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- Radiologic Diagnosis of Gastrointestinal Perforation** 1095
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- Perforations of the gastrointestinal tract have many causes. Holes in the wall of gastrointestinal organs can be created by blunt or penetrating trauma, iatrogenic injury, inflammatory conditions that penetrate the serosa or adventitia, extrinsic neoplasms that invade the gastrointestinal tract, or primary neoplasms that penetrate outside the wall of gastrointestinal organs. This article provides a radiologic approach for investigating the wide variety of gastrointestinal perforations. General principles about contrast agents and studies are reviewed, and then perforations in specific gastrointestinal organs are discussed.
- The Acute Right Lower Quadrant: CT Evaluation** 1117
Michael Macari and Emil J. Balthazar
- This article describes the CT imaging findings of patients presenting with acute right lower quadrant pain. The focus is on appendicitis and current imaging techniques and controversies. The remainder of the article evaluates the most common conditions causing right lower quadrant pain other than appendicitis that can be diagnosed with CT.
- Adult Intussusception: Diagnosis and Clinical Relevance** 1137
Benjamin Y. Huang and David M. Warshauer
- Adult intussusception is a rare entity. Unlike intussusceptions in childhood, most adult intussusceptions are caused by a definable pathologic lesion, with a significant proportion

caused by malignancy, particularly among those involving the colon. Before the advent of noninvasive imaging, most adult intussusceptions were diagnosed surgically or at autopsy, but modern imaging techniques have proved useful in diagnosis and in directing appropriate therapy. Until recently, adult intussusception had been considered primarily a surgical condition, but recent data in the radiologic literature suggest that there may be a substantial number of transient, nonneoplastic enteroenteric intussusceptions diagnosed by CT, which do not require operative treatment.

CT of Acute Abdominal Aortic Disorders

1153

Sanjeev Bhalla, Christine O. Menias, and Jay P. Heiken

Aortic aneurysm rupture, aortic dissection, penetrating atherosclerotic ulcer, acute aortic occlusion, traumatic aortic injury, and aortic fistula represent acute abdominal helical conditions. Because of its speed and proximity to the emergency department, helical CT is the imaging test of choice for these conditions. MR imaging also plays an important role in the imaging of aortic dissection and penetrating atherosclerotic ulcer. Ultrasound is helpful when CT is not readily available and the patient is unable or too unstable to undergo MR imaging. Because CT is the dominant imaging method for diagnosing acute abdominal aortic conditions, this article focuses on CT techniques and manifestations of this group of acute abdominal disorders.

Blunt Injury to Mesentery and Small Bowel: CT Evaluation

1171

Patrick W. Hanks and Jeffrey M. Brody

CT is widely used in the evaluation of trauma patients. Although the sensitivity for CT detection of solid organ injury is 90% or better, hollow viscous injury has historically been more difficult to identify. Diagnosis of small bowel and mesenteric injury often requires special attention to subtle findings. This article discusses the role of CT in the diagnostic approach to blunt trauma victims, the points of controversy regarding the CT examination technique, the CT findings related to small bowel and mesenteric injury, and the accuracy of imaging diagnosis.

Spontaneous Intraperitoneal Hemorrhage: Imaging Features

1183

Koenraad J. Mortele, Vito Cantisani, Douglas L. Brown, and Pablo R. Ros

Spontaneous, nontraumatic, intraperitoneal bleeding is a rare but worrisome clinical condition, potentially fatal, which may be related to a vast array of underlying causes. Accurate diagnosis of the cause, organ of origin, extent, and prognosis of this condition can be established with different imaging modalities, such as ultrasound, CT, and MR imaging. This article summarizes the clinical aspects and pathogenesis of the entities causing spontaneous intraperitoneal hemorrhage. The corresponding radiologic features of these conditions are highlighted. Finally, recommendations to perform the imaging modality of choice for each of the abnormalities and key features are provided.

Ultrasound and CT Evaluation of Emergent Gallbladder Pathology

1203

Genevieve L. Bennett and Emil J. Balthazar

This article provides a review of ultrasound and CT findings in acute conditions of the gallbladder. Although ultrasound or hepatobiliary scintigraphy are usually the initial imaging examinations of choice to evaluate most suspected cases of acute gallbladder pathology, the role of CT in the evaluation of abdominal pain continues to expand. CT allows for more comprehensive evaluation of the abdomen and pelvis and can identify other inflammatory processes that clinically may simulate gallbladder pathology.

In many instances, CT may be the initial diagnostic procedure performed; it is important to become familiar with the spectrum of CT findings in emergent gallbladder disorders. Furthermore, CT plays an important role in the evaluation of associated complications of these disorders, facilitating prompt diagnosis and appropriate management.

Interventional Approach to Pancreatic Fluid Collections

1217

Joseph T. Ferrucci III and Peter R. Mueller

Interventional radiologic catheter drainage may be an effective therapeutic approach to fluid collections complicating acute pancreatitis. Pancreatic pseudocysts and abscess are the most common conditions requiring radiologic intervention. Imaging guidance is best performed under CT control allowing precise definition of access route, catheter placement, and response. Access routes are chosen to avoid traversing vital intervening structures, especially the pleural space, colon, and small bowel. Optimal results are achieved with the use of large-bore multihole catheters, prolonged duration of drainage, and careful collaboration with the surgical team.

Ultrasonography of the Acute Abdomen: Gastrointestinal Conditions

1227

Julien B.C.M. Puylaert

Although multislice, helical CT is increasingly replacing ultrasonography for the evaluation of patients with acute abdominal pain, ultrasound does have certain specific advantages over CT. This article discusses the advantages of ultrasound in imaging of the acute abdomen, exploring such areas as appendicitis, ileocecal Crohn's disease, infectious ileocolitis and infectious ileocectitis, mesenteric lymphadenitis, cecal carcinoma, sigmoid diverticulitis, right-sided colonic diverticulitis, and perforated peptic ulcer.

MR Imaging in Abdominal Emergencies

1243

Ivan Pedrosa and Neil M. Rofsky

The use of MR imaging in the emergency setting is evolving. Clear indications include situations in need of contrast media when iodinated contrast cannot be administered or to facilitate assessments in pregnant patients and children when exposure to ionizing radiation is considered unacceptable. The availability of rapid, motion immune sequences now makes MR imaging a feasible study in less cooperative patients extending the range of patients for whom a diagnostic study can be achieved. Further investigations are needed to identify the diagnostic algorithms for which this favorable use holds true.

Selective Role of Nuclear Medicine in Evaluating the Acute Abdomen

1275

Lionel S. Zuckier and Leonard M. Freeman

Evaluation of the acute abdomen has evolved with the introduction of the high-resolution imaging techniques of CT, ultrasound, and MR imaging, leaving scintigraphic examinations a limited although important role based on their noninvasive, physiologic, and functional nature. Bleeding studies can be used to localize noninvasively sites of bleeding to regions of the large or small bowel. Pertechetate studies accurately localize sites of ectopic gastric mucosa. Biliary scintigraphy is helpful in diagnosing patients with acute presentation of biliary disease and is invaluable in analyzing complicated post-cholecystectomy patients. Vascular and traumatic injury of the solid organs can be studied by various functional techniques including biliary and renal scintigraphy. A niche for infectious imaging has been found in the evaluation of acute appendicitis.

Complications of Liver Transplantation: Imaging and Intervention**1289**

Michael P. Federle and Vibhu Kapoor

Orthotopic liver transplantation is the accepted treatment for end-stage liver disease. Improvements in surgical techniques and medical therapy have resulted in reduced mortality and some types of complications. Patients are, however, still at risk for a variety of vascular, biliary, neoplastic, and other complications, the signs and symptoms of which are often nonspecific. Radiologists can play a key role in diagnosis and management of these complications, as reviewed in this article.

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Preface
Imaging of the acute abdomen



Emil J. Balthazar, MD
Guest Editor

The only constant in life is change.

—Buddha

It has been over 10 years since the publication of the last issue of the *Radiologic Clinics of North America* devoted entirely to imaging acute abdominal disorders. Significant advances in technology, new applications, changed protocols, and considerable accumulated experience have prompted an update of this important clinical subject.

The purpose of this new issue is twofold. First, acute abdominal conditions that can be diagnosed and evaluated rapidly by relatively noninvasive imaging examinations are reviewed. I have tried to avoid overlaps and duplications while maintaining the relevance of the topic by focusing on pertinent, potentially life-threatening abdominal conditions. Second, this issue provides an abbreviated but comprehensive presentation of new applications of imaging modalities—such as multidetector (multislice) CT, sonography, and MR imaging—that were previously not available or were not commonly used in the evaluation of patients with acute abdominal complaints.

After perusing through this issue, readers will no doubt notice that radiologists, based on their experience and established beliefs, tend to address similar clinical challenges by different means using various imaging modalities or distinctly idiosyncratic technical protocols. Theoretically, the selection of a given

imaging modality or a protocol should be based mainly on their reported accuracy, sensitivity, and specificity, as might be expected. In reality, however, the selection process is strongly influenced by past experience and skills, the quality and availability of equipment, and the cost of examination, and is therefore often institutionally dependent. In the seventeenth century, Francis Bacon and the French philosopher René Descartes identified observation and analysis, respectively, as the primary tools that are essential in the effort to acquire reliable scientific knowledge. The process of gathering data and analysis, however, can be biased, tinted by our own prejudices, and is not always trustworthy. In the words of historian Jacques Barzun: “Observation is rarely neutral; it rests on preconceptions and preperceptions.”

I hope that this issue describes what is presently available and what is considered current state-of-the-art in the imaging of acute abdominal conditions. A compendium of imaging choices and protocols are described, mainly reflecting the experience and convictions of different authors. I found these recommendations very useful; however, they are not axioms—and are certainly not perennial—but are susceptible to incessant changes and refinements. It is your responsibility as the reader, based on your skills, experience, and local factors, to select the appropriate imaging modality and the required protocol that, in your best judgment, will better serve the interest of your patients.

In pursuing my goals, I have been joined and helped by a distinguished group of leading academic radiologists, all experts in their field, to whom I extend my affection and gratitude. I am also indebted to Barton Dudlick, our efficient senior editor, for helping us make this project a reality.

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Impact of multislice CT on imaging of acute abdominal disease

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With the advent of multislice CT (MSCT), higher resolution and more diagnostic images are now available. By transitioning from axial to single-slice helical to now MSCT scanners, imaging time has been reduced from minutes to seconds. In addition, collimation width and computing time have decreased. Increased coverage is now obtained with thinner slices and higher image quality. Although MSCT has had significant impact in evaluating the entire body, it has been particularly useful for abdominal imaging.

For example, different phases of enhancement can now be separated more succinctly. Reduced breath-hold times have resulted in more diagnostic scans by curtailing motion artifact. Thinner slices have decreased Z-axis blurring to allow evaluation of minute structures, such as blood vessels. Increased computing speed has also shortened reconstruction and reformation times, enabling selection of the optimal plane for the structure in question. Clinically, imaging findings on CT increase the certainty of diagnosis or offer an alternative diagnosis to guide patient management [1].

Technology

In simple terms, MSCT allows acquisition of multiple slices with a single gantry rotation (Fig. 1). New high heat capacity tubes have significantly reduced

the need for cooling; thus, x-rays can be delivered continuously. With MSCT, the point source is projected onto multiple detectors, currently up to 16, in the Z axis instead of the single detector of prior systems. Therefore, more data are acquired with a single gantry rotation.

For image acquisition, generally three major detectors designs are used: (1) matrix, where all detectors are of the same size; (2) adaptive array, where they vary from thinner inside to thicker outside; and (3) hybrid, where usually two sizes are used with the thinner detectors located centrally [2]. The first two support submillimeter to 5-mm acquisitions modes, whereas the latter supports submillimeter to 8-mm acquisition modes

Multislice scanners alter the acquisition thickness by varying the number of detectors used (Fig. 2). For example, a four-slice scanner using the matrix design has a Z-axis width of 20 mm subdivided into 16 equal parts of 1.25 mm each. The beam is collimated to excite a certain number of rows. Slices are acquired in groups of four. If the central four rows are used, four slices of 1.25-mm thickness are obtained for total coverage of 5 mm. If the central eight are used, every two detectors are summed resulting in a slice thickness of 2.5 mm. If the central 12 are used, every three detectors are summed resulting in a slice thickness of 3.75 mm. If all detectors are used, every four are summed resulting in 5-mm slices covering 20 mm in the Z axis. For submillimeter resolution, the beam is collimated across detectors.

With the new 16-slice scanners, 16 slices may be obtained with a single gantry rotation, including at submillimeter resolution. This does not increase the speed of acquisition for 5-mm slices compared with a four-

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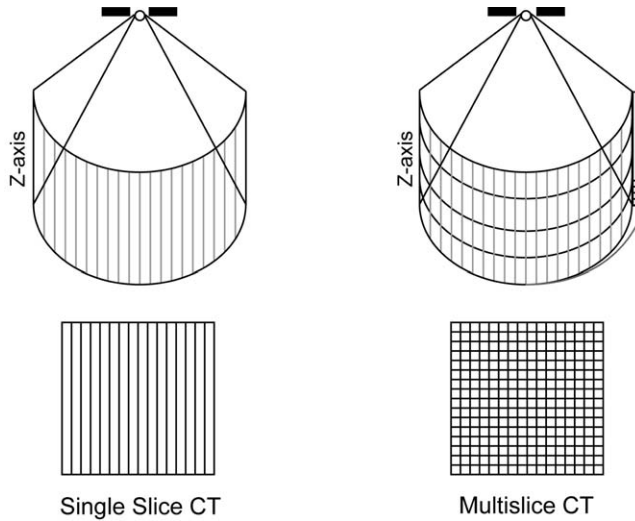


Fig. 1. Single-slice versus MSCT. Instead of a single detector in the Z axis used in single-slice CT, MSCT has multiple detectors in the Z axis, providing a greater number of images per gantry rotation.

slice scanner ($4 \times 5 \text{ mm} = 20 \text{ mm}$) because the maximum width for detection in the Z axis is 20 mm. It does, however, increase coverage when thinner slices are used. For example, at 1.25-mm collimation, a four-slice scanner covers 5 mm per gantry rotation ($4 \times 1.25 \text{ mm} = 5 \text{ mm}$), whereas a 16-slice scanner covers 20 mm per gantry rotation ($16 \times 1.25 \text{ mm} = 20 \text{ mm}$).

In addition to varying collimation at the time of acquisition, slice thickness may also be varied by manipulating how the data are reconstructed. Although slices can be reconstructed at thicker widths than those acquired, they cannot be reconstructed thinner. Thus, it is important to select the thinnest acquisition width needed at the time of scanning.

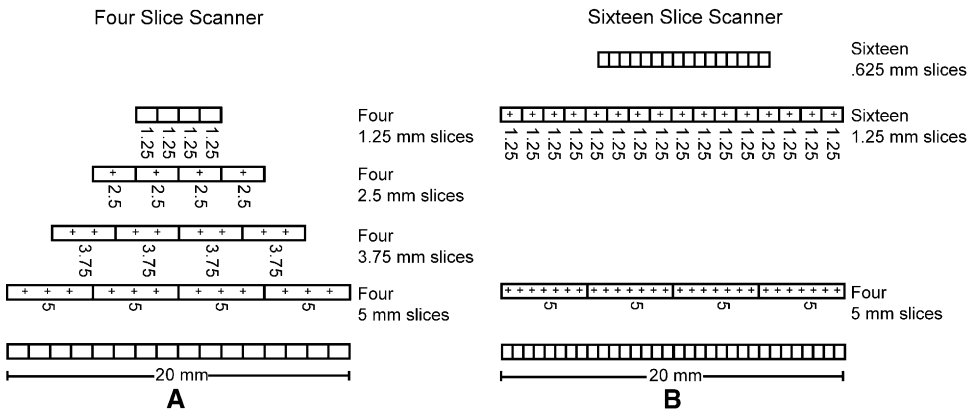


Fig. 2. Matrix detector. (A) In the matrix configuration, the Z axis is divided into equal parts. For a four-slice scanner, 20 mm in the Z axis is covered by 16 detectors each measuring 1.25 mm. The X-ray beam is collimated to expose the central 4, 8, 12, or 16 detectors. At the time of acquisition, data from the detectors may be added, resulting in slices of varying thickness. For example, by exposing the central eight detectors and combining data from every two, four 2.5-mm slices are obtained. (B) With a 16-slice scanner, 16 different acquisitions may be obtained at submillimeter resolution with a single gantry rotation. In terms of area in the Z axis, 1.25-mm slices cover 20 mm instead of 5 mm by four-slice scanners. Because the total detector width is the same, there is no difference in Z-axis coverage if 5-mm slices are acquired.

As with single-slice helical scanning, MSCT is performed while the patient table is moving through the scanner. On a single-slice scanner, pitch is defined as

Table motion per gantry rotation

Collimation thickness

For example, if the table travels 7.5 mm during one gantry rotation and the image thickness is set at 5 mm, the pitch is $7.5 \text{ mm}/5 \text{ mm} = 1.5:1$ or 1.5.

On a multislice scanner the definition varies per manufacturer. Pitch may be defined as [3]

Table motion per gantry rotation

Total active detector width ($x - \text{ray beam collimation}$)

This is termed “beam pitch” [4]. For example, if the table travels 7.5 mm during one gantry rotation and four 1.25-mm thick slices are chosen, the total active detector width is 5 mm ($4 \times 1.25 \text{ mm}$) and the pitch is $7.5 \text{ mm}/5 \text{ mm} = 1.5:1$ or 1.5.

General Electric defines pitch as [4]

Table motion per gantry rotation

Single image slice thickness

This is termed “slice pitch” [4]. In the previous example, pitch equals $7.5 \text{ mm}/1.25 \text{ mm} = 6$. With this definition, pitch is increased by a multiple of four.

To calculate the distance that the patient travels per rotation, the gantry rotation speed is multiplied by the table speed. For example, in the previous example, if the gantry makes one complete rotation in 0.8 seconds, this translates to a table speed of 9.375 mm per second ($7.5 \text{ mm}/1 \text{ rotation} \times 1 \text{ rotation}/0.8 \text{ seconds} = 7.5 \text{ mm}/0.8 \text{ seconds}$).

To cover a patient’s liver measuring 21 cm takes 22 seconds ($21 \text{ cm}/0.9375 \text{ cm/second}$). If the beam pitch is 1.5 (six-slice pitch), the entire liver may be scanned with 1.25-mm slices during a comfortable breathhold. If greater coverage is desired, the slice thickness or table speed may be increased. For example, acquiring 5-mm slices and increasing the gantry speed to 15 mm/second results in a beam pitch of 0.75 ($15 \text{ mm per rotation}/20 \text{ mm total active detector width } [4 \times 5])$ or three-slice pitch ($15 \text{ mm per gantry rotation}/5 \text{ mm slice thickness}$). At one gantry rotation per 0.8 seconds, 18.75 mm are covered per second ($15 \text{ mm}/0.8 \text{ second}$). Thus, a patient’s entire 50-cm abdomen and pelvis can be covered with 5-mm slices in 26 seconds ($50 \text{ cm}/1.875 \text{ cm/second}$), again a comfortable breathhold. The 21-cm liver may be covered in 11 seconds with 5-mm slices.

The rapid image acquisition time allows one to control more tightly sampling of a contrast bolus (Fig. 3). With shorter scan duration, the peak of a bolus may be sampled rather than its shoulders. In addition, a tighter bolus may be used. For example, increasing the contrast injection rate decreases the duration of the contrast peak to match more closely the shorter scan time. Another strategy for obtaining a compact bolus is to decrease the volume of contrast instilled. The rate of contrast injection has been increasing [5]. A rate of 2.5 to 3 mL/second is routinely used in many clinical practices, but for hypervascular lesions, 5 to 6 mL/second is common. With faster scanning, these values will likely increase, but safety has to be evaluated concurrently.

With a more compact bolus and shorter sampling time, different phases of enhancement may be distin-

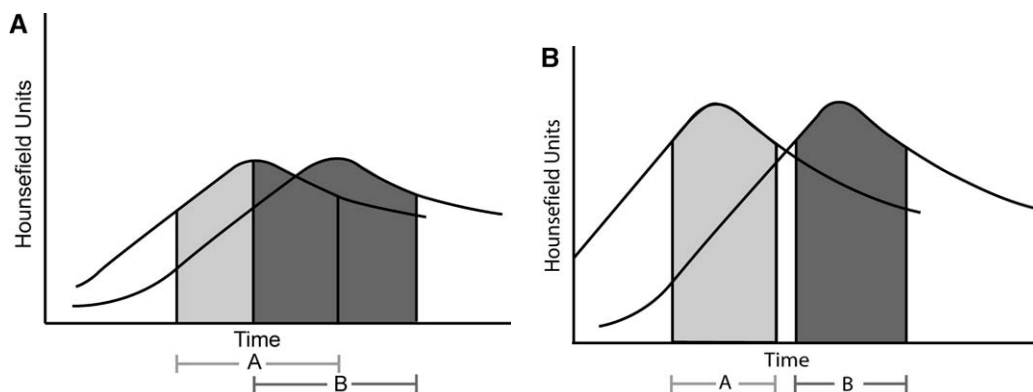


Fig. 3. Contrast bolus. With MSCT, faster acquisition times allow more rapid sampling of a contrast bolus. Phases of enhancement are better separated. (A) The longer acquisition time of single-slice CT limits differentiation of the two phases of enhancement. (B) The shorter scan time of MSCT allows better separation of phases of enhancement. In addition, further separation may be achieved by using faster rates of contrast injection that result in higher peaks of enhancement for a shorter period of time.

guished. For the liver, the appropriate delay after contrast injection separates different phases of enhancement for optimal lesion characterization. For example, delays may include 15, 30, and 70 seconds for arterial, late arterial, and portal venous phases, respectively [6].

The optimal window for liver imaging varies, however, with the volume of contrast injected [7]. In addition to volume, the amount of iodine injected influences lesion detection [8]. Using a dual-phase protocol, it has been noted that higher concentrations of iodine provide better arterial enhancement and superior mean enhancement of the hypervascular lesion, hepatocellular carcinoma; however, subjectively, lesion detection was not improved [9]. Comparing 370 mg iodine/mL with 300 mg iodine/mL intravenous contrast, Awai et al [10] found no difference in hepatic enhancement; however, hepatocellular carcinoma to liver contrast was improved on the first phase of a triple-phase protocol, but not second or third phase. In comparison, for the portal venous imaging phase, the total amount of iodine instilled influences lesion detectability [8]. Decreasing volume and increasing injection rate need to be balanced by increased iodine concentration to retain conspicuity of hypovascular lesions. As these parameters are adjusted, the delay in scanning after bolus injection needs reassessment.

Because of patient variability, standard delay values become less useful as scan time decreases. Instead, a control within each patient is required. There are primarily two methods for timing the delay after a bolus injection: a test bolus or computer-automated scanning technology. With the former, a mini bolus is instilled and then the site of interest is sampled repeatedly to determine the delay to peak enhancement. The true bolus then follows. With the latter, a cursor is placed over a site of interest or the aorta and once enhancement reaches a predefined threshold, scanning begins. Because no test bolus is used, the examination time is decreased and additional contrast is avoided. For portal-venous phase imaging, a threshold of 50 HU is efficacious when using computer-automated scanning technology [11].

In terms of contrast usage, MSCT results in decreased volume, increased concentration, increased rate, and shorter scan duration. Thereby, phases of enhancement are better separated. To ease interpretation of the many images generated, one can take advantage of soft copy viewing.

Because of ever-increasing computer speed and with near isotropic acquisition, images may be reformatted in any desired plane. Postprocessing can aid detection and characterization of lesions, particularly

those involving the vasculature. Increasing speeds also benefit computationally intensive techniques, such as virtual colonography and virtual cystography.

Clinical impact

Because of greater speed of coverage and thinner slices, MSCT has impacted imaging of all organs in the body. When making protocols specific to a disease entity or area of interest, there are three main choices with MSCT compared with single-slice CT [12]. One may cover the same anatomic area with the same collimation in a shorter time period. One may cover the same anatomic area with narrower collimation without decreasing scan time. Although this increases radiation exposure, greater anatomic detail results. Lastly, one may cover the same area with narrower collimation in a shorter time period. The ability of MSCT to perform thinner slices and to cover the area of interest in a single breathhold has improved imaging of the abdomen and pelvis. Increased computer speed and PACS workstations augment MSCT by allowing multiplanar reconstructions and cine-viewing, which is particularly helpful for tubular or fairly constant structures, such as the aorta or spine. These different planes and three-dimensional rendering can also aid treatment planning, such as for radiation therapy or surgery. In addition, MSCT allows retrospective reconstruction to the thinnest initially acquired slices, providing more viewing options for better lesion characterization.

Trauma

In blunt abdominal trauma, clinical findings can be equivocal or misleading in 20% to 50% of patients. In addition, physical examination is reliable in no more than 16% of patients in the presence of head injury [13,14]. Imaging has become a centerpiece of evaluation of trauma and MSCT has had a major impact in this realm. Because of its speed, images of the head, cervical spine, chest, abdomen, and pelvis may be obtained rapidly. When needed, a single bolus of contrast is often adequate for the entire evaluation. Tomographic imaging can augment fracture evaluation and, if needed, focused thin slices may be obtained. Instead of secondary signs, such as a widened mediastinum, injury to the aorta may be visualized more directly. Organ injury and hemorrhage may be identified.

In the acute setting, a multimodality approach is beneficial for patient evaluation. For hemoperitoneum,

ultrasound is the modality of choice in an unstable patient who cannot be moved. With the current CT technology, however, examinations can be performed rapidly in many traumatic situations. CT has high sensitivity for detecting parenchymal injuries of the solid organs [15,16]. The most commonly injured organs in blunt trauma are the spleen and liver. CT is up to 98% accurate at detecting splenic injuries [17]. Fig. 4 demonstrates splenic contusion and pseudoaneurysm after blunt abdominal trauma. In approximately 5% of blunt trauma victims, bowel and mesenteric injuries are found [18]. PACS workstations speed interpretation and reconstructed images can guide interpretation and therapy, such as surgery. They also aid following tubular structures, such as the bowel or vessels. Decreased intravascular volume may manifest as a flattened or small inferior vena cava or the generalized bowel edema of shock bowel. This is especially seen in the pediatric population when volume is depleted secondary to blood loss. Vascular injury may be identified by a vascular blush [19] within organs, contrast extravasation, or by direct visualization of the vessels. Thinner slices can show vessels to better advantage and can guide any future

catheterization that may be necessary. Acute bleeds are most often manifested by high-density material in the peritoneal space. In some cases, however, acute hemorrhage can be water density and mimic ascites. In the setting of trauma in a patient without any reason for ascites, such fluid should be viewed with suspicion [20].

With knife or gunshot wounds, again hemoperitoneum and solid organ damage may be noted. The path of the object guides the anatomic structures that deserve particular attention. For blunt trauma, additional delayed imaging can identify potentially clinically silent complications, such as splenic or hepatic rupture, a posttraumatic biloma, or bowel devascularization [21].

For a general survey of the abdomen for trauma, thicker 7.5-mm slices are often adequate; however, if further definition is needed, thinner slices may be helpful. If the initial acquisition is performed at 3.75 mm, it may be reconstructed at 7.5 mm for the survey and if more detail is needed, the thinner slices may be examined. MSCT can provide flexibility for initial and retrospective review of the traumatic injury.

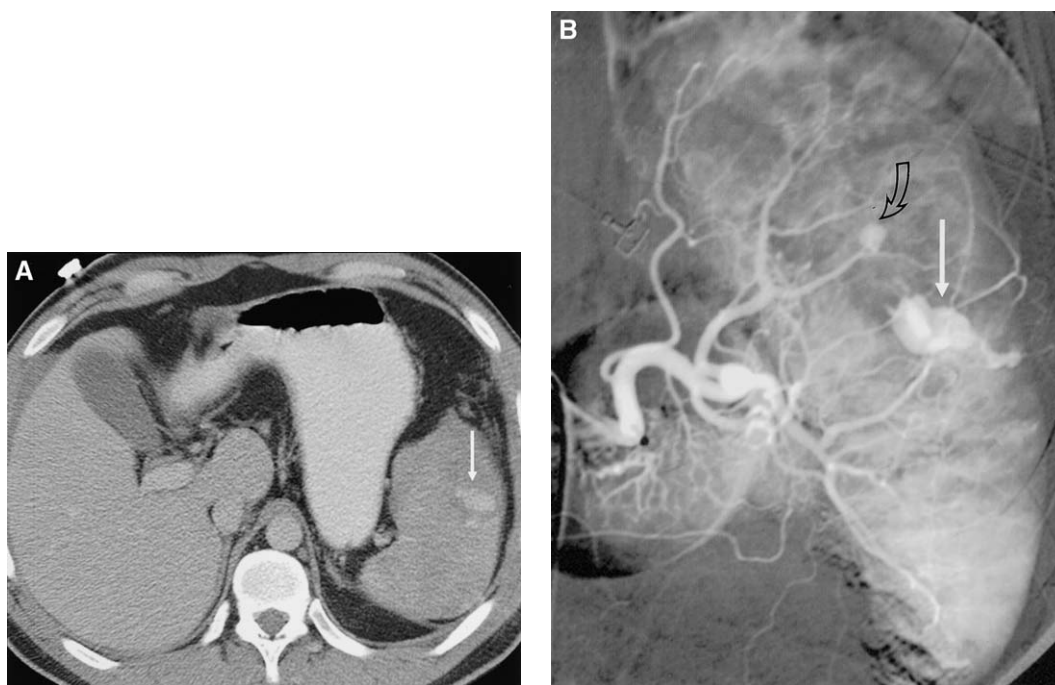


Fig. 4. Splenic contusion and pseudoaneurysm formation associated with recent blunt abdominal trauma. (A) Axial CT image of the upper abdomen demonstrates an area of decreased attenuation and a central collection of contrast material at the lateral aspect of the spleen (arrow). (B) Selective splenic artery angiogram confirms the development of a pseudoaneurysm (solid arrow). A second smaller pseudoaneurysm also is detected (open arrow).

Abdominal pain

As with trauma, abdominal pain is most often evaluated with thicker 5- to 7.5-mm slices. This is usually adequate for more common diseases, such as diverticulitis, appendicitis, bowel obstruction, and abscess. Less common findings, such as retroperitoneal hemorrhage and secondary signs of bowel rupture, can also be identified with thicker slices. The increased speed of MSCT, however, improves the examination by limiting motion. In addition, the patient is more comfortable having to spend less time on the scanner.

Among causes of abdominal pain, MSCT has had a significant impact on evaluation of renal colic. Unlike gallstones, almost all renal stones are calcified. CT is very useful for their identification [22–24]. Visualizing smaller, less than 5 mm stones is aided by thinner sections, which limit volume averaging artifacts that may obscure the lesion. In addition, PACS workstations simplify following tubular structures, such as the ureters. This is particularly helpful in the pelvis where the curvature of the ureters makes them more difficult to track. CT for stone disease has virtually replaced the intravenous urogram in many institutions and now low-radiation CT approaches are being explored [25]. Sometimes, however, it may still be difficult to separate a small stone from a phlebolith. Contrast may demonstrate a delayed nephrogram or identify the point of obstruction.

A new adaptation for evaluating the urinary system is CT urography [26,27]. Here, MSCT demonstrates clear advantages over single-slice CT. For imaging the ureters, slices as thin as approximately 1 mm may be acquired. The kidneys, ureters, and bladder are obtained in one breathhold. To aid lesion conspicuity, the examination is often performed after hydration and during the excretory phase to opacify the ureters. Although there is increased radiation exposure, for a more complete examination of the urinary excretory system, multiple phases of enhancement may be obtained. Renal lesions, such as cysts, may be differentiated from malignancy by comparing Hounsfield units of preintravenous and postintravenous examinations. Visualization of the upper tracts may be aided further by compression [26]. For examining the ureters in particular, slices may be reconstructed again as thin as approximately 1 mm. The initial thin acquisition results in superior reconstructed and reformatted images. The coronal plane mimics the intravenous urogram (Fig. 5) by demonstrating both ureters in a few slices. Evaluation may be aided further by three-dimensional reconstructions. Urinary tract abnormalities are depicted in a format familiar to clinicians.

Liver and bile ducts

Instead of 20 to 25 seconds required by single-slice CT, MSCT allows coverage of the liver in 4 to 12 seconds, depending on the organ's size, collimation, and gantry rotation speed. This allows better separation of the different phases of contrast enhancement. Foley et al [6] described a triple-phase protocol for separating arterial, late arterial, or portal vein inflow, and hepatic venous phases. With no or minimal confounding venous blood flow, the arterial phase demonstrates normal variants and tumor vasculature, which guides surgery, such as liver transplants and resection; and guides minimally invasive procedures, such as chemoembolization [28]. Hypervascular lesions demonstrate greatest contrast from surrounding liver parenchyma during the second phase [6]. Because these lesions get their supply from the hepatic artery and there is an expected delay between contrast in the feeding vessel and the tumor, the authors favor the term "late arterial" for the second phase. Theoretically, pooling of contrast from an active hemorrhage should also be visible at this time. The delay between the first and second phases is approximately 15 seconds. With MSCT, this is easily achievable. However, the 20 to 25 seconds needed to acquire images through the liver by single-slice CT causes overlap between the phases. In addition, thinner slices may be obtained with MSCT, which improves visualization, particularly of vessels. In the third hepatic venous phase, the arteries are no longer distinguished, but the hepatic veins are seen. Now, the hepatic parenchyma attenuation is relatively increased allowing visualization of hypovascular lesions and injuries, such as a laceration. The last phase corresponds to the timing conventionally used for an abdomen-pelvis survey.

Increased spatial resolution of MSCT caused by decreased motion artifact and thinner slices has also improved imaging of bile ducts. Using 2.5-mm collimation and a 70-second delay after intravenous contrast injection, Zandrino et al [29] were able to assess the site of biliary obstruction in 86% of patients. Biliary contrast agents may also aid evaluation [30–32].

Pancreas

MSCT also has enabled greater separation of the phases of pancreas enhancement. Instead of a dual-phase protocol often used on single-slice scanners, McNulty et al [33] have described a triple-phase protocol consisting of a 20-, 35-, and 60-second delay after intravenous contrast injection. The timing corre-

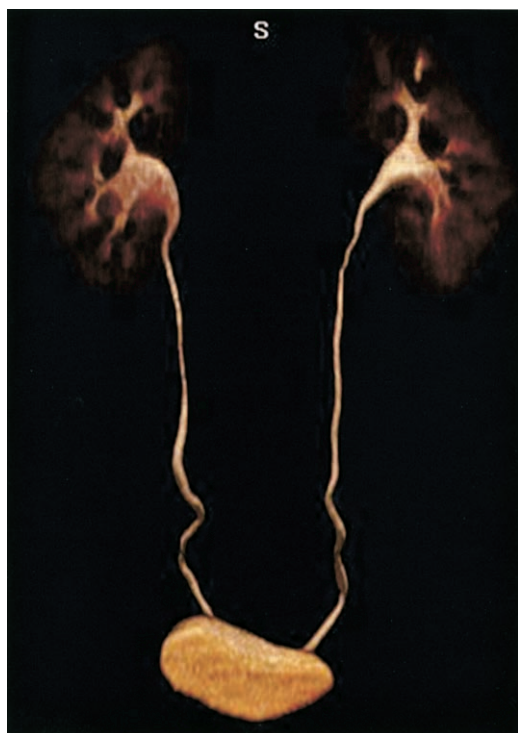


Fig. 5. Multislice (multidetector) CT examination with reconstructed volume-rendered image of the entire urinary tract. (Courtesy of Gary Israel, MD, New York, NY.)

sponds to the arterial, pancreas parenchyma, and portal venous phases, respectively. The delay for the phases is quite similar to that described for the triple-phase protocol of the liver [6]. For the most common pancreas tumor, adenocarcinoma, no significant difference in contrast ratio between the tumors and pancreatic parenchyma was discerned among the latter two phases [33]. In comparison, Imbriaco et al [34] describe no change in pancreatic adenocarcinoma detection using a dual-phase or a single caudocranial acquisition 50 seconds after intravenous contrast injection. The number of patients was too small, however, to differentiate reliably which method was superior for staging. The early phases may be helpful for detecting hypervascular lesions, such as neuroendocrine tumors [35]. Because of better depiction of vascular involvement, tumor staging is improved using thin-slice CT [36]. Because of enhancement in the portal-venous phase, pancreatic injury, such as laceration, may be identified as a hypoattenuating lesion. Pancreatitis and its associated complications, such as necrosis, pseudocysts, and venous thrombosis, can be seen on the later phase as part of an abdominal survey.

Vascular system

The speed of MSCT allows coverage of the entire aorta and common iliac arteries in a comfortable breathhold (Fig. 6), resulting in decreased misregistration and respiratory artifacts. Compared with single-slice CT, Rubin et al [37] found that four-slice CT resulted in CT angiography that was 2.6 times faster, required less intravenous contrast, and provided thinner sections. This improves direct visualization of pathology, such as an aortic dissection or aneurysm. Planning and follow-up evaluation of endovascular stents grafts are also augmented [38]. Acquiring multiple phases can aid evaluation of venous pathology, such as thrombosis.

In addition, the high resolution of MSCT allows direct visualization of branch vessels. For example, stenosis of the renal arteries may be quantified. Stenoses of the superior mesenteric artery resulting in



Fig. 6. Multislice CT examination with volume-rendered shaded surface reconstruction of the entire abdominal aorta and its major branches. (Courtesy of Gary Israel, MD, New York, NY.)

mesenteric ischemia may also be identified. In addition, defining vessel anatomy and its variants can guide surgical planning. In the setting of organ transplants, MSCT can be used to evaluate the living donor and then to follow the transplant in the recipient.

Obtaining near isotropic volumes results in exquisite reconstructions whose plane may be maximized for the vessel in question. For stenosis, it often is better to evaluate a plane axial to the artery. Cine-viewing by PACS simplifies following these tubular structures over long distances.

Compared with traditional angiography, CT angiography has greater safety, greater patient acceptance, lower cost, and lower radiation exposure [39,40]. In addition, CT allows visualization of adjacent soft tissue. Extrinsic lesions impacting the vasculature can be seen directly.

Pediatric imaging

One of the major difficulties in imaging pediatric patients has been motion. Particularly, children in the preteenage years are often frightened of the experience and may cry during the examination. Movement is frequently overcome by sedating the patient, usually with the help of an anesthesia team. This increases the number of individuals required to complete the examination, however, and can cause delay. In an emergency setting speed may be critical. Compared with single-slice CT, for covering the same volume, a four-slice CT is at least two times as fast with comparable image quality or three times as fast with diagnostically comparable image quality [41]. With MSCT, scan times have decreased to the point that the duration of sedation or anesthesia is minimized or often not needed at all [42]. An added benefit is reduction in the potential risks of sedation. In addition, there is increased patient throughput and greater efficiency of the sedation team. Significantly, the acquired images are of high diagnostic quality and contain minimal motion artifact.

Little patient cooperation is needed to obtain such useful images. For example, if a 22.5 mm per rotation table speed is used, the 15-cm abdomen and pelvis of a small child may be covered in approximately 5 seconds. In addition, images of the head, chest, abdomen, and pelvis may be obtained rapidly for evaluation of injury, for example, after trauma.

Thinner slices also may be advantageous in children to visualize their comparatively smaller anatomy. Thinner collimation, however, can lead to higher radiation exposure. If a child has an illness and requires multiple rounds of imaging, exposure may become significant. Again attention to table speed and collimation

can limit exposure, but with smaller patients one can also adjust the milliamperage and kilovolt (peak), because less radiation is needed to penetrate their smaller body.

Pitfalls and concerns

Radiation dose

Compared with single-slice CT, the radiation dose is greater when using multislice scanners [3,12]. One reason is that the source-to-detector distance is decreased in many MSCT scanners compared with single-slice scanners. Another reason is that MSCT requires a more constant beam across all of the detectors, which often translates into sampling the center of a larger fan with deposition of excess radiation at the edges. With single-slice scanners, image thickness and collimation setting have been associated with each other resulting in a rule of thumb that dose is proportional to slice thickness. With multislice scanners, however, slice thickness can be altered during reprocessing. Instead, one needs to be aware of collimation and pitch. For example, a 5-mm slice may be acquired at 5-mm collimation or by combining four 1.25-mm acquisitions. The former requires fewer tube rotations and results in less radiation exposure. Similarly, for the same kilovolt (peak) and milliamperage, narrower collimation for a given pitch results in higher radiation than a wider collimation. This is because the number of rotations needed to cover the given area is greater and there is more overlap of the beam with the thinner collimation. Increasing the table motion per gantry rotation for the same collimation also decreases dose, but this needs to be balanced by the quality of the image.

The increased dose is more of a concern for pediatric patients who are still developing organs, including teenage girls with developing breasts [43]. Radiation dose becomes more of a concern with serial examinations (eg, in patients with cancer). To decrease total dose, new tube tracking techniques collimate the x-ray beam to the detector width.

Pitch and contrast

Increasing the pitch increases slice broadening, introducing noise in the image. At thicker collimation and table speeds (ie, 5-mm thick slices in 6:1 or 30 mm per gantry rotation) helical or star-like artifacts are encountered about bony and soft tissue interfaces [12]. With faster rotation speeds, the number of trajectories used for the reconstruction decreases causing aliasing

or streak artifacts. This is part of the problem at high-contrast interfaces, such as between soft tissue and bone or between a contrast bolus and soft tissue. Increasing bolus concentration and rate leads to streak artifacts, limiting evaluation of the axilla, usually, and at times, the subclavicular area. Using high concentrations, it is difficult to evaluate the lumen of all veins traversed by the bolus on its way to the right side of the heart. This can make it difficult to find the tip of a central venous catheter.

Phase of enhancement

Arterial or early arterial phase results in inhomogeneous enhancement of the spleen, which may simulate pathology, such as splenic fracture or infection. A more homogeneous appearance, however, is normally found on delayed examinations.

For the kidney, the portal-venous phase of an abdomen-pelvis survey corresponds to the corticomedullary phase of the kidney. At this phase, the appearance of the kidneys may mimic a striated nephrogram. In addition, pathology, such as a cyst, is often more difficult to discern. A delayed examination in the excretory phase results in more homogeneous enhancement of normal renal parenchyma. Delayed images may also be valuable in the pelvis. An unopacified bladder can mimic a pelvic fluid collection. Additionally, poor opacification of the iliac veins or even the inferior vena cava can mimic thrombus. Delayed scans are helpful in demonstrating that the low attenuation area represents flow artifact from unopacified blood.

Thinner slices

Although smaller lesions can be found with thinner slices, the relevance of such findings may be suspect. For example, approximately 80% of liver lesions smaller than 0.5 cm are benign, even in the setting of cancer [44]. Following such findings can increase health care costs and patient anxiety.

Another phenomenon noted in MSCT scanners is increased Hounsfield values in small (< 1.5 cm) lesions, such as in the kidneys. This occurs even when collimation is less than 50% of the lesion size. The Hounsfield value increases with greater enhancement in adjacent tissue. The phenomenon is more pronounced in subcentimeter lesions [45–47]. There is variability, however, in the magnitude of this artifact among MSCT scanners from different manufacturers [48]. Nevertheless, the presumption that thinner slices obtained by MSCT are just as quantitative as thicker slices obtained by conventional single-slice CT may

need to be reassessed. The criteria for lesion characterization may need to be adjusted with multislice scanners, particularly if Hounsfield measurements are the basis of a diagnosis, such as with renal lesions and some adrenal lesions.

Summary

The increased speed, greater coverage, and thinner slices of MSCT are exciting developments in radiology, and these features should only improve with newer generation multislice scanners. The impact of this technology on abdominal imaging has just begun.

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Radiologic diagnosis of gastrointestinal perforation

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Perforations of the gastrointestinal tract have many causes. Holes in the wall of gastrointestinal organs can be created by blunt or penetrating trauma, iatrogenic injury, inflammatory conditions that penetrate the serosa or adventitia, extrinsic neoplasms that invade the gastrointestinal tract, or primary neoplasms that penetrate outside the wall of gastrointestinal organs. This article provides a radiologic approach for investigating the wide variety of gastrointestinal perforations. General principles about contrast agents and studies are reviewed, and perforations in specific gastrointestinal organs are discussed.

General principles

Oral contrast agents

Barium sulfate is a white crystalline powder of varying particle size. The largest particles in a cup of high-density barium are only about 18 μm in diameter [1], so even these largest barium particles can enter tiny perforations. Barium sulfate is not water-soluble. When combined, barium sulfate and water form a suspension. This lack of solubility explains why a preprepared barium suspension forms layers in its stored container. The radiologist must aggressively shake the barium container to resuspend the heavy barium particles. A tiny portion of barium sulfate is absorbed from the gastrointestinal tract. About $2 \times$

10^{-7} of the ingested barium is absorbed and excreted in the urinary tract [2]. High-density barium adheres to the mucosa of bowel. When high-density barium enters a perforation, it also adheres to the perforation site. In contrast, low-density barium preparations barely coat the mucosa and primarily fill the bowel lumen.

Water-soluble contrast agents fill the lumen of the gastrointestinal tract without coating the mucosa. Ionic water-soluble contrast agents are solutions containing at least 60% iodine, a concentration of about 282 to 292 mg/mL [1]. The osmolality of ionic water-soluble contrast agents is about 1400 to 1500 mOsm/kg [1], about five times that of serum. Ionic water-soluble contrast agents draw fluid into the lumen and prevent fluid from being resorbed. These contrast agents may also stimulate peristalsis and induce diarrhea. Water-soluble contrast agents have decreased radiographic density in comparison with most barium preparations. Nonionic contrast agents have an iodine concentration of about 300 mg/mL. Most of these agents have an osmolality of 600 to 710 mOsm/kg and are still hyperosmolar relative to serum.

When a perforation of the pharynx, esophagus, stomach, or duodenum is suspected, a contrast study initially uses an ionic water-soluble contrast agent (eg, Gastroview) [3]. The contrast agents for studying a patient with a suspected perforation of the small bowel or colon are discussed later. Water-soluble iodinated contrast agents do not incite an inflammatory reaction in the mediastinum or peritoneum [4–6]. They also are resorbed quickly from these sites. Ionic water-soluble contrast agents are associated with a theoretical risk of inducing pulmonary edema if aspirated into the pulmonary alveoli because of their hyperosmolality [7,8]. Most cases of pulmonary edema related to the use ionic contrast agents,

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however, have been reported in children who aspirated Hypaque, Renografin, and oil-based iodinated contrast agents, not Gastrografin or Gastroview [9–11]. At the authors' institution, there has not been a case of pulmonary edema resulting from aspirated Gastroview or Gastrografin. Nevertheless, if there is a strong suspicion of aspiration, the study is initially performed with a nonionic water-soluble contrast agent (eg, Omnipaque) and swallowing is assessed fluoroscopically before using Gastroview [12]. Other radiologists advocate the use of barium as the initial contrast agent if a perforation of the pharynx or esophagus is suspected and there is serious clinical concern about aspiration [13].

Once a water-soluble contrast study does not show a leak in the upper gastrointestinal tract, the patient is asked to swallow high-density barium [14,15]. Water-soluble contrast agents are inferior to barium suspensions in the diagnosis of leaks. Water-soluble contrast agents are thinner, do not coat the mucosa, and run through rather than fill the lumen of the gastrointestinal tract. Barium suspensions are superior in the diagnosis of leaks because they have

greater radiographic density and adhere to extraluminal tracks. As a result, about 25% to 50% of esophageal perforations not demonstrated with water-soluble contrast agents can be demonstrated with barium suspensions given immediately after negative or equivocal water-soluble contrast studies [16–18]. One disadvantage of barium suspensions in the diagnosis of upper gastrointestinal perforations is that they can potentially incite a granulomatous reaction in the mediastinum that is exacerbated by swallowed oral flora [4]. The authors, however, have not encountered any cases of barium-induced mediastinitis or inflammatory reaction in the neck over the last 20 years. Another potential disadvantage of barium suspensions is that follow-up studies can be more difficult to interpret if barium persists in the region of the leak.

Radiologic modalities

CT and luminal contrast studies are the two primary modalities used to evaluate gastrointestinal perforations. CT is far superior for the demonstration

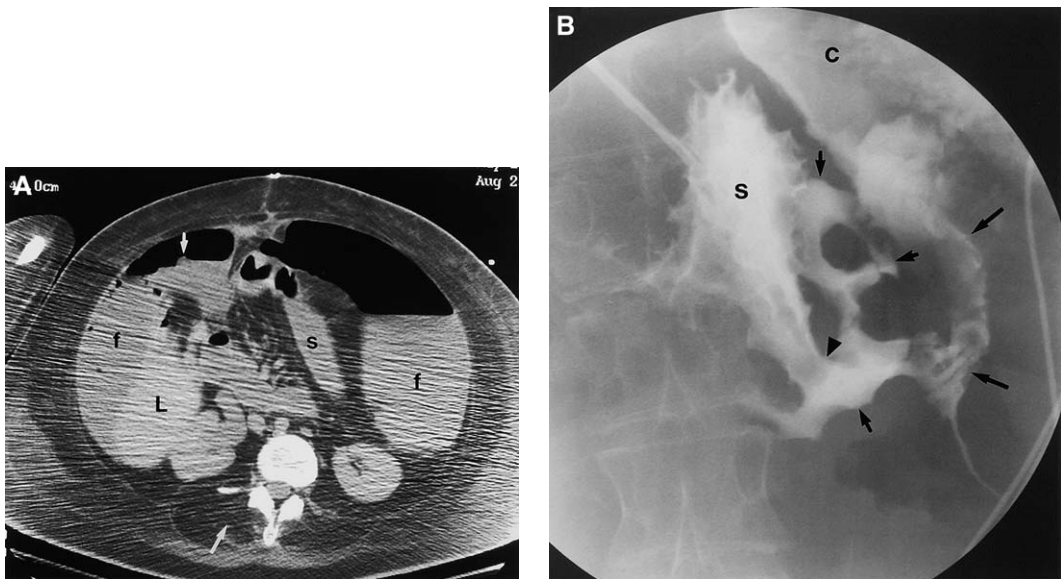


Fig. 1. A 20-year-old man with muscular dystrophy and continuing abdominal distention 7 days after near-total colectomy with ileorectal anastomosis. (A) Unenhanced CT through level of mid-stomach (s), lower liver (L), and kidneys shows a massive amount of fluid (f) and gas in the right and left intraperitoneal spaces. Several CT findings suggest that the ascitic fluid is not “simple ascites” and that there is the possibility of peritonitis. The fluid level in the right perihepatic space is not level (short arrow) and scattered bubbles are present. Note marked atrophy and fatty replacement of the muscles. For example, the paraspinal muscles are of fatty attenuation (long arrow). Streak artifact is present because the patient was unable to move his arms and they are by his sides. (B) Gastroview was injected into the stomach (s) by an indwelling nasogastric tube. A hole in the greater curvature (arrowhead) is seen, with subsequent filling of irregular tracks of contrast (short arrows) in the perigastric tissue, then with free flow of fluid (long arrows) into a collection (c) in the left subdiaphragmatic space. This case illustrates how CT indicates the presence of an extraluminal process, but that the contrast study may identify the site of leak.

of extraluminal air, fluid, or abscess. CT is often inferior to luminal contrast studies in demonstrating the location, site of origin, or etiology of a gastrointestinal perforation (Fig. 1). In patients who have not had surgery, CT is an excellent modality for detecting the extraluminal changes associated with a perforation (Fig. 2). In immediate postoperative patients or patients with penetrating trauma, however, the presence of a collection or extraluminal air does

not necessarily indicate that luminal perforation has occurred or is currently present. For example, most patients with trauma to the chest and CT-demonstrated pneumothorax or pneumomediastinum do not have an esophageal perforation. In some cases, an esophagram may be required to exclude esophageal perforation. Most immediately postoperative patients with pneumoperitoneum do not have a gastrointestinal perforation, but only persistent intraperitoneal gas

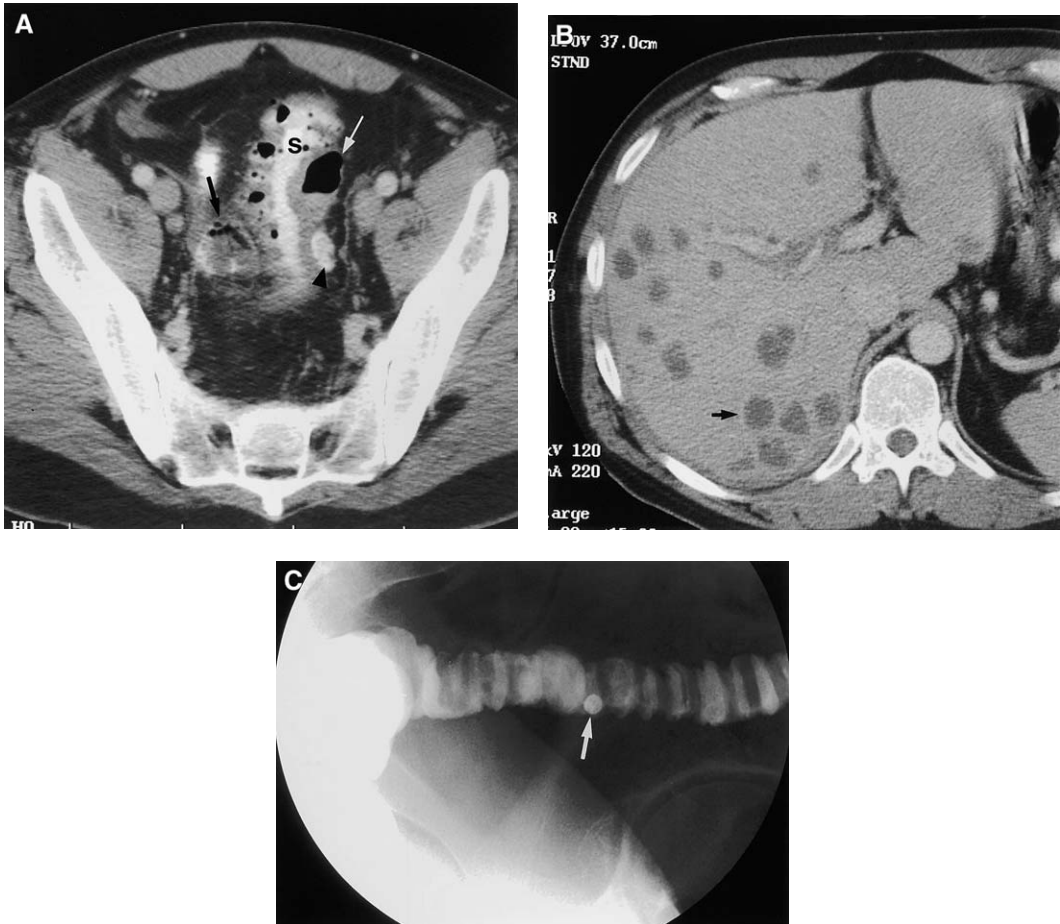


Fig. 2. A 47-year-old man with left lower quadrant pain and fever for 2 weeks. (A) CT through pelvis shows multiple diverticula arising from the contrast-filled sigmoid colon (s). A 3×2 cm collection (white arrow) with an air-debris level lies lateral to the sigmoid. Contrast partially fills a second 1.5×1 cm collection (arrowhead) lateral to the sigmoid colon. A 2-cm area of soft tissue attenuation and bubbles (black arrow) lies to the right of the sigmoid. Fluid tracking into the sigmoid mesentery makes it appear thick. (B) CT through the liver reveals many low-attenuation (35 HU) lesions with minimal peripheral enhancement (representative abscess identified by arrow). (C) Water-soluble contrast enema performed less than 12 hours after the CT scan shows circular muscle thickening and mild narrowing of the colon and one diverticulum (arrow), but no contrast enters the pericolic collections. A contrast enema diagnosis of diverticulitis is not possible. At surgery, smoldering diverticulitis was found, associated with many small liver abscesses. This case demonstrates the usual superiority of CT in demonstrating the extent of extraluminal disease and, in particular, the pericolic disease in patients with diverticulitis. The peridiverticular abscesses are examples of extraluminal perforations that have been sealed off from the lumen and may not fill with contrast during a contrast study. The CT also demonstrates a complication of diverticulitis (liver abscess) that is not detected by contrast enema alone.

after surgery. A CT-demonstrated postoperative abscess may be caused by persistence of the inflammatory reaction, continuing or previous perforation at the treated site, or continuing or sealed off anastomotic or staple line leak. Determination of the cause of a postoperative abscess may require a luminal contrast study (see Fig. 1; Fig. 3). Luminal contrast studies are not infallible for diagnosing leaks, because a leak may have sealed off by the time a contrast study is performed (see Fig. 2).

Plain radiographs are inferior to both CT and contrast studies for detection of most diseases that cause perforation. A full plain radiographic series of the abdomen (erect chest and erect and supine abdominal radiographs) is inferior to CT in demonstration of free intraperitoneal gas. Furthermore, many seriously ill patients are evaluated radiographically only in the supine position. Supine abdominal radiographs can demonstrate free intraperitoneal gas in only about 60% of patients with free intraperitoneal gas on a full abdominal series (Fig. 4) [19]. Given the superiority of CT to plain radiographs, CT has been proposed as the initial radiologic test to evaluate patients with acute abdominal pain [20]. At the authors' institution the scout of the CT or a digital scout image is used before a

contrast study, rather than obtaining an abdominal series. Plain radiographs are sometimes helpful, however, in demonstrating the distribution of bowel gas and various tubes or surgical clips and staple lines. Plain radiographs are also valuable for follow-up of adynamic ileus or obstruction.

For suspected perforation, the authors suggest that either a CT or water-soluble contrast study be performed, depending on the suspected site, type of disease, and clinical history. These two modalities are clearly complimentary in detection and characterization of gastrointestinal perforation. In general, if a pharyngeal or esophageal perforation is strongly suspected, the authors start with a luminal contrast study. If the patient has a clinical history that strongly suggests a perforation (ie, recent surgical anastomosis, pain after endoscopy) the authors start with a luminal contrast study if the anastomosis or trauma is all but in the mid small bowel (Fig. 5). Otherwise, if the history is of abdominal pain, fever, draining abdominal wound, or leukocytosis, the authors prefer to start with a CT to obtain a global picture that a luminal contrast study cannot achieve. It is always safer to start with CT, because the low-density CT contrast does not ruin a subsequent luminal contrast

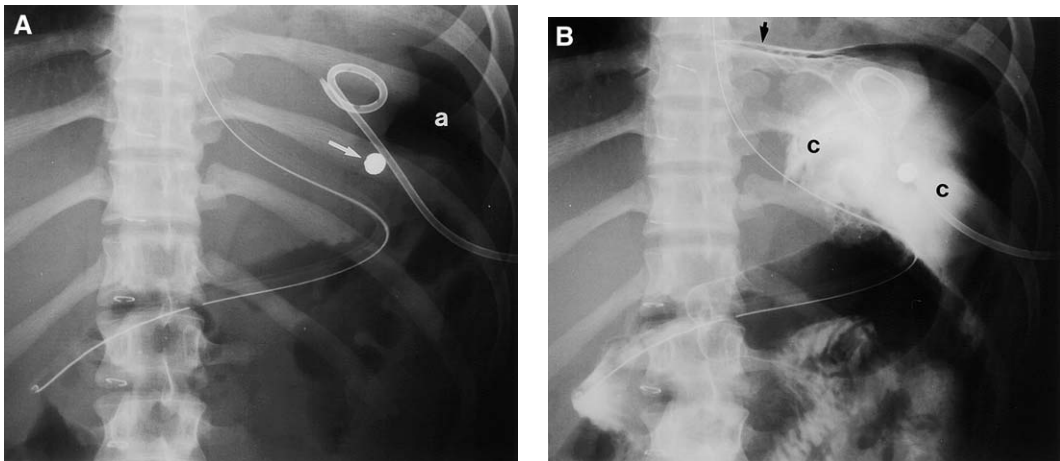


Fig. 3. A 19-year-old man with history of gunshot wound to the abdomen resulting in exploratory laparotomy with splenectomy. Three days postoperative, a CT showed a left subphrenic abscess. One day later, the abscess was drained by a pigtail catheter using ultrasound guidance. (A) Plain radiograph of the abdomen obtained 6 days after initial surgery shows the pigtail drainage catheter, a bullet fragment (arrow), and a triangular-shaped air collection in the left subdiaphragmatic space (a). (B) An upper gastrointestinal series (GI) was performed because of continuing fever and copious drainage from the pigtail catheter. Overhead radiograph from an upper GI series using water-soluble contrast shows an amorphous contrast collection (c) with contrast outlining the left subdiaphragmatic space (arrow). A leak in the gastric fundus was shown on fluoroscopic images. At repeat surgery, a perforation of the gastric fundus was oversewn. This case is an example of a contrast study demonstrating a leak, resulting in explanation of plain radiograph or CT findings. This case also demonstrates that in a postoperative patient it is difficult to determine whether CT findings of an abscess represent continuing presence of a known inflammatory process, an untreated leak caused by the original disease, or a postoperative complication.

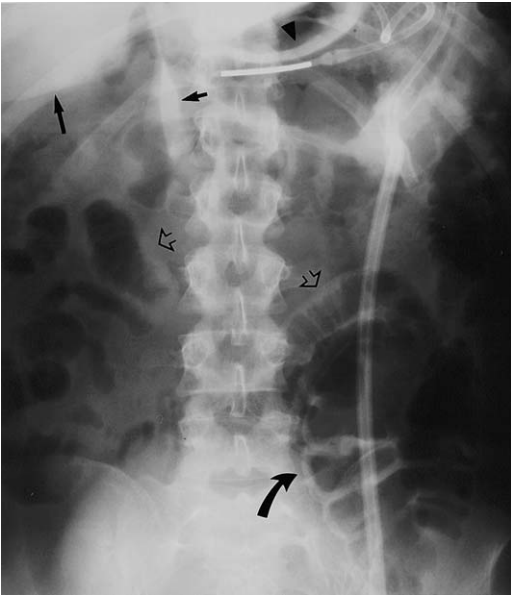


Fig. 4. Plain film findings of free intraperitoneal gas on supine radiograph. Supine plain radiograph of abdomen shows several signs of free intraperitoneal gas. The falciform ligament (*short arrow*) is outlined by free air as a linear density coursing from the edge of the liver toward the umbilicus. The edge of the liver (*long arrow*) is sharply outlined by free intraperitoneal gas. Rigler's sign is the outlining of a bowel wall by gas within the lumen of the bowel and free intraperitoneal gas outside the bowel wall. A Rigler's sign involving the sigmoid colon (*curved arrow*) and several small bowel loops (*open arrows*) is seen. Air in the left posterior perihepatic space results in a Rigler's sign involving the lesser curvature of the stomach (*arrowhead*). The free intraperitoneal gas was caused by recent gastrostomy tube placement.

study, as the high-density luminal contrast agent ruins a subsequent CT.

Perforations of the pharynx and esophagus

Spontaneous esophageal perforation

Spontaneous esophageal perforation is known as "Boerhaave's syndrome," originally described by Boerhaave in 1724 [21]. In contrast, Mallory-Weiss tears are linear lacerations confined to the mucosa and submucosa at or near the gastroesophageal junction [22]. The pathogenesis of both Mallory-Weiss tears and Boerhaave perforations is a sudden, rapid increase in intra-abdominal pressure, most commonly

caused by severe retching and vomiting. Although the vomiting episodes are usually related to alcoholic binges, any cause of severe emesis can result in a traumatic tear or perforation. Esophageal perforation can also result from other causes of rapidly elevated intra-abdominal pressure including seizures, childbirth, blunt trauma, and severe straining at stool [23]. Patients with Mallory-Weiss tears typically present with upper gastrointestinal bleeding after an episode of violent retching. Mallory-Weiss tears account for 5% to 15% of all upper gastrointestinal bleeds. In contrast, patients with Boerhaave's syndrome are severely ill, with mediastinitis, sepsis, and shock developing after an episode of severe retching.

In patients with Boerhaave's syndrome, CT may demonstrate an extraluminal collection of gas and fluid, but may not be able to determine the site of perforation. An upper gastrointestinal series may demonstrate a 1 to 4 cm in length, vertically oriented tear in the distal esophagus just above the gastroesophageal junction, with extravasation of contrast material into a lower mediastinal collection (Fig. 6). Although Boerhaave's tears are usually on the left side of the distal esophagus, they occasionally may be located on the right side of the distal esophagus or even in the cervical esophagus [24].

Foreign body perforation

Most foreign bodies that are swallowed pass spontaneously, especially if they are small and smooth [25]. Large or sharp foreign bodies may lodge in the pharynx or esophagus and cause acute dysphagia, however, after an episode of gagging or choking. Large foreign bodies that occlude the laryngeal aditus may cause severe dyspnea. Small fragments of glass are often trapped in the interstices of the palatine tonsils, whereas bone fragments are often trapped in the tips of the piriform sinuses, above the cricopharyngeus or in the upper cervical esophagus [26].

A plain radiograph of the neck should be obtained with the patient in the lateral position during phonation of the sound "Eee." Radiopaque fragments of glass or bone can often be demonstrated in the palatine tonsils and hypopharynx, respectively, but some fish bones and glass fragments are not radiopaque. Plain radiographic signs of perforation include subcutaneous emphysema, pneumothorax, and pneumomediastinum. Focal or diffuse widening of the retropharyngeal space may indicate abscess formation. A water-soluble contrast swallowing study should initially be performed to diagnose a perforation. If a perforation is not seen with a water-soluble contrast agent, high-density barium is then given.

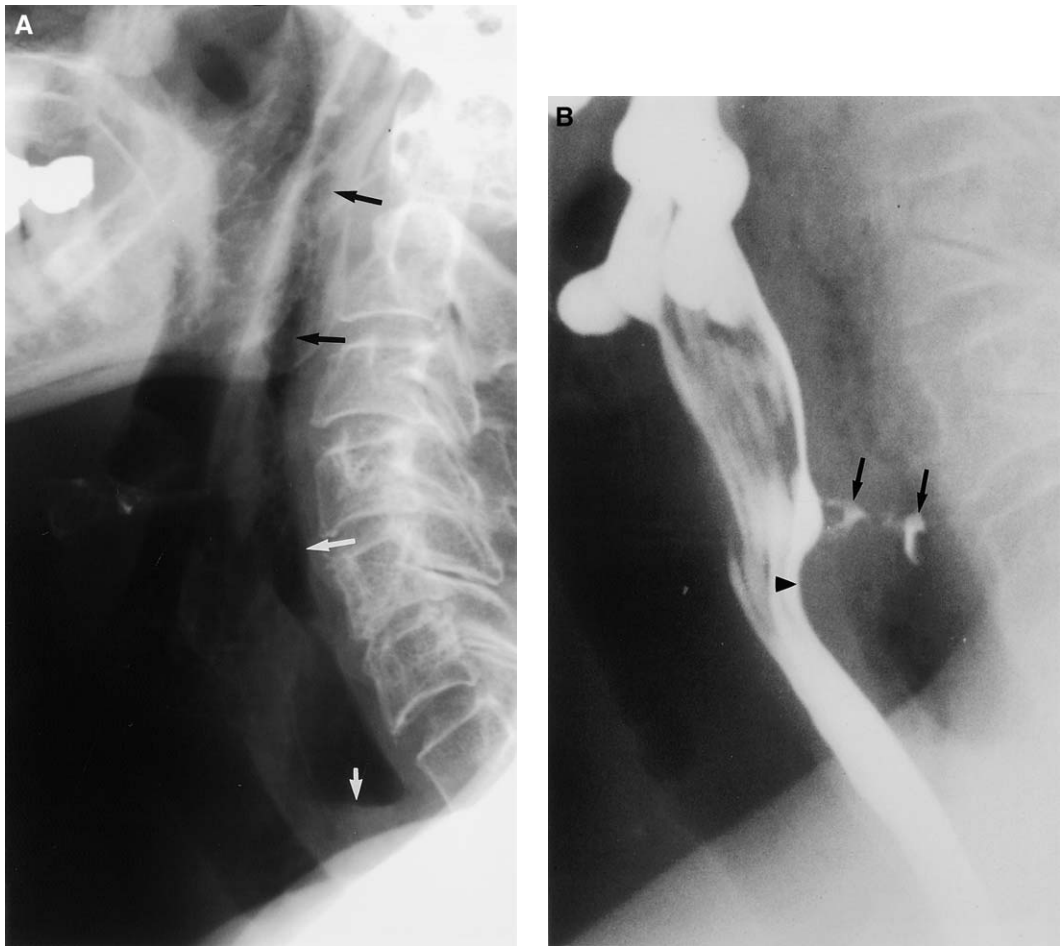


Fig 5. An 81-year-old woman with neck pain after a difficult upper endoscopy. (A) Scout radiograph of the neck shows a large amount of air in the retropharyngeal space (*long arrows*), extending from the nasopharynx to the cervical esophagus. An air-fluid level (*short arrow*) is seen at the level of the C-7 vertebral body. (B) Close-up from a spot radiograph obtained during swallowing shows a track of contrast (*arrows*) extending into the retropharyngeal space. The track arises from a perforation just above the indentation of the cricopharyngeus muscle (*arrowhead*). Fluoroscopic images showed incomplete opening of the cricopharyngeus muscle.

Leaks from the pharynx or esophagus may be manifested by linear or focal extraluminal collections of contrast, often parallel to the pharyngeal or esophageal wall. Erosions or superficial mucosal tears usually are missed on contrast studies. The authors have not found the use of a barium-coated cotton ball to be helpful for diagnosing nonradiopaque foreign bodies.

Iatrogenic perforations

Endoscopic procedures are responsible for most nonsurgical iatrogenic perforations of the pharynx and esophagus (see Fig. 5; Fig. 7). Perforations re-

lated solely to intubation are usually located in the lower piriform sinus or region of the cricopharyngeal muscle. Perforations also are prone to occur at sites of pharyngeal or esophageal narrowing, such as cervical esophageal webs; outpouchings, such as Zenker's diverticulum; or areas of extrinsic compression by osteophytes or the aortic arch. Endoscopic procedures, such as dilatation of the lower esophageal sphincter for achalasia, sclerotherapy, laser coagulation of tumors, or stent placement, are also associated with a substantial risk of esophageal perforation [27,28]. At the authors' institution, contrast studies are obtained on routine basis after all endoscopic procedures for achalasia and stent placement. Perforations may not

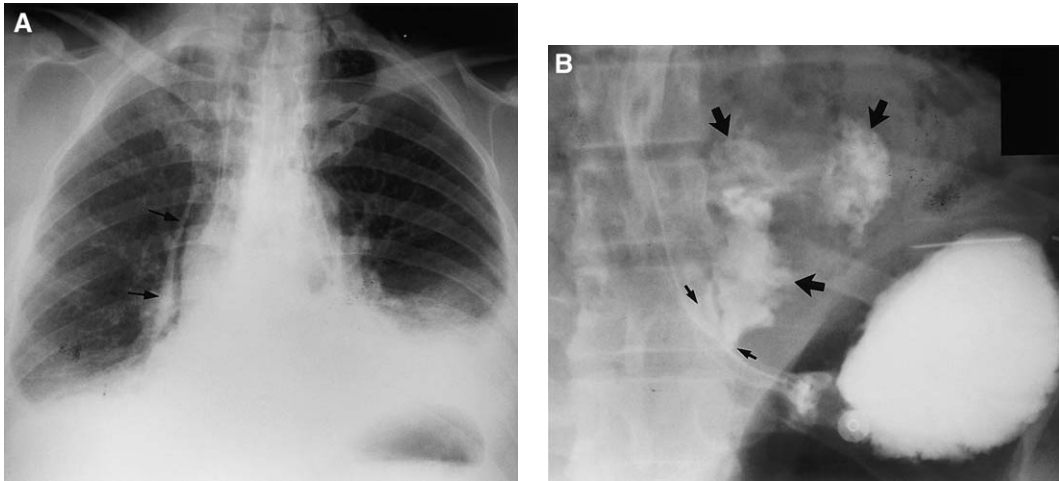


Fig. 6. Boerhaave's syndrome. (A) Radiograph obtained in frontal position shows right-sided pneumomediastinum (arrows) and a left pleural effusion. (B) Water-soluble contrast examination shows contrast flowing from the left lateral wall of the distal esophagus (small arrows) into the left side of the mediastinum (large arrows). (From Levine MS. Miscellaneous abnormalities of the esophagus. In: Gore RM, Levine MS, Laufer I, editors. Textbook of gastrointestinal radiology. Philadelphia: WB Saunders; 1994. p. 517.)

become clinically apparent until several days after surgery [29].

Postoperative esophageal perforation

An anastomotic or staple line leak is the most common serious complication of esophageal surgery. Anastomotic leaks may result in mediastinitis, abscess formation, and sepsis. Esophageal anastomoses are more prone to leak than other gastrointestinal anastomoses because the esophagus lacks a serosa [30]. The esophageal mucosa also tends to retract from a cut margin because there is considerable mobility between the squamous mucosa, submucosa, and muscularis propria [30]. At the authors' hospital, most patients undergo routine contrast studies of the esophagus 6 to 8 days after esophageal surgery to exclude an anastomotic leak that is not causing symptoms or is masked by routine postoperative complaints. Delayed esophageal perforations may also occur [31]. If there is any clinical suspicion of a leak during the postoperative period, an upper gastrointestinal series should be performed. A postoperative chest radiograph that shows pneumomediastinum, a widened mediastinum, subcutaneous air, or an enlarging pleural effusion should also suggest the possibility of an anastomotic or staple line leak [32].

When performing postoperative upper gastrointestinal contrast studies, overhead or fluoroscopically obtained scout images are obtained with the patient

in the frontal and right and left posterior oblique positions with the radiographs centered so that the region of the expected anastomosis is demonstrated. When contrast studies are performed on patients after esophagogastrectomy, the radiologist should look for laryngeal penetration, leaks or obstruction at the anastomosis, leaks along the stomach if a gastric tube has been created, obstruction where the stomach passes through the diaphragm, leaks or obstruction at the pyloroplasty or pyloromyotomy, and leaks or obstruction at the jejunostomy tube site if a jejunostomy tube has been placed [33]. Water-soluble contrast agents should initially be used. If no leak is seen, high-density barium should then be administered to the patient. This can be a very difficult examination for both the patient and the radiologist, because postoperative patients are often immobile; unable to stand; and are connected to numerous intravenous lines, monitors, and chest tubes. The patient should be studied in as erect a position as possible and at least once in a recumbent position to ensure that the anastomosis and upper gastric body are bathed in contrast.

Perforations of the stomach

Peptic ulcer disease

Gastric and duodenal ulcers may perforate freely into the intraperitoneal space or into the lesser sac and



Fig. 7. A 71-year-old woman with fever and pain after upper GI endoscopy. Spot radiograph from a water-soluble upper GI series shows a hole (*long black arrow*) just above the esophagogastric junction and contrast beginning to spread (*short black arrows*) into the paraesophageal space. Note the air collection (*white arrow*) that has not yet filled with contrast. A distal esophageal perforation was repaired surgically.

retroperitoneum. Ulcers on the anterior wall of the stomach or duodenal bulb may perforate into the intraperitoneal space, resulting in peritonitis and localized abscesses (Fig. 8). A large percentage of perforated gastric and duodenal ulcers, however, seal off rapidly. As a result, free intraperitoneal gas can be detected on plain abdominal radiographs in only about two thirds of patients with perforated ulcers [34]. When a perforated ulcer is suspected, the upper gastrointestinal study should initially be performed with a water-soluble contrast agent. Extravasation of contrast material into the peritoneal space is detected in only about 50% of patients with a perforated ulcer [35]. About one-half of anterior wall perforations

flow freely into the intraperitoneal space; the other half form walled-off collections [35].

Ulcers on the posterior wall of the stomach and duodenum may perforate into pancreas, lesser omentum, transverse mesocolon, liver, spleen, biliary tree, or colon (Fig. 9). Posterior wall peptic ulcers most commonly perforate into the pancreas, resulting in pancreatitis or true abscess formation. Ulcers that perforate into the biliary tree or colon also may lead to fistula formation. An abscess in the left lobe of the liver or spleen may result from posterior wall penetrating ulcers. Less than one-half of patients with penetrating posterior wall ulcers have free intraperitoneal gas on plain radiographs or extravasation of water-soluble contrast agent from the lumen of the stomach or duodenum. Many of these leaks seal off, so that contrast studies only reveal the underlying ulcer on the posterior wall of the stomach or duodenal bulb. As a result, CT may be the first modality to suggest the diagnosis of a perforated posterior wall peptic ulcer [36–38]. Small bubbles of gas or pockets of fluid may be seen trapped near the wall of the stomach or duodenum; near the surface of the pancreas; or in the mesenteries near the duodenal bulb and stomach (ie, the hepatogastric and hepatoduodenal ligaments) (Fig. 10). Small bubbles of air also may be detected in the greater or lesser peritoneal sac. CT may also reveal evidence of pancreatitis, especially in the pancreatic head, or ascites with or without peritoneal enhancement that suggests peritonitis.

Gastrocolic fistulas

The stomach is connected to the transverse colon by the proximal portion of the greater omentum, also known as the “gastrocolic ligament.” Any inflammatory or neoplastic disease may spread to and from the stomach to the colon by this ligament. Currently, the most common cause of a fistula between the stomach and transverse colon is a benign gastric ulcer related to the use of a nonsteroidal anti-inflammatory agent [39]. Crohn’s disease of the transverse colon and adenocarcinoma of the stomach or transverse colon, however, can also result in the development of gastrocolic fistulas [40,41].

Postoperative perforations

Anastomotic leaks and staple line dehiscences after surgery for peptic ulcer disease are less common than leaks after esophageal surgery. Surgeons frequently choose to oversew a perforated ulcer because there is less than a 20% recurrence rate

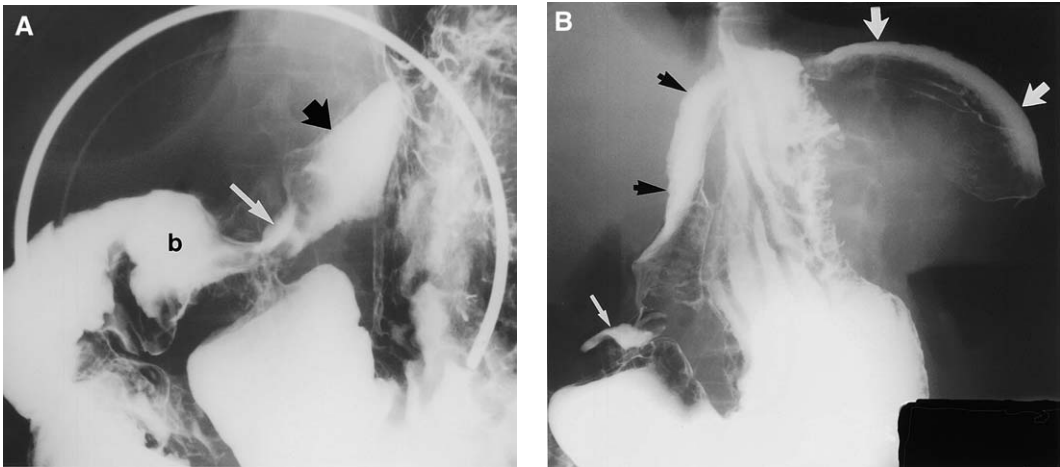


Fig. 8. Perforated ulcer, anterior wall, duodenum in a 64-year-old man with several weeks of mild right upper quadrant abdominal pain. (A) Spot radiograph from upper GI shows an ovoid barium collection (*white arrow*) probably representing the duodenal ulcer, just distal to the pylorus. A triangular-shaped extraluminal collection (*black arrow*) is filled with barium. The duodenal bulb (*b*) is deformed. (B) Spot radiograph with patient in right posterior oblique position shows deformity of the duodenal bulb (*thin white arrow*), a large barium-filled track (*black arrows*) anterior to the stomach, and barium spreading into the left subdiaphragmatic space (*thick white arrows*) to outline the spleen.

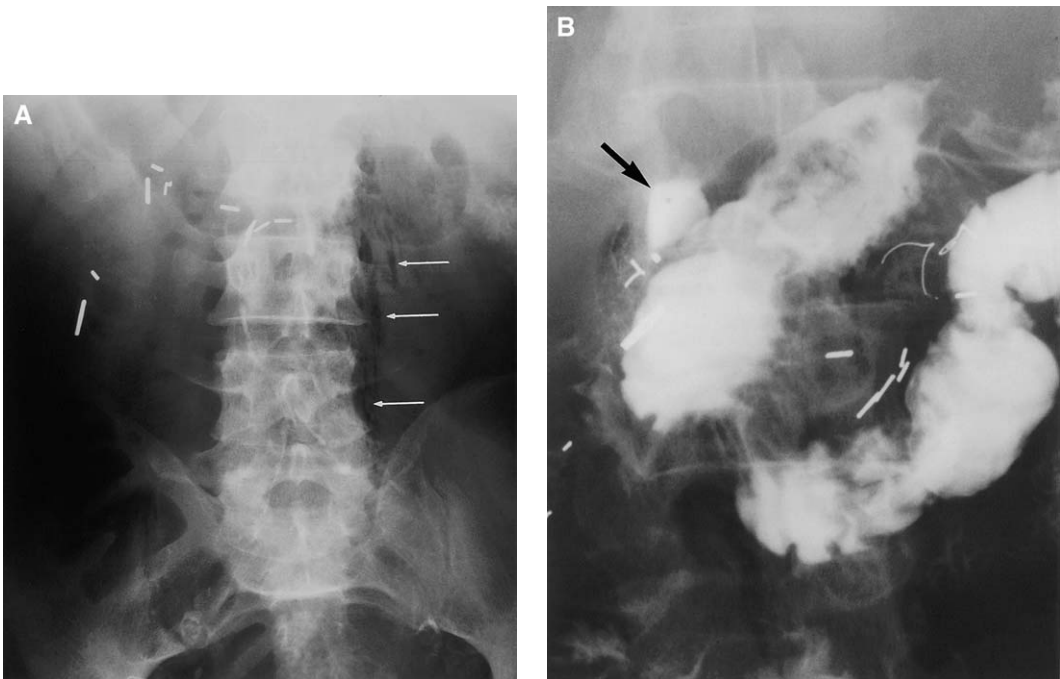


Fig. 9. Perforated posterior wall duodenal ulcer in 64-year-old man with abdominal pain. (A) Plain radiograph of abdomen shows linear streaks of gas (*arrows*) in the left retroperitoneum. (B) Spot radiograph from water-soluble upper GI series with patient in a steep left posterior oblique position shows a triangle-shaped collection (*arrow*) distal to the apex of the duodenal bulb, just as the second portion of the duodenum enters the retroperitoneum. This collection enlarged on later films. This case is an example of how a duodenal perforation can spread to both sides of the retroperitoneum.

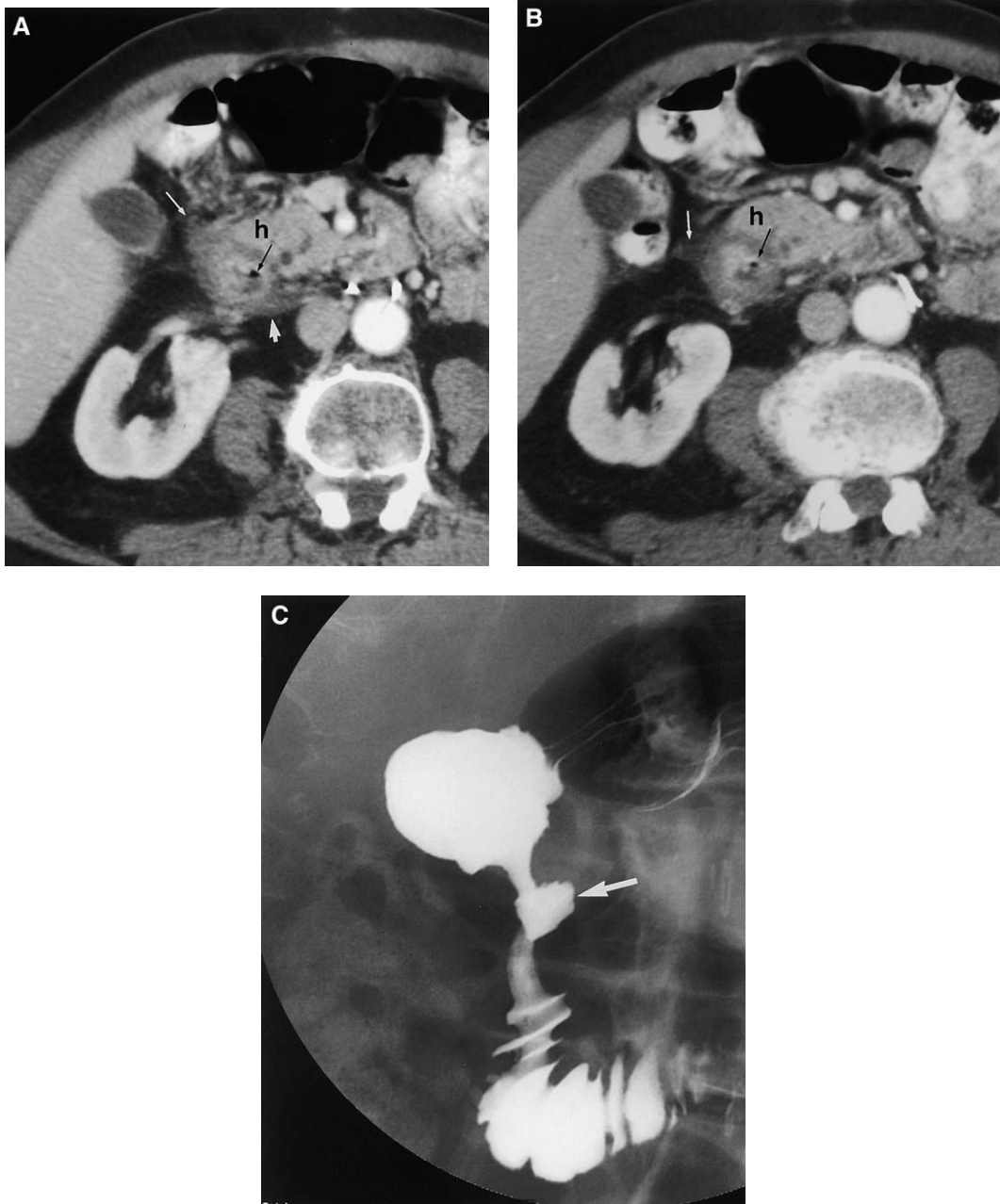


Fig. 10. An 82-year-old man with 30-lb weight loss and mild upper mid-abdominal pain. (A,B) Two images from a CT scan at the level of the pancreatic head (h) show that the wall of the duodenum is mildly thickened and of low attenuation. The CT diagnosis was “thick duodenal wall, recommend endoscopy.” In retrospect, there is stranding of the periduodenal fat (*thin white arrows*) and a small amount of fluid posterior to the duodenum (*thick white arrow*). A tiny bubble of gas is seen medially (*black arrows*). (C) Endoscopy was negative. Digital spot radiograph from a subsequent single-contrast small bowel follow-through shows a 1.5-cm ulcer (*arrow*) just proximal to the papilla of Vater and thickened folds throughout the second part of the duodenum. A repeat endoscopy confirmed the postbulbar ulcer. This case illustrates the difficulty of CT diagnosis in the region of the duodenum and the complementary value of contrast studies for demonstration of small holes in the GI tract. It is unknown if the bubble of gas demonstrated on the CT scan represents the ulcer or the lumen of the duodenum.

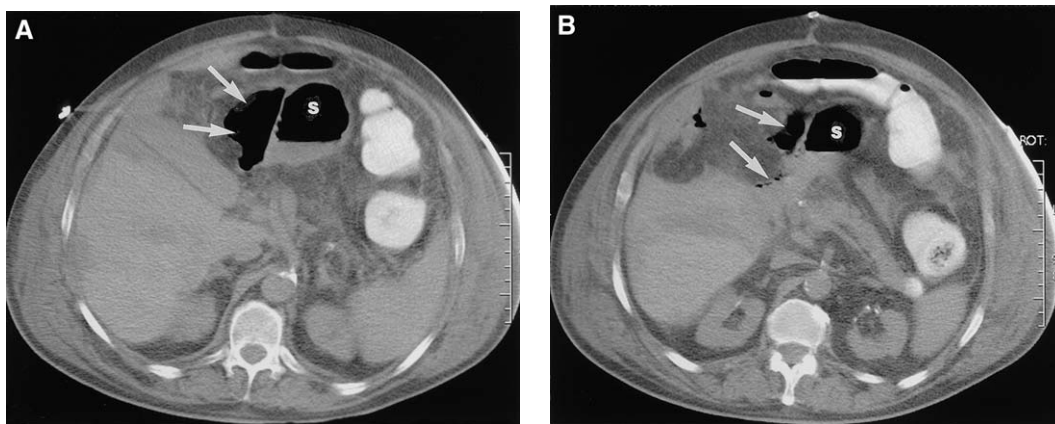


Fig. 11. Duodenal bulb leak following Graham plication of perforated peptic ulcer in a 73-year-old-man with renal insufficiency. (A, B) Axial images of the upper abdomen reveal large amounts of extravasated air adjacent to the distal stomach and duodenal bulb (arrows). S = stomach. Proved at surgery.

with therapy [42]. At the authors' hospital, upper gastrointestinal contrast studies are performed on a routine basis to exclude leaks after oversewing peptic ulcers. Patients with symptoms after other forms of peptic ulcer surgery also undergo postoperative studies. A postoperative upper gastrointestinal study should initially be performed with an ionic water-soluble contrast agent, followed by high-density barium if no leak is identified.

Anastomotic leaks may be detected at gastroenteric or enteroenteric anastomoses. Leaks may also occur at the oversewn proximal duodenal stump after Billroth II surgery or after Graham plication of perforated duodenal ulcers (Fig. 11). The postoperative contrast examination may show contrast material outside the expected lumen of the bowel filling a collection or fistula. CT also is useful for demonstrating the size and location of an abscess cavity or guiding percutaneous drainage of an abscess collection.

Anastomotic or staple line dehiscence also may occur after vertical banded gastroplasty or gastric bypass procedures for morbid obesity [43,44]. Perforation of a gastric pouch may also be caused by gastric hyperacidity, ischemia, or an indwelling tube [42–44]. Transmural necrosis may develop 24 to 36 hours after surgery, resulting in a delayed postoperative perforation. Given the difficulty of the surgical procedures performed in patients with morbid obesity, predischarge postoperative contrast studies are routinely performed on these patients at the authors' hospital, first with ionic water-soluble contrast agent, followed by high-density barium if no leak is initially seen.

Perforations of the small intestine

Ischemia and infarction

Small intestinal ischemia has a wide spectrum of etiologies and severity [45]. The most serious complication of small intestinal ischemia is transmural necrosis and perforation, leading to peritonitis, with possible sepsis and death. The most common form of small intestinal ischemia in hospitalized patients is splanchnic vasoconstriction related to hypovolemia and hypotension. Such drugs as digitalis, dopamine, vasopressin, and cocaine can result in severe splanchnic vasoconstriction. Superior mesenteric arterial occlusion may result from embolism caused by atrial fibrillation, cardiac valve disease, left ventricular thrombus related to myocardial infarction, and left atrial myxoma. Other etiologies include atherosclerosis, blunt or penetrating abdominal trauma, mesenteric vascular compression or twisting caused by adhesions (Fig. 12), internal hernias, midgut volvulus, and tumors in the small bowel mesentery [45]. Mesenteric venous occlusion usually occurs secondary to thrombosis related to portal hypertension, surgery, trauma, oral contraceptives, and various hypercoagulable states.

In patients with ischemia, plain radiographs may demonstrate dilated small bowel loops with air-fluid levels; thickening of valvulae conniventes and the bowel wall; pneumatosis in a linear or speckled configuration; and, rarely, portal venous gas. CT is superior to plain radiographs in demonstrating these findings [46,47]. On an unenhanced CT scan, bowel

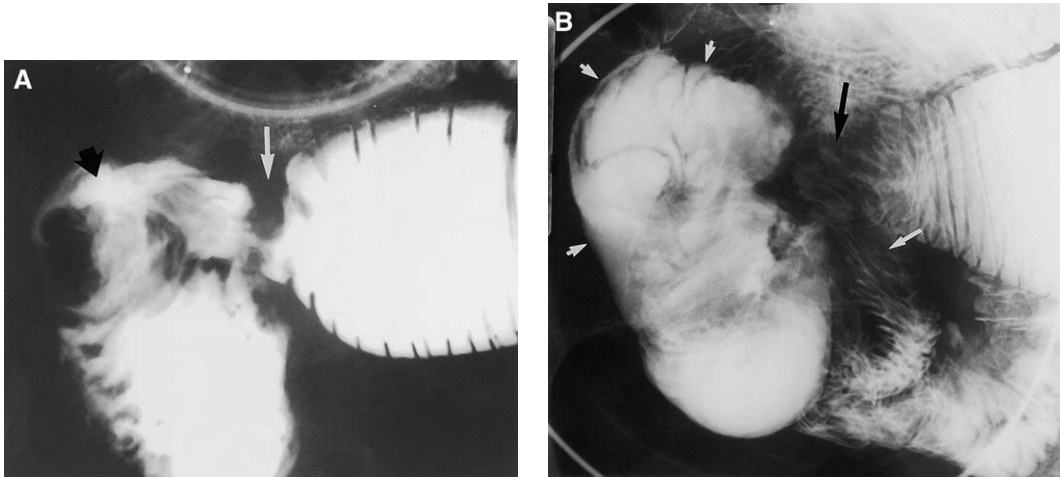


Fig. 12. A 71-year-old woman with abdominal pain and distention after resection for sigmoid carcinoma and repair of colovesical fistula. (A) Spot radiograph performed early in the single-contrast phase of enteroclysis centered on the head of the barium column shows a focal band-like narrowing (white arrow) and an abnormal loop of jejunum with a questionable 7-mm ulcer manifested as a double density (black arrow). (B) Spot radiograph of the same loop obtained later in the enteroclysis (after methylcellulose injection) shows a well-circumscribed but amorphous barium collection (small white arrows) surrounding the area of the loop. No valvulae are seen in the barium collection. The area of the band is collapsed (large black arrow). A collapsed small bowel loop (large white arrow) is now seen distally. The enteroclysis diagnosis is now a partial closed loop obstruction underneath an adhesive band with possible perforation. At surgery, an abscess cavity (the amorphous barium collection) was found. The jejunum had ulcerated and perforated because of ischemic necrosis developing in this partially closed-loop obstruction underneath an adhesive band.

wall thickening may be of increased attenuation, reflecting blood within the lamina propria and submucosa [48]. Absent or delayed enhancement of the bowel wall may be detected after injection of intravenous contrast material [48]. The small bowel mesentery may also have increased attenuation caused by vascular engorgement or obstruction or leaking of intestinal contents into the interloop spaces. If a closed loop obstruction is the cause of the ischemia, CT may demonstrate the twisting of the bowel at the site of the adhesive band or internal hernia. Mesenteric vessels converge to a point near the band or entrance to the hernia. The small intestinal loops may be aligned in a U-shaped or radial configuration.

Blunt trauma

Blunt abdominal trauma may result in rapid elevation of intraluminal pressure and intestinal perforation. CT may demonstrate bowel wall thickening, pneumatosis, and pneumoperitoneum with or without extravasation of oral contrast material [49]. A focal fluid collection in the small bowel mesentery may be visualized adjacent to an injured small bowel loop. Direct small intestinal trauma and perforation may

also occur during distention of the balloon on the tip of an enteroclysis catheter [50].

