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Peter D. Katsikis Stephen P. Schoenberger Bali Pulendran *Editors* 

Crossroads Between Innate and Adaptive Immunity IV



# Advances in Experimental Medicine and Biology

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# Crossroads Between Innate and Adaptive Immunity IV



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# Preface

The reviews included in this volume are based on the work presented at the Aegean Conference "4th Crossroads between innate and adaptive immunity," which occurred between September 11 and September 16, 2011, at the Royal Myconian Conference Center in Elia, Mykonos, Greece. This conference was the fourth in the series and brought together an international group of experts whose research focuses on the mechanisms by which innate and adaptive immunity is mounted in the host and the cellular and signaling pathways that lead to effective immunity. The conference included sessions dedicated to host recognition of and response to pathogens, innate immune responses, antigen presentation, and adaptive immunity. The goal of this conference was to foster scientific exchange between these immunological fields, and promote discussion on the interactions between innate and adaptive immunity during host responses. The "4th Crossroads between Innate and Adaptive Immunity" Aegean Conference, with its highly interactive program, succeeded in bringing closely together scientists from around the world to discuss and establish collaborations in critical areas of innate and adaptive immunity.

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# Vita-PAMPs: Signatures of Microbial Viability

Diego Mourao-Sa, Soumit Roy, and J. Magarian Blander

#### Abstract

Can the innate immune system detect and respond to microbial viability? Using bacteria as a model, we found that indeed the very essence of microbial infectivity, viability itself, can be detected, and notably, in the absence of the activity of virulence factors. The microbial molecule that serves as the signature of viability is bacterial messenger RNA (mRNA), common to all bacteria, and without which bacteria cannot survive. Prokaryotic mRNAs also differ from eukaryotic mRNAs in several ways, and as such, these features all fulfill the criteria, and more, for a pathogen-associated molecular pattern (PAMP) as originally proposed by Charles Janeway. Because these mRNAs are lost from dead bacteria, they belong to a special class of PAMPs, which we call vita-PAMPs. Here we discuss the possible receptors and pathways involved in the detection of bacterial mRNAs, and thus microbial viability. We also consider examples of vita-PAMPs other than bacterial mRNA.

#### Keywords

Pattern recognition • Vaccine • Bacterial messenger RNA • Virulence factors • Toll-like receptor • Inflammasome • Type I interferon

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#### 1.1 Introduction

As proposed by Charles A. Janeway Jr. in his seminal paper, which appeared in the Cold Spring Harbor Symposia on Quantitative Biology in 1989, activation of adaptive immunity is greatly dependent on the prior activation of innate immune antigen-presenting cells (APC) [1]. Activation of APC would be achieved by engagement of pattern recognition receptors (PRRs) that recognize pathogen-associated molecular patterns (PAMPs) present on pathogens and absent in the host [1]. Proof of this insightful conceptualization came with the identification of the first mammalian Toll-like receptor (TLR) which linked the innate and adaptive immune systems [2], a finding that paved the way for identification of several families of PRRs [3]. Subsequent detailed understanding of the mechanism of action of PRRs greatly progressed the field of immunology, and provided new ideas towards exploiting the innate immune system for vaccine development.

Standard vaccination follows the traditional principle of administering live attenuated microorganisms, dead microorganisms, or antigens administered in conjunction with adjuvants, in order to elicit immunity towards the desired pathogen. Adjuvants are necessary for the induction of adaptive immunity, and TLRs and other PRRs are often the principal targets of adjuvants. Live and dead vaccines are natural sources of antigens and adjuvants, and because of this there is little need for exogenous adjuvants in these vaccine formulations. An intriguing and long-known aspect of vaccination lies in the fact that live attenuated vaccines, such as polio, smallpox, tuberculosis, or typhoid vaccines, induce robust and long-lasting immunity compared to vaccine formulations that use dead pathogens or pathogen-extracted antigens together with adjuvants. Importantly, live attenuated vaccines have been very successful in eradicating smallpox and have greatly controlled human poliomyelitis, tuberculosis, and typhoid fever. This phenomenon suggests the existence of immune mechanisms for detecting pathogen viability and inducing a protective immune response. Here we discuss the effects of immunization with live and dead vaccines on development of immune responses, the different means by which microbes signal viability, and the manner that the immune system may recognize microbial viability.

# 1.2 Live Versus Dead Pathogens: Role of Virulence Factors

Accumulating evidence indicates that live pathogens elicit more robust adaptive immune responses compared to their killed counterparts [4–6], and these responses are both protective and durable. In light of our current knowledge of the immune system, these findings suggest that live and dead pathogens are fundamentally different in their ability to induce innate and subsequent adaptive immune responses. Nevertheless, the ability of live pathogens to proliferate inside hosts, therefore increasing the amount of PAMPs and antigens, could easily explain the increased immune response observed, transforming the differences in the immune activation to quantitative rather than qualitative differences. To solve this matter of pathogen proliferation and increased immune responses, Brockstedt and colleagues designed a metabolically active, but growthimpaired, attenuated form of Listeria monocytogenes (also called KBMA which stands for "killed but metabolically active") by treatment with psoralen and ultraviolet light [7, 8]. This mutant L. monocytogenes was deleted in one virulence factor, the ActA protein ( $\Delta ActA$ ) that allows actin polymerization, thus cytosolic movement and cell-to-cell spread by the bacteria. Interestingly, KBMA L. monocytogenes induced stronger adaptive immune responses that were efficient and long lasting in a vaccination model [7]. These findings unambiguously demonstrated that the distinct ability of live and dead pathogens to induce immune responses lies in their differential capacity to activate the immune system, and not in the amount of signal that live pathogens provide. However, the activity of virulence factors in this case could not be excluded from accounting for the robust immune response. KBMA AActA L. monocytogenes still expressed a second virulence factor (LLOlisteriolysin O), which allowed their escape out of phagolysosome into the cytosol where they could engage cytosolic PRRs [7, 9]. However, LLO-deficient *L. monocytogenes* can still generate protective immunity [10]. Thus, while one explanation for the differential immune responses induced by live and killed pathogens is the direct or indirect detection of virulence factors and pathogenicity [11], preservation of viability together with a complete absence of virulence factor activity may still be sufficient to induce a robust immune response. Careful investigations are still needed to address this question. A definitive answer would obviously have tremendous benefits for designing safe and effective vaccine formulations.

# 1.3 Microbial Viability Detection: Growth and Metabolism

As discussed above, the immune system responds more effectively and robustly to live microbes than to dead ones [4–7] in a manner that is largely considered to be due to the ability of live microbes to proliferate and express virulence factors [11, 12]. We reasoned that besides the ability of the immune system to detect microbial structures and virulence, it could additionally sense a more primordial signal, microbial viability itself. By studying immune responses to bacterial viability we found that bacterial mRNA is present only in live bacteria and can act as a distinct PAMP. We proposed the name of "vita-PAMPs" for a unique classes of PAMPs that are present only in live microbes and signal microbial viability to the immune system [13].

One method to detect microbial viability is to detect the ability of a microbe to grow. In this line, maybe the first microbial derived molecule that we could classify as a vita-PAMP is tracheal cytotoxin (TCT), a disaccharide-tetrapeptide monomer of peptidoglycan, present in the cell walls of all Gram-negative bacteria [14]. Despite the presence of TCT in the cell walls of these bacteria, it may serve to signal microbial viability as it is only released during active growth of *Bordetella pertussis* and *Neisseria gonorrhoeae*, and is destroyed during bacteriolysis [14]. TCT was shown to elicit innate responses, such as nitric oxide and IL-1 $\alpha$  production by tracheal

epithelial cells [15] and TNF- $\alpha$ , IL-6, KC, and IL-1 $\beta$  by macrophages [16]. Therefore, detection of microbial growth by the recognition of TCT induces innate responses that activate and prepare cells for future elimination of the microbe.

Another way that microbial viability can be detected is by sensing microbial metabolism. Several microbial components have been proposed such as bacterial pyrophosphates [17], quorum-sensing molecules [18], and bacterial second messengers such as cyclic-di-GMP [19, 20] and cyclic-di-AMP [21]. We will discuss these in a bit more detail. A common metabolic pathway in bacteria is the synthesis of isoprenoids, which are involved in a variety of functions such as electron transport and carbohydrate carrier function for peptidoglycan synthesis [22]. In bacteria, isoprenoid synthesis can be achieved either by the 2C-methyl-D-erythritol 4-phosphate (or MEP pathway) or by the classical mevalonate pathway, whilst animals exclusively use the classical mevalonate pathway [22]. Therefore, host detection of metabolites from the MEP pathway might signal the presence of metabolically active nonself microbes. Notably, metabolites of the MEP pathway could activate the immune system while metabolites derived from bacteria using the classical mevalonate pathway fail to do so (reviewed in ref. [23]). Escherichia coli utilize the MEP pathway, and the (E)-4-hydroxy-3methyl-but-2-enyl pyrophosphate metabolite, which is absent in species that use the classical mevalonate pathway, was described as a very potent activator of  $\gamma\delta$  T cells [17]. Considering the location of  $\gamma\delta$  T cells in epithelial surfaces, early detection of bacterial metabolic pathways might constitute an immune surveillance mechanism to prevent infection.

Quorum-sensing autoinducer molecules, such as homoserine lactones from *Pseudomonas aeruginosa*, play an important role in signaling to biofilm formation and virulence factor induction to neighboring bacteria [24]. The production of *N*-(3-oxododecanoyl)-L-homoserine lactone (3OC12-HSL) by *P. aeruginosa* is sensed by the immune system and induces chemotaxis of human neutrophils [18]. The immune detection of this quorum-sensing metabolism of *P. aeruginosa*  might contribute to prevention of biofilm formation by early recruitment of neutrophils to the site.

Another way through which bacteria induce biofilm formation and virulence factor expression is by signaling via cyclic-di-nucleotides as second messenger. Interestingly, cyclic-di-nucleotides are used by most bacteria and not by eukaryotes or Archaea (reviewed in ref. [25]). cyclic-di-AMP Cyclic-di-GMP and were described as inducers of interferon (IFN)-β responses when delivered to the cytosol of macrophages [19–21]. Additionally, cyclic-di-GMP was recently shown to bind and activate STING, a signaling adaptor, to induce TBK1-IRF3 signaling for IFN- $\beta$  induction [26].

# 1.4 Detection of Microbial Viability Independently of Microbial Growth

To determine the role of microbial viability in induction of immune responses without the compounding consequences of virulence factors and microbial growth, we studied the immune response to nonpathogenic thymidine auxotrophs of *E. coli* (*ThyA<sup>-</sup> E. coli*). Comparison of macrophage and dendritic cell (DC) responses to *ThyA<sup>-</sup> E. coli* indicated that live, but not killed, bacteria induced increased secretion of IFN- $\beta$ and IL-1 $\beta$ , as well as the induction of pyroptosis (a caspase-1-dependent inflammatory cell death) [13]. Moreover, live bacteria in comparison to dead ones induced increased serum antibody titers in a vaccination model [13].

Comparison of "molecular patterns" in killed and live bacteria indicated that bacterial RNA is readily lost from bacteria after killing by different methods [13]. Analysis of RNA species indicated that the bacterial mRNA was required for the subsequent innate immune responses. The unique set of immune responses triggered by live bacteria (described above) was dependent on bacterial mRNA, as dead *E. coli* reconstituted with bacterial mRNA recapitulated the responses to live *E. coli* [13].

Detection of bacterial mRNA is a direct indication that the bacteria encountered are metabolically active, transcribing their genes and translating them into proteins, processes that are necessarily linked to viability. These observations prompted us to classify bacterial mRNA as a vita-PAMP.

# 1.5 Features of Bacterial mRNAs

Bacterial mRNA lacks a 7-methyl guanosine cap at the 5' end and has exposed 5' triphosphate groups (PPP), a feature resembling viral RNA which is sensed by the PRR RIG-I [27, 28]. Interestingly, features of the bacterial mRNA that elicit the immune responses described above did not appear to revolve around the 5' end of the molecule because removal of the 5'-PPP moiety or capping with 7-methyl guanosine did not impair the elicited immune response [13].

More detailed characterization of the RNA was carried out by generation of in vitro transcribed RNA from the E. coli Gro operon, which encodes stress proteins induced once bacteria are phagocytosed [29]. Reconstitution of killed E. coli with single- or double-stranded in vitro transcribed RNA induced similar pyroptosis and IL-1 $\beta$  and IFN- $\beta$  responses. Additionally, killed E. coli reconstituted with E. coli Era GTPase, DNA polymerase III, or Gro RNA transcripts equally stimulated IL-1ß production and pyroptosis suggesting a degree of independence from a requirement for specific nucleotide sequences. Although single- and double-stranded RNA molecules showed similar effects, prediction analysis of single-stranded RNA structure revealed several areas of intramolecular base pairing and secondary structure formation that may influence RNA recognition and innate responses even by the so-called single-stranded RNA [13].

Notably, eukaryotic mRNA was not able to replace bacterial mRNA in the induction of innate immune responses, an observation that encouraged us to analyze further the immunostimulatory characteristics of the bacterial mRNA. Lack of poly(A) tails (polyadenylation at the 3' end) in the *E. coli* mRNA was a feature required for induction of IFN- $\beta$ , IL-1 $\beta$ , and pyroptosis by macrophages and DCs [13]. Bacterial mRNA could indeed serve as a vita-PAMP as such since the lack of a poly(A) tail is by and large not observed in eukaryotic mRNAs, with the exception of the replication-dependent histone mRNAs H1, H2A, H2B, H3, and H4 (reviewed in ref. [30]).

# 1.6 Bacterial mRNA and Innate Immunity

Vita-PAMPs are only observed in live microbes, which share a plethora of other PAMPs with dead microbes. Therefore, identification of unique signaling outcomes is of great importance in pinpointing the action of the vita-PAMP itself. Investigation of signaling pathways indicated that bacterial mRNA did not appear to affect NF-κB activation, as live and dead E. coli similarly induced IkBa degradation, and transcription of IL-6 and IL-1 $\beta$  was similar [13]. Bacterial mRNA derived from live bacteria did, however, differentially activate IRF-3 and caspase-1. Activation of IRF-3 elicits increased IFN-β and is mediated by the kinase TBK1, which is a signaling molecule shared by distinct PRRs, such as STING, RIG-I, MDA5, TLR4, and TLR3 [3]. Other PRRs, such as TLR7 and TLR9, also induce increased type I IFN but use IRF-7 instead. Caspase-1 activation, on the other hand, is mediated by а protein complex called the inflammasome, which is in part controlled by members of the NOD-like receptor (NLR) family of PRRs. Inflammasome activation induces the posttranslational cleavage of the cytokines IL-1ß and IL-18 allowing their secretion, in addition to the induction of pyroptosis [31]. Bacterial mRNA induced inflammasome activation via NLRP3, a NLR family member involved in responses against different stimuli that induce phagosomal leakage, ATP-mediated K<sup>+</sup> efflux, and generation of reactive oxygen species (ROS) [31]. Importantly, detection of microbial viability triggered inflammasome activation independently of ATP-mediated K<sup>+</sup> efflux, and comparable levels of ROS and phagosomal leakage were observed in response to dead and live *ThyA<sup>-</sup> E. coli* [13]. The lack of difference in the induction of pro-IL-1ß between live and dead bacteria indicates NLPR3 inflammasome activation might occur by a yet unappreciated mechanism that orchestrates sensing of bacterial mRNA in the cytosol (more on this below).

Analysis of upstream signaling pathway components involved in the detection of microbial viability indicated that the TLR signaling adaptors, MyD88 and TRIF, play distinct and important roles. Signaling via MyD88 was non-redundantly required for NF-kB-dependent activation and induction of IL-1 $\beta$  mRNA; thus it was indispensable for the generation of pro-IL-1 $\beta$  which is one of the substrates of the inflammasome complex. Intriguingly, TRIF signaling was dispensable for induction of IL-1 $\beta$  mRNA, but played a central role in orchestrating the activation of IRF3 and the NLRP3 inflammasome. Therefore, TRIF was essential for the production of IFN- $\beta$ , secretion of active IL-1 $\beta$ , and induction of pyroptosis [13]. The way that TRIF mediates NLRP3 inflammasome activation remains largely unknown; nevertheless, transcriptional events and/or post-translational events might play important roles in this process. Given the crucial role of TRIF in IRF3 activation, there is a possibility that this pathway may control transcription of a crucial gene required for inflammasome assembly and activation. Additionally, TRIF could possibly control posttranslational modifications, such as phosphorylation, of inflammasome components that could subsequently regulate their activity (see Fig. 1.1).

# 1.7 Vita-PAMPs and Adaptive Immunity

As described above, live bacteria compared to killed ones induce increased innate immune responses, which also influence the quality of the ensuing humoral immune response. In a mouse vaccination model, live ThyA- E. coli or killed ThyA<sup>-</sup> E. coli reconstituted with bacterial RNA, when compared to killed ThyA- E. coli, induced increased serum antibody titers of IgG1, IgG2b, IgG2c, and IgG3, but not IgM [13]. This differential induction of IgG and not IgM is indicative of increased class-switch recombination in response to live bacteria. Furthermore, immunoglobulin class-switch is efficiently mediated by CD4<sup>+</sup> T cells, which further suggests that the increased immunity mediated by bacterial mRNA impacts different steps of the adaptive immune response [13].

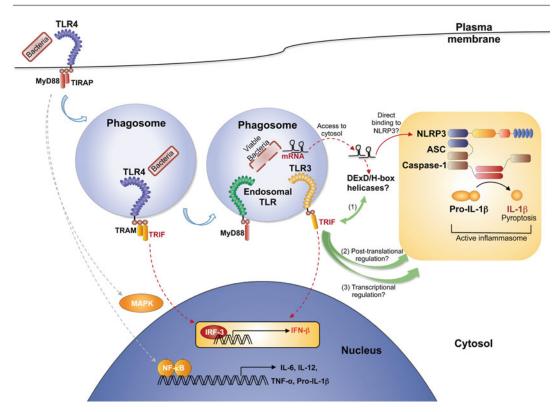


Fig. 1.1 Model of innate immune receptor engagement and signaling upon detection of viable and avirulent Gram-negative bacteria. Gram-negative bacterial cell wall components can engage surface TLR4 inducing TIRAP-MyD88 signaling that culminates in MAPK and NF-KB activation and expression of several inflammatory genes such as IL-6, IL-12, TNF-α, and pro-IL-1β. Upon phagocytosis of bacteria, trafficking of TLR4 to phagosomes allows signal transduction via TRAM-TRIF leading to IRF3 activation and type I interferon (IFN-β) production. Hydrolytic enzymes within the phagolysosome help degrade bacteria, further exposing bacterial components for immune detection, such as DNA, or in the case of viable bacteria, RNA (a vita-PAMP). This may allow additional TRIF signaling via TLR3 leading to augmented IRF3 activation. Phagosomal leakage, regardless of the

viability of phagocytosed bacteria, allows a second phase of recognition in the cytosol. This cytosolic phase of detecting viable bacteria occurs by activation of the NLRP3 inflammasome, through direct or indirect recognition of bacterial mRNA, leading to the induction of pyroptosis and IL-1 $\beta$  secretion. Three additional TRIF-dependent events, indicated by green arrows, may also occur: (1) bacterial mRNA might engage DExD/H-box helicases (such as DDX1-DDX21-DHX36 complex) that couples to TRIF to further increase IRF3 activation, (2) post-translational modifications, which may regulate inflammasome assembly and activation, and (3) increased transcription of genes that encode critical components of the inflammasome, other than NLRP3. Innate responses unique to the detection of viable Gram-negative bacteria are indicated in yellow boxes

# 1.8 PRRs That Orchestrate the Response to Bacterial Viability

The ability of the immune system to detect microbial viability indicates the presence of cognate receptors, which sense vita-PAMPs and signal to augment the immune response. Analysis of innate signaling indicated cross-talk among different PRRs in the response to bacterial mRNA. As discussed above, MyD88 was required for the induction of pro-IL-1 $\beta$ , and TRIF was required for IFN- $\beta$  induction and activation of the NLRP3 inflammasome, which was necessary for IL-1 $\beta$  secretion and pyroptosis [13]. Dependence on MyD88 is likely due to engagement of a surface TLR, such as TLR4,

which recognizes the abundance of LPS on the surface of both live and dead Gram-negative bacteria. This presumed TLR4 signaling would allow NF-κB activation and induction of pro-IL-1β, and could also engage TRIF signaling. However, we believe that the phagosomal presence of mRNA derived from live bacteria might also engage additional TRIF signaling downstream of endosomal TLR3, leading to the increased levels of IFN- $\beta$ made uniquely in response to live E. coli. The leakage of phagosomal contents observed upon phagocytosis of both live and dead bacteria suggests that similarly, inflammasome activation may occur only when bacterial mRNA is present. This can indeed occur when bacterial RNA is directly delivered into the cytosol using lipofection, as previously described by Gabriel Nunez and colleagues [32] (see Fig. 1.1). Once in the cytosol, bacterial mRNA may trigger additional receptors other than NLRP3. Cytosolic delivery of a synthetic double-stranded RNA (poly I:C) was recently described to engage a DDX1-DDX21-DHX36 helicase complex that couples to TRIF signaling and induces IFN- $\beta$  [33]. Accordingly, the cytosolic presence of bacterial mRNA might engage this or equivalent complexes in the cytosol, which would trigger TRIF signaling and IFN- $\beta$  production (see Fig. 1.1).

### 1.9 Conclusions

Basic and applied immunology has greatly developed in the past 20 years in great part due to the understanding of the basics of adaptive immune response activation by the innate immune system. These studies, influenced and driven by Charles Janeway's original hypothesis [1], led to an understanding of how adjuvants could critically modulate the adaptive response. The finding that microbial viability, independent of microbial growth or virulence factor expression, plays important roles in the induction of unique immune responses, opens new avenues for the exploration of innate immunity. Defining new vita-PAMPs and delineating their mechanistic action in induction of long-lasting protective immune responses will help gain new insights into the signaling pathways involved. These studies would collectively hold the promise of designing new generations of vaccines that replicate the superior performance of live attenuated vaccines and without the associated safety concerns.

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# Innate Lymphoid Cells in Immunity and Disease

# You Yi Hwang and Andrew N.J. McKenzie

#### Abstract

The family of innate lymphoid cells (ILCs) comprises of natural killer (NK) cells, Roryt-dependent ILCs (lymphoid tissue inducer (LTi) cells, ILC22, and ILC17), and type 2 ILCs. Apart from a common requirement for inhibitor of DNA binding 2 (Id2) expression and common  $\gamma$ -chain ( $\gamma_c$ ) signaling, the differentiation of ILC populations is regulated by distinct transcription factors. ILCs play fundamental roles in processes such as cytotoxicity, lymphoid organogenesis, intestinal homeostasis, immunity against infections, and wound healing. However, the dysregulation of ILCs has been implicated in autoimmune and inflammatory diseases. Here, we will review the recent advances in ILC development and their roles in immunity and disease, with a primary focus on type 2 ILCs.

#### Keywords

- Type 2 Innate lymphoid cells ILC Id2 Roryt Rora LTi ILC22
- ILC17 Nuocyte NHC Ih2 Immunity Disease Anti-helminth
- Inflammatory bowel disease IBD Fibrosis Allergy Airway hyperreactivity
- AHR

# 2.1 Introduction

The immune system has evolved as protection against a wide range of infectious agents ranging from simple pathogens such as viruses, bacteria, and fungi to multicellular parasites such as helminths. In vertebrates, the immune system can be broadly divided into two interdependent effector arms, the adaptive and innate immune responses. In the adaptive immune response, lymphocytes are activated to generate potent pathogen-specific

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Innate lymphoid cell	Adaptive T helper cell	Common cytokine produced	References
NK cells	Th1	Interferon-gamma (IFN-γ)	[3–5]
LTi	Th17/Th22	Interleukin-17 (IL-17), IL-22	[6-8]
ILC22	Th22	IL-22	[8-10]
ILC17	Th17	IL-17	[11]
Type 2 ILC	Th2	IL-5, IL-13	[12–14]

 Table 2.1
 Common cytokines produced by innate and adaptive lymphoid cells

responses (e.g., antibodies and cytotoxic T cells) via VDJ recombination and generation of memory T and B cells. The innate immune response is evolutionarily older, and pathogen recognition does not adapt to the infection. The innate immune system serves as the "first line of defense" in organisms by providing an immediate protective response against infection and helping to initiate the adaptive immune response.

The innate immune system comprises of leukocytes such as mast cells, eosinophils, basophils, macrophages, neutrophils, dendritic cells (DCs), and natural killer cells (NK cells). These leukocytes act together to combat infectious agents by secreting cytokines, chemokines, and antimicrobials. This leads to inflammation, phagocytosis of microorganisms and infected cells, antigen processing and presentation, and activation of the adaptive immune response. Up until the last decade, NK cells were unique in being the only identified innate cell derived from a lymphoid progenitor. Recent developments have now classified NK cells as the earliest identified member of a family of hematopoietic effector cells termed innate lymphoid cells (ILCs) that are dependent on the transcription factor Id2. Currently, ILCs can be broadly classified into three groups: (a) NK cells, (b) the retinoic acid receptor-related orphan receptor y t (Roryt)-dependent ILCs (lymphoid tissue inducer (LTi) cells, ILC17, ILC22), and (c) type 2 ILCs. These groups have recently been named ILC1, ILC3 and ILC2 respectively. These various ILCs have now been implicated in protection against infectious organisms, organogenesis of lymphoid tissue, tissue remodeling during wound healing and homeostasis in tissue stromal cells.

Because the key cytokines secreted by some ILCs mirror those of various T helper cell populations, it has been proposed that ILCs may represent the innate counterparts of T helper lymphocytes, at least in terms of cytokine production [1, 2] (Table 2.1). In this review we will provide a general overview of the ILC family, focusing on the recent advances with regard to type 2 ILCs in immunity.

### 2.2 Phenotype of ILCs

#### 2.2.1 NK Cell Phenotype

NK cells were first described in 1975 and later defined as an innate effector lymphocyte [15]. They are mostly differentiated in the bone marrow and are widely distributed in many tissues such as the lungs, liver, spleen, and lymph nodes [16, 17]. In humans, a majority of NK cells (approximately 90%) are CD56<sup>dim</sup> and CD16<sup>hi</sup> and the minority (10%) are CD56<sup>hi</sup> and CD16<sup>hi</sup>/[18]. A population of thymic derived NK cells has been described in mice that may be similar to human CD56<sup>hi</sup>CD16<sup>dim/-</sup> NK cells. These thymic NK cells express CD127, high levels of Gata-3 and are Notch independent [3].

#### 2.2.2 Rorγt-Dependent ILC Phenotype

In mice, LTi cells are characterized by a lack of T, B, and myeloid cell markers, but express integrin  $\alpha 4\beta 7$ , CD45, CD4, lymphotoxin- $\alpha$  (LT- $\alpha$ ), and LT- $\beta$ , as well as multiple chemokine and cytokine receptors (CD127, CD117, c-Kit)[19]. Adult LTi cells differ from their fetal counterpart due to expression of the T cell costimulatory molecule ligand (OX40-L) and CD30L [20]. Human LTi cells have been described in fetal mesentery and adult lymph node, spleen, gut, and tonsils [21]. They are similar to mouse LTi cells except that human LTi cells are all CD4<sup>-</sup> while a proportion of mouse LTi cells are CD4<sup>+</sup> [22].

ILC22 were first identified as an IL-22 producing NK cell subset [9, 10, 23, 24]. The reason for this classification was due to surface expression of NK cell markers such as CD56, NKp44 and low NKp46 expression (in humans), and NKp46 and some low NK1.1 expression (in mice). However, ILC22 differ from conventional NK cells because they lack cytolytic properties, lack killer inhibitory receptors (in humans), lack Ly49 (in mice) and do not produce IFN-y. They also share similarities with LTi cells by expressing Roryt and IL-22. In both human and mice, ILC22 are found mainly in the small intestine, colon, mesenteric lymph nodes and liver [9]. ILC22 (ILC3) have been termed NK22, NCR22, NKR<sup>+</sup>LTi, LTi-like NK cells and NKp46<sup>+</sup>Roryt<sup>+</sup> ILCs. We have adopted the nomenclature proposed by Spits and Di Santo and use ILC22 to describe this Roryt+IL-22+NK receptor+ LTi-like ILC population [1].

IL-1 $\beta$  and IL-23 upregulate the production of IL-22 from ILC22 in both mice and humans [10], while IL-12 and IL-18 induce IL-22 production from mouse ILC22 [25]. It has also been shown that IL-25 produced by intestinal epithelial cells negatively regulates IL-22 production by Roryt+ ILCs [26]. The common  $\gamma$ -chain ( $\gamma$ ) cytokines (for example, IL-2, IL-7, and IL-15) can also activate proliferation and cytokine production of human ILC22 [27]. Depending on culture conditions, human ILC22 can be induced to secrete a spectrum of cytokines, including IL-2, IL-5, IL-8, IL-13, IL-17, TNF, IFN- $\gamma$ , and B cell activation factor [27, 28]. Whether this is because human ILC22 possess cytokine plasticity, or because it is a heterogeneous population of cells, has yet to be determined.

Another mouse non-LTi population has been described, which is specialized to produce IL-17. These cells, termed ILC17, are Roryt dependent and are CD4<sup>-</sup>CD117<sup>-</sup>NKp46<sup>-</sup>, which separates them from both LTi and ILC22 [29]. In humans,

an IL-17-producing ILC population has been described; however its expression of cell surface markers is different from mouse ILC17 [7]. Analysis of lineage<sup>-</sup>CD127<sup>+</sup>CD117<sup>+</sup> adult tonsil cells identified that a proportion of them produce IL-17, but not IL-22 [7, 30]. However, these lineage<sup>-</sup>CD127<sup>+</sup>CD117<sup>+</sup> cells appear to be heterogeneous because an IL-17<sup>+</sup>IL-22<sup>+</sup> subpopulation was also identified [30].

#### 2.2.3 Type 2 ILC Phenotype

The type 2 ILCs were independently discovered in 2010 by three separate groups, and were called nuocytes, natural helper cells (NHCs), and innate type 2 helper (Ih2) cells [13, 14, 31]. Using a combination of flow cytometry and microarray analyses, type 2 ILCs were shown to lack the expression of lineage defining surface markers for T cells, B cells, NKT cells, DCs, macrophages, neutrophils, eosinophils, mast cells, basophils, and LTi cells. Type 2 ILCs share a number of surface and functional similarities [32] (Table 2.2). Variability of surface expression markers may be attributed to the different tissues these type 2 ILCs were taken from, indicate a different activation state of the cell, or identify different type 2 ILC subsets. Certainly, activated nuocytes isolated from lung tissue showed a lower expression of Sca-1 and CCR9 compared to those isolated from the MLN [33]. Multiple other groups have since described type 2 ILC-like populations in the liver, bone marrow, lungs, and intestine [34– 44]. All identified type 2 ILCs are lineage negative, respond to treatment with either IL-25 and/ or IL-33, and can produce type 2 cytokines (IL-5 and/or IL-13). A report of particular interest by Mjösberg et al. characterized a possible human equivalent of mouse type 2 ILCs [36]. These human type 2 ILC cells share a similar phenotype and function with mouse type 2 ILCs and are found in the fetal and adult lung and gut tissues (Table 2.2). They also found these cells in the peripheral blood, but these cells express the chemokine receptor CCR6 and did not produce type 2 cytokines. This suggests that human type 2

	Nuocytes	Natural helper cells	Ih2 cells	Human type2 ILCs
Lineage <sup>a</sup>	b	-	-	-
IL-7Rα	+ <sup>b</sup>	+	Not reported	+
IL-17BR (IL-25R)	+	+	+	+
ST2 (IL-33R)	+	+	+	+
c-Kit	+ (variable)	+	Low	+
Sca-1	+	+	_	Not reported
CD25	+	+	Not reported	+
Thy1	+	+	+	Not reported
CD44	+	+	+	Not reported
CD45	+	+	+	+
ICOS (CD278)	+	Not reported	+	Not reported
yc dependent	Yes	Yes	Yes	Responsive to IL-2
Other markers	CD43, MHC Class II, CCR9, ICAM-1, CD49d, Itgb7	CD27, CD38, GITR, CD69	CD122	CRTH2, CD161, AhR, CCR4, CCR6, CD7
Type 2 cytokines	IL-5, IL-6, IL-13 protein, IL-4 mRNA	IL-5, IL-6, IL-13 protein	IL-5, IL-13 protein, IL-4 mRNA	IL-13 protein, IL-5 mRNA (in cultured lines)
Maf	+	+	Not reported	Not reported
Gata-3	+	+	+	Not reported
Junb	+	+	Not reported	Not reported
Stat6	+	+	+	Not reported
Id2	+	+	+	Not reported
Rory	-	-	Not reported	Low (in gut) - (in polyps)
Rora	+	+	Not reported	Not reported
Location	BM, lung, gut, MLN, spleen, blood (after induction)	FALC and lung	Systemic, especially in the MLN, spleen, and liver	Lung, intestines, and nasal polyps. Also blood (inactive)
Conditions for cytokine production	IL-7+IL-33 or IL-2+IL-7+IL-25	IL-33 or IL-2+IL-25	In vitro data not reported	IL-2+IL25 or IL-33
Differentiation potential	No differentiation to T cells or myeloid cells	No T cell differentiation	Not reported	No NK cell, T cell, or myeloid cell differentiation
Method of	IL-25, IL-33	IL-25, IL-33	IL-25 or IL-33	Chronic rhinosinusitis
induction/	treatment or	treatment or	treatment or	
expansion	helminth infection or OVA treatment	helminth infection or papain treatment	helminth infection	
Anti-helminth properties	Yes	Yes	Yes	Not reported but found in the gut tissue
Airway allergy association	Yes	Yes	Not reported	Yes

Table 2.2 Phenotypic comparison of the type 2 ILCs

<sup>a</sup>Cell surface markers for at least T cells and B cells

<sup>b</sup>-, Absence of expression or production; +, identified expression or production

ILCs may initially be released into the bloodstream in an inactivate form after which they home into the lung and gut tissue. There, they may mature, becoming activated in situ to start producing type 2 cytokines. Further research is required to determine if the cells identified by Mjösberg et al. are truly the human equivalent of type 2 ILCs.

Although multipotent progenitor type 2 (MPP<sup>type2</sup>) cells also respond to IL-25 treatment, they can differentiate into myeloid cells following treatment with SCF and IL-3 [45]. This suggests that MPP<sup>type2</sup> cells may represent a heterogeneous population which includes precursor cells which are not terminally differentiated. This differs from the other members of the type 2 ILC family and they are not included herein.

#### 2.3 Development of ILCs

# 2.3.1 Inhibitor of DNA Binding 2 (Id2): An Early Common "Switch" for ILCs

The development of T cells, B cells, and DCs from progenitor cells is dependent on a group of basic helix-turn-helix (bHLH) proteins termed E proteins, which include the E2a isotypes (E12 and E47), E2-2, and human bHLH factor (HEB) [46]. Conversely, the E proteins inhibit the development of several ILC populations [47]. The transcription factor function of E proteins is neutralized by Id (inhibitor of DNA binding) proteins, by forming a heterodimer with each other [48]. Of the 4 Id protein members, Id2 has been shown to be important for the development of NK cells and LTi cells by blocking the transcriptional activity of E47 [47]. Id2 also promotes development of ILC22 and type 2 ILCs [14, 49]. It has been demonstrated in Roryt+ ILCs that Id2 is upregulated prior to Roryt expression [50]. Taken together, the evidence suggests that the progenitors of different ILC populations share an early expression of Id2 protein, which acts as a developmental block against differentiation down the T cell and B cell pathway (Fig. 2.1).

