocracy, actors, and intellectuals. In other Southeast Asian and Oceanic cultures, various types of same-sex relationships, such as those between older men and boys, or those involving individuals regarded as shamans, were also widely accepted; in some cultures coming-of-age ceremonies for boys involved ingesting the semen of an older man, thus taking in his essence. In all classical Eurasian cultures, references to same-sex relations among women are very sparse. This cannot be taken as evidence that they did not exist, however; as we have seen repeatedly, most of those who produced all types of written records were male, and not very interested in any aspect of women's lives if it did not intersect significantly with the lives of men.

### The Americas (500 ce–1500 ce)

Learning about sexuality (or at least male sexuality) in classical Athens, Rome, China, or Japan is relatively easy, as there are extensive written records about norms and to some degree about practices; these records only present information from a particular point of view, of course – most often that of learned males – and they never provide answers to all one's questions, but they still contain a great deal. This is much more difficult for the rest of the world before the modern period. Many cultures developed systems of writing, but used them only for very limited purposes, such as recording the deeds of great kings or hymns of praise to deities. We can infer various things about sexuality from these records, but do not have direct statements about sexual mores or practices. Some cultures' systems of record-keeping have yet to be deciphered, so we are not sure what they might reveal. Other cultures did not develop writing on their own, but only after contact with outsiders; all information thus comes from archaeological evidence, writings by outsiders, or oral traditions recorded much more recently. This was the case, for example, with the ancient Germanic cultures of northern Europe. We have a number of comments about Germanic sexual habits from the Roman historian Tacitus, but these were colored by Tacitus' desire to contrast the Germans, whom he described as virtuous and plainliving, with his own Roman compatriots, whom he saw as corrupt, debauched, and immoral. Similar problems occur in many other cases where the only sources come from outside a culture; perhaps more than in any other aspect of life, observations about sexuality are shaped by one's own background, purposes, motives, and norms, and rarely even attempt to be objective observation.

The problem of bias in reports on sexuality is not always solved when indigenous people themselves begin to write, as they frequently were taught to read and write by outsiders, learning the values of these outsiders as well as their techniques. This issue is clearest in the case of the Americas. A number of native peoples in central America and the Andes had systems of writing or record-keeping, but those that have been deciphered primarily record the deeds of kings or gods and provide few direct comments about the sexual activities of ordinary people. (In part this is because of the nature of what has survived; written records from the Maya, for example, are primarily carved in stone, because all but four preconquest Maya books were destroyed in the sixteenth and seventeenth centuries by Spanish Christian authorities who considered Maya writing to be demonic.) Most of the peoples in South and Central America and all of those in North America did not keep written records, however, so that indigenous authors learned to read and write from European clergy after European conquest. There is thus great debate among historians about how "authentic" their voices are, how much they were seeing and recording their original cultures through eyes that were already acculturated to Christian and European ways. At least in part, indigenous authors adopted views of Indian sexuality held by Europeans, which usually emphasized either innocence or lasciviousness. Thus their works, along with those of European missionaries and colonists, tend to fit what they observed into a preconceived model.

Because the record is often so thin and involves layers of interpretation, historians disagree about a great many aspects of sexual life in the Americas before European colonialism. All agree that there was wide variety, with a few traditions that most cultures shared: All groups had some sort of marriage ceremony, with marital partners generally chosen by the family or community rather than the individuals themselves. The marriage was sometimes preceded by a period of trial marriage in which the potential husband lived and worked in his father-in-law's house; sexual relations might begin during this period. Among some groups divorce was frowned upon after children had been born, but among many it was quite easy for either spouse to initiate. Marriage was often monogamous, although more powerful men in some groups had more than one wife and rulers sometimes had a great many wives. Individuals abstained from sexual relations at different times for ritual purposes, but lifelong chastity was regarded as bizarre and most people married at some point in their lives. Some cultures linked control of the body with order and control in society and the cosmos, with excessive sexual energy or activity in both women and men viewed as harmful; in a few cultures, all sexual activity was seen as disruptive so that sexual intercourse occurred outside houses or other buildings.

Some scholars suggest that the more highly organized and stratified societies, such as the Aztec and Inca, were more strict than those which did not have strong centralized political control. Among the Nahua peoples of central Mexico – which included the Aztecs – adultery, abortion, living together without marrying, and incest were at least in theory harshly punished. The proper life was seen as a balance between order and disorder, so that the sexual ideal was moderation, not abstinence. Some Aztec religious rituals linked human sexuality and fertility with agricultural fertility in ways that the Spanish missionaries and authorities found shocking, including (most famously) human sacrifice and ritual cannibalism, and young male priests processing with erect penises or dressed in the flayed skin of a woman. (Most Nahua peoples and other residents of Mexico did not carry out ceremonies of large-scale human sacrifice, which were part of the Aztec state cult of the sun.)

The Inca also had a cult of the sun, in which certain young women were chosen as *acclas* (women dedicated to the sun), and either remained virginpriestesses in special buildings or married the king of the Inca or one of his favorites. In Inca society everyone except the acclas was expected to marry, and marriages, except for those of the Inca and his favorites, were monogamous. Fertility and procreation were viewed as extremely important, with a girl's first menstruation marked by a special ceremony giving her her adult name and clothing. The coming-of-age ceremony for a boy also included his being given his adult name and a loincloth, and having his ears pierced for large ear spools, so that he shed blood the way a girl did at menstruation.

## Third Genders

Among many groups in the Americas there were – and in a few cases still are – individuals who combined the clothing, work, and other attributes of men and women. Most of these individuals are morphologically male, and, as noted in chapter 1, the Europeans who first encountered them thought they were homosexuals and called them "berdaches," from an Arabic word for male prostitute, although the preferred term today is "two-spirit people." Though Europeans focused on their sexuality, two-spirit people were distinguished from other men more by their clothing, work, and religious roles than their sexual activities; their difference was thus one of gender rather than sexuality. Among some groups two-spirit people are actually thought of as a third gender rather than effeminate males, so that sexual relations between a two-spirit person and a man may not have been understood as "same-sex" in any case. (In a very few instances, there were also two-spirit people who were morphologically female but carried out male tasks and wore male clothing; groups with such individuals thus had four gender categories.) Two-spirit people often had special ceremonial roles because they were regarded as having both a male and female spirit rather than the one spirit that most people had; they could thus mediate between the male and female world and the divine and human world. Many groups honored and accepted such individuals, although among others they were ridiculed and abused. The reasons for this diversity of treatment are not yet clear, and scholars today differ widely about whether two-spirit people should primarily be celebrated as transcenders of the usual gender dichotomy or pitied as exploited victims of violent conquest.

The Americas were not the only area of the world in which there were individuals regarded as neither men nor women, or both men and women, or in some other way transcending dichotomous gender classifications. In some cases these individuals appear to have been physically intersex, either from birth or as the result of castration, though in others their distinctiveness or androgyny was purely cultural, and might be either permanent or temporary. (And we have seen in chapter 1 the ways in which the physical and the cultural are interwoven to the point where the distinction between them often collapses.) In some cultures such individuals engaged in sexual activities or had permanent or temporary sexual relationships, while in others they did not.