Inflammatory conditions

CT is the method of choice for the evaluation of suspected perforations and abscesses related to foreign bodies and inflammatory conditions of the small bowel. Among the most common inflammatory etiologies are perforated diverticula and Crohn's disease. Small bowel diverticula are commonly located in the duodenum or proximal jejunum and seen less frequently in the terminal ileum. Acute inflammation may lead to free perforations and peritonitis or sealed off perforations with abscesses. On CT imaging the distended diverticulum can be visualized, associated with adjacent inflammatory stranding and extraluminal air (Fig. 13). In Crohn's disease, abscesses may be closely related to the bowel wall or may extend well beyond the bowel wall into adjacent structures [51]. Inflammatory stranding and changes in the small bowel mesentery adjacent to thick-walled segments of bowel are not specific for perforation in patients with Crohn's disease. Although fistulas may be detected with CT [52], barium studies (either small bowel follow-through or enteroclysis) are superior for

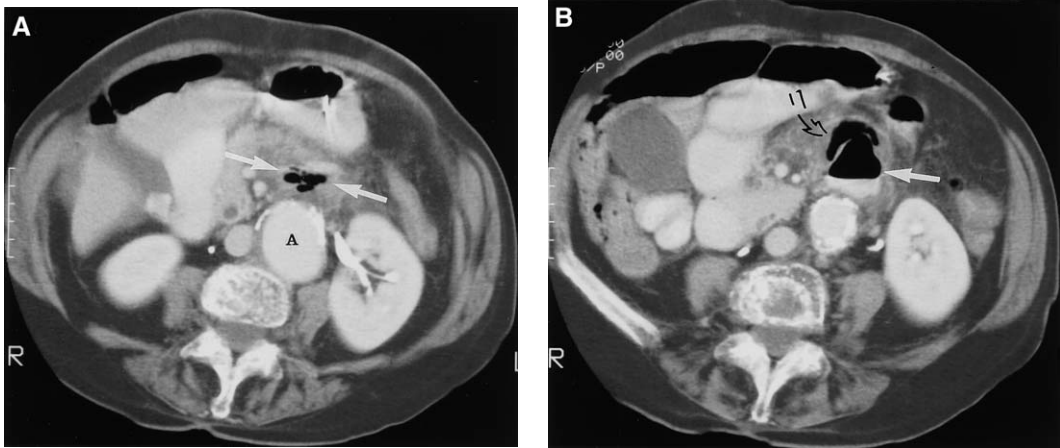


Fig. 13. Perforated duodenal diverticulum in a 71-year-old woman with acute abdominal complaints. (A) Axial image in the upper abdomen shows small bubbles of extraluminal air (arrows) with adjacent mesenteric inflammatory changes. Note the abdominal aortic aneurysm (A). (B) An adjacent caudal image reveals the distended distal duodenal diverticulum (solid arrow) and extravasation of air anterior to the diverticulum (open arrow). Surgically proved.

demonstrating fistulas. Walled-off abscesses also can be seen adjacent to the small bowel in patients with jejunal diverticulitis [53].

Perforating tumors

Primary non-Hodgkin's lymphomas and malignant stromal tumors of the small bowel may invade the adjacent small bowel mesentery. If these tumors become necrotic, a cavity forms within the mesenteric tumor. The cavity may communicate with the bowel lumen. Some of these lesions also show true perforation into the intraperitoneal space [54]. CT may reveal a large cavitary mass with a wall of varying thickness. The adjacent small bowel wall may be thickened by tumor. The small intestine is one of the many sites of involvement by late-stage posttransplant lymphoproliferative disorder. Ulceration with subsequent perforation may occur in loops affected by posttransplant lymphoproliferative disorder, most frequently in the jejunum [55]. Rarely, perforation with abscess formation can also be seen in patients with ectopic pancreas complicated by pancreatitis [56].

Postoperative small intestine

Water-soluble contrast agents are hyperosmolar, draw fluid into the lumen of the intestine, and prevent fluid resorption, resulting in a lower iodine concentration and less radiographic visibility. Water-soluble contrast agents are diluted further if the postoperative small intestine is dilated. It may be very difficult to

demonstrate a leak from an enteroenterostomy during a small bowel follow-through performed with water-soluble contrast material, especially if the leak is a considerable distance from the stomach and the intestine is dilated. The ability to demonstrate a small intestinal leak may also be compromised by overlapping loops of small intestine. Fortunately, small bowel anastomoses do not leak very frequently. Leaks from the proximal jejunum can be evaluated adequately by performing a water-soluble contrast study, either by having the patient drink contrast or by injecting a nasogastric tube with water-soluble contrast. If a suspected leak from a mid small bowel anastomosis needs to be evaluated, a CT scan should initially be performed to ascertain if there are any CT findings to suggest a leak, such as intraperitoneal fluid or air bubbles, enhancing peritoneal surfaces, interloop abscesses, or an abscess or inflammatory changes at the staple line. If there is a low suspicion of a leak or the likelihood that the leak is walled-off, barium study should be performed. Rarely, patients with suspected mid small intestinal leaks may be evaluated by enteroclysis with water-soluble contrast agents, but only when the bowel is not dilated, so the contrast is not diluted.

Ileocolic anastomoses or distal enteroileal anastomosis are best evaluated by a retrograde approach through the rectum using a water-soluble contrast enema. The duodenal stump of the afferent loop of a Billroth II procedure or Roux-en-Y procedure may be difficult to visualize by per-oral studies. If an indwelling duodenal tube is present, the duodenum can

be evaluated by the tube. If a biliary tube is present, the duodenum may be evaluated by this tube. If no tube is present, CT may be performed. In some patients, the authors have performed a nuclear medicine scan with a biliary agent to assess for leakage of contrast agent from the duodenum and Roux-en-Y loop.

Leaks related to a recently placed jejunostomy tube may not be seen after injection of the J-tube with contrast material. The tip of the tube may be a considerable distance from its site of entry into the bowel wall. If contrast does not reflux retrograde toward the site of jejunostomy tube entry into the bowel wall, leaks may be missed [57]. J-tube leaks are often best demonstrated from above by contrast material that is swallowed or administered by a nasogastric-gastrostomy tube injection.

Ileal pouches are frequently created as fecal reservoirs proximal to an ileoanal anastomosis in patients who have undergone total colectomy for ulcerative colitis or familial adenomatous polyposis syndrome. This is usually performed as a two-stage procedure because of a very high pouch leak rate. In the first stage, an ileoanal pouch is created and an ileostomy is performed to divert the fecal stream from the operative site. About 6 weeks later, the diverting ileostomy is taken down as a second-stage procedure. The authors routinely perform a water-soluble contrast study of the pouch before the diverting ileostomy is taken down. A Foley catheter is placed in the anal canal. If injection of water-soluble contrast material (Gastroview) reveals no evidence of a leak at the ileoanal anastomosis, the catheter is advanced into the ileal pouch. Water-soluble contrast is then injected into the pouch. Possible sites of a leak include the ileoanal anastomosis and the staple lines of the pouch and at the stump of the pouch [58]. CT may be helpful for showing an abscess and inflammatory stranding of the fat in the presacral space or elsewhere in the pelvis [59], but CT is inferior to contrast enema for showing the size and location of the leak.

Perforations of the colon

Rectal and colonic perforations

Rectal perforation may result from foreign bodies inserted into the rectum, including those inserted for eroticism and during criminal assault. Deep rectal biopsies, polypectomy, improper cleansing enema, or thermometer placement may also lead to rectal perforation. Rectal perforations that occur below the peritoneal reflexion lead to retroperitoneal air dissection and have a more benign clinical course

compared with the intraperitoneal perforations. Small rectal perforations that occur in an otherwise healthy patient heal spontaneously without the need of surgical intervention.

Although all intraperitoneal gastrointestinal perforations are grave abdominal emergencies, colonic perforations that often result in peritonitis caused by fecal contamination are particularly dreadful. Colonic perforations are commonly seen in clinical practice. They can be classified into perforations that occur at the site of a localized pathologic process (diverticulitis, carcinoma, foreign bodies) and cecal perforations that occur secondary to distal colonic obstructions. The obstructive process, often carcinoma or sigmoid volvulus, leads to severe colonic distention mostly when the ileocecal valve is competent and the colon cannot decompress. Cecum having the largest transverse diameter develops high intraluminal pressures and the highest wall tension that leads to diastatic perforation (Fig. 14). According to Laplace's law, wall tension = intraluminal pressure \times radius, and explains why cecum is a common site of perforation. Risk of



Fig. 14. Cecal perforation caused by sigmoid volvulus in 67-year-old man. Conventional supine abdominal film demonstrates the falciform ligament (solid arrows) and Rigler's double wall sign (open arrows) indicative of free intraperitoneal air. Proved at surgery.

cecal perforation is high when there is rapid colonic distention, when the cecum reaches 12 cm in diameter, and when the intraluminal cecal pressures are above 20 mg Hg [60].

Perforation during barium enema examination or colonoscopy

Most perforations related to barium enema occur in diseased portions of the colon or because of insufflation of an enema tip balloon [61,62]. Perforation of the colon is rare, occurring during about 1 in 10,000 barium enema examinations. The mortality rate for barium enema is about 1 in 50,000 [63]. In contrast, the perforation rate of colonoscopy is 10 to 20 times that of barium enema, with a perforation rate of about 0.2% and a mortality rate of 0.02% [64,65]. Distention of the enema tip balloon is usually not necessary, because with encouragement, most patients can hold the barium and air in the rectum. The authors find that it is necessary to insufflate the enema balloon in only about 5% to 10% of patients. The enema balloon is inflated only after a normal rectum has been demonstrated by the barium column. Relative contraindications for enema balloon insufflation include suspected colitis; a history of pelvic radiation; chronic mucosal prolapse syndromes (ie, solitary rectal ulcer syndrome); suspected rectovaginal fistula; known rectal mass; or perianal inflammatory diseases, such as Crohn's disease or hidradenitis suppurativa. Tears related to the enema tip usually result in contained leakage of barium, depicted radiographically as linear streaks of barium in a submucosal location paralleling the course of the rectal wall.

There also is a risk of colonic perforation if a barium enema is performed immediately after polypectomy or large forceps biopsy. These procedures can create a mucosal tear or complete transmural perforation of the colon. A barium enema should be postponed for about 1 week after an endoscopically performed polypectomy, mucosal cautery, or large forceps biopsy through a rigid sigmoidoscope [66,67]. A barium enema can be performed after a small forceps biopsy through a flexible sigmoidoscope or colonoscope.

Diverticulitis

Diverticulitis with formation of a pericolic abscess is a classic example of local gastrointestinal perforation. Because diverticula extend into the pericolic fat, inflammation with subsequent microscopic perforation of a diverticulum usually leads to a pericolic

inflammatory process with possible abscess formation. The inflammatory process can spread longitudinally as pericolic tracks or into adjacent organs as fistulas. Only rarely does diverticulitis result in free intraperitoneal perforation.

CT is the modality of choice for the demonstration of an acute pericolic inflammatory process [68–71]. Diverticulitis is manifested by disruption of the pericolic fat by linear streaks of soft tissue attenuation or focal fluid collections (see Fig. 2). CT may reveal bubbles of extraluminal gas or fluid tracking along the sigmoid mesentery. A heterogeneous soft tissue mass with or without air bubbles, fluid, or air-fluid levels indicates that a true abscess has formed. An intramural fluid collection may be seen if an intramural abscess is present. In about 10% of cases it is difficult to determine whether the perforation is caused by diverticulitis or a perforated colon cancer [72]. CT demonstration of diverticula or thickening of the bowel wall because of circular muscle hypertrophy indicates that diverticular disease is present, but does not prove that the pericolic inflammatory process or abscess is caused by diverticulitis. If there is abrupt transition of focal wall thickening, local lymphadenopathy, or a wall thickness greater than 1.5 cm, the possibility of a perforated colon cancer should be considered [72,73]. It is also difficult to distinguish diverticulitis from perforation related to a foreign body unless CT demonstrates a high-attenuation foreign body, such as a chicken bone. The CT diagnosis of acute diverticulitis is based on the presence of a pericolic inflammatory process and the absence of a demonstrable foreign body or tumor mass. If a focal mass is present, endoscopy or a contrast enema should be performed after treatment to exclude a perforated colon cancer.

Before the advent of CT, contrast enemas were often performed in patients with suspected diverticulitis. A definitive diagnosis of diverticulitis on contrast enemas depends on the demonstration of extraluminal air or contrast filling tracks or collections in the pericolic space (Fig. 15) [74]. Contrast enemas are inferior to CT in assessing both the presence and extent of the pericolic inflammatory process. Contrast enemas can only indirectly imply the presence of a pericolic inflammatory process when extrinsic mass effect and spiculation of the contour of the colon are demonstrated. In some patients, the pericolic inflammatory process produces little secondary change in the colon and a diagnosis of diverticulitis can be missed (see Fig. 2). Contrast enemas can exclude a perforated cancer when the diseased segment of bowel has tapered contours and preserved mucosal folds. Con-

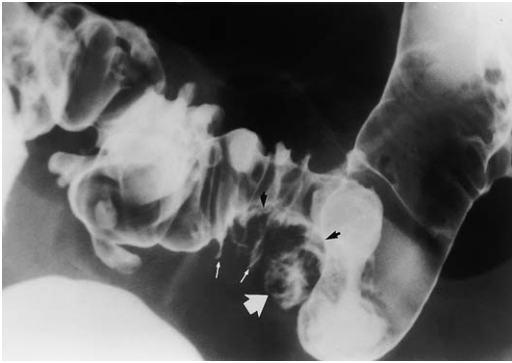


Fig. 15. Diverticulitis in elderly man with chronic left lower quadrant pain. Spot radiograph of proximal sigmoid colon shows barium filling around pericolic collection (*large white arrow*). The lumen of the adjacent sigmoid colon is narrowed by extrinsic mass effect (*black arrows*), but the mucosa is smooth and preserved. Diverticula adjacent to the pericolic abscess are deformed (*small white arrows*). (From Rubesin SE. Diverticular disease. In: Levine MS, Rubesin SE, Laufer I, editors. Double contrast gastrointestinal radiology. 3rd edition. Philadelphia: WB Saunders; 2000. p. 471–93, Fig. 14-26.)

trast enemas are superior to CT for differentiating diverticulitis from a perforated colonic carcinoma.

Contrast enemas are also superior to CT for the demonstration of fistulous tracks to the small bowel, urinary bladder, vagina, or abdominal wall. CT can indirectly suggest the presence of fistulas to the bladder and vagina by showing air in these structures with adjacent inflammatory stranding (Fig. 16). In fact, CT is better for suggesting the possibility of fistulas, but contrast studies are better for depicting these fistulas. Finally, contrast enemas performed with barium are potentially dangerous in patients with diverticulitis who have free perforation into the peritoneal cavity. If a contrast enema must be performed in an acutely ill patient with peritoneal signs or symptoms, a water-soluble contrast agent should be used.

Colon cancer

Once a colonic carcinoma has invaded the serosal fat, the possibility of abscess or free perforation or fistula formation is present. A fistula from a transverse colon cancer can spread directly by the transverse mesocolon to the duodenum or by the gastrocolic ligament to the stomach [75]. Rectosigmoid cancers also can form fistulas with the vagina or urinary bladder.

Postoperative colonic perforation

The radiologist may be asked to exclude a leak from a colon that has been partially resected or bypassed. Sites of possible perforation include the stump of a Hartmann's pouch, the stoma of a colostomy or mucus fistula, a colocolic or ileocolic anastomosis, or the diseased colon that was being treated [76]. In general, the radiologist should perform a retrograde contrast enema by the anus or rectum to visualize a suspected leak (Fig. 17). If the site of suspected leak cannot be reached by a contrast enema through the rectum because of the surgical anatomy, the colon can be evaluated by a contrast enema through an ileostomy or colostomy. The authors favor a rectal over a stomal approach when possible, because the rectal approach is safer. Perforations of a stoma have been described during ostomy enemas when the balloon of a Foley catheter is distended in a diseased stoma [77].

When imaging a short segment of bowel, full-strength water-soluble contrast agents can be injected through a Foley catheter insert into the rectum or stoma. The authors prefer Gastroview or Gastrografin to less opaque and less viscous contrast agents, such as Hypaque. When a large volume of contrast must be injected to reach a distant anastomosis, they use a combination of Hypaque (to generate a large enema volume) and Gastroview (to increase the radiographic density). Water-soluble contrast agents instilled into the peritoneal cavity are not deleterious, but the radiologist should remember that in the presence of leak feces is also being swept into the peritoneal space, potentially exacerbating peritonitis or a walled-off abscess. Unlike water-soluble contrast



Fig. 16. Colovesical fistula secondary to sigmoid diverticulitis in 83-year-old woman. Axial CT image in the pelvis reveals sigmoid diverticula (s), a fluid-filled fistulous tract to urinary bladder (*arrows*), and large amounts of air in the urinary bladder (B).

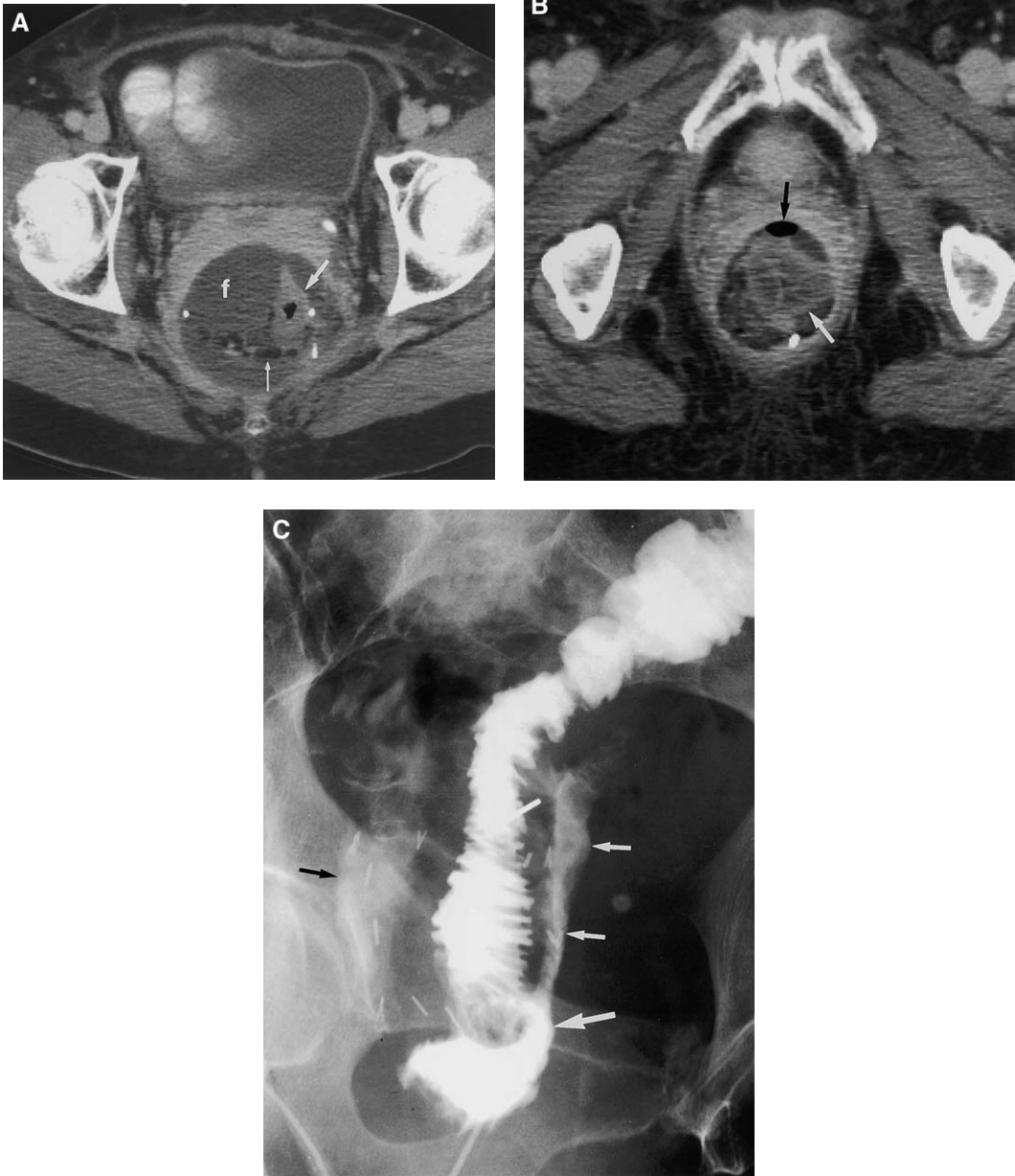


Fig. 17. A 68-year-old woman with pelvic pain and history of recent low anterior resection for rectal carcinoma. Pelvic irradiation had been performed before the colectomy. (A) CT through the level of the acetabulae shows a large amount of fluid (f) surrounding thick-walled colon (thick arrow) and its mesentery (thin arrow) that have been pulled into the pelvis to form the colorectal anastomosis. (B) CT through the level of the symphysis pubis shows thick-walled distal-most colon with mural stratification (white arrow). A bubble of extraluminal gas (black arrow) is seen. (C) Water-soluble contrast enema performed by a Foley catheter shows a hole near the anastomosis (large arrow) with contrast flowing into the right and left pararectal fossae (small arrows). Radiation change in the colon proximal to the anastomosis causes the colon to have thick folds mimicking the valvulae conniventes of the small intestine. These images demonstrate how contrast studies often define the site of a perforation better than CT, but CT defines the extraluminal extent of the abnormality.



Fig. 18. A 56-year-old woman with fever after liver transplant. Spot radiograph from an ERCP shows a large irregular collection (*arrows*) in the porta hepatis arising from a leak at the choledochcholedochostomy.

studies in patients with suspected upper gastrointestinal perforations, the authors do not follow water-soluble contrast enemas with barium if no leak is initially seen.

Perforations of the biliary tree

Perforations of the biliary tree may be caused by penetrating or blunt abdominal trauma; cholecystitis; or various procedures, such as surgery, percutaneous transhepatic cholangiography, endoscopic retrograde cholangiopancreatography, sphincterotomy, and stent placement. The perforations may result in the development of intrahepatic or extrahepatic bilomas

and abscesses; bile peritonitis; or fistulas to the skin, duodenum, or colon.

A biloma is depicted on CT as a fluid collection or thin-walled cyst of low attenuation [78]. On ultrasound, a few septations may be seen within a non-echogenic collection. Although the presence of a bile collection is best demonstrated on CT or ultrasound, the site of biliary perforation is often best demonstrated by endoscopic retrograde cholangiopancreatography, percutaneous transhepatic cholangiography, or T-tube cholangiogram (Fig. 18) [79]. An endoscopic retrograde cholangiopancreatography has the additional advantage of allowing treatment of the bile leak by draining the biliary tree with a stent or nasobiliary tube. A hepatobiliary nuclear medicine scan is a sensitive technique for detecting biliary leaks, but does not demonstrate the site of leak as does contrast injection of the biliary tree.

Bile peritonitis is manifested on CT as ascites associated with diffuse inflammatory changes on the peritoneal surface and mesenteries. Mesenteric vascular engorgement may also be present.

Intrahepatic ductal perforations may occur during extraction of biliary calculi when the surgeon or endoscopist uses guidewires or balloon extraction



Fig. 19. Small biloma detected only on CT. CT through the level of the pancreatic head and the lower portion of the gallbladder fossa demonstrates a 4 × 2 cm fluid collection (*short arrows*). The fluid spreads anterior to the head of the pancreas (*long arrow*) and to the second portion of the duodenum (*arrow-d*). There was no biochemical evidence of pancreatitis. An ERCP (not shown) did not detect this leak. Cholecystectomy was difficult in this patient with acute cholecystitis infected by *Serratia*. This biloma arose from the gallbladder fossa where accessory cholecystohepatic ducts of Luschka drain a portion of the right lobe of the liver directly into the gallbladder. This case demonstrates that a leak from the gallbladder fossa may be difficult to detect at ERCP or percutaneous transhepatic cholangiography because the ducts that are leaking are at the periphery of the liver.

devices in the biliary tree. CT or endoscopic retrograde cholangiopancreatography may demonstrate irregular collections in a peribiliary location within the liver parenchyma. Most of these biliary perforations are not important [79,80], but some of these collections may develop into abscesses.

The most common site of biliary leakage following cholecystectomy is the cystic duct stump. Leakage from this site may result from slippage of sutures or clips, intraoperative laceration, ischemic necrosis caused by crush injury, or ligation of the arterial blood supply. A biloma may form in the subhepatic space or porta hepatis. Leakage of bile frequently occurs around the insertion site of the T tube, before or after the T tube has been removed. This type of leak may result in a biliary-cutaneous fistula. Leakage from both the cystic duct stump and the T tube entry site may be exacerbated by distal biliary obstruction because of stones, blood clots, or T-tube obstruction.

The accessory cholecystohepatic ducts of Luschka drain a portion of the right lobe of the liver directly into the gallbladder in 25% to 35% of patients [80]. Leakage from these ducts after cholecystectomy may result in the development of a biloma in the gallbladder fossa (Fig. 19). An aberrant right hepatic duct courses along the gallbladder fossa in 5% to 8% of patients. Transection of this aberrant right hepatic duct at cholecystectomy may also result in the development of a biloma in the gallbladder fossa [80].

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The acute right lower quadrant: CT evaluation

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A variety of acute inflammatory conditions may affect the right lower quadrant prompting the patient to seek medical evaluation [1]. The clinical presentation is often confusing. The work-up of a patient with right lower quadrant pain is based on the clinical history and physical examination, laboratory evaluation, and plain-film radiography. In patients with acute right lower quadrant pain (and abdominal pain in general), however, plain-film radiography is often noncontributory (Fig. 1) [2]. A recent study evaluating patients with abdominal pain showed that plain-film radiography was interpreted as nonspecific in 588 (68%) of 871 patients, normal in 200 (23%), and abnormal in 83 (10%). In this study, abdominal radiography had 0% sensitivity for appendicitis, pyelonephritis, pancreatitis, and diverticulitis. Moreover, the clinical history and physical examination in patients with right lower quadrant pain are often nonspecific. Depending on the expertise of the treating physician, abdominal and pelvic CT is often performed to confirm if an inflammatory condition is present and to characterize it further [3]. With the widespread proliferation of multislice CT scanners in emergency departments throughout the country, this trend will likely continue [4]. In most patients with acute right lower quadrant pain, a specific diagnosis of appendicitis can be made with CT leading to prompt surgical intervention [5,6].

Appendicitis is the most common cause of the acute abdomen particularly in young individuals. It is important for the clinician and radiologist to remember, however, that abdominal symptoms and physical signs located in the right lower quadrant may be caused by a variety of other conditions [1,5]. In a review of

10,682 patients with acute abdominal pain, de Dombal [1] found that 28% had appendicitis, 9.7% had cholecystitis, 4.1% had small bowel obstruction, 4% had gynecologic disorders, 2.9% had pancreatitis, 2.9% had renal colic, 2.5% had peptic ulcer disease, 1.5% had cancer, 1.5% had diverticular disease, and 9% a variety of less common conditions. In this review, a specific diagnosis was not established in 34% of cases. It is likely that in many cases where a clinical diagnosis could not be made, CT imaging would have been helpful in establishing a specific etiology.

Furthermore, among the more common acute abdominal conditions enumerated in de Dombal's [1] series, not listed are Crohn's disease; epiploic appendagitis; infectious ileitis; mesenteric adenitis; omental infarction; ileal, cecal, and right-sided colonic diverticulitis; Meckel's diverticulitis; typhlitis; and intestinal ischemia. Although some of these conditions are relatively uncommon, taken as a whole they make up a substantial number of patients who present with acute right lower abdominal pain [5–11]. All of these conditions may be diagnosed with CT.

This article describes the CT imaging findings of patients presenting with acute right lower quadrant pain. The focus is on appendicitis and current imaging techniques and controversies. The remainder of the article evaluates the most common conditions causing right lower quadrant pain other than appendicitis that can be diagnosed with CT.

Appendicitis

Clinical diagnosis and imaging

The diagnosis of appendicitis historically has been made based on clinical signs and symptoms. The

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classic clinical presentation of appendicitis, however, composed of periumbilical pain migrating to the right lower quadrant with fever and leukocytosis, is not always present. As a result, reported rates of false-positive laparotomies (removal of a normal appendix) in patients with clinically suspected appendicitis ranges from 6.5% to 40% [6]. The highest rates occur when laparotomy or laparoscopy are performed in young women in whom acute gynecologic conditions are common and may mimic appendicitis [12]. When clinical evaluation alone is used for suspected appendicitis, 1 in every 5 to 10 appendices are normal at surgery (Fig. 2).

CT can decrease the false-negative rate for appendectomy. In a study of 146 patients with clinically suspected appendicitis who also underwent CT, the false-negative appendectomy rate was only 4% [13]. Another study evaluating the effect of imaging and the false-negative appendectomy rate in patients with

clinically suspected appendicitis showed substantial differences between those who were imaged and those that were not imaged [14]. In this study, the negative appendectomy rate for women was significantly lower for those who underwent preoperative CT (7% [6 of 85 patients, $P = 0.005$]) or ultrasound ([US] 8% [4 of 49 patients, $P = 0.019$]), as compared with 28% (9 of 32 patients) for women who underwent no preoperative imaging. Because of the high false-negative appendectomy rate, and because other acute entities may present with right lower quadrant pain, CT or US is often performed to confirm the diagnosis and to exclude other possible acute abdominal conditions.

A number of different imaging modalities and techniques have been advocated to evaluate the patient with suspected appendicitis. The modalities used include US, CT, and MR imaging. Ultrasound has gained importance in the evaluation of right lower

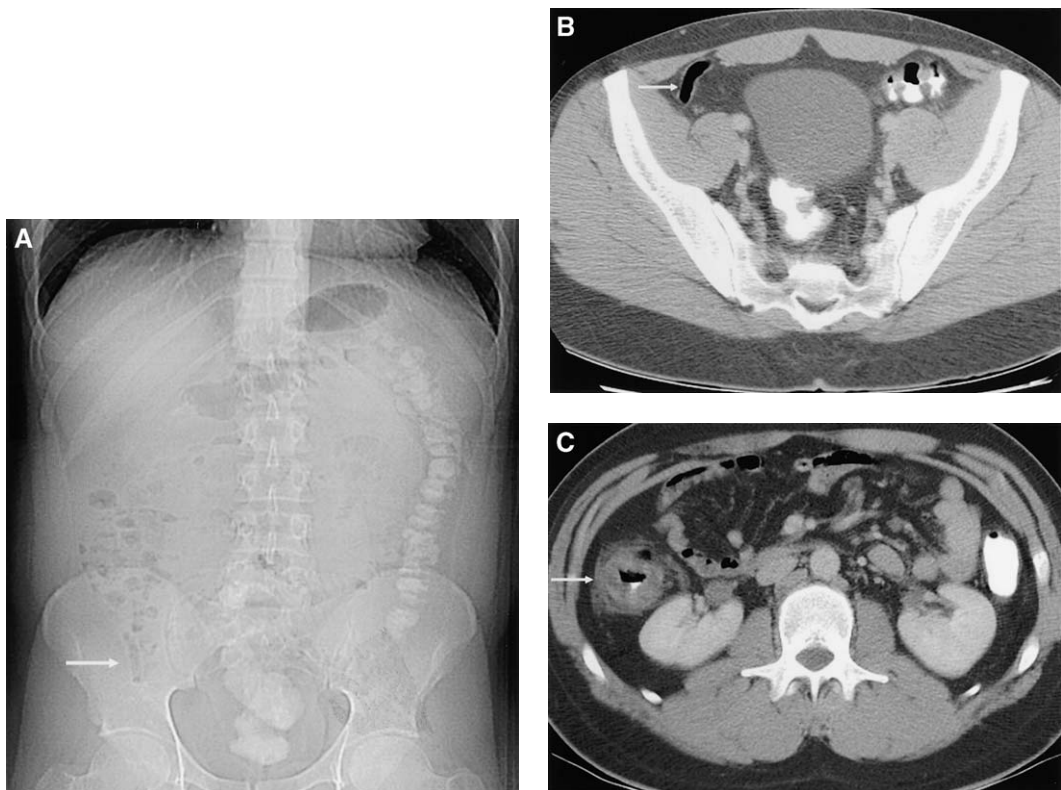


Fig. 1. Improved sensitivity and specificity of CT compared with plain film radiography in evaluating acute right lower quadrant pain. (A) Supine scout radiograph shows linear collection of gas (arrow) in the right lower quadrant, likely in appendix. Remainder of the image shows no abnormality. (B) Axial CT in same patient confirms normal appendix (arrow). (C) Axial CT image in same patient 10 cm cephalad to B shows circumferential thickening of right colon (arrow) with associated stranding of the adjacent mesenteric fat. Abnormality extended from the ileocecal valve to the hepatic flexure. Findings are consistent with colitis. In this case, the cause is ischemia.

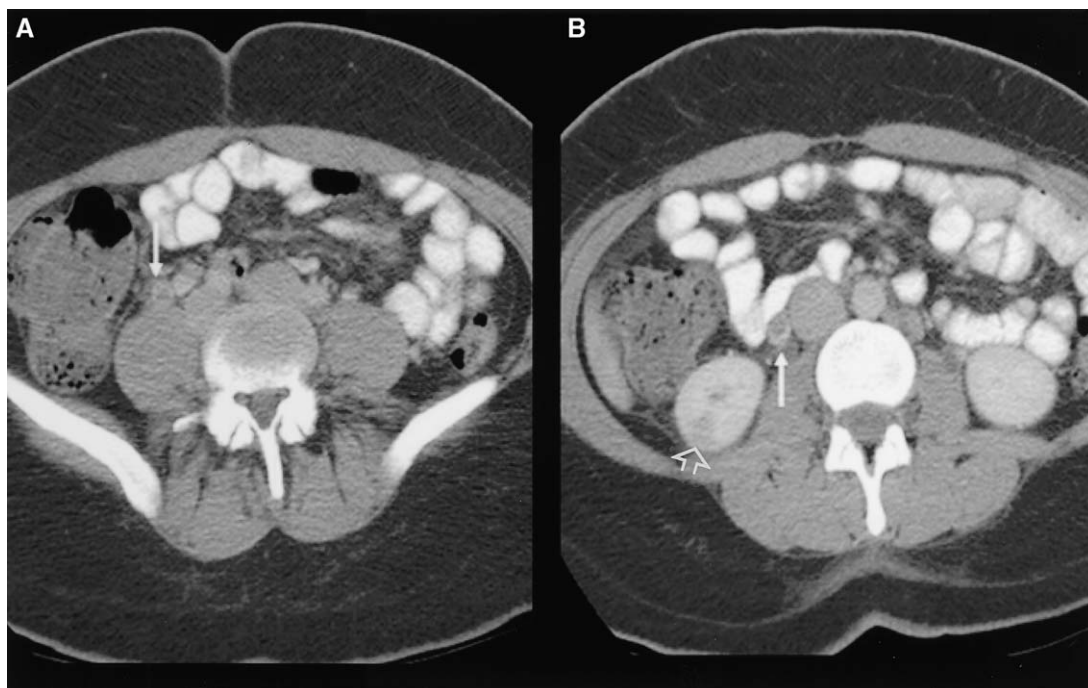


Fig. 2. A 32-year-old woman with right lower quadrant pain, fever, and clinically suspected appendicitis. Axial CT image (A) in the upper pelvis shows distended tubular structure with adjacent fat stranding (arrow) ventral to the right psoas muscle. Axial CT image (B) several centimeters cephalad shows continuation of tubular structure (arrow) to the inferior vena cava with central filling defect. Findings are consistent with right gonadal vein thrombosis. Note focal wedge-shaped area of decreased attenuation in right kidney (open arrow) consistent with pyelonephritis. Appendix (not shown) was normal.

quadrant pain especially in young women and children [15,16]. The sensitivity and specificity of US in the diagnosis of appendicitis is variable and dependent on a number of factors including patient size and body habitus, and the skill of the examiner. Another technical factor that may make visualization of the normal and abnormal appendix difficult is overlying bowel gas.

Sensitivity rates using US for the diagnosis of appendicitis of up to 90% have been reported [15,17]. A study comparing contrast-enhanced CT with graded compression US, however, showed sensitivity rates of 96% versus 76% for CT and US, respectively [3]. A more recent study showed that the sensitivity of CT and US for diagnosing acute appendicitis was 93% and 77% for the two modalities, respectively [14]. Radiation issues are certainly an important factor to consider in the use of an imaging study, especially in pregnant patients, young women, and children. Conversely, a recent report has showed that helical CT had a significantly higher sensitivity (95% versus 78%, $P = 0.009$) and accuracy (94% versus 89%, $P = 0.05$) compared with graded compression

sonography for the diagnosis of appendicitis in children, adolescents, and young adults [18]. At the authors' institution, US is used as the primary imaging technique in pregnant patients, whereas all other individuals undergo CT for evaluation of suspected appendicitis (Fig. 3).

CT

Unenhanced CT

Recently CT has become the primary imaging modality to evaluate patients with clinically suspected appendicitis. There is controversy, however, about how optimally to perform the CT examination in this setting [19–24]. Regarding patient preparation, there are several different techniques that can be used. Some radiologists advocate that the examination be performed without oral or intravenous (IV) contrast as an unenhanced examination [19–21]. The clear benefits of this type of examination are speed with decreased waiting time for the patient, and the examination is noninvasive because iodinated IV contrast material is not administered. Moreover,

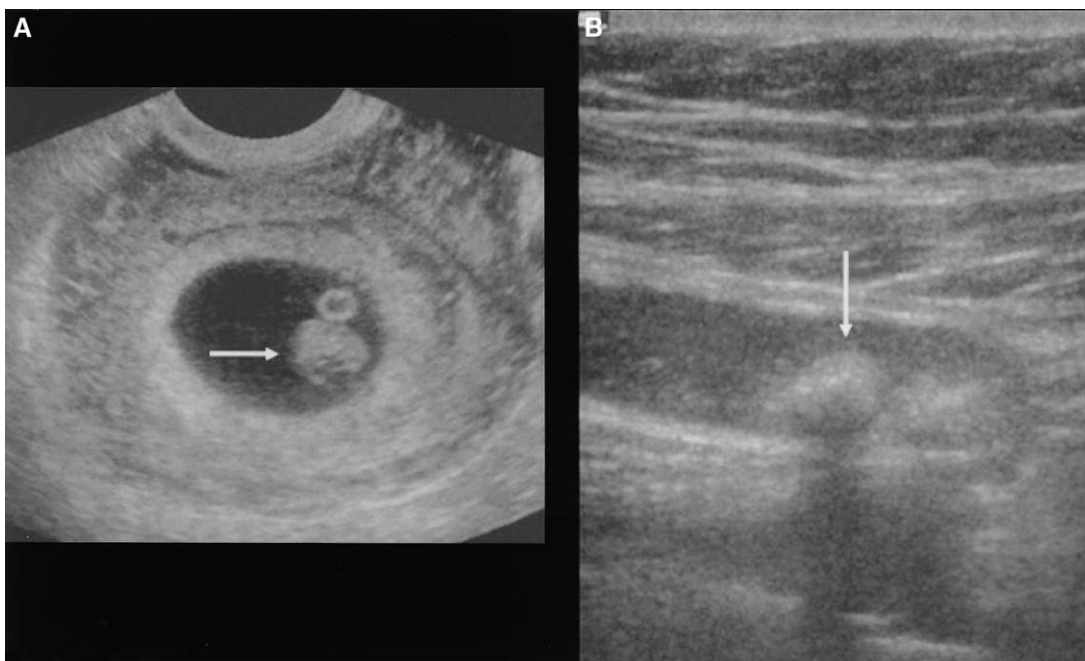


Fig. 3. A 25-year-old woman with right lower quadrant pain. Endovaginal US (A) shows single live intrauterine gestation (arrow). Compression US (B) using 7-MHz transducer shows noncompressible distended tubular structure in right lower quadrant with associated appendicolith (arrow). Appendicitis was confirmed at surgery.

reported results have been very encouraging, with one study reporting a sensitivity of 96%, a specificity of 99%, and an accuracy of 97% [21], whereas another study has showed a sensitivity of 96%, specificity of 98%, positive predictive value of 97%, and negative predictive value of 98% [20]. On the basis of these results, the authors recommended that if no definite inflammatory changes are detected with unenhanced CT, the patient could be monitored clinically.

Although appendicitis often can be diagnosed without oral and IV contrast material, a paucity of intraperitoneal and periappendiceal adipose tissue renders the diagnosis more difficult. It is well known that the surrounding periappendiceal fat facilitates recognition of a normal and abnormal appendix. A recent study evaluating the rate of detection of the normal appendix in pediatric patients found that abdominal fat significantly increases the rate of identification of the normal appendix [22]. In women, children, and in patients without intraperitoneal adipose tissue, it is much more difficult to detect a normal appendix and to establish a diagnosis of appendicitis. In these cases, oral and IV contrast facilitates recognition of a normal and abnormal appendix (Fig. 4) [3,6,23]. Moreover, the detection of

other offending acute abdominal diseases is greatly enhanced by the use of oral and IV contrast material.

Focused CT

Some investigators have advocated a focused CT examination of the right lower quadrant comprised of imaging only the lower abdomen and pelvis and the use of various combinations of oral, rectal, and IV contrast media [24,25]. A focused CT examination has the advantage of decreasing radiation dose to the patient, which is especially relevant in pediatric patients. A recent pediatric study evaluating a focused technique with scanning beginning below the lower pole of the right kidney and continuing into the entire pelvis, documented a sensitivity of 97%, specificity of 93%, positive predictive value of 90%, and negative predictive value of 98% for the diagnosis of appendicitis [24]. These results were similar to those obtained for CT examination of the entire abdomen and pelvis.

Several recent articles, however, have pointed out some of the limitations of the focused technique in patients suspected of having appendicitis [23,26]. In one comparative study of 100 patients with right lower quadrant pain and clinically suspected appen-



Fig. 4. Appendicitis in 32-year-old woman with clinically suspected kidney stone. Axial CT performed without contrast (A) was initially interpreted as normal. There is a paucity of intraperitoneal adipose tissue. In retrospect the appendix (arrow) is distended. It is very difficult, however, to differentiate the distended fluid-filled appendix from adjacent loops of unopacified bowel. Patient continued to have pain and underwent repeat CT with oral and intravenous contrast. The enhancing appendix (arrow, B) is now easily differentiated from adjacent contrast-filled loops of bowel.

dititis CT depicted abnormalities in 66 patients (66%). In 59 (59%) patients, the abnormality was located in the pelvis, whereas in seven (7%) patients abnormalities were found outside of the pelvis, a region not scanned during focused appendiceal imaging. Four of these seven patients required surgery. If only a limited CT evaluation had been performed, overall sensitivity for intra-abdominal pathology would have decreased from 99% to 88% ($P < 0.05$) and the sensitivity for cases necessitating surgery would have decreased from 96% to 82% ($P < 0.05$). These authors concluded that both abdominal and pelvic CT examinations are necessary to increase sensitivity and identify the many possible causes of right lower quadrant pain in patients with clinically suspected appendicitis.

Based on the authors' experience they believe that both abdominal and pelvic CT examinations and IV contrast administration are necessary when evaluating patients with right lower quadrant pain [23]. In a study comparing focused with nonfocused CT, three readers evaluated CT scans of the same patient who had two consecutive examinations: an initial focused examination in the right lower quadrant without IV contrast but with oral contrast material, followed by an examination of the entire abdomen and pelvis with oral and IV contrast material. Fifty-one (22.4%) of 228 patients in the study had acute appendicitis. Readers diagnosed appendicitis with 83.3%, 73.8%, and 71.4% sensitivity with focused unenhanced CT and readers diagnosed appendicitis with 92.9%,

92.9%, and 88.1% sensitivity when nonfocused contrast-enhanced CT images were used. Moreover, the level of confidence was higher for all three readers in diagnosing alternative conditions when enhanced CT images were available. In addition, it is worth noting that appendicitis was missed with limited focused CT studies in two patients whose inflamed appendices were located outside the imaging field.

Rectal contrast material

Several studies have pointed improved accuracy of CT for detecting appendicitis in both adults and children after the administration of rectal contrast material [25,27]. Rao et al [25], using a focused appendiceal technique using dilute rectal contrast administration, with or without oral contrast, and no IV contrast, reported a sensitivity of 100%, specificity of 95%, and accuracy of 98% in establishing a diagnosis of appendicitis. It has been suggested that rectal administration of contrast under pressure may force contrast into the appendix that otherwise would not opacify only with oral contrast administration (Fig. 5). For contrast enema, 20 mL of meglumine diatrizoate is mixed with 1000 mL of saline and is instilled by gravity with the use of a rectal catheter.

Another advantage of administration of rectal contrast material is that it is relatively quick so that the patient does not need to wait the 1.5 to 2 hours usually necessary with oral administration of contrast to visualize the terminal ileum and cecum. Limita-



Fig. 5. Administration of dilute iodinated contrast by the rectum in a patient clinically suspected of having appendicitis. Axial CT at level of appendix shows the appendix is filled with contrast material excluding the diagnosis of appendicitis (*arrow*).

tions to the routine use of only rectally administered contrast include patient discomfort, lack of proper visualization of the terminal ileum, and potential spillage of contrast material on the CT table. Perhaps most importantly, IV contrast was not routinely administered using the original protocol. In the authors' opinion, IV contrast material facilitates recognition of not only appendicitis [23] but also of other pathologic entities in the abdomen including processes involving the kidneys, mesentery, vascula-

ture, pancreas, intestinal tract, and other potential sources of acute abdominal pain.

Oral and IV contrast material

In the setting of suspected appendicitis, Balthazar et al [3] documented sensitivity of 98%, specificity of 88%, and overall accuracy of 95% when performing CT with oral and IV contrast material. A survey of academic institutions regarding imaging protocols used in patients with suspected appendicitis showed that IV, oral, and rectal contrast material are routinely given at 79%, 82%, and 32% of institutions, respectively [28]. Twenty-one percent of the institutions routinely use IV, oral, and rectal contrast material simultaneously. Among the numerous options available to scan the patient, CT with oral and IV contrast material continues to be the most commonly used technique. The authors continue to rely on oral and IV contrast-enhanced CT of the abdomen and pelvis to evaluate for suspected acute appendicitis and to diagnose alternative acute abdominal conditions of which it can masquerade.

Regarding the CT technique, it is important to opacify the cecum using oral contrast material (Fig. 6). The authors administer 800 to 1000 mL of oral contrast (dilute meglumine diatrizoate) in small increments over 1.5 to 2 hours before the examination is to be performed. The patient is then placed on the CT table and a scout topogram is obtained to document filling of the cecum. If it is uncertain whether there is filling of the cecum, a single CT slice at the

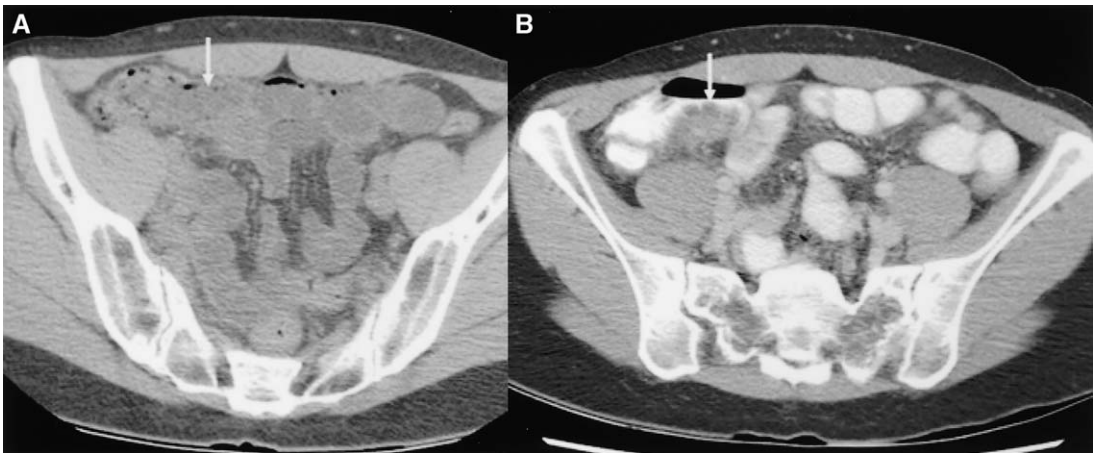


Fig. 6. Appendicitis in a 32-year-old woman with clinically suspected kidney stone, same patient as in Fig. 4. Axial CT performed without contrast (*A*) was initially interpreted as normal. There is a paucity of intraperitoneal adipose tissue. The cecum is unopacified (*arrow*) and appears normal. Patient continued to have pain and underwent repeat CT with oral and intravenous contrast. A focal area of thickening (*B*) is now seen at the base of the cecum (*arrow*) where the appendix arises from the cecum. This focal thickening is an important finding in confirming appendicitis and can only be seen if the cecum is opacified.

level of the sacroiliac joints can be obtained. If the cecum is opacified, the authors begin the examination; otherwise, the patient is taken off the CT scanner, waits an additional 30 minutes, and is then placed back on the CT scanner.

Once the cecum is opacified, helical CT using 5- to 7-mm collimation of the abdomen and 5-mm collimation of the pelvis is performed. Thin-section CT scanning improves sensitivity of CT for the diagnosis of appendicitis [29]. As anticipated, when comparing 5- and 10-mm thick sections in the same patient, the sensitivity for the detection of appendicitis was 99% versus 82%, respectively [29]. If a multidetector CT unit is available, a 4×2.5 mm detector configuration should be used and images routinely reconstructed at 5 mm. If needed, data can then be reconstructed at 2.5-mm thick sections for improved Z-axis resolution. The CT examination is initiated at the dome of the liver and continues in a cranial-caudal direction beginning 60 to 70 seconds after a 100- to 150-mL bolus of iodinated IV contrast material is administered at a rate of 2.5 mL/second. Using either a single detector or multidetector row CT scanner, a pitch of 1.5 provides good trade-off between acquisition time and slice sensitivity profile.

The normal appendix

Using oral and IV contrast material enhanced CT, the normal appendix is filled with positive contrast, fecal matter, gas, or a combination of these materials. Depending on the amount of intra-abdominal adipose tissue, the normal appendix is visualized in approximately 79% of patients with helical CT [30]. When attempting to locate the appendix, the right colon should be followed caudally from the hepatic flexure to the level of the cecum. Once the ileocecal valve is identified, the appendix is usually just caudal to the valve on the same side. It is useful to remember that because the right colon is mobile often attached on a long mesentery, or located in the left abdomen as a result of midgut malrotation, the appendix may not be visualized in its expected location in the right lower quadrant (Fig. 7).

The surgical landmark used to locate the appendix is McBurney's point, situated 1.5 cm medial and cranial from the anterior superior iliac spine, on a line drawn from the umbilicus to the anterior superior iliac spine. A study of 275 double-contrast barium enema examinations showed that only 35% of appendiceal bases were located within 5 cm of McBurney's point, whereas 15% were distant to it by more than

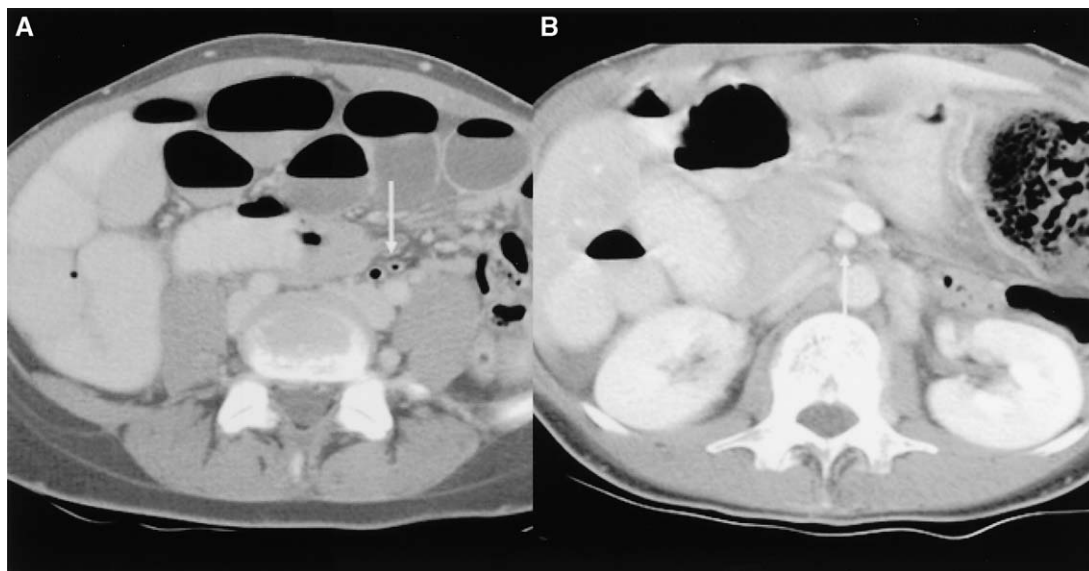


Fig. 7. Normal appendix in the left abdomen. Axial CT image in the lower abdomen (A) shows gas-filled tubular structure in left abdomen (arrow). Note there is no colon identified in the right abdomen. Axial CT image in same patient at level of superior mesenteric artery and vein (B) shows reversal of these vessels with superior mesenteric artery (arrow) to the right of the superior mesenteric vein. Findings confirm midgut bowel nonrotation. Patient also has small bowel obstruction related to adhesion from prior cholecystectomy.



Fig. 8. Long appendix. Coronal reformatted image from CT colonography shows unusually long appendix measuring 15.4 cm (arrow). The tip of the appendix is under the right diaphragm.

10 cm [31]. The appendix usually originates 2 to 3 cm below the ileocecal valve and it is positioned between 2 and 6 o'clock relative to the cecum, if the cecum is viewed as a clock on axial images. The appendix is mobile having its own mesentery and it has a variable length of 2 to 20 cm (Fig. 8).

The wall of the normal appendix is thin and when distended with fluid or gas it measures only 1 to 2 mm. After administration of IV contrast it enhances slightly and homogeneously. Occasionally, an appendicolith may be identified in an otherwise normal-appearing appendix. Unless there are other stigmata of appendicitis, such as periappendiceal inflammation, a diagnosis of appendicitis cannot be established. There is some variability in the maximal width of the normal appendix, which in most cases measures less than 7 mm. Even when the appendix measures over 7 mm but is filled with positive contrast material, and there is no periappendiceal inflammation or wall thickening, the patient likely does not have appendicitis.

The abnormal appendix

The inflamed appendix is typically distended with fluid, measuring between 6 and 17 mm in width (Fig. 9). Because it is obstructed at its base, orally or rectally administered contrast material is not present within its lumen. Occasionally, small bubbles of

gas may be seen within the abnormal appendix as residual air or from gas-producing bacterial infections. After the IV administration of iodinated contrast material, either a homogeneous or a stratified configuration target appearance of mural enhancement is seen in the wall of the appendix (see Fig. 9) [6]. The wall of the appendix is often mildly thickened. One or several appendicoliths are visualized in 20% to 40% of patients with appendicitis [32]. Recognition of an appendicolith in association with right lower quadrant inflammation or abscess, even if an appendix is not identified, is usually sufficient to establish the diagnosis of appendicitis.

A secondary CT finding that aids in the diagnosis of subtle cases of appendicitis is focal thickening at the tip of the cecum at the expected location of the orifice of the appendix [33]. The cecal bar sign (which represents edema and focal cecal thickening) and the arrowhead sign (which represents oral or rectally administered contrast funneling into the spastic and focally thickened cecum) are important ancillary signs (Fig. 10; see Fig. 9). Sometimes these signs are the only clues that an inflammatory process is present. The arrowhead sign was reported to be present in 17 (30%) of 56 patients with appendicitis and it was not present in patients without appendicitis [34]. The sign is clinically useful but it is not specific because other processes may cause spasticity and focal thickening at the tip of the cecum including cecal diverticulitis, typhlitis, and cecal carcinoma. Whenever focal cecal mural thickening or apical spasticity is identified, consideration of other entities

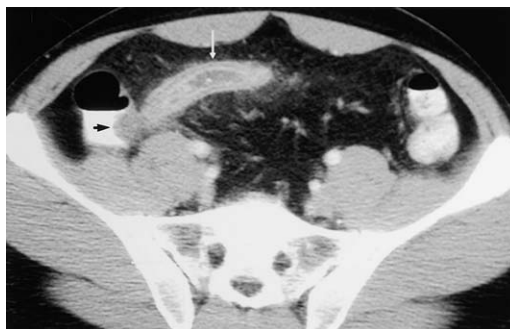


Fig. 9. Acute appendicitis with cecal bar. Axial CT image after the intravenous administration of oral and intravenous contrast material shows distended appendix (arrow) with mural stratification to enhancement pattern of inflamed wall. Note also periappendiceal fat stranding and focal thickening of the base of the cecum (cecal bar) (black arrow). Visualization of focal thickening is facilitated by the presence of positive contrast material in the cecum.

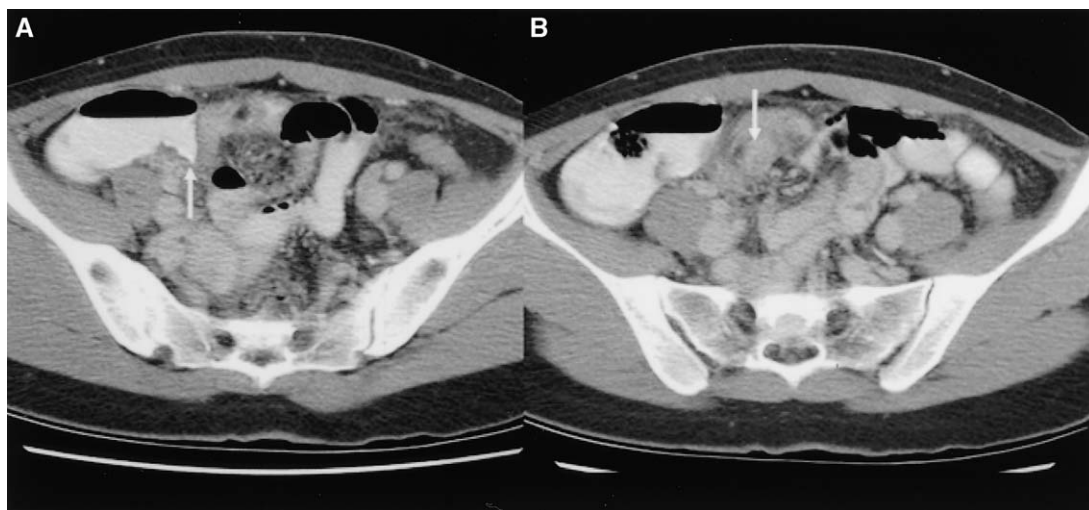


Fig. 10. Arrowhead sign. Axial CT image (A) shows positive contrast material in the cecum funneling into abnormal base of cecum (arrow). This finding resembles an arrowhead. Axial CT image (B) in same patient at a slightly more cephalad area shows nonfilling of inflamed distended appendix (arrow).

is paramount especially when an abnormal appendix is not visualized.

Obstruction of the appendiceal lumen leads to appendicitis. When the obstruction occurs distally rather than at its base, the inflammation is confined to the tip of the appendix (Fig. 11). In these cases, the

base of the appendix and the cecum are normal. In patients who are undergoing CT for suspected appendicitis, it is imperative that the entire length of the appendix be studied for possible distal or tip appendicitis [34]. If needed, placing the patient in the left lateral decubitus position can aid in detecting the

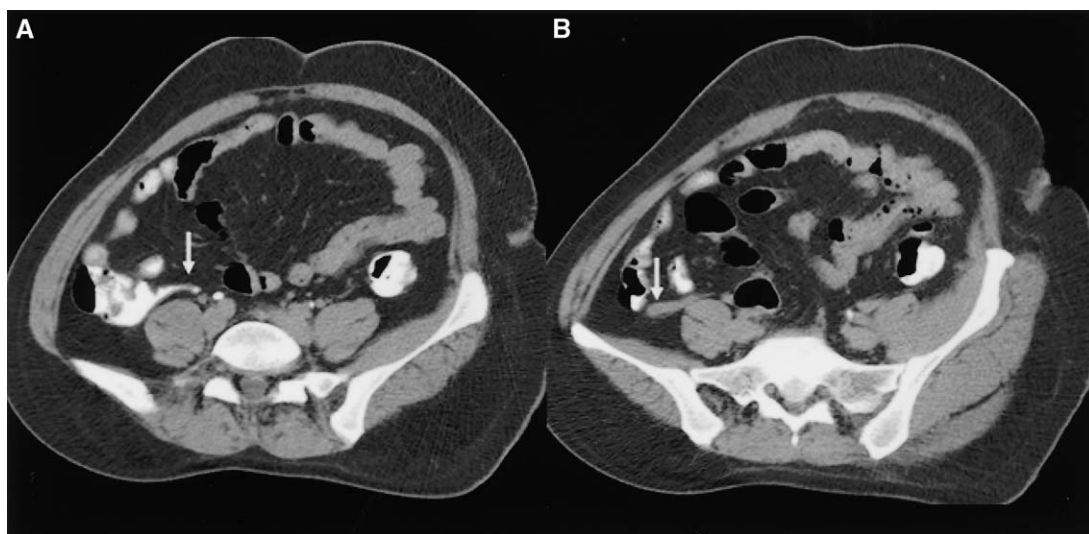


Fig. 11. Tip appendicitis axial CT image (A) performed after oral and intravenous contrast material shows normal proximal appendix filled with contrast (arrow). Axial CT image (B) several centimeters caudal shows distal aspect of appendix (arrow) is distended measuring 8 mm and shows no oral contrast material within. Findings suggest distal appendicitis, which was confirmed at surgery.

abnormal appendix by allowing loops of small bowel in the right lower quadrant to be displaced away from the cecum by gravity.

Appendicoliths or noncalcified foreign bodies are the most common causes of appendiceal obstruction and inflammation. Other processes can cause appendiceal obstruction and inflammation, however, including typhlitis, Crohn's disease, cecal carcinoma, and colitis (Figs. 12, 13). In many of these cases, re-

cognizing the underlying cause for an abnormal-appearing appendix can alter the medical or surgical management of the patient. For example, if there is circumferential thickening of the cecum or colon and the wall demonstrates a target appearance after administration of IV contrast material, colitis is most likely present (see Fig. 12). The diffuse inflammatory process in the cecum may secondarily obstruct the orifice of the appendix, leading to an appearance that

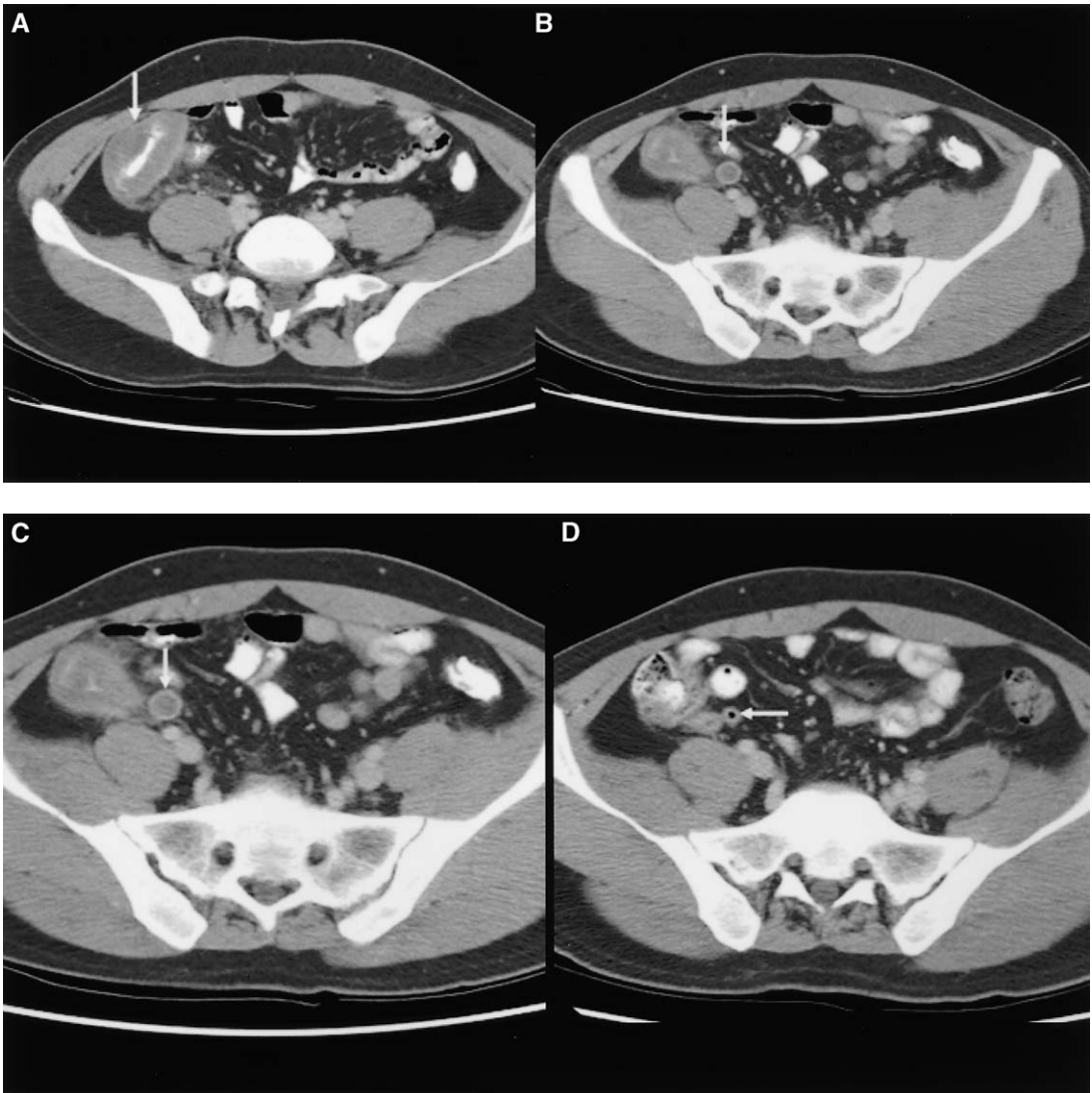


Fig. 12. Infectious colitis causing abnormal appendix. (A) Axial CT image performed after oral and intravenous contrast material shows circumferential thickening of the cecum (*arrow*) consistent with colitis. Axial CT image (B) several centimeters caudal shows distended appendix (*arrow*) measuring 11 mm and no oral contrast material within. (C) The patient was treated with antibiotics. Axial CT image (C) same as in A again shows abnormal appearance of the appendix (*arrow*) at time of initial presentation. Axial CT image (D) after 3 weeks of antibiotic treatment now shows normal-appearing appendix (*arrow*).

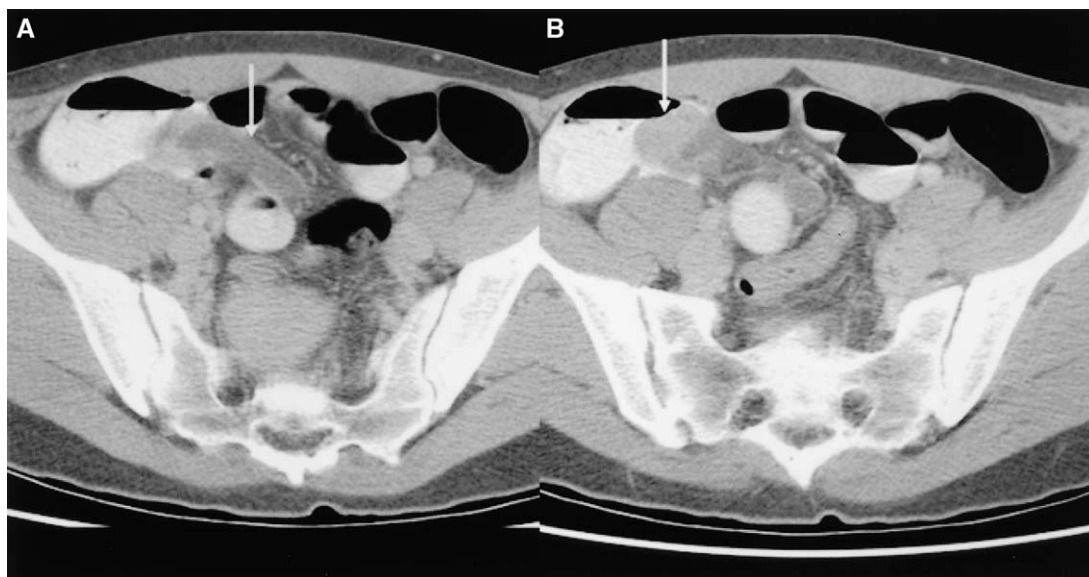


Fig. 13. Cecal carcinoma causing appendicitis. Axial CT image (A) performed after oral and intravenous contrast material shows fluid-filled distended appendix consistent with appendicitis (arrow). Axial CT image (B) several centimeters caudal shows focal thickening at the base of the appendix (arrow). At surgery, however, a palpable mass was detected in the cecum and resection revealed cecal carcinoma obstructing the appendix. In this case, it is very difficult prospectively to make the diagnosis of cecal cancer in the setting of appendicitis.

suggests appendicitis. Recognizing that the inflammatory response is circumferential and not localized to the area of the appendix allows differentiation of primary appendicitis and secondarily obstructed appendix, which improve when the primary colonic process is treated.

The major complication of appendicitis is perforation with abscess formation (Fig. 14). The key to prevention of abscess formation is early recognition of appendicitis and early removal of the inflamed appendix. When a large abscess (>4 cm) is present, the preferred treatment is percutaneous drainage. Another complication of appendicitis is small bowel obstruction (Fig. 15). In septic patients who present with distal small bowel obstruction, especially the elderly or those who have not had prior surgery, appendicitis should be considered as a possible etiology of the obstruction. In these cases, the small bowel obstruction is caused by serosal inflammation of the distal small bowel causing spasm, narrowed caliber, and functional obstruction.

Differential diagnosis

Gynecologic and renal causes of acute right lower quadrant pain are common. There are a number of

other inflammatory conditions that mimic appendicitis clinically and cause right lower quadrant pain. CT can often detect these other entities and alter the medical or surgical management of the patient. These other processes affecting the right lower quadrant



Fig. 14. Abscess complicating appendicitis. Axial CT image after oral and intravenous contrast material shows well-circumscribed gas and fluid collection in the right lower quadrant (large arrow). Small bowel is draped over the abscess. Note appendicolith in abscess (small arrow). Abscess was treated by percutaneous drainage.

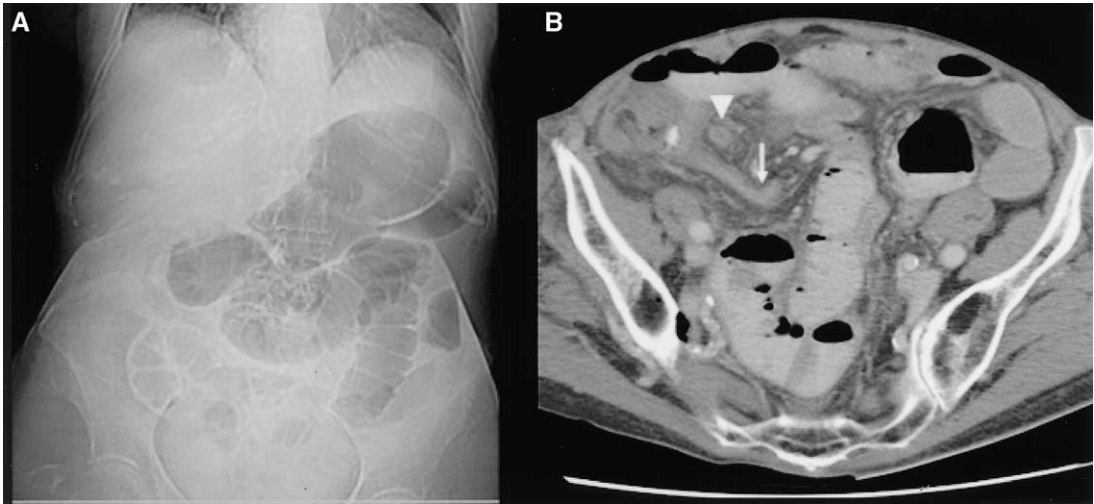


Fig. 15. Appendicitis in a patient presenting with symptoms of small bowel obstruction without prior surgery. Supine scout image (A) shows dilated small bowel and paucity of colonic gas consistent with obstruction. Axial CT image in the right lower quadrant (B) shows appendicolith in cecum and collapsed distal small bowel (arrow). Appendix is distended (arrowhead). Surgery confirmed appendicitis with secondary partial small bowel obstruction.

include mesenteric adenitis, Crohn's disease, infectious and ischemic ileitis, cecal and ileal diverticulitis, Meckel's diverticulitis, typhlitis, right-sided acute epiploic appendagitis, and omental infarction.

Mesenteric adenitis

Mesenteric adenitis can be divided into two broad categories: primary and secondary. Primary mesenteric adenitis has been defined as right-sided mesenteric lymphadenopathy without an identifiable acute inflammatory process or with mild (less than 5 mm) wall thickening of the terminal ileum (Fig. 16) [7,35–40]. Enlarged mesenteric lymph nodes, however, have been reported to occur in patients with celiac disease; appendicitis; diverticulitis; Crohn's disease; and neoplastic processes, such as lymphoma and carcinoma [2,10,11,41,42]. In these cases, the mesenteric adenitis can be considered secondary to a specific underlying condition. In most cases of primary mesenteric adenitis, an underlying infectious terminal ileitis is thought to be the etiology [7].

The reported frequency of primary mesenteric adenitis is variable. Puylaert [40] reported 100 consecutive adult patients who underwent compression sonography who were clinically suspected of having appendicitis and found that 14 (14%) had primary

mesenteric adenitis with mild terminal ileal thickening. In a study from Rao et al [7], primary mesenteric adenitis was found to be the second most common etiology of right lower quadrant pain after appendicitis, accounting for 7% of the discharge diagnosis in adult and pediatric patients with a clinical suspicion of appendicitis. Kamel et al [26], studying adult patients with acute right lower quadrant pain, found that only 2% of patients had primary mesenteric adenitis. A study evaluating causes of mesenteric adenitis found that the incidence of primary mesenteric adenitis was low, and that when mesenteric adenitis was present, there was usually a specific etiology that could be detected at CT [10]. When enlarged lymph nodes are identified in the small bowel mesentery, an etiology should always be sought. If no associated abnormality is present, and the patient presents with acute right lower quadrant pain, primary mesenteric adenitis is likely present.

Terminal ileitis

Several inflammatory conditions involving the terminal ileum may cause acute right lower quadrant pain. Ileitis may be caused by bacterial, mycobacterial, parasitic, and viral pathogens. These conditions usually cause mild bowel wall thickening (< 5 mm) and

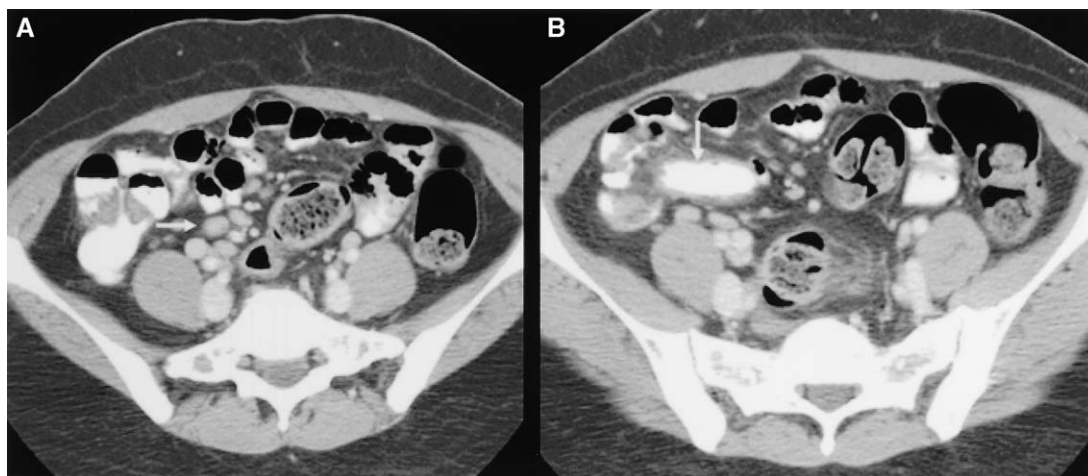


Fig. 16. Patient with right lower quadrant pain and clinically suspected appendicitis. Axial CT image after oral and intravenous contrast material (A) shows cluster of lymph nodes in the right lower quadrant mesentery. Axial image in same patient several centimeters caudal (B) shows mild thickening of terminal ileum (arrow). Findings are consistent with infectious ileitis and mesenteric adenitis.

may be associated with mesenteric adenitis. Other inflammatory entities that may cause terminal ileitis include Crohn's disease, ischemia, and vasculitis.

Crohn's disease

Crohn's disease is a chronic granulomatous inflammatory condition of unknown cause that can affect any segment of the gastrointestinal tract but most commonly involves the terminal ileum and the right colon [11]. Patients who develop acute exacerbations or local complications present often with right lower quadrant pain. CT imaging in these patients can exclude the diagnosis of appendicitis and demonstrate features characteristic of Crohn's disease (Fig. 17). The bowel affected by Crohn's disease usually shows more prominent circumferential wall thickening than in cases of infectious terminal ileitis [43]. In acute and subacute cases, the wall of the bowel shows mural stratification (target sign) after the administration of IV contrast. Occasionally, skip lesions are present characterized by segments of affected bowel separated by intervening normal bowel. Other intra-peritoneal findings are often seen including a local proliferation of mesenteric fat around the affected bowel, prominent vessels in the hypertrophied fat, fistulas, sinus tracts, and abscesses [11]. The degree of prominence of the vessels (hyperemia) in the fat adjacent to an affected segment of bowel has recently been reported to correlate with disease activity as assessed both clinically and with barium studies [44].

Ischemia and vasculitis

Ischemia and vasculitis may affect the right colon and distal ileum causing acute right lower quadrant pain [43,45,46]. Small bowel ischemia usually causes long segments of bowel to be affected including the



Fig. 17. Patient with right lower quadrant pain and Crohn's disease. Axial CT image after oral and intravenous contrast material shows two separate segmental areas of moderate bowel wall thickening (arrows). Note target appearance of bowel wall consistent with an inflammatory process. There is also a proliferation of fat around these affected bowel wall segments characteristic of Crohn's disease. In this patient there is an associated right iliopsoas muscle abscess (arrowhead).

terminal ileum. Most cases of small bowel ischemia are caused by either embolus or thrombus formation in the proximal superior mesenteric artery or from low perfusion pressure [46]. Surgical series report the most common cause of mesenteric ischemia to be superior mesenteric artery embolus, accounting for 50% of cases. In clinical practice, however, long segments of the small bowel may demonstrate mild wall thickening in association with a small-caliber superior mesenteric artery at CT. These patients present with pain and elevated lactic acid levels. They are frequently intensive care unit patients with low cardiac output and low perfusion pressure as the cause of their mesenteric ischemia. In either case (superior mesenteric artery embolus or low perfusion pressure), most of the small bowel is at risk. After the administration of IV contrast material, a target appearance of the small bowel wall is seen in many cases [46]. Whenever the small bowel or right colon shows bowel wall thickening with a target appearance, a careful evaluation of the superior mesenteric artery and vein for filling defects or caliber changes is warranted (Fig. 18).

Patients with superior mesenteric artery may present with acute abdominal pain localized in the right lower quadrant. The cause of the pain in these patients is vasculitis affecting the bowel. The small bowel and colon may be involved and often long segments of the bowel are affected [43]. After the IV administration of contrast striking mural stratification may be seen in patients with vasculitis (Fig. 19). In young patients presenting with abdominal pain and diffuse small bowel wall thickening with mural stratification, vasculitis caused by superior mesenteric artery should be high in the differential diagnosis.

Cecal and right-sided colonic diverticulitis

Cecal and right-sided colonic diverticulitis is a well-known entity that causes acute right lower quadrant pain, often mimicking the clinical presentation of appendicitis [47–49]. The importance of making a preoperative diagnosis of cecal diverticulitis is that most of these patients can be treated with antibiotics not requiring surgery [47]. The findings at CT that suggest the diagnosis include focal asymmetric thickening of the colonic wall with adjacent stranding of the pericolonic fat, associated diverticula, and a normal appendix [49]. Often at the center of the inflammatory process the inflamed diverticulum can be identified (Fig. 20). When this is present, a confident diagnosis can be made. When the inflamed divertic-

ulum is not seen, one needs to consider the possibility of colonic carcinoma in the differential diagnosis [48]. In these cases, colonoscopy or barium enema examination are helpful in differentiating the two conditions (Fig. 21) [49].

Meckel's and ileal diverticulitis

A Meckel's diverticulum is a blind sac arising from the distal ileum and is the most common congenital anomaly of the small bowel, occurring in approximately 2% of the population [50,51]. A Meckel's diverticulum is a true diverticulum containing all three layers of the bowel wall. Occasionally a Meckel's diverticulum may become obstructed by a fecalith with resulting diverticulitis and abscess formation. CT may demonstrate an inflammatory process adjacent to a loop of small bowel and occasionally an obstructing calcified fecalith is demonstrated (Fig. 22). A high degree of suspicion is necessary to diagnose this condition on CT because the diverticulum may be small and concealed by adjacent loops of nonopacified small bowel.

In addition to Meckel's diverticulitis, small-acquired diverticula of the ileum may develop. These have been reported in 1% to 2% of small bowel series using spot compression radiography [52]. These diverticula also may become impacted with resultant diverticulitis.

Typhlitis

Typhlitis is an acute inflammatory process usually centered at the level of the cecum. In addition, the terminal ileum, appendix, and right colon may be involved [53]. The condition results from chemotherapy-induced neutropenia. Histologically, combinations of bacterial and fungal overgrowth with superimposed ischemia are present. CT scanning demonstrates marked thickening of the cecum with either heterogeneous areas of decreased attenuation in the wall, or with a target appearance after the administration of IV contrast material (Fig. 23). Therapy is conservative consisting of broad-spectrum antibiotic and antifungal medications.

Primary epiploic appendagitis

Primary epiploic appendagitis is an uncommon condition that may occur in the proximal or distal

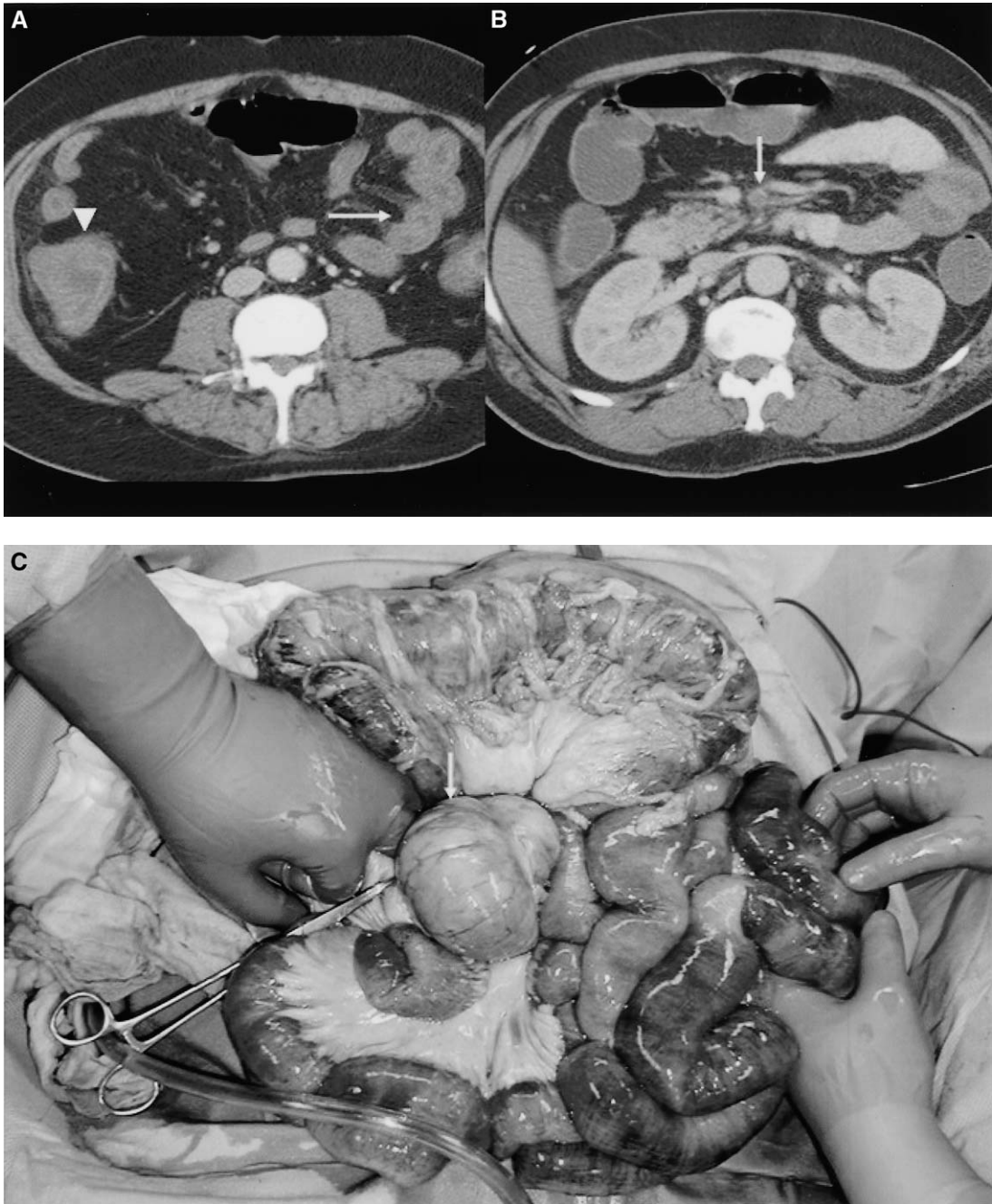


Fig. 18. Patient with acute right lower quadrant and crampy abdominal pain with mesenteric ischemia. (A) Axial CT image after oral and intravenous contrast shows multiple mildly thickened small bowel loops (*arrow*) with a target appearance. The right colon also shows circumferential wall thickening and a target appearance (*arrowhead*). Axial CT image (B) in same patient at level of superior mesenteric artery shows filling defect in superior mesenteric artery consistent with embolus (*arrow*). (C) Surgery confirmed diffuse small bowel and cecal infarction.

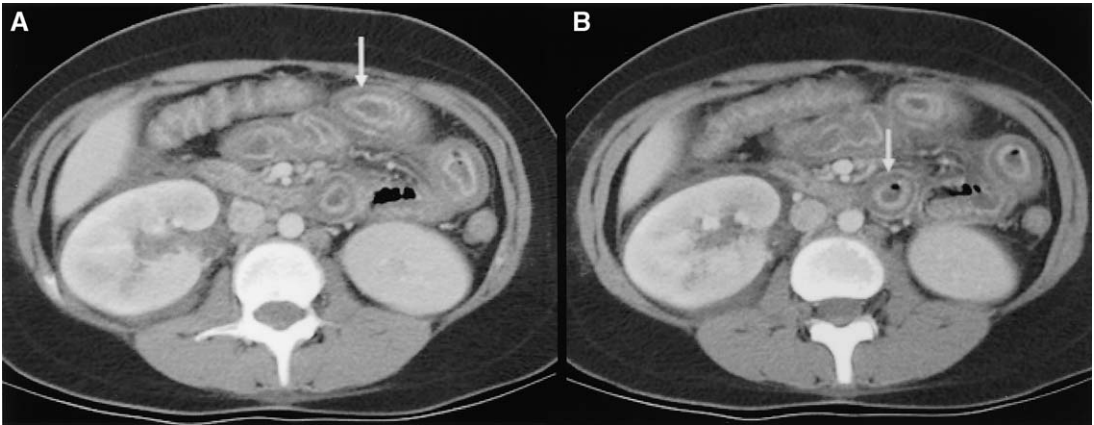


Fig. 19. Patient with acute right lower quadrant pain and superior mesenteric artery. Axial CT image after oral and intravenous contrast (A) shows multiple moderately thickened small bowel loops (arrow) with a target appearance. Axial CT image (B) in same patient 1 cm caudal shows mural stratification in affected loop (arrow).

colon. When the condition occurs on the right side, the clinical presentation is one of acute right lower quadrant pain, similar to appendicitis. These patients usually lack associated fever and leukocytosis [54]. The condition is caused by torsion and infarction

of the appendage. The CT findings in cases of acute epiploic appendagitis are characteristic and allow for a definitive diagnosis to be made in most cases. At CT, an oval- or round-shaped fatty mass measuring 2 to 4 cm is present with an associated rim

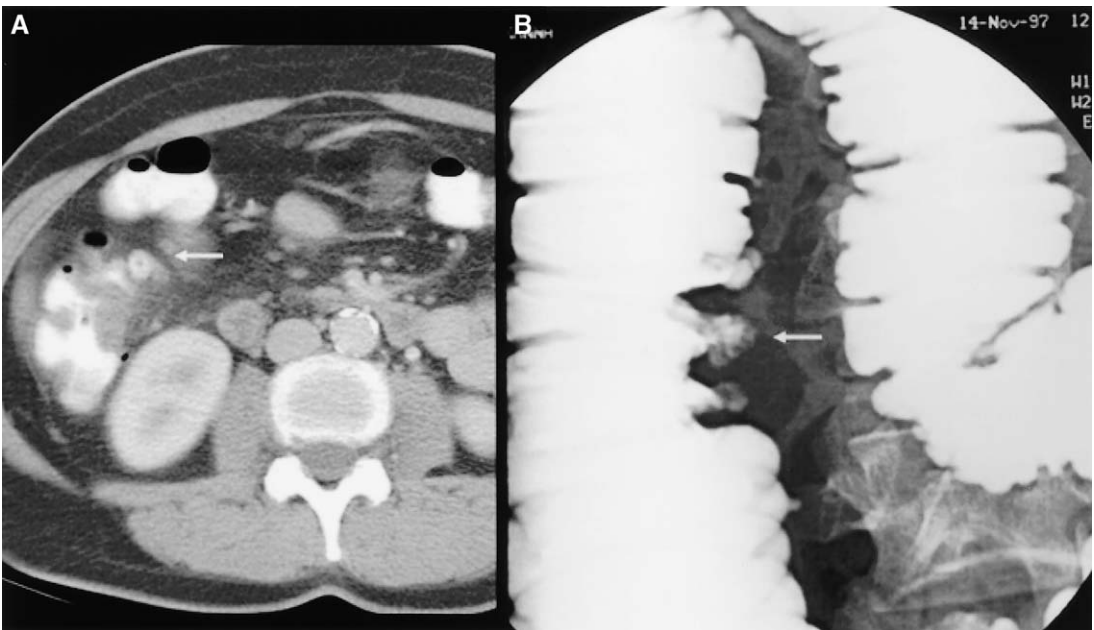


Fig. 20. Right-sided diverticulitis presenting with acute right lower quadrant pain. Axial CT image after oral and intravenous contrast (A) shows multiple right-sided diverticulum, focal bowel wall thickening, and adjacent pericolonic stranding (arrow). Single-contrast barium enema (B) confirms right-sided diverticulum with separation of adjacent diverticula caused by the pericolonic inflammation.



Fig. 21. Cecal diverticulitis in 54-year-old man. Axial CT scan at level of cecum shows focal bowel wall thickening with inflamed enhancing diverticulum at center of process (*arrow*).

of high-attenuation likely representing contrast enhancement around the periphery of the inflamed appendage (Fig. 24). In addition, there is streaking of the adjacent pericolic fat and occasionally focal thickening of the adjacent colon wall and enhancement of the adjacent parietal peritoneum [54]. Preoperative diagnosis is important because the clinical history is usually suspected appendicitis. Epiploic appendagitis is a self-limited condition that does not require surgery.

Omental infarction

Omental infarction presents as acute abdominal pain. It may occur on the right or left side of the



Fig. 22. Meckel's diverticulitis in 38-year-old man with right-sided abdominal pain. Axial contrast-enhanced CT scan shows fluid-filled sac-like structure (*arrow*) adjacent to loop of distal ileum. Surgery confirmed inflamed Meckel's diverticulum with clinically suspected appendicitis.

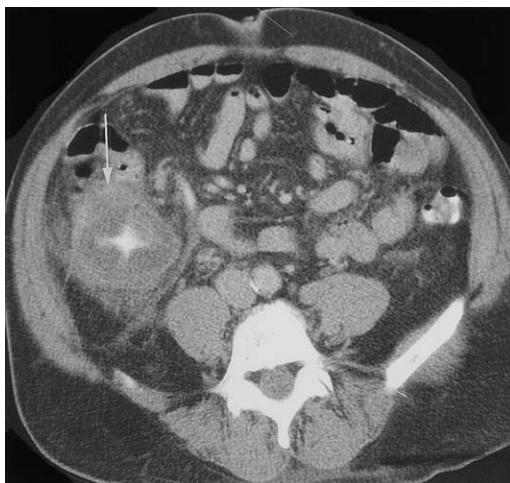


Fig. 23. Typhlitis in a 43-year-old man with acute myelogenous leukemia. Axial contrast-enhanced CT scan shows marked circumferential thickening of the cecum and proximal ascending colon (*arrow*). Patient was neutropenic at the time and was treated with broad-spectrum antibiotics.

abdomen [55,56]. When it occurs on the right side of the abdomen, the presentation may simulate that of acute appendicitis [55]. The cause is unclear and may be related to anomalies of the arterial or venous system of the omentum, previous surgery, omental



Fig. 24. Epiploic appendagitis presenting with acute right lower quadrant pain. Axial CT image after administration of oral and intravenous contrast material show oval-shaped fatty density with enhancing rim ventral and lateral to the right colon (*arrow*). Note stranding of the adjacent fat. Findings are typical for acute epiploic appendagitis.



Fig. 25. Omental infarction presenting with acute right lower quadrant pain. Axial CT image after administration of oral and intravenous contrast material shows mass-like, triangular-shaped, infiltration of the omentum (arrow) ventral to the right colon. Findings are typical for omental infarction.

torsion, or may be related to prior or recent trauma. The CT findings include triangular or geographic areas of fat stranding in the anterior abdomen at the expected location of the greater omentum [55]. Because of the anterior location of the greater omentum, the infiltrative changes are visualized between the anterior parietal peritoneum and the ventral wall of the ascending or transverse colon (Fig. 25). In most cases the condition is self-limited but occasionally if the symptoms persist or associated abscess occurs, surgery may be indicated. Laparoscopic omentectomy is rarely necessary but has been reported to be successful in the treatment of this condition with rapid resolution of symptoms after surgery [56].

Summary

Acute right lower quadrant pain is a nonspecific but common clinical complaint. Appendicitis is the most common cause of acute right lower quadrant pain and CT has become the most reliable imaging method in the evaluation of these patients. Although there is controversy regarding the best way to perform CT in this setting, oral and IV contrast-enhanced CT remains the most commonly used technique. CT with oral and IV contrast material facilitates diagnosis of appendicitis and the numerous other entities that may cause right lower quadrant pain.

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Adult intussusception: diagnosis and clinical relevance

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Intussusception occurs when a segment of bowel and its associated mesentery (the intussusceptum) invaginates into the lumen of an adjacent bowel segment (the intussusciens). Primarily a disease of childhood, intussusception is the leading cause of intestinal obstruction in children [1]. Although intussusception is rare after childhood, approximately 5% to 16% of intussusceptions in the Western world occur in adults [2–5]. Adult intussusception differs considerably from its pediatric counterpart in its causes, clinical presentation, diagnosis, and treatment.

Pathophysiology

Intussusceptions in both pediatric and adult patients may be caused by an intraluminal, mural, or extraluminal process [6]. The most easily understood mechanism by which intussusception occurs is when an intraluminal mass is pulled forward by peristalsis and drags the attached bowel wall segment with it. Pedunculated tumors, such as adenomatous polyps or lipomas, are the classic prototypes of this group, but a similar mechanism is thought to explain intussusception associated with an inverted Meckel's diverticulum or an inverted appendix. Intussusception secondary to long intestinal tubes may also occur by this mechanism.

Less straightforward but perhaps more common are intussusceptions associated with mural abnormalities. In this group of intussusceptions, a focal area of bowel wall does not contract normally. Peristaltic forces in

the adjacent or opposite bowel wall are then able to rotate the abnormal segment inward, causing a kink, which subsequently acts as a lead point for the resulting intussusception. Processes that may cause focal abnormal contraction include sessile malignancies, local inflammation, surgical suture lines, and lymphoid hyperplasia. Intussusceptions associated with celiac disease are also thought to fall under this category. The flaccidity associated with gluten enteropathy produces abnormal or absent contraction allowing for intussusceptions to occur.

Extraluminal factors also may produce intussusception. The classic example is an adhesion that binds one side of the bowel and causes a focal area of abnormal peristalsis or kinking, which then acts as a lead point. An inflamed Meckel's diverticulum or appendix also may cause intussusception in this manner.

Although most intussusceptions occur in the direction of normal peristalsis, retrograde intussusceptions occasionally do occur and have been associated with the presence of long intestinal tubes or a gastroenterostomy [7,8].

Location

Intussusceptions are characterized by their location in the bowel. Enteroenteric intussusceptions involve mesenteric small bowel and can be labeled further by the specific segment involved (eg, jejunojunal, ileoileal, and so forth). Colocolic intussusceptions involve the colon and similarly can be classified as colocolic and sigmoidorectal intussusceptions. Enterocolic intussusception involves both small and large bowel and can be divided into two types. In the ileocolic type, the lead point resides in the ileum, which prolapses through the ileocecal valve and is drawn into the colon

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with the cecum and ileocecal valve remaining fixed in the right lower quadrant. In the ileocecal type, the lead point is in the cecum or ileocecal valve itself, which intussuscepts and draws the terminal ileum in as it invaginates. Intussusceptions rarely involve the duodenum, stomach, or esophagus, because these organs are less redundant and more fixed to adjacent structures. Stomal intussusception occurs when there is prolapse of bowel through an existing ileostomy or colostomy. Postoperative intussusception of the excluded segment of a jejunioileal bypass has also been described [2,9,10].