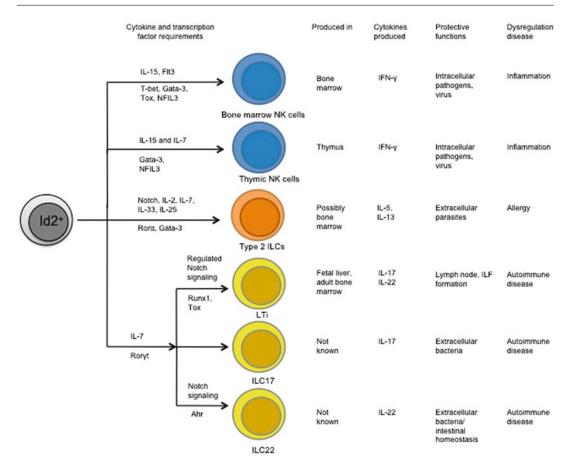
#### 2.3.2 NK Cells Development

NK cell development in the bone marrow is dependent on early IL-15 and Flt3 ligand signaling [51, 52]. Other transcription factors affecting NK cell differentiation and maturation include transcription factors such as Ets-1, Id2, Ikaros, PU.1, T-bet, Gata-3, NFIL3 (E4BP4), and Eomesodermin, as well as the Tox nuclear factor [51, 53]. The development of mouse thymic NK cells is dependent on IL-15, IL-7, and Gata-3 [4] (Fig. 2.1).

### 2.3.3 Roryt-Dependent ILCs Development

As their name suggests, Roryt-dependent ILCs express Roryt, which is important for their development and function [2]. The retinoic acid receptor-related orphan receptors (Rora, Rorß, and Rory) are a family of DNA-binding transcription factors which are nuclear receptors. Cholesterol and its derivatives have been identified as natural ligands for Rora while hydroxycholesterols have been proposed as a natural ligand for Rory [54, 55]. Roryt is a short Rory isoform that is specifically expressed in cells of the immune system, and Roryt-deficient mice lack lymph nodes and Peyer's patches [56]. All the Roryt-dependent ILCs express the IL-7 receptor CD127, and IL-7 has been shown to be important for homeostasis of these ILCs [57, 58] (Fig. 2.1).

Fetal LTi cells differentiate from fetal liver CLPs by first upregulating Id2 which results in upregulation of  $\alpha 4\beta 7$ , with the loss of B cell potential. This is followed by upregulation of the chemokine marker CXCR6, extinguishing their T cell potential, before final expression of Roryt. An early pulse of Notch signaling has been reported to maximize the efficiency of LTi cell differentiation [50]. However the necessity of Notch signaling is still contentious as results show fetal liver CLPs can still generate LTi cells in the absence of Notch [59]. Postnatal LTi cells are derived from bone marrow CLPs, which enter the periphery as  $\alpha 4\beta 7^+$  cells to colonize



**Fig. 2.1** An overview of known ILC developmental requirements. All ILC members are thought to derive from an Id2 expressing progenitor. Differentiation into NK cells, type 2 ILCs, or Roryt-dependent ILCs is dictated

by various cytokines, signals (*above arrow*), and transcription factors (*below arrow*). A brief summary of where these subsets are thought to differentiate as well as functions is included

the spleen and lamina propria before completing differentiation in situ into Roryt<sup>+</sup> cells via a Notch-dependent pathway [59]. Additionally, LTi cell differentiation has also been shown to depend on the transcriptions factors Runx1 and Tox [60, 61].

Fate-mapping experiments and genome-wide microarray profiling have demonstrated that mouse ILC22 derive from Roryt<sup>+</sup> precursors that are  $\alpha 4\beta 7^{-}$  [62, 63]. Although ILC22 development does not require the expression of  $\alpha 4\beta 7$ , Id2-deficient mice do not possess ILC22 [49], suggesting that another function of Id2, apart from inducing  $\alpha 4\beta 7$  expression, is required for the differentiation of ILC22 [50]. ILC22 can develop

from a CXCR6<sup>+</sup> CLP population in adult lamina propria but not in spleen, showing a compartmental specificity for the chemokine receptor [59]. These Ror $\gamma$ t<sup>+</sup> precursors in the small intestine, colon, and secondary lymphoid organs require Notch signaling to stably upregulate NK receptors in vivo and will express IL-22 as they mature into ILC22 [59]. ILC22 retain some degree of plasticity, for example, ILC22 in the small intestine remain Ror $\gamma$ t<sup>+</sup>, while those in the colon and secondary lymphoid organs become ROR $\gamma$ tIL-22<sup>-</sup> IFN- $\gamma$ <sup>+</sup> cells, gaining NK cell markers but lacking cytolytic ability, thus differentiating them from true NK cells [63, 64]. In vitro, IL-7 has been implicated in maintaining Roryt expression and IL-22 production, while IL-2 and IL-15 promote the loss of Roryt and the gain of IFN- $\gamma$  expression [64]. Vornarboug et al. showed that the presence of commensal microflora also plays a role in maintaining Roryt expression and subsequent induction of IL-22. However, the microflora is not essential for ILC22 development since they continue to develop in the small intestine of germfree mice [23, 24, 26, 62, 64].

Another factor implicated in Roryt-dependent ILC development and function is the liganddependent transcription factor aryl hydrocarbon receptor (AhR) (Fig. 2.1) [65-67]. AhR is expressed by ILC22 in both mice and humans, and AhR-deficient mice have fewer ILC22 that have impaired IL-22 production [67, 68]. These mice also show defects in cryptopatch clusters and isolated lymphoid follicles (ILFs), suggesting that AhR is also important for postnatal LTi function [66]. The natural ligands for AhR are flavanoids and glucosinolates, which are dietary compounds commonly found in vegetables such as of the family Brassicaceae [66]. This suggests that balanced nutrition plays a part in priming the innate immune system in the gut, and maybe mother was right to make you eat your greens [65].

Some key questions about the Roryt-dependent ILCs (LTi, ILC22, and ILC17) still remain to be answered. These include the developmental relationships between these subsets; should they be classified as distinct subsets or differently activated cells, and do they possess a degree of plasticity to change from one subset to another? Previous attempts to differentiate fetal mouse LTi cells into ILC22 have been unsuccessful, but human LTi cells from fetal lymph nodes and adult tonsils can become ILC22, suggesting that some degree of trans-differentiation is possible [62]. Future research will hopefully better define the development and function of the Roryt-dependent ILCs in both humans and mice.

#### 2.3.4 Type 2 ILCs Development

Type 2 ILCs are derived from the lymphoid lineage [69]. Collectively, they express a combi-

nation of hematopoietic markers such as CD45, c-Kit, and Sca-1, as well as lymphoid markers such as IL-7R $\alpha$ , ICOS, Thy1.2, and CD44 [13, 14, 31, 36]. The development of NHCs and Ih2 cells is dependent on expression of the  $\gamma$ c surface receptor, suggesting the developmental importance of  $\gamma$ c-dependent cytokines (IL-2, IL-4, IL-7, IL-9, IL-15, or IL-21), some of which are central regulators of lymphocyte homeostasis [14, 31, 58]. Type 2 ILCs do not differentiate into other lineage cell types in a cytokine cocktail with SCF and IL-3, suggesting that they are terminally differentiated [13]. However, it is currently unknown if they can trans-differentiate under specific stimulus.

Yang et al. proposed that NHCs are derived from bone marrow lymphoid progenitor cells. They found that most NHCs expressed Rag1 at some point in their development and they differentiate in vivo from lymphoid progenitor cells [69]. Their findings were corroborated by Wong et al., wherein they showed that functional nuocytes differentiated from bone marrow CLP in both in vivo and in vitro models when treated with IL-7 and IL-33 [34]. Both studies agreed that NHCs and nuocytes required IL-7 receptor for in vivo development. In addition, Wong et al. demonstrated the requirement for Notch signaling for in vitro differentiation of nuocytes. Notch signaling is important for hematopoiesis, especially for T cell commitment of progenitor cells and T cell maturation in the thymus [70]. T cell precursors in the double negative stage 1 and stage 2 thymocytes also retain nuocyte differentiation potential when treated with IL-7 and IL-33 [34]. However, further differentiation down the T cell pathway has to be inhibited. The absence of NHCs in Id2-deficient mice suggests that Id2 is important for type 2 ILCs development, and could be responsible for the inhibition of T cell differentiation [14].

Significantly, Wong et al. also reported the requirement for Ror $\alpha$  for nuocyte differentiation [34]. Ror $\alpha$  is expressed in a wide variety of tissues, but is especially important for neuronal development [71, 72]. Mice deficient for Ror $\alpha$  exhibit ataxia, cerebellar atrophy, and a significantly diminished life span [73, 74]. Ror $\alpha$  had also been loosely linked to immunity because

Rora-deficient mice were reported to have reduced T cell/B cell numbers in the spleen and thymus, as well as reduced OVA-induced airway hyperreactivity [71, 75]. Rora has also been implicated in Th17 differentiation **[76]**. Microarray data for both nuocytes and NHCs show that they express Rora mRNA and not Roryt mRNA, further differentiating them from the Roryt-dependent ILCs [13, 14]. A natural knockout of Rora occurs in staggerer (Rora<sup>sg/sg</sup>) mice [73]. Reconstituting lethally irradiated mice with staggerer mouse bone marrow followed by infection with Nippostrongylus brasiliensis showed that the nuocyte population did not expand in the reconstituted mice and these animals displayed impaired worm expulsion. The adaptive immune response remained normal based on normal T cell development and numbers [34]. An OVA-induced asthma model using staggerer mice demonstrated that these mice developed less airway inflammation, goblet cell hyperplasia, eosinophilia, and production of type 2 cytokines [75]. These results, together with those from a study by Halim et al. [160], support a model for Rora as an important transcription factor for type 2 ILC development in the bone marrow. Interestingly, human type 2 ILCs express Roryt, albeit at lower levels than the Rorytdependent ILCs [36]. It remains to be proved if Rora is also important for the development of human type 2 ILCs.

Thus, type 2 ILCs differentiate from CLPs, and this is dependent on Notch and yc-dependent cytokine (IL-7) signaling [77]. A possible source of Notch ligands and IL-7 is the stromal cells in the bone marrow [78, 79], although this requires further investigation. Notch signaling encourages CLPs towards a T cell fate [70], but it appears that the expression of Id2 (by signals as yet unknown) inhibits the T cell commitment of these progenitor cells [2, 14]. Expression of Rora correlates with the further differentiation of mouse type 2 ILCs [34] (Fig. 2.1), but the factors that regulate Ror $\alpha$  expression remain to be identified. Recently, Gata-3 expression has been demonstrated to license type 2 ILCs for IL-13 expression, and that Gata-3 and STAT6 both contribute to type 2 ILC development [80, 161].

# 2.4 ILC Roles in the Host Organism

# 2.4.1 NK Cells: Cytolytic Activity and Cytokine Production

The CD56dim NK cell population is biased towards rapidly initiating a cytolytic response against virus-infected host organism cells or tumor cells without the need for pre-sensitization or activation via the major histocompatibility (MHC) molecules [81]. There are two mechanisms for this cytolytic activity. The first is granule-dependent cytotoxicity, where NK cells are activated to release perforin and granzymes in proximity to an infected cell to kill it. The other triggers the apoptosis pathway in target cells via NK cell-secreted tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) that binds to the target cell, or via direct cell contact with NK cells leading to signaling through TNF-related apoptosis-inducing ligand (TRAIL) and/or Fas ligand (FasL) [16, 82].

CD56<sup>hi</sup> NK cells and mouse thymic NK cells lack cytolytic activity and are primed towards producing cytokines such as IFN- $\gamma$ , TNF- $\alpha$ , IL-10, and other growth factors [3, 81] (Fig. 2.1).

Apart from being effector cells, NK cells have a regulatory role during an immune response by affecting DCs, macrophages, and mast cells [83]. Recently, the notion that NK cells are truly innate cells has been called into question because specific subsets of mouse liver NK cells have been described to have the adaptive immunity property of lasting memory against specific viral antigens [84, 85].

### 2.4.2 LTi Cells and Organogenesis of Lymphoid Structures

LTi cells induce the formation of lymph tissues such as lymph nodes and Peyer's patches during embryogenesis in both humans and mice [86–88]. During mouse embryogenesis, fetal liver-derived LT- $\alpha_1$ LT- $\beta_2$ \*LTi cells colonize developing lymph tissues and interact with mesenchymal-derived stromal organizer cells called lymphoid tissue organizer (LTo), which express vascular cell adhesion molecule (VCAM-1) and LT- $\beta$  receptor. Signaling through the LT- $\beta$  receptor induces the upregulation of various cell adhesion molecules, production of IL-7 and TNF-related activationinduced cytokine (TRANCE), and secretion of lymphoid chemokines such as CXCL13, CCL19, and CCL21. These factors recruit additional LTi precursors as well as other hematopoietic cells, including B and T cells, and DCs, to the developing lymph node [89, 90].

Postnatal LTi cells have further developmental roles in secondary lymphoid tissues [7]. They are important for the formation of ILFs in the gut after recognition of pathogen-associated patterns (PAMPs) on commensal bacteria in order to maintain intestinal homeostasis [91, 92]. Additionally, it has been reported that postnatal LTi cells are involved in the repair of damaged lymph nodes after acute viral infections that destroy the T cell zone stromal cells [93]. They have also been shown to be involved in the segregation of B and T cell zones in spleen architecture, as well as in memory CD4 T cell generation [94, 95].

# 2.4.3 Rorγt-Dependent ILCs: IL-17 and IL-22 Producers for Intestinal Homeostasis

IL-17 is a pro-inflammatory cytokine that recruits neutrophils and promotes cytokine and antimicrobial peptide production from a variety of cells such as bronchial epithelial cells [96]. IL-17 has also been shown to have a role in the formation of germinal centers and neutrophilia in allergic asthma [97, 98]. IL-22 is a member of the IL-10 family and binds to its receptor, which is found exclusively on epithelial cells to induce the production of cytokines, microbial peptides, and mucins [99]. It can act as either a pro-inflammatory or an anti-inflammatory cytokine depending on the cellular and cytokine environment. It acts as a pro-inflammatory cytokine in diseases such as psoriasis and multiple sclerosis [100], but limits damage caused by the immune system in hepatitis and helps maintain mucosal immunity and integrity in eosinophilic airway inflammation and inflammatory bowel disease [101].

LTi cells are producers of the cytokines IL-17 and/or IL-22 after stimulation with IL-23 [21, 102]. Therefore, LTi cells may be involved with the early protection against microbial infections and maintaining the mucosal barrier in the host organism. ILC22 and ILC17 act as specialized producers of IL-17 and IL22, to support the protective responses in the gut during microbial infections.

Both ILC22 and ILC17 are recruited to the intestine under inflammatory conditions, and are involved in a protective role during intestinal infection and inflammation. IL-23 induces ILC22 and ILC17 to produce their respective cytokine [99]. ILC22 serve as a critical early source of IL-22 to protect against colitis-inducing Citrobacter rodentium infections [103], as well as other colitis models such as inflammatory bowel disease (IBD) and dextran sulfate sodium (DSS)-induced colitis [104]. Although ILC22 are not required to control a Listeria monocytogenes infection, the oral introduction of the pathogen still enhances IL-22 production from ILC22 [63]. It is unknown if these human-specialized IL-17 producers are present in the intestine during an infection. The different effector functions of ILC17 and ILC22 might explain the presence of specialized subsets of IL-22- and IL-17-producing ILCs, which would tailor the innate immune response to infections and maintain intestinal homeostasis.

### 2.4.4 Type 2 ILCs: Protective Response Against Helminths

Type 2 ILCs were initially described as important innate cells responsible for anti-helminth protection [105]. IL-25 and IL-33 have been shown to be important to activate type 2 ILCs to produce effector cytokines.

IL-25 (IL-17E) is a member of the IL-17 family that is associated with Th2-like inflammation and disease [106–108]. IL-25 mRNA transcripts are produced in Th2 cells and lung epithelial cells while the protein has been reported to be produced by alveolar macrophages, mast cells, eosinophils, and basophils [109–111]. IL-25 upregulates the production of type 2 cytokines by eosinophils, mast cells, type 2 ILCs, and Th2 cells [33, 112]. IL-25 signaling acts via the signaling molecule Act1 to increase expression of Gata-3 and subsequent production of type 2 cytokines [109, 113, 114].

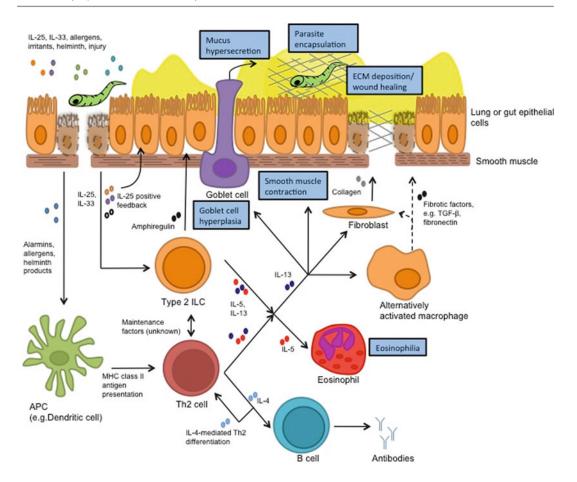
IL-33 (IL-1F11) is a member of the IL-1 family that binds to the ST2 receptor (Il1lr1) in complex with IL1RAP [115]. ST2 is primarily expressed on mast cells, Th2 cells, and type 2 ILCs [33, 116, 117]. IL-33 mRNA is expressed in epithelial cells, endothelial cells, lung fibroblasts, DCs, and alveolar macrophages [118], and plays roles in disease symptoms such as fibrosis and airway hyperreactivity, as well as in autoimmune diseases such as arthritis [119-122]. The mechanism by which IL-33 is released by cells is unclear; it is thought that IL-33 acts as an "alarmin" during necrosis and initiates inflammatory signaling [123]. By contrast, if the cell undergoes programmed cell death, i.e., apoptosis, then caspase-1 cleaves the cytokine domain of IL-33 into a nonfunctional form that fails to initiate the inflammatory response [124].

Infection with helminths, such as *N. brasiliensis*, breaches and irritates the epithelial barrier of the lung and gut. TFF2 signaling and other unknown signals induce the production and release of IL-25 and IL-33 from epithelial cells and other cells such as alveolar macrophages [125]. Since IL-25-responsive epithelial cells are important for downstream IL-5 and IL-13 production in the lung, this suggests that epithelial cells could self-upregulate factors in a positive feedback loop that amplifies the downstream type 2 response [113, 114].

Type 2 ILCs activated by IL-25 or IL-33 are important for *N. brasiliensis* expulsion. Neill et al. demonstrated that mice lacking either one or both cytokine receptors have very few nuocytes and are unable to effectively clear helminth infections. However, the adoptive transfer of activated type 2 ILCs was able to rescue this defect. Furthermore, worm expulsion was dependent on IL-13 since transferring IL-13-deficient nuocytes into IL-13-deficient mice failed to mediate worm expulsion [13]. IL-13 is indispensible for the efficient expulsion of N. brasiliensis [126] because it induces a range of type 2 immune physiological responses such as smooth muscle contraction, goblet cell hyperplasia, and mucus hypersecretion, thus activating a "weep and sweep" mechanism which traps and expels the worms [127] (Fig. 2.2). IL-13 is partially involved during the infection with other parasite species such as Trichuris muris [128]. Therefore, type 2 ILCs are the early trigger of type 2 protective responses. An increased number of circulating Ih2 cells in the blood after IL-25 treatment suggests that additional type 2 ILCs could be recruited from the blood to enhance a local type 2 response and also suggests that a localized infection could initiate a systemic type 2 response via these circulating type 2 ILCs [31].

Apart from the innate immune system, the adaptive immune system is also activated following infection. Alarmins released by damaged epithelial cells, and parasite-derived antigens, promote Th2 cell differentiation via professional antigen-presenting cells [129]. This secondary wave of type 2 cytokines amplifies the effects of type 2 ILCs as well as initiating other physiological responses such as promoting Th2 cell differentiation, activating B cells to produce antibodies, inducing IgE class switching and upregulating mast cells [130–132].

Even though type 2 ILC-derived cytokines are sufficient to resolve a helminth infection, the presence of Th2 cells (even if IL-4 and IL13 deficient) is still essential for effective helminth expulsion [133]. This could be explained by the observation that Th2 cells are required to maintain type 2 ILCs numbers during an infection [13]. Nuocytes are present in Rag2 knockout mice (which lack B cells and T cells) and are responsive to IL-25 and IL-33, but their population numbers decrease soon after induction, and these mice are unable to expel the worm burden effectively [13]. This suggests that T cells play a role in nuocyte maintenance, and in addition, boost the type 2 immune response by producing more type 2 cytokines. An area for further investigation is the interrelationship of innate type 2 ILCs and adaptive Th2 cells.



**Fig. 2.2** Schematic of type 2 ILC function. Allergens, chemicals, irritants, or parasites induce lung or intestinal epithelial cells to release the type 2 ILC-activating cytokines, IL-25, and IL-33. IL-25 may act in a positive feedback loop on epithelial cells to amplify the activation of type 2 ILCs. Activated type 2 ILCs rapidly produce amphiregulin, IL-5, and IL-13. Amphiregulin promotes epithelial cell proliferation, while IL-5 promotes eosinophilia into the lung or gut tissues. IL-13 promotes smooth muscle contraction, goblet cell hyperplasia, and mucus

hypersecretion. It also encourages deposition of extracellular matrix (ECM) by directly inducing collagen production from fibroblasts, and indirectly by inducing fibrotic factor production from alternatively activated macrophages (*dashed arrow*). Professional antigen-presenting cells (APC) activate adaptive Th2 cells in order to support the proliferation and function of type 2 ILCs. Th2 cells produce IL-5, IL-13, IL-9 (not shown), and IL-4, which perform functions specific to Th2 cells such as IL-4-driven class switching and antibody production

#### 2.4.5 Wound Healing

Evidence suggests that type 2 ILCs are involved in wound healing and fibrotic processes. Type 2 ILCs directly produce amphiregulin, which promotes the proliferation of epithelial cells [38, 134]. Type 2 ILCs can also indirectly promote tissue remodeling via IL-13 and IL-5. In vitro studies show that IL-13 can directly induce the proliferation of myofibroblasts and collagen production from fibroblasts [135, 136]. IL-13 indirectly promotes fibrosis via the induction of fibrotic factors such as arginase, TFG- $\beta$ , and fibronectin from fibroblasts and alternatively activated macrophages [137–140]. In vivo, IL-13 has been shown to mediate *Schistosoma mansoni*-induced liver fibrosis in a TGF- $\beta$ independent pathway [141–143]. IL-5 promotes eosinophil recruitment and activation, which is thought to play a role in airway remodeling in chronic airway diseases [144].

Therefore, activation of type 2 ILCs may contribute to tissue repair following infection and injury to minimize the disease pathology (Fig. 2.2) [145].

Other ILC populations may also be involved in healing injuries sustained during infection. As mentioned previously, LTi cells can restore damaged lymph nodes after particularly severe viral infections. Other Roryt-dependent ILCs may also promote healing via production of IL-22, which has been implicated in tissue repair after injury or alcohol-induced damage [146].

### 2.4.6 Dysregulation of ILCs: Autoimmunity, Allergy, and Fibrosis

The dysregulation of either IL-17 or IL-22 has been linked to autoimmune diseases such as psoriasis, rheumatoid arthritis, and IBD [147]. Therefore, if the activation of Roryt-dependent ILCs (and production of IL-17 and IL-22) is not tightly regulated, they may contribute to these diseases. For example, Buonocore et al. have demonstrated that a Roryt+ILC population is stimulated by IL-23 in the colon to produce IL-17 and induces intestinal colitis [29].

Chronic activation of the type 2 response can cause allergic airway diseases (such as asthma), inflammatory gut diseases, as well as excessive fibrosis and tissue remodeling [148– 150]. As potent type 2 cytokine producers, type 2 ILCs would be expected to play a part in these diseases. Research has shown that the activator (IL-25, IL-33) and effector (IL-5, IL-13) cytokines of type 2 ILCs are involved in allergic diseases.

IL-25 and IL-33 expression correlates with allergic airway diseases [118, 151], and IL-33 has been identified as an asthma-related gene based on a genome-wide study [152]. In asthmatic lung tissue, increased production of IL-25 and IL-33 bring about the same physiological changes in the lungs as during a helminth infec-

tion, such as a rapid type 2 response, increased production of IL-5 and IL-13, and increased mucus production, eosinophilia, and airway hyperreactivity [118, 151]. Blocking either IL-25 or IL-33 signaling in the airways can reduce eosinophilia and inflammation in an ovalbumin (OVA)-driven model of allergic airway disease [43, 151]. Overexpression or ablation of IL-13 within the lungs has underlined its role in inducing asthma-like phenotypes, such as nonspecific airway hyperreactivity and mucus hyperproduction [153, 154]. As mentioned above, IL-13 also contributes to tissue remodeling and fibrosis, and thus may contribute to fibrosis in diseases dominated by a type 2 immune response [155]. IL-5 promotes eosinophil infiltration into the lungs [156, 157].

Recently, multiple teams have identified type 2 ILCs in the lungs and their role in airway allergy has been investigated [37–44, 137]. They have shown that when challenged with IL-25, IL-33, papain, allergens (*Alternaria alternata*, OVA, house dust mite, glycolipid antigen), parasites, or viruses, type 2 ILCs proliferated and were activated to produce a rapid type 2 response characterized by increased production of IL-5 and IL-13, increased mucus production, eosinophilia, and airway hyperreactivity, reminiscent of the response during an allergic asthma.

When mice were treated with OVA (as per an OVA-induced asthma model), IL-25, or IL-33, nuocytes were induced in the lung tissue and bronchoalveolar lavage (BAL). These nuocytes represent a major source of IL-13 in the lung, explaining why IL-13 from T cells is partially dispensable for the allergic inflammation during an airway hyperreactivity response. Adoptive transfer of nuocytes into IL-13deficient mice (which do not respond to IL-25 treatment) restores both AHR and eosinophilia, indicating that nuocytes have the capacity to upregulate asthma even in the absence of T cellderived IL-13. However, infiltration of neutrophils into the lung during challenge with IL-25 was not restored, indicating that other cells and cytokines are responsible for other aspects of the allergic response [41]. Kim et al. also showed the importance of type 2 ILCs in response to glycolipid antigens [40]. Halim et al. corroborated these earlier studies using the adoptive transfer of type 2 ILCs into Rag2 and  $\gamma$ c double knockout mice, which restored the allergic phenotype [44]. Respiratory infections with rhinovirus or respiratory syncytial virus are known to promote type 2 responses, and exacerbate allergic asthma. Chang et al. demonstrated that influenza virus-induced asthma is not mediated by adaptive immunity, but by IL-33-dependent type 2 ILCs [39].

Significantly, Mjösberg et al. demonstrated that human type 2 ILCs are enriched in chronically inflamed airway tissues, such as the nasal polyps of patients suffering from chronic rhinosinusitis. These patients exhibited higher levels of IL-5 and IL-13 transcripts within the polyp tissue, which in turn contributes to eosinophil enrichment within the nasal polyps [36]. This may be attributable to the increased human type 2 ILC population.

The allergic response is not limited to only the lungs. As Camelo et al. demonstrate, activation of type 2 ILC leads to an overexpression of IL-13 in the gut, which then leads to chronic inflammation and ulcerative colitis [158]. It is also possible that type 2 ILCs represent a potent source of IL-13 in patients suffering from chronic asthma, which may contribute to the remodeling of lung tissue and lung fibrosis [159].

# 2.5 Conclusion

As we begin to understand the complexities of these newly identified ILC populations, it is apparent that the innate lymphoid cell compartment plays an important role for the host. It drives lymphoid tissue development, maintains tissue and barrier homeostasis, provides a rapid protective response against infectious agents, and promotes wound healing. In this way, they precede and also support the adaptive immune response.

Dysregulation of ILCs is also associated with disease. Roryt-dependent cells are involved with colitis and IBD, while type 2 ILCs are associated with allergy in the gut and lungs. As we learn

more about the innate lymphoid cells, they may come to represent viable therapeutic targets to combat such diseases.

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### Tuning Cross-Presentation of Apoptotic T Cells in Immunopathology

3

#### Vincenzo Barnaba

#### Abstract

Cross-presentation of several long-lived antigens associated with apoptotic T cells requires caspase-dependent cleavage to efficiently deliver antigenic fragments to the processing machinery of antigen-presenting cells. The resulting emergence of a large population of autoreactive CD8<sup>+</sup> T effector cells specific for apoptotic T cell-associated self-epitopes plays a key role in improving immunopathology in several infections and autoimmune diseases. Importantly, they endow mixed polyfunctional type-1, type-2, and type-17 responses and correlate with the chronic progression of various pathological conditions. This evolution is related to the selection of autoreactive CD8<sup>+</sup> T cells with higher T cell receptor avidity, whereas those with lower avidity undergo prompt contraction in patients undergoing disease resolution. The development of mixed responses with divergent differentiation requirements is consistent with distinct sites or kinetics of CD8<sup>+</sup> T cell priming in vivo. Therefore, we propose a strict link among cross-presentation of apoptotic T cells, the generation of high frequencies of mixed autoreactive CD8+ T cells producing a broad array of cytokines (IFN- $\gamma$ , IL-17, IL-4, IL-2, etc.), and the progression towards chronic inflammatory diseases.

#### Keywords

Cross-presentation • Apoptotic T cells • Apoptotic epitope-specific CD8<sup>+</sup> T cells

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#### 3.1 Introduction

The capacity of conventional (or myeloid) dendritic cells (cDCs) to present exogenous antigens associated with other cells (usually necrotic or apoptotic cells) or soluble antigens on major histocompatibility complex (MHC) class I molecules

P.D. Katsikis et al. (eds.), *Crossroads Between Innate and Adaptive Immunity IV*, Advances in Experimental Medicine and Biology 785, DOI 10.1007/978-1-4614-6217-0\_3, © Springer Science+Business Media New York 2013 is defined as cross-presentation [1-4]. In humans, cDCs are subdivided in two populations, on the basis of expression of CD1c (BDCA-1) or CD141 (BDCA-3). CD141<sup>+</sup> cDCs seem to represent the human counterpart of mouse lymphoid CD8+ DCs, because both these subsets perform crosspresentation mechanism with high efficiency. This phenomenon seems crucial for inducing either cross-priming or cross-tolerance of CD8+ T cells, based on the presence or absence of various infectious or danger signals influencing the switch from tolerogenic immature cDCs to mature cDCs with high stimulatory and migratory capacities [1-5]. Under steady state conditions, cDCs phagocytose self-antigens associated with dying (e.g., apoptotic) tissue cells (derived from the physiological cell turnover), process them, present the resulting peptides on MHC class II or class I molecules, and migrate into the draining lymph nodes with very low efficiency, where they can induce tolerance or cross-tolerance of autoreactive CD4+ T cells or CD8+ T cells, respectively (peripheral tolerance). By contrast, in an inflammatory context, cDCs are activated (for instance, through engagement by pathogen-associated molecular patterns [PAMPs] or necrotic cell products), increase for a short time the ability to internalize and to process both tissue-derived microbial and self-antigens as well as the expression of stimulatory, costimulatory, and promigratory molecules (i.e., the lymph node-specific chemokine receptors (Cys-Cys chemokine receptor 7 [CCR7])) [1–6]. Then, they can reach the lymph nodes, where they prime or cross-prime both microbial- or self-antigen-specific naïve CD4<sup>+</sup> or CD8<sup>+</sup> T lymphocytes. cDCs can also induce regulatory T (Treg) cells [7], the key cell population involved in the regulation of immune responses and homeostasis [8], either at the steady state condition contributing to peripheral tolerance or modulating excessive and unwanted immune responses in an inflammatory context.

The fate of the enormous number of apoptotic cells that derive from effector T cells undergoing apoptosis after performing their functions during acute or chronic infections remains to be determined [9, 10]. In particular, during acute or chronic HIV, hepatitis B or C virus (HBV or HCV) infections, the corresponding infected tissues

(lymphoid tissue for HIV, liver for HBV or HCV) are largely inflamed and infiltrated by several billions of activated lymphocytes ( $\sim 3-5 \times 10^8$  per liver in the case of HBV or HCV infection in humans, of which ~50% are activated  $\alpha\beta$ T cells, ~30% NK, ~10% NKT, ~5% γδT cells, etc.). The majority of these infiltrating lymphocytes are not virus specific (that are ~10% of the total), and ~90-95% of them are activated and undergo apoptosis upon performing their effector functions: interestingly, the rate of apoptotic lymphocytes by far exceeds that of apoptotic cells derived from the turnover of tissue cells, during severe inflammatory diseases [11]. In the light of these observations, some logical questions uprise: which is the fate of this huge amount of apoptotic lymphoid cells, whose turnover is sustained over time in inflammatory conditions? Might part of apoptotic lymphocytes escape from the digestion by the phagocytic system, and become source of self-antigens? And hence, might they become relevant in the induction of either tolerance or autoimmunity, particularly upon phagocytosis and cross-presentation by cDCs?

#### 3.2 CD40 Ligand Expression on Apoptotic T Cells Abrogates Tolerance

An additional support for the idea that cDCs carry out opposing functions according to the microenvironment in which they work is provided by studies investigating the complex interplay among cDCs, cross-presentation, apoptotic cells, and stimulatory signals. Apoptosis occurring physiologically during the development of a given tissue should cause tolerance, whereas apoptosis caused by a microbial infection or other inflammatory processes should result in T cell priming [12, 13]. In the steady state conditions, apoptotic cells have been proposed to induce T cell deletion, anergy, immune deviation from Th1 to Th2 responses, or Treg cell induction, via a series of not completely clear mechanisms, including the capacity of apoptotic cells to release immunosuppressive cytokines (i.e., IL-10 or TGF- $\beta$ ), or to engage receptors (i.e., CD36 or phosphatidylserine receptors) subverting the

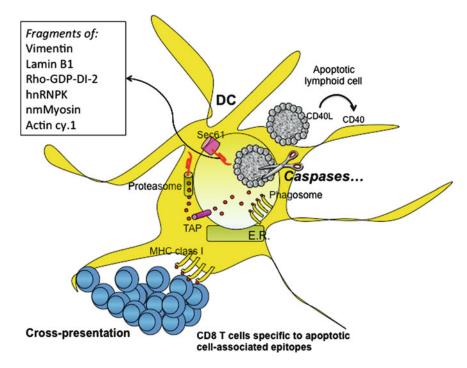


Fig. 3.1 Caspases facilitate cross-presentation of longlived proteins (LLiPs) within apoptotic cells. CD40L<sup>+</sup> apoptotic T cells both deliver activation signals to DCs and are efficiently phagocytosed. Caspases cut fragments from LLiPs that can be released within phagosomes of cDCs and exported into cytosol. Processing of LLiP fragments is mediated by the classical class I pathway, including

stimulatory DC functions [14–18]. In addition, it has been demonstrated that apoptotic cell-dependent tolerance can be determined by the caspaseinduced production of a reactive oxygen species scavenger leading to oxidization and inactivation of the high-mobility group protein B1, a powerful danger signal normally involved in the full cDC activation and immune response initiation [19]. However, the presence of sustained infectious/ inflammatory mediators, necrotic cell products, or CD4<sup>+</sup> T helper (h) cells can bypass the tolerogenic effects of apoptotic cells and induce cDCs to prime or cross-prime T cells [12, 20–23].

