CARBON MATERIALS: CHEMISTRY AND PHYSICS

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Medicinal Chemistry and Pharmacological Potential of Fullerenes and Carbon Nanotubes



# Medicinal Chemistry and Pharmacological Potential of Fullerenes and Carbon Nanotubes

#### CARBON MATERIALS: CHEMISTRY AND PHYSICS

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#### Volume 1: Medicinal Chemistry and Pharmacological Potential of Fullerenes and Carbon Nanotubes

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# Medicinal Chemistry and Pharmacological Potential of Fullerenes and Carbon Nanotubes



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### Preface

The emerging field of nanotechnology is affirming its increasing importance day by day. In this context fullerenes and carbon nanotubes (CNTs) play an important role. These new allotropic forms of carbon have been discovered in the last two decades, and, since then, they have stimulated the curiosity and interest of physicists and chemists.

This book is the first of a new series entitled "Carbon Materials: Chemistry and Physics", the purpose of which is to analyze the new frontiers of carbon.

This volume summarizes the more recent advances on fullerenes and carbon nanotubes facing the biological-medical horizon, an important and interesting area to the scientific community.

We will present general overviews of fullerenes and CNTs that are state-ofthe-art in biomedical applications, deepening their principal and more promising exploitations.

In particular for fullerenes, antioxidant properties and photodynamic activity are presented in detail, together with the analysis of gadolinium endohedrals as magnetic resonance imaging (MRI) contrast agents. Moreover, drug delivery based on carbon nanomaterials has been illustrated.

Few chapters are dedicated to toxicity and to the use of nanomaterials as pollutant probes. The debate on fullerene and CNT toxicity is open and reports different results, which are not always able to abolish the concern about pollution related to the industrial production and their impact on the environment. However, it is possible to state that positive evidence for their favorable applications in medicine has emerged.

Theoretical calculation potentialities have been examined in few chapters, giving new instruments to predict fullerene solubility in different solvents, such as fatty acid esters. Visualization approaches necessary to study unusual compounds such as CNT are herein presented. Despite the structural novelty of CNT, its resemblance to cellular structures is highlighted, launching or confirming the hypothesis of using CNTs as communication devices between cells.

Considering the specificity of the field, this book is mainly addressed to researchers who have delved, or who want to delve, into carbon nanoworld, but at

the same time, it presents a general and accurate view of carbon nanotechnology accessible to researchers intrigued by this topic, but not yet experts in the field.

April 2008

Tatiana Da Ros Franco Cataldo

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### **Chapter 1 Twenty Years of Promises: Fullerene in Medicinal Chemistry**

Tatiana Da Ros

**Abstract** Many biological activities have been envisioned for fullerenes and some of them seem to be very promising. The lack of solubility in biologically friendly environments is the major obstacle in the development of this field. The possibility of multiple fuctionalization can be exploited to get more soluble compounds but, up to now, only a few polyadducts, presenting perfectly defined geometry, can be selectively prepared avoiding long purification processes.

The toxicity of this third allotropic form of carbon is an aspect related to application in medicine and biology, while the concern about the environmental impact is due to the industrial production of fullerenes. Many studies are dedicated to both aspects and, so far, it is not possible to have a definitive answer although the current findings allow some optimistic vision.

In this chapter the main biological applications of fullerene and fullerene derivatives will be reviewed, with special attention to the most recent advances in this field. Antiviral and antibacterial activity, enzymatic inhibition, and DNA photocleavage are some aspects considered herein, together with the use of these nanostructures as possible vectors for drug and gene delivery. The most promising applications include the use of endohedral fullerenes, filled by gadolinium, in magnetic resonance imaging (MRI) and the antioxidant capacity exploitation of some tris-adducts and fullerols.

**Keywords** Antibacterial activity, anticancer activity, antioxidant properties, antiviral activity, cell protection, contrast agent, drug delivery, photodynamic therapy, protein interaction, radiotherapy, toxicity

#### 1.1 Introduction

Fullerene reactivity and applications have been explored since being discovered in 1985. Nowadays, this chemistry has been intensely developed, although there is still the possibility to find some new reactions, as recently underlined by Martín

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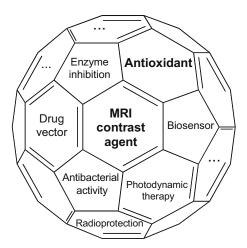


Fig. 1.1 Potential biological applications of fullerene

(2006). The main efforts are now devoted to broaden the applications of the fullerene family and its derivates (Fig. 1.1). It is evident that the interest in  $C_{60}$  suffers from the advent of carbon nanotubes (CNTs) and many researchers involved in fullerene studies are moving toward CNT as a natural evolution of their research.

In this chapter we consider, above all, the most recent developments of biological and toxicological aspects of fullerene and related compounds of the last few years, considering that many reviews and books cover this topic up to 2006 (Jensen et al., 1996; Nakamura et al., 1996; Da Ros and Prato, 1999; Tagmatarchis and Shinohara, 2001; Bosi et al., 2003; Nakamura and Isobe, 2003; Sarova et al., 2006; Bianco and Da Ros, 2007).

#### **1.2 Cell Protection and Antioxidant Properties**

The possibility to employ  $C_{60}$  as cytoprotective agents can be considered both one of the most promising applications and one of the most studied since the publication of the fundamental works of Dugan and coworkers, who analyzed fullerene capability of scavenging reactive oxygen species (ROS) (Dugan et al., 1996, 1997, 2000; Quick and Dugan, 2004; Ali et al., 2004).

The antioxidant properties of water-soluble fullerene derivatives, mainly inspired to tris-malonic acid fullerene derivatives and dendrofullerene (Fig. 1.2), have been studied in detail (Witte et al., 2007). A library has been created, containing positively and negatively charged derivatives, which can be synthesized in an easy scalable way, overcoming the main problems of polyadduct purification. In the proposed series, dendrofullerenes are more active than polyadducts and, among polyfunctionalized fullerenes, anionic compounds give higher protection than cationic

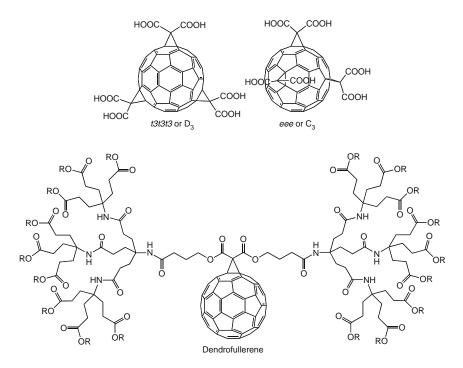


Fig. 1.2 Tris-malonic acids D<sub>3</sub> and C<sub>3</sub>, and dendrofullerene

ones. The authors analyzed the interactions with cytochrome c and it appears evident that fullerene derivatives directly interact with this biomolecule, employed in the assay for determination of superoxide concentration. Considering the biological importance of this macromolecule, involved in many cellular pathways as apoptosis, it is fundamental to clarify the role that anionic fullerene derivatives can play in binding cytochrome c.

The cytoprotective activities of the same compounds have been studied by Beuerle et al. (2007) on zebra fishes. The authors analyzed the intrinsic toxicity of the fullerene derivatives and their action against four different toxicity models, as protection of neuromast hair cells from gentamicin-induced toxicity, from cisplatinum-induced toxicity, protection of tyrosine hydroxylase-containing dopaminergic CNS neurons, and protection of total CNS neurons from 6-hydroxydopamine. A general higher toxicity was noticed for positively charged derivatives with respect to negative ones; however, it is necessary to underline that some anionic derivatives (i.e., tris-malonic acid derivatives) can lead to decarboxylation and this instability increases the toxicity. In the model used the anionic compounds can block the drug-induced apoptosis. Dendrofullerene derivatives show good cytoprotection against cisplatinum toxicity, while gentamicin can be antagonized by  $C_3$  (*e*,*e*-tris-malonic acid fullerene derivative, Fig. 1.2). The mechanism depends on the processes activated by drug administration, so it is not possible to recognize one common way. The differences for gentamicin with

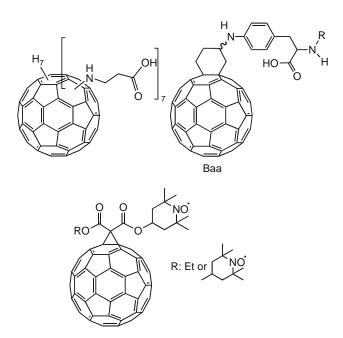


Fig. 1.3 Fullerene bearing 7 β-alanine, Baa, and nitroxide malonate methanofullerene

respect to cisplatinum can be related to differences in cellular compartmentalization of fullerene derivatives, in reactivity and in interaction with proteins.

Water-soluble fullerene derivatives bearing seven  $\beta$ -alanine groups (Fig. 1.3) have been used to avoid hydrogen peroxide-induced apoptosis (Hu et al., 2007a). The use of alanine–fullerene derivative reduces the extra and intracellular accumulation of ROS, a characteristic that could have as a consequence the prevention of the apoptosis trigger. Previously,  $\alpha$ -alanine was also used to prepare water-soluble fullerene derivatives, which have been tested as a radical scavenger as well (Sun and Xu, 2006). In this case, positive results were obtained, thus demonstrating the capability to remove hydroxyl radicals and superoxide anions with high efficiency. Other amino acidic derivatives have been studied: fullerene derivatives bearing five cystine residues are able to scavenge superoxide and hydroxyl radicals preventing apoptosis (Hu et al., 2007); a compound bearing a polypeptide chain (polyglutamic acid) self-assembled with a stable aggregation of fullerene in aqueous solution. This structure is supposed to favor electron transfer from superoxide, with good efficiency of radical scavenging (Higashi et al., 2006).

Yang et al. reported the synthesis of a fullerene derivative, called bucky amino acid (Baa, Fig. 1.3), using the (4-amino)phenylalanine (Yang et al., 2007b), which could be used as a building block for solid phase peptide synthesis, following the line traced by Prato and coworkers (Pellarini et al., 2001; Pantarotto et al., 2002). In the complete study of Baa, its antioxidant properties were also studied in dimethyl sulfoxide/phosphate buffered saline (DMSO/PBS) 1:1 and the resulting  $IC_{50}$  is

impressive (55.88  $\mu$ M). Baa is ten times more active than Trolox, a currently commercialized potent antioxidant. The antioxidant properties of a peptide containing Baa [Baa-(Glu)<sub>4</sub>-(Gly)<sub>3</sub>-Ser-OH] have been measured, obtaining good result (IC<sub>50</sub> 90  $\mu$ M), but it is not clear why the activity is reduced with respect to Baa alone. A possible explanation is the aggregation of this peptide, which shelters the fullerene portion inside the aggregates.

Enes et al. (2006) recently presented new fulleropyrrolidines bearing one or two 3,5-di-*tert*-butyl-4-hydroxyphenyl units, the EPR studies of which demonstrated that these derivatives are antioxidants. In this case, the presence of the fullerene unit seems to play a marginal role in the reaction with peroxyl radicals, which is governed by the phenol portion. Despite this, the presence of  $C_{60}$  should contribute to scavenge radicals in hypoxic conditions, where alkyl radicals could be the main oxidative products to be removed.

Novel nitroxide malonate methanofullerenes (Fig. 1.3), thanks to the presence of nitroxide radicals and fullerene moiety, are able to protect cells from toxic side effects of cyclophosphamide (Gubskaya et al., 2007). Experiments were carried out on mice, in which leukemia P-388 was transplanted. Cyclophosphamide or fullerene individually injected did not increase the average life span of the animals, while the combination of the anticancer drug and nitroxide fullerene derivative resulted in the survival of 70% animals, classifying these compounds as promising modifiers of biological reaction for tumor therapy.

For the first time in 2007 a new action of fullerene as antiallergic compound, probably due to its radical scavenging properties, was reported. The effect of water-soluble derivatives  $[C_{60}(OH)_x$  and  $C_{60}(NEt)_x]$  was studied on human mast cell (MC) and peripheral blood basophils (PBB). The cell growth was regular in presence of concentrations up to  $1 \mu g/mL$ , excluding any cytotoxic effect of the compounds under investigation. Incubation using these substances did not induce MC or PBB mediator release, but in some conditions there was an inhibition of degranulation and cytokine production. At the same time the pretreatment with fullerene derivatives did not inhibit IgE binding to mast cells. In *in vivo* experiments, the administration of 2 ng/g of fullerene derivatives into mice inhibits anaphylaxis, without presenting toxic effects. Considering that the concentrations necessary to stop the anaphylaxis process are 400–300,000 times lower than the toxic values, this potential antiallergic compound would have a very good therapeutic index (Ryan et al., 2007).

Recently, the possibility to use  $C_{60}$  as anti-inflammatory compound has been reported (Huang et al., 2008). Fullerene–xanthine hybrids have been studied to determine if nitric oxide (NO) and tumor necrosis factor-alpha (TNF- $\alpha$ ) production in lipopolysaccharide (LPS)-activated macrophages can be inhibited by hybrid administration, finding positive results. The presence of xanthine moiety seems to be essential for the inhibition of LPS-induced TNF- $\alpha$  production, while the fullerene portion ameliorates the efficiency in LPS-induced NO production blockage, leading to a new promising class of potent anti-inflammatory agents. It is necessary to mention also the opposite results obtained by an amino acid fullerene derivative tested on human epidermal keratinocytes at concentration from 0.4 to 400 µg/mL. These concentrations, in fact, decrease cell viability and promote pro-inflammatory response (Rouse et al., 2006).

Thanks to its radical sponge behavior, fullerene can find application in radioprotection. Zebra fish embryos were exposed to ionizing radiations, with consequent dose- and time-dependent alterations of morphology and physiology. The pretreatment with dendrofullerene, the toxicity of which was previously excluded at the used concentrations, decreased the radiation damage, with an efficacy comparable to amifostine, a well-known radioprotector currently in use. Also the administration of fullerene derivatives 15 min after irradiation gives protection (Daroczi et al., 2006). On the contrary, its administration 30 min after radiation exposure results to be ineffective. The accredited mechanism involves the scavenging of reactive oxygen species, which are produced by irradiation. Other experiments were carried out on keratinocytes irradiated by UV A and B. In these cases, the fullerene was entrapped in polyvinylpyrrolidone (PVP) in a molar ratio range of 0.42-0.67:1 (Xiao et al., 2005, 2006). The "Radical Sponge<sup>®</sup>" was active at 10-40 µM concentrations with better activity if administrated and washed off before irradiation, while treatments during or after irradiation were not equally effective, demonstrating its better ability in preventing than in sheltering the radiation toxicity.

#### 1.3 Oxidative Stress and Photodynamic Therapy

The above-quoted behavior is not surprising if we consider the paradoxical properties of fullerene moiety. In fact  $C_{60}$  can be a real effective radical scavenger but, at the same time, it is known to induce radical production upon photoirradiation. The light radiation excites  $C_{60}$  from the ground state to  ${}^{1}C_{60}$ , a short-lived species readily converted to the long-lived  ${}^{3}C_{60}$ . The latter can transfer energy to molecular oxygen, if present, going back to the ground state. In this way toxic  ${}^{1}O_{2}$  is generated. Moreover, fullerene in singlet and triplet states can be easily reduced to  $C_{60}^{-}$  by electron transfer. All the reactive species herein described can attach biomolecules as lipids, proteins, and nucleic acids, classical targets in photodynamic therapy. The mechanisms of action are two: when the damage is induced by reactive species other than singlet oxygen, type I mechanism takes place, while it is possible to refer to type II mechanism when the damage is directly attributable to  ${}^{1}O_{2}$ . For DNA both pathways lead to guanosine oxidation and these modifications decrease the stability of phosphodiesteric bonds, which become easily hydrolyzed in alkaline conditions.

Many different preparations have been used to study photodynamic potentialities, starting from *N*-vinylpyrrolidone linked to fulleropyrrolidines. The obtained copolymer is water-soluble when the  $C_{60}$  to NVP ratio is more than 1:100. A photoinduced cleaving test on pBR322 supercoiled DNA gives nicked DNA in good yield, as a function of fullerene concentration and light dose (Iwamoto and Yamakoshi, 2006). Unmodified  $C_{60}$  complexed with PVP, cyclodextrins, or a new carbohydrate-containing nonionic homooxacalix[3]arene gives interesting results, especially the latter (Ikeda et al., 2005). Ikeda et al. reported further developments in this field, incorporating

fullerenes (both  $C_{60}$  and  $C_{70}$ ) into liposomes. These are constituted by cationic phospholipids and can easily interact with DNA. Their photoirradiation leads to nicked DNA with good efficiency although better results correspond to  $C_{70}$  incorporation (Ikeda et al., 2007a, b).

Radical polymerization of maleic anhydride and fullerene was used to obtain a new material, the photodynamic properties of which have been studied *in vitro* and *in vivo*. HeLa and bone tumor cell growth were inhibited by treatment with fullerene and light, so the polymer was tested on mice affected by bone tumor. After injection and irradiation, tumor size and weight were reduced and the mouse survival time was extended (Jiang and Li, 2007). The photodynamic properties of a supramolecular cucurbit[8]uril–fullerene complex have been studied by the same authors (Jiang and Li, 2006) who attributed HeLa cell death mainly to the damage of membrane phospholipids and proteins.

The *equatorial* di-malonic acid  $C_{60}$  (DMA- $C_{60}$ ), if irradiated by laser source, can induce membrane damage in HeLa cells. The laser power necessary to obtain this result is quite low ( $\leq 1$  mW) and the time necessary for the cells to become permeable to propidium iodide is inversely proportional to fullerene concentration. Cytoplasmic calcium concentration transiently increases after exposition to DMA- $C_{60}$ , by afflux of Ca<sup>2+</sup> present in the external medium, followed by an abrupt depletion, and mitochondrial membrane damage has also been reported. Laser light at low power, together with low concentration of DMA- $C_{60}$  and short time of irradiation, can give strong effect with potential application in photodynamic therapy although this derivative did not show specific tropism for tumors (Yang et al., 2007c).

Both type I and II mechanisms are involved in the lipidic peroxidation of erythrocytes caused by irradiation of anionic fullerene derivatives (bearing carboxylic or phosphonate residues) (Yang et al., 2007e), with a significant activity at  $10 \mu M$ concentration and 30 min of irradiation, or at half concentration and double exposure time. The bis-methanophosphonate fullerene is the most effective, but no structure– activity correlations were reported.

An original approach conjugates polyethylene glycol (PEG)-fullerene derivative to Gd<sup>3+</sup>, used as magnetic resonance imaging (MRI) contrast agent (see paragraph 1.8). After addition of gadolinium, chelated by the diethylenetriaminepentaacetic acid (DTPA), this compound ( $C_{60}$ -PEG-Gd) has been intravenously administered in mice affected by cancer and the tumor mass has been visualized by MRI with good resolution, indicating that gadolinium accumulates in the altered tissue. Photoirradiation causes superoxide anion generation with consequent cytotoxicity, as previously determined in *in vitro* experiments, even though it is necessary to irradiate the tumor after the maximum concentration of  $C_{60}$ -PEG-Gd has been reached (in this case 3h after injection), but it is worthy to note that the accumulation can be monitored by MRI (Liu et al., 2007).

It is interesting to cite also the antitumoral effect of water suspension of  $nC_{60}$ in absence of photoirradiation (Harhaji et al., 2007). Depending on the concentration, in glioma cell cultures it is possible to have reactive oxygen/extracellular signal-regulated kinases (ERK)-mediated necrosis (at high fullerene concentrations), or reactive oxygen/ERK-independent cell proliferation block and autophagy (at low concentrations). Moreover, primary rat astrocytes are less sensitive to low  $nC_{60}$  concentrations than transformed ones, paving the way to fullerenes as anticancer agents.

#### **1.4 Interaction with Proteins**

As mentioned earlier, there is an interaction of fullerene derivatives with cytochrome *c* (Witte et al., 2007). The importance of these interactions is quite evident, considering that drugs, before reaching their target, interact with serum proteins, cross cellular barriers, and come in contact with enzymes of the metabolic path such as cytochrome P450. Therefore, these studies are really important to develop new fullerene derivatives as potential drugs.

 $C_3$  derivative has been complexed with equine skeletal muscle apomyoglobin. The complex has been purified and it is stable. Its full characterization permits a better comprehension of the binding characteristics of apomyoglobin (Kolsenik et al., 2007). The interaction of a water-soluble fullerene derivative bearing phosphate residues  $[C_{60}O_m(OH)_nC(PO_3Et_2)_2]$  with human serum albumin (HSA) has been explored (Zhang et al., 2007). A quenching of HSA fluorescence is registered in presence of fullerene and it has been possible to predict the binding position of the phosphate derivative, which is likely at the site of the subdomain IIA. The interaction of fullerene with the protein leads to a more compact structure of the protein itself.

Docking studies have been performed on four different proteins as HIVprotease, fullerene-specific antibody, human serum albumin, and bovine serum albumin. The patterns common to all four proteins are not specific enough to represent the essential feature to bind fullerene, but in all cases the protein backbones undergo conformational variations due to the binding with fullerene (Benyamini et al., 2006). This is not surprising for biomolecules as receptors, which use these changes as "response" to the messenger binding. The *e*,*e*,*e*-tris-malonic acid fullerene derivative and dendrofullerene interactions with serum have also been analyzed by capillary electrophoresis. In the case of  $C_3$  it is possible to disrupt its interactions with proteins by adding sodium dodecyl sulfate (SDS), while for dendrofullerene the concentration of SDS is critical (Chan et al., 2007).

Belgorodsky et al. (2006) studied the binding of pristine fullerene complexed with cyclodextrin on bovine serum albumin protein demonstrating that the binding is a multistep process. First, the cyclodextrin dissociation from  $C_{60}$  takes place, exposing a fullerene hydrophobic portion, than this portion binds to the protein.

The curved surface of fullerene has been found to stabilize enzymes in denaturating environments. Soybean peroxidase has been chosen as prototype and its half-life, when adsorbed on  $C_{60}$ , is 13-fold higher than the native enzyme (Asuri et al., 2007). These findings are really important for the applications of fullerene, not only in biomedical fields.

#### **1.5** Antibacterial Activity

Fullerene showed antibacterial activity, which can be attributed to different interactions of  $C_{60}$  with biomolecules (Da Ros et al., 1996). In fact, there is a possibility to induce cell membrane disruption. The fullerene sphere seems not really adaptable to planar cellular surface, but for sure the hydrophobic surface can easily interact with membrane lipids and intercalate into them. However, it has been demonstrated that fullerene derivatives can inhibit bacterial growth by unpairing the respiratory chain. There is, first, a decrease of oxygen uptake at low fullerene derivative concentration, and then an increase of oxygen uptake, which is followed by an enhancement of hydrogen peroxide production. The higher concentration of  $C_{60}$  seems to produce an electron leak from the bacterial respiratory chain (Mashino et al., 2003).

A recent study performed with three different classes of fullerene compounds (positively charged, neutral, and negatively charged) showed that the main effect on *Escherichia coli* and *Shewanella oneidensis* is obtained with cationic derivatives, while the anionic derivatives are ineffective. Also the analysis of bacterial metabolism is reported, demonstrating that, in these conditions, the central metabolism does not change. The possible explanation of the best activity of cationic derivatives can be found considering that the bacteria cellular surface is negatively charged and the interactions with cationic fullerenes are strong, confirming the membrane stress hypothesis (Tang et al., 2007).

In other cases fullerene antibacterial action takes place after photoirradiation of fulleropyrrolidinium salts. It is not yet clear if the photodynamic action implies the participation of superoxide and hydroxyl radicals (type I mechanism) or singlet oxygen (type II mechanism) but the efficacy is really interesting with the death of more than 99.9% of bacterial and fungal cells and a special selectivity for microbes over mammalian cells (Tegos et al., 2005). Also a sulfobutyl fullerene derivative is able to inhibit environmental bacteria after photoirradiation and it exerts its action on *E. coli* even if incorporated in coated polymer (Yu et al., 2005).

#### **1.6 Enzymatic Inhibition and Antiviral Activity**

The work that paved the way toward enzymatic inhibition was published in the early 1990s by Wudl and coworkers (Schinazi et al., 1993; Friedman et al., 1993; Sijbesma et al., 1993) and since then studies regarding antiviral activity, mainly HIV-protease inhibition, have been carried out to find active compounds. Up to now, the most effective fullerene derivatives are the *trans-2 N,N*-dimethyl-bis-fulleropyrrolidinium salt (Fig. 1.4) (Marchesan et al., 2005) and the dendrofullerene reported by Hirsch (Schuster et al., 2000): both of them present an EC<sub>50</sub> of 0.2  $\mu$ M. Also HIV reverse transcriptase can be inhibited by *N,N*-dimethyl-bis-fulleropyrrolidinium salts (Mashino et al., 2005). The same compounds are also active against acetylcholine esterase (AChE), an enzyme that hydrolyzes a very important neurotransmitter.

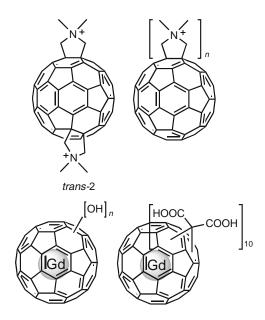


Fig. 1.4 N,N-dimethylpyrrolidinium salts (trans-2 and poly) and variously functionalized Gd@C<sub>60</sub>

The fullerene derivatives result to be noncompetitive inhibitors, meaning that, although the catalytic site of AChE could bind cationic fullerenes, the binding of  $C_{60}$  derivatives should take place in allosteric sites (Pastorin et al., 2006). Considering all these actions, with important biomedical applications, the question about selectivity naturally arises, but no answer has been proposed as yet.

The most recent advances on enzymatic inhibition are related to endonucleases and polymerases. A tris-malonic acid fullerene derivative can interfere with DNA restrictive enzymatic reactions, demonstrating a dose-dependent inhibition of these enzymes, with an  $IC_{50}$  in the micromolar range. The addition of ROS scavenger does not revert the enzymatic activity, indicating that the fullerene action should be exerted in a direct way (Yang et al., 2007d).

Although HIV infection inhibition is mainly due to interaction of fullerene derivatives with viral enzymes, it is necessary to consider that this is not the only exploitable mechanism. In fact, the photodynamic inactivation of influenza virus has also been proposed (Zarubaev et al., 2007). The outer viral membrane is destroyed, while it seems that the protein profile of allantoic fluid, in which the virus was propagated, remains unchanged, confirming one more time the great potentiality of fullerene.

#### 1.7 Drug Delivery

Fullerene was also studied as a possible drug delivery system. The hypothesis of  $C_{60}$  as drug vector has been developed considering that the hydrophobic fullerene portion could help the membrane crossing. Venkatesan et al. (2005) utilized fullerene as

adsorbent to study the bioavailability of erythropoietin (EPO, a peptide hormone) on rats, after intraperitoneal administration. Usually erythropoietin is administered by intravenous or subcutaneous injection because of bioavailability problems, barrier penetration difficulties, and enzymatic degradation. In this study the pharmacokinetics and the increase of erythropoietin adsorption were determined. The maximum reached concentration was double in the presence of fullerene with respect to erythropoietin alone, leading to a bioavailability of 5.7%, almost three times higher than EPO administration.

Ionic bonds are exploited to link oligonucleotides on cationic fullerene derivatives. Nakamura et al. reported the first attempt in this direction in 2000 (Nakamura et al., 2000). Recently, a library of fullerene derivatives has been tested (Isobe et al., 2006a, b). Some characteristics seem to be necessary to exert this function, such as a specific distance between positive charges. The transfection induced by C60 derivatives is better than transfection with lipofectin, probably because the fullerene presence can shelter genetic materials from the lysosomal enzymes by aggregation in nanometer and micrometer scale, a process that would not be detrimental for the membrane over-crossing in this dimension range. This hypothesis was confirmed by Ying (Ying et al., 2005) and Burger (Burger and Chu, 2007), who studied fullerene capability of decorating and stabilizing DNA coils in aqueous solution. Also Klumpp et al. (2007) reported interesting achievements in gene delivery by using poly-fulleropyrrolidinium salts (Fig. 1.4), which are completely soluble in water. The use of surface plasmon resonance technique permitted the determination of affinity and the corresponding equilibrium association constant results of 7.74.108 M<sup>-1</sup>, indicative of a good interaction.

A paclitaxel fullerene derivative has been obtained by covalent linkage of the drug to the  $C_{60}$  by means of an ester, the hydrolysis of which presents a favorable kinetic profile, with consequent release of paclitaxel (Zakharian et al., 2005). The *in vitro* tests show a good anticancer activity, holding out hope for enhancing the drug efficacy *in vivo*.

In this context, it is worthy to note that the already mentioned Baa behaves as a new cell-penetrating unit, because its presence permits the delivery into cells of both cationic and anionic peptides, which are not able to cross the membrane by themselves, further increasing the potentiality of fullerene derivatives (Yang et al., 2007a).

#### 1.8 Endohedrals

Fullerene structure leads to the opportunity of filling its cavity using different elements. The filler is added contextually to the carbon source, during the production procedure. The processes of opening, filling, and the subsequent closure of the cage after fullerene production are still rather far away. The so-called endohedrals can present transition metals as scandium or lanthanoids as holmium or gadolinium entrapped inside the cage. The latter represents one of the most useful elements for biological applications of endohedrals. Gadolinium is currently used as an MRI contrast agent, but the possibility of undesired releasing of toxic metal from the chelates raises some concerns. The opportunity to confine Gd to the carbon cage, which is virtually unbreakable, would really improve safety.  $Gd@C_{60}(OH)_x$  and  $Gd@C_{60}[C(COOH)_2]_{10}$  (Fig. 1.4) are water-soluble derivatives and present interesting properties of proton relaxivity, which varies with the variation of pH conditions. This behavior can be exploited to analyze pH differences in cells and is due to the aggregation of fullerene derivatives, which is pH-dependent, as demonstrated by dynamic light-scattering measurements (Tóth et al., 2005). Further studies have been performed demonstrating that addition of salts can disrupt endohedral aggregates in water solutions and that the presence of phosphates exerts a greater effect than sodium halides (Laus et al., 2005).

Distribution experiments in *in vitro* agarose gel infusion and *in vivo* infusion in rat brain have been carried out (Fatouros et al., 2006). In this case  $Gd_3N@C_{80}$ , functionalized with PEG and hydroxyl groups, was examined. Its water hydrogen MRI relaxivity is much higher than the one reported for commercially available agents. To get the same visualization in agarose gel infusion, gadofullerene derivative was used in a concentration one order of magnitude lower than commonly used compounds. The diffusion *in vivo* demonstrated a prolonged residence of endohedral fullerene within the tumor volume, with interesting therapeutic possibilities.

Endohedrals can find application not only as contrast agents, but also in radioimmunotherapy. In this case radionuclides are encapsulated into the carbon cage, without the possibility to be released, as for <sup>212</sup>Pb@C<sub>60</sub>[C(COOH)<sub>2</sub>]<sub>x</sub> which contain the <sup>212</sup>Pb β-emitter, parent of the α-emitter <sup>212</sup>Bi (Diener et al., 2007). In biodistribution studies, the slow clearance of this compound can be considered an unfavorable event, but its accumulation in liver, kidneys, and spleen overrules the main adverse effect of <sup>212</sup>Pb, due to accumulation in the bone marrow, making <sup>212</sup>Pb@ C<sub>60</sub>[C(COOH)<sub>2</sub>]<sub>x</sub> really attractive.

#### 1.9 Toxicology

In recent years, because of the increasing fullerene industrial production and also considering the development of technologies based on nanoparticles (including  $C_{60}$ ), a great concern has arisen about their toxicological effects. This anxiety is reflected in the high numbers of articles published on this topic and the general toxicology of fullerene nanoparticles ( $nC_{60}$ ) is the subject of many recent papers. Less general attention is devoted to functionalized derivatives, apart from the polyhydroxylated fullerenes or fullerols. This is not surprising if we consider that usually the toxicity of fullerene derivatives is analyzed together with their biological properties and that they are prepared in small quantity with consequent minor environmental impact.

Fortner et al. (2005) reported an inhibitory effect on bacterial growth due to the presence of fullerene nanoparticles at concentration  $\ge 4 \text{ mg/L}$ , while recently the impact of C<sub>60</sub> pollution on soil was described (Tong et al., 2007). The authors analyzed the soil respiration, as well as the enzymatic and the microbial activity

and, although the necessity to extend this analysis for a long-term period emerged, their findings demonstrate a low impact of  $C_{60}$  on structure and function of soil microbial population and processes. Different results have been obtained with water suspensions of  $nC_{60}$  on *Bacillus subtilis*. In this case there is a relatively strong antibacterial activity (MIC 0.1 mg/L) and the smaller nanoparticles result to be the most active (Lyon et al., 2006).

Experiments have also been performed to analyze what impact fullerene nanoparticles can produce on aquatic environment. After the first report by Oberdörster (2004), in which important evidences of lipid peroxidation in largemouth bass brain were described, the research was expanded to freshwater crustaceans as *Daphnia magna*, copepods, and different fish species (Oberdörster et al., 2006). Tested concentrations reach 35 ppm in freshwater and 22.5 ppm in seawater, which are the highest concentrations obtained without using organic solvents to prepare the suspension. At the moment, it is not possible to determine if these values can be overcome in case of pollution. In these conditions it was not possible to determine the LD<sub>50</sub> for fullerene nanoparticles. The most affected specie was *D. magna*, in which sublethal effects, as altered moult, were noticed. In fish species no differences were reported for P450 isoenzymes, while few changes in lipid metabolism were found, but new studies are suggested to better define targets for the analysis.

Different results on *D. magna* have been reported (Lovern and Klaper, 2006). Mortality has been described in presence of fullerene nanoparticles obtained by tetrahydrofuran (THF) dispersion in water, subsequent filtration, and removal of the organic solvent. This effect was concentration-dependent, reaching total mortality at 880 ppb. On the contrary,  $C_{60}$  nanoparticles prepared by sonication gave nonuniform lethal effects, without concentration dependence.

A more recent study performed on  $nC_{60}$  and hydrogenated fullerenes presents more detailed effects on hopping frequency, heart rate, appendage movement, and post-abdominal claw curling. The results show intoxication effects, which lead an invertebrate population to be more easily plundered (Lovern et al., 2007).

Bacterial phospholipids can be altered after fullerene water suspension incubation, with different degrees of variation, depending on bacterial species (Fang et al., 2007). *B. subtilis* (Gram positive) is less sensitive (MIC 0.5–0.75 mg/L) than *Pseudomonas putida* (Gram negative, MIC 0.25–0.5 mg/L). The first shows an increased presence of branched fatty acids and a decreased concentration of saturated and unsaturated lipids, while in *P. putida* a higher percentage of saturated fatty acids and corresponding higher membrane fluidity were detected. It is worthy to note that in both cases peroxidation of lipids was not reported.

Experiments on human dermal fibroblast, human liver carcinoma cell (HepG2), and neuronal human astrocytes performed with pristine  $C_{60}$ , as nanoparticles, demonstrate toxicity due to lipid peroxidation, while mitochondrial activity is unaffected (Sayes et al., 2005). In experiments performed on alveolar macrophages,  $C_{60}$  shows really low cytotoxicity when used to incubate cell cultures but, after this treatment, the macrophages present a decreased phagocytic activity (Jia et al., 2005). Other experiments on eukaryotic cells as human monocyte macrophages show accumulation of  $nC_{60}$  without significant toxicity using concentration up to  $10\mu$ g/mL (Porter et al., 2006). Interestingly, the cellular distribution was analyzed by energy-filtered transmission electron microscopy and electron tomography, demonstrating the presence of free fullerene in the cytoplasm, or associated with nuclear membrane, plasma membrane, lysosomes and, rather surprisingly, with the nucleus (Porter et al., 2006, 2007).

The different toxicity revealed in many studies could be associated or strongly related to the different methodologies in the preparation of fullerene nanoparticles. The negative effect has been imputed to the presence of THF into the preparation (Isakovic et al., 2006a). Fullerene nanoparticle preparation obtained after solubilization of  $C_{60}$  into THF has been treated by  $\gamma$ -irradiation ( $\gamma$ - $nC_{60}$ ). The carbon cage does not present changes due to the irradiation but the IR signals related to the presence of THF as intercalating agent in the  $nC_{60}$  disappears. The  $\gamma$ - $nC_{60}$  preparation does not exert cytotoxic activity in the same condition in which  $nC_{60}$  induces a decrease of cell number, both for primary and tumor cell lines. Release of lactate dehydrogenase (LDH), reactive oxygen species, lipid peroxidation, and necrotic processes are reported only for nonirradiated preparation. On the contrary,  $\gamma$ - $nC_{60}$  exerts a partial effect of cytoprotection against treatment by oxidative stress-inducing agents. The antioxidant properties of pristine fullerene have been illustrated: *in vivo* acute intoxication by CCl<sub>4</sub> can be prevented by pretreatment of the animals with C<sub>60</sub>, in a dose-dependent manner (Gharbi et al., 2005).

A new technique to prepare  $nC_{60}$  (fullerene sonication in methanol) has been used, but in this case the cluster sizes are not homogeneous. This preparation permeates the cell membrane of normal and malignant breast epithelial cells (MCF10A and MDA MB 231 or MDA MB 435, respectively) without interfering with cellular events. Also the incubation with high concentration (200 ppm) does not adversely impact cell proliferation (Levi et al., 2006).

In rats, the administration of fullerene by inhalation, as nano- and microparticles generated by aerosol, does not lead to lesions and only a little increase of protein concentration in bronchoalveolar lavage fluid was obtained (Baker et al., 2007). Recently, Sayes et al. (2007) analyzed *in vivo* pulmonary toxicity of  $nC_{60}$  and  $C_{60}(OH)_{24}$ , after intratracheal instillation in rats. They verified only transient inflammatory and cell injury effects, 1 day postexposure, without differences from water-instilled controls. No adverse lung tissue effects were measured, and the results demonstrated little or no differences in lung toxicity effects between the  $nC_{60}$  and fullerols, compared to controls.

Embryonic zebra fish model was employed to study fullerene toxicity. This model is quite convenient because the embryos are transparent in the first week of life and their rate of development is rather fast.  $C_{60}$ ,  $C_{70}$ , and  $C_{60}(OH)_{24}$  have been tested on early embryogenesis (Usenko et al., 2007), presenting effects on this process with malformations, pericardial edema, and mortality. The results for fullerols are milder, but it is difficult to attribute this effect to the presence of the functionalizations themselves or to the easier solubilization, implying diminished cluster formations and avoiding the use of solvents as toluene or THF, the presence of which can play an important role in toxicity, as already demonstrated.

The use of  $nC_{60}$  (obtained using THF solution) and fullerols to treat different cell lines has been studied by Isakovic et al. (2006b) who reported ROS-associated cell death for  $nC_{60}$  and cell death independent of ROS concentrations when fullerols are used. In the first case the death mechanism is necrosis, while in the second case the involved process is apoptosis. On these bases pristine fullerene seems to exert strong pro-oxidant capacity and fullerols seem to be endowed with antioxidant activity. Fullerol cytotoxicity has also been studied on *Tetrahymena pyriformis*, as a model organism. A dose-dependent inhibition of growth is reported; in fact the generation time in standard conditions is of  $7.23 \pm 0.03$  h while in the presence of fullerols (0.25 mg/mL) it increases up to  $9.97 \pm 1.54$  h (Zhao et al., 2006). The macronucleus is not anymore evident, glutathione peroxidase and glutathione reductase concentrations decrease, while superoxide dismutase is constant.

Fullerols have been tested on endothelial cells and in this case cytotoxic morphological changes, such as decreased cell density or cytosolic vacuole formation, take place in a concentration-dependent manner. The chronic treatment with 1 µg/ mL of fullerols for 10 days had no significant toxicity on endothelial cells, but at the maximal concentration (100µg/mL, 24h) endothelial LDH is released, indicating cell death. The apoptosis is not triggered, but a mechanism of autophagy seems to be activated (Yamawaki and Iwai, 2006), indicating the risk of atherosclerosis and ischemic heart disease due to  $C_{60}(OH)_{24}$  administration. The effect of  $C_{60}(OH)_{24}$ chronic administration, at very low concentration, has been studied (Niwa and Iwai, 2006). The exposure at picograms per milliliter (pg/mL) concentration does not have oncogenic or antioncogenic activity, while at nanograms per milliliter (ng/mL) there is evidence of antioncogenic functions, with cell growth inhibition. LDH activity is suppressed in a dose-dependent concentration and micronucleus generation takes place. This phenomenon leads to genotoxic effects and is attributed to difficulties in chromosomal DNA division, excluding any participation of ROSincreased production in the toxic effect.

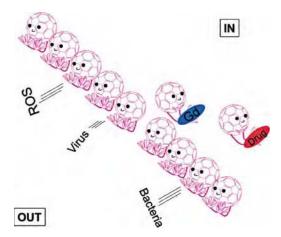


Fig. 1.5 Fullerene's activity (See Color Plates)

#### 1.10 Conclusions

Once upon a time there were three brilliant researchers who isolated and identified the third allotropic form of carbon.  $C_{60}$  fullerene is the most common compound of this family and, since its discovery it has attracted glances and attentions from the scientific community for its biological potentialities (Fig. 1.5).

Considering that medicine and biology are not exact sciences, it is not surprising to find discordant results in the literature: there is still a lot of room for further studies and analyses to discover, rationalize, and explain the activities and the behaviors of fullerenes in cells, animals, and human beings. Despite all the hopes we still feed on, it is honest to admit that, up to now, no decisive medical application has been so deeply developed to be currently in use, but, with all the energies the "fullerene community" is spending on this field, we are sure that this will not be the unhappy end of the  $C_{60}$  fairytale: derivatives as Gd@C<sub>60</sub> have qualities and characteristics that render the effective application in therapy or diagnostics a goal very close to be reached.

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## **Chapter 2 Biomedical Applications of Functionalised Carbon Nanotubes**

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**Abstract** This chapter describes the developing potential of carbon nanotubes (CNTs) in biomedicine. Methodologies to render nanotubes biocompatible, the related studies on cell uptake, applications in vaccine delivery, interaction with nucleic acids and impact on health will be described. The use of CNTs for biomedical applications is acquiring more and more substantiating evidence for efficient development. It is clear that some important issues related to the health impact including the biodistribution, accumulation and elimination have to be addressed more thoroughly before CNTs can be proposed for clinical trials. However, CNTs show remarkable carrier properties, with a very strong tendency to cross cell membranes. Although, the toxicological studies on pristine CNTs are contradictory, showing a certain degree of risk, it is becoming evident that functionalised CNTs have reduced toxic effects. Therefore, the combination of cell uptake capacity with high loading of cargo molecules achievable with CNTs makes this new carbon nanomaterial a promising candidate for innovative therapies.

**Keywords** Carbon nanotubes, Functionalization, Drug Delivery, Gene transfer, Health, Biodistribution

### 2.1 Introduction

Nanotechnology is expected to impact all current industries including semiconductors, manufacturing and biotechnology, and it may also create several new ones. Major challenges remain, before these opportunities can be realised and some of them include the

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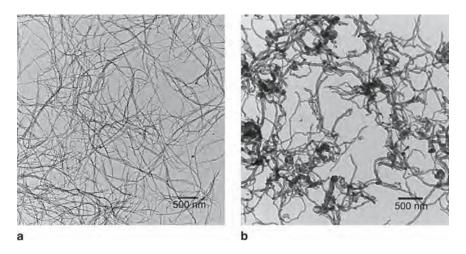
ability to assemble, characterise and manipulate materials at the nanoscale level. Nanomedicine is an area with particular promise and may inspire the construction of nanostructured carriers for the targeted delivery of small-molecule 'passengers' to a desired area. Nanosized delivery vehicles may also offer better or more efficient use of an active molecule (i.e. drugs, antigens, proteins, enzymes and nucleic acids) by controlling release rates, by protecting it from unwanted metabolic processes or through targeted delivery processes that can reduce side effects. A drug delivery system is usually designed to improve the pharmacological and therapeutic properties of conventional drugs and to overcome problems such as limited solubility, poor distribution, lack of selectivity and tissue damage. Cell membranes act as barriers and allow only certain structures with the right hydrophilicity to hydrophobicity ratio to pass. Among the currently available delivery systems, which include liposomes, emulsions, polymers and microparticles (Lavan et al., 2003; Martin and Kohli, 2003; Allen and Cullis, 2004), carbon nanotubes (CNTs) have recently gained popularity as potential drug carriers, therapeutic agents and diagnostic tools (Gref et al., 1994; Langer, 1998; Lavan et al., 2002; Duncan, 2003; Savic et al., 2003; Murthy et al., 2003; Varde and Pack, 2004). They have nanoscale dimensions, and can be modified through covalent bonding of functional organic molecules. CNTs have been shown to penetrate easily through cell membranes (Bianco et al., 2005b; Kostarelos et al., 2007), have been proposed as components for DNA and protein biosensors, ion channel blockers and as bioseparators and biocatalysts (Chen et al., 2001b; Williams et al., 2002; Cai et al., 2003; Gooding et al., 2003; Patolsky et al., 2004; Wang et al., 2004). CNTs have also been used as platforms to detect antibodies associated with human autoimmune diseases (Chen et al., 2003).

This chapter will describe the potential of carbon nanotubes in biomedicine. It will illustrate the methodologies to render nanotubes biocompatible, the studies on their cell uptake, their application in vaccine delivery, their interaction with nucleic acids and their impact on health.

#### 2.2 Carbon Nanotubes

#### 2.2.1 Structure and Characteristics

CNTs, discovered in 1991 by Iijima (Iijima, 1991; Iijima and Ichihashi, 1993), display unique structures and remarkable physical (mechanical, thermal and electronic) properties (Ajayan, 1999; Baughman et al., 2002). As a result, a variety of applications of these architectures can be envisioned in both the physical and life sciences. They can be classified into two main types: single-walled carbon nanotubes (SWNTs), which consist of one single layer of graphene sheet seamlessly rolled into a cylindrical tube, and multi-walled carbon nanotubes (MWNTs), which are made up of several concentric graphene layers (Fig. 2.1). They have nanoscale dimensions, with diameters in the range of 0.5-1.5 nm and 2-100 nm and lengths in the range of 20-1,000 nm, and 1-50 µm for SWNTs and MWNTs, respectively.



**Fig. 2.1** Transmission electron microscopy (TEM) images of pristine single-walled (a) and multiwalled carbon nanotubes (b)

Several methods for the production of both types of tubes and the modulation of their dimensions are available in the literature (Special issue on Carbon Nanotubes, 2002). They can be classified into three main techniques: arc-discharge, laser ablation and chemical vapour deposition. The nanotubes produced by the different methods are usually a mixture of tubes with different diameters, lengths, chirality and often contain impurities, mainly amorphous carbon and catalyst particles. They have limited solubility in organic solvents (Giordani et al., 2006) and are basically insoluble in aqueous solutions. In addition, pristine isolated SWNTs are rarely available in sufficient quantities. Due to their great flexibility and high surface energy, they tend to aggregate into bundles and superstructures of bundles with still a higher degree of entanglement (ropes, mats). These bundles contain huge numbers of both metallic and semiconducting SWNTs in a mixture of one third and two thirds, respectively. Bundle properties are generally inferior to those of isolated SWNTs and effective separation of aggregates must be achieved prior to functionalisation and construction of nanodevices.

In order to be used in biology and medicinal chemistry, carbon nanotubes need to be purified and soluble in physiological media. Various methods have been developed to purify CNTs, such as oxidation, microfiltration, chromatography and microwave irradiation (Ajayan, 1999; Xie et al., 1999). The solubilisation of CNTs can be achieved following two major pathways: (1) noncovalent supramolecular modifications, and (2) covalent functionalisation. Both types of approach give rise to soluble conjugates, in which one component is constituted by CNTs and the counterpart is, for example, a biopolymer (i.e. peptide, protein and DNA). There are advantages and drawbacks related to the two strategies of solubilisation, which will be tackled in the following paragraphs.

#### 2.2.2 Noncovalent Functionalisation

Because offering the possibility of both exfoliating bundles, which affords individual CNTs, and attaching chemical or biological molecules without affecting the electronic network of the nanotubes, noncovalent functionalisation of CNTs is considered a very promising method in the fields such as the preparation of functional and composite materials and biomedical technologies. Many groups have reported the noncovalent interactions between biomolecules and CNTs using both computational and experimental approaches.

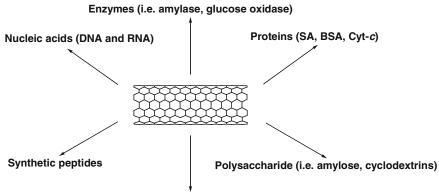
Molecular dynamics (MD) simulations indicated that in the single-strand DNA (ssDNA)-CNT interaction, both the van der Waals and hydrophobic forces are important. The former play a more dominant role, while the hydrophobic effect alone is insufficient to guarantee the binding between the DNA and CNTs in water, either encapsulating DNA inside or wrapping it outside CNTs (Gao et al., 2003; Gao and Kong, 2004). Utilising molecular modelling simulations, it has been demonstrated that double-stranded DNA (dsDNA) could also wrap around the surface of CNTs (Lu et al., 2005). MD simulations were also performed on the complexes constituted by the amylase-nanotube system to study the mode of interaction between the initially separated amylase and SWNT fragments. It has been found that the van der Waals forces are dominant and they always play an important role in promoting noncovalent association (Xie and Soh, 2005). Experimentally, Tsang and co-workers studied the interaction of protein, enzymes and DNA with carbon nanotubes. They found that DNA molecules tended to cover the surface of nanotubes and the small proteins and enzymes could be readily placed on the outer surface and also within the interior cavity of opened CNTs, as evidenced by high-resolution transmission electron microscopy (HRTEM) (Tsang et al., 1997; Davis et al., 1998; Guo et al., 1998). Alternatively to electron microscopy techniques, fluorescence microscopy was used to observe DNA transport through a MWNT channel (Ito et al., 2003). Kam et al. reported that DNA and various proteins, such as streptavidin (SA), protein A (SpA), bovine serum albumin (BSA) and cytochrome c (cyt-c), adsorb spontaneously on the sidewalls of CNTs. These functionalised CNTs are capable of carrying proteins and DNA into cells via the endocytosis pathway (Kam and Dai, 2005; Kam et al., 2006). Star et al. analysed the interaction of CNTs with the starch. In particular, the amylose linear component is able to disperse CNTs in water. This polysaccharide adopts a helical conformation in water. The initial experiments showed that CNTs were not soluble in an aqueous solution of starch, but were soluble in an aqueous solution of a starch-iodine complex. The authors suggested that the preorganisation of amylose in a helical conformation through complexation with small molecules like iodine was critical for single nanotube or bundles to enter into the cavity of the helix (Star et al., 2002). The helical amylose could be used as an effective dispersant to solubilise SWNTs by supramolecular encapsulation. It has been demonstrated that 10-20% dimethyl sulfoxide (DMSO) mixture with water was the best solvent, in which amylose assumed an interrupted loose helix (Kim et al., 2003). Cyclodextrins, the macrocyclic analogues of amylose, were

also selected to study the complexation with CNTs (Dodziuk et al., 2003; Ikeda et al., 2004). The first samples were prepared by a simple grinding procedure to efficiently cut SWNTs (Chen et al., 2001a). A refluxing procedure was also performed to obtain the complexation, and the samples were analysed using absorption spectroscopy, Raman spectroscopy and differential scanning calorimetry (DSC). The results showed an intermolecular interaction between CNTs and cyclodextrins (Chambers et al., 2003).

An alternative efficient approach to disperse CNTs relies on the use of synthetic peptides. Peptides were designed to coat and solubilise the CNTs by exploiting a noncovalent interaction between the hydrophobic face of amphiphilic helical peptides and the graphitic surface of CNTs (Dieckmann et al., 2003; Zorbas et al., 2004; Dalton et al., 2004; Arnold et al., 2005). Peptides showed also selective affinity for CNTs and therefore may provide them with specifically labelled chemical handles (Wang et al., 2003). Other biomolecules, such as Gum Arabic (GA) (Bandyopadhyaya et al., 2002), salmon sperm DNA, chondroitin sulphate sodium salt and chitosan (Zhang et al., 2004; Moulton et al., 2005), were selected as surfactants to disperse CNTs (Scheme 2.1).

Through van der Waals and hydrophobic interactions, CNTs were functionalised and made water soluble by the strong adsorption of phospholipids (PLs) grafted onto amino-terminated polyethylene glycol (PEG). The group of Dai bound nucleic acids (DNA and RNA) and proteins to CNTs for specific detection of antibodies (Chen et al., 2003; Kam et al., 2005a, b; Liu et al., 2007b).

Our group reported a method of functionalisation of CNTs to generate positively charged CNTs (CNT-NH<sub>3</sub><sup>+</sup>) (Georgakilas et al., 2002). Plasmid DNA (pDNA) was selected to study the interaction with CNT-NH<sub>3</sub><sup>+</sup>. It was found that strong complexes were formed between CNTs and pDNA primarily through electrostatic forces and pDNA was condensed around the CNTs (Pantarotto et al., 2004b; Singh



Others macromolecules (i.e. Gum Arabic, chondroitin, chitosan)

Scheme 2.1 Examples of noncovalent functionalisation of carbon nanotubes (CNTs) with different biomolecules

et al., 2005; Lacerda et al., 2006b) (see Paragraph 6). In another approach, Liu et al. (2005) prepared polyethyleneimine-functionalised CNTs for immobilisation and efficient delivery of DNA. Gao et al. (2006) used cationic CNTs to create a complex with GFT-encoding pDNA and delivered the latter into mammalian cells showing a certain degree of transfection.

Recently, Zhang et al. (2007) reported a hybrid nanocomposite with sandwich structure by alternative electrostatic assembly of haemoglobin (Hb) and DNA on the surface of oxidised CNTs. Valenti et al. studied the adsorption-desorption process of protein (BSA) on CNTs by reflectometry. Different BSA concentrations, pH values and ionic strengths affect this process in different conditions (Valenti et al., 2007). The adsorption of proteins onto CNTs was used to control the formation of silver nanoparticles on carbon nanotubes (Bale et al., 2007). Several groups have reported the binding of biomolecules to carbon nanotubes through  $\pi$ -stacking. Due to the high aromatic character and the strong interaction with the sidewalls of CNTs, pyrenyl groups were selected as a suitable bridge possessing additional functional groups. Proteins (Chen et al., 2001b), enzymes (Besteman et al., 2003) and DNA (Taft et al., 2004) were successfully immobilised on the sidewall of CNTs using bifunctional pyrene derivatives. Zheng et al. reported effective dispersion and separation of CNTs via the assistance of DNA. Molecular modelling suggested that ssDNA could bind to CNTs through  $\pi$ -stacking. resulting in helical wrapping around the surface (Zheng et al., 2003a, b). The interactions between RNA and CNTs were also investigated by Rao and co-workers (Rao et al., 2004) (see Paragraph 6).

Concluding, the noncovalent functionalisation is a versatile and useful strategy for increasing the solubility of CNTs. Furthermore, it permits their conjugation with different molecules while conserving their electronic structure and properties, opening up a range of potential applications of CNTs in nanomedicine.

#### 2.2.3 Covalent Functionalisation

The covalent functionalisation of CNTs is the alternative and extremely promising approach for applications in fields such as that of functional and composite materials and that of biology. According to the location of the functional groups, two main strategies are used to covalently functionalise CNTs with biomolecules: (i) defect functionalisation, and (ii) sidewall functionalisation.

#### 2.2.3.1 Defect Functionalisation

Chemical treatments, such as strong oxidising acid mixtures of  $HNO_3/H_2SO_4$  under sonication, modify CNT surfaces with anchor groups, including carboxylic, carbonyl and hydroxyl functions, eventually used to covalently connect molecules to the tubes. The carboxylic acid groups are often the most common

choice to connect the CNTs with the amino-terminated sites present on the biomolecules. Before covalent modification, the carboxylic acids are often activated by thionyl or oxalyl chloride, carbodiimides or active esters, to get highly reactive intermediate groups, to link different types of biomolecules to CNTs via stable covalent bonds. The carboxyl groups of CNTs were activated, for example, in the presence of N-hydroxysuccinimide and carbodiimide and used to conjugate peptide nucleic acid (PNA, an uncharged DNA analogue) to the end of CNTs via a stable amide bond. PNAs were then hybridised with complementary DNA sequences, showing the possibility of recognition-based assembly and the potential use as biological sensors (Williams et al., 2002). Similar methods based on the amide linkage were used to immobilise DNA (Nguyen et al., 2002; Baker et al., 2002; Hazani et al., 2003; Li et al., 2005), proteins, such as BSA (Huang et al., 2002; Jiang et al., 2004) and streptavidin (Wohlstadter et al., 2003), and glucose oxidase (Lin et al., 2004) to CNTs. Streptavidin was also complexed to CNTs prefunctionalised with biotin through carbodiimide-activated amidation (Kam et al., 2004). Similarly, a biotinylated DNAzyme was covalently attached to CNTs using streptavidin as a bridge (Yim et al., 2005) (Scheme 2.2).

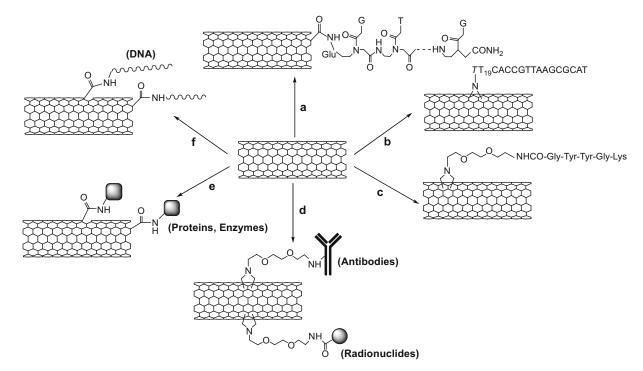
An interesting work carried out by Patolsky et al. (2004) by anchoring redox enzymes to the edges of CNTs via amino coupling, as evidenced by AFM and high-resolution TEM. With the carboxylic acids activated by a coupling reagent, Taft et al. (2004) bonded ssDNA on arrayed carbon nanotube via amino coupling.

### 2.2.3.2 Sidewall Functionalisation

Several different methods of sidewall functionalisation, such as fluorination, radical addition, nucleophilic addition, electrophilic addition and cycloaddition, have been developed (Tasis et al., 2006). The sidewalls of vertically aligned CNTs have been functionalised with DNA using azide units as photoactive components. The azidothymidine reacted photochemically with sidewalls of CNTs utilising [2+1] cycloaddition. The oligonucleotides were grown *in situ* on the sidewalls of CNTs and the DNA-modified CNTs were obtained after the deprotection of the nucleic acid (Moghaddam et al., 2004).

1,3-Dipolar cycloaddition of azomethine ylides, generated by the condensation of an  $\alpha$ -amino acid and an aldehyde, is an efficient method for covalent sidewall functionalisation and has been successfully used to solubilise CNTs in most organic solvents (Tasis et al., 2003; Holzinger et al., 2003). This particular technique has also been utilised to obtain the first example of a bioactive peptide covalently linked to CNTs by the prospect for the potential applications in immunology (Bianco and Prato, 2003; Pantarotto et al., 2003a, b; Bianco et al., 2005b).

McDevitt et al. (2007) reported that the tumour-targeting CNT constructs were synthesised via sidewall covalent functionalisation using 1,3-dipolar cycloaddition to attach the antibody IgG, radiometal-ion chelates and fluorescent probes.



Scheme 2.2 Examples of covalent functionalisation of carbon nanotubes (CNTs) with different types of therapeutic agents. (a) Williams et al. (2002); (b) Moghaddam et al. (2004); (c) Pantarotto et al. (2003a); (d) McDevitt et al. (2007); (e) Huang et al. (2002), Jiang et al. (2004), Wohlstadter et al. (2003), Lin et al. (2004), Kam et al. (2004), Yim et al. (2005), Patolsky et al. (2004); (f) Nguyen et al. (2002), Baker et al. (2002), Hazani et al. (2003), Li et al. (2005), Taft et al. (2004)

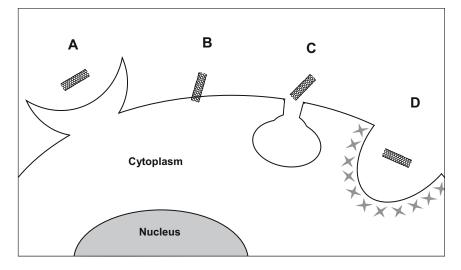
Great effort has been made to overcome the barriers of CNTs towards bioapplications, especially those concerning the aqueous dispersion and biocompatibility. As a consequence the number of reactions that involve chemical modification of the tubes is progressively increasing. Besides the advantage of obtaining soluble CNTs, the covalent functionalisation also provides the possibility of linking a large number of biomolecules to the surface of the tubes.

# 2.3 Carbon Nanotube Cell Uptake: Mechanisms and Trafficking

Determination of the exact mechanism leading to cellular internalisation of CNTs is considered very important in their development as components of biomedical devices and therapeutics intended for implantation or administration to patients. One of the most important parameters in all such studies is the type of nanotubes used, determined by the process by which they are made biocompatible. Interactions with cells have to be performed using biocompatible CNTs, achieved by either covalent or noncovalent surface functionalisation that results in water-dispersible CNTs. A variety of different functionalisation strategies for CNTs have been reported by different groups, therefore direct comparisons are often hampered by the inability to correlate experimental conditions.

In the CNT literature there are already published reports of cellular internalisation using multiple types of cells (fibroblasts, epithelial and cancer cells, phagocytes, bacteria and fungi) in various studies and under different experimental conditions (Cherukuri et al., 2004; Rojas-Chapana et al., 2005; Kostarelos et al., 2007). Such interesting properties of water-dispersible, individualised CNTs can be used in biomedical applications, such as their consideration as novel carrier systems of therapeutics and diagnostics because: (a) CNTs can be internalised by a wide range of cell types; and (b) their high surface area can potentially act as a template of cargo molecules such as peptides, proteins, nucleic acids and drugs. Although the exact mechanisms responsible for the observed CNT entrance into the cells are still unclear and remain to be elucidated, in Fig. 2.2 some pathways that have been proposed to explain how cellular uptake of CNT occurs are schematically represented. The main internalisation pathways to accomplish internalisation of CNT within cells are as follows: (A) phagocytosis; (B) membrane piercing by passive diffusion; (C) caveolae-mediated endocytosis and (D) clathrin-mediated endocytosis.

Several groups have been mainly concerned with studying *in vitro* detection techniques for CNTs. For this reason phagocytic-competent cells were used in their studies to guarantee that the CNTs are internalised in high percentages. Cherukuri et al. (2004) have shown that CNTs wrapped with Pluronic F108 were actively phagocytosed by macrophages and that the near-infrared (NIR) signal of the CNTs was well captured. In addition, Choi et al. (2007) have also studied the NIR signal of CNTs in macrophages, but in this case the CNTs used were wrapped by ssDNA.



**Fig. 2.2** Cellular internalisation pathways proposed for carbon nanotubes (CNTs): (A) phagocytosis; (B) membrane piercing by passive diffusion; (C) caveolae-mediated endocytosis; and (D) clathrin-mediated endocytosis

There have been a few published studies using ssDNA as the CNTs coating material to render CNTs water-dispersible. Such nucleic acids do not encode for exogenous genes, therefore are not relevant to therapeutic applications, however, they have been described to translocate intracellularly. Kam et al. have reported the translocation of ssDNA into the nucleus of HeLa cells by two different CNT structures: (a) Cy3-labelled ssDNA directly linked to CNT through a noncovalent adsorption (Kam et al., 2005b, 2006), and (b) Cy3-labelled ssDNA covalently linked to a polyethylene glycol chain that was part of a phospholipid molecule, which was adsorbed onto the CNT (Kam et al., 2005a). The authors of these studies postulated endocytotic uptake of the whole ssDNA-CNT constructs. In addition, Heller et al. (2005, 2006) have also reported the cellular internalisation of CNTs coated by ssDNA via an endocytic pathway. Although the long-term goal of this team was to develop resilient optical sensors based on CNTs for in vitro and in vivo applications, they have used ssDNA to achieve the solubilisation of the CNTs in aqueous solutions and demonstrated an endocytosis-dependent internalisation and perinuclear localisation without penetration into the nuclear envelope of the ssDNA-CNT complexes incubated with mammalian cells.

Studies from our laboratories by Pantarotto et al. (2004a, b), Wu et al. (2005) and Kostarelos et al. (2007) using covalently functionalised CNTs (1,3-dipolar cycloaddition reaction chemistry) have reproducibly described that CNTs were uptaken by cells via pathways other than endocytosis. This work has experimentally observed that CNTs were able to interact with plasma membranes and cross into the cytoplasm without the apparent need of engulfment into a cellular compartment

to facilitate intracellular transport. The nanotubes were observed by transmission electron microscopy (TEM) during the process of cellular internalisation to obtain a perpendicular orientation relative to the axis of the plasma membrane (Pantarotto et al., 2004b). In addition, the effect of different functional groups at the surface of functionalised CNTs was investigated using techniques such as confocal microscopy, fluorescence-activated cell sorting (FACS) and protocols, which inhibit energy-dependent internalisation mechanisms (incubation at 4 °C and addition of sodium azide or 2,4-dinitrophenol to cell culture media). Interestingly, such studies confirmed the ability of CNTs to be uptaken by cells, regardless of cell type or characteristics (e.g. surface charge) of the functional group attached onto the CNTs (Kostarelos et al., 2007).

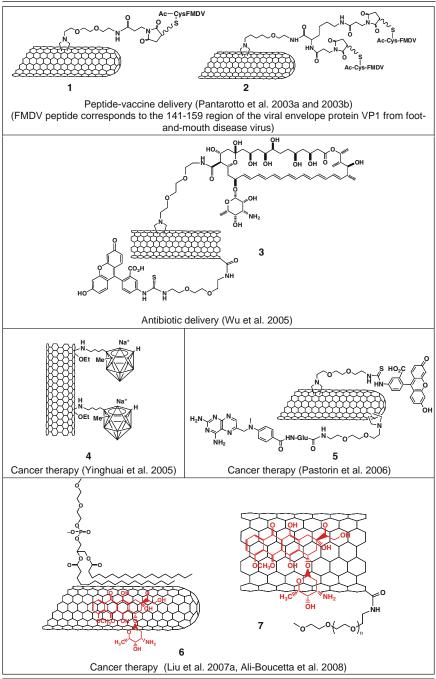
Very recently, the hypothesis of CNT-piercing cells as 'nanoneedles' on the plasma membrane has been experimentally observed independently for two different types of CNTs: (a) block copolymer-coated noncovalently functionalised MWNTs binding studies using microglia cells (Kateb et al., 2007); and (b) oxidised, watersoluble CNTs interacting with Escherichia coli under application of microwaves (Rojas-Chapana et al., 2005). The work accumulating gradually by different groups is confirming that novel, very interesting mechanisms other than 'classical' endocytosis are contributing to the high levels of cellular internalisation of CNTs. What should be highlighted, however, from these studies using CNT dispersions coated with macromolecules is that the surface coating on the CNTs, such as ssDNA, PEGylated lipid or block copolymers, in the cases above is - as expected - critically important for the interactions between cells and CNTs. The endocytotic mechanism of uptake reported is thought to be a result of the nucleic acid or lipid coat on the CNT surface recognised by the cells instead of the CNT backbone. The possible cellular uptake mechanism of CNTs is thought to be due to various different contributing pathways. Transforming the surface of the CNTs with large macromolecules leads to modification of the inherent abilities of these nanostructures and their interactions with cells by masking the CNT structure (Nimmagadda et al., 2006).

# 2.4 Carbon Nanotubes and Immunological Response

## 2.4.1 Carbon Nanotubes for Peptide Delivery

In recent years, CNTs have been receiving considerable attention because of their potential use in biomedical applications. Solubility of CNTs in aqueous media is a fundamental prerequisite to increase their biocompatibility. For this purpose several methods of dispersion and solubilisation have been developed leading to chemically modified CNTs (see Paragraph 2). The modification of carbon nanotubes also provides multiple sites for the attachment of several kinds of molecules, making functionalised CNTs a promising alternative for the delivery of therapeutic compounds.

 Table 2.1
 Structures of carbon nanotubes (CNTs) conjugated to several therapeutic agents (See Color Plates)



Biologically active peptides can be linked through a stable covalent bond to CNTs suggesting their application on peptide-vaccine delivery. Our groups have developed a vaccine delivery system by covalently linking amino-derivatised CNTs to a series of peptides (Pantarotto et al., 2003a, b). In particular, a B-cell epitope from the VP1 coat protein of the foot-and-mouth disease virus (FMDV) was attached to the maleimide moieties of mono- and bis-derivatised CNTs (see Table 2.1, structures 1 and 2). The secondary conformation of the peptide was maintained and recognised by specific monoclonal and polyclonal antibodies as assessed by enzyme-linked immunosorbent assay (ELISA) and surface plasmon resonance (SPR). Following the administration of the peptide–CNT conjugates in animal models, there was no immune response to the CNTs devoid of the peptide moiety, suggesting that nanotubes do not possess intrinsic immunogenicity. In addition, derivatised peptide–CNTs elicited high virus-neutralising antibody responses *in vivo*, thus demonstrating the potential use of peptide–CNT conjugates for their application in vaccine delivery.

# 2.4.2 Immunopotentiation by Cytosine-Phosphodiester-Guanine-Containing Oligodeoxynucleotides

Bacterial DNA is recognised as a 'danger' signal by the immune system of mammals and, as a consequence, induces the stimulation of a variety of immune cells. This has been attributed to the presence of unmethylated cytosine-phosphodiesterguanine (CpG) motifs (Krieg et al., 1995; Klinman et al., 1997). Synthetic oligodeoxynucleotides (ODN) containing CpG motifs have been shown to be effective immunoprotective agents against a variety of pathogens and enhancers of antigenspecific immune responses. For these reasons they have been considered as candidate adjuvants for vaccines or immunomodulators for therapeutic applications against infectious diseases, tumours, asthma and allergy (Krieg, 2002) or to combat bioterrorist threats (Klinman et al., 1999). However, their biological activity is often transient and several administrations or high doses are required to achieve the desired effects (Mutwiri et al., 2004). Therefore, there is a great interest in developing delivery systems to improve the stimulatory activity of ODN CpGs.

Our group has evaluated the interaction of functionalised CNTs with one specific ODN immunostimulatory CpG motif (Bianco et al., 2005a) using SPR technology. Two types of cationic-functionalised CNTs were used. Mono- and bis-ammonium-derivatised CNTs displayed no toxic effects on mouse splenocytes. More importantly, high ratios of functionalised CNTs over a minimum immunostimulatory dose of a specific ODN CpG increased the immunopotentiating activity *in vitro*, while decreasing the secretion of proinflammatory interleukine-6. The positive charge of the functionalised nanotubes neutralises the negative charge of ODN CpG, and as a consequence the repulsion by the negatively charged cell membrane should be reduced, facilitating the cellular uptake of ODN CpG.

### 2.5 Carbon Nanotubes for Drug Delivery

To maximise the efficacy of a drug, the choice of the delivery system is of fundamental importance. Conventional drug administration often fails due to low drug solubility, instability in biological milieu, poor distribution among the cells and lack of selectivity and damage of healthy tissues. Drug delivery systems are aimed to minimise the drug degradation, to increase its bioavailability, to target it to specific cells and to reduce the amount of drug needed, decreasing toxicity and harmful side effects. CNTs possess an enormous aspect ratio (ratio between the length and the diameter) compared to classical drug delivery systems such as liposomes or polymer-based carriers, and are becoming a promising alternative in this field, since the first demonstration of their capacity to penetrate into cells (see Paragraph 3). CNTs can be functionalised with antibiotics to deliver them into the cells. In particular, CNTs were employed in the administration of amphotericin B (AmB). AmB is a potent antifungal agent for the treatment of chronic fungal infections, but highly toxic for mammalian cells (Zotchev, 2003) due to the formation of aggregates, which reduce the solubility in water (Szlinder-Richert et al., 2004). A double functionalisation approach of CNTs with AmB and a fluorescence dye was performed by our group in order to study cell uptake and the toxicity towards human Jurkat lymphoma T-cells (See Table 2.1, structure 3). The antifungal activity was eventually evaluated (Wu et al., 2005). We have shown that the conjugation of AmB to CNTs clearly reduces the cytotoxicity of AmB on mammalian cells, while enhancing the antifungal activity against different types of micro-organisms.

Another application of CNTs as drug delivery systems concerns cancer therapy. Yinghuai et al. (2005) have studied the utility of CNTs as boron delivery agents for their use in boron neutron capture therapy (BNCT). Substituted carborane cages were attached to the walls of SWNTs via nitrene cycloaddition followed by a treatment with sodium hydroxide, obtaining water-soluble carborane-appended SWNTs (Table 2.1, structure 4). Boron tissue distribution studies showed that there is an enhanced boron uptake and retention of the carborane nanotubes in tumour tissue compared to blood, lung, liver or spleen. Although the mechanism of the accumulation of carborane nanotubes in tumour is not yet understood, these results are promising for the future use of CNTs as boron delivery vehicles in BNCT treatment of cancer.

In an alternative approach, our group introduced around the CNT sidewalls the anticancer agent methotrexate (MTX) together with a fluorescent probe (Pastorin et al., 2006) (Table 2.1, structure 5). MTX is a drug widely used against cancer; however, due to its low cellular uptake (Sirotnak et al., 1981; Pignatello et al., 2001) high concentrations of drug are required. Our results show that MTX is rapidly internalised inside the cell by carbon nanotubes. Preliminary results have shown that MTX conjugated to the CNTs is as active as MTX alone in a cell culture assay (Prato et al., 2008). The stable amide bond between the MXT and the tubes could be the reason for lack of enhanced efficacy, releasing the drug too slowly from the CNTs into the cytoplasm. One solution to this problem could be to introduce a cleavable linker or a more enzymatically sensitive bond.

Another anticancer agent, doxorubicin (DOX), noncovalently linked to CNTs has recently been investigated by Liu et al. (a) and by our group (Ali-Boucetta et al., 2008) in two simultaneous and independent studies. Our group used MWNTs dispersions in Pluronic F127, while Liu et al. used SWNTs functionalised either noncovalently with polyethylene glycol (PEG) (Table 2.1, structure 6) or covalently by PEGylation of carboxylic groups introduced by preoxidation of the CNTs (Table 2.1, structure 7). The DOX–CNT complexes exhibit cytotoxic activity against cancer cells. The potential advantage of using CNTs as drug carrier resides on the ability to deliver the drug to certain types of cells by conjugation with tumour-targeting peptides, therefore reducing the toxicity towards non-targeted cells.

Venkatesan et al. (2005) studied, among other porous adsorbents, the use of CNTs as a drug carrier system for oral administration of erythropoietin (EPO). EPO is a glycoprotein hormone that regulates red blood cell production and it is used to treat certain types of anaemia. However, low oral bioavailability, i.e. poor membrane permeability and enzymatic degradation, is the main problem in achieving patient-friendly routes of administration of this drug. The results of this work showed that the use of CNTs as adsorbent, combined with casein as enzyme inhibitor and Labrasol as absorption enhancer, gave the best bioavailability of EPO, opening many possibilities for the oral administration of this drug.

In a different approach CNTs can act as containers by inserting molecules inside the tubes and releasing them into the cells. Recently, the reversible filling of CNTs with fullerenes was reported by two independent groups (Fan et al., 2007; Simon et al., 2007). Although fullerenes and their derivatives have a broad range of medical applications, the reversible filling reported by these groups should be applied to water-soluble functionalised fullerenes in order to be useful for drug delivery applications.

## 2.6 Interaction Between Carbon Nanotubes and Nucleic Acids

The physicochemical interactions between CNTs and DNA have been studied under different contexts for a long time, particularly towards efforts to achieve welldispersed nonfunctionalised CNTs and more recently for the construction of sensors, nanocircuits, nanocomposites and gene delivery vectors. Towards this latter aim, in the quest for a useful non-viral gene transfer system, the interaction between a cationic component, such as an amino-functionalised CNTs, and the negatively charged nucleic acid to be delivered is critical for the eventual effectiveness of a gene transfer construct. Theoretical predictions of DNA interactions with CNTs by molecular dynamics simulations have shown that ssDNA spontaneously inserts into nonfunctionalised CNTs through a combination of van der Waals and hydrophobic forces (Gao et al., 2003). Moreover, molecular modelling has demonstrated that dsDNA can also wrap around nonfunctionalised CNTs or, in the case of positively charged CNTs in an aqueous environment, DNA molecules could be electrostatically adherent onto the CNT surface (Lu et al., 2005). In addition, it was very recently reported that CNTs induce a spontaneous conformational change of ssDNA, which allows it to wrap around the nanotubes via  $\pi$ - $\pi$  stacking interactions (Johnson et al., 2008).

Experimentally, a range of different techniques have been used to understand the CNT–DNA interactions and the ensuing supramolecular structures between these two components. However, most studies agree that the nature and mechanism of such interactions will be highly dependent on the type of CNTs, its surface functionalisation and the characteristics of the nucleic acids. UV and IR spectroscopy have both been used to show that nonfunctionalised SWNTs and dsDNA interact through hydrogen bonds (Matyshevska et al., 2001; Buzaneva et al., 2002). In these studies changes in the electronic levels in the nucleotide bases of the DNA molecule were found and the DNA acquired a chaotic spherical conformation upon interaction with CNTs.  $\pi$ – $\pi$  interactions between the CNT sidewalls and the nucleic acid bases have been proposed as the mechanistic basis for this wrapping effect. Moreover, the ability of DNA to wrap around the CNT surface has been described for both dsDNA (Dovbeshko et al., 2003; Nepal et al., 2005) and ssDNA (Zheng et al., 2003a) and has been utilised to disperse CNT in solvents of varying polarity.

Several studies described that oxidised CNTs covalently bond  $DNA-NH_2$  in a controllable assembling process (Dwyer et al., 2002; Hazani et al., 2003; Taft et al., 2004; Guo et al., 2004) or are helically wrapped ( $\pi$ - $\pi$  interactions) by dsDNA and ssDNA (Nakashima et al., 2003; Rajendra et al., 2004; Rajendra and Rodger, 2005). An alternative functionalisation reaction described by Georgakilas et al. (2002) produces positively charged ammonium-functionalised CNT (CNT-NH<sub>3</sub><sup>+</sup>). The interaction of CNT-NH<sub>3</sub><sup>+</sup> with pDNA was studied in detail in our laboratories (Singh et al., 2005; Lacerda et al., 2006b). We have found that these functionalised CNTs interact with pDNA to form complexes primarily through electrostatic forces and that the pDNA was condensed around the CNT-NH<sub>3</sub><sup>+</sup>. Moreover, these studies have indicated that the total available surface area and the surface charge density of CNTs were critical parameters in the interaction and complexation of pDNA.

With regards to the interactions between RNA and CNTs, to our knowledge there has only been one published report describing the interaction between nonfunctionalised SWNTs and the RNA polymer poly(rU) (Rao et al., 2004). In this study, the RNA polymer poly(rU) is observed in a blob-like conformation when bound at the surface of CNTs as imaged by scanning electron microscopy resembling the condensation of pDNA strands. It was suggested that the binding occurs through  $\pi$ -stacking and hydrophobic interactions; however, no detailed mechanistic study has been published so far describing how the CNT–RNA interactions occur.

Concerning utilisation of CNTs for the delivery of nucleic acids, CNTs have already been shown to be versatile platforms for nucleic acid delivery *in vitro* and *in vivo* because of their high surface area, facile functionalisation of their surface and their ability to cross the cell membranes. To our knowledge, it is crucial to functionalise the surface of CNTs, in order to transform nonfunctionalised CNTs (insoluble in most solvents) into water-soluble and biocompatible CNTs. On the other hand, with a growing number of functionalisation routes, many important questions remain unanswered. Each functionalisation method is probably producing CNTs with different characteristics, which will lead to differences in the mechanism of CNT metabolism, degradation or dissolution, clearance and bioaccumulation. On the other hand, most non-viral gene delivery systems today suffer from both limited levels of gene expression and an unfavourable toxicity profile due to their highly cationic surface character. Therefore, opportunities for CNT-based gene transfer systems are still ample.

The development of CNTs as delivery systems for nucleic acids is still in its nascent stages and many more studies are needed to determine the advantages and limitations offered by these novel materials. Most challenges are still ahead for the biomedical utilisation of CNTs. The administration or implantation of CNTs and their complexes with gene encoding or silencing constructs in an *in vivo* setting are almost completely unexplored, despite the groundbreaking, but always proof-of-concept, work by several groups (Lacerda et al., 2006a). Moreover, the toxicological and pharmacological profile of CNT systems used as therapeutics will have to be better elucidated prior to any clinical studies undertaken. In conclusion, we would like to stress that although we are still in very early stages of development, nucleic acid delivery systems based on CNTs may well become viable and effective, particularly in combination with their electrical or semiconducting properties and an improved toxicity profile.

### 2.6.1 DNA Therapeutics

There are several studies that have reported cellular internalisation of DNA using CNTs. In 2004, our groups published the first studies (Pantarotto et al., 2004b; Singh et al., 2005) to demonstrate that CNT-mediated gene delivery and expression leading to production of marker proteins encoded in pDNA was possible. In these initial studies we observed that pDNA was able to associate in a condensed globular conformation through electrostatic interactions at the surface of CNTs covalently functionalised with ammonium groups. The delivery of pDNA and expression of β-galactosidase (marker gene) in CHO cells was found to be approximately ten times higher than naked pDNA alone. Furthermore, it was found that the charge ratio (+/-) CNT-NH<sub>3</sub><sup>+</sup>-pDNA was an important factor determining the level of gene expression. Later, Liu et al. (2005) also reported the noncovalent association of pDNA with CNT functionalised with polyethylenimine (PEI) groups, which contain a high density of terminal amine groups, an overall highly cationic macromolecule commonly used as a transfection agent. The CNT-PEI-pDNA complexes tested at different charge ratios in different cell lines were shown to produce much higher levels of gene expression than pDNA alone. Furthermore, it was reported that the transfection efficiency with the CNT-PEI constructs was about three times higher than with PEI alone.

Interestingly, it has been subsequently shown that the functionalisation group on the CNT surface also plays a role in the formation of the complexes between the CNTs and pDNA. Gao et al. (2006) studied the gene delivery of pDNA by CNT functionalised with four different chemical groups: amino, carboxyl, hydroxyl and alkyl. However, only the positively charged, amine-functionalised CNTs were able to complex and deliver the pDNA. Although the complexes between CNTs and pDNA enhanced the gene delivery and expression compared to naked DNA alone, they did not improve the transfection efficiency compared to commercially available transfection agent (Lipofectamine 2000).

Cai et al. (2005) proposed an alternative strategy to introduce exogenous pDNA immobilised on CNTs into mammalian cells. The CNTs used in these studies contained Ni particles enclosed in their tips, which allowed a magnetic 'spearing' technique (exposure to an external magnetic field followed by centrifugation) onto the CNT–pDNA complexes. The results from these investigations reported gene expression in 80–100% of the cell population for the CNTs with Ni, while CNTs deprived of Ni particles did not produce any gene expression. However, the use of such technique is limited to *in vitro* or *ex vivo* gene transfer.

Interestingly, CNTs have been shown to be able to deliver exogenous genes not only in mammalian cells, but also in bacteria. Rojas-Chapana et al. (2005) demonstrated that oxidised, water-dispersible CNTs can deliver pDNA into *E. coli* (ratio of transformation efficiency/transformants of about 32) by opening up temporary nanochannels across the cell envelope. The authors described that addition of CNTs in a suspension containing *E. coli* and pDNA and application of a microwave frequency resulted in the orientation of the CNT tips perpendicularly to the cell surface and subsequently plasmid delivery into the bacteria.

To our knowledge there is no study in the literature describing *in vivo* gene expression by CNT-mediated delivery of DNA yet. However, Zhang et al. (2006) have recently injected intratumourally FAM-labelled dsDNA–CNT conjugates in mice bearing Lewis lung carcinoma tumours. The study has confirmed the uptake of the conjugates by observing that almost all tumour cells were fluorescent, nevertheless, the experiment was performed only for the purpose of *in vivo* imaging and tracking of the CNTs. No further attempt has been reported to deliver gene-expressing DNA in live tissue.

### 2.6.2 RNA Therapeutics

In the last few years, a great effort has been invested in the discovery of effective ways to deliver small-interference RNA (siRNA) into cells and tissues. Kam et al. (2005a) have studied a siRNA–CNT conjugate linked with disulfide bonds to PEGylated lipids coating the CNT surface, and have shown that the conjugates were internalised into HeLa cells and also reported siRNA-mediated gene silencing. In these studies, different siRNA constructs were successfully delivered by CNTs, and two targeted genes were silenced: (a) the gene encoding laminin A/C protein (localised inside the nuclear lamina of cells), and (b) the luciferase gene. This work also compared the gene silencing efficiency between the siRNA–CNT conjugates and the more conventional Lipofectamine–siRNA complexes to find that the CNTs

improved the degree of gene silencing. More recently, Liu et al. (2007b) have shown the delivery of siRNA molecules able to silence the expression of the cellsurface receptors CD4 and co-receptors CXCR4 in human T-cells and peripheral blood mononuclear cells by CNTs. Because both cell-surface receptors are necessary for HIV binding and infection of T-cells, the authors have suggested that siRNA–CNT conjugates can potentially be used for the treatment of HIV. Furthermore, they observed that conjugates of CNTs covalently linked by disulphide bonds to siRNA had greatly improved the silencing in T-cells compared to Lipofectamine 2000 and other liposome-based formulations.

Very recently, Zhang et al. (2006) pushed the development of CNTs as siRNA delivery systems further, as they employed ammonium-functionalised CNTs to mediate the delivery of *TERT*siRNA into tumor cells (murine and human) and silence the *TERT* gene, which is critical for the development and growth of tumours. They observed that treatment of different tumour cells with the *TERT*siRNA–CNT complexes led to the suppression of the cell growth. These *in vitro* studies were extended to *in vivo* studies in the same report. The activity of *TERT*siRNA–CNTs was verified after intratumoural injections in mice bearing Lewis lung carcinoma tumours or HeLa cell xenografts. Tumour growth was inhibited after treatment with *TERT*siRNA–CNT complexes and average tumour weight was significantly reduced when compared to that of tumours from untreated animals.

In conclusion, CNTs can offer a promising new technology for the development of advanced cancer treatment applications. However, much more work is definitely needed and will surely appear in order to explore and carefully define the opportunities and limitations of CNTs as delivery systems of nucleic acids using *in vivo* models.

## 2.7 Impact of Carbon Nanotubes on Health

What is the actual impact of CNTs on health? This is an essential but still partially unanswered question (Tsuji et al., 2006; Helland et al., 2007; Boczkowski and Lanone, 2007). As emerged from the previous paragraphs, a tremendous enthusiasm has been developed around the very promising applications of CNTs particularly in biomedicine. However, one should keep in mind that this extending manufacturing and use of CNTs will necessarily lead to an increased frequency of people being exposed to these nanomaterials, in an accidental (e.g. during production processes) or voluntary (e.g. if they are used as contrast agents or for drug delivery) way, and that this might have harmful consequences. Therefore, in order to guarantee a safe use of CNTs for future biomedical applications, we should gain a thorough knowledge of their physiological impact and of their potential adverse effects on animal and human health. This major concern has started to be taken into consideration for the last few years and a wide range of mainly in vitro studies have been undertaken to answer the following simple question: are CNTs toxic? Most of these experiments first concluded that CNTs exert some cytotoxic activity, as measured by a loss in cell viability and induction of some oxidative stress, and that CNTs could therefore constitute a danger for health (Shvedova et al., 2003;

Monteiro-Riviere et al., 2005; Cui et al., 2005; Manna et al., 2005; Ding et al., 2005; Bottini et al., 2006). Moreover, a few very recent studies have demonstrated some genotoxic impact of CNTs (Kisin et al., 2007; Muller et al., 2008). However, it appears that CNT toxicity is a much more complex issue than expected. Indeed, the diversity of CNT products is not simply limited to SWNTs or MWNTs, but depending on the synthesis method and the cleaning process employed, CNTs harbour varied physical and chemical properties. For example, the level of metallic impurities, such as iron and nickel, which are contained in CNT preparations, can vary a lot and this has a great influence on the toxicity measured since these contaminants can be active per se (Kagan et al., 2006). This heterogeneity, combined with the use of different in vitro cell models (i.e. keratinocytes, macrophages, epithelial cells and smooth muscle cells) and biological tests, has sometimes led to results which look contradictory but which are actually difficult to compare. However, a parameter, which emerged as a key determinant for CNT toxicity, consists in their surface modification, which directly affects their agglomeration/dispersion state in solution. The highly hydrophobic pristine CNTs form rather large aggregates with cytotoxic affect that can be reduced when the tubes are well dispersed (Wick et al., 2007). Some groups have used CNTs surrounded by surfactants to improve their dispersion, but surfactants themselves could have a significant influence on cell behaviour (Cherukuri et al., 2004). Therefore, one of the best ways, which has been settled to ameliorate the aqueous solubility of CNTs and their compatibility with living systems consists in functionalising them, i.e. chemically modifying their surface. Sayes et al. (2006) have shown that the level of cytotoxicity exerted by SWNTs is directly related to the density of functional groups around the tubes. In this context, our group has developed several functionalisation methods (see Paragraph 2) and we have evidenced that fully water-soluble SWNTs do not exert any deleterious effect on the survival and functionality of cell lines and primary mouse immune cells (Pantarotto et al., 2004a; Dumortier et al., 2006). We also used these soluble functionalised CNTs to perform one of the first complete in vivo biodistribution studies of CNTs (Singh et al., 2006; Lacerda et al., 2008). The intravenous administration of indium-labelled functionalised SWNTs and MWNTs to mice showed a rapid clearance via the renal excretion route without neither accumulation in the reticuloendothelial system organs (liver or spleen) nor severe toxic side effects. Recently, Guo et al. (2007) published biodistribution data of technetium-labelled glucosamine-functionalised MWNTs, which also underscored an absence of toxicity and a natural elimination process via urine and faeces. These results are very promising considering the potential clinical use of CNTs and reinforce the importance of functionalisation to improve biocompatibility. Indeed, a few articles describe the in vivo toxicity of CNTs, but they are mostly based on the use of non-soluble pristine CNTs. Most of these studies focused on the pulmonary exposure of animals to CNTs, by intratracheal instillation or pharyngeal aspiration, thus mimicking what could happen upon accidental exposure by inhalation. In most cases, inflammatory responses, accompanied by interstitial fibrosis and granulomas formation, were observed (Lam et al., 2004; Warheit et al., 2004; Muller et al., 2005). One study even suggested that in addition to these primary effects, CNTs may also have an impact on the resistance to pathogens as co-inhalation of pathogenic bacteria and SWNTs slows down the clearance of bacteria from the lungs (Shvedova et al., 2005).

Altogether, the data which have been accumulated till today, evidence the potential toxicity of CNTs, which should not be neglected. However, they also clearly point out the functionalisation and the resulting solubility of CNTs as key parameters for controlling their biocompatibility, giving hope for their future use as medical tools. Our knowledge in the field of nanotoxicology has considerably improved, but we are still far from getting a full comprehensive view of what is the global impact of CNTs on health and further experiments are required before CNTs can be used in a completely safe manner.

### 2.8 Conclusions

The use of CNTs for biomedical applications is acquiring more and more substantiating evidence for efficient development. It is clear that some important issues related to the health impact including the biodistribution, accumulation and elimination have to be addressed more thoroughly before CNTs can be proposed for clinical trials. However, CNTs show remarkable carrier properties, with a very strong tendency to cross cell membranes, and seem to perfectly fit into the emerging discipline of nanomedicine. Although, the toxicological studies on pristine CNTs are contradictory, showing a certain degree of danger, it is becoming evident that functionalised CNTs have reduced toxic effects. Therefore, the combination of cell uptake capacity with high loading of cargo molecules achievable with CNTs makes this new carbon nanomaterial a promising candidate for innovative therapies. In conclusion, we do hope that, in a few years, functionalised CNTs will be considered as valuable scaffolds for pharmaceutical applications.

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# **Chapter 3 Antioxidant Properties of Water-Soluble Fullerene Derivatives**

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**Abstract** Due to their inherent electronic properties, fullerenes are considered as radical sponges being capable of effectively quenching reactive oxygen species (ROS). The most promising candidates for potential pharmaceutical applications are therefore water-soluble fullerene derivatives, since they provide reasonable biological availability. In light of these considerations, we give an overview over the most recent concepts for designing and synthesizing real water-soluble fullerene compounds. Several studies concerning the quenching activities against ROS-like superoxide radical anion of some of these novel compounds are reviewed. We finally present first promising investigations about cytoprotective and neuroprotective activities of several carboxyfullerenes in zebrafish embroys as a mammalian model system. By comparing the activities for different addition patterns and other structural changes some first conclusions concerning a structure–function relation-ship can be drawn.

Keywords Fullerene, water-solubility, antioxidant, cytoprotection

## 3.1 Introduction

Shortly after the discovery of the fullerenes in 1985 (Kroto et al., 1985) and especially after their accessibility in macroscopic quantities (Kraetschmer et al., 1990) these new carbon allotropes raised great interest in the chemical world due to their unique structural and electronic properties. As a direct consequence of the curved conjugated  $\pi$ -system fullerenes were predicted to be fairly electronegative with the

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ability to undergo multiple reversible reduction steps. Indeed this was demonstrated by the fully reversible reduction up to the hexaanion for  $C_{60}$ , the most prominent and abundant fullerene (Echegoyen and Echegoyen, 1998). As another important chemical property their pronounced affinity towards radicals was pointed out, shortly thereafter (Hirsch and Brettreich, 2005). Upon addition of a large variety of radicals quite stable diamagnetic or paramagnetic adducts were observed and intensively studied.

Summarizing these facts, fullerenes can be considered as very effective 'radical sponges' (Krusic et al., 1991; McEwen et al., 1992) being capable of taking part in reversible redox processes. These properties make fullerenes very interesting with respect to potential applications in the field of biomedical or pharmaceutical chemistry. It is widely believed that reactive oxygen species (ROS) like hydroxyl radicals, peroxides and predominantly the superoxide radicals cause significant cell death and are important factors in aging as well as in chronic neurodegenerative diseases like ALS, Alzheimer's and Parkinson's. Due to their inherent structural properties and their ability to act as radical sponges, fullerenes and their derivatives were proposed to have potent antioxidant and neuroprotective activities in biomedical applications. In general, two different mechanisms for the quenching of ROS by fullerenes can be considered. The first involves a stoichiometric addition of ROS to the fullerene surface, probably followed by subsequent elimination or addition steps in order to regenerate the parent fullerene and resulting in a catalytic ROS cleavage. The second proposed mechanism is based on several outer sphere electron transfer processes involving reduction and reoxidation steps between the fullerene and radical species.

For successful clinical applications, it is necessary to demonstrate the specific mode of action, the pharmacokinetics and the distribution in various tissues after administration. One severe drawback for fullerenes in this context is the almost complete insolubility of these *all*-carbon allotropes in water. To overcome these impediments, one of the first goals in fullerene chemistry was to design and synthesize water-soluble derivatives, which retain the unique inherent fullerene properties while achieving reasonable biological availability. Subsequent antioxidant and protective studies using these novel water-soluble fullerenes produced promising results. Studies carried out with antibodies against fullerenes suggested that water-soluble fullerenes can readily pass cell membranes and are preferentially located at or near mitochondria (Foley et al., 2002) – the cellular organelle responsible for aerobic respiration and the site where most of the biological processes concerning ROS take place. These initial studies demonstrated substantial antioxidant activity both *in vitro* and *in vivo*, encouraging a flurry of new work in this area.

In this contribution we want to provide a short overview addressing the current state-of-the-art of water-soluble fullerene derivatives and their potential applications as antioxidant or neuroprotective drug candidates. After summarizing the most prominent concepts of designing water-soluble fullerenes in the first chapter we will present some more recent achievements with respect to biological activities of antioxidant fullerenes, with emphasis on our own results.