The gender and sexuality of such individuals is thus complex and highly variable, but in almost all cultures where they are found, they had special ceremonial or religious roles. In the Philippines, religious leaders termed *baylans* or *catalonans* were generally married older women, regarded as to some degree androgynous because they were no longer able to have children. They were thought to be able to communicate with both male and female spirits, and this, in addition to their lack of fertility, gave them greater freedom of movement than younger women had. When men performed rituals as baylans or catalonans, they wore women's clothing or a mixture of men's and women's clothes. In South Sulawesi (part of Indonesia), individuals termed *bissu* carried out special rituals thought to enhance and preserve the power and fertility of the rulers, which was conceptualized as

"white blood," a supernatural fluid that flowed in royal bodies. The bissu were linked to the androgynous creator deity; they could be women, but were more often men dressed in women's clothing and performing women's tasks. In northern India, divine androgyny is replicated in the human world by religious ascetics termed *hijra*, impotent or castrated men dedicated to the goddess Bahuchara Mata; they are regarded as having the power to grant fertility and so perform blessings at marriages and the births of male children. *Xanith* in Oman perform certain female-identified rituals, do women's work, and have sex with men; they are morphologically male, and can move from the xanith role to a traditional male role and marry if they choose or their family needs this. In Polynesian societies, *mahus* had certain specific religious roles and generally performed women's work, though apparently they were morphologically male.

Both historical and contemporary examples of third genders and third (or fourth or fifth) categories of sexual orientation are receiving a great deal of study today, and are often used by people within the gay rights and transgender movements to demonstrate both the extent of nondichotomous understandings and the socially constructed and historically variable nature of all notions of gender and sexual difference. In some areas, there has been a blending of older third gender categories and more recent forms of expressing homosexual or transgender identity, as gay rights groups assert their connections with older traditions within their own culture to stress that demanding rights for homosexuals is not simply a Western import. The Asian and Pacific Islander lesbian, gay, bisexual, and transgender student organization at the University of California at Los Angeles, for example, chose the name "Mahu" for their group, in reference to the traditional Polynesian third gender category. There are now two-spirit societies throughout much of the US and Canada, and FIERCE, a youth-led, multiracial organization in New York launched in 2000 (the acronym stands for Fabulous Independent Educated Radicals for Community Empowerment), includes two-spirit people in its description of its membership: lesbian, gay, bisexual, Two Spirit, transgender and questioning (LGBTSTQ) youth.

## The Colonial World: Sex and Race (1500–1900)

Current academic and popular interest in third gender/sex groups around the world stands in sharp contrast with the attitudes of Westerners when they first encountered them during the colonial period. Colonial officials and missionaries generally classified them as homosexuals and regarded them with horror, as a sign of the depravity and inferiority of non-European cultures. Other sexual practices were also regarded as markers of inferiority, including polygyny, incest, same-sex relations not involving third gender individuals, concubinage, and temporary marriage, and were frequently invoked as a justification for European conquest and imperialism.

Over the last several decades, historians have paid great attention to the ways in which both the discourse and the reality of colonialism were gendered and sexualized. As with many other issues we have discussed in this book, it is hard to understand how this could have been overlooked for so long, for the evidence is clear and frequent in standard sources. Rape and enforced sexual services of indigenous women were a common part of conquest, discussed openly in letters, chronicles, and reports. In a number of woodcuts and engravings from the sixteenth and seventeenth centuries, America was depicted as a naked woman in a feather headdress. In his description of the discovery of the South American country of Guiana, the English explorer Sir Walter Ralegh described the land as "a country that hath yet her maidenhead [that is, still a virgin]... It hath never been entered by any armie of strength..."

Not only was colonial territory itself (particularly the "New World") described or portraved in sexualized metaphors, but the stories of colonization that captured people's imaginations – and in some cases still do – were those involving love and/or sex between individuals of different groups. One of these was the story of Thomas Inkle, an English trader, and Yarico, a young Indian woman, which was told in at least 60 different versions in 10 European languages during the eighteenth century. According to the story, Inkle was rescued by Yarico after he was shipwrecked; the two became lovers, and he promised to take her back to England and marry her. When she hailed a passing ship, they sailed to Barbados, where he sold her into slavery. The account was first told in a single paragraph in A True and Exact History of the Island of Barbados (1657) by the English gentleman Richard Ligon, who reported that he heard it directly from Yarico, now a slave in the house in which he was staying; he describes her as "of excellent shape and colour . . . with small breasts, with the niples of a porphyry colour." The story was retold in 1711 by Richard Steele in an essay in The Spectator, a very widely read periodical, who fleshed it out considerably; he transformed Yarico into a princess (a detail he may have taken from the related story of Pocahontas) and made her pregnant with Inkle's child at the time he sold her, which caused him to demand more for her. Steele used the story primarily to argue that women were more constant in love than men, but in its later incarnations - as poetry, essays, several plays performed in Paris and Philadelphia, and even a comic opera (in which it was given a happy ending) - it was often used to criticize the slave trade, with Yarico sometimes changed into an African, or referred to as both Native American and African in the same text.

Steele and later authors do not go into the details that Ligon does about Yorico's breasts, but they generally make it clear that she was naked or nearly naked. European accounts of exploration and travel almost always discuss the scanty clothing of indigenous peoples, which was viewed as a sign of their uncontrolled sexuality. Hot climate - which we would probably view as the main influence on clothing choice - was itself regarded as leading to greater sexual drive and lower inhibitions. By the eighteenth century, leading European thinkers such as Adam Smith and David Hume divided the world into three climatic/sexual zones: torrid, temperate, and frigid. (Words that still retain their double climatic/sexual meaning.) They and many other European writers and statesmen - worried about the effects of tropical climates on the morals as well as the health of soldiers and officials, and devised various schemes to keep Europeans sent to imperial posts from fully "going native," adopting indigenous dress, mores and who knew what else. They also linked this climatic/sexual schema with the advancement of civilization; in the torrid zones, heat made people indolent and lethargic as well as lascivious, whereas a temperate climate (like Britain) encouraged productivity and discipline along with sexual restraint and respect for women.

The aspect of "going native" that most concerned colonial authorities was, not surprisingly, engaging in sexual relations with indigenous people, and the colonial powers all regulated such encounters. They sometimes allowed European men to marry or (more often) to have nonmarital sexual relationships with non-European women, placing various types of restrictions on the children of those unions. The reverse was much rarer, for the sexual activities of European women were closely monitored. The story of Inkle and Yarico would have been told much differently if their races had been reversed; instead of a noble symbol of love and loyalty, she would have been degraded and dissolute, the type of woman the West Indian planter Edward Long warned about in 1772 with his comment "the lower class of women in England are remarkably fond of the blacks."

Long's brief comment manages to bring together sex, gender, race, and class, and he was far from alone in his thinking. A number of historians have pointed out the various ways in which these conceptual categories were linked in the period of colonialism and imperialism, not only in colonial areas but also in Europe and in places that became independent, such as the United States and Latin America. Indigenous peoples were often feminized, described or portrayed visually as weak and passive in contrast to the virile and masculine conquerors, or they were hypersexualized, regarded as animalistic and voracious. (Or sometimes both.) Racial hierarchies became linked with those of sexual virtue, especially for women, with white women representing purity and nonwhite women lasciviousness. Dispelling such stereotypes was extremely difficult and took great effort; African-American women in the early twentieth-century United States, for example, took great care to hide the sexual and sensual aspects of their lives and emphasize respectability in what the historian Darlene Clark Hine has called a "culture of dissemblance."

In the colonial world, both sexual and racial categories were viewed as permanent moral classifications supported by unchanging religious teachings. They were not viewed as socially constructed, but as undergirded by an even more fundamental boundary, that between "natural" and "unnatural." Thus same-sex relations were defined as a "crime against nature," and often tried in church courts. This link between natural and godly began to lessen in intensity during the eighteenth century, but the importance of nature in setting boundaries only intensified, and "nature" came to lie at the basis of modern understandings of sexuality.