In a large study of 745 surgically diagnosed adult intussusceptions, 52% originated in small bowel, with 39% enteroenteric and 13% ileocolic. Colonic intussusceptions made up 38%, with 17% being ileocecal, 17% being colocolic, and 4% being appendicocecal. Ten percent of cases involved either the stomach or duodenum (6%) or were stomal in origin (4%) [11]. More recent studies have shown similar results with enteric intussusception being slightly more common than those of colonic origin [5,12–14].

In contradistinction to these surgical series, a recent study of adult intussusception detected by CT or MR imaging showed 88% of intussusceptions to be enteroenteric, with only 12% involving the colon. This difference reflects the increased number of transient self-resolving enteroenteric intussusceptions discovered by imaging but not requiring surgical intervention [15].

Etiology

Childhood intussusceptions have been described as idiopathic in up to 95% of cases, but recent epidemiologic data have implicated infection by lymphotropic viruses, such as adenovirus, which produce enlargement of Peyer's patches, as the cause of a substantial number of pediatric intussusceptions [16–18]. In contrast, most adult intussusceptions diagnosed at surgery are secondary to a definable structural lesion or abnormality [2,4,5,11–13,19–21].

Neoplasia is the most common etiology of adult intussusception causing, on average, two thirds of cases in most surgical series. Malignant lesions make up approximately 60% of overall neoplasms. Notably, both percentages are higher in the large bowel. In a review of 1214 cases of adult intussusception published in 1976, 69% of colonic intussusceptions had a neoplastic lead point, with 70% of these tumors being malignant [22]. More recent series have shown similar or somewhat higher numbers [5,12–14,19,21,23,24]. Primary adenocarcinoma is by far the most common

colonic malignancy leading to intussusception, with leiomyosarcomas, reticulum cell sarcomas, lymphosarcomas, and metastases also reported (Figs. 1, 2) [4,20,21,23].

In the small bowel, neoplasia and malignancy are less common. In the same review of 1214 cases of adult intussusception from 1976, 57% of intussusceptions in the small bowel were secondary to neoplasm with only 30% of these tumors being malignant [22]. More recent series have shown a similar prevalence of neoplasm and a similar to somewhat higher frequency of malignancy [5,12–14,19,21,23,24]. The most common malignant lead point in small bowel intussusception is a metastasis, with melanoma being the most frequent primary neoplasm. Metastases from squamous cell lung carcinoma, renal cell carcinoma, colon cancer, and myeloma are also seen, as is lymphoma. Primary small bowel adenocarcinomas and leiomyosarcomas and less common malignancies have also been reported [4,5,19–21,23].

Benign tumors are responsible for approximately 25% of adult intussusceptions. In the colon, adenomatous polyps and lipomas are most common, with fibromas, leiomyomas, and mucocèles of the appendix also reported. In the small bowel, Peutz-Jeghers polyps and lipomas are common, with fibromas, leiomyomas, hamartomas, and a variety of other lesions also reported (Fig. 3) [4,5,19–21,23].

Intussusception involving the stomach is usually secondary to a pedunculated benign adenoma. Gastric leiomyomas are also reported along with a number of



Fig. 1. Colocolic intussusception with a neoplastic lead point. Axial CT scan obtained in an 84-year-old man with colon cancer developing in a villous adenoma shows the longitudinal bowel-in-bowel appearance with mesenteric fat and vessels being drawn into the intussusception (arrow). (From Warshauer DM, Lee JKT. Adult intussusception detected at CT or MR imaging: clinical imaging correlation. *Radiology* 1999;212:853–60; with permission.)

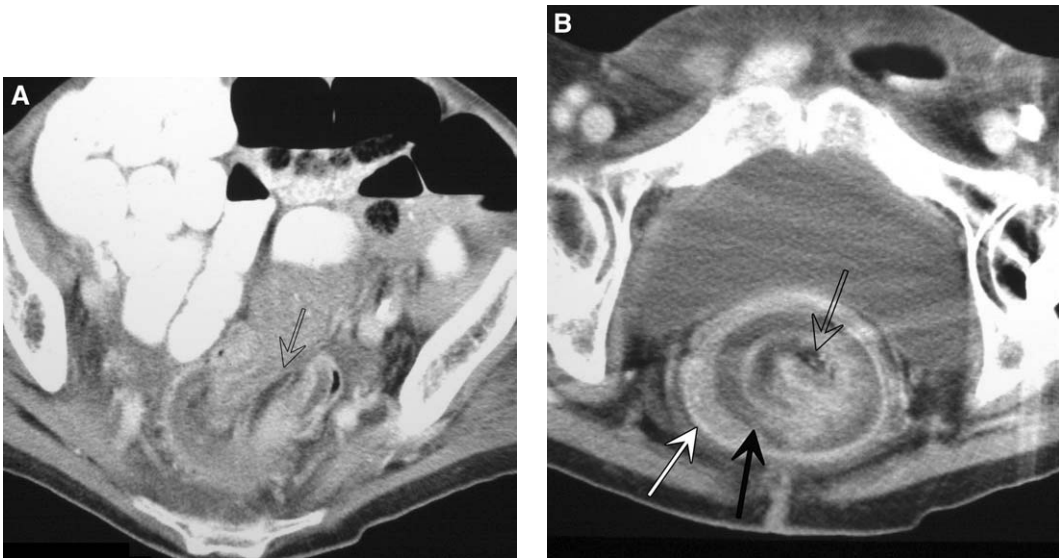


Fig. 2. Sigmoidorectal intussusception with a neoplastic lead point. Axial CT scans obtained in an 85-year-old woman. (A) Vessels and fat (arrow) being drawn into the intussusceptum. (B) Edematous intussusceptum (black arrow) within the rectum (white arrow). Fat and vessels within intussusceptum (open arrow). (Courtesy of Holly J. Burge, MD, Raleigh, NC.)

less common lesions, such as lipomas, hemangiomas, and carcinoids [25]. Gastric malignancy is uncommon as a lead point [26].

Nonneoplastic etiologies account for approximately 30% of colonic intussusceptions [22]. Inflammatory disease in the colon or appendix has been reported to cause colonic intussusception, along with lymphoid hyperplasia, postoperative anastomosis, and suture lines [5,12–14,19,21]. Nonneoplastic etiologies are more common in the small bowel. Postoperative changes and adhesions along with Meckel's diverticula are the two most common nonneoplastic etiologies in recent series [5,12–14,19,21,24]. Less common nonneoplastic causes of small bowel intus-

susception include lymphoid hyperplasia; scleroderma; cystic fibrosis; celiac disease; Henoch-Schönlein purpura; ileal duplications; abdominal trauma; and inflammatory conditions, such as pancreatitis (Figs. 4, 5) [5,12–14,19–21]. Gastroenterostomies and indwelling intestinal tubes are occasionally associated with gastroenteric intussusceptions (Fig. 6) [8].

Intussusception associated with AIDS has been reported in the last decade [27–31]. In these cases, intussusceptions were most commonly enteric and were secondary to a variety of pathologies including lymphoma, Kaposi's sarcoma, reactive lymphoid hyperplasia, atypical mycobacterial infections, cytomegalovirus colitis, and *Campylobacter* enteritis. The

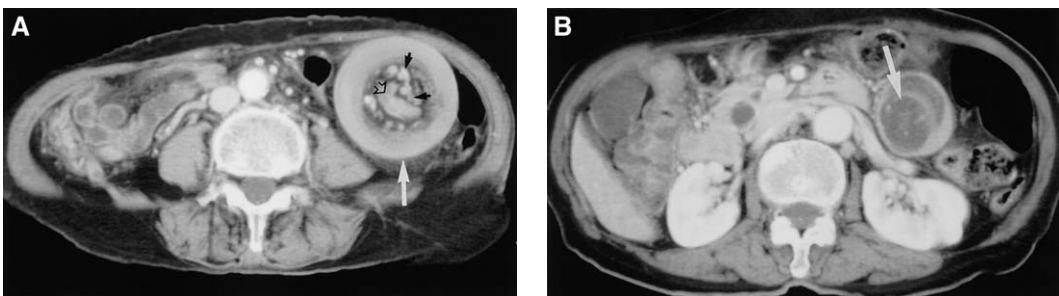


Fig. 3. Enteroenteric intussusception with jejunal lipoma as the lead point. Axial CT image obtained in an 80-year-old woman. (A) Intussusciens (long arrow) and the intraluminal intussusceptum (open arrow) on cross-section in the left mid-abdomen. Note the presence of several enhancing vessels (small arrows) in the mesentery, which has been drawn adjacent to the intussuscepted intestine. (B) Large intraluminal low-attenuated lesion consistent with a jejunal lipoma (arrow). Findings proved at surgery.

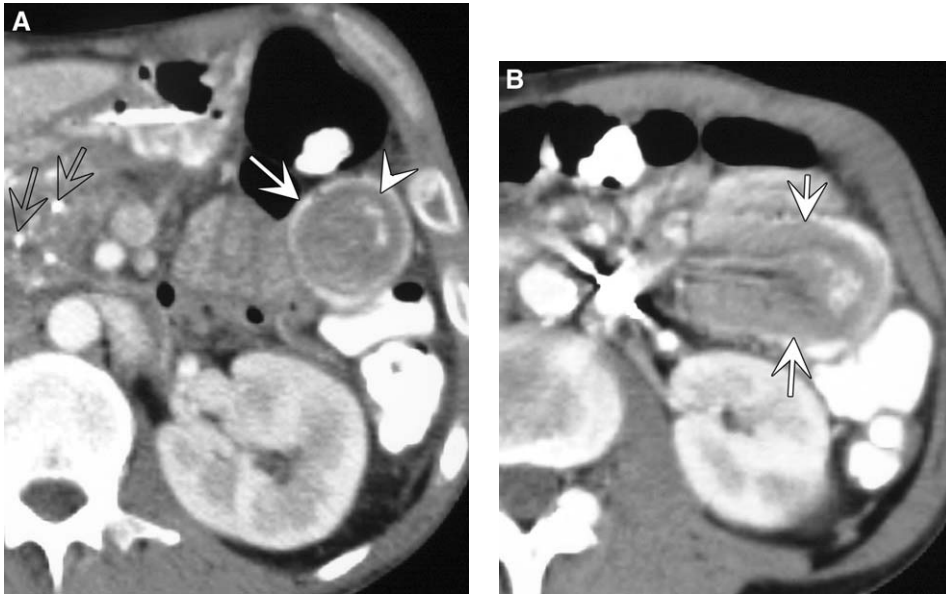


Fig. 4. Transient intussusception associated with local inflammation from pancreatitis. Axial CT scans. (A) At the level of pancreatic tail, the intussusceptum (*arrowhead*) is seen within the intussusciens (*white arrow*). Note calcifications in region of pancreatic head (*open arrows*) and infiltration of fat in the left anterior pararenal space. (B) At 5.2 cm caudal to Fig. 4A, mesenteric vessels, fat, and bowel (*arrows*) can be seen entering the intussusciens. Small bowel follow through performed 1 day following CT showed fold thickening in the duodenum and proximal jejunum but no intussusception. CT performed 1 month later also showed no intussusception. (From Warshauer DM, Lee JKTL. Adult intussusception detected at CT or MR imaging: clinical imaging correlation. *Radiology* 1999;212:853–60; with permission.)

frequency of AIDS-associated intussusception is not known, but the diagnosis should be considered in AIDS patients presenting with colicky abdominal pain or symptoms suggesting obstruction (Figs. 7, 8).

Idiopathic primary intussusception is relatively uncommon in recent clinical series making up on

average 16% of small bowel etiologies and less than 5% of large bowel etiologies.

It is worth noting that these data are derived from developed nations and are based on series in which symptoms were severe enough to require surgery or major clinical intervention. In tropical regions of the



Fig. 5. (A, B) Enteroenteric intussusception associated with recent surgery. Three months previously, patient had undergone ileocecectomy for Crohn's disease with ileoascending colon anastomosis. Shown are intussusciens (*black arrow*), intussusceptum (*white arrow*), fat within intussusceptum (*open arrow*), and hypodense rim thought to represent muscularis externa of intussusceptum (*arrowheads*). Patient underwent reoperation on the day of the scan. Although an intussusception was not demonstrated at surgery, ischemic changes were seen in the neoterminal ileum. (From Warshauer DM, Lee JKTL. Adult intussusception detected at CT or MR imaging: clinical imaging correlation. *Radiology* 1999;212:853–60; with permission.)

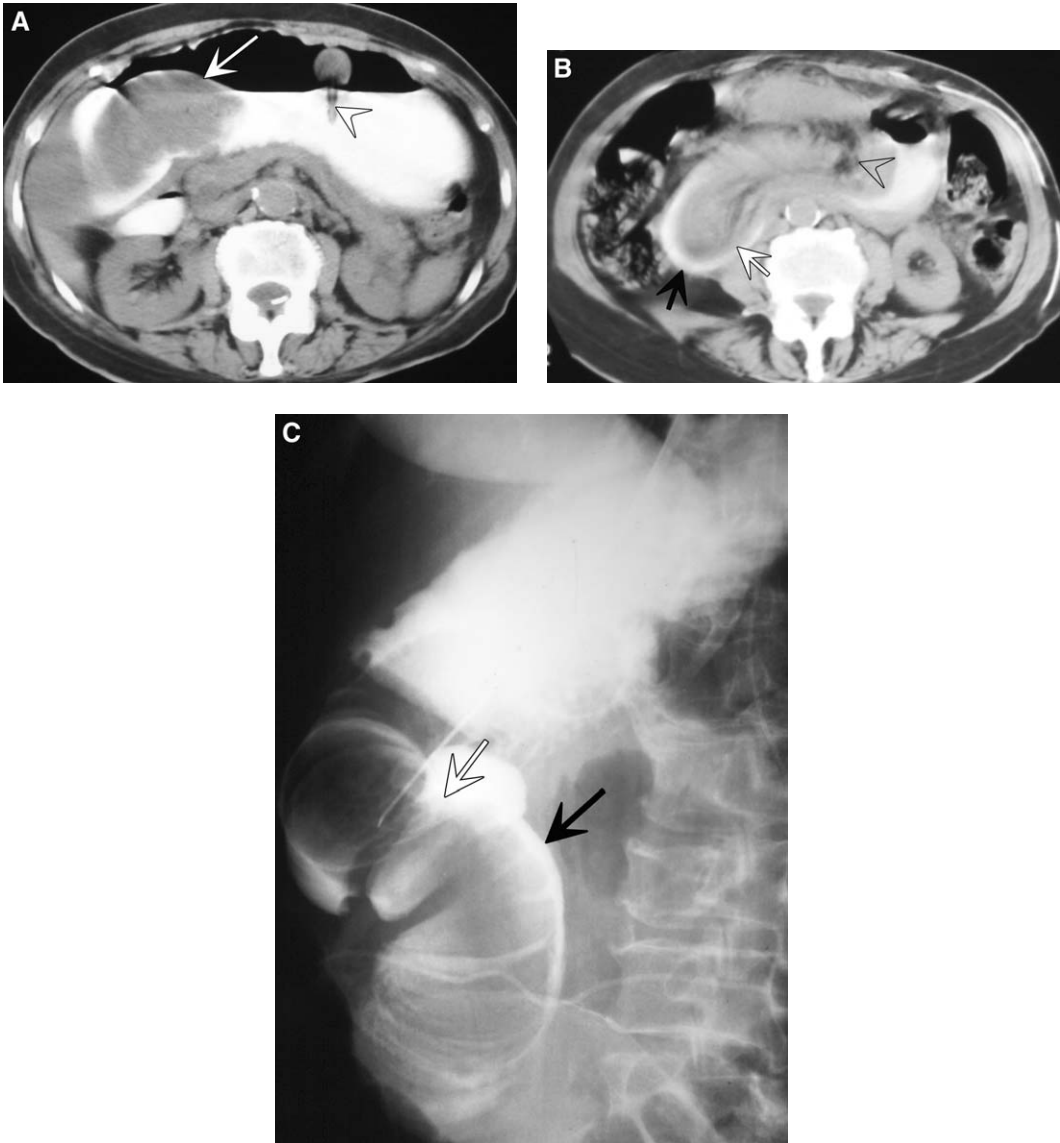


Fig. 6. Retrograde jejuno gastric intussusception. Axial CT scans in a 78-year-old nursing home patient. (A) Stomach with gastrostomy tube (arrowhead) and intussusceptum (arrow). (B) Duodenum (black arrow) containing intussuscepting jejunum (white arrow) with fat being pulled in with bowel (arrowhead). Image from an upper gastrointestinal exam. (C) Intussusceptum (white arrow) extending retrograde through duodenum (black arrow) and into stomach. Intussusception was presumably related to the gastrostomy tube, which had gotten pulled into the proximal small bowel and was abruptly retracted without balloon deflation. (Courtesy of Scott N. Nadell, MD, Brewster, NY.)

developing world, adult intussusception has been reported with a somewhat higher frequency and with a lower prevalence of malignant causation. The increased prevalence of nonneoplastic adult intussusceptions in these areas is believed to be caused primarily by endemic levels of diarrheal diseases,

which may cause disordered peristalsis and predispose to intussusception [24,32–35]. In one study from Papua, New Guinea, two thirds of adult intussusceptions had no associated pathology [34].

A recent series using CT or MR imaging diagnosis of intussusception rather than the surgical diagnosis

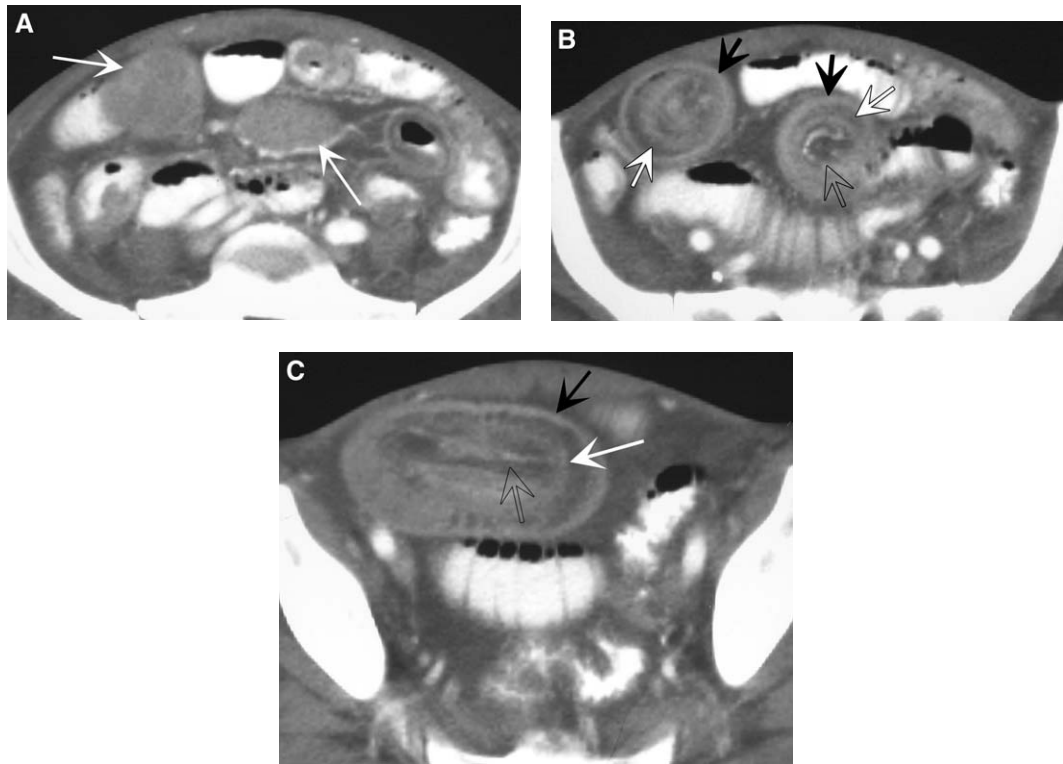


Fig. 7. Enteroenteric intussusception caused by immunoblastic lymphoma. Axial CT scans in a 44-year-old man with AIDS. (A) Mesenteric and bowel-associated masses (arrows). (B, C) Enteroenteric intussusception forming a loop within the pelvis. Intussusciens (black arrows) and intussusceptum (white arrows) are shown. Also shown are mesenteric vessels within intussusceptum (open arrow). (From Warshauer DM, Lee JKTL. Adult intussusception detected at CT or MR imaging: clinical imaging correlation. *Radiology* 1999;212:853–60; with permission.)

found an increased rate of idiopathic transient small bowel intussusception approaching 50% [15]. Despite further radiologic investigation and clinical follow-up, no other diagnoses were made in these patients. Furthermore, recurrent abdominal pain was noted in only one patient with transient intussusception, and this patient was thought to have irritable bowel syndrome. The authors concluded that many of these idiopathic enteric intussusceptions were probably caused by transient peristaltic dysfunction and would not have been discovered except for the widespread use of CT (Figs. 9, 10). They suggest that, unlike fixed lesions described in surgical series, these transient intussusceptions do not necessarily require aggressive work-up [15]. A smaller series of five cases of transient intussusception discovered at CT also supports this conclusion [36].

It is important to remember, however, that transient intussusception can be associated with significant disease that should be considered before the imaging

finding is dismissed. In one report, at least 20% of patients with known or suspected celiac disease demonstrated evidence for transient intussusception on small bowel follow through (Fig. 11) [37]. Similarly, Crohn's disease has also been associated with transient intussusception [38].

Clinical findings

Adult intussusceptions occur over a wide range of ages extending from the second to the ninth decade of life. The mean age in most series is around 50. There is not a strong sex predilection, with most studies showing a nearly equal male-to-female ratio or a slight male predominance [2,5,12–14,19,21,24,39].

Unlike childhood intussusception, which most commonly presents acutely with episodic, crampy abdominal pain and bloody, currant-jelly stools, adult intussusception often presents with nonspecific

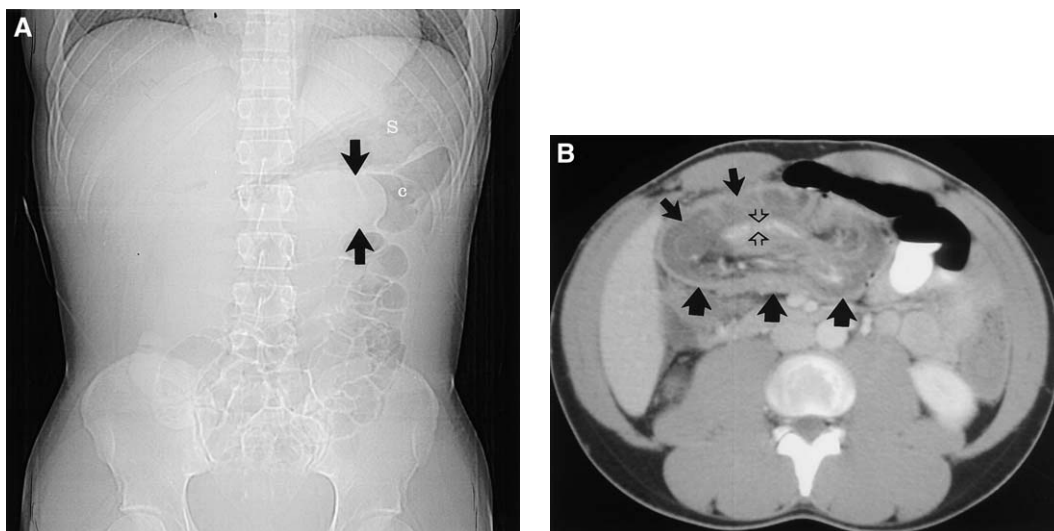


Fig. 8. Ileocolic intussusception caused by *Campylobacter* ileocolitis in a 33-year-old man with AIDS. (A) Digital abdomen image demonstrates paucity of air in the upper right abdomen with the crescent configuration of the air column in the distal transverse colon (arrows). (B) Longitudinal axial section of the transverse colon demonstrates the dilated colon (intussusciens, large arrow) containing the intussuscepted small bowel (intussusceptum, open arrows) and the fat-containing mesentery. At surgery and pathologic examination of the resected bowel, there was evidence of mucosal inflammation but no leading mass.

chronic or subacute symptoms, which may be related to intermittent partial bowel obstruction caused by the intussusception [39]. In several recent reports, only a minority of patients had an acute presentation with over half of patients having symptoms for greater than 1 month [2,21,24]. In one series the mean duration of symptoms was noted to be longer in patients with benign lesions and those with enteric intussusceptions than in those with malignant or colonic intussusceptions [19].

Presenting symptoms are highly variable. The most common presenting symptoms are crampy abdominal pain, which is noted in 75% to 85% of patients, and nausea and vomiting, which occur slightly less frequently. These symptoms reflect the obstructive nature of most intussusceptions. Other less common symptoms include diarrhea and constipation. Bleeding and palpable abdominal mass are observed in only a minority of patients [4,5,13,19,21,22].

Some patients may be completely asymptomatic [14,36]. This is particularly true in the case of celiac disease–associated intussusceptions. In these cases, bowel is believed to be so flaccid that there is insufficient muscular integrity to cause cramping [40].

Some investigators have attempted to stratify symptoms based on etiology and location of intussusception. In one surgical series of 58 adults, it was noted that patients with benign enteric intussusception com-

plained of abdominal pain, nausea, and vomiting most frequently. Patients with malignant colonic intussusceptions were more likely to have melena or guaiac-positive stools [19]. Other series have similarly found nausea and emesis to be more common in small bowel intussusceptions [5,13,21]. Another series of 33 adults with intussusception diagnosed by CT or MR imaging found that patients with intussusceptions caused by neoplasm tended to be older (median age 47.5 years versus 39 years) and to have a significantly lower hematocrit (27.6 versus 39) than those with nonneoplastic intussusceptions [15].

Diagnosis

The clinical diagnosis of adult intussusception remains a challenge, caused in large part by its relative infrequency and by the often vague clinical findings at presentation. In several surgical series, a correct preoperative diagnosis was noted to have been made in only 32% to 50% of cases [12,14,19]. Patients with malignant colonic lesions were more likely to be diagnosed correctly than those with benign enteric lesions (67% versus 22%) [19].

Although the abdominal plain film and barium studies have been used for decades in the diagnosis of intussusception, newer imaging modalities, such as

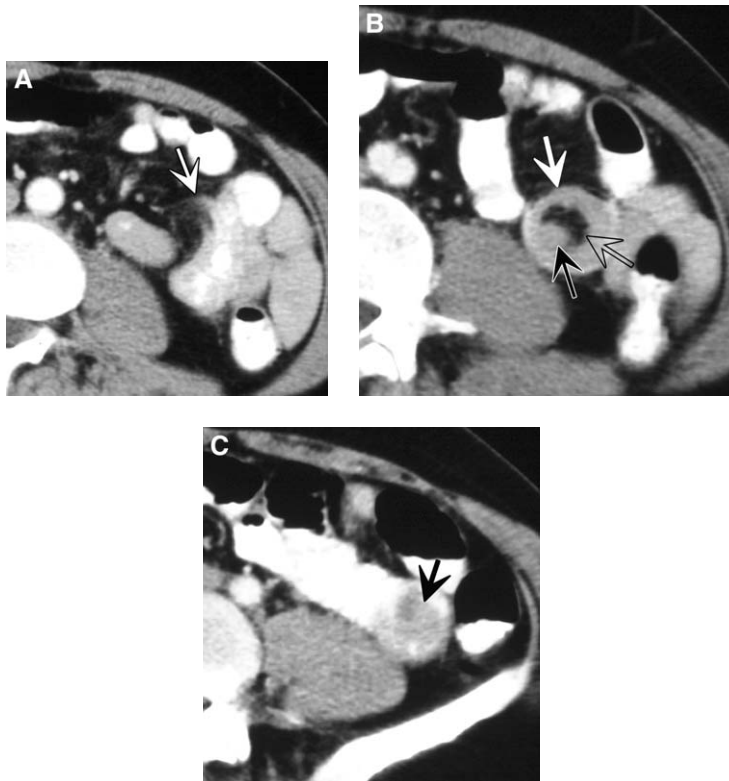


Fig. 9. Idiopathic transient enteroenteric intussusception in an asymptomatic 47-year-old man. Axial CT scans. (A) Vessels entering intussusception (arrow). (B) Fat (open arrow) pulled into the intussusception (white arrow) adjacent to a portion of the intussusceptum (black arrow). (C) Image is the last cut on which the intussusceptum is visible (arrow) and was obtained 4 cm below Fig. 9B. Results of a small bowel follow through performed 4 days later were unremarkable. Repeat CT 8 months later showed no evidence of bowel lesion or intussusception. (From Warshauer DM, Lee JKTL. Adult intussusception detected at CT or MR imaging: clinical imaging correlation. *Radiology* 1999;212:853–60; with permission.)

ultrasound, CT, and MR imaging, have greatly improved the ability to make a firm diagnosis.

Plain film and barium studies

A plain radiograph of the abdomen is frequently the first imaging study obtained in patients with intussusception. The plain film signs of intussusception, predominantly described in children, lack both sensitivity and specificity [41,42]. In the pediatric population, the presence of a soft tissue mass with decreased colonic gas and a small bowel ileus is the most suggestive appearance. Its value in adults, in whom a palpable mass is uncommon, is unclear. An “air crescent” sign of intraluminal air trapped between the walls of the intussusceptum and the intussusciptens has also been described (see Fig. 8), but is neither sensitive nor specific. Plain radiography may be useful in assessing and following the degree of bowel obstruction, if

present, and in detecting signs of bowel compromise, such as pneumoperitoneum or pneumatosis.

The characteristic finding of intussusception on barium studies is the “coiled spring” appearance with a thin central barium stream with or without a leading mass (Fig. 12). This finding is produced by contrast within the compressed lumen of the intussusceptum (the thin longitudinal central barium stream) and within the narrow intraluminal space between the intussusceptum and intussusciptens (the coiled spring). A “stretched spring” appearance in which the concentric barium rings are forced apart by increasing edema in the bowel wall and mucosal folds has been suggested as a sign of vascular compromise. All of these signs may be obliterated if there is sufficient bowel edema to prevent influx of contrast into either space. In this eventuality, the intussusception may simply appear as an obstructing intraluminal mass [43].

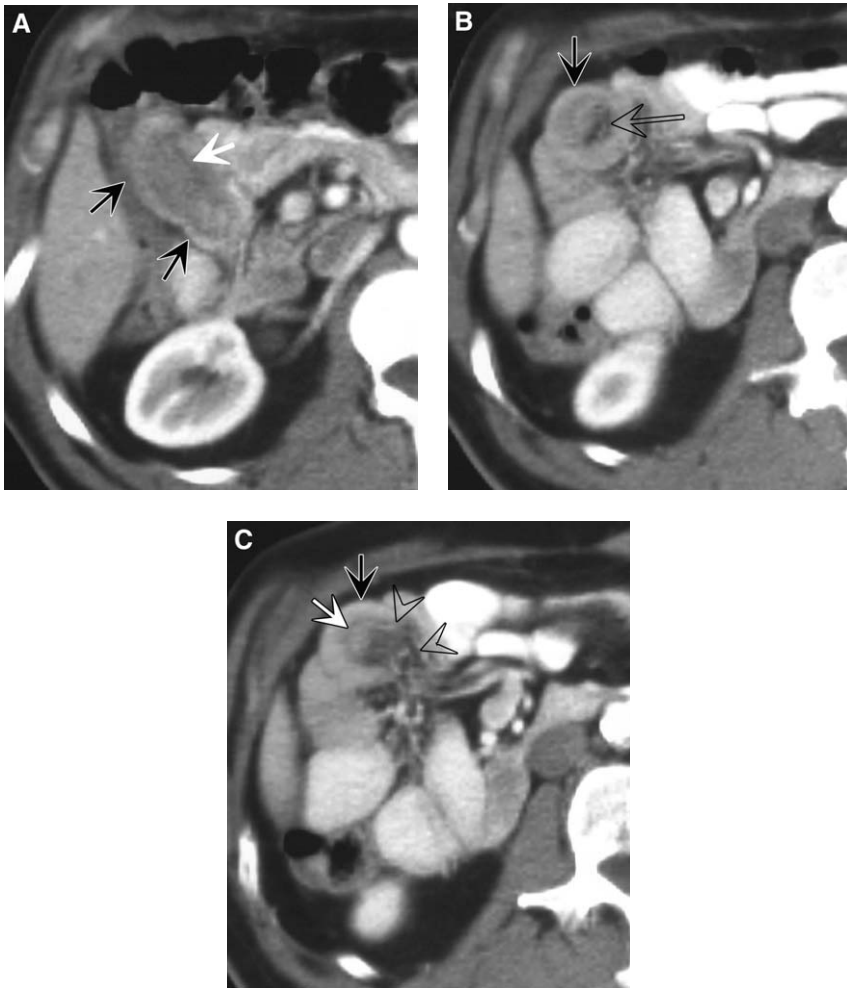


Fig. 10. Idiopathic transient enteroenteric intussusception in a 61-year-old man with back pain. Axial CT scans. (A) Intussusciens (black arrows) containing intussusceptum (white arrow) in longitudinal section. (B) Intussusception in transverse section with intussusciens (black arrow) and small amount of mesenteric fat within intussusceptum (open arrow). (C) Mesenteric vessels and fat entering intussusception (arrowheads), and hypodense line thought to correspond to muscularis externa of intussusceptum (white arrow). Outer wall of intussusciens (black arrow). Small bowel follow through 2 days later showed no definite mass or intussusception. Repeat CT 1 month later also showed no small bowel mass or intussusception. Patient has been asymptomatic on subsequent clinical follow-up. (From Warshauer DM, Lee JKTL. Adult intussusception detected at CT or MR imaging: clinical imaging correlation. *Radiology* 1999;212:853–60; with permission.)

Ultrasound

Ultrasound has been used with a moderate degree of success in the diagnosis of childhood intussusceptions, but its role in the diagnosis of adult intussusception is less clear. Several small series and case reports have documented the use of ultrasound to diagnose adult intussusception [44–48]. In many of these cases, ultrasound was performed in the setting of a palpable abdominal mass to which the examination could be targeted [44,46–48].

The ultrasound appearances of intussusception in adults are similar to those reported in the pediatric population. When the ultrasound transducer is oriented transversely relative to an intussusception, the classic appearance is that of a target or doughnut mass with an outer hypoechoic rim (representing the edematous bowel wall of the intussusciens) and a central area of increased echogenicity (representing intussusceptum and its invaginated mesenteric fat). In some cases, there may be a central hypoechoic ring representing the wall of the intussusceptum. In the

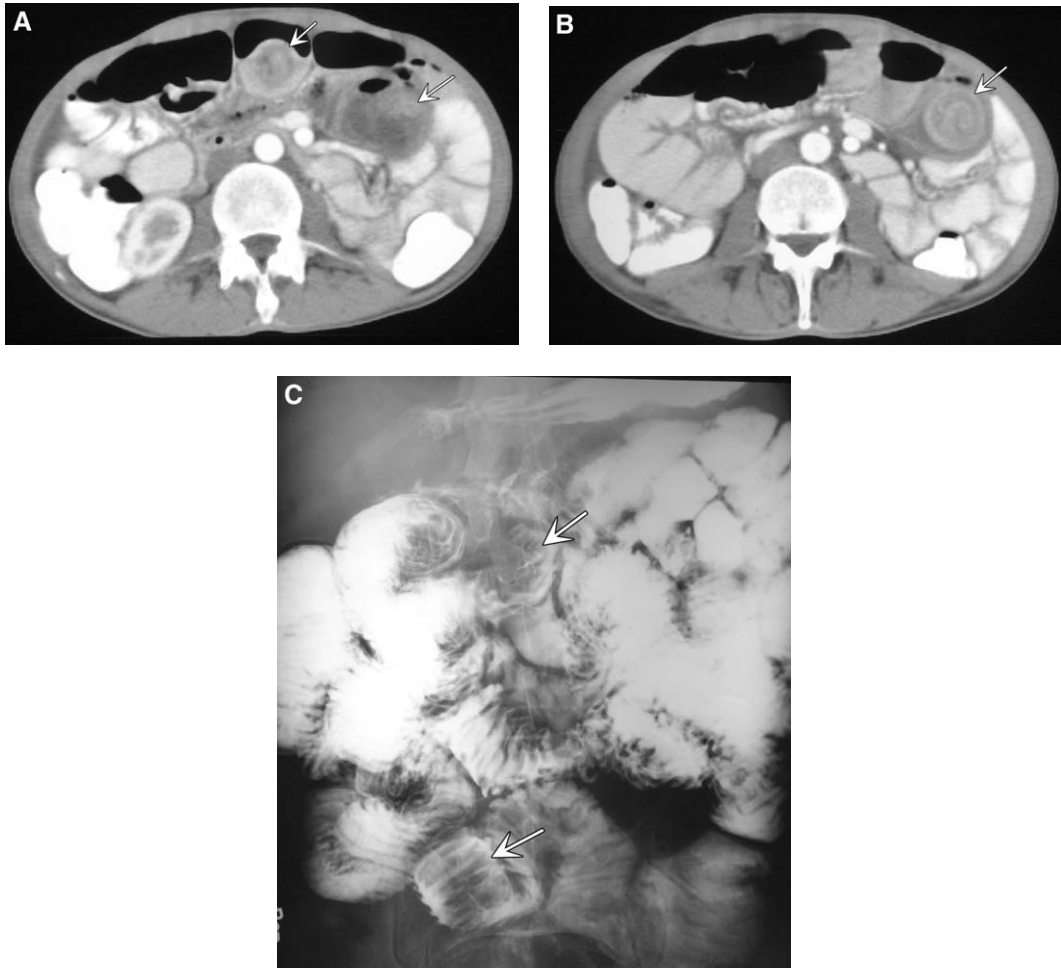


Fig. 11. Multiple asymptomatic enteric intussusceptions in a 43-year-old man with celiac sprue. Axial CT scans. (A, B) Mild small bowel dilation with several enteric intussusceptions (arrows). (C) Small bowel follow through also shows several enteric intussusceptions (arrows) along with loss of the normal jejunal fold pattern. Although the patient had significant weight loss and diarrhea, abdominal pain was not noted.

longitudinal plain, the intussusception demonstrates a layering appearance with alternating hypoechoic and hyperechoic layers representing layers of bowel wall and mesentery (Fig. 13) [44]. The appearance has been likened to a hayfork or trident, with the three hypoechoic limbs of the trident made up of the central intussusceptum and the outer walls of the intussusciens [49]. When an intussusception is visualized obliquely, the sonographic appearance has been termed the “pseudokidney” sign. The edematous bowel wall mimics hypoechoic renal cortex, and the hyperechoic intussusceptum mimics renal sinus fat [44,50]. Although highly suggestive of intussusception, these sonographic appearances are not pathognomonic and may also be seen with other

causes of bowel wall edema, including enterocolitis and volvulus [50].

Free peritoneal fluid may be detected on ultrasound, but does not necessarily indicate peritonitis or bowel compromise. Color Doppler may be helpful in determining the degree of vascular compromise of the involved bowel segments. In two small pediatric series, failure to demonstrate blood flow to bowel wall with color Doppler predicted bowel necrosis necessitating surgical resection [51,52]. Although these data are drawn from the pediatric literature, similar concepts likely apply to adults.

Advantages of sonography include its speed, relative lack of expense, and the avoidance of ionizing radiation. Additionally, ultrasound has the advan-



Fig. 12. Ileocolic intussusception caused by carcinoma of the cecum in a 50-year-old man. Antegrade barium examination (small bowel follow through) demonstrates the coilspring appearance of the transverse colon (intussusciens, *large arrows*) and the central barium stream.

tage of being able to demonstrate intussusceptions in real time. Disadvantages of ultrasound include operator variability, obscuration by overlying bowel gas, and difficulty imaging patients with an obese body habitus. Although diagnosis of intussusception can be made sonographically, the underlying cause is seldom identified, and pathologic diagnosis is often required to exclude a malignant lead point.

CT

In recent years, CT has become the first imaging study performed, after plain abdominal radiographs, in the evaluation of patients with nonspecific abdominal complaints. It is the modality by which intussusceptions may be first detected. The CT findings of intussusception are virtually pathognomonic [15,53–56]. The intussusception appears as a mass lesion, representing a thickened segment of bowel, which corresponds to the intussusceptum and intussusciens and which contains a relatively central area of fat (the intussuscepted mesentery), which may show enhancing vessels (see Figs. 4, 8). If the bowel is oriented transversely to the CT section, the mass is rounded, and the contained fat is crescentic in shape and located centrally or eccentrically, with punctate enhancing structures corresponding to drawn-in mesenteric vessels (see Figs. 2–4). A layered or stratified structure to the mass is frequently seen, giving the appearance of a target. Such stratification may be secondary to fluid trapped between the intussusceptum and intussusciens or to edema in the wall of the intussusciens.

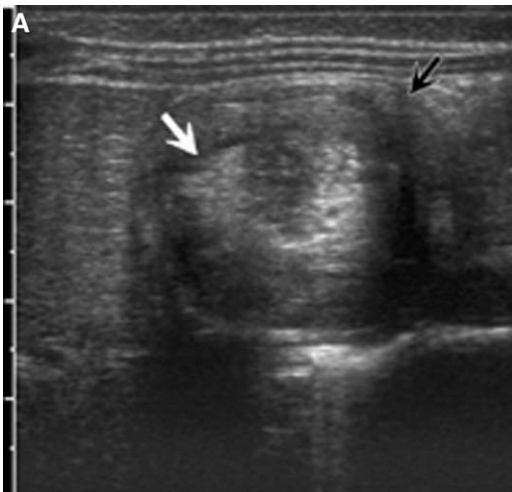


Fig. 13. Ileocecal intussusception. Ultrasound images in a 2-month-old boy. Intussusciens (*black arrows*) and intussusceptum (*white arrows*) are shown. (A) Target-like appearance of the intussusception on transverse section. (B) On longitudinal section the intussusception takes on a layered appearance.

If sectioned longitudinally, the mass and contained fat are more elongated, with the contained vessels appearing more linear in configuration. If sequential images are examined, one may note the continuity with proximal and distal bowel and can often identify a whirling pattern to the mesenteric vessels as they are drawn into the intussusceptum. Varying degrees of proximal bowel dilatation also may be evident, although complete obstruction is rare [53]. Additional findings may include a rim of contrast material sandwiched between the opposing walls of the intussusceptum and intussusciens on scans using oral contrast. This finding is analogous to the coiled spring appearance seen on barium studies [53]. Similarly, air bubbles may be seen between the opposed layers of bowel, usually in a nondependent location, which may help to differentiate trapped intraluminal gas from intramural gas.

The CT appearance of intussusceptions depends both on the relationship of the bowel to the CT slice and to the chronicity of the process and degree of vascular compromise. In one experimental study performed in dogs, intussusceptions were produced surgically and were followed with serial CT for up to 30 hours [55]. Four stages were described, each corresponding to a specific point in time following surgery. At stage one (3 hours), the typical target mass was seen with surrounding fascial planes maintained. At stage two (6 to 12 hours), a characteristic mass with alternating bandlike areas of high and low attenuation (the so-called “layered appearance”) was seen with a moderate amount of bowel wall thickening and increased intraluminal fluid. At stage three (18 hours), there was severe bowel wall thickening with obscuration of the usual layered appearance caused by bowel and mesenteric edema. At stage four (30 hours), there was severe obstruction, bowel wall thickening, loss of normal bowel wall layers, and obscuration of surrounding fat planes. Stage four was associated with perforation and local peritonitis in two of the dogs. Progression from stage one to stage four reflected increasing degrees of mesenteric strangulation and progressive ischemia.

A recent study in 25 adult patients found three unenhanced CT findings to be related to the degree of vascular compromise in the intussusception: (1) a hypodense layer in the returning wall of the intussusceptum; (2) a fluid collection in the space enclosed by the entering and returning walls of the intussusceptum (bounded by serosa); and (3) a gas collection in the space enclosed by the entering and returning walls of the intussusceptum [57]. The absence of all three findings correlated with minimal vascular compromise and was termed “CT stage 1.” The presence of the

hypodense layer alone correlated with edema but was usually not severe enough to warrant resection at operation (stage 2), whereas the presence of the hypodense layer plus a fluid collection correlated with sufficient ischemic change to warrant resection (stage 3). The presence of all three of these findings was highly correlated with the presence of bowel necrosis or gangrene (stage 4).

Although the identification of intussusception can be made confidently on CT, the underlying etiology can be difficult to determine [53,56]. With CT alone it is difficult to separate out a neoplastic mass from the mass of the intussusciens itself. In a study of 16 patients with intussusception, CT was able correctly to identify the causative pathology in only the two cases where a lipoma acted as a lead point [53]. In these and similar cases, the lipoma can be identified as a fat density mass at the head of the intussusciens that does not contain mesenteric vessels (see Fig. 3) [53, 58,59]. Even lipomas, however, can be difficult to diagnose, because infarction and necrosis of the lipoma may result in loss of their typical fat density [58].

Certain CT findings of intussusception may favor a neoplastic process over a nonneoplastic one. In a study of 33 patients with CT-diagnosed intussusception, neoplastic intussusceptions were noted to be significantly longer (average 10.8 versus 4 cm in the nonneoplastic group), larger in diameter (average 4 versus 3 cm), and more likely to be associated with obstruction (present in 50% of cases versus 4.3%) than intussusceptions secondary to nonneoplastic causes. It is of note that all four of the intussusceptions involving the colon in this series were neoplastic in etiology [15].

CT may also provide indirect evidence of a malignant cause of intussusception if there is lymphadenopathy or evidence of metastatic disease to other organs; however, these findings cannot be taken as proof of a malignant lead point. Published reports have described intussusceptions caused by benign etiologies in patients with known malignancies [53,60]. Ultimately, pathologic diagnosis is necessary to determine the actual cause of intussusception in most cases, although in cases of short, transient enteric intussusceptions diagnosed by CT, further evaluation may not be necessary.

MR imaging

Although few reports have described the MR imaging findings of adult intussusception, the general imaging characteristics of intussusception on MR imaging are similar to those on CT [15,61]. In a report of three cases shown on MR imaging, the

intussusceptions were best demonstrated on T2-weighted HASTE sequences, because high signal intestinal fluid contrasted well with the relatively low signal intensity bowel wall of the intussusceptum and intussusciens. In one patient, increased T1 and T2 signal intensity was noted in the bowel wall of the intussusciens before contrast administration, presumably reflecting the presence of extracellular methemoglobin from mural hemorrhage or necrosis. In this patient, diminished enhancement of bowel wall on postgadolinium T1-weighted images also was noted correlating with necrosis seen at surgery [61].

Treatment

Unlike its childhood counterpart, persistent symptomatic intussusception in adults is nearly always treated surgically, largely because of the high proportion of cases with structural causes and the relatively high incidence of malignancy, particularly in the colon. Attempts at preoperative hydrostatic reduction with barium or air should not be performed in the adult patient [5,21,39,62,63]. In theory, reduction of an intussusception at surgery before resection of the underlying pathologic lesion has the advantage of requiring a smaller resection. Opponents of such pre-resection reduction, however, point to the risk of potential intraluminal seeding or venous embolization of tumor during manipulation of malignant intussusceptions and to the risk of perforation and peritoneal soiling when there is bowel ischemia [14,21]. Most authors in the surgical literature recommend treating colonic intussusceptions with primary resection without prior reduction, especially if there is a known neoplasm or if the cause of the intussusception is not known [5,21,39].

Appropriate therapy for cases of enteroenteric intussusceptions is more controversial, because of the lower prevalence of malignancy in small bowel intussusceptions. Surgical resection or intervention is not warranted in cases of transient intussusception in the setting of a known benign cause, such as celiac sprue. In these cases, treatment of the underlying process should suffice [37]. A transient, short, non-obstructing intussusception detected incidentally by CT in a relatively asymptomatic patient also may not require any intervention [15]. Fixed or symptomatic intussusceptions of the small bowel, although more likely to be benign in etiology than colonic intussusceptions, may still be malignant in a significant proportion of cases, and in these cases, resection without reduction is generally recommended unless preservation of bowel length is needed [5].

Summary

Intussusception is relatively rare in the adult population and differs substantially from pediatric intussusception. Most adult intussusceptions identified at surgery are caused by a definable structural lesion, a substantial proportion of which are malignant, particularly in the colon. Small bowel intussusceptions, however, have a lower prevalence of malignancy. Diagnosis of adult intussusception can be made reliably with noninvasive imaging techniques. CT is now widely regarded as the modality of choice for diagnosing intussusception in adults, but ultrasound and MR imaging have also been used effectively. Determination of the presence of a malignant lead point remains problematic because an edematous or hemorrhagic intussusciens may mimic a mass on each modality. Markers for bowel viability have been described but are not precise. Treatment of the persistent symptomatic intussusception in which neoplasia is suspected is surgical, and preoperative reduction is contraindicated. Transient relatively asymptomatic enteric intussusceptions discovered by imaging may not require intervention.

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CT of acute abdominal aortic disorders

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Abdominal aortic abnormalities may present acutely with pain and signs of hemorrhage including hypotension, tachycardia, cold extremities, hematemesis, hematochezia, or melena. Initial presentation can vary from mild discomfort to hypotensive shock. Understanding the scope of acute abdominal aortic pathology helps to expedite the rapid imaging evaluation and diagnosis of these frequently life-threatening conditions.

The term “acute abdominal aortic disorder” includes aneurysm rupture, dissection, acute occlusion, traumatic injury, and postoperative complications. Because of overlap of presentation with other causes of abdominal pain in the emergency setting, the ideal imaging evaluation should be one that is rapid but comprehensive enough to diagnose other acute abdominal conditions. Because many emergency departments have a helical CT scanner within the department or close by, CT has emerged as the primary imaging test for acute aortic conditions. This imaging dominance is bolstered by the rapid image acquisition time (less than 1 minute) and the comprehensive nature of an abdominal CT, which may result in diagnosis of other frequent mimics of acute abdominal aortic disorders, including intestinal ischemia, appendicitis, diverticulitis, and urinary tract stones [1,2].

Although ultrasound may have a limited role in confirming the presence of an aortic aneurysm before surgery, the use of CT as the primary imaging test, especially if the CT scanner is located near the trauma or critical care unit, has resulted in decreased examination times. The added benefit of images readily understood by all members of the clinical team, in-

cluding vascular surgeons, allows for rapid assessment of the most appropriate treatment, including endovascular repair. MR imaging also is extremely useful for imaging the abdominal aorta; however, in the acute situation it is much more limited than CT. The lack of 24-hour in-house MR imaging technologists combined with the added time of image acquisition and the distance of many emergency departments from an MR imaging machine limits its use for acute aortic emergencies. An additional limitation of MR imaging is the greater difficulty of monitoring acutely ill patients during the imaging examination. Angiography, which images only the vessel lumen, may underestimate aortic pathology (as in the case of dissection, or early aneurysm rupture) and is usually used as a secondary diagnostic tool to clarify a CT finding or plan endovascular therapy. Because CT is the dominant imaging method for diagnosing acute abdominal aortic conditions, this article focuses on CT techniques and manifestations of this group of acute abdominal disorders.

CT technique

The CT techniques recommended in this article include single-detector row helical CT, four-channel multidetector row CT (MDCT), and 16-channel MDCT protocols that are applicable to scanners of all vendors. Helical CT allows for large-volume acquisition during a single breathhold, thereby minimizing respiratory misregistration. Use of rapid table feed and narrow collimation (high pitch) provides excellent z-axis resolution that can be improved while maintaining temporal resolution.

The authors’ single-detector CT angiography technique relies on a collimation of 3; a pitch of 2 (table

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feed 6 mm per gantry rotation); and a reconstruction interval of 2 mm. The ability to reconstruct images retrospectively with overlapping reconstruction intervals enhances multiplanar and three-dimensional reconstructions by helping to eliminate stairstep artifacts. Recent advances with MDCT, first 4 rows then 8 and 16 rows, have further improved spatial and temporal resolution by allowing acquisition of thinner images at faster speeds. Larger volumes can then be covered, using less intravenous contrast material [3–5]. On a 16-row MDCT, the abdominal aorta can be imaged in less than 9 seconds, with images reconstructed using 2-mm slice thickness and 1-mm reconstruction intervals.

The added benefit of MDCT is the ability to reconstruct thinner images retrospectively with overlapping reconstruction as long as the raw-helical data are still available. In the emergency setting this can be quite useful when the study reveals aortic pathology that had been previously unsuspected. With MDCT, however, images cannot be thinner than the detector collimation used to acquire the data. For this reason, the authors recommend that all emergent abdominal CTs be acquired with 4×2.5 mm detector configuration when four-row MDCT is used. The images initially can be reviewed as 5-mm-thick contiguous images. If aortic pathology is encountered or suspected, 3-mm-thick images can be reconstructed at 2-mm intervals. With 16-row MDCT, a 16×1.5 mm detector configuration is recommended, with initial review of 5-mm-thick contiguous images. If aortic pathology is encountered or suspected, 2-mm-thick images can be reconstructed at 1- or 1.5-mm intervals.

When aortic pathology is suspected, no oral contrast material is administered and the patients are brought to the CT scanner as soon as vital signs are stable enough for transport, primary survey has been completed, and intravenous access has been established. Not only does oral contrast material administration result in an unnecessary delay in imaging, but its presence may interfere with three-dimensional postprocessing.

A noncontrast study should always be obtained first, and in some cases may be all that is required. To minimize artifact, both precontrast and postcontrast images are performed with the patient's arms elevated above their head. Noncontrast images are used to identify high attenuation in the aortic wall (ie, intramural hematoma [IMH]), which in the setting of an aneurysm may indicate early or impending rupture [6]. Noncontrast images are also useful in the setting of a surgically repaired abdominal aorta in helping to define high-attenuating structures, such as calcium or metal that may be confused with enhancement on

postcontrast images. When rupture is clearly evident on the noncontrast images, communication with the vascular surgeon should be immediate. In most cases, the study is terminated at that point; however, if endovascular therapy is planned, a decision to obtain postcontrast images can be made in conjunction with the vascular surgeon. If endovascular therapy is not planned, intravenous contrast material should not be administered, because it prolongs the imaging procedure and could cause renal damage if the patient becomes hypotensive. Postcontrast images do not provide the surgeon with additional useful information for open operative aneurysm repair. In either case, the patient should be transferred immediately after the study is completed to the emergency room for close monitoring and preparation for surgery.

Some have advocated reducing the radiation dose on the noncontrast images by reducing milliamperes and increasing pitch and collimation (10 mm) [7]. Given that many of these patients are older and that if rupture is encountered, a noncontrast CT may be the sole study obtained, the authors do not routinely change the radiation dose or use thicker images for the noncontrast studies.

The authors routinely review all noncontrast images before administering intravenous contrast medium. They do this to determine whether to terminate the study (as in the case of rupture) and to determine the probability of aortic pathology as the cause of clinical presentation. If a nonaortic cause of abdominal pain is seen, the scan delay is set to coincide with the portal venous phase of enhancement. If the aorta is the likely cause (eg, presence of aneurysm, fat stranding near a graft), arterial-phase imaging is obtained. In this latter situation, the authors use automated bolus-timing software, because of the high incidence of cardiac disease in patients with aortic disease [4,8,9] and the variability of cardiac output and peak arterial enhancement. High injection rates of contrast material are used for suspected aortic pathology (4 to 5 mL/second) by a power injector through a 20-gauge intravenous catheter, usually in the antecubital fossa. A monophasic injection is used routinely, although a biphasic or multiphasic injection may allow for more uniform aortic enhancement [3,10,11]. The authors recommend the use of relatively high concentration (eg, 350 mg I/mL) low-osmolar intravenous contrast material because it is better tolerated than high-osmolar contrast material. Limiting side effects is critical for CT angiography in which patient motion can degrade the examination.

Once the study is completed, images are reviewed on a workstation in the reading room. This allows for

rewinding of the postcontrast images, on which the vascular contrast is often too dense. The rewinding is performed so that both the inner and the outer vessel wall can be seen. In this way, a subtle intimal flap can be detected. Use of a narrow window width to view the noncontrast images may allow detection of a subtle IMH or intimal flap. If further postprocessing is required, images are sent to a separate three-dimensional workstation where volume-rendered imaging, multiplanar, and curved planar reconstructions can be performed. These additional techniques are a convenient way of conveying the morphology of the aorta to the referring physicians, but in most cases are not required to diagnose acute aortic pathology.

Abdominal aortic aneurysm

An abdominal aortic aneurysm (AAA) is defined as a focal, irreversible dilation of the abdominal aorta greater than 3 cm [12]. It is relatively common and has been diagnosed with increasing frequency since the early 1950s as a function of both increasing life span and improved, more frequent imaging [13,14]. Ruptured AAAs represent the tenth leading cause of death in men over 55 years of age [15]. Most AAAs are believed to be atherosclerotic in origin. Risk factors include smoking, male gender, advanced age, hypertension, and family history [16]. Interestingly, diabetes is inversely related to the presence of an AAA and hypercholesterolemia as a single risk factor is not associated with increased incidence of an AAA [16]. Less common etiologies of aneurysms include infection; connective tissue disease (eg, Marfan syndrome); arteritis; and sequelae of other aortic pathology, most frequently dissection.

In the abdomen, aortic aneurysms tend to be infrarenal in location. This may be from transmitted pressures near the aortic bifurcation or differences in wall constitution (fewer vasa vasorum, fewer smooth muscle cells) in the infrarenal aorta [17,18]. Isolated suprarenal AAAs are uncommon. Instead, suprarenal aneurysms tend to be part of infrarenal or thoracic aneurysms [19].

Aneurysms less than 4 cm in diameter tend to grow more slowly (1 to 1.5 mm/year) and have a risk of rupture around 8%. Larger AAAs (greater than 4 cm) tend to grow more rapidly (3 mm/year) and have a greater than 25% chance of rupturing, the likelihood of rupture increasing with increasing aneurysm diameter [20,21]. Aortic aneurysm rupture can be catastrophic. Most published series report mortality rates of 70% to 94% for patients with AAA rupture, with more than half of patients dying before getting to the hospital

[22–27]. Even among patients who survive long enough to undergo repair, mortality rates hover around 50% as compared with less than 4% for patients undergoing elective AAA repair [28]. Besides absolute size, other risk factors for rupture include increase in aneurysm size of over 18% per year [29], and increase in diameter of over 5 mm in a 6-month period [30].

Classically, patients with ruptured AAA present to the emergency department with abdominal pain, hypotension, and a pulsatile mass. This classical triad, however, is not always seen. As many as 30% of patients with ruptured AAA may be misdiagnosed if they present with only one of the three signs or symptoms [2]. When patients present to general practitioners or internists not familiar with vascular disease, correct diagnosis of rupture is made only 28% to 39% of the time [31,32]. Because the clinical presentation of ruptured AAA mimics other abdominal emergencies, most commonly urolithiasis [31], helical CT should be the first diagnostic test in the evaluation of a potentially ruptured AAA.

CT findings of a ruptured AAA include retroperitoneal hematoma, focal discontinuity in circumferential calcification (Fig. 1), high-attenuating peripheral crescent (Figs. 2, 3), indistinct aortic wall, and frank contrast medium extravasation [33–42]. Retroperitoneal hemorrhage may manifest as subtle stranding of the periaortic fat (Fig. 4) or may be seen as a high-attenuating collection extending into the retroperitoneum (Fig. 5). As with other causes of retroperitoneal hemorrhage, blood from rupture of an aneurysm may be isoattenuating with the psoas and iliacus muscles. The muscles may simply look enlarged or may be



Fig. 1. Abdominal aortic aneurysm rupture. Non-contrast-enhanced CT image shows a heavily calcified abdominal aortic aneurysm. The focal area of discontinuity in the intimal calcification (arrow) corresponds to the site of aortic rupture. The stranding within the periaortic fat adjacent to this location indicates early leak.

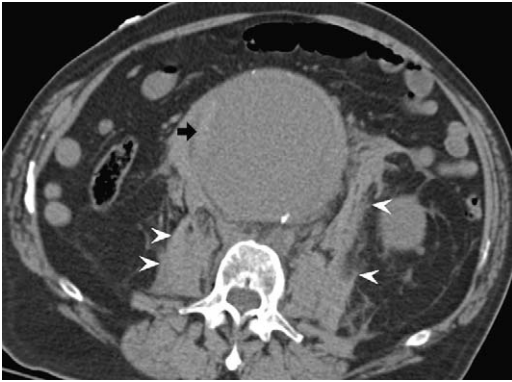


Fig. 2. High-attenuating crescent sign associated with abdominal aortic aneurysm rupture. Non-contrast-enhanced CT image demonstrates a high-attenuating crescent (arrow) within the anterior half of an abdominal aortic aneurysm. The high-attenuating crescent represents acute hematoma within the mural thrombus of the aneurysm. Note that the crescent is higher in attenuation than the blood within the aortic lumen, but not as dense as the wall calcification. This attenuation difference can be masked after administration of intravenous contrast medium. Periaortic hematoma (arrowheads) indicates that the aneurysm has ruptured.

difficult to distinguish from adjacent structures. Occasionally, the collection of blood is large enough to displace the kidneys anteriorly or laterally.

Calcification in an aneurysm may be within the wall of the vessel or within mural thrombus. Thrombus calcification is seen in 19% to 24% of AAAs and is not correlated with rupture [35,43]. Wall calcification, however, may be useful in predicting AAA rupture. Of the various patterns of aortic wall calcification, the only pattern that has been shown to have a significant association with AAA rupture is focal discontinuity of circumferential mural calcification (see Fig. 1). This pattern is uncommon and is seen in only 8% of ruptured AAAs [35].

Blood from an aortic rupture may extend into the peritoneum. Attenuation values greater than 30 HU can suggest acute hemoperitoneum, but a lower measurement does not exclude hemoperitoneum [44–46]. Other signs, such as a fluid-fluid level or hematocrit effect, may confirm the bloody nature of the fluid. Rarely, iodinated contrast material is seen actively extravasating from the abdominal aorta.

In the absence of frank aneurysm leak, the best sign of early or impending rupture is the high-attenuating peripheral crescent, which is believed to represent acute dissection of blood within the aneurysm wall or mural thrombus (Fig. 6) [6,47–49]. This finding is best appreciated on unenhanced images. A sign that

may be seen with contained leak is the “draped aorta sign.” This finding refers to the combination of an indistinct posterior aortic wall and the close proximity of the spine and the aortic wall, which follows the contour of the vertebral body on one or both sides [50].

Mycotic aneurysms

Named for their appearance (mushroom-like) and not their causative pathogens, mycotic aneurysms and pseudoaneurysms represent focal aortic dilation from infection and inflammation. The acute inflammatory process results in vessel-wall weakening, possibly from an effect on the vasa vasorum, resulting in necrosis and subsequent vessel enlargement. In the preantibiotic era, the most common cause of mycotic aneurysm was endocarditis from *Streptococcus pyogenes*. Now, *Salmonella* is the most frequently found bacteria species, with *Streptococcus* and *Staphylococcus* less commonly encountered [51–53]. The dominance of *Salmonella* likely relates to the predilection of this organism for diseased tissues, especially atherosclerotic vascular endothelium [54]. Bacterial spread to the aorta may be from direct extension of an adjacent infection (lumbar osteomyelitis, psoas abscess, renal infection) or hematogenous spread of a distant process (gastroenteritis, pneumonia). Iatrogenic or traumatic intimal injury may predispose a particular site to the development of a mycotic aneurysm as can an underlying atherosclerotic plaque.

Mycotic aneurysms are much less frequently encountered than their atherosclerotic counterparts, but



Fig. 3. High-attenuating crescent sign associated with abdominal aortic aneurysm rupture. Non-contrast-enhanced CT image shows a large abdominal aortic aneurysm with a high-attenuating crescent within the thickened aneurysm wall (arrow). Retroperitoneal blood (arrowheads) adjacent to the right psoas muscle indicates aneurysm rupture.

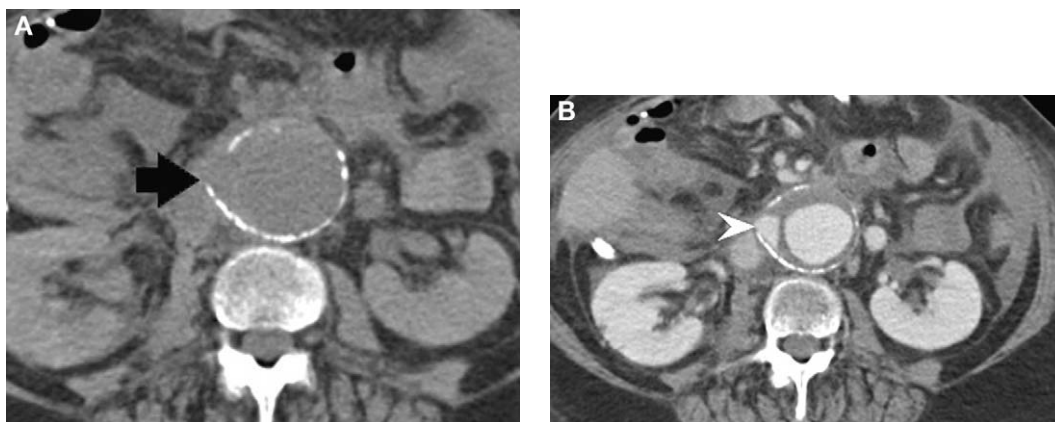


Fig. 4. Abdominal aortic aneurysm rupture. (A) Non-contrast-enhanced CT image demonstrates periaortic soft tissue density consistent with blood. Focal aortic contour irregularity and break in intimal calcification (arrow) provide clues to the diagnosis. (B) Contrast-enhanced image at the same level as Fig. 4A shows blood extending outside the aortic lumen (arrowhead), confirming aortic aneurysm rupture.

without surgical intervention, they are more likely to rupture. Besides uncontrollable hemorrhage, they may present with sepsis or fever of unknown origin. Patients with mycotic aneurysms are frequently asymptomatic and present with nonspecific signs, such as fever, leukocytosis, or positive blood cultures. A high-suspicion must be maintained so that patients are imaged expeditiously. As with atherosclerotic aneurysms, mycotic aneurysms tend to be infrarenal. Iso-

lated suprarenal abdominal mycotic aneurysms are rare [51–53].

CT is a very good initial imaging study. Mycotic aneurysms tend to be saccular, eccentric aneurysms with irregularity of outer contour (Fig. 7) [52]. They tend not to have mural calcifications. The presence of gas in the periaortic fat of the retroperitoneum should suggest a mycotic aneurysm in an aorta that has not been surgically repaired [55]. Rarely, gas may be encountered in the wall of the aorta. This location is specific for a gas-forming organism. One such organism, *Clostridium septicum*, has been associated

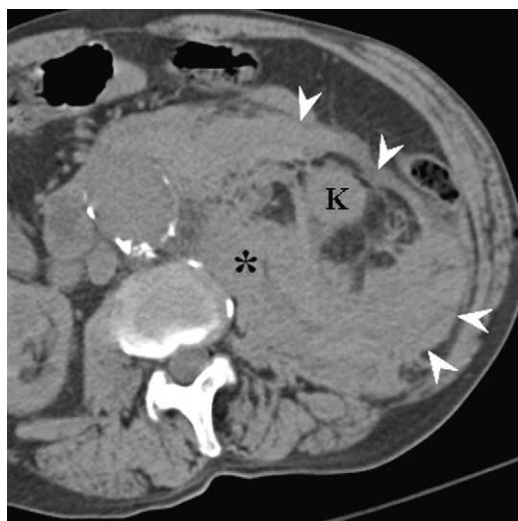


Fig. 5. Abdominal aortic aneurysm rupture. Non-contrast-enhanced CT image shows a large retroperitoneal hematoma (asterisk). Note that the hematoma extends along the retroperitoneal fascial planes (arrowheads) and displaces the left kidney (K) laterally and anteriorly.



Fig. 6. Impending abdominal aortic aneurysm rupture. Non-contrast-enhanced CT image shows a peripheral high-attenuating crescent within an abdominal aortic aneurysm. Signs of frank aneurysm rupture are absent. At surgery acute hematoma was found within the aneurysm wall.

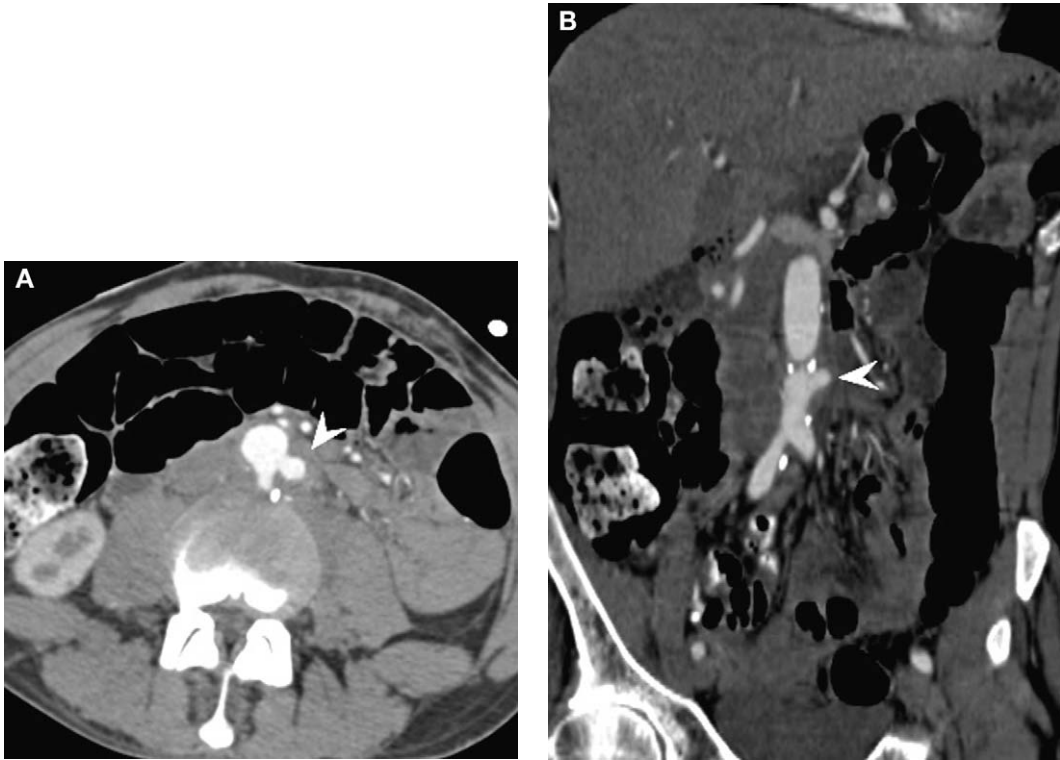


Fig. 7. Mycotic aneurysm. (A) Contrast-enhanced CT performed for evaluation of abdominal pain and fever shows irregularity of the aortic lumen associated with periaortic soft tissue density (arrowhead). (B) Subsequent coronal reconstruction demonstrates a saccular aneurysm at the same level (arrowhead). (C) Sagittal reconstruction shows the posterior extension of this aneurysm (arrowhead).

with occult gastrointestinal and hematologic malignancies [56].

Mycotic aneurysms tend to expand much more rapidly than atherosclerotic AAAs. For this reason, there may be a role in the use of short-interval serial CTs to document rapid growth in a suspected mycotic aneurysm [57]. Mycotic aneurysms also may be multiple. Any imaging study used should cover the entire abdominal aorta and the iliac arteries [58].

Inflammatory aortic aneurysms

First described in 1972, inflammatory AAA refers to an aortic aneurysm with a wall thickened from chronic inflammatory cells and dense perianeurysmal fibrosis [59]. This fibrous tissue often involves adjacent structures, such as ureters, bowel, and vessels, and may explain why surgical repair of an inflammatory aneurysm is more difficult than repair of conventional atherosclerotic aneurysms [60]. A degree of controversy exists as to whether inflammatory AAA and idiopathic retroperitoneal fibrosis represent variations

of the same disease process or entirely different entities [60–64]. Association of an AAA with fibrosis is not controversial, because up to 3% of AAAs are known to be inflammatory [65,66]. Perianeurysmal fibrosis is believed to be secondary to an autoimmune reaction to the antigens in atheromatous plaques. In fact, varying degrees of inflammation can be seen even in non-inflammatory AAAs [67]. The term “inflammatory AAA” should be used only for aortic aneurysms that have a thickened wall; usually some degree of periaortic fibrosis is noted.

Patients may present with back pain or abdominal pain and may have an elevated erythrocyte sedimentation rate. More chronic manifestations, such as weight loss, or findings from bowel or ureteral obstruction may be present.

The primary CT finding is the presence of an AAA with a thickened wall (Fig. 8). On precontrast images, the wall tends to be soft tissue attenuation (not high attenuation like the crescent described in impending rupture). After intravenous contrast medium administration, the wall enhances and can be indistinguishable



Fig. 7 (continued).

from the periaortic fibrosis. Enhancement is most notable on delayed-phase and less pronounced on arterial-phase images [68].

Mimics of inflammatory AAA on CT include lymphadenopathy, periaortic hematoma, and retroperitoneal tumors. The posterior wall of the aorta tends to be less involved than either of the lateral walls or the anterior wall [68]. The lack of anterior displacement of the abdominal aorta from the vertebral column and the retractile nature or lack of mass effect from the soft tissue process helps differentiate this process from retroperitoneal masses [69]. Retroperitoneal lymphadenopathy tends to have a more lobulated contour,

may have discrete masses, and is more likely to displace the aorta from the vertebral column.

Abdominal aortic dissection

Isolated abdominal aortic dissections are rare and are much less common than abdominal aortic dissection associated with thoracic aortic dissection [70]. For this reason, whenever an aortic dissection is suspected, the authors' practice is to begin the study above the level of the aortic arch and extend it to the level of the aortic bifurcation. They begin with a noncontrast study and then proceed with intravenous contrast medium administration. Precontrast images are important to look for high attenuation within the aortic wall (ie, IMH) that might be confused with mural thrombus on postcontrast images. In the postoperative aorta, precontrast images may allow for visualization of graft material that might have been confused with enhancement if only postcontrast images had been acquired.

As with AAA, hypertension is believed to be a major risk factor for aortic dissection [71,72]. Cystic medial necrosis, as can be seen with Marfan syndrome, is another important etiology of aortic dissection. In fact, Marfan syndrome accounts for most dissections in patients younger than 40 [73]. Other associations with dissection include chromosomal aberrations (Turner's and Noonan's syndrome); bicuspid aortic valve; aortic dilation; aortitis; Ehlers-Danlos syndrome; cocaine use; pregnancy; and aortic coarctation. Atherosclerosis is not believed to be an independent risk factor for aortic dissection; however, focal dissections may be seen as a complication of a penetrating atherosclerotic ulcer (PAU), and so an association between dissection and atherosclerosis may be found [74–77]. Direct arterial injury from an intravascular catheter may be responsible for up to 5% of aortic dissections, usually in the abdominal and descending thoracic aorta [78].

Two mechanisms are frequently cited as potential etiologies of a dissection. In the first, believed to be the more common cause of dissection, the pathogenesis is described as an intimal injury with blood entering into the aortic wall and creating a false passage within the media [76]. The intima is believed to be more susceptible to sheer stress than the media or adventitia, explaining hypertension as a risk factor. In the second mechanism, the bleeding begins within the aortic wall from cystic medial necrosis and hemorrhage of the vasa vasorum [79]. The blood under pressure creates an entry into the lumen, or an intimal tear. This second mechanism helps to explain how an

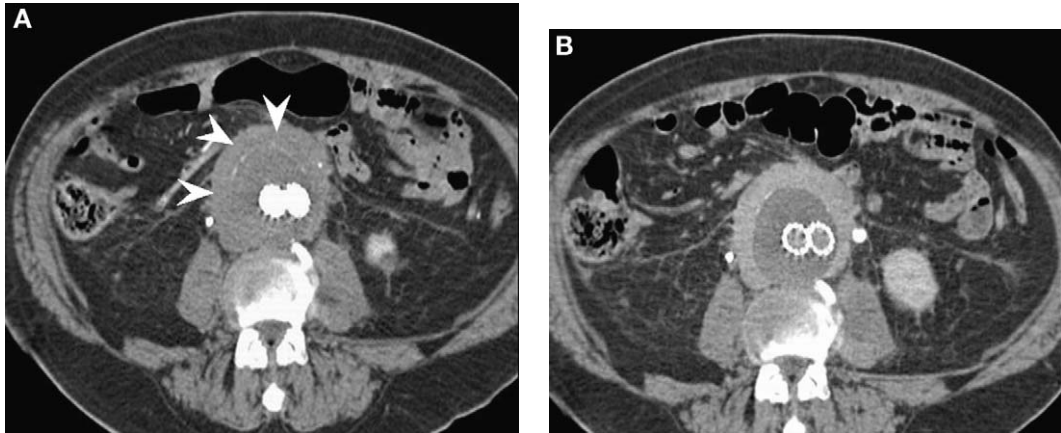


Fig. 8. Inflammatory aortic aneurysm. (A) Arterial phase contrast-enhanced CT image shows a soft tissue mantle (*arrowheads*) surrounding most of the circumference of an abdominal aortic aneurysm. Note that the aneurysm has been treated with an endoluminal graft. (B) Delayed postcontrast image demonstrates delayed enhancement of the soft tissue mantle, which spares the posterior aspect of the aneurysm adjacent to the vertebrae.

IMH can lead to dissection and also explains the high incidence of dissection in patients with Marfan syndrome [80,81]. Recently a third mechanism has been proposed, which postulates that a dissection may arise from strong smooth muscle contractions, accentuated in patients with hypertension [82].

Patients presenting with an acute aortic dissection most commonly describe unremitting chest pain that radiates to the back, although abdominal pain may be present in up to 33% of cases [70,72]. Pain can occasionally remit in the setting of dissection. The return of pain is an ominous sign and has been linked to impending rupture [83]. Other potential findings include asymmetric blood pressures; symptoms from branch vessel occlusion (neurologic symptoms, renal symptoms, mesenteric ischemia); paraplegia; or hemiplegia [73,84]. Unfortunately, symptoms are not universally present and many times the clinical manifestations may overlap with other diseases that present to an emergency department. High clinical suspicion is important because up to 38% of aortic dissections are initially missed on examination and up to 28% of aortic dissections may go undetected until autopsy [71–73,85].

Although isolated abdominal aortic dissections are rare, the more liberal use of CT in the emergency department has resulted in increased detection [70,86]. A study of 10 patients with isolated abdominal dissection demonstrated that two were completely asymptomatic and five had benign abdominal examinations. In this group of patients, abdominal pain was the most frequent complaint (seven patients). Although hypertension may be a risk factor, isolated abdominal dis-

sections may be related to prior trauma, iatrogenic injury, or PAU [70].

Both CT and MR imaging enable the diagnosis of aortic dissections with a high degree of accuracy [87]. CT is often the first choice because of its close proximity to many emergency departments and its short examination time [72,73,87]. Recent advances in MDCT have improved the ability to perform multiplanar reconstructions and volume-rendered three-dimensional images. Although the postprocessing may help demonstrate the relationship of a complex flap with branching vessels, the authors' experience is congruent with that of others showing that three-dimensional images do not improve the detection of dissection [88,89]. Transaxial images generally suffice in excluding an aortic dissection, and three-dimensional images may prove helpful once a dissection is encountered [88,89].

Because noncontrast CT has no role in the exclusion of an aortic dissection, intravenous contrast medium administration is needed. In patients with renal failure or prior adverse reaction to iodinated contrast material, alternatives to conventional iodine-enhanced CT must be found. In this setting, MR imaging plays an important role in the evaluation of the acute abdominal aorta. The main drawbacks of MR imaging have been the longer examination time and the difficulty in monitoring potentially unstable patients in the long-bore magnet, which is frequently outside the emergency department. With faster MR imaging sequences, patients can be imaged in less than 30 minutes, including MR angiography images that allow multiplanar and three-dimensional processing tech-

niques equivalent to MDCT [87]. Some authors have advocated relying on faster sequences, such as true fast imaging with steady state precession, which can be accomplished in less than 4 minutes and reliably can exclude aortic dissections [90]. Administration of gadolinium could then be reserved for patients in whom a dissection is found. The authors rely on three-plane cardiac-gated black-blood images (usually single-shot fast spin echo or half-Fourier acquisition turbo spin echo sequences) and a three-dimensional MR angiography sequence usually acquired in a sagittal or sagittal-oblique plane. The black-blood images are used to identify an IMH. A precontrast study is obtained for subtraction. With postprocessing, relying mainly on maximum intensity projections, the entire study can be performed in 30 minutes or less. With the faster scanning times of 8- and 16-row MDCT, there may be a role for the use of intravenous gadolinium in the CT examination of patients with contraindications to iodinated contrast material [91,92].

Although transesophageal echocardiography may be equivalent to CT and MR imaging for the detection of aortic dissection, transesophageal echocardiography has little role for the evaluation of dissection in the abdominal aorta. Instead, transabdominal sonography may be used to detect abdominal aortic dissections [93]. In the acute setting, however, the superiority of CT in delineating the extent of the flap and in providing alternative diagnoses makes it preferable to sonography for the evaluation of suspected aortic dissection.

CT and MR imaging findings of an aortic dissection hinge on the identification of an intimal flap that can be seen on more than one transaxial image. Usually a flap isolated to one image (when slice thickness is 8 mm or less) represents artifact. When the dissection arises in the thoracic aorta, the flap in the abdominal aorta usually extends in a spiraling pattern along the left posterolateral wall from about the 3-o'clock to 6-o'clock positions. The result is that the right renal artery, celiac artery, and superior mesenteric artery tend to arise from the true lumen, whereas the left renal artery has a higher chance of originating from the false lumen.

CT findings that may allow distinction of a true from a false lumen include delayed contrast filling, delayed contrast wash out, thrombosis, irregular walls, and the presence of aortic cobwebs within the false lumen [94,95]. The term "aortic cobwebs" refers to low-attenuation linear remnants of the media in the false lumen, which are reportedly more common in the abdominal aorta and in the setting of chronic dissection [95].

When an intimal flap is seen, it must be followed throughout its entire course. Although rare, mesenteric



Fig. 9. Aortic dissection with renal involvement. Contrast-enhanced CT image shows an intimal flap within the abdominal aorta. Lack of perfusion of the left kidney was caused by extension of the dissection into the left renal artery.

ischemia and renal ischemia may complicate abdominal aortic dissections. CT is excellent at depicting the course of a flap into the mesenteric or renal arteries (Fig. 9). The goal is to identify these complications before infarction of the affected organ so that appropriate therapies may be instituted. Renal dissections are more frequently on the left and are more common than mesenteric dissections [96]. Two types of aortic branch occlusion in the setting of acute dissection have been described. In one type, called static obstruction, the dissection flap extends into or intersects the origin of the vessel, compromising flow. In the second type, called dynamic obstruction, the false lumen compresses the true lumen. In this latter entity, the flap is pushed so that it obstructs the origin of the branch vessel [97]. The type of obstruction may lend itself to different treatments with endoluminal stenting used for static obstruction and fenestrations or endoluminal stenting for dynamic obstruction [97].

Aortic rupture represents the most common cause of death in aortic dissection [73]. CT findings of aortic rupture from dissection are identical to those seen with ruptured AAA. Findings include the presence of retroperitoneal hematoma, intraperitoneal hematoma, and discontinuous aortic wall. Rupture is usually from the false lumen with its inherently weaker wall.

Intramural hematoma

Intramural hematoma represents blood in the aortic wall, presumed to be secondary to vasa vasorum rupture, without an intimal tear. As with dissection, hypertension is the major risk factor for the development of an IMH [98]. IMH is believed by many to represent a variant of aortic dissection and is often classified based on its location relative to the left subclavian artery [97,99]. Usually an IMH begins

within the thoracic aorta. Only rarely does it exist in the abdominal aorta alone. When it does, one must exclude trauma, iatrogenic aortic injury, or PAU as an underlying cause. Patients present with complaints that are identical to those seen with aortic dissection.

On precontrast images, a smooth high-attenuating crescent is seen in the aortic wall that displaces any intimal calcifications. Narrow window settings may allow for easier visualization of an IMH [100]. On postcontrast images, the hematoma fails to enhance and appears low in attenuation. If postcontrast images are viewed alone, the IMH may be mistaken for atheromatous plaque or a thrombosed false lumen. In the latter condition, the false lumen tends to spiral around the aorta as it descends, whereas an IMH tends to keep its relationship with a particular portion of the aortic wall circumference (eg, posterolateral) [101]. The CT findings of an IMH should not be confused with wall thickening of an inflammatory AAA, which enhances after contrast medium administration, or with the impending rupture sign, which is seen as a high-attenuating crescent in the wall of an AAA.

Penetrating atherosclerotic ulcer

First described in 1986, penetrating atherosclerotic ulcers have come to be recognized as a distinct entity [74,79]. They represent ulceration of an atheromatous plaque into the media of the aortic wall. Penetrating ulcers can then give rise to a focal IMH, dissection, or even rupture. Over time, a PAU may give rise to a chronic dissection or may resolve [74]. Occasionally, they may give rise to a saccular pseu-

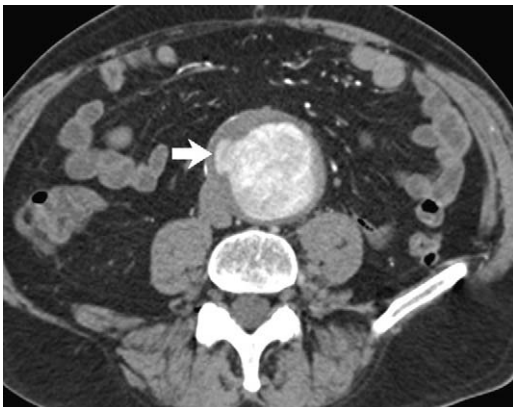


Fig. 10. Penetrating atherosclerotic ulcer. Contrast-enhanced CT image demonstrates a focal outpouching from the aortic lumen (arrow), which extends into the aortic wall.

doaneurysm. Although PAUs are more common in the descending thoracic aorta, they may originate in the abdominal aorta (Fig. 10). Identification of a contrast-filled crater that communicates with the aortic lumen is the key to making the diagnosis of a PAU. The cranial-caudal extent of a PAU, IMH from a PAU, or dissection from a PAU is much shorter than a typical dissection or primary IMH. When a short dissection or IMH is encountered, one should think of a PAU as the likely etiology. Distinction of PAU from dissection or primary IMH is important because treatment for PAU, when necessary, is different from that for the other two entities [102].

Acute abdominal aortic occlusion

Acute aortic occlusion is a rare vascular catastrophe that can easily escape detection in the emergency department. Patients often present with paralysis that might lead to pursuit of neurologic disease, even when femoral pulses are absent [103]. Acute aortic occlusion should be considered when a patient without atherosclerosis presents with cold extremities and absent femoral pulses. Unlike chronic aortic occlusion (Leriche's syndrome), extensive collateral circulation is not present. Consequently, if acute abdominal aortic occlusion is not treated, mortality is greater than 75% [103].

Acute aortic occlusion may be from a large saddle embolism to the aortoiliac bifurcation, in situ thrombosis of an atherosclerotic aorta, sudden thrombosis of a small aortic aneurysm, or thrombosis related to a traumatic dissection. Rarely, other types of emboli can result in acute aortic occlusion. In endemic areas, even echinococcus has been reported to cause acute aortic occlusion [104].

CT findings of acute aortic occlusion include lack of blood flow in the aorta on postcontrast images and lack of defined collateral vessels (Fig. 11). The absence of collaterals may be appreciated best on multiplanar and three-dimensional images, which tend to highlight these often circuitous vessels. As with dissection, postcontrast images are very important. If iodinated contrast medium administration is contraindicated, MR angiography might be considered. Treatment is embolectomy or bypass if flow cannot be reestablished [103,105].

Abdominal aortic trauma

Blunt traumatic injury of the abdominal aorta is much less common than that of the thoracic aorta, but it



Fig. 11. Acute aortic occlusion. Contrast-enhanced CT at the level of the mid-kidney in a 36-year-old woman with Crohn's disease demonstrates lack of enhancement of the abdominal aorta (*asterisk*). The lack of collateral flow indicates that this is an acute process, which in this case was caused by an embolism from the left atrium.

is no less significant. If left untreated, such injuries may be life-threatening. The spectrum of aortic pathology ranges from IMH to intimal disruption and pseudoaneurysm formation [106,107]. Unlike the thoracic aorta, which is screened easily with chest radiographs, there is no adequate screening examination for the abdominal aorta. Decreased lower extremity pulses may be a finding on physical examination.

CT findings include both direct and indirect signs of aortic injury. As within the thorax, direct signs of aortic injury include the presence of an intimal flap; irregular aortic contour; focal enlargement of the aorta; abrupt change in aortic caliber (traumatic coarctation); and frank contrast medium extravasation (Fig. 12) [108]. Periaortic hematoma is considered an indirect sign. Angiography should be considered when an indirect sign is present but direct signs are absent [108,109].

Traumatic injuries of branch vessels are more common than injury of the abdominal aorta itself. CT findings and physical examination findings stem from ischemia of the affected organ (bowel, spleen, kidney). Perivascular hematoma, vessel thrombosis, traumatic intimal flap, and frank contrast medium extravasation may also be seen.

Postoperative aorta

Occasionally, patients may present acutely with complications from a surgically repaired abdominal aorta. These patients may be clinically challenging, because they often present to the emergency depart-

ment with nonspecific signs and symptoms, such as fever, abdominal pain, and back pain [110]. Occasionally, a simultaneous groin infection or hematoma may be present.

Postendoaneurysmorrhaphy

To understand the complications of surgical repair one must be familiar with the AAA grafting procedure and its imaging appearance. This procedure, known as "endoaneurysmorrhaphy," requires a longitudinal incision along the course of the aneurysm, removal of mural thrombus from the aneurysm sac, ligation of vessels arising from the aneurysm, suture anastomosis of the graft to the vessels proximal and distal to the aneurysm, and closure of the aneurysm sac around the graft material [111]. Perioperative complications relate to cardiac, renal, or respiratory failure and sepsis [112,113]. Longer-term complications include graft infection, thrombosis, anastomotic aneurysm, dissection, and aortoenteric fistula.

When a graft complication is suspected in a patient who has undergone endoaneurysmorrhaphy, the authors perform an abdominal and pelvic CT with intravenous contrast material but without oral contrast material. Noncontrast images are rarely useful. Initial postcontrast images are reviewed on the scanner console, in case delayed imaging is required to identify the relationship of any encountered complication with venous structures. If iodinated contrast material is contraindicated, the authors may begin with a non-contrast CT (to exclude rupture and to identify gas) and proceed with MR imaging to identify any flow-related complications.

By 3 months after open repair, most of the thrombus within the aortic aneurysm sac surrounding the

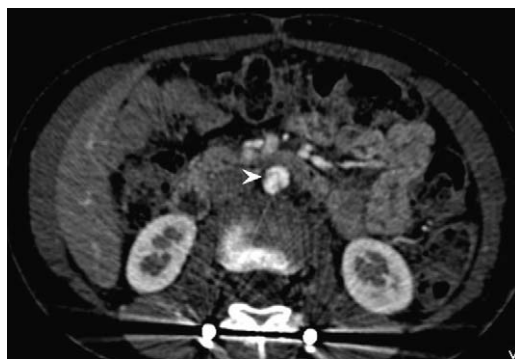


Fig. 12. Traumatic aortic injury from a motor vehicle collision. Contrast-enhanced CT image in a 14-year-old girl shows contour irregularity of the abdominal aortic wall associated with a small flap (*arrowhead*).

graft should have resolved [114,115]. If the collection has increased in size, or if contrast is seen to enter the collection, one should be concerned about graft rupture. Pseudoaneurysm is identified as a focal, eccentric outpouching at the proximal or distal anastomosis and may be associated with graft rupture. Occasionally, graft rupture may be seen as a new or increasing retroperitoneal hematoma.

Graft infection is another complication that may result in acute presentation to the emergency department. CT findings of graft infection include perigraft soft tissue and stranding, gas in the aortic wrap or adjacent to it, and pseudoaneurysm formation (Fig. 13) [115]. Differentiating these findings from normal postoperative findings can be challenging. Knowledge of the interval between the CT and surgery, and the clinical symptoms, is important in making this distinction. Perigraft gas should not be seen more than 14 days after surgery [116]. Unfortunately, not all infected grafts are associated with retroperitoneal gas. When gas is absent but fluid is present and graft infection is suspected, CT may be used to guide needle aspiration to confirm the diagnosis.

Graft thrombosis is diagnosed easily on postcontrast images when the lumen fails to enhance. It may be seen as an isolated condition or can be seen as a complication of graft infection. When thrombosis is present, one must look carefully for gas, retroperitoneal fluid, or other CT signs of infection that have been described previously.

Another life-threatening postoperative complication is an aortic fistula. Fistulae to many structures have been described, but the most commonly observed fistula in the postoperative aorta is an aortoenteric fistula. Aortoenteric fistulae are divided into primary and secondary types. Primary fistulae are much less



Fig. 13. Aortic graft infection in a patient 4 years after graft repair of an abdominal aortic aneurysm. Contrast-enhanced CT image shows gas (white arrowheads) within the native aortic wall wrap adjacent to the graft.

common. They usually arise from an atherosclerotic aneurysm but may be secondary to a gastric ulcer, bowel carcinoma, foreign body, gallstone, or diverticulitis. Secondary fistulae represent a well-known complication of AAA surgery [117]. Aortoenteric fistula may present with minimal bleeding or catastrophic exsanguination. Although endoscopy can usually uncover a source of frank upper gastrointestinal hemorrhage, it may be negative up to 5% of the time [118]. In these cases, rarer causes of bleeding should be considered, such as Meckel's diverticulum, arteriovenous malformation, small bowel varices, small bowel diverticulum, or aortoenteric fistula. CT may be helpful in these instances. With aortoenteric fistula, the bowel adjacent to the aorta may have a puckered appearance and gas may be present in or near the aortic wall or in the postsurgical wrap. Perigraft soft tissue and bowel wall thickening may be seen (Fig. 14) [115,119]. The fat plane between the aorta and an adjacent bowel loop is often obliterated. Rarely, bowel wall hematoma and frank contrast medium extravasation can be seen [115,119]. Although these findings might suggest an aortoenteric fistula, it is important to keep in mind that a negative CT does not exclude the diagnosis.

Postendoluminal graft repair

More recently, endoluminal grafts have been used to treat AAAs. These covered stent grafts are deployed intravascularly and share the goal with endoaneurysmorrhaphy of reducing pressure on the aneurysm wall. This is accomplished by creating a graft-covered channel that excludes most of the aneurysm, including the wall, from flowing blood. This endoluminal technique differs from open repair in that aneurysm thrombus is not surgically removed, the stent-graft apposes the normal aorta but is not sutured to it, and branch vessels from the aneurysm sac are not ligated or occluded [111].

Patients with complications of endovascular repair present with symptoms similar to those after open repair, including pain and fever. When complications are suspected, the authors use a different imaging protocol than with open repair. If possible, patients are referred for CT. Images of the abdominal aorta are obtained in three sequences: (1) noncontrast, (2) arterial phase, and (3) a 90-second delayed phase. If the patient is unstable or if the closest scanner does not allow three sequences, the authors begin with a noncontrast study in the emergency department. If that shows no retroperitoneal hematoma or graft migration, contrast-enhanced imaging is deferred until the patient can undergo CT angiography of the abdominal aorta with delayed images. The noncontrast imaging is important

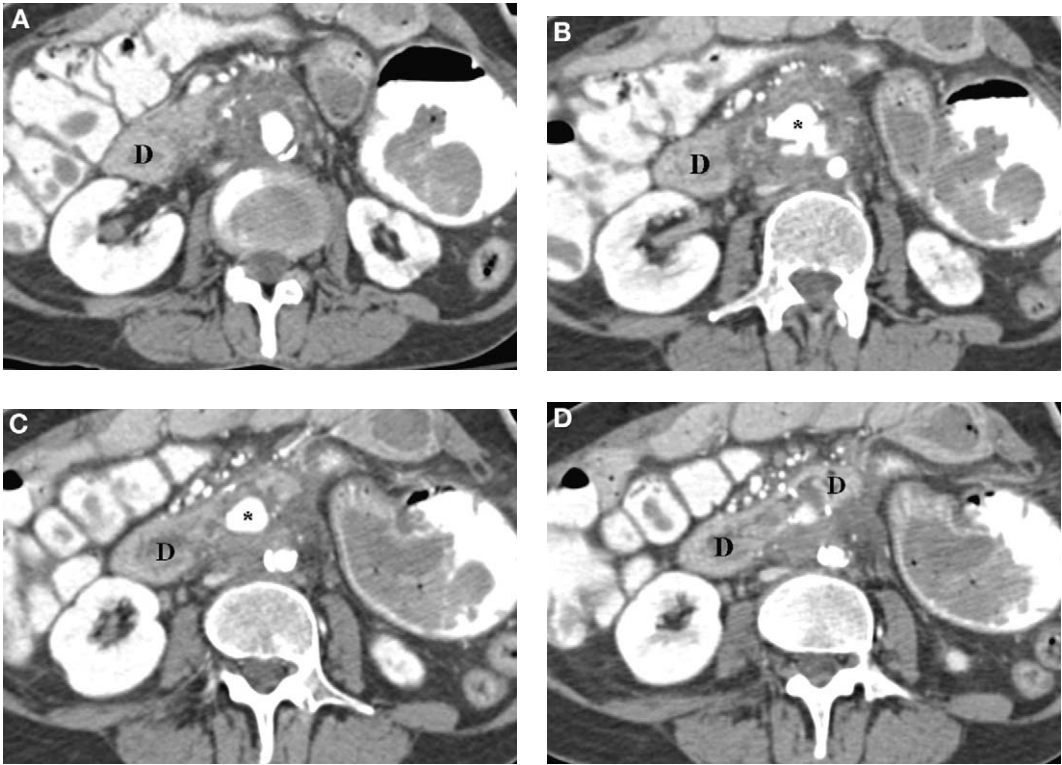


Fig. 14. Aortoenteric fistula in a patient 3 years after graft repair of an abdominal aortic aneurysm. Four sequential images (A–D) from a contrast-enhanced CT examination show effacement of the fat between the aorta and the duodenum (D) with adjacent irregular contrast-filled structure (asterisk in B and C) representing the actual fistula.

to identify the elements of the graft, and the delayed imaging is used to identify delayed endoleak and help confirm flow in the aneurysm sac outside of the graft lumen. Endoleaks represent the most common complication after endoluminal graft deployment. Other complications, which are more likely to cause acute

symptoms, include graft thrombosis, graft migration, dissection, branch vessel occlusion, graft kinking, infection, and fistula formation [120,121]. Comparison with an immediate postoperative CT can be very useful in identifying complications of endoluminal graft placement.