### **3.2** Water Solubility of Fullerene Derivatives

## 3.2.1 Dissolving Hydrophobic Fullerenes in Water

In principle, there are four basic strategies to compensate for the repulsive effects between the hydrophobic fullerene surface and water: (a) encapsulation in the internal hydrophobic moiety of water-soluble hosts like cyclodextrins (Andersson et al., 1992; Murthy and Geckeler, 2001), calixarenes (Kunsagi-Mate et al., 2004) or cyclotriveratrylenes (Rio and Nierengarten, 2002); (b) supramolecular or covalent incorporation of fullerenes or derivatives into water-soluble polymers (Giacalone and Martin, 2006) or biomolecules like proteins (Pellarini et al., 2001; Yang et al., 2007); (c) suspension with the aid of appropriate surfactants; and (d) direct exohedral functionalization in order to introduce hydrophilic moieties.

From a pharmacological point of view the first two strategies raise several distinct disadvantages. First, the exact structures of these fullerene-based systems in solution are usually unknown and, especially for polymeric materials inhomogeneous samples are frequently obtained. Furthermore, in many cases the amount of incorporated fullerene is not clearly determined. In addition, the presence of other molecules like the hosts or polymeric residues can cause unpredictable side effects and in no case the mode of action or activity can doubtlessly be associated with the fullerenes. However, for systematic investigations on structure–function relationships or extensive testings of toxicological or human availability properties, the use of structurally well-defined and characterized materials is mandatory.

In recent years, a great diversity of structurally well-defined functionalized fullerenes has been designed and synthesized for that purpose. Some of them exhibit pronounced solubility in water (*vide infra*). But even for compounds being virtually insoluble in water, stable aqueous phases can be obtained in plenty of cases by diluting stock solutions of the compounds in polar organic solvents with various amounts of water. Notably, dimethyl sulfoxide (DMSO) and tetrahydro-furan (THF) have turned out to be excellent surfactants for preparing stable aqueous fullerene solutions (Angelini et al., 2005; Cassell et al., 1999; Da Ros et al., 1996; Gun'kin et al., 2006; Illescas et al., 2003). Also cosolvents such as dimethylforma-mide (DMF) and methanol can be used to promote water solubility. After subsequent dilution of a saturated solution of  $C_{60}$  in benzene with THF, acetone and finally water, actually stable aqueous suspensions of pristine fullerene can be obtained (Scrivens et al., 1994).

In order to increase fullerene solubility in either non-aromatic solvents or polar phases like water, a large number of functionalized fullerenes have been synthesized (Da Ros and Prato, 1999; Nakamura and Isobe, 2003). The first examples of water-soluble derivatives were obtained after the addition of either several hydroxyl groups, leading to fullerenols (Chiang et al., 1995, 1996), or the addition of six sulfobutyl groups to the fullerene surface, leading to hexasulfobutyl fullerenes (Chi et al., 1998; Huang et al., 2001; Jeng et al., 2001; Lee et al., 2000). Both substance classes exhibit good water solubility and show surprisingly potent antioxidant and neuroprotective activities. However, both classes featured highly heterogeneous structures concerning their number of addends (for fullerenols) and especially their regiochemistry on the fullerene surface: this heterogeneity would almost certainly hamper their use as potential drug candidates. Over the course of time, various novel nucleophilic and cycloaddition reactions suitable for exohedral modification were developed that demonstrate excellent control over the regioselectivity of subsequent additions (Hirsch and Brettreich, 2005).

The two most commonly used derivatization methods for exohedral functionalization are the nucleophilic cyclopropanation with malonates (Bingel, 1993) and the formation of fulleropyrrolidines (Maggini et al., 1993). Both of these protocols have been used extensively to produce water-soluble fullerenes for biomedical applications. Other stable water-soluble fullerene adducts have also been reported (Hirsch and Brettreich, 2005). Sections 3.2.2–3.2.5 will give a short overview on the state-of-the-art of water-soluble fullerene derivatives and outline some general trends for designing such molecular structures.

### 3.2.2 Water-Soluble Malonate Adducts

One of the most common exohedral functionalization methods for fullerenes is the cyclopropanation of malonates and related 1,3-dicarbonyl compounds, the socalled BINGEL reaction. The easiest way to introduce polar groups in malonate adducts is the deprotection of appropriate precursors in order to generate the corresponding free malonic acids (Lamparth and Hirsch, 1994; Reuther et al., 2002). With an increasing number of acid groups, the water solubility increases. Whereas the deprotected monoadduct is only slightly soluble in strong basic solutions, several regioisomeric bisadducts are highly soluble in weakly basic media (pH > 8) and trisadducts like  $C_3$  (e,e,e-C<sub>63</sub>(COOH)<sub>6</sub>) **1** and  $D_3$  (trans3,trans3,trans3- $C_{63}(COOH)_{6}$  2 are actually well soluble even in neutral water (Lamparth and Hirsch, 1994) (Figs. 3.1 and 3.2). Currently, 1 and 2 are the most extensively studied fullerene derivatives with respect to antioxidant and neuroprotective activity in vitro and in vivo, and have consistently shown very promising results as potential candidates for a variety of biomedical applications (Ali et al., 2004; Bisaglia et al., 2000; Bosi et al., 2000; Dugan et al., 1997, 2001; Foley et al., 2002; Fumelli et al., 2000; Huang et al., 1998; Kiritoshi et al., 2003; Lin et al., 1999, 2002, 2001; Lotharius et al., 1999; Mashino et al., 1999; Monti et al., 2000; Rieger et al., 2002; Straface et al., 1999; Tsao et al., 2001, 2002; Tzeng et al., 2002).

Yet hands-on experience with 1 and other related compounds showed that free malonic acid groups on fullerenes are rather unstable even under physiological conditions and readily decarboxylate into side products, some of which may show toxicity under certain circumstances (Beuerle et al., 2007). To avoid these potential side effects new polar derivatives of 1 like 3, 4 and 5 have been synthesized (Beuerle et al., 2005; Witte et al., 2007). In these trisadducts the polar endgroups are attached *via* alkyl spacers to the fullerene core and thus no unwanted decarboxylation

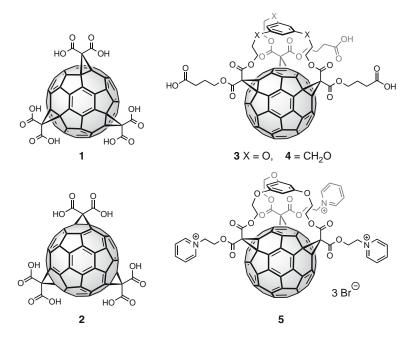


Fig. 3.1 Water-soluble fullerene trisadducts

processes are observed. Whereas the pyridinium fullerene 5 with three permanent positive charges shows a high and pH-independent water solubility, carboxyfullerenes 3 and 4 are only solubilized in basic media (pH > 8), probably due to incomplete deprotonation of all three acid groups under neutral conditions.

One drawback of multiple exohedral functionalization is a stronger disruption of the fullerene  $\pi$ -system with increasing number of addends. As a direct consequence, antioxidant or neuroprotective activities should decrease with a greater number of addends by virtue of a lower electron or radical affinity (de La Vaissiere et al., 2001). To enhance water solubility of less-functionalized fullerene derivatives, however, dendritic polar moieties can be introduced to enhance the number of charges. The most prominent example of a monoadduct of this kind is dendrofullerene **6** containing two second-generation NEWKOME-type dendritic branches (Brettreich and Hirsch, 1998). It is soluble in phosphate-buffered water in concentrations up to  $1.2 \times 10^{-2}$  M, which is one of the highest values for fullerene derivatives observed so far. Titration experiments revealed that at pH 7 on an average 16 of 18 acid groups are deprotonated (Brettreich, 2003). UV/Vis spectroscopic and small angle neutron scattering experiments indicated that dendrofullerene **6** is dispersed

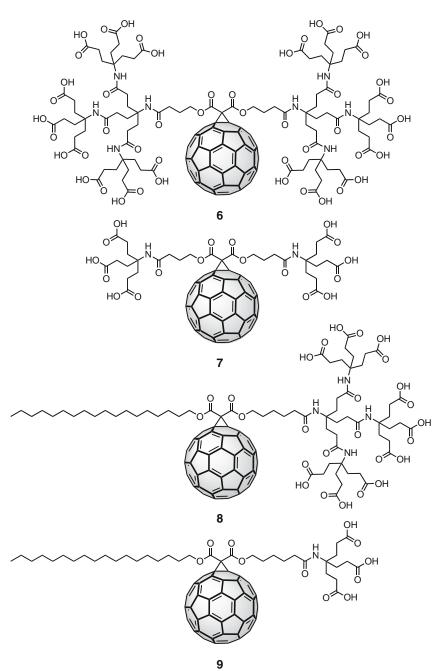


Fig. 3.2 Water-soluble monoadducts

in monomeric form at neutral pH due to the very effective shielding of the fullerene surface by the bulky dendritic branches (Brettreich, 2003). These observations make 6 an ideal candidate for kinetic studies of fullerenes in water, because no clustering phenomena are likely to complicate the measurements. For example,

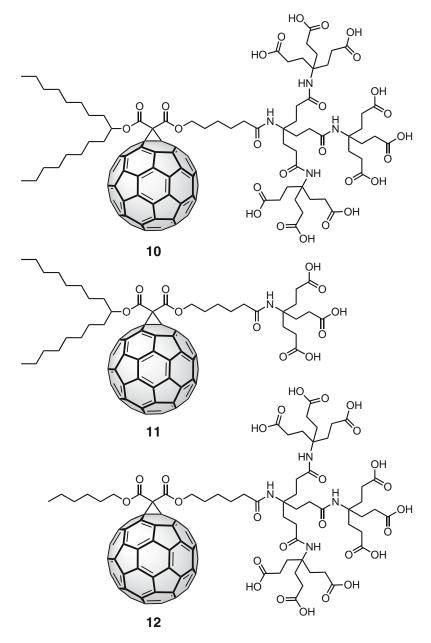


Fig. 3.3 Water-soluble amphiphilic monoadducts

reactions of photochemical-generated radicals with **6** and **1** have been investigated in detail (Bensasson et al., 2000).

As structural analogues of **6**, we have recently published the first-generation dendrofullerene **7** and a novel series of amphiphilic dendrofullerenes **8–12** (Witte et al., 2007) (Fig. 3.3). The hexaacid **7** exhibits a comparable but remarkably lower solubility in water than **6**. In the case of amphiphilic dendrofullerenes with only one hydrophilic dendron and one long alkyl chain as lipophilic moiety, the second-generation derivatives **8**, **10** and **12** are soluble in buffered water at pH 7 or in basic solution, whereas the first-generation analogues **9** and **11** are virtually insoluble even under basic conditions. Water-diluted stock solutions in DMSO though are stable for weeks. Because of their strong amphiphilic character, dendrofullerenes like **8** tend to aggregate in larger clusters in aqueous solutions indicated by line broadening in the UV/Vis spectra (Guldi and Prato, 2000). Nevertheless, their lipophilic side chains are expected to promote increased tissue accessibility and biodistribution within lipid-rich regions or easier crossing of the blood–brain barrier.

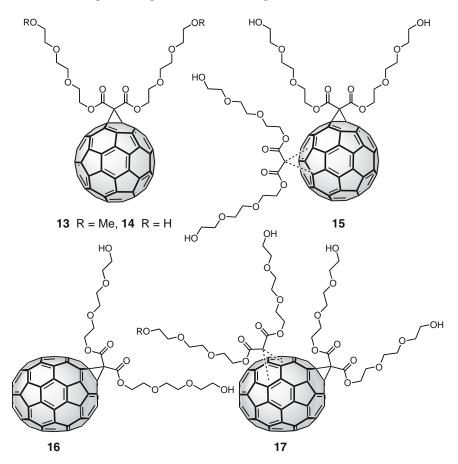


Fig. 3.4 Monoadducts and bisadducts of C60- and C70-containing ethylene glycol chains

We have also designed novel monoadducts and bisadducts of either  $C_{60}$  and  $C_{70}$  without any charged addends in order to obtain hydrophilic, but neutral fullerene derivatives and to make other addition patterns than those yielding monoadducts and certain trisadducts accessible for biological and medicinal applications. As depicted in Fig. 3.4, we synthesized both the monoadducts **13** and **14** of  $C_{60}$ , as well as **16** of  $C_{70}$  and two regioisomeric series of bisadducts **15** (*trans-2, trans-3, trans-4, e*) (Hirsch et al., 1994) and **17** (2 o'clock, 3 o'clock, 12 o'clock) (Herrmann et al., 1995) containing two and four polyethylene glycol chains, respectively.

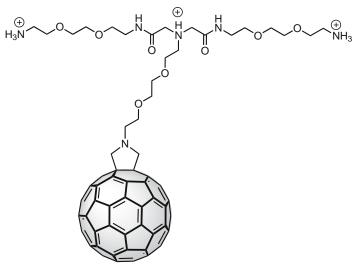
Unfortunately, these nonionic but polar fullerene adducts exhibit virtually no water solubility over the whole pH range, indicating that even four polyethylene units are not sufficient to provide true water solubility. However, as mentioned before for other fullerenes, by diluting DMSO solutions with various amounts of water stable aqueous phases containing dispersed fullerenes can be obtained.

#### 3.2.3 Water-Soluble Fulleropyrrolidines

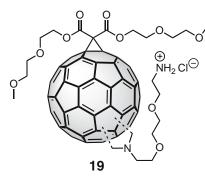
Another important method for preparation for exohedrally functionalized fullerenes is the 1,3-dipolar cycloaddition of *in situ*-generated azomethine ylides to  $C_{60}$  yielding fulleropyrrolidines (Maggini et al., 1993). Further functionalization is facilitated either by the use of adequate aldehydes for the azomethine ylide formation or quaternization of the pyrrolidine nitrogen atom. Both bisaddition (Kordatos et al., 2001) and trisaddition (Marchesan et al., 2005) can be achieved regioselectively.

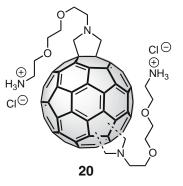
Monoadduct **18** with three positive charges and three ethylene glycol chains is soluble in aqueous solutions at concentrations around  $10^{-5}$  M and in water/DMF and water/methanol mixtures at concentrations up to  $10^{-3}$  M, but shows considerable formation of aggregates as demonstrated by UV/Vis spectroscopy (Cusan et al., 2002). In order to increase solubility and to diminish any tendencies to aggregate in polar media a series of bisadducts have been synthesized (Bosi et al., 2003). Three sets of bis-fulleropyrrolidines containing (i) two ethylene glycol chains and two positive charges (**20**); (ii) two ethylene glycol chains and four positive charges (**21**); (iii) two ethylene glycol chains and four negative charges (**22**); and (iv) mixed malonate/pyrrolidine adducts containing three ethylene glycol chains and one positive charge (**19**), have been investigated in isomerically pure form with *trans-2*, *trans-3*, *trans-4* and *e*-addition patterns, respectively.

Depending on their particular structures, these bisadducts show differing degrees of water solubility (Fig. 3.5). Whereas compounds **20** with a net charge of plus two are soluble in concentrations up to  $10^{-4}$  M, the two additional charges in **21** increase the maximum concentration in water to  $10^{-2}$  M. Regioisomers **19** and **22** nicely mirror the effect of pH, since the solubilities of **19** significantly decrease from  $10^{-2}$  to  $10^{-4}$  M by going from pure water to phosphate-buffered solution at pH 7.4 and vice versa for **22**. These differences are due to increased formation of the unprotonated amines for **19** and carboxylate anions for **22** in more basic aqueous solutions.









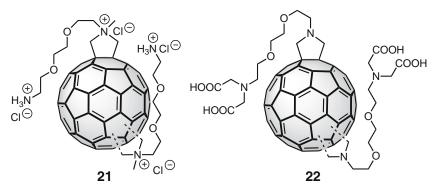


Fig. 3.5 Water-soluble fulleropyrrolidines

## 3.2.4 Miscellaneous Water-Soluble Fullerenes

Beside fulleropyrrolidines and malonate adducts, a variety of other water-soluble fullerene derivatives with entirely different addition patterns have been synthesized within the past years (Fig. 3.6). These investigations have enhanced the available

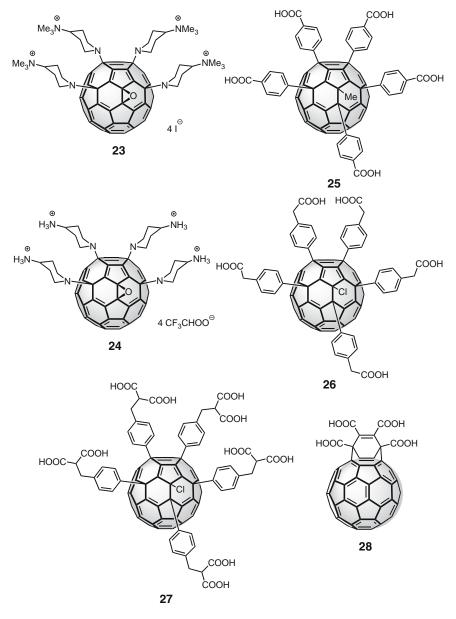


Fig. 3.6 Miscellaneous water-soluble fullerene derivatives

library of potential antioxidants and will allow deeper insights into the effects of the electronic structure of fullerenes on biomedical and pharmacological activities.

Among these less well-known addition patterns are oxo-tetraamino-[60]fullerenes like **23** and **24** containing four permanent or pH-dependent positive charges (Witte et al., 2007). Compound **23** is very well soluble in water over a wide pH range by virtue of its four permanent trimethyl ammonium groups, whereas **24** is only slightly soluble in acidic solutions (pH 4) but well dissolvable in polar solvents like methanol or ethanol.

A comparable addition pattern with as many as five attached groups allowing further functionalization is represented in pentaaryl-fullerenes like 25-27 (Troshina et al., 2007; Zhong et al., 2006). Whereas the free acids are virtually insoluble in pure water, the use of basic water in the case of 25 (Zhong et al., 2006) and conversion of the polyacids 26 and 27 to the corresponding potassium salts leads to stable aqueous solutions with high fullerene concentrations.

Another very interesting addition pattern is realized in bisfulleroids like **28**, as within this kind of fullerene derivative the original 60-electron  $\pi$ -system of pristine C<sub>60</sub> remains almost unchanged rendering these water-soluble derivatives excellent probes for the behaviour of unmodified fullerene surfaces in aqueous solutions. The tetraacid **28** as a simple example is insoluble in neutral water, but highly soluble in basic aqueous media such as 0.01 M K<sub>2</sub>CO<sub>3</sub> (Periya et al., 2004). Another very interesting molecule based on a related addition pattern is the so-called sugar ball **29** we presented recently containing six  $\alpha$ -D-mannose units and also an unchanged fullerene  $\pi$ -system (Fig. 3.7). This molecule is well soluble in water and forms only small micellar aggregates (Kato et al., 2007). It is a very rare example of true water solubility for uncharged fullerenes creating a foundation for very interesting biological applications.

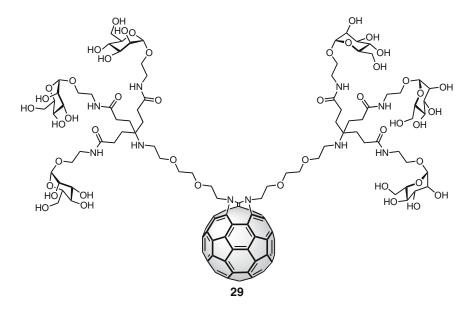


Fig. 3.7 Water-soluble fullerene sugar derivative containing a 60 electron  $\pi$ -system

# 3.2.5 General Trends for Water Solubility of Fullerene Derivatives

In summarizing these various approaches for promoting water solubility for fullerene derivatives, it can be generalized that at least three ionic charges with an appropriate arrangement at the fullerene surface or some combination of net charging and other polar moieties is required. A rare exception is the nonionic sugar derivative **29** with six  $\alpha$ -D-mannose units exhibiting a surprisingly high solubility in water. Less hydrophilic addends such as those involving ethylene glycol chains (for example, in **13–17**) were shown to be not potent enough to provide water solubility without the aid of surfactants. Nevertheless, polar side chains like these can effectively enhance water solubility facilitated by several ionic charges as demonstrated, for example, with the adducts **19–22**. In addition, polar fullerenes with pH-dependently charged systems instead allow switching the solubility as it was mentioned for **19** and **22**. Especially for carboxy fullerenes such as **3**, **4** and **25–27** full deprotection is required to achieve water solubility.

Concerning the spherical arrangement of charged or hydrophilic moieties on the fullerene surface it appears that reducing the inherent amphiphilic structure of fullerene derivatives by going from mono to higher addition patterns effectively enhances water solubility. Whereas bisadducts **19–22** and trisadduct **5** are highly soluble, the amphiphilic monoadducts **9** and **11** are virtually insoluble even in their fully deprotected form. Significantly, the six negative charges in **7** provide only poor solubility, whereas higher generation dendritic moieties as realized in **8**, **10** and **12** lead to the formation of stable solubilized fullerene clusters in water. Water solubility of monoadducts in the almost monomeric form can be achieved by introducing two second-generation anionic dendritic branches as shown by compound **6**.

In conclusion, by varying the number and kind of the attached substructures for exohedrally functionalized fullerenes the solubility in water can be fine-tuned. From a pharmacological point of view, a well-balanced arrangement of both hydrophilic and lipophilic behaviour is required in order to achieve favourable biodistribution. Amphiphilic monoadducts containing long lipophilic alkyl chains like **8** are promising candidates for potential medical applications.

# 3.3 ROS Quenching Activities of Water-Soluble Fullerene

It is widely accepted that the superoxide radical anion plays a very important role in neuronal degeneration (Dugan et al., 1995; Lafon-Cazal et al., 1993; Reynolds and Hastings, 1995) and is thought to be one of the predominant species responsible for ROS toxicity. Other small molecules including hydroxyl or nitric oxide radicals may also play important roles in triggering oxidative stress in animals and humans. In order to determine whether fullerenes can generally trap or quench ROS and to gain insights in possible structure–activity relationships some water-soluble fullerene derivatives have been tested in standardized assays that evaluate their ability to quench the free-radical activities of these active oxygen species.

## 3.3.1 Superoxide Quenching Activities of Fullerenes

Given that oxidative injury plays an important role in central nervous system (CNS) degenerative diseases, novel drugs that protect cells from cytopathic effects of ROS could conceivably be used to treat some of these devastating illnesses. To screen for possible neuroprotective drugs, a variety of standardized test systems have been designed mostly based on the *in situ* generation of superoxide by xanthine/xanthine oxidase. Superoxide decomposition may be followed photometrically by the reduction of ferricytochrome c, as it was reported by McCord and Fridovich (McCord and Fridovich, 1969).

Fullerenols (Chiang et al., 1995; Mirkov et al., 2004) and hexasulfobutyl fullerenes (Chi et al., 1998, 2002) were among the earliest water-soluble fullerene derivatives to be examined for superoxide scavenging activities. Whereas the latter show excellent quenching properties with 60% and 95% suppression efficiency at 50 and 100 $\mu$ M fullerene concentration, the scavenging activities for the hydroxy-functionalized fullerenols are significantly lower in the range of 40% efficiency at 1 mM fullerene concentration. Since the most probable explanation is a greater disruption of the spherical  $\pi$ -system in fullerenols rather than in hexasulfobutyl fullerenes due to a higher degree of functionalization on the fullerene surface, it was postulated that derivatives with less distorted  $\pi$ -systems would exhibit even higher antioxidant activities.

Around the same time, carboxy fullerenes with free malonic acid groups attached to the fullerene core were examined with respect to their antioxidant properties as an outstanding substance class given that control of both the number and spherical arrangement of the malonic groups is very well possible (Hirsch et al., 1994). In the case of bisadducts fullerene-induced scavenging of superoxide was observed for the e-isomer (Okuda et al., 1996) and enhanced superoxide dismutase (SOD) activity in LDS-activated microglia was reported for the trans-2- and trans-3-isomer (Tzeng et al., 2002). The first major breakthrough for fullerenes as antioxidants was the application of the trismalonic acids 1 and 2 as radical scavenging agents. Both isomers were able to completely eliminate in situ-generated superoxide radicals in concentrations of 40-50µM mapped by electron paramagnetic resonance (EPR) spectroscopy (Dugan et al., 1997). More detailed experiments with 1 showed that this compound is indeed capable of removing superoxide radical anion in a catalytic reaction with a rate constant of  $2 \times 10^6$  mol<sup>-1</sup> s<sup>-1</sup> (Ali et al., 2004). There was no stoichiometric scavenging, but rather a catalytic dismutation of superoxide observed without any noticeable structural modification of 1. The rate constant is approximately 100-fold lower compared with enzymatic SODs, but is within the range reported for manganese-containing SOD mimetica (Faulkner et al., 1994; Riley, 1999). Subsequently, intensive in vitro and in vivo studies of the antioxidant and neuroprotective properties of **1** and **2** have been carried out (Bisaglia et al., 2000; Bosi et al., 2000; Dugan et al., 2001; Fumelli et al., 2000; Huang et al., 1998; Kiritoshi et al., 2003; Lin et al., 1999, 2002, 2001; Lotharius et al., 1999; Mashino et al., 1999; Monti et al., 2000; Rieger et al., 2002; Straface et al., 1999; Tsao et al., 2001, 2002; Tzeng et al., 2002) establishing **1** in particular as *the* reference compound for fullerene-based antioxidants and a lead compound for potential drug development.

In order to gain more insight into structure–impact relationships and to achieve a better understanding of the mechanisms involved in active oxygen quenching by fullerene derivatives, we recently published the syntheses of compounds **3–17**, **23** and **24** (Beuerle et al., 2005; Brettreich and Hirsch, 1998; Witte et al., 2007) and compared their superoxide scavenging activities with the reference compounds **1** and **2** (Witte et al., 2007). In Table 3.1 the IC<sub>50</sub> values measured according the protocol developed by McCord and Fridovich (McCord and Fridovich, 1969) are listed.

Careful analysis of this data leads to interesting conclusions concerning structure–function relationships. Generally, anionic monoadducts seem to be the best antioxidants; this is quite reasonable because of the lower reduction potentials and greater radical affinity of these derivatives due to a more intact  $\pi$ -system. Within the class of dendritic polycarboxylates **6–12** the best activities were reached for the dendrofullerenes **6** and **7** with IC<sub>50</sub> values of 11 and 6.2 µM, respectively. For the amphiphilic monoadducts the second-generation compounds **8**, **10** and **12** exhibit significantly lower inhibition concentrations with IC<sub>50</sub> between 13.3 and 15.5 µM than the first-generation ones **9** and **11** possessing values of 24 and 26.1 µM.

One possible explanation for these observations may be the different aggregation states of these molecules in aqueous solutions due to their intrinsic structures.

Compound	IC <sub>50</sub> (µmol)	Compound	$IC_{_{50}}$ (µmol)
e,e,e-Trisadducts		Monoadducts	
1	18.5	6	11.0
2	16.8	7	6.2
3	36.5	8	15.4
4	56.0	9	24.0
5	202.0	10	14.7
Bisadducts		11	26.1
15-trans-2	789.0	12	13.3
15-trans-3	139.6	13	289.0
15-trans-4	55.5	14	64.0
15-e	62.5	16	32.0
17–2 o'clock	50.0	Oxotetraamino fullerenes	
17–12 o'clock	76.9	23	45.4
		24 (pH 7.4)	35.0
		24 (pH 6.0)	45.4

Table 3.1  $IC_{50}$  values for superoxide quenching of fullerene derivatives (Witte, 2007)

Whereas the dendrofullerenes are water-soluble in an almost monomeric form, the amphiphilic structures **8–12** have a strong tendency to form aggregates in water as it is detected by line broadening in UV/Vis spectra.

Formation of such clusters decreases the actual concentration of active fullerene species in solution presumably leading to lower quenching activities compared with monomers. Comparing the first- and second-generation derivatives, the former exhibit a considerable lower net charge and smaller hydrophilic head group together with a comparably lipophilic moiety. Together with the essential presence of polar surfactants like DMSO, these differences in monomer structures may perhaps lead to greater supramolecular superstructures of the first-generation fullerenes, resulting in lower fullerene availability compared with the second-generation derivatives. These considerations might be a possible explanation for the different superoxide scavenging activities. For the nonionic  $C_{60}$  derivatives **14** (IC<sub>50</sub> = 64 µM) and especially **13** (IC<sub>50</sub> = 289 µM) an effective shielding of the quite unpolar fullerenes through strong clustering might also be a possible explanation for inferior quenching. The  $C_{70}$  analogon **16** however shows with IC<sub>50</sub> = 32 µM a higher activity, probably due to a more favourable electronic structure of  $C_{70}$  compared with  $C_{60}$ . In this context it is quite remarkable that for the fulleropyrrolidine monoadduct **18**, actually no superoxide quenching activity was observed (Cusan et al., 2002).

The series of regioisomeric bisadducts **15** and **17** meanwhile, nicely demonstrate the effect of an increasing distortion of the fullerene  $\pi$ -system on the quenching properties. With an increased distance of the addends on the fullerene surface, the rupture of the spherical  $\pi$ -system is enforced, attenuating the intrinsic electronic and radical scavenging properties of the accordant fullerene derivative. For example, the very remote *trans-2* addition pattern causes very low activity (IC<sub>50</sub> = 789 µM) whereas for the *trans-4* and *e* binding quite low values (IC<sub>50</sub> = 55.5 and 62.5 µM) were obtained.

Trisadducts however were shown to be very good superoxide scavengers as demonstrated with 1 and 2 ( $IC_{50} = 18.5$  and  $16.8\mu$ M). Whether this enhancement in activity comparing to the bisadducts is due to the specific addition patterns or related with the fact that 1 and 2 possess real negative charges instead of nonionic side chains is still unclear. Also the differences in activity between 1 and 3–5 are not obvious and require further investigations, but one possible explanation might be the effective blocking of the surface region between the cyclopropane rings by the capped benzene moiety. This region was predicted to play an important role for superoxide quenching of 1 demonstrated by semi-empirical calculations (Ali et al., 2004). A quite surprising result is the very low activity of cationic fullerene derivatives such as 5, 23 and 24 because favourable attractions between positively charged fullerenes and anionic superoxides were expected to enhance quenching activities as it was reported for other fullerene derivatives (Okuda et al., 2000). We still have no explanation for this behaviour.

In this context, one has to consider that these types of indirect assays are subjected to many variables that are difficult to control and interpretation of results is somewhat limited. Artefacts due to biological components like enzymes or cytochrome c within these assays may falsify the observed activities, and other possible matrix effects due to aggregation behaviour among fullerenes and other components have to be taken into account as well. Notably, our observations that anionic fullerenes build up complexes with cytochrome c (Braun et al., 2003; Witte et al., 2007) show that there might be severe interference of unwanted side effects on the measured activities. This has to be always kept in mind upon the evaluation of antioxidant properties and in the near future more detailed investigations concerning the reaction of superoxide radical anions with certain fullerene derivatives have to be accomplished in order to get more funded kinetic data and a deeper insight into the quenching mechanisms.

# 3.3.2 Quenching of Other Reactive Oxygen Species

Beside superoxide, other small oxygen radicals such as hydroxyl radical or nitric oxide have also been implicated in inducing oxidative stress in mammals and humans. In this context, several papers addressing the scavenging abilities of fullerene derivatives for ROS other than superoxide have been published recently. It was pointed out that fullerenes are excellent quenchers for hydroxyl radicals under physiological conditions, exhibiting scavenging activities being in most cases about two orders of magnitude higher compared with quenching of superoxide (Bensasson et al., 2000; Chen et al., 2004; Hu et al., 2007; Sun et al., 2001; Sun and Xu, 2006; Wang et al., 1999; Xiao et al., 2005). This is probably due to the efficient formation of polyhydroxylated addition products. Also, nitric oxide radical quenching has been reported for fullerenols (Mirkov et al., 2004) and several malonate adducts (Wolff et al., 2001), suggesting that antioxidant and neuroprotective effects of fullerene-based materials are due to different modes of action, greatly enhancing their potential for medicinal applications.

# 3.4 Neuroprotective Activities of Fullerene Derivatives In Vivo

Shortly after the first very promising results showing that various water-soluble fullerene derivatives exhibit high scavenging activities for several reactive oxygen species *in vitro*, first *in vivo* studies in appropriate mammals have been accomplished to evaluate the potential quenching effects of fullerene-based drug systems in living organisms. Although the data observed until now are still limited some promising observations have been made nevertheless. Thus, effective free radical scavenging activities for fullerenols have been reported in several animal models including intestinal ischemia-reperfusion intestine in dogs (Lai et al., 2000a) and in grafts after small bowel transplantation (Lai et al., 2000b). Hexasulfobutyl fullerenes were further shown to be good neuroprotectants against focal cerebral ischemia in rats (Huang et al., 2001; Yang et al., 2001). As another antioxidant fullerene derivative, dendrofullerene **6** exhibits radioprotective effects on zebrafish

embryos comparable to the FDA-approved radioprotector amifostine (Daroczi et al., 2006). Recently, liver-protecting effects of aqueous suspensions of pristine  $C_{60}$  for acute carbon tetrachloride intoxication have been reported (Gharbi et al., 2005).

The most intensively studied fullerene compounds are the carboxyfullerenes **1** and **2**. Dugan et al. showed that systemic administration of **1** delayed motor deterioration and death in a mouse model of familial amyotrophic lateral sclerosis (FALS) (Dugan et al., 1997) and increased life span in SOD2 knockout mice lacking expression of mitochondrial manganese superoxide dismutase (Ali et al., 2004). In addition, prevention of iron-induced oxidative stress in rat brains has also been presented (Lin et al., 1999). In order to obtain more insight into the toxicity and antioxidant activities *in vivo* and the effects of various structural changes of exohedrally functionalized fullerenes, we tested compounds **1**, **3**–**11**, **23** and **24** in various zebrafish assays to evaluate both toxicity as well as protecting abilities against several chemical cytotoxins (Beuerle et al., 2007).

#### 3.4.1 Toxicity of Water-Soluble Fullerenes

To check biological compatibility of the tested fullerenes, overall toxicities in zebrafish embryos were measured and body morphology and any changes to inner organs were inspected visually by light microscopy. The obtained  $LC_{50}$  values are summarized in Table 3.2. With respect to overall toxicity, the data indicate that cationic fullerenes **5**, **23** and **24** are considerably more toxic with  $LC_{50}$  values less than 120  $\mu$ M. If this increased toxicity is due to the specific nature of the ammonium and pyridinium groups or related to a general effect of cationic fullerenes is still unclear. Anionic fullerenes exhibit significantly lower toxicity reaching up to 0% lethality at 250  $\mu$ M for **3**, **4** and **9**, and 20% and 30% lethality for **6** and **7**, respectively. As an important exception the decarboxylation products of **1** (referred to as **1-penta**, **1-tetra** and **1-tris** regarding to the number of acid groups) show greatly enhanced toxicity with decreasing number of acid groups.

$LC_{50}(\mu M)$	Compound	LC <sub>50</sub> (µM)
	e,e,e-Trisadducts	
20% at 500 µM	1	596
30% at 500µM	1-penta	373
ND	1-tetra	134
0% at 250µM	1-tris	10
ND	3	0% at 250µM
ND	4	0% at 250µM
	5	117
30		
104		
	20% at 500μM 30% at 500μM ND 0% at 250μM ND ND 30	e,e,e-Trisadducts 20% at 500 µM 1 30% at 500 µM 1-penta ND 1-tetra 0% at 250 µM 1-tris ND 3 ND 4 5 30

Table 3.2 LC<sub>50</sub> values of fullerenes in zebrafish embryos (Beuerle, 2007)

By going from 1 to 1-penta, 1-tetra and 1-tris the LC<sub>50</sub> values decreased significantly from 596 down to  $10\mu$ M. This toxicity mostly effects the cardiac conduction system in the fish and may be due to binding of the decarboxylation products to the ZERG potassium channel in zebrafish as was reported for native unmodified fullerenes. Most anionic water-soluble fullerenes have bulky adducts on their surface, which block any significant binding to the ZERG channel.

In a few cases, water-soluble fullerenes at high doses induced abnormal morphologies like shortened body length and abnormal body curvature, and in several cases slightly abnormal cardiac chambers or enlarged or underdeveloped livers and intestines were observed at concentrations around the  $LC_{50}$ . These results suggest that anionic fullerene derivatives are generally nontoxic, but may exhibit teratogenic effects at higher concentrations. In general, few, if any, toxic effects have been observed when animals have been exposed to water-soluble fullerenes at therapeutic concentrations.

#### 3.4.2 CNS Injury Protection

In order to test whether water-soluble fullerenes could be potential agents against the treatment of *Parkinson's* disease and other CNS degenerative diseases related to neuronal apoptosis, the protective effects of water-soluble fullerene derivatives **1** and **6–8** on 6-hydroxydopamine-induced apoptosis of CNS dopaminergic neurons (Silva et al., 2005) in developing zebrafish were investigated. It was demonstrated that **1**, **6** and **7** were able to protect 42%, 47% and 23%, respectively of total CNS neurons, whereas **1**, **6** and **8** blocked each with 60%, 100% and 60% of specific dopaminergic neuronal death in the diencephalon as it is exemplarily shown for **8** in Fig. 3.8.

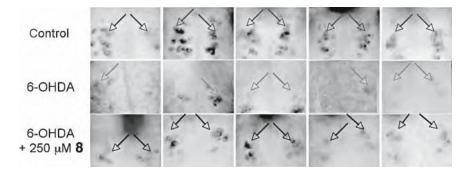
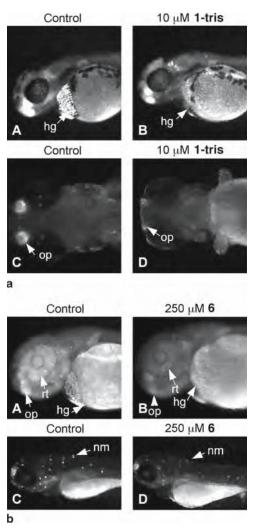


Fig. 3.8 Protection of central nervous system (CNS) dopaminergic neurons from 6-OHDAinduced apoptosis by 8. Untreated (*top*), 6-OHDA plus vehicle treatment (*middle*) and 6-OHDA plus 250  $\mu$ M 8 (*down*) were stained with anti-tyrosine hydrolase antibody. The number of THimmunoreactive cells clustered in dienecephalons was examined (*arrows*). After 250  $\mu$ M 8 treatment, three of five animals showed a normal number of TH-immunoreactive cells with normal morphology (Reprinted from Beuerle, 2007. With friendly permission of Taylor & Francis, http://www.informaworld.com)

# 3.4.3 Blocking Developmental Apoptosis

Fullerene derivatives appear to act both *in vitro* and *in vivo* by effectively blocking apoptotic cell death in the presence of known chemical, biological and physical toxins, and it would be interesting to evaluate if these derivatives can also block apoptosis occurring during embryonic development. For verification zebrafish embryos were exposed to **1**, **1-tris**, **6** and **7** for 5 days post-fertilization and after staining with acridine orange apoptotic cells were detected. As depicted in Fig. 3.9, **1** and **7** showed



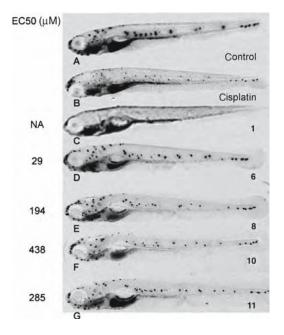
**Fig. 3.9** Inhibition of normal apoptosis by **1-tris** and **6** in zebrafish embryos. (a)  $10\mu$ M **1-tris** caused decreased apoptosis in the hg at 2dpf (B) and op at 4 dpf (D). (b) 250 $\mu$ M decreased apoptosis in the hg, op and rt at 2 dpf (B) and nm at 5 dpf (D) (Reprinted from Beuerle, 2007. With friendly permission of Taylor & Francis, http://www.informaworld.com)

little or no blocking effects on embryogenesis-associated apoptosis, whereas **1-tris** and **6** reduced the number of positively stained cells in hatching glands (hg) and olfactory pits (op) (**1-tris** and **6**) as well as retina (rt) and neuromast cells (nm) (**6** only).

#### 3.4.4 Mechanoreceptor Hair Cell Protection

Because of their morphological similarity to outer hair cells of the inner ear in mammals, the dorsal mechanoreceptor hair cells of zebrafish embryos are excellent model systems for investigations on protective effects of drug candidates on multiple factor-induced hair cell apoptosis. Through specific staining using (2-(4-dimethyl-aminostyryl)-*N*-ethyl pyridinium iodide (DASPEI) the number of viable hair cells in the transparent zebrafish embryos can be tracked visually. As chemical toxins causing apoptotic cell death cisplatinum, an effective chemotherapy agent inducing cell death most likely by direct DNA damage and gentamicin as a well-known aminoglycoside antibioticum were used.

Figure 3.10 shows the protection of zebrafish embryo hair cells by various water-soluble fullerene derivatives. The data for both gentamicin- and cisplatinum-induced apoptotic cell death are summarized in Table 3.3. Comparing the data for



**Fig. 3.10** Protection of hair cells from cisplatinum damage by **1**, **6**, **8**, **10** and **11** (Reprinted from Beuerle, 2007. With friendly permission of Taylor & Francis, http://www.informaworld.com)

Compound	$EC_{_{50}}(\mu M)$ gentamicin	$EC_{_{50}}(\mu M)$ cisplatinum
1	34	5% at 500µM
3	78	ND
4	61	ND
6	128	29
7	98	ND
8	29	194
9	35	ND
10	124	438
11	47	285
Glutathione	438	ND

**Table 3.3**  $EC_{50}$  values for hair cell protection against cisplatinum and gentamicin (Beuerle, 2007)

both chemical toxins, compounds **1** and **6** show surprisingly high differences in protection activity against cisplatinum or gentamicin causing morphologically indistinguishable hair cell damage in zebrafish embryos. Compounds **1**, **3**, **4** and **8**, **9** and **11** are most effective in protecting against gentamicin-induced hair cell apoptosis with  $EC_{50}$  values of 34, 78, 61, 29, 35 and 47  $\mu$ M, respectively, but exhibit only moderate to poor protecting activity against cisplatinum-induced cell death like **8** ( $EC_{50} = 194 \mu$ M), **10** ( $EC_{50} = 438 \mu$ M) and **11** ( $EC_{50} = 285 \mu$ M) or even no activity in the case of **1** (less than 5% protection at 500  $\mu$ M). Significantly higher  $EC_{50}$  values in the gentamicin assays were instead observed for **6**, **7** and **10** with 128, 98 and 124  $\mu$ M, respectively, but **6** shows excellent protection against cisplatinum-induced hair cell damage with an IC<sub>50</sub> value of 29  $\mu$ M.

Compared to glutathione ( $EC_{50} = 438 \mu M$ ), a reliable antioxidant, which has been successfully used in animal models to protect against aminoglycoside-induced hearing loss, all tested fullerene derivatives are at least three- to fourfold more effective in blocking the gentamicin-induced hair cell loss.

Summarizing these observations, there is some evidence that neuroprotective activity of derivatized fullerenes may occur via multiple quenching mechanisms and do not follow a monolithic pathway. Because of the undeniable differences in binding sites and chemical reactivities between gentamicin and cisplatinum the differential activities of fullerenes for protecting against these two chemical toxins may reflect the inherent structural differences between the various fullerenes. Factors as intracellular localization, aggregation behaviour, chemical reactivity or possible interactions with cellular biomolecules may greatly influence any neuroprotective activity of these diverse fullerene structures. Especially, compounds such as  $\mathbf{8}$ , which tend to protect in different ways against oxidative stress are very promising candidates for anti-apoptosis drugs.

## 3.5 Conclusion and Outlook

Within the first years of fullerene chemistry scientists working on this fascinating and fast developing field were mainly focusing on the development of new reactions and investigations of the unique structural and chemical properties of this kind of new all-carbon allotropes. It was soon recognized that these novel molecular structures may offer promising candidates for a plurality of applications in various fields ranging from material sciences to biomedicine. So in recent years the attention has more and more shifted to the design and optimization of suitable molecular architectures in order to promote fullerenes and their derivatives from subjects of pure academic interest to auspicious candidates for profitable applications. In this context up to now a great variety of most diverse water-soluble fullerene structures have been synthesized allowing an auspicious combination of the unique structural properties of fullerenes and all aspects of aqueous chemistry as, for example, bioavailability. To date, a huge library of water-soluble fullerene derivatives with a great structural diversity has been synthesized and characterized allowing a fine-tuning of different structural attributes like net charge, aggregation behaviour, hydrophilic-lipophilic balance, electronic structure, redox activity and more. Through specific modification of these inherent properties new materials and lead compounds will be tailored for specified applications.

Many of these water-soluble fullerene-based architectures have been assessed in both *in vitro* and *in vivo* studies to investigate their antioxidant activities and their potential use as neuroprotective agents in pharmacological applications. Most of these novel fullerene derivatives show excellent scavenging activities against a number of reactive oxygen species, which are known to be the predominant elicitors for oxidative stress within mammals and humans. Although there is strong evidence that antioxidant activity is an intrinsic property of fullerenes and related structures, the actual mechanisms of radical scavenging and neuroprotection are still unclear and need further evaluation using more precisely defined model systems.

More recent *in vivo* investigations suggest that fullerene structures may act on multiple pathways in protecting living systems against oxidative stress. Even though, understanding these complex and incompletely understood processes is just in its infancy. In the near future, both the design and the synthesis of new water-soluble fullerene derivatives are likely to focus on specific antioxidant and cytoprotective activities. At this point, it is not completely clear how the cytoprotective activities of various fullerenes relate to their antioxidant activities, if at all. Even 20 years after their discovery, the chemistry of these unique carbon nanomaterials is a still very fascinating and challenging task.

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# Chapter 4 Fullerenes as Photosensitizers in Photodynamic Therapy

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**Abstract** Fullerenes are a class of closed-cage nanomaterials made exclusively from carbon atoms. A great deal of attention has been focused on developing medical uses of these unique molecules especially when they are derivatized with functional groups to make them soluble and therefore able to interact with biological systems. Due to their extended  $\pi$ -conjugation they absorb visible light, have a high triplet yield and can generate reactive oxygen species (ROS) upon illumination, suggesting a possible role of fullerenes in photodynamic therapy (PDT). Depending on the functional groups introduced into the molecule, fullerenes can effectively photoinactivate either or both pathogenic microbial cells and malignant cancer cells. The mechanism appears to involve superoxide anion as well as singlet oxygen, and under the right conditions fullerenes may have advantages over clinically applied photosensitizers (PSs) for mediating photodynamic therapy of certain diseases.

**Keywords** Photodynamic therapy; Photosensitizer; Photochemistry; Reactive oxygen species; Cancer; Microorganism; Infection

# 4.1 Introduction

Fullerenes (originally buckminsterfullerenes) are a new class of carbon-only molecules; the first example discovered in 1985 (Kroto et al., 1985), being composed of 60 carbon atoms arranged in a soccer ball structure ( $C_{60}$ ). The condensed aromatic

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rings present in the compound lead to an extended  $\pi$ -conjugated system of molecular orbitals and therefore to significant absorption of visible light. In recent years there has been much interest in studying possible biological activities of fullerenes (and other nanostructures produced in the nanotechnology revolution) with a view to using them in medicine (Bosi et al., 2003; Jensen et al., 1996; Tagmatarchis and Shinohara, 2001). Although pristine C<sub>60</sub> can form nanocrystalline preparations that have been reported to have biological activity (Belgorodsky et al., 2006; Gharbi et al., 2005; Levi et al., 2006; Sayes et al., 2005), most workers have studied chemically modified or functionalized fullerenes that acquire solubility in water or biologically compatible solvents and thereby have increased versatility (Bagno et al., 2002; Martin et al., 2000; Nakamura and Isobe, 2003; Pantarotto et al., 2004).

Photodynamic therapy (PDT) is a rapidly advancing treatment for multiple diseases. It is based on the administration of a nontoxic drug or dye known as a photosensitizer (PS) either systemically, locally, or topically to a patient bearing a lesion (frequently, but not always cancer [Dolmans et al., 2003]), followed after some time by the illumination of the lesion with visible light, which activates the PS and, in the presence of oxygen, leads to the generation of cytotoxic reactive oxygen species (ROS) and consequently to cell death and tissue destruction (Castano et al., 2004, 2005). The light is absorbed by the PS molecule, and an electron is excited to the first excited singlet state. In addition to losing energy by fluorescence or internal conversion, the excited singlet can undergo the process known as intersystem crossing (*isc*) to the long-lived triplet state. The excited triplet state can then interact with ground-state molecular oxygen to form reactive oxygen species (ROS). This process may occur by

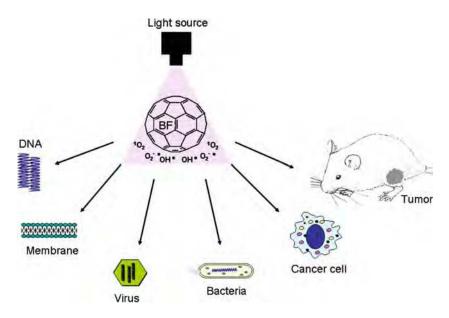


Fig. 4.1 Schematic outline of the possible applications of fullerenes as PDT sensitizers covered in this review (*See Color Plates*)

energy transfer from the triplet to produce singlet oxygen or by electron transfer to form superoxide anion (Castano et al., 2004). Reaction of singlet oxygen with biological molecules, such as proteins, unsaturated lipids and nucleic acids causing oxidative damage, is thought to be responsible for cell death, frequently occurring via the apoptosis pathway initiated by mitochondrial damage (Agostinis et al., 2004).

In this chapter we will cover the existing literature on fullerenes for PDT, summarize results from our laboratory and outline future possibilities concerning applications of fullerenes as PS for PDT. Figure 4.1 gives a schematic outline of the PDT applications that have been reported for fullerenes either pristine or functionalized with various solubilizing groups.

## 4.2 Photosensitizers

## 4.2.1 Traditional Photosensitizers

The majority of PS used, both clinically and experimentally, are derived from the tetrapyrrole aromatic nucleus found in many naturally occurring pigments such as heme (red), chlorophyll (green) and bacteriochlorophyll (blue) (Castano et al., 2004). Tetrapyrroles usually have a relatively large absorption band in the region of 400 nm known as the Soret band, and a set of progressively smaller absorption bands as the spectrum moves into the red wavelengths known as the Q-bands. Naturally occurring porphyrins are fully conjugated (non-reduced) tetrapyrroles and vary in the number and type of side groups particularly carboxylic acid groups (uroporphyrin has eight, coproporphyrin has four and protoporphyrin has two). Porphyrins have the longest wavelength absorption band in the region of 630 nm and it tends to be small. Chlorins are tetrapyrroles with the double bond in one pyrrole ring reduced. This means that the longest wavelength absorption band shifts to the region of 650-690 nm and increases severalfold in height; both these factors are highly desirable for PDT. Bacteriochlorins have two pyrrole rings with reduced double bonds, and this leads to the absorption band shifting even further into the red, and increasing even further in magnitude. Bacteriochlorins may turn out to be even more effective PS than chlorins, but with relatively few candidate molecules and some questions about the stability of these molecules upon storage this remains to be seen. There are a set of classical chemical derivatives generally obtained from naturally occurring porphyrins and chlorins that include such structures as purpurins, pheophorbides, pyropheophorbides, pheophytins, and phorbins, some of which have been studied (a few extensively) as PS for PDT.

Hematoporphyrin derivative or Photofrin was the first PS to be studied in detail. However, it proved highly frustrating for scientists who attempted to determine its chemical structure and to identify its components (Kessel, 1986, 1989b; Kessel and Thompson, 1987; Kessel et al., 1987a, b). There was significant variation between batches and attempts to fractionate it into its individual component molecules frequently yielded mixtures as complicated as the starting material (Kessel, 1982, 1989a). Although there is good evidence for the presence of hematoporphyrin oligomers, it is uncertain whether they are predominantly ethers or esters, and whether the side chains are predominantly vinyl or hydroxy ethyl groups (Kessel, 1986). When these uncertainties were combined with other significant deficiencies of the preparation, enthusiasm for its widespread use was decreased. These deficiencies include a long-lasting skin photosensitivity so that patients may have to avoid sunlight for as long as 8 weeks, the lack of a reasonably sized absorption band >650 nm, and the fact that its tumor-localizing properties were not as pronounced or as predictable as first thought. These considerations spurred a large effort amongst organic chemists to develop novel PS that could in theory be candidates for mediating PDT. The net results of this effort are publications describing hundreds of compounds and it can be bewildering to try to choose among them.

A second widely studied structural group of PS is the phthalocyanines (PC), and to a lesser extent, their related cousins, the naphthalocyanines. Again, their longest absorption band is in >650 nm and usually has a respectable magnitude. As can be imagined the presence of four phenyl groups (or even worse four naphthyl groups) causes solubility and aggregation problems. PCs are frequently prepared with sulfonic acid groups to provide water solubility and with centrally coordinated metal atoms. It was found that the asymmetrically substituted di-sulfonic acids acted as the best PS (compared to mono-, symmetrically di-, tri-, and tetra-substituted sulfonic acids) in both the zinc (Fingar et al., 1993) and aluminum (Peng et al., 1990) series of PC derivatives.

Another broad class of potential PS includes completely synthetic, non-naturally occurring, conjugated pyrrolic ring systems. These comprise such structures as texaphyrins (Detty et al., 2004), porphycenes (Szeimies et al., 1996), and sapphyrins (Kral et al., 2002). A last class of compounds that have been studied as PS are non-tetrapyrrole-derived naturally occurring pigments or synthetic dyes. Examples of the first group are hypericin (from St Johns wort) (Agostinis et al., 2002) and from the second group are toluidine blue O (Stockert et al., 1996) and Rose Bengal (Bottiroli et al., 1997). As yet these compounds have perhaps been more often studied as agents to mediate antimicrobial photoinactivation (Hamblin and Hasan, 2004) rather than as PS designed to kill mammalian cells for applications such as cancer.

The tetrapyrrole nucleus frequently holds a co-coordinated metal atom, but it has been found that only diamagnetic metals such as Zn, Pd, In, Sn, and Lu allow the tetrapyrrole to retain its photosensitizing ability, while paramagnetic metals such as Fe, Cu, and Gd do not (Rosenthal et al., 1986). Many of these compounds are lipophilic and some are even insoluble in water. These compounds must either be delivered in an emulsion or else incorporated in liposomes.

# 4.2.2 Fullerene $C_{60}$ as a Photosensitizer

The discovery of fullerenes (Kroto et al., 1985) in 1985, and the subsequent development of synthetic methods for the preparation of large-scale quantities of the allotropes of carbon (Krätschmer et al., 1990), has generated considerable interest

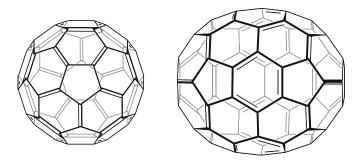


Fig. 4.2 Structures of typical fullerenes  $C_{60}$  (2A) and  $C_{70}$  (2B)

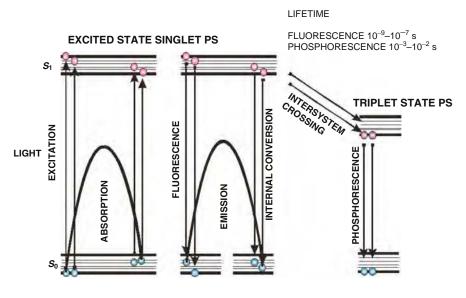
and opened a whole new field of carbon chemistry. Fullerenes are defined as closed-cage polyhedrons made up entirely of sp<sup>2</sup>-hybridized carbon atoms that contain exactly 12 pentagonal faces (known as Euler's theorem) and (n/2-10) hexagonal faces where n is the number of carbon atoms (n must be even and greater than 20). The soccer ball-shaped fullerene C<sub>60</sub> is shown in Fig. 4.2A. It is the most abundant fullerene that is produced during the graphite combustion production of the materials, followed by C<sub>70</sub> (Fig. 4.2B). Among the interesting properties exhibited by C<sub>60</sub> is its ability to form a long-lived excited triplet state after light excitation of the ground state that can then generate reactive oxygen species from molecular oxygen.

 $C_{_{60}}$  is also a highly versatile synthetic scaffold that can easily be functionalized by the methods of synthetic organic chemistry. The formation of  $C_{_{60}}$  derivatives (i.e., covalently modified  $C_{_{60}}$ ) nearly always involves the addition of a functional group (addend) across one or more of its 30 double bonds. When only one addend is attached, the fullerene derivative is called a monoadduct, with two, a bisadduct, etc. The ability to sensitize molecular oxygen in the presence of visible light is retained in the simple derivatives of  $C_{_{60}}$  (i.e., mono-, bis-, and trisadducts).

Although it has been suggested for some time that fullerenes could potentially be useful as PS in PDT, relatively little research has appeared in the literature. Most of the articles are either purely theoretical or involve only photochemical studies (no biological studies on cells) (Belousova et al., 2005; Burlaka et al., 2004; Davydenko et al., 2006; Yu et al., 2005a, b).

## 4.3 Photophysics of PS

Figure 4.3 graphically illustrates the processes of light absorption and energy transfer that are at the heart of PDT in a depiction that has become to be known as a Jablonsky diagram. The ground-state PS has two electrons with opposite spins (this is known as singlet state) in the low-energy molecular orbital. Following the absorption of light (photons), one of these electrons is boosted into a high-energy orbital but keeps its spin (first excited singlet state). This is a short-lived (nanoseconds) species



**GROUND STATE SINGLET PS** 

**Fig. 4.3** Jablonsky diagram illustrating absorption of a photon by the ground-state singlet photosensitizer that gives rise to the short-lived excited singlet state. This can lose energy by fluorescence (negligible in case of fullerenes), internal conversion to heat, or by intersystem crossing the long-lived triplet state. The triplet state can undergo photochemistry as shown in Fig. 4.4 (*See Color Plates*)

and can lose its energy by emitting light (fluorescence) or by internal conversion into heat. The fact that most PS are fluorescent has led to the development of sensitive assays to quantify the amount of PS in cells or tissues, and allows *in vivo* fluorescence imaging in living animals or patients to measure the pharmacokinetics and distribution of the PS. The excited singlet state PS may also undergo the process known as intersystem crossing, whereby the spin of the excited electron inverts to form the relatively long-lived (microseconds to milliseconds) excited triplet state that has electron spins parallel. The long lifetime of the PS triplet state is explained by the fact that the loss of energy by emission of light (phosphorescence) is a "spin-forbidden" process as the PS would move directly from a triplet to a singlet state.

# 4.3.1 Photophysics of $C_{60}$

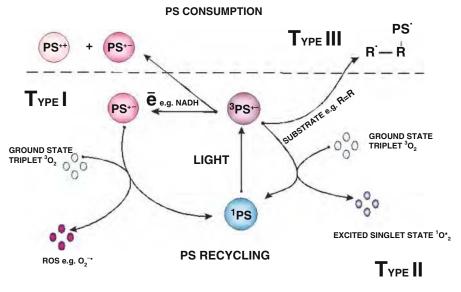
When  $C_{60}$  is irradiated with visible light, it is excited from the  $S_0$  ground state to a short-lived (~1.3 ns)  $S_1$ -excited state ( $E_s$  46.1 kcal/mol). The  $S_1$  state rapidly decays at a rate of  $5.0 \times 10^8$  s<sup>-1</sup> and a *triplet* quantum yield ( $\phi_T$ ) of 1.0 to a lower lying triplet state  $T_1$  ( $E_T$  37.5 kcal/mol) with a long lifetime of 50–100 µs. The  $S_1 \rightarrow T_1$  decay is

formally a spin-forbidden intersystem crossing (*isc*), but is driven by an efficient spin-orbit coupling. In the presence of dissolved molecular oxygen ( ${}^{3}O_{2}$ ), which exists as a triplet in its ground state, the fullerene T<sub>1</sub> state is quenched (as a consequence of the quenching, its lifetime is reduced to ~330 ns) to generate singlet oxygen ( ${}^{1}O_{2}^{*}$ ) by energy transfer at a rate of 2 × 10<sup>9</sup> M<sup>-1</sup>s<sup>-1</sup>. The singlet oxygen quantum yield,  $\phi_{\Delta}$ , for this process (at 532 nm excitation) has been reported to be near theoretical maximum, 1.0 (Yu et al., 2005b).

However, all these early photophysical studies with  $C_{60}$  were carried out in nonpolar organic solvents. Indeed,  $C_{60}$  is a remarkable singlet oxygen sensitizer under these conditions. However, as we have shown and as has been previously suggested (Yamakoshi et al., 2003), under biological conditions where mild reducing agents are ubiquitous (and the environment is polar and aqueous), fullerenes do not produce any singlet oxygen whatsoever. They only produce superoxide having switched from a Type II to a Type I mechanism. It is likely that this fact has hampered the development of PS based on fullerenes as early researchers would likely have been looking for singlet oxygen in detection assays. With the lack of observation of  ${}^{1}O_{2}^{*}$ , it would have been concluded that fullerenes are not PS in polar aqueous environments. To the best of our knowledge, nearly all PDT papers involving fullerenes have referred exclusively to  ${}^{1}O_{2}^{*}$  as the ROS responsible for photoinduced events. We have shown that it is superoxide that is largely responsible for these events (Mroz et al., 2007a).

## 4.4 Photochemistry of PS

The PS-excited triplet can undergo three broad kinds of reactions that are usually known as Type I, Type II, and Type III (Fig. 4.4). Firstly, in a Type I reaction, the triplet PS can gain an electron from a neighboring reducing agent. In cells, these reducing agents are commonly either NADH or NADPH. The PS is now a radical anion bearing an additional unpaired electron. Alternatively, two triplet PS molecules can react together involving electron transfer to produce a pair consisting of a radical cation and a radical anion. Radical anions may further react with oxygen with electron transfer to produce reactive oxygen species in particular superoxide anion. In a Type II reaction, the triplet PS can transfer its energy directly to molecular oxygen (itself a triplet in the ground state), to form excited-state singlet oxygen. Both Type I and Type II reactions can occur simultaneously, and the ratio between these processes depends on the type of PS used, the concentrations of substrate and oxygen. A less common pathway is know as Type III and here the triplet-state PS reacts directly with a biomolecule, thus destroying the PS and damaging the biomolecules. Type III is likely to be oxygen-independent in nature. Type II processes are thought to best conserve the PS molecular structure in a photoactive state and in some circumstances a single PS molecule can generate 10,000 molecules of singlet oxygen. The PS can in some circumstances also react with the singlet oxygen it produces in a process known as oxygen-dependent photobleaching.



**Fig. 4.4** Schematic representation of Type I, Type II, and Type III photochemical mechanisms thought to operate in PDT (*See Color Plates*)

Type I pathways frequently involve initial production of superoxide anion by electron transfer from the triplet PS to molecular oxygen (monovalent reduction) (Bilski et al., 1993; Ma and Jiang, 2001). Superoxide is not particularly reactive in biological systems and does not by itself cause much oxidative damage, but can react with itself to produce hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) and oxygen, a reaction known as "dismutation" that can be catalyzed by the enzyme superoxide dismutase (SOD). Hydrogen peroxide is important in biological systems because it can pass readily through cell membranes and cannot be excluded from the cells. It is actually necessary for the function of many enzymes, and thus is required (like oxygen itself) for health. Superoxide is also important in the production of the highly reactive hydroxyl radical (HO<sup>•</sup>). In this process, superoxide actually acts as a reducing agent, not as an oxidizing agent. This is because superoxide donates one electron to reduce the metal ions (such as ferric iron or Fe<sup>3+</sup>) that act as the catalyst to convert hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) into the hydroxyl radical (HO<sup>•</sup>). This reaction is called the Fenton reaction, and was discovered over a hundred years ago. It is important in biological systems because most cells have some level of iron, copper, or other metals, which can catalyze this reaction. The reduced metal (ferrous iron or  $Fe^{2+}$ ) then catalyzes the breaking of the oxygen-oxygen bond of hydrogen peroxide to produce a hydroxyl radical (HO<sup>•</sup>) and a hydroxide ion (HO<sup>-</sup>). Superoxide can react with the hydroxyl radical (HO<sup>•</sup>) to form singlet oxygen, or with nitric oxide (NO<sup>•</sup>) (also a radical) to produce peroxynitrite (OONO<sup>-</sup>), another highly reactive oxidizing molecule.

Like  $H_2O_2$ , HO<sup>•</sup> passes easily through membranes and cannot be kept out of cells. Hydroxyl radical damage is "diffusion rate-limited". This highly reactive radical can add to an organic (carbon-containing) substrate (represented by R below); this could be, for example, a fatty acid, which would form a hydroxylated adduct that is itself a radical. The hydroxyl radical can also oxidize the organic substrate by "stealing" or abstracting an electron from it. The resulting oxidized substrate is again itself a radical, and can react with other molecules in a chain reaction. For example, it could react with ground-state oxygen to produce a peroxyl radical (ROO'). The peroxyl radical again is highly reactive, and can react with another organic substrate in a chain reaction. This type of chain reaction is common in the oxidative damage of fatty acids and other lipids, and demonstrates why radicals such as the hydroxyl radical can cause so much more damage than one might have expected.

These ROS, together with singlet oxygen produced via Type II pathway, are oxidizing agents that can directly react with many biological molecules. Amino acid residues in proteins are important targets that include cysteine, methionine, tyrosine, histidine, and tryptophan (Grune et al., 2001; Midden and Dahl, 1992). Due to their reactivity, these amino acids are the primary target of an oxidative attack on proteins. The reaction mechanisms are rather complex and as a rule lead to a number of final products. Cysteine and methionine are oxidized mainly to sulfoxides, histidine yields a thermally unstable endoperoxide, tryptophan reacts by a complicated mechanism to give *N*-formylkynurenine, and tyrosine can undergo phenolic oxidative coupling. Unsaturated lipids typically undergo ene-type reactions to give lipid hydroperoxides (LOOHs derived from phospholipids and cholesterol) (Bachowski et al., 1991, 1994; Girotti, 1985; Girotti, 1983).

Because of the high reactivity and short half-life of singlet oxygen and hydroxyl radicals, only molecules and structures that are proximal to the area of its production (areas of PS localization) are directly affected by PDT. The half-life of singlet oxygen in biological systems is <40 ns, and, therefore, the radius of the action of singlet oxygen is of the order of 20 nm (Moan and Berg, 1991).

## 4.4.1 Photochemical Mechanisms of Fullerenes

It has been known since shortly after the discovery of fullerenes that these compounds will catalyze the formation of ROS after illumination of both pristine and functionalized  $C_{60}$  (Foote, 1994). In a similar fashion to the tetrapyrrole PS used for photodynamic therapy (Greer, 2006; Schmidt, 2006), illumination of fullerenes dissolved in organic solvents in the presence of oxygen leads to the efficient generation of highly reactive singlet oxygen via energy transfer from the excited triplet state of the fullerene (Arbogast et al., 1991a, b). However, some recent reports have shown that in polar solvents, especially those containing reducing agents (such as NADH at concentrations found in cells), illumination of various fullerenes will generate different reactive oxygen derivatives, such as superoxide anion (Yamakoshi et al., 2003). These two pathways (singlet oxygen and superoxide anion) are analogous to the Type II and Type I photochemical mechanisms frequently discussed in PDT with tetrapyrroles (Foote, 1991; Ochsner, 1997). Fullerenes with their triply degenerate, low-lying LUMO are excellent electron acceptors capable of accepting as many as six electrons (Koeppe and Sariciftci, 2006). There is some evidence that fullerene excited states (in particular the triplet) are even better electron acceptors than the ground state (Arbogast et al., 1992; Guldi and Prato, 2000). It is thought that the reduced fullerene triplet or radical anion can transfer an electron to molecular oxygen forming superoxide anion radical  $O_2^{-1}$ .

Yamakoshi et al. (2003) carried out a photochemical study comparing energy transfer processes (singlet oxygen  ${}^{1}O_{2}$ ) and electron transfer (reduced active oxygen radicals such as superoxide anion radical  $O_{2}^{-}$ ), using various scavengers of ROS, physicochemical (electron paramagnetic resonance [EPR] radical trapping and near-infrared [near-IR] spectrometry), and chemical methods (nitro blue tetrazolium reaction with superoxide). Whereas  ${}^{1}O_{2}$  was generated effectively by photoexcited  $C_{60}$  in nonpolar solvents such as benzene and benzonitrile, they found that  $O_{2}^{-}$  and OH were produced instead of  ${}^{1}O_{2}$  in polar solvents such as water, especially in the presence of a physiological concentration of reductants including NADH.

Miyata et al. (2000) solubilized fullerenes into water with polyvinylpyrrolidone (PVP) as a detergent. Visible-light irradiation of PVP-solubilized  $C_{60}$  in water in the presence of NADH as a reductant and molecular oxygen resulted in the formation of  $O_2^{-+}$ , which was detected by the EPR spin-trapping method. Formation of  $O_2^{--}$  was also evidenced by the direct observation of a characteristic signal of  $O_2^{--}$  by the use of a low-temperature EPR technique at 77 K. On the other hand, no formation of  $^{1}O_2$  was observed by the use of TEMP as a  $^{1}O_2$  trapping agent. No near-IR luminescence of  $^{1}O_2$  was also observed in the aqueous  $C_{60}$ /PVP/ $O_2$  system. These results suggest that photoinduced bioactivities of the PVP-solubilized fullerene are caused not by  $^{1}O_2$ , but by reduced oxygen species such as  $O_2^{--}$ , which are generated by the electron-transfer reaction of  $C_{60}^{--}$  with molecular oxygen.

Highly water-soluble hexa(sulfobutyl)fullerenes (FC4S) were synthesized by the treatment of  $C_{60}$  in dimethoxyethane with sodium naphthalide followed by reacting the resulting hexa-anionic fullerene intermediates with an excess of 1,4butanesulfone (Yu et al., 2005b). Direct detection of  ${}^{1}O_{2}$  production after irradiation at 500–600 nm of FC4S self-assembled nanospheres, was obtained by the measurement of its near-infrared luminescence at 1,270 nm. Despite having a relatively low optical absorption of FC4S at 600 nm, appreciable  ${}^{1}O_{2}$  signal was detected comparable to that of Photofrin at the same molar concentration, but less than sulfonated aluminum phthalocyanine, AlS<sub>4</sub>Pc. The quantum yield of FC4S for the generation of  ${}^{1}O_{2}$  in H<sub>2</sub>O was roughly estimated to be 0.36 using the relative correlation to that of C<sub>60</sub> encapsulated in  $\gamma$ -cyclodextrin. These results demonstrated efficient energy transfer from 3FC4S triplet state to molecular oxygen in the nanosphere structure.

In two recent reports (Mroz et al., 2007b; Tegos et al., 2005) we studied the photosensitizer properties of two series of three functionalized fullerene compounds, one series with polar diserinol groups (**BF1–BF3**), and a second series of three compounds with quaternary pyrrolidinium groups (**BF4–BF6**) (Fig. 4.5). The bis-substituted and tris-substituted fullerenes are actually mixtures of regioisomers of the same molecular formula due to reaction with different double bonds. We asked the question whether the photodynamic effects displayed by these compounds operated

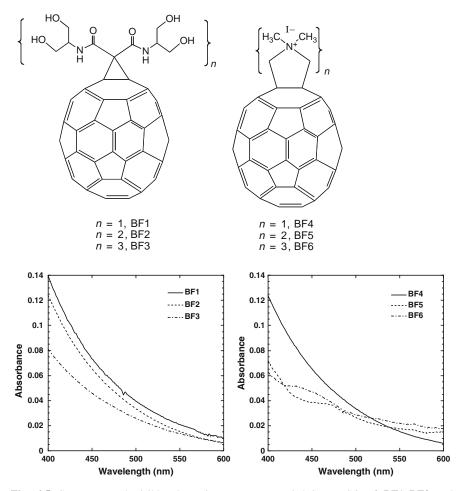


Fig. 4.5 Structures and visible absorption spectra recorded in DMSO of BF1-BF3 and BF4-BF6

primarily by Type I mechanisms (superoxide) or Type II mechanisms (singlet oxygen) or a mixture of both and whether there was any difference between a fullerene (**BF4**) that was highly effective in killing cancer cells and a fullerene (**BF6**) that was highly effective in killing pathogenic microorganisms (see later).

The photochemical mechanism studies confirmed that depending on the precise conditions of the experiment, illuminated fullerenes can produce both superoxide and singlet oxygen. The singlet oxygen production of the more hydrophobic **BF4** dropped to almost zero when the solvent was changed from organic to aqueous. This is consistent with the aggregation of the compound in aqueous media, while the more polar **BF6** remained completely in solution. The production of superoxide as measured by specific EPR spin-trapping was as expected much higher in the presence of a reducing agent (NADH) than in the presence of a singlet oxygen trap

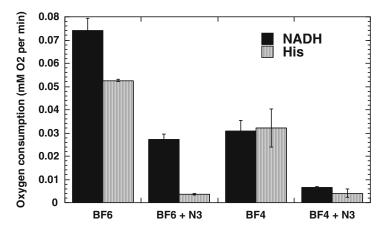


Fig. 4.6 Oxygen consumption rates for BF4 or BF6 ( $35\mu$ M) in presence of 1 mM NADH or 2mM histidine with or without 5mM sodium azide in 1:3H,O/DMSO determined by ESR oximetry

(histidine). In both cases, **BF6** gave more superoxide than **BF4**, and the difference was significant in the presence of NADH. The fact that the reduction of oxygen consumption by both **BF4** and **BF6** was almost completely inhibited by azide in the presence of histidine confirmed that in the absence of an electron donor and in the presence of a singlet oxygen substrate the mechanism is almost all Type II for both fullerenes (Fig. 4.6). However, in the presence of NADH the relative reduction of oxygen consumption by azide was much less, and proportionately lower for **BF6** than for **BF4** suggesting that about 40% of the oxygen was transformed into super-oxide, and the overall production was higher for **BF6** than for **BF4**.

## 4.5 Applications of Fullerenes for PDT

# 4.5.1 DNA Cleavage and Mutagenicity

DNA can be oxidatively damaged at both the nucleic bases (the individual molecules that make up the genetic code) and at the sugars that link the DNA strands by oxidation of the sugar linkages, or cross-linking of DNA to protein (a form of damage particularly difficult for the cell to repair). Although all cells have some capability of repairing oxidative damage to proteins and DNA, excess damage can cause mutations or cell death. Of the four bases in nucleic acids guanine is the most susceptible to oxidation by  ${}^{1}O_{2}$ . The reaction mechanism has been extensively studied in connection with oxidative cleavage of DNA (Buchko et al., 1995). The first step is a [4 + 2] cycloaddition to the C-4 and C-8 carbons of the purine ring leading to an unstable endoperoxide (Buchko et al., 1993). The subsequent complicated sequence of reactions and the final products depend on whether the guanine moiety is bound in an oligonucleotide or a double-stranded DNA (Ravanat and Cadet, 1995).

One of the first biological applications of photoactivated fullerenes was to produce cleavage of DNA strands after illumination. Cleavage of supercoiled pBR322 DNA was observed after incubation with a fullerene carboxylic acid under visiblelight irradiation but not in the dark (Tokuyama et al., 1993). Both nicked circular and linear duplex form DNA were observed and there was considerable selectivity for cleavage at guanine bases. The photoinduced action was more pronounced in  $D_2O$  in which singlet oxygen has a longer lifetime.

An and coworkers prepared (An et al., 1996) a covalent conjugate between an oligodeoxynucleotide and either a fullerene or eosin. Cleavage of target complementary 285-base single-stranded DNA was observed at guanosine residues in both cases upon illumination. However, the fullerene conjugate was more efficient in cleavage than the eosin conjugate. Moreover, the cleavage was not quenched by azide or increased by deuterium oxide as was found for the eosin conjugate suggesting the mechanism followed a Type I pathway.

Boutorine et al. (1994) described a fullerene-oligonucleotide that can bind singleor double-stranded DNA, and which also cleaves the strand(s) proximal to the fullerene moiety upon exposure to light. Nakanishi et al. (2001) also observed DNA cleavage by functionalized  $C_{60}$ . Yamakoshi et al. (1999) studied biological activities of fullerenes under illumination including DNA cleavage, hemolysis, mutagenicity, and cell toxicity. They prepared a conjugate between a fullerene and an acridine molecule as a DNA-intercalating agent and compared its DNA photocleavage capacity on pBR322 supercoiled plasmid with pristine fullerene both solubilized in PVP. This compound showed much more effective DNA-cleaving activity in the presence of NADH than pure  $C_{60}$  (Yamakoshi et al., 1996). Liu and coworkers (Liu et al., 2005) used a water-soluble conjugate between anthryl-cyclodextrin and  $C_{60}$  to carry out photocleavage of pGEX5X2 DNA. Ikeda et al. (2007a) used functionalized liposomes incorporating both  $C_{60}$  and  $C_{70}$  fullerenes into the lipid bilayer to carry out photocleavage of ColE1 supercoiled plasmid DNA using  $\lambda > 350$  nm light. Interestingly,  $C_{70}$  was significantly better (3.5 times) than  $C_{60}$  in photocleaving DNA.

It has also been shown that fullerene-mediated-PDT may lead to mutagenic effects. PVP-solubilized fullerene was found to be mutagenic for Salmonella strains TA102, TA104, and YG3003 in the presence of rat liver microsomes when it was irradiated by visible light (Sera et al., 1996). The mutagenicity was elevated in strain YG3003, a repair enzyme-deficient mutant of TA102. The mutation was reduced in the presence of beta-carotene and parabromophenacyl bromide, a scavenger and an inhibitor, respectively, of phospholipase. The results suggested that singlet oxygen was generated by irradiating the C<sub>60</sub> by visible light and that the mutagenicity was due to oxidized phospholipids in rat liver microsomes. The linoleate fraction isolated by high-performance liquid chromatography was a major component, and played an important role in mutagenicity. The results of electron spin resonance (ESR) spectrum analysis suggested generation of radicals at the guanine base but not thymine, cytosine, and adenine bases and formation of 8-hydroxydeoxyguanosine (8-OH-dG). The mechanism was proposed to involve indirect action of singlet oxygen due to lipid peroxidation of linoleate that causes oxidative DNA damage.

#### 4.5.2 Membrane Damage by Photoactivated Fullerenes

A group from India has studied the ability of fullerenes to produce oxidative damage to lipids in microsomal preparations. Cyclodextrin encapsulated  $C_{60}$  added to rat liver microsomes followed by exposure to UV or visible light produced lipid peroxidation as assayed by thiobarbituric acid reactive substances, lipid hydroper-oxides, damage to proteins as assessed by protein carbonyls, and loss of the membrane-bound enzymes (Kamat et al., 1998). Quenchers of singlet oxygen (beta-carotene and sodium azide) inhibited peroxidation, and deuteration of the buffer enhanced peroxidation, indicating that the photochemical mechanism is predominantly due to Type II ( $^{1}O_{2}$ ). In a subsequent study (Kamat et al., 2000) they compared pristine  $C_{60}$  with a polyhydroxylated derivative  $C_{60}(OH)_{18}$  and found that the latter produced more pronounced peroxidative damage and the mechanism was different and was mediated primarily by radical species. Lipid peroxidation was also shown in sarcoma 180 ascites microsomes.

Yang et al. (2007) used human erythrocyte membranes (EMs) as a model system, to examine photoinduced lipid peroxidation by a bis-methanophosphonate fullerene (BMPF) and four other fullerene derivatives including a mono-methanophosphonic acid fullerene (MMPF), a dimalonic acid  $C_{60}$  (DMA  $C_{60}$ ), a trimalonic acid  $C_{60}$  (TMAC<sub>60</sub>), and a polyhydroxylated fullerene (fullerol). Lipid peroxidation was assessed as the malondialdehyde (MDA) level measured by the thiobarbituric acid assay. It was observed that BMPF increased the MDA level of EMs after irradiation in both time- and dose-dependent manners. The photoinduced activity became very significant (P < 0.01) under the conditions of either the concentration of 10 µM and irradiation time of 30 min or the concentration of 5 µM and irradiation time of 60 min. Involvement of reactive oxygen species (ROS) in the activity was also examined by specific inhibitors of singlet oxygen, superoxide anions and hydroxyl radicals, respectively. While all three kinds were found responsible for the activity, the former two might play more important roles than the last one.

#### 4.5.3 Photoinactivation of Viruses

Photodynamic reactions induced by photoactivated fullerenes have been shown to inactivate enveloped viruses (Kasermann and Kempf, 1997). Buffered solutions containing pristine  $C_{60}$  and Semliki Forest virus (*Togaviridae*) or vesicular stomatitis virus (VSV) (*Rhabdoviridae*), when illuminated with visible light for up to 5 h, resulted in up to seven logs of loss of infectivity. Viral inactivation was oxygen-dependent and equally efficient in solutions containing protein (Kasermann and Kempf, 1998). Hirayama et al. (1999) used a methoxy-polyethylene glycol (PEG)-conjugated fullerene at 400 µM in combination with 120 J/cm<sup>2</sup> white light to destroy more than five logs of plaque forming units of VSV. VSV inactivation was inhibited by oxygen removal or by the addition of sodium azide, a known singlet oxygen quencher. The substitution of H<sub>2</sub>O by D<sub>2</sub>O, which is known to prolong the

lifetime of singlet oxygen, promoted the virucidal activity. These results indicate that singlet oxygen may play a major role in VSV photoinactivation by the watersoluble fullerene derivative. The concentration needed for virus inactivation was higher than that of other sensitizers such as methylene blue.

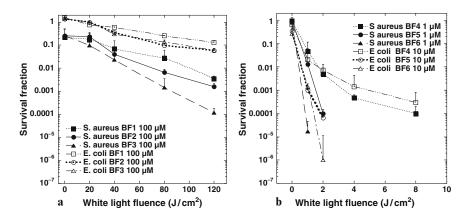
Lin and coworkers (Lin et al., 2000) compared light-dependent and lightindependent inactivation of dengue-2 and other enveloped viruses by the two regioisomers of carboxyfullerene, and found that asymmetric isomer had greater dark activity (albeit at much higher concentrations than needed for its PDT effect) due to its interaction with the lipid envelope of the virus.

## 4.5.4 Fullerenes for Antimicrobial Photoinactivation

The effectiveness of various PS proposed for antimicrobial PDT can be judged on several criteria. These PS should be able to kill multiple classes of microbes at relatively low concentrations and low fluences of light. PS should be reasonably nontoxic in the dark and should demonstrate selectivity for microbial cells over mammalian cells. PS should ideally have large extinction coefficients in the red part of the spectrum and demonstrate high triplet and singlet oxygen quantum yields.

We have shown, in a series of reported experiments that cationic fullerenes fulfill many, but not all the aforementioned criteria. Our laboratory was the first to demonstrate that the soluble functionalized fullerenes described above, especially the cationic compounds **BF4–BF6**, were efficient antimicrobial PS and could mediate photodynamic inactivation (PDI) of various classes of microbial cells (Tegos et al., 2005). We used a broadband-pass filter giving an output of the entire visible spectrum (400–700 nm) to excite the fullerenes that maximized the absorption.

Our initial screening experiment carried out against Staphylococcus aureus at  $100\,\mu M$  concentrations showed that the C<sub>60</sub> substituted with pyrrolidinium groups behaved very differently than the series substituted by di-serinol groups. The cationic fullerenes gave high levels of dark toxicity (except for BF4) while the di-serinolfunctionalized C60 had no dark toxicity, but showed a typical light dose-dependent loss of colony-forming ability. However, it needed concentrations as high as 100 µM and white-light fluences as high as 120 J/cm<sup>2</sup> to achieve significant killing (two to three logs or up to 99.9%) of the Gram-positive S. aureus (Fig. 4.7A). Even with these relatively high doses of both PS and light, the Gram-negative *Escherichia coli* was only slightly killed (less than 1 log or 90%). In sharp contrast the cationic fullerenes were highly effective PS at much lower concentrations and much lower light doses (Fig. 4.7B). BF4-BF6 were all surprisingly effective in causing light-mediated killing of S. aureus. BF5 and BF6 needed only 1 µM concentration and 1 or 2 J/cm<sup>2</sup> of white light to kill four to five logs. BF4-BF6 were tested against E. coli at 10 µM, and BF5 and BF6 showed similar high levels of activity (up to six logs). These findings agree with numerous reports in the literature that demonstrate that PS with one (or preferably more cationic groups) are efficient antimicrobial PS (Demidova and Hamblin, 2004, 2005; Hamblin and



**Fig. 4.7** (a) *Staphylococcus aureus* or *Escherichia coli* ( $10^8$  cells per mL) was incubated for 10 min with **BF1–BF3** at 100µM concentration in PBS followed by illumination with 400–700 -nm light at an irradiance of 200 mW/cm<sup>2</sup>. Aliquots were removed from the suspensions after the various fluences of light had been delivered and CFU determined. Values are means of six independent experiments and bars are SEM. \*P < 0.05, \*\*P < 0.01; two-tailed unpaired *t*-test. (b) *S. aureus* was incubated with 1µM concentration of **BF4–BF6** and *E. coli* (both 10<sup>8</sup> cells per mL) was incubated with **BF4–BF6** at 10µM concentrations for 10 min followed by a wash and illumination with white light. Values are means of six independent experiments and bars are SEM. \*P < 0.05, \*\*P < 0.01; two-tailed unpaired *t*-test.

Hasan, 2004; Merchat et al., 1996; Minnock et al., 1996). Quaternary nitrogen-based groups are superior to primary, secondary, or tertiary amino groups as the positive charge is less dependent on the pH of the surrounding media, or the pKa of the molecules that the PS is interacting with. Microbial cells possess overall negative charges and it is thought that cationic PS bind to these groups on the outer layers of the cell surface. Gram-positive cells have relatively permeable outer layers of peptidoglycan and lipoteichoic acid or beta-glucan, respectively. This allows cationic and a lesser extent non-cationic PS to diffuse inwards to the plasma membrane where the generation of reactive oxygen species under illumination can damage the membrane structure allowing leakage of essential components and cause cell death. Cationic compounds are able to displace divalent cations (Ca2+ and Mg<sup>2+</sup>) that play a role in the attachment of lipopolysaccharide to the outer membrane (Lambrechts et al., 2004). This displacement weakens the structure of the outer permeability allowing the PS to penetrate further in a process that has been termed "self promoted uptake" (Hancock and Bell, 1988). The fact that this mechanism requires cationic compounds explains why BF1-BF3 were relatively noneffective against the Gram-negative E. coli and such findings have been reported with numerous other non-cationic PS (Hamblin and Hasan, 2004).

A recent study by Spesia et al. (2008) reported that a novel *N*,*N*-dimethyl-2-(4'-*N*,*N*,*N*-trimethylaminophenyl)fulleropyrrolidinium iodide (DTC<sup>2+</sup><sub>60</sub>) was synthesized by 1,3-dipolar cycloaddition using 4-(*N*,*N*-dimethylamino)benzaldehyde,

*N*-methylglycine, and fullerene  $C_{60}$  and quaternization with methyl iodide. The photodynamic properties of the DTC<sup>2+</sup><sub>60</sub> were compared with a non-charged *N*-methyl-2-(4'-acetamidophenyl)fulleropyrrolidine (MAC<sub>60</sub>) and a monocationic *N*,*N*-dimethyl-2-(4'-acetamidophenyl)fulleropyrrolidinium iodide (DAC<sup>+</sup><sub>60</sub>). The photodynamic effect was strongly dependent on the medium, and diminished when the sensitizer aggregated and increased in an appropriately surrounded microenvironment. The photodynamic inactivation produced by these fullerene derivatives was investigated *in vitro* in *E. coli*. Photosensitized inactivation of *E. coli* cellular suspensions by DTC<sup>2+</sup><sub>60</sub> exhibited a approximately 3.5 log decrease of cell survival when the cultures are treated with 1  $\mu$ M of sensitizer and irradiated for 30 min. This photosensitized inactivation remains high even after one washing step. Also, the photodynamic activity was confirmed by growth delay of *E. coli* cultures. The growth was arrested when *E. coli* was exposed to 2  $\mu$ M of cationic fullerene and irradiated, whereas a negligible effect was found for the non-charged MAC<sub>60</sub>.

# 4.5.5 Fullerenes and PDT of Mammalian Cells Including Cancer Cells

It is thought that one requirement for any PS to produce cell killing after illumination is that the PS should actually be taken up inside the cell, and that the generation of ROS outside the cell (unless in very large quantities) will not be sufficient to produce efficient cell death. Because fullerenes (in contrast to the vast majority of PS) are nonfluorescent, it is impossible to use the common technique of fluorescence microscopy to examine the intracellular uptake and subcellular localization of fullerenes. Taking these considerations into account, Scrivens et al. (1994) were the first to prepare a radiolabeled fullerene and demonstrate its uptake by human keratinocytes in tissue culture. In serum-free medium they found a time (up to 6h) and concentration-dependent uptake so that 50% of added fullerene was taken up. Foley et al. (2002) used indirect immunofluorescence staining with antibodies that recognize fullerenes and other organelle probes to show that a dicarboxylic acid derivative is localized in mitochondria and other intracellular membranes. A recent report (Levi et al., 2006) has in fact used a pristine  $C_{60}$  preparation obtained by sonication in methanol (different from the more commonly used toluene) and giving uniformly sized particles with a mean size of 32.7 nm together, with photoluminescence detection at 750 nm after excitation at 488 nm, to demonstrate cell uptake in normal and malignant breast cells after culturing them on fullerene-coated dishes. Another recent paper (Porter et al., 2007) describes the use of the related techniques of energy-filtered transmission electron microscopy and electron tomography to visualize the cellular uptake of pristine  $C_{60}$  nanoparticulate clusters. When human monocyte derived macrophages were examined C60 was found in the plasma membrane, lysosomes, and in the nucleus.

The first demonstration of phototoxicity in cancer cells mediated by fullerenes was in 1993 when Tokuyama et al. (1993) used carboxylic acid functionalized fullerenes at  $6\mu$ M and white light to produce growth inhibition in human HeLa cancer cells. However, these same authors later reported that other carboxylic acid derivatives of C<sub>60</sub> and C<sub>70</sub> were completely without any photoactivity as PDT agents at 50  $\mu$ M (Irie et al., 1996).

Burlaka et al. (2004) used pristine  $C_{60}$  at 10 µM with visible light from a mercury lamp to produce some phototoxicity in Ehrlich carcinoma cells or rat thymocytes and used EPR spin-trapping techniques to demonstrate the formation of ROS.

The cytotoxic and photocytotoxic effects of two water-soluble fullerene derivatives, a dendritic  $C_{_{60}}$  mono-adduct and the malonic acid  $C_{_{60}}$  tris-adduct were tested on Jurkat cells when irradiated with UVA or UVB light (Rancan et al., 2002). The cell death was mainly caused by membrane damage and it was UV dose-dependent. Tris-malonic acid fullerene was found to be more phototoxic than the dendritic derivative. This result is in contrast to the singlet oxygen quantum yields determined for the two compounds.

Three  $C_{60}$  derivatives with two to four malonic acid groups (DMA  $C_{60}$ , TMA  $C_{60}$ , and QMA  $C_{60}$ ) were prepared and the phototoxicity of these compounds against HeLa cells was determined by MTT assay and cell cycle analysis (Yang et al., 2002). The relative phototoxicity of these compounds was DMA  $C_{60}$  > TMA  $C_{60}$  > QMA  $C_{60}$ . Hydroxyl radical quencher mannitol (10mM) was not able to prevent cells from the damage induced by irradiated DMA  $C_{60}$ . DMA  $C_{60}$ , together with irradiation, was found to decrease the number of G(1) cells from 63% to 42% and increase G(2) + M cells from 6% to 26%.

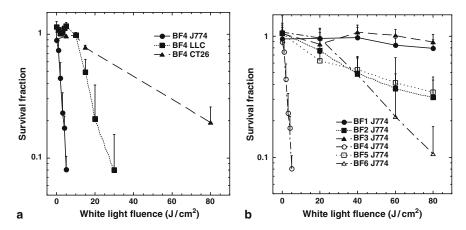
Rancan et al. (2005) used the following approach to overcome the necessity to use UV or short-wavelength visible light to photoactivate fullerenes. They synthesized two new fullerene-bis-pyropheophorbide a derivatives: a mono-(FP1) and a hexaadduct (FHP1). The photophysical characterization of the compounds revealed significantly different parameters related to the number of addends at the fullerene core. In this study, the derivatives were tested with regard to their intracellular uptake and photosensitizing activity towards Jurkat cells in comparison with the free sensitizer, pyropheophorbide a. The C<sub>60</sub>-hexa-adduct FHP1 had a significant phototoxic activity (58% cell death, after a dose of 400 mJ/cm<sup>2</sup> of 688 nm light), but the mono-adduct FP1 had a very low phototoxicity and only at higher light doses. Nevertheless, the activity of both adducts was less than that of pure pyropheophorbide a, probably due to the lower cellular uptake of the adducts.

A group from Argentina has also studied the phototoxicity produced by tetrapyrrolefullerene conjugates. Milanesio et al. (2005) compared PDT with a porphyrin- $C_{60}$  dyad (P- $C_{60}$ ) and its metal complex with Zn(II) (ZnP- $C_{60}$ ) were compared with 5-(4-acetamidophenyl)-10,15,20-tris(4-methoxyphenyl)porphyrin (P), both in homogeneous medium containing photooxidizable substrates and *in vitro* on the Hep-2 human larynx carcinoma cell line.  ${}^{1}O_{2}$  yields ( $\Phi_{\Delta}$ ) were determined using 9,10-dimethylanthracene (DMA). The values of  $\Phi_{\Delta}$  were strongly dependent on the solvent polarity. Comparable  $\Phi_{\Delta}$  values were found for dyads and P in toluene, while  ${}^{1}O_{2}$  production was significantly diminished for the dyads in DMF. In more polar solvent, the stabilization of charge-transfer state takes place, decreasing the efficiency of porphyrin triplet-state formation. Also, both dyads photosensitize the decomposition of L-tryptophan in DMF. In biological medium, no dark cytotoxicity was observed using sensitizer concentrations  $\leq 1 \mu$ M and 24h of incubation. The uptake of sensitizers into Hep-2 was studied using  $1 \mu$ M of sensitizer and different times of incubation. Under these conditions, a value of approximately  $1.5 \text{ nmol}/10^6$  cells was found between 4 and 24h of incubation. The cell survival after irradiation of the cells with visible light was dependent upon light-exposure level. A higher phototoxic effect was observed for P-C<sub>60</sub>, which inactivates 80% of cells after 15 min of irradiation. Moreover, both dyads keep a high photoactivity even under argon atmosphere. In a subsequent paper (Alvarez et al., 2006) they showed the cells died by apoptosis by analysis using Hoechst-33258, toluidine blue staining, TUNEL, and DNA fragmentation. Changes in cell morphology were analyzed using fluorescence microscopy with Hoechst-33258 under low oxygen concentration. Under this anaerobic condition, necrotic cellular death predominated over the apoptotic pathway. It was found that P-C<sub>60</sub>-induced apoptosis by a caspase-3-dependent pathway.

Ikeda and coworkers (Ikeda et al., 2007b) used a series of liposomal preparations containing cationic or anionic lipids together with dimyristoylphosphatidylcholine and introduced  $C_{60}$  into the lipid bilayer by exchange from cyclodextrin. By adding a phospholipid with an additional fluorochrome they were able to use fluorescence microscopy to demonstrate uptake of the liposomes by HeLa cells after 24-h incubation. Illumination with 136 J/cm<sup>2</sup> at 350–500-nm light gave 85% cell killing in the case of cationic liposomes and apoptosis was demonstrated.

In our laboratory we have tested the hypothesis that fullerenes would be able to kill cancer cells by PDT in vitro (Mroz et al., 2007c). We studied the same group of fullerene derivatives described above, BF1-BF3 and BF4-BF6 (Mroz et al., 2007a). We showed that the C60 molecule mono-substituted with a single pyrrolidinium group (BF4) is a remarkably efficient PS and can mediate killing of a panel of mouse cancer cells at the low concentration of 2µM with very modest (5 J/cm<sup>2</sup>) exposure to white light as shown in Fig. 4.8A. The cells were all cancer cells; lung (LLC) and colon (CT26) adenocarcinoma and reticulum cell sarcoma (J774) and the latter showed much higher susceptibility perhaps due to an increased uptake of fullerene because J774 cells behave like macrophages (Liang-Takasaki et al., 1982). In Fig. 4.8B we show the comparative phototoxicity of all six fullerenes against J774 cells. Besides the exceptionally active BF4, the next group of compounds has only moderate activity (BF2, BF5, and BF6) against J774 cells showing some killing at high fluences. The last two compounds (BF1 and BF3) had no detectable PDT killing up to 80 J/cm<sup>2</sup>. For the first time we indirectly demonstrated that photoactive fullerenes are taken up into cells by measuring the increase in fluorescence of an intracellular probe (H<sub>2</sub>DCFDA) that is specific for the formation of ROS (in particular hydrogen peroxide).

