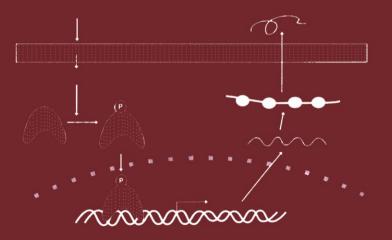
Respiratory Pharmacology and Pharmacotherapy

# Molecular Biology of the Lung Volume II: Asthma and Cancer

Edited by R.A. Stockley



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**R**espiratory **P**harmacology and **P**harmacotherapy

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#### Library of Congress Cataloging-in-Publication Data

Molecular biology of the lung / edited by R.A. Stockley
p. cm. – (Respiratory pharmacology and pharmacotherapy) Contents: V. 1. Emphysema and infection – V. 2. Asthma and cancer.
ISBN 978-3-0348-9773-0
ISBN 978-3-0348-8784-7 (eBook) DOI 10.1007/978-3-0348-8784-7
1. Lungs–Diseases–Molecular aspects.
I. Stockley, Robert A. II. Series.
[DNLM: 1. Lung Diseases, Obstructive–immunology.
2. Pulmonary Emphysema.
3. Asthma. WF 600M719 1999]
RC756.M67
1999
616.2' 4 – dc21

DNLM/DLC for Library of Congress

Die Deutsche Bibliothek – CIP-Einheitsaufnahme

Molecular biology of the lung / ed by R. A. Stockley. – Basel ; Boston ; Berlin : Birkhäuser (Respiratory pharmacology and pharmacotherapy) ISBN 978-3-0348-9773-0

Vol. 2 Asthma and cancer. – 1999 ISBN 978-3-0348-9773-0

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99-36983

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© 1999 Springer Basel AG Originally published by Birkhäuser Verlag in 1999 Softcover reprint of the hardcover 1st edition 1999 Printed on acid-free paper produced from chlorine-free pulp. TCF ∞

Cover design: Markus Etterich

ISBN 978-3-0348-9773-0

987654321

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VIII

## *CHAPTER 1* Gene Therapy

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#### 1. Introduction

Gene therapy was originally conceived as an approach to the treatment of classic monogenic inherited disorders for which it was proposed that transfer of a normal copy of a single defective gene would revert the disease phenotype. However, as the field has evolved, it has been recognized that gene transfer is a rational option for the treatment of both acquired diseases, such as cancer, and infectious diseases, such as AIDS, which have defined genetic components. In addition, the elucidation of the molecular basis of the host defense mechanisms against viral or bacterial pathogens suggests that these pathways could be exploited for therapeutic purposes using gene transfer technology. Therefore, gene therapy is now broadly defined as the transfer of genetic material to the cells of an individual for therapeutic purposes.

For a disease to be considered a candidate for gene therapy, it must meet certain criteria which were initially proposed by Anderson [1]. First, it is necessary to understand the molecular basis of an inherited or acquired genetic disease, or of the host response to an infectious disease. Second, in recognition of the fact that gene therapy is still a radical therapeutic intervention, the disease should represent a significant cause of morbidity and/or mortality for which, moreover, there is no conventional treatment. Last, both scientific and clinical data must be obtainable in a gene therapy study.

#### 2. The Lung As a Target For Gene Therapy

Although many disease states are potentially suitable for gene therapy approaches, diseases of the lung have to date represented a disproportionately large fraction of the approved human gene therapy clinical protocols [2]. This reflects the fact that the lung possesses several advantages which make it a particularly attractive target organ for gene therapy. The genes for two inherited pulmonary disorders, cystic fibrosis (CF) and  $\alpha_1$ -antitrypsin deficiency, have been identified. These diseases are the two most common fatal inherited disorders of white Europeans and cannot be cured by current therapeutic regimens. Cystic fibrosis and  $\alpha_1$ -antitrypsin deficiency are thus attractive targets for gene therapy. Similar considerations apply to lung cancer, which is a common disease for which the molecular basis is currently being elucidated and for which conventional therapy is also ineffective. Carcinoma of the lung is the major lethal cancer, its incidence is increasing, and overall mortality from this disease has only minimally improved over the past two decades. Similarly, there is no effective therapy for malignant mesothelioma, which represents a model of localized malignancy without a major metastatic component. Hence, there are a number of pulmonary diseases that meet the criteria justifying a gene therapy approach.

In addition, there are practical considerations which make the lung an attractive target for gene therapy. As a general principle, delivery of the therapeutic gene to the target cell represents a significant limitation to gene therapy applications. In certain disorders, this problem has been overcome by genetically modifying cells ex vivo and then reimplanting the corrected cells into the target disease organ. However, this approach is limited to those relatively few cases in which the target cells can be maintained in culture for prolonged periods of time and then reinfused after gene transfer. Therefore, direct in vivo gene delivery is mandated for most diseases. The lung differs from other solid organs in possessing a number of advantages which render it accessible for in vivo gene delivery. To date, most gene therapy approaches to lung disorders have involved gene delivery via the airway, which provides a direct approach to lung epithelia and should restrict the therapeutic gene almost entirely to the target organ. Airway access to the lung also forms the basis of the novel approach of in utero gene transfer [3]. This strategy is based on the hypothesis that expanding

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stem cells of epithelial origin in the developing lung are accessible via the amniotic fluid, providing the opportunity for permanent gene replacement. Thus, genes administered to a fetus by injection into the amniotic fluid can be delivered to somatic stem cells of the lung epithelia by means of fetal breathing movements. Alternatively, the dual vascular supply of the lung affords a unique opportunity to achieve gene delivery via the pulmonary circulation, thereby permitting gene therapy for pulmonary vascular diseases. In addition, the circulation could be exploited to access primary or metastatic lung tumors. These practical aspects favor the development of gene therapy strategies for diseases of the lung.

#### 3. Vector Systems For Gene Delivery to the Lung

One of the barriers to the implementation of gene therapy strategies for any disease is the requirement for a vector that can deliver the therapeutic gene specifically to the target organ, where it will be expressed at the appropriate level for the length of time necessary to confer a therapeutic benefit. A number of vector systems, both viral and nonviral, have been employed for gene delivery to the lung, each of which is associated with particular advantages and disadvantages; at present, there is no single vector that meets the criteria of specificity, efficiency, and safety of gene expression.

#### 3.1. Viral Vectors

Recombinant viral vectors are designed to exploit the efficient strategies that viruses have evolved to infect cells and deliver their genetic material. For safety reasons, all viral vectors that have been approved for clinical gene therapy trials have been disabled by deletion of part of their genome, so that they are no longer competent to replicate in the target cell.

The first viral vectors to be employed for gene therapy were derived from murine retroviruses [4]. The retrovirus live cycle includes a stage in which the RNA genome is converted into double-stranded DNA which randomly integrates into the host chromosomal DNA. Thus, retroviral vectors have been exploited in gene therapy strategies to achieve stable transduction of the target cell with transmission of the therapeutic gene to all progeny. However, a major disadvantage of these vectors is that they are extremely labile in the presence of serum complement, which has restricted their use to *ex vivo* protocols. In addition, the requirement for the target cells to be actively proliferating at the time of retroviral infection results in poor transduction of the lungs, where the rate of cellular proliferation is low. A further problem, which has hampered the use of retroviral vectors, is the fact that they can be produced only in relatively low titers.

Recombinant adenoviral vectors have been the most widely employed vehicles for gene delivery to the lung because of their natural tropism for the respiratory tract [5]. Adenoviral vectors can accomplish highly efficient gene transfer to a range of cell types in vivo, including both dividing and nondividing cells. Another major advantage of adenoviral vectors is that, unlike retroviruses, they can be concentrated to high titers. However, the present generation of adenoviral vectors suffers from a number of limitations which have prevented the realization of their full potential. One problem associated with the use of adenoviral vectors for gene therapy is that host cellular and humoral immune responses result in transient expression of the delivered therapeutic gene and preclude readministration of the same vector. To circumvent this immunological problem, investigators are developing new (so-called "second generation") vectors which have been engineered to minimize the expression of viral antigens. A further disadvantage in certain disease contexts is that the adenoviral genome is not integrated into the host genome, so that expression of the therapeutic gene is only transient. In addition, it has recently been reported that adenoviral vectors do not efficiently infect the columnar and more differentiated cells of the airway [6].

The third major class of viral vectors under consideration for gene delivery to the lung is based on the adeno-associated virus (AAV), a non-pathogenic parvovirus with a single-stranded DNA genome [7]. Like the adenovirus, AAV is naturally tropic for the airway epithelium. Attractive features of AAV vectors are the ability to integrate into the host genome and to transduce a variety of cell types, including both dividing and nondividing cells. Practical disadvantages include the facts that AAV vectors can be produced only at very low titers and that the size of the therapeutic gene that can be accommodated is limited to 4.5 kilobase-pairs (kb). In addition, whereas the parental AAV can achieve site-specific integration, this capacity is not retained by AAV-based vectors, which raises the possibility of insertional mutagenesis.

#### 3.2. Nonviral Vectors

A number of nonviral vector systems have been developed for gene transfer. In these approaches the therapeutic gene is either administered to the target cell in the form of so-called "naked DNA" or is complexed with other macromolecules in order to achieve cellular entry. Nonviral vectors possess the potential advantage of increased safety and reduced immunogenicity compared with viral vectors, but their employment has been restricted by a relatively low efficiency of gene transfer *in vivo*.

Artificial lipid bilayers, or liposomes, have been widely used to translocate DNA into the cytosol via membrane fusion or endocytosis [8]. Cationic lipids complex with anionic plasmid DNA via charge/charge

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interactions and have been shown to increase the transfection efficiency of naked DNA by 100- to 1000-fold. In contrast, anionic liposomes encapsulate plasmid DNA within a lipid vesicle. Liposomes possess the important attribute of systemic stability and can therefore be employed *in vivo*. Strategies to improve liposomes have focused extensively on new lipids and formulations, whereas antibodies or ligands have been incorporated into the design to permit targeting to specific cell types.

Molecular conjugate vectors have been developed specifically to accomplish the delivery of heterologous genes to target cells via the receptor-mediated endocytosis pathway [9]. The basic design of molecular conjugates consists of plasmid DNA complexed to polylysine and a macromolecular ligand which can be internalized by the target cell. However, this class of vector is incapable of efficient gene transfer *in vivo*, because the polylysine component renders the conjugate unstable in the presence of serum.

#### 4. Gene Therapy For Diseases of the Lung

#### 4.1. Inherited Pulmonary Diseases

4.1.1. Cystic fibrosis: Cystic fibrosis (CF) is an autosomal recessive disease affecting about 1 in 3000 white European births. In 1989, the genetic defect responsible for CF was identified as mutations in the gene encoding the cystic fibrosis transmembrane conductance regulator (CFTR), a cAMP-mediated chloride channel which also regulates a number of other cationic and anionic channels. The major cause of morbidity and mortality in CF is pulmonary disease characterized by viscous mucus secretion, chronic bacterial infection, airway inflammation, and premature death at around 29 years of age. The lung has therefore been the primary target organ in CF gene therapy, whereby investigators seek to restore the normal phenotype by introduction of the wild-type (normal) CFTR gene into airway epithelial cells.

The feasibility of gene replacement therapy for CF was first shown in *in vitro* experiments which demonstrated that the introduction of the wild-type CFTR gene into cultured CF airway epithelial cells leads to restoration of normal Cl<sup>-</sup> transport [10, 11]. A number of studies have investigated the relationship between the efficiency of gene transfer (the fraction of cells transduced) and the degree of functional correction. In separate *in vitro* studies, Johnson et al. have indicated that, whereas expression of CFTR in as few as 6-10% of CF airway epithelial cells can restore normal Cl<sup>-</sup> transport properties to an entire epithelial sheet, gene transfer to all the cells may be necessary to correct the sodium hyperabsorption characteristic of CF [12, 13]. These results have been confirmed in an animal model in which the CFTR gene was delivered by an adenoviral vector to human

CF bronchial xenografts grown in nu/nu mice: 5% gene transfer completely restored Cl<sup>-</sup> transport but had a variable effect on sodium hyperabsorption [14]. Thus, if sodium hyperabsorption across surface epithelia plays a major role in the pathogenesis of CF lung disease, highly efficient gene transfer may be necessary to restore normal airway function.

These studies have provided the rationale for the delivery of the CFTR gene to intact airways, first in animal models and, subsequently, in human clinical trials based on nasal and/or lung-directed gene transfer. The goal of this work is the efficient delivery of the CFTR gene to the appropriate target cells without causing toxicity or inflammation. In addition, as the airway surface epithelium regenerates slowly over time, long-term expression of the CFTR gene will either require integration into a population of stem cells or readministration of the vector. The preclinical studies and human CF gene therapy trials have been described extensively elsewhere [15] and are therefore not reviewed in detail in this chapter.

Current approaches to CF gene therapy have primarily employed adenoviruses, adeno-associated viruses, and liposomes to achieve gene transfer via the lumen. Each of these vectors can transfer the CFTR gene to airway epithelia in vivo, resulting in at least partial correction of the Cl- transport defect. However, a number of problems have been identified with these systems, which will need to be overcome if gene therapy is to become of clinical utility in the treatment of CF. Initial human trials have revealed that the efficiency of gene transfer to uninjured airway epithelia by the current generation of vectors is low. In the case of adenoviral vectors, the inefficiency of gene transfer to fully differentiated epithelial cells has been correlated with a paucity of the cellular receptors required for adenovirus internalization [16]. A second major concern relates to the safety of the vectors. Several studies have shown that the number of adenoviral particles required for efficient gene transfer is associated with direct viral toxicity, manifesting as both local and systemic inflammation. A further problem with the use of adenoviral vectors for CF gene therapy is that host cellular and humoral immune responses result in transient expression of the delivered gene and preclude readministration of the vector. Several groups are developing strategies to overcome these immune responses to adenoviral vectors, based on an understanding of the underlying biological mechanisms. One approach has been to modify the adenoviral vector itself to minimize the expression of viral proteins. Various immunomodulatory regimens are also being investigated as strategies to prolong expression of the therapeutic gene and/or permit readministration of the adenoviral vector. Thus, further advances with CF gene therapy will be dependent on improvements to the efficiency and safety profiles of the vectors used to deliver the CFTR gene.

4.1.2.  $\alpha_1$ -Antitrypsin deficiency: After CF,  $\alpha_1$ -antitrypsin ( $\alpha_1$ AT) deficiency is the second most common lethal hereditary disorder in white Europeans, with an incidence of about 1 in 3000 births. The  $\alpha_1$ -antitrypsin protein is a

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52 kDa serum glycoprotein which is synthesized and secreted primarily from the liver. Its major site of action is the lower respiratory tract of the lung, where passive diffusion of  $\alpha_1$ -antitrypsin into the alveoli confers protection against neutrophil elastase-mediated proteolysis. A deficiency in the serum levels, and consequently in the epithelial lining fluid (ELF) levels, of  $\alpha_1$ -antitrypsin permits unimpeded elastolytic destruction of the lung, creating the chronic condition defined as emphysema – permanent enlargement of the airspaces distal to the terminal bronchioles, accompanied by destruction of the alveolar wall. Patients with  $\alpha_1$ -antitrypsin deficiency usually develop emphysema in their fifth decade.

The 12.2 kb  $\alpha_1$ -antitrypsin gene has a high level of polymorphism, with over 70 alleles described. The normal variant, designated the M allele, is present in most individuals, although other alleles are associated with a variety of deficiency phenotypes, including impaired function of the  $\alpha_1$ antitrypsin protein, reduced amounts or unstable  $\alpha_1$ -antitrypsin protein, or intracellular destruction of the newly synthesized protein. The  $\alpha_1$ -antitrypsin gene is codominantly expressed which means that the presence of a normal M allele maintains serum levels of  $\alpha_1$ -antitrypsin above 10 µmol/l, the threshold associated with the risk of pulmonary emphysema.

The traditional treatment of  $\alpha_1$ -antitrypsin deficiency has focused on intravenous weekly to monthly infusions of  $\alpha_1$ -antitrypsin to maintain adequate serum levels. This approach suffers from a number of limitations, including the high costs and inconvenience of long-term treatment, together with the risks associated with the use of products derived from human plasma. Thus,  $\alpha_1$ -antitrypsin deficiency is also an attractive candidate for gene therapy. In addition to meeting the criteria necessary for a gene therapy approach, the disease offers several practical advantages. First,  $\alpha_1$ -antitrypsin can be expressed by a variety of cell types and does not require any specialized processing. Second, it can be secreted into the serum from numerous sites and then localize to the respiratory tract. Furthermore, no disease is associated with serum  $\alpha_1$ -antitrypsin levels above a clear threshold so that strict gene regulation does not seem to be necesary.

The feasibility of gene therapy for  $\alpha_1$ -antitrypsin deficiency was established by Garver et al. who transformed mouse fibroblasts *ex vivo* with a retroviral vector carrying the  $\alpha_1$ -antitrypsin cDNA and then transplanted the modified cells into the peritoneal cavities of nude mice [17]. Human  $\alpha_1$ -antitrypsin was detected in both the sera and the epithelial surface of the lungs for one month. Other investigators have subsequently targeted *in vivo* expression of  $\alpha_1$ -antitrypsin to either the liver, its normal site of synthesis, or the lung, its site of protection.

Various gene delivery systems have been employed to transfer the human  $\alpha_1$ -antitrypsin gene to the liver *in vivo*. Kay et al. employed a retroviral vector expressing  $\alpha_1$ -antitrypsin to transduce hepatocytes harvested from dogs and then reinfused the modified cells back into the animal via the portal vein. Serum  $\alpha_1$ -antitrypsin was detected for one month [18]. In an alterna-

tive approach, they induced liver regeneration in a mouse model by performing partial hepatectomies and then transduced hepatocytes *in situ* by infusion of retroviral vectors via the portal vein [19]. This resulted in the transduction of 1-2% of hepatocytes, whereas expression of  $\alpha_1$ -antitrypsin persisted for up to 6 months. In another approach, Jaffe et al. infused an adenoviral vector containing  $\alpha_1$ -antitrypsin into the portal circulation of rats, producing detectable serum levels for 4 weeks [20]. However, in all these cases the serum  $\alpha_1$ -antitrypsin levels were far below what would be required for physiologic correction of deficiency.

The low levels of  $\alpha_1$ -antitrypsin expression achieved by the liver have led other investigators to develop strategies to target the lower respiratory tract directly. As the levels of  $\alpha_1$ -antitrypsin required to maintain effective antielastase activity in the ELF are much lower than serum levels, it was hypothesized that local production of  $\alpha_1$ -antitrypsin by genetic modification of airway epithelial cells might confer a therapeutic benefit. After direct in vivo intratracheal administration into cotton rats of an adenoviral vector expressing  $\alpha_1$ -antitrypsin, it was synthesized and secreted by lung tissue, and was detected in the ELF for at least a week [21]. However, the issue of adenoviral vector-induced inflammation means that repetitive delivery will not be a feasible solution to the problem of transient expression. To address this limitation, Canonico et al. used an alternative vector system, liposomes, to deliver the  $\alpha_1$ -antitrypsin cDNA directly into the lungs of New Zealand white rabbits by either the aerosol or intravenous routes at weekly intervals for 4 weeks [22]. Protein expression persisted for this period, with no evidence of toxicity. This work has been developed into an approved phase I human gene therapy trial.

Therefore, although  $\alpha_1$ -antitrypsin deficiency is an ideal candidate disease for gene therapy, the present generation of vectors is inadequate to achieve sustained serum levels of  $\alpha_1$ -antitrypsin of a sufficient magnitude to achieve physiologic correction. Although the approach of local production of  $\alpha_1$ -antitrypsin at the site of disease pathogenesis may overcome this limitation, this strategy is again dependent on the availability of suitable vector systems.

4.1.3. Surfactant protein B deficiency: Human surfactant protein B (SP-B) is a phospholipid-associated polypeptide of 79 amino acids expressed by respiratory epithelial cells. SP-B is essential for lung function, enhancing the spreading and stability of surfactant phospholipids that reduce surface tension at the alveolar air-liquid interface. SP-B deficiency is an inherited disease of full-term newborn infants which leads to lethal respiratory failure within the first year of life. This disorder therefore represents a logical candidate for gene therapy, in which the human SP-B cDNA would be transferred to the epithelium of the lower respiratory tract. To this end, two groups have demonstrated pulmonary expression of SP-B after adenoviral-mediated gene transfer to the respiratory epithelium of rodents [23, 24]. A

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number of investigators have hypothesized that, as SP-B deficiency manifests in the perinatal period, prenatal or fetal gene therapy might be required to minimize morbidity. In this approach, it will be necessary to optimize the timing of gene transfer to maximize gene expression in the airways, while minimizing the inflammatory response that can be mounted by the immune system of the developing fetus.

#### 4.2. Thoracic Malignancies

Lung cancer is the most common cause of cancer death in the USA and its incidence is increasing in other countries. Standard treatment regimens for lung cancer, including chemotherapy and radiotherapy, have achieved only marginal improvements in patient survival, suggesting that the benefits afforded by any novel therapeutic approach are likely to be significant. Similarly, there is no effective conventional therapy for another thoracic neoplasm, malignant mesothelioma, which, although less common than lung cancer, has been studied because it represents a compartmentalized model of disease, localized to the pleural space. The elucidation of the molecular mechanisms underlying neoplastic transformation and progression means that cancer can be regarded as a genetic disease, resulting from the accumulation of a series of acquired genetic lesions, involving aberrant expression of dominant oncogenes or loss of expression of recessive tumor-suppressor genes. Therefore, gene therapy represents a rational approach to the treatment of lung cancer and mesothelioma.

Gene therapy strategies for cancer can be divided into three broad categories: genetic immunopotentiation, molecular chemotherapy, and mutation compensation. Genetic immunopotentiation is defined as the introduction of genetic modifications into host cells in order to augment the immunologically mediated destruction of tumor cells. In the approach of molecular chemotherapy, the aim is to eradicate cancer cells by the selective delivery or expression of a toxin gene. Strategies to achieve mutation compensation are designed to rectify the molecular lesions in the cancer cell responsible for malignant transformation.

4.2.1. Genetic immunopotentiation: The strategy of genetic immunopotentiation is based on two principles. First, during carcinogenesis, cells develop protein structural changes which should allow the normally functioning immune system to recognize tumor cells as foreign and destroy them. In this regard, a number of tumor-associated antigens have been identified. Second, tumor cells acquire immunologic adaptations which allow them effectively to avoid immune destruction. Various mechanisms by which tumor cells evade immune surveillance have been identified or proposed, including: inability of tumor-specific antigens to induce an effective host T cell response; defects of antigen processing or low expression of major histocompatibility complex (MHC) class I molecules; lack of costimulatory signals; tumor secretion of immunosuppressive factors; and defects in signal transduction by host T cells.

Based on these principles, a number of approaches have been developed, including; (1) the transfer of various cytokine genes into cancer cells to modify the tumor's interactions with the host immune system by stimulating T cell and natural killer (NK) cell proliferation and activity; (2) augmenting antigen presentation or attracting effector cells; (3) increasing the immunogenicity of tumor cells by introduction of genes to augment MHC class I antigen presentation or direct introduction of foreign MHC class I molecules; (4) introduction of genes to provide co-stimulatory signals to augment T cell proliferation; and (5) the use of agents that inhibit the production of suppressive factors. The resulting immune response has the potential to detect and kill nongene-modified tumor cells bearing the same tumor-specific antigen, even though these may be distant from the site of gene transfer, as in the case of metastases. In addition, the technique of "genetic vaccination", which involves the use of DNA expression vectors encoding tumor-specific epitopes, has the potential to induce substantial immunity with little or no toxicity.

A number of cytokines have been tested in genetic immunopotentiation approaches to lung cancer in animal models (reviewed in Lee and Carbone [25]). In most work to date, tumor cells have been transfected with the gene of interest ex vivo and then reintroduced into the host animal. More recent studies have attempted to directly transduce tumor cells in situ. Induction of antitumor cytotoxic T lymphocytes has been demonstrated after transduction of lung tumor cells with genes expressing several cytokines, including interleukin 2 (IL-2), IL-4, IL-6, IL-7, IL-12, interferon-y (IFN-y), tumor necrosis factor  $\alpha$  (TNF- $\alpha$ ), and granulocyte-macrophage colonystimulating factor (GM-CSF). Reduction of metastatic potential and/or suppression of tumorigenicity has also been reported in these animal studies. These data therefore support the hypothesis that locally released cytokines from tumor cells can help the host immune system detect previously unrecognized tumor-specific antigens and induce the ability to kill the tumor cells. Based on these results, a number of human clinical trials have been initiated using cytokine gene-modified cells. In another approach to the treatment of lung cancer by genetic immunopotentiation, Plaskin et al. have shown that expression of a transfected MHC gene converted a highly metastatic Lewis lung carcinoma cell to a non- or low-metastatic phenotype and protected against metastatic spread [26].

4.2.2. Molecular chemotherapy: The approach of molecular chemotherapy involves the tumor cell-specific expression of an enzyme which converts a normally nontoxic drug into a toxic substance. Thus, tumor cells that express the activating enzyme will be killed upon administration of the prodrug, whereas cells lacking the enzyme will not be harmed. Several enzy-

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me/prodrug combinations have been proposed, including cytosine deaminase/5-fluorocytosine, cytochrome P450 2B1/cyclophosphamide and xanthine-guanine phosphoribosyltransferase/6-thioxynthine. To date, the most widely investigated system has involved the introduction of the gene encoding herpes simplex virus thymidine kinase (HSV-TK) into mammalian cells. This enzyme, which is not normally present in mammalian cells, converts the nontoxic nucleoside analog, gancyclovir (GCV) into a monophosphorylated form which is then converted by the normal mammalian thymidine kinase enzymes into a triphosphorylated form which blocks DNA synthesis and leads to cell death. The approach possesses the advantage that toxic metabolites can be transferred via gap junctions to neighboring, non-transduced cells, resulting in cell death. This "bystander effect" means that it is not necessary to transduce all the cells in a solid tumor in order to get relatively complete killing.

The rationale for the use of the HSV-TK/GCV system in the treatment of thoracic neoplasms has been provided by Smythe et al. who used an adenoviral vector to transfer the HSV-TK gene to cell lines derived from human malignant mesotheliomas and nonsmall cell lung cancers [27]. Expression of HSV-TK rendered cells sensitive to doses of GCV that were 2-3 logs lower than uninfected cells or those infected with a control virus. These investigators performed initial animal experiments to test this strategy using localized models of malignancy formed by growing human lung cancer and mesothelioma cancer tumors within the peritoneal cavities of severe combined immune-deficient (SCID) mice. After GCV therapy, macroscopic tumor was eradicated in 90% of animals and microscopic tumor was undetectable in 80% of animals [28]. Similar reductions in tumor burden have also been seen in systems that more closely mimic the human disease, for which syngeneic models of malignant mesothelioma were developed in the pleural space of rats and nonhuman primates and treated with intrapleurally administered adenovirus expressing HSV-TK [29, 30]. These results have led to the initiation of a clinical trial employing intrapleural delivery of the adenoviral vector to transfer HSV-TK to patients with malignant mesothelioma. However, preliminary results have served to underline the inadequacy of current vector systems for gene therapy. Thus, although it was believed that the compartmentalized nature of malignant mesothelioma would restrict expression of HSV-TK to the target cancer cells, extrathoracic viral dissemination has been observed. In addition, intrapleural administration of the adenoviral vectors has been associated with a low level of efficiency of gene transfer to the disease cells. This indicates that future advances will be dependent on improvements in vector technology, including modifications to permit cell-specific targeting and to increase the efficieny of gene transfer.

4.2.3. Mutation compensation: The identification of the molecular basis of thoracic malignancies means that it may be possible specifically to correct

the underlying genetic lesions. These mutations are of two general types: loss of function of tumor-suppressor genes or gain of function of dominant oncogenes. Mutation compensation strategies therefore involve either replacement of a defective tumor-suppressor gene or ablation of a dominant oncogene at the level of its DNA, mRNA, or protein. The formation of triplex DNA by oligonucleotides targeted to the promoter regions of dominant oncogenes has been shown to result in specific and selective inhibition of transcription in vitro. Antisense oligonucleotides function by binding to the target mRNA and blocking further processing of the genetic information by triggering the degradation of the target mRNA by RNase H. A second class of anti-mRNA agents is made up of the ribozymes, which are small oligoribonucleotides capable of catalyzing RNA-cleavage reactions at specific sites. Alternatively, oncogenes can be functionally inactivated at the protein level by the use of intracellular single-chain antibodies or by the heterologous expression of a mutant protein, which can inhibit the normal function of the native gene product in a cell - the so-called dominant negative mutation strategy.

Mutations in the p53 tumor-suppressor gene are the most common genetic lesions in human tumors and occur with high frequency in non-small cell lung cancer, thereby representing an important target for gene therapy. Restoration of wild-type p53 gene expression after delivery of the p53 gene by retroviral or adenoviral vectors has been shown to result in growth arrest of a number of human lung cancer cell lines in vitro (reviewed in [31]). In an orthotopic murine model of human lung cancer, direct intratracheal administration of retroviral or adenoviral vectors carrying wild-type p53 led to suppression of tumor growth. Replacement of p53 in p53-deleted lung cancer cell lines has also been shown to increase chemosensitivity to cisplatin, a DNA-active agent. Based on these preclinical studies, human phase I clinical trials have been initiated by Dr Jack Roth at the University of Texas M.D. Anderson Cancer Center. In the first trial, a retroviral vector containing the wild-type p53 gene was used to mediate transfer of wildtype p53 into human non-small cell lung cancers by direct injection. No clinically significant vector-related toxic effects were noted up to 5 months after treatment. A second trial involves bronchoscopic adenovirus-mediated delivery of p53 with or without cisplatin. Hence, the current state of vector development has limited this mutation-compensation strategy to the treatment of localized tumors without any attempt to treat metastatic disease.

Activation of the dominant K-*ras* oncogene as a result of a point mutation is commonly found in lung cancer and is therefore a rational target for mutation-compensation strategies (reviewed in [31]). Roth's group has employed both a plasmid and a retroviral vector to deliver an antisense K-*ras* fragment and reduce the growth rate of lung cancer cells *in vitro* and the tumorigenicity in a murine model. This successful use of antisense K-*ras* RNA to achieve targeted therapeutic tumor regression *in vivo* has been translated into a clinical protocol for the regional treatment of human lung cancer.

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As the growth of tumors depends on dysregulation of the cell cycle, specific cell cycle regulatory proteins present rational targets for cancer gene therapy. In this regard, the regulatory protein cyclin D1 is overexpressed in lung cancer. An antisense cyclin D1 construct inhibited the expression of cyclin D in mouse lung cancer cells, significantly reducing both their *in vitro* proliferation and tumorigenicity in nude mice relative to control cells [32].

Mutation compensation strategies have also been employed to target various growth factor receptors which are aberrantly expressed in lung cancer. For example, the insulin-like growth factor I receptor (IGF-Ir) is often overexpressed in lung cancer and therefore provides a good target for gene therapy strategies. Delivery of an adenovirus expressing an antisense IGF-Ir has been shown to decrease the IGF-Ir number by about 50% in human lung cancer cell lines in vitro, whereas, in a murine model of established intraperitoneal human lung cancer, intraperitoneal treatment by this vector resulted in prolonged survival [33]. The transmembrane protein kinase receptor erbB-2 (also called Her-2 or neu) is also overexpressed in several human malignancies including lung cancer. As an alternative to using antisense constructs, Grim et al. have shown that intracellular expression of an anti-erbB-2 single-chain antibody delivered by an adenoviral vector can cause specific cytotoxicity in lung cancer cells in vitro [34]. In this approach, production of the single-chain antibody within the cell appears to prevent cell surface expression of the erbB-2 receptor.

A number of mutation compensation strategies therefore exist to accomplish the ablation of aberrantly expressed dominant oncogenes. The challenges facing the practical implementation of these approaches in the clinic include the need to improve the efficiency of vector systems, in order to increase the percentage of cells that are transduced by the therapeutic gene. The issue of vector delivery is also pertinent because if metastatic disease is to be treated, intravenous administration of the vector will be required. In this context, there is a stringent demand for specificity of gene delivery to the tumor cells, in order both to avoid vector wastage after transduction of nontarget cells and, more importantly, to prevent toxicity associated with expression of the therapeutic genes in normal cells.

#### 4.3. Acquired Pulmonary Diseases

4.3.1. Inflammatory diseases: Gene therapy is also being considered as a rational therapeutic option for the treatment of both chronic and acute inflammatory diseases of the lung. Candidate disorders include idiopathic pulmonary fibrosis (IPF), asthma, emphysema, and acute diseases such as acute respiratory distress syndrome (ARDS) and radiation-induced pulmonary inflammation. In these cases, disease is not the result of a single genetic defect, but may be a direct or indirect consequence of multiple

genetic detects or of interactions between genetic and environmental factors or the response to a toxic stimulus. Therapeutic intervention must therefore be based on an understanding of the molecular pathogenesis of the inflammatory response.

In general, the progression of inflammatory lung diseases involves a cascade of events presenting multiple opportunities for intervention at the molecular level by gene therapy-based approaches. Rational targets include: the manipulation of the levels of either pro- or anti-inflammatory cytokines; down-regulation of cell surface adhesion molecules; enhancement of host antioxidant defenses; increasing the levels of endogenous antiproteases; and upregulation of the production of anti-inflammatory prostanoids [35]. Genetic intervention at any of these levels clearly offers many possibilities for the treatment of inflammatory pulmonary diseases and will also provide information of more general relevance to the field of gene therapy. Selected examples of these approaches will be discussed here.

Expression of TNF- $\alpha$  is increased in IPF and other inflammatory lung diseases. Systemic delivery of soluble TNF- $\alpha$  receptor has been shown to be effective in reducing inflammation in a mouse model of pulmonary fibrosis [36]. Kolls et al. have demonstrated a similar response in mice treated intravenously with an adenoviral vector encoding a soluble TNF- $\alpha$ receptor [37], whereas intravenous injection of antibodies against TNF- $\alpha$ has blocked the onset of other inflammatory diseases in animal models. In an alternative approach, local delivery of the soluble TNF- $\alpha$  receptor gene has attenuated the local inflammatory response in the mouse [38]. Local and/or systemic delivery of inhibitors of other proinflammatory cytokines could similarly be employed in a gene therapy approach. Many cytokines are potential targets for knockout in the treatment of pulmonary inflammatory diseases, including IL-1, IL-4 and IL-5, platelet-derived growth factor [39], transforming growth factor  $\beta$ , and GM-CSF [40]. In a specific approach to ARDS, the cytokine macrophage inhibitory factor (MIF), has recently been identified as a key mediator sustaining the pulmonary inflammatory response, suggesting that an anti-MIF strategy would represent a logical therapeutic intervention [41]. In contrast, IL-10 is an antiinflammatory cytokine able to suppress expression of a variety of cytokines by macrophages. Thus, IL-10 might be of general therapeutic utility in blocking the immune response at the site of pulmonary inflammation.

Cell surface adhesion molecules such as intercellular adhesion molecule-1 (ICAM-1) and endothelial leukocyte adhesion molecule (E-selectin) serve as ligands for inflammatory cell adhesion and activation. Expression of these molecules on the surface of pulmonary vascular endothelial cells is upregulated in chronic and acute inflammatory conditions. Hence, a number of investigators are employing gene therapy strategies designed to knock-out cell adhesion molecules. In support of this approach, the lack of ICAM-1 in transgenic mice has been shown completely to abrogate the development of pulmonary inflammation during murine lupus [42]. Inflammatory cell infiltration into the lung in response to exposure to ionizing radiation has been demonstrated to be attenuated in mice treated with an anti-ICAM-1 blocking antibody [43].

In an approach to the treatment of acute lung injury, Erzurum et al. have shown that adenovirus-mediated delivery of the catalase gene to pulmonary endothelium can provide augmented vascular antioxidant defenses which would be of therapeutic utility for diseases such as ARDS [44]. Another class of enzymes, antiproteases, also has potential for use in the treatment of chronic and acute lung inflammation. Activated neutrophils sequestered in the lungs release neutrophil elastase (NE) which can degrade almost every connective tissue component of the lung. Canonico et al. have shown that the release of neutrophil chemoattractants from human airway epithelial cells exposed to NE was prevented if the cells were transfected with the human  $\alpha_1$ -antitrypsin cDNA before elastase exposure [45]. This suggests that the general anti-inflammatory properties of antiproteases could be exploited for gene therapy.

Prostacyclin (PGI<sub>2</sub>) and prostaglandin  $E_2$  (PGE<sub>2</sub>) exhibit anti-inflammatory effects which could be used to treat chronic or acute inflammatory lung diseases. Patients with IPF have a diminished capacity to synthesize these prostanoids as a result of a deficiency of PG synthase. Conary et al. demonstrated expression of PGI<sub>2</sub> and PGE<sub>2</sub> in the lungs of rabbits 24 hours after delivery, via the pulmonary artery, of the PG synthase gene complexed to cationic liposomes [46]. In isolated, perfused rabbit lungs transfected with the PG synthase gene, the pressor response to endotoxin was markedly attenuated. In addition, pulmonary edema was markedly decreased in lungs from animals receiving the synthase gene compared with controls. The data obtained in this model of acute lung injury therefore suggest that up-regulation of PGI<sub>2</sub> and PGE<sub>2</sub> protects the lungs from endotoxin.

Hence, the identification of the molecular mechanisms underlying the disease process can suggest gene therapy strategies for the treatment of inflammatory lung disorders.

4.3.2. Infectious diseases: In a similar manner, understanding of the host defense mechanisms against the viral or bacterial pathogens responsible for pulmonary infectious diseases can lead to the exploitation of these pathways for therapeutic purposes. To date, the gene therapy strategies proposed for the treatment of inflammatory lung diseases are based on the transfer of proinflammatory cytokines to enhance the host immune responses to the pathogens.

One of the first lines of host defense against bacterial invasion of the lower respiratory tract is provided by alveolar macrophages. The cytokine elaboration by these cells is critical to recruitment of inflammatory cells, which are necessary to clear the bacteria from the lung. Thus cytokines have been proposed as therapeutic agents for a variety of pulmonary infections. To avoid the complications of toxicity, which are associated with the intravenous administration of cytokines such as TNF, IL-2 and IL-12, researchers are investigating the local, compartmentalized delivery of specific cytokines as a rational approach to the treatment of focal diseases such as pneumonia. Greenberger et al. have demonstrated that intratracheal delivery of an adenoviral vector expressing the proinflammatory cytokine IL-12 enhanced both bacterial clearance and survival in mice challenged with *Klebsiella pneumoniae* [47]. In this work, treatment with anti-IFN- $\gamma$ antibodies or soluble TNF receptor partially and completely attenuated the survival benefits observed in animals receiving the adenovirally delivered IL-12, respectively.

Lei et al. [48] have investigated the treatment of pneumonia by adenovirus-mediated delivery of murine IFN- $\gamma$ , a critical cytokine in pulmonary host defenses against both intracellular and extracellular pathogens. After intratracheal inoculation in rats, this vector resulted in prolonged expression of functional IFN- $\gamma$  in vivo, as demonstrated by enhanced host defenses against *Pseudomonas aeruginosa* and *Klebsiella pneumoniae* [48]. Transfer of the IFN- $\gamma$  gene has also been employed by this group in an attempt to enhance cell-mediated immunity against tuberculosis (TB). In this case, adenovirus-mediated delivery of the murine IFN gene resulted in a significant attenuation of growth of TB in mice given a low-dose aerosol challenge with the organism.

Thus, the compartmentalized overexpression of proinflammatory cytokines has been demonstrated to be of utility in animal models of bacterial pulmonary infections.

4.3.3. Pulmonary vascular diseases: To date, most therapeutic gene transfer to the lung has involved delivery via the airways in order to reach epithelial cell targets. However, the delivery of genes via the pulmonary circulation would be a useful approach to the treatment of diseases affecting vascular function, including pulmonary hypertension, pulmonary thrombosis disorders, and vasculitis. In addition, the pulmonary circulation could be used to access primary or metastatic lung tumors. The pulmonary circulation could also be exploited to provide an indirect route for delivery of genes to the airways. Hence, there are many disease states for which it might prove beneficial to deliver genes via the pulmonary circulation.

The feasibility of gene transfer to the lung vasculature *in vivo* has been demonstrated with a number of vector systems. Lemarchand et al. achieved gene delivery to the lung of sheep by surgically isolating the pulmonary artery and veins, inserting a catheter into the cranial segment and infusing an adenviral vector [49]. In contrast, Rodman et al. have employed percutaneous catheter-mediated delivery of both liposomes and adenoviral vectors to transfer reporter genes to the pulmonary circulation in rats [50]. In this study, the efficiency of gene transfer by the adenovirus was more than 50-fold that achieved by the liposomes. The detection of extrapulmonary expression of the transgenes suggests that future developments should include targeting strategies to achieve cell-specific expression of therapeutic genes.

#### 5. Future Challenges

Although tremendous progress has been made in the ability to transfer genes to cells successfully, the field of gene therapy is still in its infancy. Although many therapeutic genes have been identified for the treatment of both inherited and acquired diseases of the lung, there remain several unresolved problems limiting the practical translation of these gene therapy strategies at the present time. Thus, a number of researchers are attempting to increase the transduction efficiency of viral and nonviral vectors in order to permit gene transfer to a greater percentage of cells. To this end, strategies are also being explored which would enable viral vectors to replicate specifically within the targets cells, to permit gene transfer within a solid tumor, for example. Other investigators are seeking to develop vectortargeting strategies, which will be important to permit gene transfer to disseminated cancer cells as well as to permit cell-specific gene delivery in compartmentalized models of disease. Methods to regulate the expression of therapeutic genes are being explored and it is expected that a lot of attention will be focused on the identification of promoters that can selectively activate genes only within the target disease cells. Other key areas of future research include modifying viral vectors to reduce toxicity and immunogenicity. Some improvements will be specific to individual vector systems, for example, modifications to adenoviral vectors to permit long-term gene expression, which will be important for certain diseases. The lung will continue to serve as a model system in the field of gene therapy in which the requirements for advances in vector development are identified and novel vectors are evaluated. As vector technology evolves, it should become possible to realize the full potential of gene therapy as a valid therapeutic option for pulmonary diseases.

#### Acknowledgements

The authors gratefully acknowledge support from the National Institutes of Health (R01 HL 50255), the American Lung Association (both to DTC), and the American Heart Association (DTC and JTD).

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# Asthma

### *Chapter 2* Genetics of Asthma

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#### 1. Introduction

Asthma is strongly familial and so results partly from genetic factors. Defining these factors improves the understanding of the aetiology and pathophysiology of the disease. The involvement of particular genes may allow the prediction of distinct clinical courses and responses to therapy, and the early identification of children at genetic risk of asthma will then be possible. Although the estimate of risk may be relatively imprecise, the prevention of illness by environmental or other intervention in susceptible children is both feasible and desirable. Genetic discoveries will, in the long run, lead to new pharmacological treatments for asthma.

In contrast to single gene disorders such as cystic fibrosis or Duchenne muscular dystrophy, genes predisposing to asthma will not usually contain mutations. Rather they will be variants of normal genes (polymorphisms), whose evolutionary advantage has been lost in the current Western environment. It is also important to remember that the environmental component to asthma and atopy is at least as strong as the genetic component. In children 95% of asthma is allergic, or atopic and atopic asthma is clinically the most easily recognized and defined, and has the most obvious familial clustering. Although other types of asthma, such as aspirin-sensi-

tive asthma (ASA), are neither familial nor atopic, they are still likely to result from the interaction between genetic and environmental factors.

#### 2. Finding Genes

Genes causing disease may be found either by the process known as positional cloning [1, 2] or by the direct examination of candidate genes.