### Modern Sexuality in the West (1750–1950)

Much of the earliest scholarship in the history of sexuality – which means that of the 1970s and 1980s, as this is such a new field - posited a clear break between "modern" sexuality (by which it meant modern Western sexuality) and that which came before. The beginning of modern sexuality was located sometime between the late eighteenth and the early twentieth century, with those who argued for an earlier transition highlighting the rise of scientific ideas about the body and those arguing for the later transition highlighting the beginning of the notion of a "sexual identity." As with all schemes of periodization in history, particularly those that argue for one single transition, this view is now seen as overly simplistic, not cognizant enough of class, racial, and gender differences within the West, to say nothing of those involving other cultures. Many scholars have thus given up looking for a single transition point or marker, and instead point to a number of changes that went on over the "long nineteenth century," stretching from the French Revolution to World War I. (The concept of the "long nineteenth century" developed first in political history, but it works in other areas of study as well.)

One of these was a change in sexual behavior, first in western Europe and then elsewhere in the Western world, in which more people had sexual relations before marriage and then did not marry. This can be traced through a rise in illegitimate births, and occurred especially among young people who migrated to cities for work and were thus away from parental control on their actions. Historians who first noticed this change interpreted it as a "sexual revolution" and celebrated it as youthful rebellion against traditional mores, but more recently others have noted that the young women who bore children out of wedlock also bore difficulties and stigma because of this, and may have wished that community controls on behavior had remained stronger.

A second key part of "modern" sexuality was a change in the basic paradigm of sexuality from religion to science. As we have seen, all religions of the world regulate sexual conduct, regarding sexual behavior as part of a moral system. In some religions, acts alone are what is regulated, while in others - including Judaism and Christianity - one's motivation as well as one's acts determine the moral content of behavior, and sometimes motivation or thoughts alone are deemed immoral. (Former US president Jimmy Carter's self-critical comments to *Playboy* magazine about having "lust in his heart" are an example of this.) Over the course of the eighteenth century, though harsh laws regarding sexual conduct remained on the books, they were enforced only sporadically and selectively. The concern with sexual thoughts and motivations rather than simply conduct actually grew more intense, however. Pornographic literature, for example, had been a significant share of printed works in Europe since the development of the printing press in the mid-fifteenth century and grew even more common in the eighteenth century. Some pornography was banned or confiscated because it included stories or gossip about the sexual activities of powerful people and thus had political content, but in general it was not restricted. This changed in the mid-nineteenth century, however, when laws such as the Obscene Publications Act passed by the British Parliament in 1857 banned materials with sexual content. Such laws were couched in scientific rather than religious language, with sexual desires and actions that deviated from the expected norm now viewed not as sin, but as "degeneracy," a term coined by the French asylum doctor Bénédict-Augustin Morel in 1857, or as "perversion," a term that became common in both medical and popular literature.

These desires, and the actions that resulted from them, were now studied, categorized, and classified as part of the natural world. Desires and actions judged to be too harmful or deviant might be corrected or prevented, but this was to be done through the assistance of scientifically trained professionals, not that of pastors or priests. The most important professionals in this new scientific understanding of sexuality were medical doctors, for sex was increasingly regarded as an aspect of health, with doctors determining what was "normal" and "abnormal." Western governments sought to promote a healthy society as a way of building up national strength, and anything that detracted from this became a matter of official and often public concern. Masturbation, prostitution, hysteria, and venereal disease all came to be viewed primarily as sexual issues and health problems, as did what were regarded as more extreme perversions, such as sadism, fetishism, masochism, exhibitionism, nymphomania, and "inversion," a common nineteenth-century term for same-sex desire. These various sexual disorders were labeled and identified in the landmark book Psychopathia Sexualis (1886) by the German physician and neurologist Richard von Krafft-Ebing, the first important study in the new medical specialty of sexology.

Medical and political discussions of such issues, and their actual control and treatment, were profoundly gendered, and also shaped by class and racial hierarchies; such divisions are a third feature of "modern" sexuality. Exhibitionism was a male malady, judged perverse by sexologists because by exposing his penis, a man allowed himself to be viewed by others in a way that was proper only for women. The law itself confined the crime of exhibitionism to men, and Angus McLaren has found that more men were iailed for exhibitionism in early twentieth-century Chicago than for any other crime, most of them lower-class immigrants. Restraint in sexual expression and behavior became a mark of class status, particularly for women. Respectable women were increasingly held to have no sexual desire, and anything vaguely sexual was to be removed from their surroundings: the legs of pianos were to be covered and fruit was to be eaten cut in pieces rather than whole. Doctors advised that thinking too much about sex might lead middle-class women to hysteria, an illness marked by behaviors that deviated from or exaggerated what was acceptable in women and thus symptomized by both emotional coldness and weeping fits; prescribed treatments included long bed rests and genital surgery. Lower-class women's inappropriate sexuality was to be controlled primarily by making sure that they "paid" for it; abortion was outlawed and access to birth control devices – especially rubber condoms, which became cheaper and better after the vulcanization of rubber in the mid-nineteenth century – was restricted.

Masturbation was a matter of concern in both males and females, but particularly in boys and men, for whom the too early or too frequent spilling of sperm might cause them to become, in the words of the French doctors Alfred Fournier and François Béguin, "weakened, pallid beings, equally feeble in body and mind . . . incapable of defending the *nation* or of serving it by honorable or useful work." The notion that men had only a limited amount of sperm - often labeled the "spermatic economy" - was based on the older idea of bodily humors that medicine had largely rejected by the nineteenth century, but it undergirded an obsession with masturbation that continued well into the twentieth century. This fixation was shaped by notions of race and class as well as gender; lower-class and nonwhite servants were often accused of teaching white, middle-class children to masturbate. Robert Baden-Powell, a British officer who had served in Africa and India, founded the Boy Scouts in 1908 explicitly to teach British boys what he regarded as the right sort of manly virtues and keep them from masturbation, effeminacy, physical weakness, and homosexuality. These were traits he regarded as particularly common among the nonwhite subjects of the British Empire, and also among the residents of British industrial cities. If they were not counteracted with a vigorous program of physical training and outdoor life, Baden-Powell and numerous other writers, physicians, politicians, and church leaders predicted an inevitable "race degeneration" or even "race suicide."

#### 212 Sexuality

Prostitution increased throughout the nineteenth century in Europe and its colonies as cities grew and women's wages remained low, and sexually transmitted diseases, especially syphilis and gonorrhea, spread widely. Prostitution, too, came to be regarded primarily as a threat to men's health; prostitutes in Italy, France, and parts of Germany were required to register with the police and be examined regularly by doctors, who used unwashed syringes and speculums – labeled by French prostitutes the "government's penis" – and so helped to spread venereal diseases even more quickly. Beginning in 1864 Britain passed a series of Contagious Diseases Acts through which women in any port city of Britain and its empire who were simply suspected of being prostitutes could be arrested and sent to a "lock hospital" to be examined and treated for venereal disease. When the English social reformer Josephine Butler suggested that men who frequented prostitutes also ought to be examined, the royal commission in charge was shocked at the suggestion, noting: "there is no comparison to be made between prostitutes and the men who consort with them. With the one sex the offense is committed as a matter of gain; with the other it is an irregular indulgence of a natural impulse."