Our previous data proposed that an alternative mechanism of abrogation of the apoptosisassociated tolerance can take place through the expression of CD40L by apoptotic cells [12]. CD40L<sup>+</sup> apoptotic cells can derive from activated CD40L<sup>+</sup> T cells that undergo apoptosis once they have performed their effector function in a given

proteasomes processing fragments in short peptides, and TAPs. The figure emphasizes the model dictating that TAPs retro-transport the resulting apoptotic self-epitopes into phago-endosomal compartments, where they can bind the appropriate class I molecules and can be finally unveiled and cross-presented to the related autoreactive CD8<sup>+</sup> T cells

inflamed tissue or upon infection with viruses infecting activated T cells, such as HIV. CD40L+ apoptotic T cells directly induce cDC maturation and condition them to induce cross-priming of CD8<sup>+</sup> T cells specific to apoptotic cell-associated self-antigens, irrespective of additional exogenous signals [12] (Fig. 3.1). In contrast, if apoptotic T cells are CD40L<sup>-</sup> (such as those derived from resting T cells), the help of a third party activated T cell or surrogate CD40L molecule is needed for priming. The finding that CD40L<sup>+</sup> apoptotic T cells induce cDC maturation and cross-priming without the addition of exogenous stimuli indicates that the surface phenotype and possibly the lineage of origin of apoptotic cells may ultimately dictate the outcome of crosspresentation. This notion may help reconcile several apparently contradictory findings. For example, it explains why apoptotic cells derived from epithelial or resting T cells that are CD40L-

are unable to provide cDC maturation stimuli and are tolerogenic in the absence of sustained infectious/ inflammatory signals [12, 19, 20, 24]. Thus, the balance between CD40L<sup>+</sup> and CD40L<sup>-</sup> apoptotic cells during cross-presentation appears to dictate tolerance or induction of CD8+ T cell responses against T cell-associated epitopes, and to maintain or to stop the related responses in the course of an inflammatory process. As a result, the signals provided by CD40L+ apoptotic cells and not those provided by conventional apoptotic cells have been demonstrate to facilitate the emergence of autoreactive T cell responses to apoptotic selfantigens [12, 25]. In addition, these responses have a critical role in the amplification of chronic inflammation via the continuous bystander effects of inflammatory cytokines produced by T cells specific for the apoptotic T cell-associated antigens [12, 22].

#### 3.3 Apoptotic T Cells Are Source of Immunogenic Self-Antigens

In previous studies, we found that the proteome of apoptotic T cells includes prominent caspasecleaved cellular proteins and that a high proportion of distinct epitopes in these fragments (apoptotic epitopes) can be cross-presented by cDCs to a wide repertoire of autoreactive CD8+ T cells [22]. In particular, the majority of proteins differently expressed between apoptotic and live T cells belonged to cytoskeleton, cytoplasmic, or nuclear structures (including vimentin, non-muscle myosin, Rho-GDP-DI-2, human nuclear ribonucleoprotein K, lamin B1, actin cytoplasmic 1), with a main difference: those derived from live T cells corresponded to the entire proteins, whereas those derived from apoptotic T cells corresponded to fragments of the same proteins cleaved by caspases [22]. This observation led us to demonstrate a new role for caspases in facilitating cross-presentation of apoptotic (fragmented) proteins that derive from cleavage of long-lived proteins (LLiPs) strictly anchored to cellular structures (e.g., cytoskeleton) (Fig. 3.1). In particular, it is well known that LLiPs [in contrast to short-lived proteins (SLiPs), including defective ribosomal initiation products

(DRiPs)] are not efficiently processed and directly presented by live cells expressing them [26]. This rule can be subverted by caspases, by their capability to cut fragments from LLiPs within apoptotic antigen-donor cells (ADCs) that are efficiently phagocytosed by cDCs. As a consequence, LLiP fragments cleaved by caspases within apoptotic ADCs can be released within phagosomes of cDCs and ultimately processed and cross-presented (Fig. 3.1). A proof of principle of this possibility is the demonstration that the down-regulation of caspases 3 and/or 8 expression by mRNA interference or inhibitory chemical treatments impeded formation of LLiP fragments within apoptotic T cells (as detected by proteomic analyses) and cross-presentation of the related apoptotic epitopes [22]. As a control, the same treatment did not affect the cross-presentation of apoptotic cells expressing the shortlived nonstructural (NS)3 protein of HCV to NS3-specific CD8<sup>+</sup> T cell clone. Interestingly, processing of LLiP fragments by cDCs leading to cross-presentation is mediated by classical pathway of class I processing, including TAPs and proteasome, and it did not involve the lysosomal pathway of the cDCs. This means that LLiP fragments have to be exported into cytosol after phagocytosis to be processed by classical MHC class I pathway.

Other mechanisms might intervene in favoring cross-presentation of cell-associated antigens, such as macroautophagy leading to the accumulation of autophagosomes [27]. The latter can capture antigenic products within dying ADCs, protect them from excessive degradation in lysosomal compartments, and deliver them to APCs in their intact or semi-intact forms [27]. This possibility may account for our previous observation showing that chloroquine, known to inhibit lysosomal fusion, enhances cross-priming by protecting antigens (likely within autophagosomes) from lysosomal acidification [28].

However, our studies were the first to identify caspase-mediated cleavage of LLiPs as a mechanism for cross-priming CD8<sup>+</sup> T cells specific to apoptotic cell-associated self-epitopes. In particular, processing of caspase-cleaved fragments of vimentin, non-muscle myosin, Rho-GDP-DI-2, human nuclear ribonucleoprotein K, lamin B1, and actin cytoplasmic 1 has been demonstrated to result in the cross-presentation of a huge panel of resulting apoptotic self-epitopes to the related autoreactive CD8<sup>+</sup> T cells in different pathological conditions. Recent reports have confirmed the role of caspase cleavage in the processing and presentation of epitopes that are derived from apoptotic cells in different models [29–31].

#### 3.4 Relevance of Cross-Presentation of Apoptotic Epitopes in Clinical Setting

Our primal study showed that autoreactive CD8<sup>+</sup> T cells specific to apoptotic self-epitopes derived from several of the apoptotic T cell-associated LLiP fragments mentioned above are extremely represented in the peripheral blood of patients with chronic HIV infection [22]. They correlated with the proportion of peripheral apoptotic CD4<sup>+</sup> T cells in vivo and their expansion and function contributed in establishing polyclonal T cell activation, a major feature in HIV-infected individuals that in the long run results in generalized T cell dysfunction/depletion ultimately leading to AIDS [22].

More recently, we questioned about the relevance of CD8+ T cells specific to apoptotic selfepitopes in the progression of HCV infection, since it is well known that about 60% of individuals with acute HCV infection progress towards the chronic evolution of infection, whereas the remainder undergoes resolution. Importantly, the multispecificity, magnitude, and polyfunctional (type-1, -2, -17) strength of CD8<sup>+</sup> T memory effector (ME) cell responses directed to apoptotic self-epitopes were wide and robust during the acute phase of HCV infection, particularly in patients experiencing chronic progression compared with those undergoing infection resolution [32]. The responses were directly correlated with the plasma viral load, the serum ALT levels, or the number of circulating apoptotic T cells, and were then sustained over time in relation to the viral persistence. In addition, similar autoreactive CD8<sup>+</sup> T cell responses in chronically infected patients are recruited in the inflamed liver, are related with the signs of hepatic damage, and decrease in relation with the decline or the disappearance of the viral load upon antiviral therapy (interferon plus ribavirin<sup>®</sup>). Altogether these results suggest that strong CD8<sup>+</sup> T cell responses against apoptotic self-epitopes arise and are maintained in HCV infection, correlate with the progression towards the chronic evolution of infection, and may potentially contribute to the liver immunopathology through the production of high levels of inflammatory cytokines.

The observation that cross-presentation of apoptotic T cells by DCs requires caspase-dependent cleavage of apoptotic self-antigens to promptly activates specific CD8+ T<sub>EM</sub> cells ex vivo indicates that this mechanism might be operative in the induction of the related polyfunctional autoreactive responses in vivo [32]. This possibility is emphasized by the finding that the frequencies of apoptotic epitope-specific CD8+ T cells correlated with the number of circulating apoptotic T cells. Cross-presentation of apoptotic cells plays a key role in activating autoreactive CD8+ T cells, as caspase-dependent cleavage of cell-associated (long-lived) proteins (such as vimentin, non-muscle myosin, actin, heterogeneous nuclear ribonucleoprotein, and lamin B1) is required to efficiently target the related fragments to the processing machinery of DCs. By contrast, live DCs alone, despite known to express the whole form of the same ubiquitous (longlived) cellular proteins, are unable to stimulate the related specific CD8<sup>+</sup> T cells by direct presentation mechanism, likely because they do not possess the caspase-cleavage program required for the presentation of these proteins [22]. Collectively, these data suggest that these autoreactive CD8+ T cells may perform their functions through the bystander effect of the pro-inflammatory cytokines upon cross-presentation of apoptotic cells rather than by the direct killing of cells endogenously expressing the related self-antigens. The strong production of IFN-y and IL-17 may favor the triggering of recruitment of inflammatory cells, which contribute to the immunopathology.

Our study provides a possible explanation for why the enormous expansion of activated T cells, during persisting viral infections, is only minimally attributable to virus-specific T cells [11]. Inflamed tissues (including the HCV-infected liver) are generally infiltrated by several billions of activated lymphocytes and the rate of apoptotic cells derived from them by far exceeds that originated by the turnover of epithelial cells (i.e., hepatocytes) [11]. The demonstration that apoptotic cells derived from activated T cells (in contrast to those derived from epithelial cells) are CD40L<sup>+</sup> and then condition CD40<sup>+</sup> DCs to prime T cells [12, 25] suggest that they are the most important source of apoptotic self-antigens capable to crossprime CD8<sup>+</sup> T cell responses in an inflamed microenvironment. However, we cannot exclude that also apoptotic hepatocytes may amplify this phenomenon in an inflammatory context, because they might potentially generate the same caspasecleaved antigenic fragments described in apoptotic T cells [22], and be cross-presented by DCs.

Recent data have clearly stressed the importance of infections in inducing and maintaining autoimmunity [33]. In particular, the initial emergence of apoptotic antigen-specific T cells in acute HCV infection may be dependent on virusspecific T cells that can provide the first waves of apoptotic substrates, upon performing their effector function. This mechanism may be maintained in patients evolving towards the viral persistence, and be further amplified by the apoptotic antigenspecific T cells themselves providing further waves of apoptotic antigens.

The relevant polyfunctional responses to apoptotic self-epitopes observed in patients undergoing chronic infection suggest that the environmental setting during acute an inflammatory disease seems to be addressed to guarantee the coexisting polarization of type-1, -2, -17, -1/17 CD8<sup>+</sup>  $T_{EM}$  cells, and even type-2/17 CD8<sup>+</sup> T<sub>EM</sub> cells, likely to limit excessive damage by fine-polarized type-1 or type-17 CD8+ T<sub>EM</sub> cells [32]. In support of this hypothesis, our study in patients with long-term chronic HCV infection demonstrates that liver-infiltrating CD8<sup>+</sup>  $T_{_{EM}}$  cells specific to apoptotic self-epitopes produce levels of cytokines significantly lower than patients with acute hepatitis.

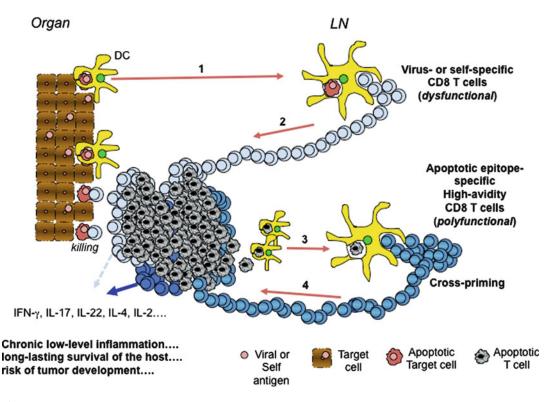
An important facet of our findings is that they demonstrate a link between the TCR avidity of autoreactive CD8<sup>+</sup> T cells and the difference in the responsiveness of apoptotic epitope-specific CD8<sup>+</sup> T cells exhibited by patients experiencing chronic infection and those undergoing infection resolution [32]. The dissociation kinetics of peptide/HLA-A\*0201 pentamer binding [34] to antigen-specific CD8+ T cells clearly demonstrated that the  $t_{1/2}$  for apoptotic epitope-complexed pentamer staining to CD8+ T cells from patients experiencing chronic infection was significantly longer than the decay of pentamer staining from patients undergoing infection resolution. The  $t_{1/2}$  for pentamer staining was detected on freshly isolated CD8+ T cells, suggesting that TCR avidity measured by this system likely reflects what occurs in vivo. Recent studies suggested that in response to different microbial infections, initially naïve T cells with a wide range of avidity are efficiently recruited and expanded [35, 36]; subsequently, those with lower avidity undergo premature contraction, whereas those with higher avidity are selected because of a more prolonged expansion and correlate with protection [35, 36]. Our results provide an additional challenge to this model, and demonstrate that the TCR avidity of autoreactive CD8<sup>+</sup> T cells specific for apoptotic self-epitopes was significantly higher in patients undergoing chronic infection than in those resolving infection. The selection of the autoreactive CD8+ T cells with higher avidity likely occurs because of a sustained stimulation by apoptotic antigens [22]. By contrast, lower avidity CD8<sup>+</sup> T cells in the presence of weaker stimuli would undergo rapid contraction, as seen in the peripheral blood of patients with self-limited HCV infection. The viral persistence may provide the conditions that influence the availability of sustained apoptotic antigenic stimuli.

Studies in progress suggest that the generation of polyfunctional CD8+ T cell responses to apoptotic self-epitopes may represent a general phenomenon sustaining several pathological conditions. Indeed, we found similar responses in various autoimmune diseases, such as rheumatoid arthritis or multiple sclerosis (MS). Particularly, the frequencies of polyfunctional CD8<sup>+</sup> T cells to apoptotic self-epitopes correlate with the disease activity and progression in MS patients, suggesting that they may contribute to the immunopathology and chronic evolution of MS through the production of inflammatory

cytokines (manuscript in preparation). Therefore, irrespective of the nature of the primary triggers initiating central nervous system (CNS) immunopathology (immune responses to self-tissue antigens (e.g., myelin antigens) or antigens of unknown pathogens), they may induce apoptotic antigen-specific T cells by providing them the first boost of apoptotic antigens. Then, the apoptotic antigen-specific T cells can both amplify and sustain the immunopathology through their capacity to produce high levels of inflammatory cytokines and supply further apoptotic substrates for the generation of novel autoreactive responses to apoptotic antigens.

#### 3.5 Conclusion

We can envisage the following scenario. At the onset of an immune-mediated process (initiated and maintained either by a persisting pathogen, such as by HCV, or the breakdown tolerance towards a given organ self-antigen), tissue-resident cDCs could capture either virus-infected or "self-antigen-expressing" cells, according to the different pathological conditions (infection vs. autoimmunity) (Fig. 3.2). Then, they could migrate into the draining lymph nodes (LNs) and cross-prime virus-specific or self-reactive CD8+



**Fig. 3.2** Cross-presentation of apoptotic T cells leading to immunopathology. (1) Tissue-resident cDCs capture dying organ cells (i.e., during viral infection or autoimmunity), migrate into draining LNs, where they cross-prime virus-specific or self-reactive CD8<sup>+</sup> T cells, respectively. These responses will result as dysfunctional, because of the persistent antigenic stimuli inducing PD-1-dependent exhaustion, the generation of Treg cells, etc. (2) The continuous migration of these dysfunctional T cells into the target organ leads to the establishment of a state of chronic low-level inflammation. (3) Apoptotic cells derived from these activated T cells are captured by other tissue-resident cDCs that migrate into LNs and

cross-prime polyfunctional, high-avidity apoptotic selfepitope-specific CD8<sup>+</sup> T cells. (4) In turn, they migrate into inflamed tissue and undergo apoptosis upon performing their polyfunctions, providing hence further apoptotic antigen substrates maintaining continuous activation and migration of apoptotic epitope-specific T cells. In the long run, the simultaneous production of several cytokines (some of which display contrasting functions) together with the involvement of subsequent regulatory mechanisms (i.e., PD-1, Tregs, etc.) contributes to sustain the chronic low-level inflammation, favoring a long-lasting survival of the host, on the one hand, and possibly the development of tumors, on the other hand T cells, respectively. In the long run, these responses will result as dysfunctional (low cytokine production, low cytotoxic function, etc.), because of the emergence of several mechanisms, including PD-1-dependent exhaustion of chronically stimulated virus-specific or organ self-specific T cells, generation of Treg cells, etc. The viral or the self-antigen persistence will maintain the generation of continuous waves of dysfunctional specific T cells migrating into the organ. Upon performing their effector dysfunctions, they undergo apoptosis and the resulting apoptotic cells can be captured by other tissueresident cDCs that migrate into LNs and crossprime apoptotic self-epitope-specific CD8+ T cells (Fig. 3.2). These cells are polyfunctional (producing a vast array of cytokines) and express a high-avidity TCR enabling them to exert strong inflammatory responses in the organ, where they have efficiently migrated. In turn, they will undergo apoptosis upon performing their functions and the resulting apoptotic cells will contribute to shape the apoptotic antigen substrates essential for the maintenance of continuous crosspriming of apoptotic epitope-specific T cells. Therefore, the apoptotic substrates will derive from two sources: the virus-specific or the organ (self)-specific T cells, on the one hand, and the apoptotic epitope-specific T cells themselves, on the other hand. The resulting storm of inflammatory cytokines particularly produced by apoptotic epitope-specific T cells will contribute to the immunopathology persistence. However, the simultaneous production of several cytokines (some of which display contrasting functions) together with the involvement of subsequent regulatory mechanisms (i.e., PD-1, Tregs, etc.) will result in a state of chronic low-level inflammation that is instrumental to favor a long-lasting survival of the host [37, 38]. The chronic low-level inflammation can favor the development of tumors in the long run [37, 38].

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## Regulation of Type 2 Immunity by Basophils

4

#### David Voehringer

#### Abstract

The immune response against helminths and allergens is generally characterized by high levels of IgE and increased numbers of Th2 cells, eosinophils, and basophils. Basophils represent a relatively rare population of effector cells and their in vivo functions are incompletely understood. Recent studies with basophil-depleting antibodies revealed that these cells might play an important role during the early and late stages of type 2 immune responses. To further characterize the relevance of basophils for protective immunity and orchestration of allergic inflammation, we generated constitutively basophil-deficient mice. We observed a normal Th2 response induced by helminth infections or immunization with alum/OVA or papain/OVA. However, basophils contributed to worm expulsion during secondary helminth infection and mediated an IgE-dependent inflammatory response of the skin. These results argue against a critical role of basophils as antigen-presenting cells for induction of Th2 polarization and highlight their effector cell potential during later stages of a type 2 immune response.

#### Keywords

Helminths • Allergy • IgE • Th2 cells

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#### 4.1 Basophil Development and Homeostasis

Basophils constitute a distinct hematopoietic cell lineage although they are phenotypically and functionally related to mast cells and eosinophils. Mast cells and basophils are the main cell types that express the high-affinity Fc epsilon receptor (FceRI) with a configuration consisting of the IgE-binding  $\alpha$ -chain and the signal-transducing

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 $\beta$ - and  $\gamma_2$ -chains. However, a  $\alpha\beta$ -configuration of FccRI can be found in other cell types including eosinophils, monocytes, and subsets of dendritic cells. Mast cells and basophils further express high levels of the IL-3 receptor and produce a similar set of effector molecules including histamine, Th2-associated cytokines, and lipid mediators. However, mast cells can be distinguished from basophils by their expression of the receptor tyrosine kinase c-Kit. On the other hand, basophils share some characteristics with eosinophils including the condensed nuclear morphology, completion of cellular maturation in the bone marrow, and a short lifespan.

A model has been proposed how the eosinophil, basophil, and mast cell lineages may be connected developmentally [1]. All three lineages seem to originate from a granulocyte/monocyte precursor population which expresses the transcription factor c/EBP $\alpha$ . If in addition the transcription factor GATA-2 is expressed in these precursor cells, they start to develop into eosinophils. In contrast, when c/EBP $\alpha$  is down-regulated while GATA-2 is upregulated the cells differentiate into a basophil/ mast cell common precursor population that can give rise to basophils by secondary up-regulation of c/EBP $\alpha$  or to mast cells if c/EBP $\alpha$  remains down-regulated.

Mature basophils have a lifespan of about 60 h under steady-state conditions [2]. However, the lifespan can increase during inflammatory conditions. Helminth infections of mice have shown that basophilia results from increased de novo production of basophils in the bone marrow and probably a reduced rate of apoptosis [2]. The main cytokine that stimulates basophil development is IL-3. T cell-derived IL-3 has been shown to play a critical role for mobilization of basophils and for their recruitment to lymph nodes [3, 4]. More recently, it has been shown that another cytokine of the hematopoietin family named thymic stroma-derived lymphopoietin (TSLP) can also induce basophilia in mice [5]. IL-3- and TSLP-elicited basophils express different sets of genes and may acquire different effector functions. Further studies are required to determine whether these populations represent distinct subsets of basophils.

#### 4.2 The Role of Basophils for Differentiation of Th2 Cells

Basophils have been proposed to play a crucial role for Th2 cell differentiation in mice. A spontaneous Th2 bias can be observed in mice with enhanced basophil numbers like interferonresponse factor 2 (IRF2)-deficient [6] or Lyn tyrosine kinase-deficient mice [7]. In vitro cultures have shown that basophil-derived IL-4 promotes Th2 polarization [8]. However, controversial studies were reported with regard to the role of basophils for Th2 polarization in vivo.

Basophils increase in numbers in draining lymph nodes at early time points after allergen administration or helminth infection of mice [9]. They express large amounts of IL-4 and low levels of MHC-II [10]. Antibody-mediated depletion of basophils resulted in poor Th2 development in response to the pro-allergic protease papain [10]. On the other hand depletion of dendritic cells (DCs) by injection of diphtheria toxin in CD11c-DTR mice had no effect. In addition, selective expression of MHC-II on DCs resulted in a poor Th2 response against the helminth Trichuris muris suggesting that DCs are not important as antigen-presenting cells for initiation of Th2 responses at least under some experimental conditions [11]. However, other studies showed that DCs are critical for Th2 polarization. It was observed that DCs and basophils cooperate during induction of Th2 cells in response to papain [12]. Using a model of allergic inflammation of the lung, it was further shown that depletion of basophils with the MAR-1 antibody which binds to FceRI also depletes a subset of DCs. These FccRI+ DCs appeared critical for Th2 polarization in draining lymph nodes [13]. Another study showed that the Th2 response to Schistosoma mansoni eggs required DCs and occurred independently of basophils [14]. We generated a genetically basophilrecently deficient mouse strain (Mcpt8Cre mice) and demonstrated that Th2 polarization in response to papain, alum/OVA, or Nippostrongylus brasiliensis infection occurred independently of basophils [15]. These results were also confirmed by

others with another strain of basophil-deficient mice [16].

Taken together, basophils are potent producers of IL-4 but they appear dispensable for Th2 polarization in most experimental models studied so far. However, it remains possible that basophils promote Th2 polarization under certain conditions especially during memory responses [17].

#### 4.3 Basophils as Mediators of Allergic Responses

Basophils can be found in increased numbers in mucosal tissue of patients suffering from allergic rhinitis [18] or atopic asthma [19, 20]. The effector functions of basophils in allergic airway inflammation include the release of vasodilators like histamine or platelet-activating factor and Th2-associated cytokines like IL-4, IL-5, and IL-13. In contrast to mast cells which dominate the early response, basophils appear more important during the late-phase response [21].

Allergic reactions of the skin are also associated with basophil recruitment and activation. A recent study found that basophils were increased in skin biopsies of patients suffering from atopic dermatitis, urticaria, scabies, prurigo, Henoch-Schonlein purpurea, insect bites, eosinophilic pustular folliculitis, and bullous pemphigoid [22]. At present it remains unclear to what extent basophils contribute to inflammation of allergic skin reactions. Murine models have shown that IgEmediated basophil activation in the skin is essential for a late phase of skin inflammation suggesting that basophils may indeed play a crucial role during the effector phase of allergic responses in the skin [15, 23, 24].

Basophils were also reported to contribute to systemic anaphylactic reactions. In a murine model of anaphylaxis basophils have been shown to release platelet-activating factor (PAF), a potent vasodilator, when stimulated by crosslinking of IgG1 bound to activating Fc gamma receptors on the cell surface [25]. Depletion of basophils with monoclonal antibodies prevented the anaphylactic reaction. However, similar experiments in genetically basophil-deficient mice could not confirm this observation [15]. Furthermore, other cell types like neutrophils or macrophages have also been shown to be important for IgG1-mediated anaphylaxis [26, 27].

#### 4.4 Protective Immunity Against Ticks and Helminths

Ticks of the Ixodid family are ectoparasites that inject their mouth parts through the skin and suck blood from the host. During that process several substances are injected with the tick saliva into the host to avoid blood clotting and inflammation [28]. A study from almost 40 years ago has shown that basophils accumulate in the skin of guinea pigs infested with tick larvae [29]. It was further shown that injection of a basophil-depleting antiserum resulted in loss of resistance against secondary tick infestation [30]. However, it remained unclear whether basophils directly contribute to tick resistance. A recent report demonstrated that depletion of basophils by injection of diphtheria toxin in mice which express the diphtheria toxin receptor exclusively on basophils results in diminished resistance against the tick Haemaphysalis longicornis [23]. The authors further observed that mast cells are also required for tick resistance. However, expression of activating Fc receptors was required on basophils and not on mast cells. Whether basophils are involved in limiting dissemination of tick-transmitted pathogens remains to be determined.

Helminths are parasitic worms and comprise a very diverse spectrum of organisms that are generally well adapted to their hosts and can often persist for months to years. Gastrointestinal helminths are transmitted by the oral route or by penetration of larvae through the skin. They induce a type 2 immune response characterized by Th2 polarization, eosinophilia, and high serum IgE levels. Mast cells and basophils are also mobilized and can increase in numbers in infected tissues. The role of basophils for protective immunity against gastrointestinal helminths can be studied in mouse models. Studies with genetically basophil-deficient Mcpt8Cre mice revealed that basophils are not required for worm expulsion during primary infection with Nippostrongylus brasiliensis [15]. Th2 polarization, eosinophilia, and serum IgE levels were also not affected by the absence of basophils. However, protection against secondary infection was compromised in basophil-deficient mice [15]. Basophils were also reported to contribute to expulsion of Trichuris muris, a gastrointestinal helminth that mainly populates the large intestine [5]. The protective function of basophils is probably dependent on helminth-specific antibodies that can bind to activating Fc receptors on basophils and thereby mediate activation of basophils upon antigen encounter. Further studies are required to unravel the mode(s) of basophil activation and their effector functions against helminths.

#### 4.5 Conclusion

Based on murine models basophils appear important for protective immunity against ticks and helminths. On the other hand they mediate chronic inflammatory skin reactions. The proposed role of basophils as critical Th2-polarizing antigen-presenting cells could not be confirmed with genetically basophil-deficient mice. A better understanding of basophil biology will hopefully lead to improved treatments of allergic skin reactions and development of vaccines against helminths. Unfortunately, most of our current knowledge about basophil in vivo functions is based on murine models. Whether the results can be translated to the human immune system remains to be determined.

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## **Crosstalk Between Adaptive** and Innate Immune Cells Leads to High Quality Immune Protection at the Mucosal Borders

#### Hilde Cheroutre and Yujun Huang

#### Abstract

Mucosal effector memory CD8 T cells are located at the epithelium and have a heightened and immediate effector function. By contrast, central memory T cells reside within lymphoid tissues and require proliferation and differentiation to become effector cells that migrate to epithelial surfaces. The accumulation of effector memory T cells at the pathogen entry site(s) is essential for protective immunity, but the mechanisms that drive the differentiation of memory cell subsets are poorly understood. We recently showed that CD8aa, induced selectively on the most highly activated primary CD8\alpha\beta T cells, together with its ligand, the thymic leukemia (TL) antigen, induced on mucosal antigen-presenting cells and constitutively expressed on intestinal epithelial cells (IEC), serve as key components to mediate the selective accumulation of the fittest effector cells to form mucosal effector memory T cells. Therefore, the generation of mucosal effector memory is controlled by an innate-adaptive crosstalk that provides for host defense at the body's largest interface.

#### **Keywords**

Protective immunity • Effector memory CD8 T cells • Central memory CD8 T cells • TCR affinity • CD8αα • Thymic leukemia antigen TL • Mucosal dendritic cells • Mucosal epithelium

> Introduction 5.1

The intestine forms the largest entry port for invading pathogens. Many pathogens infect the host through the expanded epithelium of the intestine. Effective immune memory cells residing at this local mucosal site are of great importance for the initial containment and early control of pathogen infection and re-infection [1-3].

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#### 5.2 Effector and Central Memory T Cells Form Distinct Subsets

Memory T cells can be broadly separated into central memory  $(T_{CM})$  and effector memory  $(T_{EM})$ cells. T<sub>CM</sub> express CCR7/CD62L and re-circulate through lymphoid tissues. T<sub>EM</sub> lack CCR7/CD62L and preferentially home to non-lymphoid tissues such as the intestine epithelium and skin [1-5].  $T_{\rm CM}$  are characterized by their ability to proliferate robustly and further differentiate into effector cells upon a secondary stimulation [5], whereas  $T_{_{FM}}$  are already fully differentiated effector cells which do not expand much but instead display immediate cytotoxicity and produce functional cytokines upon a secondary challenge [2, 6]. Thus, the efficacy of  $T_{CM}$  is based on the quantity of memory cells and the efficacy of  $T_{\rm EM}$  is based on the quality of memory cells. Immediate responses from local T<sub>EM</sub> cells may not be sufficient to provide sterilizing protection, but they can efficiently control the local infection and delay or even prevent the onset of disease, as well as reduce the potential for secondary transmission. Although  $T_{CM}$  are thought of as superior memory cells compared to the  $T_{FM}$ , most of the data that support this view are based on biased approaches that focus on  $T_{CM}$  characteristics and functions, which often bypass or overlook the contribution of T<sub>EM</sub>. Nevertheless, the unique characteristics of quality-based T<sub>EM</sub> allow them to rapidly sense the presence of invading pathogens at the mucosal borders and respond immediately, thus preventing the initial infection and/or systemic spreading of the pathogen. The quantity-based  $T_{CM}$  on the other hand provide a massive defense once the multiplying pathogens break through the  $T_{_{\rm FM}}$  frontline defense or when an infection occurs systemically.

#### 5.3 An Innate-Adaptive Crosstalk Drives the Selective Accumulation of Mucosal T<sub>FM</sub>

The process that drives the specific development and accumulation of  $T_{EM}$  at mucosal sites remains poorly defined. Nevertheless, understanding how

to induce preexisting  $T_{EM}$  cells at the mucosal interface of the intestine has significant implications for the development of effective vaccines to protect against pathogens that invade via the mucosal interfaces, such as HIV.

Currently much of the knowledge on vaccineinduced T cell-mediated protective immunity has been generated using immunization protocols and analyses that focus on, and favor  $T_{CM}$  in lymphoid tissues, which therefore unavoidably miss the specific requirements critical for tissue-resident T<sub>EM</sub>. Using an oral infection model with Listeria monocytogenes (LM), in which bacteria enter the host through the mucosal barrier of the intestine, we investigated the requirements for T<sub>EM</sub> generation at the intestine epithelium [7]. Typically, conventional CD8 $\alpha\beta^+$  intraepithelial lymphocytes (IEL) have a T<sub>EM</sub> phenotype and co-express CD8aa homodimers together with CD8aB heterodimers [1]. In our recent study [7], we showed that CD8aa, induced on the most optimally activated primary CD8 $\alpha\beta^+$  effector T cells, together with its high affinity ligand, the thymus leukemia antigen (TL), a non-classical MHC class I-like molecule induced on dendritic cells (DC) and constitutively expressed on intestinal epithelial cells (IEC), selectively control the survival of high affinity memory precursor cells and mucosal  $T_{\rm FM}$ , respectively.

#### 5.3.1 Activation-Induced CD8αα Rescues CD8αβ Primary Effector T Cells from AICD

Whereas naïve CD8 $\alpha\beta^+$  T cell do not express CD8 $\alpha\alpha$  homodimers, they are readily and transiently induced upon antigen stimulation [7]. The induction of CD8 $\alpha\alpha$  is directly controlled by the TCR signal strength and the stronger the signal, the higher the level of CD8 $\alpha\alpha$  induction on primary CD8 $\alpha\beta^+$  effector cells [7]. Consequently, high CD8 $\alpha\alpha$  expression on primed CD8 $\alpha\beta^+$  T cells marks those effector cells with the highest affinity/avidity. The induction of CD8 $\alpha\alpha$  is controlled by an enhancer (E8<sub>1</sub>) located in the CD8 $\alpha$ promoter [8] and high avidity/affinity E8<sub>1</sub><sup>-/-</sup> CD8 $\alpha\beta$ T cells with a deletion of the E8<sub>1</sub> enhancer fail to induce CD8 $\alpha\alpha$  upon activation [7, 9]. Similar to our previous findings using the lymphocytic choriomeningitis virus (LCMV) system [9], also in response to an oral LM infection, antigen-specific  $\text{E8}_1^{-/-}$  CD8 $\alpha\beta^+$  T cells did not survive as memory cells in the spleen or the intestine [7]. These observations support the notion that activation-induced CD8 $\alpha\alpha$  is required for the rescue of activation-induced cell death (AICD) of high affinity CD8 $\alpha\beta^+$  memory precursor cells [9].

#### 5.3.2 Activation-Induced CD8αα Rescues CD8αβ Primary Effector T Cells from TICD

The marked presence of CD8αα-expressing  $CD8\alpha\beta^+$  T cells at the mucosal interface of the intestine suggested that there must be a mechanism in place that drives the selective accumulation of high affinity/avidity  $T_{FM}$  at this mucosal border. Because of the high affinity interaction between CD8aa and its ligand TL, induced on the priming mesenteric lymph node (MLN) CCR7<sup>+</sup>/CD103<sup>+</sup> migratory DC [7], and constitutively expressed on the IEC in close proximity of the CD8 $\alpha\alpha^+$  IEL [10, 11], we postulated that a crosstalk between the T cells and the innate immune cells (DC and IEC) initiated by this receptor-ligand pair, CD8aa-TL, might be involved in the selective accumulation of the  $CD8\alpha\alpha^{+}$  (high affinity/avidity) effector cells at the mucosal interface. Surprisingly, however, in contrast to the absolute requirement for CD8aa expression, we found that, in TL-/- animals, CD8 $\alpha\beta^+$  memory cells persist at an increased frequency, indicating a negative role of TL for the survival of activated CD8 $\alpha\beta^+$  T cells [7]. Consistent with this, in TL-transgenic (TL-Tg) mice, forced expression of a TL transgene driven by an MHC class I promoter interfered with the survival of activated CD8 $\alpha\beta^+$  T cells and completely prevented the formation of CD8 $\alpha\beta^+$  memory cells in the intestine as well as in the lymphoid tissues. The TL-induced cell death (TICD) of activated CD8 $\alpha\beta^+$  T cells also occurred using  $E8_{T}^{-/-}CD8\alpha\beta^{+}T$  cells, indicating that TICD is the result of TL interaction with CD8 $\alpha\beta$  [7]. The selective survival of CD8 $\alpha\alpha$ -expressing CD8 $\alpha\beta^+$ T cells primed by TL-expressing migratory DC indicated that this adaptive-innate crosstalk drove the rescue of high affinity/avidity CD8 $\alpha\beta^+$  primary effector cells that home to the intestine.

#### 5.3.3 Activation-Induced CD8αα Rescues CD8αβ Secondary Effector T Cells from TICD

TL constitutively expressed on the IEC in the intestine forms a second checkpoint and eliminates weak secondary effector cells, which escaped TICD during their initial priming by TL negative peripheral antigen-presenting cells (APC). In support of this, we showed that adoptive transfer of sorted CD8 $\alpha \alpha^{-/low}$  or CD8 $\alpha \alpha^{high}$ effector cells primed in vitro in the absence of TL to either WT or TL-/- hosts resulted in the accumulation of CD8 $\alpha\alpha^{high}$  but not CD8 $\alpha\alpha^{-/low}$ derived T<sub>EM</sub> in the TL-expressing intestine epithe lium of the WT mice, whereas both  $CD8\alpha\alpha^{high}$ and CD8 $\alpha \alpha^{-/low}$  effector cells survived as T<sub>EM</sub> in the intestine of TL<sup>-/-</sup> recipient mice [7]. This suggested that, in addition to the crosstalk between the primary T cells and the APC, TL expressed on gut epithelial cells forms a second checkpoint to selectively eliminate effector cells with weak affinity/avidity for the antigen and prevent them from accumulating as T<sub>EM</sub> at the mucosal borders. Consistent with this, we also showed, using altered peptide ligands (APLs) with varied affinities, that priming with low affinity peptides led to memory cells in the lymphoid tissues, but not to the accumulation of T<sub>EM</sub> in the intestine [7].