Positional cloning relies on the phenomenon of genetic linkage. Genes are arranged in a linear array of DNA throughout the genome which is divided into the 23 pairs of chromosomes. During the first stage of meiosis, replicated chromosomes pair up in the cell, break at certain points, form a small number of links to the other member of the pair, and recombine to form two entirely novel chromosome pairs, containing elements of each of the original chromosome pair – a process known as crossing over. After crossover and recombination, there is a second round of cell division without DNA replication, resulting in a single copy of the 23 chromosomes in each gamete (the ovum or sperm). The full set of 46 chromosomes is only restored when a sperm fertilizes an ovum to produce the zygote, from which the fetus develops.

The number of crossovers occuring along a given chromosome is small, often numbering only one or two. As a result of this, large segments of DNA remain intact during meiosis, and genes or segments of DNA that are close together will tend to be passed on to the next generation together. If they are very close they will remain together through many generations. This process, the co-inheritance of stretches of adjacent genes, is known as genetic linkage.

Positional cloning relies on the demonstration of genetic linkage of disease and genetic markers of known chromosomal localization. Once linkage is established, the linked region can be dissected by further genetic mapping with a dense array of closely linked markers. Genetic mapping is followed by physical mapping, the assembly of overlapping DNA clones covering the linked regions, and the eventual identification and sequencing of genes from the DNA.

The positional cloning approach has the advantage of not requiring preexisting knowledge of the pathophysiology of the disease. However, the power to detect linkage in complex genetic diseases is very limited, so that several thousand two-generation families may be necessary to detect linkage to a gene affecting 10% of individuals with disease. Genetic linkage has traditionally been assessed statistically by the lod score. The lod score is the logarithm of the **od**ds that two markers are linked rather than unlinked, for a given estimate of the genetic distance between them. This elegant statistic was the main tool for the localization of single gene disorders such as cystic fibrosis. It has not functioned well in complex disorders because it requires precise knowledge of the model of inheritance, which includes the gene frequency of the disorder, the mendelian inheritance pat-

#### Genetics of Asthma

tern and its penetrance at different ages. For this reason, non-parametric statistics, based on the phenotypes of siblings but ignoring parental phenotypes, are now preferred. Genetic linkage in complex disorders, however assessed, often replicates poorly, at least in the early stages [3]. This is because linkage to a heterogeneous trait is normally only found fortuitously, in samples that contain an exceptional proportion of individuals or families influenced by that particular gene. Simulation experiments have shown that, in these circumstances, many studies may be necessary before replication occurs.

Candidate genes are genes whose known functions suggest that they may have a role in the pathophysiology of a disease. For a candidate, or any gene, to be responsible for the difference between asthmatic and non-asthmatic subjects, there must be at least two varieties: functional and variant. The variant gene may be non-functional or it may function differently.

The role of candidate genes may be assessed by defining polymorphisms within them, and testing for associations with disease. Associations may be found even if the polymorphisms do not alter the function of a gene. This is because when a new mutation or variant first arises in a gene, it will be physically associated or linked with polymorphisms (alleles) of other sequences on the same chromosome. This association of alleles on a chromosome is somewhat clumsily named linkage disequilibrium [4]. Within a gene, linkage disequilibrium of alleles persists for hundreds of generations, so that non-functional alleles will serve as surrogates for the functional alleles nearby. However, establishing whether a polymorphism affects function can be difficult, particularly if it occurs in a non-coding region of a gene.

The enormous increase in understanding of the complex cytokine networks that influence atopy and inflammation means that a plausible case could be made for a large number of different candidates. Successful identification of genes predisposing to asthma is therefore likely to depend on a combination of positional cloning and candidate gene strategies.

#### 3. Genes Influencing Asthma

Many different kinds of genes may be involved in atopy and asthma. These can arbitrarily be divided into four classes: (1) genes predisposing in general to immunoglobulin E (IgE)-mediated inflammation; (2) genes influencing the specific IgE response; (3) genes influencing bronchial hyperresponsiveness independently of atopy; and (4) genes influencing non-IgE-mediated inflammation.

#### 3.1. Class 1 Asthma Genes: Genes Influencing IgE-Mediated Inflammation

Genetic loci influencing total serum IgE levels and the atopic state have been identified on chromosomes 5, 11 and 12, by a combination of genetic linkage and candidate gene approaches. 3.1.1. Chromosome 5a23-31: Linkage of the total serum IgE concentration to markers on chromosome 5q31-33 has been demonstrated by Marsh et al. [5]. Eleven Amish pedigrees made up of 20 nuclear families were selected on the basis of having at least one child with detectable specific IgE to a mixture of 20 common inhalant allergens. Linkage was strongest in the region containing the cytokine cluster. The result was replicated by Myers et al. [6] in Dutch asthmatic families. Using different models of inheritance they concluded, from their data, that there were two unlinked loci on chromosome 5 regulating total serum IgE levels [7]. Further evidence for linkage of the chromosome 5 region with asthma phenotypes was provided by Postma et al. [8] who studied 303 children and grandchildren of asthmatic probands and found linkage of chromosome 5 markers with total serum IgE and bronchial hyperresponsiveness. Doull et al. [9] took the analysis one step further by examining microsatellite markers located in the cytokine cluster region on chromosome 5 for allelic associations between them and atopy and bronchial hyperresponsiveness. They demonstrated a significant allelic association (p = 0.003) between the 118 allele of the interleukin-9 microsatellite and total serum IgE. At least one study has contradicted these results with four large Minnesota families being investigated for linkage with none to total serum IgE being detected across the region [10].

We have recently presented results on linkage and allelic associations between chromosome 5q markers and atopic asthma phenotypes in 80 nuclear families from a larger general population sample [11]. We demonstrated weak linkage to total serum IgE or to bronchial hyperresponsiveness (p < 0.01) though there was a highly significant strong linkage to eosinophilia (marker D5S658, p = 0.00091). Using allelic associations we were able to demonstrate significant associations to microsatellite alleles with allele frequencies greater than 2%. The most significant results were as follows: D5S1995 and total serum IgE (p = 0.0035), IL4RP1 and eosinophil count (p = 0.0011), and interleukin-9 (IL-9) and bronchial hyperresponsiveness (p = 0.00042). The IL-9 association appears to be to a different allele from that reported by Doull et al. [9].

Interest has concentrated upon the chromosome 5q23-31 region because of the plethora of candidate genes in this region. These include IL-3, IL-4, IL-5, IL-9, IL-12b and IL-13, interferon regulatory factor 1 (IFR1), the glucocorticoid (GRL),  $\beta_2$ -adrenergic (ADRB2), colony-stimulating factor 1 (CFS1R) and platelet-derived growth factor (PDGFR) receptors, and granulocyte-macrophage colony-stimulating factor (GM-CSF). As yet there is only evidence for one polymorphism being functional, in the IL-4 promoter [12]. We have investigated this polymorphism for associations with atopy and asthma phenotypes in two populations [13]. In a general Caucasian population sample of 1004 people, a weak association was detected of specific IgE to house dust mite (*Dermatophagoides pteronyssinus*) (p = 0.013). However, in the second population, which was a casecontrol study in which asthmatic atopic probands were compared with unrelated age- and sex-matched, non-atopic, non-asthmatic individuals, there were no significant associations between the polymorphism and either total or specific IgE.

3.1.2. Chromosome 11q12-13: The first suggested linkage of atopy was to the marker D11S97 on chromosome 11q13 [14]. After some controversy [15], linkage has been confirmed consistently [16-20]. It is now obvious that the early difficulty in replicating the linkage to chromosome 11 was the result of the inappropriate use of the lod statistic, and the testing of very small sample sizes. This linkage was also confounded by the high prevalence of atopy, and because the linkage was predominately seen in maternal meioses [21, 22]. In the largest study described, linkage was exclusively maternal [21]. The reasons for the maternal linkage are not known, and it is not clear that this maternal phenomenon corresponds to the phenotypic maternal inheritance of atopy that has previously been noted.

Recognition of the maternal linkage allowed fine mapping of the atopy locus, to within 1 lod unit support interval of 7 cM [22, 23]. This interval was centromeric to and excluded the original D11 S97 marker to which linkage was first observed. A lymphocyte surface marker, *CD20*, was noted to be within the interval. *CD20* shows sequence homology to the  $\beta$  chain of the high affinity receptor for IgE (*Fc*  $\epsilon RI\beta$ ), and has been localized close to that gene on mouse chromosome 19 [24]. The human *Fc*  $\epsilon RI\beta$  gene was subsequently found to be on chromosome 11q13, in close genetic linkage to atopy [22].

Two coding polymorphisms were initially identified within the gene:  $Fc \epsilon RI\beta Leu181$ , and  $Fc \epsilon RI\beta Leu181/Leu183$  [25]. These variants, situated at the start of exon 6, both showed strong associations with atopy when maternally inherited, and seemed to be quite common. However, a study of 1000 subjects found the population prevalence of  $Fc \epsilon RI\beta Leu181/Leu183$  to be only 4%, and that of  $Fc \epsilon RI\beta Leu181$  was not found at all [26].

Subsequently, both variants have been very difficult to assay reliably, and their status is currently uncertain. The detection of a third homologous gene, Htm4, in close proximity to  $Fc\epsilon RI\beta$  and CD20 [27], suggests the possibility that homologous sequences in unknown genes or pseudogenes confound the detection of these variants.

A further variant in the receptor,  $Fc \in RI\beta E237G$ , has recently been described. It is also associated with atopy and bronchial hyperresponsiveness [28]. It is present in about 5% of the UK and other European populations and has also been found in 20% of asthmatic Japanese people [29]. The glutamine to glycine change coded by this variant mkes a substantial polarity change in the intracellular part of the protein, which is likely to have functional implications. Functional studies are still, however, ongoing.

3.1.3. Chromosome 12q15-q24.1: This region on chromosome 12 has attracted some attention because of the presence of several candidate genes within the area, namely: interferon- $\gamma$  (IFNG), mast cell growth factor (MGF), leukotriene-4 hydrolase (LTA4H) and insulin-like growth factor-I (IGFI). Barnes et al. [30] examined two groups for linkage of chromosome 12 markers with asthma and total serum IgE: the first consisted of 29 A fro-Caribbean multiplex families derived by recruiting the extended families of 29 asthmatic probands, and the second consisted of the 11 Amish kindreds described by Marsh et al. [5] plus 39 additional members, including one new family. Significant linkage was found in the Afro-Caribbean group to asthma (D12S379, p=0.001) and total serum IgE (D12S360, p = 0.001) and in the Amish the result for total serum IgE was similar (D12S360, p = 0.01) although at a lower level of significance. Multipoint analysis of asthma in the Afro-Caribbean group also showed a peak of linkage centred on D12S379 (p = 0.003). This is 13 cM downstream from the IFNG gene and 14 cM upstream from the IGFI gene, effectively ruling them out as candidates for the locus affecting these two phenotypes. However, the MCF and LTA4H genes have only been localized to a 14 cM interval with D12S379 at one end, so they remain possible candidates for these loci.

#### 3.2. Class 2 Asthma Genes: Genes Influencing the Specific IgE Response

Atopic individuals differ in the particular allergens to which they react. This difference is of clinical significance, because asthma and bronchial hyperresponsiveness are associated with allergy to house dust mite (HDM) but not to grass pollens [31, 32]. It is therefore interesting to examine whether particular genes influence the IgE response to specific allergens. In addition, study of these genes could give an insight into the inheritance of normal variation within the immune system, and the functional consequences of such variation.

There are two classes of genes that are probable candidates for constraining specific IgE reactions. These are the genes encoding the human leukocyte antigen (HLA) proteins and the genes for the T cell receptor (TCR). These molecules are central to the handling and recognition of foreign antigens.

Inhaled allergen sources such as HDM are complex mixtures of many proteins. A number of major allergens, i.e. those to which IgE responses are consistently found in most individuals, have been identified from each allergen source. It is likely that genetic associations will be better detected with reactions to purified major allergens, rather than with complex allergen sources. Major allergens include *Der p* I (25.4 kDa) and *Der p* II (14.1 kDa) from the house dust mite *Dermatophagoides pteronyssinus*, *Alt a* I (28 kDa) from the mould *Alternaria alternata*, *Can f* I (25 kDa) from

the dog Canis familiaris, Fel d I (18 kDa) from the cat Felis domesticus, and Phl p V (30 kDa) from Timothy grass, Phleum pratense.

3.2.1. Human Leukocyte Antigens: The human major histocompatibility complex (MHC) includes genes coding for HLA class II molecules (HLA-DR, -DQ and -DP), which are involved in the recognition and presentation of exogenous peptides.

An HLA influence on the IgE response was first noted by Levine et al. [33], who found an association between HLA class I haplotypes and IgE responses to antigen E derived from ragweed allergen (*Ambrosia artemisifolia*). This association has been subsequently found to result from restriction of the response to a minor component of ragweed antigen (*Amb a* V) by HLA-DR2 [23]. To date the association of *Amb a* V (molecular weight 5 kDa) and HLA-DR2, is the only HLA association to have been consistently confirmed [33–35]. Other suggested associations are of the rye grass antigens *Lol p* I, *Lol p* II and *Lol p* III with HLA-DR3 (in the same 53 allergic subjects) [36, 37], American feverfew (*Parthenium hysterophorus*) and HLA-DR3 in 22 subjects from the Indian subcontinent [38], the IgE response to *Bet v* I, the major allergen of birch pollen, and HLA-DR3 in 37 European subjects [39], and an HLA-DR5 association with another ragweed antigen *Amb a* VI in 38 subjects [40].

Other authors have reported negative associations with particular allergens. These include HLA-DR4 and IgE responses to mountain cedar pollen (37 subjects) [41] and HLA-DR4 and the bee venom melittin (22 subjects) [42]. Non-responsiveness to Japanese cedar pollen may be associated with HLA-DQw8 [43].

To date there is no confirmation of many of these results, and the number of subjects has generally not approached that required to establish an unequivocal HLA association. In addition, there has been no recognition of the problems of reactivity to multiple allergens: significant relationships between HLA-DR alleles and five antigens (*Amb a* V, *Lol p* I, *Lol p* II, *Lol p* III and *Amb a* VI) have been claimed from the same pool of about 200 subjects [34, 36, 37, 40].

To test more definitively whether HLA class II gene products have a general influence on the ability to react to common allergens, we have genotyped for HLA-DR and HLA-DP in a large sample of atopic subjects from the British population [44]. The subjects were tested for IgE responses to the most common major British allergens.

The result showed only weak associations between HLA-DR allele frequencies and IgE responses to common allergens. A possible excess of HLA-DR1 was found in subjects who were responsive to *Fel d* I compared with those who were not (odds ratio or OR=2; p=0.002), and a possible excess of HLA-DR4 was found in subjects responsive to *Alt a* I (OR=1.9; p=0.006). Increased sharing of HLA-DR/DP haplotypes was seen in sibling pairs responding to both allergens. *Der p* I, *Der p* II, *Phl p* V and Can f I were not associated with any definite excess of HLA-DR alleles. No significant correlations were seen with the HLA-DP genotype and reactive to any of the allergens.

Of the possible associations, those of *Alt a* I with HLA-DR4 and of *Fel d* I with HLA-DR1 were supported by a finding of excess sharing of a HLA haplotype in affected sibling pairs. Regression analysis shows that the apparent association of *Phl p* V with HLA-DR4 is caused by the presence of many individuals who have reacted with an IgE response both to *Alt a* I and *Phl p* V. The association of HLA-DR1 and *Fel d* I is the strongest statistically, and is significant, even taking into account the multiple comparisons.

The study was the first to investigate HLA-DP alleles and reactivity to common allergens. As no definite correlations was found between any antigen response and HLA-DP genotypes in a large dataset, HLA-DP genes are unlikely to have a major role in restricting IgE responses to these allergens.

Aspirin-sensitive asthma affects one in ten individuals with adult-onset asthma, but it does not seem to be more common in individuals with atopy. It is not known whether aspirin sensitivity results from immune mechanisms or from interference with biochemical pathways. Possible involvement of MHC genes in aspirin-sensitive asthma has been tested by HLA-DPB1 and HLA-DRB1 genotyping in 59 patients with positive challenge tests for this asthma and in 48 normal and 57 asthmatic controls [45]. The frequency of DPB1\*0301 was increased in patients with aspirin-sensitive asthma when compared with normal controls (19.5% vs 5.2%; OR = 4.4; 95% confidence interval 95% CI=1.6-12.1; p=0.002), and compared with asthmatic controls (4.4%; OR = 5.3; 95% CI = 1.9-14.4; p = 0.0001). The frequency of DPB1\*0401 in subjects with aspirin-sensitive asthma was decreased when compared with normal controls (28.8% vs 49.0%; OR = 0.42; 95% CI=0.24-0.74; p=0.003) and asthmatic controls (45.6%; OR = 0.48; 95% CI = 0.28 - 0.83; p = 0.008). The results remained significant when corrected for multiple comparisons. There were no significant HLA-DRB1 associations with ASA. The presence of an HLA association suggests that immune recognition of an unknown antigen may be part of the aetiology of ASA. The relative role of HLA-DP in antigen presentation. compared with HLA-DR and HLA-DQ, is unknown.

The results from the various studies therefore show that HLA-DR alleles do modify the ability to mount an IgE response to particular antigens. However, the odds ratio for the association is usually 2.0 or less. Thus class II HLA restriction seems insufficient to account for individual differences in reactivity to common allergens. It is therefore likely that environmental factors or other loci such as T cell receptor (TCR) genes may be of greater relevance in determining an individual's susceptibility to specific allergens.

3.2.2. The T cell receptor: The TCR is usually made up of one  $\alpha$  and one  $\beta$  chain, although 5% of receptors consist of one  $\gamma$  and one  $\delta$  chain. The  $\alpha$ 

chain locus is located on chromosome 14q11.2 and contains the  $\delta$  locus with it. The two other loci are located on chromosome 7, the  $\beta$  chain locus on 7q35 and the  $\gamma$  chain locus on 7p15.

An enormous potential for TCR variety follows from the presence of many variable (V) and junctional (J) segments within the TCR loci. However, the usage of the TCR V $\alpha$  and V $\beta$  segments by lymphocytes is not random, and may be under genetic control [46–49].

To examine whether the TCR genes influence susceptibility to particular allergens, we have therefore tested for genetic linkage between IgE responses and microsatellites from the TCR- $\alpha/\delta$  and TCR- $\beta$  regions [50]. Two independent sets of families, one British and one Australian, were investigated. As the mode of inheritance was unknown, and because of interactions from the environment and other loci, affected sibling pair methods were used to test for linkage.

No linkage of IgE serotypes to TCR- $\beta$  was detected, but significant linkage of IgE responses to the house dust mite allergens *Der* p I and *Der* p II, the cat allergen *Fel* d I, and the total serum IgE to TCR- $\alpha$  was seen in both family groups. The results show that a locus in the TCR- $\alpha/\delta$  region modulates IgE responses. The close correlation between total and specific IgE makes it difficult to determine whether the locus controls specific IgE reactions to particular allergens or confers generalized IgE responsiveness. Nevertheless, linkage was strongest with highly purified allergens, suggesting that the locus primarily influences specific responses.

Replication of positive results of linkage in a second set of subjects is important in interpreting this study. Differences between the populations for the serotypes showing TCR- $\alpha$  allele sharing may be the result of different allergen exposures because grass pollen responses were much more common in Australian subjects. In addition, British subjects were recruited through clinics, whereas Australian subjects were not selected by symptoms.

No association was seen between particular IgE responses and specific TCR- $\alpha$  microsatellite alleles, implying that the microsatellite is not in immediate proximity to the IgE-modulating elements. The degree of linkage disequilibrium across the TCR- $\alpha/\delta$  locus seems low [51], and the microsatellite has been localized only within a 900 kilobase pair (kbp) yeast artificial chromosome [52]. The observed linkage may therefore be with any elements of TCR- $\alpha$  or TCR- $\delta$ , or with other genes in the locality.

Several V $\alpha$  genes have been recognized to be polymorphic [53] and limitation of the response to an allergen may correspond to these polymorphisms. Particular TCR-V $\alpha$  usage may induce IL-4-dominant helper T cells (Th2), which enhance IgE production [54]. A reported non-random usage of V $\alpha$ 13 usage in *Lol p* I-specific T cell clones gives independent support to the possibility of V $\alpha$  genes controlling IgE responses [55].

The TCR- $\delta$  locus is also a candidate for this linkage. The function of TCR- $\gamma/\delta$  cells is not known, but their location on mucosal surfaces,

where allergens initiate IgE responses, could suggest a role in IgE regulation [56].

The genetic restriction of specific IgE responses by TCR- $\alpha/\delta$  may be of clinical significance, and may be of general interest in understanding the control of humoral immunity. Further localization of this genetic effect requires the identification of TCR- $\alpha/\delta$  elements that show allelic associations with specific IgE responses. Studies are also needed to investigate the interactions between this chromosome 14 linkage and the HLA class II genes.

# 3.3. Class 3 Asthma Genes: Genes Influencing Bronchial Responsiveness

No genes have as yet been identified that predispose to bronchial hyperresponsiveness independently of atopy, although some work in mice suggests that such genes exist [57]. Variants in the  $\beta_2$ -adrenergic receptor have been identified and it has been suggested that these may be associated with nocturnal asthma [58]. Three polymorphisms were identified in the gene and then two groups consisting of 23 individuals with and 22 without nocturnal asthma were typed for the three polymorphisms. Only an arginine to glycine polymorphism was found to be more frequent in the nocturnal asthmatic group (p = 0.007). This R16G polymorphism had previously been shown to increase the rate of agonist-promoted downregulation of the  $\beta_2$ -adrenergic receptor *in vitro* and so may account for at least part of the nocturnal asthma phenotype.

# 3.4. Class 4 Asthma Genes: Genes Influencing Non-IgE-Mediated Inflammation

With the rapid advancement of immunology and regular reports of new immunologically active molecules, the number of candidate genes involved in the inflammatory process is large and getting larger all the time. The need to screen for novel polymorphisms to investigate associations with the disease means that progress has been relatively slow. There are, however, a number of genes that now have polymorphisms associated with asthma or atopy phenotypes. Most research has been directed towards cytokines involved in activating T-helper CD4<sup>+</sup> cells from Th0 to Th1 or Th2 subtypes. The atopic inflammatory response involves Th2 cells and the main cytokine produced by Th2 cells is IL-4, which stimulates B cells to switch from IgG to IgE production. Th2 cells also produce IL-3, IL-5 and IL-10 and GM-CSF. The genes for all of these cytokines are in the chromosome 5 cytokine cluster with the exception of IL-10, which inhibits switching from Th1 to Th2. IL-10 is located on chromosome 1, but there are no published genetic data as yet linking it with asthma or atopy. If atopy depends upon promoting a Th2 response, the cytokines that are involved in maintaining the Th1 state may also be important. Interferon- $\gamma$  is the primary cytokine that prolongs the Th1 response and it is interesting that the region containing the *IFNG* gene on chromosome 12 has been linked to high total serum IgE.

Airway inflammation is a characteristic of asthma that may be independent of mechanisms controlling atopy. Tumour necrosis factor  $\alpha$  (TNF $\alpha$ ) is a potent pro-inflammatory cytokine, which shows constitutional variations in the level of secretion that are linked to polymorphisms in the TNF gene complex [59-61]. We have therefore investigated TNF polymorphisms for association with asthma in 800 normal and abnormal subjects from general population and asthma clinic samples. We found that asthma was significantly increased in subjects with alleles associated with increased secretion of TNF $\alpha$ , most notably the TNF $\alpha$  promoter polymorphism TNF  $\alpha$ -308. Considering unrelated subjects only (the parents) from both populations the odds ratio for asthma in individuals who are homozygous for the high secretor allele was 3.9 compared with homozygotes for the low secretor alleles (95% CI = 1.4 - 11.0; p = 0.007) [62]. By analysis of a subset of this population, it was possible to show that asthma was associated with allele 1 of the lymphotoxin- $\alpha$  NcoI polymorphism (p=0.005) and allele 2 of the TNF $\alpha$  – 308 polymorphism (p=0.004) and that this association was confined to the  $LT\alpha NcoI^*1/TNF-308^*2$  haplotype. HLA-DR polymorphisms were excluded as a cause of this association [63].

Other candidate genes include the CC chemokines responsible for the recruitment of cells to the site of inflammation such as eotaxin, RANTES and macrophage inflammatory protein-1 $\beta$  (MIP-1 $\beta$ ) [64]. One characteristic feature of the airway inflammation in asthma is the eosinophil infiltrate in the lung and high levels of circulating eosinophils. With the localization and sequencing of genes such as eotaxin and RANTES, whose products have cellular chemoattractant activities, investigation of polymorphisms in the genes has started to produce results. RANTES and eotaxin are located on chromosome 17 but there are no reported polymorphisms to date in the RANTES gene. As asthma is a complex genetic disease, linkage is not as sensitive as association analysis and one single nucleotide polymorphism has been reported very recently in the eotaxin gene. Lilly et al. [65] described a novel polymorphism in the eotaxin gene, resulting in an alanine to threonine change at amino acid 23 in the protein. They then screened 128 asthmatic individuals and 81 healthy controls and found that the polymorphism was significantly associated with asthma (p < 0.05). They speculated that the amino acid change was likely to be functional and would be expected to alter the rate of eotaxin secretion from cells.

#### 4. Whole Genome Screens for Atopy and Asthma in Humans

The genes and genetic linkages described above do not account for all asthma or atopy. The chromosome 5 locus would appear not to have major

effects on the population as a whole and HLA and TCR- $\alpha$  loci modify the specific response rather than endowing any general predisposition to atopy. Segregation analysis is unable to predict with any accuracy the number and nature of genes contributing to atopy and asthma. To discover whether asthma is a genuine polygenic disorder, we have carried out a complete genome screen in 80 nuclear families, with 300 markers spaced at approximately 10% recombination [66]. We searched for linkage to one qualitative and four quantitative traits associated with asthma: namely atopy, a skin-prick test index, the total serum IgE, the peripheral eosinophil count and bronchial responsiveness. Six potential linkages (p < 0.001) were identified on chromosomes 4, 6, 7, 11, 13 and 16, five of which were to quantitative traits. Monte Carlo simulations showed that 1.6 false-positive linkages at this level of significance would be expected from the data. Two linkages, one to chromosome 11q13 and the other to chromosome 6 near the MHC, had been established previously. Three of the new loci (on chromosome 4, 13 and 16) showed evidence of linkage to a second panel of families.

The Collaborative Study on the Genetics of Asthma (CSGA) recently published interim results from a genome screen for asthma susceptibility loci in three ethnically diverse populations [67]. The three populations consisted of 140 nuclear families ascertained through the presence of two asthmatic siblings and made up of 43 African-American, 79 Caucasian and 18 Hispanic families. They reported evidence for linkage to six novel regions (p < 0.005) to chromosomes 5p15 and 17p11.1-p11.2 (African-Americans), 11p15 and 19q13 (Caucasian) and 2q33 and 21q21 (Hispanics). None of these linkages was replicated in either of the other two ethnic groups. They also reported linkage (p < 0.02) to the previously noted regions on 5q23-31 [5], 6p21.3-23 [62, 63], 12q14-24.2 [30], 13q21.3-qter [66] and 14q11.2-13 [39] in Caucasians, and to 12q14-24.2 in Hispanics. Replication of linkages was not observed among the three groups except for chromosome 12. The analysis carried out did not appear to take into account the multiple testing of many markers in the three populations, and failure to replicate may be because of the low level of statistical significance chosen to declare possible linkage. Alternatively, non-replication may be a consequence of the different genetic backgrounds of the three groups and in addition the environmental backgrounds of the three groups differ. However, the results are derived from only 40% of the total number of sib pairs that will be available when their full study group has been genotyped.

# 5. Whole Genome Screens for Quantitative Trait Loci Underlying Atopy and Asthma in Mice

Major problems are associated with obtaining sufficient clinical data and samples to carry out a meaningful genome screen. Often compromises

have to be made, such as combining study groups that have been ascertained through different routes or who are ethnically dissimilar. However, with a mouse model many of these problems disappear, because there is complete control of environmental factors, full knowledge of pedigrees and no problems with obtaining clinical samples or data. By crossbreeding pure-bred mouse strains with characteristics that are thought to be involved in atopy and asthma, the loci involved in regulating these traits can be detected in relatively small study populations. De Sanctis et al. [57] crossed two strains of mice, A/J and C57BL/6J, which differed in that A/J mice had a threefold increased airway hyperresponsiveness compared with the C57BL/6J mice (p < 0.0001). The airway hyperresponsiveness appeared to be inherited as a dominant trait in the  $F_1$  mice and the  $F_1$  generation was then backcrossed to the C57Bl/6J strain to produce a population with a normally distributed variation in airway responsiveness. Analysis of the variance in the  $F_1$  and  $F_2$  generations demonstrated that approximately 50% was the result of genetic background and the rest of environmental factors. They then genotyped 92 phenotypically extreme mice with 157 microsatellite markers and found evidence for linkage of bronchial hyperresponsiveness to three regions of the mouse genome, which they named Bhr1-3. To confirm this, all 321 of the backcross progeny were then genotyped with the relevant markers. The nearest candidate genes in the human genome to the mouse regions of linkage were interleukin-1 $\beta$  (Bhr1), IL-2b, IL-3b1 and IL-3b2, PDGF  $\beta$ -chain (*Bhr2*), TNF $\alpha$  and mast cell protease genes 6 and 7 (Bhr3). Only evidence for the TNF $\alpha$  linkage has been previously reported in humans, underlining the main drawback with mouse studies, namely the difficulty of determining whether a phenotype in the mouse has the same genetic basis as the same phenotype in humans.

With second-stage genome screens in progress in a number of centres, it seems highly likely that a consensus will emerge as to which regions of the human genome can be linked to asthma and its associated phenotypic traits. With the Human Genome Project progressing rapidly, it is easy to foresee combined linkage and sequence data allowing the rapid identification of genes at a peak of linkage. Gene identification is only the start of the long path to drug therapy, because there is still a formidable amount of work to do to move from each gene sequence to the clarification of its role in the development of asthma.

# 6. Conclusions

The genetic basis for asthma is gradually becoming more certain; the methodological tools for finding genetic linkage and association are now established, and it is likely that all the important genes and their variants will be found in the next 10 years. It should not be forgotten, however, that the environment strongly influences asthma, and that the rising prevalence

of asthma in recent decades is probably the result of environmental factors. The increase in prevalence has an important corollary: asthma is preventable. Recognition of children or infants genetically predisposed to asthma is likely to be the first step in strategies for prevention by environmental or other manipulations in the first year of life.

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# **CHAPTER 3** Transcription Factors and Inflammatory Lung Disease

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# 1. Introduction

Inflammation is a central feature of many lung diseases, including asthma, chronic obstructive pulmonary disease (COPD), cystic fibrosis, fibrosing alveolitis and adult or acute respiratory distress syndrome (ARDS). The specific characteristics of the inflammatory response and the site of inflammation differ between these diseases, but all involve the recruitment and activation of inflammatory cells and chances in the structural cells of the lung. These diseases are characterized by an increased expression of many proteins involved in the complex inflammatory cascade. These

inflammatory proteins include cytokines, enzymes that produce inflammatory mediators, receptors and adhesion molecules. The increased expression of most of these proteins is the result of increased gene transcription; many of the genes are not expressed in normal cells but are induced in certain cell types in these inflammatory diseases. Changes in gene transcription are regulated by transcription factors, which are proteins that bind to DNA. This suggests that transcription factors may play a key role in the pathophysiology of inflammatory diseases, because they regulate the increased gene expression that may underlie the acute and chronic inflammatory mechanisms that characterize these diseases. Corticosteroids are the most effective therapy in the long-term control of asthma and appear to reduce inflammation in asthmatic airways largely by inhibiting the transcription factors that regulate abnormal gene expression. Corticosteroids may also have a beneficial effect in other inflammatory lung diseases, although this is less marked than in asthma, indicating that different genes and transcription factors are involved.

#### 2. Transcription Factors

Transcription factors are proteins that bind to regulatory sequences, usually in the 5'-upstream promoter region of target genes, to increase (or sometimes decrease) the rate of gene transcription. This may result in increased or decreased protein synthesis and altered cellular function. Transcription factors may be activated by many extracellular influences acting via surface receptors which lead to phosphorylation by several types of kinase [1, 2], or may be directly activated by ligands (such as corticosteroids, thyroid hormone and vitamins). Transcription factors may therefore convert transient environmental signals at the cell surface into long-term changes in gene transcription, thus acting as "nuclear messengers" [3]. Transcription factors may be activated within the nucleus, often with the transcription factor bound to DNA, or within the cytoplasm, resulting in exposure of nuclear localization signals and targeting to the nucleus. Thus transcription factors convert environmental signals into altered gene expression. In the context of inflammatory diseases, transcription factors activated by inflammatory stimuli (such as cytokines or viruses) switch on inflammatory genes, leading to increased synthesis of inflammatory proteins (Figure 1). In this way transcription factors may amplify and perpetuate the inflammatory process and this makes them an important potential target in the development of new antiinflammatory drugs. It is possible that abnormal functioning of transcription factors may determine disease severity and responsiveness to treatment [4]. Of particular importance is the demonstration that transcription factors may physically interact with each other, resulting in inhibition or enhancement of transcriptional activity.

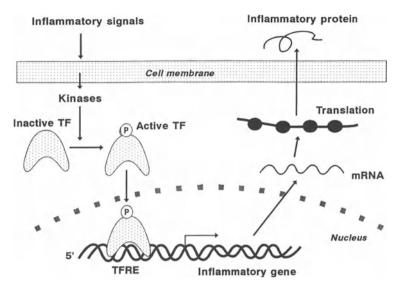


Figure 1. Transcription factors may play a key role in the amplification and perpetuation of inflammatory diseases. Inflammatory signals activate transcription factors (TF) by phosphorylation; these then bind to recognition elements (TFRE) in the promoter regions of inflammatory genes to increase the synthesis of inflammatory proteins.

#### 2.1. Transcription Factor Families

Several families of transcription factors exist and members of each family may share structural characteristics. These families include helix–turn– helix (e.g. POU), zinc finger (e.g. glucocorticoid receptors), basic proteinleucine zipper (cyclic AMP response element-binding factor or CREB, nuclear factor- $\kappa$ B (NF- $\kappa$ B], activator protein-1 [AP-1]) and  $\beta$ -sheet motifs (e.g. HU) [5]. Many transcription factors are common to several cell types (ubiquitous), whereas others are cell specific and determine the phenotypic characteristics of a cell.

#### 2.2. Methods for Studying Transcription Factors

There is relatively little information about the regulation of transcription factors in the airways, particularly in diseases such as asthma. However, molecular methods have been developed for investigation of transcription factor expression and activity. These methods include immunoblotting and immunocytochemistry to detect the transcription factor protein, electrophoretic mobility shift assays to measure transcription factor binding to DNA and DNA footprinting to determine binding to recognition sequences in particular genes. Many transcription factors have now been discovered,

but we will concentrate on some of the transcription factors that may be relevant in inflammatory lung diseases. In the future, the genetic control of transcription factor expression may be an increasingly important aspect of research, because this may be one of the critical mechanisms regulating expression of disease phenotypes and their responsiveness to therapy.

# 2.3. Transcription Factor Interactions

One of the most important concepts to have emerged is that transcription factors may interact with other transcription factors. This then allows cross-talk between different signal transduction pathways at the level of gene expression [6]. Indeed, it is the interaction of transcription factors that may give them different properties in different cell types, because the presence of other transcription factors will profoundly influence the effect exerted by a particular factor on gene expression. Interaction between transcription factors is particularly relevant to the action of drugs, such as corticosteroids and cyclosporin A, which activate or block transcription factors that subsequently modulate other transcription factors.

#### 2.4. Basal Transcription Machinery

Binding of transcription factors to their specific recognition sequences, or activation of the already bound transcription factors in the control regions (promoters) of target genes, is communicated to the basal transcription machinery bound to the TATA box near the start site of transcription. This then leads to activation of the critical enzyme RNA polymerase II, via a chain of basal factors, resulting in increased transcription of the gene and formation of messenger RNA (mRNA), which in turn is then translated into a protein. Binding of transcription factors to their specific binding motifs in the promoter region may alter transcription by interacting directly with components of the basal transcription apparatus or via co-factors that link the transcription factor to the basal transcription apparatus [7] (Figure 2). As DNA loops around histone residues, binding of a transcription factor even far from the TATA boy may interact.

Large proteins that bind to the basal transcription machinery may interact with many transcription factors and thus act as integrators of gene transcription. These co-activator molecules include CREB-binding protein (CBP), which was first recognized as a protein that the transcription factor CREB had to bind to in order to exert its effects [8]. Other co-activator molecules include p300, and these co-activators may bind multiple transcription factors, thus allowing complex interactions between different signalling pathways. Transcription Factors and Inflammatory Lung Disease

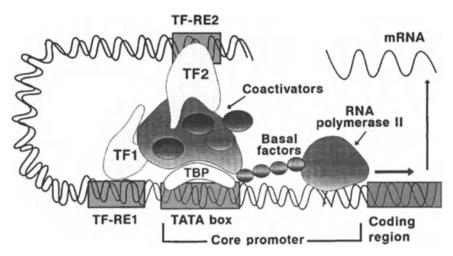


Figure 2. The basal transcription apparatus consists of various proteins that bind to the TATA box at the start site of transcription. These factors include co-activators that bind to transcription factors, some of which may be situated far from the start site as DNA loops around. Transcription factors (TF) bind to specific recognition sequences in the 5'-promoter region (TFRE), resulting in increased transcription by activating RNA polymerase II which in turn, results in transcription of messenger RNA (mRNA).

# 2.5. Specific and Ubiquitous Transcription Factors

Many transcription factors have now been identified and a large proportion of the genome appears to code for these proteins. Many transcription factors are cell specific and are responsible for the selective expression of genes that characterize a particular cell in terms of its structural characteristics, differentiation or function. One example of a specific transcription factor is nuclear factor of activated T cells (NF-AT) which regulates the expression of the lymphocyte proliferative factor interleukin-2 (IL-2) in T lymphocytes. Many transcription factors, such as AP-1 and nuclear factor  $\kappa B$  (NF- $\kappa B$ ), are ubiquitous and regulate large sets of genes, so that a coordinated cellular response is produced. There may also be important interactions between transcription factors, so that it is necessary to have coincident activation of several transcription factors in order to have maximal gene expression. For example, IL-8 is regulated by NF- $\kappa$ B and C/EBP $\beta$  (or nuclear factor of IL-6). C/EBP $\beta$  binding alone has little effect on IL-6 transcription but markedly enhances the effect of NF-*k*B binding. resulting in maximal gene expression [9]. This means that IL-8 will be maximally transcribed only when both transcription factors are activated simultaneously by coincident activating signals. These sorts of interaction explain how transcription factors that are ubiquitous may regulate particular genes in certain types of cell.

#### 3. Nuclear Factor-*k*B (NF-*k*B)

NF- $\kappa$ B is a ubiquitous transcription factor that appears to be of particular importance in inflammatory and immune responses. There is increasing evidence that NF- $\kappa$ B plays a pivotal role in orchestrating the inflammatory response and acts as an amplifying and perpetuating mechanism [10]. NF- $\kappa$ B was first identified as a regulator of immunoglobulin  $\kappa$  light chain gene expression in murine B lymphocytes [11], but has subsequently been identified in most cell types. NF- $\kappa$ B binds to the  $\kappa$ B DNA sequence 5'-GGGACTTTCC-3'. Several different NF-*k*B proteins have been characterized and belong to the Rel family of proteins, which share a region of about 300 amino acids known as the Rel homology domain and containing the DNA-binding elements [12, 13]. The activated form of NF- $\kappa$ B is a heterodimer, which usually consists of two subunits, p65 (RelA) and p50. although other forms such as Rel, RelB, v-Rel, p52, p105 (NF-kB1) and p100 (NF- $\kappa$ B2) may also occur. The p50 may be constitutively bound to DNA but requires p65 for transactivation activity. Rel proteins were identified even in invertebrates, such as Drosophila sp., where they play an important role in both development and primitive inflammatory responses. Targeted disruption of the genes coding for p65 or p50 in mice ("knockouts") results in severe immune deficiency which is lethal in the case of p65 [14, 15].

#### 3.1. Activation of NF- $\kappa B$

In unstimulated cells. NF- $\kappa$ B is localized to the cytoplasm because of binding to inhibitory proteins (I $\kappa$ B), of which several isoforms exist (I $\kappa$ B- $\alpha$ ,  $I\kappa B-\beta$ ,  $I\kappa B-\gamma$ ,  $I\kappa B-\delta$ ,  $I\kappa B-\varepsilon$ , the most abundant being  $I\kappa B-\alpha$  [16, 17]. When the cell is appropriately stimulated, specific IRB kinases phosphorylate IkB, leading to the rapid addition of ubiquitin residues (ubiquitination) which make it a substrate for the proteasome, a multifunctional cellular protease [18, 19] (Figure 3). A specific  $I\kappa B-\alpha$  kinase complex (IKK) has now been identified and contains at least two interacting subunits [20]. Several signal transduction pathways are involved in the activation of NF-kB and enzymes from the mitogen-activated protein (MAP) kinase pathways may interact at various points in the activation of NF- $\kappa$ B [21]. A newly described kinase, NF- $\kappa$ B-inducing kinase (NIK), is a MAP3Krelated enzyme involved in the activation of IKK by tumour nectoris factor- $\alpha$  (TNF- $\alpha$ ) and IL-1 $\beta$  [22]. A key enzyme in the stress-activated MAP kinase pathway, which leads to the activation of c-Jun N-terminal kinase, is MEKK1, which also activates the IkB- $\alpha$  kinase complex, indicating that mechanisms that activate JNK and AP-1 may also activate NF- $\kappa$ B [23].

Degradation of  $I\kappa B$  uncovers nuclear localization signals on p65 and p50, so it is rapidly transported into the nucleus where it binds to specific

Transcription Factors and Inflammatory Lung Disease

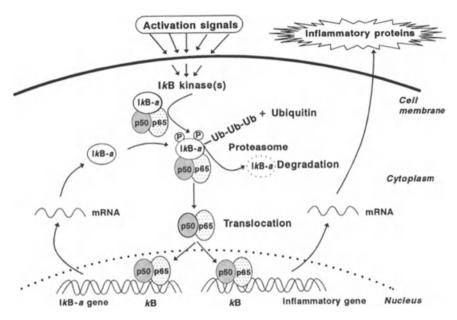


Figure 3. Activation of nuclear factor- $\kappa B$  (NF- $\kappa B$ ) involves phosphorylation of the inhibitory protein I $\kappa B$  by specific kinase(s), with subsequent ubiquitination and proteolytic degradation by the proteasome. The free NF- $\kappa B$  then translocates to the nucleus, where it binds to  $\kappa B$  sites in the promoter regions of inflammatory genes. Activation of the I $\kappa B$ - $\alpha$  gene results in increased synthesis of I $\kappa B$ - $\alpha$  to terminate the activation of NF- $\kappa B$ .

 $\kappa$ B recognition elements in the promoter regions of target genes. The I $\kappa$ B- $\alpha$  gene (MAD-3) itself has several  $\kappa$ B sequences in its promoter region, so that NF- $\kappa$ B induces the synthesis of I $\kappa$ B- $\alpha$ , which enters the nucleus to bind NF- $\kappa$ B and induce its export to the cytoplasm, thus terminating activation [24]. Newly synthesized I $\kappa$ B- $\alpha$  interacts with and binds to NF- $\kappa$ B heterodimers within the cytoplasm and to NF- $\kappa$ B bound to  $\kappa$ B sites within the nucleus [25]. Targeted disruption of the I $\kappa$ B- $\alpha$  gene results in prolonged activation of NF- $\kappa$ B and animals die of inflammation [26]. By contrast, I $\kappa$ B- $\beta$  is not induced by NF- $\kappa$ B, so NF- $\kappa$ B is likely to be activated for a more prolonged period in cell types in which I $\kappa$ B- $\beta$  predominates [27].