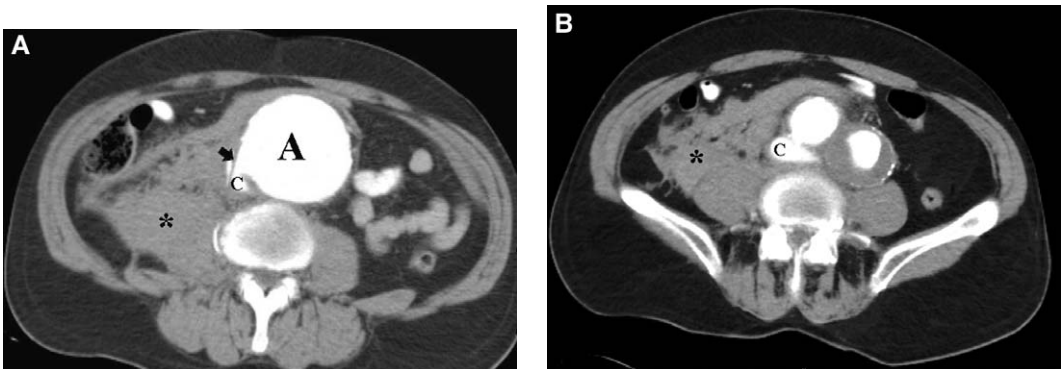


Fig. 15. (A, B) Contrast-enhanced CT images demonstrate early, dense contrast enhancement of the inferior vena cava (c) due to communication (arrow) between the cava and a large abdominal aortic aneurysm (A). Note large right retroperitoneal hematoma (asterisk).

Aortic fistula

Primary aortic fistulae (ie, those involving an unoperated aorta) may complicate AAA (Fig. 15), aortitis, and trauma. Rarely, a foreign body within the bowel lumen may fistulize to the abdominal aorta. Symptoms depend on the organ to which the aorta has fistulized. Aortic fistulae have been reported to bowel, inferior vena cava, renal veins, and ureters [117,122–125].

Summary

Aortic aneurysm rupture, aortic dissection, PAU, acute aortic occlusion, traumatic aortic injury, and aortic fistula represent acute abdominal aortic conditions. Because of its speed and proximity to the emergency department, helical CT is the imaging test of choice for these conditions. MR imaging also plays an important role in the imaging of aortic dissection and PAU, particularly when the patient is unable to receive intravenous contrast material. In this era of MDCT, conventional angiography is used as a secondary diagnostic tool to clarify equivocal findings on cross-sectional imaging. Ultrasound is helpful when CT is not readily available and the patient is unable or too unstable to undergo MR imaging.

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Blunt injury to mesentery and small bowel: CT evaluation

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The availability of high-quality equipment, excellent contrast resolution, and ready depiction of complex anatomy has given CT scanning an important role in the evaluation of trauma patients. In the setting of blunt trauma where a penetrating wound does not indicate the potentially injured organs, CT has the capability of rapidly assessing multiple anatomic regions. In particular, small bowel or mesenteric injury (SBMI) from blunt force may be clinically occult [1–3], but attention to CT signs can point to the correct diagnosis. This was evident in the first papers presented on this subject two decades ago [4,5], but is more commonplace now with the evolution of this technology.

Demographics

In a large series of blunt trauma cases collected from 1991 to 1996 and reported by Frick et al [3], 1.3% of 5303 patients with abdominal injuries had SBMI. Nance et al [6] showed that the greater the number of organs injured the more likely there is associated SBMI and that in one third of patients SBMI coexists with pancreatic or other solid organ injury. Five percent of patients with liver lacerations and 4% with splenic lacerations have major bowel injury according to Buckman et al [7]. Motor vehicle

accidents are the most common cause of SBMI [8]. Child abuse, falls from height, sports, industrial accidents, and even the Heimlich maneuver also have been implicated in SBMI [9–11].

Although any fixed object in the car cabin can cause trauma, seat belts are often associated with bowel injury. The presence of discoloration across the abdomen indicative of seat belt abrasion has been associated with small bowel injury in 21% of cases [12]. Seat belts are also a cause of the horizontally oriented vertebral Chance fracture that also has a high association with SBMI [13].

The future distribution of abdominal organ injury in blunt trauma related to motor vehicle accidents is unclear. The passage of mandatory seat belt laws in many states has put more people at risk for seat belt-type injuries. Conversely, the introduction of airbags has changed the spectrum of abdominal injury. Dischinger et al [14] report a 19% decrease in liver injury and a threefold increase in renal injury with airbags in place. The effect on SBMI remains to be seen.

Pathophysiology

The pathophysiology of injury to the small bowel and mesentery was first described in 1890 by Motz [15]. He postulated three types of trauma: (1) crush injury, (2) shearing forces of the bowel and mesentery at fixed points of attachment, and (3) burst injury caused by increased intraluminal pressure. Approximately 25% of patients requiring surgical treatment for bowel trauma have more than one bowel injury

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[16] and likely more than one mechanism. For example, in cases of seat belt injury, two or more sites of SBMI can be seen in 90% of patients [17].

Crush injury results from the impact of a stationary object on the anterior abdominal wall that catches a loop of bowel between it and the spine or solid organ. The duodenum and transverse colon are at particular risk with this mechanism that results in hematoma, contusion, or transection.

Acquired adhesions and normal points of bowel fixation at the ligament of Treitz and ileocecal junction serve as anchor points in shear injury. Rapid deceleration allows a mobile segment to move rapidly away from fixed points causing the injury. Lacerations of bowel and mesenteric vessels and degloving injuries are seen.

Burst injury occurs when impact with stationary objects reconfigures bowel into closed loops. If compression continues, pressure can rise to the point where bowel wall may burst resulting in full-thickness perforations.

Bowel injury varies from minor hematoma to perforation. Small perforations may go clinically unrecognized [16]. Abdominal pain and peritoneal irritation may be present early after major perforations or develop slowly because bowel contents, particularly jejunal contents, are not enzymatically active and have low pH and bacterial counts [18]. Although mesenteric lacerations can lead to significant hemorrhage and hypotension, there are also secondary effects. One quarter of cases where small bowel requires surgical treatment are the result of devascularization from mesenteric injury [16]. Even delayed internal hernias from untreated mesenteric lacerations and strictures from scar formation can occur [19,16].

Clinical considerations

Penetrating trauma involving the peritoneal cavity is currently diagnosed and treated most often by surgical exploration with little need for preoperative imaging. The radiologist is also likely to have little to do with the initial care of unstable blunt trauma victims with findings suggestive of intra-abdominal hemorrhage. They are often taken from the emergency department directly to urgent laparotomy for control of bleeding. In the past, even stable blunt trauma victims with intra-abdominal hemorrhage shown by diagnostic peritoneal lavage or CT scan went to exploratory surgery. This approach yielded a 20% nontherapeutic laparotomy rate [20,21]. Although CT scanning contributed to the care of these stable patients by identifying solid organ lacerations with

hemorrhage, further evaluation of the scans did not affect treatment decisions. Exploration of the abdomen in the operating room allowed the surgeon to evaluate other organs including the bowel and mesentery.

Over the past 5 to 10 years, as more emphasis has been placed on nonoperative management for certain blunt trauma injuries, more complete CT evaluation has been required to help ensure that this treatment path is correct. The treatment of spleen lacerations is an example of this approach. In stable patients with this type of injury, CT scanning shows the extent of laceration and hemoperitoneum and any areas of parenchymal bleeding that can be addressed with percutaneous catheter embolization [22]. The leading cause of failed conservative therapy and delayed laparotomy is the presence of gastrointestinal tract injuries [23]. Although SBMI is uncommon, the clinical consequences related to delayed or missed diagnosis are disproportionately severe [24]. The burden is on CT, clinical signs, and other tests to detect significant SBMI that instead indicates the need for early surgical therapy.

Although physical examination findings, such as abdominal wall contusion, abdominal distention and guarding, or increasing tenderness, can aid in diagnosis and prompt exploration, they can be insensitive in certain situations. Altered levels of consciousness because of closed head injury, distracting injuries, or intoxication can make the physical examination unreliable [25]. Algorithms for diagnosis of SBMI based on the patient's hemodynamic status, associated risk factors, and physical examination are available [3,8,16]. These approaches match the patient's presentation to diagnostic tools including diagnostic peritoneal lavage (DPL), CT, ultrasound, and serial examination and observation. This article concentrates on the use of CT.

CT technique

Full CT evaluation of the abdomen in the blunt trauma victim requires scanning from the diaphragm to the ischial tuberosities. Most trauma centers use helical scanners with intravenous and oral contrast (OC) agents for adults and only intravenous contrast for children. Intravenous iodinated contrast material is administered by rapid injection, at rates of between 1 and 3 mL/second, ideally by a 19-gauge antecubital catheter. Children receive 2 to 3 mL of intravenous contrast per kilogram body weight. Approximately 500 to 750 mL of a water-soluble agent diluted to a concentration of 1% to 2% is the standard for OC. This should be administered orally or by nasogastric

tube as soon as the CT is ordered to allow time for bowel transit. Collimation with helical technique is typically 5 to 7 mm. Scanning commences following an arbitrary delay of about 40 to 60 seconds from the start of intravenous infusion to image the liver in the portal venous phase. Because of the rapid nature of helical scanning, delayed, repeat scanning through the kidneys during contrast excretion may be part of the routine protocol to detect collecting system injury.

The necessity of enteric contrast is a topic of contention in the literature. Those opposed to routine use of OC point to the marginal gain in accuracy of diagnosis and delay imposed by waiting for adequate transit through the bowel in those with potentially life-threatening injuries [26]. At least one published, randomized, prospective trial in the setting of blunt abdominal trauma showed equivalent sensitivities for diagnosis of small bowel injuries in those undergoing CT with or without OC [26]. These findings may be related to the limited amount of opacified bowel caused by posttraumatic ileus [27]. Imposing an average 144-minute delay to allow transit of contrast still demonstrated adequate opacification of small bowel in only a slight majority of patients [28].

The presence of enteric contrast extravasation is an uncommon finding. In the setting of bowel perforation, extravasation of OC in the absence of free air has been reported only once in a recent review of the literature [28] again arguing against its routine use. Although extravasation occurs in only a minority of patients, it is a highly specific sign of transmural bowel laceration. It also may help distinguish loops of bowel from hematoma, delineate the mesentery of the small bowel, and accurately assess bowel wall thickness [29]. Identifying abnormal bowel loops is not the only use for OC. At the authors' institution, filling of normal loops also adds certainty to the finding of a negative CT scan.

There is also the concern for aspiration among those opposed to its routine use, but despite the perceived risks related to the administration of water-soluble OC, this injury is an uncommon complication of CT scanning. Studies have shown few documented adverse events, which likely relates to the very dilute nature of the solution used for CT [30,31]. The misconception that this CT contrast is a danger may be caused by parallels drawn with the more concentrated form of this agent that is routinely used for fluoroscopy. It is this high osmolar solution that causes lung injury when aspirated.

Justification for either OC protocol can be found in the literature. The authors have chosen to use OC for their trauma CT scans, but are constantly re-evaluating their protocols as newer data appear. In

the future, CT may be used earlier in the treatment algorithm, especially if spine and chest evaluation are done with CT rather than plain film. In that case, the short interval available for bowel transit will likely make the use of OC superfluous.

CT findings of SBMI

The constellation of CT findings related to SBMI include bowel discontinuity; extraluminal air; extravasation of enteric or vascular contrast; intramural gas; bowel wall thickening or enhancement; mesenteric infiltration; and intraperitoneal, retroperitoneal, or mesenteric fluid. Direct visualization of bowel discontinuity and extraluminal oral contrast material are virtually diagnostic of bowel perforation but are relatively insensitive. Conversely, free peritoneal fluid is very sensitive for bowel injury, but almost equally nonspecific. A separate discussion of each CT finding serves to clarify the role each has to play in the diagnosis of SBMI.

Bowel discontinuity

Visualization of bowel discontinuity on CT is a pathognomonic finding of injury. Unfortunately, it is rare to identify clearly the two ends of a disrupted loop. This single primary finding of bowel injury is also uncommonly documented in the literature [32]. One must rely on secondary findings to make the diagnosis of small bowel injury. Mesenteric tears are always suspected on the basis of secondary findings with no literature reports of primary visualization.

Extraluminal air

Depending on the perforated bowel loop's location, extraluminal air can be found in either the peritoneum or retroperitoneum. Free intraperitoneal air is typically seen along the anterior parietal peritoneum, in the perihepatic or perisplenic regions, trapped in leaves of mesentery, or seen outlining retroperitoneal structures. Pneumoperitoneum may be massive and identified easily or more often subtle and easily missed during rapid review of a trauma victim's studies. Viewing the abdominal images at lung window settings (window width 1500, level 100) can assist in identification of free air (Fig. 1). The protocol at film-based institutions generally calls for lung windows only at the diaphragm level where the lung bases are visible. Filming all levels at both soft tissue and lung window settings is prohibitive in terms of film cost and management. Advances in

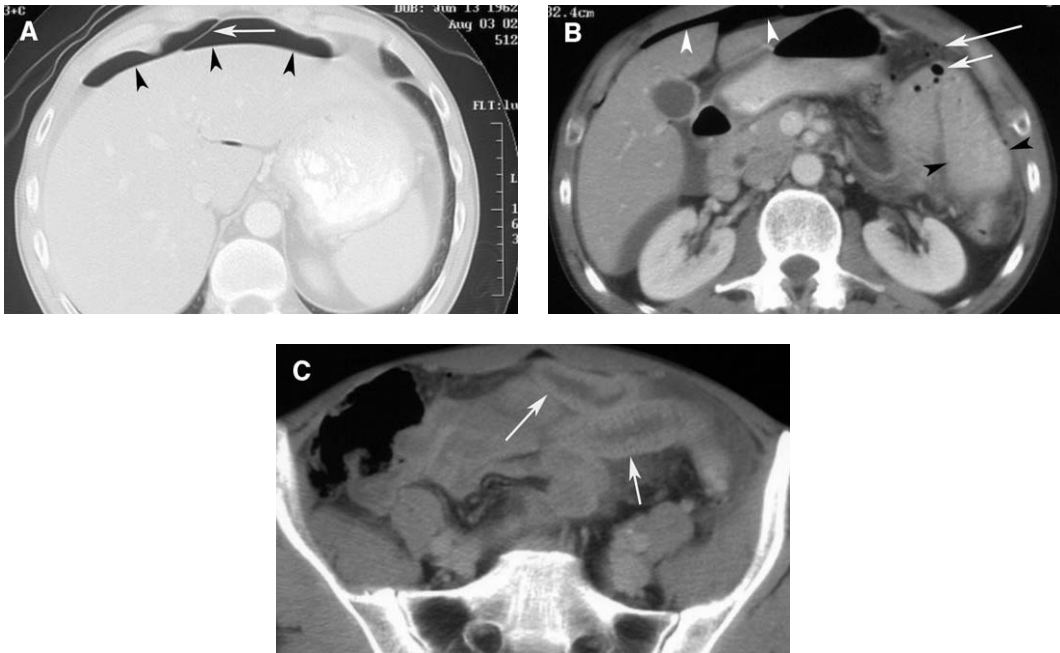


Fig. 1. A 40-year-old bicyclist hit by car with 2-cm jejunal laceration. (A) Free air clearly outlines liver surface (*arrowheads*) and falciform ligament (*arrow*) on lung windows (width 1800 level minus 600). (B) Large anterior collection of free air (*white arrowheads*), thick-walled jejunum (*black arrowheads*), adjacent subtle mesenteric fold air bubbles (*long arrow*), and intramural air (*short arrow*) are present. (C) Thick-walled, enhancing ileum (*arrows*) distal to injury may be localized area of shock bowel.

technology are making it easier to detect free air. Reviewing studies at a PACS or dedicated CT workstation allows one easily to adjust the parameters so the entire study can be viewed with both soft tissue and lung windows.

Because of the normal absence of air in most parts of the small bowel the sensitivity of free intraperitoneal air is approximately 50% to 75% depending on the study [33–36]. Pneumoretroperitoneum can also be

identified. Duodenal perforation is often associated with adjacent extraluminal air and fluid [4,37]. The air may also follow fascial planes and can be found some distance from the site of laceration (Fig. 2).

Care must be exercised when incorporating the finding of intraperitoneal or retroperitoneal air into the differential diagnosis. Although bowel perforation is the most likely etiology, there are other sources for the air. Barotrauma and mechanical ventilation have

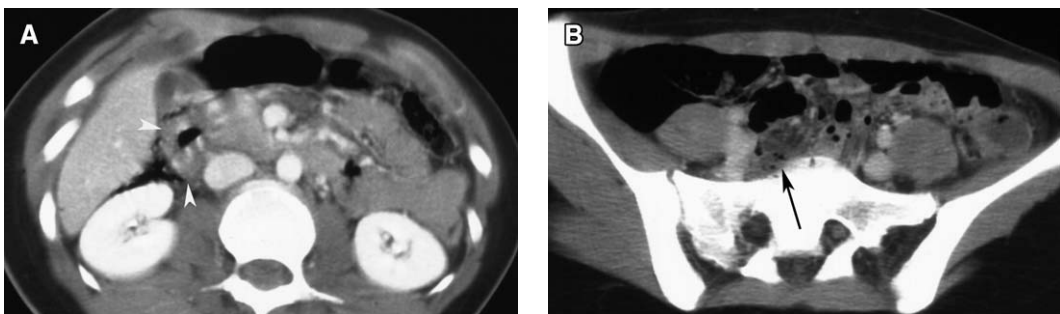


Fig. 2. A 12-year-old girl with second portion duodenal perforation. (A) Extraluminal, retroperitoneal air abutting thick-walled duodenum (*arrowheads*). (B) Small foci of air distal to perforation at level of sacral promontory (*arrow*). (From Brody JM, Leighton DB, Murphy BL, et al. CT of blunt trauma bowel and mesenteric injury: typical findings and pitfalls in diagnosis. Radiographics 2000;20:1527; with permission.)

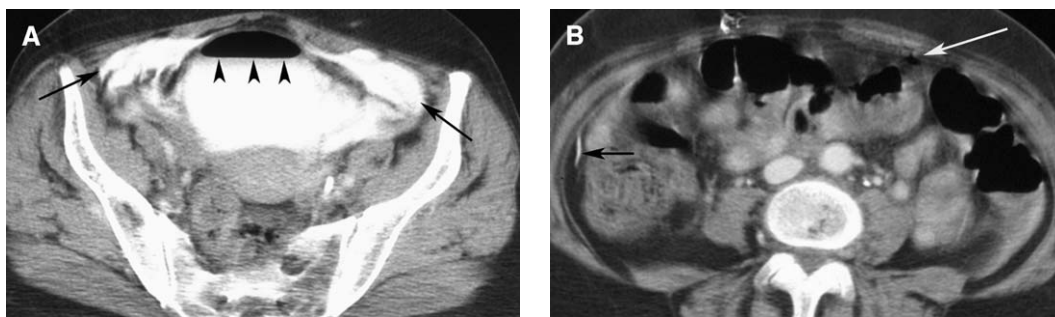


Fig. 3. A 77-year-old woman with intact bowel and mesentery, but extraperitoneal bladder rupture. (A) Intravesical air and contrast level (arrowheads) and perivesicle, extraperitoneal contrast (arrows). (B) Abdominal wall motion artifact blurs air in properitoneal space (white arrow). Air was introduced retrograde during cystogram. Properitoneal contrast is seen (black arrow).

been reported to result in infradiaphragmatic air [37,38]. DPL or bladder rupture with introduction of air during CT cystography can also be misleading in both adults and children (Fig. 3) [39]. Microperforations or pneumatosis cystoides intestinalis, which transmit gas into the peritoneum and then seal off, may be the source of free air in patients with abdominal trauma and none of the aforementioned other causes of extraluminal air. The latter entity is caused by subserosal air-filled cysts, which are the result of microperforation into the intestinal serosa and have been reported in the setting of blunt abdominal trauma [40]. Whenever extraluminal air is identified a diligent search should continue for other secondary signs of bowel injury or other sources of the free air.

Intramural air

Intramural air is seen as discrete bubbles in thickened bowel wall. Despite its intramural nature, this suggests a full-thickness rather than partial thick-

ness injury (Fig. 4) [41]. Along with free intraperitoneal or retroperitoneal air, the finding indicates that surgical therapy is likely required to prevent peritonitis and sepsis as the sequelae of a significant bowel injury [1].

Extraluminal oral contrast material

Extraluminal oral contrast is the one pathognomonic finding of bowel perforation (Figs. 5, 6). The presence of ileus in the victim may preclude significant bowel opacification and subsequent extravasation. This is the likely cause for sensitivities reported in the literature of 12% or less [28,35,36]. False-positive findings may be caused by incorrect interpretation of iodinated contrast from intraperitoneal bladder rupture or vascular hemorrhage from perforated bowel. Other secondary findings and comparing the density of free contrast with that of intra-arterial, intracystic, and enteric contrast should lead one to the correct etiology (see later).

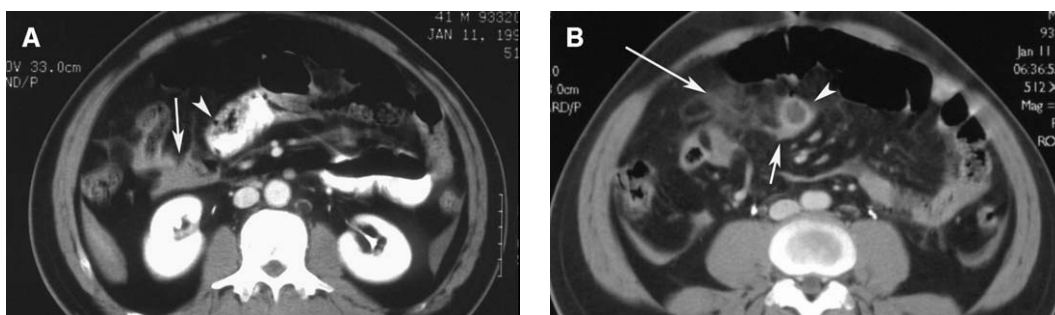


Fig. 4. Proximal ileal perforation in 41-year-old man. (A) Intramural air in the ileum (arrowhead) with adjacent interloop free fluid (arrow). (From Brody JM, Leighton DB, Murphy BL, et al. CT of blunt trauma bowel and mesenteric injury: typical findings and pitfalls in diagnosis. Radiographics 2000;20:1528; with permission.) (B) Noncontiguous section with bowel wall thickening (arrowhead), adjacent fluid (short arrow), and mesenteric stranding (long arrow).

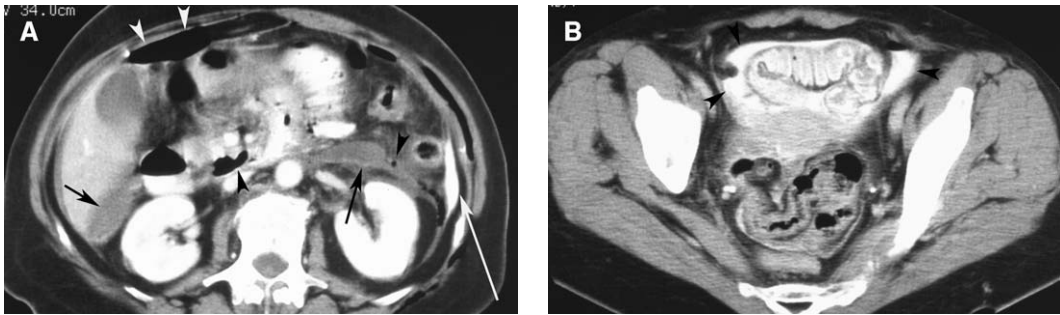


Fig. 5. A 65-year-old woman with duodenal and jejunal perforations. (A) Large amount of free intraperitoneal air (white arrowheads), oral contrast (long white arrow), and fluid (short black arrow) from jejunal perforation and retroperitoneal air (black arrowheads) and fluid (long black arrow) from duodenal perforation. (B) Extraluminal intraperitoneal contrast surrounding a pelvic small bowel loop (black arrowheads). (From Brody JM, Leighton DB, Murphy BL, et al. CT of blunt trauma bowel and mesenteric injury: typical findings and pitfalls in diagnosis. Radiographics 2000;20:1527; with permission.)

Bowel wall thickening

Contusions and lacerations of bowel and isolated mesenteric lacerations that result in ischemia because of disruption of the arterial supply or venous drainage may cause wall thickening. It is reportedly present in up to 61% of SBMI cases [33]. The interpretation of this sign is more subjective than others. Measured wall thickness greater than 3 or 4 mm on at least two contiguous images has been suggested as a way of better quantifying this abnormality [1,29,33,34]. This measurement is not absolute because the degree of luminal distention affects apparent thickness. A combination of observations including disproportionate thickening of the involved segment compared with adjacent bowel loops and circumferential involvement are necessary to identify truly injured segments (see Fig. 6) [41–43].

Rarely, eccentric thickening can be related to injury. It has been described in the presence of intramural hematoma and the authors have seen it with intramural air (see Fig. 4). Care must be taken in evaluating possible eccentric wall thickening because normal bowel with small amounts of air distention may have dependent thickening but demonstrate a normal thin wall outlined by gas along the mucosal surface in the nondependent position. Other secondary findings, such as free air and adjacent free fluid, are indicative of true injury.

Mesenteric infiltration

Mesenteric infiltration or stranding refers to the presence of ill-defined increased attenuation in the normally fatty mesenteric folds caused by perivascular hemorrhage and inflammatory infiltrate [2]. Mes-

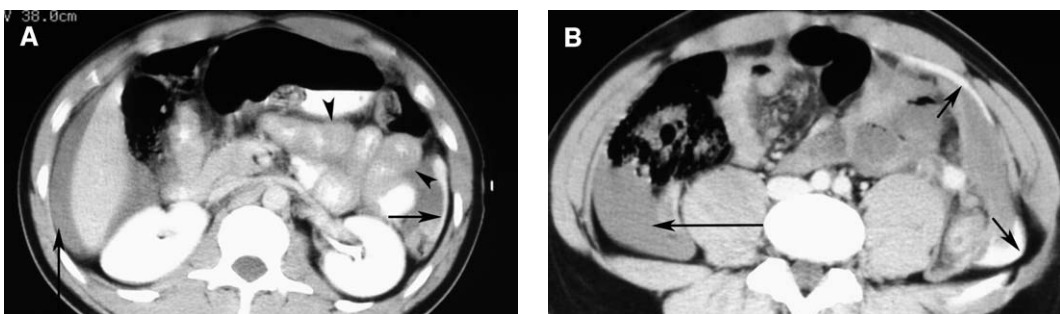


Fig. 6. A 35-year-old man with 10-cm jejunal laceration and descending colon mesentery avulsion. (A, B) Thick-walled jejunal loops (arrowheads), extraluminal enteric contrast (short arrow), and hemoperitoneum (long arrow) are seen.

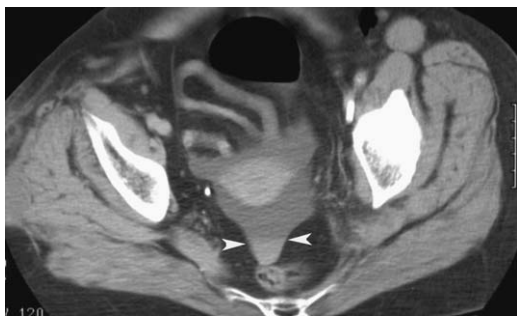


Fig. 7. A 75-year-old woman with multiple mesenteric tears. Fluid-fluid level of hemoperitoneum with dependent clot (arrowheads) outlines uterus. (From Brody JM, Leighton DB, Murphy BL, et al. CT of blunt trauma bowel and mesenteric injury: typical findings and pitfalls in diagnosis. *Radiographics* 2000;20:1532; with permission.)

enteric vessels with their tubular appearance and well-defined margins should not be mistaken for stranding, but may be obscured by its presence. Mesenteric tears with or without bowel injury can be associated with mesenteric infiltration. The addi-

tional observation of bowel wall thickening increases diagnostic certainty (see Fig. 4) [1,43].

Intraperitoneal fluid

Free intraperitoneal fluid is a common finding in patients with SBMI and in one report was the most frequent sign [44]. It may or may not be hemorrhagic. Succus entericus from small bowel perforation is typically less than 20 Hounsfield units (HU), whereas hemoperitoneum has an intermediate density with a mean of 45 HU [35]. Hemoperitoneum also can manifest as fluid-fluid levels with dependent clot (Figs. 7, 8).

Although hemoperitoneum characteristically has the appearance of high-density ascites, in up to 24% of acute cases it may have attenuation values of less than 20 HU and appear like the simple fluid discussed previously. Intermixing of blood and succus entericus or urine, prolonged delay between the trauma and CT examination, anemia, or addition of peritoneal lavage fluid may cause this low Hounsfield measurement. So as not to mislead clinical staff, radiologists should be

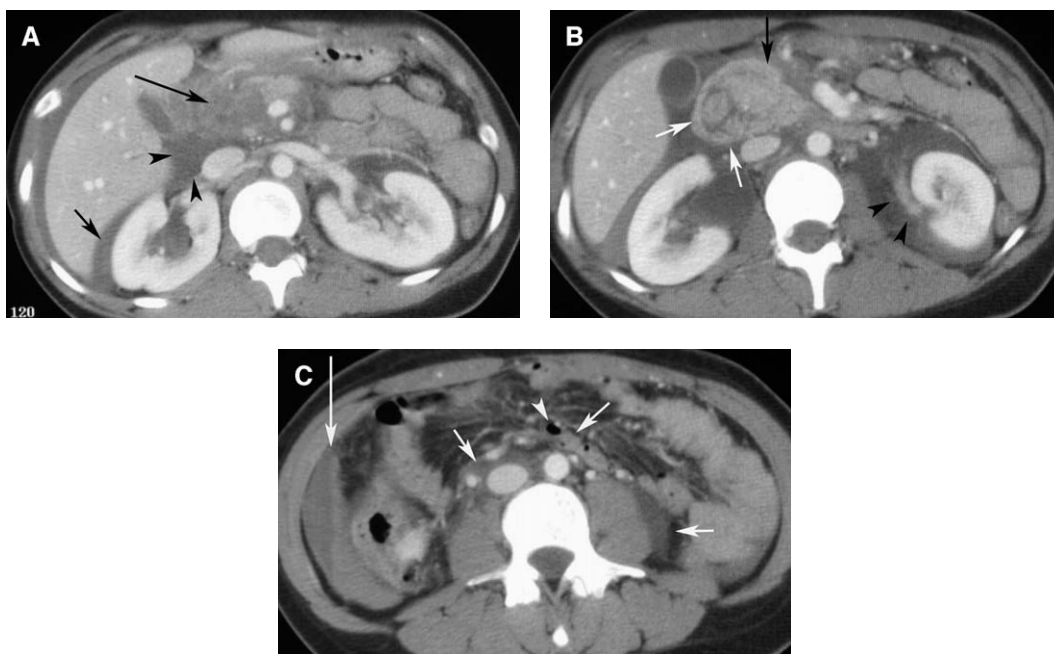


Fig. 8. A 27-year-old woman in motor vehicle accident with 80% circumferential second portion duodenum tear, pancreatic head lacerations, splenic rupture, and renal lacerations. (A) Retroperitoneal fluid (black arrowheads) around devitalized pancreatic head segment (long black arrow) and intraperitoneal blood from spleen injury (short black arrow). (B) Thick-walled duodenum with intramural hematoma (short white arrows) and disrupted, enhancing pancreatic head (short black arrow). Hemorrhage from renal laceration (black arrowheads). (C) Right colic gutter hemoperitoneum fluid-fluid level (long white arrow) from spleen injury in vertical orientation caused by victim position at time of clotting. Retroperitoneal fluid (short white arrows) and punctuate focus of retroperitoneal air (arrowhead) from duodenal, renal, and pancreatic injuries.

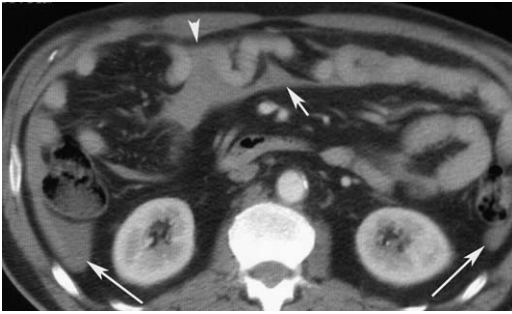


Fig. 9. A 55-year-old man with large mesenteric laceration and hematoma. Blood in polygonal shape between loops of small bowel (*arrowhead*) and mesenteric folds (*short arrow*). Free fluid outlining colic gutters (*long arrows*).

careful to label fluid as hemoperitoneum only when it is of sufficient density.

Although commonly present in cases of SBMI, free fluid is not diagnostic of SBMI. The false-positive rate in one series was 67% for this single finding. This is likely caused by the frequent presence of fluid related to other injuries [45].

Location may be more important than attenuation in this circumstance. Fluid isolated to the mesentery is an unusual finding in liver or spleen injury and suggests underlying SBMI. Even in the presence of solid organ laceration it should raise the possibility of a SBMI [18,35]. Identifying hematoma in the mesentery has a high specificity (88%) for SBMI [36]. Localized mesenteric hematoma adjacent to bowel wall thickening suggests bowel injury, whereas the absence of bowel abnormality suggests isolated mesenteric injury [46]. Mesenteric fluid manifests as a well-defined, polygonal or triangular shape bordered by loops of bowel or folds of mesentery (Fig. 9). The



Fig. 10. A 38-year-old man status post head-on car versus snowplow accident with middle colic artery laceration. High-attenuation, active extravasation (*arrow*) with surrounding unopacified blood (*arrowheads*).

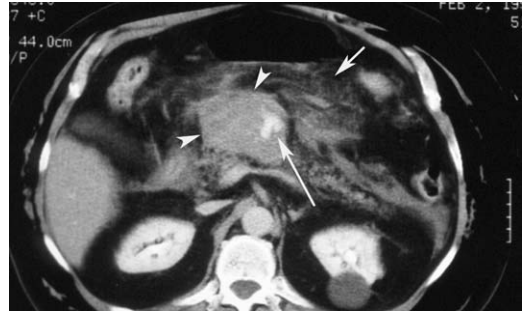


Fig. 11. Mesenteric branch tear in 65-year-old status post motor vehicle accident. High-attenuation extravasation (*long arrow*) surrounded by unopacified blood (*arrowheads*) and mesenteric stranding (*short arrow*).

algorithm outlined by Hughes and Elton [8] and endorsed by others [47] uses DPL to investigate this finding further when the diagnosis remains uncertain.

High-attenuation fluid (> 150 HU) results from escape of OC through a bowel perforation, leak of contrast from an intraperitoneal bladder rupture during CT cystography, or extravasation of intravenous contrast media from active arterial hemorrhage [18]. Hemorrhage is manifest as a blush of increased attenuation that is similar in density to enhanced arteries on the same image. This allows definitive diagnosis of mesenteric vascular injury. The extravasated contrast is often surrounded by a larger area of unopacified clotted blood (Figs. 10,11).

Retroperitoneal fluid

Sources of retroperitoneal fluid include hemorrhage, bowel perforation, renal injury, and pancreatic

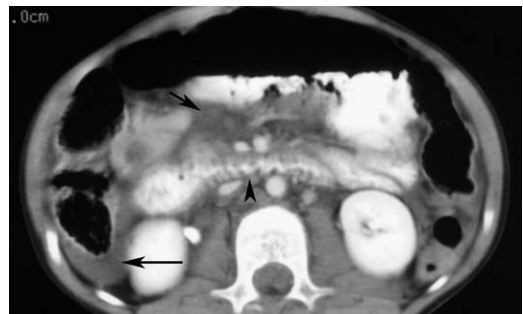


Fig. 12. A 40-year-old man with duodenal hematoma. Thick folds in third portion duodenum (*arrowhead*). Small amount of mesenteric (*short arrow*) and intraperitoneal fluid (*long arrow*).

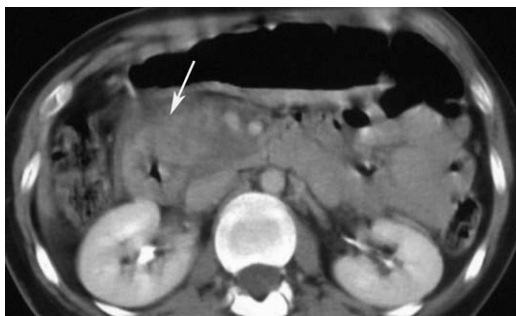


Fig. 13. A 36-year-old woman with pancreatic and duodenal contusion without perforation. Thick-walled duodenum (*arrow*) with blood adjacent to bowel and in mesentery. No free air is seen. Pancreas appeared normal on other images (not shown).

cobiliary laceration. Injuries of the duodenum leading to hematoma or perforation most commonly involve the second (descending) and third (horizontal) segments [40]. The distinction between hematoma and perforation is important because the latter represents a surgical emergency with as high as a 65% mortality rate in the setting of delayed diagnosis [48,49]. Intramural hematoma is seen on CT as diffuse fold thickening or as a high-attenuation mass with narrowing or obstruction of the duodenal lumen. Extraluminal fluid itself cannot be used to differentiate hematoma from perforation (Figs. 12, 13) [42]. Small amounts of fluid may make perforation less likely. In general, when larger amounts of fluid are present duodenal perforation should be suspected [40]. The fluid tends to accumulate in a periduodenal location or in the right anterior pararenal space (Fig. 14) [48]. It can also track caudally along the ascending colon

[49]. Pancreatic or biliary injuries may also occur in up to 25% of patients with duodenal injuries and should be considered along with duodenal injury when fluid is present in the retroperitoneum (see Fig. 8) [49].

Bowel wall enhancement

The definition of bowel wall enhancement is attenuation greater than that of the psoas muscle or equal to that of adjacent blood vessels. The observation is often based on empiric assessment [41]. The most striking example was originally described as a diffuse bowel abnormality in young children, particularly those 2 years of age or younger. They presented with severe hemodynamic derangement and most ultimately died of their injuries [50,51]. This enhancement pattern was part of a hypoperfusion complex that included CT findings of diminished aorta and inferior vena cava caliber; intense contrast enhancement of the renal parenchyma; and dilated, thick-walled, fluid-filled small bowel loops. Free fluid also is often present.

Adults can also show diffuse bowel wall enhancement and other signs of hypoperfusion complex, but this does not predict the same potential for fatal outcome seen in the pediatric population (Fig. 15). It has been termed “shock bowel,” which also is indicative of the improved clinical course that results from volume resuscitation [52]. The enhancement is related to increased permeability of bowel wall caused by ischemia that leads to wall thickening and increased attenuation from interstitial leak of intravenous contrast material [52].

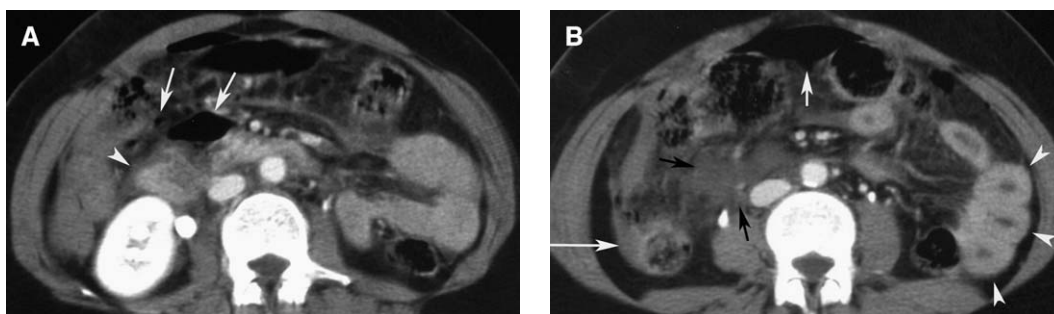


Fig. 14. A 46-year-old woman with second portion duodenum transection and right colon perforation. (A) Irregular, thick duodenal wall with adjacent extraluminal fluid (*arrowhead*) and air (*short arrows*). (B) Intraperitoneal air (*short white arrow*), periduodenal fluid (*short black arrow*), and gutter fluid (*long arrow*) from the colon perforation and thick-walled small bowel (*arrowheads*) are visible. The small bowel was normal at surgery.



Fig. 15. A 23-year-old man with shock bowel from left femoral head posterior dislocation and acetabular fracture causing hemorrhage. There were no abdominal injuries but severe hypotension and cardiac arrest. He survived after fluid resuscitation. Thick-walled small bowel with enhancement of valvulae conniventes (*white arrowheads*), collapsed inferior vena cava (*long white arrow*), mesenteric fluid (*black arrowhead*), and normal colon (*short black arrow*).

In children and adults the findings are caused by hypoperfusion and not necessarily bowel injury. If bowel or mesenteric damage is present, however, it can contribute to hypotension. Bowel wall thickening of the hypoperfusion complex makes it difficult to make the diagnosis of bowel injury unless other signs, such as free air, are present. Separating those patients with traumatic bowel injury from those with signs of shock bowel on CT becomes important for clinical management of adults because the latter finding alone is not an indication for laparotomy [16]. The authors have not seen classic shock bowel with associated bowel injury at their institution, but did have a situation where there was a more localized region of enhancing, dilated bowel distal to an injured segment (see Fig. 1C).

Performance of CT signs of SBMI

Assessment of the efficacy of CT for SBMI is difficult. These are uncommon injuries and may be present along with other causes of positive CT scans, such as liver laceration. The diagnostic findings of extraluminal OC, free intraperitoneal air, and active hemorrhage are uncommon. Many early studies published on the subject of SBMI were limited by these issues and were based on data from slow, older, nonhelical scanners. These diagnostic impediments have led a recent surgical trauma text to question the role of CT in detecting bowel injury [16]. Recent work using faster helical CT and standardized protocols, however, is more indicative of the role this modality plays in evaluating for SBMI [36,45].

In a retrospective study using trauma radiologists as readers, an accuracy of 86%, a sensitivity of 94%, and a positive predictive value of 92% were achieved for bowel injury [36]. Clinical efficacy also was explored by this group by looking at the ability of CT to predict the need for laparotomy versus simply identifying injury in these patients (ie, those with bowel perforation). Extraluminal air, OC, or free fluid seen on greater than three consecutive CT sections without solid organ injury were used as surgical indicators. Sensitivity of 92%, specificity of 97%, accuracy of 86%, with positive and negative predictive values of 96% was reported. Given the relatively nonspecific finding of free fluid the quantification of greater than three contiguous sections as significant is a helpful observation.

This same report evaluated mesenteric injury as a separate category using typical signs for this injury of mesenteric infiltration or hematoma, active extravasation of vascular contrast, or signs of bowel injury [36]. The sensitivity of 99%, accuracy of 96%, and positive predictive value of 97% point out the value of CT. Predicting the need for surgical therapy was less successful than for bowel injury. Using active extravasation and combined mesenteric hematoma and bowel wall thickening resulted in a sensitivity of 37%, accuracy of 96%, and positive predictive value of 83%.

A study that more likely mirrors actual experience was done by Malhotra et al [45]. They evaluated prospective interpretations by both daytime staff trauma radiologists and overnight on-call residents. SBMI were considered together rather than separately in statistical evaluation and free fluid was not quantified. Sensitivity of 88%, accuracy of 99%, positive predictive value of 53%, and negative predictive value of 99% were reported. The significant finding in this paper was the observation that there was a statistically significant increase in likelihood of injury with an increase in number of findings. This led the authors to suggest a treatment algorithm whereby patients with a single finding should be observed, whereas those with more than one finding suspicious for SBMI should go to laparotomy. An improved true positive rate of 83% results from use of that algorithm.

Summary

Helical CT now allows rapid acquisition of sections through the abdomen and pelvis with optimal vascular opacification and minimal motion artifact. Oral contrast may aid in the identification of subtle

bowel and mesenteric injuries and does not have any significant deleterious effects. CT findings of extraluminal enteric contrast, active hemorrhage, or free intraperitoneal-retroperitoneal air allow accurate diagnosis of SBMI in the setting of blunt abdominal trauma. Mesenteric hematoma in association with bowel wall thickening or the presence of significant amounts of free fluid without solid organ injury is highly suspicious for SBMI requiring laparotomy. CT alone or in concert with DPL and physical examination is a valuable tool in the timely diagnosis and treatment of bowel and mesenteric injury caused by blunt trauma.

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Spontaneous intraperitoneal hemorrhage: imaging features

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Intraperitoneal hemorrhage may result from known conditions, such as bleeding diathesis or blunt abdominal trauma, or may be idiopathic, unrelated to known causes. The latter condition may result from several incidentally discovered etiologies, including rupture of a vascular neoplasm, hemorrhagic cyst, or ectopic pregnancy; perforation of a duodenal ulcer or other gastrointestinal pathologies; and inflammatory erosive processes, such as pancreatitis with subsequent pseudocyst or pseudoaneurysm formation.

The clinical presentation of spontaneous abdominal hemorrhage, although variable, frequently consists of sudden abdominal pain and distention associated with an acute drop in hematocrit. Other less common signs include hypovolemic shock and discoloration around the umbilicus and flanks [1]. Signs and symptoms of abdominal hemorrhage may be equivocal, however, and hematocrit levels obtained acutely may not reflect its diagnosis [2]. Blood is only a minor peritoneal irritant and the intensity of abdominal pain is usually related to the rapidity and volume of extravasation [3]. Nevertheless, clinical signs obtained during physical examination also may be independent from the severity and initiation of the intraperitoneal hemorrhage. For example, subcutaneous hemorrhagic infiltration of the periumbilical area (Cullen's sign) can appear with a variable delay after intra-abdominal hemorrhage [4]. Imaging plays a pivotal role in the diagnosis and assessment of this potentially lethal entity.

Intraperitoneal bleeding: general imaging features

Detection and localization of the source of acute intra-abdominal hemorrhage is one of the major challenges in the early diagnostic work-up of acute intraperitoneal bleeding, because it is very helpful to provide hemostasis accomplished by means of transarterial embolization or surgery as soon as possible. CT has been shown to be an effective method for detecting abdominal hemorrhage [5,6], with the diagnosis being based on the high-attenuation value of the peritoneal fluid. In the past, with dynamic incremental scanning, the diagnosis of active hemorrhage resulting from visceral organs often depended on indirect signs rather than direct visualization of extravasation of contrast material [7]. More recently, technologic development has led to the introduction of helical CT, which has been shown to be able to detect even small amounts of contrast material in the peritoneal cavity and to show vascular injuries. A second acquisition may be obtained after a short delay to investigate the distribution of extravasated contrast material. The ability to detect active bleeding with helical CT may be considered a major diagnostic improvement, because it enables a more focused therapeutic approach with either radiologic transcatheter embolization or trauma surgery [8,9]. Recently, with the advent of multidetector-row CT scanners, CT is undergoing further improvement, especially for the evaluation of vascular disease, and subsequently in the evaluation of hemorrhagic complications leading to intraperitoneal bleeding.

The CT appearance of intraperitoneal hemorrhage depends on the location, age, and extent of the bleeding. Immediately after hemorrhage, intraperitoneal

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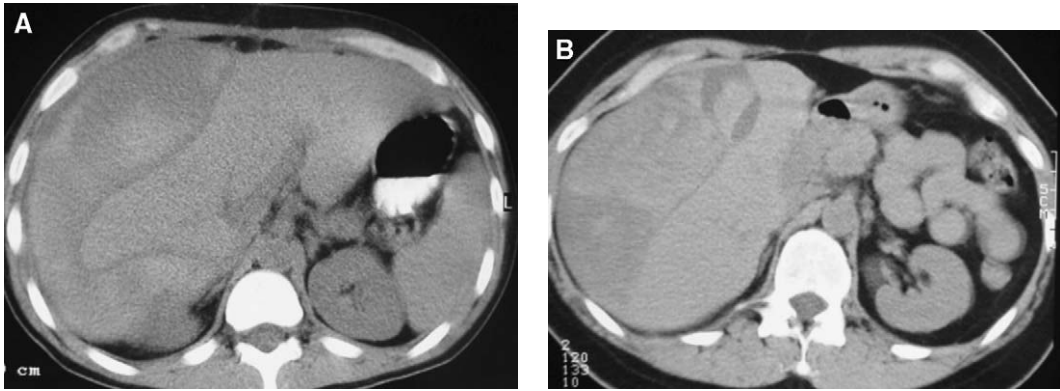


Fig. 1. Axial unenhanced CT images in a patient with spontaneous intraperitoneal bleeding. (A) Image obtained at the level of the liver shows increased attenuation of the peritoneal fluid consistent with blood. It appears heterogeneous with nodular areas of high attenuation because of clot formation. (B) Image obtained at a lower level again shows the focal areas of clot that are higher attenuation than the free intraperitoneal fluid.

blood has the same attenuation as circulating blood. Within hours, however, the attenuation increases, as hemoglobin is concentrated during clot formation (Fig. 1) [10,11]. In most cases, the attenuation begins to decrease within several days as clot lysis takes place [12]. The attenuation value decreases steadily with time and often approaches that of water (0 to 20 HU) after 2 to 4 weeks [13]. During the hyperacute phase, the attenuation value of intraperitoneal blood ranges from 20 to 90 HU [6,14]. In one large study, all patients with hemoperitoneum less than 48 hours old had fluid collections containing areas of attenuation greater than 30 HU [6]. The morphologic characteristics of recent intraperitoneal hemorrhage are variable. It is important to consider that acute hemoperitoneum can have attenuation values of less than 20 HU [15]. The fluid collections may be homogeneously hypodense or may

be heterogeneous with nodular or linear areas of high attenuation surrounded by lower-attenuation fluid. This heterogeneity results from irregular clot resorption or intermittent bleeding [16]. In most cases, intraperitoneal blood contains focal areas of clot that are higher in attenuation than free intraperitoneal blood. These localized clots are helpful in determining the bleeding site, because they usually form adjacent to the organ from which the hemorrhage originated [6]. Occasionally, fresh blood within the peritoneal space may show a hematocrit effect with sedimented erythrocytes producing a dependent layer of high attenuation (Fig. 2). The most common site of blood accumulation on CT scans is Morison's pouch, followed by the right paracolic gutter. With extensive hemorrhage, large collections of blood may fill the pelvis with little blood in upper abdominal sites. It is

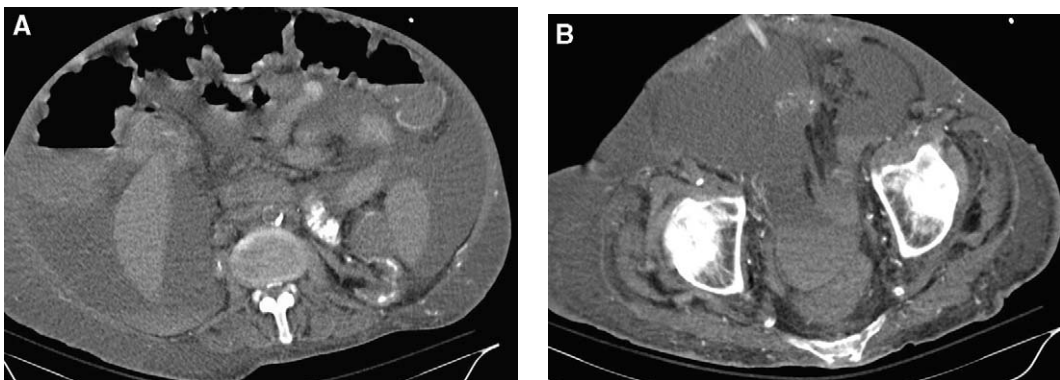


Fig. 2. Axial contrast-enhanced CT images in a patient with spontaneous intraperitoneal bleeding. (A) Image obtained at the level of the liver shows fresh blood within the peritoneal space producing a dependent layer of high attenuation (hematocrit effect). (B) Image obtained at the level of the pelvis again shows the hematocrit effect indicating fresh hemorrhage.

important to include the pelvis in any CT examination performed for suspected intra-abdominal hemorrhage [6]. Before beginning the examination, adequate oral contrast material should be administered to opacify all abdominal and pelvic bowel loops. If a CT examination without intravenous contrast material has been obtained, viewing the images with a narrow window width is helpful to accentuate the density difference between fresh blood and adjacent soft tissues. In most cases, however, an unenhanced CT examination is unnecessary and one can begin the study with intravenous contrast material administered as a bolus. The contrast enhancement helps to demonstrate abnormality within solid abdominal organs and makes intraperitoneal fluid collections more apparent by increasing the density of surrounding tissues. Extravasation of intravenous contrast material, resulting in an

area of fluid whose attenuation is higher than the remainder of the acute hemoperitoneum, is an indicator of significant active bleeding [17].

Although CT is considered the method of choice to diagnose hemorrhage in the upper peritoneal cavity [6], ultrasound (US) has become the modality of choice in evaluating patients for ectopic pregnancy and for detecting hemorrhage in the pelvis. Usually, transvaginal US is favored over transabdominal scanning in these patients [18,19]. Although US is insensitive in detecting injury in solid organs, in these patients it has demonstrated a relatively high sensitivity in detecting free fluid within the lower abdomen. Many different protocols have been used; most include evaluation of perihepatic and perisplenic areas, scans of both paracolic gutters, and the pelvis. Free fluid within the pelvis may be missed if there is no good acoustic

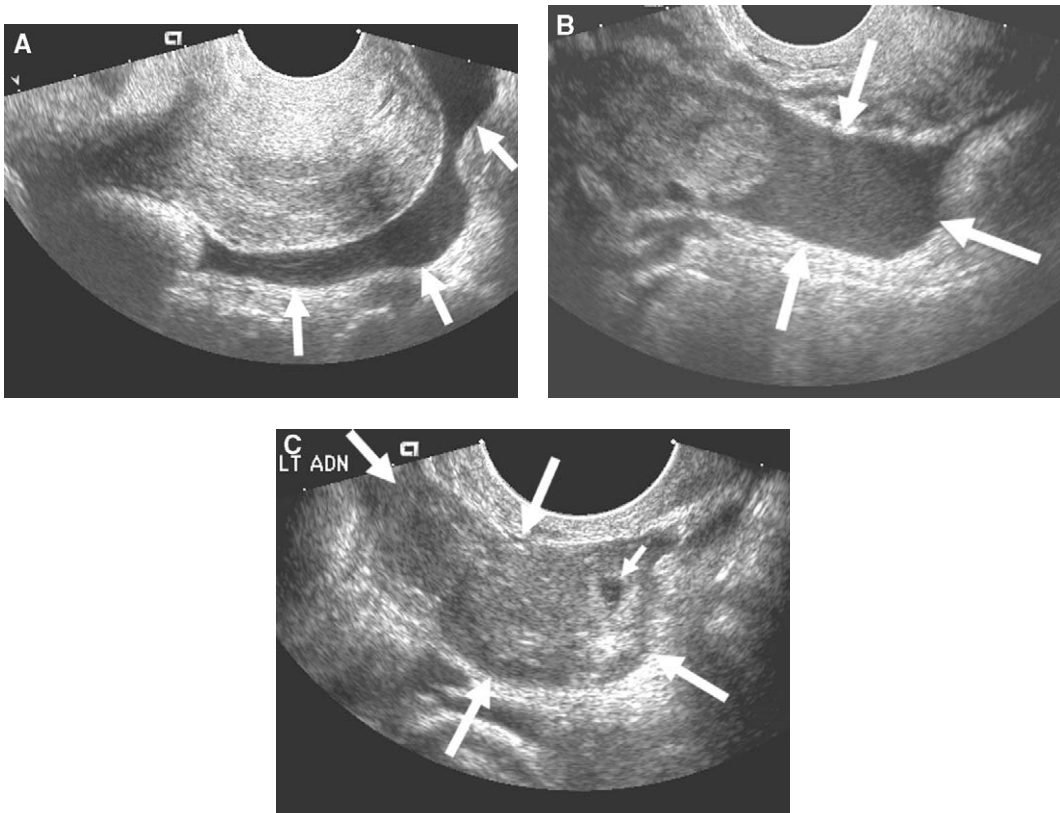


Fig. 3. Transvaginal ultrasound images of a tubal pregnancy with hemoperitoneum. (A) Sagittal view shows the cervix with a small amount of fluid (arrows) in the cul-de-sac. Low-level internal echoes are present within the fluid. The amount of fluid shown on this image is small, but is slightly more than is typically seen as a normal finding. (B) Image of the right adnexa shows more free fluid (arrows) with internal echoes, consistent with hemoperitoneum. (C) A heterogeneous adnexal mass (long arrows) was seen separate from the ovary (not shown). This represented a hematosalpinx, within which there was a small gestational sac (short arrow) with a yolk sac.

window, and fluid in the bladder is needed only if transabdominal transducers are used. The sonographic appearance of acute intraperitoneal hemorrhage usually is that of hypoechoic fluid (Fig. 3) [20,21]. There may be mixed echoes in this hypoechoic fluid, isolated echogenic clots, or fluid-fluid interfaces [22]. As clot formation occurs, the US appearance may vary, although the clot is usually hypoechoic compared with solid organs.

MR imaging also can be used to demonstrate intraperitoneal hemorrhage. Many patients referred for suspected intra-abdominal hemorrhage are unstable, however, and require monitoring and supportive equipment, making MR imaging less practical. A hematoma less than 48 hours old may have nonspecific signal intensity features [23]. Intra-abdominal hematoma older than 3 weeks typically has a specific appearance referred to as the “concentric ring” sign, in which a thin peripheral rim, dark on all sequences,

surrounds a bright inner ring, most distinctive on T1-weighted images [24]. MR imaging can readily distinguish blood from ascites. Acute blood, in the form of deoxyhemoglobin, is low in signal intensity on T2-weighted images. Conversely, subacute blood, in the form of extracellular methemoglobin, has high signal intensity on T1- and T2-weighted images (Fig. 4). The use of fat-suppression techniques accentuates this finding. Hematomas also may demonstrate heterogeneity related to hemoglobin breakdown products admixed with blood. Not infrequently, a high signal intensity rim surrounding a low signal intensity center is seen with subacute hematomas on T1- and T2-weighted images. These imaging characteristics represent extracellular methemoglobin characterizing the retracting clot [24]. As hematomas age, a low signal intensity rim develops around the hematoma on both T1- and T2-weighted sequences. This rim corresponds to hemosiderin or fibrosis.

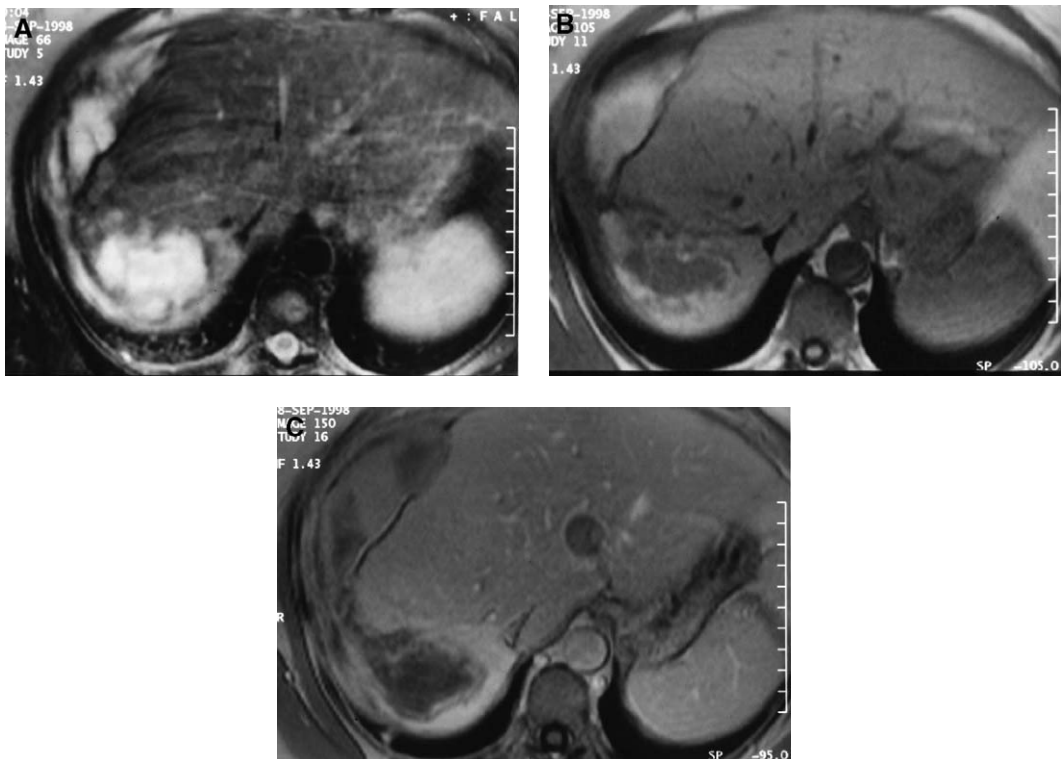


Fig. 4. Axial MR images of a patient with spontaneous intraperitoneal bleeding caused by a ruptured hepatocellular adenoma. (A) T2-weighted image obtained at the level of the liver shows the presence of a hyperintense mass in segment 7 of the liver with associated hyperintense fluid in the peritoneal space. (B) T1-weighted image obtained at the same level shows a hypointense mass with hyperintense peritoneal fluid. The latter is caused by the presence of extracellular methemoglobin indicating subacute hemorrhage. (C) Gadolinium-enhanced T1-weighted image obtained at the same level shows enhancement of the liver mass consistent with a hepatocellular adenoma.

Spontaneous bleeding caused by hepatic conditions

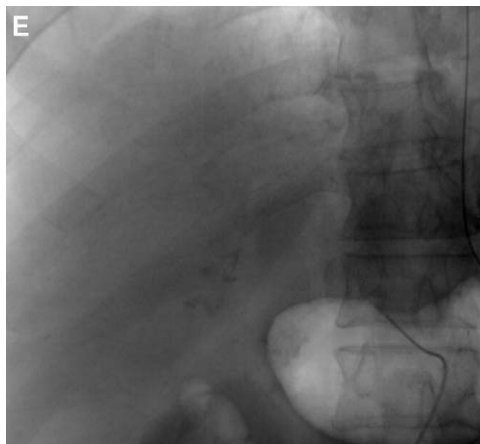
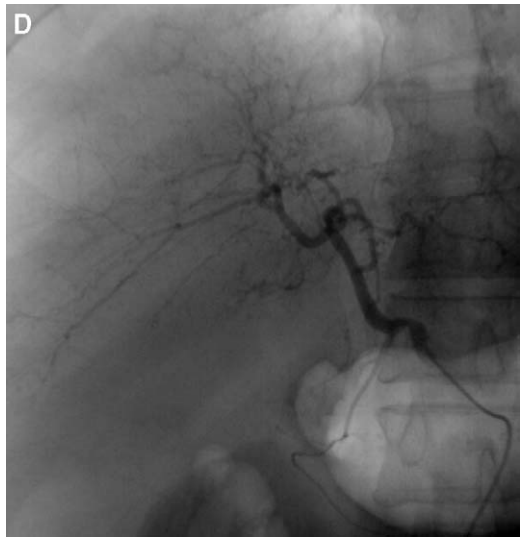
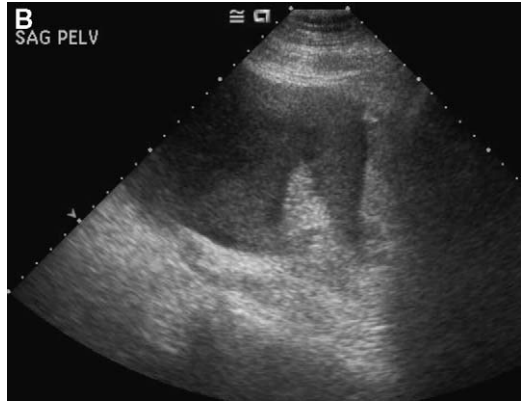
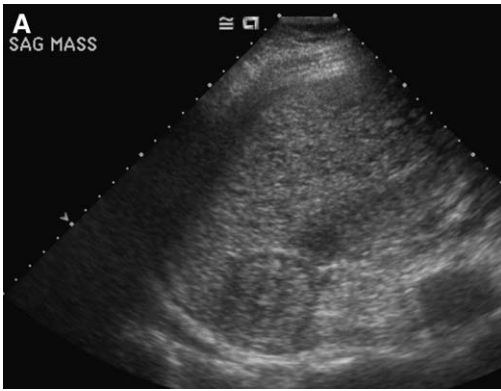
If there is no history of trauma or anticoagulant therapy, spontaneous hepatic bleeding is rare [25]. The most common cause of nontraumatic hepatic hemorrhage is a hypervascular neoplasm, such as hepatocellular carcinoma (HCC) or hepatocellular adenoma (HCA). Other lesions that sporadically can result in intraperitoneal bleeding include focal nodular hyperplasia, hemangioma, metastases, and more rarely HELLP syndrome (*hemolysis, elevated liver enzymes, and low platelet count*), amyloidosis, and cirrhosis with portal hypertension. Other exceedingly rare causes of spontaneous hepatic bleed include peliosis hepatis; angiomyolipoma of the liver; nodular regenerative hyperplasia; connective tissue diseases, such as polyarteritis nodosa and systemic lupus erythematosus; infectious diseases, such as typhoid fever; and parasitic diseases, such as malaria [26,27].

Hepatocellular carcinoma

Hepatocellular carcinoma is the most common solid organ primary malignancy worldwide and most often develops in the setting of chronic hepatic inflammation or cirrhosis [28]. In areas of Asia and Africa, where the prevalence of this cancer is high, rupture is reported to occur in 6.9% to 14% of cases and represents the most common cause of nontraumatic acute hemoperitoneum in male patients; however, ruptured HCC is relatively uncommon in Europe and America [29,30]. The reason for this discrepancy is unclear, but it could be related to the size of the tumor at diagnosis. From 65% to 80% of patients with HCC have established cirrhosis [31], and this association is even higher, ranging from 81% to 93% [13], in patients with ruptured HCC. Clinical diagnosis of ruptured HCC may be difficult because there are no specific symptoms [32]. HCC encompasses a wide spectrum, from relatively minor intrahepatic bleeding, to subcapsular hemorrhage and ultimately rupture through the hepatic capsule into the peritoneum. Subcapsular hepatic bleeding may be revealed by sudden onset of epigastric or right hypochondrial pain because of acute distention of Glisson's capsule. Hepatic rupture may be heralded by hypotension and rapid organ enlargement. Shock is present in 60% to 90% of cases at admission, and 60% to 100% of them have signs of peritonitis [33]. Blood-stained ascites coexists in almost all cases [34]. The mechanisms of spontaneous rupture of HCC are not completely established, although some theories have been proposed, such as (1) rupture of a parasitic artery or vein (eg, inferior

phrenic vessel, feeding or draining the tumor) [35]; (2) laceration of a superficial HCC secondary to minor trauma, either from outside the body or from the lesion itself as a result of repeated respiratory movement [36]; (3) vascular invasion with rupture when hepatic vein occlusion is complete [36,37]; (4) tumor necrosis [3]; and (5) portal hypertension caused by associated cirrhosis [3]. Rupture can be predicted in patients with large HCC located in the periphery of the liver, and devoid of overlying normal parenchyma [35]. In patients with cirrhosis, the diagnosis of hemorrhagic HCC is suggested when a hyperechoic mass is seen at US; when a hyperattenuating mass is detected at CT; or when a mass with high signal intensity areas is detected in T1-weighted MR imaging [14,38,39]. It should be considered, however, that only one-third of HCCs have increased signal intensity on T1-weighted images, and this appearance may also be caused by steatosis, intracellular glycogen, or copper deposition [39]. Also, the signal intensity of blood may be increased or decreased depending on the time the hemorrhage is imaged. The high attenuation of acute hematomas is most obvious at unenhanced CT. CT is an effective method of diagnosing hepatic hemorrhage and can often indicate the underlying cause. During the acute stage (24 to 72 hours), the hematoma is hyperattenuating, but it decreases in attenuation and develops a pseudocapsule by 10 to 30 days [14]. A subcapsular hematoma or hemoperitoneum appears as high-attenuation peritoneal fluid around the liver and spleen, sometimes with layering of the clot (hematocrit effect) (Fig. 5). In the presence of major active bleeding, dynamic CT scan can show extravasation of contrast material [40]. Angiography is not required as an additional diagnostic procedure; its sensitivity in detecting HCC is high, but it fails reliably to document active bleeding from a ruptured HCC, showing extravasation of the contrast material from the tumor in only 13% [41] to 23.5% [42] of cases. Another more rarely used diagnostic modality is radionuclide imaging with Tc 99m-labeled red blood cells [43].

Spontaneous rupture of HCC constitutes a critical and life-threatening condition. An aggressive surgical approach, although advocated by several authors, cannot be performed because many patients are poor surgical candidates as a result of underlying cirrhosis and extensive tumor replacement, carrying a high risk of morbidity and mortality [42]. The mortality rate for one-stage hepatic lobectomy, which is often performed under hurried and unfavorable conditions, has been as high as 75% [44]. Embolization therapy is usually attempted as the most effective method of overcoming life-threatening bleeding from a ruptured HCC [42].



Hepatocellular adenoma

Hepatocellular adenoma is a rare, benign liver neoplasm strongly associated with oral contraceptive use and estrogen steroid therapy [45]. HCA is commonly discovered in women of childbearing age who have a history of prolonged use of oral contraceptives [45]. It also can occur spontaneously or be associated with underlying metabolic diseases, such as type 1 glycogen storage disease [46]. Identification of hepatic adenomas is important because of the associated risk of life-threatening hemorrhage [47]. It has the propensity to outgrow its arterial vascular supply, resulting in hemorrhage, necrosis, and occasionally rupture. Withdrawal of estrogen medication may result in the regression of the tumor, although regression may require a period of several months [48].

Hepatic adenomas are reported to be solitary in 70% of cases, but it is not unusual to encounter two or three adenomas in one patient, particularly at multiphasic CT or MR imaging [49,50]. Large adenomas are more prone to spontaneous hemorrhage [51]. The propensity to hemorrhage reflects the histologic characteristics of HCA, which consist of large plates or cords of cells closely resembling normal hepatocytes, with the plates separated by dilated sinusoids. These sinusoids are equivalent to thin-walled capillaries perfused at arterial pressure because adenomas lack portal supply. The extensive sinusoids and feeding arteries constitute the hypervascular nature of HCA. Because the tumor capsule is usually incomplete, hemorrhage may spread into the liver or abdominal cavity (Fig. 6) [52]. Hemorrhage can result in increased echogenicity and heterogeneity at US, and older areas of hemorrhage may appear as hypoechoic or cystic areas (Fig. 7). On CT, hyperattenuating areas corresponding to recent hemorrhage can be noted in 25% of HCAs (Fig. 8) [53]. Old hemorrhage is seen as a heterogeneous, hypoattenuating area within the tumor. On MR imaging, using T1- and T2-weighted images, HCA may appear heterogeneous and hyperintense because of hemorrhage (Fig. 9). The treatment of choice of HCA is resection with a margin of normal liver parenchyma [54].

Focal nodular hyperplasia

Focal nodular hyperplasia is a benign, tumorlike condition that is predominantly diagnosed (80% to 90%) in women during the third to fifth decade of life, although it has been described in women in other age groups and in men [55]. It is the second most common benign liver tumor, after hemangioma. Focal nodular hyperplasia is usually discovered incidentally in asymptomatic patients, but in one third of patients there are clinical symptoms, such as right upper quadrant or epigastric pain, that lead to its discovery. To date, the origin and pathogenesis are still unclear: a congenital vascular malformation or vascular injury has been advocated as the underlying mechanism for secondary hepatocellular hyperplasia [56]. Although oral contraceptive use has been linked to the growth of focal nodular hyperplasia, its real influence is still controversial [46]. A recent study showed that neither the size, number, nor growth rate is influenced by oral contraceptives [57]. Typically, the growth of focal nodular hyperplasia remains proportional to its blood supply, and necrosis or spontaneous rupture and subsequent bleeding are rarely reported [25,46]. Rupture may occur in patients with focal nodular hyperplasia, however, and should be suspected when sudden abdominal pain develops in a young or middle-aged woman [58]. It has been hypothesized that intraperitoneal hemorrhage may occur from erosion of the large vessels present at the periphery or in the central scar [59]. Imaging modalities may detect a subcapsular, heterogeneous fluid collection with hyperechoic or hyperattenuating components at US and CT, respectively [25].

Hemangiomas

Hemangioma is the most common benign hepatic tumor [46] and is found in up to 20% of the population in autopsy series [25]. They are more common in women than in men (ratio 5:1) and can be seen in any age group [60]. Although usually asymptomatic, they can rarely be associated with pain, nausea, or vomiting as a result of extrinsic compression of

Fig. 5. Patient with spontaneous intraperitoneal bleeding caused by hepatocellular carcinoma. (A) Axial ultrasound image obtained at the level of the liver shows a well-defined heterogeneous mass in the right lobe of the liver. (B) Sagittal ultrasound image obtained at the level of the pelvis shows free fluid with internal echoes, consistent with hemoperitoneum. (C) Unenhanced CT image obtained at the level of the liver shows the mass in the right liver lobe and hemoperitoneum. (D, E) Digital subtraction angiography (selective hepatic artery) images show abnormal feeding vessels originating from the right hepatic artery and active contrast extravasation. (Ultrasound images courtesy of Donald DiSalvo, MD, Boston, MA.)

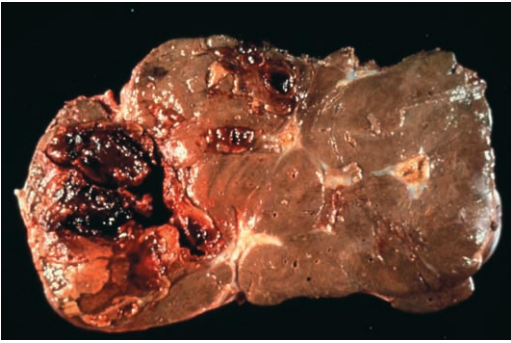


Fig. 6. Gross pathology of a resected ruptured hepatocellular adenoma. Macrophotograph shows a hemorrhagic liver mass bordered by an incomplete capsule.

adjacent structures, rupture, hemorrhage, or thrombosis (Fig. 10) [46,61,62]. Estrogen may cause growth of hepatic hemangiomas, and there are a few reports focusing on the effect of pregnancy with its increased estrogen levels on these lesions [63]. The course of asymptomatic, small, single lesions seems to be

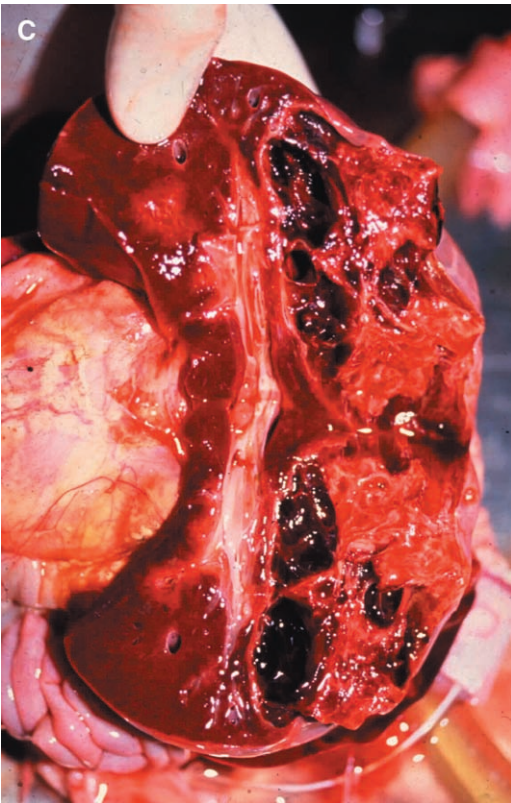


Fig. 10. (C) Gross pathology image obtained after resection shows the ruptured hemangioma.

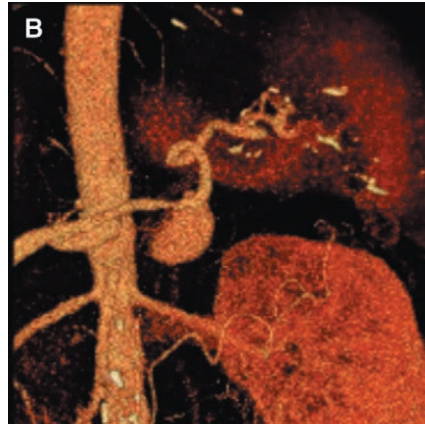


Fig. 14. (B) Volume-rendered three-dimensional image illustrates the pseudoaneurysm.

without significant complications during pregnancy. The association of hemangioma with systemic cystic angiomas and consumptive coagulopathy with thrombocytopenia, however, has also been reported in pregnancy [64]. Indeed, in pregnancy, hemangiomas have a higher risk of rupture and severe hemorrhage, because of an increase in intravascular volume and intra-abdominal pressure caused by an enlarged uterus. A history of underlying chronic hypertension, preeclampsia, HELLP syndrome, or cocaine abuse may contribute to the increased risk. It must be emphasized that symptoms of impending eclampsia may further confound and challenge the diagnostic process [65]. In patients with known hemangioma, the diagnosis of internal hemorrhage is suggested if the lesion enlarges and shows increased echogenicity by US, increased attenuation by CT, or areas of high signal intensity by T1-weighted MR images [63,66]. Subcapsular hematoma and hemoperitoneum may be associated [25]. Hepatic artery ligation has been suggested as a means of treating ruptured hemangioma. The procedure of choice, however, is subsegmental angiographic embolization [63].

Metastasis

Spontaneous rupture of metastases, although rare, usually results in massive hemoperitoneum, which is life-threatening [34]. There have been reported cases of spontaneous rupture of hepatic metastasis from primary sites including lung [67], kidney [68], colon [69], pancreas [69], gallbladder [69], testicle [70], melanoma [71], and choriocarcinoma [72]. Hepatic metastases from lung and renal carcinomas and melanoma, however, are the most frequent types to cause bleeding [25]. Many contributing factors have been suggested

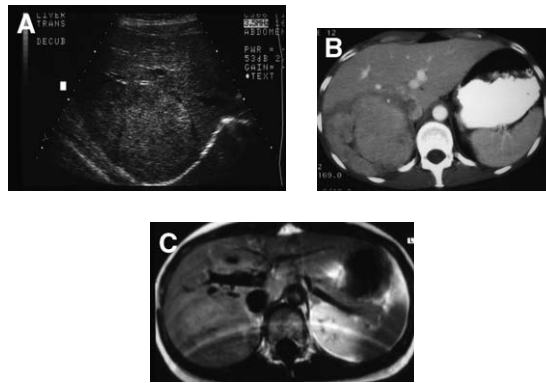


Fig. 7. Ultrasound, CT, and MR images in a patient with hemorrhagic hepatocellular adenoma. (A) Ultrasound image obtained at the level of the liver (segment 7) shows increased echogenicity of the liver mass caused by internal hemorrhage. (B) Contrast-enhanced CT image obtained at the same level shows the focal areas of pericapsular bleeding. (C) T1-weighted MR image shows the hyperintense appearance of the mass caused by the presence of methemoglobin.

and awareness of these factors, some of which are preventable, could conceivably reduce the risk of this complication. Such factors include tumor necrosis, associated or not with chemotherapy; increased abdominal pressure caused by straining, coughing, or forceful abdominal palpation; subcapsular location; local venous congestion resulting from tumor obstruction; and reduced clotting factors [67–69]. At imaging, the diagnosis of hemorrhagic metastasis is suggested if blood is identified in one or more liver lesions in a patient with known hepatic metastases or primary neoplasia elsewhere (Fig. 11) [25]. Treatment of this type of hemoperitoneum depends on the size of the metastasis, its location, and the rate of bleeding. Treatment of hemoperitoneum in patients with metastatic disease is palliative, however, with the goal to control the hemorrhage quickly and effectively [73].

Miscellaneous hepatic conditions

HELLP syndrome

HELLP syndrome was first described by Weinstein [74] in 1982. The small subset of preeclamptic or eclamptic women presenting with findings of hemolysis, elevated liver enzymes, and low platelet count is the cohort of findings known as the “HELLP syndrome.” This serious obstetric condition, which occurs either before or immediately after birth, may progress rapidly with complications, such as disseminated intravascular coagulation, hepatic necrosis, and hemorrhagic infarction [74,75]. Early in the clinical course, US is frequently used to exclude gallbladder disease as a cause of right upper quadrant pain. Hematomas (subcapsular and intrahepatic) can be detected with US [76]. CT, however, is the modality of

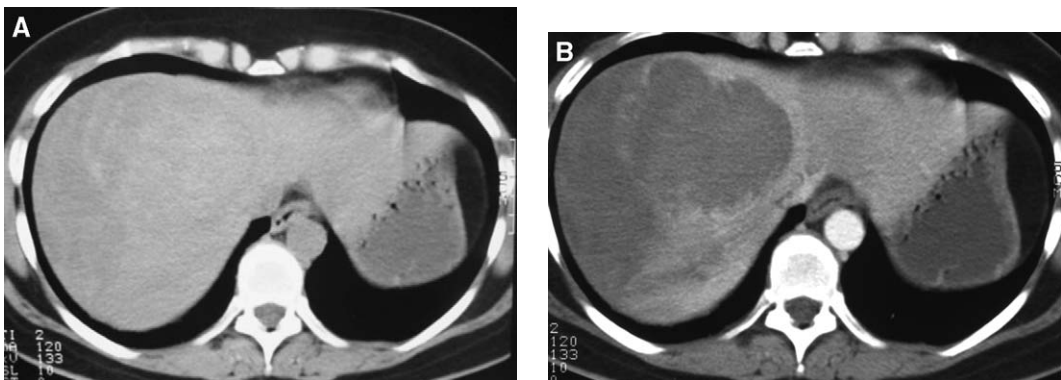


Fig. 8. Axial CT images in a patient with spontaneous intraperitoneal bleeding caused by a ruptured hepatocellular adenoma. (A) Unenhanced CT image obtained at the level of the liver (segment 8) shows fresh blood within the peritoneal space and the presence of a mass in the dome of the liver. (B) Contrast-enhanced CT image obtained at the same level shows heterogeneous enhancement of the mass bordering the intraperitoneal hemorrhage.



Fig. 9. Axial CT images in a patient with spontaneous intraperitoneal bleeding caused by a ruptured hepatocellular adenoma. Delayed-phase contrast-enhanced CT image at the level of the liver (segment 4) shows the presence of a large mass with presence of hemorrhage in the peritoneal space.

choice for HELLP syndrome because it is able to demonstrate subcapsular hematoma and hepatic rupture with intraperitoneal bleeding. Hepatic infarction can be seen at CT as low-attenuation wedge-shaped areas in the periphery of the liver without mass effect [76].

Amyloidosis

Amyloidosis is defined as extracellular deposition of the fibrous protein amyloid in one or more sites in the body. Organ enlargement, especially of the liver,

kidney, spleen, and heart, may be prominent. The liver is frequently involved in amyloidosis; however, hepatocellular rupture is extremely rare [77,78]. Hemoperitoneum or a subcapsular hematoma may be diagnosed with either US or CT.

Patients with cirrhosis and portal hypertension

Hemorrhagic ascites is encountered in only 5% of patients with cirrhosis [3]. Although in most of these cases it is detected incidentally, when present the hemoperitoneum is a poor prognostic sign. Usually it occurs from a ruptured HCC or intraperitoneal varices. In one third of patients, however, no specific cause is found [27]. Long-standing portal hypertension results in the development of extensive collateral circulation. Esophageal varices are the most familiar anatomic sites of hemorrhage [79]. Other sites of variceal bleeding, such as the small intestine, colon, rectum, and vaginal vault, are less common and usually result in intraluminal hemorrhage [80].

Spontaneous bleeding caused by splenic abnormalities

Splenic rupture

The spleen is an abdominal organ commonly involved in hematologic diseases. When rupture occurs

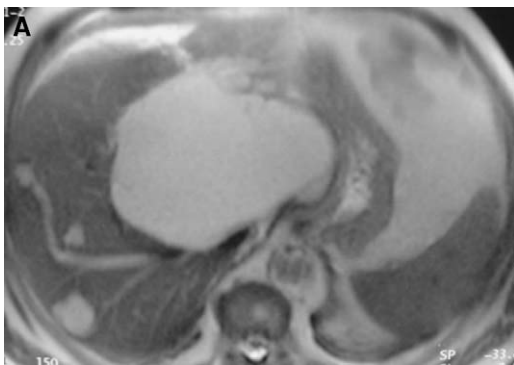


Fig. 10. MR and gross pathology images in a patient with a ruptured giant hemangioma. (A) T2-weighted MR image obtained at the level of the liver (segments 3 and 4) shows a giant hyperintense hemangioma and minimal hyperintense bleeding in the adjacent parenchyma. (B) Coronal gadolinium-enhanced T1-weighted image shows the characteristic incomplete peripheral nodular enhancement of a hemangioma. (See color Fig. 10C on page 1190.)



Fig. 11. Axial contrast-enhanced CT image in a patient with metastatic carcinoid shows fluid-fluid level within the hepatic metastases consistent with hemorrhagic necrosis.

without trauma in a spleen involved by disease, the term “pathologic splenic rupture” is used. Pathologic rupture can occur as a complication of infections, such as mononucleosis or malaria; of congenital diseases like cysts; and of metabolic diseases (Gaucher’s disease or amyloidosis). Rarely, it is a result of a complication of neoplastic processes diseases, such as hemangiomas, angiosarcoma, leukemia, or lymphoma (Fig. 12) [81]. Various diagnostic methods to detect pathologic splenic rupture have been reported. Although Canady et al [82] reported several signs suggestive of splenic rupture by plain abdominal films, both US and CT scan provide a diagnosis with much better sensitivity and specificity. With slow or subacute splenic rupture, liver-spleen scintigraphy has been reported to be of value [83].

Peliosis

Peliosis is a rare disease of unknown cause in which multiple blood-filled cavities are formed in the liver or spleen, and occasionally in other structures, such as lymph nodes and bone marrow [84,85]. The spleen is the site most commonly involved [86]. Peliosis should be differentiated from splenic tumors, particularly hemangioma, which demonstrate contrast pooling on angiograms and also may be complicated with intraperitoneal hemorrhage [87].

Spontaneous rupture of an accessory spleen

Accessory spleens have been reported to occur in 10% to 31% of individuals [88]. Complications, such as hemorrhage or rupture, are well recognized in the primary spleen, but have only rarely been reported in accessory spleens [89,90]. CT and US are the modalities of choice for imaging accessory spleen rupture.

Spontaneous bleeding caused by visceral artery abnormalities

Aneurysms of visceral vessels are an important cause of mortality because they are frequently misdiagnosed and detected only after rupture has occurred, requiring an emergency laparotomy. Nearly 3000 visceral artery aneurysms are reported in the literature, with splenic, renal, and hepatic artery accounting for 60%, 22%, and 10% of them, respectively [91]. The involvement of the mesenteric artery and its branches is less common (Fig. 13) [92]. Spontaneous rupture is the usual clinical presentation of splanchnic artery aneurysms and their presence should be considered during the surgical treatment of hemoperitoneum [91].

Spontaneous rupture occurs in 3% to 10% of patients with splenic artery aneurysm and is associated with a high rate of mortality, estimated around 36% [93]. The risk of rupture, and subsequent mortality, increases dramatically during pregnancy [94]. Regarding superior mesenteric artery aneurysms and pseudoaneurysms, risk of rupture is uncommon but it is also associated with a mortality rate of 30% [95]. Conversely, thrombosis is more frequent, and intra-



Fig. 12. Axial contrast-enhanced CT image in a patient with splenic hemangiomas shows multiple hypoattenuating lesions within the spleen.

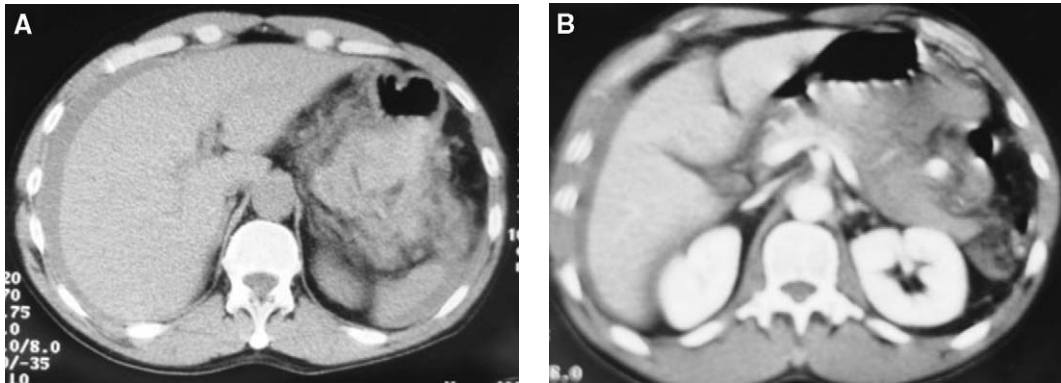


Fig. 13. Axial CT images in a patient with segmental mesenteric artery pseudoaneurysm. (A) Unenhanced CT image obtained at the level of the spleen shows hyperattenuating fluid within the lesser sac consistent with hemoperitoneum. (B) Contrast-enhanced CT image obtained at the level of the jejunal mesentery shows 1 cm pseudoaneurysm originating from a segmental jejunal artery.

peritoneal bleeding may result from intestinal infarction [96].

The classic description of splenic artery aneurysms on plain films is that of a crescentic calcification with a curvilinear line or “signet ring” in the left upper quadrant [97]. Although US color Doppler examination may diagnose an aneurysm or a pseudoaneurysm, CT angiography is considered a viable alternative to selective conventional angiography (Fig. 14). The latter is still considered as the gold standard in the evaluation of splanchnic aneurysms and pseudoaneurysms, offering the possibility to treat them percutaneously and prevent complications, such as thrombosis or rupture.

Spontaneous bleeding caused by other gastrointestinal abnormalities

Peptic ulcer bleeding

When gastric ulcer bleeding is present, abdominal intravenous contrast-enhanced CT without oral contrast medium administration has been reported to be capable to show the extravasation of intravenous contrast material into the gastric lumen [98]. It has been postulated that if radiopaque oral contrast material is given, bleeding can be missed. In addition, adequate gastric distention is essential for successful evaluation of gastric ulcers [99]. Because cases of



Fig. 14. Contrast-enhanced CT images and digital subtraction angiography image in a patient with splenic artery pseudoaneurysm. (A) Oblique contrast-enhanced CT image shows pseudoaneurysm arising from the splenic artery. (C) Digital subtraction angiography shows splenic artery pseudoaneurysm and its relation to surrounding vessels. (See color Fig. 14B on page 1190.)

peptic gastric ulcer perforation have been reported [100], this disease should be taken in consideration in the differential diagnosis of acute abdomen with intraperitoneal bleeding.

Pancreatitis

Hemorrhage is an infrequent complication of pancreatitis but it is associated with a high mortality rate that exceeds 50% [101,102]. It usually arises from pancreatitis-related vascular lesions. Pseudoaneurysms, splenic vein thrombosis with segmental portal hypertension, and splenic rupture are recognized vascular complications of pancreatitis that may lead to massive and fatal hemorrhage. Often they occur in association with pancreatic pseudocysts. Massive hemorrhage associated with chronic pancreatitis is very rare, although in some series the incidence was relatively high, ranging from 7% to 9.5% [103]. Development of an arterial pseudoaneurysm related to chronic pancreatitis may result from three mechanisms: (1) severe inflammation and enzymatic autodigestion of a pancreatic or peripancreatic artery; (2) an established pseudocyst may erode into a visceral artery, thereby converting the pseudocyst into a large pseudoaneurysm; and (3) a pseudocyst may erode the wall of the bowel with bleeding from the mucosal surface itself [103]. A pseudocyst may then rupture into the pancreatic ductal system causing hemorrhage into the bile duct and hemobilia. The pseudoaneurysm also may rupture into the free peritoneal cavity or into the gastrointestinal tract. An uncommon but potentially fatal cause of gastrointestinal and intraperitoneal

bleeding is pseudoaneurysm formation secondary to pancreatitis [104], which is associated with a high mortality rate of up to 37% [101]. The most frequently involved artery is the splenic artery, followed by pancreaticoduodenal and gastroduodenal arteries [103], although any peripancreatic vessel may be involved. The imaging diagnosis can be accomplished with contrast-enhanced CT, US color Doppler examination, angiography, or MR angiography. With Doppler imaging, blood is seen flowing into the pseudoaneurysm in systole and out in diastole. The amount of flow can wax and wane, depending on the relative amount of formed and lysed clot. Clotting tends to occur at the periphery, where flow is slower and stasis exists. If the entire pseudoaneurysm is filled with clot, no flow is detected, and it is difficult to make the diagnosis with color Doppler [105]. Acute clot tends to be hyperechoic, with older clot becoming hypoechoic. CT scan may reveal features of acute or chronic pancreatitis; demonstrate bleeding into a pancreatic fluid collection or a pseudocyst [106]; or identify vascular complications, such as pseudoaneurysms, venous thrombosis, or varices [101,107,108]. The CT finding of contrast enhancement within or adjacent to a suspected pseudocyst is highly suspicious for pseudoaneurysm formation (Fig. 15) [101]. The enhancement is similar to that of the abdominal aorta. The finding of increased attenuation within a fluid collection on a nonenhanced scan is also suspicious, indicating recent hemorrhage (Fig. 16) [109]. Angiography is considered the gold standard to detect and localize the pseudoaneurysm to a specific vessel [110], aiding in the surgical management, and also

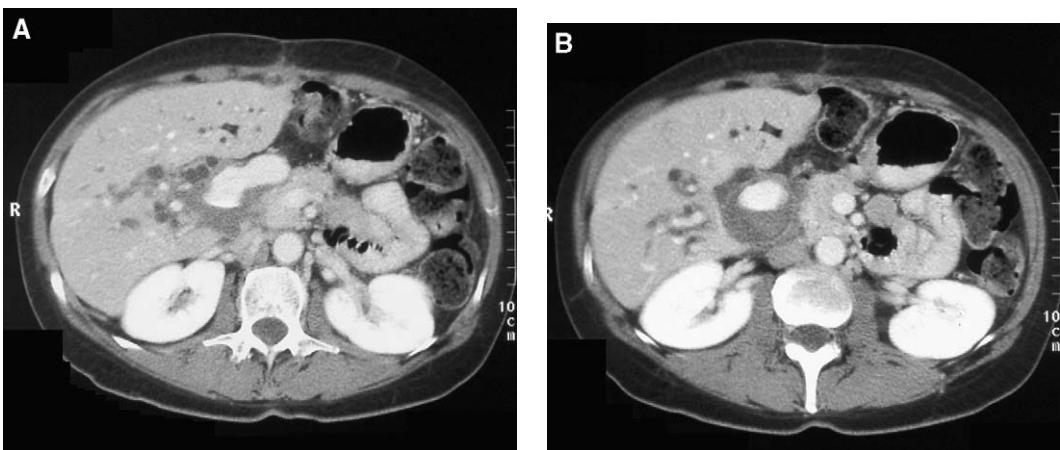


Fig. 15. Axial contrast-enhanced CT images in a patient with hepatic artery pseudoaneurysm caused by pancreatitis. (A, B) Consecutive images at the level of the porta hepatis show aneurysmal dilation of the hepatic artery caused by rupture within a peripancreatic pseudocyst in this patient with pancreatitis.