#### 5.4 Conclusion

The activation marker CD8 $\alpha\alpha$ , induced on high affinity/avidity effector CD8 $\alpha\beta^+$  T cells together with TL, induced on APC and constitutively expressed on the intestinal epithelium, establish an adaptive-innate crosstalk, which prevents weak primary and secondary effector cells from accumulating at the mucosal interface. This selective process also preserves the most sensitive effector cells, which are able to respond rapidly and resist the initial infection and consequently also prevent excessive and potentially damaging inflammatory immune responses.

#### 5.5 Future Prospective

Our data demonstrate that an affinity/aviditybased selective crosstalk between innate and adaptive immune cells is essential for the generation and preservation of memory T cells that form the critical first line of defense at mucosal interfaces. These new findings define a fundamental new concept for our understanding of immune memory and for the design of strategies to induce effective vaccine-induced immunity. It is evident from recent advances, including our study here and other published data [4, 7, 12, 13], that in order to generate successful vaccines, it is important to mirror the endogenous immune responses and adapt the design based on the nature of pathogens and the route of infection. For example, most infections, including HIV and SIV infections, are acquired across mucosal barriers, and several studies have demonstrated that local CD8<sup>+</sup> CTL responses play a crucial role in the initial containment and early control of pathogen replication [14-18]. Therefore, for successful vaccination-induced preexisting protective immunity, it is of utmost importance to induce a local and highly sensitive and effective CD8+  $T_{EM}$  layer in addition to  $T_{CM}$  cells that reside in lymphoid tissues. Based on our findings, this would imply that for strategies, which aim to induce protective immunity at mucosal sites, it is important to screen for vaccines, which mediate strong induction of CD8aa during the initial immunization. This will warrant the selective accumulation of high affinity/avidity mucosal  $\rm T_{_{FM}}$  that can sense low doses of the pathogen and respond rapidly and with enhanced efficacy to provide effective protection against pathogens that invade via the largest yet most vulnerable interfaces of the body.

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## The Interaction Between Filarial Parasites and Human Monocyte/ Macrophage Populations

6

### Roshanak Tolouei Semnani

#### Abstract

Lymphatic filariasis is a mafor tropical disease affecting approximately 120 million people worldwide. Patent infection, by and large, is clinically asymptomatic but is associated with the inability of T cells to proliferate or produce IFN- $\gamma$  in response to parasite antigen. Monocyte dysfunction is one hypothesis felt to explain the lack of an antigen-specific T cell response. In fact, monocytes from filaria-infected individuals have been shown to be studded with internalized filarial antigens. Understanding how the phenotype and the function of these monocytes are altered through the internalization of these parasite antigens is one of the areas our laboratory has focused on. In fact, the existence and/or function of alternatively activated macrophages in murine models of filarial infections have been extensively studied. Whether this population of macrophages can be induced in human filarial infections is the main focus of this review.

#### Keywords

Human • Alternatively activated macrophages • Filarial parasites • Monocytes • Lymphatic filariasis

#### 6.1 Background

#### 6.1.1 Lymphatic Filariasis

Lymphatic filariasis, a mosquito-borne disease and a major cause of morbidity in tropical and subtropical regions of the world, is caused by infection with *Wuchereria bancrofti*, *Brugia malayi*, or *Brugia timori* and affects over 120 million people worldwide with nearly 1.39 billion people at risk of developing the disease [1].

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Lymphatic filariasis is considered one of the most immunologically complex infections for variety of reasons. For example, the life cycle of the parasite causing this disease in humans is complicated and involves two hosts (mosquito and human), with multiple stages of the parasite inducing different immune responses. In addition, there are several clinical manifestations of the disease varying from one endemic area to another with different immunologic criteria (reviewed in [2]). The infection is initiated in humans by mosquito-derived third-stage larvae (L3) deposited in the skin-itself an immunologic organ-containing Langerhans' cells (LC) and keratinocytes, among other cells. The larvae enter the body through the skin, where the parasites evade the primary line of defense. The parasites then undergo a molt to the fourth larval stage (L4) and then mature into lymphatic tissuedwelling adult male and female worms; a process that takes about 3-12 months. Adult females, after copulation, release progeny microfilariae (mf); a stage believed to be associated with many of the systemic immunologic defects associated with chronic lymphatic filarial infection. Mf released in the lymphatics can travel through the circulation and be picked up by a mosquito at its next blood meal, with the cycle being completed from mf to L3 in the mosquito host. Through this route of travel from skin to lymphatics and lymph nodes (LNs) and finally to the systemic circulation, the various parasite stages interact with different types of antigen-presenting cells (APCs), likely to induce distinct responses.

Patent infection, in large part, is clinically asymptomatic but immunologically associated with the inability of T cells to proliferate or produce IFN- $\gamma$  in response to parasite antigen [3]. This lack of T cell responsiveness has been shown to be primarily linked to the mf stage of the parasite found in circulation [4]. Of many hypotheses proposed to explain this lack of antigen-specific T cell response [5–9], dysregulation of professional APCs-dendritic cells (DCs), macrophages (M $\Phi$ s), and monocytes (M $\phi$ s)—has been of interest to our lab. Indeed, because the initiation of infection occurs through the skin and likely conditions the subsequent immune

responses, understanding the interaction between filarial L3s and APCs in the skin has been of great importance to us. To that end, we have shown that filarial L3 not only fails to fully activate the human epidermal LCs but, in fact, suppresses the expression of genes involved in antigen presentation and processing, as well as impairing the function of these cells – a mechanism used by the parasites to evade the immune response. Perhaps through this evasion of the first line of defense, the worm can successfully develop to other stages of its life cycle and finally to mf stage, which can encounter other APCs in circulation. The mechanisms underlying the antigen uptake, processing, and presentation of filarial parasites by other APCs such as DCs have not been well studied. While we know that human M $\phi$ -derived DCs are capable of filarial antigen uptake, how these soluble products are recognized and processed is not fully understood. We have shown that live mf of B. malayi induce an apoptotic cell death in human M $\phi$ -derived DCs but not in the precursor M $\phi$ s. Furthermore, this apoptotic cell death was shown to be dependent on tumor necrosis factor alpha (TNF- $\alpha$ ) and TRAIL pathways [10]. Live mf also downregulate Toll-like receptors (TLR) expression and signaling [11], resulting in an impaired function of these cells, perhaps contributing to the T cell hyporesponsiveness observed in microfilaremic individuals.

How mf regulates the function of  $M\phi/M\Phi$ populations and what role these cells play in filarial infection are the focus of this review.

#### 6.1.2 Macrophages and Their Role in Inflammation

M $\phi$ s are derived from CD34<sup>+</sup> myeloid progenitor cells in the bone marrow, circulated in the blood, and then entered the peripheral tissues, where they mature to M $\Phi$ s [12, 13], a heterogeneous population of cells that play a critical role in the primary response to intracellular organisms [14].

 $M\Phi s$  play a key role in inflammation. During onset of the inflammatory process, they become activated, resulting in induction of several genes that, in turn, can lead to the increased ability of these cells to destroy intracellular organisms as well as to regulate other cells to produce cytokines and chemokines important for this destruction. It is in this process that  $M\Phi s$  produce reactive oxygen species, nitric oxide (NO), and proinflammatory cytokines such as TNF- $\alpha$ , interleukin-1 beta (IL-1 $\beta$ ), and IL-6 (reviewed in [15]). The duration of this proinflammatory phase is closely related to the balance between the ability of the microorganism to survive and the capacity of M $\Phi$ s to destroy (reviewed in [15]); however, an unbalanced proinflammatory activation of MOs can result in inappropriate inflammation leading to tissue damage. The antiinflammatory phase of M $\Phi$ s thus has evolved to control the excess activation, leading to deactivation of these cells and finally resulting in resolution of inflammation.

While Th1 cytokines such as IFN- $\gamma$  can induce proinflammatory activities in MΦs, agents such as IL-4 or glucocorticoids were shown to inhibit expression of proinflammatory cytokines by these cells. Furthermore, while M $\Phi$ s generally are considered to be phagocytic cells with the ability to engulf unicellular pathogens such as bacteria and protozoa, it is now clear that they can also develop into an alternative, non-phagocytic phenotype [15, 16]. Indeed, initial studies in murine models showed that in vitro treatment of MΦs with a Th2-associated cytokine such as IL-4 resulted in increased expression of mannose receptor or CD206, cellular responses associated with collagen deposition, and reduced antimicrobial iNOs production [17].

In vitro, at least two major M $\Phi$  populations have been characterized: IFN- $\gamma$ -induced type I M $\Phi$ s—known as classically activated M $\Phi$ s (CAM $\Phi$ s) [18]—with a proinflammatory profile and Th2-induced M $\Phi$ s—known as type II or alternatively activated M $\Phi$ s (AAM $\Phi$ s)—which have both anti-inflammatory activities and tissue-repair function [17]. These two M $\Phi$  populations have discrete differences in the pathways associated with L-arginine metabolism. CAM $\Phi$ s produce NO through iNOS upregulation [19], and AAM $\Phi$ s produce ornithine and urea through the action of arginase 1 (ARG-1) [20]. Typically, there is reciprocal regulation of these two pathways, as induction of arginase is associated with suppression of iNOS and vice versa [21]. AAM $\Phi$ s have been implicated in responses to helminth infection and in wound repair [22], whereas CAM $\Phi$ s have antimicrobial and cytotoxic functions. This review focuses on the role of AAM $\Phi$ s in helminth infection, particularly in filarial infection.

#### 6.2 Induction of AAM $\Phi$ s in Filarial Infections

#### 6.2.1 Animal Models

The concept of alternative activation was originally introduced by Simon Gordon and colleagues in the early 1990s mainly to describe the in vitro response of M $\Phi$ s to Th2 cytokines such as IL-4 and IL-13 [16, 23], and the requirement for both of these cytokines was subsequently confirmed in vivo using knockout mice [17, 24-26]. A molecular signature for AAM $\Phi$ s, which is defined as an IL-4/IL-13-dependent pathway, is represented by three most abundant gene products: YM1, RELMa, and ARG-1. The important aspect of AAM $\Phi$  biology has been shown in a range of nematode infection models involving gastrointestinal nematodes along with filarial nematodes such as B. malayi (reviewed in [27, 28]). Studies using animal models have suggested that filarial parasites are indeed potent inducers of IL-4 and IL-13 [17]. In fact, the concept of AAM $\Phi$ s being a feature of helminth infection originally came from studies of B. malayi and Schistosoma mansoni [24, 25]. Interestingly, while ARG-1 expression in M $\Phi$ s was shown to be IL-4 dependent in both of the in vivo studies, the novel IL-4dependent genes such as Ym1 and RELMa/ FIZZ1 were shown to be induced by *B. malayi*, as was later confirmed to be the case by other helminth parasites [25]. These researchers showed that if mice are surgically implanted with adult worms of *B. malayi*, the peritoneal exudate cell population in these animals is dominated by  $M\Phi s$ that display IL-4-dependent features; however, these M $\Phi$ s were found to be responsive to inflammatory stimuli such as LPS and IFN-y, and following activation with LPS/IFN-y were able to effectively control infection with Leishmania *mexicana*. Of interest, these M $\Phi$ s were able to suppress proliferation and were not able to upregulate IL-12 production [29]. Furthermore, this nematode recruited MΦs when used as APCs in vitro shown to prevent proliferation of a T cell clone with no effect on their cytokine production. Interestingly, this antiproliferative effect was not antigen specific [30, 31] but required IL-4 [32]. While the phagocytic ability of these nematodeelicited M $\Phi$ s has not been fully understood, the effect of IL-4 treatment on the phagocytic ability of MΦs in general has been studied, revealing some controversy on the issue [33–35]. Indeed, there are reports indicating evidence both for an increase in the phagocytic ability of MΦs for protozoan parasites due to IL-4 [36] and for an impaired phagocytic function of AAMΦs for Neisseria meningitis [37].

#### 6.2.2 Humans

A mafor difficulty in the field has been how to translate our understanding of murine AAM $\Phi$  to humans, e.g., some mouse-defined AAM $\Phi$  markers are not present in the human genome. Furthermore, because it is not feasible to access the relevant tissue in humans, the majority of work has focused on differentiating blood Mos to  $M\Phi s$  with MCSF and then polarizing them to AAMΦs or CAMΦs with either IL-4 or LPS, respectively. In fact, transcriptional profiling of these polarized MΦs with IL-4 has shown some similarities to murine AAM $\Phi$ s, with many differences as well [38] (Table 6.1). For example, it has been shown that while both IL-4 and IL-13 [20, 39] induce expression of the mannose receptor and  $M\Phi$  galactose-type C-type lectin in human  $M\phi$ s and M $\phi$ -derived M $\Phi$ s, these cytokines fail to induce ARG-1, which is commonly a hallmark of murine AAM $\Phi$ s [19]. Whether human M $\Phi$ s are capable of inducing ARG-1 is a controversial topic in the field. Indeed, ARG-1 can be induced by IL-4 in human M $\Phi$  cell lines but not in alveolar M $\Phi$ s of healthy volunteers [40]; however, combining IL-4 with agents to induce cAMP levels **Table 6.1** Characteristics of alternatively activated macrophages

	Murine	Human
Gene expression		
Arginase-1	++++	_/?
YM1	++++	_
Fizz1	++++	_
iNOS	-	_
CCL2	++++	_
CCL7	++++	-
CCL13	_	++++
CCL15	_	++++
CCL18	-	++++
CCL26	_	++++
Fizz3	_	+/?
CD209	-	++++
CCL17	++++	++++
CCL22	++++	++++
CD206 (mannose receptor)	++++	++++
E-cad	++++	++++
CD301 (C-lectin family)	++++	++++
PDL1	++++	+++/?
PDL2	++++	+++/?
Stat6	++++	++++
MGL1	++++	++++
Function		
Ability to phagocytose	Diminished	?
Ability to promote T cell proliferation	Diminished	?

can induce arginase activity in human AMMΦs. In our laboratory, culturing primary human Mφs with IL-4 for either 48 h or differentiating the cells with MCSF for 7 days and then polarizing them with IL-4 for 48 h did not alter the mRNA or activity of arginase (data not shown). Even manipulation with cAMP agonists such as forskolin in combination with IL-4 did not induce arginase activity (Barron et al., personal communication). Indeed, the explanation for these discrepancies between mouse and man could be due to limitation of this enzyme in humans or to not having access to the relevant tissues.

In humans, similar to mice, AAMΦs express mannose receptor CD206 and chemokines such as CCL17 and CCL22. Unlike the murine system, in humans the expression of DC-SIGN (CD209), CCL18, and CCL26 can be used to identify AAM $\Phi$ s [41]. Furthermore, we have done extensive in vitro studies showing that  $M\phi s$ need not be differentiated prior to polarization with IL-4. In fact, short-term exposure of  $M\phi s$  to IL-4 is sufficient to induce the AAM $\Phi$  phenotype in human cells [42]. In addition, the mf stage of B. malayi or soluble factors from mf induce a programmed response very similar to that induced by IL-4, resulting in upregulation of MRC1 or CD206, CCL15, CCL17, CCL18, CCL22, CD273, and CD274. Association of CCL17, CCL18, and CCL22 with the alternative activation phenotype has been observed in alveolar  $M\Phi s$  in patients with lung fibrosis [43]. Furthermore, both IL-4- and mf-exposed Møs had significantly lower ability to phagocytose opsonized Escherichia coli bioparticles as compared to MCSF-treated M $\phi$ s [42], suggesting that in humans, the phagocytic ability of AAM $\Phi$ s is different from that of CAMΦs. While mf exhibited similarities to IL-4 in inducing an alternative activation phenotype in human M $\phi$ s, there are major differences, as well. One important difference between IL-4- and mf-induced effects on human Møs was in expression of IDO, as mf upregulated and IL-4 downregulated IDO expression [42]. IDO expression is regulated and induced by cytokines such as IFN-y, type I interferons, and IL-10 and is an important immunosuppressive factor for Th1-mediated immune responses [44]. The implications of this difference-and how this mf-positive regulation of IDO plays a role in human T cell function-are areas that our laboratory is investigating.

Another difference between IL-4- and mfexposed M\u00f6s was upregulation of RETN, which was significantly induced by mf but not IL-4 [42]. RETN is homologous to mouse resistin-like genes that have been seen as markers for murine AAM\u0045s [45]. This gene was also upregulated in M\u00f6s from filaria-infected individuals, with higher expression than in uninfected individuals.

We also found that while exposure of M $\phi$ s to IL-4 diminished the ability of these cells to promote CD4 and CD8 T cell proliferation in vitro and in response to anti-CD3 activation, exposure to mf did not cause these effects—further evidence of the different effects of mf and IL-4 on M $\phi$ s [42].

Given that AMM $\Phi$ s are important in immunity against extracellular pathogens and that CAM $\Phi$ s are important primarily in immunity against intracellular pathogens, one must wonder whether they have different TLR profiles. We have shown that IL-4 downregulates mRNA expression of some TLRs such as TLR2, TLR3, TLR5, TLR7, and TLR8, and also downregulates their response to the TLR2 ligand [42]. This could be explained by the fact that different APCs may have different responses to the same pathogen [46], a finding that can explain differing expression/function of TLRs. In fact, there are data suggesting that human alveolar Møs as well as lung interstitial M $\Phi$ s vary in their response to TLR4 and TLR9 agonists, with one inducing more proinflammatory cytokines and the other more regulatory cytokines [47]. Furthermore, alveolar M $\Phi$ s and circulating Mos from the same individuals have differences in TLR2 expression and function [48]. While mf contact does not change the TLR profile in M $\phi$ s, soluble factors from this parasite, similar to IL-4, downregulate the mRNA expression of some of the TLRs [42].

#### 6.3 Implications in Clinical Settings

The existence and/or function of AAMΦs in human filarial infections has not been fully explored. In fact, we know that Mos from filariainfected individuals are laden with filarial antigen, exhibit diminished expression of genes involved in antigen presentation and processing, and produce fewer proinflammatory cytokines in response to surface receptor crosslinking [49]. In addition, Mos from filaria-infected individuals have a lower expression of TLRs, leading to diminished cytokine production in response to TLR engagement [50]. Data from our laboratory suggest that M\u00f6s from individuals with patent human filaria exhibit a phenotype associated with alternative activation with a higher basal mRNA expression of ARG-1 and lower basal mRNA expression of NOS2 compared with filaria-uninfected individuals from the same endemic region [51]. Furthermore, CD206 and CCL18 were shown to be upregulated in patients with filarial infection compared with levels in uninfected individuals [51]. Perhaps the fact that these individuals are chronically infected and that the M $\phi$ s of these individuals are studded with internalized filarial antigens may explain the difference we see in the mRNA expression of ARG1 in infected individuals but not in vitro differentiated M $\phi$ s.

One important question is how best to define induction of AAM $\Phi$ s in the context of a Th2 environment caused by helminth parasites in humans. As it is not feasible to access tissue M $\Phi$ s from filaria-infected individuals, the most logical alternative is to isolate circulating M $\phi$ s and examine the phenotype and function of these cells and assess their similarity to the AAM $\Phi$  population described in vitro or in tissue M $\Phi$ s. The caveat, however, still remains as to whether these parasite-exposed M $\phi$ s in circulation are indeed similar to the tissue M $\Phi$ s in mf individuals.

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# Innate-Like B Cells and Their Rules of Engagement

Nicole Baumgarth

#### Abstract

Antibodies are an integral part of the immune system. They are produced in response to an infection or insult but are also present prior to any encounter with antigen as so-called natural antibodies. This review focuses on the tissues and cellular origins of natural antibodies. It summarizes recent data showing that B-1 cells, an innate-like B cell population distinct in development, repertoire, and tissue location from the majority conventional or B-2 cells, are the main contributors of natural antibodies in mice in steady state. Furthermore, they show that natural IgM production appears largely confined to B-1 cell populations in the spleen and bone marrow. In contrast, B-1 cells in the body cavities, sites of predominance of this population, harbor B-1 cells that do not constitutively produce antibodies. Instead, these cells act as rapid immune responders that relocate to secondary lymphoid tissues and differentiate to cytokine and antibodysecreting cells shortly after an infection. Thus, the process of B-1 cell response participation is distinct from that of B-2 cell activation as the accumulation of effector B-1 cells does not rely on extensive clonal expansion, but instead on their rapid migration and redistribution, a process that appears under the control of infection-induced innate signals.

#### Keywords

Antibody secretion • B-1 cells • Body cavities • Natural IgM • Innate-like responses

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#### 7.1 Introduction

The immune system is an exquisite and rapid response system. Specific antibody production is induced rapidly, sometimes in less than 2–3 days following encounter with a pathogen or a noxious agent. These antibodies are generated after

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conventional bone marrow-derived B cells have bound to pathogen-derived antigens via surface antigen receptor (B cell receptor, BCR), which induces their clonal expansion and differentiation to antibody-secreting plasma blasts and plasma cells. These activation and differentiation pathways are increasingly well mapped (reviewed in [1]). They often involve interaction of the responding B cells with antigen-presenting cells and CD4 T helper cells and occur in specialized secondary lymphoid tissues optimized to enhance potential interaction with these cells [2]. Induction of these adaptive immune responses also leads to long-term changes of the humoral immune system, causing the development of memory B cells and long-lived plasma cells. The latter produce specific antibodies continuously for years, if not decades, after that initial insult.

While conventional B cells do not generate antibodies unless stimulated, serum antibodies and antibody-forming cells are readily found prior to encounter with pathogens, and even in gnotobiotic mice held in the complete absence of antigens [3–5]. In fact, much of the circulating IgM serum antibodies are "natural antibodies." These antibodies do not require foreign antigenic stimulation and thus the signaling and differentiation pathways that induce natural antibody production must be distinct from those inducing antigenspecific B cell responses. Little is known about the regulation of natural antibodies and natural antibody-secreting cells. Identification of these processes is of significance, however, as natural antibodies provide crucial immune protection against both viral and bacterial pathogens [6–9].

Here I will provide a summary of recent data from our group and others that show that B-1 cells, a cell population distinct in development, repertoire, and tissue location, are the main contributors of natural antibodies in mice in steady state and that natural IgM production appears confined largely to B-1 cell populations in the spleen and bone marrow. In response to influenza virus infection, antibody-producing B-1 cells are activated and effector cells redistribute without extensive clonal expansion to secondary lymphoid tissues, a process that seems controlled by innate-like signals.

## 7.2 B Cells and Their Contribution to the Antibody Pools

Based on developmental origins, B cells can be divided into two lineages: B-1 and B-2. B-1 cells appear first in ontogeny, hence their name B-1, and are derived from distinct precursors found in the splanchnopleura of developing embryos, the fetal liver, and the bone marrow. The latter precursors do not contribute significantly to B-1 cell pools during adulthood, unless stimulated as occurs during severe lymphopenia, such as after sublethal or lethal whole-body irradiation (reviewed in [10]). This reactivation of B-1 cell development after irradiation has contributed to the earlier debates about the origins of B-1 cells. However, the recent studies by Montecino-Rodriguez and colleagues [11, 12], showing distinct origins and developmental periods of B-1 and B-2 cell development, are consistent with many of the early data on B-1 cells that suggested a restricted developmental period for B-1 cells in mice that spans the early fetal life until 3-6 weeks after birth. Furthermore, the isolation of precursors with B-1 cell-restricted potential clearly supports the different lineage origins for B-1 and B-2 cells.

Bone marrow B-2 cell precursors give rise to both follicular B cells and marginal zone B cell populations. Follicular B cells are the main populations responding to antigen exposure with formation of germinal centers and thus long-lived responses. They are the majority B cell population in the host and are predominant in all major lymphoid tissues. Marginal zone B cells in the mouse are restricted to the splenic marginal zone, while their counterparts in humans appear to be found also circulating in the blood. MZ B cells respond rapidly to blood-borne infections with formation of extrafollicular foci, which harbor short-lived plasma cells. While MZ B cells can also participate in germinal center responses, their contributions to these centers appear to be small and to occur only late after immunization [13].

B-1 cells (previously known as Ly-1 B cells or CD5<sup>+</sup> B cells) are divided into two subsets, B-1a and B-1b, based on their expression of CD5. CD5<sup>+</sup> B-1a cells and CD5<sup>-</sup> B-1b cells seem to

share developmental precursors. Apart from the differential expression of CD5 they are phenotypically similar, and clear functional differences are also not apparent. They do seem to differ, however, in the type of antigen or infectious agent they respond to. For example, in mouse models of Streptococcus pneumonia, B-1a and B-1b cells seem to recognize and respond to distinct antigens on the bacteria [14]. During infections with the relapsing fever agent, Borrelia hermsii, B-1b but not B-1a cells contribute to IgM-mediated humoral immunity during recall responses [15], while in influenza virus infection only B-1a cells respond to the infection with redistribution to local draining lymph nodes and IgM production [16].

B-1 cells are rare in secondary lymph nodes (about 0.2–0.3%), and represent only about 1% of splenic B cells. They are, however, the major B cell population in the peritoneal and pleural cavities (reviewed in [17]). Depending on the strain, age, and sex of the mouse, B-1 cells comprise 30–60% of total lymphocytes at these sites. Due to their unique tissue-distribution and low frequencies in other tissues, most information about B-1 cells is based on studies with peritoneal cavity (PerC) B-1 cells. However, as we will outline below, differences exist between body cavity and spleen B-1 cells, which remain to be fully evaluated.

The distribution of B-1 cells is unusual and distinct from that of B-2 cells and suggests significant functional differences between B-1 and B-2 cells. Indeed, studies with chimeric mice, created by treating newborn mice with hostallotype-specific IgM to deplete host B-1 cells and reconstituting them with congenic but allotype-mismatched B-1 cells, demonstrated that B-1 cells are the major source of natural IgM in the serum of noninfected mice [8, 18] and in the mucosal tissues of the intestinal [19] and the respiratory tract [16]. Thus, B-1 cells appear to be uniquely positioned to produce antibodies in the absence of foreign antigenic signals. Understanding the biology and physiology of their responses and the regulation of their antibody production is thus likely to uncover also the regulation of natural antibody production.

#### 7.3 Role and Function of Natural Antibodies

Natural antibodies are important in host defense. Numerous studies showed that following infections with both viral and bacterial pathogens, preexisting IgM antibodies directly neutralize and inhibit early pathogen replication, in part via complement binding, and thereby increase survival from infection [6, 9, 20–23]. With mice lacking secreted IgM, it was shown that the presence of natural IgM enhances the ensuing pathogen-specific IgG responses [21, 24], possibly via the formation of antibody-antigen complexes for their deposition on follicular dendritic cells [21, 25], although other mechanisms are likely [25]. Analogous "natural" poly-specific IgA antibodies exist at mucosal surfaces, where they might act as a first layer of immune defense [19, 26]. Thus, natural antibodies constitute an important component of preexisting protective immunity. These antibodies are often polyreactive, meaning they will bind to multiple antigens. This interaction is usually a low-affinity interaction (Kd =  $10^{-3}$ - $10^{-7}$  mol  $1^{-1}$ ); however, given the pentameric structure of the IgM, overall affinities may nonetheless be considerable [27], supported by data on their protective effects on host survival following infections.

Another function of natural antibodies is their involvement in "housekeeping" functions: the maintenance of tissue integrity and homeostasis. They facilitate removal of apoptotic cells via their binding to surface antigens such as phosphatidylcholine (PtC), annexin IV [28], phosphorylcholine [29], and malondialdehyde, the latter a reactive aldehyde degradation product of polyunsaturated lipids [29-32] and xenoantigens [33]. This seems to facilitate increased phagocytosis by immature dendritic cells [31], while also limiting tissue inflammation [31]. The genetic ablation of secreted IgM results in increased autoimmunity, with accelerated, pathogenic IgG responses and resulting disease progression [34], further suggesting that IgM participates in the removal of self-antigens to lower the likelihood of autoimmune responses. Inappropriate and/or enhanced local secretion of natural IgM secretion and ensuing IgM-self-antigen complex formation can result in local activation of the complement cascade and tissue damage, as seen during ischemia-reperfusion injury [28, 35]. Natural antibody binding to self-antigens seems to be involved also in atherosclerosis development, where these antibodies contribute to plaque formation via their binding to oxidation-specific epitopes on lowdensity lipoproteins and cardiolipins [29, 32]. Thus, natural antibody secretion and activation must be carefully controlled to ensure their beneficial effects, while avoiding the potential dangers of their inappropriate activation.

#### 7.4 Tissue Origins of Natural Antibodies

Early studies by Benner and colleagues followed the development of spontaneous antibody production in gnotobiotic and SPF-housed mice and demonstrated the largely antigen and T cell-independent development of spontaneous IgMsecreting cells in two tissues: the spleen and the bone marrow [36, 37]. However, their phenotype and lineage origins were not defined at that time, and the body cavities were not investigated as sources for natural antibody-producing cells. In support of the early studies by Benner, natural IgM-secreting B cells were shown by others to be present in the steady-state spleen [38, 39]. Erythrocyte-autoantibody transgenic mice lack splenic B-1 cells [40, 41] and B-1 cells were the major if not the only source of natural IgM in the spleen of Ig-allotype-chimeric mice [18].

Since B-1 cells are the predominant B cell subsets in the peritoneal cavity (PerC), natural IgM was thought to originate from there [7, 42]. Recently Rothstein and colleagues further suggested significant spontaneous IgM secretion by PerC B-1 cells [43]. A number of studies indicate, however, that PerC B-1 cells do not spontaneously produce natural IgM, either in vivo or ex vivo [38, 39, 44]. Instead, the data suggested that activation signals such as cytokines (IL-5 and IL-10) or mitogenic activation with LPS activated IgM secretion by PerC B-1 cells [40, 41]. Indeed, injection of bacteria or LPS into the PerC did not

induce antibody production in the PerC. Instead it caused the migration [45] and differentiation [46] of PerC B-1 cells to IgM-secreting cells in the spleen via TLR4-mediated activation [45]. The spleen and the bone marrow are also sites of long-lived antibody production by B-2 cellderived plasma cells following vaccination or infection [47, 48].

Because of these discrepancies in the literature and the importance of univocally identifying the B cells that produce natural antibodies, we recently revisited the question of the tissues and cellular origins of spontaneous IgM secretion [49]. For that we screened various tissues, including PerC, spleen, bone marrow, and lymph nodes for the presence of spontaneously IgM-secreting cells via allotype-specific ELISPOT. The results demonstrated that spleen and bone marrow, but not PerC (or pleural cavity) cells, contained large numbers of IgM-secreting cells, prior to immunization or infection. Since the bone marrow had never been shown to harbor B-1 cells, we then sought to identify the phenotype of these secreting cells. We demonstrated that spontaneous IgM-secreting cells were enriched among CD19<sup>hi</sup> CD43<sup>+</sup> IgM+cells, a phenotype consistent with that of B-1 cells. Further analysis showed that bone marrow B-1 cells resembled their counterparts in the spleen, but not the PerC by phenotype, as they lacked CD11b expression, a hallmark of body cavity B-1 cells, and they were IgMhi IgDlo CD19hi CD43+. Finally, studies using allotype-chimeric mice confirmed that most of the spontaneous IgM-secreting cells in both spleen and bone marrow are B-1 cell derived. Remarkably, when B and T cell-deficient RAG<sup>-/-</sup> mice were reconstituted with bone marrow depleted of IgM+cells, thus depleting all B-1 cells, these mice had no detectable levels of serum IgM 6 weeks after reconstitution, compared to mice reconstituted with complete bone marrow, despite significant reconstitution of their B cell populations [49]. This data thus demonstrate that the bone marrow niche harbors IgMsecreting B-1 cells, which together with splenic B-1 cells are major contributors of serum IgM. The transfer of adult IgM- bone marrow precursors, however, does not easily replenish these cells.

Collectively the data suggest that while B-1 cells are most prevalent in the body cavities, PerC cells do not appear to spontaneously secrete IgM. In contrast, B-1 cells in bone marrow and spleen, two major sites also of B-2 cell-derived plasma cells, instead support the production of natural IgM by B-1 cells. While body cavity B-1 cells do not generate steady-state natural IgM, they can nonetheless be rapidly activated to migrate to the spleen, and possibly the bone marrow, although the latter has not been experimentally demonstrated, to differentiate to IgM-secreting cells. Whether the repertoire of the splenic and bone marrow natural IgM is similar to that of IgM secretion by body cavity B-1 cells following their activation is currently unclear. Earlier studies on B-1a cells' ability to bind to PtC, visualized with PtC-liposomes by flow cytometry, showed higher frequencies of PtC-binders among the PerC than spleen B-1 cells. Clearly, more work is required to investigate the relationship between truly "natural" IgM-secreting B-1 cells and those that can be induced to differentiate and secrete IgM in response to an infection or other outside stimulus.

#### 7.5 Regulation of Natural Antibody Production

The molecular mechanisms governing B-1 cell differentiation to antibody-secreting cells are somewhat controversial. Studies with B-2 cells have revealed the main regulators of the B cell differentiation pathway (reviewed in [1]). In B-2 cells, BLIMP-1 (B lymphocyte-induced maturation protein) induced during differentiation to Ig(M)-secreting plasma cells [50–52] is thought to suppress the transcriptional repressor PAX-5 (paired box protein) [53-55]. Removal of PAX-5 induces activation of XBP-1 (X-box-binding protein). XBP-1 and spliced XBP-1 (sXBP-1) regulate the unfolded protein response in the endoplasmic reticulum of antibody-secreting plasma cells [56, 57]. Ectopic expression of either BLIMP-1 or XBP-1 in B cell lines and primary B cells drives plasma cell differentiation [53, 57, 58].

The role of BLIMP-1 in the differentiation of B-1 cells to natural IgM-secreting cells is less clear. Calame and colleagues reported that BLIMP-1 is essential for B-1 cell-derived natural IgM production and protection from influenza infection, but is dispensable for the development and self-replenishment of B-1 cells in BLIMP-1 knockout mice [59]. In support of these findings, Tarlinton and colleagues reported that B-1 cells in the PerC express low levels of BLIMP-1 and do not spontaneously produce IgM, but could be induced to express BLIMP-1 and secrete IgM after LPS-stimulation [44]. In contrast, Tumang et al. concluded that B-1 cells do not depend on BLIMP-1 expression to differentiate into natural IgM-secreting cells in vitro as they found IgM production, but not BLIMP-1 expression by PerC B-1 cells [43].

The studies by Tumang et al. [43] were done with PerC B-1 cells, which they suggested produce IgM, but which we and others do not find to spontaneously produce significant amounts of IgM [38, 39, 44, 49]. While the reasons for these discrepant findings with regard to PerC B-1 IgM secretion are unknown, it is possible that the process of isolating B-1 cells from the PerC may cause their rapid activation and differentiation. This could explain spontaneous IgM secretion by PerC B-1 cells, possibly influenced by the method of isolation. In support, we observed that while total PerC cell cultures result in little IgM production when plated straight from harvest onto ELISPOT plates, aliquots of the same PerC cells, but stained and B-1 cells then sorted by FACS, will show enhanced IgM secretion, even in the absence of significant BLIMP-1 expression, as measured with cells from BLIMP-1 reporter mice (unpublished observation). Also, this "spontaneous" IgM secretion by PerC B-1 cells does not occur within the first day of culture, but increases with time of culture, indicating nonspecific activation in the cultures (unpublished observations). In addition, an earlier study had shown that the presence of prostaglandin (PG) E<sub>2</sub>-producing macrophages can inhibit differentiation and IgM secretion of B-1 cells in the PerC [60] and that LPS stimulation of macrophages increases PGE, production. This would further suggest that isolation of B-1 cells may not only lead to their stimulation, the removal of PGE<sub>2</sub>-producing cells during the isolation procedure may further enhance their spontaneous differentiation and IgM production.