Many stimuli activate NF- $\kappa$ B, including cytokines IL-1 $\beta$ , TNF- $\alpha$ , IL-2 and granulocyte-macrophage colony-stimulating factor (GM-CSF) [12], oxidative stress (particularly hydrogen peroxide) [28], viruses (such as rhinovirus and adenovirus) [29], phorbol esters, lipopolysaccharide, and Band T-lymphocyte activation. Several signal transduction pathways may be involved in this activation, but all of these stimuli appear to act via rapidly activated protein kinases that lead to I $\kappa$ B phosphorylation. The activation of these protein kinases may be blocked by antioxidants, such as pyrrolidine dithiocarbamate (PDTC) and N-acetylcysteine, suggesting that reactive oxygen species may act as intermediary molecules in NF- $\kappa$ B activation in response to a wide range of stimuli [30].

# 3.2. Inflammatory and Immune Genes

NF- $\kappa$ B is now known to regulate the expression of many inflammatory and immune genes. Many of these genes are induced in inflammatory and structural cells and play an important role in the inflammatory process. Although NF- $\kappa$ B is not the only transcription factor involved in regulation of the expression of these genes, it often appears to have a decisive regulatory role. NF- $\kappa$ B often functions in cooperation with other transcription factors, such as AP-1 and C/EBP, which are also involved in regulation of inflammatory and immune genes [9, 31]. Genes induced by NF-*k*B include those for the inflammatory cytokines IL-1 $\beta$ , TNF- $\alpha$  and GM-CSF, and the chemokines IL-8, macrophage inflammatory protein-1 $\alpha$  (MIP-1 $\alpha$ ), macrophage chemotactic protein-1 (MCP-1), RANTES and eotaxin, which are largely responsible for attracting inflammatory cells into sites of inflammation [12, 32–35]. NF-*k*B also regulates the expression of inflammatory enzymes, including the inducible form of nitric oxide synthase (iNOS), which produces large amounts of NO [36], and inducible cyclo-oxygenase (COX-2), which produces prostanoids [37, 38]. NF- $\kappa$ B also plays an important role in regulating expression of adhesion molecules, such as E-selectin, vascular cell adhesion molecule-1 (VCAM-1) and intercellular adhesion molcule-1 (ICAM-1), which are expressed on endothelial and epithelial cells at inflammatory sites and play a key role in the initial recruitment of inflammatory cells [39, 40]. This suggests that activation of NF- $\kappa$ B leads to the coordinated induction of multiple genes that are expressed in inflammatory and immune responses.

Products of genes that are regulated by NF- $\kappa$ B also cause its activation. Thus the proinflammatory cytokines IL-1 $\beta$  and TNF- $\alpha$  both activate and are activated by NF- $\kappa$ B; this may result in a positive regulatory loop which may be important in amplifying and perpetuating the inflammatory response at the local site (Figure 4).

NF- $\kappa$ B also plays a complex role in apoptosis. Inhibition of NF- $\kappa$ B increases apoptosis in response to TNF- $\alpha$  in several cell types, including lymphocytes, suggesting that NF- $\kappa$ B counteracts apoptosis [41, 42].

#### 3.3. Role in Inflammatory Lung Diseases

NF- $\kappa$ B may be activated by many of the stimuli that exacerbate asthmatic inflammation. In experimental animals allergen exposure in sensitized animals activates NF- $\kappa$ B in the lung [43] with concomitant expression of iNOS and chemokines [44]. In animal studies *in vivo* activation of T lym-

Transcription Factors and Inflammatory Lung Disease

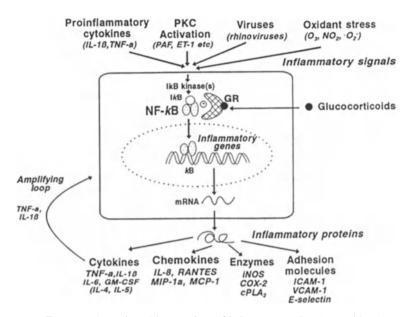


Figure 4. NF- $\kappa$ B may be activated by a variety of inflammatory signals, resulting in the coordinated expression of multiple inflammatory genes, including cytokines, chemokines, enzymes and adhesion molecules. The cytokines IL-1 $\beta$  and TNF- $\alpha$  both activate and are regulated by NF- $\kappa$ B and may act as an amplifying feed-forward loop. The actions of NF- $\kappa$ B are inhibited by glucocorticoids by binding to activated glucocorticoid receptors (GR).

phocytes with CD3 antibodies results in marked activation of NF- $\kappa$ B [45]. Oxidants activate NF- $\kappa$ B in a human epithelial line, resulting in increased expression of iNOS [46], and exposure of animals to the oxidant ozone results in NF- $\kappa$ B expression in lung [47]. Exposure of human peripheral blood mononuclear cells, epithelial cells and lung tissue to proinflammatory cytokines results in marked activation of NF- $\kappa$ B which may be prolonged [48–50]. Virus infections are common triggers of acute severe exacerbations of asthma and are thought to initiate a prolonged inflammatory response. Thus experimental rhinovirus infection results in activation of NF- $\kappa$ B and IL-6 secretion in nasal epithelial cells [29]. Viruses may activate NF- $\kappa$ B through mechanisms that involve generation of nF- $\kappa$ B in biopsies of patients with asthma and in inflammatory cells in the sputum [51].

Many of the inflammatory and immunoregulatory genes (cytokines, enzymes, adhesion molecules) expressed in asthma are regulated predominantly by NF- $\kappa$ B. One such gene that has been studied extensively is iNOS which is expressed in airway epithelial cells and macrophages in asthma [52]. This increased iNOS expression is reflected by increased amounts of NO in exhaled air of asthmatic patients [53].

Although there are many similarities between the inflammatory responses in arthritis, asthma, inflammatory bowel disease and other inflammatory diseases, there are also important differences and clearly factors other than NF- $\kappa$ B are involved [10]. These differences may relate to the secretion of specific cytokines, such as IL-5 in asthmatic inflammation which promotes an eosinophilic inflammation. The role of NF- $\kappa$ B should be seen as an amplifying and perpetuating mechanism that will exaggerate the disease-specific inflammatory genes. Thus, IL-5 alone results in relatively little accumulation of eosinophils within tissues, but this is enormously amplified by the local injection of the eosinophil-specific chemokine, eotaxin, which is regulated via NF- $\kappa$ B [54].

NF- $\kappa$ B is also likely to be involved in the alveolar inflammation of fibrosing lung disease. Although no direct measurements of NF- $\kappa$ B have been made, there is evidence for increased expression of iNOS, which is largely regulated by NF- $\kappa$ B [55], and there is an increase in exhaled NO in patients with active alveolitis [56]. Asbestos exposure also activates NF- $\kappa$ B in lungs of experimental animals [57], and thus may be linked to the fibrotic process.

NF- $\kappa$ B is also likely to be involved in ARDS [58]. Endotoxin is a potent activator of NF- $\kappa$ B in lungs and alveolar macrophages of experimental animals and this may underlie the neutrophil response in the lungs [59]. The antioxidant *N*-acetylcysteine inhibits this endotoxin-mediated NF- $\kappa$ B activation and the neutrophilic response. NF- $\kappa$ B activation is likely to underlie the increased expression of iNOS in the lungs of rats exposed to endotoxin [60]. Alveolar macrophages from patients with ARDS have increased activation of NF- $\kappa$ B compared with patients with other severe diseases [61]. This would be consistent with reports of increased IL-8 in bronchoalveolar lavage fluid of patients with ARDS [62].

#### 4. Activator Protein-1 (AP-1)

AP-1 is a heterodimer of Fos and Jun oncoproteins, which is a member of the basic leucine zipper (bZIP) transcription family, characterized by a basic leucine-rich area that is involved with dimerization with other transcription factors (Figure 5). AP-1 was originally described by binding to the TPA (tetradecanoylphorbol-13-acetate) response element (TRE: 5'-TGAC/ GTCA-3') and is responsible for the transcriptional activation of various genes that were activated by phorbol esters (such as TPA, also known as phorbol mysistate acetate or PMA) via activation of protein kinase C (PKC) [63]. It is now apparent that AP-1 is a collection of related transcription factors belonging to the Fos (c-Fos, FosB, Fra1, Fra2) and Jun (c-Jun, JunB, JunD) families which dimerize in various combinations through their leucine zipper region. Fos/Jun heterodimers bind with the Transcription Factors and Inflammatory Lung Disease

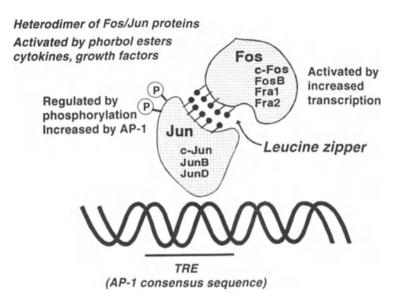


Figure 5. AP-1 is a heterodimer of Fos and Jun proteins.

greatest affinity and are the predominant form of AP-1 in most cells, whereas Jun/Jun homodimers bind with low affinity. AP-1 proteins may also form functionally distinct dimeric complexes with members of the related bZIP family of ATF/CREB transcription factors.

AP-1 may be activated via PKC and by various cytokines, including TNF- $\alpha$  and IL-1 $\beta$  via several types of protein tyrosine kinase (PTK) and mitogen-activated protein (MAP) kinase, which themselves activate a cascade of intracellular kinases [64, 65]. Both TNF- $\alpha$  and IL-1 $\beta$  activate TNF-associated factors (TRAF), which subsequently activate MAP kinases [21]. Recent studies suggest that there may be interactions between the AP-1 activating pathways and NF- $\kappa$ B pathways, in that TRAF2 (activated by TNF- $\alpha$ ) and TRAF-6 (activated by IL-1 $\beta$ ) may both activate NIK and then IKK [21] (Figure 6).

We have demonstrated the activation of AP-1 in human lung after stimulation with PMA, TNF- $\alpha$  and IL-1 $\beta$  [50, 66], and in peripheral blood mononuclear cells after activation with PMA [48]. Certain signals rapidly increase the transcription of the *fos* gene, resulting in increased synthesis of Fos protein. Other signals lead to activation of kinases that phosphorylate c-Jun, resulting in increased activation. Several specific c-Jun N-terminal kinases (JNK) are now recognized, and may play an important role in the regulation of cellular responsiveness to cytokine signals [65, 67, 68]. Conversely a Jun phosphatase counteracts the activation of AP-1, and a deficiency of this enzyme might lead to amplification of chronic inflammation.

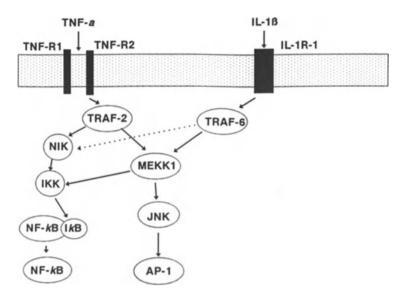


Figure 6. Interaction between AP-1 and NF- $\kappa$ B activating pathways: TNF- $\alpha$  binding to TNF-receptor-2 (TNF-R2) activates TNF-associated factor-2 (TRAF-2) which then activates NF- $\kappa$ B-inducing kinase (NIK); this in turn, leads to activation of NF- $\kappa$ B via activation of the I $\kappa$ B kinase complex (IKK). TRAF-2 also activates a MAP kinase enzyme, MEKK1, which leads to activation of Jun N-terminal kinase (JNK) and activation of AP-1. Similarly, IL-1 $\beta$  binds to the IL-1 receptor (IL-1R-1), leading to activation of TRAF-6, which also activates NIK and MEKK1, resulting in parallel activation of AP-1 and NF- $\kappa$ B.

The role of AP-1 in other inflammatory lung diseases has not been investigated. Endotoxin activates AP-1, so that it is likely to be involved with NF- $\kappa$ B in the regulation of inflammatory genes in this condition. For example, endotoxin induces haem oxygenase-1 via AP-1 activation [69].

There is evidence for increased expression of c-Fos in epithelial cells in asthmatic airways [70], and many of the stimuli relevant to asthma that activate NF- $\kappa$ B will also activate AP-1. AP-1, like NF- $\kappa$ B, regulates many of the inflammatory and immune genes that are over-expressed in asthma. Indeed many of these genes require the simultaneous activation of both transcription factors that work together cooperatively.

The recognition that AP-1 may interact with other transcription factors indicates that cross-talk between different signal transduction pathways is possible [71]. The activated glucocorticoid receptor (GR) directly interacts with activated AP-1, and this may be an important action of steroids to inhibit cytokine-mediated inflammatory responses (see below). AP-1 also interacts with cell-specific transcription factors, such as nuclear factor of activated T cells (NF-AT) (see below).

Transcription Factors and Inflammatory Lung Disease

#### 5. CAAT/Enhancer-Binding Proteins

C/EBP are transcription factors important in IL-1, IL-6 and lipopolysaccharide (LPS)-dependent signal transduction and bind to a consensus sequence ATTGCGCAAT, which includes the CAAT box. These transcription factors are members of the bZIP class of transcription factors and include C/EBP $\alpha$ , C/EBP $\beta$  (formerly called nuclear factor for IL-6), C/EBP $\gamma$  and C/EBP $\delta$  [72]. These transcription factors are activated by pathways that involve PKC and regulate the expression of several inflammatory and immune genes. They often cooperate positivelly with other transcription factors, particularly other bZIP proteins, such as AP-1, ATF and CREB, but also with NF- $\kappa$ B. Thus, in the regulation of IL-8 gene expression there is a marked enhancement of transcription when C/EBP $\beta$ is activated together with NF- $\kappa$ B, whereas C/EBP $\beta$  activation alone has little effect [9]. Splice isoforms of these transcription factors, which appear to have blocking effects on transcription, have been identified.

The role of C/EBP in asthma has not yet been defined, but it is likely that activation of this transcription factor by inflammatory signals is an important amplifying mechanism for the expression of inflammatory genes, such as iNOS, COX-2 and certain chemokines, which have C/EBP $\beta$  recognition sequences in their promoter regions. Many of the effects of IL-6 are mediated through activation of C/EBP $\beta$  and this cytokine is produced in increased amounts from macrophages of asthmatic patients [73] and is further enhanced by allergen exposure via low-affinity immunoglobulin E (IgE) receptors (Fc $\epsilon$ RII) [74]. Rhinovirus infection markedly increases the concentrations of IL-6 in induced sputum and levels remain elevated for several days [75].

### 6. JAK/STAT Family

Several cytokines, including interferons, activate specific cytosolic tyrosine kinases known as Janus kinases (JAK) [76, 77] (Figure 7). Members of the JAK family include JAK1, JAK2, JAK3, TyK1 and TyK2 and may be differentially activated by different cytokines. Thus IL-2 activates JAK1 and JAK3, IL-6 activates JAK1, JAK2 and JAK3, whereas IL-5 activates only JAK2. JAKs are constitutively associated with the cytoplasmic domains of cytokine receptors and become activated upon ligand-induced receptor homo- or heterodimerization. JAKs then phosphorylate tyrosine residues on the cytoplasmic domains of cytokine receptors, which create docking domains for a family of transcription factors known as signal transducers and activators of transcription (STATs) [72]. Phosphorylation of the SH2 domain of STATs results in the formation of homo- or heterodimers which migrate to the nucleus, where they bind to response elements on promoter sequences to regulate the transcription of specific genes. An increasing number of STAT proteins have now been identified and, again,

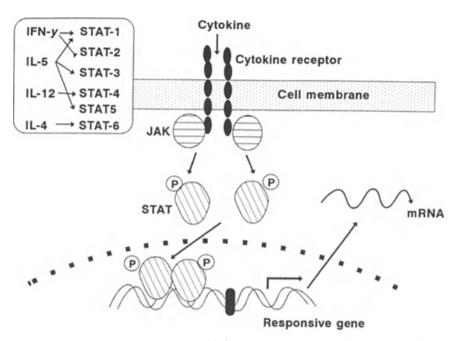


Figure 7. JAK-STAT pathways: cytokine binding to its receptor results in activation of Janus kinases (JAK) which phosphorylate intracellular domains of the receptor, resulting in phosphorylation of signal transduction-activated transcription factors (STATs). Activated STATs dimerize and translocate to the nucleus where they bind to recognition elements on certain genes.

there is specificity with particular cytokines. Thus INF- $\gamma$  activates STAT1 only, whereas IFN- $\alpha$  activates STAT1 and STAT2 to form a STAT1/STAT2 heterodimer; these, in turn bind to IFN- $\gamma$  activation sequences (GAS). STATs affect transcription by interacting with the co-activator molecules CBP and p300 [78, 79].

There is specificity in JAK-STAT pathways. Thus IL-6 activates STAT3, whereas IL-4 activates STAT6 [80, 81]. STAT6 therefore provides a novel target for blocking the effects of IL-4 as a potential treatment for allergic asthma. STAT6 knock-out mice have no response to IL-4, fail to produce IgE on allergen sensitization and do not develop Th2 cells in response to IL-4, indicating the critical role of STAT6 in allergic responses [82]. By contrast IL-12 signals via activation of STAT4 [83]. STAT4 knock-out mice have no response to IL-12 and have a propensity to develop Th2 lymphocytes [84]. IL-5 appears to activate several STATs, including STAT1, STAT3 and STAT5 $\alpha$  [85–87]. STAT5, originally identified as a mediator of the growth effects of prolactin, also mediates the effects of GM-CSF [87].

Recently, inhibitors of STATs have been identified which are themselves regulated through JAK-STAT pathways and therefore provide a mechanism for switching of cytokine-triggered cellular signalling [88, 89].

#### 7. Cyclic AMP Response Element-Binding Protein

Increased concentrations of cAMP also result in the activation or inhibition of gene transcription; cAMP activates protein kinase A, which phosphorylates the transcription factor CREB, which in turn binds to a CRE in the promoter region of certain genes [90]. CREB is a member of large family of CRE-binding proteins, including members of the activating transcription factor (ATF) family. CREB itself binds to CBP which acts as a coactivator molecule that binds to the TATA box and initiates transcription [91]. CREB may be counteracted by another transcription factor called CRE modulator (CREM) which may block the effects of CREB on CRE (although some splice variants appear to increase CRE binding). CREB appears to be important in the regulation of  $\beta_2$ -adrenoceptor expression [92]. It is activated by relatively high concentrations of  $\beta_2$ -agonists in lung [93] and may play a role in the down-regulation of  $\beta_2$ -receptors after chronic exposure to  $\beta_2$ -agonists [94, 95]. CREB also regulates the expression of several immune and inflammatory genes, including GM-CSF and IL-5.

CREB interacts directly with other transcription factors, allowing crosstalk between different signalling pathways. Thus CREB has a negative effect on AP-1 [96] and GR [97]. High concentrations of  $\beta$ -agonists inhibit the binding of GR to DNA [93, 98]. This may interfere with the antiinflammatory effects of steroids and may account for the deleterious effects of high-dose inhaled  $\beta$ -agonists in some patients with asthma [99].

#### 8. CREB-Binding Protein

Recent evidence suggests that several transcription factors interact with large co-activator molecules, such as CBP and the related p300, which bind to the basal transcription factor apparatus [100]. Several transcription factors have now been shown to bind directly to CBP, including AP-1, NF-kB and STATs [79, 101-103]. As binding sites on this molecule may be limited, this could result in competition between transcription factors for the limited binding sites available, so that there is an indirect rather than a direct protein-protein interaction (Figure 8). CBP also interacts with nuclear hormone receptors, such as glucocorticoid receptor (GR) and retinoic acid. These nuclear hormone receptors may interact with CBP and the basal transcriptional apparatus through binding to other nuclear co-activator proteins, including steroid receptor co-activator-1 (SRC-1) [104, 105], transcription factor intermediary factor-2 (TIF2) or glucocorticoid receptor-interacting protein-1 (GRIP-1 for the GR) [106]. A newly described nuclear protein called p300/ CBP co-integrator-associated protein (p/CIP) appears to be particularly important in the binding of several nuclear receptors to CBP/p300 [107]. These nuclear activator proteins associate with nuclear receptors via a common sequence LXXLL (where L is lysine and X is any amino acid) [108].

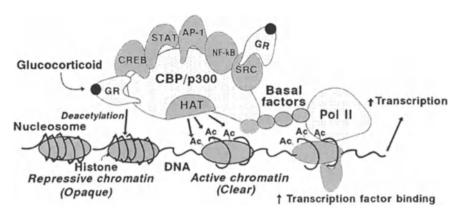


Figure 8. Co-activator molecules: transcription factors, such as STATs, AP-1 and NF- $\kappa$ B, bind to co-activator molecules, such as CREB-binding protein (CBP) or p300, which have intrinsic histone acetyltransferase (HAT) activity, resulting in acetylation (Ac) of histone proteins around which DNA is wound in the chromosome. This leads to unwinding of DNA and so allows increased binding of transcription factors, resulting in increased gene transcription. Glucocorticoid receptors (GR), after activation by corticosteroids, bind to a steroid receptor co-activator which is bound to CBP. This results in deacetylation of histone, with increased coiling of DNA around histone, thus preventing transcription factor binding leading to gene repression.

DNA is wound around histone proteins to form nucleosomes and the chromatin fibre in chromosomes. It has long been recognized at a microscopic level that chromatin may become dense or opaque as a result of the winding or unwinding of DNA around the histone core. CBP and p300 have histone acetvlation activity which is activated by the binding of transcription factors, such as AP-1 and NF-kB [109]. Acetylation of histone residues results in unwinding of DNA coiled around the histone core, thus opening up the chromatin structure; this allows transcription factors to bind more readily, thereby increasing transcription (Figure 8). Repression of genes reverses this process by histone deacetylation [110]. The process of deacetylation involves the binding of hormone or vitamin receptors to corepressor molecules, such as nuclear receptor co-repressor (N-CoR) which forms a complex with another repressor molecule Sin3 and a histone deacetylase [111, 112]. Deacetylation of histone increases the winding of DNA round histone residues, resulting in dense chromatin structure and reduced access of transcription factors to their binding sites, thereby leading to repressed transcription of inflammatory genes.

# 9. Glucocorticoid Receptors (GRs)

Glucocorticoid receptors are members of the nuclear receptor superfamily which includes other steroids (oestrogen, progesterone), and receptors for vitamins (vitamins A and D) and thyroid hormone. GRs are transcription factors that regulate the transcription of several steroid-responsive target genes [113]. They are expressed in most types of cell, and in human lung there is a high level of expression in airway epithelium and the endothelium of bronchial vessels [114]. The inactive GR is bound to a protein complex which includes two molecules of 90-kDa heat shock protein (hsp90) and an immunophilin; these act as molecular chaperones, protecting the nuclear localization site. Glucocorticoids bind to GRs in the cytoplasm, resulting in dissociation of these molecules and rapid nuclear localization and DNA binding. GRs form homodimers to interact with glucocorticoid response elements (GRE: GGTACAnnnTGTTCT), resulting in increased gene transcription [115]. Recently, it has become apparent that steroid receptors bound to DNA may interact with CBP to enhance transcription and the adenovirus protein E1A, which inactivates CBP, interfere with the action of steroids [104]. Steroids interact with CBP through binding of their ligandactivated GRs to p/CIP and other nuclear proteins [107].

Relatively few genes have GREs. One well-studied example is the human  $\beta_2$ -adrenoceptor gene which has at least three GREs [92]. Corticosteroids increase transcription of  $\beta_2$ -receptors in animal and human lung and this may prevent tolerance to the effects of  $\beta_2$ -agonists by compensating for their down-regulation [95, 116]. Corticosteroids also increase the transcription of several anti-inflammatory proteins, including lipocortin-1, secretory leukoprotease inhibitor, CC-10 and IL-1 receptor antagonist, and these effects are presumably also mediated via GREs in the promoter regions of these genes [117]. Corticosteroids have also been reported to increase the expression of  $I\kappa B-\alpha$  in lymphocytes and thus to inhibit NF- $\kappa B$ [45, 118], but this has not been seen in other cell types [119–121]. The  $IkB-\alpha$  gene does not appear to have any GRE consensus sequence so any effect of corticosteroids is probably mediated via other transcription factors.

#### 9.1. Interaction With Other Transcription factors

The major anti-inflammatory effects of corticosteroids are through repression of inflammatory and immune genes, and it was believed that this was likely to be mediated through negative GREs resulting in gene repression. However, none of the inflammatory and immune genes that are switched off by steroids in asthma appears to have negative GREs in their promoter sequences, suggesting that there must be some less direct inhibitory mechanism. The inhibitory effect of corticosteroids appears to result largely from a protein–protein interaction between activated GRs and transcription factors, such as AP-1, NF- $\kappa$ B and C/EBP, which mediate the expression of these inflammatory genes [122] (Figure 9). Direct protein–protein interactions have been demonstrated between GRs and AP-1 [6, 71], and between the p65 component of NF- $\kappa$ B [48, 123, 124] and some STAT proteins, such as STAT5 [125], suggesting that corticosteroids block the

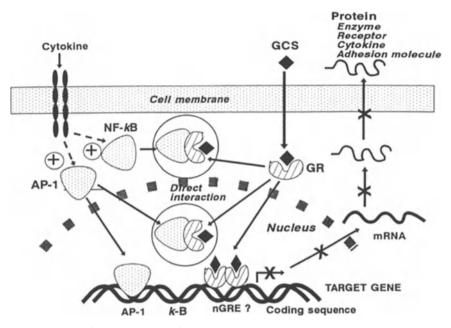


Figure 9. Mechanism of gene repression by corticosteroids. There is little evidence that glucocorticoid receptors (GR) interact with negative glucocorticoid response elements (nGRE). Direct interaction between the transcription factors activator protein-1 (AP-1) and nuclear factor- $\kappa$ B (NF- $\kappa$ B) and the GR may result in mutual repression. In this way steroids may counteract the chronic inflammatory effects of cytokines and other stimuli that activate these transcription factors.

binding or activation of these transcription factors and thus suppress activated inflammatory genes.

There has recently been increasing evidence that corticosteroids may have effects on the chromatin structure of DNA. The repressive action of steroids may be a result of competition between GRs and the binding sites on CBP for other transcription factors, including AP-1, NF- $\kappa$ B and STATs [79, 101–103]. Activated GRs may bind to several transcription co-repressor molecules which associate with proteins that have histone deacetylase activity, resulting in deacetylation of histone, increased winding of DNA round histone residues, reduced access of transcription factors to their binding sites, and therefore repression of inflammatory genes [110] (see Figure 8).

A good example is the inhibitory effect of steroids on iNOS expression; iNOS is largely regulated via NF- $\kappa$ B [36] and the inhibitory effect of glucocorticoids on induction of iNOS appears to result from a direct interaction of GRs and the p65 component of NF- $\kappa$ B [126]. This results in reduced iNOS expression in asthmatic airways [127] and a reduction in exhaled nitric oxide [128]. Similarly, the eosinophil chemotactic cytokine RANTES, which is up-regulated in asthmatic airways, is inhibited by corticosteroids [129–131]. This is probably the result of an interaction of GRs with NF- $\kappa$ B and AP-1, which are important determinants of RANTES expression [33].

The effect of steroid receptor activation is to interfere with the activation of CBP, which regulates acetylation of the histone around which DNA is coiled. The net effect results in deacetylation of histone residues and thus tighter coiling of DNA, excluding transcription factors such as NF- $\kappa$ B and AP-1 from binding to DNA [102].

#### 9.2. Steroid-Resistant Inflammation

A small proportion of asthmatic patients are steroid resistant and fail to respond to even high doses of oral steroids [132–134]. Similar resistance is seen in other chronic inflammatory diseases, such as inflammatory bowel disease and rheumatoid arthritis, but it has been studied most carefully in patients with asthma. This defect is also seen in mononuclear cells and T lymphocytes isolated from these patients. A reduction in the number or affinity of GRs cannot account for the profound loss of steroid responsiveness, but we have found a marked impairment of GRE binding after exposure of mononuclear cells to steroids in vitro [135]. This is associated with a marked reduction in the number of activated GRs available for binding. In the same patients there is a reduced inhibitory effect of corticosteroids on AP-1 activation, but not on NF-*k*B or CREB activation [136]. Furthermore, there is an increase in the baseline activity of AP-1 and activation of AP-1 with phorbol esters shows a greatly exaggerated expression of c-Fos as a result of increased gene transcription [137]. This appears to be caused by excessive activation of JNK at baseline and in response to TNF- $\alpha$  [138]. The increased activation of AP-1 may result in sequestration of GRs so that no receptors are available for inhibiting NF-*k*B, C/EBP, etc., resulting in steroid resistance. This resistance will be seen at the site of inflammation where cytokines are produced, i.e. in the airways of asthmatic patients, but not at non-inflamed sites. This may explain why patients with steroid-resistant asthma are not resistant to the endocrine and metabolic effects of steroids, and why they develop steroid side effects [139]. Whether this abnormality is inherited is not yet certain, although there is often a positive family history of asthma in patients with steroid-resistant asthma, indicating that genetic factors may be important.

# 10. Nuclear Factor of Activated T Cells

The nuclear factor of activated T cells (NF-AT) is a good example of a cell-specific transcription factor, because it is predominantly found in T lymphocytes, although it is also found in other cells such as mast cells. NF-

AT is of key importance in the regulation of the expression of IL-2 and probably other T cell-derived cytokines, such as IL-4 and IL-5. Activation of T cells results in activation of the phosphatase calcineurin, which in turn, activates a preformed cytoplasmic NF-AT (NF-ATp) (Figure 10). Calcineurin binds tightly to NF-ATp and is transported into the nucleus where it continues to dephosphorylate NF-AT, counteracting an NF-AT kinase [140]. At least three other forms of NF-AT have now been identified (NF-ATc, NF-AT3 and NF-AT4) and these are differentially expressed in different tissues, although all have a Rel-like domain [141]. AP-1 forms a transcriptional complex with NF-AT (and is the nuclear NF-AT previously identified) by interacting with the Rel domain to increase IL-2 gene expression [142–144]. This may be inhibited by cyclosporin A and tacrolimus (FK 506) which both inhibit calcineurin, or by steroids which inhibit AP-1 directly. This predicts that there is a synergistic interaction between cyclosporin A and steroid in inhibiting cytokine gene expression in T cells, which has recently been confirmed in studies of lymphocyte proliferation and transcription factor suppression [145].

NF-ATp is important for the regulation of IL-4 and IL-5 genes [146]. NF-AT cooperates with AP-1 in the expression of IL-4 in mice [147] and

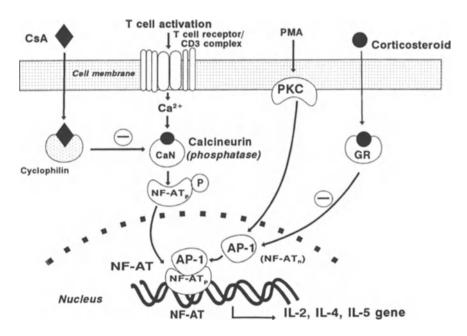


Figure 10. Nuclear factor of activated T cells regulates expression of IL-2, IL-4 and IL-5. It is made up of a cytoplasmic component (NF-AT) and AP-1. Cyclosporin inhibits NF-AT by inhibiting the activity of calcineurin (CaN) which is needed for activation of NF-AT, whereas steroids inhibit by blocking the AP-1 component. This predicts a synergy between these two drugs.

knockout of the NF-ATp gene results in defective IL-4 production [148]. Recently, an additional transcription factor called NF-AT-interacting protein (NIP-45) has been described which appears to be involved in the activation of NF-AT and the proto-oncogene c-*Maf* to activate IL-4 transcription [149]. NF-AT is also implicated in the transcription of IL-5 in T lymphocytes and mast cells, acting in concert with another transcription factor GATA [150, 151]. Corticosteroids potently inhibit IL-5 gene transcription and this may be via inhibitory effects on AP-1 which interacts with NF-ATp [152].

#### **11. Therapeutic Implications**

The increased understanding of transcription factors has given new insights into the pathophysiology of inflammatory diseases, such as asthma, but has also opened up an opportunity for the development of new anti-inflammatory treatments. Several new therapies, based on interaction with specific transcription factors or their activation pathways, are now being developed for the treatment of chronic inflammatory diseases and several drugs already in clinical use (corticosteroids, retinoic acid, cyclosporin A) work via transcription factors [153]. One concern about this approach is the specificity of such drugs, but it is clear that transcription factors have selective effects on the expression of certain genes and this may make it possible to be more selective. In addition, there are cell-specific transcription factors that may be targeted for inhibition, which could provide selectivity of drug action. One such example is NF-AT, blocked by cyclosporin A and tacrolimus, which has a restricted cellular distribution. In asthma it may be possible to target drugs to the airways by inhalation, e.g. with inhaled corticosteroids to avoid any systemic effects.

#### 11.1. New Steroids

The recognition that most of the anti-inflammatory effects of steroids are mediated by repression of transcription factors (transrepression), whereas the endocrine and metabolic effects of steroids are likely to be mediated via GRE binding (transactivation), has led to a search for novel corticosteroids that selectively transrepress, thus reducing the risk of systemic side effects. As corticosteroids bind to the same GR, this seems at first to be an unlikely possibility, but although GRE binding involved a GR homodimer, interaction with transcription factors AP-1 and NF- $\kappa$ B involves only a single GR. A separation of transactivation and transrepression has been demonstrated using reporter gene constructs in transfected cells and selective mutations of GRs [154]. Furthermore, some steroids, such as the antagonist RU486, have a greater transrepression than transactivation effect. Indeed, the topical steroids used in asthma therapy today, such as fluticasone propionate and budesonide, appear to have more potent transrepression than transactivation effects, which may account for their selection as potent anti-inflammatory agents [155]. Recently, a novel class of steroids has been described in which there is potent transrepression with relatively little transactivation. These "dissociated" steroids, including RU24858 and RU40066, have anti-inflammatory effects *in vivo* [156]. This suggests that the development of steroids with a greater margin of safety is possible and may predict the development of oral steroids which could be safe to use in asthma and other inflammatory diseases.

#### 11.2. NF-KB Inhibitors

As NF- $\kappa$ B may play a pivotal role in inflammatory diseases, this has suggested that specific NF- $\kappa$ B inhibitors might be beneficial and could avoid some of the metabolic effects seen with inhaled steroids [10]. There has therefore been interest in NF- $\kappa$ B inhibitors in asthma therapy [157]. Antioxidants have the ability to block activation of NF- $\kappa$ B in response to a wide variety of stimuli, and drugs, such as pyrrolidine dithiocarbamate, have proved useful for *in vitro* studies, but are too toxic for *in vivo* development [28]. Spin-trap antioxidants may be more effective because they work at an intracellular level [158]. However, antioxidants do not block all of the effects of NF- $\kappa$ B and this may require the development of novel drugs.

Some naturally occurring NF- $\kappa$ B inhibitors have already been identified. Thus gliotoxin, derived from *Aspergillus* sp., is a potent NF- $\kappa$ B inhibitor which appears to be relatively specific [159]. The anti-inflammatory cytokine IL-10 also has an inhibitory effect on NF- $\kappa$ B, via an effect on I $\kappa$ B- $\alpha$ [160], and is another therapeutic possibility, particularly as there appears to be a deficit in IL-10 secretion in airway macrophages from asthmatic patients which correlates with increased secretion of proinflammatory cytokines and chemokines [161].

Novel approaches to inhibition of NF- $\kappa$ B would be to develop specific inhibitors of I $\kappa$ B kinases involved in the initial activation of NF- $\kappa$ B or to block the signal transduction pathways leading to activation of I $\kappa$ B kinases. Now that I $\kappa$ B kinases have been identified, it may be possible to screen and design specific inhibitors. It may also be possible to inhibit the activity of the enzymes responsible for its degradation of the I $\kappa$ B complex, although the proteasome has many other important functions and its inhibition is likely to produce severe side effects. Recently, it has been possible to block NF- $\kappa$ B function by targeting of a specific enzyme (ubiquitin ligase) involved in conjugation of ubiquitin [162]. It may be more difficult to develop drugs to inhibit the components of NF- $\kappa$ B itself directly, but antisense oligonucleotides have been shown to be effective inhibitors *in vitro* and stable cell permeable phosphorothioate oligonucleotides are a therapeutic possibility in the future. Recently, adenovirus-mediated gene transfer of  $I\kappa B-\alpha$  has been reported to inhibit endothelial cell activation [163].

However, it may be unwise to block NF- $\kappa$ B for prolonged periods, because it plays such a critical role in immune and host defence responses. Targeted disruption ("knock-out") of p65 is lethal because of developmental abnormalities [14], whereas lack of p50 results in immune deficiencies and increased susceptibility to infection [15]. Topical application of NF- $\kappa$ B inhibitors of inhalation may prove to be safe, however.

#### 11.3. Drug Interactions

One of the most important implications of research on transcription factors is that multiple and complex interactions between these proteins are possible and that this leads to cross-talk between different signal transduction pathways. This might be exploited therapeutically by the combination of drugs that act on different transcription factors or pathways which may work together cooperatively. For example, NF-AT has a cytoplasmic component (NF-ATp) which is blocked by cyclosporin and tacrolimus, and a nuclear component AP-1, which is blocked by corticosteroids (see Figure 10). Combining steroids and cyclosporin may therefore have a synergistic inhibitory effect on the expression of genes such as those for IL-2, IL-4 and IL-5. This has indeed been demonstrated for IL-2 in human T cells, where a combination of both drugs has a much greater suppressive effect than either drug alone [145]. This suggests that a dose of cyclosporin A that is too low to give nephrotoxic side effects may be combined with an inhaled steroids, so that this synergistic interaction is confined to the airways.

Another interaction that may be exploited therapeutically is that between retinoic acid and steroids. Retinoic acid (vitamin A) binds to retinoic acid receptors which, like GRs, bind to CBP. There appears to be a synergistic interaction between steroids and retinoic acid in repression of transcription factors, such as NF- $\kappa$ B and AP-1, presumably because of competition for binding sites on CBP. A synergistic interaction between retinoic acid and steroids has been demonstrated in suppression of GM-CSF release from cultured epithelial cells, suggesting that retinoic acid may potentiate the anti-inflammatory effects of steroids [164]. Novel retinoic acid derivatives activate a subtype of retinoic acid receptor (RXR) which interacts with these transcription factors, so that it may be possible to develop more selective retinoids for this purpose [165].

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# **CHAPTER 4** Regulation of the Cytokine Gene Cluster on Chromosome 5q

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### 1. Introduction

The role of cytokines in the inflammatory processes observed in asthma and atopy has become an area of intense research in recent years. This research has demonstrated that a large number of cytokine genes are overexpressed by inflammatory cells, including T lymphocytes, in patients with atopic disease. CD4+ T-helper lymphocytes have been divided into subsets based upon the cytokine genes that they express on activation [1]. T-helper (Th)1 cells express interleukin (IL)-2 and interferon- $\gamma$  (IFNy) but not IL-4 or IL-5, whereas Th2 cells express IL-4, IL-5, IL-10 and IL-13, but not IL-2 or IFN-y. Both cell types express IL-3 and granulocyte-macrophage colony-stimulating factor (GM-CSF). A third subset of cells termed Th0 has also been identified which express all of the aforementioned cytokines. These T cell subsets were originally identified in the mouse and a similar, though not identical, pattern of cytokine expression has since been observed in human T cells [2]. The cytokine genes encoding IL-3, IL-4, IL-5, IL-13 and GM-CSF are located in close proximity on human chromosome 5q with a similar gene cluster found on mouse chromosome 11q. This chapter looks at the evidence for the overexpression of a Th2-like cytokine profile in asthma, focusing on the gene cluster on chromosome 5q, and the mechanisms by which these genes are regulated in T cells.

#### 2. Involvement of IL-4, IL-5, IL-13 and GM-CSF in Asthma

Several research groups have studied the expression of these cytokines in asthma by T cell cloning, immunohistochemistry and in situ hybridization. Allergen-specific CD4<sup>+</sup> T cell clones derived from bronchial biopsy specimens taken from patients with grass pollen-induced asthma displayed a Th2-like phenotype [3]. Bronchoalveolar lavage (BAL) samples from patients with atopic asthma contain increased levels of IL-4, IL-5 and GM-CSF in the lavage fluid [4-6]. Interestingly, the levels of IL-5 correlated with the extent of eosinophil infiltrate in the BAL suggesting that IL-5 may be responsible for the eosinophilia characteristic of atopic asthma [4]. More recently, it has been shown that lung eosinophilia is abolished in a mouse asthma model using IL-5 knock-out mice [7]. Using in situ hybridization and immunohistochemistry Robinson et al. confirmed that a predominantly Th2-like T cell population exists in the BAL from patients with atopic asthma with an increase in T cells positive for IL-4, IL-5 and GM-CSF messenger RNA (mRNA) [8]. It is also interesting to note that treatment with corticosteroids, which alleviates the symptoms of asthma, causes a decrease in the numbers of BAL cells positive for IL-4 and IL-5 mRNA [9].

Several studies have demonstrated increased mRNA and protein production of IL-4, IL-5, GM-CSF and IL-13 in bronchial biopsies from patients with atopic asthma and rhinitis [10-16]. Interestingly, the source of these cytokines in biopsy specimens was not exclusively T cells with mast cells [12, 17-19]; eosinophils [15, 18, 20] and epithelial cells [12, 14, 21, 22]also expressing these genes. However, Kay et al. have reported that the predominant cell type (70%) transcribing IL-4 and IL-5 mRNA in patients with atopic asthma and rhinitis is CD3<sup>+</sup> T cells with the remaining cells being eosinophils and mast cells [13].

Using a genetic approach several studies have demonstrated linkage of markers on human chromosome 5 to a gene regulating total serum IgE levels in atopic patients [23-26]; particularly close linkage was observed to the IL-4 gene in some of these studies [23, 25]. Bronchial hyperresponsiveness has also been linked to chromosome 5q [27] and has been shown to be co-inherited with total IgE levels [28, 29]. This information suggests that a defect in the regulated expression of these genes may be a factor in atopic disease and asthma, emphasizing the importance of understanding the mechanisms by which expression of this gene cluster is controlled.

# 3. Regulation of the Chromosome 5 Gene Cluster in T Cells

GM-CSF, IL-3, IL-4, IL-5 and IL-13 are located in a small segment (5q23-31) on the long arm of human chromosome 5 in close proximity to interferon regulatory factor 1 (IRF-1) and several other as yet unidentified genes [25]. The gene order is: IL-13, IL-4, IL-5, IL-3, GM-CSF (Figure 1).

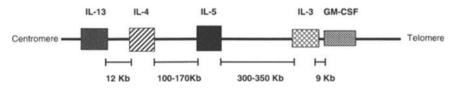


Figure 1. Map of cytokine gene cluster on human chromosome 5q.

This suggests a common origin via gene duplication and/or some common regulatory mechanisms for expression of these genes; however, it is still unclear exactly which mechanisms are involved. Over the last few years a large body of work has been published involving the dissection of the proximal promoters of these genes in both murine and human T cells. Historically, the GM-CSF promoter has been most intensively studied followed by IL-4 and IL-3; more recently work on the IL-5 promoter has been published (see below). There is no information currently available on the IL-13 promoter. Overall this work has indicated that elements identified in one species are not necessarily present (or active) in the other.