We also demonstrated the induction of apoptosis by PDT mediated by **BF4** and by **BF6** in CT26 cells at 4–6h after illumination. The relatively rapid induction of apoptosis after illumination might suggest the fullerenes are localized in subcellular organelles such as mitochondria, as has been previously shown for PS such as benzoporphyrin derivative (Granville et al., 1998; Gupta et al., 1998; Li et al., 2003).



**Fig. 4.8** Survival curves of (A) LLC, J774, CT26 cells after 24h incubation with  $2\mu M$  **BF4** and (B) J774 cells after 24h incubation with  $2\mu M$  **BF1–BF6**, in both cases followed by a wash and illumination with white light. An MTT assay was carried out after 24h incubation. Values are means of nine separate wells and bars are SD. Experiments were repeated at least twice

PS that localize in lysosomes tend to produce apoptosis more slowly after illumination than mitochondrial PS, due to the release of lysosomal enzymes that subsequently activate cytoplasmic caspases (Kessel et al., 2000).

We have also performed preliminary experiments comparing effectiveness of **BF4** to Photofrin<sup>®</sup>, one of the clinically approved photosensitizers for cancer therapy (Hahn et al., 2006). Figure 4.9 shows that **BF4** was far superior at PDT-mediated killing of human ovarian cancer cells *in vitro* than Photofrin. Both compounds, **BF4** and Photofrin, show very little dark toxicity as evidenced by the survival fraction at zero fluence, which was after 24h incubation of the cells with each PS. Also, both show a light-dose-dependent response. However, the response of **BF4** at the light fluences used was much more pronounced than that of Photofrin, demonstrating that **BF4** is a significantly better photosensitizer than Photofrin against ovarian cancer cells *in vitro*.

# 4.5.6 Photodynamic Therapy of Tumors

Fullerenes should have a photodynamic effect on tumors, if (a) the compound is accumulated in the tumor tissue, (b) a reasonably efficient way to administer the compound to tumor bearing animals is found, and (c) enough excitation light can be delivered to the photosensitized tumors. The first report of fullerenes being used to carry out PDT of actual tumors was by Tabata in 1997 (Tabata et al., 1997). They chemically modified the water-insoluble  $C_{60}$  with polyethylene glycol (PEG), not only to make it soluble in water, but also to enlarge its molecular size. When injected intravenously into mice carrying a subcutaneous tumor on the back, the

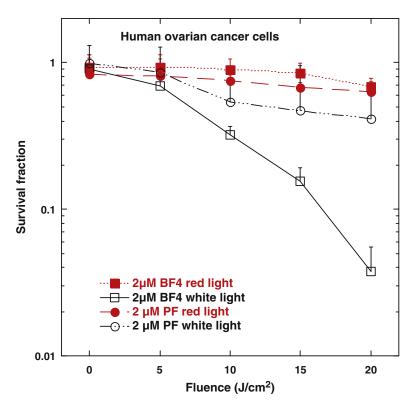


Fig. 4.9 Comparison of PDT-induced killing in human ovarian cancer cells by **BF4** or Photofrin both incubated for 24 h at  $2\mu$ M concentration and illuminated with red (630 nm) or white light (400–700 nm) (*See Color Plates*)

 $C_{60}$ -PEG conjugate exhibited higher accumulation and more prolonged retention in the tumor tissue than in normal tissue. The conjugate was excreted without being accumulated in any specific organ. Following intravenous injection of  $C_{60}$ -PEG conjugate or Photofrin (a recognized PS) to tumor-bearing mice, coupled with exposure of the tumor site to visible light, the volume increase of the tumor mass was suppressed and the  $C_{60}$  conjugate exhibited a stronger suppressive effect than Photofrin. Histological examination revealed that conjugate injection plus light irradiation strongly induced tumor necrosis without any damage to the overlying normal skin. The antitumor effect of the conjugate increased with increasing fluence delivered and  $C_{60}$  dose, and cures were achieved by treatment with a low dose of  $424 \mu g/kg$ at a (very high) fluence of  $10^7 J/cm^2$ .

Liu and others (Liu et al., 2007) conjugated polyethylene glycol (PEG) to  $C_{60}$ -PEG), and diethylenetriaminepentaacetic acid (DTPA) was subsequently introduced to the terminal group of PEG to prepare  $C_{60}$ -PEG-DTPA that was mixed with gadolinium acetate solution to obtain Gd<sup>3+</sup>-chelated  $C_{60}$ -PEG-DTPA-Gd. Following intravenous injection of  $C_{60}$ -PEG-DTPA-Gd into tumor-bearing mice, the PDT

antitumor effect and MRI tumor imaging were evaluated. Similar generation of superoxide upon illumination was observed with or without  $Gd^{3+}$  chelation. Intravenous injection of C<sub>60</sub>-PEG-DTPA-Gd into tumor-bearing mice plus light (400–500 nm, 53.5 J/cm<sup>2</sup>) showed significant antitumor PDT effect and the effect depended on the timing of light irradiation that correlated with tumor accumulation as detected by the enhanced intensity of MRI signal.

The FC4S nanostructures described in Section 4.1 (Yu et al., 2005b) have also been tested as PS *in vivo* (Yu et al., 1999). The median lethal dose  $(LD_{50})$  of FC4S was defined as approximately 600 mg/kg in acute toxicity studies. No adverse effects were noted in the animals when the FC4S was administered orally. ICR mice subcutaneously implanted with sarcoma 180 tumor cells were given FC4S (15 mg/kg) by intraperitoneal injection, and PDT on tumor-bearing mice using argon laser irradiation at 514.5 nm with a total light dose of 100 J/cm<sup>2</sup> delivered at 200 mW/cm<sup>2</sup>. Mean tumor size was found to decrease significantly to only 10% of the untreated tumor control at 30 days after laser irradiation. Mice treated with FC4S and no laser irradiation had a slight nonsignificant reduction in tumor size.

These data summarized above suggest that PDT with fullerenes is not only possible in animal tumor models, but demonstrate the potential use of these compounds as PS for PDT of cancer.

## 4.6 Conclusions and Future Outlook

At the end of this review we must ask ourselves whether in all reality it is likely that fullerenes will ever be accepted as viable PS for PDT of any disease. As discussed previously these compounds have certain unique features that could make them favorable candidates and at the same time other unique features that would argue against them as PS for PDT. The most important favorable property is their rather unusual photochemical mechanism. As shown by us and by others, in aqueous solutions and particularly in the presence of reducing agents, these compounds produce a substantial amount of superoxide anion in a Type I photochemical process involving electron transfer from the excited triplet state to molecular oxygen. Although many workers in the PDT field think that the product of the Type II photochemical process, singlet oxygen, is the major cytotoxic species operating in PDT-induced cell killing, there have been reports that Type I mechanisms may be equally effective or even more effective than Type II. This is because hydroxyl radicals are the most reactive and potentially the most cytotoxic of all ROS. It is assumed that hydroxyl radicals are formed from hydrogen peroxide by Fenton chemistry reactions catalyzed by Fe<sup>2+</sup> or Cu<sup>+</sup> ions, and that the hydrogen peroxide is produced by dismutation of superoxide anion either by enzyme catalysis or naturally. Another possible mechanism of cytotoxicity is the diffusion-controlled reaction between superoxide and nitric oxide to form the highly toxic species, peroxynitrite. Elevated levels of nitric oxide are present both in cancers and infections, thus giving the possibility of additional levels of selectivity for target-specific damage.

The chief disadvantage of fullerenes is likely to be their optical absorption properties. The absorption spectrum of fullerenes is highest in the UVA and blue regions of the spectrum where the tissue penetration depth of illumination is shortest due to a combination of light absorption by cellular chromophores and light scattering by cellular structures. However, the molar absorption coefficients of fullerenes are relatively high and the tail of absorption does stretch out into the red regions of the visible spectrum. Fullerenes have been proposed as carrier vehicles for drug delivery of molecules such as taxol (Zakharian et al., 2005) and nonviral DNA (Isobe et al., 2006) so some knowledge about their pharmaceutical properties has been gathered. The cationic modifications described in this chapter demonstrate that with the correct functionalities present on the fullerene cage these molecules could have real applications in biomedicine as antimicrobial photosensitizers and possibly also in cancer treatment.

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# Chapter 5 Photodynamic Inactivation of Enveloped Viruses by Fullerene: Study of Efficacy and Safety

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Abstract Viruses are the most dangerous contaminants of human blood and blood products. The purpose of this study was to investigate the light-mediated virusinactivating properties of fullerene and its effect on the intactness of biological fluids. Influenza virus was propagated in chicken embryos, and a water suspension of C<sub>60</sub> fullerene was added to the allantoic fluid. The fluid was light-irradiated with a constant flow of oxygen through the specimen, and the dynamics of the virus titer were studied in Madin-Darby canine kidney (MDCK) cells. The morphology of the virions was studied by electron microscopy (EM). The electrophoretic pattern of the proteins in the allantoic fluid and blood plasma, as well as the growth properties of the calf serum were compared before and after 6h of irradiation. A dramatic drop of infectious titer (from 6 to  $0 \log_{10} \text{EID}_{50}$ ) in the virus was observed within 2 h after the start of irradiation. No change in the titers was observed in control specimens without the fullerene, or light, or oxygen. EM revealed numerous defects in the morphology of the virions (destruction of the outer membrane) leading to the loss of infectious properties in the virus. Based on comparison of proteins and growth properties of the serum, no differences were revealed between intact and irradiated biological fluids. Water-insoluble fullerenes may therefore be considered an effective and safe way to inactivate enveloped viruses in biological materials including blood products.

Keywords Virus inactivation; fullerene; decontamination; blood serum

## 5.1 Introduction

The problem of quality control in donor blood and blood products is of great importance for a health service in practice. Among infectious agents that contaminate blood, mention should be made of human immunodeficiency virus, hepatitis B and C viruses, and human cytomegalovirus (Ender, 2004; Mohr, 2000). In the past decade, the role of

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these agents has dramatically increased due to changes in ecology, human behavior, and the process of the evolution of natural viruses in the human population.

Currently, all donors and blood preparations undergo multistage and expensive control to ensure the absence of viral contamination. In this respect, the development of affordable methods of inactivation of viruses could be an important step toward safety in hemotransfusion. Currently used treatments such as UV irradiation damage therapeutic components of the blood (Williamson and Cardigan, 2003), so alternative selective approaches are needed for this purpose. Among them, chemotherapy, photochemotherapy (PCT), and photodynamic antibacterial therapy should be noted (Mohr, 2000).

Previously, enveloped viruses have been shown to be effectively inactivated by compounds generating singlet oxygen. The most widely used are water-soluble dyes. Virus-inactivating properties have been reported for dyes belonging to various chemical classes, in particular, phthalocyanins, merocyanins, derivatives of porphyrin, oxazines, and some others. Currently, the dye in clinical use is a compound from the class of phenothiazines – methylene blue, which demonstrates an optimal combination of toxicity/activity properties. The disadvantage of all these compounds is the difficulty or impossibility of removing from the solution the compounds themselves and/ or their products of photodestruction. This step is necessary because some derivatives are supposed to be toxic (Käsermann and Kempf, 1997; Wainwright, 2002).

In this connection, the use of insoluble agents as photosensitizers seems promising. This approach, in particular, has been realized in respect to the suspension of crystal fullerene  $C_{60}$  (Käsermann and Kempf, 1997, 1998). Its marked advantage is that there are no byproducts of the destruction of fullerene and the compound can be easily removed from the solution by centrifugation. The high efficiency of  $C_{60}$  in viral inactivation has been demonstrated for specific enveloped viruses such as Semliki forest virus (SFV) and vesicular stomatitis virus (VSV) (Käsermann and Kempf, 1997, 1998). The inactivation was achieved in a model system where the virus was suspended in a saline buffer solution. The addition of 2% bovine serum albumin did not affect the kinetics of the photoinactivation of the virus.

The purpose of the present study was to investigate a photodynamic inactivation of influenza virus in the allantoic fluid of chicken embryos. Further, we have evaluated nonspecific effects of photodynamic treatment on the components of biological fluids.

#### 5.2 Materials and Methods

#### 5.2.1 Fullerene Preparation

A suspension of crystal fullerene  $C_{60}$  (1 mg/ml) in 0.15 M NaCl was used in experiments. To prepare the suspension, 60 mg of crystal fullerene was homogenized with a pestle, followed by sonication in 50 ml of saline for 60 min (5 min sonication/10 min interval). A freshly prepared suspension was used in experiments.

In a separate set of experiments, fullerene was used without preliminary homogenization.

#### 5.2.2 Virus Propagation

Influenza virus A/Puerto Rico/8/34 (H1N1) was propagated in the allantoic cavity of chicken embryos for 48 h at 36 °C followed by overnight cooling at + 4 °C (Mahy, 1985). Allantoic fluid containing virus was harvested and centrifuged for 10 min at 3,000 rpm. To determine hemagglutinating activity, serial dual dilutions were prepared from the initial fluid, mixed with an equal volume of 1% chicken erythrocytes in saline in the wells of round-bottom plates and incubated at room temperature for 1 h. Hemagglutinating titer was considered as reciprocal to the final dilution of the initial fluid able to cause positive hemagglutination (HA) in the wells. Viruses with HA titer 64 or more were used in experiments.

In a separate set of experiments, in order to remove soluble components of allantoic fluid, the fluid was centrifuged for 1 h at 200,000 g. Supernatant was removed and virus was resuspended in saline in a volume equal to the initial volume of allantoic fluid.

#### 5.2.3 Inactivation Assay

For photoinactivation, 25 ml of suspension of fullerene was added to an equal volume of virus-containing allantoic fluid. The mixture was placed in a cooled vessel and irradiated by visual light (the wavelengths in the resulting spectrum were 400–850 nm) under constant stirring and with constant access to oxygen. One milliliter aliquots were taken from the mixture at different time points followed by 10 min centrifugation of each specimen at 5,000 rpm. Both supernatant and pellets were then studied for viral infectious activity and morphology of virions, by virus titration and EM, respectively.

#### 5.2.4 Determination of Viral Titer

A confluent monolayer of Madin-Darby canine kidney (MDCK) cells was grown in 96-well plates. Serial tenfold dilutions in minimal essential medium were prepared from the aliquots of allantoic fluid taken from the irradiated specimen. These dilutions were applied to MDCK cells and incubated for 48 h at 36 °C in 5% CO<sub>2</sub>. The cells were then washed two times for 5 min with phosphate buffered saline (PBS) and incubated for 1 h with 100µl of 0.5 mg/ml solution of 3-(4,5-dimethylthiazolyl-2) 2,5-diphenyltetrazolium bromide (MTT, ICN Biochemicals Inc., Aurora, Ohio). After 1 h, the colored deposit was dissolved in 100µl DMSO, and optical density in the wells was measured on plate reader Victor 1420 (Perkin Elmer, Finland). Based on the data obtained, the infectious titer of the virus was determined as a decimal logarithm of reciprocal to the dilution of the specimen causing destruction of 50% of cells. The inhibiting action of irradiation was evaluated by decreasing the virus' titer.

#### 5.2.5 Electron Microscopy

A copper disc with a carbon cover was placed onto a drop of the sample for 15–20 s, then the support was washed with distilled water and contrasted using a 1.5% sodium salt of phosphotungstic acid, pH 7.1. Preparations were dried at room temperature and studied under a JEM-100S electron microscope (JEOL, Tokyo) at instrumental magnification 5,000–50,000.

#### 5.2.6 Study of Growth Activity of Serum

Cell lines U937 (human lymphoblastoid cells) and T-98G (human astrocytoma) were obtained from the collection of cell lines at the Influenza Research Institute. T-98G cells were grown on a DMEM medium with the addition of 10% calf serum, and U937 cells on RPMI1640 (Biolot, St. Petersburg) with 10% calf serum.

Calf serum was added to the medium for cell culture to 10% concentration. T98G or U937 cells were seeded onto  $25 \text{ cm}^2$  flasks for cell culture (Nunc, Denmark). Cells were cultivated for 72h without serum, with 10% of intact serum or 10% serum after 6h of photodynamic treatment. After the incubation period cells were harvested with chymotrypsine and their number was calculated in a hemocytometer chamber.

The proliferative index of the culture was estimated as the ratio of number of cells per 1 ml of medium after 72 h of cultivation to the initial number of cells per 1 ml of medium.

#### 5.2.7 Denaturing Electrophoresis

Sample preparation. All allantoic fluid of chicken embryos or calf serum used in experiments contained influenza virus  $(10^4-10^6 \text{ EID}_{50}/\text{ml})$ . The samples of biological fluids underwent photodynamic treatment as described above. One milliliter aliquots were taken before treatment and at 3 and 6h after the start of experiment. To analyze the effect of photodynamic treatment on proteins we used alkaline denaturing electrophoresis in the presence of sodium dodecylsulfate (SDS) and  $\beta$ -mercaptoethanol ( $\beta$ -ME).

Separation of proteins. Aliquots of biological fluids (blood serum or allantoic fluid) were mixed with the Laemmli buffer for the samples. For proteins denaturation samples were boiled for 5 min. Samples were loaded in and separated in the gel by Miniprotean II unit (BioRad). The voltage was 80 V when samples were in concentrating gel and 100 V when in separating gel. The movement of the proteins was tracked by bromophenol blue.

After completion of electrophoresis, the gel was stained with Coomassie blue. To prepare the staining solution, 40 mg Coomassie blue R-250 was dissolved in 25 ml isopropanol and 10 ml glacial acetic acid. The solution was filtered and the volume was increased to 100 ml with distilled water. The gel was placed in staining solution for 1 h, followed by washing with 10% acetic acid/2.5% isopropanol.

In order to quantitatively analyze the protein patterns, the gels were scanned, and the relative optical density of the bands was plotted against the distance from the start of the gel.

#### 5.3 Results

#### 5.3.1 Viral Inactivation

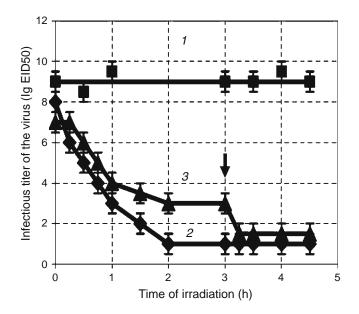
The infectious titers of influenza virus were determined in the irradiated specimen at different time points. The kinetics of the virus' activity in saline and allantoic fluid in the presence of fullerene and oxygen are presented in Fig. 5.1.

As can be seen from the data presented, the suspension of crystal  $C_{60}$  did not itself affect the influenza virus. In all control experiments without oxygen and irradiation the infectious activity of the virus remained on the same level throughout the experiment (Fig. 5.1). This was true for both virus in original allantoic fluid and virus resuspended in saline. Exposure of the virus to oxygen without irradiation did not affect the viral titer either.

Using the  $C_{60}$  suspension prepared from non-homogenized fullerene, the efficacy of inactivation of the virus was much lower compared to the fine suspension. The viral titer in this case decreased by one to two times, suggesting that the efficacy of inhibition of the virus strongly depends on the total surface of the fullerene exposed to oxygen and liquid.

When exposure to oxygen and light irradiation were commenced simultaneously, the infectious activity of the virus remained on the initial level for 30–50 min. This period of induction was observed both in the allantoic fluid and saline.

The kinetics of viral photoinactivation in the allantoic fluid differs substantially from that in saline (Fig. 5.1). Irrespective of the time of primary saturation with oxygen, the 15–20 min period of induction was always observed after the start of irradiation. The virus was then inactivated during the next 1.5–2h, followed by a constant value for the viral titer up to 6h of the experiment. The addition of a new portion of fullerene suspension resulted in a new stage of viral inactivation. We also observed the formation of fullerene-colored agglomerates in the cuvettes. Their size by the end of the experiment was 0.1–0.3 mm. Based on data resulting from EM, these agglomerates represent the aggregates of protein and other components of allantoic fluid (Fig. 5.2). The formation of these particles becomes visible approximately 1h after the start of irradiation, as their number and size increase during the course of irradiation. These conglomerates could bind the fullerene particles, thus



**Fig. 5.1** Inactivation of influenza virus in allantoic fluid by fullerene. 1: virus in allantoic fluid, no illumination; 2: virus in saline, specific illumination 85 mW/cm<sup>3</sup>; and 3: virus in allantoic fluid, specific illumination 85 mW/cm<sup>3</sup>. The moment of addition of fresh fullerene suspension is indicated by an arrow

restricting their active surface and decreasing the rate of viral inactivation. Probably for this reason the addition of a fresh portion of fullerene, not bound with proteins, leads to acceleration in inactivation of the virus.

#### 5.3.2 Morphological Study

As was shown by EM, application of a water suspension of  $C_{60}$  fullerene combined with the presence of light and exposure to oxygen resulted in gradual destruction of influenza virions in the allantoic fluid. The intact virions prior to treatment looked like round-shaped particles with surface glycoproteins protruding from the envelope (Fig. 5.3a). In specimens treated with light in the presence of  $C_{60}$  and with oxygen exposure for 0.3–0.5 h no substantial changes of structure were observed. Nevertheless, the same treatment for 6 h resulted in destruction of most (~95%) of the virions. This was morphologically reflected in fragmentation of the surface membrane and loss of surface glycoproteins that serve as receptor-binding components of the virion and are responsible for their attachment to the surface of the target cells (Fig. 5.3b).

The relative number of intact and morphologically defective virions has been calculated. The kinetics of this parameter in the specimens is summarized in Fig. 5.4. As this diagram makes clear, the number of intact virions steadily decreases during the course of photodynamic therapy.

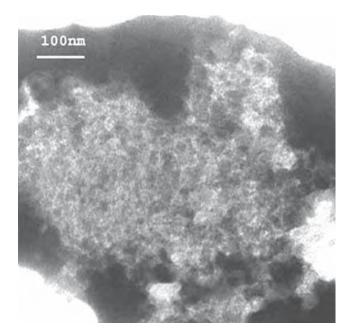
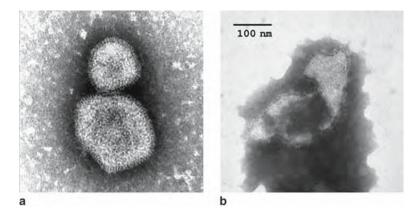


Fig. 5.2 Protein conglomerates in allantoic fluid after 5h of irradiation in the presence of  $C_{60}$  and oxygen. Bar 100 nm. Negative contrast



**Fig. 5.3** Destruction of virions of influenza under irradiation in the presence of  $C_{60}$  suspension and  $O_2$ . (a) Intact virions in allantoic fluid; and (b) virions after 5h of irradiation in presence of oxygen. Note the fragmentation of the outer membrane of the virions and the loss of a significant part of surface glycoproteins. Negative contrast, bar 100 nm

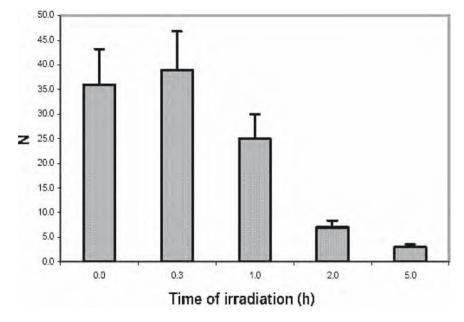


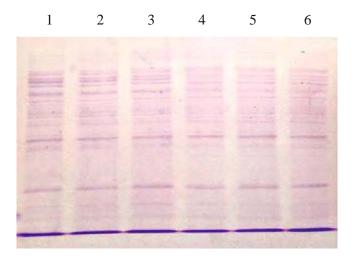
Fig. 5.4 Destruction of influenza virions after treatment with  $C_{60}$  in the presence of light and oxygen. *N* is the number of intact virions for one field of vision

# 5.3.3 Electrophoresis Study

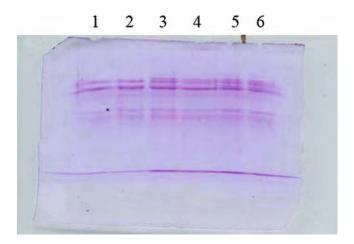
In the version we used, electrophoresis of proteins makes it possible to separate proteins and evaluate molecular weight and relative amount of each fraction. Analysis of this data, therefore, has permitted us to detect the following types of modification of proteins resulting from photodynamic treatment:

- Destruction of protein molecules. In this case one can expect a decrease in the molecular weight of components of the protein mixture, reflected in a decrease in the intensity of bands in the high-molecular zone (closer to the start) and an increase in the relative amount of low-molecular weight components (in the proximal zone of the gel).
- Aggregation of proteins into oligo- and poly-globular complexes. In this case the opposite situation will occur, i.e., a shift of the density of bands towards the high-molecular weight zone (start).

Results of electrophoretic analysis of proteins in the allantoic fluid and blood serum before and after photodynamic treatment are presented in Figs. 5.5 and 5.6. Visually, we did not detect any changes in the position and intensity of protein bands. In order to quantitatively analyze these parameters we scanned the gels and measured the relative optical density of the bands (Figs. 5.7 and 5.8).



**Fig. 5.5** Electrophoresis pattern of proteins in the allantoic fluid of chicken embryos. Lanes 1–3: intact fluid; lanes 4–6: fluid after 6h of irradiation



**Fig. 5.6** Electrophoresis pattern of proteins of blood serum. Lanes 1–3: intact serum, lanes 4–6 serum after 6h of irradiation (*See Color Plates*)

As can be seen from the figures, there are no visual differences between intact and irradiated specimens, independently of duration of irradiation. This suggests that the molecular weights of protein components neither increase (due to oxygeninduced aggregation of protein molecules into oligomers) nor decrease (due to nonspecific cleavage of the molecules) during the course of the treatment.

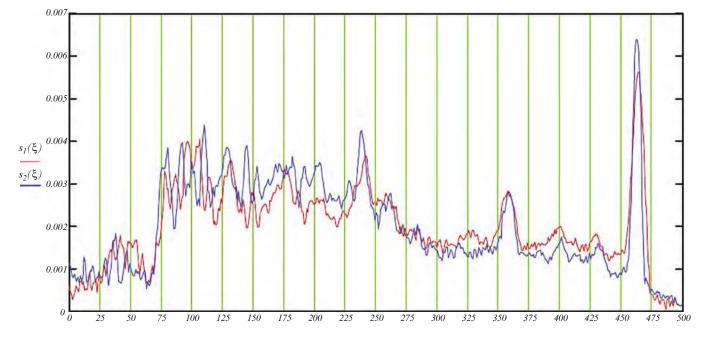


Fig. 5.7 Photometric representation of electrophoresis results. Allantoic fluid before (red) and after (blue) 6h of irradiation (See Color Plates)

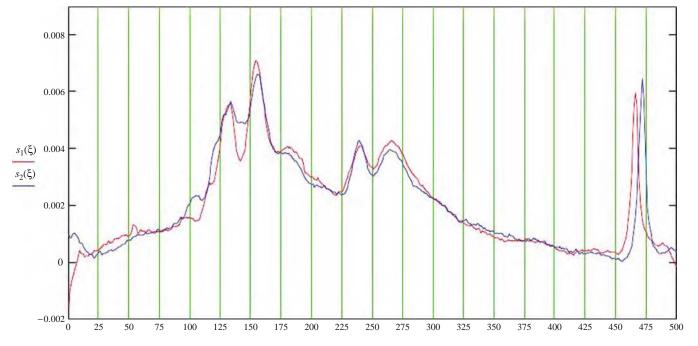


Fig. 5.8 Photometric representation of electrophoresis results. Blood serum before (red) and after (blue) 6h of irradiation (See Color Plates)

From the data presented it can be concluded that the processes of both destruction and aggregation of proteins do not contribute significantly to the photodynamic treatment.

## 5.3.4 Study of Growth Activity of Cells in the Presence of Irradiated Serum

In order to compare the biological properties of the serum before and after treatment, its effect on the rate of proliferation of cells in the culture was studied. The results are presented in Table 5.1. As can be seen from these data, the proliferative activity of cells in the presence of the serum is significantly greater than that for serum-free medium. At the same time, 6h of preliminary treatment of serum does not affect the proliferative activity of the cells. Therefore, the growth properties of the serum do not change after photodynamic treatment.

#### 5.4 Discussion

In the present study we have investigated the process of photodynamic inactivation of influenza virus in the allantoic fluid of chicken embryos. This inactivation has been realized by  $C_{60}$  water suspension used as a photosensitizer. Similar studies have been carried out previously by Käserman and Kempf (1997, 1998). Unlike the latter studies, in which viruses were inactivated in salt solutions (buffer), our experiments were performed in a natural biological fluid that contains all typical components (proteins, lipids, salts, etc.). Comparing the viral inactivation over time in our experiments with previous results we conclude that the process described by Käserman and Kempf (1997, 1998) was more time-consuming, a fact that may significantly restrict its practical use.

			Characteristics of proliferation					
	Seed dose	No	serum	Intact (non-irradiated) serum		Irradiated serum		
Cell line	(cells		Proliferation index	Number of cells	Proliferation index	Number of cells	Proliferation index	
U937 T98G		$\begin{array}{c} 2.4\times10^{\scriptscriptstyle 5}\\ 2.2\times10^{\scriptscriptstyle 5}\end{array}$		$\begin{array}{c} 5.4\times10^{\scriptscriptstyle 5}\\ 5.7\times10^{\scriptscriptstyle 5}\end{array}$	2.70 2.85	$\begin{array}{c} 5.2\times10^{\scriptscriptstyle 5}\\ 5.4\times10^{\scriptscriptstyle 5}\end{array}$		

 Table 5.1 Growth properties of calf serum under photodynamic influence

The course of viral photodynamic inactivation in allantoic fluid is probably directed by the following process: the initial period of induction is a result of the quenching of singlet oxygen (or other reactive forms of oxygen) by natural antioxidants present in the fluid (Kolb, 1991). Subsequently, a dramatic drop in the viral titer was observed. This then reached a plateau due to the consumption of the active fraction of the fullerene. This may be indirectly confirmed by the results of viral titration after the addition of a new portion of fullerene when the process of inactivation was observed again.

EM investigation of the  $C_{60}$  deposit did not reveal any increase in virions over the number of virions in supernatant. This suggests that the  $C_{60}$  used in the experiments does not possess a specific affinity to the virions (e.g., due to membrane tropism or other specific mechanism).

The particles of C60 are, therefore, uniformly distributed in the suspension and the interaction between fullerene-produced reactive oxygen species and components of allantoic fluid (including virions) is of a stochastic character. This may lead to photochemical modification of the biological components of the allantoic fluid, as was indirectly confirmed by visual and EM observation of aggregates (Fig. 5.2) and differences in foam formation between irradiated and non-irradiated specimens. This fact raises the question of the degree and significance of photomodification of components of the biological fluid during the course of inactivation of the viruses it contains. In other words, the action of singlet oxygen may be non-selective, i.e., following the procedure of photoinactivation infectious virions might be destroyed along with therapeutic components of the blood (red blood cells, leukocytes, etc.) or blood products (platelets, proteins, etc.), thus making them useless. Taking into account the relatively large size of the blood cells compared with the virions, these cells are supposed to be more vulnerable to the damage caused by singlet oxygen. The method we describe is, therefore, more appropriate for decontaminating cell-free blood products, above all, plasma. Plasma proteins can also serve, nevertheless, as a target for singlet oxygen destruction, so to apply this approach for clinical purposes the tests have been performed for clinical value of the plasma, namely, the intactness of its components. In addition, the growth properties of the serum have not been shown to change after photodynamic treatment. These two facts indirectly confirm that therapeutic properties of blood plasma will remain at the initial level or decrease slightly despite substantial inactivation of the virus.

In should be noted that the same problem exists for both other photosensitizers and other methods for decontamination of the blood and its components (e.g. absorption) (Mohr, 2000). The use of fullerenes is to be preferred to the use of photoactive dyes because the former are water-soluble components. Due to its insolubility in water, fullerene may be easily removed from the liquid phase after the procedure of decontamination.

As a result of our experiments, it was shown that the growth properties of the serum do not change after photodynamic treatment. Nevertheless, the infectious titer of influenza virus both in blood serum and allantoic fluid decreased from 6 to  $0 \log_{10}$  EID<sub>50</sub> after the treatment. This fact suggests a selectivity of photodynamic treatment regarding the virions. In our opinion, this can be explained by the following.

Photodynamic treatment equally affects viral particles and protein components in biological fluid, but virions, being large supramolecular structures, are more vulnerable compared to protein molecules. For this reason, damage to one of the components of a virion leads to inactivation of the entire viral particle without affecting the growth properties of serum or the electrophoretic pattern of the proteins.

On the other hand, this procedure does not remove virus-specific components from the liquid. Even in cases where virions are destroyed completely following treatment, the product will remain immunogenic to the same extent as before the treatment. Nevertheless, no infectious virions able to reproduce, multiply, and cause an infectious disease will be found in the product.

#### 5.5 Conclusion

- Units and methods are developed to study the effect of active forms of oxygen on fullerene-based photosensitizers. The kinetics of the inactivation of influenza virus in saline and allantoic fluid during the course of photodynamic treatment using fullerene preparations is studied. Optimization of conditions has been conducted for viral inactivation (irradiation, doses, concentration of fullerene, and intensity of oxygen flow). Experiments are performed for inactivation of virus in blood serum.
- 2. Based on optimized conditions, complete inactivation of influenza virus is achieved in allantoic fluid (resulting in a decrease in the infectious titer of the virus from >4–5  $\log_{10} \text{EID}_{50}$  to 0) using separable fullerene-based photosensitizer.
- 3. Studies have been conducted for the intactness of biological fluids after photochemical treatment, in particular, proteins of allantoic fluid and blood serum, by methods of spectrophotometry and gel electrophoresis. The growth properties of serum were evaluated in cell culture. The protein composition of biological fluid was shown not to undergo dramatic changes during the course of photodynamic inactivation of viruses.

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# Chapter 6 Effects of Photoexcited Fullerene C<sub>60</sub>-Composites in Normal and Transformed Cells

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**Abstract** The supramolecular composites containing fullerenes  $C_{60}$  immobilized at nanosilica were used for the design of the molecular systems that can be an effective agent in cancer photodynamic therapy (PDT). In particular, it was shown that photoexcited fullerene  $C_{60}$ -containing composites decrease viability of transformed cells, intensify the process of lipid peroxidation (LPO) in cell membranes and accumulation of low-molecular weight DNA fragments, and also decrease the activity of electron-transport chain of mitochondria.

**Keywords**  $C_{60}$  fullerene composites; normal and transformed cells; photoexcitation; reactive oxygen species

## 6.1 Introduction

Presently photodynamic therapy (PDT) is considered as a perspective way for therapy of different diseases, including cancer. PDT is a method based on the local lightinduced activation of photosensitizers able to accumulate selectively in energy-deficient cells (malignant or dysplastic ones) not influencing the remaining normal cells of the body (Pass, 1993). Upon the action of irradiation of certain wavelength characteristic for individual photosensitizer, photochemical reaction occurs

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that leads to selective destruction of malignant cells. Mechanism of PDT action consists in the fact that the molecule of photosensitizer after absorption of quantum of light switches to excited triplet state and enters into two types of reactions (Grossweiner et al., 1982). In the first type, interaction directly with the molecules of biological substrate occurs, thus leading to generation of free radicals. In the second type, interaction of the excited photosensitizer takes place with generation of singlet oxygen that is cytotoxic for vital cells due to the properties of potent oxidizer of biomolecules. At the final stage, photochemical reactions of both types lead to destructive changes of important structures of malignant cells and their death.

Fullerenes C60 are considered as perspective compounds for PDT. They are inert compounds that do not reveal toxic properties in low concentration range. Due to small size and hydrophobicity, fullerenes  $C_{60}$  are able to interact with biologic molecules, be embedded in membranes, and cause biologic effects (Foley et al., 2002; Kamat et al., 2000; Wilson, 2000). They are characterized by significant reducing potential and are able to absorb free radicals (Kamat et al., 2000; Tabata and Ikada, 1999). From the other side, cytotoxic effects of fullerenes  $C_{60}$  upon their photoexcitation has been revealed. Upon the action of ultraviolet or visible light irradiation,  $C_{60}$  molecule switches to triplet state. As a result of energy transfer (its efficacy reaches nearly 100%) from the excited fullerene  $C_{60}$  to molecular oxygen, intense generation of singlet oxygen takes place. Also the excited C60 molecule may be an acceptor of electrons. In the presence of donors of electrons in the medium (e.g., NADH  $\rightarrow$  NAD<sup>+</sup>, H<sup>+</sup>) the excited fullerene C<sub>60</sub> may be reduced due to electron transfer and be converted to anion radical  $C_{60}^{\bullet,\bullet,\bullet}$ , that in turn transfer electrons to molecular oxygen with generation of superoxide anion O<sub>2</sub><sup>--</sup> (Kamat et al., 2000; Guldi and Asmus, 1999; Hamano et al., 1997).

For potentiation of photosensitizing properties of fullerenes  $C_{60}$  to the composition of their molecules antenna is being introduced, for example, porphyrine, and anthracenal (Arbogast and Foote, 1991).

Apart from this, among the means to promote accumulation and retention of preparations applied in PDT, in tumor tissue, the increase in their molecular size via conjugation with inert carrier could be used. For example, upon intravenous introduction of fullerene  $C_{60}$ -polyethylene glycol (PEG) conjugate to mice it has been shown that this conjugate was accumulated in tumor tissue in large amount and was retained longer than in healthy tissue. This conjugate was not accumulated in other organs. The histology has proved that administration of irradiated  $C_{60}$ -PEG conjugate is causing notable necrosis of tumor without affecting healthy tissues (Tabata and Ikada, 1999).

So, fullerenes  $C_{60}$  and their derivatives may be potential damaging agents of biologic systems upon PDT, because upon irradiation  $C_{60}$  molecule is able to generate singlet oxygen, selectively penetrate tumor cells, and be accumulated there and could be easily removed from biologic medium.

Low affinity to polar solvents and fullerenes aggregation in water limit their use in biologic systems. To increase water solubility of fullerenes, few ways are used: solubilization with the use of some water-soluble polymers like PDT or polyvinilpyrrolidone, generation of complexes with cyclodextrines or calixarenes, and covalent modification of surface with polar substitutes (Isaacs et al., 1997; Yamakoshi et al., 1994; Yoshida et al., 1994). However, the presence of large functional groups protecting spheroid of fullerene from water as well and numerous substitutes on its surface are influencing the properties of the molecule and may decrease its photosensitizing potential as well as ability to interact with biologic molecules (Da Ros et al., 2001).

For optimization of introduction of fullerenes in aqueous medium, prevention of aggregation, elevation of contact area, and for providing equable placement and specific interaction of fullerenes  $C_{60}$  in the zone of contact with biologic material, we have carried out immobilization of  $C_{60}$  molecules on the spheric particles of silicon oxide – aerosyl (the mean diameter of about 9nm), which is a highly dispersed chemically inert material with hydrophilic surface (Chuyiko, 2003). Generation of such composites is a perspective approach, because their content could be enriched by introduction of different components, in particular, the structures able to entrap light (porphyrines and anthracenal) and elevate photosensitizing effect of fullerenes.

The other way to introduce fullerenes  $C_{60}$  to biomedium, that we have used, was based on the transfer of these molecules from organic solvent (e.g., toluene) to the water using ultrasound sonication (Scharff et al., 2004).

The aim of the work was evaluation of the ability of photoexcited fullerene  $C_{60}$  and synthesized fullerene  $C_{60}$ -containing composites to generate reactive oxygen species (ROS) and to perform comparative analysis of the state of the cells of two types (normal ones – thymocytes, and malignant ones – the cells of ascite Erlich carcinoma [EAC] and leucosis L1210) by such indexes as viability, content of LPO products, MTT test, and DNA fragmentation upon incubation in the presence of photoexcited fullerene  $C_{60}$ .

#### 6.2 Materials and Methods

Thymocytes were obtained by grinding thymus of rats of Wistar line weighing 120–150g through nylon lattice in the buffer A (3 mM Na<sub>2</sub>HPO<sub>4</sub>, 5 mM KCl, 120 mM NaCl, 1 mM CaCl<sub>2</sub>, 10 mM glucose, 1 mM MgSO<sub>4</sub>, 4 mM NaHCO<sub>3</sub>, 10 mM HEPES, pH 7.4). Malignantly transformed cells were obtained at days 8–12 after intraperitoneal transplantation of ascitic Erlich's carcinoma cells to inbred mice (weighing 20 g), and leucosis L1210 cells – to hybrid mice of F<sub>1</sub> line (DBA2 × C57Bl/6). Animals were maintained on the standard chow diet.

Water colloid solutions of fullerenes  $C_{60}$  (10<sup>-4</sup> M) were prepared as described in Scharff et al. (2004). Fullerene-aminopropylaerosyl (fullerene  $C_{60}$ -composite-1) was synthesized (Golub et al., 2003) by the introduction of aminopropyl chains oriented ad extra by amine groups (0.9 mM/g), to the surface layer of silicon dioxide nanoparticles that were bound to fullerene  $C_{60}$  (0.12 mM/g) (Fig. 6.1). Fullereneanthracenaliminopropylaerosyl (fullerene  $C_{60}$ -composite-2) was composed also from anthracenalimine (0.2 mM/g) that was introduced via azomethine condensation of aldehyde group of anthracenal with surface amino group.

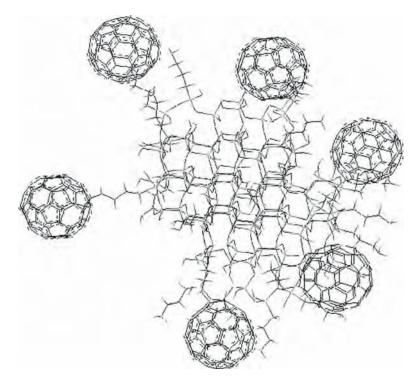


Fig. 6.1 Molecular model of C<sub>60</sub> fullereneaminopropylaerosyl

Registration of ROS was carried out by electron paramagnetic resonance (EPR) technique using spin trap 1-hydroxy-2,2,6,6-tetramethyl-piperidine-4-OH ( $2 \times 10^{-3}$  M). EPR spectra in the samples were registered at room temperature in quartz cuvette with the volume of  $200 \,\mu$ l (Burlaka et al., 1994).

The cells  $(1-3 \times 10^6 \text{ cells/ml})$  were incubated for 24h at 37 °C in RPMI 1640 medium supplemented with 8 mM NaHCO<sub>3</sub>, 20 mM HEPES, 5% FCS, 10µg streptomycin, and 10 U/ml penicillin without agents or in the presence of fullerenes C<sub>60</sub>. The number of viable cells was counted in hemocytometer using 0.4% solution of trypan blue.

After addition of solutions of fullerenes  $C_{60}$  or fullerene  $C_{60}$ -containing composites to the cell medium, the concentration of silicon dioxide was 0.02%, and that of fullerenes  $C_{60} - 10^{-5}$  M. Samples were placed in a glass tube and irradiated for 2 min by mercury-vapor lamp (power 24 W) at the distance of 5 cm.

The content of the products of lipid peroxidation (LPO) was determined after 1 h of incubation of the cells in a buffer A at 37 °C. Aliquot of cell suspension (100µg protein) was treated with heptane/isopropyl alcohol mixture at the ratio of 1:1. The content of Schiff bases in heptane phase was analyzed on fluorimeter RF-510, Shimadzu (Japan) at  $\lambda_{exit} = 360$  nm and  $\lambda_{emis} = 420$  nm (Kolesova et al., 1984). The content of diene conjugates was determined by spectrophotometry (Gavrilov et al., 1988) at the wavelength of  $\lambda = 245$  nm using spectrophotometer Scinco (Germany).

The content of low-molecular weight DNA fragments – polydesoxyribonucleotides (PDN) – in the cells after 5 and 20h of incubation in the presence or absence of fullerenes  $C_{60}$  was evaluated after treatment with lyzing buffer (10mM EDTA, 10mM Tris-HCl (pH 7.4), 0.5% Triton X-100), and centrifugation (15,000 g, 20 min). PDN content in supernatant was determined using reaction with diphenylamine (Burton, 1956).

Reaction with MTT (3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide, "Sigma") was carried out in 96-well plate at 37 °C in thermostat (Carmichael et al., 1987). The cells were incubated for 0.5, 2, and 5 h in RPMI 1640 medium in the presence or absence of fullerenes  $C_{60}$  samples, then MTT was added, and incubation continued for 2 h. The content of generated formazane was evaluated by spectrophotometry at the wavelength of  $\lambda = 570$  nm at the digital spectrophotometer IFCO-2 (ABOTEK, Russia).

Statistical analysis of the results was performed using applied program "Microsoft Excel 98".

#### 6.3 **Results and Discussion**

Biologic effects of non-excited fullerenes  $C_{60}$ , that are revealed at the concentration range lower than  $10^{-4}$  M, are mostly positive, but depend on the type of cells and the way of modification of fullerene  $C_{60}$  (Yamakoshi et al., 1994). As we have shown earlier, upon the presence of  $10^{-6}$  M fullerenes  $C_{60}$  in incubation medium, resistance of erythrocytes to hemolysis is not altered, whilst at the concentration of  $10^{-5}$  M fullerenes  $C_{60}$  the hemolysis rate is accelerated. Hemolytic effect was not revealed if fullerene  $C_{60}$  at the concentration of  $10^{-5}$  M was introduced to the content of aminopropylaerosyl (i.e., upon the presence of fullerene  $C_{60}$ -composite-1). Cytotoxic influence was not found if thymocytes and EAC cells were incubated with fullerenes  $C_{60}$  ( $10^{-5}$  M) or fullerene  $C_{60}$ -containing composites for 24 h (Prylutska et al., 2006). That is why the study of the influence of irradiation on biologic activity of fullerenes  $C_{60}$  was carried out at their concentration of  $10^{-5}$  M.

It is known that fullerene  $C_{60}$  molecule maximally absorbs light at the range of  $\lambda = 220-345$  nm, and is low at  $\lambda = 450$  nm (Scharff et al., 2004). The rate of ROS generation upon irradiation of fullerenes  $C_{60}$  with visible light that deeper penetrates tissues and possesses lower damaging effect compared to ultraviolet is studied insufficiently. That is why we have studied the effects of fullerene  $C_{60}$  and fullerene  $C_{60}$ -containing composites irradiated in the range of  $\lambda = 320-580$  nm.

After irradiation of fullerenes  $C_{60}$  in the cell medium, ROS production has been detected, and this index increased as follow: fullerene  $C_{60}$  < fullerene  $C_{60}$ -composite-1 < fullerene  $C_{60}$ -composite-2. As one may see from the data presented in Table 6.1, the rate of ROS generation elevated nearly twice after absorption of light in predetermined range by fullerenes  $C_{60}$ , if fullerene  $C_{60}$  was bound to the surface of aminopropylaerosyl, and threefold, if anthracenal that absorbs at  $\lambda = 357$  nm was introduced to the content of composite.

Experimental conditions	nmole ROS/ min.10 <sup>6</sup> cells	Viability cells in 24 h incubation (%) (M $\pm$ m, $n = 7$ )
Samples of fullerenes		$(70)$ ( $101 \pm 111$ , $11 - 7$ )
C <sub>60</sub>	$2.9 \pm 0.2$	
$C_{60}^{60}$ -composites-1	$6.3 \pm 0.2$	
$C_{60}$ -composites-2	$11.0 \pm 0.4$	
Suspension of thymocytes	$2.3 \pm 0.2$	$97 \pm 6$
+C <sub>60</sub>	$4.3 \pm 0.3$	$100 \pm 3$
$+C_{60}^{60}$ -composite-1	$5.4 \pm 0.3$	$90 \pm 5$
$+C_{60}^{60}$ -composite-2	$7.8 \pm 0.4$	$88 \pm 3$
Suspension of ascitic		
Erlich's carcinoma cells	$1.4 \pm 0.1$	$100 \pm 5$
+C <sub>60</sub>	$3.0 \pm 0.2$	$80 \pm 6$
$+C_{60}^{00}$ -composite-1	$6.1 \pm 0.4$	$71 \pm 5^{*}$
$+C_{60}^{00}$ -composite-2	$7.2 \pm 0.2$	$66 \pm 7^{*}$
Suspension of leucosis		
L1210 cells	$1.2 \pm 0.1$	$98.0 \pm 2.0$
$+10^{-5}M C_{60}$	$2.6 \pm 0.2$	$88.0 \pm 3.0$
C <sub>60</sub> -composite-1	$5.5\pm0.6^{*}$	$77.0 \pm 6.0*$
C <sub>60</sub> -composite-1	$6.7 \pm 0.7^{*}$	$71.0 \pm 4.0*$

 Table 6.1
 The rate of generation of reactive oxygen species (ROS) and cell viability after irradiation of samples of fullerenes in incubation medium

\* $P \le 0.05$  compared to the control.

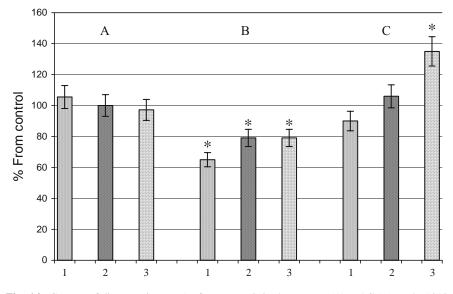
Upon the absence of fullerenes  $C_{60}$ , insignificant level of ROS generation in the suspensions of thymocytes, EAC, and L1210 cells has been registered (Table 6.1). After irradiation of fullerenes  $C_{60}$  in the cell suspension, elevation of ROS generation rate was observed, but by absolute value the indexes were lower than it could be expected accounting the mentioned data on the rate of ROS generation in water solutions. Certainly, it may be explained by the fact that viscosity of cell suspension is higher than that of water solutions, thus determining the period of existence of fullerenes  $C_{60}$  in triplet state (Irie et al., 1996). Upon the presence of photoexcited fullerene  $C_{60}$ , the rate of ROS generation in the suspensions of thymocytes, EAC, and L1210 cells increased equally – twice compared to the control. After irradiation of fullerene  $C_{60}$ -composite-1 and fullerene  $C_{60}$ -composite-2 in the cell medium, the rate of ROS generation increases by 2.3- and threefold in the suspension of thymocytes, and by 4.4- and 5.1-fold in the suspensions of tumor cells, respectively. The higher effect in both cases was observed for fullerene  $C_{60}$ -composite-2 that contains anthracenal.

The influence of photoexcited fullerene  $C_{60}$  on viability of thymocytes, EAC, and L1210 cells was studied after 24h of incubation, considering the content of viable cells at incubation as 100% (Table 6.1). After irradiation of fullerenes  $C_{60}$  in the cell medium, significant decrease in the content of viable cells in the suspension of thymocytes was not registered, whilst the number of viable malignant cells decreased. Upon the presence of photoexcited fullerene  $C_{60}$  in incubation medium, the number of viable EAC cells decreased by 20%, and L1210 by 12%, while in the

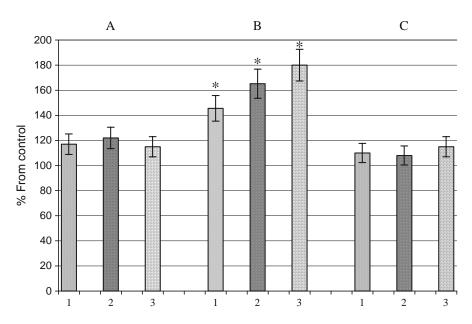
presence of photoexcited fullerene C<sub>60</sub>-composite-1 by 29% and 23%, respectively, and photoexcited fullerene C<sub>60</sub>-composite-2 by 34% and 29%, respectively compared to the samples without addition of fullerenes C<sub>60</sub>.

Taking into account that ROS produced by irradiated fullerenes  $C_{60}$  may act only in the radius of their short diffusion existence, one may suppose that cytotoxic effect is determined by the interaction of fullerene  $C_{60}$  with the surface of cells and initiation of chain reactions of free radical peroxidation in membranes. That is why the influence of photoexcited fullerene  $C_{60}$  on the course of LPO process was studied and evaluated by the content of generated primary (diene conjugates) and final (Schiff bases) products. The content of diene conjugates in thymocytes was 17.7 ± 4.2, in EAC cells was 21.1 ± 1.3, and in L1210 was 12.8 ± 3.1 nM/mg protein, and Schiff bases  $-56 \pm 7.9$ ,  $46.5 \pm 4.5$ , and  $36.6 \pm 4.6$  rel. units/mg protein, respectively, and did not alter during 1 h incubation of the cells.

In the case of photoexcited fullerenes  $C_{60}$  and fullerene  $C_{60}$ -containing composites in incubation medium of thymocytes, the indexes of LPO did not alter compared to the control too (Fig. 6.2A). Upon incubation of EAC cells in the presence of photoexcited samples of fullerenes, the decrease in the content of diene conjugates by 35% in the presence of fullerene  $C_{60}$  and by 20% in the presence of fullerene  $C_{60}$ -composite-1 and fullerene  $C_{60}$ -composite-2 was observed (Fig. 6.2B). The presence of photoexcited samples of fullerenes in the suspension of L1210 cells influenced LPO indexes only in the presence of fullerene  $C_{60}$ -composite-2, when the content of diene conjugates increased by 35% (Fig 6.2C).



**Fig. 6.2** Content of diene conjugates (% from control) in thymocytes (A), EAC (B), and L1210 cells (C) after 1 h of incubation in the presence of photoexcited samples of fullerenes (1 – fullerene  $C_{60}$ , 2 –  $C_{60}$ -composite-1, 3 –  $C_{60}$ -composite-2). \* $P \le 0.05$  compared to the control



**Fig. 6.3** Content of Schiff bases (% from control) in thymocytes (A), EAC (B), and L1210 cells (C) after 1 h of incubation in the presence of photoexcited samples of fullerenes (1 – fullerene  $C_{60}$ , 2 –  $C_{60}$ -composite-1, 3 –  $C_{60}$ -composite-2). \**P* ≤ 0.05 compared to the control

Upon the presence of the fullerenes  $C_{60}$  in incubation medium of thymocytes and L1210 cells, the content of Schiff bases did not alter compared to the control (Fig. 6.3A, C – 1, 2, 3).

However, upon incubation of EAC cells in the presence of photoexcited samples of fullerenes the increase in the content of Schiff bases was observed by 46% in the presence of photoexcited fullerene  $C_{_{60}}$ , by 65% – in the presence of photoexcited fullerene C $_{_{60}}$ -composite-1, and by 80% – in the presence of photoexcited fullerene  $C_{_{60}}$ -composite-2 (Fig. 6.3B).

Simultaneous decrease in the content of diene conjugates and increase in the content of Schiff bases evidence the quick shift of pro-/antioxidant equilibrium, generation of reactive radicals, and damage of cell membranes in EAC cells, because Schiff bases, generated as a consequence of interaction of malonic dialdehyde with aminogroups of phospholipids and proteins, are highly reactive compounds causing polycondensation of molecules and formation of intermolecular bonds.

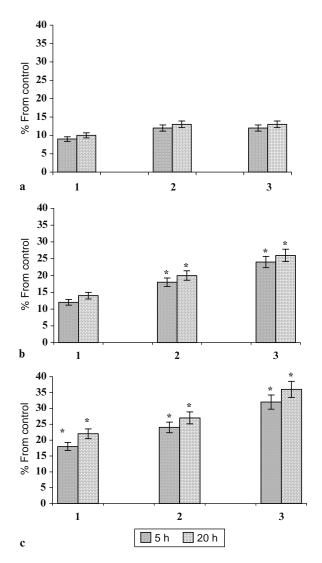
It has been shown that the influence of photoexcited fullerene  $C_{_{60}}$  on the processes of free-radical oxidation depends on the type of the cell and on the composition of composite. So, in thymocytes in the presence of photoexcited fullerene  $C_{_{60}}$  as well as fullerene  $C_{_{60}}$ -containing composites, the content of primary and final LPO products did not alter compared to the control. In malignant cells the intensification of LPO processes was registered, and its level depends on the type of cells. So, in thymocytes in the presence of photoexcited fullerene  $C_{_{60}}$  in suspension of EAC cells the decrease in the content of diene conjugates simultaneously with the increase in the final LPO products – Schiff bases – was observed. Pro-oxidant effect was more pronounced upon the use of photoexcited fullerene  $C_{60}$ -composite-2. In the presence of photoexcited fullerene  $C_{60}$  composite-2 in L1210 cells the increase in the content of primary LPO products was registered, but the increase in the content of final LPO products was not detected.

Literature data on cytotoxic effects of photoexcited fullerene  $C_{_{60}}$  are controversial. In the studies on transformed B-lymphocytes of Raji line, phototoxic action of water-soluble carboxy- $C_{_{60}}$  was not revealed even upon its concentration of  $5 \times 10^{-5}$  M (Irie et al., 1996). In the study (Kamat et al., 2000) damaging effect of fullerenes  $C_{_{60}}$  in dependence on intensity of irradiation toward CHO cells has been demonstrated. Using microsomal fraction of rat liver that was treated with  $C_{_{60}}$ -cyclodextrin complex, it was shown that already in 5–30 min after UV-irradiation the accumulation of LPO products occurs that is suppressed by antioxidants like ascorbic acid and  $\alpha$ -tocopherol. Similar effect of fullerenes  $C_{_{60}}$  has been revealed in microsomal fraction of the cells of ascitic sarcoma 180 (Kamat et al., 2000).

As a consequence of accelerated generation of oxygen-containing radicals and intensification of LPO reactions the alteration of the structural state of DNA may appear. To perform quantitative biochemical evaluation of the state of DNA of thymocytes, EAC, and L1210 cells upon the presence of photoexcited fullerene  $C_{60}$ , the content of the products of DNA degradation - low-molecular weight polydesoxyribonucleotides (PDN) after 5 and 20h of incubation – has been analyzed. The portion of degraded DNA in the control cells after 5 and 20h of incubation in the thymocytes is composed of  $8 \pm 2$  and  $10 \pm 2\%$ , correspondingly, in the EAC cells  $-5 \pm 1$  and  $8 \pm 1\%$ , correspondingly, in L1210 cells  $-5 \pm 1$  and  $7 \pm 1\%$ , correspondingly, from the general DNA content. It turned out that the thymocytes are characterized by the high degree of DNA degradation in comparison with the tumor cells. This effect can be explained by the fact that the thymocytes are the incompletely differentiated cells with the unstable genome and possess the low activity of the reparation systems of the single-stranded breaks of DNA. The level of PDN generated upon incubation of cells in the absence of C<sub>60</sub> fullerenes (control) was considered as 100%.

Upon 20h of incubation of thymocyte suspension in the presence of photoexcited fullerene  $C_{60}$ , the part of the degraded DNA increased insignificantly. As one may see from Fig. 6.4a, upon the presence of fullerenes  $C_{60}$ , the content of PDN increased by 10%, fullerene  $C_{60}$ -composite-1 by 14%, and fullerene  $C_{60}$ -composite-2 by 13% compared to the control.

Irradiation of fullerene  $C_{60}$ -containing composites (1 and 2) in the suspension of L1210 cells caused more significant damage of the structural state of DNA compared to that in thymocytes, while fullerene  $C_{60}$  did not affect this index in L1210 cells, also. Upon 5 h of incubation of L1210 cells in the presence of photoexcited fullerene  $C_{60}$ , the content of PDN increased by 12% in the presence of fullerene  $C_{60}$  by 18% in the presence of fullerene  $C_{60}$ -composite-1, and by 24% in the presence of fullerene c fullerene  $C_{60}$ -composite-2 compared to the control. During 20 h of incubation of L1210 cells, insignificant increase in the content of generated PDN was observed: by 14% in the presence of fullerene  $C_{60}$ , by 20% in the presence of fullerene



**Fig. 6.4** DNA fragmentation (% from control) in thymocytes (a), L1210 (b), and EAC cells (c) incubated for 5 and 20h in the presence of photoexcited samples of fullerenes  $(1 - \text{fullerene } C_{60}; 2 - C_{60}\text{-composite-1}; 3 - C_{60}\text{-composite-2}). *P \le 0.05$  compared to the control

 $C_{60}$ -composite-1, and by 26% in the presence of fullerene  $C_{60}$ -composite-2 compared to suspension of L1210 cells incubated without addition of the samples of fullerenes (Fig. 6.4b).

The most intense alteration of the structural state of DNA in the presence of photoexcited fullerene  $C_{_{60}}$  was observed in EAC cells. As one may see from Fig. 6.4c, during 5h the increase in the content of DNA degradation products was observed:

by 18% in the presence of fullerenes  $C_{_{60}}$ , by 24% in the presence of fullerene  $C_{_{60}}$ -composite-1, and by 32% in the presence of fullerene  $C_{_{60}}$ -composite-2 compared to the cells without samples of fullerenes. In the case of 20h of incubation of EAC cells in the presence of photoexcited fullerene  $C_{_{60}}$  the accumulation of DNA degradation products continued to rise: in the presence of fullerenes  $C_{_{60}}$  by 22%, fullerene  $C_{_{60}}$ -composite-1 by 27%, and fullerene  $C_{_{60}}$ -composite-2 by 36% compared to the cells without addition of the samples of fullerenes.

Thus, photoexcited samples of fullerenes are able to promote degradation of DNA and accumulation of low-molecular weight DNA fragments in L1210 and EAC cells already after 5h of incubation, but more intense DNA damage is observed upon the presence of  $C_{60}$ -containing composites, evidencing the promotion of damaging effects of fullerenes  $C_{60}$  due to introduction of anthracenal to the content of composite.

From the literature reports it is known that some derivatives of fullerenes  $C_{60}$  upon light irradiation are able to alter the structural state of DNA (Samal and Geckeler, 2001). There are the data on specific damage of DNA structure by guanine by irradiated derivatives of fullerenes, and on electron transfer from guanosine to photoexited fullerene  $C_{60}$  derivative that occurs with the involvement of singlet oxygen. For example, fullerene  $C_{60}$ , solubilized in polyvinylpyrrolidone, upon irradiation caused damage of DNA with the formation of 8-OH-dG (Boutorine et al., 1994). Photoexcited  $C_{60}$ -PEG conjugate damaged DNA structure in  $C_8$  position of guanine (Chi et al., 2002).

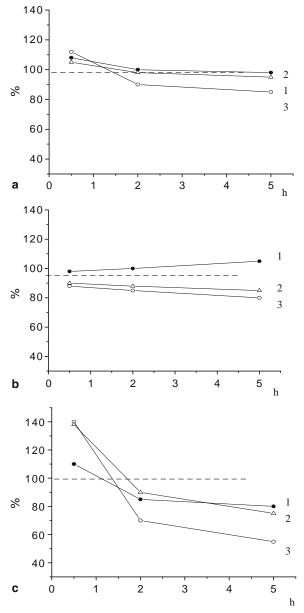
It is proposed that the cleavage of oligonucleotides occurs as a consequence of photoexcitation of fullerene  $C_{60}$  via its transfer in triplet state  ${}^{3}C_{60}$  and generation of singlet oxygen  ${}^{1}O_{2}$ , which interacts with oligonucleotide. However, apart from oxygen, acceptors of electrons may also be aromatic rings of tertiary amines, including those of guanine in the content of nucleotide chain (Tokuyama et al., 1993).

For evaluation of influence of the samples of fullerenes  $C_{60}$  on total metabolic state of thymocytes, EAC, and L1210 cells we have used MTT test based on the reduction of MTT by reductase system that consists, in particular, of mitochondrial succinatedehydrogenase.

From the data of literature it is known that water-soluble derivatives of fullereness are able to be localized in mitochondria and influence their state as well as enzyme system (Foley et al., 2002). Such intracellular localization of fullerenes  $C_{60}$  could explain biologic effects under irradiation, because generation of free oxygen radicals in the cells occurs during emission of electrons from electron-transport chain of mitochondria.

The rate of MTT reduction was determined adding the agent to cell incubation medium on 0.5, 2, and 5 h after irradiation of samples. In the case of non-irradiation of fullerenes  $C_{60}$  in incubation medium, the indexes of total metabolic state of thymocytes, EAC, and L1210 cells did not alter compared to the control.

As one may see from the data presented in Fig. 6.5a, upon the presence of photoexcited samples of fullerenes in incubation medium of thymocytes, no significant changes in the rate of MTT reduction were observed during 5h. Upon the presence of photoexcited fullerene  $C_{60}$  in incubation medium of suspension of L1210 cells,



**Fig. 6.5** Dependence of the level of MTT reduction (% from control) in thymocytes (a), L1210 (b), and EAC cells (c) incubated in the presence of photoexcited samples of fullerenes (1 – fullerene  $C_{60}$ ; 2 –  $C_{60}$ -composite-1; 3 –  $C_{60}$ -composite-2).  $P \le 0.05$  compared to the control

no change in the rate of MTT reduction during 5 h of incubation was revealed (Fig. 6.5b, curve 1). But in the case of incubation of L1210 cells in the presence of fullerene-containing composites insignificant decrease in the rate of MTT reduction was observed already during the early stage of incubation (0.5 h) (in the presence of fullerene C<sub>60</sub>-composite-1 and 2 by 10%) (Fig. 6.5b, curves 2, 3) that further continued to decrease. During 5 h of incubation of L1210 cells in the presence of fullerene-containing composites-1 and 2 the rate of MTT reduction decreased by 18% and 20%, respectively compared to the control. So, during 5 h of incubation irradiated samples of fullerene C<sub>60</sub>-containing composites decrease the rate of MTT reduction in L1210 cells.

As one may see from the data presented in Fig. 6.5c, in the case of 0.5h incubation of EAC cells elevation of the rate of MTT reduction was observed upon the presence of fullerenes  $C_{60}$  by 10%, fullerene  $C_{60}$ -composite-1 by 38%, and fullerene  $C_{60}$ -composite-2 by 40% compared to the control. After 2h of incubation of EAC cells after irradiation of samples, the rate of MTT reduction decreased (in the presence of fullerenes  $C_{60}$  by 15%, fullerene  $C_{60}$ -composite-1 by 10%, and  $C_{60}$ -composite-2 by 25% compared to the control). In the case of 5h of incubation of EAC cells after irradiation of samples, the rate of MTT reduction decreased at higher degree (in the presence of fullerenes  $C_{60}$  by 12%, fullerene  $C_{60}$ -composite-1 by 20%, and fullerene C60-composite-2 by 42% compared to the control). One should pay attention to the fact that the rate of MTT reduction markedly elevated at early period after irradiation of fullerene C60-containing composites in the culture medium (by 38% and 40% compared to the control). Such effect could be determined by elevation of electron-transport activity of fullerene  $C_{_{60}}$  after irradiation. There are the data showing that fullerene C60 accelerates electron transfer from oxidized compounds, in particular, from such physiologic substrate as NADH (Yamakoshi et al., 1994), thus influencing the rate of redox processes. At this moment fullerene  $C_{60}$ transforms to anion radical  $C_{60}^{-}$ , that in turn transfer electrons to molecular oxygen with generation of superoxide anion O., In the case of large production of superoxide its toxic effect may be exerted, what is supported by the data on the fall of the rate of MTT reduction along with the increase in the period of incubation of EAC cells with irradiated composites. It is known that mitochondria are most sensitive to the action of superoxide radicals, where upon the development of oxidative stress the destruction of the barrier function of membranes and the damage of respiratory chain are taking place (Vladimirov, 2002). Lipophylic nature of fullerene C<sub>60</sub> promotes its penetration in membrane structures. For example, using fluorescent probes (erythrosine and pyrene) incorporated in bilayer of phosphatydilcholine liposomes, it has been shown that upon interaction of membranes of liposome the complex of C60-polyvinilpyrrolidone is broken, and fullerene C60 penetrates the membrane. During this process, the polymeric matrix remains outside, whilst fullerene C60 diffuses in membrane. The study of subcellular distribution of watersoluble derivative of fullerene C61(COOH), by the method of fluorescent microscopy using monoclonal antibodies against fullerene C<sub>60</sub> and labeled <sup>14</sup>C analog has shown that this compound may penetrate plasma membrane and enter the cells where it is bound mainly by mitochondria (Foley et al., 2002).

#### 6.4 Conclusion

So, in this work it has been shown that after irradiation of  $10^{-5}$  M fullerene  $C_{_{60}}$  and fullerene  $C_{_{60}}$ -containing composites ( $\lambda = 320-580$  nm) in aqueous solutions and cell suspensions, the generation of reactive oxygen species is observed, and the rate of their generation increases in the case of introduction of fullerenes  $C_{_{60}}$  to the content of aminopropylaerosyl and anthracenaliminopropylaerosyl.

It has been shown that the influence of photoexcited fullerene  $C_{_{60}}$  on the indexes of metabolic processes depends on the type of the cells and on the content of composite. The specificity of the effects of photoexcited fullerene  $C_{_{60}}$ -containing composites is not observed in normal cells (thymocytes), but appear in malignantly transformed cells – Erlich ascite carcinoma (breast cancer) and L1210 (leucosis). It is shown that photoexcited fullerene  $C_{_{60}}$ -containing composites decrease viability of transformed cells, intensify the process of lipid peroxidation in cell membranes and accumulation of low-molecular weight DNA fragments, and decrease the activity of electron-transport chain of mitochondria. The presented data point out the possibility of application of fullerene  $C_{_{60}}$ -containing composites for photodynamic therapy.

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# Chapter 7 Biological Effects in Cell Cultures of Fullerene C<sub>60</sub>: Dependence on Aggregation State

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**Abstract** The mechanisms of biological action of various fullerene preparations – water-soluble  $C_{60}$ /polyvinylpyrrolidone ( $C_{60}$ /PVP) complex and solid-state pristine fullerene  $C_{60}$  (fullerene on the surfaces [FoS]), in cell-free system and in different cell cultures were studied. In the cell-free system the  $C_{60}$ /PVP complex showed the pro-oxidant activity. On the other hand, FoS in the darkness proved to be antioxidant (AO) and was nontoxic for different cell lines. But under visible-light illumination cell viability dropped in time- and light-dose-dependent way. Moreover, photodynamic damage of cells of tumor origin was greater than normal. The effect of illumination was reversed by some antioxidants. Therefore, redox properties in cell-free system and biological activity of pristine fullerene *in vitro*, in particular, photoxicity, depend on its aggregation state.

**Keywords** pristine fullerene,  $C_{60}$ /PVP complex, cell culture, antioxidant, prooxidant

# 7.1 Introduction

Fullerenes are very attractive compounds not the least extent because of their aesthetics beauty (Hoffmann, 2003). At first sight, it seems that the structure of their molecules, which are geodesic, is nonbiological and is the play of human imagination. Nevertheless, their size, physical, and chemical properties make them real candidates for lead compounds in drug design. Biological activity of fullerenes is determined by their physical and chemical properties: under illumination they can manifest the oxidant properties though in the darkness they can be active antioxidants because of their capacity to scavenge free radicals. One also should take into consideration high lipophilic properties of fullerenes, which determine their capacity to interact with biological membranes (Piotrovsky, 2006).

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Therefore, the interest in the investigations of the biological activity of fullerenes appeared practically after they became available in real amounts (Kratschmer et al., 1990). The first works for the use of fullerene  $C_{60}$  in medicinal chemistry appeared as early as in 1993 (Tokuyama et al., 1993; Sijbesma et al., 1993). These quickly developing studies were brought out in many reviews devoted to the investigations of the fullerenes biological activity (Jensen et al., 1996; Da Ros and Prato, 1999; Bosi et al., 2003; Bianco et al., 2001; Da Ros et al., 2001). However, owing to the well-known insolubility of fullerenes in polar media, most parts of these works were done using water-soluble derivatives of fullerenes, mostly fullerene C60. It should be mentioned that sometimes the literature data on biological properties obtained with the application of functionalized derivatives of fullerene C<sub>60</sub> were transferred on the pristine fullerene itself. The brightest example could be the wellknown paper (Foley et al., 2002), which is often cited as a study where a cellular distribution of C60 is described. However, this work is dedicated to the study of distribution of fullerenemalonic acid C<sub>60</sub>C(COOH)<sub>2</sub> and it is quite evident that the penetration of the acid and a neutral compound, as well as their distribution inside the cells will not be identical.

However, from the theoretical point of view it is necessary at first to clear up the properties of the parent compound. These data would help to elucidate the role of fullerene core itself and the input of substituents into different biological properties, which in turn can help to plan the design of new biologically active compounds of these series in a more rational way.

It should be emphasized that mankind has come and still comes into contact with fullerene in everyday life. Pristine fullerene  $C_{60}$  itself can be found in our environment, e.g., in the soot produced by free burning of hydrocarbons like benzene and cyclohexane, as well as in charcoal, though in very small amounts (Shibuya et al., 1999) and in "the kitchen" (in natural gas combustion streams) (Bang et al., 2004; Murr and Soto, 2005). The impact of these natural sources is rather negligible though with the growth of production of fullerenes it could lead to much more serious environment pollution and be (or could not?) of a hazard to some extent.

Another problem, which makes the studies of fullerenes and their functionalized derivatives properties complicated is their high ability to aggregation. The fullerene core strive to self-aggregation is so great that even functionalized derivatives of fullerene  $C_{60}$ , with charged groups as well as bisfullerene derivatives of calyx[4]arene aggregate (Guldi et al., 2005; Ikeda et al., 2006). Aggregation notably influences photophysical and chemical properties of fullerene core (Guldi et al., 1995; Guldi, 1997).

Needless to say, the abovementioned is important while considering biological properties in physiological media. In case of pristine fullerene the aggregation can be compared with the introduction of substituents by decreasing the accessible surface square (Guldi and Asmus, 1999; Prat et al., 1999; Cheng et al., 2000). However, there is a different and important one, as the introduction of substituent in the fullerene core is irreversible, while the aggregation is reversible (unfortunately frequently not obvious). It is also important for biological properties studies that the distribution of aggregates and monomer molecules in biological systems can differ to a great extent.

On the other hand, the sample standardization is one of the main demands considered in biological studies. In case of pristine fullerene various preparations are used; these are the complexes with low-weight organic compounds and polymers (Piotrovsky, 2006), water suspensions (Moussa et al., 1995; Chiron et al., 2000), and water colloidal dispersions (nano $C_{60}$ ) prepared by various methods (Scrivens et al., 1994; Andrievsky et al., 1995; Deguchi et al., 2001; Brant et al., 2006). Thus, the biological activity of one compound (pristine fullerene  $C_{60}$ ) is examined in conditions, which cannot be compared. Probably, this is the reason why the literature data for biological activity of  $C_{60}$  are quite various.

Practically, all works on toxicity (or nontoxicity) of pristine fullerene have been carried out using nanoC<sub>60</sub>. But this is only one of the possible forms with which fullerene C<sub>60</sub> can be introduced into biological systems. The specific qualities of nanoC<sub>60</sub> here are not only that the hydrated are negatively charged, but they became hydrophilic (Brant et al., 2005a, b, 2006).<sup>1</sup> Secondly, the most important thing is that the clusters are not stable at the physiological values of ionic power – they destroyed forming "usual" crystalline fullerene. Consequently, the effects of nanoC<sub>60</sub> and crystalline fullerene can be the same. Thus, while investigating the biological properties of pristine fullerene everything can be principally brought to two types of preparations: crystalline form or water-soluble supramolecular complexes with low-weight organic compounds or polymers. In the first case, the high degree of association of fullerene molecules is obvious, while in the case of complexes "monomer" molecules or low associated clusters of fullerene C<sub>60</sub> can interact with biological objects.

One of the examples of the complex containing isolated molecules of fullerene is the complex of fullerene  $C_{60}$  with  $\gamma$ -cyclodextrin ( $C_{60}/\gamma$ -CD) (Andersson et al., 1992; Buvari-Barcza et al., 2001; Braun, 1997). As we know, this inclusion complex is a rare example when it was undoubtedly shown that fullerene molecule is in an isolated nonaggregated state. Therefore, the fullerene molecules can transfer into other media, because the intermolecular forces, stabilizing this complex, are weak. For example, lipid-membrane-incorporated fullerenes (LMIC<sub>x</sub>) can be easily prepared by mixing of the solution of  $C_{60}/\gamma$ -CDx complexes with liposomes (Ikeda et al., 2005, 2007), and incubating native bovine serum albumin (BSA) with  $C_{60}/\gamma$ -CD<sub>2</sub> complex at a physiological pH range resulted in the formation of a water-soluble BSA– $C_{60}$  hybrid (Belgorodsky et al., 2006). These data point out the peculiar behavior of the isolated molecules of fullerene in biological systems.

This is the reason why in our investigation we studied the influence of pristine fullerene  $C_{60}$  to different biological objects in order to evaluate, first of all, the general biological properties of pristine fullerene (Kiselev et al., 1998a, b; Sushko et al., 1999; Piotrovsky et al., 2000; Podol'skii et al., 2002; Podolski

<sup>&</sup>lt;sup>1</sup>Moreover, some samples of nano $C_{60}$  can contain the organic solvents or product of their degradation, capable of revealing pronounced toxic action (Oberdörster 2004; Fortner et al. 2005; Henry et al. 2007).

et al., 2004; Piotrovsky and Kiselev, 2004; Piotrovsky, 2006). Previously, we have shown that water-soluble preparations of pristine fullerene, namely  $C_{60}$ /polyvinylpyrrolidone ( $C_{60}$ /PVP) complex and molecular-colloidal water solutions of  $C_{60}$ , prepared accordingly (Andrievsky et al., 1995), exhibit virucidal activity due to different mechanisms:  $C_{60}$ /PVP complexes act mainly on the lipid component of virus membranes, while the mechanism of virucidal action of molecular-colloidal water solutions of  $C_{60}$  is mainly connected with the ability of fullerene to generate singlet oxygen under illumination. In the first case, fullerene acts as a membranotropic agent, whereas in the second case it acts as a photosensibilizator (Sirotkin et al., 2006).

To continue this investigation we studied the influence and mechanism of action of two preparations of pristine fullerene  $C_{60}$ , namely, the  $C_{60}$ /PVP complex and fullerene on the surface (FoS) on the cells in the culture.

## 7.2 C<sub>60</sub>/Polyvinylpyrrolidone Complexes

One of the examples of inclusion complexes formed by intermolecular forces is the  $C_{60}$ /PVP complex for the first time described by Yamakoshi et al. (1994). The non-covalent intermolecular nature of forces that stabilizes this complex confirms the fact that fullerene can be quantitatively extracted from its water solution by toluene.

The method of preparation of this complex is simple enough and consists of mixing of fullerene solution in toluene with solution of PVP in chloroform with the following evaporation of organic solvents and dissolution of the residue in water. It was shown that the complex formation caused the bathochromic and hypochromic shifts of the fullerene absorption bands in UV–VIS spectra (Yamakoshi et al., 1994).

The change of the spectral characteristics, as well as the fact of the dissolution of fullerene  $C_{60}$  in water with PVP itself, confirms the formation of interaction between the fullerene and PVP, most probably of a donor–acceptor type. According to the NMR <sup>13</sup>C data in D<sub>2</sub>O the electronic state of carbon atoms C<sup>(1)</sup> and C<sup>(4)</sup> of pyrrolidone cycle and C<sup>(5)</sup> of monomer unit of PVP, nearest to nitrogen atom, cardinally changes in the complex (Vinogradova et al., 1998).

In the more detailed mechanism of the formation of water-soluble fullerenecontaining system of the donor–acceptor type and their structure are studied in the work (Krakovjak et al., 2006). It has been shown that during the gradual concentrating of solutions of PVP and  $C_{60}$  in organic solvents the noncovalent intermolecular contacts are appeared and primary fullerene-containing complex ("complex 1") is formed. The origins of the intermolecular contacts that appeared in the reaction system are the donor–acceptor interactions of fullerene molecules with amide carbonyl groups of polymer units, which are confirmed by NMR data.

The water solutions of "complex 1" are not stable and other supramolecular structures are formed during the storage. The modification of the properties, including the increase of their water solutions stability can be achieved by evaporation of water solution of "complex 1" and dissolution of the residue in water. "Complex 2"

formed by this procedure contains the same quantity of fullerene cores as the initial "complex 1", and is much more stable in water.

The polymer chains of PVP in "complex 2" in comparison with chains of both the pure PVP and the PVP in "complex 1" change their functional characteristics, e.g., they bind the organic ions in water more effectively. Such changes can be caused by the structural reorganization of PVP macromolecules at the final stage of the "complex 2" formation: destroying of the elements of internal structure of PVP chains during their interaction with C<sub>60</sub> (Krakovjak et al., 2006).

In accordance with this data the methods of preparation of  $C_{60}$ /PVP complexes containing up to 3% of fullerene (Krakovjak et al., 2005b) and water-soluble  $C_{60}$ -fullerene complexes with *N*-vinylcaprolactam homopolymers and copolymers with 0.75–3.3% of  $C_{60}$ -fullerene (Krakovjak et al., 2005a) were worked out.

The most convenient method for the evaluation of fullerene molecules aggregation is the comparison of UV–VIS absorption spectra in various solvents and for Langmuir–Blodgett films (Bensasson et al., 1994). Some preliminary conclusions about the state of aggregation can be made basing only the absorption maximum of fullerene  $C_{so}$  in the region of 330–340 nm concern.

As our investigation shows, the properties of the obtained complexes depend on the PVP molecular mass. For example, at PVP with molecular mass 10,000 in the region of 330–340 nm the increase in fullerene  $C_{60}$  content results in the bathochromic shift of the absorption band from 332 (0.3%  $C_{60}$ ) to 340 nm (0.6–0.7%  $C_{60}$ ). Hypochromic shift happens as well – from ~100,000 to 50,000 M<sup>1</sup> cm<sup>-1</sup> at  $\lambda = 332$  and 340 nm correspondingly. If PVP with molecular mass 25,000 was used for complex preparation, maximum of absorption is in the region of 338– 340 nm and does not depend on the concentration (0.5–0.7%  $C_{60}$ ). In the samples with PVP 40,000 and higher in UV–VIS spectra absorption band was always found at 340 nm or more.

Thus, if mentioned above is to be taken into consideration that absorption band in the region of 330–340 nm reflects to a certain extent the degree of fullerene molecules association in solution, we can come to the conclusion that the less the PVP molecular mass and the less the fullerene contents is the more fullerene molecules are in low associated state. It is quite probable that the increase of the fullerene contents in the complex brings to the formation of adducts, where not single fullerene C<sub>60</sub> molecules are bonded with PVP but their associates. It can be one of the reasons of the observed fact of the difference of UV–VIS spectra of C<sub>60</sub>/PVP complex with PVP of different molecular mass (up to spectra crossover, which is a singular evidence that these compounds are nonidentical).

The abovementioned data show that the spectral characteristics of  $C_{60}$ /PVP complexes vary depending on the PVP molecular mass and fullerene content in the complex. Therefore, the quantitative determination of fullerene concentration in such complexes by measuring their absorbance at 336 nm without extraction (Lyon et al., 2006) can give non-reliable results. For quantitative analysis of fullerene in such complexes we used the "heterophase" and "homophase" methods, based on destruction and isolation of pure fullerene C<sub>60</sub> (Krakovjak et al., 2006). The choice of the method was determined by fullerene concentration – at concentration less

than 0.5% the "heterophase" method was used, while at concentration more than 0.5% the "homophase" method was convenient.

In order to prepare the complexes with low association of fullerene molecules it is necessary to start with diluted solutions of  $C_{60}$  (in toluene) and PVP (in CHCl<sub>3</sub>), but the goal can be achieved only at relatively low content of fullerene in the complex. Thus, the degree of association of  $C_{60}$  molecules depends also on the molecular mass of PVP, and "low associated" complexes can be obtained only with PVP 10,000 and fullerene low concentration. It must be mentioned however that such complexes are relatively unstable – during their storage for about several months the association of fullerene molecules changes what can be seen from the shift of the band in UV–VIS spectra between 330 and 340 nm (bathochromic and hypochromic shifts).

Certainly, it is not very good when fullerene concentration in  $C_{60}$ /PVP complexes is rather low, but let us keep in mind that the acting antiviral dose of fullerene itself in this complex is not high. The active quantity of fullerene, calculated with the neglecting of the polymer vehicle, against the influenza virus is about 7  $\mu$ M (Piotrovskii et al., 2001).

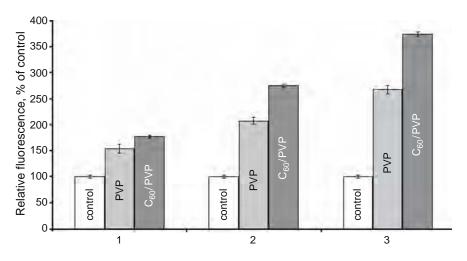
For the further investigations  $C_{60}$  PVP complex was prepared by the modified method (Piotrovskii et al., 2001). Fullerene  $C_{60}$  (99.5%) was purchased from NeoTechProduct (Saint Petersburg, Russia). As polymer vehicles PVP with molecular mass 25,000 ("Merck") or PVP pharmacopoeia grades were used. The fullerene  $C_{60}$  content in the investigated complexes was 0.50–0.66%.

A possible pro-/antioxidant effect of  $C_{60}$  was tested in the presence of fluorescence probe 2',7'-dichlorofluorescein. This compound is oxidized by reactive oxygen species (ROS), primarily by hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) with the transformation into the fluorescent oxidized form ( $\lambda_{ex} = 385 \text{ nm}$ ;  $\lambda_{em} = 535 \text{ nm}$ ). The method is supposed to be one of the most direct techniques of ROS indication (Bass et al., 1983; Clothier et al., 2002; Lautraite et al., 2003).

In the cell-free system (phosphate-buffered saline, pH 7.4) the  $C_{60}$ /PVP complex ( $C_{60}$  0.66%, PVP with molecular mass 25,000) under illumination increased the fluorescence level significantly compared to control values (pure PVP at the same concentration), which indicates the presence of pro-oxidant activity in  $C_{60}$  under the given conditions. This effect augmented significantly at increasing time of illumination, which could be judged as another evidence in favor of pro-oxidant activity of the  $C_{60}$ /PVP complex (Fig. 7.1).

However, at the introduction of  $C_{60}$ /PVP complex (up to 5µg/ml) into the cultivating media during cell growth no effects were observed. In the cell MA-104 (cell line derived of green monkey kidney epithelium) grown normally within 3–6 days, no morphological changes and cell metabolism intensiveness were observed (Table 7.1).

The most reasonable explanation for the observed differences in fullerene behavior as a part of complex  $C_{60}$ /PVP in chemical and biological systems is the fact that the complex itself is stable in the pure water media. Dissolution in the saline causes the formation of fullerene precipitate, which, naturally reveals the photodynamic properties. But a basic difference between water-soluble  $C_{60}$  complexes with organic compounds (PVP,  $\gamma$ -CD, etc.) from other forms used for biological investigations is the low degree of fullerene molecules association



**Fig. 7.1** Pro-oxidant effect of  $C_{60}$ /polyvinylpyrrolidone ( $C_{60}$ /PVP) complex (1 – in the darkness, 2 – illumination with visible light 15 min, 3 – illumination with visible light 30 min). Test method – fluorescence of 2',7'-dichlorofluorescein

**Table 7.1** Absence of  $C_{60}$ /polyvinylpyrrolidone ( $C_{60}$ /PVP) complex influence (5 mg/ml) on cellular viability in cell culture MA-104. Endpoint – resazurin reduction

	Time of incubation (days)		
Sample	3	5	6
Control	$4.00\pm0.29$	$4.51\pm0.20$	$3.89\pm0.18$
PVP	$3.86\pm0.17$	$4.51 \pm 0.23$	$3.91\pm0.23$
C <sub>60</sub> /PVP	$3.87\pm0.21$	$4.54\pm0.20$	$4.01\pm0.17$

(Piotrovsky and Kiselev, 2006). It was shown that after dissolving these complexes in the liposome solutions fullerene molecules pass on to a lipid phase (Piotrovsky, 2006; Ikeda et al., 2005). It has also been shown that the zero-charged tetradecyltrimethylammonium laurate vesicle-phase tends to be more fluid after fullerenes are incorporated into the hydrophobic microdomains of aggregates (Li and Hao, 2007). In our case the cell membranes act as lipophilic structures. The comparison of the UV-VIS spectra of cultural media during the cell cultivation with C60/PVP complex showed that fullerene absorption in 320–340 nm region was decreased, which can be explained as the pass of fullerene molecules from this media into the cells (or cell membranes). The transition of fullerene molecules into lipid bilayer causes the loss of their ability to convert triplet oxygen into singlet form under illumination. Although it necessary to mention that lipid-membrane-incorporated fullerenes (LMIC<sub>60</sub> and LMIC<sub>70</sub>), prepared by transferring fullerenes from water-soluble host-guest complexes to lipid membranes, showed a distinct DNA cleaving activity under visible-light illumination ( $\lambda_{ex} > 350 \text{ nm}$ ), but not in darkness (Ikeda et al., 2007). At the same time in the work of Janot et al. (2000) it is stated that in phospholipid membrane the quantum yield of triplet \*C<sub>60</sub> decreases.

It is necessary to emphasize one more important property of fullerene  $C_{60}$  in the complex with PVP – it not just nontoxic, but prevents toxic (or other undesirable action) from PVP itself. It was first described by Tsuchiya et al. (1996) that PVP itself inhibits cell differentiation and proliferation, however, this effect diminishes to a great extent when  $C_{60}$ /PVP complex is used. The injection of  $C_{60}$ /PVP complex in dorsal region of hippocampus in rats prevents the disturbance of long-term memory consolidation induced by cycloheximide, however, the PVP itself influences negatively (Podol'skii et al., 2002; Podolski et al., 2004). It has also been shown that if PVP itself causes at least minor but visible morphological changes in some internal organ tissues (brain, myocardium, lungs, liver, spleen, and kidney), the  $C_{60}$ /PVP complex injection reduces these negative phenomena (Popov et al., 2007).

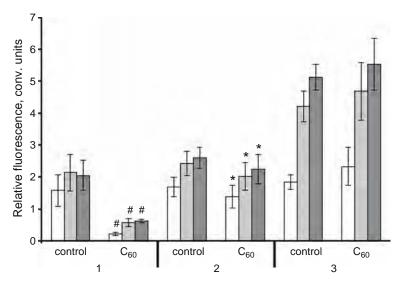
#### 7.3 Fullerene on the Surface

Continuing the investigations of biological properties of different pristine fullerene preparations, we have studied the biological effects of fullerene immobilized on the surface. Several methods for preparations of fullerene thin films are known (Prato, 1999). For the first time a surface with fullerene, obtained by evaporation of solution of  $C_{60}$  in benzene, was proposed in 1994 to be used in the methods of growing cells as a substrate for cell growth, and for immobilizing biological materials including cells, macromolecules, drugs, aromatic molecules, and aliphatic substances (Richmond and Gibson, 1994).

The application of fullerene on the surfaces has an essential advantage in the studies with cell cultures as in this case we can obtain the maximum contact of cells with fullerene – cells adhere on the surface and colonize it as a confluent monolayer. That is the basic difference from the water-soluble complexes and micro-dispersed suspensions of fullerene  $C_{60}$ . The pro-/antioxidant activities of fullerene were tested in chemical and biological systems.

In order to control the quantity of fullerene, contacting biological objects, FoS were obtained by evaporation of saturated solution of  $C_{60}$  in hexane introduced in the wells of 96-well culture plates ("Sarstedt"). Twenty-five microliters of solution was applied to each well and evaporated at 20–25 °C, after which the procedure was repeated several times to obtain a desirable concentration of fullerene (10, 20, and  $30 \mu g/cm^2$ ). Application of such volume allows obtaining a surface, covered with fullerene on the bottom and partly on the walls of a well at a high less than 2 mm. Microscopic investigations (optical and electronic microscopy) have shown that the surface was covered irregularly: fullerene formed the isolated clusters, so that obtained "fullerene films" were not the real films, but rather isolated clusters of fullerene molecules (data not shown). However, it should be noted that their dimensions were smaller than those of cells and each cell covered several such clusters.

The possible pro-/antioxidant actions of FoS on cells were tested with 2',7'dichlorofluorescein (see above).



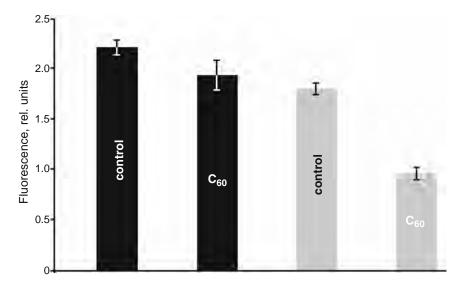
**Fig. 7.2** Effect of fullerene on the surfaces (FoS)  $(10 \,\mu\text{g/cm}^2 \text{ of } C_{60})$  on the fluorescence of 2',7'-dichlorofluorescein in the presence of different concentrations of  $H_2O_2$ . (Incubation time:  $\Box - 10 \,\text{min}$ ,  $\blacksquare - 20 \,\text{min}$ ,  $\blacksquare - 30 \,\text{min}$ ; 1, 2, 3 – concentration of  $H_2O_2$  97, 194, and 970  $\mu$ M). \*p < 0.05; \*p < 0.001

FoS had obvious antioxidant effect. In cell-free system after the addition of hydrogen peroxide solution the extinguishing of fluorescence of 2',7'-dichlorofluorescein was evident with  $H_2O_2$  concentrations at 97 and 194  $\mu$ M. At the substantially higher concentration of the latter (970  $\mu$ M) a slight nonsignificant overlap of control level was evident (Fig. 7.2). These data confirm the antioxidant activity of pristine  $C_{60}$ . On the other hand, they indicate that it is limited to a certain "antioxidant capacity" (Fig. 7.2).

However, fullerene  $C_{60}$ -modified surface is adequate for the adhesion and normal growth of cells in culture. Cells of the line MA-104 in the Eagle-MEM medium formed on "fullerene film" a normal monolayer. Cellular viability was assessed with the resazurin (Alamar Blue) reduction test. The dye resazurin is reduced by mitochondrial dehydrogenases of viable cells into the fluorescent product resorufin (maximum  $\lambda_{exc} = 530$  nm, max  $\lambda_{emis} = 590$  nm). The intensity of fluorescence was registered on the multiwell plate analyzer "Chameleon" (Hydex, Finland). This method is one of the most widely used in toxicity assessment *in vitro* (Andrews et al., 1997; Clothier et al., 2002). Our data have shown that C<sub>60</sub> applied on the propylene surface of culture plates in the chosen range of concentrations (10–30µg/cm<sup>2</sup> of C<sub>60</sub>) practically had no effect on the growth properties for cultured cells (Table 7.2). A slight nonsignificant diminishment of resazurin reduction can be interpreted in our opinion in view of simple change of hydrophobicity of a surface by fullerene. Furthermore, a possible damage of surface by solvent (hexane) should not be neglected. It should be emphasized that in any case

**Table 7.2** Cellular viability of MA-104 culture grown on fullerene on thesurfaces (FoS) during 72h. (resazurin reduction test)

Concentration of C <sub>60</sub> (µg/cm <sup>2</sup> )	Relative fluorescence (conv. Units)
0	$3.93 \pm 0.17$
10	$3.83 \pm 0.19$
20	$3.84 \pm 0.18$
30	$3.84 \pm 0.10$



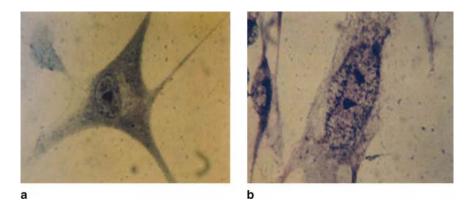
**Fig. 7.3** Photodynamic action of fullerene  $C_{60}$  on cells MA-104, grown on fullerene on the surfaces (FoS) ( $10 \mu g/cm^2 C_{60}$ ). Black columns – in the darkness; grey – under illumination

the observed differences were insignificant. Taking into consideration the absence of influence of fullerene  $C_{_{60}}$  quantity on cell culture growth only plates with  $10\mu$ g/ cm<sup>2</sup> of fullerene  $C_{_{60}}$  were used.