Collectively, these studies indicate to us that B-1 cell in the body cavities are not contributing directly to the steady-state pool of natural antibodies, but that they can be stimulated rapidly to produce IgM. Indeed, as discussed above, multiple studies have shown the rapid relocation of PerC B-1 cells to the spleen following exposure to cytokines or mitogenic signals, consistent with the notion that PerC B-1 cells are ready to rapidly respond to an insult. Furthermore, it is possible that they but may not always fully differentiate to plasma cells to do so. Thus, most studies support the notion that the body cavity B-1 cells act like "armed soldiers" ready to go into combat zones (spleen or lymph nodes, possibly also mucosal sites) upon an infectioninduced signal. While TLR4 has been shown to be one such signal, it is likely that other innate signals can have similar effects, based on the type of infection the host is encountering. This infection-induced production of body cavityderived B-1 cell IgM must not be confused with the steady-state production of natural antibodies, mainly in bone marrow and spleen, which do not require outside signals for their production. Having identified true "natural" IgM-producing cells in the bone marrow of mice, their molecular characterization can now be used to define the differentiation stage and molecular mechanisms underlying natural antibody production.

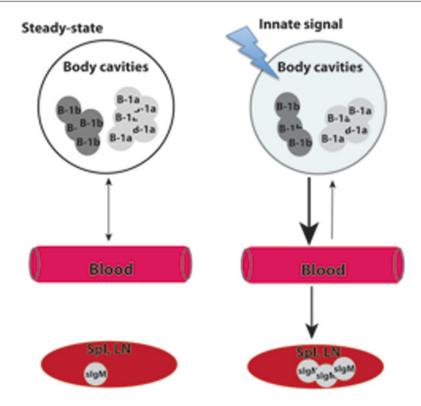
#### 7.6 B-1 Cell Migration

The scenario outlined above indicates that one important outcome of B-1 cell activation is their altered migratory behavior. However, the mechanisms of their migration to and from the body cavities and between body cavities and secondary lymphoid tissues are incompletely understood. B-1 cells are readily found in the blood of mice, where they represent about 0.5% of B cells; thus

redistribution of B-1 cells via the bloodstream is a possible mechanism of their distribution throughout the body and into the body cavities. In support, Cyster and colleagues showed that mice deficient in the chemokine CXCL13 lack B-1 and B-2 cells in the body cavities while the numbers of B-1 cells in the blood of these mice were significantly elevated compared to wild-type mice [61]. The spleen populations appeared unaffected. Further support for considerable recirculation of B-1 cells into and out of the body cavities was provided in the same study with parabiosis experiments. Two months after fusion of the blood circulation between two mice, there was significant mixing of B-1a and B-1b cells in the PerC, albeit not as complete as that of B-2 cells. Thus, B-1 cells can circulate to and from body cavities, possibly via entry through the blood and omentum [61] in adult mice. It is likely that the increased migration of PerC B-1 cells, observed following TLR4-mediated activation, represents an enhancement of this otherwise rather slow recirculation process. Importantly, in the latter case, B-1 cells seem to lodge themselves into the spleen where they begin to secrete antibodies. Thus, activating signals seem to (a) enhance the migration of B-1 cells from the body cavities and (b) facilitate the enhanced entry of activated B-1 cells into secondary lymphoid tissues and (c) initiate their differentiation (Fig. 7.1).

#### 7.7 Innate-Like B Cell Responses to Influenza Virus Infection

To study the responses and contribution of B-1 cells during an immune response, we began a number of years ago to focus on B-1 cell responses during influenza virus infection. Influenza virus infection in humans and other mammals is typically a respiratory tract infection, transmitted via droplets into the upper respiratory tract. Epithelial cells in the nasal cavity and/or upper pharynx are likely the first targets of seasonal influenza virus strains, although more pathogenic strains might directly infect lower parts of the lung. The local draining lymph nodes act as major sites of B cell response induction following influenza infection



**Fig. 7.1** Alteration in B-1 cell migration following an infection or insult. In steady state (*left*) there is a slow migration of B-1 cells into and out of the pleural and peritoneal cavity, likely via the omentum and similar structures in the pleural cavity into the blood. From there B-1 cell may recirculate back into the body cavities. IgM-secreting B-1 cells are also found in the spleen (and bone

marrow, not depicted), providing steady-state natural IgM. In response to an infection (*right*), B-1 cell rapidly leave the body cavities, in the short-term lowering the numbers of B-1 cells at those sites. The cells then redistribute to spleen and other secondary lymphoid tissues, where they differentiate to IgM-producing cells

[62, 63]. In both mice [16, 63, 64] and ferrets [65], the gold standard influenza virus infection animal model, antibody-secreting cells are identified as early as 3 days after initial infection in the cervical and mediastinal lymph nodes as antibody titers rise in nasal washes and lung lavages. Antibody-secreting cells are identified in the cervical and mediastinal lymph nodes of mice and ferrets, as early as 3 days after initial infection [62, 63]. Since mice are usually infected directly into the lung tissues, lower respiratory tract draining mediastinal lymph nodes are the main secondary lymphoid tissues involved in the response.

Initial studies by us and others showed that B-1 cells contribute to protection from influenza virus infection even prior to any encounter with the virus by generating protective IgM antibodies that are generated constitutively in the absence of influenza exposure [8, 20, 66]. More recently, studies on their responses to influenza infection highlighted the ability of B-1 cells, specifically B-1a cells, to respond to infection in an innatelike manner. CD5+ B-1a cells, but not CD5- B-1b cells, increased in frequency locally in the draining lymph nodes during acute influenza virus infection (days 5-10) and they secreted increased amounts virus-binding IgM into the airways [16], consistent with the above-outlined migration after B-1 cell activation. Importantly, influenza virusbinding IgM represented only a small fraction (roughly 10%) of the overall increases in IgM production by B-1a cells in lymph nodes and airways, and the relative amounts of influenza-binding

natural antibodies did not increase over time compared to non-influenza-binding IgM. This apparent lack of clonal expansion was further supported by BrdU-labeling studies, which indicated a complete lack of B-1 cell clonal expansion over the course of the infection [16].

Thus, B-1 cells respond to influenza infection with redistribution to and differentiation at the site of infection, while maintaining steady-state levels natural serum antibody levels [8, 16, 20]. It is tempting to speculate that the redistribution of B-1 cells, which our data show occurs at least in part from the pleural cavity, is a consequence of systemically elaborated innate cytokines. Consistent with this, influenza infection-induced type I IFN can profoundly affect leukocytes at distant sites [67], and our data thus far with type I IFNR<sup>-/-</sup> mice support a role for IFN in regulating B-1 cell migration via the activation of surface integrins (Waffarn, EE. Hastey, CJ, Dixit, N., Simon SI, and Baumgarth, N, in preparation). While we expected that the B-1 cell migration would result in the accumulation of lung IgMsecreting B-1 cells, we did not find evidence for that. Instead, the major accumulation of IgMsecreting B-1 cells occurred in the draining mediastinal lymph nodes [16], raising the question what additional functions, apart from IgM secretion, B-1 cells might play during the initiation of the adaptive immune response in the draining lymph nodes. There is evidence that B-1 cells and secreted IgM might contribute to immune protection against influenza other than by virus neutralization [16, 20, 22]. For example, B-1 cell-derived IgM is required for maximal induction of (B-2 cell-derived) influenza virus-specific IgG [20]. B-1 cells are also known as strong producers of IL-10 [68] and GM-CSF [69] thus could be involved in the regulation of local immune responses, similar to a recently identified regulatory role proposed for a B cell subset that shares some phenotypic characteristics with B-1 cells [70]. Increasing our understanding on the mechanisms that regulates B-1 cell migration and their function might help the development of therapies or prophylaxes to garner the help of these fascinating lymphocytes in immune protection.

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# The CD28/B7 Pathway: A Novel Regulator of Plasma Cell Function

8

#### Modesta N. Njau and Joshy Jacob

#### Abstract

The CD28/B7 pathway is pivotal for the activation, optimal function, and regulation of T cell function. While the CD28 receptor and its ligands B7.1/B7.2 are also expressed on plasma cells, little is known of the role of the CD28/B7 pathway in plasma cell function. In this chapter we discuss the recent studies that have examined the role of CD28 expression on plasma cell function. Both stimulatory and inhibitory effects of CD28 on plasma cells have been reported. Based on our findings we propose that under homeostatic conditions the CD28/B7 interaction mediates regulation of plasma cell function whereas during inflammation this pathway can be perturbed to ramp up Ab production from existing plasma cells.

#### Keywords

Plasma cells • CD28 • B cells • Antibody • CD28/B7

#### Abbreviations

Abs	Antibodies
PD	Programmed death
PDL	Programmed death ligand
BAFF	B cell activating factor
BAFF-R	B cell activating factor receptor
APRIL	A proliferation-inducing ligand

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# TACI Transmembrane activator, calcium modulator, and cyclophilin ligand interactor

NOD Non-obese diabetic mice

#### 8.1 Introduction

Immunological memory is an important feature of the adaptive immune response; it is the ability to remember previously encountered antigens and respond promptly and more effectively than during the primary response. When naive B or T cells encounter cognate antigen, they differentiate into effectors that facilitate antigen clearance.

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The majority of these effectors die while a subset of the antigen-experienced lymphocytes differentiate into long-lived memory cells [1]. Upon subsequent encounter with the same antigen these memory B and T cells mediate a rapid and effective immune response which prevents disease [2]. These anamnestic responses can provide immunological protection for a lifetime, and thus are the cornerstone for effective vaccination.

Most of the effective vaccines require B cell memory to provide protection [3]; this exemplifies the importance of the memory B cell compartment. Memory B cells and plasma cells contribute to the anamnestic humoral responses. They arise from the germinal center B cells, after undergoing isotype switching, rigorous selection, and affinity maturation [4, 5]. Memory B cells remain quiescent and reside mainly in the marginal zone of the spleen; upon reencounter with antigen they differentiate into antibody-secreting plasma cells [6, 7]. Plasma cells secrete highaffinity antibodies (Abs); most of the long-lived plasma cells reside in the bone marrow [8], although tissue-specific plasma cells have also been reported [8, 9]. Plasma cells continuously secrete Abs; the presence of specific Abs serves as the first line of the memory response, resulting in the control and often the elimination of invading pathogen.

Recent studies have made good progress in identifying the potential molecular interactions involved in the generation and maintenance of plasma cells. Studies conducted in murine knockout models indicate that the engagement of complement receptor 1/2 (CR1/2) [10], programmed death ligand 1/2 (PDL-1/2) [11], CD80 [12], and IL-21R [13] on germinal center B cells with their counter-receptors on follicular dendritic cells/T helper cells is critical for the optimal production of plasma cells, whereas their maintenance is attributed to their expression of B cell maturation antigen (BCMA) [14], B cell activating factor receptor (BAFF-R) [15], and transmembrane activator, calcium modulator, and cyclophilin ligand interactor (TACI) [16] which interact with survival cytokines a proliferation-inducing ligand (APRIL) and BAFF.

The molecular interactions involved in the regulation of plasma cells are less well understood. Since plasma cells are terminally differentiated, their regulation is generally underappreciated. Nonetheless, in autoimmune disease conditions manifested by rampant antibody production against self-antigens it becomes evident that under normal conditions perhaps plasma cells are under homeostatic regulation. In support of this notion, a recent study suggests that autoantibody-producing cells may be regulated via the interaction between PD-1 on B cells and PD-1-PDL1/2 on regulatory T cells [17]. Further studies are warranted to investigate the regulation of plasma cells under steady state conditions. In this chapter we examine the possible role of CD28/B7 pathway in regulation of plasma cell function.

#### 8.2 CD28/B7 Costimulation in T Cell Function

CD28 is a 44 kDa glycoprotein expressed on the surface of T cells, plasma cells, and NK cells [18-20]. It binds to B7.1 (CD80) and B7.2 (CD86), which are expressed on dendritic cells, macrophages, B cells, and T cells [21-23]. The interaction between CD28 on T cells and B7.1/B7.2 molecules on antigen-presenting cells provides a crucial costimulatory signal required for the activation and optimal function of T cells [21, 22]. Since the CD28/ B7 pathway has been extensively studied in T cells [24, 25], we will begin with an overview of how this pathway modulates T cell function. CD28 signaling in T cells leads to the activation of AKT, which stimulates numerous molecules including NF-KB, IL-2, and Bcl-XL; these molecules subsequently enhance activation, proliferation, and survival of T cells that have encountered antigen [26–28]. Moreover, the CD28/B7 costimulation is also involved in promoting metabolism in activated T cells so as to facilitate their effector functions [29]. Given the central role of CD28/B7 costimulation in T cell activation it is inevitable that T cells that recognize antigen without concurrent CD28 signaling become anergic.

The CD28/B7 costimulatory pathway was first identified as the critical second signal required for naive T cells activation [18] and its role in primary responses has been thoroughly investigated. Relatively fewer studies assessed the role of CD28/B7 on memory T cell responses, in part due to the widely held belief that memory T cells do not require costimulation. This belief was based on results from studies using in vitro reactivation memory T cells, which showed that unlike naive T cells, memory T cells can be activated by antigen without B7.1/B7.2 costimulation [30, 31]. A few in vivo studies corroborated the in vitro observation concluding that memory T cells do not require costimulation [32, 33]. In one of these studies by Suresh et al. they infected and rechallenged Cd28-/- mice with LCMV and assessed their primary and secondary T cell responses. They showed that memory CD8 responses did not require CD28 costimulation [33]. Interestingly these mice exhibited a normal primary response suggesting that the LCMV infection system used here obviates the CD28 requirement for naive T cells; thus it is possible that this system bypasses the CD28 requirements for memory T cells as well. Conversely, a couple of studies demonstrated that memory T cells require dendritic cells for their optimal responses to infections with Listeria monocytogenes, vesicular stomatitis virus, and influenza virus [34, 35]. Given that the major role of DC in naive T cell activation is to provide costimulation and cytokines, the enhanced memory T cell responses in the presence of DCs suggested that perhaps memory T cells still need costimulation.

Indeed recent studies suggest that memory T cells need CD28 costimulation for optimal function [36]. This phenomenon was initially reported by Farber and colleagues; in this study they rechallenged adoptive hosts of influenza virusspecific memory CD4 T cells in the presence of CD28/B7 blocking agent- CTLA4-Ig or isotype control. They discovered that memory CD4 T cells responding in the presence of CTLA4-Ig despite upregulating CD25 and CD69—early activation markers—exhibited diminished proliferation and differentiation in comparison to CD4 T cells from isotype control-treated hosts [37]. Subsequently, Borowski et al. used HSV and Influenza A virus infection models to assess the CD28 requirements for memory CD8 T cells. They demonstrated that in the absence of CD28 signaling memory CD8 T cells exhibit reduced expansion resulting in impaired protection. The diminished memory CD8 T cell responses in the absence of CD28 were due to cell cycle arrest and failure to down-modulate Bcl2 [38]. Unlike the earlier in vivo studies [32, 33], these recent studies [37-40] were able to decipher the role of CD28/B7 costimulation in memory T cells likely due to the use of memory T cells generated in a CD28-sufficient environment; specific targeting of the CD28/B7 pathway using specific CD28, B7.1/B7.2 blocking antibodies, or CTLA4-Ig; and assessment of in vivo proliferation rather than ex vivo expansion. Taken together, these studies showed that both memory CD4 and CD8 T cells responding to secondary challenge require CD28 signaling to undergo robust proliferation and differentiation.

In addition to its costimulatory role, the CD28/B7 pathway is also important for the regulation of T cell function via promotion of thymic development and peripheral maintenance of regulatory T cells [41]. Regulatory T cells play a pivotal role in maintaining self-tolerance thus preventing T cell responses against self-antigens. This phenomenon is exemplified in studies which showed that the depletion of Tregs in non-autoimmune prone Balb/c mice leads to spontaneous development of T cell-mediated autoimmune disease [42]. The importance of the CD28/B7 pathway in regulatory T cell-mediated tolerance is demonstrated in non-obese diabetic (NOD) mice that are bred with Cd28<sup>-/-</sup> or B7.1/B7.2<sup>-/-</sup> mice. NOD mice spontaneously develop diabetes at 10-12 weeks of age; however, when they lack CD28 or B7.1/B7.2 these mice develop diabetes earlier, at a higher frequency, and increased disease severity in comparison to their littermates. The severe diabetes in NOD  $Cd28^{-/-}$  and NOD B7.1/B7.2<sup>-/-</sup> mice is attributed to the depletion of Tregs in these hosts [43]. Thus the CD28/ B7 costimulatory pathway is important for the optimal activation and regulation of T cell function.

#### 8.3 CD28/B7 in B Cell Responses

Due to the pivotal role of CD28/B7 costimulation on T cells, this pathway is also important for T-dependent B cell responses. Upon encounter with cognate antigen, the primed B cells require an interaction with activated T cells in order to enter a germinal center reaction and undergo affinity maturation to produce memory B cells and long-lived plasma cells. T cell activation usually occurs when antigen-presenting cellsmainly DCs-present antigen and provide B7-CD28 costimulation to the CD4 T cells. CD28/B7 costimulation enhances the expression of ICOS [44] and CD40L [45, 46] on the T cells which are critical for the subsequent activation of B cells [47–51]. Thus, mice that are deficient in CD28 expression have poor T cell responses resulting in impaired T-dependent B cell responses including isotype switching and germinal center formation.

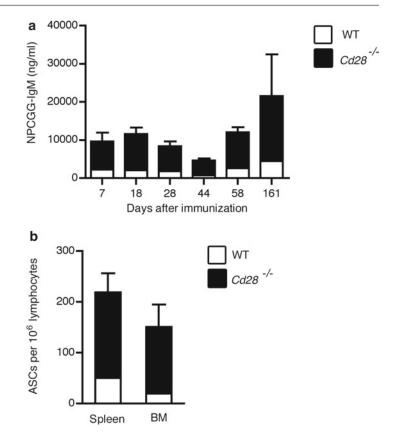
#### 8.4 CD28/B7 in Plasma Cell Function

Interestingly, upon plasma cell differentiation BLIMP-1 suppresses PAX5, the transcription factor essential for B cell lineage commitment, and this induces CD28 expression [52]. Therefore, plasma cells express both CD28 and its ligands B7.1/B7.2. The role of the CD28 expression on plasma cells has not been fully explored; thus far most of the studies have been done in transformed plasma cells from multiple myeloma patients. CD28 expression in multiple myeloma cells correlates with tumor expansion [53] and prolonged survival [54, 55]. Additionally, in these patients, the level of CD28 expression on their plasma cells correlates with poor disease prognosis [53, 55, 56]. Taken together, these observations suggest that CD28 expression enhances plasma cell proliferation and survival. However, there has also been a report indicating that CD28 signaling in multiple myeloma cells induces apoptosis [57]. The precise role of CD28 in plasma cells, particularly normal antigen-driven plasma cells, is still under investigation.

The initial report on the effect of CD28 deficiency on plasma cells was from a study by Busslinger et al.; they reconstituted lethally irradiated Rag2<sup>-/-</sup> hosts with bone marrow cells from Cd28-/- or WT hosts and B cell-deficient conditional Pax5<sup>-/-</sup> mice at a 1:1 ratio. The reconstituted hosts were immunized with NIP-OVA in complete freund's adjuvant and plasma cell responses were examined 2 weeks after immunization. The NIP-IgG1 titer of the Cd28-/-reconstituted hosts was significantly lower than the wild-type controls [52]. Similar observations have been reported by Rozanski et al. In their study they lethally irradiated B6.SJL.Ly5.1 mice and reconstituted them with bone marrow from  $Cd28^{-/-}$  or WT hosts and B cell-deficient  $\mu$ MT hosts at a 60:40 ratio. In the reconstituted host, the B cells would be derived from the  $Cd28^{-/-}$  or WT bone marrow cells, whereas the other hematopoietic cells would be derived from both  $Cd28^{-/-}$  or WT and  $\mu$ MT bone marrow cells. They immunized the reconstituted hosts with NIP-OVA in complete freund's adjuvant and rechallenged the mice a week later with NIP-OVA in incomplete freund's adjuvant. They report a significant decline in plasma cell numbers and IgG1 titers in the hosts that received  $Cd28^{-/-}$  bone marrow cells in comparison to the WT controls [58]. These reports suggest that CD28 is critical for plasma cell function and survival.

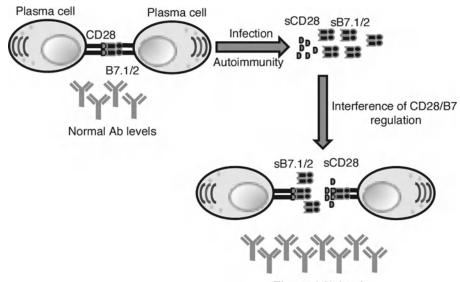
We have also investigated the role of CD28 expression on normal plasma cells using various models. In the first model, we adoptively transferred mature splenic B cells from either Cd28-/or WT hosts into B cell-deficient µMT hosts. In this system CD28 expression is intact in all the cells, except the transferred B cells from  $Cd28^{-/-}$ mice. We then immunized these hosts with NP-CGG in alum and examined their antibody levels over a time course of 6 months; we found that adoptive hosts that received  $Cd28^{-/-}$  B cells produced higher NP-CGG-specific IgM than their wild-type counterparts (Fig. 8.1a). We also found that at 6 months postimmunization, these mice had a higher frequency of plasma cells than the WT controls (Fig. 8.1b). These observations suggested that CD28 deficiency enhances plasma cell function. This is in contradiction with previous reports from multiple myeloma cells and the studies

Fig. 8.1 CD28 deficiency in plasma cells leads to upregulation of antibody production and plasma cell frequency. Cohorts of B cell-deficient µMT mice were reconstituted with splenic B cells from wild-type C57BL/6 or Cd28-/- mice and immunized with 50 µg NP-CGG/alum and the B cell responses were examined for 6 months. (a) ELISA results showing serum anti-NP-CGG IgM levels on the indicated time course. (b) The frequency of plasma cells secreting NP-CGG-specific IgM in the spleen and bone marrow (BM) as determined by ELISPOT, 6 months postimmunization



using model antigen discussed above. Therefore, to ascertain these observations we examined this phenomenon in bone marrow chimeric hosts. We reconstituted lethally irradiated B6.SJL.Ly5.1 mice with Cd28-/- or WT bone marrow cells and  $\mu$ MT bone marrow cells at a ratio of 40:60. In the reconstituted hosts, most of the T cells expressed CD28 whereas the plasma cells from the  $Cd28^{-/-}$ recipients did not. We immunized these hosts with NP-CGG in alum and Cd28<sup>-/-</sup> recipients exhibit higher NP-CGG IgG titers and maintain a higher frequency of plasma cells than the wild-type controls [59]. Finally, we assessed whether CD28 expression would have an impact on plasma cells responding to a physiological infection. We adoptively transferred Cd28-/- or WT B cells and WT T cells into Rag1<sup>-/-</sup> hosts and infected these hosts with influenza virus. Consistent with our previous observations, Cd28<sup>-/-</sup> hosts had higher hemagglutination inhibition and neutralization titers than the WT controls [59]. Collectively, these observations suggest that in normal plasma cells generated in response to antigen CD28 expression serves as a negative regulator of their function.

The discrepancy between our observations and the previous reports could be due to several technical variables in the experiment design. First, we used different adjuvants; we used alum while both of the studies associating a decline in plasma cell function with CD28 deficiency used complete freund's adjuvant/ incomplete freund's adjuvant. Second, in the study by Busslinger et al. they assessed plasma cell function only at 2 weeks postimmunization; at this time point Abs from short-lived plasma cells would still be detected. To exclusively detect the long-lived plasma cell titers one has to wait for at least a month after immunization. Third, in the Rozanski study, they rechallenged the mice 1 week after initial immunization; the presence of antigen at this time point is known to disrupt germinal centers [60] and thus plasma cell output. However, in real life all these scenarios are possible: We get



**Fig. 8.2** Model for CD28/B7-mediated regulation of plasma cell function. Schematic diagram showing proposed regulation of plasma cells under steady state conditions via the CD28/B7 interaction. The production of soluble CD28

Elevated Ab levels

or B7.1/B7.2 molecules may ensure infection or an autoimmune disorder and could possibly interrupt the CD28/B7 interaction on plasma cells resulting in elevated antibody production and frequency of plasma cells

vaccinated with different adjuvants, we encounter different types of pathogens which could mimic different adjuvants, their antigens persist for variable lengths of time, and in immunocompromised patients and in disease-endemic regions individuals may get re-infected by the same pathogen within a short time interval. It appears that all these factors may determine the role of CD28 in plasma cell function.

Activated B cells express B7.1/B7.2 which facilitate their activation [51, 53, 54]; further analysis of B7.1- and B7.2-CD28 signaling revealed that B7.2 is important for the initiation of the immune response whereas B7.1 is involved in sustaining the response, mediating isotype switching and germinal center formation [61]. Interestingly, Rau et al. have shown that while global *B7.1/B7.2<sup>-/-</sup>* drastically affects germinal center formation in response to influenza virus infection, B7.1/B7.2 deficiency exclusively on B cells does not affect germinal center formation [62]. Additionally, B7.1 signaling has also been implicated in the regulation of B cell function [63, 64]. Plasma cells retain

B7.1/B7.2 expression; the role of these molecules in plasma cell function is not well understood. Recently, it has been proposed that B7.1/B7.2 expression on plasma cells may facilitate their interaction with follicular helper T cells [65]. Since plasma cells express both CD28 and its ligands B7.1/B7.2, there is a possibility of autonomous CD28/B7 interaction. This made us wonder whether B7.1/B7.2 deficiency in plasma cells would mimic CD28 deficiency and likewise impair the CD28-mediated regulation. To investigate the role of B7.1/B7.2 in plasma cell function, we adoptively transferred B7.1/B7.2<sup>-/-</sup> B cells into a µMT B cell-deficient host and immunized these hosts with NP-CGG in alum. We followed their plasma cell responses for 5 months and we find a significant increase in the NP-CGG-specific IgM titers and frequency of plasma cells in the  $B7.1/B7.2^{-/-}$  recipients in comparison to their wild-type counterparts [59]. These results are similar to those observed in  $Cd28^{-/-}$  recipients, suggesting that the CD28/B7 interaction between plasma cells regulates their antibody production.

Based on our observations, we propose the following model for CD28-mediated regulation of plasma cells. We envision that under normal conditions, CD28 on plasma cells is engaged with B7.1/B7.2 resulting in the maintenance of antibody secretion at normal levels. Interference of this CD28/B7 interaction would then lead to an increase in antibody production and plasma cell frequency (Fig. 8.2). It turns out that CD28 and B7 molecules can also be expressed as secreted soluble molecules; these lack the transmembrane domain due to alternative mRNA splicing [66, 67]. The production of soluble CD28/B7.1/B7.2 may transiently relieve the CD28/B7 regulation of plasma cells, thus, boosting antibody production. Interestingly, a recent study has shown that during hepatitis B infection the levels of soluble CD28 increase [68]. This suggests that perhaps during infection the rise in soluble CD28 disrupts the CD28/B7 regulation so as to boost antibody production and control infection. Conversely, several antibody-driven autoimmune diseases such as systemic lupus erythematosus [69] and rheumatoid arthritis [70] are associated with a dramatic increase of soluble CD28, B7.1, and/or B7.2. We conjecture that the soluble molecules may disrupt the CD28/B7 plasma cell regulation leading to excessive autoantibody production. Studies are underway to validate these hypotheses.

#### 8.5 Concluding Remarks

Here, we have reviewed studies that examined the role of CD28 expression on plasma cell function. It is clear that CD28 expression on plasma cells has an impact on their antibody function and perhaps survival. However, the evidence on the precise role of CD28 in plasma cell function is contradictory; both stimulatory and inhibitory effects have been reported. Further studies investigating this phenomenon using CD28 conditional knockout mice may provide more definitive evidence. Based on our experience we propose that the CD28/B7 pathway plays a regulatory role in plasma cell function and maintenance.

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### Memory CD8<sup>+</sup> T Cell Protection

9

#### Sanda Remakus and Luis J. Sigal

#### Abstract

Memory CD8<sup>+</sup> T cells play an essential role in controlling pathogenic infections. Therefore generating protective memory CD8<sup>+</sup> T cells by vaccination is an attractive strategy for preventing and treating a variety of human diseases. Understanding what comprises a protective memory CD8<sup>+</sup> T cell response will help optimize vaccine-induced CD8<sup>+</sup> T cell immunity. Here we discuss essential antiviral effector functions and highlight how recall expansion of memory CD8<sup>+</sup> T cells may affect the primary response.

#### Keywords

Viral immunity • T cell memory • CD8+ T cells

#### 9.1 Introduction

Pathogens are a bane on mankind's existence, causing pain, stress, disability, physical or mental dysfunction, economic burden, and death. Well before the discovery of the germ-theory and of the immune system, immunization had already been a method to prevent pathogen-induced diseases as performed in the Far East in ancient times with the practice of variolation [1], where people were purposefully infected with variola virus (VARV)

in a controlled manner to minimize the severity of smallpox and also to prevent reinfection. Variolation was first reported in the Western medical literature in 1671 by Heinrich Vollgnad [2] and later replaced by vaccination with less pathogenic but antigenically similar cowpox (CPXV) or vaccinia (VACV) virus. This resulted in the successful worldwide eradication of smallpox using live VACV [3]. Vaccines are also used very effectively to control many other human infections such as measles, mumps, chickenpox, rubella, rotavirus, etc. Despite this enormous success, we still lack a complete understanding of the mechanisms of vaccine protection and this is a hindrance to our progress in designing effective ones for those pathogens for which they are not available, or to produce safer ones in the case when they result in frequent complications.

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The two major effector arms of the adaptive immune system are antibodies (Abs) and T cells, and both are important for resistance to primary infections. However, because high titers of neutralizing Abs correlate with resistance, they are widely regarded as the dominant player and even esteemed by some as being singularly responsible for most successful vaccines including those against smallpox, measles, and yellow fever [4, 5]. Still, memory CD8<sup>+</sup> T cells have been found to be protective in animal models of several infections [6–10] including ectromelia virus (ECTV) [11], a natural mouse infection that is probably the best animal model for human smallpox. Furthermore, it is now widely considered that in order to combat pathogens like human immunodeficiency virus [12], malaria, and Mycobacterium tuberculosis (Mtb), it is necessary to target cellular immunity because Abs alone may not be sufficient to control these devastating diseases (Freitas do [13–15]). Indeed, in a murine model of malaria infection, failure to maintain long-term protective immunity was due to a gradual decline in malaria-specific memory T cell responses despite persistence of B cell memory and circulating Abs (Freitas do [13]). Generating vaccines that target cellular immunity necessitates in-depth studies of T cell activation, differentiation, memory maintenance, trafficking, essential effector functions, and T cell subsets, to name a few.

#### 9.2 Primary CD8<sup>+</sup> T Cell Responses to Pathogens

T lymphocytes play a crucial role in the adaptive immune response. They include CD4<sup>+</sup> and CD8<sup>+</sup> T cells, named after the glycoprotein co-receptor expressed at their cell surface [16–18]. CD4<sup>+</sup> T cells are mainly considered regulators while CD8<sup>+</sup> T cells are considered mostly effectors of the immune response.

Naïve CD8<sup>+</sup> T cells circulate the host and survey for potential threats. However, different to innate natural killer (NK) cells which are prearmed to kill their targets and readily produce cytokines such as IFN- $\gamma$ ; CD8<sup>+</sup> T cells do not

constitutively express cytolytic components or have a transcriptionally open IFN- $\gamma$  gene.

During infection, CD8+ T cells recognize antigens (Ag) as small peptides bound to major histocompatibility complex class I (MHC I) molecules. The vast majority of these peptides derive from the cytosolic degradation of pathogen proteins by the proteasome [19, 20]. When naïve Ag-specific CD8<sup>+</sup> T cells encounter foreign Ag as peptide-MHCI complexes presented by the Ag-presenting cell (APC), the process of activation ensues. To become activated, naïve CD8+ T cell require the engagement of the T cell receptor (TCR) with peptide-MHC I and additional secondary signals provided by costimulatory molecules and cytokines [21]. Following activation, CD8<sup>+</sup> T cells undergo rapid expansion and effector differentiation, increasing in numbers by up to 50,000-fold [22–24]. The effector CD8<sup>+</sup> T cells develop cytolytic activity and produce chemokines, inflammatory, and antiviral cytokines thereby becoming equipped to fight invading pathogens [25]. Primary CD8<sup>+</sup> T cell responses were shown to be essential for resistance to ECTV [26], LCMV [27], acute clearance of  $\gamma$ -herpesvirus [28], and defense against primary Mtb and control of latent Mtb [29–31]. Furthermore, humans deficient in CD8<sup>+</sup> T cells have been reported to develop severe combined immunodeficiency with features of autoimmunity caused by a nonfunctional CD3-y truncation [32]. Additionally, a patient with a CD8+ T cell deficiency but normal percentage and absolute numbers of CD4 T cells, B cells, and NK cells suffered repeated respiratory bacterial infections [33].

The main mechanism whereby activated CD8<sup>+</sup> T cells kill Ag-bearing cells is through granuleexocytosis (GE) which requires perforin (Prf) and granzymes (Gz) [34]. Although the cellular and molecular functions of Prf remain controversial, it is clear that mediators of cell death such as Gz are packaged into granules, and that Prf is responsible for its effective delivery to the target cell, resulting in caspase-mediated or caspaseindependent apoptosis. Prf-mediated cytotoxicity induces cell death within minutes; this function rapidly limits pathogen replication and spread [35–38]. In addition to GE, activated CD8<sup>+</sup> T cells can kill targets by means of secreted tumor necrosis factor alpha (TNF- $\alpha$ ) or the cell membrane bound TNF family members Fas ligand (FasL) and TNF1-related apoptosis-inducting ligand (TRAIL) (Istrail et al.) that respectively bind to the death receptors TNF1R, Fas, and TRAIL-R at the surface of target cells [39–42]. It is important to note, however, that killing through GE and TNF family members is not exclusive of CD8<sup>+</sup> cells but also a property of NK cells and, in some instances CD4<sup>+</sup> T cells [43–46].

CD8<sup>+</sup> T cells also induce an antiviral state through the production of cytokines like IFN- $\gamma$ , TNF- $\alpha$ , and chemokines [47]. Cytokines may directly interfere with pathogen entry and/or gene expression, or restrict intracellular replication [40]. In addition to CD8<sup>+</sup> T cells, IFN- $\gamma$  is also produced by activated NK, NK-T, and CD4+ T cells [45, 48]. Because all nucleated cells express the IFN- $\gamma$  receptor (IFN- $\gamma$  R) they are all subject to IFN- $\gamma$  stimulation [49, 50]. In addition to directly inhibiting viral replication, IFN-y induces a large number of genes with immunoregulatory functions [51]. For example, IFN- $\gamma$  increases the expression of genes involved in chemotaxis and inflammation including CXCL10, TNF- $\alpha$ , and inducible nitric oxide synthase. Additionally IFN-y activates macrophages and dendritic cells and stimulates increased expression of MHCpeptide complexes [49]. Thus, IFN- $\gamma$  plays a key role in resistance and recovery from many intracellular bacterial and viral infections [52, 53].

Even though CD8<sup>+</sup> T cells can use various mechanisms to kill infected cells and also produce many cytokines, GE-mediated killing and IFN- $\gamma$  production are thought to be the major effector mechanisms whereby CD8+ T cells clear viral infections [40]. The use of mice deficient in effector molecules, alone or in combination, allowed elucidation of their importance in primary resistance to various infections. For instance, Prf has been shown to be important for resistance to noncytopathic lymphocytic choriomeningitis virus (LCMV) and intracellular pathogens such as Listeria monocytogenes (Lm) and Mtb [35, 54-56]. Prf, GzA, and GzB have been shown to be essential for natural resistance to cytophatic ECTV [57–59]. On the other hand, Prf is not essential for the clearance of vesicular stomatitis virus (VSV) and VACV [55]. For IFN- $\gamma$ , its importance has been demonstrated in the defense against primary ECTV [60], VACV, Theiler's virus, Mtb, Lm, and Leishmania infections [61–63]. For TNF- $\alpha$ , it has been shown to be essential for resistance to fatal Leishmania [64], mycobacterial infection [65], and disseminated lethal *Streptococcus pneumoniae* infection [66]. However, given that all of these molecules are also expressed by NK cells and/or CD4<sup>+</sup> T cells, the absence of genetic deficiencies specifically targeted to CD8<sup>+</sup> T cells has made it difficult to firmly establish their role in protection by effector CD8<sup>+</sup> T cells.