#### 3.1. GM-CSF Gene Regulation

Several groups have reported *cis*-acting elements in the promoter of GM-CSF which are active in T cells (Figure 2). The most proximal to the transcription start site is the conserved lymphokine element 0 (CLE0) [30–33]; this region is required for PMA/A23187 induction of GM-CSF. The CLE0 has been shown to bind several factors: nuclear factor of activated T cells (NF-ATp), activator protein-1 (AP-1), Ets1 and Elf1 [34-39]. All of these transcription factors are required for IL-2 activation [40]. Interestingly the CLE0 element is very highly conserved in several genes, notably IL-4, IL-5 and G-CSF. The proteins NF-AT and AP-1 can bind to the CLE0 elements from IL-5 and IL-4 (poorly), but not G-CSF which is not produced by T cells [32]. This suggests that the CLE0 element plays a role in the coordinate induction of these cytokines in T cells. Adjacent to the CLE0 element in the promoter is a more recently characterized region known as PEBP2 [41]. This element binds transcription factors of the polyoma virus enhancer-binding protein 2 (PEBP2) family (also known as core-binding factor or CBF) [42]. Different members of the PEBP2 family have different effects upon transcription of GM-CSF and the activity of this element is dependent upon the relative ratios of these proteins in the nucleus. This region also appears to bind the transcription factor YY-1 which represses the promoter [43]. To date the role of this element in the regulation of GM-CSF remains unclear.

Upstream of these elements are two regions: the CLE1 and CLE2/GC box [44–46]. The CLE1 motif is required for the induction of GM-CSF

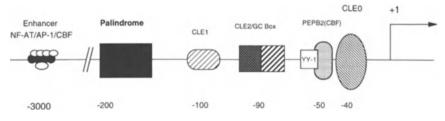


Figure 2. Regulatory elements of the GM-CSF promoter (see text).

transcription by the p40<sup>×</sup>-transactivating protein (from HTLV-I) but has no effect on PMA/A23187 induction. The CLE2/GC box motif is required for efficient activation by PMA/A23187 or p40<sup>×</sup>. It contains two proteinbinding motifs, the GM2 sequence GGTAGTTCCC, which binds the PMA/A23187 inducible factor nuclear factor of GM-CSF2, and CCGCCC which binds the constitutive factors A<sub>1</sub>, A<sub>2</sub> and B [47]. NF-GM2 appears to be nuclear factor- $\kappa$ B (NF- $\kappa$ B) [39, 48, 49], and purified A<sub>1</sub> was identified as the transcription factor Sp1 [47, 50]. The human GM2 sequence is identical to that of the mouse, but the GC box has a C to T mutation (CCGCCT). This may be important because a mutation from C to A abolishes binding of all three constitutive factors and also causes loss of transcriptional inducibility, suggesting that Sp1 may not be involved in the regulation of human GM-CSF [47, 50]. It is interesting to note that they have reported that this element is also involved in the regulation of IL-3 [51].

We have reported a novel regulatory element in the promoter of the human GM-CSF gene upstream of these elements [52]. It contains two symmetrically nested inverted repeats (-192 CTTGGAAAGGTTCATT AATGAAAACCCCCAAG -161 base-pairs). In transfection assays using the human GM-CSF promoter, this element has a strong positive effect on the expression of a reporter gene by the human T cell line Jurkat J6 upon stimulation with phorbol dibutyrate (PDBu) and ionomycin or anti-CD3. In DNA band-retardation assays, this sequence produces six specific bands which invole one or other of the inverted repeats. We have also shown that a DNA-protein complex can be formed involving both repeats and probably more than one protein. The external inverted repeat contains a core sequence CTTGG...CCAAG which is also present in the promoters of several other T cell-expressed human cytokine genes, including IL-4 and IL-5 (labelled palindrome in Figure 3 and 5). However, the palindromic elements in these genes are larger than the core sequence, suggesting that some of the interacting proteins may be different for different genes and may represent a family of novel transcription factors. As this element is present in the promoters of all human Th2-like genes it may contribute to the coordinated expression of this group of cytokines. Although this element is present in the mouse and human promoters of the GM-CSF gene.

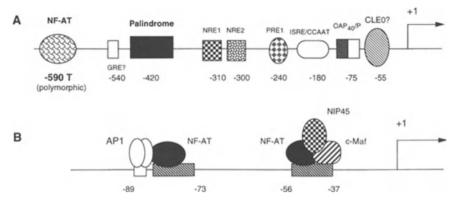


Figure 3. (A) Regulatory elements of the human IL-4 promoter. (B) Regulatory elements of the murine IL-4 promoter (see text).

which is expressed by all T cells, it is only present in the promoters of human and not mouse IL-4, IL-5 and IL-13 genes which are expressed by Th2-like cells. This suggests that there may be differences in the way in which these genes are regulated in human and mouse T cells.

By performing DNase I hypersensitive site mapping Cockerill et al. have identified an enhancer element 3 kilobases upstream of the GM-CSF gene [53]. It contains four binding sites for the transcription factors AP-1, NF-AT [54] and CBF [42]. They suggest that this enhancer is required for complete regulated activation of both GM-CSF and IL-3 in T cells.

#### 3.2. IL-4 Gene Regulation

The human IL-4 promoter differs considerably from the promoters of IL-3, IL-5 and GM-CSF (Figure 3A). It contains a putative glucocorticoid response element (AGAACA) and only a short fragment of the CLE0 element present in IL-5 and GM-CSF is conserved. Studies on the human IL-4 promoter have identified several *cis*-acting regions, the most proximal of which is the positive (P) sequence [55]. This region is required for activation of IL-4 in the T cell line Jurkat and binds a factor NF(P) that appears to be very closely related to NF- $\kappa$ B, NF-AT [56] and also NF-Y [57], a factor required for expression of major histocompatibility class (MHC) II genes. Immediately adjacent to the P sequence is an element known as octamer-associated protein 40 (OAP<sub>40</sub>) which is also involved in activation of IL-4 transcription. Song et al. have shown that a polymorphism at this site can cause overexpression of IL-4 in T cells, although no relationship is shown between this polymorphism and atopy or asthma [58].

Two elements adjacent to each other have been reported, an interferon stimulatory response element (ISRE) and a CCAAT motif. The ISRE element is associated with IRF-2, a repressor, and an NF-1 like factor. Mutations in the ISRE element increase transcription suggesting that it acts as a negative element. The CCAAT element interacts with NF-Y and mutations in this element cause a decrease in transcription suggesting a positive role for NF-Y in IL-4 transcription [57]. Another positive regulatory element (PRE-1) is located distally [59]; this region binds to the transcription factor NF-IL6 $\beta$  (also known as C/EBP $\delta$ ), NF-ATc/p and Jun [60, 61]. NF-IL6 has been shown to be involved in the transcription of several cytokines [62, 63] and Li-Weber et al. suggest that binding of the NF-IL6 $\beta$ /Jun/NF-AT complex may be responsible for the Th0/Th2-specific expression of IL-4 [61].

Two negative regulatory elements (NRE) have also been identified: NRE-I, which binds a T cell-specific factor (Neg-1) and NRE-II, which binds a ubiquitous protein (Neg-2) [64]. In Jurkat cells, which are activated with phorbol myristate acetate (PMA)/ionomycin, the two NREs act in tandem to down-regulate the PRE-1 [59]. Unfortunately, all of these studies have been performed using the Jurkat cell line which constitutively transcribes IL-4 and only shows limited up-regulation of IL-4 upon activation. This is a very different situation to that of a normal human T cell and therefore the activities of all of these elements will have to be validated in more suitable cells. Recently, a polymorphism has been identified in the human IL-4 promoter distal to all of these elements at position –590 relative to the open reading frame [65]. The mutation from C to T appears to be associated with an increase in total serum IgE and an increase in IL-4 promoter activity.

It is becoming increasingly clear that NF-AT plays an important role in the control of transcription of these genes; NF-ATp knock-out mice display a profound defect in IL-4 transcription and also decreased transcription of GM-CSF [66]. Analysis of the murine IL-4 promoter, in which the precise role of NF-AT has been more clearly defined (Figure 3B), has revealed at least two proximal binding sites for NF-AT. At the more distal site it binds cooperatively with AP-1 to activate the promoter and at the proximal site it acts synergistically with the protein c-Maf to activate the promoter, even in non-T cells [67, 68]. The protein c-Maf appears to be Th2 cell specific and may therefore be crucial to the expression of Th2-specific cytokines. The same group have recently described a novel protein termed NIP45 (for NF-AT interacting protein) which also appears to act synergistically at this point with both NF-AT and c-Maf [69]. A very recent paper by Zheng and Flavell indicates that GATA-3 is also Th2 specific and required for murine IL-4 expression; however, the exact location of the GATA-3 binding site is not reported [70].

# 3.3. IL-3 Gene Regulation

The IL-3 promoter has also been shown to contain multiple elements using transient transfection assays as shown in Figure 4. The most proximal of

Regulation of the Cytokine Gene Cluster on Chromosome 5q

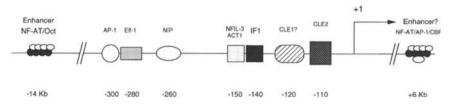


Figure 4. Regulatory elements of the IL-3 promoter (see text).

these is a region homologous to CLE2 of the GM-CSF promoter, and appears to be required for basal level expression of IL-3 and may bind AP-2 and Sp1 [71,72]. Distal to this is a site known as IF-1 (in vivo footprint-1) which appears to be necessary but not sufficient for inducible expression of IL-3 in T cells; the factors that bind at this site are as yet uncharacterized [73]. Adjacent to this site is a region known as ACT1 (NFIL-3) which is an activating region and contains binding sites for AP-1 and Oct proteins [71, 74, 75]. Further upstream around -260 bp is a negative domain known as NIP which is involved in restricting IL-3 expression to T cells [75]. Adjacent to this site are Elf-1 and AP-1 binding sites which are also required for inducible T cell-restricted expression of IL-3 [71, 74-76]. A recent report by Duncliffe et al. has identified an enhancer element 14 kb upstream of IL-3 which appears to be T cell specific, involving NF-AT and Oct proteins in activation of IL-3 expression [77]. The same group has also suggested that the GM-CSF enhancer may also play a role in IL-3 activation [42, 53, 54, 78].

#### 3.4. IL-5 Gene Regulation

The data available on the transcriptional regulation of human IL-5 is limited as a result of the lack of a suitable cell line for use in transient transfection assays. However, several papers have recently been published which have used transfection assays to identify regulatory elements in the mouse IL-5 promoter (Figure 5) [79–88]. The most proximal of these is the IL-5 CLE0 which has been shown to be required for functional activation [80–82, 84, 88]. It has also been shown that this region apparently binds NF-AT and Oct1, upon activation through different signalling pathways to those that activate GM-CSF [81, 84, 89]. Adjacent to this is a region IL-5C which is also required for transcription and appears to bind octamer and GATA transcription factors [80, 86, 88, 90]. Upstream of this region is the IL-5P element, mutation of this resulted in the loss of 80% of promoter activity" and it appears to be an NF-AT-binding element [80, 87, 91]. In a recent paper Stranick et al. have identified a negative regulatory region known as RE-III; the factors that bind to this region are not yet characterized [92].

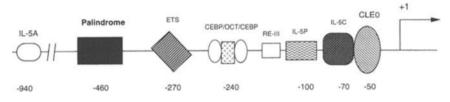


Figure 5. Regulatory elements of the IL-5 promoter (see text).

Using DNase I footprinting we have identified elements of the human IL-5 promoter that bind nuclear proteins derived from allergen-specific human T cell clones [83]. This method has identified several regions that interact with transcription factors. The most proximal of these is an octamer site flanked by two NF-IL6 sites between -227 and -251 bp. Deletion of this region has shown that it is a positive element [85]. Distal to this, an ETS site was also identified and it is different to the consensus sequence for the ets1 factor found in an activated T cells, which is a negative regulator of IL-2 expression [92]. The region furthest from the transcription start site is IL-5A which has homology to NF-1-binding elements. Mutations in this region caused a 40% loss of promoter activity when activated with PMA and Bt<sub>2</sub>cAMP [80]. However, mutation of the NF-1 site actually causes constitutive transcription, suggesting that NF-1 may act as a negative regulator of IL-5 transcription [82].

### 4. Conclusions

Overall the results detailed above show that the transcriptional regulation of IL-3, IL-4, IL-5 and GM-CSF is a very complex process involving interactions between different *cis*-acting elements and transcription factors. It is clear that the coordinated control of expression of this gene cluster in T cells is only beginning to be elucidated. It is important to note that NF-AT appears to be required for the efficient activation of all of these genes in T cells. This is interesting because it is also essential for the activation of IL-2 [93], a Th1 cytokine. The NF-AT complex is a family of related proteins (NF-AT1-4) [94]; it will be interesting to identify the role of each NF-AT family member in the coordinated expression of these cytokines, especially in the light of the results from the NF-ATp knockout mouse showing that IL-2 is expressed normally [66]. Similarly elucidation of the functions of the palindromic elements that we have recently described and identification of the factors that bind to them will be central to the mechanisms that control the expression of these cytokines.

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# **CHAPTER 5** Cytokine Expression in Asthma

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# 1. Introduction

Asthma is a disease characterized clinically by reversible obstruction of the airways, or bronchi, and bronchial hyperresponsiveness, which indicates the tendency of the bronchi in asthmatic patients to constrict in response to a wide range of specific and non-specific stimuli. It is now widely accepted that chronic inflammation of the bronchial mucosal lining plays a fundamental role in the genesis of these clinical manifestations. The most striking feature of this inflammation is the intense infiltration of the bronchial mucosa with eosinophils, macrophages and lymphocytes [1]. In this chapter, how cytokine and chemokine products of activated T cells have the propensity to bring about this selective eosinophil accumulation and activation is described. The eosinophil, in turn, appears to be a key cell in producing injury to the bronchial mucosa, which is believed to result in bronchial obstruction and irritability, although the precise mechanisms by which this occurs are not clear.

# 2. T Cells, Cytokines and the Atopic Diathesis

Cytokines play an important role in the control of switching of antibody isotypes in humans away from immunoglobulin M (IgM) during the evolution of the immune response, and also in regulating the amounts of antibody that are secreted through their growth-regulating effects on B cells. They are thus at least partly responsible for the genesis of the inappropriate synthesis of IgE which characterizes atopy. Cytokines that play a role in this process may be classified as follows:

- 1. Cytokines that specifically induce IgE switching in B cells. Only the cytokines interleukin 4 (IL-4) and IL-13 have been shown to induce switching to IgE synthesis in human B cells, transcription of which is preceded by the synthesis of non-productive, intermediate splice variants termed "germline" C $\varepsilon$  transcripts [2, 3].
- 2. Cytokines that influence IgE production by B cells through effects other than the induction of switching. Some of these cytokines are generally facilitatory or inhibitory to B cell activation and clonal expansion. Thus the interferons IFN- $\alpha$ , IFN- $\gamma$ , transforming growth factor  $\beta$  (TGF- $\beta$ ), IL-2, IL-8 and IL-12 inhibit IL-4-induced IgE synthesis, whereas IL-5, IL-6 and tumour necrosis factor  $\alpha$  (TNF- $\alpha$ ) enhance it [4–10].

Allergen-specific CD4 T cells are activated when processed fragments of allergen are presented to their receptor/CD3 complex by antigen-presenting cells on major histocompatibility complex (MHC) class II molecules. B cells expressing allergen-specific immunoglobulin capture, process and present allergen in this way. In addition to these "cognate" interactions, additional signals are provided to B cells through T cell contact which, along with IL-4/IL-13 are essential for subsequent secretion of allergen-specific IgE. At least two signals are important in this respect:

- 1. CD40/CD40L ligand interaction: CD40 is a surface glycoprotein expressed on B cells as well as thymic epithelial and dendritic cells [11]. The importance of this interaction was first inferred when it was discovered that anti-CD40 monoclonal antibodies could replace contact with activated T cells in induction of IgE synthesis [12]. These experiments conversely suggested the presence of a ligand for CD40 (CD40L) on T cells, which was later cloned [13].
- 2. CD21/CD23 interaction: CD23 is the low-affinity receptor for IgE present on many cells including B cells, monocytes and a subset of T cells, whereas CD21, identified as the Epstein-Barr virus and C3 desArg receptor on B cells, is also found on some T cells as well as follicular dendritic cells. It has been shown that triggering of CD21, either with anti-CD21 antibody or with recombinant soluble CD23, increases IL-4-induced IgE production by B cells [14].

In summary, it is clear that many T cell-derived cytokines play an important role (in the case of IL-4 or IL-13 indispensably so) in the initiation and propagation of IgE synthesis by B cells. Nevertheless, it is not clear how far IL-4 and IL-13 play a role in the *maintenance*, as distinct from the *initiation* of IgE synthesis, because "memory" allergen-specific B cells may be long lived and capable of continued IgE synthesis long after the original "switch" stimulus has been removed.

#### 3. T Cells, Cytokines, Chemokines and Eosinophil Recruitment

A fundamental problem in asthma pathogenesis has been elucidation of the mechanisms leading to the marked and specific infiltration of eosinophils into the asthmatic bronchial mucosa, which is the hallmark of the disease. Cytokines play a prominent role in these mechanisms. Of the cytokines secreted by activated T cells, IL-3, IL-5 and granulocyte-macrophage colony-stimulating factor (GM-CSF) promote maturation, activation and prolonged survival of the eosinophil [15-17]. IL-5 is unique in that, unlike IL-3 and GM-CSF, it acts specifically on eosinophils in terms of activation and terminal differentiation of the eosinophil precursor [18]. IL-5 is probably the most important cytokine regulating eosinophil differentiation in vivo, because transgenic mice constitutively expressing the gene for IL-5 (but not the genes for IL-3 and GM-CSF) show a marked, specific expansion of blood and tissue eosinophils [19]. Thus, local expression of cvtokines such as IL-5 may partly account for selective eosinophil accumulation in asthmatic inflammation, through selective enhancement of eosinophil differentiation in the bone marrow and survival (and possibly differentiation) in the target organ.

Selective local recruitment of eosinophils from the bronchial mucosal microcirculation may also contribute to this process. Eosinophil migration is initiated by an interaction between receptors on the cell surface with their ligands on the surface of vascular endothelial cells. The  $\beta_2$ -integrins, such as LFA-1 and Mac-1 on the eosinophil surface, mediate firm adhesion of these cells to endothelium by binding to endothelial adhesion molecules such as intercellular adhesion molecule-1 (ICAM-1) and vascular cell adhesion molecule-1 (VCAM-1) [20, 21]. IL-5 selectively enhances eosinophil adhesion to unstimulated endothelial cells 22], probably by selective upmodulation of the expression of integrins on eosinophils. Furthermore, eosinophils, but not neutrophils, express the  $\beta_1$ -integrin VLA-4, a ligand for VCAM-1 on the surface of stimulated endothelial cells [23]. The expression of VCAM-1 on endothelial cells is increased by exposure to IL-4 and IL-13, which enhances VLA-4/VCAM-1-dependent adherence of eosinophils, but not neutrophils, to endothelium [24]. Thus, local secretion of cytokines such as IL-4, IL-5 and IL-13 may selectively enhance eosinophil adhesion to vascular endothelium, although it is not clear how far these cytokines play a role in effecting eosinophil endothelial transmigration.

Finally, "chemotactic cytokines" or chemokines are important in the mechanism of selective eosinophil recruitment to sites of inflammation. The  $\beta$ -chemokines, particularly RANTES, macrophage chemotactic factor-3 (MCP-3) and, to a lesser extent, macrophage inflammatory protein-1 $\alpha$  (MIP-1 $\alpha$ ), are powerful and relatively selective chemoattractants for eosinophils and basophils *in vitro* [25], whereas a novel  $\beta$ -chemokine termed eotaxin [26] appears to be exquisitely eosinophil specific. Injection

of eotaxin into the skin of experimental guinea-pigs produced a rapid and selective accumulation of eosinophils, an effect that was interestingly not seen with eosinophil-active cytokines such as IL-5 [27, 28]. These observations support the hypothesis that  $\beta$ -chemokines act in concert with cytokines such as IL-5 in asthmatic inflammation, with IL-5 enhancing eosinophil release from the bone marrow and local endothelial adhesion, and  $\beta$ -chemokines causing selective tissue sequestration. In summary, the important role of cytokines and chemokines in bringing about selective accumulation of eosinophils in the asthmatic bronchial mucosa is self-evident.

# 4. CD4 T Cells, Cytokines and Bronchial Mucosal Inflammation in Asthma

Bronchial mucosal inflammation has been extensively studied in people with mild asthma using the techniques of bronchoalveolar lavage (BAL) and bronchial biopsy. In addition, examination of bronchial luminal inflammatory cells in sputum (typically induced by inhalation of hypertonic saline) is gaining popularity as an investigative tool. Such techniques have consistently demonstrated elevated numbers of eosinophils and activated (CD25+) T cells in the bronchial mucosa and lumen of people with mild asthma compared with controls [29–32].

The present clinical classification of asthma (intrinsic, extrinsic and occupational) implies possible variability in its pathogenesis, but such distinctions are not apparent in histopthological terms. Thus, immunocytochemical studies [29, 33-35] comparing bronchial biopsies from people with extrinsic, intrinsic and occupational asthma showed marked similarities in terms of their inflammatory cell infiltrate. These observations suggest that bronchial inflammation, at least in terms of overall inflammatory cell numbers, in patients with asthma has similar characteristics regardless of the nature of identifiable provoking agents.

Immunocytochemical studies of bronchial biopsies taken from people with asthma [29, 30, 33-35] have shown that the numbers of activated (CD25+) T cells correlate both with the numbers of locally activated eosinophils and with disease severity. Studies on the peripheral blood of adults and children with asthma have shown elevated numbers of activated T cells, the numbers of wich correlate with disease severity and the numbers of peripheral blood eosinophils, and a reduction in the extent of this activation after glucocorticoid therapy [36–39]. Similarly, elevated serum concentrations of IL-5 and IL-5 mRNA copy numbers in peripheral blood T cells have been demonstrated in people with asthma compared with controls, with a reduction in association with glucocorticoid therapy [38, 40, 41]. Peripheral blood T cells from patients with asthma who are clinically resistant to glucocorticoid therapy were shown to express activation markers *in vivo* [42] and to be refractory to the inhibitory effects of glucocorticoids *in vitro* [43, 44]. These studies suggest that glucocorticoids exert their anti-asthma effect at least partly by inhibiting the release of cytokines from activated T cells.

Measurement of cytokines *in vivo* is problematic because of their low concentrations and unquantifiable degree of metabolism, clearance and dilution. One alternative to the direct measurement of cytokines is the detection of their mRNA using the technique of *in situ* hybridization with cytokine-specific cRNA probes or riboprobes. Although this is not a strictly quantitative technique, and with the proviso that mRNA synthesis does not necessarily equate with secretion of the corresponding protein, it does have the advantage the it can localize the secretion of cytokines within cells and tissues. Using this technique, it was demonstrated that IL-5 mRNA was elaborated by cells in bronchial biopsies from a majority of patients with mild asthma but not from normal controls [45] (Figure 1). The amount of mRNA correlated broadly with the numbers of activated T cells and eosinophils in biopsies from the same subjects.

It was shown [46] that significantly elevated percentages of BAL cells expressed mRNA encoding IL-2, IL-3, IL-4, IL-5 and GM-CSF, but not IFN- $\gamma$ , in patients with mild atopic asthma compared with non-atopic

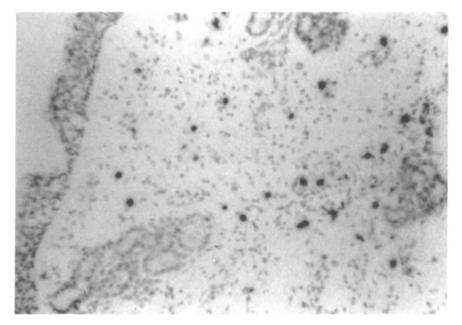


Figure 1. Bronchial biopsy section from an atopic asthmatic individual incubated with a radiolabelled IL-5 antisense riboprobe, washed stringently, then dipped in photographic emulsion, exposed and developed. Discrete clumps of silver grains are visible over those cells that have hybridized with the radioactive probe and thus express IL-5 mRNA.

normal controls, and that the majority (>90%) of the cells expressing IL-5 and IL-4 mRNA were T cells. Over a broad range of asthma severity, the percentages of BAL fluid cells from patients with atopic asthma expressing mRNA encoding IL-5, IL-4, IL-3 and GM-CSF, but not IL-2 and IFN-y, could be correlated with the severity of asthma symptoms and bronchial hyperresponsiveness [47]. Elevated percentages of peripheral blood CD4, but not CD8, T cells from patients with exacerbation of asthma expressed mRNA encoding IL-3, IL-4, IL-5 and GM-CSF, but not IL-2 and IFN-y, compared with controls [48]. Elevated spontaneous secretion of IL-3, IL-5 and GM-CSF was also demonstrable in these patients using an eosinophil survival-prolonging assay. Again, the percentages of CD4 T cells expressing mRNA encoding IL-3, IL-5 and GM-CSF, as well as spontaneous secretion of these cytokines by the CD4 T cells, were reduced in association with glucocorticoid therapy and clinical improvement. In a doubleblind, parallel group study, therapy of people with mild atopic asthma with oral prednisolone, but not placebo, resulted in clinical improvement associated with a reduction in the percentages of BAL fluid cells expressing IL-5 and IL-4 and an increase in those expressing IFN-y [49]. These changes were not seen in asthma patients who were clinically resistant to glucocorticoid therapy [50]. Conversely, artificial exacerbation of asthma by allergen bronchial challenge of patients with sensitized atopic asthma was associated with increased numbers of activated T cells and eosinophils, and increased expression of mRNA encoding IL-5 and GM-CSF in the bronchial mucosa [51].

Taken together, these studies provide overwhelming evidence in support of the general hypothesis that, in asthma, activated CD4 T cells secrete cytokines that are relevant to the accumulation and activation of eosinophils in the bronchial mucosa, and that glucocorticoids exert their antiasthma effect at least partly by reducing the synthesis of cytokines by these cells.

# 5. Cellular Origins of Cytokines in Asthmatic Inflammation

In addition to T cells, it is clear that many other cells which are normally present in the bronchial mucosa, or which migrate into it in association with asthmatic inflammation, are potential sources of cytokines and chemokines. For example, both eosinophils and mast cells can elaborate IL-4, IL-5, IL-6 and TNF- $\alpha$  whereas eosinophils in addition can elaborate MIP-1 $\alpha$  and RANTES. These proteins are stored within intracytoplasmic granules.

The relative contributions of all these cells to cytokine expression in the asthmatic bronchial mucosa *in vivo* is difficult to assess using currently available techniques, and the data obtained are probably dependent to some extent on the particular technique employed. Detection of cytokine mRNA

synthesis (as above) by inflammatory cells is arguably mostly physiological because it implies de novo synthesis of the corresponding protein, although it does not necessarily imply translation and release of that protein. Using immunocytochemistry to identify cellular phenotypes with sequential in situ hybridization, it was shown that T cells were the predominant cells expressing IL-4 and IL-5 mRNA in the bronchial mucosa and BAL fluid of patients with atopic asthma, with smaller but significant contributions from mast cells and eosinophils [52]. In contrast, direct staining of intracellular cytokine protein in bronchial biopsies from similar patients using specific monoclonal antibodies, with identification of the phenotypes of positively stained cells in thin serial sections, suggested that mast cells were the principal source of IL-4 and IL-5 protein, whereas T cell staining was undetectable [53]. These observations suggest the possibilities that secretion and storage of cytokine proteins in leukocytes may not be synchronous with transcription of their mRNA, and that T cells may secrete cytokines rapidly, without storage, after synthesis such that intracytoplasmic cytokines are not detectable by immunocytochemistry.

Using a third technique [54], in which cytokine protein expression in BAL T cells was assessed by flow cytometry after treatment with monensin (an inhibitor of cellular protein export) and staining with specific monoclonal antibodies, it was concluded that elevated percentages of these cells expressed IFN-y, a Th1 (T helper) cytokine, in patients with asthma compared with controls, whereas IL-4 and IL-5 staining was barely detectable. This technique, however, necessitated ex vivo stimulation of the T cells with phorbol ester and ionomycin, powerful polyclonal T cell stimulators, which may have distorted the pattern of cytokine expression in vivo. In contrast, CD4 T cell lines propagated from BAL fluid cells from patients with asthma secreted readily measurable quantities of these cytokines which were elevated, on a per cell basis, compared with lines derived from controls [55]. In summary, it is clear that no single technique currently available to assess cytokine expression and release by inflammatory cells in vivo is definitive. Further clarification of the relative contributions of these cells to cytokine release in vivo must await further studies.

# 6. Are Asthmatic CD4 T Cells "Th2 Like"?

The nature of immune responses initiated by activated CD4 T cells is at least partly dependent on the "selection" or preferential activation of particular subsets of these cells secreting defined patterns of cytokines. Studies of cytokine secretion by mouse CD4 T cell clones revealed that these could be divided into two basic functional subsets termed Th1 and Th2. Th1 T cells were characterized by the predominant secretion of IL-2, IFN- $\gamma$  and TNF- $\beta$ , whereas Th2 cells predominantly secreted IL-4, IL-5, IL-6 and IL-10. Other cytokines, such as TNF- $\alpha$ , IL-3 and GM-CSF, were produced

by both Th1 and Th2 T cells [56, 57]. These differing patterns of cytokine secretion by CD4 T cells result in distinct effector functions. Broadly speaking, Th1 cells participate in delayed-type hypersensitivity (DTH) reactions, whereas Th2 cells, by their pattern of secretion of B cell costimulatory cytokines, enhance the synthesis of immunoglobulin, including IgE, thus promoting "humoral" immune responses. In the centre of this spectrum, T cell clones secreting cytokines characteristic of both Th1 and Th2 cells, termed Th0 cells, have also been described [58]. It is still not clear whether these Th0 cells represent distinct functional subsets or precursor cells in the process of differentiating into Th1 or Th2 cells.

Some of the most convincing evidence for a role for Th1 and Th2 cytokines in orchestrating distinct inflammatory responses in vivo has come from the studies of cytokine mRNA expression in asthma, as described above. In other studies employing in situ hybridization, the cutaneous inflammatory responses to challenge with allergen in atopic subjects and tuberculin in non-atopic subjects were compared [59, 60]. Both types of response (late-phase allergic and DTH) were associated with an influx of activated CD4 T cells, although, whereas mRNA molecules encoding IL-2 and IFN-y were abundant within the tuberculin reactions, very little mRNA encoding these cytokines was observed in the late-phase allergic reactions. Conversely, mRNA encoding IL-4 and IL-5 was abundant in the late-phase allergic but not the tuberculin reactions. These observations provide direct evidence in support of the hypothesis that Th1 and Th2 CD4 T cell responses can be detected in humans under physiological conditions, and that the antigen specificity of the T cells might be one factor that determines which type of response is initiated. Taken together with the observations described above, they provide a considerable body of evidence for the existence of Th1 and Th2 patterns of cytokine secretion in vivo, although it cannot be ascertained from such studes whether or not these cytokines originate from the same cells. Support of the existence of *clonal* Th2 differentiation in allergic diseases has been provided by the demonstration that most T cell clones derived from cells within the "target" organ in patients with vernal conjunctivitis or atopic dermatitis show a Th2 profile of cytokine secretion [61, 62]. Some of these clones were allergen specific. On the other hand, it has been suggested [63] that co-expression of IL-4 and IL-5 by cloned T cells in vitro may reflect an artefactual effect of T cell activation, and that T cells isolated ex vivo rarely co-express IL-4 and IL-5. Furthermore, although studies on T cell clones provide information about patterns of cytokine synthesis, they do not allow comparison of the amount of secretion of cytokines in T cell population in vivo. In summary, the proposition that asthmatic inflammation is driven, at least in part, by clonally expanded Th2 T cells, some of which are allergen specific, is a reasonable one, although this remains to be demonstrated clearly, and particular uncertainty arises in the case of non-atopic asthma (see below).

#### 7. The Atopic Diathesis and Asthma

The term "atopy" refers to the predisposition of certain individuals to synthesize, inappropriately, IgE specific for protein components of antigens ("allergens") encountered at mucosal surfaces. This is frequently, but not always, accompanied by generalized, elevated IgE synthesis. As described above, IL-4 secreted by Th2 T cells is strongly implicated in the pathogenesis of atopy, because it is one of only two cytokines that are able to bring about isotype switching to IgE synthesis in the course of allergenspecific B cell antibody responses. Allergen-specific IgE antibodies are commonly detected in the peripheral circulation by skin-prick tests or a radioallergosorbent test (RAST), although it is not clear precisely where these antibodies are made and whether or not putative localized allergenspecific IgE synthesis, for example, in the bronchial mucosa, is always reflected by elevated circulating antibody concentrations. Once formed, allergen-specific IgE may bind to cells with high-affinity (classically mast cells and basophils) or low-affinity (B cells, monocytes and a subset of T cells) IgE receptors, thus sensitizing them for activation when this surface IgE is cross-linked on further allergen exposure. This of course is the basis of "immediate hypersensitivity". IgE-mediated mechanisms have been assumed to play a role in the pathogenesis of asthma in atopic subjects, because natural or experimental exposure of patients with atopic asthma to "extrinsic" allergens to which they are sensitized results in exacerbation of disease - hence the term "extrinsic" asthma. Strictly, however, such observations do not necessarily imply a role for IgE-mediated mechanisms in asthma pathogenesis, as distinct from exacerbation, because they may simply reflect the release of bronchoconstricting mediators (such as histamine and leukotrienes) from IgE-sensitized cells (such as mast cells) into airways rendered hyperresponsive by eosinophil products. Furthermore, IgE-mediated mechanisms do not inevitably result in asthma, because many highly sensitized atopic individuals never develop the disease.

People with non-atopic asthma, who are not apparently sensitized to environmental allergens, and in whom IgE-mediated mechanisms are assumed not to operate, have been labelled "intrinsic" after an early clinical description [64]. It is now generally accepted that this term is used to describe a group of asthmatic people who are skin-prick test negative to extracts of aeroallergens, and whose serum total IgE concentrations are within the normal range. This clinical distinction between "extrinsic" and "intrinsic" asthma implies corresponding pathogenic distinctions. It has been shown, however, that the numbers and nature of the inflammatory cells infiltrating the bronchial mucosa in people with "extrinsic" and "intrinsic" asthma are remarkably similar [29, 34], and more recently that elevated numbers of these cells in people with both "extrinsic" and "intrinsic" asthma express both IL-4 and IL-5 mRNA and protein and highaffinity IgE receptors compared with non-asthmatic controls matched for atopic status [65, 66]. Does this IL-4 direct IgE synthesis in people with "intrinsic" asthma, and if not, why not? Is IL-4 synthesis in this situation nothing more than a surrogate marker of Th2-type T cell activation with no pathophysiological significance? The answers to these questions are not yet known. Unfortunately, experiments with IL-5 and IL-4 "knock-out" mice used in "models" of asthma have not clarified the relative roles of these cytokines in asthma pathogenesis; on the contrary, they have clouded the picture still further [67, 68]. Nevertheless, the data raise the theoretical possibility that elevated IgE synthesis may occur in the bronchial mucosa of people with "intrinsic" asthma in the presence of cells that are capable of being activated by IgE-mediated mechanisms, even though circulating concentrations of allergen-specific IgE in these patients are not detectably elevated.

To reconcile these observations, it is possible to speculate that asthmatic and atopic subjects have some more fundamental, possibly congenital, defect of mucosal surfaces which permits the local development of both IL-5-mediated eosinophilic inflammation and IL-4-mediated inappropriate IgE synthesis (both T cell driven) under the influence of environmental factors, but that these processes need not occur concurrently or to the same degree. In support of this, studies on genetic susceptibility to asthma and atopy have uncovered distinct loci which are associated with increased risk of development of atopy, on the one hand [69], and bronchial hyperresponsiveness, on the other [70].

In summary, although IgE-mediated mechanisms may clearly be important in allergen-induced, short-term *exacerbations* of asthma in atopic individuals, their role in the *pathogenesis* of chronic disease, in both atopic and non-atopic subjects alike, is less certain. Clearer answers to these questions may become available if and when specific antagonists of key cytokines such as IL-4 and IL-5 become available for clinical use.

#### 8. Conclusion

There now exists considerable support for the hypothesis that asthma represents a specialized form of cell-mediated immunity, in which cytokines and possibly other mediators secreted by activated T cells bring about the specific accumulation and activation of eosinophils in the bronchial mucosa (Figure 2). These cytokines are secreted in the context of a Th2-type pattern and putatively reflect a locally directed T cell response against mucosal antigens, including aeroallergens. The relative roles of T celldependent and IgE-mediated mechanisms in the pathogenesis of asthma in various clinical settings remain to be defined, although there is some evidence that IgE-mediated mechanisms may play a role even in so-called "intrinsic" asthma. These observations suggest that strategies directed at inhibition of T cells or antagonism of cytokines that they produce are like-

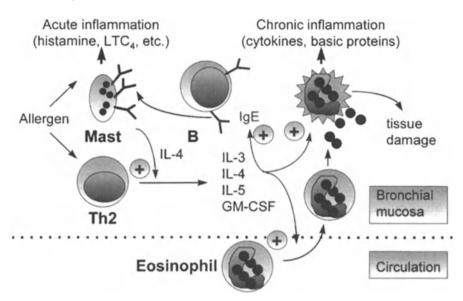


Figure 2. Inflammatory mechanisms in asthma: activation of Th2 CD4+ T cells (Th2) by specific antigen including (although not necessarily exclusively) allergen results in the secretion of cytokines, particularly IL-5, IL-4, IL-3 and GM-CSF, which influence eosinophil survival, differentiation, activation and adherence, and are implicated in orchestrating the specific eosinophil infiltration that characterizes chronic asthmatic inflammation. In parallel, allergens may trigger inflammatory processes, at least in those patients who are atopic, through the cross-linking of surface allergen-specific IgE on mast cells (Mast), resulting in the acute release of mediators such as histamine and leukotrienes with acute exacerbation of inflammation. The relative importance of these processes in asthmatic inflammation in different clinical settings remains to be determined. The two systems are interdependent in the sense that IL-4 derived from Th2 T cells is essential for IgE switching by B cells (B), and thus mast cell sensitization, whereas IL-4 release from IgE-triggered mast cells may further promote Th2 T cell development.

ly to continue to form part of the fundamental basis for future asthma therapy.

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# *CHAPTER 6* β-Adrenoceptors

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# 1. Introduction

 $\beta$ -Adrenoceptors regulate many aspects of lung function and  $\beta$ -adrenergic agonists have become the most widely used bronchodilators for the treatment of obstructive airway diseases. There have been important advances in our understanding of the molecular structure and regulation of  $\beta$ -adrenoceptors, which have implications for elucidating  $\beta$ -adrenoceptor function in airway disease and the mechanisms of action of  $\beta$ -agonists [1, 2]. At least three  $\beta$ -adrenoceptors are now recognized (Table 1).  $\beta_1$ -Receptors, which are preferentially activated by noradrenaline, are physiologically regulated by sympathetic nerves;  $\beta_2$ -receptors are preferentially regulated by circulating adrenaline;  $\beta_3$ -receptors or "atypical"  $\beta$ -receptors are involved in lipolysis but are increasingly recognized in other functions.  $\beta_2$ -Receptors predominate in lungs and mediate most of the effects of  $\beta$ -agonist on airway function.

Subtype	Agonist potency	Size	Selective agonist	Selective antagonist
$oldsymbol{eta}_1$	NA > A > I	477	Xamoterol	CGP 20712 Atenolol
$oldsymbol{eta}_2$	I > A > NA	413	Procaterol Albuterol Salmeterol	ICI 118,551 Butoxamine
$oldsymbol{eta}_3$	NA > A > I	402	BRL37344	SR58894

Table 1. Human  $\beta$ -adrenoceptor subtypes

NA, noradrenaline; A, adrenaline; I, isoprenaline.

# 2. β-Adrenoceptor Structure

#### 2.1. Cloning of $\beta$ -Receptors

Three  $\beta$ -adrenoceptors have now been cloned [3–6] and this has made it possible to elucidate the structure of the receptor protein and the way in which the receptor interacts with  $\beta$ -agonists and intracellular pathways [7].  $\beta$ -Adrenoceptors have the characteristic structure associated with Gprotein-coupled receptors of seven hydrophobic stretches of 20-25 amino acids, which take the form of an  $\alpha$ -helix that crosses the cell membrane. The intervening hydrophilic sections are alternately exposed intracellularly and extracellularly with the amino (N) terminus exposed to the outside and the carboxyl (C) terminus within the cytoplasm (Figure 1). The threedimensional structure of  $\beta$ -receptors is derived by analogy to bacterial rhodopsin, and it has not been possible to confirm this by X-ray crystallography as a result of the difficulty in obtaining sufficient receptor protein. The molecular weight of the cloned receptors predicted from the copy DNA (cDNA) sequence is less than the molecular mass of the wild receptors when assessed by polyacrylamide gel electrophoresis. This discrepancy results from glycosylation of the native receptor, for example,  $\beta_2$ -receptors contain two sites for glycosylation on asparagine (Asn) residues near the amino terminus, and it is estimated that N-glycosylation accounts for 25-30% of the molecular mass of the native receptor. The functional significance of glycosylation is not yet clear; it does not affect receptor affinity for ligand or coupling to G-proteins, but it may be important for the trafficking of the receptor through the cell during down-regulation, or for keeping the receptor correctly orientated in the lipid bilayer. There is a palitylolation site in the third intracellular loop which anchors it to the lipid bilaver.

The three  $\beta$ -receptors so far identified have distinctly different sequences. The human  $\beta_1$ -receptor has only 54% homology with the human  $\beta_2$ -receptor. The human  $\beta_2$ -receptor gene is localized to chromosome 5q and codes for a protein of 413 amino acids.  $\beta_3$ -Receptors have been identified,

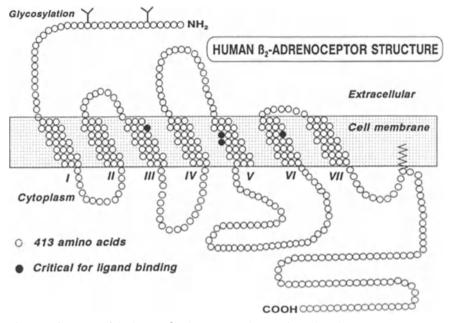


Figure 1. Structure of the human  $\beta_2$ -adrenoceptor: the protein chain is believed to have seven transmembrane  $\alpha$ -helices (I–VII). Filled circles indicate the amino acids that are essential for  $\beta$ -agonist binding.

cloned, sequenced and expressed [6]. The  $\beta_3$ -receptor is clearly different from either  $\beta_1$ - or  $\beta_2$ -receptors (about 50% amino acid sequence homology) and appears to correspond to the "atypical"  $\beta$ -receptors described in adipose tissue.  $\beta_3$ -Receptors appear to be important in regulation of metabolic rate and have not yet been detected in lung homogenates [8, 9].