Fig. 16. Axial unenhanced CT image in a patient with gastro-duodenal artery pseudoaneurysm.

provides a potential means for treatment by transcatheter embolization.

Spontaneous bleeding caused by gynecologic conditions

The most frequent gynecologic causes of hemoperitoneum are ectopic pregnancy and a ruptured ovarian cyst [111,112]. The authors have seen occasional cases of hemoperitoneum in patients with endometriosis, presumably related to hemorrhage from the endometrial implants, but in their experience this is infrequent. Hemoperitoneum may also be observed

with uterine rupture but this is also uncommon. Such rupture may occur intrapartum because of a myometrial defect or may result from placenta percreta.

With hemoperitoneum, the intraperitoneal fluid often has low-level internal echoes. Such echoes are not specific for blood, however, and can be seen with other causes, such as peritoneal metastatic disease. Hemoperitoneum may also appear as anechoic fluid. Whether the fluid is anechoic or contains echoes may vary depending on multiple factors, such as gain settings, transducer type and frequency, use of harmonics, and patient body habitus. Besides seeing fluid, sometimes one may see a more focal heterogeneous area caused by clot. When large, it can be difficult to recognize that such a heterogeneous mass is caused by clot or recognize from where it originates.

One also should realize that small amounts of free fluid in the pelvis are common in premenopausal women and do not indicate hemoperitoneum. It is difficult to quantify the amount of fluid, and the determination of whether the amount of fluid is normal or abnormal is often made on a subjective basis. Such normal fluid is typically anechoic, small in amount, and seen most frequently in the cul-de-sac during transvaginal sonography.

Ectopic pregnancy

In a premenopausal woman with abdominal pain, a positive human chorionic gonadotropin greater than 1000 to 2000 mIU/mL (International Reference Prepa-

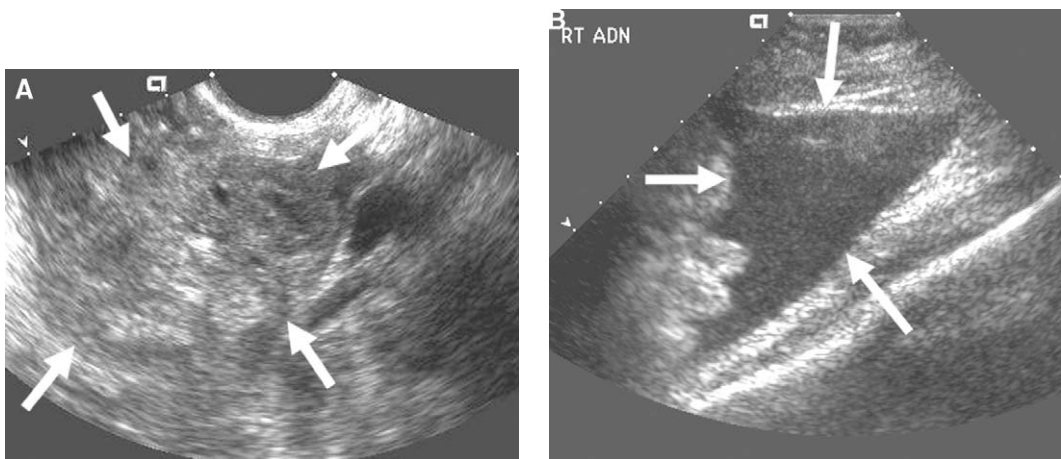


Fig. 17. Ultrasound images of a large pelvic hematoma and hemoperitoneum caused by tubal pregnancy (A) Transvaginal ultrasound image of the left adnexa shows a relatively large heterogeneous mass (arrows). At surgery, this represented pelvic clot caused by a ruptured tubal pregnancy. (B) Transabdominal ultrasound image of the right adnexa shows free intraperitoneal fluid (arrows). There are low-level internal echoes within the fluid, although sometimes it is difficult to determine if these are real echoes or noise on transabdominal scanning. (Courtesy of Alejandra Duran-Mendicuti, MD, Boston, MA.)

ration), and no demonstrable intrauterine pregnancy, the sonographic detection of an extraovarian adnexal mass is highly suggestive of an ectopic pregnancy [112]. It is crucial to identify the ovaries and determine the relationship of the adnexal mass to the ovaries. Visualization of the ipsilateral ovary as separate from the adnexal mass increases the likelihood that the mass represents an ectopic pregnancy, whereas visualization of the mass as originating from within the ovary strongly suggests a corpus luteal cyst.

Identification of the extraovarian mass is the most important and useful adnexal feature in diagnosing ectopic pregnancy. One also may see free intraperitoneal fluid in patients with ectopic pregnancy. A small amount of fluid may be normal. Any amount more than small, or fluid with internal echoes, however, likely represents hemoperitoneum (Fig. 17). The presence of hemoperitoneum in patients with ectopic pregnancy does not necessarily indicate tubal rupture [19]. The larger the amount of fluid, the more likely is tubal rupture. Besides tubal rupture, hemoperitoneum

may be caused by tubal abortion, bleeding from the fimbriated end of the tube, or a co-existing corpus luteal cyst that has ruptured [111].

Ruptured cyst

A hemorrhagic ovarian cyst is a frequent cause of acute pelvic pain in a woman of childbearing age and is a common indication for referral for US evaluation. The most common underlying etiology is a corpus luteal or follicular cyst [111]. A range of sonographic patterns has been attributed to hemorrhagic ovarian cyst, probably related to the time interval since the hemorrhagic event. Hemorrhagic cysts often have linear to curvilinear internal echoes in a reticular or fishnet pattern that are caused by fibrin strands [112]; however, they can sometimes have other less common appearances [112].

Only a minority of hemorrhagic ovarian cysts rupture and cause hemoperitoneum. The etiology of ovarian cyst rupture is unknown, although it has been

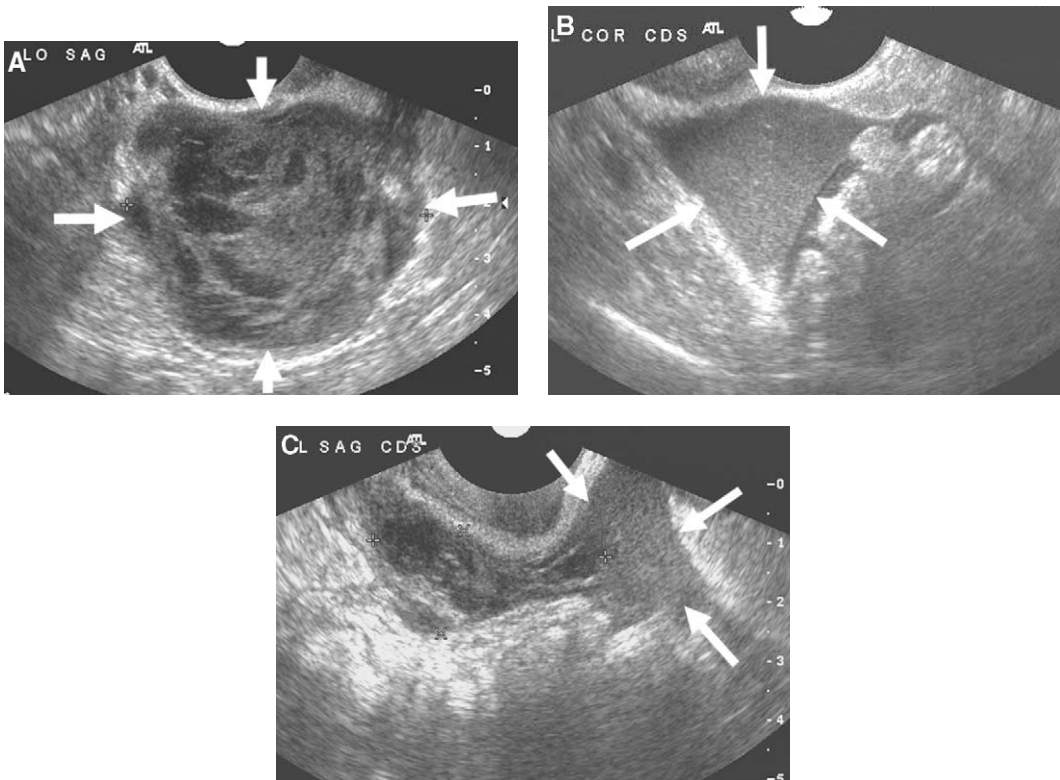


Fig. 18. Transvaginal ultrasound images of hemorrhagic cyst with rupture and hemoperitoneum. (A) Image of the left ovary shows a moderate size heterogeneous mass, caused by a hemorrhagic cyst, replacing most of the left ovary. (B) Image of the cul-de-sac shows fluid (arrows) with internal echoes, consistent with hemoperitoneum. (C) Image more to the left side of cul-de-sac again shows the fluid with internal echoes (arrows) but also shows a more heterogeneous area (cursors), caused by clot.

suggested that the increased vascularity of the ovary in the luteal phase may predispose to rupture of a corpus luteal cyst [111]. One should be aware of this possibility so as not to misdiagnose it as an unrelated gynecologic, urologic, or gastrointestinal disorder [111]. With recent bleeding, fluid with internal echoes or high attenuation can surround the uterus and adnexa [111]. Alternatively, hypoechoic or low-attenuation fluid intermixed with amorphous conglomerations of clotted blood can be seen. The sonographic appearance of echogenic clots may superficially resemble aperistaltic loops of bowel surrounded by ascites [113]. Clots are more amorphous in configuration and echogenicity, and relatively featureless (Fig. 18). When hemoperitoneum extends into the upper abdomen, it may be lower in echogenicity and attenuation than in the pelvis. When CT scanning is performed, the active extravasation of intravenous contrast material may identify the bleeding site. Delayed CT images may show pooling of contrast-enhanced blood in the peritoneal cavity. Ovarian carcinoma may also cause ascites, sometimes of hemorrhagic characteristics, but the clinical setting and identification of peritoneal tumor implants should assist in the correct diagnosis.

Summary

Spontaneous intraperitoneal bleeding can result from a vast array of etiologies. Fortunately, most are uncommon and currently available imaging modalities can be used to differentiate them in almost all cases. Meticulous imaging technique and careful observation of key imaging features are important for accurate characterization of the organ of origin of the spontaneous bleeding. CT is the single most important imaging technique in the detection and characterization of spontaneous intraperitoneal bleeding. Further development in multidetector technology, such as the introduction of new machines with 8 or 16 detectors, should improve the effectiveness of CT further. Sonography and MR imaging are complimentary to CT, especially in patients with pelvic abnormalities or equivocal CT findings.

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Ultrasound and CT evaluation of emergent gallbladder pathology

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This article provides a review of ultrasound and CT findings in acute conditions of the gallbladder. Although ultrasound or hepatobiliary scintigraphy are usually the initial imaging examinations of choice to evaluate most suspected cases of acute gallbladder pathology, the role of CT in the evaluation of abdominal pain continues to expand. The cause of patient symptoms is often initially unclear because clinical findings may be nonspecific. In this setting, CT allows for more comprehensive evaluation of the abdomen and pelvis and can identify other inflammatory processes that clinically may simulate gallbladder pathology. In many instances, CT may be the initial diagnostic procedure performed; it is important to become familiar with the spectrum of CT findings in emergent gallbladder disorders. Furthermore, CT plays an important role in the evaluation of associated complications of these disorders, facilitating prompt diagnosis and appropriate management.

Acute cholecystitis

Acute cholecystitis results from obstruction of the cystic duct or gallbladder neck with resulting inflammation of the gallbladder wall. In most patients this is caused by gallstones, with acalculous cholecystitis occurring in approximately 5% to 10%. Although most patients present with right upper quadrant pain and tenderness, there may be a diagnostic challenge

in the setting of severe advanced inflammation or in elderly patients or those with systemic diseases, such as diabetes. In a patient with suspected acute cholecystitis, ultrasonography or hepatobiliary scintigraphy is usually the initial imaging procedure of choice. CT may be performed initially, however, if the cause of symptoms is unclear or if ultrasound findings are equivocal. Furthermore, CT plays a very useful role in the evaluation of suspected complications of acute cholecystitis, such as emphysematous cholecystitis or gallbladder perforation, as discussed later.

The ultrasound findings in acute uncomplicated cholecystitis are well-described [1–4] and include gallstones, often impacted in the gallbladder neck or cystic duct; a positive sonographic Murphy's sign; gallbladder distention; wall thickening; and pericholecystic fluid (Fig. 1). Of these findings, the first two are considered the most specific. In a study by Ralls et al [3], a positive sonographic Murphy's sign and the presence of gallstones had a positive predictive value of 92% for the diagnosis of acute cholecystitis. A sonographic Murphy's sign is considered positive if maximal tenderness is elicited over the gallbladder visualized at sonography [2]. It may not always be possible to evaluate for this finding, however, if the patient is not responsive or if pain medication has been administered, which may blunt the response. This sign may also be absent in cases of gangrenous cholecystitis (see later) [5]. If it can be demonstrated that a stone is impacted in the gallbladder neck or cystic duct, this is also an important finding that increases the likelihood of acute cholecystitis. To determine that a stone is impacted in the gallbladder neck or cystic duct requires evaluating the patient in the prone or left lateral decubitus position.

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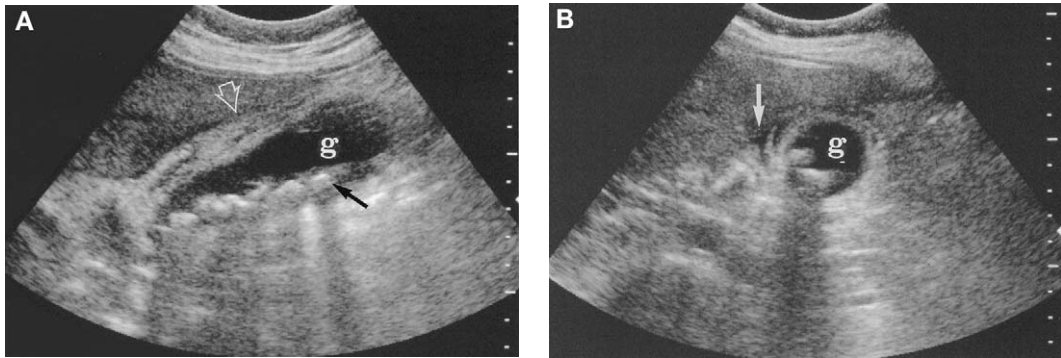


Fig. 1. Acute uncomplicated cholecystitis. Ultrasound of a 45-year-old woman with right upper quadrant pain and fever. (A) Ultrasound image of the gallbladder (g) in the sagittal plane demonstrates distention of the gallbladder, which contains multiple shadowing gallstones (solid arrow). The gallbladder wall is thickened (open arrow) with a striated appearance consistent with edema. (B) Transverse image of the gallbladder (g) also demonstrates pericholecystic fluid (arrow). There was a positive sonographic Murphy sign. At surgery, acute uncomplicated cholecystitis was confirmed.

The CT findings of acute cholecystitis also have been described [6–8] and include gallstones, gallbladder distention, thickening of the gallbladder wall, pericholecystic inflammation, and fluid (Fig. 2). CT is limited with respect to the detection of gallstones and only approximately 75% are detected [6]. Visualization depends, in large part, on the degree of calcification, although the presence of gas within a noncalcified stone (Mercedes-Benz sign) is often suggestive. An additional useful sign of gallbladder inflammation that may be visualized at CT includes increased enhancement in the liver parenchyma adjacent to the gallbladder secondary to associated hyperemia (Fig. 3) [9,10]. Of all these findings, the presence of pericholecystic inflammatory change is



Fig. 2. Acute cholecystitis. CT of a 40-year-old man with right upper quadrant pain and fever. CT with intravenous (IV) contrast demonstrates distended gallbladder (g) with thickened wall, and surrounding pericholecystic fluid and inflammatory change (arrows).

believed to be the most specific [6,8] because other findings, such as gallbladder wall thickening and distention, do not necessarily indicate the presence of inflammation.

Mirvis et al [11] have divided the CT findings of acute cholecystitis into major and minor findings. According to these authors, major criteria include calculi, thickened gallbladder wall, pericholecystic fluid, and subserosal edema. Minor criteria include gallbladder distention and sludge. They concluded that if one major and two minor criteria are present, the diagnosis of acute cholecystitis can be made. In a recent retrospective study at the authors' institution

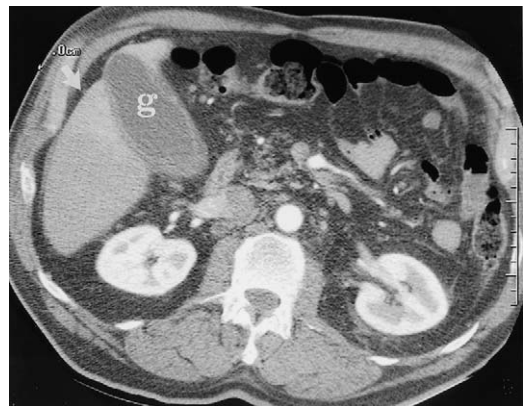


Fig. 3. Acute cholecystitis. CT of a 55-year-old man with right upper quadrant pain and fever. CT with IV contrast demonstrates distended gallbladder (g) with thickened wall. There is increased enhancement of the liver parenchyma in the gallbladder fossa (arrow) secondary to hyperemia related to adjacent inflammation.

[12], the overall sensitivity, specificity, and accuracy of CT for the diagnosis of acute cholecystitis were 91.7%, 99.1%, and 94.3%, respectively.

In approximately 5% to 10% of patients, cholecystitis occurs without gallstones (acalculous cholecystitis). This usually occurs in the setting of prolonged illness, such as patients with significant trauma or prolonged stay in the intensive care unit. This is often a difficult diagnosis to make clinically because findings are nonspecific. Many times, ultrasound is equivocal because these patients have distended, thick-walled gallbladders even in the absence of inflammation and the sonographic Murphy's sign is not reliable in these patients. Hepatobiliary scintigraphy is also limited with a significant false-positive rate in severely ill patients. The CT findings are similar with the exception of the absence of gallstones. CT may be more specific in these patients

when ultrasound findings or hepatobiliary scintigraphy are nondiagnostic [6,11,13,14].

Gangrenous cholecystitis

Gangrenous cholecystitis is a severe advanced form of acute cholecystitis. The pathogenesis is believed to result from cystic duct obstruction, leading to marked distention of the gallbladder and ultimately ischemic necrosis of the wall [15]. The incidence ranges from 2% to 29.6% in surgical series [16–19]. This is more common in men, patients of advanced age, and those with coexisting cardiovascular disease. Once suspected, patients with gangrenous cholecystitis generally undergo emergency cholecystectomy to avoid life-threatening complications, with a higher conversion rate to open chole-

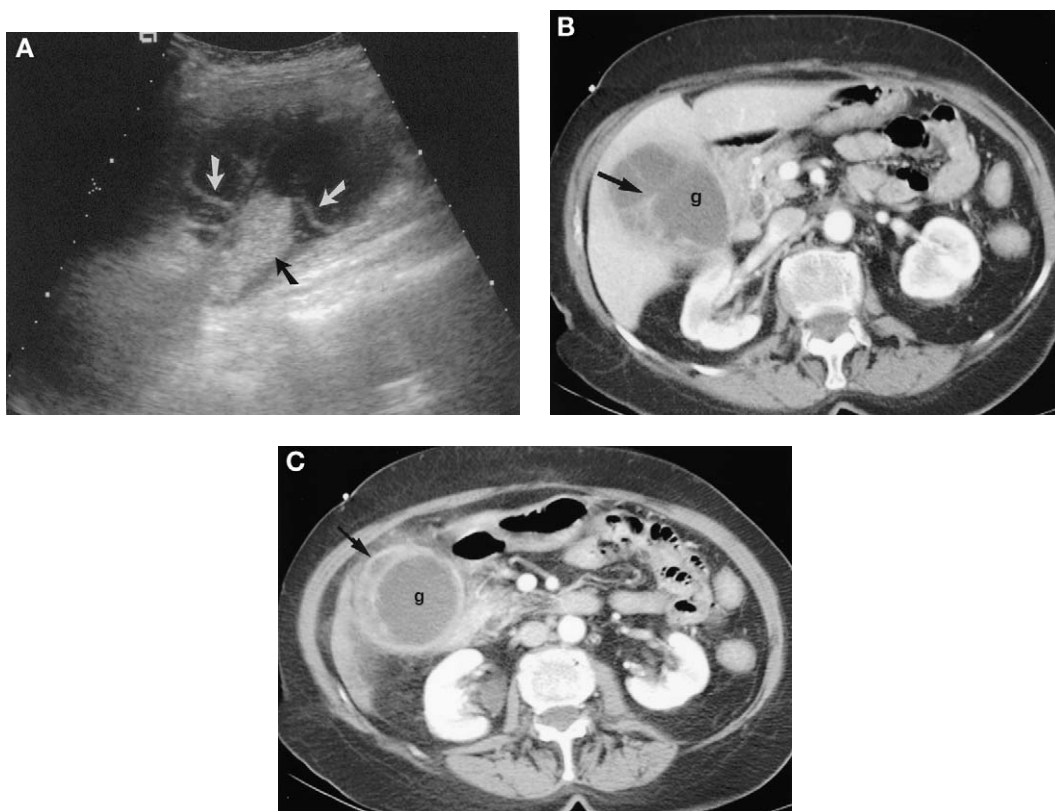


Fig. 4. Acute gangrenous cholecystitis. An 80-year-old woman with fever and abdominal pain. (A) Ultrasound image demonstrates linear echogenic foci within the gallbladder lumen (white arrows) consistent with intraluminal membranes caused by sloughed mucosa. There is also echogenic material consistent with sludge (black arrow). (B) CT with IV contrast demonstrates distended gallbladder (g) with intraluminal membranes (arrow) and pericholecystic inflammatory change. (C) Slightly more inferior image demonstrates irregularity of wall of gallbladder (g) with low-attenuation areas in the wall (arrow) representing intramural abscess.

cystectomy than in uncomplicated acute cholecystitis [20–22].

On sonography, the hallmark of gangrenous cholecystitis is the presence of heterogeneous or striated thickening of the gallbladder wall, which is often irregular with projections into the lumen [23,24]. Irregular or asymmetric thickening of the gallbladder wall likely results from ulceration, hemorrhage, necrosis, or microabscesses in the gallbladder wall, and in a series by Jeffrey et al [24] was present in 50% of patients. A striated appearance of the gallbladder wall was reported in 40% of patients by Teefey et al [23] in patients with gangrenous cholecystitis, but this may be seen in other conditions causing gallbladder edema. The presence of intraluminal membranes, which represent desquamated gallbladder mucosa, or fibrinous strands or exudate is a more specific finding, although less common (Fig. 4A). The sonographic Murphy's sign may be absent because of denervation of the gallbladder wall and was positive in only 33% of patients in the series by Simeone et al [5]. Pericholecystic fluid collection or abscess caused by associated gallbladder perforation or intramural abscess may also be observed (Fig. 5).

CT findings of gangrenous cholecystitis include intraluminal membranes, hemorrhage into the lumen, and irregular or absent wall (Fig. 4B,C) [6,8,25–27]. A recent study by the authors [12] evaluated the sensitivity and specificity of CT for the diagnosis of gangrenous cholecystitis. CT was highly specific for identifying acute gangrenous cholecystitis (96%) but had low sensitivity (29.3%). The findings in their series that were most specific for gangrenous chole-



Fig. 5. Acute gangrenous cholecystitis. Intramural abscess in an 80-year-old man with right upper quadrant pain and fever. Ultrasound demonstrates distended gallbladder (g) with thickened wall and hypoechoic area in the wall, consistent with intramural abscess (arrow).

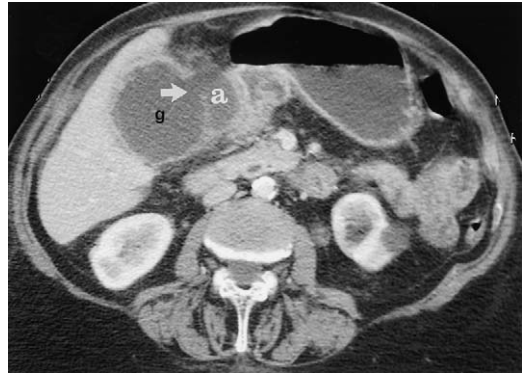


Fig. 6. Acute gangrenous cholecystitis with pericholecystic abscess. CT of a 72-year-old woman with right upper quadrant pain and fever. CT with IV contrast demonstrates distended gallbladder (g) with irregular wall. There is a focal defect in the wall of the gallbladder (arrow) with encapsulated pericholecystic fluid collection consistent with abscess (a).

cystitis were gas in the wall or lumen, intraluminal membranes, irregularity or absence of the gallbladder wall, pericholecystic abscess, and lack of gallbladder wall enhancement (see Fig. 4; Figs. 6, 7). The authors also found that the presence of pericholecystic fluid was predictive of the severity of acute cholecystitis. The greater degree of gallbladder distention in the short axis and the degree of mural thickening also correlated with a higher likelihood of gangrenous cholecystitis. The ability of CT to identify gangre-

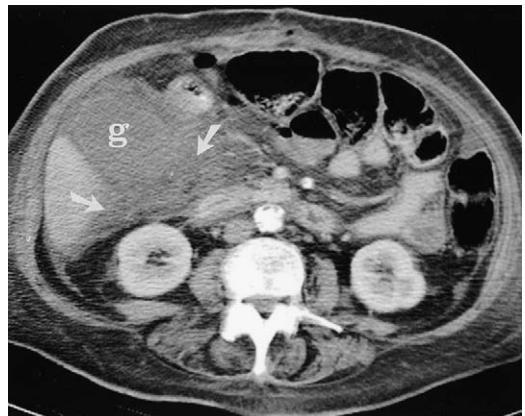


Fig. 7. Acute gangrenous cholecystitis: lack of gallbladder wall enhancement at CT. An 83-year-old woman with sepsis. CT with IV contrast demonstrates distended gallbladder (g) with extensive pericholecystic inflammatory change and fluid (arrows). There is no contrast enhancement of the gallbladder wall.

nous cholecystitis is greatest if intravenous contrast is administered because this allows for evaluation of gallbladder wall enhancement and mural contour.

Hemorrhagic cholecystitis

Hemorrhagic cholecystitis is a rare complication of acute cholecystitis and has been reported in both the presence and absence of gallstones [28–30]. It is believed that hemorrhage results from inflammation causing mucosal ulceration and necrosis. Arteriosclerotic change in the gallbladder wall most likely is a predisposing factor [30]. Classically, the clinical presentation includes biliary colic, jaundice, hematemesis, and melena. Occasionally, the patient may present with massive upper gastrointestinal bleeding, hemoperitoneum, or obstruction of the common bile duct [31]. Other etiologies of blood in the gallbladder

include neoplasm; vascular abnormalities, such as aneurysms; trauma; anticoagulation; or ectopic pancreatic or gastric mucosa.

At sonography, blood in the gallbladder appears as echogenic material within the lumen, which demonstrates higher echogenicity than sludge (Fig. 8A). This may form a dependent layer; however, blood clots may appear as clumps or masses adherent to the gallbladder wall [28,32]. As the hemorrhage evolves, this may have a cystic appearance [33]. At CT, in addition to other findings of cholecystitis, increased density of bile is also noted (Fig. 8B). A fluid-fluid level may be noted (Fig. 8C). Other conditions that cause high-density bile include recently administered intravenous contrast or milk of calcium, although these do not generally appear echogenic at sonography and do not form a fluid-fluid level. Associated perforation of the gallbladder may lead to hemoperitoneum (Fig. 9). Prompt diagnosis is essential be-

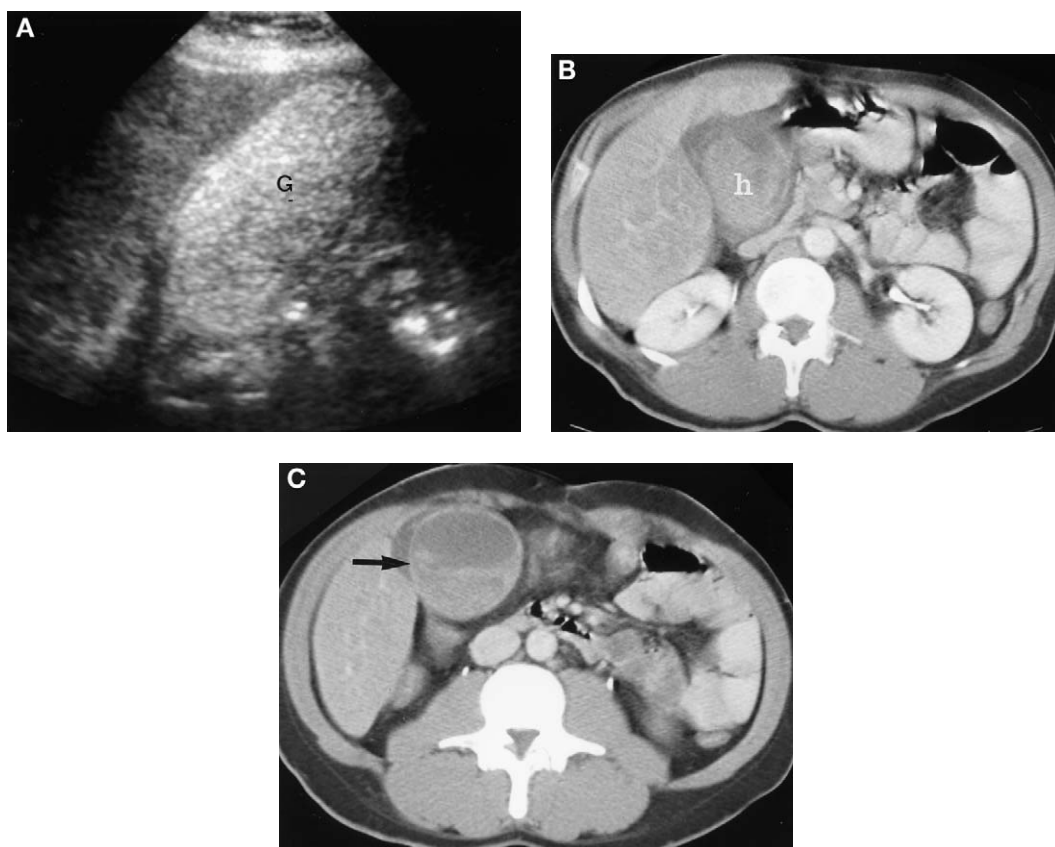


Fig. 8. Acute hemorrhagic cholecystitis. Ultrasound of a 60-year-old man with right upper quadrant pain and fever. (A) Ultrasound demonstrates that the gallbladder (G) is distended and is filled with highly echogenic material. (B) CT image demonstrates distended gallbladder with high-attenuation material in the lumen consistent with hemorrhage (h). (C) Slightly more inferior image demonstrates fluid-fluid level (arrow) in the gallbladder lumen secondary to hematocrit effect.

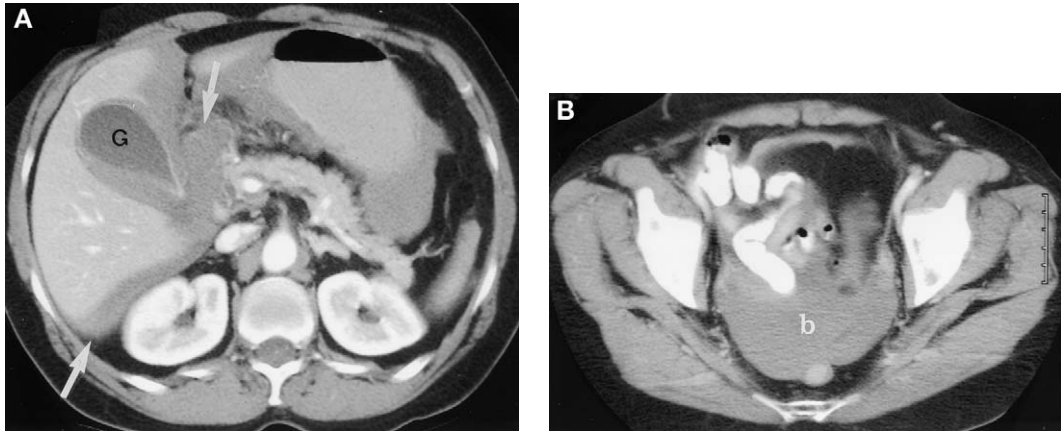


Fig. 9. Acute hemorrhagic cholecystitis with gallbladder perforation. A 50-year-old woman with abdominal pain and hypotension. (A) CT with IV contrast demonstrates fluid-fluid level in the gallbladder lumen (G). There is surrounding high-attenuation ascites (arrows) consistent with hemoperitoneum caused by associated perforation of the gallbladder. (B) A large amount of blood (b) also is present in the pelvis.

cause hemorrhagic cholecystitis is associated with a high mortality rate.

Emphysematous cholecystitis

Emphysematous cholecystitis is a rare life-threatening and rapidly progressive complication of acute cholecystitis. Vascular compromise of the cystic artery is believed to play a role in the development of this complication with proliferation of gas-forming organisms in an anaerobic environment and penetration of gas into the gallbladder wall [34,35]. Commonly isolated organisms include *Clostridium welchii* and *Escherichia coli* [35]. There are distinct differences between emphysematous cholecystitis and acute cholecystitis, which suggest a separate pathogenesis [36]. These include a male preponderance (up to 71%); frequent occurrence in diabetic patients (up to 50%); lack of gallstones in up to one third of patients; and a higher risk of gallbladder gangrene and perforation. On pathologic review, gallbladders with emphysematous cholecystitis have a higher incidence of endarteritis obliterans supporting vascular insufficiency as a causative factor. The mortality rate for emphysematous cholecystitis is 15% versus 4% in uncomplicated acute cholecystitis [36] and prompt surgical intervention is required. The exact incidence is unknown; however, in one recent surgical series, a total of eight cases were seen over a period of 5 years [37].

The clinical presentation of emphysematous cholecystitis is often indistinguishable from that of

uncomplicated acute cholecystitis. In particular, symptoms may not be severe in the diabetic patient. The diagnosis should be suspected in the correct clinical setting and relies on imaging findings. Emphysematous cholecystitis may be diagnosed on the basis of abdominal radiographs and is classically described in three stages. Stage 1 includes gas in the gallbladder lumen, stage 2 includes gas in the gallbladder wall, and stage 3 includes gas in the pericholecystic tissues. Either CT or ultrasound is more sensitive in detecting smaller amounts of gas. The ultrasound findings of emphysematous cholecystitis vary depending on the amount and location of gas [1,38,39]. If there is a small amount of gas in the wall, there are echogenic foci in the gallbladder wall with associated ring down or comet-tail artifact. With larger amounts of gas and intraluminal gas, there is a wide curvilinear arc of increased echogenicity with associated “dirty” posterior acoustic shadowing (Fig. 10A) [1]. In these instances, the gallbladder may be difficult to visualize because of the extensive shadowing, and sometimes differentiation from a contracted gallbladder with stones or a porcelain gallbladder with calcified wall may be problematic [38].

CT has a higher sensitivity than sonography for the diagnosis of emphysematous cholecystitis [37]. If emphysematous cholecystitis is suspected at sonography or if there is a high clinical index of suspicion, CT should be performed. CT should also be performed in the patient with suspected acute cholecystitis in whom the gallbladder cannot be visualized adequately at sonography. CT findings include gas within the gallbladder lumen or wall (Figs. 10B, 11)

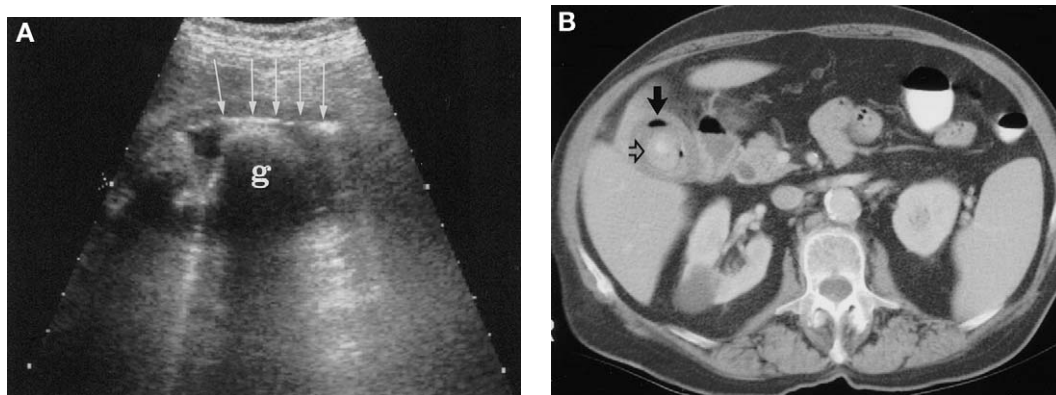


Fig. 10. Emphysematous cholecystitis. A 65-year-old woman with diabetes with right upper quadrant pain and fever. (A) Ultrasound demonstrates distended gallbladder (g) with stones and sludge in the lumen. Linear echogenic foci, which parallels the anterior wall of the gallbladder (arrows), represents air in the gallbladder wall. (B) These findings are confirmed at CT where there is a gallstone (open arrow) in the gallbladder and air in the gallbladder wall (arrow). (Courtesy of Joseph Yee, MD, New York, NY.)

[40] and extension into the pericholecystic tissues. If free air is identified, this indicates perforation of the gallbladder and urgent surgery is required.

Gallbladder perforation

Gallbladder perforation is most often a complication of severe acute cholecystitis, in one series occurring with an incidence of 11.9% with associated mortality of 24.1% [41]. More recent series suggest an incidence of 8.3% [42]. Perforation of the gallbladder can also occur in the setting of chronic cholecystitis, cholelithiasis, trauma, neoplasm, steroids, or vascular compromise. Niemeier [43] classified gallbladder perforation into three types: (1) acute free perforation into the peritoneal cavity, (2) subacute perforation with pericholecystic abscess, and (3) chronic perforation with cholecystoenteric fistula. In most series, subacute perforation with pericholecystic abscess is the most common type [44]. Abscess formation may be confined to the gallbladder fossa or spread into the peritoneal cavity or rarely extend into the liver [45,46]. A stone impacted in the cystic duct results in obstruction of the gallbladder, which leads to gallbladder distention. Bile salts in the gallbladder lumen produce a chemical inflammatory reaction of the mucosa. Progressive distention leads to vascular compromise followed by gangrene, necrosis, and perforation [42,47]. The fundus is the most frequent site of perforation because of the relatively poor blood supply of this area. Associated life-threatening complications of gallbladder perfora-

tion include bacteremia, septic shock, bile peritonitis, and abscess formation, with a wide range of reported mortality rates from 6% to 70% [41,43,44,48,49] depending on the type of perforation. In one series [44], there was a 40% mortality rate associated with type 1 free perforation and a 4% mortality rate for type 2. One third of patients with type 3 perforation present with gallstone ileus, which is discussed further later.

Correct preoperative diagnosis of gallbladder perforation is important to facilitate prompt surgical

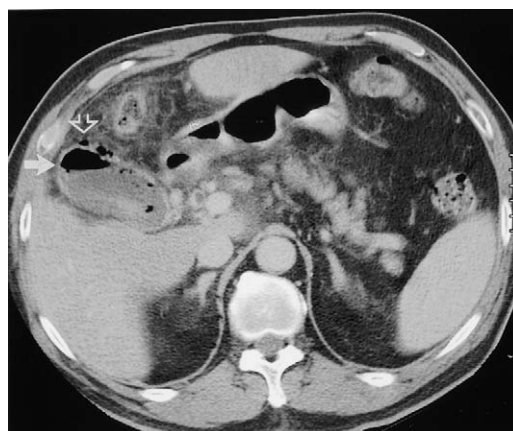


Fig. 11. Emphysematous cholecystitis. A 70-year-old diabetic man with fever and right upper quadrant pain. CT with IV contrast demonstrates air both within the lumen of the gallbladder (solid arrow) and within the wall (open arrow). There are adjacent inflammatory changes in the pericholecystic fat.

intervention and decrease morbidity and mortality. Clinical signs and symptoms are nonspecific and indistinguishable from uncomplicated acute cholecystitis; imaging plays a vital role in diagnosis. At sonography, which is usually the initial imaging test for evaluation of acute cholecystitis, findings may be nonspecific. The diagnosis may be suspected if the wall of the gallbladder is irregular or ill-defined or if there is a large amount of pericholecystic fluid or loculated fluid collection [47]. A focal defect in the wall is more specific, but not always visualized [50].

If ultrasound findings are equivocal, CT can be performed for further evaluation or to evaluate better the extent of inflammation [45,51,52]. At CT, a gallstone may be visualized outside of the gallbladder lumen [53]. Interruption of the gallbladder wall or a focal defect is an additional finding at CT that indicates gallbladder perforation. Perforation of the gallbladder may be contained and associated with pericholecystic or intrahepatic abscess (Figs. 12, 13). There may also, however, be free perforation associated with free fluid corresponding to bile (Fig. 14).

A study by Kim et al [52] compared ultrasound with CT findings in 13 patients with gallbladder perforation, confirmed at surgery. A defect in the gallbladder wall was visualized in seven patients (53.8%) at CT but no patient on ultrasound. Ultrasound and CT were similar in showing pericholecystic fluid collection, gallbladder wall thickening, and cholelithiasis. Bulging or irregular contour of the gallbladder wall was demonstrated on ultrasound in five cases and on CT in two cases. In all cases, the site of the gallbladder wall defect or bulging on

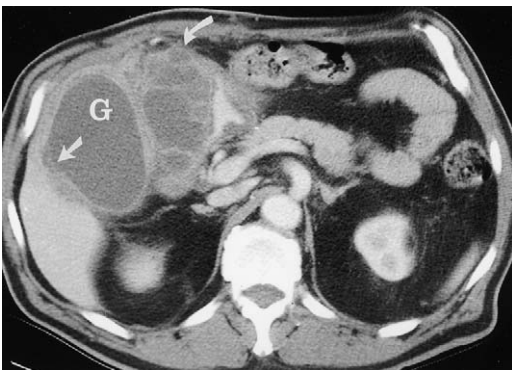


Fig. 12. Contained perforation of the gallbladder with abscess. A 50-year-old woman with sepsis. CT with IV contrast demonstrates that the gallbladder (G) is markedly distended with thickened, irregular wall, which has a focal defect (straight arrow). There is a large multiloculated pericholecystic fluid collection consistent with abscess (curved arrow).

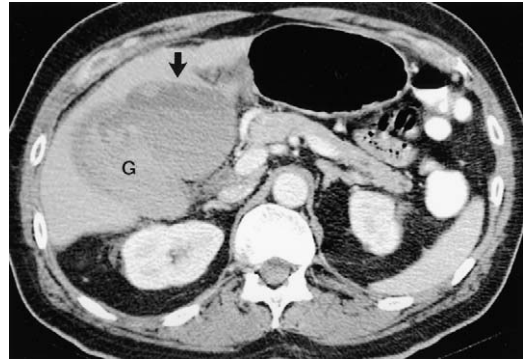


Fig. 13. Contained perforation of the gallbladder associated with hemorrhagic cholecystitis. A 60-year-old man with right upper quadrant pain. CT demonstrates high-attenuation material in the gallbladder (G) lumen consistent with hemorrhage. There is an adjacent pericholecystic fluid collection with fluid-fluid level (arrow) consistent with hematoma caused by associated gallbladder perforation.

ultrasound or CT corresponded to the site of perforation at the time of surgery. These authors concluded that CT was superior to ultrasound for the diagnosis of gallbladder perforation because of better ability to demonstrate a focal wall defect.

Gallbladder trauma

Injury to the gallbladder occurs in approximately 2% of blunt abdominal trauma and may include contusion, perforation, and avulsion, with perforation being the most common [54]. Avulsion may be partial in which the gallbladder is partially torn from the liver bed, complete in which the gallbladder is completely torn from the liver bed but with intact cystic duct and artery, or total in which all gallbladder attachments are disrupted and the gallbladder lies free in the abdomen [55]. Prompt diagnosis is essential because delay in diagnosis may lead to substantial morbidity and mortality. The clinical findings are often nonspecific and other injuries may dominate the picture.

The CT findings of gallbladder trauma were reviewed in a series of seven patients [56]. In this series, four patients had gallbladder contusion, one had laceration, and one had intraluminal hemorrhage. CT findings associated with gallbladder injury were nonspecific but included pericholecystic fluid; ill-defined contour of the gallbladder wall; mass effect on the duodenum; high-attenuation material, representing hemorrhage, in the gallbladder lumen; a

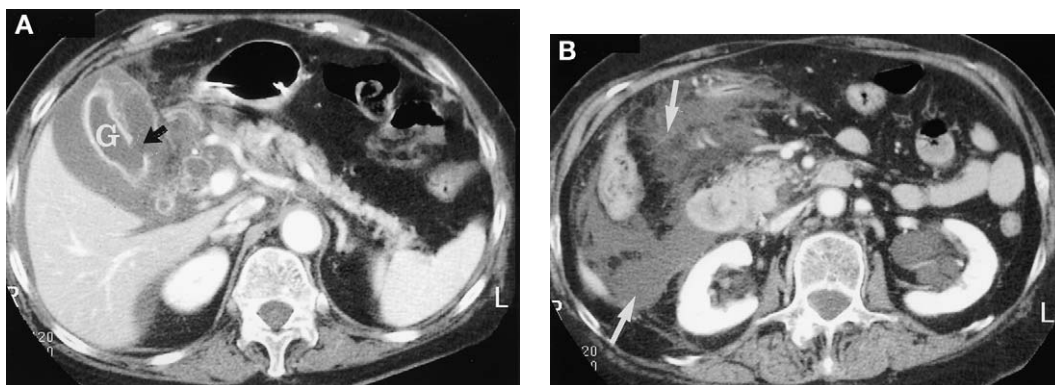


Fig. 14. Free perforation of the gallbladder. A 48-year-old woman with fever and peritonitis. (A) CT with IV contrast demonstrates marked thickening of the wall of the gallbladder (G). A focal defect in the gallbladder mucosa is evident (arrow). (B) More caudad image demonstrates fluid and inflammatory change (arrows) in the right paracolic gutter caused by free perforation of the gallbladder.

thickened gallbladder wall; and a nondistended or collapsed gallbladder lumen. Pericholecystic fluid was found in all patients, but is the least specific finding. Pericholecystic fluid associated with a collapsed gallbladder is more suggestive, however, of laceration or avulsion. Associated intra-abdominal injuries were found in six patients and included pericholecystic liver lacerations and duodenal hematoma or perforation. Only one patient had no other evidence of intra-abdominal injury. In other series, the incidence of associated intra-abdominal injuries ranges from 2.7 to 3.3 associated injuries per patient [54], with liver injury the most likely.

In patients with suspected gallbladder injury who do not undergo laparotomy for other reasons, an immediate baseline hepatobiliary scan may be performed to exclude extravasation. Follow-up ultrasound or CT in 3 to 4 weeks after injury to exclude increasing pericholecystic fluid and document resolution of findings also is recommended [56].

Gallstone ileus

Mechanical obstruction of the small bowel caused by an impacted gallstone (gallstone ileus) occurs

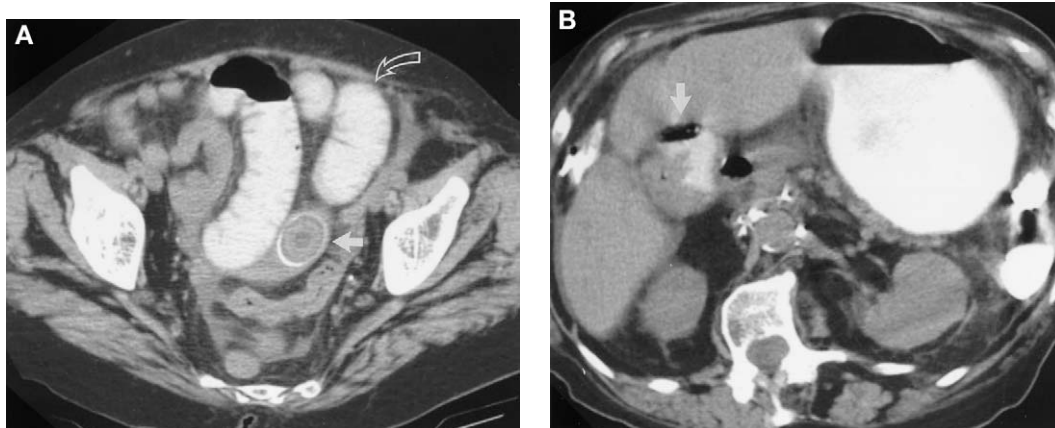


Fig. 15. Gallstone ileus. A 58-year-old woman with small bowel obstruction. (A) CT of the pelvis demonstrates dilated fluid-filled loops of small bowel (open arrow) with collapsed loops distally, consistent with small bowel obstruction. A calcified gallstone with laminated appearance is present at the transition point (solid arrow) and is the cause of obstruction. (B) CT image at the level of the gallbladder fossa demonstrates oral contrast and air in the gallbladder fossa (arrow) consistent with fistulization between the gallbladder and duodenum.

when a gallstone, usually greater than 2.5 cm, lodges in the small bowel. Overall this condition is responsible for 1% to 5% of cases of nonmalignant small bowel obstruction but increases to 25% in patients over the age of 65 [57]. Gallstone ileus results from perforation of the gallbladder and fistula formation between the gallbladder and adjacent viscus. In a review of 141 cases of cholecystoenteric fistula, Wakefield et al [58] found that in 101 patients the fistulous communication was between the gallbladder and duodenum, in 33 between the gallbladder and colon, and in 7 between the gallbladder and stomach. The most common sites of stone impaction are the ileum (54% to 65%); the jejunum (27%); and the duodenum (1% to 3%) [57]. Duodenal or pyloric

obstruction from gallstone impaction is referred to as “Bouveret’s syndrome” [59].

Less than half of the patients who present with gallstone ileus may present with a history of preceding gallbladder disease. Patients generally present with nonspecific signs of intestinal obstruction. The plain abdominal radiograph is usually the initial imaging evaluation. Findings include small bowel obstruction, visualization of the obstructing gallstone, and pneumobilia. [60]. This classic triad, however, is only visualized in up to 30% to 35% of patients [61]. CT scanning is increasingly being used to evaluate the patient with small bowel obstruction and not only confirms the presence of obstruction but often defines the site and etiology

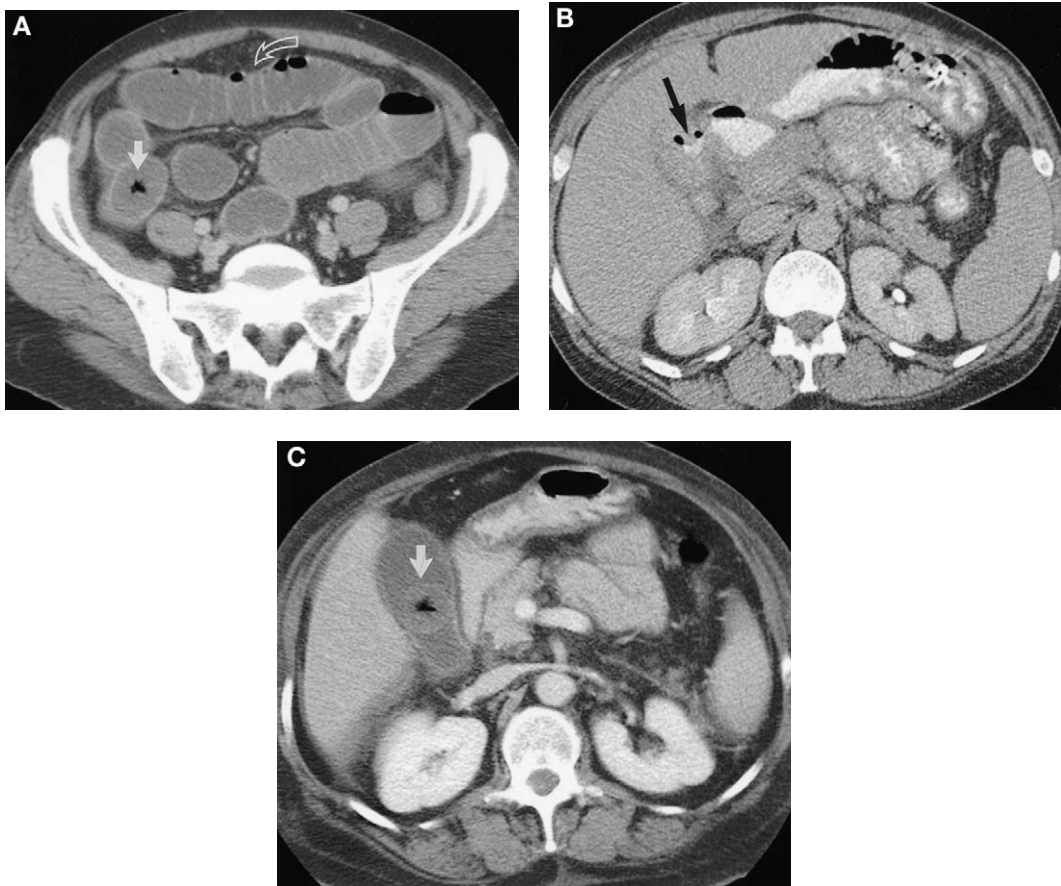


Fig. 16. Gallstone ileus. A 68-year-old man with small bowel obstruction. (A) CT of the pelvis demonstrates findings consistent with small bowel obstruction with multiple dilated fluid-filled loops of small bowel (*open arrow*). At the point of transition, there is an unusual collection of air located centrally within a fluid-filled loop of small bowel (*solid arrow*). This represents a low-attenuation cholesterol stone with gas. (B) CT image at the level of the gallbladder fossa demonstrates oral contrast in the gallbladder with fistulous tract to the duodenum visualized (*arrow*). (C) CT scan performed 1 year earlier demonstrated a noncalcified gallstone (*arrow*) containing gas (Mercedes Benz sign) in the gallbladder lumen. This gallstone is the cause of obstruction on the later scan.

of obstruction. CT offers the advantage over plain radiographs of increased visualization of gallstones at the site of obstruction and detection of small amounts of air in the gallbladder or biliary tree and direct demonstration of the cholecystoduodenal fistula (Fig. 15) [57,62–64]. Even if the gallstone is not calcified, the presence of a stone at the site of obstruction may be evident if there is gas present within the stone (Mercedes-Benz sign) (Fig. 16). A cholecystoenteric fistula may occur in the absence of gallstone ileus, usually a result of chronic gallbladder inflammation. CT findings include air in the gallbladder or biliary tree; contracted appearance of the gallbladder; and visualization of a fistulous tract, usually to the duodenum (Fig. 17) [65].

Mirizzi syndrome

Mirizzi syndrome is a rare complication of long-standing cholelithiasis and was first described by Mirizzi in 1948 [66]. This syndrome results from impaction of a large gallstone in the cystic duct. Associated surrounding inflammation causes narrowing of the common bile duct or there may be extrinsic compression of the common bile duct and obstructive jaundice results. A long or low insertion of the cystic duct into the common bile duct predisposes to this condition [67,68]. In a recent surgical series, this syndrome was found in 1.13% of all cholecystectomies [69]. This has been subclassified into two types by McSherry et al [70]: type I without cholecystocho-

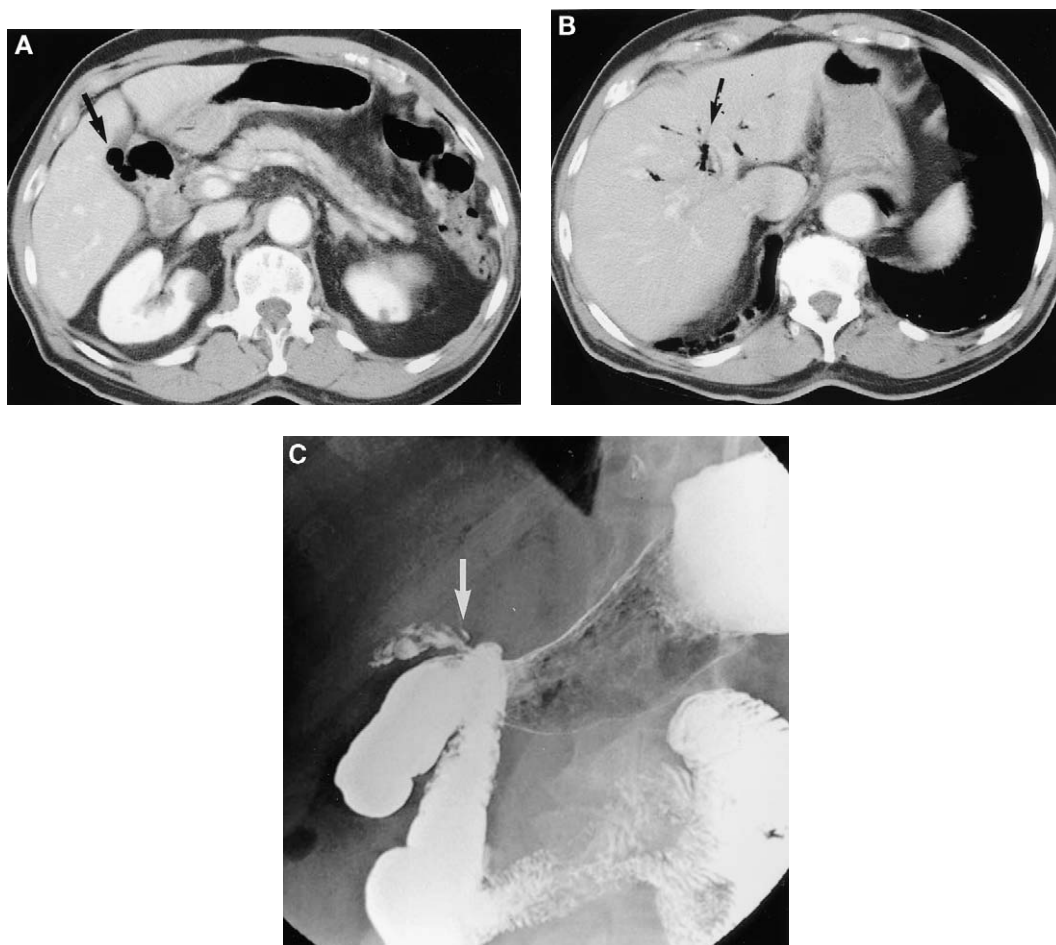


Fig. 17. Cholecystoduodenal fistula secondary to chronic cholecystitis. A 72-year-old man with abdominal pain. (A) CT image at the level of the gallbladder fossa demonstrates air in the gallbladder fossa (arrow) and air in the adjacent duodenal bulb. (B) More cephalad image demonstrates pneumobilia (arrow). (C) Fistula between gallbladder and proximal duodenum (arrow) is demonstrated on upper gastrointestinal series.

ledochal fistula and type II with cholecystocholedochal fistula. Preoperative diagnosis may be challenging; however, choice of surgical therapy may be altered to avoid common bile duct injury, which is increased when standard cholecystectomy is performed. In one series, the diagnosis was made preoperatively in 56% of patients [69]. Endoscopic retrograde cholangiopancreatography confirms biliary obstruction but may not visualize the stone in the cystic duct. Ultrasound confirms the presence of gallstones and

common bile duct dilatation, and occasionally helps to visualize the impacted stone in the cystic duct (Fig. 18). More recently MR cholangiopancreatography (MRCP) has been advocated as the best imaging method to confirm this diagnosis because of the ability to demonstrate the level of biliary obstruction and whether stones are intraluminal or extrinsic [71]. CT may be limited because stones may not be radiopaque. Dilatation of the intrahepatic ducts and proximal common bile duct with collapse of the distal

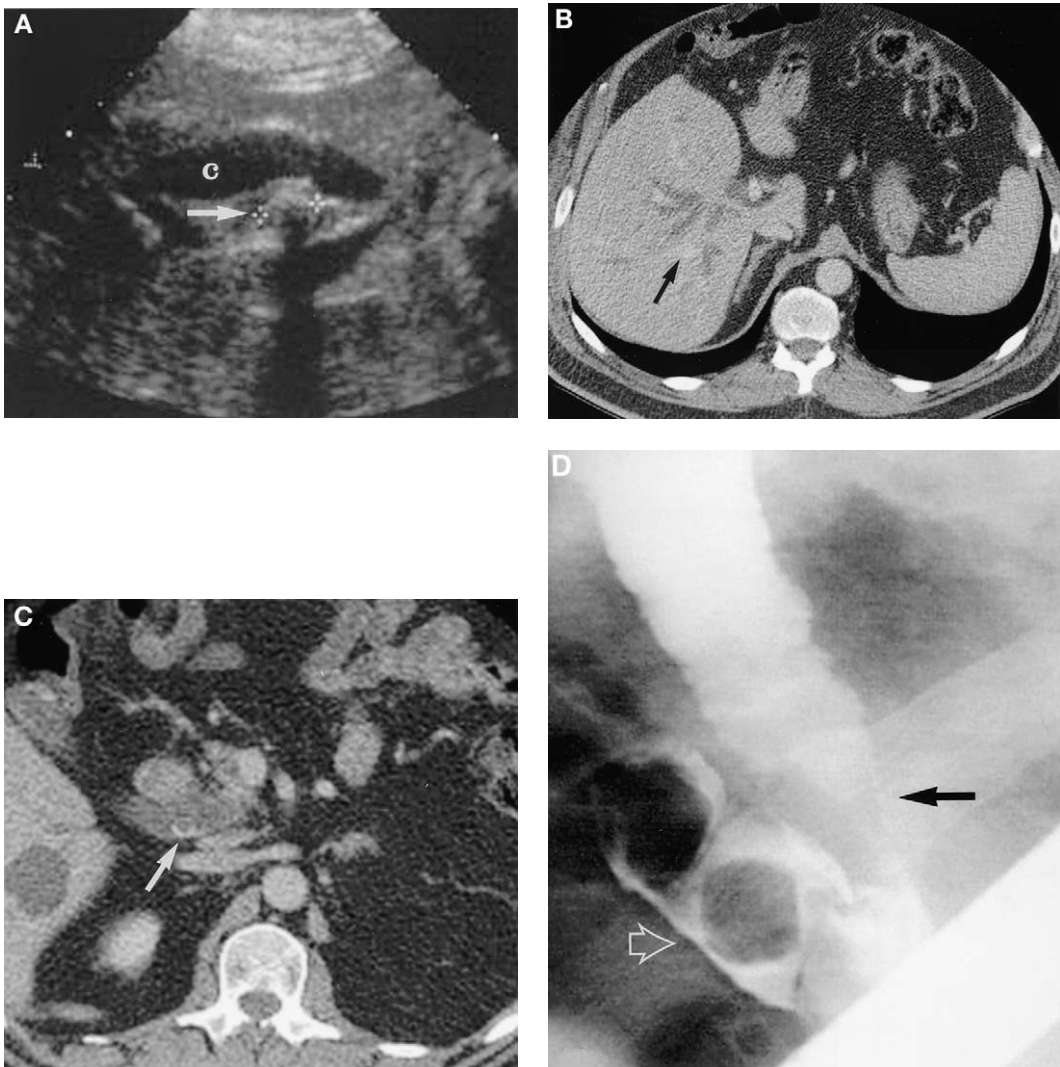


Fig. 18. Mirizzi syndrome. (A) Ultrasound demonstrates dilated common bile duct (c) measuring 12 mm, with distal tapering. A shadowing calculus (arrow) is visualized adjacent to the common bile duct at the transition point, consistent with a stone impacted in the cystic duct. (B) CT demonstrates intrahepatic biliary dilatation (arrow). (C) A calcified stone is visualized in the cystic duct (arrow). (D) Multiple stones in the cystic duct (open arrow) with narrowing of the distal common bile duct (solid arrow) and associated biliary dilatation are confirmed at endoscopic retrograde cholangiopancreatography.

common bile duct and the presence of a stone in the cystic duct, however, is suggestive of this diagnosis.

Summary

Ultrasound is the initial imaging modality of choice for the evaluation of suspected acute gallbladder disorders, and is often sufficient for correct diagnosis. CT also plays a vital role, however, in the evaluation of acute gallbladder pathology. CT is particularly useful in situations where ultrasound findings are equivocal. CT is also extremely valuable in the assessment of suspected complications of acute cholecystitis, particularly emphysematous cholecystitis, hemorrhagic cholecystitis, and gallbladder perforation, which are often very difficult diagnoses to establish at sonography. If CT is the initial imaging test performed in a patient with abdominal pain of uncertain etiology, recognition of the various disorders described in this article may eliminate the need for further imaging and facilitate appropriate management.

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Interventional approach to pancreatic fluid collections

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The classification of upper abdominal fluid collections complicating acute and chronic pancreatitis has long been a controversial subject. Each type of collection differs with respect to prognosis and management. Pancreatic fluid collections complicating pancreatitis was advanced by Bradley [1], who convened a panel of international experts in 1992. This group produced a classification of the features of peripancreatic effusions, pancreatic pseudocyst, pancreatic abscess, and pancreatic necrosis. It has long been demonstrated that patients with acute pancreatitis fall into two major groups. Most develop what Bradley termed “mild acute pancreatitis.” These patients usually show both clinical and biochemical improvement within 48 to 72 hours. More severe damage leads to several specific local complications variously defined as peripancreatic effusions, pseudocysts, abscess, and pancreatic necrosis (Fig. 1).

Technique

Access route planning

To a significant extent, most pancreatic fluid collections involve or replace a large component of the lesser peritoneal sac and the percutaneous approach to catheter drainage targets that region (Fig. 2). Access routes are chosen to avoid traversing vital intervening structures, especially the colon and stomach. Wherev-

er possible, a retroperitoneal approach through the lateral flank is preferred to an anterior approach across the peritoneal cavity. Collections involving the tail of the pancreas may be approached through the left anterior perirenal space usually behind the descending colon. A similar approach for pancreatic head collections can be designed from the right lateral flank. In both cases, the patient may have to be positioned in a slight posterior oblique on the CT couch. Although it is theoretically possible to use an anterior approach including either through the stomach or through the left liver lobe, these routes are obviously more complex and involve the theoretical disadvantage of anti-gravity flow or fluid through the drainage catheter. Nevertheless, an anterior approach can be used when it is the only access route (Fig. 3).

Catheter selection and insertion

Drainage catheters chosen are ideally large bore with multiple side holes to maximize drainage efficacy. If the CT appearance suggests more liquid and less viscous contents, a catheter up to 14 to 16F catheter may be used and is often introduced by the trocar technique. When more viscous material is suspected, larger catheter bores are required and are usually best inserted by a Seldinger technique with preliminary dilatation of the catheter tract. Catheters are placed to gravity drainage and are irrigated with normal saline at least daily. A useful general principle is to attempt to lay the length of the catheter transversely into the pancreas from the lateral flank approach so that a maximal number of side holes are in contact with fluid. This is another reason for avoiding the anterior transperitoneal approach because the number of func-

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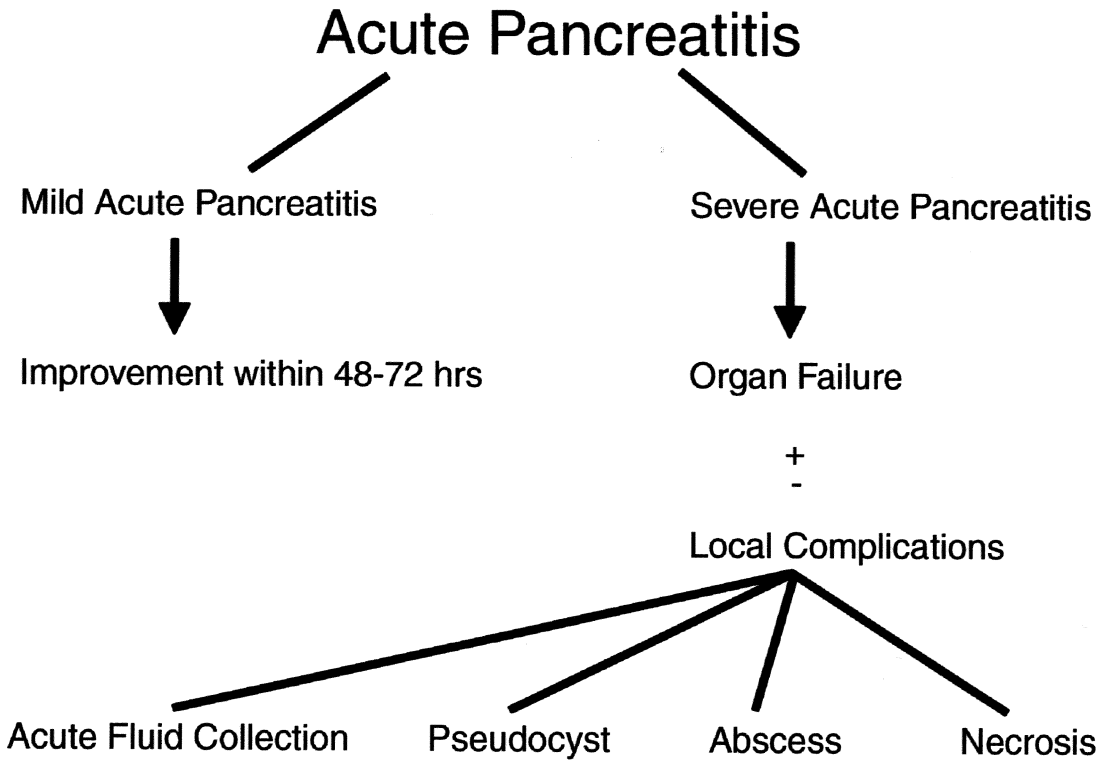


Fig. 1. Schematic detailing the common sequelae of acute pancreatitis.

tioning side holes within the fluid collection is likely to be fewer.

Clinical entities

Peripancreatic effusions

Peripancreatic effusions are a common manifestation of mild acute pancreatitis (Fig. 4). They represent reactive collections typically accumulating around the gland and extending to the anterior pararenal spaces. They are treated conservatively without aspiration or drainage. Failure to resolve within 3 days warrants further evaluation to exclude more serious complications.

Pseudocysts

Patients with acute pancreatitis are at high risk for developing pancreatic pseudocysts. Because of a variety of problems associated with pseudocysts, it is critical to have a team approach when evaluating and treating patients. Pancreatic pseudocysts are collections of pancreatic fluid, inflammatory debris, or

blood products surrounded by a nonepithelialized fibrous capsule. They usually develop 4 or more weeks following an episode of acute pancreatitis and may cause pain, symptoms of obstruction, and occasionally a palpable epigastric mass. Although they are seen anywhere in the abdomen, most are located in the lesser sac or on the anterior surface of the gland with variable retroperitoneal extension. Most pseudocysts are unilocular, but multiple discrete cystlike collections in and around the pancreas are not uncommon. CT is the most accurate mode of defining the location, size, and the association with surrounding structures (Fig. 5). It also provides important information about its evolution. The classic teaching has been pseudocysts that are larger than 6 cm in size and have been present for more than 6 weeks are associated with a low rate of spontaneous resolution and a high rate of complications. They often require drainage by radiologic, endoscopic, or surgical decompression.

The radiologist should understand that some pseudocysts resolve without any treatment. Yeo et al [2] followed 75 patients with pseudocysts of whom 39 resolved without therapy. One needs to review the specific indications for intervention in pseudocyst. Although they are not uniformly accepted, the

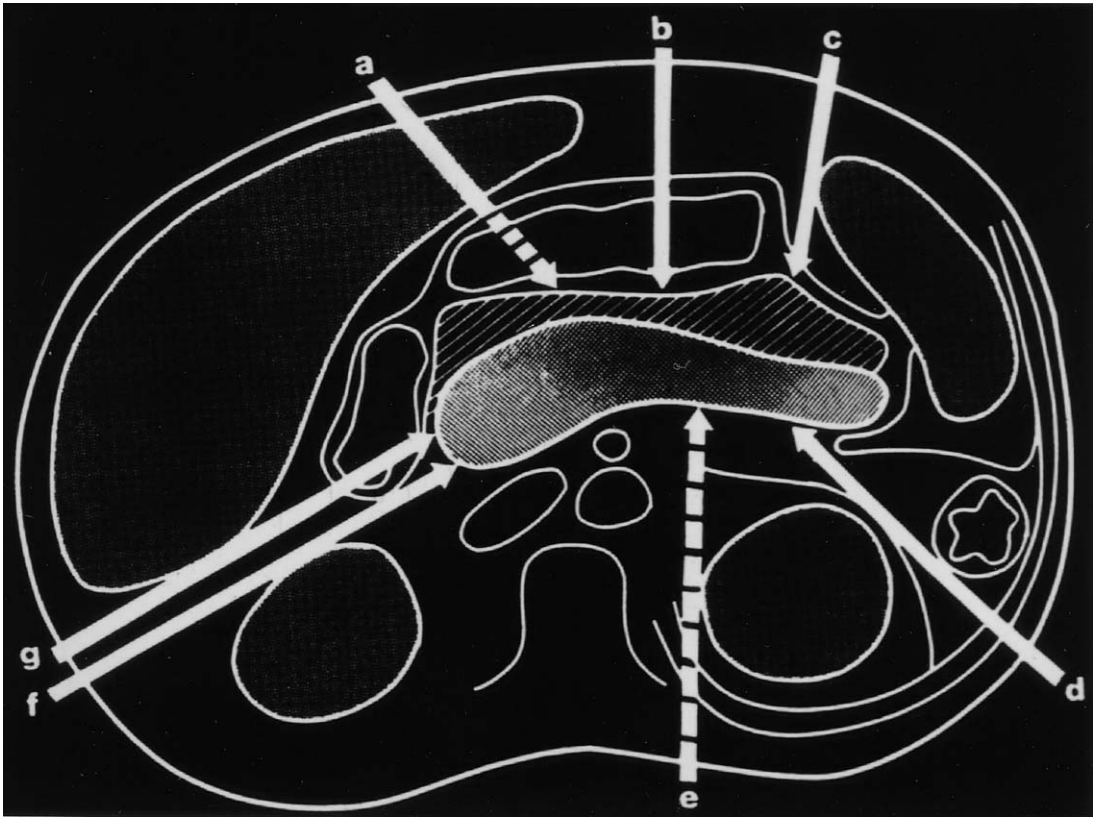


Fig. 2. Access route planning. Schematic showing various potential approaches for interventional access to pancreatic fluid collections. (a) Transhepatic. (b) Transgastric. (c) Transperitoneal. (d) Retroperitoneal. (e) Retroperitoneal posterior paravertebral. (f) Retroperitoneal pararenal. (g) Retroperitoneal by way of Morison's pouch. (From Knaus WA, Draper EA, Wagner DP, Zimmerman JE. APACHE II: a severity of disease classification system. *Crit Care Med* 1985;13:818–29; with permission.)



Fig. 3. Anterior transhepatic access routes for separate catheter drainage of multiple subhepatic peripancreatic abscesses. (A) Three subhepatic collections are identified under the left lobe, porta hepatis, and right lobe, respectively. (B) Two separate catheters have been inserted through the left and right hepatic lobes. The abscess collections have been substantially evacuated.



Fig. 4. Peripancreatic effusion. CT scan showing a poorly loculated diffuse anterior lesser sac collection. This collection resolved spontaneously without intervention.

main indications for drainage or intervention are as follows: (1) symptomatic cyst with pain, infection, or compression of adjacent organs; (2) diameter greater than 5 cm; (3) recurrence following surgery or percutaneous aspiration.

Radiologic drainage of pseudocysts may be performed by simple one-step needle aspiration or percutaneous catheter drainage (Figs. 6–8). Dondelinger reviewed articles between 1992 and 1997 comparing aspiration and drainage. He found in a series of over 470 pseudocysts that the success rate for aspiration was only 45% as opposed to a higher success rate for catheter drainage (R. Dondelinger, personal communication, 1992).

Although the general methods for percutaneous drainage of any fluid collection are discussed later, there are certain important requirements for drainage of pseudocysts. Most importantly, the radiologist needs to understand that pseudocysts are the result of disruption of the pancreatic duct either on a macroscopic or microscopic level. This explains why aspiration of pseudocyst may not succeed. If the pseudocyst communicates with the pancreatic duct, and the pancreatic duct is abnormal because of obstruction from stone or stricture, it is likely that there will be a recurrence of the pseudocyst after simple aspiration. Patients who are treated by percutaneous catheter drainage may require long-term catheterization up to 6 months allowing the pancreatic duct to heal. The transgastric approach, an alternative method, enables the pseudocyst to drain into the stomach directly (Fig. 9). In the authors' experience, although transgastric pseudocyst drainage is usually technically possible, it has not been consistently successful in creating a percutaneous cyst gastrostomy. Sacks and Robinson [3] describe a transgastric approach with placement of a double pigtail multisided catheter,

which allows one curve of the catheter to lie in the stomach and the second in the pseudocyst.

Endoscopic drainage is another valuable treatment option for critically ill patients. The criteria for endoscopic drainage require the cyst be bulging into the bowel lumen and separated by no more than 1 cm documented by either CT or endoscopic ultrasound. The procedure establishes a direct communication between the pseudocyst and the bowel allowing for direct communication for the fluid to drain until resolution. A third option is surgical management, which is reserved for patients with persistent symptoms, hemorrhage, and obstruction of the gastrointestinal or biliary tracts.

Pancreatic abscess

Pancreatic abscess is a relatively common potentially lethal complication of acute pancreatitis. It is defined as a circumscribed intra-abdominal collection of pus, usually in proximity to the pancreas, containing little or no pancreatic necrosis, which arises as a consequence of acute pancreatitis or pancreatic trauma. Pancreatic abscess can be sequelae of pancreatitis originally caused by anything including alcohol, biliary stone disease, trauma including endoscopic retrograde cholangiopancreatography–related pancreatitis, and even pancreatitis associated with pancreatic cancer. The severity of the initial insult is probably more important than the nature of the precipitating event in determining the likelihood of late abscess formation.

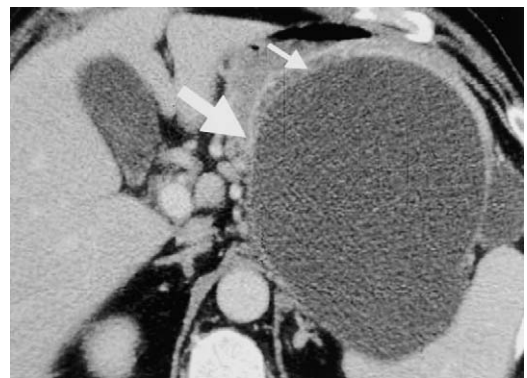


Fig. 5. Pancreatic pseudocyst. CT scan showing a single large loculated pseudocyst in the body of the pancreas with mature, well-visualized walls (arrows). This type of collection is amenable to a single stick needle aspiration, percutaneous catheter drainage, either through a lateral flank approach or through a transgastric approach. Endoscopic and surgical drainage also are effective options.

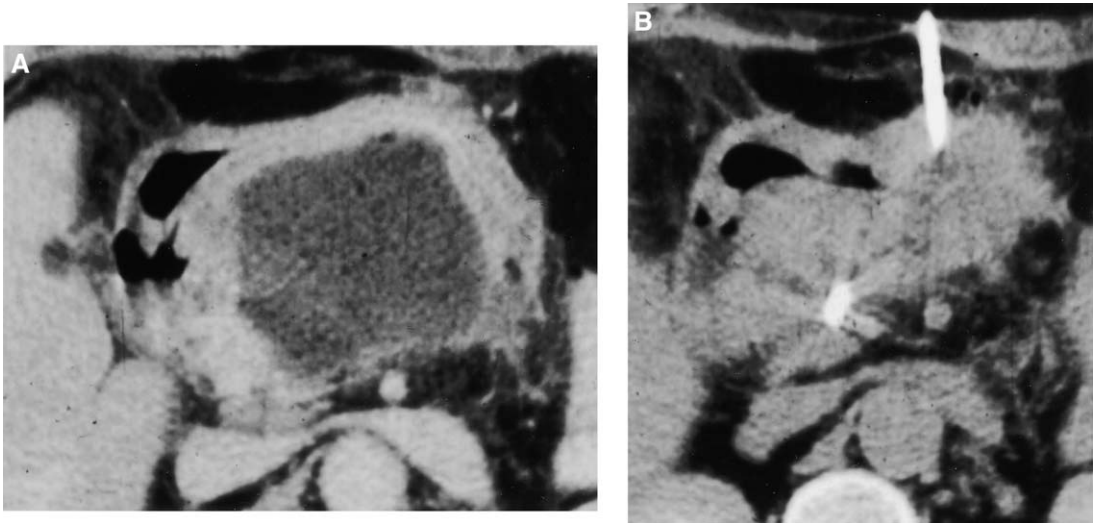


Fig. 6. Percutaneous catheter drainage of a thick-wall pancreatic pseudocyst through an anterior approach. (A, B) Preimages and postimages showing complete evacuation of the fluid after catheter placement.

In practical terms, this definition translates to a triad of features (eg, a recent episode of acute pancreatitis, the presence of a pancreatic fluid collection on a CT scan, and fever and leukocytosis). Typically, pancreatic abscess is a delayed complication of acute pancreatitis occurring 3 to 4 weeks or more after the initial event. Bacteriologic cultures are often positive and include a vast array of gram-negative and gram-positive organisms. Importantly, super infection with *Candida albicans* (*Monilia*) commonly may occur secondary to bacterial colonization as a result of prolonged indwelling drainage catheters [4–8].

In most cases, pancreatic abscess is diagnosed on the basis of combined clinical and radiographic (CT) features. Imaging studies may include plain radiographs, which can show mottled radiolucent bubbly gas collections or even an air-fluid level in advanced cases. More often, CT demonstrates a diffuse or localized fluid collection in or near the pancreas (Fig. 10). Fluid collections may give a variety of CT appearances from rounded and well margined to elliptical, mirroring the contours of the lesser sac. Often CT attenuation values of the fluid vary from proteinaceous, purulent, or semi-solid material. Scat-

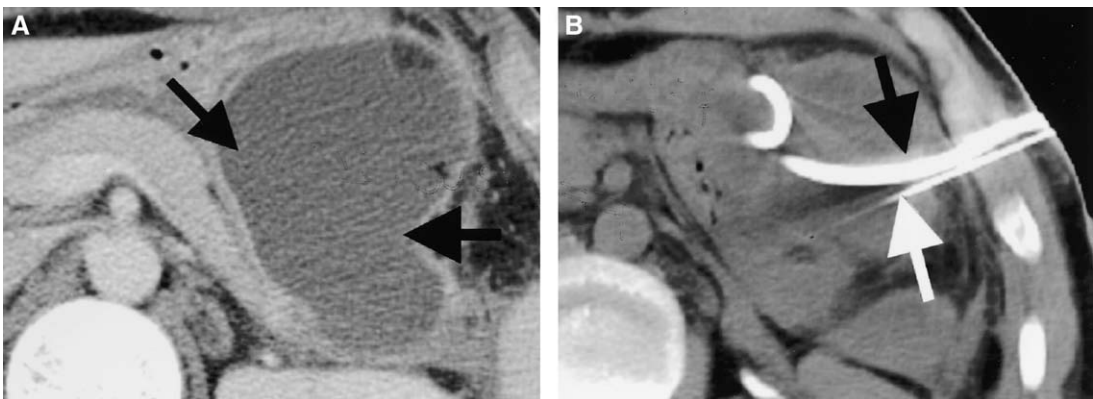


Fig. 7. Percutaneous catheter drainage of a dumbbell-shaped pseudocyst in the pancreatic tail with nearly complete evacuation. Predrainage CT (A) showing a dumbbell-shaped cyst (arrows). Intraprocedural image (B) shows initial diagnostic needle (white arrow) and subsequent tandem placed drainage catheter (black arrow). Much of the fluid has already been evacuated on the postprocedure image.

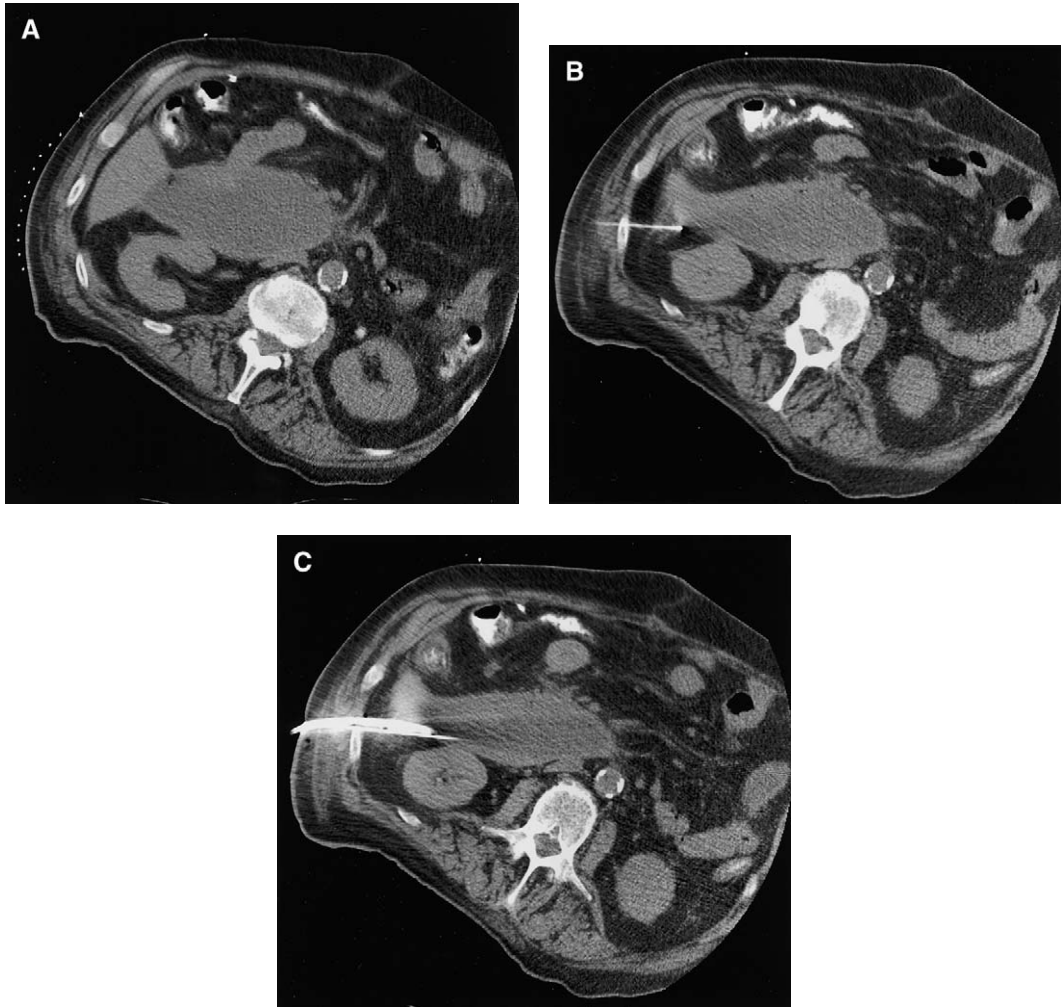


Fig. 8. Retroperitoneal right flank approach for drainage of a pseudocyst involving Morison's pouch and right anterior pararenal space. (A) CT scan showing a large well-demarcated oval collection. (B) Initial diagnostic needle insertion. (C) Tandem introduction of large-bore multihole drainage catheter.

tered gas bubbles are infrequently seen within pancreatic abscesses on CT (Figs. 10, 11), although the presence of gas in the pancreatic bed does not a priori indicate the presence of an active abscess. On occasion, a patient with an indolent or subsiding pancreatic abscess in whom clinical evidence of sepsis has abated may show CT residual evidence of intrapancreatic gas for several weeks. In some cases, the CT attenuation values of the pancreatic fluid collection leave uncertainty as to whether these are recoverable freely drainable fluid content. In such instances, sampling by percutaneous needle aspiration or even diagnostic insertion of a large-bore drainage catheter is necessary to establish whether drainable fluid or pus is present.

CT scanning is the universally accepted standard for image-guided catheter drainage (see Fig. 11). Identification and localization of the fluid collection, the presence of multiple loculations, the response to drainage, appropriateness of catheter position, and undrained collections can all be readily demonstrated. MR imaging has no role in monitoring the results of percutaneous abscess drainage. On occasion, contrast abscessography with fluoroscopic spot filming may be of use in demonstrating the occasional complication of spontaneous fistulization into a neighboring segment of the gastrointestinal tract.

The common theme among modern reviewers in the surgical and interventional radiologic literature is

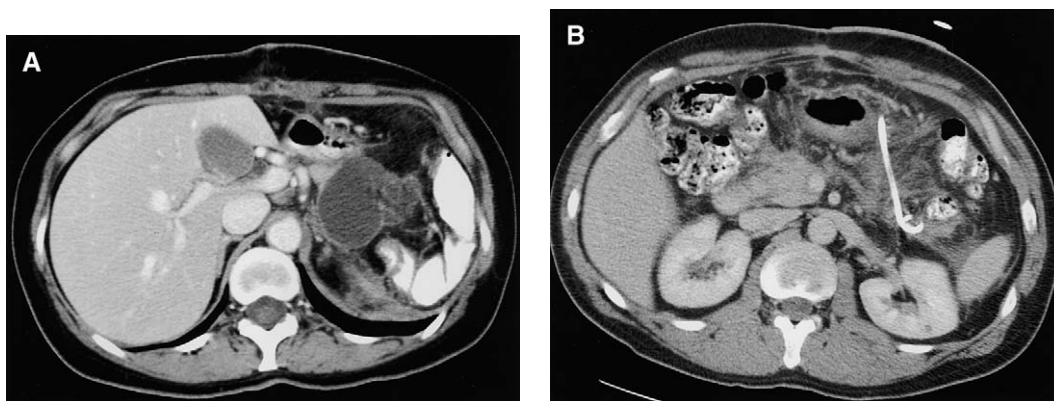


Fig. 9. Pancreatic pseudocyst. Transgastric drainage. (A) CT scan showing pseudocyst in the region of the pancreatic tail. (B) CT scan after transgastric catheter drainage showing a pigtail loop in the region of the pancreatic tail with the fluid completely evacuated. Transgastric drainage is an effective alternative access method when no safe approach can be found through the retroperitoneal space as shown in the current case. When the transgastric approach is used, the fluid collection may be evacuated either through the catheter lumen to the outside or through multiple side holes placed simultaneously within the gastric lumen for internal drainage.

the complexity of diagnosis and management. Close interdisciplinary cooperation is warranted for success [9–14]. Percutaneous catheter drainage of pancreatic abscess can be an effective life-saving measure. Unlike catheter drainage of most other intra-abdominal abscesses, pancreatic abscesses rarely respond quickly to a single catheter drainage procedure, and the eventual outcome and need for complementary definitive surgical drainage are almost never predictable at the outset. Nevertheless, when surgical drainage is deemed inadvisable because of sepsis, electrolyte imbalance, or multiorgan failure, radiologic catheter drainage can be an effective curative alternative.



Fig. 10. Pancreatic abscess. CT scan showing a well-demarcated collection with several intracavitary foci of gas. Needle aspiration yielded seropurulent material.

Pancreatic necrosis

Perhaps the most misunderstood complication of pancreatitis is pancreatic necrosis. Pancreatic necrosis occurs early in the course of the pancreatitis, usually at the onset of an acute attack. This clearly distinguishes it from pseudocyst and pancreatic abscess. By definition, pancreatic necrosis is a diffuse or focal area of nonviable pancreatic tissue. Radiologically, pancreatic necrosis is defined as an unenhanced area of pancreatic tissue, which is often greater than 3 cm or more than 30% of the pancreas on an enhanced contrast CT scan. Pathologically, it has been demonstrated that pancreatic necrosis is caused by severe injury with occlusions and thrombosis of the pancreatic microcirculation seen in acute pancreatitis. Bacterial contamination of the infarcted tissue is common and results in high morbidity and mortality. The likelihood of infection increases with the amount of necrosis.

Intervention serves two primary roles in pancreatic necrosis. First, performing diagnostic needle aspiration either to rule in or to rule out infection. The most difficult aspect of this procedure is selecting a safe access route so as not to contaminate either the collection or the aspiration sample. Second, if confirmation of infection is established the necrosis should result in either immediate surgery or percutaneous drainage.

Percutaneous drainage of infected pancreatic necrosis has met with varied results. If the necrotic tissue is solid, which is often the case, percutaneous drainage is not successful. Such patients usually require

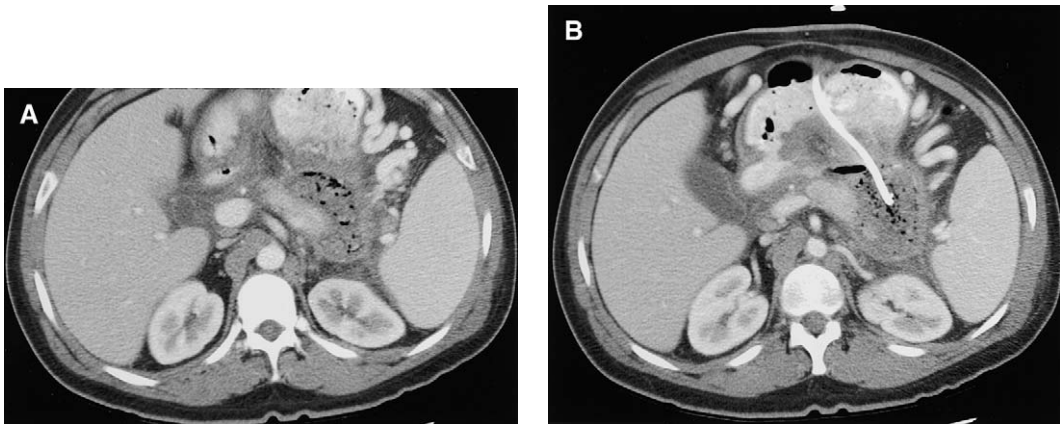


Fig. 11. Pancreatic abscess treated by percutaneous catheter drainage using a transgastric approach. (A) Ill-defined collection with numerous mottled gas bubbles involving the body and tail of the pancreas. (B) CT scan after percutaneous transgastric insertion. Little or none of the contents have yet been evacuated.

surgical debridement. Liquefied necrotic material, however, may be amenable to percutaneous drainage (Fig. 12). Freeny et al [12] reported a series of 34 patients with pancreatic necrosis of whom 47% were cured. Patients who had central body necrosis were less likely to be cured than patients who had body and tail necrosis. Lee et al [14] demonstrated similar findings with a smaller series of patients. Both authors indicated that success was because of intensive involvement by the interventional radiologist. This included multiple bedside visits, multiple catheter changes, and CT scans.

Assessment and follow-up care

As with any drainage procedure, the classic parameters of fever, white blood cell count, and clinical well-being are assessed daily. Clearly, the importance of the interventionalist is close follow-up and collaboration with the referring physician, usually the surgeons. Periodic CT scans should be obtained for objective evidence of reduction in the collection size and determination of whether catheter drainage is adequate or more catheters should be placed. One of the most important aspects of clinical care is the

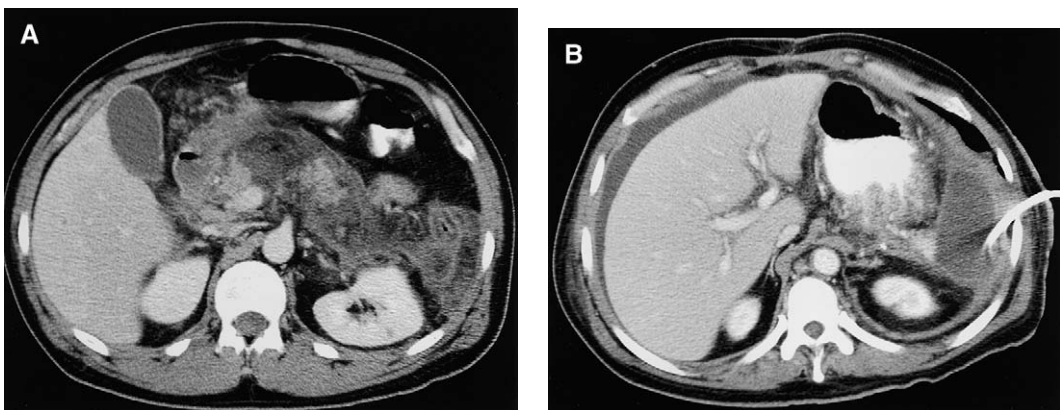


Fig. 12. Percutaneous catheter drainage of liquefied pancreatic necrosis. (A) Initial contrast-enhanced CT scan showing multiple regional areas of nonenhanced, nonperfused pancreatic parenchyma. Diffuse pancreatic enlargement with areas of fat necrosis and peripancreatic reaction extending into the left paracolic gutter are also evident. (B) CT scan 3 weeks later showing a locule of liquefied necrotic material with a drainage catheter placed percutaneously through the left flank. Marked inflammatory peritoneal thickening is seen along the left paracolic gutter and moderate ascites is also evident around the liver.

assessment of the amount of drainage overtime. This is particularly important in determining if the collection, whether it be a pancreatic pseudocyst, abscess, or infected necrosis, communicates with the pancreatic duct. It is imperative that the interventional radiologist does not simply “leave it up” to the surgeons to determine when the catheter should be withdrawn. Decision making on the basis of imaging also is inappropriate. For example, a CT scan may show complete collapse of the pancreatic collection whether it be an abscess or pseudocyst; however, if there is communication with pancreatic duct the catheter may be draining hundreds of milliliters of fluids a day. If this occurs the interventionalist should determine by direct injection of the catheter the point of communication in the appearance of pancreatic duct. Often in a patient who has either pseudocyst abscess or necrosis that is well drained, communication with the pancreatic duct may show irregularity or areas of narrowing, which result in high drainage amounts. Usually this communication closes over time if the abscess or infected collection is well drained. It is important that the interventional radiologist both practice and preach patience because the catheters in these cases may remain in place for weeks to months. The authors also advocate sinograms to exclude continued communication with the pancreatic duct or with other structures. Patients can usually go home with the catheter in place and be followed-up as an outpatient.