#### 9.3 Memory CD8<sup>+</sup> T Cells

As the pathogen is eliminated, the number of effector CD8<sup>+</sup> T cells declines. Typically 90–95% of the initial clonal burst size undergoes apoptosis. The remaining 5-10% differentiate into memory CD8<sup>+</sup> T cells [24], which may be maintained for the life of the host by homeostatic proliferation with the aid of cytokines such as IL-7 and IL-15 [67]. Along with their increased expression of adhesion molecules such as CD2, CD44, and LFA-1 [68, 69] and different CD45 isoforms [70, 71], memory T cells also differ from naïve cells in that they can be activated by relatively low numbers of peptide-MHC complexes and with low or no requirements for costimulatory signals [72]. Moreover, epigenetic modifications allow memory cells to express effector molecules such as IFN-y and Gz more readily than naïve T cells [73–75].

#### 9.3.1 Memory CD8<sup>+</sup> T Cell Heterogeneity in Protection

Different to naïve CD8<sup>+</sup> T cells, which recirculate between lymphoid tissues and blood, memory CD8<sup>+</sup> T cells are heterogeneous and can populate lymphoid as well as non-lymphoid tissues. Central memory T cells (TCM) survey lymphoid tissues while effector (TEM) and tissue resident

in Protection

9.3.2

such as the skin, lungs, intestinal, and genital tract [76–79]. Understanding the importance of these various populations in protection from different infections is important for the development of novel vaccines as the success of a memory T cell response in the control of a pathogenic infection may depend on the anatomical location of the T cells and the microbe [80–83]. For instance, skin resident memory T cells may be important to control herpes simplex virus (HSV) flares [76, 77]. Protection by different populations of memory CD8<sup>+</sup> T cells has been studied in several murine models including LCMV [84], Sendai virus [85, 86], and VACV [87]. Using adoptive transfers of TCR transgenic CD8<sup>+</sup> T cells specific for the immunodominant LCMV gp33 epitope, Wherry et al. demonstrated that on a per cell basis, TCM control LCMV and VACV replication better than TEM irrespective of the route of infection [84]. Still, protection conferred by TCM, EM, or Trm cells could change according to the mode of viral spread. As an example, fatal mousepox is caused by ECTV, a cytopathic virus belonging to the genus Orthopoxvirus (OPV) which also includes VACV and VARV, the virus in the smallpox vaccine, and the causative agent of smallpox, respectively [3]. Similar to many other systemic infections, OPVs spread in their natural hosts following a lympho-hematogenous (LH) route whereby infection originates in the periphery, disseminates to local draining lymph node (LN), and then spreads systemically through efferent lymphatics and the bloodstream. Different than most other mouse models of viral infection where inoculation is performed systemically, ECTV is traditionally inoculated into its natural route of entry, the footpad. This permits the study of pathogenesis and the immune response during the course of LH spread. Using adoptive transfers into naïve mice, we found that memory CD8<sup>+</sup> T cells control early virus dissemination from the draining LN to vital organs [11]. While in these experiments we did not determine whether protection involve TCM or TEM, it is very likely that TCM are involved as they are the main population that resides in the LN.

memory CD8+T cells (Trm) remain in the periphery

Studies that elucidate the necessary essential effector functions of memory T cells after vaccination are scarce. While it has traditionally been thought that the capacity of memory CD8+ T cells to protect is largely a function of their absolute numbers [88, 89], a topic of major attention in recent years has been the "quality" of the memory T cells. Quality can be broadly defined as the ability of the memory T cell to perform multiple functions, such as kill their targets and produce multiple cytokines. Thus, it has become a common view that the more effector molecules a memory T cell express, the better its quality [90, 91]. While this criteria may serve as a checklist to investigate whether specific effector functions are required for memory CD8+ T cell protection against a particular pathogen, the need for particular effector functions are likely to vary for different pathogens. Indeed, Darrah et al. prospectively showed that multifunctional  $T_{\mu}1$  cells correlated with protection and have enhanced effector function against Leishmania major [92]. Thus, to aid us in vaccine design, it is important to determine which specific effector molecules a memory CD8<sup>+</sup> T cells must be equipped with in order to protect.

Several studies have attempted to identify the essential effector molecules required for protection by memory CD8+ T cells against various infections. The Woodland laboratory demonstrated that an early recruitment of circulating memory CD8+ T cells was required for protection from influenza A virus (IAV) reinfection [93]. The early virus control correlated with memory CD8<sup>+</sup> T cell lytic activity and GzB expression before recruitment induced by systemic inflammatory signals including type I IFN [93]. Another study used a heterologous vaccination scheme with plasmid DNA prime/recombinant adenovirus 5 boost to protect mice against the human parasite Trypanosoma cruzi and found that perforin and IFN-y expression were required for a protective CD4<sup>+</sup> and CD8<sup>+</sup> T cell immune response [94]. In a murine model of New World leishmaniasis, vaccination of Prf and IFN-y deficient mice showed that Prf and IFN- $\gamma$  were critical for protective memory CD8+ T cell responses [95]. However, Pf/Gz-mediated cytolysis and IFN- $\gamma$  are not restricted to CD8<sup>+</sup> T cells. Hence, in these studies, the function of other immune cell was compromised limiting the conclusions that can be made regarding the need for expression of the effector molecules by the memory CD8+ T cells themselves. A better understanding of the role in protection of particular effector molecules expressed by memory CD8<sup>+</sup> T cell without debilitating other immune components may require the adoptive transfer of memory CD8<sup>+</sup> T cells defective in a particular effector molecule, ideally polyclonal and not TCR transgenic, into naïve WT mice.

#### 9.3.3 Naïve T Cell Responses in the Presence of Memory CD8<sup>+</sup> T Cells

During immune responses CD8+ T cells could either compete or promote among themselves and this could affect disease progression. Competition between primary T cells for APC access has been demonstrated by transferring chicken ovalbumin (OVA) specific TCR transgenic OT-1 CD8<sup>+</sup> T cells and infecting with VACV-OVA, which resulted in complete inhibition of the host Ag-specific T cells to the same or irrelevant Ag by the OT-1 cells [96]. Another study found that after heterologous prime-boost immunization with replication-deficient adenovirus and modified vaccinia Ankara virus vectors expressing two different Ags from Plasmodium falciparum, CD8<sup>+</sup> T cells competed for space to expand [97, 98]. In the case of memory CD8<sup>+</sup> T cells, it has been postulated that low-affinity naïve may be outnumbered by high-affinity memory CD8<sup>+</sup> T cells and be at a disadvantage to compete for cytokines, Ag, APCs, and physiological space [99]. A caveat is that the loss of an endogenous naïve response may be the result of transferring too many high-affinity cells [100] and/or that it occurs in instances of limited Ag/ APC availability such as in the case of inoculation of inert antigens [101]. Indeed, there are several reports using Mtb, LCMV, or IAV [102, 103] where a naïve response was observed and at times necessary to reconstitute the Ag-specific T cell pool. By using adoptive transfer of memory T cells in conjunction with congenic markers, it is possible not only to examine protection [11] but also to study the memory and concomitant primary T cell response, including competition among virus-specific T cells for signals such as cytokines, costimulation, or Ag. These types of studies also make it possible to examine how memory CD8 T cells affect the naïve response. Using this system we have found that during infection with rapidly replicating and highly pathogenic ECTV, otherwise unresponsive naïve CD8<sup>+</sup> T cells are recruited to the response and play an essential role in protection from lethal mousepox, in particular when the memory CD8<sup>+</sup> T cells are suboptimal. Hence, by transiently controlling virus replication and spread memory CD8<sup>+</sup> T cells can open the way for a de novo response that is otherwise being overwhelmed by the pathogen.

#### 9.4 Concluding Remarks

Memory CD8<sup>+</sup> T cells equip the host to better fight secondary infections due to their enhanced frequency, wide tissue distribution, ability to rapidly expand, mobilize their effector functions, swiftly kill their targets, and, in some situations, rescue a naïve response [40, 70, 99, 104–107]. In light of the demand for preventative and therapeutic T cell vaccines against stubborn, emerging and reemerging pathogens, it is imperative that we determine essential antiviral effector functions and learn how recall expansion of memory CD8+ T cells affect the primary response. Each study that furthers our understanding of protective T cell immunity will bring us one step closer to treating some of the worst ailments of mankind. It is indeed "in the power of man to cause all parasitic diseases to disappear from the world" [108].

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### Human T Follicular Helper Cells: **Development and Subsets**

#### Nathalie Schmitt and Hideki Ueno

#### Abstract

Antibody response constitutes one of the key immune protection mechanisms. T follicular helper (Tfh) cells represent the major CD4+ T cell subset that provides help to B cells to induce antibody response. How Tfh cells develop and how Tfh cells or their associated subsets regulate antibody response in humans remains largely unknown. In this review, we will summarize the recent discoveries on the biology of Tfh cells, with a particular focus on human Tfh cells.

#### **Keywords**

Human • T follicular helper cells • CD4+ T cell subsets • Antibody response • Tonsils • Blood • CXCR5 • Autoimmune diseases

#### Introduction 10.1

T follicular helper (Tfh) cells are the major CD4+ T cell subset that provides help to B cells to induce antibody response [1, 2]. Tfh cells are essential for the formation of germinal centers (GCs), the site of the selection of high-affinity B cells, and their differentiation into memory B cells or long-lived plasma cells. Similar to other CD4<sup>+</sup> T cell subsets such as Th1, Th2, and Th17 cells, the magnitude and the duration of Tfh response need to be controlled by the immune system, because exaggerated Tfh response causes autoimmunity [3]. Recent studies including ours identified similarities and differences in the biology of Tfh cells between humans and mice. Determining the biology and developmental pathways of human Tfh cells is of great significance, as it will provide direct insights regarding the development of novel vaccine design and therapeutic strategies for human autoimmune diseases.

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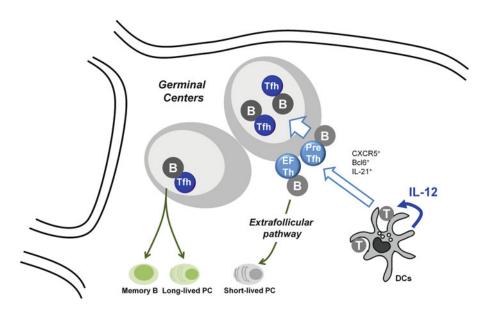
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#### 10.2 T Follicular Helper Cells: The CD4<sup>+</sup> T Cell Subset Specialized for B Cell Help

In secondary lymphoid organs, CD4<sup>+</sup> T cells primed by dendritic cells (DCs) loaded with antigens interact with antigen-primed naïve B cells at extrafollicular sites [4], typically at the border of T cell zone and primary follicles [5]. This interaction initiates the B cell differentiation process towards two different paths: extrafollicular plasma cells and cells forming GCs [6–8]. Extrafollicular plasma cells contribute to the early generation of specific antibodies after antigen exposure [9]. Germinal center B (GC-B) cells subsequently differentiate into either high-affinity long-lived plasma cells or memory B cells after an extensive selection step [10, 11] (Fig. 10.1).

Together with GC-B cells and follicular dendritic cells, Tfh cells constitute essential cell compartments for GC formation. In GCs, Tfh cells play an important role in the selection of high-affinity B cells and in the induction of the differentiation of selected B cells. While no unique markers have been reported, Tfh cells can be identified by the combination of several markers that are directly associated with their functions. The chemokine (C-X-C) receptor 5 (CXCR5) is important for their initial migration into B cell follicles [12–15]. Tfh cells express PD-1, which was shown to play a role in the selection of high-affinity B cells in GCs [16]. Inducible co-stimulator (ICOS) is critical for the development [17, 18] and functions [15, 19, 20] of Tfh cells. CD40 ligand (CD40L) expressed by Tfh cells provides essential signals to B cells through CD40 for their differentiation and class-switching [21]. Tfh cells and their precursors secrete IL-21 [22–24], a  $\gamma$ c-family cytokine which potently promotes the growth, differentiation, and class-switching of B cells [25]. IL-21 delivers activation signals to B cells via STAT3 (signal transducer and activator of transcription 3), and accordingly STAT3-deficient



**Fig. 10.1** Generation of human Tfh cells. In secondary lymphoid organs, naïve CD4<sup>+</sup> T cells interact with DCs loaded with antigens. IL-12 secreted by the DCs induces naïve CD4<sup>+</sup> T cells to initiate the program to differentiate into the Tfh lineage. These cells migrate towards B cell follicles, and interact with B cells. T and B cell interaction initiates the B cell differentiation process towards

two different paths: extrafollicular plasma cells and cells forming GCs. How Tfh precursors and extrafollicular helper (EF) T cells overlap remains unclear in humans. Inside the GCs, Tfh cells provide help to high-affinity B cells and support their differentiation into long-lived plasma cells or memory B cells patients show severely impaired antibody responses including a decreased generation of memory B cells [26].

#### 10.3 Development of Tfh Cells

Differentiation of naïve CD4<sup>+</sup> T cells towards conventional helper T cell (Th) subsets (including Th1, Th2, and Th17 cells) is regulated by the signals that they receive from DCs and from microenvironment [27, 28]. Recent mouse studies indicate that this is also the case for Tfh cell generation. Tfh cells express large amounts of B cell lymphoma 6 (Bcl-6) [23], the transcription repressor that is necessary and sufficient for Tfh cell generation in vivo [29–31]. Initial commitment towards Tfh cells occurs by upregulation of Bcl-6 expression when CD4<sup>+</sup> T cells encounter with DCs [32-35]. The subsequent interaction between T and B cells appears to be important for the maintenance of Bcl-6 expression in Tfh cells. However, Bcl-6 does not regulate IL-21 secretion in mouse [30, 31] or human CD4<sup>+</sup> T cells [36]. This is in contrast to other transcription factors engaged in the differentiation of other conventional Th subsets, regulating the secretion of cytokines typical of each subset. Thus, Tfh cell generation occurs through a highly orchestrated process, and likely requires other transcription factors in addition to Bcl-6.

Which types of DCs do promote Tfh cell generation? DCs are endowed with enormous functional plasticity, which permits them to induce different immune responses according to the microenvironment. In addition, the DC system is composed of subsets associated with the induction of different types of immunity [37, 38]. Our study on human skin DC subsets demonstrated that CD14<sup>+</sup> dermal DCs are one of the most efficient DC subsets at inducing human naïve CD4<sup>+</sup> T cells to become Tfh-like cells in vitro [39]. CD4<sup>+</sup> T cells primed by CD14<sup>+</sup> dermal DCs, but not by epidermal Langerhans cells, strongly induce naïve B cells to become antibody secreting plasma cells producing IgM, as well as to switch isotypes towards IgG and IgA [39]. Furthermore, in vitro-generated DCs sharing properties with CD14<sup>+</sup> dermal DCs induce the differentiation of CD40-activated naïve B cells into IgM-producing plasma cells through direct DC and B cell interactions [40]. These observations suggest that CD14<sup>+</sup> dermal DCs display unique properties to promote the development of antibody responses in humans. Notably, in mice, activated dermal DCs migrate into the outer paracortex just beneath the B cell follicles, whereas LCs migrate into the T cell rich inner paracortex [41]. This suggests that also in mice, dermal DCs, rather than LCs, are one of the major DC subsets associated with the development of humoral immunity.

Mouse studies showed that STAT3 signaling delivered by IL-6 and IL-21 contributes to Tfh cell development [42-45]. Similarly, STAT3deficient human subjects (Hyper IgE syndrome) were shown to have altered Tfh response [46], although whether this is T cell intrinsic or secondary to defective B cell response [26] remains unclear. We and others showed that the IL-12-STAT4 pathway is one of the major pathways in humans by which DCs promote the development of IL-21-producing Tfh-like cells [47, 48]. IL-6 and IL-21 are much less potent than IL-12 in vitro at inducing human naïve CD4+ T cells to express Tfh-associated molecules, including IL-21, CXCR5, ICOS, and Bcl-6 [47, 49, 50]. Indeed, dermal CD14<sup>+</sup> DCs, but not LCs, express IL-12 upon CD40L stimulation [39], which explains at least in part why dermal CD14<sup>+</sup> DCs are efficient at inducing Tfh-like cells. Interestingly, there is evidence that the IL-12-STAT4 pathway contributes to the development of Tfh cells also in mice [51, 52]. Thus both STAT3 and STAT4 are involved in the generation of Tfh cells in mice and humans, while the extent of contribution by each pathway and/or cytokine might be different. It will be important to address whether IL-12 and/or IL-23 indeed contribute to in vivo Tfh and GC response in humans. Also it will be important to determine how the initial lineage commitment towards Th1 and Tfh cells is regulated in humans, because the IL-12/STAT4 axis also potently promotes Th1 cell generation through the upregulation of T-bet [53]. In mice, the effect of IL-12 on CD4+ T cells for the expression of Tfh-associated molecules is short-lived and eventually dominated by T-bet-driven Th1 cell generation [51].

#### 10.4 Human Tfh Subsets

#### 10.4.1 Tonsillar Tfh Subsets

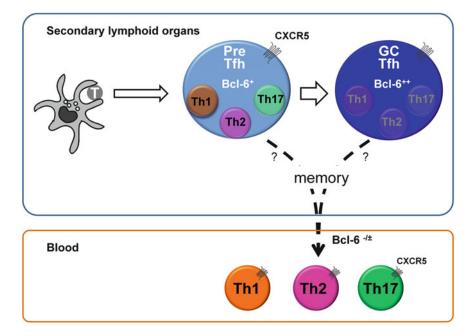
Whereas Tfh cells are considered to help the selection and differentiation of B cells in GCs, the identity of CD4<sup>+</sup> T cells interacting with B cells outside GCs was unknown in humans. We recently identified a Tfh-committed subset that is exclusively localized outside GCs in human tonsils [24]. This subset can be identified by the expression of IL-7 receptor, and low levels of CXCR5 and ICOS (CXCR5<sup>10</sup>ICOS<sup>10</sup>). The expression of BCL6 and PRDM1 transcripts are comparable between CXCR51ºICOS1º CD4+ T cells and CXCR5<sup>hi</sup>ICOS<sup>hi</sup> GC-Tfh cells. Interestingly, these two Tfh-lineage subsets differentially help B cells. CXCR5<sup>hi</sup>ICOS<sup>hi</sup>GC-Tfh cells are efficient at helping GC-B cells. Reciprocally, GC-B cells are able to maintain the survival of CXCR5<sup>hi</sup>ICOS<sup>hi</sup> GC-Tfh cells. CXCR5<sup>lo</sup>ICOS<sup>lo</sup> CD4<sup>+</sup> T cells are far more efficient than GC-Tfh cells at inducing naïve B cells to proliferate and differentiate into Ig-producing cells. Notably, CXCR5<sup>10</sup>ICOS<sup>10</sup> CD4+ T cells lack the capacity to help GC-B cells and induce the apoptosis of GC-B cells through the FAS/FAS-ligand (FAS-L) interaction. Thus, CXCR5<sup>lo</sup>ICOS<sup>lo</sup> CD4<sup>+</sup> tonsillar CD4<sup>+</sup> T cells likely represent extrafollicular helper cells engaged in inducing the differentiation of B cells into extrafollicular plasma cells and/or represent precursors of GC-Tfh cells (Pre-Tfh cells).

#### 10.4.2 Blood Circulating CXCR5<sup>+</sup> CD4<sup>+</sup> T Cell Subsets

Human tonsillar Tfh cells display distinct phenotype and gene profiles from other conventional Th subsets [15, 23, 54]. Discovery of Bcl-6 as a "master regulator" of Tfh cell generation further supports the concept that Tfh cells represent an independent CD4<sup>+</sup>T cell subset. However, mouse Tfh cells are indeed heterogeneous, and encompass distinct subsets secreting cytokines characteristic of Th1, Th2, and Th17 cells [55–59]. Furthermore, mouse Th2 [57] and T regs [60] were shown to be convertible into Tfh cells in vivo. Thus, the type of Tfh precursors also remains elusive and the relationship between Tfh cells and other Th subsets still remains unclear.

A fraction of human blood memory CD4+ T cells expresses CXCR5 [61]. Several observations suggest the relationship between CXCR5+ CD4+ T cells and Tfh cells. For example, humans who show severely impaired GC formation through deficiency of CD40-ligand or ICOS display significantly less circulating CXCR5+ CD4+ T cells [18]. On the contrary, CXCR5<sup>+</sup> CD4<sup>+</sup> T cells expressing ICOS are present at a higher frequency in blood of lupus patients [62]. Our studies on human blood CXCR5+ CD4+ T cells conclude that they share functional properties with Tfh cells from secondary lymphoid organs, and likely represent their circulating memory compartment [63]. In concordance with Tfh cells, blood CXCR5+ CD4+ T cells induce naïve and memory B cells to become Ig-producing cells via IL-21, IL-10, ICOS, and secrete CXCL13. At variance with Tfh cells, blood CXCR5+ CD4+ T cells barely express CD69 and ICOS, and express PD-1 only at low levels [14, 48, 62], suggesting that they are in a resting state. Consistently, blood CXCR5+ CD4+ T cells required cell activation to provide help to B cells through cognate interaction. In contrast to GC-Tfh cells, blood CXCR5+ CD4+ T cells express CCR7 and CD62L, suggesting their capacity to migrate into secondary lymphoid organs.

Importantly, blood CXCR5+ CD4+ T cells comprise three subsets; Th1, Th2, and Th17 cells [63] (Fig. 10.2). These subsets can be defined according to the expression of chemokine receptors, expression of transcription factors, and the type of cytokine secretion patterns. Th2 and Th17 cells within CXCR5<sup>+</sup> compartment efficiently induce naïve B cells to produce immunoglobulins and to switch isotypes through IL-21 secretion. While CXCR5+ Th2 cells promote IgG and IgE secretion, CXCR5+ Th17 cells are efficient at promoting IgG and, in particular, IgA secretion. In contrast, CXCR5+ Th1 cells lack the capacity to help naïve B cells. These findings suggest that Tfh cells associated with conventional Th subsets differentially shape the quality of human humoral immunity, with CXCR5+ Th2 cells favoring IgE responses and CXCR5+ Th17



**Fig. 10.2** Hypothetical model in the development of distinct Tfh subsets in humans. We surmise that Tfh-committed cells sharing properties with conventional Th1, Th2, and Th17 cells develop at the Pre-Tfh stage. During the maturation process towards GC-Tfh cells, transcription factor changes including Bcl-6 upregulation suppress

cells favoring protective mucosal antibody responses. Whether such Th1, Th2, and Th17commited Tfh subsets are present in human secondary lymphoid organs is under investigation.

Importantly, alteration in the balance of blood CXCR5<sup>+</sup> CD4<sup>+</sup> T cell subsets, which likely reflects the type of Tfh cells in secondary lymphoid organs, was found to be associated with autoimmunity. Patients with juvenile dermatomyositis, a systemic autoimmune disease, display a profound skewing of blood CXCR5+ CD4+ T cell subsets towards Th2 and Th17 [63]. Significantly, the skewing of subsets correlates with disease activity and frequency of blood plasmablasts. Furthermore, a study on Sjogren's syndrome patient blood samples shows that CXCR5+ Th17 cells are dominant in this disease, and the increase of these cells correlate with clinical characteristics including autoantibody titers and disease activity [64]. Thus, these studies provide a strong rationale that analysis on blood CXCR5+ CD4+ T cell subsets might

the expression and/or function of transcription factors associated with conventional Th subsets. Once Tfh cells (or pre-Tfh cells) differentiate into memory cells, they decrease the expression of Bcl-6 and start to reveal the property of conventional Th subsets while maintaining the identity of the Tfh lineage

provide diagnostic and/or prognostic biomarkers in human autoimmune diseases.

Whether blood CXCR5<sup>+</sup> CD4<sup>+</sup> T cells originate from cells that migrated out of GCs, Tfh precursors, or Tfh-committed extrafollicular helper cells [9, 65] is an important question, but will be challenging to address in humans.

#### 10.5 Perspectives

Tfh cells in human secondary lymphoid organs and in blood are composed of functionally different subsets. Establishing the mechanisms whereby the DC system induces Tfh cells with different functions will facilitate the design of novel vaccines. In particular, establishing how DC system generates Tfh subsets associated with the induction of mucosal homing plasma cells will provide a significant insight in the development of novel mucosal vaccines. Acknowledgments We thank former and current members of the Institute for their contributions to our progresses. These studies have been supported by the NIH (P01 CA084514, U19 AI057234, U19 AI082715, and U19 AI089987), the Baylor Health Care System; the Baylor Health Care System Foundation.

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# Differentiation and Activation of $\gamma\delta$ T Lymphocytes: Focus on CD27 and CD28 Costimulatory Receptors

# 11

#### Julie C. Ribot and Bruno Silva-Santos

#### Abstract

 $\gamma\delta$  T lymphocytes are major providers of the pro-inflammatory cytokines interferon- $\gamma$  (IFN- $\gamma$ ) and interleukin-17 (IL-17) at early stages of (auto) immune responses. We and others have recently described the phenotype and differentiation requirements of two distinct murine  $\gamma\delta$  T cell subsets producing either IFN- $\gamma$  or IL-17. Here we summarize our current understanding of the molecular mechanisms that control  $\gamma\delta$  T cell differentiation, which is programmed in the thymus, and peripheral activation upon infection. We focus on the costimulatory receptors CD27 and CD28, which play independent and non-redundant roles in the physiology of  $\gamma\delta$  T cells in mice and in humans.

#### Keywords

γδ T cells • T cell activation • Costimulation • CD27 • CD28

#### 11.1 Biological Roles of γδ T Lymphocytes

Since their accidental discovery almost 30 years ago, T cells expressing a  $\gamma\delta$  T cell receptor (TCR) have been studied in multiple settings of immune responses [1]. As a result, it is now clear that  $\gamma\delta$ 

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T cells comprise functionally specialized subsets that participate in host responses to many pathogens and tumors as well as in inflammation and immunopathology [2–4].

 $\gamma\delta$  T cells express clonally distributed antigen receptors, which is a hallmark of adaptive immunity. However, they are classically considered innate-like effectors, owing to their high frequency of preactivated cells displaying restricted antigen recognition repertoires associated with particular tissues. Moreover,  $\gamma\delta$  T cells respond in an MHC-independent manner to a variety of "stress-inducible" or pathogen-associated proteins or metabolites [1, 5]. Thus, the concept of  $\gamma\delta$  T cells as "first line of defense" has been proposed as a non-redundant system of responses based on

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an innate immunity program involved in systemic and specific responses depending on the inflammatory microenvironment, on microbes features, and on signals that are engaged [1, 5, 6].

The widespread implication of  $\gamma\delta$  T cells in immune responses is often attributed to the cells' rapid and abundant production of IFN- $\gamma$  in mice and in humans [7, 8]. However, many recent studies have also described  $\gamma\delta$  T cells as critical sources of IL-17 in animal models of infection [9–11] or autoimmune disorders [12–14].

#### 11.1.1 Infection

During infection with microorganisms as diverse as viruses, bacteria, and parasites,  $\gamma\delta$  T cells have been shown to expand, change their cell surface markers, and deploy effector functions [1]. In this context, murine  $\gamma\delta$  cells produce large amounts of IFN- $\gamma$  and/or IL-17, depending on the type of microorganism. For example, we observed the accumulation of IFN- $\gamma$ -producing, but not of IL-17-producing,  $\gamma\delta$  cells in the peritoneal cavity of mice infected with murid herpes virus 4 [15]. Of note,  $\gamma\delta$  lymphocytes have been repeatedly implicated in controlling infection with human [16] and murine [17] herpes viruses.

On the other hand, rapid IL-17 production in response to mycobacteria, *E. coli* or *Listeria*, is attributable to  $\gamma\delta$  cells rather than to TCR $\alpha\beta^+$ Th17 cells [10, 11, 18]. Moreover,  $\gamma\delta$  cells are also a critical provider of IL-17 in protective (neutrophil-mediated) responses against *Candida albicans* [19].

Finally, some microorganisms seem to elicit both IL-17 and IFN- $\gamma$  responses by  $\gamma\delta$  cells. That is the case of *Plasmodium berghei*, a rodent parasite used in experimental malaria models. We have observed a marked expansion of both IL-17<sup>+</sup> and IFN- $\gamma^+ \gamma\delta$  cells in peripheral lymphoid organs of *P. berghei*-infected C57Bl/6 mice [15, 20, 21]. Importantly, human  $\gamma\delta$  cells are also strongly activated by *P. falciparum* antigens [22], and malaria patients show striking expansions of  $\gamma\delta$ cells in the peripheral blood [23, 24].

In sum,  $\gamma\delta$  cells accumulate at sites of infection prior to  $\alpha\beta$  T cells and exert a rapid and potent pro-inflammatory role. Nonetheless,  $\gamma\delta$  T cell responses are not only restricted to early stages after infection. A later wave of  $\gamma\delta$  T cells can occur during or after pathogen clearance which interestingly seems to associate with antiinflammatory properties [25]. In fact, it seems that  $\gamma\delta$  T cells are critical to prevent excessive (chronic) inflammation in targeted tissues following *Listeria* [26] or *Toxoplasma* infection [27].

#### 11.1.2 Tissue Inflammation and Repair

The abundance of  $\gamma\delta$  cells in barrier tissues such as the skin, lung, and intestine makes them ideal candidates for participating in maintaining tissue homeostasis (even in the absence of infection). Namely, mice genetically deficient for  $\gamma\delta$  T cells  $(TCR\delta^{-/-})$  exhibited increased susceptibility to chemically induced spontaneous or skin inflammation [28]; and a delay in wound closure when administered punch biopsies [29]. This was attributed to the local absence of  $V\gamma 5^+$  dendritic epidermal T cells (DETCs) producing antiinflammatory mediators as well as keratinocyte growth factors required for epidermal remodeling. Similarly, human epidermal V $\delta$ 1<sup>+</sup> T cells from patients with healing wounds are activated and secrete growth factors (such as insulin-like growth factor 1), whereas patients with chronic, non-healing wounds have a defective epidermal T cell response [30, 31].

Tissue-resident  $\gamma\delta$  T cells have also been implicated in the repair of epithelia in other organs such as the intestine, where upon dextran sulfate sodium salt (DSS) treatment, TCR $\delta^{-/-}$  mice display exacerbated inflammation and defects in the repair of intestinal damage [32, 33]. Similarly to the skin, epithelial cell proliferation in the intestine is known to restore barrier integrity and KGF seems to be an important growth factor in this process [32].

Contrasting with these immunoregulatory roles,  $\gamma\delta$  cells have also been implicated in the promotion of inflammatory diseases. For example, in a model of colitis,  $\gamma\delta$  intraepithelial lymphocytes (IELs) contributed to disease induction and aggravated the pathology [34]. More recently, a subset of IL-17<sup>+</sup>  $\gamma\delta$  cells was reported to promote

intestinal Th17 differentiation and thus exacerbated the inflammatory response in the colon [35]. Furthermore,  $\gamma\delta$  cells were also shown to play a key pro-inflammatory role in a murine model of cerebral ischemia, where  $\gamma\delta$  cells were the main providers of IL-17 [36]. The production of IL-17 by  $\gamma\delta$  cells has now also been strongly linked to autoimmune pathology.

#### 11.1.3 Autoimmunity

The function of  $\gamma\delta$  T cells has been tested in a variety of animal models of induced autoimmunity, including experimental autoimmune encephalomyelitis (EAE), a model for human multiple sclerosis (MS), and collagen-induced arthritis (CIA), a model for human rheumatoid arthritis (RA). The majority of studies identified a disease-promoting effect of  $\gamma\delta$  T cells in EAE [13, 14, 37, 38] and CIA [12, 39]. In the case of EAE, induced by immunization with myelin oligodendrocyte glycoprotein (MOG) peptide in complete Freund's adjuvant (CFA),  $\gamma\delta$  T cells expanded in secondary lymphoid tissues and migrated to the central nervous system (CNS), where they accumulated shortly before the peak of clinical signs of disease [13, 14, 40]. The pathogenic role of  $\gamma\delta$  T cells in EAE has been linked to their production of IFN- $\gamma$ (and TNF- $\alpha$ ) by some authors [40], while others have attributed it to IL-17 secretion [13, 14]. In the latter scenario, two distinct mechanisms of crosstalk with  $\alpha\beta$  T cells have been proposed: A priming effect on the induction of subsequent Th17 responses [13] and an inhibitory effect on the differentiation of Foxp3<sup>+</sup> regulatory T cells [14].

Very recently, skin-infiltrating IL- $17^+ \gamma \delta$  T cells have also been shown to contribute to the development of skin lesions in a murine model of psoriasis [41], consistent with reports on the incidence of IL- $17^+ \gamma \delta$  T cells in human psoriasis [42, 43].

#### 11.1.4 Tumors

One of the most striking phenotypes of  $TCR\delta^{-/-}$ mice is their high susceptibility to the development of various types (transplantable, chemically induced, transgenic oncogene-driven or spontaneous) of tumors [5, 44]. Moreover, human  $\gamma\delta$  Tcells can use potent cytolytic mechanisms (perforin and granzymes; and death-inducing receptors like FAS and TRAIL-R) to kill leukemia, lymphoma, melanoma, and various carcinoma cell types [45] and are thus being targeted in cancer immunotherapy trials [46]. Furthermore, in vitro-activated human  $\gamma\delta$  T cells have been recently shown to target a small population of colon cancer stem cells, responsible for tumor resistance to conventional therapies [47], and to kill chemotherapy-resistant chronic myelogenous leukemia cell lines [48].

Another important function of  $\gamma\delta$  T cells derives from secreting large amounts of IFN- $\gamma$ , a central cytokine in anti-tumor immune responses [7]. On the other hand, murine  $\gamma\delta$  T cells can be a major source of IL-17 upon tumor challenge [49, 50]. However, the role of IL-17 produced by  $\gamma\delta$  T cells within the tumor microenvironment remains controversial: It has been associated both with promotion of angiogenesis and tumor growth [49, 51] and with CD8<sup>+</sup> T cell recruitment and the therapeutic effects of chemotherapy against several transplanted tumor cell lines [50]. Thus, further studies are required to dissect the specific roles of IL-17- versus IFN- $\gamma$ -producing  $\gamma\delta$  T cells in cancer immunity.

#### 11.2 Differentiation of Functional γδ T Cell Subsets

In striking contrast to  $\alpha\beta$  Th1 and Th17 cells, which can take up to 7 days to differentiate and clonally expand under the influence of specific combinations of "polarizing" cytokines [52],  $\gamma\delta$ T cells from lymphoid organs and peripheral tissues of naïve C57Bl/6 mice express effector cytokines directly ex vivo [20, 53, 54]. This allows  $\gamma\delta$  T cells to be the main constitutive producers of IL-17 in tissues such as the lung and the skin [54] and presumably underlies their very rapid responses to various physiological challenges [5] (see above). Such responses are now being scored and interpreted based on the definition of functional (Th1-like and Th17-like)  $\gamma\delta$  T cell subsets.

# 11.2.1 Subsetting the Functions of $\gamma\delta$ T Cells

One recent key advance in the study of the functional implications of  $\gamma\delta$  T cells was the definition of surface markers that allowed—at least in mice—the segregation of their IL-17-versus IFN- $\gamma$ -producing activities. Previously,  $\gamma\delta$  T cells had been mostly subsetted according to TCR gene segment usage, since their functions in immune responses often associated with particular TCR(V $\gamma$ )-defined repertoires subsets. For example,  $V\gamma4^+$  and  $V\gamma1^+$  cells derived from the same tissue showed different, and sometimes opposing (pro- versus anti-inflammatory), effects in models of bacterial and viral infection and in allergic airway hyperresponsiveness (reviewed in ref. 6).