As a result we could assume that fullerene  $C_{60}$  in the crystalline form in normal conditions of cellular cultivation (in the absence of intensive light) has no toxic effect on cellular cultures.

The picture was absolutely different when cells grown on FoS  $(10 \mu g/cm^2)$  were irradiated 30 min with intensive visible light. In this condition fullerene C<sub>60</sub> has revealed a powerful phototoxic action: a relative fluorescence of irradiated control cells (MA-104) was  $1.80 \pm 0.05$  and of the cells, grown on fullerene surface – 0.96  $\pm 0.06$  (p < 0.001), so the intensity of cellular metabolism has dropped to the level of cell-free control (1.0). It means that practically all cells were dead (Fig. 7.3).

It follows that toxic action of solid-phase fullerene on biological objects is revealed only under illumination.



**Fig. 7.4** Normal human embryonic fibroblasts grown on fullerene on the surfaces (FoS) before (A) and after 30 min illumination with halogen lamp  $45 \text{ mW/cm}^2$  (B). Magnification  $1,200 \times$  (*See Color Plates*)

The morphological structure of irradiated cells was also significantly injured: all membrane structures "melted" and became less contrast, organelles, especially nuclei, were round off, condensed, and fragmented – a typical picture of toxic stress (Fig. 7.4).

In order to demonstrate that phototoxicity of  $C_{60}$  is in fact associated to ROS generation, we have studied photodynamic effect of fullerene in the presence of various antioxidants (AO).

As the AO with a direct nonspecific mechanism of action we have chosen Hypoxene<sup>®</sup> – sodium poly(2,5-dihydroxiphenyl)-4-thiosulfonate. Besides a direct AO effect as a scavenger of free radicals it exerts an anti-hypoxic effect shunting I and II complexes of mitochondrial respiratory chain, which are inhibited as a consequence of hypoxia (Eropkin et al., 2007). Hypoxene was introduced into cell incubation media before illumination and left during cells further incubation. Hypoxene in the concentration of  $40 \mu g/ml$ , comparable to doses applied *in vivo*, completely blocked C<sub>60</sub>-induced phototoxicity (Table 7.3). Cellular viability has completely recovered to control level, which is a convincing evidence of free radical nature of cellular damage in photodynamic effect of fullerene.

Phototoxic effect of  $C_{60}$  was partly blocked by sodium azide, which is known to be a specific scavenger of singlet oxygen *in vivo* (Andrews et al., 1997; Hirayama et al., 1999; Lin et al., 2000). At the same time, we did not observe in our experimental conditions a protective effects of superoxide dismutase (SOD) from human red blood cells (10µg/ml, 0.338µM) and reduced glutathione (100µg/ml, 325µM), which supports a suggestion that the damaging agent in photodynamic effect of  $C_{60}$  is exactly the singlet oxygen but not other ROS (hydroxyl or superoxide radicals) (Table 7.3).

As a conclusion we can deduce that solid-phase fullerene  $C_{60}$  being in contact with polar medium can manifest antioxidant as well as pro-oxidant properties, the latter only under illumination.

**Table 7.3** Photodynamic action of fullerene on the surfaces (FoS)  $(10 \mu g/cm^2 \text{ of } C_{60})$  on cell culture MA-104 under effect of some antioxidants and Na-azide

Control	Control + preparatio	on	C <sub>60</sub>	C <sub>60</sub> + preparation
		Hypoxene <sup>a</sup>		
$100.0\pm3.3$	$100.0 \pm 1.7$		$51.7\pm2.0^*$	$96.8 \pm 2.1 **$
		Na-azide <sup>b</sup>		
$100.0\pm3.7$	$80.0 \pm 2.8^{*}$		$36.7\pm0.35*$	$62.1 \pm 1.3^{*},^{**}$
		SOD <sup>c</sup>		
$100.0 \pm 2.7$	$108.8 \pm 3.4*$		$89.4 \pm 3.1*$	$87.4 \pm 3.0*$
		$SOD + glutathione-SH^{d}$		
$100.0 \pm 3.2$	-		$45.5 \pm 1.8^{*}$	$45.2 \pm 2.5*$

Cells were grown for 24h, growth medium was replaced for serum-free medium and the appropriate preparations were introduced, plates were illuminated with halogen lamp (about 45 mW/cm<sup>2</sup>) and further incubated for 18h in the darkness. Viability was assessed by Alamar Blue reduction. Results are presented as percent of control.

\*Significant difference of control (p < 0.01).

\*\*Significant difference of  $C_{60}$  without preparations (p < 0.01).

<sup>a</sup>Hypoxene (oliphene) 40µg/ml, illumination 10 min.

<sup>b</sup>Na-azide, 25 mM, illumination 15 min.

<sup>c</sup>Recombinant human SOD from yeasts (Recsod) 10µg/ml (about 0.34µM), illumination 10min. <sup>d</sup>Human SOD extracted from red blood cells (Erysod) 10µg/ml plus the reduced glutathione 100µg/ml (325µM), illumination 30min.

Our further studies were devoted to the  $C_{60}$  phototoxic effect on the different cell lines. Earlier we have got preliminary data on the opposite effect of a  $C_{60}$ /PVP complex on some cell lines of tumor and non-tumor origin: the life span of the former in the presence of 5 mg/ml of the complex (30–40 µg/ml of  $C_{60}$ ) diminished during three consecutive passages while of the later – slightly augmented (data not published).

We investigated the kinetic of photodynamic action of FoS ( $10 \mu g/cm^2$ ) on the cell lines of malignant tumor origin (HeLa, A-549) and non-tumor origin (normal diploid embryonic fibroblasts and spontaneously transformed line MA-104). In these experiments a half of 96-well plate (four upper lines) was seeded with one cell culture and the other half with second culture. The experiments of phototoxicity assessment of C<sub>60</sub> were designed as mentioned above. The results were subjected to liner regression analysis. Linear regression coefficients (b) in the pairs of tumor/non-tumor lines were always statistically significantly different (Table 7.4). Consequently, the cell lines of malignant tumor origin were more sensitive to photodynamic action of fullerene C<sub>60</sub>, than cells of non-tumor origin (Table 7.4).

The obtained results have shown that cell cultures of tumor origin are more sensitive to phototoxic damage induced by solid-phase  $C_{60}$  than the cultures of non-tumor origin (normal or spontaneously transformed ones) – the effect that could be interesting for the perspective of possible fullerene usage in photodynamic therapy of tumors.

No of experi- ment	Cell line	Origin and degree of transformation	Coefficient of linear regression	Significance of difference between two cell lines
1*	MA-104	Kidney epithelium of green monkey (spontaneously transformed, non-tumor origin)	$-0.062 \pm 0.0034$	<i>p</i> < 0.001
	A-549	Human lung carcinoma (malignant)	$-0.087 \pm 0.005$	
2**	Human lung embryonic fibroblasts	Normal diploid cells of human lung, non- transformed	$-0.177 \pm 0.028$	<i>p</i> < 0.001
	HeLa	Human cervical carcinoma (malignant)	$-0.21\pm0.017$	
3**	Human lung embryonic fibroblasts	Normal diploid cells of human lung, non- transformed	$-0.114 \pm 0.009$	<i>p</i> < 0.001
	A-549	Human lung carcinoma (malignant)	$-0.176 \pm 0.012$	

 Table 7.4
 Time-dependence of phototoxicity of fullerene on the surfaces (FoS) for cell lines of tumor and non-tumor origin

\*Exposition 30 min at 38 mW/cm<sup>2</sup>.

\*\*Exposition 30 min at 45 mW/cm<sup>2</sup>.

### 7.4 Conclusion

Fullerene and its derivatives have a wide spectrum of biological activity (photodynamic action, antioxidant activity, enzyme inhibition etc., [Da Ros and Prato, 1999]). However, not only fullerene derivatives are highly "narcissistic" and undergo self-assembly even at low concentrations (Sessler et al., 2006), the same is true for pristine fullerene itself especially in polar media. Therefore, the action of fullerenes and first of all of fullerene C60 on biological objects depends both on conditions in which the experiment is carried out (in darkness or illumination), and the way it is introduced into a biological system. In the latter case the mode of water-soluble form preparation and precisely the degree of association (dissociation) of fullerene molecules in the polar medium or in biological object play an important role. It is difficult to imagine the efficient penetration into biological membranes of fullerene molecules from the negatively charged clusters with the dimensions of 20nm and more. However, in water-soluble complexes with the organic compounds, in contrast to molecular-colloidal solutions or fullerene-modified surfaces, the degree of association of fullerene molecules is much lower (in the complex with  $\gamma$ -CD we are dealing with practically "isolated" molecules) (Ikeda et al., 2005), and that allows the fullerene molecules to penetrate into membrane having the thickness of about 5-7 nm. Thus, in a low aggregate state fullerene has a membranotropic activity as well (Piotrovsky and Kiselev, 2004).

As mentioned earlier, fullerene molecules can destroy the virions, but do not affect living cells. It is possible to suppose that the differences of the structures of virion envelope and cell membrane are the main reason for this phenomenon: the outer side of virion envelope is enriched with protein molecules, whereas the outer side of cell membranes is more lipophylic. On the one hand, fullerene molecules can interact with proteins (Belgorodsky et al., 2006), and on the other hand, their penetration into a lipid bilayer does not destroy them (Ikeda et al., 2005; Piotrovsky, 2006). So it is not unlikely that the difference in the structure of outer side is the main driving force of the observed differences in the response of virions and cells in the presence of  $C_{co}$ .

The toxicity of fullerene is at present one of the most widely discussed subjects. Though commonplace, it should be noted that toxicity is an extreme manifestation of biological activity leading to the death of biological object. One can conclude that the mechanisms of toxicity of any substance reflect the mechanisms of its biological activity.

In the case of pristine fullerene, these mechanisms are photodynamic action (the ability of excited state  ${}^{*}C_{_{60}}$  to transfer energy to the molecule of triplet oxygen turning it into the singlet state), antioxidant activity (due to electron deficiency of the core), and membranotropic properties (as a consequence of the high lipophylicity of the molecule). As the introduction of substituents into the fullerene core can diminish these properties, the pristine fullerene C<sub>60</sub> itself is in our opinion a very significant object for the studies of biological activities of fullerenes in particular as well as carbon nanostructures in general.

With all this, considering every above-mentioned data, it becomes obvious that investigations of any fullerene effect demand to consider the state of the substance while under investigation strictly. Fullerene is whimsical as a real beauty.

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# Chapter 8 Gadolinium Endohedral Metallofullerene-Based MRI Contrast Agents

Robert D. Bolskar

**Abstract** With the ability to encapsulate and carry the highly paramagnetic  $Gd^{3+}$  ion, gadolinium endohedral metallofullerenes or "gadofullerenes" are being explored as alternatives to the chelate complexes that are currently used for contrastenhanced magnetic resonance imaging (MRI). Reviewed here are the various water-soluble derivatives of the gadofullerenes  $Gd@C_{82}$ ,  $Gd@C_{60}$ , and  $Gd_3N@C_{80}$  that have been investigated as MRI contrast agents. The water proton  $r_1$  relaxivities of gadofullerenes can be more than an order of magnitude higher than those of clinically used chelate agents. Gadofullerene relaxivity mechanisms have been studied, and multiple factors are found to contribute to their high relaxivities. *In vitro* and *in vivo*  $T_1$ -weighted MRI tests of gadofullerene MRI contrast agents are a promising new and unique style of gadolinium carrier for advanced imaging applications, including cellular and molecular imaging.

**Keywords** Metallofullerene, endohedral, gadolinium, magnetic resonance imaging, contrast agent, relaxivity, cellular imaging, molecular imaging

### 8.1 Introduction

Endohedral metallofullerenes are those fullerene cages containing a metal atom or atoms entrapped in their otherwise hollow interior spaces. The promise for using these fascinating new materials in biomedical applications was realized soon after their discovery, as noted by Prof. Richard Smalley and others (Edelson, 1991). One of the most promising early biomedical applications that has distinctly progressed since the discovery of fullerenes is the use of gadolinium metallofullerenes as paramagnetic agents to increase contrast in magnetic resonance imaging (MRI). In MRI, the nuclear magnetic resonance (NMR) signals from biological protons are

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used to create images of tissue, organs, and disease *in vivo*. The information derived from inherent differences in the longitudinal (spin-lattice) relaxation times  $(T_1)$ and/or transverse (spin-spin) relaxation times  $(T_2)$  of water protons in the tissues of interest are used to create the anatomical MR images. A major advantage of MRI is that it is a noninvasive procedure, which means that surgical procedures are not needed and ionizing radiation, such as x-rays, is not required for its operation. Proton MRI has not only a high spatial resolution, but also a high background signal that comes from endogenous protons, and a relatively low sensitivity.

To increase the low sensitivity of the MRI technique and improve delineation between tissues, paramagnetic contrast-enhancing agents are used in approximately 35% of clinical MRI procedures. Current clinically approved agents are chelates of the Gd<sup>3+</sup> ion, which is selected because of its high paramagnetic moment (Gd<sup>3+</sup> has seven unpaired 4f electrons) and favorably long electron-spin relaxation time. Free Gd<sup>3+</sup> is toxic, and cannot be administered directly to patients. Instead, clinical Gd contrast agents use chelating molecules to securely coordinate the  $Gd^{3+}$  ion, while providing at least one open coordination site for solvent water molecules to reversibly coordinate to the metal center. The chelate molecules also provide potential chemical scaffolds for modifying the agent's properties. As discussed below, even with many years of success with the first clinical Gd chelate contrast agents, room remains to improve on their chelation stabilities, potency, and function. This is where gadolinium endohedral metallofullerenes, also called gadofullerenes, present a new opportunity. Gadofullerenes offer a combination of unique properties that make them potentially superior to standard coordinative chelates for Gd<sup>3+</sup> entrapment and delivery in use as MRI contrast agents. Since the initial discovery of fullerenes and metallofullerenes, the understanding of the many fundamentals behind the use of gadofullerenes as paramagnetic MRI contrast agents has greatly improved. The primary focus of this chapter is a review of current progress in the study and use of gadolinium metallofullerenes as paramagnetic MRI contrast agents. Derivatives of Gd@C<sub>82</sub>, Gd@C<sub>60</sub>, and Gd<sub>3</sub>N@C<sub>80</sub> gadofullerenes are covered in sequence. Their respective relaxivity properties and MRI tests performed with the agents are discussed. In addition, brief discussions of other biomedical applications of metallofullerenes and related systems are included when warranted.

#### 8.2 MRI Contrast-Enhancing Agents

Paramagnetic MRI contrast agents function by decreasing the spin relaxation times of water protons. In principle, any paramagnetic ion can perform this function, but the high magnetic moment of Gd<sup>3+</sup> has lead to its prominence, and the contrast agents approved for clinical use employ Gd<sup>3+</sup> chelates. There are two primary ways paramagnetic ions shorten the relaxation times of surrounding water protons. The first is by the inner-sphere mechanism, which involves water molecule(s) directly coordinated to the metal and in exchange with solvent water, and outer sphere mechanisms, which involves water molecule(s) not coordinated to the metal, but

located in the vicinity of the paramagnetic center. Delineation of tissues is obtained by the relative difference in water proton relaxation times in the tissues containing the relaxation agent versus those lacking the agent;  $T_1$  agents serve to increase the detectable MR signal.

"Relaxivity" is the term given to a contrast agent's characteristic potency to decrease the nuclear spin relaxation times of water protons. Relaxivity is defined by the following relationship:

$$(1/T_x)_{obsd} = (1/T_x)_d + r_x$$
[agent]

where  $(1/T_x)_{obsd}$  is the solvent proton relaxation rate in the presence of agent;  $(1/T_x)_d$ is water proton diamagnetic relaxation rate in the absence of agent, and  $r_x$  is the characteristic "relaxivity" of agent.  $T_x$  is linearly dependent on MRI contrast agent concentration [agent], and  $r_x$  is the slope of the line calculated from regression analysis of  $(1/T_x)_{obsd}$  vs. [agent]. The relaxivity  $r_x$  (x = 1, 2) is expressed in reciprocal millimolar-second (mM<sup>-1</sup>s<sup>-1</sup>), which reflects the agent's ability to increase the respective relaxation rates  $(1/T_1 \text{ and/or } 1/T_2)$  on a millimolar basis. The higher a contrast agent's relaxivity is, the greater the relative contrast offered, which potentially lowers the dosage of agent required for imaging. In practice, proton MRIs can be obtained using  $T_1$ - or  $T_2$ -weighted imaging sequences, with  $T_1$  agents providing positive contrast (image brightening) and  $T_2$  agents providing negative contrast (image darkening).

The clinically approved linear and macrocyclic Gd<sup>3+</sup> chelate complexes are designed to tightly hold the metal ion and prevent its release in vivo, and the reader is directed to the widely available review articles and books that have already detailed the chemistry of chelate contrast agents and their relaxivity properties (e.g., see Lauffer, 1987; Caravan et al., 1999; Tóth et al., 2001). Highly modified coordination complexes are being synthesized to increase relaxivities and impart special functions to these contrast agents. Improved  $Gd^{3+}$  chelation stability is an everpresent goal to prevent possible exposure to free Gd<sup>3+</sup>. When a chelate agent has a very long residence time in the body (either by intentional design or otherwise) transmetallation of  $Gd^{3+}$  by endogenous ions is a particular concern (Idée et al., 2006). A recently recognized debilitating condition, nephrogenic systemic fibrosis (NSF), appears to be related to these issues. This disease, found in renally compromised patients that had been administered clinically approved Gd chelate MRI agents, can cause severe skin and organ damage and even death (Grobner, 2006; Grobner and Prischl, 2007). Currently, NSF is not entirely understood, as the symptoms vary widely in severity as well as in their timing after Gd chelate agent exposure. Research on how Gd<sup>3+</sup> may trigger NSF is ongoing, but a causal correlation between NSF and Gd chelate exposure is documented (Collidge et al., 2007). The risk of NSF precludes use of clinically approved Gd chelates in end-stage renal patients, and causes potential concern with patients having more moderate renal dysfunction. Clearly, any new style of Gd-based MRI contrast agents (chelate or nanoparticle-based, etc.) will be required to be highly resistant to transmetallation and Gd3+ loss.

#### 8.3 Fullerenes and Metallofullerenes

Endohedral fullerenes have an atom or atoms entrapped in their hollow interior spaces (Heath et al., 1985; Weiss et al., 1988; Chai et al., 1991). Metallofullerenes are endohedrals that trap a metal atom or atoms, and are trivially written as "M@  $C_{2n}$  with the encapsulated nature of the metal denoted by the "@" symbol. Metallofullerenes of the lanthanide elements are the most prevalent type, with the carbon arc process (used first to produce empty fullerenes on gram-scales [Krätschmer et al., 1990]) being the most common method used to produce metallofullerenes. Substituting lanthanide-doped graphite rods in place of pure graphite rods in the arc process produces lanthanide-containing metallofullerenes mixed in with empty fullerenes and amorphous carbon soot. Metallofullerenes are made with a wide variety of fullerene cage sizes and isomers, just as non-endohedral fullerenes are. The lanthanides are electropositive metal elements, and fullerenes are in general electronegative. As a natural consequence three electrons (in most, but not all cases) are transferred from the lanthanide to the fullerene cage, resulting in a trivalent metal cation inside a triply reduced anionic fullerene, i.e., " $M^{3+} @C_{2n}^{3-}$ " (Nagase et al., 2000; Shinohara, 2000).

Metallofullerenes physically encase the metal ion inside the closed fullerene shell. This feature endows them with a unique and advantageous way to entrap and hold metal ions in a manner quite unlike the chelates, in which classic coordination chemistry clutches the metal ion. Fullerene cages in general are comprised of stable closed networks of carbon atoms that do not open up with exposure to typical physiological conditions. The endohedral metal ion is thus not susceptible to transmetallation and is not in exchange with exterior solvated cations. This special resistance to metal ion loss is a distinct advantage that metallofullerenes have over traditional chelates used in biomedicine. It is no surprise that researchers rapidly recognized the potential metallofullerenes had as carriers of otherwise toxic metal ions for applications including gadolinium-containing MRI contrast agents, lanthanide x-ray imaging contrast agents, and radioisotope carriers for nuclear medicine.

One area in which gadofullerene-based MRI contrast agents could provide particular benefits over chelate agents is with long-circulating agents. For example, MR angiography and *in vivo* targeted agents require long circulation times for the agents to be effective, but long residency *in vivo* could present a Gd<sup>3+</sup> ion-release safety issue. This is even more an issue in light of the earlier discussed NSF, which appears to be related to Gd<sup>3+</sup> exposure. Further study on the safety of individual metallofullerene drug and imaging agent candidates will of course need to be completed before their study in humans and eventual drug regulatory agency approval.

While there are no studies of the toxicity of endohedral fullerenes in general, or gadofullerenes in particular, there are several preliminary studies regarding empty fullerenes and their derivatives. In initial steps toward characterizing the safety of water-soluble fullerene derivatives, a cytotoxicity study of various fullerene materials, including underivatized  $C_{60}$ ,  $C_{60}[C(COOH)_2]_3$ , and two  $C_{60}(OH)_x$  species, was conducted (Sayes et al., 2004). The results clearly showed that water-soluble derivatives were significantly less toxic than underivatized  $C_{60}$ , and the trend was one of

decreasing cytotoxicity with an increasing degree of functionalization. A similar effect was seen with comparisons of derivatized and water-solubilized carbon nanotubes (CNTs) and underivatized carbon nanotubes (Sayes et al., 2006). Furthermore, *in vivo* comparison of the toxicity of  $C_{60}(OH)_{24}$  to underivatized  $C_{60}$  in embryonic zebra fish showed  $C_{60}(OH)_{24}$  to be significantly less toxic (Usenko et al., 2007). These results are highly promising for the fullerene drug development enterprise, as any practical fullerene-based drug or imaging agent will almost certainly be rationally derivatized for biocompatibility, since underivatized fullerenes are virtually insoluble in water.

The potential disadvantages of metallofullerenes are their somewhat exotic production methods, the need for separating the metallofullerenes from empty fullerenes, and their relatively low abundances (Nagase et al., 2000; Shinohara, 2000). It follows that maximizing their availability has been a major research focus. Fortunately for gadofullerene-based MRI contrast agent development, metallofullerenes made with gadolinium by the arc process have relatively higher yields in comparison to most of the other lanthanides. The product obtained by arcing metaldoped graphite rods is dominated by carbonaceous soot, which contains varying amounts of empty fullerenes and metallofullerenes mixed in. Fullerenes and metallofullerenes are most commonly separated from the arc soot using solvent extraction or washing with solvents, such as toluene, that are good fullerene solvents (Ruoff et al., 1993). Further separation of the metallofullerenes from the empty fullerenes typically follows. Among the soluble species, M@C<sub>s2</sub> metallofullerenes can be routinely extracted and isolated using chromatographic techniques, particularly multistage high-performance liquid chromatography (HPLC). Chemical and electrochemical methods can also be used to enrich and separate M@C<sub>82</sub> metallofullerenes from fullerenic arc product mixtures (Diener et al., 2002; Sun and Gu, 2002; Tsuchiya et al., 2004; Lu et al., 2005; Tsuchiya et al., 2006a, b). HPLC reliably generates isomerically pure samples of M@C<sub>82</sub>, but it requires a large resource expenditure (in terms of effort and solvents) to obtain only milligram samples of purified metallofullerenes. While it is not unusual for high-value biomedical agents to be needed in only small quantities in the early stages, eventually much larger amounts will be needed for proper development and testing of gadofullerene contrast agents. Drug development will require moving beyond use of just the minority, soluble M@C<sub>82</sub> content of the arc metallofullerenes.

To surpass the above limitations, new developments have recently enabled access to all of the metallofullerenes generated by the arc process, not just  $M@C_{82}$  (Bolskar and Alford, 2003; Bolskar et al., 2003). Other metallofullerenes such as  $M@C_{60}$ ,  $M@C_{70}$ , and  $M@C_{74}$  are more prevalent in the arc products, but are not as soluble as  $M@C_{82}$  (Diener and Alford, 1998). A recent study of arc-generated Gd metallofullerenes found that soluble  $Gd@C_{82}$  comprises only about 10% of the total metallofullerene product, with the majority, 90%, being other insoluble Gd@  $C_{2n}$  (Raebiger and Bolskar, 2008). To access the total Gd metallofullerene content, processes other than just arc soot extraction with solvents were implemented. Sublimation effectively removed all fullerenes and metallofullerenes from the arc soot, leaving the non-fullerene amorphous carbon behind. Direct solvent extraction

of the soot as practiced before leaves behind about 90% of the Gd metallofullerenes in the soot. Next, the different Gd metallofullerenes in the sublimate were separated into fractions having different chemical properties, following their responses to combinations of oxidative treatments and solvent extractions of the resulting cationic species. Separate fractions highly enriched in the Gd@C<sub>60</sub> class of metallofullerenes as well as Gd@C<sub>82</sub> were obtained. This access to the Gd@C<sub>60</sub> class of metallofullerenes has effectively increased by about a factor of 10 the yield of Gd metallofullerenes that can be studied and used as contrast agents and in other applications.

Gd metallofullerene MRI contrast agents have emerged as a classic example of a biomedical application with a metal in which direct access to the ion's coordination sphere is not required, yet the ion(s) still exhibits its desired activity. With the metallofullerenes containing a trivalent lanthanide, three electrons are donated to the fullerene (as reflected in the " $M^{3+}@C_{2n}$ <sup>3-</sup>" formalism), and thus the fullerene cage itself is paramagnetic with an odd number of electrons (Funasaka et al., 1995; Kato et al., 2000). The seven unpaired 4*f* electrons of Gd<sup>3+</sup> also contribute significant paramagnetism to the metallofullerene. Based on their magnetic properties, it was reasonable to expect that gadofullerenes could function as water proton relaxation agents, even without direct water-to-Gd<sup>3+</sup> coordination. For gadofullerenes to be practical contrast agents, water solubility is needed at some level because native fullerenes and metallofullerenes are fully hydrophobic. The best way to watersolubilize fullerenes and metallofullerenes is to derivatize their all-carbon surfaces with hydrophilic functional groups, and there are now a variety of creative synthetic strategies to accomplish this (Nakamura and Isobe, 2003).

### 8.4 Gd@C<sub>s</sub>, Compounds as MRI Contrast Agents

 $Gd@C_{so}$ , being the first accessible Gd metallofullerene due to its organic-soluble nature, was the first gadofullerene investigated as an MRI contrast agent. Gd@C<sub>92</sub> is most commonly converted to a water-soluble derivative with surface polyhydroxylation. One of the first water proton relaxivity measurements on a gadofullerene was reported by Zhang et al. (1997) for Gd@C<sub>82</sub>(OH), mixed with polyhydroxylated empty fullerenes. The  $r_1$  for this mixture was reported to be 47 mM<sup>-1</sup>s<sup>-1</sup> (9.4 T, temperature unspecified) as calculated on a per-Gd<sup>3+</sup> basis. This result was significant for demonstrating that a gadofullerene derivative can function as water proton relaxation agent, and the authors speculated that the high  $r_1$  resulted from the fullerene essentially "enlarging" the surface area of the Gd<sup>3+</sup> ion (for hydrogen bonding to waters) as compared to standard chelates. Several other early studies also reported high but different  $r_1$  values for Gd@C<sub>82</sub>(OH)<sub>x</sub>, including 47 mM<sup>-1</sup>s<sup>-1</sup> (9.4 T, 25 °C) (Shukla et al., 1997) and  $20 \text{ mM}^{-1}\text{s}^{-1}$  (0.47 T, 40 °C) (Wilson, 1999). For Gd@  $C_{82}(OH)_{40}$  (pH = 7.5, 25 °C), Shinohara and coworkers reported  $r_1$  values of 67, 81, and 31 mM<sup>-1</sup>s<sup>-1</sup> at 0.47, 1.0, and 4.7 T, respectively, and  $r_2$  values of 79, 108, and 131 mM<sup>-1</sup>s<sup>-1</sup> at 0.47, 1.0, and 4.7 T, respectively (Mikawa et al., 2001). A second

report by the same group noted that for Gd@C<sub>82</sub>(OH)<sub>40</sub> at 0.47 T and 37 °C,  $r_1 = 62 \text{ mM}^{-1}\text{s}^{-1}$  and  $r_2 = 69 \text{ mM}^{-1}\text{s}^{-1}$  (Okumura et al., 2002). Relaxivities of a gadofullerene mixture containing Gd@C<sub>82</sub>(OH)<sub>22</sub>, Gd@C<sub>80</sub>(OH)<sub>22</sub>, and Gd\_2@C<sub>80</sub>(OH)<sub>22</sub> were also tested at 0.47 T and 37 °C, with  $r_1 = 56 \text{ mM}^{-1}\text{s}^{-1}$  and  $r_2 = 67 \text{ mM}^{-1}\text{s}^{-1}$ . A nuclear magnetic relaxation dispersion (NMRD) profile (NMRD is measurement of nuclear magnetic field, and are generally obtained with a field cycling relaxometer) of this gadofullerene mixture at 30 °C revealed  $r_1$  to remain nearly flat at 45–35 mM<sup>-1</sup>s<sup>-1</sup> from very low field up to approximately 0.23 T (about 10 MHz proton Larmor frequency), but a distinct increase and a peak  $r_1$  of about 70 mM<sup>-1</sup>s<sup>-1</sup> at near 1 T follows (Okumura et al., 2002).

There are several conspicuous features in the above-reported  $Gd@C_{89}(OH)_{y}$ gadofullerene relaxivities. Most prominent are the high  $r_1$  relaxivity values of these gadofullerenes. The  $r_1$  values of the clinically used Gd chelates are much lower, being generally about 3-6 mM<sup>-1</sup>s<sup>-1</sup> under similar measurement conditions (Lauffer, 1987; Caravan et al., 1999). The order of magnitude elevation of gadofullerene relaxivities is striking, and immediately raises the prospect that gadofullerenes are inherently more potent paramagnetic contrast agents than the clinical chelates. Another conspicuous feature is the high variation in the reported gadofullerene relaxivities, as the reported  $r_1$  values vary from 20 to 81 mM<sup>-1</sup>s<sup>-1</sup>. Variation of relaxivity is normally very modest or negligible with the Gd chelates. Some degree of the gadofullerene relaxivity variation is due to obtaining the data at different magnetic field strengths (i.e., different proton Larmor frequencies), concentrations, and temperatures, which are well known to affect  $r_1$  and  $r_2$  values (Lauffer, 1987; Caravan et al., 1999; Tóth et al., 2001). Furthermore, there is variation in the value of x in polyhydroxylated  $Gd@C_{2n}(OH)_x$  species because the synthetic processes are not especially selective for a given value of x. It is also challenging to analytically determine the value of x to a high degree of accuracy, as varying waters of hydration potentially complicate matters. It is also possible that the polyhydroxylated products are mixtures of different structural isomers with some variation in x. Nonetheless, at these relatively high levels of fullerene surface coverage by hydroxyl groups, these variations are not expected to have a large influence on relaxivity. Rather, the influence of other factors such as solution pH may be influencing the measured relaxivities of gadofullerenes. This was hinted at by the preliminary results of Shinohara and coworkers with Gd@C80(OH)40, who noted a maximum  $r_1$  between pH 3 and 8, and a 6 mM<sup>-1</sup>s<sup>-1</sup> decrease in  $r_1$  units (from 67 to 61 mM<sup>-1</sup>s<sup>-1</sup>) when changing from an aqueous NaCl solution concentration of 0-1.0 M (Mikawa et al., 2001).

In another interesting study, Shinohara and coworkers compared the water proton relaxivity properties of  $M@C_{2n}(OH)_x$  containing lanthanides other than Gd (including M = La, Ce, Dy, and Er), to the gadofullerene compound  $Gd@C_{82}(OH)_x$  (Kato et al., 2003). For these polyhydroxylated metallofullerenes,  $r_1$  and  $r_2$  ranged from 0.8 to 73 mM<sup>-1</sup>s<sup>-1</sup> and from 1.2 to  $80 \text{ mM}^{-1}\text{s}^{-1}$ , respectively (with the gadofullerene presenting the highest  $r_1$  and  $r_2$  values). This survey of relaxivities with different metals inside the polyhydroxlyated C<sub>82</sub> fullerene cage demonstrated several important

points. For one, the relaxivities are all higher than the corresponding relaxivities of each of the given metal's DTPA chelate complex, illustrating that the derivatized fullerene cage itself imparts a special effect that boosts relaxivity. While La<sup>3+</sup> has no 4f electrons, La@C<sub> $s_2$ </sub>(OH), is paramagnetic by virtue of the unpaired fullerene cage electron and does exhibit modest nonzero relaxivity. All the other metals have varying magnetic moments and less favorable electron-spin relaxation times than Gd<sup>3+</sup> does for water proton relaxation, but their polyhydroxylated metallofullerene species all exhibit nonzero relaxivities as well. As these materials lack direct metal to water coordination, direct contact interactions can be disregarded in analysis of their relaxivities. In accord with these observations and other data, it was proposed that the high relaxivities of polyhydroxylated metallofullerene compounds are due to several contributing factors, including the metal-centered spin from unpaired 4f electrons (when present with a given metal), the unpaired spin on the fullerene cage (from electron transfer from the metal to the cage), and attendant dipole-dipole relaxation of water protons. Also serving an important role is the relatively slow molecular rotational motion ( $\tau_{\rm R}$ ). Higher  $\tau_{\rm R}$  values are known to raise relaxivities of chelate complexes, and polyhydroxylated metallofullerenes may have relatively slower rotational motion due to their increased hydrodynamic radius (via hydrogen bonding to water) and/or intermolecular aggregation. Finally, the many hydroxyl groups attached to the fullerene surface present a large surface area for hydrogen bonding of the metallofullerene to many solvent waters. In vitro phantom imaging results obtained with the different polyhydroxylated M@C<sub>82</sub> metallofullerenes were consistent with the above observations (Kato et al., 2003). Table 8.1 summarizes selected relaxivity data for examples of clinically used chelate agents and M@C<sub>s</sub>, derivatives.

Shinohara and coworkers also tested various lanthanide  $M@C_{82}(OH)_{40}$  compounds (M = Dy, Er, Gd, Eu, (Lu)<sub>2</sub>) as x-ray contrast agents, due to their heavy metal x-ray absorbing contents (Miyamoto et al., 2006). Computed tomography (CT) number analysis of the metallofullerene derivatives in water did not rate the metallofullerenes as high as currently used iodinated contrast agents, and it was suggested that metallofullerene performance may be improved by increasing the number of metals per agent and/or raising their water solubilities with more derivatization.

A differently modified  $Gd@C_{82}$  derivative bearing a mixture of hydrophilic functional groups was recently reported by Wang and coworkers,  $[Gd@C_{82}O_6(OH)_{16}(NHCH_2CH_2COOH)_8]_x$  (Shu et al., 2006a). At pH 7, the  $r_1$  of this water-soluble  $Gd@C_{82}$  compound was reported to be 9.1 mM<sup>-1</sup>s<sup>-1</sup> at 1.5 T, and the hydrodynamic radius was measured as 73 nm by dynamic light scattering (DLS). A second more detailed study of the pH-dependent aggregation properties of this derivative found that nanocluster size and  $r_1$  varied with pH (Shu et al., 2006b). Measured at the high field of 14.1 T,  $r_1$  decreased with increasing pH (at pH = 2, 7, and 9,  $r_1 = 7.68$ , 3.83, and 2.52 mM<sup>-1</sup>s<sup>-1</sup>, respectively). At pH 2, 30 nm clusters form, which in turn associate to form clusters of clusters, and it was proposed that at lower pH values, intermolecular aggregation is governed by hydrogen bonding effects. Also in this second study, at pH 7 the clusters are 30 nm, but form some dimers and/or trimers

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Contrast Agent	$r_1 ({ m mM}^{-1}{ m s}^{-1})$	conditions	Reference
Gd-DTPA (gadopentate dimeglumine)	3.4	0.47 T, 37 °C	Idée et al. (2006)
Gd-DTPA-BMA (gadodiamide)	3.5	0.47 T, 37 °C	Idée et al. (2006)
Gd-HP-DO3A (gadoteridol)	3.1	0.47 T, 37 °C	Idée et al. (2006)
$\operatorname{Gd}@\operatorname{C}_{82}(\operatorname{OH})_{x}$	47	9.4T	Zhang et al. (1997)
$\mathrm{Gd}@\mathrm{C}_{82}(\mathrm{OH})_{x}$	47	9.4 T, 25 °C	Shukla et al. (1997)
$Gd@C_{82}(OH)_{r}$	20	0.47 T, 40 °C	Wilson (1999)
$Gd@C_{82}^{(0)}(OH)_{40}$	67	0.47 T, 25 °C	Mikawa et al. (2001)
Gd@C <sub>82</sub> (OH) <sub>40</sub>	81	1.0T, 25°C	Mikawa et al. (2001)
Gd@C <sub>82</sub> (OH) <sub>40</sub>	31	4.7 T, 25 °C	Mikawa et al., 2001
Gd@C <sub>82</sub> (OH) <sub>40</sub>	62	0.47 T, 37 °C	Okumura et al. (2002)
$\mathrm{Gd}@\mathrm{C}_{82}(\mathrm{OH})_{x}$	73	0.47 T, 19 °C	Kato et al. (2003)
$La@C_{82}(OH)_x$	0.8	0.47 T, 19 °C	Kato et al. (2003)
$\operatorname{Ce@C}_{82}(\operatorname{OH})_{x}$	1.2	0.47 T, 19 °C	(2003) Kato et al. (2003)
$Dy@C_{82}(OH)_x$	1.1	0.47 T, 19 °C	(2003) Kato et al. (2003)
$\operatorname{Er}@C_{82}(OH)_{x}$	1.3	0.47 T, 19 °C	(2003) Kato et al. (2003)
$[Gd@C_{82}O_6(OH)_{16} (NHCH_2CH_2COOH)_8]_x$	9.1	1.5 T, pH = 7	Shu et al. (2006a)
$\left[\mathrm{Gd}@\mathrm{C}_{82}\mathrm{O}_{6}(\mathrm{OH})_{16}\left(\mathrm{NHCH}_{2}\mathrm{CH}_{2}\mathrm{COOH}\right)_{8}\right]_{x}$	7.68	14.1 T, pH = 2	(2006a) Shu et al. (2006b)
$[Gd@C_{82}O_6(OH)_{16} (NHCH_2CH_2COOH)_8]_x$	3.83	14.1 T, pH = 7	(2006b) Shu et al. (2006b)
$\left[\mathrm{Gd}@\mathrm{C}_{82}\mathrm{O}_{6}(\mathrm{OH})_{16}\left(\mathrm{NHCH}_{2}\mathrm{CH}_{2}\mathrm{COOH}\right)_{8}\right]_{x}$	2.52	14.1 T, pH = 9	(2006b) Shu et al. (2006b)
Gd@C <sub>82</sub> (OH) <sub>16</sub>	19.3	4.7 T, 25 °C	Zhang et al. (2007)

**Table 8.1**  $r_1$  relaxivities of three clinically used Gd<sup>3+</sup> chelate MRI contrast agents and selected water-soluble M@C<sub>82</sub> derivatives

of the 30 nm subclusters. At alkaline pH (pH = 9), taking into account the derivative group structures, cluster formation dominated by dipole–dipole interactions and a crystal-growth mechanism was proposed to explain the formation of large particles. Increased content of larger clusters for samples stored in aqueous solution for 1 month as compared to fresh samples was seen by DLS. Scanning electron microscopy (SEM) and atomic force microscopy (AFM) were also used to characterize sizes of clusters deposited on wafers. The differences in relaxivity and nanoclustering (aggregation) of this Gd@C<sub>82</sub> derivative to other gadofullerenes (above, and in the following section) highlight the need for detailed characterization of their relaxivity properties, and the distinct behavior of gadofullerenes as compared to the clinically used chelate agents.

The first *in vivo* MRI study of a gadofullerene was conducted by Shinohara and coworkers with Gd@C<sub>82</sub>(OH)<sub>40</sub> (Mikawa et al., 2001). The agent was intravenously administered to mice at 1/20 of the typical dosage of a clinical Gd chelate agent.  $T_1$ -weighted MRI showed localization of this gadofullerene after 30 min in the organs of the reticuloendothelial system (RES), including the lung, liver, and spleen, but also some image enhancement in the kidneys. The biodistribution of Gd@C<sub>82</sub>(OH)<sub>40</sub> was also determined by obtaining the agent's concentration in dissected organs, and it matched the RES uptake seen by imaging. Interestingly, these biodistribution results for Gd@C<sub>82</sub>(OH)<sub>40</sub> were similar to those seen in a radiotracing study by Cagle et al. (1999) with the holmium metallofullerene analogue Ho@C<sub>82</sub>(OH)<sub>x</sub>. The latter study with Ho@C<sub>82</sub>(OH)<sub>x</sub> showed RES uptake similar to that of Gd@C<sub>82</sub>(OH)<sub>40</sub>, as well as some bone localization. This type of biodistribution may be a general property of polyhydroxylated fullerene materials (Qingnuan et al., 2002; Xu et al., 2007), but may be modifiable via further, secondary derivatization.

Qu et al. (2006) prepared Gd@C<sub>82</sub>(OH)<sub>22</sub> in order to compare its properties to the previously studied more highly polyhydroxylated Gd@C<sub>82</sub>(OH)<sub>x</sub> species. The relaxivity of Gd@C<sub>82</sub>(OH)<sub>22</sub> was qualitatively lower than that of the Gd@C<sub>82</sub>(OH)<sub>x</sub> species, but still higher than the chelate Gd-DTPA, as determined by an *in vivo* MRI test in which mice were administered the Gd@C<sub>82</sub>(OH)<sub>22</sub> agent intravenously. An *in vivo* test was next conducted with the slightly less hydroxylated derivative Gd@ C<sub>82</sub>(OH)<sub>16</sub> (Zhang et al., 2007). A claim was made in this work that, based on a separate study of empty polyhydroxylated C<sub>60</sub>(OH)<sub>x</sub> (Xing et al., 2004), Gd@ C<sub>82</sub>(OH)<sub>x</sub> with *x* higher than about 36 may be vulnerable to Gd<sup>3+</sup> ion loss. However, no data to substantiate this claim with gadofullerenes polyhydroxylated at high (or low) levels was presented. The  $r_1$  and  $r_2$  relaxivities of Gd@C<sub>82</sub>(OH)<sub>16</sub> were 19.3 and 44.9 mM<sup>-1</sup>s<sup>-1</sup>, respectively (4.7 T, 25 °C). *In vivo* MRI of mice injected with Gd@C<sub>82</sub>(OH)<sub>16</sub> showed localization of the agent in both the liver and the kidneys at 1/20 of the usual clinical dosage of a Gd chelate agent.

In addition to *in vivo* imaging with polyhydroxylated  $Gd@C_{82}$  contrast agents, *in vitro* cellular imaging has been performed. Anderson and coworkers have shown that  $Gd@C_{82}(OH)_{40}$  is a promising high-relaxivity intracellular imaging agent for  $T_1$ -weighted cellular MRI (Anderson et al., 2006). In an *in vitro* study, HeLa cells, mesenchymal stem cells (MSC), and macrophages were labeled with Gd@  $C_{82}(OH)_{40}$ , and subsequently examined with MRI. Protamine sulfate was required as a transfection agent to effectively label the cells to a level suitable for MRI, in this case reaching up to  $4 \times 10^7$  Gd atoms per cell. Very high intracellular  $T_1$ weighted MR signal intensity was found with MRI of gadofullerene-labeled live cells, which were relatively maintained even after the application of magnetic fields higher than the fields routinely used in the clinic (i.e., greater than 3 T). These results emphasize the utility of this gadofullerene compound as a  $T_1$ -weighted MRI agent. Electron microscopy imaging of labeled cells revealed that the agents are localized in the cells' cytoplasmic endosomes. Importantly, cell viability remained very high after exposure to the polyhydroxylated gadofullerene agent, which

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supports a lack of Gd<sup>3+</sup> release once the agent is localized inside the cell. This study is an exciting demonstration of the potential that gadofullerenes have to contribute to emerging applications in cellular and molecular imaging, in particular, for the labeling and tracking of stem cells with *in vivo* stem cell therapy.

# 8.5 Gd@C<sub>60</sub> Compounds as MRI Contrast Agents

Recently, other gadofullerenes, besides  $Gd@C_{82}$ , have become available due to advances in the processing of the normally insoluble metallofullerene fractions. Bolskar and coworkers reported methods to use and fractionate all of the arc-produced Gd metallofullerenes. By accessing the  $Gd@C_{60}$  class of metallofullerenes, the useable amount of Gd mono-metallofullerenes was raised by a factor of more than 10 overall as compared to extraction-based processes that access  $Gd@C_{82}$  (Bolskar and Alford, 2003; Raebiger and Bolskar, 2008). This increased access is important for the development of metallofullerenes in biomedicine, for which larger amounts of the raw materials will eventually be needed for preclinical and clinical testing.

Covalent derivatization of these metallofullerenes' surfaces is used to overcome the native insolubility of the Gd@C60 class of gadofullerenes in the usual fullerene solvents. Hydroxyl and carboxyl groups are the two main functional groups that have been attached to make Gd@C60 materials aqueous-soluble for water proton relaxivity investigation. The  $Gd@C_{60}$  materials still contain varied amounts of empty fullerenes, but lacking paramagnetism, these will not affect relaxivity measurements. Similar to the earlier described situation with Gd@C<sub>82</sub>(OH), species, a distribution of  $r_1$  values have been found for water-soluble Gd@C<sub>60</sub>-class derivatives, although they have been synthesized with the same synthetic processes each time. For example,  $r_1$  values reported for Gd@C<sub>60</sub>(OH)<sub>x</sub> (average  $x \approx 27$  [Sitharaman et al., 2004]) include 83.2 mM<sup>-1</sup>s<sup>-1</sup> (Laus et al., 2005) and 97.7 mM<sup>-1</sup>s<sup>-1</sup> (Laus et al., 2007);  $r_1$  values reported for Gd@C<sub>60</sub>[C(COOH)<sub>2</sub>]<sub>10</sub> include 24.0 mM<sup>-1</sup>s<sup>-1</sup> (Laus et al., 2005) and 14.8 mM<sup>-1</sup>s<sup>-1</sup> (1.4 T, 37 °C) (Laus et al., 2007). For comparison, the compound La@C<sub>60</sub>[C(COOH)<sub>2</sub>], ( $x \approx 10$ ) was prepared, and its  $r_1$  was measured to be  $0.3 \text{ mM}^{-1}\text{s}^{-1}$  (0.47 T, 40 °C) (Bolskar et al., 2003). This small but nonzero  $r_1$ value for cage-paramagnetic-only carboxylated metallofullerene is similar to that seen for La@C<sub>82</sub>(OH), (Kato et al., 2003). This underscores the importance of endohedral Gd3+ to the relaxivity of metallofullerene contrast agents, as seen earlier for M@C<sub>s2</sub>(OH), species.

To help unravel reasons behind the  $r_1$  variability seen for different batches of polyhydroxylated and polycarboxylated  $Gd@C_{60}$  (and to give insight into the related  $r_1$  variation of  $Gd@C_{82}(OH)_x$  species), Tóth et al. obtained NMRD profiles for  $Gd@C_{60}(OH)_x$  and  $Gd@C_{60}[C(COOH)_2]_{10}$  over a broad magnetic field range (Tóth et al., 2005). This relaxometry study revealed a distinct peak or hump in both agents' relaxivity profiles between approximately 0.7 and 1.4T. This type of peak is characteristic of large, slow-rotating  $Gd^{3+}$  agents, and is often associated with

species such as dendrimer and nanoparticle MRI contrast agents (Tóth et al., 2001). Analysis of the data for Gd@C<sub>60</sub>[C(COOH)<sub>2</sub>]<sub>10</sub> revealed that this slow-tumbling gadofullerene has a rotational correlation time  $\tau_R^{298}$  of 2.6 ns and a proton exchange rate  $k_{ex}^{298}$  of  $1.4 \times 10^7$  s<sup>-1</sup> (consistent with the rate for malonic acid). The gadofullerenes' relaxation mechanism is exclusively outer sphere, as revealed by <sup>17</sup>O NMR measurements.

Next, Tóth et al. investigated the effects of changing pH on the relaxivities of  $Gd@C_{60}(OH)_x$  and  $Gd@C_{60}[C(COOH)_2]_{10}$  (Tóth et al., 2005). At 1.4T and 26.1 °C, both derivatives displayed strong changes in  $r_1$  over the pH range 2–12. Relaxivity was lower at high pH values, with large relaxivity increases as pH was lowered. When pH decreased from 12 to 3, the  $r_1$  of  $Gd@C_{60}(OH)_x$  increased 2.6 times, and the  $r_1$  of  $Gd@C_{60}[C(COOH)_2]_{10}$  increased 3.8 times (note that the precipitation of the derivatives begins to occur below approximately pH 3). Changes in pH may influence relaxivity by affecting the rotational motion of the gadofullerenes and/or the proton exchange rate. The latter is not likely, as evidenced by the decrease in relaxivity seen for  $Gd@C_{60}[C(COOH)_2]_{10}$  when sample temperature was increased.

Sitharaman et al. next conducted a detailed study of the intermolecular aggregation of the Gd@C60 gadofullerene agents as a function of pH by laser light scattering (dynamic light scattering [DLS] and static light scattering [SLS]), transmission electron microscopy (TEM), and cryo-TEM (Sitharaman et al., 2004). The hydrodynamic diameters  $(D_{\rm H})$  of both Gd@C<sub>60</sub>(OH)<sub>x</sub> and Gd@C<sub>60</sub>[C(COOH)<sub>2</sub>]<sub>10</sub> were both significantly larger than expected for individual molecules, and varied strongly between pH 4 and 9. At pH 9, average  $D_{\rm H}$  values were 50 and 70 nm for Gd@  $C_{60}(OH)_x$  and  $Gd@C_{60}[C(COOH)_2]_{10}$ , respectively. Near pH 7, both derivatives were approximately 450–500 nm in average  $D_{\rm H}$ . At pH 4.5, average  $D_{\rm H}$  values were 1,200 and 700 nm for Gd@C<sub>60</sub>(OH), and Gd@C<sub>60</sub>[C(COOH),]<sub>10</sub>, respectively.  $D_{\rm H}$ values for both derivatives were only modestly temperature- and concentrationdependent at pH 9. Debye plot analyses of SLS data indicated that the intermolecular forces that aggregate  $Gd@C_{60}[C(COOH)_2]_{10}$  into nanoclusters are weaker than those of Gd@C<sub>60</sub>(OH)<sub>x</sub>. This conclusion was also supported by variable-temperature TEM measurements showing that Gd@C<sub>60</sub>(OH), aggregates maintained crystallinity when warmed to room temperature, while Gd@C<sub>60</sub>[C(COOH),]<sub>10</sub> aggregates did not.

The above-described studies (Sitharaman et al., 2004; Tóth et al., 2005) together reveal the importance of gadofullerene intermolecular aggregation or nanoclustering to their relaxivity properties. Light scattering and TEM analyses have shown the gadofullerenes to have pH-dependent hydrodynamic diameters, which correlates well with their pH-dependent  $r_1$  relaxivities. At low pH, the gadofullerenes are aggregated into larger clusters that tumble relatively slowly (increasing their rotational correlation times), which consequently increases relative  $r_1$ . At high pH, the clusters are smaller, and with relatively faster tumbling, present lower relative  $r_1$ relaxivities. Gadofullerenes thus might function as pH-sensitive MRI contrast agents for selective  $T_1$ -weighted enhancement of diseased tissues having low pH, such as tumors, since gadofullerene relaxivities are elevated at lower pH. Using relaxivity as an indicator of aggregation state, and DLS characterization, Laus et al. (2005) next determined that aqueous gadofullerene aggregates can be disrupted (broken apart) by high concentrations of dissolved salts. Salt addition breaks up the aggregates into smaller and more rapidly tumbling units, which have much lower relaxivities and smaller hydrodynamic diameters. Phosphate salts were found to be more effective at disaggregating gadofullerenes in solution than sodium halide salts. For example, without added dissolved salts,  $Gd@C_{60}(OH)_x$  had  $r_1 =$  $83.2 \text{ mM}^{-1}\text{s}^{-1}$  and  $D_H = 810 \text{ nm} (1.4 \text{ T}, 37 °C)$ . After adding a respective salt solution to  $Gd@C_{60}(OH)_x$ ,  $r_1 = 14.1 \text{ mM}^{-1}\text{s}^{-1}$  and  $D_H = 91 \text{ nm}$  in 10 mM phosphate, while  $r_1$  $= 31.6 \text{ mM}^{-1}\text{s}^{-1}$  and  $D_H = 121 \text{ nm}$  in 150 mM NaCl solution. While disaggregation certainly decreases gadofullerene rotational correlation times, it may also decrease

relaxivity via influences on proton exchange and electronic relaxation. The saltinduced disaggregation process is relatively slow, with *in vitro* aggregation halflives in 100 mM phosphate-buffered saline (PBS) and in mouse serum (both at 37 °C) being 30 and 45 min for Gd@C<sub>60</sub>(OH)<sub>x</sub>, and 25 min in both media for Gd@  $C_{60}[C(COOH)_2]_{10}$ . These results indicate that these two gadofullerenes will be present in high-relaxivity (aggregated) form during the time for a typical MRI examination, followed by disaggregation and clearance. The aggregation half-lives may be even longer *in vivo* because the phosphate concentration in human blood plasma is about 250 times lower than the concentration used in the disaggregation half-life study. The effects that added salt concentration have on gadofullerene relaxivity goes a long way in explaining the discrepancies between different reports of gadofullerene relaxivities (for both Gd@C<sub>82</sub> and Gd@C<sub>60</sub> compounds) because their derivatization methods all involve or produce aqueous salts, varying amounts of which likely remain in samples after product isolation unless special effort is taken to eliminate them.

Relaxivity characterization was then conducted by Laus et al. (2007) on the two Gd@C60 gadofullerenes under aggregate-free conditions. Sodium phosphate was used to disrupt the hydrogen-bonded intermolecular gadofullerene nanoclusters, so that the relaxivity properties of the completely disaggregated molecules could be characterized. It was determined that 75-100 equivalents of phosphate were adequate to disaggregate the agents by plotting relaxivity versus phosphate concentration and noting where the relaxivities plateau to minimum values. <sup>17</sup>O NMR measurements of the longitudinal and transverse relaxation rates were conducted on both aggregated and disaggregated  $Gd@C_{60}(OH)_x$  and  $Gd@C_{60}[C(COOH)_2]_{10}$ . Large differences were seen between  $1/T_1$  and  $1/T_2$  values for the aggregated forms of the gadofullerenes. However, after dissaggregation, these differences diminished strongly. This behavior is characteristic of water molecules confined to interstitial spaces between gadofullerenes in an intermolecular aggregate. Furthermore, the difference between  $1/T_1$  and  $1/T_2$  values was greater for Gd@C<sub>60</sub>(OH)<sub>x</sub> than for  $Gd@C_{60}[C(COOH)_2]_{10}$ , indicating that the intermolecular forces in  $Gd@C_{60}(OH)_x$ aggregates are greater than those holding together  $Gd@C_{60}[C(COOH)_2]_{10}$  aggregates, and was consistent with data from earlier light scattering results (Sitharaman et al., 2004). Exchange of confined and bulk water molecules was found to be much faster than the corresponding exchange of the first-sphere water molecule(s) of

Contrast agent	$r_1 (\mathrm{mM}^{-1}\mathrm{s}^{-1})$	Aqueous conditions	Reference
Gd@C <sub>60</sub> (OH) <sub>x</sub>	83.2	pH = 7.4	Laus et al. (2005)
$Gd@C_{60}(OH)_{r}$	97.7	pH = 7.4	Laus et al. (2007)
$Gd@C_{60}(OH)_{r}$	74.9	pH = 4.12	Tóth et al. (2005)
$Gd@C_{60}(OH)_{x}$	28.9	pH = 12.35	Tóth et al. (2005)
$Gd@C_{60}(OH)_{x}$	31.6	$150 \mathrm{mM}$ NaCl, pH = 7.4	Laus et al. (2005)
$Gd@C_{60}(OH)_{r}$	14.1	$10 \mathrm{mM}$ phosphate, pH = 7.4	Laus et al. (2005)
$Gd@C_{60}(OH)_{x}$	13.0	$100 \mathrm{mM}$ phosphate, pH = 7.4	Laus et al. (2007)
$Gd@C_{60}[C(COOH)_2]_{10}$	24.0	pH = 7.4	Laus et al. (2005)
$Gd@C_{60}[C(COOH)_2]_{10}$	14.8	pH = 7.4	Laus et al. (2007)
$Gd@C_{60}[C(COOH)_2]_{10}$	21.4	pH = 2.91	Tóth et al. (2005)
$Gd@C_{60}[C(COOH)_2]_{10}$	5.7	pH = 12.51	Tóth et al. (2005)
$Gd@C_{60}[C(COOH)_2]_{10}$	16.0	150 mM NaCl, pH = 7.4	Laus et al. (2005)
$Gd@C_{60}^{0}[C(COOH)_{2}]_{10}^{10}$	6.8	$10 \mathrm{mM}$ phosphate, pH = 7.4	Laus et al. (2005)
$Gd@C_{60}^{0}[C(COOH)_{2}]_{10}^{10}$	4.6	$100 \mathrm{mM}$ phosphate, pH = 7.4	Laus et al. (2007)

**Table 8.2**  $r_1$  relaxivities of water-soluble Gd@C<sub>60</sub> derivatives at 1.4 T

 $Gd^{3+}$  chelate compounds with bulk solvent waters. Table 8.2 lists  $r_1$  relaxivity data for the two  $Gd@C_{60}$  derivatives under a variety of aqueous solution conditions.

Laus et al. (2007) also obtained NMRD profiles of the gadofullerenes while disaggregated at several different temperatures. When disaggregated, the overall relaxivities of both gadofullerenes are much lower than while aggregated, but both agents retained a broad peak or hump in relaxivity at higher magnetic fields (approximately 0.7–1.4 T). The high-field  $r_1$  maximum for Gd@C<sub>60</sub>(OH), was greater than that of  $Gd@C_{60}[C(COOH)_{2}]_{10}$ , consistent with the polyhydroxylated derivative's greater number of protonatable sites. However, at lower fields, the two derivatives had similar relaxivities, consistent with  $Gd@C_{60}(OH)_x$  possessing a faster electronic relaxation than Gd@C<sub>60</sub>[C(COOH)<sub>2</sub>]<sub>10</sub> that at the lower fields otherwise mitigates the advantage of having more protonatable sites. Contributions from both an "inner-sphere-like" mechanism and an outer sphere mechanism were deduced for both derivatives. The inner-sphere-like mechanism does not arise from direct water-to- $Gd^{3+}$  coordination (which is absent in gadofullerenes), but instead reflects the chemical proton exchange between protonated derivative groups on the gadofullerene (COOH or OH groups) and bulk water molecules. Both gadofullerene derivatives had nearly identical rotational correlation times ( $\tau_{\rm R} = 1.2 \, \rm ns$ ) when disaggregated, and interestingly are only slightly shorter than the  $\tau_{\rm p}$  of 2.6 ns determined previously for aggregates of  $Gd@C_{60}[C(COOH)_2]_{10}$  (Tóth et al., 2005). This indicates that while slow rotational correlation is a factor in the high relaxivities of the gadofullerenes, the interstitial confinement of water molecules between gadofullerene molecular units in an aggregate plays a more important role in elevating their relaxivities.

Based on the above studies of water-soluble  $Gd@C_{82}$  and  $Gd@C_{60}$  derivatives, it appears that once  $Gd^{3+}$  is inside the fullerene cage, the relaxivity properties are largely directed by the nature, number, and disposition of derivative groups. The particulars of intermolecular aggregation (nanoclustering) that result from the chemical composition of derivative groups seems to exert a major influence on gadofullerene relaxivity properties. This is evidenced by the differences seen when the properties of charged carboxylated gadofullerenes are compared with uncharged hydroxylated gadofullerenes, as well as the mixed amino-hydroxy derivatized  $Gd@C_{s2}$  compound. Varying the geometrical disposition and number of derivative groups may influence gadofullerene relaxivity. The effects of fullerene cage size and cage symmetry on gadofullerene relaxivity, while not rigorously investigated, do not seem to play a significant role. The above studies of gadofullerene relaxivity suggest that careful design of derivative makeup can be used to manipulate their relaxivity properties.

The high stability of  $Gd^{3+}$  encapsulation offered by  $Gd@C_{60}[C(COOH)_2]_{10}$  and  $Gd@C_{60}(OH)_x$  was verified using a relaxivity measurement-based method (Laus et al., 2005, 2007; Tóth et al., 2005). At 1.4 T, gadofullerene  $r_1$  were measured in aqueous solution before and after the addition of the ligand TTHA<sup>6-</sup> (in a 1:1 TTHA<sup>6-</sup> to gadofullerene molar ratio;  $H_6$ TTHA = triethylenetetramine-N,N,N',N',N',N'-hexacetic acid). The TTHA<sup>6-</sup> ligand forms a highly stable complex with  $Gd^{3+}$  that lacks inner-sphere water molecules; any such complex (having only an outer sphere relaxation mechanism) would have a much lower relaxivity than free  $Gd^{3+}$ . Any relaxivity decrease after adding TTHA<sup>6-</sup> would signal that free  $Gd^{3+}$  ion was present in solution before ligand addition. With the gadofullerene samples, the relaxivities with and without added TTHA<sup>6-</sup> were identical, proving the absence of free  $Gd^{3+}$  ion. The lack of free  $Gd^{3+}$  is also consistent with the reversible nature of the relaxivity response to changes in pH for the gadofullerenes. The total encapsulation of  $Gd^{3+}$  is a very important feature that gadofullerenes offer to avoid  $Gd^{3+}$  based toxicity in contrast agents for *in vivo* MRI applications.

An in vivo MRI test was conducted by Bolskar et al. (2003) with the polycarboxylated  $Gd@C_{60}$  compound  $Gd@C_{60}[C(COOH)_2]_{10}$ . This gadofullerene was intravenously administered to a rat at a dosage of 35 mg/kg, after which the agent's in vivo progress was monitored in a series of  $T_1$ -weighted MRI scans. This agent's biodistribution was more similar to those of clinically used Gd chelate compounds and less similar to the previously in vivo tested Gd@C<sub>s2</sub>(OH), agents. Unlike the case with polyhydroxylated metallofullerenes, polycarboxylated Gd@C60 did not specifically target the organs of the RES. MR images showed the Gd@  $C_{60}[C(COOH)_2]_{10}$  agent reached the kidneys, with excretion via the bladder within 1 h of the agent's injection. Uptake by the liver was much less than had been the case with  $Gd@C_{g2}(OH)_{y}$  agents. The rat tolerated the agent well and completed the imaging procedure without complications. This preliminary in vivo test demonstrated that  $Gd@C_{60}[C(COOH)_2]_{10}$  is an effective contrast agent for  $T_1$ -weighted MRI and that its basic biodistribution, with ready renal excretion, is quite different from the RES-targeting polyhydroxylated fullerenes. The lack of major RES uptake by the polycarboxylated derivative is consistent with the earlier findings that the aggregates (nanoclusters) of polycarboxylated Gd@C60 are weaker than the aggregates of the polyhydroxylated derivative.

*In vitro* cellular MRI was also recently conducted with  $Gd@C_{60}[C(COOH)_2]_{10}$  (Sitharaman et al., 2007). In this study, marrow stromal cells (MSC) and NIH 3T3 stem cells were efficiently labeled with the polycarboxylated gadofullerene and

imaged with  $T_1$ -weighted MRI. Without the need for an externally added transfection agent, the cells were efficiently labeled nonspecifically, with an average of  $10^{11}$  Gd<sup>3+</sup> ions per cell. The labeling process did not adversely affect cell viability, as shown by comparison with unlabeled control cells. The gadofullerenes were located either intracellularly, or deep in the cellular membranes, as shown by an acid strip test. The Gd@C<sub>60</sub>[C(COOH)<sub>2</sub>]<sub>10</sub>-labeled cells were imaged at 1.5 T and their  $T_1$ -weighted signal intensities were almost 250% greater than for corresponding unlabeled cells. This level of gadofullerene-induced MR signal enhancement and cellular internalization is potentially enough for cellular imaging of small numbers of cells, noninvasive cell tracking *in vivo* using MRI, and with further design, development of a specifically targeted intracellular Gd@C<sub>60</sub>[C(COOH)<sub>2</sub>]<sub>10</sub>-based contrast agent.

Lanthanide metallofullerene-based compounds have also been proposed as candidates for controlled delivery of radioisotopes in nuclear medicine (Wilson, 1999; Cagle et al., 1999; Thrash et al., 1999; Wilson et al., 1999). Similar to the advantages conferred by holding Gd<sup>3+</sup> inside gadofullerenes for MRI contrast agents, metallofullerenes that encapsulate radioisotopes may offer certain advantages over chelate compounds. For example, for many desirable radioisotopes, the known chelate structures do not stably contain the radionuclide for as long as is needed to accomplish *in vivo* targeting. Toward demonstrating this, an evaluation of <sup>212</sup>Pb@ C<sub>60</sub> as a radioisotope carrier was recently conducted (Diener et al., 2007). This study suggested that M@C<sub>60</sub> species containing  $\alpha$ -particle-emitting radioisotopes could be effective isotope carriers for radioimmunotherapy, as the higher energies of  $\alpha$ -decay are particularly lethal towards cells. With antibody targeting of radioisotopes having appropriate half-lives, radiofullerenes may lead to more effective treatment of diseases including cancer.

## 8.6 Gd<sub>3</sub>N@C<sub>80</sub> Compounds as MRI Contrast Agents

A new class of endohedrals different from the mono-metal  $M@C_{2n}$  type of metallofullerene was recently discovered, the trimetallic nitride metallofullerenes (sometime abbreviated "TNTs") (Stevenson et al., 1999). This new variant has three metal atoms bonded to a central nitrogen atom inside a fullerene cage, denoted as "M<sub>3</sub>N@C<sub>2n</sub>". Their synthesis is similar to arc production of  $M@C_{2n}$ metallofullerenes, except that a nitrogen source is included during arcing. As with the  $M@C_{2n}$  species, the arc method produces a mixture of carbonaceous soot, empty C<sub>2n</sub> fullerenes of different sizes and isomers, assorted cage sizes, and isomers of M<sub>3</sub>N@C<sub>2n</sub>, as well as  $M@C_{2n}$  species. Several cage isomers of C<sub>80</sub> and C<sub>78</sub> have been the most common fullerene cages associated with M<sub>3</sub>N@C<sub>2n</sub> species. The M<sub>3</sub>N@C<sub>2n</sub> can contain most of the lanthanides, including gadolinium, and certain mixed-metal species with more than one type of lanthanide can also be prepared (Krause and Dunsch, 2005; Dunsch and Yang, 2007). The M<sub>3</sub>N@C<sub>2n</sub> are similar to the M@C<sub>82</sub> metallofullerenes in that they are soluble in organic solvents in which they are extractable from arc soot, and are usually purified using chromatography. Alternate means to separate and isolate  $M_3N@C_{2n}$  metallofullerenes are being investigated (Elliott et al., 2005; Ge et al., 2005; Stevenson et al., 2006).

Different from the lanthanide  $M@C_{2n}$  metallofullerenes, the  $M_3N@C_{2n}$  metallofullerenes have no unpaired fullerene cage-centered electrons. The endohedral  $M_{2}N$  unit is formally hexa-cationic (i.e., a central  $N^{3-}$  with three  $M^{3+}$  bonded to it), and thus the even number of six electrons is donated to the fullerene cage. Paramagnetism must therefore come exclusively from the Gd<sup>3+</sup> ions. As Gd@C<sub>92</sub> and Gd@C<sub>60</sub> were for Gd@C<sub>2n</sub> metallofullerenes, Gd<sub>3</sub>N@C<sub>80</sub> was the first trimetallic nitride gadofullerene investigated as an MRI contrast agent. Dorn and coworkers prepared the water-soluble derivative Gd<sub>3</sub>N@C<sub>80</sub>[DiPEG5000(OH)<sub>1</sub>] having ester-linked poly(ethylene glycol) chains (DiPEG5000 is [COO(CH<sub>2</sub>CH<sub>2</sub>O)<sub>114</sub>CH<sub>3</sub>]<sub>2</sub>) and hydroxyl functionalities independently attached to the gadofullerene surface (Fatouros et al., 2006). At magnetic fields of 0.35, 2.4, and 9.4 T the  $r_1$  relaxivities were 102, 143, and  $32 \text{ mM}^{-1}\text{s}^{-1}$  respectively, and the  $r_2$  relaxivities were 144, 222, and 137 mM<sup>-1</sup>s<sup>-1</sup> at the same respective fields. The relaxivities were concentrationdependent, with higher relaxivities at lower gadofullerene concentrations. A slight increase in  $r_1$  with increasing temperature was observed up to 60 °C. It was stated that the non-polyhydroxylated derivative Gd3N@C80[DiPEG5000] had much lower relaxivities than the version with polyhydroxyl groups, but relaxivity data were not given. The  $r_1$  and  $r_2$  relaxivities of the similarly derivatized Lu<sub>2</sub>N@C<sub>80</sub> analogue were also measured, and in comparison were nearly zero. This result was expected because this Lu<sub>2</sub>N analogue has no unpaired f electrons and no unpaired fullerene cage electrons, thus rendering it diamagnetic. Interestingly, the above results show that even though there are several prominent differences between the  $Gd@C_{2n}$  and  $Gd_{A}N@C_{2}$  metallofullerenes, including the number of entrapped metal ions and the presence or lack of fullerene-cage-centered paramagnetism, their basic relaxivity features including the relaxivity magnitudes are very similar. Differences such as that seen for the concentration dependence of  $r_1$  are likely due to differences in exterior derivatization chemistry and how the chemical functionalities influence solution structure and intermolecular clustering. The relaxivity characteristics of gadofullerenes are complex, with many factors contributing to a given derivative's overall behavior.

 $T_1$ -weighted *in vitro* MR images of  $\operatorname{Gd}_3\operatorname{N}@C_{80}[\operatorname{DiPEG5000(OH)}_x]$  phantom solutions reflected the high  $r_1$  relaxivities (Fatouros et al., 2006). Comparative imaging with the clinical Gd chelate agent gadodiamide revealed the gadofullerene to be approximately 30 times more effective than the chelate on a concentration basis. *In vivo* MRI tests were also conducted with  $\operatorname{Gd}_3\operatorname{N}@C_{80}[\operatorname{DiPEG5000(OH)}_x]$  after infusing the derivative directly into a rat brain bearing a glioma tumor model.  $T_1$ -weighted MRI showed the agent to offer high contrast in both normal brain tissue and in the tumor at relatively low agent concentration. Compared to MRI with intravenously injected gadodiamide (Gd-DTPA-BMA) in the animal, the gadofullerene provided improved tumor margin differentiation. The  $\operatorname{Gd}_3\operatorname{N}@C_{80}$  agent also diffused in tissue slower, and cleared slower, than did gadodiamide.

In addition to the above-described examples, there are several other groups investigating  $Gd_3N@C_{2n}$ -based materials for MRI contrast agents (Wilson et al., 2007), as well as the fundamental chemistry of  $Gd_3N@C_{2n}$  and other  $M_3N@C_{2n}$ species, including separation technology and surface derivatizations (Stevenson et al., 2005). Besides function as paramagnetic MRI contrast agents, similar other biomedical applications have also been proposed for  $M_3N@C_{2n}$  species as with the  $M@C_{2n}$  metallofullerenes. For example, a preliminary demonstration of x-ray contrast agents using "heavy atom" x-ray absorbing lanthanides in metallofullerenes such as  $Lu_3N@C_{80}$  has been reported, and  $M_3N@C_{2n}$  metallofullerenes have also been proposed as potential carriers of radionuclides (Iezzi et al., 2002). These are all topics that will likely to promote new biomedical applications of the TNT-style metallofullerenes. These  $M_3N@C_{2n}$  systems, both with one type of metal and the mixed-metal variants, are poised to join the  $M@C_{2n}$  species as innovative carriers of metals for biomedical imaging and other uses.

#### 8.7 Shortened Carbon Nanotube MRI Contrast Agents

A new type of nanomaterial that is conceptually related to endohedral fullerenes has recently emerged, internally gadolinium-loaded "ultrashort" single-walled carbon nanotubes. Also termed US tubes, they are segments of carbon nanotubes (CNTs) shortened from their microns-long spans into much shorter lengths of approximately 50nm, using a fluorination-based cutting procedure (Gu et al., 2002). The interior spaces of US tubes can be filled with elements and compounds, just as full-length single- and multiwalled carbon nanotubes filled with salts showed very high resistance to loss of contents (Chen et al., 1997; Sloan et al., 1997; Brown et al., 2003). The encapsulation stability that CNTs offer is further demonstrated in studies where filled CNTs were subjected to very high temperatures without leakage.

For US tubes, a detailed study of NaI filling convincingly demonstrated their high encapsulation stability (Mackeyev et al., 2005). In this study, a very small amount (~0.1 mg) of aqueous NaI (entirely labeled with radioactive <sup>125</sup>I) was added to a suspension of empty US tubes in water and vigorously stirred. The mixture was periodically centrifuged and both the US tubes and the aqueous decantate were tested for radioactivity. Remarkably, within 10 min, all of the <sup>125</sup>I activity was associated with the solid US tubes (with none remaining in the water), showing how quickly US tubes take up ions from water, a solvent in which the US tubes themselves are not soluble. More detailed wash-off experiments showed that <sup>125</sup>I very slowly comes out of the US tubes with a half-life of over 113 days. Conversion of encapsulated iodide to iodine by in situ oxidation with hydrogen peroxide increased the encapsulation half-life to over 1.5 years. Separately, thermogravimetric analysis on iodide-filled US tubes table of °C, the

US tubes are thus protecting their contents from the normal effects of heating and melting; this would not be the case when NaI is located outside the tubes, either adsorbed or bound in between bundled tubes (Kissell et al., 2006). These results demonstrated the robustness of the encapsulation by US tubes, and that the interior contents are not in rapid exchange with the exterior. Importantly, this indicates that filled US tubes will not release their contents under normal, physiological conditions, imperative for safety reasons in biomedical applications of metal-filled US tubes.

With confidence in the encapsulating stability of the US tubes, Wilson and coworkers were the first to investigate US tubes filled with gadolinium salts as MRI contrast-enhancing agents. US tubes loaded with GdCl<sub>3</sub> were found to contain superparamagnetic nanoclusters of the  $Gd^{3+}$  salt, while displaying  $r_1$  and  $r_2$ relaxivities orders of magnitude higher than clinically used Gd<sup>3+</sup> chelates (Sitharaman et al., 2005; Sitharaman and Wilson, 2006). For example, the  $r_1$  of surfactant-suspended gadolinium-containing US tubes at 60 MHz and 40 °C is approximately 170 mM<sup>-1</sup>s<sup>-1</sup>. Note that this relaxivity was calculated on a per-Gd<sup>3+</sup> ion basis, *not* on a per-nanoparticle (or per-tube) basis. The  $r_2$  relaxivities are even greater than their  $r_1$  values, being as high as  $600 \,\mathrm{mM^{-1}s^{-1}}$  over the range of 40-200 MHz. Relaxivities of Gd-filled US tube samples can have maxima at low fields, suggesting their application as millitesla imaging agents. Also discovered with Gd-filled US tubes was an intriguing variation of  $r_1$  with changing pH. Below pH 7,  $r_1$  is above 140 mM<sup>-1</sup>s<sup>-1</sup>, and near pH 7 is a steep inflection-like decrease of  $r_1$  down to about 40 mM<sup>-1</sup>s<sup>-1</sup> near pH 10 (Hartman et al., 2008). Unlike with polyhydroxy and polycarboxylate Gd metallofullerene derivatives, there is no significant dependence of nanoparticle size with changing pH. This indicates that inter-tube clustering (aggregation) does not operate as it does with aqueous fullerene and metallofullerene derivatives and thus has no aggregationtriggered influence on relaxivity. This sharp relaxivity increase below pH 7 may very well be useful for selective high-relaxivity imaging of the lower-pH extracellular environments, such as those of cancerous cells and lysozomes. Highrelaxivity Gd-filled US tube materials are likely to have applications as both  $T_1$ - and  $T_2$ -weighted MRI agents.

<sup>1</sup> Towards developing US tubes' applications, exterior covalent derivatization of US tubes is commencing (Ashcroft et al., 2007). Besides US tube-based MRI contrast agents, other biomedical applications are being investigated with US tubes as the nanocarrier. A prominent example is the use of US tubes as radioisotope carriers, such as recently demonstrated by Wilson with US tubes containing <sup>211</sup>At, an  $\alpha$ -particle-emitting radioisotope of interest for radiotherapeutic cancer treatment (Hartman et al., 2007). The wide potential of filled carbon nanotubes as carriers of biomedically useful metal ions and compounds is clear. In this sense US tubes offer several potentially important advantages, including not only their robust containment of desired compounds, but also potentially easier preparation than endohedral metallofullerenes, as well as much shorter lengths than full-length carbon nanotubes, for improved RES avoidance and biological compatibility.

### 8.8 Conclusions

MRI has become increasingly important over the past several decades as an imaging modality used in diagnosis and treatment of disease. Paramagnetic contrast agents have contributed significantly to the utility of MRI, and there is continued need for new and improved contrast agents. This is underscored by the recent emergence of NSF, a serious condition in renally compromised patients associated with exposure to approved Gd chelate contrast agents. For applications of lanthanides in biomedicine, including Gd<sup>3+</sup>, endohedral metallofullerenes offer a new type of metal sequestration different from and potentially superior to chelate compounds. Gadolinium-containing metallofullerenes, or gadofullerenes, are a new type of paramagnetic MRI contrast agent offering high  $T_1$ -weighted relaxivities and safe encapsulation of Gd<sup>3+</sup> ions in their carbon shells. Water-soluble derivatives of Gd@C<sub>82</sub>, Gd@C<sub>60</sub>, and Gd<sub>3</sub>N@C<sub>80</sub> have been examined in both *in vitro* and *in vivo* MRI contexts.

The  $r_1$  relaxivity values reported for gadofullerene derivatives vary. To illuminate the reasons for this variation, detailed examinations of the relaxivity properties of polyhydroxylated and polycarboxylated Gd@C<sub>60</sub> compounds were performed. These studies showed that several different factors contribute to and modify the relaxivities of gadofullerenes. Intermolecular aggregation or nanoclustering operates as a function of pH, and the resultant slow tumbling plays some role in relaxivity elevation. Another substantial factor behind the gadofullerenes' unusually large  $r_1$  relaxivities is the interstitial confinement of water molecules between gadofullerene molecular units in an aggregate, and proton exchange between the many protonated derivative surface groups on the gadofullerene surface with bulk water molecules. It is apparent that the derivative group composition, disposition, and numbers are relaxivity-driving features of the gadofullerenes, which indicates that gadofullerene contrast agent relaxivities and imaging performance can be tuned by control of exterior chemical derivatization. This feature should be useful for maximizing gadofullerene relaxivities and for the development of their advanced imaging applications. Finally, new nanomaterials such as those based on gadolinium-loaded US carbon nanotubes have  $r_1$  and  $r_2$  relaxivities even higher than gadofullerenes on a per-Gd<sup>3+</sup> ion basis. With these high relaxivities and aqueous phase behavior differing from gadofullerenes, the Gd-filled US tubes show great promise for enabling highly sought after goals in cellular and molecular MRI.

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# **Chapter 9 Biomolecules Functionalized Carbon Nanotubes and Their Applications**

**Daxiang Cui** 

Abstract In recent years, functionalization of carbon nanotubes (CNTs) with biomolecules such as nucleotide acids, proteins, and artificial polymers have emerged as a new exciting field. Theoretical and experimental studies of structure and function of bio-inspired CNT composites have made great advances. The importance of nucleic acids, proteins, and synthesized polymers to the fundamental developments in CNT-based bio-nano-composites or devices has been recognized. In particular, biomechanics, biochemistry, thermodynamics, electronic, optical and magnetic properties, and biocompatibility and toxicology of the bio-inspired CNT composites have become a new interdisciplinary frontier in life science and nanomaterial science. Bio-inspired CNT composites have been actively exploited potentials in applications such as gene/drug delivery system, tissue engineering scaffolds, hydrogen storage, molecular imaging, biocatalyst systems, biosensors, and antifouling films. Here we review the main advances in this field over the past few years, explore their application prospects, and discuss the issues, approaches, and challenges, with the aim of improving and developing CNT-based bio-nanotechnology.

Keywords Carbon nanotubes, biomolecules, nanocomposites, functionalization, applications

# 9.1 Introduction

Since Iijima discovered the carbon nanotubes (CNTs) in 1991 (Iijima, 1991), many unique properties of CNTs such as excellent mechanical, electrical, magnetic, optical, and chemical properties, have been gradually uncovered (Dresselhaus et al.,

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1996, 2000; Ajayan et al., 2003). Both single- and multi-walled carbon nanotubes have become ideal nanoscale-building blocks for nanoengineering. A lot of studies suggest that CNTs have extensive commercial application potential in medical chemistry and biomedical engineering.

Biomolecules such as DNA, RNA, proteins, and synthesized polymers are multifunctional nanomaterials, which can be employed in applications such as selfassembly of nanosystems and devices, gene/drug delivery system, and functional molecular imaging (Yan et al., 2003; Salem et al., 2003). DNA, RNA, proteins, and artificial polymers have been demonstrated to self-assemble into linear or more sophisticated topological structures (Seeman, 2005); which can also be used as templates for nanofabrication; their shape and chemical properties can be employed to fabricate ordered arrangements of inorganic substances (Bashir, 2004; Um et al., 2006). Such nanostructures possess unique physical and chemical properties and could serve as a basis for nanoscale devices or nano-machinery in bio-nanotechnology. Integration of biomolecules and carbon nanotubes provide a novel functional platform for bioanalytical sciences and biomedical engineering.

Up to date, functionalization of CNTs with biomolecules such as nucleic acids, proteins, and artificial polymers is currently a developing area of nano-biotechnology, which can achieve improved properties and functions such as good biocompatibility and biological molecular recognition capabilities (Hafner et al., 2001; Shim et al., 2002). Especially the biomolecules-CNT composites, with novel mechanical, biological, optical, electronic, and magnetic properties have been actively investigated, and are being continually exploited to harness the potential applications in various fields including molecular electronics, medical chemistry, and biomedical engineering (Martin and Kohli, 2002; Odom et al., 2002; Keren et al., 2003; Nalwa, 2000). The broad range of increasing nanotechnology applications for CNTs results in the increased chance for both human and environmental exposures to this kind of nanomaterials. Evaluation of biocompatibility and possible adverse effects of CNTs has also been very imperative and urgent (Weiss et al., 2001; Kuempel et al., 2006; Shvedova et al., 2003; Barnard, 2006). Here, we review the main advances of functionalization of CNTs with biological molecules such as nucleic acids, peptides, and artificial polymers as well as cells, and explore their potential applications and prospects, and discuss the issues, approaches, and challenges, with the aim of improving and developing the CNT-based bio-nanotechnology.

# 9.2 Advances of Biomolecules Functionalized CNTs

In the last 10 years, CNTs are successfully functionalized via end terminal or sidewall modification or filling with biomolecules, or conjugating with polymers; the resulting biomolecules-CNTs nanocomposites own special properties such as optimized mechanical, optical, electronic, and magnetic, and have great potential application in industry, agriculture, defense, and bio-medicine. Effects of CNTs on the cells, human health, and environment also attract more and more attention; CNTs' potential hazards

are being actively investigated, the possible measurements to improve CNTs' biocompatibility and reduce their potential risks are being actively explored; all these advances would lay foundation for CNTs' application in the near future.

### 9.2.1 Functionalization of CNTs with DNA Molecules

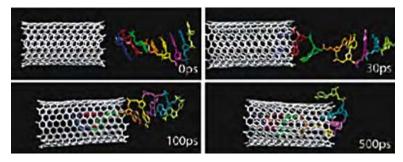
CNTs own excellent materials properties. DNA is an excellent molecule to construct macromolecular networks because it is easy to synthesize, with a high specificity of interaction, and is conformationally flexible. The complementary base-paring properties of DNA molecules have been used to make two-dimensional crystals and prototypes of DNA computers and electronic circuits (Yan et al., 2002; Batalia et al., 2002). Therefore functionalization of CNTs with DNA molecules has great potential for applications such as developing nanodevices or nanosystems, biosensors, electronic sequencing, and gene transporters.

CNTs can conjugate with nucleic acids via non-covalent bond. ssDNA, short double-stranded DNA and total RNA molecules can attach to the surface of CNTs and can disperse CNTs in aqueous environment. The poly(30T) has the highest dispersion efficiency (Zheng et al., 2003). For example, 1 mg DNA molecules mix with 1 mg CNTs in 1 ml water, yield at most 4 mg/ml CNT solution. DNA-CNT complexes can be purified or isolated by electronic properties such as agarose gel electrophoresis and centrifuge method (Cui et al., 2004a; Karajanagi et al., 2004).

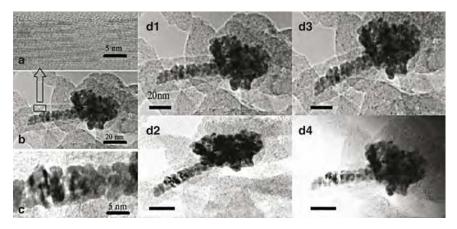
CNTs can also conjugate with nucleic acids via covalent bond. They can be functionalized via covalently bonded adducts. For example, COOH or  $NH_2$  group can be formed on the terminal or sidewall of CNTs (Bahr and Tour, 2002). Antisense-myc can be conjugated with CNTs via covalent bond and can be delivered into HL-60 cells to achieve killing human leukemia cells (Cui et al., 2007).

CNTs can also be encapsulated with DNA molecules. As shown in Fig. 9.1, a DNA molecule could be spontaneously inserted into a SWNT in a water solution via molecular dynamics simulation (Gao et al., 2003). The van der Waals and hydrophobic forces were very key factors for the insertion process, with the former playing a more dominant role in the course of DNA entering into the hole of CNT. Experiment also confirmed that Pt-labeled DNA molecules can be encapsulated into multi-walled carbon nanotubes in water solution at 400 K and 3 Bar as shown in Fig. 9.2 (Cui et al., 2004). The CNTs filled with DNA molecules have potential in applications such as gene delivery system, and electronic sequencing, nanomotor, etc.

SWCNTs can regulate the efficiency of polymerase chain reaction (PCR) (Cui et al., 2004). Adding SWCNTs into the PCR reagents increases the amount of PCR yields at lower SWCNT concentrations, but this effect is reversed at higher SWCNT concentrations. As shown in Fig. 9.3, the XPS result showed that the C1s binding energy intensity of PCR products increased after the reaction. A new C 1s peak appeared to the left of the main peak. The peak width increased and the binding energy spectrum moved towards the left compared with the results before reaction.

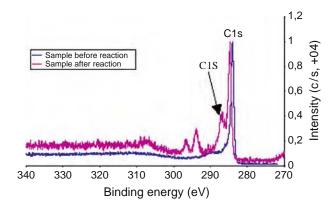


**Fig. 9.1** Simulation snapshots of a DNA oligonucleotide (8 adenine bases) interacting with a (10,10) carbon nanotube at 0, 30, 100, and 500 ps. Water molecules are not displayed for clarity (Chaudhary et al., 2006. With permission from American Chemical Society) (*See Color Plates*)



**Fig. 9.2** HR-TEM images of carbon nanotubes with partially encapsulated nucleic acid fragments labeled with platinum nanoparticles. (A) A local HR-TEM image of the MWCNT shell structure. (B) An image of a Pt-labeled DNA fragment partially drawn into a linear strand inside a MWCNT. The part of the DNA outside the MWCNT is folded into a globular conformation. The TEM image was obtained at an accelerating voltage of 200 KV. (C) HR-TEM image of a partially inserted Pt-labeled DNA fragment inside a MWCNT, showing that the lattice fringe lines of the MWCNT cross over the encapsulated DNA strand. (D) HR-TEM images of the partially inserted Pt-labeled DNA strand under different titling angles and different focus conditions. D1–3 showed that the Pt-labeled DNA strand is observed to align along the nanotube axis under different tilting angles, D4 showed the image of Pt-labeled DNA strand under the de-focus condition. Bar: 20 nm (Correa-Duarte et al., 2001. With permission from Tech Science Press)

These observations confirmed that strong interactions happened among SWCNTs, DNA templates, and Taq enzyme in the course of the PCR. SWCNTs could improve the PCR efficiency, which indirectly demonstrate that CNTs could improve the bio-activity of Taq enzyme, and may own bio-catalytic function in a variety of biochemical reactions.



**Fig. 9.3** The result of C1s binding energy intensity of samples before (lower curve) and after (upper curve) PCR reaction. The left peaks represent the binding energy intensity of C 1s of SWCNTs after PCR reaction; the right-most peak represents the binding energy intensity of C 1s of SWCNTs before reaction. The graph shows that the C 1s peak of SWCNTs moves towards the left with the emergence of two C 1s peaks, indicating enhanced binding energy after PCR reaction (Chen et al., 2001. With permission from IOP Publishing) (*See Color Plates*)

# 9.2.2 Functionalization of CNTs with Proteins

Protein is an excellent natural nanomaterial for molecular machines. Protein-based molecular machines, often driven by an energy source such as ATP, are abundant in biology. Surfactant peptide molecules undergo self-assembly in solution to form a variety of supermolecular structures at the nanoscale such as micelles, vesicles, unilamellar membranes, and tubules (Maslov and Sneppen, 2002). These assemblies can be engineered to perform a broad spectrum of functions, including delivery systems for therapeutics and templates for nanoscale wires in the case of tubules, and to create and manipulate different structures from the same peptide for many different nanomaterials and nanoengineering applications.

The studies of recognitive proteins and protein-binding domains reveal molecular architectures with specific chemical moieties that provide a framework for selective recognition of a target analyte in aqueous environment. Since proteins are heteropolymers of amino acids, proper matching and positioning of chemical residues can lead to artificial macromolecular structures capable of specific recognition. By analyzing binding proteins, scientists have been successful in designing biomimetic polymer networks that specifically bind biologically significant molecules (Huynh et al., 2002).

Peptides directing assembly can be designed using motifs found in natural proteins (Ikkala and Brinke, 2002). After conjugation with hydrophilic polymers, these peptides can keep biological activity. The peptides not only alter the mechanical properties of fibrin but also allow a mechanism for creating a self-assembling network. Furthermore, these biomaterials can be designed with physiologically relevant enzymatic degradation sites and can support the release of bioactive factors such as adhesion molecules, growth factors, and extracellular matrix proteins.

Synthetically lapidated peptides possess the self-assembly character of amphiphilic molecules and biological activity of the peptide headgroups. This enables interfaces to be assembled that deliver biofunctionality in a controllable way. Incorporation of peptide amphiphiles in liposomes greatly increases the uptake of synthetic dyes by cells, indicating their potential utility in targeted drug delivery.

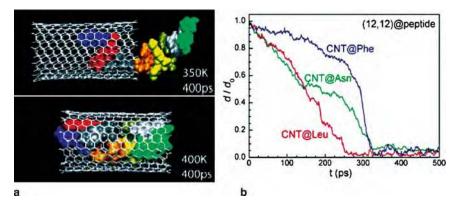
CNTs have recently received extensive attention due to their nanoscale dimensions and outstanding materials properties. Integration of CNTs and proteins can gain more advantages over CNTs or proteins and can realize novel, specific functions. Therefore, functionalization of CNTs with proteins own broad application prospects.

### 9.2.2.1 Functionalization of CNTs with Proteins via Covalent or Non-Covalent Bond

CNTs can be functionalized with protein via non-covalent bond (Li et al., 2005; Kim et al., 2003; Mitchell et al., 2002). For example, (beta-lactamase I, that can be immobilized inside or outside CNTs, doesn't change enzyme's activity (Vinuesa and Goodnow, 2002). Taq enzyme can attach to the outside of CNT, and doesn't change its activity (Cui et al., 2004). Peptide with Histidine and Tryptophan can have selective affinity for CNT(Guo et al., 1998). Monoclonal antibody can attach to SWNTs. Protein-modified CNTs can be used to improve its biocompatibility and biomolecular recognition capabilities (Um et al., 2006). For example, CNTs functionalized with PEG and Triton X-100 can prevent nonspecific binding of protein and CNTs. Biotin moiety is attached to the PEG chains; Streptavidin can bind specifically with biotin-CNT (Shim et al., 2002).

CNTs can also be employed for protein immobilization via covalent sidewall functionalization (Wang et al., 2003). A bifunctional molecule, 1-pyrenebutanoic acid, succinimidyl ester irreversibly adsorbed onto the hydrophobic surface of SWNTs in methanol, succinimidyl ester groups on the surface of SWCNTs can react with amine on the surface of proteins and result in the formation of an amide bond decorated SWNT (Georgakilas et al., 2002). For example, SWCNTs-streptavidin conjugates can enter into human leukemia cells and human T cells via the endocytosis pathway (Chen et al., 2001; Kam et al., 2006), which highly hint that SWCNTs should be a good gene/drug transporters.

CNTs can also be filled with amino acids or short peptides. For example, molecular dynamics simulation showed that the three polypeptides such as strong hydrophobic phenylalanine (Phe), moderate hydrophobic leucine (Leu), and strong hydrophilic asparagines (Arg) can be encapsulated inside the nanotube but with different encapsulation velocity as shown in Fig. 9.4 (Kong et al., 2003). The encapsulation of protein inside a CNT depends on the free energy change of the whole complex system. The larger the encapsulation-induced free energy reduction the faster is the encapsulation process.



**Fig. 9.4** (a) Snapshot of peptide being filled into CNT; (b) normalized COM distances between polypeptide and CNT as function of simulation time ( $d_0$  is the initial COM distance) (Dillon et al., 1997. With permission from American Materials Research Society) (*See Color Plates*)

Bioactive-peptide-functionalized CNTs can cause strong anti-peptide immunological responses in mice, no cross-reactivity against CNTs was detected (Pantarotto et al., 2003; Salvetat et al., 2006). Employing fully the advantages of CNTs and proteins may fabricate a lot of nanomotor or nanoscale machinery with unique function.

#### 9.2.2.2 Interaction Between CNTs and Enzyme Molecules

CNTs have been used as supports for the enzymes (Rege et al., 2004; Yim et al., 2005). The higher surface area of CNTs can support a much higher density of enzymes than previous approaches such as thin films. Their high aspect ratio aids in the retention of enzyme-CNT conjugates in the matrix. CNTs also enhance the stability of adsorbed proteins relative to micro- or macro-scale supports, thereby helping to preserve or enhance enzyme bioactivity in the nanocomposites (Wang, 2006). For example, Asuri and his co-workers (Asuri et al., 2007) reported that the proteases attached to the surface of SWCNTs can create self-cleaning surfaces that resist protein adsorption. This kind of SWCNT-enzyme composite exhibited 30 times higher overall catalytic activity than control composites where the proteases were conjugated to a non-nanoscale graphite support. Importantly, the enzymes preserved more than 90% of their initial activity over 30% days in the liquid buffer, with only negligible amounts of enzymes leaching out. The result demonstrates that the nanocomposites of SWCNTs and polymers can act as hosts for enzymes and can prevent protein contamination on the surface of medical devices. We consider that SWCNTs may have the function as biocatalyst to improve the enzyme activity attached to the surface of CNTs. Our previous work also indirectly hints that CNTs could improve the bioactivity of enzymes such as Taq enzyme Cui et al. (2004). However, there are also adverse reports. CNTs can

change the conformation of enzyme protein molecules, and reduce the bioactivity of enzyme molecules.

# 9.2.3 Biocompatibility and Toxicology of CNTs

The biocompatibility and toxicological studies of CNTs have become a controversial hotspot. Although several reports showed that CNTs are non-toxic and could be used as *in vivo* multifunctional biological transporters (Kam et al., 2005), there is no doubt that the possible hazards associated with CNTs are significant, and that concern is valid; the key to address the challenge is to clarify the range and mechanism of nanohazards of CNTs, and possible measurements to reduce CNTs' toxicity.