Results

The results of percutaneous drainage of pancreatic fluid collections vary in the literature mostly because of the poor definitions of published articles. In general, success depends on adequate drainage and overall integrity of the pancreatic duct. For example, if the pancreatic duct is obstructed or disrupted the catheter may not maintain adequate drainage for the duct to heal. Generally, results of pancreatic collection drainage are best in pancreatic abscess followed by pancreatic pseudocyst and worst in pancreatic necrosis.

Complications

Principle complications include hemorrhage, inadvertent perforation of the intestine, and fistulization to an adjacent segment of the gastrointestinal tract. The exact percentage and the degree of these complications is actually quite low and probably measures less than 5% in most series. Hemorrhage may be related to the pancreatitis itself, rather than the percutaneous drain-

age and is actually quite uncommon. Fistulization to adjacent portion to the gastrointestinal tract also may often be attributed to the pancreatitis rather than catheter drainage. Occasionally, inadvertent insertion of the catheter through the colon or small intestine occurs because of poor visualization or opacification at the original time of drainage. In most situations when this occurs surgery is not required and the bowel perforation usually heals.

Causes of failure and management caveats

Most authorities agree that several well-learned caveats pertain to the successful management of pancreatic fluid collections by interventional radiologists. First, the need for multiple catheters in a significant percentage of cases either because of large collections or multiple loculations. Second, many of these catheters require long duration of drainage and hospitalization of such patients. It is not uncommon that successful drainage of pancreatic collections requires several weeks of continued drainage. Third, multiple repeat visits to the radiology department and frequent CT scans may be required to assess response of patients. Lastly, intensive interaction between the radiologist, referring physician, and the patient is necessary to achieve the best possible outcome.

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Ultrasonography of the acute abdomen: gastrointestinal conditions

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Multislice, helical CT is increasingly replacing ultrasonography (US) for the evaluation of patients with acute abdominal pain [1–3]. CT has major advantages over US: it is extremely fast and its time burden is often less than that of a US examination [4]. CT is not disturbed by gas and bone, and obesity is even an advantage. Most of all, CT is not operator-dependent and can be reviewed by others, even at a distance.

With all these advantages, it is not surprising that US is losing field in the evaluation of the acute abdomen. US does, however, have certain specific advantages over CT.

1. US does not require ionizing radiation, which can be important in younger patients and pregnant women [5].
2. The spatial resolution of a high-frequency US image is higher than that of a CT image (Fig. 1). This is only true if the target organ can be approached closely, which requires either a thin patient or the use of graded compression.
3. The dynamic, real-time qualities of US are unique. US can observe fetal movements; peristalsis; and absence of peristalsis (as in paralytic ileus). US can directly visualize blood flow and pulsations, and it is also possible to appreciate the effects of respiration, Valsalva's maneuver (Fig. 2), gravity, and compression. The latter is especially useful to judge whether organs or tissue are soft or rigid (Figs. 3, 4).
4. US allows precise correlation of the area of maximum tenderness or palpable mass with the US findings.

5. US is mobile and flexible. It can be done in the emergency ward, high-care units, and the operating room, and with the present generation of small, battery-assisted, hand-held units, anywhere.
6. In case of intraperitoneal fluid, US-guided puncture is a safe and rapid way to determine if the fluid is blood, pus, bile, amylase, gastric contents, and so forth.
7. The US examination allows a natural and direct form of communication with the patient. Information provided by the patient may lead to a specific search for a US finding, whereas vice versa, certain US findings may lead to a specific question to the patient. This interactive aspect is perhaps the greatest secret of a successful US examination. If performed in this way, US is much more than depicting abdominal organs. As the examination proceeds, it is possible to correlate the US findings with the clinical data, the laboratory results, other imaging studies, and the information provided by the patient. In doing so, the long list of possible differential diagnoses continuously narrows down until a definitive diagnosis is established, or at least direction is given to subsequent imaging studies.

Who does the ultrasound examination ?

Worldwide, there is a large variation of who performs the US examination of the acute abdomen. US is done by technicians, general radiologists, radiologists specialized in US, abdominal radiologists, urologists, gynecologists, and even family doctors.

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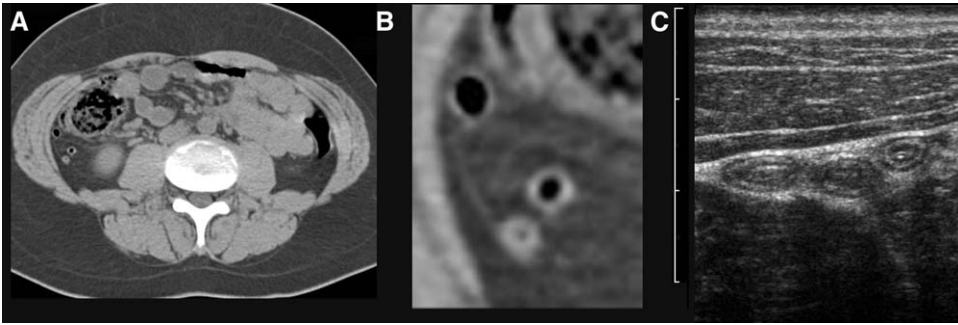


Fig. 1. Visualization of a normal appendix by CT in an obese patient (*A*, *B*) and by US in a lean patient (*C*). Panel *B* is a magnification of panel *A* to match the centimeter scale as is used in *C*. Note the superior resolution of the US image.

The US examination performed as described previously requires a person with a thorough medical background; knowledge of all possible causative conditions (urologic, gynecologic, gastrointestinal, vascular, and so forth); and with a large expertise in US, CT, imaging-guided puncture, and other radiologic imaging. There is no doubt that the person who meets these conditions best is the radiologist, and preferably a radiologist with special interest in abdominal US and CT. Additional advantages of concentrating all primary, diagnostic abdominal US examinations within the radiology department are obvious. It guarantees integrated imaging, constant quality, around-the-clock coverage, continuity, central archiving, and accurate and early triage of patients with abdominal symptoms [6].

Ultrasound technique

The US examination in patients with acute abdominal pain requires a specific technique of graded com-

pression. In this way fat and bowel are displaced or compressed. This eliminates the disturbing influence of bowel gas and reduces the distance from the transducer to the appendix, allowing the use of a high-frequency probe with better image quality (Fig. 5). This technique also allows assessment of the rigidity of a structure by evaluating its reaction on compression. To avoid pain, the compression should be applied slowly and gently, similar to the classic palpation of the abdomen. The entire abdomen is examined to exclude disease of gallbladder, pancreas, kidney, aorta, stomach, small and large bowel, appendix, uterus, and ovaries. A moderately filled bladder allows better survey of the distal ureters, and of uterus and ovaries in women; however, a full bladder does not allow proper graded compression. Transvaginal US may be used for gynecologic conditions but also for pelvic appendicitis, diverticulitis, and Douglas' abscesses (Fig. 6).

The peritoneal cavity is screened for bowel pathology with five to six vertically oriented, overlapping lanes using a broad-based, high-frequency probe. The author refers to this as “mowing the lawn” (Fig. 7). This form of screening is facilitated by the use of thin-liquid US gel. A fortunate circumstance is that, in



Fig. 2. Real-time US allows one to observe the effects of Valsalva's maneuver. Intra-abdominal fat is pressed into the abdominal wall (arrow) through an epigastric hernia.

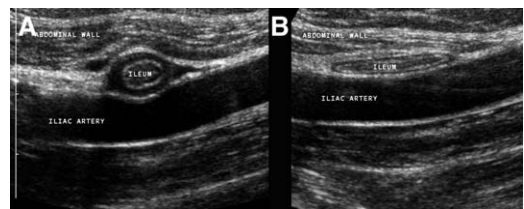


Fig. 3. Real-time US allows one to observe the effect of compression. Compare the contracted normal ileum (*A*) with the relaxed, flattened ileum in the same patient a few seconds later (*B*).

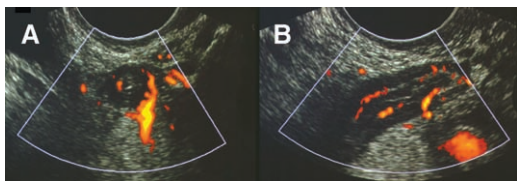


Fig. 6. Acutely inflamed appendix in deep pelvic position. The appendix, visualized here in its transverse (A) and longitudinal (B) axis, could only be demonstrated with the help of a transvaginal probe.

contrast to normal gas-filled bowel, pathologic bowel usually stands out fairly easily and is readily picked up (Fig. 8). The point of maximum tenderness and a possible palpable mass are correlated with the US findings and in case of free fluid, US-guided puncture can be done (Fig. 9).

Appendicitis

Acute appendicitis is the most common abdominal surgical emergency in the Western world. The diagnosis may be easy but may also be very difficult. The clinical diagnosis of appendicitis is as often wrongly made as it is initially overlooked, leading to unnecessary surgery, respectively to ill advised delay. Using US it is possible to confirm appendicitis by visualizing the inflamed appendix (successful in 90%) or to exclude appendicitis, either by visualization of the normal appendix (successful in 50%) or by demonstrating an alternative condition (possible in 20%). This means that there is always a rather large group of patients in whom the US result is equivocal making further studies necessary. A fortunate circumstance is

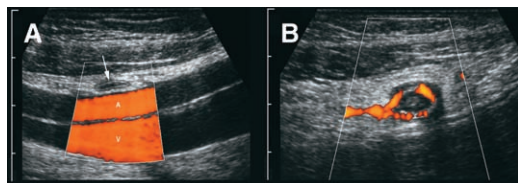


Fig. 11. Axial US image of a normal (A) versus an inflamed (B) appendix. (A) The normal appendix is small, compressible, contains no Doppler signal, and is not surrounded by inflamed fat. A = iliac artery; V = iliac vein. (B) The inflamed appendix is large, noncompressible, and hypervascular, and is surrounded by hyperechoic, noncompressible tissue, representing the fatty meso-appendix.

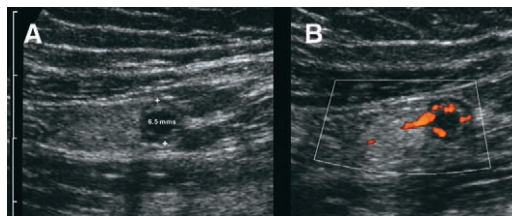


Fig. 20. Pitfall. (A) The appendix has a maximal diameter of only 6.5 mm; however, there is inflamed fat and an increased Doppler signal (B) indicating that it is acutely inflamed.

that most of the patients in the latter group are obese and suitable for CT.

The normal appendix presents as a small, easily compressible, concentrically layered, mobile, blind-ending, sausage-like structure (Fig. 10). The diameter is usually less than 7 mm, but is incidentally large. The normal appendix is mobile, may have a collapsed lumen, but also may contain air or some fecal material, and rarely a little fluid [7]. Power Doppler reveals scarce or no vascular signal and there is no hyperechoic, noncompressible inflamed fat around the appendix.

Ultrasound of appendicitis

The typical appearance of an inflamed appendix is that of a concentrically layered, noncompressible sausage-like structure demonstrated in a fixed position at the site of maximum tenderness (Fig. 11). The average maximum diameter is 9 mm with a variation

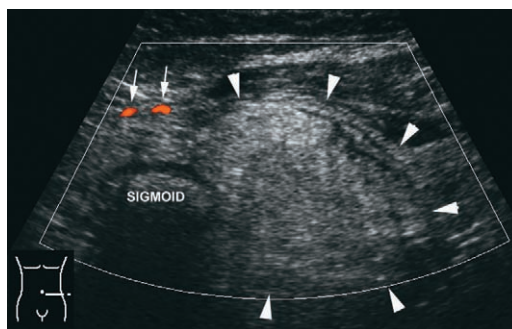


Fig. 35. Epiploic appendagitis in a 48-year-old man with clinical signs of diverticulitis. US reveals an ovoid, noncompressible, avascular fatty mass (arrowheads), whereas the adjacent sigmoid has a normal aspect. The neighboring fat shows hyperemia (arrows). During respiration the mass, representing the infarcted epiploic appendage, was seen to be adherent to the parietal peritoneum. The patient's symptoms disappeared within a week without treatment.

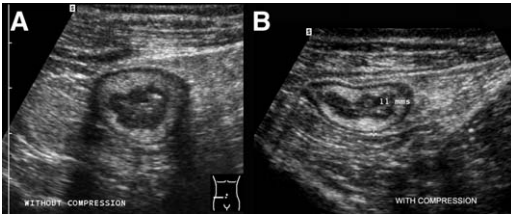


Fig. 4. Decreased compressibility of the ileum in Crohn's disease. Compare the abnormal ileum without compression (A) with the image with compression: the diameter is still 11 mm (B).

from 7 to 17 mm (Fig. 12). In 30% intraluminal fecalith are found actually obstructing the lumen. Six to 12 hours after the onset of symptoms, the inflammation progresses to the adjacent fat of the meso-appendix, which becomes larger, more hyperechoic, and less compressible. Later on, this fatty tissue tends to increase in volume around the appendix: this represents mesentery and omentum, which have migrated toward the appendix in an attempt to wall-off the imminent perforation (Fig. 13).

Slowly applied intermittent compression is the best way to identify the noncompressible inflamed fat. An irregular, asymmetric contour and loss of the layer structure of the appendix indicate perforation or imminent perforation.

Vascularization of the appendiceal wall is either markedly increased or absent because of high intra-

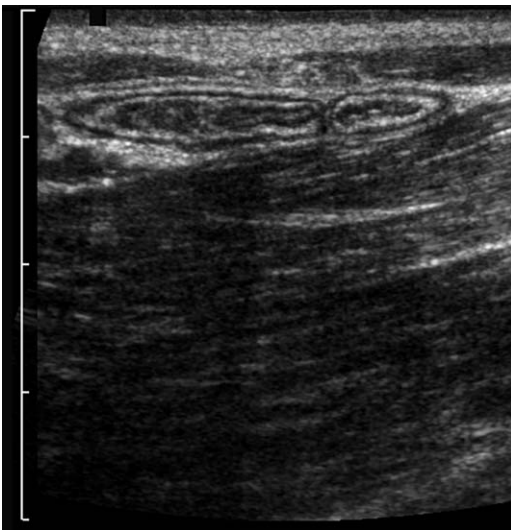


Fig. 5. Normal ileum and appendix during compression. Thin habitus of the patient and the application of compression allow the use of a 13.5-MHz transducer with a high image quality.



Fig. 7. The “mowing-the-lawn” technique. The peritoneal cavity is screened for bowel pathology by making vertical, overlapping lanes over the abdomen. Bowel pathology is usually conspicuous, because the diseased and empty bowel has a thickened and hypoechoic wall, which contrasts with the surrounding hyperechoic fatty tissue.

luminal pressure with concomitant ischemic necrosis; however, there is always increased vascularization in the directly surrounding fatty tissue. The presence of a generalized, adynamic ileus is suspect for perforated appendicitis, even if the inflamed appendix cannot be visualized.

A small quantity of free intraperitoneal fluid is aspecific. It may be present in both nonperforated and perforated appendicitis and in many other conditions, both surgical and nonsurgical. A large quantity of fluid in the presence of an inflamed appendix may represent pus from perforated appendicitis and then is usually accompanied by paralytic ileus. Larger quantities of free fluid also are found in perforated peptic ulcer (note air and food particles) and gynecologic conditions (puncture usually reveals blood). In most patients with appendicitis inflamed mesenteric lymph nodes can be demonstrated higher up in the mesenteric root.



Fig. 8. Segmental colitis caused by Crohn's disease. The pathologic bowel segment is easily picked up using the “mowing-the-lawn” technique.



Fig. 9. An US-guided puncture of intraperitoneal fluid reveals purulent nature of the fluid in a patient with perforated appendicitis.

In case of an abnormal position of the inflamed appendix far from where the usual gridiron incision is made, it is useful to indicate the location of the appendix on the skin of the patient with a waterproof marker. This may influence site, size, and orientation of the incision (Fig. 14).

Spontaneous resolving appendicitis

If the clinical symptoms rapidly subside despite the presence of an unequivocally inflamed appendix on US, one should consider the diagnosis of spontaneously resolving appendicitis. These patients initially have the typical clinical signs of appendicitis, but within 12 to 48 hours after the onset of pain the clinical symptoms relatively abruptly subside, probably because of relief of obstruction. On US follow-up, the appendix usually decreases in size in the course of days (Fig. 15). If the patient recalls similar previous attacks, immediate appendectomy is advisable, even if the patient is again completely free of symptoms at that time. Histology in such cases confirms acute inflammation. If conservative management is opted for, keep

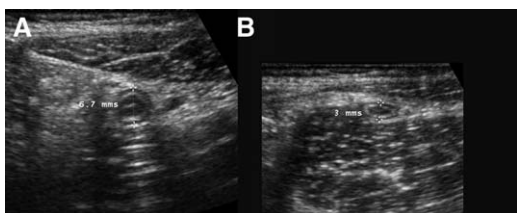


Fig. 10. Transverse US image of the normal appendix without (A) and with (B) compression.

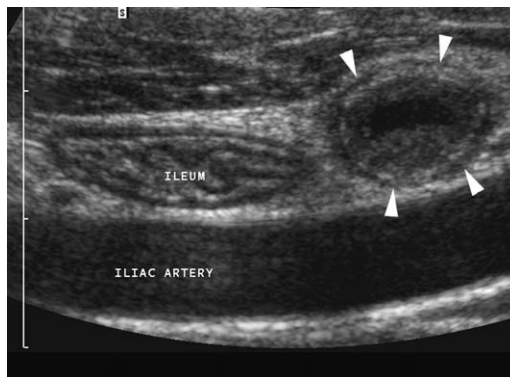


Fig. 12. Acute appendicitis. Noncompressible, inflamed appendix (arrowheads) lies next to normal, well-compressible ileum. The appendiceal lumen is dilated and the appendix diameter is 11 by 13 mm. Note a fluid-debris level within the lumen.

in mind that there is a recurrence rate of approximately 40% [8].

Appendiceal mass

Patients who are admitted with considerable delay may present with a palpable mass and relatively mild peritonitis. In these patients, who usually have a high erythrocyte sedimentation rate, US shows a large mass of noncompressible fat around the appendix, interspersed with echolucent streaks. These patients are

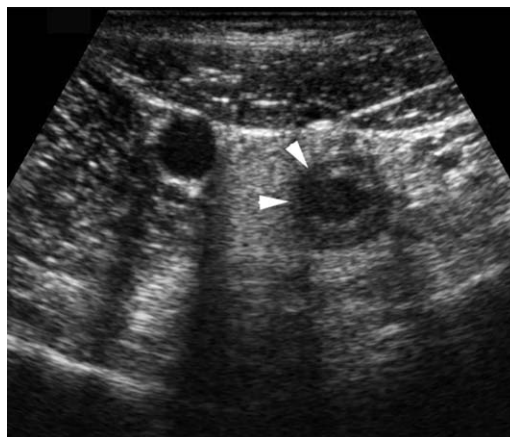


Fig. 13. Acute appendicitis. The inflamed appendix shows local disturbance of the layer structure (arrowheads) indicating local transmurals progression of the infection. The surrounding inflamed fat probably effectively walls-off the imminent perforation.



Fig. 14. Inflamed appendix in unusual high position in a patient with clinical signs of cholecystitis. Because of its abnormal position far from McBurney's point (*McB*), the appendix was drawn on the skin with a waterproof pencil. This influenced site, size, and orientation of the incision and facilitated the appendectomy.

diagnosed as “appendiceal phlegmon” and are usually managed conservatively because the surgeon knows that appendectomy in such cases is technically difficult or even impossible [9].

In some patients, the surgeon might be uncertain about the right policy: immediate operation or conservative management. In these cases the clinical symptoms prevail over the US image. If treated conservatively, follow-up US shows a decrease in size of the appendiceal phlegmon within the course of weeks (Fig. 16).

If next to the inflamed appendix a fluid collection is found, this is suggestive for an appendiceal abscess. The collection often contains air and is surrounded by

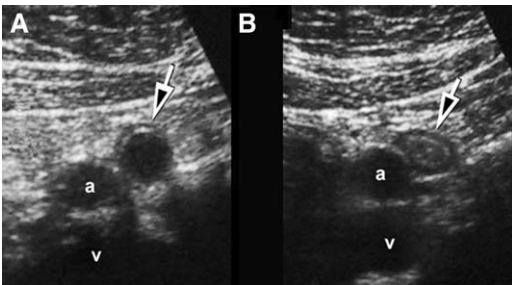


Fig. 15. Spontaneously resolving appendicitis. (A) Inflamed appendix (*arrow*) with a dilated lumen and a diameter of 11 mm. The patient experienced rapidly subsiding symptoms and did not undergo operation. (B) Two days later the patient was completely symptom free. The appendix (*arrows*) has decreased in size. A = iliac artery; V = iliac vein.

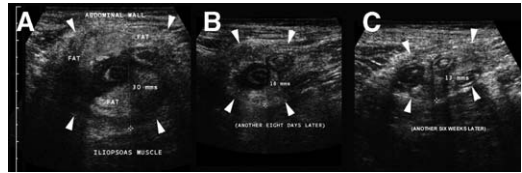


Fig. 16. Resolution of an appendiceal phlegmon. A 35-year-old man with a 10-day history of appendicitis, an erythrocyte sedimentation rate of 65 mm/hour, a palpable mass in the right lower quadrant, and no evidence of peritonitis. (A) US reveals large noncompressible inflammatory mass consisting of the inflamed appendix, mesentery, and omentum. The antero-posterior diameter during compression between the abdominal wall and the iliopsoas muscle was 30 mm. The combined clinical-ultrasonographic diagnosis of appendiceal phlegmon was made and the patient was treated conservatively. (B) Eight days later the patient was feeling much better. US shows a marked decrease in size of the phlegmon (18 mm). (C) Another 6 weeks later the patient was completely symptom free; however, there are still residual abnormalities. There were no recurrent symptoms and the patient did not undergo operation.

inflamed noncompressible hyperechoic tissue representing omentum and mesentery and secondarily thickened neighboring bowel loops, attempting to seal-off the abscess from the peritoneal cavity.

If an appendiceal abscess is demonstrated and there is no frank peritonitis, percutaneous drainage is the treatment of choice (Fig. 17). In stable patients who have no fever and only mild pain, it is wise to await spontaneous drainage of the abscess to neighboring bowel.

Finally, there are some patients with an appendiceal abscess who are better off with immediate surgery: this goes in general for children and for those patients with severe peritonitis, which indicates that the walling-off process is failing. Immediate surgery also is indicated



Fig. 17. Appendiceal abscess. Large abscess cavity contains a fecalith. Note the inflamed appendix (*arrows*) lying next to the abscess.

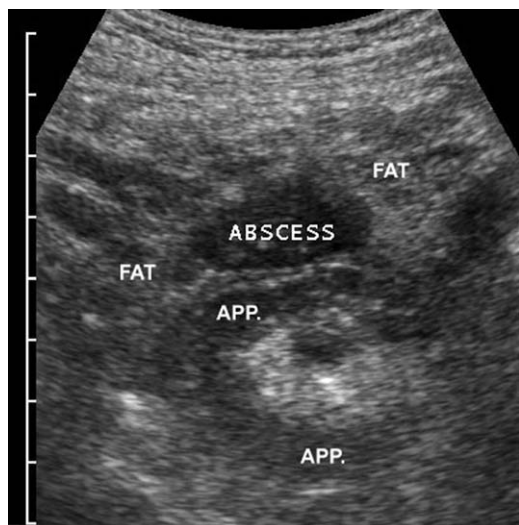


Fig. 18. Acute appendicitis with a small periappendiceal abscess. The patient had a 4-day history of right lower quadrant pain and at physical examination had clear peritonitis. The sedimentation rate was 48 mm/hour. Palpation was unreliable. Subsequent appendectomy with evacuation of the abscess was performed without technical difficulties.

for patients who have a small abscess with a history of only a few days of symptoms, in whom appendectomy with evacuation of the abscess is usually technically easy (Fig. 18).

Before percutaneous drainage, CT is necessary to delineate the extent of the abscess and to determine the safest access route. If expertise is available in US-guided puncture, the combination US plus fluoroscopy has several advantages over CT-guided drainage: it is rapid, allows continuous control, any angulation, and can be performed as a bedside procedure.

Pitfalls in the ultrasound diagnosis of appendicitis

A false-positive diagnosis can be made if the normal appendix is mistaken for an inflamed one. Not infrequently the normal appendix is larger than 7 mm, especially in children when caused by lymphoid hyperplasia and in adults when caused by fecal impaction. Appendiceal compressibility, the absence of a Doppler signal, and the absence of inflamed fat are the most important features in deciding if it is normal or inflamed.

Mistaking a normal appendix for an inflamed one may also occur if there is secondary thickening of the appendix associated with cecal carcinoma. In the latter case, the appendiceal lumen is obstructed giving rise to

sterile accumulation of mucus in the lumen. The patient often has remarkably mild symptoms and is managed conservatively under the erroneous diagnosis of an appendiceal phlegmon. If the underlying tumor is small and is not recognized, this may lead to considerable delay in surgical treatment. The combination of a relatively large appendix with paradoxically mild and atypical symptoms should raise suspicion of underlying malignancy. Other conditions with secondary thickening of the appendix are perforated peptic ulcer, Crohn's disease, and sigmoid diverticulitis.

The most important reason for a false-negative ultrasound examination is overlooking the inflamed appendix. In experienced hands the inflamed appendix can be visualized in 90% of patients with acute appendicitis. Generalized peritonitis hampers graded compression, which may account for a lower score in patients with free appendiceal perforation. Air-filled dilated bowel loops from adynamic ileus may hide the appendix from view. Air in the lumen can make it difficult to identify the inflamed appendix (Fig. 19). Another pitfall is demonstration of the normal proximal part of the appendix while the distal inflamed tip is overlooked, because it is obscured by bowel gas. Rarely, the inflamed appendix has a maximal diameter of less than 7 mm. In those cases rigidity, hyper-vascularity, and the presence of inflamed fat must give the clue (Fig. 20).

Another pitfall is advanced appendicitis where there is secondary wall thickening of the ileum. Often the ileal thickening is more prominent and conspicuous on US than the underlying inflamed appendix. If only the ileum is appreciated and the appendix is overlooked, an erroneous diagnosis of infectious ileocolitis or Crohn's disease can be made, leading to ill-advised surgical delay (Fig. 21). Similarly, if in an adult patient enlarged mesenteric lymph nodes are the sole US finding, one should be cautious to diagnose mesenteric lymphadenitis because these nodes could

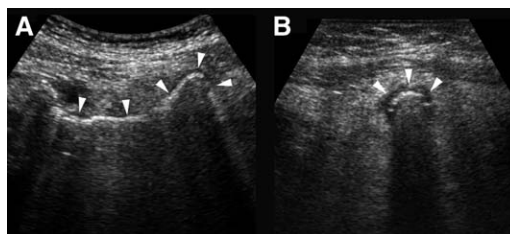


Fig. 19. Pitfall. The inflamed appendix, demonstrated in the longitudinal (A) and axial (B) plane, has a gas-filled lumen (arrowheads), making it difficult to identify. The sausage shape and the inflamed fat are the clue to the diagnosis.

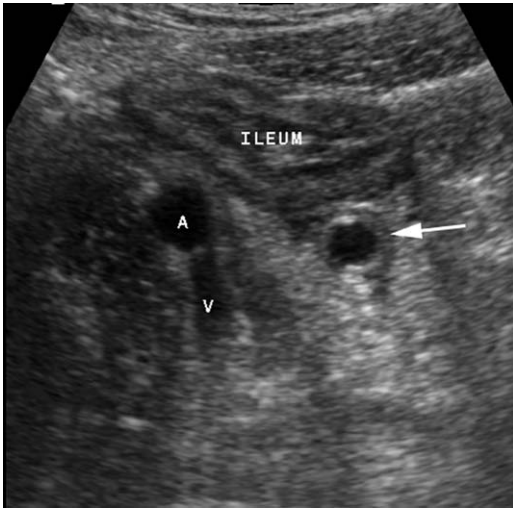


Fig. 21. Pitfall. Secondary thickening of the ileum caused by appendicitis. If the prominent ileum is appreciated, but the inflamed appendix (*arrow*) is overlooked, an erroneous diagnosis of Crohn’s disease or infectious ileocolitis can be made, leading to surgical delay.

be secondarily enlarged because of acute appendicitis, while the inflamed appendix is overlooked.

If in a patient with appendicitis only the fecalith in the appendiceal base is visualized and the rest of the appendix is overlooked, this may lead to an erroneous diagnosis of cecal diverticulitis. If in a woman a



Fig. 22. Crohn’s ileitis with abscess formation. US reveals marked wall thickening of the terminal ileum with local disruption of the wall and a small abscess, walled-off by hyperechoic, inflamed fat.

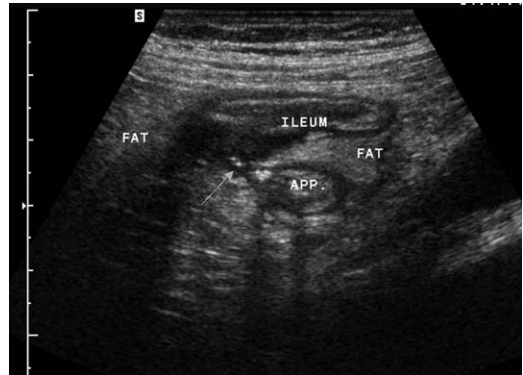


Fig. 23. Crohn’s ileitis with fistula (*arrow*) to the adjacent appendix. Note the focal loss of layer structure of the ileal wall and large masses of surrounding inflamed fat.

relatively large right-sided ovarian cyst is found, this is not necessarily the cause of her symptoms and one should still search for appendicitis. Finally, if in advanced appendicitis only the hyperechoic noncompressible inflamed fat of omentum and mesentery is visualized, and the inflamed appendix is overlooked, this may lead to an erroneous diagnosis of omental infarction or epiploic appendagitis [10,11].

In patients with equivocal US findings, CT scan is indicated. A fortunate circumstance is that these are often obese patients.

Ileocecal Crohn’s disease

Patients with ileocecal Crohn’s disease often have protracted and atypical symptoms causing marked diagnostic delay. Crohn’s disease may also present with acute, appendicitis-like symptoms and lead to an ill-advised operation. In both scenarios US may play an important role in establishing the initial diagnosis [12,13]. The sensitivity of US for detecting ileocecal Crohn’s disease is over 95%.

Sonographically, there is marked mural thickening of the ileum, which shows decreased or no peristalsis and is not compressible. Classically, all layers are involved and layer structure is often locally disturbed, the earliest sign being echolucent changes in the submucosa. There is inflammation of the fatty mesentery and omentum, recognizable as hyperechoic, noncompressible tissue adjacent to the ileum. In the echolucent wall bright eccentric foci may indicate deep ulceration. Echolucent streaks within the hyperechoic tissue indicate liponecrotic tracts, which may herald fistula formation. Cecum and appendix may also show mural thickening. Mesenteric lymph nodes are often markedly enlarged, but hypovascular. In

long-standing Crohn's disease, "creeping fat" is found, which is recognized as a large, moderately well-compressible fatty mass encompassing most of the circumference of the ileum and isoechoic to normal fat. Eventually, there are often US signs of prestenotic dilatation, abscess formation, or fistula formation (Figs. 22, 23).

Infectious ileocolitis and infectious ileocectitis

Infectious ileocolitis is a bacterial infection of terminal ileum and colon, which is characterized by diarrhea and abdominal pain. The most frequently cultured bacteria are *Campylobacter*, *Salmonella*, and *Yersinia*. The infection is generally limited to the mucosa, is self-limiting, and rarely poses diagnostic problems.

There is an interesting variant of infectious ileocolitis in which the infection is mainly limited to the ileocecal area and has been termed "infectious ileocectitis" [14]. It is usually caused by the same bacteria and the importance of this variant is that its clinical

symptoms are dominated by acute right lower abdominal pain, whereas diarrhea is absent or only mild. These symptoms masquerade as the clinical signs of appendicitis and explain why infectious ileocectitis often leads to an unnecessary laparotomy. The symptoms of *Yersinia* are often more protracted and both the clinical symptoms and the US features may mimic those of Crohn's disease. The absence of a transmural component, the self-limiting course, and positive stool cultures or serology yield the correct diagnosis. The frequency of infectious ileocectitis is fairly high and has a ratio of 1 to 8 compared with appendicitis [14].

An US shows fairly characteristic features: there is diffuse thickening of mucosa and submucosa of the terminal ileum and the cecum and enlargement of mesenteric lymph nodes (Fig. 24). The appendix is sonographically normal. In contrast to ileocecal Crohn's disease, in infectious ileocectitis the wall layers are always intact and the muscularis and serosa are never affected. Omentum and mesentery are never involved and there are never signs of bowel obstruction or abscess or fistula formation. The various microorga-

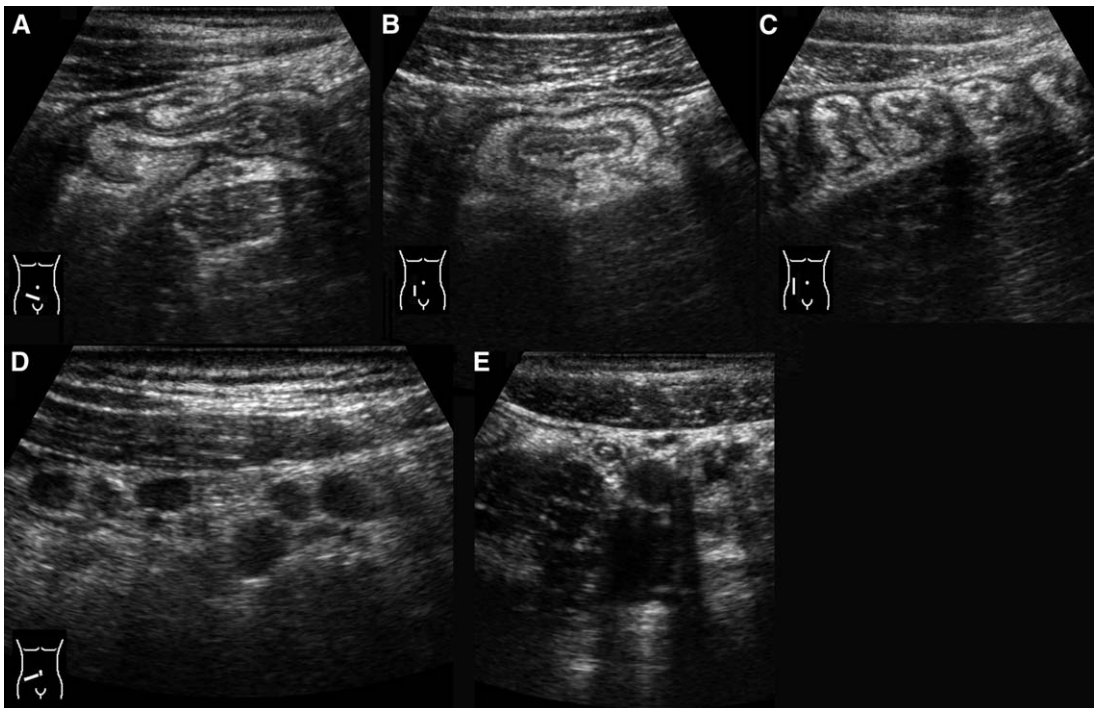


Fig. 24. Infectious ileocectitis in a 26-year-old woman with clinical signs of appendicitis. US shows prominent ileocecal valve in the longitudinal (A) and axial (B) view caused by marked mucosal and submucosal wall thickening of ileum and cecum. (C) Sagittal image of the empty and contracted ascending colon with a prominent haustration pattern caused by mural thickening. (D) Enlarged lymph nodes are found in the radix of the mesentery. (E) The appendix is normal. Appendectomy was cancelled. The next day the patient developed diarrhea and stool cultures eventually revealed *Campylobacter jejuni*.

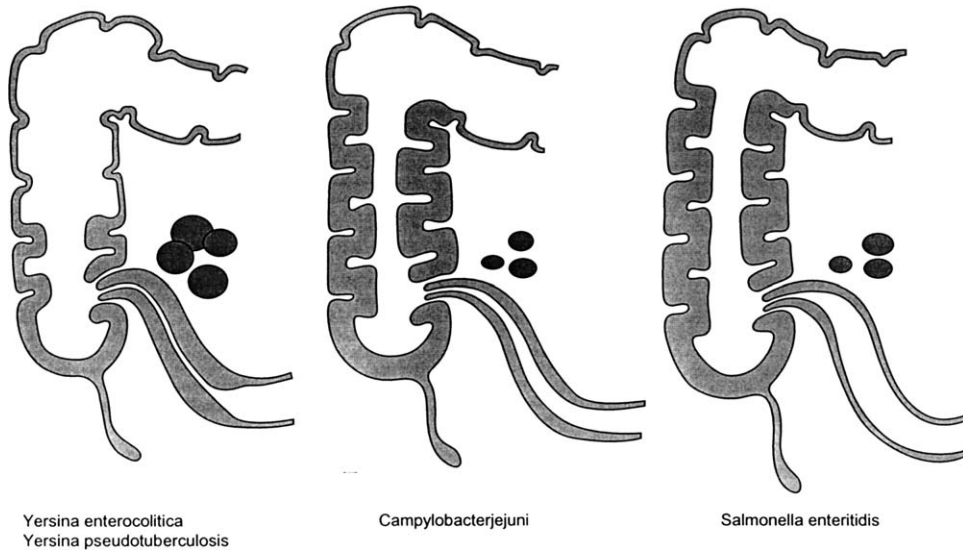


Fig. 25. Infectious ileocolitis. Schematic representation of relative involvement of ileum, cecum, and mesenteric lymph nodes in infectious ileocolitis caused by *Yersinia*, *Campylobacter*, and *Salmonella*. There is some overlap between the different patterns.

nisms have a slightly different pattern of affecting the ileocecal area (Fig. 25).

Mesenteric lymphadenitis

This is an ill-defined entity, probably of viral origin, in which the mesenteric lymph nodes become inflamed and enlarged. It is a typical disease of childhood and is only rarely seen in young adults. It mimics the clinical signs of appendicitis and may lead to an unnecessary appendectomy. The US findings are solely enlarged, hypervascular mesenteric lymph nodes. If these are the only US findings in a symptomatic young adult, however, it is well possible that these nodes are in fact secondarily enlarged because of acute appendicitis and the inflamed appendix is overlooked.

Cecal carcinoma

Patients with cecal carcinoma can present with acute or subacute abdominal symptoms in several ways: the tumor may cause acute small bowel obstruction, the appendix may be involved, the tumor may perforate, and the tumor itself may cause direct pain. The often bulky nature of the tumor and the close proximity of the right colon to the abdominal wall

makes cecal carcinoma in most cases fairly conspicuous on US: most present as a hypoechoic, solid, well-vascularized irregular, and asymmetric thickening of the cecal wall (Fig. 26). In the proximity enlarged mesenteric lymph nodes can be found, and in most cases there is also some inflamed fat around the tumor. In a minority the tumor is of the scirrhous type, which

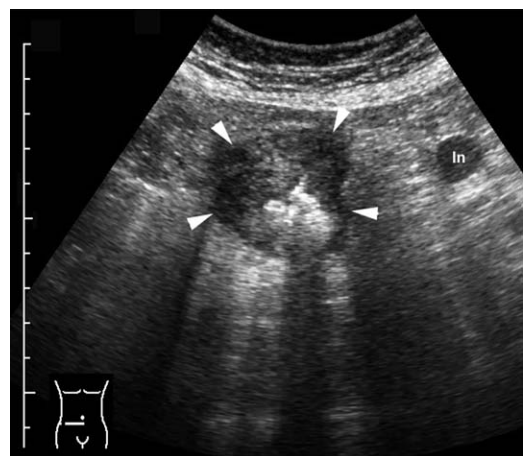


Fig. 26. Cecal carcinoma. US reveals asymmetric, hypoechoic, circumferential wall thickening of the cecum (arrowheads) with narrowing of the lumen. There is one pathologically enlarged lymph node (ln).

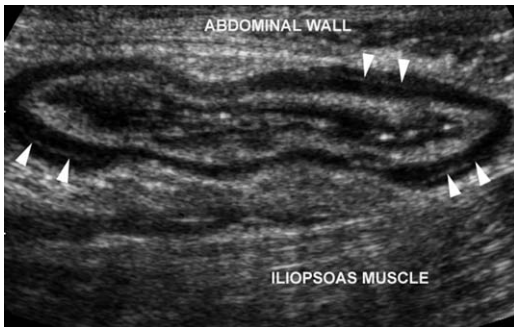


Fig. 27. Normal empty sigmoid. Axial view during relaxation and compression with the transducer shows the colonic anatomy the best. Note the three teniae coli, visible as a focal thickening of the muscularis layer. Note the separation of each tenia from the circular muscular layer by a thin, echogenic layer of connective tissue (*arrowheads*).

is less easy to detect. The finding of liver metastases strongly supports the diagnosis of malignancy.

Ingrowth of the tumor in the appendiceal base only rarely causes a full-blown appendicitis, but rather leads to mucinous dilatation of the appendiceal lumen. On US the enlarged appendix is often more conspicuous than the underlying tumor, and because there is often a palpable mass and protracted symptoms, these patients are often misdiagnosed as to have an appendiceal phlegmon, leading to significant surgical delay. A clue to the correct diagnosis is the discrepancy between the relatively mild and protracted symptoms of intermittent, nagging pain and the impressive size of the appendix and the surrounding tissue. Another helpful sign is markedly enlarged mesenteric lymph nodes (short axial diameter greater than 12 mm). If CT is not helpful and both clinical symptoms and US abnor-

malities do not resolve within weeks, colonoscopy is indicated.

Sigmoid diverticulitis

The diagnosis of sigmoid diverticulitis is often made on clinical grounds. In the classic case the patient presents with localized pain and guarding in the left lower abdomen, fever, leukocytosis, and later elevation of the sedimentation rate. The diagnosis, however, is not always clear. Clinical signs may be so atypical that initially another diagnosis is considered, such as urinary tract infection; renal colic; perforated peptic ulcer; adnexitis; or in case of diverticulitis in a right-sided loop of sigmoid, appendicitis. The clinician may think, however, of sigmoid diverticulitis, whereas in fact another condition is present, such as sigmoid carcinoma, epiploic appendagitis, a gynecologic or urologic condition, or even a ruptured aortic aneurysm. In all of these cases, US may play a role by making the correct diagnosis at an early point in time.

On US, the normal descending colon and upper part of the sigmoid can reliably be identified in virtually all patients because of its consistent location laterally in the left paracolic gutter. The US appearance of the normal sigmoid is variable: the lumen can be empty or filled with feces, and the sigmoid can be contracted or relaxed (Fig. 27). A third factor influencing the aspect is compression by the transducer, which flattens the colon. The muscularis in diverticulosis is often markedly thickened and fecalith-containing diverticula easily can be recognized as large (4 to 12 mm), strongly reflective, round-ovoid structures casting an acoustic shadow and localized on the outside of the contour of the contracted colon (Fig. 28). If the sigmoid is filled with feces, the diverticula are

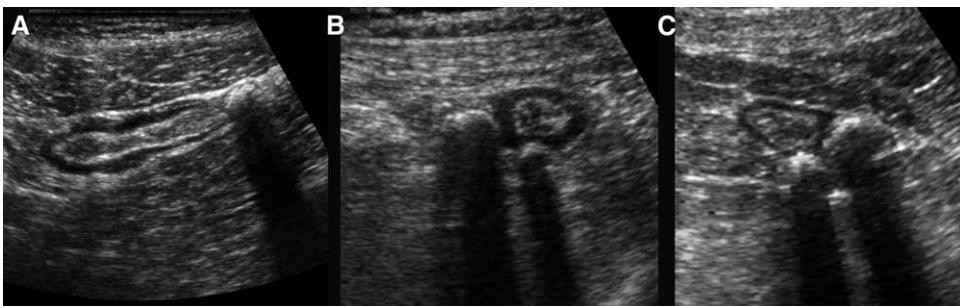


Fig. 28. (A, B, C) Sigmoid diverticulosis in three asymptomatic patients. The fecalith-filled diverticula are recognized as strongly reflective, round structures casting an acoustic shadow and localized at the outer contour of the empty sigmoid. The thin wall of the diverticulum, consisting of mucosa only, is not separately visible.

hardly recognizable. The US appearance of diverticulitis depends on the stage of the disease.

In the earliest stage (stage 0) there is usually local wall thickening of the colon, at first without but later with local blurring of the layer structure. Around the fecalith there is hyperechoic, noncompressible tissue, which represents the inflamed mesentery and omentum trying to seal off the imminent perforation. This inflamed fat, which is best identified during gentle, intermittent compression with the transducer, is obligatory for the diagnosis of diverticulitis [15]. Usually the

inflamed diverticulum corresponds with the spot of maximum tenderness. Endovaginal US has an important role in women with deeply located diverticulitis.

An US follow-up in most cases shows the development of a small (often < 1 cm) paracolic abscess and disintegration of the fecalith. In over 80% of patients, after 1 or 2 days the pus and the fecalith evacuate toward the colonic lumen by local weakening of the colonic wall at the level of the original diverticular neck (Figs. 29, 30). Correspondingly, the patient's symptoms resolve. Note that the residual inflammatory

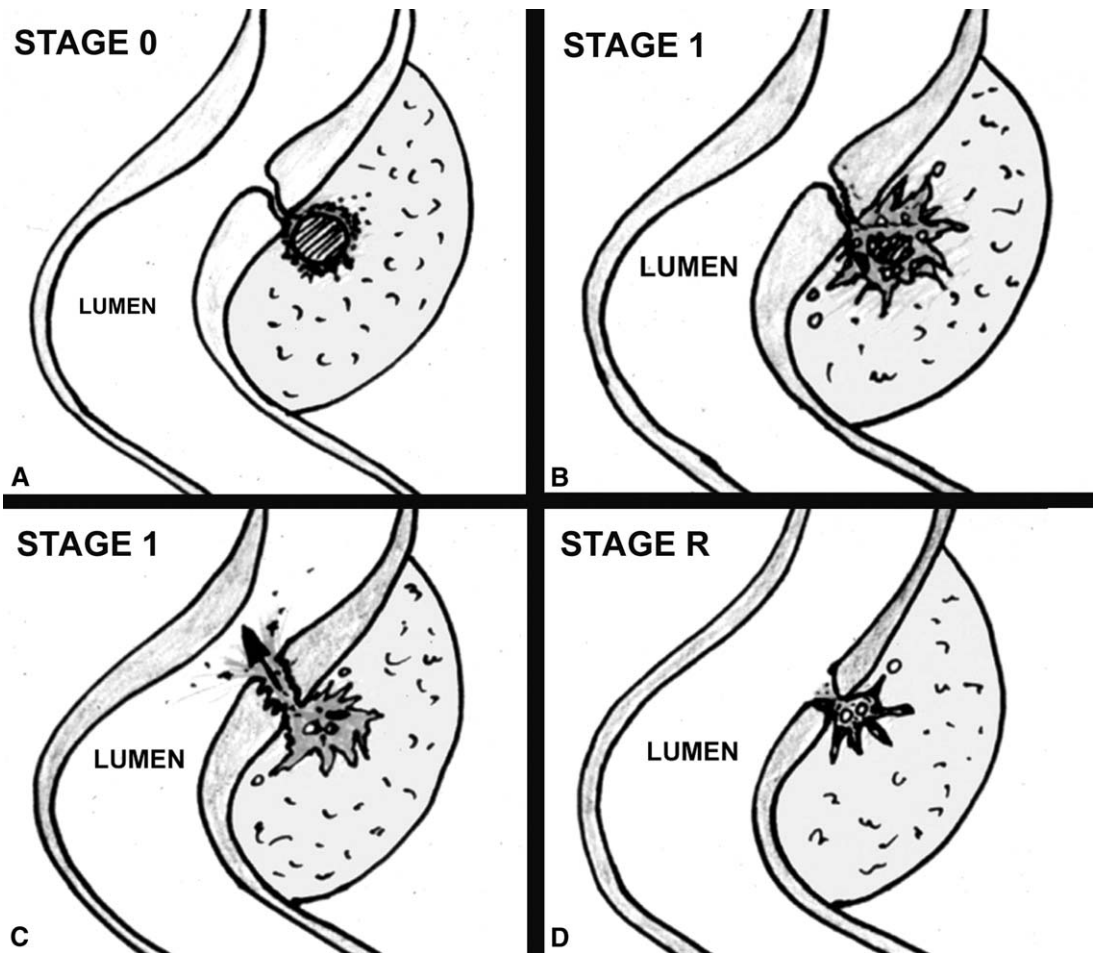


Fig. 29. Schematic presentation of the benign, natural course of sigmoid diverticulitis as it is observed in 80% of patients. (A) In stage 0 the neck of the diverticulum becomes obstructed, followed by high intradiverticular pressure and an impaired defense system against the bacteria lodging within the fecalith. Surrounding inflamed fat represents mesentery and omentum attempting to wall-off the imminent perforation. (B) Development of a small paracolic abscess, successfully walled-off by mesentery and omentum. The fecalith usually disintegrates and the sigmoid wall is locally weakened. (C) Evacuation of pus and residual fecal material through the weakened sigmoid wall into the colonic lumen. (D) Residual abnormalities remain fairly long after resolution of the symptoms.



Fig. 30. Natural, benign course of sigmoid diverticulitis. (A) US reveals mural thickening of the sigmoid at the level of an inflamed diverticulum (arrow) containing a fecalith (stage 0). Note the surrounding hyperechoic, noncompressible tissue representing the omentum and mesentery effectively walling-off the imminent perforation. Within the fat, echolucent linear streaks (arrowheads) are visible. (B) One day later the patient feels slightly better. The fecalith cannot be recognized as such and the contents of the diverticulum are bulging toward the sigmoid lumen, sign of impending evacuation. (C) Another 2 days later, the patient was almost symptom free. Pus and fecal material have completely evacuated to the sigmoid lumen, leaving an empty diverticulum (arrow).

changes may remain present for a long time after the evacuation, so the patient can be completely symptom free when there are still considerable US visible abnormalities present. In about 20% of patients, diverticulitis takes a complicated course.

Free perforation without any sealing-off by mesentery or omentum is relatively rare. Spill of fecal material or pus to the peritoneal cavity quickly leads to severe peritonitis rendering laparotomy inevitable. Even in case of a larger diverticular abscess (> 2.5 cm) spontaneous evacuation to the colonic lumen remains the rule (Fig. 31). In some patients, however, the abscess may evacuate in a less favorable direction



Fig. 31. Paracolic abscess caused by diverticulitis, effectively walled-off by large masses of inflamed fat, representing mesentery and omentum. The abscess eventually evacuated completely, and the patient recovered without surgery.

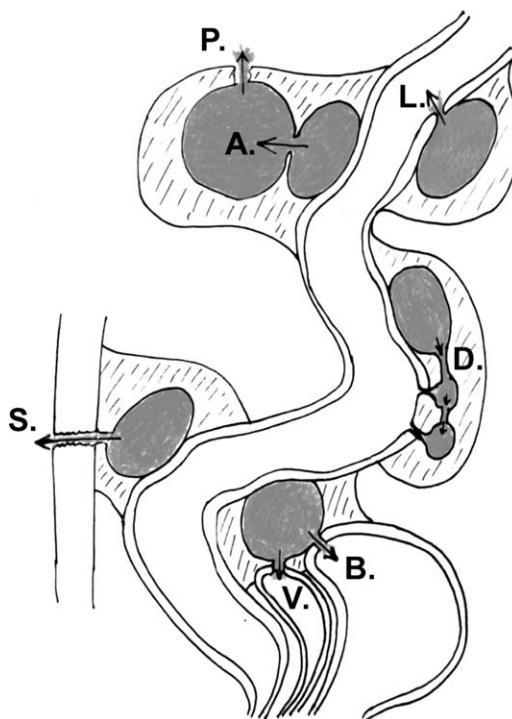


Fig. 32. Schematic presentation of the natural evolution of sigmoid diverticulitis, once a paracolic abscess has developed. The most frequent and most favorable pathway is evacuation to the sigmoid lumen (L). Less favorable is breakthrough to neighboring diverticula (D), giving rise to persistent, longitudinal, cuff-like abscesses. Even worse is the formation of secondary abscesses (A), and eventual perforation to the peritoneal cavity (P). Finally, evacuation to bladder (B), vagina (V), and through the skin (S) leads to fistula formation.

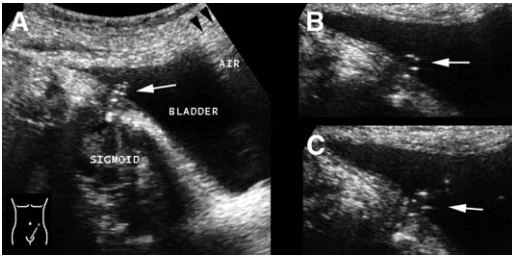


Fig. 33. Colovesical fistula from sigmoid diverticulitis. (A) From the lumen of the sigmoid an air-track (arrow) can be followed all the way to the bladder. In the dome of the bladder gas (arrowheads) is seen. (B, C) From the orificium of the fistula, from time to time the passage of air-bubbles (arrows) can be witnessed.

(Fig. 32). In the first place, it may find its way to neighboring diverticula, giving rise to more longitudinally oriented abscesses undermining the colonic wall. These abscesses tend to heal badly and often lead to recurrent inflammation with stenosis eventually requiring elective surgery. In rare cases the abscess breaks through to the peritoneal cavity, which may lead to diffuse peritonitis or to secondary abscess formation. If a diverticular abscess evacuates into bladder or vagina, a fistula may result (Fig. 33).

US has an important role in the diagnosis of alternative conditions: ureterolithiasis, sigmoid carcinoma (Fig. 34), ruptured aortic aneurysm, perforated peptic ulcer, appendicitis, and epiploic appendagitis (Fig. 35). Although in lean patients and in women using the transvaginal probe differentiation of diverticulitis from colonic carcinoma is often possible, it is good practice that in every patient with diverticu-

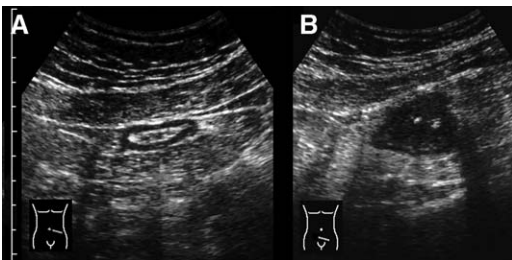


Fig. 34. Sigmoid carcinoma in 39-year-old patient with clinical signs of diverticulitis. (A) Transverse image of the sigmoid 5 cm cranial to the tumor: the colon is thin-walled and well-compressible. (B) Axial US image of the tumor shows asymmetric, moderately echolucent wall thickening of the sigmoid. There is also noncompressible fat around the tumor, representing a desmoplastic reaction.

litis colonoscopy is performed when the inflammatory changes have subsided. Percutaneous drainage of a large diverticular abscess is indicated in case of persistent spiking fever; however, it is only rarely needed. The presence of a persistent, large paracolic abscess should always raise the suspicion of underlying malignancy.

Right-sided colonic diverticulitis

Right-sided colonic diverticulitis in many respects differs from sigmoid diverticulitis. Diverticula of the right colon are usually congenital, solitary, true diverticula containing all bowel layers. The fecalith within these diverticula are larger, the diverticular neck is wider, and there is no hypertrophy of the muscularis of the right colonic wall. Understandably, right colonic diverticulitis, which can occur at any age, almost invariably has a favorable course and never leads to free perforation with peritonitis or large abscesses. Although relatively rare, it is crucial to make a correct diagnosis, because the clinical symptoms of acute right lower quadrant pain may lead to an unnecessary operation for suspected appendicitis. In 40% of patients it even leads to a right hemicolectomy because the surgeon during the operation assumes he or she is dealing with a colonic malignancy. Although much more frequent in Asians, the diagnosis in the Western world is not rare: in a recent study one case of right colonic diverticulitis is seen for every 15 cases of sigmoid diverticulitis, and for every 30 cases of appendicitis [16].

US, if necessary complemented by CT, has characteristic features and prevents unnecessary surgery for this benign and self-limiting condition (Fig. 36).

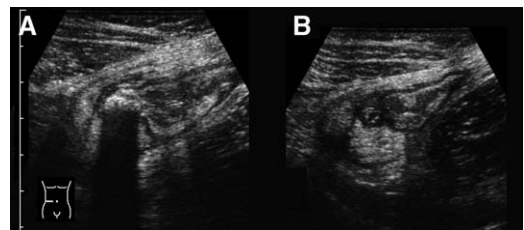


Fig. 36. Cecal diverticulitis in a 23-year-old man with all signs of acute appendicitis. (A) US reveals circumferential cecal wall thickening at the level of an inflamed diverticulum, containing a fecalith and surrounded by inflamed fat. The patient was treated conservatively. (B) Two days later the patient is almost symptom free. The diverticulum is empty because the fecalith has evacuated to the cecal lumen.

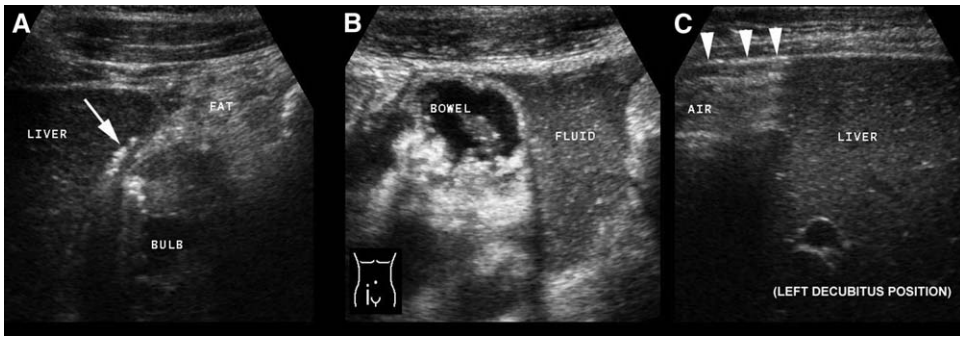


Fig. 37. Perforated duodenal ulcer. (A) In the right upper quadrant impressive wall thickening in the duodenal bulb is found. There are both transmural and extramural (arrow) gas configurations. The inflamed fat represents mesenteric and omental fat attempting, in vain, to wall off the perforation. (B) In the right lower quadrant US a large amount of debris-like peritoneal fluid is found. (C) In the left decubitus position free air (arrowheads) can be seen to collect between liver and the lateral abdominal wall.

For proper understanding of the US images, it is vital to realize the dynamic sequence of the inflammatory process, where each stage of the disease has its own US image [16]. A dangerous pitfall is to mistake a fecalith in the base of an inflamed appendix for a case of cecal diverticulitis.

Perforated peptic ulcer

The finding of pneumoperitoneum on a standing chest radiograph in combination with severe acute upper abdominal pain is strongly suggestive for perforated peptic ulcer and a laparotomy usually follows without additional imaging. In some cases, however, symptoms of a perforated ulcer may be atypical and mimic those of appendicitis, in which case no chest radiograph is made. In other cases of perforated ulcer free air is not present or not detectable. In all those cases, US and CT may be of help. Free air is detected easier by CT than by US, but US better defines the ulcer, demonstrates the free fluid, and can guide puncture of this fluid (Fig. 37).

In peptic ulcer US visualizes asymmetric thickening of the duodenal wall, which contains a constant air configuration reaching from the duodenal lumen to the periphery of the wall or even penetrating into the adjacent inflamed fat. Right decubitus position allows gastric fluid, which is usually present in peptic ulcer disease, to proceed to the duodenum, enabling a better visualization of the ulcer. In case of perforation, an air-track can be found from the ulcer to the peritoneal cavity usually in ventral or cranial direction. Free air is best demonstrated in the left decubitus position between liver and right abdominal wall.

A lot of free fluid is usually present, which contains air bubbles and food particles. Puncture reveals turbid or purulent fluid.

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MR imaging in abdominal emergencies

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Cross-sectional imaging has become an essential part in the diagnostic algorithm of the acutely ill patient. Ultrasound (US) and computed tomography (CT) have been integrated in most diagnostic algorithms in these patients. US is particularly well suited for the evaluation of severely ill patients because it can be performed at bedside, is rapid, and does not require intravenous contrast. CT indications for the assessment of these patients have increased continuously during the last decades as CT scanners have become more accessible and CT examinations faster.

Abdominal-pelvic MR imaging is most often used in a problem-solving capacity. It often is a second-line, alternative imaging modality for those patients with an unclear diagnosis and is not routinely performed in the evaluation of the acutely ill patient. Impediments to a more widespread use in the acute setting include a limited availability of MR imaging scanners, and the complexity, length, and cost of the MR imaging examinations. Multiplanar imaging, lack of ionizing radiation, and safety of the currently available contrast materials, however, are favorable features for MR imaging. Furthermore, if studies can demonstrate a decrease in test redundancy or a more rapid diagnosis and appropriate triage the early treatment, MR imaging may prove to be a cost-effective strategy for imaging in the emergency or urgent setting.

The authors have experienced an increased reliance on MR imaging in this setting and have capitalized on the inherent, excellent soft tissue contrast available and newer techniques that can allow for consistent and rapid diagnoses. This article describes

a range of applications for which MR imaging can be of value in the assessment of the patient with acute abdominal emergencies.

MR imaging protocols

MR imaging protocols should be tailored based on the clinical indication. A phase-array body coil is recommended whenever possible because it offers superior signal-to-noise than the built-in body coil. This is particularly important when fast MR imaging acquisitions with high bandwidths are used. The size of the phase-array coil may be a limiting factor when evaluation of the entire abdomen and pelvis is needed. Large phase-array coils or a series of adjacent distinct coils are now available and allow for MR imaging evaluation of the entire abdomen and pelvis with excellent signal-to-noise.

The authors routinely administer oral contrast for MR imaging examinations of the upper abdomen when the biliary tree or pancreas is to be evaluated. The authors use a combination of 150 mL of Gastro-mark (Mallinckrodt Medical, St. Louis, Missouri) and 150 mL of Readi-cat 2 (EZEM Canada, Westbury, New York). This solution provides negative oral contrast on T1- and T2-weighted images without significant susceptibility effect. Oral contrast also can be useful in patients with suspected bowel pathology. Oral contrast is not mandatory, however, because of the excellent inherent contrast of MR images.

Gadopentetate dimeglumine (Magnevist, Berlex Laboratories, Wayne, New Jersey) is routinely used at the authors' institution for abdominal imaging. MR images are obtained before and after a bolus of gadolinium at the dose of 0.1 mmol/kg (approximately 20 mL) at a rate of 2 mL/second. A flush with saline of 20 mL at the same rate (2 mL/second) is routinely

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administered. The arterial phase is timed with a bolus test of 2 mL of gadolinium at 2 mL/second with the technique previously described by Earls et al [1]. MR images are then acquired during the arterial, portal (20 seconds after the arterial phase), and delayed venous phases (60 seconds after the arterial phase).

Gadolinium-based contrast agents have been proved to be safe in patients with renal failure [2–4]. In addition, allergic reactions to gadolinium chelates are extremely rare [5]. These characteristics make gadolinium an excellent contrast agent in the assessment of the severely ill patient including patients with a contraindication to the administration of iodinated contrast media

Breathhold imaging

Breathhold imaging acquisitions reduce the total examination time and eliminate respiratory-related artifacts. The authors obtain breathhold acquisitions during end-expiration because this strategy is more reproducible. This is particularly important when subtraction techniques are used. Dual-echo (in-phase and out-of-phase) T1-weighted images are acquired for anatomic information and characterization of fat-containing lesions. Hemorrhagic collections can demonstrate high signal intensity on T1-weighted images. Additionally, these images can be used for detection of susceptibility effects related to air, blood products, and calcium. Blooming effect is readily noted on the in-phase images with a longer echo time at these areas when compared with the out-of-phase images (with a shorter echo time).

Half Fourier single-shot fast spin echo images (SSFSE or HASTE) provide excellent visualization of the biliary tree and are immune to all but the most extreme sources of motion artifact. A combination of axial and coronal thin-slice and coronal thick-slab acquisitions is obtained for assessment of the biliary tree. These images also are used for assessment of the bowel. Bowel wall has intermediate signal intensity on these T2-weighted images. Intraluminal fluid (high signal intensity) or air (signal void) provide an excellent contrast for evaluation of bowel wall pathology.

Dynamic postcontrast images are obtained with a three-dimensional fat-saturated T1-weighted gradient echo sequence. These three-dimensional datasets subsequently can be reconstructed into any plane with almost similar spatial resolution to the original acquisition. In addition, three-dimensional acquisitions can be used for generating MR angiograms that allow for a comprehensive evaluation of the abdomen and pelvis [6,7]. Three volumetric datasets during the arterial,

portal, and delayed venous phases are acquired after administration of a bolus of gadolinium.

Although breathhold protocols are desirable, acutely ill patients are frequently unable to sustain long breathhold times. Alternative protocols using short acquisition times are particularly helpful in these patients. Acquisition times can be reduced effectively with the application of parallel imaging techniques. A complete discussion of the principles of parallel imaging is beyond the purpose of this article and the reader is referred to available references [8,9]. Parallel imaging strategies that have been implemented by different MR imaging manufacturers include sensitivity encoding, simultaneous acquisition of spatial harmonics, and array spatial sensitivity encoding technique. With parallel imaging techniques, exploiting spatial information inherent to the geometry of the surface coil allows for faster imaging acquisition without increase of gradient switching rates or radio-frequency (RF) deposition [8]. For each application of a phase-encoding gradient, multiple lines in k-space are generated simultaneously reducing the overall acquisition time [8]. For example, a 20-second acquisition can be reduced to a 10- or 5-second acquisition with acceleration factors of 2x and 4x respectively, with only minimal imaging degradation. Parallel imaging techniques can be applied to both two- and three-dimensional sequences [8].

Non-breathhold imaging

Acutely ill patients are frequently unable to hold their breath. Breathhold-independent acquisitions are crucial in these patients to obtain interpretable images. Fast sequences acquired in a sequential manner are the cornerstone of breathhold-independent examinations. Magnetization-prepared T1-weighted gradient echo images and half-Fourier T2-weighted SSFSE represent the core of the breathhold-independent protocol. Both sequences are obtained on a per-slice basis and each slice is obtained in approximately 1 second. Image quality is not affected by breathing motion when these sequences are used. Slice misregistration can occur with breathing motion, however, and the anatomy can be demonstrated in a nonsequential manner. This approach, however, may represent the only opportunity to acquire interpretable images in these patients.

Magnetization-prepared T1-weighted gradient echo images are acquired before and after administration of a bolus of gadolinium. Timing of the arterial phase is similar to that of dynamic CT examinations with conventional scanners. Images are obtained sequentially from the dome of the liver to the lower

abdomen after arrival of the gadolinium to the upper abdominal aorta. The authors typically obtain three acquisitions during the arterial, portal, and delayed venous phases.

Clinical applications

Liver

Acute infectious diseases of the liver

Hepatic abscesses are most commonly secondary to biliary diseases and those are frequently multiple [10]. Other causes include acute inflammatory processes drained by the portal venous system (acute appendicitis, acute diverticulitis); arterial hematogenous spread in patients with bacteremia; contiguous spread from adjacent organs (pyelonephritis, perforated duodenal ulcer, subphrenic abscess, pneumonia); and blunt and penetrating injury.

Cross-sectional imaging is essential in the diagnosis and management of hepatic abscesses. MR imaging is helpful in the characterization of hepatic lesions in which diagnosis is unclear. Gadolinium-enhanced MR imaging of the liver can be performed in patients with contraindication for administration of iodinated contrast media (eg, allergy, renal insufficiency). There is no specific MR imaging appearance for liver abscess and the MR imaging findings always should be correlated with the clinical findings.

Most pyogenic liver abscesses appear as round, sharply demarcated lesions with low signal intensity on T1-weighted images and high signal intensity on T2-weighted images compared with the hepatic parenchyma [11].

The abscess wall is perceptible in most cases on MR imaging [12]. Gadolinium-enhanced MR images improve the conspicuity of hepatic abscesses because of increased rim enhancement of the abscess wall [13] on multiple phases following contrast administration [11,12]. Larger abscess may demonstrate enhancing thin septations (Fig. 1) [11]. A more uniform appearance of the lesions can be noted on 15 to 60 minutes delayed postgadolinium images because of leakage of the contrast media within the abscess cavity [14]. Because this phenomenon can potentially obscure smaller lesions on delayed postgadolinium MR images [13], dynamic imaging is favored.

Perilesional findings, such as edema with or without transient arterial perilesional enhancement, may be noted and often appear with a wedged shape [11,12]. These findings are nonspecific and can be seen with amebic liver abscesses [15] and in 20% to 30% of primary and secondary hepatic malignancies [11].

Amebic liver abscess is the most common extra-intestinal manifestation of the infection caused by *Entamoeba histolytica* [16]. Recent history of travel to an endemic area for amebiasis or impaired patient's immunity is frequent among patients with amebic liver abscesses [16]. Most amebic liver abscesses are

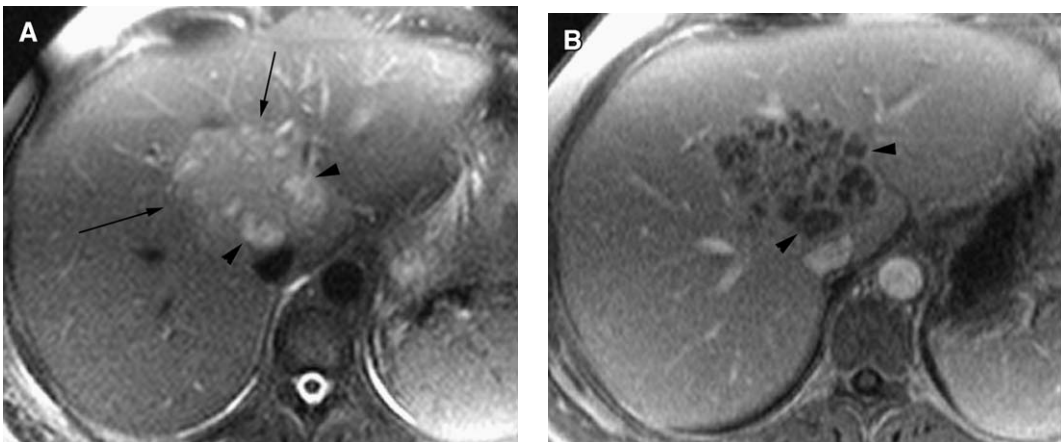


Fig. 1. Hepatic abscess. A 48-year-old man with sepsis and positive blood cultures for *Klebsiella pneumoniae*, assessed with motion-insensitive sequences. (A) Axial fat-saturated SSFSE image (TR 1100, TE 64, FA 130, 256 × 190, slice thickness 5 mm) shows a heterogeneous hyperintense mass in the central area of the liver (arrows). Note several small markedly hyperintense regions (arrowheads). (B) Axial T1-weighted turbo fast low angle shot gradient echo image (TR 7.7, TE 4.2, FA 15, 256 × 128, thickness 6 mm) 60 seconds after administration of 20 mL of gadolinium confirms the presence of a heterogeneous mass with multiple nonenhancing areas (arrowheads). The mass demonstrates multiple enhancing septae. A small amount of fluid was aspirated from this nonliquefied abscess. Fluid culture was positive for *K pneumoniae*.

located in the right lobe and they are multiple in up to 50% of the cases [16]. Complications of amebic liver abscesses include rupture into the peritoneum, pleural cavity, and pericardium [17]. Pyogenic superinfection has also been described [17].

Most amebic liver abscesses appear on MR images as round or oval lesions with well-defined margins and occasional lobulation [18]. Amebic abscesses are predominantly homogeneously low-signal intensity on T1-weighted images and heterogenous high signal intensity on T2-weighted images [18]. Amebic liver abscesses typically demonstrate one to three concentric rims on MR images [18]. These rings become very prominent after treatment [15]. On dynamic gadolinium-enhanced MR images, the thick wall (5 to 10 mm) of amebic abscesses demonstrates similar enhancement pattern than that of pyogenic abscesses [12].

MR imaging has similar accuracy for detection of amebic liver abscesses than US and CT [18]. MR imaging may be helpful, however, in demonstrating diaphragmatic disruption in patients with thoracic extension of amebic abscesses [18]. Amebic empyema can be differentiated from sympathetic pleural effusion by its high signal intensity on both T1- and T2-weighted images [18]. In addition, MR imaging multiplanar capability can provide valuable information about the relationship of amebic abscesses located in the left lobe of the liver and the heart [18]. Amebic abscess located within the left lobe close to the heart should be drained percutaneously because of its risk for rupture into the pericardium [17]. Finally, MR imaging may be helpful in monitoring the patient's response to treatment [15]. Formation of concentric rings in the wall of the abscess, resolution of perilesional edema (high signal intensity on T2-weighted images), and liquefaction of the abscess center suggest response to treatment [15].

Fungal hepatic abscesses represent an opportunistic infection of immunocompromised patients. *Candida*, *Aspergillus*, *Cryptococcus*, *Histoplasma*, and *Mucormycosis* are responsible for fungal microabscesses in these patients [12]. Hepatic candidiasis is a relatively common infection among patients undergoing chemotherapy for hematologic malignancies [19]. Involvement of the liver, spleen, and kidney occurs in 75%, 94%, and 69% of patients with disseminated candidiasis, respectively [20].

Candida involvement of abdominal visceral organs can be undetected in neutropenic patients because of the lack of inflammatory reaction [19]. Once the patient's neutrophil count recovers, hepatosplenic candidiasis typically presents with small military microabscesses scattered throughout the liver parenchyma. MR imaging is superior to CT in the diagnosis of

hepatic candidiasis [20]. Reported MR imaging sensitivity is 100% and specificity 96% [20]. Prospective studies are necessary to confirm these results including patients with low neutrophil counts.

Acute candidal microabscesses are usually less than 1 cm in diameter and oval in shape [20]. Lesions demonstrate high signal intensity on fat-saturated T2-weighted images and low signal intensity on T1-weighted images. Dynamic gadolinium-enhanced T1-weighted images show no enhancement or significant change in appearance of the lesions over time [20]. Gadolinium-enhanced T1-weighted images are the most sensitive for detection of candidal microabscesses, although in some patients these lesions may be seen only on T2-weighted images [20].

Other hepatic infections including echinococcosis, granulomatous infections (tuberculosis, toxoplasmosis, nocardiosis, brucellosis), schistosomiasis, and fascioliasis can present clinically with acute symptoms. Patients with hepatic hydatidosis may present with acute symptoms secondary to cyst rupture into the biliary tree, chest, pleural and peritoneal cavity, or bacterial superinfection [21]. MR imaging findings have been described in these conditions [12,21], although a complete description of these entities is beyond the scope of this article.

Acute hepatitis is the result of an acute inflammation of the liver parenchyma secondary to infection (viral, bacterial), alcohol abuse, drugs, autoimmune reactions, environmental agents, and so forth [22]. Hepatomegaly and periportal edema manifested by bands of high signal intensity paralleling the portal vessels on T2-weighted images are common in patients with severe acute hepatitis [22]. The degree of periportal high signal intensity on T2-weighted images has been correlated with the severity of the disease in acute viral hepatitis [23]. Furthermore, periportal edema decreases on follow-up MR imaging examinations of patients during clinical recovery [23]. Necrosis of the liver parenchyma in patients with fulminant hepatitis is characterized by high signal intensity on T2-weighted images and low-signal intensity on T1-weighted images [24]. Ultrasonographic detection of marked gallbladder wall edema has been previously described in patients with acute hepatitis [25]. Similar findings can be seen on MR imaging examinations. Frequently, marked gallbladder wall edema is associated with lack of distention of the gallbladder, which helps to differentiate from gallbladder wall edema in acute cholecystitis. Gadolinium-enhanced MR images can demonstrate diffuse heterogeneous enhancement of the liver parenchyma during the arterial phase in patients with acute hepatitis from a variety of causes including viral, drug-

induced, alcoholic, and so forth. The liver parenchyma typically becomes homogeneous during the portal phase (Fig. 2).

Acute hepatic vascular conditions

Acute vascular conditions may account for a variety of hepatic emergencies including hepatic infarcts, portal vein thrombosis, Budd-Chiari syndrome, and bleeding. Hepatic infarcts may occur secondary to hepatic artery or portal vein occlusion. Patients can present with nonspecific right upper quadrant pain. Acute hepatic infarcts are typically demonstrated as peripheral wedge-shaped areas of increased signal intensity on T2-weighted images that show no enhancement on gadolinium-enhanced T1-weighted images. Three-dimensional gadolinium-enhanced MR images allow for generation of angiographic-like images that can demonstrate the occlusion of the hepatic artery or portal vein [26,27].

Thrombosis of the portal vein can occur secondary to intra-abdominal infection, hypercoagulable state, trauma, postoperative state, neoplasm, congenital causes, pregnancy, and oral contraceptives [28]. Portal vein thrombosis is idiopathic in approximately 8% to 15% of the cases [28]. Patients can present with abdominal pain, especially when thrombus extends to the superior mesenteric vein [28].

The ability to differentiate between recent and chronic portal vein thrombosis has clinical implications [29]. Patients with recent thrombosis of the portal vein should be treated with early anticoagulation

therapy, because they frequently demonstrate recanalization after treatment [29]. Findings suggesting recent thrombosis include recent abdominal pain; no evidence of chronic portal hypertension (gastrointestinal bleeding, ascites, collateral portosystemic circulation, or splenomegaly); and lack of portal cavernous transformation cross-sectional imaging. In the authors' experience, recent thrombus demonstrates high signal intensity on T2-weighted images. High signal intensity on T2-weighted images and increased enhancement after administration of gadolinium in the wall of the portal vein during the acute-subacute stages is probably related to inflammation. These findings have been described as a sign of acute-subacute thrombosis in other anatomic locations [30].

Segmental portal vein occlusion may result in wedge-shaped areas of increased signal intensity on T2-weighted images and decreased signal intensity on T1-weighted images [31]. A transient increased enhancement of the affected hepatic segment can be seen during the arterial phase on dynamic gadolinium-enhanced MR images and is likely related to compensatory increased hepatic arterial blood flow [32,33]. Typically, enhancement of the liver parenchyma becomes homogeneous during the portal and delayed venous phases [33].

Budd-Chiari syndrome is the result of the obstruction of the hepatic outflow secondary to obstruction of the hepatic veins or inferior vena cava. MR imaging findings in Budd-Chiari syndrome include hepatic vein thrombosis, hepatic vein occlusion and narrow-

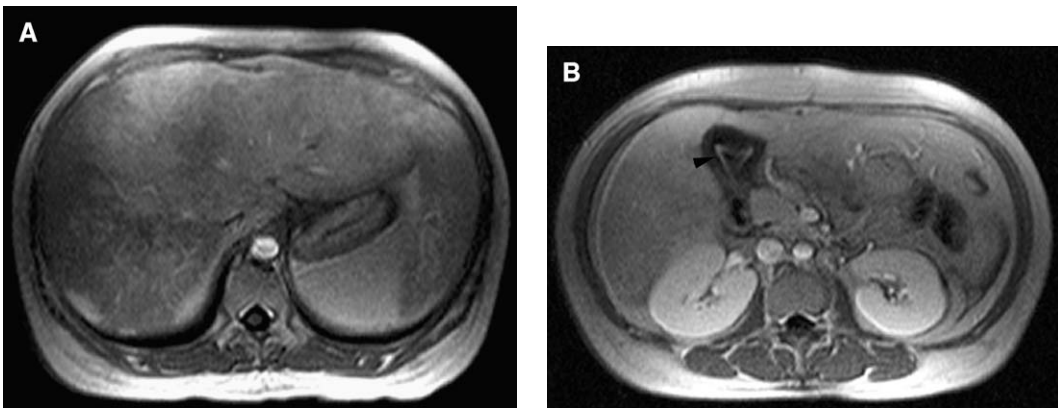


Fig. 2. Acute alcoholic hepatitis. A 40-year-old woman with history of ethanol abuse presenting with nausea, vomiting, elevated bilirubin, and 55,000 white cells in blood. Liver biopsy confirmed acute alcoholic hepatitis. (A) Axial T1-weighted turbo fast low angle shot gradient echo image (TR 7.7, TE 4.2, FA 15, 256 × 128, thickness 6 mm) during the arterial phase shows heterogeneous enhancement of the liver parenchyma. Note enlargement of the liver with the left lobe extending around the spleen. (B) Same sequence as in Fig. 2A during the portal venous phase at a slightly inferior level shows a collapsed gallbladder with marked wall edema. Note the marked gallbladder wall edema associated with lack of distention of the gallbladder and enhancing mucosa (arrow).

ing, and inferior vena cava thrombosis or narrowing [27]. Visualization of the patent central hepatic veins does not exclude Budd-Chiari syndrome, because they may be normal when the obstruction occurs at the level of the small- or intermediate-sized veins. Intrahepatic collaterals can be seen as comma-shaped enhancing vessels [27].

Parenchymal findings on MR imaging during the acute presentation of the Budd-Chiari syndrome include peripheral areas of heterogeneous high signal intensity on T2-weighted images and decreased signal intensity on T1-weighted images with normal signal intensity in the caudate lobe [34]. Increased enhancement in the caudate lobe can be seen during the arterial phase on dynamic postgadolinium images and persists during the delayed venous phase [34]. Perfusion of the caudate lobe is typically preserved because of its independent venous drainage. Heterogeneous peripheral enhancement of the liver parenchyma during the arterial and delayed phases after administration of gadolinium correlates with hepatic ischemia, congestion, and hemorrhage on pathologic examination [34]. Ascites is common because of acute liver failure.

Hepatic hemorrhagic conditions

Nontraumatic acute hemorrhage can occur in different hepatic conditions including neoplastic and nonneoplastic diseases [35]. Patients can present with acute right upper quadrant pain and occasionally with hemodynamic shock. MR imaging should be reserved for hemodynamically stable patients. Solid hepatic lesions including hepatocellular carcinoma and hepatic adenoma are the most common causes [35]. Other lesions, such as focal nodular hyperplasia, hemangioma, and metastasis, can present with acute symptoms related to hemorrhage [35]. Giant hemangiomas (larger than 4 cm in diameter) are more prone to bleed [35]. In general, MR imaging can demonstrate heterogeneous appearance of the lesions with areas of high signal intensity on T1-weighted images consistent with blood products (Fig. 3).

Gallbladder and biliary emergencies

The passage of gallstones through the biliary system produces a spectrum of clinical conditions that varies from the self-limiting biliary colic to the complicated forms of acute cholecystitis. Cross-sectional imaging is a key component in the diagnostic algorithm of the patient with right upper quadrant pain. US is most often the initial evaluation of these patients. CT is favored for those patients with a wider differential

diagnosis or those with confusing clinical symptoms and signs. Recently, MR imaging has been shown to be a useful technique in the evaluation of patients with biliary tract disease [36,37]. High-quality MR cholangiography can be performed on most current MR imaging scanners.

Symptomatic cholelithiasis

Patients with gallstones become symptomatic in up to 10% to 25% of the cases in the 10 years following the diagnosis [38], typically with right upper quadrant pain or discomfort. Most stones show low signal intensity on T1- and T2-weighted images. MR imaging appearance of gallstones, however, is variable depending on the lipid and water content [39]. There is poor correlation between the chemical composition and the signal intensity on MR imaging [39]. Central areas of high signal intensity within gallstones on T2-weighted images correspond to fluid-filled clefts [40]. Areas of high signal intensity on T1-weighted images are related to high contents in copper [40].

MR imaging may be helpful for the diagnosis of impacted gallstones in patients with limited US visualization of the gallbladder. MR imaging can demonstrate gallbladder distention caused by an impacted stone but the findings of gallbladder wall edema or pericholecystic fluid suggest cholecystitis.

Acute cholecystitis

Imaging evaluation of the patient with clinical suspicion of acute cholecystitis offers not only confirmation of the diagnosis but also detection of complications, such as gangrene, emphysematous cholecystitis, and perforation. In addition, information about the presence of choledocholithiasis is important before surgery, particularly if laparoscopic cholecystectomy is to be attempted. Imaging studies may reduce the number of surgical explorations by diagnosing a variety of pathologic processes that mimic acute cholecystitis.

Ultrasound, with a sensitivity, specificity, and accuracy greater than 95% for the diagnosis of acute cholecystitis [41], is the initial imaging modality of the patient with right upper quadrant pain. Ultrasonographic evaluation of the extrahepatic biliary tree is frequently limited, however, with a sensitivity for detection of common bile duct (CBD) stones as low as 25% [42]. CT and MR imaging are usually performed in those patients with a wider differential diagnosis or with confusing clinical signs and symptoms [41,43].

Initial studies reported decreased signal intensity of the bile within the gallbladder compared with the liver on T1-weighted images in patients with acute chole-

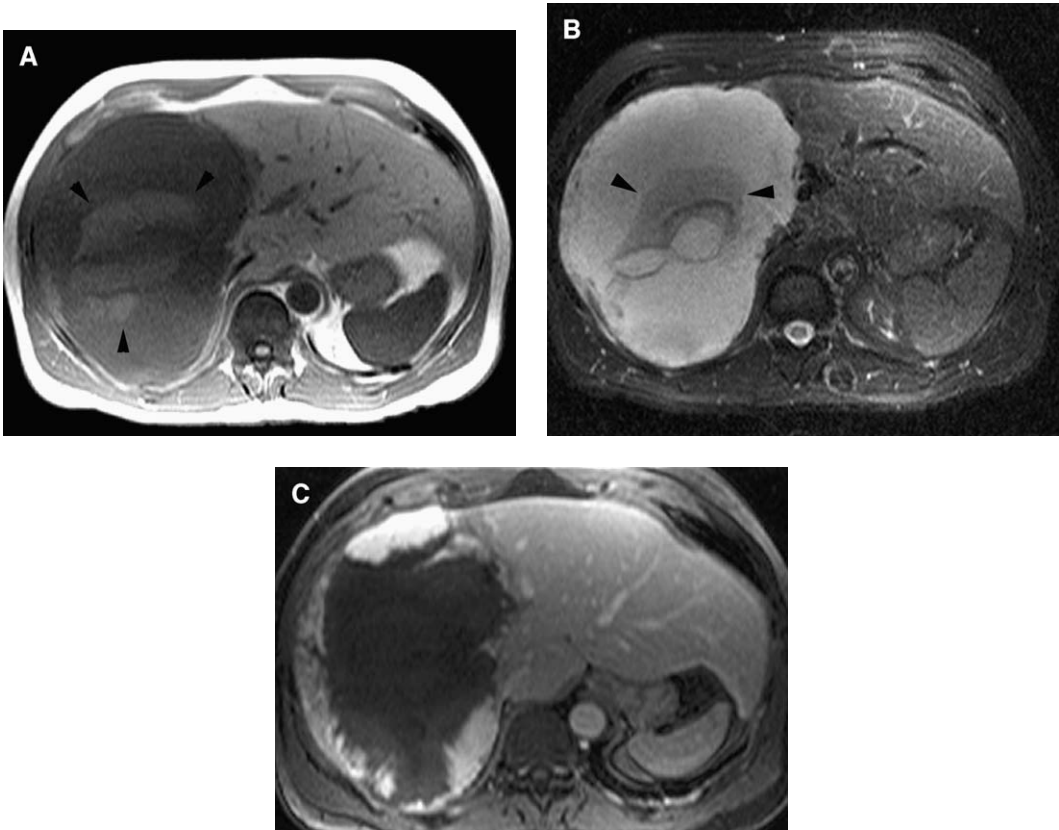


Fig. 3. Giant hepatic hemangioma with acute bleed. A 58-year-old man with known giant cavernous hemangioma in the right lobe of the liver presenting with right upper quadrant pain and dropped hematocrit. (A) Axial T1-weighted gradient echo image (TR 170, TE 5.3, FA 80, 256×160 , thickness 7 mm) shows a large hypointense mass occupying the right lobe of the liver. Centrally areas of high signal intensity are noted, consistent with acute bleed (arrowheads). (B) Axial STIR (TR 4500, TE 76, FA 150, ETL 33, thickness 7 mm) image shows diffuse high signal intensity within the lesion similar to that of the cerebrospinal fluid. Note the hypointense central area caused by hemorrhage (arrowheads). (C) Axial three-dimensional fat-saturated T1-weighted gradient echo image (TR 4.5, TE 1.9, FA 12, slice thickness 4 mm, before interpolation) during the portal venous phase after administration of a single dose of gadolinium demonstrates peripheral, discontinuous, nodular intense enhancement, typical for cavernous hemangioma. Pathology confirmed the diagnosis after right hepatectomy.

cystitis [44,45]. This finding may be related to the inability of the gallbladder to concentrate the bile because of the inflammation [45]. The signal intensity of the bile within the gallbladder is variable, however, and false-positive results can occur in the nonfasting patient [46].

Gallbladder wall edema is readily seen with MR imaging [47,48] and this finding, rather than thickening, should be used for the diagnosis of acute cholecystitis. Gallbladder wall thickening is poorly correlated to acute cholecystitis [49–51]. Superior sensitivity (77%) and specificity (78%) have been reported for MR imaging compared with US (27% and 100%, respectively) for detection of gallbladder wall edema [48].

The presence of pericholecystic high signal intensity on SSFSE images has an overall accuracy, specificity, and positive and negative predictive values of 89%, 79%, 87%, and 85%, respectively, for the diagnosis of acute cholecystitis [47]. In the authors' experience, coronal SSFSE images are particularly helpful for differentiating gallbladder wall edema (extending along the entire circumference of the gallbladder wall) from pericholecystic fluid (usually within the gallbladder fossa, between the gallbladder and the inferior surface of the liver). In an article by Loud et al [43], contrast-enhanced T1-weighted images were found to be very useful for the diagnosis of acute cholecystitis. Patients with surgically proved acute cholecystitis had greater than 80% contrast

enhancement of the gallbladder wall [43]. In addition, differentiation between acute and chronic cholecystitis was possible based on the greater enhancement of the gallbladder wall in patients with acute inflammation of the gallbladder [43]. Gallbladder wall thickening was not statistically different in patients with acute or chronic cholecystitis [43].

MR imaging is superior to US for the detection of obstructing calculi in the gallbladder neck and cystic

duct [48,52]. Although MR imaging serves as a valuable tool in patients where other imaging results are equivocal, further studies are needed to evaluate the cost-benefit of MR imaging as a primary diagnostic tool in patients with right upper quadrant pain.

A transient increase in hepatic enhancement may be seen around the gallbladder in 70% of the cases during the arterial phase of dynamic imaging [43]. This finding seems to be unique to the arterial phase

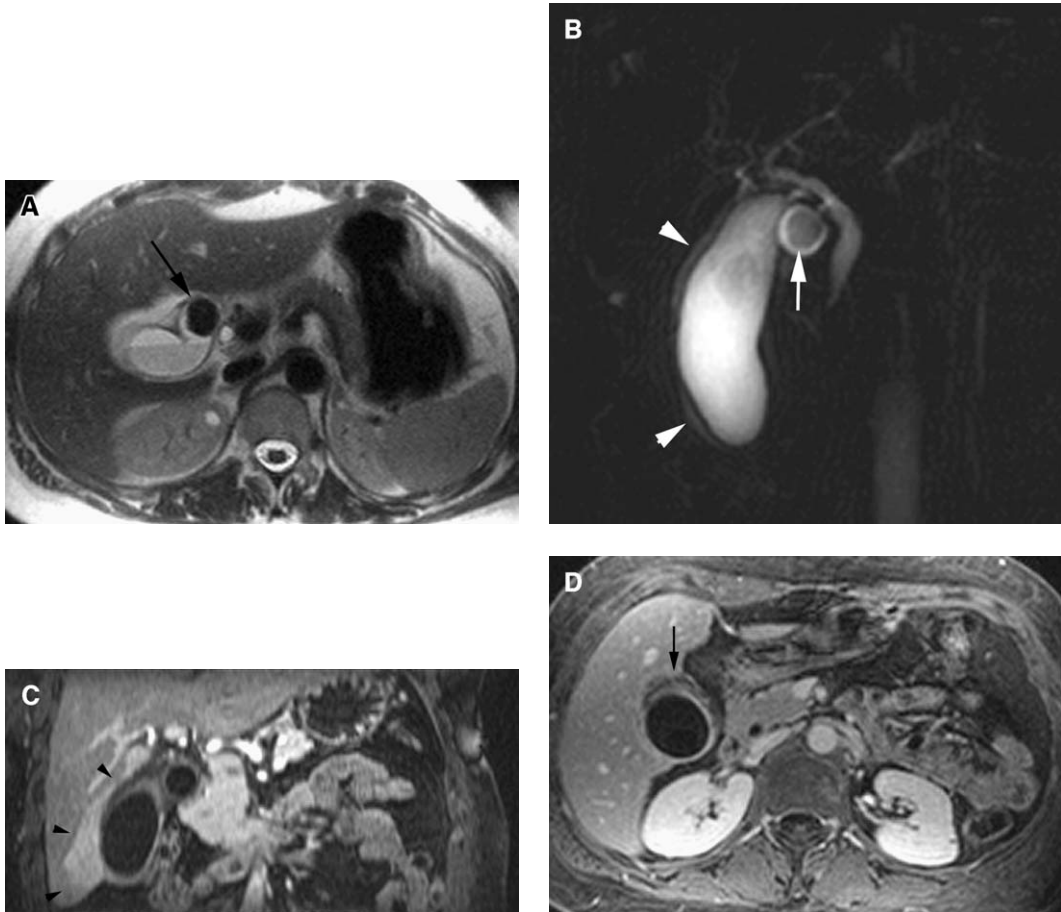


Fig. 4. Acute cholecystitis. A 51-year-old patient with right upper quadrant tenderness and elevated white cell count. (A) Axial SSFSE image (TR 1100, TE 64, FA 130, 256×190 , slice thickness 5 mm) shows an obstructing gallstone impacted in the gallbladder neck (arrow). There is a fluid-fluid level within the gallbladder possibly related to biliary sludge. (B) Coronal thick-slab SSFSE image (TR 1100, TE 800, FA 130, 256×190 , slice thickness 50 mm) demonstrates high signal intensity within the gallbladder wall consistent with edema (arrowheads). There is no dilatation or filling defect within the biliary tree. The gallstone is noted (arrow). (C) Coronal reconstruction from an axial three-dimensional fat-saturated T1-weighted gradient echo sequence (TR 4.5, TE 1.9, FA 12, slice thickness 4 mm, before interpolation) obtained during the arterial phase after administration of a single dose of gadolinium. There is increased pericholecystic hepatic enhancement caused by hyperemia secondary to the inflammation from the adjacent gallbladder (arrowheads). (D) Axial three-dimensional fat-saturated T1-weighted gradient echo image (TR 4.5, TE 1.9, FA 12, slice thickness 4 mm, before interpolation) obtained during the portal phase, 20 seconds after Fig. 4A. The signal intensity of the pericholecystic area has equilibrated with the rest of the liver. There is marked edema of the gallbladder wall (arrow) and marked enhancement of the gallbladder mucosa throughout. Patient underwent cholecystectomy and pathology confirmed acute cholecystitis.

(Fig. 4) and also has been described during dynamic CT imaging [53]. It is likely related to increased arterial flow in the pericholecystic liver parenchyma in response to local inflammation [43]. Pericholecystic arterial hepatic enhancement, the MR imaging rim sign, resembles the focal increased flow in the gallbladder region seen in patients with acute cholecystitis on radionuclide angiography with technetium 99m disofenin [54]. Further studies are needed to establish the significance of the MR imaging rim sign and its accuracy to recognize complicated forms of acute cholecystitis.