However, as reports describing distinct physiological contributions of IL-17- versus IFN-yproducing  $\gamma\delta$  T cells (similarly to their  $\alpha\beta$  Th17 and Th1 counterparts) accumulated (see above), it became important to link the definition of  $\gamma\delta$  T cell subsets to these specific properties. In 2009, we identified the tumor necrosis factor receptor (TNFR) superfamily member CD27 as a surface marker that allowed the segregation of murine IL-17- versus IFN-γ-producing γδ T cells. Thus, CD27<sup>+</sup>  $\gamma\delta$  T cells isolated from spleen, lymph nodes, and various other tissues (such as lung or gut) make IFN- $\gamma$  (but no IL-17) upon stimulation, whereas IL-17 production is restricted to the CD27counterparts [20]. Both subsets responded to Plasmodium berghei infection by proliferating and producing the respective cytokines while maintaining their characteristic surface phenotypes [20].

Analogous studies by other groups segregated  $\gamma\delta$  T cells according to levels of CD122 or NK1.1 (expressed on the IFN- $\gamma$  producers) and Scart-2 or CCR6 (on IL-17<sup>+</sup>  $\gamma\delta$  T cells) [53, 55–57]. Furthermore, constitutive expression of the IL-23R is selective to a subset of IL-17<sup>+</sup>  $\gamma\delta$  T cells that mostly overlaps with Scart-2<sup>+</sup> CCR6<sup>+</sup> V $\gamma$ 4<sup>+</sup> cells in peripheral lymph nodes [14, 56, 58].

The definition of specific phenotypes of IFN- $\gamma$ -versus IL-17-producing  $\gamma\delta$  T cells paved the way for the dissection of the cellular and molecular mechanisms underlying their differentiation and functional specialization.

#### 11.2.2 Thymic Differentiation of Functional $\gamma\delta$ T Cell Subsets

Pioneering work from our [20] and other laboratories [53, 55] demonstrated that the selective functional properties of  $\gamma\delta$  T cell subsets are acquired during their differentiation—or "developmental pre-programming" [5]—in the thymus. In fact, functional commitment of murine  $\gamma\delta$  T cell subsets was observed as early (in ontogeny) as in the fetal thymus (from E15 onwards) [20, 55]. Importantly, the distinct functional attributes "imprinted" in the thymus were preserved in the periphery [20, 53].

Various molecular mechanisms have been implicated in the functional differentiation of  $\gamma\delta$ T cell subsets in the murine thymus [59]. First, Chien and co-workers proposed that  $\gamma\delta$  T cells whose TCR $\delta$  chain junctional amino acid sequence includes a particular motif that enables them to recognize the nonclassical MHC class I molecule, T22 [60], commit to IFN-γ production upon TCR ligation in the thymus [53]. Conversely, IL-17 expression was restricted to the cells that had not met their TCR ligand during thymic development. Consistent with this model, a subsequent study on skin-homing, TCR-invariant (Vγ5Vδ1<sup>+</sup>) DETCs demonstrated that the IFN-y-producing fate required molecular interactions with Skint-1 [61], which is a key component of TCR-dependent positive selection events of thymic DETC progenitors [62, 63]. This notwithstanding, the role of TCR signaling in the "developmental pre-programming" of  $\gamma\delta$ cells is likely to be more complex than described for these particular monoclonal  $\gamma\delta$  cell subsets, as recently discussed by Pennington and Turchinovich [59].

On the other hand, our work showed that CD27 is more than simply a marker of IFN- $\gamma^+ \gamma \delta$  cells, since CD70–CD27 signaling actively promoted their differentiation in vitro and in vivo [20]. Of note, we obtained evidence for a synergistic effect of TCR and CD27 signals in both the thymus [20] and in the periphery [15] (see ahead), consistent with the general view of CD27 as a "costimulatory receptor" (to the TCR).

As for IL-17<sup>+</sup>  $\gamma\delta$  cell development, it has been proposed that, instead of relying on TCR/CD27 signaling pathways, it requires input from other receptors such as TGF $\beta$ R or Notch. Thus, *Tgfb*<sup>-/-</sup> and *Smad3*<sup>-/-</sup> mice [64], and likewise *Hes1*<sup>-/-</sup> animals [65], harbored strongly reduced numbers of IL-17<sup>+</sup>  $\gamma\delta$  thymocytes. Furthermore, LT $\beta$ R signaling also seems to be necessary for thymic development IL-17<sup>+</sup>  $\gamma\delta$  cells [66], although paradoxically our previous data suggested that *Ltbr* expression on  $\gamma\delta$  thymocytes is downstream of CD27 signaling [20].

Following the engagement of these various receptors, signaling and transcriptional mediators are presumably the key to functional fates. While it is clear that  $\gamma\delta$  thymocytes express the transcription factors T-bet and RORyt [20], "master regulators" of Ifng and Il17 expression, respectively [59], the dissection of the genetic program that controls functional commitment of  $\gamma\delta$  T cell subsets is an ongoing collective project [67]. The current state of the art regarding the differentiation of IL-17<sup>+</sup>  $\gamma\delta$  cells, in particular, has been recently reviewed [68]. Briefly, the transcription factor RelB, acting downstream of LT $\beta$ R, seems to be required for the expression of RORyt (and ROR $\alpha$ ) [66]; ROR $\gamma$ t then acts in concert with Sox13 to drive γδ thymocytes toward an IL-17producing fate, which must be suppressed by an Egr3-dependent gene regulatory network (downstream of TCR signaling) in order to divert  $\gamma\delta$ thymocytes to T-bet expression and IFN-y production [61].

In summary, a current working model of murine  $\gamma\delta$  T cell differentiation proposes that signaling through TCR $\gamma\delta$  [53] and CD27 [20] is required for the differentiation of IFN- $\gamma^+\gamma\delta$  cells, whereas the IL-17-producing fate depends on cytokines such as lymphotoxin [66] or TGF- $\beta$  [64]. It remains unknown if similar rules apply (or not) to human  $\gamma\delta$  thymocytes.

#### 11.3 Peripheral Activation of γδ T Cell Subsets

While  $\gamma\delta$  T cell functions are programmed in the thymus, their response to challenge (such as infection) occurs in the periphery, where they need to be activated to proliferate and deploy

effector functions. Thus, a critical step towards the development of more efficient therapeutic strategies based on  $\gamma\delta$  T cells is the improvement of our understanding of the mechanisms that control their peripheral activation and expansion.

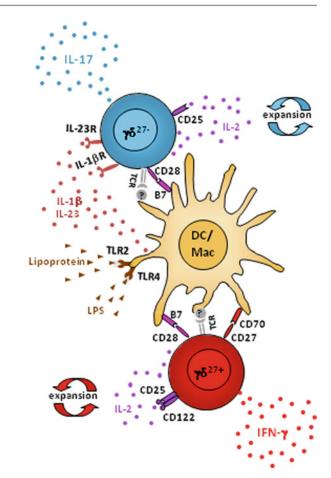
#### 11.3.1 With or Without the TCR?

Murine  $\gamma\delta$  T cell subsets seem to have very distinct requirements on TCR signaling for their activation and expansion: from obligatory for CD27<sup>+</sup>  $\gamma\delta$  T cells to dispensable for their CD27<sup>-</sup> (CCR6<sup>+</sup>) counterparts. Recent data have raised the question of the relative importance of the somatically recombined TCR (and its coreceptors) versus innate immunity-associated receptors for the activation of  $\gamma\delta$  T cells in vivo [69, 70]. Thus, independent reports from Sutton et al. [13] and from our group [15] have shown that the innate cytokines IL-1 $\beta$  and IL-23, mostly secreted by macrophages or dendritic cells upon Toll-like receptor (TLR) stimulation, control the expansion of IL-17-producing (CD27<sup>-</sup>)  $\gamma\delta$  T cells.

A controversial issue is whether CCR6<sup>+</sup>  $\gamma\delta$ T cells themselves express TLRs, thus allowing a direct response to pathogen-associated molecular patterns. Martin et al. reported that a subset of peripheral CCR6<sup>+</sup> CD44<sup>+</sup> γδ T cells expressed TLR1, TLR2, as well as dectin-1, which provided responsiveness to the lipoprotein Pam<sub>2</sub>CSK<sub>4</sub> (ligand for TLR1/2) and curdlan (ligand for TLR2 and dectin-1), leading to IL-17 production [71]. However, we have not observed any proliferation or IL-17 induction in highly purified CD27-(CCR6<sup>+</sup>)  $\gamma\delta$  T cells incubated with TLR agonists (ref. 15 and unpublished data). We therefore believe that the effect of TLR stimulation is indirect and mediated by myeloid cells secreting IL-1 $\beta$  and IL-23, which then induce the proliferation of CD27<sup>-</sup> (IL-17-producing)  $\gamma\delta$  T cells.

By contrast, CD27<sup>+</sup>  $\gamma\delta$  cells were refractory to IL-1 $\beta$ /IL-23 stimulation [15]; instead, a productive IFN- $\gamma$  response by CD27<sup>+</sup>  $\gamma\delta$  cells required triggering of both the TCR and the CD27 coreceptor [15]. Therefore, the dichotomous conditions for thymic generation of IL-17<sup>+</sup> and IFN- $\gamma^+$  $\gamma\delta$  T cells seem to translate into differential

Fig. 11.1 Working model for mechanisms of peripheral activation of  $\gamma\delta$ T cell subsets. Thymicderived  $\gamma \delta T$  cell subsets display distinct functional properties upon activation in peripheral lymphoid organs. IFN-y-producing CD27<sup>+</sup>  $\gamma\delta$  ( $\gamma\delta^{27+}$ ) cells require TCR signaling for expansion, and this process is greatly enhanced by both CD27 and CD28 costimulation. By contrast, CD27- $\gamma\delta$  ( $\gamma\delta^{27-}$ ) cells producing IL-17 can proliferate in response to innate signals, namely, IL-1ß and IL-23 produced by TLR2/ TLR4-activated dendritic cells (DC) and macrophages (Mac). However,  $\gamma \delta^{27-}$  cell expansion also requires CD28 signaling, which is required for autocrine provision of IL-2

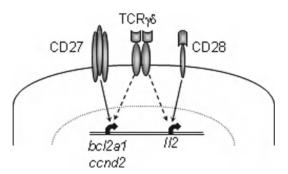


requirements for activation of these  $\gamma\delta$  T cell subsets in the periphery (Fig. 11.1).

When TCR-mediated activation is involved, costimulation through accessory receptors is also likely to be important. Extensive research on  $\alpha\beta$  T cells has clearly established that TCR stimulation ("signal 1") in the absence of additional activating signals results in a non-responsive state (also called "anergy") that is refractory to restimulation (reviewed in ref. 72). To avoid "anergy," co-ligation of other receptors, which provide "signal 2" (or costimulation), is usually required. We have therefore made significant efforts to dissect the costimulation requirements of  $\gamma\delta$  T cell subsets for peripheral activation and expansion in vivo [73].

# 11.3.2 The Role of CD27 Costimulation

Having identified CD27 as a thymic determinant of  $\gamma\delta$  T cell differentiation (see Sect. 2.2), we went on to explore its role in the peripheral activation of pre-programmed IFN- $\gamma$ -producing  $\gamma\delta$ T cells. We observed that CD27 signals were absolutely required for the expansion of these cells upon infection with herpes viruses or malaria parasites in mice [15]. We further showed that CD70–CD27 interactions provide survival and proliferative signals that control TCR $\gamma\delta$ -driven activation. Thus, CD27 signaling activated the non-canonical NF-kB pathway and enhanced the expression of anti-apoptotic (particularly *bcl2a1*)



**Fig. 11.2** CD27 and CD28 costimulatory pathways play non-redundant roles in  $\gamma\delta$  T cell activation. The two coreceptors act synergistically with TCR $\gamma\delta$  to control distinct gene expression programs. CD28 signaling specifically induces *Il2* expression, whereas CD27 costimulation enhances the transcription of the genes encoding Bcl2A1 and Cyclin D2

and cell cycle-related (*cyclin d2*, *cdk4*, and *cdk6*) genes [15] (Fig. 11.2).

While these data were obtained with murine  $\gamma\delta$  T cells, we subsequently addressed the role of CD27 costimulation in human γδ T cell activation. Most  $\gamma\delta$  peripheral blood lymphocytes express a Vy9V82 TCR that selectively recognizes small non-peptidic prenyl pyrophosphates ("phosphoantigens") [74]. We detected CD27 expression on an average of 81% of Vγ9Vδ2 T cells from healthy donors [75]. Upon activation with PMA and ionomycin, the vast majority (>50%) of CD27<sup>+</sup> V $\gamma$ 9V $\delta$ 2 T cells produced IFN- $\gamma$ , whereas less than 1% made IL-17 [75]. Importantly, the proliferation of these cells was highly sensitive to CD70-CD27 modulation: administration of soluble recombinant CD70 enhanced, whereas blocking anti-CD27 (or anti-CD70) mAbs reduced,  $V\gamma 9V\delta 2$  T cell expansion in vitro. Moreover, CD27 signaling induced fluxes of intracellular calcium ions and, as in mice [15], upregulated the expression of Bcl2a1 and Cyclin D2 [75]. In fact, a major role of CD27 costimulation appeared to be the protection from activation-induced cell death (AICD) following phosphoantigen stimulation [75].

These data collectively suggest that the modulation of CD70–CD27 signals may be of great value for T cell-based immunotherapy, particularly in the context of cancer [46]. Consistent with this, work on CD8<sup>+</sup> T cells has demonstrated that the expansion of tumor-specific cytotoxic T lymphocytes (CTLs) is critically dependent on CD27 costimulation [76, 77].

# 11.3.3 The Role of CD28 Costimulation

Much of what is known about T cell costimulation has come from studies on CD28, an immunoglobulin superfamily receptor that binds to B7.1 (CD80) or B7.2 (CD86) [72]. By contrast to the well-established function of CD28 costimulation in  $\alpha\beta$  T cell activation, its relevance to  $\gamma\delta$ T cells has remained controversial due to various discrepant reports (reviewed in ref. 73). We therefore decided to revisit this issue and to further specify the potential contribution of CD28 signaling to the activation and expansion of CD27<sup>+</sup> and CD27<sup>-</sup>  $\gamma\delta$  T cell subsets in vivo.

We observed that CD28, constitutively expressed on freshly isolated lymphoid  $\gamma\delta$  T cells, promoted  $\gamma\delta$  T cell survival and proliferation in both mice and humans. Thus,  $\gamma\delta$  cell expansion was significantly enhanced by CD28 receptor agonists, but abrogated by B7 antibody-mediated blockade [22]. Mechanistically, we showed that the induction of IL-2 production is a major and specific function of CD28 (but not CD27) costimulation in  $\gamma\delta$  cells (Fig. 11.2), which are known to strongly benefit from IL-2 signals for their expansion [78, 79]. The fact that  $\gamma\delta$  cells themselves can produce high levels of IL-2 strictly upon CD28 costimulation defines important rules for their expansion in situ. Of note, CD28-deficient mice displayed reduced (relative to WT controls) numbers of total or activated  $\gamma\delta$  cells following Plasmodium berghei infection, which was not phenocopied in CD27-deficient animals. This demonstrates that the two costimulatory pathways play independent roles in  $\gamma\delta$  T cell activation in vivo [15, 22].

Most importantly, CD28-deficient mice failed to expand both IFN- $\gamma^+$  and IL-17<sup>+</sup>  $\gamma\delta$  cells in response to *Plasmodium* parasites [22], which contrasted with the selective effect of CD27 on IFN- $\gamma$ -producing  $\gamma\delta$  cells [15]. Regarding the latter, we further showed that CD28 acts nonredundantly and synergistically with CD27 in their activation and expansion following malaria infection [22].

Finally, the evidence that IL-17<sup>+</sup>  $\gamma\delta$  cells also rely on CD28 costimulatory signals for their expansion in vivo [22] is likely to reflect an underappreciated [69] dependence on TCR-mediated activation of CD27<sup>-</sup>  $\gamma\delta$  cells. These recent data have provoked a revision of our working model of  $\gamma\delta$  T cell activation (Fig. 11.1).

# 11.4 Conclusion and Future Perspectives

We have made significant progress in our understanding of the molecular mechanisms that control the differentiation and activation of  $\gamma\delta$  T cells in vivo. The costimulatory receptors CD27 and CD28 play central roles in these processes, thus creating a possibility for positive (in infection or cancer) or negative (in chronic inflammation or autoimmunity) modulation of  $\gamma\delta$  cell responses in the clinic. However, as most of this research has been performed on animal models, these findings should be further tested on human  $\gamma\delta$  T cells. On the other hand, the importance of additional coreceptors, and of the TCR itself, for the distinct  $\gamma\delta$ T cell subsets, should be further investigated and clarified. Finally, more insight is needed on the molecular mechanisms, downstream of receptors, responsible for functional commitment of  $\gamma\delta$ T cell subsets. In particular, the roles of epigenetics (chromatin modifications), on one hand, and post-transcriptional mechanisms (including microRNA-mediated regulation), on the other, are yet to be explored. Overall, these future lines of research should help us understand better the physiology of  $\gamma\delta$  T cell subsets and their contributions to immune responses.

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# **Decisions on the Road to Memory**

12

# Derk Amsen, Ronald A. Backer, and Christina Helbig

# Abstract

A fundamental property of the adaptive immune system is the ability to generate antigen-specific memory, which protects against repeated infections with the same pathogens and determines the success of vaccination. Immune memory is built up alongside a response providing direct protection during the course of a primary immune response. For CD8 T cells, this involves the generation of two distinct types of effector cells. Short lived effector cells (SLECs) confer immediate protection, but contribute little to the memory repertoire. Memory precursor effector cells (MPECs) have the ability to respond to survival signals and develop into memory cells. These two types of cells can be distinguished on the basis of surface markers and express distinct genetic programs. A single naive CD8 T cell can give rise to both MPEC and SLEC daughter cells. This may involve an initial asymmetric division or depend on later instructive signals acting on equipotent daughter cells. Strong inflammatory signals favor the generation of SLECs and weaker inflammation favors the generation of MPECs. A distinguishing feature of MPECs is their ability to persist when most effector cells die. This survival depends on signals from the IL-7 receptor, which induce expression of anti-apoptotic factors. MPECs are therefore characterized by expression of the IL-7 receptor as well as the CCR7 chemokine receptor, which allows homing to areas in lymphoid organs where

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IL-7 is produced. Critical for persistence of MPECs is further their responsiveness to myeloid cell derived IL-15, which instructs these cells to switch their metabolic programs from glycolysis associated with rapid proliferation to fatty acid oxidation required during a more resting state. As the mechanisms determining generation of immunological memory are unraveled, opportunities will emerge for the improvement of vaccination strategies.

#### Keywords

CD8 T cell • Memory • Inflammation • MPEC • SLEC

# 12.1 Numbers

The adaptive immune response is a numbers game with ups and downs. Many different pathogens can potentially invade our tissues necessitating the existence of a large number of different antigen receptor specificities. As the frequency of individual antigen receptor specificities is inversely proportional to the total number of specificities, the number of naive cells carrying any individual specificity is low. Measurements among CD8 T cells in mice have shown that the pre-immune frequency of individual antigen specificities lies between 1 in  $7 \times 10^4$  and 1 in  $3 \times 10^5$  cells and a mouse thus contains around 80-1,200 naive CD8 T cells of each specificity [1]. This number stands in sharp contrast to the millions of cells that can be infected during a viral invasion. As killing by CD8 T cells requires direct cell-cell contact, tremendous expansion of the naive repertoire of CD8 T cells is thus necessary for effective removal of all these infected cells. Indeed, at the peak of a response, up to 10% of the CD8 T cell repertoire may consist of cells with a single antigen specificity, requiring around 10<sup>4</sup>-fold or greater expansion of the naive repertoire [1]. Ten such responses would theoretically result in a doubling of the total number of CD8 T cells in a mouse. Clearly, maintaining all these excess effector CD8 T cells after clearance of the infections would be a great waste of resources and space and possibly even dangerous, given that these cytotoxic cells are armed to the teeth. After about a week into a primary CD8 T cells response, antigen-specific repertoires therefore contract again, ultimately leaving only about 5-10% of the newly generated cells to generate a stable pool of

memory cells [2]. While only a minor fraction of the peak population, the number of memory CD8 T cells persisting is still several orders of magnitude greater than the naive repertoire, giving them a head start when the same microorganism reinfects the host and the repertoire must be expanded again. In combination with qualitative differences between memory and naive CD8 T cells, this greater precursor frequency causes memory responses to be both faster and more vigorous than primary responses, and thereby limit pathology from repeated infections [3]. Different types of memory CD8 T cells exist, which differ in their localization and functional abilities. Central memory (Tcm) cells express high levels of the lymph node homing receptor CD62L and correspondingly reside in lymph nodes and spleen. On the other hand, effector memory (Tem) CD8 T cells lack expression of CD62L and are preferentially found in tissues. Tem have limited ability to proliferate, but readily unleash their effector function, whereas Tcm proliferate vigorously and require a differentiation phase to acquire effector function [3].

As memory responses determine the success of vaccination, there is great interest in understanding the mechanisms controlling the generation of effective memory. The early events leading to the establishment of CD8 T cell memory are the subject of this chapter.

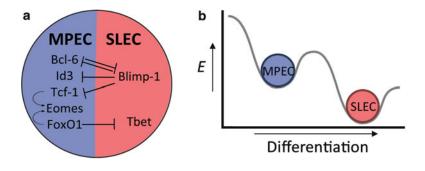
# 12.2 MPECs and SLECs: Cells with Different Potential

A key question is how it is decided which effector cells should die at the end of a primary response and which ones will live on to become memory cells? Conceptually, two different models are possible: First, all effector cells could be equipotent and chance encounters with survival factors at and after the peak of the response could determine which cells survive and develop into memory cells. Alternatively, a decision could be made earlier, such that some effector cells are destined to die, while others are predisposed to seed the memory lineage. The available evidence clearly favors the latter possibility. Cell transfer experiments have shown that at the peak of the response two types of effector cells exist: short lived effector cells (SLECs), which die during contraction of the repertoire, and memory precursor effector cells (MPECs) [4]. These cells are found within two populations with distinct expression of the killer lectin-like receptor KLRG1 and the  $\alpha$ -chain of the IL-7 receptor, CD127. KLRG1+CD127cells are mostly SLECs, whereas MPECs are contained within a KLRG1-CD127+ population [4, 5]. Further heterogeneity may exist within the MPEC population. A proportion of KLRG1-CD127+ was recently shown to express CD62L, and it has been suggested that these cells may be the precursors of Tcm [6]. The relative distribution of cells in these populations varies between responses to different infections. For instance, over 60% of antigen-specific cell found at the peak of the response to Listeria monocytogenes or LCMV is KLRG1+CD127-, whereas this population makes up only 20% of the response to Influenza virus [6, 7]. A third population of KLRG1<sup>-</sup>CD127<sup>-</sup> cells is found at the peak of the response to some pathogens such as Influenza virus or vesicular stomatitis virus (VSV) [6]. Cells in this population have the capacity to give rise to all three populations, KLRG1-CD127-, KLRG1+CD127-, and KLRG1<sup>-</sup>CD127<sup>+</sup> [6]. These cells thus appear to be precursors to SLECs and MPECs and have been referred to as early effector cells (EECs) [6]. Commitment to the MPEC fate seems to already be made by cells in this population. It was shown that high expression of the transcriptional regulator Id3 among EEC marks those cells destined to develop into memory cells [8].

Both SLECs and MPECs are genuine effector cells, which produce effector cytokines such as

γIFN as well as cytolytic effector molecules like Granzyme B and Perforin (Ronald A. Backer and Derk Amsen,Unpublished results). Nonetheless, significant differences exist between the two types of effector cells, apart from the ability to survive. SLECs produce higher levels of cytotoxic effector molecules than MPECs. This is true especially at later stages in the response, when MPECs gradually reduce production of these molecules [9]. In contrast, MPECs produce more IL-2. Differences are also found in the expression pattern of chemokine and homing receptors, with for instance preferential expression of the lymph node homing receptors CCR7 and CD62L on MPECs (see below) [6, 9, 10].

As would be expected from these phenotypic differences, the SLEC and MPEC fates are associated with distinct transcriptional programs. Dedicated transcription factors govern these gene expression programs. Several of these factors are preferentially expressed in one cell type or the other. For instance, the T-box transcription factor T-bet and the Zinc finger containing transcriptional repressor Blimp1 are both expressed at higher levels in SLECs than in MPECs and are necessary for the development of KLRG1+CD127cells [5, 9, 11]. T-bet contributes to the establishment/maintenance of SLEC identity by promoting expression of the *Ifng* gene and repression of the gene encoding CD127. T-bet also induces expression of CD122, the  $\beta$ -chain of the receptor for IL-15, which helps maintain viability of SLECs at late stages in the response (see below) [12]. Blimp1 is necessary for high expression of cytotoxic molecules, such as Granzyme B, FasL, and Perforin [9, 11]. As Blimp1 is a transcriptional repressor, it seems likely that intermediate factors are involved in these positive effects. On the other hand, Blimp1 inhibits expression of multiple MPEC specific factors, such as CD127 and IL-2, as well as chemokine receptors and receptors involved in homing to lymphoid organs, such as CCR7 and CD62L [9, 11]. Blimp1 furthermore directly antagonizes the MPEC transcriptional program at a higher level by repressing expression of various MPEC promoting transcription factors. One of these is Bcl6, a factor necessary for development of stable MPEC cells, which itself inhibits



**Fig. 12.1** (a) Transcriptional regulators dedicated to the establishment and maintenance of either MPEC or SLEC differentiation form cross-regulatory networks, which inhibit one another at multiple levels to generate stable identities. (b) The formation of MPECs and SLECs from single precursor cells represented as bistable differentiation states, allowing separation of SLECs and MPECs as

distinct, relatively stable cell subsets. Both differentiated states are energetically more favorable than the transition state. Only after crossing a threshold do the cells transition, but intermediate phenotypes likely do not exist due to inherent instability. Because SLECS can be generated from MPECs, but probably not the other way around, the former are represented at a lower energetic state

expression of the Granzyme B gene as well as, in a mutually antagonistic fashion, the gene encoding Blimp1 [13]. Another MPEC factor inhibited by Blimp1 is Id3 [9], a helix-loop-helix factor which functions as dominant-negative regulator of DNA binding by E-proteins or other transcription factors [14]. Id3 is expressed at elevated levels in MPECs and is essential for their long-term survival through as yet unidentified mechanisms [8, 15]. Finally, the Wnt pathway transcription factor Tcf1 is preferentially expressed in MPECs and inhibited by Blimp1 [9, 16]. Like Id3, Tcf1 is not required for MPEC differentiation per se, but is essential for persistence of MPECs by transactivating the gene encoding the T-box factor Eomesodermin [16]. In its turn, Eomesodermin promotes expression of CD122, allowing MPECs and memory cells to respond to IL-15, which is necessary for initial survival and their later homeostatic turn over [12]. Finally, the FoxO1 transcription factor promotes the MPEC fate by inducing expression of CD127, CD62L, and Eomesodermin [17]. At the same time, FoxO1 inhibits expression of the SLEC factor T-bet [17].

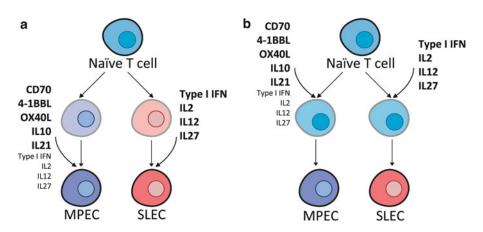
A general picture that emerges is that dedicated transcription factors act both positively to promote one fate and negatively to inhibit the other (Fig. 12.1). This suggests that these two cell types exist in bistable states, such as found for instance also between T helper 1 and T helper 2 cells, reinforcing the notion that MPEC and SLEC truly represent distinct identities, rather than a continuum of phenotypes.

# 12.3 One Cell, Multiple Fates

How then is this heterogeneity of SLECs and MPECs generated? One possibility could be that different naive precursors develop into SLECs and MPECs. It has been proposed for instance that the timing of recruitment into the response affects the ultimate fate chosen by the CD8 naïve precursor. Indeed, not all antigen responsive cells are activated at the same time. For instance, 1 day after infection with VSV, only 35% of the naïve VSV specific CD8 T cells expressed the early activation marker CD69, whereas after 2 days nearly all VSV specific CD8 T cells did [1]. Furthermore, when naive precursors were transferred at different times into a mouse already making a response, those CD8 T cells transferred at a relatively late stage preferentially developed into MPEC [18]. It is therefore possible that the timing of activation does influence the choice between SLEC and MPEC differentiation. However, others have shown that one single Ag-specific CD8 T cell can give rise to a diverse population of effector and memory cells [19, 20]. When, for instance, a single naive antigen-specific T cell was transferred into a congenic host, it was found that its progeny consisted of both effector and memory cells [19]. In another experiment, naive CD8 T cells were engineered to carry unique genetic "barcodes," short random DNA sequences, which allow the tracing of their progeny. When mice with these CD8 T cells were infected with different model pathogens, the same barcodes were found back in both effector and memory cells [20]. If SLECs and MPECs were derived from different naive precursors, the prediction of this experiment would have been that a specific subset of barcodes should be found exclusively in the effector cells and not in the memory population. That such a population of barcodes was not found, suggests that the generation of SLEC and MPEC progeny from a single naive precursor is the rule rather than the exception.

# 12.4 Commitment at First Division or Later

Two models have been proposed to explain how a single cell gives rise to both of SLEC and MPEC progeny (Fig. 12.2) and each of these models has been supported by elegant experimental evidence. In the first model, the decision between SLEC and MPEC is taken already during a first asymmetric division of the naive CD8 T cell, in which one of the daughter cells adopts the SLEC and the other the MPEC fate [21]. It was shown that cognate interaction with peptide loaded antigen presenting cells (APC) results in a polarized organization of naive CD8 T cells with several molecules moving towards the site of interaction and others to the opposite side [21]. As cytokinesis occurs while the CD8 T cell is still in contact with the APC, this polarized organization of the original naive CD8 T cells results in unequal distribution of molecules between the two daughter cells. The cell closest to the APC (the proximal daughter) was found to receive greater levels of molecules associated with effec-



**Fig. 12.2** Two models for the generation of both MPECs and SLECs from a single precursor. (a) CD8<sup>+</sup> T cell heterogeneity can be imparted during the first cell division after Ag encounter by asymmetric division of the naïve CD8<sup>+</sup> T cell. Asymmetrical segregation of cell fate determinants leads to the formation of phenotypically and functionally different daughter cells. Daughter cells do

still require input from environmental signals to fully differentiate and/or to expand. (b) Equipotent daughter cells are formed, some of which will develop into SLEC and others into MPEC cells depending on signals they encounter. Commitment to SLEC or MPEC fates may occur after the first division as shown, or may happen after two or more divisions

tor fate, such as Granzyme B and T-bet [21, 22]. The distal daughter cell received greater levels of CD127, a marker associated with the MPEC fate. Upon transfer into recipient mice, distal daughter cells conferred greater protection to delayed infection than proximal daughter cells, consistent with the possibility that the distal cells possess greater potential to generate memory [21].

In the second model, naive CD8 T cells generate equipotent daughter cells that all develop effector function. Some of these daughters will subsequently develop into SLECs and others into MPECs, depending on signals encountered during the response. In support of this, it has been shown that memory T cells indeed derive from cells with effector cell characteristics. This conclusion was drawn from experiments in which transgenic mice expressed a tamoxifen controllable version of the Cre enzyme (ER-Cre) driven by the regulatory elements of the Granzyme B gene [23]. These mice additionally contained an expression construct encoding the yellow fluorescent protein (YFP) marker, which was inserted in the ubiquitously expressed Rosa locus, but was inactive until Cre mediated excision of a 5' Stop sequence. This configuration allowed indelible marking of cells in which Cre had been expressed at some point as well as their progeny. It was found that addition of tamoxifen (to allow ER-Cre function) at early stages after primary infection led to the development of YFP+ memory cells [23]. Therefore, ancestors of these memory cells had expressed the gene encoding the effector cell molecule Granzyme B at some stage. This experiment excludes an all or none model in which an early asymmetric division yields one daughter lineage with effector function and another daughter lineage without effector function, destined to develop into memory cells. The experiment does not, however, exclude a hybrid model, in which cells already committed to the MPEC fate still develop some effector function. Consistent with this possibility, KLRG1-CD127+ MPEC have indeed been shown to produce Granzyme B, especially early after infection [9]. At the same time, it should be noted that the evidence supporting a decisive role for asymmetric division in determining SLEC versus MPEC fate currently rests on a single type of experiment: adoptive transfer of cells, identified as distal or proximal daughter cells on the basis of small differences in expression of surface markers [21]. Although this approach was not wrong per se, independent confirmation of the importance of asymmetric division by additional experimental strategies still seems warranted.

# 12.5 Factors Promoting MPEC or SLEC Differentiation

Regardless of the point at which commitment to SLEC or MPEC is made, it is clear that external signals strongly affect the development of these cell types (Fig. 12.2). A general rule seems to be that signals associated with strong inflammation favor development of SLECs. Treatment of mice with antibiotics during infection with the intracellular bacterium Listeria monocytogenes results in diminished expansion of antigen-specific CD8 T cells [24]. This is due for the most part to an almost complete absence of SLEC generation. Numbers of MPECs generated under these conditions are close to those found in infections without antibiotics and these MPECs give rise to functional memory [24]. As treatment with antibiotics also reduced serum levels of inflammatory cytokines [24], a possible interpretation could be that such cytokines are required for SLEC formation. Likewise, SLEC differentiation was almost abrogated in CCR5 and CXCR3 double deficient mice infected with Influenza virus. These chemokine receptors are necessary for migration into the infected tissue and their absence presumably causes lower exposure of the activated CD8 T cells to inflammatory mediators [25]. Indeed, CD8 T cells lacking expression of functional receptors for IL-12 or type IFN generate fewer SLECs and proportionally more MPEC with the relative contribution of each cytokine varying depending on the infectious model studied [7, 26]. SLEC differentiation is not completely abrogated by the combined absence of both receptors, possibly due to a contribution of yet other inflammatory cytokines, such as IL-27 [7]. The finding that the numbers of KLRG1-CD127+ cells generated are relatively unchanged when these inflammatory cytokines are absent, might seem to suggest that memory cell formation occurs by avoiding exposure to inflammatory cytokines. However, this idea is only partially correct. Whereas cells with the phenotypic characteristics of MPECs do indeed develop in normal numbers, combined deficiency for both IL-12 and type I IFN receptors results in poor memory development due to precipitous death of the MPECs at later stages in the response [26]. One possible explanation for the dual functions of inflammatory signals could be that strong or repeated exposure to inflammatory cytokines induces EECs to develop into SLECs, whereas weaker or shorter exposure induces critical aspects of a survival program in the developing MPECs.

Another factor promoting the generation of SLECs is IL-2. High concentrations of IL-2 promote acquisition of effector functions in tissue culture [27]. In vivo, expression of CD25, the  $\alpha$ -chain of the high affinity IL-2 receptor, is uniformly high at early stages after infection, but at later stages CD25<sup>high</sup> and CD25<sup>low</sup> populations develop [28]. Of these, the CD25<sup>high</sup> population contains more proliferative cells, which eventually develop into SLECs. CD25<sup>low</sup> cells develop the phenotypic characteristics of MPECs and preferentially survive at later stages of the response. Expression of CD25 is elevated or maintained at high levels by IL-2 receptor and antigen receptor signaling as well as by costimulatory signals [28]. Help from CD4 T cells also promotes expression of CD25, possibly by providing a source of IL-2 [29]. CD25 expression is not an absolute requirement for the generation of SLECs. CD25-deficient CD8 T cells still generate such cells, but at reduced numbers [29]. On the other hand, the generation of MPECs by CD25-deficient CD8 T cells seems relatively normal, such that proportionally their frequency is increased [29]. Nonetheless, as is the case for inflammatory cytokines, IL-2 may not be dispensable for the generation of functional CD8 T cell memory: Although CD25-deficient CD8 T cells generate a memory population of normal size, such cells did not mount functional memory responses upon reinfection, although this was

not found in all studies [29, 30]. It is not clear, however, whether IL-2 programs the development of functional memory cells or whether already differentiated memory cells require IL-2 receptor signals to mount an effective memory response [31].