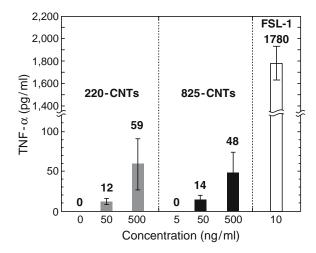
A lot of animal experiments showed that CNTs are toxic to living organisms (Pantarotto et al., 2004a; Singh et al., 2005; Lovat et al., 2005; Foley et al., 2002; Goho, 2004; Hoet et al., 2004; Lam et al., 2004). For example, CNTs could damage mouse lung, skin, and cause mouse death, CNTs also can damage fish brain (Raloff, 2005; Oberdorster et al., 2004; Maynard et al., 2004).

CNTs also showed toxic sign to cells. For example, Pantarotto and his colleagues (Pantarotto et al., 2004) reported that CNT-conjugated bioactive peptides can cross cell membranes, can accumulate in the cytoplasm, or reach the nucleus; this kind of peptides-functionalized CNTs may exhibit cytotoxicity when the concentration inside the cells exceed  $10 \mu M$ .

Length and size of CNTs seriously affect their cytotoxicities (Sato et al., 2005; Cui et al., 2007). CNTs of 825 nm in length caused stronger inflammation in human acute monocytic leukemia cell line THP-1 than CNTs of 220 nm in length, as shown in Fig. 9.5. However, histological observation as shown in Fig. 9.6, showed that no severe inflammatory response such as necrosis, white cells aggregates, etc. This result indirectly shows that CNTs can cause noninflammatory damage to local tissues.

Degeneration or neutrophil infiltration *in vivo* were exhibited around CNTs examined throughout the experimental period. Different sizes of CNTs cause different cell reaction (Goh et al., 2003). For example, SWCNTs inhibit HEK293 cell proliferation, decrease cell adhesive ability in a dose- and time-dependent manner (Grunlan et al., 2004) as shown in Fig. 9.7 and Fig. 9.8.

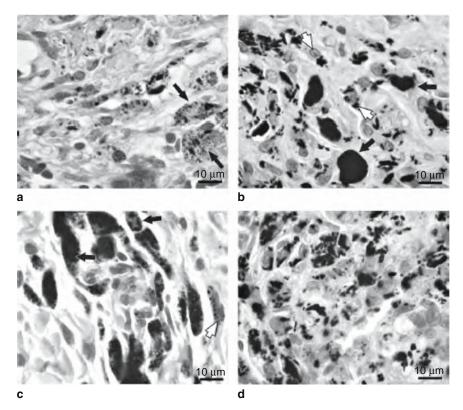
Our previous studies showed that CNTs exhibit marked cytotoxicity (Cui et al., 2005; Tian et al., 2006). For example, SWCNTs can inhibit HEK293 cell proliferation, decrease cell adhesive ability in a dose-and time-dependent manner as shown in Fig. 9.7. HEK293 cells also exhibit active responses to SWCNTs such as secretion of some 20–30kd proteins to wrap SWCNTs, aggregation of cells attached by SWCNTs and formation of nodular structures as shown in Fig. 9.8. Cell cycle analysis showed that  $25 \,\mu$ g/ml SWCNTs in medium induced G<sub>1</sub> arrest and cell apoptosis in HEK293 cells as shown in Fig. 9.9. Biochip analysis showed that SWCNTs can induce up-regulation expression of cell cycle-associated genes such



**Fig. 9.5** Induction of THP-1 cells by 220-CNTs and 825-CNTs. The diacylated lipopeptide FSL-1 was used as a positive control (Gong et al., 2000. With permission from The Royal Society of Chemistry)

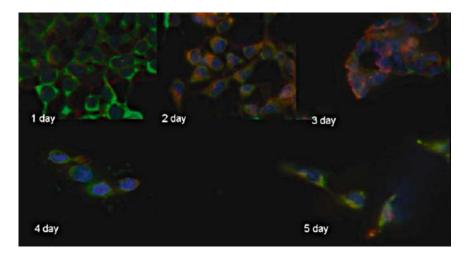
as *p16*, *bax*, *p57*, *hrk*, *cdc42* and *cdc37*, down-regulation expression of cell cycle genes such as *cdk2*, *cdk4*, *cdk6*, and *cyclin D3*, and down-regulation expression of signal transduction-associated genes such as *mad2*, *jak1*, *ttk*, *pcdha9*, and *erk*. Western blot analysis showed that SWCNTs can induce down-regulation expression of adhesion-associated proteins such as laminin, fibronectin, cadherin, FAK, and collagen IV. SWCNTs inhibit HEK293 cells growth by inducing cell apoptosis and decreasing cellular adhesion ability. It is also observed that SWCNTs stimulate human osteoblast cells and human fibroblast cells to produce many protuberances on the surface compared with the control, as shown in Fig. 9.9, which is one kind of active protective reaction of stimulated cells. Some new reports also support that CNTs own the cytotoxicity. For example, Terrones and his colleagues (Jares-Erijman EA, and Jovin, 2003) reported that when MWCNTs were injected into the mice's trachea, the mice could die by dyspnea depending on the MWCNTs doses. CNTs can induce serious oxidative stress injury within cells (Joshi et al., 2005).

Some reports showed that pure CNTs can cross cell membrane with high efficiency (Kam et al., 2005; Pantarotto et al., 2004). Some reports showed that CNTs could not be found in cells by HR-TEM (Carrero-Sánchez et al., 2006; Stone and Donaldson, 2006). In our previous studies, we also found that pure CNTs were very difficult to enter into cells such as human fibroblast cells (Tian et al., 2006) and HEK293 cells (Cui et al., 2005), and stem cells, we spent almost 6 months on sectioning these cells and looking for CNTs within cells by HR-TEM, finally we could not find CNTs within cells, we only observed that a lot of CNTs attached to the surface of cells (Fig. 9.10a), and some tubers appeared on the surface of CNTs (Fig. 9.10c). That is to say, non-modified CNTs can efficiently enter into almost all

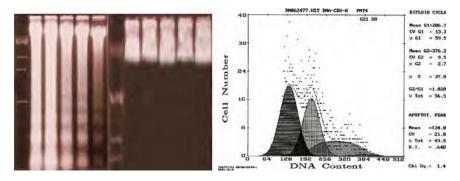


**Fig. 9.6** Histology of 220-CNTs and 825-CNTs implanted in the subcutaneous tissue. 1 week: Clusters of both of 220-CNTs and 825-CNTs were surrounded by granulation tissue. (a) Many of the 220-CNTs were enveloped by macrophages (arrows). (b) Some of the 825-CNTs were observed in the intercellular space (arrows), while others were observed in macrophages (white arrows), 4 weeks: (c) Most of the 220-CNTs were observed in macrophages (arrows) and fibroblasts (white arrows). (d) There was a negligible difference in the degree of inflammation around 825-CNTs 4 weeks following surgery, compared to 1 week. All scale bars are 10mm (Gong et al., 2000. With permission from The Royal Society of Chemistry)

cells including tumor cells, normal primary cultured cells as well as stem cells. For example, we observed that biomolecules-modified CNTs located in the cytoplasm of HL-60 cells, MCF-7, and HepG2 cells by HR-TEM (Cui et al., 2007; Tian et al., 2006), as shown in Fig. 9.10b, cy3-modified SWCNTs located inside HL-60 cells. Dai and his colleagues (Kam et al., 2005) reported that PL-PEG-FA-modified SWCNTs can efficiently enter into HeLa cells, and can be used as near-infrared agents for selective cancer cell destruction because SWCNTs have the ability of the strong optical absorbance in the range of 700–1,100 nm. Different biomolecules such as nitrogen (Carrero-Sánchez et al., 2006), peptides (Pantarotto et al., 2004), dyes (Cui et al., 2007; Maynard et al., 2004), and dendrimers (Pan et al., 2006, 2007) can markedly enhance cellular uptake of CNTs, and also markedly decrease CNTs' cytotoxicity; interaction between dyes and CNTs are also reported (Casey et al., 2007).

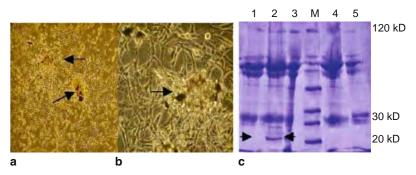


**Fig. 9.7** Indirect immunofluorescent staining of SWCNTs-treated HEK293 cells for day 1–5 by fluorescent microscopy ( $\times$  630). Green: cadherin; red: collagen; blue: cellular nucleus staining with DAPI. The expression levels of cadherin and collagen IV in cells decreased gradually as the culture days increased; HEK293 cells gradually detached from the cell populations as the culture days increased (Grunlan et al., 2004. With permission from Elsevier) (*See Color Plates*)

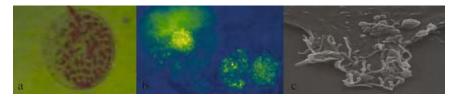


**Fig. 9.8** Apoptosis of HEK293 cells induced by SWCNTs. B1: DNA electrophoresis of cells cultured with 25 g/ml SWCNTs for 1–5 days, *M* molecular marker, no. 1–5 denote the results of cells cultured for day 1–5, respectively; B2: DNA electrophoresis results of control cells cultured for day 1–5; C: the cell cycle distribution of HEK293 cells cultured with  $25 \mu \text{g/ml}$  SWCNTs for 4 days, the percentage of sub-G1 cells (apoptosis cells) was 43.5%. (Grunlan et al., 2000. With permission from Elsevier) (*See Color Plates*)

We also confirmed that CNTs-based materials endocytosis behavior was highly dependent on surface characteristics. Under the condition of less than 4°C, it is difficult for biomolecules-modified CNTs to enter into cells, whereas at 37°C, biomolecules-modified CNTs easily enter into cells, the phenomena demonstrates that endocytosis of biomolecules-modified CNTs into cells is an active course with energy consumption.



**Fig. 9.9** Responses of HEK293 to single-walled carbon nanotubes. (a) SWCNTs were aggregated together and surrounded by HEK293 cells ( $\times$  200). (b) The aggregated SWCNTs were surrounded by secretion from HEK293 cells ( $\times$  400). (c) SDS-PAGE result showed that some 20–30kd proteins existed in the supernatants of HEK293 cells with 25 g/ml SWCNTs. *M* is protein marker; the no. 1–5 denote the results for HEK293 cells cultured with SWCNTs for 1–5 days, respectively, showing some small secreted proteins were only detected on the day 2 and day 3 after SWCNTs were added inside the cell culture (Grunlan et al., 2000. With permission from Elsevier) (*See Color Plates*)



**Fig. 9.10** SWCNTs attached to the surface of cells and located within cells **a**. SWCNTs attached to the surface of cells; **b**. SWCNTs labeled with Cy3 located within cells; **c**. Some protuberances appeared on the cell surface after cells are stimulated by SWCNTs. Right picture is control. Bar is  $10\mu$ m (With permission from American Scientific publisher) (*See Color Plates*)

Regarding the mechanism of biomolecules functionalized CNTs entering into cells, endocytosis mechanism may be responsible for the phenomena, a theory model is also suggested (Gao et al., 2005); the optimal size of particles entering into cells is between 20 nm and 700 nm or so, too small nanoparticles are very difficult to enter into cells because of cellular surface tension force and adhesion. The further mechanism of effects of CNTs on human healthcare and environment is being investigated from the following four scales such as molecular, cellular, animals, and environment levels.

In short, CNTs own potential nanohazards because we still do not know the concrete metabolism course of CNTs within cells and human body, and possible effects on heredity, gene transcriptional, and post-translational regulations, at present, we still do not have enough proofs to confirm CNTs are no toxic, thereby the key is to find these methods to reduce potential risk of CNTs by series of studies.

### 9.2.4 Interaction Between CNTs and Polymer Matrix

CNTs are excellent nanomaterials with outstanding high Young's modulus, stiffness, and flexibility (Treacy et al., 1996; Otten et al., 2002; Lourie et al., 1998; Yu et al., 2000), can be used as a filler in polymer composite systems to obtain ultralight structural materials with enhanced electrical, thermal, and optical properties. For example, CNTs can be dispersed and aligned in the polymer matrix. The resulting novel homologous multifunctional nanostructure materials exhibit excellent properties such as optimal mechanical, thermal, electrical, electrochemical, electromagnetic, optical, and super-hydrophobic properties.

#### 9.2.4.1 Mechanical Properties of Polymer/CNTs Composites

Incorporation of CNTs into a polymer matrix can form the structural materials with dramatically increased modulus and strength. The composites' strength depends on two variables. Firstly, there should be a high degree of load transfer between the matrix and the CNTs. Secondly, CNTs should be well dispersed in matrix. Chemically functionalized MWCNTs incorporated into a polymer matrix can improve the transfer of mechanical load through a chemical bond (Velasco-Santos et al., 2003b). The resulting composite exhibits higher storage modulus (E) and tensile strength than the composites without added CNTs. For example, E' at 90°C is increased by 1135%.

CNT can markedly reinforce polystyrene rod and epoxy thin film by forming CNT/polystyrene (PS) and CNT/epoxy composites (Wong et al., 2003). Molecular mechanics simulations and elasticity calculations clearly showed that, in the absence of chemical bonding between CNT and the matrix, the non-covalent bond interactions including electrostatic and van der Waals forces result in CNT-polymer interfacial shear stress (at 0 K) of about 138 and 186 MPa, respectively, for CNT/ epoxy and CNT/PS, which are about an order of magnitude higher than microfiber-reinforced composites, the reason should attribute to intimate contact between the two solid phases at the molecular scale. Local non-uniformity of CNTs and mismatch of the coefficients of thermal expansions between CNT and polymer matrix may also promote the stress transfer between CNTs and polymer matrix.

The composites of polyamide-6 and CNTs showed an increase of 27% in the Young's modulus, as shown in Fig. 9.11, these selectively filled polyamide-6/ABS-blends exhibit a highly irregular, continuous morphology (Meincke et al., 2004). The CNT-filled composites show superior mechanical properties in the tensile tests. For example, in the composites of MWCNTs filled polyvinyl alcohol (PVA) and poly(9-vinyl carbazole) (PVC), adding various concentrations of CNTs into the composites, both Young's modulus and hardness increased by factors of 1.8 and 1.6 at 1 wt.% in PVA and 2.8 and 2.0 at 8 wt.% in PVC. CNTs act as nucleation sites in the matrix, their inclusion enhances polymer crystallization. This crystal growth enhanced matrix–CNT stress transfer.

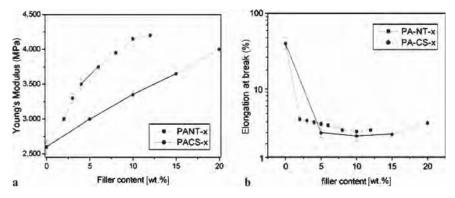


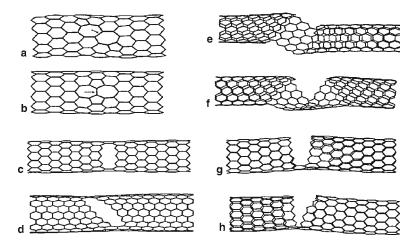
Fig. 9.11 Young's moduli (a) and elongation at break (b) of PA-Nt composites and PA-CB-composites plotted versus the filler content (Huang et al., 2006. With permission from Wiley-VCH)

The possible fatigue failure mechanisms of SWCNT in the composite were also reported (Ren et al., 2004). Possible failure modes mainly include three stages, that is, splitting of SWCNT bundles, kink formation, and subsequent failure in SWCNTs, and the fracture of SWCNT bundles. As shown in Fig. 9.12, for zigzag SWCNT, failure of defect-free tube and tubes with Stone–Wales defect of either A or B mode all resulted in brittle-like, flat fracture surface. A kinetic model for time-dependent fracture of CNTs is also reported (Satapathy et al., 2005). These simulation results are almost consistent with the observed fracture surfaces, which can be reproduced reasonably well, suggesting the possible mechanism should exist in CNT-polymer composites.

Crack toughness behavior of MWCNT/polycarbonate nanocomposites was also reported (Xiao et al., 2004; Foster et al., 2005). When 2 wt.% MWCNTs was added into the composites, the resistance to crack propagation was markedly increased compared to pure Polycarbonate. At 4 wt.% MWCNTs, a tough-to-brittle transition has been observed. The attack of crack initiation needs shorter time for nanocomposites with 4 wt.% MWCNT compared to the composites with 2 wt.% MWCNTs, which supports that a tough-to-brittle transition exists in these nanocomposites.

#### 9.2.4.2 Water Solubility and Super-Hydrophobic Properties of CNTs

The solubility of CNTs in water or organic solvents can be improved via noncovalent or covalent interactions such as the straight dispersion in a single solvent (Peng et al., 2007), charge transfer between electron donor and acceptor, the wrapping effect of soluble polymers or cylindrical micelles, and the covalent modification including end-opening, chemical derivation, and side-walled chemical modification (Zhao et al., 2005; Panhuis et al., 2005; Li et al., 2001). For example, Poly(aminobenzene sulfonic acid) (PABS) and polyethylene glycol (PEG) were covalently attached to SWCNTs, the water-soluble graft copolymers of a fairly uniform length and diameter with a water solubility of about 5 mg/ml SWCNTs can

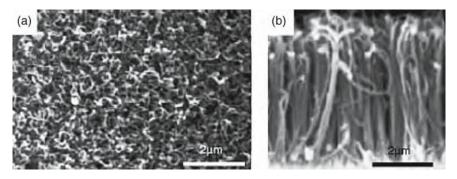


**Fig. 9.12** Results of molecular mechanics simulations: (a) A Stone–Wales defect (A mode) in a zigzag SWCNT, (b) a Stone–Wales defect (B mode) in a zigzag SWCNT, the bonds with highest potential energy are indicated by arrows. Propagating cracks in: (c) A defect-free zigzag tube, and (d) defect-free armchair tube. Fracture mode of armchair tube with (e) Stone–Wales defect (A mode), and (f) Stone–Wales defect (B mode). Fracture mode of zigzag tube with (g) Stone–Wales defect (A mode), and (h) Stone–Wales defect (B mode) (Huynh et al., 2002. With permission from Wiley)

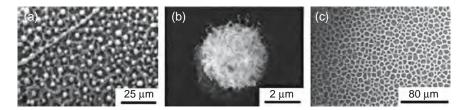
be formed, the loading of SWCNTs in the graft copolymers is almost 30% for SWNT-PABS and 71% for SWNT-PEG. This graft copolymer has a ground state, that is, a hybrid of the electronic structures of the isolated PABS and SWNT macromolecules.

CNTs own super-hydrophobic properties. The contact angle for water on an aligned CNT film by the pyrolysis of metal phthalocyanines is about 128° (Liang et al., 2002), as shown in Fig. 9.13. After the CNT film is modified through immersion in a methanol solution of hydrolyzed fluoroalkylsilane, the modified aligned CNT films show super-"hydrophobic" properties, the contact angles for water and rapeseed oil on the film are 171° and 161°, respectively. In general, the contact angle (u) of a flat surface and that of a suitably rough surface (ur) is given by  $\cos \theta = rf_1 \cos \theta - f_2$ , where *r* is the surface roughness factor,  $f_1$  and  $f_2$  are fractions of CNTs and air on the aligned CNT films. The structure of aligned CNT films formed a rough surface, where the liquid may trap air and result in a composite surface effect. The very large fraction  $(f_1)$  of air and the very small fraction  $(f_2)$  of CNTs on the films are responsible for large contact angles for water and oil.

The lotus-like and honeycomb-like aligned CNT films with a combination of micro- and nanostructures were also reported (Sun et al., 2003; Choi et al., 2003). They all displayed super-hydrophobic properties as shown in Fig. 9.14. The well-aligned CNT-polymer films or coatings have potential on applications such as super-hydrophobic surfaces to textiles, coatings, gene delivery, micro-fluid channels, non-wetting liquid transfer, and so forth.



**Fig. 9.13** SEM images of aligned CNT films by pyrolysis of metal phthalocyanines: (a) top view; and (b) cross-sectional view (Kam et al., 2005. With permission from all authors and Wiley)

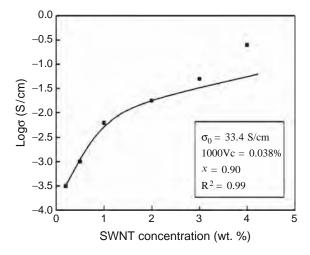


**Fig. 9.14** SEM images of lotus-like and honeycomb-like aligned CNT films: (a) top view of lotus-like aligned CNT films; (b) enlarged view of single micro-papilla of the lotus-like aligned CNT films; and (c) top view of honeycomb-like aligned CNT films (Kashiwagi et al. 2002. With permission from all authors and Wiley)

#### 9.2.4.3 Electrical and Electrochemical Properties of CNTs/Polymer Matrix

CNT-filled polymer composites own better electrical conductivity, which is closely associated with the amounts and alignment order of CNTs in polymer composites. For example, General Electric Company employed CNTs to replace conventional microscale conducting fillers, and add into the poly(phenylene oxide) (PPO)/polyamide (PA) blend for automotive mirror housings (Grunlan et al., 2004). In order to gain a satisfactory anti-static property, the loadings of CNTs is required as high as 15 wt.%. When the poly(*p*-phenlyenevinylene-co-2,5-dioctoxy-*m*-phenylenevinylene) (PMPV) polymer includes 8 wt.% CNTs, its electric conductivity is dramatically increased by ten orders of magnitude. Similarly, the *in situ* polymerized polyimide (PI)/SWCNT composite films also exhibited significant conductivity enhancement by ten orders of magnitude at a very low loading (0.1 vol.%) without significantly sacrificing optical transmission.

Figure 9.15 shows how the electric conductivity of SWCNT-filled composites increases with SWCNT concentration (Park et al., 2002). The solid curve is the fit to the experimental data using the classical percolation power law.  $\sigma = \sigma_0 (V - V_c)^s$ 



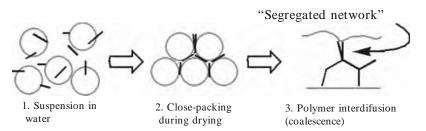
**Fig. 9.15** Electrical conductivity as a function of SWNT concentration in PVAc emulsion-based matrix. The solid curve is the fit to the percolation power law (Eq. 9.1), whose parameters are shown on the graph (Keren et al., 2003. With permission from Wiley-VCH)

where  $\sigma$  is the composite conductivity in S cm<sup>-1</sup>,  $\sigma_0$  is a scaling factor related with the intrinsic conductivity of the filler, *s* is the power law exponent, and *Vc* is the volume fraction of filler at the percolation threshold. Figure 9.17 is schematics of the drying of an emulsion-based composite. Once a lot of water has evaporated, the polymer particles will assume a close-packed structure. If the drying temperature is above the minimum film formation temperature of the polymer, these particles will inter-diffuse to form a coherent film. In the presence of SWCNTs, a "segregated network" evolves because of the inability of the nanotubes to penetrate the polymer particles. This restricted organization of the conductive filler results in the low percolation threshold shown in Fig. 9.16. In the poly(vinyl acetate)(PVAc) emusionbased CNT composite film, the CNTs almost existed in the chain of end to end shown in Fig. 9.17.

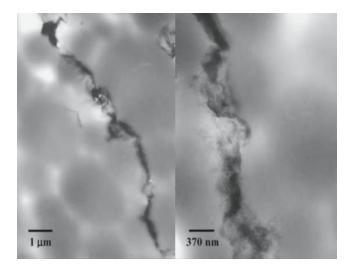
Alignment of CNTs markedly affects the electrical properties of polymer/CNT composites. For example, the nanocomposites of epoxy/MWCNTs with MWCNTs aligned under a 25 T magnetic field leads to a 35% increase in electric conductivity compared to those similar composites without magnetic aligned CNTs (Kilbride et al., 2002). Improvements on the dispersion and alignment of CNTs in a polymer matrix could markedly decrease the percolation threshold value.

Similar results are also obtained from the CNT-filled polymer blends such as CNT-filled polyethylene terephthalate (PET)/polyvinylidene fluoride, PET/nylon 6,6, PET/polypropylene, and PET/high-density polyethylene blends.

Kilbride et al. (2002; Andriotis et al., 2003) measured the alternating current (ac) and direct current (dc) conductivities of polymer-SWCNT composite thin films such as PMPV and polyvinylalcohol (PVA), the result showed that the ac conductivity



**Fig. 9.16** Schematic illustration of drying process for SWNT-filled polymer emulsion. Initially the nanotubes and polymer particles are uniformly suspended in water (left). Once most of water has evaporated, the polymer particles assume a close-packed configuration with the nanotubes occupying interstitial space(center). Finally, the polymer particles will interdiffuse (i.e., coalesce) to forma coherent film, locking the SWNTs within a segregated network (right) (Keren et al., 2003. With permission from Wiley-VCH)



**Fig. 9.17** TEM images of PVAc emusion-based composite film, containing 3 wt.%-SWCNT, at  $10,000 \times (\text{left})$  and  $27,000 \times (\text{right})$  magnification (With permission from Wiley-VCH)

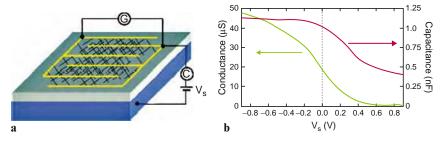
displayed two distinct regions, a frequency-independent region of magnitude sigma(0) at low frequency and a frequency-dependent region at higher frequency. When a thick polymer coating is wrapped around CNTs, poor electrical connection exists between CNTs, which clearly hints that charge transport is controlled by fluctuation-induced tunneling. In the high frequency regime, the CNTs' electrical conductivity increases with frequency, indicative of hopping transport. This result support that the nonlinear resistance is depended on the length of CNTs (Yang and Gupta, 2005).

The MWCNT-filled polystyrene composites have good electromagnetic interference shielding properties (Snow and Perkins, 2005). The shielding effectiveness of MWCNT-filled composites was frequency independent, and increased with the increase of loaded MWCNTs. At the same filler loading, MWCNT-filled polystyrene composites exhibited higher shielding effectiveness compared to those filled with carbon nanofibers. CNTs were more effective than nanofibers in providing high EMI shielding at low filler loadings. For example, the shielding effectiveness of the composite including 7 wt.% MWCNTs may reach more than 26 dB.

In recent several years, super-capacitors are attracting more and more attention because of their high capacitance and potential applications in electronic devices. The performance of super-capacitors with MWCNTs deposited with conducting polymers as active materials is greatly enhanced compared to electric double-layer super-capacitors with CNTs due to the Faraday effect of the conducting polymer as shown in Fig. 9.18 (Valter et al., 2002). Besides those mentioned above, polymer/CNT nanocomposites own many potential applications (Breuer and Sundararaj, 2004) in electrochemical actuation, wave absorption, electronic packaging, self-regulating heater, and PTC resistors, etc. The conductivity results for polymer/CNT composites are summarized in Table 9.1 (Biercuk et al., 2002).

#### 9.2.4.4 Optical and Photovoltaic Properties

In the polymer/CNT composites including n-conjugated polymers, the polymer becomes photo-excited under visible light and transfers electrons efficiently to CNTs, which allows the transfer of electrons into the CNTs while leaving the holes to be preferentially transported through the polymer. The interesting optical properties of CNT-based composite system arise from the low dimensionality and unique electronic band structure of CNTs (Lefebvre et al., 2004). For example, the optoe-lectronic properties occurred in the composites such as SWCNTs conjugated poly(3-octylthiophene) composites (Levitsky et al., 2006) and poly(*o*-anisidine) (POAS)-MWCNTs composites (Panhuis et al., 2005). The specific conductivity was markedly improved as the increment of monolayers of POAS-coated MWCNTs thin films, which showed their potentiality as a new class of materials for inorganic



**Fig. 9.18** (a) Schematic of the device, which was designed for simultaneous measurement of the SWNT network capacitance and conductance. (b) Dependence of the network capacitance (red) and conductance (green) on the substrate voltage, *VS*. The network capacitance is approximately 1/4 the value of the capacitance for a parallel-plate capacitor with an equivalent area and oxide thickness (Kong et al., 2003. With the permission from American Chemical Society) (*See Color Plates*)

		Percolation	Volume or	Processing
Polymer	Filler type	threshold	surface realativity	method
PP	VGCF	9–19 wt.%	10ºΩ-cm	Melt mixing in internal mixer
PP	VGCF	5 vol.%	$10^{1}-10^{2}\Omega$ -cm	Melt mixing, injection molding
PP	VGCF	< 1 vol.%	10ºΩ-cm	Melt mixing in MiniMAX molder
PP Nylon	VGCF	< 9 vol.%	0.15Ω-cm	Melt mixing in MiniMAX molder
PP PS	MWNT	0.05 vol.%	$10^5 - 10^{12} \Omega$ /square	Melt mixing in internal mixer
		0.25 vol.%	$10^5 \Omega$ /square	
PS	MWNT	2.49 vol.%	$10^5 \Omega$ /square	Film casting and spin casting
PC	PC/15%	2 wt.%	10 <sup>5</sup> Ω-cm	Melt mixing in intermeshing
	MWNT masterbatch			co-rotating twin screw extruder
PMMA	MWNT	0.5 wt.%	10 <sup>5</sup> Ω-cm	Spin coating
	SWNT	0.4 wt.%		
PA	SWNT	3 vol.%	10 <sup>-1</sup> -10 <sup>5</sup> Ω-cm at 6 vol.%	Powder technology methods

 Table 9.1 Summary of conductivity results for polymer/CNT composites

vapors detection for environmental applications. The completely soluble optically active polyaniline-MCNT composites retained the polymer's optical activity in the presence of CNTs (Goh et al., 2003, Kymakis and Amaratunga, 2002a).

Nonlinear optical organic materials such as porphyrins, dyes, and phthalocyanines provide optical limiting properties for photonic devices to control light frequency and intensity in a predictable manner. The optical limit of CNTs composites is saturated at CNTs exceeding 3.8wt.% relative to the polymer mass (Chen et al., 2002). Polymer/CNT composites could also be used to protect human eyes, for example, optical elements, optical sensors, and optical switching (Cao et al., 2002).

So far CNTs are also widely used in organic photovoltaic devices. Doping with 6 wt.% chemical functionalized MWCNTs by grafting dodecylamine chains, the photosensitivity of oxotitanium phthalocyanine (TiOPc) is five-fold higher than that of un-doped TiOPc when exposed to 570 nm wavelength (Ago et al., 2000). It is beneficial to design photo-conductive devices with high efficiency of charge carrier generation. Clearly, the polymer/CNT nanocomposites represent an alternative class of organic semi-conducting materials promising for organic photovoltaic cells and devices with improved performance (Ago et al., 2000; Woo et al., 2000; Fournet et al., 2001; Kim et al., 2003; Kymakis and Amaratunga, 2002a and b, 2003; Hone et al., 2002).

#### 9.2.4.5 Thermal Properties of CNT-Polymer Composites

CNTs own excellent thermal conductivity. Aligned bundles of SWCNTs show a thermal conductivity of >200 W/m K at room temperature (Biercuk et al., 2002).

Incorporation of CNTs into polymer matrix can improve the thermal properties of CNT-polymer composites. This is because CNTs could increase the glass transition, melting, and thermal decomposition temperatures of the polymer matrix. Three factors are closely associated with the thermal properties of CNT-polymer composites. One is the amount of CNTs in the composites. For example, 1 wt.% un-purified SWNTs in epoxy showed a 70% increase in thermal conductivity at 40 K, rising to 125% at room temperature (Gong et al., 2000), 3 wt.% SWCNTs in epoxy showed a 300% increase in the thermal conductivity at 40 K. Two is ordered dispersion of CNTs in the composites. Aligned CNTs in the composites will markedly improve the thermal conductivity more than randomly distributed CNTs in the composites. Three is additive or exterior magnetic field. For example, with a nonionic surfactant, adding 1 wt.% CNTs to epoxy increases the glass transition temperature from 63°C to 88°C (Velasco-Santos et al., 2003), in contrast, the addition of CNTs without the surfactant takes moderate effects on the glass transition temperature. Similarly, with 1 wt.% well-dispersed SWCNTs, the glass transition temperature of PMMA increased by 40°C or so (Cadek et al., 2002; Kashiwagi et al., 2002). CNTs markedly increased the thermal decomposition temperature of polymer composites. For example, the thermal decomposition temperature of polypropylene (PP) was increased by 12°C or so with 2 vol.% MWCNTs (Choi et al., 2003). Thermal and electrical properties of (CNT)-polymer composites are significantly enhanced by magnetic alignment during processing (Chen et al., 2002). Compared to the epoxy/MWCNT nanocomposites without an applied magnetic field, the alignment of MWCNTs under a 25T magnetic field has lead to a 10% increase in thermal conductivity (Wang et al., 2005). The incorporation of CNTs can improve the thermal transport properties of polymer composites, which offers an opportunity for polymer/CNT composites for usages as printed circuit boards, connectors, thermal interface materials, heat sinks, lids and housings, and high-performance thermal management from satellite structures down to electronic device packaging.

# 9.3 Advancement of Research Tools and Techniques

In recent years, great advance have been made in research tools and techniques. For example, the various processing methods such as melt mixing, solution processing, *in situ* polymerization, and plasma polymerization have been broadly used. Research tools, besides general tools such as high-resolution TEM, Atomic Force Microscopy, x-ray diffraction, soft lithography, total internal reflection fluorescence microscopy, laser-trapping ultra high-resolution single-molecule technique, and optical tweezer; techniques such as surface ion resonance, Nicolet Almega XR, Field Emission SEM, analytical high-resolution-TEM, three-dimensional electronic microscopy based on ultrasound wave and scanning electronic microscopy, as well as molecular dynamics simulation and modeling methods, have also been used to characterize the CNT-filled nanocomposites.

# 9.3.1 Optimum Physical Blending

To maximize the advantage of CNTs as effective reinforcements in high-strength composites, CNTs should not form aggregates and must be well dispersed in the composites. For polymer/CNT composites, the high-power dispersion methods such as ultrasound and high-speed shearing, are the simplest and most convenient to improve the dispersion of CNTs in a polymer matrix. For example, Wang et al. (2005; Xia et al., 2006; Feng et al., 2003; Deng et al., 2002) used a combined shear small-angle neutron scattering (shear-SANS) and rheo-optical method to study the dilute aqueous suspensions of SWCNT bundles dispersed using ionic surfactants. The result showed that weak shear force can induce the alignment of SWCNT bundles along the direction of flow, the degree of alignment increased with the shear rate; addition of a soluble polymer into the SWCNT suspensions may diminish shear-induced alignment.

Well-dispersed and long-term stable carbon nanotubes/polyol dispersions can also be prepared by a mechanochemical approach with the aid of a dispersing agent (Tang and Xu, 1999). Good dispersion of CNTs in polymer matrix can be achieved by means of high-power dispersion, compatibilizer, polymer-assisted blending, and surfactants (Cochet et al., 2001).

# 9.3.2 In Situ Polymerization

In situ polymerization is a method to improve dispersion and integration between the phases. The main advantage is to gain the enforcement at nanometer scale (Kong et al., 2004; Sung et al., 2004). To improve the processability, electrical, magnetic, and optical properties of CNTs, biomolecules can be attached to their surfaces by in situ polymerization. Lin et al. (2003) synthesized poly(phenylacetylene)-wrapped carbon nanotubes (PPA-CNTs), which were soluble in organic solvents. PPA-CNTs show strong photo-stabilization effect. The  $\pi$ - $\pi$  bond between SWCNT and PPA backbone alters the local electric field at the surface of SWCNTs. Cochet et al. (2001; Li et al., 1996) synthesized polyaniline (PANI)/MWCNT composites by in situ polymerization. Their electric properties were improved markedly. High-performance structural composites based on CNTs and polymer have also been fabricated by in situ polymerization. For example, a core-shell hybrid nanostructure, possessing a hard backbone of MWCNTs and a soft shell of brush-like polystyrene (PS), was successfully fabricated by in situ atom transfer radical polymerization (ATRP), using Cu(I)Br/N,N,N',N'',N''-pentamethyldiethylenetriamine (PMDETA) as the catalyst, at 100°C in diphenyl ether solution (Yoshida et al., 1995). The molecular weight of PS was well controlled. TEM images of the samples provided direct evidence for the formation of a core-shell structure, the MWCNT coated with polymer layer. To further establish the covalent linkage between PS and MWCNT moieties, the resulting PS-functionalized MWCNTs were defunctionalized by hydrolysis or by

thermal decomposition. These achieved hybrid products based on the simple grafting will pave the way for the design, fabrication, optimization, and eventual application of multifunctional CNTs-based nanomaterials.

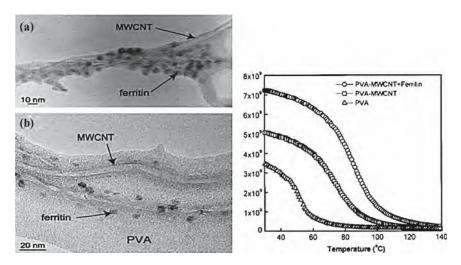
# 9.3.3 Plasma Polymerization

Plasma polymerization is a technical method, in which gaseous monomers stimulated by a plasma condense on the surface of substrates as high cross-linked layers. Condition for this technological process is the presence of chain-producing atoms in the working gas. As the monomer molecules in plasma, for the most part, become shattered into reactive particles, there remain at most, only partially preserved chemical structures of the output gases in the product, which results in crosslinked and disordered structure. Structural preservation and cross-linking gradients can be controlled through process parameters, such as pressure, working gas-flow, and applied electrical output; so that one can also construct gradient layers; for example, with increasing degree of cross-linking over the thickness. This technology has also been used to functionalize CNTs. For example, rare-earth-doped Y<sub>2</sub>O<sub>3</sub> was deposited on the surface of the MWCNTs by plasma polymerization (Shi et al., 2006), the resultant thin film on the surface of CNTs is less than 5 nm thick, and provide the carboxyl functional group, which can be used to conjugate with aminefunctionalized quantum dots, more interesting, is that CNTs do not bleach the fluorescent signals of quantum dots on the surface of CNTs, this MWCNTs-QDs heterostructures may be used for cancer diagnosis and therapy (Shi et al., 2007). Plasma polymerization can also be used to functionalize CNTs and obtain these advantages such as hydrophobic and oleophobic surfaces with anti-soiling, selfcleaning surface, scratch-resistant coatings, corrosion protection, anti-bonding, and anti-soiling coatings.

# 9.3.4 Chemical Functionalization

CNTs can be chemically functionalized to achieve good dispersion in polymer/ CNT composites and strong interface adhesion (Gao et al., 2004). CNTs can be assembled as ropes or bundles, and there are some catalyst residuals, bucky onions, spheroidal fullerenes, amorphous carbon, polyhedron graphite nanoparticles, and other forms of impurities during the growth process of CNTs.

CNTs can be processed such as purification based on oxidation, cutting, and activation by forming carboxylic acid and hydroxyl groups on the surface of CNTs, which can further be linked with other biomolecules to realize special function (Ajayan et al., 1994). As shown in Fig. 9.19, ferritin molecules attached to the surface of CNTs via covalent bond, the nanocomposites with ferritin molecules-functionalized CNTs own better mechanical, thermal, and electronic properties



**Fig. 9.19** (a) and (b) TEM micrograph of MWCNTs with attached ferritin molecules. (c) Temperature variation of storage modulus E Published with permission from American Institute of Physics)

(Liu et al., 2005). Chemical functionalization can improve strength, thermal, electronical properties of polymer/CNT composites and will play a key role in future development and applications of CNT-based nanocomposites.

# 9.3.5 Alignment of CNTs

How to order CNTs in nanocomposites is a key technology challenge. The mechanical properties of polymer/CNTs composites such as stiffness and strength and functional properties such as electrical, magnetic, and their optical properties are linked directly to the alignment of carbon nanotubes in the matrix. *Ex situ* alignment of CNTs offers a general route for controlled assembly of organized nanocomposites and devices (Tang et al., 2002). The course includes three stages such as filtration, plasma-enhanced chemical vapor deposition, and template. The aligned CNTs pave a way for the development of novel nano-electronic applications. For example, CNT field effect transistors are fabricated by lithographically applying electrodes to CNTs that are either randomly distributed on a silicon substrate or orderly arranged on the substrate with the AFM (Cai et al., 2004). Integrated nano-electronic devices involve two or more CNT field effect transistors and provide the basis for large-scale integration circuits. Besides the above mentioned, there are also some methods such as force field-induced alignment of CNTs (Joshi et al., 2005), magnetic field-induced alignment of CNTs (Chaudhary et al., 2006), electrospinning-induced alignment of CNTs (Camponeschi et al., 2007), and liquid crystalline phase-induced alignment of CNTs (Merkoci et al., 2005). PMMA and neuronal cells also can be grown on the surface of CNTs (Davoren et al., 2007; Hu et al., 2006). Highly ordered CNTs and well-aligned polymer/CNT composites own great potential on application such as field emission displays and sensors, data storage, and light-emitters, biomedical engineering.

### 9.3.6 Molecular Dynamics Simulation and Modeling

Molecular dynamics (MD) simulation has been broadly used for exploration of structure dynamics of biomolecules, protein/DNA interaction, and the effect of solvent as well as interaction between CNTs and biomolecules.

CNTs have extremely high stiffness and strength, and are regarded as perfect reinforcing fibers for developing a new class of nanocomposites. The use of atomistic or molecular dynamics (MD) simulations is inevitable for the analysis of such nanomaterials in order to study the local load transfers, interface properties, or failure modes at the nanoscale. Meanwhile, continuum models based on micromechanics have been shown in several recent studies to be useful in the global analysis for characterizing such nanomaterials at the micro- or macro-scale.

A fast multipole boundary element method (BME) has been used for large-scale modeling of CNT composites (Lee et al., 2006). In this analysis, CNTs are treated as rigid fibers in the elastic matrix, the BEM is used to solve the boundary integral equations governing this rigid-inclusion problem. For example, the fast multipole BEM solved successfully the modeling of the CNT composites, with the number of CNT fibers considered reaching 16,000 and total degrees of freedom above 28.8 millions. This method is a very promising first-order tool for large-scale modeling and characterizations of CNT-based composites.

## 9.4 Some Major Challenges

In recent years, biomolecules functionalized CNTs technologies have made great advances. However, like any emerging field, they face many challenges. Biological molecules own special structure and function, how to fully use the structure and function of CNTs and biomolecules to fabricate novel multifunctional nanocomposites, is a great challenge. The mechanism of interaction between biomolecules and CNTs is still not clarified. How to use these laws and principles from an optimized biosystem for fabricating novel multifunctional or homogenous nanocomposites with CNTs, is also a great challenge. The processing, characterization, interface problems, nanotube availability, nanotube tailoring, and the mechanisms governing the behavior of these nanoscale composites is a great challenge for present existing techniques. For example, how to align CNTs in polymer matrix along identical direction is a great challenge. CNTs show sign of toxicity. Although biomolecules functionalized CNTs can be cleaned from blood circulation system by renal secretion, so far the course of CNTs metabolism in cells or environment, and the potential measurements to reduce CNTs' toxicity, is still not clear. How to clarify those mechanisms and reduced risk measurements associated with CNTs toxicity is a great challenge.

# 9.5 Application of Biomolecules: CNTs Composites

Biomolecules-functionalized CNTs provide an exciting application prospects. CNTs can be employed to obtain low-weight nanocomposites with super mechanical, electrical, thermal, and multifunctional properties, which provide advantages in a variety of applications including electrostatic dissipative materials, advanced materials with combined stiffness, strength and impact for aerospace or sporting goods, composite mirrors, automotive parts that require electrostatic painting and automotive components with enhanced mechanical properties, antifouling interface, and own great potential on applications such as developing nanodevices, biosensors, electronic sequencing and delivery system, etc.

# 9.5.1 Gene/Drug Delivery System

Development of a safe and high-efficient nonviral delivery system is a very important goal in gene therapy. Despite many efforts that have been made, to date the delivery efficiencies of these nonviral vectors still need to be improved. For example, carbon nanotubes, including both single-walled and multi-walled, have been actively functionalized with different biological molecules and investigated as possible multifunctional biological transporters (Pantarotto et al., 2004). Previous reports show that single-walled carbon nanotubes can take antisense oligonucleotides (Cui et al., 2007), siRNA (Kam et al., 2005), and peptides (Pantarotto et al., 2004) across cell membrane and enter the cell nucleus, and can also be used as near-infrared agents for selective cancer cell destruction. However, in these reports, all single-walled carbon nanotubes were directly conjugated with biological molecules via covalent or disulfide bonds. These methods are feasible, but the number of molecules completely conjugated with carbon nanotubes is very small and it is very difficult to fabricate final pure products. Therefore, applications of these methods in clinical therapy are very limited. In addition, carbon nanotubes also have been confirmed to have potential risk for both the cells and the environment (Sato et al., 2005; Cui et al., 2005; Tian et al., 2006; Carrero-Sánchez et al., 2006; Stone and Donaldson, 2006). Therefore, as long as we use carbon nanotubes for biological and medical engineering, finding a way to enhance their safety is very important.

Dendrimers are a novel special class of organic molecules: they can take different functional groups through a series of chemical modifications, and their interior cavities can serve as storage areas for a lot of genes or drugs (Lee et al., 2006; Hong et al., 2006). Dendrimers may be a good nonviral delivery vector because it has the advantages of safety, simplicity of use, and ease of mass production compared with viral vectors, which are inherently risky for clinical use (Majoros et al., 2006, 2005). Our previous work confirmed that the No. 5 generation of polyamidoamine (PAMAM) dendrimer-modified magnetic nanoparticles can markedly enhance the delivery efficiency for antisense oligonucleotides (Pan et al., 2007), dendrimer-modified single-walled carbon nanotubes can reduce cytotoxicity and enhance the cellular uptake of the nanoparticles (Pan et al., 2006, 2007).

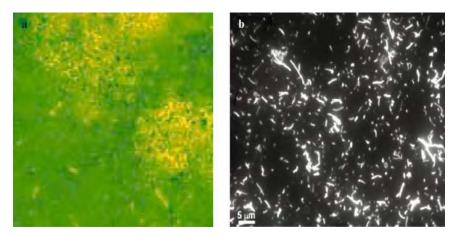
Although CNTs show signs of toxicity to cells, biomolecules-modified CNTs show low or no toxicity to cells. Therefore, biomolecules-functionalized CNTs should be a better gene/drug delivery system. Singh and his colleagues (Singh et al., 2006) reported that, biomolecules-functionalized SWCNTs can be cleaned from blood circulation system by renal excretion route, and do not retain in any of the reticuloendothelial system organs including liver or spleen. These results fully demonstrated that the biomolecules-functionalized CNTs can be used as gene/drug delivery systems. Therefore, future work should concentrate on animal experiments to confirm bio-safety of use of CNTs as delivery system for disease therapy.

# 9.5.2 Luminescent CNTs and Molecular Imaging

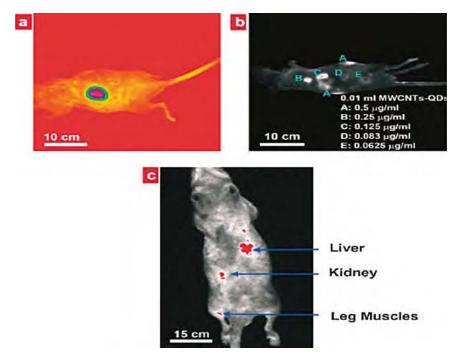
Metal nanoparticles such as magnetic nanoparticles, quantum dots, etc. have potential application in disease diagnosis and therapy. Developing new hybrid materials consisting of metal nanoparticles and CNTs have great potential application in cancer diagnosis and therapy. For example, quantum dots have been used successfully in cellular imaging (Fig. 9.21) (Kaul et al., 2003; Dintz et al., 2005), immunoassays (Shino et al., 2005), DNA hybridization (Han et al., 2001), and optical barcoding (Jares-Erijman and Jovin, 2003). Quantum dots also have been used to study the interaction between protein molecules or detect the dynamic course of signal transduction in live cells by Fluorescence Resonance Energy Transfer (FRET) (Huang et al., 2006; Alivisato, 2004). CNTs own unique holes that can be used for gene or drug storage. CNTs binding with quantum dots together can provide one kind of novel nanomaterials – luminescent carbon nanotubes (Pan et al., 2006; Shi et al., 2006, 2007), have potential applications in molecular imaging and real-time detection. These synthesized luminescent CNTs (Fig. 9.20) provide a new functional platform for bioanalytical sciences and biomedical engineering.

### 9.5.3 Biocatalyst Systems

Since the large-scale application of immobilized enzymes in the 1960s, substantial research efforts have aimed to optimize the structure of carrier materials for better catalytic efficiency. To date, nanoscale materials may provide the upper limits in



**Fig. 9.20** Luminescent carbon nanotubes (a) Cy3 labeled antisense myc-modified SWCNTs; (b) quantum dots-modifed MWCNTs (With permission from American Scientific publisher and Wiley-VCH) (*See Color Plates*)



**Fig. 9.21** In vivo images of MWCNTs-QDs ( $0.5 \ \mu g \ ml-1$  in PBS) in mice injected at different body regions: a) MWCNTs attached with CdSe/Zns quantum dots (emission of 600 nm) at middorsal location; b) MWCNTs attached with CdSe/ZnS quantum dots at ventrolateral locations, the suspensions were diluted by PBS at various concentrations as indicated (A through E); c) MWCNTs attached with InGaP/ZnS quantum dots (emission of 680 nm,  $0.25 \ \mu g \ ml-1$  in PBS) in liver, kidney, and leg muscles. All images were taken successfully in 2 min under epi-UV illuminator with excitation of 435nm. (Shi et al. 2007). Published with permission from Wiley-VCH (*see Color Plates*)

balancing the key factors that determine the efficiency of biocatalysts, including surface area, mass transfer resistance, and effective enzyme loading. Various nanomaterials such as CNTs have shown potential for revolutionizing the preparation and use of biocatalysts (Rege et al., 2004; Yim et al., 2005; Wang, 2006; Asuri et al., 2007). Beyond high area/volume ratios, nanoscale biocatalyst systems exhibit unique behaviors that distinguish them from traditional immobilized systems. The Brownian motion of nanoparticles, confining effect of nanopores and self-assembling behaviors of discrete nanostructures are providing exciting opportunities in this field. The development of catalyst systems that are highly stable and efficient, capable of self-targeting or that function as molecular machines to catalyze multiple reactions is rapidly reshaping our vision of biocatalysts.

For example, Rege and his colleagues (Rege et al., 2006) reported that SWCNTs can reduce to leach out of enzyme from films, and improve the activity and stability of enzyme-containing polymer films. They also observed that the enzyme activity highly depends on time, polymer type, and the amount of SWCNTs. This possible mechanism is the chemical interaction of hydrophobic carbon with polymers and/or the high surface area of the SWCNTs, which reduces enzyme leaching from the film, yet provides effective pore sizes large enough to allow the enzymatic substrate to diffuse to the biocatalyst, thereby allowing the film to be biocatalytically active. As the amount of SWCNTs increases in the films, exposed hydrophobic and structured surface area of the SWCNTs incorporated into polymer film also increased, thus the film activity also increases. This phenomenon has potential use as selective biocatalysts for bioengineering, biotransformations, antifouling surfaces, and biosensors.

### 9.5.4 Active Antifouling Films

Protein fouling of surfaces has become a major problem in medical implants, diagnostic devices, and bio-membranes for downstream processing and water filtering. These proteins can help bacteria and cells attach to surfaces, resulting in the growth of biofilms that can significantly reduce the performance of devices or instruments. Thus, it is very necessary to design and fabricate non-fouling surfaces to resist adsorption of proteins. Except traditional methods, for example, functionalization surfaces with hydrophilic polymers such as PEG, the composites of SWCNTs and polymers can be used as hosts for proteases and can prevent 99% nonspecific protein adsorption contamination on the surface of medical instruments. This result also highly hint that we can use SWCNT-based enzyme composites to degrade other polymers such as bacterial polysaccharides and adhesive proteins attached to the surfaces of ship or other devices (Asuri et al., 2007). The other method is to use plasma polymerization to deposit a thin layer of specific film on the SWCNTs, and then use the modified film to realize antifouling function. Under realistic conditions, materials are susceptible to chemical degradation. How to fully use the advantages of SWCNTs to resist fouling is also a great challenge.

### 9.5.5 Biosensor

Polymer-CNTs composites can obtain high electrical conductivity and good mechanical properties, which offer the exciting chance of developing ultrasensitive, electrochemical biosensors. For example, the glucose biosensor (Chen et al., 2003; Luo et al., 2005; Dillon et al., 1997) was constructed by incorporation of SWCNTs modified with enzyme into redox polymer hydrogels. The glucose biosensor exhibited better sensitivity and specificity compared with traditional glucose biosensor.

Biomolecules-functionalized CNTs can result in characteristic electric conductivity changes of CNTs (Hou et al., 2003), which may be developed into specific biosensor for ultrasensitive detection of biomolecules such as DNA molecules, bacteria and virus, etc. We also observed that oligo DNA-filled SWCNTs appeared as characteristic Electric Resistance peaks as shown in Fig. 9.22, which also may be used as biosensor to detect biomolecules or sequence DNA sequences.

### 9.5.6 Hydrogen Storage

Carbon nanotubes can draw up liquids by capillarity. Yoo, et al. (2001; Valentini et al., 2005) reported that hydrogen gas can be condensed to high density inside

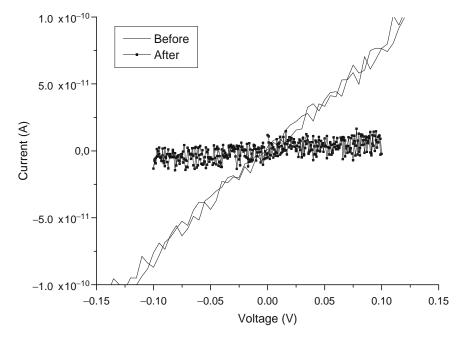


Fig. 9.22 ERs of single-walled carbon nanotubes before and after being filled with c-myc oligonucleotides (With permission from American Scientific publisher)

SWCNTs, which might be effective as a hydrogen-storage material for fuel-cell electric vehicles. Hou et al. (2003) reported that MWCNTs with different mean outer diameters in the range of 13–53 nm can be used for hydrogen storage. The hydrogen capacity of the purified and pretreated MWCNTs was proportional to their diameter, and the hydrogen in all types of MWCNTs could not be completely desorbed at room temperature and ambient pressure. These small "carbon islands" might be the main hydrogen adsorption site in MWCNTs. Yoo et al. (2001) employed CNTs and highly oriented pyrolytic graphite (HOPG) for atomic hydrogen storage. Defect sites on the surface of CNTs were the adsorption sites of atomic hydrogen. Pd catalysts are then deposited on CNT surfaces for dissociation of H<sub>2</sub> into atomic hydrogen, which spills over to the defect sites. In the best case, 1.5 wt.% of hydrogen is stored in the defective CNT with Pd particles at 1 atm and 573 K.

# 9.5.7 Scaffolds in Tissue Engineering

The polymer/SWCNT composites can be used as Scaffolds in tissue engineering. The donor–acceptor interactions can be used to assemble thin polymer/SWCNT films stepwise. This method also can be expended to more thermally and oxidatively stable polymer systems. For example, the P4VP/SWCNT films can be used as scaffolds for the synthesis of novel hybrid structures (Correa-Duarte et al., 2004). The polyethyl-enimine (PEI)-SWCNTs composites were used as a substrate for cultured neurons, and promoted neurite outgrowth and branching (Rouse et al., 2004). Correa-Duarte et al. (2004; Landi et al., 2005) reported that 3D-MWCNT-based networks are ideal candidates for scaffolds/matrices in tissue engineering.

# 9.5.8 Biocompatible Electrode Arrays

The polyimide-CNT composites have good biocompatibility and conductive properties, which can be used to fabricate the electrode arrays, and enhance their biocompatibility. For example, they can be used as the stimulator embedded in the blind eyes, and can be used for the electrode arrays transplanted in the human body without damaging human organs and tissues (Tulevski et al., 2007).

# 9.5.9 The Polymeric Solar Cells

The QD-MWNT hybrid structures were formed via the assembly of quantum dot (QD) on the surface of MWNTs in aqueous solution (Jares-Erijman and Jovin, 2003), which shows an excellent solubility in aqueous solution, and owns potential application in bioassay, bio-conjugation, and biosensors as well as solar cell. For example, incorporation of QDs and SWNTs into the poly(3-octylthiophene)-(P<sub>3</sub>OT)

composites, facilitated exciton dissociation and carrier transport in a properly structured device (Breuer and Sundararaj, 2004). The polymer composites including QDs, SWCNTs and the P<sub>3</sub>OT complexes have been employed to fabricate solar cells, showing limited efficiency due to recombination and surface effects. However, the optical absorption spectra for these nanomaterial–polymeric composites showed a marked enhancement in capturing the available irradiance of the air mass zero  $(AM_0)$  spectrum.

# 9.5.10 Thermal Stability Materials

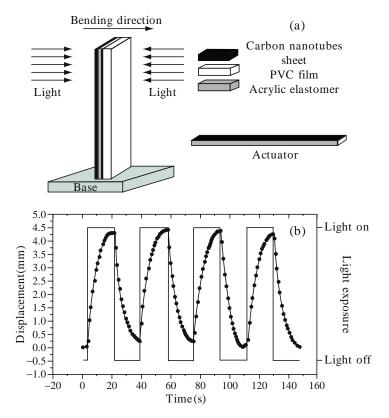
CNTs can enhance the thermal properties of CNT–polymer nanocomposites. The reinforcing function is closely associated with the amount and alignment of CNTs in the composites. Well-dispersed and long-term stable carbon nanotubes/ polymer composites own higher modulus and better thermal property as well as better electronic conductivity (Valter et al., 2002; Biercuk et al., 2002). Both SWNT and MWNT can improve the thermal stability and thermal conductivity of polymer, the polymer–CNT composites can be used for fabricating resistant-heat materials.

# 9.5.11 Optically Driven Nanotube Actuators

Optically driven actuators have been successfully fabricated from SWCNT-polymer composite sheets (Lu et al., 2005; Cui, 2007; Kymakis et al., 2002; Peng et al., 2007). Like natural muscles, the micrometer scale actuators are composed of the millions of individual nanotube actuators, which were processed into macroscopic length scales and bonded to an acrylic elastomer sheet and finally form an actuator, which can generate higher stress than natural muscles and higher strains than high-modulus piezoelectric materials. An optically actuated nanotube gripper can manipulate small objects. This actuation technology overcomes some fundamental limitations such as the use of high voltages or electrochemical solutions for actuation, opening up the door for developing the remote light-induced actuation technologies. As shown in Fig. 9.23, the actuator owns the good optical reaction properties.

# 9.6 Concluding Remarks

Functionalization of CNTs with biomolecules provides novel opportunities for developing the CNT-based bio-nanotechnology. CNTs in the Polymer/CNT composites can improve mechanical, electric, thermal, electrochemical, optical,



**Fig. 9.23** (a) A cantilever vertically anchored on a base. The cantilever is composed of an actuator (shown in the right lower part) and a  $100 \propto m$  thick PVC film. (b) The displacement of the cantilever measured when light was turned on and off (Snow and Perkins, 2005. With permission from IOP Publishing)

magnetic and super-hydrophobic properties, and own potential application in industry, defense and biomedical engineering. Effects of CNTs on human health and environment also have attracted extensive attentions, as CNTs show the sign of toxicity. However, biomolecules-functionalized carbon nanotubes exhibit low toxicity and can be cleaned from blood circulation system by renal secretion, suggesting biomolecules functionalized CNTs have potential as gene/drug delivery system. Studies these measurements to further reduce toxicity or risk of CNTs have become very urgent. How to fully use the advantages of CNTs and biomolecules to fabricate novel multifunctional composites or nanodevices are of great challenge. Future work should concentrate on furtherly clarifying the mechanism of interaction between CNTs and biomolecules and discovering novel potential properties as well as using those novel properties to exploit potential applications. **Acknowledgments** This work is supported by 863 Project (No.2007AA022003), Shanghai Pujian Plan Project (No.06PJ14049), and Shanghai Municipal Commission for Science and Technology (Grant No.03DZ14025 and No.054119527).

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# **Chapter 10 Applications of Carbon-Based Nanomaterials for Drug Delivery in Oncology**

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**Abstract** The goal of this chapter is to introduce carbon nanomaterials and highlight research focused on their use as cancer therapeutics. The physical properties of fullerenes and carbon nanotubes, including their spectral characteristics are described. Current oncology treatment regimes are described to provide an overview of where carbon nanomaterials may have significant value in further development of the established standards of care procedures. Photodynamic therapy and drug delivery using fullerene  $C_{60}$  is explored. Thermal ablation techniques using carbon nanotubes are explained and alternate hyperthermic methods using carbon nanotubes are described. Specifically, carbon nanotubes are examined for their potential contribution to the currently practiced clinical therapy intraperitoneal hyperthermic chemoperfusion. Nanotubes and nanohorns filled with chemotherapeutic agents are examined as are different methods for filling and containment of drug moieties. The attachment of active molecules to fullerenes is described with examples for use in oncology. Toxicity issues are explored and the future directions and potential for carbon nanomaterial types concludes the chapter.

Keywords Carbon Nanotubes, Fullerenes, Hyperthermic, Chemoperfusion, Cancer

**Abbreviations** PDT, Photodynamic therapy; EPR, Enhanced permeability and retention; THF, Tetrahydrofuran; UV, Ultraviolet; DNA, Deoxyribonucleic acid; PL, Photoluminescence; SWNT, Single-walled nanotube; DWNT, Double-walled nanotube; MWNT, Multi-walled nanotube; IV, Intravenous; HSP, Heat shock protein;

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IPHC, Intraperitoneal hyperthermic chemoperfusion/chemotherapy; MMC, Mitomycin C; IP, Intraperitoneal; SOD, Superoxide dismutase; Nd: YAG, Neodymium-doped yttrium aluminium garnet; Nd:  $Y_3Al_5O_{12}$ ; NIR, Near infrared; FITC, Fluorescein isothiocyanate; PEG, Polyethylene glycol; FA, Folic acid; CDDP, Cisplatin; TEM, Transmission electron microscopy

# **10.1 Introduction**

Many improvements in diagnosis and treatment of cancer phenotypes have been made in recent years; however, this disease still afflicts many individuals worldwide and impacts their livelihood, families, and communities. Nano-therapeutics, especially carbon-based, have the potential to more effectively localize drug delivery, to increase drug efficiency, and to reduce the amount of chemotherapeutic agent required. Statistics from the International Agency for Research on Cancer cite that 10.9 million cases of cancer are diagnosed every year, with a 61.9% incidence of death (International Agency for Research on Cancer, 2002). Unfortunately, the more underdeveloped regions of the world suffer the highest mortality rates, as high as 77.9%, whereas societies with more economic resources have mortality rates around 40% (International Agency for Research on Cancer, 2002). The most frequently occurring cancers are of the prostate, breast, lung, stomach, cervical/uterine, liver, and skin (International Agency for Research on Cancer, 2002). Treatment options are designed based on location of the primary lesions, possible metastasis, and genetic factors. Refinements in treatment regimes are made according to patient tolerance and therapeutic effectiveness, referred to as cancer response. Novel treatments are more likely to progress from currently accepted oncology (cancer) regimes including radiation therapy, chemotherapy, surgery, and, more recently, photodynamic therapy (PDT) and hyperthermic chemotherapy.

Nanotechnology refers to particles sized 1-100 nm, although particles 100-500 nm in size may also be referred to as nanoparticles and may be composed of a multitude of material types. As a comparison a red blood cell is approximately  $5\mu\text{m}$  in diameter, making it 5,000 times larger than a 1 nm-sized particle of C<sub>60</sub>, as shown in Fig. 10.1.

Current trends in nanotechnology have developed from inorganic devices for optics and energy storage and transport towards novel techniques in medicine, including ventures into novel cancer therapies. Why should nano-sized particles be helpful in medicine? Materials in the nano regime have different properties from their macroscopic counterparts, even when they are composed of the same elemental composition. For instance, they may have increased heat capacity values due to specific gravity, or increased energy storage and transport due to the dimensionality of nano-sized materials (Blank et al., 2001). Or, they may couple to radiation differently than macroscopic materials (Hanson, 2005; Wang et al., 2004a). Also, due to there size, composition, or morphology, they may travel through the body

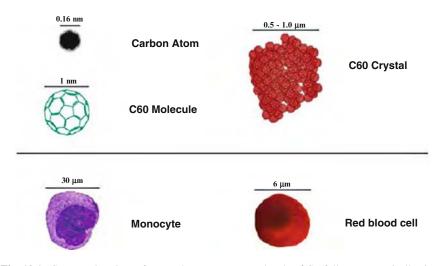


Fig. 10.1 Comparative sizes of one carbon atom, one molecule of  $C_{60}$  fullerene, a typically sized aggregate of  $C_{60}$  fullerene, a red blood cell, and a large immune system cell, a monocyte (*See Color Plates*)

unimpeded by the immune system, thus gaining access to various parts of the body, or individual cells that may be inaccessible otherwise. Furthermore, there is such a wide variety of nanomaterials that may be used so multiple functional components may be added for site-specific targeting. An alternative to tumor-destructive therapies is the use of nanoparticles to reduce unwanted side-effects from currently used chemotherapeutics. In addition, some nanomaterials have anti-bacterial and antiviral properties which might be used to offset chronic infections that can lead to cancer development in sensitive tissues, or aid in the reduction of secondary infections following reduced immune response due to chemotherapy (Bosi et al., 2000; Yu et al., 2005). In addition to their use as beneficial agents, some nanoparticles can also serve a dual purpose of acting as contrast agents for tracking progress to a tumor site (Bolskar et al., 2003; Brusentsov et al., 2007; Sitharaman et al., 2005; Wang et al., 2004b). There are a wide variety of nano-sized materials that may be useful in cancer therapies. These include carbon-based materials, liposomal carrying molecules, dendrimers, aptamers, metallics, ceramics, and a multitude of polymeric materials, all of which have a variety of sizes and morphologies that can impact their internal effects and clearance.

Common ideas about dimensionality include that three-dimensional objects have all three-dimensional parameters (length, width, depth) in the same macroscopic size range. Two-dimensional objects have one length which is considerably smaller than the other two (consider a line such that the length and thickness of the line may be determined but the depth is so much smaller that it may essentially be considered as a two-dimensional object). A one-dimensional object has two dimensions much smaller than the third. An example of this is the carbon nanotube, which has a length much longer than the tube diameter. Dimensionality essentially adds confinement to the electrons of the nano-system, and this can alter the quantum mechanically allowed states of the system. That is why nano-systems are important and unique, and hence why they might be beneficial to medicinal applications in the same way they are in other fields such as optics, semiconductors, and material science. Nanoparticles exist in many applications that have not been previously labeled as nanotechnology; for example, nanoparticles in cements and ceramic composites such as bone (Brunner et al., 2007; Jonsson et al., 2005). Nano-sized particles, especially carbon, exhibit unique properties due to dimensionality and atomic arrangement.

Phenomenon in this size regime obey quantum principles more readily than classical principles. The  $C_{60}$  fullerene is composed of carbon atoms joined by  $\pi$  bonds and although each atom is bound to four other carbon atoms and therefore has filled electron orbitals, quantum statistics explains how the C60 molecule can be an acceptor of electrons by electron localization probabilities. Dimensionality plays a role in nanotubes' exceptional electrical conduction: resistivity and conduction values of  $10^{-7} \Omega$ m and  $10^6$  S/m compared to copper,  $10^{-8}$  Ω/m and  $10^7$  S/m (Dalmas et al., 2006; Dresselhaus et al., 1996). Dimensionality leads to quantum confinement, essentially allowing only certain modes for electrons along the length of the one-dimensional nanotube. The phenomenon is ballistic conduction which is quite different from the diffusive conduction that generates heat, and has slower electrical transport down the length of the material (see Fig. 10.2) (Berger et al., 2003; Brown et al., 2005; Poncharal et al., 2002; Schonenberger and Forro 2000). Diffusive transport allows electrons to have multiple interactions with other electrons in a three-dimensional system where there are layers above, below, and next to a specific electron situated somewhere in the bulk material. During ballistic conduction, one electron can only interact with nearest neighbor electrons which exist only in the thin "sheet" of nanotube wall. Therefore, all energy from one electron is transferred to the next electron down the line. Since the graphite walls of the nanotubes are only one atomic layer thick the electrons will only interact with other electrons in the tube wall, essentially propagating conduction down the tube length. Thus electrical conduction by carbon nanotubes is very efficient. So, dimensionality in nanoscale materials enhances specific properties of the material.

Dimensionality has been exploited in medicine to increase circulation times in the body. Nano-sized particles have been shown able to avoid immune system detection and clearance and therefore become more localized in tumors (Bibby et al., 2005; Di Paolo 2004; Zhang et al., 2006). This means that nano-sized particles will linger in the body longer before they are cleared. Longer circulation times means more drug can be circulated thus reducing need for delivery of more drug. Another effect that nanoparticle size influences is where the drugs, delivered by the small particles, can go in the body. Enhanced permeability and retention (EPR) is an important characteristic of nanoparticles, especially for applications in oncology (Hirsch et al., 2006; Portney and Ozkan, 2006; Reddy, 2005; Shenoy and Amiji, 2005). The vascular (blood supply) of developing tumors tends to be more porous as there are larger gaps between endothelial cells of these underdeveloped vessels. Nano-sized particles can easily pass through the

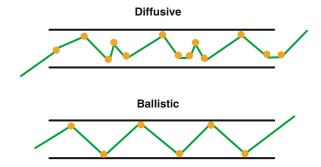


Fig. 10.2 Diffusive versus ballistic transport of electrons (See Color Plates)

leaky vasculature and therefore can more readily access tumors than can larger-sized particles. Particles that circulate for longer times with higher potential for retention in tumors offer exceptional promise for new drug delivery options in oncology. Non-carbon-based nanomaterials utilizing the EPR effect are under development and some are already in mainstream use; for example, the chemotherapeutic doxorubicin contained in liposomes (fatty acid micelle molecules) (Brigger et al., 2004; Gabizon et al., 1998).

# 10.2 Carbon Nanomaterials

Carbon was known to exist in two allotropes, graphite and diamond, prior to the discovery of the fullerene in 1986 by Smalley, Curl, and Kroto (Kroto et al., 1985). Modified forms of graphite such as carbon black and pyrolitic carbon were also used, with biological implications. Pyrolitic carbon is used as a coating for cardiac valve replacements (Ely et al., 1998; Goodman et al., 1996). Carbon black is widely used in tire manufacturing but has been shown to induce lung fibrosis (scarring), thus it is viewed as a toxic material (Driscoll et al., 1996; Ernst et al., 2002). Fullerenes' geodesic shape garnered them the name buckminsterfullerene after the architect, Buckminster Fuller, who designed dome structures (Kroto et al., 1985). Fullerenes are now classified into two forms: the more spherically shaped molecules are called fullerenes or bucky balls and the more tubular-shaped molecules called carbon nanotubes. Nanotubes were not mainstream in research and applications until S. Iijima's famous publication describing them in 1991 (Iijima 1991). Carbon is now found in three forms: graphite, diamond, and fullerene. Fullerenes have very special electrical, optical, and thermal characteristics based on the specific arrangement of the carbon atoms (Brown et al., 2005; Dresselhaus et al., 1996; Dresselhaus et al., 2004; Hepplestone et al., 2006; Kroto et al., 1985; Mittal, 1995).

#### 10.2.1 Fullerenes

Fullerenes can be grown using arc deposition in a Kratschmer generator which uses a chamber pressurized with an inert gas such as argon (Lamb and Huffman, 1993; Scott and Majetich, 1995). Within the vessel are two graphite rods at the radial center of the vessel with a slight gap between their ends. An electrical discharge between the ends of the rods forms carbon nanotubes as well as the smaller spherical fullerenes (Lamb and Huffman, 1993). Although the icosahedron  $C_{60}$  is commonly discussed, there are many other types of fullerene with more or fewer carbon atoms; for example,  $C_{48}$ ,  $C_{70}$   $C_{86}$ , and  $C_{108}$  (Dresselhaus et al., 1996). Although fullerenes with numbers of carbon atoms other than 60 are generated in the arc process, since  $C_{60}$  forms the most spherical molecule, it is thus the most stable, and therefore, the most abundant (Dresselhaus et al., 1996). Fullerenes with variable number of carbon atoms are typically differentiated by solvent extraction techniques as  $C_{60}$  is readily dissolved in toluene leading to a color change of the solution from clear to bright purple.  $C_{70}$  on the other hand, changes the solution to a vivid red color.

A major dilemma in using fullerenes (and other carbon nanomaterials) in medical applications, is their hydrophobic nature. Fullerenes are solubilized in aqueous suspensions by one of two mechanisms: solvent phase separation or functionalization of the molecular cage. Solvent phase separation involves dispersal of the fullerenes in an organic solvent such as toluene or tetrahydrofuran (THF) (Avdeev et al., 2004; Deguchi et al., 2001; Fortner et al., 2005; Sayes et al., 2004; Scharff et al., 2004; Scrivens et al., 1994). Interaction of the organic phase with water and subsequent evaporation of the organic solvent leaves no where else for the fullerene molecules to go except into the water, thus forming a water stable suspension. Depending upon the organic solvent used, removal of the organic phase may affect toxicity of the fullerene end product (Gharbi et al., 2005). An example is between the use of toluene and THF for phase separation into an aqueous media. Toluene is immiscible with water and is easily removed from the aqueous phase by sonication, leaving no organic within fullerene nano-clusters. THF on the other hand, is miscible with water and by numerous aqueous dilutions and organic solvent evaporation can be removed from the system. However, since THF is miscible with water, there is potential for interaction of the THF with fullerenes during the organic solvent evaporation leaving residue within fullerene clusters. Any residual solvent may lead to erroneous toxicity results to be pinned on the fullerene. Nuclear magnetic resonance is used to evaluate water soluble materials for residual solvent, but it may still be difficult to remove all the THF (trace amounts may be left) from the system. Prior experience indicates that the use of THF in lieu of toluene makes preparation of a water soluble fullerene more difficult and has more potential for residual solvent effects.

The second way to prepare water soluble fullerenes is by adding functional groups to the molecules' exterior (Brettreich and Hirsch, 1998; Foley et al., 2002b; Guldi et al., 1999; Nakajima et al., 1996; Rajagopalan et al., 1996; Sayes et al., 2004; Wang et al., 1999). Numerous efforts have pushed for fullerene functionalization to be the most useful way to make water soluble fullerenes. Fullerene functionalization

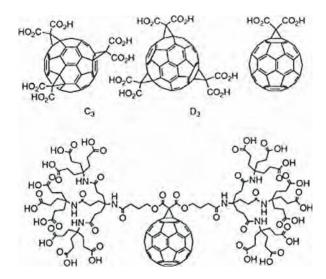
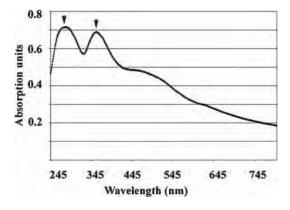


Fig. 10.3 Examples of water-soluble derivatized fullerenes with 1, 3, and 18 carboxyl groups attached (Reprinted from Bosi et al., 2003. With permission from Elsevier)

frequently begins with addition of carboxyl groups attached to the outside of the fullerene cage and subsequent addition of hydrophilic molecules. Diserinol, quaternary pyrrolidinium, hydroxyl, carboxyl groups, and drug compounds have been attached to fullerenes, some examples are shown in Fig. 10.3 (Bisaglia et al., 2000; Bosi et al., 2003; Lin et al., 2000; Monti et al., 2000; Mroz et al., 2007; Scharff et al., 2005; Tsao et al., 2002). In addition to making the fullerenes more water soluble, attached molecules such as drug compounds can be delivered upon endocytosis of the nanoparticle (Isobe et al., 2006). However, there remains the implication that by functionalizing the fullerene, it may no longer behave like the pristine material is compared. There is also potential for fullerenes to negate the effects of an attached drug molecule. For example, if a drug moiety functions primarily by production of radical oxygen species, the fullerene may readily scavenge these radicals and thus negate effectiveness of the drug (Bogdanovic et al., 2004).

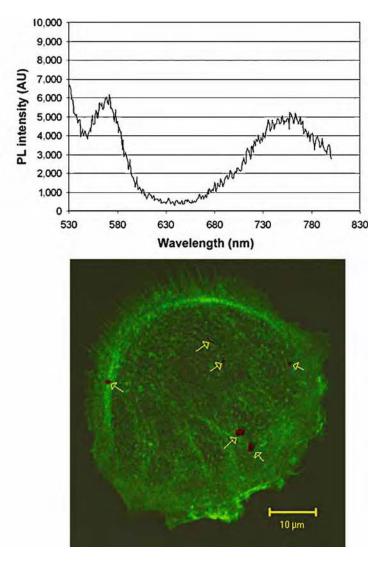
The lack of true spherical symmetry provides some of its unique properties such as free radical scavenging ability.  $C_{60}$  is electronegative and has the ability to accept up to six more electrons (Dresselhaus et al., 1996; Wang et al., 1999). In this respect many people want to employ it as an antioxidant and there are numerous studies showing its effectiveness in such capacity (Alvarez et al., 2003; Bosi et al., 2003; Chen et al., 2004; Da Ros et al., 2001; Jensen et al., 1996; Lin et al., 2000; Marchesan et al., 2005; Monti et al., 2000; Wang et al., 1999). So the molecule may be protective or detrimental depending upon the situation. Specifically  $C_{60}$  has absorption peaks at 280 and 360 nm (Fig. 10.4) with a long Rayleigh tail out to the infrared (Levi et al., 2006). Studies involving singlet oxygen species of functionalized  $C_{60}$  use ultraviolet



**Fig. 10.4** Absorption spectra of dissolved  $C_{60}$ . The main absorbance peaks are clearly in the blue although the long absorption tail allows longer wavelength light to be used to stimulate  $C_{60}$  (Levi et al., 2006)

light (Kamat et al., 1998), but white light from a halogen source (without a UV filter) has also been used effectively (Bashkin et al., 1997; Kasermann and Kempf, 1998). Although fullerenes can be vacuum annealed, sealed, and stored under an inert gas such as nitrogen, they are most likely to interact with an oxygen environment, especially for biological applications. Therefore, oxygen molecules can localize at the interstitial spaces between fullerene molecules and the amount of diffused oxygen affects the photophysical properties of crystalline  $C_{60}$ . In organic solvents  $C_{60}$  is easily dispersed into aggregates containing just a few  $C_{60}$  molecules; however, water soluble molecules usually contain larger  $C_{60}$  aggregates with greater potential for more interstitial oxygen (Levi et al., 2006). For example,  $C_{60}$  aggregates held under vacuum had a decrease in the emitted photoluminescence (Ohno et al., 1997). When oxygen is present,  $C_{60}$  can aid in the generation of singlet oxygen species which are very reactive in biological systems and lead to DNA damage and membrane disruptions (Foley et al., 2001; Foley et al., 2002a; Nakamura et al., 1996; Yang et al., 2007).

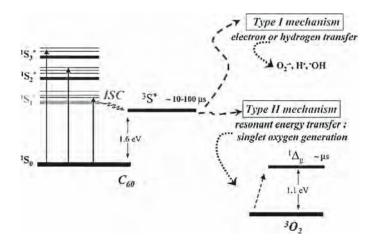
 $C_{60}$  naturally forms clusters due to its inherent hydrophobicity and it has been found that in cluster form when exposed to white light or the components of white light it will produce photoluminescence (PL) in the near infrared extending its PL into the red and orange (Capozzi et al., 1997; Levi et al., 2006; Li and Mianami, 2003; Ma et al., 1998; Ma et al., 2000). The photoluminescence spectra and photoluminescent  $C_{60}$  clusters within a cancer cell are shown in Fig. 10.5. It is known that the presence of PL is associated with the singlet oxygen release. The atoms that make the  $C_{60}$  molecule are covalently bound to one another. Each atom is bound to three atoms creating two single bonds and one double bond. Molecules of  $C_{60}$  are then bound together through the molecular van der Waals forces which are not as strong as the covalent bonds of the  $C_{60}$  molecule. The weaker bonds between molecules allow for vibrational modes of the crystal. These modes affect the energies which can be imparted to a crystal thus causing the energy cascade (Belin and Epron, 2005; Berger et al., 2003). Results from optics experiments have shown that  $C_{60}$ aggregates will photoluminescence in the red and near infrared (emission peaks at 685 and



**Fig. 10.5** Photoluminescence spectra of dissolved  $C_{60}$ . The peak at 750 nm is the photoluminescence signature of the material. Photoluminescent  $C_{60}$  aggregates can be visualized within cells and exhibit a vivid red signature which is easily detectable (Levi et al., 2006) (*See Color Plates*)

730nm) following absorption of white light (Capozzi et al., 1997; Levi et al., 2006; Ma et al., 1998; Tachibana et al., 1996). Defects in the crystalline structure of  $C_{60}$  aggregates give rise to this phenomenon and scratch tests have shown that annealed aggregates do not exhibit as strong a PL signature as aggregates with significant scratching to induce Frenkel defects in the molecular lattice (Capozzi et al., 1997).

Excited singlet oxygen has one electron promoted to a higher valence orbital making an unpaired electron and a highly reactive molecule. Excited singlet oxygen will



**Fig. 10.6** Energy schematic of excited  $C_{60}$  leading to the formation of reactive oxygen species via the reaction one pathway, or leading to the formation of singlet oxygen via the type two mechanism (Reprinted from, Vileno et al., 2005. With permission from Elsevier)

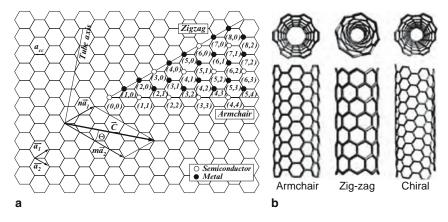
relax back to the ground state (triplet) upon interaction with stabilizing molecules (electron acceptors) (Danilov et al., 2003; Mroz et al., 2007; Vileno et al., 2005).  $C_{60}$  fullerene, in the presence of white light and oxygen can form singlet oxygen species, or radical oxygen species like superoxide or hydroxyls (Danilov et al., 2003; Vileno et al., 2005; Yu et al., 2005). Upon absorption of white light,  $C_{60}$  in its singlet ground state will promote an electron and achieve an excited singlet state which will further decay to a triplet state. When oxygen in its ground state to generate singlet oxygen molecules (Vileno et al., 2005). This is known as a type II photodynamic pathway. The reaction I pathway involves transfer of an excited electron from  $C_{60}$  to molecular oxygen leading to superoxide and/or hydroxyl radical generation (Castano et al., 2005). Either pathway may be utilized by  $C_{60}$  to impart damage to the surrounding media, polymers, or biological systems. The Jablonski diagram for electron excitations within the  $C_{60}$  cluster is shown in Fig. 10.6. Excitation of  $C_{60}$  is due to phonon modes of the aggregate upon absorption of light (Capozzi et al., 1997).

#### 10.2.2 Nanotubes and Nanohorns

Carbon nanotubes can have one, two, or many sidewalls and are referred to as single-, double-, or multi-walled nanotubes (SWNT, DWNT, or MWNT). Nanotubes can be metallic, or semi-conducting depending on the chirality of the tube. Single-walled nanotubes (SWNT) are about 1 nm in diameter, and hundreds of nanometers long, whereas multi-walled nanotubes (MWNT) are like nested

SWNTs with increasing diameters up to about 20-30 nm and lengths into the multiple micron range. Dimensionality essentially adds confinement of the electrons to the nano-system, and this can alter the quantum mechanically allowed modes of the system as determined using tight-binding approximations in a onedimensional system (Dresselhaus et al., 1996). Depending on the chirality of the nanotubes (how it is rolled), they can be metallic or semiconducting, and therefore have improved electrical and thermal properties as compared to bulk graphitic carbon (Dresselhaus et al., 1996). Nanotubes are generally classified as armchair, zig-zag, or chiral dependent upon the axis about which the graphite sheet rolls up. Nanotubes can be grown by a number of different mechanisms and variations in the amount of nanotubes produced, residual catalyst, and graphite abound (Charlier and Iijima, 2001). SWNT are plentiful using an arc chamber method, whereas various amounts of metallic catalyst can be imparted using chemical vapor deposition techniques, or laser ablation growth. An interesting carbon nanomaterial, also developed by S. Iijima, is the carbon nanohorns which consists of SWNT bundled to form a spherical ball with closed tube ends at the inside of the aggregate (Ajima et al., 2006). Usually nanotubes have closed ends, and if a metal catalyst was used for growth, the ends contain small amounts of the metal seed. Furthermore, carbon nanotubes can be doped with alternative atoms distributed throughout the tube lattice; for example, nitrogen or boron doping of carbon nanotubes (Liu et al., 2005a, b; Misra et al., 2006; Xu et al., 2004). Currently, doped nanotubes are being explored for medicinal applications since they may have reduced toxicological potential (Carrero-Sanchez et al., 2006). As stated earlier, dimensionality gives special properties to carbon nanotubes, and they not only have high electrical conductivity but also high thermal conductivity, heat capacity, excellent mechanical strength along the tube axis, and resiliency radially upon bending of the nanotube (Dresselhaus et al., 2004; Hepplestone et al., 2006; Iijima, 1991; Mittal, 1995; Sears and Batra, 2006; Wang et al., 2006). Experimental confirmation has shown that SWNT have low resistivity  $(10^{-7} \Omega/m)$ , and high conductivity (106 S/m) (Dalmas et al., 2006; Dresselhaus et al., 1996) as compared to copper ( $10^{-8} \Omega/m$  and  $10^7 S/m$ ). For medicinal applications, nanotubes absorb infrared light strongly, although exact absorption peaks depend upon the length and processing of the tube (Kouklin et al., 2004). Following nanotubes growth, there is a need for cleaning of the tubes to remove graphitic carbon and excess catalyst. Cleaning is commonly done by oxidative treatments by sonicating them in acids or by annealing the tubes under a pressurized oxygen environment (Kam et al., 2005; Menna et al., 2003; Sinani et al., 2005; Tkac and Ruzgas 2006; Torti et al., 2007). Cleaning can also remove the caps at the ends of the tubes thus leaving the hollow core open for filling. Filled nanotubes offer exciting potential for medicinal applications and have already proved their promise in materials science when filled with liquid metals or metallic salts to improve electronic devices made with carbon nanotubes (Huang et al., 2004; Kumar et al., 2004; Tessonnier et al., 2005; Toh et al., 2004).

The inherent metallic or semi-conducting properties of nanotubes are defined by the way the graphite sheets roll up during formation. Figure 10.7a shows the



**Fig. 10.7** Chirality vector and folding scheme for semiconducting and metallic nanotube (a). Zig-zag, armchair, and chiral nanotubes by rolling-up of the graphite lattice (b) (Reprinted from Terrones 2003. With permission from Annual Reviews)

two-dimensional graphite lattice and the chiral vector,  $C = na_1 + ma_2$ , which describes how the nanotube rolls. The values in parenthesis are integral values, denoted (n, m), are the chiral coefficients, and describe the electronic structure of the nanotube: m = n, armchair; m, n = 0, zig-zag;  $m \neq n$ , chiral (Fig. 10.7b), and whether the folded points will produce a metallic or semi-conducting nanotube (Bandow et al., 1998; Belin and Epron, 2005).

# 10.3 Oncology Standards of Care and Drug Delivery

Malignancies are therapeutically handled depending upon the location, and overall physical health of the patient. Radiation, chemotherapy, and surgical techniques may be employed. There are subsets for treatment regimes within each of these categories, and they are often delivered as adjuvant therapies to maximize removal of the malignancies and to minimize recurrence. Surgical resection of solid tumors can be quite complicated if they are significantly involved with organs such as the liver, bowel, or lungs; therefore access to all tumors may not be possible by resection. Techniques such as radiofrequency ablation and focused ultrasound can be used to deliver intense hyperthermia (temperatures above 45°C) in an area to eliminate solid tumors and are commonly used for tumors involved in the liver and kidney (Bastide et al., 2006; Hanajiri et al., 2006; Janzen et al., 2005; Zhou et al., 2007). Recently, magnetic nanoparticles have been developed for use with radiofrequency to localize in a specific region and induce hyperthermia (Jiang et al., 2004; Neuberger et al., 2005; Sonvico et al., 2005; Zhang et al., 2006). Nanoparticles do not even need to be directly at the tumor site, but if they can localize in tumor vasculature and impede blood flow, that may be sufficient for tumor regression. Chemotherapeutic agents are commonly used

as systemic therapies to tackle malignancies at multiple locations, but they can be delivered to specific locations by perfusion techniques. Chemotherapy remains a first line of defense to inhibit primary lesion metastasis by systemic delivery and to aid in elimination of cancer metastasis in regions by perfusion.

Examination of chemotherapy delivery aids in understanding patient preference and cancer response which is beneficial for developing patient friendly and highly successful nano-therapies. Although many cancers will go into remission and lives saved, a secondary effect of cancer is the decrease in the quality of life and the disruption that time and cost of treatments have on patients and their families. When given a choice between intravenous (IV) and oral chemotherapy most patients prefer oral therapy for a few reasons: oral delivery can be administered at home and there are no needle sticks involved (Hirsh et al., 2007). Unfortunately, many chemotherapeutics cannot be delivered orally due to dosing constraints and potential emesis (Bourgeois et al., 2007; Lush et al., 2005). Chemotherapeutic agents are less likely to be degraded by IV delivery and they reach target areas more rapidly and at higher doses, thus making them more effective. Chemotherapy delivered by IV though requires patients to travel to hospitals or treatment facilities 3-5 days a week for 1-6 months. Cost for travel can add up and patients often cannot travel alone for treatments due to side effects, thus leading to disruption of family routines, work schedules, and income potential. Therefore, use of nanoparticles will be more beneficial if they could be given orally without degradation or intravenously with a few treatments.

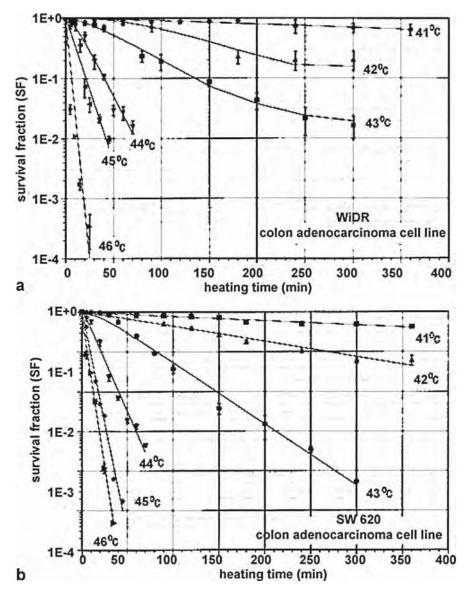
# 10.3.1 Photodynamic Therapy

Localized chemotherapy certainly has advantages including potential for high-dose delivery at the target site. Another therapeutic alternative involves the use of relatively benign agents made active at a target site by stimulation with light; this is called photodynamic therapy (PDT) (Dougherty and Marcus, 1992) The photosensitizer molecules absorb light and an electron is excited into a singlet state which is more energetic than the singlet ground state (Castano et al., 2005; Fuchs and Thiele 1998; Harrod-Kim 2006; Sharman et al., 1999). The photosensitizer can relax into an excited triplet state and further energetically relax by transferring energy or an electron to surrounding molecules. If the neighboring molecule is oxygen, reactive oxygen species such as superoxide anions and hydroxyl radicals can be formed (type I reaction) by transfer of an electron from the photosensitizer (Sharman et al., 1999). Alternatively, energy transfer from the triplet excited state photosensitizer can generate singlet oxygen in a type II reaction (Sharman et al., 1999). Fullerenes have already been discussed for their ability to undergo either reaction mechanism although they are not yet used clinically. There is a wide range of photosensitizers, mostly based on tetrapyrrole structures like chlorophyll. The main clinically used photosensitizer is Photofrin, although other agents such as foscan, 5-aminolevulinic acid, and naphthalocyanines are under clinical trials (Babilas et al., 2005; Brewis et al., 1998; Chen et al., 2006; Fotinos et al., 2006; Kubler et al., 2001; Li et al.,

2006; Pech et al., 2005). Regions of the body where light can be externally or endoscopically applied are options for PDT and they include skin, lungs, esophagus, colon, liver, bladder, and prostate (Corti et al., 2000; Harrod-Kim 2006; Pinthus et al., 2006). Typical drug delivery doses are from 0.1 to 7 mg/kg delivered topically or intravenously 3-72h prior to light exposure (Pinthus et al., 2006; Sharman et al., 1999). Light doses have wide variability from 10 to 200 J/cm<sup>2</sup> applied for minutes to hours (Pinthus et al., 2006; Sharman et al., 1999). Two drawbacks of PDT are inaccessibility to various tumor locations which make application of light impossible and hypersensitivity to sunlight following delivery of the photosensitizing agents. PDT can be a very effective therapy dependent upon the tumor type, photosensitizer used, and light dose applied. Cancer response rates vary between 20% for low light dose using Photofrin against bladder cancer, and 100% using Haematoporphyrin against lung cancer (Harrod-Kim 2006; Pinthus et al., 2006). PDT deterministically effects biological systems by inducing cell death through cell and reactive oxygen species interactions, by vascular damage or by stimulating immune response at the tumor site (Castano et al., 2005). Although there are multiple photosensitizers currently available, there is potential to use carbon nanomaterials as photosensitizer agents. The lifetime of singlet oxygen species is approximately 0.1 µs depending on the tissue type and since free radicals interact readily they only travel about 15 nm in a biological environment (Castano et al., 2005). An example of a commonly used sensitizing agent is Photofrin, which to date is the only FDA approved photosensitizing agent (Sharman et al., 1999). However, there are drawbacks to PDT using systemically injected Photofrin. The agent is not delivered to only the cancerous tumor, and after injection a patient's skin and eyes may be sensitive to light for up to 6 weeks post-treatment (Sharman et al., 1999).

# 10.3.2 Intraperitoneal Hyperthermic Chemotherapy

Chemotherapeutic agents are most commonly delivered systemically but they can be localized to a specific region to aid in cancer cell destruction of micrometastasis that cannot be easily discovered using imaging analysis or during surgical resection of larger lesions. Perfusion has been used on whole limbs, within the pleural lining of the lungs, and is extensively used in to treat disseminations in the peritoneal cavity (abdomen) (Abe et al., 2005; Dang et al., 2007; Pearce and Thomsen, 1999; Reingruber et al., 2007). Addition of hyperthermia with chemotherapeutic agents is beneficial on the cellular and vascular levels; however, not all chemotherapeutic agents respond to hyperthermia. Hyperthermic ranges used with drugs is critical for maximizing treatment effectiveness; appropriate ranges are between 40°C and 43°C. Above 45°C there is coagulation of proteins, and irreversible cell damage. Colorectal cancer cell response to hyperthermia can be seen in Fig. 10.8. There are families of heat shock proteins (HSP) that can be induced at hyperthermic temperatures, especially above 45°C and HSPs can modify oncology outcomes (Hildebrandt et al., 2002). HSPs are upregulated in response to cell stress like hyperthermia but



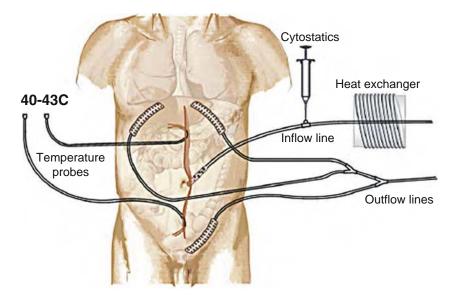
**Fig. 10.8** Effect of various hyperthermic temperatures on colorectal cancer cells. Temperatures above 42°C are the most effective for cell killing (Reprinted from Hildebrandt et al., 2002. With permission from Elsevier)

also in response to hypoxia and some therapeutic agents. Upregulation of HSPs protects cells and makes them more resistant to chemotherapy, hyperthermia, and radiation treatments and thus imparts the potential for disastrous malignancies (Hildebrandt et al., 2002). Temperatures above 45°C which produce irreversible

cell damage are referred to as thermal ablation techniques. Figure 10.8 provides plots for how different hyperthermic temperatures affect cell survival in two different colorectal carcinoma cell lines. Great care is required when thermal ablation techniques are to be used around the borders of tumors since there is potential for insufficient heating for cell kill, but high enough temperatures to upregulate HSPs. If not all cells are killed there is potential for aggressive recurrences. Use of nanoparticles to highlight tumor border edges via ultrasound, infrared, or fluorescent imaging is helpful to surgeons and some nanoparticles such as fluorescently labeled nanoparticles are under development to aid in this area (Trehin et al., 2006). An alternate version of hyperthermic chemotherapy involves systemic delivery of the agent and warming of the target region to aid in vascular flow to the tumor and cellular uptake of the drug (Dewhirst 1994; Ponce et al., 2006).