Mutant receptors with substitution of single nucleotide bases at different positions in the sequence (site-directed mutagenesis) have proved to be invaluable in elucidating  $\beta$ -receptor structure and function. Replacement of the cysteine (Cys) residues at positions 106 and 184 in the second and third extracellular domain in the hamster lung  $\beta_2$ -receptor shows that they are important in maintaining the correct three-dimensional shape of the receptor in the cell membrane by the formation of a disulphide link between the two loops. Substitution of either of these Cys residues with isoleucine (Ile) impairs  $\beta$ -receptor ligand-binding affinity [10]. Similarly, substitution of either of the adjacent Cys residues, at positions 190 and 191 on the third cytoplasmic loop of the human  $\beta_2$ -receptor, markedly reduces binding affinity and coupling to adenylate cyclase [11]. It is interesting that the Cys residues on the second and third extracellular loops are highly conserved among receptors and suggests that they may be critical in stabilizing their three-dimensional structure. 2.1.1. Ligand-binding domain: One of the most intriguing questions relates to the elucidation of the ligand-binding site and the means by which an agonist changes the receptor so that it can interact with the appropriate G-protein. The ligand-binding domain of the  $\beta$ -receptor has been carfully characterized by selective deletion of sections of the gene encoding the hydrophilic and hydrophobic domains of the receptor protein, expressing the mutant receptor genes in mammilian cell lines, and determining the binding and functional characteristics of the mutant receptor. These studies have demonstrated that regions that form junctions between the transmembrane hydrophobic segments and the extramembranous loops result in altered protein folding. Surprisingly, most of the extracellular portions of the receptor can be deleted without affecting binding, which implicates regions within the hydrophobic membrane portion as being critical for binding [12]. Site-directed mutagenesis of single amino acids of the  $\beta_{2}$ receptor have indicated that substitution of neutral amino acids for aspartate (Asp) residues in the second and third transmembrane segments affects agonist binding affinity, but does not affect stimulatory G-protein (G<sub>s</sub>) activation. The Asp residue at position 113 on the third transmembrane domain binds to the cationic amine group of the catecholamine [10, 13, 14] (Figure 2). Asp 113 is highly conserved between adrenoceptors and between different species. It is of interest that equivalent Asp residues are conserved in all other adrenergic receptors which all bind ligands with a charged amine group.

Site-directed mutagenesis of serine (Ser) residues, which may form a hydrogen bond with the catechol ring, suggests that Ser residues in the fifth transmembrane helix (Ser 204 and Ser 207) are also important. These studies indicate that a ligand-binding pocket may fit between the third to

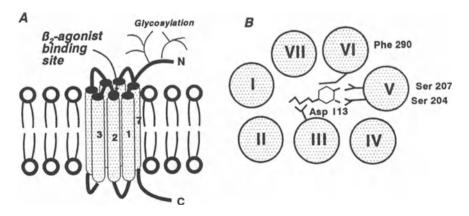


Figure 2. Three-dimensional structure of the  $\beta$ -receptor (A) and plan of the ligand-binding domain, indicating how the catechol ring of  $\beta$ -agonists associates with critical amino acids in the transmembrane spanning segments (B).

sixth transmembrane helix [10]. Using the fluorescent  $\beta$ -blocker carazolol, which binds with high affinity to the  $\beta_2$ -receptor, it has been possible with fluorescence spectroscopy to demonstrate in quenching experiments that the ligand-binding site is buried deep (at least 1.1 nm) within the receptor [15].

The reason why  $\beta_2$ -receptors prefer adrenaline (which is more bulky as a result of an additional methyl group) to noradrenaline is not completely understood. Recent studies with chimaric receptors, which are a combination of the sequence of  $\beta_1$ - and  $\beta_2$ -receptors, indicate that the sequences of amino acids in transmembrane helices 4 and 5 are critical and probably determine the shape of the binding pocket [16].

The discovery of long-acting  $\beta_2$ -agonists, such as salmeterol and formoterol, has revealed additional information about the ligand-binding domain. Salmeterol has a long aliphatic side chain that may anchor the catechol end of the molecule of the binding cleft in the  $\beta$ -receptor. Salmeterol displays a characteristic behaviour *in vitro* with a slow onset of action and a very slow recovery even after extensive washing [17]. Addition of a  $\beta$ -adrenergic antagonist reverses the relaxation effect of salmeterol, but when the antagonist is washed out salmeterol "reasserts" its action, indicating that it is still bound to the receptor. Site-directed mutagenesis has demonstrated that residues 149–158 localized at the interface of transmembrane domain 4 and the cytoplasm are critical for the long duration of salmeterol binding [18], suggesting that this region is involved in anchoring the molecule within the binding cleft. By contrast, formoterol appears to have a long duration of action by virtue of its lipophilicity and the drug simply dissolves in the lipid bilayer, which acts as a depot [19].

2.1.2. G-protein Coupling Domain: The intracellular loops located on the inner surface of the plasma membrane interact with the  $\alpha$ -subunit of  $G_s(\alpha_s)$ . Deletion mutagenesis studies, in which stretches of the amino acid sequence are removed, indicate that the third intracellular loop is critical for interaction between  $\beta_2$ -receptors and  $\alpha_s$  [20]. This loop contains a sequence of amino acids which includes charged amino acids in the form of an  $\alpha$ -helix. Sequences in the fourth intracellular loop also cooperate in activation of  $\alpha_s$ . Synthetic peptides derived from the third intracellular loop are capable of activating  $G_s$  and substitution of only a single amino acid results in mutant receptors that have constitutive activity and activate  $G_s$  [21]. This suggests that, in the unoccupied state, the  $\beta_2$ -receptor is constrained, but binding of a  $\beta$ -agonist may lead to a conformational change which reveals these sequences in the third intracellular loop, resulting in activation of  $G_s$ .

# 3. Expression of $\beta$ -Receptor Genes in the Lung

 $\beta_2$ -Adrenoceptors are expressed in many cell types in the lung and subserve many different cellular functions (Table 2). The presence of  $\beta_2$ -receptor

Cell type	Subtype	Function	
Smooth muscle	$eta_2$	Relaxation (proximal = distal) Inhibition of proliferation	
Epithelium	$eta_2$	Increased ion transport Secretion of inhibitory factor? Increased ciliary beating Increased mucociliary clearance	
Submucosal glands	$oldsymbol{eta}_1/oldsymbol{eta}_2$	Increased secretion (mucus cells)	
Clara cells	$\beta_2$	Increased secretion	
Cholinergic nerves	$oldsymbol{eta}_2$	Reduced acetylcholine release	
Sensory nerves	$oldsymbol{eta}_2/oldsymbol{eta}_3$	Reduced neuropeptide release Reduced activation?	
Bronchial vessels	$oldsymbol{eta}_2$	Vasodilatation Reduced plasma extravasation	
Inflammatory cells			
Mast cells	$\beta_2$	Reduced mediator release	
Macrophages	$\beta_2$	No effect?	
Eosinophils	$\beta_2$	Reduced mediator release	
T lymphocytes	$oldsymbol{eta}_2$	Reduced cytokine release?	

Table 2. Localization and function of airway  $\beta$ -adrenoceptors

mRNA has been detected in human and rat lung by northern analysis using radiolabelled cDNA (or cRNA) probes [22-24]. Northern blotting shows a single transcript of 2.2 kilobases (kb), as observed in other tissues and cells.  $\beta_2$ -Receptor mRNA has been localized by *in situ* hybridization and corresponds, as expected, to  $\beta$ -receptor-binding sites [22]. However, there are discrepancies between the relative density of mRNA and receptors in certain cells. Thus, in airway smooth muscle there is a very high density of  $\beta$ -receptor mRNA, whereas the density of the  $\beta$ -receptors is relatively low; this suggests either that the rate of receptor synthesis is high, and there is a rapid turnover of receptors, or that the stability of mRNA is high. This may explain why it is difficult to down-regulate  $\beta$ -receptors in airway smooth muscle, and therefore to demonstrate tachyphylaxis to the bronchodilator action of  $\beta$ -agonists. By contrast, in the alveolar walls there is a low level of mRNA but a very high receptor density, which may indicate a low receptor turnover, and this would be consistent with the fact that down-regulation is readily produced in lung parenchyma.

 $\beta_1$ -Receptor mRNA is also detected in animal and human lung tissue, although as expected it is less abundant than  $\beta_2$ -receptor mRNA [24].  $\beta_1$ -Receptor mRNA is localized to submucosal glands and alveolar walls, as predicted by autoradiographic receptor mapping [25, 26].  $\beta_3$ -Receptor mRNA has not been detected in human or animal lung by Northern blotting or *in situ* hybridization [8, 24], or by the more sensitive technique of reverse transcription polymerase chain reaction (RT-PCR) [27].

#### 4. Intracellular Mechanisms

#### 4.1. G-Proteins

The intracellular mechanisms involved in mediating the effects of  $\beta$ -agonists are now reasonably well established, although recent studies have challenged the dogma [28]. Occupation of a  $\beta$ -receptor by an agonist results in a conformational change which leads to the activation of the  $\alpha$ -subunit of G<sub>s</sub>. G<sub>s</sub> is made up of three subunits:  $\alpha_s$  which interacts with the receptor and binds GTP and  $\beta$  and  $\gamma$  subunits which appear to anchor or stabilize the  $\alpha$ -subunit in the membrane, but are also involved in more long-term signalling events. Activation of  $\alpha_s$  in turn activates the cell surface-associated enzyme adenylate cyclase, which results in conversion of ATP to cyclic adenosine 3',5'-monophosphate (cAMP), the second messenger of  $\beta$ -receptor function (Figure 3).

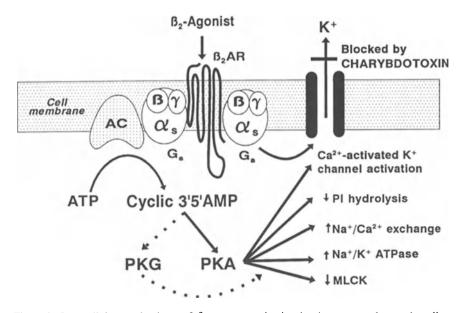


Figure 3. Intracellular mechanisms of  $\beta_2$ -receptor activation in airway smooth muscle cells.  $\beta_2$ -receptors are coupled to adenylate cyclase (AC) via a stimulatory guanine nucleotide regulatory protein (G<sub>s</sub>), consisting of three subunits ( $\alpha_s$ ,  $\beta$ ,  $\gamma$ ). A rise in intracellular cAMP activates protein kinase A (PKA) which phosphorylates several proteins that contribute to the relaxant effect of  $\beta$ -agonists. Cyclic AMP may also activate protein kinase G (PKG) which in turn may also phosphorylate several protein targets.  $\beta$ -Receptors may also be coupled directly via G<sub>s</sub> to a large conductance calcium-activated K<sup>+</sup> channel.

#### 4.2. Cyclic AMP

Cyclic AMP activates protein kinase A (PKA), which then phosphorylates certain key proteins in the cell leading to the characteristic cellular response [29]. PKA may be physically associated with the cell membrane through anchoring proteins, so that it is in close proximity to adenylate cyclase. In airway smooth muscle PKA inhibits myosin light chain phosphorylation, which inhibits phosphoinositide hydrolysis and promotes Ca<sup>2+</sup>/Na<sup>+</sup> exchange, thus resulting in a fall in intracellular Ca<sup>2+</sup>. The rise in cAMP also leads to phosphorylation of a large conductance, calcium-activated potassium (maxi-K<sup>+</sup>) channel, which is blocked by the scorpion venom toxins charybdotoxin and iberiotoxin [30]. There is also evidence that an increase in cAMP may activate protein kinase G (PKG) and the relaxant effects of  $\beta$ -agonists in some preparations may be mediated, at least in part, via a cAMP-induced activation of PKG rather than protein kinase C (PKC) [28]. PKG activation inhibits Ca<sup>2+</sup> mobilization and this may contribute to the relaxant effects of  $\beta$ -agonists mediated via PKA and maxi-K<sup>+</sup> channels.

# 4.3. $K^+$ channels

 $\beta$ -Agonists open maxi-K<sup>+</sup> channels in airway smooth muscle preparations. Charybdotoxin and iberiotoxin, blockers of maxi-K<sup>+</sup> channels, inhibit the bronchodilator responses to  $\beta$ -agonists and to other agents that elevate cAMP levels [31]. These effects are observed at low concentrations of  $\beta$ -agonists in human airways *in vitro*, suggesting that this is a major mechanism of airway smooth muscle response to  $\beta$ -agonists [32]. Furthermore, glibenclamide and apamin, which block ATP-sensitive K<sup>+</sup> channels and small conductance K<sup>+</sup> channels, respectively, have no effect on  $\beta$ -agonist-induced relaxation [32]. Maxi-K<sup>+</sup> channels in airway smooth muscle cells can be opened directly by  $\alpha_s$  [30], suggesting that  $\beta$ -receptors are directly coupled to a calcium activated K<sup>+</sup> channel and that  $\beta$ -agonists may relax airway smooth muscle independently of an increase in cAMP (Figure 3). However, the relative contribution of this direct maxi-K<sup>+</sup> channel effect versus an effect on cAMP is uncertain. Whether this also applies to other airway cells or inflammatory cells remains to be determined.

# 4.4. Cyclic AMP Response Element Binding Protein

Cyclic AMP-mediated activation of PKA may lead to the induction of several genes through a conserved cAMP response element (CRE) on the promoter sequence of target genes. This effect of cAMP is mediated via a 43-kDa DNA-binding protein CREB (CRE-binding protein), which functions as a transcription factor [33] (Figure 4). CREB is activated by phos-

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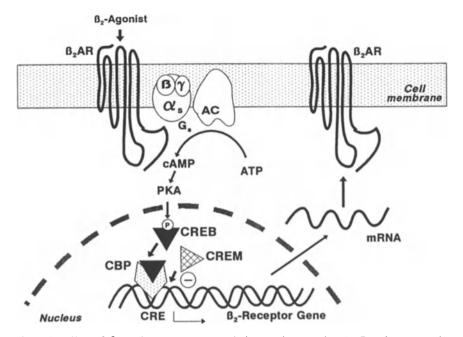


Figure 4. Effect of  $\beta$ -agonists on gene transcription: an increase in cAMP activates protein kinase A (PKA), resulting in phosphorylation of cAMP response element-binding protein (CREB) within the nucleus; this binds to a cAMP response element (CRE) in the upstream promoter region of a responsive gene (e.g. the  $\beta_2$ -receptor gene itself), resulting in increased transcription. Binding of CREB to CRE is facilitated by CREB-binding protein (CBP) and may be blocked by another transcription factor, CRE modulator (CREM).

phorylation (at Ser 133) by the catalytic subunit of PKA which translocates to the nucleus on activation by cAMP. There may be a family of different CREBs that are differentially regulated. The activated phosphophorylated CREB associates with a large CREB-binding protein (CBP), forming a transcriptional activation complex [34]. A transcription factor that also binds to CRE, known as CRE modulator (CREM), exists as three isoforms [35]. CREM usually has opposing effects to CREB, thus blocking the transcriptional actions of CREB. There is evidence that  $\beta$ -agonists increase CRE binding in human and rat lung tissue [36-38], although activation of CREB is only seen at relatively high concentration of  $\beta$ agonists (which are needed for an increase in cAMP concentration). The human  $\beta_2$ -receptor gene has a CRE sequence and CREB increases its expression [39]. Indeed, a CREB may be responsible for the basal expression of  $\beta_2$ -receptors and may in part determine the  $\beta$ -receptor density of different cell types. A CRE sequence has also been described in the promoter region of the human  $\beta_1$ -receptor gene [40] and there may be multiple CREs in the promoter sequence of the  $\beta_3$ -receptor gene [41]. Short-term exposure of cells to  $\beta$ -agonists results in a transient increase

in  $\beta_2$ -receptor gene expression mediated via an increase in CREB activation [39].

# 4.5. Receptor Cross-Talk

Cross-talk between  $\beta$ -receptors and other surface or nuclear receptors may operate at several levels in the signal transduction pathway. Several examples of receptor cross-talk are now described for  $\beta$ -receptors and these may have clinical relevance, because the response of a cell to a  $\beta$ -agonist may be determined by the other agonists (such as inflammatory mediators or neurotransmitters) that the cell is also exposed to. There may be interactions at the level of G-proteins, because  $\beta$ -receptors are coupled via G<sub>s</sub> to adenylate cyclase, whereas other receptors (e.g. muscarinic M<sub>2</sub>-receptors) are coupled via an inhibitory G-protein (G<sub>i</sub>) and therefore counteract the effect of a  $\beta$ -agonist. This interaction might be relevant in airway smooth muscle which expresses M<sub>2</sub>-receptors and predicts that acetylcholine, acting via M<sub>2</sub>-receptors, would counteract the bronchodilator actions of  $\beta$ -agonists. Although this has been confirmed in some studies [42], it has not in others [43]. Conversely,  $\beta$ -agonists may decrease M<sub>2</sub>-receptor function [44]. Another level of functional antagonism between muscarinic and  $\beta$ -receptors may be at the level of the maxi-K<sup>+</sup> channel, because  $\beta$ -receptors are coupled via G<sub>s</sub> to maxi-K<sup>+</sup> channels in airway smooth muscle, whereas M<sub>2</sub>-receptors are coupled via G<sub>i</sub> to the same channel and would therefore oppose the opening of the channel in response to a  $\beta$ -agonist [45].

Interaction may also occur in signal transduction pathways, because  $\beta$ agonists inhibit phosphoinositide hydrolysis stimulated via receptors, such as M<sub>3</sub>-receptors and histamine receptors, in airway smooth muscle [46]. In turn, muscarinic agonists may activate PKC via stimulation of phosphoinositide hydrolysis, which may result in phosphorylation of both  $\beta$ receptors and G<sub>s</sub>, with resulting down-regulation and uncoupling of surface  $\beta$ -receptors [47]. Such a mechanism has recently been demonstrated in airway smooth muscle [48] (Figure 5).

Complex interactions may also occur within the nucleus between transcription factors activated via different surface receptors. Several interactions have recently been recognized between CREB and other transcription factors, such as activator protein-1 (AP-1) and between the glucocorticoid receptor [49, 50]. This has potentially important clinical implications, because activation of CREB by exposure to  $\beta_2$ -agonists may interfere with the actions of cytokines, such as tumour necrosis factor- $\alpha$  (TNF- $\alpha$ ), which activate AP-1, and this would be beneficial in the context of chronic inflammation. On the other hand, CREB also interacts with the glucocorticoid receptor, which may inhibit the anti-inflammatory actions of steroids [37, 51]. The final functional outcome will depend on the net balance between the various interacting forces and will differ from cell to cell.  $\beta$ -Adrenoceptors

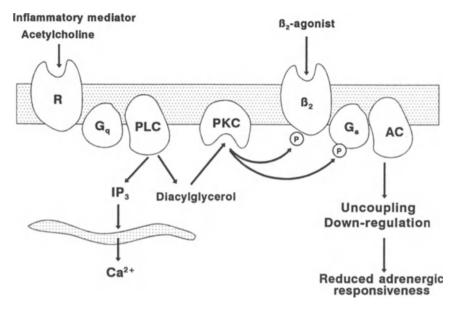


Figure 5. Cross-talk between  $\beta_2$ -receptors and inflammatory mediator and muscarinic receptors. Inflammatory mediators and acetylcholine may activate phosphoinositide hydrolysis, resulting in activation of protein kinase C (PKC), which phosphorylates  $\beta_2$ -receptors and stimulatory G-proteins (G<sub>s</sub>), resulting in uncoupling and down-regulation of  $\beta$ -receptors.

# 5. Regulation of $\beta$ -Receptors

### 5.1. Desensitization and Down-Regulation

Reduced responsiveness occurs with most cell surface receptors when exposed continuously or repeatedly to an agonist; tachyphylaxis refers to short-term desensitization and tolerance to desensitization after repeated application of an agonist. Several molecular mechanisms are involved in desensitization of  $\beta$ -receptors [52, 53]. Homologous desensitization refers to reduced responsiveness to  $\beta$ -agonists, whereas heterologous desensitization refers to desensitization to other agonists and usually involves cAMP.

In the short term, homologous desensitization involves phosphorylation of the receptor, which results in uncoupling from G<sub>s</sub>. At least two types of serine/threonine (Ser/Thr) kinase are involved, PKA and  $\beta$ -adrenergic receptor kinase ( $\beta$ ARK) [54, 55] (Figure 6).  $\beta$ ARK is not specific for  $\beta$ -receptors and may be involved in the phosphorylation of other receptors, including muscarinic and tachykinin receptors. Two distinct  $\beta$ ARKs are now recognized and are members of a larger G-protein receptor kinase (GRK) family that are specific for agonist-occupied or activated receptors.  $\beta$ ARK1 (GRK2) and  $\beta$ ARK2 (GRK3) appear to play similar roles in phos-

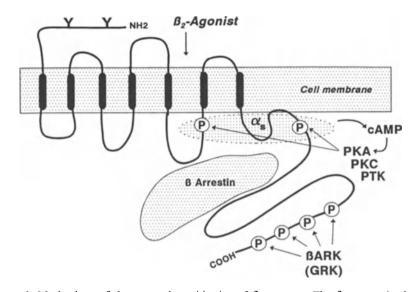


Figure 6. Mechanisms of short-term desensitization of  $\beta_2$ -receptors. The  $\beta$ -receptor is phosphorylated by  $\beta$ -adrenergic receptor kinase ( $\beta$ ARK) and other G-protein receptor kinases (GRK) on its carboxyl tail, resulting in increased binding of  $\beta$ -arrestin, which leads to uncoupling and internalization of the receptor. Protein kinase A (PKA), activated by an increase in cAMP, phosphorylates the receptor at other sites on the third intracellular loop. Protein kinase C (PKC) and protein tyrosine kinases (PTK) may also phosphorylate the receptor, resulting in uncoupling.

phorylation of  $\beta$ -receptors and an additional enzyme GRK5 may also be involved. Occupation of  $\beta$ -receptors by a  $\beta$ -agonist activates  $\alpha_s$  and the dissociated  $\beta\gamma$  units of G<sub>s</sub> act as a membrane anchor for  $\beta$ ARK which translocates to the cell membrane where it phosphorylates the membrane-bound receptor [56]. The activity of  $\beta$ ARK is thus enhanced by  $\beta\gamma$  subunits of G-proteins.  $\beta$ ARKs have a high degree of specificity because they recognize only agonist-occupied  $\beta_2$ -receptors. The site of phosphorylation of  $\beta$ ARK appears to be the Ser/Thr-rich carboxyl tail of the receptor. A co-factor termed " $\beta$ -arrestin" is necessary for  $\beta$ ARK inhibition of receptor function [57, 58]. Phosphorylation of  $\beta$ -receptors by  $\beta$ ARK enhances the ability of  $\beta$ -arrestin to bind and thereby to uncouple the receptor from G<sub>s</sub>. Overexpression of  $\beta$ -arrestin enhances the desensitization of  $\beta$ -receptors [58].

Heterologous desensitization is seen with stable analogues of cAMP or with forskolin; the reduction in receptor sensitivity is less marked than with  $\beta$ -agonists. Site-directed mutagenesis studies indicate that phosphorylation of the receptor by PK may also enhance the rate of  $\beta_2$ -receptor down-regulation, but that this effect is less marked than that seen with  $\beta$ -agonists. Homologous desensitization thus involves both  $\beta$ ARK and a component resulting from PKA-induced phosphorylation. The latter occurs at low concentrations of agonist, whereas higher concentrations are needed for activation of  $\beta$ ARK. The site of phosphorylation by PKA is the Ser/Thr residues in the third intracellular loop of the receptor [52, 53]. PKC may also phosphorylate  $\beta_2$ -receptors, resulting in uncoupling [59]. This could be relevant in inflammatory lung diseases, because several inflammatory mediators may activate PKC through stimulation of phosphoinositide hydrolysis [59]. In bovine airway smooth muscle and rabbit airway epithelial cells stimulation of PKC by a phorbol ester results in uncoupling and down-regulation of  $\beta_2$ -receptors [48, 60]. Protein tyrosine kinases (PTKs) may also phosphorylate  $\beta$ -receptors. Thus activation of the insulin receptor, which has intrinsic PTK activity, phosphorylates and desensitizes  $\beta_2$ receptors [61]. This allows cross-talk between pathways involved in cell growth and  $\beta$ -receptors, and may be relevant in chronic inflammatory diseases of the lung.

Longer-term mechanisms include down-regulation of surface receptor number, a process that involves internalization of the receptor and its subsequent degradation. Surface  $\beta$ -receptors are rapidly internalized (sequestration) after exposure to  $\beta_2$ -agonists and are manifest by a loss of binding of hydrophilic ligands (cell surface receptors) but not lipophilic ligands (total number of receptors). This uncoupled internalized receptor may return to the cell membrane once the  $\beta$ -agonist is removed (resensitization). A highly conserved tyrosine residue at the junction of the seventh transmembrane segment and the fourth intracellular loop (Tyr 326) in the  $\beta_2$ -receptor is required for both sequestration and resensitization [62]. More prolonged exposure to  $\beta$ -agonists results in down-regulation, which involves a permanent loss of receptors. After down-regulation, responsiveness is only restored by the synthesis of new receptors.

More chronic effects of  $\beta$ -agonists, which are probably of greater relevance to clinical practice, appear to involve changes in  $\beta$ -receptor synthesis. In a cultured hamster cell line, down-regulation of  $\beta_2$ -receptors results in a rapid decline in the steady-state level of  $\beta_2$ -receptor mRNA [63]. Incubation of human lung with salbutamol, and the long-acting  $\beta_2$ -agonists salmeterol and formoterol, results in a reduction in  $\beta_2$ -receptor density and a concomitant decrease in  $\beta_2$ -receptor mRNA [64]. In cultured human airway epithelial cells, incubation with isoprenaline for 24 hours results in reduced expression of surface  $\beta_2$ -receptors as a consequence of reduced stability of  $\beta_2$ -receptor mRNA [65]. This suggests that down-regulation is achieved, in part, either by inhibiting the gene transcription of receptors or by increased post-transcriptional processing of the mRNA in the cell. Using actinomycin D to inhibit transcription, it has been found that  $\beta_2$ receptor mRNA stability is markedly reduced in these cells after exposure to  $\beta$ -agonists. A specific protein, termed " $\beta$ ARB", that selectively binds to  $\beta_2$ -receptor mRNA is up-regulated by  $\beta_2$ -agonists and may be involved in the reduced stability of mRNA [66, 67]. Short-term exposure to  $\beta$ -agonists may increase  $\beta_2$ -receptor gene transcription through activation of CREB,

but with prolonged agonist exposure there may also be inhibition of gene transcription [68].

Molecular mechanisms of down-regulation have recently been investigated in lung tissue after prolonged exposure to  $\beta$ -agonists. After a 7-day infusion of noradrenaline in guinea-pigs, there was a marked reduction in  $\beta_2$ -receptor density in lung parenchyma and this is accompanied by a similar reduction in steady-state  $\beta_2$ -receptor mRNA levels measured by Northern blotting. There is a difference between propensities to downregulation in different cell types in the lung, as revealed by autoradiography and *in situ* hybridization, which shows a greater reduction in  $\beta_2$ receptor density and mRNA in the alveolar wall than in airway smooth muscle [69]. This may relate to a greater rate of gene transcription in airway epithelial cells than in lung parenchyma. Similar data are observed in rats after long-term infusion with (-)-isoprenaline, with a reduction in  $\beta_2$ - and  $\beta_1$ -receptors [38]. In addition to the reduction in  $\beta_2$ -receptor mRNA, there is also a reduction in the activity of the transcription factor CREB, which may account for the reduced rate of  $\beta_2$ -receptor gene transcription [38]. The mechanisms that lead to reduced CREB activation are not yet understood but may be related to a reduction in cAMP, secondary to uncoupling of the receptor, or possibly to increased activity of CREM (Figure 7).

Less is understood about regulation of  $\beta_1$ -receptors, but in cultured cell lines differential regulation has been reported [70]. After chronic infusion

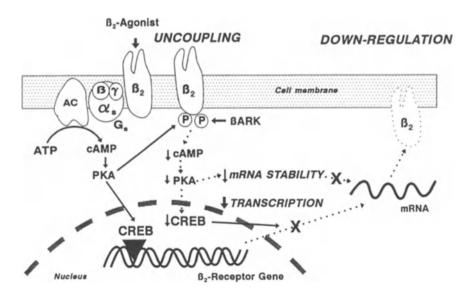


Figure 7. Long-term exposure to  $\beta$ -agonists may result in down-regulation and reduced gene transcription.

of  $\beta$ -agonists in guinea-pigs and rats, there is down-regulation of both  $\beta_1$ - and  $\beta_2$ -receptors and reduced mRNA expression in lung [38, 69]. Although the time course of reduction in  $\beta_1$ - and  $\beta_2$ -receptors is similar, there is a more rapid reduction in  $\beta_1$ -receptor mRNA.

There are marked differences between different cell types in their propensity to down-regulation. It has proved surprisingly difficult to demonstrate desensitization of the bronchodilator effect of  $\beta$ -agonists in asthmatic patients, although a small effect has been observed in normal subjects [71]. This is consistent with the resistance of airway smooth muscle to down-regulation, possibly because of the high level of  $\beta_2$ -receptor gene expression [38, 69]. Alternatively, it may be the result of the high density of "spare receptors", so that even marked reduction in  $\beta$ -receptor density may not be accompanied by a reduced relaxation response. Long-acting inhaled  $\beta_2$ -agonists may be more likely to induce tolerance, but several long-term studies of both salmeterol and formoterol have failed to show significant loss of bronchodilator response [72]. Recent studies with formoterol have demonstrated some loss of bronchodilator response after 1-2 weeks of administration in asthmatic patients, if the studies are preceded by a wash-out period with anticholinergic drugs substituted for  $\beta$ -agonists [73, 74]. Recently it has been suggested that resistance to desensitization in airway smooth muscle cells may be caused by a very low level of expression of  $\beta$ ARK in these cells [75].

Other effects of  $\beta$ -agonists on airway function do not appear to be as resistant to desensitization, presumably because tolerance is more easily produced in other cell types. Recent in vivo studies in human using positron emission tomography with a positron-emitting  $\beta$ -blocker  $(S-[^{11}C]CGP12177)$  have demonstrated an apparent reduction in pulmonary  $\beta$ -receptor density after 2 weeks of treatment with an inhaled or oral  $\beta_2$ -agonist [76]. Inhaled  $\beta_2$ -agonists have a much greater protective effect against AMP-induced bronchoconstriction than against methacholineinduced constriction, suggesting that there is some extra protective effect on mast cell mediator release [77]. After one week of regular inhaled  $\beta_2$ -agonist (terbutaline 500 µg four times daily) in patients with mild asthma, there is no evidence for tachyphylaxis of the bronchodilator response to terbutaline, a slight reduction in protection against methacholine and a marked reduction in protective effect against AMP, suggesting more marked desensitization of  $\beta_2$ -receptors on mast cells than on airway smooth muscle [78]. This is consistent with a much greater expression of  $\beta$ ARK in mast cells than in airway smooth muscle cells [75]. Direct measurement of airway  $\beta$ -receptors has recently been made after inhaled  $\beta$ -agonists in normal subjects and demonstrates substantial down-regulation and uncoupling of  $\beta_2$ -receptors in epithelial cells and macrophages in normal subjects [79]. Desensitization of  $\beta_2$ -receptors on airway epithelial cells was also seen in asthmatic patients after treatment with an inhaled  $\beta_2$ -agonist [80].

#### 5.2. Effect of Glucocorticosteroids

Glucocorticoids increase the transcription of several genes, including the  $\beta_2$ -receptor gene. The human  $\beta_2$ -receptor gene has several glucocorticoid response element consensus sequences (GREs) in its 5'-non-coding, coding and 3'-non-coding regions [81, 82]. The GREs in the 5'-non-coding region are obligatory for glucocorticoid responsiveness [83].  $\beta$ -Adrenoceptor expression is increased by glucocorticoids in several cell types, including pulmonary cells. Glucocorticoids also prevent desensitization of  $\beta$ -receptors and restore down-regulted receptors to normal levels. In subjects taking a regular oral  $\beta_2$ -agonist, there is a down-regulation of  $\beta_2$ -receptor in lymphocytes: the receptors are restored to normal 16 h after a single dose (100 µg) of prednisone [84]. Similar changes are reported in asthmatic patients after a single dose of intravenous glucocorticoid, although this was not associated with any increase in bronchodilator responsiveness to an inhaled  $\beta_2$ -agonist [85]. Steroids increase the density of  $\beta_2$ -receptors in rat lung and prevent the desensitization and down-regulation of  $\beta$ -receptors on human leukocytes [86]. Corticosteroids increase the steady-state level of  $\beta_2$ -receptor mRNA in cultures hamster smooth muscle cells from the vas deferens without any increase in mRNA stability, thus indicating that steroids may increase  $\beta$ -receptor density by increasing the rate of gene transcription [87], (Figure 8). This is confirmed by an increased transcription rate in these cells

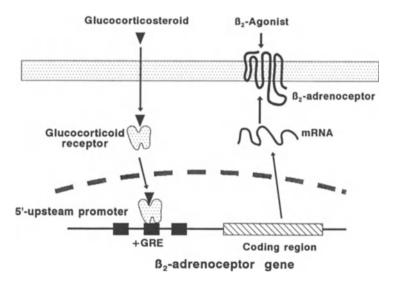


Figure 8. Effect of glucocorticoids on  $\beta_2$ -receptor gene transcription. Glucocorticoids bind to glucocorticoid receptors (GR) which translocate to the nucleus and bind to glucocorticoid response elements (GRE) on the upstream promoter region of the  $\beta_2$ -receptor gene; this leads to increased gene transcription, with an increase in mRNA and increased expression of the  $\beta_2$ -receptor.

#### $\beta$ -Adrenoceptors

measured by a nuclear run-on assay, which directly measures gene transcription [88]. The increase in mRNA occurs rapidly (within 1 h), preceding the increase in  $\beta_2$ -receptors, and then declines to a steady-state level about twice normal. Similarly steroids increase the gene expression of  $\beta_2$ -receptors in human lung tissue [89]. This is the result of increased transcription, as confirmed by a nuclear run-on assay.

Steroids increase the expression of  $\beta$ -receptors in all cell types, as revealed by autoradiographic mapping studies in rat lung [90]. Furthermore, steroids prevent the down-regulation of  $\beta_2$ -receptors in lung tissue after a prolonged infusion of isoprenaline. This appears to be caused by an increase in gene transcription which counteracts the decrease in transcription resulting from chronic  $\beta$ -agonist exposure. This protective effect of steroids is seen in airway smooth muscle and airway epithelial cells [90]. These studies have not been undertaken at a molecular level in humans, but treatment of the nasal mucosa with topical steroids increases  $\beta_2$ -receptor mRNA [91]. However, inhaled corticosteroids do not appear to prevent the development of tolerance to inhaled long-acting  $\beta_2$ -agonists [92, 93], which may be a result of the fact that the inhaled drug does not reach  $\beta_2$ -receptors in airway smooth muscle in adequate concentrations. By contrast, the tolerance to an inhaled  $\beta_2$ -agonist is rapidly reversed by high-dose parenteral corticosteroids [94].

 $\beta_1$ -Receptors, unlike  $\beta_2$ -receptors, have no GREs in their promoter region and glucocorticoids do not increase  $\beta_1$ -receptor density or mRNA in lung, or prevent homologous down-regulation [90].

# 5.3. Inflammation

Inflammatory mediators may impair the function of  $\beta$ -receptors [1]. In guinea-pigs phospholipase A<sub>2</sub> causes a reduction and uncoupling of pulmonary  $\beta$ -receptors, suggesting that lipid mediators may influence  $\beta$ -receptor function. Platelet-activating factor (PAF), leukotrienes and 15-lipoxygenase products have all been reported to reduce  $\beta$ -receptor function, although the mechanisms are often ill defined. Activation of inflammatory mediator receptors on airway smooth muscle cells may lead to activation of PKC, which has the capacity to phosphorylate both  $\beta$ -receptors and the  $\alpha_s$ , thus resulting in either down-regulation or uncoupling of the receptor [95] (see Figure 5). *In vitro* studies show that bradykinin reduces the cAMP response to isoprenaline in cultured rabbit epithelial cells and that this effect is mimicked by PKC activation [96].

Cytokines may also influence  $\beta$ -receptor expression. In A549 cells (adenocarcinoma cell line with features of type II pneumocytes) interleukin 1 $\beta$  (IL-1 $\beta$ ) and TNF- $\alpha$  increase  $\beta_2$ -receptor density and isoprenaline-induced cAMP increase [97] through an effect on gene transcription [98]. In contrast, IL-1 $\beta$ , IL-2 and granulocyte-macrophage colony-stimu-

lating factors (GM-CSFs) are reported to inhibit isoprenaline-induced cAMP in human peripheral blood mononuclear cells [99], although there was no effect on  $\beta$ -agonist-induced relaxation of guinea-pig trachea under the same conditions. By contrast incubation of guinea-pig trachea with IL-1 $\beta$  and TNF- $\alpha$  for 18 h reduced isoprenaline-induced relaxation [100]. This effect was completely reversed by pertussis toxin, which implicates the involvement of G<sub>i</sub>. Proinflammatory cytokines may increase the expression of  $\alpha_i$  resulting in inhibition of adenylate cyclase and functional antagonism of  $\beta$ -agonists. Similarly, in a cultured human airway epithelial cell line (BEAS-2B), IL-1 $\beta$  decreased the cAMP response to isoprenaline, but paradoxically increased  $\beta_2$ -receptor mRNA, and this may reflect uncoupling and interruption of a negative regulation of gene expression [101]. In vitro IL-1 $\beta$  and TNF- $\alpha$  cause uncoupling of  $\beta_2$ -receptors in airway smooth muscle, and this may be a consequence of an increase in the inhibitory coupling protein G<sub>i</sub> [102]. Similar results are obtained *in vivo* in rats exposed to infused IL-1 $\beta$ , where there is down-regulation of  $\beta_2$ -receptors, uncoupling and a reduction in bronchodilator responses to  $\beta$ -agonists. This is related to increased expression of G<sub>i</sub> [103]. Transforming growth factor- $\beta_1$  (TGF- $\beta_1$ ) is produced by several cells in the airways, including macrophages and epithelial cells. TGF- $\beta_1$  reduces the density of  $\beta_2$ -receptors in cultured human airway smooth muscle cells through a mechanism that involves protein synthesis (possibly a transcription factor) [104].

#### 5.4. Asthmatic Airways

There is evidence that  $\beta$ -receptors may be dysfunctional in asthmatic airways, because the bronchodilator response to  $\beta$ -agonists in vitro is impaired in airways taken from asthmatic patients who have died during an acute exacerbation [105]. In an autoradiographic study of a single patient with asthma who died from an asthmatic attack, no change in  $\beta$ -receptor density in airway smooth muscle was seen, despite a reduced relaxant response to isoprenaline [106]. Similarly, a normal airway distribution of  $\beta$ -receptors was reported in four patients with fatal asthma [107]. Surprisingly, an increase in both  $\beta$ -receptor density and affinity was observed in airway smooth muscle in seven cases of fatal asthma [108], and there is an inverse relationship between the impairment in relaxation response to isoprenaline and the increase in  $\beta$ -receptor density. These studies suggest that there is uncoupling of airway smooth muscle  $\beta$ -receptors in fatal asthma. The increase in  $\beta$ -receptor density may be the result of increased  $\beta_2$ -receptor gene transcription in response to some loss of negative feedback control of transcription. In the lungs of patients with mild asthma (transplantation donors) there was no difference either in  $\beta_1$ - or  $\beta_2$ -receptor density or in  $\beta$ -receptor mRNA compared with lungs of non-asthmatic lung donors [109]. Similarly in postmortem lung tissue there is no clear evidence for any difference in the amount of  $\beta_2$ -receptor mRNA in asthmatic patients compared with non-asthmatic controls [23]. Thus, although uncoupling of  $\beta$ -receptors may occur in fatal asthma (and may be a terminal event), it is unlikely that this is important in well-controlled asthmatic patients, because they respond so well to low doses of inhaled  $\beta$ -agonists. Recently,  $\beta_2$ -receptors have been assessed in biopsies from patients with asthma before and after segmental allergen challenge, which resulted in a small but insignificant reduction in  $\beta$ -agonist-induced cAMP production [80].

#### 6. $\beta_2$ -Receptor Polymorphisms

Several genetic polymorphisms of the human  $\beta_2$ -receptor gene have been reported and these may have clinical significance [110]. In a group of 51 asthmatic and 56 normal individuals, nine different point mutations in nucleic acid sequence were detected. Four of these polymorphisms resulted in a change in amino acid sequence, the most frequent of which were arginine 16 to glycine (Arg  $16 \rightarrow$  Gly) and glutamine 27 to glutamic acid  $(Gln 27 \rightarrow Glu)$  [111]. The polymorphisms at codons 16 and 27 are relatively frequent and appear to be linked. In cells transfected with these mutant receptors, the Gln 27  $\rightarrow$  Glu mutation is resistant to  $\beta$ -agonist-induced down-regulation, whereas the Arg  $16 \rightarrow$  Gly mutation shows increased down-regulation compared with wild-type  $\beta_2$ -receptors [112]. As there is no difference in transcription rate between these receptors, the increased propensity to down-regulation of the Arg  $16 \rightarrow$  Gly mutation may reflect decreased receptor stability or increased degradation of mRNA. The incidence of  $\beta_2$ -receptor polymorphisms was no greater in asthmatic patients than in controls, although within the asthma group the polymorphism Arg  $16 \rightarrow$  Gly is associated with more severe asthma with increased nocturnal symptoms [113], whereas the Gln  $27 \rightarrow$  Glu polymorphism is associated with reduced airway hyperresponsiveness [114]. The Arg  $16 \rightarrow Gly$  polymorphism is also associated with an increased tendency to develop tolerance to inhaled  $\beta_2$ -agonists [115]. It is not yet certain whether there are also polymorphisms in the promoter region of the  $\beta_2$ -receptor gene in asthmatic patients that may predict altered regulation of the receptor.

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# **CHAPTER 7** Regulation of Eosinophil Migration

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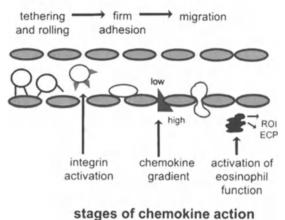
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# 1. Introduction

Eosinophils were first recognized about 100 years ago as cells with granules that display an affinity for eosin and other acidic dyes [1]. It was soon realized that the presence of eosinophils in tissue was associated with helminthic parasite infection, allergy, asthma and certain cancers. It is now generally believed that eosinophils are important effector cells in the beneficial host defence inflammatory response against helminthic parasites, and yet they can also play a major role in the excessive and inappropriate inflammatory responses seen in allergy and asthma.

Eosinophils can synthesize and secrete reactive oxygen species, plateletactivating factor (PAF), prostaglandins, leukotrienes (LTs), cytokines and enzymes which contribute to their inflammatory activity [2, 3]. The most prominent of the eosinophil granules contains basic proteins which are toxic to helminths and airway epithelium alike [4, 5]. These proteins are major basic protein, eosinophil cationic protein (ECP), eosinophil-derived neurotoxin and eosinophil peroxidase, which oxidizes halides to form reactive hypohalous acids. Release of basic proteins is generally taken as a sign of eosinophil activation and can be detected by morphological changes or by staining with monoclonal antibodies such as EG2, which recognizes the secreted form of ECP [6]. Eosinophil granule proteins have been detected in bronchoalveolar lavage (BAL) fluid of patients with symptomatic asthma [7].

Eosinophils are predominantly tissue-dwelling cells, which are formed in the bone marrow, and migrate into the blood and then into tissues, parti-



#### stages of eosinophil recruitment

olageo or onemokine action

Figure 1. Eosinophil recruitment showing tethering/rolling, firm adhesion, migration and the stages of chemokine action.

cularly those with a mucosal surface in contact with the environment: airways, gastrointestinal tract and genitourinary tract. As with other leukocytes, eosinophil movement from the bloodstream into tissue is mediated by chemoattractant molecules and follows sequential stages of interaction with the microvascular endothelium (Figure 1). Some cytokines, e.g. the interleukin IL-5, are known to increase eosinophil survival once they enter the tissue. Eosinophil accumulation in the absence of a concomitant accumulation of neutrophils is frequently described as "selective" or "preferential". Selective eosinophil accumulation in asthma suggests the involvement of specific pathways. These eosinophil-specific mechanisms may be: (1) the generation of eosinophil-selective chemoattractants or (2) the expression of eosinophil-selective adhesion molecules. These two mechanisms are the subject of this chapter.