A number of signals thus promotes development of SLECs. Does this mean that MPEC differentiation is a default fate or does induction of this fate require specific instructive signals as well? Although no conclusive evidence exists for this yet, several signals have shown to be necessary for CD8 memory T cell development. Two cytokines required for this are IL-10 and IL-21 [13]. IL-21 is produced predominantly by CD4 T cells and may be a component of CD4 T cell help to CD8 T cells [32]. IL-10 can be made by a variety of cells, including CD4 T cells and myeloid cells. Memory CD8 T cell responses are weak in mice lacking Stat3, a common effector of the IL-10 and IL-21 receptors [13]. However, this phenotype may not be caused by defective development of MPECs, but may rather be a consequence of an inability to maintain MPECs at later stages. MPEC cells gradually disappear in these mice and the same is true when both IL-10 and IL-21 are absent. As MPEC numbers dwindle, there is a gradual increase in a population of KLRG1+CD127- cells under these conditions, suggesting that the loss of MPECs results from conversion into SLECs [13]. IL-10 and IL-21 were shown to induce expression of SOCS3, which in turn was shown to inhibit signaling via the IL-12 receptor [13]. It is possible, therefore, that IL-10 and IL-21 prevent differentiation of already formed MPECs into SLECs by insulating these cells from the influence of cytokines such as IL-12.

The TNF receptor family members CD27, 4-1BB, and OX40 have all been implicated in the generation of CD8 T cell memory [33]. Of these receptors, CD27 is found already on naive CD8 T cells, whereas the other two receptors are expressed sequentially after activation of CD8 T cells. Ligands for these receptors are expressed, among others, by activated dendritic cells and lymphocytes [33]. It was shown that CD27 signaling results in elevated expression of CD127 and thus augments the size of the MPEC pool [34]. In addition, CD27 inhibits expression of critical components of the IL-2 and IL-12 receptors [34] and may thereby, like IL-10 and IL-21, insulate developing MPECs from signals promoting differentiation into SLEC-like cells. OX40 and 4-1BB contribute to the generation of CD8 T cell memory in part by promoting viability of the effector CD8 T cell pool [33, 35]. Interestingly, CD8 memory T cells generated in mice lacking expression of the ligands for OX40 or 4-1BB generated weaker recall responses even when transferred into wild-type mice [35]. This suggests that signaling through these receptors during primary responses induces a heritable program bestowing these cells with properties critical to memory cell expansion.

A final signal implicated in CD8 memory T cell differentiation is IL-15. This cytokine is produced both by dendritic cells and macrophages and binds to a receptor very similar to the one used by IL-2. Both receptors consist of the same  $\beta$ -chain (CD122) and  $\gamma$ -chain (CD132). Unique  $\alpha$ -chains are used to create high affinity receptors. CD25 is the  $\alpha$ -chain for the IL-2 receptor and CD215 is the  $\alpha$ -chain for the IL-15 receptor [36]. This latter chain functions in an unusual manner, as it is not expressed on the same cell as the other two components of the receptor. Instead, it is found on the surface of macrophages and dendritic cells and functions by transpresenting IL-15. This transpresentation is essential for IL-15 function as evidenced by the identical phenotypes of mice lacking IL-15Ra or IL-15 itself [37, 38]. Despite the similarity between the receptors for IL-2 and IL-15, these cytokines induce quite different responses in CD8 T cells. As described above, IL-2 promotes terminal effector cell differentiation [27]. In contrast, addition of IL-15 to in vitro CD8 T cell cultures promotes the differentiation of cells expressing low levels of cytotoxic molecules, which behave as memory cells upon transfer into mice [39]. Although these findings suggest that IL-15 might serve as an inductive signal for MPEC differentiation, MPEC development is apparently normal in mice lacking IL-15 or its receptor, although the persistence of memory populations requires IL-15 for homeostatic self-renewal of already established memory cells [40, 41].

Both SLEC and MPEC generation are thus promoted by signals from the environment. Whether these signals instruct differentiation into either lineage, bolster programs already initiated or merely expand committed cells is not currently clear. It is not unlikely that all three occur. Thus, IL-2 presumably promotes rapid cycling of CD25<sup>high</sup> SLECs [28, 29]. However, IL-2 also contributes to the development of SLEC identity by inducing expression of Blimp and Perforin [9, 27]. Similarly, IL-12 induces expression of T-bet and thereby promotes acquisition of SLEC characteristics [5]. As for MPEC differentiation, limiting but not altogether avoiding exposure to inflammatory mediators seems key. The discrete differences in chemokine receptor expression between SLECs and MPECs likely play an important role in this, such that MPECs preferentially home to and remain in secondary lymphoid tissue, whereas SLECs go out to the inflamed tissues [9, 10]. Nonetheless, signals do seem to exist that positively affect MPEC differentiation as well. These may be especially important for the differentiation of memory cells with full proliferative and effector functions. Help from CD4 T cells is apparently essential for this and may depend on factors directly secreted by CD4 T cells, such as IL-2 and IL-21, or may indirectly depend on stimulating production of signals by APC, such as IL-12, IL-15, and ligands for CD27, OX40, and 4-1BB [30, 32, 35, 42].

# 12.6 Later Stages: Surviving Contraction

A critical property for MPECs is the ability to survive long term. After reaching peak numbers by about 7–12 days after infection, most of the CD8 effector T cells generated die, resulting in contraction of the antigen-specific repertoire. This contraction generally correlates with clearance of the pathogen, which would seem to suggest that the loss of effector cell viability is caused by disappearance of antigen. Somewhat surprisingly, however, it has turned out that onset of the contraction phase can be separated from the clearance of the infection. For example, antibiotic treatment 2 days after infection with *L. monocytogenes* truncates the infection but has little impact on the onset or rate of CD8<sup>+</sup> T-cell contraction [3, 43]. Moreover, the onset and initial kinetics of antigen-specific CD8<sup>+</sup> T-cell contraction are similar after acute and chronic or persistent virus infection [43–45].

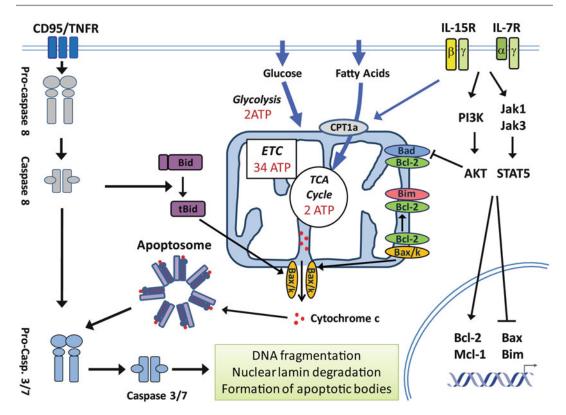
Inflammatory cues during the infection determine the degree of contraction. This seems causally related to the promotion of SLEC differentiation and expansion by inflammatory signals (as discussed above). Hardly any SLECs are generated in *L. monocytogenes* infected mice treated with antibiotics and correspondingly, contraction is minimal in these mice. Similarly, reduced contraction is observed in responses against Influenza virus when CD8 T cells lack CCR5 and CXCR3, necessary for migration into the inflamed tissues in the lungs. CD8 effector T cells lacking expression of these receptors do not develop into SLECs and generate an expanded memory pool [25].

Both SLECs and MPECs are kept alive by IL-15. In the absence of IL-15 receptor signaling, both cell types are lost precipitously after the peak of the response. On the other hand, repeated injection of recombinant IL-15 into mice prevents contraction of either cell type. Clearly, the ability of IL-15 to maintain effector cell viability is restricted under normal conditions as most cells die eventually. One possible explanation for this could be that the effector cells must interact with activated myeloid cells in the inflamed tissues, which transpresent IL-15 via IL15Ra on their surface [38, 46]. Numbers of such transpresenting cells may dwindle at later stages in the response and effector cell migration to these myeloid cells might diminish as inflammation subsides. As a consequence, effector cells would be decreasingly exposed to IL-15 resulting in loss of viability. Nonetheless, at later stages, the cells persisting as memory cells must still "see" IL-15, as this is required for their homeostatic turn over [40, 41]. Different APC may serve as a source of this IL-15 [38].

The superior ability of MPECs over SLECs to survive contraction depends to a large degree on their selective responsiveness to IL-7 due to expression of CD127. IL-7 is capable of maintaining the viability of memory cells for extended periods. Nonetheless, expression of CD127 is not sufficient for effector cell survival. Transgenic expression of CD127 could not rescue SLECs and not all KLRG1-CD127+ cells survive contraction [47]. It seems likely that responsiveness to IL-7 not only requires expression of CD127 but also the ability to home to locations where this cytokine is produced. Fibroblastic reticular cells in the T cell zones of secondary lymphoid organs are an important source of IL-7. These cells also secrete the CCL19 and CCL21 chemokines. Expression of the receptor for these chemokines, CCR7, is found on MPECs, but not on SLECs [10]. Correspondingly, MPECs are preferentially found in T cell zones in spleen, whereas SLECs localize to the red pulp [10]. An attractive model is therefore that only CCR7+ MPECs survive contraction due to their ability to both home to the source of IL-7 and respond to it.

# 12.7 Mechanisms of Life and Death

Cell death during contraction of the antigen responsive repertoire is believed to occur through apoptosis. Two major apoptosis pathways exist: a cell-intrinsic pathway and a cell-extrinsic pathway (Fig. 12.3) [48, 49]. The intrinsic pathway integrates death signals from within a cell, such as DNA damage, oxidative stress, or starvation. It is characterized by the release of apoptogenic factors, such as Cytochrome c, from the mitochondrial intermembrane space into the cytosol. In the cytosol, Cytochrome c binds to a protein called Apaf-1, which ultimately results in activation of caspase 9 [49]. This caspase then activates downstream effector caspases, resulting in the demise of the cell. Permeabilization of the mitochondrial outer membrane is a critical step in the intrinsic apoptosis pathway, therefore. It is caused by the formation of membrane pores by proapoptotic Bcl-2 family members Bak and Bax. Anti-apoptotic Bcl-2 family members, such as



**Fig. 12.3** Pathways controlling CD8 effector T cell survival and death. Shown is the extrinsic apoptosis pathway involving death receptor induced cleavage of Pro-caspase 8 to generate active caspase 8 followed by activation of effector caspases. Also shown is the intrinsic apoptosis pathway involving the generation of pores in the outer mitochondrial membrane by Bax/Bak and its inhibition

by anti-apoptotic Bcl-2 family members. Finally, metabolic pathways are shown, depending on mitochondrial breakdown of fatty acids and cytosolic glycolysis. The Apoptosome consists of a multimer of Apaf-1, Cytochrome C, and Caspase 9. *Abbreviations: TCA* tricarboxylic acid, *ETC* electron transport chain. IL15R $\beta$ =CD122, IL-7R $\alpha$ =CD127

Bcl-2 and Bcl-XL, bind to Bax and Bak proteins and thereby prevent the assembly of the membrane pores [49]. An additional layer of control is formed by the pro-apoptotic BH3-only proteins Bim, Bid, Noxa, and Puma. These proteins bind to anti-apoptotic Bcl-2 family members and prevent them from inhibiting Bax and Bak multimerization [49].

The *extrinsic apoptosis pathway* is activated by engagement of death receptors such as Fas (CD95) and TNFR [48]. Ligand binding by these receptors results in activation of caspase 8, which in turn activates the effector caspases 3 and 7. These effector caspases cleave multiple substrates in the cell, leading to the death of the cell. Additionally, the extrinsic pathway can feed into the intrinsic pathway by caspase 8 mediated cleavage of Bid. After truncation, (t)Bid translocates to mitochondria where it acts in concert with pro-apoptotic Bcl-2 family members Bak and Bax to induce cell death [48].

A major regulator of cell death during contraction of the CD8 effector repertoire is Bim, a mediator in the intrinsic pathway. Deletion of Bim severely compromises the contraction of superantigen-activated T cells in vivo [50] and reduces contraction after herpes virus or LCMV infection [51, 52]. However, although the degree of contraction is reduced in BIM-deficient mice, some contraction does still take place, suggesting that additional pathways contribute to death of CD8 effector T cells [52–54]. Contraction is normal when CD8 T cells lack both CD95 (Fas) and TNF, two molecules required for the extrinsic apoptosis pathway [55, 56]. Nonetheless, the extrinsic apoptosis does contribute to contraction, as shown by the synergistic effect of Bimand CD95-deficiency on contraction of antiviral immune responses [57]. CD95 may be especially important for contraction during chronic infections [58]. Likewise, the BH3-only protein Bid seems to be especially important for contraction during chronic infections. Mice lacking Bid display normal contraction of antigen-specific CD8 T cells after acute influenza virus infection, but not during chronic  $\gamma$ -herpes virus infections [51]. Combined loss of Bid and Bim synergistically enhanced the persistence of CD8+ T cells during  $\gamma$ -herpesvirus infection [51]. Thus, both the extrinsic and the extrinsic apoptosis pathway contribute to induction of cell death during contraction of the antigen-specific repertoire of CD8 T cells.

How the survival cytokines IL-7 and IL-15 prevent induction of apoptosis is not fully clear. However, both cytokines induce expression of Bcl-2 and thus oppose the intrinsic apoptosis pathway (Fig. 12.3). Other survival signals, such as OX40L and 4-1BBL, upregulate expression of BCL-XL and downregulate expression of Bim [59]. IL-15 also prevents cell death through its effects on cellular metabolism (Fig. 12.3). During rapid proliferation, cells depend on cytoplasmic degradation of glucose to generate ATP, known as glycolysis. This process requires a constant influx of glucose, which is mediated by transmembrane glucose transporters. Resting cells or slowly proliferating cells, such as memory CD8 T cells, depend on oxidative phosphorylation in mitochondria to meet their energy demands. This process involves break down of glucose, amino acids, and fatty acids via the mitochondrial tricarboxylic acid cycle (TCA) and is much more efficient than glycolysis. CD8 effector T cells deficient in activating fatty acid metabolism display sharply accelerated contraction, whereas drugs that stimulate this process protect cells from contraction [60]. This demonstrates that the metabolic conversion from glycolysis to oxidative phosphorylation is critical for the survival of late stage effector cells, possibly because signals inducing expression of glucose transporters become limiting. IL-15 may have an important role in regulating this transition, by inducing expression of CPT1a, an enzyme responsible for the rate-limiting step in fatty acid metabolism. Indeed, ectopic expression of CPT1a resulted in greater persistence of antigenspecific CD8 T cells [61].

# 12.8 Concluding Remarks

The mechanisms involved in the generation of memory cells are starting to become clear. During the first 2 weeks after infection a number of decisions must be made. These include an apparently binary choice between a terminal effector cell fate with short lifespan or a long-lived selfrenewing memory cell fate. Multiple signals influence this decision. For establishment of effective memory, cells must acquire the ability to survive the cellular massacre of repertoire contraction. In addition, the cells must develop as yet poorly defined traits that allow proliferation and development of full effector when called upon during reinfection with previously encountered pathogens. As the signals controlling these steps are identified, novel opportunities will likely arise to improve vaccination strategies, allowing expedited memory development when speed is required (such as for protection against bioterrorism) or even development of protective memory in vitro when patient health does not permit in vivo vaccination.

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# Targeting the Skin for Microneedle Delivery of Influenza Vaccine

13

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# Abstract

Influenza infection represents a major socioeconomic burden worldwide. Skin represents a new target that has gained much attention in recent years for delivery of influenza vaccine as an alternative to the conventional intramuscular route of immunization. In this review we describe different microneedle vaccination approaches used in vivo, including metal and dissolving microneedle patches that have demonstrated promising results. Additionally we analyze the immunological basis for microneedle skin immunization and targeting of the skin's dense population of antigen presenting cells, their role, characterization, and function. Additionally we analyze the importance of inflammatory signaling in the skin after microneedle delivery.

#### Keywords

Microneedles • Skin immunization • Influenza • Dendritic cells • Langerhans cells

# 13.1 Influenza Virus and Influenza Vaccination

# 13.1.1 Influenza Virus and Disease

Influenza virus represents one of the most common respiratory viral pathogens and is a major cause of morbidity and mortality worldwide [1, 2]. The virus is responsible for annual epidemics of influenza with seasonal outbreaks in the USA from October through April. The CDC estimates that more than 200,000 hospitalizations in the USA are attributed to influenza infection, annually [3, 4].

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In several cases, the magnitude of lung inflammation and respiratory distress can lead to serious complications and even death. It is estimated that more than 40,000 deaths in the USA alone are related to influenza infection or complications following the infection [5-7], while the number of deaths associated with influenza infection account up to 1.5 million worldwide [8–10]. The World Health Organization (WHO) estimates that each year 10-20% of the world's population is being infected by influenza virus [11]. Seasonal influenza infection can affect all age groups and genders [12]. The severity of influenza infection or complications associated with it are greater in certain high risk groups [13-15]. According to the CDC these groups include children younger than 5 years of age and particularly affected the ones younger than 2 years old [16–18], elderly individuals 65 years old and above [19-23], pregnant women [24, 25], and people with certain underlying medical conditions such as asthma [26, 27], chronic lung disease [28, 29], heart disease, diabetes [22, 30-32], immunocompromised individuals [33-35], and some others [36]. Additionally, people who live in nursing homes and long-term care facilities [30, 37, 38] as well as health care workers [39-42] are at high risk

Influenza virus is a single-stranded negative sense RNA virus. There are three different serotypes of influenza viruses that can cause disease in humans, A, B, and C, distinguished by their antigenic differences in their nucleocapsid (NP) and matrix (M) protein. Influenza types A and B have eight separate segments encoding at least ten different proteins, they can spread easily among human population and are responsible for seasonal epidemics every year [43–58]. Influenza type C is very rare, it has seven separate different segments encoding nine proteins, and although it may cause mild respiratory disease it is not responsible for epidemics [59]. Influenza type A viruses have common internal antigens but can be divided into several different subtypes based on the antigenic properties of the two major proteins in their surface, the hemagglutinin (H) and neuraminidase (N) proteins. These two proteins also represent the two major surface antigens of

from influenza infection.

influenza viruses. So far 17 different hemagglutinin and 10 neuraminidase proteins have been identified circulating in nature [60–63]. The two influenza A subtypes that cause seasonal influenza infections in humans are the H1N1 and H3N2 influenza viruses [63, 64]. Influenza B viruses have a limited host range (humans and seals) and are not divided into subtypes like influenza A subtypes but are classified based on their strain differences [65].

Influenza viruses exhibit a great ability to introduce minor or major changes in their two major surface proteins, the hemagglutinin and neuraminidase. Minor changes in the influenza virus genome are more common and are induced by the constant selective pressure caused by the host immune responses. These minor changes (antigenic drift) are characterized by point mutations in the HA and NA genes. Due to these changes, the host's preexisting immunity may only partially recognize the HA and NA proteins of a new strain resulting in decreased protection and subsequently higher infection rate [66–68]. Influenza A viruses circulate among humans as well as different animals, including ducks, chickens, pigs, horses, etc. This constant circulation of influenza viruses among different species results occasionally in genome recombination inside a reservoir host between different strains and in the appearance of an antigenically new influenza virus (antigenic shift) [69–72] that the human immune system has never encountered before and hence has no or little protection against it. Due to lack of preexisting immunity, the new virus spreads quickly causing pandemics and affecting millions worldwide. The five major pandemics of the twentieth century and the first pandemic of the twenty-first century, the swine origin A/California/07/09 strain, resulted from such antigenic shifts. Influenza represents a significant socioeconomic burden, leading to increased health care cost, high levels of work absenteeism, disruption in work, and productivity loss [73].

In the USA, annual influenza epidemics result in an average of 3.1 million hospitalization days and 31.4 million outpatient visits, while the total direct and indirect economic burden of annual influenza epidemics amounts to 87.1 billion dollars [74]. The WHO places the number of infected individuals at high risk from influenza infection as more than 1.2 billion worldwide including 385 million elderly, 140 million infants, 700 million adults and children with underlying health conditions including pregnant women, and approximately 24 million health care workers [11].

## 13.1.2 Influenza Vaccination

Vaccination represents the best method of prevention and protection from influenza infection and its related complications, improving herd immunity, and reducing morbidity and mortality rates worldwide [2, 75–79]. Currently there are two different types of commercially available influenza vaccines on the market: (a) the trivalent inactivated influenza vaccine (TIV) administered intramuscularly with syringes, approved for use in infants older than 6 months and (b) the live attenuated influenza vaccine (LIV) given as nasal spray, approved for use only in healthy individuals from 2 to 49 years of age who are not pregnant [80]. The trivalent inactivated vaccine is the most widely utilized worldwide. There are three different types of inactivated influenza vaccine: whole virus vaccine, virus vaccine split after detergent treatment, and subunit vaccine consisting of purified HA and NA proteins. In the USA the current influenza vaccines are the split and subunit ones; both contain 15 µg of H1 and H3 hemagglutinins of the circulating seasonal influenza A subtypes and of type B influenza virus. These vaccine formulations were studied in the 1970s and proven to be safe, with reduced reactogenicity when compared to the whole inactivated influenza vaccine used until then [81–86]. Despite the excellent safety profile provided by the split and subunit influenza vaccines, the immune response following vaccination has been proven to be short-lived and not fully protective, especially in high risk groups such as the elderly, children, and immunocompromised individuals [14, 33, 87-90]. Thus studies have shown that the antibody titers to influenza wane within 7-8 months post-vaccination and that children unprimed to influenza require two vaccine doses

to elicit protective immune responses. According to FDA guidelines an influenza vaccine is considered protective when the vaccinee develops antiinfluenza hemagglutination inhibition titers above 40 [91]. In addition, the efficacy of these vaccines depends on how well matched the influenza strains in the vaccine are with the ones in circulation. According to the CDC, in randomized controlled trials conducted among healthy adults less than 65 years of age, the efficacy of inactivated influenza vaccines has been estimated to be between 50 and 70% during seasons in which the vaccine components were well matched to the circulating influenza viruses. Under conditions of suboptimal match, the efficacy of the inactivated vaccines fluctuates between 48% among high risk groups and 60% among healthy adults. In cases where the influenza vaccine and the circulating influenza viruses are poorly matched, the effectiveness of these vaccines is further reduced [92, 93]. All these facts strongly suggest the need for better vaccines or vaccine delivery approaches to improve protection, duration and breadth of immunity, as well as vaccine acceptance for worldwide coverage.

# 13.2 Skin as an Immunological Organ

# 13.2.1 Skin Structure, Functions, and Resident Cell Populations

A new vaccine delivery target that has gained more attention in recent years is the skin [94]. The skin is one of the most complex structures and the largest immunological organ of the human body [95]. Its main function is protective, serving as a physical barrier from numerous pathogens but also from injuries and UV radiation. It is also part of the body's homeostatic mechanism and an important sensory organ. It is composed of two primary layers, the epidermis and dermis [96]. The epidermis represents the most outer layer of the skin. It is 50–100  $\mu$ m thick and it is divided into several sublayers; (1) *stratum corneum* which is the outer layer of epidermis, (2) *stratum germinativum*, (3) *stratum lucidum* that appears in certain parts of the body, (4) stratum granulosum which contains squamous cells and filaggrin and prevents loss of nutrients, (5) stratum spinosum that further enhances structural support and prevents skin abrasion, and (6) stratum basale that contains epithelial cells which undergo rapid mitosis to replenish dead cells from upper layers. These layers are mostly consisting of keratinocytes, melanocytes, and Langerhans cells (LCs) [96]. Langerhans cells are present in all layers of the epidermis and are in close proximity to the stratum corneum [97]. These are immature APCs produced from bone marrow precursors that reach and populate the skin through the peripheral circulation [98]. The dermis lies beneath the epidermis and contains hair follicles, sweat and endocrine glands, lymphatic vessels, blood vessels, and several nerve endings. It is largely populated by dermal dendritic cells (DDCs) that are distinct from the epidermal Langerhans cells populations based on their surface markers. LCs express differential levels of CD11b, CD205<sup>int/high</sup>, and more specifically CD207 (Langerin) while DCs express CD11bhigh, and CD205low/int and CD207 negative [99, 100]. Additionally, these two populations are characterized by differences in chemokine receptor expression especially during the maturation and migration of LCs from tissues to draining lymph nodes [101-104]. The presence of two types of antigen presenting cells, LCs and DDCs, classify the skin as an immunological organ [105]. Additionally, the expression of Toll-like receptors [106, 107] (TLRs) on LCs, DDCs, and keratinocytes make it an ideal target for vaccine delivery [105]. These two types of APCs, in combination with other immunologically active cells residing in the skin including LC-like DCs, monocytes, and macrophages [108], recognize and take up the antigen upon delivery in the skin, and migrate while undergoing maturation to the proximal lymph nodes where they prime naïve T and B cells thus initiating and shaping the adaptive immune responses [97]. Both LCs and DDCs are involved in the process of T cell activation [97]. Studies have demonstrated that in the absence of a stimulus, epidermal LCs and dermal DCs express low levels of major histocompatibility molecules MHC class I and II and co-stimulatory or adhesion molecules [109]. For LCs it is possible that passive transfer and diffusion is involved in the process of antigen uptake or a more active mechanism has been proposed where LCs reach out and extend their arms in order to capture the antigen [110, 111]. Dermal DCs have also been shown to be actively involved in the antigen presenting process as well and to be immunologically highly active [105, 112]. Two subpopulations have been identified: dermal langerin+ dendritic cells and dermal langerin<sup>neg</sup> dendritic cells [113]. Dermal DCs occur in higher numbers than epidermal LCs, they express high amounts of MHC class II molecules on their surface, and they are as potent in antigen presentation in naive T cells playing an important role in the regulation of skin immune response [105, 111, 113].

# 13.2.2 The Role of Inflammation During Skin Vaccination

The inflammatory environment and inflammatory response induced upon antigen entry into the skin seems to be very important and play a crucial role in the immune response. Several studies have demonstrated that LCs and DDCs can produce large amounts of IL-12, TNF- $\alpha$ , and type I interferons (IFNs) as well as attract and activate other innate lymphocytes such as NK cells, NKT cells, and  $\gamma\delta$  T cells that secrete large amounts of IFN- $\gamma$ . A recent study by Martin et al. [114] demonstrated the importance of local responses induced after skin vaccine delivery. In this study, Martin et al. observed the upregulation of several important chemokines and cytokines after microneedle delivery and particularly interleukin  $1\beta$  (IL- $1\beta$ ), macrophage inflammatory protein 1 alpha (MIP- $1\alpha$ ), macrophage inflammatory protein 2 (MIP-2), tumor necrosis factor alpha (TNF- $\alpha$ ), and monocyte chemoattractant protein 1 (MCP-1). These cytokines have been shown to contribute to the regulation and migration of LCs and DDCs in the draining lymph nodes. Furthermore other cytokines important to the proliferation, activation, and recruitment of neutrophils and monocytes such as granulocyte colony-stimulation factor (G-CSF), interferon gamma induced protein 10 (IP-10), and cytokine-induced neutrophil chemoattractant (CXCL-1) were also increased after skin vaccination for influenza. These data demonstrate the numerous complex mechanisms activated upon delivery of the antigen into the skin that may be important for the improved immunological responses of the vaccine recipient. All these immunological advantages and mechanisms seem to favor skin delivery of influenza antigen compared to the conventional intramuscular immunization. Current inactivated influenza vaccines are administered intramuscularly in the deltoid muscle area. Several studies have demonstrated that myocytes contain low numbers of APCs and lack MHC class II expressing cells leading to poor antigen-dependent T cell activation and reduced humoral and cellular immune responses [115, 116]. All these limitations can potentially be overcome by skin immunization because of the many professional APCs populating the epidermis and the dermis, and thus achieving an improved quantitative and qualitative immune response when compared to intramuscular immunization.

# 13.3 Microneedle Vaccination

One of the most promising novel vaccine delivery platforms that takes advantage of the skin's immunological potential is microneedle technology [94, 117-120]. This technology relies on rapid delivery of the antigen into the skin epidermis and/or the dermis layers with high precision, and without causing any discomfort or irritation. The materials of choice used for fabrication are metals or polymers, both FDA approved and already applied in several other medical devices [116, 121–123]. Metal microneedle arrays coated with whole inactivated influenza virus (WIV) or monovalent subunit vaccine and polymer (PVP) microneedles encapsulating WIV have been successfully tested in vivo and have generated promising results for vaccine delivery methods of influenza antigen through the skin [116, 121-123].

#### 13.3.1 Solid Metal Microneedle Arrays

Metal microneedle arrays are fabricated from stainless steel sheets by laser cutting. These are arrays of hundreds of microneedles projecting a few hundred microns from the base of the patch. To deburr and clean the microneedle edges and to make the tips sharp, microneedles are electropolished in an appropriate solution. Each needle is approximately up to 700 µm long. The microneedles are coated using a dip-coating process with different formulated coating solutions that ensure stability of the vaccine. The coating is performed using an appropriate apparatus and monitored by a video camera attached to a microscope. These metal microneedle arrays coated with the antigen, when applied onto the skin, pierce microscopic holes in the skin's epidermis with a thickness of 10–20 µm for antigen delivery [122, 124–126]. Several studies have demonstrated that by piercing the skin, transdermal permeability increases by as much as four orders of magnitude.

We have previously demonstrated that delivery of whole inactivated influenza vaccine using metal microneedles coated with the antigen can improve the duration of protective immune responses and lead to serological memory [116, 122]. In our latest studies using metal microneedle arrays we demonstrated successful delivery of influenza subunit vaccine in the mouse model in vivo [121], and we observed improved immune responses when compared to the conventional intramuscular administration of the vaccine. Microneedle immunized animals demonstrated enhanced humoral immune responses compared to intramuscularly immunized mice as shown by anti-influenza IgG titers, hemagglutination inhibition titers, and neutralizing antibody titers 9 months after a single dose of vaccine delivery [121] suggesting long-lived immune responses. Their functional antibody titers (HAI and NT) were maintained at levels that are indicative of protection (>40) even at 9 months post-immunization. These findings correlated well with the numbers of bone marrow influenza specific IgG secreting cells which were significantly higher in the microneedle immunized group. Furthermore in the same group the IgG1 and IgG2a isotype profile showed a more balanced response when compared to the isotype profile induced after intramuscular vaccination, which predominantly induced IgG1 responses. The IgG2a isotype profile is indicative of cellular Th1 immune responses. A more balanced IgG1/IgG2a ratio observed after microneedle immunization could indicate the induction of cellular immune responses after vaccination [121]. Overall these data strongly suggest that delivery of subunit influenza vaccine through the skin can lead to improved humoral immune responses.

It is well established that split and subunit influenza vaccines are poor inducers of cellular immune responses [127]. Investigation of IFN- $\gamma$ cells in the spleen of microneedle immunized animals revealed higher frequency of these cells indicating improved cellular immune responses [121]. Activation of both the humoral and cellular immune system can potentially provide improved protection when compared to the intramuscular route of vaccination. Indeed, studies have demonstrated a much more rapid clearance of the virus from the lungs of mice infected with 10×LD50 of homologous mouse adapted influenza virus after skin vaccine delivery as well as improved longevity of the immune response and improved protection [116, 121].

## 13.3.2 Dissolving Microneedle Patches

In contrast to coated metal microneedle arrays where the antigen is being coated on the surface of the needles, the polymer microneedles encapsulate the antigen [123, 128–130]. During delivery into the skin, the whole microneedle array (shaft and tip) dissolves delivering the vaccine cargo into the skin rapidly, eliminating biohazard sharps. This type of needle requires optimal geometry in order to achieve structural rigidity and stability during insertion into the skin [131]. Sullivan et al. designed and fabricated dissolving microneedle patches [123, 131]. The polymers used for microneedle manufacturing were FDA approved and used in several other medical applications. A slurry of vinylpyrollidone was mixed with lyophilized WIV rehydrated to the desired concentration and the mixture was polymerized at room temperature. This process was found to preserve vaccine antigenicity and prolonged shelf life while the microneedles were mechanically strong to ensure skin insertion, rapid dissolution of the needle into the skin, and successful vaccine delivery. Sullivan et al. showed successful dissolution of the microneedles up to 90% within the first 5 min of application into guinea pig skin [123]. This approach has several advantages, delivery of the vaccine to an easily accessible target such as the skin, elimination of biohazard sharps improving public safety and potential for self-administration [128], rendering influenza vaccination more attractive to the population thus ensuring better coverage, stability [124, 132], and rapid distribution of the vaccine. We demonstrated that dissolving microneedle patches induced robust protection in the mouse model after a single immunization with a low antigen dose, at least as good as the one observed after the systemic immunization. Skin delivery of influenza vaccine was followed by higher number of IFN-y secreting cells in the spleen of microneedle immunized mice when compared to conventional intramuscular vaccine delivery and faster lung virus clearance after infection [123].

Overall, these studies demonstrate that a new platform technology for rapid and easy administration of influenza vaccine through the skin using metal microneedle arrays coated with the antigen or dissolving microneedle patches encapsulating influenza vaccine can be used for successful delivery of the antigen and improved immune responses and protection in vivo [121, 123].

# 13.3.3 Other Types of Skin Delivery Systems

There are other several types of devices in development from different groups that can be used for delivery of different antigens. One of these designs involves hollow microneedles [120, 131, 133–136]. In this case after delivery and insertion of the microneedles into the target organ the drug/antigen is delivered by a continuous flow into the skin after which the hollow microneedle patch is being removed. Recent studies have demonstrated that a skin penetration depth of 750 µm to 1.5 mm is ideal for intradermal delivery of drugs and antigens including insulin, anthrax vaccine, and even influenza vaccine [120, 121, 131, 134, 137–143]. Another microneedle design that has been successfully tested in vivo is the Nanopatch [144, 145]. This is an array of densely packed projections that are dry-coated with influenza vaccine formulation and applied to the skin for 2 min. In this case delivery of influenza antigen through the skin induced improved immune responses when compared to the conventional intramuscular route of delivery with the additional advantage of a dose sparing effect [145]. Currently there is one FDA approved influenza vaccine in the market for intradermal delivery, Fluzone manufactured by Sanofi Pasteur. Intradermal delivery relies on the same principles of targeting similar populations of antigen presenting cells in the skin that microneedle delivery is based on. Early results from clinical trials demonstrate that intradermal delivery of the Fluzone vaccine through the skin induced similar seroconvertion rates as that induced after intramuscular delivery but with a dose sparing effect; from 15 µg HA per strain (45 µg HA total) used for the conventional intramuscular injection the dose was reduced to 9  $\mu$ g HA (27  $\mu$ g HA total) [146]. These results confirm the hypothesis that targeting skin APCs improves immune responses and support the promise of skin vaccination for various drugs and vaccines.

# 13.4 Conclusions

The complex structure of the skin and the quantity and quality of immunologically active cells that it contains [96, 105] establishes this organ as an ideal target for vaccine delivery. After several years of investigation, significant advances have been made indicating the importance of innate cell populations residing in the skin and the mechanisms behind antigen uptake. Numerous microneedle devices are in development exploiting the unique features of skin. The selection of the best design relies mostly on the type of drug to be delivered and on the type of antigen presenting cells that must be targeted. In the case of influenza vaccination very simple designs have been successfully tested in vivo and show promising results that are in the process to be advanced in clinical trials. Several important advantages make this method ideal for large-scale immunization programs. The simplicity of the method makes it ideal for selfadministration. Since the skin is an easily accessed organ, and the method can eliminate biohazardous sharps, it can be completed without the need for highly trained personnel. Additionally preliminary data in humans demonstrate dose sparing further reducing the cost of this vaccination route [146]. Taking under consideration the immunological advantages achieved after microneedle delivery, the data suggest that this method could be an alternative to the conventional intramuscular route of immunization. The logistical advantages such as the ease and the simplicity of administration, the high safety profile, the better acceptance by the public [119, 120, 131, 147], and the immunological advantages [121] make this approach an important future direction in influenza vaccination.

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