The gender- and class-specific handling of venereal disease meant that efforts at control were completely ineffectual, and finally in 1884 efforts by women such as Butler led to the repeal of the Contagious Diseases Acts, though the registration of prostitutes continued in continental Europe. Prostitution was generally viewed as a necessary evil, a regrettable concession to the strong sexual needs of lower-class and nonwhite men, certainly preferable to masturbation or same-sex relationships. (The fact that many white middle-class men used prostitutes was never discussed.) Concern for the women involved emerged primarily in a series of "white slavery" panics in the late nineteenth century, in which newspapers and magazines reported that large numbers of young white women were abducted from cities and small towns and then sold to brothels that catered to nonwhite men or transported to foreign lands. Such incidents certainly happened, but the numbers reported were vastly inflated.

Commentators in this era – the high point of the Industrial Revolution – often used industrial or mechanical metaphors when talking about sex, describing sexual drives as surging through the body in the same way steam did through engines or water through pipes. This "hydraulic model" of sex led them to worry about what would happen (to men) who did not have an outlet; would such "repression" cause them to explode the same way that pipes or engines would if they were blocked?

As they worried about repression and its consequences, sexologists frequently turned their attention to same-sex desire in the decades around 1900, initially labeling this "inversion," though eventually the word "homosexuality," devised in 1869 by the Hungarian jurist K. M. Benkert, became the common term. Sexologists expected "inverts" to exhibit the tastes, behaviors, clothing

preferences, habits, and abilities of the other sex, and often searched for physical signs, such as an enlarged clitoris or well-developed muscles in a woman, or the lack of a beard in a man. During the nineteenth century, individuals had often expressed same-sex desire in very passionate terms, but these were generally regarded as "romantic friendships," expected as a part of growing up and, especially in women, not a sign of deviancy even if they continued throughout an individual's life. The Young Men's Christian Association (YMCA), for example, began in England in 1848 as a Christian men's movement in which young unmarried men were expected to strengthen their character and morality through passionate attachments to one another, a union of souls that would lead to greater love for God. Historians debate whether such friendships should be labeled "homosexual" because this was not yet a category in people's minds, but the medicalization of same-sex desire as a form of sexual deviancy changed attitudes toward them, and intimacy between girls or between boys was increasingly regarded with distrust. By the 1920s, the YMCA's official statements condemned same-sex attraction and espoused a "muscular Christianity," centered on basketball (invented at a YMCA), swimming, and other sports, and on "normal" heterosexual relationships.

In the early twentieth century, same-sex desire may have been expressed less openly in Europe and North America than it had been earlier, but it also became more often something that linked individuals in homosexual subcultures, a matter of identity rather than simply actions. Historians have discovered homosexual subcultures and communities - with special styles of dress, behavior, slang terms, and meeting places - developing among men in European cities as early as the seventeenth century, but these became more common in the twentieth century, and more often involved women as well as men. These communities varied tremendously depending on social class, race, and other factors, with differing patterns in the way gender and sexuality interacted. In turn-of-the-century New York City, male "fairies" dressed in flamboyant effeminate clothes and makeup gathered in the Bowery, while in the 1920s Harlem nightclubs and parties were popular with "bulldagger" women and "sissy" men, as well as those simply seeking good music and vibrant nightlife. In many US cities during the 1950s, women who frequented lesbian bars developed norms of clothing and behavior that highlighted gender dichotomy, choosing to identify either as "butch" - with short hair and men's clothing - or as "fem"- wearing traditional women's clothing.

Heterosexuality also became a matter of identity in the early twentieth century, of a permanent "sexual orientation" that eventually became a legal as well as medical term and a central part of modern Western notions of the self. The word "heterosexual" was originally used by sexologists to describe individuals of different sexes who regularly engaged in nonprocreative sex simply for fun; it was thus a type of perversion, though a mild one. Increasingly the term came to be used for those who were sexually attracted to the "opposite" sex, and the proper development of this attraction became a matter of physical and psychological health. "Normal" heterosexual development was determined by gender, most famously in the ideas of the Austrian psychiatrist Sigmund Freud. Freud developed the notion that human behavior is shaped to a great extent by unresolved sexual conflicts that begin in infancy; these sexual conflicts are gendered, with girls suffering primarily from penis envy (the recognition that they are lacking something their brothers have) and boys from an Oedipus complex (the desire to kill their fathers so that they can possess their mothers). Freud's ideas were vigorously attacked, sometimes by his former associates, but they had a wide impact in fields far beyond psychology such as literature, art, and education.

These scientific and medical studies of sexual attitudes and behavior led to two somewhat contradictory ideas about sexuality. On the one hand, one's choice of sexual partners and other aspects of one's sexual behavior were increasingly regarded as reflections of a permanent orientation rather than simply individual acts, so that one had what came to be termed a "sexual identity" as a homosexual or heterosexual determined by object choice, not sexual role. On the other hand, homosexuality and other types of "deviant" sexuality were defined as physical or psychological illnesses that could be cured through drugs, surgery, or psychoanalysis. By the late nineteenth century sexual offenders were no longer executed, but they might be jailed, imprisoned in mental hospitals, or forced to undergo unwanted surgical or psychological treatments. Efforts were made to prevent sexual deviance as well as cure it, a pattern that continued throughout the twentieth century.

Further contradictions marked Western sexuality in the first half of the twentieth century. Attitudes toward heterosexual sexual activity grew slowly less restrictive, as popular and learned books advised readers about how to achieve a "healthy" sex life that included sexual pleasure for both men and women. Such advice increasingly included information on birth control techniques and devices, and the use of condoms, diaphragms, and spermicides became more acceptable among the middle classes. Contraceptives could only be obtained through a physician, however, and were often too expensive for working-class people. Abortion and abstinence remained the most common ways for them to prevent pregnancy, although abortion remained illegal in most Western countries.

## The Globalized World (1950–2010)

Contradictory ideas and differences of opinion about sexuality and its relation to gender grew even sharper in the late twentieth and early twenty-first centuries. Some medical researchers investigated variations in genes and brain structure among gay men, while others criticized their findings as logically

and methodologically flawed, shaped by notions of gender that continued to view homosexual men as in some ways feminized. (Most research on homosexuality in the twentieth century, like most medical research in general, focused on men.) In many countries, gay and lesbian rights activists worked to end discrimination on the basis of sexual orientation, including the right to marry. Some wondered, however, whether this was a good tactic: would it be wiser to reduce the extensive legal benefits that marriage brought with it rather than adopt an institution that was so gendered and so flawed? Other activists and scholars argued that the whole idea of a permanent sexual orientation was itself flawed. They asserted that "sexual orientation" and "gender identity" had indeed been part of "modern" ideas about sexuality, but in a postmodern world such concepts were just as outmoded as Plato's "wandering womb." Dichotomous understandings of a split between heterosexual and homosexual, and between male and female, were too limiting, as were the more varied categories of gay, lesbian, bisexual, and transsexual/transgender (often now shortened to trans). Instead sexuality and gender were, and should be, fluid, particularly in a globalized world in which individuals could blend and build on elements from many cultures to create a hybridized identity. This might be so, noted other commentators, but it was important to recognize that "homosexual" was a distinct category in many people's minds, and that those so categorized suffered negative consequences. They were often subject to horrific violence, and many countries refused to allow those judged to be homosexual, to say nothing of those who challenge the "natural" dichotomous gender order, to immigrate, thus barring them from full participation in the new globalized world.