Gangrenous cholecystitis occurs when ischemia of patchy areas or the complete gallbladder leads to necrosis of the wall. Older men with history of cardiovascular disease and marked leukocytosis (> 17,000 white blood cells/mL) have increased risk of gallbladder gangrene [55]. Gangrenous cholecystitis is present in up to 30% of patients admitted with acute cholecystitis [55]. Preoperative diagnosis of gangrenous cholecystitis is clinically difficult because of lack of specificity of the clinical findings. The normal enhancing gallbladder mucosa easily is appreciated on postcontrast MR images as a hyperintense ring in the inner side of the gallbladder wall. Patients with acute cholecystitis may demonstrate increased enhancement of the gallbladder mucosa making this ring even more apparent [43]. The authors have noted a patchy pattern of mucosal enhancement related to necrosis of the gallbladder wall. This interrupted ring

of mucosal enhancement correlated with alternating areas of mucosal necrosis and inflammation on pathologic examination (Fig. 5).

Acalculous cholecystitis is commonly seen in critically ill patients in the intensive care unit. Bedside US is considered the imaging study of choice in these patients. The accuracy of US for the diagnosis of acalculous cholecystitis recently has been questioned in critically ill trauma patients [56]. US findings in these patients include gallbladder wall thickening, pericholecystic abscess, and marked gallbladder distention. These findings can be similarly demonstrated on MR imaging [46].

Hemorrhagic cholecystitis is a rare form of acute cholecystitis in which bleeding occurs within the gallbladder wall or lumen. Mucosal ulcerations and necrosis caused by gallstones have been proposed as causes of hemorrhage and inflammation [57]. Hemorrhagic cholecystitis has been reported in patients with lupus erythematosus [58], metachromatic leukodystrophy [59], hemodialysis [60,61], and anticoagulation therapy [62]. Clinical presentation is similar to other forms of acute cholecystitis with right upper quadrant pain, leukocytosis, and fever [63]. MR imaging provides excellent soft tissue contrast that allows for recognition of blood products within the gallbladder. A heterogeneous high signal intensity hematoma can be seen within the gallbladder lumen on T1-weighted images. Gallbladder contents show moderate to high heterogeneous signal intensity on

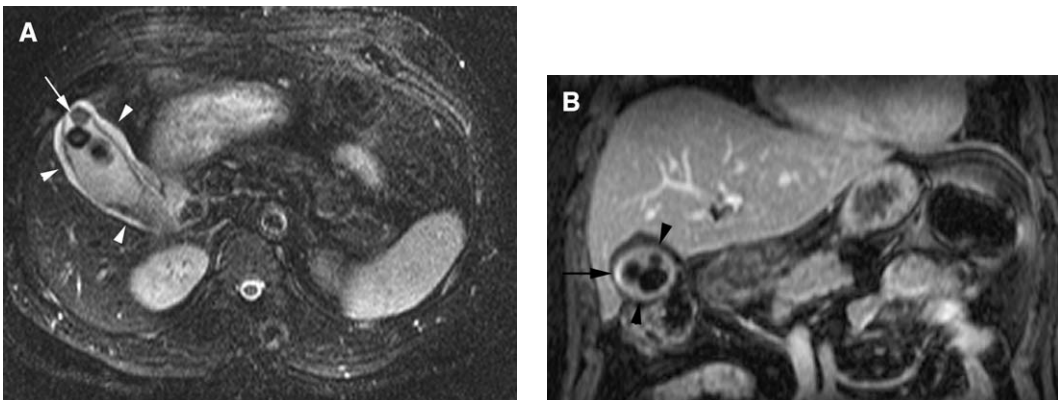


Fig. 5. Acute gangrenous cholecystitis. A 37-year-old woman with right upper quadrant pain and elevated white cell count. (A) Axial STIR image (TR 4500, TE 76, FA 150, ETL 33, thickness 7 mm) shows diffuse hyperintense thickening of the gallbladder wall consistent with edema (arrowheads). Multiple hypointense filling defects within the gallbladder fundus is consistent with gallstones (arrow). (B) Coronal reconstruction from a three-dimensional fat-saturated T1-weighted gradient echo acquisition (TR 4.5, TE 1.9, FA 12, slice thickness 4 mm, before interpolation) obtained during the portal phase. Note a focal area of increased enhancement of the gallbladder mucosa secondary to inflammation (arrow) alternating with extensive areas of no enhancement (arrowheads). This patchy pattern of enhancement, the interrupted rim sign, correlated to the pathology with gangrene of the gallbladder wall.

T2-weighted images. Short-tau inversion recovery (STIR) images can be useful in demonstrating suppression of the signal of the blood products because of its short T1 relaxation time. Both T2-weighted and STIR images can demonstrate high signal intensity within the gallbladder wall secondary to edema. Multiplanar capability of MR imaging may be helpful for differentiating between intraluminal bleeding and hemorrhage within the gallbladder wall. Also, MR angiography can be useful in selected patients when associated vascular pathology is suspected (Fig. 6).

Perforation of the gallbladder occurs in as many as 10% of patients with acute cholecystitis [64]. Most

commonly, perforation is localized because it is confined by the omentum [65]. A pericholecystic abscess is usually present [65]. Alternatively, an intrahepatic abscess may be seen. HASTE images are particularly useful for demonstration of the defect in the gallbladder wall and the communication between the gallbladder and the pericholecystic abscess (Fig. 7). MR imaging should be used when perforation is suspected and US or CT are inconclusive [66].

Acute or chronic cholecystitis

Differentiation between new episodes of right upper quadrant pain in patients with chronic cholecys-

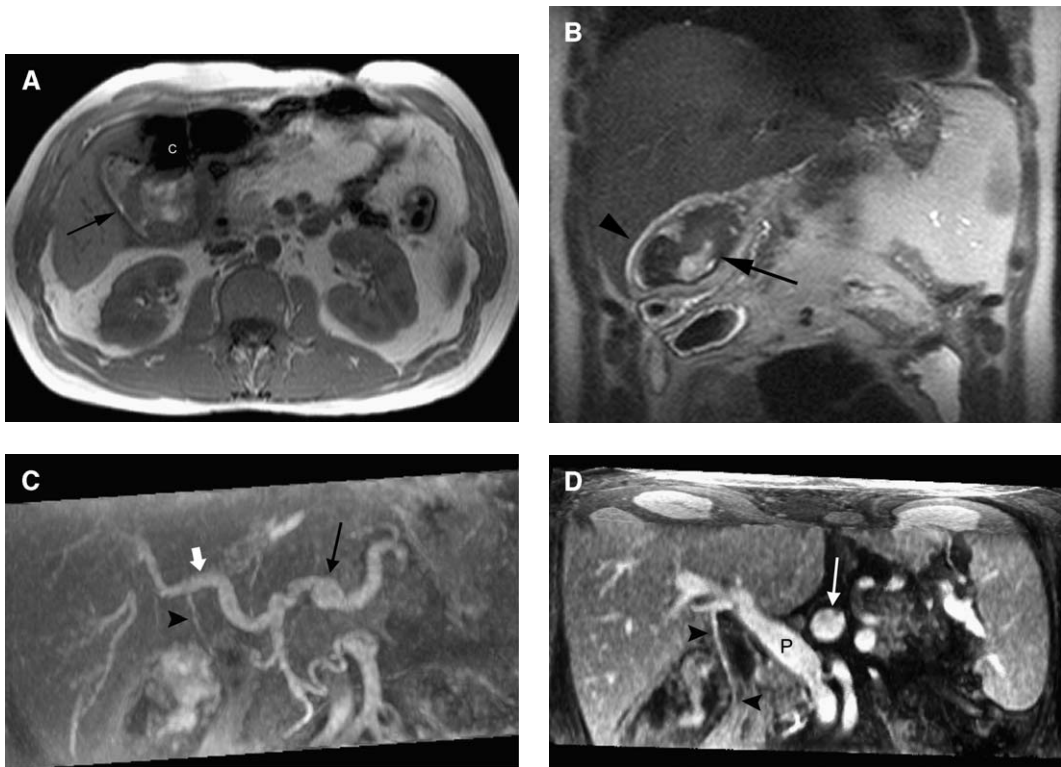


Fig. 6. Acute hemorrhagic cholecystitis. A 40-year-old man with Ehlers-Danlos syndrome type IV and acute right upper quadrant pain and chills. Previous CT showed hemorrhage in the gallbladder fossa and an aneurysm of the celiac artery (not shown). MR imaging performed to confirm blood products within the gallbladder and rule out aneurysm of the cystic artery. (A) Axial T1-weighted gradient echo image (TR 170, TE 5.3, FA 80, 256×160 , thickness 7 mm) shows heterogeneous hyperintense contents within the gallbladder consistent with blood products (arrow). Susceptibility artifact anterior to the gallbladder is related to air within the colon (C). (B) Coronal HASTE image (TR 1100, TE 64, FA 130, 256×190 , slice thickness 5 mm) shows heterogeneous contents within the gallbladder (arrow). Note mild thickening and hyperintensity of the gallbladder wall (arrowhead) secondary to edema. (C) Coronal targeted maximum intensity projection reconstruction from an axial three-dimensional fat-saturated T1-weighted gradient echo acquisition (TR 4.5, TE 1.9, FA 12, slice thickness 4 mm, before interpolation) during the arterial phase shows an aneurysm of the celiac axis (arrow) and normal appearance of the hepatic artery (white arrow) and proximal cystic artery (arrowhead). (D) Coronal volume-rendering reconstruction from three-dimensional acquisition during the portal venous phase with similar parameters than Fig. 11C confirms the normal appearance of the cystic artery (arrowheads). The aneurysm of the celiac artery (arrow) and portal vein (P) are also displayed.

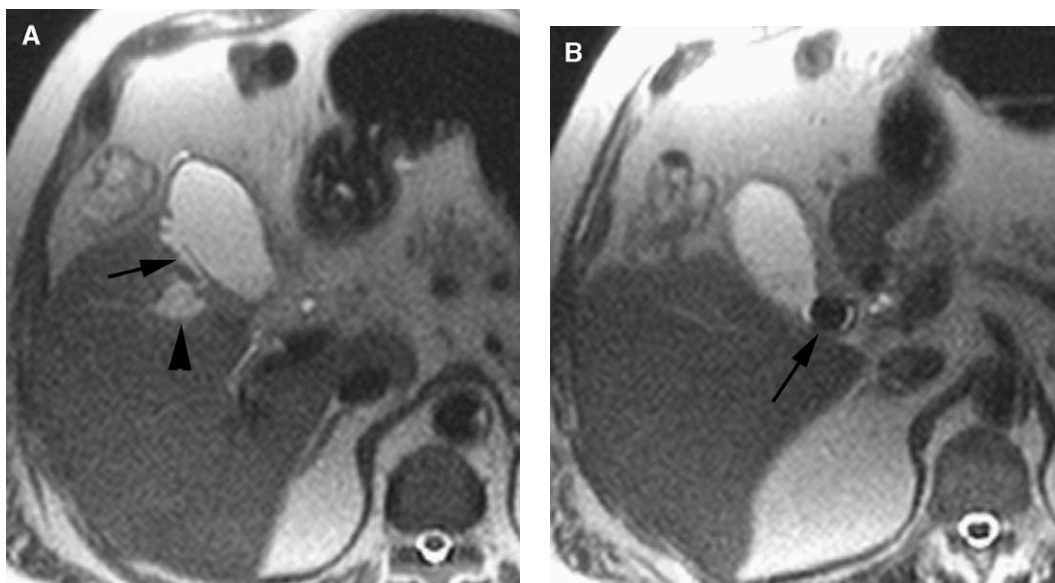


Fig. 7. Perforated acute cholecystitis. A 73-year-old man with right upper quadrant pain, fever, chills, and elevated white count. (A) Axial HASTE image (TR 1100, TE 64, FA 130, 256×190 , slice thickness 4 mm) shows a small fluid collection in the right lobe of the liver (arrowhead), connecting to the gallbladder through a thin fluid-filled tract (arrow). There is a small amount of pericholecystic fluid. (B) Axial SSFSE image at a slightly higher level than Fig. 12A (same imaging parameters) demonstrates the obstructing gallstone impacted in the gallbladder neck (arrow). Perforated acute cholecystitis was confirmed at surgery.

titis from superimposed acute cholecystitis can be difficult both clinically and radiologically. MR imaging can demonstrate thickening of the gallbladder wall and gallstones in patients with chronic cholecystitis [67]. Increased enhancement of the gallbladder wall can also be noted. When thickening of the wall is present, the mucosa and muscle usually enhance smoothly in the early phase of the postcontrast dynamic MR imaging examination [67]. In contrast, the subserosa with fibrosis enhances in the delayed phase [67]. Gallbladder wall thickening with low signal intensity in chronic cholecystitis can be differentiated from gallbladder wall thickening caused by edema secondary to acute cholecystitis, typically hyperintense on T2-weighted images. Detection of a transient increase in pericholecystic hepatic enhancement during the arterial phase after administration of gadolinium, the MR imaging rim sign, can be very helpful for the diagnosis of superimposed acute cholecystitis in patients with chronic changes in the gallbladder. In the experience of the authors and others [43], the presence of pericholecystic hepatic enhancement on MR imaging is very specific for acute cholecystitis.

Choledocholithiasis

Choledocholithiasis is present in 7% to 20% of patients undergoing cholecystectomy, although they

are usually silent unless they obstruct the CBD [68]. Approximately 10% to 15% of patients with acute cholecystitis have stones in the CBD [69,70]. Clinical, ultrasonographic, and laboratory parameters have a sensitivity of 96% to 98% for recognition of patients with CBD stones [71] but a specificity of only 38% [36]. US sensitivity for detection of CBD stones is limited (18% to 45%), particularly in the distal CBD because of overlying bowel gas [72,73]. Endoscopic retrograde cholangiopancreatography (ERCP) has been recommended in patients with high clinical and laboratory suspicion for choledocholithiasis [74]. If these parameters are used for triaging patients with suspected CBD stones, however, ERCP is positive in only 40% to 70% of the cases [71]. Intraoperative cholangiography is technically challenging in patients undergoing laparoscopic cholecystectomy and it is not routinely performed [75]. Furthermore, intraoperative cholangiography has a false-positive result rate of 2% to 16%, which may increase the number of unnecessary CBD explorations [71]. Several authors have proposed MR cholangiopancreatography as a preoperative diagnostic alternative to ERCP in these patients [36,71,75].

MR cholangiopancreatography has been reported to have an excellent sensitivity (81% to 100%) and specificity (85% to 99%) for the detection of chole-

docholithiasis [75]. The reported positive predictive value (93% to 94%), negative predictive value (77% to 100%), and accuracy (89%) are also excellent [71,75]. MR cholangiopancreatography is more sensitive for the detection choledocholithiasis than both US (20% to 65%) and CT (45% to 85%) [76]. MR cholangiopancreatography allows for selection of patients who may benefit from preoperative ERCP [71]. MR cholangiopancreatography has been recommended in patients with moderate to high suspicion of CBD stones based on clinical, ultrasonographic, and laboratory data [36,75]. MR cholangiopancreatography can rule out CBD stones in up to 48% of patients with high preoperative probability of CBD stones [75].

Common bile duct stones appear as foci of low signal intensity surrounded by bright bile on T2-weighted MR images (Fig. 8). MR cholangiopancreatography can detect stones as small as 2 mm [77,78]. MR cholangiopancreatography, however, tends to underestimate the total number of stones in the CBD [79]. In the experience of the authors and others [80], detection of CBD stones can be challenging in the periampullary region, where impacted stones fill the entire lumen of the intramural segment of the CBD and the classic appearance of the stones surrounded by bile is no longer seen (Fig. 9). Small stones can be missed when thick-slab MR images and maximum intensity projection projections are used because of averaging of

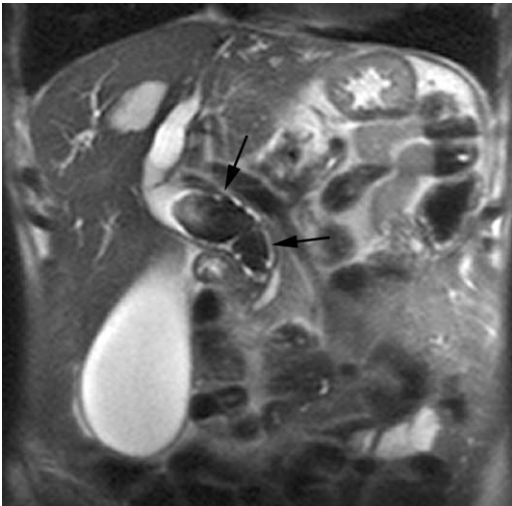


Fig. 8. Obstructive choledocholithiasis. A 72-year-old man with history of Billroth II procedure for perforated ulcer presenting with shortness of breath, jaundice, and fever. Coronal SSFSE image (TR 1100, TE 64, FA 130, 256 × 190, slice thickness 4 mm) shows large stones within the common bile duct (arrows) causing proximal dilatation of the biliary tree.

the signal intensity of the stones with the surrounding bile. Careful evaluation of the thin-slice source images is mandatory for depiction of small stones. Pneumobilia is frequently seen in patients undergoing MR cholangiopancreatography after ERCP and can be misinterpreted as CBD stones. Air bubbles are readily differentiated from stones on axial HASTE images because the former remain in the nondependent portion of the CBD, whereas stones are typically located in the dependent portion [77]. Bile flow can produce a focal area of low signal intensity in the central portion of the CBD, more frequently seen with CBD dilatation [81]. In general, flow artifacts are less conspicuous, less well defined, less hypointense, and centrally located compared with CBD stones.

Acute cholangitis

Acute cholangitis refers to the bacterial infection of the bile secondary to obstruction (stones, neoplasm, strictures, and papillary stenosis). Patients with acute cholangitis present with jaundice, biliary colic, and fever with chills (Charcot's triad) in 50% to 100% of the cases [82]. Bile cultures are positive in approximately 80% to 100% of cases [82].

Most patients have a relatively rapid response to antibiotic therapy [68]. The presence of pus under pressure in the biliary system (suppurative cholangitis) secondary to complete occlusion of the CBD, however, has an ominous prognosis with a mortality rate that approaches 100% without treatment [68,83]. Typically, these patients present with multiple hepatic abscesses and poor response to antibiotic therapy [83]. Endoscopic, percutaneous, or surgical decompression of the biliary tree is the treatment of choice in these patients [83,84].

Approximately 80% of patients with cholangitis have an impacted stone in the CBD, a more common cause of cholangitis than malignant obstruction of the biliary tree [68]. The ability of MR imaging to demonstrate direct and indirect signs of cholangitis along with the capacity to demonstrate CBD stones provides an efficient means for diagnosis with appropriate therapeutic guidance.

Dilatation of the biliary tree is the most common MR imaging finding in patients with acute cholangitis [85]. Dilatation is virtually always present, most commonly in the central portion of the liver [85]. Patients without identifiable cause for the cholangitis may demonstrate wedge-shaped areas of ductal dilatation [85]. Proximal ductal stenosis secondary to inflammatory changes has been proposed as the mechanism for the peripheral biliary dilatation seen in these patients [85]. Diffuse concentric thickening of the wall of the CBD (greater than 1.5 mm) has been described in

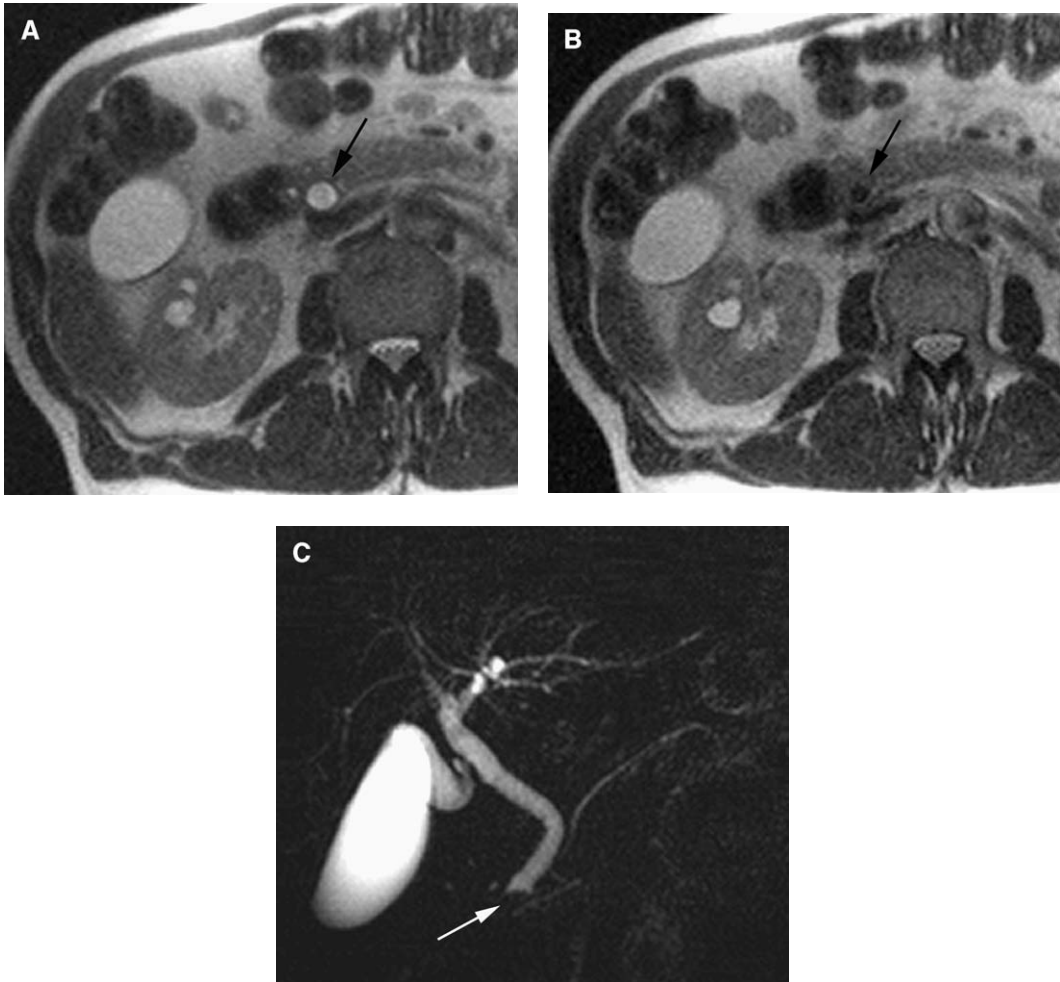


Fig. 9. Impacted ampullary stone. A 64-year-old man with ulcerative colitis presenting with epigastric pain, jaundice, and fever. (A) Axial SSFSE image (TR 1100, TE 64, FA 130, 256×190 , slice thickness 4 mm) shows dilatation of the CBD at the level of the head of the pancreas (arrow). (B) Axial SSFSE image (TR 1100, TE 64, FA 130, 256×190 , slice thickness 4 mm) immediately inferior to Fig. 11A demonstrates low signal intensity occupying the entire lumen of the distal CBD suspicious for an impacted stone in ampulla (arrow). (C) Coronal SSFSE image (TR 1100, FA 130, 256×190) confirms dilatation of the biliary tree. Note the meniscus-like appearance of the distal CBD consistent with an impacted stone (arrow), which was removed at ERCP.

patients with pyogenic cholangitis on different imaging modalities including US [86], CT [87], and MR imaging [85]. Biliary ductal wall thickening, usually smooth and symmetric, is demonstrated in up to 85% of patients on MR imaging, and is often associated with enhancement of the wall [85]. Parenchymal signal abnormalities (low signal intensity on T1-weighted and high signal intensity on T2-weighted) in regions of biliary dilatation can be seen in up to 70% of patients. These areas are more commonly periportal, although wedge-shaped appearances can be seen [85]. Those wedge-shaped areas may enhance on the arterial

phase (Fig. 10). Enhancement along the ducts is also frequent [85]. Band-like irregularities of the duct margins secondary to wall edema have been reported on T2-weighted images [88].

Mirizzi's syndrome

Mirizzi's syndrome occurs when a stone impacted in the cystic duct or the neck of the gallbladder produces extrinsic compression of the CBD causing biliary obstruction and jaundice [89]. Preoperative diagnosis is important to avoid injury of the bile duct particularly in the presence of cholecystocholedochal

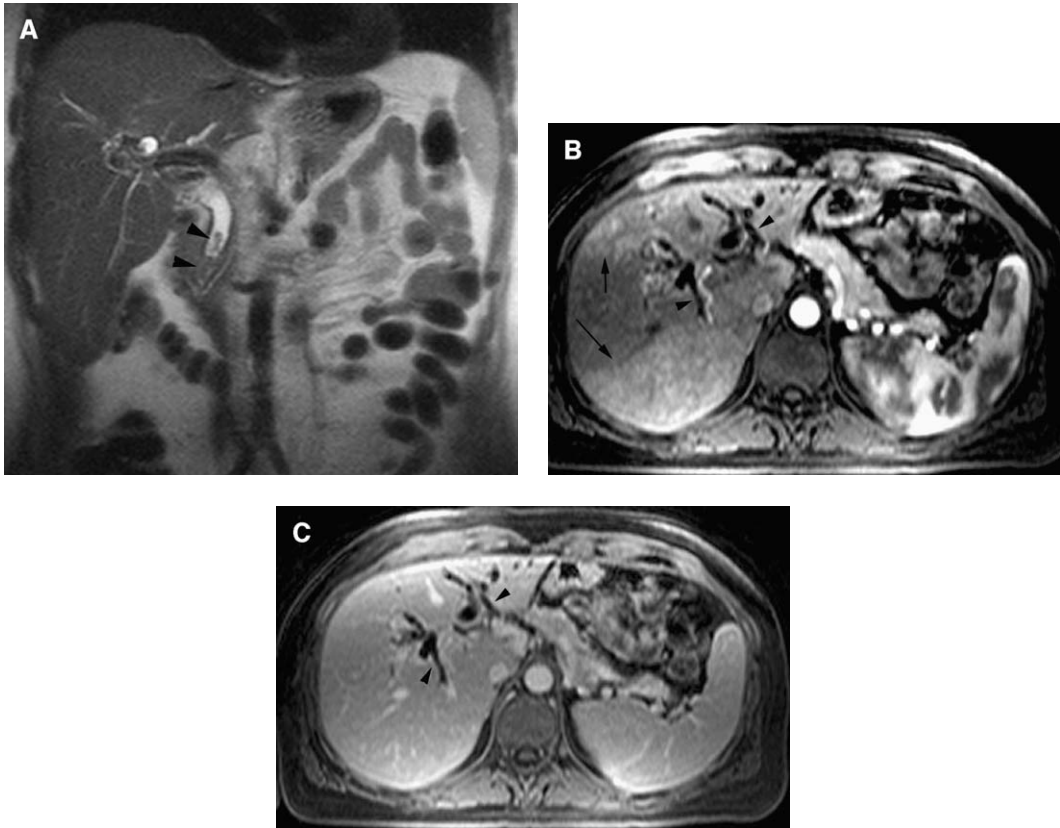


Fig. 10. Acute cholangitis. A 37-year-old woman with recurrent episodes of acute cholangitis presenting with right upper quadrant pain and elevated white cell count. (A) Coronal SSFSE image (TR 1100, TE 64, FA 130, 256×190 , slice thickness 4 mm) shows multiple filling defects in the distal CBD consistent with stones (*arrowheads*). (B) Axial three-dimensional fat-saturated T1-weighted gradient echo acquisition (TR 4.5, TE 1.9, FA 12, slice thickness 4 mm, before interpolation) during the arterial phase shows biliary dilatation (*arrowheads*) and heterogeneous appearance of the liver with wedge-shape areas of increased enhancement (*arrows*). (C) Axial three-dimensional fat-saturated T1-weighted gradient echo acquisition (TR 4.5, TE 1.9, FA 12, slice thickness 4 mm, before interpolation) during the portal venous phase better distinguishes dilatation of the biliary tree (*arrowheads*) from adjacent vessels. Note the ductal wall enhancement. The liver now shows homogeneous enhancement.

fistulas. MR imaging can demonstrate intrahepatic biliary dilatation, narrowing of the common hepatic duct, the level of the obstruction, and the presence and exact location of the stone within the cystic duct [90]. This information can assist the surgeon in deciding between open or laparoscopic cholecystectomy [91].

Pancreas

MR imaging provides excellent soft tissue contrast of the pancreas and peripancreatic soft tissues that allows for a high sensitivity in the detection of inflammatory conditions of the pancreas. Although CT is still considered the standard of reference in the assessment of patients with acute pancreatitis, the safety of injecting iodinated contrast medium during the early stage

has been questioned because of increased renal damage and accentuation of the severity of acute necrotizing pancreatitis in rats [92,93]. The relative safety of gadolinium contrast media has been proved both clinically [94] and experimentally [95] with only one case reported in the literature of gadolinium-induced mild acute pancreatitis [96].

The normal pancreas demonstrates high signal intensity compared with the liver on unenhanced T1-weighted images. The signal intensity and morphology of the pancreas may be preserved in patients with mild episodes of acute pancreatitis [97,98]. More severe forms of acute pancreatitis are usually associated with enlargement of the gland, peripancreatic edema (low signal intensity in the peripancreatic fat), and decreased signal intensity of the gland on

T1-weighted images [99]. Signal intensity of pancreatic necrosis is usually similar to that of the inflamed gland on unenhanced MR images [99].

A superior accuracy of MR imaging in staging the severity of the inflammatory process has been suggested compared with that of CT, based on a higher sensitivity of MR imaging for the detection of hemorrhagic-like peripancreatic collections [100]. Fat saturation facilitates the detection of these hemorrhagic peripancreatic collections and its differentiation from peripancreatic inflammatory changes [100].

Axial STIR images are very helpful for the detection of mild forms of pancreatitis because of its ability to detect subtle increases in signal intensity of the pancreatic parenchyma and small amounts of peripancreatic edema. Additionally, STIR images are helpful in the follow-up of patients with known acute

pancreatitis, particularly in those with suspected aggravation of the initial episode (Fig. 11).

Coronal and axial HASTE images are very useful because these images are used to identify choledocholithiasis, one of the most common causes of pancreatitis, and for the assessment of the pancreatic duct. Anatomic variants including pancreas divisum and a dominant dorsal duct can be detected readily with HASTE imaging [101]. Disruption of the pancreatic duct occurs without exception in patients with necrosis affecting the body of the gland [102]. HASTE images may offer additional information about the exact location and extension of the disruption of the pancreatic duct.

Dynamic gadolinium-enhanced fat-saturated acquisitions are necessary for assessment of pancreatic necrosis and ischemia [94]. Moderate to severe acute

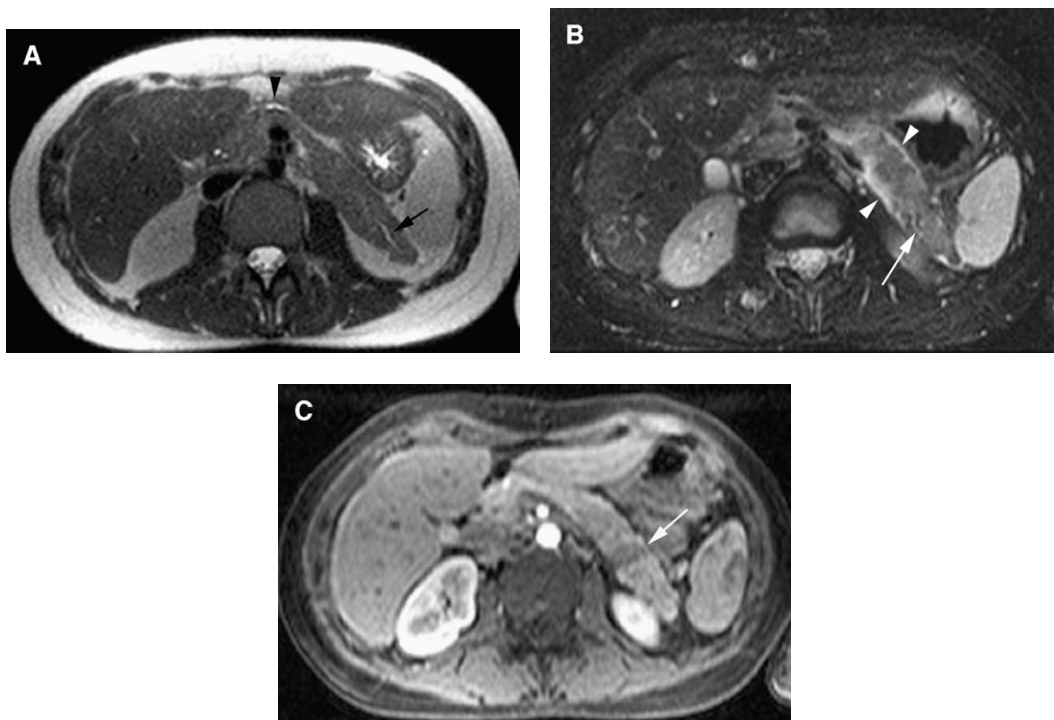


Fig. 11. Acute edematous pancreatitis. A 21-year-old woman with Crohn's disease and acute worsening of symptoms 6 weeks after diagnosis of pancreatitis. (A) Axial SSFSE image (TR 1100, TE 64, FA 130, 256×190 , slice thickness 4 mm) obtained at the time of diagnosis shows slight dilatation of the proximal pancreatic duct within the tail (arrow). A trace of fluid is demonstrated anterior to the body of the pancreas (arrowhead). (B) Axial STIR image (TR 4500, TE 76, FA 150, ETL 33, thickness 7 mm) obtained 6 weeks after Fig. 11A caused by worsening symptoms. There is peripancreatic fluid surrounding the tail of the pancreas (arrowheads). There is subtle heterogeneity of the pancreas with increased signal intensity within the tail likely caused by edema. Note the dilated pancreatic duct (arrow). (C) Axial three-dimensional fat-saturated T1-weighted gradient echo image (TR 4.5 TE 1.9, FA 12, slice thickness 4 mm, before interpolation) during the arterial phase demonstrates heterogeneous enhancement in the tail of the pancreas. The area of increased signal intensity within the tail of the pancreas seen on Fig. 11B demonstrates relative decreased enhancement (arrow) consistent with edematous pancreatitis.

pancreatitis correlates with heterogeneous enhancement of the pancreas during the arterial phase and lack of enhancement in a focal area of the gland on post-contrast images indicates necrosis [94]. Subtraction of the precontrast acquisition from the arterial-enhanced acquisition can facilitate the differentiation of ischemia from necrosis. Viable ischemic parenchyma demonstrates some degree of enhancement on subtracted images, whereas pancreatic necrosis shows no enhancement (black signal intensity). High signal on unenhanced images cannot be assumed to be normal parenchyma, because hemorrhagic parenchyma may appear similar. Again, subtraction imaging can help

differentiate between viable pancreas and necrotic-hemorrhagic pancreatitis (Fig. 12).

Uncomplicated pseudocysts demonstrate low signal intensity on T1-weighted images and high signal intensity on T2-weighted images [94]. Hemorrhagic fluid collections demonstrate high signal intensity both on T1- and T2-weighted images [94]. Solid necrotic components or clots may be seen in the dependent aspect of complicated pseudocysts and hemorrhagic collections as a layer of low signal intensity on T2-weighted images [94].

Patients with acute pancreatitis are frequently severely ill and their breathhold capacity is limited.

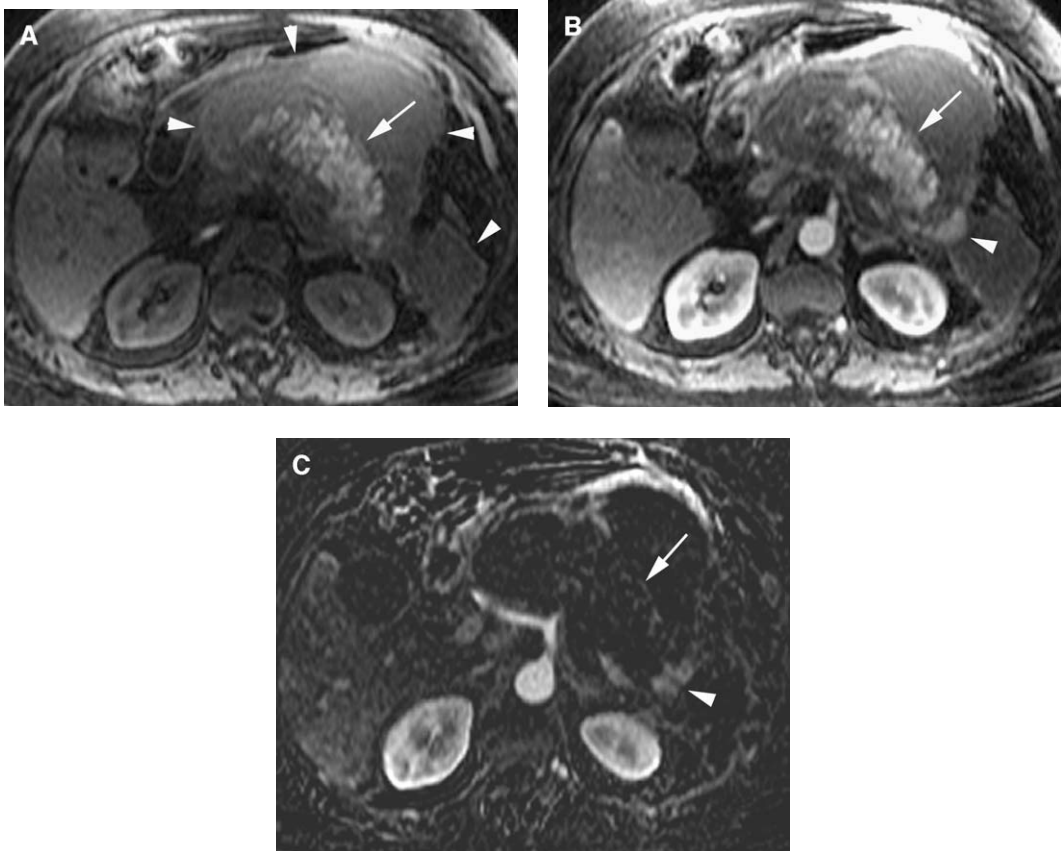


Fig. 12. Acute necrotic-hemorrhagic pancreatitis. A 68-year-old woman with severe upper abdominal pain, nausea, vomiting, and elevated lipase and amylase. (A) Unenhanced axial three-dimensional fat-saturated T1-weighted gradient echo image (TR 4.5, TE 1.9, FA 12, slice thickness 4 mm, before interpolation) shows high signal intensity within the body of the pancreas (arrow). The tail of the pancreas is not visualized. There is extensive peripancreatic fluid (arrowheads). (B) Axial three-dimensional fat-saturated T1-weighted gradient echo image (TR 4.5, TE 1.9, FA 12, slice thickness 4 mm, before interpolation) during the arterial phase after administration of a single dose of gadolinium demonstrates normal appearance of the pancreas (arrow). Note a small portion of the pancreatic tail not visualized on Fig. 12A (arrowhead). (C) Subtracted image (Fig 12B minus Fig. 12A) confirms the lack of enhancement in the pancreas consistent with necrotizing pancreatitis (arrow). Note the small enhancing region of viable pancreas in the tail (arrowhead).

Breathhold-independent imaging strategies (eg, HASTE) are essential in many patients. Fat-saturation can be used with HASTE images to improve visualization of peripancreatic edema and fluid collections. Magnetization-prepared T1-weighted gradient echo sequences are used in these patients for dynamic imaging of the pancreas during administration of a bolus of gadolinium. A two-dimensional true fast imaging with steady-state precession (FISP) sequence provides images with excellent signal-to-noise and free of respiratory-related artifacts. Because the signal intensity on true FISP images is determined by complex contrast (T2/T1 ratio) these images should not be used for evaluation of changes in signal intensity of the pancreas.

Gastrointestinal tract

Small bowel pathology

MR imaging of the bowel traditionally has been limited by long acquisition times and poor image

quality related to artifacts secondary to respiratory motion and bowel peristalsis. With the development of ultrafast subsecond MR imaging sequences like HASTE, true FISP, or turbo fast low angle shot, examination of the small bowel is now possible with excellent delineation of the normal and abnormal findings.

The HASTE sequence provides excellent contrast for visualization of the small bowel because the mesenteric fat and the intraluminal fluid (frequently present in ileal and jejunal loops) are hyperintense, whereas the wall and valvulae conniventes are slightly hypointense [103]. The normal thickness of small bowel wall and valvulae conniventes is approximately 2 mm and it should be considered abnormal when it exceeds 3 mm [103]. Thickening of the small bowel wall is a nonspecific finding and can be secondary to inflammation, infection, ischemia, and hypoalbuminemia. The signal intensity of the small bowel wall does not provide insight into the cause of the pathology with the exception of venous ischemia and arterial emboli. In those settings Lee et al [103] reported a signal much

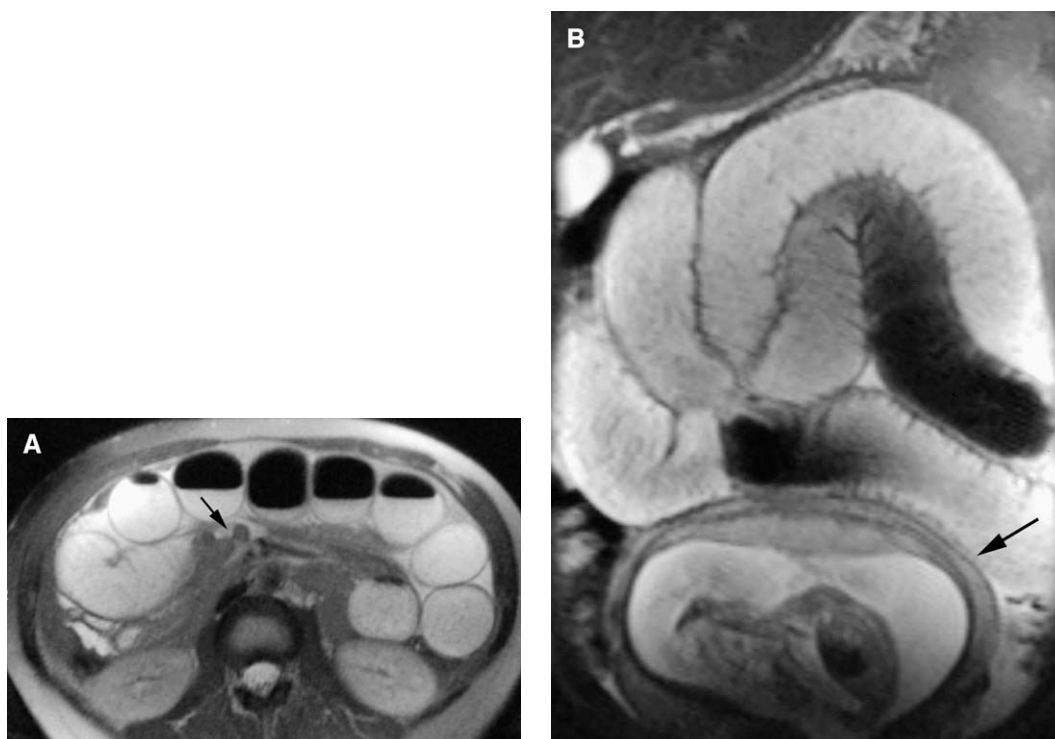


Fig. 13. Small bowel obstruction in pregnancy. A 36-year-old pregnant woman with history of prior pancreatitis and residual peritoneal adhesions. (A) Axial SSFSE image (TR 1100, TE 64, FA 130, 256×190 , slice thickness 5 mm) shows diffuse marked dilatation of the small bowel. A collapsed loop of small bowel is noted in the right lower quadrant consistent with the transition zone (arrow). (B) Coronal SSFSE image (TR 1100, TE 64, FA 130, 256×190 , slice thickness 5 mm) shows marked dilatation of small bowel with air (dark signal) and fluid (high signal). A gravid uterus is demonstrated in the pelvis (arrow). Patient symptoms improved with conservative treatment.

higher than the abdominal wall likely caused by intramural hemorrhage.

In the authors' experience, the halo sign described in the CT literature can be seen readily on HASTE images. This finding is demonstrated on HASTE images as increased signal intensity in the bowel wall with a layer of intermediate signal intensity at each side. Similar to the CT halo sign, this finding is not specific and most likely represents wall edema.

MR imaging allows for visualization of changes in caliber of the small bowel and can accurately detect small bowel obstruction. HASTE images are particularly useful in evaluating patients with suspected small bowel obstruction. Oral or intravenous contrast administration is not required with HASTE images because of its inherent contrast. Dilated fluid-filled small bowel loops are detected easily with a hyperintense distended lumen (Fig. 13). Regan et al [104] found the level of obstruction in 73% of the patients with small bowel obstruction using HASTE imaging. Overall sensitivity of HASTE images for detection of small bowel obstruction in this study was 90% and the actual cause of the obstruction was found in 50% [104].

Supplementation of HASTE images with spin echo and short echo train fast spin echo sequences has been advocated to facilitate the detection and characterization of soft tissue pathology and to assist in the visualization of mesenteric fat stranding and inflammation [104]. Similarly, gradient echo sequences with sensitivity to susceptibility effects have value in detecting small amounts of extraluminal air. In this regard the authors find the dual echo T1-weighted gradient echo sequence helpful. In their protocol, T1-weighted images have a longer TE than out-of-phase images. Areas of susceptibility artifact cause a blooming effect on the in-phase images because of the longer echo time. In addition, postcontrast T1-weighted images may help to detect and characterize the obstructing lesion.

Mesenteric ischemia

Acute mesenteric ischemia is a life-threatening condition in which there is insufficient delivery of oxygen to the small bowel or colon [105]. Patients typically present with severe abdominal pain and clinical deterioration occurs in the following hours [106]. Despite the advances in the diagnosis and management of patients with mesenteric ischemia, the clinical outcomes remain poor [107]. Early diagnosis of acute mesenteric ischemia is challenging but critical to initiate promptly the appropriate treatment [106,107]. Approximately 50% of the cases are secondary to embolization of the superior mesenteric artery with occlusion commonly occurring 3 to 10 cm

distal to the origin of this vessel, distal to the origin of the middle colic artery branch [106]. In situ thrombosis of a pre-existing atherosclerotic lesion at the origin of the vessel accounts for 25% of the cases [105] and is most frequent at the origin of the superior mesenteric artery [106].

MR imaging provides a noninvasive alternative for the initial evaluation of patients with suspected acute mesenteric ischemia. Gadolinium-enhanced MR angiography provides excellent morphologic information of the proximal mesenteric vasculature [108]. Sagittal three-dimensional acquisitions typically can be obtained in less than 20 seconds. Target acquisition to the abdominal aorta and proximal superior mesenteric artery can be performed in approximately 10 seconds in patients with limited breathhold capacity. In the authors' experience, this technique offers excellent results with administration of 10 to 15 mL of gadolinium.

Although MR imaging assessment of the small mesenteric branches is still limited, additional MR imaging sequences can be obtained to increase the diagnostic yield. MR imaging oximetry with a T2-weighted multiecho sequence can detect differences in oxygen desaturation between the inferior vena cava and superior mesenteric vein after acute segmental mesenteric ischemia in a porcine model [109]. T2 values can be used as a marker of oxygen saturation, although a blood sample is required for calibration [109]. Differences in T2 values between the inferior vena cava and superior mesenteric vein suggest acute mesenteric ischemia [109]. This technique has also been validated in dogs with nonocclusive mesenteric ischemia caused by hemorrhagic shock [110]. Phase contrast imaging allows for determination of flow velocity in the superior mesenteric artery and superior mesenteric vein. This approach is not as valuable as it is in chronic mesenteric ischemia, however, because acutely ill patients cannot be imaged before and after a meal challenge [106].

MR imaging can demonstrate indirect findings in the bowel that suggest mesenteric ischemia. Thickening of the small bowel wall is common [111]. Occasionally, alternating layers of low and high signal in the thickened wall can be a sign on T2-weighted images, similar to the so-called target sign on CT images. Postcontrast images can show lack of enhancement of the bowel wall in the affected segments [112].

Superior mesenteric vein thrombosis is associated with bowel wall thickening and mesenteric congestion on MR imaging [113]. Sensitivity, specificity, and accuracy of MR imaging for the detection of thrombosis in the portal venous system are 100%, 98%, and 99%, respectively [114]. MR venography

can replace conventional angiography for the diagnosis of venous thrombosis in the portomesenteric system [114].

Acute appendicitis

There have been few reports about the use of MR imaging in the diagnosis of acute appendicitis despite the high prevalence of this disease. This is probably related to the excellent accuracy provided by other imaging modalities like US and CT and lack of availability of MR imaging scanners and the time required for MR imaging examinations. US is often preferred in children and young women to minimize exposure to ionizing radiation. Sensitivity and specificity of US are limited, however, in patients with perforated appendicitis [115,116]. For these reasons, MR imaging is an appealing alternative to US in those groups of patients where radiation is an important consideration. Although some authors believe that the normal appendix is not visualized with MR imaging, even after administration of gadolinium, because of the lack of appendiceal wall enhancement [117], in the experience of the authors and others [118] the normal appendix is visualized in virtually all patients even without intravenous contrast.

Hörmann et al [118] studied 34 children with MR imaging in whom a clinical diagnosis of acute appendicitis was confirmed by US. MR imaging was performed with T1 and T2 turbo spin echo images. MR imaging showed acute appendicitis in all cases manifested by a distended appendix with fluid-filled lumen (markedly hypointense on T1-weighted images and hyperintense on T2-weighted images); thickened edematous wall (hypointense on T1-weighted images and slightly hyperintense on T2-weighted images); and periappendiceal inflammatory changes (hyperintense on T2-weighted images).

The recent development of ultrafast sequences that allow subsecond imaging has made possible the evaluation of these patients in an expeditious manner with virtually no peristaltic-related or breathing-related artifacts. HASTE images are particularly useful in the visualization of the appendix. The periappendiceal fat is bright and the appendix has a thin hypointense wall in normal conditions. Findings of acute appendicitis on HASTE images are similar to those described by Hörmann et al [118] on T2-weighted fast spin echo images.

Incesu et al [117] evaluated 60 consecutive patients with clinical suspicion of acute appendicitis by US and MR imaging. Gadolinium-enhanced MR imaging can provide excellent results for the diagnosis of acute appendicitis, including complications secondary to appendiceal perforation [117]. In that study MR im-

aging had a sensitivity of 97%, specificity of 92%, accuracy of 95%, negative predictive value of 96%, and positive predictive value of 94% and was superior to US in revealing appendicitis. Enhancement of the inflamed appendiceal wall was found to be very useful when using fat-suppression technique. Inefficient fat saturation may cause obscuration of the appendiceal wall enhancement by the mesenteric fat [117].

Preoperative diagnosis of acute appendicitis is challenging during pregnancy [119]. Clinical presentation, physical examination, and laboratory analysis are very limited in establishing the diagnosis [119]. Delayed diagnosis is associated with increased fetal mortality. Although US seems to have similar results for the diagnosis of acute appendicitis during the first and second trimester, it is challenging during the third trimester because the size of the gravid uterus limits the use of the graded-compression technique [120,121]. MR imaging is useful in the assessment of the pregnant woman with clinical suspicion of acute appendicitis with inconclusive or negative US. In these patients, MR imaging is an alternative imaging modality that allows for visualization of the appendix, regardless of its location within the abdomen, without administration of contrast media or ionizing radiation (Fig. 14).

The authors perform oral preparation with approximately 600 mL (three cups) of the usual Gastromark/Readicat solution (described previously) during 1 hour. Imaging protocol includes HASTE images in the three orthogonal planes (axial, coronal, and sagittal); axial T1-weighted gradient dual-echo; and axial time-of-flight images. Enlarged gravid uterus during the third trimester may make difficult the visualization of the appendix, although it is usually recognized by careful evaluation of the multiplanar HASTE images. T1-weighted images are useful for recognition of alternative diagnosis, such as subchorionic hematoma and hemorrhagic adnexal cyst. Axial time-of-flight images provide a quick assessment of the patency of the pelvic veins, including the gonadal veins.

Acute diverticulitis

Patients with clinical suspected acute diverticulitis are typically evaluated with CT because of the high incidence of clinical misdiagnosis. CT has excellent sensitivity and specificity for detecting acute diverticulitis. For this reason, MR imaging has not been widely used in patients with suspected diverticulitis. Heverhagen et al [122] studied 20 patients with clinical suspicion of acute diverticulitis by MR imaging with excellent results. In their experience, a limited imaging protocol with STIR and true FISP images is enough to achieve the diagnosis of acute diverticulitis and HASTE images provide no additional information

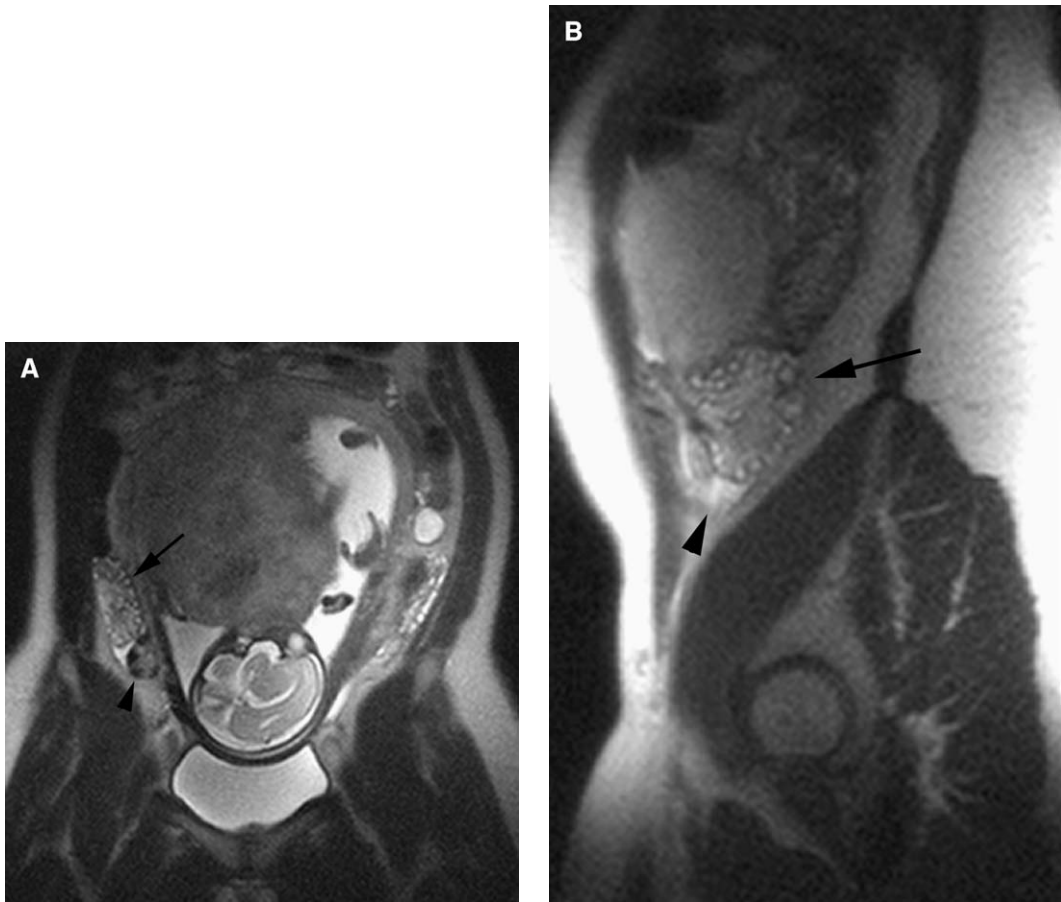


Fig. 14. Ovarian torsion. A 27-year-old pregnant woman with acute right lower quadrant pain. MR imaging performed to rule out acute appendicitis. (A) Coronal SSFSE image (TR 1100, TE 64, FA 130, 256×190 , slice thickness 4 mm) shows a moderately enlarged right ovary with multiple follicles, predominantly located in the periphery (arrow). A small amount of free fluid is noted around the inferior aspect of the right ovary. The normal appendix is located just inferior to the ovary (arrowhead), and looped on itself. (B) Sagittal SSFSE image (TR 1100, TE 64, FA 130, 256×190 , slice thickness 4 mm) shows the enlarged right ovary (arrow) and the free fluid inferiorly (arrowhead). Ovarian torsion was confirmed at laparoscopy.

[123]. Edema, pericolonic exudation, and ascites are better demonstrated on STIR images [123]. True FISP is superior in showing segmental narrowing of the colon [123]. Abscess formation can be visualized as pericolonic fluid collections that show peripheral rim enhancement (Fig. 15). MR imaging has limited sensitivity for air and small bubbles or collections of extraluminal air can be missed.

Primary epiploic appendagitis

Primary epiploic appendagitis is an acute inflammatory condition caused by torsion or spontaneous venous thrombosis of the appendages epiploicae of the colon [124]. Epiploic appendagitis is a relatively common condition occurring in approximately 1% to

7% of patients with suspected acute diverticulitis and appendicitis [124].

The MR imaging appearance of primary epiploic appendagitis has been reported in two articles [125, 126]. Findings are similar to those reported in US and CT with an oval-shaped lesion located anterior or anterolateral to the colon with a central area that follows the signal intensity of fat on T1- and T2-weighted images [125,126]. On MR imaging, the inflamed visceral peritoneum is demonstrated as a low signal intensity rim surrounding the fat-density appendage on T1- and T2-weighted images that enhances after administration of gadolinium [126]. This rim is better demonstrated on fat-suppressed T1-weighted post-contrast images [126]. A hypointense central dot can be

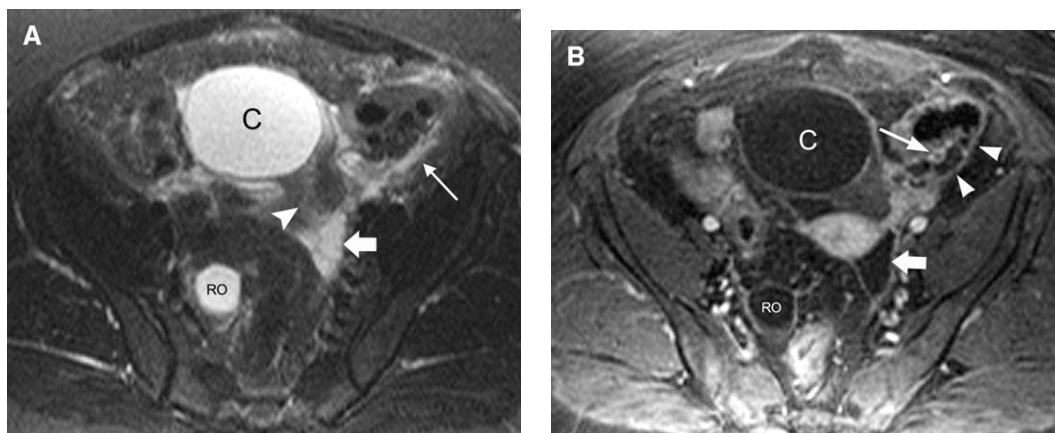


Fig. 15. Acute diverticulitis. A 46-year-old woman with left lower quadrant pain and elevated white cell count. CT showed a left adnexal cyst and no evidence of diverticulitis. (A) Axial pelvic STIR image (TR 4500, TE 76, FA 150, ETL 33, thickness 7 mm) shows increased signal intensity posterior to the proximal sigmoid colon consistent with pericolic inflammation (arrow). The left adnexa, which contains a large cystic lesion (c), is visualized medial to the inflammation (arrowhead). A second fluid collection is demonstrated posterior to the right adnexa (short arrow). Note a small cyst in the right ovary (RO). (B) Axial three-dimensional fat-saturated T1-weighted gradient echo acquisition (TR 4.5, TE 1.9, FA 12, slice thickness 4 mm, before interpolation) during the portal venous phase demonstrates peripheral enhancement around the inflammation posterior to the sigmoid colon (arrowheads) and the posterior fluid collection (short arrow), consistent with abscess formation. Note an enhancing inflamed diverticulum (arrow) in the posterior sigmoid colon. The left (C) and right adnexal cysts (RO) are again noted. At surgery, perforated diverticulitis with abscess formation was found, which involved the left adnexa and tube.

demonstrated on both T1- and T2-weighted images and correlates with fibrous septa on histopathologic analysis [126]. Fat stranding around the inflamed appendage is common [125].

Acute peritoneal and omental disease

Abnormal peritoneal fluid collections including abscesses, bilomas, hematomas, and pancreatic pseudocysts can be detected readily with MR imaging (Fig. 16) [127]. MR imaging is superior to CT in demonstrating heterogeneity within fluid collections [127]. MR imaging can be used to characterize intra-abdominal fluid collections [128]. Acute hemorrhagic fluid collections demonstrate intermediate signal intensity on T1-weighted images and high signal intensity on T2-weighted images [128]. Patients with diffuse peritonitis can show intraperitoneal fluid and diffuse thickened peritoneum. Increased peritoneal enhancement is usually present on postcontrast T1-weighted images.

Segmental omental infarction typically occurs in the right lower or upper quadrant [129]. US and CT imaging typically reveal a fatty mass anteromedial to the ascending colon [124]. The MR imaging findings of segmental omental infarction have not been reported in the literature. Segmental infarction of the falciform ligament and ligamentum teres represents a rare variant of omental infarction causing

acute right upper quadrant pain [130]. To the authors' knowledge, there are no previous reports of this entity describing the MR imaging findings. They have recently evaluated a patient with acute right upper quadrant pain and MR imaging findings consistent with this diagnosis. MR imaging revealed nonspecific inflammatory changes within the falciform ligament with increased signal intensity on STIR images and subtle peripheral enhancement of the inflamed falciform ligament on delayed postcontrast images (Fig. 17). The patient's symptoms improved over time with conservative management.

Genitourinary tract

Renal colic

Acute flank pain is a common complaint in patients seen in the emergency department and frequently leads to referral of imaging studies. In the last decade, unenhanced CT has become the imaging study of choice for demonstration of ureteric obstruction, its cause, level, and size of stones [131] replacing excretory intravenous urography in many institutions. Limitations of CT, however, include the lack of information about the excretory function of the kidneys, the use of ionizing radiation, and the difficulty in differentiating pelvic phleboliths from distal stones [131].

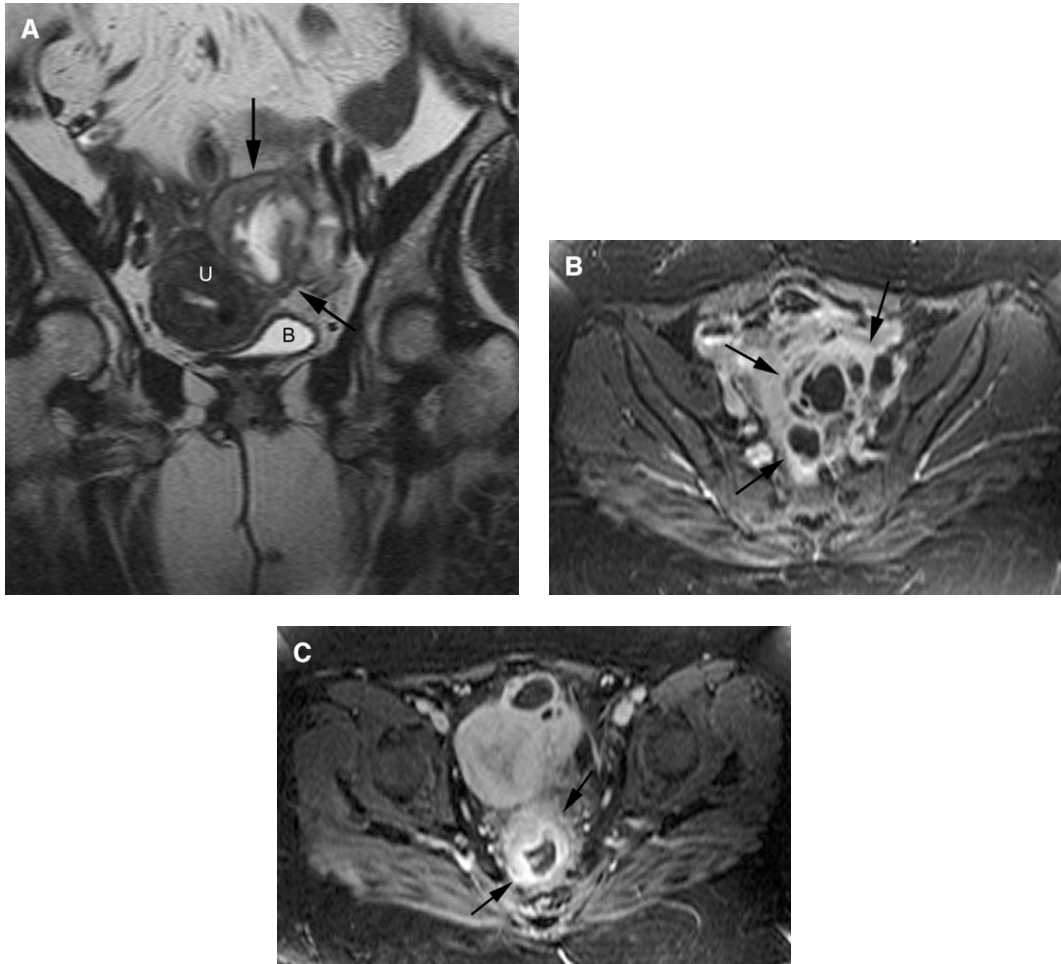


Fig. 16. Crohn's-related abscess. A 59-year-old woman with history of Crohn's disease presenting with fever, chills, and elevated white cell count. (A) Coronal T2-weighted fast spin echo image (TR 6350, TE 135, FA 150, ETL 23, thickness 4 mm) shows a thick-walled cystic mass (*arrows*) in the pelvis immediately superior to the uterus (U). B = bladder. (B) Axial three-dimensional fat-saturated T1-weighted gradient echo image (TR 4.5, TE 1.9, FA 12, slice thickness 4 mm, before interpolation) during the portal venous phase shows a mass in the left hemipelvis with cystic areas, enhancing rim, and thick septations (*arrows*), indicative of abscess. (C) Axial three-dimensional fat-saturated T1-weighted gradient echo image from the same dynamic phase as Fig. 16B at a slightly inferior location shows thickening of the rectal wall and marked mucosal enhancement consistent with inflammation (*arrows*).

MR imaging has been suggested as an alternative imaging technique for patients presenting with acute flank pain [132–135]. MR imaging may be particularly helpful when the use of contrast media or radiation is undesirable (eg, pregnant patients and young adults) [131]. MR imaging detection of ureteric obstruction is based on heavily T2-weighted images and gadolinium-enhanced T1-weighted images.

MR imaging with heavily T2-weighted sequences allows for rapid, safe, and noninvasive detection of urinary tract obstruction [132]. HASTE and rapid acquisition with relaxation enhancement (RARE)

sequences provide heavily T2-weighted images that allow for breathhold imaging of the urinary tract without requiring administration of contrast media [134,135]. HASTE thin-slice (thickness of 3 to 6 mm) images are typically obtained in the coronal plane in one breathhold. Patients with large body habitus may require two breathholds to achieve the desired anatomic coverage. Fat saturation can be added and allows for better suppression of the background signal improving the visualization of the collecting systems. Thin-slice HASTE images can be reconstructed further using a maximum intensity projection

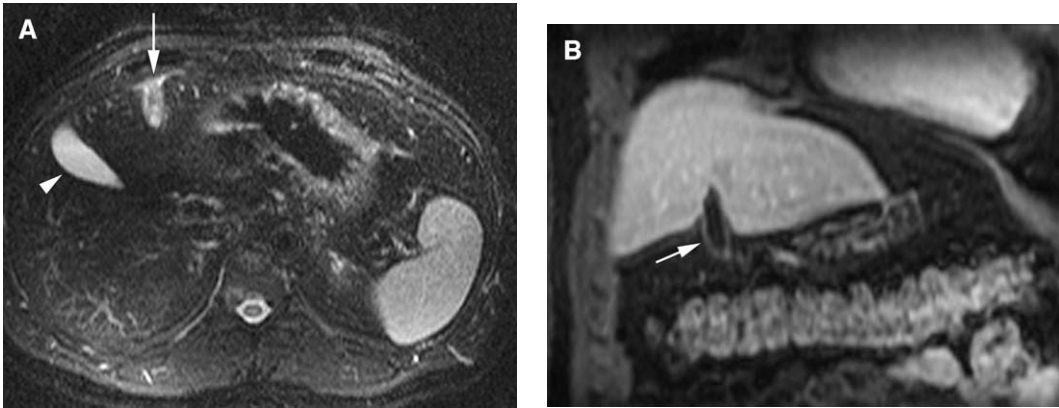


Fig. 17. Falciform ligament infarct. A 31-year-old man with right upper quadrant pain. US and CT were negative. (A) Axial STIR image (TR 4500, TE 76, FA 150, ETL 33, thickness 7 mm) at the level of the upper abdomen demonstrates high signal intensity within the falciform ligament (*arrow*) similar to that of the gallbladder (*arrowhead*). (B) Coronal reconstruction from an axial three-dimensional fat-saturated T1-weighted gradient echo image (TR 4.5, TE 1.9, FA 12, slice thickness 4 mm, before interpolation) during the portal venous phase shows peripheral enhancement along the falciform ligament (*arrow*). MR imaging findings were consistent with infarction of the falciform ligament. The patient's symptoms subsequently resolved with conservative management and follow-up imaging showed resolution of the inflammatory changes.

algorithm. In general, this strategy does not offer additional information for the diagnosis but it provides urographic-like images that are better accepted by urologists [135].

A coronal thick-slab (thickness of 20 to 60 mm) image can be obtained in one breathhold with a RARE sequence commonly referred to as “echo train spin echo imaging.” This approach does not require further postprocessing and includes the entire collecting system in a single image that resembles the conventional excretory urography. Thick-slab RARE can demonstrate both kidneys and ureters in a single image. Multislice technique usually provides better image quality than single thick-slab technique, however, because of the better delineation of background tissues and diminished partial volume effects of the former [134]. A combination of thin-slice HASTE and thick-slab RARE images may increase the confidence of the radiologist for detecting the level of obstruction [132].

The presence of perirenal hyperintense fluid on HASTE and RARE images helps to differentiate between acute and chronic obstruction [136]. Patients with acute obstruction typically present with increased perirenal fluid on T2-weighted images, most likely caused by lymphatic congestion or forniceal rupture [136]. Perirenal fluid can be secondary to any insult to the kidney, however, and should be considered a nonspecific sign [131].

A known limitation of T2-weighted images is their relatively low sensitivity and specificity for small ureteral stones [135]. Thin-slice HASTE images are superior to thick-slab RARE for the detection of small

filling defects [134]. Sudah et al [132] found a sensitivity of approximately 54% to 58% in 40 consecutive patients with acute flank pain. The reported specificity was 100%, although all their patients have ureteral stones as a cause of obstruction [132]. Intraluminal clots, debris, or neoplasms can mimic ureteral stones on T2-weighted images because they appear as filling defects [132,135].

Gadolinium-enhanced MR urography is a valuable addition to the T2-weighted images for evaluation of patients with suspected acute renal colic [131]. This technique, first described by Nolte-Ernsting [133], uses a high-resolution T1-weighted sequence after administration of gadolinium contrast media. A low-dose of furosemide (0.1 mg/kg of body weight, for a maximum dose of 10 mg) immediately before the administration of the contrast media (30 to 60 seconds) allows for a complete distention of the collecting system with homogenous distribution of the gadolinium inside the entire urinary tract [133]. Furosemide increases urine volume and results in dilution of the concentrated gadolinium within the collecting system; this decreases the T2* effects and maintains increased signal intensity [133]. Although the first report using this technique used a respiratory-gated T1-weighted spoiled gradient echo sequence [133], recent reports have demonstrated the feasibility of a similar approach combined with a breathhold three-dimensional T1-weighted gradient echo sequence [132].

The entire urinary tract can be visualized with this approach even in the absence of urinary tract obstruction [132]. An increased flip angle (60 to 70 degrees)

allows for excellent visualization of the enhanced collecting systems while the background signal is saturated. Maximum intensity projection reconstructions provide excretory urography-like images with better spatial resolution than thin-slice HASTE or

thick-slab RARE images [132]. Source images are essential for the diagnosis, particularly for the detection of small urinary stones (Fig. 18) [132].

In the presence of high-grade obstruction, contrast-enhanced MR urography requires delayed imaging

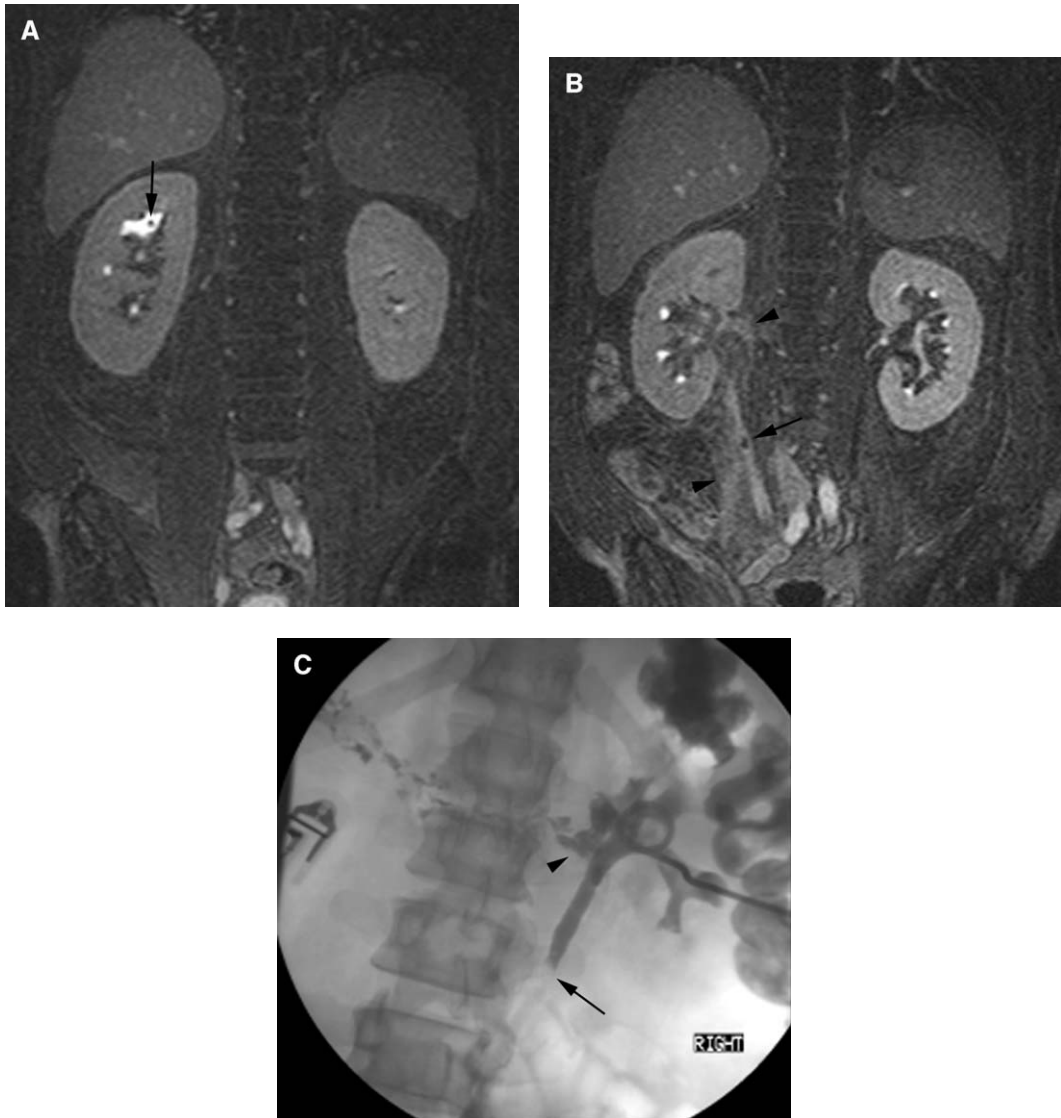


Fig. 18. Obstructive ureterolithiasis. A 54-year-old diabetic man with 2-day history of right back and right lower quadrant pain. (A) Coronal three-dimensional fat-saturated T1-weighted gradient echo image (TR 1100, TE 64, FA 30, 256 × 190, slice thickness 4 mm) during the delayed venous phase after administration of a single dose of gadolinium shows a filling defect in the mildly dilated upper calyx of the right kidney (arrow). (B) Coronal section from the same acquisition than Fig. 18A at a slightly anterior location demonstrates a filling defect in the mid-portion of the right ureter consistent with a stone (arrow). Ill-defined, subtly increased signal intensity around the renal pelvis and ureter (arrowheads) is consistent with extravasation caused by forniceal rupture. (C) Antegrade pyelogram through a nephrostomy tube shows mild dilatation of the collecting system and an obstructing stone in the mid ureter (arrow). The patient was imaged in the prone position. There is extravasation of iodinated contrast adjacent to the renal pelvis (arrowhead) partially obscured by contrast within the colon (the latter from previous CT examination).

acquisition to allow for sufficient excretion of the contrast media and subsequent filling of the collecting system and ureters [131]. In this situation, the patient may be removed from the MR imaging scanner and subsequent examinations can be repeated until the collecting system is filled and the level and cause of obstruction can be determined [131].

Delayed postcontrast images can be helpful for identification and characterization of intraluminal, intraureteral filling defects. In general, the presence of an intraureteral filling defect with smooth margins that shows no enhancement is considered a ureteral stone [131]. A radiograph of the abdomen to identify a calcification at the same level of the obstruction may be helpful in characterizing a stone. [131]. The presence or absence of postcontrast enhancement of an intraluminal filling defect, however, can be helpful in characterizing a tumor for the former versus a stone or blood clot for the latter. Enhancement must be interpreted with caution because ureteral calculi can produce inflammatory changes in the wall of the ureter leading to increased enhancement. Similarly, increased periureteral high-signal intensity on T2-weighted images has been described in patients with ureteral stones as a confounding finding that may mimic or obscure a neoplastic process [131].

Extravasation of contrast can be seen readily on gadolinium-enhanced MR urography in patients with ruptured fornices [131]. T2-weighted images reveal a hyperintense fluid collection at the same level as the extravasation [131]. These findings correlate well with extravasation of contrast on excretory urography, although small extravasations can be missed at excretory urography [131].

Gadolinium-enhanced MR urography requires a cooperative patient able to perform breathholds of 20 to 25 seconds. Patients unable to perform such breathholds can be studied with T2-weighted half-Fourier SSFSE and RARE images. T1 magnetization-prepared gradient echo images provide nonbreathhold images of the abdomen after administration of gadolinium. Although this sequence offers lower spatial resolution compared with three-dimensional T1-weighted images, patients unable to hold their breaths can be evaluated for the presence and degree of obstruction and the presence of contrast extravasation with this approach.

Pregnant patients with suspected acute renal colic and limited US visualization of the ureters can be assessed with T2-weighted images (HASTE and RARE). This approach allows for identification of the presence and level of obstruction in an expeditious manner. Positioning of the patient in the lateral decubitus (with elevation of the affected side) may help to

visualize the distal part of the ureter when compression by the gravid uterus limits its visualization. Gadolinium-enhanced MR urography should be avoided whenever possible in these patients.

Urinary tract infection

Patients with urinary infections may develop bacterial infection of the renal parenchyma and collecting system (pyelonephritis). A patient without rapid improvement after appropriate antibiotic treatment should undergo diagnostic studies including US and CT that may assist in the diagnosis of obstruction, abscess, or emphysematous pyelonephritis [137].

There are few reports in the literature regarding the use of MR imaging in patients with pyelonephritis [138–140]. Majd et al [138] found similar sensitivity and specificity for the diagnosis of acute pyelonephritis in pigs using technetium 99m dimercaptosuccinic acid single photon emission CT, spiral CT, and MR imaging. Sensitivity and specificity of MR imaging for the diagnosis were 89.5% and 87.5%, respectively [138]. Power Doppler US was less accurate in that study than the other three modalities. In a study by Lonergan et al [139] in 37 children with fever and urinary infection, MR imaging depicted more pyelonephritic lesions than renal cortical scintigraphy. In addition, interobserver agreement for the presence of pyelonephritis was superior for MR imaging than for cortical scintigraphy [139].

MR imaging findings in pyelonephritis include renal enlargement with heterogeneous appearance. Perirenal edema is usually present and better seen on T2-weighted images as areas of high signal intensity. T2-weighted images can show heterogeneous signal intensity with multiple cortical areas of high signal intensity. Postcontrast images show similar findings to those described on contrast-enhanced CT. The renal parenchyma can show heterogeneous striated enhancement, although this is not a specific finding [141]. More advanced cases may show multiple nonenhancing cortical defects, which may represent multiple abscesses or infarctions (Fig. 19).

A method to distinguish pyonephrosis from hydronephrosis has been proposed based on diffusion MR imaging [140]. In a study of 12 patients, pus in the collecting system (pyonephrosis) correlated with marked hyperintense signal, whereas the pelvicalyceal system was hypointense in the hydronephrotic kidney [140]. Furthermore, the apparent diffusion coefficient value of the pyonephrotic kidney was extremely low compared with the hydronephrotic kidney [140]. More studies with larger patient population are needed to confirm these initial findings.

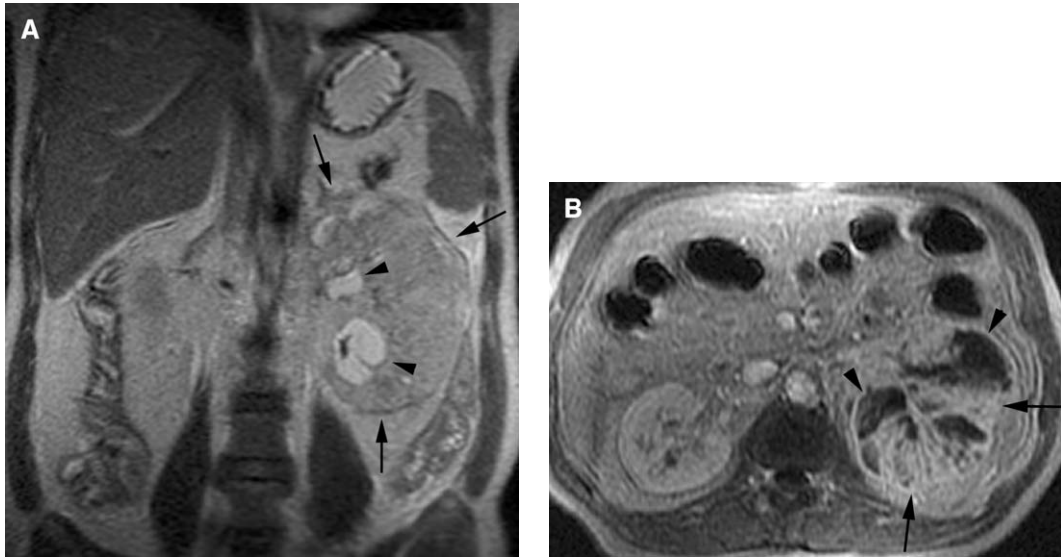


Fig. 19. Acute pyelonephritis. A 54-year-old diabetic man with renal insufficiency; ulcerated skin lesions; and 7-day history of chills, sweats, and urinary frequency. Blood cultures were positive for *Staphylococcus aureus*. A prior unenhanced CT showed enlargement of the left kidney. (A) Coronal SSFSE image (TR 1100, TE 64, FA 130, 256 × 190, slice thickness 4 mm) shows a heterogeneous enlarged left kidney (arrows) with multiple hyperintense cystic-appearing areas (arrowheads) suggestive of acute pyelonephritis. (B) Axial T1-weighted turbo FLASH image (TR 1100, TE 64, FA 130, 256 × 190, slice thickness 5 mm) during the delayed venous phase after administration of a single dose of gadolinium demonstrates heterogeneous enhancement of the enlarged left kidney (arrows). Multiple nonenhancing areas correspond to the high signal areas on Fig. 19A and can represent infarcts or small abscesses (arrowheads). Patient recovered with antibiotic therapy.

Acute renal failure

The corticomedullary differentiation is visualized readily on unenhanced T1-weighted images in the normal kidney [142]. Lack of visualization of the corticomedullary differentiation in the kidneys on unenhanced T1-weighted images has been correlated with elevated creatinine levels (renal insufficiency) [143]. Patients with acute renal failure may have preservation of the corticomedullary differentiation in up to 43% of the cases [144]. Nevertheless, loss of corticomedullary differentiation is a sensitive but nonspecific sign that can be seen in multiple renal pathologies [142]. Low signal intensity along the medulla (especially the outer medulla) on T2-weighted images, possibly representing medullary hemorrhage, is fairly constant and characteristic on MR images of the kidneys in patients with hemorrhagic fever with renal syndrome, an infectious disease caused by different Hantaviruses [145].

Acute vascular conditions

Occlusion or injury to the renal arteries or any of its segmental branches results in ischemia and renal infarction [146]. Patients typically present with acute flank pain. Choo et al [147] correlated the signal

intensity of segmental renal infarcts with pathologic examination in 12 rabbits that underwent ligation of a segmental artery of the left kidney. Renal infarcts can demonstrate different signal intensities on T1- and T2-weighted images depending on the time between the onset of the vascular insult and the MR imaging examination [147]. Infarcts had lower signal intensity than the surrounding kidney in the acute stage (<6 hours) on both T1- and T2-weighted images. As time passes, infarcts become hyperintense on T1-weighted images because of interstitial hemorrhage (24 hours) and hyperintense on both T1- and T2-weighted images (3 days) because of coagulative necrosis [147]. After 2 to 4 weeks organizing fibrosis in the infarcted area accounts for the lower signal intensity on both T1- and T2-weighted images [147]. Gadolinium-enhanced MR angiography allows for exquisite visualization of the renal arteries that can provide important information about the cause for the ischemic renal insult.

Cholesterol embolism is a potential fatal complication of endovascular procedures [148]. Patients present with acute renal failure, eosinophilia, and signs of peripheral ischemia. MR imaging may reveal bilateral renal infarcts and severe atheromatous plaque

formation in the abdominal aorta. Occasionally, a diffuse heterogeneous enhancing pattern may be noted on postcontrast MR images.

Acute renal vein thrombosis may be secondary to different causes including glomerulonephritis, sepsis, lupus nephritis, diabetic nephropathy, amyloidosis, sarcoidosis, sickle cell anemia, malignancy, dehydration, and trauma [149]. Patients with acute renal vein thrombosis can present clinically with acute flank pain. MR imaging shows renal swelling, indistinct corticomedullary differentiation on T1-weighted images, and decreased signal intensity of the renal cortex and medulla [149]. A band of low signal intensity in the outer part of the medulla is typically present, although this finding also can be noted in patients with hemorrhagic fever with renal syndrome [149]. Gadolinium-enhanced MR venography provides excellent visualization of the renal veins. Bland thrombus within the renal vein is shown as a non-enhancing filling defect. Demonstration of thrombus enhancement on postcontrast images is consistent with tumoral thrombus.

Summary

The use of MR imaging in the emergency setting is evolving. Clear indications include situations in need of contrast media when iodinated contrast cannot be administered or to facilitate assessments in pregnant patients and children when exposure to ionizing radiation is considered unacceptable. The availability of rapid, motion-immune sequences now makes MR imaging a feasible study in less cooperative patients extending the range of patients for whom a diagnostic study can be achieved. Capitalizing on the unique benefits of MR imaging there is optimism that MR imaging can eliminate test redundancy and impact patient care in a cost-effective manner. Further investigations are needed to identify the diagnostic algorithms for which this favorable use holds true.

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Selective role of nuclear medicine in evaluating the acute abdomen

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Radiology remains an ever-evolving discipline. Introduction of new modalities frequently impacts on the optimal diagnostic pathway for evaluation of a given clinical symptom or complaint. With respect to evaluating the acute abdomen, much has changed since Nusynowitz [1] embraced radionuclide angiography as a promising screening method for detecting avascular collections, such as pancreatic pseudocysts and retroperitoneal hematomas. Review of the application of nuclear medicine modalities to evaluate patients with acute abdominal pathology is a very worthwhile and timely undertaking.

The value of nuclear medicine studies lies in their ability to evaluate functional and physiologic parameters, often to a greater degree than other radiologic modalities. For anatomic questions, radionuclide methods, such as Tc 99m sulfur colloid scintigraphy for evaluation of the liver and spleen, have largely been supplanted by higher-resolution modalities, such as ultrasound (US), CT, and MR imaging. This article highlights the areas where scintigraphy remains an important tool for the evaluation of patients with acute abdominal disorders. This discussion is organized according to clinical presentation.

Gastrointestinal bleeding

Localization of the site of acute gastrointestinal (GI) bleeding is an important step in patient management [2]. After an upper GI etiology is excluded

by evaluation of the nasogastrintestinal aspirate, bleeding scintigraphy has a useful role to play in localizing the bleed to small bowel, right colon, or left colon. This information is of value in determining the initial approach to subsequent angiography, or in directing the surgeon if an emergency hemicolectomy is indicated.

Historically, two radiotracers have been used for bleeding scintigraphy. Tc 99m sulfur colloid was the initial radiopharmaceutical introduced [3] and is still advocated by some as the preferred method of study [4]. Most clinicians have adopted use of Tc 99m red blood cells (RBC), preferably labeled by an *in vitro* method [5,6], to minimize free pertechnetate. The advantage of Tc 99m RBC is that the radiotracer persists within the blood pool for a prolonged period of time, whereas sulfur colloid is rapidly phagocytosed by reticuloendothelial cells and clears the blood pool over the course of only several minutes. The diagnostic window of time available to detect extravasation with sulfur colloid is limited to approximately 10 minutes, whereas RBC imaging may be performed to 90 minutes or longer. Because GI bleeding tends to be intermittent and episodic [7], the chances of detecting and localizing bleeding are believed to be superior using the RBC technique. Advantages of RBC over sulfur colloid have been confirmed by clinical series that have compared the two techniques [8,9]. Bleeding rates as little as 0.1 mL/minute are detectable using RBC bleeding scintigraphy [10], which is approximately 10-fold as sensitive as angiography.

Typically, static images are acquired at several minute intervals following radiotracer administration throughout the period of observation. Alternatively, multiple sequential dynamic images can be obtained

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at 15- or 30-second intervals that, on replay in cine mode, provide a movie-type display of extravasation and peristalsis of labeled blood. Cine images are favored by many for detecting and illustrating slow GI bleeds [11]. Dynamic images at 2-second intervals can also be obtained during the injection of radionuclide into the patient to illustrate blood flow, thereby

portraying vascular abnormalities. This information can also be of benefit to the angiographer in defining the anatomy of the vasculature before subsequent arteriography [12].

The sine qua nons of a positive examination is the appearance of extravasated blood within the bowel lumen; the process of localizing the bleed can be

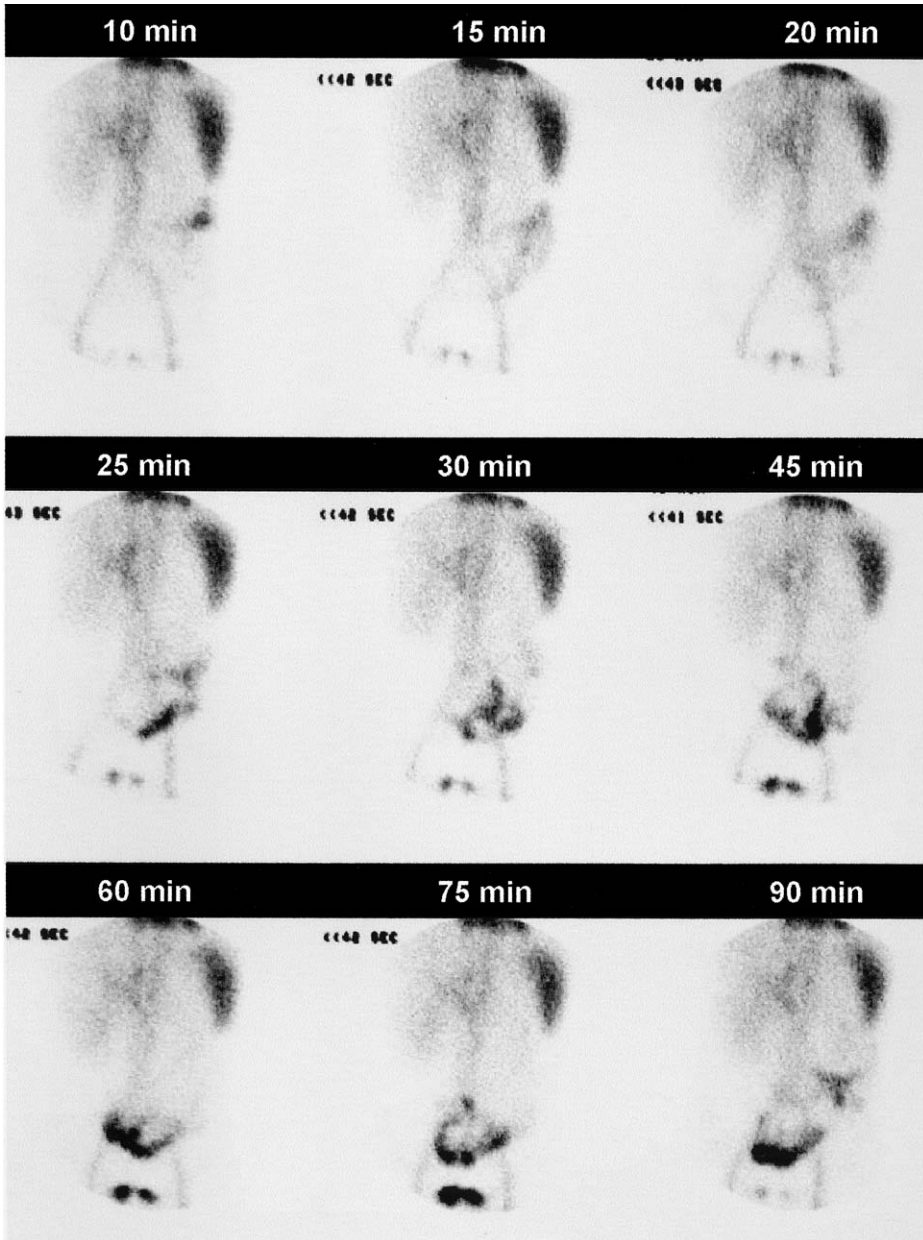


Fig. 1. Small bowel bleed in a 45-year-old man with known cirrhosis. Typical characteristics include central location and rapidly changing appearance of small bowel segments from frame to frame.

broken down to two steps: characterizing the involved bowel as small or large, and subsequently determining the anatomic location within that division.

The key to the first step is identifying the location and pattern of movement of extravasated labeled blood within the bowel lumen. Small bowel is centrally located, and the blood appears to progress rapidly distally through a series of small curvilinear segments on sequential imaging (Fig. 1). In contrast, large bowel bleeding is generally peripheral in location, and progresses in a more elongated pattern on sequential imaging, often with visualization of well-defined haustrations (Fig. 2). Occasionally foci of apparently extravasated blood appear during the course of a study, which do not move on sequential images. Generally, these represent abnormalities other than GI bleeding, such as varices or areas of inflammation [13].

Once the character of the affected bowel is determined to be large or small, one can then identify more precisely the site of bleeding. Blood is an irritant and typically stimulates peristalsis in both the antegrade and retrograde direction; the origin of hemorrhage may therefore not be clear on a delayed image. To identify the actual site of bleeding, one must search for the initial site of appearance of blood, and not the most proximal site visualized. If uncertainty exists, it can often be helpful to trace the motion of extravasated blood backward over time to observe the first frame where abnormality is detected.

Although bleeding scintigraphy is more sensitive than angiography in detecting GI hemorrhage, it only yields a positive test if the patient is actively bleeding during the period of observation. The rate of bleeding also determines the time and degree of scan positivity

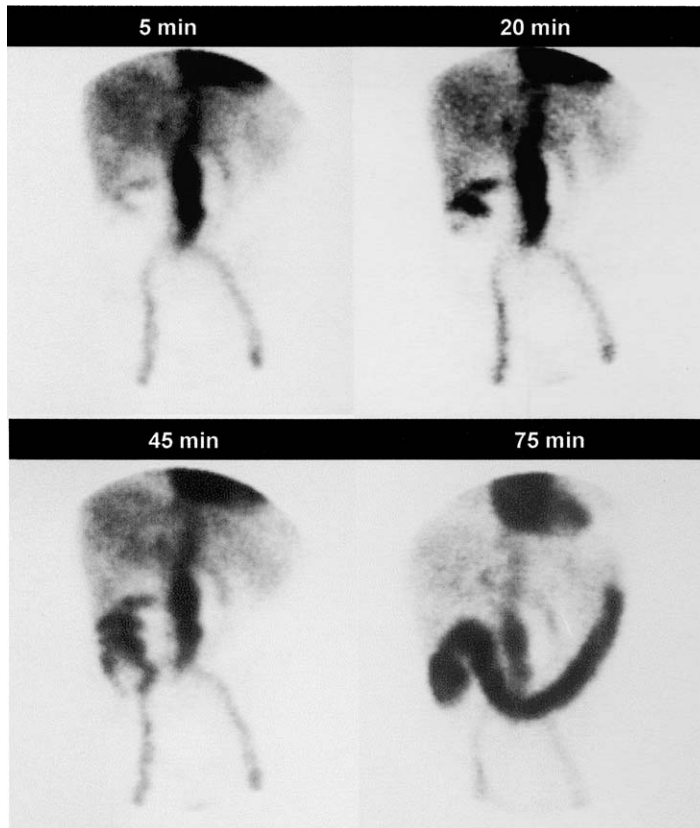


Fig. 2. Large colon bleed in a patient who presented with brisk rectal bleeding. The 5-minute image reveals the bleeding focus to be in the hepatic flexure region. Note that on subsequent frames the blood progresses both antegrade, outlining the transverse colon, and retrograde, extending to the region of the cecum. Characteristics of large bowel bleeding include a peripheral location; variable visualization of haustrations; and visualization of elongated regions of bowel, which slowly change in appearance from frame to frame.