Large tumors that can be visualized during open peritoneal surgery can be removed but micrometastasis may not be visible or detectable by imaging techniques. Unfortunately, chemotherapeutic agents delivered systemically do not reach the peritoneum in high enough doses to be very effective; therefore regional dose delivery is preferred (Levine et al., 2007). To attain more thorough removal of metastatic lesions, perfusion of hyperthermic chemotherapy is used. Certain primary cancers tend to metastasize to the organs and walls of the peritoneal cavity; specifically colorectal, gastric, and breast cancers in addition to primary intraperitoneal cancers of the pancreas and liver. Intraperitoneal hyperthermic chemoperfusion (IPHC) delivers drugs up to 3mm into the tissue of the peritoneum which is adequate for micrometastic lesions unless they are covered by adipose tissue or scars from previous surgeries (Sugarbaker et al., 2005). Current IPHC regimes require a perfusion of warm (40-43°C) chemotherapeutic agent into the peritoneal cavity for a few hours following debulking of the larger tumor lesions (Levine et al., 2007; Shen et al., 2004; Stewart et al., 2005; Stewart et al., 2006). During perfusion, the abdomen is gently palpated to aid in distribution of the chemotherapeutic agent. A schematic of the perfusion set-up is shown in Fig. 10.9. Although survival rates have dramatically improved using IPHC in combination with surgical resection (Levine et al., 2007), there are drawbacks to the method. The time to setup, flush a saline solution to prewarm the abdomen, run the perfusion, and complete flushes of the cavity to remove residual drug adds about 3h of additional time that the patient must be anesthetized; it is optimal for the patient to reduce the time under anesthesia. Also, liters of the high-dose chemotherapeutic agent are used during treatment and thus cost for the drugs is quite high, as is disposal for a large amount of toxic material. Although flow rates are modified to promote adequate circulation of agents throughout the peritoneal cavity and palpating the abdomen also aids in circulation there can still be problems with inhomogeneous drug and heat delivery.

Chemotherapeutic agents that have significant cancer response when combined with hyperthermia (up to 43°C) include doxorubicin, melphalan, mitomycin C (MMC), mitoxantrone, gemcitabine, etoposide, and especially the platinum-based agents carboplatin and oxaliplatin (Mohamed et al., 2003; Sugarbaker et al., 2005). Agents that do not work well with hyperthermia include irinotecan, paclitaxel, docetaxel, 5-fluorouracil, and floxuridine (Mohamed et al., 2003; Sugarbaker et al., 2005).



**Fig. 10.9** Circuit diagram for intraperitoneal hyperthermic chemoperfusion. Warmed chemotherapeutic agents are circulated through the abdomen and temperature at the inflow and outflow ports are continuously monitored (Reprinted from Reingruber et al., 2007. With permission from Elsevier) (*See Color Plates*)

In particular, chemotherapeutic agents that require enzymatic activation, such as cyclophosphamide, are not acceptable choices for IP administration (Sugarbaker et al., 2005). All chemotherapeutic agents are delivered at 43°C or below to minimize complications such as upregulated HSPs and damage to non-malignant cells in the region of perfusion. However, it is theorized that anti-neoplastic effect can be enhanced if temperatures over 43°C can be used in a very localized region, as shown in Fig. 10.8 (Hildebrandt et al., 2002).

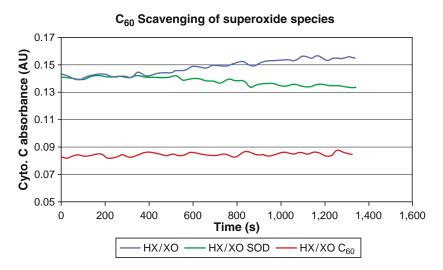
Hyperthermic chemotherapy aids in drug delivery by a few mechanisms. Increased temperature leads to increased blood flow and tumors are generally able to recruit a good blood supply; thus more drugs will be localized to a tumor if the surrounding area is warmed. On a cellular level, hyperthermia increases permeability of cell membranes. The cell membrane will therefore allow passage of more chemotherapeutic agent, the nuclear membrane will allow more of agent to access DNA, and the mitochondrial machinery will be more susceptible to disruption by drugs targeting mitochondria. In addition, hyperthermia increases cellular metabolism and potentially drug efflux out of the cell. Hyperthermia is advantageous on multiple levels and is therefore a superior adjunct for combinatorial drug delivery. Since IPHC delivers higher doses of chemotherapeutic agents to a local region without much leakage into systemic circulation, another chemotherapeutic can be given systemically to add additional anti-neoplastic capacity without the risk of overdosing.

# 10.4 Carbon Nanoparticles for Cancer Therapies

Some of the currently used therapeutics, and pitfalls associated with them, have been outlined above. Carbon nanomaterials may be beneficial in oncology to deliver chemotherapeutic agents or begin cascades of damaging molecules like radical oxygen species. Although  $C_{60}$  fullerenes and carbon nanotubes are closely related, they have very different pathways as potential therapeutics in oncology.

# 10.4.1 Fullerenes for Use in Photodynamic Therapy and Drug Delivery

 $C_{60}$  fullerenes have been shown to have protective or detrimental effects on biological systems that can be exploited for medicinal use. Due to rearrangement of electrons and statistical probabilities, they can accept up to six electrons and may therefore be used to scavenge damaging reactive oxygen species (Krusic et al., 1991). This phenomenon has been explored and fullerenes were found to be beneficial against neuronal damage (Dugan et al., 2001). Figure 10.10 shows the effectiveness for  $C_{60}$  to scavenge superoxide species. A similar opportunity exists in oncology to use the scavenging potential of  $C_{60}$  fullerenes to mediate undesirable secondary effects from some chemotherapeutic agents. For example, doxorubicin is a routinely used agent whose primary cell killing mechanism is DNA strand breakage. However, doxorubicin also generates radical oxygen species and tends to



**Fig. 10.10**  $C_{60}$  is a very effective scavenger of superoxide species. The standard superoxide scavenger, superoxide dismutase, is not nearly as effective (*See Color Plates*)

localize to mitochondria as well as in the nucleus (Green and Leeuwenburgh 2002). Systemically delivered doxorubicin has been shown to induce irreversible cardiac damage due to the potential of the drug to target mitochondria (Kluza et al., 2004). If  $C_{60}$  could be localized near doxorubicin, then perhaps it could reduce damage from the radicals produced by the drug, and there is evidence that functionalized  $C_{60}$  fullerenes localize to the nucleus, lysosomes, and mitochondria (Chen et al., 1998; Mroz et al., 2007; Porter et al., 2006; Ueng et al., 1997).

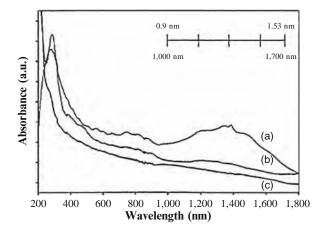
Alternatively, C<sub>60</sub> can be used as a photosensitizing agent for use in photodynamic therapies. The majority of fullerenes explored as photosensitizing agents are functionalized to aid in water solubility; however, functionalization modifies the photodynamic properties of C<sub>60</sub> (Koeppe and Sariciftci, 2006; So et al., 2006; Yang et al., 2002). The greater the number of functional molecules attached to the fullerene, the more reduced the yield of singlet oxygen or radical species produced. But there can also be a decrease in quantum yield for fullerenes with fewer numbers of functional moieties due to the greater potential for these molecules to aggregate in aqueous solution (Mroz et al., 2007). Some examples of functionalized fullerenes that have been explored for use as photosensitizer molecules include cyclodextrin  $C_{60}$ , tris-malonic acid  $C_{60}$ , fullerenes with eighteen carboxylic acid groups, with one to three diserinol groups and one to three quaternary pyrrolidinium groups (Bisaglia et al., 2000; Brettreich and Hirsch, 1998; Foley et al., 2002a; Mroz et al., 2007; Sayes et al., 2004; Wang et al., 1999; Yang et al., 2002). All these molecules exhibit cell killing upon exposure to white (400-700nm) light, and molecules with fewer functional groups were most effective. The quantum yield of singlet oxygen that can be produced utilizing C60 fullerenes functionalized with three quaternary pyrrolidinium groups can be as high as 0.97 (Foley et al., 2001); by comparison, the clinically used Photofrin has a quantum yield of singlet oxygen from 0.11 to 0.89 depending upon the state of aggregation of the molecule (Fernandez et al., 1997; Tanielian et al., 2001). Possibilities exist to use  $C_{60}$  fullerenes as photosensitizers but this molecule, like any other, has some limitations. Functionalization of C<sub>60</sub> is a sufficient way to prepare a material that will not aggregate in aqueous solution upon delivery in the body, but there is a decrease in light absorption with functionalization, leading to less efficient quantum yields (Mroz et al., 2007). The main absorption peaks for pristine fullerene are 280 and 360 nm and for functionalized fullerenes only absorption shoulders are seen above 400 nm (Levi et al., 2006; Mroz et al., 2007). The best wavelengths for PDT though are the longer wavelengths since deeper light penetration will occur at longer wavelengths. However absorption of long wavelengths is not energetically favorable for promotion from the ground state to the first excited state of the photosensitzer (Castano et al., 2005).

Fullerenes can be grown with molecules within their interior, which can be useful in imaging applications but not really for drug delivery. Breaking of the fullerene cage is not easily done, and would be even more difficult to do in the body. Since many chemotherapeutic agents are larger than the interior of a  $C_{60}$  fullerene, filled fullerenes are not an acceptable choice for drug delivery. Molecules can be attached to the outside of the fullerene and by exploiting fullerenes' tendency to localize in the nucleus and mitochondria might be useful. However, since addition to the outside

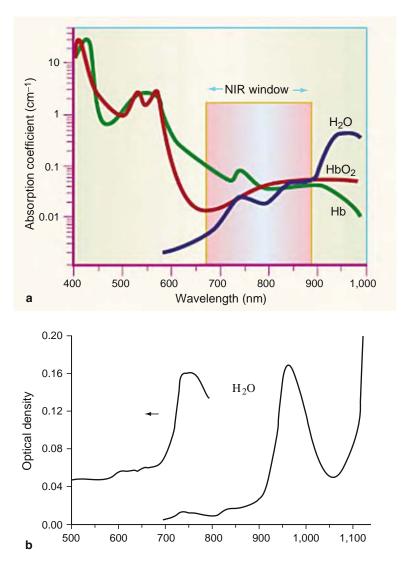
of the fullerene can dramatically affect the resultant molecules' size and charge, drug delivery using fullerenes may not be an effective option in oncology.

# 10.4.2 Thermal Ablation Using Carbon Nanotubes

Carbon nanotubes (either SWNT, DWNT, or MWNT) strongly absorb electromagnetic radiation throughout the infrared due to transitions between the first and second van Hove singularities, as shown in the absorption spectra in Fig. 10.11 (Bachilo et al., 2002; Kouklin et al., 2004; O'Connell et al., 2002; Saito et al., 2004). Nanotubes generate heat by absorbing incident light which induces phonon and plasmon resonances along the tube length (Dresselhaus and Eklund, 2000; Hepplestone and Srivastava, 2006; Maksimenko et al., 2007). It has been shown that both metallic and semi-conducting nanotubes exhibit this phenomenon, with metallic tubes being the most efficient (Maksimenko et al., 2007). Decreases in the surface plasmon resonances of nanotubes strongly affect the ability of the nanotube to behave as a classical dipole antenna. Plasmon resonances correspond with the geometrical resonance of a metallic nanotube and lead to very specific peaks of thermal intensity that correspond to the length of the nanotube (Maksimenko et al., 2007). Thus, the length of nanotubes can be chosen to match a specific incident frequency of light and will be most efficient when the nanotubes have lengths that are multiples of half the wavelength of the incident light (Burke et al., 2006; Hanson, 2005; Kempa et al., 2007; Wang et al., 2004a). Specific wavelengths within the optical transmission region where body tissues are most transparent can be used to stimulate



**Fig. 10.11** Carbon nanotubes have an absorption peak between 1,000 and 1,500 nm as defined by line (a) in this figure. A decrease in absorption is seen in lines (b) and (c) due to wrapping of polysaccharides around the tubes for water solubilization (Reprinted from Casey et al., 2005. With permission from Elsevier)



**Fig. 10.12** The most efficient regions for nanotube absorption lie where water and hemoglobin have absorption minima: between 700 and 900 nm and around 1,100 nm (Braun and Smirnov 1993; Reprinted from Weissleder, 2001. With permission from Elsevier) (*See Color Plates*)

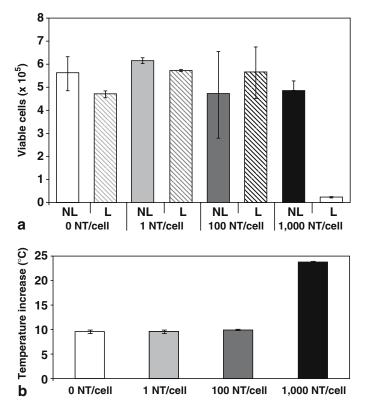
nanotubes. The spectral region where water, and hemoglobin absorb the least in between 700–900 nm and near 1,100 nm (see Fig. 10.12); making use of light sources in this range acceptable for nanotube stimulation (Weissleder, 2001). There are lasers with emission near 800 nm (diode lasers) and 1064 nm (Nd:YAG lasers) that are clinically used, especially for applications in dermatology and plastic surgery. To most efficiently couple to incident radiation they should be longer than half the wavelength of the incident light. So for the clinically relevant lasers operating

at 800 and 1064 nm, maximum absorption should occur for nanotubes longer than 400 or 532 nm. Length may contribute to efficiency of nanotube infrared absorption but if the nanotubes were grown with metallic catalyst, residual catalyst material will affect thermal efficiency. Nanotubes with minimal catalyst are superior since there are more nanotubes per unit mass if there is little or no catalyst adding to the mass. Furthermore, MWNT might be more efficient than SWNT due to their additional mass which adds to the heat transfer effect from nanotubes contained in a media surrounding the tissue to be ablated. This concept stems from experiments designed to whisk away heat from a mechanical system by incorporating MWNT into the flowing water system (Launay et al., 2006; Park and Jung, 2007). MWNT can be used not only to induce the thermal precedent of the biosystem, but can also efficiently transfer heat from a nanoparticle to the surrounding media is a limiting factor of thermal therapies but carbon nanotubes can overcome this limitation more effectively than metallic nanoparticles.

"Nanobombs" have recently been discovered to generate even more powerful anti-tumor effects. "Nanobombs" have been explained as tight bundles of carbon nanotubes, such that when incident radiation excites them the energy/heat has nowhere to go so a microscopic explosion occurs (Panchapakesan et al., 2005). However, this explosion of tumor matter may be potentially hazardous since if not all the cancerous material is thermally destroyed, the material could become mobile due to the induced force. Another avenue for nanotubes is to act as carrier molecules, since they can be functionalized to carry molecules like DNA (Xin and Woolley, 2005; Xu et al., 2003). As an example of current technique researchers have piggy- backed a DNAzyme to a nanotube to get it across cell membranes (Yim et al., 2005). The DNAzyme are sequences of single-stranded DNA capable of interrupting RNA activity in a tumor cell, and thereby activating apoptosis (Yim et al., 2005). Although it is unknown how much heat is generated at the surface of nanotubes, they can be used to rapidly (within minutes) heat a bulk solution above 45°C, leading to thermal ablation and cell death (Kam et al., 2005; Torti et al., 2007). Both SWNT and MWNT have been shown to be effective for thermal ablation, as shown in Fig. 10.13.

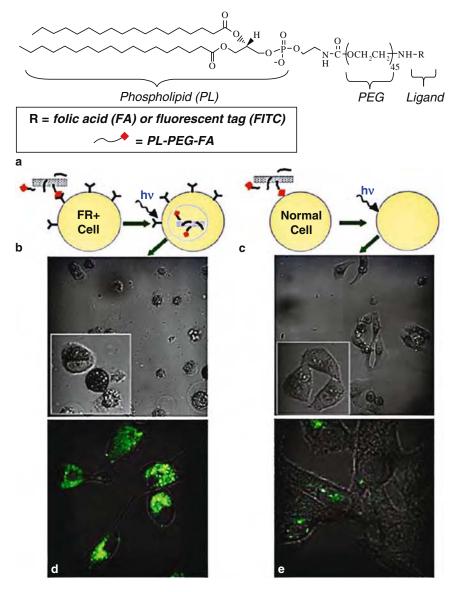
As with fullerenes, carbon nanotubes are also hydrophobic and must be made soluble for suspension in aqueous media. Nanotubes are commonly functionalized to make them water soluble although they can also be non-covalently wrapped with polymers, polysaccharides, surfactants, and DNA to aid in solubilization (Casey et al., 2005; Kam et al., 2005; Sinani et al., 2005; Torti et al., 2007). Functionalization usually begins by formation of carboxylic acid groups on the exterior of the nanotubes by oxidative treatments such as sonication in acids, followed by secondary chemical reactions to attach functional molecules to the carboxyl groups. For example, polyethylene glycol has been attached to SWNT to aid in solubility (Zhao et al., 2005). DNA has also been added onto SWNT for efficient delivery into cells (Kam et al., 2005).

Thermal ablation using carbon nanotubes is a definite option for use in oncology, especially since nanotubes can be functionalized with targeting modalities like folic acid. Some cancer cell types express large numbers of folic acid receptors on



**Fig. 10.13** MWNT, 1,100 nm in length are efficient generators of heat in a bulk solution leading to cell death. Within 60s of exposure temperature increases of almost 25°C over the baseline, or up to almost 60°C can be achieved. Kidney cancer cells exposed to such a high temperature undergo irreversible cell damage leading to death. The number of nanotubes needed for efficient cell killing was found to be 1,000 nanotubes per cell with exposure to 1,064 nm light (L). With no light exposure (NL) the amount of cells killed was statistically the same as control cells without nanotubes or light exposure (Reprinted from Torti et al., 2007. With permission from Dove Medical Press Ltd.)

their surfaces and thus will bind readily to folic acid attached to nanotube sidewalls (Kam et al., 2005). This is just one example and is shown in Fig. 10.14, for cell targeting by functionalizing nanotubes but there are many more, making nanotubes potentially very valuable since they can be targeted directly to tumors and the tumors then ablated using heat generated by infrared stimulation of the nanotubes (Kam et al., 2005). Using infrared radiation to pass through tissues and target tumors loaded with nanotubes is the ideal situation, but there are complicating factors. Infrared radiation can only penetrate a short distance within tissue; less than 2 cm for 1,064 nm light. It is very likely that thermal ablation techniques will need to be applied to malignancies on the skin or to those that be reached using endoscopes or during open surgical operations. This may limit thermal ablation using



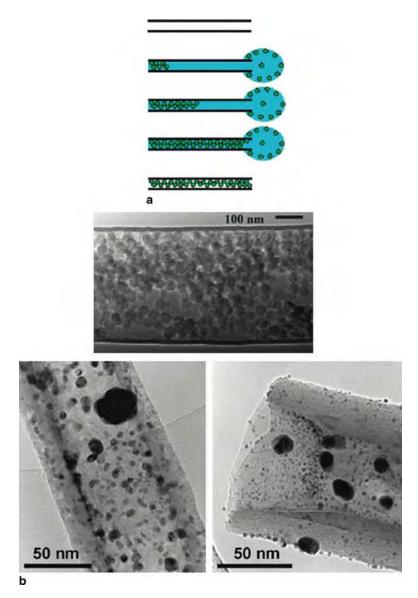
**Fig. 10.14** Folic acid can be conjugated onto nanotubes fluorescently labeled nanotubes to target cells expressing folic acid receptors (a,b,c). Nanotubes conjugated with folic acid display a fluorescent signature indicating that nanotubes are internalized by cells expressing folic acid receptors (d). Without the folic acid conjugate, there is very little distribution of nanotubes within the cells as attributed by the lack of fluorescent signature in (e) (Reprinted from Kam et al., 2005. With permission from the National Academy of Sciences, USA) (*See Color Plates*)

nanotubes to the same cancer types that could be targeted using photodynamic therapy. Functionalized nanotubes can lose their functional molecules due to breakage of the bonds by the heat generated at the nanotube sidewall following infrared exposure. Release of functional molecules may be a useful delivery mechanism, but since functional molecules also tend to aid in water solubility of the nanotubes, such release may result in reaggreagation of the nanotubes and potential blockage.

Recently single-walled carbon nanotubes have been used for thermal ablation of hepatic and pancreatic tumors by a very different heating mechanism. SWNT generated hyperthermic temperatures rapidly via stimulation with radiofrequency at 13 MHz, 600W for 2 min with excellent cell death in both the *in vitro* and *in vivo* studies. Radiofrequency ablation is commonly employed clinically for ablation of kidney, bone, liver, and pancreatic cancers. Researchers have been investigating the use of magnetic nanoparticles to more effectively target tumors through the use of radiofrequency. The novel use of SWNT coupled with radiofrequency was not attributed to any magnetic effects but rather alignment of the nanotubes with the magnetic field to create long antennae and the electrical resistance in nanotubes with high aspect ratios. The result of the study further indicates the importance that the length of nanotubes has upon interaction with the incident electromagnetic field to generate heat.

### **10.4.3** Filled Nanotubes and Nanohorns for Drug Delivery

Carbon nanomaterials can be used for delivery of drugs by attachment of molecules to the outside of fullerenes or nanotubes with release mechanisms such as thermal or enzymatic disengagement. However, either release mechanism might damage the drug moiety; a more efficient method is available by simply filling the hollow interiors of carbon nanotubes. Metals can fill the interior of nanotubes by thermal vaporization of the metal during nanotube growth or in the presence of open-ended nanotubes (Huang et al., 2004; Kumar et al., 2004). This method works well for stable particles like metals, but is not applicable for adding chemotherapeutic agents to nanotube interiors. The simplest way to fill nanotubes is by capillary action, especially since most chemotherapeutic agents can be dispersed in solvents that are compatible with this method. Capillary mechanisms and filled nanotubes are shown in Fig. 10.15. Important parameters for capillary filling include the viscosity and surface tension of the carrier solvent (Kim et al., 2005; Tessonnier et al., 2005); fluids with surface tension much higher than water will not flow all the way through the tubes (Monthioux, 2002). Also, the carrier solvent containing the drugs to fill the interior of the nanotubes must be supersaturated, so that the drug molecules will adhere to the interior of the tube sidewall (Monthioux, 2002). Nanotubes opened by oxidative methods not only have their ends removed but also have holes along the tube wall which can allow for increased permeability of the nanotube for drug filling (Sitharaman et al., 2005). Opened nanotubes (not functionalized or coated) usually

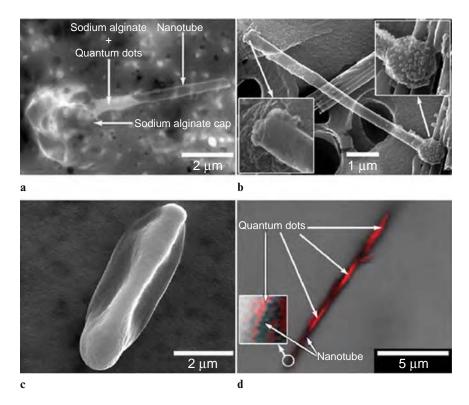


**Fig. 10.15** The methods for capillary filling of nanotubes involves dispersal of the agent in a liquid capable of flowing into the nanotube followed by subsequent evaporation of the solvent to leave particles inside the tube. Nanotubes have been filled with polystyrene spheres and palladium nanocrystals using this method (Reprinted from Kim et al., 2005. With permission from American Chemical Society; Reprinted from Tessonnier et al., 2005. With permission from Elsevier) (*See Color Plates*)

have enough carboxyl groups to be slightly water soluble and when stirred with an aqueous drug, will allow for fluid transport down the length of the tube (Ajima et al., 2005; Matsumura et al., 2007; Murakami et al., 2004). Many chemotherapeutic agents are hydrophobic but there is no problem with using a non-aqueous carrier solvent, so long as the surface tension is comparable to that of water. Upon evaporation of the solvent, drug molecules will aggregate along the interior walls of the nanotubes. There is evidence for stronger binding potentials of N<sub>2</sub> and H<sub>2</sub> along the interior tube wall which may further aid in drug aggregation along the tube interiors (Ajima et al., 2006). The goal of drug-filled nanotubes or nanohorns is delivery of the drug at a specific site which requires that the drug be released slowly to account for the time needed to localize to a site, or that the drug is sealed within the tube. Once drug molecules are aggregated at the interior of the nanotubes, the tubes cannot simply be redispersed in the same solvent that was used for filling since the drug may solvate and fluid flow will leach the drug out of the tube. Another difficulty is that drug molecules will also adhere to the exterior of the nanotubes. Ideally, for release of the drug at a specific site, the drug would be encapsulated within the tube with minimal drug along the exterior which could induce negative consequences at sites other than the target location. However, it is difficult to remove drugs adhered to the outside of the tube without removing drug at the interior unless the nanotube ends are capped. Therefore, methods to enclose chemotherapeutic agents within the nanotubes while still allowing for drug release at a specific site are sought.

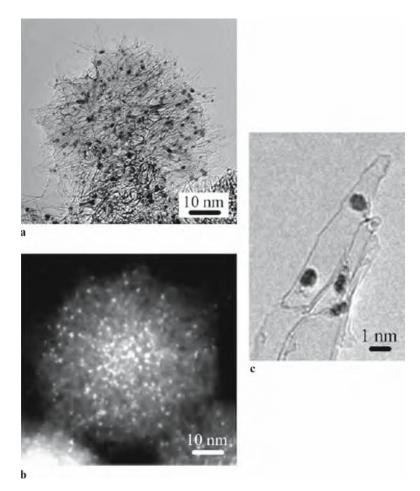
Viscous polymer solutions will not flow into the interiors of nanotubes by capillary mechanisms, but they can be forced into the tubes using centrifugal force. The polysaccharide sodium alginate is commonly used for drug delivery and food stuffs as a natural thickener. Alginate is easily and rapidly cross-linked with metal ions and biocompatible calcium chloride is commonly used. A clever technique for filling and sealing nanotubes has recently emerged using this sodium alginate. Sodium alginate polymer was loaded with fluorescent polystyrene nanoparticles or quantum dots and forced through hollow MWNT by centrifugation and filled tubes were cross-linked with calcium chloride, as shown in Fig. 10.16 (Nadarajan et al., 2007). Nanotubes filled with this method were found to be gradient loaded depending on the length of the nanotubes. Although the exteriors of the nanotubes are coated with alginate, sufficient washing removed alginate from the exterior, while leaving the tube ends capped and the fluorescent particles trapped inside (Nadarajan et al., 2007). A method using alginate for nanotube filling is an excellent choice since depending upon the molecular weight of the alginate, it will degrade within specific time intervals to release drugs over time. A problem with chemotherapeutic agents is their rapid clearance which requires more doses to be delivered. A nanoparticle that can be filled with a chemotherapeutic agent, targeted to a specific location, and releases the agent slowly is an ideal choice for successful drug delivery and patient comfort.

Although MWNT have large hollow interiors, SWNT aggregated into nanohorns, were the first tubular materials to be filled with drug agents. Nanohorns have the distinct advantage of having one closed end so there is outflow only from one end of the tube and possibly better retention within the nanotube. Nanohorns are spherical aggregates of SWNT with a diameter of 80–100 nm so they are no bigger than a large diameter MWNT (Ajima et al., 2005). The first drugs encapsulated



**Fig. 10.16** Carbon nanotubes filled with quantum dots in a sodium alginate carrier solvent. The alginate encloses the dots into the tubes by sealing the tube ends. A large majority of excess alginate around the tubes was removed by repeated washing (Reprinted from Nadarajan et al., 2007. With permission from Elsevier) (*See Color Plates*)

within nanohorns were dexamethsone (an anti-inflammatory glucocorticoid) and cisplatin (CDDP) (a platinum-based chemotherapeutic), as shown in Fig. 10.17 (Ajima et al., 2005; Murakami et al., 2004). Using capillary filling methods a 12% loading of the nanotubes was possible using CDDP, and 80% of the CDDP was released with 50h soaking of the nanohorns in phosphate buffered saline (PBS) (Matsumura et al., 2007). Platinum-based chemotherapeutic agents (cisplatin, carboplatin, and oxaliplatin; see Fig. 10.18) are stable under standard laboratory conditions, and the platinum core remains intact upon delivery in the body. Therefore, it is easy to monitor the distribution of platinum-based chemotherapeutic agents throughout the lifespan of the drug (from bench to human to waste) by measuring platinum concentrations using elemental analysis or other techniques. These compounds are also small and will fit within SWNT and MWNT. Platinum-based chemotherapeutic agents are an ideal choice for use in conjunction with carbon nanotube drug delivery since they are stable, small, easy to quantify due to the metallic core, and furthermore illicit better cancer response when used in conjunction with hyperthermia.



**Fig. 10.17** Carbon nanohorns encapsulate the chemotherapeutic agent cisplatin. TEM image (a) and inverse contrast TEM image of cisplatin loaded into the nanohorns (b). The drug is held at the closed end of the nanotube according to the image in (c) (Ajima et al., 2006)

# 10.4.4 Toxicity of Carbon Nanomaterials

Without a doubt, one of the great concerns in the field of nanotechnology is the potential toxicity of carbon nanomaterials. Growth and processing techniques will strongly influence perceived toxic effects attributed to the carbon structures. Aggregation can affect clearance rates by the immune system. Lymphatic drainage is very important since one of the first drainage repositories is the lungs and inhaled carbon nanoparticles have been found to induce lung fibrosis (scarring) (Stoeger et al., 2006).

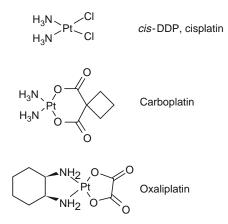


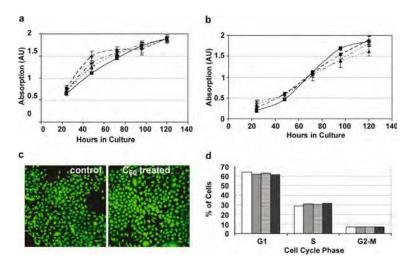
Fig. 10.18 The platinum based chemotherapeutic agents are stable and small enough to fit within the interior of an SWNT or MWNT

#### 10.4.4.1 Fullerene Toxicity

 $C_{60}$  fullerenes are still being evaluated for toxicity parameters. They have been found to induce lipid peroxidation with the addition of functional groups mediating the toxicity (Sayes et al., 2004). Preparations to make water-soluble fullerenes involves organic solvents which could be retained within the fullerene clusters leading to toxic effects; however, any amount of residual solvent would be miniscule and doubtful to illicit such response. Use of pristine nanosized fullerene aggregates, most likely to be encountered in standard laboratory usage, have not shown toxic behavior on in vitro cell cultures, as shown in Fig. 10.19 (Levi et al., 2006). An alternative mechanism for potential toxicity of fullerenes is their interaction with light. Fullerenes have been repeatedly demonstrated to have the potential to act as photosensitizing agents capable of producing singlet oxygen and radical oxygen species, which can damage cell membranes by lipid peroxidation (Foote, 1995; Kasermann and Kempf, 1998; Mroz et al., 2007; Rancan et al., 2005; Tabata et al., 1997; Yang et al., 2007). Therefore, only very careful toxicity analysis of pristine fullerenes, protected from light exposure, can evaluate the true toxic nature of fullerenes for medicinal applications.

#### 10.4.4.2 Carbon Nanotubes Toxicity

Very long nanotubes may not be able to be removed from the body by immune system cells like macrophages and hence may linger in the body for a long time. There is some data that radioactive-labeled water-soluble fullerenes are cleared



**Fig. 10.19** Lack of toxic effects of  $C_{60}$  fullerene on breast epithelial cells.  $C_{60}$  does not inhibit cell proliferation. MCF 10A and (A) MDA MB 231 (B) breast cancer cell lines were cultured either in the absence or presence of methanol  $C_{60}$  and cell proliferation was assayed by crystal violet staining.  $\blacklozenge$  Control, no  $C_{60}$ ,  $\blacksquare$  10µg  $C_{60}$ ,  $\blacktriangle$  50µg  $C_{60}$ , X 250µg  $C_{60}$ . (C). MDA MB 231 cells were simultaneously stained with calcein and ethidium using a live-dead assay kit. Lack of red-colored cells and the presence of cells stained in green indicate the lack of toxicity (D). MDA MB 231 cells were either untreated (open box) cultured with varying amounts 10 (gray  $\blacksquare$ ), 50 (patterned  $\blacksquare$ ) and 100µg (filled  $\blacksquare$ ) of  $C_{60}$  for 48 h and analyzed for cell cycle progression by flow cytometry (Levi et al., 2006) (*See Color Plates*)

from the body (Singh et al., 2006), but the dilemma is that functionalized nanotubes may behave differently than pristine nanotubes and thus the immune response and clearance rates might be different. An unknown toxicity factor with nanotubes is the potential for fibrosis around nanotube deposits used for oncology applications. This would be a highly undesirable effect as it could lead to pain in the fibrotic area. It seems to depend upon the mechanism of exposure as to whether carbon nanotubes will be toxic or not. Instillation in the lungs has been shown to be detrimental but the delivered doses were also quite high. Keratinocytes (skin cells) exposed to nanotubes *in vitro* showed an immune response as has whole skin on laboratory animals exposed to nanotube dust (Monteiro-Riviere et al., 2005a, b). Unfunctionalized or uncoated nanotubes readily aggregate in aqueous solutions and are readily coated by proteins when placed in media containing serum (Meng et al., 2005). Coating by serum proteins occurs when nanotubes contact with blood and although such coating may aid in solubility of the nanotubes, any potential aggregation of the nanotubes in the bloodstream could impede blood flow with deadly consequences. A final point about toxicity which must be accounted for is residual metallic catalyst used to grow some types of nanotubes that may be available for biological interactions. Nanotubes grown without catalyst are the best choice to evaluate the true toxicity of nanotubes

alone. Since nanotubes may be doped, for example, with boron or nitrogen, these varieties must be evaluated separately to determine toxic effects due to the degree of added dopant. Nitrogen-doped nanotubes have been compared undoped MWNT and were found to illicit a decreased toxic in *in vitro* cell culture experiments (Carrero-Sanchez et al., 2006). To evaluate the toxicity of any carbon nanoparticles, the size, shape, surface charge, and any functionality need to be examined.

## 10.5 Future Pharmacological Potential of Carbon Nanomaterials

Carbon nanomaterials have been described according to reported results and based on published results there is great potential for the use of carbon nanoparticles in oncology applications. Although nanotubes have previously been explored for use in thermal ablation techniques and for drug delivery, combining the two techniques will be the next generation of techniques for potential clinical use. Filling of nanotubes, hyperthermic chemotherapy using nanotubes, and composites of chemotherapeutic agents, biopolymers, and nanotubes offer new fronts for future scientific exploration.  $C_{60}$  fullerenes may not be the ideal choice for drug delivery but they could aid in development of more efficient photosensitizers for photodynamic therapy or to mediate free radical damage from chemotherapeutic agents.

# 10.5.1 Applications to Intraperitoneal Hyperthermic Chemotherapy

History has shown that peritoneal carcinomatosis is uniformly fatal with median survival in the range of approximately 6 months. For more than a decade, a handful of centers have pursued aggressive surgical management of peritoneal surface dissemination as an alternative approach to this disease. This chapter establishes the conceptual framework for understanding the role of carbon nanotubes in the treatment of patients with advanced malignancies. Intraperitoneal hyperthermic chemoperfusion (IPHC) is designed to deliver chemotherapeutic agents to a local area for delivery at higher doses than can be given systemically and also to increase uptake of the drug by malignant cells by increasing cell membrane permeability and cell metabolism. Carbon nanotubes especially may be able to further improve IPHC surgical techniques by localizing the area of applied heat during chemoperfusion. There are a few pathways through which this is possible, and an advantage of using carbon nanotubes with this technique is that it is an open surgical technique so the entire contents of the abdomen can be viewed and manipulated to provide the most effective treatment. Since many cancers that express folate receptors (ovarian, lung,

kidney, and colon) metastasize to the peritoneum, nanotubes functionalized with folic acid could be applied directly into the peritoneal cavity by perfusion techniques and/or via systemic delivery. The tubes would then label metastic lesions, including micrometastasis and areas where nanotubes have attached appear black which will pinpoint locations where a small diameter beam of infrared light should be applied. If infrared stimulation is applied to targeted nanotubes when a chemotherapeutic agent is in fluid surrounding the target area then hyperthermic chemotherapy will be induced only in the specific location chosen by the surgeon. Although this may seem to be a tedious task, resection of micrometastasis would be far more labor-intensive, especially since they may be difficult to find. An easier alternative would be to apply a mixed solution of chemotherapeutic agent and nanotubes around suspicious areas where larger metastasis have been removed concurrent with application of infrared light. This method of delivery would ensure that residual nodules would be treated; however, it would not address micrometastasis that are undetectable to the surgeon. Perhaps the most efficient method to combine hyperthermia and chemotherapy in a nano-localized area is to target nanotubes, filled with the chemotherapeutic agent and apply infrared light to heat the nanotube and release the drug at the target site in the open peritoneum. Use of targeted nanotubes would make delivery of chemotherapeutic agents and hyperthermia potentially very easy since one large light source could also be used to stimulate all regions which have collected nanotubes and drug. There are some very grand benefits from using nanotube-induced hyperthermic chemotherapy, namely that the nanotubes will generate sufficient heat in a localized area to promote drug delivery, thus sparing surrounding tissues from receiving hyperthermic chemotherapy unnecessarily, and more effectively treating micrometastatic lesions. Nano-IPHC would be much faster since only seconds of light exposure are needed to generate hyperthermia, and the (untargeted) nanotube material could quickly be flushed from the peritoneum.

## 10.5.2 Composites

Combining carbon nanotubes with biopolymers may be an alternate pathway for drug delivery. Biopolymer delivery of chemotherapeutic agents is an established technique for delivery and mechanisms for drug release include diffusion and osmosis. Since nanotubes can be functionalized or wrapped with polymers to aid in solubility, or even to encapsulate drugs, a larger composite of nanotubes and biopolymers could be used for localized hyperthermic chemotherapy. Hydrogels are polymers that absorb water readily and release therapeutic agents slowly. Incorporation of nanotubes into the hydrogel and subsequent heating of the hydrogel complex would lead to rapid release of the drug by dissolving the hydrogel using heat from the nanotubes. Hydrogel materials that have been examined for medicinal applications include xanthan gum, guar gum, polyethylene oxide, polyvinyl alcohol, chitosan/polyethylene glycol blends, dextran, and gelatin (El Sherbiny et al., 2005; Jain et al.,

2006; Li et al., 2004; Novikova et al., 2006; Wu et al., 2007; Zhang et al., 2003). In fact, nanotubes have been shown to stabilize gelatin hydrogels for biological applications (Li et al., 2004). Perhaps small, round composites of nanotubes, chemotherapeutic agents, and polymers are envisioned but sheets of such a material could be made such that a surgeon would be able to wrap the material around an area of interest, shine infrared light and entire sections of tissue would be treated simultaneously. For afflictions where large portions of the bowel are involved this may reduce the total amount of bowel that must be resected.

 $C_{60}$  may not deliver agents as effectively as nanotubes, but the potential to act as a photosensitizer in photodynamic therapy applications is advantageous. An exciting opportunity is to couple  $C_{60}$  with a standard photodynamic agent such as Photofrin to maximize the amount of reactive oxygen species produced, and research is being pursued to explore synergistic behavior of  $C_{60}$  and porphyrins (Milanesio et al., 2005). It may be possible to make an effective therapy using such a combination since both photosensitizers absorb in the visible wavelengths so white light could be used.

#### **10.5.3** Benefits of Carbon Nanomaterials in Medicine

Carbon nanomaterials will most likely be beneficial in medicine, specifically in oncology applications in the future. There are multiple possibilities for drug delivery using carbon nanotubes to directly release a drug at a specific site, or to increase cellular uptake and effectiveness of a chemotherapeutic by inducing hyperthermia at the cell membranes. Since IPHC is an open surgical technique nanotubes could be targeted to micrometastasis and then targeted areas could be visualized by the surgeon. Use of nanotubes in this application is an exciting first step towards clinical use of nanotubes in oncology. C<sub>60</sub> fullerenes seem to offer the most potential as photosensitizer agents for use in photodynamic therapy, but their ability to scavenge damaging

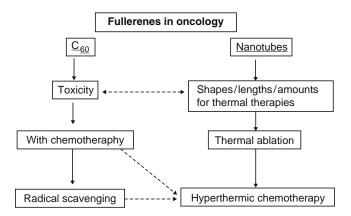


Fig. 10.20 A flow diagram for the potential applications of using fullerenes in oncology

secondary species produced by chemotherapeutic agents has not yet been determined. Thus  $C_{60}$  may be able to play a dual role in oncology by scavenging reactive species in a protective mechanism, or generating them to illicit cell damage and death.

#### **10.6** Conclusion

A few of the current methods used in oncology have been described, as have some of the properties of carbon nanotubes and  $C_{60}$  fullerenes. There are applications in oncology where use of carbon nanomaterials can aid in drug delivery or potentate reactive oxygen species to induce damage and cell death of malignancies. Applications using carbon nanomaterials which may proceed to clinical usage more rapidly than standard drug delivery are (1) the use of  $C_{60}$  as a photosensitizing agent or (2) the use of carbon nanotubes to induce localized hyperthermic chemotherapy. A schematic of the different pathways for pharmacological ventures incorporating carbon nanotubes in oncology is provided in Fig. 10.20. There is a long way to go to develop the applications fully, but the ideas may be more readily accepted by the medical community since they are based on modifying some of the current standards of care.

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# **Chapter 11 Visualization of Carbon Nanoparticles Within Cells and Implications for Toxicity**

Alexandra Porter and Mhairi Gass

Abstract Carbon nanostructures (CNS), such as C<sub>60</sub>, single-walled nanotubes (SWNTs) exhibit extraordinary properties and are one of the most commercially relevant class of NS. CNS have already found uses in high-performance sports equipment (nanotubes) and face cream ( $C_{60}$ ), whilst potential applications include optical and electronic materials and superconductors. Following the huge growth in these nanotechnology-related industries, significant concerns have arisen about their potential toxicity and impact on the environment. A lack in understanding of the interaction of such small structures with cellular material has resulted in concerns over their impact on human health. The potential toxicity of CNS and safety to human health requires an understanding of their interaction with cells and this in turn relies on the measurement of the pathways by which they enter the cell, their spatial distribution within and whether the CNS are transformed by the action of the cell; visualization of intracellular CNS is therefore imperative. However visualizing unlabelled CNS within cells is demanding because it is difficult to distinguish CNS from carbon-rich organelles given their similarity in composition and dimensions. In particular, the challenge lies in translating analytical imaging tools developed for inorganic systems to organic systems. This chapter describes how the state-of-the-art transmission electron microscopy (TEM) techniques, such as low-loss energy-filtered TEM (EFTEM) can be employed to differentiate between unlabelled C<sub>en</sub> SWNTs and the cell. Further, we demonstrate how these techniques can be used to trace the uptake of CNS into the cell and to assess their localized effects on cell structure.

**Keywords** analytical electron microscopy, carbon nanoparticles, macrophage cell, toxicity

# 11.1 Introduction

There has been a vast increase in publications on carbon nanoparticles, such as Buckminster fullerene ( $C_{60}$ ) and single-walled nanotubes (SWNTs), since the late 1990s in response to the successful mass production methods of manufacturers

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such as Carbon Nanotechnologies. Carbon-based nanoparticles have achieved a great deal of commercial interest due to their unique chemical and physical properties. Potential applications for carbon-based nanoparticles include optical and electronic materials and superconductors. In biological systems the use of these nanomaterials opens avenues for novel biosensing and imaging technologies. For example, C60 and their water soluble derivatives have been used as oxygen scavengers, anti-HIV drugs (Friedman et al., 1998), x-ray contrast agents (Ashcroft et al., 2006) and transporters for delivery of the murine anti-gp240 melanoma antibody (Ma and Sun, 1996). Surface-functionalized SWNTs also demonstrate great promise in clinical applications such as cancer diagnosis or as innovative gene delivery systems (Kam et al., 2005a; Pantarotto et al., 2004). Despite the extensive interest in carbon nanoparticles in commercial applications, concerns have recently been raised regarding the toxic potential of carbon nanoparticles to human health. Such concerns are becoming more significant as an increasing number of nanoparticles find their way into everyday use. This case is particularly relevant in the clinical setting, since the application of nanoparticles for clinical use will rely on the execution of systematic studies to assess their toxicological and pharmacological profiles. In response to these concerns there has been an increased output in the number of papers addressing the toxicity of carbon nanoparticles over the last few years, however, much of this data appears contradictory (Cherukuri et al., 2004; Chui et al., 2005; Kam et al., 2005; Lin et al., 2006; Manna et al., 2005; Nimmagadda et al., 2006; Sayes et al., 2006; Worle-Knirsch et al., 2006; Zhang et al., 2006). The requirement for alternative studies is now apparent in order to achieve an improved understanding of the uptake and cytotoxic effect of carbon nanoparticles within cells. Assessing the toxicity of carbon nanoparticles is imperative chiefly since the individual structures have a diameter of 0.7-1 nm: small enough to penetrate through ion channels or diffuse through pores in the nuclear membrane. Clearly an improved understanding of how the human body interacts with these nanostructures, i.e.: mechanisms of transport across the cell membrane, interactions with the membranes and organelles and their distribution within the cell will be essential to address any potential toxicity.

## 11.2 Toxicity of C<sub>60</sub>

The toxicity of  $C_{60}$  has been found to be related to its ability to cause oxidative stress (Oberdorster, 2004 and Sayes et al., 2005, 2007). However, literature describing the toxicity of  $C_{60}$  is contradictory. The first report on  $C_{60}$  cytotoxicity originated from Tsuchiya et al. who found that  $C_{60}$  inhibited cell proliferation and differentiation dose-dependently in mouse midbrain cells treated at ~400 µg/ml for six days. Tsuchiya et al. proposed that reactive oxygen species (ROS) contributed to  $C_{60}$  cytotoxicity. The ROS generation and embryo head abnormalities suggested that  $C_{60}$  may contribute to brain and neuronal diseases such as Down syndrome, Alzheimer's, and Parkinson's disease (Tsuchaiya, 1996). The research that

prompted the carbon nanoparticle cytotoxicity scare was Oberdörster's experiment: a study that found  $C_{60}$  causing lipid peroxidation in the brain of largemouth Seabass fish. This experiment proposed that  $C_{60}$  enters the brain via the olfactory receptor cells, based on other nanoparticle studies. Interestingly, the gills and liver showed decreased lipid peroxidation; however, depletion in glutathione levels suggested that the antioxidant defence system in the gills and liver was being stressed to counter the C<sub>60</sub> (Oberdorster, 2004). In water, uncoated C<sub>60</sub> forms crystalline colloids, described as nano-C60 (Sayes et al., 2005). These colloids have a high electron affinity and a propensity for generating superoxide anions (Sayes et al., 2005). Sayes et al. found an inverse correlation between the number of hydroxyl and carbonyl attachments and cytotoxicity. Nano-C<sub>60</sub>, with the fewest attachments, resulted in 50% cell death at 20 ppb in human dermal fibroblasts in comparison to at least 10,000 ppb for other water derivative forms of C60. Nano-C60 was found to cause lipid peroxidation through ROS generation; however, damage to DNA, protein, and mitochondria was not observed (Sayes et al., 2005). Additionally, damage to lipid bilayer causes the membranes to become 'leaky', compromising ion homeostasis (Sayes et al., 2007). This mechanism of membrane damage by pore formation has been confirmed using molecular dynamic simulations (Qiao et al., 2007). In a rat model, nano-C<sub>60</sub> also causes lipid peroxidation, however, only transient inflammatory and cell injury effects were observed, with little or no difference in toxicity to the lung compared to control samples (Sayes et al., 2005).

## **11.3 Toxicity of SWNTs**

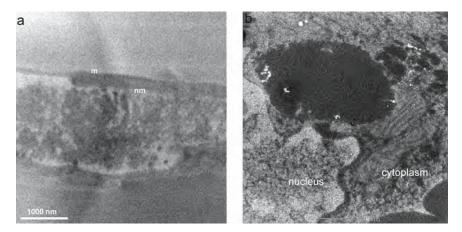
The toxicity of SWNTs is of particular concern, since this class of nanoparticle is routinely synthesized using a metal catalyst, and the toxic effect of the SWNTs could potentially be a combined effect of SWNTs and an oxidative stress response to the metal catalyst (Nimmagadda et al., 2006; Pulskamp et al., 2007). This complication renders unambiguous determination of the toxicity of pure SWNTs a challenge. In vitro reports on the toxicity of SWNT have presented conflicting evidence for their toxicity. For example, Worle-Knirsch et al. exposed lung epithelial-like cells to large SWNTs (2-5.6nm diameter) and described different outcomes depending on which cell viability assay was used (Worle-Knirsch et al., 2006). The (3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide) [MTT] assay showed a significant reduction in cell viability but the (2-(4-iodophenyl)-3-(4-nitrophenyl)-5-(2,4-disulfophenyl)-2H-tetrazolium, monosodium salt) [WST] assay gave no reduction in viability for comparable concentrations and duration of exposure to SWNTs (Worle-Knirsch et al., 2006). The authors found no changes in mitochondrial activity or evidence of cell death by necrosis or apoptosis in comparison with control cells. Weisman et al. exposed human monocyte macrophage cells to SWNTs, coated with a surfactant, and found that the morphology and growth of cells were unaffected (Cherukuri et al., 2004). Exposure of cells to SWNTs with up to 30wt.% iron and with a smaller diameter (0.9-1.2 nm), has been shown to induce acute toxicity, i.e. decreased cell proliferation, reduced cell viability (Chui et al., 2005; Mann et al., 2005; Pulskamp et al., 2007; Shvedova, 2003), reduced cell adhesion (Shvedova, 2005), activation of necrosis factor (NF- $\kappa$ B) (Worle-Knirsch et al., 2006) and the upregulation of genes associated with apoptosis (Chui et al., 2005).

## 11.4 Need for Imaging Studies

In recent years, the literature on toxicity of carbon nanoparticles has grown rapidly, however the findings are evidently contradictory. Much of this ambiguity arises from limitations of standard cell viability assays to give a true estimate of the effect of nanoparticle exposure on cell viability (Worle-Knirsch et al., 2006; Porter et al., 2007a), in particular the localized effect of the particles on cell ultrastructure. The potential human toxicity of carbon nanoparticles requires an understanding of their interaction with cells and this in turn relies on the measurement of their spatial distribution within exposed cells. Imaging distributions of carbon nanoparticles within cells are currently procured by tagging particles with a fluorochrome label and imaging the uptake using confocal microscopy. However, fluorochrome labelling alters the surface chemistry of the particles which may modify uptake (Kam et al., 2005). Imaging the cellular distribution of unlabelled carbon-based nanoparticles is challenging because of the difficulty in achieving high spatial resolution with sufficient image contrast to enable the nanoparticles to be clearly distinguished from the cell organelles. In particular, the challenge lies in translating analytical tools developed for inorganic systems to organic systems where sample preparation and stability of the sample under the electron beam become critical issues. In a recent set of studies we used a set of high-resolution electron microscopy techniques to visualize C<sub>60</sub> and SWNTs in human cells (Porter et al., 2006; Porter et al., 2007a, b). The following sections will describe techniques available to image carbon nanoparticles within the cell.

#### 11.5 Transmission Electron Microscopy

Transmission electron microscopy (TEM) is an imaging technique where a beam of electrons of known energy, generally ranging from 60 to 400 kV, is transmitted through a thin specimen and the image formed. However, standard TEM techniques such as bright-field imaging of these cellular structures result in very weak contrast; traditionally, researchers have stained the cells with heavy metal stains to enhance the cellular structure, however this can lead to confusion when analyzing the samples at high resolution. Subsequently, alternative methods have been investigated to increase the contrast between carbonaceous nanoparticles and the cell. Furthermore, the preparation of the samples has been reviewed to optimize the data obtainable from different techniques and their suitability to 3-D tomography.



**Fig. 11.1** (a) Low loss EFTEM image taken at 45 eV using a 3 eV slit of a non-stained cell section (70 nm thick) showing the nuclear membrane (nm) and plasma membrane (pm) (300 kV TEM). (b) HAADF-STEM image of a 40 nm thick cell section, showing improved contrast from cell organelles (200 kV TEM)

In general, there are several techniques available to enhance contrast from the cell without staining, these include working with small objective apertures, employing an energy filter with a small energy slit (Fig. 11.1a) and using ultrathin samples (Fig. 11.1b). Lowering the operating voltage of the microscope also significantly improves cell contrast; however, this increases damage to the cell by beam heating. For imaging carbon nanoparticles within the cell, one of the main challenges is to avoid damage to the graphitic structure of the nanoparticles. Operating at low voltages reduces damage to the graphitic structure via knock-on damage, so overall lower voltages are optimal for imaging fixed cell samples where the cell is relatively stable under the beam.

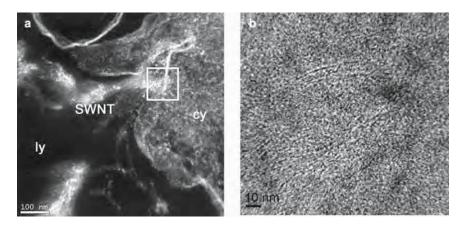
#### 11.5.1 Sample Preparation

One of the greatest challenges for imaging nanoparticles within cells is in the sample preparation. When preparing samples for TEM it is essential to induce minimal alteration to cell ultrastructure and also to the distribution of nanoparticles within the cell. There are several techniques available to prepare TEM samples: freezedrying of whole mounts on grids and fixation, dehydration and embedding followed by ultramicrotomy: sectioning with a glass or diamond knife and focused ion beam milling. Alternative methods have also been developed for specimen preparation as an alternative to the traditional dehydration and chemical fixation procedures, which can produce aggregation and/or changes in the spatial arrangement of the components. One procedure that has proved to be efficient in keeping the components' intrinsic spatial distribution involves freezing the tissues, either by drastically decreasing the temperature (10,000 K) or by applying a high pressure (ca 2,100 bar) for 10–20 ms before cooling in liquid nitrogen. Future work should investigate application of these techniques for improved imaging of nanoparticles within cells.

To increase contrast from cell organelles, heavy metal stains are often employed. Stains such as Os, Pb and U leave heavy metals in specific regions of the structure (for example, osmium binds to lipids and stains membranes), thus allowing distinction of specific cell organelles. However, these stains obscure visualization and characterization of the carbon nanoparticles, therefore we have compared stained and unstained sections to correlate distributions of nanoparticles within cell structure. For ultramicrotomy, standard sample thicknesses for TEM sections can vary from 70 nm to several hundred nanometers. This results in the acquisition of a twodimensional image containing three-dimensional information which can in turn result in the 'blurring' of data or lack of information. For electron energy loss (EEL)-based techniques or high-resolution imaging, optimum contrast can be achieved by sectioning ultra-thin sections of around 20nm in thickness. By using these ultrathin sections, two-dimensional slices through cells are obtained, therefore minimizing the three-dimensional information and allowing for high-resolution imaging of nanoparticles within the cell. Contrast from cell organelles can also be significantly improved by sectioning at 20-40nm (Fig. 11.1b). The limitation with ultra-thin sections, however, is durability of the section under the beam thus when energy or spatial resolution is not critical thicker sample thickness (~70 nm) will provide sufficient contrast. Here on, the challenge will be to improve the visualization of cell organelles whilst maintaining contrast from the carbon nanoparticles.

# 11.5.2 High-Angular Annular Dark-Field Scanning Transmission Electron Microscopy

The first technique to discuss regarding enhancement of carbonaceous nanoparticle/cellular contrast is high-angle annular dark-field scanning transmission electron microscopy (HAADF-STEM). HAADF-STEM uses an annular detector to collect electrons which have been scattered to high angles, where the intensity is proportional to Z<sup>2</sup>. This technique may be used to map distributions of SWNTs and C<sub>60</sub> clusters with cells at medium resolution (Fig. 11.2a, b) (Porter et al., 2006, 2007a, b). Here the contrast arises as the cell, C<sub>60</sub> and SWNTs have different carbon atom densities (crystalline C<sub>60</sub> and SWNTs having a higher density compared to the amorphous cell), which scatter by differing amounts. This technique is particularly suited to imaging SWNTs within the cell since the surface iron catalyst particles, which are generally present unless the SWNTs have been purified via a lengthy process, scatter strongly due to their higher atomic number, producing enhanced contrast from the SWNTs (Porter et al., 2007). For these reasons, HAADF-STEM

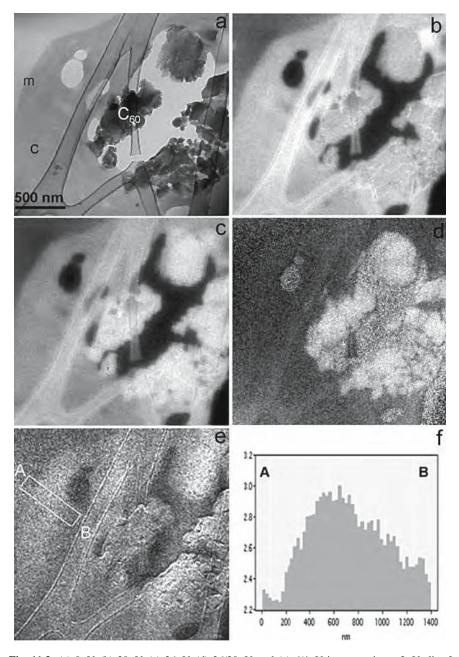


**Fig. 11.2** (a) HAADF-STEM image of a stained cell section (40nm thick). A SWNT cluster within a lysosome invading the lysosomal cell membrane. (b) Corresponding high-resolution lattice image of SWNTs at the lysosomal membrane from boxed area. Cytoplasm (cy) and secondary lysosomes (ly)

techniques offer the potential for improved imaging of carbon nanostructures within stained cells to further our understanding of how these structures interact with cell organelles. An additional advantage of using HAADF-STEM over TEM techniques is its ability to image thick samples, as this technique is not curbed by the chromatic aberration effects that limit TEM resolution. Consequently, this technique is ideal for 3-D imaging techniques such as electron tomography, in which volume information becomes critical (Fig. 11.3).

### 11.5.3 Electron Energy Loss Microscopy

In TEM, the incident electron beam has a known energy; as the electrons pass through the specimen they interact with the atomic electrons and scatter in one of two ways. The first is called elastic scattering; this is where the incident electron may be deflected as it passes through the specimen, but loses no energy. The second is inelastic scattering, an incident electron ionizes an atomic electron, and therefore the electron beam exits the specimen with a reduced energy. The energy required to ionize an electron is specific to both the element and shell in which the electron is sitting prior to ionization; thus elemental analysis can be carried out by studying the energy lost from the electron beam, this is known as electron energy loss spectroscopy (EELS). The energy loss spectrum consists of three main areas: firstly, the zero loss peak. This is the most intense component of the spectrum and consists of the elastically scattered electrons. The remainder of the spectrum is the result of inelastically scattered electrons and can be split into low loss and core loss. The low-loss region  $(0-100 \, \text{eV})$  results from the interaction of



**Fig. 11.3** (a) 0eV, (b) 20eV, (c) 26eV, (d) 26/20eV, and (e) 6/4eV images using a 2eV slit of crystals of  $C_{60}$  within a lysosome. Clusters in the 26eV image have a higher intensity than the cell medium in the 26eV image than in the 20eV image, and this increase in intensity is confirmed in the ratio image (26/20eV) in part (d). In part (b) regions of lighter contrast are marked on the surface of the crystals which suggest the presence of surface plasmons (p). The histogram (Fig. 11.2f) across the plasma membrane in part (e) shows an increase in intensity at the plasma membrane which is indicative of a greater density of  $C_{60}$  at this site. m – plasma membrane, c – cytoplasm

the incident electrons with the outer-shell atomic electrons, where the most prominent feature is the plasmon peak. Plasmon excitations are an important process and are a consequence of collective electron oscillations in extended arrays of atoms. Finally, the core loss section of the spectrum is the outcome of interactions between the incident electrons and the inner-shell atomic electrons. For energies above that of the plasmon, the spectrum consists of a gradually decreasing background caused by different interactions. Ionization edges from core-loss are superimposed onto it.

# 11.5.4 Energy Loss Microscopy of Intracellular Carbon Nanostructures

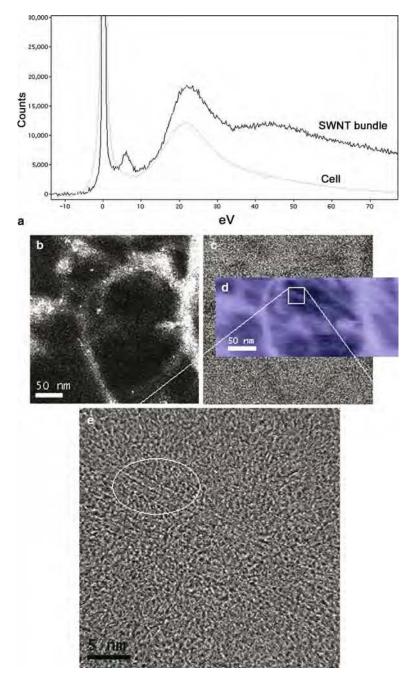
In a TEM, energy loss can either be measured in series, i.e. an image is acquired over a defined energy loss window, known as energy-filtered TEM (EFTEM); or in parallel, where an entire energy loss spectrum is acquired from a point in the specimen, known as electron energy loss spectroscopy (EELS). With EFTEM, an energy slit is used to select a region of the energy loss spectrum. Using this technique it is possible to acquire two-dimensional, elemental maps using electrons with an energy loss characteristic of a core level, interband transition or plasmon resonance energy. With EFTEM, the EELS spectrum may be extracted by acquiring a series of energy-filtered images, using a narrow energy window (1-3 eV). Image processing software may then be employed to extract the EELS spectra over a given energy range. In comparison to EFTEM, EELS spectrum imaging allows for a data set from a user-defined area and pixel density (x, y) to be collected, where each pixel contains an energy loss spectrum over a defined energy range (E). Using these techniques it is possible to utilize the low-loss region of the energy spectrum to map carbon nanoparticles within the cell. Both techniques have their advantages, and should be selected depending on the information required. Traditionally, EFTEM, which has a poor energy resolution compared to EELS, has been used for the study of core-loss excitations. This however requires substantial acquisition times to obtain sufficient counts and can result in specimen damage. The issue becomes critical when mapping distributions of carbon nanoparticles within the cell, as the graphitic carbon nanoparticles rapidly degrade under the beam by knock-on damage.

There are two energy regions available to map carbon in the energy loss spectrum: the K-shell carbon ionization edge and the low-loss region of the EELS spectrum. Both of these edges offers a means to map similar but distinct carbon species; however, in practice, mapping using the carbon K-edge will not succeed as the high electron dose necessary for this technique leads to rapid degradation of the graphitic carbon and subsequent amorphization.

The low-loss region of the electron energy loss spectrum (EELS) has two advantages for imaging carbonaceous species: (i) the scattering cross-sections are many orders of magnitude larger than for core-loss scattering, and thus acquisition times and beam damage can be minimized, and (ii) the  $(\sigma + \pi)$  volume plasmon excitation which dominates the low-loss spectrum is sensitive to the electronic structure of the carbon species (Saito et al., 1991). In the low-loss spectrum, fullerenes and SWNTs exhibit a bulk plasmon energy, arising from oscillations of the  $\sigma$  and  $\pi$  electrons, of around 26 eV, whereas amorphous carbon exhibits a plasmon energy of ~23 eV (Porter et al., 2006, 2007a, b; Saito et al., 1991). Graphitic-like carbonaceous materials also exhibit an interband,  $\pi \rightarrow \pi^*$ , transition at 6 eV. This  $\pi \rightarrow \pi^*$  transition results from the excitation of

electrons in the  $\pi$  bond and is therefore very weak or missing in the amorphous

material. Using EFTEM and EEL-spectrum imaging techniques, we have been able to image the plasma membrane, nucleus and lysosomes by mapping these shifts in plasmon energy between the cell and the SWNT/C<sub>60</sub> (Sloan et al., 2007; Stöckli et al., 2000). We have shown that the difference in volume plasmon energies between the cell and fullerene C600 enables a ratio of energy-filtered images recorded at around 6, 20 and 26 eV, and can be used to differentiate the two carbonaceous materials in both two and three dimensions (Zhao, 2005). In this work we demonstrated the use of electron energy loss spectroscopy (EELS) to map disordered and crystalline at medium resolution, where no contrast is apparent in the conventional image (Fig. 11.3). Using these techniques we have been able to image C<sub>50</sub> localizing at the plasma membrane, lysosomes, and more significantly, within the cell nucleus. More recently we have extended the work on C60 and used electron energy loss (EEL) spectrum imaging combined with EFTEM to map the distribution of SWNTs within the cell, where no contrast is apparent in conventional imaging (Porter et al., 2006, 2007a, b). For example, in Fig. 11.4, low-loss EELS from the SWNT bundle exhibits peaks at 6 and 22 eV, corresponding to the  $\pi \rightarrow \pi^*$  transition and the  $\sigma + \pi$  bulk plasmon from the graphitic nanotubes, respectively (see Fig. 11.4 spectrum), whilst the other spectra from the cell exhibits no  $\pi \rightarrow \pi^*$  transition and a reduced  $\sigma + \pi$  bulk plasmon energy. Figure 11.4d shows a plasmon map of SWNTs in the cell. This map was taken by applying a non-linear least squares (NLLS) fit to the  $(\sigma + \pi)$  bulk plasmon peak and extracting the peak energy position - the apparent lower plasmon energy observed in this work compared to previous results on  $C_{60}$  (Porter et al., 2007) was due to the introduction of the surface plasmon, resulting from the ultra-thin nature of the specimen. By mapping the plasmon energy (Fig. 11.4c), we were able to identify bright lines through the map, associated with a higher plasmon energy of the SWNTs. Figure 11.2 shows the corresponding BF image, which demonstrates the lack of information obtained from conventional BF imaging of unstained sections. Figure 11.2e is a high-resolution BF image of the boxed area defined in Fig. 11.2a: several SWNTs are visible running diagonally across the image, in accordance with the feature in the plasmon map. The resolution of low-loss EELS, in particular the bulk plasmon which is a delocalized event, is not sufficient to distinguish between the individual SWNTs. These studies demonstrate the potential of high-resolution TEM and STEM as techniques to probe interactions occurring at the interface between nanoscale and biological systems.



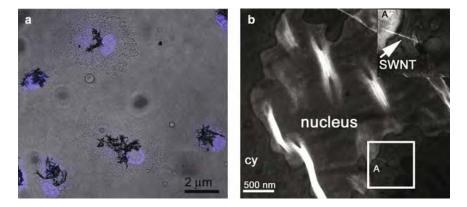
**Fig. 11.4** (a) (c) Low-loss EELS spectra of SWNT bundles and the cell alone. The  $\pi$ - $\pi$ \* transition at ~6eV can be seen clearly only from the bulk of the SWNT bundle, it also exhibits a slightly higher bulk plasmon energy which is clearly visible when mapped as in (d). (b) HAADF image of SWNT bundles with Fe catalyst particles. Fe particles give bright contrast in HAADF image so allow SWNT bundles to be identified. (c) The corresponding bright field image showing no visible features in the same area. (d) Area of interest picked out with plasmon peak map from Fig. 11.1b. (e) High-resolution bright field imaging of the boxed area shows several SWNTs across the image (c). Diameter of SWNT indicated by arrows is 1.2 nm (*See Color Plates*)

## 11.6 3-D Techniques

It is not possible, using 2-D imaging, to obtain complete certainty as to whether the nanoparticles lie on the surface of the sections, or have actually penetrated the cell. It is therefore necessary to use 3-D microscopy techniques such as confocal microscopy or 3-D tomography to determine the 3-D distributions of the particles. In general a number of complementary techniques must be utilized to fully understand the 3-D distribution and structure of the nanoparticles/tubes within the cell.

### 11.6.1 Confocal Microscopy

The advantage of confocal microscopy is that it may be used to image live cells, where post-fixation and freeze-drying techniques for TEM may modify the distribution of the nanoparticles within the cell. SWNTs are commonly imaged within cells in the confocal microscope by tagging the SWNT with a fluorochrome label (Kam et al., 2005; Pantarotto et al., 2004), however the bulky fluorochrome tag may modify uptake of the SWNTs by cells. We have shown that SWNTs can be imaged in the confocal microscope without chemically modifying their surface by filling them with heavy metal halides or metal oxides such as AgI (Sloan et al., 2003) or PbO (Fig. 11.5). When the SWNTs are filled, the metal halide/oxide is fully encapsulated by the SWNTs (Hafner et al., 1998) and therefore has no contribution to the potential toxicity (Horak et al., 1998). We have developed a simple method for imaging intracellular SWNTs filled with AgI in live cells, in reflectance mode



**Fig. 11.5** (a) Confocal microscope image of HMMs exposed to AgI@SWNT at 3 days confirming inclusion of SWNT bundles inside the nucleus (blue). (b) HAADF-STEM image of PbO@SWNTs crossing the nuclear membrane into the nucleus (inset from boxed region A) (40 nm thick section, unstained) (*See Color Plates*)

using the confocal microscope. This technique can also be applied to facilitate imaging of the SWNTs in the cell using TEM (Fig. 11.5).

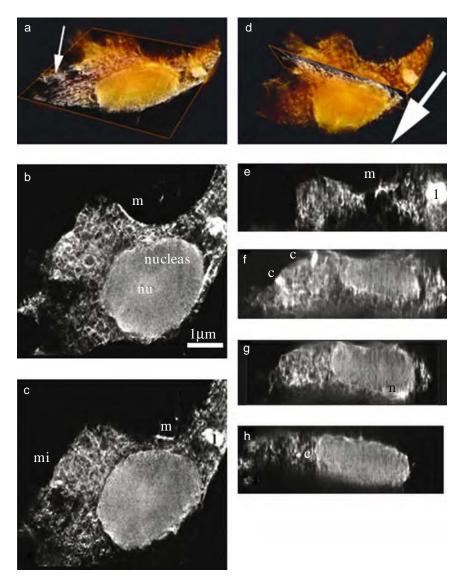
#### 11.6.2 Electron Tomography

Electron tomography is a 3-D technique which is key for understanding the organization and structure of inorganic and biological materials (Midgley et al., 2007). For example, in the life sciences, cryotomography is commonly used to analyze cellular structures, viruses and bacteria; in physico-chemical sciences, there is a need to understand the functional and mechanical behaviour of materials in three dimensions at the nanoscale. For a detailed review of this technique the reader should refer to Midgley et al. (2007). The basis of the technique is the rotation of a specimen about a single axis, leading to the acquisition of an image every  $1-2^\circ$ , typically in a tilt range of  $+/-70^\circ$ . A back-projection or SIRT algorithm is then used to compute a 3-D reconstruction of the specimen.

Electron tomography can be combined with either EFTEM or HAADF-STEM. The advantage of HAADF-STEM tomography is its suitability for imaging thick sections: the absence of a post-specimen imaging lens means the effects of chromatic aberration can be avoided, such that image contrast and resolution remain high (Fig. 11.6). Using HAADF-STEM tomography, it is possible to image sections of up to 300 nm thickness with good resolution, even freeze-dried whole cells cultured on a TEM grid. As described previously, energy-filtered transmission electron microscopy (EFTEM) tomography is based on acquiring two or three, or sometimes a large series, of energy-filtered images near an ionization edge of interest. With EFTEM the benefits consist in being able to acquire data at different energy losses for each tilt angle. By acquiring an extended series of images over the energy loss edges of interest, fully quantitative elemental maps can be generated; a technique called spectral tomography (Gass et al., 2006). The ability of spectral tomography to extract chemical information from specific volumes of material enables a far more accurate 3-D characterization of carbonaceous nanocomposites, and indeed of many other nanoscale structures, than has been previously possible (Gass et al, 2006). EFTEM tomography may also be applied to image carbon nanoparticles within cells by acquiring energy-filtered images near the ionization edge of  $\sigma + \pi$  plasmon energy. For example, by reconstructing data from ratio images of 26/20eV, it may be possible to gain contrast between the graphitic nanoparticles and the cell. However, the spectral tomography technique is limited for imaging carbon nanoparticles in cells, since long exposure times are required, with subsequent beam damage.

#### 11.7 Relevance of Imaging Studies to Toxicology

Our imaging studies have demonstrated that it is possible to image  $C_{60}$  and SWNTs in both fixed and live cells using STEM, TEM and confocal microscopy techniques. We exposed human macrophage cells to  $C_{60}$  and SWNTs and found that both  $C_{60}$ 



**Fig. 11.6** A series of horizontal (b–c) slices and vertical slices (e–h) through a HAADF-STEM reconstruction of a freeze-dried whole cell exposed to  $C_{60}$  for 24h. Slices are~0.15 µm apart. (a) Voltex reconstruction of the same cell showing a horizontal orthoslice through the 3-D reconstruction. (d) Vertical orthoslice through the Voltex reconstruction. Slices through the reconstruction illustrate membranes (m), the nucleus (n), the cytoplasm (c), and secondary lysosomes (l). Several distributions of particles with the cell are revealed at each height through the reconstructed cell (*See Color Plates*)

and SWNTs are predominantly discovered within lysosomes, suggesting that they enter cells by energy-dependent phagocytosis or endocytosis. More significantly, our work illustrated that  $C_{60}$  concentrates at the plasma membrane, where it has the potential to cause cell damage via lipid peroxidation and oxidative stress (Porter et al., 2006, 2007). Individual SWNTs were regularly found within lysosomes but also traversed lysosomal membranes to the cytoplasm of the cell. These findings suggest that passive diffusion across lipid bilayers is also a potential entry mechanism. Uptake to the nucleus implies that SWNTs and C60 may interact with intracellular proteins, organelles and DNA, which would greatly enhance their toxic potential. For example, Zhao et al. investigated C60 interaction with DNA and found that C60 tended to bind to the hydrophobic free ends and minor groove sites of DNA, due to its own hydrophobicity. Attachment to the minor grooves was of significant concern because the  $C_{_{60}}$  disrupts the normal DNA structure by creating a 20° angle between the base pair stack plane (Zhao et al., 2005). Finally we have shown that imaging studies are essential to understand the localized effects of nanoparticles on cell viability. In a time course study, we compared localized effects of SWNTs on cell structure in the TEM with standard cell viability assays. In this work we showed that localization of SWNTs at these sites was correlated to an increase in cell death in both cell viability assays and TEM analysis (Porter et al., 2007). In conclusion our work has shown that imaging studies are essential to compliment traditional cell viability assays to understand the toxicity of carbon nanoparticles.

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# Chapter 12 Pharmacological Applications of Biocompatible Carbon Nanotubes and Their Emerging Toxicology Issues\*

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**Abstract** Since their discovery in 1991, carbon nanotubes (CNTs) have been studied for their application as diagnostic tools, chemical sensors, and vectors for drug delivery. Carbon nanotubes are of great interest because of their unique array of physical and chemical properties, including their high aspect ratio, ultralight weight, high mechanical strength, high electrical conductivity, high thermal conductivity, and high surface area. The unique properties of carbon nanotubes also raise substantial concern about their potentially toxic effects on the environment and human health. This review focuses on the current pharmacological applications and emerging toxicology issues of biocompatible carbon nanotubes. Carbon nanotubes as agents for drug delivery, cancer therapeutics, along with their *in vivo* challenges and potential toxicity are discussed.

Keywords carbon nanotubes, biomaterials, biocompatibility, toxicity, nanomaterials

## 12.1 Introduction

## 12.1.1 Historical Overview of Bio-Nanomaterials

Biomaterials can be defined as any nondrug material that can be used to treat, enhance, or replace any tissue, organ, or function in an organism. Biomaterials also

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refer to biologically derived materials that are used for their structural rather than their biological properties. Collagen, the protein found in bones and connective tissues, is an example of a biologically derived biomaterial that can be used as a cosmetic ingredient. Even though the term "biomaterial" did not even exist until 50 years ago, crude biomaterials have been used since the earliest days of human civilization (Ratner et al., 2004). This historical overview touches on some highlights in biomaterials leading to the biomedical application of carbon nanotubes.

The first ever injectable crude biomaterial, that is a dental implant, appeared early in AD 600 (Fig. 12.1). During those times, Mayan people trimmed seashells into artificial teeth to replace missing teeth (Michael, 2006; Ratner et al., 2004). Early biomaterials also led to problems, including sterilization, toxicity, inflammation, and immunological issues. Since the Mayan's initial use of artificial teeth, biomaterials have evolved to be used in modern artificial hearts, hip and knee prostheses, artificial kidneys, and breast implants. Materials used in these applications include titanium, silicons, polyurethanes, teflon, polybiodegradable polymers, and most recently bio-nanomaterials (Pearce et al., 2007)

The artificial hip has been used to replace the human hip because the hip is easily worn out over a lifetime of mechanical stress resulting from normal activity. The first artificial hip implant was made by Thermistokles Gluck in 1891 in Berlin. This implant made use of a femoral head of ivory fixed with plaster of paris and glue (Glück, 1890, 1891). The results were not good due to severe infection problems and adverse foreign body tissue reactions. To develop better hip replacement prosthesis, many materials and procedures were examined between 1925 and 1953.

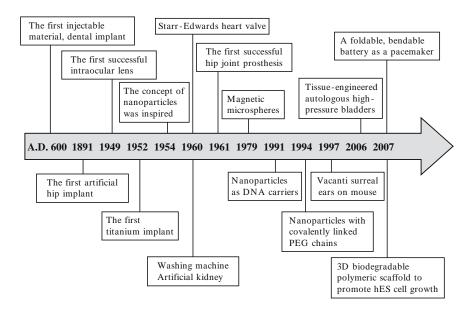


Fig. 12.1 Timeline of important events in biomaterial history

These include attempts by surgeon M.N. Smith-Petersen in 1925, Robert and Jean Judet in 1938, and Dr. Edward J. Haboush in 1953. However, the first successful hip prosthesis was not developed until 1961 when Dr. Charnley made a hip prosthesis out of a high molecular weight polyethylene cup. Today, artificial hip joints are implanted in over 200,000 people each year in the USA (Ratner, 2004).

The first titanium implant was developed by Per Ingvar Branemark, an orthopedic surgeon at the University of Lund, Sweden in 1952. After finishing an experiment with rabbit bone, Branemark observed that the titanium implant was tightly integrated into the bone (Branemark et al., 1964). This phenomenon, supported by Branemark's theory of osseointegration, is responsible for the use of modern titanium alloy in dental and orthopedic implants (Eriksson and Branemark, 1996).

Another example of a biomaterial is the intraocular lens, which have been commonly used to treat cataracts. They were traditionally made of inflexible materials, but more recently consist of poly(methyl methacrylate) and soft flexible materials such as silicone and acrylic. The first person to successfully implant an intraocular lens was Sir Harold Riley at the St Thomas' Hospital in London in 1949. The first lenses were made of glass, were heavy, and carried several risks including infection, inflammation, loosening of the lens, lens rotation, and night time halos (Thompson, 2007). These problems, now less frequent, still occur today in a small fraction of more than one million intraocular lenses that are implanted annually in the USA.

In 1960, the Starr-Edwards heart valve was invented by Albert Starr and Lowell Edwards. Before the invention of this heart valve, people had only survived for 3 months following the introduction of a prosthetic heart valve. The Starr-Edwards heart valve was a great success as it significantly extended patient survival. This was a particularly impressive invention because the replacement of a heart valve is highly challenging due to the continuous flow of blood.

An important development towards the artificial kidney was achieved by Dr. Belding Scribner in 1960, who devised a "U"-shaped shunt implanted through the skin between an artery and vein to access the blood stream to perform routine dialysis (Ratner, 2004). Dr. Scribner made use of Teflon tubes to access the vessels and provides a nonstick surface for the transport of blood. The Scribner shunt has allowed more than one million patients to survive from kidney failure.

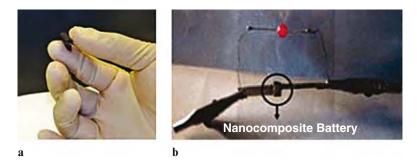
In 1997, Joseph and Charles Vacanti made a nude mouse with a surreal, humanlike, ear growing out of its back to create cartilage structures for transplantation into patients. The human ear is the one of the most difficult cartilaginous tissues to reconstruct and rebuild. The Vacanti brothers seeded cow cartilage cells into a biodegradable ear-shaped mold to grow an ear-shaped cartilage structure to construct this ear. The same method was used for a 12-year-old child, who had no bone or cartilage on his left chest to protect his heart and lungs. This was a necessary procedure because the child was a starting pitcher for a baseball team, and a single ball striking his chest might have killed him. The boy's own cartilage cells were used to grow a chest plate on a synthetic biodegradable polymer developed by the Vacanti brothers. This operation was a success and the implant was able to grow with the boy. An important breakthrough in bioartificial organs was recently reported by Atala and coworkers (Atala et al., 2006). They were able to implant tissue-engineered autologous high-pressure bladders into seven patients. These implanted bladders grew successfully and were still functional 5 years after the surgery with no adverse effects (Atala et al., 2006; Becker and Jakse, 2007; Patel et al., 2007). This work emphasizes the remarkable relevance of stem cell tissue engineering, which is one of the most promising technologies in modern regenerative medicine. The two major drawbacks of using human embryonic stem cells (hESCs) in clinical applications are the lack of supply and the current inability to stimulate these cells to undergo tissue-specific differentiation (Becker and Jakse, 2007; Chai and Leong, 2007; Eberli and Atala, 2006; Frimberger et al., 2006; Gardner, 2007; Jan and Kotov, 2007; Karp et al., 2007; Patel, 2007; Yang et al., 2006).

Dr. Robert Langer, one of the pioneers in the field of biomedical engineering, has been responsible for the remarkable development of biomaterials in drug delivery systems and tissue engineering since the late 1970s (Langer, 1998, 2001, 2007; Langer and Vacanti, 1993). The Langer group focused primarily on drug delivery systems and their ability to treat cancer patients. This group also reported 3D biodegradable sponge-like scaffolds, hyaluronic acid hydrogels, and dextran-based hydrogels for promoting hESC growth and controllable vascular differentiation of hESCs (Gerecht, 2007; Levenberg, 2003).

Our laboratory has focused on the structure and activity of heparin and the pharmaceutical application of enzymology in the fields of glycobiology, glycochemistry, and glycoengineering since the 1980s. Recently, we have combined our laboratory skills in biocatalysis and carbohydrate-based therapeutics with bioprocessing, polymer chemistry, bioimaging, and nanotechnology to help develop new biocompatible materials (Capila and Linhardt, 2002; Folkman et al., 1983; Kumar et al., 2007; Linhardt et al., 1992; Lohse and Linhardt, 1992; Murugesan et al., 2006a, b; Langer et al., 1982; Pushparaj et al. 2007; Viswanathan et al., 2006).

Carbon nanotubes (CNTs) and other nanostructure biomaterials are currently being investigated in our laboratory for their use as building blocks to create artificial kidneys and other medical devices. A common cause of device failure occurs when blood components, both cells and proteins, stick to these artificial materials resulting in the formation of fibrin clot. Our laboratory is approaching this problem by coating materials such as CNTs with heparin, a commonly used anticoagulant (Murugesan et al., 2006a, b). Heparin-coated CNTs, for example, were shown to exhibit significantly less clotting and thus were much more biocompatible than uncoated CNTs (Dumortier et al., 2006; Ostomel et al., 2006). This significance of blood compatibility of nanodevices is extremely important if CNTs are to be used as novel drug carriers for therapeutic agents (Dumortier et al., 2006; Kam et al., 2005; Singh et al., 2006; Sugibayashi et al., 1977, 1979a, b).

We have recently turned our attention to cellulose-heparin, blood-compatible, nanoporous composite membranes for use in kidney dialysis (Murugesan et al., 2006a, b). Advanced kidney dialysis system contains heparin covalently bound to the surface of biomaterials to reduce clotting effects. Our new approach relies instead on composite materials. Unfortunately, no technology has been available to



**Fig. 12.2** A foldable, bendable battery; paper invention which can be inserted under the skin as a pacemaker and powered in part by bodily fluids. (a) A postage-stamp-sized battery as thin as paper, (b) the flexible nanocomposite film battery used to glow a red light-emitting diode (LED) (*See Color Plates*)

heparinize cellulose membranes without adversely impacting its properties as a dialysis membrane. Thus, for most patients undergoing kidney dialysis, the majority of the surface area of the dialyzer consists of uncoated cellulose fibers. These patients must receive heparin by injection to prevent their blood from clotting. A composite material containing heparin represents a novel approach for increasing the blood compatibility of biomaterials.

Recently, our laboratory produced a foldable, bendable, and cutable postagestamp-sized battery (Fig. 12.2). The device looks like a simple sheet of black paper, but it could spell a revolution in implantable battery technology (Pushparaj et al., 2007). The paper battery, a one-piece-integrated device is made of cellulose with CNT and lithium electrodes. The device is flexible, rechargeable, and has the ability to function over a wide range of temperatures giving it a wide variety of potential biomedical applications. As a biomaterial, this paper battery may be useful as a pacemaker because it could easily be inserted under a patient's skin.

Most experts define nanotechnology as the design and engineering of objects (e.g., nanotubes, quantum dots, gold nanoparticles, fullerenes, and nanohorns) smaller than 100 nm. Nanotechnology has grown into an interdisciplinary area that shows potential to be effectively used to solve problems in cancer diagnosis, gene therapy, and drug delivery. Nanoparticles are so small (100 nm) that they are not visible because they are smaller than wavelengths of light (about 700 nm in the red to 400 nm in the violet). For size comparison, the diameter of a human hair is  $50-100 \,\mu$ m, the size of a bacterium is 1  $\mu$ m, and the size of a single sugar molecule is 1 nm (Bell, 2006; Bianco et al., 2005; Cai et al., 2005; Cuenca et al., 2006; Ferrari, 2005; Goldberg et al., 2007; Labhasetwar, 2005; Liu and Wang, 2007; Martin and Kohli, 2003; Nepal and Geckeler, 2007; Nie et al., 2007a, b; Tasis et al., 2006).

Bio-nanomaterials are significantly different from traditional larger biomaterials (e.g., implants or microparticles as mentioned earlier) in terms of their physical and biological properties. Due to their new set of biological and physical properties, bio-nanomaterials also show potential for use as therapeutics and in drug delivery systems. For instance, Na and coworkers in 2007 used a bio-nanomaterial, heparin/

poly(L-lysine) nanoparticle-coated polymeric spheres, as an excellent substrate for stem cell therapy (Na et al., 2007). Nanomaterials introduced microscale and nanoscale features onto culture surfaces to enable stem cell responses. These topographical cues of bio-nanomaterials are currently being researched as they may play a significant role in minimizing host immunoreactivity towards transplanted cells or engineered grafts (Chai and Leong, 2007).

The first bio-nanomaterials were prepared during the pharmaceutical boom of the 1950s and 1960s. In 1954, Paul Ehrlich, whose work focused on the staining of bacteria and tissues, first motivated the development of nanoparticles for drug targeting. During the 1960s and 1970s, Peter Speiser and his group developed polyacrylic beads that were able to function as miniaturized drug delivery systems for oral administration, microcapsules, or nanocapsules that were able to circulate in the blood after *intravenous* injection, and the first nanoparticles for drug delivery (Birrenbach and Speiser, 1976; Kopf et al., 1976, 1977; Kreuter, 2007; Speiser and Khanna, 1970).

Since the concept of nanoparticles was first introduced, their biomedical applications have been investigated and their use has improved drug therapy. In 1973, albumin microspheres were one of the first drug delivery systems tested for targeting to the reticuloendothelial system study (Scheffel et al., 1972; Zolle et al., 1970). In 1977, researchers investigated albumin microspheres for their ability to carry bound 5-fluorouracil (Kramer, 1974). In 1979, the first rapidly biodegradable acrylic nanoparticles were introduced (Couvreur et al., 1979). Researchers also began to investigate the properties of magnetic particles and their response to an external magnetic field (Sugibayashi et al., 1977, 1979a, b; Widder et al., 1979). Four years later in 1983, magnetic albumin particles were used to selectively target in rats with tumors (Widder et al., 1983a, b).

The immobilization of protein to biodegradable poly(acryl-dextran) nanospheres and microspheres was demonstrated in the 1980s (Edman et al., 1980). Poly(lactic acid) nanoparticles were synthesized for the purpose of drug delivery (Gurny, 1981; Gurny et al., 1981). Poly(acryl-starch) microparticles were characterized (Arthursson et al., 1984) and antigens were entrapped in these particles for use as a vaccine (Arthursson et al., 1985). Researches also used nanoparticles to improve the oral bioavailability of drugs (Maincent et al., 1986) and antiinfective drugs (Henrymichelland et al., 1987) and DNA have been used in nanoparticle carriers (Bertling et al., 1991).

Over the past decade, nanoparticles have been covalently linked with poly(ethylene glycol) chains to prolong the blood circulation time and reduce their liver uptake (Bazile et al., 1995; Brigger et al., 2002; Gref et al., 1994; Maincent et al., 1986; Peracchia et al., 1997, 1999). Nanoparticles have been coated with polysorbate 80 to minimize their effects on the central nervous system (Alyautdin et al., 1995, 1997; Alyautdin et al., 1998; Gulyaev et al., 1999) and apolipoprotein E has been covalently linked to albumin nanoparticles to enhance drug transport into the brain (Michaelis et al., 2006).

Nanoscale materials have been categorized in different ways by many popular official sources. For instance, the National Academies categorized nanoscale materials

into four different groups: (1) the metal oxides such as zinc or titanium oxides, (2) nanoclays, (3) nanotubes, and (4) quantum dots (Goldman and Coussens, 2005). According to the US Environmental Protection Agency (EPA), nanomaterials can be classified as (1) carbon-based materials (CNTs, fullerenes), (2) metal-based materials (metal oxides, quantum dots), (3) dendrimers, and (4) composites (including nanoclays) (Bell, 2006).

CNTs in the field of biomaterials have been of major interest for medical applications (Feazell et al., 2007; Ke and Qiao, 2007; McDevitt et al., 2007; Regev et al., 2004). Carbon nanotubes were originally discovered by Iijima in 1991, who deposited nanotubules of graphite onto negative electrodes by arcing graphite for the preparation of fullerenes (Iijima, 1991). At that time, they were categorized as a cylinder-like material containing several layers in a coaxial manner, named multiwalled carbon nanotubes (MWNTs). Later CNTs that only contained one rolled sheet of graphite were discovered and named single-walled carbon nanotubes (SWNTs). Since CNTs were discovered, they have been biologically proposed as diagnostic tools, chemical sensors, and vectors for drug delivery. Due to the increasing biological application of CNTs, there is a concern about their effects on the environment and on human health. In this chapter, we discuss administration, uptake, distribution, metabolism, and elimination of CNTs and explore limitations of CNTs as drug delivery carriers, including toxicology issues.

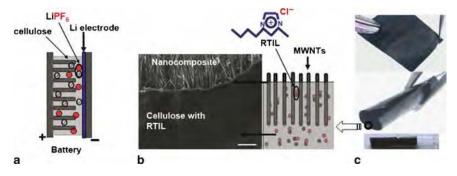
# 12.1.2 Physical and Chemical Properties of CNTs

CNTs demonstrate a variety of unique physical–chemical properties. These properties include: high aspect ratio, ultralight weight, high mechanical strength, high electrical conductivity, high thermal conductivity, metallic or semimetallic behavior, and high surface area. Because of these properties, CNTs have been the focus of intense research during the past few decades (Lacerda et al., 2006). These hollow tubes were derived from fullerenes by direct current arcing (Iijima, 1991; Polizu et al., 2006). Kroto discovered that fullerenes afforded this closed-cage structure of CNTs as well as graphite, the well-known form of crystalline carbon having threecoordinate sp<sup>2</sup> carbons (Rao et al., 2001). The three-coordinate sp<sup>2</sup> carbons of graphite form planar sheets containing flat six-membered benzene rings. In the presence of five-membered rings, CNTs can close at either end and form concentric graphitic cylinders.

From an atomic configuration point of view, a nanotube can be divided into two parts that are generated by curvatures: the end caps and sidewall. The end caps are close to the hemispherical fullerene and are curved in 2D, and the sidewall contains less-distorted carbon atoms and is curved in 1D (Polizu et al., 2006). Owing to their specific curvatures, the chemical reactivity at the sidewall is significantly lower than that at the end caps The sidewall is thought to be inert and highly reactive agents are required for the covalent functionalization of CNT sidewalls (Wei et al., 2007).

Chemical modification plays a significant role in determining the biological properties of CNTs. To increase CNT solubility, the end caps must be functionalized. The end functionalization procedure is composed of two steps: oxidation of the ends using HNO<sub>3</sub>, HNO<sub>3</sub> + H<sub>2</sub>SO<sub>4</sub>, HClO<sub>4</sub>, H<sub>2</sub>SO<sub>4</sub> + K<sub>2</sub>Cr<sub>2</sub>O<sub>7</sub>, and H<sub>2</sub>SO<sub>4</sub> + KMnO<sub>4</sub> followed by the formation of the covalent linkages to surface functional groups including –OH, –COOH, –CO. Noncovalent interactions ( $\pi$ – $\pi$  stacking, electrostatic forces, van der Waals forces, and hydrogen bonding) can also provide an important mechanism for absorption and self-assembly of molecules and polymers on CNTs.

CNTs are widely used as electrodes in electrochemical devices (Che et al., 1998; Endo et al., 2001; Frackowiak, 2007; Frackowiak et al., 1999, 2000; Niu et al., 1997; Wu et al., 1999). Since physical and chemical properties of CNTs come from graphite (e.g., the high electrical conductivity of graphite by  $\pi$  bonds), the delocalized electrons of CNTs result in high electrical conductivity. CNTs can individually demonstrate either conductivity or semiconductivity depending on the method used in their fabrication (Bandaru, 2007; Victor et al. 2007; Wei et al., 2007). Our laboratory introduced a foldable and bendable energy-storage device prepared from cellulose and CNTs (Fig. 12.3) (Pushparaj et al., 2007). Supercapacitor can be prepared using aqueous body fluids, and nonaqueous room temperature ionic liquid (RTIL) electrolytes. The CNT–cellulose–RTIL nanocomposite showed a higher operating voltage (~2.3 V) compared with those using KOH electrolyte (~0.9 V). The supercapacitor device operated through a wide range of temperatures (195– 450 K). These flexible nanocomposite sheets were configured as energy-storage



**Fig. 12.3** Fabrication of the nanocomposite paper units for battery. (a) Schematic of the battery assembled by using nanocomposite film units. The nanocomposite unit comprises  $\text{LiPF}_6$  electrolyte and multiwalled carbon nanotube (MWNT) embedded inside cellulose paper. A thin extra layer of cellulose covers the top of the MWNT array. Ti/Au thin film deposited on the exposed MWNT acts as a current collector. In the battery, a thin Li electrode film is added onto the nanocomposite. (b) Cross-sectional SEM image of the nanocomposite paper showing MWNT protruding from the cellulose–RTIL ([bmIm] [Cl]) thin films (scale bar, 2µm). The schematic displays the partial exposure of MWNT. A supercapacitor is prepared by putting two sheets of nanocomposite paper together at the cellulose exposed side and using the MWNTs on the external surfaces as electrodes. (c) Photographs of the nanocomposite units demonstrating mechanical flexibility. Flat sheet (*top*), partially rolled (*middle*), and completely rolled up inside a capillary (*bottom*) are shown (*See Color Plates*)

devices including supercapacitors, Li-batteries, and supercapacitor-battery hybrids. This robust integrated thin film structure allows not only good electrochemical performance, but also the ability to function over a large range of mechanical deformation and temperatures, and can utilize a wide variety of electrolytes. Furthermore, because the CNTs are parts of a cellulose nanocomposite, there are stable, integrated, macroscopic devices and the CNTs are immobilized.