### 2. Eosinophil Chemoattractants and Chemokines

Many of the classic chemoattractants influence both neutrophils and eosinophils. Thus, the generation of complement C5a, PAF and LTB<sub>4</sub> in the lung would not explain the selective eosinophilia seen in asthma, and there have been many attempt to find eosinophil-selective chemoattractants. As long ago as 1971, Kay et al. described an eosinophil chemotactic factor (ECF-A) released during anaphylaxis in the guinea-pig [8]. This was first identified as a tetrapeptide, although later it was suggested to be a lipoxygenase product of arachidonic acid [9], but it is now doubtful if it is as eosinophil selective as was first thought.

In the last 12 years, we have seen the discovery of the chemokines [10] starting with IL-8, primarily a neutrophil chemoattractant, although now known to be active on some other leukocytes including eosinophils, provided that they are first primed by the eosinophil-selective cytokine, IL-5. Chemokines are small, structurally-related and frequently heparin-binding chemotactic cytokines. Chemokines are synthesized with a hydrophobic signal sequence of about 20-25 amino acids which is cleaved to permit secretion of the relatively hydrophilic, basic mature protein; this is frequently about 70-80 amino acids (8–10-kDa). Occasionally chemokines may be larger and the molecular size may also be increased by glycosylation, which usually has little effect on biological activity *in vitro* but may serve to alter the stability or reactivity of these proteins *in vivo*.

It has been estimated that there may be up to 100 chemokines that can act on up to 30 chemokine receptors. Many chemokines are at present only identified as "expressed sequence tags" and thus the biological activity remains to be determined [10, 11]. Similarly, many of the receptors are "orphans" where the ligand still requires identification. It is expected that many of these gaps in our knowledge will soon be answered. Thus, selective chemokine production in the tissues and selective expression of receptors on the target cells offer the possibility of delicate control of inflammatory cell accumulation.

A common feature of chemokines is a motif of four cysteines which forms two intramolecular disulphide bonds [10]. The arrangement of the two cysteines near the amino terminus provides a structural basis for the classification of chemokines into four groups (Figure 2):

1. The CC chemokines have a pair of adjacent cysteines and are encoded on human chromosome 17. Monocyte chemoattractant protein-1 (MCP-1)

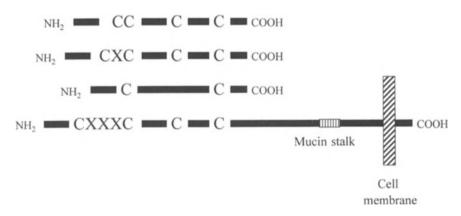


Figure 2. The four groups of chemokines showing differences in the arrangement of cysteines at the amino  $(NH_2)$  terminus. A large mucin stalk connects the  $CX_3C$  chemokine to a transmembrane segment and an intracellular domain.

was the first identified member of this class and has been shown to stimulate monocytes, lymphocytes and basophils. However, MCP-1 has little or no activity on eosinophils which lack its receptors. There are nine CC chemokine receptors (CCR1-9) so far identified. With the exception of IL-8, which has some effect on primed eosinophils, all known eosinophil-stimulating chemokines are of the CC class and signal through CCR3, CCR1 or both, which are the only CC chemokine receptors identified on eosinophils so far [12-14].

- 2. In the CXC chemokines, encoded on chromosome 4, there is an intervening amino acid (X) between the pair of amino-terminal cysteines. This apparently small structural difference makes the CXC chemokines sufficiently distinct from the CC chemokines that their actions are mediated via a different set of receptors (CXCR1-4). IL-8 is the most well described CXC chemokine.
- 3. In the C chemokines, the first and third cysteines have been lost such that there is only a single intramolecular disulphide bond. Lymphotactin [15] which acts on lymphocytes is the only published example of this class of chemokines. It is encoded on chromosome 1 and its receptor(s) has not yet been identified.
- 4. The most recently described class of chemokines, CX<sub>3</sub>C, has three intervening amino acids between the amino-terminal pair of cysteines. Fractalkine [16], encoded on chromosome 16, is so far the only published member of this class and a receptor (CX<sub>3</sub>CR1) has recently been identified. Fractalkine is an unusual molecule in that its complementary DNA (cDNA) predicts that the chemokine protein is attached to a mucin-like stalk which traverses the cell membrane. The cell-bound protein promotes strong adhesion of mononuclear leukocytes and a soluble form of fractalkine is a potent chemoattractant for these target cells.

# 2.1. CC Chemokines

Table 1 lists the human CC chemokines identified so far and indicates those known to interact with CCR3 and CCR1. Whereas CCR3 expression is restricted to eosinophils, basophils and a small subset of T-helper 2 (Th2) lymphocytes, CCR1 is expressed on a greater variety of cell types. Human eosinophils express CCR3 at much higher density (30000-300000 receptors/cell) than CCR1 [12-14]. Thus, chemokines that act on CCR3 are of the greatest interest with respect to eosinophil migration, and this has been confirmed by use of a monoclonal antibody to CCR3 [17]. Eotaxin and eotaxin-2 act exclusively on CCR3 and are more eosinophil specific than the other eosinophil-stimulating chemokines, which also interact with other receptors expressed on other cell types. RANTES and MCP-3 act on both CCR3 and CCR1, whereas in humans MIP-1 $\alpha$  acts on CCR1 but not Regulation of Eosinophil Migration

Receptor Expression	CCR3 High	CCR1 Low	
CC chemokine			
Eotaxin	++		
Eotaxin-2	++		
MIP-1 $\alpha$		+	
MIP-1 $\beta$			
MIP-3			
MIP-4			
MIP-5	+	+	
RANTES	+	+	
MCP-1			
MCP-2	+	+	
MCP-3	+	+	
MCP-4	++		
HCC-1			
I-309			
STCP-1			
TARC			
LARC			
ELC			

Table 1. Interaction of human CC chemokines with receptors expressed on eosinophils

Original references and databank accession numbers for most of these human CC chemokines are given in Coulin et al. [11] and Baggiolini et al. [10]. For eotaxin-2, see Forssmann et al. [32].

CCR3 (although there is a species difference because in mouse MIP-1 $\alpha$  signalling via CCR3 is more important than via CCR1).

Some of the major breakthroughs in chemokine biology have come from identification, characterization, purification and then sequencing of novel activities. Such an approach led to the discovery of IL-8 [18] and MCP-1 [19], the first described CXC and CC chemokines, respectively. Mean-while other chemokines were discovered by molecular biological techniques. RANTES was first identified by use of subtractive hybridization and later found to stimulate memory T lymphocytes of the CD45RO<sup>+</sup> pheno-type [20]. However, Kameyoshi et al. made the important discovery that RANTES is also a chemoattractant for human eosinophils [21]. These authors were looking for eosinophil chemoattractants released from T lymphocytes and discovered that the major activity was, in fact, RANTES released from contaminating platelets. They also demonstrated probable glycosylation of the platelet-derived RANTES.

In contrast to the above work using cell culture supernatants, eotaxin was discovered by analysis of an *in vivo* animal model of allergic airway inflammation [22, 23]. Guinea-pigs were sensitized to ovalbumin and then exposed to an aerosolized ovalbumin challenge. Bronchoalveolar lavage (BAL) fluid collected 3–6 h after exposure to the allergen contained eosinophil chemoattractant activity when tested *in vivo* in naive guinea-pigs [23]. This assay involved injecting <sup>111</sup>In-labelled eosinophils intra-

venously, followed by intradermal injection of the BAL fluid. The accumulation of radioactivity in the injected skin sites provided a sensitive detection of eosinophil migration. Purification of the eosinophil chemoattractant, monitored throughout by the *in vivo* bioassay, was followed by amino acid sequencing which revealed a novel CC chemokine. As a result of its eosinophil selectivity and its chemotactic activity *in vitro*, we termed the protein "eotaxin". Eotaxin mRNA [24, 25] and protein [26] are expressed constitutively in guinea-pig lung and upregulated within 3–6 h of allergen challenge. The time course of eotaxin protein generation correlates well with the onset of eosinophil infiltration into the lung tissue, although there is a delay before large numbers of eosinophils are found in the airway lumen [26].

Degenerate primers based on the guinea-pig protein sequence permitted the cloning of guinea-pig eotaxin [24, 25]. The nucleotide sequence information was then used to clone mouse [27, 28], human [14, 29, 30] and rat [31] eotaxin. This work has now provided reagents to study eotaxin generation and action in greater depth. Eotaxin up-regulation after allergen challenge has been demonstrated in mouse and humans and it has been confirmed that eotaxin is more selective than other CC chemokines for eosinophils. Human eotaxin-2 has also been identified and shown to act only through CCR3 with a similar potency to eotaxin [32].

All of the eosinophil chemoattractant activity in BAL fluid of allergenchallenged guinea-pigs is neutralized by anti-eotaxin antibodies, suggesting that eotaxin is the major eosinophil chemoattractant generated. However, the situation is more complex for allergic airway inflammation in the mouse, where antibodies to eotaxin [33], MIP-1 $\alpha$  [34], RANTES [34], MCP-3 [35] and MCP-5 [36] have all been shown, at least partially, to inhibit eosinophil accumulation. Some of this diversity of chemokines may be the result of differences in the strain of mouse or the protocols used for sensitization and challenge. It is also possible that some of the effects of these antibodies is primarily an inhibition of the influx or activation of leukocytes other than eosinophils. For example, MCP-5, which has been identified only in the mouse, is a good chemoattractant for lymphocytes and monocytes [36, 37], yet its reported ability as an eosinophil chemoattractant [36] has been disputed [37, 38]. As MCP-5 is up-regulated earlier than eotaxin [36], it may contribute to eosinophil accumulation by inducing an influx of mononuclear cells which then secrete eotaxin. Nevertheless, it is clear that a number of chemokines can contribute to eosinophil accumulation in the mouse which may explain why eosinophil accumulation is not completely abolished in eotaxin knock-out mice [39]. Clearly, CCR3 knock-outs are required to see if chemoattractants acting on other receptors will mediate allergic eosinophil accumulation. Given the plethora of CC chemokines acting on eosinophils, it is notable that eosinophil accumulation 18 h after allergen challenge was reduced by 70% in the eotaxin knock-outs [39] which suggests that, in mouse as well as in guinea-pig, eotaxin is a major eosinophil chemoattractant.

Lymphocytes play a role in controlling eosinophil accumulation in asthma via the generation of Th2 cytokines such as IL-4 and IL-5 [40]. IL-4 induces CC chemokines in some cells [41, 42] and we have found that antieotaxin antibodies partially inhibit IL-4-induced eosinophil accumulation [42]. IL-4 also induces expression of vascular cell adhesion molecule 1 (VCAM-1) on endothelial cells (see below) and so acts on two arms of the cell accumulation process. IL-5 has potent effects on eosinophils and we have found that IL-5 and eotaxin can act synergistically to induce eosinophil accumulation [43]. Elimination of T lymphocyte accumulation in murine models of allergic airway inflammation results in a reduction in eosinophil recruitment associated with eotaxin down-regulation [33, 44]. However, whereas MacLean et al. [44] proposed that the T cells were required for control of eotaxin synthesis, Gonzalo et al. [33] reported that T cell depletion reduced adhesion molecule expression rather than eotaxin generation.

In humans, as in mice, there are several CC chemokines that induce eosinophil migration, mostly through interaction with CCR3 (Table 1). Eotaxin, eotaxin-2 and MCP-4 are approximately equipotent and ten times more potent than RANTES and MCP-3, whereas MIP-1 $\alpha$  is active on the less abundant CCR1. Alam et al. [45] found small increases in the levels of RANTES and MIP-1 $\alpha$  in ten times concentrated BAL fluid from asthma patients compared with non-asthmatic controls. Eosinophil chemotactic activity was strongly inhibited by a polyclonal anti-RAN-TES antibody. However, the antibody was as active against MCP-3 (and perhaps other CC chemokines) as against RANTES, which makes it difficult to make firm conclusions as to the identity of the eosinophil chemoattractant(s). Venge et al. [46] found that the very weak chemotactic activity for eosinophils in BAL fluid taken from asthmatic patients during the season of high birch pollen allergen levels was partially blocked by antibodies to RANTES.

Segmental allergen challenge of people with asthma has proved to be a valuable model to investigate inflammatory mechanisms and a prominent influx of leukocytes, including eosinophils, was detected in biopsies taken 5–6 h after challenge [47]. Given that the generation of chemoattractants precedes eosinophil infiltration, Teran et al. [48] examined BAL fluid 4 h after segmental challenge. They purified an eosinophil chemoattractant and identified it as RANTES. Measurement of RANTES in ten times concentrated BAL fluid showed an increase from 4 pmol/l after instillation of saline to approximately 20 pmol/l after allergen. These authors looked for, but could not detect, eosinophil chemoattractant activity other than RANTES.

Eotaxin expression in the bronchial mucosa of people with asthma is higher than in non-asthmatic controls, and the cell sources of this increased expression include epithelial cells, endothelial cells, macrophages, T cells and eosinophils [49–51]. Lamkhioued et al. [51] reported levels of approximately 60 pmol/l eotaxin in ten times concentrated BAL fluid from asthmatic patients compared with 15 pmol/l in non-asthmatic controls. These are much higher levels of eotaxin than we have found (PJ Jose et al., unpublished data) and, given the greater potency of eotaxin than RANTES in the chemotactic assay, it is difficult to see how Teran et al. [48] could have missed such high levels of eotaxin. Nevertheless, Lamkhioued et al. [51] also found that eosinophil chemotactic activity in asthmatic BAL fluid was partially blocked by antibodies to eotaxin, RANTES and MCP-4. A combination of all three antibodies blocked the chemotactic response by approximately 50% [51], which suggests that all three CC chemokines, as well as other unidentified mediators, contribute to eosinophil accumulation in asthma. Clearly, more work remains to be done.

# 3. Adhesion Pathways Involved in Eosinophil Migration

For more than 150 years, it has been known that leukocyte recruitment into areas of inflammation starts with the binding of leukocytes to the endothelial lining of blood vessels, followed by their transmigration into tissues. In contrast, an understanding of the molecular mechanisms responsible for leukocyte recruitment has only become possible in the last 15 years, with the identification of leukocyte and endothelial adhesion molecules and leukocyte chemoattractant/activator molecules. Three families of cell adhesion molecules play a key role in leukocyte recruitment: the selectins, the integrins and the immunoglobulin superfamily [52]. It is now recognized that these different types of adhesion molecules, together with chemoattractants, must interact in a programmed, sequential manner for leukocyte recruitment to occur [52, 53]. The purpose of this section of the chapter is to summarize the adhesion pathways involved in leukocyte recruitment to areas of inflammation, with particular emphasis on eosinophil-selective pathways and recruitment into the airways.

Leukocyte recruitment occurs in the postcapillary venules of most tissues including the bronchial circulation of the airways. There are three distinct phases described as: (1) rolling and tethering, (2) firm adhesion, and (3) transmigration, as shown in Figure 1 [52, 53]. The first phase involves a slowing of the circulating leukocytes within the venule, with the leukocytes becoming loosely attached, or tethered, to the endothelium. The making and breaking of contacts between the leukocytes and the endothelial cells then give the impression of leukocytes rolling along the vessel wall. After a variable period of rolling, many leukocytes firmly adhere to the endothelial cell surface and change shape from a spherical to a flattened form. Leukocytes may also attach to each other, in addition to the endothelium, and form aggregates or "strings" of leukocytes. Adherent cells then move through the junction between the endothelial cells and migrate into the surrounding tissue. Each step of leukocyte recruitment is associated with specific adhesion molecules (Figure 3).

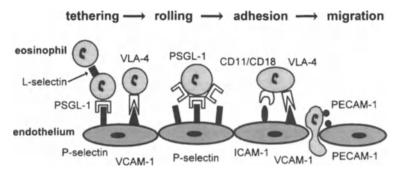


Figure 3. Adhesion molecules and their interactions involved in eosinophil recruitment (see text for details).

# 3.1. Rolling and Tethering

The selectin family of adhesion molecules plays a key role in the early phase of leukocyte rolling (Figure 3). The selectins are a family of three closely related cell surface molecules: E-selectin, expressed exclusively on endothelial cells; P-selectin, expressed on endothelial cells and platelets; and L-selectin which is constitutively expressed on most leukocytes but not on endothelial cells [54].

The molecular structure of selectins makes them the most ideally suited of the adhesion molecule families to mediate leukocyte-endothelial interactions under conditions of flow. The selectins have a unique and characteristic extracellular region made up of an amino-terminal calcium-dependent lectin domain, an epidermal growth factor (EGF)-like domain and a varying number of short consensus repeats (SCR) similar to those found in complement regulatory proteins [54]. Although these domains are found in numerous other proteins, the selectins are the only known example in which the three types of domain are found in immediate juxtaposition. This suggests that the spatial arrangement is important for receptor function [54]. The lectin domain plays an essential role in selectin-mediated adhesion because it binds to specific carbohydrate sugar residues, such as sialic acid and fucose, known to be essential components of selectin ligands [54]. The EGF-like domain is thought to contribute structural information required for the correct presentation of the lectin domain [54]. The SCR domain extends the ligand-binding domain away from the cell surface and thus may facilitate contact with selectin ligands presented on moving leukocytes [54].

As suggested above, the selectin ligands are, at least in part, carbohydrate. The prototype ligand for selectins is sialyl Lewis X, a tetrasaccharide of which two residues are fucose and sialic acid [54]. Selectin adhesion is uniformly dependent on sialic acid and there is strong evidence that all three selectins require fucose. It is now also apparent that L- and P-selectins, but

not E-selectin, require a sulphate group on one of the sugar residues for adhesion [54]. Ligands for L-selectin include CD34, GlyCAM-1 and MAdCAM-1, originally identified in mouse lymph nodes. Of these, there are known human homologues of CD34 and GlyCAM-1. These adhesion molecules are normally expressed on lymph node high endothelial venules and play a key role in the recirculation of lymphocytes through the lymph nodes. In contrast, whether these L-selectin ligands play a role in leukocyte recruitment during airway inflammation, from the postcapillary venules of the bronchial circulation, is uncertain. Many in vitro and in vivo studies have suggested the existence of a carbohydrate-based inducible ligand for L-selectin on activated vascular endothelium, although its identity has still to be defined. Several glycoprotein ligands for E-selectin have been identified on leukocytes, including E-selectin ligand-1 (ESL-1). P-selectin glycoprotein-1 (PSGL-1), expressed on all leukocytes, is a counterreceptor for P-selectin and also for E-selectin which it binds with a lower affinity [54].

Small changes in blood flow and/or release of inflammatory mediators induce the endothelial expression of P- and E-selectin. P-selectin is thought to mediate the earliest leukocyte rolling because this stage is absent in P-selectin knock-out mice [54]. This early rolling is probably triggered after the release of histamine from tissue mast cells because histamine is known rapidly to mobilize P-selectin from the Weibel-Palade bodies to the cell surface [52]. Thrombin, complement fragments, free radicals and cvtokines can also cause a rapid (peaks at 10 min), but transient (returns to basal levels by 20-30 min), increase in P-selectin [52]. In addition to the rapid expression of P-selectin at the cell surface, cytokines elevated during airway inflammation (e.g. tumour necrosis factor- $\alpha$  or TNF- $\alpha$ ) and lipopolysaccharide (LPS) can up-regulate P-selectin at the transcriptional level [52]. P-selectin-deficient mice show reduced lung eosinophilia compared with wild-type controls at 3 h after allergen challenge, which suggests an important role for P-selectin in eosinophil recruitment into the lungs during inflammation [55]. However, the degree of inhibition declines at 24 h post-challenge, suggesting that other adhesion molecules may play a more prominent role than P-selectin at later times [55].

E-selectin also supports leukocyte rolling at sites of inflammation; however, because of the requirement for gene transcription for E-selectin expression, it does not contribute to rolling at the earliest phase of leukocyte recruitment. E-selectin is detected after stimulation with inflammatory cytokines, such as IL-1 and TNF- $\alpha$ , or bacterial products including LPS. E-selectin expression peaks at 4–6 h on cultured endothelial cells, for example, human lung microvascular endothelial cells (HLMVECs), and returns to basal levels within about 24 h [56]. E-selectin expression is also increased in bronchial biopsy tissue from patients with rhinitis compared with control patients [57], which may indicate a role for E-selectin in this upper airway inflammatory process. Also, monoclonal antibodies (mAbs) against E-selectin blocked neutrophil influx and late-phase bronchoconstriction, after a single inhalation challenge, in a primate model of asthma [57]. In contrast, however, E-selectin mAb did not reduce either acute allergen-induced, or chronic allergen exposure-induced, eosinophilia in this primate model [57]. Thus, E-selectin appears to be primarily involved in neutrophil, rather than eosinophil, airway recruitment.

The apparent difference between the involvement of E-selectin in neutrophil and eosinophil rolling can also be seen in vitro. Eosinophils, compared with neutrophils, show markedly less binding to E-selectin-coated plates in a flow chamber, but significantly stronger avidity for P-selectin [58]. Stronger avidity of eosinophils for P-selectin may result from the higher levels of expression of PSGL-1, the P-selectin ligand, on eosinophils than neutrophils [59]. In contrast, sialyl Lewis X, to which E-selectin may bind, is expressed at lower levels on eosinophils than neutrophils and to our knowledge ESL-1, the E-selectin ligand originally identified on murine neutrophils, has not been detected on eosinophils. Similar studies carried out using TNF- $\alpha$ -stimulated human umbilical vein endothelial cells (HUVECs) suggest that eosinophil tethering to the endothelium is strongly dependent on P-selectin, but not Eselectin, under physiological conditions of shear [58]. Also, the finding that eosinophils have a higher avidity for P-selectin than neutrophils suggests that the selective induction of P-selectin compared with E-selectin, for example, by histamine and thrombin, may favour preferential eosinophil accumulation.

In contrast to the differential use of E- and P-selectin in the early phase of neutrophil and eosinophil recruitment, L-selectin is involved equally in both [58]. This suggests that eosinophils express L-selectin ligands equally to neutrophils. Leukocyte tethering through L-selectin is usually divided into two different categories: direct tethering of leukocytes on the underlying substrate (primary tethering) and interactions between flowing leukocytes and leukocytes already attached to the endothelium (secondary tethering). In this way strings of leukocytes accumulate on the endothelium. Anti-Lselectin mAb appears to block interactions between leukocytes and prevents the formation of eosinophil or neutrophil strings *in vitro* [58]. This suggests that one important function of L-selectin in eosinophil recruitment into the airways may be to mediate leukocyte–leukocyte, rather than leukocyte–endothelial, interactions.

As suggested above, the lack of inhibition of eosinophil rolling at 24 h after allergen challenge in P-selectin-deficient mice [58] suggests that other adhesion molecules may play a more prominent role than P-selectin at later time points. At 24 h after allergen challenge the lung endothelium is likely to express intracellular adhesion molecule-1 (ICAM-1) and VCAM-1, members of the immunoglobulin superfamily of adhesion molecules. These are the endothelial ligands for leukocyte  $\beta_2$ -integrins and the  $\beta_1$ -integrin, VLA-4 ( $\alpha_4\beta_1$ ), respectively [52]. Eosinophils and mononuclear cells, but not neutrophils, express VLA-4 [52]. Under non-flow conditions the major role of VLA-4 is to mediate firm adhesion of eosinophils to the

endothelium (as will be discussed later). VLA-4 has, however, been shown to contribute to eosinophil tethering interactions *in vivo* [60].

The nature of VLA-4's contribution to tethering can be seen in vitro. Eosinophils tether on VCAM-1-coated plates under conditions of flow, although at a lower shear stress than on selectins [58]. Also, in contrast to selectins, when eosinophils tether on VCAM-1 they appear not to roll along the endothelium but to arrest or stop immediately after the initial tethering. Tethered eosinophils may then detach within seconds unless stimulated with a chemokine, such as eotaxin, to increase the avidity of VLA-4 for its ligands [58]. After eotaxin stimulation, all tethered eosinophils arrest. When, however, TNF- $\alpha$ -stimulated HUVECs were used instead of VCAM-1-coated plates in similar experiments, an anti-VLA-4 mAb did not significantly reduce tethering to HUVECs [58]. This suggests that, when P-selectin and VCAM-1 are present together, such as on TNF- $\alpha$ activated HUVECs, VLA-4 may have only a minor role to play in initial tethering [58]. In the absence of P-selectin, however, for example, in P-selectin-deficient mice, VLA-4 may play a more dominant role and account for the lack of inhibition of leukocyte recruitment 24 h after allergen challenge seen in these knock-out mice [55].

#### 3.2. Firm Adhesion

When selectin-mediated rolling has slowed the leukocytes down sufficiently, firm adhesion can occur. Firm adhesion of eosinophils requires the interaction of endothelial immunoglobulin (Ig)-like adhesion molecules, ICAM-1, ICAM-2 and VCAM-1, with their respective leukocyte integrin counterligands (Figure 3) [52, 61]. Integrins are transmembrane cell surface proteins which consist of a heterodimer of non-covalently linked  $\alpha$  and  $\beta$  chains; these together determine ligand-binding specificity [52]. The  $\alpha$ chain also binds divalent cations and this has an important role to play in increasing the avidity of integrins for their ligands [52]. There are at least eight known  $\alpha$  subunits and 15 known  $\beta$  subunits which combine to give about 21 different integrins; these are expressed on many different cell types. Those known to be expressed on eosinophils include several members of the  $\beta_1$ -integrin family:  $\alpha_4\beta_1$  (VLA-4),  $\alpha_6\beta_1$  (VLA-6; laminin receptor) and possibly  $\alpha_5 \beta_1$  (VLA-5; fibronectin receptor) [62]. Members of the  $\beta_2$ -integrin family,  $\alpha_L\beta_2$  (CD11a/CD18),  $\alpha_M\beta_2$  (CD11b/CD18) and  $\alpha_x\beta_2$ (CD11c/CD18) are also expressed on eosinophils [52]. Of these, the integrins that play a key role in the firm adhesion of eosinophils to endothelial cells are considered to be VLA-4, CD11a/CD18 and CD11b/CD18 [52].

CD11a/CD18 binds to ICAM-1 and ICAM-2 [52]. In contrast, CD11b/ CD18 only binds to ICAM-1 [52]. ICAM-1, unlike E-selectin, is expressed under non-inflammatory basal conditions on leukocytes, epithelial cells and smooth muscle cells, in addition to endothelial cells [63]. TNF- $\alpha$ , IL-1, LPS, thrombin and exposure to oxygen radicals up-regulate ICAM-1 expression [52, 63]. In general, expression is detectable at 2-4 h, maximal at 24 h and may be sustained up to 72 h; this has been shown for HLM-VECs [56]. In contrast to ICAM-1, inflammatory stimuli do not up-regulate expression of ICAM-2. Compelling evidence showing that ICAM-1 is up-regulated 5–6 h after allergen challenge in human asthma [57], and that ICAM-1 mAbs inhibit airway eosinophilia and hyperresponsiveness in a primate model of asthma [64] suggests an involvement of ICAM-1 in eosinophil recruitment in the airways.

VLA-4 binds to VCAM-1 expressed on endothelial cells, as discussed above for eosinophil tethering, and also to fibronectin associated with the extracellular matrix [52]. VCAM-1 is the third member of the Ig family, expressed on endothelial cells and involved in firm adhesion of eosinophils [52]. There are two known forms of VCAM-1: one, with six Ig domains, is an alternatively spliced variant of the predominant seven-domain form [52, 61]. VCAM-1, like ICAM-1, is expressed on other cell types in addition to endothelial cells but, like E-selectin, VCAM-1 is not normally constitutively expressed. The stimuli that induce VCAM-1 include those that also induce ICAM-1 and E-selectin expression, for example, IL-1, TNF- $\alpha$ and LPS [56]. Increased expression can usually be detected within 2 h of stimulation and often reaches maximal expression at 16–24 h; up-regulation may last for 72 h, although this is dependent on the induction stimulus [56].

IL-4, a 20-kDa glycoprotein secreted by activated T lymphocytes [40] and mast cells [65], also induces VCAM-1 expression on endothelial cells derived from several vascular sites including HLMVECs [56]. Unlike IL-1, TNF- $\alpha$  or LPS, IL-4 does not increase ICAM-1 or E-selectin expression [56], although it may decrease expression of these adhesion molecules induced by other cytokines [66]. In contrast, IL-4 enhances LPS, IL-1 or TNF- $\alpha$ -induced VCAM-1 expression [56, 66]. The presence of IL-4 may thus result in selective VCAM-1 expression. Raised levels of IL-4, detected in asthma, may therefore contribute to the preferential recruitment of eosinophils to the airways in this disease. IL-13 has similar activities to IL-4 on endothelial cells because both cytokines bind to the IL-4 receptor  $\alpha$  chain expressed on endothelial cells [67]. Thus, IL-13 also preferentially increases VCAM-1 expression [68]. Evidence for the involvement of VCAM-1 in airway inflammation comes from studies showing that VCAM-1 expression is increased in nasal biopsies from patients with rhinitis [58]. Also increased VCAM-1 expression and subsequent eosinophil and T lymphocyte accumulation are found after bronchial allergen challenge in asthmatic patients [57].

In addition to selective expression of endothelial adhesion molecules, up-regulation of expression and/or ligand affinity of  $\beta_1$ - and  $\beta_2$ -integrins by eosinophil-selective chemokines may also contribute to preferential eosinophil recruitment. An important characteristic of leukocyte integrins, in

particular  $\beta_2$ -integrins, is that under non-inflammatory conditions they exist in a relatively inactive conformation, rendering the leukocytes nonadhesive. One of the key events of leukocyte recruitment is the activation and up-regulation, followed by deactivation, of these integrins at the proper time and place. The CC chemokines eotaxin, RANTES, MCP-3 and MCP-4 increase CD11b expression [69–72]. Eotaxin has also been shown to increase eosinophil adhesion to HLMVECs [73] and RANTES has been shown to increase adhesion to plates coated with soluble ICAM-1 [74]. Furthermore, RANTES and MCP-3 have been shown rapidly to increase the adhesiveness of eosinophil VLA-4 for VCAM-1 [71]. Monoclonal antibodies against VLA-4 and CD18 inhibit eotaxin-stimulated eosinophil adhesion to cytokine-activated HLMVECs [73] and eosinophil recruitment *in vivo* [42], consistent with the hypothesis that CC chemokines increase avidity of VLA-4 for VCAM-1 in addition to increasing CD11b expression.

One important way in which leukocyte integrins are activated is as the result of leukocyte interaction with chemoattractants bound to the surface of the endothelium. This manner of activation has been described for the CXC chemokine, IL-8. Presentation of IL-8 in this way may facilitate CD11b/CD18 up-regulation on leukocytes, because blood flow is less likely to remove or dilute it [53]. The kinetics of IL-8 production are similar to E-selectin expression and it is thought that simultaneous expression of an adhesion molecule involved in leukocyte rolling, and a chemokine that activates leukocyte integrins, is instrumental in converting rolling to firm adhesion [53]. The extent to which endothelial-bound CC chemokines may contribute to eosinophil integrin activation is unknown. It is possible, however, that endothelial presentation of these chemokines, with simultaneous expression of endothelial adhesion molecules, such as P-selectin or VCAM-1, may play a similar role in eosinophil recruitment.

Fractalkine is a recently identified chemokine that is known to be expressed on the endothelial surface. To date, this is the only known  $CX_3C$  chemokine and it is unique in that the chemokine domain sits on a mucinlike stalk [16]. Fractalkine is induced on cultured endothelial cells and is known to promote adhesion of monocytes and activated T cells *in vitro*. It is not clear whether, in addition to activating adhesion molecules on the leukocyte, the unique structure of fractalkine means that its binding to leukocyte receptors can contribute to the adhesive interactions in the absence of transduction signals. It will be interesting to see whether similar transmembrane chemokines with activity on eosinophils are identified.

#### 3.3. Transmigration

Finally, after firm adhesion of leukocytes to the endothelium, leukocytes undergo dramatic shape change which allows them to pass through the interendothelial junction of the vessel wall and migrate into the surrounding tissue. For transmigration to occur a chemotactic gradient is thought to be necessary. In addition to facilitating firm adhesion, ICAM-1 and VCAM-1 are also thought to aid transmigration. Another member of the Ig family is platelet endothelial cell adhesion molecule-1 (PECAM-1; CD31) which is not involved in firm adhesion but plays a key role in transmigration (see Figure 3) [52, 75]. PECAM-1 has six Ig-like domains and is expressed in large amounts on resting endothelium where it is specifically located at the endothelial junctions. This localization is thought to facilitate its role in migration and it may act to guide leukocytes through the interendothelial junction [75]. Migration is mediated via homotypic binding to PECAM-1 expressed on leukocytes [52] and heterotypic binding to the leukocyte integrin  $\alpha_v \beta_3$ .

# 4. Conclusions

This chapter has described some of the mechanisms underlying eosinophil recruitment in the lung. Compelling, but still circumstantial, evidence in humans suggests that blocking eosinophil recruitment or activation would have an important therapeutic effect in diseases such as asthma, by preventing the pathogenesis associated with the release of toxic eosinophil products within the lung tissue.

Three clear therapeutic targets emerge from the analysis of basis mechanisms. First, animal models strongly suggest that eotaxin and related CC chemokines are of central importance for eosinophil recruitment. Therefore, blockade of the eotaxin, receptor, CCR3, with a small molecule antagonist is an attractive target. Second, IL-5 is a pivotal cytokine with respect to eosinophil biology, both in its actions alone on eosinophilopoiesis and eosinophil survival, but also acting in synergy with other mediators such as eotaxin. Humanized antibodies to IL-5 are now in clinical trials. Third, VLA-4 is important for the attachment of eosinophils to both microvascular endothelial cells during eosinophil recruitment and extravascular cells relating to leukocyte activation and subsequent airway hyperresponsiveness. Small molecule VLA-4 antagonists are currently being tested.

Therapeutic strategies based on these targets will provide the acid test in humans of the precise inter-relationship of eosinophil recruitment, airway damage and lung dysfunction.

# Acknowledgements

We are grateful to the National Asthma Campaign and the Wellcome Trust for support.

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## **CHAPTER 8** Proteinase Allergens of House Dust Mites: Molecular Biology, Biochemistry and Possible Functional Significance of Their Enzyme Activity

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1 Introduction

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- 3 House Dust Mite Allergens
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## 1. Introduction

Asthma is a debilitating and life-threatening disease which is now the most common chronic disease of childhood. Sensitization of the lung to airbone allergens such as faecal pellet proteins of the house dust mite (HDM) is a primary risk factor for the development of asthma [1-5]. Allergic sensitization involves detection of an allergen by antigen-presenting cells [6-8] of the pulmonary immune system and subsequent activation of the immunoglobulin IgE production by B lymphocytes. In the lung, dendritic antigen-presenting cells are shielded from direct contact with the external environment by the protective lining created by the lung epithelium [6, 8]. How the immune system is exposed to allergens is therefore central to the development of asthma, but the mechanism is unclear.

The HDM represents a particularly important risk factor for asthma [2-4]. As human lifestyles become increasingly affluent and create domestic conditions favourable to HDMs, their spread may, in part, explain the increasing prevalence of the disease [5]. HDM faecal pellets present in the

environment are inspired during breathing. The diameter of these pellets typically ranges from 10 to 40  $\mu$ m [1]; consequently, when inhaled the large majority are likely to impact upon the surface lining of the first three generations of the airway tree [9]. Upon impaction on the airway surface, the pellets will be hydrated by epithelial lining fluid, causing leakage of their contents onto the airway lining. A high concentration of allergen is probably achieved initially at the site of impaction because HDM faecal pellets rapidly discharge their contents when they become hydrated [1]. It seems reasonable to propose that what follows in the process of allergic sensitization is heavily dependent upon the interactions that occur between allergens and the airway epithelium. However, this subject has been the topic of remarkably little study and is only now really gaining attention following the growing awareness that allergens may behave in a wider sense as pharmacologically activ proteins [6].

One of the defining characteristics of epithelia is that they are sophisticated barriers which separate compositionally distinct environments [10-13]. The epithelial lining of the airways is no exception in this regard: it acts as an interface between the pulmonary immune system and external environment [13]. The presence of a diverse variety of potentially threatening agents (viruses, bacteria, fungal spores, toxic chemicals and allergens) in inspired air results in the airway epithelium being under particularly heavy assault from substances likely to trigger either innate or adaptive responses in the host immune system. The airways have evolved specialized defences to cope with many types of external threat, but there is still a surprisingly poor understanding of how events at the airway mucosal interface lead to pathophysiological responses and disease [13]. In this chapter we consider the implications that recent advances in allergen biology have for understanding the key events in sensitization. In particular, we will concentrat upon recent studies that have highlighted the possible significance of the proteolytic activity of major HDM allergens which are prominent risk factors for allergic asthma.

## 2. Proteinase Allergens

Several airborne allergens associated with asthma are now known to have putative proteolytic activity (reviewed in Robinson et al. [6]). Most work in this area has concentrated on allergens from HDM, particularly the mite *Dermatophagoides pteronyssinus*, but allergens from non-mite sources have also been identified whose amino acid sequences have some similarity with proteolytic enzymes. This review will give most consideration to the possible significance of proteinase activity in HDM allergens because these have been the subject of recent study, but brief reference will also be made to some airborne allergens of non-mite origin which may also have enzymatic activity.

#### 3. House Dust Mite Allergens

At least nine groups of HDM allergen have been characterized to date [6, 14-36]. Four groups of allergens from mites of the genus *Dermatophagoides* are known to have proteinase activity (reviewed in Robinson et al. [6]). Of the remaining dermatophagoides HDM allergens that are classified, some may be associated with other types of enzymatic activity (reviewed in [6]).

Allergens belonging to group 1 are currently the best characterized of the HDM allergens [6]. Der p 1 is the most extensively studied and its nucleic acid sequence predicts a 320 amino acid protein with molecular mass of about 36 kDa [15, 18]. However, the first 98 residues consist of signal and propeptide sequences which must be cleaved to generate the mature form of the protein. Similar propeptide cleavage occurs with the other group 1 allergens. The mature forms of the group 1 HDM allergens constitute a related family of 25-kDa acidic-neutral proteins, consisting of 222-223 amino acids which show some evidence of minor sequence polymorphisms within a given mite species [6, 14, 18]. Whole or partial amino acid sequences have been obtained for group 1 allergens from D. pteronyssinus, D. farinae and Europglyphus maynei (Der p1, Der f1 and Eur m1, respectively) and these show approximately 80% conservation of identity between them [6, 14-17]. The group 1 allergens also show conserved sequence identity with C1 family cysteine proteinases [6, 37] whose archetypes are the plant proteinases papain and actinidin. Overall, the conservation of sequence identity between the HDM group 1 allergens and the plant enzymes is only 25-30%, but the existence of a familial relationship is more convincing when residues bounding the charge relay system of the cysteine proteinases are considered in isolation (Table 1).

Enzyme	Sequence														
Papain	19ª Q	22 C G S	26 C W		64 N	G	GY	Р	69 W	133 V					
Actinidin Der p 1	Q Q°	CGS			D	G	G Y D <sup>b</sup> T <sup>b</sup>	Î	Т Р <sup>ь</sup>	Ă I					
Papain Actinidin Der p 1	V X <sup>e</sup> D	160 H A H A H A H <sup>c</sup> A <sup>b</sup>		N S	177 S W S W S W <sup>d</sup>		205 S M Y <sup>b</sup>	S P	207 F S Y <sup>b</sup>						

Table 1. Conservation of catalytic site residues in the archetypal C1 family cysteine proteinases papain and actinidin and the HDM allergen Der p 1

<sup>a</sup> Residue numbering based on papain sequence.

<sup>b</sup> Non-polar side-chain binding pocket.

<sup>°</sup> Catalytic site residues.

<sup>d</sup> Walls of acive site cleft.

<sup>e</sup> Deleted residue site X.

Although crystallographic coordinates are not yet available for these allergens and rigorous assignment of structure cannot be made, the existence of the amino acid sequence with enzymes for which detailed information exists has allowed the application of knowledge-based homology modelling to the examination of the Der p 1 molecule [38]. On the basis of this comparative modelling. Der p 1 is proposed to consist of a single polypeptide chain (Figure 1) which is folded to create two domains that delimit a central cleft (Figure 2). A cysteine residue (C34, using the single letter amino acid notation) on one wall of the cleft acts to initiate nucleophilic attack on the substrate, with a histidine residue (H170) on the opposite wall of the cleft acting as the second component of the charge relay system. The imidazole side chain of H170 is maintained in correct orientation by hydrogen bonding to asparagine N190 which is the final critical residue of the cysteine proteinase catalytic triad. Der p 1 exhibits some similarities and differences in structure to the C1 proteinase family archetype, papain. The wall of the active site of Der p 1 contains a prominent tryptophan residue (W192) which is conserved in papain (W177 in the papain sequence) where it is in close contact with P<sub>1</sub> subsite non-polar residues in the binary complex with the substrate. However, an aspartic acid residue (D158) which is important for catalysis in papain is not present in Der p 1. Differences such as these remain to be explored further. However, they raise the possibility that selective inhibition of the catalytic activity of Der p 1 may be possible, and some early indications confirm the feasibility of this [39].