In the last decade, the increasing numbers of individuals who have undergone sex reassignment surgery have added further complexities to these debates. If gender is not a central aspect of identity, why is it important that the outward body fit with the inner gender? Does sex reassignment surgery reinforce hegemonic dichotomous notions of gender, or challenge them? Patterns that have emerged within the trans community suggest the power of long-established gender hierarchies, even within what might be considered a gender frontier. Transwomen (individuals born male who typically modify their bodies through feminizing hormones and/or surgeries in order to be "read" as women, abbreviated as MTF) are poorer than transmen (individuals born female who typically modify their bodies through masculinizing hormones and/or surgeries in order to be "read" as men, abbreviated as FTM), and much more likely to be involved in the sex trade. Transmen are more common in academia and other professions than transwomen. Although sexual orientation and gender identity are usually understood as distinct from one another, the increase in transmen has coincided with a decline in the number of lesbians who present themselves as "butch." The transgender movement has encouraged the acceptance of a nonbinarized gender system,

but in the United States one in two transgender individuals have experienced sexual violence because of their gender identity.

The gay rights and transgender movements emerged in a world that was increasingly interconnected by fast (and relatively cheap) travel and transport, and by instantaneous communication. Thus developments in one place influenced those elsewhere, which was also true of other aspects of sexuality. New birth control methods, particularly "the pill" but also new types of intrauterine devices (IUDs), proved very effective, and their use spread in the 1960s, although abortion remained the most common form of birth control in the Soviet Union, Japan, and many other countries. By 2000 roughly two-thirds of the world's population appeared to have been practicing some kind of birth control. Effective contraception meant that sexual activity was separated from its reproductive consequences for people in many parts of the world, a separation celebrated by many as the beginning of a "sexual revolution" in which sex was primarily for pleasure, not progeny. Sexually explicit themes became more common in movies, television, magazines, advertising, and music, and later on websites and other electronic media. Sex before marriage with a variety of partners became more widely accepted, and marriage rates went down; by the end of the century the majority of cohabiting heterosexual couples in some countries in Europe were not married.

All of these changes provoked opposition. Conservative Catholic leaders opposed artificial contraception, as did many Muslim clerics, some of whom also viewed birth control as a Western conspiracy to limit the number of Muslims in the world and regarded any open expression of sexuality as a sign of Western-inspired decadence. Nationalist leaders in Africa sometimes opposed new contraceptive technologies, viewing these as imperialist, racist, and in conflict with local morality, although such objections often declined at the end of the twentieth century as smaller families came to be viewed as an aid to economic growth and a symbol of modernity. Conservative Protestants in the United States objected to any rights for homosexuals, and also to education about contraception for young people, hoping to persuade them that abstinence before marriage was preferable; as a result the teenage pregnancy rate in the US was significantly higher than that in other industrialized countries.

In the 1980s, the emergence of a new sexually transmitted disease – Acquired Immune Deficiency Syndrome (AIDS), caused by the Human Immunodeficiency Virus (HIV) – shaped both sexual behavior and opinions about it around the world. AIDS is transmitted by the exchange of bodily fluids, and is extremely contagious. Its initial victims in the West included many homosexuals and intravenous drug users, who, like prostitutes in an earlier era, were seen by some as meriting their fate. Extensive medical research led to antiretroviral drugs in the 1990s, and for those who could afford these, AIDS became a chronic condition rather than a death sentence.

In poorer parts of the world, AIDS spread first among prostitutes and their clients; drugs were far too expensive and many men objected to using condoms, which would have slowed its spread. Eventually huge numbers of people were infected, particularly in sub-Saharan Africa.

The spread of AIDS in many areas was facilitated by prostitution, and its rapid transmission around the world was related to an explosive rise in international sex tourism, which has continued despite the AIDS epidemic. Governments have made some efforts to limit sex tourism, although these often parallel nineteenth-century campaigns against prostitution in that they focus on the providers, not the customers. Sex tourism shades into the internet marriage market, which by 2010 involved hundreds of agencies. Both primarily involve Western (and to a lesser degree Japanese) men and Asian, eastern European, and Latin American women, a pattern resulting largely from the sharply unequal globalized economy. Gendered and sexualized notions of cultural and racial differences shape sex tourism and internet marriage services as well, with male customers reporting that they are seeking sexual or marriage partners who are more willing to follow "traditional" gender roles than are the women in their own country. Sex workers and women seeking husbands view such relationships as the only possible way to escape poverty, and many comment that they recognize accepting - or performing – traditional gender roles is part of the package.

Traditional notions of gender underlie many other aspects of contemporary sexuality as well. Drugs such as Viagra that enhance and extend male potency are a billion-dollar market, although these now contain chemical compounds rather than the roots and herbs that potency aids did in ancient Mesopotamia. (Traditional Chinese medicines to enhance potency such as ginseng are still widely used as well.) In the US, impotence drugs are covered by health insurance because they are "essential for well-being," whereas contraceptives generally are not. AIDS is spreading fastest in countries where the government sometimes denies that it exists, and is now the leading cause of death for women aged 20-59 worldwide (for men this is heart disease). Rape and other forms of sexually related violence appear to be on the increase, usually directed at women and sometimes specifically at those women who appear to be breaking with conventional notions of proper female behavior, however these are defined. Thus the intertwining of sexuality and gender that I noted at the beginning of this chapter is not simply an intellectual issue, but one that shapes everyday life in significant ways. This is also true about more positive trends, however. The language of rights used in the first- and second-wave women's movements and in the gav rights movement is now being used by the trans movement to argue for an end to discrimination. Prohibitions of sexual harassment in the workplace, including both overt unwanted advances and the creation of a hostile climate, have had some effects in creating a more welcome environment for women and gay people. Mass rape and sexual enslavement in time of war has been declared a crime against humanity by the World Court, and in the last decade several perpetrators have been found guilty and sentenced. In 2008, the United Nations officially acknowledged the role of sexual violence in war, stating in Resolution 1820 that "sexual violence, when used or commissioned as a tactic of war in order to deliberately target civilians or as a part of a widespread or systematic attack against civilian populations, can significantly exacerbate situations of armed conflict and may impede the restoration of international peace." In recognizing that rape as a weapon of war is a matter of national and international security, the UN thus placed gender and sexuality at the center of today's most important issues.

#### Further Reading

Because of the close relationship between gender and sexuality in historical studies over the last several decades, many of the works cited in the list of readings following each chapter also contain extensive discussion of sexuality; this list does not include anything already mentioned. A brief survey with a global perspective is Peter Stearns, *Sexuality in World History* (New York: Routledge, 2009). A fuller discussion of many areas of the world is provided in "*AHR* Forum: Transnational Sexualities," *American Historical Review*, 114:5 (Dec. 2009), 1250–354. The many books of Vern Bullough, including *Sexual Variance in Society and History* (New York: John Wiley, 1976) and Vern Bullough and Bonnie Bullough, *Cross Dressing, Sex, and Gender* (Philadelphia: University of Pennsylvania Press, 1993) do sometimes range beyond the West, as do several recent studies of the lack of sex, including Elizabeth Abbott, *A History of Celibacy: Experiments through the Ages* (New York: Scribner, 2000) and Angus McLaren, *Impotence: A Cultural History* (Chicago: University of Chicago Press, 2007).