# 12.2 Bioapplications of Carbon Nanotubes

In recent years, we have witnessed the development of nanotechnology and the wide array of resulting products utilizing nanotechnology. An important development of nanotechnology, the CNT, can serve as a model nanomaterial for developing biological diagnostics and therapeutics. Currently, many problems exist with larger biomaterial drug delivery systems such as low efficacy and a lack of specificity (Labhasetwar, 2005; Lacerda et al., 2006). CNTs have unique properties and may offer solutions to a wide array of the existing problems in the field of biomaterials.

One main focus of the bioapplications of CNTs is in the area of drug delivery systems. Currently, many modern protein drugs need to be administered intravenously because of the harsh digestive conditions of the stomach and the sensitivity of these drugs to low pH and proteolytic conditions (Venkatesan et al., 2005). Researchers are currently investigating ways to stabilize protein-based drugs on carbon nanotubes to solve this problem. Similar stability concerns arise in gene delivery to directly encode the proteins within the cells. Many studies have been conducted to understand how CNTs are biodistributed when administered intravenously, orally, and implanted into animals (Lacerda et al., 2006). Both *in vitro* and *in vivo* systems have been used to investigate biodistribution.

Spherical nanoparticles (e.g., gold nanoparticles, quantum dots, silica nanospheres) preceded the introduction of CNTs. These are easier to functionalize and are good visual indicators as well as vehicles for enzyme immobilization, DNA transfection, biosensors, and drug delivery. Drugs can also be integrated into biodegradable polymer nanospheres (Martin and Kohli, 2003). When CNTs looking like hollow cylinders were introduced, they immediately became attractive substitutes to replace spherical nanoparticles. Researchers have used functionalized CNTs for DNA delivery (Pantarotto et al., 2004), SWNTs for RNA delivery (Lu et al., 2004), CNTs for protein delivery (Kam and Dai, 2005), and fullerene CNTs (Ajayan, 1999) along with silica CNTs for gene delivery (Chen et al., 2005).

CNTs have become important nanomaterials in the field of pharmaceutical and therapeutic engineering due to several interesting advantages. Their first advantage is that they have a large inner void volume, which can take up and hold drugs for delivery. The release of the drug from this inner compartment can be controlled by the open ends of tube. Second, both the inner and outer surfaces of CNTs can be modified using specific chemical or biochemical functionalization that can afford a platform for loading drugs. Third, CNTs can facilitate the safe transportation of concealed drug cargo into the cell within its inner core. Holding the drug in the inner core of the tube can protect it from degradation, aggregation, and can also serve to reduce its side effects by keeping it concealed from the body (Son et al., 2007a, b).

# 12.2.1 Pharmacological Strategy of CNTs in Drug Delivery

#### 12.2.1.1 Uptake, Distribution, Metabolism, and Elimination of CNTs

Pharmacological strategy of CNTs generally relies on four main critical issues: (1) preparation of nanovectors, (2) uptake, (3) function, and (4) elimination (Fig. 12.4). The physicochemical characteristics of CNTs including size, shape, aggregation, chemical composition, surface functionalization, and solubility play an important role in the biodistribution and pharmacokinetics of nanomaterials (Champion et al., 2007; Kostarelos, 2003; Lacerda et al., 2006; Nishiyama, 2007; Oberdörster et al., 2005; Radomski et al., 2005)

#### 12.2.1.2 Transport of CNTs with Functionalization Chemistry

Nanomaterials have three main advantages in drug delivery because of their small size. First, they are highly useful for *intravenous* injection. Second, they can result in less

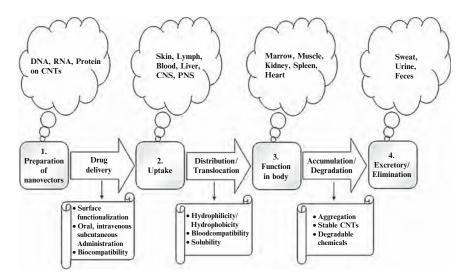


Fig. 12.4 Pharmacological strategy for use of carbon nanotubes (CNTs)

irritation at injection sites. Third, they can penetrate the membranes of the targeted cells (Polizu et al., 2006). Indeed, well-functionalized CNTs and their derivates are considered one of the most promising nanovectors for biomedical and biotechnological applications. The transport of CNTs combined with proper functionalization chemistry and intrinsic optical properties of CNTs might already lead to their application in drug delivery and cancer therapy (Bianco et al., 2005; Bottini et al., 2007; Kam et al., 2004, 2006; Kam et al., 2005; Kong et al., 2005; Singh et al., 2005; Yinghuai et al., 2005).

Singh et al. (Singh et al., 2005) explored the use of three different types of functionalized CNTs as DNA delivery vehicles. Positively charged, ammoniumfunctionalized, single-walled and multiwalled CNTs, and lysine-functionalized, single-walled carbon nanotubes were tested for their ability to deliver plasmid DNA. All three types of functionalized CNTs tested demonstrated the ability to attach to DNA, transport it into cells, and upregulate the expression of the marker genes. Singh et al. (2005) also found that while larger CNT surface area allowed the best DNA attachment, DNA attachment was not necessary for gene expression. CNT–DNA delivery systems were successful in both *in vitro* and *in vivo* experiments and these results are promising for future drug delivery applications.

Xiao et al. (2007) has found that short oxidized MWNTs conjugated with fluorescent label were able to cross the cellular membrane of multidrug-resistant cells and these fluorescently labeled MWNTs are not pumped out by P-glycoprotein. Thus, these MWNTs show promise for drug delivery against cells with multidrug resistance, which may be important in treating drug-resistant forms of cancer in the future.

#### 12.2.1.3 Importance of Biocompatibility and Blood Compatibility of CNTs

The use of CNTs as carriers for pharmaceutical applications can be considered only if these carriers are safe for patients. The relevant issues go well beyond the biocompatibility and blood compatibility of CNTs as carriers, and also involve CNT biodistribution and the reliable and reproducible production of CNT carriers (Ferrari, 2005).

Biocompatibility and blood compatibility of CNTs are very important because the lack of those properties has prevented the widespread use of CNTs in biomedical engineering (Dumortier et al., 2006; Kam et al., 2005; Lam et al., 2004; Singh et al., 2006; Sugibayashi et al., 1977, 1979a, b; Worle-Knirsch et al., 2006). Our laboratory recently demonstrated that MWNTs modified with heparin show excellent blood compatibility (Murugesan et al., 2006a, b). These studies suggest the possibility of using CNTs with appropriate surface modifications in various *in vivo* biomedical applications including the treatment of cancer (Bekyarova et al., 2005; Murugesan et al., 2007). Moreover, composites (Fig. 12.3) (Pushparaj et al. 2007) that immobilize CNTs can also serve to enhance biocompatibility and reduce toxicity.

Singh et al. (2006) investigated the tissue biodistribution and blood clearance rates of SWNTs in mice. Three different types of SWNTs were tested: functionalized, water-soluble, and <sup>111</sup>In-labeled DTPA–SWNT. All types exhibited a blood circulation

life of up to 3.5 h and then were rapidly cleared from the systemic blood circulation through renal excretion. Electron microscopy analysis of urine samples showed that the SWNTs were excreted as intact nanotubes and thus were not broken down in the body. No toxic side effects or mortality was observed in this study. These results suggest that chemical modification of CNTs might increase water solubility and diminish some safety concerns of CNTs.

Guo et al. (2007) have used water-soluble MWNTs labelled with <sup>99m</sup>Tc for biodistribution study in mice. There was no sign of renal or other severe acute toxicity responses consistent with the results of Singh et al. (2006). This work also suggests that functionalization of CNTs might improve their biocompatibility of CNTs.

#### 12.2.1.4 CNTs Behave with Their Needle-Like Shape: Nanoneedles

Geng et al. (2007) compared the transport and trafficking of flexible filaments with spherical micelles in mice. They observed that the flexible filaments remained in the bloodstream for up to 1 week, which is ten times longer than the spherical particles. This is thought to be due to the fact that spheres and short filaments are easier for the cell to take up and thus are removed from the blood stream at a faster rate. This work shows that cellular uptake by nanotubes is probably also length-dependant and that shorter nanotubes are taken up by the cells faster than longer nanotubes. By adjusting the length of the nanotubes, it may be possible to prepare personalized delivery systems having a controlled rate of drug deliverability (Geng et al., 2007).

CNTs are nanoneedles capable of crossing the cell membrane without perturbing or disrupting the membrane and localizing in the cytosol or mitochondria (Dumortier et al., 2006). Cai et al. (2007) looked at the *in vitro* toxicity of nanospearing method using primary B lymphocyte cells. They used functionalized CNTs that were too large for normal uptake into cells and placed a ND–Fe–B permanent magnet underneath the cell culture to pull the functionalized CNTs into the cell. This method was successful and resulted in a ~90% entry rate of the functionalized CNTs into the cells. The group then did a number of tests to check cell signaling and cell cycle processes, and confirmed that they were all normal. Thus, nanospearing did not affect the normal cell function and might be used as an efficient delivery system of plasmid DNA, in cell sensors, or in therapeutic drug delivery (Cai et al., 2005, 2007).

Chen et al. (2007) have developed a nanoinjector that injects compounds immobilized on MWNT-atomic force microscopy (AFM) tips into the cells. First, a MWNT-AFM tip was fabricated from a normal AFM tip with an MWNT on one end. Next, a compound of interest was immobilized on the MWNT-AFM tip through a disulfide bond linkage. After MWNT-AFM tip was tapped on the cell, the cantilever was further lowered and the MWNT nanoneedle then penetrated the membrane. Once inside the cell, the disulfide linkage was broken under the cells reducing environment and the compound of interest was released inside the cell. The MWNT-AFM tip was then removed from the cell. In this study, protein was injected into cells and the intracellular diffusion was good. This technique caused no observable membrane or cell damage. Unfortunately, this technique requires an AFM and only a single cell is injected, thus, its use as a nanoinjector to administer drugs to patients is probably quite far off. If this method can be scaled up in the future, it might be used to attack skin cancer cells or treat dermatological problems (Chen et al., 2007).

# 12.2.2 Tumor Targeting and Cancer Therapeutics

Since nanoparticles were first used in drug delivery systems in the 1950s, cancer therapy nanotechnology (i.e., treatment, diagnosis, monitoring, and control of biological systems) has been the major focus of this field (Cuenca et al., 2006; Das et al., 2006; Devalapally et al., 2007; Farokhzad and Langer, 2006; Ferrari, 2005; Kateb et al., 2007; Peng et al., 2007; Shao et al., 2007; Tong and Cheng, 2007; Yu et al., 2007).

Kam et al. (2005) showed that single-walled carbon nanotubes can effectively deliver short DNA oligonucleotides to the nucleus of cancer cells *in vitro*, while leaving the other cells untouched. Moreover, selective cancer cell destruction was demonstrated *in vitro* by heating the SWNTs extensively with infrared radiation once inside cells. During this process, no harm was done to the healthy noncancer cells in the sample (Kam et al., 2005). It is very important to understand how to target SWNTs to cancer cells with specific tumor markers, as this would allow the selective targeting of cancer cells without harming normal cells.

Cui et al. (2007) studied SWNTs with the aim of increasing the efficiency of antisense as therapy. SWNTs were used to transport antisense myc into human HL-60 cancer cells. Results showed that the antisense myc-conjugated SWNTs could enter the cells within 15 min and that the cells continued to take up SWNTs for 48 h. The concentration of SWNTs inside the cells then began to decrease after 48 h. The effects of the SWNT conjugates on the cells included inhibition of the proliferation of the HL-60 cells, induction of cell apoptosis, and downregulation of the c-myc gene and C-MYC protein. The results suggest a promising method for killing cancer cells (Cui et al., 2007).

Hilder and Hill (2007), using computational methods, explored the ability of a CNT to take up the anticancer drug cisplatin. They discovered that the minimum CNT radius required for the uptake of cisplatin is about 4.785 Å, which is a bit smaller than a (9,5) nanotube. They also found that in their simulation, the maximum suction energy occurs with a (11,4) nanotube having a radius of 5.3 Å. These computational methods suggest the feasibility of "loading" CNTs with specific drugs and transporting them to a specific target (Hilder and Hill, 2007).

Liu et al. (2007) discovered that polyethylene glycol (PEG)ylated SWNTs are stable *in vivo* and demonstrate long blood circulation times and low uptake by the reticuloendothelial system. This group linked PEGylated SWNTs to an arginine– glycine–aspartic acid peptide, which was able to effectively target tumors in mice. Once the SWNTs were delivered to the tumor, they could be heated by laser irradiation to destroy the tumor. This group also noted that they did not observe any obvious toxicity in the mice when injected with SWNTs up to dosages of 2 mg/kg. However, they found that the rate of excretion of SWNTs was very low. Thus, long-term studies are needed to investigate toxicity issues (Liu et al., 2007).

Yu et al. (2007) observed oxidized MWNTs and gonadotropin-releasing hormone (GnRH) by themselves to be nontoxic to prostate cancer cells even in large doses. However, when the GnRHs were immobilized onto the surface of MWNTs, they showed the ability to enter prostate cancer cells and exhibit toxicity. In contrast, while MWNTs and GnRHs also entered cells, they showed no toxicity. Characterization of the MWNT–GnRH by elemental analysis revealed that only 0.7% of the MWNT surface area was modified with GnRH. These results show that a small modification of relatively nontoxic MWNTs can yield an anticancer nanomaterial (Yu et al., 2007).

Kateb et al. (2007) investigated the differences in internalization of MWNTs into microglia, phagocytic brain cells, and glioma, brain cancer cells. The group also investigated the ability of siRNA and DNA to be wrapped onto the MWNTs and transported into the cells for gene therapy. The results showed that the MWNTs were capable of delivering DNA and siRNA into both cell types, but deliver more material to the phagocytic cells than to the tumor cells. The MWNTs were also found to be relatively nontoxic. These MWNTs have potential to be used for either brain cancer therapy or they could be used for gene therapy of specific brain cell types to solve other brain-related diseases (Kateb et al., 2007).

Shao et al. (2007) made use of the IGF1R and HER2 surface receptors on breast cancer cells to develop a novel antibody–antigen method for selective destruction of breast cancer cells. Antibodies against IGF1R and HER2 cancer receptors were first immobilized onto SWNTs that selectively killed all the cancer cells. This technology demonstrates a beneficial new technology that could help many breast cancer patients (Shao et al., 2007).

Feazell et. al. (2007) successfully produced an SWNT-based drug delivery system for delivering platinum(IV) anticancer drug to the interior of the cells. Substrate was first attached to SWNTs through disulfide linkages. Once these SWNTs are taken up by the cell through clathrin-dependent endocytosis, they enter the reducing environment of the endosomes causing the disulfide linkages to break by allowing them to selectively release their cargo inside the cell. This group monitored the intracellular location of the SWNTs by attaching a fluorescein-based fluorophore to them. Unfortunately, this approach does not discriminate which cells the drugs are delivered too. Thus, the toxic anticancer drugs are delivered to all cells, just like in standard chemotherapy and such results would certainly be very unpleasant for a patient (Feazell et. al., 2007).

McDevitt et al. (2007) reported that multiple copies of tumor-specific monoclonal antibodies were covalently attached to the carbon nanotubes. These tumorspecific antibodies should allow the carbon nanotubes to specifically target tumor cells. This will undoubtedly be beneficial to a patient and will most likely cause reduced side effects. These specific tumor-targeting CNTs may also have reduced toxicity because they are only going to their targeted cell locations and not distributed throughout the body (McDevitt et al., 2007).

# 12.3 Toxicity Studies of CNTs and In Vivo Challenges

Although CNTs have been widely investigated as drug delivery carriers over the past few years, the toxicology and potential environmental hazards of pristine (unmodified) CNTs or ones modified with organic, biological, or inorganic reagents have been less studied. CNT exposure can be deliberate, as in the case of a nanodiagnostic or nanotherapeutic, or accidental, as in the case of environmental pollution from the manufacture or disposal of CNTs. The issue of CNTs toxicity was first raised in 1998 (Service, 1998). Huczko and Lange (2001) used patches in human volunteers and tested rabbit eyes to assess dermal toxicity on CNTs. They also investigated intratracheal instillation in male guinea pigs in 2001 (Huczko et al., 2001). Pulmonary toxicity assessment of SWNTs in mice was done by Warheit et al. (2004) and Lam et al. (2004) in 2004 and more extensive toxicological and pharmacological studies were reported by Kostarelos group since 2005 (Bianco et al., 2005; Kostarelos et al., 2007; Lacerda et al., 2006; Singh et al., 2005, 2006).

The main risks for human health are believed to be associated with the inhalation of nanoparticles (Hoet et al., 2004; Nohynek et al., 2007). Nanoparticles, less than 100 nm, can be easily suspended in the air and behave just like gas molecules and can be accumulated wherever an airstream takes them. It can be initially deposited by inhalation in the nose and throat and might potentially cause cancers such as nasal cancers. After inhalation, it can also penetrate beyond the bronchus deep into the alveolar region of the lung. From the lung CNTs can enter the blood stream reaching various cells including bone marrow, liver, kidneys, spleen, and heart (Bell; Lam 2006; Maynard, 2006; Tsuji et al., 2006). CNTs within the lung can also be phagocytized by macrophages that can carry them up the muco-ciliary carpet to be coughed out or swallowed, thus, entering the gastrointestinal tract.

The contact of nanoparticles with human skin is another concern when considering the potential human health risks of CNTs (Nohynek et al., 2007). It can penetrate the skin, reach to bloodstream, and be taken by cells, tissues, and organs. For example, if gloves are not worn when handling CNTs, dermal toxicity can take place and very fine nanoparticles might also penetrate the skin through resulting in transdermal delivery.

While nanomaterials as nanomedicines and nanodiagnostics and other applications of nanotechnology to healthcare are promising, the toxicology of nanomaterials is not yet clearly understood (Farokhzad and Langer, 2006; Moghimi et al., 2005). The toxicity of any nanoparticles is related to particle size, surface area, surface reactivity, surface treatment or coatings, aggregation stage, and the method of manufacture. The toxicity of CNTs can be modified by CNT functionalization, coating, length, or aspect ratio, SWNTs versus MWNTs and agglomeration during CNT formulation, use, and disposal (Helland et al., 2007). CNTs have been studied for cancer therapies despite the fact that these have been shown to accumulate to toxic levels within the organs of diverse animal models and different cell lines (Fiorito et al., 2006; Tong and Cheng, 2007). The molecular and cellular mechanisms for toxicity of carbon nanotubes have not been fully clarified. Furthermore, toxicity must be examined on the basis of multiple routes of administration (i.e., pulmonary, transdermal, ocular, oral, and intravenous) and on multiple species mammals, lower terrestrial animals, aquatic animals (both vertebrates and invertebrates), and plants (both terrestrial and aquatic). A basic set of tests for risk assessment of nanomaterials has been put forward (Nano risk framework).

Toxicology of CNTs can generally be defined as unexpected harmful effects of CNTs, which arise from four main factors: (1) impurities in pristine CNTs such as amorphous carbon and Co, Fe, Ni, Mo (metallic compounds), (2) the intrinsic toxicity of the surface, sometimes toxicity itself can be useful for cancer therapies, (3) the concentration of CNTs, and (4) the high surface area. One advantage of nanometer scale of CNTs is that many individual cylindrical CNTs can be prepared from a few milligrams of material. Furthermore, surface area issues depend on degree of bundling and aggregation of CNTs (Donaldson et al., 2004; Lacerda et al., 2006).

Overall, the safety of CNTs need to be clearly understood because there are three main concerns related to their pathogenicity: (1) these may have more toxicity than larger biomaterials, (2) these might behave like asbestos and other pathogenic fibers that have toxicity associated with their needle-like shape, and (3) these are basically graphitic and are generally believed to be biopersistent (Donaldson et al., 2006; Li et al., 2007a, b; Maynard et al., 2004).

Newly developed injectable CNTs will require both *in vitro* and *in vivo* testing to determine biocompatibility, blood compatibility, mechanical stability, and safety (Pearce et al., 2007). Here, we review the current articles on toxicity of CNTs and *in vivo* barriers.

# 12.3.1 Inhalation Exposure and Dermal Toxicity to Human Health

CNTs exist as airborne particulate aggregates in size small enough to be respirable. We are all exposed to CNTs due to their natural occurrences in significant levels in our environment (Lam et al., 2006; Murr et al., 2004). Because commercial interest in CNTs has led to the development of mass production and handling facilities, the risks of inhalation exposure need to be better clarified. CNTs can additionally penetrate the body through the skin and through oral intake (Donaldson et al., 2006). Moreover, occupational exposure may occur during the handling or manufacturing processes of incorporating CNTs into fabrics, plastic, rubbers, reinforced structures, composite materials, and household commodities (Lam et al., 2006; Maynard et al., 2004).

Maynard et al. (2004) have discussed concerns about inhalation exposure by SWNTs becoming airborne during the handling. With sufficient agitation unrefined SWNTs can result in the entry of fine particles into the air at concentrations of up to  $53 \mu g/m^3$  (Maynard et al., 2004).

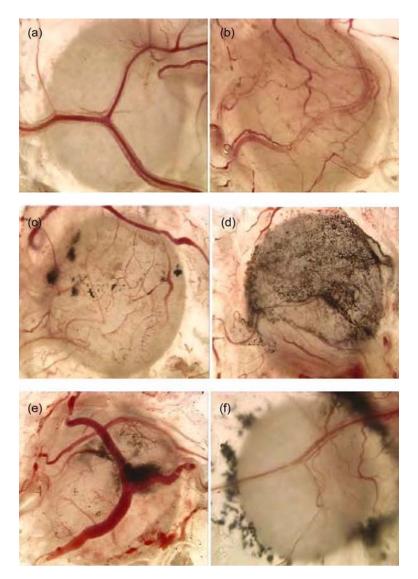
Li et al. (2007) studied pathological lesions induced by MWNTs in bronchi and alveoli of mice. His group tested toxicity of MWNTs by intratracheal instillation and inhalation. After inhalation of aerosolized MWNTs, they observed that (1) aggregates of MWNTs in the bronchi were adhered to the lining wall of bronchi, (2) larger-size aggregates of MWNTs were distributed in bronchi and smaller-size ones distributed in alveoli, and (3) no inflammatory cells were covered or accumulated around them. In addition, this group noticed that the pathological lesions in inhalation groups were very different with that in intratracheal instillation groups because of three main reasons: (1) aerosolized MWNTs by inhalation were physiologic and active, (2) nonrespirable MWNTs were slowly and regularly inhaled into the airways and alveoli over a relatively long period (Li et al., 2007).

The inhalation exposure CNT toxicology study by Li et al. (2007a, b) was significant because dispersion of CNTs in air for inhalation studies is troublesome and CNTs have a tendency to aggregate together. Thus, before this work it was difficult to perform definitive inhalation studies.

Commercial interest in CNTs has led to the development of mass production and handling facilities. Risks of exposure by various routes need to be clarified because CNTs may penetrate the body through the skin as well as the lung and gut (Donaldson et al., 2006). Even if our understanding of local, chronic, and metabolic toxicity through the skin penetration is not clear, there is a broad consensus that CNTs can enter through the skin and distribute throughout the body (Nohynek et al., 2007; Tsuji et al., 2006).

# 12.3.2 Studies on Angiogenesis and Toxicity in Chick Eggs

The first report of the anti-angiogenesis activity associated with carbon materials such as MWNTs, fullerenes, and graphite was investigated by our laboratory (Murugesan et al., 2007). We studied the anti-angiogenic effects of a variety of carbon-based materials including graphite, MWNTs, and fullerenes in a model where vascular endothelial growth factor (VEGF) and basic fibroblast growth factor (FGF2) were used to induce angiogenesis in a chick chorioallantoic membrane (CAM) model (Fig. 12.5) (Murugesan et al., 2007). No toxicity of any of the carbon-based materials was observed in the fertilized chick eggs and on this basis we conclude that carbon materials inhibited FGF2- and VEGF-induced angiogenesis, and they had little effect on basal angiogenesis in the absence of these growth factors. This assay is very interesting because MWNTs can also be loaded with anticancer agents through either by chemical or by physical attachment methods. Therefore, the intrinsic anti-angiogenic activity of MWNTs through the interference with growth



**Fig. 12.5** Representative microscopic images of (a) PBS control, (b) FGF2, (c) FGF2 – multiwalled carbon nanotubes (MWNTs) ( $100 \mu g$ ), (d) FGF2 – graphite ( $100 \mu g$ ), (e) FGF2 – fullerene ( $100 \mu g$ ), and (f) FGF2 – MWNTs (1 m g) treated CAM models (*See Color Plates*)

factors might afford a synergistic cancer-treating strategy. Most interesting is also the possibility of using chick eggs for the *in vivo* evaluation of nanoparticle toxicity. This unique system offers an *in vivo* evaluation without the complicating effects of excretion. Moreover, since this is a developmental model, it offers insight in the impact of nanomaterials on development and teratogenicity.

# 12.3.3 Translocation – Biodistribution in Mice

There are a number of articles on the distribution of water-soluble functionalized and radiolabeled CNTs in mice, but these studies have provided conflicting results (Helland et al., 2007). Wang et al. (2004) showed that hydroxylated SWNTs with radioactive iodine-125 atoms passed easily through many compartments were accumulated in liver, kidney, spleen, and except the brain throughout the whole mouse body following the accumulation particularly in bone. Singh et al. (2006) investigated the tissue biodistribution and blood clearance rates of SWNTs and have showed that chelated diethylentriaminepentaacetic and indium-111-labeled, watersoluble SWNTs or MWNTs, were excreted mainly via a renal route with no uptake in the liver and spleen in mice after 24h. The results of Deng et al. (2007) differ from those of Wang et al. (2004) and Singh et al. (2006). Deng and coworkers used taurine-functionalized MWNTs as a carrier and showed high accumulation of MWNTs in the liver with low uptake. Guo et al. (2007) labeled water-soluble MWNTs with <sup>99m</sup>Tc and reported that these MWNTs were excreted predominantly in the urine and feces, which is similar to the results of Wang et al. (2004). In this study, however, there was no sign of renal or other severe acute toxicity responses.

These four studies on functionalized CNTs may differ from each other because their functionalized groups may have a strong influence on the behavior of CNTs in mice. Despite these differences, the pharmacokinetic profiles provided are valuable in the development of diagnostic and therapeutic applications for CNTs (Deng et al., 2007; Helland et al., 2007).

# 12.3.4 The Effect of Aggregation, Functionalization, and Purity of CNTs

The effect of CNT aggregation has been shown to play an important role in *in vitro* studies. Unfortunately, it is difficult to define the proportion of large CNT aggregates, finely dispersed CNTs, and impurities (amorphous, graphitic carbon particles, etc.) in a solution of CNTs (Raja et al., 2007). The concentration of CNTs in solution needs to be carefully considered and varied to obtain reliable information on cell viability, cell growth, and cellular uptake. The effect of CNT aggregates and associated non-aggregated CNTs have been related to parameters such as aggregate/particle dimensions, dosage, and duration of exposure (Raja et al., 2007). Cell growth was enhanced when the aggregates were removed from CNT solutions having concentrations below 0.1 mg/ml. In contrast, at concentrations above 0.1 mg/ml removing the aggregates by filtration had no beneficial effect on cell growth.

Many challenging problems remain for the biological application of CNTs. These include addressing solubility issues, difficulties in separating and testing individual CNTs, and the organic functionalization of CNTs, through strong acid oxidation to introduce hydroxyl and carboxyl groups required for covalent attachment of organic

compounds (Bianco and Prato, 2003; Bottini et al., 2006; Liu et al., 1998). The toxicity comparison between pristine CNTs and oxidized CNTs has been studied by Bottini et al., who reported that oxidized MWNTs were more toxic than pristine CNTs. The effect on the degree of functionalization of SWNTs has been investigated as well (Sayes et al., 2006). The result of this study demonstrates that the degree of sidewall functionalization is inversely related to the SWNT cytotoxicity. SWNTs in aqueous suspension were also shown by optical and atomic force microscopy to precipitate onto cellular membranes possibly increasing cytotoxicity.

The toxicity of carbon nanomaterials is complicated by many factors that can alter the behavior of nanoparticles. These include, but are not limited to the surface coating, exposure to UV radiation, aggregation, and proper dispersion. Studies conducted on the toxicity of nanomaterials also need to report the purity of these materials, as it seems to play a key role in toxicity. Fiorito et al. (2006) examined highly purified SWNTs and carbon-fullerenes (concentration 30 and 60µg/ml) that contained no catalytic metals. These SWNTs, fullerenes, and graphite particles showed no inflammatory response when contacted with mammalian cells. The low nitric oxide release levels and low amounts of reactive oxygen species (ROS) were comparable to those observed for control graphite. Pure SWNTs and pure carbonfullerenes result in less phagocytic activity by human and murine macrophages than pure graphite. Cell toxicity was also much lower with SWNTs and carbon-fullerenes than with graphite (4% for SWNTs, 2% for fullerenes, and 25% for graphite after 48h, respectively). Previous findings suggesting SWNTs cause toxicity and increased ROS may be attributable to contaminants such as graphite particles and/ or catalytic metals present in impure SWNTs (Fiorito et al., 2006).

# 12.3.5 In Vitro Studies

Unnecessary animal testing can be avoided by relying on *in vitro* studies as the first stage acute toxicity and cytocompatibility test for injectable materials (Pearce et al., 2007). Many researchers have utilized *in vitro* studies to screen the cellular response to CNTs (Raja et al., 2007) and to investigate the various CNT–mammalian cell interactions such as oxidative stress (Manna et al., 2005; Shvedova et al., 2003, 2007), antiproliferative effects (Cui et al., 2005; Garibaldi et al., 2006), decreased cell adhesion (Cui et al., 2005), apoptosis (Bottini et al., 2006; Cui et al., 2005; Jia et al., 2005), and necrosis (Jia et al., 2005). A summary of these *in vitro* studies are presented in Table 12.1.

# 12.3.6 In Vivo Studies and Their Challenging Issues

CNTs as therapeutic or diagnostic agents need to penetrate *in vivo* barriers including the tissue endothelium, cell membranes, perinuclear membranes, and nuclear

Type of CNTs (suspended amount)	Cell line	Exposure duration	Toxicity	Reference
SWNTs, MWNTs, acid-treated SWNTs with reduced metal catalyst content (5–100µg/ml)	NR 8383, and human A549 lung cells	24 h	Metal impurities associated with commercial nanotubes are respon- sible for the toxic biological effects of CNTs CNTs possess no acute	Pulskamp et al. (2007)
			toxicity in pulmonary epithelial and macro- phage cells	
SWNTs (7.5, 15, 30µg/ml)	Human MSTO- 211H cells	3 days	Micron-size SWNT- agglomerates were more cytotoxic than well- dispersed SWNT- bundles	Wick et al. (2007)
SWNTs (1.56–800µg/ml)	Human A 549 cells	1 day	SWNTs have low acute toxicity against A549 cells	Davoren et al. (2007)
Pristine MWNTs, oxidized MWNTs	Human T lymphocyte cells	5 days	The oxidized MWNTs were found to be more toxic	Bottini et al. (2006)
(40 and 400 µg/ml)			At high concentrations of 400µg/ml, both pristine and oxidized CNTs were shown to induce apoptosis in human T-cells	
fron-rich (non-purified) SWNTs and (2) iron-stripped (purified) SWNTs (0.12–0.5 mg/ml)	RAW 264.7 macrophages	2 h	The presence of iron in SWNT might play an important role in determining redox- dependent responses of macrophages.	Kagan et al. (2006)
SWNT-phenyl-SO <sub>3</sub> H, SWNT-phenyl- (COOH) <sub>2</sub> , SWNT- phenyl-SO <sub>3</sub> Na, underivi- tized SWNT stabilized in 1% Pluronic F108 (3µg/ml–30 mg/ml)	Human dermal fibroblasts (HDF)	48 h	The SWNT samples become less cytotoxic as the degree of sidewall functionalization increases	Sayes et al. (2006)
			The sidewall functionalized SWNT samples are substantially less cytotoxic than surfactant stabilized SWNTs	

 Table 12.1 In vitro toxicity studies (2005-present)

(continued)

Type of CNTs (suspended	Cell line	Exposure duration	Tovicity	Reference
amount)	Cell line	uuration	Toxicity	Kelerence
SWNTs (1.5625– 200µg/ml)	Human embryo kidney (HEK) 293 cells	5 days	The SWNTs showed significant toxicity against the HEK293 cells by inhibiting their pro- liferation (antiproliferative effects), induc- ing apoptosis, and decreasing their adhesion abilities	Cui et al. (2005)
MWNTs (0.1, 0.2, and 0.4 mg/ml)	Human epidermal keratinoc- ytes (HEK) cells	1, 2, 4, 8, 12, 24 and 48h.	MWNTs can induce an irritation response and can enter cells by localizing them- selves within cyto- plasmic vacuoles	Monteiro- Riviere et al. (2005)
SWNTs (0–100µg/ml)	HeLa, H1299, and A 549 cells	3.5 days	SWNTs inhibit cell proliferation and show an adverse effect on keratino- cytes	Manna et al. (2005)
SWNTs (1.41–226.00µg/ cm <sup>2</sup> )	Adult guinea pig alveolar macro- phages	6h	The relative cytotoxicity as follows: SWNTs > MWNTs > $C_{60}$ , which implies that the size of the mate- rials is related to their cytotoxicity	Jia et al. (2005)
MWNTs (1.41-22.60µg/ cm <sup>2</sup> )				

Table 12.1 (continued)

membranes to reach their target and to be eliminated after administration (Lacerda et al., 2006). Various drug delivery systems have been designed to efficiently deliver drugs, antigens, and genes through *in vivo* barriers. Desired pharmacological activity of nanomaterials is often accompanied by deleterious side effects, which results in limiting the pharmaceutical applications of CNTs. Thus, toxicological issues of CNTs must be carefully assessed and addressed.

Although CNTs can be excreted and could be cleared from the body, the bioapplications of CNTs is somewhat limited because they are not biodegradable (Harrison and Atala, 2007). The wide size distribution of CNTs as well as the difficulty in controlling distribution between bundled CNT aggregates and individual tubes can significantly affect biodistribution, targetability, and drug release from CNTs (Badaire et al., 2005; Bandyopadhyaya et al., 2002; Fan et al., 2007; Lacerda et al., 2006; Maeda et al., 2006; O'Connell et al., 2001, 2002; Regev et al., 2004; Richard et al., 2003; Wu et al., 2006; Yurekli et al., 2004; Zheng et al., 2003a, b). Structurally and chemically identical CNTs are difficult to produce in large amounts and impurities are often present, which can cause problems for their pharmaceutical and clinical applications.

Pristine CNTs are hydrophobic and cause a lack of solubility in biological aqueous fluids such as blood. The poor solubility of CNTs in blood stream poses a major challenge to *in vivo* studies making behavior of CNTs difficult to predict and control (Kam et al., 2005; Zheng et al., 2003a, b). Therefore, modification of CNT surface to introduce hydrophilic, functional groups has been utilized in pharmaceutical applications (Lacerda et al., 2006). However, insufficient *in vivo* evaluation of both pristine and surface-modified CNTs has been performed to answer essential questions on CNT toxicology. Additional *in vivo* studies also required to devise the best method of administration, means of uptake, metabolism, and elimination of CNTs. The *in vivo* studies on CNTs performed to date are presented in Table 12.2.

# 12.4 Discussion and Conclusion

CNTs are of importance as useful bio-nanomaterials for pharmaceutical applications and biomedical engineering. However, despite the contribution of CNTs to bio-nanomaterials for pharmaceutical applications, the potential risks of CNTs about the exposure to human health have not been adequately assessed. Toxicology issues associated with CNT inhalation, dermal toxicity, pulmonary, biodistribution, biocompatibility, blood compatibility, and elimination need to be addressed prior to their pharmacological application in humans.

The effects of size surface area, shape, purity method of synthesis, charge, surface coating, functionalized groups, and aggregation need to be carefully considered when assessing potential risks of CNT toxicity. Toxicology studies on CNTs should be accompanied by improved control in manufacturing and improved analysis before CNTs can be successfully used for pharmaceutical applications.

For decades, researchers have anticipated how individual nano-sized molecules could be manipulated to achieve diagnostic and therapeutic aims. Nanotechnology to assemble nanodevices, and nanobots from CNT building blocks may be possible one day. Tumor-targeting system using CNTs in cancer therapies faces formidable challenges including the delivery efficacy, enhanced targeting selectivity, and the avoidance of biophysical barriers. Those advances in bio-nanotechnology will require enormous efforts in the field of pharmaceutical engineering, but one day may allow us to successfully target cancer.

For CNTs to fulfill their promise as drug carriers in therapeutic applications, and in nanomedicine, a number of questions need to be successfully addressed: (1) How stable and persistent will CNTs be after administration? (2) Can CNTs be made sufficiently soluble in water? (3) Are CNTs sufficiently biocompatible or blood

Type of CNTs (injected amount)	Animal species	Method of administration	Exposure duration	Toxicity	Year/ Reference
MWNTs (0.05 mg/mouse)	Female Kunming mice	Intratracheal instillation	8 days, 16 days, and 24 days	The aggregates led to inflammation in the lining walls of the bronchi and severe destruction to the alveoli	Li et al. (2007)
Aerosolized MWNTs (32.61 mg/m <sup>3</sup> )	Female Kunming mice	Inhalation	8 days, 16 days, and 24 days	Most of the aggregations of MWNTs in the alveoli were smaller than those in the bronchi. The aggregations induced proliferation and thickening of alveolar walls	Li et al. (2007)
SWNTs (10 or 40µg/mouse)	Male C57BL/6 mice	Single intrapharyngeal instillation	7 days, 28 days, and 60 days	mtDNA damage was accompanied by changes in aortic mitochondrial glutathione and protein carbonyl levels	Li et al. (2007)
DTPA-SWNTs or DTPA- MWNTs labelled with <sup>111</sup> In (0.06 or 0.4 mg/ mouse)	Female BALB/c mice	Intravenous administration	30 min, 3 h, and 24 h	No toxic side effects, accumulation, or mortalities were observed. CNTs were removed from systemic blood circulation though the renal excretion route	Singh et al. (2006)
Ground or unground MWNTs (0.2 or 5 mg/rat)	Female Sprague– Dawley rats	Intratratracheal instillation	2 months, 3 days, 15 days, 60 days	Both ground MWNTs and unground MWNTs induced inflammation and fibrotic reactions and increased TNF-α production	Muller et al. (2005)
MWNTs (0.1 mg of clusters of CNTs/rat)	Male Wistar strain rats	Administration in the subcutaneous tissue in the thoracic region bilaterally in each rat	1 and 4 weeks	Inflammation around 825-CNTs was stronger than that around 220-CNTs No severe inflammatory responses such as necrosis, degeneration, or neutrophil infiltration were observed	Sato et al. (2005)
SWNT soot (1 or 5 mg/kg)	Male Crl:CD (SD)IGS BR Rats	Intratracheal instillation	24 h, 1 week, 1 month, and 3 months	A non-dose-dependent series of multifocal granulomas	Warheit et al. (2004)
Raw SWNTs or purified HiPco SWNTs or Arc-SWNTs (0.1 or 0.5 mg/mouse)	Male mice B6C3F <sub>1</sub>	Intratratracheal instillation	7 and 90 days	Induced dose-dependent epithelioid granulomas	Lam et al. (2004)

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compatible? (4) How can CNTs be made to penetrate through cells to reach tumor targets? (5) How will CNTs be eliminated after they perform their function even though they are not biodegradable? So far the answers to these questions coming from many different laboratories are not clear. Additional research is required to develop the best methods for CNT administration, promoted uptake, enhanced metabolism, and controlled clearance.

The pharmacological applications of CNTs are highly challenging because of the toxicology issues discussed in this chapter. We conclude that the pharmacological application of CNTs appropriately modified to display improved biocompatibility should provide extraordinary opportunities to accelerate and assist the development of modern drug delivery systems particularly for tumor targeting and cancer therapy only if toxicological issues are adequately addressed.

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# Chapter 13 Solubility of Fullerenes in Fatty Acids Esters: A New Way to Deliver *In Vivo* Fullerenes. Theoretical Calculations and Experimental Results

#### Franco Cataldo<sup>1,2</sup>

**Abstract** The biological effects of fullerenes and, in particular, of  $C_{60}$  have been recognized since long time. One of the problems which hindered the application of fullerenes in medicinal chemistry regards their insolubility in water and waterbased fluids. In the present chapter it is reported that  $C_{60}$  and  $C_{70}$  fullerenes are soluble in vegetable oils, in general, in esters of fatty acids and in free fatty acids. These results pave the way in the utilization of vegetable oils as vehicles in the delivery of fullerenes for both topical applications and internal use (e.g., intramuscular injection).

It is shown that the solubility of fullerenes in vegetable oils can be predicted and justified on the basis of the solubility parameters of  $C_{60}$  and  $C_{70}$  and of the glycerol esters of fatty acids. A detailed procedure for the calculation of the solubility parameters of fullerenes and vegetable oils by group increment is reported.

The solubility of  $C_{60}$  and  $C_{70}$  in a series of vegetable oils, namely: olive, sunflower, peanut, soybean, linseed and castor oil, has been determined quantitatively spectrophotometrically. Additionally, the solubility of  $C_{60}$  and  $C_{70}$  has been determined quantitatively in the methyl esters of brassica oilseed and only qualitatively in molten cow butter, molten stearic acid and molten behenamide. The experimental results show that the solubility of fullerenes appears to be dependent on the unsaturation level of the fatty acids composing the vegetable oils being lower in oils with higher unsaturation level. The solubility has been found dependent also on the polarizability parameter of the vegetable oils.

The stability of  $C_{60}$  and  $C_{70}$  solutions in vegetable oils has been studied in air and under inert atmosphere, after thermal processing and under the action of UV radiation. In all cases it has been found that  $C_{60}$  and  $C_{70}$  are prone to form adducts with the fatty acid chains of the vegetable oils. The adducts are formed both by radical and Diels-Alder mechanisms. The pharmaceutical valency and potential of such adducts has also been discussed.

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**Keywords** Adducts,  $C_{60}$ ,  $C_{70}$ , esters of fatty acid, excipients, fatty acids, fullerenes, glycerol esters of fatty acids, grafting, group increment method, solubility, solubility parameter, vehicles for drug delivery, vegetable oils, triglycerides

# 13.1 Introduction

One of the most promising applications of fullerenes is in biochemistry and medicinal chemistry (Wilson, 2000; Tabata et al., 1997; Dugan et al., 2000; see also other chapters of the present book). For such application the biocompatible solubility of C<sub>60</sub> is mandatory. Therefore, a lot of efforts have been made in preparing fullerene derivatives with functional groups able to permit the  $C_{60}$  dissolution in water and similarly, also the encapsulation of  $C_{60}$  into host-guest complexes, for instance, with cyclodextrin (Braun et al., 1994; Cataldo, 2002). In this specific context it came quite unexpected the discovery of C60 solubility in various vegetable oils (Braun et al., 2007; Cataldo and Braun, 2007). This implies the possible utilization of fatty acids esters of glycerol for the delivery of fullerene or its derivatives into living organisms or its topical use on skin. Furthermore, it has been observed (Sayes et al., 2005) that  $C_{60}$  fullerene exerts a cytotoxic activity just on the cell membranes through a lipid peroxidation mechanism. This fact offers a possibility for the realization of the idea of the "magic bullet", i.e., a chemical, which selectively can destroy only the undesired cells leaving untouched the "normal cells" (Guanti et al., 2005).

The solubility of C60 fullerene in numerous solvents was studied since when these molecules become available in bulk quantities (Ruoff et al., 1993; Beck and Mandi, 1997). Similarly, attention was paid to the solubility of C<sub>70</sub> (Sivaraman et al., 1994). Numerous papers appeared in the literature on this specific subject and among the most recent and complete surveys it should be mentioned the works of Korobov and Smith (2000), Marcus et al. (2001) and Makitra et al. (2003). In general, it was reported that fullerenes are soluble in solvents with low dielectric constant, large refractive indices and large molecular volume (Ruoff et al., 1993). A correlation with solvent polarizability and fullerene solubility has also been proposed (Sivaraman et al., 1994). Murthy and Geckeler (2001) have correlated the fullerene solubility with the solvent to fullerene molar volume ratio. Particularly surprising are the works of Heymann (1996a, b), where it was shown an increasing solubility of fullerenes in a series of straight chain alcohols: the solubility of both  $C_{60}$  and  $C_{70}$  grows dramatically from methanol to 1-octanol, hence by increasing the size of the solvent molecules and by reducing their hydrophilic character. Liu et al. (2005) have reported that  $C_{60}$  dissolves in ionic liquids.

Despite the numerous modelling works on the subject (e.g. Sivaraman et al., 2001; Huang, 2005) and the great interest on the solubility of fullerenes in hydrophilic solvents, in water and in biologically active solvents for the potential application of fullerenes as drugs, none was able to predict that  $C_{60}$  and  $C_{70}$  fullerenes

are soluble in fatty acid esters and primarily in fatty acids triglycerides such as olive oil (Braun et al., 2007) and in a series of other vegetable oils such as linseed, sunflower and soybean oil (Cataldo and Braun, 2007). The solubility of  $C_{60}$  was discovered not only in methyl esters of fatty acids such as the methyl ester of brassica oilseed (Cataldo and Braun, 2007), but also in other long-chain molecules such as fatty amides as we will show in this chapter.

This chapter shows that the solubility of  $C_{60}$  and  $C_{70}$  fullerenes can be predicted from the solubility parameter of these two molecules and the calculated solubility parameters of fatty acids and their esters. Furthermore, the solubility of  $C_{60}$  and  $C_{70}$ fullerenes in a series of vegetable oils and fatty acid esters will be presented and discussed.

### 13.2 Experimental

#### 13.2.1 Materials and Equipment

Fullerenes were high purity grades (99 + %) from Southern Chemicals LLC. Vegetable oils were commercially available oils from olive, linseed, soybean, sunflower, peanut and castor. A methyl ester of brassica oilseed also was employed.

The solubility was determined spectrophotometrically on a Shimadzu UV160A using the reference quartz cuvette filled with pure vegetable oil under testing and the sample cuvette filled with the solution of  $C_{60}$  or  $C_{70}$  in a given vegetable oil.

#### 13.2.2 Solubility Determination

In a typical procedure, about 40 mg of fullerene ( $C_{60}$  or  $C_{70}$ ) was stirred with 15–17 g of oil at room temperature. After 3 days of stirring at room temperature the solution was left overnight before filtering it through a paper filter "Rapida A". The filtered solution was then employed for the spectrophotometric determination of solubility. In the case of  $C_{60}$ -saturated solutions, there was no necessity to dilute the solution before the spectrophotometric measurement. Thus, the measurement was made by reading the absorbance at 530 nm using an averaged molar extinction coefficient of 724 M<sup>-1</sup> cm<sup>-1</sup> (Catalan et al., 1995). Instead, the spectrophotometric determination of  $C_{70}$  solubility always required a dilution with fresh oil before measurement. In general, 5 ml of filtered saturated solution was diluted to 50 ml prior to measurement. A molar extinction coefficient of  $\varepsilon = 28,444 M^{-1}$  cm<sup>-1</sup> was used at 379 nm or  $\varepsilon = 15,166 M^{-1}$  cm<sup>-1</sup> at 469 nm (Sivaraman et al., 1994).

# **13.3 Results and Discussion**

#### 13.3.1 The Solubility Parameter

The solubility parameter has been defined by Hildebrand and Scott (1950) as:

$$\delta = \left[ \left( \Delta H_{\text{van}} - \text{RT} \right) / V_{\text{m}} \right]^{0.5} \tag{13.1}$$

The evaporation enthalpy  $\Delta H_{\rm vap}$  was taken as the parameter of the cohesion energy between molecules minus the thermal energy needed to separate them (RT) divided by the molar volume  $V_{\rm m}$ . So, equation (13.1) can be re-written as:

$$\delta = [(E_{\rm coh}) / V_{\rm m}]^{0.5} \tag{13.2}$$

The cohesive energy  $E_{\rm coh}$  of a substance in a condensed state is defined as the increase in internal energy  $\Delta U$  per mole of substance if all the intermolecular forces are eliminated.

Hansen (2007) has shown that the solubility parameter proposed by Hildebrand and Scott does not take into account the contribution of polar forces and hydrogen bonding, therefore, a more complex solubility parameter has been proposed:

$$\delta^2 = \delta^2_{\ d} + \delta^2_{\ p} + \delta^2_{\ h} \tag{13.3}$$

derived from the contribution of three components of the cohesive energy:

$$E_{\rm coh} = E_{\rm d} + E_{\rm p} + E_{\rm h} \tag{13.4}$$

respectively due to the contribution of dispersion and polar forces plus an hydrogen bonding contribution.

It is possible to calculate the solubility parameter and the solubility parameter components of almost all molecules and polymers by a group contribution method (Van Krevelen, 1990; Bicerano, 1996). For this purpose, as explained by Van Krevelen (1990) it is useful to introduce the molar attraction constant simply defined as:

$$\varphi = \left(E_{\rm coh}V_{\rm m}\right)^{0.5} \tag{13.5}$$

A set of equations has been proposed by Van Krevelen (1990) for the calculation of the solubility parameter components using the molar attraction by a group contribution methodology:

$$\boldsymbol{\delta}_{\mathrm{d}} = \left(\sum \boldsymbol{\varphi}_{\mathrm{d}}\right) / V_{\mathrm{m}} \tag{13.6}$$

$$\delta_{\rm p} = \left(\sum \varphi^2_{\rm p}\right)^{0.5} / V_{\rm m} \tag{13.7}$$

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$$\delta_{\rm h} = \left[ \left( \sum E_{\rm h} \right) / V_{\rm m} \right]^{0.5} \tag{13.8}$$

The total solubility parameter can be calculated as follows:

$$\delta_{t} = \left[\delta_{d}^{2} + \delta_{p}^{2} + \delta_{h}^{2}\right]^{0.5}$$
(13.9)

It can be observed from equation (13.8) that the hydrogen bond parameter  $\delta_{\rm h}$  cannot be calculated from the molar attraction, but directly from the hydrogen bonding energy  $E_{\rm h}$  (Van Krevelen, 1990).

## 13.3.2 The Solubility Parameter of $C_{60}$ and $C_{70}$ Fullerenes

Fullerenes are highly symmetrical molecules free from any polar groups. For such types of molecules equations (13.7) and (13.8) give  $\delta_p = \delta_h = 0$ . Therefore, the solubility parameter of fullerenes calculated according to Van Krevelen (1990) can be calculated from equation (13.6).

The density of  $C_{60}$  and  $C_{70}$  fullerenes is known from literature (Beckhaus et al., 1994) being 1.76 and 1.69 g/ml, respectively. Thus, the molar volume of  $C_{60}$  and  $C_{70}$  is as follows:

 $V_{\rm C60} = 409.5 \,\rm{ml/mol}$ 

 $V_{\rm C70} = 497.5 \,\rm{ml/mol}$ 

It is interesting to note that such molar volumes can be calculated also by group increments using the van der Waals molar volume for a carbon atom, which is 6.95 ml/mol (Van Krevelen, 1990).

Thus, the calculated molar volumes are:

 $V_{\rm C60} = 417.0 \,\rm{ml/mol}$ 

 $V_{C70} = 486.5 \,\mathrm{ml/mol}$ 

Both calculated values are in fair agreement with the experimental value. Therefore, with this approach it is possible to calculate also the molar volumes of higher fullerenes, whose density is not known. Table 13.1 reports the calculated molar volumes for a series of fullerenes.

Knowing the fullerene molar volume, either the experimental or the calculated value, it is quite straightforward the calculation of the solubility parameter by substituting the tabulated  $\varphi_d$  values for group increments in equation (13.6).

The calculation should consider the number of hexagonal rings present in the fullerene molecule. It is known that each stable fullerene cage is characterized for having 12 pentagons and a number of hexagons, which depends on the total number of carbon atoms present in the cage according to the Euler's relation:

$$N^* + 2(10 + \xi) \tag{13.10}$$

Fullerene	Molar volume (ml/mol)	Calc. molar volume (ml/mol)	Hexagons (number of)	Solub. param (MPa) <sup>1/2</sup>
C <sub>60</sub>	409.5	417.0	20	19.5
C <sub>70</sub>	497.5	486.5	25	19.4
C <sub>76</sub>		528.2	28	20.1
C <sub>78</sub>		542.1	29	20.2
C <sub>82</sub>		569.9	31	20.4
$C_{84}^{02}$		583.8	32	20.5
C <sub>90</sub>		625.5	35	20.7

Table 13.1 Solubility parameters of fullerenes

where  $N^*$  is the number of carbon atoms in the fullerene cage and  $\xi$  is the number of hexagons in the fullerene structure.

Thus, for example, for  $C_{60}$  fullerene that has 20 hexagons, the calculation of the solubility parameter is:

$$\delta_{\rm d}(C_{60}) = (\Sigma \varphi_{\rm d}) / V_{\rm m} = [(70 \times 60) + (190 \times 20) / 409.5] = 19.5 \text{ MPa}^{1/2} \text{ (or } J^{1/2} \text{ cm}^{-3/2}) (13.11)$$

In fact, the tabulated  $\varphi_d$  value for each sp<sup>2</sup> hybridized carbon atom is 70 J<sup>1/2</sup> cm<sup>3/2</sup> mol<sup>-1</sup>, while the  $\varphi_d$  value for each hexagonal ring is 190 J<sup>1/2</sup> cm<sup>3/2</sup> mol<sup>-1</sup>. Thus, for  $C_{70}$ , which has 25 hexagonal rings the calculation is:

$$\delta_{\rm d}(C_{70}) = (\Sigma \varphi_{\rm d}) / V_{\rm m} = [(70 \times 70) + (190 \times 25)/497.5] = 19.4 \text{ MPa}^{1/2} \text{ (or } J^{1/2} \text{ cm}^{-3/2}) (13.12)$$

In the fullerene case,  $\delta_{d} = \delta_{t}$ .

The calculated values found are in fair agreement with the solubility parameter found experimentally by Sivaraman et al. (1994) who reported  $\delta_t (C_{60}) \approx \delta_t (C_{70}) \approx 18 \text{MPa}^{1/2}$ . Furthermore, Hansen and Smith (2004) have reported an experimental solubility parameter  $\delta_d (C_{60}) = 19.7 \text{MPa}^{1/2}$  in excellent agreement with the calculated value reported in equation (13.11). Strangely enough, Hansen and Smith (2004) have reported also the  $\delta_p (C_{60}) = 2.9 \text{MPa}^{1/2}$  and a  $\delta_h (C_{60}) = 2.7 \text{MPa}^{1/2}$  so that the total solubility parameter  $\delta_t (C_{60}) = 20.1 \text{ MPa}^{1/2}$  calculated according to equation (13.9). However, both for structural and for symmetry considerations Van Krevelen (1990) has suggested that  $\delta_p = \delta_h = 0$  in the case of high symmetry molecules like  $C_{60}$ , which are free from polar substituents.

Table 13.1 reports the solubility parameters of a series of fullerenes. Higher fullerene homologues up to  $C_{90}$  are predicted to have a solubility parameter  $\delta_t \approx \delta_d \approx 20 MPa^{1/2}$ , thus, not far from the value calculated for the most common fullerenes  $C_{60}$  and  $C_{70}$ .

## 13.3.3 The Solubility Parameter of Fatty Acids and Fatty Acids Esters of Glycerol

Being a mixture of different fatty acids esters of glycerol, the calculation with group increment of the solubility parameter of vegetable oils presents some difficulties. Furthermore, no data are available on the solubility parameters of such oils even in a comprehensive book on solubility parameter such that of Hansen (2007).

The approach employed for the calculation of the solubility parameters of fatty acids and fatty acid esters with the group increment technique according to the Van Krevelen (1990) method has involved the following steps. First of all the density  $\rho$  of fatty acids or of a given vegetable oil such as olive oil was taken from literature (Martinenghi, 1963). In the case of vegetable oils, the average molecular weight  $\omega$  of their fatty acids mixture was considered in the calculation of the molar volume. The value of  $\omega$  was taken from literature (Martinenghi, 1963).

The general equation for the calculation of the three components of the vegetable oils are:

$$\delta_{d} = (\Sigma_{i} x_{i} \varphi_{di}) / (\omega \rho^{-1})$$
(13.13)

$$\delta_{\rm p} = (\Sigma_{i} x_{i} \varphi_{\rm pi}^{2})^{0.5} / (\omega \rho^{-1})$$
(13.14)

$$\delta_{\rm h} = [(\Sigma_{\rm i} x_{\rm i} E_{\rm hi}) / (\omega \rho^{-1})]^{0.5}$$
(13.15)

where  $x_i$  is the weight fraction of a given component of a vegetable oil (considered always as triglyceride).

Let us consider, for example, the approximate composition of olive oil: we have considered 0.2% of glyceryl trimyristate, 13% of glyceryl tripalmitate, 0.8% of glyceryl tripalmitoleate, 2.5% of glyceryl tristearate, 73.3% of glyceryl triooleate, 9% of glyceryl trilinoleate, 0.3% of glyceryl triarachidate, 0.7% of glyceryl trilinolenate and 0.2% of glyceryl eicosenoicate. For each triglyceride the relative values  $\Sigma \varphi_d$ , ( $\Sigma \varphi_p^2$ )<sup>0.5</sup> and  $\Sigma E_h$  have been calculated. Then, these values were multiplied by the weight fraction of each triglyceride present in the oil as shown in equations 13–15 and divided by the molar volume of the oil. The results of such calculation are shown in Table 13.2. Table 13.3 reports the average composition of the vegetable oils studied in the present work. From the data in Table 13.3 the solubility parameters of the vegetable oils reported in Table 13.2 have been calculated.

The data in Table 13.2 show that, as expected the polar and hydrogen-bonding component is more pronounced in the case of free fatty acids rather than in vegetable oils, where the fatty acids are all locked as glyceryl esters. An exception is offered by castor oil, which is characterized by a high content of ricinoleic acid, a fatty acid with one hydroxyl group attached to the chain. Thus, its hydrogen-bonding component is rather high than any other vegetable oil considered.

	$\delta_{ m d} \ ({ m MPa})^{1/2}$	$\delta_p \ (MPa)^{1/2}$	$\delta_{ m h} \ ({ m MPa})^{1/2}$	$\delta_{ m t} \ ({ m MPa})^{1/2}$	$\Delta \delta_{\rm d}  {\rm (a)}$ using calc. $\delta_{\rm d}  ({\rm C}_{60})$	$\Delta \delta_{t}^{(b)}$ using calc $\delta_{t}^{(C_{60})}$	$\Delta \delta t$ (°) using Hansen $\delta$ data
Myristic acid	16.1	5.6	9.0	19.2	11.1	0.3	7.7
Palmitic acid	15.5	4.8	8.3	18.3	10.4	1.2	7.3
Stearic acid	15.6	4.3	7.9	18.0	9.8	1.5	6.8
Oleic acid	16.3	4.7	8.2	18.8	10.0	0.7	6.7
Linoleic acid	16.1	4.8	8.2	18.7	10.1	0.8	6.8
Linolenic acid	16.0	4.8	8.3	18.7	10.2	0.8	7.0
Olive oil	16.2	1.5	4.7	16.9	5.9	2.6	4.3
Soybean oil	15.4	1.5	4.6	16.2	6.3	3.3	4.9
Sunflower oil	16.0	1.5	4.7	16.7	6.0	2.8	4.4
Peanut oil	15.3	1.5	4.6	16.1	6.4	3.4	5.0
Lineseed oil	15.7	1.5	4.7	16.4	6.2	3.1	4.7
Castor oil	15.8	1.2	9.1	18.3	9.9	1.2	7.7
Brassica oil	16.2	1.5	4.4	16.9	5.7	2.6	4.1
Glyceryl trioleate	16.1	1.5	4.7	16.9	6.0	2.6	4.3
Glyceryl tristearate	17.0	1.6	4.7	17.7	5.6	1.8	3.6

 Table 13.2
 Solubility parameters of fatty acid and vegetable oils

<sup>a</sup>Calculated according to equation (13.17).

<sup>b</sup>Calculated according to equation (13.18).

Calculated according to equation (13.16).

# 13.3.4 Solubility Criteria from Solubility Parameter Comparison of Fullerenes in Fatty Acids and Fatty Acid Esters of Glycerol

There are many different solubility criteria available in order to establish the solubility of a certain molecule in a given solvent. Hansen (2007) and Hansen and Smith (2004) have made extensive review of such criteria. For simplicity of the mathematical treatment we prefer to follow the criteria proposed by Van Krevelen (1990) for the solubility of a polymer in a solvent. The first point is that we assume that  $C_{60}$  and  $C_{70}$  are polymeric forms of elemental carbon and treat them on these terms. To predict the solubility according to Van Krevelen (1990), the difference in the solubility parameters between solute and solvent should conform to the following equation:

$$\Delta \delta = [(\delta_{d, \text{ fullerene}} - \delta_{d, \text{ solv}})^2 + (\delta_{p, \text{ fullerene}} - \delta_{p, \text{ solv}})^2 + (\delta_{h, \text{ fullerene}} - \delta_{h, \text{ solv}})^2]^{1/2} < 5MPa^{1/2} \quad (13.16)$$

Since according to our calculations  $\delta_{p, \text{ fullerene}} = \delta_{h, \text{ fullerene}} = 0$ , the above equation simplifies as follows:

$$\Delta \delta = [(\delta_{d, \text{ fullerene}} - \delta_{d, \text{ solv}})^2 + (\delta_{p, \text{ solv}})^2 + (\delta_{h, \text{ solv}})^2]^{1/2}$$
(13.17)

The results of such calculations are reported in Table 13.2 (third column from right) and suggest that  $C_{60}$  (and  $C_{70}$ ) are not soluble or only slightly soluble in molten free

	Chain		Brassica	Sunflower	Soybean	Linseed	Olive	Peanut	Castor
Fatty acid	length	Unsaturations	oilseed (%)	(%)	(%)	(%)	(%)	(%)	(%)
Myristic	C <sub>14</sub>	NONE	0.5		0.3	0.9	0.2		
Palmitic	$C_{16}^{14}$	NONE	2.8	3.6	9.8	4.5	13.3	8.3	
Palmitoleic	$C_{16}^{10}$	1 at $C_{q}$					0.8		0.5
Stearic	$C_{18}^{10}$	NONÉ	1.2	2.9	2.4	6.3	2.5	3.1	1.4
Arachidic	$C_{20}^{10}$	NONE	0.9	1.6	0.9	0.3	0.3	2.4	
Beenic	$C_{20}$ $C_{22}$	NONE	0.6	0.4				3.1	
Lignoceric	C <sub>24</sub>	NONE	0.7						
Hexadecenoic	$C_{16}^{24}$	1 at $C_{s}$	2.5						
Oleic	$C_{18}^{10}$	1 at $C_{q}$	15.5	34.0	28.9	26.2	73.0	56.0	7.4
	10	1 at $C_{o}$ ;							
Ricinoleic	C <sub>18</sub>	1 OH at $C_{12}$							87.0
Linoleic	$C_{18}^{10}$	1 at $C_9; C_{12}^{12}$	11.0	57.5	50.7	14.7	9.0	26.0	3.1
Linolenic	10	1 at $C_{0}$ ;							
	C <sub>18</sub>	C <sub>12</sub> ; C <sub>15</sub>	7.6		6.9	47.0	0.7		
Eicosenoic	$C_{20}^{10}$	1 at $C_{11}^{12}$	3.5						
Erucic	$C_{22}^{20}$	1 at $C_{13}^{11}$	52.2						
Others	22	15	1.0		0.1	0.1	0.2	1.1	0.6

Table 13.3 Composition of vegetable oils studied in the present work<sup>a</sup>

<sup>a</sup>From Martinenghi (1963).

fatty acids, but are expected to be soluble in glyceryl esters of fatty acids and their mixtures since the  $\Delta\delta$  value is close to 5 MPa<sup>1/2</sup> with the exception of the case of castor oil, where the fullerenes are not expected to be soluble.

In Table 13.2 also another calculation has been considered comparing the total solubility parameters of the solvents and the fullerenes. In the case of fullerenes  $\delta_{d, \text{ fullerene}} = \delta_{t, \text{ fullerene}}$  and

$$\Delta \delta_{t} = [(\delta_{t, \text{ fullerene}} - \delta_{t, \text{ solv}})^{2}]^{1/2}$$
(13.18)

with equation (13.18) it is expected that  $C_{60}$  and  $C_{70}$  fullerenes are easily soluble both in a series of fatty acids and in a series of glyceryl esters of fatty acids. The prediction made in such a way is confirmed by the experimental evidence, which is shown in Table 13.4. In fact both  $C_{60}$  and  $C_{70}$  are soluble in a series of different glyceryl esters of fatty acids, but also in molten stearic acid, a free fatty acid (in the latter case it was not possible to determine the solubility).

The last column in the right of Table 13.2 shows  $\Delta\delta$  values obtained using equation (13.16) and the published solubility parameters of C<sub>60</sub> proposed by Hansen and Smith (2004), i.e.  $\delta_d$  (C<sub>60</sub>) = 19.7 MPa<sup>1/2</sup>,  $\delta_p$  (C<sub>60</sub>) = 2.9 MPa<sup>1/2</sup> and a  $\delta_h$  (C<sub>60</sub>) = 2.7 MPa<sup>1/2</sup>. By substituting these values in equation (13.16) together with the calculated  $\delta_d$ ,  $\delta_p$  and  $\delta_h$  values for the glyceryl esters of fatty acids as well as the values for the free fatty acids one obtains  $\Delta\delta$  values, which suggest solubility of fullerenes in glyceryl esters of fatty acids since  $\Delta\delta < 5$  with the exclusion of castor oil. Additionally, last column in the right of Table 13.2 suggests that fullerenes are not soluble or slightly soluble in free fatty acids. Instead, it has been found experimentally that fullerenes are soluble also in free fatty acids and even in fatty acids amides like behenamide as reported in Table 13.4.

Based on these considerations, it appears that the best calculation approach for the prediction of the solubility of fullerenes in free fatty acids and in fatty acids derivatives is granted by equation (13.18), but simply because we are reasoning a posteriori. It is evident from our calculations that the surprising solubility of fullerenes in free fatty acids and glyceryl esters of fatty acids, or which is the same in vegetable oils, was not easily predictable and expected on the basis of theoretical considerations. Only the intuition of Braun et al. (2007) (see also Cataldo and Braun, 2007) has led to this important discovery, which may have implications and applications in medicine, cosmetics and possibly also in other fields.

#### 13.3.5 Experimental Solubility of $C_{60}$ and $C_{70}$ Fullerenes

The solubility of  $C_{60}$  in vegetable oils was initially found very low. For instance, in olive oil a value of 6 mg/l has been reported (Braun et al., 2007). Further work has reported that the solubility of  $C_{60}$  in a series of vegetable oils is instead at the level of 100–200 mg/l (Cataldo and Braun, 2007). The differences may be, at least in part, ascribed to the different analytical procedures employed, but certainly they

C <sub>70</sub> solubility (mg/l)	$\mathrm{C}_{_{60}}$ solubility (mol fract. $ imes 10^4$ )	$C_{70}$ solubility (mol fract. × 10 <sup>4</sup> )	${ m C}_{_{60}}$ solubility (molarity $ imes 10^3$ )	$C_{70}$ solubility (molarity $\times 10^3$ )	$\delta_t (MPa)^{1/2}$
1035	12.00	11.71	1.261	1.231	16.9
636	5.36	7.45	0.544	0.756	18.3
852	10.25	9.97	1.042	1.013	16.1
1034	12.65	13.05	1.192	1.230	16.9
867	6.95	9.89	0.724	1.031	16.7
753	6.77	8.82	0.687	0.896	16.2
727	4.87	8.31	0.506	0.865	16.4
Soluble					
Soluble					
Soluble					
	4.71	1.8	4.44	1.70	18.2
	3.28	2.43	2.36	1.75	18.0
	38.0	40.2	34.2	35.7	20.5
	23.1	25.4	19.2	22.3	20.5
	30.1	20.1	22.2	14.6	19.9
	0.084	0.02	0.064	0.015	14.9
	0.325	0.27	0.143	0.12	16.1

0.44

0.14

0.14

Table 13.4 Solubility of  $C_{60}$  and  $C_{70}$  in natural glyceryl esters of fatty acids and derivatives

0.43

C60 solubility

(mg/l)

909

392

751

859

522

495

365

Soluble

Soluble

Soluble

<sup>a</sup>Methyl ester.

Carbon tetrachloride<sup>b</sup>

Oil or solvent

Olive

Castor

Peanut

Brassica<sup>a</sup>

Sunseed

Soybean

Linseed

Toluene<sup>b</sup>

Tetralin<sup>b</sup> *N*-hexane<sup>b</sup> Dodecane<sup>b</sup>

Molten cow butter

Molten stearic acid

Molten behenamide

1,3,5-trimethylbenzene<sup>b</sup> 1,2 dichlorobenzene<sup>b</sup> 1,3 dichlorobenzene<sup>b</sup>

<sup>b</sup>From Korobov and Smith (2000).

17.8

are due to the different conditions employed in the preparation of the solutions. For instance, Braun et al. (2007) stirred the fullerene/oil mixture (about 15 mg in 5 ml of oil) for 72 hours at room temperature and then determined the solubility by liquid chromatography. On the other hand, Cataldo and Braun (2007) stirred the fullerene/oil mixture (30 mg in 50 ml of oil) for a shorter time (2 hours) but at a much higher temperature (75°C). The solubility determination was made at room temperature on the cooled solution and found two orders of magnitude higher than that originally reported by Braun (2007). It turned out, however, that heating a vegetable oil with C60 fullerene causes a reaction between the solute and the solvent. Spectrophotometric evidences have already been published about the reactivity of fatty acid esters with  $C_{60}$  (Cataldo and Braun, 2007). Therefore, in the present work, the C60 fullerene solubility has been redetermined in a more rigorous procedure and also the  $C_{70}$  solubility has been determined for the first time: the data are reported in Table 13.4. In each determination about 40 mg of  $C_{60}$  or  $C_{70}$ fullerenes was mechanically stirred for 3 days at room temperature with about 15 g of oil. After settling and filtration, the solubility was determined spectrophotometrically and found to be about 4.5 times the values reported previously for C60 (Cataldo and Braun, 2007). As shown in Table 13.4, if the solubility of  $C_{60}$  and  $C_{70}$ is expressed in terms of mol fraction ( $\times 10^4$ ) or in terms of molarity ( $\times 10^3$ ), then one discovers that the solubility level of these molecules in the triglycerides of fatty acids is comparable or even better to the solubility in some good solvents like toluene and trimethylbenzene, but still considerably lower than the fullerenes solubility in certain chlorobenzene derivatives. In any case such result comes as a complete surprise. One thing is to predict the solubility level with the solubility parameter; another matter is to have found unexpectedly high solubility levels for fullerenes in fatty acids esters.

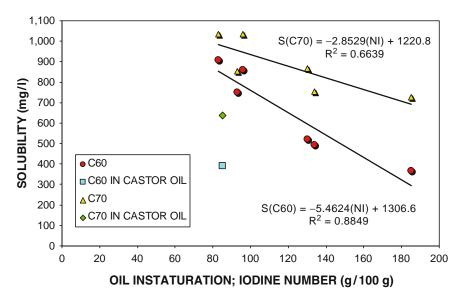
Previously (Cataldo and Braun, 2007), it has been noted the interesting correlation between  $C_{60}$  fullerene solubility and the unsaturation level of the fatty acids present in the vegetable oils and measured by the "iodine number", an analytical test, which determines the number of double bonds present in the oil by the addition of iodine (Martinenghi, 1963). This correlation is confirmed for  $C_{60}$  also with the new measurements and is extendable also to  $C_{70}$ . The correlation is shown in Fig. 13.1 and suggests that the solubility *S* expressed in milligrams per litre (mg/l) is linked to the iodine number of the oil (NI) according to the following equations:

$$S_{C60} = -5.46(\text{NI}) + 1307 \tag{13.19}$$

and

$$S_{C70} = -2.85(\text{NI}) + 1221 \tag{13.20}$$

These equations suggest that  $C_{60}$  is more sensitive to the degree of unsaturation of the oil employed as solvent than  $C_{70}$ . Additionally, a limiting solubility value for the fully saturated triglycerides (those with NI = 0) can be predicted from equations



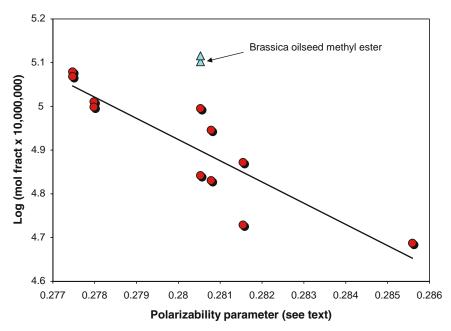
**Fig. 13.1** The solubility of  $C_{60}$  and  $C_{70}$  fullerene is maximum in vegetable oils with lower level of unsaturation (i.e. number of double bonds) and decreases as the insaturation level grows. Having a peculiar chemical structure, castor oil cannot be included in the correlation rule (*See Color Plates*)

(3.19) and (13.20) to be  $\approx 1,300 \text{ mg/l}$  for both fullerenes. In fact, as shown in Table 13.4, both  $C_{60}$  and  $C_{70}$  fullerenes have been found to be easily soluble also in molten cow butter, a largely saturated mixtures of triglycerides with iodine number between 25 and 35 g/100 g. Furthermore,  $C_{60}$  and  $C_{70}$  are easily soluble also in molten stearic acid, a  $C_{16}$  free fatty acid (not a triglyceride) having NI = 0. Similarly, an easy solubility of  $C_{60}$  and  $C_{70}$  was observed in molten behenamide, a fully saturated fatty acid with 22 carbon atoms in the chain whose terminal carboxyl group has been converted into an amide group.

At first glance the relationship between fullerene solubility and fatty acids unsaturation may appear as a surprise. However, it should be noticed that the unsaturation level of vegetable oils correlates also with their refractive index (Martinenghi, 1963). Thus, following the approach of Sivaraman et al. (1994), it is possible to show the change in solubility as function of the polarizability parameter of the solvent defined as:

$$P_{\rm p} = [(n^2 - 1)/(n^2 + 2) \tag{13.21}$$

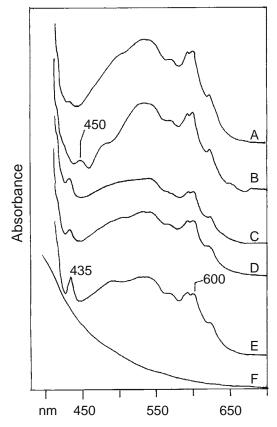
Thus, by plotting the log of the fullerene molar fraction  $\times 10^7$  (Log  $\chi$ ) against the polarizability parameter of the various oils one obtains a reasonable linear correlation, which shows the same trend of the unsaturation level. Such a graph is shown in Fig. 13.2 and suggests that the fullerene molar fraction decreases by increasing the polarizability parameter.



**Fig. 13.2** Variation of Log (Mole Fraction × 10<sup>7</sup>) with the polarizability parameter  $P_p = [(n^2 - 1)/(n^2 + 2)]$  for both  $C_{60}$  and  $C_{70}$  in various triglycerides of fatty acids. The triangles refer to  $C_{60}$  and  $C_{70}$  dissolved in methyl ester of brassica oilseed (*See Color Plates*)

# 13.3.6 Stability of the $C_{60}$ and $C_{70}$ Fullerenes Solutions in Vegetable Oils

When C<sub>60</sub> fullerene is dissolved in vegetable oils, its electronic absorption spectra show a new absorption band, which is not present in the spectrum of pristine fullerene in other solvents (see Fig. 13.3). The new band appears at 435 nm almost in all fatty acid esters tested as solvents (Cataldo and Braun, 2007). Curiously, the intensity of this band at 435 nm depends just on the unsaturation level of the fatty acids present in the ester, being more intense in oils with higher unsaturation and hence higher iodine number (in decreasing order: linseed > sunflower ~ soybean) and is much less intense with oils having lower iodine number such as olive oil and biodiesel. The explanation of such behaviour is based on the fact that the addition is favoured by fatty acids with at least two double bonds or more in their chains. In other words, olive oil and brassica oilseed have only 10% content of linoleic acid (see Table 13.3) while the other oils, which instead display a stronger band at 435 nm have all a high levels of linoleic acid and linseed oil has also a high level of linolenic acid with three double bonds. The addition may require the presence of at least two double bonds since it is assumed to be a Diels-Alder type addition reaction. Although the double bonds of linoleic and linolenic acids are not conjugated, moderate thermal processing in the presence of catalysts or the action of light can



**Fig. 13.3** Electronic absorption spectra of  $C_{60}$  fullerene dissolved in: (A) brassica oilseeds methyl ester (biodiesel); (B) olive oil; (C) sunflower oil; (D) soybean oil; (E) linseed oil; (F) linseed oil and  $C_{60}$  fullerene after heating at 150°C for 15 minutes

cause the slippage of the double bonds to a conjugated position. Fullerenes are highly prone to undergo the Diels-Alder addition reactions where they act essentially as dienophyle rather than as dienes (Taylor, 1999).

Additionally, it should be observed that the thermal oxidability and oxidative polymerization of the unsaturated fatty acids follows the trend linolenic > linoleic > oleic > palmitoleic (Martinenghi, 1963). The oxidation involves, as first step, the abstraction of a hydrogen atom in allylic position to the double bonds. Certainly, this process is favoured in the case of fatty acids with two or more unconjugated double bonds where the formation of a free radical by allylic hydrogen abstraction leads quite necessarily to double bonds slippage with formation of conjugated double bonds:

$$\begin{array}{l} \text{R-CH=CH-CH}_2\text{-CH=CH-(CH}_2)_n\text{-COOH} \rightarrow \text{R-CH=CH-CH-CH=CH-(CH}_2)_n\text{-COOH} \rightarrow \\ \quad \rightarrow \text{R-CH-CH=CH-CH=CH-(CH}_2)_n\text{-COOH} \end{array}$$

Thus, the addition of fullerenes to the fatty chains cannot be exclusively through a Diels-Alder mechanism, but involves also a radical mechanism.

The new absorption band at 435 nm in the  $C_{60}$  spectrum has been attributed to the 1,2 addition to the fullerene cage to the fatty acid chains either across to the double bonds by a Diels-Alder addition or, more simply, by radical addition (Cataldo and Braun, 2007). Thus, fatty acid esters are able to not only dissolve  $C_{60}$ , but also react with this molecule causing the addition of the fatty chain to the fullerene cage. In fact, the bands at 435 nm shown in Fig. 13.3 appear only when  $C_{60}$  is stirred at 75°C for a couple of hours in the esters of fatty acids. Only for olive oil the new band appears much weaker than in the other cases and displaced at 450 nm (Fig. 13.3B). Since this oil contains chlorophyll, the displacement may be probably due also to a charge–transfer interaction between  $C_{60}$  and chlorophyll or with other impurities.

On standing in air, at room temperature the  $C_{60}$  fullerene solutions in vegetable oils are not stable, but change their colour from violet to reddish. The electronic absorption spectra show a gradual increase in the absorption band in the visible initially in the range between 450 and 550 nm. Similar results are obtained both by heating the solutions in air or under nitrogen. In the latter case prolonged heating is needed to achieve the same results. Heating  $C_{60}$  solutions in linseed or other oils for 15 minutes at 150°C (in air) causes the entire spectrum of  $C_{60}$  in the visible to disappear completely as shown in Fig. 13.3F.

Contrary to  $C_{60}$ ,  $C_{70}$  solutions in vegetable oils prepared at room temperature do not display any new absorption band in their visible spectra and show also a better stability than  $C_{60}$  solutions. In fact, after 1 week in air a diluted solution of  $C_{70}$  in methyl ester of brassica oilseed shows only slight spectral changes: essentially a reduction in the intensity of the band originally located at 469 nm, which after "ageing" appears at about 467 nm and a less-pronounced reduction in the intensity of the band at 379 nm. In any case, these changes should be interpreted in terms of slower reaction of  $C_{70}$  with the solvent oil. Heating  $C_{70}$  solutions in sunseed or linseed oil at 160°C for 1–2 hours under argon flow causes profound changes in the visible part of the electronic absorption spectra: the band originally located at 469 nm disappears completely in linseed oil solution or is reduced dramatically in intensity and shifted to shorter wavelengths in the case of sunseed oil solution. A brown colour develops in both cases from the original reddish colour. It is evident that also  $C_{70}$  reacts with the fatty acid chains of the solvent as in the case of  $C_{60}$ , although the reaction appears slower and seems to require longer times or slightly more drastic conditions.

The stability of  $C_{60}$  and  $C_{70}$  solutions in vegetable oils has been examined also towards the action of UV light. A  $C_{60}$  solution in linseed oil has been irradiated in a quartz reactor with UV light from a 12 W low-pressure Hg lamp having its main emission at 254 nm under N<sub>2</sub>. In less than 1 hour irradiation, all the visible part of the electronic spectrum of  $C_{60}$  with bands at about 530 and 600 nm have been bleached. Simultaneously, a growth in absorption intensity as function of the irradiation time has been observed at about 410 nm.

Irradiation of  $C_{70}$  solution in peanut oil under the same conditions just described for  $C_{60}$  fullerene in linseed oil after 70 minutes of irradiation causes the partial reduction of the intensity of the band at 464 nm and of a shoulder at 398 nm.

The spectral changes undergone by  $C_{60}$  and  $C_{70}$  solutions in vegetable oils appear very similar to those observed by thermal processing. Therefore, the interpretation is the same: grafting of fullerene molecule onto fatty acid chains.

## 13.3.7 Potential Application of Vegetable Oils as Vehicle for Drug Delivery of Fullerenes and Fullerene Derivatives

The solubility of  $C_{60}$  and  $C_{70}$  fullerenes in vegetable oils will permit to employ these molecules for topical use in creams, lotions and ointments, which are adsorbed by skin. Vegetable oils, especially olive oil, are considered excellent excipients for injectable preparation where the active principle is soluble in fats. Their absorption in the subcutaneous tissues is slow and limited and ensures a gradual release of the active principle (Adami, 1960).

The  $C_{60}$  and  $C_{70}$  reactivity with the vegetable oils at first glance could appear as an obstacle in the use of fullerene solutions in vegetable oils. Apart from the fact that one could use fully saturated fatty acids derivatives as vehicle for fullerenes delivery, which are not reactive with them, the formation of adducts between the unsaturated fatty acids and fullerenes could be exploited not only in the stabilization of the systems fullerenes–vegetable oils, but also in the alteration and, may be in the attenuation of the fullerene reactivity in *in vivo* and in a very gradual release of the fullerenes–fatty acids derivatives in living systems.

#### 13.4 Conclusions

We have confirmed from the earlier observations (Braun et al., 2007; Cataldo and Braun, 2007) that  $C_{60}$  fullerene is soluble in vegetable oils, which are glycerol esters of fatty acids. The solubility levels in a series of vegetable oils have been determined and revised in comparison with earlier determinations. For the first time the solubility of  $C_{70}$  fullerene have been determined in vegetable oils and found comparable to those found for  $C_{60}$ . According to the most recent determinations the solubility of  $C_{60}$  and  $C_{70}$  in fatty acid esters expressed in molarity or in mole fractions are even higher than the fullerene solubility of both  $C_{60}$  and  $C_{70}$  fullerene is affected by the unsaturation level of the fatty acids composing the vegetable oils. Higher solubility being observed in most saturated oils (Fig. 13.1). The fullerenes solubility appears also related to the polarizability parameters of the vegetable oils: lower values of the polarizability parameters imply higher solubility values (Fig. 13.2).

A theoretical justification of the surprising solubility of  $C_{60}$  and  $C_{70}$  fullerenes in vegetable oils has been proposed in terms of solubility parameter of fullerenes and vegetable oils. It has been shown that the solubility parameter of  $C_{60}$  and  $C_{70}$  fullerenes can be calculated by a group increment approach following Van Krevelen

(1990). The calculated solubility parameter derived from the Van Krevelen approach has been compared with the experimental solubility parameters of  $C_{60}$  and  $C_{70}$  reported in the literature and derived experimentally. An excellent agreement has been found between the calculated and the experimental  $\delta_d$  values. A comparison with the calculated solubility parameter of the vegetable oils, under certain conditions, permits to show that a good solubility of fullerenes in glycerol esters of fatty acids can be expected. Fullerene solubility in molten free fatty acids can be predicted on the basis of solubility parameters comparison and it has been verified by dissolving  $C_{60}$  and  $C_{70}$  in molten fatty acids.

It has also been found a certain level of reactivity between  $C_{60}$  and  $C_{70}$  with the unsaturated fatty acids. The electronic absorption spectra show evidences that  $C_{60}$  or  $C_{70}$  are grafted onto the fatty chains when the fullerene solutions in vegetable oils are left for days in air, by heating the solutions under  $N_2$ , Ar and air, or by UV irradiation of the solutions in inert atmosphere.

In any case the discovery of the solubility of  $C_{60}$  and  $C_{70}$  in vegetable oils paves the way in the utilization of these molecules in biology, biochemistry and medicinal chemistry, since the vegetable oils can be used as vehicles of excipients of fullerenes. The formation of adducts between fullerenes and vegetable oils appears as a further opportunity to be exploited in the application of such derivatives in medicinal chemistry.

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# Chapter 14 New Approach to QSPR Modeling of Fullerene C<sub>60</sub> Solubility in Organic Solvents: An Application of SMILES-Based Optimal Descriptors

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**Abstract** Optimal descriptors, calculated with simplified molecular input line entry system (SMILES), have been used for modeling solubility of fullerene C<sub>60</sub> in organic solvents. Local and global attributes of the SMILES have been involved in the modeling algorithm. Local attributes represent symbols, which are images of chemical elements ("O", "N", "CI", "Br", etc.) or chemical environment (double bonds, i.e., the " = "; triple bonds, i.e., "#", etc.) Global SMILES attributes are expressed as number of a given chemical element in given SMILES as well as superposition of chemical elements (for instance, SMILES contains both "CI" and "Br"). Statistical characteristics of the derived model are given by n = 92,  $r^2 =$ 0.8865,  $q^2 = 0.8807$ , s = 0.363, F = 703 (training set); and n = 30,  $r^2 = 0.9069$ ,  $q^2 =$ 0.8932, s = 0.399, F = 273 (test set).

Keywords Optimal descriptor, QSPR, SMILES, Solubility fullerene C<sub>60</sub>

#### 14.1 Introduction

Many areas of computational chemistry are gaining permanent place as dependable research techniques by providing reliable descriptions of structures and properties of chemical compounds. Due to improvements of hardware and accessibility of many commercial programs a theoretical study supplements experimental investigations and provides new accurate data when experiments are not available. Such

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progress is especially important for new areas (nanotechnology), where commercial applications in many cases precede basic research on structures and properties of new species.

Among many theoretical approaches, the quantitative structure-property/ activity relationships (QSPR/QSAR) methods in conjunction with experimental data pave the way to characterization of properties of new compounds. Properly calibrated such methods provide tools for the prediction of physicochemical parameters (QSPR) and/or biological activity (QSAR) for substances, which have not been yet examined in experiments (Wiener, 1947a, b, 1948a, b; Randic and Basak, 1999, 2001; Randic and Pompe, 2001a, b; Basak et al., 2001).

Taking into account wide utilization of fullerenes in many aspects of nanotechnology (Prylutskyy et al., 2003; Colbert and Smalley, 1999; Wood, 2004; Sivaraman et al., 2001; Faulon and Carla, 2003; Faulon et al., 2004; Danauskas and Jurs, 2001; Kiss et al., 2000; Franco et al., 2007) one can see the necessity of development of predictive models for their physicochemical properties. Among such properties is their solubility. Solubility of fullerene is not only an important technological characteristic, but also an ecological characteristic (Franco et al., 2007).

Recently, the QSPR modeling has been examined as an efficient tool for predicting solubility of fullerene  $C_{60}$  in organic solvents (Toropov et al., 2007a, b). The simplified molecular input line entry system (SMILES) (Weininger et al., 1988, 1990; Weininger et al., 1989) has been used as elucidation of solvent molecular structure. The above models have been based on optimization of correlation weights of local SMILES attributes. Perspectives of the optimization of correlation weights of global SMILES attributes for predictive QSPR/QSAR modeling have also been studied by Toropov et al., 2005a, b; Toropov and Benfenati, 2007a, b. Applications of the SMILES for QSPR/QSAR analysis have been recently described in Bologa et al. (2005), Olah et al. (2004), Kurup (2003), and Vidal et al. (2005).

It is to be noted that the QSPR/QSAR analysis of nanosubstances based on elucidation of molecular structure by the molecular graph is ambiguous due to a large number of atoms involved in these molecular systems. Under such circumstances the chiral vector can be used as elucidation of structure of the carbon nanotubes (Toropov et al., 2007c). The SMILES-like representation information for nanomaterials is also able to provide reasonable good predictive models (Toropov and Leszczynski, 2006a).

In this chapter, the genesis of SMILES-based descriptors (as well as perspectives of utilization of these characteristics for QSPR/QSAR analyses) is discussed. We concluded that in fact the SMILES-based optimal descriptors are derivatives of the graph-based optimal descriptors. In fact the SMILES-based descriptors are calculated with scheme that is similar to the well-known additive scheme (Zinkevich et al., 2004), but instead of contributions for the molecular fragments (chemical elements, different kinds of cycles, covalent bonds, etc.) contributions for the SMILES fragments (c, C, n, N, Cl, Br, =, #, etc.) are using.

# 14.2 Flexible Descriptors

Flexible optimal descriptors have been defined as specific modifications of adjacency matrix, by means of utilization of nonzero diagonal elements (Randic and Basak, 1999, 2001; Randic and Pompe, 2001a, b). These nonzero values of matrix elements change vertex degrees and consequently the values of molecular descriptors. As a rule, these modifications are aimed to change topological indices. The values of these diagonal elements must provide minimum standard error of estimation for predictive model (that is based on the flexible descriptor) of property/activity of interest.

# 14.3 Optimization of Correlation Weights of Local Graph Invariants

In the case of above-mentioned flexible descriptors a variation of contributions for each atom (vertex in molecular graph) takes place. In the case of optimization of correlation weights of local graph invariants (OCWLI), the variations of contributions for each atom together with contributions for each value of vertex degree or extended connectivity (Toropov and Schultz, 2003; Toropov and Roy, 2004; Toropov et al., 2004a) as well as the nearest neighboring codes (Toropov and Toropova, 2004; Toropova and Benfenati, 2004) in the hydrogen-filled molecular graph are examined. The OCWLI based on so-called graph of atomic orbitals has been studied (Toropov et al., 2001, 2005b, 2006b). The graph of atomic orbitals represents an attempt to take into account the structure of chemical elements for QSPR/QSAR analyses. A comparison of the hydrogen-filled molecular graph and the graph of atomic orbitals has shown that the graph of atomic orbitals can improve predictive QSPR/QSAR models (Toropov and Toropov, 2001, 2002; Castro et al., 2004). Optimal descriptor represents a mathematical function of the correlation weights of graph invariants. Numerical values of the correlation weights, which produce as large as possible correlation coefficient values between property/activity of interest and the descriptor can be calculated by Monte Carlo method optimization procedure (Toropov et al., 2004b, c; Toropov and Benfenati, 2006a-c).

# 14.4 Optimization of Correlation Weights of Local and Global Graph Invariants

Examples of the global graph invariants are represented by the number and size of cycles, and the total number of chemical elements in a molecule. The number of oxygen and/or nitrogen atoms can be (in the first approximation) a measure of

probability of hydrogen bond interactions. By taking into account these global invariants, QSPR/QSAR, one can improve models based on the correlation weights of local and global graph invariant for calculation of the optimal descriptors (Toropov et al., 2004b, c; Toropov and Benfenati 2006a–c).

#### 14.5 Optimization of Local SMILES Attributes

In fact, both molecular graph and SMILES notation have the same aim. The goal of these two approaches is to provide transparent and suitable information for analysis of molecular structures. Thus, optimization of correlation weights of symbols from the SMILES lines can be utilized for QSPR/QSAR modeling similar to optimal descriptors calculated with the molecular graph. This possibility has been examined in a series of studies (Toropov et al., 2005a, b; Toropov and Benfenati 2007a, b). The results of this work have shown that optimization of SMILES attributes can be utilized for predicting property/activity of interest. It is to be noted that for this purpose the SMILES-based modeling should be using not isolated symbols but an attribute of SMILES (in other words, attribute of molecular system that is represented by SMILES). For instance, it is not proper to separate the "Cl" into "C" and "I".

#### 14.6 Optimization of Local and Global SMILES Attributes

In the discussed methodology a superposition of chemical elements in molecule can modify property/activity of a given substance. Physicochemical and topological aspects of molecular structure can be reflected by special (0,1)-code (Toropov and Benfenati, 2007a). An essence of the code is as follows: first, this code is a sequence of symbols of fixed length; second, each position (number in the sequence) is an indicator of presence ("1") or absence ("0") of a given chemical element or a molecular feature, such as the " = ", "#", etc. By the Monte Carlo method the correlation weights of these codes (global SMILES attributes) can be calculated. An improvement of such a model (based on optimal descriptors) for a training set is assured. However, improvement of such a model for an external test needs verification for each considered case.

# 14.7 QSPR Modeling of the Fullerene C<sub>60</sub> Solubility in Organic Solvents

Recently, we performed theoretical study of solubility of  $C_{60}$  in various solvents (Toropov et al., 2007a). In this study, the extended experimental data on fullerene  $C_{60}$  solubility in organic solvents was taken from Huanxiang et al. (2005).

The solubility is expressed as logarithm of molar fractions log(S). A recommended partition of the data into training and test sets is also taken from the mentioned paper. Six outliers described in Huanxiang et al. (2005) were removed from the considerations. SMILES notations of organic solvents for this study have been obtained with ACD/ChemSketch software (http://www.acdlabs.com/) according to CAS numbers from US National Library of Medicine (http://toxnet.nlm.nih.gov/).

Optimal descriptor used for the QSPR modeling of the  $C_{60}$  solubility is expressed as:

$$DCW = \sum CW(A_k) \tag{14.1}$$

where  $A_k$  is the local or global SMILES attribute;  $CW(A_k)$  is the correlation weight of the SMILES attribute  $A_k$ .

Local SMILES attributes were defined according to hierarchy: first, system is attempting to detect attributes of four symbols, i.e., "[N+]" or "[O-]"; second, system is attempting to detect attributes of two symbols, i.e., "Cl" or "Br"; third, all others are attributes of one symbol.

Global SMILES attributes were defined as (%,0,1,2,3)-code of six symbols: s1, s2, s3, s4, s5, and s6. The first symbol (s1) is "%". This symbol indicates: this SMILES attribute is global. The s2 is descriptor of a presence of fluorine: "0" means "F" symbol is absent in the SMILES; "1" means there is one "F" symbol; "2" means there are two "F" symbols; finally "3" means that there are three or more "F" symbols in the SMILES; the s3, s4, s5 are the same descriptors for "Cl", "Br", and "O", respectively; the s6 is the descriptor for the "("symbol in the SMILES. The brackets are tools to reflect the branching of molecular skeleton (Weininger, 1988, 1990; Weininger et al., 1989). Thus, "(" and ")" are indicators of the same phenomenon. These SMILES attributes (i.e., brackets) have common correlation weight.

Having numerical data on the optimal correlation weights, one can calculate DCW for the training and the test sets. Using data on the training set one can derive model for the fullerene  $C_{so}$  solubility:

$$Log(S) = C0 + C1.DCW$$
 (14.2)

A verification of predictive ability of the model that is performed with equation (14.2) can be carried out with the external test set.