There is no doubt that, by amino acid sequence, Der p 1 is a putative cysteine proteinase [6, 15, 38] and it behaves accordingly when biochemical criteria are examined *in vitro* [38, 40]. However, a claim has recently been advanced that Der p 1 may be a polyfunctional enzyme [41, 42], having some serine proteinase activity that can be inhibited by the serine proteinase inhibitor 4-[amidinophenyl]methanesulphonyl fluoride (APMSF). However, this observation has not been replicated by others [43] and it might

Figure 1. Alignment of the sequences of cysteine proteinases of known tertiary structure and Der p 1. The structural environment at every residue position is represented using the program JoY [72]. Structural environments at the residues of Der p 1 correspond to the modelled structure [72]. Der p 1 numbering is shown. Conserved secondary structural elements are indicated. The isoforms of Der p 1 are indicated in the last row. The ! corresponds to the active site residues. Key to proteins: 9pap (papain); 2act (actinidin); 1ppo (papaya proteinase  $\Omega$ ); 1dpi (Der p 1). Key to JoY alignments:

solvent inaccessible:	UPPER CASE	Χ;
solvent accessible:	lower case	x;
positive Ø:	italic	x;
cis-peptide:	breve	X;
hydrogen bond to other side chain:	tilde	ĩ;
hydrogen bond to main chain amide:	bold	X;
hydrogen bond to main chain carbonyl:	underline	<u>x;</u>
disulphide bond:	cedilla	Х;

9pap	ipeyVðwīąkgAVŤpV <u>k</u> ną̃gsÇgŠČ <u>W</u> AF <u>Š</u> AVv <u>T</u> I <b>Ë</b> GIi <u>k</u> i <u>r</u>
2act	lps ýv ðwí i a gAV v d l <u>k</u> s <u>ú</u> ge Çg GČ <u>W</u> AF <u>Š</u> AI a ŤV ĔG i <u>Nk</u> i i
	lpenVdwīkkgAVTpVī <u>h</u> q̃gsÇg <u>Š</u> ē <u>W</u> AF <u>Š</u> AVa <u>T</u> VĒGInki <u>ž</u>
1рро	_
1dpi	10 20 30 40 50 t <u>n</u> açšin <u>gn</u> apa <u>e</u> i DL řqm r <u>t</u> V řp I řm <u>q</u> ̃g g Ç g Še <u>Ŵ</u> A f <u>Š</u> G VAA <u>T Ď</u> Šay la <u>h</u>
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	G ! Y
9рар	<u>t</u> gnlñąŸ <u>S</u> ĔQ <b>Ĕ</b> LL <u>Ď</u> çĎ <u>ĭ</u> ī Š - ÿGçngGÿpwŠALą̃lVaqy - GI <u>Ħ</u> yīn <u>t</u> Ŷp
2act	<u>s</u> gslisL <u>S</u> ĔQĒLIDĒÇgīt gāŤ-īGçdgGyltdGFqfli <u>ād</u> gGl <u>Ň</u> tēeňŤp
	<u>t</u> gklveLSEQELVDÇEri Š-hGçkgGÿppyALeÿVakn - GI <u>h</u> lisk <u>Ý</u> p
1рро	_
1.4	60 АВСД 70 80 А 90 <u>1</u> лав Lā LA ĒQĒ L V <u>Ď</u> Ça <u>S</u> q <u>ь</u> ́G ç h gāt I P ī G I ē Ÿ I а <u>h</u> п - g V VQē s y <u>Ŷ</u> I
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	S K
9pap	<u>ÿ</u> ẽgvឮ̃ĩyç <u>ĩŠrek</u> gpỹaa <u>k</u> Tdgvrqvą̃pyñą̃gaLly <u>s</u> IA <u>n</u> qPVŠVvL <b>Q</b> Aa
2act	žťaqd̃gdçdvalą̃d <u>ą̃k</u> ÿVtldtyenVpyńnÉwalą̃taVį́yqPV <u>Š</u> VaL <u>d</u> Aa
1ppo	<u>ž</u> kakągt c <u>i</u> Akąvg g pivkT <u>i</u> gvgrvąp n č g <u>n</u> L l n a I AkQPV ŠVvV <u>B</u> i <u>k</u>
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2act	g - kdFqly <i>rgg</i> i fvGpčgnkv <u>d</u> - ĤAVAAVGYGp nyILI <u>K</u> Ñšw g - daFkqyasg i ftGpčgtav <u>d</u> - ĤAIVIVGYGťēggvãyŴIV <u>K</u> Ñšw
	g - kdFql <u>y</u> rgg i fvGp̃çgnkv <u>d</u> - ĤAVAAVG <u>Y</u> Gp ny ILI <u>K</u> Ñëw g - daFkqyasg i ftGp̃çgtav <u>d</u> - ĤAIVIVG <u>Y</u> Gŧ̃ēggvd̃yŴIV <u>K</u> Ñëw g - rpFql <u>Ŷk</u> gg i fëGp̃çgtkv <u>d</u> - ĤAVTAVG <u>Y</u> Gksggk̃gyIlI <u>K</u> Ñëw
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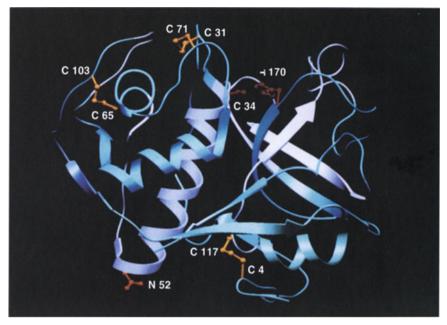


Figure 2. The structure of Der p 1 derived by homology modelling with the archetypal cysteine proteinases actinidin and papain. Der p 1  $\beta$ -strands are indicated by arrows and  $\alpha$ -helices as coils. Side chains of the three disulphides (yellow), the C34/H170 ion pair (red) and the glycosylation site (N52, orange) are shown explicitly. Human B cell epitopes (residues ranges 1–33, 60–94, 101–111, 155–187 and 209–222) are coloured light blue (and violet, residues 107–111). Overlapping T cell epitope sites (residue range 107–131) are coloured green and violet (spanning the B cell epitope site region). (The figure was constructed using the program SETOR and is reproduced from [38] by kind permission of Oxford University Press.)

simply reflect an effect of APMSF on serine residues that are not part of the active site itself, but that are located sufficiently adjacent to it so as to be able to influence catalysis after their reaction with APMSF [44]. Some experimental support for the non-specific inhibition of Der p 1 catalytic activity by APMSF has recently been presented. The sequencing and structural modelling of Der p 1 have also facilitated detailed epitope mapping of this allergen (Table 2) [45]. Major IgE-binding regions of Der p 1 comprise residues 15-33, 60-80, 81-94, 101-111 and 101-154 [46], with the last probably corresponding to the peptide segments that link the two domains of Der p 1.

The group 1 allergens of HDMs are derived from the digestive tracts of mites [47]. Their function in HDMs is probably to act as digestive enzymes responsible for degrading components of the desquamated flakes of mammalian skin on which the mites feed [48]. However, the "physiological" substrates of inhaled Der p 1 in humans are currently unknown, although some possibilities have been suggested. These include the 45-kDa CD23 low-affinity IgE receptor present on B lymphocytes [41, 49]. Der p 1 cleav-

Peptide fragments (residue numbers)	T or B cell epitope	Net charge at pH 7.0	Isoelectric point pI
1-33	В	0.88	8.08
5-30	В	0.98	10.38
60-94	В	- 3.39	4.74
101-111	В	2.93	12.20
111-139	Т	1.17	8.43
118-136	Т	1.22	9.55
155-187*	В	1.21	9.50
209-222	В	- 3.02	3.47

Table 2. Peptide fragments corresponding to B cell and T cell epitopes of Der p 1

\* Terminal four residues removed from published sequence for epitope.

es CD23 in vitro to release a soluble 25-kDa fragment which is known from other studies to stimulate the growth and differentiation of plasma cells, T lymphocytes and basophils, as well as being an autocrine regulator of IgE synthesis [50]. It has been speculated that this effect may provide a basis for stimulation of IgE synthesis in susceptible individuals, but operation of this mechanism in lymphocytes would require high concentrations of Der p 1 to be achieved in blood or extracellular fluids. Given the small numbers of inhaled faecal pellets that are likely to enter the lung each day under normal breathing (about 200) and the barrier presented by lung epithelium, it is difficult to envisage how such high concentrations could be achieved under normal environmental exposures unless the target cell population is a pool of B lymphocytes in the airway which is capable of returning from the airway lumen. Although there may be bidirectional lymphocyte trafficking in the lung [51], these potentially interesting trafficking processes are poorly characterized and currently of unknown significance. Evidence has been presented that Der p 1 also degrades  $\alpha_1$ -proteinase inhibitor [49], a major component of the anitproteolytic defences of the human respiratory tract. It is also noteworthy that Der p 1 is not inhibited by a range of other antiproteinases with the exception of  $\alpha_2$ -macroglobulin [52], which is not normally present in epithelial lining fluid. The pathophysiological significance of this biochemical finding is not yet known, but it may be of potential relevance to the ability of this allergen to exert proteinase-dependent effects in the lung.

#### 3.1. HDM Allergens in Groups 3, 6, and 9

Mite allergens belonging of these groups share their identity with serine proteinases (Table 3). HDM allergens belonging to group 3 are polymorphic proteins which in mature form have molecular masses of 25-30 kDa [6, 25]. Like those of group 1, group 3 allergens are preferentially found in the faecal components of mite cultures [19, 25, 29]. All of the known iso-

Proteinase allergen								Sequence												
Mite trypsin																				
	1																			20
Der f 3	Ι	v	G	G	V	Κ	Α	Q	Α	G	D	Xª	Ρ	Y	Q	Ι	S	L	Q	S
Der f 3	Ι	V	G	G	V	Κ	Α	L	Α	G	D	Xª	P	Y	E	Ι	S	L	E	V
Der f 3	Ι	v	G	G	V	Κ	Α	Κ	Α	G	D	Xª	Ρ	Y	Q	Ι	S	L	Q	S
Der p 3	Ι	v	G	G	Е	Κ	Α	L	Α	G	Е	Xa	Р	Y	Q	Ι	S	Lb		
Der p 3	Ι	V	G	G	Е	Κ	Α	L	Α	G	Q	Xª	Ρ	Y	Q	Ι	S	L	Q	S
Der p 3 cDNA	Ι	v	G	G	Е	Κ	Α	L	А	G	E	С	Р	Y	Q	Ι	S	L	Q	S
Mite collagenoly	tic s	erine	e pro	otein	ase															
Der p 9	Ι	v	G	G	S	Ν	Α	S	Р	G	D	Α	v	Y	Q	I	Α	Lb		
Mite chymotryps	in																			
Der f 6	(A	.)(V)	G	G	Q	D	Α	D	L	Α	Е	Α	Р	F	Q	Ι	S	L	L	Κ
Der p 6 cDNA	v	Î	G	G	Q	D	Α	Α	Е	Α	Е	Α	Р	F	Q	Ι	S	L	Μ	Κ

Table 3. N-Terminal sequences of *D. pteronyssinus* and *D. farinae* serine proteinase allergens deduced by protein and cDNA analyses

<sup>a</sup> Idenity not established.

<sup>b</sup> End of sequence.

Brackets indicate assumed identity.

forms of these proteins appear to be strongly allergenic as judged by the radioallergosorbent test (RAST) [19, 25, 29]. Group 3 proteins express trypsin-like serine proteinase activity but lack the polyaspartyl-lysyl activation peptide of vertebrate trypsins [25]. The amino acid sequence identity is most conserved at the allergen amino acid residues corresponding to those that surround the charge relay system of trypsins [6, 25].

In contrast to allergens belonging to group 3, those of group 6 are 25-kDa proteins which share similar substrate properties and amino acid sequences with invertebrate chymotrypsins [29]. More recently, a third serine proteinase allergen has been isolated from *D. pteronyssinus* and designated Der p 9 [32]. Mature Der p 9 has a molecular mass of 24 kDa and shows approximately 60% identity with the group 3 and group 6 allergens [32]. However, its susceptibility to inhibitors and preferences for synthetic substrates show it to be functionally distinct from the group 3 and group 6 proteinase allergens. Der p 9 has a specificity profile similar to chymotrypsin and cathepsin G, and is capable of degrading type III collagen [32].

Much less is known about the biological effects of the serine proteinase HDM allergens than those of group 1. This partly reflects their more recent characterization and also the greater difficulty in purifying them from the complex mixtures of HDM allergens and other substances present in mite cultures. The complexity of the mixtures from which these sequenced proteins need to be purified is at present a considerable handicap in understanding the biology of these proteins. Greater progress in establishing the biological significance of both the cysteine and serine proteinase class allergens awaits the availability of fully characterized, catalytically competent, recombinant proteins. Attempts have been made to express HDM proteinase allergens, but the strategies and expression systems used to date have not been optimized to ensure production of correctly folded mature protein. This has resulted in the expressed proteins lacking full immunogenicity and proteolytic activity [53].

### 4. Other Sources of Allergens with Enzymatic Activity

Several other allergens have been putatively associated with proteolytic activity, either on the basis of functional studies or by comparison of their sequences with proteins of known function and/or structure. These include the cockroach allergen Bla g2 which shares some identity with aspartic proteinases [54]. The cockroach allergens Bla g1 and Per a 1 exhibit proteolytic activity *in vitro* (unpublished observations). However, definitive demonstration of the proteolytic activity of cockroach allergens on mammalian cellular targets is still awaited.

A major difficulty in studying the biological effects of allergen proteins is obtaining homogeneous preparations of the allergen. This is further compounded by the need to do this on a relatively large scale. Investigations of the proteinase activity of HDM allergens has been greatly facilitated by amino acid sequencing which revealed that mite allergens of group 1 were putative cysteine proteinases [15, 37]. Thus the demonstration that Der p1 was catalytically competent was an interesting finding, but biochemically unexceptional given the sequence data. A more exciting question is the issue that follows logically from it, namely what is the pathophysiological significance of this activity.

Some other attempts to use sequence data to explore the biology of common domestic allergens associated with asthma have not enjoyed such simple predictive outcomes as has been the case with HDM. Allergy to domestic cats is found in 10-30% of patients with asthma [55, 56]. The major allergen from the saliva and sebaceous glands, Fel d 1 [57], has also been sequenced. Its structure is more complex than that of any of the known HDM allergens because it is a 38-kDa heterotetramer formed noncovalently from two disulphide-linked 18-kDa proteins which each consist of two chains [58]. Genomic cloning has established that chain 1 and chain 2 of the 18-kDa dimer are encoded by discrete genes [59]. Chain 1 is a nonglycosylated protein of 70 amino acid residues associated with two potential leader sequences. Chain 2 is a heavily glycosylated 90- or 92-residue peptide with a single leader sequence. The 90-residue form of chain 2 is predominantly expressed in cat skin, whereas the 92-residue form is expressed in salivary glands [59]. Examination of the amino acid sequence of Fel d 1 chain 1 reveals very weak similarity with uteroglobin [58] and the  $\alpha$  subunit of a mouse salivary and rogen-binding protein [60], whereas

no evidence of similarity with known proteins has been established for chain 2. Database searches thus provide no *a priori* reason to anticipate, from the amino acid sequence, that Fel d 1 should exhibit proteinase activity. However, studies in this laboratory, using Fel d 1 subjected to extensive and rigorous purification and confirmation of identity by matrix-assisted laser desorption mass spectrometry and protein sequencing, have consistently found evidence of enzymatic activity in this allergen (Figure 3). The enzyme activity can be inhibited by agents that block the activity of serine proteinases. However, inhibition deviates from unimolecular stoichiometry, suggesting that the action of these compounds is not the result of inhibition of a classic serine proteinase and may instead result from non-specific binding of the inhibitors to serine residues near the active site. Furthermore, the absence of a histidine residue in the Fel d 1 heterotetramer precludes operation of the conventional histidineaspartic acid-serine (HDS) catalytic triad of serine proteinases.

Pollens from grasses, weeds and trees are also major causes of allergic disorders and biochemical studies have been performed to identify the allergenic proteins involved (reviewed in [14]). Although many candidate allergens have now been seqenced there is, with few exceptions, little evidence of similarity with proteins of known function, regardless of whether they are enzymes or not. The allergens Amb a 1 and Amb a 2 of ragweed show some similarity with pectate lyases. Similarly, the birch pollen allergens Bet v 1 and Bet v 2 show similarity to plant pathogenesis-related protein and profilin, respectively, but the potential significance of all of these possible relationships has not been established (reviewed in [14]). However, pollens are rich sources of enzymes, such as lyases, esterases and polygalactouronases, and other potentially active proteins [61]. Allergenic proteins may thus be presented to humans in a complex milieu in which

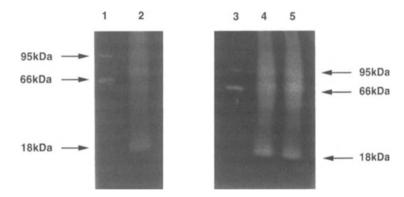


Figure 3. Proteolytic activity of the cat allergen Fel d 1. The figure illustrates two gelatin substrate zymograms electrophoresed at 4 °C and subsequently incubated at 37 °C to reveal enzymatic activity in the gel. Lanes 1 and 3 are controls showing markers of gelatinase A (apparent mass 66 kDa) and B (apparent mass 95 kDa); lanes 2, 4 and 5 are samples of highly purified Fel d 1. Note the band of gelatin-degrading activity front at an apparent mass of about 18 kDa, equivalent to Fel d 1 (chain 1 and chain 2), with a "comet tail" of activity behind.

these other factors may contribute significantly to the process of sensitization. This possibility is supported by a small but increasing body of studies which have examined this issue. Matheson et al. [62] have reported the identification of an 84-kDa arginine-specific enzyme from mesquite pollen which was capable of readily cleaving the vasoactive peptides angiotensin II and atrial natriuretic peptide. Interestingly, this enzyme was not inhibited by human plasma proteinase inhibitors, raising the possibility that any effects it might exert in humans may be partly dependent upon its ability to bypass host defences. Similarly, an 82-kDa serine endopeptidase has been reported in ragweed pollen [63] which inhibits  $\alpha_1$ -proteinase inhibitor and which also degrades the neuropeptides vasoactive intestinal polypeptide and substance P [63]. These observations serve as important reminders that HDM proteinase allergens are likely to be presented to the airway embedded in a complex of other substances, which may themselves have biological effects that potentiate the action of the allergens.

#### 5. Interactions of Proteinase Allergens and the Airway Epithelium

The difficulty in obtaining large amounts of highly purified, catalytically competent allergens has impeded progress in understanding the possible significance of their proteinase activity. This problem is further compounded by the fact that potential differences in substrate specificities make it unjustifiable to use proteinase class archetypes as surrogates to explore the biology of these allergens.

We have been particularly interested in examining the possible effects of Der p 1 on the airway epithelium because this is the site at which inhaled faecal pellets impact and the tissue surface at which the highest concentrations of proteinase are expected to the encountered. In the healthy airway, ingress of foreign proteins is prevented by the presence of mucosal defences comprising biochemical (e.g. antiproteinases) and physical (mucus, presence of intercellular tight junctions) components [13]. However, Der p 1 may be able to evade inhibition by or even degrade important antiproteinase defences of the respiratory tract [49, 52]. Furthermore, in the lung the protective covering of mucus is non-uniformly distributed and there are significant areas of epithelial lining devoid of mucus cover. It is thus easy to envisage that HDM faecal pellets landing upon mucus-laden areas of airway may exert little effect, whereas those impacting upon the watery lining of airway surface liquid will empty their contents directly on to structures that are potentially susceptible to proteolysis.

Our studies have shown that Der p 1 is able to initiate cleavage of epithelial cell adhesion [40, 64], raising the possibility that the proteinase is either directly or indirectly capable of increasing epithelial permeability. This was initially investigated using sheets of airway mucosa dissected from bronchial airways [40]. In these experiments, treatment of the mucosal sheets

with either spent (i.e. faecally enriched) medium from HDM cultures (spent growth medium extract or SGME) or with purified Der p 1 produced an increase in the net apical to basal flux of albumin across the airway sheet [40, 64]. The action was not the result of gross cytotoxicity because the tisue released little lactate dehydrogenase activity under these conditions [40]. Treatment of epithelial cell monolayers cultured on substrata of biomatrix proteins with either SGME or Der p 1 resulted in detachment of cells, suggesting that the increase in albumin flux was probably the result of damage to the epithelial barrier caused by physical loss of cells [40]. The ability of SGME or Der p 1 to detach cells was caused entirely by the proteinase activity of Der p 1 because it was inhibited in a potent, concentration-dependent fashion by the cysteine proteinase inhibitor E-64 [40]. Intraluminal application of Der p 1 into intact airway segments ex vivo resulted in a clear disruption of epithelial architecture (Figure 4) [40]. Columnar cells were seen to become separated at their apical margins and evidence of a cleavage in basal cellular adhesion confirmed the findings of the studies in cultured cells. This cleavage of both basal and lateral adhesion created vacancies in the continuity of the airway epithelium where focally restricted loss of barrier functions would occur [40].

These studies show that the proteolytic activity of Der p 1 results in impaired adhesion in epithelial cells and that lateral cellular adhesion may initially be more susceptible to disruption than basal adhesion is [6, 40]. However, the treatment of epithelia with enzymes is actually a potentially complex experiment because there may be multiple targets for the enzymes on a single cell. Therefore, in the absence of an established mechanism to explain the apparent difference in susceptibility of the different sites of adhesion, it is impossible to know why such a difference could exist [6]. Epithelial architecture can be disrupted by enzymes other than the cysteine proteinase Der p 1, and these effects also appear to arise from mechanisms that are not dependent on cytotoxic effects [65-67]. Histologically, the disruption brought about by these other proteinases is grossly similar to that seen with Der p 1, but precise interpretation of the effects is difficult because there has been little investigation of the cellular mechanisms involved. However, the general pattern of changes suggests that disruption of intercellular junctions must be a crucial event in the process. This raises the question of how these changes occur. Tryptic cleavage of the extracellular domains of cell junctions results in characteristic ultrastructural changes in which electron-dense intercellular material is first degraded and junctional halves of adjacent cells separate [68]. The separated halves the become internalized in cytoplasmic vacuoles [68]. Whether or not similar changes occur with the proteinase allergen Der p 1 remains to be established, but early indicates suggest that breakdown of tight junctions may be an important effect of Der p 1 in epithelia [43, 69]. Tight junctions are the major regulators of paracellular permeability pathways in epithelia. Although low-molecular-weight solutes are able to permeate tight junctions and cross epithelial barriers [11–13], proteins such

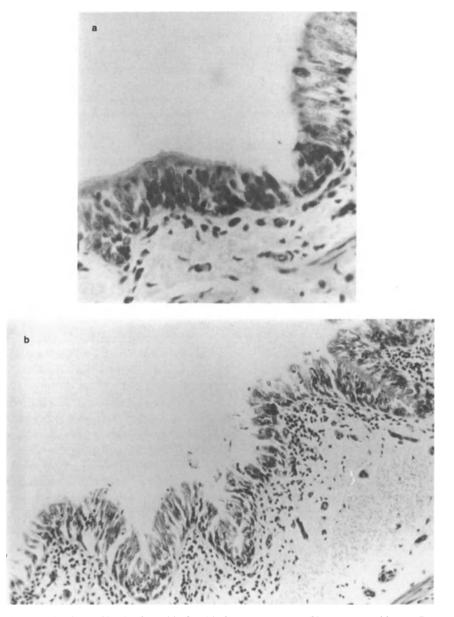


Figure 4. Sections of bovine bronchi after (a) sham treatment or (b) treatment with pure Der  $p \ 1$ . Note the evidence in (b) of the loss of intercellular adhesion and visual evidence indicating disruption of the epithelial barrier.

as allergens are effectively denied access to paracellular spaces by the presence of tight junctions. Breakdown of these junctions would enable an allergen such as Der p 1 to encounter the dendritic cells of the pulmonary immune system and thereby possibly promote allergic sensitization [6, 40].

## 6. Concluding Comments

Until recently, biochemical investigations of allergens have been restricted to a consideration of these molecules as proteins which merely evoke IgEdependent sensitization, Several HDM allergens are now known to have proteolytic activity and to exert striking effects on airway epithelial cells, although the mechanisms involved are currently speculative. Accumulating evidence also suggests that some non-mite allergens may also have proteolytic or other enzymatic activity. These findings prompt the suggestion that allergens should be considered more generally as pharmacologically active proteins which may exert several biological effects in addition to evoking allergic sensitization. In the case of HDM allergens with proteolytic activity, it has been hypothesized that their enzymatic activity may facilitate allergic sensitization by allowing the allergenic proteins to cross the airway epithelium [6]. However, proteolytic activity may be only one example of the wider biological actions of allergenic proteins. There is a growing list of allergens from diverse sources [14, 70, 71] which have a familial relationship as ligand-binding proteins. As far as is known, these allergens do not have proteolytic activity, but the occurrence of further relationships among allergens raises intriguing questions about what effects these proteins have on the human airway and its immune system. Taking all of these strands of knowledge into account, a more general working hypothesis is that allergens (and the complex mixtures of other materials in which they are found) may actually act by diverse means to subvert the normal physiological function of the airway epithelium to facilitate allergen entry and presentation. Experimental evidence is now being carefully accured to test this hypothesis and to understand more about the process of allergic sensitization and what it is that makes an allergen an allergen.

#### Acknowledgements

We thank the National Asthma Campaign for supporting our research on proteinase allergens.

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# Cancer

## **CHAPTER 9** Gene Expression in Lung Cancer

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#### 1. Introduction and Background

Lung cancer is the most common fatal malignancy of both men and women in the developed world, killing over 40000 people in the UK per year [1]. The diagnosis of this disease is usually associated with a prognosis of a survival rate of less than 5%. The biggest risk factor for lung cancer is cigarette smoking. Besides smoking, other environmental and occupational exposures, such as to aromatic hydrocarbons, radon, asbestos, nickel, arsenic and chromium, are important determinants of lung cancer risk. Although lung cancer is largely preventable by elimination of these exposures, this disease will be a major public health problem for the foreseeable future because ex-smokers continue to have a significantly increased risk of developing lung cancer. In addition, the incidence of lung cancer deaths unrelated to smoking is expected to continue to rise over the next 20 years.

Lung carcinogenesis is a multi-stage process involving changes in 10-20 genes involved with DNA repair, cell growth, signal transduction and cell cycle control [2]. In combination with environmental exposures,

inherited polymorphisms in a variety of genes, particularly the carcinogen metabolism genes, affect the susceptibility of an individual to develop lung cancer [3, 4]. A better understanding of the molecular mechanisms that cause lung cancer should lead to the development of new prospects for earlier diagnosis and more successful treatments.

## 1.1. Classification of Lung Cancers

Lung cancers arise from the respiratory epithelium and are classified on this basis of histological type. The two main types are small cell lung cancer (SCLC) and non-small cell lung cancer (NSCLC). A new hypothesis, which is becoming increasingly accepted, is that the main histological types of lung cancer are related through a common differentiation pathway in the bronchial epithelium, mediated by the consistent genetic abnormalities now being described for lung cancer (reviewed in Mabry et al. [5]). This model has been extended, linking differentiation of normal adult bronchial epithelial cells with interactive roles for the chromosome 3p. retinoblastoma (Rb) and p53 genes, and interplay between the HER/2/neu, myc, ras and protein kinase C (PKC) gene products [5]. This is illustrated by experiments using a non-tumorigenic cell line, BEAS-2B, derived from normal bronchial epithelial cells transfected with simivian virus SV 40 to induce continuous growth [6-9]. Using this model it was shown that overexpression and point mutations of diffrent oncogenes produce different histological types of tumours. Thus, over-expression of c-myc and raf resulted in the development of SCLC cells, particularly the variant SCLC cell subtype. Transfection with H-ras and HER-2/neu led to the development of adenocarcinomas, whereas transfection of mutant p53 led to the development of squamous cell carcinomas. Furthermore, a cell culture model system for one of these transitions has been developed [10], in which overexpression of a mutated H-ras gene in a classic SCLC cell line in conjunction with high levels of *c-myc* expression causes transition to a large cell undifferentiated cancer phenotype. Hence, this in vitro model shows that the combination of two genetic abnormalities, which can occur in lung cancer, results in a transition of phenotype. These in vitro findings appear to be mirrored in vivo.

#### 2. Genetic Susceptibility

#### 2.1. Hereditary Predisposition

The genetic abilities to deactivate carcinogens may play an important role in preventing chromosomal damage. The long-term retention (up to 4 months) of a number of the more than 3000 compounds present in ciga-

rette smoke points to the importance of an efficient deactivating systems as protection against potential carcinogens [11]. The spectrum of oncogene mutations seen in lung cancer is consistent with the carcinogens present in cigarette smoke. It is proposed that the formation of deoxyguanosine adducts by constituents of cigarette smoke including benzo(a)pyrene are responsible for the GC to TA transversion seen in a number of oncogenes in lung cancer. The mutated guanine residue usually resides on the nontranscribed strand of DNA, which is consistent with the model proposed for preferential repair of the transcribed strand in damage of DNA by carcinogens. Unlike other common cancers, the frequency of transition mutations of GC to AT at CpG sites is very low in lung cancers (9%). Such mutations are thought to arise in part from spontaneous deamination of 5-methylcytosine. The low frequency of this type of mutation in lung cancer has been used as evidene of exogenous agents as the source of DNA damage [12]. Enhanced formation of benzo(a)pyrene: DNA adducts has been detected in the monocytes of individuals predisposed to lung cancer, suggesting that enzyme systems responsible for DNA-adduct excision and repair might be defective in these individuals [13]. Cigarette smoke induces a number of enzyme systems associated with microsomes, including cytochrome P450dependent aryl hydrocarbon hydroxylase and dimethylnitrosamine demethylase, epoxide hydrolase and UDP-glucuronyltransferase. The activation of these phase I enzymes is higher in lung cancer tissue from smokers than in that from non-smokers [11]. Cigarette smoke decreases the level of the phase II enzyme, glutathione-S-transferase [11]. Certain alleles of drugmetabolizing enzymes such as the cytochrome P450 enzymes [14] or other polymorphic markers, e.g. extensive metabolizers of debrisoquine, are associated with a significantly elevated risk of developing lung cancer [15].

The multistep model of carcinogenesis proposes that two or more genetic mutations are required to transform a cell and to enable its monoclonal expansion into a tumour. Inheritance of one or more of these mutations allows tumours to develop earlier than if several spontaneous mutations have to accumulate in a cell. Numerous studies have been conducted to assess the role of genetics in the development of lung cancer after exposure to long-term carcinogens, especially cigarette smoke [16]. That susceptibility has a genetic component is indicated by studies which show that: (1) that only 10% of individuals who smoke develop lung cancer; (2) some individuals who do not smoke develop lung cancer; and (3) there is a significantly increased risk of lung cancer as well as other tumours among blood relatives of lung cancer patients compared with controls. There are reports linking inherited mutations in the retinoblastoma gene on chromosome 13q14 [17], the p53 gene at chromosome 17p13 [18], and a H-ras allele on chromosome 11p [16] to an increased risk of lung cancer. Inheritance of a major autosomal gene has been postulated to determine susceptibility to lung cancer at ages younger than 50 years [19]. A synergistic effect between hereditary predisposition and cigarette smoking has also

been noted. This effect of heridity and environmental factors is strikingly demonstrated by the report of the deaths of 58-year-old identical male twins 2 months apart from smoking-related alveolar cell carcinoma. Lung cancer appeared in the individuals within months of each other, had similar histopathologies and metastasized to the brain [20].

## 2.2. Chromosomal Abnormalities in Lung Cancer

Progression of human cancer is characterized by an accumulation of genetic changes, resulting in activation of oncogenes and inactivation of tumoursuppressor genes and leading progressively to increased genetic instability. These molecular changes are not fully understood but a mutator phenotype leading to genomic instability may be an early step in the development of some cancers. A mutator or replication error (RER) phenotype appears to be important in hereditary non-polyposis colon cancer and characterized by a high frequency of microsatellite instability and defects in DNA mismatch repair genes. Studies on the occurrence of RER in lung cancer have demonstrated a high frequency of microsatellite instability in SCLC (20 of 43 tumours) [21, 22] but infrequent microsatellite instability in NSCLC (7 of 108 tumours) [23]. In both SCLC and NSCLC with associated microsatellite instability, the tumours were characterized by widespread allelic loss (loss of heterozygosity or LOH) as a result of loss of chromosomes or portions of chromosomes and poor prognosis. However, it still remains to be determined whether the high proportion of SCLC with microsatellite instability represents a true RER phenotype with a mismatch repair defect.

Sequential accumulation of LOH is a frequent event in lung cancer and occurs during progression from primary tumours to metastatic sites [24]. Dominant oncogenes require only one mutation for their tumorigenic potential to be activated, whereas the inactivation of recessive oncogenes usually requires genetic events in both alleles. These events are deletions or mutations in the tumour-suppressor gene. Deletions occur frequently in several chromosomal regions in lung cancer cells.

Although there is the high degree of an euploid and chromosomal loss in late stages of all histological types of lung tumours, there are some noticeable differences between histological types. SCLC exhibits infrequent loss of 9p but more frequent losses of 3p, 5q, 13q and 17p than NSCLC [25–27]. Cytogenetic data obtained for 12 SCLC established cell lines and two fresh SCLC tumour specimens indicated that the region of chromosome 3p14-p23 was deleted in 100% of the cells analysed [28]. Further studies on 64 fresh lung tumours from 47 patients showed that a 100% LOH occurred on chromosomes 3p, 13q and 17p in SCLC [25]. These chromosomal losses occurred early in the development of the tumour before N-*myc* amplification, chromosome 11p deletion or clinical appearance of metastasis. NSCLCs show consistent LOH at chromosomal regions 3p, 9p, 11p, 13q and 17p [24]. Within NSCLC, squamous cell carcinomas appear to have a larger number of genetic alterations than adenocarcinomas. LOH on 4q, 9q and 21q is common in squamous cell carcinoma [27], but infrequent in adenocarcinomas [28]. Putative oncogenes have been found at 13q (Rb gene) [29], 17p (*p53* gene) [30] and 11p (Wilms' tumour [31] and *ras* [32]). In contrast, a convincing candidate oncogene for the 3p, 5q and 9p regions has not yet been isolated. LOH on chromosome 2q, 18q and 22q is also a frequent but late event in lung cancer, but with increasing knowledge, timing and frequency of different molecular lesions, it will be possible to determine whether alterations are specific for different stages of lung cancer or a consequence of increased genetic instability.

#### 3. Recessive Oncogenes

#### 3.1. Retinoblastoma Gene

The existence of recessive oncogenes or tumour-suppressor genes, in 7cancers, was first proposed by Knudson to explain the early appearance and familial pattern of retinoblastomas in young children. This model proposed that two genetic lesions are required for tumour development. In the hereditary form of the disease, one lesion is transmitted through the germline, whereas the second lesion is acquired postnatally as a somatic mutation. In the sporadic forms of the disease, both lesions have to occur postnatally, thus explaining the relative rarity of this form of the disease. Later cytogenetic analyses on retinoblastoma cells demonstrated a deletion of chromosome 13 material at band q14, as well as loss of heterozygosity [29, 30]. The cloning and characterization of the retinoblastoma gene (*RB1*) showed that loss of the gene or its protein product by homologous deletion or mutation was the event that resulted in tumour development.

There is evidence that survivors of heriditary retinoblastoma are at a higher risk of developing lung cancers as adults and develop them at an earlier age than the general population [31]. Relatives of retinoblastoma patients, who are carriers of an *RB1* mutation, have a 15-fold increased risk of lung cancer than the general population [32]. Hence loss of the *RB1* gene appears also to play a role in the development of lung tumours. The retinoblastoma gene is mutated in more than 90% of SCLC cells but in only a fraction of NSCLC cells. Cytogenetic analyses of SCLC tumours and stablished cell lines indicate an increased number of deletions involving chromosome 13 in over 75% of cases, involving either loss of the entire chromosome 13 or loss of heterozygosity at 13q12-13q33 [25, 28, 33]. In fact, analysis of 50 established lung tumour cell lines and 8 primary SCLC lung tumour tissues revealed structural abnormalities at the DNA level and

abnormalities in size and expression of the 4.7-kb RB1 mRNA in 65% of SCLC and 75% of carcinoid lines [34].

The Rb1 protein product, pRB, has a molecular mass of about 105 kDa and is located in the nucleus. The retinoblastoma gene-encoded nucleophosphoprotein is important in cell cycle regulation, binding to regulatory proteins including c-myc and their transcription factor E2f. This protein is expressed in all cell types and is phosphorylated at multiple sites just before DNA replication at the boundary between the G1 and S phases [35]. Both phosphorylated and non-phosphorylated forms of pRB complex with DNA viral proteins involved in cellular transformation, e.g. SV40 large T antigen, adenovirus E1a protein and the human papillomavirus E7 protein [36]. The picture that emerges is that each of these viral proteins specifically inactivates the RB1 gene product as a requisite to transforming the infected cell, a view consistent with the proposed role of pRB as a tumour suppressor. This is further supported by the demonstration that reintroduction of a cloned RB1 cDNA into retinoblastoma and osteosarcoma cells that lack active RB1 genes results in a decreased growth rate of these cells and loss of the ability to grow in soft agar [37].

## 3.2 Gene p53

The gene p53 was originally cloned from chemically transformed mouse cells. The human p53 recessive oncogene maps to chromosome 17p13 [30]. a region that has been found to suffer loss of heterozygosity in colon, breast and brain tumours, and also in NSCLC and SCLC cell lines and primary tumours. Of the known tumour-suppressor genes, p53 is the gene most frequently mutated in human malignancies. The highest number of p53mutations in lung cancer is in SCLC in which 70% of tumours have mutations, followed by 65% of squamous cell, 60% of large cell tumours, and 33% of adenocarcinomas [38]. Although p53 alterations occur in the late stages of some cancers, they appear relatively early in lung cancer, suggesting that this gene may be damaged early in the pathogenesis of these tumours [39]. In one study, mutant p53 was not detected in hyperplasia or squamous metaplasia but was detected in 13 of 17 carcinomas in situ, 20 of 30 invasive carcinomas and in distant metastases from the primary tumours [39]. Mutant p53 protein accumulates in progressive stages of squamous dysplasia, providing further evidence that p53 mutations occur before development of the fully invasive carcinoma [40]. Recent studies have described the detection of p53 or ras mutations in sputum samples some of which were collected from patients before the development of clinically detectable tumours [41]. These results indicate the possibility of using molecular approaches for early detection of lung cancer.

Analysis of p53 mutations in different cancers are furthering our understanding of the mechanisms of carcinogenesis. There are hot spots for mutations of p53 within the conserved regions of the gene, codons 157, 248 and 273 in lung tumours, although mutations at many other codons have been indentified [38, 42–44]. Overall, the most prevalent type of mutation in lung cancers is a GC to TA transversion. This results in abnormal mRNAs encoding mutant p53 cells which have an increased half-life and bind to heat shock protein hsp70. A study of 30 lung cancer cell lines of all histological types detected mRNA abnormalities in 74% of cases, including changes in size, reduced or absent expression of message, as well as point or small mutations within the open reading frame. Gross abnormalities at the DNA level, rearrangements and two homozygous deletions were found in 75 of cases. Point mutations in *p53* mRNA and the resulting proteins of increased stability have been detected in primary lung tumour specimens [44, 45]. The range of p53 mutation in lung cancers reflects smoking habits. Tumours of smokers compared with those of non-smokers have a significantly higher frequency of GC to TA transversion in p53, with a bias towards the non-transcribed strand of DNA (29 vs 0%) and a lower frequency of all transitions, expecially GC to AT transitions (21 vs 69%) [38]. To understand mechanisms of carcinogen-induced lung cancers further, lung tumours from miners and other occupationally exposed populations have been examined for p53 mutations [46, 47], including tumours from miners exposed to high doses of radon. The mutational hotspot (16 of 30 mutations) at codon 249 - AGG (Arg) to ATG (Met) - was identified in squamous and large cell carcinomas [46] but not in adenocarcinomas [47]. Three of these mutations occurred in tumours from miners who had never smoked, suggesting that this mutation is associated with a non-tobacco carcinogen. Epidemiological evidence implicates occupational exposure to radon in uranium miners as a cause of lung cancer, although miners are also exposed to a variety of other potential carcinogens [48]. The types of mutations found in lung cancers differ from those found in other tumours such as colon and liver cancers, and these differences are related to different carcinogen exposures. The p53 gene acquires oncogenic potential at the DNA level primarily as a result of a point mutations in the wild-type gene the normal function of which appears to be suppression of cellular transformation [49].

Acquired mutations in p53 have been associated with both treatment resistance and relapse, through a defect in apoptosis; p53 is a nuclear phosphoprotein that is important in cell cycle control; it arrests cells in the check point for the G1/S cell cycle which controls genetic stability, growth arrest and cell death when there has been DNA damage. Loss of function of p53, or one of the genes in the p53 pathway of cellular growth control, can lead to unchecked progression of the cell cycle before appropriate DNA repair can occur so that the DNA mutation is passed on to progeny. This may eventually lead to malignant transformation.

Increased genomic instability has been correlated with p53 mutations, and such instability could generate multiple genetic alterations leading to

cancer. Genetic instability (including gene amplification) increases the frequency in cells that lack a normal p53 [50]. In one pathway of programmed cell death (apoptosis) induced by DNA-damaging chemotherapeutic drugs or ionizing radiation, inactivation of p53 could increase both the pool of proliferating cells and the probability of their neoplastic transformation by inhibition of programmed cell death [51]. There are several mechanisms to remove wild-type p53, which include homozygous deletions at the DNA level and point mutations in exons or introns that result in no or a mutated mRNA-encoding mutant or no p53 protein. Mutated p53 protein can sequester wild-type p53 in heteroduplexes, rendering the cells functionally homozygous for the mutant.

The importance of p53 inactivation to the development of lung cancers has been shown by the high incidence of lung adenocarcinomas that develop in transgenic mice carrying a mutant p53 gene [52]. Furthermore, one study demonstrated germline p53 mutations in all five Li-Fraumeni syndrome families studied, lung cancer being one of the tumours that members of these families develop [18]. Transfection of wild-type p53 suppressed the growth of a human lung cancer cell line expressing p53 [53]. Transfection with wild-type p53 cDNA caused a significant decrease in the cloning efficiency and reduced tumorigenic potential in nude mice compared with transfection with mutant p53 and controls [52]. The first clinical trial using a retroviral vector containing the wild-type p53 gene to slow lung cancer growth and induce apoptosis has shown initial promise [54]. The induction of apoptosis by p53 after genotoxic insult may act as a defence mechanism to protect the organism from propagation of cells that have sustained mutation. Abrogation of the p53 pathway is the most common specific alteration in human cancer, and may be central to the progression of the disease and to its response to treatment by radiation and chemotherapeutic drugs [55].

#### 3.3. Chromosome 3p

The consistent loss of three distinct regions of chromosome 3-3p25, 3p21.3 and 3p14-cen – in SCLC, has prompted speculation that these regions encode tumour-suppressor genes [56]. Loss of heterozygosity at chromosome 3p in seen in SCLC [25], NSCLC [57], cervical cell cancer, sporadic renal cell carcinoma, hereditary renal cell carcinoma and breast cancer. This is one of the earliest lesions detected in lung cancer, appearing in about 75% of hyperplasias. A number of candidate tumour-suppressor genes have been proposed from these regions. The levels of the enzyme aminoacylase-1 (ACY-1), which maps to 3p21.1, are consistently decresed in SCLC [58]. The *c-erbAβ* proto-oncogene encodes a 55-kDa thyroid hormone receptor (THR- $\beta$ ) and is found on human chromosome 3p21-25. This region of chromosome 3 lies within the portion of the short arm found to be deleted in SCLC, and LOH for *c-erbAβ* was detected in six of six

SCLC cell lines examined [59]. The gene encoding the retinoic acid receptor- $\beta$  is also within the chromosome 3p deleted region at 3p24 [60]. Some of the effects of retinoic acid on lung tumours might be related to alterations in this gene.

Deletion of the protein tyrosine phosphatase- $\gamma$  gene on the short arm of chromosome 3 has also been described [61]. This gene may be important in regulating the level of protein phosphorylation on tyrosine residues. Tyrosine phosphorylation is a major pathway in signal transduction, which is activated by growth factors. Hence, deletions of the protein tyrosine phosphatase-y gene localized to 3p21 could increase the level of protein phosphorylation on tyrosine residues within the cell, resulting in transformation. A new putative receptor protein tyrosine kinase of the met family, with strutural similarity to the product of the C-MET proto-oncogene, the receptor for hepatocyte growth factor and scatter factor, has been localized to 3p21 [62]. The von Hippel-Lindau tumour-suppressor gene maps to 3p25 but is mutated only rarely in lung cancer cell lines [63]. C-raf oncogene has been mapped to 3p25 and is frequently deleted in lung cancer [64]. The DNA mismatch repair gene hMLH1, associated with heriditary non-polyposis colon cancer, also maps to 3p [65]. In addition recent microcell fusion experiments have demonstrated that introduction of the normal chromosome 3 results in repression of telomerase expression in cancer cells but not in normal cells [66]. Despite identification of the above candidates, the specific lung tumour-suppressor genes on 3p have still to be identified, although fine mapping of the minimally deleted regions is being actively pursued.