Robert Nye, ed., *Sexuality* (New York: Oxford University Press, 1999) provides an excellent introduction to Western sexuality, and includes discussions ranging from antiquity to the present, arranged chronologically. Useful general essay collections include Kathy Peiss and Christina Simmons, eds., *Passion and Power: Sexuality in History* (Philadelphia: University of Pennsylvania Press, 1989); Domna Stanton, ed., *The Discourses of Sexuality: From Aristotle to AIDS* (Ann Arbor: University of Michigan Press, 1992); Roy Porter and Mikuás Teich, eds., *Sexual Knowledge, Sexual Science: The History of Attitudes to Sexuality* (Cambridge: Cambridge University Press, 1994); Nikki R. Keddie, ed., *Debating Gender, Debating Sexuality* (New York: New York University Press, 1996); Susan Stryker and Stephen Whittle, eds., *The Transgender Studies Reader* (New York: Routledge, 2006). Foucault's most influential work on sexuality is also his briefest: Michel Foucault, *The History of Sexuality I: An Introduction*. trans. Robert Hurley (New York: Random House, 1990). An excellent summary of Foucault's thought is Alan Sheridan, *Michel Foucault: The Will to Truth* (London: Routledge, 1990) and a good collection of his writings is David Couzens Hoy, ed., *Foucault: A Critical Reader* (Oxford: Blackwell, 1986). Discussions of the relationship between Foucault and feminism include Lois McNay, *Foucault and Feminism: Power, Gender and the Self* (Boston: Northeastern University Press, 1993); Susan Hekman, ed., *Feminist Interpretations of Michel Foucault* (University Park, PA: Penn State University Press, 1996); Dianna Taylor and Karen Vintges, eds., *Feminism and the Final Foucault* (Urbana: University of Illinois Press, 2004).

Theoretical discussions of the constructed nature of gender and sexual identity include Teresa de Lauretis, *Technologies of Gender* (Bloomington: Indiana University Press, 1987), Jonathan Ned Katz, *The Invention of Heterosexuality* (New York: Dutton Books, 1995), and the works of Judith Butler cited in chapter 1. The debate within feminism about pornography and sado-masochism is discussed in Carol Vance, ed., *Pleasure and Danger: Exploring Female Sexuality* (New York: Routledge, 1984). Many theoretical works on the body do not have a historical component. Several that do are Michael Feher with Ramona Nadoff and Nadia Tazi, *Fragments for a History of the Human Body* (3 parts, New York: Zone Books, 1989–91); Janet Moore Lindman and Michele Lise Tarter, *A Centre of Wonders: The Body in Early America* (Ithaca, NY: Cornell University Press, 2001).

Examinations of sexuality through archaeological sources are just beginning to appear, including Robert A. Schmidt and Barbara L. Voss, eds., *Archaeologies of Sexuality* (New York: Routledge, 2000) and Rosemary A. Joyce, *Ancient Bodies, Ancient Lives: Sex, Gender, and Archaeology* (London: Thames and Hudson 2009).

Sexuality in the ancient Mediterranean has been analyzed in David M. Halperin, John J. Winkler, and Froma I. Zeitlin, eds., *Before Sexuality: The Construction of Erotic Experience in the Ancient Greek World* (Princeton, NJ: Princeton University Press, 1990); Wayne R. Dynes and Stephen Donaldson, eds., *Homosexuality in the Ancient World* (New York: Garland, 1992); Eva Cantarella, *Bisexuality in the Ancient World* (New Haven, CT: Yale University Press, 2002); Thomas A. J. McGinn, *Prostitution, Sexuality, and the Law in Ancient Rome* (New York: Oxford University Press, 2003); Mark Golden and Peter Toohey, eds., *Sex and Difference in Ancient Greece and Rome* (Edinburgh: Edinburgh University Press, 2004); Christopher A. Faraone and Laura McClure, eds., *Prostitutes and Courtesans in the Ancient World* (Madison: University of Wisconsin Press, 2006).

This chapter has not included much discussion of medieval and early modern Europe, as these have been discussed at some length in other chapters. New general studies of sexuality in Europe, and the website for this book, can guide you to a huge amount of additional reading: Ruth Mazo Karras, *Sexuality in Medieval Europe: Doing unto Others* (New York: Routledge, 2005); Katherine Crawford, *European Sexualities*, 1400– 1800 (New York: Cambridge University Press, 2007); Anna Clark, *Desire: A History of European Sexuality* (London: Routledge, 2008).

Information on gender and sexuality in the pre-Columbian Americas is contained in several general studies, including Inga Clendinnen, *Aztecs: An Interpretation* (Cambridge: Cambridge University Press, 1991); Constance Classen, *Inca Cosmology and the Human Body* (Salt Lake City: University of Utah Press, 1993); Matthew Restall, *The Maya World: Yucatec Culture and Society*, 1550–1850 (Stanford, CA: Stanford University Press, 1997).

The classic study of two-spirit people in North America is Walter L. Williams, The Spirit and the Flesh: Sexual Diversity in American Indian Culture (Boston: Beacon Press, 1986). Newer works include Sue-Ellen Jacobs, Wesley Thomas, and Sabine Lang, eds., Two-Spirit People: Native American Gender Identity, Sexuality, and Spirituality (Urbana: University of Illinois Press, 1997) and Will Roscoe, Changing Ones: Third and Fourth Genders in Native North America (London: Macmillan Press, 1998). For transgendered people outside North America, see Serena Nanda, Neither Man nor Woman: The Hijras of India (Belmont, CA: Wadsworth, 1990); Stephen O. Murray, ed., Oceanic Homosexualities (New York: Garland, 1992); Gilbert Herdt, ed., Third Sex, Third Gender: Beyond Sexual Dimorphism in Culture and History (New York: Zone Books, 1994); Gavatri Reddy, With Respect to Sex: Negotiating Hijra Identity in South India (Chicago: University of Chicago Press, 2005); Sharyn Graham Davies, Challenging Gender Norms: Five Genders among the Bugis in Indonesia (London: Wadsworth, 2006).

Studies of sexuality in colonialism include Ann Laura Stoler, Race and the Education of Desire: Foucault's History of Sexuality and the Colonial Order of Things (Durham, NC: Duke University Press, 1995), Carnal Knowledge and Imperial Power: Race and the Intimate in Colonial Rule (Berkeley: University of California Press, 2002) and Haunted by Empire: Geographies of Intimacy in North American History (Durham, NC: Duke University Press, 2006); Richard Trexler, Sex and Conquest; Gendered Violence, Political Order, and the European Conquest of the Americas (Ithaca, NY: Cornell University Press, 1995); Pete Sigal, From Moon Goddesses to Virgins: The Colonization of Yucatecan Maya Sexual Desire (Austin: University of Texas Press, 2000); "Sexual Encounters/Sexual Collisions: Alternative Sexualities in Colonial Mesoamerica," special issue of Ethnohistory, 54:1 (Winter 2007); Tony Ballantyne and Antoinette Burton, eds., Bodies in Contact: Rethinking Colonial Encounters in World History (Durham, NC: Duke University Press, 2005) and Moving Subjects: Gender,

Mobility, and Intimacy in an Age of Global Empire (Urbana: University of Illinois Press, 2008). Many of the texts that retell the Inkle and Yarico story have been collected in Frank Felsenstein, ed., English Trader, Indian Maid: Representing Gender, Race, and Slavery in the New World (Baltimore, MD: Johns Hopkins University Press, 1999).

On "modern" Western sexuality, see Carolyn Dean, Sexuality and Modern Western Culture (New York: Twavne, 1996); Catherine Gallagher and Thomas Laqueur, eds., The Making of the Modern Body: Sexuality and Society in the Nineteenth Century (Berkeley: University of California Press, 1987); John C. Fout, ed., Forbidden History: The State, Society, and the Regulation of Sexuality in Modern Europe (Chicago: University of Chicago Press, 1992); Hugh Stevens and Caroline Howlett, eds., Modernist Sexualities (New York: Manchester University Press, 2000). The writings of early sexologists have been gathered and analyzed in Lucy Bland and Laura Doan, eds., Sexology Uncensored: The Documents of Sexual Science and Sexology in Culture: Labelling Bodies and Desires (Chicago: University of Chicago Press, 1998). For eastern Europe, see Jane T. Costlow, Stephanie Sandler, and Judith Vowles, eds., Sexuality and the Body in Russian Culture (Stanford, CA: Stanford University Press, 1993), Eric Naiman, Sex in Public: The Incarnation of Early Soviet Ideology (Princeton, NJ: Princeton University Press, 1999); Dan Healey, Homosexual Desire in Revolutionary Russia: The Regulation of Sexual and Gender Dissent (Chicago: University of Chicago Press, 2001).