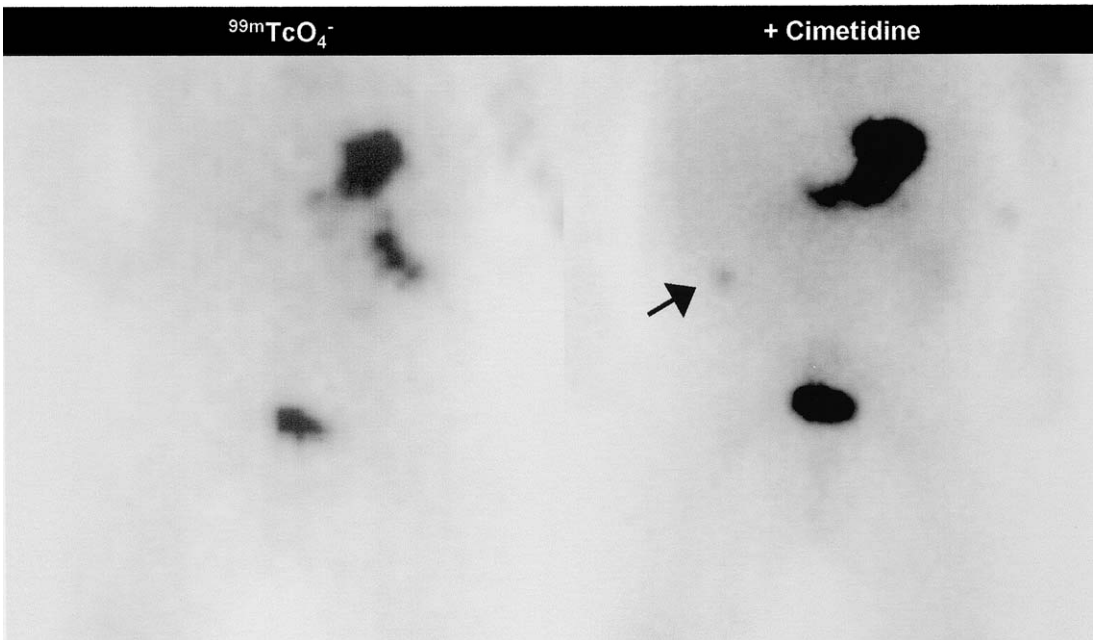


Fig. 3. Representative 40-minute images from pertechnetate studies without (*left panel*) and with (*right panel*) cimetidine pretreatment performed to detect ectopic gastric mucosa in a 7-month-old girl with gastrointestinal hemorrhage. The patient has been placed on cimetidine 3 hours before the study. Representative 40-minute image from initial study (*left panel*) did not reveal presence of the ectopic gastric mucosa. After an additional day of cimetidine treatment, the study was repeated. Corresponding 40-minute image reveals a focus of pertechnetate uptake in the right lower quadrant of the abdomen (*arrow*), in a location typical for Meckel's diverticulum.

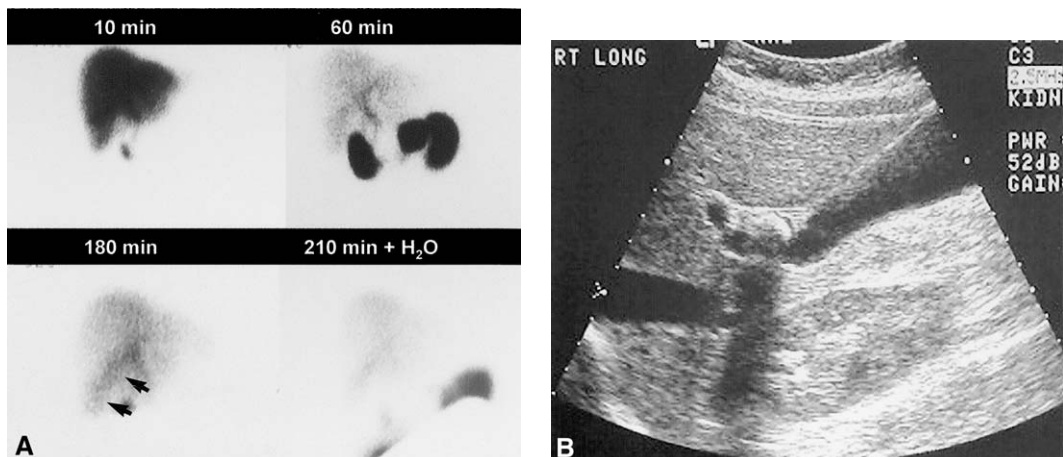


Fig. 4. Acute cholecystitis in a 27-year-old woman who presented with right upper quadrant pain. Biliary excretion study (*A*) reveals prompt uptake by the liver and rapid excretion into the small bowel with no visualization of the gallbladder through 3.5 hours. Of note, there is a suggestion of a faint stripe of activity in the region of the gallbladder fossa (*arrows*), which increases the likelihood of the diagnosis of acute gangrenous cholecystitis. To eliminate the confounding possibility of duodenal activity adjacent to the gallbladder fossa, water was given to the patient between the 3- and 3.5-hour views. Additionally, the bowel is shielded by a lead cape on the 3.5-hour view. Ultrasound study (*B*) demonstrates stones in the region of the neck of the gallbladder.

[14]. The 90-minute imaging period typically used for RBC studies was chosen based on a retrospective review of bleeding studies, where the yield of detecting sites of hemorrhage plateau by this time point [8]. In some bleeding protocols, patients with negative studies have been recalled for an image the following morning (24-hour image). Although on occasion this reveals presence of labeled blood within the bowel, it generally does not contribute clinically useful information because characterization of the site of bleeding is impossible unless the site of actual extravasation is documented during the period of observation and imaging. More productively, patients who are suspected of rebleeding following a return to their clinical ward should be recalled immediately for repeat imaging.

On occasion, GI bleeding may be caused by Meckel's diverticulum (Fig. 3). Most Meckel's diverticulum that bleed have the presence of ectopic gastric mucosa. Gastric mucosa concentrates Tc 99m pertechnetate (TcO_4^-) and this radiopharmaceutical can be used for its detection [15,16]. Typically, 10 mCi of TcO_4^- are administered and sequential anterior abdominal images are obtained over the course of 30 to 60 minutes. Activity appearing in the right lower quadrant of the abdomen, with a similar timing as visualization of the orthotopic gastric mucosa of the stomach, is considered to meet the criteria for positivity. To increase yield, the patient can be pretreated with cimetidine,

which is postulated to decrease the release of radiotracer by gastric mucosa and thereby increase lesion-to-background ratios [17].

Right upper quadrant pain

Initial presentation

In previously asymptomatic outpatients presenting with acute right upper quadrant pain, disease of the biliary tree is a prominent consideration. CT and US are often used to assess for acute cholecystitis and common bile duct (CBD) obstruction and may demonstrate morphologic changes, such as edema of the gallbladder (GB) wall, dilatation of the CBD, and presence of pericholecystic fluid. In contrast to the visualization of these secondary phenomena, hepatobiliary scintigraphy can be used more directly to follow the dynamics of bile flow, which may be disrupted at an earlier stage.

In hepatobiliary scintigraphy, 5 mCi of a Tc 99m-labeled hepatobiliary agent is administered, typically either the diisopropyl or trimethylbromo analogue [18]. Patients are generally imaged after a 2- to 4-hour period of fasting. In traditional protocols, imaging extends over 4 hours. Patients without biliary disease exhibit prompt flow of radiolabeled bile into the bowel and GB, both of which are visualized within

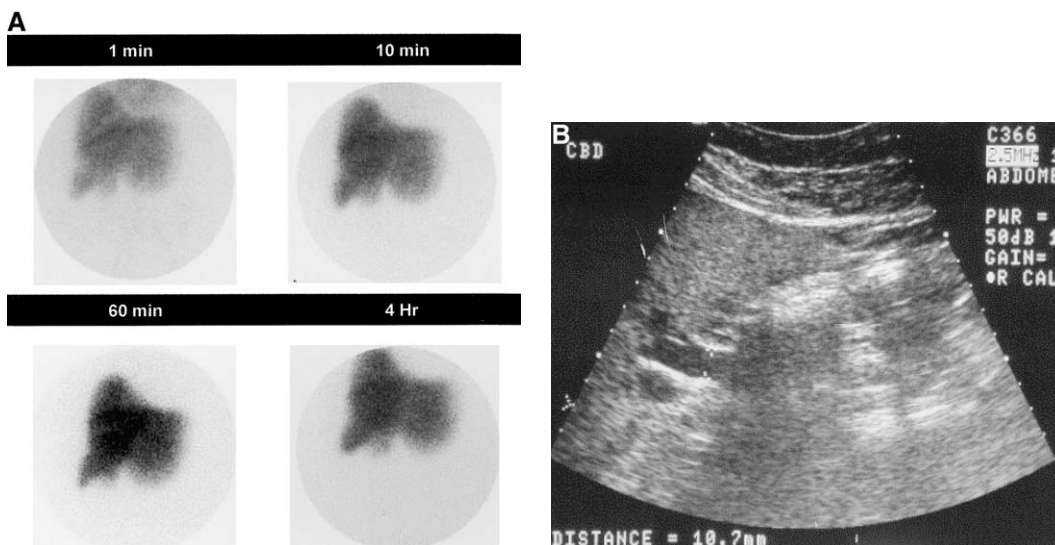


Fig. 5. Common bile duct obstruction in a woman who presented with right upper quadrant pain and was suspected of having acute cholecystitis. Scintigraphic study (A) reveals a fixed hepatogram pattern through 4 hours, consistent with the diagnosis of CBD obstruction. Correlative ultrasound performed the following day (B) demonstrates mild dilation of the CBD to a diameter of 10.7 mm.

the first hour. Patients with acute cholecystitis (Fig. 4) exhibit prompt flow of bile into the bowel, but non-visualization of the GB through 4 hours or greater, secondary to cystic duct obstruction [19]. It has been known for over 40 years that 95% of patients with acute cholecystitis have cystic duct obstruction [20]. A related finding that suggests gangrenous cholecystitis is a stripe of increasing activity at the lower margin of the liver (see Fig. 4). Various mechanisms causing this finding have been suggested [21]. One possibility is localized cholestasis of the lower edge hepatocytes caused by inflammation in the adjacent GB, whereas a second proposes actual bile leakage from the perforated GB. When present, the stripe sign is a useful

ancillary finding; however, most cases of acute gangrenous cholecystitis only demonstrate the absence of GB visualization.

Cholescintigraphic findings in patients with chronic cholecystitis are variable. The study may be normal if no functional abnormality is associated with sonographically demonstrated calculi. Many cases of chronic cholecystitis demonstrate delayed visualization of the GB, typically between 1 and 4 hours. As the period of scintigraphic observation and GB nonvisualization approaches 3 to 4 hours, it becomes more likely that the patient actually has acute rather than chronic cholecystitis. This should be borne in mind if a full 4 hours of imaging cannot be performed.

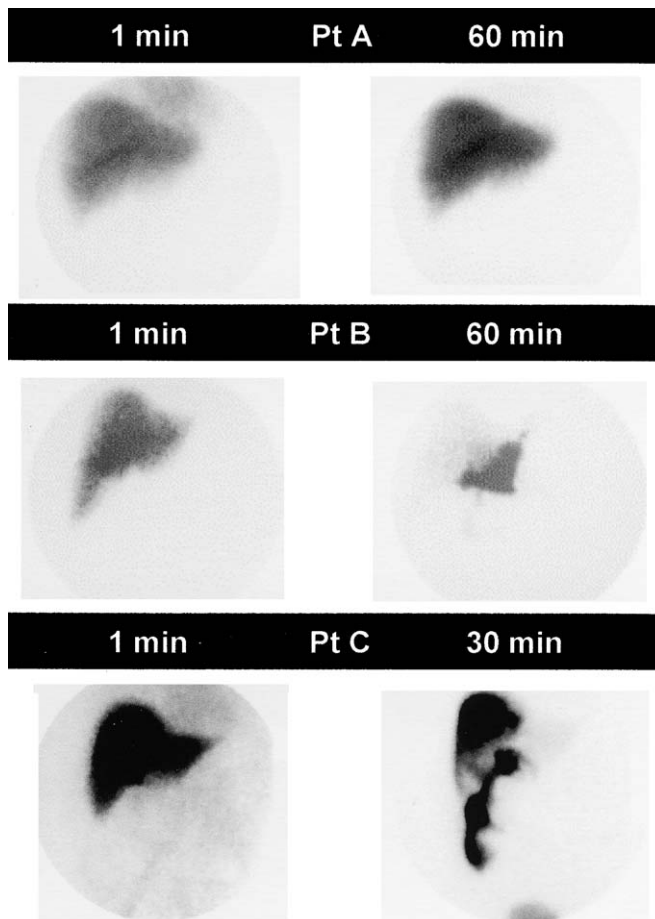


Fig. 6. Representative biliary scintigraphic images in three symptomatic postlaparoscopic cholecystectomy patients. Patient A is a 23-year-old woman, 6 days postprocedure, who has increasing nausea, vomiting, and pain. A CBD obstructive pattern is noted. Patient B is a young woman studied 10 days postprocedure. A relatively confined leak into the lesser sac is noted with negligible activity proceeding into the small bowel. Patient C also evidences a leak, which appears freely flowing down the right paracolic gutter.

If the cause of the patient's acute symptomatology is CBD obstruction, activity is retained in the liver and does not proceed distally into the bowel (Fig. 5). In a study performed at New York's Montefiore Medical Center, this finding occurred in 8.5% of patients who were studied for suspected acute cholecystitis [22].

This correlates well with the surgical literature, which indicates that 11% of patients undergoing cholecystectomy for acute cholecystitis are found to have choledocholithiasis [23]. In the Montefiore study, absent bile flow was caused by CBD obstruction in 63 of the 65 patients in whom the persistent hepato-

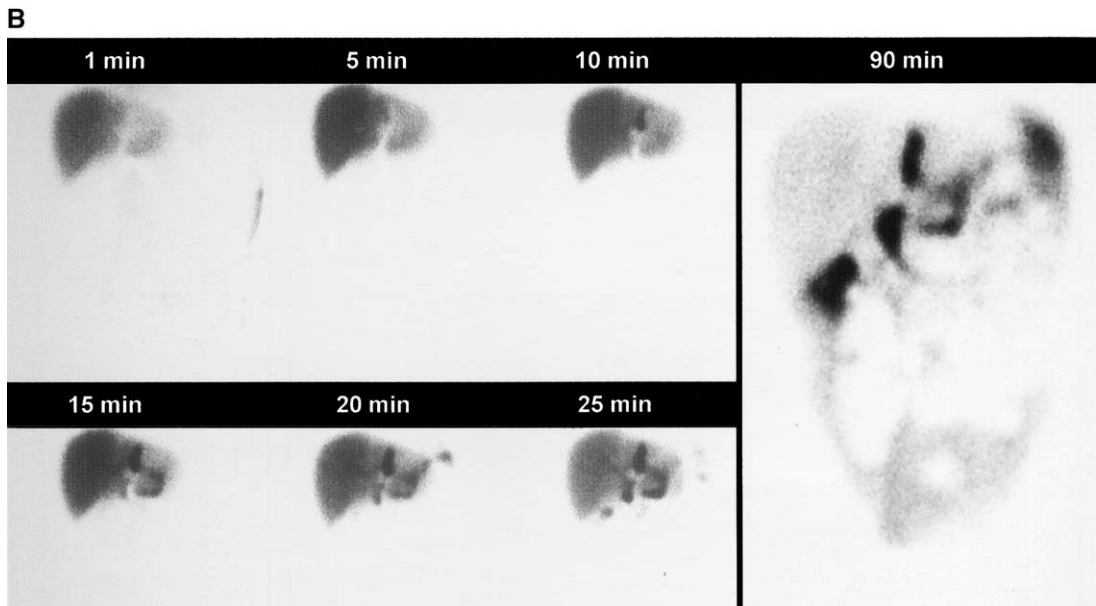
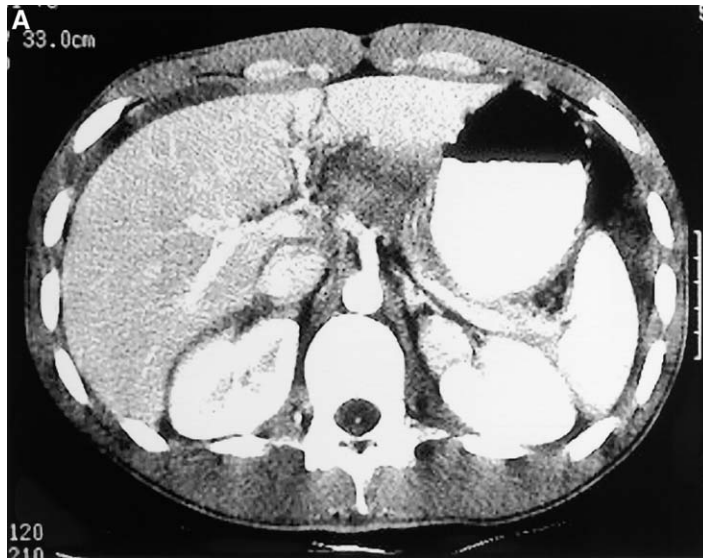


Fig. 7. Utility of biliary scintigraphy in evaluating traumatic injury to the liver and biliary structures in a 25-year-old man who was ejected from a car during a motor vehicle accident. A large liver laceration was noted on CT (A) with collection of fluid behind the left lobe. Initial biliary scintigraphy (B) demonstrates a large leak with spread of radiotracer throughout the peritoneal cavity by 90 minutes. The bowel loops are visualized as a negative defect. Follow-up scintigraphy performed after 5 days of conservative management (C) demonstrates resolution of the leak with progression of activity into the small bowel.

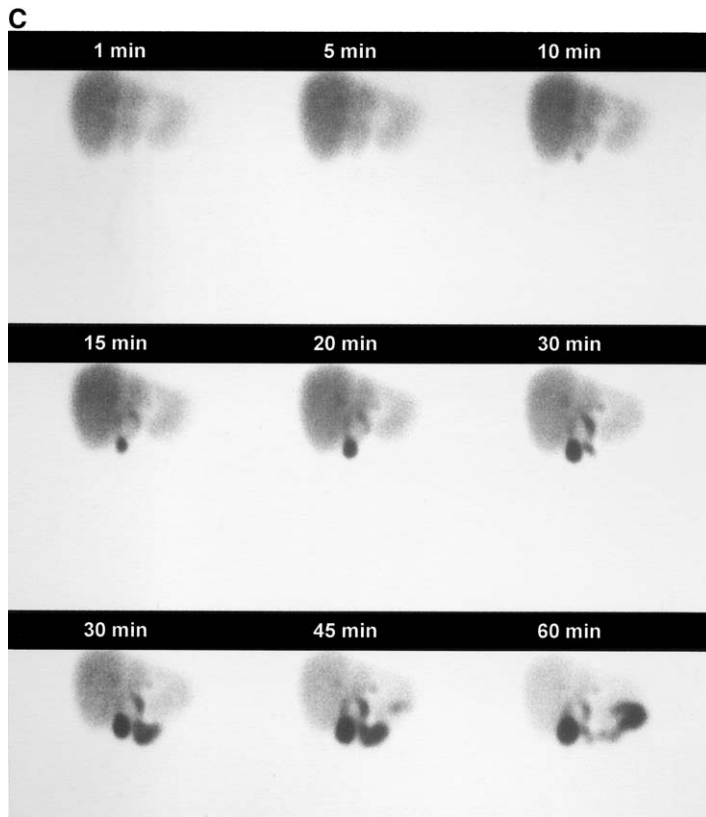


Fig. 7 (continued).

gram was demonstrated (positive predictive value of 96%). If CBD obstruction is not relieved, liver uptake becomes increasingly impaired. In patients with severe impairment, the reliability of assessing biliary or cystic duct obstruction is significantly decreased.

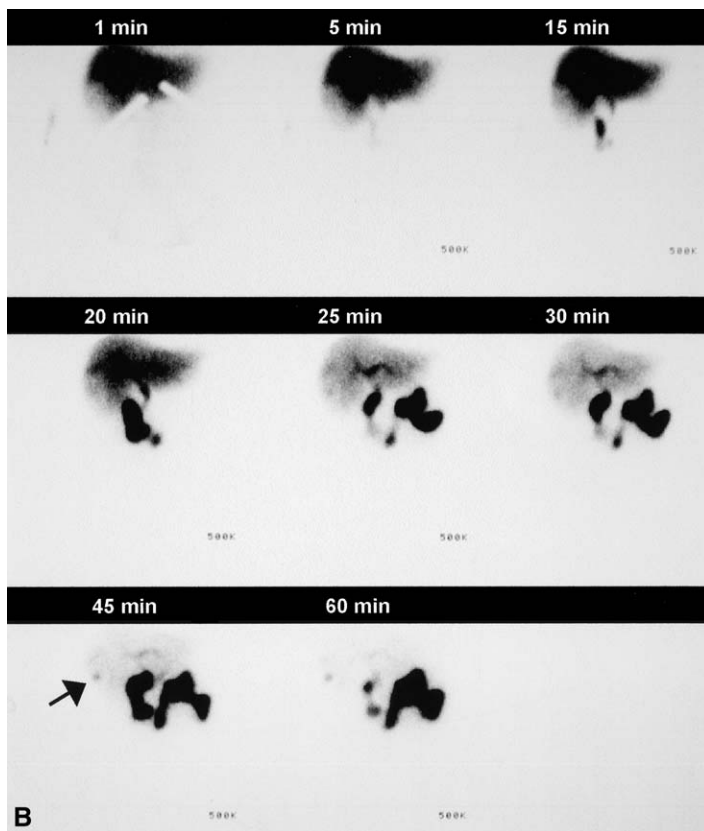
An abbreviated method of biliary scintigraphy can be performed, which is especially useful in the emergency setting. Once the duodenum appears but no GB is yet evident, at approximately 1 hour, 1 to 2 mg of morphine can be administered intravenously. This maneuver constricts the sphincter of Oddi and facilitates GB filling through the cystic duct; if filling does not occur then the duct is presumed to be obstructed [24,25]. The morphine-enhanced IDA study shortens the examination time to 1.5 hours instead of the 4 hours needed for completion of a traditional protocol.

Patients who are on total parenteral nutrition or have not eaten for 24 hours or longer require a special preparation before undergoing cholescintigraphy to avoid possible false-positive results from sludge in the GB [26]. A slow intravenous injection of 0.02 $\mu\text{g}/\text{kg}$ of sincalide (the terminal octapeptide of cholecystokinin), can be administered, which contracts an otherwise normal GB and allows for the free entry of IDA when administered 20 to 30 minutes later.

The postcholecystectomy patient with pain

A special subset of patients with abdominal pain is those who have had a recent cholecystectomy, especially when performed by laparoscopic technique.

Fig. 8. Biloma following penetrating injury to the abdomen in an 18-year-old man who sustained stab wound to his right flank. CT (A) showed a large hemoperitoneum, laceration of the anterior and posterior segments of the right lobe of the liver, and a hematoma in Morison's pouch. Biliary scintigraphy performed the following day (B) initially demonstrates presence of a photon-poor collection in the lateral aspect of the right lobe; however, over the hour course of the images, a small focus of bile uptake within the region of the collection is noted (arrow). Most of the bile is excreted into the small bowel.



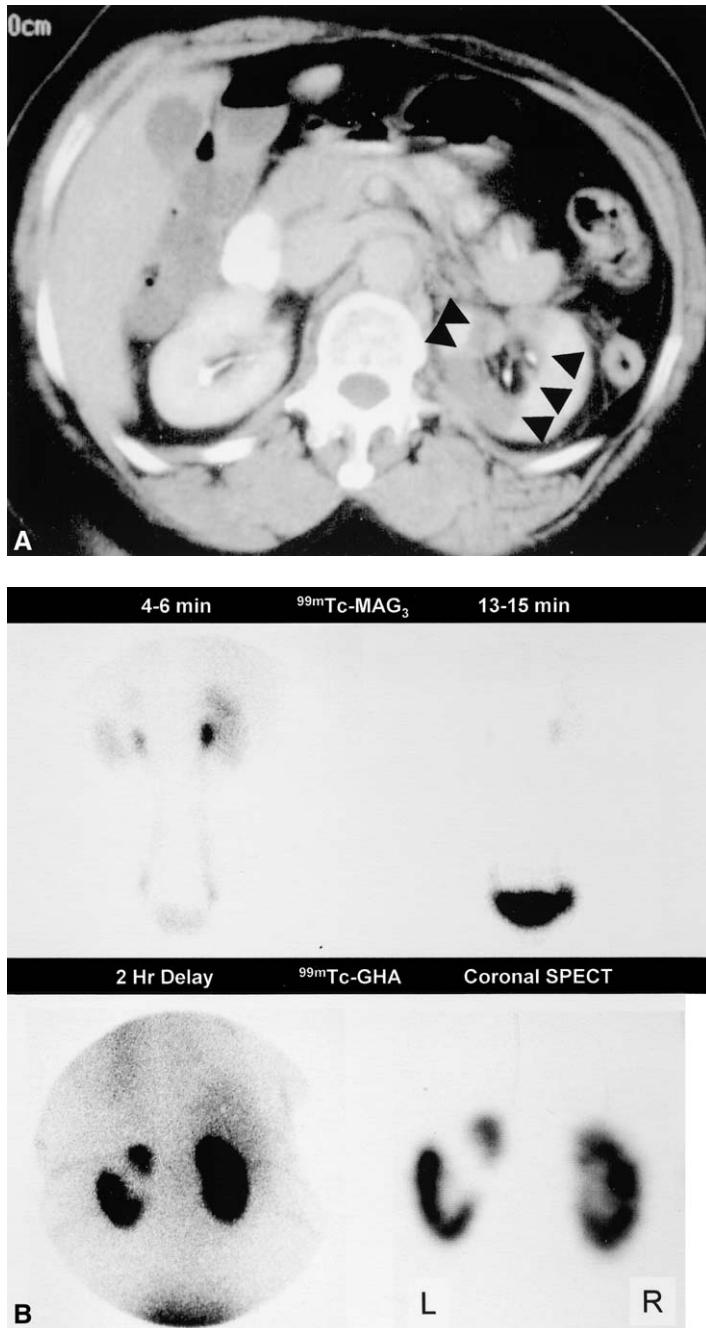


Fig. 9. Left renal infarct in a 68-year-old woman who presented to the emergency room with sudden onset of severe flank pain. CT scan was initially obtained (A) demonstrating regions of absent contrast opacification in the left kidney (arrowheads). Renal scintigraphy with Tc 99m mercaptoacetyltriglycine was performed 3 days later to evaluate relative and regional function of the kidneys (B, upper panels). Representative images demonstrate the suggestion of a cortical defect in the left kidney and an overall diminution of radiotracer concentration on that side. Tc 99m glucoheptonate study was done the following day to define better the extent of infarct (B, lower panels). Both planar (left panel) and coronal tomographic images (right panel) precisely define the extent of the infarct. For the sake of this illustration, the coronal single photon emission CT has been shown in mirror-image to correspond to the other scintigraphic studies.

Common complications of this surgery include presence of bile leak, biliary tree injury, or retained stones [27]. In the postcholecystectomy patient, distorted anatomy or collections may be routinely observed and functional evaluation, as afforded by cholescintigraphy, is especially valuable.

In the case of bile leak, scintigraphy detects the presence, magnitude, and on occasion the approximate location of leak (Fig. 6). The magnitude of leak is judged by comparing the relative flow of bile into the bowel versus into the peritoneum or drains. In the former situation, medical management generally suffices, whereas predominant flow through an artificial pathway likely requires surgical repair. Serial scintigraphy is used to follow resolution of the bile leak, and determine if conservative therapy is sufficient. In cases where the CBD is occluded, biliary scintigraphy visualizes the persistent hepatogram pattern and confirms the diagnosis (Fig. 6A).

Injuries of the solid organs

In the realm of traumatic injuries, scintigraphy may help by providing a functional assessment of damage. As early as 1981, McConnell et al [28] enumerated five organ systems that were effectively studied by radionuclide techniques following blunt trauma: (1) heart, (2) liver, (3) spleen, (4) kidneys, and (5) skeleton [28]. Radionuclide techniques also had a role to play in remotely imaging complications of trauma including infection, cerebrospinal fluid and central nervous system abnormalities, thrombophlebitis, pulmonary emboli, and renal failure. Many of these indi-

cations persist today. For example, patients with traumatic injury to the liver may have variable degrees of damage to the biliary tree. US or CT may visualize the primary injury including presence of fluid within the peritoneum; however, the quantitation of bile leak and significance of the injury cannot always be made. Biliary scintigraphy is useful in defining these parameters (Fig. 7) [29]. The injury may be deemed minor if most bile still flows by the common hepatic and bile ducts into the duodenum where the surgeon can adopt a less aggressive stance, conservatively following the injury by repeated scintigraphy and deferring surgical repair. If the leak is major, or no improvement is noted on serial imaging, then surgical repair is needed.

Where a collection of fluid is noted on anatomic imaging in the liver or peritoneal cavity, it can be difficult to differentiate biloma or urinoma from other collections, which can occur in the posttraumatic period. Continuity with the biliary tree can be defined easily on biliary scintigraphy (Fig. 8). Because the relative flow into the collection is typically very small, accumulation of activity into the biloma is slow and minimal, and visualization may only appear on delayed images after maximal wash-out of activity from the normal liver and gradual accumulation of activity within the collection.

Renal scintigraphy is useful in functionally evaluating trauma or vascular insult to the kidney [30,31]. The degree parenchymal disruption may be studied by cortical agents (especially Tc 99m dimercaptosuccinic acid [DMSA]) or the immediate phase of excretory agents (Tc 99m diethylenetriamine pentaacetic acid [DTPA] or Tc 99m mercaptoacetyltriglycine [MAG₃]) (Fig. 9). Collecting system integrity and urodynamics

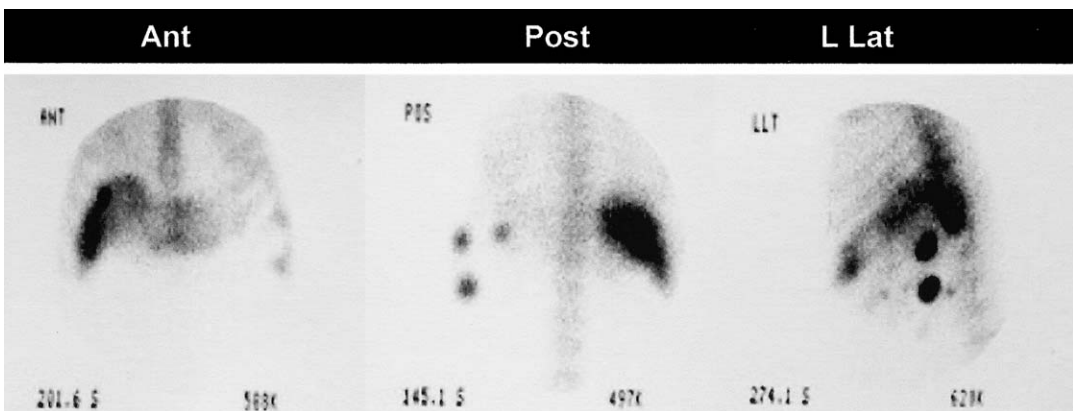


Fig. 10. Splenosis noted on a Tc 99m sulfur colloid study in a patient with cirrhosis and remote history of abdominal trauma and splenectomy. Separation of the lateral aspect of the liver from the rib margin (Helman's sign) is noted, suggesting ascites. A normal spleen is not identified; however, three intense foci of activity in the left upper quadrant of the abdomen represent areas of functioning splenic tissue.

are studied with excreted radiotracers, such as Tc 99m DTPA and Tc 99m MAG₃. Here too, delayed imaging is key to detecting presence of urinoma. Renography has been shown to be of value in identifying the long-term sequelae of renal trauma [32].

In the case of severe trauma to the spleen, a splenectomy may be necessary to prevent exsanguination. As a result of the trauma, or by design of the surgeon, splenic tissue may be distributed within the peritoneum designed to retain phagocytic function and contribute to preserving immunologic defenses [33]. Scintigraphy with Tc 99m sulfur colloid or Tc 99m-labeled crenated RBC can subsequently be used to assess for presence of functional splenic tissue (Fig. 10).

Infection

Radiopharmaceuticals, such as Ga 67 citrate, indium 111 white blood cells, and Tc 99m white blood cells, have become accepted methods of localizing infection in various clinical settings. The limi-

tation of many of these examinations is that they generally require 24 hours or more to complete, which obviates their use in the emergency setting.

One application where these radiotracers can be used successfully is to diagnose suspected appendicitis [34,35]. When using Tc 99m-labeled white blood cells, approximately 2 hours are needed to label the patients' autologous leukocytes and an additional 1 to 2 hours are needed for imaging (Fig. 11). Sensitivity and specificity of the technique have been reported on the order of 98% and 82%, respectively [34].

Because the 2-hour radiopharmaceutical preparation time does delay diagnosis, methods have been developed to use radiolabeled antibodies to label the white blood cells in vivo. Among them, a Tc 99m anti-CD 15 monoclonal antibody (LeuTech, Palatin Technologies, Princeton, New Jersey) is pending approval by the Food and Drug Administration [36]. In this method, the patient is injected with 10 to 20 mCi (adult dose) of Tc 99m-labeled antibody, which binds to leukocytes. Imaging begins immediately, and typically becomes positive within 1 to 2 hours (see Fig. 11). Sensitivity and specificity are reported to be on the order of 90% and 87%, respectively.

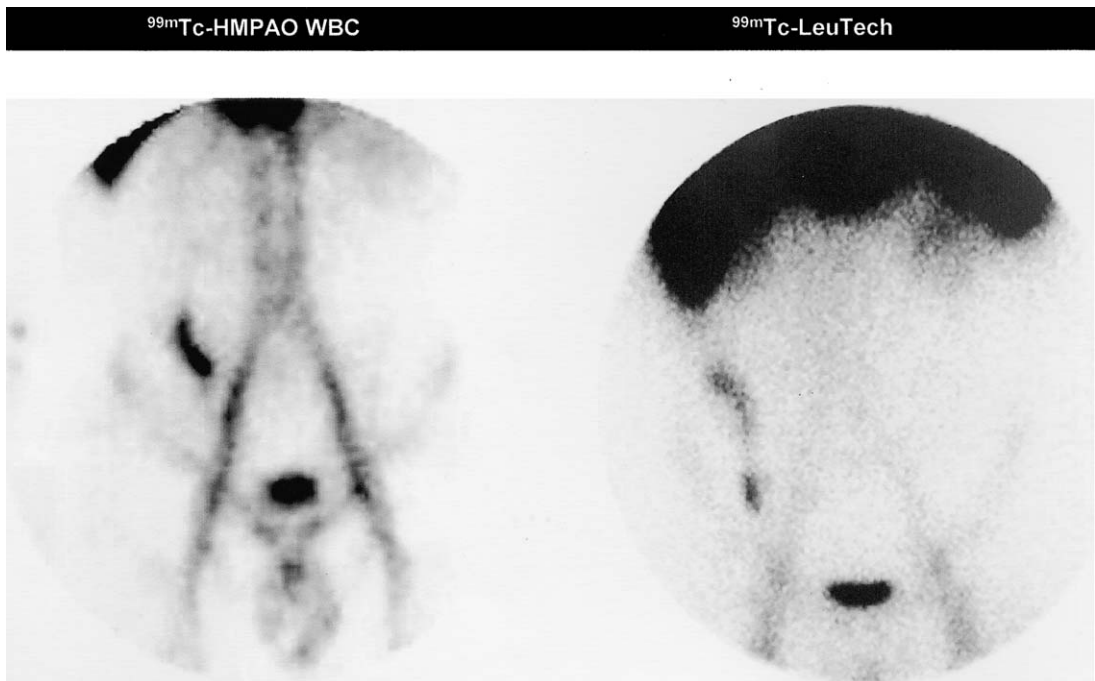


Fig. 11. Representative images in acute appendicitis. In the left panel, Tc 99m hexamethylpropyleneamine oxime-labeled autologous white blood cells have accurately localized an appendiceal abscess in the right lower quadrant of the abdomen. In a different patient injected with Tc 99m LeuTech (*right panel*), appendicitis is also rapidly visualized. The advantage of the latter radiopharmaceutical is that it does not require time and labor-intensive separation and labeling of white blood cells. (Courtesy of Samuel L. Kipper, MD, Oceanside, CA.)

Summary

The imaging evaluation of the acute abdomen has clearly evolved with the introduction of high-resolution imaging techniques, such as CT, US, and MR imaging, leaving scintigraphic examinations an important, though selective, role based on their noninvasive, physiologic, and functional nature. Proper use of these examinations among all the diagnostic methods requires a good understanding of their strengths and limitations.

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Complications of liver transplantation: imaging and intervention

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Orthotopic liver transplantation (OLT) is the accepted treatment for end-stage nonmalignant liver disease. More than 150 centers perform OLT in the United States and the major limitation currently is the lack of an adequate supply of donor organs. As of January, 2003, more than 17,000 people are on a waiting list for liver transplantation and more than 5000 will die while waiting. One- and 3-year survival rates exceed 90% and 80%, respectively, at major transplant centers.

Improvements in surgical techniques and immunosuppressive regimens have reduced substantially the morbidity and mortality of OLT. Nevertheless, OLT recipients are at increased risk for a variety of vascular, biliary, infectious, neoplastic, and other complications. The clinical and laboratory manifestations of post-OLT complications are often nonspecific and may be masked by immunosuppressive drugs. The role of imaging is often critical to diagnosis and prompt treatment of transplant complications. Patients return to their own communities and physicians following recovery from OLT, making it important even for radiologists in smaller communities to become familiar with the spectrum of imaging manifestations of complications of OLT.

Normal posttransplant anatomy

Liver transplantation requires one arterial anastomosis; at least two venous anastomoses (portal vein

and inferior vena cava [IVC]); and a biliary anastomosis (Fig. 1). Each of these should be analyzed specifically on post-OLT imaging studies.

The hepatic artery is usually reconstructed using a Carrel patch or “fish-mouth” anastomosis between the donor celiac axis and the recipient vessel at the bifurcation of the right and left hepatic arteries or the branch point of the proper hepatic and the gastroduodenal arteries. Many variations are possible because of congenital anomalies, such as replaced or accessory hepatic arteries, or atherosclerotic narrowing. A donor iliac artery interposition is often used, usually anastomosed to the supraceliac or infrarenal aorta. Communication with the surgeons is vital to ensure proper assessment of posttransplant arterial anatomy.

The portal vein anastomosis is usually end-to-end and is often difficult to identify on imaging. Thrombosis or sclerosis of the portal vein can be identified on pretransplant evaluation and may be addressed by an iliac vein jump graft from the recipient superior mesenteric vein to the donor portal vein (Fig. 2) [1]. Other variations are possible and, again, the radiologist must understand the surgically altered anatomy.

The retrohepatic IVC is often resected during hepatectomy and the donor IVC is anastomosed end-to-end at the suprahepatic and infrahepatic IVC of the recipient. A common variation is the so-called “piggyback” anastomosis in which the recipient retrohepatic IVC is preserved and an anastomosis is created between a common stump of the donor hepatic veins and the recipient IVC [2,3]. On cross-sectional imaging the piggyback donor cava appears as a second intrahepatic IVC; over time the more caudal portion of the donor IVC

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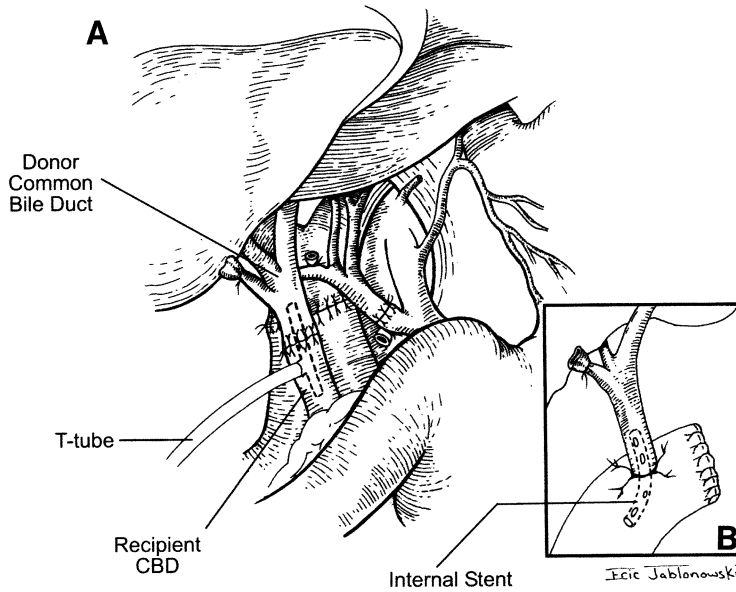


Fig. 1. Standard anastomoses in orthotopic liver transplantation. (A) End-to-end anastomoses of donor and recipient bile ducts (over a T tube), portal vein, and between donor celiac artery and recipient vessel (variable). (B) If the recipient bile duct is diseased the donor bile duct may be anastomosed to a Roux limb of the bowel over a stent (IVC anastomosis not depicted).

below the hepatic veins often thromboses, usually without clinical sequelae.

The biliary anastomosis is usually (about 70% of the time) end-to-end between the donor and recipient common hepatic ducts (see Fig. 1). Often two cystic ducts are seen on post-OLT cholangiograms and this should not be confused with a biliary leak. The irregular contour of the cystic duct caused by the valves of Heister is a good clue. About 30% of patients have the donor duct anastomosed to a Roux limb of bowel, because of prior disease or scarring of the recipient bile duct. A cholecystectomy is routinely performed as part of the transplant procedure.

Findings that are so common following OLT as to be considered almost normal including the following: right pleural effusion and segmental atelectasis; perihepatic and hepatic fissure fluid including small hematomas [4,5]; right adrenal hematoma (caused by adrenal vein ligation or transection during explantation) [6]; and periportal lymphedema. The latter appears as a lucent halo around portal venous branches and was once thought to be a sign of rejection; subsequent experience indicates that this is caused by disruption of normal lymphatic drainage, and this usually resolves within a few weeks without clinical implications.

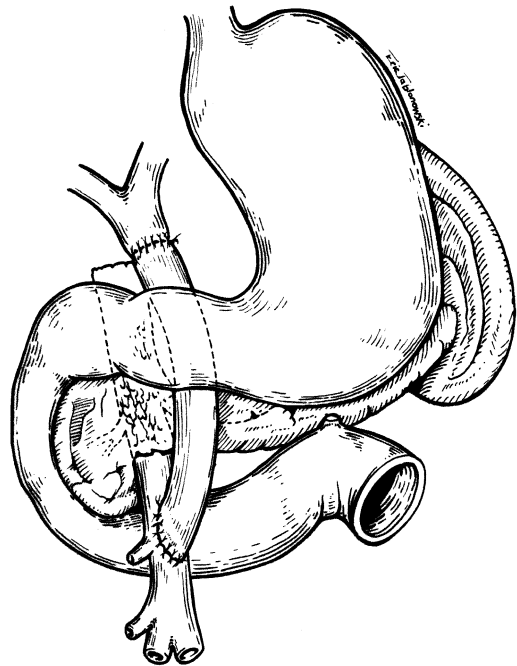


Fig. 2. Iliac jump graft from recipient superior mesenteric vein to donor portal vein. Thrombosis or sclerosis of the portal vein on pretransplant evaluation may necessitate a variation in the usual portal venous anastomosis.

Vascular complications

Vascular complications occur in some 9% of orthotopic whole liver transplantations and a higher percentage of split-liver cases [7–10]. Most are arterial, rather than venous, and these may result in graft failure, bile leak, bleeding, or sepsis. The authors routinely perform Doppler ultrasonography as the initial imaging study to evaluate graft vessels and find the resistive index and systolic acceleration time to be useful parameters (97% sensitivity, 64% specificity) for hepatic artery stenosis or thrombosis [11]. Others have reported less favorable results, and false-positive and false-negative errors can result from rejection, aberrant anatomy, collaterals, and operator inexperience [12].

The authors [13,14] and others [15] have reported excellent results with multislice CT angiography with multiplanar and three-dimensional imaging techniques in patients who have clinical or sonographic findings suggestive of hepatic vascular complications. Water is used as a negative oral contrast material to distend the stomach and duodenum and does not interfere with visualization of the vessels.

Depending on the CT scanner being used, axial images are acquired at 1.25- to 3-mm intervals, reconstructed at 1- to 1.3-mm intervals, and are initiated about 25 seconds after beginning the rapid bolus injection (3 to 5 mL/second) of 100 to 125 mL of nonionic contrast media. Newer workstations and software packages allow CT angiographic quality that rivals that of catheter angiography. MR angiography is another alternative for noninvasive diagnosis of vascular complications of OLT [16].

Hepatic artery thrombosis

Hepatic arterial thrombosis is the most common vascular complication of OLT, occurring in 4% to 12% of adult recipients and an even higher percentage of children (Fig. 3) [2,7,11,12]. The clinical manifestations of hepatic artery thrombosis are highly variable, ranging from elevation of hepatic enzyme levels to biliary stricture, necrosis, or leak, to fulminant hepatic necrosis. In adults graft failure and death usually result unless retransplantation is possible. Children and some adults may develop arterial collaterals, which can sustain graft viability, but which

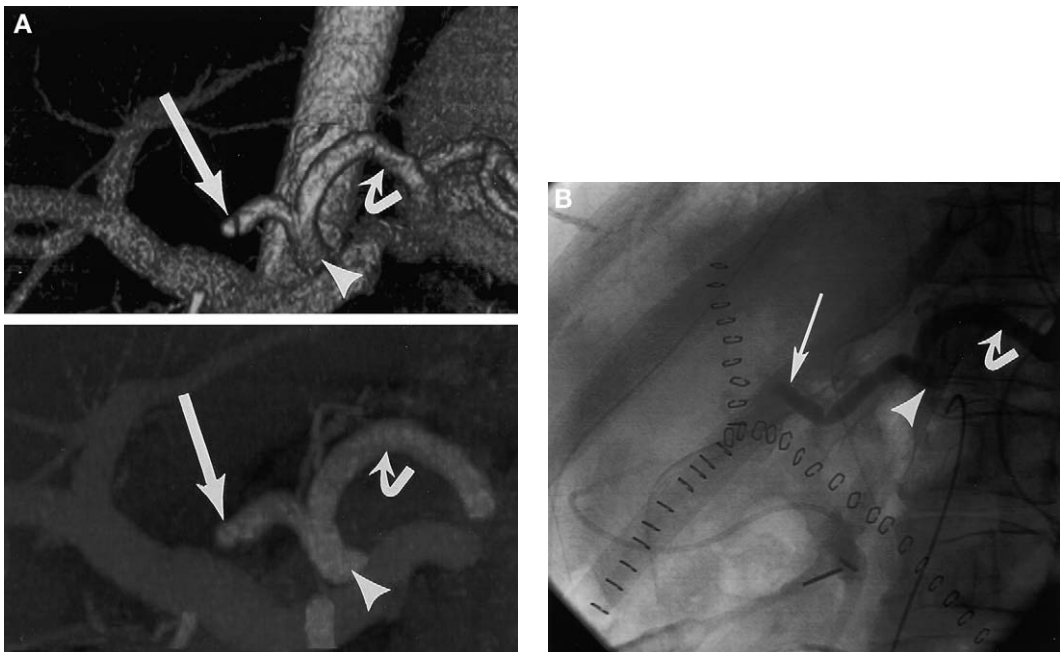


Fig. 3. Hepatic artery thrombosis. (A) Shaded-surface reconstruction (top) and maximum intensity projection (bottom) CT images (anterior view) demonstrate complete occlusion of the hepatic artery at the anastomotic site (arrow) 2 days following orthotopic liver transplantation. (B) Catheter angiography confirms the hepatic artery occlusion (arrow) and the patient underwent retransplantation a day later. Arrowheads mark the celiac artery and curved arrows the splenic artery.

can also lead to false-negative results at Doppler sonography [14,17].

Because the bile ducts are entirely dependent on hepatic arterial supply, thrombosis often results in bile duct necrosis, intrahepatic bilomas, biliary strictures, or hepatic infarct or abscess (Fig. 4). In the setting of transplant dysfunction and any focal hepatic lesion, hepatic artery thrombosis must be considered and evaluated thoroughly.

Intrahepatic bilomas and abscesses can be treated with percutaneous image-guided catheter drainage. In adults such drainage can prolong allograft survival and may uncommonly obviate retransplantation [18]. In children, percutaneous catheter drainage along with antibiotics and hyperoxygenation therapy has been successful in some cases in resolving the intrahepatic collections and avoiding retransplantation. Thrombolytic therapy is not advocated for hepatic artery thrombosis, which frequently occurs in the immediate postoperative period when thrombolytic therapy is contraindicated. By the time of diagnosis of arterial thrombosis hepatic damage is often irreversible.

Hepatic artery stenosis

Arterial stenosis is the second most common vascular complication of OLT, occurring in about 5% of adult cases [7,11,14,16]. The stenosis usually occurs at or near the anastomosis and may result in

liver ischemia or biliary stricture [53] and may progress to arterial thrombosis. Stenosis or thrombosis may affect the main hepatic artery or either the left or right branch individually. Sonographic findings depend on the location of the stenosis relative to the sampled site. Peak velocities are increased at the site of stenosis and a peak fellow velocity of more than 2 m/second is very suggestive of stenosis, especially when associated with turbulent flow (spectral broadening of the waveform) [11]. Distal to the arterial anastomosis, a resistive index of less than 0.5 or a systolic acceleration time greater than 0.8 seconds is very suggestive of significant stenosis (Fig. 5). These signs, however, are not reliable indicators of hepatic artery thrombosis for the first 48 hours following transplantation; by several days after OLT, the waveforms are more reliable [11,12,19–21].

CT angiography has proved quite useful in diagnosing arterial stenosis (Fig. 6) [1,14,15]. The ability to rotate in space the three-dimensional arterial anatomy greatly facilitates recognition of the arterial stricture, especially when the hepatic artery is redundant and tortuous.

Catheter angiography remains the standard of reference for diagnosing hepatic arterial complications of OLT and also can be used for therapy [22,23]. Transluminal angioplasty and stent placement have been successful in relieving arterial stenosis with resolution of clinical and biochemical

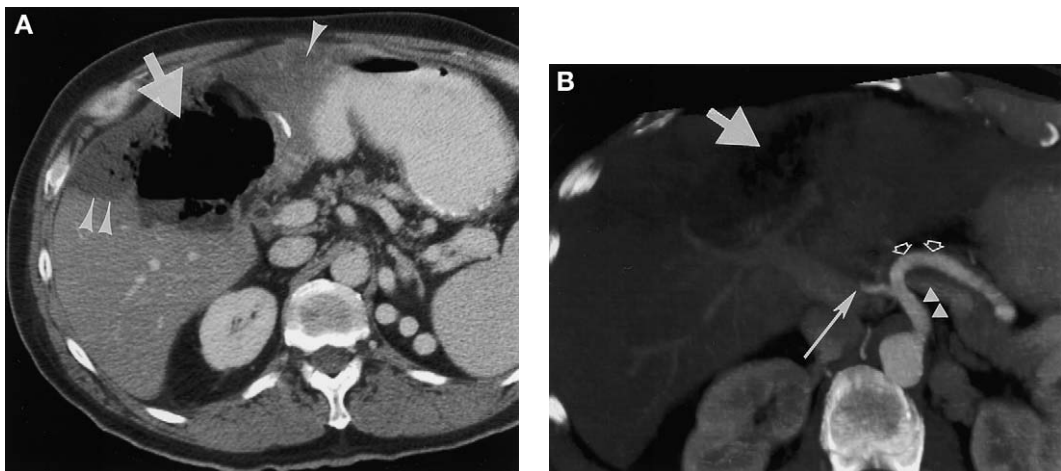


Fig. 4. Hepatic artery thrombosis causing hepatic abscess and infarct. (A) Axial CT shows a large gas-containing cavity (arrow) with fluid-level in the left hepatic lobe consistent with an abscess. Low-attenuation peripheral areas with sharp straight margins (arrowheads) suggestive of infarcts are also evident. (B) Maximum-intensity projection CT image 2 days later following percutaneous drainage of the abscess shows occlusion the hepatic artery (long thin arrow) with a decrease in size of the abscess cavity (short solid arrow) in the left lobe. Arrowheads mark the celiac artery and open arrows the splenic artery.

abnormalities, resulting in graft salvage and avoidance of retransplantation (Fig. 7). Many factors influence the choice of angioplastic versus surgical repair of hepatic arterial stenosis including time of diagnosis following OLT, tortuosity of the artery, and proximity to branch vessels.

Hepatic artery pseudoaneurysm (Figs. 8, 9) is a rare complication of OLT and may result from infection, as a complication of transluminal angioplasty, or after percutaneous liver biopsy [24]. Rupture of the pseudoaneurysm may result in life-threatening intra-hepatic or intra-abdominal hemorrhage. Therapeutic

options include exclusion by stent graft, coil embolization, and surgical resection.

Portal vein stenosis or thrombosis

Portal vein abnormalities develop in about 1% to 3% of transplant recipients [8,10,16]. Predisposing causes include faulty surgical technique, a mismatch in size between donor and recipient portal veins, and hypercoagulable states. Results include manifesta-

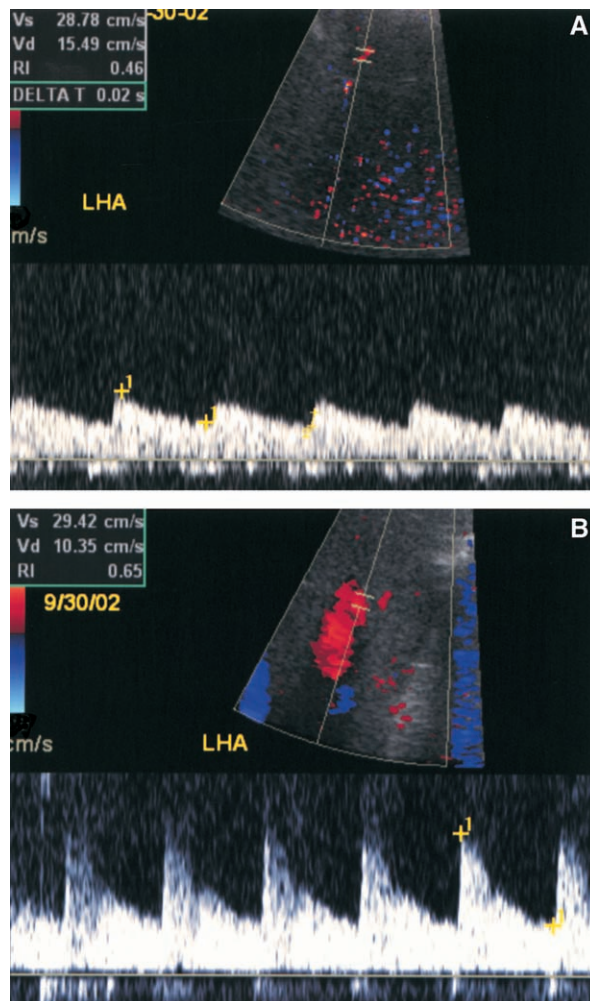


Fig. 5. Color Doppler of hepatic artery stenosis before (A) and after (B) angioplasty. Duplex Doppler of the left hepatic artery shows a typical low resistive index waveform (RI = 0.46) suggestive of proximal stenosis (A) with normalization of the waveform following percutaneous angioplasty (B) (RI = 0.65).

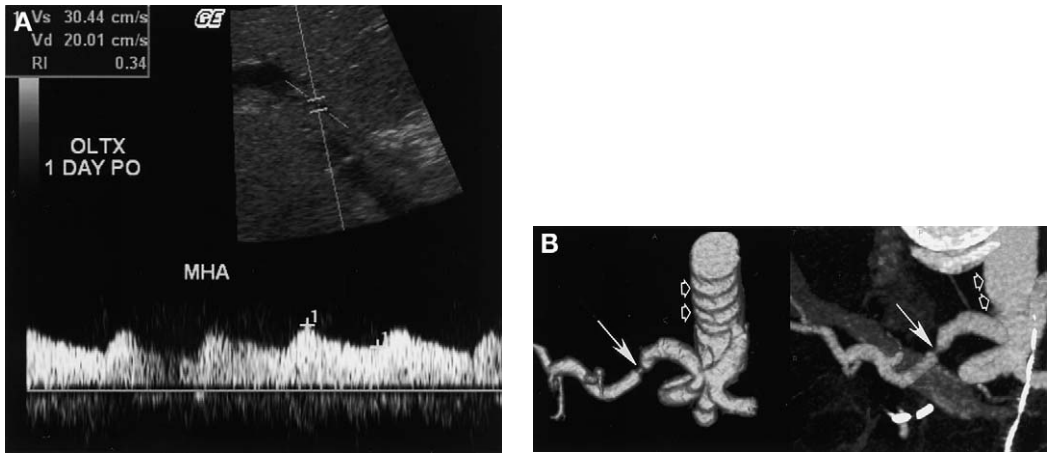


Fig. 6. Hepatic artery stenosis. (A) Color Doppler appearance of hepatic artery stenosis with prolonged systolic upstroke (parvus-tardus waveform) and low resistive index (RI = 0.34) for the main hepatic artery. (B) Shaded-surface reconstruction (left) and maximum intensity projection (right) CT images (anterosuperior view) confirm severe stenosis of the hepatic artery at the anastomotic site (arrow). Open arrows mark the aorta.

tions of portal hypertension, such as ascites, edema, variceal bleeding, and liver failure.

CT angiography in the portal venous phase has successfully demonstrated portal vein stenosis, thrombosis, and intraluminal clot (Fig. 10) [1,15]. Definitive diagnosis may require transhepatic direct venography, which also allows measurement of the pressure gradient across the venous stenosis (> 5 mm Hg being considered significant) [25]. The transhepatic access also may facilitate thrombectomy, angioplasty, and stent placement.

Inferior vena cava stenosis or thrombosis

Inferior vena cava complications occur in less than 1% of transplant recipients, and usually result from surgical mishaps or hypercoagulable states [10,26]. As noted previously, thrombosis of the donor IVC below the hepatic veins in the setting of a piggyback IVC anastomosis should not be considered a complication or raise clinical concern in most cases. Mere size discrepancy between the donor and recipient IVCs or displacement and compression by graft swelling should not be considered diagnostic of an IVC complication. In the rare event of true stenosis, confirmed by pressure gradient across a stenosis, balloon angioplasty can be considered (Fig. 11) [25].

A rare complication, which may be encountered more frequently with the piggyback technique or with split liver transplantation, is hepatic vein or IVC

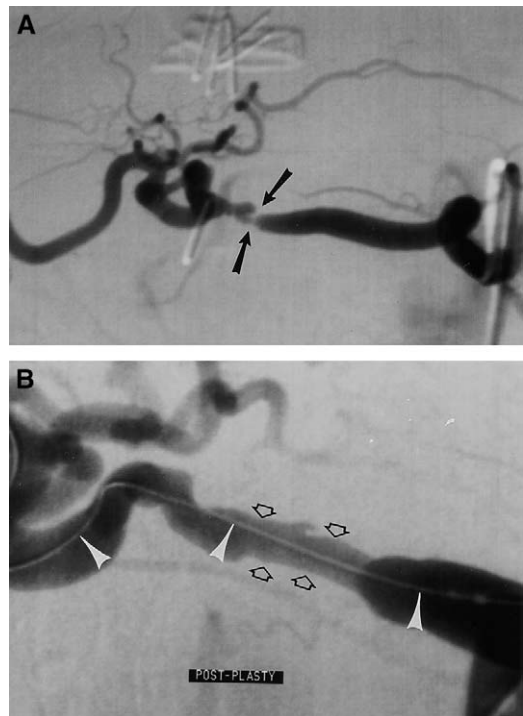


Fig. 7. Hepatic artery stenosis treated with percutaneous angioplasty. Catheter angiography 4 months following liver transplantation (A) shows severe hepatic artery stenosis (arrows) at the anastomotic site. Following percutaneous balloon angioplasty (B) there is marked improvement in the caliber of the stenotic segment of the hepatic artery (open arrows). Arrowheads mark the angioplasty catheter.



Fig. 8. Thrombosed hepatic artery pseudoaneurysm with bile duct necrosis and hepatic infarct 6 years post-hepatic transplantation. Large, oval, low-attenuation cystic mass at the porta hepatis (*short arrow*) abutting the celiac axis (*curved double arrows*) represents a thrombosed pseudoaneurysm. Sharply defined, low-attenuation, right hepatic lobe lesion (*long thin arrows*) is a characteristic appearance of bile duct necrosis. Also note the large peripheral left lobe infarct (*arrowheads*).

occlusion [2,3,27]. The poor venous drainage of the liver can result in an acute Budd-Chiari syndrome with liver dysfunction and ascites along with mottled perfusion of the liver (Fig. 12).

Arterioportal fistula

Intrahepatic arterioportal fistula is a relatively common complication of percutaneous liver biopsy, whether of the native or transplanted liver (Fig. 13).

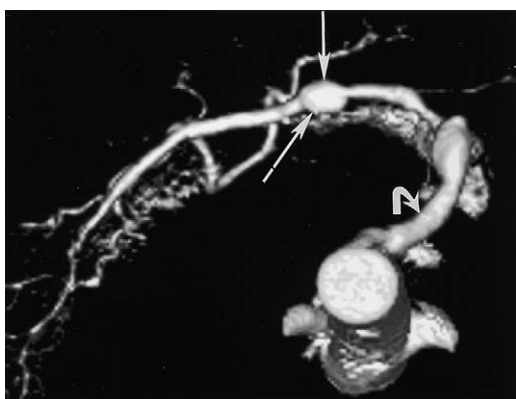


Fig. 9. Hepatic artery pseudoaneurysm. Shaded-surface reconstruction (superior view) CT image of the celiac axis (*curved arrow*) in another patient demonstrates a smaller patent pseudoaneurysm (*straight arrows*) close to the hepatic artery anastomotic site.

The authors believe that this occurs less frequently when sonography is used to guide the biopsy and to avoid large vessels. Most are transient and of little clinical concern, tending to close spontaneously within a few weeks [28]. Fistulas may be mistaken for hypervascular masses on imaging but diagnosis can be made accurately using the following criteria: arterial-phase CT (or MR imaging) demonstrates early filling of peripheral portal venous branches at a time before superior mesenteric and splenic veins are unopacified. There is often a transient hepatic attenuation difference, consisting of a peripheral wedge-shaped area of hyperenhanced liver during the hepatic arterial phase of CT (or MR imaging) that is isoattenuating to liver on nonenhanced and portal venous-phase imaging. The transient hepatic attenuation difference is caused by enhancement of the liver parenchyma that is perfused by contrast medium passing from the high-pressure arterial vessels into the lower-pressure portal venous branches [28]. Absence of a spherical mass accompanying the fistula or shunt is also an important finding.

Biliary complications

Biliary complications following OLT occur in 6% to 34% of patients with the higher rates in children and partial liver recipients, and are the second most frequent cause of graft dysfunction, exceeded only by rejection [29–34]. Most biliary complications become evident during the first 3 months after transplantation, although some strictures and stones develop months to years later.

Patients with a duct-to-duct anastomosis have a T tube in place for several months after OLT that

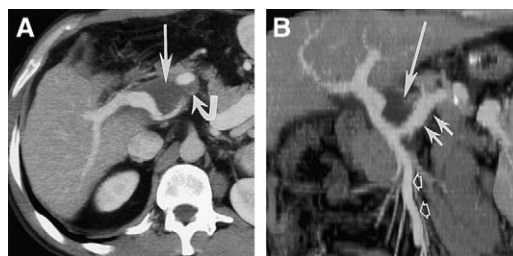


Fig. 10. Portal vein aneurysm with thrombosis. Maximum-intensity projection images, axial (A) and coronal views (B), in a patient 13 years following liver transplantation show portal vein aneurysm with a large subocclusive thrombus at the portal confluence (*long arrow*) extending into the superior mesenteric vein (*curved arrow*). Double arrows mark the splenic vein and open arrows the superior mesenteric vein.

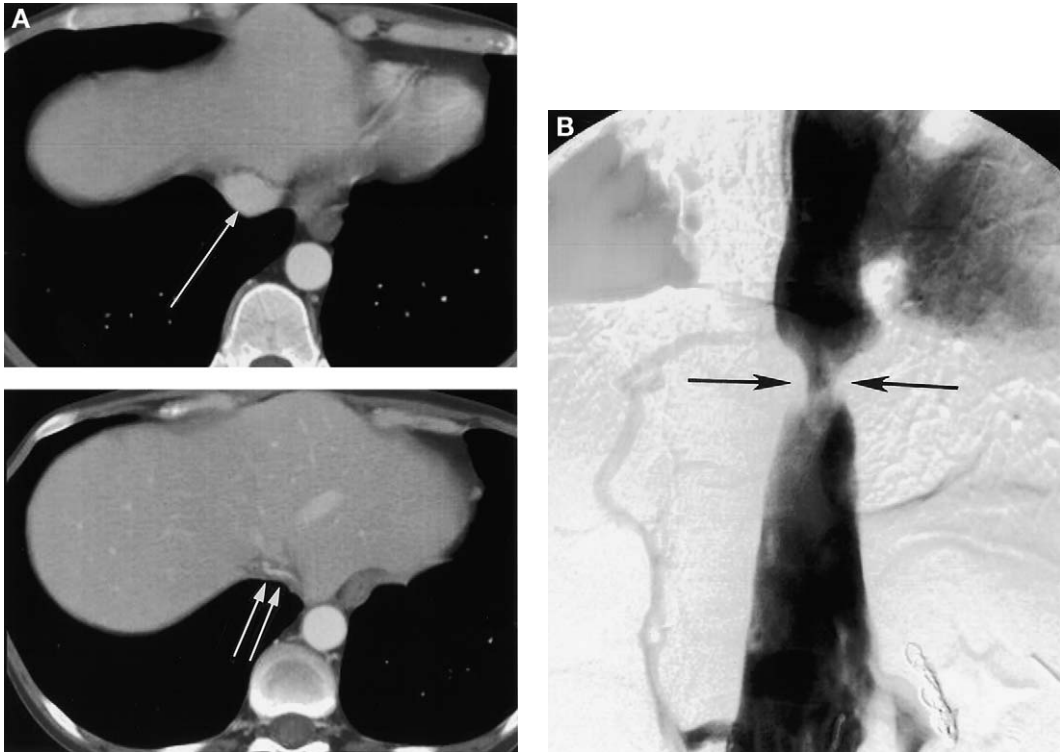


Fig. 11. Inferior vena cava stenosis. (A) Axial CT images of the liver demonstrate normal IVC caliber (*single arrow*) cranially with a sudden decrease in diameter (*double arrows*) inferiorly suggesting IVC stenosis at the anastomotic site. (B) IVC angiogram confirmed the presence of a hemodynamically significant stenosis (*arrows*) at the anastomotic site.

can be accessed for cholangiography, which is performed routinely at intervals following surgery (12 days, 6 weeks, and 3 months) and immediately if liver dysfunction occurs. Patients who have a duct-enteric anastomosis are evaluated by sonography or MR cholangiopancreatography [35,36]. Intrahepatic biliary dilatation often does not occur within the transplanted liver and its absence does not exclude biliary obstruction.

Some 6% of OLT recipients develop some form of particulate debris with the biliary tree [33]. Non-obstructing concretions on the T tube are of little concern and usually clear with removal of the T tube 3 months following OLT. Necrotic debris or a cast of sloughed mucosa is strongly suggestive of hepatic artery occlusion (Fig. 14). Discreet stones constitute one third of filling defects and require surgical biliary reconstruction in most cases. Some stones can be accessed by transhepatic or endoscopic cholangiography and can either be crushed or retrieved by a metallic stone basket. Some patients with biliary

sludge have no apparent underlying etiology and may respond favorably to flushing of the bile ducts or revision of the anastomosis.

Anastomotic biliary strictures are visualized commonly but may not require intervention in the absence of proximal ductal dilatation or liver dysfunction (eg, elevated serum bilirubin or alkaline phosphatase). True strictures are often amenable to endoscopic or transhepatic balloon dilatation, with or without stent placement (Fig. 15) [37,52]. Anastomotic strictures and leaks are substantially more common following partial liver transplantation [30,31].

Nonanastomotic strictures occur in about 10% of patients [29,34,38] and occur at the common hepatic duct bifurcation or peripheral intrahepatic ducts with equal frequency. Among the potential causes are hepatic artery stenosis or thrombosis, ductopenic rejection, infectious cholangitis, and recurrent primary sclerosing cholangitis (Fig. 16) [29,34,39,40]. A search for the etiology should be made but no apparent cause can be identified in up to one-third

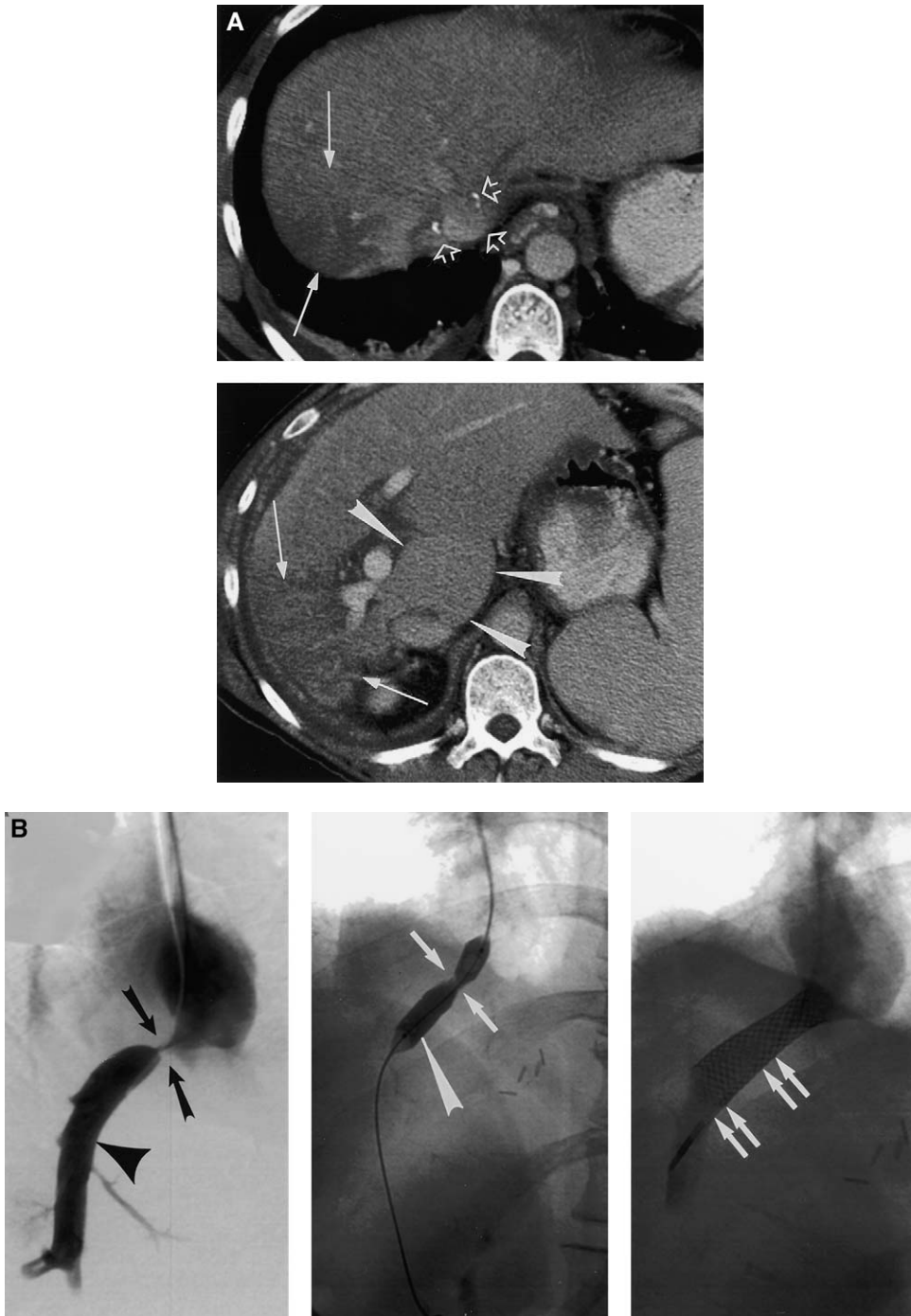


Fig. 12. Budd-Chiari syndrome caused by right hepatic vein stenosis. (A) Axial CT images of the liver, during the venous phase, show low-attenuation and atrophy of the right hepatic lobe (arrows) with mild caudate lobe hypertrophy (arrowheads). Open arrows mark the IVC anastomotic site. (B) Selective right hepatic venogram (black arrowhead) demonstrates severe stenosis (black arrows) of the proximal right hepatic vein. Balloon angioplasty shows marked “waisting” (white single arrows) of the angioplasty balloon (white arrowhead). A stent (double white arrows) was placed across the stenosis.

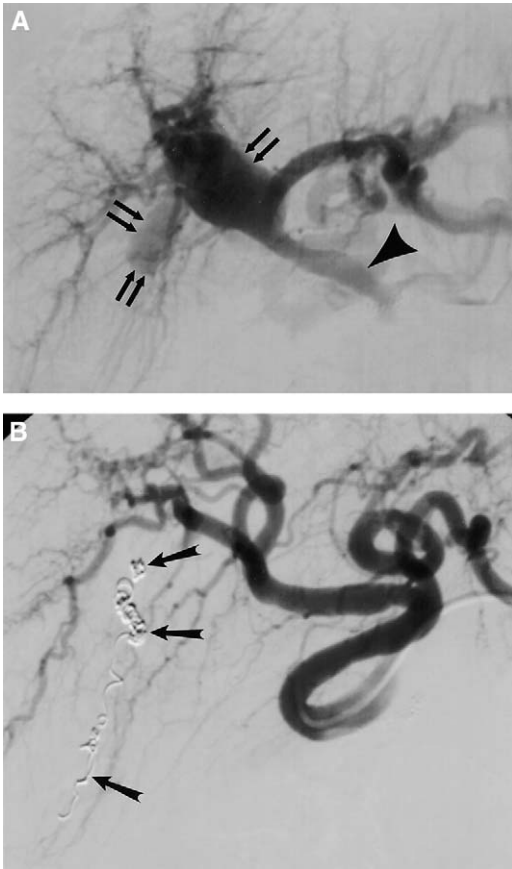


Fig. 13. Arteriportal fistula causing portal hypertension 7 years after liver transplantation. Celiac arteriogram (A) demonstrates early filling of a dilated right portal vein (double arrows) with reflux into the main portal vein (arrowhead) responsible for the patient's portal hypertension. Repeat celiac arteriogram (B) following coil embolization of the feeding right hepatic arterial branch (single arrows) shows no opacification of the portal venous system.

of cases. Percutaneous or, less commonly, endoscopic stricture dilation affords at least short-term palliation in a minority of patients.

The prevalence of bile leak following OLT is about 4% and the prognosis varies substantially according to its site and etiology [30,32,38,41]. Common clinical signs include fever and signs of cholangitis or peritonitis or increasing bilirubin or liver enzyme levels. Cholangiography is the definitive means of diagnosing bile leak, but is only achieved easily in those with a T tube in place (Fig. 17). Radionuclide (Tc 99m HIDA) and MR cholangiopancreatography are alternative tools; MR imaging diagnosis of leak is demonstrated well fol-

lowing intravenous administration of mangafodipir (Teslascan, Amersham, Princeton, New Jersey), a hepatobiliary contrast agent (Fig. 18). Leak at the site of T-tube entry responds very favorably to endoscopic sphincterotomy and temporary placement of a stent. Anastomotic bile leaks are more common following duct-enteric, as opposed to duct-duct, anastomosis [41]. These may respond to endoscopic stent placement, but most require surgical revision of the anastomosis. Delays in diagnosis and therapy frequently result in sepsis and death. Nonanastomotic leaks resulting from biliary necrosis indicate hepatic artery thrombosis and usually require retransplantation. Intrahepatic bile leaks may result from biopsy and often resolve following bile duct stenting.

A rare cause of biliary obstruction is mucocoele of the cystic duct remnant. Cross-sectional imaging demonstrates a water density spherical lesion adjacent to the common duct, and cholangiography shows extrinsic compression of the common duct [42].

Bowel obstruction

Orthotopic liver transplantation is complicated by bowel obstruction in 1% cases, with adhesions and some form of hernia being the two most common causes, of almost equal frequency [43]. Obstruction caused by adhesions is a diagnosis made after excluding other recognizable causes, such as an incisional hernia or tumor. Patients who have had a biliary-enteric anastomosis are at risk for developing an internal hernia. Creation of the Roux limb results in at least one mesenteric defect which, even after surgical repair, may open to permit herniation and obstruction of small intestinal segments. The herniated bowel may twist and the resulting volvulus is particularly prone to bowel ischemia. The mesenteric whirl sign, clusters of dilated small bowel, and central displacement of colon are among the signs of internal hernia that have been reported [43].

Liver ischemia

Two distinct patterns and causes of graft ischemia are recognized [15,16]. In the postoperative period peripheral subcapsular irregular foci of poor enhancement are seen, which are usually attributed to ischemic injury during the harvesting and preservation period before OLT (Fig. 19). These usually cause no significant graft dysfunction and resolve within a few weeks, only rarely resulting in scars that may calcify.

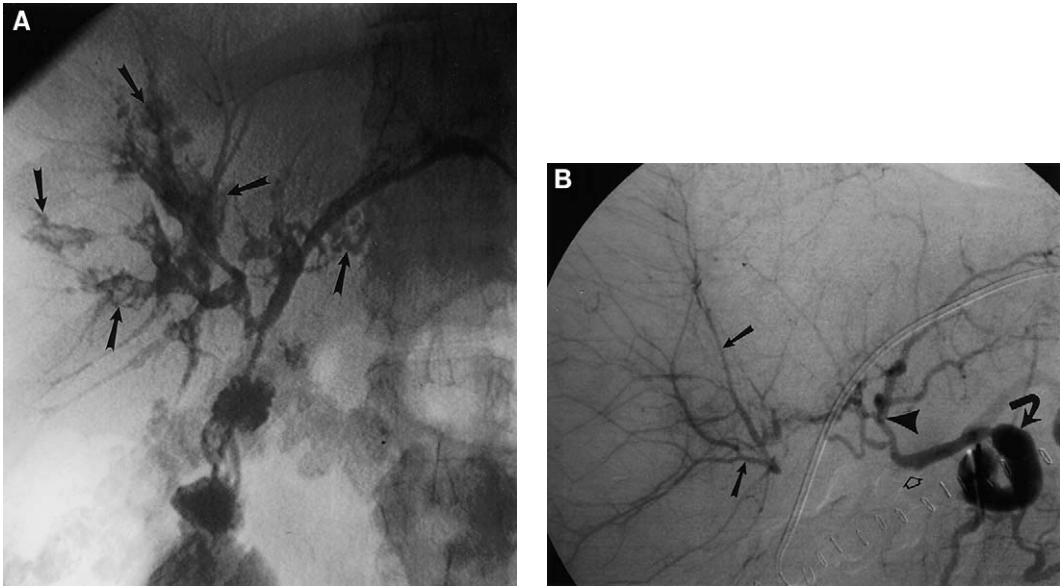


Fig. 14. Hepatic artery thrombosis causing bile duct necrosis. Patient developed fever and elevation of hepatic enzymes 8 months following orthotopic liver transplantation. (A) Cholangiography demonstrates marked irregularity of the intrahepatic bile ducts with extravasation of contrast (arrows) suggesting biliary necrosis with pericholangitic abscesses. (B) Catheter angiography demonstrates recipient splenic (curved arrow) to donor hepatic artery anastomosis with occlusion of the right hepatic artery (open arrow) at its origin and filling of the distal right hepatic arterial branches (straight arrows) through collaterals from the left hepatic artery (arrowhead).

Other parenchymal foci of poor enhancement, whether central and irregularly shaped or peripheral and wedge-shaped, raise the concern for liver infarction caused by hepatic artery thrombosis (see Figs. 4, 8). This is often accompanied by bile duct stricture or necrosis. The infarcted liver may liquefy and may become infected, usually accompanied by signs of sepsis and hepatic dysfunction. Percutaneous catheter drainage can prolong allograft survival but retransplantation is usually required [18].

Abscesses and fluid collections

The transplant patient is susceptible to a variety of fluid collections including localized ascites, bilomas, hematomas (Fig. 20), and abscesses. Diagnosis of these fluid collections is usually by CT or ultrasound, but image-guided aspiration is often required for definitive diagnoses and therapy. Frankly purulent collections are treated with indwelling pigtail catheters of a caliber sufficient to drain the fluid, and are usually left in place until daily drainage is less than 20 mL. Smaller and less obviously purulent collections may be treated by needle aspiration. Surgeons sometimes place oxidized cellulose (Surgicel, Johnson and Johnson Medical, Arlington, Texas)

at a site of bleeding to achieve hemostasis. This has the appearance of a mottled gas collection (Fig. 21) and can be mistaken for an abscess in the absence of appropriate communication.

Frankly hemorrhagic fluid should always prompt a search for a bleeding source. Catheter angiography and coil embolization are valuable techniques, although hemodynamic instability may require urgent re-exploration to identify and occlude the bleeding site.

Infections

Infectious complications remain the most significant causes of morbidity and mortality in patients undergoing OLT [44]. Predisposing factors include pretransplant infections, such as spontaneous bacterial peritonitis, tuberculosis, and HIV. Posttransplant factors include nosocomial infections, particularly those caused by indwelling central venous catheters, zendo-tracheal tubes, and Foley catheters.

Immunosuppression is the most critical factor that predisposes patients to infection following OLT. Drug regimens have evolved in an attempt to achieve more specific control of organ rejection with the least impairment of overall immunity.

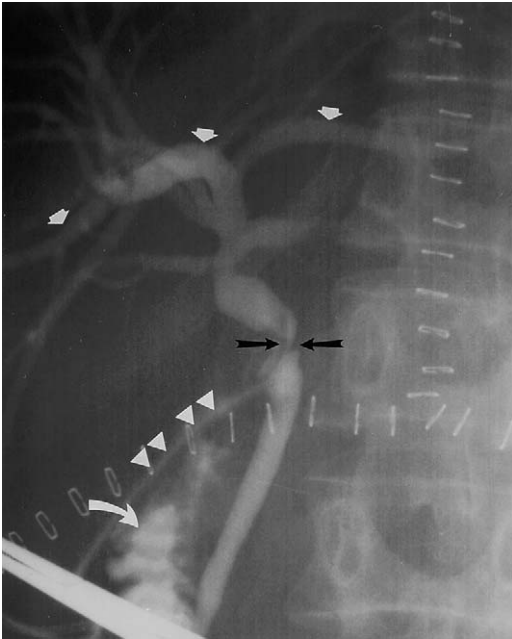


Fig. 15. Biliary stricture. T-tube (arrowheads) cholangiography shows severe biliary stricture (black arrows) at the anastomotic site during the early postoperative period. There is mild proximal dilatation of the intrahepatic bile ducts (white arrows). Curved arrow marks contrast in the small bowel.

In addition to the usual bacterial and fungal agents, several viral infections are of particular importance in OLT patients. Reactivation of hepatitis B or C may infect and damage the transplanted liver. Cytomegalovirus colonization is nearly ubiquitous in immunosuppressed patients; proof of pathogenesis requires biopsy or bronchoalveolar lavage. Cytomegalovirus infection may damage almost any organ; frequent manifestations include cholangitis and enterocolitis (Fig. 22), and these typically develop in the intermediate period after transplantation (30 to 180 days).

Epstein-Barr virus and other herpes viruses are of particular interest, because these account for the striking increase in the prevalence of epithelioid and lymphoid malignancies in transplant recipients (Table 1) [45,46].

Screening of both the potential donor and the recipient is important and many centers obtain serologies for cytomegalovirus; Epstein-Barr virus; herpes simplex virus; hepatitis A, B, and C; and HIV. Knowledge of donor and recipient status for these viruses allows anticipation of infection and complications and helps to identify those who might benefit from prophylactic regimens. Prophylactic regimens vary among transplant centers but these have achieved

some success in reducing the prevalence and severity of perioperative and long-term infections by various viral, fungal, protozoan (eg, *Pneumocystis carinii*), bacterial, and mycobacterial agents.

Malignancy

In the early experience with transplantation it was hoped that patients who had malignancy limited to the liver could be cured by OLT. Unfortunately, there was an unacceptably high rate of recurrence for patients with cholangiocarcinoma and hepatocellular carcinoma. More recent studies have shown that careful selection of patients with hepatocellular carcinoma (single tumor ≤ 5 cm in diameter or several tumors < 3 cm each) results in graft and patient survival rates no different than for patients with the same degree of liver disease but without tumor [47]. Accurate diagnosis of the presence and extent of tumor has become more important than ever. Multiphasic CT and MR imaging are comparable in this regard. The mean time to recurrence of hepatocellular

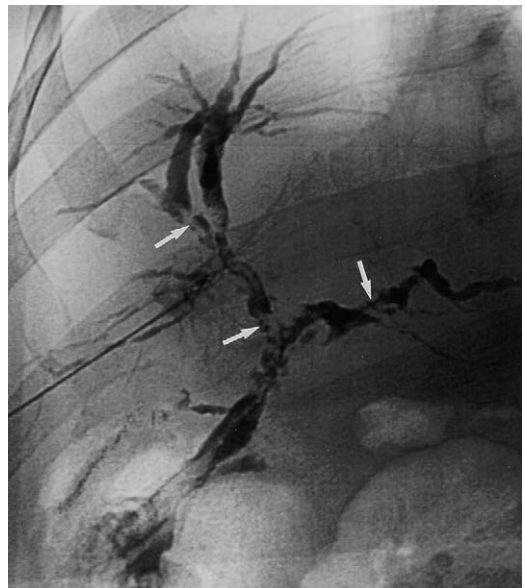


Fig. 16. Recurrent primary sclerosing cholangitis 5 years following hepatic transplantation. Percutaneous transhepatic cholangiography demonstrates scattered, irregular, short-segment narrowing of the intrahepatic bile ducts (arrows) with intraluminal filling defects typical of primary sclerosing cholangitis. Similar changes may be seen with bile duct necrosis secondary to hepatic artery thrombosis and biopsy is essential for diagnosis.

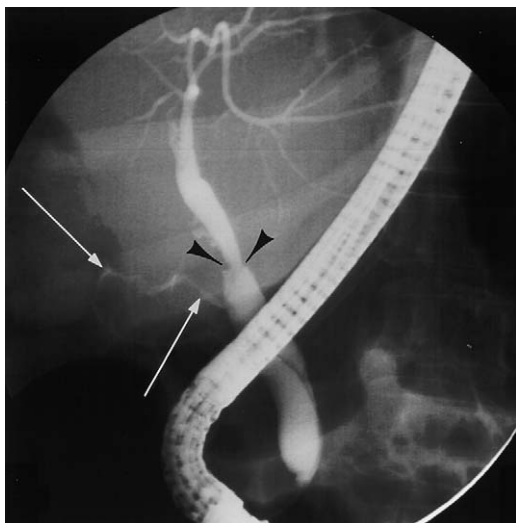


Fig. 17. Bile leak. Endoscopic retrograde cholangiography demonstrates a bile leak along the course of the prior T tube (arrows) 4 months following liver transplantation. A change in caliber between the recipient and donor bile ducts (arrowheads) is evident, a normal appearance.

carcinoma is 39 months and the most frequent sites are the lung and the liver allograft [47].

Recurrence of hepatocellular carcinoma, cholangiocarcinoma, or any other epithelial malignancy tends to be very aggressive because of the immune-suppressed condition of the patients. Immunosup-

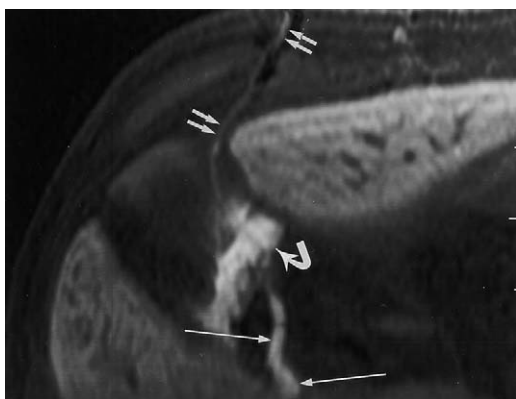


Fig. 18. Bile leak. Axial curved-reformatted mangafodipir trisodium-enhanced cholangiographic MR image shows bile leak (curved arrow) in the subhepatic space. The curved-reformatted image shows the entire length of the track from the intrahepatic ducts (arrows) to the drainage catheter (double arrows).



Fig. 19. Pressure necrosis in recipient liver. Axial CT 1 day following liver transplantation shows a peripheral area of low attenuation in the right lobe (arrows) caused by injury during transplantation because the transplanted liver was large compared with the abdominal cavity. Note midline herniation of portions of the left lobe (open arrows).

pression also results in an absolute increased incidence of squamous cell carcinomas (skin, cervix, and so forth) and non-Hodgkin's lymphoma [48]. OLT patients, especially those with hepatitis C, Epstein-Barr virus, or cyclosporine treatment, have a mark-



Fig. 20. Perihepatic hematoma. Axial CT of the liver shows a large fluid collection in the posterior perihepatic space (single arrow) that had increased in size compared with a prior CT (not shown). Subtle high density seen in the periphery (double arrows) suggests it to be a hematoma rather than a simple postoperative serous collection. Oozing from IVC anastomotic site (curved arrow) was the cause of the hematoma.

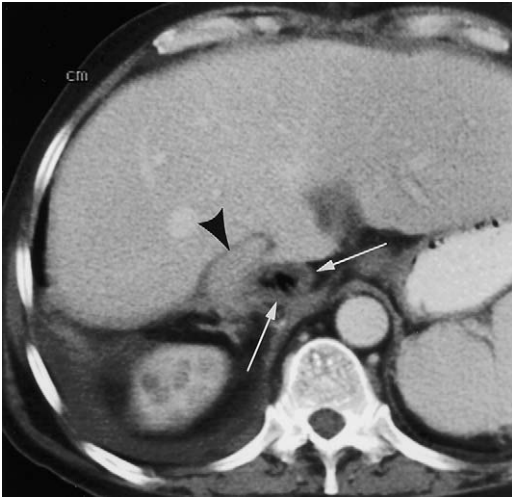


Fig. 21. Oxidized regenerated cellulose or Surgicel (Johnson and Johnson Medical, Arlington, Texas) simulating abscess. Axial CT of the liver shows a small gas collection with surrounding soft tissue thickening (arrows) posterior to the IVC (arrowhead). This was echogenic on sonography (not shown). Operative notes revealed that surgeons had used Surgicel to achieve hemostasis in this region and this was not an abscess.

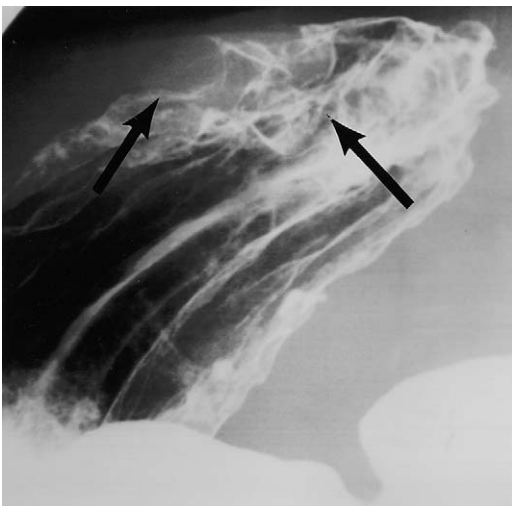


Fig. 22. Cytomegalovirus gastritis following hepatic transplantation. Double-contrast barium study of the gastric fundus demonstrates marked thickening of the mucosal folds (arrows). Endoscopic biopsy of this region revealed cytomegalovirus gastritis.

Table 1
Posttransplant malignancies

| Tumor type | Relative increase in incidence |
|------------------------|--------------------------------|
| Uterine cervix | 4 to 14 times |
| Skin cancer | 7 to 40 times |
| Lip cancer | 29 times |
| Vulva and perineum | 100 times |
| Non-Hodgkin's lymphoma | 20 to 350 times |
| Kaposi's sarcoma | 400 to 500 times |

From Penn I. The changing pattern of posttransplant malignancies. *Transplant Proc* 1991;23:1101–3;with permission.

edly increased rate (2% to 2.5% of all OLT recipients) of posttransplantation lymphoproliferative disease (see Table 1) [46,49]. This is a spectrum of disease ranging from a polyclonal proliferation of lymphoid cells, which may respond to titration of the immunosuppressive regimen and antiviral medication, to an aggressive B cell lymphoma. Posttransplantation lymphoproliferative disease may result in lymphadenopathy and visceral masses in any part of the body [51]. Typical abdominal findings are adenopathy, focal bowel masses (Fig. 23), and focal hepatic or porta hepatis masses that are often hypoechoic on sonography and hypovascular or hypoattenuating on CT (Fig. 24). Thoracic manifestations of posttransplantation lymphoproliferative disease include multiple pulmonary nodules, adenopathy, and persistent air space consolidation. Multifocal brain masses, especially in the periventricular white matter, are also a



Fig. 23. Colonic posttransplantation lymphoproliferative disorder. Axial CT of pelvis in a patient with severe abdominal pain and rectal bleeding on immunosuppressive therapy shows severe, diffuse, nodular mucosal thickening of the sigmoid colon (arrows) that proved to be posttransplantation lymphoproliferative disorder on biopsy. (Similar fold thickening was present throughout the entire colon).

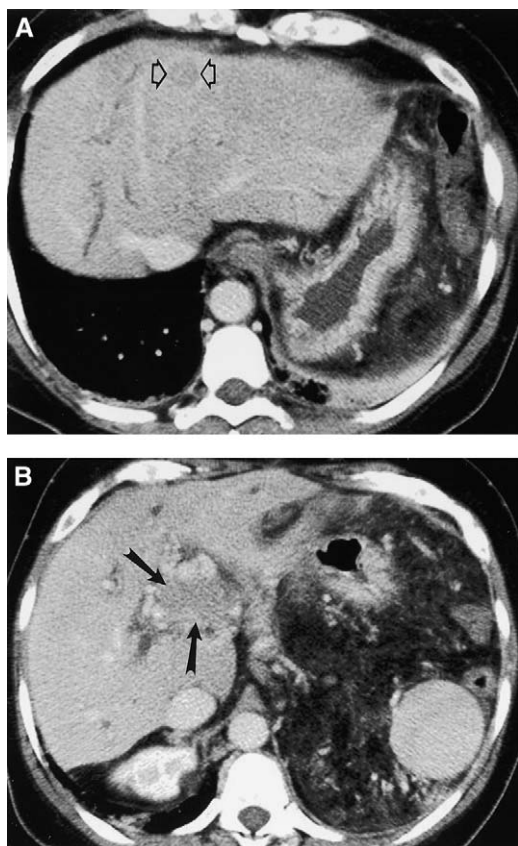


Fig. 24. Hepatic posttransplantation lymphoproliferative disorder. (A) Axial CT of the liver demonstrates low-attenuation nodules in the left hepatic lobe (*open arrows*) and (B) at the porta hepatis (*arrows*) with compression of the portal vein and bile ducts. Biopsy revealed posttransplantation lymphoproliferative disorder.

recognized pattern of posttransplantation lymphoproliferative disease [50]. Any new mass in a transplant patient should be considered neoplastic and probably lymphoma until biopsy or resection proves otherwise.

Summary

The radiologist can play a key role in diagnosis and management of many of the infectious, inflammatory, and neoplastic processes that affect patients after liver transplantation. Familiarity and skill with the full range of diagnostic and interventional tools are essential for radiologists dealing with transplant patients, even outside the medial centers where the transplantation takes place.

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