## 3.4. Chromosome 9p Tumour-Suppressor Gene in NSCLC

The region most frequently deleted on chromosome 9p in lung cancers is 9p21 [67]. Candidate tumour-suppressor genes mapped to this region are p16 (MTS1/s1/p16-INK-4) and p15 (MTS2/p15-INK-4B) which code inhibitors of the cyclin-dependent kinase CDK4 which is involved in cell cycle control of the G1 checkpoint [68, 69]. The loss of this function could cause the cell cycle to become dysregulated, thereby leading to uncontrolled cell growth. The infrequent losses on chromosome 9p in SCLC suggest that p16 does not have a major role in SCLC [70]. Studies show that tumour-suppressor genes in this region in NSCLC are frequently inactivated (52% of cases) by homozygous deletions and not by point mutations [71, 72]. Homozygous deletion as a mechanism of loss of function is unusual among known tumour-suppressor genes, e.g. p53 and RB, in which loss of function has previously been found to occur via a point mutation with subsequent loss of the remaining chromosome. As p16 and p15 were predicted to be tumour-suppressor genes, it was surprising that more intragenic mutations were not identified in the tumours exhibiting LOH. One

possible explanation is the presence of another tumour-suppressor gene in the region which would also be deleted in those tumours exhibiting homozygous deletions of p16 and/or p15. it is also conceivable that mutations or hypermethylation exists in the promoter regions of the p16 or p15 genes. In support of this, it has recently been identified that the second allele of p16 can be inactivated by hypermethylation of the CpG island in the promoter region [73]. About 50% of murine lung adenocarcinomas, both spontaneous and chemically, induced, exhibit LOH on chromosome 4 in the region homologous with human 9p21 [74, 75]. LOH was detected in carcinomas but not adenomas, suggesting the late acquisition of this change in murine lung tumours in contrast to humans in which the LOH of 9p appears relatively early in carcinogenesis.

In SCLC 48 cell lines with absent or mutant RB all had detectable p16 protein. In contrast, about 10% of SCLC cell lines which had no p16 expression had wild-type RB. Two-thirds of the NSCLC cell lines examined exhibited loss of p16 and all but one of these had wild-type RB. The remaining cell lines with detectable p16 protein had absent or mutant RB [76, 77]. This inverse correlation between the presence and loss of these genes provides evidence for a common p16/RB pathway of growth suppression. Moreover these data suggest that p16 rather than a gene with another function is the tumour-suppressor gene or chromosome 9p21.

#### 3.5. Chromosome 5q Recessive Oncogene in Lung Cancer

Portions of 5p are also frequently deleted in lung cancer in an area that contains the *MCC* and *APC* genes, which are involved in the development of colon cancer. It is of interest, however, that lung and colonic cancers in general do not occur simultaneously. Neither of these genes, nor cytokine or cytokine receptor genes localized in their proximity, have any known function in the development of lung cancer. The loss of DNA from this chromosome has been observed with allelic loss in 87% of SCLC and 70% of NSCLC cases, suggesting that recessive oncogenes in lung carcinogenesis are located on chromosome 5q [78].

### 3.6. Dominantly Acting Oncogenes

Transforming genes are present and often expressed as proton-oncogenes in normal tissues and are highly conserved during evolution, suggesting that they are important cellular components. The identification of these proto-oncogenes as constituents of normal cells, and the elucidation of the mechanisms of genetic mutation, translocation, amplification and deletion by which they are activated to play dominant roles in oncogenesis, represent a major advance in understanding of the molecular basis of cancer. At least 11 of the known dominantly acting oncogenes have been shown to be activated in a variety of lung cancers. The precise stages at which these oncogenes become activated in the lung tumours, and the exact role they play in the development and progression of these lung tumours, has not been delineated.

## 3.7. Genetic Changes in myc Oncogenes

The mvc family of proto-oncogenes c-, N- and L-mvc (located on human chromosomes 8, 2 and 1p32, respectively), are overexpressed in the vast majority of SCLC cell lines in tumours [79]. The nuclear localization and in vitro DNA-binding properties of these proteins suggest that they play an important role in regulating cell growth. A c-mvc antisense oligodeoxynucleotide inhibits entry into the S-phase but not progress from G0 to G1. The mRNA of c-mvc is amplified after stimulation by growth factors or fetal calf serum [80]. This proto-oncogene is involved in the immortalization of primary cells in culture [32]. The c-, N-, L-myc proteins cooperate with the Ha-ras and raf oncogenes in transforming primary rat fibroblasts with L-mvc, producing foci at 1-10% of the rate observed for c- and N-mvc [32, 81]. Although the mvc family members demonstrate a high degree of conservation at the nucleic acid and amino acid levels, suggesting common intracellular functions, the differential tissue expression of these genes during embryogenesis and adult life, and their different abilities to complement ras and raf, suggest that they each play important and unique roles.

Of the proto-oncogenes, c-myc was the first to be found to have altered expression in SCLC established lines and in lung tumours [79]; it is the only member of the myc family to correlate with clinical outcome. The DNA of this proto-oncogene was found to be amplified 20 to 76-fold in 8 of 18 SCLC cell lines examined [82]. In addition, c-mvc mRNA was found to be over-expressed 15-35 times in these cells even in the absence of DNA amplification. This occurred via increased rates of transcription from the mvc promoter because the cytoplasmic half-life of the c-mvc mRNA was unchanged [83]. A block to normal c-mvc transcription elongation is located in the first intron of the c-mvc gene. This block is absent in some of those cell lines expressing elevated levels of c-myc mRNA without gene amplification [83]. The other members of the myc family also demonstrate the same uncoupling of DNA and mRNA amplification as was noted for c-myc. Over-expression can also be observed frequently in NSCLC. The myc family DNA amplication is found more frequently in tumour cell lines than in tumour specimens.

A number of studies have shown that amplification of c-myc is associated with relative resistance to chemotherapy and radiotherapy. For example, one study showed that DNA amplification of one of the myc family genes

occurred in 3 of 40 (8%) untreated patient specimens compared with 19 of 67 (28%) treated patient specimens [84]. It seems that DNA amplification of the c-mvc family genes is unlikely to be a primary event in the pathogenesis of lung cancer. Amplification of these genes may render a growth advantage to an already transformed cell, which can subsequently become the dominant population in the tumour. Transfection of c-myc into a classic histological SCLC cell line caused a change in morphological features and growth patterns consistent with variant histology, but the cells retained some neuroendocrine markers [5]. Variant SCLC cell lines typically have a more rapid growth rate and a higher cloning efficiency in semi-solid agarose, and lack the markers of neuroendocrine differentiation when compared with the more classic SCLC cell lines. The DNA amplification of mvc family genes, particularly c-mvc, has been associated with shortened survival in patients with SCLC. These studies, however, use samples taken from patients after the initiation of therapy, so their applicability is currently uncertain. Prospective studies of gene expression may prove useful.

#### 3.8. The ras Oncogenes in Lung Cancer

Members of the ras family of proto-oncogenes, consisting of K-, H- and N-ras, are inner plasma membrane-associated GTPases which bind GTP to cleave it to GDP. They play a critical role in the pathway of signal transduction from cell membrane to the nucleus, acting as a link between tyrosine kinases and serine/threonine kinases, and they appear to control cell growth [85]. Activated ras oncogenes have been found in a variety of human tumours. Activated H-ras can transform normal human bronchial epithelium after transcription in vitro [86] and induce lung adenomas in mice made transgenic for H-ras [87]. The involvement of ras proto-oncogenes in human lung tumours was first detected by transfection of tumour DNA into NIH3T3 mouse fibroblasts. K-ras restriction fragments were found in cells transformed by the DNA from SCLC, adenocarcinoma, squamous cell carcinoma and undifferentiated lung carcinoma cell lines; the K-ras-2 gene 12p12 was found to be mutated in some of the original tumour tissue [32]. Activating point mutations were localized predominantly in codons 12, 13 and 61. 14 of 77 NSCLC tumour samples were found to have K-ras mutations, all of which were single point mutations in codon 12 from adenocarcinomas [88]. H-ras mutated at codon 61 was detected in SQCC cell line. Loss of heterozygosity of the c-H-ras gene on chromosome 11p15 has been associated with more aggressive NSCLC tumours. N-ras was found in one undifferentiated lung cancer but most ras mutations in lung cancers are K-ras [89].

The activation of K-*ras* is thought to represent an early event in lung carcinogenesis. The K-*ras* proto-oncogene was one of the first genes found to be altered in lung cancers; it is activated by point mutation in about 30% of human lung adenocarcinomas and large cell carcinomas, but infrequently in squamous cell carcinomas and very rarely in SCLC [90]. The predominant K-ras mutation detected in human lung adenocarcinomas is a GC to TA transversion in the first base of codon 12 [91]. Lung tumours from mice treated with benzo(a)pyrene also have the same K-ras mutation, suggesting that this occurs in humans as a direct result of cigarette smoking. In these mouse models, K-ras mutations are detected in the earliest hyperplastic lesions, although in human lung adenocarcinomas ras activation seems to be a somewhat later event which appears in carcinomas in situ [93]. Furthermore, the involvement of ras proto-oncogenes in later stages of lung carcinogenesis is indicated by several studies, noting the association of activated ras proto-oncogenes, which have metastatic potential of transformed human bronchial epithelial cells [94] and differentiation of established SCLC lines, increased hormone production [10] or large cell lung cancer phenotype [95]. There is an association of ras activation in cancers with poor prognosis and survival of patients with adenocarcinoma [96]. In addition survival is even shorter when ras mutations occur in combination with other oncogenes, e.g. overexpression of erb B-2 [97].

## 3.9. The c-Raf-1 Proto-oncogene

The c-*Raf* protein, p74*Raf*, is a serine/threonine-specific kinase which is membrane localized and activated by *ras*. Phosphorylation at serine and threonine residues activates p74*Raf* kinase which transmits signals from the membrane of the cytoplasm [98]. The c-*Raf*-1 proto-oncogene maps to chromosome 3p25, a region of chromosome 3 frequently deleted in both SCLC and NSCLC lung tumours. Cytogenetic analyses of SCLC cell lines show that one c-*Raf*-1 allele is deleted in about 80% of the lines [99]. However, c-*Raf*-1 mRNA was expressed at high levels in 12 of 12 SCLC cell lines [100]. Transcriptional activation of c-*Raf*-1, along with other proto-oncogenes, is a common feature of NSCLC [101].

#### 3.10. The bcl-2 Oncogene

The *bcl*-2 oncogene was the first oncogene to be identified that specifically prevented cells from dying. High levels of *Bcl*-2 protein prevent cells from undergoing apoptosis in response to a number of death-inducing stimuli, indicating that this protein blocks the final common pathway by which cells enter apoptosis. The oncogene *bcl*-2 can contribute to malignancy by blocking apoptosis and undergo synergy with other oncogenes. SCLC cells show a high level of *bcl*-2 expression in almost 100% of tumours. There is also a close correlation between *bcl*-2 and neuroendocrine marker expression in NSCLC. It is now realized that *bcl*-2 is only

one of a family of related proteins; some of its members can protect cells whereas others may bind to bcl-2 and counteract its protective effect [102]. As a greater understanding of the bcl-2 families of proteins evolves, strategies will be developed to target these pathways.

#### 4. Conclusions

Many oncogenic changes occur in growth factor receptors and signal transduction components which will give cells a growth advantage and explain how a tumour may survive the retention of wild-type p53. Alternatively the frequent loss of wild-type p53, overexpression of bcl-2 and myc or constitutive activation of ras may prevent a cell from dying and confer resistance to chemotherapy. The discovery of the cyclin-dependent kinase inhibitors *p16* and *p15*, and of *p53* and *Rb* as candidate tumour-suppressor genes in lung cancer, provides evidence for the importance of cell cycle check points in cancer. The study of gene function in different critical pathways, e.g. cell cycle and signal transduction, may have both therapeutic and prognostic importance and, with a greater understanding of the molecular events involved in the genesis and progresson of lung cancer, we may be able both to prevent and to treat this disease. As susceptibility factors for genetic alterations affecting lung cancer development are discovered, it might be practical to target anti-smoking and early detection efforts for those individuals with the highest risks.

Tests for the presence of certain oncogenes, e.g. *ras*, mutations in adenocarcinomas or loss of tumour-suppressor genes, e.g. LOH at certain low site mutations or functional analysis of genes such as Rb or p16, may suggest new treatment modalities and predictions of which therapies will be successful for a given patient. As the mechanism of action of these oncogenes is elucidated, it will be possible to develop novel therapies against this devastating disease.

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# **CHAPTER 10** Gene Therapy for Cancer: Prospects for the Treatment of Lung Tumours

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## 1. Introduction

Lung cancer is the most common fatal malignancy in the developed world, accounting for about 10% of all cancers, and increasing in incidence by about 0.5% per year in the UK [1]. Non-small cell lung cancer (NSCLC) comprises about 75% of all lung cancers and includes adenocarcinoma, squamous cell, large cell and bronchioalveolar carcinoma. Over the past 20 years, despite advances in medical and surgical intervention, there has been little change in the 5-year survival rates for lung cancer, with only 10% of patients surviving for 5 years after diagnosis.

Cancer is a genetic disease which results in abnormalities in the key processes of cellular proliferation, differentiation and apoptosis. The principal genetic aberrations include mutations in cellular proto-oncogenes and DNA repair genes, and the inactivation or loss of tumour-suppressor genes. Although there are inherited predispositions to cancer resulting from germline transmission of mutant tumour-suppressor genes, the harmful mutations are usually somatically acquired, accumulating in a clone of cells with progressive escape from normal regulatory constraints. It is currently believed that at least 10 such mutations are required to convert a normal lung cell into a malignant cell. As the reversal of a single genetic lesions can have a significant effect on tumour cell growth and tumorigenicity, this approach can be useful in tumour cells with multiple genetic lesions [2, 3].

The past two decades have witnessed a revolution in all branches of biology brought about by the development and application of recombinant DNA technology. The prospect of genetic intervention for the treatment of cancer is very appealing, because the development of sophisticated viral vectors as well as non-viral DNA delivery systems means that it is now possible to deliver genetic information to cells in vivo, although for many applications there are still substantial hurdles in terms of efficiency and selectivity. A variety of strategies has been suggested by which gene transfer to tumour cells may inhibit growth, promote cellular death (either directly or after prodrug administration) or enhance recognition of the tumour cells by the immune system. Other approaches envisage gene transfer to non-tumour cells to increase their resistance to cytotoxic drugs, or to augment immune responsiveness to tumours directly. The methods by which therapeutic genes are delivered to their target cells are independent of the mechanism of action of the encoded gene product. At present, and for the foreseeable future, the relatively low efficiency and selectivity of delivery systems impose strict constraints on what is achievable and therefore make greater demands on the effector mechanisms. Important parameters to consider for any gene therapy approach are: the mechanisms of cell killing; the efficiency of gene transfer that is required for the strategy to be effective; the degree of tumour selectivity achieved; and the duration of gene expression required. The best methods of gene delivery currently available are viral-mediated gene delivery using retroviral and adenoviral vectors. Of the 120 or so clinical trials under way using gene therapy for the treatment of cancer, about 70% are using retroviral vectors and 15% adenoviral vectors.

## 2. Methods of Gene Delivery

#### 2.1. Viral Vectors

Recombinant viral vectors are produced by replacement of viral genes with therapeutic DNA sequences; such viruses are replication deficient because they lack some or all of the genes required for viral propagation. To produce the virus, the proteins are provided instead from chromosomally integrated genes in specially engineered packaging or produce cell lines.

2.1.1. Retroviral vectors: Recombinant retroviral vectors are produced by replacing the gag, pol and env viral genes with foreign DNA. Retroviruses provide the advantage of stable gene expression from an integrated proviral genome, but as integration is random there has been concern that vectors may integrate into an important cellular gene or the regulatory regions of such genes and be potentially oncogenic. As experience with these vectors accumulates, it is now considered that this represents a very unlikely event and the risk is considered to be quite small. The integration of retroviral genomes occurs only in actively dividing cells, which could therefore be used to limit delivery of the vector to rapidly dividing tumour cells as opposed to the more slowly replicating cells of normal tissues.

If retroviral vectors are to be used successfully in human gene therapy protocols, it is essential that secondary spread of the retrovirus from the target cells is prevented. During characterization of early versions of producer cell lines, generation of replication-competent virus (RCR) had been found to occur [4] and this became a key regulatory issue concerning the use of retroviral vectors. The development of new generation packaging cells, in which helper functions are present on separate constructs [5], means that it is now possible routinely to generate retroviral vectors without RCR. Other potential problems concerning the use of retroviruses include problems of low titre and rapid inactivation of viruses produced from murine packaging cells by human complement [6], but these problems are being addressed by the development of high-titre human packaging cell lines [7].

2.1.2. Adenoviral vectors: Replication-deficient adenoviral vectors are produced by replacement of up to 3.2 kilobases (kb) of the E1 region of the genome with foreign DNA. Another region of the viral genome that can be deleted if larger sequences of DNA need to be incorporated into the vector is the E3 region. Products of the E3 region have been shown to be involved in avoidance of host immunosurveillance and virus-cell interactions, protecting virus-infected cells from the effects of tumour necrosis factor (TNF) and reducing immunogenicity by inhibiting class I major histocompatibility complex (MHC) translocation to the cell membrane [8]. A new generation of adenoviral vectors has recently been developed which address the problems of limited insert capacity and the production of immunogenic viral proteins. These new vectors can package up to 30 kb of foreign DNA and contain no viral genes [9]. The vectors are propagated in 293 cells with the necessary viral functions provided by the cell line and a helper virus.

One advantge of adenoviral vectors compared with retroviral ones is the ability to produce higher titres: it is relatively easy to produce 10<sup>10</sup> infec-

tious units/ml compared with only  $10^{6}-10^{8}$ /ml for retroviruses. Another advantage is that adenoviruses can infect cells regardless of their replication status, but the vectors remain episomal, so that gene expression is transient. This approach may be most suitable for therapeutic strategies where long-term gene expression is not required, for example, suicide gene therapy; if expression was required over an extended period, repeated administration of the adenoviral constructs would be required. Administration of adenovirus may lead to the development of an inflammatory response by the host, although this may be advantageous in cancer gene therapy by aiding the destruction of tumour cells. Other potential problems are concerns that repeated administration may lead to problems of virus neutralization by elevated antibody titres, and the possibility of complementation by wild-type virus if the patient has an infection at the time of treatment.

2.1.3. Adeno-associated virus: Adeno-associated virus (AAV) is a singlestranded DNA parvovirus that can only replicate when complemented by adenovirus or herpes virus. In the absence of these helper viruses it integrates into chromosomal DNA, preferentially at a defined region on chromosome 19. Integration is possible into non-replicating cells but is more efficient in the S phase of the cell cycle [10]. A recent report demonstrated that the transduction efficiency of immortalized cells with AAV was 50 times greater than transduction of primary cells [11], a feature that may give a degree of tumour specificity to a gene therapy protocol. AAVs are currently being used as vectors in two clinical trials in the USA, to introduce interleukin 2 (IL-2) cDNA into ovarian and prostate tumour cells [12].

2.1.4. Herpes simplex virus: Early reports using replication-compromised herpes simples virus (HSV) as a vector for gene therapy demonstrated significant toxic effects on infected cells [13, 14], preventing their use in human gene therapy trials. The recent identification of a mutant HSV (HSV-1716), which cannot produce the virulence factor ICP34.5, suggests that HSV may now be appropriate for use in gene therapy protocols [15]. Intraperitoneal injection of HSV-1716 into severe combined immunodeficient (SCID) mice bearing xenografts of human malignant mesothelioma cells reduced tumour burden and prolonged survival compared with control groups. No spread of virus outside the intraperitoneal cavity was observed, suggesting that HSV-1716 may be suitable for the treatment of localized human tumours [16].

#### 2.2. Physical Methods

The efficiency of physical methods of gene transfer is significantly less than can currently be achieved by viral transfer. Nevertheless, research in this area is intense because there are many potential benefits of non-viral methods of gene delivery. The problems of immune responses against the viral vectors and unintentional replication and spread of viral vectors would be eliminated, and there are less stringent size restraints on the DNA inserted into the cell. Moreover, physical methods lend themselves readily to the stringent manufacturing criteria that would be required for large-scale production. Some cells can take up naked DNA after direct injection *in vivo* [17] or electroporation [18]. DNA can also be introduced into cells by bombardment with DNA-coated gold particles [19] or complexing the DNA with cationic lipid [20]. Liposome-mediated and receptor-mediated gene transfer are the physical methods most likely to be applicable to clinical use. A major disadvantage of liposome-mediated transfection is toxicity caused by the lipid components but this may be reduced to some extent by altering the composition of the lipid used [21].

## 3. Gene Targeting

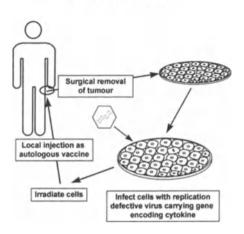
A variety of strategies can be used to optimize the selectivity of gene delivery and expression in target tissues.

## 3.1. Selective Delivery of Therapeutic Genes to Tumour Cells

3.1.1. Ex vivo *delivery*: A limitation of both conventional and gene transfer cancer treatment approaches is the inability to deliver a sufficient concentration of therapeutic agent to the tumour cells without causing significant toxicity to normal cells. At present the optimal protocol for targeted gene delivery is the removal of tumour cells from the patient, retroviral transduction *in vitro* and administration of the genetically modified cells back into the patient (Figure 1). This method is, however, only really applicable for "cancer vaccine" type treatments and irradiated cells must be used.

3.1.2. In vivo regional delivery: For certain types of cancer that are localized to specific body cavities or are served by a dedicated blood supply, regional perfusion with therapeutic constructs/viruses would greatly enhance organ and tumour specificity. Selective arterial perfusion is possible for pancreatic cancer because the portal circulation can effectively be isolated at surgery during the time of arterial catheter insertion so that very high doses of virus could be given while minimizing the risk of systemic "spillover".

Regional delivery can also be achieved by direct intratumoral injection. Examples include administration of recombinant viruses directly into endobronchial lesions accessible by bronchoscopy [22, 23], stereotactic injection of HSV-TK-expressing producer cells into malignant brain



#### EX-VIVO TRANSDUCTION OF TUMOUR CELLS

Figure 1. *Ex vivo* gene delivery: tumour cells are removed from the patient, retrovirally transduced and expanded *in vitro*, irradiated and administered back to the patient.

tumours followed by treatment with ganciclovir [24] and injection of HSV thymidine kinase (HSV-TK) expressing producer cells into metastatic malignant melanomas, followed by treatment with ganciclovir [25].

#### 3.2. Selective Uptake Mechanisms

Another example of targeted gene delivery is the use of specific cell surface receptors; this approach requires that DNA be complexed to specific polypeptide ligands, which are recognized by cell surface receptors such as the use of asialoglycoprotein to transfer a human serum albumin gene into Nagrase rat repatocytes [26].

As the integration of retroviruses occurs only in actively dividing cells, this could be used to limit delivery of the vector to rapidly dividing tumour cells as opposed to the more slowly replicating cells of normal tissues. An example is the use of retroviruses to target HSV-TK expression to brain tumours in preference to normal brain tissue [27].

#### 3.3. Tumour-Specific Promoters

Expression of therapeutic constructs can be limited to tumour cells using tumour-specific promoters. Carcinoembryonic antigen (CEA) is the most widely used tumour marker because elevated serum levels are found in a range of different tumours, including lung, pancreatic, colorectal and

breast cancer. Overexpression of CEA occurs in up to 50% of lung cancers [28]. CEA functions *in vitro* as a cellular adhesion molecule [29], and belongs to a large and heterogeneous group of glycoproteins which are normally only expressed in fetal tissue [30]. The 5'-regulatory regions of the CEA gene have been characterized and several transcriptional regulatory consensus sequences identified [31]. The production of constructs containing a therapeutic gene under the control of the CEA promoter will allow tumour-specific expression in CEA-expressing tumours; however, other tumour-specific promoters would be required to target genes into non-CEA-expressing tumours.

Other tumour-selective promoters include those of the mucin (MUC) gene family [32, 33], the fibroblast growth factor/fibroblast growth factor receptor gene family [34], the c-*erb*B2 gene [35], the  $\alpha$ -fetoprotein gene [36] and the prostate-specific antigen (PSA) gene [37]. To achieve expression of therapeutic enzymes in primary tumours and metastases the administration of several constructs, or the production of vectors containing two or more promoters, may be required. Once the promoters of tumour-specific antigens have been fully mapped and characterized, it may be possible to construct synthetic promoters which contain binding sites for several tumour-specific transcription factors, thus providing a vector that could be used in multiple tumour types. A synthetic promoter has been developed to drive HSV-TK gene expression in SCLCs which overexpress MYC proteins [38]. Four repeats of the MYC-MAX response element were linked to the HSV-TK promoter, and expression of HSV-TK was observed specifically in cells expressing high levels of MYC protein.

#### 3.4. Tumour-Specific Mechanisms

3.4.1. Tumour-Restricted Cytolytic Viruses: The oncogene p53 mediated cell cycle arrest and apoptosis in response to DNA damage. DNA tumour viruses encode proteins that inactivate p53 and allow efficient viral replication [39]. The dl1520 (ONYX-015) virus is an adenovirus in which the gene for the 55-kDa protein that binds to and inactivates p53 has been deleted from the E1B region [40]. Normal human cells are highly resistant to ONYX virus whereas tumour cells containing p53 abnormalities show replication-dependent cytopathic effects when infected. Antitumoral effects of intratumoral injections of ONYX virus have been observed in nude mice with C33A (cervical carcinoma) and HLaC (laryngeal carcinoma) xenografts [41]. The efficacy of the ONYX virus plus chemotherapy using cisplatin or 5-fluorouracil has been shown to be significantly greater than either agent alone, and this regimen is currently being used in phase I clinical trials for the treatment of ovarian and head and neck tumours.

#### 4. Gene Therapy Strategies for Lung Cancer

### 4.1. Restoration of Tumour-Suppressor Gene Expression

The conversion of an abnormal or malignant phenotype to a more normal non-tumorigenic phenotype can, in some instances, be achieved by the reintroduction of a normal allele into a defective cell. Such an approach for cancer therapy would involve the replacement of lost or mutated tumour-suppressor genes, cellular proto-oncogenes or DNA repair genes. Examples of such mutations which would be appropriate for gene therapy intervention include the tumour-suppressor gene p53 [42, 43], which is a nuclear DNA-binding protein that is a transcription regulator. Cellular concentrations of p53 increase after chromosomal damage; growth is arrested in the cell and the cell is prevented from entering mitosis (Figure 2). If the cellular damage cannot be repaired apoptosis is initiated [44]. Of the

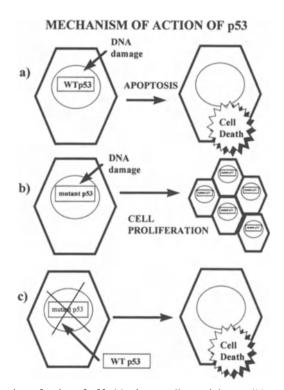


Figure 2. Mechanism of action of p53: (a) when a cell containing a wild-type p53 gene is exposed to DNA damage cellular concentrations of p53 increase, cell growth is arrested preventing it from entering mitosis. If the cellular damage cannot be repaired the cell is destroyed by apoptosis. (b) However, if the cell contains a mutant p53 gene, mitosis continues generating a clonal population of cells containing chromosomal damage. (c) Blocking the action of the mutant p53 gene (by antisense oligonucleotides or ribozymes) or the reintroduction of a wild-type p53 gene can restore a normal phenotype.

1 million new cancer cases diagnosed annually in the USA, 50% are thought to carry a mutation in the p53 gene and p53 mutations have been identified in up-to 60% of NSCLCs and more than 95% of SCLCs.

Tumour growth is the result not of only abnormal cell proliferation but also of inhibition/suppression of the apoptotic pathways of cells. Resistance to chemotherapy also seems to relate to the suppression of apoptosis in tumour cells, resulting in an increased population of chemoresistant cells. High levels of the bcl-2 protein [45], which inhibits apoptosis, have been demonstrated in SCLCs that are particularly resistance to chemotherapy [46].

Retroviral vectors have been used to introduce wild-type p53 genes into tumour cell lines *in vitro* and in animal models. Retroviral-mediated transfer of wild-type p53 into an H226Br human NSCLC cell line containing a mutant p53 gene inhibited cell growth, and a bystander effect was observed with unmodified cells being growth inhibited in a mixed population of parental and transduced cells [47]. This study was extended *in vivo* [48] using an orthotopic lung cancer model. H226Br cells were implanted into the right main stem bronchus of nude mice via a tracheotomy and 3 days later control retrovirus, wild-type p53 virus or mutant p53 virus was injected into the bronchus via the tracheotomy once daily for 3 days. At postmortem examination, 30 days after implantation of tumour cells, mice treated with wild-type p53 had significantly fewer and smaller lung tumours than the mice in the control groups.

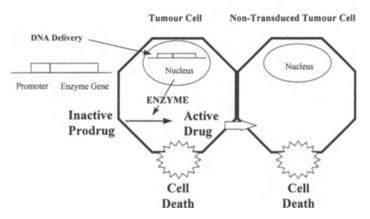
In the first clinical trial of gene therapy for SCLCs, patients were treated by intratumoral injection with a retroviral vector containing a wild-type p53 gene [23]. Tumour regression was observed in three of nine patients, tumour growth was stabilized for up to 5 months in another three patients and, importantly, there were no toxic side effects from the vector. A significant increase in levels of apoptosis was observed in the post-treatment tumour biopsy specimens compared with pre-treatment.

Roth and colleagues are conducting another trial using a defective adenovirus vector to deliver wild-type p53 (p53WT) locally into patients with unresectable local regional or isolated metastatic stage IV disease. This treatment is based on a combination therapy using cisplatin and the p53WT vector because previous studies had demonstrated synergy between the two treatments [49]. In this study, H1299 human NSCLC cell lines with a homozygous deletion of p53 were exposed to cisplatin for 24 hours then infected with Ad-p53WT 48 hours later. Cells exposed to cisplatin before adenoviral infection had a 31-60% greater inhibition of growth and higher levels of wild-type p53 protein and apoptosis compared with cells infected with adenovirus alone. The study was then extended in animal models. H1299 cells were grown as subcutaneous xenografts in nude mice, the mice were treated with cisplatin (5 µg/g body weight intraperitoneal injection) followed by injection of Ad-p53WT viral particles directly into the tumour. The mice treated with the combination therapy

survived longer than animals treated with cisplatin or adenovirus alone. Pronounced inhibition of tumour development and high levels of apoptosis were apparent in tumour biopsy samples from the mice treated with the combination therapy compared with the control groups.

### 4.2. Pro-drug-Activating Enzymes

Virally directed enzyme pro-drug therapy (VDEPT) is based on the introduction into a cell (using viral vectors) of a gene encoding a foreign enzyme, which converts a relatively non-toxic agent (the pro-drug) into an active cytotoxic compound (suicide gene therapy) (Figure 3). Several enzymes have been used including HSV-TK and the *Escherichia coli*-derived cytosine deaminase and nitroreductase (*ntr*) enzyme genes. HSV-TK phosphorylates the antiviral agent ganciclovir to an intermediate (ganciclovir monophosphate) which is then phosphorylated by cellular enzymes to ganciclovir triphosphate, a potent inhibitor of DNA synthesis [50]. Cells expressing HSV-TK are extremely sensitive to ganciclovir whereas nonexpressing cells are resistant, leading to a large therapeutic index. Cytosine deaminase converts the non-toxic pro-drug 5-fluorocytosine to the cytotoxic agent 5-fluorouracil [51], whereas the *ntr* enzyme [52] reduces the non-toxic pro-drug CB1954 (5-[aziridin-1-yl]-2,4-dinitrobenzamide) to a powerful bifunctional alkylating agent (5-[aziridin-1-yl]-4-hydroxyl-



#### VIRALLY DIRECTED ENZYME PRODRUG THERAPY (VDEPT)

Figure 3. Principle of VDEPT: a therapeutic DNA construct is introduced into a tumour cell. The presence of tumour-specific transcription factors allows transcription and translation of the gene to produce the enzyme which converts the pro-drug to its active form, causing cell death. A bystander effect is observed with the active form of the drug killing a neighbouring untransduced cell.

amino-2-nitrobenzamide) [53]. An important feature of the enzyme-prodrug approach is the so-called bystander effect in which active drugs can diffuse from transduced cells containing the activating enzyme, causing the death of untransduced cells in the vicinity [53]. This is a very important phenomenon because it is unlikely that, with levels of gene delivery currently, attainable, every tumour cell will be transduced with the pro-drugactivating enzyme.

An adenoviral vector containing HSV-TK has been used to transduce human NSCLC and malignant mesothelioma cell lines *in vitro*. Increased sensitivity to ganciclovir and a significant bystander effect was observed in mixing experiments, whereby transduced and non-transduced cells were mixed in varying proportions before exposure to ganciclovir [54].

Cell type-specific regulation of HSV-TK linked to the CEA promoter has been demonstrated in human lung cancer cells both *in vitro* and *in vivo*. A CEA-producing cell line (A549) and a CEA-negative line (CADO-LC9) were transfected with CEA–HSV-TK and then exposed to ganciclovir. The transfected A549 cells were more than 1000 times as sensitive to ganciclovir as the parental cells, whereas the transfected CEA-negative cell line CADO-LC9 was still resistant. Significant regression of HSV-TK-expressing A549 tumours in nude mice was observed after treatment with ganciclovir [55].

Cell-specific gene expression has also been achieved using a synthetic promoter based on multiple repeats of the MYC-MAX response element. SCLC is highly aggressive, characterized by rapid tumour growth, invasion and metastases. Many SCLCs are sensitive to initial chemotherapy but relapse rapidly and become resistant to further treatment [56]. Up to 83% of SCLCs have been shown to overexpress members of the MYC family of proto-oncogene proteins and tumours overexpressing MYC are associated with a poor prognosis [57]. It has previously been demonstrated that the MYC family proteins form heterodimers with MAX protein [58] and that MYC-MAX dimers bind specifically to the nucleotide sequence CACGTG to activate gene transcription [59].

Based on this finding a synthetic promoter has been developed to drive suicide gene expression in SCLCs overexpressing the MYC family of proteins [38]. Four repeats of the MYC-MAX response element were joined to the HSV-TK promoter, and cloned in a catalase (CAT) receptor vector. The reporter construct (pMTK-CAT) was transfected into SCLC cell lines expressing different levels of MYC. In cells overexpressing MYC, pMTK-CAT expression was 9.5-fold greater than the control vector pSV2-CAT, but it was only 3.0% of pSV2-CAT in the MYC-negative cell lines. SCLC cell lines transfected with MYC-MAX HSV-TK expression plasmids were up to 500 times more sensitive to ganciclovir than the parental cells *in vitro*. The transfected and parental cells were then implanted into nude mice; tumours expressing TK regressed significantly when treated with ganciclovir and significant bystander killing was observed in mixing experiments with tumours made up of varying proportions of parental and transduced cells.

#### 4.3. Immunological Approaches

The development of a tumour vaccine, which would provoke an immune response specifically directed against tumour cells, is an attractive proposition for cancer therapy [60]. Systemic immune stimulation with highdose (IL-2) is highly toxic and has limited efficacy [61, 62], resulting partly from the short half-life of the protein. TNF produces marked antitumour responses in mice but has been disappointing clinically, as a result of the toxic effects of TNF in humans at concentrations above 500  $\mu$ g/m<sup>2</sup>, which is at least 10-fold lower than the dose tolerated by mice [63]. The antitumour immune response of the host can be improved by modification of tumour cells to express cytokines such as IL-2, IL-4, TNF $\alpha$ , interferon-y or granulocyte-macrophage colony-stimulating factor (GM-CSF). The expression of such cytokines within transduced tumour cells would lead to increased local cytokine production, which may increase immunogenicity, and provoke a systemic immune response which may aid in the destruction of circulating tumour cells, thereby reducing metastatic potential and resulting in an improved clinical response. Enhanced expression of MHC class I and II molecules on tumour cells can also be achieved by overexpression of cytokine genes or direct transfection of MHC genes [64]. In animal models non-immunogenic tumours have been engineered to express cytokines or members of the MHC complex and stimulation of an immune response was observed [65, 66]. Several investigators have inserted the IL-2 gene into animal tumours which, after implantation, have conferred antitumour immunity on the host [67, 68]. Tumour-infiltrating lymphocytes (TILs) could serve as a good delivery system of IL-2 to human tumours, the rationale being that the active secretion of IL-2 in the vicinity of the tumour could increase the number of cytotoxic T cells against the tumour and reduce systemic toxicity [69, 70].

A recent phase I clinical trial [71] has used IL-2 gene therapy to treat 10 patients with advanced lung cancer with malignant pleural effusions. TILs were obtained from pleural effusions, expanded *in vitro* and transduced with a recombinant retrovirus based on Moloney murine leukaemia virus (MMLV) containing the human IL-2 cDNA. The transduced TILs were returned to the chest cavity and  $2 \times 10^5$  IU IL-2 was injected directly. The IL-2 treatment was then repeated daily for 1–2 weeks and the whole procedure repeated 2 weeks later. Six of ten patients did not reaccumulate their pleural effusions for at least 4 weeks after treatment, two remained effusion free for up to 2 weeks, and there was no response observed in the other two patients. In one patient the size of the primary tumour was reduced significantly after the IL-2 gene therapy. Phase II and III trials are being planned for this treatment.

Another phase I trial is currently under way using tumour cells transfected with IL-2 in patients with limited stage SCLC [72]. Patient's tumour cells are harvested, expanded *in vitro*, transfected using liposomes complexed with a vector containing the human IL-2 cDNA, irradiated, and then returned to the patient. The results of this study still have to be published.

An alternative immunological approach has been developed by modifying tumour cells to express IL-6 and E. coli cytosine deaminase [73]. This strategy was based on previous findings that transduction of the murine fibrosarcoma cell line 205 with IL-6 (205-IL-6) reduced tumorigenicity and increased immunogenicity [74], and that transduction of 205 with E. coli cytosine deaminase followed by treatment with 5-fluorocytosine resulted in cell death [75]. The hypothesis was that cells secreting IL-6 would induce an antitumour effect and could then be destroyed by administration of 5-fluorocytosine. Wild-type 205 is very aggressive and will form tumours in normal syngeneic mice; however, 205-IL-6-CD failed to form tumours in such mice and was then used to immunize mice that had pre-existing wild-type 205 pulmonary metastases, resulting in prolonged survival, compared with immunization with 205-IL-6 or 205-CD alone, and tumour cure in some of the mice. This study demonstrates that genetic modification of a poorly immunogenic tumour with a cytokine and a suicide gene (mice were not treated with 5-fluorocytosine) can produce an effective autologous tumour vaccine in animals with small metastatic tumour burdens. This observation may also help in the understanding of the bystander effect. Although it has been demonstrated that there is transfer of activated toxins from the genetically modified cells to wild-type cells in vitro [76, 77], it has recently been shown that suicide gene products are potentially immunogenic and may help induce an antitumour response [75].

#### 4.4. Antisense Oligodeoxynucleotides

Antisense oligodeoxynucleotides are small synthetic pieces of singlestranded DNA or a chemical analogue, which are complementary to specific cellular DNA or RNA sequences [78]. The binding of these oligonucleotides to their target sequences inhibits transcription or translation of the target gene. Several studies have demonstrated antiproliferative effects of antisense oligonucleotides on lung cancer cell lines, including sequences binding to *p53* [79], *c-my* [80], *L-myc* [81], *c-kit* [82], IL-8 receptor [83] and cyclin D1 [84]. Insulin-like growth factors (IGFs) are often essential for the maintenance of the malignant phenotype, and the IGF-I receptor is often overexpressed in lung cancer. Transfection of cell lines with an adenoviral vector expressing antisense to the IGF-I receptor caused a reduction in the number of receptors and a decrease in tumorigenicity. Administration of the adenovirus to nude mice carrying H460 xenografts prolonged survival compared with mice treated with a receptor virus [85].

Activation of the *ras* oncogene is a common event in the pathogenesis of lung cancer. It has been demonstrated that the introduction of an antisense

K-*ras* fragment was able specifically to inhibit expression of mutant K-*ras* protein in H460a human NSCLC cells, resulting in a reduction of cell proliferation and tumorigenicity in nude mice [86]. The antisense K-*ras* was then cloned into a retroviral vector and packaged in GP + envAM12 cells. Transduction of H460a cells with the viral supernatant resulted in a 10-fold reduction in proliferation and specific inhibition of the mutant K-*ras* p21 protein expression [87]. In an *in vivo* study nude mice were inoculated with H460a cells, and viral supernatants from control retrovirus, antisense K-*ras* virus or sense K-*ras* virus were injected intratracheally for 3 days. At postmortem examination, 30 days after inoculation of tumour cells, 90% of the control mice had tumours compared with only 13% of the mice treated with the antisense K-*ras* virus [88]. The antisense K-*ras* retrovirus is now being used in clinical trials for NSCLC.

#### 4.5. Ribozymes

Ribozymes are catalytic RNA molecules that cleave specific messenger RNAs; ribozymes can be introduced directly into cells using liposomes or cloned into viral vectors. The catalytic sequence can be designed to cleave a specific target sequence by incorporating flanking sequences that are complementary to the target RNA. Retrovirus-mediated transduction of human H226Br human lung cancer cells, with an anti-p53 ribozyme designed to cleave unspliced p53 mRNA, has been shown to suppress cell growth *in vitro* [89].

### 5. Conclusion

Gene therapy offers exciting new prospects for the treatment of lung cancer, although only intensive investigation will determine which of the gene therapy approaches described will turn out to be the most efficacious. There are now over 100 clinical trials in progress using gene therapy as a treatment of cancer and eight clinical trials are under way for the treatment of lung cancer (Table 1). The trials use various methods of gene delivery, but by far the most common method of gene transfer is retroviral transduction, which is being used in about 70% of the clinical protocols for cancer. Most of the trials are still at the phase I stage and the results have not yet been fully published. Preliminary findings have been encouraging and most protocols appear to be safe with few adverse side effects being reported. It is far too early to assess the therapeutic efficacy of gene therapy; most of the trials to date are in patients with advanced disease and major difficulties lie in adapting an approach that works in vitro to give a clinically significant response in vivo. Careful monitoring of the scientific endpoints of the trials, even with poor clinical results, is essential to interpret

Nucleic acid transferred	Method of gene transfer
$\beta$ GAL cDNA (marker study)	Adenovirus
IL-2 cDNA	Adenovirus
IL-2 cDNA	Retrovirus
IL-2 cDNA	Lipofection
<i>p53</i> cDNA	Adenovirus
p53 cDNA	Retrovirus
K-ras antisense	Retrovirus
HLA-B7/ $\beta_2$ -microglobulin	Lipofection

Table 1. Clinical protocols using gene therapy for the treatment of lung cancer

findings and allow the refinement of strategies and vectors. The National Institutes of Health (Bethesda, USA) have set up a panel of experts to provide recommendations regarding future gene therapy trials, which has emphasized three key areas of research that need to be developed. The first is the refinement of vectors and an understanding of the vector-host interactions. Vectors need to be improved to maintain an adequate level of cell-specific or tissue-specific gene expression. The second is to increase the basic understanding of disease pathogenesis and pathophysiology to aid the development of new treatment strategies. The final recommendation is the development of appropriate animal models in which to test strategies before clinical trials, as some phase I trials in the USA have been established on the basis of few animal data.

In addition to the strategies outlined, it is conceivable that radical new methods of gene delivery or targeting may be developed. Examples of new approaches include the use of replication-competent viruses, lytic viruses, and the possibility of modifying retroviral envelope proteins or adenoviral fibre protein to allow cell-specific targeting.

The number of gene therapy protocols and clinical trials is increasing rapidly and, with a better understanding of the basic scientific principle involved, the data obtained over the coming years should, it is hoped, determined whether gene therapy provides a significant advantage over traditional methods of treatment for lung cancer and which approaches and methods of gene delivery will be most beneficial.

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Uhlig S., Forschungszentrum Borstel, Germany / Taylor A.E., University of Southern Alabama, Mobile, AL, USA (Ed.)

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Up-to-date techniques such as intravital microscopy are presented. Yet standard methods such as classical short circuit techniques used to study tracheal transport are fully covered. This book will be extremely useful for all who work in pulmonary research, yet need a practical guide to incorporate other established methods into their research programs. Thus the book will prove to be a valuable resource for cell biologists who wish to use organs in their research programs as well biological scientists who are moving their research programs into more cell related phenomena.



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