The best place to start in exploring sexuality in the United States is John D'Emilio and Estelle B. Freedman, Intimate Matters: A History of Sexuality in America (2nd edn., New York: Harper and Row, 1997). Another good, though more focused, introduction is the aptly titled book by Leila Rupp, A Desired Past: A Short History of Same-Sex Love in America (Chicago: University of Chicago Press, 1999). Other major collections and analyses include Kevin White, The First Sexual Revolution: The Emergence of Male Heterosexuality in Modern America (New York: New York University Press, 1993); Martha Hodes, White Women, Black Men: Illicit Sex in the Nineteenth Century South (New Haven, CT: Yale University Press, 1997); Angus McLaren, The Trials of Masculinity: Policing Sexual Boundaries, 1870–1930 (Chicago: University of Chicago Press, 1997); Merril D. Smith, ed., Sex and Sexuality in Early America (New York: New York University Press, 1998); Martha Hodes, ed., Sex, Love, Race: Crossing Boundaries in North American History (New York: New York University Press, 1999); Jennifer Terry, An American Obsession: Science, Medicine, and the Place of Homosexuality in Modern Society (Chicago: University of Chicago Press, 1999); Siobhan B. Somerville, Queering the Color Line: Race and the Invention of Homosexuality in American Culture (Durham, NC: Duke University Press, 2000); Elizabeth Reis, ed., American Sexual Histories

(Malden, MA: Blackwell, 2001); Richard Godbeer, Sexual Revolution in Early America (Baltimore, MD: Johns Hopkins University Press, 2002); Clare A. Lyons, Sex among the Rabble: An Intimate History of Gender and Power in the Age of Revolution, Philadelphia, 1730–1830 (Chapel Hill: University of North Carolina Press, 2006).

Basim Musallam, Sex and Society in Islamic Civilization (Cambridge: Cambridge University Press, 1983) provides a solid introduction to the Islamic world, and more specialized studies are becoming more common, including Afsaneh Najmabadi, Women with Mustaches and Men without Beards: Gender and Sexual Anxieties of Iranian Modernity (Berkeley: University of California Press, 2005); Dror Ze'evi, Producing Desire: Changing Sexual Discourse in the Ottoman Middle East, 1500–1900 (Berkeley: University of California Press, 2006); Joseph A. Massad, Desiring Arabs (Chicago: University of Chicago Press, 2007). For Asia, see Lenore Masterson and Margaret Jolly, eds., Sites of Desire, Economies of Pleasure: Sexualities in Asia and the Pacific (Chicago: University of Chicago Press, 1997); Matthew H. Sommer, Sex, Law, and Society in Late Imperial China (Stanford, CA: Stanford University Press, 2000); Sanjay Srivastava, ed., Sexual Sites, Seminal Attitudes: Sexualities, Masculinities and Culture in South Asia (Thousand Oaks, CA: Sage, 2004); Fran Martin, Peter A. Jackson, Mark McLelland, and Audrey Yue, eds., AsiaPacifiQueer: Rethinking Genders and Sexualities (Urbana: University of Illinois Press, 2008).

Important studies of same-sex relations over a long time period and from a global perspective include David Greenburg, The Construction of Homosexuality (Chicago: University of Chicago Press, 1988); Stephen O. Murray, Homosexualities (Chicago: University of Chicago Press, 2002); Louis Crompton, Homosexuality and Civilization (Cambridge, MA: Belknap Press, 2003); Robert Aldrich, Gay Life and Culture: A World History (New York: Thames and Hudson, 2006). All of these are huge; there is a brief review of recent work on same-sex relations in Leila J. Rupp, "Toward a Global History of Same-Sex Sexuality," Journal of the History of Sexuality, 10.2 (Apr. 2001), 287–302. More focused studies on one region include Bret Hinsch, Passions of the Cut Sleeve: The Male Homosexual Tradition in China (Berkeley: University of California Press, 1990); George Chauncey, Gay New York: Gender, Urban Culture, and the Making of the Gav Male World, 1890–1940 (New York: Basic Books, 1994); Gary Leupp, Male Colors: The Construction of Homosexuality in Tokugawa Japan (Berkeley: University of California Press, 1995); Michael Rocke, Friendly Affection, Nefarious Vices: Homosexuality, Male Culture and the Policing of Sex in Renaissance Florence (Oxford: Oxford University Press, 1995); Stephen O. Murray and Will Roscoe, eds., Islamic Homosexualities: Culture, History, and Literature (New York: New York University Press, 1997); John Donald Gustav-Wrathall, Take the Young Stranger by the Hand: Same-Sex

Relations and the YMCA (Chicago: University of Chicago Press, 1998); James N. Green, Beyond Carnival: Male Homosexuality in Twentieth-Century Brazil (Chicago: University of Chicago Press, 2001); Stephen Murray and Will Roscoe, eds., Boy Wives and Female Husbands: Studies in African Homosexualities (London: Palgrave Macmillan, 2001); Stephen O. Murray, Pacific Homosexualities (New York: iUniverse, 2002); Helmut Puff, Sodomy in Reformation Germany and Switzerland, 1400–1600 (Chicago: University of Chicago Press, 2003); Megan J. Sinnott, Toms and Dees: Transgender Identity and Female Same-Sex Relationships in Thailand (Honolulu: University of Hawaii Press, 2004); Thomas A. Foster, ed., Long before Stonewall: Histories of Same-Sex Sexuality in Early America (New York: New York University Press, 2007); Samar Habib, Female Homosexuality in the Middle East: Histories and Representations (New York: Routledge, 2007).

On the impact of globalization on sexuality, see Carl Franklin Stychin and Didi Herman, eds., *Law and Sexuality: The Global Arena* (Minneapolis: University of Minnesota Press, 2001); Nicole Constable, *Romance on a Global Stage: Pen Pals, Virtual Ethnography, and "Mail-Order" Marriages* (Berkeley: University of California Press, 2003); Vincanne Adams and Stacy Leigh Pigg, eds., *Sex in Development: Science, Sexuality, and Morality in Global Perspective* (Durham, NC: Duke University Press, 2005); Neville Hoad, *African Intimacies: Race, Homosexuality and Globalization* (Minneapolis: University of Minnesota Press, 2007); Eithne Luibhéid, ed., *Queer/Migration*, special issue of *GLQ: Journal of Lesbian and Gay Studies* (Durham, NC: Duke University Press, 2008).

There is a much longer list of selected readings, along with links to original sources, on the website associated with this book: www.wiley.com/go/ wiesnerhanks.

# Afterword

At the end of the introduction, I warned you that this book might make you as the reader feel angry, depressed, or defensive. I made this comment because those are reactions I often get from students when I teach courses that focus on women and gender, or when I discuss the differences between men's and women's experiences in more general history courses. The first two emotions are ones I have often felt myself, and sometimes continue to feel despite more than 30 years of studying women and gender. Women's history can easily, as my students have said, be a downer or leave you pissed off. Investigating certain topics also leaves me, as a middle-class woman of Euro-American background, feeling defensive; it is always more comfortable (and comforting) to explore issues of male privilege than what Peggy McIntosh has called "the invisible knapsack of white privilege."