Statistical characteristics of QSPRs obtained by the SMILES-based descriptors in three runs of the Monte Carlo optimization are presented in Table 14.1. One can see from Table 14.1 that statistical quality of these models is reproduced in all the three runs of optimization.

Numerical data on the correlation weights and numbers of SMILES attributes in the training and test sets are presented in Table 14.2. One can see from Table 14.2 that two SMILES attributes are absent in the training set. Their correlation weights are defined as being equal to zero. In other words, these attributes are removed from the modeling process.

	Г	Training set	( <i>n</i> = 92)			Test set (n	n = 30)	
Probe	$R^2$	$Q^2$	S	F	$R^2$	$R^2_{\rm pred}$	S	F
1	0.8865	0.8807	0.363	703	0.9069	0.8932	0.399	273
2	0.8837	0.8777	0.367	684	0.9025	0.8879	0.406	259
3	0.8858	0.8801	0.364	698	0.8930	0.8765	0.423	234

**Table 14.1** Statistical characteristics of the models for fullerene  $C_{60}$  solubility for three runs of<br/>the Monte Carlo optimization of the correlation weights of SMILES attributes

**Table 14.2** Numerical data on correlation weights of local and global SMILES attributes; numbers of the  $A_k$  in training  $(N_{\text{TRN}})$  and test  $(N_{\text{TST}})$  sets

Attributes	$CW(A_k)$ in	$CW(A_k)$ in	$CW(A_k)$ in	1-	λ7	N
$(A_k)$	probe 1	probe 2	probe 3	k	$N_{ m TRN}$	N <sub>tst</sub>
#	-2.6016461	-2.5986056	-3.4862621	1	1	1
(	0.2093995	0.1659505	0.0824541	2	94	26
/	-0.0156713	0.0894500	-0.1154285	3	11	1
1	1.0651715	1.0932344	1.4752185	4	106	32
2	0.5263217	0.5945445	0.6906432	5	14	4
3	-1.8784870	-1.7947064	-2.5743374	6	2	0
=	0.3934758	0.2663370	0.6124806	7	18	5
С	0.5148396	0.4520616	0.8413836	8	283	108
Br	2.5620012	2.5158141	3.4159916	9	26	9
Cl	1.7749851	1.5231909	2.2821480	10	43	11
F	0.3656031	1.1929635	0.9542705	11	1	0
Ι	4.0462834	3.8553666	5.9503702	12	8	2
Ν	1.1456203	1.0305655	1.7647230	13	7	1
0	0.5493972	0.3248952	-0.3621346	14	11	7
S	0.5408299	0.3253056	1.1709910	15	2	0
\	0.5211589	0.5815902	0.5637991	16	9	1
с	0.8532568	0.7987998	1.2393025	17	250	80
n	-0.1733716	-0.3880977	0.2269415	18	2	0
s	1.8984978	1.6407885	3.2297841	19	2	0
[N+]	-0.1390942	0.5800894	1.0874254	20	2	1
[O–]	1.3032660	0.3409595	-0.4187749	21	2	1
%00000	2.4042403	2.0797108	1.5954503	22	33	9
%00001	1.7803458	1.5333361	1.1540129	23	8	2
%00002	1.6688723	1.4901379	1.4655293	24	3	2
%00003	3.2981562	3.2516798	4.0867204	25	1	0
%00010	1.3236084	1.2053285	1.4736846	26	7	3
%00011	-0.3750841	-0.3428479	-0.5216306	27	2	0
%00021	-0.2289067	-0.0464214	0.8252090	28	1	1
%00022	0.2722272	0.5818007	1.8594682	29	1	0
%00030*	0.0	0.0	0.0	30	0	1
%00100	1.9710013	1.5270429	1.4667766	31	5	2
%00101	0.6897823	0.3601910	0.2221391	32	1	1
%00102	0.9277824	0.7214552	0.8331393	33	1	0
%00200	2.5816923	2.0488264	2.6446995	34	3	3
%00201	0.9004507	0.5330969	0.6883955	35	2	0
%00301	2.8261014	2.4023359	3.6643559	36	2	0
%01000	2.1427273	1.9170425	1.7340723	37	3	2
%01001	1.2756027	1.1035174	0.9448016	38	3	0

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(continued)

Attributes	$CW(A_1)$ in	$CW(A_{\nu})$ in	$CW(A_{\nu})$ in			
$(A_k)$	probe 1	probe 2	probe 3	k	$N_{\rm trn}$	$N_{\rm tst}$
%01002*	0.0	0.0	0.0	39	0	1
%01100	3.0662712	2.7154404	3.4031325	40	2	0
%01101	0.0948678	-0.0325986	-0.2831004	41	1	0
%02000	2.5561431	2.4553739	2.7232887	42	4	0
%02001	1.1844248	1.2290197	1.0468828	43	1	1
%03001	2.0000821	2.2683842	2.4175066	44	1	2
%03002	0.1732203	0.5569948	0.5184356	45	6	0
%10000	1.3312122	0.0645285	0.1598626	46	1	0

Table 14.2 (continued)

\*Attributes which are absent in the training set. Their correlation weights are zero.

$= 1^{\circ}; CAS = 591$	$= 1^{\circ}$ ; CAS = 591–49–1 DCW = 8.9254121				
A <sub>k</sub>	$CW(A_k)$ in run 1	k			
С	0.5148396	8			
С	0.5148396	8			
=	0.3934758	7			
1	1.0651715	4			
С	0.5148396	8			
С	0.5148396	8			
С	0.5148396	8			
С	0.5148396	8			
С	0.5148396	8			
=	0.3934758	7			
1	1.0651715	4			
%00000	2.4042403	22			

**Table 14.3** An example of the DCW calculation with equation (14.1). SMILES = 'CC = 1CCCCC -1': CAS = 591-49-1 DCW = 8.925/121

An example of calculation of the DCW with correlation weights obtained in the first run of the Monte Carlo optimization is shown in Table 14.3.

Experimental values of the fullerene  $C_{60}$  solubility, values of the DCW for organic solvents under consideration, and the details of partition of the data into the training and test sets are shown in Table 14.4. The considered model is displayed in Figs.14.1 and 14.2, for training and test sets, respectively. The model of the fullerene  $C_{60}$  solubility obtained in the first run of the Monte Carlo method optimization is as follows:

Log(S) = -7.2375(-0.0166) + 0.3492 (-0.0016) DCW (14.3)  

$$n = 92, r^2 = 0.8865, q^2 = 0.8807, s = 0.363, F = 703$$
(training set)  
 $n = 30, r^2 = 0.9069, q^2 = 0.8932, s = 0.399, F = 273$ (test set)

Statistical characteristics of six-parameter model from Ref. 37 are described by the following parameters: n = 122,  $r^2 = 0.892$ , s = 0.366, F = 159.

Carlo optimiz	ation)				
CAS No	Structure	DCW	Expr	Calc	Expr-Calc
	Training set $(n = 92)$				
109-66-0	CCCCC	4.9784383	-6.1	-5.499	-0.601
110-54-3	CCCCCC	5.4932779	-5.1	-5.319	0.219
111-65-9	CCCCCCCC	6.5229571	-5.2	-4.960	-0.240
26635-64-3	CC(C)CCCCC	6.3178616	-5.2	-5.031	-0.169
124-18-5	CCCCCCCCCC	7.5526363	-4.7	-4.600	-0.100
112-40-3	CCCCCCCCCCC	8.5823155	-3.5	-4.241	0.741
493-01-6	C1CCC2CCCC2C1	10.7356227	-3.3	-3.489	0.189
493-02-7	C1CCC2CCCC2C1	10.7356227	-3.5	-3.489	-0.011
137-43-9	BrC1CCCC1	9.2375435	-4.2	-4.012	-0.188
542-18-7	CIC1CCCCC1	9.1370930	-4.1	-4.047	-0.053
108-85-0	BrC1CCCCC1	9.7523831	-3.4	-3.832	0.432
626-62-0	IC1CCCCC1	11.6699043	-2.8	-3.162	0.362
5401-62-7	BrC1CCCC1Br	12.9250753	-2.6	-2.724	0.124
110-83-8	C1 C = C/CCC1	8.5225843	-3.8	-4.261	0.461
108-87-2	CC1CCCCC1	8.1384605	-4.5	-4.396	-0.104
6876-23-9	CC1CCCCC1C	8.6533001	-4.6	-4.216	-0.384
75-09-2	CICCI	6.6209529	-4.6	-4.925	0.325
56-23-5	ClC(Cl)(Cl)Cl	8.6255983	-4.4	-4.225	-0.175
74-95-3	BrCBr	8.2205343	-4.5	-4.367	-0.133
75-25-2	BrC(Br)Br	11.4457436	-3.2	-3.241	0.041
74-88-4	CI	6.9653633	-4.2	-4.805	0.605
74-97-5	BrCCl	7.9180971	-4.2	-4.473	0.273
74-96-4	BrCC	5.5626817	-5.2	-5.295	0.095
75-03-6	CCI	7.4802029	-4.5	-4.625	0.125
79-34-5	ClC(Cl)C(Cl)Cl	9.1404379	-3.1	-4.046	0.946
107-06-2	CICCCI	7.1357925	-5.0	-4.746	-0.254
71-55-6	CC(Cl)(Cl)Cl	7.3654528	-4.7	-4.665	-0.035
540-54-5	CCCCI	5.4622312	-5.6	-5.330	-0.270
107-08-4	CCCI	7.9950425	-4.6	-4.446	-0.154
75-29-6	CC(C)Cl	5.0139056	-5.9	-5.487	-0.413
75-26-3	BrC(C)C	5.2151013	-5.4	-5.416	0.016
75-30-9	CC(C)I	7.7899470	-4.8	-4.517	-0.283
78-87-5	CC(Cl)CCl	6.6977128	-4.9	-4.899	-0.001
142-28-9	CICCCCI	7.6506321	-4.8	-4.566	-0.234
78-75-1	BrC(C)CBr	7.9877709	-4.3	-4.448	0.148
627-31-6	ICCCI	12.0413259	-3.4	-3.033	-0.367
96-11-7	BrC(CBr)CBr	12.4754228	-2.9	-2.881	-0.019
96-18-4	ClCC(Cl)CCl	9.2883552	-4.0	-3.994	-0.006
513-36-0	CC(C)CCl	5.5287452	-5.4	-5.307	-0.093
513-38-2	CC(C)CI	8.3047866	-4.3	-4.337	0.037
507-19-7	BrC(C)(C)C	6.3867400	-5.0	-5.007	0.007
540-49-8	$Br \setminus C = CBr$	10.1711675	-3.7	-3.686	-0.014
127-18-4	Cl/C(Cl) = C(/Cl)Cl	9.5025711	-3.8	-3.919	0.119
513-37-1	C/C(C) = CCl	6.4277086	-4.5	-4.993	0.493
71-43-2	clccccc1	9.6541241	-4.0	-3.866	-0.134
95-47-6	Cc1ccccc1C	10.6838033	-2.9	-3.507	0.607
108-38-3	Cc1cccc(C)c1	10.4787078	-3.3	-3.578	0.278
526-73-8	Cclcccc(C)clC	10.9935474	-3.1	-3.399	0.299
95-63-6	Cc1cc(C)c(C)cc1	11.3008729	-2.5	-3.291	0.791
			2.0		

**Table 14.4** Experimental and calculated values of the fullerene  $C_{60}$  solubility (run 1 of the Monte<br/>Carlo optimization)

(continued)

Table 14.4 (	continued)				
CAS No	Structure	DCW	Expr	Calc	Expr-Calc
	Training set $(n = 92)$				
108-67-8	Cc1cc(C)cc(C)c1	11.3008729	-3.5	-3.291	-0.209
527-53-7	Cc1cc(C)c(C)c(C)c1	13.8637954	-2.4	-2.396	-0.004
119-64-2	c1ccc2CCCCc2c1	12.7661259	-2.5	-2.780	0.280
103-65-1	CCCc1ccccc1	11.1986429	-3.5	-3.327	-0.173
98-82-8	CC(C)c1ccccc1	10.9935474	-3.6	-3.399	-0.201
104-51-8	CCCCc1ccccc1	11.7134825	-3.4	-3.147	-0.253
98-06-6	CC(C)(C)c1ccccc1	11.8157125	-3.7	-3.111	-0.589
462-06-6	Fc1cccc1	8.9466991	-4.1	-4.113	0.013
108-90-7	Clc1ccccc1	11.1675962	-3.0	-3.338	0.338
108-86-1	Brc1ccccc1	11.7828863	-3.3	-3.123	-0.177
95-50-1	Clc1cccc1Cl	13.3559971	-2.4	-2.574	0.174
108-36-1	Brc1cccc(Br)c1	13.6931359	-2.6	-2.456	-0.144
694-80-4	Clc1ccccc1Br	14.6531413	-2.4	-2.121	-0.279
108-37-2	Clc1cc(Br)ccc1	12.1005369	-3.0	-3.012	0.012
120-82-1	Cl/C/1 = C/C(Cl)C(Cl)C	13.3374097	-2.8	-2.580	-0.220
120 02 1	= C1	101007 1077	2.0	21000	0.220
100-42-5	C = Cc1ccccc1	11.0772791	-3.2	-3.369	0.169
98-95-3	[O-][N+](=O)c1ccccc1	9.5468209	-3.9	-3.904	0.004
100-47-0	N#Cc1ccccc1	8.7129379	-4.2	-4.195	-0.005
100-66-3	COc1ccccc1	9.6377290	-3.1	-3.872	0.772
100-52-7	O = Cc1cccc1	10.0312048	-4.2	-3.735	-0.465
103-71-9	O = C = N/c1cccc1	11.5546296	-3.4	-3.203	-0.197
99-08-1	O = [N+]([O-])	10.9815934	-3.4	-3.403	0.003
	clcccc(C)c1				
108-98-5	Sc1ccccc1	10.1949540	-3.0	-3.677	0.677
100-39-0	BrCc1ccccc1	12.2977259	-3.1	-2.943	-0.157
30583-33-6	ClC(Cl)(Cl)c1ccccc1	14.1004970	-3.0	-2.314	-0.686
90-12-0	Cc2cccc1ccccc12	14.6346343	-2.2	-2.127	-0.073
28804-88-8	Cc1c2cccc2ccc1C	15.1494739	-2.1	-1.947	-0.153
605-02-7	c1cc(c2cccc2c1)c3ccccc3	15.2772660	-1.9	-1.903	0.003
64-17-5	CCO	2.9026848	-7.1	-6.224	-0.876
71-36-3	CCCCO	3.9323640	-5.9	-5.864	-0.036
71-41-0	CCCCCO	4.4472036	-5.3	-5.685	0.385
67-64-1	CC(C) = O	2.5311067	-7.0	-6.354	-0.646
68-12-2	CN(C)C = O	3.6767270	-5.3	-5.954	0.654
110-01-0	C1CCCS1	7.1347716	-5.4	-4.746	-0.654
110-02-1	c1cccs1	9.8461083	-4.4	-3.799	-0.601
554-14-3	Cc1cccs1	10.3609479	-3.0	-3.619	0.619
872-50-4	O = C1CCCN1C	8.1166427	-3.9	-4.403	0.503
110-86-1	c1ccccn1	8.6274957	-4.0	-4.225	0.225
91-22-5	c1cccc2cccnc12	13.0931663	-2.9	-2.665	-0.235
62-53-3	Nc1ccccc1	10.7997444	-3.9	-3.466	-0.434
100-61-8	CNc1ccccc1	11.3145840	-3.8	-3.286	-0.514
121-69-7	CN(C)c1ccccc1	11.6243281	-3.2	-3.178	-0.022
4904-61-4	C1C = C/CCC =	13.4095487	-2.7	-2.555	-0.145
	C/CC/C = CC1				
	Test set, $n = 30$				
629-59-4	CCCCCCCCCCCCC	9.6119947	-4.3	-3.881	-0.419
110-82-7	C1CCCCC1	7.6236209	-5.3	-4.575	-0.725
-					

Table 14.4 (continued)

(continued)

CAS No	Structure	DCW	Expr	Calc	Expr-Calc
	Training set $(n = 92)$				
591-49-1	CC = 1CCCCC = 1	8.9254121	-3.8	-4.121	0.321
2207-01-4	CC1CCCCC1C	8.6533001	-4.6	-4.216	-0.384
1678-91-7	CCC1CCCCC1	8.6533001	-4.3	-4.216	-0.084
67-66-3	ClC(Cl)Cl	8.2586760	-4.8	-4.354	-0.446
106-93-4	BrCCBr	8.7353739	-4.2	-4.187	-0.013
106-94-5	BrCCC	6.0775213	-5.2	-5.115	-0.085
109-64-8	BrCCCBr	9.2502135	-4.2	-4.007	-0.193
78-77-3	CC(C)CBr	5.7299409	-4.9	-5.237	0.337
507-20-0	$CC(C)(C)Cl^*$	4.6719415	-5.7	-5.606	-0.094
558-17-8	CC(C)(C)I	8.6121121	-4.4	-4.230	-0.170
79-01-6	Cl/C = C(/Cl)Cl	9.6724790	-3.8	-3.860	0.060
108-88-3	Cc1ccccc1	10.1689637	-3.4	-3.686	0.286
106-42-3	Cc1ccc(C)cc1	10.4787078	-3.3	-3.578	0.278
488-23-3	Cc1ccc(C)c(C)c1C	11.8157125	-2.9	-3.111	0.211
100-41-4	CCc1ccccc1	10.6838033	-3.4	-3.507	0.107
135-98-8	CCC(C)c1ccccc1	11.5083870	-3.6	-3.219	-0.381
591-50-4	Ic1cccc1	13.7004075	-3.5	-2.453	-1.047
541-73-1	Clc1cccc(Cl)c1	12.4030778	-3.4	-2.906	-0.494
583-53-9	Brc1ccccc1Br	14.9555785	-2.6	-2.015	-0.585
88-72-2	O = [N+]([O-])c1cccc1C	10.0616605	-3.4	-3.724	0.324
100-44-7	ClCc1ccccc1	11.6824358	-3.4	-3.158	-0.242
90-13-1	Clc2cccc1ccccc12	15.6332668	-2.0	-1.778	-0.222
2586-62-1	Cc2ccc1cccc1c2Br	16.7633965	-2.1	-1.384	-0.716
71-23-8	CCCO	3.4175244	-6.4	-6.044	-0.356
111-27-3	CCCCCCO	4.9620432	-5.1	-5.505	0.405
111-87-5	CCCCCCCCO	5.9917224	-5.0	-5.145	0.145
107-13-1	C = CC#N	2.8862091	-6.4	-6.230	-0.170
111-96-6	COCCOCCOC*	4.7372292	-5.2	-5.583	0.383

Table 14.4 (continued)

\*SMILES with attributes absent in the training set, these attributes have CW = 0.0.

Different statistical characteristics of the model for the fullerene C<sub>60</sub> solubility are obtained without of the global SMILES attributes. Their values are as follows: n = 92,  $R^2 = 0.8613$ ,  $Q^2 = 0.8538$ , s = 0.401, F = 559 (training set); n = 30,  $R^2 = 0.8900$ ,  $R^2_{\text{pred}} = 0.8742$ , s = 0.436, F = 227 (test set).

It is to be noted that in fact the optimal descriptors examined in the present study are topological characteristics. In other words, no information, except the topology of solvent molecules and experimental values of the fullerene  $C_{60}$  solubility, has been used.

In order to gain an understanding of which fragments of the studied solvents contributed significantly to solubility of  $C_{60}$  we reviewed the details of all the SMILES attributes. For example, triple bond (symbol – #) is very rare in occurrence in training set (only one time). Thus, this attribute is uninformative, although has large negative contribution to solubility (promoter of solubility lowering). Branching – "(", is a stable promoter of solubility improvement. A cycle ("1" – one cycle and "2" – two

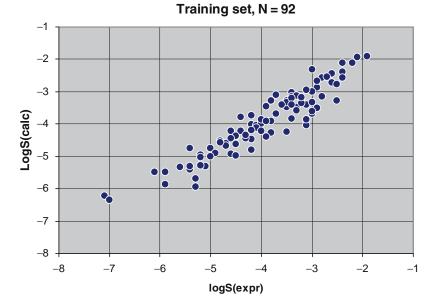


Fig. 14.1 A plot of experimental versus calculated (with equation (14.3)) values of fullerene solubility for the training set

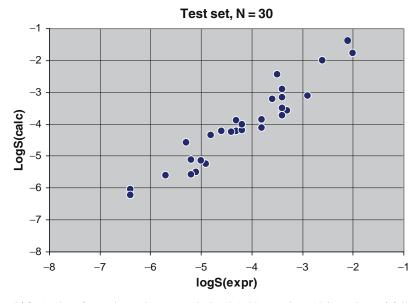


Fig. 14.2 A plot of experimental versus calculated (with equation (14.3)) values of fullerene solubility for the test set

cycles), promotes the solubility improvement, whereas "3" cycles – has negative effect on solubility, but appears only two times in the training set. Double bond – " = ", is a promoter of solubility improvement and its occurrence in the training set is very frequent. Attributes "Br", "Cl", "F", "T", "O", "N", and "S" have the positive contribution to the solubility, i.e., improve solubility, but "N" in sp2 hybridization has not clear effect. It has both contributions – positive and negative. In the case of global attributes, global attribute where there are no "F", "Cl", "Br", "O", and "("groups – it increases solubility. The presence of only "("group, branching, also increases solubility. In addition, the presence of "Br" in global attributes promotes solubility. It should be noticed that the value of global attributes needs to be estimated from two points of view. First, a stability of effect (+ or –) and second – number of occurrences in the training set should be considered. From this point of view, the global attribute %03002 (3 and more "Cl" groups and "2" – two branches in skeleton) – has no obvious contribution to solubility. The obtained contributions provide an "unstable" solution that in the some cases increases solubility, but in other cases decreases it.

The above analysis provides better understanding of a complex phenomenon related to solubility of  $C_{60}$  in various organic solvents. We believe that similar dependences are also valid for different types of fullerenes.

#### 14.8 Conclusions

This comprehensive study establishes basis for further modeling of nanomaterials using SMILES-based approach. In particular, we conclude that:

- 1. SMILES-based optimal descriptors can be utilized as a tool for prediction of the fullerene  $C_{60}$  solubility.
- 2. Correlation weights of the global SMILES invariants improve statistical quality of the fullerene  $C_{60}$  solubility model for both the training and the test set.

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# Chapter 15 Functionalized Nanomaterials to Sense Toxins/Pollutant Gases Using Perturbed Microwave Resonant Cavities

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**Abstract** This chapter provides an overview of the techniques and methods involving electromagnetic resonators to study the interactions of gas molecules with nanomaterials substrates. A resonant cavity operating in  $TE_{011}$  mode was employed by the author(s) to characterize the nature of interactions of a range of weakly polar to nonpolar gas molecules with carbon nanotubes loaded in the cavity. Microwave resonant cavities are special electromagnetic resonators that can have a very high quality factor, which enhances the sensitivity of the apparatus as compared to standard electrical tank circuits. By measuring shifts in the resonant peaks, the technique developed offers a highly effective means to quantify the amount of foreign agents perturbing these resonant cylinders. By functionalizing the nanomaterials with specific antibodies and loading them as wicks in these cylinders, the technique can be engineered into a very sensitive and unique chemical and biological sensor prototype.

**Keywords** Carbon nanotubes, chemical and biological sensors, microwave resonance, resonant cavities

#### 15.1 Introduction

Resonant cavities are well-known, highly sensitive devices that have been used to make measurements of fundamental properties of matter in all its phases (Hong, 1974). A resonant cavity can be considered to be multiple inductor capacitor resistance

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(LCR) circuits connected in parallel. In this chapter, we present an overview of the study done to quantify the nature of interactions of the gas molecules with the nanomaterials that act as loads in these resonant cavities. The microwave spectral response of these cavities containing different gases possessing different indices of refraction provide encyclopedic signatures of interactions of these gases in a complex dielectric medium. The cavities were loaded with different types of materials (carbon-based, silica gel, and cotton fibers). Upon energizing the cavities in their fundamental modes, a non-destructive study was performed to investigate the perturbation response of the load with several different gases. The frequency range of 9.1–9.8 GHz was used in the experiment to study the changes in the dielectric properties of the load due to the gases as well as to quantify the nature of absorption/adsorption of these gases by the nanomaterials loaded in the resonant cavities. The fact that different substrate materials interact differently with select gases enabled the study to provide information on the effect of various forces such as van der Waals (VdW) and other exchange forces that have significant contribu-

#### 15.2 Brief Electromagnetic Theory of Microwave Resonant Cavities

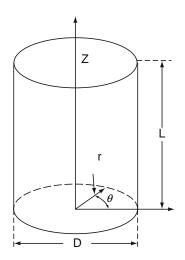
tions in the interaction behavior of gaseous molecules with the substrates.

Waveguides and cavities offer an efficient method of transferring electrical energy into special media by varying electromagnetic fields, either in free space or in a contained environment. Extensive experimental, as well as theoretical, studies have been done in the past using various geometries and materials loading electromagnetic devices. Transmission lines, waveguides, and cylindrical and spherical resonators have found many applications in industries today (Harvey, 1963). These devices are highly efficient in storing energies with minimal losses, depending upon the materials used to construct them. Skin depth and Ohmic losses are two major factors in considering the leakage of the fields (Air Force manual Radar Circuit Analysis, 1950). In order to properly design electromagnetic devices solutions of Maxwell's electromagnetic wave equations with appropriate boundary conditions within these devices must be used.

The experiment in this discussion employed a cylindrical resonant cavity, which is formed by closing the ends of a cylindrical waveguide with conducting plates on its ends as shown in Fig. 15.1 (Montgomery, 1947).

A cylindrical microwave resonant cavity can be considered to be N LCR circuits arranged in parallel, where N tends to infinity. The cavity is constructed by  $\lambda/4$  sections of such circuits as described in the Air Force manual Radar Circuit Analysis (1950).

In cylindrical resonant cavities there exist Electric (E) and Magnetic (B) fields orthogonal to each other. Eigenvalue solutions of the wave equation subjected to proper boundary conditions are called the modes of resonance and are labeled as either transverse electric ( $\text{TE}_{lmn}$ ) or transverse magnetic ( $\text{TM}_{lmn}$ ). The subscripts l,m,n define the patterns of the fields along the circumference and the axis of the cylinder. Formally, these l,m,n values are the number of full-period variations of  $E_r$ 



**Fig. 15.1** A sketch of a cylindrical geometry coordinate system for a cylindrical resonant cavity. The dimensions are determined by the range of frequencies to be used in the studies

with respect to  $\theta$ , number of half-period variations of  $E_{\theta}$  with respect to r, and number of half-period variations of  $E_{r}$  with respect to the *z*-axis, respectively (Montgomery, 1947). In this investigation, the cylinder was tuned to oscillate in its fundamental TE<sub>011</sub> mode. This convention will be used for future references in this work for the purpose of discussions.

The resonant cavities are tuned with a shorting plunger in order to obtain a selective mode frequency. The cylinders were coated with silver in order to minimize losses due to stray fields and other ohmic losses. Very high quality factor of around 20,000 can be obtained. Due to such high quality factors, the resonant devices are very sensitive to perturbation response when loaded with any external medium. Depending upon the permittivity, as well as permeability of the sample, the response of these resonant cavities will have a shift in their resonant frequencies as well as changes in their quality factors. Whenever the samples are loaded in the intense electric field of the cavity, Slater's perturbation theory (Slater, 1941) states that the shift in the resonant frequencies and change in the Q values of the resonator can then be expressed by Equations (15.1) and (15.2), respectively, as given below

$$\frac{\delta f}{f_r} \approx -\frac{(\varepsilon'-1)}{2} \frac{\int_{\Delta v} \vec{E} * \vec{E^*} dv}{\int_{V} \vec{E} * \vec{E^*} dV}$$
(15.1)

where  $\delta f$  is the shift from the resonant frequency,  $\varepsilon'$  is the real part of the dielectric constant, dv is the volume of the sample perturbing the cavity, and dV is the cavity volume, and

$$\Delta\left(\frac{1}{Q}\right) = \varepsilon'' \frac{\int_{\Delta v} \vec{E} * \vec{E}^* dv}{\int_{V} \vec{E} * \vec{E}^* dV}$$
(15.2)

where  $\varepsilon''$  is the imaginary part of the dielectric constant and Q is the quality factor of the resonator.

The above two equations then tells us that by measuring the amount of shift in the resonant frequency and by quantifying the amount of change in the quality factor of these resonators, it is possible to determine the nature and amount of material loading the cavities. Under no load conditions the resonant frequency is scaled by the dielectric constant of free space/air or vacuum depending upon the pressure conditions of these resonators. It is only when a medium with a dielectric constant ( $\varepsilon'$ ) different from free space is introduced within the cavity that the natural resonant frequency gets scaled as defined by equation (15.1). Also, the quality factor, which is a measurable quantity of the imaginary part of the dielectric behavior of the material, is a measure of loss. Hence, the entire concept of measuring any deviation from the unperturbed state of the medium is thus obtained from these two measurable quantities.

# **15.3** Can We Use This Information to Make Sensor to Detect Toxins?

In order to show how the properties of the cavity can be used to develop a chemical/biological sensor, the nature of sensor needs to be outlined. What is a sensor? In simplistic terms, it is a device that is equipped with proper electronics to quantify changes in a given state of a system. It may be an accelerometer of an automobile, emission gas temperature of a jetliner, environment, bio-metabolism of living bodies, space storms, etc. What is required is a way to detect subtle "**changes**."

The sensors must determine and quantify these changes and specify the nature of change and transmit or store information in a logical manner for proper countermeasures. An efficient and a reliable detector of a person wearing cologne or perfume is the nose. Can an electronic device be designed to mimic this property?

The natural diffusion of those aromatic compounds and essential oils quickly is detected. What is not observed is the diffusion phenomenon of Brownian motion. The ability to be able to determine which brand of cologne or perfume fragrance is in the immediate environment and how widely it is spread is not easy to be achieved. When a device is able to respond to these fundamental events of change, and is able to signaturize them, the information retrieved is what basically constitutes a sensor response.

Similarly, when the electromagnetic signals that constitute a set of orthogonally coupled Electric ( $\mathbf{E}$ ) and Magnetic field ( $\mathbf{B}$ ) vectors are introduced inside a geometrical boundary, which in the case in a cylindrical resonant cavity, electrodynamics comes into the play. Solutions to the Maxwell's equations according to the

appropriate boundary conditions then define the nature of oscillations, resonance, and any impedance losses within these cylinders. By being able to tune these resonant cavities to operate in a specific mode, we are then able to define the natural state of resonance in a particular dominant mode, which can be either electric or magnetic. The experiment described below demonstrates some unique and selective results with the resonant cavities.

#### **15.4** The Experiment

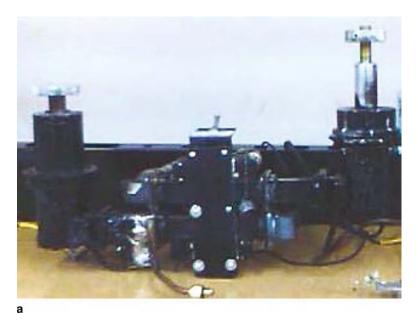
## 15.4.1 Experimental Setup and Sensitivity of the Apparatus

Figure 15.2a shows two tunable cylindrical resonant cavities that were phase-locked to each other for this investigation. These two cavities were maintained under high vacuum conditions in order to avoid any contamination from the environment. In this experimental setup an empirical study was made to observe and characterize the nature of interactions of various gases, both weakly polar as well as nonpolar gases, with the various substrates (S1–S5) as listed in Table 15.1. The two resonant cavities shown in Fig. 15.2a served the purpose of making comparative studies. A cavity containing no load was used as the reference cavity to characterize the nature of perturbation response of only the gas molecules, whereas, on the other hand, the second cavity was loaded with different substrates (S1–S5) progressively and the same gases were cycled through them. Six different experiments were made to characterize the responses of the cavities when gases were cycled through them.

The microwave source used in this study was a microwave network analyzer model IFR 6845 shown in Fig. 15.2b (Microwave network analyzer). Integrated into this single instrument is a synthesized source, a three-input scalar analyzer, and a synthesized spectrum analyzer. Complete engineering details of this equipment is beyond the scope of this document, but the basic function of this instrument is to generate a constant

	Various substrates in amorphous as well as fibrous forms loaded	
Labeled	for each experiment	Form/shape/properties
S1	Untreated single-walled carbon nanotubes (SWCNT)	Amorphous powder, chirality (7.5 and 6.5) semiconducting mixed with conducting
S2	Thermally treated nanotubes	Just as S1
S3	Activated charcoal	Granular crystals
S4	Silica gel	Amorphous granules
S5	Cotton fibers	Cotton medical grade

**Table 15.1** Various substrates that served as gas absorbers that were loaded in the test cavity shown in Fig. 15.2a



**Fig. 15.2a** Two tunable vacuum tight cylindrical resonant cavities that were phase-locked and their impedance were matched using the impedance tuning coil. The plungers seen on the top were to aid us in tuning these cylinders to resonate in  $TE_{011}$  mode (*See Color Plates*)

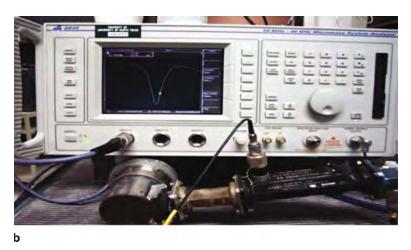


Fig. 15.2b IFR6845 series microwave network analyzer used as the synthesized source to generate and feed the microwaves into the resonant cavities (*See Color Plates*)

(CW) output of microwaves capable of sweeping 10MHz to 47 GHz. Depending upon the physical dimensions of the resonator and their coupling with the source, this spectrum analyzer can operate to detect the microwave absorption profile of the resonator either in the reflection or in the transmission mode. In this work the frequency range used to sweep the resonator was between 9.1 and 9.8 GHz. The synthesized source has low phase noise and 1 Hz frequency resolution. The crystal detector used to detect the absorption profile usually produces an output current such that the current–voltage characteristic is represented by  $I \alpha V^2$ . The output power can be approximately related to the square of the input power; hence, a small power that is input into the cavity containing some load will produce a relatively large change in the output signal. This engineering principle made it relatively simple to study the effects of both low and high concentrations of gases absorbed onto the substrate.

The test cavity loaded with substrates as labeled below and the reference cavity that was void of any substrate were then completely degassed and a vacuum was maintained around the order of  $10^{-5}$  Torr. During individual experimental runs, fixed pressures of gases (carbon monoxide, carbon dioxide, oxygen, hydrogen, freon-13, fluorine, chlorine, and ammonia) were progressively cycled through the two resonators, and their dielectric response in both test and reference cavities was collected for spectroscopic investigation.

From the response of each substrate it is thus possible to calculate the electric displacement density  $(\mathbf{D})$  due to the polarization of the material when subjected to  $\mathbf{E}$  vector.

Even though the presence of a dielectric material in an Electric ( $\mathbf{E}$ ) field involves phenomenon at the atomic scale, it is possible to represent the overall macroscopic effect from equations (15.1) and (15.3).

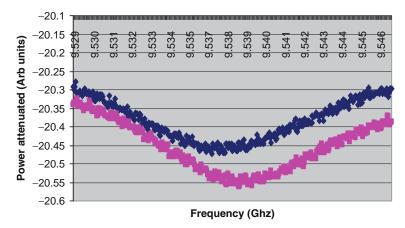
$$D = \varepsilon_o \left( 1 + \frac{P}{\varepsilon_o E} \right) E$$
  
=  $\varepsilon_o \varepsilon_r E$  (15.3)

where *D* is the electric displacement and *P* is the polarization of the material,  $\varepsilon_r$  is the relative dielectric constant of the material whose real and imaginary parts can be found by simply measuring the shift in the frequency and changes in the full width of the profile at half power maximum (full width half maximum [FWHM]) by using equations (15.1) and (15.2), respectively.

Thus, it is shown how experimentally these signature changes in the spectroscopic profile of the medium tell us about the scalability of the resonance with the amount of dielectric material introduced into it.

Hence, by using the above design it is possible to sensitively (parts per million – few parts per billion) detect any changes in the resonators unperturbed response (Fig. 15.3). The remaining task is to find specificity in these changes. These changes can be due to any foreign material; until we are able to specify what material, the sole purpose of the sensor remains half complete. The next phase of the experiment is to find out how to eliminate the role of the vacuum only and to introduce chemical selectivity of the resonator for a specific toxin.

It was found that for different pressures of different gases and different types of nanomaterials, there were different responses in the shifts of the probe signal for each cycle of gassing and degassing of the cavity. This preliminary work suggests



**Fig. 15.3** A typical frequency response curve obtained due to the introduction of air into the resonant cavities. Shown above in pink is a typical absorption profile of the resonator under vacuum, and in blue is the shift of the resonant frequency to a lower value upon introducing air into the system (*See Color Plates*)

that microwave spectroscopy of the complex medium of gases and carbon nanotubes can be used as a highly sensitive technique in studying the complex dielectric response of different polar as well as nonpolar gases when subjected to intense electromagnetic fields within the cavity. In order to introduce the specificity of this prototype, defining the role of carbon nanotubes is imperative. Through experimental runs performed, it was determined that of all the substrates (S1-S5), carbon nanotubes show selective molecular sieving for specific gases. The results of these investigations recorded elsewhere (Anand et al., 2005; Anand, 2007) indicate that due to huge surface area to mass ratio of these novel materials, nanotubes have demonstrated excellent adsorption properties. It was interesting to note that the resonant cavities without any substrates loaded, showed no or very little response of adsorption due to surface adhesion of molecules on their walls, whereas, the cavities with very little amounts of substrates, showed significant adsorption of gas upon cycling. Out of all the substrates, single-walled carbon nanotubes showed maximum adsorption for all the gases and the amount of adsorption of these nanotubes were different for different gases.

# 15.4.2 Specificity That Completes the Functionality of Sensing

The resonant cavities discussed in section 15.4.1 demonstrated their sensitivity for any foreign agents introduced into them. The cavity that holds no substrates acts as a reference device which is subjected to the same conditions as the test cavity containing chemically functionalized nanotubes in it. When subjected to a certain toxin, which has a high degree of reactivity towards the functionalized nanomaterial the result will be a specific by-product with a certain degree of polarizability

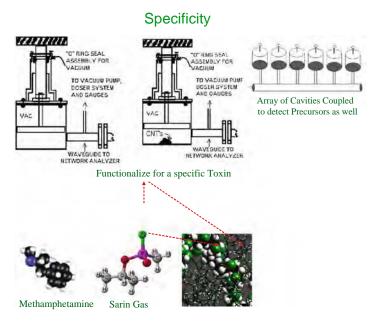


Fig. 15.4 Functionality of the prototype for specific detection (See Color Plates)

and dielectric response. This by-product response will be absent in the reference cavity. Thus, by measuring the resolution of shift in the frequencies of both (test and reference) cavities, it is possible to determine the specific toxin that invaded the boundaries of the prototype. The algorithmic procedure of detection capabilities of this prototype is shown in the schematic form in Fig. 15.4.

Figure 15.4 shows the loading and cycling of the samples when the resonant cavities with and without chemically functionalized sniffing wick get perturbed with the foreign agent. Both cavities show different responses to the dielectric medium. Designate the reference cavity (CR) and test cavity with functionalized nanotubes (CTFN) in their natural resonance having frequency  $F_{ocr}$  and  $F_{octfn}$  subjected to Toxin X.

In the procedure  $F_{ocr}$  is scaled due to the new dielectric material of X and this frequency is  $F_{1cr}$ . From this  $\Delta F_{cr}$  is given by:

$$\Delta F_{\rm cr} = F_{\rm ocr} - F_{\rm lcr} \tag{15.4}$$

Similarly, when CTFN is perturbed with the same Toxin *X*, simultaneously, there is a chemical change in the environment of the CTFN, but not in CR.

Where X + functionalized bonds on nanotubes produces a by-product Y inside CTFN. The new Y will scale the frequency of CTFN due to its own dielectric properties resulting in a new frequency designated as  $F_{vctfn}$ . The resultant  $\Delta F_{ctfn}$  is then given by:

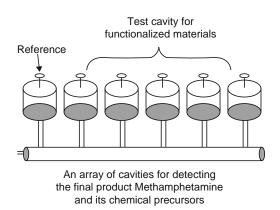
$$\Delta F_{\rm ctfn} = F_{\rm octfn} - F_{\rm yctfn} \tag{15.5}$$

The ratio of equations 15.4 and 15.5 is basically the resultant response, which is specific to the nature of the perturber, implying:

$$\frac{\Delta f_{\rm cr}}{\Delta f_{\rm ctfn}} \to X \tag{15.6}$$

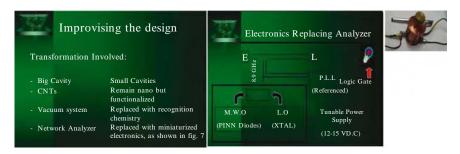
Similarly, when arrays of these test resonant cavities loaded with functionalized wicks for various toxins are phase-locked to the reference cavity as shown in Fig. 15.5 they can act as detectors for targeting various toxins as well as their precursors through an array of suitably tuned cavities with specifically functionalized nanotubes. By using the approach as demonstrated in this document, it has been shown that the apparatus can be used to successfully detect low levels of toxin vapors associated with the drug "Methamphetamine," in a laboratory-controlled environment. Some of the results of this study are highly sensitive in nature and are not reported in this document. These results can be obtained by other avenues.

Besides the two main characteristics of sensitivity as well as specificity of a sensor, the industrial, military, and other standards demand the device to be portable, economical, autonomous, and power efficient. In order to address some of these characteristics, the authors in their respective laboratories have been working on improving the design of the prototype, as shown in Figs. 15.6 and 15.7, respectively. The necessary electronics consisting of local oscillators, beat oscillators, smaller cavities, mixers, and phase-locking loops have been assembled in prototypes. As of this date the device needs further evaluation in an operational environment to establish a set of encyclopedic data and for comparison with unknown toxins.



**Fig. 15.5** Arrays of cavities phase-locked to the reference cavity and loaded with functionalized wicks to specifically determine the toxin and its precursors

#### 15 Functionalized Nanomaterials to Sense Toxins/Pollutant Gases



**Fig. 15.6 (left) and 15.7 (right)** The figures shown above describe the necessary steps taken to introduce portability into the sensor prototype. Shown on the right is the schematic involved in phase-locking the empty (E) and the loaded (L) cavity energized with a 12 V DC current-driven microwave diode. A typical electromagnetic mixer circuit has also been developed. The cavity shown at the far right is a significantly smaller than the test cavity and is comparable to today's cellular phones (*See Color Plates*)

# 15.5 Conclusion

The results described in this chapter provide an overview of the experimental investigation of gas interactions with carbon nanotubes inside a resonant cavity. An innovative concept of a chemical and biological sensor prototype has also been described. Using the principle of selective functionalization of carbon nanotubes, the scalability of this prototype can be extended to demonstrate sensing in military and chemical and biological industries to detect lethal, less lethal, and other industrial gases. The sensor industry is a multi-billion dollar industry world-wide and sensors have been researched for over a century. Investigators in many nations are working on sensor concepts to develop a "fool-proof" design of sensors/actuators to reduce false-positives in its operations. It is beyond the scope of this document to list all the types of sensor researches that have been done, but with the advancement in nanotechnology and development of novel nanomaterials, there exist several references in the literature (Anand, 2007; Rosa et al., 2004; Poncharal et al., 1999; Babic et al., 2003; Reulet et al., 2000; Zhao, 2001; Ye et al., 1999; Weber et al., 2000; Torrens, 2004; Insepov et al., 2006) that involve the application of nanomaterials to develop various kinds of sensors to detect toxins. It is proposed that with the further development of nanotechnology, and advancement in antibody research, there will be advancement in functionalization chemistry, which can be incorporated in sensor design to develop products with wide applications.

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# **Chapter 16 Cellular Nanotubes: Membrane Channels for Intercellular Communication**

Raquel Negrão Carvalho and Hans-Hermann Gerdes\*

**Abstract** Cells of living organism communicate in many different ways with their neighbor cells. This is accomplished by, for example, the secretion of signaling molecules or the formation of proteinaceous pores, referred to as gap junctions, between physically attached cells. In addition to these long-known communication routes, a novel mechanism was discovered recently based on de novo formation of membrane nanotubes, which facilitate the delivery of biological molecules and organelles between cells. Interestingly, chemists have been developing artificial carbon-based nanostructures with a similar architecture for communication with cells and delivery of clinically interesting drugs. Along with every new developed technology involving the use of foreign compounds in biomedical applications, concerns emerge on the biocompatibility and toxicity at the cellular level. This is particularly true for nano-sized materials, whose effects are yet to be thoroughly determined *in vivo*. Biocompatibilization of synthetic compounds may be done more efficiently if naturally occurring structures are taken as models.

Keywords Tunneling nanotube, TNT, cellular communication, intercellular transport

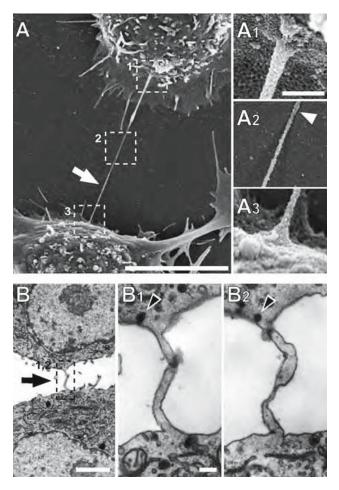
Abbreviations CNT, Carbon nanotube; F-actin, Filamentous actin; TNT, Tunneling nanotube

# 16.1 Structure and Formation of Tunneling Nanotubes

Tunneling nanotubes (TNTs) were first described in cultured rat pheochromocytoma PC12 cells as thin continuous membranous channels that span the shortest distance between connected cells (Fig. 16.1) (Rustom et al., 2004). They have a diameter between 25 and 200 nm, a length up to several tens of micrometers, and they are extended above the substratum and not in contact with it (reviewed in Gerdes et al.

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**Fig. 16.1** Ultrastructure of tunneling nanotubes (TNTs). (A) Scanning electron microscopic (SEM) or (B) transmission electron microscopic (TEM) image of a tunneling nanotube connecting two cultured PC12 cells. The boxed areas in (A) and (B) are shown as higher magnification images (insets A1–A3, B1, B2). (B1) and (B2) represent consecutive 80 nm sections, which demonstrate membrane continuity between the connected cells. Bars:  $10\mu$ m (A);  $2\mu$ m (B); 200 nm (insets A1–A3, B1, B2) (Modified from Rustom et al., 2004)

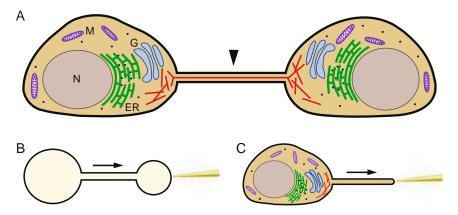
(2007)). Branched TNTs occur occasionally between cultured cells with a typical angle of 120° between the different tubular junctions (Önfelt et al., 2004; Rustom et al., 2004). The interior of TNTs is filled with a bundle of filamentous actin (F-actin) over the entire length of the nanotube (Rustom et al., 2004), while for some cells an additional type of thicker nanotube connectors (with a diameter up to 1 $\mu$ m), containing both F-actin and microtubules, was found (Önfelt et al., 2006). Live-cell imaging has provided the basis for the current proposed mechanisms for de novo formation of TNTs. Frequently, a filopodia-like protrusion from one cell may come into contact with the plasma membrane or a filopodium from another cell, and a

straight membrane tube is formed at the shortest distance between the connected cells. Alternatively, TNTs can emerge when two cells in close contact diverge (Önfelt et al., 2004; Rustom et al., 2004; Gerdes et al., 2007). Since their discovery, diverse intercellular membrane nanotubes have been described for different cell types, and the idea of broad structural and functional heterogeneity for this type of nanotube-mediated cell-to-cell communication is emerging (Gerdes and Carvalho, 2008; Gurke et al., 2008; Davis and Sowinski, 2008).

The discovery of TNTs may end up challenging the established cell theory concept of a cell as the primary unit of life in animals, if future studies can reveal a role of TNTmediated communication in fundamental cellular processes. In the plant kingdom the multicellular organism is already considered the primary unit of life, driven by the role of plasmodesmata, cytoplasmic channels interconnecting plant cells, in processes such as cellular differentiation and development (reviewed in Baluška et al. (2004)).

# 16.2 Artificial Membrane Nanotubes

TNTs are fragile structures, prone to disruption by mechanical stress, chemical fixation, and prolonged light exposure during widefield microscopy (Rustom et al., 2004; Koyanagi et al., 2005; Watkins and Salter, 2005). These characteristics have made it difficult to analyze the molecular composition as well as the physical properties of such singular naturally occurring tubules. Despite these constraints, important information can be obtained from studies on model artificial membrane tubes such as those created by pulling tethers from synthetic lipid vesicles or cellular plasma membrane (Fig. 16.2). The morphology of such tubes resembles that of



**Fig. 16.2** Schematic representation of cellular and artificial membrane nanotubes. (A) Two cells are connected by a tunneling nanotube (arrowhead) containing a bundle of filamentous actin (red line). N (grey), nucleus; M (purple), mitochondrium; ER (green), endoplasmic reticulum; G (blue), Golgi apparatus. (B) Lipid nanotube connecting two lipid vesicles formed by pulling a membrane tether. (C) Membrane tether pulled from the plasma membrane of a cell (*see Color Plates*)

TNTs and it seems reasonable that the same physical laws govern the common shape in both structures. Both TNTs and artificial lipid tethers are straight tubes spanning the shortest distance between two connected points, which hints that this invariable geometry may be energetically favorable. The diameter of a nanotube extracted from membranes is determined by the balance between the bending rigidity and the tension of the membrane, and is typically in the range of 40–400 nm (Karlsson et al., 2001), comparable to TNTs. Similar Y-shaped junctions naturally found in TNTs can be produced artificially by pulling of tethers from lipid vesicles (Karlsson et al., 2002; Lobovkina et al., 2006) and even from straight TNTs (Pontes et al., 2007). Geometrical calculations estimate that this symmetric three-way nanotube junction has the lowest energy (Yin and Yin, 2006).

Formation of membrane tubes by directly pulling tethers from cell membranes requires an initial rise in the force elongation profile, to overcome the increased bending energy of the plasma membrane and the strength of the membrane-cytoskeleton links that need to be disrupted (Li et al., 2002). Alternatively, it was also shown that tubular budding in lipid vesicles can be induced by adding strong anisotropic amphiphilic molecules, which accumulate at the buds and cause a spontaneous curvature and tubular initiation. Under these conditions a direct pulling mechanical force was no longer required (Yamashita et al., 2002). Acquisition of specific proteins that drive membrane curvature has also been associated with tubule formation in vitro (Farsad et al., 2001) and in vivo (Razzaq et al., 2001). In contrast to artificial membrane tethers, TNTs are not hollow cylindrical membrane tubes, but contain bundles of F-actin attached to the cortical actin cytoskeleton. Thus, it is likely that actin polymerization plays a role in the outward pushing of the plasma membrane and nanotube formation in vivo as it is known for the extension of filopodia (Faix and Rottner, 2006). This is also consistent with the observation that the action of molecular motors bound to the bilayer of lipid giant unilamellar vesicles is sufficient to generate membrane tubes (Roux et al., 2002; Koster et al., 2003). In addition, elongation of plasma membrane nanotubes requires a membrane flow from the cell plasma membrane into the growing tube and it is suggested that cells maintain a membrane reservoir (e.g., ruffles, invaginations), controlled by the cytoskeleton, to provide a buffer against membrane tension over several micrometers of tube elongation (Raucher and Sheetz, 1999; Sun et al., 2005). This is also true when nanotubes are formed from lipid bilayer vesicles, where a slight rehydration of the vesicles by increasing the osmotic strength of the aqueous suspension is necessary to provide the bilayer reservoir (Evans et al., 1996).

# 16.3 Tunneling Nanotubes Are Conduits for the Delivery of Molecules

The current knowledge of TNTs points to their main function being in facilitating the unidirectional intercellular transport of biological molecules either by providing a channel for diffusion of small cytoplasmic molecules or by containing the neces-

sary motors for an active transport of membrane containers. Passive diffusion is likely to be the mechanism for the transfer of calcium fluxes observed between dendritic cells and THP-1 monocytes (Watkins and Salter, 2005), but on the other hand, the small molecule calcein with only 400Da could not be seen passing through TNTs between PC12 cells (Rustom et al., 2004). This suggests that the structural heterogeneity of TNTs in different cells may determine the size exclusion limit of the channel or reflect the existence of a gating mechanism for the transfer of specific molecules. Different membrane containers can travel along TNTs and into the connected cell. TNTs were observed to traffic small organelles belonging to the endosomal/lysosomal system between PC12 cells (Rustom et al., 2004), NRK cells (Rustom et al., 2004), immune cells (Önfelt and Davis, 2004) and human prostate cancer cells (Vidulescu et al., 2004), and mitochondria between neonatal rat cardiac myocytes and human endothelial progenitor cells (Koyanagi et al., 2005). The mechanism by which such organelles are shipped along the interior of TNTs, tightly filled with bundles of F-actin, is still unknown, but is likely to be an active process. The presence of the actin-associated motor protein myosin Va inside TNTs (Rustom et al., 2004; Zhu et al., 2005), partially co-localizing with organelles (Rustom et al., 2004), further supports the involvement of an actin-/myosin-driven transport associated with the movement of organelles inside the TNTs. In addition, a slow transfer of several plasma membrane components including membrane proteins and lipid molecules has been described (Rustom et al., 2004; Watkins and Salter, 2005). Diffusion rates of membrane components in TNTs are likely to be lowered by the tight interactions between the membrane and the F-actin. Conversely, pulling tethers from cell membranes uncouples the lipid bilayer from the membrane-associated cytoskeleton and results in higher diffusion rates for integral membrane proteins in the tether than those observed in the plasma membrane (Berk et al., 1992).

Finally, it has been speculated that TNTs could represent a general mechanism for the intercellular spread of pathogens. In this respect, bacteria and retroviruses were seen to attach to the outer membrane and surf along the nanotubes towards connected cells, where they could be internalized (Önfelt et al., 2006; Sherer et al., 2007). Furthermore, the human immunodeficiency virus type 1 (HIV-1) was shown to move within nanotubes to infect connected cells (Sowinski et al., 2008).

## 16.4 **Bio-Inspired Tuning of Carbon Nanotubes**

It is interesting to know how the morphology of man-made carbon nanotubes (CNTs) resembles that of the nature-made TNTs with similar high length to diameter ratios. At the same time, it is evident that the material composite of both structures, lipid membranes in the case of TNTs versus graphitic backbone in the CNTs, is completely different and this determines their properties (Table 16.1) and applications. TNTs have a support of actin filaments enveloped within a tube of lipidic membrane that can easily be disrupted by mechanical and other stress conditions. TNTs are also very flexible and dynamic structures and their lifetime can range

	TNT	CNT
Lifetime	Temporary	Stable
Elasticity	Flexible	Rigid
Strength	Fragile	High mechanical strength
Diameter	25–200 nm	0.4–2 nm (SWCNT)
		1.4-100 nm (MWCNT)
Length	5–100 µm	20-1,000 nm (SWCNT)
		1-several µm (MWCNT)
Conductivity	Ionic	Electrical, thermal
Transport mechanism	Diffusion or active transport	Diffusion or endocytotic
	through tunneling nanotubes	uptake of carbon
		nanotubes

 Table 16.1
 Comparison of major properties of tunneling nanotubes and carbon nanotubes

SWCNT, single-walled carbon nanotube; MWCNT, multiwalled carbon nanotube.

from minutes to hours. During the time of interconnecting a cell pair, TNTs can serve as a pathway for diffusion of ions and small molecules, while bigger molecules or organelles are likely to be transported by an active mechanism. By contrast, CNTs have rigid backbones made of graphite that accounts for their stability and high mechanical strength. In addition, CNTs have singularly high electrical and thermal conductivity properties that can be exploited in therapeutic applications. They are also easily internalized into cells, which is suggested to occur either by diffusion across the lipid bilayer of the cell membrane (Pantarotto et al., 2004) or by endocytosis (Kam et al., 2006). By attachment of interesting molecules to the surface of CNTs, these devices can be efficient transporters *in vivo*. Thus, CNTs are able to translocate nucleic acids and proteins (Kam and Dai, 2005; Kam et al., 2006) as well as drug molecules (Wu et al., 2005) into living cells.

Due to their unique nano-based properties, CNTs are considered as one of the most promising nanomaterials with applications in biomedicine and pharmacology. This includes their exploitation in diagnostics, tissue engineering, and drug delivery. With respect to the latter, the same idea of straight tubular structures interacting with living cells and delivering molecules of interest are behind both CNTs and TNTs. However, the central issue in applying CNTs to living organisms is their biocompatibility. Naked CNTs are hydrophobic and prone to nonspecific adhesion, properties that increase the chance of toxic effects. To overcome these obstacles, researchers have modified the surface of CNTs by introducing non-covalent modifications (Klumpp et al., 2006), to improve the solubility and reduce the associated toxicological responses. Furthermore, concerns on CNT uptake and toxicity have driven studies where biological molecules like proteins (Dutta et al., 2007; Zhang et al., 2007) were used to functionalize the nanomaterial surfaces. Despite the fact that these coatings certainly improved the trafficking and tolerance of CNTs in biological systems, it becomes evident that such modifications have their limits in real biological environments.

In light of these constraints, perhaps the best strategy to further improve the properties of CNTs for medical applications could be to exploit the cellular principles as blueprints. Natural systems use lipid membranes as a universal host matrix, which possess a large number of membrane proteins, receptors, and channels to fulfill the manifold host functions ranging from signal transduction to transport of molecules across the membranes. In this respect, the recently discovered TNTs with their striking similarity to the nano-sized morphology of CNTs could be most instructive in understanding the basic principles of delivery of substances into cells.

Given the fact that the very first encounter of a CNT with a cell is through the cellular plasma membrane and because membrane translocation is such an important step in any drug delivery strategy, one has to consider how and why nature has designed membranes. Cellular membranes are natural barriers that allow the coexistence of several compartments with specific molecules and specific functions inside. They also provide the matrices for a wide number of integral or attached proteins to associate with their substrates or binding partners. In addition, nature has developed versatile environments at the cellular surface that allow molecular recognition events to guide selective internalization of molecules. Most of these membrane features are expected to be present in cellular TNTs. De novo formation of TNTs is accomplished by an outgrowing of cellular extensions in the direction of neighboring cells presumably following a chemo-tactical guidance. Direct contact of the protrusion with the plasma membrane of the neighboring cell is likely to involve recognition of special plasma membrane molecules that precede the final fusion event. Molecular sensing and recognition events by the CNTs are often required if these nanomachines are to be used in biomedical applications. This can be achieved by attachment of molecules that modify and functionalize the CNT surface.

Thus, from a cell biological point of view, it would be most promising to use molecules present in the natural membrane environments of, for example, TNTs for the biocompatibilization of CNTs and their selective recognition at the cellular level. A major breakthrough in this direction has been the demonstration that coating of CNTs with lipid bilayers results in an efficient and biocompatible barrier between the nanotube surface and the surrounding solution (Artyukhin et al., 2005). In addition, lipid molecules in such a structure were able to diffuse along the bilayer plane much like in a normal cell membrane (Artyukhin et al., 2005). As a second major step, it would be interesting to extend this bio-inspired approach by including selected membrane protein receptors on such an artificial system. These should include membrane proteins, which recognize specific cell surface receptors and thus enable CNTs to selectively interact with certain cell types. This could be of great importance for cancer treatment where a selective targeting mechanism for tumor cells is essential to avoid harmful side effects of the therapy on healthy tissue. In this respect, receptor ligand molecules attached to CNTs have already been proven to recognize selectively the respective binding partners of viruses (Zhang et al., 2007) or tumor cells (Kam et al., 2005; McDevitt et al., 2007).

In addition to molecules providing a cell type-specific targeting, extra signaling molecules could be included to direct the CNTs to cellular compartments such as the nucleus or the mitochondrium. The way nature accomplishes the selective intracellular distribution of molecules is by using targeting signals that are recognized at the surface of specific cellular organelles. The use of signal sequences could be extended to intentionally determine the fate of molecules delivered by CNTs. We envision that researchers developing strategies for carbon nanotube-based *in vivo* delivery of nanomedicines can benefit from taking into consideration the physiology and function of existing cellular mechanisms for the selective delivery of molecules. It can be expected that further characterization of the molecular composition and transport machinery inside TNTs will help to elucidate the structure and function of these curious ways of intercellular transport up to the tissue level. Understanding how nature functions will provide the ideas and tools to design smart nanoscaled devices for medical and pharmacological applications.

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# **Color Plates**

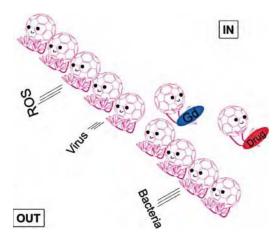


Fig. 1.5 Fullerene's activity

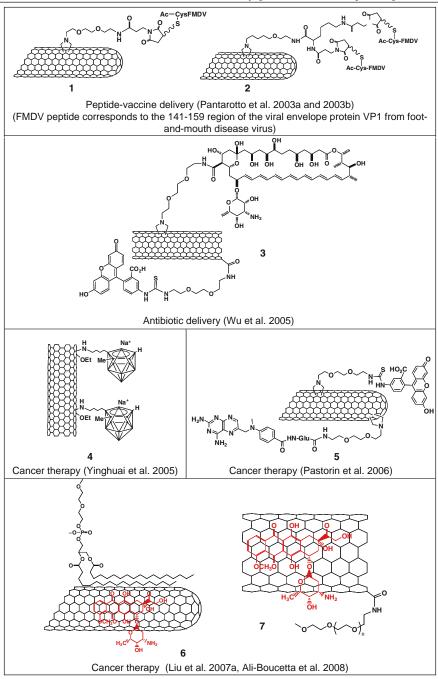


Table 2.1 Structures of carbon nanotubes (CNTs) conjugated to several therapeutic agents

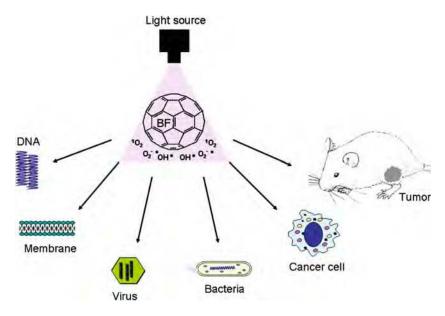
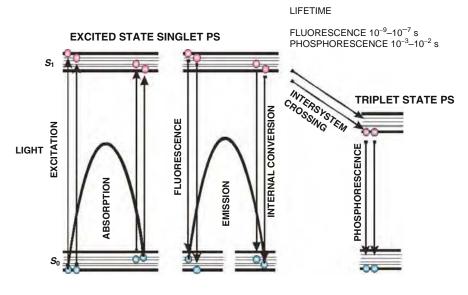


Fig. 4.1 Schematic outline of the possible applications of fullerenes as PDT sensitizers covered in this review



**GROUND STATE SINGLET PS** 

**Fig. 4.3** Jablonsky diagram illustrating absorption of a photon by the ground-state singlet photosensitizer that gives rise to the short-lived excited singlet state. This can lose energy by fluorescence (negligible in case of fullerenes), internal conversion to heat, or by intersystem crossing the long-lived triplet state. The triplet state can undergo photochemistry as shown in Fig. 4.4

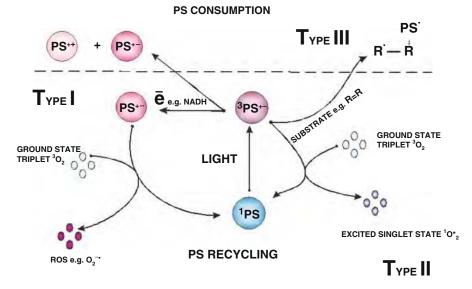


Fig. 4.4 Schematic representation of Type I, Type II, and Type III photochemical mechanisms thought to operate in PDT

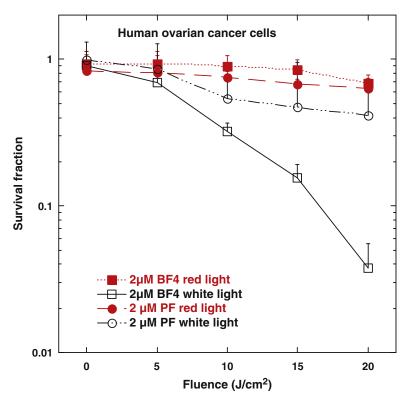


Fig. 4.9 Comparison of PDT-induced killing in human ovarian cancer cells by **BF4** or Photofrin both incubated for 24h at  $2\mu M$  concentration and illuminated with red (630 nm) or white light (400–700 nm)

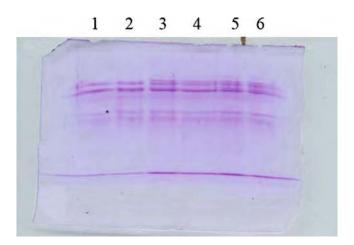


Fig. 5.6 Electrophoresis pattern of proteins of blood serum. Lanes 1-3: intact serum, lanes 4-6 serum after 6h of irradiation

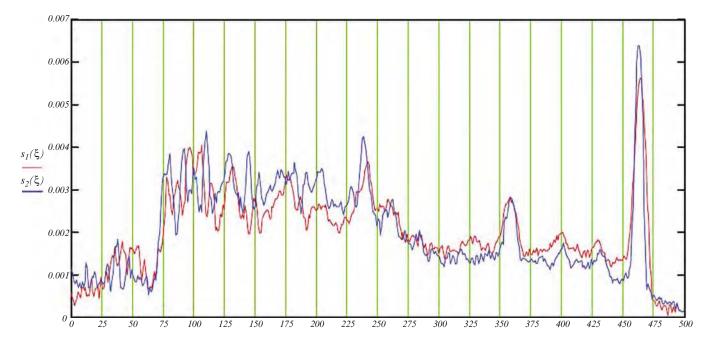


Fig. 5.7 Photometric representation of electrophoresis results. Allantoic fluid before (red) and after (blue) 6h of irradiation

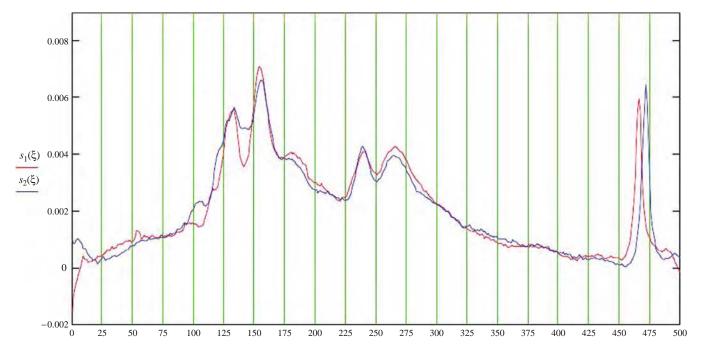


Fig. 5.8 Photometric representation of electrophoresis results. Blood serum before (red) and after (blue) 6h of irradiation

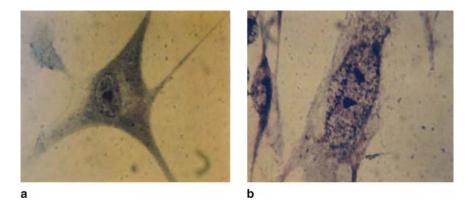
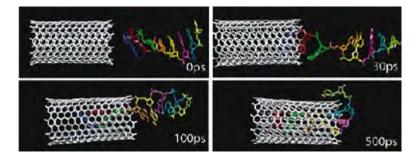
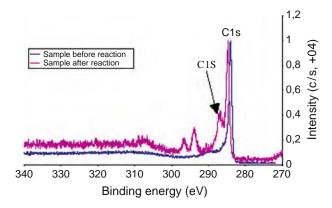


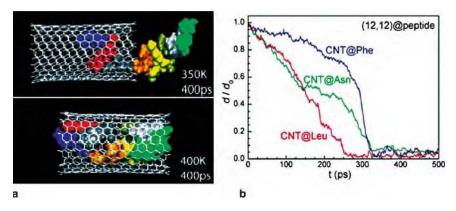
Fig. 7.4 Normal human embryonic fibroblasts grown on fullerene on the surfaces (FoS) before (A) and after 30 min illumination with halogen lamp  $45 \text{ mW/cm}^2$  (B). Magnification 1,200×



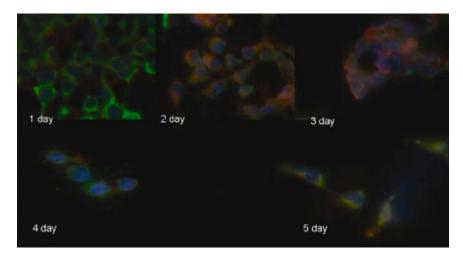
**Fig. 9.1** Simulation snapshots of a DNA oligonucleotide (8 adenine bases) interacting with a (10,10) carbon nanotube at 0, 30, 100, and 500 ps. Water molecules are not displayed for clarity (Chaudhary et al., 2006. With permission from American Chemical Society)



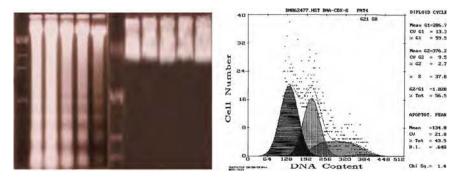
**Fig. 9.3** The result of C1s binding energy intensity of samples before (lower curve) and after (upper curve) PCR reaction. The left peaks represent the binding energy intensity of C 1s of SWCNTs after PCR reaction; the right-most peak represents the binding energy intensity of C 1s of SWCNTs before reaction. The graph shows that the C 1s peak of SWCNTs moves towards the left with the emergence of two C 1s peaks, indicating enhanced binding energy after PCR reaction (Chen et al., 2001. With permission from IOP Publishing)



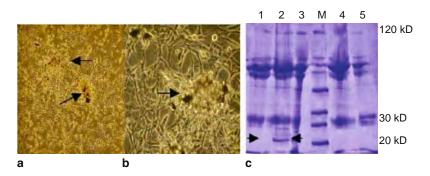
**Fig. 9.4** (a) Snapshot of peptide being filled into CNT; (b) normalized COM distances between polypeptide and CNT as function of simulation time ( $d_0$  is the initial COM distance) (Dillon et al., 1997. With permission from American Materials Research Society)



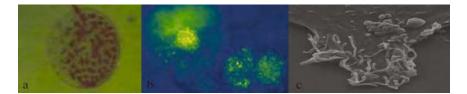
**Fig. 9.7** Indirect immunofluorescent staining of SWCNTs-treated HEK293 cells for day 1–5 by fluorescent microscopy ( $\times$  630). Green: cadherin; red: collagen; blue: cellular nucleus staining with DAPI. The expression levels of cadherin and collagen IV in cells decreased gradually as the culture days increased; HEK293 cells gradually detached from the cell populations as the culture days increased (Grunlan et al., 2004. With permission from Elsevier)



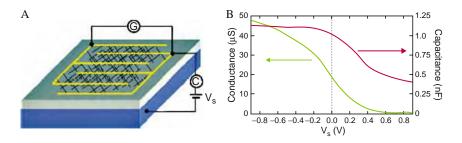
**Fig. 9.8** Apoptosis of HEK293 cells induced by SWCNTs. B1: DNA electrophoresis of cells cultured with 25 g/ml SWCNTs for 1–5 days, *M* molecular marker, no. 1–5 denote the results of cells cultured for day 1–5, respectively; B2: DNA electrophoresis results of control cells cultured for day 1–5; C: the cell cycle distribution of HEK293 cells cultured with  $25 \mu \text{g/ml}$  SWCNTs for 4 days, the percentage of sub-G1 cells (apoptosis cells) was 43.5%. (Grunlan et al., 2000. With permission from Elsevier)



**Fig. 9.9** Responses of HEK293 to single-walled carbon nanotubes. (A) SWCNTs were aggregated together and surrounded by HEK293 cells ( $\times$  200). (B) The aggregated SWCNTs were surrounded by secretion from HEK293 cells ( $\times$  400). (C) SDS-PAGE result showed that some 20–30kd proteins existed in the supernatants of HEK293 cells with 25 g/ml SWCNTs. *M* is protein marker; the no. 1–5 denote the results for HEK293 cells cultured with SWCNTs for 1–5 days, respectively, showing some small secreted proteins were only detected on the day 2 and day 3 after SWCNTs were added inside the cell culture (Grunlan et al., 2000. With permission from Elsevier)



**Fig. 9.10** SWCNTs attached to the surface of cells and located within cells **a**. SWCNTs attached to the surface of cells; **b**. SWCNTs labeled with Cy3 located within cells; **c**. Some protuberances appeared on the cell surface after cells are stimulated by SWCNTs. Right picture is control. Bar is  $10 \mu m$  (With permission from American Scientific publisher)



**Fig. 9.18** (a) Schematic of the device, which was designed for simultaneous measurement of the SWNT network capacitance and conductance. (b) Dependence of the network capacitance (red) and conductance (green) on the substrate voltage, *VS*. The network capacitance is approximately 1/4 the value of the capacitance for a parallel-plate capacitor with an equivalent area and oxide thickness (Kong et al., 2003. With the permission from American Chemical Society)

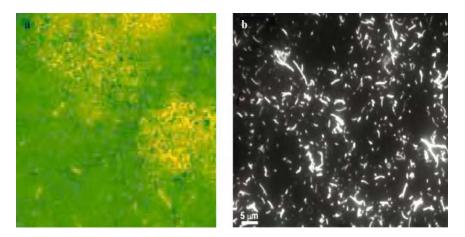


Fig. 9.20 Luminescent carbon nanotubes (a) Cy3 labeled antisense myc-modified SWCNTs; (b) quantum dots-modifed MWCNTs (With permission from American Scientific publisher and Wiley-VCH)

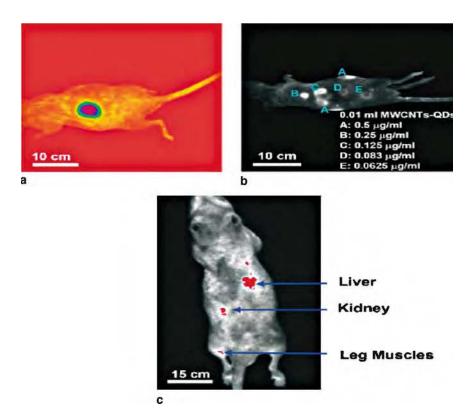
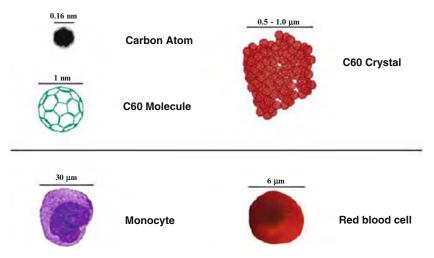


Fig. 9.21 In vivo images of MWCNTs-QDs (0.5  $\mu$ g ml-1 in PBS) in mice injected at different body regions: a) MWCNTs attached with CdSe/Zns quantum dots (emission of 600 nm) at middorsal location; b) MWCNTs attached with CdSe/ZnS quantum dots at ventrolateral locations, the suspensions were diluted by PBS at various concentrations as indicated (A through E); c) MWCNTs attached with InGaP/ZnS quantum dots (emission of 680 nm, 0.25  $\mu$ g ml-1 in PBS) in liver, kidney, and leg muscles. All images were taken successfully in 2 min under epi-UV illuminator with excitation of 435nm. (Shi et al. 2007). Published with permission from Wiley-VCH



**Fig. 10.1** Comparative sizes of one carbon atom, one molecule of  $C_{60}$  fullerene, a typically sized aggregate of  $C_{60}$  fullerene, a red blood cell, and a large immune system cell, a monocyte

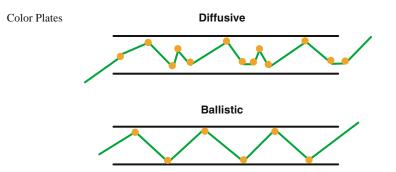
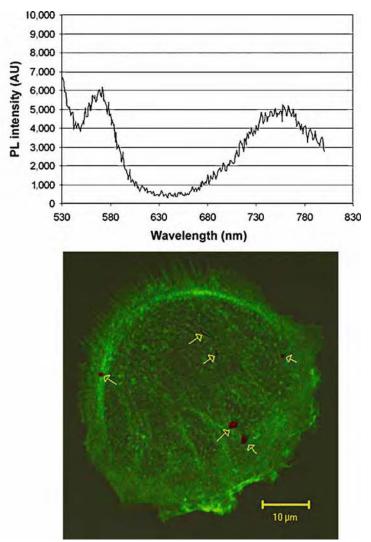
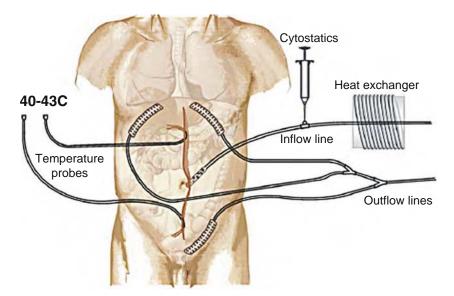


Fig. 10.2 Diffusive versus ballistic transport of electrons



**Fig. 10.5** Photoluminescence spectra of dissolved  $C_{60}$ . The peak at 750 nm is the photoluminescence signature of the material. Photoluminescent  $C_{60}$  aggregates can be visualized within cells and exhibit a vivid red signature which is easily detectable (Levi et al., 2006)



**Fig. 10.9** Circuit diagram for intraperitoneal hyperthermic chemoperfusion. Warmed chemotherapeutic agents are circulated through the abdomen and temperature at the inflow and outflow ports are continuously monitored (Reprinted from Reingruber et al., 2007. With permission from Elsevier)

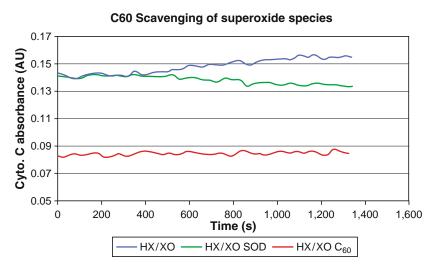
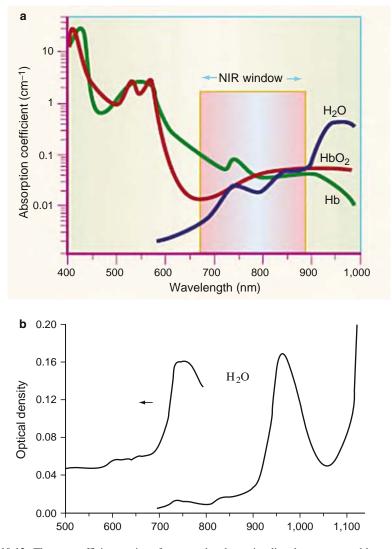
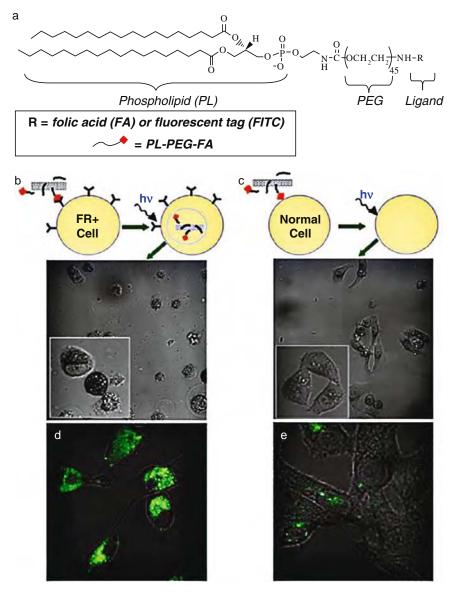


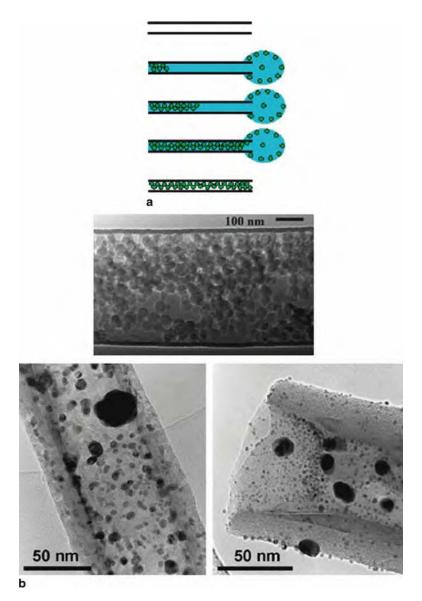
Fig. 10.10  $C_{60}$  is a very effective scavenger of superoxide species. The standard superoxide scavenger, superoxide dismutase, is not nearly as effective



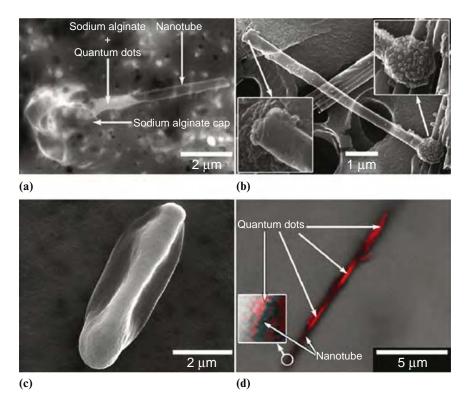
**Fig. 10.12** The most efficient regions for nanotube absorption lie where water and hemoglobin have absorption minima: between 700 and 900 nm and around 1,100 nm (Braun and Smirnov 1993; Reprinted from Weissleder, 2001. With permission from Elsevier)



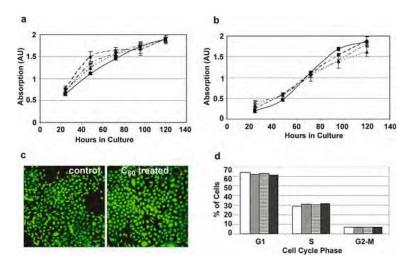
**Fig. 10.14** Folic acid can be conjugated onto nanotubes fluorescently labeled nanotubes to target cells expressing folic acid receptors (a,b,c). Nanotubes conjugated with folic acid display a fluorescent signature indicating that nanotubes are internalized by cells expressing folic acid receptors (d). Without the folic acid conjugate, there is very little distribution of nanotubes within the cells as attributed by the lack of fluorescent signature in (e) (Reprinted from Kam et al., 2005. With permission from the National Academy of Sciences, USA)



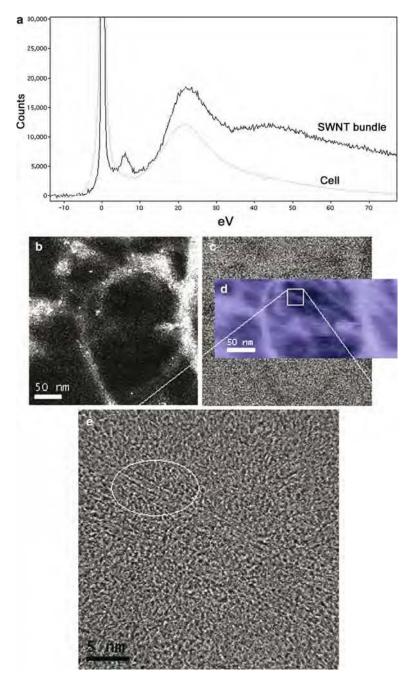
**Fig. 10.15** The methods for capillary filling of nanotubes involves dispersal of the agent in a liquid capable of flowing into the nanotube followed by subsequent evaporation of the solvent to leave particles inside the tube. Nanotubes have been filled with polystyrene spheres and palladium nanocrystals using this method (Reprinted from Kim et al., 2005. With permission from American Chemical Society; Reprinted from Tessonnier et al., 2005. With permission from Elsevier)



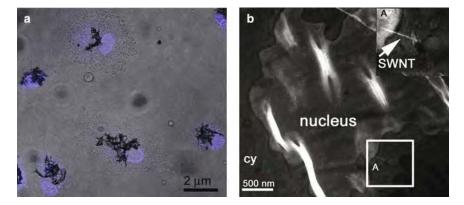
**Fig. 10.16** Carbon nanotubes filled with quantum dots in a sodium alginate carrier solvent. The alginate encloses the dots into the tubes by sealing the tube ends. A large majority of excess alginate around the tubes was removed by repeated washing (Reprinted from Nadarajan et al., 2007. With permission from Elsevier)



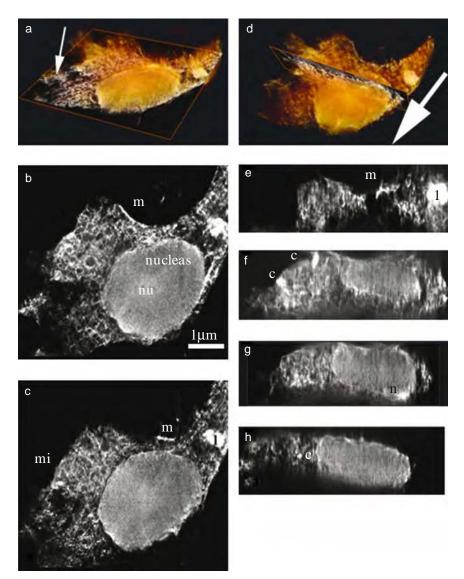
**Fig. 10.19** Lack of toxic effects of  $C_{60}$  fullerene on breast epithelial cells.  $C_{60}$  does not inhibit cell proliferation. MCF 10A and (A) MDA MB 231 (B) breast cancer cell lines were cultured either in the absence or presence of methanol  $C_{60}$  and cell proliferation was assayed by crystal violet staining.  $\blacklozenge$  Control, no  $C_{60}$ ,  $\blacksquare$  10µg  $C_{60}$ ,  $\blacktriangle$  50µg  $C_{60}$ , X 250µg  $C_{60}$ . (C). MDA MB 231 cells were simultaneously stained with calcein and ethidium using a live-dead assay kit. Lack of red-colored cells and the presence of cells stained in green indicate the lack of toxicity (D). MDA MB 231 cells were either untreated (open box) cultured with varying amounts 10 (gray  $\blacksquare$ ), 50 (patterned  $\blacksquare$ ) and 100µg (filled  $\blacksquare$ ) of  $C_{60}$  for 48h and analyzed for cell cycle progression by flow cytometry (Levi et al., 2006)



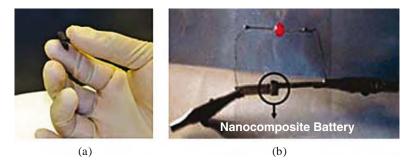
**Fig. 11.4** (a) (c) Low-loss EELS spectra of SWNT bundles and the cell alone. The  $\pi$ - $\pi$ \* transition at ~6 eV can be seen clearly only from the bulk of the SWNT bundle, it also exhibits a slightly higher bulk plasmon energy which is clearly visible when mapped as in (d). (b) HAADF image of SWNT bundles with Fe catalyst particles. Fe particles give bright contrast in HAADF image so allow SWNT bundles to be identified. (c) The corresponding bright field image showing no visible features in the same area. (d) Area of interest picked out with plasmon peak map from Fig. 11.1b). (e) High-resolution bright field imaging of the boxed area shows several SWNTs across the image (c). Diameter of SWNT indicated by arrows is 1.2 nm



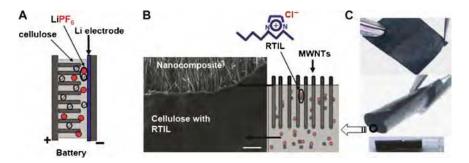
**Fig. 11.5** (a) Confocal microscope image of HMMs exposed to AgI@SWNT at 3 days confirming inclusion of SWNT bundles inside the nucleus (blue). (b) HAADF-STEM image of PbO@SWNTs crossing the nuclear membrane into the nucleus (inset from boxed region A) (40 nm thick section, unstained)



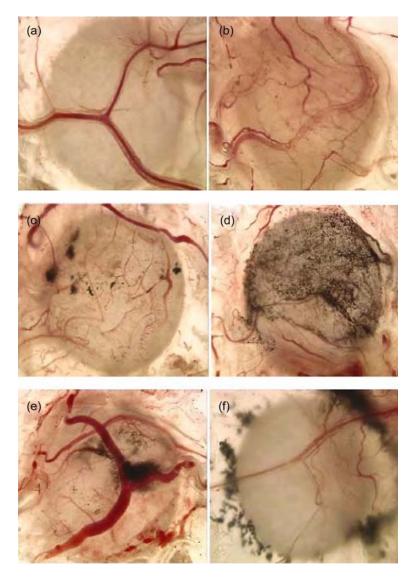
**Fig. 11.6** A series of horizontal (b–c) slices and vertical slices (e–h) through a HAADF-STEM reconstruction of a freeze-dried whole cell exposed to  $C_{60}$  for 24 h. Slices are~0.15 µm apart. (a) Voltex reconstruction of the same cell showing a horizontal orthoslice through the 3-D reconstruction. (d) Vertical orthoslice through the Voltex reconstruction. Slices through the reconstruction illustrate membranes (m), the nucleus (n), the cytoplasm (c), and secondary lysosomes (l). Several distributions of particles with the cell are revealed at each height through the reconstructed cell



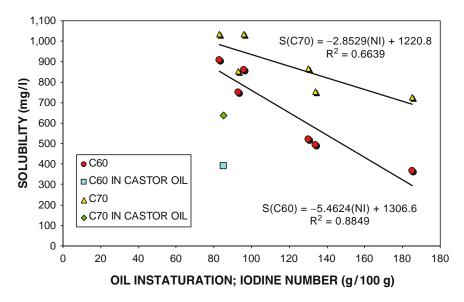
**Fig. 12.2** A foldable, bendable battery; paper invention which can be inserted under the skin as a pacemaker and powered in part by bodily fluids. (a) A postage-stamp-sized battery as thin as paper, (b) the flexible nanocomposite film battery used to glow a red light-emitting diode (LED)



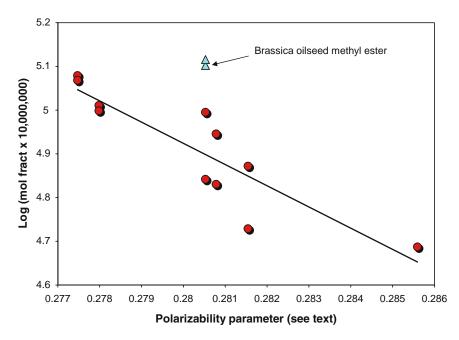
**Fig. 12.3** Fabrication of the nanocomposite paper units for battery. (a) Schematic of the battery assembled by using nanocomposite film units. The nanocomposite unit comprises  $\text{LiPF}_6$  electrolyte and multiwalled carbon nanotube (MWNT) embedded inside cellulose paper. A thin extra layer of cellulose covers the top of the MWNT array. Ti/Au thin film deposited on the exposed MWNT acts as a current collector. In the battery, a thin Li electrode film is added onto the nanocomposite. (b) Cross-sectional SEM image of the nanocomposite paper showing MWNT protruding from the cellulose–RTIL ([bmIm] [Cl]) thin films (scale bar, 2µm). The schematic displays the partial exposure of MWNT. A supercapacitor is prepared by putting two sheets of nanocomposite paper together at the cellulose exposed side and using the MWNTs on the external surfaces as electrodes. (c) Photographs of the nanocomposite units demonstrating mechanical flexibility. Flat sheet (*top*), partially rolled (*middle*), and completely rolled up inside a capillary (*bottom*) are shown



**Fig. 12.5** Representative microscopic images of (a) PBS control, (b) FGF2, (c) FGF2 – multi-walled carbon nanotubes (MWNTs) ( $100 \mu g$ ), (d) FGF2 – graphite ( $100 \mu g$ ), (e) FGF2 – fullerene ( $100 \mu g$ ), and (f) FGF2 – MWNTs (1 mg) treated CAM models



**Fig. 13.1** The solubility of  $C_{60}$  and  $C_{70}$  fullerene is maximum in vegetable oils with lower level of unsaturation (i.e. number of double bonds) and decreases as the insaturation level grows. Having a peculiar chemical structure, castor oil cannot be included in the correlation rule



**Fig. 13.2** Variation of Log (Mole Fraction  $\times 10^7$ ) with the polarizability parameter  $P_p = [(n^2 - 1)/(n^2 + 2)]$  for both  $C_{60}$  and  $C_{70}$  in various triglycerides of fatty acids. The triangles refer to  $C_{60}$  and  $C_{70}$  dissolved in methyl ester of brassica oilseed

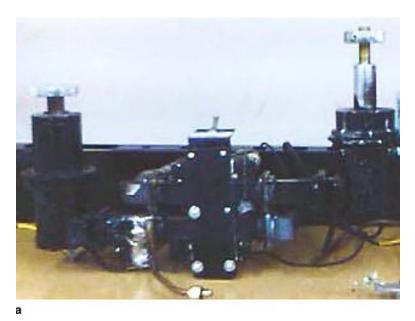
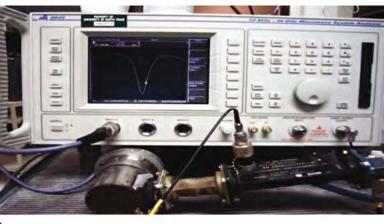
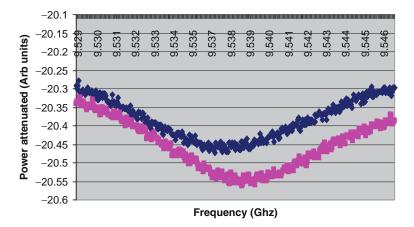


Fig. 15.2a Two tunable vacuum tight cylindrical resonant cavities that were phase-locked and their impedance were matched using the impedance tuning coil. The plungers seen on the top were to aid us in tuning these cylinders to resonate in  $TE_{011}$  mode



b

Fig. 15.2b IFR6845 series microwave network analyzer used as the synthesized source to generate and feed the microwaves into the resonant cavities



**Fig. 15.3** A typical frequency response curve obtained due to the introduction of air into the resonant cavities. Shown above in pink is a typical absorption profile of the resonator under vacuum, and in blue is the shift of the resonant frequency to a lower value upon introducing air into the system

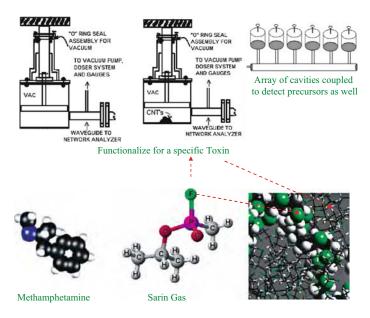
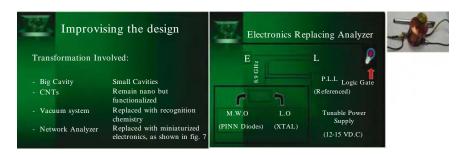
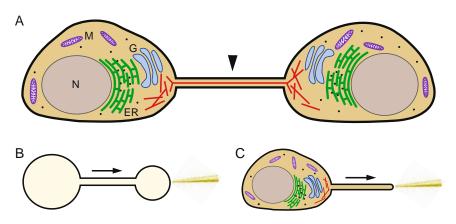


Fig. 15.4 Functionality of the prototype for specific detection



**Fig. 15.6 (left) and 15.7 (right)** The figures shown above describe the necessary steps taken to introduce portability into the sensor prototype. Shown on the right is the schematic involved in phase-locking the empty (E) and the loaded (L) cavity energized with a 12 V DC current-driven microwave diode. A typical electromagnetic mixer circuit has also been developed. The cavity shown at the far right is a significantly smaller than the test cavity and is comparable to today's cellular phones



**Fig. 16.2** Schematic representation of cellular and artificial membrane nanotubes. (A) Two cells are connected by a tunneling nanotube (arrowhead) containing a bundle of filamentous actin (red line). N (grey), nucleus; M (purple), mitochondrium; ER (green), endoplasmic reticulum; G (blue), Golgi apparatus. (B) Lipid nanotube connecting two lipid vesicles formed by pulling a membrane tether. (C) Membrane tether pulled from the plasma membrane of a cell