At times I have also felt defensive about doing women's history at all. In the nineteenth century, professional historians in European and American universities sought to make history into a science, one that engaged, as the natural sciences were understood to do, in the unearthing and marshaling of facts and the "objective" retelling of a story. That notion of what history was about continued to shape the teaching of history for a very long time, particularly in graduate schools. We were warned against investigating topics about which we could not be objective; better, for example, if we were a strong Catholic to study a Protestant group, or better yet to stay away from religious issues altogether. Ideal topics were those in which we were not emotionally, spiritually, intellectually, or philosophically invested, and perhaps not even very interested. The best might be one that was simply assigned by our dissertation advisor, which would allow us to achieve the necessary objectivity as well as the even more necessary excellent letter of recommendation.

This was a situation in which a number of my friends found themselves, but I was fortunate to have a dissertation advisor (such an individual is called a "Doctor-father" (*Doktorvater*) in the telling German phrase) who did not demand such filial obedience of his academic offspring. I also came into graduate school right at the point when doing research on women did not seem utterly bizarre, though there were not vet any courses in women's history taught by regular faculty. (There were also no tenured women in a department of more than 50, although the quota on the percentage of incoming graduate students who could be female, found in many history departments into the 1960s, had been lifted.) I certainly internalized the notion of objectivity to a great degree, however, and, along with other historians of women, set out to prove that I could be as objective as the next man. We particularly guarded ourselves against the feelings of anger or depression our materials often provoked in us, ever defensive against charges of "bias" or "having an agenda." Even when many of us came to accept and assert that all history has an agenda, that every historian decides what is important enough to study for personal and political reasons (including the desire to get a job), we were still very careful in our language. We recognized the temptation to make unreflective ethical judgments about the past - as Barbara Newman has put it, the temptation to idealize, pity, or blame – and fought it. We highlighted the complexity of women's experience, and tried to avoid making generalizing statements about whether certain developments were good or bad for women. (A friend of mine calls this the Glinda test, after the question posed to Dorothy by Glinda, the good witch in The Wizard of Oz: Are you a good witch, or a bad witch?)

Women's history thus had a self-contradictory task, to highlight women vet assert that studying them was no different than studying anything else. Joan Scott has pointed out that this was also a paradox in feminism, for in order to eliminate sexual difference, feminists first had to proclaim that difference, to point out women's "otherness" within political and intellectual structures based on the individual male citizen. This was not simply an issue of theoretical perspective, but confronted those of us who were teachers every time we made up a course syllabus: Should we, for example, be more interested in separate courses in women's history, or in integrating women into general history courses? If we did the former, we were ghettoizing women, but we were better able to evaluate their experiences with the complexity they deserved. If we did the latter, we never had enough time to differentiate sufficiently among women, and also encountered student hostility: "I thought this course was going to be about history, not women's history." This contradiction was particularly strong every March, when Women's History Month rolled around - we wanted to see events and exhibits celebrating women, yet often winced at their lack of sophistication and wondered whether we should participate.

In many ways the turn to gender was a relief; "gender" sounded much more elegant and allowed for greater intellectual distancing than "women," in the same way that "man" had earlier sounded cultivated and scholarly. (*The Ascent of Men* just doesn't have the same ring as *The Ascent of Man*, nor *Men on Their Pasts* the same as *Man on His Past.*) As "gender" became more common, it also allowed us to avoid using the word "sex"; as scholars we dropped it because we wanted to be free of the taint of essentialism and prove that we understood the socially constructed and historically variable nature of all categories. (Our lead was followed by people who designed registration forms, driver's license applications, and other documents, but that was to avoid hinting at the other meanings of sex, not to assert that gender was socially constructed.)

Though all scholars studying women had to confront these issues, they became very acute for me because I began to write and edit surveys, readers, and other books designed for classroom use. I became quite skilled at presenting material in the relatively bland manner expected in such materials, suggesting areas about which there is historical debate, but not participating in the debate myself. You have no doubt noticed that in this book, in phrases such as "scholars disagree about . . ." or "there is a variety of opinion about . . ." That tendency became even stronger as I wrote books on broader and broader topics, for my graduate school training had taught me that the only topics on which I could be fully authoritative were those on which I had done archival research in the original languages: certainly an impossibility when I wrote *Women and Gender in Early Modern Europe* (my command of Portuguese or Polish is pretty slim), and even more so with this book.

Despite the years of practice at presenting a balanced picture, however, I found when writing this book that there was no way to avoid letting in my own convictions, particularly as I decided to end each chapter with a brief discussion of current issues. Precisely because I read so widely in periods and geographic areas that were new to me, the anger and sadness my students often feel hit me a number of times as I was researching and writing, and idealization, pity, and blame certainly crept in. In this I am not alone, either in expressing my beliefs or worrying about that expression. Peter Stearns, who has written far more surveys and textbooks than I have (and probably more than any other living historian), felt it necessary to comment in the introduction to a recent book on gender, "Evaluations in the book assume that relative equality between the sexes is a 'good' thing, which is a modern and not uncontested value." It is hard to imagine another category of difference or aspect of life about which such a statement would appear, at least in books printed by reputable presses designed for classroom use. Would we feel it necessary to explain that we viewed poverty or racism as a "bad" thing, or regarded access to medical care and education as a "good" thing?

It is precisely the contested nature of gender that made me decide to write this personal afterword. Though I cautioned you in the introduction about your response to the material in this book, I must in fairness also note that I hoped all along it would provoke some emotional reactions, at least incredulity and puzzlement if not anger or despair. Investigating gender in the past is a political act, an assertion that the story we have been told is not only incomplete (all history is, of course, incomplete) but to some degree intentionally incomplete. Studying gender involves saying "no, *this* also matters, *this* also is part of history," whether that "this" is the experience of a wife or a husband, a prostitute or her client, a priest or a spirit medium, an architect or an embroideress. When we use gender as a lens, we end up not limiting our view, but both sharpening and widening the picture; thus, though it may not be possible in optics, we simultaneously achieve the benefits of both a telephoto and a wide-angle lens.

I often end my books and articles, as I did the introduction to this one, with a one-sentence admonition to readers, allowing myself that small break with my usual measured authorial voice. My reflections are a bit longer here, but I will end in a voice that those who know me (or who have read this book carefully) will also recognize, one of cautious optimism. I would hope that the information in this book will lead you to engage in your own political acts, and know that if it does, aspects of your life that mirror the chapters you have read – your work, religious worship, creative outlets, sexuality, and family relationships – may not be the same.

#### Further Reading

Peggy McIntosh's classic 1988 essay, "White Privilege: Unpacking the Invisible Knapsack," can be easily found on the web, and in many books, including Richard Delgado and Jean Stefancic, eds., *Critical White Studies* (Philadelphia: Temple University Press, 1997), pp. 291–9. For discussions of the development of professional history, see Peter Novick, *That Noble Dream: The "Objectivity Question" and the American Historical Profession* (Cambridge: Cambridge University Press, 1988) and Bonnie G. Smith, *The Gender of History: Men, Women, and Historical Practice* (Cambridge, MA: Harvard University Press, 1998). Barbara Newman's thoughts on temptations in feminist historical practice can be found in *Exemplaria: A Journal of Theory in Medieval and Renaissance Studies*, 2:2 (Oct. 1990), 687–715, and Joan Scott's on contradictions in feminism in *Only Paradoxes to Offer: French Feminists and the Rights of Man* (Cambridge, MA: Harvard University Press, 1996). The quotation from Peter Stearns can be found in his *Gender in World History* (London: Routledge, 2000), p. 7.

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